FAQ

(Neck Lift)

**What is a Neck Lift?**

A neck lift is a cosmetic procedure designed to help a person enhance the appearance of the neck, jawline and throat-area. It creates a smoother, more elegant neckline. In addition, a neck lift can help a person eliminate fat deposits and tighten the skin on the neck.

**What Is the Difference Between a Neck Lift and Platysmaplasty?**

Although there are similarities between a neck lift and platysmaplasty, it is important to note that there are key differences between the procedures.

A neck lift enables an individual to address the following signs of aging on the neck and throat:

Fat deposits and build-up under the chin and around the jowls

Skin laxity

Muscle laxity

Sub-muscular laxity

Comparatively, platysmaplasty involves a reconstruction of the neck muscles. It allows a person to address several issues, including:

Double chin

Fatty jowls

Loose, sagging skin that causes the appearance of a “turkey wattle”

Distracting neck bands or cords

A facial plastic and reconstructive surgeon like The doctor will explain the differences between a neck lift and platysmaplasty. By doing so, the surgeon can respond to a person’s neck procedure questions and help an individual determine the best course of action. In many cases, a neck lift and platysmaplasty will be combined for best results.

**How Is a Neck Lift Performed?**

A facial plastic and reconstructive surgeon will use one of the following techniques to perform a neck lift surgery:

Skin-SMAS-Platysma Lift: Involves the lifting and tightening of neck and throat skin, leading to a toned appearance in the neck.

Platysmaplasty: Addresses the underlying muscles in the neck and repositions fat in the neck simultaneously, resulting in a tighter, more youthful neckline.

The doctor will evaluate an individual before administering a neck lift treatment. He will offer personalized neck lift recommendations and ensure an individual can enjoy long-lasting results, regardless of neck lift technique.

**How Long Does It Take to Recover from a Neck Lift?**

On average, neck lift recovery takes about two to four weeks. A bandage is usually placed around a patient’s face and neck to limit bruising and swelling during the recovery process. Also, The doctor provides instructions to help his patients care for the surgical incision site and avoid post-surgery complications.

**Will Neck Lift Incisions Leave Scars?**

Neck lift incisions are required to complete the procedure. However, The doctor takes steps to limit the risk of scarring after a neck lift.

The doctor typically makes a neck lift incision at the hairline at the level of the sideburn. The incision continues down and around the ear and ends at the back of the head, near the bottom of the hairline.

Neck lift incisions are usually small, which helps minimize their appearance after surgery. A scar cream may also be used in the weeks following a neck lift to further reduce the appearance of scars.

Scars may appear after neck lift surgery but usually become unnoticeable over time. In many cases, scars will be difficult to see in natural skin creases or hair. Scars may be hidden with makeup until neck lift recovery is complete.

**Can a Neck Lift Be Used to Remove a Turkey Neck?**

There may be instances in which a neck lift enables a patient to remove a turkey neck, i.e. wrinkled, sagging skin that forms under the neck. To determine if a patient can benefit from a neck lift, The doctor requests an evaluation.

**How Long Does a Neck Lift Last?**

The results of a neck lift typically last 10 to 15 years. Treatment results may vary based on an individual’s skin condition and how well he or she takes care of the skin after surgery. Also, the face continues to age even after surgery, so results depend on the individual’s natural aging process.