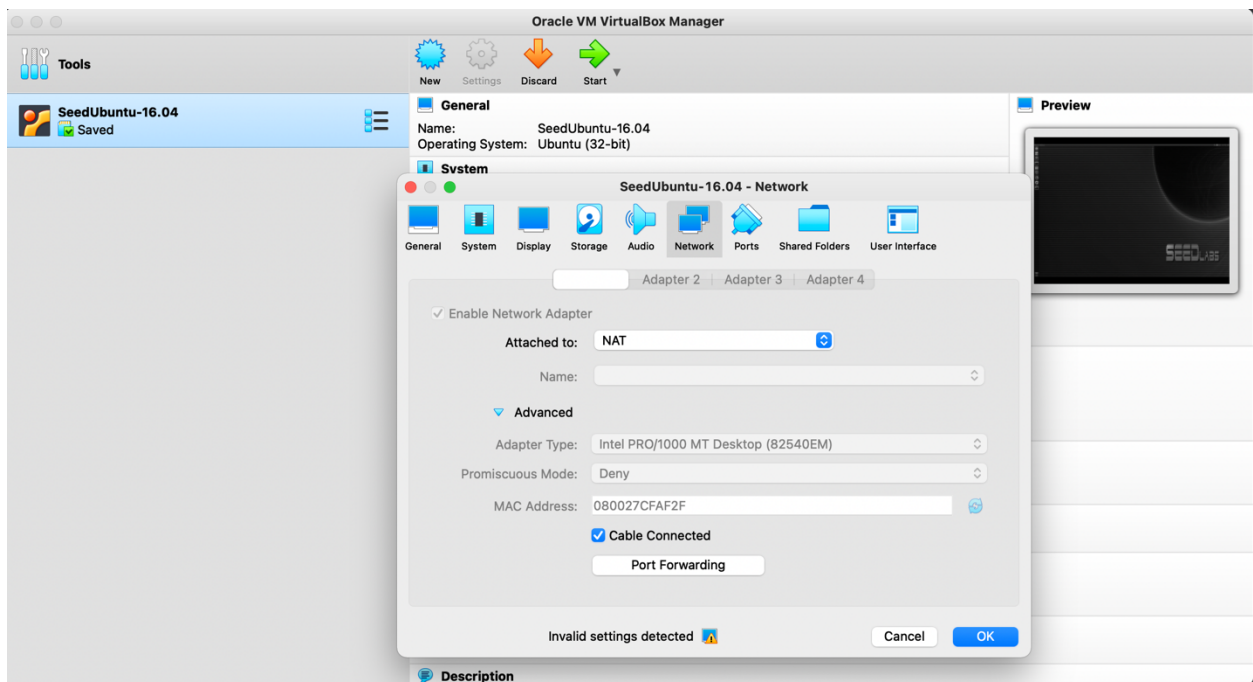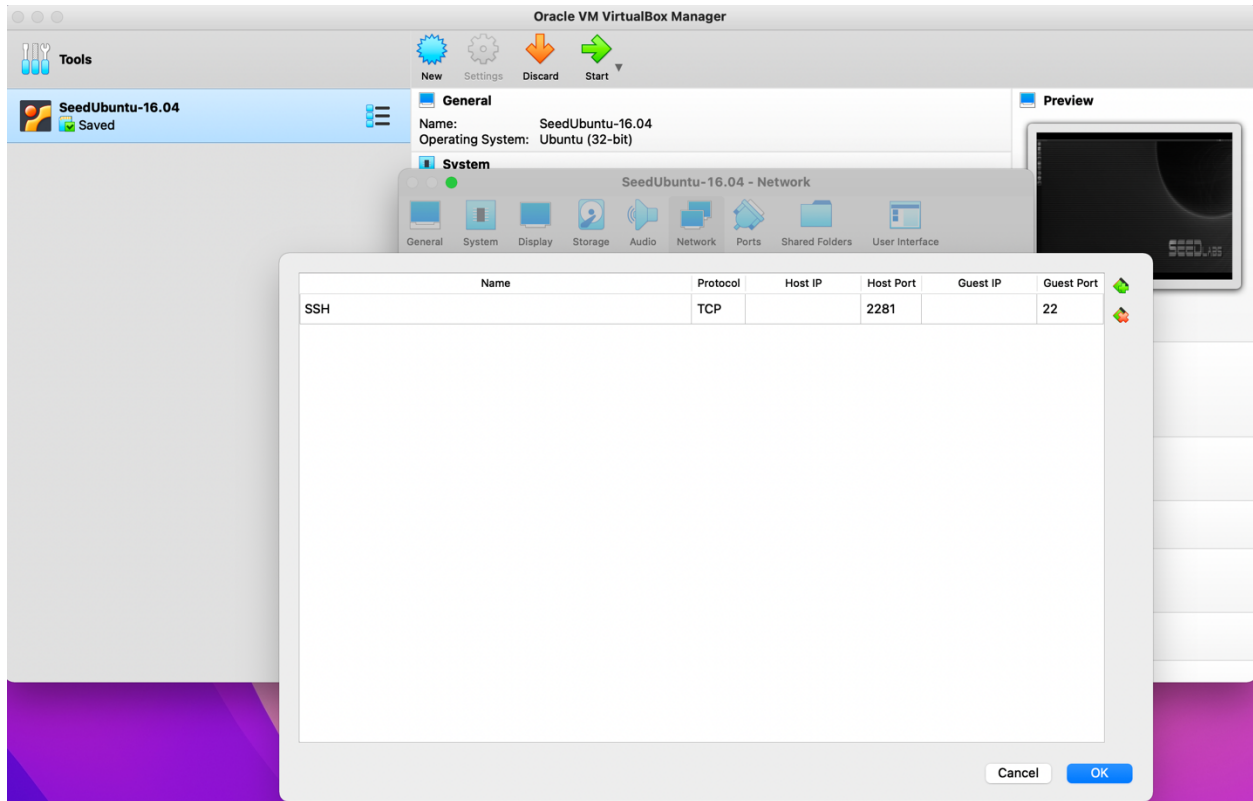# Using SSH (Putty) and SFTP (FileZilla) with the SEED VM

1) If you have booted SSH, you can go into Settings -> Network for your VM and click on Port Forwarding.
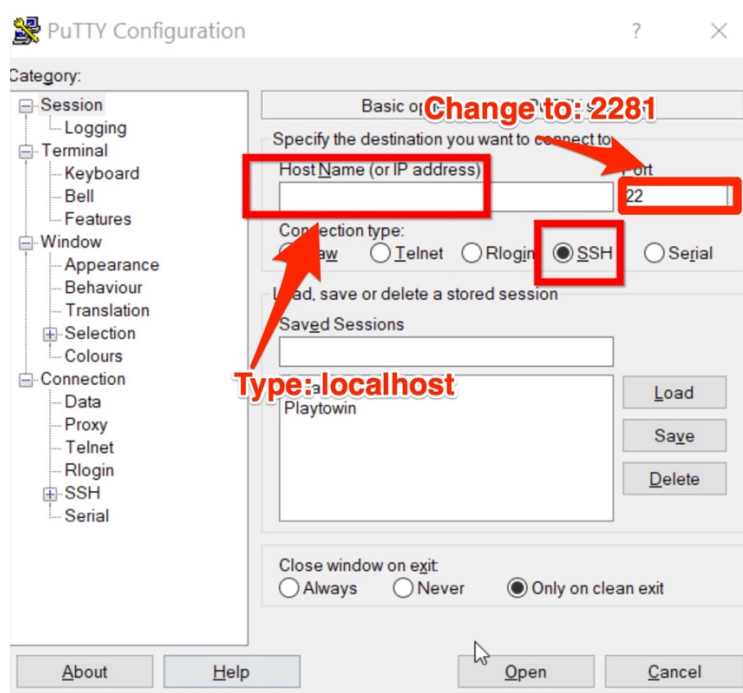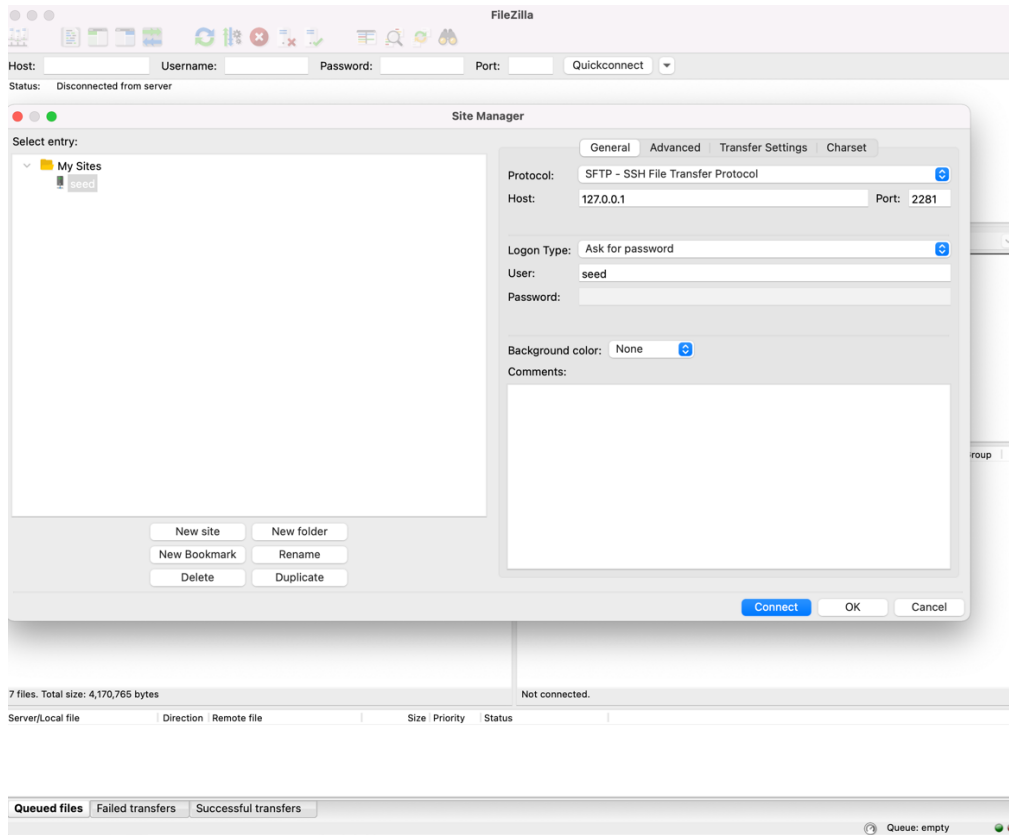

2) To use SSH, add the following port:

3) Download Putty and connect to your booted VM via SSH as such:

Make sure you set the hostname to "localhost" and the port "2281"

4) Download FileZilla. The connect to booted VM via SFTP as such:

Once connected you can just drag and drop files from the host to the VM through FileZilla.