



## Troy Telugu Association – Throw Ball Rules

# General Rules

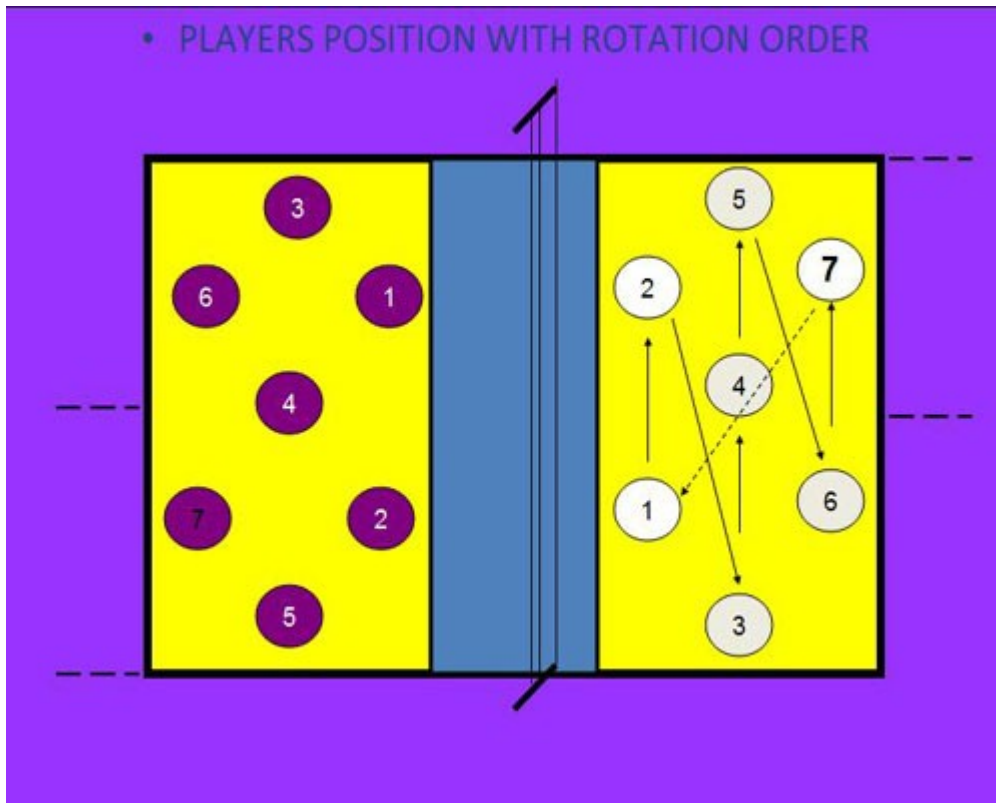
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1. Each team will consist of 7 active players.
2. The ball should be served after the whistle and within 5 sec.
3. The ball should be served without crossing the service line with single/double hand.
4. Any ball after catching should be released within 3 seconds.
5. During the service, the ball cannot touch the net.
6. Players cannot touch the net during the play but the ball can touch the net.
7. During catching or releasing, the ball should not touch any part of the body except the palm.
8. Players cannot catch ball with assistance of body or legs.
9. During a rally, ball must be caught at once with both hands and player should have contact with ground. Double touch (juggling the ball in both hands) is not allowed while receiving the service ball.
10. 2 players cannot catch the ball simultaneously.
11. Any ball falling on the side-line or end-line is a good ball.
12. The service ball or the rally ball should not touch the poles. If it touches, then it is considered a foul.
13. The serving player always rotates one position clockwise.
14. During the play or rally, players cannot cross the net or obstruct the opponent team.
15. Teams can substitute only when it is their turn to serve; only exception is if a player gets injured.
16. Umpire decision is final (no exceptions). Even if it was wrong call from the Umpire, the decision stays.
17. Only the captain can talk to the Umpire before or after the server (not during the play).
18. Toss – Winner has option to choose either serve/ side of court.
19. The match is won by first team to score 21 points and have margin of two points. For example, a score of 21-20 is not winning score. Example of winning score is 25-23 or 21-19.
20. Each team will have option of using 1 timeout of 1 minute each.



## Player Position with rotation order

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### Court Dimensions

