**Rhinoplasty**

**What is rhinoplasty or nose reshaping?**

Rhino means nose and plasty means to shape, mold, or form. Rhinoplasty was the fifth most common procedure one by plastic surgeons in 2012, according to the latest statistics released by the American Society for Aesthetic Plastic Surgery (ASAPS). Many plastic surgeons feel rhinoplasty is the most artistic and difficult cosmetic surgical procedure. I agree, because the surgeon makes three-dimensional changes which instantly alter other areas of the nose.

**How does Rhinoplasty work?**

At Everlast, we follow a minimally invasive nose reshaping technique. Different surgical approaches can be made depending on the result the client desires or problems to be addressed. Some may require nose cartilage reshaping by cartilage grafting while others may need bone grafting for additional bone reshaping. If you are looking for a nose surgery in Abu Dhabi, Everlast Specialist Plastic Surgeon will work closely with you to plan and reach your ideal nose goals.

**Is the treatment painful? Is it safe? How long will the treatment take?**

During the procedure, local anesthesia with sedatives are given for maximum patient comfort and to make the procedure as painless as possible. Rhinoplasty, being a safe and common procedure in our center, requires an hour to an hour and a half for a simple case and 3-4 hours to more complex ones.

**How many treatments I need before I see results and how long will it stay?**

Nose remodeling with better appearance and obvious permanent enhancement will be visible as soon as the swelling subsides and healing process is completed. This will provide facial symmetry as well, and addresses the breathing and sinus complications.

**What other treatments are offered by Everlast?**

Depending on your need, Everlast provides a nose tip cartilage melting technique, where nose tip reshaping is done. It is also known as tip plasty which creates a symmetric nasal tip to be proportional to the other nose parts. This is one of the famous nose surgeries in Abu Dhabi as the nose tip is one of the primary concerns when it comes to the nose appearance that can impact the symmetry of all the face.

**What is the difference between open and closed rhinoplasty?**

Open rhinoplasty is when the facial plastic surgeon makes an incision on the inside of the nostrils and on the outside of the columella, which is the external strip of cartilage that unites the nostrils. This procedure is much easier to perform than a closed rhinoplasty because it makes it easier for the surgeon to be able to see what they’re doing.

Closed rhinoplasty is when all of the incisions are made from the inside of the nasal passage. This is the more popular option because all of the scarring—as minimal as it is—appears on the inside of the nose. The recovery time is also usually a lot shorter.

**Will fixing a deviated septum stop snoring?**

In some cases, septoplasty surgery (correcting a deviated septum) can actually reduce or stop snoring and even treat patients with breathing disorders such as sleep apnea. Schedule an assessment with Dr. Gantous to see if this procedure is right for you.

**Is rhinoplasty a permanent procedure?**

Rhinoplasty is permanent in the sense that as long as your facial features are fully developed, then your nose won’t change shape on its own. That being said, rhinoplasty is also reversible and unpleasant results can be corrected through revision rhinoplasty if necessary.

**What is involved in the procedure?**

Rhinoplasty is done on a same-day basis. I prefer to use general anesthesia because there tends to be bleeding in the back of the throat, and this may be a problem with a semi-conscious patient. Ultimately, however, I tend to let the patient decide what anesthesia they would like. There are various techniques, depending on the anticipated outcome.

**Will I need to have any post-procedure touch-ups?**

Because rhinoplasty is a complicated procedure and the nose swells during the operation, there is a chance you may need to have some post-surgery touch- ups. About 15 percent of rhinoplasty operations require touch-up procedures.

**What happens after rhinoplasty surgery?**

At the conclusion of the procedure a long-acting numbing agent is used to ensure the patient leaves the surgery center pain-free. A splint is usually placed on the nose for one week. The nose will be noticeably swollen for several days, and shouldn’t be blown. Half of rhinoplasty patients have some bruising. It may take up to a year or even long before all minor traces of swelling disappear, but the nose will deﬁnitely look better by the time the splint comes oﬀ after surgery.

**What are the risks and limitations of rhinoplasty?**

The biggest limitation with rhinoplasty is thick skin, because this is difficult to shrink and conform to the underlying framework of the procedure. A surgeon can only do so much with a large nose if the skin won’t contract. Risks include infection, postoperative nose bleeds, numbness, swelling, possible collapse of the nose, external scarring, fullness, residual deformity, and holes inside the septal area of the nose.