

Input	Output
Coughing up mucus, Wheezing or noisy breathing, Fever, Feeling sick (malaise), Coughing up blood (in rare cases)	Allergic Bronchopulmonary Aspergillosis. Which means An allergic reaction to the fungus "aspergillus" causing respiratory symptoms. Common in people with asthma or cystic fibrosis. Can lead to scar formation in the airways.
Skin rash, Itching, Swelling, Trouble breathing, Drop in blood pressure	Drug allergy. Which means A reaction when the body's immune system treats a drug as an invader. Can be a result of severe reactions such as difficulty in breathing or a drop in blood pressure leading to unconsciousness.
Hives (raised patches of skin that are itchy), Itchy skin, Flushing (skin turns red and feels hot), Swelling of face/hands/feet/throat, Throat tightness, Wheezing, Nausea, Vomiting, Belly pain, Feeling lightheaded	Immediate drug allergy. Which means Starts quickly after a drug is taken, usually within an hour. Typically occurs with drugs a person had taken before without any issue. Can evolve into a life-threatening allergic reaction called anaphylaxis.
Rash (that might spread over much of the skin and can be itchy)	Delayed drug allergy. Which means Usually causes a rash that begins after a few days of taking a drug. Doesn't usually involve severe symptoms like swelling, trouble breathing, etc., and mainly affects the skin.
Sneezing, Stuffy or runny nose, Itchy eyes, Stuffy nose, Itchy or red eyes, Sore throat or itching of the throat or ears, Waking up at night or trouble sleeping leading to feeling tired during the day	Environmental Allergies. Which means Allergic reactions to substances in the environment like dust, pollen, etc. Caused by the immune system reacting to harmless substances as if they were harmful. Can occur all year round or seasonally.
Immediate Reaction: Hives (raised patches of skin that are usually very itchy), Itchy skin, Flushing (skin turning red and feeling hot), Swelling of the face, hands, feet, or throat, Throat tightness, hoarse voice, wheezing, trouble breathing, Nausea, vomiting, belly pain, Feeling lightheaded; Delayed Reaction: Rash that begins after a few days of taking a drug	Penicillin Allergy. Which means A bad reaction to penicillin or a related drug when the body's immune system responds to the drug as if it were a dangerous invader. The reaction can be either immediate, which occurs shortly after taking the drug, or delayed, which happens after taking the drug for days.
Hives, Raised patches of skin that are very itchy, Angioedema, Puffiness, usually of the face, eyelids, ears, mouth, hands, or feet, Redness or itching of the skin (without hives), Swelling or itching of the eyes, Runny nose or swelling of the tongue, Trouble breathing, wheezing, or a change in voice, Vomiting or diarrhea, Feeling dizzy or passing out	Anaphylaxis. Which means Anaphylaxis is a serious allergic reaction that can occur rapidly and may result in death. It can be triggered by various allergens including foods, medications, insect stings, and latex. Symptoms can change and differ among individuals.
Delayed allergic reaction to red meat (2 to 8 hours after ingestion), Hives, Puffiness of the face, eyelids, ears, mouth, hands, or feet, Swelling of the throat, Nausea, Vomiting, Diarrhea, Wheezing, Coughing, Trouble breathing, Feeling dizzy, Passing out, Death	Alpha-gal syndrome. Which means Alpha-gal syndrome is an allergy to red meat that can develop in some people after being bitten by a tick, specifically the "lone star" tick in the US. The allergy is caused by an immune response to a molecule called "alpha-gal" which is transferred by the tick

and is also found in certain mammal meats.

Puffy, raised areas on the skin, Reddish coloration on light-colored skin or pale patches on dark-colored skin, Intense itching, especially at night, Angioedema (puffiness and swelling of tissues under the skin affecting parts like lips, cheeks, eyelids, hands, feet, or genitals)

Chronic Hives. Which means Chronic hives, medically referred to as "urticaria," appear on the skin as patches that are usually very itchy. These hives can emerge anywhere on the body and may grow in size over hours before gradually fading. They can cluster together or scatter across the body. Unlike short-term hives, which could be caused by allergies or infections, chronic hives are not allergy-induced or infectious and persist on most days for 6 weeks or longer. Though they are not life-threatening, their persistent itchiness can be disruptive, affecting focus and sleep. Various factors can exacerbate the symptoms, including heat, stress, certain foods, alcohol, some medications like NSAIDs, and specific periods in the menstrual cycle. Although there isn't a cure for chronic hives, medicines can alleviate the symptoms.

Skin rash, Skin dryness, Itchiness, Cracked skin, Red rash (in light-skinned individuals), Purple/brown/gray/black rash (in dark-skinned individuals), Swelling, Blisters, Pain, Widespread swelling, Oozing, Crusting of the skin

Contact Dermatitis. Which means Contact dermatitis is a type of skin rash that can develop after the skin comes into contact with an irritant or an allergen. Common sources of irritants and allergens include everyday products like soaps and cleansers, certain medicines, perfumes, cosmetics, metals in jewelry, and plants like poison ivy and poison oak. The rash can emerge even after touching a substance that previously caused no issues. The symptoms vary in intensity, and severe cases might present with pain, extensive swelling, and skin oozing or crusting. It's advised to avoid contact with known irritants/allergens, protect the skin, and use soothing skin products. Medical treatments can include steroid creams, pills, and wet or damp dressings.

Intense itching, Color changes (red or pink for light-skinned people and dark brown, purple, or gray for dark-skinned people), A patch of skin that looks lighter than the surrounding skin, Small bumps resembling dots or goosebumps, Skin flaking or forming scales

Eczema (Atopic Dermatitis). Which means Eczema is a skin condition causing itchy, flaky skin. Its exact cause remains unknown.

Mild symptoms: Hives (Raised patches of skin that are very itchy), Red or swollen skin, Itchy, watery, or swollen eyes, Runny nose or sneezing. Severe symptoms (anaphylaxis): Swelling of the throat, Wheezing, coughing a lot, or trouble breathing, Vomiting or diarrhea, Feeling dizzy or passing out, Death.

Food Allergy. Which means A food allergy occurs when a person's immune system responds as if a certain food is harmful to the body. If a person eats or touches that food, or in some cases, breathes in tiny pieces of the food, they can have an allergic reaction. The most common foods people are allergic to include: milk and foods containing milk, eggs, wheat, soy, peanuts, tree nuts like almonds or cashews, fish, shellfish such as shrimp or oysters, and sesame. The symptoms can range from mild to severe and can differ from person to person.

Puffy or raised patches on the skin, Itchiness, Reddish color on light-colored skin, Reappearance

Hives. Which means Hives are patches of skin that are usually very itchy. They might look reddish in color on light-colored skin. Hives can appear and disappear within a few hours.

Puffiness or swelling in face, eyelids, ears, mouth, hands, feet, genitals

Angioedema. Which means Angioedema is characterized by puffiness or swelling. It can occur in the face, eyelids, ears, mouth, hands, feet, or genitals.

Itchy patches of skin, Puffy or raised patches, Reddish hives on light-colored skin, Formation due to physical stimulation, Raised lines on skin due to scraping or stroking (dermatographism), Hives after skin warming post-cold exposure, Tiny hives post-hot shower or exercise, Hives during exercise, Hives from vibrations

Inducible Hives. Which means Hives that form in response to some sort of physical stimulation, such as heat, cold, or pressure. They are also called "physical" hives.

Flushing (skin turning red or purple and feeling hot, especially on the face), Hives (raised, very itchy patches of skin), Angioedema (swelling of the face, eyelids, mouth, tongue, hands, and feet), Trouble breathing, Hoarseness, Wheezing, Swelling (especially in the throat or around the face, eyelids, mouth, hands, or feet), Belly cramps, Nausea, Vomiting, Diarrhea, Dizziness, Passing out

Insect Allergy. Which means An allergic reaction caused by an insect sting, primarily from insects like Honey bees, Yellow jackets, Hornets and wasps, and Fire ants. In severe cases, the reaction is called "anaphylaxis."

Swelling, redness, pain, warmth at sting site

Insect Stings. Which means Stinging insects like bees, wasps, and fire ants can inject venom which can cause irritation. Deadly for severely allergic.

Potential for Lyme disease after tick attachment

Tick Bites. Which means Ticks can spread Lyme disease if attached for a prolonged time. Removal and monitoring for symptoms is advised.

Hives, Puffiness of the face, eyelids, ears, mouth, hands, or feet, Swelling of the tongue, Trouble breathing, noisy breathing (wheezing), or coughing, Nausea, vomiting, or diarrhea, Feeling dizzy or passing out, Death (although this is very rare),Eczema, Eosinophilic esophagitis

Peanut, tree nut, and seed allergy. Which means A food allergy where the immune system responds as if peanuts, tree nuts, or seeds are harmful. Allergic reactions can happen from consumption, inhalation, or skin contact with these allergens.

Itchy skin rash, Blisters filled with fluid, Rash might form blisters before it goes away, Rash can show up in different places at different times, Severe rash, Rash affecting most of the body, Rash affecting face or genitals, A lot of swelling, Rash oozes pus or gives other signs of being infected, Rash does not get better after 2 to 3 weeks

Poison ivy. Which means Poison ivy is a plant that causes an itchy skin rash. The same substance causing the rash is found in poison oak, poison sumac, ginkgo fruit, and mango peels. Exposure can be from touching the plant, objects with the plant's oils, or being near burning poison ivy plants.

Input	Output
Small, raised bump on the skin, Bump might look red or reddish-brown depending on skin color, Itchiness or burning sensation at the bite site, Pain ranging from a slight prickly feeling to very bad pain, Increasing swelling and draining pus, Flu-like symptoms (e.g., feeling tired, nausea, vomiting, fever), Sweating, Very bad muscle pain, Very bad belly pain, Necrosis (center of the bump turning darker red, blue, or black, then drying out and forming a sore)	Spider bites. Which means Spider bites are rare and most are harmless. However, a few types of spiders can deliver painful bites which in rare instances may lead to infections or other serious symptoms. Symptoms can vary from a small bump on the skin to more severe reactions like necrosis or flu-like symptoms.
Pain in the low back (starts in early adulthood, comes on slowly, lasts for more than 3 months, is worse after resting, feels better with movement), back becoming less flexible, "hunchback" posture, pain or arthritis in other joints (hips or shoulders), pain or swelling in parts of the body (elbows, heels, ribs), feeling tired and unwell, inflammation of the eye (iritis or uveitis - causing eye pain and blurry vision), problems with spinal cord, problems with heart valves, breathing problems, inflammation inside intestines	Ankylosing spondylitis. Which means Ankylosing spondylitis is a disease that causes pain and stiffness in the back, neck, and sometimes hips and heels. It begins with inflammation around the bones in the spine or some joints and can sometimes cause the bones in the spine to fuse together. It is part of a group of diseases called "spondyloarthritis."
Open sores in the mouth, Open sores on the genitals, Eye inflammation (uveitis), Arthritis, Skin symptoms, Digestive symptoms	Behçet syndrome. Which means Behçet syndrome is a type of vasculitis, which means inflammation of the blood vessels. This inflammation can make blood vessel walls thick, weak, narrow, or scarred, and these changes can occur in blood vessels throughout the body, leading to a variety of symptoms.
Large blisters on the skin, Itching, Raised areas of skin (red or skin-colored), Sores in the mouth	Bullous pemphigoid. Which means Bullous pemphigoid is an autoimmune disease that causes fluid-filled bumps or blisters on the skin. It happens most often in adults age 60 and older.
Muscle weakness, Skin rashes (itchy, sometimes scaly, red rashes on fingers, elbows, knees, upper eyelids, neck, upper chest, scalp), Interstitial lung disease (hard to breathe)	Dermatomyositis. Which means Dermatomyositis causes muscle weakness and skin rashes. The muscles and skin get inflamed. It is unknown what causes this condition, but it can affect both adults and children.
Runny nose (discharge can include pus or blood), Small sores in nose or mouth, Sinus infections, Ear problems (fluid leak, pain, infections, hearing loss), Inflammation and breakdown of cartilage, Hoarse voice, Cough, Wheezing, Chest pain, Blood in urine, Red or purple spots on skin (usually on lower legs)	Granulomatosis with polyangiitis. Which means Granulomatosis with polyangiitis is a rare disease that causes pain and swelling of blood vessels and can affect organs or structures throughout the body, especially the nose, mouth, ears, lungs, and kidneys.
Feel tired or weak, Lose or gain weight, Get fevers, Get headaches, Get a butterfly-shaped rash on their nose and cheeks (especially after being in the sun), Lose some hair, Get chest pain, Have trouble breathing, Bruise easily, Have joint pain and stiffness, Have swelling in the hands, feet, belly, or around the eyes, Have urine that looks brown (tea-colored) or foamy, Get sores in the	

mouth, Get cold fingers or toes that turn pale or blue, Hard to think clearly, Feel anxious, Feel sad	Lupus. Which means Lupus is a type of "autoimmune disease." When the immune system is working normally, it kills germs and "bad" cells that could turn into cancer. In lupus, instead of killing only bad cells, the immune system starts to attack healthy cells causing an "autoimmune response." This response can happen in certain parts of the body in people with lupus and causes the mentioned symptoms.
Swelling in the hands, face, feet, belly, or around the eyes, Weight changes, Tiredness, Brown or foamy urine, Urinating less often than normal, High blood pressure (higher than 130/80)	Lupus Nephritis. Which means Lupus nephritis is a type of kidney disease that occurs in people with lupus. People with lupus are much more likely to have kidney disease than those who don't have lupus. Kidney disease can cause various symptoms, including swelling and high blood pressure. Some people with lupus nephritis don't have symptoms. Medicines are typically the primary treatment for lupus nephritis. In severe cases, the kidneys might stop working, and patients might require hemodialysis, peritoneal dialysis, or a kidney transplant. Getting pregnant with lupus nephritis can be risky, and those wishing to become pregnant should consult their doctors.
Brown patches on the skin, Light or dark brown patches, Sometimes gray or blue patches, Patches on cheeks, forehead, upper lip, nose, chin, and jaw	Melasma. Which means Melasma is a condition that causes brown patches on the skin. The patches are typically found on the face. It is common in pregnant women but can also affect non-pregnant women and men. It is most prevalent in people with darker skin and those who reside in sunny locations.
Feeling tired, Losing weight without trying, Muscle pain and weakness, Fever, Joint pain, Skin changes (Red bumps that hurt, Red or purple spots on the skin, A purple pattern on the skin, Open sores or blisters), Numbness, tingling, and decreased feeling in the hands or feet, Belly pain (Nausea and vomiting, Diarrhea or blood in bowel movements), Pain in the testicles, High blood pressure	Polyarteritis nodosa. Which means Polyarteritis nodosa is a condition causing issues with the kidneys, skin, and other body parts. It occurs when certain blood vessels become inflamed, impairing their ability to carry sufficient blood to the required body parts. It's a serious condition that can be fatal if not treated.
Muscle weakness (affecting both sides of the body, especially muscles in the neck, shoulders, hips, and thighs), trouble climbing stairs, difficulty lifting things above the head, trouble swallowing	Polymyositis. Which means Polymyositis is a condition that causes muscle weakness due to inflammation of the muscles. The exact cause of Polymyositis is unknown. It's more common in adults but can also occur in children.
Pain in the joints, Swelling in the joints, Stiffness in the joints	Rheumatoid arthritis. Which means Rheumatoid arthritis ("RA") causes pain, swelling, and stiffness in the joints. RA is a result of the immune system attacking the joints. It affects small joints in fingers, feet, and wrists initially, and can later affect any joint in the body.
Dry eyes, Eyes that feel dry or burn, Sandy or gritty feeling in the eyes, Red or watery eyes, Blurry vision, Dry mouth, Need to drink liquids to help swallow dry foods, More likely to get cavities and certain mouth infections, Dry, itchy skin, Joint or muscle pain, Problems urinating (Pain, Urinating more often than usual, Getting up a lot at night to urinate, Needing to urinate suddenly), Tiredness, Vaginal dryness	Sjögren's disease. Which means Sjögren's disease is a disease that causes dry eyes, dry mouth, and other symptoms. It occurs when the body's infection-fighting system (immune system) attacks glands that keep the eyes, mouth, and other parts of the body moist. Some people with Sjögren's

disease have other immune system conditions like rheumatoid arthritis, lupus, and scleroderma.

Tiredness, Fever, Muscle and joint pain, Lack of appetite, Belly pain, Brown or dark-colored urine,  
Numbness, weakness, or pain in the hands, feet, or other parts of the body

Vasculitis. Which means

Pain and weakness in the arms or legs, Belly pain after eating

Takayasu arteritis. Which means Affects the Aorta, primarily seen in females between 10 and 40  
(not common in the US).

Headache, Pain in the jaw, Trouble seeing clearly or seeing from 1 eye

Giant cell arteritis. Which means Affects the Aorta, arteries on face and head, primarily in older  
people and those with "polymyalgia rheumatica".

Tiredness, Weight loss, Fever, Red bumps or purple bumps on skin, Numbness or tingling in hands  
or feet, Belly pain

Polyarteritis nodosa. Which means Affects kidneys, skin, other body parts. Seen in people with  
lupus, rheumatoid arthritis, hepatitis B or C, HIV, or a cancer called "hairy cell leukemia".

Fever, Swelling, and redness in areas with inflammation

Kawasaki disease. Which means Affects the heart and other body parts, primarily seen in children  
under 5 years old.

Asthma, Allergies, Sores on the skin

Churg-Strauss vasculitis. Which means Affects the lungs, nose and sinuses, skin, and other body  
parts. Seen in people with asthma.

Fever, Joint pain, Weight loss, Runny or "crusty" nose, Ear infections, Cough, Brown or dark urine

Granulomatosis with polyangiitis. Which means Affects the nose, sinuses, lungs, and kidneys,  
primarily seen in older adults.

Input	Output
Belly and joint pain, Skin rash, Brown or dark urine	Henoch-Sch?lein purpura. Which means Affects the skin and kidneys, primarily seen in children between age 3 and 15 but can also affect adults.
Red or purple skin bumps, Tiredness, Joint and muscle pain, Swollen glands	Cryoglobulinemia. Which means Affects the blood, primarily seen in people infected with hepatitis C.
Red or purple skin bumps or other rash	Hypersensitivity vasculitis. Which means Affects the skin, primarily seen in people taking medicines that cause a reaction.
Sores in mouth or on skin or genitals, Eye problems, Joint pain and swelling	Beh?t syndrome. Which means Affects the mouth, skin, genitals, eyes, and other body parts. Primarily seen in adults aged 20 to 40.
Pain in the back of the leg, just above the heel, Stiffness or soreness in the back of the leg, especially in the morning, Swelling of the skin over the Achilles tendon, Trouble standing on tiptoe	Achilles Tendinopathy. Which means Achilles tendinopathy is a condition that causes pain in the back of the leg, just above the heel. The pain usually gets worse with exercise and better with rest.
Sudden, severe pain in the back of the leg (above the heel), Trouble putting weight on the foot or walking normally	Achilles Tendon Rupture. Which means Sometimes, the Achilles tendon tears, referred to as a "rupture." This is a more serious injury.
Pain (deep ache or burning feeling) much worse than expected for injury, Numbness or tingling, Muscle weakness, Inability to move certain muscles	Acute Compartment Syndrome. Which means Acute compartment syndrome, or "ACS," occurs when pressure builds up in a muscle group, which can result in pain and muscle damage. It is an emergency condition that typically arises due to injuries such as a broken bone, severe burn, or when a cast or bandage is too tight. The syndrome primarily affects the lower leg or forearm but can also manifest in the foot, upper leg, or buttock.
Pain, swelling, or bruising over the area, Area looking abnormal, bent, or not the usual shape, Inability to move or put weight on that foot, Numbness in the area of the broken bone, Potential pain, tingling, or weakness in the foot or ankle due to a nerve injury	Ankle Fracture. Which means An ankle fracture is when a person breaks a bone in the ankle. This can include fractures to the tibia, fibula, and talus. The cause of the fracture can vary, from sports injuries, twisting the foot or ankle, or falling/jumping from a height. The type and location of the fracture can influence the symptoms one might experience.
Pain, Tenderness, Swelling, Bruising, Difficulty moving foot in certain directions, Inability to put weight on the injured leg	Ankle Sprain. Which means When a person sprains their ankle, the ankle joint turns too far in one direction. This causes the ligaments inside the ankle to stretch too far or even tear, leading to pain, swelling, and other symptoms.
Pain in the low back, Pain or arthritis in other joints (hips or shoulders), Pain or swelling in other parts of the body (elbows, heels, or ribs), Feeling tired and not well, Inflammation of part of the eye, Problems with the spinal cord, Problems with heart valves, Breathing problems, Inflammation of the inside of the intestines	Ankylosing Spondylitis. Which means Ankylosing spondylitis causes pain and stiffness in the back, neck, and sometimes hips and heels. It begins with inflammation around the bones in the spine or

in some joints and can later cause the bones in the spine to fuse together. It is part of a group of diseases known as "spondyloarthritis."

Swelling and pain in the knee, Knee feels unstable, Knee "giving out"

Anterior Cruciate Ligament Tear . Which means An anterior cruciate ligament tear is a type of knee injury that usually results from quick changes in direction, sudden deceleration, or landing from a jump. A ligament, the ACL, connects the thigh bone (femur) to the shin bone (tibia) and stabilizes the knee. The tear can make the knee feel unstable or wobbly, like it can't support the weight.

Pain in the groin especially when walking, Pain in the buttocks, thighs, and knees, Limping

Avascular Necrosis of the Hip. Which means Avascular necrosis of the hip is a condition that causes hip pain. It occurs when bone tissue inside the hip doesn't receive adequate blood supply, leading to tissue death. If untreated, this condition can lead to the collapse of the hip joint. It is also referred to as "osteonecrosis of the hip."

Pain in the back of the knee, Knee stiffness, Swelling or a bulge at the back of the knee, Calf swelling and redness or bruising below the knee (when the cyst tears open)

Baker's (popliteal) cyst. Which means A Baker's cyst is a fluid-filled sac behind the knee. This cyst can cause symptoms, such as knee pain or stiffness. The medical term for a Baker's cyst is "popliteal cyst." People often find that their symptoms get worse if they stand for a long time or bend their knee too far. Symptoms and swelling sometimes also get worse with activity.

Pain in the front of the shoulder, Trouble moving the upper arm and shoulder, Swelling (for tendinitis)

Biceps Tendinopathy. Which means Biceps tendinopathy is a condition that can cause pain in the front of the shoulder. The biceps is the muscle in the front of the upper arm. Tendons are strong bands of tissue that connect muscles to bones. In people with biceps tendinopathy, a tendon in the shoulder called the "long head biceps tendon" is most often affected. This condition can happen as people get older, especially if they do a lot of work or activity with their arms overhead. Tendinitis can happen if people hurt their upper arm or shoulder, or do the same movements over and over. Sometimes, an injured tendon tears which can cause a sudden "pop," pain, bruising, or swelling.

Pain and swelling in the area of the cancer, Pain worsening over weeks to months, Pain worse at night, Lump on the bone or in the tissues around the bone

Bone cancer. Which means Bone cancer occurs when normal cells in the bone change into abnormal cells and grow out of control. There are different types including osteosarcoma, chondrosarcoma, and Ewing sarcoma.

Pain (achy, sharp, burning, or shooting), Nerve-related symptoms (weakness, trouble moving or feeling part of the body, trouble controlling the bladder or bowels), Fractures, Bruising

Bone Metastases. Which means Bone metastases are cancerous tumors in the bone that have spread from another part of the body. They can affect the spine, pelvis, and thigh bone. Any type of cancer can spread to the bones, but it is more common with certain types such as breast, prostate, lung, thyroid, kidney cancer, and multiple myeloma. Treatment depends on several factors.

Pain or tenderness, Swelling, Trouble moving the joint, Redness (if infected), Warmth (if infected), Pain (if infected)

Bursitis. Which means Bursitis is a condition that can cause pain or swelling next to a joint, primarily around the shoulder, elbow, hip, or knee. A "bursa" is a fluid-filled sac near a bone, providing cushioning to nearby tissues. Bursitis occurs when a bursa gets irritated and swollen. Various factors can cause this, such as repetitive motion, resting on a hard surface for prolonged periods, certain types of arthritis, injuries near a bursa, or an infection that spreads to a bursa.



Sudden attacks of joint pain, swelling, warmth in the knee, ankles, feet, shoulders, elbows, wrists, hands, long-term osteoarthritis

Calcium pyrophosphate deposition disease . Which means Calcium pyrophosphate deposition disease, also known as "CPPD disease," is a type of arthritis caused by a buildup of calcium pyrophosphate crystals in the joints. It can cause sudden attacks of joint pain and swelling as well as long-term joint problems.

Pain in fingers and hands, Numbness in fingers and hands, Weakness in fingers and hands, Tingling in the thumb, index, middle, and ring fingers, Symptoms worst at night, Symptoms can wake one from sleep, Symptoms in both hands with one hand possibly worse than the other, Muscle weakness or clumsiness in hand, thumb, or fingers, Pain and tingling extending to the whole hand, wrist, and forearm, Rare extension of pain and tingling past the elbow to the shoulder, Flare-ups during activities like driving, reading, typing, holding a phone, or sleeping in certain positions, Difficulty moving fingers or controlling grip

Carpal Tunnel Syndrome. Which means Carpal tunnel syndrome is a condition that occurs when the median nerve in the wrist is pinched. It causes pain, numbness, and sometimes weakness in the fingers and hands. The median nerve passes through a tunnel in the wrist formed by the wrist bones and a ligament. The exact cause of the pinching is not fully understood, but it may be related to swollen tendons, hardened tissues, or repetitive hand movements. The median nerve carries sensation signals from the hand to the brain and vice versa. It is connected to the thumb, index finger, middle finger, parts of the ring finger, and parts of the palm. Carpal tunnel syndrome is more common in females and can also be associated with certain conditions like diabetes, rheumatoid arthritis, and pregnancy.

Pain, numbness, or tingling in the lower back and spreading down 1 or both legs, Leg weakness or "foot drop", Problems with bowel or bladder control, Problems with sex

Cauda Equina Syndrome. Which means Cauda equina syndrome is a medical term for a group of symptoms that arise when some of the nerves in the cauda equina get compressed or damaged. The cauda equina is a bundle of nerves that spread out from the bottom of the spinal cord.

Input	Output
Pain in the front of the knee, Pain around the knee cap, Pain behind the knee cap	<p>Chondromalacia Patella. Which means Chondromalacia patella is a condition where the cartilage behind the knee cap gets too soft or wears down, causing bones to rub together. This can result in pain. It can be caused by a knee injury or can develop in individuals who run or exercise frequently.</p> <p>Treatment can involve rest, taking NSAIDs, applying ice, exercises to strengthen the muscles around the knee, wearing a knee brace, taping up the knee, wearing shoe inserts, or in severe cases, surgery.</p>
Pain and swelling in the area of the cancer, Pain worsening over weeks to months, Pain that's worse at night and with exercise, Lump on bone or surrounding tissues, Headaches (for chondrosarcomas at the base of the skull), Double vision (for chondrosarcomas at the base of the skull)	<p>Chondrosarcoma. Which means A chondrosarcoma is a type of bone cancer. It arises when normal cells in the bone cartilage transform into abnormal cells and grow uncontrollably. There are different types of chondrosarcomas, with most growing slowly and not metastasizing.</p>
Muscle pain with exercise, Numbness or tingling, Muscle weakness	<p>Chronic Compartment Syndrome. Which means Chronic compartment syndrome, also known as "chronic exertional compartment syndrome" or "CECS", is a condition that causes muscle pain with exercise. In CECS, too much pressure builds up in a muscle compartment, typically in the lower leg (calf). It's common in runners and those playing running sports.</p>
Pain, swelling, or bruising over the area, The area looking abnormal, bent, or not the usual shape, Not being able to move the arm or put weight on that part of the body, Numbness in the area of the broken bone, If a fracture injures a nerve, this can also cause symptoms in nearby areas such as pain, tingling, or weakness in the elbow and wrist.	<p>Clavicle Fracture. Which means A "fracture" is another word for a broken bone. The clavicle is also known as the collarbone. It is part of the shoulder joint. There are different types of fractures, depending on how the bone breaks. A clavicle fracture can occur due to a fall, sports injury, or accident. Treatment varies depending on the type and severity of the fracture.</p>
Pain, swelling, bruising over the area, pain in back, pain in buttocks, pain in belly, pain in pelvis, pain in rectum	<p>Coccyx Injury. Which means The coccyx can be bruised, dislocated, or broken in different ways. Examples of things that can cause injury include a fall, poor posture, repeated strain, arthritis, and having a vaginal birth. Common symptoms include pain, swelling, and bruising. Some might also experience pain in nearby areas such as the back, buttocks, pelvis, or rectum. The pain may intensify when changing positions, leaning back, during bowel movements, or during sexual activity.</p>
Pain and tenderness in the chest, Pain when taking a deep breath, Pain when coughing	<p>Costochondritis. Which means Costochondritis is a condition that causes pain and tenderness in the costosternal joints, where the ribs meet the breastbone. The pain from costochondritis affects only a small area and does not always get worse when moving around. It might be caused by a blow to the chest, heavy lifting, hard exercise, or an illness that causes coughing and sneezing.</p>
Pain in the wrist or thumb, Trouble gripping objects, Swelling in the wrist	<p>de Quervain tendinopathy. Which means de Quervain tendinopathy is a condition that causes pain in the thumb and wrist due to a problem with a tendon. It involves tendons that connect the forearm muscles to the thumb which get inflamed. It can result from excessive use of the wrist and thumb or for no apparent reason.</p>

Pain and stiffness in the upper back, pain in neck or other joints, trouble swallowing, hoarseness, noisy breathing, tingling, pain, numbness, or weakness in the legs.	Diffuse Idiopathic Skeletal Hyperostosis . Which means Diffuse idiopathic skeletal hyperostosis (DISH) is a condition that causes bone to form in places where it is not usually found. DISH affects strong bands of tissue that connect bones to other bones in the back. New bone growths form on the ligaments, leading to the formation of bone spurs.
Symptoms might start mild and get worse over time	Early-onset isolated dystonia. Which means Symptoms might start mild and get worse over time
Head tremor, pain	Cervical dystonia . Which means It usually starts in adulthood and affects the neck and shoulder muscles. About half the people with this type of dystonia experience pain.
Increased blinking, spasms causing the eyes to close	Blepharospasm. Which means Begins in adulthood and mainly affects the eyelid muscles. Bright light or stress can exacerbate the condition. Most people do not have pain with this.
Problems with the jaw (clenching, staying open, or being crooked), difficulty keeping the tongue in the mouth, trouble speaking or swallowing	Oromandibular and facial dystonia. Which means This dystonia type starts in adulthood and impacts the face and throat muscles. It often occurs in individuals who also have blepharospasm or cervical dystonia.
Voice might sound strained or reduced to a whisper	Laryngeal dystonia. Which means Typically begins in adulthood, affecting the muscles of the voice box, known as the laryngeal muscles.
Hand or arm remaining in odd positions	Typically begins in adulthood, affecting the muscles of the voice box, known as the laryngeal muscles.. Which means Starts in adulthood and affects arm and hand muscles. In many people, symptoms manifest only when the arm is extended and disappear when the arm is at rest.
Symptoms related to a specific task, e.g., writing, swinging a golf club, playing a musical instrument	Occupational or task-specific dystonia. Which means This dystonia type commences in adulthood and only appears during specific activities. For instance, Writer's cramp, Typist's dystonia, Golfer's dystonia, and Musician's dystonia all fall under this category.
Pain, swelling, or bruising over the area, The area looking abnormal, bent, or not the usual shape, Not being able to move or put weight on that part of the body, Numbness in the area of the broken bone, Pain, tingling, or weakness in the forearm, wrist, hand, and fingers (if nerve is injured)	Elbow Fracture. Which means An elbow fracture is a break in one of the bones near the elbow. The elbow consists of the Humerus, Radius, and Ulna bones. Depending on which bone breaks and how it breaks, the fracture can be categorized as an open or closed fracture. This can result from a direct blow to the elbow, or from falling on the elbow or an outstretched arm.
Stretchy skin (hyperextensibility), Easy bruising of the skin, Thin skin that can get cut easily, Joints that are too loose and more flexible than normal (hypermobility), Heart problems, A "rupture" or tear inside the body	Ehlers-Danlos syndrome. Which means Ehlers-Danlos syndrome (EDS) is the name for a group of disorders that involve problems with the body's "connective tissues." Connective tissues make up and support the skin, bones, blood vessels, and other organs.
Pain, swelling, or bruising over the area, The area looking abnormal, bent, or not the usual shape, Not being able to move or put weight on that part of the body, Numbness in the area of the broken bone, If a fracture injures a nerve, this can also cause symptoms in nearby areas (e.g., a break to	

the upper arm bone might cause pain, tingling, or weakness in the elbow and wrist).

Fracture. Which means A "fracture" is another term for a broken bone. There are different types of fractures, such as open and closed fractures, depending on how the bone breaks. People with osteoporosis have a higher chance of getting a fracture. Treatment can include casts, splints, braces, or surgery using screws, pins, rods, or plates. The healing process for fractures can vary, with children's fractures typically healing faster than adults'. Preventative measures include safety gear during activities, clear walkways, seatbelt use, and a healthy diet rich in calcium, vitamin D, and protein. If you need further extraction or breakdown from the content, please let me know! User

Please extract structured data with columns such as disease, symptom and description for me.use the full name of disease rather than Abbreviation and include all symptoms into one disease and separate symptoms by comma 10/25/23, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate Official reprint from UpToDate? www.uptodate.com ? 2023 UpToDate, Inc. and/or its affiliates. All Rights Reserved. Patient education: Finger fracture (The Basics) Written by the doctors and editors at UpToDate Please read the Disclaimer at the end of this page. What is a finger fracture? A "fracture" is another word for a broken bone. The finger bones are also called the "phalanges" ( figure 1). There are different types of fractures, depending on which bone breaks and how it breaks. When a bone breaks, it might crack, break all of the way through, or shatter.

Fractured fingers can happen if a finger is hit, twisted, or bent too far. What are the symptoms of a finger fracture? Symptoms depend on which bone breaks and the kind of break it is. Common symptoms can include: ? Pain, swelling, or bruising over the area ? Finger looks bent in an abnormal position or is not the usual shape ? Not being able to bend or move the finger ? Trouble making a fist or grasping things with the fingers ? Numbness in the area of the broken bone Is there a test for a finger fracture? Yes. Your doctor or nurse will ask about your symptoms, do an exam, and do an X-ray. They might do other imaging tests, such as a CT, MRI, or ultrasound.

Imaging tests create pictures of the inside of the body.

<https://www.uptodate.com/contents/finger-fracture-the-basics/print> 1/810/25/23, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate How are finger fractures treated? Treatment depends, in part, on the type of finger fracture you have and how severe it is. The goal of treatment is to have the ends of the broken bone line up with each other so that the bone can heal. If the ends of the broken bone are already in line with each other, finger fractures are usually treated with a splint, "buddy taping," or both. Buddy taping involves taping your injured finger to the finger next to it ( picture 1). If the ends of your broken bone are not in line with each other, the doctor will need to line them up: ? Sometimes, the doctor can move the bone to the correct position without doing surgery, and then put a splint on or buddy tape your fingers. This is called "closed fracture reduction." ? A severe finger fracture, in which a joint is damaged or the bones do not stay in position, is treated with surgery. During surgery, the doctor puts the finger bone back in position. To do this, they can use screws, pins, rods, or plates to fix the bones inside the finger. This is called "open fracture reduction." How long do finger fractures take to heal? Most finger fractures take weeks to months to heal, depending on the type of fracture. The doctor or nurse will talk to you about when to return to things like work, sports, or other activities. Healing time also depends on the person. Healthy children usually heal much more quickly than older adults or adults with other medical problems. How do I care for myself at home? To care for yourself or your child at home: ? Follow the doctor's instructions for wearing the splint or buddy taping the finger. This supports and protects the bone as it heals. <https://www.uptodate.com/contents/finger-fracture-the-basics/print> 2/810/25/23, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate ? Follow instructions for limiting activity and movement until the bone is healed. The doctor or nurse will tell you what activities are safe to do. ? Prop the injured hand on pillows, keeping it above the level of

the heart. This might help lessen pain and swelling. ? The doctor might recommend an over-the-counter pain medicine. These include acetaminophen (sample brand name: Tylenol), ibuprofen (sample brand names: Advil, Motrin), and naproxen (sample brand name: Aleve). ? Some people get a prescription for stronger pain medicines to take for a short time. Follow the instructions for taking these medicines. ? Ice can help with pain and swelling: ?ut a cold gel pack, bag of ice, or bag of frozen vegetables on the injured area every 1 to 2 hours, for 15 minutes each time. Put a thin towel between the ice (or other cold object) and your skin. ?se the ice (or other cold object) for at least 6 hours after your injury. Some people find it helpful to ice longer, even up to 2 days after their injury. ? Eat a healthy diet that includes plenty of calcium, vitamin D, and protein (figure 2). ? If you smoke, try to quit. Broken bones take longer to heal if you smoke. ? You might need to work with a physical therapist (exercise expert) after your fracture heals. The physical therapist will show you exercises and stretches to strengthen the hand and finger muscles and keep them from getting stiff. When should I call the doctor? Call for advice if: ? There is less feeling or movement in your fingers. ? The finger becomes swollen or starts to hurt more. ? The splint becomes too tight and uncomfortable. ? The fingers are numb or tingly, or turn pale, blue, or gray.

More on this topic <https://www.uptodate.com/contents/finger-fracture-the-basics/print/3/810/25/23>, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate Patient education: Fractures (The Basics) Patient education: Common finger injuries (The Basics) Patient education: Finger dislocation (The Basics) Patient education: How to care for a splint (The Basics) Patient education: How to care for your cast (The Basics) Patient education: How to care for your child's cast (The Basics) Patient education: Giving your child over-the-counter medicines (The Basics) Patient education: Calcium and vitamin D for bone health (The Basics) Patient education: Quitting smoking (The Basics) Patient education: Quitting smoking (Beyond the Basics) Patient education: Calcium and vitamin D for bone health (Beyond the Basics) All topics are updated as new evidence becomes available and our peer review process is complete. This topic retrieved from UpToDate on: Oct 25, 2023. This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at <https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms> ?2023 UpToDate, Inc. and its affiliates and/or licensors. All rights reserved. Topic 17186 Version 11.0

<https://www.uptodate.com/contents/finger-fracture-the-basics/print/4/810/25/23>, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate GRAPHICS Hand and wrist bones This drawing shows the bones of the hand and wrist. Graphic 69018 Version 2.0

<https://www.uptodate.com/contents/finger-fracture-the-basics/print/5/810/25/23>, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate Finger buddy taping Finger buddy taping involves taping an injured finger to the finger next to it. Courtesy of Rebecca Bassett, MD. Graphic 82595 Version 2.0 <https://www.uptodate.com/contents/finger-fracture-the-basics/print/6/810/25/23>,

4:18 PM Patient education: Finger fracture (The Basics) - UpToDate Foods and drinks with calcium and vitamin D Foods rich in calcium include ice cream, soy milk, breads, kale, broccoli, milk, cheese, cottage cheese, almonds, yogurt, ready-to-eat cereals, beans, and tofu. Foods rich in vitamin D include milk, fortified plant-based "milks" (soy, almond), canned tuna fish, cod liver oil, yogurt, ready-to-eat-cereals, cooked salmon, canned sardines, mackerel, and eggs. Some of these foods are rich in both. Graphic 79375 Version 4.0

<https://www.uptodate.com/contents/finger-fracture-the-basics/print> 7/810/25/23, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate ?

<https://www.uptodate.com/contents/finger-fracture-the-basics/print> 8/8 ChatGPT Based on the provided content, here's the structured data for "Finger fracture":

Disease	Description	Symptoms
Finger Fracture	A "fracture" refers to a broken bone. In the context of a finger fracture, it involves the finger bones, also known as the "phalanges". There are various types of fractures based on which bone breaks and how it breaks. A bone may crack, break all the way through, or shatter. Common causes of finger fractures include the finger being hit, twisted, or bent excessively.	Pain, swelling, or bruising over the area Finger appearing bent in an abnormal position or not retaining its usual shape Inability to bend or move the finger Difficulty making a fist or grasping things with the fingers Numbness in the area of the broken bone

Note: This extraction is based on the content you provided. If there are more diseases in the content, similar extractions can be made for them as well. User Please extract structured data with columns such as disease, symptom and description for me. use the full name of disease rather than Abbreviation and include all symptoms into one disease and separate symptoms by comma

10/25/23, 4:30 PM Patient education: Fibromyalgia (The Basics) - UpToDate Official reprint from UpToDate? [www.uptodate.com](https://www.uptodate.com) ? 2023 UpToDate, Inc. and/or its affiliates. All Rights Reserved. Patient education: Fibromyalgia (The Basics) Written by the doctors and editors at UpToDate Please read the Disclaimer at the end of this page. What is fibromyalgia? Fibromyalgia is a condition that causes people to feel pain in the muscles and soft tissues all over their body. People with fibromyalgia also have many places on their body that hurt a lot when they are touched. No one knows what causes fibromyalgia. Can fibromyalgia be cured? In some people, fibromyalgia seems to get better. But in most people, it cannot be cured. Even so, people can learn to deal with the condition and lead fairly normal lives. Fibromyalgia does not get worse over time, and it is not life-threatening. Does fibromyalgia cause symptoms besides muscle pain? Yes. People with fibromyalgia often say they feel tired all the time and that sleep does not help them feel rested. They can also have: ? Trouble thinking clearly ? Flu-like symptoms ? Headaches ? Depression and anxiety ? Stomach pain ? Too many or too few bowel movements (diarrhea or constipation) ? Pain in the bladder or the need to urinate in a hurry or often ? Problems with the jaw

<https://www.uptodate.com/contents/fibromyalgia-the-basics/print> 1/310/25/23, 4:30 PM Patient education: Fibromyalgia (The Basics) - UpToDate Is there a test for fibromyalgia? No, there is no test. To diagnose it, doctors and nurses review your symptoms. First they look for other causes of the symptoms, such as arthritis or a hormone problem. Doctors might diagnose fibromyalgia if you have pain in many parts of your body and they cannot find another cause. This is more likely if you also have other symptoms that can happen in fibromyalgia, such as trouble sleeping, feeling very tired, and trouble thinking clearly. How is fibromyalgia treated? There are medicines and strategies to help with the symptoms of fibromyalgia. But there is no 1 treatment that works for everyone. You and your health care team will need to work together to find the right mix of treatments for you. In general, treatment can include: ? Medicines to relieve pain, improve sleep, or improve mood ? Physical therapy to learn exercises and stretches ? Relaxation therapy ? Working with a counselor

To get the best treatment, many people need a team that includes: ? A doctor ? A physical therapist ? Someone trained in mental health (such as a social worker or counselor) Should I take medicines? Your doctor or nurse might suggest that you take a medicine normally used to treat depression or seizures. If so, be open to trying it. Even if you are not depressed and do not have seizures, these medicines can help. That is because they work on the brain areas that deal with pain. What can I do on my own? It is really important that you stay active. Walking, swimming, or biking can all help ease muscle pain. If you have not been active, it might hurt a little more when you start. But being active can help improve your symptoms.

<https://www.uptodate.com/contents/fibromyalgia-the-basics/print/2/310/25/23>, 4:30 PM Patient education: Fibromyalgia (The Basics) - UpToDate It is also really important that you try not to be too negative about your life. Your outlook has a big effect on how you feel pain. Do your best to be positive. More on this topic Patient education: Fibromyalgia (Beyond the Basics) All topics are updated as new evidence becomes available and our peer review process is complete. This topic retrieved from UpToDate on: Oct 25, 2023. This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at <https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms>

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Widespread pain, Fatigue, Sleep disturbances, Joint stiffness, Headaches, Irritable bowel syndrome, Depression, Anxiety

Fibromyalgia. Which means A disorder characterized by widespread musculoskeletal pain accompanied by fatigue, sleep, memory, and mood issues.

A stiff and painful shoulder, Trouble reaching overhead or around to their lower back

Frozen Shoulder. Which means Frozen shoulder is a condition that causes the shoulder to be stiff and hard to move. The tissue around the shoulder joint gets thick and tight. Common after shoulder injury or surgery and in people with certain health conditions like diabetes.

Input	Output
Swelling, Pain, Trouble moving a joint	Ganglion Cyst. Which means A ganglion cyst is a small sac of fluid that forms over a joint or tendon. They can form on the wrist, finger joints, top of the foot, knee, shoulder, back, or other parts of the body.
Pain, Muscle spasm or tightness, Swelling, Bruising, Leg weakness	Groin strain. Which means A groin strain happens when one of the muscles in the inner thigh gets stretched too much, too quickly, or works too hard. This can sometimes lead to the muscle tearing. It's also known as a "pulled groin." It can result from activities such as exercising, particularly from sudden changes in direction, or during accidents. The adductor muscles, which connect the pelvis to the thigh bone and pull the legs toward each other, are the ones involved in a groin strain. It is the most common cause of groin pain, especially among active adults and can range in severity from mild to severe.
Sudden pain in the back of the thigh, Feeling of a "pop", Warmth or bruising in the back of the thigh	Hamstring Injury. Which means The hamstrings are muscles in the back of the thigh. A hamstring injury occurs when one of these muscles is stretched too much or too quickly, or works too hard, which sometimes results in the muscle tearing. It can also happen when a tendon in the back of the thigh stretches too much or tears. Hamstring injuries frequently occur during running or exercising.
Pain, swelling, or bruising over the area, A finger might look like it is bent in an abnormal position, Trouble making a fist or grasping things with the hand	Hand Fracture. Which means A "fracture" is another word for a broken bone. The hand bones are also called the "metacarpals". There are different kinds of fractures, depending on which bone breaks and how it breaks. A "boxer's fracture" is a common type of hand fracture.
Pain in the muscles and soft tissues, pain in many places when touched, feeling tired, trouble thinking clearly, flu-like symptoms, headaches, depression, anxiety, stomach pain, diarrhea or constipation, pain in the bladder, frequent or urgent urination, problems with the jaw	Fibromyalgia. Which means Fibromyalgia is a condition that causes people to feel pain in the muscles and soft tissues all over their body. No one knows what causes fibromyalgia. It is not life-threatening and there is no known cure, but there are treatments available to help manage the symptoms.
Pain under the heel and sole of the foot, Pain worsens when getting out of bed in the morning, Pain after being seated for some time	Heel pain caused by plantar fasciitis. Which means Plantar fasciitis occurs when the plantar fascia, a tough band of tissue connecting the heel bone to the toes, gets irritated. Common in people who run, jump, or stand for long periods. Most people recover within a year even without treatment.
Pain, Numbness or tingling down 1 or both legs, Leg pain, Leg weakness, Problems controlling bowels or bladder, Foot drop, Back or leg pain along with a fever or other worrying symptoms	Herniated disc. Which means A herniated disc is a condition that affects the back. The outer shell of the discs can sometimes break open, spilling the jelly material inside, causing irritation to nearby nerves. This can lead to various symptoms. The disc itself can also bulge and press on nerves.
Aching, burning pain on the outside of the knee, Pain spreading up the thigh to the hip, Pain during running or other physical activity, Pain after workout, Pain during going up and down stairs, Pain when standing up from a seated position	Iliotibial band syndrome. Which means Iliotibial band syndrome is a condition that causes pain on the outside of the knee. This condition involves a strong band of tissue called the "iliotibial band" that runs down the outside of the thigh, from the hip bone to the top of the shinbone. It happens



most often in runners, especially after they increase their workouts.

Stiff or swollen joints, Pain	Juvenile Idiopathic Arthritis. Which means A condition that causes stiff or swollen joints, pain, and other symptoms in children. Arthritis occurs when the body's immune system attacks the joints. It has several types including Systemic arthritis, Polyarthritis, Oligoarthritis, Enthesitis-related arthritis, and Psoriatic arthritis.
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Fever, Rash, Problems with tissues covering the heart/lungs/digestive tract, Swelling of liver/spleen/lymph nodes	Systemic Arthritis. Which means Affects 1 or more joints and causes a fever. Common in children 1 to 16 years old.
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Joint issues (5 or more affected joints)	Polyarthritis. Which means More common in girls than in boys. Also known as "polyarticular arthritis."
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Joint issues (less than 5 different affected joints)	Oligoarthritis. Which means Joint issues (less than 5 different affected joints)
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Joint issues (affecting leg and back)	Enthesitis-related Arthritis. Which means More common in boys than in girls. Also known as "spondyloarthropathy" or "spondyloarthritis."
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Joint issues, Rash, Nail changes, Sausage-like swelling of fingers or toes	Psoriatic Arthritis. Which means More common in girls. Rare in children under 1 year old.
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Eye redness	Uveitis. Which means This condition is usually painless but can lead to vision loss.
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Knee pain, Knee swelling, Knee locks, Knee gives out or feels unstable, Knee stiffness	Meniscal Tear. Which means A meniscal tear is a condition that causes knee pain and other knee symptoms. It happens when a part of the knee joint called the "meniscus" tears. The meniscus is the cushion of rubbery material (cartilage) inside the knee, between the thigh bone and shin bone. It can happen due to sudden injuries or gradually over time. Treatment can range from rest and physical therapy to surgery, depending on the severity and location of the tear.
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Pain in the ball of the foot, Pain spreading to toes	Metatarsalgia. Which means Metatarsalgia is a condition that causes pain in the ball of the foot. It occurs when there's inflammation in the metatarsals, the foot bones closest to the toes. It can be caused by running, activities that exert pressure on the feet, wearing tight shoes, or certain foot problems.
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Pain, Muscle spasm or tightness, Swelling, Bruising, Weakness or being unable to move the muscle	Muscle strain. Which means A muscle strain can happen when a muscle gets stretched too much or too quickly, or works too hard. This sometimes makes the muscle tear. It can occur during an accident or exercise. Muscles that are commonly strained include those in the back, neck, and thigh.
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Feeling extremely tired most or all of the time, Feeling worse after physical or mental work, Trouble with memory or thinking clearly, Sleep problems, Dizziness when standing up, Joint or muscle aches, Nausea, Headaches	Myalgic Encephalomyelitis/Chronic Fatigue Syndrome. Which means Chronic fatigue syndrome is a disorder that makes one feel very tired all the time. Rest does not alleviate the tiredness, and the affected person finds it hard to perform normal daily activities. Onset might be sudden, often after a cold or infection.
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Neck pain, Neck muscle tightness or spasm, Being unable to move the neck or turn the head,	Neck Fracture. Which means A "fracture" is another word for a broken bone. A neck fracture is when a person breaks 1 of the bones in the neck. The medical term for the bones in the neck is "cervical vertebrae". There are different types of neck fractures. Some can be very serious leading to paralysis. Injuries should be handled with care to avoid exacerbating the condition.
Weakness or paralysis in the arms or legs, Numbness or tingling in the arms or legs	

Input	Output
Pain, stiffness, or tightness in the neck, shoulders, upper back, or arms, Headaches, Neck weakness, Being unable to move or turn the neck, Pain when turning or tilting the head, Numbness or strange feelings (such as pins and needles) in the shoulders or arms, Trouble walking or moving the legs, Having no control over the bladder or bowels	Neck pain. Which means Neck pain happens when there is a problem with or injury to any of the parts ("structures") of the neck. The structures in the neck include bones, ligaments, discs, muscles, and nerves.
Pain, swelling, or bruising over the area, Not being able to walk or put weight on the legs, Weakness or numbness in the legs, Serious bleeding (if severe)	Pelvic Fracture. Which means A fracture is a break in a bone. A pelvic fracture happens when a bone in the pelvis breaks. Symptoms vary based on the specific part of the pelvis that breaks and the type of break.
Pain in the front of the knee, Pain around or behind the knee cap, Knee giving out feeling	Patellofemoral pain. Which means Patellofemoral pain is a condition that causes pain in the front of the knee. It involves the knee cap, which doctors call the "patella". The condition can occur in runners or others who exert a lot of pressure on their knees or when the knee cap is misaligned with the knee joint. It is characterized by pain in the front of the knee, around or behind the knee cap, and can be exacerbated by activities like squatting, running, or sitting for prolonged periods. Treatment often involves strengthening exercises, physical therapy, rest, NSAIDs, and in rare cases, surgery. Preventative measures include consistent exercise and muscle strengthening.
Pain and swelling in the joints (typically knees, ankles, or feet), Pain in the tendons in the feet and ankles, Conjunctivitis (pink eye), Pain when urinating	Reactive arthritis. Which means Reactive arthritis is a type of arthritis that develops following certain infections, often food poisoning, intestinal infections, or sexually transmitted infections. Historically, it was sometimes referred to as "Reiter syndrome." The primary symptoms include pain and swelling in the joints, typically appearing 1 to 4 weeks after an infection. Additional symptoms may include tendon pain in the feet and ankles, eye irritation (conjunctivitis), and painful urination. Treatment usually involves medication, and the majority of patients experience improvement with time.
Muscle pain, Muscle weakness, Muscle swelling, Brown or red urine	Rhabdomyolysis. Which means Rhabdomyolysis occurs when muscle tissue becomes severely damaged and substances from inside the muscle cells leak out into the blood, potentially leading to kidney damage and electrolyte imbalances.
Pain, swelling, or bruising over the area, Pain taking a breath or moving the upper body or arms, The area looking abnormal, bent, or not the usual shape, Not being able to take a deep breath, Numbness in the area of the broken bone, Pain from stress fractures	Rib Fracture. Which means A rib fracture is when a person breaks a rib bone. It can happen due to injury to the chest or severe coughing. There are different types of fractures like complete fractures, partial fractures, and shattered bone. In severe cases, the organs in the chest or belly can also be damaged.
Pain where the shoulder meets the top of the arm and down the outer part of the upper arm.	Rotator cuff injury. Which means A rotator cuff injury can cause shoulder pain. The rotator cuff consists of 4 shoulder muscles and their tendons. People can experience different types of rotator cuff injuries, such as tendinopathy, tendinitis, and tears. These can result from repeated use of shoulder muscles, sports activities, imbalance in shoulder muscle strength, or trauma. The pain is

usually more pronounced when trying to move the arm over the head or when lying on the affected shoulder.

Separated Shoulder. Which means A separated shoulder is a condition that causes shoulder pain and swelling. It occurs when certain ligaments in the shoulder joint tear or get stretched too much. The most common causes are falling on the shoulder or getting hit in the shoulder. It can range from mild to severe depending on the number of ligaments torn.

Septic Arthritis. Which means Septic arthritis is a condition causing a painful, swollen, and fluid-filled joint due to an infection, typically caused by bacteria. It can lead to joint damage and long-term joint problems. The bacteria usually reach the joint through the bloodstream from another part of the body. Commonly affected joints include the knee, wrist, ankle, and hip.

Shin Splints . Which means Shin splints describe the pain experienced in the shins during exercise. Although painful, they are usually not a major concern.

Shoulder Impingement. Which means Shoulder impingement is a condition that causes pain in the shoulder. It occurs when a muscle, tendon, or bursa in the shoulder gets squeezed between the bones that make up the shoulder. Many daily activities can increase the risk of shoulder impingement. It can also lead to other problems such as bursitis or rotator cuff injuries.

Skull Fractures. Which means A skull fracture is a break in one or more of the bones in the skull, usually caused by an impact or blow. Depending on the type of fracture and its location, it can be minor or more serious. Serious complications can include brain damage, bleeding in or around the brain, tissue infections around the brain and spinal cord, and seizures.

Spinal Stenosis. Which means Spinal stenosis is a narrowing of the spinal canal or of the spaces between the vertebrae where spinal nerves pass through. This narrowing can be caused by arthritis or injury, leading to symptoms like pain, numbness, tingling, and weakness.

Temporomandibular joint disorders. Which means Temporomandibular joint disorders, often referred to as TMJ, are problems with the jaw joint and the muscles around it. The main symptom is a dull pain on one side of the face, near the ear, and sometimes headaches. Other symptoms include pain that affects the ear, jaw, or back of the neck. Some people may also experience a clicking or popping sound or a "crunching feeling" in the joint when they open and close their mouth. TMJ can be caused by various factors, including arthritis, stress, jaw clenching, teeth grinding, and more. Treatment options include education and self-care, medicines to relieve pain and relax muscles, and devices like bite plates or occlusal splints. In rare cases, surgery may be necessary

<p>Pain when moving a joint, Swelling of tendons or around joints, Trouble grabbing or gripping objects, Trouble walking (if your ankle is involved), An imaging test such as an X-ray, ultrasound, or MRI scan, Blood tests, Tests on a sample of fluid, Rest, Ice, Pain-relieving medicines called "NSAIDs," Stretches, Surgery, Antibiotic medicines, Getting a shot of a medicine called a steroid, Surgery to cut or loosen the covering around the tendon</p>	<p>Tenosynovitis. Which means Tenosynovitis is the term doctors use when a tendon and the covering around it get inflamed. Treatment depends on what's causing your tenosynovitis and your symptoms.</p>
<p>Neck pain, Muscle tightness or spasm, Being unable to move your neck or turn your head, Headache, especially in the back of the head, Most people with whiplash do not need to seek medical help. In most people, symptoms go away without treatment. Still, see a doctor or nurse if: Your symptoms are getting worse and are so severe that you cannot do normal activities (such as dress or eat). Your symptoms don't improve after you treat them at home for a few weeks. You have numbness or weakness in your arms or legs.</p>	<p>Whiplash. Which means Whiplash is a neck injury that happens when the head suddenly gets jerked forward and then backward. This injury usually happens from car accidents or sports injuries. A whiplash injury can damage different parts of the neck, such as ligaments, bones, discs, nerves, and muscles. Whiplash usually gets better on its own within 2 to 3 weeks.</p>
<p>Pain, swelling, or bruising over the area, The area looking abnormal, bent, or not the usual shape, Not being able to move the wrist and hand, or stiffness, Numbness in the area of the broken bone or part of the hand</p>	<p>Wrist Fracture. Which means A wrist fracture, also known as a broken bone in the wrist, can occur in different types, including fractures of small bones in the wrist or fractures of forearm bones near the wrist. Common symptoms of a wrist fracture include pain, swelling, bruising, abnormal appearance, limited mobility of the wrist and hand, and numbness in the affected area. Treatment options depend on the type and severity of the fracture. Most fractures take weeks to months to heal.</p>
<p>Scaly, rough, or bumpy spots on the skin, Red and scaly, Red, thick or crusty, Smooth and red, Sticking up, pointed, and hard like a fingernail, Rough, dry, or scaly spot on the lip, Lip might crack or get a sore</p>	<p>Actinic keratosis. Which means Actinic keratosis (AK) is a skin condition caused by sun damage.</p>
<p>Feeling very tired and weak, Bleeding or bruising more easily than normal, Getting sick from infections more easily than normal</p>	<p>Acute Lymphoblastic Leukemia. Which means Acute lymphoblastic leukemia, called "ALL," is a type of blood cancer. ALL is fast-growing and needs to be treated quickly. Blood is made up of different types of cells. These cells are made in the center of your bones, in a part called the bone marrow. When people have ALL, their bone marrow makes abnormal blood cells instead of normal blood cells. These abnormal blood cells grow out of control, get into the blood, and travel around the body. Sometimes, these cells collect in certain parts of the body. When the bone marrow makes abnormal blood cells, it does not make the normal blood cells a person's body needs. This can cause symptoms.</p>
<p>Feeling very tired and weak, Bleeding more easily than normal, Getting sick from infections more easily than normal</p>	<p>Acute myeloid leukemia. Which means Acute myeloid leukemia (AML) is a type of blood cancer that is fast-growing and needs to be treated quickly. When people have AML, their bone marrow produces abnormal blood cells instead of normal ones. These abnormal blood cells grow out of control, get into the bloodstream, and can collect in parts of the body. Due to the production of</p>

abnormal blood cells, the bone marrow does not make the normal blood cells a person's body needs, leading to various symptoms.

Input	Output
Feeling very tired, Losing weight without trying to, Swelling in the feet, ankles, legs, or belly, Shortness of breath, Numbness or tingling in the hands or feet, A large tongue, Skin that bruises easily, Purple or bruised-looking skin around the eyes, Bleeding more than usual (e.g., after an injury)	AL Amyloidosis. Which means AL amyloidosis is a type of amyloidosis involving the buildup of abnormal proteins ("amyloid") in the body. These proteins accumulate in various organs, leading to complications. This specific type involves a protein called "light chains." In AL amyloidosis, cells in the bone marrow produce these abnormal light chains, which can accumulate in organs like the kidneys, heart, liver, etc. AL amyloidosis predominantly affects older adults and is more prevalent in males.
Bleeding from the anus, Pain in or around the anus, A growth in the anus, Itching in the anus	Anal Cancer. Which means Anal cancer occurs when normal cells lining the anus become abnormal and grow uncontrollably. It may not always present symptoms, but when it does, these can include bleeding, pain, growth, and itching in the anus. It is diagnosed through exams like a digital rectal exam, anoscopy, and biopsy. Treatment may involve radiation therapy, chemotherapy, or sometimes surgery. Regular follow-ups are required post-treatment.
Blood in the urine, Pain on the sides of your back or above your pubic area, Problems with urinating (pain when urinating, urinating often, or leaking urine)	Bladder cancer. Which means Bladder cancer happens when normal cells in the bladder change into abnormal cells and grow out of control.
Pain and swelling in the area of the cancer, pain worsening over weeks to months, pain sometimes worse at night and with exercise, lump on the bone or tissues around it	Bone Cancer. Which means Bone cancer happens when normal cells in the bone change into abnormal cells and grow out of control. There are different types of bone cancer, including osteosarcoma, chondrosarcoma, and Ewing sarcoma.
Pain (achy, sharp, burning, or shooting), Nerve-related symptoms (weakness, trouble moving or feeling part of the body, or trouble controlling the bladder or bowels), Fractures (can cause pain, bruising, or swelling).	Bone metastases. Which means Bone metastases are cancerous tumors in the bone that have spread from another part of the body. The term can also refer to "bone lesion", which describes an abnormal spot in the bone. When bone metastases occur, they most commonly affect the spine, pelvis, and thigh bone (femur).
Headache (often worse when bending over, coughing, or sneezing), Nausea and vomiting with headache, Trouble moving the arm or leg on 1 side of the body, Memory or thinking problems, Changes in mood, behavior, or personality, Seizures (waves of abnormal electrical activity in the brain causing passing out, or unusual movements or behaviors)	Brain metastases. Which means Brain metastases are cancerous tumors in the brain that spread to the brain from another part of the body. Types of cancer that commonly spread to the brain include lung, breast, kidney, colorectal, and skin (melanoma) cancers. Brain metastases are different from primary brain cancer. Primary brain cancer happens when normal cells in the brain change into abnormal cells and grow out of control. Brain metastases are made up of cancer cells from another part of the body.
Lump in the breast, New lumps in the breast area, Pain in bones, chest, or stomach, Trouble breathing, Headaches	Breast Cancer. Which means Breast cancer occurs when normal cells in the breast mutate and

grow uncontrollably. It can be discovered either by the detection of a lump in the breast or through routine screening tests. While more common in females, anyone can get it, and it can also be hereditary. Diagnosis involves tests like mammograms, ultrasounds, MRIs, and biopsies. The staging of breast cancer helps determine its spread and directs the appropriate treatment. Treatment options include surgery, radiation therapy, chemotherapy, endocrine therapy, targeted therapy, and immunotherapy. After treatment, regular check-ups and vigilance for recurrence symptoms are crucial.

Vaginal bleeding in between menstrual cycles, Vaginal bleeding after sex, Vaginal bleeding after menopause

Cervical Cancer. Which means Cancer of the cervix (cervical cancer) happens when normal cells in the cervix change into abnormal cells and grow out of control.

Pain and swelling in the area of the cancer, Pain worsening over weeks to months, Pain worse at night, Pain with exercise, Lump on the bone or in the tissues around the bone, Headaches (if grown at the bottom of the skull bone), Double vision (if grown at the bottom of the skull bone)

Chondrosarcoma. Which means A chondrosarcoma is a type of bone cancer. It occurs when normal cells in the bone cartilage change into abnormal cells and grow out of control. Most types grow slowly and do not spread to other parts of the body.

Feeling very tired and weak, Swollen lymph nodes in the neck, under the arm, or in the groin, Getting sick from infections more easily than normal, Fevers, drenching sweats at night, and losing weight without trying to

Chronic lymphocytic leukemia. Which means Chronic lymphocytic leukemia, or "CLL," is a type of blood cancer that usually grows very slowly. Blood is made up of different types of cells. When people have CLL, their bone marrow makes abnormal blood cells. These abnormal blood cells grow out of control, get into the blood, and travel around the body.

Feeling very tired and weak, Sweating much more than usual, Losing weight without trying, Feeling full after eating a small amount of food, Bleeding more easily than normal

Chronic Myeloid Leukemia . Which means Chronic myeloid leukemia (called "CML") is a type of blood cancer. Blood cells are made in the bone marrow. People with CML have an abnormal gene in some of their blood cells. This gene causes the bone marrow to make abnormal blood cells. These cells can grow out of control, get into the blood, and travel around the body. Sometimes, these cells collect in certain parts of the body. When the bone marrow makes abnormal blood cells, it does not make enough of the normal blood cells a person's body needs. This can cause symptoms. There are three stages of CML: the chronic phase (slow growth), the accelerated phase (faster growth), and the blast phase (fast-growing and can be fatal). Treatment depends on the phase of the CML.

Stomach pain, A change in bowel movements, Blood in bowel movements, Feeling weak, tired, or short of breath

Colorectal Cancer. Which means Colorectal cancer affects the large intestine (colon) or the rectum. It can be serious but has many treatment methods. It might not show symptoms initially, but when symptoms manifest, they can vary from stomach pain to feeling weak.

Colon polyps do not usually cause symptoms.

Colon Polyps. Which means Colon polyps are tiny growths that form on the inside of the large intestine (also known as the colon). They are common and about a third to half of all adults have them by the age of 50 years. Some polyps can be or become cancer, so doctors sometimes remove them. Doctors can find these polyps during screening tests for colon or rectal cancer.



Usually no symptoms, but in some cases, people feel a lump in their breast, or have blood coming from the nipple.	Ductal carcinoma in situ. Which means Ductal carcinoma in situ (or "DCIS") is the earliest form of breast cancer. It forms inside the ducts that carry milk to the nipple during breastfeeding. When a cancer is "in situ," it means that it has not spread beyond the place where it first formed. For DCIS, it means that the cancer is only in the duct and has not spread into the tissues around it. DCIS is curable in most cases.
Trouble swallowing, especially solid, dry foods, Weight loss	Esophageal cancer. Which means Esophageal cancer happens when normal cells in the esophagus change into abnormal cells and grow out of control. The esophagus is the tube that moves food from the mouth to the stomach.
Bright red blood in bowel movements, Diarrhea ?Runny, watery bowel movements, Constipation ?Trouble having bowel movements, Belly cramps, Weight loss, Bloating ?Feeling like the belly is full all the time, Tiredness	Familial adenomatous polyposis. Which means Familial adenomatous polyposis (FAP) is a disease that causes abnormal growths in the large intestine, rectum, and other areas. These growths, known as "polyps," are not cancerous but can turn into cancer. Most people with FAP have a higher risk of colon cancer. The disease is caused by an abnormal gene, which may run in families.
Swollen lymph nodes (often in the neck, groin, or belly), Fever, Weight loss, Night sweats that soak the clothes, Pain, Blockages in the digestive tract or urinary tract, Feeling very tired and weak	Follicular lymphoma. Which means Follicular lymphoma is a type of lymphoma, which is a cancer of the lymphatic system. The lymphatic system is composed of organs throughout the body that produce and store cells that combat infection. In individuals with follicular lymphoma, white blood cells become abnormal and proliferate uncontrollably. These cells can migrate and often accumulate in lymph nodes, leading to swelling. This type of lymphoma typically grows slowly but can evolve into a more rapidly growing form.
Gallbladder cancer happens when normal cells in the gallbladder change into abnormal cells and grow out of control. The gallbladder is a small, pear-shaped organ that is tucked under the liver.  The gallbladder stores bile, a fluid that is made in the liver and helps the body break down fat. Most people with gallbladder cancer have or have had another gallbladder condition called "gallstones."	Gallbladder cancer. Which means Belly pain (especially in the upper right side or upper middle part of the belly), Loss of appetite, Nausea or vomiting, Weight loss, Jaundice (skin and white part of the eye turn yellow)
Glioblastoma (also called "glioblastoma multiforme" or "GBM") is a fast-growing type of brain cancer. It starts in the "glial" cells of the brain and can spread into healthy parts of the brain, causing swelling. Most of the time, the cause is unknown, but getting radiation treatment earlier in life can increase the risk.	Glioblastoma. Which means Headaches, Seizures, Memory or thinking problems, Muscle weakness, Vision changes (double vision or vision loss), Language problems, Personality changes
Swollen, painless lymph node in the neck, swollen lymph nodes above the collar bone, in the armpit or groin, swollen lymph nodes in the chest causing cough, trouble breathing, or chest pain, fever, weight loss, drenching sweats	Hodgkin lymphoma. Which means Hodgkin lymphoma, previously called "Hodgkin's disease", is a lymphoma type, which is a cancer of white blood cells named "lymphocytes". Abnormal lymphocytes grow out of control, affecting different body parts, especially lymph nodes.

Input	Output
Genital warts, Some types may not show symptoms.	Human papillomavirus (HPV). Which means Human papillomavirus, or "HPV," is a virus that can cause skin warts, genital warts, and some forms of cancer.
Skin changes (warm or hot feeling, color changes like pink, red, or purple, thicker skin, dimples or pits on the skin resembling the skin on an orange), Nipple changes (flat nipple, red nipple, crust or blister on the nipple, nipple turning inwards if it pointed out before), Painful, swollen breast	Inflammatory Breast Cancer . Which means Inflammatory breast cancer (IBC) is a rare and rapidly growing form of breast cancer. It makes the breast look red and swollen with a potential appearance of pits or dimples. IBC can spread easily to other parts of the body and requires immediate treatment. The symptoms of IBC can be different from other forms of breast cancer, for instance, it might not cause a lump in the breast. Other conditions, including infections and other types of breast cancer, can also lead to similar symptoms.
Red, pink, purple, blue, or brown area of skin, Starts out flat but can become raised or bumpy, Often occurs on the legs or feet, Growth on the nose or genitals or in the mouth in people with HIV or AIDS, Swelling of the legs or other affected body parts, Weight loss (when in the digestive tract), Belly pain (when in the digestive tract), Nausea, vomiting, or diarrhea (when in the digestive tract), Blood in bowel movements (when in the digestive tract), Trouble breathing (when in the lungs), Chest pain (when in the lungs), Cough or coughing up blood (when in the lungs)	Kaposi Sarcoma. Which means Kaposi sarcoma is a type of cancer that primarily grows on the skin. The development of this cancer happens when normal cells change into abnormal cells and grow uncontrollably. There are various kinds of Kaposi sarcoma, including the "classic" type that predominantly occurs in older adults and grows slowly. Another prevalent type affects individuals with HIV or AIDS. This type of Kaposi sarcoma typically grows rapidly and requires treatment. Additionally, Kaposi sarcoma can also occur in individuals who have undergone organ transplant surgery.
Blood in urine, Pain on either side of your lower back, in your side, or in your stomach, A lump in your belly or on the side of your back, Weight loss that you cannot explain	Kidney Cancer. Which means Kidney cancer occurs when normal cells in the kidney transform into abnormal cells and grow uncontrollably. Smaller kidney tumors might not cause symptoms, while larger tumors and those that have spread can manifest various symptoms.
A hoarse voice, Trouble swallowing, Ear pain, A cough or coughing up blood, Trouble breathing or noisy breathing	Laryngeal cancer. Which means Laryngeal cancer is a type of throat cancer that occurs when normal cells in the larynx change into abnormal cells and grow out of control. The larynx, also known as the voice box, is the top part of the windpipe and contains the vocal cords which enable speech.
Feeling very tired and weak, Bleeding more easily than normal, Getting sick from infections more easily than normal	Leukemia. Which means Leukemia is a type of cancer of the blood cells. Blood is made up of different types of cells that are made in the center of your bones, in a part called the bone marrow. When people have leukemia, their bone marrow makes abnormal blood cells instead of normal blood cells.
Feeling very tired and weak, Bleeding more easily than usual, Getting fevers or infections more easily than usual, Bone pain, Swollen lymph nodes	Leukemia in children. Which means Leukemia is a type of blood cancer where the bone marrow

makes abnormal blood cells instead of normal ones, causing symptoms.

Lump or mild pain in the upper belly, feeling full early on when eating, weight loss, swelling of the belly or legs, skin or white part of the eyes turning yellow

Liver Cancer. Which means Liver cancer happens when normal cells in the liver change into abnormal cells and grow out of control. Most people who get liver cancer have long-term liver disease (chronic liver disease). Having long-term liver disease increases a person's chances of getting liver cancer. The most serious form of this is "cirrhosis".

Cough, Trouble breathing or wheezing, Spitting or coughing up blood, Chest pain (dull, sharp, or stabbing), Hoarse voice, Headache and swelling of the face, arms, or neck, Pain in the arm, shoulder, or neck, Droopy eyelid or blurred vision, Weakness of the hand muscles

Lung cancer. Which means Lung cancer happens when normal cells in the lungs change into abnormal cells and grow out of control. There are different types of lung cancer. Some types grow much faster than others. In the US, lung cancer is the biggest cause of death from cancer.

Asymmetry (One half can look different than the other half), Border (jagged or uneven edge), Color (mix of colors like brown, black, and red), Diameter (larger than the eraser on the end of a pencil), Evolution (changes in size, color, or shape over time), Sores that bleed

Melanoma skin cancer. Which means Melanoma is a serious form of skin cancer that arises when normal cells in the skin change into abnormal cells and grow out of control. It can occur anywhere on the skin and can spread to organs inside the body. Melanoma can run in families.

Bone pain, bones that break easily, nausea, vomiting, confusion, increased thirst, weakness, tiredness, shortness of breath, blurry vision, numbness, tingling, weakness in the chest, lower back, or legs, getting sick easily, unexplained weight loss, severe back pain (emergency symptom), weakness in the legs (emergency symptom), new bladder or bowel control problems (emergency symptom)

Multiple Myeloma. Which means Multiple myeloma (MM) is a cancer of the plasma cells. Plasma cells are a type of white blood cell made in the bone marrow. When a person has MM, there is an overproduction of plasma cells, leading to various symptoms and problems like bone issues, high calcium levels in blood, anemia, kidney damage, and infections.

Feel weak, tired, or dizzy, Have trouble thinking clearly, Have trouble breathing, Bruise or bleed more easily than usual, Get infections more easily or more often than usual

Myelodysplastic syndromes . Which means Myelodysplastic syndromes (MDS) are a group of conditions that involve the blood. When people have MDS, their bone marrow does not work normally. It makes abnormal blood cells and does not make enough normal blood cells. This can cause symptoms. Some people with MDS have no symptoms and find out they have MDS after they have blood tests for another reason.

Pink, Red and swollen, Peeling, Bleeding or look like an open sore, Thick or crusty

Non-melanoma skin cancer. Which means Non-melanoma skin cancer can occur anywhere on the skin, especially on sun-exposed parts. Caused often by sun exposure, affecting light-skinned individuals. Includes basal cell carcinoma and squamous cell carcinoma. Treated usually by surgery, radiation, or skin creams.

Scaly, rough, bumpy spots

Actinic keratoses. Which means Often found on the face, ears, arms, or scalp. These can sometimes turn into skin cancer. Doctors often treat them to reduce the chance of this happening.

Your stomach getting bigger or feeling bloated, Stomach pain, Feeling full or having trouble eating, Needing to urinate often or feeling like you suddenly need to urinate urgently

Ovarian cancer. Which means Ovarian cancer happens when normal cells in the ovary change into

<p>abnormal cells and grow out of control. The ovaries are part of the reproductive system. Ovarian cancer occurs most often between the ages of 50 and 65 but can happen at any age. Some people may discover they have it when a growth is found in or near one of their ovaries, sometimes during a pelvic exam or an imaging test.</p>
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<p>Pain, Weight loss, Diarrhea, Yellowing of the skin, called jaundice</p>	<p>Pancreatic cancer. Which means Pancreatic cancer happens when normal cells in the pancreas change into abnormal cells and grow out of control. The pancreas is an organ that sits behind the stomach and plays a role in breaking down food. Symptoms of pancreatic cancer can include pain that spreads from the stomach area to the back, weight loss, diarrhea, and jaundice (yellowing of the skin and eyes). If you experience these symptoms, it's important to consult with a healthcare professional for evaluation.</p>
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<p>Shortness of breath, Chest pain</p>	<p>Pleural mesothelioma. Which means Pleural mesothelioma is a rare type of cancer that affects the thin layer of tissue around the lungs known as the "pleura." This cancer is typically associated with asbestos exposure and is more common in individuals over 50. Symptoms of pleural mesothelioma may include shortness of breath and chest pain. While these symptoms can be concerning, it's important to note that many other common conditions can also cause them. If you experience these symptoms, it's advisable to consult a healthcare professional for proper evaluation.</p>
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<p>Needing to urinate more often than usual, A urine stream that is slower than usual</p>	<p>Prostate cancer. Which means Prostate cancer occurs when normal cells in the prostate gland change into abnormal cells and grow uncontrollably. This gland is located below the bladder, in front of the rectum, and surrounds the urethra, which carries urine out of the body. Symptoms of prostate cancer, if present, may include increased frequency of urination and a slower urine stream. It's essential to note that these symptoms can be associated with various conditions other than prostate cancer. If you experience these symptoms, consult your healthcare provider for proper evaluation.</p>
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<p>Swelling, Pain or discomfort, Drainage of clear or slightly red fluid</p>	<p>Seroma. Which means A seroma is the accumulation of serum (the liquid part of blood) in a specific body area, either beneath the skin or within a body cavity. It commonly develops following surgery, especially major procedures or those involving the removal of significant tissue. Symptoms of a seroma may include swelling, pain or discomfort, and the drainage of clear or slightly red fluid. In some cases, seromas can become infected, leading to additional symptoms like fever, redness of the skin, hardened skin in the affected area, and pus drainage. If you suspect a seroma, it's essential to consult your healthcare provider for evaluation and appropriate management.</p>
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<p>Having fewer monthly periods or no periods at all, Loss of breast tissue which can make the breasts smaller, Hair growth on the face, chest, or back, Voice changes making the voice sound deeper, Losing hair from the head, Acne, An increase in the size of the clitoris (a part of the genitals), Belly pain, An increase in belly size, Vaginal bleeding</p>	<p>Sertoli-Leydig cell tumor. Which means A Sertoli-Leydig cell tumor is an exceptionally rare tumor that originates from cells in the ovary. This tumor can be either benign or malignant. Sertoli-Leydig cell tumors have the potential to produce male hormones (androgens) and, in rare cases, female hormones (estrogen). The presence of these hormones can lead to various symptoms, which can vary from person to person. Symptoms related to the production of male hormones may include changes in menstrual periods (fewer or absent periods), loss of breast tissue resulting in smaller breasts, increased hair growth on the face, chest, or back, deepening of the voice, hair loss from the head, acne, and an enlarged clitoris. On the other hand, symptoms may also arise due to the</p>
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tumor's size and impact on surrounding tissues, such as belly pain, an increase in belly size, and, in rare instances, vaginal bleeding due to the production of estrogen. Diagnosis of a Sertoli-Leydig cell tumor typically involves blood tests to measure hormone levels and pelvic ultrasound imaging to visualize the ovaries and uterus. However, the definitive diagnosis is made by removing the tumor and examining it under a microscope. Treatment primarily involves surgical removal of the tumor, with the type of surgery determined by factors like the patient's age and future fertility plans. Additional treatment may be necessary if the tumor has spread, including chemotherapy. It's crucial for individuals with this condition to closely follow their healthcare provider's recommendations, discuss treatment options, and inquire about potential benefits, drawbacks, and alternatives.

Input	Output
Lump that grows slowly over weeks to months, belly pain, bloody bowel movements, feeling full after eating only a small amount of food (depending on the location of the sarcoma)	Soft tissue sarcoma. Which means Soft tissue sarcoma typically presents as a lump that grows slowly over several weeks to months. The specific symptoms can vary depending on the location of the sarcoma in the body. For example, a sarcoma in the belly can lead to symptoms such as belly pain, bloody bowel movements, or feeling full quickly after eating.
Weight loss, Belly pain (especially in the upper belly), Trouble swallowing, Having no appetite or feeling full after eating a small amount of food, Nausea, Feeling tired or short of breath (from a condition called "anemia," which is when people have too few red blood cells)	Stomach cancer. Which means Weight loss, Belly pain (especially in the upper belly), Trouble swallowing, Having no appetite or feeling full after eating a small amount of food, Nausea, Feeling tired or short of breath (from a condition called "anemia," which is when people have too few red blood cells)
A lump or swelling in the scrotum that is not painful, A dull ache or heavy feeling in the low belly, or around the anus or scrotum, Pain in the testicles or scrotum	Testicular cancer. Which means Testicular cancer is a condition where normal cells in one or both testicles change into abnormal cells and grow out of control. It is most common in individuals between the ages of 15 and 35. Common symptoms include painless lumps or swelling in the scrotum, a dull ache in the low belly or scrotum, and testicular or scrotal pain. If you notice any of these symptoms, it's important to consult a doctor or nurse.
Mouth sores or bleeding in the mouth, A sore throat, Trouble swallowing, A hoarse voice, A long-lasting cough or coughing up blood, A lump in the neck, Ear pain, hearing loss, or ringing in the ears	Throat cancer. Which means Throat cancer is a condition where normal cells in the throat change into abnormal cells and grow out of control. Symptoms of throat cancer can vary depending on the location within the throat and may include mouth sores, bleeding in the mouth, sore throat, difficulty swallowing, hoarse voice, persistent cough with blood, neck lumps, and ear symptoms. These symptoms can also be caused by conditions other than throat cancer, but if experienced, it is essential to consult a doctor or nurse for evaluation and diagnosis.
Growth (nodule) on the thyroid gland, Hoarseness or being unable to talk, Trouble breathing, Trouble swallowing, Cough or coughing up blood	Thyroid cancer. Which means Thyroid cancer occurs when normal cells in the thyroid change into abnormal cells and grow uncontrollably. Symptoms of thyroid cancer may not be noticeable initially and can be discovered during imaging tests of the neck. Common symptoms include the presence of a thyroid nodule or growth, which may enlarge quickly or slowly. Some individuals may detect the growth themselves, while others may have it identified during routine medical exams. Other symptoms can include hoarseness, difficulty in speaking, trouble breathing, trouble swallowing, and coughing with blood. It's important to note that these symptoms can also be caused by conditions other than thyroid cancer. If you experience these symptoms, consult your doctor or nurse for evaluation and diagnosis.
A sore or lump on the tongue, Bleeding from the tongue, Trouble swallowing, speaking, or moving the tongue, Mouth or tongue pain, A lump in the neck	Tongue cancer. Which means Tongue cancer occurs when normal cells in the tongue change into abnormal cells and grow out of control. In some cases, it can develop in individuals with a condition known as "leukoplakia," which causes white or gray patches on the tongue. Tongue cancer may

	<p>not initially present symptoms, and it is often detected during routine dental or medical examinations. When symptoms are present, they may include the presence of a sore or lump on the tongue, bleeding from the tongue, difficulty in swallowing, speaking, or moving the tongue, mouth or tongue pain, and the presence of a lump in the neck. It's essential to note that these symptoms can also be associated with other conditions besides tongue cancer. If you experience these symptoms, consult your doctor or nurse for proper evaluation and diagnosis.</p>
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<p>Nausea, Vomiting, Diarrhea, Lack of appetite, Feeling tired, Blood in the urine, Muscle cramps or stiffness, An irregular heartbeat, Seizures, Fainting</p>	<p>Tumor lysis syndrome. Which means Tumor lysis syndrome is a serious medical emergency that can occur in individuals with cancer, particularly those with blood cancers such as lymphoma or leukemia. It happens when a significant number of cancer cells break down, releasing specific substances into the bloodstream. This process leads to elevated levels of potassium, phosphate, and uric acid in the body, accompanied by decreased levels of calcium. These imbalances can result in kidney and organ damage. Tumor lysis syndrome is most commonly associated with cancer treatments like chemotherapy, which can cause the rapid breakdown of cancer cells. However, it can also occur spontaneously in individuals with blood cancers, even without active treatment. Risk factors for tumor lysis syndrome include having a rapidly growing type of cancer, a high cancer cell burden in the body (due to a large tumor or widespread cancer), and kidney problems. The symptoms of tumor lysis syndrome can include nausea, vomiting, diarrhea, loss of appetite, fatigue, blood in the urine, muscle cramps or stiffness, irregular heartbeat, seizures, and fainting. Early diagnosis and prompt treatment are crucial to prevent serious complications. Diagnostic tests involve measuring the levels of potassium, phosphate, uric acid, and calcium in the blood. Various preventive measures can be taken based on an individual's cancer type, characteristics, and treatment plan. These may include intravenous fluids, medications to lower uric acid levels, and close monitoring of kidney function and electrolyte levels. If tumor lysis syndrome occurs, hospitalization and treatment are necessary. Treatment may include intravenous fluids, medications to correct electrolyte imbalances, and, in severe cases, dialysis to support kidney function. With timely intervention, tumor lysis syndrome can often be managed effectively, minimizing long-term complications.</p>
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<p>Abnormal vaginal bleeding, Bleeding in between menstrual cycles (when you are not having your period), Menstrual bleeding that is heavier than usual, Any vaginal bleeding if you have been through menopause</p>	<p>Uterine cancer. Which means Uterine cancer occurs when normal cells in the uterus change into abnormal cells and grow uncontrollably. The uterus, which is responsible for holding a baby during pregnancy, has a thin inner lining layer and a thick outer layer. Most uterine cancers originate in the cells of the thin inner lining. While uterine cancer can affect individuals at any age, it is more common among those who have undergone menopause (the cessation of menstrual periods). The most common symptom of uterine cancer is abnormal vaginal bleeding, which includes bleeding between menstrual cycles, unusually heavy menstrual bleeding, or any vaginal bleeding after menopause. These symptoms can also result from conditions other than cancer, but it is essential to report them to a doctor or nurse for evaluation. Diagnostic tests may include a biopsy, where a small tissue sample is taken from the uterine lining and examined under a microscope to detect cancer. In postmenopausal individuals, an ultrasound may be performed initially to assess the thickness of the uterine lining. If the lining appears abnormal, a biopsy will be recommended. Cancer staging is essential to determine the extent of cancer spread, guiding treatment decisions based on factors like cancer stage, growth rate, age, and other medical conditions. Treatment for</p>
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uterine cancer often involves surgery to remove the uterus, ovaries, and fallopian tubes (hysterectomy). During surgery, the doctor checks surrounding organs and tissues for signs of cancer spread and may remove any abnormal findings. Depending on the results of surgery, further treatment options may include chemotherapy or radiation therapy. In specific situations, hormone medicines called "progestins" may be used as an alternative to surgery. After treatment, regular follow-up appointments are crucial to monitor for cancer recurrence. Patients should watch for symptoms like abnormal vaginal bleeding, abdominal pain, or persistent cough and promptly inform their healthcare providers if such symptoms arise. For individuals interested in future pregnancy, discussing fertility preservation options with a healthcare provider before starting treatment is advisable. It's essential to communicate openly with healthcare providers regarding treatment preferences and inquire about the benefits, downsides, alternatives, and potential outcomes of any proposed treatments.

Abnormal bleeding from the vagina, Fluid coming out of the vagina that is watery, bloody, or bad-smelling, Pain when urinating, Blood in the urine, Feeling the need to urinate often, Trouble having bowel movements, Black-colored bowel movements, Feeling the need to have a bowel movement when your bowels are empty

Vaginal cancer. Which means Vaginal cancer occurs when normal cells in the vagina change into abnormal cells and grow uncontrollably. This cancer can be of different types depending on the cells involved. While some individuals with vaginal cancer may not experience any symptoms and only discover it during a routine screening test for cervical cancer, others may present with symptoms such as abnormal vaginal bleeding, which often occurs after sexual intercourse or in individuals who have undergone menopause. Other potential symptoms of vaginal cancer include vaginal discharge that is watery, bloody, or has a foul odor, pain during urination, frequent urination, difficulty with bowel movements, dark-colored bowel movements, and a sensation of needing to have a bowel movement when the bowels are empty. These symptoms can also be caused by conditions other than vaginal cancer, so it's crucial to report them to a doctor or nurse for evaluation. Diagnosis of vaginal cancer typically involves a pelvic exam, which may include the use of a colposcope (a special magnifying lens) for a clearer view of the vagina. A biopsy is usually performed during the exam, where a small tissue sample is taken from the suspicious area and examined under a microscope to confirm cancer. Cancer staging is necessary to determine the extent of cancer spread, guiding treatment decisions based on factors like cancer stage, size, and location in the vagina, as well as the patient's age, other medical conditions, and fertility concerns. Treatment options for vaginal cancer can include surgery (typically a radical hysterectomy to remove the uterus, cervix, and upper part of the vagina), radiation therapy (external or internal radiation), and chemotherapy. The choice of treatment depends on factors such as cancer stage, tumor size, location, the patient's age, and the desire for future pregnancies. After treatment, regular follow-up appointments are essential to monitor for cancer recurrence, often involving pelvic exams and cell tests. Patients should also remain vigilant for symptoms indicative of cancer recurrence and promptly inform their healthcare providers if any such symptoms arise. For individuals interested in future pregnancy, discussing fertility preservation options with a healthcare provider before starting treatment is advisable. Patients should adhere to their healthcare provider's instructions regarding visits and tests and communicate openly about any treatment-related side effects or issues. When offered a treatment, patients should inquire about the benefits, drawbacks, alternatives, and potential outcomes of the proposed treatment.

Feeling very tired, Weakness or numbness in the hands or feet, Losing weight without trying,



<p>Fever, Night sweats, Swollen lymph nodes, Bleeding from the nose or gums, Changes in vision or hearing, Headaches, Dizziness, Passing out, Being unable to move or talk normally</p>	<p>Waldenström's macroglobulinemia. Which means Waldenström's macroglobulinemia (WM) is a rare type of lymphoma, also known as cancer of the lymphatic system. WM affects the lymphatic system, which comprises organs throughout the body responsible for producing and storing white blood cells that combat infections. In individuals with WM, the bone marrow produces an excessive quantity of a particular type of white blood cell, resulting in various lymphoma-related symptoms such as swollen lymph nodes, fever, and night sweats. Moreover, the overproduction of these white blood cells leads to the formation of a protein called "IgM" or "macroglobulin" in the body, contributing to additional health problems. WM is sometimes referred to as "lymphoplasmacytic lymphoma." Some individuals with WM may remain asymptomatic for an extended period, even years, a condition referred to as "smoldering" WM. When symptoms do occur, they encompass fatigue, weakness or numbness in the extremities, unintentional weight loss, fever, night sweats, and swollen lymph nodes. In some cases, WM can result in thicker-than-normal blood, known as "hyperviscosity syndrome," due to the excessive proteins in the body. Hyperviscosity syndrome is a medical emergency and may manifest as bleeding from the nose or gums, alterations in vision or hearing, headaches, dizziness, loss of consciousness, or impairment in movement or speech. In severe instances, it can lead to stroke or coma. Diagnostic tests for WM include blood and urine tests, bone marrow biopsy, and imaging tests. These assessments help healthcare providers ascertain whether WM or another condition is causing the patient's symptoms. Treatment for WM varies based on the presence and severity of symptoms. Patients without symptoms may not require immediate treatment but will necessitate regular blood tests and should promptly report any emerging symptoms to their healthcare providers. Symptomatic individuals typically undergo treatment with medications, including chemotherapy, aimed at killing or inhibiting the growth of cancer cells. Plasma exchange, also known as "plasmapheresis," is employed to address the symptom of hyperviscosity syndrome, where a machine removes excess IgM protein from the blood. Additionally, healthcare providers may discuss participation in clinical trials as an option. Although treatment does not offer a cure for WM, it can alleviate symptoms and extend life expectancy. Regular examinations and tests are conducted to monitor the body's response to treatment. Even if treatment leads to symptom resolution, it is expected that symptoms will eventually recur, necessitating ongoing medical monitoring to promptly initiate treatment when symptoms reappear or when tests detect the reappearance of WM-associated proteins. Treatment for recurrent WM may involve reintroducing previous medications or considering alternative therapeutic approaches. Patients should adhere to their healthcare providers' instructions regarding appointments and tests and openly communicate any treatment-related side effects or concerns. When presented with treatment options, patients should inquire about the benefits, drawbacks, alternatives, and potential outcomes of the proposed treatment.</p>
<p>Blurry central vision, Gradual vision loss, Sudden changes in vision, Needing bright lights or a magnifying glass to read or see clearly, Noticing spots that seem blurry</p>	<p>Age-related macular degeneration. Which means Age-related macular degeneration (AMD) is a disease primarily affecting individuals aged 65 and older, leading to vision loss. It primarily impacts central vision, resulting in blurriness in the central field of view. There are two main types of AMD: Dry AMD, which is the most common, affecting 85-90% of those with the condition, and Wet AMD, which is less common but can lead to quicker and more severe vision loss, potentially causing blindness. Dry AMD causes gradual vision loss, while Wet AMD can cause sudden changes in vision, often affecting one eye initially and then progressing to both eyes. People with Dry AMD may experience difficulties reading or driving, requiring brighter lighting or a magnifying glass. They</p>

Red-looking or darkened skin on the eyelids, Swollen and itchy eyelids, Gritty or burning feeling in the eyes, Red eyes, Crusty, matted eyelashes in the morning, Flaking or scaling of the eyelid skin

may also notice spots in their vision that appear blurry. In contrast, individuals with Wet AMD may perceive straight lines as bent or wavy. If you experience vision loss or any of the aforementioned symptoms, it is advisable to consult an eye doctor promptly. To diagnose AMD, doctors employ several tests, including a dilated eye exam, fluorescein angiography, optical coherence tomography (OCT), and the Amsler grid test. The Amsler grid test involves observing a grid of straight lines, which may appear wavy or bent to those with Wet AMD. The treatment for AMD depends on the type. Both Dry and Wet AMD can be treated with the "AREDS" formula, a combination of vitamins and minerals that may help protect the eye from AMD-related damage. However, it is important to consult with a healthcare provider before using this formula, as some vitamins can be harmful in excessive amounts. Wet AMD has additional treatment options, including VEGF inhibitors, which are injected into the eye to prevent abnormal blood vessel formation, and photodynamic therapy, which is used when VEGF inhibitors are ineffective. Additionally, lifestyle choices such as not smoking can reduce the risk of developing AMD.

Blepharitis. Which means Blepharitis is an inflammation of the eyelids that can lead to swelling and redness of the eyelids. It may also cause the skin of the eyelids to appear red or darkened. Common symptoms of blepharitis include red-looking or darkened skin on the eyelids, swollen and itchy eyelids, a gritty or burning feeling in the eyes, red eyes, crusting and matting of eyelashes in the morning, and flaking or scaling of the skin on the eyelids. Blepharitis may improve at times but can recur. Fortunately, it rarely causes vision problems. Blepharitis is more prevalent in individuals with specific skin conditions, such as rosacea and seborrheic dermatitis. Rosacea is characterized by raised bumps on the cheeks, nose, chin, forehead, or eyelids, which often appear red in people with lighter skin tones. Seborrheic dermatitis leads to scaly or flaky patches, occasional itching, and typically affects areas of the skin with numerous oil glands. In individuals with lighter skin tones, the affected skin may appear red, while in those with darker skin tones, it may appear dark brown or purple. There are no specific tests for blepharitis, but healthcare providers can diagnose it based on a patient's symptoms and a physical examination. Patients can take several self-help measures to alleviate the symptoms, such as applying warm, wet compresses to the eyes, gently rubbing the eyelids after warm compresses, and cleaning the eyelids with warm water or a diluted baby shampoo solution. Over-the-counter eyelid scrubs and pads can also be used. If self-help measures do not provide relief, a healthcare provider may prescribe antibiotic creams or ointments for the eyelids or antibiotic pills.

Cataracts can cause vision loss, Blurry or dull vision, Everything looks slightly brown in color, Needing new eyeglass prescriptions, Glare from headlights and other lights

Cataracts. Which means A cataract is a condition characterized by clouding of the lens in the eye, which is responsible for focusing light. Cataracts can lead to various symptoms, including vision loss, blurry or dull vision, a perception that everything has a slightly brownish color, the need for frequent changes in eyeglass prescriptions, and glare from headlights and other light sources. Diagnosis of cataracts can be made by a doctor or nurse based on a physical examination of the eye. If cataracts are suspected, an eye doctor can provide a more detailed assessment. Cataracts are commonly diagnosed through a comprehensive eye exam, during which the doctor evaluates close and distant vision, central and peripheral vision, and measures the intraocular pressure. The doctor also examines the back of the eye for signs of nerve damage. The primary treatment for cataracts that cause significant vision loss is surgery. This surgical procedure involves the removal of the cloudy lens and its replacement with an artificial lens. It's important to note that not everyone

with cataracts requires surgery, and the decision to undergo the procedure is typically made by the individual. Cataract surgery is generally straightforward, although there are rare risks such as infection or pain. However, it can significantly improve vision in individuals with severe cataracts. To make an informed decision about surgery, individuals should discuss the potential risks, expected vision improvement, and possible outcomes with their doctor. It's important to consider how much vision problems limit daily activities and whether the cataracts are the sole cause of vision issues. Factors such as overall health and the possibility of complications or unsuccessful surgery should also be weighed. Smoking is a known risk factor for cataracts, so quitting or avoiding smoking can help reduce the risk of developing cataracts.

Preseptal cellulitis: Eyelid swelling, Redness or darkening of the skin of the eyelid, Eye pain. Orbital cellulitis: Eyelid swelling, Redness or darkening of the skin of the eyelid, Fever, Trouble seeing or seeing double, Problems with the eyeball, such as pain, immobility, or bulging

Cellulitis around the eye. Which means Cellulitis is a bacterial skin infection that can affect the eye area in two forms: "Preseptal" cellulitis, which infects the eyelid only, and "Orbital cellulitis," a rare and serious infection that extends deeper into the tissues surrounding the eyeball. Both types of cellulitis can occur when bacteria enter the skin or tissues around the eye, often as a result of factors such as sinus infections, eye surgery, injuries near the eye, blocked tear ducts, or infections in the teeth, ears, or facial areas. Preseptal cellulitis primarily causes eyelid swelling, redness or darkening of the eyelid skin, and eye pain. Orbital cellulitis shares these symptoms but can also lead to fever, vision disturbances (including double vision), and problems with the eyeball, such as severe pain, immobility, or bulging. Diagnosis is typically based on clinical examination and, if orbital cellulitis is suspected, may involve imaging tests like CT scans or MRIs to visualize the eye and sinus structures. Treatment options include antibiotics, which can be administered as pills for preseptal cellulitis or intravenously (IV) for orbital cellulitis. Surgery may be necessary for some cases of orbital cellulitis if an abscess is detected on imaging or if antibiotics fail to improve the condition. Preventative measures include seeking medical attention for sinus infections to prevent complications like cellulitis.

Redness, swelling, Firm, painless lump in the upper eyelid (can be as large as a pea), Yellow-white bump in the lower eyelid

Chalazion. Which means A chalazion is a painless lump that forms in the eyelid due to a blockage in a tear gland. It typically begins with redness and swelling and develops into a firm, painless lump, often in the upper eyelid. In cases where the chalazion forms in the lower eyelid, it appears as a yellow-white bump. A chalazion is different from a sty, as it is not caused by infection and does not cause pain. Instead, it tends to last longer than a sty. Diagnosis is made through a physical examination by a doctor or nurse, and there is no specific test for chalazion. Self-treatment involves applying warm, wet pressure to the chalazion several times a day. Most chalazions resolve within a few weeks with this treatment, but larger or recurrent chalazions may require a procedure or injection performed by an eye doctor.

Seeing dark spots (floaters) in your vision, Vision loss, Poor vision at night

Chorioretinitis. Which means Chorioretinitis is an eye condition characterized by inflammation of the structures at the back of the eye, specifically the "choroid" and "retina." While it is usually painless, it can result in dark spots (referred to as "floaters") in your field of vision, vision loss, and difficulty seeing in low-light conditions, particularly at night. Chorioretinitis can have various causes, often associated with infections. Diagnosis involves a thorough eye examination, typically conducted by an eye specialist who will use a magnifying tool to inspect the back of the eye. Additional tests, such as blood tests or a chest X-ray, may be performed to check for an underlying

infection contributing to the condition. Treatment is determined based on the cause and severity of inflammation. In cases where an infection or another medical condition is responsible, addressing the underlying issue is the primary focus. Treatment for inflammation may involve administering steroids, either through eye injections or orally, depending on the severity of the condition.

Feeling like you have a speck of sand in your eye, Eye pain that is so bad you cannot work, drive, or sleep, Teary, watery eyes, Not wanting to open the eye, Being very uncomfortable looking at bright lights

Corneal Abrasion. Which means A corneal abrasion is a scratch on the cornea, which is the clear tissue covering the colored part of the eye. It can occur due to various reasons, such as foreign objects like fingernails, animal paws, branches, or pieces of paper scratching the eye, or tiny pieces of rust, wood, glass, plastic, or other objects getting stuck under the eyelid. Wearing ill-fitting contact lenses, wearing them for extended periods, or improper cleaning can also lead to corneal abrasions. Symptoms include feeling like there's a foreign body (e.g., sand) in the eye, severe eye pain, excessive tearing, reluctance to open the eye, and discomfort when exposed to bright lights. Initial self-help measures include attempting to remove the foreign object gently or rinsing the eye with water. If symptoms persist after rinsing, it's advisable to consult a doctor or nurse for evaluation. An eye exam with a special yellow dye may be performed to confirm the presence of a corneal abrasion. Treatment involves the use of eye ointments or drops, which can help prevent infections and alleviate pain. In some cases, oral pain medication may be prescribed. Large corneal abrasions not caused by contact lenses may require taping a gauze patch over the eye to keep it closed during the healing process, while contact lens use should be avoided until the eye has fully healed. To prevent corneal abrasions, it is advisable to wear safety goggles when working with machinery that can produce debris, follow proper contact lens care, and ensure that contact lenses fit correctly. Additionally, patients should seek medical attention if they experience changes in eyesight, worsening eye pain, persistent discomfort or light sensitivity, or signs of infection around the eye.

Eyes not lining up or moving together, especially when tired

Crossed Eyes. Which means Crossed eyes, also known as strabismus, is a condition in which the eyes do not align properly and do not look in the same direction. It can occur all the time or intermittently, particularly when a person is tired. In newborn babies, occasional crossed eyes can be normal as it takes time for a baby to learn how to focus their eyes. However, if a newborn's eyes are persistently crossed or continue to cross after 4 months of age, it could be a sign of strabismus. Crossed eyes can be caused by issues with the muscles that control eye movement and may have a genetic component.

Weaker vision in one eye compared to the other, leading to double vision and depth perception issues

Lazy Eye . Which means Lazy eye, or amblyopia, is a condition in which one eye has weaker vision than the other. It can result in symptoms such as double vision and difficulty with depth perception. Lazy eye is commonly caused by crossed eyes, where each eye sends different images to the brain, leading to confusion. The brain may ignore the signals from the weaker eye over time, causing it to become weaker. Another cause of lazy eye is when one eye focuses better than the other. Typically, one eye is farsighted, making it difficult to focus on close objects, while the other is not, leading to similar confusion for the brain. Lazy eye can also be caused by other eye conditions like cataracts, although this is less common in children. Treatment for both conditions usually involves wearing glasses. Further treatment depends on the specific condition and its cause and may include eye patches, eye drops, or surgery in some cases. Regular follow-up with an eye

doctor is important as these conditions can sometimes recur.

Dark or floating spots (floaters), such as a spiderweb, large spots, or many small black spots,  
flashes of light (especially at night), vision loss, seeing only shapes

Detached Retina. Which means A detached retina is a serious eye condition that can result in vision changes, vision loss, and even blindness. The retina, located at the back of the eye, sends nerve signals to the brain to process visual information. When the retina develops a tear or hole, it can begin to peel away from the back of the eye, leading to vision problems. While the exact cause of a detached retina is often unclear, factors such as older age, eye injuries, and nearsightedness can increase the risk. Symptoms of a detached retina include seeing dark spots or floaters (like a spiderweb, large spots, or small black spots), flashes of light (particularly in the dark), vision loss, and the ability to perceive only shapes. It is crucial to seek immediate medical attention if you experience sudden vision loss or notice any of these symptoms, as untreated detached retinas can lead to permanent vision impairment or blindness. Doctors can diagnose a detached retina through an eye exam and a dilated eye exam conducted by an eye specialist. Once diagnosed, treatment options include injecting a gas bubble into the eye to reposition the detached retina or performing surgery to reattach and secure the retina in place. The choice of treatment depends on the specific case and its severity. Early treatment is essential to prevent further deterioration of vision and potential blindness.

Input	Output
Blurry vision, Dark or floating spots, Trouble seeing things at the center of focus, Trouble telling colors apart	<p>Diabetic Retinopathy. Which means Diabetic retinopathy is an eye problem that can result in vision loss and even blindness, primarily affecting people with diabetes who do not adequately control their blood sugar levels. In its early stages, diabetic retinopathy often exhibits no symptoms, making early detection crucial for effective treatment. When symptoms do arise, they can include blurry vision, the presence of dark or floating spots in the visual field, difficulty seeing objects in the center of focus (such as when reading or driving), and challenges distinguishing between colors.</p> <p>To diagnose diabetic retinopathy, two main tests are commonly used: the dilated eye exam, in which the eye doctor administers eye drops to facilitate the examination of the retina, and digital retinal imaging, where specialized photographs of the eye are taken and reviewed by an eye doctor. Regular eye check-ups are essential for individuals with diabetes, with the recommended frequency depending on the type of diabetes. For those with type 1 diabetes, eye exams should commence 3 to 5 years after diagnosis, while individuals with type 2 diabetes should undergo their initial examination shortly after diagnosis. If any vision loss or dark spots in vision are noticed, it is imperative to consult an eye doctor promptly. Managing blood sugar and blood pressure within target ranges is key to preventing the progression of diabetic retinopathy. Treatment options may include photocoagulation (laser surgery to seal or destroy abnormal blood vessels in the retina), medications injected into the vitreous humor, and vitrectomy (surgery to remove blood from the vitreous humor) in severe cases. Maintaining cholesterol levels within the normal range can also be important in prevention.</p>
Feel dry or burn, Look red, Being bothered by light, Feeling like something is in your eyes, Blurry vision, Watery eyes, Discomfort wearing contact lenses	<p>Dry Eye (Keratoconjunctivitis Sicca). Which means Dry eye, medically known as "keratoconjunctivitis sicca," occurs when the eyes do not produce enough tears or when the produced tears evaporate too quickly. This condition leads to dryness and irritation of the eyes.</p> <p>While dry eye is common, especially among older adults, it can also be associated with certain underlying diseases such as Sj?ren's disease, diabetes, or Parkinson's disease, and can be exacerbated by specific medications. Symptoms of dry eye can vary among individuals but typically include dry or burning sensations in the eyes, redness, light sensitivity, a sensation of foreign objects in the eyes, blurry vision, excessive tearing, and discomfort while wearing contact lenses.</p> <p>Some people may experience worsened symptoms in cold or windy conditions or in dry environments. If symptoms persist, individuals should consult a doctor or nurse. Dry eye can usually be diagnosed based on symptoms and a physical examination, and specialized tests are often not necessary. The main treatment for dry eye is the use of "artificial tears," available in various forms (liquids, gels, or ointments) without a prescription. These help alleviate the symptoms but do not cure the condition and need to be used regularly. Additional measures to improve symptoms include frequent blinking, avoiding excessive air conditioning or heating, using a humidifier, avoiding smoke exposure, and wearing protective eyewear outdoors. If dry eye symptoms persist despite these measures, an eye doctor (ophthalmologist) may recommend prescription eye drops or ointments, specialized eyewear, oral medications, or surgery as alternative treatments.</p>
At first, open-angle glaucoma does not usually cause symptoms. When it does cause vision loss, it starts by affecting the edges of what you see, resulting in "tunnel vision."	Open-Angle Glaucoma. Which means Open-angle glaucoma is a type of glaucoma that damages

	<p>the optic nerve in the eye, leading to vision loss and potential blindness. In the early stages, open-angle glaucoma typically does not cause noticeable symptoms. However, as the disease progresses, it primarily affects peripheral vision, resulting in a condition often referred to as "tunnel vision." In advanced stages, central vision can also be affected. Regular eye examinations are crucial in detecting open-angle glaucoma, especially for individuals aged 40 and older, as early diagnosis and treatment can prevent or slow down vision loss. Diagnostic tests include examining the eye for signs of nerve damage, assessing central and peripheral vision, and measuring the pressure inside the eye. Treatment for open-angle glaucoma focuses on reducing intraocular pressure and may involve the use of eye drop medications (prostaglandins and beta blockers), laser therapy to improve fluid drainage, or surgery to create better drainage pathways. The choice of treatment is typically determined by a healthcare provider based on individual patient considerations, such as adherence to eye drops or personal preferences. Regular follow-up appointments with an eye doctor are essential to monitor treatment effectiveness and make adjustments if necessary.</p>
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<p>Vision loss, Eye pain, Seeing flashes or flickers of light, Having trouble seeing colors</p>	<p>Optic Neuritis. Which means Optic neuritis is a condition characterized by inflammation of the optic nerve, resulting in various symptoms, including vision loss, eye pain, and less commonly, seeing flashes or flickers of light, and difficulty perceiving colors. It can affect one or both eyes, and vision may worsen over hours to days before gradually improving over several weeks. Optic neuritis can be associated with multiple sclerosis (MS) but can also occur independently or be triggered by other factors such as infections or autoimmune diseases. It is essential to consult a doctor or nurse promptly if vision loss occurs. Diagnostic tests include eye examinations, MRI of the brain to assess changes in the optic nerve and brain, and blood tests to check for signs of MS or related conditions. Treatment for optic neuritis typically involves steroids administered via intravenous (IV) therapy to accelerate recovery, particularly in severe cases. In individuals with a high risk of developing MS based on MRI results, medications like interferon beta-1a, interferon beta-1b, or glatiramer acetate may be prescribed to manage or prevent MS. Most people experience improvement in their vision within a few weeks to a year, although some may have long-term vision loss or blindness. Additionally, approximately one-third of individuals with optic neuritis may experience recurrent episodes. The likelihood of developing MS following optic neuritis is influenced by MRI findings, with normal results indicating a lower risk and significant changes suggesting a higher risk of MS development.</p>
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<p>Eye pain, Red, watery eyes, Being very uncomfortable around bright lights, Not being able to open the eyes, Feeling like there is sand in the eyes, Red, swollen face</p>	<p>Photokeratitis. Which means Photokeratitis, also known as "arc eye" or "snow blindness," is an eye condition caused by exposure to ultraviolet (UV) light. Symptoms typically occur 6 to 12 hours after UV light exposure and may include eye pain, red, watery eyes, discomfort around bright lights, difficulty opening the eyes, a sensation of having sand in the eyes, and facial redness. While there is no specific test for photokeratitis, doctors can diagnose it based on symptoms and a physical examination. Treatment usually involves managing symptoms and promoting healing, which can take 1 to 3 days. This condition is painful, and pain control measures, including pain-relieving medications and antibiotic eye ointment to prevent infection, may be recommended. Preventative measures include wearing well-fitting sunglasses that block UVA and UVB rays when outdoors. Individuals working with UV light sources, such as welding, should use safety goggles designed to block UV light, as regular sunglasses or contact lenses may not provide sufficient protection. Photokeratitis typically resolves without long-term complications, but prompt medical evaluation is</p>
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essential for proper management and to ensure the eyes are healing correctly.

A white or pink growth that partly covers the eye, Eye redness, Eye discomfort, Blurry vision	<p>Pterygium. Which means Pterygium is an abnormal growth on the eye, typically taking on a triangle-shaped appearance and extending from the corner of the eye towards the center. The growth may vary in thickness and color, appearing as thin and white or thicker with shades of pink or red. While the exact cause of pterygium is unknown, it is sometimes referred to as "surfer's eye" because individuals exposed to sun, wind, and sand are at a higher risk of developing it. However, it is important to note that most people with pterygium are not surfers. Common symptoms of pterygium include a white or pink growth partially covering the eye, eye redness, eye discomfort, and blurry vision. Pterygium can affect one or both eyes. In some cases, individuals may only notice the growth when it starts to cover the iris (the colored part of the eye). If you experience blurry vision, other vision problems, or notice a growth on your eye, it is advisable to see a doctor or nurse. Diagnosis is usually made through a physical examination and discussion of symptoms with your healthcare provider. Treatment options include using over-the-counter artificial tears or prescription eye drops, gels, or ointments to manage redness and irritation. In severe cases where pterygium causes significant vision problems, discomfort, or eye movement impairment, surgery may be recommended. Surgery involves removing the pterygium, although it is important to note that it can recur after the procedure. Preventative measures include protecting the eyes from sun exposure, such as wearing a hat and well-fitting sunglasses that block both UVA and UVB rays.</p>
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Night blindness, Loss of peripheral vision, Loss of sharp, clear vision	<p>Retinitis Pigmentosa. Which means Retinitis pigmentosa (RP) is a group of eye disorders that lead to vision loss, primarily affecting the retina, the back of the eye responsible for light perception. RP is typically hereditary, with multiple genetic variants contributing to its development. It can manifest differently among individuals, with various types of RP identified. Some people with RP may have additional health issues, but RP can occur as the sole condition as well. RP primarily impacts peripheral vision, and by the age of 40, most individuals with RP experience significant peripheral vision loss, although they often retain some central vision and the ability to distinguish light from darkness. Total vision loss is rare in RP cases. RP symptoms may emerge in childhood or go unnoticed until later in life. Common RP symptoms include night blindness, difficulty seeing in low-light conditions, delayed adjustment to dim lighting, and a gradual loss of peripheral vision. Diagnosis is typically made through eye examinations, and if RP is suspected, genetic testing and additional evaluations like dark adaptometry, electroretinography (ERG), and blood tests may be performed. These tests help assess the extent of retinal damage and genetic mutations associated with RP. Treatment options for RP are limited. Some rare forms may be treated with diet adjustments or specific vitamins, while others may benefit from consuming foods rich in omega-3 fatty acids. Gene therapy, a novel approach, can replace damaged RP-causing genes in select cases. RP-related complications such as macular swelling and cataracts can be addressed with medications or surgical interventions, respectively. These treatments, however, do not slow down the progression of peripheral vision loss associated with RP. Clinical trials may offer opportunities for individuals interested in exploring new RP treatments, and consulting with a healthcare provider can provide information about available options.</p>
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No specific symptoms (typically asymptomatic in infants)	<p>Retinopathy of Prematurity . Which means Retinopathy of prematurity (ROP), often referred to as ROP, is an eye condition that primarily affects premature infants. ROP is characterized by the abnormal growth of blood vessels inside the eye, particularly in the retina, which is the light-sensitive tissue located at the back of the eye. The condition can lead to damage of the retina,</p>
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potentially causing vision problems and, in severe cases, blindness. Symptoms of ROP are generally not apparent, and infants with ROP do not typically display specific signs or discomfort. Instead, ROP is diagnosed through routine eye examinations performed on premature babies. These exams involve dilating the pupils and, in some cases, taking pictures of the baby's eyes, which are then assessed by an eye specialist to identify any signs of ROP. The timing of the first eye exam may vary, but it is usually conducted when the baby is 4 to 8 weeks old. Subsequent exams are scheduled at regular intervals to monitor the progression of ROP. While ROP may improve as the infant continues to grow, severe cases may require treatment. Treatment options for severe ROP include laser photocoagulation, which uses a laser to seal or destroy abnormal blood vessels, and anti-VEGF injections, involving the use of specialized medications to inhibit the growth of extra blood vessels. The choice of treatment is determined by the infant's condition and the severity of ROP. In some instances, ROP may lead to retinal detachment, a complication where the retina is pulled out of its normal position in the eye. Surgical procedures may be attempted to reposition the retina, but the extent of damage can impact visual outcomes. Currently, there is no known prevention method for ROP. However, providing premature infants with breast milk is recommended, as it may offer some protection against the condition. Regular attendance of scheduled eye exams is crucial to ensure early detection and timely intervention if ROP is present.

Painful lump on the eyelid, redness, swelling, tearing, eyelid pain	<p>Stye . Which means A stye, also known as a "hordeolum," is a painful and red lump that develops on the edge of the eyelid. It occurs when a small gland on the eyelid becomes infected or inflamed. Styes can appear on either the upper or lower eyelids. Although most styes resolve on their own within a few days to a week, they can be uncomfortable. It is essential not to confuse a stye with another eyelid condition called a "chalazion." While both conditions result in a lump on the eyelid, a stye is caused by an infection, making it painful. Conversely, a chalazion is painless and tends to persist longer than a stye. Stye symptoms include a painful lump at the eyelid's edge, which may appear red, swollen, or resembling a pimple. Styes usually develop over several days and may be accompanied by additional symptoms like tearing, eyelid pain, and swelling. Diagnosis of a stye does not require specific tests but can be determined through a physical examination by a healthcare provider. Self-care measures can help alleviate stye symptoms and facilitate recovery. These measures include applying warm, wet compresses to the affected area for approximately 15 minutes, four times a day, and gently massaging the eyelid. It is essential not to attempt squeezing or popping the stye, as this can worsen the condition. Additionally, the use of eye makeup and contact lenses should be avoided until the stye has resolved. If the stye does not improve or leads to complications, medical treatment may be necessary. A healthcare provider may prescribe eye creams or ointments, antibiotics, or perform a procedure to drain the stye. Prevention of styes involves practicing good hygiene, such as frequent handwashing, especially before touching the eyes or handling contact lenses. Proper care of eye makeup, including removing it nightly and discarding old products, can also reduce the risk of styes. If a stye does not improve with warm compresses and self-care, or if it becomes large, bleeds, affects vision, or causes extensive redness or swelling spreading to the face, a healthcare provider should be contacted for guidance.</p>
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Red spot on the white part of the eye	<p>Subconjunctival Hemorrhage. Which means Subconjunctival hemorrhage, also known as a "broken blood vessel on the surface of the eye," occurs when blood vessels on the eye's clear protective layer, called the conjunctiva, break and result in bleeding. This condition can be triggered by activities such as coughing, sneezing, vomiting, or straining, which exert increased pressure on blood vessels. Subconjunctival hemorrhage can also be caused by eye injuries, such as scratching</p>
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or poking the eye. In some cases, it may develop without an apparent cause. Individuals with underlying conditions like diabetes, high blood pressure, or certain bleeding disorders are more susceptible to subconjunctival hemorrhage. The primary symptom of this condition is a visible red spot on the white part of the eye, typically with no other accompanying symptoms. Most cases of subconjunctival hemorrhage resolve on their own within one to two weeks, and the absorbed blood may change in color during the healing process, often turning yellow. It is essential to differentiate subconjunctival hemorrhage from other eye problems and consult a healthcare provider when necessary. If the condition persists beyond two weeks, if it is associated with an injury or other symptoms such as pain or vision problems, medical attention should be sought. Recurrent subconjunctival hemorrhages may warrant further evaluation, including a medical examination and tests to assess for underlying health issues.

Pain that lasts for a short period of time, can be mild, moderate, or severe

Acute Pain. Which means Acute pain is different from chronic pain and is typically related to injuries, surgeries, or medical procedures. The goal of treatment is to manage the pain, and various methods can be employed, including non-medicine techniques, non-opioid pain medicine, local anesthetics, and opioids. Opioids are prescribed at the lowest effective dose for the shortest possible duration due to their potential risks. The use of opioids, their side effects, and how to manage them are discussed. It is essential to follow treatment plans carefully, avoid alcohol while taking opioids, and not engage in risky activities while on opioid medication. Proper storage and disposal of opioids are crucial. Call for medical assistance in case of opioid overdose or bothersome side effects. If suddenly stopping opioid use after taking them regularly, withdrawal symptoms may occur. It's recommended to consult with a healthcare provider for pain management and medication questions.

Weak arm or leg muscles, difficulty speaking or swallowing, slow, stiff, or awkward movements, muscle twitches and spasms, difficulty with fine motor skills (e.g., using buttons or zippers, handling small objects, writing), walking and balance problems, tripping or falling, trouble moving the mouth and tongue, drooling, difficulty closing the eyes, weak neck muscles, breathing difficulties, mood changes, involuntary laughing, crying, or yawning, cognitive problems like language difficulties and word-finding issues.

Amyotrophic lateral sclerosis (ALS). Which means Amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's disease, is a condition that damages the nerves controlling muscles. This leads to muscle weakness, eventually causing paralysis and, in most cases, death. While there's no cure for ALS, treatments can alleviate symptoms and potentially slow the disease's progression. Some cases of ALS are genetically linked. Symptoms start with muscle weakness, typically in one limb, and progressively spread. Patients may also experience difficulty speaking, swallowing, and a range of other motor and cognitive challenges. Knowing what to expect can help individuals with ALS plan for their future.

Seizures, symptoms of a stroke (uneven face, arm weakness or numbness, speech difficulties, sudden severe headache), headaches.

Arteriovenous malformations (AVMs). Which means Arteriovenous malformations, or AVMs, are clusters of abnormal blood vessels, particularly in the brain. AVMs in the brain are rare and usually develop before birth. While many AVMs remain asymptomatic, some may lead to severe symptoms or complications. Symptoms can include seizures, stroke-like symptoms, and headaches. AVMs can potentially result in brain injury and even death if they cause bleeding into the brain.

Headaches (worsening at night, triggered by bending or position changes), seizures, memory

problems, difficulty thinking clearly, weakness or numbness in arms or legs, vision changes (double vision or vision loss), problems with communication (trouble finding the right words, personality changes).	Astrocytoma. Which means An astrocytoma is a type of brain tumor that originates from astrocytes, a specific type of brain cell. Astrocytomas can vary in growth rate, with some being slow-growing and others more aggressive. Slow-growing astrocytomas can transform into faster-growing forms, which are considered a type of brain cancer. As astrocytomas grow, they can infiltrate healthy brain tissue, leading to symptoms like headaches, seizures, memory issues, weakness, vision changes, and difficulties in communication and personality.
Atherosclerosis can affect arteries all over the body, leading to various conditions. These include Carotid artery disease (can lead to stroke), Coronary artery disease or coronary heart disease (can cause chest pain and lead to heart attack), Renal artery stenosis (can cause high blood pressure or lead to kidney disease), and Peripheral artery disease (can cause pain, tingling, or numbness in the legs when walking).	Atherosclerosis. Which means Atherosclerosis is a condition where fatty deposits called "plaques" build up inside the body's arteries. It is a leading cause of heart attacks and strokes. Plaques can restrict blood flow, causing symptoms in affected areas, or they can rupture, leading to blood clots that block blood supply to tissues, causing heart attacks or strokes. Various risk factors, such as high cholesterol, high blood pressure, diabetes, smoking, unhealthy diet, obesity, and family history, increase the likelihood of developing atherosclerosis.
Fever, Headache, Stiff neck, Nausea or vomiting, Confusion or altered mental state, Light sensitivity, Skin rash, Seizures, Sleepiness or fussiness in babies, Poor feeding in babies, Bulging soft spot in babies	Bacterial meningitis. Which means Bacterial meningitis is a condition characterized by inflammation or infection of the meninges, which cover the brain and spinal cord. It is caused by bacteria and is a medical emergency, as it can lead to severe symptoms, including fever, headache, stiff neck, nausea, vomiting, confusion, light sensitivity, skin rash, seizures, and other symptoms. In babies, it can present with sleepiness, fussiness, poor feeding, and a bulging soft spot on the skull. Prompt treatment is crucial to prevent complications and potential fatalities.
Small aneurysms: Typically asymptomatic. Large aneurysms: Bad headache, Facial pain, Blurry or double vision. Ruptured aneurysms: Sudden, severe headache, Stiff neck, Nausea and vomiting, Loss of consciousness, Seizures, Light sensitivity	Brain aneurysm. Which means A brain aneurysm is a bulge or "ballooning" in the wall of a blood vessel in the brain. Small aneurysms often show no symptoms and are usually discovered during brain imaging tests. However, large aneurysms can cause symptoms such as a bad headache, facial pain, blurry or double vision. When a brain aneurysm bursts, it leads to a sudden, severe headache, stiff neck, nausea, vomiting, loss of consciousness, seizures, and light sensitivity. A ruptured brain aneurysm is a medical emergency and can result in a life-threatening hemorrhagic stroke, known as a subarachnoid hemorrhage. Immediate medical attention is crucial in such cases.
Seizure, Trouble speaking or understanding, Staring off into space, Loss of arm or leg control, Loss of consciousness, Stiffening and jerking movements of arms or legs, Muscle control loss throughout the body, Headache, Nausea, Vomiting, Vision changes, Memory problems, Trouble thinking clearly, Weakness or numbness in arms or legs, Personality changes	Brain cancer. Which means Brain cancer occurs when normal brain cells transform into abnormal cells and grow uncontrollably. It encompasses various types, some of which grow slowly, while others progress rapidly. As brain cancer advances, it can infiltrate healthy brain tissue, causing

swelling and a range of symptoms. These symptoms often begin with a seizure, characterized by sudden issues in speech or comprehension, staring into space, loss of arm or leg control, loss of consciousness, stiffening, and jerking movements. Additional symptoms may include headaches with nausea or vomiting, vision changes, memory problems, thinking difficulties, weakness or numbness in the arms or legs, and personality changes. While these symptoms can indicate brain cancer, they can also result from other conditions, necessitating medical evaluation.

Headache, Nausea, Vomiting, Trouble moving one side of the body, Memory problems, Thinking problems, Mood changes, Personality changes, Seizures, Abnormal behavior

Brain metastases. Which means Brain metastases are cancerous tumors in the brain that originate from cancer cells in other parts of the body. Common cancer types that spread to the brain include lung, breast, kidney, colorectal, and skin (melanoma) cancers. These metastases present with symptoms such as headaches that worsen when bending over, coughing, or sneezing, often accompanied by nausea and vomiting. Other symptoms include difficulty moving one side of the body, memory and thinking issues, mood changes, personality changes, seizures, and abnormal behavior. While these symptoms can indicate brain metastases, they can also result from other conditions, necessitating medical evaluation.

Fatty deposits called plaque build up inside the carotid arteries, leading to narrowing of these blood vessels. These arteries supply blood to the brain. This condition can increase the risk of stroke.

Carotid Artery Disease. Which means Carotid artery disease occurs when plaque accumulates in the carotid arteries, the major blood vessels in the neck responsible for carrying blood to the brain. Plaque buildup can narrow these arteries, increasing the risk of a stroke. One treatment for carotid artery disease is carotid endarterectomy, a surgical procedure to remove the plaque from the carotid arteries. The procedure is typically performed in individuals who have recently experienced a transient ischemic attack (TIA) or a stroke. Carotid endarterectomy is an open surgery, where an incision is made in the skin to directly access and clean the arteries. Preparation for the procedure involves various tests, including ultrasound, electrocardiogram (ECG), and exercise stress tests, along with a health history assessment. It is important to discuss any medications, allergies, bleeding problems, or prior neck surgeries with the doctor. Patients may need to fast before the surgery and receive instructions on infection prevention, hair trimming, and the use of blood clot prevention medications. During the procedure, patients receive anesthesia to ensure they don't feel pain, and the surgeon removes the plaque from the carotid arteries. In some cases, an artificial graft or a part of another blood vessel may be used to prevent artery narrowing during healing. The surgeon checks for bleeding, places a flexible tube or drain in the neck, and closes the incisions. Afterward, the patient is closely monitored in a recovery room, with most individuals staying in the hospital for at least a day. Post-surgery recovery may involve grogginess, nausea, and vomiting, especially for those who received general anesthesia. Pain management and dietary restrictions are also part of the recovery process. The risks associated with carotid endarterectomy include stroke, heart attack, bleeding, blood clots, infection, hyperperfusion syndrome (excessive blood flow to the brain), nerve injury, and artery reblockage.

Input	Output
Strokes, TIAs (Transient Ischemic Attacks)	Carotid Artery Disease. Which means Carotid Artery Disease is a condition where fatty deposits called plaque build up inside the carotid arteries, increasing the risk of strokes and TIAs. Strokes occur when blood clots form inside the narrowed arteries, potentially leading to serious problems, such as paralysis or difficulty speaking and understanding speech. TIAs are similar to strokes but are of shorter duration and do not cause permanent brain damage. However, they indicate a high risk of experiencing a full-blown stroke.
Pain, numbness, and sometimes weakness in the fingers and hands. Symptoms are typically worst at night and can affect both hands. In some cases, the muscles of the hand, thumb, or fingers can be weak or feel clumsy. Pain and tingling can extend to the whole hand or even up to the wrist and forearm.	Carpal Tunnel Syndrome. Which means Carpal Tunnel Syndrome is a condition where the median nerve in the wrist gets pinched or squeezed, leading to pain, numbness, and weakness in the fingers and hands. The median nerve carries signals about sensation from the hand to the brain and helps control hand movements. Certain factors like tendon swelling, tissue hardening, repetitive or forceful hand movements, being overweight, and certain health conditions like diabetes and rheumatoid arthritis can increase the risk of carpal tunnel syndrome. Symptoms often worsen at night and can be triggered by various activities. In some cases, symptoms become chronic and impact hand mobility and grip.
Pain, numbness, or tingling in the lower back and spreading down 1 or both legs, leg weakness or "foot drop," problems with bowel or bladder control, problems with sex	Cauda Equina Syndrome. Which means Cauda Equina Syndrome is a condition where the nerves in the cauda equina, a bundle of nerves at the bottom of the spinal cord, get squeezed or damaged. The symptoms include lower back pain, leg pain, weakness, difficulty holding up the foot, bowel and bladder control problems, and sexual dysfunction. It can be caused by various factors such as herniated discs, infection, inflammation, cancer, or spinal stenosis. Cauda equina syndrome is a medical emergency, and if you experience these symptoms, you should seek immediate medical attention.
Weakness and decreased sensation in the lower part of legs, foot problems (e.g., high arches, hammertoes), lower legs with a distinct shape, numbness in the foot, abnormal spinal curves (scoliosis, kyphosis)	Charcot-Marie-Tooth Disease. Which means Charcot-Marie-Tooth Disease (CMT) is a group of nerve disorders affecting movement and sensation in the arms and legs. It's caused by various genetic problems and typically runs in families. CMT1, the most common form, leads to weakness in the lower legs and foot problems, while other types like CMT2 may have slightly different symptoms. If you or your child experience symptoms like weakness or loss of sensation in the legs or arms, it's important to consult a doctor or nurse, especially if there's a family history of CMT.
Persistent pain lasting longer than 3 to 6 months, various types of pain (aches, stabbing, shooting, tingling, numbness, dull, throbbing), difficulty in performing daily activities, potential depression and anxiety, sleep disturbances	Chronic Pain. Which means Chronic pain is characterized by long-lasting pain that extends beyond the healing of the initial injury or condition. It can have various forms and may hinder daily activities, potentially leading to depression, anxiety, and sleep issues. The exact cause of chronic pain is not always clear and can be related to ongoing medical problems, among other factors.

Deep unconsciousness, inability to wake up, inability to move, no response to pain, touch, or sound, occasional twitching or movement (not indicative of awareness)	Coma. Which means A coma is a state of profound unconsciousness in which a person appears asleep, cannot be awakened, and does not respond to stimuli. Various factors can cause a coma, including head injuries, strokes, tumors, chemical imbalances, poisoning, lack of oxygen, or infections.
Memory loss, confusion, headache, dizziness, trouble with balance, nausea, vomiting, feeling sleepy, acting cranky, irritable, or strange, trouble walking, talking, memory problems, problems paying attention, trouble sleeping, mood or behavior changes, vision changes, being bothered by things like noise or light	Concussion. Which means A "concussion" is a mild brain injury that can cause confusion, memory loss, headache, and various other symptoms. It can result from accidents or sports injuries, and it is crucial for affected individuals to stop physical activities until medically cleared.
Memory loss, confusion, headache, dizziness, trouble with balance, nausea or vomiting, trouble walking or talking, memory problems, problems paying attention, trouble sleeping, feeling very tired or sleepy, mood or behavior changes (e.g., acting cranky, irritable, or not like themselves), being bothered by things like noise or light	Concussion. Which means A "concussion" is a mild brain injury that can occur after a blow to the head or violent shaking of the head. Common causes include accidents, sports injuries, and combat-related injuries. Symptoms can include confusion, memory loss, headache, and various other physical and behavioral changes.
Dementia, muscle twitches or jerks (myoclonus), behavior changes, mood changes (e.g., depression), trouble walking or balance, changes in sleep patterns (sleeping much more or much less than usual)	Creutzfeldt-Jakob disease (CJD). Which means Creutzfeldt-Jakob disease (CJD) is a rare brain disorder causing muscle twitching, dementia, and other symptoms. It progresses quickly and often leads to death within months. CJD has different types, with sporadic CJD being most common. Variant CJD can occur after eating infected beef. It is not transmitted through sneezing, coughing, touch, or sex.
Forgetfulness, Acting confused or disoriented, Trouble with speech and writing (e.g., difficulty finding the right words), Trouble concentrating and reasoning, Problems with tasks (e.g., paying bills or balancing a checkbook), Getting lost in familiar places, Episodes of anger or aggression, Seeing things that aren't there or believing things that aren't true, Being unable to eat, bathe, dress, or perform everyday tasks, Loss of bladder and bowel control	Dementia (including Alzheimer disease). Which means Dementia is a general term for a group of brain disorders that cause memory problems and difficulties in clear thinking. Symptoms start mildly and progress slowly. Different types of dementia exist, including Alzheimer's disease, vascular dementia, Parkinson's disease dementia, Lewy body dementia, and other causes. Consult a doctor or nurse if you suspect dementia as it could be due to treatable medical conditions.
Problems making decisions, thinking clearly, or paying attention (e.g., problems driving, issues at work, memory problems, shorter attention span, problems with daily activities), Hallucinations (seeing things that are not really there), Being sleepy, staring at things, or acting strangely, Movement problems (stiffness, slow movements, trouble walking, trembling), Acting out dreams while sleeping, Losing balance or falling down, Episodes of fainting or losing consciousness, Leaking urine, Believing things that are not true, Depression	Dementia with Lewy bodies (DLB). Which means Dementia with Lewy bodies (DLB), also known as Lewy body dementia, is a type of dementia characterized by memory problems and difficulties with

clear thinking and decision-making. It includes various symptoms such as problems making decisions and thinking clearly, hallucinations (seeing things that aren't there), episodes of sleepiness, staring, or strange behavior, movement problems similar to Parkinson's disease, acting out dreams during sleep, loss of balance or falls, episodes of fainting or unconsciousness, urinary incontinence, false beliefs, and depression. The cause of DLB is unknown, but it is associated with the presence of protein buildups called "Lewy bodies" in the brain, which are also found in Parkinson's disease. DLB typically leads to more widespread Lewy bodies in the brain compared to Parkinson's disease. It is essential to consult a doctor or nurse if you or someone you know is exhibiting signs of DLB to rule out other treatable conditions that may cause similar symptoms.

Muscle weakness, Skin rashes (itchy, scaly, red), Worsening of rashes in sunlight, Rashes on fingers (including backs of finger joints and around fingernails), Rashes on elbows and knees, Rashes on upper eyelids, neck, upper chest, or upper back, Rashes on the scalp, Interstitial lung disease (in about 1 in 10 people with DM)

Dermatomyositis. Which means Dermatomyositis (DM) is a condition that results in muscle weakness and skin rashes. It causes bilateral muscle weakness in areas close to the body's core, such as the neck, shoulders, hips, and thighs. Muscle weakness typically develops gradually over time. DM also leads to various skin rashes that are often itchy, sometimes scaly, and can be aggravated by sunlight. These rashes can occur on different parts of the body, including the fingers, elbows, knees, upper eyelids, neck, upper chest, upper back, and scalp. Additionally, approximately 1 in 10 individuals with DM develop "interstitial lung disease," characterized by lung inflammation and, sometimes, scarring. This lung condition impairs oxygen exchange, making it difficult to breathe. DM can affect both adults and children.

Difficulty forming clear speech, Slurred speech, Sounding like being drunk, Speaking very softly or in a whisper, Speaking too quickly or too slowly, Mumbling, Sounding hoarse, nasal, or breathy

Dysarthria. Which means Dysarthria is a medical condition characterized by difficulties in articulating clear speech. It is distinct from aphasia, which involves language comprehension and word-finding issues. People with dysarthria may exhibit symptoms like slurred speech, sounding intoxicated, speaking quietly or quickly, mumbling, and having a hoarse or nasal voice. Dysarthria may also be associated with problems like drooling, difficulty controlling saliva, and facial drooping on one side.

Inflammation of the brain, Fever, Headache, Confusion or cognitive difficulties, Difficulty swallowing or speaking, Disorganized speech, Clumsiness or impaired coordination, Difficulty walking, Weakness in one side of the body, Seizures (abnormal brain activity leading to loss of consciousness or abnormal behavior)

Encephalitis. Which means Encephalitis is a rare condition primarily triggered by viral infections and results in inflammation of the brain. Symptoms of encephalitis encompass fever, headache, confusion, speech and swallowing difficulties, disorganized speech, impaired coordination and walking, one-sided weakness, and seizures.

Repeated seizures, Convulsions, Passing out, Abnormal behavior or movements, Stiffness, Jerking movements, Shaking in arm or face, Momentary unresponsiveness, Aura (certain feeling or smell before a seizure)

Epilepsy. Which means Epilepsy is a condition characterized by recurrent seizures, which result from abnormal electrical activity in the brain. Seizures can manifest in various forms, including tonic-clonic or grand mal seizures, which involve sudden loss of consciousness, stiffness, and jerking movements. Other seizures may cause less dramatic symptoms, such as shaking in one arm or part of the face or momentary unresponsiveness. Some individuals with epilepsy experience

an "aura," a specific feeling or smell that precedes a seizure. Epilepsy can develop at any age.

Pass out, Jerking movements of arms, legs, or face, Confusion or sleepiness after a seizure, Less common: Febrile seizures lasting over 15 minutes, Short-term weakness in arm or leg

Febrile seizures. Which means Febrile seizures are a type of seizure in children between the ages of 6 months and 5 years, usually triggered by a fever. The main symptoms of febrile seizures include the child passing out, experiencing jerking movements in their arms, legs, or face, and post-seizure confusion or sleepiness. Although less common, some febrile seizures can last over 15 minutes and may result in short-term weakness in an arm or leg. Febrile seizures are often hereditary.

Problems with arms and legs, Stumbling or unsteady walk, Difficulty feeling feet placement, Twitching or shaking legs, Eye problems, Nystagmus (eye movements), Hearing loss, Swallowing difficulties, Slurred speech, Loss of bladder control, Foot problems (high arches, bent toes), Scoliosis, Hypertrophic cardiomyopathy, Heart rhythm problems, Type 1 diabetes

Friedreich ataxia. Which means Friedreich ataxia is a rare genetic disease that affects the brain, spinal cord, and nerves, leading to movement problems. It is characterized by symptoms that include difficulties with arm and leg movement, unsteady gait, loss of sensation in the feet, leg twitching, eye problems such as nystagmus, hearing loss, swallowing issues, slurred speech, loss of bladder control, foot abnormalities like high arches and bent toes, scoliosis (a sideways curvature of the spine), hypertrophic cardiomyopathy (enlarged heart muscles that impair blood pumping), heart rhythm irregularities, and, in some cases, the development of type 1 diabetes. Friedreich ataxia is a progressive and severe condition that typically runs in families and results from an abnormal gene.

Headaches, Seizures, Memory or thinking problems, Muscle weakness, Vision changes (double vision or vision loss), Language problems, Personality changes

Glioblastoma. Which means Glioblastoma, also known as "glioblastoma multiforme" or "GBM," is a fast-growing type of brain cancer that originates from glial cells in the brain. Common symptoms include headaches, seizures, memory or cognitive problems, muscle weakness, vision changes, language problems, and personality changes. The exact cause of glioblastoma is often unknown, but prior radiation treatment can increase the risk. Diagnostic tests like MRI or CT scans are performed to detect glioblastoma. Treatment typically involves surgery to remove the tumor, followed by radiation therapy, chemotherapy, and, in some cases, the use of a device called "Optune" that emits low-strength electric fields around the tumor. Regular checkups are essential after treatment to monitor the condition's recurrence. Glioblastoma often recurs, requiring additional treatment or palliative care. Clinical trials are an option for some patients. Support from healthcare providers, family, and friends is crucial during this challenging journey.

Muscle weakness (mild or severe, typically starting in the legs and spreading to the arms and face), Paralysis, Tingling or numbness in the hands or feet, Pain (especially in the back, legs, or arms), Problems with eye movement, Loss of coordination in the arms and legs

Guillain-Barré syndrome. Which means Guillain-Barré syndrome (GBS) is a condition that can cause muscle weakness, with various types, including the most common one known as "acute inflammatory demyelinating polyneuropathy" (AIDP). It affects both children and adults and is often triggered by bacterial or viral infections. GBS leads to muscle weakness that can range from mild difficulties in walking to complete paralysis, including muscle weakness in the respiratory muscles. Additional symptoms can include tingling or numbness in the hands or feet, pain (particularly in the back, legs, or arms), problems with eye movement, and loss of coordination in the arms and legs. Diagnostic tests involve a lumbar puncture, nerve conduction studies, electromyography (EMG),



and blood tests. Treatment comprises managing GBS-related problems, with patients often requiring hospitalization for monitoring and support. Breathing problems may necessitate a breathing tube, and pain can be managed with medications. Specific treatments for GBS itself include intravenous immune globulin (IVIG) and plasma exchange (plasmapheresis). The duration of GBS varies but typically lasts a few weeks, with symptoms gradually improving over weeks to months. While most people recover without long-term muscle weakness, some may experience persistent weakness that lasts for years.

Pain, stiffness, and swelling in finger joints; Morning stiffness (in rheumatoid arthritis); Trigger finger, finger or palm pain; Painful lump due to cysts; Stiffness, inability to straighten fingers (Dupuytren's contracture); Pain and swelling near the fingernail joint (Mallet finger); Pain, numbness, and tingling in specific hand fingers, and arm pain (Carpal tunnel syndrome)

Hand pain. Which means Hand pain can result from various conditions, including osteoarthritis, rheumatoid arthritis, trigger finger, cysts, Dupuytren's contracture, Mallet finger, and carpal tunnel syndrome. These conditions cause different symptoms and discomfort in the hand, including pain, stiffness, swelling, and functional limitations. Self-help methods include rest, heat application, gentle exercises, and over-the-counter pain and swelling medication. However, a doctor or nurse should be consulted if symptoms persist, worsen, or involve hand weakness or loss of hand function.

Input	Output
Seizures, Bruising around the eyes or behind the ear, Blood or clear fluid draining from the nose or ear	Head injury. Which means Head injuries in adults can result from various causes, including falls, sports injuries, car and bike accidents, and being hit in the head with something. The severity of symptoms depends on the type and seriousness of the head injury. Symptoms may include headache, nausea, swelling, dizziness, confusion, vision problems, and more. Symptoms can appear immediately or with a delay, and some may persist for an extended period.
Tension headaches (pressure or tightness on both sides of the head), Migraine headaches (pounding or throbbing pain, often affecting one side of the head, may cause nausea, vomiting, sensitivity to light and sound), Cluster headaches (pain on one side of the head, frequently occurring, with symptoms on the same side of the face like droopy or watery eye, stuffy nose, facial sweating), Secondary headaches (related to other health problems such as infections, illnesses, or medicines)	Headaches in adults. Which means Headaches in adults can take various forms, including tension headaches, migraines, cluster headaches, and secondary headaches. Each type has distinct symptoms. You can try non-prescription pain medicines or rest in a cool, dark, quiet room to alleviate the pain. However, you should seek medical attention if your headache is sudden, severe, accompanied by certain symptoms like seizures, confusion, or weakness, or if you experience frequent, severe, new, or persistent headaches. Keeping a headache diary to track triggers like stress, diet, caffeine, and other factors can be helpful in managing your headaches.
Sudden onset of symptoms including balance issues (trouble standing or walking), vision problems (trouble with vision), uneven or drooping face, arm weakness or numbness (in one or both arms, with one arm drifting down when attempting to hold both arms out), speech difficulties (trouble speaking with strange speech), sudden, severe headache.	Hemorrhagic stroke. Which means A hemorrhagic stroke occurs when a blood vessel in or on the brain starts bleeding, leading to sudden symptoms such as balance problems, vision issues, facial drooping, arm weakness, speech difficulties, and a sudden, severe headache. Prompt medical attention is crucial, so if any of these symptoms are observed, it is essential to call for an ambulance and seek treatment as soon as possible.
Thinking and memory problems, with mild or severe manifestations. Common symptoms include trouble reading or focusing, difficulty with complex tasks, minor memory problems, slowed thinking, more severe symptoms like major memory problems, slow movements, unsteady walking, personality changes, and loss of interest in activities.	HIV-associated neurocognitive disorders. Which means HIV-associated neurocognitive disorders (HAND) refer to thinking and memory problems that can occur in individuals with HIV infection. It encompasses mild forms with subtle symptoms that may affect daily functioning, as well as the most severe form known as HIV-associated dementia, which results in significant cognitive impairment, emotional and movement issues. The widespread use of antiretroviral therapy has reduced the incidence of HIV-associated dementia.
uncontrolled movements (known as "chorea") affecting the face, trunk, arms, or legs, feelings of depression, anxiety, irritability, anger, paranoia, or apathy, difficulties in social interactions, hallucinations (seeing or believing in things that are not there), cognitive problems such as trouble thinking clearly and forgetfulness, and weight loss.	Huntington disease. Which means Huntington disease is a genetic disorder that leads to involuntary movements, emotional changes, and cognitive impairment. These symptoms usually

	<p>appear between the ages of 40 and 60, with some individuals showing signs earlier. The symptoms tend to worsen gradually over time, and individuals with Huntington disease are at risk of suicide, so it's important to seek medical advice for proper management.</p>
<p>severe headaches (often described as the worst pain behind the eyes), short episodes of vision loss in one or both eyes, dimming of vision, difficulty seeing objects at the edge of the visual field, double vision, seeing flashing lights, and experiencing internal head noises (resembling rushing water or wind, pulsating with the heartbeat). In some cases, it can lead to permanent vision loss.</p>	<p>Idiopathic intracranial hypertension. Which means Idiopathic intracranial hypertension is a condition characterized by increased pressure inside the skull, resulting in symptoms such as severe headaches, vision disturbances, and other visual and auditory symptoms. The exact cause is unknown, but it is more common in females and individuals with obesity. Certain medications, such as tetracycline, high doses of vitamin A, and growth hormone, may increase the risk of developing this condition.</p>
<p>Laryngeal dystonia, also known as "spasmodic dysphonia," affects the muscles controlling the vocal cords in the throat. It leads to speech problems, which can manifest in two main types: 1. Adductor type: Speech sounds halting, strained, and strangled. 2. Abductor type: Speech sounds breathy, like a whisper.</p>	<p>Laryngeal dystonia. Which means Laryngeal dystonia is a rare disorder that predominantly affects females and typically starts between the ages of 30 to 60. The exact cause is unknown, but it results from muscle spasms or freezing in the throat muscles. It may be associated with a brain-related movement issue. If you experience persistent speech problems, consult a doctor or nurse.</p>
<p>Fever, Headache, Stiff neck, Nausea or vomiting, Acting confused or being hard to wake up, Being bothered by light in the eyes, Small red-purple spots on the skin that don't go away when you press on them, A bulging soft spot on the skull, Acting more fussy or irritable than usual, Being more sleepy than usual, Not feeding well</p>	<p>Meningitis. Which means Meningitis is a condition that can cause fever, headache, and a stiff neck. It happens when the tissues surrounding the brain and spinal cord (called the "meninges") get infected. There are 2 main types of meningitis, bacterial and viral. Bacterial meningitis is a medical emergency and can lead to severe complications if not treated promptly. Viral meningitis is usually less serious. Newborn babies can exhibit additional symptoms. If you suspect your child has meningitis, seek immediate medical attention for diagnosis and treatment. Tests such as blood tests and lumbar puncture are used to determine the type of meningitis. Bacterial meningitis is treated with antibiotics, while viral meningitis does not require antibiotics. Meningitis can be transmitted from person to person, so preventive measures include vaccination and good hygiene practices.</p>
<p>Pain (burning or stinging), Tingling (pins and needles sensation), Numbness, Sensitivity to touch, Itching</p>	<p>Meralgia Paresthetica. Which means Meralgia paresthetica is a condition characterized by pain, tingling, and numbness in the outer thigh, resulting from the compression or squeezing of a nerve in that area. It can be caused by various factors, including pregnancy, wearing tight belts or waistbands, prolonged pressure on the thigh, injury, or post-surgery complications. The condition is more common in individuals with diabetes or obesity and older people. Typically, meralgia paresthetica is not a serious condition and often resolves on its own. Diagnosis is usually based on symptoms and a neurologic examination. In some cases, additional tests like MRI or nerve conduction studies may be conducted to rule out other causes. Treatment primarily involves</p>

managing symptoms and may include avoiding tight clothing, weight loss, and pain-relieving medications like acetaminophen or ibuprofen. If symptoms persist for an extended period, further treatment options such as local injections or surgery may be considered, although surgery is rarely needed.

Headache, Nausea, Sensitivity to light and noise, Aura

Migraines. Which means Migraines are a kind of headache that can also involve other symptoms.

They are more common in females than in males and often start mild and then get worse.

Symptoms include headache, nausea, sensitivity to light and noise, and sometimes an "aura" that affects vision or causes numbness and tingling.

Headache, Nausea, Sensitivity to light and noise, Aura, Fatigue, Irritability, Paleness, Shadows under the eyes, Vomiting, Belly pain, Sudden pallor, Less activity

Migraines. Which means Migraines are a kind of headache that can also involve other symptoms in

children. Symptoms include a headache, nausea, sensitivity to light and noise, aura (which affects vision or causes numbness and tingling), fatigue, irritability, paleness, shadows under the eyes, vomiting, belly pain, sudden pallor, and less activity. Migraines may vary based on the child's age.

Memory problems, Trouble concentrating, Reasoning difficulties, Difficulty remembering words, Difficulty making decisions, Getting lost, Mood changes (sadness, worry, anger, belief in untrue things), Reduced interest in activities, Self-awareness of memory problems, Changes noticed by others

Mild Cognitive Impairment. Which means Mild Cognitive Impairment (MCI) is a brain disorder that

causes memory and thinking difficulties, more significant than those of normal aging. Symptoms include memory problems, trouble concentrating, reasoning difficulties, difficulty remembering words, difficulty making decisions, getting lost, mood changes (sadness, worry, anger, belief in untrue things), reduced interest in activities, self-awareness of memory problems, and changes noticed by others. MCI can lead to dementia in some cases, but not all individuals with MCI develop dementia. There is no specific treatment for MCI, and its progression to dementia cannot be prevented, but certain lifestyle choices can help maintain brain health.

Numbness, Tingling, Muscle weakness, Vision problems, Eye pain, Odd eye movements, Dizziness, Balance issues, Difficulty walking, Speech problems, Bowel or bladder control issues, Sexual dysfunction, Heat sensitivity, Cognitive impairment, Fatigue

Multiple Sclerosis. Which means Multiple Sclerosis (MS) is an autoimmune disease that affects the

nervous system, leading to various symptoms. These symptoms can include numbness, tingling, muscle weakness, vision problems, eye pain, odd eye movements, dizziness, balance issues, difficulty walking, speech problems, bowel or bladder control issues, sexual dysfunction, heat sensitivity, cognitive impairment, and fatigue. MS can present with different forms, including relapsing-remitting, secondary progressive, and primary progressive MS, and the treatment options vary depending on the type of MS a person has.

Vision problems, Eye pain, Odd eye movements, Dizziness, Balance issues, Weakness and stiffness in the face or an arm or leg, Bowel or bladder control issues, Fatigue, Depression, Headache, Seizures, Altered consciousness

Multiple Sclerosis. Which means Multiple Sclerosis (MS) in children is an autoimmune disease that

affects the nervous system, leading to various symptoms. These symptoms can include vision problems, eye pain, odd eye movements, dizziness, balance issues, weakness and stiffness in the face or an arm or leg, bowel or bladder control issues, fatigue, depression, headache, seizures, and altered consciousness. MS can present with different types, and while there is no cure, treatments are available to manage the disease and its symptoms.

Muscle weakness	<p>Muscular Dystrophy. Which means Muscular dystrophy is a term for a group of disorders causing muscle weakness. These disorders can affect both children and adults, with symptoms varying depending on the specific type. Common tests for muscular dystrophy include blood tests to check for abnormal genes and proteins, electromyography (EMG), and muscle biopsies. Treatment options are limited, but some types of muscular dystrophy can be treated with steroids, physical therapy, and assistive devices. Certain medications might help increase muscle protein in specific cases. People with muscular dystrophy can live long lives, but their physical abilities may be limited, and some types can shorten life expectancy. It is important to consult with a healthcare provider to understand the specific type and its management.</p>
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<p>Muscle weakness, Droopy eyelids, Blurry vision or double vision, Trouble chewing food, Trouble swallowing, Trouble talking, Loss of expression on the face, Head that feels heavy or drops forward, Trouble breathing, Weakness</p>	<p>Myasthenia Gravis. Which means Myasthenia gravis (MG) is a condition characterized by muscle weakness, which can affect various muscle groups. Some individuals may experience muscle weakness in specific areas, leading to different manifestations. Symptoms include droopy eyelids, blurry or double vision, difficulty chewing or swallowing, speech changes, loss of facial expression, a heavy head, breathing difficulties, and generalized muscle weakness. MG is caused by an issue with the immune system, leading to the production of antibodies that interfere with the connection between nerves and muscles, weakening the muscle contractions. Diagnostic tests for MG include blood tests to detect specific antibodies, electrical tests of nerves and muscles, and imaging tests like CT or MRI scans. Treatment options encompass medications like pyridostigmine and immune system modulating drugs, fast-acting immune system treatments such as intravenous immune globulin (IVIG) and plasma exchange, and, in some cases, thymus gland removal via surgery. Special considerations are necessary for pregnant individuals with MG, and they should consult with healthcare providers before attempting pregnancy. People with MG affecting more than just the eyes should receive annual flu shots and pneumonia vaccines. It's crucial to consult with a healthcare provider before taking any medications, including over-the-counter drugs, as some medicines can worsen MG.</p>
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Muscle jerking, twitching, spasms, shaking, jerking of different parts of the body,	<p>Myoclonus. Which means Myoclonus is the medical term for short, jerking movements that a person cannot control. It can affect different parts of the body, including the whole body or just specific body parts like legs or arms. Myoclonus can be normal in healthy people, especially during sleep. It can also be caused by various factors such as diseases, injuries, epilepsy, organ-related diseases, and certain medications or chemicals. Treatment depends on the underlying cause, and it may include medications to control symptoms. If myoclonus is due to a curable condition, such as a disease or tumor, treating the underlying condition can alleviate myoclonus. However, in cases where the cause is incurable, it can be challenging to eliminate myoclonus completely. Different treatments can be attempted to help manage the condition, including medications used to control seizures and injections of botulinum toxin. Children with myoclonus should also be evaluated by a healthcare professional, particularly if they experience muscle twitches or spasms.</p>
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<p>Neck pain, neck muscle tightness or spasm, inability to move the neck or turn the head, weakness or paralysis in the arms or legs, numbness or tingling in the arms or legs</p>	<p>Neck Fracture. Which means A neck fracture is a condition where one of the bones in the neck, known as "cervical vertebrae," is broken. Symptoms of a neck fracture include neck pain, muscle tightness or spasm, limited neck mobility, weakness or paralysis in the arms or legs, and numbness or tingling in the extremities. Diagnosis typically involves an examination by a doctor or nurse and</p>
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	<p>imaging tests like X-rays, CT scans, and possibly MRI if spinal cord damage is suspected.</p> <p>Treatment varies based on the type and severity of the neck fracture and whether it causes paralysis. Severe fractures or cases with paralysis may require hospitalization and treatment such as surgery, the use of a "halo" device, a collar or brace, pain medications, and physical therapy.</p> <p>Healing time can range from months, with children generally healing faster than adults. Lifestyle factors such as a healthy diet, cessation of smoking, and following the doctor's instructions can support the healing process. Immediate medical attention is necessary for breathing difficulties, problems with bladder or bowel control, loss of feeling in the arms or legs, or issues with neck braces.</p>
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<p>Numbness or loss of feeling, burning or pain, tingling, bothersome or painful sensation to light touches</p>	<p>Nerve Damage Caused by Diabetes. Which means Diabetes can lead to nerve damage known as diabetic neuropathy. It usually starts with numbness, burning or pain, tingling in the toes and feet.</p> <p>In advanced stages, symptoms may extend to the hands. Nerve damage can lead to problems like the inability to feel pain in the feet, increasing the risk of untreated injuries. To manage this condition and protect the feet, it's crucial to control blood sugar levels, follow specific foot care practices, and report unusual symptoms or injuries to a healthcare provider. Lifestyle measures can potentially help prevent nerve damage caused by diabetes.</p>
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<p>Burning, tingling, sharp, stabbing pain; heightened sensitivity to touch</p>	<p>Neuropathic Pain. Which means Neuropathic pain is caused by nerve damage or nervous system problems. It is characterized by burning, tingling, sharp, or stabbing pain, which can be constant or intermittent. Neuropathic pain can significantly affect daily life. Treatments include medications and various activities. Self-help measures include using heating pads or cold packs, relaxation exercises, staying active, and addressing depression if present.</p>
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Input	Output
Vision loss, eye pain, flashes or flickers of light, trouble seeing colors	Optic Neuritis. Which means Optic neuritis is a condition that causes vision problems, eye pain, and other symptoms. It is common in people with multiple sclerosis (MS) but can also occur in individuals with infections, autoimmune diseases, and other conditions. Symptoms include vision loss in one or both eyes, eye pain that worsens with eye movement, and less common symptoms like seeing flashes of light and difficulty perceiving colors. If you experience vision loss, seek medical attention. Tests such as an eye exam, MRI of the brain, and blood tests are conducted to diagnose optic neuritis and evaluate for MS. While optic neuritis often improves without treatment, severe cases may be treated with steroids to expedite recovery. The risk of developing MS after optic neuritis varies depending on MRI results. Most people recover their vision within a year, but some may experience permanent vision loss. About one-third of those with optic neuritis may experience a recurrence.
Upset stomach, increased appetite, mood changes, trouble sleeping, changes in appearance, eye problems (glaucoma, cataracts), heart problems, high blood pressure, high blood sugar, bone problems, growth problems in children and teens, immune system problems	Oral Steroid Medicines. Which means Oral steroids, also known as "glucocorticoids," are medications taken by mouth to treat various medical conditions, including autoimmune conditions, severe asthma or COPD flares, allergic reactions, nausea and vomiting from chemotherapy, and preventing organ rejection in transplant recipients. Common oral steroids include Prednisone, Prednisolone, Dexamethasone, and Methylprednisolone. Short-term use typically causes mild side effects like upset stomach, increased appetite, mood changes, and trouble sleeping. More serious side effects can occur with long-term or high-dose use, including changes in appearance, eye problems, heart problems, high blood sugar, bone problems, growth issues in children and teens, and immune system problems. To minimize side effects, doctors prescribe the lowest effective dose for the shortest time necessary. Patients taking oral steroids should carry a card listing the medication details and receive necessary vaccines, as long-term use can increase infection risk. Dose adjustments may be needed over time, and a gradual tapering process may occur. Additional information can be obtained from healthcare providers or Lexicomp.
Paraplegia is when a person can't move their legs, but can move their arms.	Paraplegia. Which means Paraplegia is a condition characterized by the inability to move the legs while still retaining movement in the arms. It is commonly caused by spinal cord injuries, although other conditions affecting the spinal cord, brain, or nerves can lead to paraplegia as well. Symptoms include the inability to move the legs, no feeling in the legs, and potential issues with bladder and bowel control. Some individuals with paraplegia may also experience trouble breathing. Diagnostic tests such as X-rays, imaging tests (CT or MRI scans), and nerve tests are typically performed to determine the cause and severity of paraplegia. Treatment options include medications like steroids, surgery to fix displaced backbones, and rehabilitation to improve independence and overall health. Preventing complications, such as urinary tract infections, pressure sores, and respiratory issues, is an essential part of long-term treatment for paraplegia. Many people with paraplegia lead fulfilling lives, and rehabilitation helps individuals regain movement and independence. Issues related to sexual function and mental health may also be addressed and managed through appropriate treatments.
Shake (tremor), Move slowly, Become stiff or rigid, Lose balance or have difficulty walking, Lose ability to think clearly, Experience hallucinations, Feel depressed, anxious, or less interested in	

everyday life, Have sleep problems (insomnia, daytime sleepiness), Feel tired, Lose ability to smell, Experience constipation, sweating, trouble urinating, trouble swallowing, sexual problems, orthostatic hypotension (sudden drop in blood pressure when standing up).

Parkinson Disease. Which means Parkinson Disease is a brain disorder characterized by a range of symptoms that worsen over time and can also affect various other brain functions, such as learning and memory. The initial symptoms are often mild but can progress to the point where they impact an individual's ability to work and perform daily activities. Common symptoms of Parkinson Disease include tremors (shaking), slow movements, stiffness or rigidity, balance issues, difficulty walking, cognitive impairments, hallucinations, mood changes (depression, anxiety), sleep disturbances (insomnia, daytime sleepiness), fatigue, loss of the sense of smell, constipation, sweating, urinary problems, swallowing difficulties, sexual issues, and orthostatic hypotension (a sudden drop in blood pressure when standing). While there is no specific test for Parkinson Disease, doctors typically diagnose it based on the symptoms, and in some cases, they may use imaging tests like MRI or DaTscan to rule out other causes. Treatment involves various medications to alleviate the symptoms, although there is no cure. These medications may have side effects, so they are usually prescribed when symptoms significantly impact a person's life. In cases where other treatments are ineffective, deep brain stimulation (DBS) can be considered, which involves surgical implantation of wires in the brain to control muscle movements. Self-care strategies include getting support through support groups, staying physically active, maintaining a healthy diet, ensuring a safe home environment to prevent falls, being aware of driving safety, and educating oneself about Parkinson Disease and its treatment options.

Sudden episodes of muscle weakness triggered by factors like heavy exercise, carbohydrate intake, stress, fasting, cold air.

Periodic Paralysis Syndrome. Which means Periodic Paralysis Syndrome is a rare condition characterized by sudden episodes of muscle weakness. The syndrome has different types based on its cause: - Hypokalemic Periodic Paralysis: This type results from low levels of potassium (hypokalemia) in the blood. - Hyperkalemic Periodic Paralysis: This type is due to high levels of potassium (hyperkalemia) in the blood. - Thyrotoxic Periodic Paralysis: A subtype of hypokalemic periodic paralysis, it is caused by an overactive thyroid gland (hyperthyroidism) leading to excessive production of thyroid hormone. Most individuals with periodic paralysis are born with it, and it is typically caused by an abnormal gene, often running in families. The condition usually manifests in childhood and results in episodes of muscle weakness that affect the entire body. These episodes do not lead to loss of consciousness and can be triggered by various factors such as heavy exercise, high carbohydrate intake, stress, fasting, and exposure to very cold air. The frequency and duration of these episodes depend on the specific type of periodic paralysis. Hypokalemic periodic paralysis episodes typically occur every few weeks or months and may last from hours to days. On the other hand, hyperkalemic periodic paralysis episodes occur more frequently, sometimes daily, but are usually less severe and shorter in duration. In some cases, individuals with periodic paralysis may develop progressive muscle weakness that worsens over time, typically later in life. Diagnosis is based on symptoms, genetic testing, blood tests to check potassium and thyroid hormone levels, and specialized tests like electrocardiogram (ECG) and electromyography (EMG). Treatment varies depending on the type and may involve managing and preventing episodes with dietary modifications, medications, or addressing underlying thyroid issues. It is crucial to inform other healthcare providers about your condition, especially before any procedures or surgeries, to ensure proper potassium management and avoid medications that may affect potassium levels.



Weakness, trouble balancing, numbness, tingling, "pins and needles," pain or burning, bowel and bladder problems, trouble swallowing, dizziness, excessive sweating, problems with sex.

Peripheral Neuropathy. Which means Peripheral neuropathy is a type of nerve damage affecting the peripheral nervous system, which includes motor nerves (related to movement), sensory nerves (related to the senses), and autonomic nerves (control body functions like heartbeat, breathing, digestion, and blood pressure). Various factors can cause peripheral neuropathy, such as health problems like diabetes, injuries, inherited conditions, certain medicines, autoimmune diseases, infections, vitamin deficiencies, and exposure to certain poisons and toxins. The symptoms of peripheral neuropathy can vary based on the damaged nerves: - Motor symptoms: Weakness and trouble balancing, which can impact activities like running, climbing stairs, writing, buttoning clothes, or tying shoes. - Sensory symptoms: Numbness, tingling, "pins and needles," pain, or burning sensations. - Autonomic symptoms: Bowel and bladder problems, trouble swallowing, dizziness, excessive sweating, problems with sex. Diagnosis of peripheral neuropathy involves discussing symptoms, physical examinations, and various tests, including those to check nerve function, electromyogram (EMG) to assess muscle nerve function, nerve conduction studies (NCS) to evaluate nerve signal speed, lab tests, lumbar puncture (spinal tap), imaging tests like CT scans or MRI, and skin or nerve biopsy. Treatment focuses on managing the underlying cause if known and relieving symptoms, and may include pain-relieving medicines, topical pain relief options, anti-seizure or antidepressant medications for pain management, physical therapy to improve movement, assistive devices like braces or walking aids, TENS therapy for pain reduction, and specific treatments for issues related to eating, sexual function, or bladder and bowel control. There are also steps individuals can take on their own to help manage peripheral neuropathy, such as limiting alcohol consumption, quitting smoking, managing diabetes (if present), avoiding burns or cuts due to reduced sensation, preventing falls by decluttering and ensuring good lighting, and regularly checking the feet for sores or injuries. It's essential to follow up with healthcare providers if new symptoms arise or if there are concerns about the condition.

Muscle weakness, both sides of the body, slowly progressive muscle weakness affecting muscles closest to the trunk (neck, shoulders, hips, thighs), trouble climbing stairs, lifting objects, swallowing.

Polymyositis. Which means Polymyositis ("PM") is a condition characterized by muscle inflammation and weakness. It typically occurs in adults but can also affect children. The muscle weakness in PM gradually develops over time and involves muscles close to the body's trunk, such as those in the neck, shoulders, hips, and thighs. As a result, individuals with PM may experience difficulties with activities like climbing stairs, lifting objects above their head, or swallowing. While the exact cause of PM is unknown, diagnosis involves various tests including blood tests to assess muscle irritation, electromyography ("EMG") to check muscle responses to nerve signals, muscle biopsy, and imaging tests like MRI scans to observe muscle changes. The main treatment for PM involves steroids to reduce inflammation. However, long-term steroid use can have side effects, including bone weakening and increased infection risk. Doctors often taper the steroid dose over time to minimize these side effects. In cases where steroids are ineffective or can't be used, other medications that reduce inflammation may be prescribed, either alone or alongside steroids. For children with PM, who may experience slowed growth due to long-term steroid use, doctors typically recommend a combination of steroids and other medicines to mitigate growth-related issues. Additionally, PM management includes keeping the body strong through exercises supervised by a physical therapist, addressing swallowing difficulties with dietary adjustments, and taking medications to minimize steroid side effects. For individuals planning to become pregnant, doctors can help control PM before pregnancy and ensure the safety of medications during

pregnancy. PM's impact on daily life varies depending on the individual, with some experiencing mild symptoms and others dealing with more severe, long-lasting symptoms. PM can also lead to additional medical problems, such as heart and lung issues.

Headache, dizziness or balance problems, fatigue, irritability, anxiety, depression, memory problems, attention difficulties, sleep problems, noise or light sensitivity

Postconcussion Syndrome. Which means Postconcussion syndrome is a condition that can develop following a mild brain injury known as a "concussion." Although concussions often result from head injuries, they can also occur due to injuries or accidents that involve forceful shaking of the head. When a person experiences postconcussion syndrome, they continue to have symptoms for days to weeks after the injury, and this condition is also referred to as "post-TBI syndrome," with TBI standing for "traumatic brain injury." The symptoms of postconcussion syndrome may encompass various issues, including headaches, dizziness, balance problems, fatigue, irritability, anxiety, depression, memory difficulties, trouble with attention, sleep disturbances, and heightened sensitivity to noise or light. These symptoms can impede the ability to carry out regular activities, leading to stress and anxiety. However, it is essential to understand that these symptoms are genuine issues caused by the concussion, and they will typically improve over time. Although tests may be performed to rule out other potential problems, diagnosis is often based on an evaluation of symptoms and a physical examination by a doctor or nurse. The treatment of postconcussion syndrome depends on the specific symptoms experienced. Medications may be recommended to alleviate symptoms such as headaches, dizziness, sleep disturbances, or other issues. Rest is crucial, especially immediately following a concussion, to avoid activities that could cause another head injury and to allow the body and brain to recover. Counseling or the use of prescription medications may be suggested to individuals experiencing depression or anxiety. To facilitate symptom improvement, it is advisable to abstain from alcohol and cannabis during the period when concussion symptoms are present. In most cases, symptoms of postconcussion syndrome start to improve within a week, and individuals typically return to normal within three months. However, a minority of individuals may have symptoms that persist for an extended period, and in such cases, the doctor may recommend medications or other treatments. In certain situations, specific symptoms may warrant immediate medical attention, such as symptoms indicating more severe head injuries, like confusion, seizures, or severe weakness. If any of these severe symptoms occur, seeking medical assistance is crucial.

Quadriplegia is when people can't move their arms or legs.

Quadriplegia. Which means Quadriplegia is a condition in which individuals are unable to move both their arms and legs. Like paraplegia, quadriplegia can result from various causes, with spinal cord injuries being the most common. Additional factors such as Guillain-Barré syndrome, multiple sclerosis, polio, and stroke can also lead to quadriplegia in certain cases. Along with complete limb immobility, individuals with quadriplegia may experience no sensation in their limbs, loss of bladder and bowel control, difficulties with breathing (often associated with quadriplegia), and sexual problems such as erectile or ejaculatory issues. Diagnostic tests, including X-rays, imaging scans, and nerve tests, help determine the underlying cause and severity of quadriplegia. Immediate treatment following a spinal cord injury may involve the use of steroids, surgery for realigning displaced backbones, and hospital care for monitoring and managing related medical issues. Long-term treatment often focuses on rehabilitation to promote independence, teaching individuals how to use wheelchairs, manage bladder and bowel functions, exercise to regain movement, and cope with emotional challenges. Preventing complications, including urinary tract infections, pressure sores, respiratory problems, osteoporosis, muscle and joint stiffness, pain, and

depression, is crucial in the management of quadriplegia. Many people with quadriplegia can lead productive lives, work, have meaningful relationships, and even have children. Medications and devices are available to address sexual problems, and treatment for depression and anxiety can be provided when needed.

Pass out, abnormal movements, tonic clonic seizures (grand mal seizures) include passing out, muscle stiffness, jerking movements, other seizure types may include shaking in one arm or part of the face, sudden unresponsiveness, staring.

Seizures. Which means Seizures are characterized by waves of abnormal electrical activity in the brain. Different types of seizures manifest with varying symptoms. Tonic clonic or grand mal seizures involve passing out, muscle stiffness, and jerking movements. Other seizure types may include shaking in one arm or part of the face or sudden unresponsiveness and staring. Seizures can be caused by various factors, and it's important to seek medical attention if you experience a seizure, especially if it's your first seizure.

Pain, swelling, bleeding, headache, feeling tired, confused, dizziness, passing out, bruising, bleeding from the nose or ear, clear fluid drainage from the nose or ear, vomiting, sensory impairments, weakness, numbness

Skull Fractures. Which means Skull fractures can result from trauma to the head, such as falls, car accidents, or sports injuries. Symptoms can vary depending on the location and severity of the fracture and may include pain, swelling, headache, dizziness, and more. A CT scan or other imaging tests are used to diagnose skull fractures. Treatment depends on the type and severity of the fracture, ranging from observation to surgical intervention. It's essential to seek medical attention after a head injury and watch for warning signs such as severe dizziness, seizures, or worsening symptoms. Prevention includes wearing helmets when necessary and using seat belts while driving.

Back pain, numbness, tingling, leg pain, leg weakness, bladder or bowel control issues, leg pain while walking or standing, relief from symptoms when sitting or bending forward

Spinal Stenosis. Which means Spinal stenosis is a condition characterized by the narrowing of the spinal canal or the spaces between vertebrae where spinal nerves pass through. This narrowing is often due to arthritis or injury and can result in various symptoms. Common symptoms include back pain, leg pain, numbness, tingling, and weakness. Symptoms may worsen with walking or standing but improve with sitting or bending forward. Imaging tests like X-rays, MRIs, or CT scans can diagnose spinal stenosis. Treatment may involve pain relief medication, muscle relaxants, injections, physical therapy, spinal manipulation, acupuncture, or surgery in severe cases. Remaining active is crucial to manage symptoms, and bed rest should be avoided.

Balance, Eyes, Face, Arm, Speech, Time, sudden, severe headache

Stroke. Which means A stroke occurs when a part of the brain is damaged due to a problem with blood flow. Strokes can result from a clogged artery or bleeding in the brain. Stroke symptoms typically start suddenly. Remember "BE FAST" for symptoms: Balance issues, Eye trouble, Facial droop or unevenness, Arm weakness or numbness, Speech problems, Time to call an ambulance (9-1-1). A sudden, severe headache may also indicate a stroke. Treatment depends on the type of stroke and must be administered quickly. Stroke prevention includes managing risk factors like blood pressure, cholesterol, blood sugar, and lifestyle choices. Recovery and rehabilitation may be needed after a stroke, and some individuals might also experience related medical problems.

Headache, Vomiting, Weakness, Numbness, Trouble walking, Slurred speech or being unable to speak, Acting less alert than normal, Dizziness, Confusion or trouble thinking, Sleepiness, Seizures

Subdural Hematoma. Which means A subdural hematoma is bleeding on the surface of the brain,

under the dura (the tough outer covering of the brain). It can be caused by a head injury from events such as a car crash, fall, or physical attack. There are two main types: acute (happens soon after the injury) and chronic (usually in older people and develops slowly). Symptoms can include headache, vomiting, weakness, numbness, difficulty walking, speech problems, dizziness, confusion, sleepiness, and seizures. Diagnosis is done through imaging tests like MRI or CT scans. Treatment depends on the size of the hematoma and may involve surgery to drain it and relieve brain pressure, or monitoring it for improvement. Medication adjustments might be necessary if the patient takes certain drugs like blood thinners.

Motor tics - Eye blinking, Briefly making a face as if angry or in pain (grimace), Shrugging the shoulders, Jerking the head, Walking in a strange way, Kicking, jumping, or moving the body in odd ways, Scratching, Making obscene gestures

Tourette Syndrome. Which means Tourette syndrome is a rare disorder that causes individuals to have little or no control over their tics, which are characterized by unusual movements or sounds. Motor tics can range from mild to extreme and involve movements like eye blinking, grimacing, and more. Vocal tics include noises, words, or phrases that may not make sense. People with Tourette syndrome typically develop symptoms between the ages of 2 and 15, and in about half of the cases, the tics resolve by age 18. Tics may return in adulthood for some individuals. Although there is no specific test for Tourette syndrome, doctors can diagnose it based on the presence of these symptoms. Treatment options include counseling and, if tics are severe and interfere with daily life, habit reversal training or medications. Tourette syndrome can be associated with other conditions such as ADHD, OCD, anxiety, depression, behavioral problems, learning difficulties, and sleep problems. Family, friends, and others should also be educated about the disorder to better understand and support those affected.

Confusion, trouble thinking, memory problems, feeling sleepy, acting jumpy, feeling irritable, sleep disturbances, hallucinations, seizures, abnormal movement, coma

Toxic-metabolic encephalopathy. Which means Toxic-metabolic encephalopathy, or "TME," is a condition where the brain's functioning is affected due to a chemical imbalance in the body or a buildup of toxins in the blood. TME can be caused by various factors, including organ dysfunction, toxins from outside the body, and certain risk factors. Symptoms of TME include confusion, memory problems, sleep disturbances, and more. The condition is diagnosed through a series of tests, and treatment aims to address the underlying cause and manage symptoms. Recovery from TME is possible, but some individuals may experience ongoing issues.

Balance problems, vision issues, uneven or drooping face, weakness or numbness in arms, speech difficulties

Transient Ischemic Attack (TIA). Which means A Transient Ischemic Attack (TIA) occurs when blood flow in the brain is temporarily blocked, leading to stroke-like symptoms that resolve quickly. TIAs are caused by the temporary interruption of blood supply to part of the brain, often due to blood clots. TIAs share symptoms with strokes, including balance problems, vision issues, facial asymmetry, arm weakness, speech difficulties, and the need for quick medical attention. Individuals who have experienced a TIA are at a higher risk of a subsequent stroke, especially in the days following the TIA. To reduce the risk of a stroke, treatments involve taking prescribed medications, making lifestyle changes, and, in some cases, undergoing surgical procedures to address clogged arteries in the neck.

Trembling, shaking, typically in the hands, head, or other body parts.

Tremor. Which means Tremor is a medical condition characterized by uncontrollable trembling or shaking of a body part, often in the hands or head. Tremors can also affect other body parts. There

	are various types of tremors, including rest tremors, action tremors (kinetic, postural, isometric), and functional tremors. Tremors can result from various causes, including medical conditions such as Parkinson's disease and Wilson disease, physiological factors like medications, substances, or physical conditions, and essential tremor. Diagnosis involves a medical evaluation, which may include brain scans and blood tests. Treatment depends on the underlying cause and can include medications, surgery, or other interventions to reduce tremors.
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Sudden and severe pain in the cheek, lower face, or around the eye. Pain lasts a few seconds to a few minutes, usually on one side of the face. Pain attacks triggered by activities like touching the face, chewing, talking, brushing teeth, smiling or frowning, and exposure to cold air. Muscle spasms in the face may also occur.	Trigeminal Neuralgia. Which means Trigeminal Neuralgia (TN) is a condition characterized by abrupt and intense pain in specific areas of the face. This pain typically lasts for a few seconds to a few minutes and is often localized to one side of the face. TN attacks can be triggered by various activities, such as touching the face, chewing, talking, brushing teeth, smiling or frowning, and exposure to cold air. Muscle spasms in the face can accompany the pain. Diagnosis is typically based on symptoms and a physical examination. Additional tests, such as brain imaging (MRI or CT scan), may be performed to further evaluate the condition. Treatment options for TN primarily include medications, with antiseizure drugs like carbamazepine being commonly prescribed. In cases where medications are ineffective or cause undesirable side effects, surgical procedures may be considered to alleviate the condition. However, these procedures may have associated side effects, such as facial numbness or pain.
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Fever, headache, stiff neck, nausea or vomiting, light sensitivity. Babies may exhibit symptoms like poor feeding, increased sleepiness or fussiness, bulging soft spot on the skull. Additional symptoms can vary depending on the virus, such as diarrhea, runny nose, sore throat, muscle aches, cough, or rash.	Viral Meningitis. Which means Viral Meningitis is characterized by symptoms including fever, headache, stiff neck, and light sensitivity. In babies, additional symptoms may include poor feeding, increased sleepiness or fussiness, and a bulging soft spot on the skull. The specific symptoms can vary depending on the virus responsible for the infection. It is crucial to seek immediate medical attention if symptoms of viral meningitis are present. Diagnostic tests are essential to confirm the presence of viral meningitis and determine the causative virus. Treatment generally involves rest, hydration (often through intravenous fluids), and over-the-counter medications to alleviate fever or headache. Antibiotics may be prescribed initially, as it can be challenging to distinguish between viral and bacterial meningitis. Prevention measures include vaccination, good hygiene practices, and mosquito bite prevention to reduce the risk of viral meningitis.
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Input	Output
Stuffy nose, yellow/green/brown mucus, facial pain or pressure, reduced sense of smell, cough	Chronic Sinusitis. Which means Chronic sinusitis is characterized by persistent symptoms lasting for at least 3 months, which typically include a stuffy nose, discolored mucus, facial pain, reduced sense of smell, and sometimes a cough (more common in children). It can lead to fatigue and discomfort. People with chronic sinusitis should see a doctor if they have these symptoms, especially if they worsen or if severe symptoms develop. Treatment options include steroids, biologic medications, antibiotics for infections, and surgery in severe cases.
Stuffy nose, trouble sleeping, trouble breathing through the nose	Deviated Septum. Which means A deviated septum, which is a crooked nasal septum, can lead to symptoms such as nasal congestion, difficulty sleeping, and impaired nasal breathing. While many people have a slightly crooked septum that causes no problems, individuals with persistent symptoms should consult a doctor or nurse to determine the cause. Tests, such as nasal endoscopy or a CT scan, may be recommended to assess the condition. In severe cases, surgery, known as septoplasty, may be suggested to straighten the crooked septum.
Fever, pulling on the ear, being fussy, less active than usual, decreased appetite, vomiting, diarrhea, Ear pain, temporary hearing loss	Ear Infections in Children. Which means Ear infections in children often follow a cold, leading to fluid buildup behind the eardrum. This fluid can become infected, causing symptoms like fever, ear pain, and irritability. While many infections heal without antibiotics, doctors may prescribe them, especially for infants under 2 years old. Prevention measures include avoiding secondhand smoke, frequent handwashing, and staying away from sick individuals. In cases of recurrent infections, the doctor may discuss options like daily antibiotics or ear tube placement surgery. Persistent hearing loss may require further treatment.
Stuffy or runny nose, sneezing, Itchy or red eyes, Sore throat, itching of the throat or ears, Sleep disturbances, leading to daytime fatigue	Environmental Allergies in Adults. Which means Environmental allergies, triggered by substances like pollen, dust mites, and animal dander, can lead to symptoms such as a runny or stuffy nose, sneezing, itchy or red eyes, and more. Tests, like allergy skin testing, can help identify specific allergens. Treatment options include nose rinses, steroid nose sprays, antihistamines, antihistamine eye drops, decongestants, allergy shots, and allergy pills. Allergy symptoms can often be prevented or managed through lifestyle changes and avoiding allergens.
Sneezing, stuffy nose, runny nose, itchy or red eyes, sore throat, itchy throat or ears, waking up at night or trouble sleeping, coughing, sniffing, difficulty breathing, trouble concentrating, trouble with schoolwork and sports	Environmental allergies. Which means Environmental allergies are a group of conditions that can cause symptoms like sneezing, stuffy or runny nose, itchy or red eyes, sore throat, itchy throat or ears, waking up at night or trouble sleeping, coughing, sniffing, difficulty breathing, trouble concentrating, and trouble with schoolwork and sports. These conditions are triggered by allergies to substances found in the environment, such as dust mites, cockroaches, cats, dogs, mold spores, pollens, and more. While some people experience these symptoms year-round, others have symptoms only during certain times of the year, often referred to as "seasonal allergies" or "hay fever." Environmental allergies can develop in childhood and may run in families. They can also be associated with asthma, which can make breathing difficult.
Ear pain, feeling pressure or fullness in the ear, trouble hearing, ringing in the ear, feeling dizzy,	

loud sounds of your own voice or your own breathing	Eustachian tube problems. Which means Eustachian tube problems are associated with symptoms such as ear pain, feeling pressure or fullness in the ear, trouble hearing, ringing in the ear, feeling dizzy, and experiencing loud sounds of your own voice or breathing. The Eustachian tube is a tube that connects the middle ear to the back of the nose and throat. Normally, it opens and closes to maintain equal air pressure between the middle ear and the surrounding environment. When there's an issue with the Eustachian tube, this balance is disrupted, leading to symptoms such as ear pain and hearing loss.
Trouble breathing, wheezing, throat tightness, feeling like you are choking, trouble speaking, cough	Inducible Laryngeal Obstruction (ILO). Which means Inducible laryngeal obstruction (ILO), also known as vocal cord dysfunction, is a condition characterized by symptoms such as trouble breathing, wheezing, throat tightness, a feeling of choking, difficulty speaking, and coughing. In ILO, the vocal cords, which should open during inhalation and exhalation, sometimes remain partially closed, restricting airflow. This closure typically occurs in response to triggers, including exercise, irritants, stress, acid reflux, and other factors. Some cases may not have an apparent trigger. Symptoms of ILO often mimic those of asthma, making diagnosis and differentiation essential. The main test for ILO involves using a laryngoscope to examine the movement of the vocal cords, especially during exercise if exercise-induced laryngeal obstruction (EILO) is suspected. T
Sudden dizziness, balance problems, nausea, vomiting, problems with balancing and walking, hearing loss or ringing in 1 ear	Labyrinthitis. Which means Labyrinthitis is a condition characterized by sudden dizziness, balance problems, nausea, vomiting, difficulties with balance and walking, and hearing loss or ringing in one ear. It is believed to be related to swelling or issues with the nerve in the brain responsible for hearing and balance, and may sometimes occur during or after a viral infection. Although most people with labyrinthitis do not show signs of infection, some develop symptoms following a viral illness. In cases where hearing loss is absent, the condition is termed "vestibular neuritis." No specific test exists for labyrinthitis, but doctors can diagnose it based on symptoms and examination.
Vertigo, tinnitus, hearing loss, feeling of pressure in the ears	Meniere disease. Which means Meniere disease, also known as Meniere's disease, is characterized by dizziness, hearing problems, and a feeling of pressure in the ears. It is believed to result from an accumulation of fluid within the inner ear, though the exact cause is unclear. The condition typically presents with three main symptoms: Vertigo, a sensation of spinning, swaying, or tilting, often accompanied by nausea and vomiting. These vertigo episodes can occur suddenly and last several minutes to a few hours. Tinnitus, described as a buzzing, ringing, or hissing sound in one or both ears, sometimes resembling machinery or the inside of a seashell. Tinnitus may accompany vertigo episodes or occur independently. Hearing loss, which may be temporary or gradually become permanent over approximately 8 to 10 years. Individuals with Meniere disease also sometimes report a feeling of pressure in their ears. Although no specific test confirms Meniere disease, healthcare professionals diagnose it based on symptoms and examination.
Stuffiness, feelings of pressure or fullness in the face, trouble smelling	Nasal Polyps. Which means Nasal polyps are growths that develop inside the nasal passages or the sinuses, which are hollow spaces within the facial bones. While many individuals with nasal polyps also experience chronic sinusitis, characterized by nasal congestion, facial pain, and nasal discharge, the exact cause of nasal polyps remains unknown. Small polyps often do not produce noticeable symptoms, but larger or multiple polyps can lead to: Nasal stuffiness or a sensation of

blockage in the nose. Feelings of pressure or fullness in the face. Difficulty smelling or experiencing a diminished sense of smell.

Outer Ear Infection. Which means An outer ear infection, also known as swimmer's ear, is a condition that leads to pain within the ear canal. The ear canal is the section of the ear extending from the outer ear to the eardrum. It's essential to note that outer ear infections can affect individuals who don't swim as well. Outer ear infections develop when the skin in the ear canal becomes irritated or scratched, followed by infection.

Parotitis. Which means Parotitis, the inflammation or infection of the parotid gland, can be caused by viral infections like mumps, bacterial infections, dehydration, blockage in the parotid gland or duct, and medications. It may lead to symptoms such as swelling in the parotid gland, pain, fever, and more. Treatment varies based on the cause. The MMR vaccine can help prevent parotitis in some cases.

Ruptured Eardrum. Which means A ruptured eardrum, which is a hole or tear in the eardrum, can be caused by factors like ear infections, extreme pressure changes (barotrauma), or poking the eardrum with objects like Q-tips. Symptoms may include severe ear pain, drainage from the ear, hearing trouble, and more. Treatment varies based on the cause and severity.

Sinusitis in Adults. Which means Sinusitis is a condition that can lead to symptoms like nasal congestion, facial pain, and discharge from the nose. It often occurs following a cold, where the germs responsible for the cold infect the sinuses as well. Symptoms include nasal congestion, facial pain or pressure, and more. Most cases of sinusitis are viral and do not require antibiotics. However, severe or prolonged cases may require antibiotics or further evaluation.

Sinusitis in Children. Which means Sinusitis in children is characterized by symptoms such as cough, nasal congestion, nasal discharge, fever, headache, facial pain or swelling, sore throat, and bad breath. This condition typically occurs following a cold when the germs responsible for the cold infect the sinuses. Most children with sinusitis recover within 7 to 10 days. However, a doctor's visit is recommended if symptoms persist or worsen, especially if associated with high fever, worsening discharge, and certain serious symptoms such as severe facial pain, vision problems, or difficulty breathing.

Tinnitus (Ringing in the Ears). Which means Tinnitus is a condition where individuals hear various sounds, such as ringing, buzzing, hissing, or roaring, in one or both ears. In some cases, the sounds may be pulsing, rushing, humming, or buzzing, and they may change in intensity during movement or exercise. Tinnitus is commonly caused by damage to cells in the inner ear, often associated with factors like aging, exposure to loud noise, certain medications, head or neck injuries, and specific diseases.



Intense thirst, being very tired, urinating often, losing weight, blurred vision, nausea or vomiting, belly pain, panting	<p>Type 1 Diabetes. Which means Type 1 diabetes, also known as type 1 "diabetes mellitus," is a condition that disrupts the body's use of sugar. It is characterized by the following symptoms:</p> <p>intense thirst, extreme fatigue, frequent urination, unexplained weight loss, blurred vision, and in severe cases, nausea, vomiting, belly pain, and panting. People with type 1 diabetes produce little or no insulin, a hormone necessary for sugar absorption by cells. When there is insufficient insulin or the body's response to it is impaired, sugar accumulates in the blood, resulting in diabetes.</p>
Blurry vision, Dark or floating spots, Trouble seeing, Trouble telling colors apart	<p>Diabetic Retinopathy. Which means Diabetic retinopathy is an eye problem that can lead to vision loss and even blindness. It is most common in people with diabetes who do not control their blood sugar well. Most people with diabetic retinopathy have no symptoms during the early stages of the disease. When symptoms start, they can include blurry vision, dark or floating spots, trouble seeing things, and difficulty telling colors apart. Regular eye exams are important to detect and manage this condition early. Early stages provide the best opportunity for treatment to protect the eyes.</p>
feeling very thirsty, drinking a lot, Urinating a lot, Nausea, vomiting, Belly pain, Feeling tired, having trouble thinking clearly, Having breath that smells sweet or fruity, Weight loss	<p>Diabetic Ketoacidosis. Which means Diabetic ketoacidosis ("DKA") is a serious problem that can happen to people with diabetes, especially type 1 diabetes. It occurs when chemicals called "ketones" build up in the blood due to a lack of insulin. DKA is characterized by symptoms like extreme thirst, frequent urination, nausea, vomiting, belly pain, fatigue, sweet or fruity breath, and weight loss. It is a medical emergency and requires immediate treatment at the hospital, typically involving fluids, electrolytes, and insulin.</p>
Needing to urinate often, Intense thirst, Blurry vision	<p>Type 2 Diabetes. Which means Type 2 diabetes is a condition that disrupts the body's normal use of sugar. It is characterized by symptoms such as frequent urination, intense thirst, and blurry vision. It occurs when the body doesn't respond to insulin as it should, leading to elevated blood sugar levels. People with excess body weight or obesity are at a higher risk of developing type 2 diabetes, but it can affect individuals without excess weight. If left untreated, type 2 diabetes can lead to serious health problems, including heart attacks, strokes, kidney disease, vision issues, nerve damage, and the need for amputation. Diagnosis of type 2 diabetes is typically confirmed through blood tests measuring blood sugar levels.</p>

Input	Output
Head tilted to 1 side, Chin pointed to the opposite side from the head tilt, Lump on the side of the neck, Face that looks uneven	Torticollis. Which means Torticollis is a medical condition characterized by a twisted neck where the head tilts to one side, and the chin points in the opposite direction. In congenital torticollis, these symptoms can occur in babies and typically manifest by 2 to 4 weeks after birth. In some cases, it can also involve a lump on the side of the neck that the head tilts toward and an uneven facial appearance. Torticollis can be caused by various factors, including congenital factors, muscle strain, adverse reactions to medication, or spinal problems. Depending on the cause and severity, treatment options can include stretches, physical therapy, surgery, or medications such as pain relief or muscle relaxants. If the neck is twisted due to an accident, immediate medical attention is essential.
Blood in bowel movements, Severe belly pain and vomiting	Meckel's Diverticulum. Which means Meckel's diverticulum is a small pouch located on the wall of the small intestine. It is present in individuals from birth and is made up of tissue that was part of their digestive system during fetal development. While most people naturally lose this tissue before birth, some individuals retain it. Most people with Meckel's diverticulum do not experience any symptoms, but for those who do, symptoms can include the presence of blood in bowel movements, which may appear red or black and sticky, and severe belly pain along with vomiting, suggesting a potential intestinal obstruction.
Fever, Headache, Stiff neck, Nausea or vomiting, Acting confused or being hard to wake up, Being bothered by light in the eyes, Small red-purple spots on the skin	Meningitis. Which means Meningitis is a condition characterized by an infection of the tissues surrounding the brain and spinal cord, known as the "meninges." It can be caused by either bacteria (bacterial meningitis) or viruses (viral meningitis). Both types can share common symptoms, including fever, headache, stiff neck, nausea or vomiting, confusion or difficulty waking up, light sensitivity, and small red-purple spots on the skin that do not disappear when pressed. Newborn babies may exhibit additional symptoms such as a bulging soft spot on the skull, increased irritability, excessive sleepiness, and poor feeding.
Vision problems, Movement problems, Feeling dizzy or off-balance, Weakness and stiffness in the face or an arm or leg, Problems controlling the bowels or bladder, Feeling very tired, depressed, or less active than usual, Headache, Seizures, or altered consciousness	Multiple Sclerosis (MS). Which means Multiple sclerosis in children is a disease that results from the body's immune system attacking and damaging nerve cells, causing a range of symptoms. Most children with MS have a type called "relapsing-remitting MS," where symptoms come and go, and new or worsened symptoms are referred to as attacks or relapses. Symptoms can include vision problems, eye pain, odd eye movements, dizziness or imbalance leading to falls, weakness and stiffness affecting one side of the body, difficulty controlling the bowels or bladder, fatigue, depression, headache, seizures, and altered consciousness. A child with MS may not experience all these symptoms simultaneously, and their occurrence can vary over time.
Cough, Fever, Sore throat, Headache, A rash or blisters on the lips or in the mouth, Upset stomach, Vomiting, Diarrhea, Muscle aches, Joint pain	Mycoplasma Pneumonia. Which means Mycoplasma pneumonia is a type of lung infection in children caused by a specific type of bacteria. The symptoms often begin gradually and are similar to those of a common cold, including headache, mild fever, and general malaise. Later, additional symptoms may develop, such as a sore throat, cough, rash or blisters on the lips or in the mouth,

	<p>upset stomach, vomiting, diarrhea, muscle aches, and joint pain. If a child shows these symptoms, it is important to see a doctor or nurse immediately.</p>
<p>Abnormal growths or tumors (neurofibromas) on the skin and along nerves, Café-au-lait spots, Freckling of the skin, Spots on the colored part of the eye, Bone deformities (bumps on arms or legs, deformed body parts, scoliosis, bones that break easily, short height), Learning or memory problems</p>	<p>Neurofibromatosis Type 1 (NF1). Which means Neurofibromatosis type 1 (NF1) is a genetic disorder that leads to various signs and symptoms. These include the development of abnormal growths or tumors called "neurofibromas" on the skin and along nerves, characteristic brown skin blotches known as "café-au-lait spots," freckling of the skin in specific areas, spots on the colored part of the eye resembling tiny freckles, and bone issues such as bumps along the arms or legs, deformed body parts, scoliosis (curved spine), bones that are prone to breaking, and short stature for age. NF1 can also result in tumors within the brain, around the nerves connecting the brain and the eye, and in other parts of the body, some of which can become cancerous. Learning or memory problems are also common in children with NF1.</p>
<p>Shaking or trembling, Weak or flabby muscles, Acting irritable or cranky, Acting sleepy, Breathing problems (fast breathing or stopping breathing at times), Skin that looks blue, feels cold, or both, Trouble sucking on a breast or bottle (some babies eat less than normal), Seizures</p>	<p>Newborn hypoglycemia. Which means Newborn hypoglycemia is a condition where a newborn baby has low blood sugar levels. Symptoms may include shaking, weak or flabby muscles, irritability, sleepiness, breathing problems, bluish or cold skin, feeding difficulties, and seizures. Treatment involves providing breast milk or formula to raise blood sugar levels. For high-risk babies, treatment may include blood tests, sugar gel, and intravenous sugar mixture if necessary.</p>
<p>Makes it hard to breathe, Causes you to turn very pale, or makes you tired or confused, Will not stop even after you do the steps listed below, Happens right after surgery on your nose, or if you know you have a tumor or other growth in your nose, Happens with other serious symptoms, such as chest pain, Happens after a serious injury, like a car accident or a hard hit to the face, Will not stop, and you take medicines that prevent blood clots, such as warfarin (brand name: Jantoven), dabigatran (brand name: Pradaxa), apixaban (brand name: Eliquis), rivaroxaban (brand name: Xarelto), clopidogrel (brand name: Plavix), or daily aspirin</p>	<p>Nosebleeds. Which means Nosebleeds are common and are usually not serious. However, you should seek medical attention if a nosebleed makes it hard to breathe, causes extreme paleness, won't stop, or is accompanied by serious symptoms. To stop a nosebleed on your own, sit down and pinch the soft area at the bottom of your nose for at least 15 minutes. Use caution if you've had a nosebleed in the last 24 hours, avoiding heavy lifting, bending over, and blowing your nose forcefully.</p>
<p>Extreme sleepiness ? It might be hard to wake them up, Snoring or gurgling sounds as they breathe, Slow breathing (less than 1 breath every 5 seconds), or no breathing at all, Very small pupils (the black circles in the center of the eyes), Slurred speech or be unable to talk, Blue lips or fingernails</p>	<p>Opioid Overdose. Which means Opioid overdose occurs when a person takes more opioids than their body is accustomed to or more than their doctor prescribed. Overdoses can range from mild to severe, with some leading to serious problems or even death. Naloxone is a medicine used to treat opioid overdoses by blocking and reversing the effects of opioids. Immediate medical attention is essential when someone is suspected of overdosing, and naloxone can be administered to help prevent death. A series of steps, including calling an ambulance and providing</p>

naloxone if available, should be taken if someone is believed to have overdosed.

Pain on the front of the knee, right below the knee cap, especially during activities like running, kneeling, jumping, climbing stairs, and walking up hills. Pain gets worse with activity and better with rest.

Osgood-Schlatter Disease. Which means Osgood-Schlatter disease primarily affects children between the ages of 9 and 14. It is characterized by pain and sometimes swelling on the front of the knee, just below the kneecap. This condition typically occurs after a child experiences a growth spurt. It is common among children who engage in sports or activities involving running or jumping. While a diagnosis can often be made based on symptoms and a physical examination, X-rays might be ordered to rule out other potential causes of the symptoms.

Fever, Pain, Inflammation, Fever

Osteomyelitis. Which means Osteomyelitis is an infection of the bone that can cause fever, pain, and inflammation. Children may experience fever as a symptom of osteomyelitis. Pain is a common symptom, and in younger children, it may result in fussiness or irritability. The infected area may be tender, warm, red, or swollen.

Pain, Itching, Fluid or pus leaking, Trouble hearing

Outer ear infection. Which means An outer ear infection is a condition that can cause pain, itching, fluid or pus leakage, and trouble hearing in the ear canal. It can occur due to various causes, such as inserting objects into the ear, cleaning the ear canal, frequent swimming, or using irritating devices like hearing aids, headphones, or earplugs. The primary symptoms include pain inside the ear, itching, fluid or pus leaking from the ear, and difficulty hearing. There is no specific test for an outer ear infection, and diagnosis is based on symptoms and examination.

No specific symptoms

Patent foramen ovale. Which means A patent foramen ovale (PFO) is a small opening inside the heart between the right atrium and left atrium. This opening allows blood flow between these chambers. While many people with a PFO remain asymptomatic, some may experience complications like strokes. In rare cases, blood clots can form in leg veins and travel to the brain through the PFO, causing a stroke. To diagnose a PFO, an echocardiogram (echo) is often performed, which uses sound waves to create images of the heart.

Cough, Fever, Breathing difficulties, Pain when breathing, Restlessness or trouble feeding (in babies)

Pneumonia in children. Which means Pneumonia is an infection of the lungs that results in symptoms such as cough, fever, rapid breathing, difficulty breathing (retractions), and restlessness or feeding difficulties in babies. The most common causes of pneumonia in children are bacteria or viruses. In children under 5 years, it's more likely to be caused by a virus, while in those older than 5, bacterial pneumonia is more common. A doctor or nurse should be consulted if a child is suspected of having pneumonia, especially if the symptoms are severe. If a child shows signs of severe respiratory distress, it's crucial to seek immediate medical attention, and in the US and Canada, calling 9-1-1 is recommended.

Headache, Sore throat, Fever, Nausea and vomiting, Fatigue, Stiff neck, Weakness or paralysis, Difficulty breathing, Difficulty swallowing, Long-term muscle weakness, Pain

Poliomyelitis (Polio). Which means Poliomyelitis, commonly known as "polio," is an infection caused by the poliovirus. Most people with polio are asymptomatic, but in rare cases, it can lead to muscle weakness (paralysis) or death. The introduction of polio vaccines in the 1950s has significantly reduced the incidence of polio in the US. However, it is still a problem in some parts of Asia and Africa. The symptoms of polio can range from mild, including headache, sore throat,

fever, nausea, vomiting, fatigue, and stiff neck, to severe, involving weakness or paralysis affecting the legs, arms, and even the muscles responsible for breathing and swallowing.

Pain in the lower back, Pain in the belly, Blood in the urine, Kidney stones, Bulging blood vessel in the brain, Cysts in the liver, Hernia, Heart problems

Polycystic kidney disease. Which means Polycystic kidney disease (PKD) is a genetic condition characterized by the growth of fluid-filled cysts in the kidneys, causing them to enlarge and potentially impair their normal function. PKD can lead to complications such as high blood pressure, kidney infections, kidney failure, blood in the urine, kidney stones, and problems in other organs like the liver and brain. The symptoms of PKD may include lower back or abdominal pain, blood in the urine, kidney stones, and bulging blood vessels in the brain that can cause severe headaches and other symptoms. Hernias and heart problems are also potential complications.

Headache, Dizziness or balance problems, Fatigue, Irritability, Anxiety, Depression, Memory problems, Sleep disturbances, Sensitivity to noise or light

Postconcussion syndrome. Which means Postconcussion syndrome is a condition that can occur after a mild brain injury, such as a concussion, which can result from a blow to the head or violent shaking of the head. Symptoms of postconcussion syndrome include headaches, dizziness or balance issues, fatigue, irritability, anxiety, depression, memory problems, sleep disturbances, and heightened sensitivity to noise or light. In some cases, these symptoms can interfere with normal activities. Diagnosis of postconcussion syndrome is primarily based on symptoms and clinical examination, although some individuals may undergo imaging tests such as MRI to rule out other issues.

Joint pain and swelling, Sausage-like swelling (fingers/toes), Back or hip joint pain and lower leg swelling

Psoriatic arthritis in children. Which means Psoriatic arthritis causes joint pain and swelling, and sometimes swelling in fingers, toes, or legs. Additional symptoms may include psoriasis rash, nail changes, and eye redness.

Elbow pain, Avoiding use of the injured arm

Pulled elbow. Which means Pulled elbow (radial head subluxation) causes elbow pain, and children usually hold their injured arm straight or slightly bent and avoid using it. The doctor or nurse should be consulted for diagnosis and treatment, which typically involves a quick procedure to move the ligament and bones back into place. X-rays may be needed in some cases, and pain relief is provided. To prevent this injury, avoid pulling hard on a child's arm or lifting them up by the hand, wrist, or forearm.

Projectile vomiting, Hunger, Forceful vomiting

Pyloric stenosis. Which means Pyloric stenosis in babies is characterized by forceful "projectile vomiting" right after a feeding. Babies may appear hungry and want to feed again after vomiting. If your baby exhibits these symptoms, it's important to contact their doctor or nurse. The condition is diagnosed through an imaging test, typically an ultrasound, and is usually treated with surgery to widen the pylorus, allowing food to pass from the stomach to the intestines.

Input	Output
Bright red tissue sticking out of the anus, Mucus or blood in the tissue, Discomfort or discomfort	Rectal prolapse. Which means Rectal prolapse in children occurs when some or all of the tissue lining the rectum protrudes from the anus. The primary symptom is the presence of bright red tissue sticking out of the anus, which might contain mucus or blood. While rectal prolapse is generally not painful, it can be uncomfortable. The tissue may either remain outside the anus or move back inside the body. To diagnose this condition, a physical examination by a doctor or nurse is usually sufficient. Treatment involves gently pushing the rectal tissue back into the anus, sometimes with the help of relaxation-inducing medicines for children. In cases where this treatment is ineffective or if the problem recurs, surgery may be necessary.
No specific symptoms (usually asymptomatic)	Retinopathy of Prematurity (ROP). Which means Retinopathy of prematurity (ROP) is an eye condition that typically doesn't cause any specific symptoms. ROP is prevalent in babies born prematurely, and it is characterized by the growth of extra blood vessels inside the eye, which can potentially damage the retina ? the part of the eye responsible for reacting to light. Damage to the retina can lead to vision problems and, in severe cases, blindness. Due to the lack of noticeable symptoms, doctors routinely screen all premature babies for ROP. The condition is diagnosed through an eye exam, which may involve dilating the baby's pupils for a clearer view of the retina.
Fever, Rash, Being tired, Being fussy, Not being hungry, Swollen eyelids, Swelling in the neck or behind the ears.	Roseola. Which means Roseola is a common illness in children younger than 2 years. It causes a fever that lasts 3 to 5 days and then a rash. Most children do not seem sick.
Vomiting, Diarrhea, Fever, Dehydration (fewer wet diapers, no tears, dry mouth, sunken eyes, sunken fontanel),	Rotavirus infection. Which means Rotavirus is a virus that can infect the intestines and cause symptoms such as vomiting, watery diarrhea, and fever. In severe cases, it can lead to dehydration, and it is common in children. Most children recover without treatment, but it's essential to prevent dehydration. A vaccine is available for prevention.
Very bad ear pain, Ear pain that suddenly gets better, Clear, pus-colored, or bloody fluid draining from the ear, A buzzing or ringing sound in the ear, Trouble hearing or hearing loss	Ruptured eardrum. Which means A ruptured eardrum is a hole or tear in the thin layer of tissue between the ear canal and middle ear. Common causes include ear infections, extreme pressure changes, and poking the eardrum. Symptoms may vary, and treatment depends on the cause. Antibiotics, eardrops, or surgery might be necessary. Over-the-counter pain relief can help with pain. To prevent ruptured eardrums, avoid putting objects into your ear canal.
Rash, small raised bumps, peeling skin, bright red tongue with small bumps, sore throat, white patches in the back of the throat, swollen glands in the neck, fever	Scarlet fever. Which means Scarlet fever is a condition caused by the bacteria that also cause strep throat. Symptoms include a rash, sore throat, bright red tongue, and other strep throat symptoms. It usually gets better in 2 to 5 days with antibiotic treatment to prevent complications and reduce symptoms. To prevent its spread, practice good hygiene and keep infected individuals isolated until they've been on antibiotics for at least 24 hours.
Uneven shoulders, shoulder blades, hips, or breasts, skin fold on one side of the waist, back pain, trouble breathing (in severe cases)	Scoliosis. Which means Scoliosis is a condition where the spine curves sideways, often resembling an "S" or "C" shape. It can result from various causes, including congenital factors, diseases, or

injuries, and might have a genetic link. In most cases, scoliosis doesn't cause symptoms and is usually detected during routine checkups or school screenings. However, some individuals may experience back pain or breathing difficulties in severe cases. Treatment depends on the severity of the condition and can include observation, bracing, or surgery, with the goal of preventing complications and improving quality of life. In most cases, people with scoliosis can lead normal lives.

Fever, trouble breathing, reduced feeding, vomiting, jaundice, increased sleep, bluish fingertips and lips

Sepsis in Newborns. Which means Sepsis, also known as neonatal sepsis when it occurs in babies younger than 1 month old, is a severe bloodstream infection affecting newborns. The condition requires immediate medical attention as it can be life-threatening. If a newborn displays symptoms such as fever or other signs of illness, it is important to contact their doctor or nurse promptly. The diagnostic process involves blood tests, including blood cultures, and additional tests like a lumbar puncture, urine tests, and chest X-rays to identify any potential sources of infection. Sepsis in newborns is treated in the hospital with antibiotics administered through an IV.

Baby's shoulder gets stuck in the birth canal, difficulty delivering the shoulders.

Shoulder Dystocia. Which means Immediate action is required when shoulder dystocia is suspected during childbirth. Medical professionals will cease pushing and attempt various maneuvers to help deliver the baby, including repositioning the mother, manually assisting the baby's passage, and applying pressure to the baby's shoulders. In some cases, a cesarean section may be recommended to safely deliver the baby.

Pain (hands, feet, chest, bones), swelling and redness (hands, feet), trouble breathing, fever, coughing, severe anemia, severe infections, lung problems, strokes, open sores on the skin, bone problems (shoulder or hip), priapism (painful prolonged erection), various other symptoms.

Sickle cell disease. Which means Sickle cell disease causes pain, infections, anemia, lung issues, strokes, and other complications, leading to a range of symptoms.

Cough, stuffy or blocked nose, discharge from the nose, fever, headache, pain or swelling in the face, sore throat, bad breath. Most symptoms improve within 7 to 10 days.

Sinusitis. Which means Sinusitis in children is characterized by cold-like symptoms such as cough, nasal congestion, and facial pain due to sinus inflammation. It's often caused by viral infections.

Snoring, loud or labored breathing, pauses in breathing, mouth breathing, restlessness, sweating, bedwetting, night terrors. Morning headache, daytime sleepiness, fatigue, falling asleep at unusual times, mouth breathing, trouble focusing, mood changes.

Sleep Apnea. Which means Sleep apnea in children is a condition where a child's breathing is interrupted during sleep. It is often caused by enlarged tonsils or adenoids, and it can lead to various nighttime and daytime symptoms.

Walking, crawling, running, or talking while asleep, trying to perform tasks like getting dressed, appearing awake but with a blank expression, unresponsive to communication. Episodes last for a few seconds to minutes and end with the child falling back asleep.

Sleepwalking. Which means Sleepwalking, more common in children, is a condition where a child performs activities, like walking or talking, while they are asleep.

Trouble swallowing food, Drooling, Pain in the neck or chest, Coughing, trouble breathing, or noisy breathing

Swallowed objects. Which means Swallowing objects is more common in children, but can also occur in adults. Most swallowed objects pass through the digestive tract without causing problems. However, some objects may cause symptoms, and those need to be removed by a doctor. The

symptoms are more likely when the object is stuck in the esophagus. Depending on the type of object, its location, and the presence of symptoms, tests and procedures like X-rays, upper endoscopy, or surgery may be needed for diagnosis and removal.

Large lumps in the neck, red or warm skin around swollen neck nodes, runny nose, stuffy nose, cough (associated with common cold)

Swollen neck nodes. Which means Swollen neck nodes in children can have various causes, with the main ones being infection and non-infectious conditions. Infections like the common cold or bacterial infections can lead to swollen neck nodes, which may be painful and accompanied by other symptoms related to the underlying infection. Non-infectious causes may include connective tissue diseases or cancer. It's important to consult a doctor if you notice swollen neck nodes in your child, as the doctor may need to examine your child to determine the cause. Tests, including blood tests, lab tests, imaging tests, biopsies, and skin tests, may be required to diagnose the underlying condition.

Stiff jaw, muscle spasms, breathing trouble, fever

Tetanus. Which means Tetanus is a serious infection caused by soil bacteria that enter the body through wounds. Symptoms include muscle stiffness, "lockjaw," muscle spasms, and difficulty breathing. Treatment is required in a hospital, often in the ICU. Tetanus can be prevented with tetanus vaccines and boosters.

Stiff or swollen joints, pain, fever, rash, eye redness

Juvenile Idiopathic Arthritis (JIA). Which means JIA, formerly known as juvenile rheumatoid arthritis, is an inflammation of the joints in children. Various types of JIA exist, including systemic arthritis, polyarthritis, oligoarthritis, enthesitis-related arthritis, and psoriatic arthritis. Symptoms can include joint symptoms, fever, rash, eye redness, pain, stiffness, and swelling in the joints. A doctor or nurse should be consulted if a child has stiff, swollen, or painful joints. Treatment options include medicines, physical therapy, and, in some cases, surgery. Regular eye exams are essential to check for uveitis, a possible complication.

Fever, redness in the white part of the eye, cracked, red lips, red, swollen tongue, rash, swollen glands in the neck, swollen, red skin on the palms of the hands and soles of the feet

Kawasaki Disease. Which means Kawasaki Disease is an inflammatory condition affecting blood vessels, primarily in children under 5 years old. It presents with various symptoms, and diagnosis typically involves a physical exam. Diagnostic tests may include blood and urine tests, as well as an echocardiogram. Treatment often includes immune globulin (IVIG) and aspirin, although steroids may be used in some cases. Without treatment, Kawasaki Disease can pose a risk of heart problems, such as swelling of the blood vessels in the heart.

Pain in the belly or back, blood in the urine, pain when urinating, urgency to urinate, nausea or vomiting, irritability in small children, and sometimes asymptomatic

Kidney Stones. Which means Kidney stones are small stones formed in the kidneys and urinary tract. They consist of salts and minerals normally found in urine. Symptoms can include pain, blood in the urine, and other urinary issues. Imaging tests are used to diagnose and determine the stone's size and location. Treatment varies based on stone characteristics and symptoms, ranging from drinking fluids and pain management to hospital treatment for severe cases. There's also a risk of recurring kidney stones, so preventive measures are often advised.

Pain, tenderness, swelling, bruising, difficulty bending, walking, instability, weight-bearing issues

Knee Sprain. Which means A knee sprain occurs when the knee is bent or twisted too far, causing ligaments to stretch or tear, leading to pain, swelling, and instability. Diagnosis involves a physical examination, X-rays (if necessary), ultrasound, or MRI. Treatment includes "PRICE" (Protect, Rest,



Ice, Compression, Elevation), pain relief medicines, and exercises. Follow-up appointments may be needed, and a doctor should be contacted if pain or swelling worsens or if certain severe symptoms occur.

Input	Output
Hunched or rounded back, back pain, stiffness	Kyphosis in children. Which means Kyphosis in children refers to an excessive curving of the upper back, leading to a hunched or rounded back. It is mainly caused by issues with the vertebrae, and the types of kyphosis include congenital kyphosis (present at birth), postural kyphosis (often seen in teen girls who slouch), and Scheuermann kyphosis (caused by wedged-shaped vertebrae). The primary symptom is a rounded back, which may be accompanied by pain or stiffness. Diagnostic tests such as a back X-ray may be needed. Treatment varies depending on the cause and severity of the condition, including surgery, exercises, pain relief, and bracing.
Fatigue, stomach ache, constipation, irritability, vomiting	Lead poisoning. Which means Lead poisoning is a severe medical condition that primarily affects children and occurs when their bodies accumulate excessive levels of lead. Lead exposure can lead to damage in various organs, particularly the brain and kidneys, and can cause irreversible learning and memory problems in children. Lead can be present in diverse sources, including dust, wall paint, imported toys, pottery, soil, and drinking water. Children can acquire lead poisoning through swallowing or inhaling lead-containing dust or via the ingestion of contaminated water or food.
Difficulty in reading, writing, or doing math	Learning disabilities. Which means Learning disabilities are conditions that affect a child's ability to learn effectively. They are not related to a child's intelligence; children with learning disabilities can be as smart as their peers but have differences in their brain function that make it challenging for them to learn, remember, and utilize information. The primary symptom of learning disabilities is the inability to learn as well as other children of the same age or grade. For instance, a child with a learning disability may struggle with reading, writing, or math compared to their peers. Testing is essential to diagnose learning disabilities, and it involves assessing various aspects, including intelligence (IQ), vision, hearing, speech, and motor skills.
Fatigue, Pale skin, Weakness, Shortness of breath, Easy bruising, Frequent nosebleeds, Petechiae, Prolonged bleeding from minor cuts, Fever, Frequent infections, Bone pain, Joint pain, Swollen lymph nodes, Enlarged liver or spleen	Leukemia in children. Which means Leukemia in children is characterized by various symptoms, including fatigue, pale skin, weakness, shortness of breath, easy bruising, frequent nosebleeds, petechiae (small red spots under the skin), prolonged bleeding from minor cuts, fever, frequent infections, bone pain, joint pain, and swollen lymph nodes. In some cases, an enlarged liver or spleen may also be observed. Leukemia originates in the bone marrow, causing the production of abnormal blood cells that lead to a deficiency of normal blood cells, hence these symptoms.
Losing weight, Low body weight, Loss of muscle, Loss of fat, Lack of appetite, Fatigue, Weakness, Skin and hair changes, Mood changes, Swelling	Malnutrition in children. Which means Malnutrition in children is characterized by symptoms such as losing weight, having a low body weight, experiencing loss of muscle and fat, having a lack of appetite, feeling fatigue and weakness, undergoing skin and hair changes, mood changes, and swelling. Malnutrition is a condition where the body does not receive the appropriate nutrients required for its proper functioning. It is mainly categorized into two types: undernutrition and overnutrition.
Hip pain, Limping, Hip discomfort when walking, Fever	Transient synovitis. Which means Transient synovitis is a condition that causes hip pain and limping in children. It is characterized by symptoms such as sudden hip pain, which may lead to

limping during walking. Children with transient synovitis may feel more comfortable when they rotate the affected hip outward, away from the body. In most cases, only one hip is affected, but some children may experience pain in both hips. Mild fever may also be present in some cases.

Transient synovitis is a short-term condition that usually resolves within 1 to 2 weeks. To diagnose the condition, a doctor will perform an examination and order tests to rule out more serious causes of hip pain, such as infection.

Short stature, Square-shaped chest, Swollen or puffy hands and feet, Wide neck, Delayed or absent puberty, Growth hormone deficiency, Heart problems, Kidney or liver problems, Thyroid disease, Hearing loss, Ear infections, Eye problems, Learning difficulties, Osteoporosis

Turner syndrome. Which means Turner syndrome is a genetic disorder that exclusively affects females and is characterized by various physical and medical features. Common symptoms include short stature, a square-shaped chest, swollen or puffy hands and feet, and a wide neck (referred to as "webbed neck"). Individuals with Turner syndrome typically do not undergo normal puberty and do not develop secondary sexual characteristics, such as breasts or menstruation, without the administration of female hormones. Growth hormone deficiency is also common, and growth hormone shots may be required. Other medical issues associated with Turner syndrome involve heart problems, kidney or liver problems, thyroid disease, hearing loss, ear infections, eye problems, and learning difficulties. Osteoporosis, a condition that weakens bones, may also occur. Diagnosis can be confirmed through a blood test to detect the genetic abnormality responsible for Turner syndrome.

Intense thirst, Being very tired, Urinating often, Losing weight, Blurred vision, Nausea, Vomiting, Belly pain, Panting

Type 1 diabetes. Which means Type 1 diabetes, also known as type 1 diabetes mellitus, is a condition that disrupts the body's normal sugar utilization. All cells in the body require sugar for proper functioning, which is facilitated by the hormone insulin. People with type 1 diabetes produce little or no insulin. The lack of insulin results in elevated blood sugar levels. Common symptoms of type 1 diabetes include intense thirst, fatigue, frequent urination, weight loss, blurred vision, and in severe cases, nausea, vomiting, abdominal pain, and panting. A blood test can diagnose diabetes and determine whether it is type 1 or type 2 based on factors such as age, weight, and other criteria.

Diarrhea, Belly pain, Weight loss, Tiredness, Fever, Joint pain, Eye irritation, Skin rashes

Ulcerative colitis. Which means Ulcerative colitis is a condition in children that leads to symptoms such as diarrhea, abdominal pain, and bloody bowel movements. These symptoms occur due to inflammation and the development of ulcers in the colon (large intestine). In some cases, the symptoms can be mild, while in others, they can be severe. Symptoms may include diarrhea with blood, belly pain, weight loss, fatigue, fever, joint pain, eye irritation, or skin rashes. To diagnose ulcerative colitis in children, healthcare providers can perform blood tests, imaging tests such as X-rays, CT scans, or MRI scans, and a colonoscopy. Colonoscopy is a procedure in which a thin tube with a camera is inserted through the anus into the colon, allowing the doctor to examine the colon's lining and take tissue samples for microscopic analysis.

Fever, Fussiness, Pain or burning during urination, Frequent urination, Bedwetting, daytime wetting, Lower belly or back pain, Fever

Urinary Tract Infections (UTIs). Which means UTIs in children are typically caused by bacteria entering the urinary tract. Children with certain risk factors, such as abnormal urinary system development, bladder dysfunction, or being uncircumcised (for males), have a higher chance of developing UTIs. Symptoms vary depending on the child's age and ability to communicate. In

younger or non-verbal children, symptoms may include fever and fussiness. Older children capable of expressing themselves may experience pain or burning while urinating, increased urination frequency, bedwetting or daytime wetting (in toilet-trained children), lower abdominal or back pain, and fever.

itching or irritation around the vagina, redness, swelling, cracks in the skin around the vagina, changes in color, odor, or amount of vaginal discharge, pain when urinating

Vaginitis. Which means Vaginitis in children occurs when the vagina and vulva become red and swollen. The vulva is the area surrounding the vaginal opening. Various factors can cause vaginitis in children, including irritation from products like soaps, bubble baths, detergents, or perfumes, the presence of foreign bodies (e.g., toilet paper), hygiene issues like poor genital area cleanliness or staying in wet swimsuits, infections (bacterial or yeast, especially in children with weak immune systems or who have taken antibiotics), pinworms (parasitic worms that can migrate to the vaginal area), certain types of clothing (such as tight or non-breathable fabrics), or even sexual abuse in some cases. If a child presents with vaginitis symptoms, it's important to consult a doctor or nurse for evaluation. The cause of vaginitis can sometimes be determined through questions and examination, but tests may be necessary in some cases. Tests may include vaginal cultures to identify bacterial infections and tests for sexually transmitted infections (STIs).

Heartbeat faster than usual, fast Breathing, Not gaining weight or growing as quickly as other babies, hungry but having trouble eating, Pale skin

Ventricular Septal Defect (VSD). Which means A ventricular septal defect, or "VSD," is a hole between 2 sections of the heart. VSDs are a common heart problem. A child who has a VSD was born with it. VSD causes a heart murmur. Small VSDs usually do not cause any symptoms and might close on their own. Medium or large VSDs can cause symptoms and may require treatment. Treatment approaches depend on the size of the VSD and the child's specific condition.

There are no symptoms.

Vesicoureteral Reflux (VUR). Which means Vesicoureteral reflux, or "VUR," is a condition that causes some urine to flow backward from the bladder through the ureters to the kidneys. It is most common in babies and young children but can also occur in older children and adults. Doctors may suspect VUR if a child has hydronephrosis or recurrent urinary tract infections (UTIs).

sneezing, runny nose, stuffy nose, mild cough, severe coughing attacks. chokeness, trouble breathing, vomiting

Whooping Cough. Which means Whooping cough, or pertussis, is an infection that leads to a severe cough. It typically starts with cold-like symptoms and a mild cough, which worsens over 1 to 2 weeks. Severe coughing attacks, accompanied by gagging, choking, and breathing difficulties, can occur. Vomiting from intense coughing is common. The "whooping" sound while inhaling is characteristic, although not everyone with whooping cough makes this noise.

Belly pain, Vomiting, Constipation, Muscle pain, Seizures, Mental symptoms, A fast heartbeat, Trouble urinating, red-colored urine

Acute intermittent porphyria. Which means Porphyria is a condition that affects how the body makes something called heme. Heme is made from iron and helps blood cells carry oxygen around the body.

Get nosebleeds, gums sometimes bleed, Bruise , Bleeding, long-lasting menstrual periods, heavy bleeding

von Willebrand disease. Which means von Willebrand disease is a condition that can cause bleeding. People with VWD sometimes bruise easily, have nosebleeds or heavy menstrual periods, or bleed too much when they have surgery or are injured.

tiredness, Weakness, numbness, Losing weight, Fever, Night sweats, Swollen lymph nodes, nose or gums bleeding, vision or hearing change, Headaches, Dizziness, Passing out, unable to move or talk normally

Waldenström's macroglobulinemia. Which means Waldenström's macroglobulinemia, is a rare type of lymphoma, or cancer of the lymphatic system. The lymphatic system is made up of organs all over the body that make and store cells that fight infection.

Nausea, Vomiting, Diarrhea, Lack of appetite, tired, Blood in the urine, Muscle cramps or stiffness, irregular heartbeat, Seizures, Fainting

Tumor lysis syndrome. Which means Tumor lysis syndrome is a serious medical emergency that can happen to people with cancer. It happens when a lot of cancer cells break down and release certain substances into the bloodstream.

pain in the hands and feet, pain in the chest, trouble breathing, fever, pain in the bones, Infection, Dehydration, painful and long-lasting erection

Sickle cell disease. Which means Sickle cell disease is a condition that affects cells in the blood called red blood cells. The red blood cells carry oxygen to organs in the body using a protein called "hemoglobin.

headaches, weakness or dizziness, Sweat, itchiness, painful swollen joints, burning pain in hands and feet, vision problems, stomach problems

Polycythemia vera. Which means Polycythemia vera is a condition that affects bone marrow. Bone marrow is the tissue in the center of your bones that makes blood cells.

Input	Output
Pale skin, tiredness, fast heartbeat, Trouble breathing, Headache and muscle pains, Problems with memory and confusion, Mood problems, Numbness, Weakness in arms or legs	Pernicious anemia. Which means Pernicious anemia is a condition that happens when a person cannot absorb vitamin B12 from food. Vitamin B12 is in foods that come from animals, including eggs, meat, poultry, and fish.
-	Neutropenia. Which means Neutropenia is a condition that happens when your blood does not have enough neutrophils. Neutrophils are a type of white blood cell.
weakness, tiredness, dizziness, trouble thinking, trouble breathing, Bruise or bleed, Get infections more easily	Myelodysplastic syndromes . Which means Myelodysplastic syndromes are a group of conditions that involve the blood. Blood is made up of different types of cells.
Bone pain, bones break easily, Nausea, vomiting, confusion, thirsty more than usual, weak, tired, short of breath, Blurry vision, Numbness, tingling, weakness in the chest, weakness in lower back, weakness in legs, sick more easily, Losing weight, Severe back pain, tingling in the legs, problems controlling your bladder or bowel	Multiple myeloma. Which means Multiple myeloma is a cancer of the plasma cells. Plasma cells are a type of white blood cell.
tiredness, weakness, Bleeding more easily , getting fevers or infections more easily, Bone pain, Swollen lymph nodes	Leukemia in children. Which means Leukemia is a type of blood cancer. The blood is made up of different types of cells that are made in the bone marrow (in the middle of bones).
tiredness, weakness, Bleeding more easily, Getting sick from infections more easily than normal	Leukemia in adults. Which means Leukemia is a type of cancer of the blood cells. Blood is made up of different types of cells that are made in the center of your bones, in a part called the bone marrow.
Bleeding, Bleeding in the skin	Immune thrombocytopenia (ITP). Which means Immune thrombocytopenia is a problem with the immune system that causes too few platelets. Platelets are blood cells that help blood to clot.
tiredness, Fever, Weight loss, loss of appetite, Drenching sweats	Hodgkin lymphoma in children. Which means Hodgkin lymphoma (which used to be called Hodgkin's disease) is a type of lymphoma. Lymphoma is a cancer of white blood cells called lymphocytes.
Fever, Weight loss, Drenching sweats	Hodgkin lymphoma in adults. Which means Hodgkin lymphoma (which used to be called Hodgkin's disease) is a type of lymphoma. Lymphoma is a cancer of white blood cells called lymphocytes.
Pain from bleeding in muscle, Blood in a bowel movement, Blood in the urine, Belly pain, Bleeding in the brain or spinal cord	Hemophilia. Which means Hemophilia is a condition that keeps blood from clotting normally. If blood doesn't clot normally, people can bleed very easily or much more than normal.
weakness, tiredness, Changes in skin color, Joint pains, belly pain, yellowing of the eyes, trouble breathing, weight gain, urinating more than usual, problems with sex	Hemochromatosis. Which means Hemochromatosis is a condition in which too much iron builds up in the body. This can lead to problems such as liver damage, heart damage, joint pains, and weakness.

Belly pain , tiredness, weakness, Losing weight, Bleeding or bruising more easily, Getting sick from infections more easily	Hairy cell leukemia. Which means Hairy cell leukemia is a rare type of blood cancer that grows very slowly. Blood is made up of different types of cells.
Jaundice, Pale skin, paleness of the lips, paleness of the tongue, paleness inside of the eyelid, Dark-colored urine, Back or belly pain, Tiredness, fatigue, headache	Glucose-6-phosphate dehydrogenase deficiency. Which means Treatment depends on your symptoms and how severe your anemia is. Most people just need to know which foods, medicines, and chemicals they should avoid.
Fever, Weight loss, Night sweats, Pain, Blockages in the digestive tract, blockages in urinary tract, tiredness, weakness	Follicular lymphoma. Which means Follicular lymphoma is a type of lymphoma. Lymphoma is cancer of the lymphatic system.
Warmth in the leg, redness in the leg, pain in the leg, swelling in the leg, Breathing problems, sharp chest pain, coughing, fast heartbeat, passing out, Drooping of 1 side of the face, Arm weakness, Trouble speaking	Factor V Leiden. Which means Call your doctor or nurse right away if you think you might have a blood clot in your leg. If you have symptoms of a stroke or a blood clot in the lungs, call for an ambulance (in the US and Canada, call 9-1-1).
Gallstones, Liver disease, Low iron levels, Low vitamin D levels	Erythropoietic protoporphyria and X-linked protoporphyria. Which means Porphyria is a condition that affects how the body makes a substance called heme. Heme is made from iron and helps blood cells carry oxygen around the body.
Bleeding too easily, Getting blood clots too easily, confusion, trouble thinking clearly	Disseminated intravascular coagulation. Which means The most important treatment for DIC is to treat the condition that caused the DIC. After that, treatment depends on a person's symptoms.
Fever, Weight loss, Night sweats	Diffuse large B cell lymphoma. Which means Diffuse large B cell lymphoma, called DLBCL, is one type of lymphoma. Lymphoma is a cancer of lymphocytes, which are infection-fighting cells of the body's lymphatic system.
Tiredness, weakness, Sweating much more, Losing weight, full after eating a small amount of food, Bleeding more easily	Chronic myeloid leukemia (CML). Which means Chronic myeloid leukemia is a type of blood cancer. Blood is made up of different types of cells.
Tiredness, weakness, Swollen lymph nodes, getting sick from infections more easily, Fevers, drenching sweats at night, losing weight	Chronic lymphocytic leukemia (CLL). Which means Chronic lymphocytic leukemia, or CLL , is a type of blood cancer that usually grows very slowly. Blood is made up of different types of cells.

Input	Output
Pain, Nerve-related symptoms	Bone metastases. Which means Bone metastases are cancerous tumors in the bone that have spread from another part of the body. The word for 1 of these tumors is "metastasis.
Pale skin, Acting cranky or upset, Not growing as much as expected, Swelling of the belly, yellow skin, white part of the eyes turning yellow, bones of the face or skull being wider	Beta thalassemia. Which means Thalassemia is a condition that affects red blood cells. Red blood cells are made inside your bones, in a part called the bone marrow.
Pale skin, pale color in the tissue inside of the eyelids, tiredness, fast heartbeat, trouble breathing, Headache and muscle pains, reddish	Autoimmune hemolytic anemia. Which means Autoimmune hemolytic anemia is a type of hemolytic anemia. Anemia is the medical term for when a person has too few red blood cells.
Weakness, tiredness, Fast heartbeat, Trouble breathing, Headache and muscle pains, Get infections often, Have more bruising or bleeding	Aplastic anemia. Which means Aplastic anemia is a condition that happens when a person has too few blood cells.
tiredness, weakness, irritation , headaches	Anemia of inflammation (anemia of chronic disease). Which means Anemia is the medical term for when a person has too few red blood cells. Red blood cells are the cells in your blood that carry oxygen.
irritation, tiredness, weakness, headaches, chest pain, trouble breathing, abnormal cravings, restless legs syndrome	Anemia caused by low iron. Which means Anemia is the term for when a person does not have enough of something called hemoglobin in their blood. Hemoglobin helps red blood cells carry oxygen to all parts of the body.
tiredness, Losing weight, swelling feet, swelling ankles, swelling legs, swelling belly, shortness of breath, Numbness in hands or feet, large tongue, Skin that bruises easily, bruised-looking skin, Bleeding more, kidney problems, blood pumping, larger liver	AL amyloidosis. Which means AL amyloidosis is 1 type of amyloidosis, which is the buildup of abnormal proteins in the body. These proteins build up in different organs, which can lead to problems.
Tiredness, weakness, Bleeding more easily, getting sick from infections more easily	Acute myeloid leukemia (AML). Which means Acute myeloid leukemia (called AML) is a type of blood cancer. AML is usually fast-growing and needs to be treated quickly.
tiredness, weakness, Bleeding or bruising more easily, getting sick from infections more easily	Acute lymphoblastic leukemia (ALL). Which means Acute lymphoblastic leukemia, called ALL, is a type of blood cancer. ALL is fast-growing and needs to be treated quickly.
Blood in the urine ,Kidney cancer, Blood clots ,Higher problems from certain eye injuries ,Higher spleen problems	sickle cell trait. Which means Sickle cell trait is a condition that is passed on in families. It happens when you get a sickle cell gene from 1 of your parents and a normal gene from the other parent.
Belly pain,Vomiting, Constipation Muscle pain, weakness, numbness, seizures ,Anxiety, confusion, depression, trouble sleeping, fast heartbeat, Trouble urinating, red-colored urine	Acute porphyrias. Which means Acute porphyrias, such as AIP, cause attacks that last a few days to a few weeks.



Blisters on the skin, Skin pain, itching, swelling	Cutaneous porphyrias. Which means Some porphyrias cause both acute and cutaneous symptoms.
Nausea, vomiting, Sweating, Paleness, Fatigue, Belly pain, Reduced urination, Confusion, Jaundice	Acetaminophen poisoning. Which means Acetaminophen poisoning occurs when an individual takes an excessive amount of acetaminophen (Tylenol), leading to severe health issues, including potential fatality. It is often accidental, as many over-the-counter medications contain acetaminophen. Symptoms vary over time. In the first 24 hours, there may be nausea, vomiting, sweating, paleness, fatigue. On days 2 and 3, symptoms may include belly pain and reduced urination. After day 3, there's a risk of confusion and jaundice, indicating severe poisoning that could be fatal.
Vomiting, Taste of stomach acid in mouth or throat, Refusal to eat, Weight loss, Upset stomach, Heartburn, Trouble swallowing	Gastroesophageal Reflux Disease (GERD) in Children and Teens. Which means Acid reflux is when stomach acid backs up into the esophagus. A small amount of acid reflux is normal, but if it occurs frequently, it can lead to GERD. Children with certain health issues are at higher risk. Symptoms vary by age, and if they occur more than once a week, it might be a sign of GERD. Consult a doctor or nurse for diagnosis and treatment. Various lifestyle changes can help, and medications may be prescribed in more severe cases. Surgery is rare and considered for specific cases with complications.
Trouble walking, Jumpy or flicking eyeball movements, Trouble speaking clearly, Vomiting, Headache	Acute Cerebellar Ataxia. Which means Acute cerebellar ataxia is a condition that primarily affects children aged 2 to 5, but can also occur in older children. It often develops in response to an infection causing fever. The main symptom is difficulty in walking, and other movement issues may also arise, including jumpy or flicking eyeball movements, trouble speaking clearly, vomiting, and headaches. While symptoms of acute cerebellar ataxia generally resolve within 2 to 3 weeks, doctors may perform tests to ensure the symptoms are not due to a more serious underlying issue, such as brain damage. Treatment is typically not necessary, and the condition tends to improve on its own. Preventive measures to reduce the risk of acute cerebellar ataxia include ensuring children receive appropriate vaccines to guard against infections that can trigger the condition, such as chickenpox, measles, and mumps.
Confusion, Trouble standing up, Slow or stopped breathing, Seizures, Irregular heartbeat, Turns blue or very pale, Cool skin, Unconsciousness, Incessant vomiting	Alcohol Poisoning. Which means Alcohol poisoning occurs when someone consumes a dangerous amount of alcohol within a short time, leading to potentially life-threatening symptoms. While some symptoms may resemble being drunk, they can be more severe. Alcohol poisoning can result in slow or stopped breathing, seizures, an irregular heartbeat, and can even cause a person to lose consciousness. In such cases, it is crucial to call for immediate medical assistance (e.g., 9-1-1 in the US and Canada). Doctors in the emergency department will monitor the person's breathing, provide fluids through an intravenous (IV) line if necessary, and check for any other medical problems. Contrary to common misconceptions, there is no way to quickly remove alcohol from the body; it takes time. For individuals who don't require emergency care but have been drinking excessively, it is essential to monitor their breathing, lay them on their side to prevent choking on vomit, check for signs of injury, and keep them warm. If someone's alcohol consumption raises concerns for their safety, it might indicate alcohol use disorder, also known as alcoholism or alcohol

addiction. Encourage them to seek professional help, as treatments are available to address alcohol use disorder.
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Pale skin, Crying, Sweating, Trouble breathing, Chest pain, Leg cramps, Cold hands and feet	Aortic coarctation. Which means Aortic coarctation is a heart defect that causes the aorta to narrow. Children with aortic coarctation are born with the problem. Depending on the severity, there may be no symptoms or symptoms such as pale skin, crying, sweating, trouble breathing, chest pain, leg cramps, and cold hands and feet. Weaker pulse and lower blood pressure in legs. Tests for aortic coarctation in children include ECG, echocardiogram, MRI, or CT scan. Treatment for aortic coarctation includes medicines through an IV, angioplasty, and surgery, depending on the child's age, size, and symptoms. After treatment, children with aortic coarctation may need regular check-ups and possibly have activity restrictions based on their condition.
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Wheezing, Coughing, Tight feeling in the chest, Trouble breathing	Asthma. Which means Asthma symptoms can be mild or severe, and they can include wheezing, coughing, a tight feeling in the chest, and trouble breathing. Asthma symptoms can vary in frequency and severity, and an asthma attack can be particularly severe. Asthma can run in families. It is important to recognize the symptoms and seek appropriate medical care. There are tests available to diagnose asthma, and it can be managed with different types of medicines, including quick-relief medicines for symptom relief and long-term controller medicines for prevention. An asthma action plan helps guide management.
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Wheezing, Coughing, Tight feeling in the chest, Trouble breathing	Asthma in children. Which means Asthma symptoms can include wheezing, coughing, a tight feeling in the chest, and trouble breathing. Symptoms can range from mild to severe, and in rare cases, an asthma attack can be life-threatening. A doctor can diagnose asthma through tests and exams. Treatment involves different types of medicines, including quick-relief and long-term controller medicines. An asthma action plan is essential for managing the condition and preventing future attacks. Most children with asthma can lead normal lives with proper management.
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Increased activity (hyperactivity), Acting impulsively, Trouble paying attention	Attention deficit hyperactivity disorder (ADHD) in children. Which means ADHD is a condition that can make it hard for children to sit still, pay attention, or make good decisions. It often begins in childhood and can cause difficulties in school, at home, and with friends. Symptoms include increased activity (hyperactivity), acting impulsively, and trouble paying attention. There is no cure for ADHD, but treatments such as medicines, behavior therapy, and school-based strategies can help manage symptoms and improve a child's functioning.
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Input	Output
Social interaction and social communication problems, Limited interests and repetitive behaviors	Autism spectrum disorder (ASD) in children. Which means Autism spectrum disorder (ASD), commonly referred to as "autism," is a developmental disability that affects how a person interacts with the world, including difficulties in communicating and understanding others. The disorder encompasses a wide range of symptoms and behaviors, hence the term "spectrum." These symptoms include challenges in social interaction and communication, such as trouble with facial expressions, avoiding eye contact, and difficulty with using non-verbal communication. Children with ASD may also display intense interests in specific subjects, repetitive behaviors, and resistance to change in routines. It's important to note that each child with autism is unique, and symptoms may vary. Early diagnosis and support are crucial for children with ASD.
Fever, Headache, Stiff neck, Nausea or vomiting, Confusion, Light sensitivity, Rash, Seizures, Sleepiness or fussiness in babies, Poor feeding in babies, Bulging soft spot in babies	Bacterial meningitis. Which means Bacterial meningitis is a condition characterized by the inflammation or infection of the meninges, the protective lining of the brain and spinal cord, due to bacterial agents. The primary symptoms of bacterial meningitis include sudden onset of fever, severe headache, and a stiff neck. Other symptoms may include nausea, confusion, light sensitivity, skin rash, seizures, and in babies, increased sleepiness, poor feeding, and a bulging soft spot on the skull. Immediate medical attention is crucial, as bacterial meningitis is a medical emergency and can lead to severe complications if not treated promptly. Diagnostic tests include blood tests, lumbar puncture (spinal tap), and CT scans of the brain. Treatment involves hospitalization with intravenous antibiotics and fluids. Vaccines are available to prevent certain types of bacterial meningitis, and preventive measures include thorough handwashing and avoiding sharing cups or silverware.
Swollen head of the penis, Sore head of the penis, Inflammation of the head of the penis, Red sores, Pus, Pain or itching, Pain or trouble urinating	Balanitis. Which means Balanitis in children is a condition characterized by the swelling, soreness, or inflammation of the head of the penis. When the foreskin is also affected, it is termed "balanoposthitis." Balanitis can be caused by various factors, including infection, with yeast infection being common in children wearing diapers or those with diabetes. Other infections in the groin area can also lead to balanitis. Irritation may result from inadequate or excessive cleaning of the penis or foreskin, or the use of harsh soaps. Injuries can occur if the foreskin is pulled back roughly or if the penis rubs against clothing or gets caught in a zipper. Symptoms of balanitis typically worsen over 3 to 7 days and may include pain, tenderness, itching, red sores on the head of the penis or foreskin, thick bad-smelling pus, and pain or difficulty when urinating. If left untreated, the penis can swell, and in uncircumcised children, the foreskin can become stuck to the head of the penis or just below it, potentially leading to scarring. Immediate medical attention is advised for children with these symptoms, particularly if the foreskin is stuck and cannot be moved. Diagnosis usually involves a physical examination and assessment of symptoms by a healthcare provider. In some cases, further tests such as fluid sampling or other infection or diabetes assessments may be performed. Treatment of balanitis varies depending on the specific symptoms and their severity. If a child cannot urinate due to pain, various treatments may be attempted, such as sitting in a warm bath or using numbing creams. For other symptoms, soaking the penis in warm water and gentle cleaning are recommended, avoiding harsh substances. Antifungal medications, antibiotics, or steroid creams may be prescribed based on the underlying cause of balanitis. Preventive measures include keeping the penis clean, avoiding forcible pulling back of the foreskin,

	and adhering to proper hygiene practices. If the child's symptoms persist or worsen, further medical evaluation is required to rule out complications.
Pale skin, Acting cranky or upset, Not growing as much as expected, Swelling of the belly, The skin or white part of the eyes turning yellow, The bones of the face or skull being wider than normal	Beta thalassemia. Which means Beta thalassemia is a condition that affects red blood cells. Red blood cells carry oxygen to all parts of the body. In transfusion-dependent beta thalassemia, symptoms usually start after a baby is a few months old. Symptoms can include pale skin, acting cranky or upset, not growing as much as expected, swelling of the belly, the skin or white part of the eyes turning yellow, and the bones of the face or skull being wider than normal. Some symptoms happen because parts of the body that don't normally make red blood cells start trying to make them. This is why some people notice swelling or abnormal growth of the belly or bones. The other thing that can happen over time is too much iron building up in the body. This happens because having too little hemoglobin causes the body to take in more iron, even though it doesn't need to.
No symptoms	Beta thalassemia trait. Which means People with beta thalassemia trait generally don't have symptoms. They might not even know that they have it. This happens when a person gets a gene from only 1 parent that makes some beta globin.
Fever, Cough, Trouble breathing, Diarrhea, Headache or body aches, Feeling confused, Sore throat, Runny nose	Bird flu (avian influenza). Which means Bird flu, also known as "avian influenza," is a type of flu that normally occurs in birds and occasionally spreads from infected birds to humans. Common symptoms for different strains of bird flu include fever, cough, trouble breathing, diarrhea, headache or body aches, feeling confused, sore throat, and runny nose. Bird flu can be severe, and people with bird flu are more likely to have severe illness and a higher mortality rate compared to seasonal flu. If you suspect bird flu symptoms and have been around sick or dead birds or have traveled to a country with bird flu cases, it's crucial to contact a doctor or nurse immediately. They will advise you on whether to go to a clinic or hospital, as many people with bird flu require hospitalization. Pregnant individuals should also seek medical attention promptly if they have flu symptoms due to the risks involved during pregnancy. Bird flu is treated with antiviral medicines, and antibiotics do not work against the flu.
Increased tearing, Crusting of the eyelids, Redness of the white part of the eye, A blue-colored area of swelling between the eye and nose (only if both ends of the tear duct are blocked),  Redness, Swelling, Warmth, Pain, Pus draining from the eye	Blocked tear duct. Which means A blocked tear duct is a condition where the eyes produce excessive tears due to an obstruction in the tear duct. The tear duct is a pathway of small tubes that drain tears from the inner eyelid to the inside of the nose. Common symptoms of a blocked tear duct include increased tearing, crusting of the eyelids, redness of the white part of the eye, and sometimes a blue-colored swelling between the eye and nose (if both ends of the tear duct are blocked). In some cases, a blocked tear duct can become infected, leading to additional symptoms such as redness, swelling, warmth, pain, and pus draining from the eye. Most babies with a blocked tear duct do not require specific treatment, as the condition often resolves on its own by the age of 6 months. However, if the tear duct does not open naturally, an eye specialist may perform a procedure to open it. In cases of infection, antibiotics may be prescribed.
Stuffy or runny nose, Mild cough, Fever (temperature higher than 100.4?, or 38?), Decreased	

appetite, Breathing faster than normal, Pauses between breaths (sometimes lasting more than 15 or 20 seconds), Wheezing (usually lasts about 7 days), Severe cough (can last for 14 days or longer), Trouble eating and drinking (especially for babies), Stops breathing, Blue or gray lips, gums, or fingernails, Very hard time breathing, Grunting, Caving in of skin and muscles between the ribs or below the ribcage, Nostril flaring, Fever in children under 3 months (temperature greater than 100.4?, or 38?), Fever in children older than 3 months (temperature greater than 100.4?, or 38?) for more than 3 days, Fewer wet diapers than normal

Bronchiolitis. Which means Bronchiolitis is a respiratory infection that affects the bronchioles, causing symptoms such as a runny or stuffy nose, mild cough, fever, decreased appetite, rapid breathing, wheezing, severe cough, and difficulty eating and drinking. In more severe cases, children may experience respiratory distress, including pauses in breathing, grunting, or skin and muscle retractions. Not all cases of bronchiolitis require medical attention, but you should seek medical help if your child shows signs of severe respiratory distress. The doctor or nurse will diagnose bronchiolitis based on the symptoms, and in some cases, they might perform tests to determine the cause, such as RSV or another viral infection. Treatment for bronchiolitis is primarily focused on ensuring the child gets enough oxygen. The doctor or nurse may need to suction mucus from the child's nose or provide moist air or oxygen. Antibiotics are not typically prescribed since bronchiolitis is caused by viruses. To help your child feel better, you can ensure they stay hydrated, use a humidifier, give appropriate over-the-counter medications, suction mucus from the nose, and use pillows for elevation if the child is over 1 year old. Additionally, it's essential to take precautions to prevent bronchiolitis and other infections, such as washing hands, practicing good respiratory hygiene, avoiding sharing utensils, cleaning frequently touched surfaces, and staying away from sick individuals. Young babies can get vaccinated to protect against RSV.

Repeated, severe episodes of vomiting, Nausea, Belly pain, Feeling very tired, Pale skin, Diarrhea, Feeling very tired, Being very thirsty, or having a dry mouth or tongue, Muscle cramps, Dizziness, Confusion, Urine that is dark yellow, or not needing to urinate for more than 5 hours

Cannabis Hyperemesis Syndrome. Which means Cannabis Hyperemesis Syndrome (CHS) is a condition characterized by repeated, severe episodes of vomiting. Other symptoms can include nausea, belly pain, fatigue, pale skin, diarrhea, and signs of dehydration. CHS is associated with the regular and long-term use of cannabis, particularly in products with increased potency. Hot showers or baths may provide temporary relief. The primary treatment for CHS is to stop using cannabis products, which can lead to improvement in vomiting symptoms within days to weeks. Severe cases of dehydration may require IV fluids and medicines. Stopping cannabis use is the only certain way to prevent CHS from recurring. Seeking support from a doctor or nurse can help individuals struggling to quit cannabis use.

Headache, Confusion or dizziness, Feeling very tired, Feeling sick to your stomach (nausea), Passing out or losing consciousness, Brain problems (headaches, trouble concentrating or thinking, memory issues, personality changes, and abnormal movements), Seizures, Death

Carbon Monoxide Poisoning. Which means Carbon Monoxide Poisoning occurs when individuals inhale high levels of carbon monoxide (CO). CO is a colorless, odorless gas produced by the incomplete combustion of fuels such as gasoline, natural gas, wood, or charcoal. Common sources of CO poisoning include faulty furnaces, kerosene heaters, cars left running in enclosed spaces, and more. Symptoms of CO poisoning can mimic the flu, including headaches, confusion, fatigue, and nausea. Severe CO poisoning can lead to unconsciousness, brain problems, seizures, and death. A blood test is used to diagnose CO poisoning, and treatment involves providing oxygen in the hospital using various methods, such as masks, ventilators, or hyperbaric oxygen chambers. CO poisoning can be prevented by using CO detectors, ensuring proper appliance function, and

following safety guidelines.

Pain, Redness, Swelling, Warmth, Fever or chills (sometimes), No symptoms or only some of these symptoms (sometimes)

Cellulitis and erysipelas. Which means Cellulitis and erysipelas are both infections of the skin. These infections can cause redness, pain, and swelling. Cellulitis tends to affect deep layers of skin and sometimes the fat under the skin. Erysipelas tends to affect the upper layers of the skin. These infections can occur when germs enter the skin, usually through cuts or breaks. Certain conditions can increase the risk of cellulitis and erysipelas. Most infections occur on the legs or arms but can occur in other places on the body. Treatment typically involves antibiotic pills, and severe infections may require hospitalization for intravenous antibiotics. Follow-up care and contacting a doctor or nurse are important if symptoms do not improve within three days or worsen. Prevention includes proper wound care and seeking advice for individuals with long-term skin conditions.

Fever, Feeling sick, Sore throat, Loss of appetite, Itchy rash with small bumps (swell with fluid, pop, form scabs), Chills

Chickenpox. Which means Chickenpox is an infection caused by the varicella-zoster virus. Initially, symptoms include fever, feeling sick, sore throat, loss of appetite, and chills. About a day after these symptoms, an itchy rash with small bumps appears on the skin. These bumps swell with fluid, pop, and eventually form scabs. New bumps can continue to appear on the body over several days, and the rash typically lasts about a week. It can be spread to those who have not had chickenpox or received the varicella vaccine. Prevention is possible through vaccination with the varicella vaccine, which is recommended for most children and some adults. The vaccine helps prevent chickenpox and its complications. In cases of chickenpox, treatment may be necessary, especially for older children and adults. Non-prescription medicines can be taken to alleviate symptoms, but aspirin should be avoided in children to prevent Reye syndrome. It's important to consult a doctor or nurse if chickenpox is suspected, and especially if you are pregnant or have been near someone with chickenpox.

Pneumonia, Skin infections (Cellulitis, Impetigo), Swollen lymph nodes, Abscesses, Digestive problems, Growth problems, Fever, Chills

Chronic Granulomatous Disease. Which means Chronic granulomatous disease (CGD) is a rare genetic disease that affects the immune system. Individuals with CGD have cells that do not work correctly in fighting infections, making them more susceptible to certain types of infections. Common symptoms include pneumonia, recurrent skin infections (such as cellulitis and impetigo), swollen lymph nodes, abscesses (often around the rectum and anus), digestive problems (abdominal pain, diarrhea, or intestinal blockage), growth problems (resulting in smaller stature in children), fever, and chills. CGD is more common in boys, but girls can also be affected. The disease can run in families and is often diagnosed in childhood. A blood test can identify problems in the immune system and detect abnormal genes associated with CGD. Early diagnosis is crucial, and prenatal testing is possible if there is a family history of CGD. Treatments for CGD include medicines to prevent and treat infections, and in some cases, a bone marrow transplant (stem cell transplant) that can provide a cure by replacing abnormal cells in the bone marrow with healthy cells.

Small notch in upper lip, larger opening in lip, various difficulties with speech, hearing, missing, extra, or crooked teeth, ear infections and hearing loss

Cleft lip and cleft palate. Which means Cleft lip is an opening or split in the upper lip. Some babies with a cleft lip have a small notch in their upper lip. Others have a larger opening or hole that goes all the way to the bottom of their nose. Cleft palate is an opening or split in the roof of the mouth,

	<p>which can be in the front or back, and on one or both sides. Babies with these problems may have difficulty breastfeeding or drinking from a regular bottle. Children with cleft lip or cleft palate may experience difficulties with speech and hearing. They might also have missing, extra, or crooked teeth, often requiring braces. Some children may have ear infections and hearing loss, and in such cases, doctors might recommend placing small tubes in the eardrum to prevent infections and improve hearing. The risk of having a baby with cleft lip and cleft palate can be influenced by genetic factors and lifestyle choices during pregnancy, such as taking certain medications, smoking, drinking alcohol, and not getting enough folic acid.</p>
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<p>Pain, swelling, or bruising over the coccyx, pain in the back, buttocks, or belly, pain in the pelvis or rectum, aggravated pain when changing positions, leaning back, having a bowel movement, or having sex</p>	<p>Coccyx injury. Which means The coccyx, also known as the "tailbone," is a triangle-shaped group of small bones at the end of the spine, covered with cartilage and held together by ligaments. Coccyx injuries can occur due to factors like falls, direct hits to the coccyx, poor posture, repeated strain from sitting on a hard or narrow surface, arthritis, or having a vaginal birth. Symptoms of coccyx injury can include pain, swelling, or bruising over the coccyx area and may also lead to pain or discomfort in the back, buttocks, belly, pelvis, or rectum. Some individuals experience worsened pain when changing positions, leaning back, having a bowel movement, or engaging in sexual activities. The diagnosis of a coccyx injury is typically based on symptoms and a physical examination, including a rectal exam. In some cases, X-rays or other imaging tests may be necessary to assess the extent of the injury. Treatment for coccyx injuries depends on the type and severity of the injury. It often includes conservative measures such as pain relief, posture adjustment, and the use of cushions or wedges to reduce pressure on the coccyx. Medications like nonsteroidal anti-inflammatory drugs (NSAIDs) can help with pain and swelling, and, in some cases, stronger pain medications may be prescribed. Ice and heat applications can provide relief in the initial days following an injury. Stool softeners may be recommended to ease bowel movements if straining worsens the pain. In cases of prolonged or severe pain, medical professionals may suggest injections to manage the discomfort. Coccyx injuries typically take weeks to months to heal, during which time activity and movement may need to be limited. It is essential to follow the advice of your healthcare provider regarding safe activities. Seek medical attention if you experience numbness, weakness, tingling in your legs, difficulty controlling bowel or bladder function, or persistent, severe pain that does not improve with conservative measures.</p>
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<p>Varies based on severity and gender: adrenal crisis, low blood sugar, low blood pressure, failure to thrive in severe cases; atypical genital appearance in girls; early puberty; symptoms may include loss of appetite, vomiting, belly pain, weakness, fever, confusion, passing out</p>	<p>Congenital adrenal hyperplasia. Which means Congenital adrenal hyperplasia (CAH) is a genetic disorder affecting the adrenal glands, which produce various hormones. Classic CAH involves an imbalance of three main hormones: cortisol, aldosterone, and androgens (male hormones). In severe CAH cases, insufficient aldosterone and cortisol production can lead to adrenal crisis, characterized by low blood sugar, low blood pressure, and failure to thrive in infants. Girls with CAH often exhibit atypical genital appearance due to excessive androgen production, and without early diagnosis and treatment, CAH can cause early puberty, resulting in shorter-than-expected stature due to premature growth plate closure. Newborns in the US and other countries are screened for classic CAH using blood tests. Treatment primarily consists of hormone replacement therapy with steroids and fludrocortisone to regulate hormone levels, ensuring normal growth and puberty. Regular monitoring of hormone levels, growth, and bone development is essential to</p>
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adjust treatment. Some children with CAH may require salt supplements, but these can often be discontinued as they grow older. Girls with atypical genital appearance may consider surgical correction, but surgery is not always immediate, and it is recommended to wait until the child can participate in the decision. CAH management requires lifelong medication, and children with the condition can lead fairly normal lives with appropriate treatment and support. Adrenal crisis is a potential complication in children with CAH, and parents should be educated on managing it when the child gets sick. It can be associated with symptoms like loss of appetite, vomiting, belly pain, weakness, fever, confusion, and passing out. CAH requires lifelong management, and support is needed for children to understand and cope with the condition. Gender identity may also be a concern, and healthcare professionals can provide guidance on addressing related issues.

Big liver, runny nose with white or bloody mucus (containing syphilis germs), small red, pink, or brown spots on the skin (mostly on the back, buttocks, back of the upper legs, and soles of the feet), swollen lymph nodes, saddle nose, forehead protrusion, corneal inflammation, hearing loss, notched and gapped teeth, scars around the mouth, red, open sores on the skin, bone and joint problems (mostly in the legs), cognitive issues

Congenital syphilis. Which means Congenital syphilis is an infection that can affect babies before birth, leading to severe health problems. Most newborns with congenital syphilis do not exhibit symptoms, but when they do, common symptoms include a big liver, runny nose with white or bloody mucus (containing syphilis germs), small red, pink, or brown spots on the skin, swollen lymph nodes, saddle nose, forehead protrusion, corneal inflammation, hearing loss, notched and gapped teeth, scars around the mouth, red, open sores on the skin, bone and joint problems (mostly in the legs), and cognitive issues. Other symptoms can occur but are less common. Diagnostic tests for congenital syphilis involve blood tests, lumbar puncture, X-rays of the bones, hearing tests, and eye exams. The treatment for congenital syphilis typically involves penicillin administered as an injection (shot) or through an IV. The best prevention for congenital syphilis is treating the infection before pregnancy, but treatment during pregnancy is also an option. It is important for the sex partner(s) to be treated as well, and follow-up testing after treatment is recommended to ensure its effectiveness.

Sneezing, Coughing, Sniffing and runny nose, Sore throat, Chest congestion, Fever (in children)

Common cold. Which means The common cold, usually caused by a virus (termed viral upper respiratory infection or viral URI), presents with symptoms such as sneezing, coughing, sniffing and runny nose, sore throat, chest congestion, and fever in children. It typically lasts 3 to 7 days in adults and up to 10 days in children. The common cold can sometimes be mistaken for other illnesses like COVID-19, the flu, or strep throat. While colds generally resolve on their own and do not require antibiotics, non-prescription cough and cold medicines can be used for symptom relief in teens and adults. However, these medicines do not cure the cold but may alleviate symptoms. Medicine safety precautions should be observed, and some of these medicines are not safe for children, especially those under 6. In some cases, the common cold can lead to more severe issues such as ear infections, worsened asthma symptoms, sinus infections, and pneumonia or bronchitis, especially in certain individuals. To prevent the spread of germs, regular handwashing, cough etiquette, and surface cleaning are recommended. It is important to stay home when sick, and wearing a face mask when around others can help prevent the spread of germs. Additionally, seeking medical advice is recommended if specific symptoms or conditions arise, such as a prolonged cough, loss of taste or smell, high fever, severe throat pain, chest pain when coughing or breathing deeply, breathing difficulties, confusion, and other concerning symptoms in both adults and children.



<p>Fever, Cough, Stuffy nose, Headache, Sneezing, Sore throat, Trouble breathing, Muscle aches, Diarrhea, Vomiting, Loss of taste or smell, Trouble feeding (in babies), Rashes, Inflammation throughout the body ("Multisystem Inflammatory Syndrome in Children" or "MIS-C")</p>	
	<p>COVID-19 (Children). Which means COVID-19, which stands for "coronavirus disease 2019," is caused by the SARS-CoV-2 virus. The common symptoms of COVID-19 in children are similar to those in adults and include fever, cough, stuffy nose, headache, sneezing, sore throat, and trouble breathing. Children may also experience muscle aches, diarrhea, vomiting, loss of taste or smell, and trouble feeding (in babies). In some rare cases, children with COVID-19 may develop inflammation throughout the body, referred to as "Multisystem Inflammatory Syndrome in Children" (MIS-C). Symptoms of MIS-C can include fever, belly pain, vomiting, diarrhea, rash, bloodshot eyes, headache, being extra tired or irritable, and trouble breathing. The severity of COVID-19 symptoms in children can vary, and while most children do not get severely ill, some may experience severe symptoms, especially if they have underlying health conditions.</p>
<p>Belly pain, Weight loss, Diarrhea, Blood in bowel movements, Shorter stature, Mouth sores, Skin rashes, Joint pain, Liver problems, Eye redness</p>	
	<p>Crohn disease. Which means Crohn disease is a condition that mainly affects the digestive system. It causes symptoms such as belly pain, weight loss, diarrhea, blood in bowel movements, and shorter stature. In addition, some children with Crohn disease may experience mouth sores, skin rashes, joint pain, liver problems, and eye redness. Symptoms can vary in severity and may come and go over time. Doctors diagnose Crohn disease in children through blood tests, bowel movement tests, imaging tests, colonoscopy, and upper endoscopy. Treatment involves various medicines to manage symptoms, including special formulas and vitamin supplements to help with nutrient absorption. Surgery is only needed in specific cases, such as to remove damaged parts of the intestine. Although Crohn disease requires lifelong management, with appropriate treatment, many children can lead relatively normal lives. Regular monitoring and screenings for colon cancer are important for those with Crohn disease affecting the colon. It's important to contact the doctor in case of signs of infection, severe belly pain, frequent diarrhea, bloody or black bowel movements, or if the child is having trouble coping with the disease.</p>

Input	Output
Runny nose, Stuffy nose, Barking cough, Hoarseness, Fever (>100.4? or 38?), Noisy high-pitched breathing (stridor)	Croup. Which means Croup is a common infection of the trachea, the main airway in children aged 6 months to 3 years. It typically begins with cold-like symptoms, including a runny or stuffy nose. Within a day or two, children with croup develop a barking cough, become hoarse, experience a fever higher than 100.4? (38?), and have noisy, high-pitched breathing called "stridor," especially when active or upset. Symptoms are often more severe at night. While most cases of croup resolve on their own, some children may need medical attention if they exhibit severe symptoms such as difficulty breathing, turning blue, or excessive sleepiness. Treatment for croup focuses on ensuring the child receives enough oxygen and may include providing moist air or oxygen to breathe and medications to reduce swelling or open up the airways.
Not growing or gaining weight normally, Long-lasting cough, Trouble breathing or wheezing, Frequent lung or sinus infections, Salty skin, Belly pain, Diarrhea or constipation, Oily and bad-smelling bowel movements, Infertility	Cystic fibrosis. Which means Cystic fibrosis (CF) is a genetic disease present from birth, characterized by the accumulation of thick mucus and fluids in various parts of the body, including the lungs, pancreas, liver, and intestines. This leads to several health issues. Common symptoms of CF include failure to thrive in terms of growth, a persistent productive cough, wheezing, frequent lung or sinus infections, salty-tasting skin, abdominal pain, gastrointestinal issues such as diarrhea or constipation, and infertility. CF is caused by an abnormal gene that needs to be inherited from both parents. While CF is lifelong and currently cannot be cured, there are various treatments available to manage the disease.
Feeling down, loss of interest or pleasure, low energy, sleep problems, appetite changes, negative self-image, concentration difficulties, slowed or restless movements, suicidal thoughts	Depression. Which means Depression is a medical disorder that affects mood. It can make a child feel sad and lead to various symptoms such as loss of interest, changes in sleep and appetite, and even suicidal thoughts. People often think of depression as an adult problem, but it can also affect children and teens. It's essential to seek help if a child experiences such symptoms. Sometimes, people with depression have thoughts of hurting themselves. It's crucial to provide immediate help and support if a child is experiencing suicidal thoughts.
No symptoms in babies, detected during routine exams; In toddlers and older children: one leg looking shorter or turned away from the body, limp or uneven walk; Sometimes diagnosed during an X-ray for other reasons	Developmental Dysplasia of the Hip. Which means Developmental dysplasia of the hip is a condition that primarily affects babies and children. The hip joint is a "ball and socket" joint, but in this condition, the "socket" part of the joint doesn't form normally, making the hip joint too loose. In babies, it usually causes no symptoms and is often detected during routine exams. However, in toddlers and older children, it can lead to symptoms such as making one leg look shorter or turned away from the body, causing a limp or uneven gait. Sometimes, it's diagnosed during an X-ray for other reasons.
Feeling very thirsty, frequent urination, nausea, vomiting, belly pain, fatigue, sweet or fruity breath, weight loss	Diabetic Ketoacidosis (DKA). Which means Diabetic ketoacidosis (DKA) is a severe complication that can occur in individuals with diabetes, whether it's type 1 or type 2. It arises when the body has insufficient insulin to facilitate the entry of sugar into cells, leading to elevated blood sugar levels.

When sugar can't enter the cells, the body starts breaking down fat for energy, resulting in the production of excess ketones, leading to a high level of acid in the blood. DKA is a medical emergency that requires immediate treatment.

Difficulty in learning to read, trouble with nursery rhymes, pronouncing words, spelling, and reading

Dyslexia. Which means Dyslexia is a learning difficulty that primarily affects a child's ability to read. It is unrelated to a child's intelligence, as children with dyslexia can be just as smart as their peers. However, they have unique brain differences that make it challenging for them to connect letters or groups of letters to sounds. Dyslexia manifests with various symptoms at different ages, such as difficulty with nursery rhymes, rhyming games, word pronunciation, letter names, and spelling. As children with dyslexia progress in school, they struggle with reading and spelling and read slowly, often guessing or sounding out unfamiliar words.

Ear pain, fever, trouble hearing, pulling on the ear, fussiness, loss of appetite, vomiting, diarrhea,

Ear Infections in Children. Which means Ear infections, known as otitis media, often occur in children following a cold. Fluid buildup in the middle ear, which can become infected, is the primary cause. This can result in a bulging eardrum and associated symptoms such as fever, fussiness, loss of appetite, vomiting, and diarrhea in infants and young children. Older children often experience ear pain and temporary hearing loss. In some cases, fluid remains in the ear even after the pain and infection have resolved, potentially leading to mild and temporary hearing loss. If prolonged, hearing loss can impact language and speech development, particularly in children at risk for language or learning issues. Diagnostic assessment by a doctor or nurse is essential to confirm an ear infection.

Intense itching, color changes (red or pink in light skin, dark brown, purple, or gray in dark skin), small bumps, skin flakes or scales. In infants and young children (under 2 years old), it tends to affect the front of the arms and legs, cheeks, or scalp. In older children and adults, it affects the sides of the neck, elbow creases, backs of the knees, wrists, hands, forearms, and face. Over time, the skin can become thicker and may form scars from scratching.

Eczema (atopic dermatitis). Which means Eczema, also known as atopic dermatitis, is a skin condition characterized by intense itching and various symptoms, including color changes (red or pink in light-skinned individuals, dark brown, purple, or gray in dark-skinned individuals), small bumps resembling dots or goosebumps, and skin flaking or scaling. Eczema typically manifests differently in people of various ages. In babies and young children under 2 years old, it tends to affect the front of the arms and legs, cheeks, or scalp. In older children and adults, it often affects the sides of the neck, elbow creases, backs of the knees, wrists, hands, forearms, and face. Over time, the skin can become thicker, and excessive scratching may lead to the formation of scars.

Runny nose, fever, cough, trouble breathing, wheezing, muscle weakness, paralysis, refusal to drink, confusion, fatigue

Enterovirus D68. Which means Enterovirus D68 is a virus that can cause an infection similar to the common cold. In some cases, it can cause severe trouble breathing, and in rare cases, it can lead to muscle weakness or paralysis. If your child exhibits symptoms like refusal to drink, confusion, or fatigue, it's important to seek medical attention. There is a test available for EV-D68, and in severe cases, hospital treatment may be necessary. Prevention measures include handwashing, cleanliness, and avoiding contact with sick individuals.

Stuffy nose, runny nose, sneezing, itchy or red eyes, sore throat, itchy throat or ears, trouble sleeping, clicking noises, breathing through the mouth

Environmental allergies in children. Which means Environmental allergies in children can cause symptoms such as a stuffy nose, runny nose, sneezing, itchy or red eyes, a sore throat, itchy throat

or ears, trouble sleeping, and other discomforts. Young children might exhibit these symptoms differently, often without blowing their nose, making clicking noises as they try to scratch their throat with their tongue, and breathing through their mouth due to a stuffy nose. It's essential to recognize these symptoms, as allergies can affect a child's concentration, schoolwork, and sports performance. If the symptoms occur at the same time each year or persist, it might be due to environmental allergies. Skin testing can help diagnose the specific allergens affecting the child.

Repeated seizures, convulsions, passing out, jerking movements, aura, different types of seizures

Epilepsy in children. Which means Epilepsy is a condition that causes people to have repeated seizures, which can vary in their symptoms and duration. "Tonic-clonic" or "grand mal" seizures may involve passing out, stiffening of the body, and jerking movements, while other types of seizures can cause less dramatic symptoms like shaking in one arm or part of the face or sudden loss of responsiveness. Some individuals experience an "aura," a specific feeling or smell before a seizure occurs. Testing, including an electroencephalogram (EEG) and imaging scans (MRI or CT), is necessary to diagnose and determine the cause of the seizures. Treatment often involves anti-seizure medicines, and in some cases, a ketogenic diet, brain surgery, or a vagus nerve stimulator may be recommended.

Rash, fever, headache, sore throat, itching, cough, upset stomach, sneezing, conjunctivitis, muscle aches, joint pain

Erythema Infectiosum (Fifth Disease). Which means Erythema infectiosum, commonly known as Fifth Disease, is an infection caused by the human parvovirus B19. This condition primarily affects children but can also occur in adults. It typically presents with mild or no symptoms. However, when symptoms manifest, they include fever, headache, sore throat, itching, cough, upset stomach, sneezing, conjunctivitis, muscle aches, and joint pain. The initial symptoms last for 2 to 5 days. Following this, a "slapped cheek" rash may appear on the face, which may be less noticeable in individuals with dark skin. Additionally, a lace-like rash can develop on the chest, back, arms, and legs. Joint pain, which is more common in adults, often affects the hands, wrists, knees, and feet. Symptoms tend to improve before the rash occurs but can occasionally reappear due to factors like sunlight, temperature changes, exercise, or stress.

Pain, swelling, lump on bone, pain that worsens over time, especially at night and with exercise, trouble moving joints, fever, weight loss, fatigue

Ewing Sarcoma. Which means Ewing Sarcoma is a form of cancer that primarily affects the bones and occasionally originates in tissues outside the bones. It frequently occurs in individuals aged 10 to 20, although it can also develop in adults. Ewing Sarcoma predominantly affects bones in the legs, arms, or pelvis. Common symptoms include pain and swelling in the affected area, which may worsen over several weeks to months. Pain is typically more severe at night and during physical activity. Patients may also observe or feel a lump on the bone. Additional symptoms can manifest depending on the location of the tumor, such as joint mobility issues.

Heart attacks, firm fatty deposits (xanthomas) under the skin

Familial Hypercholesterolemia (FH). Which means Familial hypercholesterolemia (FH) is a genetic disorder characterized by the excessive buildup of cholesterol and fat in the body, particularly within the arteries of the heart. This accumulation of cholesterol and fat can lead to the development of heart attacks, even at a young age, including in children. FH is an inherited condition and has two primary forms: Heterozygous FH, where the FH gene is inherited from one parent, and Homozygous FH, where the FH gene is inherited from both parents. Homozygous FH is more severe, resulting in significantly elevated cholesterol levels, a considerably higher risk of heart attacks, and a shorter life expectancy.

Pass out, jerking movements of arms, legs, or face, confusion or sleepiness afterward	<p>Febrile Seizures in Children. Which means Febrile seizures in children are characterized by seizures that occur due to a fever. These seizures result from abnormal electrical activity in the brain and can lead to a child passing out or experiencing unusual movements or behaviors. Febrile seizures are typically observed in children between the ages of 6 months to 5 years and often have a familial component. To determine if a child has a fever, their temperature should be taken. The most accurate method is rectal temperature measurement, but other methods like oral, armpit, ear, or forehead measurements can also be used if necessary. A temperature above 100.4° (38°) is considered a fever. During a febrile seizure, the child usually passes out and exhibits jerking movements in their arms, legs, or face.</p>
Thin upper lip, smooth ridge between the upper lip and nose (philtrum), shorter eye openings than normal, developmental delays, increased activity, weak and floppy muscles, learning, hearing, and vision problems, cognitive issues, attention and concentration problems, difficulty getting along with others, job and living independence challenges	<p>Fetal Alcohol Syndrome (FAS). Which means Fetal Alcohol Syndrome (FAS) is a condition that affects the brain development and growth of babies born to mothers who consumed alcohol during pregnancy. Babies with FAS tend to have distinct facial features, including a thin upper lip, a smooth ridge between the upper lip and nose (known as the "philtrum"), and shorter-than-normal eye openings. These infants are also often fussy and highly sensitive to noise.</p>
Fever (temperature higher than 100° or 37.8°), extreme tiredness, headache or body aches, cough, sore throat, runny nose, sudden symptom onset.	<p>Flu (Influenza). Which means The flu, also known as influenza, is an infectious respiratory illness caused by viruses. It can lead to symptoms such as fever, extreme tiredness, headache, body aches, cough, sore throat, and a runny nose. These symptoms often appear suddenly. While most people recover from the flu without long-term complications, it can be a serious illness that may require hospitalization or, in some cases, result in death, particularly due to complications like pneumonia. Individuals at a higher risk of developing severe flu-related complications include those aged 65 or older, young children (especially those under 5 and under 2), pregnant individuals, and people with certain underlying medical conditions.</p>
Hives, red or swollen skin, itchy, watery or swollen eyes, runny nose or sneezing, swelling of the throat, wheezing, coughing, vomiting, diarrhea, feeling dizzy, passing out, death.	<p>Food Allergy. Which means A food allergy is an immune system response to certain foods that the body mistakenly recognizes as harmful. Consuming or even coming into contact with the allergenic food can trigger an allergic reaction. Common foods that people are allergic to include milk, eggs, wheat, soy, peanuts, tree nuts, fish, shellfish, and sesame. Food allergy symptoms can vary from mild, such as hives, red or swollen skin, itchy, watery or swollen eyes, runny nose or sneezing, to severe reactions known as anaphylaxis. Anaphylaxis symptoms include throat swelling, wheezing, coughing, vomiting, diarrhea, dizziness, and even the risk of death. Symptoms may differ from person to person, and each reaction can present with different symptoms.</p>
A head that is bigger than normal, crossed eyes, big ears, sunken eyes, loose joints, flat feet, testicles that are bigger than normal (in male teens and adults), developmental delay, intellectual disability, trouble with problem solving and organization, problems with language and speaking, trouble sitting still, paying attention, feeling worried or sad, seizures, trouble with female reproductive organs, hand tremor.	<p>Fragile X Syndrome. Which means Fragile X syndrome is a lifelong genetic condition that primarily affects boys. It results from a problem with a gene on the "X" chromosome. While girls have 2 "X" chromosomes in each of their cells, boys have only 1, making them more susceptible to the</p>

condition. Symptoms vary, with girls often having milder or no symptoms due to their extra "X" chromosome. Physical features of fragile X syndrome may include an enlarged head in children, crossed eyes, prominent ears, sunken eyes, loose joints (thumbs, fingers, or wrists), flat feet, and enlarged testicles in male teens and adults.

Problems with arms and legs, Eye problems, Hearing loss, Trouble swallowing, Slurred speech, Loss of bladder control, Foot problems, Scoliosis, Hypertrophic cardiomyopathy, Type 1 diabetes

Friedreich ataxia. Which means Friedreich ataxia is a rare disease that damages the brain, spinal cord, and other nerves. It causes movement problems. "Ataxia" is the word doctors use for problems with muscle control. Friedreich ataxia also damages the heart and other organs. It is a serious disease that gets worse over time. It almost always runs in families. It is caused by an abnormal gene.

Input	Output
Bulge in the groin, Crying, Vomiting, Swollen belly, Red or blue area	Groin (inguinal) hernias. Which means A groin hernia is a bulge in the groin that appears and disappears. It can be associated with crying, vomiting, a swollen belly, and discoloration of the bulging area.
Sores in the mouth, on hands, feet, buttocks, Fever	Hand, foot, and mouth disease. Which means Hand, foot, and mouth disease is characterized by sores in the mouth, and on the hands, feet, and buttocks. These sores may appear as small spots, bumps, or blisters. Swallowing can be painful due to mouth sores. Some individuals may have sores in specific areas, not everywhere. It can also cause fever.
First-degree: Often no symptoms Second-degree: Fainting, dizziness, fatigue Third-degree: More severe symptoms, potentially life-threatening	Heart block in children. Which means Symptoms of heart block in children vary depending on the type: first-degree, second-degree, or third-degree. First-degree heart block often presents with no symptoms. Second-degree heart block can cause fainting, dizziness, and fatigue. Third-degree heart block has more severe symptoms that can be life-threatening.
Often asymptomatic, Diagnosis, Elevated Blood Pressure, Causes, Risks and Consequences, Treatment, Follow-Up	High Blood Pressure in Children. Which means High blood pressure in children often doesn't cause noticeable symptoms.
Swollen, painless lymph node, Swollen lymph nodes in the neck, above the collar bone, or in the armpit or groin, Cough, Trouble swallowing, Trouble breathing, Feeling very tired, Fever, Weight loss or loss of appetite, Drenching sweats	Hodgkin lymphoma. Which means Hodgkin lymphoma is a type of lymphoma, a cancer of white blood cells called lymphocytes. It often causes painless swollen lymph nodes in the neck, collar bone, armpit, or groin. Deeper lymph nodes can also swell, leading to various symptoms like coughing, difficulty swallowing, or breathing.
Enlarged head, Rapid head growth, Abnormal head shape, Bulging soft spot, Bulging veins, Irritability, Headaches, Downward gaze of the eyes, Nausea, Vomiting, Coordination issues, Loss of appetite, Sleepiness, Behavioral changes	Hydrocephalus. Which means Hydrocephalus is an excess of spinal fluid in the brain, often called "water on the brain." Symptoms in babies include an enlarged head with rapid growth, abnormal head shape, bulging soft spot, and veins. Older children may experience irritability, headaches, downward eye gaze, nausea, vomiting, coordination problems, appetite loss, sleepiness, and behavioral changes. Treatment options include shunt surgery or third ventriculostomy, chosen based on the child's age and underlying cause. Children may require shunt revisions, and complications can include seizures and developmental delays, requiring early intervention programs.
Heart murmur, Tiredness, Rapid breathing, Feeding difficulties, Shortness of breath (especially during exercise), Chest pain, Fainting or near-fainting, Heart palpitations	Hypertrophic Cardiomyopathy (HCM). Which means Hypertrophic cardiomyopathy (HCM) is a condition characterized by the thickening of the heart muscle. While some children may remain asymptomatic, others might experience symptoms such as a heart murmur, fatigue, rapid breathing, feeding difficulties, shortness of breath (particularly during physical activity), chest pain, fainting or near-fainting, and heart palpitations. Tests to diagnose HCM include electrocardiogram (ECG), echocardiogram (echo), genetic testing, and cardiac MRI. It is often a genetic condition that

runs in families.

Rash (tiny raised bruises), Joint pain, Swelling around the joints, Belly pain, Upset stomach

IgA Vasculitis (HSP). Which means IgA vasculitis (formerly known as Henoch-Sch?lein purpura or HSP) primarily presents with a rash resembling tiny raised bruises, but not everyone may exhibit this rash. Other common symptoms include joint pain, swelling around the joints, belly pain, and upset stomach. In some cases, gastrointestinal symptoms may occur, such as nausea, vomiting, and intussusception, which is a condition where the intestine folds into itself, causing a blockage and severe belly pain.

nosebleeds, blood-filled blisters inside the mouth, heavy menstrual bleeding, serious bleeding in various parts of the body, Skin bleeding

Immune Thrombocytopenia (ITP). Which means Immune Thrombocytopenia (ITP) is a condition where the immune system destroys platelets, leading to a lower-than-normal platelet count in the blood. Platelets are blood cells that help with blood clotting. ITP can occur in both adults and children, with some cases appearing after an infection. Common symptoms of ITP include bleeding, which can manifest as nosebleeds, blood-filled mouth blisters, heavy menstrual bleeding, or even severe bleeding in various parts of the body. Skin bleeding may result in large bruises or tiny bruise-like dots on the feet and ankles.

Severe belly pain, Vomiting, Bloody bowel movements, Extreme sleepiness

Intussusception. Which means Intussusception is a condition where one part of the intestine slides into another part, causing a blockage. Most common in babies and young children under 3 years old. Symptoms include severe, wave-like belly pain, vomiting, bloody bowel movements, and extreme sleepiness. Prompt medical attention is crucial for diagnosis and treatment, which may involve nonoperative reduction or surgery.

Yellow skin, yellowing of white parts of the eyes, severe jaundice signs: difficulty waking up, high-pitched cry, unhappiness, arching of body or neck backward.

Jaundice in babies. Which means Jaundice in babies is marked by yellow skin, yellowing of the eyes, and severe signs include difficulty waking up, high-pitched cry, unhappiness, and arching of the body or neck backward. It's important to monitor and treat jaundice in newborns to prevent complications. Light therapy is a common treatment.

I am 28 yrs old and i got married in feb2013. 8 months over still i couldnt get pregnant. last month i consulted a doctor. doctor suggested me to take folic acid and susten200 mg. also asked me to come during the first day of my periods. I want to know the reasons of taking this tablet. pls give me the answers. thanking u.

Hello there! Thank you for asking. Susten are oral progesterone, and they are used only when conception is conceived or in the second phase (luteal phase) or cycle which are after 14 days from first day of bleeding. So I can imagine why are you having troubles in conceiving. Folic acid is a blood helper. Keep taking it. Use green leaf vegetables, fresh salads, take folic acid with vitamin C 60 minute before meal. All these are to help your bleeding profile healthy. We call people infertile if they have been trying to conceive for more than a year with minimum coital frequency of 2-3 in a week with regular followup of calendar methods that is working harder from days 11 to 18 since first day of menstrual bleeding. The position of intercourse also matters. If you have some menstrual irregularities or POD (poly cystic ovarian syn). See the fertility clinic and ask for their help. Get your spouse with you and have you both assessed for causes of infertility. Get evaluated and examined with a good fertility specialist and I am sure your problem will resolve, meanwhile modify lifestyle, reduce weight, exercise regularly, follow calendar method for intercourse, use some ovulation inductions like camphene citrate, assess your spouse for sperm health. Treat any



underlying menstrual condition if present. Have regular follow-ups visit to a gynecologist and fertility clinic and if the problem persists come and grab me from my collar. Good luck

I am 22 year old simple virgin boy . I have irrational fear of hiv about 5 years. I used to wash my hand and used antiseptics for my even small cuts. i know every thing about hiv from internet but despite i have intense fear and it is ruining my life. 5 years ago i dont have a knowledge of hiv and so that before this period I was very happy and content and didnt do this type of things. but today i watch blood stains or cuts or something else that causes anxiety. Also i live in that place (UP, India) where this is not much in prevalence. sir please help , your little advice can give me a new life. thanks

Hi, I read your query in detail and can understand your concern regarding your symptoms. From what you have mentioned, you seem to be suffering from anxiety disorder. It seems that you are having repetitive thoughts regarding the same, and you understand such thoughts are irrational. Such thoughts can be termed as obsessions and the repeated cleaning or washing in response to the thoughts can be termed compulsions. Obsessive compulsive disorder is a type of anxiety disorder which is not uncommon. I would have liked to know about any other thoughts that might be coming repeatedly to you like any doubts (and repeated checking in response to that), repeated sexual or religious thoughts. I would suggest you seek a psychiatric consultation for detailed evaluation of your symptoms and starting proper treatment. Your condition can be treated effectively with medications like fluoxetine or sertraline (one of the selective serotonin reuptake inhibitors). You will have to be patient about the response as the medicines will take at least 10-15 days to show its effect. The treatment will be long term, and you will need regular follow-ups. Hope this information was helpful. Best wishes.

Recently i got diagnosed for kidney stones through Ultrasound Scanning. After that doctor said, i have 7.2mm stone in my right kidney. He gave medicines like Antibiotics, pain killers and Alkaston-B6(Potassium Citrate, Mannesium Citrate & Vitamin B6 Oral solution). Which among above medicine will break and push my stones out. Please help me sir.

HelloThanks for query. You have been detected to have a stone of a size of 7.2 mm in your Right kidney and your family physician has prescribed antibiotics ,pain killers and Alston B6 syrup (Urine Alkalizer). Let me state that there is no medicine an any faculty of medical fraternity that can dissolve or break the urinary stone. All the medicines that are being prescribed are antibiotics to prevent infection and painkillers, A stone of a size of 7 mm can be expected to pass out spontaneously through urine. Active intervention is needed only when it gets impacted in ureter and causes back pressure changes in kidney and proximal ureter giving rise to symptoms like severe pain in back, vomiting and fever. You need to follow regime2) Take Tamsulosin once daily. This helps to dilate the ureter and thereby to pass the stone down .3) Pain killers With this most of the stones below the size of 8 mm pass out in urine.

I am from india. i want to know about age limit to using braces in teeth. i am 27 year old. doctor says now I can not use braces due to age --- they are saying there is no gap between your teeth. so they will break my two teeth of inside . i dont want to break any teeth-- please give me solution - what can i do ?

There is no age limit as such unless until you have good bone support around the teeth. If you want to move the forwardly placed teeth, first premolars have to be removed or the teeth has to be ground to create space to pull the teeth back. This is called proximal stripping. One of these two things has to be done to move the teeth back. Usually up to 35-40 years the bone support will be fine, till this age we can go ahead with orthodontic treatment. There is a separate treatment protocol called adult orthodontics for aged people. So consult a good orthodontist and take an

opinion. I hope my answer will help you, take care.

SINCE 2 MONTHS BEFORE SUDDENDLY MY BACK IS PAINING TOO MUCH AT BOTTOM.  
THEN I CONSULT WID DOCTOR,S AND ALL .THEN I GO FOR A X- RAY.AND REPOTS SAYS  
THAT I AHVE PROBLEM OF SCOLIOSIS. BUT IT,S A LITTLE CURVE ON MY BACK BONE  
FROM DOWNWARDS.SO, IT WILL CORRECT LIKE A ORIGINAL SHAPE.?? SIR OR IT,S A  
SERIOUS PROBLEM

Thanks for writing to us. I understand that you have been told about scoliosis. It could be simple scoliosis due to muscle spasm or real scoliosis curve where you have rotated vertebrae. If it's a small curve then nothing to worry. Regular back muscle stretching and exercise will help. However, if you have persistent significant back pain then I would suggest getting MRI spine to know more about the disc condition and facet arthritis. If It's due to muscle spasm then it will be back to normal spine however if it is real scoliosis curve then it will remain like that or may worsen a little more with increasing age. Thanks.

my father is a crf stage 5 patients and he is on dialysis last one year, so i want to know is dialysis  
will be stopped once started and he is also heart patient and can he drink cranberry juice and  
wheatgrass juice and kidney function will improve after drink cranberry juice and wheatgrass juice

HiT hanks for the query. With the information you have provided, It is difficult to provide a definite answer to your first question, i.e. whether your father can come off dialysis. This really depends on how his kidneys are functioning. This can be determined by finding out his urine output in a day and also specialized tests like 44 hour creatinine clearance test. His pre-dialysis lab results will also help. The second part of the query: there is no evidence to prove that . In fact

My partener has daughter 18 year old.She is not able to understand the things which cna harm to  
her. She will tear her own cloths , run out side not aware where she is going and also very  
aggressive even she beat her mother and also father and very difficult to control. Request advise.

Degree understand your concerns went through your details. I suggest you not to worry much.  
From the details you mention here, it looks like to me that this person is suffering from schizophrenia. Aggressive mood in this case cannot be controlled just by ourselves. Certainly she needs psychiatrist intervention and then intervention by a psychotherapist. Please do what is necessary. Do not delay. If you require more of my help in this aspect, Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe some psychotherapy techniques which should help you cure your condition further. Hope this answers your query. Available for further clarifications. Good luck.

me & my husband loved each other & get married after so many struggle. my problem is he get  
anger often at that he shout, break things whatever he had or sometimes he beat himself.i'm  
scared of his behaviour& something happen to him . other than this he was such a lovely person.  
how can i help him during that period & what should i do to reduce his anger

HYou should advise him to practice yoga and meditation for controlling anger. The early morning exercise also beneficial. Its advisable not to do much argument regarding concerned matter during his anger. After that you can discuss with him in detail regarding concerned matter lead him to anger. Behavioral counselling also will be helpful for him. You can Consult him to nearby psychiatrist for counselling. Hope I have answered your query. Let me know if I can assist you further.

i have a daughter who is 2 weeks old and would like to now the correct measurement of nan milk  
and quantity of water good for her consumption. 2) In-case i am to use cow milk what is the  
correct measurement of milk and water for the same child3) Between the two which is best for

the child?

1.mother milk2.formula milk (Nan) 3.cow milk

Input	Output
<p>I have been masturbating since my 9th standard but i stopped it by college first year now i finished my college.Now around 6 months i am getting nightfall .But i asked my doctor normally take a treatment for general disease .He said that its not a problem and if suppose you need to masturbate also you can continue doing it .But some said it will be a great problem in future sex life ,What will happen when this continue and is that a problem for sex life????????</p>	<p>Hey. Well, let me share few facts with you. Masturbation is considered to be safe sexual act, and it does not have any impact on health or sex life in the future. So you can continue doing masturbation in moderation. And regarding night fall, do not worry about this. It is a natural phenomenon by which old sperms come out and make space for new sperms. Night fall does not cause any harm or weakness. Hope I have answered your question. If you have any other questions, then I will be happy to answer it. Take care. Warm Regards.</p>
<p>my husband is suffering in severe wheezing problem, my mother in law also facing this problem, but not tat mucpared with my husband, my husband cant able to go office, bcoz lots of pollution in chennai. i need a permanent solution for this. also i wnt to knw the cost of curing. plz help me sir</p>	<p>Hi Suffering from wheezing problem, Do you mean Asthma? Which has common symptoms like wheezing, coughing, chest tightness, and shortness of breath. Family history is a risk factor for asthma. Outdoor, environmental air pollution, indoor allergens like dust mites, cockroaches, animal dander my cause asthma and its exacerbation. So your husband needs to consult a physician and minimum investigations like routine blood and urine and chest X-ray are needed for necessary treatment, that may not cost much. RegardsRanjit</p>
<p>on 30 dec 2011 ,i met anaccident,and in this my right hand elbow is dislocated,it does not had any fracture and breakage in bones. i contacted to a doctor, he reseted my elbow and plaster it, after one month my plaster is removed, there is no pain in my elbow. the problem is that my elbow is not moving straight. can u tell me that hw can my hand movement will started,hw much time it will take? plz suggest me doctor whom i should contactshashichandigarh</p>	<p>That is a very significant question and I appreciate your problem. I will try my best to answer your Quertle problem probably is because of muscle stiffness associated with prolonged immobilization in the cast. This will need a physiotherapist to work on it daily. The more you exercise, the better and the sooner you will feel better hope this helps you. Inform the reports mentioned above/if any other, so I can be of help further. I have given you the answer to the maximum considering the information provided. The results of the tests could further enhance my answer to you. Please do understand that some details could be extracted from a detailed history and examination. Please feel free to ask another query. I would be glad to help you. Looking forward to your return query with the details asked so that I can help you further. (If the answer has helped you, please indicate this)Best of luck.</p>
<p>am 25 year old.last one year i met serious allergy as well as some troubles in my nose while breathing. 4mths before i was consulted one ENT specialist, he told you have heavy sinus affection imediately you have to surgery your sinus.but that time i was trained in chandigarh.i want to meet a good ent specialist in trichy.can you pls suggest specialists in trichy?also suggest pls which is best either herbal side or medicine?</p>	<p>I would like to know about your symptoms in more details like - do you have sneezing, running nose, nose congestion, fever, headaches, breathing problems, facial pain, loss of smell, etc.2. Were I treating you, I would prescribe you a 10-14 day course of an antibiotic plus daily montelukast and levoceitirizine. I would also suggest you daily steam inhalation.3. I would suggest you allergy testing which will help you identify the substances you may be allergic to and also to</p>

know how to avoid exposure to them.4. Furthermore, I cannot name specialist according to terms & conditions of . Sorry for that.5. As you have asked about herbal or medicine, in my opinion, you should combine both. The most important concern should be identified what exactly you have and also the cause of what you have. Allergy testing and an ENT consultation will help you to know what exactly you have. Once diagnosis is confirmed, you can manage yourself with appropriate medications (allopathic or herbal) as both have their own pros and cons. Combining both will reduce duration of your treatment and also minimize side effects, provided both the allopathic and herbal doctors are co-operative to each other. Hope above suggestions will be helpful to you. Should you have any further query, please feel free to ask at . Wish you a quick recovery and the best of the health. Thank you & Regards.

am working as a senior lecturer in engineering college before days my BP is normal. yesterday they checked once its normal but again doc checked is 140/80 i shocked i dont know how its increased suddenly i my point of view i think it is increased due to tension

Hi, dairy have gone through your question. Your blood pressure may be increased due to some stress and tension. No need to worry. Just be relaxed. No medicine is required right now. Just check your blood pressure again after 2 days. It will come down to normal. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health. Don't forget to click, thank you.

An outbreak of dipHi Theria has occurred for the third time in a decade in a small village in South Africa. DipHi Theria is endemic to the area with many healthy villagers colonized with different bacterial strains. Vaccine distribution in this area is difficult due to treacherous terrain. A team of doctors is sent to the region to conduct a health campaign. Toxigenic strains of C. dipHi Theria are isolated from symptomatic patients. Which best explains the initial emergence of a pathogenic strain causing such outbreaks?

Lysogenic conversion

I am 30 years old. My legs, hips and legs pain after sex . Or mostly I suffer with burning or waist legs pain after sex. I mostly suffer with waist pain, lower side of my abdomen. We dont used to sex daily . We do sex once or twice a week or in two weeks. Tell me about safe period of sex? We dont want any baby now. Thats why I aborted a child 3years back.

Hi, Thank you for posting your question here, I will try to answer it to the best of my abilities. The days on which you ovulate are the danger days. So check when your last period was, add 14 days to that, the 4 days after that are the ones when you ovulate. As such these are the danger days when you can get pregnant, so avoid having sex around this time. You can also try using condoms or contraceptive pills. I hope this answered your question.

i was infected from typhoid and took medication one month back and now from two days i have fever and went for a blood test .the result was typhi O 1:160 typhi H 1:80 typhi AH and BH 1:40 WHATS the normal negetive value of these typhi and what medications should i take please reply

Hemogram2. Blood Culture for Salmonella3. Stool Culture for Salmonella. Review with reports.

This is my best advice for you with the available details, if you have any further query, please ask me. Stay Healthy, MD

Iam Madhav from Hyderabad, IndiaMy father aged about 65 years, he is suffering with lungs + heart problem since 6monthwe joined in many big hospital but only one week best after same problem facing.please give me a good suggetion, how to cure the dieses

Thank for choosing , I really appreciate your concern for your father, but you have not mentioned what kind of disease he has you have just stated problem and disease but did not mention the name of it and without this nothing could be said in specific still if this is the cardio-pulmonary

pathology then great care need to be taken it could be team work can be done with concern faculties, your detail query would be appreciated, hope this information helps.

Im a female, name Suseela, age 29, weight 54, height 4.9ft., Right now im an anemic patient but recovering slowly. I had typhoid twice in my lifetime and has been hospitalized for that. Im also having problem with tonsils often as not. For the last 2 weeks, Im struggling with severe pain in my legs above the knee. Its intensity is getting stronger and stronger. The pain occur often in the sides above the knee. Sometimes im unaware of the pain which will slowly intensify and will get worst. What should I do. I havent consulted any doctor yet. Could you please help me.

Hi The present pain looks to be neurogenic in origin. This can be due to general debility, weakness, deficiency of multivitamins, vitamin D deficiency, anemia etc. You should do following to have relief in this:- Eat fresh fruits and vegetables-Eat iron rich foods like pomegranate, tofu, brown rice, oats etc.- You may have a mild analgesic like ibuprofen or acetaminophen for relief from pain-Take supplements of vitamin D and calcium-Take erosion tablets 2-3 times a day Hope I have answered your question. Let me know if I can assist you further.

My dad is having a right leg problem which has been inflamed below the calf region and it becomes red and hot to and it had swollen too we are not getting what has actually happened to him we have also consulted a doctor and he gave a large list of medicines but as is has taking medicines from along time but it haven showed a any signs of healing so please do the needful.

Hi, Some common reasons are:- Deep vein Thrombosis (DVT)- Cellulitis - Peripheral vascular disease-Lymphedema There are certain rare conditions which are:- Polymyositis - Dermatomyositis - Connective tissue disease Having a positive outlook, , DVT is the most common reason. For this the doctor would suggest certain test like Ultrasonography, Venography depending on the presentation. Till then your dad can dip his legs in warm water bath to relieve pain. Leg elevation, ankle toe movements are some remedies that will give relief. Hope this helps you. Let me know if I can assist you further.

MY DAUGHTER IS 4 YEAR OLD. SHE HAS ALLERGIC BRONCHITIS/ASTMA.SHE HAS DIFFICULTY IN BREATHING.MY DOCTOR GIVES HER BUDECORT RESPULE 1CC WITH 2CC NS EVERY 4 HOURLY. HOW LONG CAN BE USED BUDECORT AND WHAT IS RPOGNOSIS OF ASHAMATIC CHILD OF 4 YEARS.PLS ANSWER.

Hi, forum w.r.t your query asthma is a condition that is triggered by an allergic mediated responses in bronchi the medications that you are presently persisting with can provide a temporary relief but cannot cure your child although child below 10 years exp. Frequent repetitions of attack due to narrow air passages.homeopathy can offer great relief to your child allergic conditions firstly the frequency of attack will decrease and later on child can live normally like other healthy individuals. The prognosis is very favorable .the child will live symptom free ever after so don't suppress it tries to cure it with homeopathy I hope I have answered your query. Regards

my name is Siddhart . My blood group is O+ve and my marriage has been arranged with a girl having the same blood group O+ve . can you please tell me in detail if our baby may have some disability after some years. Actually i have seen a few O+ve cases before where, when the child is around 10 years these defects and disabilities come out and then there is nothing but to watch a child die. So kindly please help me out if i should say yes for the marriage or no. thank you .

Hello Sid hart, GO ahead with the proposed marriage, if you like her. Blood groups do not determine possibility of disability for your future child. If you marry a girl with any negative(A-ve. B-ve, AB-ve or O-ve) blood group and your first child is positive blood group, then there is possibility of disease to your second child. But this can be prevented by proper treatment after first pregnancy. About the cases before where, when the child is around 10 years these defects and

disabilities come out that you mention, did this occur in your relatives? In that case some genetic disease is a possibility (unrelated to blood group) and you may get an opinion from a clinical geneticist. Always better to avoid consanguineous marriage (marriage with blood relatives)

my self Jitu, I am 26 year old and I am male.7 year ago itching occurred near my groin and latter resulted black spot. I have the problem of white discharge from my penis in night. So please tell me what could be problem and how it will cure.

HAs per your history, it may be due to sexually transmitted infection. For further assessment you may require complete hologram, urinalysis and relevant blood tests after physician consultation. You may require broad spectrum antibiotics after consultation as per report. Along with that avoid unprotected sex. Maintain proper hygiene. Hope I have answered your query. Let me know if I can assist you further.

since 6 months i had severe shakiness in my mind, anything after food use to give me more shaky effect, then felt little depressed , after all the emg tests, mri scans, my neurologist said i have severe nerve damage in my back, now i am worried if it had affected my spinal cord, now they are saying i have fibromyalgia, i am put under metanx and gabapentin, my legs and arms joints are becoming so thin, is this becos of fibromyalgia or something else is going in my body seriously, but all my doctors say its all in my head the reports are normal, please help me sirthankslakshmi

Hello Lakshmi!! would like to directly review your performed test reports, in order to be able to give a more professional opinion. Fibromyalgia does not cause limb or joint thinning. A peripheral neuropathy can lead to such clinical situation. I would also recommend performing inflammation tests (complete blood count, PCR, sedimentation rate), vitamin D and vitamin B12 plasma levels for possible deficiency. You should discuss with your doctor on the above issues. Hope you will find this answer helpful! Best wishes,

my son who is 14 years old and in 10th std, has got small bumps/lumps with extreme pain only in his left chest under his areola. we consulted his childhood doctor but he said it may be due to his attaining puberty. He has just started having small hair growth around his personal parts. However, we are very much worried. Does he need a second opinion

Hi, dairy have gone through your question. He may have gynecomastia. It is enlargement of male breast commonly seen at pubertal age. However, it should be confirmed by FNAC or biopsy. In many cases surgery is not needed. But still you should confirm that. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

I am 22 while playing cricket i was hit in testes by the rubber ball.pain was very severe that time after 2 days i been 2 doctor he started giving me antibiotics there is no pain but while walking i felt discomfort . antibiotics are still on and my family doctor says there is nothing 2 worry it ll b normal in a week but i cant run fast as it hurts and feel uneasy and also have a back pain after this . i m tensed pls tell me what should i do continue with anti biotics or sumthng else??eagerly waiting for your reply

Hi, Thanks for your query. After going through your query I came to know that you got injury to your testes. You visited doctor after two days and swelling reduced after that. But you are having backache after that. In my opinion complete recovery has not yet taken place, so I advise you to follow your doctor advise. You can take additional analgesics such as diclofenac for backache if not prescribe earlier. You can discuss with your treating Doctor about it. I do hope that you have found something helpful. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care.

My name is Hasan Sheikh .My nephew have face problem due to Albumin. Sir, I want to know about solution of this disease & what it is. which foods is increase protein level.

Thank you.

Hi . Thank you for your query. If you mean that album is elevated in his urine then this is MST commonly caused by certain kidney disorders and further kidney function evaluation should be done. Food isn't usually related to it, and he should just avoid meat till the right diagnosis is established. If he hasn't any other symptoms then this shouldn't worry you. Wish you good health.

from last night i am suffering from allergy due to sweat as excessive increase in tempature at my place .there are red patches all over my back and neck. I have been precribed oxflorem-200 fluconazole -150 mg omeprazole domperid decdan cetirizine hydrochloride . Is these medicine adequate ? kindly give suggestions

Has you are having allergic symptoms, having red patches with sweating and itching, the treatment you are taking is good, but I want to suggest you to take a deforming treatment also(Albendazole 400) at night once in a fortnight along with treatment you are taking i.e. fluconazole, omeprazole with risperidone, Dexamethasone in reducing doses and cetirizine or levocetirizine for 7-10 days regularly, if there is no secondary infection present than avoid antibiotics as far as possible and keep . I hope you will be benefited by my suggestions. Good luck and take care.

Have warts in my genital long back i treated with podawart but its irritating so i didnt completed full treatment -wat can i do? Any other better cream are available than podawart in market .? Then scars are there in my glan pennis because of podawart and how to remove the scars

HHuman Papillomavirus (HPV) affects only the skin, and it will be localized to the wart. Once the wart is cleared by topical application of cream you will become free from infection. It is transmitted to your partner, if you indulge in unprotected sexual activity during the presence of lesion. Once the wart is cleared by the topical medicines you can have normal sexual activity, and you will be non-infectious.5% McQuade cream is available in the . Before application of this cream you need to apply Vaseline over the wart, and then you have to apply the McQuade cream.Meanwhile you have to boost up your immunity which helps to clear your wart. To boost the immunity you need to take orally capsule Lincoln, daily for 30 days. Thank you.



Input	Output
<p>i am 26 years old male and have a habbit of masturbating prone.and i have been masturbating from a long period of time and due to this my foreskin has become swollen and very loose and its ageing. what should i do.will it recovers by its own .plz suggest wht should i do.Thanks</p>	<p>In short: Rough handling can cause minute tears/bruises which can cause swelling. Explanation: As you told you masturbate in prone position, friction between you and bed cause . Sometimes if you don't pull back you back foreskin after retracting can cause this swelling. So it's better to always wash your glans and prepuce after masturbation and peeing to prevent any infection. And do not forget to pull back your foreskin after your masturbation or sex. Hope this will solve your problem. Good luck</p>
<p>I am 27 year old and have a minor sleep disk problem as my doctor told me in my L5-S1 disk .I m having sitting job and i also play badminton but now feel pain specially while sitting what to do get recovered from and also to continue my badminton practise.</p>	<p>Hello,First, I need to see your MRI report so that exact amount of problem due to disc prolapse can be assessed. Disc prolapse without nerve root compression can be managed conservatively with physiotherapy and rest and modifications in daily routine activities. Avoid forward bending and weight lifting. Back extension and back strengthening exercises helps lot in back pain relief. Visit to an orthopedic spine surgeon is recommended. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>I am 32 years old 5ft11 and weigh 90 kg.I am gyming from quite some time(5 Day s a Week ) and my instructor has suggested me to take EvionCelinB complex &amp; Maxepa tablets Daily One Tab. Aslo Suggested to Eat 7 Eggs in a Day. Is it safe to use them on daily basis? and is these any Side Effect of Eating 7/8 Eggs in a Day ? Regards NS</p>	<p>Hi, Evion, Colin, B complex and Maxima tablets, daily one can be taken. Being vitamin supplements, they do not cause any adverse effects. Raw eggs all have the same benefits as cooked eggs. However, protein absorption is lower from raw eggs, and the uptake of biotin may be prevented. Most concerning is the small risk of raw eggs contaminated with bacteria leading to Salmonella infection. Buying pasteurized eggs will lower your risk of infection. Raw or cooked eggs can be consumed. In case of more than 3 eggs, boiled egg white can be consumed. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>i am in complte state of shock as yesterday only i came to know thea i have hapetites b postive my famly phiscian advsed me to see gasto specialist immediately i am a 24 year old working professional and lives in mumbai having made an intensive search about the hapetites b in the interet i know that it cant be fully cured and the cost of treatment in allopathy is almost unaffordable for me which also has lot of side effects i have come to know about the drug namedvirohep could u please advise me what should i do now its jst the beginning of my career and i have caught this deadly virus which is goin to remain with me forever.pls help</p>	<p>Hi Please don't panic, I can understand your apprehension, Hepatitis B virus, if you have gained it, then first please get your family members checked (if it is negative for them, then ask them to get vaccinated immediately, available everywhere, but anyone of them is positive, they should go about the same way as I'm going to tell for you), first please consult a Gastroenterologist, so that few tests are done to see if the infection is active or not, if the viral load is high or not and the to check for the liver status, not all Hepatitis B virus positive patients require treatment, evaluation is a must, and once you know if your disease is active and your viral load high, then you will be started on treatment (treatment at affordable prices are available, and Govt also supplies medication for this-please consult), but if you have inactive disease with undetectable viral load, then you will just</p>

be on regular follow up to see if the virus is present/ not present, active/ not active and if the viral load increased, so please don't panic, (Hepatitis B spreads through sexual contact - please be careful until your doctor says), Hope I could help you. Thank you.

i am masturbating last 4 years . I do usually 2 or 3 times in a week . Now i am feeling that my concentration and memory power is gone away .nothing is remembered after reading . What to do now sir . Please help me sir . I am losing my career .amit india

Hi, I read your query and do understand your concerns. Since you have mentioned masturbation, it seems that you feel your symptoms are due to masturbation. Let me clear some misconceptions first. Masturbation is a completely normal physiological process. Once a person becomes sexually mature, semen production starts which is a continuous process. A person who either has sex, or masturbates and has night falls. Masturbation doesn't lead to any physical or mental health problems. It also doesn't cause any problem with sexual performance, and potency. So you can masturbate without worrying too much. That brings us to the symptoms of impaired concentration and memory. It might be the result of anxiety and being preoccupied too much about certain things. I would suggest you consult a psychiatrist for detailed evaluation. Treatment with medications like sertraline or Escitalopram might help you with your symptoms. Hope this information was helpful. Best wishes.

i am Thomas 26 years old and newly married. Now a days i experience some problems with my sexual life.during sexual contact i don't get ejected.erection is happening at the beginning but after about 20 min it gets tired and not possible for ejaculations.

Hormonal imbalances like low testosterone  
2. Poor nutrition  
3. Stress and anxiety  
4. Hostile environment for sexing  
In my opinion you should try to rule out these possibilities one by one like spend more time in foreplay make a conducive environment for sex take too much stress and don't fear about performance anxiety avoid smoking and alcohol have good balanced diet with multivitamin supplements Hope this helps you please feel free to ask for more clarification I will be happy to help you regards

i have query about my father..his report shows MULTIPLE LIVER METASTASIS CHOLELITHIASIS MILD HEPATOMEGALY WITH Gr. I HEPATIC STEATOSIS & GRADE I PROSTATOMEGALY WITH INSIGNIFICANT PVRU. what's the meaning of this sir. please help me & tell me the meaning of this that what the real condition of my father

Hi, I have gone through your question. Your father has multiple cancer spread in liver with fatty change in liver. He may have some cancer in his abdomen. He should go for CT scan and tumor marker study to search the primary cancer. Then he should take treatment accordingly. He also has enlarged prostate. It is common in old male. It is mostly due to benign prostatic hyperplasia. He can take alpha blocker like prazosin and finasteride for that. Check PSA level regularly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

i m 19 years old boy and i am too much thin also. and i m doing handjob daily so i am getting more and more week and i can not resist myself doing this i tried a lot then max 2-3 days i can resist but after that i again do job and feel guilty very much after ejaculation. and it actually happens by watching porn or any other bad videos usually it starts with simple videos and then it gradually starts and at last until i got ejaculation i cant stop watching bad videos. plz kindly tell me the perfect cure. i m in great depression and losing my weight also . since i m 19 yrs old still i m of 45 kg weight only.

Hi You are 19 years, and you will be a student. Masturbation is not actually bad or unhealthy if it is done in moderation. You can masturbate three times a week. It becomes stressful if you do it daily

and habitual if you are unable to do it without having stress or anxiety issues. In your case, you are addicted to masturbation. It is a behavior addiction, and you will need behavior therapy to overcome this. Hope I have answered your query. Let me know if I can assist you further.

m a 24 yr old girl and m suffering from hair loss since last 2 years i went to doc and he suggested me minoxidil topical solution usp 5% along with kevon stay on lotion . i use th solution twice daily 1ml every time since one week i have been using but no results found even m lossing more hairs . and i have irregular menstruation problem too. so plz help me out frm tis problem.

Hello dear, Since you are giving history of hair fall with irregular menses, you will need a hormonal workup to rule out any hormonal imbalance. If it is found then you will need treatment for the same. Minoxidil increases hair fall initially as it causes the non growing hair to fall out and new hair to grow from the same hair root. You will have to continue with it and should see new hair growth in 3-4 months time.

my baby is 4 years old having teeth cavities . Front teeth are black and half broken . I am scared about the next coming teeth Will they be ok or any problem occur? Please suggest me to do some cure so that the next coming teeth will come without any problems and sometimes she also suffers from a severe pain.

Hthank you for consulting with us. As you have mentioned that your child is having cavities in deciduous teeth (milk teeth) and you don't want her permanent tooth to get cavities than first thing you should do is get the cavities removed and get the tooth restored as the infection can spread from deciduous tooth to permanent tooth. After that you should ask her to brush her teeth twice daily, and also prefer not to eat too much of snacks between the meals, if she feels like then she can take just after the meals. It will help her to maintain her pH of oral cavity.

my father is admitted for jaundice. His bilirubin level was initially 4 and in a span of approx 15 days has increased to 22 which is progressive. He has water retention in stomach cavity. Endoscopy has come clear. Request your guidance and opinion. Thanks nikhil

Hi there, Your father is probably having a chronic liver disease which got decompensated leading to fluid retention in the body. He needs in patient treatment during the initial phase. Some causes include alcohol intake for a long time, hepatitis B and C infection. He needs to quit alcohol if he has been consuming it. He needs to get tested for Hepatitis B and C infection. His fluid accumulation in the abdomen called ascites has to be aspirated and examined to rule out infection and other causes of ascites. His kidney function should be tested to see whether kidneys are functioning well. He needs to restrict salt in his diet and take diuretic medications which will clear the excess fluid through kidneys. Take him to a hospital for this early phase treatment. Is this answer helpful?

my name is tulika sinha and i m 31 years old .recently i know that i m asthmatic and that is from for few months about 7 months . my symtom is continuos sneezing continuos coughing or a sometime a midnight it was occured. sometime i felt that my heart beating very fast . i m feeling very weak during this and sometime my nose is itching much and feeling feveres. sometime i feel a pain in a chest and become very irritating by nature not feeling good . so sir plz tell me what i have to do and how get rid of this disease. is it asthma or chronical boomcities or a allergical asthma?

All the symptoms that you have mentioned are of allergy. Asthma is also a result of allergy. You must take your asthma medicines regularly which are normally a montelukast, an antihistaminic and inhaled steroids. You should consult a pulmonologist who will regularize your treatment and once your allergy is controlled, your symptoms will subside. Fast beating of heart could be because of the disease or even because of medicines. However, you may consult a cardiologist to rule out any heart ailment.

<p>My son (2.5yrs) was treated for WALRI 2 weeks back .I want to know the causes for the diseases and whether it is a lifetime or cured permanently ?Foods that need to be given and the ones to be avoided ?Can he play like a normal chid in any climate esp during rainy season and winter ?Please</p> <p>Note : Soon after his birth he was treated for MECONIUM in NICU . is this responsible in anyways</p> <p>?Please help me out.</p>	<p>This is an allergic condition and the kids usually grow out of the symptoms. Allergy can only be controlled but not cured.2. No foods need to avoid. This is not food allergy.3. He can play like any other normal kid - provided based on his symptoms he might be required to be administered inhaled corticosteroids.4. Meconium aspiration kids are known to have some hyper reactive airways like here, but there are other reasons like family history of asthma or atop or allergy etc.</p> <p>Regards -</p>
<p>Thank you in advance Sir my mother is facing a severe pain in her knees and in most of the parts and joints of her below the waist part and also in her shoulders wrist . A doctor confirmed it is as RA .She is taking the medication from a homeopathy doctor for the last one year but after many days she is not feeling good and now she is complaining like she got pain in her back and in waist . So could you tell me what should I do now and could you please suggest me a best doctor for this problem. Sir I am from Hyderabad . And please email me the reply to YYYY@YYYY Thank you so much sir</p>	<p>Dear friend please take your mother to a rheumatologist and get her treated properly. Pardon me for my prejudice, but homeopathy is certainly not the solution and if someone has claimed it you have the result in front of your own eyes, there are very effective medications available in our poor branch of modern medicine called allopatry, but please give it a try. Also let me warn you at the onset that RA if confirmed cannot be cured it can be kept under check and life quality can be improved.</p>
<p>we have unprotected sex on 15th apr night 16th morning and night my last period date was on 5th apr kindly advice can i go for ipill as i have taken the same before 2 months ago and felt lower abdominal pain for a long tym or should i wait for my nex period</p>	<p>Hello misunderstand your concerns think you have to take the pill to prevent the unwanted pregnancy as you did sex around the time of ovulation as sperm live in the female genital tract for the 4-5 days. So I advise you take I pill, You can also take postinor-2 or unwanted 72. You should to take as early as possible after sex or with in 72 hours after the sex. If you have pain then take analgesic like metal spas. . Period may be delayed or earlier after taking pill. Hope this may help noncontact further for any health issue. Best regards</p>
<p>What are the recovery chance for the electrolude brain hypoxic ( brain cells dead ) but still he is chewing food no tycosmy no food pipe but his bosity is stiffed he is nt able to sit standup own eating food urine : please give me a best way to save his life ( 20 yrs old )</p>	<p>Oxygen supplementation2. Maintaining hypothermia in body3. Tab Paracetamol has some controversial beneficial role in hypoxic brain injury. The prognosis is depended on duration of hypoxia and extent of brain tissue damage.</p>
<p>I have a question sir . Sometime inside my penis I found some white particles. Like skin out ho rahi hai. and last night after hard itching today morning I saw the red spots inside my penis like kuch chil sa gaya ho. In past I used cadid cream inside my penis then problem solved for some time but now problem regenerated. may b its a eczema problem. please tel the solution. Thank you.</p>	<p>Hello I share your concern, I will try to help you out in the best possible way. Looking at your description this could be STI or infected ulcer may be due to trauma during masturbation or an allergic reaction. I would like further information help you better relevant medical history like</p>

metabolic disease or hormonal disorderly recent exposure to unprotected sex? You should ask your doctor for few investigations to confirm the diagnosis like Urine culture and sensitivity test Blood for CBC and liver function test or urine test are advisable if it is a chronic issue Maintain good hygiene Wash and clean it with antiseptic solution or soapbox can apply antiseptic ointment externally. Use condom during sex if you are sexually active Hope this answers your question please feel free to ask for more clarification Thanks and regards

I am 20yr age having severe dust allergy problem if this problem I could not sleep in night this problem results to wheezing in night time. I could not breathing easily so please give some remedy for this problem. Thus problem I could not concentrating my sports.

I usually prescribe my such patients regular montelukast and levocetirizine. Furthermore, I also prescribe them albuterol inhaler to be used on as-and-when-needed basis for wheezing. If frequency of your symptoms is more, I would also add regular inhaled corticosteroids to your regular medicines at present.2. I would also suggest you allergy testing for common airborne substances such as house dust mites, molds, pollen, insect proteins, animal dander, etc. This will help you identify the substances causing allergies to you as well as to know measures to avoid them.3. Based on allergy testing, an Allergist-Immunologist may prescribe you allergen specific immunotherapy which works on immune system to gradually improve your allergies.4. In general, I would suggest you to avoid exposure to dusts, smokes and air pollution as much as possible.5. Regular breathing exercises and healthy diet rich in vitamins & minerals would also help you in a long run by improving your lung capacity and immunity respectively.6. As you have difficulty in sports, I would also suggest you to use albuterol inhaler 15-20 minute before sports activity which will prevent exercise-induced wheezing. Hope above suggestions will be helpful to you. Should you have nay further query, please feel free to ask at . Wish you the best of the health ahead. Thank you & Regards.

I am nehasuffering from coughing that last for more than 8 days and found breathlessness on exertion the cough is dry but i can feel irritation in my Respiratory tract and blood report shows raised ESR (42mm/hr)sir please let me know if i am suffering from upper respiratory tract infection and can i take any antibiotic for it ?

Raised ESR (erythrocyte sedimentation rate) is suggestive of inflammation in the body. You are also having cough, irritation in airways with breathlessness on exertion. These are seen mostly with bronchitis (inflammation of airways). So possibility of bronchitis is more in your case. So better to consult pulmonologist and get done clinical examination of respiratory system and PFT (pulmonary function test). PFT will also tell you about severity of the disease and treatment is based on severity only. You will need antibiotic, inhaled bronchodilator and inhaled corticosteroids (ICS). Don't take treatment by your own. First diagnose yourself and then start appropriate treatment. Don't worry, you will be alright. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

i have lower back pain on right side since last 2 years . i have used body building supplement (protin powder )after that i have got this pain . i have done many treatments like . kidney stone urine infection . can u tell me what the matter is .

Dear patient Considering your history chances of kidney stone is high since you have past history of infection and kidney stone. Single sided back pain is mostly due to renal stone. Also, protein intake increases chances of stone. So I would advise radiograph of lumbosacral spine anteroposterior and lateral which will show radio opaque stone clearly. Ultrasound of abdomen is also advised to confirm position and size of stone. Please consult expert urologist with report. All the best.

Input	Output
<p>in a recent blood test my eosinophil count was 9 Hb 13.9 Wbc 5600 Lumphocytes 55 Basophyl 1 Monocytes 2 Doctor told me i am suffering from relative eosinophilia and llymphocytosis Please suggest is there anything serious in my condition and probable ttreatemen. Thank you sir</p>	<p>Hello and Increased number of eosinophils can occur in one of the following conditions:AllergyParasitic infections tropical eosinophilic, hyper-eosinophilic syn . The cause of eosinophilic has to be found out, and its treatment has to be planned. High number of lymphocytes can occur in viral infections and chronic inflammatory conditions. Thus, a clinical assessment is required to look of the above-mentioned conditions. Thanks and take care</p>
<p>me nd my family is very much distrub with my father.becuz he always want to kill my mom .nd he beat her and thought that she having wid his brotherfather in low infact wid her son so pls help me.wat i have to do.nd is he will be fine or not</p>	<p>Degree understand your concerns went through your details. I suggest you not to worry much. The description you gave here is not enough to come to a correct diagnosis. From the description, it can be understood that your father has paranoid personality and aggressiveness. We need to know why this happened? Do he ? Or Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe some psychotherapy techniques which should help you cure your fathers condition further. Hope this answers your query. Available for further clarifications. Good luck.</p>
<p>my brother is suffering from lack of self confidence after he was treated for paranoid disorder with sizodone plus and then with zisper ls for a few months.now for last 5 days he is fearing that someone will ask him something but he will not be able to answer.He is always anxious for the said thought.the docor has prescribed sizodone 2m and serata100m.my question is will he be alright soon?</p>	<p>Hello . Thanks for your query. This brief description of your brothers' problem is insufficient to make a definitive diagnosis. You have only mentioned some anxiety symptoms but his previous diagnosis and treatment seem to be corresponding to a psychotic disorder. The medication which he has been prescribed is also a combination of an anti-psychotic (soon) and an anti-depressant (Serra). So, I would advise you to discuss and clarify his diagnosis with his psychiatrist. Most psychiatric disorders, especially, psychotic disorders require regular and long term treatment. Often it is only possible to control the illness and not cure it altogether. So, please advise him to take medication regularly and go for periodic follow-ups. Wish you all the best.</p>
<p>my wife is having pani in her back as well as both legs.the pain is acute.we consult a othopedic docwho said thai she is havin sciatic nerve pain and ask me to consult neurologist.now she is taking gabapentin with vit b complex but pain is syill there.</p>	<p>Dear, I have gone through your question and Consider to use for her sciatica also NSAIDs as needed: Naproxen (Naproxen) 500 mg initially, followed by 250 mg every 6 to 8 hours. Please don't forget to give your valuable feedback and five-star rating, to help me assist you in a better way. Click at I Find This Answer Helpful too. Please, write a review about your experience with me.</p>
<p>SEMEN Colour Opaque greySEMEN Collection to Processing Time 60 minutesSEMEN Total Volume 3.0 mlSEMEN Liquefaction Time SEMEN Reaction AlkalineSEMEN Total sperm count 82 Million/cmm 60 - 150SEMEN Actively motile 45.0 %SEMEN Sluggish motile 25.0 %SEMEN Non motile 30.0 %SEMEN Normal Forms 50.0 %SEMEN Pus cells 8 - 10 /hpfSEMEN RBCs 1 - 2 /hpfSEMEN Epithelial cells 3 - 5 /hpfSEMEN Fructose Positivethe above is the report of my semen analysis .kindly guide if any issues need to be medicated .</p>	<p>HelloColor, processing time, volume, liquefaction time (processing time), reaction, total sperm</p>

counts, all these are within normal range. Motility should 100 % normal, forms 50 % normal, pus cells present (you should take treatment for this) RBC, normal. Epithelial cells normal, fructose normal. Normal fertility is associated with sperm counts .48 million /CMM (in your case it is 80 million, so absolutely normal)with motility >63% with 13 % exhibiting normal morphology (normal in your case). In this case of semen analysis motility is somewhat lower than normal (but your wife can get pregnancy with this motility). Still, if long time passed for conception (trying for pregnancy) then consult INFERTILITY specialist and get his opinion. Good luck

. I am 22year old male and I am taking salmeterol and fluticasone for inhalation as per the treatment of bronchial asthma. I am taking these drugs since I was 5 yrs old. As I grew I noticed my face has become little round, broad chest, heavy neck and I even gained weight . It might be due to the steroids I consume. What should I do about this problem. I take the medicine in every 2-3 days. Is there any less harmful replacement available?? Plz do reply. Thank you!

Ask your doctor to make the least possible dose of Fluticasone component in your inhaler then you continue for 2-3 months with the same component twice or thrice weekly. Once you noticed no episodes occur during that period gradually that combination or simple Salin can be given as a when required. 2. As you are steroid dependent now it will take time actually to taper the dose. 3. If you have seasonal asthma then you can start inhaler one month prior to season regularly. 4. Regular breathing exercise and yoga will help to reduce the incidence of acute attacks. Thank you. Have a nice day.

. I am Rohit ,i am about 18 year my height is 5 foot 5 inch and weight is 44kg . i have lot of problem . (.my sperm is leaking 4 to 5 times in a week i have this problem from 1 year . (2). having habit of hand-pump to get enjoy the sex feeling but after sperm leakage i feel very bad and aggressive on yourself .(3)my sperm leak in night. (4)sometime my stool is oily. kindly help me how i solve this problem.have a nice day sir

Nocturnal emissions2. Medication side effects3. Prostate problems4. Nerve injury Please consult your doctor, he will examine and check for it then treat you accordingly. Hope I have answered your query. Let me know if I can assist you further. Take care.

. i had hematocele on my scrotum before two months i had surgery. yesterday i went to hair specialist and he gave FOLLIGROW and FINABALD i heard that finabald has side effects on reproduction problems.iam so scared about this ,what to do now .

Hi, Final is commonly prescribed to treat baldness in males. It acts by preventing the formation of active male sex hormone. Its common side effects include headache, weight gain, abdominal pain, and swelling of the face and lips. Other side effects include decreased interest in sexual intercourse, inability to have or keep an erection loss in sexual ability, desire, . Ask your doctor for an alternate effective but a safer medicine for hair loss. Hope I have answered your query. Let me know if I can assist you further. Take care

. I have mild enlarged mesenteric nodes with displaced ileal loops on right flank. I have mtb detected in uterus. My medicine are T maxcoz zh kid. I want to ask is this the right tablet for this disease ? My age is 30 pls answer thank you

Hi I understand your health concern, I suggest you that the treatment is right but kid word at the end of . So I don't know whether you are kid or not. So kindly check this thing with your doctor so that my help for you can be worthy. I will be happy to answer all your future concern. Thank you, Infectious disease specialist. Wish you the best health at .

. I m suffering from vomiting via dry cough with shortness of breath now. It was all start about a month ago. I was suffering from viral fever than this happen after 4-5 days. All the test reports are

<p>negative like ultrasound, x ray, blood test, amylase , ESB, sgot/sgpt , fbs etc. I had taken med. Like dompan , montair lc, augmentin, ciplox tz, pan-d, lupitus, sparacid etc. From todays on I m going to take ulicikit and zofer md-4 mg . I don t know weather they work or not.if they don t work my doc said u should admit and then he will do endoscopy. What should I do ??</p>	<p>Avoid hot and spicy food. 2. Avoid stress and tension. 3. Avoid large meals, instead take frequent small meals. 4. Go for walk after meals. 5. Keep 2 - 3 pillows under head in bed to prevent reflux. 6. Avoid alcohol and smoking, if you have these habits. 7. Lose weight if you are obese. Don't worry, you will be alright.</p>
<p>. my sister age 23 married suffering from lower back pain . i have taken the X-ray from the hospital and the Impression is shown in that is Loss of normal curvature of the spine - mostly due to para-spinal muscle spasm . Sir plz tell me is it so serious and what treatment should be given to this disease.?</p>	<p>Hi. According to your X-ray report it looks like the right diagnosis, as age is 23 years only. In this age loss of normal curvature is not decorative process, so don't worry. Due to heavy exercise or weight lifting para spinal muscles get hurt and spasm. Just take muscle relaxant tablets like MySpace or consult your physician and take rest. If she has chronic pain for long duration then we can think for investigation like MRI spine. Thanking you.</p>
<p>. plz help me out .this is my father USG ABDOMEN report .3 things mention in the report but i can t undertsnd . 1-free fluid noted in adbomen .no pleural effusion noticed. 2-cirrhotic liver with ascitis. 3-left renal calculus . no significant calyectasis.and one more thg he s diabetic . doctor recommended these medicines liv52d/s tab lasilectone tab ursocol 150 USG ABDOMEN REPORT - Liver: is normal in size &amp;shows coarse echopattern with irregular margains.no foca lesion is seen in the hepatic parenchyma .intrahepatic biliary channel are not dilated. Gall bladder:-is normal in site ,size,shape &amp; wall thickness.GB lumen is normally treasonic.No definite calcuus or any definite mass lesion is observed in the GB lumen. CBD:-Is not detailed.no definite calculus is seen in CBD. SPLEEN:-Reveals normal size ,outline &amp; parenchymal echotexture. Nofocal lesion is observed .no perispleenic collection is seen. PANCERAS:-Show normal size,shape,outline and echotexture .no focal mass lesion or any classification is observed in pancreatic parenchyma .main pancreatic duct is not dilated. KIDNEY:-Both kidneys shows normal site,size ,shape ,cortical thickness and corticomedullary differentiation .LEFT KIDNEY SHOWS A 5-6MMS CALCULUS IN ITS LOWER POLE. NO DEFINITE FOCAL MASS OR ANY BACKPRESSURE CHANGE IS OBSERVED IN THE KIDNEYS. URINARY BLADDER:-Show nrmal contour &amp;wall thickness no intravesical mass or calculus is seen.lower ureers are not dilated. PROSTATE:-Measure normal size and in size and in weight .prostatic parenchyma is uniformly normal.median lobe is not enlarged.no breech is seen in prostatic capsule. no significant retroperitoneal lymphadenopathy is observed. FREE FLUID NOTED IN ABDOMEN.NO PLEURAL EFFUSION NOTICED. IMPRESSION:-*cirrhotic liver with ascitis. left renal calculus.no significant calyectasis. plz sir tellme is it any danger in report .and how his liver working properly . and things</p>	<p>The major concern with this ultrasound is the cirrhotic liver with ascites. When the liver is badly damaged with scarring (cirrhosis), it doesn't work very well. Blood flowing through the scarred liver gets backed up and creates high pressure in the liver, which in turn results in fluid leaking in to the abdomen (ascites). Unfortunately, cirrhosis with ascites may be an indication that his liver is starting to fail. The kidney shows that a stone is present, but that does not seem to be causing any problems. No other findings are of significance. What needs to be done now is to take a sample of the ascites fluid and determine if it is truly related to the liver cirrhosis or something else. Liver disease is the most common cause of ascites, but other conditions may cause it as well, and treatment may differ. Further investigation of the liver status may also be needed, such as a biopsy.</p>



Usually the spleen is enlarged when ascites develops with a cirrhotic liver, and his spleen is normal, so perhaps another more treatable condition is present. Liver failure from cirrhosis is the worst case scenario. Further evaluation should help define his situation better. Hope this helps.

.I have very less facial hair.I consulted an endocrinologist and got the testosterone level tested .According to that it was normal.I am 25 now and still lack thick beard and moustache as other men do.can you please suggest me a remedy for this ??

Hello dear, I read and understand your concern. Bear and mustache depends on two factors one is testosterone and second is hereditary. Some people due to this factor receives late hairs. You are also in same category I think. They receive the late hair growths. But this condition is not abnormal. You can wait for some times to hair to grow. There are some cases where people receive a bear at 30 years. Minoxidil is the antihypertensive . In some cases alcohol preparation of the minoxidil is tried and has grown some hairs. You can try its topical preparation under your doctors' guidance. I will be happy to answer your further concern on

.m AAAAA .and m married 2 yrs past.i ve a problem that low sperm count .it was 14million.before met the doctor.and taken spemen tab.for 3 month.then the count was 56 million.but now its slowly reduce its self.4month before 38mil after 30mil.but now only 5million.m still taking medical as for doctor addvice.can u plz tell me any sollution.please

HelloThanks for your query, based on the facts that you have posted it appears that you have what is called as Azoospermia. And your sperm count is fluctuating over a period of last four months. Truly speaking there are no medicines that can increase sperm count however Following measure will help you to increase sperm count . Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. Repeat semen analysis after three months under ideal circumstances (After abstinence for 3 days). .

/Madam My wife is suffering from hair falling in large quantities (in front of forehead) to previous two months as she is taking her IVF treatment so tell me what should she go to her in treatment to Allopathy or Homeopathic treatment. Or Ayurved .

As you are undergoing IVF treatment which causes hormonal changes/ disruption leading to hair fall, but it should grow back once hormones are stable, also the so-called female pattern hair loss due to this hormonal changes during IVF and the stress associated with it can also contribute or work as provoking/aggravating factor(s) for hair fall/thinning. 2. Thus, initially in combination with your attending Physician, hair specialist, and relevant blood examination one can establish the cause of hair fall and whether it can be treated medically or not, till then - Soap nut and Sakai along with Bhangra and Feeling oil act as a natural conditioner, you can use it safely.- Apple, almond, banana, broccoli, cantaloupe, melon, carrot, cashew nut, corn, cauliflower, grapes, guava, lemon, mango, orange, pineapple, soybean, spinach have antioxidant properties so take them in plenty.- Vitamin B1 and B2, Omega-6 and Zinc, magnesium, biotin should be a part of regular vitamin intake, apple cider vinegar, Olive Oil or Coconut Oil, raw aloe vera juice applied directly to the scalp. Hope I have answered your query. Let me know if I can assist you further.

1 month ago i bleached my face and facial also. at that time my skin was glowing but after one week my skin get darker and certainly a line appeared on my nose also. 10 days ago i started using melacare cream but there is mild skin rashes on my face and also my face is not much lighten . plz help me what should i do??

Hi I had gone through your query and understand your concerns. I would come up with the possibility of ALLERGIC DERMATITIS may be the cause for your sufferings.-bleaching to the face

may be the predisposing factor. Treatment option I advise you taking Homeopatedicines gives safe and permanent cure for your complaints' homeopathy treat the cause (allergy) of your complaints and gives permanent cure without recurrence. Consult your local homeopathic physician for correct diagnosis of the case and remedy to fit your complaints I hope this is helpful for you, thank you

20 male,i hve been suffering from involuntary semen coming without any arousal 24 hrs in regular intervals from last 5 days,i do 2-3 times masturbation daily,is this the reason for leakage,i? i hve becomeweak physically and mentally,give me a remedy pls

Degree understand your concerns went through your details. You do not have to worry about it. Semen will be produced whenever you are sexually aroused. Such produced semen is stored inside your body. It will be ejaculated when you masturbate. Residual semen will be removed through the process of leakage through your penis. You can stop it only if you stop sexual arousal but sexual arousal is involuntary. I mean, you cannot stop the given process. I also assure you, such leakage is not at all unhealthy. Furthermore, I also suggest you to reduce the masturbation frequency to once in a day. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

6 years back I went to a doctor to clean my tooth s but he used a sharp device to clean my tooth s and he strained my gums. I never paid attention to that because I was very young at that age but now i feel so embarrassed when people say your tooth are dirty. Please let me know is there any solution to get my gums back and how much it cost.

APPARENTLY there is no way that gums can get any stain from cleaning procedure. The sharp device used is the ultrasonic scale which uses vibrations and water to clean teeth and gums. That reason you are seeing your gums dirty is the gap of 6 years you did NT have the cleaning done again. Go to the dentist and get the cleaning done. Scaling will remove all the plaque and calculus from teeth and gums, and you will feel much more clean, confident and healthy. Take care.

A 35-year-old woman who was recently ill with an upper respiratory infection presents to the emergency department with weakness in her lower limbs and difficulty breathing. Her symptoms began with a burning sensation in her toes along with numbness. She claims that the weakness has been getting worse over the last few days and now involving her arms and face. Currently, she is unable to get up from the chair without some assistance. Her temperature is 37.0Â°C (98.6Â°F), the blood pressure is 145/89 mm Hg, the heart rate is 99/min, the respiratory rate is 12/min, and the oxygen saturation is 95% on room air. On physical examination, she has diminished breath sounds on auscultation of bilateral lung fields with noticeably poor inspiratory effort. Palpation of the lower abdomen reveals a palpable bladder. Strength is 3 out of 5 symmetrically in the lower extremities bilaterally. The sensation is intact. What is the most likely diagnosis?

Guillain-BarrÃ© syndrome

A 43-year-old woman was admitted to the hospital for anticoagulation following a pulmonary embolism. She was found to have a deep venous thrombosis on further workup after a long plane ride coming back from visiting China. She denies any personal history of blood clots in her past, but she says that her mother has also had to be treated for pulmonary embolism in the recent past. Her past medical history is significant for preeclampsia, hypertension, polycystic ovarian syndrome, and hypercholesterolemia. She currently smokes 1 pack of cigarettes per day, drinks a glass of wine per day, and she currently denies any illicit drug use. The vital signs include: temperature 36.7Â°C (98.0Â°F), blood pressure 126/74 mm Hg, heart rate 111/min, and respiratory rate 23/min. On physical examination, her pulses are bounding and complexion is pale, but breath sounds remain

clear. Oxygen saturation was initially 81% on room air, with a new oxygen requirement of 8 L by face mask. On day 6 of combined heparin and warfarin anticoagulation, her platelet count decreases from 182,000/mcL to 63,000/mcL. Her international normalized ratio (INR) is not yet therapeutic. What is the next best step in therapy?	
	Discontinue heparin and warfarin

Input	Output
<p>a dog had bitten me on my leg I washed the wound with water nd applied dettol on it the incident happened in the year 2001 but i had five rabies shots in 2006 am i safe now is there any need of any medicine i am in depression as any body told me that a person died of a dog bite what should i do</p>	<p>I appreciate your worry, it is all depends upon the dog there are some concrete conditions first, the dog should not be female, the dog must not have rabies infection, dog should not die after the bite, if these are the conditions then you should not worry, and I hope this was not the case, you have already received the dosage, maybe you have taken inadequate dose, still do not worry, hope this information helps you, take care and have good time.</p>
<p>A stray puppy i adopted him I vaccinated only distemper and parvo vaccine not rabies vaccine.vet has given 25 day due date for rabies vaccine. puppy is around 3 to 5 months scratched me on my leg when he was exited .i went to doctor after 3 to 4 days . The doctor gave me tt injection and anti rabies vaccine.After 2 days puppy jumped at me bit me in stomach with teeth the wound is not deep only nip mark No blood flow. Do I need another anti rabies vaccine.? Help me I m in confusion.</p>	<p>Wash the wound thoroughly with soap and water.2. Active immunization with anti rabies vaccine on days 0,3,7,14 and 28.3. Inj TT, 0.5 ml, IM4. A course of Antibiotics like Tab Augmenting, twice daily for 5 days. As you have been given In TT and started anti rabies vaccine continue the same. Thank you.</p>
<p>a urine routine microscopic report showing color-yellow transparency- turbid pus cells-10-12 albumin-++ RBC s- 1-2 cast-granular cast++ crystal- calcium oxalate++ epithelial cells-2-4++ usg whole abdomen showing kidneys are normal in shape and size cortical thickness is less than normal and irregular parenchymal echoes are coarse corticomedullary junction is ill defined calyceal pattern is bright urinary bladder : lumen is normal, wall thicker prostate is enlarged in size 44gm(15gm) so can u plz tell me what does this actually indicates about? i will b very thankful to u.</p>	<p>HI. FROM YOUR DESCRIPTION ITS EMS YOU ARE SUFFERING FROM PYELONEPHRITIS, A CONDITION IN WHICH THERE IS INFECTION IN KIDNEYS. U NEED TO UNDERGO CERTAIN TESTS INCLUDING TESTS FOR DIABETES AND KIDNEY FUNCTION AND URINE CULTURE. ENLARGEMENT OF PROSTATE IS USUALLY SEEN IN OLD AGE, CONDITION KNOWN AS BENIGN HYPERTROPHY OF PROSTATE, IF YOU ARE SUFFERING FROM URINARY SYMPTOMS LIKE FREQUENT URINATION, . INFECTION IN KIDNEYS CAN BE AS A RESULT OF PROSTATE ENLARGEMENT CAUSING OBSTRUCTION OF URINE</p>
<p>actually I am suffering from androphobia(fear of men).now i am in very extrem level of this phobia i feel that all boys are hate me and bad rumour like i am very bad charecter girl is spread all over the villege .i am suffering from this phobia since 12-13 year ago.i am really get very distrub,frustrated .i want to get suiside.please help me sir.i never forget your help.please help me sir</p>	<p>Hello . Thanks for your query. I understand that you are going through a lot of suffering due to your problems. Now, the first thing I would advise you to do is to consult a psychiatrist for a detailed psychological evaluation. Once this is done, then the appropriate treatment can be started. There are effective treatment options - in the form of medication and psychotherapy, which will help you overcome your problems. So, please consult a psychiatrist for further evaluation and treatment. Wish you all the best.</p>
<p>Actually Ive a problem with my heart its like a abnormal heartbeat problem but its not persistent &amp;</p>	

happens in the midnight! All of sudden my heartbeat raised, palms are sweaty, shortening in breathing, body gets cold etc! My ECG reports are normal! Please help me! Thanks.

I really appreciate your concern, if the irregular heart rhythm being suspected then it can only be confirmed or ruled out with the help of EKG and as you have stated here that the EKG is normal one then it may not be the irregular heart beat, of course you might be experiencing same like that, but it may not be the irregular heart beat, but it could be due to some anxiety and depression, hope this information helps.

actually m having 4 wisdom tooth n dentist has told me to take NOVACLOX LB for pain but whenever i took it my stomach gets upset .can u tell me hw to avoid dis un bearable pain widout taking dis medicine or some alternative medicine . My wisdom tooth are in their early stage n cant be treated right now . my email id is YYYY@YYYY

Hi, Thanks for asking, As your one wisdom tooth is erupting, so debris gets accumulated under the flap covering the tooth. It causes inflammation and ultimately pain. Consult a dentist for irrigation under the flap(operculum), follow antibiotic coverage. Stomach upset occurs due to antibiotic so take an antacid before antibiotic and couple metro 200 mg with it. Maintain oral hygiene and use antiseptic mouthwash. Do warm saline rinses daily for healing. Take care

actually my dad met with accident a month back and his knee were broke after that we went to a neurologist he did well from his side, but the problem is that still my dad s wound is not healing and its been a one month please that me that what would be the reason, I am so stressed

HAs the wound is not healing please check the blood sugar levels. If the blood sugar levels are high then wound healing is delayed. This is one of the factors. The other factor can be an infection. So if he is having any infection than it must be a factor too. Have a blood routine and urine routine to check this out. Based on the reports and clinical examination the required medicine for wound healing will be considered. Hope I have answered your query. Let me know if I can assist you further. Jay In .

actually the problem is with my brother-in-law . he is a man with dual personality. wth family memebers and his office staff he is diff. but wth his wife he is tatally a negative man. even though they had a love marriage. he even beats his wife sometimes and do asked her to do odd things always.

Degree understand your concerns went through your details. I suggest you not to worry much. Wrong assessment always leads to disaster. From the given symptoms, it is very difficult to diagnose. You should not try to label a person as having multiple personality disorder. He could just be a normal person with negative mind set. Any way, consulting a psychologist and undergoing a psychometric test to diagnose the psychiatric disorder should prove good for your brother-in-law. Psychotherapy techniques should suit your requirement. If you require more of my help in this aspect, Please post a direct question to me in this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

almost 2 years has passed but my wife did not pregnant, I am normal and she has a little bit problem about periods, she was treated by the doctor and now her periods are in routine, but still she is not pregnant what should we do regarding this,the last date of her starting period is 18 January.and one more question which I want to ask how many time i should have to do intercourse? thanks

Hi, I understand your concern. I would suggest your wife to get her follicular study done. By this you will come to know she is producing eggs or not and also the timing. In 30 days cycle average time of egg formation will be on 13 to 15th day. If she is normally ovulating then you can try between 12 to 16th day which is called fertile period. Daily once intercourse will be fine. As egg will

be alive for 1 day and sperm for 3 to 4 days. If she is not ovulating then ovulation inducing . You may discuss this with your doctor. Hope I have been helpful. Regards

am 19 yrs girl once am a fair gal bt nw am bcom black so plz tel me how cud i gain my losted colour? Plz reply me quickly ,can i use candid-b lotion? How it effects? Becoz of that can i suffer rashes etc? Plz reply quickly sir plz am requestng you plz plz plz

Hello. Thanks for writing to us at Tanning seems to be your main concern. UV A part of the electromagnetic spectrum is mainly responsible for tanning. Asian skin tans fairly easily because it contains a lot of melanin. Candid-B lotion contains antifungals as the active ingredients. It would be irrational to use it on face for fairness. I would say you should not use it on face. It also contains a steroid as one of its ingredients, which may do more harm than good. Rather, I would suggest you to use a broad spectrum sunscreen, that which offers both UVB and UV A protection throughout the day. A broad spectrum sunscreen should have a minimum SPF of 30 + or more. If you were one of my patients I would have suggested you a skin lightening cream e.g. containing one or more of the following ingredients like ascorbic acid, glycolic acid, albumin etc. There are various creams that contain these active ingredients and are available on prescription. Therefore, I would suggest that you seek an appointment with a dermatologist in your region. You may as well opt for a few sessions of chemical peeling from your dermatologist. Chemical peels like glycol peel, retinol peel are effective in fading away the tan. Sunprotection is an essential part of treatment of tanning or facial pigmentation. Regards

am having a pain in my toes whenever i wake up early in the morning and i step my foot on the floor or after a break when i get up from a seat i get a tickling pain in my toes.And between i also suffer from pain in my knees too.I have been diagnosed with uric acid of 7.2 last year. I eat a lot of outside food and non veg. Please suggest me

Hi . In my opinion you have a kind of gouty arthritis due to increased uric acid that was mentioned in your given history. You may use painkillers like NSAIDs like Advil tab when needed, high fluid intake, proximal or allopurinol sachets, hot gentle massaging with topical gels, B12 vitamin supplementation physiotherapy and exercising will be helpful. Try to avoid overweight, vigorous movements, high protein and salty meals, red meat, alcohol and smoking are the main goal of treatment. Please click and consider a 5-star rating with some positive feedback if the information was helpful. Wish you good health, Any further clarifications feel free to ask.

Am having severe hairfall and also having issues with prolactine hormone,its percentage is 24 .Am having dandruff and itchy scalp,am married and last two month i was taking novelon tablet so during last two month i felt hairfall was less but after stopping the tablet now the fall is huge ,,am very very tense .Please help

It seems you are suffering from Seborrhea dermatitis, which secondarily leads to hairball and thus It's important to treat it first hand. I would recommend you a short course of oral antifungal . Use a medicated shampoo containing ketoconazole and salicylic acid twice a week. Take antihistamines as required for itching. Avoid excessive use of hair oil. As for the hairball, start oral supplements containing biotin and other essential vitamins and minerals (Collinear new) once a day for at least 3 months. Hope this will take care of your query. Thank you

am male of age 25 can i take sex pills to long lasting on bed and am taking it for first time can you please suggest me which dose mg(25,50) mgs to take and when to take before sex and any side effects will occur???? or any problems will occur please suggest me thanks

Hi,First, let me begin with a caution that Viagra is approved only for the treatment of erectile dysfunction (impotence) in men. It may be taken in the dose of 25 orally once a day, as needed, 30 minutes to 2 hours before sexual activity. It can cause dyspepsia, headache, visual disturbance,

nasal block, low blood pressure and flushing. Hope I have answered your query. Let me know if I can assist you further.

Amit here. Last year on June 2009 my mother went for a slip disc surgery(L5 & L6). but still she was not feeling well, she get pain oftenly (infact daily) that starts from her lower thighs till lower portion of her knees (according to her it seems like paining a veins) and moreover the portion where the surgery held (Slip disc surgery stitches) that is also getting lot of pain.I really appreciate if you could give me any advice on this.Thank you very much.Regards,Amit

Disc prolapse at adjacent level 2. Spinal instability. This needs to be investigated with MRI of lumbosacral spine with screening of whole spine to confirm diagnosis. You need to consult expert spine surgeon with report. All the best.

Anyone can answer my question? why until today ( May 23,201 my period was not come? but I have done many test like pregnancy test and also serum but the result was result negative.I had unprotected sex 3 times April 20,27,28. my period was March 19,2011 and ends March 23,2011 I have no signs of pregnant but i started to confused why until now i dont have my period? what should I do to get the result if Im pregnant or not? yesterday(May, 22,201 I came to obgyne to take the serum test and the result was negative. but the obgyne said there s late development. What it is happen to me? I dont have work to get tired or to have stress beside i have plenty of time to rest that s why there s no reason to missed my period.

Hi, thanks for query. You missed period, and it is about more than 2 months since your last period.Most pregnancy test kit are very sensitive, so they pick up pregnancy very easily. Still The best and surest way to rule out pregnancy is ultrasound. This will definitely show the pregnancy and growing life inside. By this time in normal pregnancy fetal heart beating can also be seen. Please go for one to have mental peace. Then if there is no pregnancy talk to your doctor who give some tablets, and you will have your periods.

best regards. im a medical student in bangladesh of final year. my brother had a prblem right now. he has multiple matted erythema specially on chest with sever pruritus. i prefered him Fexofenadine, but improvement is not significant. should i use Imidazoles & topical steroids. pls , help me, sir. i cant able my seniors right now. thank u, sir

Multiple matted arrhythmia with pruritic can be due to urticaria (skin allergy). And in my opinion, it is better to give combination of anti-allergic (montelukast) and anti histamine (fexofenadine) instead of plain fexofenadine. You can also apply steroid cream (mometasone). In severe cases, oral steroids (prednisone) is also advisable. If he still feels itching then consult dermatologist and get done clinical examination and skin Biopsy for confirmation. Hope I have solved your query. I will be happy to help you further. Wishing good health to your brother. Thanks.

Can i get your help i am having a feeling of something stuck in my throat from last 5 months and my throat is dry as well have visited doctor quite many times but every yhing seems normal besides the vitamin B12 level and vitamin D level and have been taking them from quite some time. Please let me know what can be the reasons for the same. Also, please let me know if this is some thing serious and if these are the symptoms of throat cancer then wouldnt it had been worse in 4 months. Also i have a stiff neck as well please reply ASAP

From last 5 months, you are feeling, that something is stuck in your throat. 2nd symptom is . You yourself answered that if it would have cancer then wouldn't it had been worse. Your answer is correct. It is not cancer. You haven't mentioned your age and gender as these two are very important. Two possibilities are there,1 Hypertension, if your blood pressure is very high particularly diastolic (lower B P) than there are chances that you feel something is stuck in throat. 2 diabetes,

<p>Degenerative disc diseases at L5/S1 level. 2) Central and both paracentral disc bulge at L5/S1 Level Causing thecal sac indentation, mild spinal cannal stenosis and bilateral neural foraminal narrowing. 3) Screening of whole spine shows disc bulge a c3/4, c4/5 &amp; c5/6 Levels causing thecal sac indentation &amp; mild spinal canal stenosis.</p>	<p>Hi, I have read your question and understand your concerns. Let me try to help you Question :</p> <p>Suggest treatment for degenerative disc disease which is at L5/S1 Clevelander : If you have only Pain, then you can try conservative Management (Bed Rest + Physiotherapy + Tablets) for 3 weeks If you have Numbness and / or weakness, you have to go for Surgery Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Let me know if I can assist you further. Take care.</p>
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<p>DOCTOR HAD SUGGESTED ME YOUR CREAM FOR USING IT ON DARK CIRCLES i.e(depiwhite under eye gel) BUT DUE TO CERTAIN MISTAKE CHEMIST HAD GIVEN ME DEPIWHITE CREAM.I HAD APPLIED IT ON MY DARK CIRCLES FOR DAYS REGULARLY WHICH HAD CAUSED A REACTION (REDNESS ON DARK CIRCLES,IRRITATION )AND WHEN I HAD SHOWN IT TO MY DOCTOR HE SAID TO USE DEPIWHITE UNDER EYE GEL . BUT THERE ARE SOME FOLLOWING QUERIES WHICH ARE AS FOLLOWS 1 IS IT A REACTION ? 2 IF IT IS A REACTION HOW MUCH TIME IT WILL TAKE IT TO OVERCOME ? 3 FROM WHEN TO APPLY DEPIWHITE UNDER EYE GEL AFTER REACTION IS TREATED OR I CAN APPLY IT ON THAT REDNESS PART OF DARK CIRCLES.</p>	<p>Hlt appears you may have a chemical hypersensitivity to one of the recipients of the cream, and it is important that you see a dermatologist with interest in chemical sensitivity to get a patch test done to exclude this. You can apply a local antihistamine cream or take an antihistamine tablet for a few days to treat the present reaction. It normally takes a few days (less than a week typically) to overcome this reaction.</p>
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<p>Doctor, I have been experiencing ankle pain, knee swelling, foot or toe pain and my nails seem to be irregular. What could be the problem?</p>	<p>It seems like you may have suffered an injury to your leg, which could have affected your ankle, knee, foot, and toe. The irregular nails could also be a sign of damage to the toe area.</p>
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Input	Output
<p>dr. i m 26 year old and i got married 4 month ago and still i cant be a hopefull for a father my volume is 4.0 ml, reaction is alkaline, liquification time is 30 min sperm count is 65 million/ml sperm motility is excelent 35, good is 10, poor is 05, non-motile 50, morphology head piece defect 30%, mid piece defect 05%, tail defect 20% , pus cells 2-3 /hpf, red blood cells nill, epithelial cells nill,</p>	<p>Hi am Look, your semen analysis report indicates normal sperm count (normal is &gt; 15 ml as per WHO 2010). The motility is within normal limit (as per WHO 2010, grade a should be &gt;25% or all total &gt;50%). The Normal sperm count is also within normal limit (as per WHO 2010, normal sperm should be &gt; 04%). The pus cells are present (as per WHO 2010, normal semen should contain no pus cells). So, overall, your report indicates possibility of genitourinary infection. For which you need a broad spectrum antibiotic. Regards.</p>
<p>Due to accident my left hand arm injured and doctor put a Stich before 10 days and they suggested to take taking tablet Pantocid one tab every morning &amp; Emanzen D, Augpen 625 Bid (Twice in a day) for 5 day after dosage completed i stoped. now still i am getting pain in woond place and it also may be swelling so what should do now again that tab continue or what should do suggest me sir</p>	<p>Hi, thank you for providing the brief history of you. As you had a stitch 10 days before and the wound still hurts, this is a normal phenomenon of healing, and it will heal soon, for which you shouldn't get worry more. Continuing the medication by the advice of the same physician should be helpful, but I will recommend you to do quick icing around the wound area and keep it under sunlight for healing. As most wounds heal within 10-15 days of time post stitching you should keep patience to allow it to heal. With gods grace everything will be alright. RegardsJay In .</p>
<p>during my pregnancy i had seven stenches but it not given properly at that time after two year of my pregnancy i have sudden pain in that area. what should i do some dr. told me that i have to operate again for this.as of they giveme tab-panat-d,emanzen-d,sporidex</p>	<p>Hi, thank-you for providing the brief history of you. As this is a common complaint we find in our clinic postpartum so physical therapy is advised to strengthen the muscles and also the scar management can be done. Therapeutic ultrasound therapy and TENS therapy helps to reduce pain and exercises helps to strengthen the core again. In my clinical practice most cases respond well to physical therapy post partumRegards Jay In .</p>
<p>every time while having periods i have severe abdomen pain which can t be tolerated and body pain,body tried due to this i can t do my work as i am a performer when i have program on that time i can t able to perform as well as i can t able to rehearse for my program. but still now i am not using any pain killers.</p>	<p>Hi Pain during periods is most commonly due to hormonal imbalance. Get an Ultrasound abdomen to rule out any abnormality in the reproductive tract and also get your hemoglobin checked., if normal you need not worry. . Take hot fluids and listen to music during periods. You can try keel s exercises to receive uterine spasms and pain intern. Consult your gynecologist for expert management. Thankyou</p>
Fimm B	Friesen P

For my kid s urine culture and sensitivity result are as below. Could please let me know what exactly it means?MICROBIOLOGY REPORT\***CULTURE & SENSITIVITY - URINE SMEAR FEW PUS CELLS GRAM NEGATIVE BACILLI SEEN ORGANISMS ISOLATED ACINETOBACTER SPECIES COLONY COUNT 100000cfu/ml RESULT SIGNIFICANT BACTERIURIA ANTIBIOTIC**

<p>RESULT AMIKACIN Sensitive CEFIPIME Resistant CEFOTAXIME SensitiveCEFTAZIDIME SensitiveCEFUROXIME ResistantCHLORAMPHENICOL SensitiveCOTRIMOXAZOLE (SEPTRAN) SensitiveGENTAMYCIN SensitiveIMEPENEM SensitiveMEROPENEM SensitiveNORFLOXACIN Sensitive</p>	<p>HAcinetobacter is usually seen with people with long hospital stay, who has undergone a lot of procedures and several antibiotics. Since you haunt given any history, is that the history with your child? When interpreting Acinetobacter culture positive report history, symptoms and signs everything should be taken into consideration to determine whether isolation is just colonization or pathogenic. An oral antibiotic who is sensitive is clotrimazole. Other oral antibiotic who is sensitive is norfloxacin. But that cant be given for a child. S Anyway how does. The child get that infection is also probed. Hope this helps. Thank you</p>
<p>for the past 6 months iam very disturbed full day iam getting fear and thoughts of death what will happen to my family after my death who wilk take care of them whenever I get this type of thoughts I feel light pain in chest because of that i get more scared.pls sir help me how to overcome this problem.</p>	<p>The symptoms like fear of death, worries about family, anticipatory anxiety that who will look after your family after death, pains in chest, fear etc. are occurring due to severe anxiety most probably. Please don't ignore these symptoms and visit a psychiatrist for help. In severe anxiety medicines like SSRIs are mainstay of treatment. Medicines like Sertraline, Fluoxetine, Paroxetine etc. are commonly used. These medicines will reduce unwanted repugnant thoughts and will help to decrease anticipatory anxiety. Please consult a psychiatrist for detailed evaluation and prescription of these . Also try relaxation exercises, progressive muscle relaxation exercises, yoga to keep yourself relaxed and away from these thoughts. Thanks, Hope this helps you. Take care</p>
<p>France. European Stroke Conference</p>	<p>May 2008. Ponrathi Athilingam. The Montreal Cognitive Assessment (MoCA): An appropriate tool to assess subtle cognitive changes in people with heart failure? Section: Innovations in Nursing Practice with Older Adults. Presented at the ENRS 20th scientific conference. Philadelphia</p>
<p>frist time when i used this sunscreen (brown colour bottle spf 20)in 2006/7 it suited me but after that new white colour bottle came with same chemicals but not suited me and this product is costly 4 me so before buying it ,i want u r opinion , wht can i do? buy it or not?</p>	<p>HI can understand your concern for the use of sunscreens. Nowadays the rare so many sunscreens are available in the market, and it is rally confusing to which to be used. In my patients with normal skin I prefer to use a sunscreen with normal Matt finish. For oily skin persons I prefer to use a sunscreen with gel base. A gel base sunscreen does not block the pore and is not causing any eruptions. For . Regards,</p>
<p>from marriage i didnt conceived even one time also. Doctors told me that i have cyst but last month they do hystroscopy and laproscopy surgery. Now they planned for ivf on august month 30/6/2013 is my lmp from 14th they advice me to take DUOLUTON L tablets n.o. w. my doubt is if i didnt take DUOLUTON L tablets there is a chance for conceived or not for this month.</p>	<p>HelloThanks for your query. Duoloton tablets are given to down regulate before IVF. They regulate the hormonal axis and the bleeding pattern before going for a cycle of IVF. You need to post the results of the hysteroscopy and laparoscopy in order for me to comment whether there is a chance for conception. Just not taking the Bolton tablets does not increase your chances of conception. Please write back with fuller details. Take care.</p>
<p>Good Afternoon!! My name is Shahid Mahmud Haroon,45 yrs of age,male, non diabetic !! i got a Drug(Lopamiro 200ml) eluted stent ( 2.5mmx23mm ),named XIENCE V inserted in my LAD by Dr.</p>	

N A M Momenuzzaman of Dhaka United Hospital Ltd.on the 13th JULY,2010. I was prescribed with following medicines: CLOPID AS,TRITACE 2.5mg,CONCOR 2.5mg,ATOVA 10mg. I feel some pain inside my chest with respiration problem. Sometimes i feel like a stone pressing my chest inside !! As per my physician s advice, i walk an hour everyday.it makes me no trouble or pain. My question is, what shall i do in this situation to get relief from such kind of pain. though the pain is not so severe, but it makes me worried. Thank You in Advance. Wish You a Good day.

Hello and I have reviewed your query and here is my advice. I have read your query in details here. \* Constant chest pain in a patient with coronary stent, requires to be evaluated with fresh 2D echo, Angiography to look out the underlying cause and manage accordingly.\* I recommend to immediately consult your cardiologist. Hope I have answered your query. Let me know if I can assist you further.

Good afternoon. My age 24. female.I have a problem Urine Burning & urine drops aft went to restroom. I cant sit continuously. Now today Only blood bleeding 3-4 drops aft urine. What should i do? This Problem killing me so much. This problem created aft sex. Before marriage I didnt get this problem.

1.Urine R/E2. Ultrasound Abdomen with PUB.3. Kidney Function Testify things are normal, it might be due to trauma induced during the sex. But it is important to evaluate the above-mentioned causes. This is my personal opinion for you based on available details. If you have any further query please ask me. Stay Healthy, MD

Good Day Doc, My period was March 19, 2011 and ends March 23,2011 then i had unprotected sex on april 20,27,28. it is possible to get me pregnant? is there s a chance that Im pregnant and how many percent?

Hi Good Day, If your periods are regular, you should already have had your next period by 28th of April. Since that did not happen, your ovulation could have been delayed, in which case you could be possibly pregnant. There is no way of being sure that you are not pregnant until you have your next period.Meanwhile, you could get your serum / urine pregnancy test done to confirm pregnancy, though Negative result does not exclude pregnancy, it only means that pregnancy is not of minimum duration which is required for the test to become positive. Telling in percentage will be pure speculation.

good evening . i have some problem that is 1 . iam forgotting the small small things in one hour / two hors 2. iam thinking that iam working fast but its taking too much time for completing works 3. iam having chalta hi concept in my mind which increses my problems. 4 my communication skills is poor so that iam getting nervous that where i will commit mistake for this reason only i keep myself silent and i will not speak much with any body and iam thinking that there is no matter for talking

Degree understand your concerns went through your details. I suggest you not to worry much. You have given a list of your problems, but did not mention your age. I suggest you should rethink your strategy. Busy people do forget things, and they always keep a schedule to overcome those problems. Students forget things and are not able to concentrate on studies because they are normally not interested in studies or are not serious about their career. Chaltha HAI concept is good in so many cases. In your case, you should be able to analyze why you have such an attitude. Improve your communication skills and your nervous problem vanishes. If you require more of my help in this aspect, Please post a direct question to me in this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

good evening i am suffering from back pain since years and months back i done MRI scan also the

problem is mild that is disc bulge seen at - mildly narrowing bilateral neural recess. now i am taking antibiotic tab since months but no use, the pain is like that only and i left the job because of this problem. so what i want to do? which medicine i have to take?

Short answer: Stop antibiotics  
Detail answer: I read your complaints. Please stop antibiotics first.

Start to do back exercises with the help of a physiotherapist. No bending, lifting heavy objects.

Avoid sitting work and standing work for more than an hour. Take good sleep. don't sleep late. Use a hard bed. And sleep in side position not on back. Try to learn Khanpur San for back do it four times a day. Take pain relievers when in severe pain. If there is tingling in the legs or loss of power, you must go to a euro surgeon or euro physician asap. VITAMIN CALLED METHYCOBOL WILL HELP. Please meet your local doctor for prescription and dosage  
VITAMIN e will help a lot. Also calcium and vitamin D will help a lot.

good evening. In last few days i have notices that my foreskin has formed small cracks almost all around it. It pains a lot to bring the foreskin back. Me and my wife had a miscarriage and we didnt have intercourse for about 4 months and last week we started trying again. After that this has happened.

Hello really appreciate your concerned course you need to be concerned and be careful while doing this Looking at present condition you might have injured your foreskin during the action or may get infected if it was healthy previously. In my opinion you should keep it clean and apply any antiseptic ointment  
Application of hot packs will help in healing Be careful you do it next time it doesn't improve or gets worsen than you must see your doctor for physical check up and a course of antibiotics if need be. Hope this answers your question you have any more queries please feel free to write back to me, I will gladly answer you Best wishes

good evening.my self J.D. I am studying pharmacy in a small vileage of India. I have symptoms for allegenic bronchitis. I am feeling airway obstruction for 2 to 3 times a day from last few days. And I am taking Terbutaline to come out of that. But I got tremor as a side effect of drug. Please suggess me the drug with less side effects.

Hello dear JD, warm .come have evaluated your query in details . \* Guidelines for better recovery-Regular walking in fresh air, deep breathing exercises, YOGA are corner stone of the management , usually not explained by majority of the consultants.- Intake of tab. Deriphyllin (150) mg as and when required basis.- Consume plenty of liquids, balanced nutritious diet.- Avoid smoking, alcohol if consuming.- Avoid going in dusty weather, if required use triple layer face mask. Wishing you fine recovery. Welcome for any further guidance. Regards .

good morning i am Sridhar i am suffering this problem last so many years.that time i am 12yrs i am not thinking about that,but now i am 21yrs i am worried about my career.My problem is while i am writing shaking my Hands,Important documents,Bank papers,college fee receipts.and in front of my friends,my faculty members,my parents,and i am alone.Some times i am writing good,but so many times i am embersing this problem.plz sir i am depressed this problem.

Degree understand your concerns went through your details. I suggest you not to worry much.

Most of the time your shaky hands syn . When you are worried that you shall be embarrassed in such a circumstance. Just approach it without apprehension. Think that nothing to worry even when your hands shake. Such ignorance slowly relieves you from the problem itself. If you require more of my help in this aspect, Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques which should help you cure your condition further. Hope this answers your query. Available for further clarifications. Good luck.

Good Wishes. I ve been suffering with hyper pigmentation since two years, i m diabetic and 42 yrs

old woman. earlier i used Kojitin for two months and i have started using kojivit plus. i want to know if the medicine is right? and can i use its application during day time also?	<p>Hi Kojivit gel is a cream used to make the skin fairer, remove pimples, dark spots and Anti aging.</p> <p>Bolivia has comic acid and vitamin C(ascorbic acid) and other vitamins which are natural skin lightening agents and very healthy. There are currently no known side effects. Apply it before you sleep and in the morning after you wash your face. You can continue using the cream. If you have developed any skin rashes or allergy to this, immediately stop using it and consult your treating doctor. Hope I have answered your query. Thank you</p>
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<p>gud morning my mother 55 yrs old, she has mri report like MRI finding of lumbo sacral spine show paradiscal erosion with sclerosis &amp; marrow edema along d12 &amp; l1 vertable bodies involving adjacent intervertebral disc, possibility of low grade infection- infective spondylo- discitis appears likely. no adjacent soft tissue collection grade-I anterier listhesis of L4 over L5 vertebral body this is MRI report so pls advise me for which treatment is usefull</p>	<p>Hello! I carefully read your mothers MRI report and would explain that it indicates degeneration of the bones of the vertebral column in the lumbar region, possibly caused by inflammation or infection. For this reason, I would recommend consulting with a neurologist. Further tests are needed to investigate for the possible causes: - PCR, ESR, complete blood count for inflammation- tests for Brucellosis- tests for Tuberculosis- tests for Lyme disease. You should discuss with her doctor on these issues. Kind regards!</p>
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Input	Output
<p>hbsag is poitive and hbeag is negative also i have done the test of lft, usg abdomen afp all the reports are normal and my dna report is awaited . i am healthy and fine women , 25yers old, because of that i could not joint the work . what should do for the next steps. and what all diet i should take. please hep me out ill be greatful. thank you.</p>	<p>Hyou probably have chronic hepatitis B. The laboratory data you've provided are not sufficient to judge that. The hepatitis is considered chronic when the Bag is present for more than 6 months. Other markers can be used though to determine the diagnosis indirectly. Regarding treatment of chronic hepatitis, it depends on whether it is active or not. The serum transaminase and viral load (HAVANA) are crucial information to decide treatment initiation. Your diet has nothing to do with the outcome, so since you've no symptoms or obvious disease activity, there is no dietary change that you should try. You can contact me again, if you'd like more information about your condition or would like to discuss the results you're awaiting. I'll be glad to help! Kind Regards!</p>

<p>Here are my two questions One of my upper front teeth is not straight, it is completely turned in the way that one of the side of the teeth faces front while the other end faces back. i never cared about this in past but now i started caring and it looks somewhat weird and also it has created a space between teeths. 2) I have gaps between my upper front two teeths , I have been hearing about orthofill band , i wanted to know if it is really helpful? i would like to attach my tooth pic so that you can understand me clearly , for 1st question i want to attach a pic of it, but there is not any option to attach a pic of the thing we are talking about. Hope you understand. Thanks Vicky</p>	<p>I have gone through your query, as you have turned front tooth, and gap between upper front tooth don't worry about your both questions I will suggest you that you should consult Orthodontist and go for Orthodontic treatment, Orthodontic treatment takes time of at least one year and your problem is solved. Hope this will help you. Wishing you good health.</p>
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<p>hereditary Folic acid Foscarnet Fructose-1-phosphate aldolase deficiency Fryns-Aftimos syndrome Fucosidosis Fukuyama congenital muscular dystrophy Fukuyama type muscular dystrophy Fumarate hydratase deficiency Gabapentin Galactosialidosis Gamma hydroxybutyrate Gamma-aminobutyrate transaminase deficiency Ganciclovir Gangliosidosis Gaucher's Disease GEFS+ mutation Gemifloxacin Generalized epilepsy with febrile seizures plus German measles Giant arteriovenous malformation Giant axonal neuropathy Ginkgo biloba Glatiramer Glucose transporter type 1 Glutamate decarboxylase deficiency Glutathione synthase deficiency Glycerol kinase deficiency Glycerol phenylbutyrate Glycine decarboxylase deficiency Glycogen storage diseases Griscelli syndrome type 2 Guanidinoacetate methyltransferase deficiency Gurrieri-Sammito-Bellussi syndrome Gynaecologic conditions Haloperidol Haloperidol Hartnup disease Haw River syndrome Head injury Head trauma Heat stroke Helminths and helminthic conditions hemimegalencephaly Hepatic failure Histrelin Hippocampal sclerosis Hirschsprung disease-microcephaly-mental retardation syndrome HIV Huntington's Chorea Hydroxyacyl-coa dehydrogenase deficiency Hydroxyzine Hyperbaric oxygen Hyperglycemia Hyponatremia Hyperornithinaemia-hyperammonaemia-homocitrullinuria syndrome Hypertensive encephalopathy Hyperthyroidism Hyperventilation Hypocalcemia Hypoglycemia Hypomagnesemia Hypomelanosis of Ito Hyponatremia Hypoparathyroidism Hypophosphatemia Hypotension Hypothalamic-pituitary insufficiency Hypothyroidism Hypovolemia Hypoxia Hypoxic encephalopathy Hypoxic-ischemic encephalopathy Ibuprofen lysine Imipenem Incontinentia pigmenti (Bloch Sulzberger syndrome) Indomethacin Infant epilepsy with migrant focal crisis Infantile neuroaxonal dystrophy Infantile-onset spinocerebellar ataxia Infliximab Insulin Interferon beta-1a Interferon beta-1b</p>
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Interferon gamma Intoxication Intoxication with drugs Intracerebral Intracranial abscess or granuloma Intracranial arteriovenous malformation Intracranial hemorrhage Intracranial space-occupying lesion Intraventricular haemorrhage Iodixanol Isoniazid Isotretinoin Ivermectin KCNJ11-related permanent neonatal diabetes Kernicterus Ketamine Ketorolac Kidney failure Kohlschutter syndrome Kohlschutter-Tonz syndrome L-2-hydroxyglutarate dehydrogenase deficiency Lafora body disease LAMA2-related muscular dystrophy Landau-Kleffner syndrome Lead poisoning Lennox-Gastaut syndrome levetiracetam Levofloxacin Lidocaine Lindane Linear sebaceous nevus Linezolid Lipoid proteinosis of Urbach and Wiethe lissencephaly Lissencephaly with cerebellar hypoplasia Lithium Local anesthetics Lomefloxacin Lorazepam Loxapine Lupus erythematosus Malaria Malignant hypertension Malonyl-CoA decarboxylase deficiency Maple syrup urine disease Maprotiline McDowall syndrome McLeod neuroacanthocytosis syndrome MECP2 duplication syndrome Mefenamic acid Mefloquine MELAS syndrome Memantine Meningioma Meningitis Meningoencephalitis Menkes disease Meperidine Mephobarbital Meropenem MERRF syndrome Metabolic encephalopathy Methionine malabsorption Methocarbamol Methohexital Methotrexate Methylenetetrahydrofolate reductase deficiency Methylphenidate Methylxanthines Metronidazole Mexiletine Mianserin Microcephaly Microcephaly-mental retardation-spasticity-epilepsy complex Microcephaly-pontocerebellar hypoplasia-dyskinesia complex Microphthalmia-dermal aplasia-sclerocornea syndrome Migraine Migrating partial seizures of infancy Miller-Dieker syndrome Mirtazapine Missed dose Mitochondrial aspartyl-tRNA synthetase deficiency Mitochondrial complex III deficiency Mitochondrial DNA depletion syndrome Mitoxantrone MMR vaccine Modafinil Molindone Monosomy 1p36 syndrome Montelukast Movement disorders Mowat-Wilson syndrome Moxifloxacin Mucopolipidosis II alpha/beta Multiple sclerosis Muscle-eye-brain disease Mycophenolate Myoclonic progressive familial epilepsy Myoclonus progressive epilepsy of Unverricht and Lundborg Nabilone Nalidixic acid Nasu-Hakola disease Navajo neurohepatopathy Neonatal hypoglycemia Neurocutaneous syndromes Neurocysticercosis Neurodegenerative disorders Neurodevelopmental lesions Neuroectodermal melanolysosomal disease Neurofibromatosis type 1 Neurosyphilis Nicolaides-Baraitser syndrome Night terrors Nikethamide Nocturnal frontal lobe epilepsy Nomifensine Nonketotic hyperglycemia Norfloxacin Nortriptyline Oculocerebrocutaneous syndrome OFD syndrome type IX Ofloxacin Ohtahara syndrome Olanzapine Ondansetron Onychodystrophy Organic acidemia Ornithine carbamyltransferase deficiency Orthostatic hypotension Oxacillin Oxaprozin Oxybutynin Oxycodone Oxymorphone Oxytocin Panayiotopoulos syndrome Panic attack Pantothenate kinase associated neurodegeneration Paragonimiasis Paraneoplastic limbic encephalitis Paroxetine Paroxysmal dyskinesia Parry-Romberg syndrome Partington X-linked mental retardation Pediatric apnea Peginterferon Beta-1a PEHO syndrome Pellagra Penicillins Pentazocine Pergolide Perinatal hypoxia or trauma Perisylvian syndrome Peroxisomal acyl-CoA oxidase deficiency Peroxisomal disorders Perphenazine Phencyclidine Phenobarbital Phenothiazines Phenylketonuria Phenylpropanolamine Phosphoethanolaminuria Photosensitive epilepsy Pick's Disease Pimozide Pitt-Hopkins syndrome Polyarteritis nodosa Pontocerebellar hypoplasia type 1 Pontocerebellar hypoplasia type 2a Pontocerebellar hypoplasia with infantile spinal muscular atrophy Porencephaly type 1 Porphobilinogen synthase deficiency Porphyria Posterior leucoencephalopathy syndrome Pramipexole Prednisone Presenile dementia Primidone Procainamide Procaine Prochlorperazine Promethazine Propoxyphene Propranolol Protriptyline Pyridoxine deficiency Pyridoxine-5'-phosphate oxidase deficiency Pyridoxine-dependent epilepsy Pyrimethamine Pyruvate carboxylase deficiency Pyruvate dehydrogenase deficiency Quetiapine Rabies Ramelteon Ramon syndrome Ramsay Hunt syndrome Rasagiline Rasmussen encephalitis

Recessive deafness-onychodystrophy-osteodystrophy-retardation syndrome Renal failure  
Renier-Gabreels-Jasper syndrome Respiratory failure Retinitis  
pigmentosa-polyneuropathy-epilepsy complex Rett syndrome Reversible posterior  
leukoencephalopathy syndrome Reye's Syndrome Rhinophyma Rhizomelic chondrodysplasia  
punctata Risperidone Rivastigmine Romano-Ward syndrome Ropinirole Rubinstein-Taybi  
syndrome Rud syndrome Salla disease Sandhoff disease Sanjad-Sakati syndrome Sarcoidosis  
Schaefer-Stein-Oshman syndrome Schistosoma japonicum Schistosomiasis Schizencephaly  
Seemanova-Lesny syndrome Selegiline Serotonin reuptake inhibitors Sertraline SeSAME  
syndrome Severe myoclonic epilepsy in Short chain acyl-CoA dehydrogenase Sialidosis type 1  
Sibutramine Sick cell crisis Sildenafil Sinovenous thrombosis Sjogren-Larsson syndrome Sleep  
deprivation Sleep disorders Sodium oxybate Sodium oxydate Sotos syndrome Space occupying  
lesion of the brain Spastic tetraplegic Sphingomyelinase deficiency Spinocerebellar ataxia 13  
Stokes-Adams Syndrome Stress Stroke Structural lesions Strychnine Sturge-Weber syndrome  
Subarachnoid Subdural Subdural haemorrhage Subependymal nodular heterotopia Succinic  
semialdehyde dehydrogenase deficiency Succinyl-CoA synthetase deficiency Sudanophilic  
cerebral sclerosis Sulphite oxidase deficiency Sumatriptan Syncope Syphilis Systemic lupus  
erythematosus Tacrine Tacrolimus Tadalafil Takayasu arteritis Temazepam Temozolomide  
Temporal lobe epilepsy Terbutaline Tetany Thalidomide Thebaine Theophylline Thioridazine  
Thiothixene Thrombophlebitis Thrombosis Thrombotic thrombocytopenic purpura Tiagabine  
Ticarcillin Ticlopidine Tinidazole Tizanidine Tolcapone Tolterodine Tonic seizure Tonic-Clonic  
seizure TORCH syndromes Torsemide Toxoplasma

congenital Toxoplasmosis Tramadol Transient Ischemic Attack Tranylcypromine Trauma

Triazolam Tricyclic antidepressants Trifluoperazine Trihexyphenidyl Trypanosomiasis Tubercous  
sclerosis Tyrosinaemia type 2 Unverricht-Lundborg syndrome Urea cycle disorders Uremia  
Valacyclovir Valsartan Valvular heart disease Van der Knaap disease Vardenafil Vasovagal  
syncope Vein of Galen malformation Venlafaxine Verapamil Vertebrobasilar dolichoectasia  
Vincristine Viruses and viral conditions Vitamin B1 deficiency (Thiamine deficiency) Vitamin B12  
depletion (Pyridoxine deficiency) Von Hippel-Lindau Syndrome Walker-Warburg syndrome Water  
hemlock poisoning West syndrome Withdrawal from drugs Wittwer syndrome Worster-Drought  
syndrome X-linked Hamel type Neurodegenerative syndrome X-linked Hypoparathyroidism  
X-linked inherited conditions X-linked Lissencephaly X-linked mental retardation X-linked Mental  
retardation syndromic due to JARID1C mutation X-linked periventricular heterotopia X-linked  
Wittwer type Mental retardation Zaleplon Zanamivir Zellweger spectrum Ziconotide Zidovudine  
Ziprasidone Zolpidem Zurich neuroectodermal syndrome

hey i got a question . so yeah i had a root canal on one tooth and being lazy i forgot to get the  
permanent filling and as time passed my tooth fell out . so my question is . Can i still get infection  
there even if i had a root canal and forgot to get the filling and my tooth fell out ??

The chances of root canal treated tooth getting infected is very less unless it is not properly treated.  
The fell out tooth structure could be only the crown portion. The Root canal treated tooth becomes  
weak after RCT, so it has to be crowned immediately. Now the roots might be remaining with in the  
bone. Consult an oral physician and get a radiograph to rule out the presence of root piece. If root  
is there then get it removed. I hope my answer will help you, take care.

Hope u r doing good. Sir, I am planning for baby since June13 but I am not getting result. I  
consulted doctor.She advised for fertile 50 mg tablet to take on 5th day of my period. but  
unfortunately I didnt get this tablet till my 6th day. can I take from 7th day onwards to get the result  
or I should try from next month??

Hello dairy understand your concernFertile tablet will help to maintain fertility by inducing the



ovulation. Clomid should be started on day 3 to 5 of your cycle and continue to take it at the same time every day for 5 days. You will likely be started on a low dose of Clomid, such as 50 mg a day. This is to reduce the likelihood of developing cysts, side effects, and multiple pregnancies. If you miss the pill then take as early as possible. So I would suggest to start from the next cycle from day 3 or 5 for better effect. After taking pill must to sex on the ovulatory cycle to increase the chance of conceive. Avoid stress, take healthy diet, . Hope this may help noncontact for further health query

Best regards

Hope you are doing well. From last 1 month i have been suffering from acne problem, it starts from minute white granular structure which turns into red acne. I do not have problem of constipation and i take good nutritious diet , i do not use any cosmetics , i only apply glycerin - gulabjal solution on face. Kindly suggest

Hi Saurabh, For acne, you need to use a medicated anti acne face wash along with oral and topical anti acne medicines. For the same you need to consult a dermatologist. The minute white granular structure that you have mentioned might be white heads which are eventually developing into acne lesions. So if you are having white heads or black heads get them removed, use a good anti acne face wash containing salicylic acid, don't touch or squeeze your pimples as they might heal with pigmentation. You can continue using glycerine global if it suits your skin well. Take care.

how are you there? Here I am finding so much trouble with my dear father. He his having a lot of pain in the soinal cord from soldier to the bottom. He is also having a kidbey problem. Yesterday he was totally unable to stand on his own. I have admitted him in a Medical College. The x ray and other necessary tests has been done. The doctor here is not a kind of regular in this medical. So I am urging you for some help. If you arw available and need to see the test reports, then I can scan it to you. Hope you will answer back soon. Thanks, Tonmoy

Hello dear friend, Please accept my concerns for your father. You said that your father is having pain in the spinal cord from shoulder to the bottom. Please specify what do you mean by bottom? Is it feet you are referring to or the gluteal region? Saying shoulder to bottom does not give any clinical clue for any anatomical or systemic localization of the disease. Spinal cord is an internal organ, and it is just gross to say pain in spinal cord. You need to be precise about your question. You can be helped with the test reports only once we know the exact history.

how are you?hope youre fine.i was searching on the internet so i found your website.i am from pakistan.i wanted to know information regarding castration operation.i want to go through a castration operation.i want to know the expenses related to it and the consequences after the operation.hope to get your reply soon.regards,abdul rehman

Hi Lehman and. Thanks for choosing these services. As a Urologist, i am too happy to answer your query. Your age and reason for wanting a castration isn't written.It's a routine surgery, done under local anesthesia, by Urologists. The cost of the surgery, varies in each hospital. Its done free in government hospitals. The most important sequel is impotence. Erections will not occur. You will need a penile prosthesis. The option for castration is a hormone injection called LHRH analogue. It needs be taken once monthly/3 months. . Manga.

how r u doing?please help me out since i have been suffering from this disease from approx five years. condition. five years before when ever i take sugar,pepsi,coke etc any kind of sugar, carbohydrate ingredients items i feel sudden weakness through out the body & feeling that my body inotollerate sugar & i feel ant is biting inside my body,pins needles type of feeling & hair loss i got a test for serum ige & the test result is 214 consequently i take atarax then i pass 2 or 3 days with tollerance & i lost my hair. i am helpless from a long time which is effecting my whole life be it

social,official aur personal life i would be very thankful to you if you solve my problem.

Hello Mr. Rizal, Thanks for writing in. It seems that you are allergic to some ingredient in Pepsi or coke, and I am afraid the only way to prevent this is to stay away from it. You can consider a regimen of oral steroids in consultation with your physician but the only way to prevent it is to stay away from it. Staying away from this along with a course of oral steroids can help you regain your hair. Please consult an allergist or an internal medicine specialist for this. Hope this helps regards

how to treat mild mucosal thickening on left maxillary antrum and its infundibulum ? 2) Also how to treat large polypoid soft tissue in the posterior superior aspect of the right maxillary antrum ? how both problem has occurred and what precaution should i take to stop further increase in problem.

THANK YOU SIR e mail id: YYYY@YYYY

Hello forum, The mucosal thickening of maxillary antrum, is due to the invasion of tissues underlying. Surgical treatments has to be done depending on the condition. The thickening may be due to congenital or traumatic occurrence. Avoid too much stress ETS. Maxillary antrostomy has to be done if required. Please avoid occurrence of sinus infections frequently. Antibiotics can be taken after consulting a physician.

i am vetrivel from coimbatore.i having one doubt about my sex organ.for every human being the skin cover 75% of sex organ and at edge it was some big .but for me the skin cover full sex organ.i have only small hole at the end of my pennis

If your foreskin covers your penis head fully, it is normal. But you should make sure that you are able to pull down your foreskin completely back. If you experience pain during pulling it backward you should consult a surgeon for a minor surgery named circumcision to correct the problem. Therefore, I suggest consulting a surgeon for physical examination, diagnosis and treatment. Hope I have answered your query. Let me know if I can assist you further. Take care

i am 18 year old boy i have a problem .sir wehen i passed urine i lose sperm in my urine .lil partical of sperm lose in my urine. Sir when i tell my doctor he asked me to give a urine test .and test was clear then he give me medicine of vitamin an he said that it is not a big problem .i take med for 1month 15days of medication .my problem isn t solve then i go to mu doctor and tell him .thy give me injection the enjection give me relive .now 1month later i have same problem sir can u help me ?

, Sperm will be present in the semen whices out after a man ejaculates. It will not come out with urination. It would be helpful if you could provide more details about your condition and why you think that there is sperm in your urine. As your urine test is normal, it means to say that there are no sperms in it. My advice for you is to relax as sperm will not come in urine. Your urine test indicates that you are fine and have no problem. You can stop worrying now as you do not have this problem. Do regular exercise and focus on your carrier. All the best.

I am 18 yr old and i have been masturbating since 2 yrs i think excessively. Now since 10-12 days i have developed a lower back pain. Its not very severe but it is a constant pain. Please help know about the remedies or cure of the problem and also is over-masturbation the real cause of the pain.

Hi Thanks for your query. Lower back pain is not related to masturbation. The low backache is a result of muscle spasm which in itself is a protective mechanism body develops so that the back avoids abnormal posture. For pain to go, it takes not only rest (on a comfortable bed) but also avoidance of particular positions (during work, rest or recreation). Avoid sleeping on sides and stomach in case you do. While on work don't sit in one position for more than an hour and take frequent stretch breaks. Do not bend forward to lift things up, bend the knees and hips for that. Also discontinue any strenuous activity or exercises for some time. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care

<p>I am 19 years old I hv pain in my testicles during strong erection also I feel pain wen I go through gas trouble. I went through scanning before 3 months doctor told I am going through anxiety. plz help me!!! I was masturbating a lot and now I hv controlled myself but not fully. wt should I do control masturbating</p>	<p>Hi, Thanks for posting your query. Masturbation is NT a bad activity BT in excess it really causes harm u probably lose your energy every time n u cudnt concentrate. If u real want to stop it the u shut b determinant to it try to engage ourself in sum other activities more like reading or get engage with your studies or career. Try to make ourself busy as much as possible THT is d only way to control it Bros being lonely makes u think in masturbation only. Take care</p>
<p>i am 20 years old guy and i m facing prob that i ejaculate every day and if i dont i m feeling very uncomfortable i cant concentrate on any thing my mind is totally diverting me to see bluefilms and ejaculate.Some times i decide 2 see clips but nt 2 ejaculate but when i start seeing clips i cant control myself 2 ejaculate. i wanted 2 know tht is it safe 4 me 4 future. Can i able 2 satisfy my wife in future</p>	<p>If you believe in Ayurveda, believe me its veeryaksheenta - the condition related to debilitated Shaka that (semen).it can be cured by simple diet management of light and static food, deep breathing exercises (Panama) and meditation and few herbal combos called rushy herbs resulting in semen generation and spermatogenesis to the required level. Semen is very important element as per principles of Ayurveda. By effects of vrushyaherbs u will have check on uncontrollable passion and feeling to ejaculate. For the time being you may start simple Shatavari and Ashwagandha herbs in powder form or tablet or capsules form with milk twice a day. Pl report after 15 days, of response or no response, so that I direct you required combos ahead. Treatment may be required for six months. Believe me its totally safe n effective. Pure natural, that's why slow. For any other questions pl ask me or any classic Ayurveda doctor.</p>
<p>i am 21 years old male my weight is 64 and height is 5 7 .sir i ve seen that many of my friends who consumed endura mass have increased there height and i also wish to to increase my height would it be helpfuland does it have any side affects?</p>	<p>Increase in height is not only dependent on diet and nutritional supplements but also on age and genetic factors. You can take the supplement after ruling out allergies to any of the ingredients present. Restrict to one or two spoons of the powder to avoid any side effects. Even protein taken in excess dose can cause side effects. Hope I have answered your query. Let me know if I can assist you further. Regards .</p>
<p>i am 22 years old.i am suffering from hair loss. front part of my scalp has no hair &amp; hair falling gradually. i want my hair back , please provide best solution for me to gain my hair,and give suggestion to which product is best for hair gain.thank you.</p>	<p>Hi! Com. I have read your query in detail and do understand your concern. Daily shedding of up to 100 hairs is normal. Excessive hair fall can be due to male pattern baldness, physical or mental stress, anemia or nutritional deficiency or certain medical conditions like thyroid disorders, low serum ferritin etc. Take a nutritious and protein rich diet(pulses, milk products, eggs). Use of hair supplements containing biotin will be of help. Avoid routine application of gels or frequent blow . Use a sulfate free shampoo for your hair twice a week. A hair growth lotion or serum can be advised to you depending on the cause and severity of your hair fall. Biotin containing hair supplements can be taken for 3-6 months. Hope this helps! Good luck!</p>
<p>I am 23 and never had alcohol. I am suffering from fever night time for last 3 days. Blood test report says my SGOT and SGPT enzymes of liver are high and is the reason for illness. Can you tell me reason for this and natural prevention tips and food to take care.</p>	<p>HelloElevated SGPT and GOT may indicate liver injury. It may be due to many reasons like</p>

hepatitis, alcohol intake, altered lipid profile, medicines, autoimmune causes etc. It is good that you don't take alcohol. You may need few more investigations like routine holoqram, complete liver function test, random blood sugar, lipid profile, viral markers, urine RE/ME, ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg tablet twice daily for three months. It helps in regeneration of liver cells. You may need to take few more medicines after complete investigations. You may need to avoid fatty food. Get well soon. Take Care .

I am 23 years old. I had a habit of masterbation after 2-3 days, but one day I felt nurvis and I thought I got weakness in my penis.so it increase my blood pressure due to is problem so tell me how I increse my penis size and stronge sex.

HelloThanks for query. You had been indulged in masturbation since many years and now facing problems related to sexual activities and general weakness.First there is myth in a mind of common man that excessive masturbation is the reason of all sexual problems But I would like to state that it has been discussed in scientific forums all over the world and proved scientifically that masturbation does not have any negative effect on any organ or system in the body. All the problems that you are facing now are mind related and due to anxiety. Following measure will help you to boost up your confidence and improve your health and sexual potency. Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. Though it is harmless, excessive and frequent habitual masturbation does affect quality of erection and delays ejaculation. Please try to reduce the frequency of masturbation by keeping yourself busy in activities like sports, reading , social work etc. so that you will not get free time to masturbate. There are no medicines that can increase size of the penis. .

I am 23years old and recently married( love marriage). What to tell, just suffering alot. Not lasting even for 1min. And my pennis is thin in the root. Respected sir, pls suggest me what shall I do to get rid of it. Pls. she never tell anything but i can feel her feelings. pls sir help me. My mail add: YYYYY@YYYY YYYYY@YYYY Phone no: +0000

I really appreciate your concern, actually erection takes place in brain area, signal of this generated here and this is happening due to some stimuli like, touch, talking, visual, etc. even slight psychological disturbances could affect this process, and cause erection dysfunction, so come out of the stress, anxiety, apprehensiveness, everything would be fine soon, take care, have a nice day.

Input	Output
I am 24 year old and diagnosed with lichen plasus pigmentosus. It is at its early stage with few spot on neck and face . I have family history of this disease. I am prescribed with skinlite cream containing hydroquinone . I want to know that whether my condition is curable and how long it will take to cure. Please help me out.	Hi! Neha, forum, NEA, LPP is a chronic problem and sadly its response to the treatment is very variable. I am sure your treating dermatologist would have told you. It appears as ash colored patches over flexes of body and chest. You can apply skin lite if you want, but the more specific medicine is oral it A. We usually give it for 2 weeks, once a month and then repeat it next month too. Similarly, we can 3 such cycles. In resistant cases even oral retinoids can be tried. But for that you should consult a good dermatologist.Also, before giving retinoids one needs to undergo certain blood investigations and take specific precaution (esp in females). So discuss the possibility of retinoids with your treating doctor.It's an excellent tablet for pimples, but works good for pigmentation too. If you are using skin lite over exposed areas of body then don't forget to use a good SPF sunscreen in daytime. I hope this answers your question, if you have any further query you can write back to us. Regards, .

I am 24 yrs old male. today at around 5 pm, I had an unprotected intercourse with my girlfriend (age-22,average health, no serious ailments). within 2 hours, she took a emergency contraceptive pill. But, still, I am confused and worried. whats the next step. how will we get confirmed that no pregnancy would occur. what is the right time from, now to have an pregnancy test, if necessary. If pregnancy occurs, how sooner can she go for an abortion. will it be safe for an abortion in case of ectopic pregnancy.please sir, help me.otherwise a mistake at in the heat of the moment would our personal and social life.please sir.	Hi, I think you can do a urine pregnancy test if her periods get delayed. If positive consult a doctor if you don't want pregnancy. Medicines are available for that. Ectopic pregnancy is very rare and can be diagnosed with ultrasound. So, if she develops severe pain and bleeding after her menses delay and pregnancy test is faintly positive, ectopic pregnancy can be suspected. Hope I have answered your question. Regards .
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I AM 24 YRS, OLD M HAVING PROBLEM OF ACNE ON MY FACE . IS THERE ANY PERMANANT SOLUTION FOR THAT. I ALREADY TAKE SO MANY MEDICINE FROM DRMATOLOGY. PLS GUIDE ME .	HELLO . WELCOME . IT. S A COMMON Complaint OF THIS AGE GROUP. KEEP YOUR FACE CLEAN. WASH WITH WATER AFTER COME FROM Outside AND FOUR TIMES/DAY. AVOID FRY AND JUNK FOOD. IF YOU HAVE CONSTIPATION THAN TAKE WARM WATER AT BED TIME. USE FACE WASH FOR CLEAN YOUR FACE RATHER THAN SOAP. THERE GOOD MEDICINE IN Homeopathy FOR PERMANENT CURE TRY FROM GOOD HOMEOPATHIC DOCTOR. BYE TAKE CARE.
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i am 24year old border security personel sir i have issue since oct 2013 as below my waist and above my knee. i was suffering from lot of itching i cant explain you how much and when i itches with full dignity to comfort ourself,it convert into red patches ring type and alowly it spreads a alot area and sometime start bleeding then i used clobeta gm on it it releifed me for sometime bt again they regain.and now in some area when itching start i itches on it it became white rough skin type n due to nailing on it it became wounded.8 month ho gaye what to do i am in depression as i am posted in border area where except chemist no doctor are available pls help me doctor its an urge from a soldier	Hi Dear, Understanding your concern. As per your query you have symptoms of itchy, red ring type
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rashes on knees and waist which seems to be due to hair follicle infection leading to folliculitis, and it could be due to allergic reaction, side effect of certain medicine or fungal infection. Need not worry. I would suggest you to apply topical antibacterial ointment and wear loose clothes. You should avoid sharing your clothes with someone and avoid taking anyone's clothes. You should take course of oral antibiotics. Maintain complete hygiene and keep area little . Visit dermatologist once if symptoms keeps on persisting. Start treatment after complete examination and proper prescription. Also take over the counter antihistamines like Zyrtec. Hope your concern has been resolved. Best Wishes,

I am 25 years old and presently i am seems to be pregnant as my menstrual cycle is being delayed and my last cycle was 1st August. Last month I got impacted by fungal infection and was taking treatment however before identifying the problem i had intercourse and seems to be conceived. And past 3 months i had fever at night time however nothing identified in the blood test and and urin culture test. And the fever or some time high temperature within 100 degreee still seems to be continue. Is it due to the fungal infection ? will it be any problem for me during the pregnancy? do i need to take any medicine?Please help me . Thank you.

Hello dear, I read and understand your concern. Any infection and fever should be diagnosed properly and treated accordingly in case of pregnancies. Infection may relate and affect the pregnancy in many ways. In some viral infection it may cause congenital malformation. Viral infection may come as culture negative infection. I advise you should be diagnosed first. There is probability that it might be fungal or viral infection. Through examination at doctors clinic is essential to diagnose the condition. You can take the paracetamol to control the fever. Please take the . Maintain good hygiene by cleanliness, this will be key factor equally important in treatment of the infection. I will be happy to answer your further concern on

I am 25 years old male. I have hair fall problem from past 4 years from then I tried many things and showed to many doctors but nothing seems to be useful. Now I ve almost lost hairs in middle and front part. Is there any ways to regain my lost hair.

I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, cosmetic products etc. From your description, it seems you might be having Male pattern hair loss or An . If I were your dermatologist/trichologist, I would like to take through history including family history, history of recent major trauma/illness/stress/medications etc., and recommend some basic investigations like CBC, blood sugar, Thyroid function test. I would suggest you a course of oral tablets containing biotin and other essential vitamins and minerals for minimum 3-6 months. Also, would put you on solution containing 10% minoxidil once a day and a hair serum containing peptides for hair growth at night.(Q era etc.). Finasteride be used in selected patients after thorough counselling and checking your liver function. Finasteride, inhibits metabolism of testosterone at hair root level. It sometime leads to embarrassing side effects like impotency, decrease in semen volume but which are totally reversible on stopping the

i am 25 yrs and i am pregnant 6 weeks as shown in sonography .my doctor suggested me of TORCH TEST. my torch results showed ANA Positive homogenous (+/-) Pattern & lupus anticoagulant value 44.5. what does this mean and how will it affect my baby.

Hi, I think you have got your results mixed up. The TORCH test checks Toxoplasmosis, Rubella, Chlamydia and Herpes infection in the maternal blood. ANA and Lupus anticoagulant are done to see if you have Systemic lupus Erythematosus which can cause problems in pregnancy and delivery. They are two different things. Was there a specific reason you were advised these at 6 weeks of pregnancy ? Do you have any recent fever or any other disease ? Do you have previous history of repeated abortion? If you do have repeated abortion in you obstetric history then these

results of homogenous positive ANA and LA 44.5 need to be seen by an experienced obstetrician or hematologist. Hope this helps. Regards.

i am 26 year old married woman . my cycles are irregular and i have not conceived yet .  
sonography report suggests polycystic ovaries with small peripheral follicles of around 4 to 5 mm .i  
have been taking metformin 500 mg for last 2 months still my periods are not coming regular .  
please provide me your valuable advice

Hello there, Thanks for writing to us. As you have poly cystic ovaries and your periods are irregular, you would need ovulation induction medications. You will also need to have the growth of the eggs monitored by ultrasound scan that is follicular or ovulation study. You can continue taking metformin. If you are overweight, you need to reduce weight by diet and exercise. Also, along with this, your husbands' semen analysis and your tubal patency test need to be done. Hope I have cleared your doubts.

i am 26 year old.i am having Dark circle around my eye.i became noticable from last 3-4 years.i  
have used all cosmetics available in market but no improvement.i took medical advice where i was  
told to have periorbital melanosis and i was adviced to use Depiwhite but again there is no  
improvement.plz advice me .thanx

Hi, Thanks for writing in. Periorbital Melanesia can be due to anemia, stress, a lot of computer/laptop usage. Effective oral and topical medications are now available for Hyperpigmentation around eye. My advice to you would be to use topical Guyana cream with good moisturizer. Take vitamin C tablets daily. Few treatments like microdermabrasion and chemical peel can help to treat periorbital Melanesia effectively. Discuss these options with your dermatologist. Hope this helps. Regards .

i am 26 years old (M). On my blood check up Total WBC comes 8300/cmm , Polymorphs comes 61 & Lymphocytes 32, Eosinophiles 06, Monocytes 01, Hb 12.9, ESR 16 mm 1st hr. I m having a cough problem also a lot of it comes when i cough. I have a breathing problem when the climate changes. My chest pains every time i cough? Do i have asthma? please advice me as i have to know about this today only.

Cough/breathing problem with weather change usually indicates allergic cause.2. I would like to know more details about you like - do you have nose symptoms like running nose, nasal congestion, sneezing? Do you ever had wheezing? What is the frequency of your episodes? Are you able to carry out your routine activities?3. In reply to your query - Do I have asthma? - I would like to say that you can possibly have asthma. I would suggest you spirometry with post-bronchodilator reversibility test to confirm the diagnosis of your respiratory disease.4. Were I treating you, I would suggest you to take montelukast regularly as well as albuterol/levosalbutamol inhaler on as-when-needed-basis for when you experience breathing difficulty.5. I would suggest you allergy testing which will help you identify the substances you may be allergic to. It will also help you to know how to avoid the substances' exposure.6. In general, I would suggest you to avoid exposure to dusts, smokes and air pollution as much as possible.7. Regular breathing exercises and a healthy diet rich in vitamins & minerals (adequate amounts of green leafy vegetables, fruits, sprouts) will help you in longer run by improving lung capacity and immunity respectively. Hope above measures will be helpful to you. Should you have any further query, please feel free to ask at . Wish you the best of the health. Thank you & Regards.

I am 26 years old, and below is my Semen Analysis, please have a look and let me know if i have any problem to get a child. Volume:3ml, Total Sperm count:75 Million, Motile:40%, Sluggish:20%, Death 40%, Normal form:60%, abnormal form:40%, Leucocytes:06----08/HPF. I want to have a

child from my girl friend , so can I have child with this sperm quality?

HelloThanks for query. Based on the report of semen analysis that to have posted I would state that your all vital parameters of semen like Sperm count, sperm motility and morphology of sperm are within normal range of WHO standards required for normal conception However presence of 6-10 Leukocytes indicate presence of infection either in Seminal Vesicle or Prostate and needs to be eradicated. Get semen culture done and take appropriate antibiotic as per culture report for 6 weeks. With infection being controlled with antibiotic there is no reason why you should not impregnate your girlfriend.

I am 27 years old mail married, when i married that time my age is 18 years old, now i am 27, i do sex everyday, now my mustache & chin hairs are growing totally red & grey.I have done daily sex thats why this is the reason to growing red & grey hair? and having left knee pain , back pain & left shoulder and some sound is coming from left knee & elbow. please advise me how to black my chin & mustache hair.

Hi. Md. Muzammil., There is no relation between your sex and color of the Hairs., Colour and hairs distribution completely depend upon., Genetic involvement.depend on coding of genetic material on the ., Chromosomes only determine the color and texture of hairs., Your SEXUAL activity and desires totally depend on your., Hormonal levels and activity.ok. There is also no relation of knee pain, back pain sound in the left knee., It could be from . Rheumatoid arthritis or Gout., So go for uric acid levels in the body and try to exclude it., The best way to black your chin and mustache hair.by dyeing and hennaing of your hairs.ok.good luck

I am 27 years old person.Presently I am in trouble due to bleeding from gum.In morning time,when I brush bleeding form front side bottom teeth starts and blood comes any time when I wash my mouth and spit. When front side bottom teeth are touched by tongue,blood comes. Previously,I have cleaned my teeth by dentist . Please suggest,what should I do in this regard.

Hi, Thanks for asking the query, Bleeding gums indicates inflammation of gums known as gingivitis, it occurs due to improper oral hygiene, plague and calculus deposition, nutritional deficiencies, systemic disorders like diabetes and leukemia. It can also occur due to trauma from hard toothbrush or vigorous tooth brushing. I would suggest you to use a soft bristle tooth brush and brush slowly in circular motions. Go for symptomatic treatment of complete mouth scaling and polishing. Take a balanced diet, use plenty of raw vegetables, carrots, salads, fruit juices. Take multivitamin tablets, . Use antiseptic mouthwash gargles twice daily. Hope this helps out. Regards.

I am 27 years old,suffering from pcod.I am trying to concieve since 2 yrs but not able too.once I conceived in 2011 but I took pills to abort the child.I took 4 tablets 2 for oral use and 2for vaginal use.my period pattern is like 2-3 months it will be regular and after that it will be delayed,butthis tym it more than a month.igot my period on 21 jan 2014,I went to docter she adviced me to take sysron -n for 3days twice in aday.I started it on 30 april so I want to know when I ll get my period n will I be able to conceive in future naturally or not??

HAI YOU COULD GET YOUR PERIOD AFTER one week of last dose. Here the dose may be low. You can take Sharon 5Å mg 3 times daily for 5 days to get your period. Before that check your urine for pregnancy. Tubal patency should be checked. DAY 2 FSH, LH,PROLACTIN AND THYROID AND SERUM INSULIN FASTING AND POSTPRANDIAL LEVEL TO BE CHECKED TO KNOW THE SEVERITY OF POD.METFORMIN CAN BE TAKEN TO REDUCE THE INSULIN RESISTANCE.

I am 27 years s old, and I have been doing masturbation from last 14 years on regular basis and I would say on daily basis. The problem is that now I don t feel like having sex, my body aches, and even the penis doesn t get hard enough. It ejaculates very quickly and it is hampering my sexual



life as well. Please help me out	Maintain a healthy weight2. Avoid high blood pressure and high cholesterol levels3. Reduce smoking and alcohol intake4. Exercise regularly5. Sildenafil can be used in severe difficulty No need to worry as this is a very common problem in young adults. Hope you will take care of the above things and sort out your problem.
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I am 27 yrs male,have a athletic physique. Doctor have prescribed me Udiliv 150 (3mths course) for fatty liver. Also I have a few acne/pimples on my face,shoulders and back. For that reason another Doctor have prescribed me Tab Azithromycin (150) and Supradyn (Multivitamin & Minerals) (2mnths course). I have read on internet people witpromised liver fuction should avoid Azithromycin.I am really confused. What should I do?	Exercise, and lose weight!fatty liver in your age suggests that you're above the recommended weight for your height. The best way to reverse a fatty liver is not through medicines, but with weight loss, associated with reduced caloric intake and exercise, like maybe, a brisk walk for 30-45 minutes a day. You do not have a compromised liver. And so, you may continue with your doctors prescription of azithromycin, as long as you do not develop any unwanted side effects.
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I am 27 yrs old. I usually have left abdominal pain diffuse severely. When I visited doctor, I was informed that I had focal areaof consolidation left upper lobe. He prescribed me some medicine and I am taking it but it doesnt seem to make any good improvement. So, please tell me what to do ? which treatment is best in your opinion: allopathic or ayurvedic ? Why ? I would be very grateful to anyone who shares my problem and suggests me. Please, help me.	You have not mentioned left upper lobe of what. But It seems from your description that it is left upper lobe of your lungs. Pain of Consolidation o f upper lobe may be involving lower lobe as well May radiate to left abdomen. If am allocate I can only advise about allopathic treatment. A broad spectrum antibiotic anti-inflammatory analgesic plenty of fluids steam inhalation. Full rest is also must. Keep visiting your doctor regularly. He may like to alter your treatment. May also like to investigate you further for any abdominal involvements. Get well soon.
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I am 28 yrs old and from April of this year I am feeling mild pain in my left abdomin.I visited my many doctors and gone through many treatments but didnt get any result.The doctors suspected infection in my overy as they didnt find any thing in the sonography report but when the antibiotic which they had prescribed didnt work they come to a conclusion that I have endrometris.All the Doctors told me that I need to do an operation for this.I feel this pain when urin accumulate in my bladder .Some during intercourse I feel the pain.We have always used condoms as a precaution so I dont know whether I am infertile or not.I want your guidance.Please help.	Hi, Thanks for your query. I read your query and understand your concerns. Following is my reply: Its worth going for laparoscopy in your case for 2 reasons: Endometriosis can be surely seen and treated. 2) Tubal patency can be tested to know whether it is cause for infertility. Go ahead with laparoscopy. I hope I answered your query. I will be available for any follow-up queries you have.
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i am 29 years old currently in bangalore , i am in love with a girl(whom i am about to marry in couple of months)we had sex 3- 5 times and i couldn t last for more than 1 minute, she is not satisfied that i can see that even she says she is ok, i have read many articles of premature ejaculation symptoms are the same. I am about to marry her but i am in a feeling where i may not make her happy. Is there a way where i can get out of this. And i am very shy kind of person to discuss this with others or donno how to approach anyone with this. Please suggest.	HAxiety is the main problem for premature ejaculation. Also, check for sugar levels and testosterone levels. Avoid alcohol and smoking. Eat green leafy vegetables helpful. After erection intermittent intercourse with squeezing, the technique may useful. Need counseling by sex therapist and psychiatrist helpful. Please consult your sex therapist for further evaluation and
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treatment. Hope I have answered your query. Let me know if I can assist you further.

I am 30 years old male, married. I have consulted a doctor. My lab test reports are shown a case of oligospermia. Doctor has said that I have to take tablets for 2 months. Compulsory has to be done. I don't want. I want to control with tablets if possible. Please advise me what should be done to control this.

Hello, Thanks for query. Based on your statement, your semen analysis has revealed low sperm count, Oligospermia. Following measures will help increase sperm count: 1) Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning. 2) Take high protein diet rich in vegetables and fruits and vitamin A, C, D, E, and Zinc. 3) Take antioxidants like Almonds 5-6 every day. 4) Avoid alcohol and smoking. Taking Camphene on alternate days for 4 months helps to increase sperm count.

Input	Output
<p>I am 30 years old men,working as an IT profession ,i usually have oily skin which result in 7 to 8 pimple every month ,some of which are very painful,but now the problem is on the right cheek i have developed too many pimple and every day one or the other is erupting ,causing lot of pain and dark spots which are very ugly looking,tried everything using nadoxin,benzyl peroxide ,washing face at least thrice daily,but with no result,please advice and is there any permanent cure for pimple.</p>	<p>Hi, With proper treatment plan and strict adherence to the treatment advised, you will have a clear countenance for sure. Use a mild medicated face wash containing salicylic acid to wash your face twice in a day. Too much washing of face can harm your skin too. Use water based moisturizer and sunscreen meant for oily skin. As you are having acne flare, you need to take a course of oral antibiotic and/or isotretinoin depending on the type of acne lesions you are having. Amongst the topical one can use clindamycin, benzoyl peroxide, mandolin along with Darlene or retinoid. So basically a proper analysis of your skin is required, before suggesting which oral and topical therapy would suit you best. As your skin is extremely oily, and you are getting pigmentation marks, you can also take salicylic peels as it will reduce oiliness over your face, treat acne flare and reduce pigmentation spot. Take care.</p>
<p>i am 30 yr lady diagnosed potts spine in 2015 jan,after that i got treatment antitubercular drugs and feeling better but i gained 12 kg extra wieght and sometimes i m getting severe pain in my thighs and legs ,please suggest me good diet plan and exercises.</p>	<p>Hello dear, .come have evaluated your query thoroughly.* This pain in thighs, legs seems in relation with deficiency of vitamins, micro nutrients, iron or others.* Guidelines for better recovery- .</p> <ul style="list-style-type: none"> <li>- Balanced nutritious diet with rich of iron, protein as green leafy veg, whole grains, cereals, pulses, legumes, organic fresh fruits, milk.- Walking in fresh air, rotatory movements of lower back (gradual) , sleeping supine position with circumferential movements of hips 180 degrees in clock wise and anti clock wise help great. Hope this clears your query. Regards.</li> </ul>
<p>I am 30 Yr old, From last 4 days I was having fever and cough together. I had treatment from doc and now fever is no more but my cough is getting very bad today I noticed that I am coughing up blood with green bulgum.Please suggest what to do.Thanks.</p>	<p>Chest X-ray PA2. Hologram with ESR3. Sputum for gram stain. Till the reports are available to discuss with your doctor to start you on broad spectrum antibiotic like Augmenting. You can take cough syrup like Ben . This is my personal opinion for you based on available details. If you have any further query please ask me. Stay Healthy, MD</p>
<p>I am 31 years old married guy and below are the particulars of my sperm test report. Please have a look into this and interpret the results to me. should i consult a doctor for a baby. Volume: 2 ml colour: Pearly white LIQUEFACTION-NORMAL: 25Min Reaction: Alkaline Sperm Count: 70 million/ml Active Motile: 40% Sluggish: 30% Non Motile: 30% Epithelial Cells: nill Pus Cells: 6-8/HPF Morphology Normal: 60% Abnormal: 40% I am waiting for a quick reply. Thanks in advance for your support</p>	<p>Hi.I analyzed your reports.my opinion is that,your semen analysis report is normal except that of increased pus cells. Normal pus cells in semen analysis should be up to 2,but you have 8 pus cells.2) increased pus cells in semen analysis test suggests some infection in your genital tract.3)kindly consult your treating doctor. He will advise you an antibiotic course. Thank you. Hope my answer will help you.</p>
<p>i am 32 year old lady who was using diprovate-rd for 5years but recently i stopped using it as i was</p>	

getting lot of pimples so my skin doctor suggested to stop using it as my skin has become very sensitive. he told me that i need around 3 months to come out of its effect. but i am very sad as i have lost the glow on my face at the same time i have got many rashes on my face. i do not want to use diprovate any more.tell me will my face will become normal.

Private rd is dexamethasone lotion and continuous use causes many effect as skin become very sensitive as in your case. It also lowers the immunity and many systemic side effects. But don't be desperate as take vitamin C tablet twice in day for at least 6 months without any side effect. This will not only increase immunity but skin will glow and normal flora will restore. For local application use broad spectrum sunscreen lotion. Hope I have answered your question. If further any question I will help. Good luck.

i am 33 year old men and when i excited my penis stand and some water comes but when i start sex with girl when touch my penis with virgin my sperm discharge without enter in virgin i am very disappoint for that and very depress plz advise me.

Degree understand your concerns went through your details. The clear liquid comes out of your penis while it is erected is called pre-ejaculatory fluid or prenominal fluid. This helps as a lubrication while doing masturbation or sexual intercourse. Several physiological mechanisms have been hypothesized to contribute to causing premature ejaculation including serotonin receptors, a genetic predisposition, elevated penile sensitivity, and nerve conduction atypicality. You should consult a physician to ascertain the causes. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

I am 33 yrs old just completed 9 months medication due to glands TB. After completion of course there is still little swelling in glands, which much little as it was 9 months ago. I just want to know why there is swelling after completion of course

HiT thanks for posting on Given that one of the manifestations of glandular TB is the progressive enlargement of the glands, the original size of glands before infection may not be attained so easily given the chronic inflammation that already took place. The size is however expected to reduce in the course of the treatment. Persistent minor swelling does not mean you still have the infection. However, after the treatment, a gland biopsy can still be sent for analysis before you are declared healed. You may see your Doctor for a confirmation of healing if not yet done. Hope this will help  
Best regards

I am 35 yrs old and from last 15 days suffering from sneezing and blockage of nostrils. In a normal, one is open and other is block and it changes. but some time both is closed. I have started to take Celen (Vit. C) from today. I am allergic from dust. Sneezing is started when I get up after sleeping most of the time. Please tell me the medicine and other precaution for cure it.

Dear friend, You symptoms seem to be developing after allergy. Early morning sneezing is also a sign of chronic allergy and some simple things to do over a few weeks would help you. Avoid dust exposure as much is possible, cover nostrils & mouth when be in a dusty situation. Try covering you head during night and identify whether morning sneezing also happens because of temperature variation during night (sleeping directly opposite a fan, extra cool or warm room etc.). If so avoid this. For blacked nose take steam two-three times daily. Start breathing exercises.deep breath.hold.and release slowly. Many times daily. When severe symptoms are there, use over the counter anti-allergic medicines with decongestants. You can continue with It C. persistent blocking may lead to a sinus infection so consult a Physician or ENT person if things don't get better. Do well. .

I am 35yrs old and my husband is 37yrs old, we dont have issues my husbands sperm count is

low and I have irregular periods. we have tried enough medicine from past 8yrs. I have tried iui twice but of no use. I belong to a middle class family where i cant spend more on my treatment. now my husband has got rashes on his penis which hurting him from past two months , when we consulted a doctor he said it is due to virus which can be curable. sir my question , can i my husbands disease can be curable? can we get a child, what would be the cost of treatment.one of my doctor suggested to do laproscopic surgery , can i try thatpl advise

Low sperm count and the viral infection do not seem to be related. Low sperm count is even before your husband had this viral infection. What is the count? What about complete semen analysis? Has he undergone any investigations? The reports are needed. Does he work in a very hot atmosphere like near a furnace? This decreases sperm count. Please get him examined from a urologist to find out whether he is having varicose veins in the scrotum. That also brings down the sperms. Moreover, you are also having irregular menses. Your work up is very important. Please find out first whether you release eggs regularly or not. For that your hormonal estimations in the blood is required. Also study of the lining of uterus reveals so many things. Have you got it done? If the eggs are not released, GUI cannot help. Frankly, in infertility, unless all these investigations are done and there reports are available, correct guidance cannot be given. Please get these investigations done and ask me direct questions when I can guide you properly.

I am 42yrs old i am sufering from neck pain from past one year, i have met general/neuro/ortho specailists, all suggest to do exercise, I have taken the x-ray and MRI scan also it says small focal posterocentral discal protrusion seen abuting the thecal sac at c4-c4 & c4-c5. central spine canal & nerve root canals are at adequate dimensions, Cervical cord at this level appears normal. My problem is i am doing regular exercise suggest by doctor/physo but still on & off pain, some time it is unbearable. Pain floats in my neck,lower back,shoulder,upper chest,left hand,behind my head. I request you to give me a good suggestion please.

Hello there, As your clinical signs and MRI findings are suggestive of poster Central disc protrusion this can be managed conservatively by neck extension exercises along with Inferential therapy and moist heat therapy. Few sessions of short wave diathermy will also helpful but not continuously. A physiotherapist certified and experienced enough in MC. Kenzie manual therapy techniques of spine will be the best person to take you out of your pain. Traction therapy is also helpful to reduce the radiation. Combination of Physiotherapy as mentioned above and some NSAID (non-steroidal anti-inflammatory) . If this does not give you any change then you can opt for OZONE THERAPY and in the worst case (like herniation stage) surgery is the only solution. Wish you a pain free and cherishing life soon.

I am 43 yrs old and diagnosed Sugar in September 2014 and taking medicine since 2014. my sugar range is fasting around 130-140 and pp below 200. But I always feel heaviness in head or dizziness and my CT Scan ok. Always feel pressure in head on both side of head.

Hi Please note that the headache may be due to high Blood Pressure (BP) as the diabetics are prone to develop high BP after few years as per some studies. So, go for BP checking if BP above 140/90 at more than three occasions, then you have to take tablet Telmisartan. Or it may be the result of side effects of antidiabetics you are taking .you can discuss this aspect with your treating physician. Hope I have answered your query. Let me know if I can assist you further.

i am 50 year old women,having height of 5 feet 4 inches and 50 kgs weight. sir i am having pain in my nerves and also in my bones, i shown to doctors at my place in government hospital but they are not able find the disease. The nerve near left knee is continously paining from many years and now i am feeling pain in knee joints, ankle joints and finger joint are swelling and also the area where pain occure that area becomes red. please tell me what type of deasese i am having and

what is its cure.	<p>YYour symptoms are suggestive of chronic arthritis. For this reason, I recommend consulting with a rheumatologist for a physical exam and some tests: - complete blood count, PCR, ESR for inflammation- AS tier antibodies-Rheumatoid factor plasma levels-ANA and ANNA tier antibodies. Further tests may be necessary, based on the above test results. Steroids may be needed. Hope I have answered your query. Let me know if I can assist you further. Take care .</p>
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<p>I am 54 years and am having a mild pain whenever i do jogging just under my clavicle.I visited the medical practitioner and it resulted in approximately 50% blocked left heart artery.I dont want to be operated.My height is 1m 72cm and weight 75kgI am a diabetic person ( since 14 years and i have not strict control on) and no other medical troubleWhat do you advice me Thank you</p>	<p>Yes, this can be treated without surgery. You are having single vessel disease. And stenting is the treatment of choice for single vessel disease. Consult cardiologist and get done coronary angiography. During this procedure, stenting is done to open the blocked artery. After stenting, you need to take cardiac supportive .</p>
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<p>i am a 21year old male, i have problem of hair loss on hole sclap since 1 year. i have been using taugin 10% solution and biotee tablets, since 2months. i have seen some new thin hair in my front area of sclap but they have not seen hole sclap. sir pls suggest me, how much time it will taken to hair growth in hole sclap. Thank you sir.</p>	<p>Hi Dear, Understanding your concern. As per your query you have symptoms of severe hair loss which is mainly due to nutritional deficiency, underlying systemic infection, improper cleanliness and could be due to hormonal changes. Need not worry. I would suggest you to avoid application of excessive and hard shampoo on scalp and take supplements containing zinc, selenium, iron, calcium and also multivitamin tablets daily. Apply Minoxidil 2% on hair follicles and take a nutritious diet and plenty of fluids. If symptoms keeps on persisting consult dermatologist once and get evaluated and start treatment accordingly. Hope your concern has been resolved. Best Wishes,</p>
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<p>I am a 23 old girl. I had ipill twice in past, first in December 2013, then in Feb 2014. Now, i had unprotected sex on the 25th day of my cycle, and my partner ejaculated inside me. Will it be safer to take an i-pill again ? Shall I consult a doctor? Is taking i-pill harmful for my health &amp; future pregnancy ?</p>	<p>Hello dear. Understand your concern.I advised don't take it again, it is done complication in the future, it inhibits ovulation &amp; lead to infertility, increase chance of abortion. Actually, you did sex in your safe period, if your cycle is regular, then no need to take it. But if your cycle is irregular, then wait, consult your doctor.I advised, use condoms, diaphragm , it also protects you from unwanted pregnancy &amp; STDs. Hope this will guide you. Best regards. .</p>
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<p>i am a 25 year old fellow. i am facing hair loss since last 4 years it happend all of a sudden i never had any such problems before i am not able to make out how can i prevet this and the main parts of my hair loss started from neckside hairs and the front part of my head is continuously getting shed.please suggest somethings .i heve taken treatment in homeopathy ayurveda but allopathic treatment was a little better.i continuously shaved my hairs for long durations but hair fall still doesnt seem to stop. i had good dense hair hairs so still have a normal look to my hairs but side fronts are almost gone please help me</p>	<p>1.Treating the underlying cause 2. Avoidance of stress 3. Dietary modifications 4. Minoxidil solution to be applied locally to stimulate the hair follicles 5. Multivitamin &amp; multi mineral supplementation these medications have to be used regularly under the guidance of a Dermatologist, as hair loss tends to return on stoppage of these medications. There is no need to worry. Your hairs will grow back again. Wishing you a Good Health. Take care.</p>
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I am a 26 year old married man. we have got married in 2007. first 3 years our bed life was really awesom but now a days for last 6-8 months my wife is not comfortable with me on bed. she don t like all these things. she even don t want to talk about this matter. because of all these things i became very frustrate , I can t concentrate in my professional life. I am not able to understand why she is behaving like this. Please help me. Actaually after 3 years of marriage i want a baby desperetly, but she even don t want to tak about this. after Marriage she got pregnant 2 times, but at that time we have not continue those issues. I feel very sorry for that step. Please help me. I am in Delhi.

Hi! com. What about a child is your wife worrying??? Extra responsibility? Additional loss of freedom. Talk to her openly and nicely what exactly she is feeling? Is she depressed? Does she work outside or homemaker? Do take a second honeymoon away from your place if possible for a week or so, the change of place may do some good and encourage her to talk freely as to what is troubling her. If nothing works maybe she requires some counselling. Do the needful.

I am a 27 year old girl. I had a accident when I was about 10 year old and its scar is still there on my right cheek just next to nose. Its size is about one and half inch. By a close looks its faded but as scar skin is darker from the other part of the face, it makes it more noticeable. I want to know if it can be removed or at least be made less noticeable as it effect my self confident a lot. please help me with few creams which help in removing scar from face.

Hi, Thanks for writing to us. Your scar is too old to respond to creams alone. Use of retinoid cream like retina a 0.05 percent might modify it to some extensor a definite treatment, You may consult a Dermatologist or a plastic surgeon for scar revision surgery. The scar revision techniques are devised to reduce the visibility or smoothen the scar as much as possible. You may also try laser resurfacing for scar reduction. Hope that helped. Take care

I am a 28 years male. I have swelling under my lower part of rib cage on left side. It is from 4 years now. I never felt any pain before. But I feel discomfort when i bend on left side. I have never felt any pain but some times it pains in left abdomen or under left rib cage for a fraction of seconds. I dont know what it is. One can easily see that left rib cage is swollen nd not in shape as of Right rib cage. Please help me i am bit worried. Is it something serious.

Hi forum. F. It appears to be the lipoma, and nothing else. What ever pathology of left upper abdomen like gastritis, pancreatitis, etc. will never elicit to the outside. More over it is painless at the same time causing discomfort. I advise you to consult a surgeon for diagnosis and treatment. You may have to take C.T.scan, besides other routine tests and manual examination for confirmation. Wishing for a quick confirmation of the disease and cure. If you have any doubts you can approach me for follow up. Best regards.

I am a 32 year old female. My arms and back are extremely pigmented. I can assume that the pigmentation on my arms is because of sun exposure but i have never exposed my back to sun but still it is deeply pigmented and it also has a big dark patch in the middle. I consulted a dermatologist for my arms and she gave me Hyclean cream. I want to know that for how long i have to apply this cream and is there any other treatment available for my problem.

Hi, Welcome and thanks for posting your query to . It appears from your query that your pigmentation can be either due to simple tanning part or the other important cause is known as lichen amyloidosis. If it is due to simple tanning then your cream - Clean would be beneficial to improve the pigmentation. It contains sunscreen and skin bleaching agents so giving you dual benefit. It is to be applied thinly, preferably at nighttime but can be applied at daytime also. One pea size amount over the fingertip is sufficient for palm size of skin. Do not rub it over the affected area or direct exposure to sun, otherwise can cause irritation. If it is lichen amyloidosis then all the treatments actually are less effective. You take guidance from your dermatologist regarding exact

cause of the pigmentation. She would guide you for the same. It has to be applied at least for 2-3 months to see visible results. There are many a treatment available but before that we need to clarify the exact cause. Along with it eat a lot of vitamin C and vitamin A containing fruits and present sun exposure. Hope these information will help. With good health wishes .



Input	Output
i am a biy at the age of 22 age i feel possessive about my own thing. even more than that it is continuing in my love case also , if my lover say that i speak with that boy means i feel disturbed, but she in in love with me and me too. plz give any solution for this , is this any problem any treatment is needed ah sir.	Hi Dear thanks for your question, possessiveness in love at this age is a normal, but don't be possessive so much that it disturbs your day today life, take things lightly, your primary concern should be your studies, or your carrier, i mean what ever you're doing, as you will grow with time these things settle dawn of itself. Love at this stage is usually lusted. Concentrate more on your studies, keep yourself busy with work and after a few years you yourself will realize, was it love or, lust or wastage of time, remove the fair of loosing her /him, in journey of life you will find many better lovers than you think he or she is. Hope my answer will benefit you
I am a Clinical Pharmacist, let me guide that a patient having dry cough, complaint of salty water with cough from last one month. No temperature and any other sign. what will be the possible treatment for this. My treatment choice is ciprofloxacin 500 bd ac antitussive 2tsf tds pc pantoprazole 20mg bd ac itopride 50mg tds ac	In my opinion the treatment is good. But I prefer Caroline over fluoroquinolones. As coverage of Caroline for upper respiratory tract infection is good. And no need to give levosulpride. Give only proton pump inhibitors. I would also like to give anti-inflammatory . All treatment for 5 days. If not improve in 5 days than get done chest x-ray to rule out lung infection.
I am a mechanical engineer and working in a foundry.our job is melting of iron basically.Due to heat i have dark spots on upper portion of my cheeks not on all face.pls tell me what medicine i should take to remove those.There is a lot of difference in my complexion of face and of hands.My hands are very fair in complexion. Thanx.	Hi.thanks for your everywhere is a possibility that you have developed Plasma. This condition is aggravated by UV light sources, sun maximally. Please wear a sunscreen with broad some thrum of action during the daytime. Its is important to use umbrella and reapply the sunscreen 4-6 hourly. You can use a combination of HY . Following which you should review for the further line of therapyMelasma is a very chronic recurrent condition. Hence I would advise you to start the treatment by visiting a dermatologist soon. Hope this helps .take care!
i am a medical student going to complete my internship in another 1 month,,,, my mother is having bronchial asthma from an early age. she uses seroflo inhaler for long action and levolin for immediate relief. for intermittent exacerbations i give her nebulisation. she still has wheezing while wallkn and while climbing stairs ,, kindly suggest your opinion	Were I treating her, I would prescribe her regular montelukast in addition to Aeroflot inhaler. It will help her exercise-induced symptoms as well as improve control of asthma.2. I would also make sure that her technique of using inhaler. This is the most important aspect as if it is not proper, adequate amounts of . 3. If she also has allergic rhinitis (nose symptoms), sinusitis or gastroesophageal reflux disease (heart burn, regurgitation especially after hot/spicy foods), I would also treat them simultaneously as each of them can aggravate asthma.4. If she needs to use leveling or nebulization more than twice a week, it means her asthma is not properly controlled and in that case I would increase her controller medications.5. Personally I would suggest her allergy testing which will help her to identify the substances causing allergies and also to know the measures to avoid them. Based on allergy testing, an Allergist-Immunologist may prescribe her allergen specific immunotherapy which works on her immune system to reduce allergy symptoms gradually.6. Regular breathing exercises (including Yoga & Panama) and a healthy diet rich in

vitamins, minerals & antioxidants (i.e., adequate amounts of green leafy vegetables, fruits, sprouts, etc.) will also improve her lung capacity and immunity respectively and will help her in a long run.7.

In general, I would suggest her to avoid exposure to dusts, smokes and air pollution as much as possible. Hope above suggestions will be helpful to her. Should you have any further query, please feel free to ask at . Wish your mother the best of the health. Thank you & Regards.

i am ajay from city:kota, State:rajasthan (India)My mother has spleen problemshe needs blood every 25-30 days and always feel fever in her body.we have changed many doctors but still we have not get correct solution for my mother problem.I belongs to a middle class family. please tell me some solution and real reason for this problem.Thank you sir

Hello and Regular requirement of blood transfusion along with some spleen disorder suggest a hematological disorder. Thalassemia is one of the commonest hematological disease requiring regular blood transfusion and an enlarged spleen. It is not possible to guess the disease that your mother is suffering on the basis of brief history. Thus, I suggest you to post complete details for more information. Thanks and take care .

I am Alekh gupta (25 yr old). On my fore head a lump is grown and my two on skull. The lump on my skull pains sometime. I have gone through X-Ray but no bone abnormality detected. Please suggest me for what further treatments should i go for ?

I studied your query in depth. I feel concerned about it. In my opinion you are suffering from-Acne lump ? Which is most common at this age ? Or may be?Desmond if it's in the center of your forehead / Acne is most probable as its painful. I would treat it with-Tb NSAIDs/ Antibiotics-to be taken under cover of your ER doctor. Hope this would solve your query. Please contact again, and I would love to attend your queries promptly. Have a good time.

I am an epileptic patient from the age of 3 years. Then started with treatment. It recurred on tapering the dose once and with same treatment once. I had my last attack 14 years ago. Know, it was suggested do the MRI and EEG to taper the dose or change the medication as I am taking Phenytoin and Phenobarbitone currently. EEG was normal with no epileptic foci. MRI had two calcified granuloma with no edema or lesion around it. Does this Calcification still can trigger epilepsy in the future or can my seizures be stopped completely or cured.

Hi, epilepsy seizure can be caused by those granuloma lesions. Childhood epilepsy sometimes difficult to be cured completely. It has guideline to taper and stop medication if you are seizure free. As mentioned you had recent episode of seizure episode then you will be put on medication again for another five years of seizure free period. Hope this would have cleared your query and feel free to contact me if you have any query Thank n regards

I am Anand kumar 25y/m.i am married and we r trying to conceive.i want to discuss my semen report quantity 2ml. liquefaction time 20 min. sperm shape- normal, head- single, motility 46%, sluggish-20%, dead-34%, pus cell-6 to 8, total count-48million/ml. is this ok.

Hello Anand The semen analysis report should be slightly better, although it is not bad like the motility should be more than 50% and the dead sperms should be reduced. The reason for the less motility and dead sperms are smokingalcoholworking in excessive hot weatherhaving bath with warmer water. So see if you have any of these problems and stop or control them.Also, you can get prescribed antioxidants and multivitamins from a doctor close by, and it should improve. So discuss with the GAEC and both of you get the required treatment. Thanks

I am Ashish and i am from delhi i am suffering from chronic backpain since few months but now after some rest physiotherapy iand massage i am feeling better but this pain is still irritating me at times i have a pain in my lower disc l4 l5 please suggest me the needful remedies to get rid of it as

i am a marine engineer i need to get back to work soon	<p>Has you have chronic back pain you need to be investigated for slipped disc or sciatica. You might need to be done ct scan of spine if your X-ray turns out normal. You can take painkillers and apply ointment to alleviate the problem of pain. You can do some back exercises you can be shown by the physiotherapist. Apply hot packs before you go to sleep it will give a lot of relief. Avoid lifting heavy objects and bending lottery to sit properly with your back aligned to the chair use firm mattress when sleeping hope to have helped answer your query wish you a quick recovery.</p>
<p>I am Ashish I recently had a fungal infection in my private part, i lost my hair from there but after using Paderma+ its again coming back. Now i am loosing hairs from my scalp in small patches docs said its Alopecia but I am thinking that its the same fungal infection. Also wanted to know that is alopecia 100% curable and tenure of its treatment. i am having TBIS and Adgain capsule and vvaz-cz.</p>	<p>I really appreciate your concern, in male person Male patron baldness is common phenomenon and in your case this might be the reason and not the fungal infection, of course you might be having fungal infection of pubic hair but in scalp region hair falling could be the Male patron baldness and this can be prevented with Minoxidil 5% lotion apply this on scalp twice in day, hope this information helps, take care and have a nice day.</p>
<p>i am basically a restrictive cardiomyopathy patient since 5 yearrs and i am having a hydrocele since 20 years of 38 years age, 52 kg, 170cm. Now i am getting more pain in hydrolcel due to fluid accumulation. Is it possible to operate hydrocel and any side affects please</p>	<p>Regarding your concern, I would explain that you have no contraindications to surgery. But considering your restrictive cardiomyopathy, you are at an increased risk for possible cardiovascular complications during surgery. Anyway, if surgery is done with epidural/spinal anesthesia or safe general anesthesia with dominate, there is nothing to worry about. Besides, surgery is performed under close monitoring of the vital parameters by your anesthesiologist. You have nothing to be afraid of. Surgery would be a good option for the relief of your symptoms. You should discuss with your doctor on the above issues. Hope to have been helpful! Kind regards,</p>
<p>i am boy of 13-14years old and i masturbate daily at once,sir this is becamng like habit ,sir i want to know is this safe for me to do and does it cause any sexual problem in future. And if it is not good then how i keep control on it.thanks you</p>	<p>Hello It is a myth that masturbation causes sexual problem in the future. Masturbation is just a method to release accumulated semen. It is replenished in our body readily. But Obsession of masturbation is bad, and you should try to overcome this habit. You should avoid provocative literature and videos. Try to concentrate in your studies. You may need psychological counselling if needed. Get well soon. Take Care .</p>
<p>I am concerned about my friend he is a 45 yr.old male with a super large ball one of them is a size like a roma tomato. it dosent hurt him till he has to bend down. I keep telling him to see a dr. but he keeps putting it off. could this be serious for him</p>	<p>It could be a HY . 2. Possibilities of testicular mass can not be ruled out.3. Needs a scrotal scan to analyze the cause of the swelling.4. Inguinal hernia does give a lump in the scrotum.5. Delay can complicate, as your friend to seek medical assistance as soon as possible. Good luck. Hope it helps you. Wish you a good health. Anything to ask ? Do not hesitate. Thank you.</p>
<p>I am currently having problems in the liver , the reports said its Fatty Mild liver and my ALT reached at 89, I feel lots of pain in my back, kindly advice what I have to do as my doctors medicine did not work that much and the pain is still there, please advice the remedy and things which i can eat and drink to make it to normal again. Thanks, look forward for your valuable inputs</p>	

on it.	<p>Restrict the intake of fatty foods.2. Regular exercise.3. Plenty of water consumption per day.4. High protein, low carb . 4. Medications to be taken. A combination of sorbitol and trampoline citrate for at least 6 months.b. orbiting containing compounds for a months. Silymarin containing medications for at least 6 weeks.d. vitamin B complex supplements. The above treatment needs to be continued for 6 months. Repeat liver function tests and USG abdomen after 6 months. I am sure this will give you relief.</p>
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<p>I am Dr. Khan, My wife met with a car accident and she has L1 compression, she is on bed rest. Dr told her to take 2month bed rest. now its almost 50 days. she has pain in Hips and also on compression site. plz guide me . she has to do some exercise plz guide me. Thank you .</p>	<p>Hi, This treatment is being suggested on bases of the information provided. However, I would like to examine &amp; investigate the patient in detail. Control hypertension, diabetes or any other metabolic disorder, if there is any. Any way it may be tried -- Looking Plus (Mankind) [Diclofenac + Paracetamol] 1 tablet OD &amp; SOS for 5 days. Calcified plus (Mankind) 1 tablet OD for 10 days. (You may need help of your local doctor to get these medicines.) Fomentation with warm water. Let the part not be exposed to cold air. Sleep on a hard bed with soft bedding. Use no pillow under the head. Avoid painful acts &amp; activities. Do mild exercises for all joints. (Take help of a physiotherapist). Do not ignore, let it not become beginning of a major problem. Do ask for a detailed treatment plan. Kindly make sure, there is no allergy to any of these medicines. For emergency treatment visit the nearest hospital. Wish you a quick recovery &amp; good health. Hope I have answered your query. Let me know if I can assist you further.</p>
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<p>I am experiencing a severe hair fall from 6 months.My hair fall started after I moved to Hyderabad city before .In my family no one is having genetic baldness but I am having premature graying since my 10th standard and I have used hair colours from 10+2 standard. Now I am 21 and with medium hair in middle but afraid that I will get baldness. Please give me advise which products should I use for controlling my hair fall and regrowth.?</p>	<p>My Dear ! I have reviewed and analyzed your complaints. Your description matches very closely to that of a condition called Alopecia Areata which results in diffuse hair fall from scalp and can be triggered by the events like the one that you have described. Let me reassure you that you will, in all probability, recover from this problem. To my patients, I suggest the following measures, and they are helped a lot with this advice1 Practice good hygiene2 Have balanced diet3 Correct anemia4 Do not massage vigorously5 Brush hairs when they have . Therefore, use of such products may or may not be always rewarding. I am sure you will be helped by the suggestions and recover soon. Best wishes from the team!</p>
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<p>I am far from Mumbai and I am really feeling upset now I think I have spoiled my life I am turning 23 and still have nothing to do in my life. I am yet to graduate and this thing worries me a lot. I don't know I will encourage myself for studies plz guide me I have only one close friend I am not an outgoing person I always stay at home and hardly talk to someone. I have my family by my side but now I feel bad to spend time with them.</p>	<p>I understand your concerns went through your details. I suggest you not to worry much. I sincerely think that you are a victim of life disappointment. You have not given much of information therefore it may be difficult to diagnose your problem. I feel that you lack motivation and self-confidence. You say that you are 23, and you are yet to complete your degree. Why so? What makes you lag behind in your education career?. Are you able? So many questions need answer. For the time being, understand that LIFE IS LIKE THAT. Nothing happens as you wish, but you should always be hopeful and try again and again. Success should not be far away. If you are interested in more information in this regard, you may post a direct query for me. Hope this</p>
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answers your query. Available for further clarifications. Good luck.

I am feeling motion in my head and stiffness in neck ,my doctor earlier gives me vertin for it,i feel numbness in forehead and feel like passaway that moment but after 4-5 weeks he gives me ezeepam-10mg,etilaam-0.5mg, valance-od 500mg.Now arround eight months are passed but still i need to take the same medicine regularly.Please suggest what i have to do.

Dear Neelgagan My suggestion to you is that you consult an ENT specialist asap as most of the feeling motion episodes are due to the involvement of the labyrinthine system in your ear. Vertigo is a very vast symptom, so it is exactly hard to tell you exactly what is going on. If you can give more details maybe we can get closer to a diagnosis, but you will need to run a few tests. Please do tell me your age, gender and more details about the motion. Do you see objects around you moving, or you get the feeling that you are moving? Is the movement in circles or vertical? Take good care of your self Thank UACIF

I am female lady from India.I got chicken guniea in2006 which was very very severe and as you know that chicken guniea virus does not have any shape or colour just like HIV virus as I got tested Doctors are getting confused in finding out the real problem with me can you suggest what can be behind it as I tested but still sactors are confused

Thank you for posting your query. I can understand that you had Chikungunya in 2006. It would have been excellent if you had given me the current symptoms or problems you are facing. Let me help you. Chikungunya is caused by chickungunya virus as you have correctly pointed out. The symptoms include fever, muscle aches, joint pain, rash to name a few. It can be diagnosed by serological tests like ELISA and RT-PCR. Currently, there is no specific treatment. It is treated symptomatically, like for fever paracetamol is given. Do not panic. Visit any government or private hospital, visit the medicine OLD and get your debts cleared Feel free to post any other question.

i am from bangladesh, i have been suffuring HBsag positive since 2008. in bangladesh there is no treatment for these disease. after long time searching i found these helpful medical site.before six months result my DNA is negative and local consultant says now it is inactive position.but i want to cure fully. what can i do now? please help me

Hi & Welcome. Incomplete data like age, gender, liver function tests and other serological tests for hepatitis B virus, etc.??? Based on the history and the result of the lab tests given you seem to be suffering from early acute hepatitis B virus infection. Since such type of infection usually resolves spontaneously and gives long-lasting immunity, hence there is no specific treatment for acute hepatitis B. Care is aimed at maintaining comfort and adequate nutritional balance, including replacement of fluids that are lost from vomiting & diarrhea. There's no role of oral antiphon . However, you have to repeat the serological tests along with liver function tests after 6 months. The absence of IGM antiphon or the persistence of Bag for 6 months along with the presence of Head, reactive HBV DNA & Total Antiphon indicates chronic HBV infection. In such a case you may be evaluated by specialist experienced in the management of chronic hepatitis B infection. Currently, Regulated Interferon alpha (PEG-IFN-a), Endeavor (ETV), & tenofovir are the first-line agents in the treatment of chronic hepatitis B disease. Hope the advice given above would be useful to you. A feedback is highly appreciated.

Input	Output
<p>I am from india I am suffering from gastritis and asthma problem what is best remedy for me</p> <p>because if i take medicine for asthma then it effect my stomach and after some days problem increase and if i take medicine for gastritis then asthma problem increase</p>	<p>Gastritis is inflammation/irritation of the stomach. You may need to change the medication that you are using for it if it worsens your asthma. Also monitor your diet to see if there are any particular foods that may be upsetting your stomach. Asthma control is very important, so your doctor may also need to look at the best medications that you would be able to tolerate. I hope this helps</p>
<p>i am from india. yesterday my father suddenly prasure is high and fall dawn unconsciousness ly</p> <p>minor broken his head in back side and minor blood come through his nose and ear also. my father age is now 74. now he is now hospital in GNRC hospital , guwahati ,assam ,india.</p>	<p>Hi, Thanks for writing to us. Your fathers' case is clearly evident from the fact that he had high pressure. This uncontrolled high pressure gave rise to stroke, which may of two types:a.ischemic stroke-more common. Haemorrhagic stroke for a non contrast CT can (NCCT) asap.It's good that he has been hospitalized where proper care can be given. But remember once returns from hospital please ensure that he takes his antihypertensive medications as per as scheduled. Hope I have answered your query. Stay fit, good luck.</p>
<p>i am from orissa . i am quite dark in colour and feel very inferior to my friends who are quite fair even after being exposed to sun and my height is 5 3 .what can i do to lighten my colour as well as increase my height few inches.i am 23 now.pls suggest. aryan</p>	<p>I really appreciate your concern, your both the physical conditions are genetically decided and this can not be changed or alter, more over this is not the matter whether you are black or white short or tall, but how much you are intelligence, what is your IQ level, these are really matter of concern, so pay attention toward this, no need to feel inferior, prove your self best, take care, have nice day.</p>
<p>I am gasttic problem for one month doctors are giving me pantocid n sucramal, but few times I am having pain in chest but my ECG anf physical expection by doctor was ok I want to know chest pain is common i this and how much time it take to cure from ulceration . Sometimes I alao feel shortness of breath is it common in gaatric problem or shoul Id I chekked by pulmonary doctor.</p>	<p>Chest x ray2. PUT (pulmonary function test). Chest x-ray is needed to rule out aspiration pneumonia.PFT is needed to rule out asthma and bronchitis. So better to consult pulmonologist and discuss all these. Better control of HERD is needed to avoid above-mentioned respiratory problems.</p>
<p>i am having a lot of pain in the section of my upper right grinding teeth. the pain has now started spreading towards the centre teeth as well. i have consulted a dentist and he examined me with no cavity. he said my wisdom tooth are coming crooked. what shall i do?</p>	<p>I have gone through your query and can very well understand your health concerns. As per your complaint the cause of pain in your jaw is definitely due to wisdom tooth if it is eruption out of place or in a wrong direction, the pain is because the wisdom tooth must be either making space for getting erupted and causing pressure on adjacent molar or the adjacent tissues leading to pain and discomfort. A crooked wisdom tooth will not erupt in proper occlusion and the best way to get relieved from it is to get it extracted by an Oral Surgeon. By the time you are getting it extracted you can take Painkillers like Ibuprofen [Advil or Motrin] for pain relief. Hope this information helps. If you find the answer helpful please give me a Five-Star Review and click on found the answer helpful as a token of appreciation.</p>
<p>I am having back pain and headache from almost 2 months. I had all the round of blood</p>	

investigations in which my CRP is raised upto 40 and ANA test is positive. Yesterday I had LS Spine and Cervical Spine X ray. The report says that there loss of normal lumbar curvature kindly suggest me what should i do now is there any serious problem

Hi Positive ANA does not mean you have autoimmune diseases. Nearly 20% of the normal population will have a positive ANA test positive tests are include and also seen in other conditions, such as thyroid disease, certain liver conditions, and other autoimmune diseases. Raised CRP is seen after surgery, infections and diseases that cause inflammation, such as: lymphoma, lupus, giant cell arthritis, rheumatoid arthritis, inflammatory bowel disease, osteomyelitis, Scleroderma, polymyositis, and dermatomyositis and person having risk of heart attack. So you need to consult a Rheumatologist. RegardsRanjit

I am having multiple bumps in whole body, some time i scare like cancer, i had consulted surgeon 1 year back in bangalore he told those are lipomas, we cant stop those, but now it increased more and more allover body mainly buttocks and weist and shoulders. kindly suggest me how can make sure these are not cancer and it wont impact. For this kind of things sugeon is the right person or skin doctor? kindly suggest me. and also suggest me best hospital for this in Delhi and Indirapuram.

Hi, dairy have gone through your question. You have multiple lipoma on your body. Most probably it is pure lipoma and chances of cancer is very rare. Still for confirmation you can go for FNAC or biopsy of one of your lipoma. Generally no treatment should be taken for multiple lipomatous. If it increases in size, causing pain or cosmetic problem then only surgery is indicated. Skin specialist has no role in lipoma. You should consult surgeon for that. YOU can consult any general surgeon. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

i am having pain in stomach . Pain comes sudden with high intensity and go for get freshed but excreta released in small amt . Its happens 5 to 6 time in day specially in morning. I got ultrasound reopr it shows LIVER IS MILDLY ENLARGED WITH INCREASED ECHOGENECITY SUGGESTIVE OF HEPATOMEGALY WITH FATTY LIVER GRADE -I. AND BORDER LINE SPLEEM

Hi . Thank you for your quarry. Its elevation is common found in many disorders must most usually is alcoholic, viral, autoimmune or toxic liver damage. The most common liver disorders are fatty liver which can be found in healthy people, but usually is resulting from elevated blood lipids, overweight and elevated blood sugar. This is only the first stage and completely reversible condition, so you have no reason to be concerned. You should treat it by changing dietary and lifestyle habits. Do exercise, avoid alcohol, smoking, fats, fast food and carbonated . Eat more fruit and vegetables, boiled meat and follow some of hepatoprotective diets. Findings usually improves on such measures. If not, then some medicines can be prescribed, but I suggest going step by step. Also, if stomach pain persists you should do gastrostomy to verify is there some stomach disorders such as gastritis, HERD or hiatus hernia. Wish you good health.

I am having persistent back pain for last two three years now. From last one year it has increased manifold. I feel a lot of stiffness in the back, am not able to bend fully unless I do some warm up. Every morning leaving the bed is a challenge, basically things are not as I would like them to be. In the past I consulted an ortho surgeon who advised me to take milk and calcium tablets daily and also do stretching exercises. I tried it for a while, but honestly I could not maintain the discipline and gave up after a while. As for the tablets They don t really excite me . I really want to come out of my present situation. Kindly show me the way. Regards AAAAA P.S. - I am in the IT industry and work on the computer for long hours, many a times without a break.

Spinal extension exercises, which your doctor had suggested earlier. You must start with them

again on a regular basis.2. Local analgesic ointment: If the pain is more, application of any local analgesic ointment will relieve/subdue the pain.3. Lie on hard bed while sleeping4. Physiotherapy: Getting few sessions of physiotherapy will definitely make you feel much better and once you exercise as well the problem should resolve.5. Take walking breaks after every 2 hours while working, stretch and bend if possible to relieve the tension in the lower back. If, after following above-mentioned routine, the pain still persists then you must get a X-ray spine done and revisit your orthopedic surgeon for clinical examination. Hope you feel better soon. Regards

I am here for my mother. age 55 yrs. she has gall stone and also issues with her main portal vein. Drs in Kolkata asked for not go for a laproscopic operation and suggested to move to vellore. Looking for suggestion for good drs in CMC vellore

Hi thanks for asking question. You have not mentioned how much gall stone present whether single or multiples?? Is there abdominal pain present??? If stone is single and asymptomatic no need for gall bladder removal. Close clinical follow up done. If gall stone troublesome and complicated ex. Lead jaundice, repeated infection then it is removed. Meanwhile, take low fat diet. Ustiliv can be helpful. Take care. .

I am in guntur in andhra pradesh. Yeteraday my mom has been tested FNAC. Reported as PICTURE IS THAT OF SECONDARY DEPOSITIS OF DUCT CELL CARCINOMA. PLEASE about this i.e treatment, cost, after treatment life , please answer me immediately

Hi, Thanks for writing in. The report of your mother says that there is cancer spread in the region from where the FNAC has been done. This means that there is a primary cancer somewhere which is the main problem. In this situation the doctors have to identify the primary site if not known. Many times primary site is not detected easily, and then complete cancer workup has to be done. Treatment of a secondary with known or unknown primary is usually chemotherapy, radiation and pain relief. This has to be done at a good hospital and I think Guntur might have cancer treatment facilities in many hospitals. The cost varies and it is good if she has health insurance. We cannot give a fixed cost, but it is on the higher side like a few lakhs of rupees. However, there are much cancer treatment concessions provided, and you can utilize facilities for cancer treatment of your mother. After treatment life depends on the disease spread and response. If proper response is there to treatment then patient can live a few years with about some living more than 3 to 5 years.

i am j.venkatesan 29 yrs old i got married one year before but still now i am not having kid. first time when i checked my sperm count was 24% and dr shanthi given me tablets for 3 months after 3 months again i checked my sperm count it was 22%and dr shanthi again given the tablet ubi Q 100 and again after 15 days i checked my sperm count it was 15% it was reducing. wats the problem. wat to do increases my sperm count.? and which doctor i want to consult.? tell me sir please.

Hello !! Well I have gone through your post and I would like to tell you that you should not be too worried, there is sufficient data to prove that many people go through a temporary phase of low sperm count due to various reasons like performance pressure, anxiety, exposure to extreme heat, insomnia what I would suggest is for you to first abstain from sexual intercourse or masturbation for a while, learn to relax, take vitamin E supplements along with folic acid supplements, stop smoking if you have the habit, and have an adequate relaxing sleep for a while and get yourself tested after a month do not be under pressure. I am sure it will all work out, Take care.

i am jay i am scare to tell you this and little shy too but i this i did over Masterbation i am scare this will put -ve impact on my sexual health plz advice me what to do i this i am suffering from some side effects too plz tell me what to do

. There are many controversy regarding masturbation . Let me know you it is safe and pleasure giving procedure, and it will satisfy your desire. Up to 3 to 4 times maximum in week can be safe .



But over practice of masturbation sometime can lead to certain side effects like stress, discomfort in adjusting witmunity, groin discomfort, chronic fatigue, Mood swing, back pain etc. Try to watch less porn picture. Exercise, meditation and yoga helpful. Take healthy and balanced diet with more fruits. Take care

I am Kailas Shete am Age: 27 yrs, stationed at Burnpur WEST BENGAL.I was suffering with stomach ache, pain, feverish feeling, nausea etc. Radiography and Endoscopy has diagnosed me as having Gallstones and Antral Gastritis . Kindly advise the modality of the treatment duration required and please suggest me with the place where i can have affordable treatment and quick relief. Regards, Kailas Shete YYYY@YYYY

Dear baileys, Thanks for writing in . Antral gastritis requires a 3-week course comprising sucralfate suspension, omeprazole capsules and dietary modifications. After 3 weeks the symptoms need to be reassessed. If symptoms still persist then another 3-week course may be required. For the gall stones, if they are symptomatic then a cholecystectomy or removal of the gall bladder is indicated. I would suggest first to get the gastritis problem under control then deal with gall stone problem. With regards

i am kayalvizhi MBA scholar but homemaker since i possess a girl child of 1 yr.now my husband is aboard and no doubt i soon join him.but now a days i am getting anger for no reason and i cant control.my words are harsh.my family members love me lot.but i fear this behaviour might wound them.i need to eradicate it completely 80% its my mistake only for reacting to chilly things.i need your guidance to overcome it successfully.thanks.expecting your kind reply sir

Hello. Thanks for your query. I can understand your concern with your behavior. It is possible that you are suffering from a milder form of adjustment disorder successive to life events that is manifesting behaviorally. All you require is to learn anger management techniques and stress management strategies from a psychological counselor. I do not find any need for psychotropic medication at this stage. Hope you find my suggestions useful. Regards .

i am khurram here from karachi i m in viral fiver dated 17/11/2011 and doctor write some test to me sgpt, sgot these test result sgpt 76 IU/L and sgot 130 IU/L and fiver finish in 5 days mean 23/11/2011 my fiver gone my question is this why these range go up and what u say i repeat these test again and after how many days i repeat these test

At that time liver enzymes elevated. If liver also infected by viral or bacterial infection then enzymes can elevate. Fatty liver also can lead elevated enzymes. Other cause might be Bag carrier like condition. Carduac and heart problem also can elevate enzymes. And finally alcohol . So now it is 4 years . Repeat LFT just now without delay .regular follow-up necessary and above causes ruled out. Take care.

I am Kusuma. I have dark skin with heavy pigmentation and I have more darkness around my neck, if am apply any face cream it will look like a layer even am having tanning also. please help me for clear skin, my marriage has been fixed on 9th November of 2012, how look good with clear skin

Thank you for query. The date is too old to advice but still I recommend following. Please avoid any fairness/cosmetic creams as Cosmetics do more harm than good .wash face and neck regularly at least 2 times a day with gentle cleansers like detail. Do not rub or use harsh soap as it can exacerbate pigmentation. You can use sunscreens in the daytime at least 3 -4 times a day which also helps in preventing sun tanning. Sunscreens protect from pigmentation if used at least 2-3 times per day. Mild keratolytics like salicylic acid, pigmentation agents like Comic acid and HY . You can get back to me for any clarifications.

I am Male 28, I am Using TUFACNE 20(isotretinoin) tablets for acne daily one tablet in night Just want to know is there any side effects like Sexual effects or anything by using these tablets please let me know what are all the side effects if i use these tablets daily.Thanks in advance sir

Hi, Tufacne is a form of vitamin-A commonly prescribed to treat severe cystic acne. Generally, it is well tolerated however it may cause scaling, burning, redness, and swelling of skin, joint pain, nausea, vomiting, stomach upset, bleeding from the nose, . It is not reported causing any sexual dysfunction in males. Hope I have answered your question. Let me know if I can assist you further.

I am Manoj, I had treated for flurel effusion for 6 month, Refocox-H. Then had some abdo. pain and i contact to doctor he tells me that my intensites gets sensitive, he treated me but my prb is not get resolved. Doctor refered me to the tuberclosis expert doctor and he tolds me to make montox test and it gets possitive and He gave me the treatment of DOTS for 6 months. but my abdo. prb is still nor resolved. Please Helps me out sir.

Hi, After going through your history it is clear that you have Pleural Effusion that is a kind of fluid in pleural cavity around lungs, you have not mentioned which side is involved. But why this has not resolved in 6 months? This most commonly is due to irregular treatment as stopping . Now you are taking DOT therapy please continue it regularly and if fluid is more in cavity it can be aspirated and send for AFB, and R&M study. Your abdominal problem may be related to TB itself or

I am masturbating since i was 7 and now due to excessive masturbation i lost sensation on the tip and nearby are of my penis. Now i firmly decided to leave masturbation. I want to know whether i will be able to control my ejaculation time and regain my sensation by leaving masturbation??

Degree understand your concerns went through your details. Please do not leave your masturbation altogether. You should masturbate once or twice in a week. The numbness could be just because of continued friction. Ejaculation time can be controlled by diverting your thoughts to more serious things while having sex. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

Input	Output
<p>I am Munish Sharma from Ajmer (Rajasthan). In my medical reports, liver is diagnosed as 185.7 mm (Hepatomegaly(fatty liver)).How can I reduce it , back in normal size? report says, liver parenchyma is homogenous &amp; bright. what does it mean? i have stone in both kidneys.</p>	<p>Hello Thanks for writing to utmost commonly fatty liver with enlarged liver is due to obesity and sedentary life. It is also related to alcohol intake. You need need few other investigations like routine hologram, Random blood sugar(RBS), Lipid profile, Liver function test(LFT), Renal function test. You should try to lose your weight if you are overweight. Fatty liver is a reversible condition, and it can be reversed by diet and lifestyle changes. You may need some medicines after full investigations. It may take 10-12 months to reverse the findings. You should be active in your daily life. You should avoid red meat and high fat milk products. Cook food in olive or canola oil. You should take limited salt in his diet. You should also avoid fried and junk food. Take a lot of fruits and vegetables. You should also increase your physical activity in the form of walking and exercise. It is important to know the size of kidney stones because treatment plan depends upon the size. You should consult urologist. . Serum uric acid should also be evaluated. Hope I have answered your query. Take Care</p>
<p>I am Nikhil Gandhi, age 49 years, Male from mumbai. My HDL chol. is 30.3 and LDL chol. is 110.3. My 2d echo is normal and stress test of 7.15mts. is also okay. my cardiologist has suggested to do CTangio of heart. Is it necessary? He has prescribed me Ecosprin AV 75mg. also. Pl. advise. Thank you.</p>	<p>I carefully passed through your question and would explain that it is important correlating your tests with your clinical symptomatology. If you have typical chest pain which raises high suspicions of coronary artery disease, or changes in your cardiac enzymes, or well-known coronary risk factors (smoking, hypertension, diabetes, obesity, etc.) Further tests like coronary Anglo CT scan or coronary angiography may be needed. Otherwise, considering your normal cardiac tests, no further tests are needed. Hope you will find this answer helpful! Kind regards,</p>
<p>I am on and off checking blood in last 2yrs.lipid profile.wen it increases I start exercise.life style change.within month it will come in control.again it rises.I do night shift dince 8yrs.improper sleep. I s it a causr in high lipidemia?</p>	<p>Hi, dairy have gone through your question. Diet and lac of exercise are the common cause of epidemic. You should go for lipid profile test. Check the level of cholesterol, triglycerides, LDL and HDL. If your cholesterol level increase then you should take low fat diet with high amount of polyunsaturated fatty acids. Go for regular exercise. If needed you can take . It is prescription based medicine so consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>I am patient of lymphoma who also underwent radical nephrectomy of right kidney! Recent blood test indicated elevated BUN 60 and Serum creatinine of 3! Had edema of feet,also had high PTH values! BP was elevated! But now after BP medication BP is under control, edema is gone and i have stopped getting up in the night to pass urine! Do you think i have chronic renal disease</p>	<p>HiT hanks for the query. It is difficult to diagnose if you have chronic kidney disease based on the information provided. You need to repeat the blood tests as well as do urine exam and Ultrasound of the kidney and bladder. Based on these tests and a careful analysis of your past history and medications etc. a nephrologist would be able to comment if you have chronic kidney disease. Hope this helps Good luck.</p>
<p>I am Rajesh &amp; i have a question to paediatrician that my son has completed 5 months &amp; 6 th</p>	

month 12 days completed can i now feed him with cerelac starter pack coz he os not only satisfied with feeding only he gets hungry soon again & cries more in night times	1.Add one food material / cereal or fruit per week. This will be useful because if he develops vomiting or diarrhea, we will know what to avoid.2. Add vegetables and fruits made into a paste surely to avoid constipation.3. Do not add too much sugar as it may cause diarrhea. Regards -
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I am Rajeswari from Coimbatore. If somebody is avoiding me means, i cant accept that. That time something will happen into my head. That time i lose my conscious. i will do something idiotic. Even small things can hurt me a lot. I dont know why. Pl advice me,	Hi. I had gone through your query. Rejection sensitivity and mood swings may indicate depression. Irritability and anger outburst also can be a part of depression. But with that much we can not say it is depression. You have to consult psychiatrist because detail evaluation of mental status and thought processes are necessary. After proper evaluation we can do proper diagnosis. It can be treated with medicines like SSRI/benzodiazepine etc. Counseling and psychotherapy can help. So consult and get help. Still have query then feel free to ask. Thank you.
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I am Raju Thota from Hyderabad India My mom got fits last year same time n we consulting the neuro physician but still she is suffering from that. would u pls suggest some precautions to be taken by the fits patient and how to get cured from that	Hi, Thank you for posting your query. I have noted your mothers symptoms. What is the reason of fits in your mother? BRAIN scan can help us answer this question. Appropriate medications can help us control or prevent the fits. The underlying cause of fits should be treated to achieve good seizure control. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/
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i am rupesh from patma ,bihar(INDIA)my father is suffering from nerves jaw pain in left side of his face he consulted many neurologist but he is not feel better till now please help me. i want to treat him local in patna because i am a bank employee so i have not much time.	Hello Rules!Your father symptoms could be caused by trigeminal neuralgia. For this reason, I would recommend consulting with a neurologist. Treatment with an anti-epileptic . ) may be needed. Other treatment options would be local infiltration of the trigeminal nerve with alcohol. Anyway, a brain MRI is necessary to exclude other possible causes of trigeminal neuralgia. Hope you will find this answer helpful! Wishing all the best,
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i am saksham jain from indore my mother is cause by liver cihrosis. It was also having a dermatomaitocytosis. It may be taken a long term steriod like wysolon or deflacart during 14 years please suggest me a good treatment of the liver problem. In the body the fluid will be increase so it may cause also swelling problems . i need your help please suggest me a good treatment.	Good morning I am sorry to hear about the ill health of your motherliness cirrhosis with dermatomyositis indicate that she may be suffering from autoimmune hepatitis. She may need lifelong steroids +/- azathioprine (immunosuppressant) for her diseaseDepending on the stage, cirrhosis of liver may have multiple manifestations like swelling of the body, bleeding, low protein, abdominal swelling, renal failure, disorientation, poor sleep, jaundice etc. and each one of these symptoms needs to be treated separately I would suggest you take her to meet a gastroenterologist for father evaluation and treatment Hope this would answer your questionWould be happy to answer your further questions Wish you a speedy recovery
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I am Sandya, few days back my doctor has told me to make the Endoscopy of upper G.I., in the report they have mentioned that Impression is LAX CARDIA. GRADE A REFLUX OESOPHAGITIS. Now, I have the pain, concerned doctor is not ready to tell me what s the problem is, He is telling nothing is there continue the tablet. But, i can t able to control the pain. please any one help me to
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come out in the problem. Thank you.

Hi, thank-you for providing the brief history of you. As you have already undergone the diagnostics and physician it is good that we can look ahead with other matters. As due to the past medical history the physician must have advised the Endoscopy if any soft tissue abnormality is present. Now since it is done and nothing abnormal is present, taking the medication is of the priority. Also, this is sometimes a common issue due to acid reflux mechanism and with simple medication and breathing exercises you should be fine. In my clinical practice such cases have pain in the upper qua . If the pain goes high you can always request your physician for the painkillers, and it will work well. Regards Jay In

i am santos of 21 yrs male and i m masturbating since 9 yrs and now after having sex i come to know that i have extreme problem of sighrapatan so sir please suggest me any cheap medicine so that my problem can be solved.I have performed sex 8 to 10 times. There is no any effect. Of viagra so please help i have tried all the ways. I cant. Pay ur fee. I m financially week

Degree understand your concerns went through your details. Premature ejaculation is caused mainly due to psychological problems. Premature ejaculation may be caused by stress, performance-related anxiety and other relationship issues. It can also be caused by hypersensitivity of the skin of the penis. You are just 21 and therefore, I suspect psychological reasons. You could have sexual performance anxiety and because of that you are unable to have normal sex with your partner. I suggest you to consult a psychologist for counseling. Take care. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

I am sasmita and my age is 27.My period is quite regular and last month my period happened 1st june but this month i have missed my period but on 2nd june i saw some light bleeding after some time no bleeding happened after a day i checked home pregnancy test but it saw negative till now no bleeding is happen.Actually i taking some medicine to get pregnant as doctor s advise. What should i do now ? plz answer me.

Hi Seismic, Thanks for the query. Fluctuation in the features of menstrual cycle can occur due to many causes. Urine pregnancy test kit may not detect early pregnancy sometimes. So now you once repeat the test. If the test shows negative result, then consult your doctor and get evaluated to find out the cause. If you are taking progesterone tablets continuously, you may not get bleeding even in the absence of pregnancy. So after stopping the pills with your doctors' advice you may get with . For more details you can ask me through: <http://www. .com/doctors/>

I am Satveer Singh and my age is 23. My height is 510. My weight is 80 kg. I have a BALANITIS deseise due to fungal infection on the head of my penis. It also has redness on it. The size of my penis is also not normal. Its about 4 inches. I never had sex with girl. Please give me the solution.

Hai, First clean your genital area with some antiseptic soap or solution. Do retract your skin above your glans penis and wash it clearly.I advise applying antifungal cream in and around the penis area for 4 to5 days. Keep changing your inner wears and do wash it in a sterile way to avoid transmission of infection.no need to worry about your size of penis. Follow a hygienic way to keep away from infection. Thank you hope I answered your query.

I am Senthil Nathan aged 23. I have dry skin and fish scales (brown colour) all over my body esp during winter season. I m having this problem from my childhood. I suspect whether it is due to ichthyosis vulgaris ? I m really worried about this disease. I have been applying Cotaryl cream as per doctor s medication but it is not giving permanent remedy. I am really frustrated. I m scared of getting married sir. I have some other problems like very lean, no growth of mustache and beard.

<p>Are these due to Ichthyosis vulgaris sir? I feel very low and cant go for public meetings. Dono wat to do. Pls give me some solution sir. I m dying everyday. Thank you sir. Expecting ur valuable reply</p>	<p>Hi Entail, Thanks for writing in. Ichthyosis vulgarism being a genetic condition cannot be cured completely it can only be controlled. A specialized moisturizer like Medina cream will help a lot.</p> <p>Beard and mustache hair growth has nothing to do with ichthyosis. With regular miniaturization and electroporating technique ichthyosis is almost invisible. Consult a qualified dermatologist to help you with the procedure Hope this helps. Wishing you good health. Regards.</p>
<p>I am Sojib and 26 years old and also married. but I have to face some sexual problem. My semen is watery and when egaculate the amount is very less. Besides it egaculates first time within 40-50 seconds. And now I am feeling that my penis size is seemed to me smaller than my past. I have habit of musterbation. Sir I want to increase my intercourse period and want get my actual penis size that I had. Please give me some direction and suggestion. If medicine needed please tell me about these.</p>	<p>First you need to adopt healthy lifestyles. If you are obese then you should exercise regularly.</p> <p>Avoid smoking n . N abstain from masturbation. If your problem is mainly premature ejaculation then u shut try Master Johnson technique. It is foreplay without use of genitals. Use your hands n mouth but not your genitals. N u need to be open to your partner as well. Try these n if u still have problems then you should visit a psychiatry clinic with your partner.</p>
<p>i am sooriyakumar. in 1990 i take treatment in st thomas leoprosy center(chetpet,thiruvannamalai dt),but last two year i am in chennai.i find some symptums of leoprosy in my hand.so i have to take treatment near by my area.now i am in kilpauk.where to take treatment i dont know,pls help me sooriyakumarage 27</p>	<p>Hello sooriyakumar, With reference to your concern. If u had taken treatment for Leprosy previously and u think that your symptoms are the same as how when u were diagnosed in 1990. I advise you to take the previous hospital records, and get a consultation, with the DERMATOLOGY (Leprosy Clinic) doctors at Rajiv Gandhi General hospital (which opp. To Chennai central) which would be nearer to your location. Hope, this helps you. Thanks, Good Health</p>
<p>i am suffering from asthma since last 11 years (age 26). i have inherited this from my mother. Due to carelessness and being away from home , the disease has grown very dangerously.After researching thru internet i found that i have very high asthma.I use inhaler around 10 times daily and have also developed symptoms of eczema and hiatus hernia</p>	<p>I would like to know the inhaler you use. There are two types of inhalers - rescue type and controller type. I assume it a rescue type of inhaler like albuterol or levosalbutamol. If you are using it 10 times a day, it suggests your asthma control is poor. Were I treating you, I would suggest you regular montelukast and a controller type of inhaler like inhaled corticosteroids for at least 2-3 months depending upon response. You can use rescue type of inhaler on as-and-when-needed basis for breathlessness/asthma symptoms. 2. Should you have nose symptoms, I would add regular antihistamine like levocetirizine to above medications.3. I would like to know more about hiatus hernia and your symptoms. Do you have regurgitation of foods, heart burn, nausea, etc.? Have you had endoscopy to diagnose hiatus hernia? Etc. It is also important for you to remember that albuterol (commonly used asthma medication) can worsen some esophageal problems like gastroesophageal reflux.4. I would suggest you allergy testing which will help you identify the substances causing troubles to you and also to know how to avoid them. Avoidance of foods causing allergies and air-borne allergy-causing substances will help you both for asthma and eczema. Based on allergy testing results, an Allergist-Immunologist may prescribe you allergen specific immunotherapy which works on immune symptoms to improve allergy symptoms on long</p>

term basis.5. In general, I would suggest you to avoid exposure to dusts, smokes & air pollution as much as possible.6. Personally I would suggest you regular breathing exercises and a healthy diet rich in vitamins & minerals (adequate amounts of green leafy vegetables, fruits, sprouts, etc.) which will help you in a long run by improving your lung capacity and immunity respectively.7. I would suggest you to avoid stress by relaxation and meditation as stress can aggravate allergies. Hope above suggestions will be helpful to you. Should you have any further query, please feel free to ask at . It will be my pleasure to help you with best of my knowledge and efforts. Wish you the best of the health. Thank you & Regards.

i am suffering from cough from the last one and half year .after doing pft test by my docter he had said me dat i hav mild ashtma problm i want to get rid of dis prblm soon.m taking levolin and foracort200 inhalers dese days.: ( and m taking dis medicine from the last 7 says bt i am nt feeling any improvement in my health.

Thanks for your query. These medications are very helpful and effective for treating asthma. The cause of poor response to therapy is most likely due to improper inhalation technique. It would be better if you use spacer with inhaler for adequate delivery of medicines. Again, you have to avoid triggers like cold, dust etc. So my suggestion is :please meet your treating doctor to show him the inhalation technique and for follow up. Hope this will help you. Wish you good health.

I am suffering from cough like allergy with some irritation in throat . Every time a small volume of cough block my sound and i have to clear it. After my meal my throat always blocked with cough otherwise it is O.K. It is affecting my voice in early in morning and when i want to speak to anybody. My skin, Nose , hair and smelling sense are very sensitive. Please advice me.

Hello The combination of throat irritation, cough AND voice getting affected after food (as also early morning) raises the possibility of reflux - stomach contents back-flowing to food pipe and beyond. You have to see your physician for proper evaluation - if it is long (you didn't say how long!), you may need an X-ray, blood count and/or upper GI endoscopy (tube to see your food pipe and stomach)Good luck

i am suffering from e coli for last 1 year. I have completed my antibiotic course for 3 times in this duration. but all in vain. I feel burning sensation, sometimes low and sometimes high. very rare but i feel pain while urinating. But there is no frequent urge to urinate. no any prob with my appetite and no sign of fever. please suggest me some useful and helpful home remedies and help me out of this problem.

Hello dear, I read and understand your concern. Recurrent UTI or urinary tract infection should be investigated. You should do ultrasound examination of the abdomen particularly kidney to find out the obstructive causes of any UTI like stone and other. I also advice you to do urine culture and sensitivity testing. When you take the . Please take the completed schedule of the

Input	Output
<p>i am suffering from eosinophila from my child hood. i tried so many english and ayurvedic medicine but it relive me for short time only and my symptoms are not able to take breath during morning time around (4 r 5 oclock), and if took non-veg or any sour items it takes me to the hell during night times and i will be so week unable to take breath and pain in the chest severely,and in case any release of spearm or over heat of body also causes esoinophilia</p>	<p>1.Identification of allergen and if possible complete avoidance of it.2. Inhaled bronchodilators.3. Combination of antihistamines and antiallergic .</p>
<p>i am suffering from fever since 5 months and all blood test reports are clear even they checked for tb its also clear and still i am suffering light fever and i lost my body weight also . mostly at morning and after taking meals i fell like feverish can u plz help me.</p>	<p>I really appreciate your concern looking to the history given here I would like to tell you something as long as the human body temperature is concern to rule out the possibility of fever (Body temperature above 37 C) the reading of body temperature should be taken under the axillary region, tympanic membrane temperature, intro rectum, here one can get the core temperature and this is important to decide whether this is fever or not, in against of this surface temperature is there and usually by putting hand on body surface one can get the idea of increase temperature, but this would not be fever no matter how this is worm or hot, hope this information helps you bye.</p>
<p>i am suffering from hep b since 8 years back treated with virohep udiliv liv52 lornit by dr gopanpallikar gastroentrologist aurangabad for about 6 months australia antigen positive at that time ,now negative dr says i have carrier stage so please advice me dr hepatitis b curable or not ,any risk for me or my wife ,for next baby my age is now 37 years married 7 years back i have babyboy of age5 years</p>	<p>Hi dearFirst you have mentioned negative Bag just now. So make sure whether you are Bag positive or not. If it remains positive for more than 6 months than patient is carrier, and it remains life long. If you are carrier by sexual exposure your wife can be affected. So condom advised. Your secretion have viruses. So if you are carrier secretions exposure kept to minimum.If you need bleach used for Cleaning secretion affected utensil. Take less fat diet, more fruits and avoidance of alcohol to prevent complication. .</p>
<p>I am suffering from hives since last two weeks. I have itching all over my body, most of the time on back, legs and arms with red patches and swelling with some welts on the skin. I consult to doctor and then they have given Atarax 10 mg, Cetzine medicines. Last 1 day back My doctor had given my blood test report in which all of the things was normal except ESR. My ESR 37 shows high little bit higher than normal. I was suffering from cold and cough and when these test has taken. Please consult me, what can be cause to get high ESR in my blood test report. How it can be controlled. Is this related to any cancer or This is to only due to allergy in my body as hives.</p>	<p>I would like to know more about your complaints like - a. did you have such hives in past? b. do you have any allergies? c. what was the cause of cough-cold? d. what is your hemoglobin level? e. do you have any digestive complaints? f. do you have any other medical conditions? g. do you take any medications regularly/frequently? h. what is your age? i. any weight loss, poor appetite, etc.? Above details would help me to know about your complaints better and therefore to make more specific suggestions for you. Also, there are many possible causes for hives. It is important to know more about your complaints before determining cause of hives and suggesting investigations.2. For symptom control, I would agree with HY . 3. I would also suggest you to apple calamine lotion or moisturizing cream application over the itchy areas as well as</p>



<p>I am suffering from OCD since one and half years Im taking medications as follows Clonil SR 75 mg at bed time, seranata 100 mg tablets three times a day and one riscon forte at bed time. Im not responding well to this treatment and often conditions some times worsens, is it better to quit smoking while taking these medications. And suggest me the best treatment.</p>	<p>You are getting a concoction of medicines. Neither of these is in full therapeutic dose so no wonder you have not shown improvement. If I were to treat you, I would taper off Clonal over a period of 2 weeks, then rincÃ³n forte over 1 week and see how you feel with 300 mg Sertraline (your correct dose). You should wait for 6-8 weeks before expecting any improvement because OCD needs higher doses for very long periods to initiate improvement. If you show some improvement, it can be hiked to 350 -400 mg for another 12 weeks before really thinking of change in medicines. It should be mixed with tab clonazepam as required and ERP .</p>
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<p>i am suffering from poly cyctic ovaries disease n grade 1 fatty liver n both ovaries are enlarged in size im now 27 years old married female . now i want to concieve . my DR. adviced me to take obimet*sr 500 tablet 2 tablets per day , n also i m having irregular menstural cycles n thyroid problem , im taking thyronorm 25 mg per day. can u please suggest me , is there any complications to concieve or what?</p>	<p>HPoly-Cystic Ovary Disease (POD) and fatty liver suggests that you may be overweight or obese. Both the disease are more common obese person. Irregular menses are also common in obese female. Poly-Cystic Ovary Disease (POD) is a very common cause of Infertility. The rate of female obesity is associated in at least 30% of cases with POD, even up to 75% of case in some regions of the world. Obesity related Insulin resistance along with female hormone imbalance is one of underlying cause of it. Weight loss is the cornerstone of the treatment of obesity-associated infertility. Lifestyle changes that encourage weight loss, including dietary modification and exercise should be started. Metformin help to improve insulin function. Bariatric surgery (weight loss surgery) is advised for morbidly obese (very, very obese) female. Once target weight loss is achieved, fertility rate (chance to conceive) improves. Target weight loss achieved by any mean (diet, exercise or surgery) help not only to conceive, but also decreases the complications to baby &amp; mother during pregnancy and during delivery. Once you lose weight, your fatty liver also improves and becomes to normal literate a good health</p>
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<p>i am suffering from sexual thought these thought are disturbtng me lot i regulary masturbate.i want to do stop these? even i am not interset in praying a god .why these hapennig with me i dont no?please help sir please.</p>	<p>Masturbation is very normal unless it affects your regular activities. During teenage most of the boys masturbate as puberty hits them. It's natural to have sexual fantasies and then masturbate. If your masturbation is effecting your daily activities and it's hindering your work then you should consider changing your habits. First you need to stop watching sexually stimulating videos and pictures. You should find some new hobby, something of your interest as this will take your mind of masturbation. Keep yourself busy. This will help you take your mind of this and sexual fantasies. I hope this works for you</p>
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<p>i am suffering from stomach pain from last three months.doctor told me that i am suffering from stomach infection.after taking the prescribed medicine for fifteen days my loose motion is now under control but from last two days i had 102 f fever in the evening .please give your opinion</p>	<p>Hi, I have read your query and understand your concern. It seems that your infection is going out of control. You need to see a surgeon for a clinical examination and get your total blood counts and urine examination done, along with an ultrasound of your abdomen, to help reach a diagnosis and subsequent management. It could be either appendicitis or diverticulitis or tuberculosis of abdomen. Hope I have been helpful.</p>
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<p>I am suffering in high blood pressure and thyroid problem since march 2014. I taking medicine olmax ch 20+12.5mg, thyryp 75mg, pantakind dsr, etilaam pro 20 and xet cr plus 12.5mg. Now my TSH level and blood pressure are normal condition. But I feeling headache and negetive thinking with depression. pls help me.</p>	
	<p>Degree understand your concerns went through your details. I suggest you not to worry much. It is natural to have headache and depression due to negative thoughts. These are called obsessive thoughts. Brain (mind) is made for its own functions and its duty is to think. From childhood, we learn to think negatively, which shows its colors. You should know that these problems are not mental diseases, but are mental disorders. Many researches and researchers confirm that medicines alone cannot cure mental disorders. Exercise, Lifestyle changes, change in thinking pattern, relaxation etc. are as essential as medicines. Psychotherapy can help you to change your lifestyle and thinking patterns. Yoga and meditation help you to streamline your metabolism and neurological balance. Please consult a psychologist for further information. Psychotherapy techniques should suit your requirement. If you require more of my help in this aspect, Please post a direct question to me in this URL. <a href="http://goo.gl/aYW2pR">http://goo.gl/aYW2pR</a>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.</p>

<p>I am suffering with sphenoid sinusitis. I am being administered with the following drugs- odimont-lc(Montelukast and levocetizine) and a nasal spray-cinase(CICLESONIDE NASAL SPRAY). The doctor told me to follow the drugs for about 2 years. I would like to ask you that is it necessary to use the medicine for such a long period? Can you suggest me for any other way of curing my problem ? I heard some specific yoga excercises are there for sinusitis can help me giving information regarding it?</p>	
	<p>Odimont-LC (Montelukast + Levocetirizine) and Kinase (Ciclesonide) are commonly used medications for sinusitis. All above are usually considered safe for long term use, but it is important to mention that no . 2. Common side effects of montelukast: headache, nausea, stomach upset, etc. minor side effectsLevocetirizine: sedation,</p>

<p>i am sumit pal ,age 25+ suffering from rheumatic heart at the age of 12 yrs .I am taking pencom la12 after 21 days interval .now yesterday when i was going to take it the doctor first test on skin and he saw that allergy creates then the doctor refused to push it on my body. what can i do now ? ecco -cardiography report is grade 1 MR (ECCENTRIC JET), GRADE 1 AR, NO PULMONARY HYPERTENSION.SUGGEST ME SIR</p>	
	<p>Penicillin is the best for the disease, but many patients are sensitive to penicillin therefore we do tests for penicillin if there is allergy in no way we can give this I will recommend you to consult your doctor who's treating you to give some alternative medicine for this there are so many alternatives, but we have to decide according to the condition, so it will be best to consult the doctor who is treating you</p>

<p>i am swami , i am getting a bad smell from my mouth , i will brush my teeth daily 5-10 mins.and i dont have habbit like smokking , drinking and eating pans &amp; soamps. so, how to avoid getting bad smell from mouth and what are the precautions .</p>	
	<p>The bad breath could be because of the deposits over the teeth causing gum infection. Or it can be because of the pus discharge secondary to gum or tooth infection or any respiratory tract infection like sinusitis or gastrointestinal disorders. Consult an oral physician and get yourself examined to rule out these conditions. If it is gum infection get the teeth cleaned once and maintain oral hygiene after that. You can use mouth wash. If it is tooth infection get the tooth restored. If it is respiratory tract infection consult a pulmonologist and gastroenterologist if it is a gastrointestinal disorder. I hope my answer will help you, take care.</p>

I am taking Montec LC tablet daily since 3-4 years because my doctor told me that i am suffering from Allergic rhinitis and whenever I miss tablet for one day ,next day I feel uneasy and symptoms of rhinitis start like headache ,red eyes nasal congestion ,sneezing,cough etc.When I take Montec LC my conditions improves and symptom dissapear. Now my question is uptill how many years I have to take Montec-LC? Is this tablet is harmful if I take for long period? Is there any other medicine for Allergic rhinitis? Please suggest me

HYes, it seems you are suffering from Allergic Rhinitis.Don't panic. Get a total and differential count of blood done, and an X-Ray of Paranasal sinuses. And be on the vigil for things you are allergic to (Oh no, I didn't mean your darling wife. Ha Ha Ha !). On a serious note, avoid exposure to cold. . Take the reports and consult an ENT Specialist. Taking Montcalm for long periods of time is not the remedy of your malady.

I am Tanusree saha.I am 22years old. I study M.Sc.I am 5.5ft & have 50 kg. Now i tell you my problem.I have no self confident,i cannot communicate easily with everybody,with my friends & relative also,i have no friend with whom i share my problem, if i say something to someone(any friend) he or she tells that other friends then i fell very helpless and sorrow, some friends talking between them but when i go there they stop talking i feel why they behave me like that ?in practical class if i asked some one of my enquiries they cannot tell & laughing, i share every thing with mom i think mom who is only one whom i am trust .i commit to memory every lesson if somebody asked that after one weeks i forgot so how i establish in future by job?please help me i think nobody with me?

You are having problem adjusting with your colleagues at work, isn't it. You don't worry much about what people think about you. This is the prime source of the problem. You will be happy once you stop thinking what others are thinking or talking about you. Try to share your personal matters with your trusted friends' ad this will come with good judgement and experience. Just be calm. Take things slowly. You will surely be able to make it. Have faith in yourself. Good things come to those who wait. Try to concentrate on your work. Try slowly to start smiling at everyone and being social and friendly. If you attempt to do this you will start feeling confident. Your mother is now your strength, but you will improve your confidence only when you start to take small steps in doing what you are afraid to do. It will be stepping stone for you in your affairs. Once you socialize without depending on anyone this will make you more approachable and many will want to be your friend. This hard time will pass, and good times will come. GOOD LUCK !!!! Smile and be happy and crack jokes as well. This will make you more popular. Keep everything else behind you and forget the past. Start fresh.

I am Tanusree saha.I am 22years old. I study M.Sc.I am 5.5ft & have 50 kg. Now i tell you my problem.I have no self confident,i cannot communicate easily with everybody,with my friends & relative also,i have no friend with whom i share my problem, if i say something to someone(any friend) he or she tells that other friends then i fell very helpless and sorrow, some friends talking between them but when i go there they stop talking i feel why they behave me like that ?in practical class if i asked some one of my enquiries they cannot tell & laughing, i share every thing with mom i think mom who is only one whom i am trust .i commit to memory every lesson if somebody asked that after one weeks i forgot so how i establish in future by job?please help me i think nobody with me? i have pain in bowel .

You are having problem adjusting with your colleagues at work, isn't it. You don't worry much about what people think about you. This is the prime source of the problem. You will be happy once you stop thinking what others are thinking or talking about you. Try to share your personal matters with your trusted friends' ad this will come with good judgement and experience. Just be calm. Take things slowly. You will surely be able to make it. Have faith in yourself. Good things come to

those who wait. Try to concentrate on your work. Try slowly to start smiling at everyone and being social and friendly. If you attempt to do this you will start feeling confident. Your mother is now your strength, but you will improve your confidence only when you start to take small steps in doing what you are afraid to do. It will be stepping stone for you in your affairs. Once you socialize without depending on anyone this will make you more approachable and many will want to be your friend. This hard time will pass, and good times will come. GOOD LUCK !!!! Smile and be happy and crack jokes as well. This will make you more popular. Keep everything else behind you and forget the past. Start fresh.

I am trapiti. I am very fair in color and getting married in november. i am having facial hair and do wax on that.due to this i am having open pores and acne scars .One of my beautician has advise me to take treatments and given home care , but i am worried it would work or not and its too costly.she has given me products and treatment of cheryls s

Hello. Waxing facial hair cannot give rise to acne scars or open pores. Acne scars occur following acne. No Cheryl products can treat acne scars. Scars have to be treated with a procedure like lasers or microneedling. For open pores application of retain A cream applied once at night will be helpful. Application of the cream on affected areas only at night should be done. Please let me know if you have any queries.

I am type 2 diabetic. Sofar I used to have glynasemf twice a day. Just 5 days before I went for Blood test. It is FS 220 and PL 256. Then my doctor adviced to take Triglycomet twice a day. After 3 days again went for BT then FS 214 and PL 265. My diet is very simple. Morning 2 glass Ragi Malt Lunch 1 Small Box Rice Dinner 2 Pulkas. Now my problem is how to control sugar through PILLS

Hi dear I read your problem of uncontrolled blood sugar level i.e. type 2 diabetes mellitus. U told that u took GLYNASEMF TWICE but your blood sugar not comes to under limit. Then u took TRIGLYCOMET TWICE but it also not control your blood sugar level. U must go to the planetologist and Haitian to controlled your sugar level. IN MY OPINION U MAY TAKE AYURVEDIC MEDICINE ALONG WITH THE ALLOPATEDICATION .THIS WILL REALLY DOWN UR BLOOD SUGAR LEVEL.BUT ALSO TAKE SOME PRECAUTION THAT ARE AS FOLLOWS-1-U WILL AVOID ALL THE VEGETABLE WHICH GROW BELOW THE SOIL.SOCIALLY POTATO.2-U R TOTALLY AVOID RICE OR STARCHY FOOD ITEMS IN UR DIET.3-U ALSO DONOR TAKE ANY FRUIT JUICE BECAUSE IT READILY ELEVATE UR SUGAR LEVEL.PAPAYA CAN BE TAKEN.4-U WILL GO TO THE MORNING WALK IN SPEED MINIMUM FOR 30 MIN. THIS WILL BE MORE BENEFIT FOR U.5-U DECREASED UR DIET QUANTITY BUT INTERVAL INCREASES.6-U can take some ayurvedic medication that isFatrikaddi quoth 40 ml BD before taken meal Chan . d.sGuddmarr Purana 1tsf bdAamlaki Malayan 1tsf ideal juice 40 ml b.d U can add jeers , cereals in your chapati it will also help in lowering blood sugar level. THANKS FOR QUERY.

I am undergoing treatment for acidity from last 6 months even-though my endoscopy report is normal but i feel mild itching on entire body particularly head feel like some worm is crawling and i used to do heavy exercise before treatment so there is heaviness on my chest and neck

Avoid hot and spicy food. 2. Avoid large meals, instead take frequent small meals. 3. Avoid stress and anxiety. 4. Start proton pump inhibitor. 5. Go for walk after meals. 6. Keep 2 - 3 pillows under head in the bed.

i am using levolin Respules for my baby (7 month old) through nebulization. baby having cold and cough from last 2 days, last time doctor told us to use this. maxtra drop for cold and nebulization

(levolin respules) my question is it good to continues use in case of cold and cough ?. is there any side effect ?. please suggest me. my mail Id is YYYY@YYYY Thanks Ajay

Hi, If is safe to use if indicated with no significant side effects. You may continue with this, but you need examination by your doctor to assess the condition of your baby, need of nebulization and also need of any other medicines besides these medicines. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questionsTake care.

I am using lomela since 5 months. I am addicted to lomela cream can you please tell me that if i stop using it thn after how many days should i start using another creams like fair and lovely, borolin, garnier etc. And shall we use cold cream while using lomela?

Hello. Thank you for writing to us at The cream that you are using is a prescription product and is a combination of HY . Together this combination is gold standard treatment for facial hyperpigmentation.However, this combination should never be used without supervision of a doctor or dermatologist. It should in any case never be used for more than 1-2 months, regularly. Tretinoin and HY

Input	Output
<p>I am Vejay and my age is 26. I am sexually sensitive towards girls and get erection most of the time talking or seeing them, its out of my control. A few days ago I started passing urine with a sensational desire to pass more with a little burn in penis and a little pain / disorder in lower abdomen. My Dr. dignosed it some infection (UTI pehaps) due to too much errection for longer duration. Gave me Citro-soda and tablet containig (flavoxate hydrochloride B.P 200mg). 1 - Is this cure Ok ? 2 - Does to much errection cause urine disorder and irritation ? 3 - I am feeling quite well now after only two dosage but feel irritation while having errection, will it be ok ? 4 - In normal days, I somtimes feel pain in testicals and lower abdomen after longer errection, is it natural ? I rarely masturbate though and get orgasm while sleeping ocassionally. Thank you,</p>	<p>HAs you are suffering from urinary tract infections, and for that nitro soda and tablet Favorite is advised, so continue that medications. You can do urinalysis and urine culture sensitivity test. Along with that you can take tablet Of lox OZ and syrup Vital after urologist consultation. Regarding erection problems, I will suggest you to review here with detailed history or consult with the sexologist for detailed examination. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>I am very unhappy, because I have two kidney stones in the left and right kidney. In the left kidney there is 6mm size of calculi in the midle calyx. Yet Sir, In the Right kidney there is 12mm size of calculy in the Lower calyx. Actually Sir, I have found pain in the area of abdoment and upper chest of right side. Firstly I want take out the kidney stone from right kidney. problems in here, Please help me Sir , How to removed stone in this condition. Write me the nessecery process, God bless you sir.</p>	<p>HYou can consult a urologist and get the stones removed. You can go for ESL(Extra Corporal Short Wave Lithography) where the stones are removed using high frequency sound wave without making an incision. Sometimes pain related or kidney stones may radiate upwards due to common nerve supply. As of now you can take analgesics like paracetamol or Ibuprofen. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>i am very upset for my habit that is masterbating i cannot overcome by masterbating. i feel that my memory power is getting low n low &amp; lack of concentration in my studies can u help me with homemade tips bcoz i m unable to buy some medicine i want to recover my whole body effected by masterbating sir pls help me</p>	<p>Hello dear, I read and understand your concern. Masturbation never causes you weak in any way. It will never harm you in any way. I advise you should do it. When you do not do it you won't be able to concentrate. Once you do it your mind become free, and you can do it whatever you want to do it which includes study also. It is also a false belief that your body becomes weak. It won't affect the body in any way. I will be happy to answer your further concern onThank you, Infectious diseases specialist, .</p>
<p>i am Vinod N (age: 24) from Bangalore. I have been experiencing hair loss past few years. I started taking my hair treatment from Cutis hospital in Bangalore itself. i finished first coarse, didnt experience ny side effects. now i have got new medication from same doctor which includes tablets like Finabald, Alobicol, tarryshine shampoo and Mintop forte solution 5%. I heard some people giving negative reviews abt above mention tablets especially Finbald which is associated with Sex and sexual activities dis functioning. I am now afraid to take this medicines. Kindly help me with ur suggestions and guidelines. Thank you Vinod N</p>	<p>I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, cosmetic products etc. From your description, it seems you might</p>

be having Male pattern hair loss or An . If I were your dermatologist/trichologist, I would like to take through history including family history, history of recent major trauma/illness/stress/medications etc., and recommend some basic investigations like CBC, blood sugar, Thyroid function test. I would suggest you a course of oral tablets containing biotin and other essential vitamins and minerals for minimum 3-6 months. Also, would put you on solution containing 10% minoxidil once a day and a hair serum containing peptides for hair growth at night.(Q era etc.). Finasteride (Final) can be used in selected patients after thorough counselling and checking your liver function. Finasteride, inhibits metabolism of testosterone at hair root level. It sometime leads to embarrassing side effects like impotency, decrease in semen volume but which are totally reversible on stopping the

I am working in a motel as a front desk clerk, my height is 180 cm and my weight is 115kg, i have a problem started from 2 days, i have pain on my tail bone near to coccyx in between the butt, not exactly on the butt, it is on the tail bone near to my coccyx.

Your age please? This treatment is being suggested on bases of the information provided. I would like to examine & investigate you in detail.X-ray of tail bone is indicated. Rule out Hypertension, Diabetes or any other metabolic disorder. Any way you may try---. Looking Plus (Mankind) [Diclofenac 100Å mg +Paracetamol 350Å mg] 1 tab. OD & SOS. X 5days.--. Calcified plus (Mankind) 1 tab OD x 10days.(You may need help of your local doctor to get these medicines.)--. Sit in a tub of warm water for 15-20 mints.--. Avoid constipation.--. Sleep on a hard bed with soft bedding.--. Avoid painful acts & activities.--. Do perineal exercises --.(Take help of a physiotherapist or visit WWW. . Com). Do not ignore, let it not become beginning of a major problem. Do ask for a detailed treatment plan. If no relief in 2-3 days, contact me again. (phone.91 xxxxxKindly make sure, there is no allergy to any of these medicines. (Contact family doctor, if needed). For emergency treatment visit the nearest hospital.-Hope I have answered your question, If you have any further question, I will be happy to help.-Kindly rate the answer.-Wish you a quick recovery & good Health.

I am worried about my liver. Bilirubin is 0.8 but ALT - 244, AST - 146, Aklaline Phosphatase is 118, and GGT is 186,( protin, albumin, globulin is normal), Urial -Serum is normal, Creatinine -Serum, uric acid serum is ok. why the those are too high? Whats is the cure?

HelloSign ALT, GGT and AST may indicate liver injury. It may be due to many reasons like hepatitis, alcohol intake, altered lipid profile, medicines,autoimmune causes etc. You may need clinical evaluation and investigations like routine hologram, viral markers, random blood sugar, lipid profile, ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg tablet twice daily for three months. It helps in regeneration of liver cells. You may need few more medicines after complete evaluation. Get well soon. Take Care .

i don t know english well so forgive my grammer mistakes. well, actually the problem that the docter prefer some tablets to my mom for some venter problems , after taking the medicine my mom feeling, like something burning in her trachea.please sir if you describe the problem we be very thankfull to you.

Avoid hot and spicy food. 2. Avoid large meals, instead take frequent small meals. 3. Avoid stress and anxiety. 4. Start proton pump inhibitor. 5. Go for walk after meals. 6. Keep 2 - 3 pillows under head in the bed.

i feel pain in my heart everytime i smoke, even i have tried to decrease it to once a week but it still happens after smoking. can you please tell me the possible reasons for this? and yeah for a a little background check i have started smoking 4 months back and smoke one cigarette a day which as i

said i reduced to once a week. is it necessary to consult a physician immediately and do ECG or quitting smoking will help solve the problem?please help. and yeah i am 21 years old.

Hello! Thank your for asking on ! Regarding your concern, your symptoms do not seem to be related to the heart. You are too young and with a short experience as a smoker, to have symptoms related to chronic smoking like angina or coronary artery syn . I think that your symptoms may be related to other causes like anxiety or musculoskeletal issues. I recommend you to perform a resting ECG and routine blood test, kidney and liver function tests, blood electrolytes, and a chest x-ray to exclude other causes. Meanwhile, I recommend you to avoid smoking, if this is the only triggering factor of your symptoms. Hope to have been helpful! Greetings!

I found myself in lower abdomen ultrasound that seminal vesicles are prominent with multiple retention cyst . I have incontinence problem also , premature ejaculation problem , pls suggest me proper advice , kidney , prostate and urinary bladder are normal , no cyst is seen in them or no deformation, I m waiting for your reply

HelloThanks for query. The other structures like kidneys, ureter being normal Cysts in seminal vesicles are mostly due to obstruction of Ejaculatory duct secondary to infection of itself or prostate. Please consult qualified Urologist for evaluation and get further test like MRI and Seminal Vesiculogram done to find out the cause of retention cyst. Further treatment will depend on on underlying pathology detected in tests. .

i got hit by hard tennis ball to the penis shaft today morning.luckily it was not thrown by tennis machine .and just by spin baller.but i got hit.after hiting i get vomitted.and then it start paining.but now at evening pain is gone.only when i touch right testis mild pain occur.does there is necessary to worry

HelloThanks for your query, based on the facts that you have posted it appears that you have injured your genitals while playing and had pain in penis and testicle which eventually subsided without any treatment. Vomiting that you had was reflex vomiting due to severe pain which is very common and nothing to be worried about it. Now you have mild pain in Rt testicle, Please take painkiller like Broken for a couple of days. It should get cured and nothing to be worried about. .

I got married in december There are some conflicts in my family. Mine is a love marriage. There are some issues with family backgrounds and culture. These differences are hurting bad. My family is acting absurd and this set up is affecting my wife s mental stability. Kindly help me with your kind advice

H I have gone through your question in detail and I can understand what you are going through. Counselling and supportive psychotherapy with interpersonal therapy will help you in this regard. Get hold of a good psychologist who can help you with these problems. Hope I am able to answer your concerns. If you have any further query, I would be glad to help you. In future if you wish to contact me directly, you can use the below-mentioned link: .

i got married two months back. ques after intercourse,while i am removing my pennis from my wifes vergina,there is some amount of semmen coming from my wifes vergina. ( usually i will remove the pennis after 10minutes of intercourse) i am having doubt that wether my semmen has entered in virgina or not. is there any problem.

Hi, How are you doing ? That is absolutely normal. Normal semen volume is 2-5 ml of which sperms are only about 0.5ml. Normally initial semen will be liquid, within few seconds, it will become thicken & then within 30 mins it will liquefy again. Inside body, on ejaculation semen will be liquid, it will be thrown onto the cervix, it will stick on cervix, for 30 mins during this time sperms will move in. Then rest of the semen has to fall of, If all the semen goes in, it will cause severe pain. So don't worry, you are okay. It's a misconception that all semen has to go in. After sex, remove penis, let wife lie down for 30 mins with pillow under hip, turned to one side. Then, when she gets up, little



may flow out, just wash the part that flows out with water. Don't use soap RO any chemical. They will kill sperms Hope I have cleared your query, do write back if anymore queries the best .

I got viral fever from last 3-4 days. Symptoms are joint pains, muscles pain, eye redness and some time feeling very cold, making me restless. I am taking paracetamol. Please suggest what should I eat in this condition to get well soon. Thanks Puneet

Not only viral fever but any other type of fever can make our digestion weak, so it is always advisable to have mild, bland diet. Avoid spicy, oily food & outside eatables items. Increase the contents of milk buttermilk & curd in food. (better to have curd/buttermilk rice rather than DAL rice. ) . Increase the contents of fruits in the diet. Better to have fresh whole fruits rather than having fruit juices. Apart from diet my advice would be if you have not taken any medical consultation then it is very important to have at least one visit to your physician who after examining will guide you about the investigations if required. As in the viral fever there is threat of having low platelet counts it is important to get it checked. Caution : Be attentive towards any kind of blood loss from anywhere from body. If you notice any kind of blood loss rush to the doctor.

i had a fit on 3 august as i went to vaishno devi 2 times with right side frequent movement i consulted the doc with eeg and mri all reports show no traces of convulsion he prescribed me levipil 500 i feel very lazy after taking it please help me what should i do?

Hi will suggest you to continue the level. The presence of any clue in EEG and MRI brain is not mandatory for diagnosis of epilepsy. Two events are mandatory for diagnosis. It's best to get a mobile video or CCTV video of fits, and you show it to your physician or a tell-tale story word by word as seen by any person who was accompanying you at that time to be told to your physician. If doctor is confident that you had fits only then he has prescribed you anti-epileptic. Mild laziness do occur with all anti-epileptics. If you can't tolerate it, your doctor will either reduce its dose or he will switch you to some other . Hope I have answered your query. Let me know if I can assist you further.

i had a tb doctors said but i started to take a medication from 2 months my aim is to go to gulf/us/ countries for a job my problem is that iam having a scar on a lung ,& i ve heard that the scars must not be present at immigration or health check up on the lungs how to remove scars on my lungs

Almost all lung infection (specially tuberculosis) heal with either fibrosis or calcification or both. Very rarely complete resolution is seen. So fibrotic scar lesions after tuberculosis are common after tb. They will remain as it is throughout the life. No treatment is required and hence not available for these scars because these are inactive, non-infectious lesions. No . For visa purpose, we need to prove that these lesions are not active infectious lesions. For this, you need to consult pulmonologist and get done CT thorax with Contrast and Bronchoscopy with BAD analysis. If both these are negative for active tuberculosis then no need to worry about tuberculosis. By this you can argue with visa authority about not having active infectious disease. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

I had done CT scan of chest. which shows - Accentuation of the Bronchovascular marking seen in bothe the lung fields with small consolidation in the left upper zone with well defined hypodense mass in the left lower zone with calcified margins measuring 4.4 cmX5.7 mm in size. Please suggest

Hi, Your having pneumonia in the left upper part of lung and a mass in the lower part of lung. It may be pulmonary nodule (benign or malignant) or hydrated cyst or aspergilli, etc. Until examination is done it is difficult to say what it is. Please consult your pulmonologist/oncologist they will examine and treat you accordingly. Hope I have answered your query. Let me know if I can assist you further.

I had eaten some biscuits which I later discovered to be chances of eaten by dog from the same packet .the animal did not bite me but as I suspect that the dog might have taken few biscuits from the same packet and later on I took few biscuits .Is there any chances of rabies transmission . I am in fear .the dog was a stray dog and sure to be not immunized.

Take 5 doses of antirabies vaccine as per the schedule2. Observe the dog for 10 days if possibleThese measures will help you to protect yourself against the disease rabies. Thank you.

i had exposur 2 months back weared condom but it was of small size ,after two weeks i developed pain abdomen and diarrhoea, in the initial episodes my symptoms subsided with use of antibiotics( within 2 days )after 2 to 3 days of stopping antibiotics my symptoms restarted ( so restarted those antibiotics and many other drugs for 10 to 15 days ), however my diarrhoea subsided but am having persistent pain abdomen since last 2 months with ocassional loose stools, its crampy pain diffuse, increases with intake of food only during day time,lost some weight also but no fever ,cough, sore throat, lymph nodes,thought possibility of HIV infection done HIV testing after 21 days HIV PCR RNA - below 20 copies. westernblot - non reactive HIV CLIA -Non reactive so my doubts - 1 Above results indicate am not infected ? 2 How much should be the HIV RNA levels in early infection at 20 days ? 2 Are my symptom persistent pain abdomen with ocassional diarrhoea s/ 0 acute HIV infection ? 3 How common pain abdomen and diarrhoea in acute hiv infection without fever or other symptoms? 3 Are my symptoms related to medication side effects / food poisoning / anxiety ? please interpret my results and advise further.

Hi.Thanks for your query. Noted your history of sexual exposure but with condom which acts as a good barrier. You developed diarrhea and loose stool which has continued for 2 months. HIV tests, western blot and CIA done all negative. I would advise you the following:First stop worrying about something that you do not know of and follow the advice of your Doctor. Consult the HIV/ AIDS center for counselling and further examination and tests. Another important point you have mentioned is loose stools and pain in abdomen. The possibility of HIV causing this is definitely worrisome, but if the tests are negative, I would advise you the following:Repeat the tests for HIV. Stool tests for three consecutive days. Tests of blood, particularly for thyroid function tests and diabetes are a Matthias will give further lair diagnosis and a plan for proper treatment.

i had my seizure for the first time this 28th june when i was traveling to US AND WAS DIAGNOSED WITH NEUROcysticercosis . the parasite was presumed to be dying as a result of this occurrence. the dexamethasone and keppra medication is what i m consuming. is there any ayurvedic treatment as my problem is very minuscule but the drug keeps me sedated and under its control at all hours.i m 44 years old ,jogging and active life style vegetarian male. these drugs seem to be creating more harm than good and in longer run they may harm my system. kindly advise me.

Hi It is very strange that inspire of being so active and vegetarian, at 44 years young age you have been diagnosed with Neurocysticercosis. Actually that doesn't have to do anything with age. Neurocysticercosis, is caused by infection with the larval cystic form of the tapeworm, Tania sodium. How it travels to our blood stream and to brain and leads to seizures, is a different story. In Ayurveda this is cause of this disease and heart interlinked with mind is primarily effected. Some physical factors as constipation gas in stomach & impaired digestion system are precipitating factors, THE aim of Ayurveda is to correct nervous system and strengthen the heartbeat I want to know is, what are the symptoms you felt during the attack, Did it start in fingers and toes ?, Thumb turned inwards during attack ? Any previous history of skin disease -Suppressed, at any age? Started with headache ? Any head injury at any age ? Worse touch or jar ? Any cramps or convulsions etc.? Are the few queries to be replied by you for proper prescription Meanwhile, I will suggest you to take Homeopathic Selenium 30 / 3 doses after 1/2 hours gap first day, to remove the effect of sedatives and Cup rum Met 30/4 hourly, for a week In Ayurveda Brahma & Dacha are

recommended to correct nervous system and strengthening the heart Other things to be taken into consideration are Diet-- should not be pungent strictly, simple nourishing food, fruit, veges and fibers are essential Intake of adequate amount of water Use of less salt and less mental strain of all types should be avoided. Should keep busy so that don't get time to brood over illness or your past. Massage of head and soles of feet daily with Til oil will ensure recovery fast. Walk Yoga, Deep Breathing , Bravery & and Anglo film are helpful in strengthening mental power Hope this will help you in removing your woes. Keep in touch with your treating doctor regularly. All the best Take care Don't hesitate to come back if you have any further query

i had panic attacks for last 2 years, i take nexito 10 and its not regular but i take it with a gap of 5 or 6 days, the reason is that i want to quit taking nexito and when i feel vertigo i take it. However for last few days i am facing issues with my blood pressure as it rises to 160/100 and extreme anxiety , i went to seek a doctor and he prescribed me aten 50. Plz tell me what should i do now?

Hai adeelk1001 silent featurespanic attack irregular medication raised BP episodic Raised BP is part of Panic attack however to rule out Hypertension u need to check BP at 3 different days when it would be consistent Next i.e., Escitalopram have no use if taken irregularly panic attack occurs in several conditions. So I suggest u to first meet nearest psychiatrist and get evaluated whether u have panic disorder. If so Paroxetine would be better . I advice u Do not self-medicate

Input	Output
i had protected sex on 22nd, bt due to doubt i consumed ipill. On 1st or 2nd there was bit of bleeding but it wasn't regular, my periods are due on 16th but it hasn't arrived yet. On 17th again we had protected one, but condom tore off. I did not consume pill this time. What should i do?	Hello dairy understand your concerned not worry Chance of pregnancy is less. You did sex in safe period of cycle (22nd and 16th both are safe period)I pill also highly effective in preventing the pregnancy. I pill contain high progesterone.Little bleeding was a progesterone with . I pill also cause delay in period by the 1-2 week as it cause prolongation of second phase of the cycle. So delayed period could be due to I pill. Wait for the periodMeanwhile avoid stress, take healthy diet,
i had unprotected sex with my gf on 16th august i.e one day after her periods got over . she is supposed to get her menstruation at 3rd sep .its 7th sep today .is there ny chance of pregnancy?????And also we did unprotected sex on june same year but she took U-72 pills after a day after the sex. So is delay in period happening because of this pill nly????/Plzzzz help us and suggest a suitable measure as she is very much worried. We dint take ny pregnancy test. n if at all pregnancy test comes out positive then what shud we do???	Hi, Let me understand better: you are saying that all the pregnancy test come out positive is this true? If this is true, then, your GF is pregnant. However, if the tests are negative, I would suggest to wait for some other days and then, you can repeat the test. Usually, when women get delayed periods, it is recommended to wait up to 10 days from the due date to do the test. Once the pregnancy is confirmed, I would recommend visiting a OG for further assistance. Hope it helped!
i had unprotected sex with my gf on 9th november and after 3hr i took her unwanted72.she took a lot of pain.Her period date was 13th octomber.we dont want to baby so she is safe?Have i got her new dose of second unwanted72 or i-pill?Replay me fast as soon as fast.	HelloThanks for writing to us with your health concern. When taken within 24 hours of unprotected intercourse, the emergency contraceptive pill is more than 95 % effective in preventing a pregnancy. So your girlfriend is protected against pregnancy, with only a 5 % chance of failure.  There is no point in getting a new dose of emergency contraception. That will only increase the side effects. If she misses her period, take a pregnancy test. In general, the risk of falling pregnant is very low. So do not worrywart care.
I had unprotected sex with my wife two months back and we had opted for contraceptive pill. At the time of her first periods the bleeding started on the normal timings but now the second period is getting delayed. She is already 2days late. Is there anything to worry about. Till when can i expect the second month period??	Hi Hope this message finds u in good health. I have gone through your msg and understand your concern.it may be due to some sort of hormonal imbalances or variations in the body, though there may be other reasons as reclothing to worry about, You should eventually get back to normal. Take multi vitamin and calcium supplements Do consult a gynecologist if symptoms worsened back to me for any FOLLOW-UP QUERIES anytime. .(MBBS, MS,MCH)
I have 2 son 1 is 3.5 & 2nd is 7 the month both are regular suffering from cold & caught and taking prescribed medicine by doctor getting normal for 2 or 3 day s but next again suffer by cold & cough so sir what would be ur suggestion ? Pl se ansr me -----	Hello dear, I read and understand your concern. Cough and cold in children are because of the viral infection and need not requires antibiotics therapy every time. It will be given only once. Since both the children are kids the infection is keep rotating in both of them. So symptomatic treatment is required for both the person. You can give both of them paracetamol suspension and chlorpheniramine suspension. The combination is available in the market. Please take the advice

of your doctor before you take the . Please give them good hygiene practice. Good handwashing and keep the handkerchief while sneezing can prevent the cross infection to one another. You can also keep both of them separate while sleeping this also prevent cross infection. Give them one glass milk or one egg daily. This will help to boost up their immunity. I will be happy to answer your further concern on

I have 3-4 small & big lumps or muscles bolt in my stomach area, waist area, 1 on thigh & 1 on arm. When I am pressing them, its paining in that lump/ bolt only. I do not have any kind of other problems. I do not take any kind of tobacco items except rare beer monthly may be once but not evrymonth , sometime. I am gym guy & do regular exercise. My height is 181cm & weight 78kgs & 32yrs old. I would greatly appreciate if you could suggest me what kinds of step i should take. Can I go for x-ray, what kind of xray. Kindly suggest me on this. Thank you!! Sincerely, Kailash

You get all the lumps out of the body before they get slowly enlarged.2. You get a certain diagnosis. Do not worry-the other ways is to get the following lumps out of the body:-Enlarging suddenly-Become painful-On joints-In muscles.Otherwise, get a confirmed diagnosis and relax. Remember there are no medicines for such a condition, hence do not try anything.

i have a bad habit mean hp during hp iam free within 1mnts next 3 month my maraige ceremony will be so i want to some information from u that how i enjoy my marraige life i have no control in my this habit .can u give me some suggestion/advise to controll it

Hi, In my opinion to control masturbating you should understand the route cause for its addiction. Which is neurotransmitters like dopamine and endorphins are secreted during masturbation which is addictive. You can also produce these neurotransmitters by indulging in aerobic exercises and doing things that will make you happy like listening to good music and eating foods you like. Along with a good will power you can await an exciting married life after 3 months. Take care. Hope I have answered your question. Let me know if I can assist you further.

i have a big problem from many days i can say from many months that if i talk to any girl are to my girl friend on mobile my sperm come out automatically and if i watch any sex movie are at least a romantic kiss the water comes out and in a week 2 to 3 times night fall happens and my size also not increasing the size is very small and ones i have done sex with my g,f after that my back and my legs are paining too much i just can express woh i felling that whole night next year my marriage is fixed so can u please help me out what is my actually problem what should i doo and how is my future life and if i married who is my married life iam waithing for u r answer thanking you sir

Degree understand your concerns went through your descriptions. I suggest you not to worry much. Ejaculation on talking to a girl is not actual ejaculation. It is just lubrication. It happens to every man. Nothing to worry. Night fall happens because body want to eject the excess sperm. You are very romantic and sensual. Your body produces excess sperm and body want to release it. Body finds the easy path and that is night fall. Again nothing to worry. Size of penis is not at all a matter of concern. Even a 2-inch penis (erect) can satisfy a woman, and you definitely have it. Again nothing to worry. I can assure you that these conditions are not at all harmful to your martial life. You will enjoy it. All these are unnecessary thoughts. The pain is not actually there. You are anxious, and therefore the pain is in thoughts. You might need psychological counseling., I am more than happy to provide telephone psychological counseling through . Contact me through customer care, www. .com. Hope this answers your query. Available for further clarifications. Good luck.

i have a daily loss of sperm during night while i sleep it is from 6 to 7 years and now my present

age is 18 so give me a medicine name to stop this loss of sperm please help me out of this problem i have never said this problem in front of anybody

Degree understand your concerns went through your details. There is nothing called loss of sperms.

Your body is capable to produce healthy sperms even up to the age of 80 years if you are healthy otherwise. The term loss of sperm is a myth. Your body produces sperm cells whenever you are sexually aroused and stores it within your body. Such a stored product is a waste for the body.

Body will try to throw it out. If you do not masturbate or indulge in sex, to ejaculate the stored sperm, body will find its own way to throw the waste product. Usually body throws out the stored sperm through night fall (nocturnal ejaculation) or through urine. This is a natural procedure, and you have no control over it. You are just 18. Please stop worrying about all these and concentrate on your education and career. If you require more of my help in this aspect, please use this URL.

<http://goo.gl/aYW2pR>. Make sure that you include every minute detail possible. Hope this answers your query. Available for further clarifications. Good luck. Take care.

I have a friend who just entered the second stage of blood cancer. He skipped his prescribed medicine once which led to severe blood vomiting. Is this condition curable by treatment? I do not know much about his condition but I just wanted to ask whether such kind of conditions are curable or not.

Hi, Thanks for writing in. Blood cancer is of many types and the treatment depends on the type of cells which are causing the cancer. If his disease is in stage 2 then chances of recovery are high.

He made a mistake by skipping the medicine even if for a short time. He must strictly follow recommended treatment. He is still in early stage and with follow up and treatment he might get cured in a year or two. However, it is important to maintain good general health during treatment.

The treatment for blood cancer involves chemotherapy and this can cause some side effects.

Missing treatment can cause cancer to progress to advanced stage and delay recovery. Please give support to your friend and help him get treated. Please do not worry.

I have an issue with my skin. My skin is getting tan and even getting minute black scars. I don't expose much to sun nor travel on two wheeler to be affected. But I can feel my skin is getting really dark. Please suggest me some lotion or fairness cream to eradicate the problem. Thanking you, Raghava.

Wash your face in evening around 7.2.3. Keep it for one hour.4. Wash face again.5. Apply some moisturizing cream and sleep.6. In morning apply a sunscreen with SPF at least 30. Do this for a month, you will see the results. Let me know if you have any other doubts. Thank you

I have a pain just below my rib on the right side it hurts when I sneeze or cough. So what is it that you do for relief. It actually takes me a few days to go. and took a deep breath, the pain felt like a bruise-type pain that wouldn't go away. on right side under lower rib was a dull pain feeling like a bruise

Pneumonia2. Tuberculosis3. Pleural effusion. So get done chest x-ray to rule out above possible causes of pleurisy. If chest x-ray is normal, then no need to worry much for all these. It is just due to muscular pain. Coughing and sneezing can cause over activity of intercostal muscles. So they can produce pain on coughing and sneezing. So take painkiller and muscle relaxant for relief.

I have a problem of asthma. even I have allergy of many things. following problem always remain with me (cold, tears in eyes (due to cold), cough, underweight ) I want to know what things I have of allergies. can u suggest me good and cheap allergy testing lab in bangalore. which all the test should I do.

You could be allergic to pollen, dust, smoke and probably certain food items as well. Use handkerchief when passing through these areas. You should consult an ENT Surgeon to evaluate if you have allergic rhinitis. There is good medicine to prevent further attacks. You can try taking

Cetirizine at night for relief. Apply nasal decongestant . Keep warm. Avoid eating cold things. For eyes, you should see Ophthalmologist and probably certain

I have a problem that once I take a tablet for fever and it caused me alergytic. I consult a doctor and he said I am alergytic to quinolone antibiotics . After that there is a black mark below my lips . It happened one year ago. Till now that black mark is there. Is there any solutions for avoiding that mark. ?

Hi there Arun. Dermatology is sadly a very visual field & as such, one would prefer a clear digital image of the lesion & you may upload it on this website using the upload data icon to the right of your screen. You may alternatively try to use a Comic acid based cream in the evenings & a sunscreen in the mornings for best results providing you are not allergic to any of the creams components. Remember to use the sunscreen from dawn to dusk & reapply when sweating or bathing or washing & to be applied each 3-4 hrs.else the pigment lightening cream will cease to be effective. Good luck & here's to a clear skin soon!

I have a query. Can these birth control pills or pregnancy control pills (like MALA-D) hold pregnancy for 1 or 2 years? means if any lady being pregnant can avoid pregnancy for how much time through these pills. Can it be more than 1 year????

Dear member, Birth control pills also known as contraceptive pills if used regularly are very effective in preventing pregnancy. If the lady who is consuming the pills is a young lady (To answer your second query regarding lady being pregnant and wants to avoid further pregnancies I assume your query is regarding the use of birth control pill after the lady has delivered her child and doesn't want another baby now. MALE d cannot be used in lactating or mothers who are breastfeeding. In such a scenario I would usually recommend other methods. Kindly get back if you have more doubts on this issue. Thanks. .

I have a query. I am 26, still getting pimples on my face and back regularly. I have taken treatment 2 times before and recently shown to other Dermatologist . He suggested me to take Doxylab tab, Beplex Forte tab and to apply Deriva MS Gel. Also I have marks on my face. Last month suddenly I got many pimples on my face. Please let me know, it this problem curable and how long it will take to get all marks cleared. Thanks, Neha

Dear NEA, 26 is the novel 16! Smile I note your age & your treatment history. However, it needs more than this to formulate an effective acne treatment regime. This is usually tailored to suit individual needs.so please consult a dermatologist near your place, or you may consult me privately if you so wish to through this portal. Firstly, one needs to evaluate your goal.if my understanding is correct, you desire clearance of both acne & the marks left behind. Second, you need to do a battery of tests assuming we will start you on systemic isotretinoin therapy as a definite treatment if one can call it this. Please check the details of the medication & the side effects & precautions et al. (as the blood tests required are tailored with these in mind) with your treating doctor. It may take anywhere from 3-6 months for a decent result & your treating doctor again will be best placed to discuss this with you. Cheers & all the best.am sure you will do well with this treatment. Reads.

i have a small kidney in measures 73 \* 34 mm, with slightly irregular contour.corticomedullary differentiation is maintained.mild fullness of pelvicalyceal system noted.no evidence of calculus seen.and my right kidney normal in size,work properly. sir,what can i d

Hello . As a Urologist, let me advise you that a small kidney, means it has reduced in size. There are various reasons for the same. Irregular contour means the normal shape and border of kidney, is altered, usually due to chronic infections. Fullness of urinary system within the kidney is seen, which suggests slow . You can clear any other doubt, by directing the question in my name here.

Wish you well.

I have a white pimple like thing on my scrotum .I have 3 pimple of which one is large one .it is been there from almost 2 years .I don t face any problem because of the same.I though it will go by its own but they are stable in size and shape.sir pls give ur suggestion for I am very worried about the same.is it any std? And is thr any home remedy.?.pls reply sir .thank you.

HelloThanks for query. Based on your statement it seems that you have 3 lumps on your scrotal sac for 2 years. These are most likely to be Sebaceous Cysts The scrotal skin is rich in sebaceous glands and hence prone to get more sebaceous cyst due to accumulation of sebum beneath the skin. Normally they fade away without treatment however they need to be treated if increase in size or get infected. Start taking broad spectrum antibiotic like Definite along with anti-inflammatory . If problem persists consult qualified General Surgeon for clinical evaluation and further treatment. You may need to get the bigger cyst excised in Toto under local anesthesia.

i have afected by multiple limpoma. i it to control ? i am just 24 years old. i my side i am possible to control by doing pranaym.i has to experince doing control the limpoma by pranayam regurarly.sir is it possible to remove limpoma come in same place againe. and how many it live in human body

From your statement it seems that you have consulted doctor to reach a diagnosis of lipomatous doctor/surgeon will guide you for best method of treatment these are usually benign slow growing tumor sit is slow growing and if multiple may think for surgical removal for any of its pressure symptoms or its look role of Panama in treating the condition is not definite one will have to be accustomed to it

i have an allergy to mosquitoes and if they bite me, i get a lot of itching, and later spots which wont heel for days also, after its gone it leaves a dark spot, one doctor i consulted before said its a rare dermatological condition which occurs on fairer skin people. i desperately need to know the cure, its only on my hands and legs, n i feel embarrassed to wear small sleeve dresses

Dear Shine, This is a normal response to an insect bite, especially mosquitoes, that you get. The response to fiery red ants, wasps and bees may provoke an anaphylaxis (severe allergic reaction) response but not against mosquitoes. A mild potency steroid cream (dexamethasone) and anti-histamines taken over 3-4 days usually suffices as treatment of skin reactions to mosquito bites in adults. However, if you are getting bruises or dark areas on severe scratching, you need to ensure that you do not have an abnormal platelet number (low) that leads to the bruising. A complete blood count test should tell you the platelet number. Thanks.



Input	Output
<p>I have back pain and my and my left knee having pain.some times i feel stiff ness.and my kamar is becomes thinner from last 8 months.i am 33 yr old.some times neck pain.what should i do.in my x ray doctor say .nothing is there.but i have vitamin D deficiency.is it arthrites.plz help me.i am tensed. Regards Santosh mahakud 0000</p>	<p>It D deficiency can present with bony pains at multiple location.2. Improve your diet with fish oil, egg yolk, it D fortified food and It D supplements. Get adequate sun exposure. 3. Once It D levels are improved, pains should disappear. In the meantime, do back and neck exercises to strengthen muscles. X-ray has showed no arthritis, so not to worry. It's all bony pain. Once It D gets corrected, all pains will disappear. Hope it helps. Any further queries, happy to help again.</p>
<p>I have been doing masturbation for the last 8 years day and night 3-4 time in a day . now my sperm quantity during eduction has become very less only 1-2 drop . why it has become less and what will be draw back in future. for getting pregnant of my partner.</p>	<p>Degree understand your concerns went through your details. Please understand masturbation is natural, normal and is not unhealthy. Masturbation cannot cause any direct health problems.</p> <p>Masturbation cannot reduce your semen volume or thickness unless you masturbate frequently. In your case, you masturbate three or four times a day, and it is quite natural that your semen quantity is two or three . Body has a capacity to produce semen and if you over utilize the capacity, the result will be like this. I suggest you to reduce the masturbation frequency to thrice a week. Stop obsessing about sex, genitals or other sexual topics. Exercise, entertain yourself, concentrate on your career, make friendships etc. If you require more of my help in this aspect, please use this URL. <a href="http://goo.gl/aYW2pR">http://goo.gl/aYW2pR</a>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck. Take care.</p>
<p>I have been masturbating from the age of 13. Almost everyday from the age of 16. Now my testicles have shrunk and become loose and small.( they are like a very small ball in a big sack of skin ). Even the skin over my penis has become loose and veins are visible from outside. Also, my erections are not hard enough to have sex. Right now I am 23 years old and its really scary to see the condition of my penis.Please tell me what to do??</p>	<p>HelloThanks for your query, based on the facts that you have posted it appears that you have been indulged in masturbation since 7 years and now facing problem related to your sexual health.First there is myth in a mind of common man that excessive masturbation is the reason of all sexual problems But I would like to state that it has been discussed in scientific forums all over the world and proved scientifically that masturbation does not have any negative effect on any organ or system in the body. All the problems that you have narrated are mind related and due to anxiety.</p> <p>Following measure will help you to boost up your confidence and getting good erection. Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. .</p>
<p>i have been suffering from Jaundice in liver last 1 month.This caused the liver enlarged do i need to go any medical treatment or not.My head always pains n i have lost 15 kgs of weight ,what i must do to recover from weakness n illness.I m 18 yrs old female</p>	<p>HBsAg2. Anti HCV Antibody3. IGM Anti HEV and HAD Antibody4. Ultrasound abdomens is my best advise for you based on available details. If you have any further query please ask me. Stay Healthy. , MD</p>
<p>i have been suffering from typhoid fever since last week.i also had a blood test where i found that</p>	

my ESR is very high and almost touching 40mm mark.is it a worrying sign? or is it controllable? my fever is also fluctuating a lot.sometimes i have normal temperature around 98 degrees for a whole day and next day it again peaks around 100 till 101 degrees.i am also being absent from my work from last week coz of of fatigue and weakness.my company rules are not really lenient for absentees.i am also taking medicine but i want some speedy recovery.sir hoping for some advice from ur side.i ll be really grateful for your act of kindness.

Hello and Continuous low grade fever with raised ESR is suggestive of chronic disease e.g. tuberculosis. Tuberculosis is usually associated with low grade fever, night sweats, weakness, decreased appetite, tiredness, and fatigue. The symptoms mentioned by you can be due to typhoid, however, typhoid does not usually cause an elevated ESR level. I suggest you to consult your primary healthcare provider for clinical examination and relevant investigations. A Mantoux test and X-ray chest should be done initially. Management will be decided once the result of the investigations is received. Thanks and take care .

I have been taking alprax got almost a year.but it was on And off.I decided to quit it and was able to sustain just for a week .after that I started getting problem in initiating sleep.I used to wake up every hr in night and is unable to have a peaceful sleep. I was suggested to have zolfresh 5mg and I had it fr 2 days.Am getting a good 7-8 hrs sleep at night. I am a doctor myself doing my internship right now. I just wanted to know how long can I continue having it and am even scared for side effects. so is it preferable to go for zolfresh over alprax?? And for me actually I had been disturbed in my personal life an yr nd half back so remained depressed al the time.I switched over to alprax by then. Sir I will be awaiting your reply soon. Thanking you, Sonali.

Hello I can understand your situation. I appreciate your effort to seek online support. Don't worry. You can take fresh for continues 2-3 weeks. 5 mg is the starting dose, and it can well induce the sleep and effective up to 6-8 hours without causing daytime sedation. No need to be scared. You can easily taper down the dose. I advise you to visit a psychiatrist once for detailed evaluation of depressive symptoms as treating depression will treat insomnia too and have some psychotherapy sessions. Hope it helps Good luckRegards

I have chest pain from 1 years ago.-> Phlegm always stopped in my throat, feel like this always.-> I have Asthma also, i uses Symbiva 400 Inhaler. Now it is in my control. But chest pain while im pressing on my ribs, this pain exactly on middle line of chest.-> Sleeping well. Hungry well. Every think is ok.-> My age :26-> No smoking & Drinking.

In my opinion you are having musculoskeletal pain due to pressing. No need to press that part. It OS fixed bony structure, so if you press it, you will definitely feel pain. So better to avoid pressing. Apply warm water pad on affected site. Avoid strenuous exercise and heavy weight lifting. In my opinion you will be alright by doing all these. But if you still feel pain then start painkiller and muscle relaxant. Don't worry, you will be alright.

i have dignosed with typhoid befor three month and i have taken medicines. my fever has gone but my intestine is still very sensitive and some time i feel itching after geting food and burning sensation in my body specially on my face. intestinal hardness and i feel very weak. is i have swallowed stomch prob or ulcer please help me

HI understand your concern. I am , infectious diseases specialist, answering your query. In my opinion you should take small soft and frequent diet. Typhoid is notorious in causing intestinal ulcer. This ulcer may perforate if the proper care has not taken with. Perforation of intestine is very dangerous problem. Take above care if you feel some problem with perforation immediately contact nearby ER. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

I have done sperm analysis test, which shows 50 million per 2ml with 85% motility. so i have consulted a urologist with the reports. He asked me to go for dopler test, so could you please suggest me if this test is mandatory and a good procedure to identify the exact problem

helloThanks for query. Your semen analysis has revealed your sperm count to be less than normal(Oligospermia) It is likely that your Urologist on your clinical examination might have detected you to have Varicocele. Since Varicocele is one of the causes for Oligospermia he has rightly advised you to get color Doppler study of the Scrotum to confirm or rule out the same. Please go ahead and get it done It will help him to plan the further treatment .

I have got ur mail Id through internet. I am 29 years old I got married in 2009 from last 2 years trying to conceive but not successful, I am working in dubai I am an indian, I have 2 sisers both were married and had 2 childrens but me only have that problem unable to consult with my parents also doctors. Can you guide me please. I need Baby.--

Hallow Dear, If you have failed to conceive for 2 years and your age is 29 years, you need to undergo investigations along with clinical examination (both of you). Please assess your egg release (ovulation). Though study of uterine lining (endometrium), hormonal levels and many other tests can provide you this information, ultrasonography is most suitable at this stage. If you find that you are ovulating, please try to plan your sexual activities on and around the day of ovulation. Ultrasonography will provide you information about the anatomical view of the uterus and tubes also. Also look for the anatomical normalcy and patency of your reproduction organs. Hysterosalpingography and Laparoscopy will provide you the information. If there is any block, adhesions or any other abnormality, you may require surgical intervention. Get your husbands' semen examined after 4 days of sexual abstinence. Then please report to your infertility consultant. Alternatively, you may upload all your reports and ask me Direct question on this forum for further continued detailed advice. I hope you start acting on these initial guidelines.

i have had fungal infection on my foreskin, my doctor advised me anti fungal cream and oral drug, now i have no concern about itching and burning on my foreskin, but my foreskin s colors now totally change and it lil thin and dry. i use the cream regularly for 2 week as my doctor advised,,,, is there any serious concern , what can i do please help me

Hi, Thanks for writing in. If your doctor has examined you completely and told that it is a fungal infection then it must be one. Please do not worry about the skin color changes after applying the antifungal ointments. The itching and burning is important to be treated. The discoloration or change in color can occur during or after treatment and is not a concern. Please trim your pubic hairs and wear cotton inner clothes. Wash your genitals with warm water at least twice daily. Apply the antifungal ointment twice daily and keep your genital regions . Treatment can be extended for about a month to completely cure your condition.

I have kidney failure ( CKD ) with reflux nephropathy as said by my doctor. I already remove my left kidney on 4th sept. and after one and half mont i am going for kidney transplant. I want to know that what is reflux nephropathy and is this connected to my other problem which is from last 10 years i have joint pain in all my joint. i cant sit down earth, cant bow properly, cant run, more back pain and in hip joint. And after transplant all this problem will remove or not? Can i sit, bow, run after transplant?

Dear Ni teen, Normally urine passes from the kidneys to the bladder via ureters. There is a valve like mechanism at the junction of ureter with the bladder, that prevents urine coming in the reverse direction. However, when this mechanism fails the urine refluxes back towards the kidneys and damages it. Joint and bone pains can be there due to renal failure, itself. Usually a person can return to almost all normal activities after transplant, including sitting / running Regards

<p>i have little holes on my cheeks due to acne and pimples . so what can i do to get rid from that.write now im taking homeopathick medicine plz kindly suggest me .</p>	<p>Hi There are some homemade medicine like cucumber + lemon juice whichbine lighten the face marks. 2)sandalwood +gram powder in water and apply on face for 1 holy.3)gen tally massage with olive or almond oil.4)rubbing face with lemon juice. Also you continue homeopathy which give you good result for your acne. Our preparation like Chinese Q 10 . Avoid spicy food plus</p>
<p>I have low back pain and an MRI was taken, the results are as below There is centro - right paracentral protrusion of the L5-S1 disc intending the right Traversing S1 nerve root There is mild postero central protrusion of the L4-5 disc indenting the thecal sac How do I go about this, the pain is terrible and cannot sit for more than 25 min, please help</p>	<p>Hi Thanks for writing to us. I understand you have back pain. You are suffering from Prolapsed intervertebral disc (PIED) where the nerves get compressed by the protruded disc. There are several treatment modalities with medicines, physiotherapy and with injections in the back called epidural injections and root/facet blocks. If you don't get better with this treatment, surgery is the option, by which the nerves are decompressed by removing the protruded disc (discectomy), which would significantly improve your symptoms. So I suggest discuss these with your orthopaedician. Wishing you good health. Regards.</p>
<p>i have night fall problem from 10 years.i have used medicines like himalaya confido,charak neo,baidyanath chandrapraba vati but no benefits.lease suggest me best medicine for frequent night fall.my body is very weak .soetime night fall occur without dreams.lease suggest medicine.</p>	<p>Degree understand your concerns went through your details. Please understand, night fall (nocturnal emission) cannot make your body weak. Your body produces semen whenever you are sexually excited. Produced semen is stored within your body and is a waste product. That waste product is ejaculated when you indulge in sexual activities or when you masturbate. If you do not do this, body finds its own way to throw the waste product out. Body does it through nocturnal emission or through urine. This cannot affect your health. To prevent nocturnal emissions, please start masturbating or indulge in sex twice a week. I also suggest you to consult a psychologist for counseling. If you require more of my help in this aspect, please use this URL. <a href="http://goo.gl/aYW2pR">http://goo.gl/aYW2pR</a>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.</p>
<p>I have notices a small red spot in my hard pallate for about 3 weeks before, after that it lasts for approx. 07 days and go away, but surrounding area gets red spot as concentric circle, in this way is goes outside by disapearing the old one by forming new spot. I am an ex smoker, this type of symptom I have faces about 01 year and 03 year ago. please suggest sir.</p>	<p>Dear friend thanks for sharing your concern it is good to know that you have quit smoking now. Do not worry. Your palate shows signs of inflammation. That is why there is redness. sometimes a specific lesion of the hard palate called DERMATITIS NICOTINE is seen in smokers. The red spot represents dilated and partially occluded orifices(opening) of accessory palatal salivary gland duct. This inflammation is caused around the accessory palatal saliva gland duct. On discontinuation of the habit this should go. Observe for any associated changes. If so report to the dentist else you can wait and watch for few more weeks. Meanwhile you can take capsule megajoules 01 OD for fifteen days. Do use mouthwash daily, medicine 2% for fifteen days. Take nutritious diet and remain stress-free. This helps. Thanks.</p>
<p>I have one lumps or may be boil on skin of scrotum. for last 4 year i have and there size is some thing like half of vegetable pee. in this there is no pain. just like a piece of hard dead muscles. There is no irritation also. Initially when it grow that time i pressed it and i find no pain and in that i</p>	

see some black colour thing come out. after that it increase and now it is fixed. But my worries is nearby the lump i find 2 new very small lumps also. same as first one. Please tell me what is this and why it happen to me. and how to cure it.

Hi, dairy have gone through your question. You may have sebaceous cyst. Multiple sebaceous cysts are common on scrotal skin. You should go for examination and if needed go for biopsy. Surgical excision is the treatment of choice. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

i have pigmentation all over my face doctor suggest me to use lomela lite cream at nigh but i have heard that if i will stop using it in future it will give me more patches is it true and how long is it safe to use lomela lite in a stretch and when should i stop applying it

Hi, Yes, Lomela cream does overnight wonders, and you have to stop using it after achieving the effects. This pigmentation will become back soon after not using it. You don't use the steroid cream for long time because it causes many side effects. You can use aloe Vera gels on the face, its effect comes out after long time, but it is extraordinary treatment for your problem. If you can't use aloe vera gel you can use any aloe vera cream on the face. Hope I have answered your query. Let me know if I can assist you further.

I have question on semen analysis. Please can you clarify as per results have less Sperm count and also A- Rapid progressive motility is only 10 it should be  $\Rightarrow$  50 how can i increase. Is there any problem to get pregnancy. what kind of suggestion ill take please.

Hi, Yes, you definitely will have problem with lesser sperm count and poor motility to get your partner conceived. There may be some reason for this problem. Varicocele, descended testes or certain occupation like working near furnace, using highly vibrating vehicles or instruments, atomic or radiation places or certain . Varicocele and descended needs surgical correction. If you consult your physician he/she will guide you for further investigation after examination and needful advice. Get a baby as soon as possible.

I have semen leakage daily and moreover I have also the problem of nightfall. Even in day time also, my semen get leaking everytime. I am 21 years old male but dont even have moustache and beard. My body is still underdeveloped and I can not concentrate on my studies. Please help me

Hi, Thanks for writing in. You might be giving more attention to your semen ejaculation and nightfall than the required. If you try and manipulate your genital all the time then there will be erection and leakage of semen. I suggest you take your mind away from your penis and try to put your mind in other daily activities. Your non development of mustache and beard might be hereditary or hormone related. Please consult an endocrinologist and confirm any such condition that may be present and get treated.

Input	Output
I have skin allergy to avoid itching i have to take cetirizine alternate day.because cetirizine i feel sleepy and cozy , is there any treatment for this permanently. Please advice i am facing this problem for last 5 years i am 32 years old man.	The only cure for the allergy would be to avoid the source if it is known. There are allergy tests that can be done to determine the source of the response. These can be in the form of blood tests or skin tests. If the source is not known, or you cannot avoid it then the allergy would continue, and would need to continue the antihistamines. Though cetirizine is non . You may want to try other non
i have some kind of psychic problem.when i became angry i just behave like a mad person i dont know on that time what i am doing.plz help me.my talking style also change like this is not mine talk.some another person is talking from inside of me	Hi, Anger is an emotion which lets a man lose control over his senses. You just need to start controlling your anger. I would advise you to start exercising on a daily basis. You can also start doing some relaxation exercises like progressive muscular relaxation. Try to note down events every time you get angry and try to understand why you got angry and what could you have done to avoid the situation. You need to start distracting yourself at such moments. If still you are not able to control your anger, consult a psychiatrist. Regular sessions might help you understand and control your anger. Best wishes.
I have week arm nd hand for 15 years bcz I had an accident.At the beginning I had week upper arm as well but then by time upper arm revived properly.Now a have little progress in arm nd hand.But there is no numbness .so could u help me out what I should do nd is there any chance to be normal?? Thnx	Hi, thank you for providing the brief history of you. As mentioned by you the history, a thorough neuromuscular assessment is advised. As you have a weak upper arm and hand, due to an accident which occurred in the past and now the symptoms are still persisting, we need to know what accident you met, any surgery was done, etc. etc. Also, a neuromuscular assessment will help us with many things to understand about the type of injury and if any injury to the nerve is happened than a deep understanding of the nerve pathology needs an attention. The treatment for weakness in the muscles can be fulfilled by physical therapist, as the PT will guide you the proper goal oriented exercises with focus on the individual muscles and your hand should become stronger again. It will be an effort to get the optimum results, as the injury is pretty old. So kindly keep patience and meet a PT for the same. RegardsJay In .
i have white spots on my hand, waste and in under arms. tis occurs afer applying veet on my hand please tell me now what i do. sir i m 24 yr old. m a female heigh-5.5 weight-60kg. sir m in bangalore. mera tretment patna main chal rha a approx 1 yr se but now it grows slowly slowly. i go married last month. i can tell tis o my husband ell me main kya karu aur iska tretmen kaise karbau?	Hi . . , White spots due to meet called .CHEMICAL LEUKODERMA., It has very good treatment., Apply Clobetasol cream on white spots and exposure to., Sun for 5 MTS.,2) Tab. Methoxasalen morning 2 tabs at 9 AM and exposure Sun after ., 2 Hrs.(Apply above cream., )3) Tab Dexamethasone 0.5 mg 2 times per week for 6 weeks ., will get very good result.ok.good luck.,
I m 16 years old i have very weak bone specially my wrist bone is very thin and during night i have sperm leakage it can fill my half pant so please tell me why its happening with me i didn t tell this to my parent i hope you can help me better	Hi, Thanks for writing in. At 16 years you are in your adolescence. This is a time when your body is transforming to that of an adult. Your testes are increasing in size and have started producing

sperms as in every adult male. The sperms are manufactured in the testes as a result of hormonal developments. Each day a small amount of semen is made. When enough semen is there in the testes, it overflows in the form of nightfall. This is a normal process and not something to worry about. You can read about this under adult male sexual development online and also ask your biology teacher. The way to avoid nightfall is to masturbate once in 2 - 3 weeks. This will not allow the semen to overflow. Please note that masturbation done occasionally is normal and not a bad habit.

i m 17 and i want to lose weight so I jog at least 5 days of a week and I masturbate almost 3 days a week but only one time in a day.so i want to ask is there any problem of masturbating in the morning or afternoon and jogging in evening.i feel energy less i know but is there any other problem

Hello. I have reviewed your query and here is my advice. Masturbation is normal, natural and not unhealthy. Masturbation consumes your energy. Masturbation can consume around 150 calories for a 20-minute-long session. Thereby you could feel tired. In that sense, masturbation before physical exercise may cause tiredness during the exercises. But if you are healthy enough and if you have good stamina, there is nothing to worry about. But My advice will be to avoid masturbation before physical exercise. Hope I have answered your query. You can contact me for treatment options. Let me know if I can assist you further.

i m 21 year old girl and im a student and is suffering from hair fall from past 3 mnths this really gets worsen when i wash my hair and apply oil to my hair what can be done to stop it and promote the growth ???please sir advice and guide me ??

Hi. It seems that you may be having a condition known as halogen effluvium. I would like to say about halogen effluvium. It is a condition in which the hairs fall in halogen stage of hair cycle. The causes may be many like.tension, anxiety, thyroid diseases, endocrine diseases, hormonal diseases, diseases like typhoid, malaria, viral diseases, surgery,trauma, .methotrexate, internal diseases, anaemia, nutritional deficiencies. etc. might precipitate the disease. Excessive sun exposure may be responsible for the disease. Dan

i m 21 year old. i used to masturbate since 10 years. but i leave it now. but my sperm becomes viscous now. in jelly form nw i want to knw will it affect in getting a child after getting married ?? sir plz give me suggestions what should i do ?? now?Thank you

HelloThanks for your query, based on the facts that you have posted it appears that you have been indulged in masturbation since many years and now worried about your fertility in the future. As regards your doubt about viscosity of semen I would like to state that normal consistency of semen is viscus, and it gets liquefied after 30 -40 minutes, There is nothing to be worried about. Masturbation does not affect fertility of a man. Following general measures will help to boost up your general health and sexual potency. Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. .

i m 23 years old boy i m having vary good health but my penis is not so hard and it is also bended towards dowan .i am masterbating since i as 13 years old.now i m taking ayurvadic medicine since last 30 days that medicine is Himalyan tentex royal and Zandu vigorex.plz tell me that i have to change the medicine or i should continue with same or for how long i have to tske medicine.plz reply

Degree understand your concerns went through your details. I suggest you not to worry much. You are just 23, and you started worrying about erection and sex. Your masturbation habit never gives

any side effects in your sexual life. That is sure. Erection may not be always perfect while masturbation because of the effort involved in it and lack of passion. But once you have sex with a female, passion and love overwhelms any other thoughts and gives you perfect erection. But if you worry too much, be apprehensive, take medicines unnecessarily, you may suffer more. Because all these erectile dysfunction is in your thinking. You never had any problem. Even the medicines you are taking are not prescribed by any physician, I know. Please do not do that. Concentrate in your studies and career. They are important, not sexual life. Sexual life is always secondary. Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe some sexology related psychotherapy techniques which should help you cure your condition further. Hope this answers your query. Available for further clarifications. Good luck.

i m 23 years old male i have stitch on my upper lip. its not that large but i want to remove that completly because of some personel reason . I know its possible but can you help me out by suggesting me like good surgen and its expenses.i m from middle class family . i wil be thankkful if u tell me

Hi Dear, Understanding your concern. As per your query you want to remove stitch on upper lip. I would suggest avoiding waxing of upper lips for few days. Avoid exposure to sun rays and if she has to go outside cover her face. Apply Bolivia cream twice a day after washing your face. HY . Use TAN CARE or sunscreen rich in SPF 30 while exposure to sun. Combination of cucumber and lemon juice is very effective natural treatment remedy. Your symptoms will start resolving in 7-10 days. If your symptoms keeps on persisting then visit dermatologist for this, as then more intensive treatment like micro abrasion, laser therapy can be considered as treatment option. Hope your concern has been resolved. Get Well Soon. Best Wishes,

i m 23 yr old boy having 8mm stone in kidney.it pains me terifically.wat shud i do? operation?which type?can it come out easily through urin?or operation is must?in future is their any chance for its becoming again?how to prevent my self?

Hi I com. Stones larger than 7-8Å mm rarely pass on their own because the ureter diameter is 5Å mm. A procedure called lithography is often used. In this procedure, shock waves are used to break up a large stone into smaller pieces that can then pass through the urinary system. Only if this fails surgery is done. Stones can recur in the future. To avoid you should stay HY . Three liters of water on a daily basis is the recommended amount for kidney stones prevention and although this may have you running to the toilet every five minutes, it can stop the painful kidney stones from occurring. If you work in a hot environment then you should aim to

I m 25 years old & i have started gyming seriously. my dieter gave me evion 400 caps after workout immediatly so can you please confirm is it safe to have Evion 400 & celin caps? The motive behind this is to gain weight, does it works? Vishal

Hi, Yes, it is safe to take these two together. Evian is vitamin E required for regulating important functions in the body and Colin is vitamin C (ascorbic acid) helps in the maintenance of healthy body tissues and the immune system. There is no harm in taking these two vitamins together however they are not used for the purpose of gaining weight. Hope I have answered your question. Let me know if I can assist you further.

i m 25 years old and i m married my wieght is 50 kg and height is 5.4 and i m in traublem if i did not get my first baby as a boy from my husbund family so i m requesting you give me some solutios to get my first baby as a boy baby plz my id is YYYY@YYYY

Hello dairy understand your concernSorry to say there is no any way to conceive with bay boy. It is depended on the chromosomes of sperm that fertilize the egg. There is 50 % prediction for the



baby boy. There are two types of sperm, one carrying the X chromosome, and one carrying the Y chromosome. The type of sperm that fertilizes the egg, and determines what sex the baby will be (X for a girl, and Y for a boy). No way/solution to conceive with baby boy. It is gods gift. Do not believe in any myth. Avoid stress, take healthy diet, do intercourse in fertile phase of the period with full penetration, . Hope this may help noncontact for further health query Best regards

I m 25 years old i want to get pregnant so i try for 1 year but i have no result then i consult to doctor she gave me ovacare tab, fertomid tab and nacfil tab for 4 month and a tab named endogest for keep in body using these tab can i get pregnant? i use these tab from 4 month but there is no response please suggest me

Hello forum There are various factors for infertility, so investigations are done to diagnose them such as husband's semen analysis, your HSG, Follicular studies, Blood tests like FSH, LH, Progesterone, estradiol, thyroid profile etc. Premenstrual Endometrial biopsy is done to see the secretory phase or any uterine tuberculosis USG for POD is done The treatment which you are taking is fine Consult your doctor for further management Best wishes

i m 25 yrs male, and i am having the habit of masturbation without erection, with the help of a pillow or towel, so how could i get rid from this problem, because my semen is not coming out while shaking when my penis is fully erected, please help me ??

Dear sir, I understand your concerns went through your details. Delayed ejaculation (DE) occurs when a man needs more than 30 minutes of sexual stimulation to reach orgasm and ejaculate. DE has multiple causes, including anxiety, depression, neuropathy, and reactions to medications. Please let us know whether you have any of these conditions. No. Counseling, psychotherapy, sex therapy etc. can also help you. If you require more of my help in this aspect, please use this URL. <http://yyyy.gl/yyyyyyy>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

i m 27 year old unmarried student. i m suffering from a problem. in my urine i discharge sperm also. it may be occur at night without doing urine. i masturbate (Hand practice) only max. 5-8 times in a month. my weight is 67 kg and body is average. this problem is only 5 days old. please sir tell me any medicine and precautions thank you sir.

Hello. I have reviewed your query and here is my advice. Semen can be found in urine. You already know that the tract through which urine comes, sperm comes out of the same tract. So urine can contain semen. The semen may be seeping after urination or during urination or when your bowels are compressed. There is nothing wrong in this phenomenon and this is absolutely normal. Therefore, please do not worry too much about this. Hope I have answered your query. You can contact me for treatment options. Let me know if I can assist you further.

i m 27 yr old male married since last year. we have been trying for a child but are still not successful. my wife is 26 yr old and her TSH levels are slightly elevated. she also has galactorrhoea since last 4 years. her prolactin levels are about 25 units. she had been started on thyroxine 25 mcg OD daily and tab cabergoline 0.25 mg once weekly recently along with tab ofloxacin 1 bd & tab fluconazole 150 mg stat. my semen analysis was normal except for 8-10 pus cells. what does it indicate. what investigations should i undergo? is this the right treatment we are taking? is cabergoline better than bromocriptine if we desire pregnancy? sir please reply. we would be highly obliged

Hello dear, I understand your concern. In my opinion you are on correct line of treatment. Your wife has problems of hypothyroidism and galactorrhea both are the cause of female infertility. They might cause hormonal imbalance leading to irregular ovulation and irregular cycles. Cabergoline is better than bromocriptine and increases the conception chances. Cabergoline is given as tapering

dose and the prolactin level is repeated after the course. The prolactin level is only mildly elevated.(up to 20Å ng/ml is taken as normal). But both the problems are correctable and once the level becomes normal the conception becomes successful. Presence of pus cells in semen indicate infection, and it needs a course of antibiotics to be taken. Nothing to worry. Avoid stress. As both your and your partners problems are correctable and reversible. There are good chances of pregnancy once they are corrected. Hope this helps. Best regards.

I m 28 years old having 3 year old son after that I got through 2 medical obertions . now I am having menstrual cycle in proper order my last obertion was 3 month ago. But now my weight is increasing it is 57 earlier month it was 49 and also having pain in lower abdomen. Kindly help

Well with successive abortions and connected medicines, changes in lifestyle and food habits may be culprit for bringing weight gain. It may also owe to hormonal changes. Best advise in my opinion is to avoid multiple abortions. Ayurveda medicine which is safe, diet with negative caloric intake, walks/ jogs are important for you to manage weight. Ayurveda medicines such as Arogyavardhini, Anchor GGUL and Median GGUL and Trial in powder form or decoction are few suggestions which may be used even with it without hormonal disbalance. Selection should be left to Ayurveda doctor to be decided as per history and given conditions. Hope it enlightens you. But in no case use hormonal or toxic weight shredders in your own interest.

i m 28 years old, when i was 14, i suffered from chicken pox, so its scars or holes still in my face, which look not good in my face. so there is any home remedies, or any cream to remove scares or holes. and i have some spots on my face. pelase suggest any cream.

Since there is positive history of chicken pox, thus we are dealing with post-inflammatory hyperpigmentation scars.2. Initially consult with a Dermatologist, who may prescribe you some keratolytic cream containing skin lightening agents, also protect your skin by using a good sunscreen with minimum SPF 15 to prevent sun induced darkening.3. Scar once formed cannot disappear from body, but can be minimized, moreover, no topical preparation or cream is/are going to possibly help you, what maximum can be done is: use of vitamin E & moisturizing cream gives good response.PS. Wash your face with Began and warm water [as it is the best natural Bleaching Agent]. Paste of Rasta Chandra Churn am, Hard . Apply it as a face pack, you will see good improvement, or you may ask for Description cream like: MINISTER and/or PIGMENT [Charge Pharma]

I m a 22 year old Male and Suffering from Hair Fall problems from the sides near ears and neck. And its happening from last 6 years I think. And its possibly due to the Typhoid that occupied at that time. 1-2 years I didn t notice about the hair fall, but after that I took some treatment but that s of no use. I loose around 70-100 strands when I wash my hairs. Pls suggest me an effective treatment.

Hi, Thanks for the query,,,Hairless since last 6 yrs at your age points towards an .-A stressful event like typhoid might have accentuated your problem but hairball after a stress usually self replenish with in 6-12 months. So, typhoid is not the sole reason.-It may surprise you but a loss of up to 100 hairs a day is quite normal,,, Yes really it is. Shedding of hair is a part of normal hair cycle, and it is mean to replenish the old hairs with new one. So you should worry if your hairless is exceeding 100 hairs/day.- Minoxidil 5% lotion is an approved and time tested

Input	Output
I m a 22 year working woman. very recently i had severe skin allergy and dont know the reason for it. now i m using diprovate-rd cream as specified by my dermatologist but i m suffering from very severe skin dryness and itching also whenever i apply that cream my face turns reddish.please advice me over this.	SOMETIMES DISPROVE OINTMENT ALSO CAUSES ALLERGIES THINK THIS DOES NOT SUIT DONT KNOW YOUR HISTORY THE TIME BEING YOU START ALLEGRA 120 MGM TWICE A APPLY HISTOCALAMINE LOTION APPLY MOMETASONE OINTMENT MIXED WITH MOISTERISERNO USE OF MUSTARD, COCONUT WALNUT, GROUNDNUT,SOYABEANAPPLY AMLA/OLIVEOLIVE FOR COOKING STOP ALL MILK AND DIARY PRODUCTS GO FOR FOOD ALLERGY TESTS AND SUBLINGUAL IMMUNOTHERAPYTILL THAN CONTINUE THE ABOVE PRESCRIPTION
i m a Engineering student and was considered bright in school.Now in college i have internet facility all day.I started watching porn and masturbating.It has been Two years now.I.My performance has been deterioratingand i cant explain to my parents as to why .Please suggest some ways so that i can overcome this bad habit as this is killing me i am losing my hair and weight and i cant recall things (memory loss)	Hi there ~I understand your concern. The urge to masturbate is normal. However, if you are doing it excessively and wasting time and energy on this process, I recommend that you change your schedule. It would be beneficial to have a roommate as well to make sure that you are sticking to your schedule. Losing hair and weight are not symptoms of overly masturbating, but not taking care of yourself. Again, sticking to a schedule will help. I hope this helps with you memory and recall as well. Consult a psychiatrist if things are not getting better. I hope this helps. Take care and have a lovely day!
i m a virgin. i used to masturbate everyday. nw whn i was planning for sex with my gf. m facing erection problem. it dsnt get hard as while doing masturbate. i feel ashamed . m nt taking any medication . no pills . hope dere s nthng serious wid dis.	Hi, I have read your problem. You have not mentioned your age. You are saying that you are virgin, I am assuming you in below 25 yrs of age. My friend you at this age need no medication, but you need positive confidence provided you have no systemic disease e.g. blood pressure, diabetes etc. You should take balance diet and do morning walk daily. Avoid alcohol and smoking as much as you can. Stop masturbating for 3 days, and you will be ok. I hope you have got your answer. In future if you wish to contact me directly, you can use the below-mentioned link: <a href="http://doctor.com/doctors/">http://doctor.com/doctors/</a> . Thanks.
I m AAAAA .My friend is suffering from a disease actually we were sleeping in a train suddenly he woke up ,cut me and laughing, after that i reached our destination and now again he was talking like sycho person and pick up bread from ground and eating it and lauging again and again. Please suggest me. Thanks & Regards AAAA mail id:- YYYY@YYYY	Hello . Thanks for your query. This kind of abnormal behavior could be indicative of a psychotic disorder. However, your friend needs a detailed psychiatric assessment to make a correct diagnosis. Please take him to a psychiatrist for further evaluation and treatment. The earlier psychiatric disorders are detected and treated, the better is the prognosis. If he is refusing treatment and if you feel that his abnormal behavior may be dangerous - putting himself or others at risk, then you need to inform his family and appropriate authorities about this. Wish you all the best.-

I m anurag from India. My mother is suffering from pancrytis,first she seems to suffer a lot ,but after a few days of treatment she seems to progress.but yesterday she behaves aggressively with the doctors and nurses.once she said that she liked the doctors,but yesterday she said they are going to kill her.the doctor consulted with a psychiatrist .i dont knw what they are doing.doctor said that it may be a regular behaviour of a patient living in ICU for long time,or if the infection reached to brain the patient donot survive.what should I do ?please help me.

Hi, your mother is in delirium mostly, it is very common in old age, bedridden, seriously ill, post surgical etc. Your mother is required monitoring of -TEM/pulse/BP/respiration also electrolyte testing needed. On treatment part low dose antipsychotic (haloperidol or olanzapine) and benzodiazepine (lorazepam- 1 mg or 2 mg) dose adjustment depend on patients' requirement. Delirium is an emergency, so it requires treatment by physician and psychiatrist. Yes, in delirium mortality is also high. Follow advise of your doctor.thanks. . Com

I m kapi from gurgaon and I m 23 I was having tumour on face near abt eye on nose .which was diagnosed after several surgeries . So now I m havin stitch marks on nose upto eyebrow. Nd there is little lift in eyebrow due to surgery so please suggest best suited surgery or treatment so dat its cud cleared fully

Hi Kali, You can consult an ophthalmologist trained particularly in Coloplast (oculoplastic surgeon)near your area. He / she can help you by assessing the amount of scar and the reconstruction area required to give you the best possible eyebrow and the surrounding structures. They will remove the excess scar and do a transplant if needed. This procedure is more like a cosmetic plastic surgery so, to be very frank, choose the best Oculoplastic surgeon in your region for the best post-operative picture of yourself. Take care.

i m reshu 21year old.sir i m suffering frm soliosis,plz tell me d treatment which i hav to take for this.earliar i had an operation of my spinal cord,now i cant walk,lower half becomes almost dead even i cant sense for mictuition.

Possibly there is damage to lower spinal nerves leading to loss of bladder sensation. For scoliosis there has to be an evaluation how much flexibility is there to decide for course of treatment either by surgery or by mechanical means. At 21, only supportive care may be indicated. A spine surgeon has to evaluate physically if surgery can be of more benefit for correction of posture and further prevention of damage to nerves, pressure on abdominal organs etc.

i m rishi wardhan ,male ,age 22 , india, persuing engineering sir in 2005 i come in practice with masturbation which result in weight lose , my face had changed , i look very bad, eyes goes into socket ,i had contact a physician and i had use his medicine but yet no change i had found today i m also so hapy my weight is 45kg ,height 5.2feet my sperm is fade no dense now i had leave such practice from 2008 sir every body tease me please sir help me so that till 2011 by face become good with charming plz contact me on my e-mail YYYY@YYYY

HYou may be suffering from malnutrition with anxiety disorder. Use tablet Evian LC twice a day for one month. Use b protein powder or proteinex powder to gain weight. Eat green leafy vegetables and fruits. Avoid excessive masturbation. Weekly once or twice acceptable. If no improvement please consult with your physician he will examine and treat you accordingly. Hope I have answered your query. Let me know if I can assist you further. Take care

i m sonia kiran age 22 year, i have a problem from last 1 year my left hand and left leg have pain. My both hands are shivering always. The pain is mainly in bones that i feel . I have been go through many doctor but i did not get my solution. Please suggest sir what i have to do.

Hi Please share some more details about the case as this is too brief. Any past diagnostic procedure undertaken like a blood test, urine test, x-rays, MRI etc. needs to be seen if taken one. Since you are 22, and you find some abnormal movements in the body, without having details

about the case I cannot comment more on the diagnosis part. But for now, to control the shivering of the limbs I will advise you to do weight-bearing exercises and strengthening exercises of the upper limbs and lower limbs. Usually, this helps to correct the muscle imbalances and improve the twitching of the muscles. Hope I have answered your query. Let me know if I can assist you further. Jay In .

i m student of engg. & my age is 20 year and hight 5,2 & wait is 55 Kg.sir my problem is my penis groth is not processed & my penis is very small and i have in weak 2 day nights discharge probles and when i excited then in penis water type chick flows.so please give me solution sir,.

Hi, I can understand your concern about penis size, night emission and discharge during sexual excitement. This kind of curiosities is common at your age and I will add . The size of penis has no relationship with sexual satisfaction of the other partner by pen vaginal contact. Only outer vagina is sensitive. Inner 2/3 is largely insensitive. So penis size more than two inches is enough. There are small glands in the way of urine tube (prostate and bulbourethral glands) which produce the fluid during sexual arousal. Just alike food causes salivation in mouth. This is also a normal response of your body, not a disease. Do not worry. Night falls are normal response of body when semen accumulates in the pouch and not utilized in sexual intercourse or masturbation. It will stop when you regularly remain active sexually. Hope I have answered your query. Let me know if I can assist you further.

i m suffering from a problm in my brain DR said that i have brain TB.plz tell me that is it curable i dnt want to die, i m 26 yr old female & i m not leave with my parents bcoz i m doing job,& i dnt want to say anything about that to my parents,plz reply

Brain TB is treatable condition but can be associated witplifications like HY . You need to take Government Anti-TB treatment and also care from Neurosurgeon. If you can tell your health problems we will be in better position to help you. Eat high protein diet like pulses, eggs, chicken, lean meat. Eat fresh fruits and green leafy vegetables. Do proper exercise and move all limbs regularly. The disease is treatable provided not late in detecting it. Have faith in your Neurosurgeon and adhere to the treatment as advised without missing single dose.

I m suffering from ocd since 2 years doctors prescribed 20mg two tablets of prodep and told to do exercises but after 4 months I stopped taking prodep and I do not do any exercise but now again I find difficulties in concentrating in my studies if things are not arranged properly in my room and also I hate to hear ceiling fan sound.I have phobia towards sound.plz suggest whether I shud take prodep or not.only by doing exercise and yoga can help me overcoming my problem.

OCD is a disorder whices and goes. It consists of two types of treatment one is medicine and second is exercise, yoga and exposure response prevention therapy or behavior therapy. One can choose either one or both. I would suggest you to take proper 20 mg and to do exercise, yoga and take behavior therapy sessions also. Combined every thing together will produce excellent results and will be long-lasting. Prodep 20 mg is low dose and it's a good thing that you had your symptoms controlled at such a low dose. But if you will leave your symptoms untreated your OCD may get severe with time. So better adopt treatment as per your choice.

i m suffering from the menstrual disorder PCOD . for that gynaecologist has prescribed me the hormonal medicine (YAMINI) but during this treatment from the last 3-4 years, pigmentation( brown spots on nose, forehead, cheeks) is developing which becomes more prominent in the sun outside. my complexion is changing day by day . please suggest me for the same. one doctor has given me TOPI BEBERIS cream. wat about dat doctor.

Hi dear Mani., TOPIBEBERIS.contains. Berberis Aquifolium 10% w/w, Cream base q.s. It is indicated for all forms of skin diseases., such as psoriasis and also in acne., Topi Berbers mainly

indicated in the symptoms and support the healing process of psoriasis lesions., It is suitable especially for the subacute and chronic phases, and it can be used for stabilization during symptom-free periods., also indicated in eczema., So it is not indicated for PIGMENTATION.no role on Hyperkeratosis., Hence follow this treatment., Morning use.SUNSCREEN LOTION.,2) Night times .KO JIC CREAM.contains. Kojic acid, Azeloglicina and Lacking.,3) Cap. Derantox daily for 30 days. Curatio company., good luck.than

I m very worried abt my 6 month baby I think she has in 1 month approx 3 time siggers 1 time that time was 7 to 8 mint her fever 104.5 again repeat fever was 103.4 bt MRI EEG Lumber puncher they all reports r normal so if all reports are normal then a baby is decies is sigers

Hi, this appears to be a case of febrile seizures that is seizure occurring when there is high temperature. All investigations can be negative in febrile seizures. You should give Paracetamol Syrup as soon as the child has fever. Febrile seizures usually decrease as the child grows. However, i advice you to admit the child wherever he has seizures as seizure is a serious thing, and you should not take it lightly. I hope this has helped you. Wishing your child good health. Take care.

i masturbate from 20 years regularly now im 21 and i have some kind of pain in my back and chest its not several but light pain.im very healthy and fit boy but i scared sometimes from this pain.is this pain is normal in regular masturbation??

Degree understand your concerns went through your details. First you should not relate your masturbation habit and chest and back pain. There is no direct relationship between those. Indirectly, the anxiety and apprehension related to masturbation can result in body pain obsession. Masturbation is normal, natural and safe if practiced in moderation. Over and above, it does not cause any health problems except anxiety and obsession, if your knowledge about the masturbation is poor. You may be a fit boy. Stop obsessive or having negative thoughts about masturbation. A person who is above 20 can masturbate twice or thrice a week if he is healthy. You may consult a sexologist or psychologist for counseling. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute detail possible. Hope this answers your query. Further clarifications are welcome. Good luck. Take care.

i need some help i m a patient of paraplegia means i m sufferd from SPINAL CORD INJURY and after 1 and half year i have a lots of improvement i can feel my urination process easily and i can move my upper leg muscles easily is there any hope to walk again

Hi, You seem to have made significant strides and should be encouraged to continue working hard with your rehabilitation doctor and/or physical therapists. Damage to the spinal cord is a very slow and difficult problem to fully resolve but in the proper circumstances and with good aggressive guidance and encouragement results as you're obtaining make me believe that I believe there is hope that you shall walk again. Certainly, there are devices available now that were not around 5-10 years ago that can assist with walking and so even if not under your entire power I'll not be surprised at all to see that you, in fact, will be able to walk one day. Hope I have answered your query. Let me know if I can assist you further.

I Nov. Month when i am doing my regular work out.I lift some heavy weight suddenly because of that I got sudden pain in my back and I am not able to stand from the bed,but somehow I manage to stand while bearing the pain and the pain was gone in a week.Now in feb month I start feeling pain in my left leg.Then I consult doctor and he told me that, I have L5S1 problem.I am taking medicines and regular physiotherapy .But nothing going on in my favour. I am a student and doing job also I dont to spoil my career .I want to be normal fast. Kindly suggest. Regards anshul gupta

There are conservative therapy like medicines & physiotherapy which are prescribed initially for

treatment of prolapsed disc. If such therapy is unable to provide you relief after a month then you should consult to neurosurgeon or an orthopedic doctor. In case you have weakness or severe pain or difficulty with urination or defecation then surgery will be the best treatment for you. You should be not fearful from surgery as there are methods which are least invasive & you may get relief from that. Hope this will help you. With best wishes.

I really dont know whats wrong with me.it seems that i have forgotten the way i use to think.the way i was.now each day i feel i am only getting worse.i dont know what to do.my brain has completely become numb.please help me.

It seems you are suffering from an underlying depressive or anxiety disorder which is resulting in your becoming numb and not able to think correctly. I would suggest that you consult a psychiatrist for a complete evaluation and initiating treatment. Medication like Escitalopram or sertraline would be effective in your condition. Hope I have answered your query. Let me know if I can assist you further.

i recently got blood test were vdrl shown 1:4 dilution but tpha is showing negative whats that mean is really serious i had sexual transaction they told me to consult vd specialist and given doxy 1-L 100mg for 3 weeks they assured me it will became normal after a month

Hello dear, I read and understand your concern. I am answering your concern.TPA is the better diagnostic test than V . If TPA is coming negative you are mostly negative for syphilis. But you can take the treatment only after seen by the VD specialist. In my opinion there is no need for treatment. I advise you to take the second test of V

I think I have a ACL tear (ligament tear in the knee . I just found out its name . apparently ) for more than 6 months now My general physician advised me to do exercises and not strain the knee too much . for some weeks . to get this tear healed or something I did rest and exercise for 2-3 months, and when I felt that I could run a little and comfortably , I started going out for sports. In retrospect, it was a bad idea. I fell down a few times . sometimes with excruciating pain , and would come back to my room cursing my knee. Then I again resumed playing few weeks down the line (how stupid!) But now, I think I am totally fed up and disappointed in myself, that I cannot play the easiest of sports without failing like a dud. I dont know what to do. Please help me

HYou have quoted the term ACL Tear. I want to put light on this so that you can have good understanding of that. The ACL is short form of Anterior cruciate ligament. This ligament binds thigh-bone with leg bone at knee. It is a strong ligament and prevents anterior displacement of leg bone in relation to thigh-bone or in other words helps in getting stability at knee. In case of its rupture you will feel giving away feeling or unstable knee during walking / fast walking and during staring up or down. If you are not feeling instability at your knee then most probably you may not have ACL tear. If your symptoms line up with above description you should have an MRI scan to rule out your pathology. Very early stage tear can be managed conservatively while gross tear should be operated. Hope I have answered your question. Let me know if I can assist you further.

Input	Output
I think I need psychological treatment. I become very weak emotionally. Could not tolerate harsh and rude behavior. I don't want to do suicide but this thought often comes in my mind. What should I do? M 29 yr old, unmarried, engaged, female, in govt job.	<p>Degree understand your concerns went through your details. I suggest you not to worry much. I assure you that you don't have to commit any suicide, because you are not at all in trouble.</p> <p>Emotional weakness is not depression. It is common when unwanted life situation arises. It can be called disappointment. Don't worry. You need to find a good psychologist for counseling. I, too, can help you online if you desire so. Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques.</p> <p>Hope this answers your query. Available for further clarifications. Good luck.</p>
i think you can help me,so my problem is i brush my teeth three time a day but my mouth is still smell now.please kindly let me know. thanting tampa,fl usa	<p>Hi, First it should be understood that halitosis is caused by many reasons like decayed teeth, poor oral hygiene, gastric problems, Sinusitis, liver disorder, diabetes, smoking, alcohol consumption, tobacco chewing. You should consult a dentist to check for any problem in your oral cavity. If the problem is due to calculus and plaque it can be removed by scaling and polishing of your teeth.</p> <p>Flossing of teeth and tongue cleaning using tongue scraper should be done daily.</p>
i using sunblock sunscreen of glaxo spf40+ but my face is still dark and i also using melaglow cream in night but my face colour is dark please suggest me which 1 cream 2 face wash 3 sunscreen is better work on my face to glow and which cream is use to glow my neck and hand skin also	<p>Hi Dear, Understanding your concern. As per your query you have dark skin tone. Well I would suggest you to wash your face with cold water twice a day with face wash containing benzoyl peroxide, then apply cream containing vitamin C which is natural ingredient, very safe and effective. Also exfoliate your face twice a week to remove the dead skin and open the pores of the skin. Use broad spectrum sunscreen with SPF 30 + while in exposure to sun, eat healthy diet including fresh fruits and vegetables and . If condition doesn't get improved then consult dermatologist for proper examination. Doctor may prescribe retinoids and HY</p>
i want to ask about my bro he has been behaving very strangely from last 4 years.dont take meal regularly.like to stay alone.also now from few months he is talking with himself. he is very short temper.also harm himself.pls give ur opinion about it.what necessary step we should take to make him normal.	<p>Hello He is showing symptoms like strange behavior, irregular meals, like to stay alone at home or decreased socialite. He is also talking to self or muttering most probably. He has tendencies to harm self or others and is short-tempered. As per my opinion these symptoms should not be overlooked and need proper consultation of psychiatrist. Such type of symptoms can occur due to some psychotic episode. Even early stages of schizophrenia can be one possibility. There is urgent need for treatment. Treatment in form of antipsychotics like Olanzapine, Haloperidol, Risperidone, Aripiprazole etc. is needed in psychosis. Proper family support to patient is necessary for better results. Thanks, hope this helps you</p>
i want to ask about my mom .she have infection in stomach so much plz tell me best about best dr in moga and their address .she has lot of pain now .please help me . THANK YOU MOGA	<p>Hello dear, I read and understand your concern. You have not mentioned the exact problem your mother is having. But I can predict she must be having pain. I advise you to take pantoprazole and dicyclomine. This will prevent the pain and discomfort. Please avoid the spicy food, it can cause</p>



further pain. If you are having mild pain than you can take the full glass of cold milk. It will neutralize acid in the stomach. I will be happy to answer your further concern onThank you, Infectious diseases specialist, .

i want to ask from you kidney stone related question.i m suffering from kidney stone problem last three years but i have never treat properly,currently i m feeling more pain as compare to earlier and also i feel big stone has on my stomach which is very hard and pain full. due to some financial problem i did not treat myself please sir give me some suggestion how i can remove stone with my body

Hall Thanks for your query. You have stones in your kidney since a long time, and you have neglected the same. Please note that you are putting your life at stake by neglecting it. Please get your assessment done by doing following investigations Plain X-ray abdomen to locate the stones.2) Ultrasound scanning of the abdomen3) Blood Investigations to assess renal function (Blood Urea and Serum Creatinine.)4) Intravenous Paleography. After doing all this investigation consult some Urologist who will decide the mode of treatment depending upon the location of stones etc. Please note that nowadays all the stones in the urinary system can be treated by Endoscopy and no major surgery is required. Since you have a financial problem you can visit any Govt Hospital to get these things done as most of the Govt hospitals have these facilities available at .free of cost.

i want to ask what should i give to my 2.5 yr baby boy to increse his immunity power. As my child is operated with TAPVC Repair (Heart Problem) when he was 25 days old and Hernia sergery when he was 7 mth old. as i feel tht he is having less immunity power compared to other kids pls advice

Unless it is proved with tests that he has a specific immune disorder, no immune medicines will actually give him better power to face infections. There are several herbal and food-based products in the market, and even homeopathic . But these are not going to help. All they do is give you a false sense of satisfaction that you are giving something . and most such products are very, very expensive. So they do improve the bottom line of the manufacturing companies, but little else.

I want to have an appointment as soon as possible. it is urgent .i have operated my first kidney in 1996 and now my second kidney is not functioning properly.i got high B.P which makes me feel very uncomfortable so kindly do needful.

Hi, dairy have gone through your question. High blood pressure and kidney problem both can cause uncomfortable feeling. You may have hypertension. You should go for your blood pressure measurement. If needed to take antihypertensive . You also need full kidney function test. If any abnormality is there then you should take treatment urgently. Hope I have answered your question, if you have any doubts then contact me at

i was diagnosed w devicks syndrom cardiomyapthy and mulitple herniated discs rt now i have metallic taste in my mouth head and neck r hurting im dizzy and have chest pain and down my left arm idk if i should go to the er or if its just a new attack from the devics

HI can understand your concern. Metallic taste in mouth could be due to medications, food allergies or CNS problem. It is possible that the medicines you might be taking for cardiomyopathy and probably control of blood pressure may cause metallic taste in mouth. In addition, some CNS disorder that impairs the sensory messages to brain from several areas of body can be responsible for the metallic taste in mouth. As your head and back are hurting and you are feeling dizzy too, I would advise you to visit the doctor treating you for Device syn . Unfortunately, very less can be done to help the metallic sensation until the underlying cause is cured. However, chewing sugarless gums, brushing teeth after meals, trying different seasonings and foods, using

nonmetallic dishes, and

i was having low back pain in initial i went to the doctor he has given some medicine and its went out 3 month before.now after three month its happen again and then its came to the leg pain the pain was to high i went to the doctor he told to go through MRI scan after that in MRI it came that spinal disk is disk located but after 2 week the pain is decreased may be by i am taking medicine or wt. i am not able to sleep properly not able to stand or walk properly the left side leg pain is from top to bottom.guide me what to do is surgery is required ?or any other option is there.? help me please.

Hello and Thanks for writing to us. I understand you have back pain. These symptoms are part of lumbar disc degeneration with PIED where the nerves get compressed by the protruded disc. There are several treatment modalities with medicines, physiotherapy and with injections in the back called epidural injections and root/facet blocks. If you don't get better with this treatment, I suggest you undergo surgery, by which the nerves are decompressed by removing the protruded disc (discectomy), which would significantly improve your symptoms Hope this helps you. Wishing you good health. Regards.Orthopedic Surgeon.

i was patient of HCV after treatment of six month it clear and after other six month i test again Thanks God it clear again i thank to allah but now i did my LFT test and in report my SGPT is 43. sir plz tell me it is normal or not if it is not normal then what i do

. Noted you had infection with hepatitis c. In such case chance of chronic infection is high as compared to other hepatitis. So it is good that you have cleared this virus from your body . By which method you have confirmed ??? For HCV detection ELISA or equivalent PCR methods has to be used. So confirm your negative report by this method. Normal Sept is up to 42 to 45 .Here is no need for worry. Just confirm HCV negativity by methods I have mentioned.

I went to a dermatologist yesterday. I am having severe hailfall. The doctor review my scalp and said every thing is ok. Your hairfall is natural and ask for taking antoxid HC tablets. My worry remains the same. How can i reduce my hairfall.

I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, acute or chronic medical conditions, . Since you have not mentioned relevant history and description like age, sex, pattern of hair loss(patchy/diffuse), family history etc., It's difficult to put a definitive diagnosis. Still, it seems you are suffering from either An

i will be grateful if u can answer my question. my father aged 75 years with heart problems for the last 15 years got lymphoma stage iv around six months back. he is on treatment and getting chemo regularly. his heart pain in getting worse and he is not able to sleep properly at night and sometimes as days also. can we expect some improvement after chemo is over.

Hi, With very limited information provided by you, it is very difficult to comment on this issue. What form of lymphoma is he suffering form? Hodgkins or non-hodgkins? If non Hodgkin lymphoma then exact subtype to be mentioned. However in most of the lymphoma chemotherapy regime doxorubicin is incorporated which is a cardio toxic . I do not understand the meaning of heart pain. It may be due to angina or may be due to lymphoma itself or from other pathology. Anyway if your father has been suffering from heart problem then based on baseline echocardiography doxorubicin may be omitted from chemotherapy regime. Consult your oncologist and cardiologist. Take care of your father.

I would like to ask you about my husband.he is 30 years old.he had tb two times and now he recovered after taking medicines but a scar has remained in his lungs.will that scar remain forever? Will that scar have effect on his life span? can he do exercise?

Fibrosis (most common) 2. Calcification. 3. Rarely Complete resolution. So this fibrosis look like

scar lesions on chest x-ray. They are inactive, noninfectious lesions. So no treatment is required for them. They will remain as it is throughout the life. No need to worry as they are harmless. And these scar have no effect on his life span. Yes, he can definitely down exercise. Hope I have solved your query. I will be happy to help you further. Wishing good health to your husband. Thanks.

I would like to keep some question for feet that I m suffering for past some times so please give me some solution for me. Sir I have liver problem that is liver cirosis I Jane lever stone and puss I m suffering from 18 yrs, now I m 37 yrs, and I have pre ejaculation during my sleep time I use to loose my sperm with out knowing now a days I found that my sperm is in dark colour that I m Merrown colour I think may be blood ice coming in the sperm, sir I beg you pls give me some solution for this problem.

Hi thanks for asking question. First your seen has altered color like blood. So for that do your semen examination. If it shows pus cells then acute infection could be the cause. Like prostates or seminal vesicle infection can lead it. You can have acute urethritis that can lead bleed during semen ejaculation. For above condition antibiotic need to be taken.USG abdomen will be useful. So it is to be done along with semen examination in your case. As far as liver problem is concerned.- . -avoid refined food. Do regular exercise. Avoid stress and smoking,avoid alcohol. I hope I have solved your query. Regards

I would like to know that is it possible to be pregnant when she is virgin, before about 19 days her outer part of vigena come to contact with sperm and now she has missed her due pregnancy date , is it normal or should we be worried becose we are not married yet.

Hello dairy understand your concern yes, female actually can get pregnant even if she is virgin. If sperm gets on near to vaginal introits, it can swim up there and cause pregnancy it also depends on the amount/concentration of sperm and day of the period when did you sex. But you have to think about pregnancy when period was delayed by the 8-10 days from the normal expected period date. If period will delay by the 8-10 days then go for urine pregnancy test and or blood to confirm the pregnancy. If you will be pregnant then still you can terminate the intrauterine pregnancy by ABORTION pill under the supervision of the gynecologist.Meanwhile, avoid sex, take healthy diet, .

iam 24 years old and my height is 5.09 foots, weight about 68 kgs. Sir i have a problem with my penis it feels itchy from few a days, itchy in the tip of my penis and the round area and my penis foreskin is also joint forward like glu, i cant slide my penis skin it is hurting me. please help.

Dear serve understand your concerns went through your details. I think you are unable to retract your foreskin in the usual days itself. Beneath the foreskin, there could be Sega accumulation which could have triggered growth of microorganism which causes itching and stickiness. Slowly retract and try cleaning beneath the foreskin. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

iam a psychotic patient under risperidone therapy.though my thinking pattern is normal i feel depressed all the time. Due to sideeffects of antidepressants my psychiatrist has stopped it.what should i do now? can risperidone cause depression.my father is also a psychotic under treatment with risperidone and antidepressant and is doing well.

Hi dear Good to see you. I understand your concern. No risperidone does not cause depression. Feeling like depression is the part of illness itself. Or sometimes psychotic illness co morbid with depressive features. I do not think so antidepressant in a low dose can lead to serious side effects. I suggest to start antidepressant which has low side effect like SSRI if you have depressive features

but sometimes negative features of psychotic illness look like depression. So need to differentiate between this two. Risperidone has no role in depression at all. Yes olanzapine has dual role it is anti-psychotic but useful in depression also. So take proper advise and start antidepressant in low dose and get well soon. If you have q query then feel free to ask. Thank you. Take care.

iam a student of 28. and iam suffering with shivering can any body help me?

Hello. It is not very clear to us from your description what exactly you mean by shivering. If you have shivering because of any physical condition such as fever, you need to see a physician for diagnosis and treatment. Shivering could also mean tremors, muscle twitches or jerks. If so, you might need to consult a physician, neurologist or a psychiatrist depending upon the kind of tremors or other movements. Please let us know more about your condition in more detail so that you can get a better answer. It will also help if you could describe the duration of your problems. Best Regards Abhijeet Deshmukh, MD

iam suffereing from pigmentation from last 6 7 years iam 27 year old iwas use so many creams it remove but after few days it will come again on my face and im doing masterburing from last 5 years so this is the reason for pigmentation and give best suggestation for this i will pray for u for my ending life

Degree understand your concerns went through your details. I suggest you not to worry much. You don't have to end your life for this silly reason. Masturbation is no sin, and it cannot cause any sort of discomfort of pigmentation on the penis. Pigmentation could be natural, and it is supposed to be color after your puberty age. Penis do become darker in every case. Creams will not help. For good married life and effective sex, penis color, shape, size and length never matters. What matters is love and affection. You are just 27. Concentrate on your career and forget about sexual matters. You are perfect. You might need psychological counseling., I am more than happy to provide telephone psychological counseling through . Contact me through customer care, [www. .com](http://www. .com). Hope this answers your query. Available for further clarifications. Good luck.

Input	Output
im 21, i have moderate acne my dermatologist recommended me to use faceclin gel in the morning and supatret 0.04 in the night is it right to use this medication ? my skin is becoming very dry coz it and i have acne scars im using supatret on them and i cant notice any difference	<p>HFaceclin gel has clindamycin phosphate and nicotinamide as active ingredients. Clindamycin phosphate is an antibiotic with activity against Propionibacterium acnes, the acne causing bacteria and is nicotinamide is anti-inflammatory in nature. Support has Retinoid which is a topical retinoid and this regimen is effective for mild moderate acne. If you have more number of inflammatory lesions and pustules, an oral antibiotic like Azithromycin or Doxycycline can also be added. Side effects of Retinoid include burning sensation, redness and . You can apply a moisturizer to your treatment like Neutrogena oil free moisturizer or Acne moist cream. If there is a lot of irritation or</p>
im 22 year young male im suffering from unexpected weight loss i knew that it is symptoms of diabetes and my scortum has swollen and i think its hydrocele.what should i do now? i haven t gone through any blood test i need your advice.please kindly reply	<p>HIIn Diabetic patient, due to insulin absence or resistance the sugar level of blood is not controlled. So there is the rise of sugar level in blood, this high sugar containing abnormal blood flows in all organ &amp; parts of the body. Everywhere there are some adverse reactions due to that abnormal blood. In spite of high sugar in the blood, tissues are not getting sugar for energy. So, the alternate process starts in our body to get energy from fats and protein mass like the muscles of our body. So, there are the decreasing amounts of fats and muscles, and so the weight loss. Where there is sugar, there is a chance of bacterial growth. So infections are common in diabetes. The HY . Hope I have answered your query. Let me know if I can assist you further.</p>
Im 27yr old female. 5 months back i had missed abortion due to the detection of TB infection in my uterus. from past 5 months im on my AKT treatment. Now im having AKT-2. I have a query, that will this treatment will affect my conceiving issue. I planning to conceive again in February. will i be successfully conceive it ?	<p>Hello. I guess your concern is about.will u able to conceive after AKT treatment.right.my answer is.YES. there are chances of getting pregnancy after AKT.u have told that u r 27 yr old that means u came under reproductive age group(age 15-45yr came under this group). In that age group chances of getting pregnant is high. But u had diagnosed Tuberculosis of uterus which poses some difficulty in getting pregnant. But DON'T WORRY.everything have solution. Ur next query is- My answer is-YES, they will affect your conceiving issue. My advice is u have to postpone your planning for conceiving till the treatment is completed. This treatment will effect your baby if u will take it during pregnancy. This AKT</p>
im 31yrs old working as an accountant my problem that was started from 18/06/12 till today onwards i observed from my pennis leakages a sperm while sitting. but i cant realised while getting out from my pennis. urine is going clear without any pain. but problems that leakage of white sperm from my penis . pls advise what to do ? thnk nazee	<p>Degree understand your concerns went through your details. I suggest you not to worry. Semen is a waste product. Body produces sperm whenever it is sexually aroused. Such semen needs to be thrown out of body. If we do not do it through masturbation or sex, body finds other ways. Emission as . Small amounts of semen escape through penis is quite normal and there is nothing to worry about. Worry only if there is any pain or burning sensation. Hope this answers your query. Available for further clarifications. Good luck.</p>
im a 17 yrs old . and i have suffering from a promblem of sperm masterbating . i cnt control it .if i	

will try to control to do dat . den a short leakage was fall down frm my penis . i became so tired dat i cnt do my studies well bec of dis . the prblm is so big dat if i even saw a girl on tv with short skirt or in a sexy sari . i cnt stop . to do masterbating . if i try to stop den a small leakage wii fall down which became me tired .!!

Hello It is good that you are trying to get rid of masturbation addiction. Its obsession is bad. Semen leakage may be due to overexcited state or excessive fantasy. You should avoid provocative literature and videos. You should try to be calm and try to engage yourself in your job. You may also need psychological counselling if symptoms persists. You should take healthy and nutritious diet. Get well soon. Take Care .

Im a 22 year male and im having pimple/ acne since i was 13,last year i consulted a dermatologist and i had taken a 3 mnths course of resteclin 250mg tablet and it stopped.But now because of my job im staying in chennai and all of a sudden i hav got pimples on my face for past 1 week along with mouth ulcer but the latter has reduced after consulting with a general physician.one of my friends father who is an doctor suggested me to take an microdox lbx so pls advise.

Hi thereat . It is not dangerous, but can leave skin scars. Your skin has pores (tiny holes) which connect to oil glands located under the skin. The glands are connected to the pores via follicles - small canals. Sebum, an oily liquid, is produced by these glands. The sebum carries dead skin cells through the follicles to the surface of your skin. A small hair grows through the follicle out of the skin. Pimples grow when these follicles get blocked. The majority of people who get acne will develop mild acne. This can usually be treated with OTC (over-the-counter) medications. OTC medications can be bought at a pharmacy without a doctors prescription. They are usually applied to the skin - topical medicines. Like Benzoyl Peroxide Salicylic Acid Retina hope helped your query regards

im a vertex III type baldness .as prescribed by my doctr im taking finasteride 2.5 mg daily mx 10% and biotin 20 mg for the past six months some hairs are grown in my temple area.how long should i continue this treatment .is there any possibility that my temple area will grow more hairs following this prescription

Hello. Thanks for writing to us at You seem to have an . They may also be recession of anterior hair line. Minoxidil and Finasteride are currently approved for this type of hair loss. Effects are usually evident within 3-6 months. Response varies from individual to individual and the severity of hair loss at the beginning of treatment. Early the therapy is initiated the better the response and vice versa. With this therapy the response is mainly evident on the front and crown of the scalp. The

im from tamilnadu and before a year we got transfered to karnataka. for this past one year im suffering from severe cold and cough. even it seems there is asthma problem also. my two sides bone below my breasts are painng a lot. pls give me a solution.

A course of antibiotics to eradicate the causative organism.2. Stalin & Aeroflot inhaler-provide symptomatic relief by causing bronchodilator (dilating the smaller airway passages, relieving the obstruction & increasing airflow to lungs)3. Montelukast preparations- used as a maintenance therapy to relieve symptoms of asthma.4. Antihistamine & anti-tussive preparations for symptomatic relief from cough.5. Steam inhalation & deep breathing exercises.6. Maintain adequate HY . 7. Also make sure that you are well protected from cold, dust & other allergens. If symptoms still persist, kindly consult a Pulmonologist for proper clinical evaluation. Wishing you a good health. Take care.

im jaswant singh from punjab ,india im 24 year and i have problem that when penis is fleccid then i can pull back skin from top but when it erect then skin becomes tite but if i pull skin back and

<p>errect then from bottom it becomes tite and give some pain.</p>	<p>Degree understand your concerns went through your details. Foreskin of penis is usually elastic, and you should be able to pull it back even when your penis is erect. I suggest you to practice the to and fro movement of your foreskin every day with soap water when you take back. After some days of practicing, the foreskin will gain its elasticity, and then you should be able to do the movement better. You may also consider circumcision which is a minute surgical procedure with which your foreskin is made flexible. If you require more of my help in this aspect, please use this URL. <a href="http://goo.gl/aYW2pR">http://goo.gl/aYW2pR</a>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.</p>
<p>im maha, my husband is suffering from infertility. now he is taking speman capsules, himalaya product. now i saw in net that spermac, vital M-40 and safed musli is good for infertility men. shall i tell him to take those capsules? otherwise please give some suggestions for good one.</p>	<p>HelloThanks for your query, based on the facts that you have posted it appears that your husband is suffering from Infertility. At the outset let me state that he needs to get investigated to find out the cause of his infertility. Please consult qualified Infertility specialist or Urologist for clinical examination and get following basic tests done Semen Analysis 2) Serum Testosterone 3) Blood sugar levels 4) Ultrasound scanning of scrotum.5) Color Doppler study of scrotum. Further treatment will depend upon the cause of his infertility and final diagnosis. All the products that you have asked for are supplements and has no rationale to take without finding the cause of his infertility.</p>
<p>im miss kalaiarasi .right now im working in saudi as a staff nurse. past three months im suffering from some kind of allergy . and i took treatment from here but after steroid treatment im putting on weight. and i cant come india for this reason right now. i need some good consultation. i was working before in mangalore ks.hegde hospital so know about you.one of my freind has taken treatment from you and cured. can you please do me the needful.if you ready i wil give the history about my allergy and i vil send my allergy photos to u. thank u. jope about this sir.and my friend still working in city hospital . if you need she will come to u for getting the consultation sir.</p>	<p>The allergies can be treated if we find the causal you are not getting results suggest you to stop all milk and diary products no mustard coconut walnut groundnut almonds soda oils only olive for applying olive for cooking warm water morning and evening no ointments creams shampoo soap containing milk and nuts steroid are not good you shift to tab methotrexate 2.5 MGM weekly dose tab singular 10 MGM beta Allegra 120 MGM Odin you can send me more details I can guide more</p>
<p>im Navaneeth,my problem is in the age of 17 i had lot of pimples and i have pressed becoz of that holes r formed on my face and my face looks ugly.and now im 19 yr old.,how to overcome to remove holes from my face</p>	<p>Hi Nazareth, Forum, There are two best ways to treat you. One is either lasers or second DERMAROLLER.kindly let me know where you belong to, so that I can suggest you the best laser. Dermanroller is a small instrument which is rolled over the skin, and it causes collagen remodeling to improve your pits. No cream would work on pits. Kindly consult a dermatologist for same. Regards, .</p>
<p>in 2003 iwas diagnose of ptb.my sputum was negative and my chest x-ray was read as fibrous densities found on my upper left lung.after 6 monts of treatment my chest x-ray was clear.after a year i got a chest x-ray was the same when i was diagnosed of pyb but my body isnt suffering from any signs of sickness.up to this time the chest x-ray was the same.one doctor at a laboratory said to me that maybe it was a scar.can it be cured?what can i do?</p>	<p>Thanks for your question on Healthcare. Almost all tubercular lung lesions heal by fibrosis or calcification. They form permanent Scar on lungs. These scars are inactive, noninfectious lesions.</p>

They are seen lifelong. No treatment is required hence available for these scars as they are inactive and non-harmful. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

in 25 june dr. did me ovariat cyst operation by laproscopy and open surgery because cyst was chocolate cyst but still my stitches not healing up and 1 nodule is also in my stomach but now its ok but pus formation not stop now and Dr. told me i am suffering from TB but without test how can i take TBs MEDICINE PLZ sir n mam plz help me what can i do please

Hello dear, I read and understand your concern. No, it's not look like TB. You should confirm this with the microscopic examination with ZN staining. Once the report is positive you are confirmed of TB. But I suspect it is not the TB, it is the general infections caused by bacteria. You can take the . Please maintain good care of the wound by frequent

Is Imitinib is a medicine which cures blood cancer? Is it available for free of cost at Adyar cancer Institute in Chennai, Bangalore, Trivandrum, kovai Rama Krishna Hospital? I would appreciate you if you could provide me the exact information regarding the genuineness of the above statements

Hi, dairy have gone through your question. Imatinib is useful in blood cancer. But it is not useful in all blood cancer. It is very effective in chronic myeloid leukemia. But it's not effective in acute leukemia. Moreover, it can control the disease. It can not cure the cancer. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

is there any medicine to increase sperm count and increase the sperm motility . and i m suffering from necrospemia. in the span of 4 months my sperm count have been decreased to 20million/ml from 68 million/ml. how to regain my original sperm count and motility? please provide the best suitable medicine thanks santosh

HelloThanks for your query, based on the facts that you have posted it appears that you have Necrozoospermia. Necrospemia is mainly due to either presence of infection in seminal vesicle or prostate or due to presence of anti sperm antibody which kill the sperms. There are no medicines to be proved effective to treat Necrozoospermia. And to improve sperm count. Please consult qualified infertility specialist for further evaluation to find out the cause of Necrozoospermia and or else to explore possibility of conceiving with the help of newly assisted reproductive techniques like Sperm concentration, .IVF or CSI. .

it have been six year for marriage i have been diagnosed with azoospermia and under went biopsy test with following result right testicular biopsy - partial atrophy with associated maturation arrest please help me with further line of treatment

Hi dear. I had gone through your query. Maturation arrest with atrophy means there no sperm maturation, so it will lead to azoospermia. There is no line of treatment to increase sperm. You have gone with artificial method of insemination. There are various methods like IVF or artificial insemination from donor etc. You need infertility counselling. So consult gynecologist or infertility specialist for better assistance. Still if you have a query then feel free to ask. Happy to help you further. Thank you.

Last Friday(13/12/13) early in the morning my mother felt giddiness in her head when she was doing her daily routine activities. She was also complaining of weakness in her both legs, for that she relaxed for sometime.But immediate just after that she vomit out, and after that she was completely all right. Now two days before i. e. on 18/12/13, she felt again giddiness but not any vomit like sensation and after that every thing is all right. Her age is 45 years, ht 5 feet 3 inch, wt 62 kg.Her past medical history includes: 9 years before she had a rt. side lacunar infarct stroke, but she recovered fully from it.2) 3 years before she had epileptic fits started but its under control due



to medication she was taking, which she stopped now one month back after her doctors instruction.3) In 2010, she was operated for left side breast cancer by MRM procedure. she took chemotherapy for it and now she is on hormone replacement therapy (anastrozole 1mg).4) she is also hypertensive for which she is taking medication and its under control.Now Im scared why she had attacks of giddiness, Please guide me by your suggestion.!!Thank you

As he had lacuna infarct stroke, she is at high risk of getting new stroke or extension of previous infarct. This may be due to Repeated Transient Ischemic Attacks (TIA).TIA lasts for few minutes to hours and recovery with in 24 hours thus please do CT and MRI brain to detect any new infarct.2. She may have Cardiovascular disease. Please check her blood pressure. In addition, she needs complete cardiac evaluation Electrocardiogram, Echocardiogram and Treadmill test. Then consult your treating Physician for further management. Hope this helps. Please write back for further queries. Wishing you good health.

last month i got dengue fever but still now i got pain and uneasy at left chest before infection i got sinus infection doctor told me that i got migraine type of headache how can i save from other 3serotypes can you tell me please iam so worse.

Hi dear.at beginning I would like to tell you that dengue fever is viral disease and transmitted by mosquito bite .one of the most common symptom of dengue fever is muscle pain, but we should take seriously your complaint as there are some complications of dengue fever .you need to do ct scan of the chest and laboratory tests as sometimes the virus affect heart muscle but you should not be stressed of that.simple steps and investigations, and you will be good.take care of your self.hope that I helped you

last week i did my endoscopy and my result was pylokit(positive), therefore doctor advice me to take h.pylokit medicine for 10 or 14 days and should take that medicine before food. is that correct? please suggest. my email id is YYYY@YYYY

Hi, Pylokit should be taken before food. Pylori Kit is a combination of three medicines: Two antibiotics (Tinidazole & Azithromycin) and a proton pump inhibitor (PPI) which reduces the amount of acid in the stomach. To ensure adequate absorption from the gut and better efficacy, the kit should be taken on an empty stomach before food. Hope I have answered your query. Let me know if I can assist you further.

Input	Output
M 24 year oldn i wants to ask about some good mental exercise which can help to enhance my concentration power. also provide me some information about what food should i go for so as i can improve my memory .also tell me some trickr or whatever else what can help me to remove the depression before exams.i will be very thankful to you for this.	Hi ashish31techboy, It appears you are health conscious. Good. Schedule your activitiesPlan your work (studies) so that it is feasible Have time for physical exercise (Brisk walk 20 min in morning) in your schedule Do not hesitate to get help from seniors to plan your preparation For improving concentration:Go for regular Relaxation Techniques : Breathing Exercise JPMR (Jacobson Progressive muscle relaxation technique) is useful All the Best!
Me aged 27,female, I have no equal teeth so I cud not smile good n comfortable, once I have done cavity removal n cement filling, can u please suggest me what cud I do, actually during school days I got double tooth and front one had fallen and back teeth has moved forward its not clearly settled to other tooth equal, so find uneasy to smile, so my question is, Is teeth removal is necessary	Hi. Can understand your concern. As per your complaint you have MALIGNED TEETH and you do not need to get it removed because as per your explanation your milk tooth which was over retained in the front region where you had double teeth has already fallen and the tooth that is remaining is a permanent tooth, and it can be very well re-aligned by Orthodontic treatment by using braces. I would suggest you to consult an ORTHODONTIST and get evaluated and treatment will be accomplished either using removable or fixed orthodontic appliance and the tooth will be aligned. Hope this information helps. If you find the answer helpful please write a positive review and click on found this answer helpful as a token of appreciation.
me and my gf were intimate a few days ago. it was 3 days after her periods were over. i was wearing a condom and there was no intercourse. she took off my condom and gave me oral sex but i DID NOT EJACULATE. i then kissed her and then gave her oral. is there a major chance of her being pregnant by the pre ejaculate that might have gone into her through her mouth then mine and then into her?? i had masturbated 2 days before this and had peed several times. please help. thank you. there was no semen and only a little bit of pre ejaculate on my lips.	Hallow Dear, Semen can impregnate women only if the sperms from semen reach the egg of woman. The only natural way for the sperms to reach egg are through vagina â†’uterus â†’ Tubes â†’ egg. There is no access to the egg or reproduction system of woman through gastrointestinal tract. Hence, even if man ejaculates in the mouth of woman, and/or even if she swallows the semen, there is no risk of pregnancy whatsoever. For conception, it has been penetrative peno-vaginal sex with ejaculation. I hope this helps you.
me n my wife had intercourse 4 days back without any protection. my wife has taken ipill on 2nd day after intercourse. Now after 2 days of taking ipill heavy bleeding started and it is like bleeding with some particles in it. I am really very afraid what to do plz help me	Hi Hope this message finds u in good health. I have gone through your msg and understand your concern.it may be due to some sort of hormonal imbalances or variations in the body, though there may be other reasons as reclothing to worry about, You should eventually get back to normal. Take multi vitamin and calcium supplements Do consult a gynecologist if symptoms worsened back to me for any FOLLOW-UP QUERIES anytime. .(MBBS, MS,MCH)
meri sister ko 16 april se fever tha jiske baad doc ne normal medicines di jiske baad bhi fever thik nahi hua . Uska blood test krwaya jisme typhoid aaya h . Uska test 4 may ko karya hai . Aur uske puri body per red skin bumps bhi h .doc ne antibiotic di hai jisko lete hue 6 din ho gye hai par abhi	

bhi fever aajata h . Aap btaye ye dangerous to nahi hai ya hospital admit kraya jaye . Fever rhte hue or red skin bumps ko 3 ,4 weeks ho chuke hai .

Since, your sister is having fever for 2 months, so also red spots. In typhoid fever usually there is low grade fever while patient also feel mild chills, headache, generalized body pain. But in my opinion, please get in an X-ray chest and blood examination for ESR (if more than 100 mm) then a cause of concern. In my opinion consult a qualified physician and get his opinion after complete examination. Without physical examination it is very difficult to establish any diagnosis as there are so many possibilities present for fever.

my 1 year old boy had fever of 103degree since 4 days at every 6 -7 hr interval. also cough and cold started before 2 days. cough with expectorant but can't able to come out. he refused to feed. tretment given are cefoprox BD, clarithro BD and decongestant but still no improvement. what i have to do now?

Fever of few days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Paracetamol can be given in the dose of 15 mg/kg/dose (maximum ceiling dose of 500 mg) every 4-6th hourly that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.

My 14 months daughter is suffering from high fever from last 3 days today in blood test report TLC of her blood cells is high about 17000 is more than the normal. My doctor suggested an antibiotic Monocef-O 50 4ml BD with 4ml Crocin 5 hourly, is the prescribed medicine is sufficiently cured my baby?

Hi. Fever of 3 days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. If the kid is active when there is no fever, actually I feel antibiotic - Monocef-O is not indicated here. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Paracetamol can be given in the dose of 15 mg/kg/dose every 4-6th hourly that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Regards -

my 15 months old daughter is suffering from loose stools. 8 days back she was prescribed to have nizonide, enterogermina and zinconia. for 2 days she recovered and again the loose motions started. she was then prescribed bacigyl suspension, but all in vain. she has developed rashes which is really painful for her. she is on nan 3 and little bit of rice. please advice me what can i give her more to eat and how to cure the dark green motion.

Hi, loose stools which are dark green in color in a 15-month-old child can be due to acute gastroenteritis. The main thing that we have to keep in mind is to prevent dehydration. Give more fluid to child. You can also give a pre Biotic like enterogermina ampule once a day to increase gut immunity. You should also do a stool routine microscopy test and stool for occult blood test. Give soft diet to child. Further treatment will depend upon the report. Take care.

my 16 months old baby boy getting cold cough and fever and loose motions from last 7 days i am giving calstop ,s mucolite and crocin syrup but it is not recovering so is it serious condition? then

what should i do if yes or what to do if not	<p>Cough and cold are common in. Generally these are not a cause of concern as these are self containing conditions and resolve in 5-7 days without any treatment of the cause. Antibiotics are ineffective in a viral infection. At times, in case of a severe reaction, secondary bacterial infection may be present and only then antibiotics are indicated. Generally the viral infections have an allergic component and some anti-allergic may help. The medicines being given are proper, and you may continue giving them without worrying. Additionally, giving steam inhalation will help in diluting the cough and give the child relief.</p>
<p>My 6 &amp; 1/2 yrs. daughter having a small boil at the start of nose and it causes soiling on the face (i.e. under eyes, throat &amp; chick). Yesterday Doctor prescribed AZAX 250 (Azithromycine), but the problem is increased. I contacted another Doctor and he has suggested AUGMENTIN 375 3 TAB daily. Is it OK?</p>	<p>Hi, It seems that there might be having soft tissue infection leading to induration, swelling and pain. Azithromicine is good antibiotic but any antibiotic including Augmenting takes some time to start its action. So wait for 2-3 days, its effect will start, and she will feel good. Remain follow up with your doctor as having sever infection at this site might cause some problem. Give her anti-inflammatory medicine for 2-3 days. Ok and take care.</p>
<p>My 7 year old daughter has a symptom of headache/fever/etching pain in the stomach. Her present bill-rubin level is 0.6. are these symptoms of jaundice? her 24 hour urine output is very low about 80ml yello in color though her eyes and face does not looks yellowish. Thanks and regards. Anil India</p>	<p>Yellowish discoloration of eyes/ skin and palms and nails.2. Complete loss of appetite.3. Completely [pale colored or white stools and very high colored urine.4. Altered sensorial or consciousness or seizures. If the above symptoms are not there you need not worry. Moreover, a serum bilirubin of more than 3 or 4 only is suggestive of clinical jaundice. Regards -</p>
<p>my age 30 yrs and waight is 67 kg n hight is 5.5 fits.My problem is that my penice is not erected too much during the sex and due to which im unable to intercourse properly.I have lost my mental confidence n strainght.tel me plz how can I improve my sexual strainght and cofidance?</p>	<p>Hi . Thank you for your query. I understand your concerns and I will try to help you as much as I can. Erection problems can have many causes. These include:Physical problems, such as injury to nerves or loss oxblood supply to the penis. Other health problems, such as diabetes, high blood pressure, anxiety, and depression. Side effects of certain medicines. Stress. The exam, lab tests, and sometimes mental health tests can help find out the cause of the problem. Treatment is based on cause and include avoiding tobacco and</p>
<p>my age is 20years.My prolactin is very high its 197.56.I want to ask what could be the reason for this increase in prolactin.Is it due to rabee d ? I was taking this medicine for 2years but now i have discontinued it on the advice of my doctor.i have also taken medicine for depression few months back.Has it increased due to these medicines or there could be any other reason?I read that it also increases due to tumour.</p>	<p>Hi, I have read your question and understand your concerns. Let me try to help you Question : What causes increase in prolactin level? Is it due to ranee d ? Answer : Yes. Ranee D can increase Prolactin level. It is one of the well documented actions of ProlactinHope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Let me know if I can assist you further. Take care.</p>
<p>My age is 22. Few days earlier i found 2 lumps on my back part of skull (it was not there before</p>	

that). It also has some pain on touching. I felt like part of the bone . I also have increase in hair fall since last few days . Also few months back i have noticed change in bone structure behind ear.

Should i be concerned ? Or can this be brain tumor or cancer ? :O

I studied your problem in depth and I understood your concerns. Treatment for the 2 lumps on back of head-In my opinion you should not be concerned much about it, but should investigate it with your ER Surgeon, who would treat it according to its cause. From your facts of the query-In my opinion-these 2 lumps appear to be just boils, as they are painful to touch. This is not a cancerous tumor by all means, hence don't worry at all. So take treatment from your ER Surgeon, who would treat it after due investigations and treat it accordingly. This advice is based on the facts from the history you give and needs further clinical check.Hence, I would advise you to check with ER Surgeon. So don't build up wrong concepts and create more psychic complications in you which would increase risks and costs to you. Hope this would relieve your problem. Welcome for any more query in this regard to . Write good resume and Click thanks if you feel satisfied with my advice. Have a Good Day. . N.

My age is 23.i m suffering from hairfall.i hv no hereditary baldness problem.no major trauma/illness.bt suffeting from hailess.hair is so weak if i move my finger across my head.definitely 2-3 hairs r on my fingers.i m confused abt the products to use to tackle ds prob.right nw i m using himalaya anti hairfall sampoo.bt its totally ineffective.suggest me smthing plz.

Hi I have gone through your query and would recommend you to get your hemoglobin, serum ferritin levels, serum vitamin B12 and serum vitamin D levels and thyroid function tests done to rule out any internal cause of hair loss. Start applying minoxidil 2 per cent lotion on the scalp twice daily and take hair supplements containing biotin like tablet seraglio Eva once daily. You need to continue this for 4-5 months to see significant results. Hope I have answered your query. Let me know if I can assist you further. Take care .

My age is 26 Right now, Previously i masturbate alot because and than i was facing nightfall, and than i controlled masturbation but still my nightfall wasnt stop, i ate some herbal medicines than it stops for sometime. last december i masturbate. at that time everthing is fine than i am busy with my job and now this month accidentally i masturbate than i see my sperm flowing like water none of thickness in it, between this i also face sometime nightfall. What i have to do i am feeling scared.

Hi, Nocturnal Emissions are normal occasionally, say once a week if you had not had sex for some time or did not masturbate. However, excess is bad. Thinning of semen is not regarded good health sign in Ayurveda while allopathic science doesn't bother about it. Neutrally saying, thinness of semen recovers if you do not lose your semen again n again through any route e.g. sex, masturbation etc. But to recover it fast and in a healthy way and without any bad effects, some group of hero mineral combos have been prescribed in Ayurveda referral books which are very successful in enhancing libido, thickening the semen and checking excess nocturnal emissions. If you agree, you may take any Ayurveda doctor in confidence, including me, to chose and select for you from among Rushy, Vajikaran or Ramayana group or any other hero mineral Ayurveda medicine which is safe n without side effects. If you agree, pl write me direct question for further course of action.

my age is 28 year i live in thane maharashtra india i have slip disc in l3,l4&l5-s i have too much pain in back &both legs i take a treatment by dr gautam zhaveri spine specialist they treated by traction some penkiller and then also nothing improvment then they give me pain killer inj in back but that also not work then some day they give ma some steroid tab that works but they told me only 3month yyou can take this if they are not work you have to do oprqtion then i go to ayurvedic hospital in cochin they give me panchakarma treatment and aplay plaster on my chest to back for

45days now all ayurvedic treatment also complited but i have now also pain but that pain killers i stoped what is the perfect treatment for this slip disc im sorry for my this type of english but i undestand what you will ans me

Use hard bed to sleep. 2. Avoid jerky movements of the spine. 3. Use LS belt while walking, . 4. Keep your posture straight. 5. Do regular exercise and physiotherapy as prescribed by your physiotherapist. 6. Do not lift weight. Hope this will help you. Best wishes

My anty is suffeering from unfunctioning liver. Just today only doctors in podicherry confirmed that she has Liver cancer. She is just 38 years old. Our family members were very sad about this and we are unable to come out of this. For last one month she vomits whatever she takes in. She doesn t pass urin or motion. Nothing stays inside or not digested. Could you please suggest us and we are also ready to come to the Adayar hospital tomorrow. Please help us to save her life sirs.

Hi . I understand your concerns and I will try to help you as much as I can. This is serious disease and surgery or chemotherapy the most important thing that should be done. Also, medications which are hematologic should be avoided. This is necessary to prevent disease progression which is lethal in most cases. At early stages it can be treated with these measures but in case of progression, only liver transplantation may help. Diet should be balanced and healthy and get regular exercise. Limit high-carb foods such as bread, grits, rice, potatoes, and corn. And cut down on .

my aunt is 52 years old now and she was operated in 2000 for blockage in kidney and after that kidney has not been working at all. but now the size of this kidney has been increased upto four degrees due to which she is facing physical reactions on her body although we are not clear about what it is? and what treatment we are to follow now? please suggest. we are waiting for your reply and appointment. thank you so much!

Increasing in size of the kidney might be due to obstruction that might still be present. I would recommend a CT Program if the creatinine is normal. That way we would have an estimate of the function of the diseased kidney, and whether there is obstruction present. If there is obstruction and kidney function is almost nil then it would be better to remove the kidney to prevent complications of that kidney remaining in the body. I hope I have answered your question satisfactorily.

my aunty is doing somewhat like strange persobalily every day at evening. as she lost her identity and behave like a strange person. many people suggest us to take her in a temple of god abd much like this ideas. but i do not believe in all these process. i think she is getting habitual to this as she saw peoples in our area around her and she behaves like a possessed personality. even she do not identify to any person while this process. and also utter anything about people around her. she do not have any proplem regarding mental stress or harrassment but i dont know why this hapeening. just she is low confidant person and fearfull personality. plz suggest me some ways about her problem. my uncle thinking to take her in aashram where pooja havan like procedure they want to follow but i thik she need a mental advice.

Hello. I appreciate your opinion of taking a mental health care professionals advice for your aunty. The problem which you have described about your aunty is technically called conversion disorder. The patient has some mental stress which he/she can express in form of physical symptoms. The patient learns the behavior from the similar patients in the neighborhood. I suggest you to take your aunty to a psychiatrist for detailed evaluation. She would also need to practice some relaxation exercises once the possession episodes decreases. I would also advise you to not go against the beliefs of family members. But please do not follow any of faith healers blindly. Hope this helps you. Thanks.

Input	Output
my baby girl is 4 1/2 months old and is suffering from increased frequency of stools which r partly watery and green coloured and sticky since ystrrrday afternoon. i m giving her wallamycin since ysterday night. can i continue her with wallamycin or should i start with antibiotics.	What your kid is having is not a diarrhea and is only a gastronomic reflux. It is quite common for babies of this age group t pass small amount of diarrhea or loose stools soon after feeds. This need not be treated as diarrhea and especially antibiotics are not indicated. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting.you need not worry. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.
my baby is 3 yrs old and suffering from cold and cough, currently she is having constant itching in her ears and tears in the eyes. my wife gave her Alerid syrup 5ml today. After discussing with her pediatrics he suggesting giving her Relent+, can you please suggest if the provided medication is correct for her to get faster recovery.	You may start Spy. Mantra for better relief. It will be soothing and more comfortable due to mild sedation and better allergic control.2. Try to find out any allergens in the surroundings of the kid. If possible, avoid them.3. Apply lactocalamine lotion on ears and skin to relieve itching if its present. Hopefully this will help you. In case of any further questions about this, you may contact me. Take care
my baby is one year and 5 months old but she prefers only milk and she has loose motion for the past two days as we travel long, please give me some tips to make her eat other food and some remedies to solve her loose motion thanks in advance sudha	HA child of this age generally needs to eat three large meals and three small snacks with adequate emphasis on fruits and vegetables. Generally, milk consumption without solid food reduces the children appetite and may cause loose stools. In the case of diarrhea while travelling it could be because of altered diet pattern or the milk itself. I would suggest you give adequate fluids, may be oral ready . The rule is one glass of Oral Rely
My brother 48 years old belongs to lucknow, non alcoholic, neither smoking nor any bad habits.in December 2010 after swelling in stomach found that having the liver cirrhosis. presently the HCV virus was found around 6 Lacs viruses. can you please tell that any of the treatment is possible without transplant of liver because it is not effordable for us.	. Ultimate treatment for cirrhosis is liver transplantation. If it is not affordable then less invasive procedure can be done to reduce portal hypertension like TIPS like shunt placement. For portal hypertension if needed beta blocker can be used. If edema and ascites present then low salt diet taken. Diuretic helpful in ascites. Grined spinach and carrot juice taken daily early in morning. Beet roots, papaya, turmeric roots, Indian gooseberry, golden seal, dandelion etc. good food for liver. Hope your concern solved.
my brother got kidney transplanted about 5 years back,. And now he is with one kidney donated by my mother. Again the same problem has raised i.e the kidney stopped functioning and doctors suggested to go for dialysis and in a short time to have another transplantation. Could anyone help me out in finding a solution in ayurvedic or in any other way, other than going for transplantation and this hell.  Thank You Sir.	HelloThanks for query. Your brother who has undergone Renal Transplant 5 years back is now showing signs and symptoms of CRF due to gradual rejection of transplanted kidney and have been advised to undergo re transplant again, I can understand your concern for your brother,

Unfortunately there is no treatment available in any faculty of medicine like Ayurveda or Homeopathy that can cure this measurable disease. The only treatment option is either to continue dialysis at frequent intervals as determined by his creatinine levels till he survives or to undergo renal transplant again. .

My brother is having very high WBCs count. at present as on 20th oct 2010 total Wbc count is 14800, neutrophils count -16 ,Esoniphils count-49 , as on 30 Sept 2010 total Wbc count was 40800, neutrophils count -15 ,Esoniphils count-71,As on 23rd july 2010 total Wbc count was 48500, neutrophils count -19 ,Esoniphils count-62.In All 3 test Hb,RBCs, Platelets were in normal range. other blood indices also were in normal range. Doctors are not able to say what it is,please tell me why this variation is happening in Wbc account. Please help us & tell us what it is & what is the solution for this.

Hi, dairy have gone through your question. You have eosinophilic leukocytosis. It may be due to allergy, hypersensitivity, parasitic infection, asthma, pulmonary eosinophilic or some other cause. You should go for further investigation to search the cause of eosinophilic, and then you should take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

My brother is suffering from cerebral palsy since his childhood. He is continuously getting fits and right side hand and leg are affected. He is 30 yrs now. We have been using both English medicine as well as ayurdic medicine. However, fits did not come into control. Past 6 months, fits are coming almost twice a day. Recently we went to a Doctor and he suggested us to use Carbatol 400mg and Lacoset 150mg. Good that he did not get any fits in these 20 days. But, 2 days back, suddenly he feels some problem with his right leg and couldnt use his leg as before. With great difficulty he moved his leg. But as hours passed, it became better but still problem exists. We were afraid it might be beause of the new medicine. Doctor confirmed that it is definately not because of the medicine and gave a new medicine TOLIFAST 150 and continue for one month. He said it happened due to severe cold . We are worried about the situation. Kindly please suggest. Thanks, Lakshmi

Hi, Thank you for posting your query. Fits can be brought under good control with medications in most patients (about 70-80%), in the rest, surgery may be required. Carbatol and Lacoste are good medications to control fits and seizures, and should be continued. The side effect of leg weakness is not due to these . He would require anti-seizure medications for whole life, as the brain damage resulting in fits are likely to remain throughout life. In addition, please do active physiotherapy to improve the leg function. I hope it helps. Please get back if you require any additional information. Wishing you good health,

my brother is suffering from left leg pain last some months recently he consult skin doctor he said that some pus is formed from below knee to foot. he is of age 52 and weight 120 kgs. please suggest what is the name of disease and whom to consult at hyderabad? please

Hello.than for your query on , there is not a great thing for you to be panicked. Do visit a surgeon immediately. Let the condition of your brother be diagnosed. Let them see his situation exactly. They will prescribe the right treatment. Do follow it meticulously. There is a no specific disease associated with it. There can be various reasons for it. Do meet any good surgeon in Hyderabad. Things will gradually improve regards.

my brother is suffering from loose motions, abdominal pain , fever.also yesterday i gave him 2 tablets to control loose motion ( it was to control diarrhea and dysentrea as mentioned in tablet ) and 2 tablets of paracetamol.also yesterday he vomitted after having lassi.today he is much better



but still having above symptoms.please guideme.

He has loose motions, abdominal pain, and fever. You gave tablets for symptom relief, but not for cure. For complete relief he should use medicines to cure the infection. I advise you to consult a physician for diagnosis and treatment. He may need to be infused with fluids, if deny. Wishing for a quick and complete recovery. Best regards.

my brother was chewing pan masala from last 2-3 years but now he stops doing that but stains of them r there on his teeth that looks really very bad will u plz tell him how to remove those stains naturally.if possible then give some homemade tips.

The stains cannot be removed naturally. Consult your oral physician and get your teeth cleaned. You have to quit the habit and maintain the oral hygiene. You can use mouth washes. it's better to stop the habit because stains can be removed by cleaning, but if the damage has occurred to the cheek cannot be corrected. I hope my answer will help you. Take care.

My cheeks started hyperpigmentation about three years back. Initially, I did not pay much attention but gradually it the darkened spots started increasing in size. Then I consulted one dermatologist and I got detected with melasma. I applied cream CLEARZ prescribed by deramatologist, but discontinue using dat after getting burning sensation while having applied. I also underwent a test to see LH/ FSH ration which was also with the reference range. I did not consult the doctor furthermore. Now when i noticed hyperpigmented spots growing in size, again went to a doctor. He prescribed the capsules of vitamins and an ointment Cosmellite, which is causing redness with burning sensation on the area applied. I am unmarried and going to marry in a few months. Please guide me what shall i do.

Hi Anika, Thanks for writing in. You seem to have Plasma. It can occur due sensitivity to sunlight. For plasma as a general rule-Avoid sun exposure. Use a good sunscreen of SPF 30 and repeat application every 3 to 4 hours Take antioxidant and vitamin C supplements. You can apply DEFINITE cream at nighttime over the affected area. You need to consult a dermatologist as dermatology being a visual field, the cause for your pigmentation and the treatment required can only be suggested after proper skin examination. Few treatments like chemical peeling and dermabrasion can give you good and long-lasting results. Take care.

My child has one MCDK, Now he is 2yrs old? Really I am afraid for the problem every day, I have only one question, Any life-threatening in this issues at elder age, and it is possible to continue to long life within one kidney. Please I need your ture answer. Thanks and regards Sathish

, if only one kidney is missing, the chances of survival are excellent, since the remaining kidney is capable of handling the workload of its absent partner. The situation is different for babies with both kidneys absent. Around four in 10 babies with both kidneys absent (bilateral renal agenesis) are stillborn, and the remainder die within a few hours of birth. A baby can manage with one functioning kidney, since the organ enlarges to cope with the extra workload. So nothing to worry hope this explains

my child is 06years06months old he born on 10-01-2005.normal delivery after birth of8 hours he get breath speed and we kept in nicu. after 3 days he get seizures R focal seizures he operated with subdural hematoma during his age at 3 months.up to 4 years of his age he get multiple seizures like uprolling of eye balls clonic movement of R UL and R LL some times clonic movement of left side,complex partial seizures and R focal seizures,after 4 yeaqrs of his age all seizures are stoped from january 2010 he get Myoclonic jerks after awalking from sleep from 17-02-2011 he get complex partial seizures, he is also operated with general cataract of left eye.In MRI he have (LEFT TEMPORAL LOBE PORENCEPHALIC CYST. (2)FEATURES SUGGESTIVE OF SEQUALAE TO PRETERM (MILD TO MODERATE)HIE.NOW he is on medicine ( livitratcim

(TORLEVA-500 mg) 1-1/2-1 (2)clobazam 5mg-1-0-1 (3) clonazepam 1mg-0-0-1 Topiramate 25  
-1-0-1 present problems :-( Myoclonic jerks (sudden jerk after awaking from sleep) approx 10/day  
(2) complex partial seizures 2/week.give your valuable suggestion for my child for which i will be  
thankfull to you entire life.

Hi, I have read your question in detail and I know that you are very concerned about your child. The reason for seizures in your child appears to be hypoxic ischemic injury as suggested by MRI scan. The problem has increased because of subdural hematoma which was . The brains recover itself over time and there is no medication for it. We have to take care that seizures do not occur in future so that condition doesn't get deteriorated. Continue antiepileptics with good compliance as suggested by your doctor. I hope this will help you. Wishing your child good health. Take care.

Regards

my child is 1yr4months old and weighs 12kg.he was given nan formula milk from birth.i worry  
wether any diet drink should be given as i wish to stop nan.he eats 2 meals at breakfast and  
lunch.but that to not nutritious as i guess.iam aneamic from birth and i dont want him to go through  
it.please help me

Hi, Thanks . Milk formula can be reduced to 2-3 times daily. Give natural foods like rice with milk and sugar, vegetable soups, rice with DAL or rice with curd. Gradually see that he eats the diet taken by the adults minus spices and chillies. You can try soft bread with milk, or milk with biscuits. Iron containing foods like leafy vegetables or iron supplementation prevents anemia. Hope this answer serves your purpose. Please feel free to ask further queries if any. . V. Subrahmanyam.

My child is having cough and cold and fever and he has been given Flexon + Azee. But since  
yesterday night he has been vomitting at regular interval and the vomit includes cough. what  
should i do. I have given him Ondem as per prescribed dose

HYour child is prescribed with AEE (antibiotic) + Flexion (antipyretic, to reduce fever). He is not given any medication for cough, cold and chest congestion. Ask your doctor to add bucolic and decongestant combination like Solving Cold, etc. For vomiting, you may continue ODEM. Make sure your child doesn't get deny . If fever doesn't subside by 3 to 5 days ask your doctor for blood investigations. Hope I have answered your query. Let me know if I can assist you further.

My cousin was diagnosed with brain TB some 2 months back.She was admitted in Alleppey  
Medical hospital and her condition worsened over the period of time. TB tests were conducted with  
no positive result. Thereafter, she was moved to Chitra Medical Hospital, Trivandrum and her  
samples were sent to NIMHANS for further study. Meanwhile, this period my cousin was losing her  
vision. A brain surgery was carried out and it was found that the vein supporting the eye sight was  
blocked and it was infected. The doctors are saying that she will lose her eyesight in a few months  
or so because of the infection. We really dont know if it s TB.Is there anything which we could do to  
retain her eyesight?

Hi, Thanks for writing in. The eyes are vital organs, and it is important to treat any condition threatening eyesight immediately. TB is a condition that can present with unique symptoms and involvement of the vein supplying the eyes is rare. Since a brain surgery was carried out, it is possible that the doctors took measures to safeguard her eyesight, but little could be done as there was a lot of infection. When there is significant infection, certain decisions have to be taken by the operating surgeon to protect the life of the patient and avoid further complications. To confirm TB or not you can send slides to research hospitals elsewhere in the country but the hospitals she has shown are well known for brain disease treatments. Particularly for her eyesight, it will help if you can request the eye surgeon to have a panel discussion with her neurologist.

my dad is suffering from severe pain in the right side of the face,head right shoulder near medulla

and also in the spinal. he says it feels as electric shocks. the pain starts all of a sudden and is unbearable. nothing gives him relief for seconds, minutes or sometimes even hours. he consulted a number of doctors eye specialists, dentists, physicians and many. he got treated for spondylitis but it did not help. the problem continues and has increased in the past few months. we are very much worried please suggest us what to do.

Hi Your father sounds to be suffering from a spinal nerve being compressed if the problem is clearly over the SAME half of the head and face and can last as you say for HOURS at a time. He may be suffering from a CERVICAL NEURITIS. That's one possibility. The other is that something in the brain could be causing this, so I would recommend obtaining an MRI of the brain with GADOLINIUM contrast to see if there could be something intracranial causing these intense pains such as a mass lesion affecting one of the sphenopalatine ganglia which would give off the trigeminal nerve responsible for sensation of the face (on that side). Also, imaging studies of the cervical cord may be necessary to look at the area of the spinal nucleus of the trigeminal nerve to see if that is being compromised in some way. Hope I have answered your query. Let me know if I can assist you further. Take care .

my dad is of 47 year old his heart is weak by doing all medical precautions and tests one of a doctor recommended him to have a operation of having pacemaker so could i know what type of pace maker he would have and what is the price of that pacemaker?

Regarding your concern, I would like to explain that pacemaker implantation is required when something wrong is going with heart stimulating impulses generation or their conduction through special underlying cardiac conductance system as well. There are several cardiac disorders which deserve such a therapy, in order to supply inadequate cardiac impulses, avoid consequent daily physical performance limitations, and furthermore treat life-threatening conditions. Each cardiac disorder needs a certain pacing (and hence pacemaker type) regimen, one-chamber, dual-chamber, etc., and different pacing regimens, like AAI, VRI(R), DDD(R), etc. It is important to identify the exact primary cardiac disorder, to optimally define the appropriate pacemaker device. So, if you could supply a resting ECG, or an ambulatory 24 to 48 hours ECG recording (if the disorder is transient), it would be possible to clarify this issue. Regarding pacemaker costs, it depends on health insurance policies, available and applied to your living area, county, state, etc. and to certain individuals. There are no strict rules. Privately costs in my region, differ from type of pacemaker, and medical center (approximately 2500 - 4500 euro). Hope to have been helpful to you! Greetings!

my daughter 5.8 yrs old had cold and cough two days before, yesterday after noon she had fever, when we consult our doctor he gave combiflame suspension, vozet , cefixime 100mg. two doses is over. she is having tonsillitis too. does this medication work for her.

Hi I can understand your concern. Based on the symptoms of your daughter, the prescription given by the treating doctor seems to be adequate to eliminate the infection and getting relief in symptoms of cold and cough. When antibiotics are prescribed, it takes 24-48 hours for the medicines to reach the desired blood levels and show desired effects in the body. As the antibiotics are started from yesterday only, I would advise you that you wait one more day for them to work in the body and help with the infection. Till then, Coquitam suspension will relieve in fever and other symptoms. If your daughter does not feel better after tomorrow, I recommend that you should consult the treating doctor again. I hope this information helps you. I wish your daughter feels better soon. Best,

my daughter is 17 months old. two days back she got severe fever so doctor started with paracetamol and enterogermina due to somewhat disturbed motion. yesterday her fever increased

and consulted again so he added augmentin.now today she got very severe diarrhoea that was light colored and in bulk. i didnt stop augmentin .but motion were somewhat loose before antibiotic and got severe after it.fever got less. now on enterogermina, augmentin, zinc , mebarid.what should i do.? so situation doesnt worsen

Hi.this looks like a viral diarrhea. One of the side effects of Augustin is antibiotic associated diarrhea. STOP Augmenting. It seems your kid is having viral diarrhea. Once it starts it will take 5-7 days to completely get better. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting.you need not worry. There is no need to use antibiotics (LIKE AUGMENTING) unless there is blood in the motion. Antibiotics might worsen if unnecessarily used causing antibiotic associated diarrhea. I suggest you use zinc supplements (Z&D .

Input	Output
my daughter is 1yr old (10kg) having fever from past 8 hrs she s having sound in breathing like gud gud. I ve given crocin 2 times n her stool is green in color n some watery sound hearing from stomach. I don t know what to do .actually we r in travelling from last 4 days in the train.so I request u to plz advice	HIIT seems that your child is suffering from viral illness leading to respiratory tract problems and gastroenteritis. Do not worry. Just ensure a good diet and adequate HY . Give a zinc supplement such as zirconia and probiotic (enterogermina) for early relief. Most of these episodes improve within a few days. Visit a pediatrician if your child is not feeding well, irritable, lethargic or not improving after 2 days.
my daughter is 2 years old. she had puss in motion( similar to that colour of nose puss) on sunday for about 5 to 6 time. And some times motion colour was like puss. Yesterday it was 4 times. I want to know what is the reason behind that. What can i do with it.	HI understand your concern. Pus in stool may be due to dysentery, malabsorption or eating diet rich in fats. Does she have fever, abdominal pain or vomiting? If yes, then infection due to shell or amoebic dysentery can be there. She should be given antibiotics, so you should visit your pediatrician. In absence of these symptoms, it can be due to malabsorption or high fat diet. Is she taking more amount of butter, cheese, cream, oil etc. recently? If yes then reduce the amount & see if the symptoms persist? Hope this will be helpful. Take care.
My daughter is 2yrs 2months old. She is suffering from fever from today night. I was giving her calpol -250 mg oral suspension. Is it possible to cure her & how many times & how many doses i will give her. She is also suffering from wet cough. Please sir suggest me & guide me.	Coming to IST question, can cal pol cure her, Cal pol contains paracetamol which is safest . Disease responsible for fever usually resolves itself by 3- 7 days, as most are due to viral infections resolve by that time, if there is any danger sign / symptom you need to consult your doctor (baby dull even when fever is down, passing less urine than normal, poor oral acceptance, c/o throat pain or difficulty in ingestion, or any sound during breathing, rapid breathing, continuous high fever not relieved with paracetamol and tepid sponging, convulsion, or any change in symptoms like appearance of rash, cold extremities). Coming to 2nd question :- how many doses and interval, assuming 12 kg your baby needs 180 mg (15 mg / kg) that is 3.6 ml of Cal pol 250 mg suspension, at this dose you can repeat it after every 6 hours. If fever is more, does not come down you can always do tepid sponging .3. Regarding cough, she needs to be seen by doctor before suggesting any medicine. Thanks
My daughter suffers from daily headaches. They started at age about three years back. she is now 11 years old. what could be the cause. Most importantly, she has photosensitivity during these headaches. There have been no problems in her vision. Please suggest how would I go further.	HDaily headaches are very disruptive! I'm sorry to hear this. Since she has been having headaches for 3 years, it is not likely to be because of a tumor because this would have gotten worse. The fact that she has photo-sensitivity would lead to the diagnosis of migraine. She should see a neurologist to try a daily preventive medication. There are several to choose from and try. Hope I have answered your question. Let me know if I can assist you further.
my elder sister gets depressed suddenly and starts creating scene. She says she has become alone and has no true friend. I am her brother and she says that I have separated her from our parents. She is persuing her Masters degree presently. We have tried to console her every time she does like this. For some days she becomes normal but again after a few days, she starts	

getting upset. She even cries in loneliness in her room. It has become very difficult to control her.

We can hardly satisfy what she wants. She always blames me of ruining her life which is not at all true. This is not a new problem. I have seen her doing all these from my very childhood. Any help would be appreciated

Dear brother, The phenomenon of displaying these sorts of mood swings and blaming you for the loneliness and sufferings are the classic symptoms of SIBLING RIVALRY which is emanating from her inner mind. As a matter of fact, the elder offspring gets a sort of insecurity feeling, when the second one is taken birth since all attention is diverted towards the newborn which is beyond the comprehension of the firstborn. In this context, the child(your sister) construed that she was being avoided by her parents on your arrival, which hurts her in her inner mind. The inner mind of the first child is not so developed at that stage and is not expected to reason or rationalize the core fact. This could have been avoided, had her been given enough attention, care and a reassurance of the unconditional love of her parents in the midst of all your birth and growth. Unknowingly, she displaces her anger towards you which was originally towards the innocent parents. The elder sister, all through her growtpares the love, care, attention, things, events etc. which you enjoy that of her and confirms her conviction in her inner world. These are all the unconscious process started from her childhood since your birth. The lingering thoughts emanated from the harbored emotions are the causes mood swings. Whatever happened has happened. Need not worry. Everything will become alright. Take her to a Psychologist for intervention and for the mood swings, a Psychiatrist can effectively prescribe some medication for a short duration. The psychological counselling and the unconditional family support will invariably help her mind coming in terms with the reality, and she can lead a peaceful life. In case you need any further clarification, please do check if you can contact me directly. I am from Erode, Tamil Nadu. Best of buckwheat days ahead. .

my Eosniphils count is 18% and i am feeling difficulty in breathing and doctor prescribed me banocide 100 mg levoflox 500 mg and montek lc .sir these medicine are enough or should i go to pulmanologist ? i feel difficulty in breath sometimes. my whole CBC was normal except this problem

Hi I do care for your concern. The . You have not mentioned your age and occupation Raised eosinophil count is usually associated with exposure to allergens for prolonged period. It is advisable to prevent the exposure and along with this treatment it will help you a lot. There is no need of pulmonologist intervention right now. Hope I have answered your doubt, if you have more feel free to ask. Thank you.

my father Dr. PRAVINCHANDRA RAO is suffeing from PORTAL HEPATOPATHY.ON 9 TH FEB HE HAD BLOOD OMITTING 1ST TIME. THEN HE HAD BLOOD OMITTING ON 20TH APRIL AND 6TH JUNE. HE HAVE UNDERGONE 3 ENDOSCOPY S AND DOCTORS HAVE FITTED IN ALL NOW 7 CILESTIC BANDS ON HIS VEINS NEAR LIVER. THEY SAY THAT VEINS HAVE SWELLING.CAN YOU PLEASE SUGGEST ME SOME TREATMENT . PLS SIR REPLY FAST WE ALL ARE LIVING IN PANIC. IS PORTAL HEPATOPATHY CURABLE????

Hi, The condition from which you are suffering is called Congestive nephropathy. Due to chronic passive congestion of the liver, there is venous congestion, usually and most of the time its secondary to congestive heart failure. Please send to me the reports of your endoscopy, your 2d echo reports and other tests reports. Treatment is directed largely to removing the cause, or, where that is impossible, to modifying its effects. Treatment options are very limited, and usually the primary cause needs to be treated. Message me all detailed reports. Hope I have answered your query. Let me know if I can assist you further.

my father Dr. PRAVINCHANDRA RAO is suffeing from PORTAL HEPATOPATHY.ON 9 TH FEB

<p>HE HAD BLOOD OMITTING 1ST TIME. THEN HE HAD BLOOD OMITTING ON 20TH APRIL AND 6TH JUNE. HE HAVE UNDERGONE 3 ENDOSCOPY S AND DOCTORS HAVE FITTED IN ALL NOW 7 CILESTIC BANDS ON HIS VEINS NEAR LIVER . THEY SAY THAT VEINS HAVE SWELLING.CAN YOU PLEASE SUGGEST ME SOME TREATMENT . PLS SIR REPLY FAST WE ALL ARE LIVING IN PANIC. IS PORTAL HEPATOPATHY CURABLE????</p>	<p>Was he an Alcoholic? Your Dads History suggests, he has Portal Hypertension which is an increase in the blood pressure within a system of veins called the portal venous system. What other symptoms does he have? The treatment for these focuses on preventing or managing the complications, especially the bleeding from the varices. Diet, medications, endoscopic therapy, surgery, and radiology procedures all have a role in treating or preventing the complications. He should stop . If endoscopic therapy,</p>
<p>My father got an paralytic attack on 17 sep and is under treatment. but he is unable to swallow food easily he foces it I just want to know that is this normal, resulting low diet and weaknss. we r doing phys therpy 2 hrs a day but still he has slow development. Sir what precautions has to be taken during this period, steps for fast recovering. pls suggest ur valuable suggestion</p>	<p>Hi, Your father suffered a paralytic attack that is CVA(Stroke) you have not given information which side means right side or left side, if it is right side usually speech is also affected. In such condition patient some time find difficult to swallow, they should be fed in sitting position and very slowly semisolid diet and keep good hygiene as otherwise food can get impacted and infection and thrush (Fungal) can occur. If there is cough during feeding there is risk of aspiration then you should put a Ryleâ€™s tube for liquid feeding and supplements can be given to keep good nutrition. Please continue physiotherapy and other medicines and if there is weight loss or other sign of nutritional deficiency pre formulated nutrition may be given in consultation with your doctor. Please take good care of him Good Luck to you.</p>
<p>My father had an hip joint replacement with Bipolar Hip Prosthesis By Dr. R. Homchoudhury, 3and 1/2 month ago. Now he is urgently needed a MRI scan for Brain. I require to know that whether MRI scan is dangerous for his Hip joint or not ? Some doctors said that it not safe to go for a MRI scan carrying a metallic hip prosthesis. Please Help me.</p>	<p>Titanium implants2. Stainless steel implants Those persons which have stainless steel implants in their body cant go for MRI. However, those which have titanium implants can go for MRI, there is no harm. Usually, in replacement surgeries, titanium implants are used. But before going to MRI scan you have to confirm it either from the hospital or the operating surgeon if he has a record. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>my father has 2 blocks in his main and one block in others wein , he has total 5 blokegs .doctors suggest as 4 bypass or enjoplasti .we r confews to what to do can u suggerst me which is good option and his age is only 61 and he is diabitik also .</p>	<p>Hello. Thank you for your question . I carefully Everything in medicine, from pharmacological to procedural interventions have their risks. Now, if the operators first recommendation was to pursue the bypass road, then I would agree, because we have certain scoring systems which help our everyday benefit/risk decisions. Bare metal stents have a probability of 16% to develop in-stent narrowing, and . The more stents are put in coronary arteries, the greater the risk of developing in-stent narrowing. Also, the lesser the diameter of the stent, the greater the risk of developing this event. All the patients that we recommend for coronary artery bypass grafting (CABG) can be resolved with stents. But, it is this risk that make us recommend CABG. On the other hand, CABG patients have higher risk perioperative, but the long-standing benefits in survival, symptom relief and quality of life are close between the two procedures, and better with CABG, when there are several blockages in the coronary arteries, because of the risks I explained above. Although, I</p>

cannot be clear-cut or the decision-maker to whether one procedure is better than the other in this case, as I have not seen the angiogram film, I would suggest you to follow your invasive cardiologists' advice. I hope I was helpful with my answer. Good luck. Take care,

My father has facing problem of cough (wet and dry) form last 4 to five years. He had taken treatment from some special doctors but he is not got any relief.(some Aurvedic medicine also).Please suggest solution or reference doctor of area Nagpur, Amravti, Akola or near by in Maharashtra.

Hi Thanks for writing in to . Kindly consult a physician/pulmonologist regarding an X-ray of the chest and a pulmonary function test to rule out any chronic respiratory problems. If he is a smoker then he needs to cut down on that. Chronic smoking leads to inflammation of the respiratory tract that can lead to respiratory problems. If he is not a smoker then he may need cough suppressants. However, a cause of chronic cough should always be investigated. .

My Father has total left side Paralysis for last 6 years now he can able to walking with sticks so I just want to know my father has nothing any any improvement on his Left Hand so plz Guide me about this Matter and sir is there any possibility for surgery ya any thing else

Dear caring son your father must be suffering from post CVA left sided hemiparesis involving upper limb and lower limb. This happens due to uncontrolled hypertension. General progress is with physiotherapy and time lower limb recovers partially so that patient is able to walk. Upper limb especially hand recovers poorly. Since 6 years has passed and there is no recovery, chances of improvement is poor. You need to consult physiotherapist who can guide you better. Hope this is useful. Surgery is not helpful in any way.

My father in law is suffering from Jaundice from past 15 days.we have taken treatment from hospitals in .looks like it got cured.but from today onwards he is having vomiting.could you suggest what can be done and what is this symptom for. Thanks a lot for your help

Hi, Thanks for posting your query. Let me know the cause of jaundice, his liver function test status, ultrasound imaging study. There may be chances of relapse in case of hepatitis A, Hepatitis B and obstructive jaundice. In obstructive jaundice, until unless the obstruction is relieved there is high chances of relapse. Vomiting may be due to liver dysfunction or may be due to upper gastrointestinal tract pathology. You should again consult with your treating doctors and take proper treatment. You should also take anti-emetics and potassium rich supplements. Keep keen eyes on the HY . Take care,

my father is 56 yr old , suffering from haemoglobin problem which is only 6.7gm , WBC is counted is 5700,polymorphs is 76, lymphocytes is 21, eosinophils is 02, monocytes is 01, andbasophils is 00. what we are suggested to regarding best result of recovery? he is feeling very weak, having acidic problem and all the symptoms of anemia . please guide me ....what to do? reply fast

Hi Thank you for putting your query. Your father is having moderate anemia most probably of iron deficiency type. Your father need some additional blood tests to be done to know what type of anemia is this and what is the cause. Give him iron rich diet like chicken, sea fish, eggs, green leafy vegetables, soyabean, Jagger etc. Consult your doctor. There are various iron preparations are available. So get these medicines that will be prescribed by your doctor. Take care of your father.regards.

My father is facing unconsciousness since last 4 days. He is bedridden from last 19 to 20 years due to paralysis. before 2 weeks he get loose motion and vomiting but this all was stopped before 4 days and he were talking strangely. We admitted him in hospital but he is still drowsy and unconscious and now he is not saying anything and can't recognize any relative. He has excess



<p>nitrite in urine and heumoglobin I am very upset please tell me if he is fine or something is there to be worried? Thanks</p>	<p>Hi there. I hope to help you with the following information. Be . Increased Nitrites in urine are usually suggestive of that. Also, when there is a bad Urinary Infection, it can spill over to the blood - called Urosepsis and when this happens it affects the mental status also either due to fever or due to a number of other causes. With age, the brain starts to shrink and on top of this when they have another problem like an infection, they go into altered consciousness or even unconscious state. One other problem commonly seen which can cause similar symptoms is Low Sodium content, Hyponatremia. Especially more common in the elderly, kidney disease and those with another co-existing disease. So Serum Sodium levels also need to be checked into and corrected if necessary. A CT scan or an MRI of the brain will tell us if he has had a Stroke or a bleed. So these are the few things you need to look for as a possible cause for your fathers current condition. Wishing him a speedy recovery. Take care.</p>
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<p>My father is suffering for asthma. His treatment is running since 12 years. Now a month ago he felt his hands are in high pain from shoulder to wrist. After that we went to hospital and they advised for ultrasonography. After the sonography they told it happens for the asthma medicines. One of doctor called it Frozen Shoulder . Is it happens for the medicines? Dilantin &amp; Levipil are the medicines. Please advice me something what I do? I don t know much aboyt this. Please take this in positive manner and kindly reply. Regards ARCHIT.</p>	<p>Cellophane Frozen shoulder i snot caused by medication. It is a disease of joint that occurs with age &amp; if patient is having diabetes and/or hypertension. It can be improved by physiotherapy exercises. I would suggest you to visit an orthopedic surgeon for prescription and then physiotherapist. He will tell some particular exercises for shoulder which is performed regularly will improve the symptoms. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. Wishing him good health.</p>
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<p>my father is suffering from psoriasis from past 20 years but he keeps on applying some soute of cream to his body but no cure he never approches to the docter but takes hears advice from other so i want to take him to the best hospital in town to cure it pls help us</p>	<p>Hi, As you said your father suffers from psoriasis from last 20 years. I would like to say few things about psoriasis. Psoriasis is a chronic relapsing and autoimmune disease. You may be having scaly plaques on various parts of the body, scaly lesions on the scalp. Exact cause is not known. Genetic tendency, autoimmunity, stress, .etc. may be responsible for precipitation and exacerbation of psoriasis. You consult dermatologist for firm diagnosis and treatment. I usually recommend cap accretion 10 mg twice a day along with methotrexate 15 mg weekly in three decided doses 12 hourly.for psoriasis. This may be taken for long time till good response. Blood tests may be done to monitor the treatment. For itching, you may take antihistamines like levocetirizine. Avoid oral steroid, as it may lead to flare up of the lesions. Tell him to apply mild steroid cream or calcitriol point on the lesions on the psoriasis lesions. He may apply moisturizer to improve the skin texture. He should avoid soap bath for few weeks. And he should be free of stress and worries as that might worsen psoriasis. He might get good result. I hope you got my answer. Thanks.</p>
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<p>my female baby 3.5 years old sleeping by opening her mouth.is it will cause her face style or it will affect teeth? what is the remedy to close her mouth at the time of her sleep</p>	<p>Hello As per Your history your child seems to be having proposal problem. This may be due to congenital defects (by birth) or may be due developmental problems related to pharynx (oral cavity, throat), some lymphoid tissue problems(tonsils, adenoids)etc. Please have checkup done by the pediatrician and by ENT surgeon for evaluation of the defects. Early medical and surgical</p>
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intervention will clear the problem otherwise there may be defects in speech, teething problems  
enclave a Healthful Day.

My friend is suffering from blood cancer. His age is 19 . Cancer is in beginning stage. what is the  
chance for death ?

Hi forum. Blood cancer is a very broad terminology. There are many types of blood cancer and the  
survival rate will depend upon type and severity of the cancers. Nowadays many of the cancers are  
treatable, and we have bone marrow transplant. It is very difficult to tell that all blood cancers will  
lead to death or all can be cured, without examining the patient or seeing the patient blood reports  
and bone marrow result.

Input	Output
my grandfather of age 81years is now suffering from prostatitisproblem from past 3 months.as he was not able to withstand surgery we opt for having a pipe connected into the peniswith a bag.at present he is having acute burning sensation while passing urine.so i request you to suggest any treatments available for my grandfather so that he could withstand the treatment	helloThanks for queryBased on the facts that you have posted your grandfather has Enlarged Prostate and a self indwelling per urethral catheter has been passed to . He has developed symptoms of prostatitis. It is very common to get catheter induced infection in bladder and prostate giving rise to causing burning urination and refractory UTI. In such a situation it is always advisable to
my grandmother is suffering from paralysis attack from a month, her left part of the body doesnt work(she can feel sensation)! her age is near about 70 years! what type of exercise is required and also she is not able to eat (swallow) any type of food but she can drink.please advice which kind of juice or anything we should give her?	Hi, Thank you for posting your query. I have noted your grandmothers symptoms and understand that she has paralysis of left arm and leg. In addition, she has difficulty in swallowing solid foods. She can take fruit juices, milk, soup, etc., which would be easy to swallow. Then, slowly, you can introduce soft solids such as banana, idle, PMA, etc. She should also undergo muscle strengthening exercises under the guidance of a physiotherapist. She would get better over time. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/
my granny is diagnosed with colon cancer of stage 2, it has be said that the cancer is about to spread near rectum and liver, and also its no use of giving treatment.but my granny is active and as usual.pls let us know if any treatments are possible at this stage.	Hi there, Thanks for your query. Stage 2 colon cancer is still curable stage. The tumor might have invaded the nearby adjacent organs, but there is no distant spread to liver as it is still stage 2. Still surgery can be done with or without chemotherapy depending on the functional status. It would have been better if u had provided the reports of the tests so that I could have given you detailed response. I suggest you to take a second opinion with the available reports.
My granpa is sufferring from Cancer, there is a lump in his throat & he has a lot of difficulty in eating food. in fact now adays he is just taking semi solid khichdi and milk. doctors in govt hospital told us that his cancer is at advance stage and now well have to take him to SUFDURJUNG HOSPITAL in delhi. but i saw that there is no facility for cancer treatment in that hospital however there is one in the AIIMS just opposite to that. please advise what shuld I do?	Hi, dairy have gone through your question. He may have esophagus cancer. If it is advanced stage then surgery is not possible. Treatment of choice remains chemotherapy and radiotherapy. For that you should go to fully equipped hospital with all facilities. You can go to AIMS hospital or other and start treatment as early as possible. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.
my greetings,My name is Rakesh from London,basically i am a hyderabadi.Sir i am suffering from fatty liver some of the symptoms are over weight,yellow coating on the tongue,bad breath,gums problems etc.Can u please suggest me the treatments for it.	Hi, How are you? My name is . I am a Liver and pancreas specialist and I hope to answer your question today. Fatty liver can be caused by excessive alcohol intake (Alcoholic SEATO hepatitis, ASH) or due to excessive fatty food intake and sedentary lifestyle (Non-alcoholic SEATO hepatitis, NASH). ASH is usually the beginning stages of alcohol induced liver damage and is completely

reversible if the patient refrains from alcohol. NASH is being much more commonly diagnosed currently owing to poor dietary habits and sedentary lifestyles of people. High caloric intake, high fatty food intake and poor exercise regimens lead to deposition of fat globules in the liver tissue leading to fatty liver (which shows up as increased echo texture on USG). This is also completely reversible in the initial stages if caloric intake is limited and exercise regimens are adhered to. If left unchecked, patients usually become obese, diabetic and in final stages may lead to cirrhosis of the liver which will necessitate a liver transplant. I would suggest a healthy diet and exercise regimen. Although there is no time limit on when to get a repeat scan, I would suggest one, once you have succeeded in losing some weight. Hope this helped and hope you start to feel better. Please do not hesitate to contact me for further details. Have a great day.

My husband (30 years) is having hypertrophic cardiomyopathy and he is under medication. Two days back he is getting problem of gastric trouble because of which he is getting pain in one side of stomach. The consulted gastroenterologist told the pain could be because of any cardiac reasons also. Can you please let me know if the pain because of Gastric reasons or because of Cardiac reasons? Is there a chance to get pain in stomach because of Cardiac reasons?

HN  
Nowadays myocardial infarction patient presented with only epigastric pain or vomiting, no chest pain. But as you said he is 30 years old & known case of hypertrophic cardiomyopathy, stomach pain could be ruled out by taking fresh ECG. If ECG within normal limit except LVH then no worries regarding the cardiac disease. In Hypertrophic obstructive cardiomyopathy most common symptoms are chest pain & syncope, so if u feel recurrent symptoms then consult a cardiologist. Hope I have answered your query. Let me know if I can assist you further.

my husband 32yrs has low sperm count.married since 2yrs i m 30yrs.my all reports are normal.4months back the report was.5ml greyish white,abnormal viscosity,ph.7.9,,counts 5millions.5%actively motile,95%abnormal.then i started with ayurvedic medicines,,he has no addictrn or any illness .this month report of semen analysis--3ml,norml viscosity,fructose-ps,,alkaline,,per ml spermatozo-9.5,,perm ejaculte-28.5mill,non progresve-30%,spermiogram-35%normal,,agglutinatn-traced.pc,rbc,epi cells-occasn,pecusors-2-4hpf.

Hello  
Thanks for query. Based on the successive reports of semen analysis of your husband I would state that he has Oligoasthanospermia meaning there by that his sperm count is and percentage of active motile sperms is less than accepted values of WHO standards to effect fertilization of a female egg. Truly speaking there are no medicines that can increase the sperm count or motility of sperms.However, following general measures do help to increase these parameters to some extent . Practice moderate exercises for 45 minutes followed by meditation for 1/2 hour .2) Take high protein diet rich in vegetables and fruits 3) Take 5-6 almonds every day 4) Avoid alcohol and smoking. It takes long time say 6-8 months to see the results. Have patience. .

my husband has been diagnosed with anxiety avoidance personality disorder and effective bipolarity. he has been given clonorest thrice daily, lamosyn 100 twice daily and escitalent plus once at night. he has been taking these for last 3 days. he has been complaining of sleepiness during day time. is it normal or he needs a change in his medication? what other supplements he needs to take?

Hi, Thanks for writing to us, I went through the history you have provided. Three days of taking medications is not sufficient to comment whether he needs any change in his medication. Congress is clonazepam and is given to your husband only for immediate relief in his anxiety. But if it is inducing sleep during the day then the dose can be reduced or even stopped. It is given for reducing anxiety while Escitalopram starts showing benefit. Hope this helps .

my husband is 28 yrs of age.he recently got his whole abdomen ultrasound done.the report shows that liver is enlarged (170mm) & increase in echogenicity in a homogenous manner? so how risky is this problem?what medicines should he take? Asked by Me , 40 minutes ago sir he is continuously facing vomiting problem.my doctor suggested him two medicines.Hepamerz & liver 52.are these medicines ok? Asked by Me , 37 minutes ago its been 1year he has this problem.sir what should be the normal size of liver? is 170mm size very risky for life? please give me right direction as how i can solve this problem?

Hi, Thanks for writing in. Normal size of liver is around 15 cm. However, there are variations on height of persons. You are not having serious disease. Increased echogenicity suggests fatty liver. Vomiting may be related to gastritis. You may have advised sonography to rule out other causes. There is no risk for your life. Don't be panic. If are taking alcohol, just leave that habit. No need for any special treatment. Hope I have answered your query. Regards.

my kid he is 6.5 yrs old suffering with giant cisterna magna is that related to seizures since 1yr old he stare at right side after vomit for 3 to 5 mins during that period he will not respond but he says that blurred vision and he will understand what we r saying since the age of 1 he started taking medicine first he was on tegritol syrup after for few reasons we discontinued his treatment again he got seizures so he used to take levipil 500mg night and 250 mg day every day as doc prescribed after two yrs doc said to stop the medicine . so we did after that on the same day when we stopped again this happened so again doc said sometimes it happened it is not considered so, we just stopped all the medicines now 2 days before again same seizures occurred now he is on encorate chrono 300mg so pls kindly guide us in this case

I advise you first your kid to effect an MRI of the brain to see the condition and evolution of the diseases cisterna magna. If the evolution is negative (agitation of the diseases, comparing with previous MRI) I strongly suggest you to see a neurosurgeurist. What you must do now is to stop the seizures by using in urgency Pivotal or Valerie Acid in i.v perfusion, and you can restart regret and level. To should discuss again with your doctor the doses. I suggest that those medicine are use for a minimum of 5 years from the last seizure. I also suggest that your kid effects each 6 months an MRI of the brain and a EEG to see the evolution of its disease. Best regards.

my kid is 4yrs old he has been treated for childhood asthma since birth now his pediatric doctor is saying to consult a chest specialist another doctor has seen him and he is saying that his tonsils are bigger than normals that is why all this problems are emerging. sir what i am confused to what to do and whom to consult now plz help me.

There are certainly alternative management therapies in allopatry now-a-days. Medicine has advanced a lot and not asthma is 100% controllable.2. Inhalers are the newest management strategies for this. If I were your pediatrician I would have suggested the use of Decor metered dose inhaler (100mcg) 2 puffs twice a day through a spacer and this is for regular use for 8 weeks. Another metered dose inhaler is Leveling and this can use as rescue therapy whenever the kid is having severe cough in spite of regular usage of Decor. The technique is very important and very crucial for the . Regularity of medicine usage also matters a lot. So do not discontinue abruptly after you notice some improvement. The technique of administering an inhaler using a spacer has to be taught to you by your doctor and these are prescription medicines. So I suggest you consult your pediatrician for this.3. Triggers can be environmental changes/ dust/ talcum powder/ seasonal changes/ uncleaned a / c vent/ cold weather etc.we can specifically say this is the cause - unless we observe the kid closely - the best person is the parent. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.

<p>My kid is suffering from loose stools from 3 days. We consulted doctor , with anti bioticsNutrolinB given and also NutrolinB. But still we face the same loose stools. Please give any tip regarding diet and medicine. Best regards, HABEEB</p>	<p>Hello Haseeb, I have gone through your question, Your kid is suffering from loose motions and your doctor is giving him medicines. But after 3 days some loose motions still there. I want to share that loose motions generally take 5 to 7 days to recover. In my view no this to worry. If was your treating pediatrician I would add Oral rehydration solution and Zinc in the proscribed above in your given question. So Replace the water lost in loose motions by oral Re HY . Hope i able to answer your question. Have a healthy family life</p>
<p>my marriage completing 5 years an last in jan 2014 i lost my baby of 5 and a half month. So i eant to plan for next baby , so plz u havt to guide me hoe to conceive and get a nrw baby , after abort doctor will give me a fertyl tablet after 3 mont of abortin but still we cant conceive , an mu weight is also 85 kg , its overwright also, so plz guide me hoe to conceive</p>	<p>First do not panic.2. With your history, I will suggest you to get USG done to know about the uterus and ovaries. Also Husbands semen analysis after 4 days of abstinence. And HSG, hysterosalpingography, to know bout tubal patency. 3. I will suggest you the following - Please opt for a healthy diet and regular exercise regimen. Include more portions of fruits, salads and vegetables in daily diet. Avoid deep-fried foods, bakery products and refined sugars. Use of vitamin B 12 and Folic acid supplements at least 3 months before you plan to get pregnant is advisable. This helps to prevent many problems during pregnancy and delivery. I will suggest you to follow your treating doctor with full trust. I hope this answer helps you. Let me know if I can assist you further. Thanks,</p>
<p>My mother aged 62 years was operated for Gall bladder surgery on August 25th and then she was detected with liver cirrhosis also. After biopsy report it was known that she had gall bladder cancer. After 2 months she was adviced for a PET-CT Scan in which it was detected that the cancer has spread to other parts of the abdomen like liver, pancreas etc., She was adviced for 3 cycles of Chemothereapy with medicine Gemcitabine and Dacotin and tomorrow she will be completing the course. Whenever she was given chemo she suffers sever loose motions due to infection and she will be given lomotil and cifran CT for 5 days. The problem is her blood test report for SGOT &amp; SGPT reading shows 114 and 73 respectively which was done yesterday. What could be the reason and any remedy to bring them to normal range?</p>	<p>Hi. Sorry to read this history. As the PET CT Scan shows spread of tumor to other parts, this will be a stage 4 and needs Chemotherapy. Cirrhosis and cancer have increased the values of GOT SEPT. It is more important to look for treatment of cancer and go ahead with a detailed discussion and possible outcome. Measure the cause and effect, Pron and cons with your treating Medical Oncologist (the Specialist who treats cancer with Medicines only) before taking further steps.</p>
<p>My mother got a paralysis attack 7 years back on right hand side and doctors at that said that she has got blood clots in brain.and after a week of tratment she was fine and back to normal. from last few months she compained on eye sight problem and recognising things. so we did MRI and CTI scan. doctor said that she got a silent attack which has impacted both her eyes. and she still has couple of boold patches in brain. we are not sure about the treatment, it will be great if you can guide us through.</p>	<p>Hello I think she had an attack of Stoke which had affected her eyes. If the bleed or clot affects the Occipital Lobe(back Portion) of the brain, vision will be affected. Most strokes are ischemic (usually due to blockage of an artery), but some are hemorrhagic (due to rupture of an artery). Transient ischemic attacks resemble ischemic strokes except the symptoms resolve within 1 hour. Recovery after a stroke depends on many factors, such as the location and amount of damage, the persons</p>

age, and the presence of other disorders. Controlling high blood pressure, high cholesterol levels, and high blood sugar levels help prevent strokes. Treatment may include . Lenses, special prisms and Optometry Vision Therapy/Orthotics are often combined to restore Vision. I hope this will help

My mother got fractured last two years back. She got a operation in the elbow of the leg ( kept some road in it). Now she is feeling more pain, not able to walk also. Could you please suggest us the best hospital in Hyderabad/INDIA. Regards, Manohar.K

HAs I think history isn't directing towards the elbow, because is in between the hand and the shoulder. I think you mean to speak about the knee here. So implant will not be in the knee but the bone above or the bone below. If she is not able to walk for now I will advise to take an X-ray and see if the implant is in position is one. Next, do some simple exercises like static Qua . Start slow walking with the help of Walker and later without Walker. She should do well. You can take help of a physiotherapist if needed. Hope I have answered your query. Let me know if I can assist you further. Take care Jay In

My mother had a Very large ovarian Cyst (bigger than a Football) which she got operated upon through Laparoscopy. They also removed her uterus citing probable future medical problems. This happened in July 2009. Since then she s been having constant Pain in Lower back, Inner upper Thighs and lower Abdomen (pelvis area). She is unable to stand for long and keeps lying down every few minutes. Her age now is 65, kindly help us. The hospital she got operated is GLOBAL HOSPITAL, Delhi

Here are the symptoms you have mention is lower back pain, lower abdomen pain and thigh pain. All these symptoms are started after hysterectomy along with removal of ovarian cyst. Usually this kind of pain is possible with major ovarian cyst removal for few days but here since its long time over and still she is suffering with pain then I suggest taking secondary opinion. I suggest doing one more ultrasound abdomen and check on abdominal possible issues. If this is normal then you need to take MRI of lumbosacral spine and check report of it. Here if there is major problem with disc or nerve related issue then orthopedic doctor may ask for surgical correction followed by physiotherapy treatment. But if there is no major problem at lower spinal level then you can take her to physiotherapy treatment and along with that take postural suggestion as well spinal exercises. All together this will definitely help her. You can also ask her to use hot and cold pack for her back at painful area for some more pain relief. But if there is problem detected at abdominal level then I suggest as per the issues you need to take specialist suggestion. Remember for conservative management physiotherapy will help, but proper diagnosis is also very important for long term relief. Take care.

My mother has been diagnosed with Extrapontine Myelinolysis. After Staying one in ICU , last week we have moved her to home. At home we are giving her supportive treatment. Neurologically we can see some improvement in her like she moving hands and legs, try to move her body, sometime recognizes us and gives smile and other small things. Please suggest me, what would be the next steps for her treatment. Is it possible for her recover completely. Please let us know every details which we should be knowing. We can do anything to save her. Regards Rohit Goyal 0000

Hi Mr Rohit Goal, Thank you for posting your query. It is unfortunate that your mother suffered extrapolating myelinolysis. This is a serious condition, whicmonly occurs due to rapid correction of hyponatremia (low sodium in the blood). Complete recovery from this condition is uncommon, however, it is better than that of poutine myelinolysis (where pons is affected). At this stage, there is no specific treatment. Treatment is mainly supportive care along with good nutrition, exercises and physiotherapy and cognitive stimulation (with music, TV, talking, etc.). It should be noted,

however, that recovery is slow and may be incomplete. I hope it helps. Please get back if you require any additional information. Wishing you good health, . Ly/

my mother have brain cancer meddel part of the brain she is 52 year old in last moth she have problem of speach and her rihgt hand and leg are not working properly so doctor sugges us to use rediation tretment bcoz he said that the surgery of that part is not possible so i want to ask that what is ur opinion?

Hi, Thanks for writing in. Brain tumors are of many types, and it is important to know which type of cancer is present as per CT scan or MRI scan done. The location and size of brain cancer is also important and helps to decide on treatment. It is easily approachable, and the tumor can be operated then surgery is recommended followed by chemotherapy and radiation if required. Should the tumor be in an important area and involving the surrounding structures then radiation is the first choice of treatment. There are cancer that respond better to radiation and then chemotherapy can be given to stabilize the cancer. As your doctor has already told that the tumor cannot be operated up on therefore it is better to continue radiation treatment and not to take risk by doing surgery in the beginning. Please do not worry.

My mother is 62 years old and undergoes cystoscopy (kellys repair) almost every 9 months for the past 4 yrs. She is expereincing continuous pain in her abomen esp lower part. The ultrasound of whole abnomen has revealed that she has garde I fatty leve and bilateral renal pelvicalyceal fullness, (more right than left). What should be done.?

Hi . As a Urologist, i can understand your anxiety. Your mother doesn't need to undergo a cystoscopy every 9 months. For the abdominal pain and fullness in kidney p-c system, she must do a CT. A CT is ACTIVE scan, whichll give accurate information about the fullness. Itll show details of the fullness, if it affects the kidney and cause of pain. Thatll clear all your doubts. The scan can be sent here, for an expert opinion. Wish you well. . Manga.



Input	Output
<p>my mother is 92 years old . she s been in the hospital almost a month now.because of her pneumonia absena . now her lungs is cure.and doctor found that her a creatinine is high at 800.</p> <p>and needs to dialysis . does she need to go dialysis? is that critical? her heart is good and the neurologist said her brain also okay.</p>	<p>1.2 mg/DL and a level of 800 is really high. It would have been better for us if you had told us the Blood Urea Nitrogen levels as that would have helped us in recommending some suitable treatment for you. If you have those values, please feel free to share with us. As she is also suffering from pneumonia, it might be a case of multi organ failure. She needs to be kept under observation. Hope this help .</p>
<p>my mother is suffering from Utrous Cervix cancersome reports are attached herewith for your refrence .from last two moths she is suffering from Pain in right leg .and there some swelling also .we take the treament form many doctors but there is no benifit</p>	<p>Hi. I m not able to see the attached reports. I can see only the question written by u. usually the edema in lower limb is due to the lymphatic blockade caused by tumor metastasis into pelvic lymph nodes. these symptom indicates towards advance disease. The other cause for this swelling can be deep vein thrombosis in leg veins. So to have treatment, the cause should be known first. The definite opinion can not be given without examination of patient.</p>
<p>My mother just had an X ray for chest since she had cough for past 3 days and the report was as following X-RAY CHEST PA View Bilateral increased bronchovascular markings with bilar vascular prominence - bronchitic changes with hilar congestion Both CP angles free Cardia normal Bilateral hemi diaphragm normal Although the cough has ow reduced to just 15%, what does the report suggest? She is taking Dolo 650 for fever and Clavam 625</p>	<p>In my opinion you should not worry much for her x-ray report as it is normal. Blood follows gravity. So lower parts of lungs are having more blood supply. And blood is more radio opaque than surrounding air. So vessels of lower part, having more blood appear prominent on chest x-ray. So x-ray reporting of prominent Bronchi vascular markings are seen. Lung hill is having all major vessels supplying lung. So it is also appearing more prominent. So no need to worry about this report as it is normal.</p>
<p>my mother(age 50,weight 60) had been suffering pain in the left knee joint for the past 4 months.the doctor which she had consulted told her to have CT Scan of her brain.The scan report showed Calcified granuloma in right parafalcine region.sir i would like to know what is a calcified granuloma and is it the main cause of her knee pain.the doctor treating her had given medicines of Calcium reformation thinking that it might be a case of arthritis .she is also a diabetic for the past 12 years.plzz help me out sir.</p>	<p>Good Day Since your Mum is in her 50s the Calcium-Vitamin D supplement given is to prevent Osteoporosis and to treat vitamin D deficiency induced bone and joint pain. The granuloma can be due to many reasons commonly TB, Syphilis, Acidosis. Since she has joint pain, do get her checked up for Acidosis as this can also cause arthritis, eye pain, cough, shortness of breath, skin pain, kidney stones as well. Review her with the Orthopaedician to discuss this possibility and get adequately treated.</p>
<p>My mothers age is 51 &amp; she is having diabetic from past 15-20 yrs &amp; she is taking medicine from doctors on regular basis but the sugar level is not decreasing.Recent report 392(before breakfast) &amp; 450(after breakfast).She had taken insulin as well for some time but now she left.Suggest me regarding the same.Regards,Prabal0000</p>	<p>Hell, When a person gets diabetes, it is observed that almost 50% of his or her Insulin producing</p>

cells of pancreas (Beta cells) tend to be non-functional. Further, if blood glucose is not rapidly controlled, then genotoxicity due to hyperglycemia (high glucose in blood) further damages beta cells. Therefore, after few years suffering with diabetes almost every single patient has to start taking insulin as most of the cells are non-functional. There is no insulin in the system. It has to be given on daily basis for controlling blood glucose, that too for lifetime. Looking at the blood glucose levels mentioned, your mother has to be on Insulin injections along with oral anti-diabetic. There is no other option. If the glucose level is not controlled effectively, the long term serious consequences of diabetes will start manifesting like retinal problems, peripheral neuropathy, affection of blood supply to the lower limbs, cardiovascular diseases and kidney disease. Ideally if one has to achieve good control then fasting glucose should be closer to 100 mg, PP 160 to 170 mg & HbA1c% Along with Insulin and other

my mothers hand was accidentally rubbed my pet dog tooth. no injury is visible. it cause burning sensation. my dog is 4 months vaccinated. is it necessary to consult doctor. the area of hand is thoroughly cleaned with soap and dettol. please give suggestion. Thanks in advance

HRabies is a disease which is also transmitted by bite of the monkey, it is a 100% fatal disease, but it is 100% preventable by proper and adequate treatment. As your mother was accidentally bitten by your vaccinated pet puppy which has led to burning sensation at the bite site without any open wound and the bleeding, according to WHO categorizes it has been categorized into Cat II. Cat II requires active immunization with antirabies vaccine on days 0,3,7,14 and 28, if the dog is healthy after the third dose she can discontinue the remaining two doses of vaccine in addition to this she should be given a shot of tetanus injection too. The aforementioned treatment will protect you against developing the disease rabies. Thank you.

my name himanshu ,my sister is infected by TB,she is 24 years old,her left lungs is filled by fluid,doctors pull out 500 ml and remaining are there .dr told me to after one week check the fluid via xray,he gave us one week medicine and told me to ate all kinds of food,her wait is 50kg,and shes are troubling lots of,his cough is starting to much,so sir can you give me diet and treatment suggestion?i m wating for your response

Hi, She might be having pulmonary tuberculosis with pleural effusion. As anti TB medicine started, gradually recovery will start. Continue this medicine regularly for 6-9 months. Give her high nourishing protein food with multivitamin supplements. Give her . Keep chart of her weight and see that her weight should be increasing. Ask her to go for deep breathing exercises. Ok and take care.

my name is Adil Hasan. I had an accident in 28th june 2014. My D4,5 &7 vertebra got fractured but my spinal cord is safe. I had a totally bed rest for 45 days. I just wanted to know that can I do all work as before in future like running, bike riding etc. I am a player of basketball.can I play sir.can I do everything as before sir. I am in so tention sir.pls tell me.its a request.

Hi, I had gone through your question and understand your concerns. There are constrictions that you need to follow. No moderate or heavy physical effort for 6 months, no weight lifting, not bending over etc. After 6 months you should have a clinical and imaging evaluation. After that maybe you can start on moderate activities. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions.

My name is akshay jain. My paternal uncle is suffering from cancer. He has been tol by doctor that he has cancer in his food pipe. Surgery is not possible since cancer has spread too much. He was undergoing treatment at Prince Ali khan Hospital under the supervision of Dr Boman. 1st chemotheraphy of 3 doses went proper. Next chemotherapy was of 4 doses and after the 2nd

chemotherapy was over, and he was taken home he suffered continuous loose motions. He was admitted again the next day and it took 5 days to stop loose motion. Since last 10 days he is completely on saline and is unable to even drink plain water. His weight has reduced considerably from 52 kgs to 34 kgs. Doctor told to install stent but later he told that he would touch the tumour and cause more problem The nazal tube is also not suggested for the same reason. Please help me doctor

PEG percutaneous endoscopic gastrostomy.2. Ultrasound guided percutaneous gastrostomy.3.

Feeding gastrostomy or jejunostomy under local anesthesia by surgeon. In all above options, feeding tube is inserted into the stomach or small intestine through a small hole/ puncture in abdominal wall and fluid diet is given through it. Please discuss with your doctor to decide appropriate feeding option for the patient.

my name is alok. i am 19 year old. my problem is begin in year 2006. here my problem1-my mind is always generate fantasy and repeated thought when i wide awake and sleep.2-i have a problem with sleeping.3-i have a problem with social activity like talk to other people.4-sometimes i think very aggressive thought.5-when i go to public palace i am very disturb and self-defensive.sir please tell me how solve these problem.thank you.

Consult a psychiatrist. Detailed Answer:Dear Alok, I understand you concern and problems. Social phobia can be managed with professional help in the form of medicines and psychotherapy. Medicines which include selective serotonin reuptake inhibitors (SSRIs) are given for this condition. Cognitive Behavioral therapy is a form of psychotherapy which is used to correct the thinking problems related to social phobias and anxiety. I hope you find this helpful.

My name is Amit, i want to donate my kidney those whose need very urgent. But before that i want to ask that after donating my kidney, will i face any problem in future. But i am ready to donate it what ever it may be. please contact me if some body need of kidney. my blood group is O+..., Age- 22, Height- 157cm, Weight- 70Kg. my email id is YYYY@YYYY

Hi, Thanks for writing in. Donating kidney for money is illegal in India. You may donate it to any close friend or relative when such a person is matching with your HLA typing. Donating a kidney voluntarily to anyone who needs it urgently without knowing the person and the illness they have is not correct. Donation of kidney is through a major surgery and requires hospitalization and pre donation checks which need to be approved by ethical board appointed to oversee the donation process. There are organ transplantation laws in India and if anyone is caught indulging in malpractice then they will be scrutinized under existing laws of the land.

my name is AMRITA and I am 39 years old and I have terrible pain in my nerves. I m not able to stand for a long time nor I am able to swing my legs while sitting. I have been eating neurokind-gold injection or neurokind-Od tablets. After eating this a feel little bit relief but later again my legs start paining and stinging why? I have thyroid problem too. Sir plssss tell why my legs pain and sting a lot

Dear patient you seem to have lumbar canal stenosis may be due to disc prolapse. Diagnosis needs to be confirmed by MRI of the lumbosacral spine with screening of whole spine. It is very sensitive and specific for diagnosis of spine pathology. Please get it done from radiology center nearby you. Meanwhile, start tab regain x 75 mg one at bedtime along with tab attract twice a day. If MRI report is abnormal you need to consult spine surgeon with report.

my name is angusamy and i am 36 yrs old. My height approximately is 5-1/4 and weight is 52 kgs. I came to know that i have thyromegaly for the past 2 months. For the past 1 yr I have been having loss of appetite, and tiredness all over the body. My impression about my scan report is : Diffuse thyromegaly with coarse echotexture.

Hi You are having thyromegaly means enlarged thyroid gland. Your work up first done to rule out

hyperthyroidism or hypothyroidism. Serum TSH and free T4 estimation FNAC will also be beneficial for further work up According to report than treatment plan decided If Graves disease like hyperthyroidism presentation than propylthiouracil might start Avoid stress So consult physician or endocrinologist for examination Take care

My name is Arjun. I am moved to bangalore 8 months back. I started having cold regularly in these 8 months. Now for the the past 10 days I am having severe cold and it is not going away. I am taking tablets like cold flu and cold act. Also having benadryl. Can you plz suggest me some doctor whom I can visit for this problem.

Hi Dear, Understanding your concern. As per your query you have severe cold which could be due to upper respiratory track infection specially viral infection, and it could be sinusitis. It is due to impaired immunity of body and increased susceptibility of getting infected. Need not worry. I would suggest you to do warm saline gargles and Betadine gargles alternatively, avoid eating spicy and heavy food and consult ENT specialist for proper examination. Doctor may order throat swab test, vial culture test and blood test. Doctor may prescribe anti-viral along with anti-inflammatory Levocetirizine. Doctor may also refer you to gastroenterologist if he/she find problem to be related with acid reflux. Hope your concern has been resolved. Get Well Soon. Best Wishes,

my name is Ashith K M and i have a problem of extensive hair loss and Im stil I 20 years old. what do i do ? i have tried out everything and have got frustrated with no results obtained. plz help me out . i want look as earlier and want my hair to regrow. height-5.10 weight-82 medical history- i have taken treatment near a homeopathic doctor.

Hello Mr Ashish, and First thing to consider is if you have a family history of hair loss, if there is male baldness in the family. In this case you will be more prone to similar problems. Other causes to consider are hormonal(thyroid etc.), any lifestyle or residence change, stress, any history of recent illness like typhoid, any chemical procedures, etc. These causes need to be considered and treated as they affect hair growth. For now, you may apply hair Minoxidil solution to scalp with hair supplements daily like Collinear. This needs to be continued at least for 2-3 months. Do consult a dermatologist as well, to assess your type of hair loss and to give you treatment based on the results. They may also suggest some routine blood tests if required.is medical, methods do not work well for you, certain new surgical procedures can be considered such as PRP.hair transplant etc., as will be advised by your consulting doctor after observation. Hope this helps you.

my name is dishank gupta last 4 months I am suffering large amount of hair fall.i was go to meet docter us agarwal in sms hospital jaipur he gave me medicins ( nid cort lotion, inoxi-lotion, tab bionid, tab carbocol, cap nidze, cap reco2) and I took these medicine for 15 days after that my hair fall problem was solved but right now again I am saffering hair loss so can I again go for these medicins???? And in the meditation I sufferd headache, pimples and jast sleeping due to tablets (I thinked) so plz suggest me for what to do?

Hi, You may be having halogen effluvium. There may be some cause like anemia, vitamin deficiencies, minerals deficiencies, thyroid dysfunction, stress, sleeplessness, worries, etc. Investigations may be done to find out any cause responsible for the disease. Consult the dermatologist for the perfect diagnosis and proper treatment. Your doctor has given proper . You should continue the same medicines even after you get satisfactory result. In any case of hair fall. The good result takes few months to few years. So, do not stop the treatment. I do not think that acne, headache and sleepiness are due to the treatment. You should also inquire about them from your doctor and that should be treated. Hope I have answered your query. Let me know if I can assist you further. Take care

<p>my name is firoz ahmed,my problems are i m totally unable to concentrate, i have a chronic headache,vomiting per day sometimes its twice or more in a day specially when i take bath,i became depress shortly,there is always cofusion between dream and reality,weight gained,became physically very weak,cry without reason,my brother says i often talk to my self,always there is headache when i wake up in the morning,feel very difficulty in making of decision,always confusion in locking door,petrol filling in the bike,paying the bills i do every thing but after some minute or same tame i forget and cnfussed i did this or not,</p>	<p>Hello have read your query and I can understand your problem. The symptoms you have mentioned as loss of concentration, tiredness, headache, vomiting and other somatic complaints can occur due to a number of conditions. One thing is aromatization disorder which can show such symptoms. Depressive disorder may be other possibility. The confusion arising during bath or confusion in reality can occur due to some psychotic process or heightened anxiety. Other symptoms like loss or work, lack of sleep etc. can also occur in such condition. I would recommend you to consult a psychiatrist for expert opinion. Medicines like SSRI, SARI etc. are useful in such condition. Cognitive therapy is also effective. Thanks</p>
<p>my name is jagadeep and I have a problem of puss formation at my back. I contacted the docotor and he told that its a bioderma and gave some medicines but again there is a puss formation I cant tolerate the pain. please help me regarding this matter. do you think this is due to impurity in blood?</p>	<p>Investigate for culture and sensitivity examination of your pus .2. Blood test for Sugar fasting and post radial .it will guide us about causative organism responsible for causing pus and which antibiotic will be effective against it and second test to rule out diabetes as in this condition infection take long time to cure .maintain cleanliness and proper . Review me with report .take care.</p>
<p>my name is manju garg,age is 54,height is 5 ft 2inches,weight is 50 kg.i am facing the problem of falling hair from last 7-8 mnths.i hv tried alopathy,homeopathy,ayurvedic everything but no proper cure has done.falling is still there and now my forehead starts appearing.Plz help me to get out of this</p>	<p>1.Treating the underlying cause2. Avoidance of stress3. Dietary modifications4. Minoxidil solution to be applied locally to stimulate the hair follicles5. Multivitamin &amp; mineral supplementation, it will be better to consult a Dermatologist to find out the underlying cause &amp; start treatment accordingly. There is no need to worry. Your hairs will grow back again. Wishing you a Good Healthcare care.</p>
<p>My Name is Naveen, My friend Amit Saxena is suffering from food pipe cancer, he is getting treated in Rajiv Gandhi Cancer Institute of Delhi. He is going thru first chemotherapy (Today is 3rd day). As per the doctors, its a stage 4 cancer. Can you help me out in this</p>	<p>Hi, dairy have gone through your question. You have esophagus cancer. As you said it is in stage 4. So surgical treatment is not helpful. Treatment options are chemotherapy and radiotherapy. You should go for that. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>

Input	Output
<p>My name is nikita. Since long we are try to conceive baby. I had one miscarriage . and since long we r trying but we didnt get result. Now my doctor recommend to do follicle study. i have done on 8th day of my period cycle. again i have to go on 11th day of period cycle. i want to know can i do intercourse between follicle study. Means before next follicle study. Please help me. Waiting for prompt reply.</p>	<p>Now that follicle study will be done indicates the ultrasound will find out the size of the dominant follicle. As soon as dominant follicle is 20Å mm or more there is good chance that hormones are normal and ovulation will take place. As soon as ovulation takes place you can have sex to increase fertilization of that ovum by your husbands' sperm. This ovulation can be soon on ultrasound. You can have sex for 2-3 days during that time. Ovulation usually occurs on 14th day prior to next menstrual cycle . GOOD LUCK !!!!</p>
<p>My name is nikita. Since long we are try to conceive baby. I had one miscarriage and now we did our all reports and in that we found that my husband s sperm count is very low. actually his first report is 35million sperm count than he started medicine provironum and fertly M in another report found 50million and motility 80%. than as per our doctor suggestion he stoped medicine and again he did report and in that we found that his sperm count is just 18million and motility is 60%. Why its happen? I m in tension. and now doctor suggest to take medicine EVION Q 100 and Fertly M. Is this medicine fine for him ? what is the use of EVION Q 100. Please help me. Waiting for prompt reply.</p>	<p>Evian Q is vitamin E and Coenzyme Q necessary to prevent sperm damage. There must be d=some damage to testis which is causing decreased sperm. He needs to stop smoking and . Also avoid heated things near his testis like laptop, hot bath, standing near oven etc. If there is normal sperm morphology then both of you can try IVF technique which will take his sperm and fertilize your ovum in laboratory and that will be inserted inside your uterus for growth. This is done in certain centers and may be expensive. First let him try this medicine, if it raises to more than 50 million then better chance of fertility. Let him eat plenty of fresh fruits and green leafy vegetables.</p>
<p>my name is omar. As per the local doctor m suffering from chronic allergy rhinitis . I have a lots of post nasl drip, specially when I wake up in the morning I cough like anything as if therr is somethingstuck in my throat . One of my nostrils is always block. I have tried all kinds of anti allergies n antihistamines n all kind of available nasal sprays but obviously they seem to have a very temporary effect. I ahve been doing gargles of salt n luke warm water but I am not fine n m getting sick of it. My quality of life has gone down to drain. Worst thing is that I am a smoker Plz plz help</p>	<p>Complete Blood Count(CBC).2. X-Ray PNS3. Culture/Sensitivity of the nasal discharge. I would suggest that you should take Fenofexadine 120 mg once a day along with phenylephrine, if already not taken. Rest treatment depends upon the reports of the investigations. You should also get yourself examined by an ENT specialist to rule out Deviated Nasal Septum(DNS). I hope this is helpful to you. Thanks.</p>
<p>my name is raghu and I m 31 yrs. Old my problm is that for the first tim in my age 18 I have my first internal sex with my gf near about 30 to 45 min. After having sex I was again able to do more sex with my partner but now I can t do sex with my partner more than 5 minute and feel week so please suggest me some medicine or help me to boost up my sex power.</p>	<p>Hi, natural methods would be best like leading a balanced life with no alcohol or smoking and a balanced diet. I advise some patients Tadalafil at low doses for increasing sexual energy but only once I have ruled out any heart problems and other associated diseases. So, I would advise you to</p>

consult your Doctor and then only start any medication as they can have side effects. All the best and let us know if we can help you with any other query on the subject. You can also contact me directly by leaving a Direct or a Specialist query. Take care, .

my name is sadiq i am from Hyderabad my age is 28 y ,i am facing dust allergy since 3 yeras the symtoms are like A runny nose Persistent stuffiness Postnasal drip Decreased or no sense of smell Loss of sense of taste Facial pain or headache Snoring Itching around your eyes. these are the symtoms when the allergy are effected sometimes it will get siviour sometimes normal when cold happend then it will get i had used tablets like RUPANEX. please give u r right sugession to whoom i concern to get healthy .

Hi Sadiq, Your symptoms point to an allergic etiology as you mentioned. But it may not be dust allergy, can also be mold, pets or pollen. The allergen has to be identified. Keeping a note of daily activities will be helpful. Avoidance of allergen is the best treatment. You may also need a patch test to identify the allergen. . Always watch for breathlessness and edema, such situation warrants admission and intravenous steroids. So rush to your nearest clinic. I feel you should consult your physician for a patch test of common allergens. Do reply in case of any queries. Thank you.

my name is sanju & i m suffering from nightfall and premature ejaculation since 4 years should i take himalaya confido . If yes prescribed me dose and time of administration and precautions . if any other medicine is availabl plz. told me. i highly thankfull to you.

Hi, I am not aware of Himalaya confido but for treatment of your condition few other things I can advise. There is technique called start-stop technique, and squeeze technique which can offer you more control over ejaculation. Medicine like sertraline, Escitalopram are useful in reducing premature ejaculation and night fall, these medicines are usually prescribed by psychiatrist for treatment of depression but for your condition they are also useful. So I would suggest you to consult psychiatrist for help. He/she would be able to help you with behavioral therapy as well as medicines. Hope this will help you. Regards.

My name is satyajeeet my age is 23yrs old I m student. I just started handjob in 7yrs before when my age was 16 .and now its getting worse I do this every day 3/4 times .after that I suffer from headache, can t sleep properly , can t eat properly ,always disturbed ,negative attitude , stress, all time in bed .even I quit to go outside surfing net , watching porn and repeat all that stuff.sir plz help me out

Hi, Nothing to worry about this habit, this is common at this age. to overcome this habit, Concentrate your mind in study or job, Pass some time in sports and with your friends. Avoid sex thoughts and avoid seeing porn or sex videos, Go for regular exercises like running, swimming etc. At night go for seeing good entertainment TV programs and reading good books. Before going to bed pray the god. Ok and take care.

my name is suman magar. Im a college student. Im 5.2 inch, and im 17 years old boy. and im from nepal. I want to increase my height to 6 feet. Is this possible that i can be 6 feet tall? And also i dont do any physical exercise, is there any medicine for help me to increase my height? Please help me sir.

Hello dear, Height of an individual is determined by Genetics, Environmental & Nutritional factors and Hormonal factors (most important the Growth Hormone secreted by pituitary gland in brain) An individual stops growing in height after the fusion of the Epiphyses (growth plates) of the long bones, which occurs by the age of 17-21 yrs in males. So you may still have a chance of increasing your height. Make sure that you are taking a healthy & balanced diet, exercise regularly & avoid stress. Protein rich diet like soda, groundnut, pulses, etc. should be incorporated in your diet plan. One more thing. avoid consuming any over the counter medication which claim to boost

your growth hormone & increase height.it may be harmful. Wishing you Good Health. Thanks and take care.

my name is sunil ,age 20 until today i never taken any treatment to my problem my problem is excess of masturbation and is not stopping ,for excess of this masturbation i am getting frequent urination for every 10min so pl tell my problems solution.

HWWhen young. Later, when they discover that touching themselves on the genitals is pleasurable, they can use masturbation as an escape from their psychological pain. Masturbation can become addictive because it is such an instant tension reliever. There is nothing wrong with masturbation but, as with other activities, it can be destructive when used compulsively as a painkiller to cut off from feelings. Physical exercise is the best method to quit masturbation. Therefore, I suggest consulting a skin specialist for physical examination, diagnosis and treatment. Hope I have answered your query. Let me know if I can assist you further. Take care

my name is utsav singhal i live in india at uttrakhand my father was met with an accident and his 2 ribs has been broken ,liver has been damage and also the kidney so the doctor has remove the right kidney and repair the liver he is in icu and admite on himalayan hospital dehradun

Your father is having blunt chest and abdominal trauma. Traumatic kidney injury needs neurectomy (removal of kidney) and liver injury needs surgical repair. So doctor has done appropriate treatment. Rib fracture don't require surgical fixation. We have to just immobilize the fractured segments so that with time they heal and unite together. Now we need to wait for healing and stabilization of body vitals. We need to give time to body for healing. Usual time for complete healing and stabilization is 1-2 months. So ask him to take complete body rest for 1-2 months. Don't worry, he will be alright. Hope I have solved your query. I will be happy to help you further. Wishing good health to your father. Thanks.

my name is vivek thakur and i using seroflo 250 inhaler for last one year continuously one puff a day and i my asthma is under control. i am a smoker also. in my lifetime i have come across three asthma attacks having intervals of 1 year each. i am also having allergic rhinitis for which i don t take anything except antiallergic(levocetirizine). my question is continuos use of seroflo inhaler one puff a day is harmful for me in the long run? thanks vivek

If you have asthma attacks only once yearly and there are no other asthma related symptoms such as nighttime or early morning cough, shortness of breath, chest pain, then you may not need daily use of the Aeroflot. You should go to your doctor for reassessment to see if your medication can be stepped down since you are in control. There are some persons who require the inhaler for the long run, and it is beneficial since it ensures that the asthma is controlled. The risks of using it are less than the risks of uncontrolled asthma for most persons. I hope this helps

My name is xxxxx and i always feel very dull i don t have any stress on anything, I use to play Sports so much and enjoy lot, I was having some pain in my Head and went to doctor and he told i am having Anxiety, He gave me Nexito 5mg but as i feel it is not required to me as i never feel any stress or Deprrsion, Could you please advise something

Hi there ~ Next is a good medication for depression. Headaches may be due to depression, or they may be independent. Anxiety is also treated with next. I feel like there might be other things that you would like to discuss with a counselor or a therapist. I wish you all the very best. Though treatment is a process you will feel much better in the end. I hope this helped. Take care and have a nice day !

my name is XXXXX i m suffering from a pain more then 4 years ago.pain starts only when i lay down.it awakes me at night just after 4 to 5 hours i could not sleep 8 hours straight.the pain is in



the abdomen i cannot localize it it seems like in the whole abdomen but most in the lower i guess.

help me out with this is really uncomfortable

Hi Thanks for posting your worry. I assume you have been to many consultations and have not had any favorable management plan for your answer? You are suffering from either chronic functional abdominal pain or chronic irritable bowel diseases that if investigated clinically and para-clinically (i.e. laboratory tests, radiology e.g. endoscopy, colonoscopy, abdominopelvic ultrasound, abdominal CT or MRI etc.) we shall probably find no cause such as an infection or tumor etc. This means your problem might be of nervous or genetic origin and will need specialist doctors on the domain of chronic abdominal pain. In the meantime, the pain could be controlled by using low dose antidepressants such as amitriptyline + anti-spasmodic at time of crisis. If you are a female, you will need to visit a gynaecologist for evaluation of your pelvis (reproductive structures). If you are fortunate and a cause of your problem can be identified by the doctors, then you will probably get a cure. Also, you will probably need to check on the meals you eat and see if there is any particular dish or food type which when eaten has a greater tendency of causing the pain. Also, peptic ulcer disease/gastritis needs to be investigated. A stool exams and culture will be paramount to rule out any infections. Hope this helps

my name is xyz i am 21 years old and i am doing masturbation from last 10 to 12 years .my penis size is too small .the size of my penis is 4 and half inch after erection i am feeling too much weakness in my body and losing my years also so i want to increase my penis size and want to make it strong. So please suggest me a good medicine please doctor

Hi, You have wrong impression and false fear of having bad effects of masturbation like feeling of weakness, decrease size of penis etc. Remove all wrong impressions in your mind. Size of penis can not increase by any means, if somebody claims, do not believe. It is genetically built up. But nothing to worry, your size is quite enough to satisfy your partner. Take high nourishing protein diet. Ok and take care.

my one month old baby have bilirubin level at 16 when i tested now, i went to gastroenterologist they gardenal 30mg 1/4 tab a day for 10 days , i just want to know is there any serious ,pls ans the query i was totally worried about this i dont know what to do further.

Not to worry. As the liver is still developing bilirubin will be high in babies.2. If it goes above twenty, it might require intervention.3. Along with medication, exposure to sunlight will reduce bilirubin faster. Be careful, that there is no sunburn due to excessive exposure. It will reduce faster. Not to worry. Hope it helps. Any further queries, happy to help again.

my pappa can t take breath properly from last 2 weeks his feel like suffocation he told his stool and gas not pass properly and tightness feeling in stomach when I visit hospital for checking purpose then Dr told he don t have any problem his oxygen reports are OK his all test reports are normal he don t have any problem they told ur pappa having psychological problem. Actually I don t understand what he is suffering problem , we all family members getting in trouble. Plz Dr advice me what can I do

Chest pain with breathlessness are commonly seen in bronchitis and lung infection. IF his chest x-ray is normal, no need to worry about lung infection. So better to consult pulmonologist and get done clinical examination of respiratory system and PFT (Pulmonary Function Test). PFT is needed for the diagnosis of bronchitis. It will also tell you about severity of the disease and treatment of bronchitis is based on severity only. You may need inhaled bronchodilators and inhaled corticosteroid (ICS). Don't worry, he will be alright. Hope I have solved your query. Thanks.

my penis size is 5 inches and I suffer pain after masturbation.I used to masterbate daily from 14 th age,now I am 23 years old and also my penis grith is so small.Does the length and grith increase if

<p>I stop masturbating and any mention any natural ways to increase penis size?</p>	<p>Hellos you mentioned in the query, you are doing masturbation daily, since 14 years, this is not a bad habit, but excess of everything is bad and that too from 14 years, so quit this thing as early as possible. As far as about the size and about the girth at this age (after 23 years 0, you can't increase the size and girth with natural way. In sexual life only performance play important role not size and girth. So premature ejaculation is not good, if you have, take treatment, otherwise live a normal life. Don't trust over false misleading ads about the size of penis. Good luck.</p>
<p>my problem is my hairfall . some says that i am anemic, so , thats why i have hairfall. itry many medicines , oils, hairgain shampooetc , but of no use. on the front of my head, my skin seems to be without hairs . if i wash my hair regularly then no oil comes on the scalp but if i wash after 2 days , my scalp seems oily and much thin har. please</p>	<p>I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, acute or chronic medical conditions, . From your description, it seems you might be having Halogen Effluvium, which is hairball secondary to stress. In your case anemia is one apparent cause of hair loss. If I were your dermatologist/trichologist, I would like to take through history including family history, history of recent major trauma/illness/stress/medications etc. and recommend some basic investigations like CBC, blood sugar, Thyroid function test. Some other special investigations like pictogram and endoscopy and further aid in diagnosis and prognosis. I would suggest you a course of oral tablets containing biotin and other essential vitamins and minerals for minimum 3 months. Also, would put you on solution containing 5%/10% minoxidil once a day and a hair serum containing peptides for hair growth at night.(Q era etc.). I would advise use of gentle shampoo and conditioner on regular basis and use of coconut oil twice a week. Also inquire from your dermatologist about upcoming treatment options like monotherapy and platelet-rich plasma. Avoid combing in wet hair and let them</p>
<p>my problem is that i am allergic to lot of things like weather change saw dust, taking something cold , the reaction is i start getting uncomfortable there is a littile irritation upper side in my mouth then this passes to my throat and then my chest, shortness in breathing , breath heavily after climbing stars, i had some relief after taking allegra , then i consulted a md he prescirbed montair lc this give me complete relief for one day i feel very comfortable recently i found that after eating rice i felt this is something which is creating this problem. i also suffer from digestion problem is it safe to take montair lc for a long period what will be its long term side effects</p>	<p>As is apparent from your description, you are prone to develop allergy to various substances. If you are feeling better with Montage LC, you may continue it as it's a very safe medicine with hardly any serious side effects. It can easily be taken continuously for 6 to 8 weeks. Moreover, if you have breathing trouble, you may take inhaler medicines like airport, Aeroflot, forecourt etc. Avoid things you are allergic to as much as possible.</p>
<p>my problem is there is a whole in my right side teeth,bcoz of that i cant eat with my right side teeths. &amp;that whole is becoming very large.im worried about my teths,,please sir advice me how can i get back my beautiful teeths. before there was a decay in my right side teeth &amp;when i went to doctor they advice me to take out that teeth (2teeths)i said yes ,,after take outing that i got side effect of my right side eye became slow .i got spectss so im afraid that if i took out my teeth then might be problem of right eye .so plzzzz doctor hlp mee ,,im ur patient i cant hide my pain with u&amp; my lord thanks plzz answer ..samreen romana.*****</p>	<p>I have gone through your query and can understand your concern. As per your complaint as you have a hole in your tooth and there is severe pain along with it that means the decay has involved the nerves and irritation of nerves is causing pain. You should consult a Dentist and get an X-ray</p>

done and in case if tooth in a condition that it can be saved Root canal treatment can be done followed by antibiotics and painkillers. In case if it cannot be saved due to extensive decay it has to be extracted. The other thing that I would like to make clear is that extraction does not cause any problem in the eyes, and it is a simple myth, so better don't think of all this negatives and go ahead for treatment. As of now for pain relief you can take TRAMADOL 50 mg thrice a day but not more than 5 days. Hope this information helps. Thanks and regards. .

Input	Output
<p>my query is i am having a baby girl , her weight is 8.8 kg and her birth weight was 3.2 and she is 1 year old now. I am giving her 5 times a meal which are healthy but still she s not gaining wt but she is active and one thing that always make me worry that she do potty 4 times a day . is this the reason that she is not gaining weight and how can i improve on this.</p>	<p>In the first place, you are absolutely incorrect in assuming that your child is not gaining weight. She is absolutely fine, as far as I can judge. While it is mentioned in books that. It also depends on the genes she has inherited. For example, either you or your spouse may have been like this at 1 year of age! And the child is following in your/their footsteps! Doing 4 stools every day is normal for her, so don't worry about this. A change in stool pattern is abnormal. Otherwise, every child has a different routine for stooling.</p>
<p>My question is , i have a daugHi Ther of 6 months and she has a cold, cough and when she takes breath her chest make some sort of noise and from last 3 months we are giving her T-minic syrup and sometime tixilyc syrup but both the syrups are not giving relief to my daughter so request you to kindly suggest a appropriate medicine for cough relief. Thanks &amp; Rgds, Muhammed Zarrar.</p>	<p>Hi, your child is suffering from Upper respiratory tract infection(Bronchiolitis). Give her syrup Theoaasthalin 3 ml thrice a day, Syrup Kindred 3ml twice a day. This will reduce inflammation and congestion of her chest. Put position nasal . If possible, give her Stalin nebulizations 6 hourly. Give syrup Cetirizine 2.5 ml once a day at night. This will reduce running nose and give her a good sleep. The symptoms usually subside by 3-5 days. Thanks and regards.</p>
<p>my report says : Gall Bladder Contracted with lumen distended with intra-luminal calculi largest 27mm. Wall thickness normal &amp; no evidence of percholecystic fluid. Please let me know is this a normal report or should i have to take it serious. THX</p>	<p>Tithe report they mentioned as GB is contracted with lumen distended with calculi. Usually when we go for scan after fast it will be well distended. But scanning after breakfast/ heavy me GB is partially distended or contracted. Normally nothing will be there in lumen.in your case there r calculi. If GB inflammation is there, we write as per holistic fluid. Youâ€™re report says only calculi / no inflammation. Its only cholelithiasis.Don't worryThank u</p>
<p>my self Amit Pandey from uttrakhand.sir i have back pain on left side for past nine or ten years.i had consult many doctors but no one can give me better relief for pain. today is condition that i cant go to toilet without help.some time i feel pain in my nerv and sometime in my bone . i cant recognised the pain. physiotherapist told me went to aiiems. what i do sir. i have my newly M.R.I. report. plz help me</p>	<p>In my opinion all you need to do is give you back a little rest. For immediate relief have some painkiller along with a muscle relaxant, Gabapentin and have proper bed rest for 2 weeks. Do not lie down on soft mattress use hard one instead, do not sit for longer durations and do not travel long distance for 2 weeks. You can also apply some good anti-inflammatory painkiller gel on your back. If the pain increases do some hot fermentation locally. Get physiotherapy done for 10 days with SWD and IR with 10 mins each. After 2 weeks start with some back strengthening exercise. It will help you build you back muscle, and you will be able to continue with your routine works in few weeks with no pain at all. But do not overlook at the symptoms right now. Good luck</p>
<p>my self Ravika Rajput,sir my father is having a problem in his left side chest part.His treatment is going on in jabalpur .His citiscan report says that in his left side lungs their are some white spots ,doctor Bharani from jabalpur hospiital says that it is a kind of infection but he dosent able to tell about this infections clearly first he asked us for many test, the test reports says that he is not</p>	

having tb nor cancer nor pneumonia. We don't know what to do now please give us some advice regarding his treatment.

Hi Ravine, Thanks for writing in. First, I would like to emphasize that a diagnosis can only be made after correlating clinical findings with X-ray /CT scan findings. Secondly, a diagnosis like TB/Cancer/Pneumonia can only be ruled out after the clinical symptoms have been correlated with the investigations. To be able to help you better, I would need to know the symptoms that your father has. Other causes of white spots in the lungs on CT scan can be interstitial lung disease, benign tumors, hypersensitivity pneumonitis, hematological disorders, acidosis and idiopathic pulmonary fibrosis. The treatment can only be decided once we know the cause. Hope this helps. Regards

My sister aged 55 years just last week diagnosed for stage 4 esophageal cancer. Doctors at Kidwai not starting any treatment may be the health condition of my sister is not good. Can you please suggest any other alternative treatment for this.

Hi Sorry to hear about your sister. Treatment for stage IV esophageal cancer will be aimed at palliation and not cure. The treatment will be dictated by the symptoms she has and the type of cancer adenocarcinoma (chemo therapy) or squamous carcinoma (in this case radiotherapy can be given). In case she has difficulty in swallowing an esophageal metal stent can help to relieve her symptoms. All these treatments are to be decided after looking at the performance status and site of tumor. IN CASE THE PERFORMANCE STATUS is poor only symptomatic treatment can be offered. Hope this helps. Regards

my sister has been suffering from respiratory disorder she is getting the problem to inhale the air. In previous time she had fluid in her lungs but it's operated now. So that is related to it or may be other problem. plz give me some suggestion. To whom should I consult?????????

Clinical examination of respiratory system 2. Chest x-ray 3. PFT (Pulmonary Function Test). Chest x-ray is needed to rule out lung infection and fluid in the lung. PFT is needed to rule out bronchitis. She may need antibiotics, inhaled bronchodilators and inhaled corticosteroid (ICS). Hope I have solved your query. I will be happy to help you further. Wishing good health to your sister. Thanks.

my sister is suffering from abdominal pain which occurs due to gas? she says that a ball of gas occurs in stomach which is very painful for 15-20 mins and then it dissolves? please give some suggestions for this as she is suffering from this problem since last month?

She may be experiencing symptoms of bloating. This can be due to: (1) GERD - gastroesophageal reflux disease, this would be treated by changes to the diet such as reducing spicy/acidic/fatty foods. Using small frequent meals. Reduction in chocolate, mint, onions, tomato (2) due to use of gas producing foods such as broccoli, cabbage, turnips, beans, carbonated. The treatment would depend on the cause found. I hope this helps

my sister Monisha Kundu, aged 9 yrs, is suffering from allergy from past 2 years. Her allergy has mostly started from dust and now it has aggravated. She is now very sensitive to smell of a few things and also to food. Lots of treatment has been done till now but in vain. Also a blood profile and allergy test was carried out 2 months back. She was getting better but since 3-4 days back all the problems have started again. She is now suffering from severe allergy problems. Now local doctors have advised her using nebulizer and steroids. She has now reported also pain in heart. Things are getting worse. Please suggest me any immediate treatment for her? also please tell me about the best doctors/hospitals in India from where she can be treated to put an end to this problem?? We are willing to take her to the best treatments available in India.

Allergy or hypersensitivity is practically excessive and improper immune response to something that is not harmful, but the body confuses it with something harmful and hence produces an inflammatory response to combat it. So, the stimulus is something that our body does not normally

need to react to. Dust is one such allergen. There could be many others, and you have to identify the things your child is allergic to. There are two things that can be done. One is to decrease the immune response of the body by the use of steroids, as it is being already done in your case. The other thing is to avoid the stimuli that the body is reacting to. There can be no other type of treatment irrespective of where you go in India or abroad. Please be patient and follow the advice that your doctor has given. It would have been really helpful if I could know the eosinophil count in blood. The chest pain that you mentioned need not be in the heart. It could well be due to gastroesophageal reflux or a lung cause, and it is difficult to comment further without evaluating. Hope that the above information would be helpful to you. Feel free to revert in case of further queries if any.

My sister was born premature baby and now she is 10 years old but she is not able to walk on her own legs and she is suffering from C P but she is able to speak and hear even understands what one says . So will you suggest me some hospitals in Bangalore for her treatment . Thank you

HAs mentioned by you that she is not able to walk, I would ask you to few things, is she having any kind of spasticity in the muscles, is she having any deformity, any kind of contracture, is she able to understand and act according. If you wish your sister to walk then we need to assess her, examine her, check her cognitive levels and if the there is no tightness, contracture, deformity, then we can make her walk with the help of gaiters or walking aids. We can teach her walking if her cognitive levels are good. Hope I have answered your query. Let me know if I can assist you further. Jay In .

my skin on the nose and cheek is going dark last six years i have tried many types of cream like memopy hc ,melacare but result is zero now my friends advised me to use skinlite cream but online i found side effects of this cream plz suggest me what should i do. Thanks. ANNU SIR I AM UNABLE TO PAY BECAUSE I HAVE SPENT A LOT OFF MONEY BECAUSE OF THIS PROBLEM

Hi The pigmentation you are referring to is called plasma. Plasma is a kind of hyperpigmentation seen mostly in females of middle age and is dictated by hormones and sunlight. It treatment is challenging but with proper regimen good results can be achieved. Usually the treatment is divided into clinic based treatment and home based. At clinic, I suggest series of chemical peels like glycol, Lesser, TCA with or without microdermabrasion. At home, you can apply cream containing comic acid, albumin, etc. and vitamin C serum for maintenance. Use high SPF sunscreen on regular basis. Use glycolic acid based face wash. Hope this will take care of your issue. .

My son 12 years old is suffering from severe allergy cold for the past 4 years.last year he underwent a surgery for adenoid and tonsils.for the past 4 years he is under medication and takes levocetizine tablet daily.but now he suffers from severe block in the nose and finds very difficult to breathe.now again he is suggested to go for a laser surgery in the nose for sinus and bent in the nose bone.we are helpless now.please suggest us the correct solution.please

Hello dear, Thanks for writing at As your son is only 12 year old. And last year he went for surgery and now in present if he has very much difficulty in breathing due to internal structure of nose the medication alone will not help. If there is a severe block then it could pressure on his other veins damaging it. So it is better to go to a specialized, who could diagnose the actual problem and suggest you better.However if your child goes after the doctor say for surgery then make sure it is done from specialize person in that field. But you don't need to worry, these surgeries do not have mucplications and now days done successfully without any complication but a proper study of that individual case or condition is neededThanks . IqbalPsychologist & Psychiatrist

My son 2 years 3 months old get high fever 10 days back and watert loose motions with head

<p>warm .I give him medicines under paediatrician guidance , but now he get cold ,cough,sneezing and loose motions .So suggest me are , all these are symptoms of teething</p>	<p>Hi.teething will not cause these symptoms. But the teeth are erupting the kids tend to keep anything they find in the mouth to sooth the sensation and the dirt and microbes on the surfaces will cause diarrhea. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting.you need not worry. I suggest you use zinc supplements (Z&amp;D .</p>
<p>My son 4.6 years old is suffering from stomach ache from past 3 days. we went to doctor and showed him and they gave the injection (pantoprud 40 mg) , cyclopam syrup and Lanzol tablet and still he is complaining about stomach ache. it is coming very frequently. It will be great help if you can suggest some best medicine. Regards Sunil</p>	<p>It is difficult to comment on the exact cause without putting my hand on his abdomen. Gastritis is a common cause of abdominal pain that your doctor has suspected and tried to treat. Gastritis can cause an ulcer that might be painful and might take some time to resolve. The location of the abdominal pain in case of gastritis is upper or around umbilicus. Central abdominal pain can also be due to an infection, but generally it is associated with diarrhea. In case of acute appendicitis, the pain is in lower right. Pancreatitis is another possibility where the pain may or may not radiate to the back. It may or may not be associated with vomiting. Bowel obstruction is another possibility. But without diagnosing the actual condition randomly treatment cannot be done. Your doctor would be able to help better. Hope that will take care of your query. Feel free to communicate back in case of further queries if any.</p>
<p>My Son age-4.3 yrs he had fever at 98.5 since morning with shivering. he took 5 ml IMOL syrup. but every four to five hours getting fever again. since 3 yrs whenever he get fever he is getting shivering. why it is happening? Could you pls suggest</p>	<p>Hi.1-2 days of fever is usually viral in origin, and the important thing is that it will be recurrent as you have pointed in your complaint. But I suggest you certain facts regarding viral illness. When you give paracetamol and when the fever comes down for few hours, if the kid is active at that time, then you need not worry. Only Paracetamol will do every 4-6th hourly and that too only if temperature is more than 100 F.Apart from this give him plenty of water. Regards -</p>
<p>MY SON HAS CHRONICAL KIDNEY DESEASE DUE TO HYDROUTERONEPHROSIS DOCTORS AT CMC VELLORE TOLD THAT HE MAY NEED A KIDNEY TRANSPLANTATION 3 OR 4 YEARS LATER. WHETHER THE KIDNEY TRANSPLANTATION DONE TO SUCH A SMALL CHILD ,IF SO HOW IT IS AVAILABLE TO MY LITTLE CHILD AND HOW MUCH OF EXPENSES DOES IT COST</p>	<p>Hellenes your child might need transplant preferably from an HLA matched sibling/parent.HLA typing is done before transplant and who so ever is matched(preferably siblings or parents) is the sonar to avoid transplant rejection. It is the treatment of choice in your case so whether young or old, they have to do it for the survival of your child. We have pediatric nephrologists available all over the world, and also pediatric surgeons, so it's their speciality to treat young souls so you DNT need to worry about the age. About expenses I would say that the procedure itself along with the HLA typing here in Pakistan costs around 1-2 million. I DNT know about your country but yes here in Pakistan we have an institute in Karachi city where it is offered with minimum expenses and sometimes free of cost to non-affording patients. Its called SHUT.you can take information from your expert doctor also. I hope it will help :-)</p>
<p>My son is 3+ years and always have cold and cough. Docter said that its a tendency of mild persistence ashma and it is due to low immunity and will stop when he will be around 5 yeras or so.</p>	

Presently i am giving an ayurvedic medicine to control in so please suggest e what i should do.  
Regards.

HelloWelcome in . Regarding your query for constant cough and cold to your 3+ years old child, though you are giving him ayurvedic medicines for increasing immunity. Considering all aspect of medical history, suspicion of asthma in your child by your family doctor I would like to tell you that asthma is an allergic disorder, and it has got familial history as well. My suggestion is that you should consult a pulmonologist and first diagnosis should be confirmed by pulmonologist after that doctor will tell you about what to do and what not to do for your child to prevent or minimize the episodes. Probably above answers your query. Regards.

my son is 8 months now started 2 days ago,we came home from hosur to theni for a function.for the past 4 days he going motion for 5 times per day.morning and evening he s going normally but in the mean time his motion s very watery.went to doctor he gave zoxakind,econorm pachet and zincovit syrup and ornoderm cream.can I know the reason what happened to my son?

Hi. It seems your kid is having viral diarrhea. Once it starts it will take 5-7 days to completely get better. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting.you need not worry. There is no need to use antibiotics (Soaking) unless there is blood in the motion. Antibiotics might worsen if unnecessarily used causing antibiotic associated diarrhea. I suggest you use zinc supplements (Z&D).

my sperm count is 85million/ml motile is 65% slugish motile is 25% non motile is 10% normal form 75% differmity of heads 10% - - - tails 15% puss cells 8-10% Is this sperm analysis normal for a man to conceive pregnancy if not then what should be the normal

Hello Your semen analysis findings may indicate semen infection. Infection is indicated by presence of excessive pus cells in semen. You may need investigations like routine hologram, random blood sugar, semen culture and sensitivity. You may need to take antibiotics based on culture and sensitivity report. Fertility is expected to improve with control of infection. Sperm motility, count and morphology are normal. Motility should be at least 55 %. Your findings suggest over all 90% overall motility, so it is normal. Sperm count is also normal. It should be at least 20 millions/ml. Sperm morphology is also normal. Only 16 % normal morphology sperms are required for natural fertilization. Get well soon. Take Care .

my sudanely problem before 24 days, firstly fiver & then Dr.ct and MRI,diagnosis neurocysticercosisDr give tablets 1-eptoin\* 300 er mg 2-omnacortil 45mg 3-rheovit 4-protera 5-frisium 10 & no drive bike ,no TV & totaley rest so pls clear advic?but loss of office.and medicine long time taken.

I read your query and I understand your concern. If a diagnosis of cysticercosis has been established the treatment consists mainly on antiepileptics to prevent seizures and if the parasite from the imaging seems to be still alive antimicrobial treatment with albendazole. In your case it must be dead because you are only on antiepileptics (option and Frisian). The other 3 . I don't think that you should be taking these last ones for long (omnacortil, revolt and proper), meanwhile if you have seizures (you don't give much info on that) you should continue antiepileptics for a long time, perhaps always. If you are seizure free now, and they are causing side effects it can be discussed the possibility of removing Frisian and continuing with option only. I hope to have been of help.



Input	Output
<p>my uncle age 57 (from very week financial position) was recently having some trouble in breathing, after some tests dr. told us that as he is having high blood pressure that was 180/110, and root cause is some problem in the kidney functioning, his blood urea is 80 and Cretan level is 5.5, we have not started with any medicine til yet, as reports came yesterday only, I want to know what are the chances for him, can he be recovered with medicines or problem has reached to advanced stage. plz plz reply me as soon as possible. I want to know clearly what is his actual position right now and how we can cure him or which way to proceed for better treatment</p>	<p>Tithe reports do indicate that your uncle is having renal failure. The high BP &amp; breathlessness are due to it. First you need to consult your Doctor and do few investigations like urine routine, sonography of abdomen, blood gas analysis. Whether the renal failure is chronic or acute-reversible has to be looked upon. He should be treated with antihypertensives, diuretics to begin with. If breathlessness, urine output does not improve he may require dialysis. Actual prognosis depends on the type of kidney disease. Take care</p>
<p>My uncle aged 52 is suffering from giddiness since last 8 days .He is aged 52 ,sugar and all reports are normal. MRI reports are normal but mentions asymmetrical prominence of lateral ventricle is noted Pleaese can you advise possible reason and remedial measure as we are thinking of taking second opinion from another neurologis?</p>	<p>I have read your message. Ideally I would have preferred to see the scan and the complete report of the MRI. And yes, a second opinion can be sought from a second neurologist. As for the asymmetric prominence of the ventricle, the possible causes are an old infarct of gloss on one side of the brain towards the side where the ventricle is large, or a lesion on the side of the brain where the ventricle is small. As I said, I would prefer to see the scan and maybe a contrast imaging would help better.</p>
<p>My uncle he is 62yrs with sugar complaint and Bp. 4 days back he was attacked by stroke Later CT scan was done. The report said there is blood clot in brain about 4cms. He is in ICU still Now the doctor says it is brain TB. Pls help. Is it curable. Can he survive</p>	<p>Hi, I have gone through your question and understand your concerns. Yes brain TB (Tuberculosis/Tuberculous Meningitis) is curable, but it usually needs longer duration of treatment approximately up to 1 year as comparing to 06 months treatment of pulmonary tuberculosis. He will need good compliance of medication, physiotherapy, general care and regular follow up. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate to ask. I will be happy to answer your questions. Wishing him good health.</p>
<p>my uncle is 50 yrs old and is suffering from cancer for last 1 and half.we took treatment in tata hosiptal in mumbai but now they say nothing is possible at this stage.he was operated twice.for the first time the report wher negative and second time it turned out to be positive .what should we do.should we go for homeopathic treatment.can u please suggets some good homeopathic doctors in mumbai for cancer treatment.</p>	<p>Hi, dairy have gone through your question. Treatment of cancer depends on type and stage of cancer. In late stage surgery is not possible so radiotherapy and chemotherapy can be used. For homeopathy treatment also type of cancer is required. So please tell me which type of cancer your uncle have, so that I can help you further. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.</p>
<p>my uncles esr levels has increased upto 60 his age is around 65 and he is fit.his knees have some severe pain for that he takes some pain killers.his cholesterol is also around 300 what precautions</p>	

he should take and what ayurvedic medicines he can take plz ans

Hi I understand your concern. I am , infectious diseases specialist, answering your query. In my opinion you should take the treatment for joint pain, as ESR increases because of the inflammation of the joints. ESR is erythrocyte sedimentation rate. It is a non-specific marker of inflammation. It can raise in any inflammatory condition. All your father has to do is he has to control the cholesterol and joint pain. I advise you to take anti-inflammatory medication like diclofenac under your doctors' guidance. It relieves pain and inflammation. Please eat high fiber diet like vegetables. Avoid eating high fat diet. High protein diet will be preferable. I advise your father to do small exercise like walking. Because it helps in both reducing cholesterol and joint pain. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

my wife age 35 year has moving pain in her head. After CT scan and MRI it is found that there is subacute subdural hematoma of 5 mm in right and 3 mm in left side. what kind of treatment is required ? is any medicine is available to dilute the clotting of blood ?

Hi There isn't any medicine to make that blood go away. When there is a larger quantity of blood surgery may be done, but doesn't seem to be necessary for that size of the hematoma. The blood will eventually be broken down and absorbed with time, the issue is whether there will be any more bleeding, for that purpose neurological evaluation and repeat imaging is usually required. Also in preventing more bleeding the cause of the hematoma must be clarified, has there been any trauma to explain the bleeding? If not tests to search for coagulation disorders must be done, spontaneous bleed in a 35-year-old is very exceptional in the absence of trauma, an underlying cause must be investigated. Hope I have answered your query. Let me know if I can assist you further. Take care .

My wife have all symptoms of pregnancy from one and half month like headache, backpain, body pain, pain in legs, eating more food, feeling hungry after 2 to 3 hours after meal, breathing problem after eating food, Pain in stomach but when she take home pregnancy test and gravindex test negative result but my wife still have pregnancy symptoms plus now days she feel unconscious for few minutes What is the problem

Hi, I understand your concern. Delayed periods & +ve blood pregnancy test are earlier st signs of pregnancy. Pregnancy test is the confirmation test for pregnancy. Irrespective of all other pregnancy like symptoms. The home pregnancy test is reliable when done after 8 days minimum delay in periods. If it was done earlier in your wives case. Please repeat it after i week. That will confirm the pregnancy status. She must be getting unconscious because of psychological stress following pregnancy test. She needs counseling & treatment for any problem in conception. Thanks.

my wife is O negative and am positive, she delivered a baby boy but died shortly after delivery due to excessive loss of blood . Pls I will like to know if her blood group has anything to do with these. 2) We had over 2 years delay before this conception. I will like to know if it has anything to do with O negative

Hi dear Blood grouping is said as positive or negative based on the Rh typing and antigen. As you are positive, and she is negative, there are chances (not surely 100 % though) that she may develop antibodies against baby blood group, if baby is positive too. But generally the disorder or death occurs of second kid. I am of an opinion that bleeding occurred not because your wife is negative but because of some other reason. But you definitely need to get evaluated properly and counseled before conceiving again. Take care and good luck.

my wife is O negative and am positive, she delivered a baby boy but died shortly after delivery due to excessive loss of blood. Pls I will like to know if her blood group has anything to do with these. 2)

<p>We had over 2 years delay before this conception. I will like to know if it has anything to do with O negative</p>	<p>Hi, dairy have gone through your question. If moths blood group is negative and babies blood group is positive then it leads to Rh incompatibility and chance of hemolytic disease of newborn. Mother should take anti D injection to prevent that. Delay in conception has no relation with any blood group. Consult your doctor and plan accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>my wife is 19 year old, her last mens date-13/08/2011, we intercrose on 04/09/2011, but till the date her period not come, means two &amp; half month already late, today we check prega news kit test,but out off two indicate lines,one is pure red(c) &amp; another slight red(T), so now it possible to take unwanted kit, please help us.</p>	<p>HFIRSTLY, please confirm the presence of an intrauterine pregnancy and also the age of the pregnancy through a trans-vaginal sonogram and a clinical evaluation by a specialist. If pregnancy is confirmed and if you do not wish to retain it, please ask your consultant if a medical abortion is possible (medical abortion is done up to 9 weeks of pregnancy only). Proceed for an abortion, either medical or surgical, as suggested by the doctor, with proper precautions and preliminary investigations like coagulation profile and urinalysis. Hope this helps.</p>
<p>my wife is 35 week 2 days pregnant, yesterday we have 2 shots of betnesol injection at an interval of 12 hours dose 12mg but after that we noticed that baby is not moving frequently as he is doing before??My question is is it due to betnesol injection or at 35 week less movement are observed???</p>	<p>Hi, Lesser fetal movements are observed when the baby grows bigger and starts settling in the uterus with the presenting part, usually the head, fixing in the pelvis. It can also happen when the baby is in distress. Since your wife has been advised steroids, it is likely that she is having a threatened preterm labor. In the scenario, fixation of the baby occurs earlier. The injection is not responsible for the situation. Instead, it helps to prevent respiratory complications should the baby be born preterm. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>My wife is having both the F Ts blocked due to which she is unable to conceive. We also went for an IVF cycle which eventually failed on the 15th day after the ET. I live in India and desperately looking for some treatment for her which can unblock her tubes and help her conceive naturally. Can you please suggest something on this. We both are of 36 years of age. Thanks,</p>	<p>Hi, Treatment to unblock tubes consists of surgery, either open or laparoscopically done. But success of surgery depends on the site &amp; type of block. Also, at her age of 36 years, IVF will give better chance of pregnancy, although it is little costly. We have to understand that success rate of IVF in one cycle is not 100%. You can continue with another IVF cycle if affordable, OR otherwise can go for surgery to unblock tube if it is operable. (After consulting doctor who is having expertise in the procedure)Wish you Good Health.</p>
<p>My wife is suffering from bipolar disorder and taking medicine of Dr.jhawar Varanasi. Now we are in Delhi and we cant find a medicine T-Meat-50. Will you guide me to where I find this medicine in Delhi? Please also write Doctor Name and address where I can go in unexpected situation. Thanks sunil Tiwari YYYY@YYYY 0000</p>	<p>Hi, First bipolar is disorder in which patient has episodes of mania and depression on different points of life. Treatment also needed change according to patient mood. Due to that it is advisable to have regular psychiatrist visit. For current assessment and treatment, you can visit psychiatrist in Delhi with treatment record, so that he can give you prescription for T-Meat-50 or its alternative. I hope this information has been both informative and helpful for you. Wish you Good Health.</p>

<p>My wife is suffering from Bone Tb for 2 months,just above her left brest. 3 days ago she has tested positive for pregnancy. Now, we are in dilemma that should we continue with prenancy or should we abort it. she is on heavy medicines like injections daily and about 9-10 medicines daily. Do u suggest that MTP or continuation of Pregnancy?</p>	<p>Hi have gone through your query and understood the concern. The medications like rifampicin, isoniazid, ethambutol and pyrazinamide have not been shown to be associated with any fetal congenital malformations when used during pregnancy and hence are considered safe.</p> <p>Streptomycin should not be used. Vaccination should not be given. Hepatic function should be carefully monitored, and nutritional supplements amply prescribed to avoid peripheral neuritis. In this scenario, please discuss with your consultant as to the safety of continuing with the pregnancy as the treatment of the disease is also essential and if she needs teratogenic medication, she cannot continue with the pregnancy. Hope your query has been clarified. Take care.</p>
<p>My wife missed her rutuin periods. It my be 6 weeks .Yesterday she gave a pregnancy test and its positive. So what we can do now.?can she takes mifty kit.its effected or not.?accutucaly someone suggest her to use mifty kit.plz answer me</p>	<p>Hi, I have gone through your question, and I think I have understood your concern. Please do not panic. Even if she is pregnant, she can opt for termination of pregnancy with medicines safely till 9 weeks of the pregnancy under expert supervision. Usual procedure involved is.- Tab Mightiest 200 mg followed by Tab Mistrust 600 mcg after 48Â hours. I will suggest taking appropriate antibiotics cover for 5 days. I hope this answer helps you. Thanks.</p>
<p>my wife was facing a problem of Periods irregularity and consulted doctor. The doctor suggested Novelon for three weeks. today she started taking the pill . But I have noticed that in the medicine booklet it has mentioned that persons using this pill often found to diagnose with breast cancer in future life. Sir, I want to know whether this pill is dangerous ?</p>	<p>Hi, Novelon is an oral contraceptive pill which contains both estrogen and progesterone(ethanol estradiol 0.03Â mg, desogestrel 0.15Â mg). It is having side effects like, Weight gain, Headache, dizziness, Nausea,Breast tenderness and enlargement, Cramping abdominal pain, Change in appetite, vomiting, Vaginal spotting etc. According to some studies oral contraceptives may cause estrogen dependent cancers like breast cancer. But the incidence is very low. That too if used for prolonged periods and higher doses. As this is low dose and with limit period of taking, no need to worry. Take care</p>
<p>myself ramesh from india as i am facing lots of problem on fungal infection on the penis area for 7 months . As i applied lots of cream and oinment . Doctor sir can u please recomended any medicine or oninment or fungal cream as soon as possible . I will be thankful for my hole life sir</p>	<p>I really appreciate your concern if this is not the fungal infection, and you are taking treatment for fungal infection then this won't get alright, so this is to be confirmed first whether this is really fungal infection or not, even you have not stated the symptoms, so I can have some clue for the right diagnosis I would love to answer your query if given detail, meanwhile on tentative basis this can be treated with Fluconazole cream and Provide ointment hope this information helps you, have nice day.</p>
<p>myslef sm,r . i wanna have a query about my sister s health. here i proceed with the problems first . she s having the fast heartbeat,somach achae,head,achae, and she will feel thirsty again and again. and he has loads of tension on her head. once i get a response i ll be glad and can u let further details.</p>	<p>HHer symptoms could be related to a metabolic disorder. For this reason, I would recommend consulting with her attending physician and performing some tests: - complete blood count-thyroid hormone levels-blood electrolytes and osmolarity-fasting glucose-urine osmolarity and</p>

analysis-kidney and liver function tests. A brain MRI may be needed in order to exclude a possible pituitary gland disorder. Hope I have answered your query. Let me know if I can assist you further. Take care .

Natalie Phillips	Ziad Nasreddine
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One of my cousin aged 31 yrs. He is being very feared to come out from home and not at all going for any job. I mean, he feel that everyone are looking at him when he comes out. seems some inside thoughts going on with him. Pls suggest some remedies.	Hello and thanks for your query. From the description of your cousins problems, it appears that he could be suffering from a psychiatric problem called Social Phobia. Persons with this disorder have excessive fear and anxiety about going out to social gatherings and also fear that other people may criticize them or think bad about them. Now, treatment is available for this disorder, and it is mostly with behavioral therapy. Sometimes, medication can also be used. So, I would suggest that you ask your cousin to go for a psychiatric consultation - for a detailed evaluation and further treatment.
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Input	Output
<p>One of my friend aged 29 years ultrasound report of kidney is both the kidneys are small in size with raised texture and poor cortico-medullary differentiation . The Cortical thickness measures 7 mms on the left and 5 mms on the right. No localised solid or cystic mass is identified in either of the kidneys. There is no evidence of dilatation of collecting systems of either of the kidneys to suggest obstructive uropathy. Kidney measurements are as follows: Right kidney measures 8.9 x 3.7 cms Left kidney measures 8.4 x 3.2 cms It would be great if you can advice me line of treatment we should go about also suggest the hospital where he will get affordable medication above report provided by Bombay Hospital.</p>	<p>Heltraiser cortical echo texture of both kidneys with poor cortico-medullary differentiation may indicate renal parenchymal disease. This condition need proper evaluation. Complete renal function should be assessed. It includes routine hologram, random blood sugar, serum urea and creatinine, creatinine clearance, GFR,serum sodium, potassium,calcium, bicarbonate,phosphate, bicarbonate etc. Proper treatment depend upon findings. Your friend can consult any renowned hospital. Get well soon. Take Care .</p>
<p>One of my friend(Age-42 Years) is suffering from Hepatitis B infection.So just want to know whether this diseases is completely curable or not? If yes than kindly suggest some Doctors name for the same.Your suggestion in this regard will be highly appreciated.Thank you in Advance.</p>	<p>Hi, How are you? I am so sorry to hear about your friends' diagnosis. Unlike hepatitis C where the indications of treating the disease are straight forward, the treatment of hepatitis B is still confusing. But experts do agree that treatment is warranted if the degree of liver damage is high and if the viral load is high then it warrants treatment. Not all hepatitis B patients need treatment (as most patients clear the virus spontaneously) and only a minority of them end up being carriers or chronic sufferers. In regard to your friend, I would first get a Liver function test and a viral load done before contemplating any treatment. He might be one of the lucky few who will not need treatment. Also, if you could provide me your geographical location, I could guide you to a doctor specializing in hepatitis B treatment. Hope this helps, and please do not hesitate to contact me for further clarifications. .</p>
<p>one of my relative is affected from tifoid for the last 3 days. treatment is goin on but cant stop the vomiting. eat someting or taking a glass of water also resulting in vomiting. would u pls suggest some diet.also they r givin saline or glucose water continuously.is it fine?</p>	<p>The use of the saline and other IV fluids is fine to help give back any fluids that are being lost with vomiting. Your relative should hold off any solid food till there is a 4-hour time period with no vomiting or diarrhea. If she/he uses food before this time, vomiting will occur because the body is not ready for it. When . If a whole glass, is used vomiting with occur. For an hour, she/he should use 1 tsp to 1 tbs every 5 minutes, if this is tolerated, then this can be increased. I hope this helps</p>
<p>please help me i want help from a sexologist my problem is that my penis size is too much small and thin and i cum in very short time what i have to do to solve this problem i am married and i am facing too much problem and embarrassment please please please help me out</p>	<p>Degree understand your concerns went through your details. I suggest you not to worry much. From the details you gave it is evident that you worry too much. You are worried about your sexual apparatus and stressed of thinking about sexual ability. If you fear something, it makes you fear even more. Like a person fears cockroach. What is there to fear in a cockroach? You mock. But that is reality. You can satisfy a woman with the help of 2 inches long penis. That is more than enough. Your penis is definitely more than 2 inches. Premature ejaculation is due to psychological problem. Your anxiety about sexual ability is the basic cause. Divert your life from sex to some</p>

other productive work like career. You might need psychological counseling., I am more than happy to provide telephone psychological counseling through . Contact me through customer care, www. .com. Hope this answers your query. Available for further clarifications. Good luck.

recently we had visited a cold place. My 2 yr old son has suffered from cough and cold. when he coughs he has vomit sense also. The cough is severe but not continuous. when we give cough syrup dose then cough stops but after few hours it starts again. please advise some medicine. TIA

Clinical examination of respiratory system 2. Chest x-ray. Chest x-ray is needed for the diagnosis of lung infection. He may need higher antibiotics, antihistamine and inhaled bronchodilator and inhaled corticosteroids (ICS) on the basis of above reports. Tell him tobacco

REPORT OF BLOOD PICTURE---REDD CELLS : Moderately hypochromic microcytic rbc with occasional pencil cells , acanthocytes. Mild Rouleaux Formation White Cells : Normal Platelets : Adequate Mild hypochromic anaemia blood picture suggestive of partially treated iron deficiency +/- anaemia of chronic Disease .WHAT IS THIS DISEASE ????

Hi, dairy have gone through your question. You have hypochromic microcytic RBC. It is most commonly seen in iron deficiency anemia. However, it can also be seen in anemia of chronic disease like tuberculosis, renal disease etc. You should go for s. Iron and ferritin level to check the iron deficiency. Then you should take iron supplements accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

Since last few months I am suffering from kidney stones . After undergoing a KUB it was found that there were three stones in all one in the right kidney measuring 6 mm and two in the left kidney measuring 5 mm in size. After taking medication for last two months, I still feel slight pain in the ureter area and got my second KUB done today. The latest report says the following there is dilatation of left pelvicalyceal system and upper ureter noted. Also there is echogenic shadow measuring 6 mm in middle calyx of right kidney. What does that mean? What is the position of the stone in my left kidney.

Hi, You must understand the Urinary Tract. Urine is filtered from the blood by two kidneys (right & left) which are located in the backside just below the last rib. Then it passes through the ureter to the Urinary Bladder - stored there till certain amount of collection & passed to the exterior through the Urethra (inside the penis / vulva). As long as stone is within the Kidney it may produce pain, but there will not be any blockade (acute & very severe pain). Problem starts once the stone descends via the ureter. If it descends and passes out there will be sudden onset acute pain sometimes vomiting also but relieved after some time. Usually it gets blocked in the upper. Middle or lower part / end - at the junction To treat this problem urine should be made to secrete fast (forced diuresis) hoping the urine will flush away the stone. If it does not pass away & gets blocked anywhere in between consult a urologist & follow his advice. Sometimes blood investigation is needed to assess what type of stone & treat accordingly Best Wishes

since last six months am sensing some symptoms like heavy sneeze when am exposed to mild dust, perfume odour, cold etc My mother is an asthmatic patient since 25 years. am 32 years married and have 2 children. Just wondering if this may be a case of early asthma? If so, please suggest if I can be treated through homeopathy for better prevention. Thanking you. Mrs. Sashikala

If you have only sneezing and other nose symptoms but not symptoms like wheezing or breathing difficulty, I would suggest you not to worry about asthma. Sneezing and nose symptoms are due to allergic rhinitis only. 2. For allergic rhinitis I would suggest you to take montelukast and levocetirizine for 1 month. 3. I would suggest you allergy testing which will help you identify the substances you may be allergic to and also how to avoid them. Based on allergy testing, an Allergist-Immunologist may prescribe you allergen specific immunotherapy which gradually works

on immune system to improve your allergy symptoms.4. In general, I would suggest you to avoid exposure to dusts, smokes and air pollution. 5. As you have asthma in family member, I would suggest you regular breathing exercises and Yoga & Panama to improve your immunity and lung capacity. Hope above suggestions will be helpful to you. Should you have any further query, please feel free to ask at . Wish you the best of the health. Thank you & Regards.

Since long we are try to conceive baby. I had one miscarriage . Now my doctor recommend to do follicle study. i have done. Now my doctor recommend to take Evatone-2mg for next 5 day daily morning, noon and night. Today is my 12day of cycle. I want to know that can i take Evatone for next five day daily 3. And also i m having ovashield daily. Can i take both medicine together. Is this any harmful? Please help me. Waiting for prompt reply.

Hi How are you doing ?taking Ova shield will increase the number of follicles coming out of ovaries. Eva tone is Estrogen hormone to be released from ovary. This hormone is needed to have a good thickness of inner lining of uterus, which is the place embryo/ baby sits or implants. These medicines are not harmful, but they alone will not help in pregnancy. Hope I have clarified your query, do let me know if anymore queries the best .

sir i am 20 years old male the problem is i feel pain every time i can say in my lower abdomen and the pain gets low when i discharge to toilet, and it happens max time when i eat something, sir i have tried many home remedies like eat soft foods like bread yougert rusk etc etc but no improvement i have this issue of more then 5and a half year, so now i want this fix sir so plz help me and suggest me the best, thanks alot.

One is meiosis, which is a global problem and happens due to eating unhygienic food outside. Please get your stool tested by a pathologist and consult your doctor.2. You may be sensitive to any component of your diet, which is irritating your intestines. One sucponent is gluten, which is found in some wheat products. So consult your dietician, and try to exclude food that contain gluten and your symptoms may start improving.3. It can also happen in irritable bowel syn . If the symptoms persist, then I would suggest you to consult your family physician and discuss with him on the above. Wishing you a fast recovery. Thanks.

Sir i am 22 year old. I am having ome problem related to sexual activity. Sir i started masturbating since when i was 16 year old. Now since last 3-4 year when i urinate something whitish emmit from my penish. It happens mostly when i applied some force at the time of potty. I counsulted to a doctor he suggested me confido(himalaya) and daxid 50. Kindly tell me about my problem and suggest me proper medicin.I would be thankfull.

I have gone through your query. Your problem can be due to retrograde ejaculation. This can be due to over stimulation and stopping ejaculation. If this occurs regularly then get an examination by a urologist to rule out any problems regarding prostate. If this occurred after excessive sexual stimulation then nothing to worry. David is used for premature ejaculation. I don't think these . Get a counselling by psychologist or sex therapist. You will be better. Hope this may help you. Let me know if anything is not clear. Thanks.

Sir my name s rajan , and i am suffering from brown spot and acne on my skin , i have used many products to cure this but no results, by using products my skin have become dark and idull. It affected my complexion , now i am using meleglow , so i want to knw is it good So sir can u tell me some Good products 2 make my complexion better and for acne. I will be hearty thankfull to if u will help me. Thanku

Hi Trajan, You need to treat both your pigmentation and acne separately. I would advise you to first get rid of your active pimples. Once the pimples have subsided, you can take treatment specially meant to reduce pigmentation over your face. For pimples, use a good anti acne face wash and



consult a dermatologist for prescribing you with anti acne medicines for oral and local use. If you have a sensitive skin, the doctor will obviously advise mild preparations so that it does not irritate and darken your skin. You can also use a good sunscreen and take oral supplements of vitamin C to prevent further darkening of your skin. Once the acne has subsided, your doctor might advise creams meant to improve pig mentation and complexion. You can also think of taking microdermabrasion sessions or peels. The advantages of peels are that they not only tackle pigmentation issues but also helps in acne. As far as mellow is concerned, there is nothing wrong in using it. It will not help in acne but might help in pigmentation. Take care.

thank you very much for your quick reply. In which way i get rid of my fear about something like speak before audians, writing good logic in programming etc beyond that some fear which always rotate in my mind due to that lot of distractions and stress happens pls kindly provide me a suggestion how to avoid this permanently for your reference i add more information about me name:bala age:24 qualification:B.sc,MCA. I aim to be working in good mnc but due to this daily i feel very bad so kindly provide a solution for me.

Hi Ball, Fear/anxiety about speaking before audience is called Social Phobia, if there are certain other features as well, which need to be assessed. Social Phobia can be helped with both medicines or psychotherapy (talking therapy) Generalized fear/anxiety, if present most of the time will be called Generalized Anxiety Disorder, if, again, there are some other features associated, thus needing assessment again. Again both medicines and psychotherapy help. If you need further help, do not hesitate to use s online consultation services. You will find us all in there, at the end of email or telephone line. Good luck.

thanks for providing this service to all of us. my sister is 41 years old she is suffering from typhoid for a week ago. what are the quick recovery steps she has to take from this disease. height is 5 inches and weight is mostly 60 above. she has more responsibilities regarading household work with her three children. please suggest her. thankyou.

Hello dear, I read and understand your concern. As you know it is a bacterial infection so taking antibiotics in good schedule is very important. I advise you should take ciprofloxacin tablet as antibiotic, pantoprazole as acidity prevention, under your doctors' guidance. Taking a . Diet should be taken small and frequent. High protein diet and low fat and low spicy food is necessary. This will prevent perforation from the previous ulceration. Please complete the schedule of the

this is a case of 61 yrs old male patient with CA Gallblader with liver metastasis at 4th stage.recently patient went throught PTBD and now bilirubin levels are normal. oncologist are suggesting for a Palliative chemotherapy in Vellor CMC Hospital Tamilnadu(INDIA).please guide us any other Institutes where we can get better results or any other sources to expand the life span of the patient. kindly suggest

Hello understand your concern, but the fact is chemotherapy treatment is same everywhere. There is a fixed protocol which is adopted whenever chemotherapy is given. It doesn't make much difference with different centers. I would advise you to stick to the place near to your home so that it is easy for patient as well as his attendants. Except chemotherapy nothing can be done as no curative treatment is possible now. Best of luckThanks

this is arvind from lucknow .sir my mom is suffring from lugs pneumonia.she was hospitalized 15 days in hospital but ,,,,still she is suffer from pneumonia.there are many check up has done .during ct scan of thorex a mass of cell is seen in right lungs .but i get test a FNAC through USG AND CT GUIDED . but there is no malignant cell are seen in both FNAC. sir i am very worry about this i am not able to undestand what i should do for it.pls give me better advice which hospital will be best

for me .

In my opinion, you should take her to SG PGI, Lucknow and consult pulmonologist there. She needs bronchoscopy, BAD (bronchoalveolar lavage) analysis and TBLB (Trans bronchial lung biopsy).BAD analysis will identify the causative organism for pneumonia. TBLB is needed to rule out lung cancer. Don't worry, she will be alright. First diagnose her and then start appropriate treatment. Hope I have solved your query. I will be happy to help you further. Wishing good health to your mother. Thanks.

this is balaji from india . my brother is suffering from joint pain ,low strength,foot pain ,and often fever . this is happening for the past 3year when he got affected from Chikungunya the virus (CHIKV) .doctor suggest to take ASO titer test which result in high value .still he is suffering .i want to know what is the treatment to get cure and how to cure .kindly reply with the expert suggestion thank you

What is your brothers age. He could be suffering from Acute Rheumatic fever which involves heart, joints as well. Since OSLO is high he requires treatment with Penicillin. He needs to get heart check up also. The cure is with Penicillin and sometimes steroids also needed. He can take painkillers like Paracetamol for fever and joint pain under medical supervision, but he needs Penicillin therapy after confirmation of Acute Rheumatic fever. Consult his Doctor right away otherwise he will have high chance of severe complications.

This is in reagds to my Father who is in 50+ now. he has never acted like a mature man as per his age. He never feels like to do anything.Only he wants to eat alot n abuse if his expectations are not fulfilled in tearms of money or food.Earlier his treatment was started at AIIMS but my grandmother interrupted that saying he is not mad. Pls suggest if this is mental illness.can it be cured, if yes how. i wud b very thankful to u.

Hi well come to . His symptoms are suggestive of ?schizophrenia. Since she has habit of abusing and not having self-control and socially with . It seems he's having since long, so he is in chronic stage. Yes you can definitely get help from psychiatrist but difficult to cure him because of chronicity of disease. He has to be under regular check up and regular psychotherapy if recommended by psychiatrist.

this is Mohsin here sir actually I am not circumcised and now I am having problem during intercourse because when skin is pulled back during insertion it cause much painwhat should I doits so painful even once It was tore from where skin is attached under the top and I had much bleed

Hi Cousin, It seems that you may be having mild fibrosis. There is difficulty in pulling the prepuce as there is narrowing of preputial opening. You should go for circumcision as there is no medicine for widening of narrow prepuce. One must remember that circumcision is wonderful surgical procedure. It is a minor procedure done under local anesthesia. You may feel good after the operation. There may be added advantages of circumcision. I hope you got my answer. Thanks. .

This is Prashant Chaturvedi from Lucknow, i would like to ask the best treatment for my Grand Mother that she is suffring from Gallbalder Cancer and the treatment is undergoing to Mr. Rakesh in Asian Hospitol Faridabad in Delhi. They suggest us instent wire put in the body and then decide to operate the gallbladder turner.we hope you will give me best. Thanking You. Prashant Chaturvedi.0000

Hi, Thanks for writing in. I suppose your grandmother has cancer of gall bladder that is causing biliary obstruction. The liver generates bile which is required for digestion of food. The bile is stored in gall bladder. Cancer in the gall bladder can cause problem in bile clearance and this leads to bile getting collected in the liver and there is jaundice. In your grandmother the biliary obstruction due to gall bladder cancer is causing problems. The doctors want to insert a stent to restore bile

flow and reduce jaundice. This is done to bring relief to patient by allowing the liver enzymes to become normal. Complete surgery for gall bladder cancer is possible only in early stages. Please discuss if your grandmother has early cancer and if surgery is planned to remove the gall bladder. Please do not worry.

Input	Output
<p>this is puneet. i am 24 years of age. from last 1 &amp; half years i was suffering from an anxiety. thats why i lost my hair density. my hairs are going thinner. i heard that hair loss due to anxiety is temporarily. it comes back if anxiety is removed. tell me it is true or not? or do me a favour</p>	<p>Yes chronic anxiety can cause hair lossDaily shedding of up to 100 hairs is normal. Excessive hair fall can also be due to male pattern baldness, anemia or nutritional deficiency or certain medical conditions like thyroid disorders, low serum ferritin etc. Take a nutritious and protein rich diet(pulses, milk products, eggs). Avoid routine application of gels or frequent blow . Use a sulfate free shampoo for your hair twice a week. Biotin containing hair supplements can be taken for 3-6 months. Hope this helps. Good luck!</p>
<p>This is Vipul Sharma, from Jaipur. 10 Years ago I met with an accident. My right knee was injured but not factured. Now these days when i started jogging or morning walk, i feel alot of pain in my Knee &amp; unable to walk aswell. Please advise. Thanks</p>	<p>Hlt looks that at present you are having pain at your right knee. After ten yrs of good performance if there is pain at your knee then this is most probably not due to old injury. At present this pain can be due to:- Chcon . Till then, you may have a good analgesic like paracetamol or diclofenac for relief from pain. You may also apply a knee cap to support your knee. Hope I have answered your question. Let me know if I can assist you further.</p>
<p>today my maternal grand father passed away.i want to know if there were any chances of him being saved sir he suffered a heat attack two weeks ago.and went into a coma. doctors said that oxyygen coulnot reach the brain plz tell me if there is any treatment for this problem</p>	<p>I can understand your feeling, but that is not the case as you are thinking because the oxygen reach to the brain with the helps of blood, in case of heart attack the pumping action of heart reduces greatly and that cut down the blood supply and consequently oxygen supply, if the heart pump well then this condition can be avoided, hope this information helps you, have nice day.</p>
<p>Today when i rubbed the side of my stomach , just above my hips i found a small knot or lump kind of marble shaped tiny ball inside, when i tried to push it, there was some small pain. Im afraid it might be cancer or tumor . However if i dont touch it im not having problem, What should i do next, is it any cause of concern. God bless you. Best Regards</p>	<p>Hello! Thank you for the query. First you should know that usually cancer in such area does not cause acute pains for a long time. If this lump is near groin region it can be an inguinal hernia. It can get bigger while standing and coughing. If so, surgery can fix it. Such painful lump can be also sebaceous cyst. This is benign soft tissues lump which get painful if it gets inflamed. IT can be also removed with surgery. The best way to have it diagnosed is to perform ultrasound of this area. Hope this will help. Regards.</p>
<p>We are leaving in kashipur (Uttarakhand). My father suffering from leg pain (Thai) He is diabetic patient from last 2 year. Need your guidance for the treatment . What is your recommendations over this Is there any treatment available at haldwani / Moradabad / bareilly etc Waiting for your promptly reply . Thanks &amp; regards Pankaj kumar singh Mob:- 0000</p>	<p>Hello have gone through your question and understood your concern. Pain in the legs can occur as a result of conditions that affect bones, joints, muscles, tendons, ligaments, blood vessels, nerves, or skin. Leg pain can occur at night, while lying down, or while running or exercising, depending upon the cause(an in jury or a chronic disease.) Since the leg contains a number of different structures and tissue types, a wide variety of conditions and injuries can cause leg pain. In your fathers case, in my opinion the cause can be Diabetic neuropathy (nerve damage from diabetes). This is a common cause of leg pain in diabetics. Anyway my recommendation for you is to consult</p>

his doctor because for diagnostic and therapeutic purposes, it is important to differentiate the exact type and location of his pain in the leg. Apart Diabetes other potential causes of leg pain are: Peripheral artery disease, Blood clots (deep vein thrombosis), arthritis conditions, The pain of sciatica (from disc disease of the spine). All these alternatives should be taken in consideration for the right diagnosis and only after the right diagnosis your father can have the right treatment. Hope this is helpful. Thanks for using for your health queries. Wish you all the best.

We have been married for 2.5 years, now when we started trying for a baby did we discover that there was a problem with me. My 1st Semen Analysis showed nil sperm count. The 2nd analysis was done at a specialized lab of a big hospital - they said Azoospermia with Infection ( WBC content was high). I then went to a Urologist, he did physical examination and advised that physically everything seems normal. Finally, he suggested a FNAC of both testes and Fertility Profile (LH, FSH , Prolactin and Testosterone).The fertility profile was normal. However, the FNAC results were not good. It shows presence of scattered sertoli cells & germ cells upto spermatids. Leydig Cells are also found. But mature sperms could not be found. The urologist says it is a case of Maturation Arrest / Hypospermatogenesis. Please suggest if that is the only possible scenario?

2) What are the alternatives we have to be parents?

Hi, I am First, you are suffering from the maturation arrest of the sperms. That means that there is no normal mature sperm in your ejaculation. For in vitro fertilization we need a mature, motile, healthy sperm which is not available in your case. So, first you have to take multivitamins and micronutrients a co-enzyme q10 which will definitely increases your sperm count and morphology and motility. Then invited fertilization will be an option. But before that or if the treatment fails to improve the condition, you have some options like artificial insemination using donor sperm. But that depends on your choice.

well iam a 16 year old girl and ihave been having sex but its only been two days so idoubt iam pregnant yet ihave very strong abdominal pains when iuse the bathroom and ihave been going to the bathroom really frequently yet urinating very little

Hyour symptoms suggest a lower urinary tract infection (cystitis). Sometimes this infection follows sexual intercourse. If you'd like to confirm or exclude this diagnosis then an urinalysis may show increased number of white blood cells and bacteria in the urine and a urine culture may reveal the offending organism. I could not suggest any treatment because I don't know if you have a history of allergic reactions to certain antibiotics or you history in general and also whether you've taken any antibiotic during the last 3-4 months or not. This information is very important for treatment decisions. I hope I've helped! If you'd like more information, please ask and I'll be glad to answer.

Kind Regards!

Well my name is Rinku and I am 28 years old with 57 and 78 Kg. Sir from last 3-4 weeks I am feeling very lazy during whole day. It seems that I should sleep throughout the day. Negative feelings have attacked my mind. I dont take interest in my work also. Bodyache and Headache are always there. Also I dont feel hungry. These all I am feeling from last 3 weeks. Sir I am in great stress and felt lazy and dizziness throughout the day. Please help me.

Anytime in the past you had same problems which persisted for more than weeks?2. Any stressful life phase you are currently going through?3. Anytime in the past you felt overenthusiastic, energetic, extremely cheerful, overconfident that persisted for days at a stretch so that even your family and friends suggested you to remain calm and collected4. Any medicines or . Longer time earlier? I would also like you to have a detailed physical examination to rule out some physical ailments. I would be able to guide you better of you get back with these. Wish you an early recovery.

<p>while i do sex with my partner cover skin of my gland penis get lesioned and abrasion. which causes irritation, inflammation and pain.after that my partner got infected with UTI.why this is happening and what is the solution for this .please solve the quarry.</p>	<p>Hi, From history it seems that due to hard sex and lack of proper lubrication there might be having irritation, minor injury to glans giving this problem. Or there might be having some lower genital tract infection of your partner might have caused problem to you. This can give urinary tract infection as well. Both partners go for one antibiotic medicine course for 5 days. Apply antibiotic cream locally. Maintain local hygiene both partners. Ok and take care.</p>
<p>With due respected this is XXXXXX. Doctor i am suffering from Allergy (itching and a runny nose ) from several years. I m continuously taking certirizine daily, for 6 month i was recover with certirizine but now it is not working, Now i m taking avil injection 6 mili later in a week but i m not recovering, please doctor tell me what should i do. i will be very thankfully to you. Regards</p>	<p>Dear Najibullah, Antihistamines taken intermittently sometimes seem that they are not working, or you are developing a tolerance/resistance to it. However, this may seem but is usually not the case. What happens is that your allergies are getting worse, and once a day cetirizine is insufficient to make a difference to the symptoms. Avil injection is a short-acting but rapidly acting antihistamine with sedative properties and will NOT recommend this for long term use. You must get a blood test or specific IGE OR a skin prick test to find out what your allergies are. If it is house dust mite, avoidance measures should be in place but optimizing medical treatment with long acting antihistamines like Allegra and nasal corticosteroid sprays are recommended. Immunotherapy (subcutaneous or sublingual) are reserved for patients who do not respond on medical treatment. Thanks.</p>
<p>, Hello my name is AAAAA. One year ago, I was diagnosed with severe symptomatic fibromyalgia . At the time I was in my third semester of nursing school,exhausted and depressed. I was out-of-state, away from family, gained over twenty pounds and felt really alone. Now, I have graduated, returned to my home state, but I still feel a lot of the symptoms and I was wondering if better nutrition along with regular, intentional exercise would ease my symptoms, and pain. Thank you for your time.</p>	<p>Hi there, thanks for asking. The reasons for feeling exhausted are quite diverse. In some cases it is due to thyroid low functioning or other endocrine problems. It may be related anemia. It could also be related dysthymia which is a chronic feeling of low mood. With less probability, it could be related to liver or renal problems. It could be fibromyalgia if you have tender points around your elbow or on the sternum. It is appropriate to ask your doctor to investigate about all the possibilities. If no abnormality is found in the laboratory investigations, you can take advantage of some talk sessions for breaking the chain of events which bring for your exhaustion. I wish a good health for you.</p>
<p>, I am 25, 9stone and 5 6 with no health issues orther than low iron sometimes. I am noticing increasing patches of whiter skin on my legs. I am quite pale anyway but these patches seem to be growing and even if I am in the sun the patches dont gain any colour to match the rest of my skin. It makes the rest of my skin seem dirty. Could you please advise what this is or if there is something I should do?</p>	<p>HiT hanks for using , This may be due to a skin infection, allergy or autoimmune disorder. If it is a fungal infection like Tina tricolor there might be itching and scaling of the skin. This can be treated by antifungals. It can be due to vitamin deficiency and can be treated by b complex tablets. Sometimes rarely it might turn out to be vitiligo, or any precancerous skin lesion. It is advisable to consult a skin specialist and undergo skin tests for further treatment.</p>

, i am 26 year old boy. from last 7days i m suffering from stomach pain in abs mostly in upper abs.

few days ago i saw blood in my stool, it was bcz of stools hardness. i consume more than a 15 glass of water every day. i also do workout in gym. aslo use diertly supplemnts. may i knw y its happning 2 me. thanks

HBharat, You are a young fellow, active, now doing workout in Gym. I assure you do weight lifting, treadmill etc. This could certainly affect the abdominal muscles causing strain and may be even sprain. Blood in the stool after a hard bowel movement is due to small piles or Hemorrhoids (Internal or external) or may be a small tear or anal fissure. Continue to . Your pharmacist in the

, i am 27 years old.i have one daughter.she has 5 years old now.my daughter has severe hearing loss.in that result my daughter and me and my husband also affected by rubella virus and CMV virus.is it possible if i go for next baby to affect the virus.what should i do before getting pregnant?shall i need any vaccination?is it possible shall i get a next baby without any problems?pls guide me

Hi, Yes Rubella infection in pregnancy can cause hearing loss. By affected do you mean that you have Antibodies to rubella, which was checked by a blood test. Usually if you have already had an infection /vaccination of rubella it is very unlikely for you to get it again. And so you can safely go for the next pregnancy. I would like to know if your 1 child has any other developmental problems or delayed milestones. As that could change the diagnosis and cause of hearing loss. As, if it is an inherited or a genetic cause and not rubella which caused the hearing loss, there could be a recurrence. It would be best to get yourself and kid seen by a fetal medicine specialist to know the cause of hearing loss. Hope this helps. Regards.

, I am a 38 year old woman, married for the last 10 years. We had undergone some infertility treatments earlier.Now my periods are regular.My husbands seman motility very low ( 5 - 15),but count is normal. Is there any chance to conceive at this age without any treatments.

Hi, Thanks for the query. Usually for natural conception at-least 40 to 50% motile sperms with 15 to 25% of rapidly motile sperms are needed. So he can use some medicines to improve the motility for few months. After that once go for semen analysis. If the motility improves, it is good. If not you can choose artificial methods like Intrauterine insemination etc. For more details you can ask me through: <http://www. .com/doctors/> .

, I have been dizzy, my chest hurts frequently, I have lack of energy, tired all the time, and i have weird bruises that have no reason. also, when I get tired my whole body starts to jerk when I am awake. any ideas? I am 27. on no medications, and I weigh 260

Hi . First you have to get check your blood pressure measurement. Then rule out anemia and thyroid problem by HE estimation and serum TSH plus free T4 estimation. If anemia or thyroid problem present than treated accordingly. Now if these two not present than cardiac causes ruled out by. -EKG-Echo -stress test If any cause detected treatment given according to that. Hope this will help you. Advise : Physician or pulmonologist consultation for this.

, i m mitali,my mother is 49 years old, she is suffering from so many problems now a days,, firstly she is having pain in her bones specially backbone, ribs, thighs and arms as well.other then that she has swelling on her legs, and lower abdomen. can you plz give me an idea what is the problem???ill be really thankful to u.

Hlt looks from your details that your mother may be suffering from osteoporosis. You should do following to have relief to her- -Start a calcium and vitamin D preparation.-Give her a mild analgesic like ibuprofen for 2-3 times day for 3-5 days.-Advise her to take milk and milk products like cheese, yogurt,curd, etc.-Weight bearing exercises like brisk walking will be helpful.-Consult to your doctor and get her evaluated for vitamin D and x-ray of spine. Hope I have answered your query. Let me know if I can assist you further. Take care

, im rahul, iam suffering with severe sneezing from long back, i met so many doctors but there is no use, 1 year bac i met one doctor and he prescribed me MONTEC-LC,FLUDAC,OXYPUR, when im using these tablets im feeling good but when iam stopping again the problem arises so please help me what to sir, really im not able to work or go to office with this problem what to do sir,

Feudal (fluoxetine) is an anti-depressant and Your (doxofylline) is an anti-asthmatic. They are not for treatment of sneezing. Only Montcalm (levocetirizine + montelukast) will help control sneezing. You may discuss with your local doctor to add a steroid nasal spray. This along with regular steam inhalation will help reduce your sneezing. Discuss with your doctors why Your was started. Do they suspect lung related problems?

, The doctor told me I had a sinus infection and took two each 7day and last was for 10 day antibiotics. Fighting it since end of august. I am dizzy, nausea, left ear is hurting, I get cold and hot, so hot that My bed will be soak. What do you think is wrong with me

Hi Dear, Understanding your concern. As per your query you have symptoms of sinus infections with dizziness and ear pain which are symptoms of chronic sinusitis and could be due to Eustachian tube dysfunction. Need not worry. I would suggest you to put nasal decongestant sprays for opening of sinuses. You should take antihistamines Levocetirizine and antibiotic such as Cephalosporin combination as infection is present. Montelukast is also effective for this. You should take steam inhalation. Visit ENT specialist once and get it examined. You should go for sinus X-ray and CT scan done as well. You can go for . Do warm saline gargles. Hope your concern has been resolved. Get Well Soon. Best Wishes,

,,i have an bad habit of mastrubution,,,,when i do it,,,i feel my bloodpressure low,,sir i have already a Psychiatrist patient,,but i m young and do this,, sir u tell me,,,that mastrubution have any concern with my head problem or b.p? (sorry for wrong english)

Hi and thanks for the query. and very pleased to be assisting you with your health questions today. I am so sorry to hear that you are in confusion of myths. Masturbation never leads to low blood pressure. But due to myth in society, it leads to sense of guilt. This guilty sense leads to various psychological problem. I think you should see a psychologist as soon as possible and discuss you have any further queries, please don't hesitate to call me again Hope this helps and provides answers to your question. I wish you good health.



Input	Output
<p>,34yrs of age.last year i have some pimples on my scrotum which are painless i went to a doctor and he made some prescription,but the pimple did not clear and i was given another prescription by my doctor who said i should not take another drug,that it will clear by it self,yesterday i notice a lump in my testes that looks like a testes making my testes three in number,theres no pain,no swelling of scrotum,pls what can this be.</p>	<p>It can be the thickened chord, epididymis which you are feeling like third testis or mass lesion.2. The superficial lesions you have mentioned are possibly hair follicle infection.3. This case ultrasound scrotum will help to evaluate the status of the testis and third structure can be delineated the source, and where it is extending.4. Treatment in this case will be a course of antibiotic treatment.5. For the superficial lesions, do not disturb, press, scratch the lesion - maintain hygiene and clean with antiseptic liquid that will help. Good luck. Hope I have answered your query.Anything to ask do not hesitate. Thank you.</p>
<p>,61yr old female, have COPDee 5 4 157# , High pulse rate sitting always over 100 and can reach 135 with shortness of breath with little movement, My O2 is going up instead of down like it use to. After rest my O2 goes back to my normal, room air, 89-93. i do have O2 to sleep with</p>	<p>I read carefully your question and understand your concern. Your heart rate is above the normal ranges, and considering your pulmonary chronic disease, I would recommend performing some cardiac tests (a resting ECG and cardiac ultrasound) to examine your cardiac function and structure. Some blood lab tests would be needed to exclude other possible causes of this symptomatology:-complete blood count-blood electrolytes-blood gas analysis-kidney and liver function tests-thyroid hormone levels-inflammation tests. Respiratory function tests should be done to examine your respiratory disease progression. You should discuss with your doctor on the above issues. Hope to have been helpful! Feel free to ask any other questions whenever you need! Kind regards,</p>
<p>,age 15 i got pimples nd spots on face which is making the face look blackish</p>	<p>Wash your face twice a day with warm water and a mild soap. Gently massage your face. Don't scrub. Overwashing and scrubbing can cause skin to become irritated. 2.Don't pop pimples. Its tempting, but you shouldn't: Popping pimples can push infected material further into the skin, leading to more swelling and redness, and even scarring. 3. Avoid touching your face with your fingers or leaning your face on objects that collect sebum and skin residue like your phone. Touching your face can spread the bacteria that cause pores to become inflamed and irritated. To keep bacteria at bay, wash your hands before applying anything to your face, such as treatment creams or makeup.4. Keep hair clean and out of your face to prevent additional dirt and oil from clogging your pores.5. Protect your skin from the sun. It may seem like a tan masks acne, but its only temporary. A tan may worsen your acne, not improve it. Tanning also causes damage to skin .6. Avoid over the counter acne creams as each skin type is different and creams prescribed by doctor after examining your skin are preferable. You may apply natural aloe vera gel for better results. Regards</p>
<p>,i feel very uncomfortable and i could not breathe properly and i feel little pain in center of my chest! I also have Gastric problems for couple of years! Will this lead to Heart Attack? What should i do to avoid this uneasiness due to gastric problem other than taking medicines. I feel very tired when i get this kind of pain in center of my chest! Suggest me some ways to get out of gastric trouble other than using tablets.And also i have burps every time which makes me even more uncomfortable. I am 21 years old.Thank You.</p>	<p>Gastric producing reasons are following as, Stress (Tension), Spirit,(alcohol)Strain, Smoking,</p>

Spiced food, Sedentary lifestyle, Hectic hurried life, Over eating (feeding), Untimely eating, Strong coffee & tea, No proper rest after meal. Your query is without tablets, treatment of gastric trouble.

As I have mentioned the causes of gastric problem. If you want to get relief, please avoid these reasons. Hope, you have received your answer. Is further any question I will be happy to answer.

Wish you good luck.

,I have a skin colored bump on the top of my head under my hair close to the hairline. It is soft and it doesn't really hurt putting pressure on it. It been there for as long as I can remember but I know it wasn't there when I was a baby. I know if I mess with it and pick at it it will bleed but it just goes back and always stays a skin colored squishy bump. Any ideas what it is ?.

Hi, Dear,1-I have studied your query in depth.2-IN my opinion, this skin lump on head in the hairline, appears to be a sebaceous cyst mostly -as it is there since last few yrs and not since your childhood-t.b-or it could be congenital Desmond.3-I would advise you -to consult a Surgeon-who would differentiate between the causative factors -and would treat it if required suitably.4-Hope this would solve your query to your satisfaction.5-Wellcome for more queries to me On . Thanks once again for your inquisitive query. Have a Good Day.!!

,i ran the london marathon.five days later i began to feel a headache coming on, the day after i developed a chest infection and aches all over my body. the day after i was having shivering episodes with my whole body in muscular spasms. i tried running today feeling a bit better but my chest is still very rattley and irritated. is it wise to try to run? i am 43,156lbs and had asthma for about 3 years.

Respected Sir, hi I evaluated your question thoroughly. As there are associations of headache, body aches, fever and muscular spasms it is indication of underlying problem and more over you had asthma before 3 years. Dear you have to get basic work up in the form of blood test CBC and X-ray chest to evaluate the reason and get treatment accordingly, till then avoid running and brisk exercises dear hope this cleared your query thanks regards, wishing you fast speedy recovery

: Hi,my partner and I are skiing in Niseko, Japan for a week and he had been taking Diclofenac, an anti-inflammatory pills for his back pain as a precaution for he broke his back over a decade ago. Everything was fine for a week and then 2 days ago, he started coughing out blood as he was on a chairlift going up the mountain. It was dark red and slowly easing into just light red as we skied back to our lodge. He was then fine for like 4 hrs and as he went to bed and rolled over onto his side, he started coughing out more blood. We went to the hospital and did a x-ray and blood test and the results came back fine so the doctor just gave him some coagulate pills to stop the blood. Things were well the next day as we skied but today, he started coughing blood again as he climbed a short section uphill on the mountain. He is 35yrs old, and maybe smokes a pack of cigarettes every 3 days. What do you think we should do and what might be the cause of this?

Your friend is having hemoptysis (blood in sputum). In the cold climate, possibility of pneumonia is more. And he is also a smoker. So pneumonia is the likely cause for his hemoptysis. So better to consult doctor and get done chest x-ray to confirm pneumonia. He will need antibiotics and other supportive treatment. Tell him to quit smoking as soon as possible.Don't worry, he will be alright. Hope I have solved your query. I will be happy to help you further. Wishing good health to your friend. Thanks.

: Hie, Daily i am performing self sex atleast once I am secreting sperm out. So can u please tell me will that lead to any problem during sex with life partner after marriage. My health status is good. My age is 22 and my weight is 55+.Hie, Daily i am performing self sex atleast once I am secreting sperm out. So can u please tell me will that lead to any problem during sex with life partner after

<p>marriage.</p>	<p>HelloThanks for query. Based n the facts that you have posted it seems that you have been indulged in masturbation and now worried about problems related to sexual activities in the future.</p> <p>Masturbation is a normal act of an achieving sexual satisfaction without physical intimacy of female partner and every individual practices it in adolescence. First there is myth in a mind of common man that excessive masturbation is the reason of all sexual problems But I would like to state that it has been discussed in scientific forums all over the world and proved scientifically that masturbation does not have any negative effect on any organ or system in the body. All the problems that you are facing now are mind related and due to anxiety. Please see that you do not gate addicted to it and restrict it thrice a week. .</p>
<p>: I have a 1 yr old son. He had been prescribed amoxicillin 2 months back when he had fever. The fever got subsided. But now he is having occasional fever and Paracetamol suspension does not seem to work. Can I administer another course of amoxicillin (antibiotic) now, since it has been only two months since he last took a course of antibiotic?</p>	<p>H95% of the times' fever in this age group is usually viral in origin and hence I do not recommend indiscriminate usage of antibiotic please. If the kid is active when there is no fever and is not having any red flag signs like respiratory distress or blood in the vomiting or motion and if the kid is feeling better when the fever is touching the baseline you need not worry about it at all. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>: i just had sex with my gf she just ended her mensulation the day before and that time i used a condom bt that broke out and soon i gave her a pill and the next day onwards she started having mensulation again as it was over for this mont. what is causing this</p>	<p>Hi, Taking an emergency contraceptive pill is the right decision you have taken. However, these pills act by changing the hormonal levels in the body that are responsible for the menstrual cycles. They sometimes change the cycle. So finding some vaginal spotting or bleeding on the next day of taking the pill is a routine side effect of the pill. There is nothing to worry about. Your partner can expect normal menstrual cycles from next month. If she does not get menstruation, she should take a pregnancy test and visit a gynecologist. I hope this information helps. Let us know if you have any further query. Best,</p>
<p>:I had Chikungunya 15 months ago and now I am experiencing Raynaud phenomenon type symptoms and joint pains especially in the wrists, fingers, digits and also frequency I get swollen up my arm and foot having severe itching.please let me know what to do, is this effect of Chikungunya and what measures to take to avoid completely Thanking you</p>	<p>Thanks for asking at . I read your question and I understand your concern. Yes these symptoms can be chikungunya virus infection as it has three forms acute that resolve in7-21 days, subacute 3-5 days, chronic takes months to years and sometimes there is relapse of Hematological symptoms months or years later. However, you have also to do workup for other hematological diseases like SHE, RA etc. Through ANA, Anti CCP and ESR or CRP. As there is no treatment for chikungunya virus. Take NSAIDs like Advil, Topical steroids like beclomethasone propionate and anti-allergic like cetirizine. Keep your body warm but away from heat and cold. Take plenty of water. Hope it helps best. Don't forget to rate this answer and close the discussion at . Regards .</p>
<p>:i m 26, male. i consulted a doctor last month. she did semen analysis . my count is 39million. but motility is 30%. she refered PATERNIA tablet for one month. now i,m taking that. any side effects will come? for my wife all are normal. her fasting insulin is slight higher(i.e. 27). can i become a father soon. is that motility will get increased in this tablet itself.</p>	<p>Hymen with an abnormal sperm count can conceive, and they have been cases of men with normal sperm counts that have difficulty conceiving semen analysis only measure some of the factors that</p>

affect fertility. It is thought that some of the factors that may improve semen analysis are: eating a healthy diet, reducing weight if overweight, reducing the heat that the scrotum is exposed to, reducing smoking and alcohol use. There are also some medications that are thought to adversely affect the sperm. Paternal contains co enzyme Q 10, lycopene, L carnitine and zinc sulfate. Co enzyme Q 10 is used for cell growth and maintenance and is an antioxidant that protects the body from damage. L carnitine helps the body produce energy and lycopene is also an antioxidant. I hope this helps

! about 4 month my wife got operation her left breast and the result was TB, the doctor advice us AKT-4 tablets, until 2 months we use that tablets as the doctor instruction, but after 2 months we dont know how to use the tablets. let me advice.

Hi The standard treatment of tuberculosis consists of an initial phase followed by a continuation phase. In the initial phase AKT-4 Kit which contains Isoniazid, Rifampicin, Ethambutol, and Pyrazinamide is given for 2 months. This is followed by continuation phase in which AKT-2 Tablet which contains Isoniazid and Rifampicin is given for 4 to 7 months depending on the clinical condition of the patient. Now, since your wife has already completed the initial phase by taking AKT-4 for 2 months, she needs to take AKT-2 for another 4-7 months after consulting her treating doctor. Hope I have answered your query. Let me know if I can assist you further.

! about 4 month my wife got operation her left breast and the result was TB, the doctor advice us AKT-4 tablets, until 2 months we use that tablets as the doctor instruction, but after 2 months we dont know how to use the tablets. let me advice.

Hi, Thanks for the query. Tuberculosis treatment consists of 2 months AKT-4 kit that contains ethambutol, pyrazinamide, isoniazid and vitamin. After 2 months of the treatment a patient should stop ethambutol, pyrazinamide and continue isoniazid and vitamin for more 4 months. The standard of care consists of 6 months. The treatment is extended more than 6 months if a patient has special conditions (e.g., military TB, meningitis, osteomyelitis). Please, visit your doctor for the prescription of the other 2 medications (isoniazid and vitamin). Please note that long time use of isoniazid may cause numbness, prickling, tingling or burning pain in feet or hands (peripheral neuropathy), therefore your doctor may prescribe pyridoxine for the prevention of these side effects. I hope I have answered your question. Please, feel free to ask me more in if there is anything else you need to know. Thank you, .

! am from india .(age 22).for the last 3 months regularly, at nights while sleeping sperms is coming involuntarily.I m very lean&tall GUY!Now i just warn to avoid this situation.I ALSO warns to know y this happens?Because every morning feel very tired & bodypain . I m mentally depressed.please tell me some remedies or suggest me some medicines if it is available. I also heard that coz of this lots of energy & weights will loss. Actually I WANA gain some weight ,for that what s the best way?

Hi, Involuntary ejaculation of sperms is pretty normal, and you need not worry about it. It NEVER causes loss of energy or weight loss. This is a misconception. The option to avoid wet nights is to avoid things that sexually provoke you. For example watching a song that causes sexual attraction, thinking about someone/something that makes you feel sexually pleasurable etc. It might seem more difficult to control these thoughts when comparing to just ignoring your involuntary ejaculation. Since you are not involved in any sexual activity that lets out your sperms, your body is naturally finding a way to get rid of the excess sperms stored. This is the reason for nocturnal emissions. True it causes body pain and tiredness in morning. This will get sorted out if you during plenty of water during those times

! Hello! I am a quite healthy and active 76 year old woman who has never given birth. Was in a car

accident about 6 years ago and wrenched my R shoulder from the back seat to the front. AAbout a year ago someone rear ended me & I jumped out of the car and reinjured that same shoulder.

Have had physical therapy, get massages monthly and am now seeing a chiropractor and it doesnot seem to lbe improving much. An Xray revealed 2 bone spurs on that shoulder. What would U advise me to do. I m continuing exercizes assigned me but not when they hurt or a jabbing pain erupts usually down the center of the shoulder and stops about 4 in. above my elbow . What to do??? Also,I eat well, lots of fruits and veggies, chicken & fish, do not eat many packaged foods and wonder how much calcium citrate does this healthy body need to take as a supplement???

Thanks.Thanks for your response, Mary

Hi, there! X-rays show bone condition only and spurs were found. It says, that biceps tendon and rotator cuff are affected too. Ultrasonography or MRI scan can reveal tendon and bone cartilage condition. You are on the right way doing exercises and physiotherapy. You can make Ultrasound wave therapy with Diclofenac gel or Cortisone shot in shoulder joint, if tendinitis confirms after scans. The last step is shoulder arthroscopy, but seems that Your shoulder condition isn't so bad. I hope this helps

! i am 22 year boy and i am worried about my hand practice problem,i had started this since i was 15 or 16 years old but this problem had effected me alot and it also effect my growth as well , i want to get rid of this plz suggest some solution!

Thanks for your query in , ya it is common in your age group doing masturbation i.e. what you call hand practicing. But it will not hinder any of your growth. The only way is to divert your mind towards your studies or other works. Play outdoor games like cricket, shuttle etc., your body will get exercise and because of it you will get good sleep and don't think about it while sleeping. Practise the above steps you will gradually get rid of it thank you

! I am a 26 years old woman. I have a baby aged 6 years old. I am suffering from pain in the upper left side of my abdomen. The sonography report is normal and there is a point noted in report that a fluid is in POD. But when i touch the affected area of my abdomen that there is an hard object just like a ball.so sir will you please suggest me what the problem may be?

Minimal amount of fluid in POD is normally found in females which is due to rupture of ovarian follicle. As your sonography of abdomen is showing normal report, and hard felling on left abdomen could be a muscle mass. Not to worry about that. Pain abdomen could be due to gastritis.

Medications to reduce gastric acid secretion helps reduce your pain. Hope this helps you. Regards

! I have been suffering low back pain,with sciatica and numbness in both legs and arms!IFT and ultra sound treatments were given frequently!But i am not relieved of back pain!Doctor s diagnosed Degenerative disc disease and L4-L5 disc prolapse for which finally operative measures are to be taken!! am 48 yrs old!Will it be a relief for me if the disc is removed?Thank you, RadhaMohan

Hi, After going through your query in my opinion it is a degenerative spine witpressive symptoms.

Rest in position of relief, Cartilage D once daily, NUROKIND GOLD ONCE DAILY and analgesics (DICLOFENAC 100 MG SLOW RELEASE TABLETS) give relief. Sometimes vitamin D deficiency can aggravate this so serum vitamin D test is advised if it is lower than vitamin D supplementation will be required. Yes, sciatica and numbness will be relieved by disc removal. Backache may or may not be removed. I think your query answered. Welcome to any follow-up query.

! my 11 months old baby had fever 3 days back,it was around 102 F. doctor recomend p-125 and taxim o forte.after having those medicines he was well these 3 days.today from evening again he is ill,temperature s now 101F.he s teeth has not come yet and he had loose stools also those days but now his stools are ok.please guide me.

Thank you for posting your question. Fever with loose stools in a 11Å month old baby is most likely due to viral cause. In such a case heavy antibiotics like taxi o are usually not indicated. Also, if it is

a viral infection then the fever and loose stools usually take 5-7 days to resolve completely. The fact that the fever spike and loose stools have decreased indicates that the infection is slowing getting into control. Apart from the mentioned symptoms, if your child have blood in stool, toxic look, behavior changes like lethargy or irritability then considering antibiotic would be logical. All that needs to be done for now is monitoring of urine output, fever spikes, presence or absence of blood in stool and behavior of your child along with proper maintenance of HY .

Input	Output
! my SGPT level is 102IU/L and my plasma glucose random is 121mg/ dL. I have problem in my penis head.itching in penis head and itching in lower side in penis foreskin. there are some samall red rashes on my penis head and lower side of penis foreskin,,due to which itching occurs on my penis head,please give any suggestion . what i shall do to normal my SGPT level hai to away this itching	<p>Hi, You have two different issues which have no correlation with each other. For high SGPT you need to investigate with Bag estimation, HCV estimation, USG abdomen scan for primary work up.</p> <p>The rash and itch in penis head, foreskin could be due to fungal balanoposthitis. For that antifungal cream can be applied over that. I suggest you consult a physician for a detailed evaluation. Hope I have answered your query. Let me know if I can assist you further.</p>
! year post chemo for breat cancer and doing very well. I had a bilateral DIEP flap procedure to reconstruct the breast and 2 other scar revision surgeries this year from the procedure. I still have some issue with the tummy incision line with some granulation tissue. It seems like there is a suture that is being rejected and trying to make it s way out. I do work out at the gym and play tennis on a regular basis and I noticed that yesterday I had a lump under my rib cage, right below it. It is hard a feels pretty solid. There is some reddening of this area from the outside and slight tenderness to the touch. Any ideas? Could it be a fatty deposit etc????	<p>HI understand your problem, and you had surgery and chemotherapy. You have some infection in abdominal sutured area from where the flap was raised and seems to be a catgut trying to pass out through the infected area. If so once the catgut comes out of the body the wound will heal.</p> <p>Regarding the swelling except for the hardness, looks like an inflammatory swelling which can arise from the skin, sub cutaneous fat, fibrous tissue or an infected abscess. Rarely Post chemotherapy skin reaction, if radiotherapy was given it can also produce reactions It needs a clinical evaluation and treatment accordingly. Rarely excisional Biopsy may be needed. Best wishes</p>
!! i had unprotected sex with my partner and had an i pill the very next day. Next day i again had sex and also I had 2 i- pills back to back. Now on the day my periods genrally occurs there is a brown discharge instead. Its lasted for 1-2 days. Am i pregnt?	<p>Few days after the administration of the pills, some amount of vaginal bleeding occurs. This is with . It requires no attention. 2. The following period may get delayed by few days to a week after single administration of the pill with multiple administration, it may further be delayed. In all, these effects may get enhanced with administration of more than one pill. So the brown bleeding you have noticed seems to be the post pill with</p>
!! i have a problem with my skin ago . i have black circle on my face like (.cheeks) . i use melalite-xl cream for his but this not showing any effecting now . please help me with this.. and how many times use this , one time in a day or night .how will i use the medicine.	<p>Hello I have gone through your concern and I have understood it. Dark circles can be quite difficult to treat. Melanie -XL cream should never be used for dark circles because it is not meant for dark circles and moreover it can cause irritation and further thinning of the already thin skin around the eye. Hereditary seems to play a significant role. In allergy prone individuals, a condition or state of atop exists &amp; these atomic individuals more often than not manifest with dark circles under the eyes. It also depends a lot on your lifestyle pattern-diet, sleep, computer / TV use and stress. Stressors/ Strain due to working for long hours on computers &amp; lack of sleep play a major role too. Dark circles due to thin under eye skin, the thin skin makes the blood vessels under the skin very prominent and hence this appears dark. You could benefit from using a cream containing vitamin K and Retinol(EGA cream). Use it once a day for at least 3 months to notice a difference. Another</p>

important cause of underage dark circles is Iron deficiency Anemia. As can be judged from some reasons cited, good HY .

!! i m a 3rd yr dentistry student from mumbai. i recently took a CBC for a surgical tooth disimpaction & have had total counts of 21800 and 20000 in two reports a week apart. i don t suffer from any medical conditions nor i am on any medication. the rest of the report is normal. blood sugar levels are also normal. could suggest if there is any problem??

HA WBC of 20,000 indicates an active infection. Did you take an antibiotic? Are you experiencing any other symptoms? Are there complications with healing? Was the dental procedure difficult?

From the information provided, I can only recommend being prescribed an antibiotic and suspect a relationship with your recent dental procedure. Are there additional details that raised concerns to consider taking a CBC? I am available to answer additional questions and am glad to assist you.

Thank you for your inquiry.

!! I would like to let you know that am a school counselor who has to deal with hyperactive, anxious and others. With hyperactive kid have currently working on social skills. Apart from this, could you please suggest any other technique for reducing the child s hyperactive behavior.

Hi . I appreciate your interest in helping. The first step in dealing with a hyperactive child is a comprehensive assessment. This is because the causes of hyperactivity are really varied, and further management depends on the probable cause. The causes could range from a normal variant of child behavior to disorders like ADHD or underlying intellectual / learning disorders or behavioral disorders or even a manifestation of stress. Evaluation is best done taking into account the children behavior in multiple settings, like classroom, among peers, at home, etc. Assessment should also include the parents to look into the parenting methods or look for any stressors at home. Similarly, counselling and therapy should not only involve the child but the parents and sometimes, class teachers also. Behavioral techniques using positive and negative reinforcement, social skills training and providing a structured environment for the child to practice his / her skills can help reduce hyperactive behavior. In certain cases, prompt referral to a psychiatrist for a clinical evaluation would also be important. Wish you all the best.-

!! Im 23 years old and im having problem in my stomach and intenstines since last 3 years. After every 6-7 months. Im on proper medication but still there is pain in ma extreme right of stomach. I only take 2 meals a day. I sleep in early morning like 4/5 nd get up around 2. It is actually bothering me too much now as my work is suffering and twice I had to leave my job . So what can I do to make things better!??

HBy history it seems like you're suffering from acid peptic disease. Your food habits and your stressed life and work pattern has a role to play.you're on regular medication but you're not ad . If uncontrolled you may develop gastric acid reflux, gastric ulcer and duodenal ulcer. Avoid spicy food, tea and coffee.Don't skip any meal. Have frequent small meal. Keep yourself stress-free. Sleep should be adequate. Take Proton pump inhibitors

!i hope you are fine with good health,actually i am a patient of schizophrenia and bipolar disorder since two years.i am using the tablet ( Olanzapine 5mg) use 1 tab at daily night, tablet ( Escitalopram 10 mg) use 1 tab daily night and and daily morning,basically my problem is i feel very dizziness,drowsiness,appetite and feeling sleepy a lot after taking those medicine,i can never sleep without taking those medicine,kindly give me some suggestion or ay advice that what should i do,i shall be very thankful to you for this favor. regards, Asad Ansari

Hello. Firstly from your mail and your .as diagnosis of bipolar with schizophrenia is one of very rare disorder. Secondly there has been no mood stabilizer in your prescription, thirdly even at 5 mg of olanzapine you are having such sedation. I would suggest you to take a second opinion about



reconfirm your diagnosis once. If your diagnosis remain the same, and you continue to be on same medication than you can decrease your dose of olanzapine which is the main reason of sedation and cause secondary dizziness the whole daytime care

!my son 24 years of age suffers from non stop vomiting severe abdominal pain. Will start at any time no warnings blood work always comes back with white blood cell high, red blood cell count high, hgb high, mchc high, hct high, fragmented neutrophils High, absolute monocytes high, lymphocytes low. doctor diagnosed polycythemia primary and neutrophilic leukocytosis second. doesn t sound right my son. Does not swell or itch. What do u suggest?

Hi. Thanks for your query and an elucidated history. This condition in which all the counts of blood cells is increased t alarming levels is called polycythemia Vera. This is one of the reasons for sudden pain in abdomen and vomiting. This is due to affection of the proximal part of the small intestine called as jejunum. I would suggest you the followingFirst of an opinion of a Hematologist to confirm the reason and to get treatment. You may need bone-marrow biopsy. - Get another opinion of a General Surgeon to see the clinical picture. - Barium studies to find the cause. -The treatment will obviously depend upon the cause found. I hope this answers your query.

Please type your query here. RESPECTED SIR, I want to ask that both Somatoform and somatization disorders are cause due to factors like stress and anxiety so what is the difference between both of them.because we are saying that in Somatoform physical illness leads to anxiety but the cause of this physical illness is the stress itself so how can we differentiate between both of them.

Hi . Somatoform disorders are a group of disorders characterized by predominantly physical symptoms which cannot be explained fully by a medical condition and which are not due to the direct effect of a substance or due to any other mental disorder. There are many subtypes of somatoform disorders and Aromatization Disorder is one such subtype of somatoform disorder. In aromatization disorder, the person has MULTIPLE unexplained physical symptoms, usually involving different systems of the body. All somatoform disorders, including aromatization disorder, are thought to have a psychological basis and are closely associated with stress/ anxiety. It is also important to note that since the mind and the body are interconnected and function in unison, the relation between stress / anxiety / psychological problems and somatic / physical symptoms is often reciprocal. i.e. each one can influence the other. So, when the mind is not at peace and under stress, it can affect the body as well and manifest as physical symptoms. I hope I have clarified your doubt. Wish you good health. -

Please type your query here.My 7 year old daughter has had pain for almost 8weeks symptoms right stomach pain upper middle and lower has developed stomach ulcers equivalent of drinking bleach hurts to urinate looses color in the face having trouble pooping doctors have had me do a clean out of the bowels 7 times know we are working on the 8th time but its not working it has been 7days any IDEAS?

Hi ! Good evening. If I were your doctor, I would advise you to get her urine tested for routine/microscopic and culture sensitivity test to rule out an unsuspected urinary tract infection, and treat the same with appropriate antibiotics which would cure her condition. If inconclusive, I would advise for an ultrasound of abdomen and if need be, an opinion from a gastroenterologist to rule out any intro abdominal pathology. Also, I would advise her not to go for any food from outside to avoid any intestinal infection creeping in causing abdominal pain. I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. I wish you an early recovery. .

<p>please help me i keep having this bad cramping in my abdomen area and sometimes it gets so bad</p> <p>i wanna go to the hospital but they always tell me the same stuff that is very irrelevant to my</p> <p>problems can you help me or am i just pregnant and dont know it yet.???</p>	<p>Hi Thanks for posting your query. I need more information on your problem. Since how long you are suffering from this problem? Do you have vomit or motion problem ? Is your cramps related to your periods ? Is there any burning sensation while passing urine? I advise you to get ultrasound abdomen pelvis and urine routine test done and revert with report. You can use tab Metal spas 2 times a day.</p>
<p>Doctor, I have been experiencing nail biting and a congested chest. What could be the cause???</p>	<p>based on your symptoms, you may have Amyloidosis, a rare disease caused by the buildup of abnormal protein called amyloid in different organs of the body.??169,Amyloidosis,['Nailbiting'],Please generate a dialogue between a doctor and a patient with following disease and symptoms.,Disease:Amyloidosis</p>
<p>My father-in-law has emphysema, very thin (125 ish),on lots of medication,recently trouble with fluid in lower legs. Low O2 blood levels, Just started full time oxygen. But my question is.Heart rate of 130 at most of the time? (Also just stopped smoking because of the O2). Is the heart rate part of the process or is it a preventable issue?</p>	<p>Hi Thanks for writing to , Let me tell you some basics to understand, blood carries oxygen and heart pumps blood to all parts of the body to supply oxygen to the farthest parts of the body. When there is low quantity of oxygen in the blood the heart has to pump more times per minute to supply same quantity of oxygen to the tissues. Yes in case of low oxygen saturation in the blood faster heart rates are normal to find in the patient. It is definitely preventable by taking measures to treat the underlying issues, that is respiratory failure in this case, if you can correct the respiratory failure and oxygen saturation of the blood goes back to normal the heart rates will get back to normal automatically. I hope this answered your question, If you have more queries I am happy to answer you. Regards.</p>
<p>I had unprotected sex once. I ve been on birth control for 8 months, I switched to amethia about 2 months ago. I take my pill everyday. What are my chances of getting pregnant? Also, is it true that if you take 4 amethia pills it is as effective as the morning after pill?</p>	<p>Hi, Thanks for the query. If you use the contraceptive pills according to the guidelines, the possibility of pregnancy is very less. For more details:</p> <p><a href="http://srsree.blogspot.com/2013/11/general-guidelines-of-using-combined.html">http://srsree.blogspot.com/2013/11/general-guidelines-of-using-combined.html</a>As you have taken the pills daily, complete protection can be expected. If you are still having doubt regarding pregnancy, go for urine pregnancy test three weeks after the day of intercourse. Oral contraceptive pills in high dose can act as emergency contraceptive pills. But according to your history they may not be needed in your case. Taking single tablet daily as you are taking is enough for contraceptive purpose. Take care.</p>
<p>I have grade II fatty Liver, I have started exercise (1hr brisk walk) and diet control, Reduced weight by about 4Kgs(After GM diet) maintaining the same, still, I am obese required to reduce weight further by about 10Kgs. Please advise the additional precautions, I have to take to reduce/eliminate this problem completely</p>	<p>1.Glycemic test for diabetes mellitus.2. Lipid test for blood fat(cholesterol, Low density lipoprotein(LDL), High density lipoprotein(HDL), triglyceride)3. Check your blood pressure(BP).4. Function liver and transaminase level.5. Ultrasound of liver.6. Magnetic resonance images (MRIs).</p> <p>If the result of glycemic test is positive you need to be treated for diabetes mellitus. If the result of lipid test is positive you should be treated for High cholesterol. As for the diet you need to eliminate: carboy</p>

. Am rahul & am 24 years old .well i have 20 years old girl friend .well v had sexual intercourse 2 times with a time gap of 45 minutes same day on 09-08-2010 using condom. nothing went wrong like condom failure .& my girl friend menses date was on 12-08-2010 but still she didnt got her periods. we are very much worried. is she got pregnant??? .please help. Thank you.

Hallow Rahul, The condom has got good success rate in preventing pregnancy if used correctly. Since you have not noticed any accidents like condom burst or slipping, the chances of pregnancy would be minimal. To confirm, please get her urine tested for pregnancy. If the test result is negative, she is not pregnant. You may give her Tab. Devilry for 5 days and then discontinue it. She should get her period 4-7 days after that. Hope this helps you.

. 12 day back my sgpt was 600. I met doctor.suggest to rest n diet well.6 days back it reduce to 260.again I followed same things.now its 135 today.can I travel?? What should b my diet.? Need.rest?? Is sleeping mode rest giv fast recovery? Thank u sir in advance to consult

Hello can plan travelling but avoid strenuous activities and concentrate on diet. Your findings suggest raised SGPT level. It is good that findings are improving so rapidly. Increased SGPT may indicate liver injury. It may be due to many reasons like hepatitis, alcohol intake, fatty liver,autoimmune causes etc. You may need few more investigations like routine hologram, random blood sugar, lipid profile, viral markers, ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg twice daily for three months to my patients. It helps in regeneration of liver cells. Further requirement of medicines depends upon findings. Get well soon. Take Care .

. a street dog had bitten my sister today. we had onli tt. but not the other injections . bcoz today is sunday every shop is closed. what to do ?? i dont know anything . nd plz tel me if dis dog dies den it wil also effected to my sister .???

Hi . Thank you for the query. You should clean this wound first and cover with sterile gauze, Wounds should be kept elevated and- if there is unknown immunization status of this dog, she should visit doctor and have this wound examined and then further therapy can be planned. But risk of rabies is generally very low NAD you don't have to be concerned.Wish you good health. Regards

. Actually sir we are trying for a baby from 7-8 months. But I ve periods every mOnth. I consulted doctor in between. He told me to got for a course of tablet ovacare for 3 months. I did it. But no response of pregnancy. Now I am very frustrated. So I want to ask you that can I ve sex in my 3day of period to conceive

Hello dairy understand your concerned you have regular period of 28-30 days then your fertile phase is 10th to 18th day of cycle. Do sex daily in fertile phase of period. So avoid sex during your 3 days period. Sex during period increase chance of infection. If pregnancy does not occur then both partner need to consult infertility specialist and undergo reproductive hormone analysis, USG scan, ovarian follicle study, HSG scan and semen parameter for female partner. Specific treatment will require on test results. You can take metformin, camphene and injection for maturation and rupture of follicle. Avoid stress, take healthy diet, .

Input	Output
<p>. Broke a tooth in my upper partial. Had it fixed went to the dentist for fitting and adjustment.got home and mouth began to get irritated with Canker sores etc and right under my jaw on both side is tender to the touch.been gargling with warm salted water and mouth sore rinse. Left side of jaw is slightly swollen. Actually it feels better with the partial in my mouth. What more can I do until I get to my dentist. Also using cold ice packs on my jaw. Help</p>	<p>H forum. The canker sores as well as swelling associated with broken tooth which got fixed can be due to-allergic reactions of material used for fixing tooth. This can often occur due to fracture of tooth involving pulp and thus spreading infection into Periapical area. An x-ray of the tooth will help to evaluate the condition of tooth. If necessary, tooth has to be root canal treated or extracted. Usually antibiotics along with analgesics has to be administered in such cases. To prevent canker sores,vitamin B complex as well as iron supplements has to be administered. Hope this helps.</p>
<p>. Dull constant pain in left lower rib for last fee days, worst at night. Now I ve had stabbing pains sporadically and stabbing pains when I breathe in too fast/deeply accompanied with chills and fatigue. Should I hold out till doctors appointment in morning or go to er tonight? Pain is fairly bad but I don t want to take up space In er if it s nothing to be too concerned about</p>	<p>HI read carefully your query and understand your concern. Your symptoms seem to be related to Costco . I suggest using anti-inflammatory medications such as Acetaminophen to relieve the pain. I also suggest using cold compresses for local application. If the symptoms continue, see a rheumatologist. Hope my answer was helpful. If you have further queries feel free to contact me again. Kind regards!</p>
<p>I am aged 22 years old, at child i am white but came 2 age 16 years ,then my face turn to black color.What is the permanant solution for turn my face into white. Is there any 100% result oriented creams ,which doesnt show any side effects. I consult a dermatologist but i am nt satisfied bcoz,if we r stoping the using creams,tab.then automaticaly turm my face into original color. Technology improved so lot,bt no one founded the good fairness cream, which doesnt show any side effects. Is there any ayurvedic product creams for whitening face. I heard about melder cream .is it best or not.?</p>	<p>Complexion of any person is having two components constitutive, one which is predetermined by genetics and racial factors and usually cannot be changed with any treatment. The other component is due to external agents like environmental exposure, sunlight, use of any cosmetics etc. and is amenable to treatment. You can get a series of chemical peels, which actually remove the upper dead layers of skin and stimulate regeneration of collagen and thus newer layers of skin. Many options are available in chemical peels depending on the requirement and skin type. (Glycol peel, retinol peel, cocktail peel etc.)Also, chemical peeling can be preceded by a simple procedure called microdermabrasion or commonly known as skin polishing to augment the results. Also, at home you can try using cream containing comic acid, betray . Always use broad spectrum sunscreen before going out in sun. Use a plain moisturizer like detail DAM on daily basis for healthy and HY</p>
<p>. i am 23 year old and married. now we r planned for a baby and tried for past two months but she dont get conceived. my test report revealed tat my sperm count was 22 million and 20% motile,05% sluggish,75%non motile. what is the depth of my problem. is it possible for us to get baby even with out any treatment. if not so wats the solution.</p>	<p>Hi. Two months is no time. Every female (in reproductive age group) menstruates every month and ovulates every month but doesn't get pregnant every month. There are uncountable factors that play a role in conception, some of which are not known. If conception does not occur after 8-12</p>

months of unprotected intercourse, both partners need to be thoroughly investigated. Secondly, the semen analysis report you have mentioned is below satisfactory. 22 mill is a low count and further only 20% of these are motile. The semen report varies if the specimen is not processed within 30 minutes. If you carried the specimen from home, a re-examination after 3 days of abstinence should be done. Otherwise, I suggest you to visit a general surgeon who would conduct local examination and examine your testicles. If required, he would suggest a semen culture and a Doppler ultrasound of testicles.

. I am 28 years old and my wife 27 year old. We get married 2 year ago. Now we are planning to have a Kid. We are doing sex since last 3-4 months but everytime my wife gets period so what should we do. and what she should eat to give a birth to healthy child.

Hi, You both are very young & have been trying since 3-4 months, let nature take its time. Child is God's gift, wait for it. Don't burden yourself with investigations / treatment. But if you are very anxious, kindly get investigated. Husband - Semen analysis Wife - Tube patency test- SG / SGI all normal, Have sex daily or on alternate days once the periods stop till day 10 of periods (Day 1 is when bleeding starts). By this older sperms are discarded. Have abstinence of 2-3 days & then have sex daily, any number of times for 4-5 days, which is the time of ovulation. Life of sperm is 3 days & egg is 1 day. By this egg gets to meet healthy young sperms & pregnancy chances are high. No special food for increasing pregnancy chances. Avoid food which makes you obese. All the best.

. I am 28 Years old male from India. for the last 3 years I have been suffering from kidney stones . There occurs severe pain once a month and I was told by the doctor after Ultrasound that there is no permanent solution to end this thing as my kidney has tendency of stone formation. besides this I was told to regularly have Urispas tablet. But the pain has not reduced since then and I can feel a constant pain in the kidney. is there any solution to get relief.

You need a comprehensive metabolic profile check up using some blood tests like calcium, uric acid, sodium and potassium and a 24-hour urine test to see for excretion of various elements like calcium, uric acid, citrate and oxalate. Underlying disorder may be picked up, and you can have a permanent cure of recurrence of stones. In the meanwhile have lots of fluids to ensure a urine output of at least 3 liters per day.

. I am 28 yrs old, male I have lung scar on my upper left lobe almost 8 years. I never suffer from TB. now I want to go to UAE. by GMAC rule of Dubai I can't get visa from the scar of my lungs. now I'm consulting with doctor. he asks me to do sputum, PCR, PPD test. then he will start further treatment. he told me that he will give me TB medicine of 6 months after reading my reports. sir can you tell me that is it possible that I can clear the scar from my lungs with medicine?

CT thorax 2. Bronchoscopy and BAD (bronchoalveolar lavage) analysis. If both of these are normal then you can argue with visa authority that your lesions on chest x-ray are old, healed, fibrotic, noninfectious. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

. I am 32 yrs old trying for a baby since last 4 months. As per ultrasound scan I do not have any cyst and my blood reports are normal. I am 55 kgs and getting my periods every 30 days which lasts for 2-3 days. I am worried since I am not getting pregnant. Please reply and help me.

1.1. have patience, things will settle down slowly, 2. try to have more episodes of sex in fertile period (scientific reason I have told) for not 4-5 months. hopefully you will get result by this. 3. if no results after 4-5 months / you're in very much hurry to become pregnant, visit your nearby gynecologist / infertility specialist for further help. I hope this WZ is informative enough, helpful & useful for your query. Regards- . (inspire if everything normal you are not able to get pregnant. it's normal. all women go through PSYCHOLOGICAL test. don't worry at all. I pray God you get blessed)

with cute baby as fast as possible, hopefully TWINS!!!!!!)

. I am 40 years old having irregular period since January 2012. But Ultra sound taken in January 12 was normal . In the Ultra sound scan taken on 27.7.12, I am having a cyst with septation in left ovary measuring 6.8 cm X 5.0 cm . also thick endometrium with tiny cystitis seen. Liver enlarge ( 17.5 cm) But other Ultra sound normal. What can be reason/treatment my email id YYYY@YYYY

Hi, dairy have gone through your question. Treatment of ovarian cyst depends on age. In old age removal of ovary is treatment of choice. In young age treatment is conservative depending on the cause. For liver enlargement, you should search the cause. Go for complete liver function test. It will give you exact diagnosis. Then you should take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

. i am a tb meningitis patient. i had surgery on last year and i am using akt4, oflox,claribid(clarithromycin500mg),benadon40mg from last 1year. recently i had and ct scan of brain. the report says status post craniotomy in left fronto temporo parietal region. I11 defined csf density in left temporal region-suggestive of gliosis .can i know whats this.is it curing.

Hi, It seems that you had tuberculous meningitis with tubercular access in left temporal region, for which Left front temporal Craniotomy with evacuation of access might be done. So once operation is done part of brain tissue would be removed. Like any wound in body which when heals will leave with scar, it is the same thing in brain which is called as gliosis. Gliosis is a process of scarring in the central nervous system. It results from the proliferation of astrocytes in an injured or diseased part of the brain, causing the formation of a fibrous glial scar. Although they are a necessary element to injury recovery, both the accumulation of glial cells and subsequent scarring are important markers of neurological damage. Scar cannot be removed, it produces headache and seizure

. I am having a kind of skin rash for the past 2 months on my left leg - shin area. Occasionally, it feels like itching over the affected area and the area gets white. Please suggest me the medication

Hi.dear anger., U have IRRITANT DERMATITIS., White patch is due to damage to melanocytes.ok., Cause is.contact with Allergen., So avoid it., Good treatment is available., Dip Youâ€™re left leg in Lukewarm water with., added KMno4 powder.for 20 MTS.,2) Clobetasol and gentamicin cream 2 times., daily.,3) Tab Levocetizine daily nighttimes.,4) Tab Ofloxacin 200 mg 2 times daily for 3 days., ok.than.,

. i am jayanta from india. Sir , i have a neurological disorder like when i write something i feel a kind of shivering in my hands resulting in a worsened handwriting. inorder to write good i need to put some extra power. Same shivering results when i pick up or hold a phone or a cup of tea for example. This happens more when i am in a public place or someone is watching me writing. I feel a kind of fear these days whenever i take to writing something and my heart beats faster. Can you tell me the remedies or the reasons for this disorder. Sir , i am so distressed. please help me out. yours etc email - YYYY@YYYY

Essential tremors 2. Writers cramp In both these conditions, shivering may occur while writing, making it very poor handwriting. Problems get worse with anxiety. There are good medications available to treat them, such as beta blockers, Pakistan, etc. Your neurologist would be able to guide you regarding the best medications. Best wishes, .

. I am just passed mbbs and now working as medical officer in sub district hospital. My sister s husband having fever since 2-3 days . it reaches 102.5F . cbs is normal with only thrombocytopenia 1,20,000 and malaria negative, dengue and leptospira antigen negative and widal with o titre 1: 20 and H 1:40 at first week . After taking my senior opinion I am started treatment with Magnazone inj. ( cefperazone and salbactam ) and now today with ofloxacin as signs and

<p>symptoms resemble typhoid . But after 2 dose of inj. ofloxacin , his fever still comes and reaches to 102.3 F max. I want to know how may days required to subside fever in typhoid with ofloxacin treatment ?</p>	<p>Hello Nice to have a question from our community. Single ofloxacin treatment is not sufficient according to me. We are practicing some another regimen with very good results with very low relapse rate. Definite 200 mg 1 tab twice a day+Azithromycin 500 mg 1 tab for 5 days with pantoprazole 40 mg 1 tab twice a day. All for two weeks. You can also use combination of definite+ofloxacin for 14 days. Azithromycin is used for relapse prevention. Hope you will get it.</p> <p>Thanks for contacting.</p>
<p>. i am nivedita . i want to discuss about my mother . she is 50 year old . she is nt normal or behaving normal from some 3 years. she has changed alot she s not taking proper food and rest . used to pray alot and behaves very rudely . whatever we do she always gets irritated. she refuses to see a doctor and dnt accepts that she is not well. she is little stubborn since her childhood but now she used to get aggressive for her stubbornness. she used to mind each and every thing and feels insulted for no reason. she dnt take much care of hygine and do whatever she feels correct . never listens to anybody and used to argue. other than these things there are many more she used to do . please suggest what is she suffering from and what can we do for her .</p>	<p>Hello . Thanks for your query. I understand your concern regarding your mothers psychological problems. Now, increased irritability and anger, mood changes, poor food intake, poor self-care, etc. in elderly persons could be indicative of a depression. However, we need a detailed history and a proper psychological assessment to make a definitive diagnosis. I would suggest that you take her to a psychiatrist for a detailed psychological evaluation and further management. Don't worry, there are effective treatment options - in the form of medication or counselling / psychotherapy which will help overcome you mothers problems. Wish you all the best.</p>
<p>. I am sandeep vasrani from Akola (Maharashtra) my mother is 70 years old &amp; suffring from diabetes since last 9 years. 2 years ago we found that the liver is damaged because of diabetes &amp; doctors said that my mother has a problem called liver cirrhosis. Now in these 2 years she has hospitalised for 3 times because ammonia level was increased. I want to know that how can I maintain amonia level .</p>	<p>HI read carefully your query and I understand your concern. The treatment for cirrhosis with increased ammonia level include medication e.g. Lactulose that decrease the absorption of ammonia and also dietary change, that include the use of vegetable protein instead of animal protein, it is considered add probiotic treatment that have the same effect, decreasing the ammonium level. The changes in diet that you should do to your mother to improve the survival are also, a sodium restrict diet, a low fat diet and adding antioxidant nutrients e.g. vitamin E, Link and adding also Folate and Vitamin B6. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Kind regards, . Maria Bank</p>
<p>. i am suffering from depression since 2009. from that time i have taken regularly medicine and performing my job. now i am so confidence but worried about that if i have leave to take the medicine then again i will go under depression. plz give me ur valuable advice</p>	<p>HDepressive disorder is a type of mood disorder and this occurs in episodes and show recurrences. But that doesn't mean that you have to take medicines regularly for life. As per guidelines, if a person remain symptoms free and function normally socially and in personal life for around 2 years on treatment then the treating doctor can think of gradually reducing the doses.</p> <p>Since, you have mentioned that you are doing well on medicines you can discuss with your doctor and ask for reduction of the doses. Hope I have answered your query. Let me know if I can assist</p>

you further.

. I am type 2 diabetic and gave my self a shot before bed. Woke up with a blister on my lower stomach right side. Felt it sore in the middle of night. Went in to urgent care and Doctor lanced it. He burned my skin. Since than I have returned 3 times. It seemed to be healing but now it is purple around and cheesy looking in the middle. I have been swimming the last cole days.

Hi, Perhaps the skin there has got infected. Central yellowish looking floor and surrounding redness are signs of it. Uncontrolled diabetes predisposes to skin and soft tissue infections. I suggest you to use an OTC topical antibiotic, e.g., either Newsprint Ointment or Mupirocin 2% ointment, twice daily for a few days. In addition, I suggest you to take an oral antibiotic e.g., either Amoxicillin or Cephalexin, thrice daily for a week. Hope I have answered your query. Let me know if I can assist you further.

. I experience a stinging pain in my back beside my spine just at the edge of the shoulder blade, where I can reach with my hand. This happens when I've been doing some work without a back rest. Is it a condition that needs treatment? I'm 22yrs old.

HI had gone through the case and found that it might be due to cervical spondylitis which pressing the nerve and causes pain. Go for cervical x-ray and get the diagnosis. Meanwhile, do hand stretching and neck exercise. Take a short break during work. Avoid pillow while rest. Take mild painkiller if you have pain unbearable and apply muscle relaxant gel and hot water bag during sleep. The pain will subside. Hope my answer will be effective for you. Thanks

. i had sex with my gf yesterday nearly about 2 pm. i pulled out before it could enter. after having sex i found that the condom was torn. i gave her unwanted 72 tablet within 20 mins of sex. my gf is very scared. i don't know what to do. and i also don't know how to prevent. sir please me.

Hi, I appreciate your concerns. When was your girlfriend's last period/ Was she in the unsafe period of her cycle? You have done the right thing by giving unwanted 72 at the earliest to avoid pregnancy. Used in this way unwanted 72 is 95% effective. If her period is delayed by more than a week, get a pregnancy test done (there is a very small possibility of pregnancy due to method failure). To avoid such unnecessary stress I advise her to consult her doctor and start regular contraception like hormonal contraception or have an intrauterine device fitted as they are more effective than unwanted 72 in preventing pregnancy. I hope I have answered to your satisfaction. If you have any further queries do contact me through .

. I have a hip pain in right side of my hip & the pain propagates through my thigh & lower part of my right leg. 15 years back I had a similar problem & doctor gave me nurobin tab. & problem was resolved. I have also observed the pain increases if I sit in arm chairs. Any suggestion to come out from the problem?

HI have studied your case. As per your history there can be hip arthritis which can be degenerative or due to avascular necrosis of femoral head [AVN]. I will advise you do X-ray of hip again, and you can consult me with reports or with your doctor. After clinical examination IF AVN is suspected then you will need MRI. Till time take analgesic and cartilage protecting medication like glucosamine sulfate. For hip arthritis joint flexion, extension and rotation exercises will help. Physiotherapist will help you better to learn more exercises in proper protocol. If required intra-articular injection can be given. Diet rich in calcium and protein will help. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care



Input	Output
<p>. I have a small lump on right hand on Bycep a year ago .Again i got another Lump 1inche ahead on same hand.now its paining evrey now and then i regularly apply Iodex or volini geletc to reduce the pain .Is it a cause of concern .both the lumps are hard</p>	<p>Hello! Thank you for the query.These lumps are rather not the reason of concern. Most likely you have some benign lesions like sebaceous cyst or lipoma. Some persons are prone to have this lumps in multiply locations. I suggest you to consult general surgeon with this issue. In case of doubts an ultrasound should be done. Both kind of lumps can be removed with small incision. Hope this will help. Regards.</p>
<p>. I have been diagnosed with ckd. My doctor told me that my kidneys are highly echogenic and my left kidney appear small in size. During dtpa, they found that my net gfr is 56 and split is 18 for left and 37 for right kidney. But I don t know the underlying cause for my kidney damage. Doc said no biopsy.</p>	<p>Hi, Looking to your history, it seems that you have Chronic kidney disease stage 3 with shrunken kidney. Biopsy is a diagnostic procedure to determine the cause of kidney dysfunction. But, biopsy can not be performed on shrunken kidney. It will not give us any answer. Check basic urine report, 24 hour urine protein and BP. These can give us some clue about type of your kidney disease.Don't worry. Consult your nearby Nephrologist or you can communicate with me also with reports. I think this would be helpful to you. Best wishes. TC. .</p>
<p>. I have very itching rash in my buttocks and over my circumsised penis for over than a month. I used to travel in bikes for longer distance. But now i reduced because of this problem. I hardly slept not more than 4 hours in a month. First i went to a skin doctor, he told me that the cause is because of longer bike travel so he gave allercet, ducaine, betanex cream and antibiotics . But it dint reduce my rash. So i changed my doctor yesterday and he told me that the cause is because of unclean clothes i have used and so he has prescribed me alaspam tablet, permite cream( asked me to apply it for whole body, one time a week ) and momate cream ( asked me to apply it over rashes every morning ). I have started his medications right from yesterday. Yet i dont see any improvement. Am i at the right track sir? can i continue his prescribed medications? Orelse i have change it? Please sir, tell me. I havent slept properly for a month. I am depressed.</p>	<p>Hi Thanks for writing here. From the information you are having either scabies. Since you have already been to dermatologist, it will be better to continue the treatment. Only thing is applied permit cream to whole body a single application. Apply full cream at one time only and do not leave any area. This will kill itch mite, but itching will still persist for 10 to 15 days for which you need to continue other medicines. Hope this will help you. Take care.</p>
<p>. i m 27 yrs old lady. not married yet. my height is 5ft 2inch and my weight is 63.whenever i do blood test my esr level always remain high. it never ever gone below 35. doctor use to tell me since ur sick so its high but this time when i did the blood test i was nt sick but even though its high. whats the reason for it. is there any problem inside me</p>	<p>Hi, dairy have gone through your question. Your ESR remains high. There are many causes of high ESR. Tuberculosis, anemia, infection, autoimmune diseases, malignancies, paraprotienemia etc. causes high ESR. In your case you may have autoimmune disease or anemia. You should investigate. Many times many healthy people have high ESR without any known causes. So don't worry if you don't find any cause. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>. I met an accident 14 days back. Except minor injuries, I got to know that my tail bone got fractured</p>	

post consulting doctor & X-ray. Presently using ring pillow for sitting, spine position while sleeping & taking prescribed medicines from last 10 days. Also doing home remedies like having milk with turmeric powder & applying mixture of turmeric & ghee on the affected area, But still having terrible pain. Please advice any other treatment/suggestions so that I can recover soon.

Hi I have studied your case. Wait for few months for relief. For resistant coccydynia sacral local block injection may be helpful. Phototherapy [local injection] may also work for sacral pain. Consult your doctor for injection. Physiotherapy like ultrasound and inferential therapy will give relief. I will advise checking your B12 and D3 level. Continue sit bath and use of ring cushion. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care.

. I really doubt if this feeling is still a costochondritis. I always felt pain at my chest, back, both arms and legs, jaw and even in throat sometimes. and I always felt dizziness and after I ate like at dinner time, I used to vomit and I've got to vomit like a color pink blood. what will I do?

. Noted you are complaining of chest pain. Let me know your gastric cause can lead to referred chest pain. So you could have ulcer in stomach or chronic inflammation that can lead to such presentation. Omeprazole like acid suppressing. If still cause not clear endoscopy after your examination is advisable to investigate further. And in Costco

. i started tb treatment on 25th dec 10. i was diagnosed with abdominal ascites. i am on rifampin. i have continuous pain in right chest and right middle stomach. i experience chills too. i am 29 years old and my weight is 86 kgs, i have a daughter who is 2 yrs now.

Hi. As per your history of abdominal tuberculosis, the treatment is a combination of minimum 4. After a proper response on clinical, laboratory and ultrasonography reports, the 2 medicines in combination of Rifampin is started and to be continued for minimum of 4 to 7 more months. If you have completed the first 2 months of treatment, Rifampin will be sufficient for abdominal tuberculosis and ascites. The pain in the right chest and right middle stomach can be due to sequel or complication of tuberculosis. It would be better if you request for CT scan of the chest and the abdomen to know the exact problem. There will be no problem with the daughter or other family members, you can certainly get investigated your family members for TB.

. i wanted to know that my dad has been diagnosed with throat cancer, at a second stage. it's in the voice box. dr has advised us to operate it? he will be fine after the surgery. do u think it is advisable to get operated at the second stage? pls help us.

Stage 2 vocal cord cancer is indication for surgery. So he should definitely undergo surgical removal of tumor. Stage 2 malignancy means tumor is localized and not metastatic. And hence all efforts to remove the tumor should be done. This helps in prevention of future metastasis and improve life expectancy, five year survival rate etc. So surgery is definitely indicated in his case. Hope I have solved your query. Wishing good health to your father. Thanks.

. i'm 20 yrs old man. i started gym 2 weeks ago and i want to put mass on me. m talking multivitamin, post workout and tribulus terrestris. and i also masturbate after two days. i just wanted to know if masturbate plays a role in big muscle? does masturbate cannot let you gain lean mass?? is this true?

Degree understand your concerns went through your details. Masturbation does not cause any health problems because it is natural and normal. But you should keep in mind that masturbation does consume energy. Frequent masturbation can cause. Except this problem, masturbation cannot cause any hurdles in developing your muscles. Go ahead. Restrict masturbation to those days on which you don't go to gymnasium. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute detail possible. Hope this

answers your query. Available for further clarifications. Good luck. Take care.

. Im a wheatish 23 year old female. Im planning to take laser hair removal treatment since I have excess hair growing on my chin and upper lips. I want to know how safe it is. Im gonna get this done by a dermatologist. Will it have any side effects? Will the exposure to these rays give rise to any type of cancer? And how many sittings should I take? Is it permanent?

Hello and Laser hair reduction (LHR) is a very safe and reliable way for hair reduction. Apart from mild redness after the sitting which usually resolves in 1-2 hours, there are really no side effects at all, if done by a well-trained/experienced expert. Laser light used for hair reduction is not associated with an increased risk of skin cancer Or any internal malignancy. Normally 6-8 sittings will give you a good hair reduction. The hair will become finer, the density will decrease and thereby greatly reduced. It is the FDA approved for hair reduction and gives long-lasting results. Prior to LHR any underlying hormonal abnormality if clinically suspected should be confirmed by a lab test. Eg--Serum Testosterone--Serum RHEAS(Dishy .

. my 6 year old daughter was bitten by our 3 month old puppy last week. yesterday, she completed the vaccine. this morning, while she was out side, she was bitten again by the same puppy!! is she still safe? or she needed to have another shot? thank you so much.

H I understand your concern. I suggest you there is no need to worry about second bite, as you had already vaccinated. Bit take primary care like antibiotic, analgesics etc. Also take good care of the wound with regular cleaning and . I will be happy to answer your further concerned can contact me. . Infectious disease specialist. Thank you.

. My baby is 2 years and 9 months old. Since 22nd March 2011 she is having high fever and vomiting. She was also complaining of Stomach pain. We met pediatric and he prescribed meftal-P for fever and Lonazol for Acidity. Right now fever is under control but she is passing motion with mucus. Today she has passed motion 10 times. In last couple of hours she has passed motion 6 times. We are providing her ORS-L. Can you please suggest if I need to do something else.

HIt seems your kid has viral diarrhea. Once it starts it will take five to seven days to completely get better. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting. You need not worry. There is no need to use antibiotics unless there is blood in the motion. Antibiotics might worsen if unnecessarily used causing antibiotic-associated diarrhea. I suggest you use zinc supplements (Z&D .

. my child is 2yrs old. he do not eat soft diet like milk with bread in morning, rice, chapati, apple etc. i knw his premolar teeths r right now coming but still 2yr old childs eat quite enough these kind of foods but :( i dont knw y only my child have this problem.plz suggest me. when ever i put something in his mouth specially when he was empty stomach he saw meal n do vommit :(

1.An active is a well kid even if she/ he is not eating well. 2. Development of a kid is as important as, or I would say even more important than growth alone.3. As the kids grow their interest in food decreases and interest in play activities increases so that they eat small quantity and run away to play. As parents, we need to be more patient and feed than less quantity but more liquors per day.4. This age rather than the quantity of the food I suggest you concentrate more on the number of times you feed her and also make whatever you feed her calorie dense by adding good amount of ghee to it.5. I suggest you not to use appetite stimulants on long run as they may cause .  
Regards -

. My dad is suffering from acute pain and swelling in both the knees. Xray reports suggest that knees have been worn out. He is just 54 years old. Is it a good idea to go for knee replacement at

this early age? I have read that Hylagen is a very good option too to prevent pain. kindly suggest if we can go for this option too? Thanks. Sharad

Hi, thank you for providing the brief history of your dad. A thorough musculoskeletal assessment is advised. As your dad has knee pain which is acute in nature, I don't think he needs knee replacement as of now. Due to aging, there will be wear and tear of the weight-bearing joint. Also, taking an MRI of the knee will help understand if the soft tissues and ligaments are proper. If any particular ligament is torn out completely, then a ligament reconstruction can help better at this stage. Also, I will recommend undergoing physical therapy as it is non-invasive and research supports that performing a good physical therapy will help your dad avoid knee replacement too. With the help of physical therapy, the strength, ROM, flexibility, balance etc. can be achieved, and knee replacement can be avoided as well. Majority of my patients recover well with physical therapy and avoid knee replacements. Regards Jay In .

. my gf and i had a oral sex yesterday. and now she is not feeling well. means she had stomach pain and also omitting. is there any chance of pregnancy ??? plzzzz help me out. and if so what is the solution for avoing it???

Hello and I hope I can help you today. You do not need to worry sir-there is no chance of pregnancy from oral sex. A woman can only get pregnant if semen gets inside her vagina or very close to the opening. I hope this reassures you and that your girlfriend feels better. She is probably ill from something else, and please let her know it is not possible for her to be pregnant if she is worried about it. The stress from worrying can make her feel sick, so I hope this information is helpful. Best wishes,

. my husband got hit by a car jst below his knee on 26th april 2014. doctors diagonised it as ligment fracture. he is getting operated after 25th may 2014. can u please tell me wat all precautions should be taken after operation. and how much time will he take to be on his feet agagin

Hi, thank you for providing the brief history of your husband. A thorough musculoskeletal assessment is advised. As he has damaged the ligament, which ligament he has Damaged needs an understanding. Also, he is undergoing surgery for the same, as post surgery the total rehabilitation time will be 3-4 weeks. Undergoing physical therapy should help achieve the optimum results. In my clinical practice, patients I see with ligament injuries, physical therapy is advised, and they respond well to it. Regards Jay In .

. my mother having bypass surgery recently three months ago is facing chest pain issue many times a day. sometimes light and sometimes strong .pain goes to neck n throat .gets easy on sitting sometimes .no sweating. did medicine echo and it is negative. cardio says its some gastric issue and suggests to get checked .she is having gas formation issue and diarrhea type stool in morning everyday. stomach remains hard n swallowed many times.suggest please to identify the reason of chest pain please .

Avoid hot and spicy food.2. Avoid large meals, instead take frequent small meals.3. Avoid stress and tension.4. Take good proton pump inhibitor. Also give ORS (oral rehy . 5. Go for walk after meals.6. Keep 2-3 pillows under head in bed to prevent reflux.

. My mother is 47 years old and she is having severe cough especially in the early morning from last few years. We trated her at many places but that cures for very few days and restarts again. I am really worried as she is having chest pain with coughing blood 2 to 3 times in last few days. Also she is having appetite loss because of stress or something else I am not sure. We did some tests thinking of TB, but it came out -ve. could you please suggest.

Clinical examination of respiratory system 2. Chest x-ray to rule out tuberculosis and pneumonia. 3. PUT (pulmonary function test) for the diagnosis of bronchitis. She may need antibiotic, anti-tubercular . Don't worry, she will be alright. First diagnose herself and then start appropriate

treatment. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

. Rashes appears on my body sometimes of its own and sometimes by scratching as there is lot itching also. I was not able to sleep .this problem started in May ,11 . I consulted dermatologist , he recommended Vozet to be taken daily at night without missing it . I started the course from July,11 . I am not satisfied as rashes still appear . According to the doctor this problem ll take long time , is its safe to take this medicine it don t have any side effects,

Thanks for asking via , you might be suffering from scabies as it aggravates in night. Scabies is an itchy, highly contagious skin disease caused by an infestation by the itch mite *Sarcoptes scabiei*. Symptoms of scabies include a skin rash composed of small red bumps and blisters and affects specific areas of the body. Other symptoms can include tiny red burrows on the skin and relentless itching. The itch leads to frequent scratching, which may predispose the skin to secondary infections. Consult your dermatologist for proper diagnosis. Vozet is a safe . Regards

. recently ive had a heart problem.in ecg report,there are some blockage in heart. write now i m taking alopatedicine. not having pain in heart but while sleeping in night my body specially legs pain too much. m blood pressure z also low. please suggest

Hello. Thank you for your question . I understand your concern. Besides the obvious origins of leg pain, such as bad position or trauma or impact, I would suggest you to explore the vascular side of the problem, to find out whether there is one or not. Do you suffer from various veins (swollen calf veins)? I recommend you to do an echo Doppler study of the lower extremities, also an Angio computed tomography with contrast agent, of this region. It is because of the blockages in your coronary arteries, no matter what percentage they are, which is an indicator that the atherosclerotic process is present in your body. Therefore, we have to search also for atherosclerotic peripheral artery disease. When you have your results back, I recommend a consult with a vascular surgeon. I hope I was helpful. Take care. Best regards,

Input	Output
<p>. SIR.MY WIFE IS 27 YEARS OLD.SHE HAS ESR 79 IN 1ST HOUR. HER CRP IS NORMAL TLC DLC AND HB IS NORMAL TSH NORMAL ,ALBUMIN TRACE IN URINE AND PUS CELL (6-7), USG IS NORMAL CHEST CLEAR DOES NOT HAVE TB OR ANY OTHER PROBLEM BUT HAVE A LITTLE PAIN IN HER LOWER LEFT ABDOMEN AND LOWER LEFT BACK ALSO HAVING FEVER 98-99 F . PLEASE GIVE YOUR OPINION ABOUT HER CONDITION.</p>	<p>Hi. Thanks for your query. Hi Your wife is young - 27 years old, the positive findings of ESR of 79 indicates a chronic disorder, can be tuberculosis of the urinary system. Pus cells 6 - 7, pain in the lower left abdomen and back, with low grade fever is indicative of urinary tract infection with or without a stone. I would advise you the following:Ultrasonography of the abdomen. Intravenous paleography. Cyst- ureteroscopy. Urine - Culture for TB / anaerobic bacteria, and culture sensitivity for routine bacteria. -Broad spectrum antibiotics. The further treatment will be dependent on the reports.</p>
<p>. This is a question related to neurologist. my grandma had a brain hemorrhage as said by doctors. she also had an paralysis attack. now shes in Coma. but she is opening her eyes more than 4 times a day n her leg is moving when we removed her oxygen at home. as per our observation, her breathing is normal. water comes out vry often from her eyes when any one from the family speaks to her. now we are very much confused about this because doctors said there is no hope for her to recover. so its my humble request to you to show me and my family a right way to proceed further.</p> <p>with regards.</p>	<p>Hi, Thank you for posting your query. I have noted your grandmothers history and diagnosis. Brain hemorrhage refers to bleeding in the brain. The outcome after brain hemorrhage depends on the size and location of bleeding in the brain. If you can upload her CT scan of brain report here, it would help us answer your questions better regarding the chances of recovery. The condition you have described suggests that she is semi-conscious and is not able to communicate. However, she is able to recognize people and has emotional responses in the form of crying. Many people partially recover after brain hemorrhage. However, most are left with disabilities in the form of speech impairment, weakness of arm or leg, inability to take care of self, etc. You should continue supportive care, nursing care, feeding through the nasogastric tube, and control of blood pressure.</p> <p>I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/</p>
<p>. tried to treat what appeared to be an abscess on the upper gums with raw garlic.It was probably left there too long and now the soft tissue under the upper lip in grossly inflamed.Also the lip and cheeks were puffy, but the lip is not as much now: in 3rd day.Are antibiotics needed?</p>	<p>I have gone through your query, as you have inflamed gums and lips don't worry it can be due to periodontal problem there can be formation of Periodontal Abscess You do is warm saline gargle two - three times a day Do chlorhexidine mouthwash twice daily Consult dentist and go for Scaling and curettage. Hope this will help you. Wishing you good health. Regards</p>
<p>. Warm regards My son is 2 years old. He is having fever for the last 4 days. It comes up after every 3-4 hours. Doctor prescribed Azee 100 once a day 6 mL and Mefanorm Plus 5 mL twice a day. Today is the 3rd day but fever is still persisting after every 5 hours or so. It goes up to 102 and settles down in one hour after giving medication. Plz suggest further plan. Regards Vikram Rishi</p>	<p>Hi, .4 days fever intermittently in a 2-year-old child may be due to viral fever, malaria,urinary tract infection septicemia or middle ear infection. It is not possible to pinpoint the diagnosis without examining the child. Better consult pediatrician. Hope this answer will serve your purposeless feel free to ask any more queries if requiredTake care . V. Subrahmanyam MDDisassociate professor</p>

of pediatrics

..i have sex prblm when i sit near a female whether she is girl or women i realise some water frm my pines .also when i talk with girl on phone i faces same situation .sometimes i feel abdomen pain because of this .sir i feel very weak give me some useful suggestions what can i do??????

Hello Thanks for writing to Your problem is due to excessive sexual thoughts and over excitement. You should try to be normal while talking to women or sit near them. You should avoid provocative literature and videos and try to keep busy yourself in your job. Try to talk more to females, this will alleviate your anxiety towards opposite sex. Weakness of body is not related to sexual status. You should do exercise and take nutritious food. You will be alright. Hope I have answered your query. Take Care .

.18th dce me and my wife had make love when period is running.(on 4th day). Sir just 1 time my penis put into her vegina without sperm. Then i felt little bit worried.so i took her unwanted 72 pills. Her periods cycle is 28 days. Naturally her periods comes 13th .but periods till now not come. Sir my question is why periods till now not come??? is she get pregnant?? sir plesase ans on it. We are very worried.so please ans on it.

There may be some bleeding a few days after the pills. 2. The following period may get delayed by about a week or so. So there is no reason to get worried about delayed menses. Wait patiently, and she will get the menses (Provided you did not have any other incidence of unprotected intercourse during the cycle). One more word of caution : Blood is a very good medium for pathogenic organisms hence there is a great risk of infection if you perform sexual intercourse during the bleeding phase of menstrual cycle. Please avoid it. I hope this helps you.

.22years,5.8f,73kg,asthma since childhood,every year facing breathing problem at the time of change of season and in the month of april.i take asthalin inhaler 2or 3times a day.since last 1 year taking foracort inh.(200) twice daily. some times i take nabulizer(levolin).am i taking right treatment.

From your history, I would agree with your doctor that you are taking regular controller inhaler, that is, Forecourt 200 twice a day. It is important for you to know that it is a preventer/controller type of inhaler, and you have to take it regularly regardless of your asthma symptoms. Please review your treatment at least every 3 months with your doctor, who may increase or decrease your controller medications.2. Asthma inhaler or leveling nebulizer - both are similar type of . You can use either of them, whichever you are comfortable with. However, if you have to use them more than twice a week, it suggests your asthma is not well controlled, and you should upgrade your regular(controller/preventer) medicines.3. Most important thing - please make sure your technique of using inhaler is perfect. If all the necessary steps of using inhalers are not followed, adequate amount of

.actually ive been masturbating over a year.But problem is that day by day my handwriting is becoming poor and also im getting unable to write.even in my exams i cant write all answers in time.Sir is this problem is due to my heavy masturbation.?plz help me.

Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. Masturbation does not cause poor handwriting Masturbation is Physiological It means it is a normal phenomenon It does not cause any problems It does not have any side effects It does not interfere with your general Health It does not interfere with your Sex Life There is no need to Stop it Another is no need to worry about displease do not believe nonmedical articles or rumors Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. In the future, for continuity of

care, I encourage you to contact me directly in at <http://ask>

.actually when i was at my 8 standard i started suffering from nightfall which i did not know about it.

But then i started masturbation due to bad friends.now i am 19 and have stopped masturbation

but i still suffer from nightfall.plse help how i can prevent it.

Hi, Thanks for writing in. When a boy grows passes through puberty (about 12 or 13 years of age) the body changes start, and he transforms into an adult. At this time there is semen production in the testis, and it is ejected as nightfall. Due to social pressures and exploration of sexuality a boy learns masturbation and this causes the semen to be ejected regularly. Doing masturbation alone is not bad as long you do it 2 or 3 times in a week and not more than once a day. Since you have stopped masturbation therefore the semen is getting collected in the testis. This has to be ejected out of the body at regular intervals as new semen is generated regularly. This ejection occurs as night fall and is normal in those men or boys who do not do masturbation regularly. Please do not worry.

.am using ovaashield tabs on prescription of doctor to conceive early. From 19 dt.pls may I know

how many days I have to use this process and wen am going to conceive.and can I know after the

mens cycle wen I have to participate in sex for early pregnancy.

Hi there, I have understood your concern. I will suggest you the best possible treatment options. First do not panic. If you have history of regular cycles then day 10 to 20 of the cycle is the most fertile period of cycle. If you happen to have unprotected sex act in this period, then You Stand chance to get pregnant. At least try to have sex at least on alternate days during this period I will suggest you to opt for a healthy diet and regular exercise regimen. Include more portions of fruits, salads and vegetables in daily diet. Avoid deep-fried foods, bakery products and refined sugars. Use of vitamin B 12 and Omega-3 supplements at least 3 months before you plan to get pregnant. This helps to prevent many problems during pregnancy and delivery. Also, get husbands semen analysis done. You can get post menstrual HSG - hysterosalpingography done, to know bout tubal patency. Plesse think positive. Meditate regularly. May God bless you with a bundle of joy. I hope this answer helps you. Thanks.

.can an avm leak while apersn sleeps enough to cause an .intercerbral hemmorrhage after I worked

3 ten hour days that involved strenous .physical activities such as (lifting)Iwent to sleep nothing

wrong with me around 9:30 pm I awoke 4 am the next morning with my left hand seized shut. then

the symtoms went .away after I pried my left hand open .because I couldn t open iton its own.then

at 5 am I had a intercerbral .hemorrhage. arteriovenous malformation rupter right frontal lobe .

Hi, Thank you for posting your query. I have noted your symptoms. It is difficult to ascertain the reason for rupture of anterior venous malformation (AVM). Most often, the reasons are not known and occurs at a rate of 2% per year. This means that all people would have a rupture of AVM, if they survived for fifty years or more after the diagnosis of AVM. You should continue anti-epileptic . In addition, you should sleep adequately- 7 to 8 hours per night and avoid stress. I hope it helps. Best wishes,

.Dear sir, im Anosha, 29 years old mother and I have 7 months old baby. I have hypertension for 2

years when I was a girl.it was indicated 150/100. many investigations have been done. but every

report is normal. now Im taking Atanalol (50mg) bp as a drug. is this essential hypertension?

please be kind enough to answer me.

I read your question carefully, and I understand your concern. Since you say that all tests have resulted normal (since you do not say which tests I will have to assume that all the necessary tests to exclude secondary hypertension were done) then your case can be considered essential hypertension. As for treatment with Atenolol, yes, it is one of the most used treatments, among the



safest ones and particularly suitable for your age. So you can continue taking it, of course monitoring blood pressure from time to time and having regular check-ups with your primary doctor.

I hope to have been of help.

.Does fever affect the whole body??i have been having mild -high grade fever only in the stomach area and not the whole body for the past 4 days.occasionally get nausea and headache,but so far no vomit or diarrhea.iam a 28 year old male weighing around 68kg with a clean bill of health.

Hi, I understand your concern. First, I would like to tell you that fever is a vague term which denotes the rise of body temperature. The symptoms told by you are so common that, they almost exist in most infectious and even in non-infectious diseases. I think, you should see a physician asap so that you can be assessed by means of physical examination. And maybe some blood tests and radiological exams can determine the problem you are having. Hope this helps.

.few year ago i have some cold problem. every morning i have sneezing. but after taking furamist az . the sneezing is stop. but our doctor said that u have to continue for life time this medicine. bust i dont want to take. any suggestion

Hello No doubt you are having allergic rhinitis or allergic bronchitis, but allergy is the predisposing cause of your problem. Since fluticasone + elastin is the . But this is a steroid treatment. When such patient visit I advise my patient to take montelukast+ levoceterizine tablet one or two in day (according to severity of symptoms i.e. sneezing). When patient also feels breathlessness (not uncommon in this type of patient) I advise them to take montelukast+ albuterol tablet once or twice in day. Avoid, fine dusting powder, mite, pollen, mold, sudden change in temperature, hay, fodder as these are predisposing factors for allergy. Hope this will help you. Steam inhalation also help.

.HI MY NAME IS DIANA TZOVLOU AND I AM FROM GREECE. AM 40 YEARS OLD.FOR THE LAST 3 MONTHS ??D AFTER A NEPHRITIC STONE STRIKE THAT I HAD ( IF THAT HAS ANY CONNECTION ) , I HAVE NON STOP PAIN IN MY URETHRA, A FEELING LIKE HAVING A BLADE INSIDE ME, WHICH IS WORSE MOST OF THE TIMES, ESPECIALLY AFTER THE ENDING OF URINATION.IN ADDITION MY SYMPTOMS ARE FREQUENCY AND URGENCY IN URINATION.ALL THIS PERIOD I HAVE MADE MANY CLINICAL TESTS AND A MONTH AGO I DID A CYSTOSCOPY WITH BIOPSY AND DOCTORS TOLD ME THAT THEY FOUND NOTHING SERIOUS EXCEPT A CHRONIC NON ACTIVE CYSTITIS.2 WEEKS AGO I MADE SOME TESTS WITH SAMPLES FROM VAGINA AND URITHRA AND URINE SAMPLES.IN URINE GENERAL TESTS ???? FOUND HAEMOGLOBIN AND PYO BUT CULTIVATION IS NEGATIVE. IN ADDITION THEY FOUND SOME KIND OF STAPHYLOCOCCUS AND STREPTOCOCCUS IN VAGINA AND URITHRA SAMPLE.I HAVE STARTED 5 DAYS NOW TAKING AUGMENTIN BUT NO RESULT.THE SYMPTOMS ARE THE SAME.PLS ADVISE ME CAN THESE BACTERIA CAUSE ALL THESE SYMPTOMS? CAN MY CASE BE CURED? I M SUFFERING EVERYDAY AND I M DESPERATE.

Hi thanks for posting on .com regarding your concern my diagnosis is acute urinary tract infection its common in female due several factors that's not relevant to discuss it right now. But as per cultural and sensitivity report your medication should be changed accordingly in my opinion augmenting is not effective as due to several reasons including bacterial resistant I will advise you following medications. Tab definite 400Â mg once daily for 7 days syrup catwalk (sodium acid citrate) urine alkalizer 2 tsp 4 times a day. As normally ciprofloxacin is advised but according to your c/s reports I would recommend you a broad spectrum antibiotic. For further management concern your physician. Thanks and take care. Regards .

.hi my name is yani, i recently found a red circular patch on my tongue in the middle towards the

<p>back, it dosent hurt, and its more red than my real tongue, what could this be, im worried</p>	<p>The red circular patch in the middle of the tongue can be because of the median rhomboid glossies, usually occurs secondary to fungal infection like candidiasis, or stress or nutritional deficiency or secondary to immunodeficiency like diabetes. Consult an oral physician and get it evaluated. If it is a fungal infection, it can be treated with topical antifungal agents like clotrimazole mouth paint(candid mouth paint). Get your complete blood investigations to rule out other immunodeficiency conditions. I hope my answer will help you, take care.</p>
<p>.hi my penni is getting small in size or i should say its getting in and the nervs r not that much powerful they use to be plz help i am not able to any thing i am just thinking that i wont be able to have sex in my life.</p>	<p>1.6 inches or an erect penis of less than 3 inches should be considered for treatment. Surgical (liposuction around their pubic bone, skin graft), inflatable penile prosthetics are helpful if size less than 3 inches. Share your penis size when flaccid and erect. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>.hi sir i m Dr. phani physiotherapist .i have a query to ask you about my mother suffering from psoriasis since four years ,i have consulted many doctors about this, but there was no positive result,would u suggest a best doctor for us in hyderabad please</p>	<p>Hi, As you said your mother suffers from psoriasis. I would like to say few things about psoriasis. Psoriasis is a chronic relapsing and autoimmune disease. You may be having scaly plaques on various parts of the body, scaly lesions on the scalp. Exact cause is not known. Genetic tendency, autoimmunity, stress, .etc. may be responsible for precipitation and exacerbation of psoriasis. You consult dermatologist for firm diagnosis and treatment. I usually recommend cap accretion 10 mg twice a day along with methotrexate 15 mg weekly in three decided doses 12 hourly.for psoriasis. This may be taken for long time till good response. Blood tests may be done to monitor the treatment. For itching, you may take antihistamines like levocetirizin. Avoid steroid, as there may be severe flare up after stopping it. She may apply mild steroid cream or calcitriol point on the lesions on the psoriasis lesions. She may apply moisturizer to improve the skin texture. Furthermore, she should avoid soap bath for few weeks. And she should be free of stress and worries as that might worsen psoriasis. She might get good result. You contact nearby general practitioner and ask him for experienced dermatologist in Hyderabad.OK hope you got my answer. Thanks.</p>
<p>.hi, i am 23 yrs old guy. i recently found out that i have disc slip in L4-L5 and the pain is bit on higher side though i ride my bike and i travel around 8 km avrg every day. so thought to buy a car so that i ll hav back support while riding , but some say its not good to ride car with back pain and some say it is goodwhat should i do, go for a car or just reduce the travel and opt a bus. Thank you.</p>	<p>Dear patient If you are having disc prolapse and have to travel lot train is best option. If you can manage to reduce travel its also good option. Also, proper treatment of disc prolapse is also must. Avoid weight lifting and forward bending. Start short wave diathermy for your back. Do physiotherapy in form of back strengthening and back extension exercise. If this doesn't benefit you epidural steroid injection can also be given. You should visit expert spine surgeon nearby you and get yourself examined and treated completely. All the best.</p>
<p>.Hi, I have problem with my mother who is mentally disturbed from past 3 years. She is too aggressive and she reacts very oddly in social places as well as at home. For any small things she reacts very oddly, We want to show her to doctor in Nimhans Hospital, but we cant pull her in.Is there a away to get her treated without she being present there?</p>	<p>Hi dear, without seeing patient to treat is very difficult as for proper diagnosis detail history and</p>

mental status examination is necessary. You can take her forcefully to doctor once. What ever you describe about her suggest that she might have psychotic illness. There are many medications like typical anti-psychotic like haloperidol, chlorpromazine etc. and atypical anti-psychotic like risperidone, olanzapine etc.but without seeing patient difficult. Consult psychiatrist. Thank you

Input	Output
<p>.Hi, I keep having reoccurring tooth infections and I m really concerned. About 7 weeks ago I went to the dentist and had an infection, but i ended up gettin all 4 wisdom teeth removed that day. He gave me antibiotics , it seemed to help, but had 2-3 infections afterwards. I told him I. Somehow t air up in my gums, it felt like a weird pressure sensation, and had a lot of discomfort and woke up sick, mostly sinus like symptoms runny nose ,eye pressure and ear pain and pressure, he said he never heard of that before. Took antibiotics and it helped but the lower left side of my mouth has had issues like my cheek is very tender and a small round lump I can feel from the outside of mouth,lower cheek. And. Jaw area. He said everything looks fine does not understand why I m in pain 6 weeks after he pulled wisdom teeth. I had another infection he gave me antibiotic and saw me a few days later and said swelling went down I should be ok. I went about a week and a half with no problems and woke up this morning with throbbing pain and pain to the touch. Its swollen. And if this is a serious problem since it keeps happening and what I should do, like have it drained. He told me he had hard time with the bottom left wisdom tooth</p>	<p>Hi Thanks for writing in. I read your problem, I would like to tell you that it is not normal you should take this problem seriously and should visit an oral surgeon as soon as possible. Because recurrent infections after wisdom tooth removal is not a good sign, i shows that there is something wrong. It could be because of traumatic and improper sterilization technique of extraction of that wisdom tooth. So visit to an oral surgeon as soon as possible and go for thorough examination, bring your wisdom teeth x-ray of before extraction and give a proper history of infection after extraction also. Take Care.</p>
<p>.hi.dr.mm 23 yr old girl.i saw a node on the left side of ma neck yesterday i went to hospital for fnac.before giving report he told me that i m having tuberculosis.hell give report after two days.i want to know.may i kiss to ma partner .or not should i sleep away from him</p>	<p>Hi Dear !! Read and reviewed your query and health concerns. IN the given situation of Yours, seem to suffer from-Glandular Tuberculosis. The spread in this case is from Consular infection with cough. Lung TB is not there mostly, as the body resistance to TB is more and only lymph nodes get affected. Hence, if you don't have Cough with Tonsillitis, you can kiss your partner and as well sleep with him too. But before this, you need to get Chest X-ray / Sputum AFB /Blood IRA test-for any active TB focus and its location. Rule out HIV infection in both of You. With precautions above, You are permitted to sleep with partner but no sexual contact till report confirms TB and its type-purely glandular TB/ or with Lungs / or With Bone-Vertebrae. Consult Chest Surgeon and get excision biopsy done, to confirm TB, before starting anti-TB treatment with 12 to 18 myths. This plan would reduce your dilemma from neck gland tuberculosis. Hope this would help you to plan further of this complex illness of yours. If need be, update any health issue 24 x 7 by a direct question to ME, at following link-Dear, if satisfied, Dont forget to close this query with YOUR pleasing feedback comments to rate this reply and service, to boost the morale of incoming Emergency patients like YOU, at services. If you want to update more details and ask more update queries, You are most Welcome herewith !! Good Day!! Wishing Good Healthy Life in time to come!! . N. Senior Surgical Specialist. S. Genl-CVTS</p>
<p>.i am 23 year old college girl.and i m suffering from acne problem from since 6 month.from last 2 months i am taking homeopatedicine and from last 3 days using TOPI BERBERIS cream at night and day.but its not helping out.suggest me something which can work out faster.recently i m using saslic facewash(by cipla) and olay age defense cream.thank you.please suggest something effective.</p>	<p>Hi, Acne treatment depends upon the severity and type of lesions. The treatment is given in the</p>

form of oral medicines (azithromycin/ doxycycline/ minocycline and/or isotretinoin) along with topical (clindamycin, benzoyl peroxide, Darlene retinoid) etc. As you said you want faster results, that can only be delivered after a thorough skin examination so that a personalized skin treatment can be suggested. However, you may follow these basic suggestions to prevent and treat acne continue with seismic face wash. Use it twice daily<sup>2</sup>) you any continue with Olay cream, if it suits your skin well<sup>3</sup>) get your blackheads and whiteheads removed regularly and apply retina a cream in come done prone areas<sup>4</sup>) treat your active acne lesions with application of clindamycin gel and retina a cream. Depending on your acne grade severity, oral therapy might be required, for the same consult a dermatologist nearby. You may also discuss the option of chemical peels with your doctor as peels give good results in short time and also take care of pigmentation and scarring. Hope that answers your query. Take care.

.i am 23+ years old a girl.i have some problem in life so that is effect in my professional life.actually one of my office friend s husband love me .he proposed me.after that i accepted that and i now i am physically attached with him.where as i know that he is not able for me.now i become so much crazy about him and become so greedy that i was not before.before that relation ship i had a relation ship which was break before 2-3yrs ago.now i think i loose my patience and i need him badly but i know dat is not possible at all.please help me to take me out of this situation.

H I have gone through your question in detail and I can understand what you are going through. This is a complicated situation and stressful too. You will need cognitive behavioral therapy for this problem. Hope I am able to answer your concerns. If you have any further query, I would be glad to help you. In future if you wish to contact me directly, you can use the below-mentioned link: .

.i am 23year male.before one week i suffered from chicken pox.During that night time,i found sperm coming along with urine.this is not my usual case of sperm coming with urine.i want your answer sir.but still after 1week its continuing.i need your help.advance thanks sir.

Dear serve understand your concerns went through your details. Please do not panic. This is quite natural because the oozing sperm was already inside you. The stored sperm is always a waste product for your body. So the body is removing the waste product. Please do not worry about it. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

.i am 24 years old man,and i am patient of enlarge spleen from 5 years.many doctors only give me maleria tablets.when i take tablet then spleen decrease and if i leave the tablet for some days then agian starts increase.when i eat pure ghee,and lassi i feel pain in spleen .pls solve my problems.

Hi thanks for posting your query on .as per your clinical history you seem to have TROPICAL SPLENOMEGALY SYN . Other blood tests like complete blood counts, and ultrasound abdomen will be useful in guiding the therapy. The exact duration of therapy depends on the local or geographic data about the malarial parasite endemicity. Probably lifelong therapy is proved effective. Relapses are quite frequent with discontinuation of therapy.

.i am 27 years old, married 2 years, we are planning from last 5 months but its a failure, i am addicted of a drug Spasmo Proxyvon, i used to consume like 18 to 21 capsules a day from last 5 years, i really want to know is there any relations between in that bad habbit and infertility

Hi, I understand your concern. The first thing to do is . Get fully checked up for finding the cause for consuming such high dose of Spasm Procyon. & get rid of the cause & of course stop UN necessary consumption. If you are addicted to it, without specific indication. it's better to get the addicted with an expert advise. Spasm Procyon is not known to cause any side effect pertaining to sexual function. Still it's better to get fully investigated for- Liver functions, respiratory functions, -

Ovulation study, - semen analysis. 2.Once every thing is cleared, 3 months preconceptions precautions are to be followed. They are- - avoid getting any type of illhealthin this period. - avoid smoking, . In these 3 months. - Take treatment as per doctors advise. -Take folic acid/ vitamin E supplements. \_ See that HBO of the couple is within normal limits in these days. 3Take medicines prescribed by doctor to treat sexual deficiencies/ menstrual problems/ sperms problems. , if any. 3. Check for ovulation by LH surge test. This indicates ovulation within a couple of days of +ve test. 4. Have unprotected sex from + ve test to about 5 days. At least alternate days. 4. Confirm pregnancy after 8 days deal n menses by Home (urine) pregnancy test. Wish you all the best, Thanks.

.i am 28 years old.i am suffering from a hair loss.i dont know which shampoo suits for me.could you please suggest any shampoo that control my hair loss.and one thing i want to know if i dont use shampoo and just use water only in my hair it is good for my hair or not.when i use water only i have very few hair loss.is it okay i never use shampoo for more than 3 months please help me???

HShampoo to hair and scalp is equivalent to soap for body. Shampoos job is to clean the dirt and oil from the scalp and hair. Shampoo has no role in controlling hair loss. It is not okay if you do not use shampoo for 3 months. Grime and oil won't be washed off by water alone. You need to consult a dermatologist to diagnose the condition causing hair fall. Hope this helped, Take care.

.I am a 19 year old student living in India.I don t know whats wrong with me.I just cannot control my thoughts.I feel with each day I am starting my life again. This is happening to me from 2 months. I find it extremely hard to concentrate on anything and to speak with someone. I find it really hard to study. Whenever i sleep i feel I was awake all the time.I am unable to figure out how to change this situation. There is no one to whom I can share this. Whatever I do, after that thoughts come in mind that i shouldnt t be doing it. Also my heath is deteriorating. I am not able to change this. please help me sir.please.

Degree understand your concerns went through your details. I suggest you not to worry much. From the given description, it is very difficult to diagnose your problem. Vaguely it is understood that you are anxiety. But need to ascertain what type of anxiety disorder you are experiencing. Due to the anxiety disorder you are also experiencing uneasy feelings and loss of self-confidence, esteem, negative thoughts, self-pity etc. Please consult a psychologist soon. If you require more of my help in this aspect, Please post a direct question to me in this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

.i am a 23 year old girl. I have brownish black spots on my nose. The duration is almost a year. It kind of becomes darker due to sunlight exposure. I have been using potatoes on which reduced it but it didnt go. Then i started using betnovate N and it has reduced a lot. I am really scared to stop applying it coz it will come back again. I am in college and i really become tensed seeing it.I loose my confident coz its so disturbing. plz suggest some ointment

Hi. Thanks for posting your concern at I would keep a possibility of Plasma. Betnovate-N contains a potent steroid dexamethasone vale rate, and it should not be used on face for more than a week or two because steroid related side effects can develop in people who use it indiscriminately for long periods e.g. Acne, skin atrophy and telangiectasia, photosensitivity, facial growth specially in females etc. It is anyway not the right treatment for plasma. If I was your treating doctor I would have asked you top use a broad Spectrum sunscreen, which offers both UVA and UV B protection throughout the day. A skin lightening cream at night containing one or more of the following ingredients : Comic acid, Aramaic acid, HY . Take care regards

.i am afaq khattak and a fresh civil engineering graaduate. actually i have a problem that whenever i talk ppl in crowded area then i get nervous and i feel certain kind of headache or whenever i feel embarrasment for something i feel same kind pain due to which i cant face ppl sometimes .plz tell me how can i quit certian kind of problem

Dear FAQ, This is nothing but just a type of anxiety you develop when being in a crowd and the headache is the bodily outcome of this anxiety. Chances of your overcoming this malady is high when you expose yourself consciously and frequently to such situations and people. Also, you need to do some homework along with. A change in your lifestyle, i.e. taking up an exercise regime followed by relaxation technique in which you relax your body by taking deeper and deeper breath (Inhale and exhale). When you find yourself fully relaxed by the deeper breath, just bring the anxiety provoking situations to your mind and try to see each and every aspect you feel nervous or anxious. When you continue this exercise and your frequent and conscious exposure to the anxiety provoking situations can effectively help you become alright. Continue the relaxation technique and bringing the situations to mind twice or thrice a day even if you don't go for physical exercise. However, it is always better to club it for a positive change in keeping your mind and body hale and hearty. Get well soon, .

.i am becoming weaker and weaker day by day.i am in a habit of masturbation.is it because of this.??my skin is also getting darker.befor epuberty.i was.the fairest of all my family members.now am the darkest.am 18 now.

HelloThanks for your query, based on the facts that you have posted it appears that you have been indulged in frequent masturbation and now facing problems related to general health.First there is myth in a mind of common man that excessive masturbation is the reason of all sexual problems But I would like to state that it has been discussed in scientific forums all over the world and proved scientifically that masturbation does not have any negative effect on any organ or system in the body. All the problems that you are facing now are mind related and due to anxiety. Following measure will help you to boost up your confidence and help to improve your health. Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. .

.I am in a bloody sad situation. You know, I had been using the Melacare cream since a long time. Its been very long. Im even scared to mention it here. Im OK, and normal now. I have not discontinued it. I donno if that cause me an issue or problem.?? Help me out. I have become fair and magically changed by using this cream.But not sure if I stop this, whether it would change me and I will lose my face and glow. I need real help. I am not able to sleep even thinking of it daily. I have stopped applying it from 2 weeks and changes started appearing. Not sure if thats my feel.

Hi Thanks for the query, Melacare is a segmenting agent, You can stop it after desired result is obtained, However some milder segmenting agent has to be continued. An example of this is comic acid. Let me know you have any other doubts. Please meet a dermatologist for final diagnosis. You can ask a direct question to me on this forum, following the below link.<http://www.com/doctors/> . Thank you

.I am Madhurima Sen stay at Berhampore dist- Msd. I am infertility patient . My both tubes & ovaries are elongated. This is convicutral problem. May i abale normal pregnency ?

Hi Manunit, What is your age, BMI, duration of marriage. What all infertility work up you have done so far? By what examination you came to know that tubes and ovaries are elongated. If you had given me this information I would be in a position to help you better. As long as you have regular cycles and your hormone tests are normal, shape of the ovaries should not be of concern. Don't worry. What is important about tubes is that to know whether they are working normally, i.e.

whether they are patent. Is there any block? (You can find the fallopian tube patency by HSG or laparoscopy and dye test). Even if they are blocked you can try IVF. If you have not yet done the test for tube patency I would advise having laparoscopy and dye test. That will clarify everything. Has your husband done semen analysis. What was the result? To increase your chances of conception maintain normal BMI, quit smoking (if you're a smoker) and have intercourse at least three times in a week. If you have any further concerns do contact me through .

.i am pooja,age 25.i am surfing from brain problem since childhood.i got fainted sometimes n with no pain i woke up in few seconds.i m takin oxetol 300 since two years n no fits wen i take medicine.but when i dont take medicine i again fall into fits.i dont know how long i have to take this medicine.and is ther any side effects of this medicine. please help.do i need to consult neurosurgeon again.

Hi Ms Pooja, Thank you for posting your query. I have noted your symptoms, and they are suggestive of a condition called as epilepsy. In epilepsy, a person can faint repeatedly. However, once you take antiepileptic . Extol (oxcarbazepine) is a good AED, and it is required for long duration. In several people, we are able to stop AED's in 3-5 years. However, in some people, lifelong medicines may be required. Oxetol is a safe medicine and there are no serious side effects with that. I hope it helps. Best wishes,

.i am sara. n i am 26 year old. my weight is 43 & height is 5 5.nowdays i am feeling very weak ,, neck stiffnes, shoulders pain, opposite t0 lungs center of back pain. having issue to taking breathe also. feel nausea sometime also.having svere muscular pain,,,,, please recommend something.

I have gone through your query and understand your concern. You may be having some kind of viral infection. So I think you should visit physician for check up and treatment. Till then rest and analgesic such as ibuprofen may be of help. Vitamin and mineral supplements will be helpful. Take high protein balanced diet. You can discuss with your doctor about it. Hope your query get answered. If you have any clarification then don't hesitate to write to us. I will be happy to help you. Wishing you a good health. Take care.

.I am sarthak Mahajan from india.I have been facing severe stomach ache due to constipation from 5-6 days. i took the medicine DULCOLAX and got effected frm it in just a night.But i am still facing some stomach ache.what should i do ????? please suggest.

First thing you have to do as a remedy - Take fiber rich diet, plenty of water, avoid junk and spicy food. (try this at least for 3 weeks) The bowel habit should be regularized.2. If the symptoms does not resolve - Then you need to see your doctor and take a course of antibiotics (Suspecting bowel infection / inflammation)Hope it helps you. Wish you a good health. Anything to ask ? Do not hesitate. Thank you.

.i am suffering from abdominal discomfort for last 2 months .yesterday i did an USG.It is showing ascites . & then i did CECT OF abdomen. it is showing rectosigmoid narrowing.meanwhile peritoneal fluid analysis revealed.lymphocytosis,high ADA(109),negative AFB,Negative M cells.now WHAT SHUOLD I FURTHER DO????

The further course of action should be as follows::Colonoscopy to find out and to take biopsy from the recto-sigmoid narrowing area to see whether this is due to Cancer or Tuberculosis. Once the report is available the treatment will be according to it. If this is tuberculosis and there are so symptoms and signs of obstruction you can go for anti-tubercular treatment for 6 to 9 months according to the Doctors advise. If this is a Cancer you have to go for surgery as the results will be fine as the detection is early, and you have not mentioned any nodes in the Ultrasonography and CT can.



.i am suffering from pco problem in ovaries.so doctor advised me to take krimson-35 with metformin, after using this tablet there is a side effects of vomiting sensation, slight giddyness,back pain.is thr any chance of getting pregnant while using this tablets? i am very eager to have baby due to this problem i am suffering with depression.is thr any solution?

Hi there, Krimson 35 should not be used by you because it is not suiting you, and you are having side effects due to it. Also, because you are eager to conceive and since it's a contraceptive pill it will prevent you from conceiving. It is very unlikely that you are pregnant while on crimson, less than 1% chance of it.Moreover, in women with PCs who would like to conceive other options such as camphene, inositol should be considered. Crimson would not be the ideal . Hope this helps. Regards.

.i go in jacuzzi before everytime was fine but now 5 months before i had a cesarean for baby and now when ever i go in jacuzzi i feel something wrong dizzy i lay down on floor i heard my heart beat.MY HEART pumps so fast and my face all red strong nausea headache and vomiting

I read your question carefully and understand your concern. Your symptoms may be related to low blood pressure or low intracranial pressure. You should know that from the heat in jacuzzi the blood supply to the skin is increased, leading to a slight decrease in other organs, and a low blood pressure. After cesarean, due to the spinal block, the tearing of the meninges in the place of the spinal tap, could cause chronic leakage of the spinal fluid, leading to headache and nausea that are relieved by laying down. A decrease in the blood flow, could exacerbate low intracranial pressure. I recommend consulting with your GP for a careful physical examination, a head up tilt test and some routine lab tests (complete blood count, thyroid hormone levels, fasting glucose, blood electrolytes). A brain MRI and a spinal tap may be necessary to exclude the above disorders. Hope to have been helpful! Greetings!

Input	Output
.I had my gall bladder removed 2 weeks ago. Every time I eat anything larger than 1/4 cup of food, I have intense pain within 30 minutes. It continues for hours and is the same type of pain as before the removal. Today I had my third stool which was clay colored. I also had repeat liver enzymes done which are still elevated. Is this to be expected?	Hi The pain after cholecystectomy is called post cholecystectomy syn . I suggest you take low fatty foods and less food for few days. The bile reservoir gall bladder has been removed from your body, so obviously digestion difficult. If your liver enzymes value increased more than twofold than only you need to worry or else not. So kindly attach the report. The Celestial can be prescribed for your pain after operation. If no improvement than consult doctor for detailed evaluation and MRCP like investigation if needed. Hope I have answered your query. Let me know if I can assist you further. Take care.
.I have a friend (55 years old, female) who gets very breathless climbing stairs or on not very much exertion. She has never smoked and has been told she does NOT have asthma. What other explanations might there be for this! - Thanks	Breathlessness on minimal exertion and climbing stairs is mostly seen with heart (heart failure) and lung (bronchitis) diseases. So better to take her to doctor and get done ECG, 2d echo, stress test and PFT (Pulmonary Function Test). Ecg, 2d echo and stress test are needed for heart failure.PFT is must for the diagnosis of bronchitis. She may need diuretics, cardiac supportive . Don't worry, she will be alright. Hope I have solved Thanks for. I will be happy to help you further. Wishing good health to your friend. Thanks.
.I have a newborn that was diagnosed with colic but after multiple GI tests and formula changes, I believe it is a pinched nerve that hurts him,thus the reason he cries. Even one GI specialist agreed that Garrett suffered nerve damage to his neck, that s why he pulls his head to the left.can you help me find an answer? The labor lasted for 18 hours, it was a vaginal delivery and I had to push for more than 4 hours to get him out.he was logged to one side, severe back labor and umbilical cord around his neck. He was also 2 weeks late. My first baby at 42. Thanks so much!	Infantile colic is really challenging for both parents and pediatricians, it's of unknown cause, yet cramps starts from the 3rd week of life and persists for month, mostly resolve by the 1st year of life, and no organic cause is identified some medications may help a little, changing formulas will not help much some probiotics might help but it's not guaranteed you will have to live with it, I know it's difficult for the mother but try when it happens to hold the baby from its belly, that give him a small relief, and please don't try herbs I hope this answer helps you
.I have an abcess like lump on my big toe.every few days it gets very very painful and I have to lance it, upon which I can squeeze a small amount of clear jelly-like substance out.I get immediate relief but it returns in a few days.what can I do to get rid of this firever?	Hi, Dear,Based on the facts of your query, You seem to suffer from-Digital Amyloid Cyst(DMC)-in the DIP joint line. Excision of the Ganglion or Cysts by planned Surgical procedure would be needed repeatedly, as complete excision in one seating is not possible. X-ray and CT study of the DMC would fix the diagnosis.Hope this reply would help you to plan further treatment with your doctors. Contact with a Followup Premium question to ME. Will appreciate your Hitting thanks and writing excellent review comments to help needy patients like you. Good Day!!S. GenI-CVTS
.I have been bitten by my pet dog before a month.the Dog had been vaccinated regularly.but since it but near my chin,I have undergone rabies treatment. Do I need to follow any meal instructions like not eating meat or anything like that? . Out else how long should I not consume meat?	HDiet restrictions was advised during the era of nerve tissue vaccine (NTV) but after banning of

NTV way back in 2006 there is no food restriction. The newer antirabies are very effective and they doesn't requires any food restrictions. During the treatment you can have the normal diet what you are having regularly and also there is no restriction of non veg food. Only thing is if you are an alcoholic and smoker you need to avoid them because it may interfere with the production of protective antibody titles to fight against the rabies virus. Thank you.

.i have been diagonised to have psoriasis and i have been given a tablet Melanocyl. when i browsed in the internet, there are few sites that says it has side effects. is it advisable to take that tablet or should i go for another?kindly advice.Thanks

Hello Psoriasis is an inflammatory skin disease characterized by well-defined erythematous scaly plaques with silvery white or candle wax type of scaling. Chronic plaque psoriasis is the most common type. It can affect sites like scalp, arms, and legs, (specifically elbows and knees), palms and soles etched disease has a chronic course and there topical creams/ointments/gels/lotions etc. as well as oral and injectable medicines which can treat psoriasis, but there is no permanent cure for psoriasis. Melanocyl is an oral Morale, 8-Methoxypsoralen, which is taken at least 2 hours prior to sun-exposure OR UV A exposure in a chamber. It is a very effective . I would suggest that you continue with it. However, it can cause minor side effects mostly related to GI System: Nausea, vomiting, Elevated Liver enzymes etc., Ocular side effects like: Cataract (can be avoided by covering the eyes during UV A exposure)Cutaneous side effects like: Pruritic, Solar engines and rarely serious side effects Skin cancer (Squamous cell carcinoma) etc. Skin cancer is rare and depends on the total cumulative UV A exposure (with more than 200 Joules lifetime exposure increasing the chances of cancer development). The risk of skin cancer is reduced by simultaneous use of oral retinoid:accretion.regards

.I have been taking prolomet xl 25 since last 3 years, I always check B.P. and it is always between 120 to 140 and 80 to 90, Can I continue the same medicine or stop to take the same . There is any side effect of taking this medicine for long time email address - YYYY@YYYY

Hi, Age, gender and other associated medical illness not mentioned. Proposed XL-25 (metoprolol) is a heart selective beta blocker commonly prescribed to treat hypertension. As long as your blood pressure is controlled you may continue to use it as prescribed by your doctor. Its common side effects on prolonged use include decreased heart rate, fatigue, difficulty in breathing (more common in patients with bronchial asthma), mood changes, and erectile dysfunction (impotency). Hope I have answered your query. Let me know if I can assist you further.

.I just had a persantene test and an echo c/g. Dr says i am heavily scarred and need a pacemaker (by a different name). I am reading about food and herb remedies for dilating veins and lowering bp. I am now taking lopressor and lisinopril plus diuretic. When uncomfortable I take dark chocolate which relieves me well.

Using magnetic resonance imaging (MRI) scans of the heart wall, researchers at Johns Hopkins have found that people whose muscle wall thickness contained more than 25 percent scar tissue were approximately nine times more likely to suffer from ventricular arrhythmia and/or arrhythmia related sudden death. [reason for pacemaker-heart defibrillator]2. You may read or use alternative methods but remain under cardiac supervision and follow up regularly with baseline investigations.

.I m planning to conceive.but this month I m taking norethisterone (month of april) to stop my period bcz of a wedding function.after stopping pills I ll get my period.so my question is that can I try to conceive from my coming ovulation date( month of May)???what would be my chances of getting pregnant???

Hello dairy understand your concernNorethisterone contain progesterone and some time it causes hormonal imbalance. So it may cause disturbance in your next menstrual cycle. But it will not affect

your conceiving process. You can do unprotected sex in fertile phase of the period according to length of cycle. If you have cycle length of 28-30 days then do sex during 10th to 20th day of cycle. So you have high chance to become pregnant. Avoid stress, take healthy diet, .

.i m suffering from granulomatous lymphadenitis.the test result says there is no evidence of malignancy.other microscopic description as belows:cytosmear reveal few well formed epithelioid granuloma.background is hemorrhagic and show sheetsbot lymphocytes and foci of granular necrosis.blood reports are okey.becoz i m suffering from last 1 year my doctor asking me for surgery and further biopsy.my question is wheather there are any necessity for surgery.my age is 27year.gender-female.

HiT hanks for posting on Treatment options for granulators lymphdenitis depend on the causative agent and may include -expectant management if lymph nodes are smaller than 3Å cm-antimicrobial therapy used when nodes are greater than 2-3 cm, are unilateral, have overlying erythema, and are tender.-chemotherapy and radiation (for malignancy). Not in your cryosurgery may not be a primary treatment option, but loci of granular necrosis will need removal of the death tissues. Surgery and further biopsy may be the best option in this case. Hope my answer will clear your doubtsWish you well

.i want to know how to stop vitiligo from spreading.is there any permanant cure for vitiligo so that i canget rid of this permanantly.I am taking an ayurvedic treatment for this since one year but the results are not satisfying. I am loosing hope. Please help.

HVitiligo is an autoimmune disorder in which our body attacks its own pigment forming cells. If you are having actively spreading vitiligo, we call it unstable disease. You will benefit from taking low dose steroids which are given only on weekends as pulses to minimize the side effects. Many people postpone treatment and resort to alternative herbal remedies because of the fear of side effects of steroids. However, this will lead to rapid spread of the disease, and it will be too late to treat effectively. Low dose steroids given as pulses under supervision can stop the spread of disease and slowly cause repigmentation. There are other modalities like phototherapy, immunomodulator creams like tacrolimus and antioxidants which will also help. Please discuss with your dermatologist about these options. Do not neglect till it is too late. Earlier the treatment, better the results. Do not be frustrated as stress can worsen this disease. Be positive and motivated, and I am sure you will be fine. Wishing you good health,

.im 21 yrs old female. i had pulmonary koch before 4-5 yrs. took complete course of anti-tubercular drugs at that time.present chief complaints are:--presence of green colour sputum (sometimes with little amt of blood)chest pain (on left side sometimes--sharp n stabby pain)no h/o fever,cough.sometimes feels breathlessness on physical exertionh/o loss of wt. present.i went to dr. n in investigations i found fibrotic lesions in my left lung.other reports r normal.i.e CBC,sputum test,urine etc.,,plz advise me wht should i hve to do.i dont wants to take medicines anymore.is there any tx to treat lung fibrosis.???? wht kind of exercises should i hve to do to improve my health condition? and plz give suggestions about diet also?thanx in advance.

Hi Dear !! Read and Reviewed your query in context to your health issues. In the given scenario and history facts, You seem to suffer from-Reactivation of the Pulmonary Koch's with fibrotic lesions in left lung.Don't worry. Dos -suggested-Get Sputum AFB donged IRA test done on Blood and sputum to fix active TB lesions currently. Consult Chest Physician for Repeat Course of Anti-TB for your case. High protein/high carbon, high fat, bland distrusts in plenty. Plenty of fluids -with the medicines, to tolerate them smoothly, Rest for 8 hrs. Tab Zirconia with anti-tb medicines. This would help you to come out of this problem. Dear If you follow above tips, you should not worry about medicines.NO treatment currently without these medicines. Only timely intake of tb

medicines with proper care as suggested above would improve your health. Hope this reply would help you to resolve the health issues with help of doctors attending on you. If need be, update any health issue 24 x 7 by a direct question to ME, at following [link](#)-Dear, Don't forget to close this query with YOUR pleasing feedback comments to rate this reply and service, to boost the morale of incoming Emergency patients like YOU, at [services](#). If you want to update more details and ask more update queries, You are most Welcome herewith !! Good Day!! Wishing Good Healthy Life in time to come!! . N. Senior Surgical Specialist. S. Genl-CVTS

.Is dizziness or slight change in vision, as well as a tightness in my jaw in relation to a fish allergy?.I had pollock fish today, just a small amount and sooner after i felt a little light headed, the lighting was off (not normal).its had to explain and soon after one side of my jaw began to get sharp random pains.and felt a bit swollen, not on the outside at all like deep actually in my jaw. If that makes any sense, I noticed that ive had all these feelings before but only after having fish.even though i never eat much of it, but everytime this happens.im beging to think i may actually have a mild allergy towards fish??.so my question is, can fish cause those symptoms.

In reply to your main query, Yes, it is possible that you could be allergic to fish. Personally, I would suggest you to go for skin testing or serum specific IGE to fish to confirm/support your allergy.2. If both of the reports are negative, it is very much possible that you may have histamine fish poisoning. It caused by consumption of improperly preserved (improper refrigeration) fish. The symptoms are more or less similar to allergy, but it is not an actual allergy, it is a kind of food poisoning. So, if your testing is negative for fish allergy, you could take a chance by eating fish from a reliable source. For fish allergy, the best strategy is to avoid it. Hope above information will be helpful to you. Should you have any further query, please feel free to ask at [link](#) . Wish you the best of the health. Thank you & Regards.

.I have severe left lower pelvic pain. Has been on and off for the past 3 Days. Kidney stone was ruled out. Pain is going down my leg. Moving around for more than an hour usually brings it back on. lack of appetite.

Cellophane you for trusting Dear pelvic pain that radiating to leg may be due to sciatica or femoral hernia or femoral nerve compression or Radiculopathy etc. Until examination is done it is difficult to say what it is. Need ultrasound of pelvis and X-ray lumbar spine. Use physiotherapy, NSAIDs and hot and cold compression. If symptoms not improved please consult your doctor he will examine and treat you accordingly. Take care.

.my 12 year old boy is having what he calls hot flushes, he has been diagnosed with lyme disease. Is this a reaction to the antibiotics?? could it be something called herxing?

Hello have gone through your question and understand your concern. Let me enlighten you in brief about Jarisch-Herxheimer reaction or what is commonly called as Herding. It is basically an unavoidable reaction or immune response of body caused when treatment for disease is initiated due to death of disease causing pathogen not by antibiotics. Positively Herding shows effective antibiotic therapy and is seen as evidence of continuing elimination of these very persistent bacteria. The above mention symptoms of hot flashes are suggestive of Herding but the symptoms of Herding vary person to person, if symptoms worsen contact the treating doctor. Thank you.

.My brother suffering fever with 1 month and after that revealed that he has faced with gland T.B. in left chest in a month ago and operation had been done successfully. He now go thorough medicine course but day 3 ago his gland swell and suffering to take food. He too much nerves.

Hi Here your brother having tuberculosis infection of gland, so I assume that you might have confirmed it by biopsy or sputum examination by Zn stain or PCR like investigation or culture . If you does not start AKT than chance of spread of TB and complication can be there . So full course

of AKT should be taken six months .Meanwhile, constant monitoring of side effect needed esp .LFT profile . Healthy diet taken with low fat and more fruits . Take care Advise : consult physician for examination

.my dad is sufferinf from urinary tract infection from 1 yr.after getting antibiotic traetment still 4-5 pus cells come.recently septicemia diagnosed with urine infection.after 5 day of hospitalisation still feel weakness and fatigue but tlc report is normal(10,600).what should we do?

H I understand your health concern, I suggest you that weak less after septicemia is common. Nothing to worry about it in any way. 4 to 5 pus cells in urine is normal. I advise your father should take gluon D powder for energy purpose. Nothing much is required. Every thing will be fine in a week or two. I will be happy to answer all your future concern. Thank you, Infectious disease specialist. Wish you the best health at .

.my daughter fell on her back down the stairs and complainns of chest pains she could only lay on her side now we have been sitting in the er for three fours and she is sleeping andher breathing is clear and. Not hving anymore pain should I still have an xray

Blunt trauma commonly results in chest wall injuries (e.g., rib fractures). The pain associated with these injuries can make breathing difficult, and this may compromise ventilation. Direct lung injuries, such as pulmonary contusions are frequently associated with major chest trauma and may impair ventilation by a similar mechanism though she is ok investigate chest radiograph (CXR) is the initial radiographic study of choice in patients with thoracic blunt trauma. A chest radiograph is an important adjunct in the diagnosis of many conditions, including chest wall fractures, pneumothorax, hemothorax, and injuries to the heart and great vessels (e.g., enlarged cardiac silhouette, widened mediastinum). So take a chest X-ray to rule out these hope that explains

.my daughter has had a diaper rash, a few boils she was given antibiotics but now her vulva is swollen and their is a hard bump under the skin on her vulva what should i do?

Hi, Was the boils also on the diaper area? When the antibiotic was completed? If painful, this can indicate infection/cellulitis there, necessitating another course of antibiotic. If no much pain/local redness/warmth, and no fever, just try paracetamol/ibuprofen three times a day after food for 3 days. If not getting down by then, or the above said features are present, kindly get back to doctor. Hope I have answered your query. Let me know if I can assist you further. Take care

.My daughter is 7weeks pregnant and just had a sebaceous cysts removed from the back of her leg. They admitted her to the hospital and in an iv. Is this normal or does sound like there is another problem?

Hideout take tension.sebaceous cysts are very common swellings. These are cutaneous swellings. Normally the dead skin will fall off when we bath or wash. Here the dead skin will be accumulated in cutaneous area at hair follicle region. So we will usually see green / black puncture with swelling underneath.It's important to remove the cyst completely without leaving cyst wall. High rate of recurrence is expected. As far ad pregnancy is concerned nothing to worry.it doesn't have any effect on pregnancy. Thank youth best regardsVasundhara

Input	Output
<p>.MY GIRLFRIEND HAS TAKEN THE UNWANTED 72 WITHIN 40 MINS OF THE INTERCOURSE,BUT I AM NOT SURE ABOUT THE EJACULATION HAPPEN INSIDE OR NOT. THIS INCIDENT IS OF JUST 3 DAYS BEFORE. FROM THE DAY SHE TOOK SHE IS HAVING A REGULAR STOMACH ACHE. IS THAT NORMAL ??? OR SHOWING SOME WEIRD SIGNS OF DANGER . ? WHAT THIS STOMACH PAIN INDICATES ?? AND HOW TO CURE THE PAIN ? PLEASE SUGGEST ME ANSWER. I AM SCARED BECAUSE THIS WAS MY FIRST INTERCOURSE.</p>	<p>Hi, Thanks for the query. As she took the emergency contraceptive pill within 24 hours of the intercourse the possibility of pregnancy less. Some amount of pain abdomen can be seen sometimes after taking hormonal pills. Other causes of pain are pelvic infection, stating of with . Pain due to emergency contraceptive pill usually subside soon without need of medication. So possibly her symptoms will subside soon. If the pain persists let her consult gynecologist once and get examined to find out possibilities like pelvic infection etc. According to that further management can be planned. Take care.</p>
<p>.My mom is suffering from eosinophilia since last 1 yr and high blood pressure since last 15 yrs.She also has leukoderma and doctors are constantly changing medicine since last 14 years.However she has stopped taking any medicine of leukoderma since last 5-6 yrs but now dur to increase number of eosinophils she keeps coughing non stop specially during night time.at present she is taking Olmezest Am,Livosiz 10, MOza Plus,Respira Ace And Enzocort.Sir pls Help.Thanx Sona JhaEmail Id: YYYY@YYYY</p>	<p>HA high eosinophil is suggestive of acute allergic inflammation, parasites infestation, skin eczema or psoriasis-like condition etcetera. According to cause specific treatment given. You have been prescribed antiallergic medication as well. For your work up the following study can be done. -Auscultation -Peripheral smear examination -Chest x-ray -Pulmonary function test -Stool routine micro examination etcetera. Consult a physician for examination. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>.my mother is suffering from toe nail infection.drs diagnosed it as an onychomycosis.she has been treated by local antifungal plus oral antifungal.i.e.fluconazole.but got no relief.it has been almost 1 year.her other nails also got stating same yellowish,powdery look.plz help.</p>	<p>Toe nail infections can be difficult to treat, and the medication has to be taken for a prolonged period of time. Terbinafine (Tamil) and itraconazole (soprano) are the . Terminating is used 250Å mg once daily for 12 weeks. Itraconazole is also used daily for 12 weeks for toenail infections. She may want to visit her doctor for a review and a prescription for one of these medications. I hope this helps</p>
<p>.my name is mansa,age-24, my hair is suffering from whitness. bt it is initially started.my 20,25 hair suffering from whiteness,actually i was taken homeopatedicine as treatment,but after taking medicine.my hair whiteness increases,so i want a natural treatment.as treatment.im from india</p>	<p>The cause of graying seems to be a combination of genetic factors and stress in the body, along with vitamin B-12 deficiency or problems with pituitary or thyroid gland can cause graying. [so check with necessary examination and relevant investigations]2. Avoid oily, spicy,fried, and left over food. Avoid too much exposure to heat, . Avoid Stress and have a good sleep, along with regular morning walk of 45 minutes. Massage lightly with Mahabhringraj oil at night (before retiring to bed). Soap nut, along with Sakai+bhangra and Naming oil acts as natural conditioner.3. You can take vitamin A diet (carrot, milk,papaya, cantaloupe, pumpkin, mango, squash, kale) along with vitamin B (milk, eggs,nuts, mushrooms,green vegetables, cereals, pasta)</p>

.My penis hurts extremely whenever i pee and my penis head has become very painful to touch. i was prescribed azithromycin but it seems to have only gotten worse, to the point that i have refused to pee anymore because it feels like someone is slicing my urethra with a razorblade when i try. plus my mouth and tongue has recently begun breaking out and becoming very sore. what could be wrong that the antibiotics couldnt help?

HIt may be due to urinary tract infection. For that you may require complete hologram, urinalysis, ultrasound abdomen after urologist consultation. You may require antibiotics after consultation. For pain, you can take tablet acetaminophen. You may require spy. Vital. Keep your self HY . Maintain proper hygiene. Hope I have answered your query. Let me know if I can assist you further.

.sir im 18yrs old.ive been masturbating since i was 12.n been masturbating some 4-6 times a day.bt nw dat im 18+ i feel too low.with loss of nutrients,stamina,bad digestion,eyes gone weak,eye fuzzion,memory loss,i cant concentrate on any thing and am surrounded by only sexual thoughts.all nw i dont have hard erections and that now rarely do i flow sperm dat too wattery kind

Hiii.welcome to our site.to get good erections, don't masturbate more than twice a week. Do yoga, exercise etc., it will help in supplying more blood to penis. Do penile massage with oil. Do 20 to 50 strokes daily during massage. Each stroke should lose for 7 to 10 seconds.Lincoln gel application before intercourse helps in providing good results without side effects. Hope my answer would have helped you.

.the cyst appears to be in left frontal lobe of the liver .the patient doesnt have any pain or problems.but its been detected in the CT scan and the cyst may grow in future.Is it dangerous to go for surgery and get it removed now.?the cyst is 7.09cms in length and 5cms in breadth.please do assist me.

Hi . I understand your concerns and I will try to help you as much as I can. If there are no features of cancer and no symptoms then this should not be removed unless it grows to more than 10Å cm in size or symptoms occur. If there is doubt about malignancy then MRI scan should be done for more accurate diagnosis. I hope I have answered you query. If you have any further questions you can contact us in every time. Kindly regards. Wish you a good health. .

.two days ago, i got a light nail scratch by a dog in my left hand, n little blood came out. I washed that place with water. n Dr. gave me Tetanus injection as well as RABIPUR injection. please suggest me sir.what shall be my other precautions.!!thanks.!!!!

Active immunization with antirabies vaccine on days 0,3,7,14 and 28.2. Passive immunization with Rigs around the wound.3. Oral antibiotic like Tab Augmenting, twice daily4. Topical Tract ointment. Thank you.

'Doctor, I have been experiencing blindness and decreased appetite lately, can you tell me what is wrong with me?'

'Based on your symptoms, it is possible that you may have brain cancer.'

( appendicitis operation open belly )how many months should we wait before getting pregnant again? hi doctor and thanks in advance for your answer. we have already a healthy boy of 3 and half years .at the time during pregnancy my wife had appendicitis inflammation we used injections of ampicilinium and every thing was ok . she had a natural birth .1 month ago after being advised by doctors on not having the second pregnancy without putting away the same risk with appendicitis .so we got operated traditional way and every thing seems to be ok. how much should we wait now for the second baby ?your opinion please.

Hello. Since you have already had the appendectomy done, you can again try for the next child as soon as your wife feels perfectly alright. The overall status of the region where the appendix was located before can be known after consultation with your physician who can either do a routine ultrasound or if necessary a CT scan of that region to know the status of the base of the appendix.



If everything is normal, then you should go ahead with your next child. Hope this helps. Regards.

( Its three months after my miscarriage now and really trying to conceive again. I have done all necessary check ups. Is it okay to take only folic acid 5mg per day.(2) Also, I observed m not producing cervical mucous during ovulation since after my miscarriage. Please what can I do to boost the production of fertile cervical mucous during ovulation.

HYes, folic acid can be taken on a daily basis as a prenatal vitamin. If ovulation status has been achieved on a regular basis and the hormonal profile is normal, there is no need of additional hormonal supplementation. If needed, your doctor may prescribe progesterone supplements to be used during the latter half of the cycle. Checking of tubal patency also is necessary if you do not see any result after at least six months of trying. Hope you find this information useful. Take care.

( Last week, i went for a health checkup as part of admission to university in August this year. When i took my blood pressure, it was recorded as 133/76. The nurse took a second reading and it was the same as well. When i saw the doctor, she told me that my blood pressure was slightly high, and she took a third time, but this time round, i wasn t told of my pressure. I was wondering if this blood pressure of 133/76 - isit considered as hypertension. My dad has history of hypertension and is currently under medication. And also, what are some things that I can do to keep my pressure normal if I do not want to see a doctor as of now, i.e. food to eat and abstain?

Hi, Your present blood pressure is at a pre-hypertension level. Although you are not yet hypertensive, that level, along with your family history of having hypertension, puts you at a higher risk of being an over hypertensive. If I may only know more details about you, I would be able to help you more. But on top of these, one important aspect in the prevention of hypertension is the avoidance of salty foods, weight loss to appropriate levels, as well as aerobic exercise, all of which maintains optimal blood pressure. Hope I have answered your query. Let me know if I can assist you further.

(20 years old, 6 foot, 135 pounds, no serious medical issues, recovering smoker) White pus like substance on gums, easily removed with brushing. but it comes back. theres no redness underneath, just normal pink gums. Its no where else in my mouth (i.e. Not on my tongue or back/roof of my mouth). Should I be concerned?

HI have read your inquiry. My initial screening would include an evaluation for:-Periodontal disease-Ulcerating gingivitis-Heavy plaque and tartar accumulation-Fungal oral yeast infection-Changes in your salivary glands-Dental infections with . Have there been any recent changes to your diet? Have you started to use any new products? Allergic reactions are possible. Are there changes in medications or vitamins? Do you experience a

(a) I am using Minipress XL 2.5 daily(b) due to indigesion Dr has prescribed Enzar tab in the morning and evening(c) Vi Bact in the Morning(d) Normaxin two times(e) And Remylin prescribed but not taken yet Now I am suffering low Blood pressure. Please advice me

Hi stop taking antihypertensive medication till you are on medicines for indigestion once settled you can again restart with your antihypertensive medicine otherwise eat a high salt diet, take at least 2.5litres of water daily gastric upset cause loss of sodium and potassium like minerals from stools they play a pivotal role in maintaining blood pressure normal hence either stop ministers XL till your stomach is ok or take excess sodium and potassium in diet

(im a girl) So we had some genital touching but not long nothing went inside but ever since then I have been feeling bloated and burping alot stomache aches and cant focus on school do you know what could be happening are these signs of pregnancy maybe?

Hello . I have gone through your query and I can understand your concerns. In order to become pregnant one has to do sexual intercourse which involves penetration and ejaculation of sperms

into the vagina. As you haven't done this, so pregnancy is out of question. If I were your treating physician I would have prescribed metoclopramide as a gastroprokinetic

(Testicular Cancer Problem) Background Male Asian(Chinese and Cambodian)-American age 19-20 Problem: I just recently self examined myself for testicular cancer, but I can not currently tell exactly what I am feeling. Both my left and right testicles have no problems as in: no bumps on them, and no other weird feeling however there is a distinct difference of the epididymis(i think ) between the left and right one. My left testicle seems to be covered/overlapped(closer towards the body side) by a rather large amount of material(the material is squishy and the amount is approximately the same volume as the testicle). My right testicle does not have such large material, but I do feel it having the epididymis. I also do not have/feel any of the symptoms from testicular cancer. Question: Should I immediately see my doctor? or Should I ask my doctor whenever I see him/her again?

You probably have what is called a varicocele. This is nothing but a dilation of the veins of the testicle. This is not cancerous and does not lead to cancer. Lie down on the bed and hold your left testicle slightly raised. After a while, the swelling will disappear. This is diagnostic for varicocele. It is not urgent but when you meet your doctor, get an ultrasound of the scrotal area and of the whole abdomen done. Sometimes, varicocele is due to a kidney tumor which one must rule out.

[URL=http://s1280.photobucket.com/user/nonames4/media/Mobile%20Uploads/image\_zpsf07d9ae4.jpg.html][IMG]http://i1280.photobucket.com/albums/a484/nonames4/Mobile%20Uploads/image\_zpsf07d9ae4.jpg[/IMG][URL] I have been having issues with my tonsils for the past 2 month now. I got these clear fluid like bumps on my tonsils they make me feel like there s something constantly stuck in my throat. Last time I had this it last a month, went away but now it s back. Each time they showed up was after I got sick I noticed. I also cough and a little bit of thick phlem comes up each time. I went to the dr last time and he said it wasn t anything to worry about but I am worried.

Hello dear, I can understand your situation and problem. You are having recurrent tonsillitis. The most common cause for this is viral Infection (influenza). So I advise you to take adult influenza vaccination annually to prevent recurrent viral tonsillitis. Surgery is also an option. Recurrent tonsillitis is an indication for surgery. Tonsillectomy is the surgery needed for this. So better to consult ENT doctor and discuss all these options.

@ 2 yrs ago I had a stomach ulcer, no problems since. dr took me off all arthritis med. My severe pain arms, neck, back, legs & knees have made me sedentary. 15 to 20 lb weight gain. I can barely walk or lift my arms. I took one 800 Ibuprofen today & it helped with the inflammation. am I playint russian roulette?. Thanks.

I would suggest you add pantoprazole 40 mg along with every dose of ibuprofen you are taking as you have a significant history of stomach ulcers. The dosage can be up to a maximum of 3200 mg/day, but that will increase the risk of renal side effects. The lower the dose the lesser the side effects. I suggest try to take two 400mg tablets, one morning and one evening. If pain doesn't subside then revert to 800 mg tab once a day

\* 3 weeks ago I had urgency to urinate but just couldn't \* then I noticed blood on the paper / not light or dark but RED \* the urgency became so significant I had to use a mini pad \* I thought it may be vaginal \* rev'd a script for Biaxin (500 mg) bid \* life went back to normal \* now I have blood and puss (visible) \* urgency \* feel like my bladder is not emptying \* pain on lower left back at times \* notice bruising (generalized / no pain) \* little red dots on my arms that seem to cluster (no pain) hx: small kidney stones / ETOH abuse / New Mexico resident -- always dehydrated

Hi, Looking to your history, it seems that you have urinary tract infection and associated kidney stone. Urine infection needs proper evaluation that it has involved kidney or not. Do basic urine

report including urine culture, blood count, S. creatinine and sonography or better if you can do CT scan. Kidney stone can precipitate urine infection. So, take opinion of urologist about stone management if it is obstructing the fine passage. Proper treatment of urine infection for adequate duration of antibiotic can completely eradicate your urine infection and your symptoms. So, don't get worried. Maintaining adequate HY . I think this would be helpful to you. Please feel free to communicate further with your reports. Best wishes. Tc.

\* Diagnosed with m in 2010 and initially treated with Hormonal injections, anti-androgen tablets and bisphosphonate ( Lucrin, Androcur to Casodex, Zometa)\* Radiotherapy in 2011 for ?Bony pain\* Started on Chemotherapy with Docetaxel (Textotere) 2013\* Now rising PSA and evidence of disease progression on CT and Bone scan

Yes a rising serum PSA is almost always considered as an evidence of cancer activity and progression. A rising PSA is considered as treatment failure. I hope I have succeeded in providing the information you were looking for. Best wishes

Input	Output
<p>/ maam i am a 24yr old female suffering from hair loss due to dandruff and some skin problem , my skin is very dry in dull and looks patchy, in spite of having good diet and sleep, please suggest, some say it may be coz of dandruff which fall on skin due to which i am facing skin problem, please suggest, as i am every going through homeopathy treatment which did not benefit in any way</p>	<p>any form of stress (physical/mental/emotional), use of strong shampoos and frequent changes with hair products, polluted environment, under nutrition, improper hygiene habits, excess intake of sweet and oily food?2. Is hemoglobin level, Thyroid profile normal?3. DAN . However, severe seborrhea dermatitis may cause patchy baldness, hair loss.4. Include green leafy vegetables, whole grains, salad, almonds, carrots, AMLA, seasonal fruits in your diet.5. Avoid spicy, greasy, oily, fried foods and too much oiling and use of hard shampoos on your hair.6. Use of Brahma oil helps with</p>
<p>/ Madam, I have faced a situation of suddenly fainting a couple of times. Generally it happened when i have just got up from sleep suddenly and then after a while feel a bit of breathlessness and then suddenly i find myself on the floor. I do not even remember how i had fallen and when did i fell. Just after a while i get back to normal. Please help me in diagnosing the right issue and is this a serious disorder?</p>	<p>Any pathology in the vestibular apparatus in inner ear (it is associated with maintenance of body posture &amp; balance)2. Any fluctuation in blood pressure levels such as Hypotension.3. Decrease in blood sugar levels (Hypoglycemia)4. Deficiency of certain nutrients like Iron, vitamin B 12, Calcium, etc. which also interferes with blood formation &amp; nerve conduction.5. Tension/stress &amp; lack of adequate rest and sleep. Investigations like complete blood count, estimation of blood pressure and blood sugar levels will be helpful in clinching the diagnosis. A CT scan of brain might be required to rule out any pathology. So, it will be better to consult your General Physician &amp; get a proper physical examination done. So that appropriate management steps could be taken. Meanwhile, you should maintain adequate HY . There is no need to worry, you will be fine. Wishing you a good health. Thanks &amp; take care.</p>
<p>/maam,I have mild pain in my lower left abdomen since 15 days. Its mild but not severe!It occurs mostly when i am sitting! When i walk or go out it does not occur! Could there be anything to worry about?Your help would be appreciable!Thank you</p>	<p>I have gone through the details, but you need to be examined clinically before a diagnosis can be made. If you are having irregular bowel habits, there is a possible correlation and such a pain typically occurs due to constipation. If that is the case, you would need to take a high fiber diet and avoid junk food. I would insist you not to grow apprehensive, but please visit a doctor and get yourself checked.</p>
<p>/MaamI am 35 years old. 8 years back I tested HbsAg positive. Then the doc made me do a complete Hepatitis B profile and found that I have HbeAg antibodies in sufficient amount and DNA tested negative for Hep B. Also I tested negative for Hep C. But after an USG the doc mentioned that I have fatty liver and ever since my SGPT remains a bit on the higher side. Before it used to be like 86 . recently it is 68. The doc said it is because of fatty liver and is not of acute concern. He also prescribed Udiliv 150 mg once daily for me . Just want advice on whether I am on the right trackThanks</p>	<p>HelloFatty liver is due to deposition of fat within the liver cells. Fatty liver is a reversible condition.It is usually reverses with treatment of underlying cause.Non-alcoholic fatty changes in liver may be due to many causes like obesity, sedentary life, hepatitis,altered lipid profile, metabolic disorder etc. Fatty liver may be due to Hep B positive in your case. You are rightly advised that it is not a</p>

serious issue. Hepatitis B is generally a self limiting condition. You are rightly prescribed AdA-liv. It will help in regeneration of liver cells. Fatty liver will reverse with treatment of underlying cause. Get well soon. Take Care .

/madam I am sharad I have a problem that my gums is bleeding and gums curve not around teeth when I smile it looks very bad so what should I do please help me.

Hell, Thanks for posting your query. From the details produced, your gums are heavily infected and swollen. Get thorough scaling done. If required, shaping of gums can be done. Rinse your mouth after every meal to prevent plaque accumulation. Brush your teeth twice daily. Use chlorhexidine mouth rinse to gargle. Use soft bristled toothbrush and clean your teeth in back-forth, up-down motion. Take care.

/madam i am ttc more than a year. I have pcod. Irregular period. After 2nd cycle of clomid i got positive hpt bt had misscarriage in oct 2013. Just before my + hpt my gyn vaccinnated me mmr due to rubella. My gyn done lap ovary drilling in 2014 bt again put me on clomid. Bt still cant find any positive result. After 3 cycle my period again irregular and my gyn suggested me ovalife day and ngt and folice acid. And plan for oi and iui. Bt i am not happy wid that. Consult other gyn she told me u dont need it. U can get preg naturally. Widout any prob. I know every docs have different treatment i feel my privious gyn was doing experiment on me.

Hi, Rubella vaccine has a theoretical risk of affecting the baby. As you said POD is the reason for irregular periods. Why don't you correct the reason for POD ? Pod does not allow ovulation & once pregnancy is reason for many abortions, especially in first 3 months, due to hormone imbalance. Weight is the most important reason for PRO. Your weight should be Height in CMS -100 (e.g. 160 cms-100 = weight 60 kg normal) Try Low Malory diet & regular exercise. No fasting please. Check your Thyroid status / Blood sugars / serum prolactin these are altered in POD. If periods are not corrected even after proper weight reduction, you can go ahead with Ovulation induction pills with / without injections of hormones. Waiting for natural ovulation now may not be successful. GUI will be needed only if your husband has some problem. All the best .

/madam I went for a scan on 20th of aug . Took abdomen and pelvis scan everything is normal but only cavity echo measures was mentioned 6mm so the doctor told me it might be a early pregnancy and suggested me folic acid tablets but i have 6 more days for my periods date (30th of aug ) but scan was taken on 20th aug . and now iwant to know what is it and can i have sexual contact for these 6 more days or can i take pregnancy test befor my date

Hi, Pregnancy occur when you did sex in fertile phase of period. Day 10th to 18th day considered as a fertile phase if you have 28 to 30 days regular cycle. Pregnancy test will give positive result once your period will delay by more than 7 days. No meaning of doing pregnancy tests 6 days before period, it will come negative. You can go for blood test 10 days after sex to confirm pregnancy. It is more accurate and detect pregnancy earlier compared to urine pregnancy test. You can do sex in last 6 days, but pregnancy will not occur during this day's as it complete safe period. Avoid stress, take healthy diet, . Hope this may help you. Contact further if follow up needed. Best regards,

/madam Yesterday pain started in mu upper left jaw all of a sudden. I think it started while i was eating sandwitch but did not pay attention to it. But while dinner if i open my full mouth it pained. Today iin the morning its the same. it while opening my mouth upper jaw hurts alot. Please suggest something that would easy the pain. Thanks

The pain on opening the mouth could be because temporomandibular joint disorder. Or it can be radiating pain from any tooth infection. Consult an oral physician and get yourself examined. You need to take a radiograph of the whole jaw like OPG and TMJ views to rule out any tooth infection

or TMJ disorder. If it is tooth origin then we can treat the tooth. If it is of TMJ origin then you can take proximal tablet twice on the first day and once daily for next 5 days. Do not open you jaw to wide and do not eat hard things for 15 days. I hope my answer will help you. Take care

/madam, actually i infected by jaundice due to infection of gall bladder and gall stones. my docor placed stunts for jaundice and again gall bladder removed with endoscopy surgery. doctor give me diet list at the time of discharge. some non-vegeterian items like chicken and fish was there in that list.my friends and family members was said that never eat non-vegetarian items, fat food, chillis etc. CAN YOU TELL ME THE PERFECT DIET FOR JAUNDICE YYY@YYY

Hi, How are you? I am so sorry to hear all the symptoms you had, and I am glad you have been successfully treated for it. In you case, the jaundice was due to stones blocking the bile duct and not due to any liver disease. So you do not need to be worried about taking a diet which will be easy on the liver. If the jaundice was due to liver disease, then usually a fat free diet would have been recommended. But since the jaundice in your case has been successfully treated by the stent and surgery, there is no need for you stick to any kind of diet, although in general avoiding excess fatty food is good for your general health. It does not matter if you are a vegetarian. The diet sheet is just a suggestion and not a rule. One other option would be to request the dietician at the hospital to provide you with a vegetarian diet sheet. I hope this helped, and I hope you get better soon. Please do not hesitate to contact me for further clarifications .

/madam, i am 20 years old guy, i am suffering from hair loss. i have lost almost 40% of hair in my crown area. i consult a doctor he said it is due to genetic because my father have bald.i asked him whether to use ermavatin but he said it will grow your hair but affect when you involved in sex, he also said it will affect the sperms. Can you tell is it true or their marketing techniques.Can i use ermavatin at this age???

Hi, There are many causes of hair fall like heredity, stress, any medical disorders like thyroid, lifestyle or using chemical treatments for hair. After ruling out the cause and careful examination, the dermatologist can prescribe you treatment which can help reduce the hair fall. That does have a side effect, but it is only in 1 to 2 % of the people and is temporary. Hope I have answered your query. Let me know if I can assist you further.

/madam, I am a 16 year old student from india. i have an problem. i have lost my concentrartion during past month and due to this i also cannot concentrate on my studies and other activities such as playing, listning , watching movies etc. please just tell me the rootcause of the problem. this problem ocured with me suddenly i shall be very thankfull to you.

Hi Deepak, Welcome to Healthcare Magic, and From your brief description, I understand that you have been suddenly having difficulty in concentration and feeling disinterested in your normally enjoyable activities. Since you have mentioned that it has been sudden, it is important to know if there have been any recent changes in your personal circumstances or social environment or if you are in the midst of a stressful situation. Excessive stress and difficulty in coping is a common reason to feel disinterested and detached from studies and other pleasurable things. There is also a possibility that you may be going through a depression, in case you have other symptoms like negative thoughts, feeling low, reduced energy, poor sleep / appetite, etc. My advice to you would be to talk to and share your feelings with someone close to you, especially if there is something bothering you. In such situations, it is also important to try not to isolate yourself or spend a lot of time in solitude, as it can worsen your symptoms. If you find that your symptoms are severe or worsening or affecting your day-to-day functioning, then you need to seek professional help, probably from a psychiatrist. All the best. -

<p>/madam, I have a breathing problem as soon as i started doing exercise to reduce my belly i think.its a simple exercise just raising my two legs to upward direction by normal lying position.i did breathing exercises also but it doesnt help.Is that due to air blockages in my chest?.</p>	<p>. You have breathing difficulty on slight exertion. So this should not be neglected. First get your resp examination by auscultation. If suggestive of bronchoconstriction by rhonchi heard then bronchodilator . Second if fast breathing with sign and symptom suggestive bacterial infection like cough and fever then antibiotic need to be given. For detail work up of resp causes chest x-ray and spirometry useful. Here if you have hypertension history then cardiac failure also should be ruled out.ECG or echo done. If you are obese, hyper cholesterol, smoking history and calf swelling then rule out pulmonary embolism by d dimer. I have given you best diagnostic possibilities but remember physical examination utmost important and accordingly work up decided. Take care.</p>
<p>/Madam, I have visited Manipal for running nose and eye irritation week back. they suggested 3 days medicine. Still no improvemnt after taking medicine. I feeling bad. Please let me know whom i need to consult for General Medicine good experienced docotor</p>	<p>Your symptoms suggest you probably have allergic rhinitis. If this has lasted for more than 2 weeks then it is due to allergy. Consult an allergist or pulmonologist for the same. If it is of lesser duration then it is viral infection requiring antihistamines and analgesics.Don't worry, you will be alright. Hope I have solved your query. Wish you good health. Thanks.</p>
<p>/Madam, One of my friend is having blood cancer and the doctors advised to undergo stem cell transpantation. Is there any alternative way to do it. She is from a very poor family and hence they cannot spend money for her treatment please let me know is there any alternatives. Also i heard that Imitinef Mercilet is a medicine which cures blood cancer.Is there any use of taking this medicine??</p>	<p>Hi, Imatinib is used to treat CML (a type of blood Cancer). There are different kinds of blood cancer which can be diagnosed with investigation. Your friends treating doctor may have diagnosed it and advised her for stem cell transpantation. She should approach her doctor for alternative treatments if any and should discuss the course of treatment, as you have not mentioned the type of blood cancer. Wishes for her good Health.</p>
<p>/madam,i am adeel ahmad from INDIA.since last two year i am suffering chest pain.ihave consulted so many doctors but didnt get relief.before two days back i havecontacted one chest specialist he told me you have chest deformity thats a maincause of painning.but now i am really fed up of doctors and medicines.what should i do pleasegive me some valuable advice. hope you understand my problem.i am eagerly waiting for you reply.thanks &amp; regardsadeel ahmad</p>	<p>Apply warm water pad on affected areas of chest. 2. Avoid movements causing pain. Avoid heavyweight lifting and strenuous exercise. 3. Avoid sudden jerky movements of chest.4. Take simple painkiller like paracetamol or ibuprofen if required.5. Start calcium and vitamin D 3 supplements for faster recovery.Don't worry, you will be alright with all these. Avoid stress and tension, be relaxed and calm. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
<p>/madam,i am sravanthi 27years old we are trying to get pregnancy from 3 years. i have take follicular study by trans abdomen ultrasound. following the report information.ultrs measures 66*25*29mm.uterus is normal in size and echotexture.no focal lesion seen.myometrial and endometrial echoes are well seen and appear normalendometrial thickness 6 mm.right ovary measures 25*16mm, left ovary measures 26*18mmboth ovaries are normal in size and echotexturethere is no evidence of free fluid seen in pelvisright ovary follicle - noleft ovary follicle - noendometrium - 6mmfluid in POD - nilplease clarify is there any problem. following the reports of</p>	

my husband semen analysis report physical examination quantity - 2.5ml colour - g.  
whitish viscosity - viscous reaction - alkaline liquefaction time - 30 min microscopic examination total  
sperm count - 25 millions/ml active motile - 30% sluggishly motile - 30% non motile -  
40% morphology normal forms - 60% abnormal forms - 40% others pus cells - 5-6 / h.p. epithelial  
cells - 1-2/ h.p. please clarify the problem and give a replay what is the next procedures. please do  
the needful. thank you regards, sravanthi

Hello Sravanthi Thanks for your query. Your husband's semen analysis is borderline normal. I would  
ask you to consult an Infertility Specialist and for your husband to consult an Pro an . Have your  
ovulation status documented via follicular monitoring and have complete hormonal profile done.  
Have patency of the fallopian tubes assessed through laparoscopy or HSG. With your husband's  
report, better results can be achieved through GUI (intrauterine insemination) if your tubes are  
open. All the best.

/Madam, I and my gf are going to have sex for the first time. we don't wish to use any protection for  
same. Is it safe if after 2 days of sex, my gf takes a single tablet of unwanted 72? Would there be  
any chance of pregnancy or any other side effect? Thanks

Hello dear, I understand your concern. In my opinion the unwanted 72 comes under emergency  
contraception. The emergency contraception is used when the protection is failed like irregular  
intake of birth control pills or tear or slippage of condom etc. But it should not be used for regular  
usage. Unwanted 72 is high dose progesterone hormone. It causes hormonal imbalance. So if  
used regularly it might cause heavy bleeding. So restrict for emergency situations. Unwanted 72 is  
effective in 95% cases in preventing pregnancy if taken within 72 hours of unprotected intercourse.  
Intercourse can be done without protection in case of safe period of menstrual cycle. Safe period is  
the one where there are no chances of pregnancy with unprotected intercourse. Safe period is said  
to be roughly around 1 week before and after the period and during the period. But this safe period  
method or natural method is applicable only in case of regular cycle. So kindly check for the safe  
period and if inevitable you can go for unwanted 72. Hope this helps. Best regards.

/madam, My Chief Complaint: I have painful post auricular lymph node swelling since  
4 days. Yesterday evening 1 more post auricular lymph node was noticed swollen which was  
sudden in onset & painless. Personal History: I am a 22 year old male. I do NO substance  
abuse/alcohol/smoking. No dandruff on head. Past History: NO similar complaint. Medications: Sir, I  
am taking antibiotics AUGMENTIN DUO (amoxicillin + clavulanic acid) & painkillers since 4 days. I  
am worried because one more lymph node started swelling & I even worried about cancer. PLEASE  
HELP ME to diagnose disease/find out cause for my disease.

Hi, I have gone through your query and I can understand your concerns. As per your description,  
your swollen lymph node would be reactive in origin due to inflammation of nearby area. You don't  
need to worry that much because chances for cancer is very unlikely. Post auricular lymph node .  
So we have to examine your oral cavity for dental caries and throat infection and enlarged tonsils.  
We have to do an ENT examination to rule out infection in your ear. Also check your scalp for Dan

/madam, please help me for my question thanks in advance I'm 28 year old my height is 5'1" and  
weight 64 kg( my period cycle 30 day ,after my d&c, last year September i went for d&c )on the  
basis of 17 Oct 2011 test -my thyroid is 2.74 and have polycystic ovary i am trying to get pregnant  
doctor give me medicine (m2tone, thyronorm 25mcg) for my thyroid and ovary problem and for  
regular periods. my periods 14 days late, (came on 20 November). after my D&C MY PERIODS  
WAS NOT REGULAR (40 days). but with the help of these medicine from last 2 month m periods  
were coming in 30 days. want to get prego.

Hello . forum. You are having PCs also, so it can't be said that with thyroid under control, you will  
get pregnant. PCs is associated with adverse pregnancy and birth outcome, whether assisted



reproductive technology was used to conceive or not. Keep trying, loose weight and don't loose heart or patience. Keep in regular touch with your Gone. You will definitely succeed. Thanks and good luck.

/Madam,Three weeks before my mother had chilling fever and night sweats. We consulted a doctor and blood and urine tests confirmed that she had urinary infection. To substantiate, her ESR was as high as 90 mm/hr.The antibiotics did not solve the problem and she was admitted for a series of injections which cured her fever and she was discharged.Two days later, she had fever again and we took her to KMC Manipal. Her ESR was constantly high around 70-85. Doctors ruled out TB, Malaria, and Typhoid (though doc gave Malaria tablets to avoid risks)At the moment, my mother has mild recurring fever (99degrees for 2 hrs once in two days) and a high ESR. We are concerned can you help ?

High ESR indicates ongoing inflammation. CRP levels would be more accurate to assess current inflammation.<sup>2</sup> She might be having a focus of infection at some spot, which is currently unknown. As fever is persistent, along with high ESR, search for the loci is necessary<sup>3</sup>. Need to look into lymphocytes or neutrophil levels to assess for infection. Get CRP, blood counts and urine and blood culture to assess further. Hope it helps. Any further queries, happy to help again.

Input	Output
<p>/madame, I belong to pakistan last week my father doctor recommend the test of Tc-99m mibi strees and the result of this test is mild reversible myocardial ischaemia involving anteroseptal wall can anyone tell us that what is the problem? My father has a diabetes/ and blood pressure patient. Plz tell what we will do???</p>	<p>Hello. The test result indicative of some area in the heart having less blood supply or no blood supply and it's happening due to the cardiac artery disease, condition further needed some cardiac evaluation like angiography, CT angiography and others, to know the lesion in the artery Hope I have answered your query, let me know for further assistance.</p>
<p>/madem, my mother aged 45 yrs was tested with hbsag ( ELISA ) positive and her blood and liver test reports as follows.Plz assess the condition of my mother and suggest appropriate treatment that should be followed. Date: 22/11/2012 HBS Ag (ELISA): positeve HB e Ag: 0.017 s/co (negative) HCV (ELISA): 0.014 s/co (negative) SGPT 22 u/l SGOT : 46 u/l AK Phosphates: 117 u/l serum creatinine: 0.9 mg/dl Totla bilirubin: 0.5 mg/dl Direct bilirubin: 0.2 mg/dl Indirect bilirubin: 0.3 mg/dl</p>	<p>There are another parameters which are important and you didn't mention: Bag, HBS Ab and HBV ELISA. But knowing what you said your mother has more chronic than acute viral Hepatitis B infection(6% of worlds population has it). It means that she is infected, but laboratory parameters are very good and there is no liver complications. Does she have any symptoms such as fatigue, jaundice, right abdominal pain, weight loss? If she should do ultrasound and liver biopsy. So what about treatment? There is a vaccination, but this is not useful anymore for your mother. Treatment depends on severity of liver damage because this infection passes through different phases. There is a very low possibility of liver cirrhosis and cancer development but considering this she should do repeated work ups at least once a year. There is no some specific treatment or cure. There are some antiviral . She should just listen to her symptoms, follow some hepatic dietary recommendations and take natural substances which strengthen our immunology system. Wish you good health,</p>
<p>/mam good noon. I m divya 21 years old. I m performing arts student. For past 5 months i m suffering from very heavy body pain,especially in my shoulders,joints,hip,nee,foot and fingers. i have swelling in my wrist and fingers too. And after consulting my doctor i came to know that i have high E.S.R COUNT. In my 1st blood test i has (30min-35 mm) (60min-75mm) after 1month i took 2nd test now i have (30mis-15mm)(60mis-32). my question is what should i do to correct my E.S.R count and what are the diet i should follow?? Is this curable one/</p>	<p>Hi, Yeah, that seems quite high. Any inflammation will cause elevated ESR but the rheumatic diseases such as RHEUMATOID ARTHRITIS are often the highest. Infection anywhere can cause inflammation and joint pain but would generally also have signs of infection. We do not diagnose individuals since we are not there to examine them BUT we can give general information. Infection and rheumatic diseases give higher ESR's. Wear and tear or just aches do not elevate ESR. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>/mam I have take at least 2 bottles drinking everyday cough syrup of corex since from 2yrs,lastly i had take 1 bottle at tomorrow 28th march in the evening .Day by days my life became like a hell.now i want to quit this cough syrup corex???just i need your help to get rid from drinking cough syrup.I am always obliged your s for this.help me??</p>	<p>Dear friend, The active ingredients of CORE are chlorpheniramine male ate and codeine phosphate. Codeine is habit-forming and has led to millions being addicted in India and Bangladesh, with many reported deaths. Faced with large scale addiction to codeine containing</p>

cough syrups, Bangladesh banned this and brought in death penalty for possession of Core above 2 litres. Smuggling from India through Tripura border is rampant with regular seizures by police, BSF. Corex has been banned in India from March 2016. Legally, Core can only be obtained by a physicians prescription, but studies show that more than 90% of the product is sold without one. The majority of the sale of Core are people of are addicted to it in India. Police in different states has been conducting regular raids, seizures and criminal cases against chemist stores, pharmacies and stockists who keep diverting Core for sale to addicts. Corex is not generally a fatal . However, many side effects are common. It can cause short term memory loss, sleeplessness, tremors and spasms, muscular pains and deny

/Mam, as per report I found that my semen are very less count. I would like to know who can I increase their productivity throug yoga or execercies. My I know what type are need to increase them. Also let me know what kind of fruits or dry-fruits should I need to eat daily basis to increase their productivity . sperm count and motility . Thanks in advance for your suggestion.

Hello. Thanks for writing to us. Eat a diet that includes whole, unprocessed foods. The best foods for health in general, and also for sperm count problems, are whole grains, legumes, vegetables, fruits, nuts, and seed. Avoid alcohol, smoking, take more of proteins and fresh vegetables. Minerals like zinc & selenium, amino acids like l-carnitine, and antioxidants like vitamin C and vitamin E are very crucial to sperm health. I hope this information has been both informative and helpful for you.

/mam,I have PCOD complaint my doctor adviced to take krimson 35 and metformin .I was very eager to get pregnant. will taking this tablets affects my pregnanacy.is there possibility of getting pregnanat while using this tablets?Awaiting for your reply.Thank you

Hi, thanks for writing. I understand your concern. Metformin helps to decrease appetite and reduce weight thereby influences the hormonal changes and decreases PCs. You should continue this tablet till you become pregnant. Crimson 35 inhibits ovulation and helps in regularizing the periods. So while on this tablet you are unlikely to get pregnant. So stop Crimson 35 if you are planning a pregnancy. Hope I have answered your query. Feel free to ask any doubts through <http://doctor.com/doctors/> . Good day

/mam,im 21 years old.i wont get periods regulary.i had gotmy last period on april 1st.i had participated in sex on last month(june 7th).i was first time for me and that guy.his cock was not completely in my vagina.now i was worried whether ill get pregant.plz.help me.

Relax. Don't worry, there is rare chance of getting pregnant.2. Wait till the next period occurs. If period came then nothing to worry.3. If period not happen then do urinary pregnancy test. If it comes positive then rush to nearby gynecologist. He/she can help you. Good luck. Free to ask for further queries. Regards- .

/mam,My daughter is 3 years old.She was getting allergy Related wheezing once in 2 weeks.But now she has continous wheezing for past 1 week and doctor advised to go for an x-ray.X-ray report says Bilateral mild vascular congestion. Blood report says eosinophil is 540 Wbc 10800.Doctor said its pneumonia and advised for antibiotics through IVE. Since we requested an alternative method he is giving taxim injections twice a day.My concern is so far we have given 5 injections but our doctor says he will decide by tomorrow whether to withdraw injections and give syrups.We are concerned whether we can give so many injections for 3 year old.moreover she has lost weight also.please advise Thank you Swetha

Hello Mam, I just As you have mentioned pneumonia and your physician has started antibiotic I/V treatment. Antibiotic treatment always has a schedule whether it is given orally or through I/V line. \*So as per your question antibiotic through I/V line can be given to three years old as per diseases status and your treating doctor can decide it better because he is doing regular clinical

examination.\* The loss of weight might be due to improper feeding because during sickness babies have tendency to refuse diet, and they take less amount of food compare to normal.\* So complete the treatment and try to give baby more semi-solid and liquid diet as it is easy to give and digest.\* I hope you find my answer helpful. Thank you.

/mam. i have an allergy since a year. frequent cold, sneezing . so i went to ent specialist , he prescribed me tab montek-LC, so after 2-3 days my cold , cough, sneezing is gone. but after a week, i have having severe stomach pain, digestion problem and even getting more and more sleep day time. so is it the side effect of tab Montek LC or wat. ??

HiT hanks for your queries gastric irritation occurs in case of montelukast after prolonged use and probably that is causing your stomach pain and digestion problem and sleepiness probably is occurring from levocetirizine component of the Monteagle medicine. So if your symptoms are well controlled now you can omit Better to go for local application of elastane fluticasone nasal spray now after consulting your doctor. For stomach pain you need to take local anesthetic gel like machine gel for symptomatic receive and pantoprazole tablets for healing of the erosion if any by Monteagle. Thank you.

/mamdam,my one yr. & three months old daughter is suffering from loose motions from almost 4 days , even she is not taking proper milk or solid food .On the begning her stool was very smelly & watery but now its not very smelly .pls help me out from this. Regrds

It seems your kid is having viral diarrhea. Once it starts it will take 5-7 days to completely get better. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting.you need not worry. There is no need to use antibiotics unless there is blood in the motion. Antibiotics might worsen if unnecessarily used causing antibiotic associated diarrhea. I suggest you use zinc supplements (Z&D .

Hi doctor,I have sharp pain in the right eye since yesterday evening. Also, I wore a fresh pair contact lens last evening. And I did not wear a contact lens for almost two months. The pain started two hours after wearing contact lens and I went to a marriage function and there were many people with conjunctivitis. There is mild swelling and redness of the right upper eyelid since today morning after I woke up, but no watering and itching.

Hello. I reviewed your history and the photo attached to the question. (attachment removed to protect patient identity). It seems like inflammatory swelling of the upper eyelid, most commonly in the form of hordeolum. I would like to treat this condition by the use of antibiotic eye

My husband was prescribed Cipro for quick sharp pains in the upper and lower back that shot down towards his tailbone area and went vertical wise on both sides. He was prescribed Cipro. This was 5-6 years prior to today. My question for you sir is,. I understand what cipro is and i thought that maybe CIPRO could may had been used as an anti-an- flamitory around that time period? Why was he prescribed CIPRO for back pain? Thank you for your time, you are highly appreciated. TY.

Cipro has a salt by the name of ciprofloxacin which is an antibiotic. Im assuming the doctor gave it to your husband for acute pyelonephritis in which radiating back pain is one of the symptoms along with possible vomiting and fever. So to answer your question, in all probability he was prescribed Cipro to treat the pyelonephritis/kidney infection. Also, Cipro has never and will never be used as an anti-inflammatory

biscupid tooth split and inner portion is very wiggly, I have a dental app set for July 2nd. By pulling the wiggly portion out will the bad smell dissipate and will it increase the chance of infection or additional pain? Currently rinsing 8 times aday with salt water.

Hi. Can understand your concern. As per your complaint in case if your tooth is split into two parts,

and you already have bad smell it indicates that the tooth is already infected as the bad smell occurs due to rotten tooth which occurs due to infection. You are about to consult a dentist and the dentist can take an x Ray of the tooth and rule out the possibility of saving or extracting the tooth. In case if the tooth is not completely cracked and some part can be saved then Root canal treatment followed by capping can help. In case if the tooth has split through and through in two parts then extraction has to be done. Rinsing 8 times is not advisable, and you should not rinse more than 3 to 4 times maximum. Hope this information helps.

year old son banged his head on door, cried a little then went to sleep. After about 25 mins he woke up and threw up on his bed then in the toilet all within a min or two. Was told by RN on phone to wake him every two hours to check that nothing is wrong. Just looking for another opinion. He is not dizzy and no headache.

Vomiting continuously2. Seizures3. Watery or bloody discharge from ears and nose4. Unconsciousness5. Altered sensorial or behavior. If none of them are present, I don't think you should worry about his trivial head injury. Regards -

`hi im a 25 yr old male and im having severe chest pains, mostly left side. its been two days and its been consistantly painful, it hurts only when i breathe in and it hurts the worst where my ribs meet the breast plate.ive been feeling feverish but im not running a fever, i cant get health ins because i have eosinaphylic esophogitis(sorry if i spelled that wrong) and they all turned me down. what should i do?

Take montelukast (anti-allergic) and fexofenadine (antihistamine) combination at nighttime before going to sleep.2. Take antacid (pantoprazole) on empty stomach twice daily. You will mostly improve with all these. Better to avoid hot and spicy food, junk food and large meals. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

`I have been on Ultram for years prescribed by a specialist in fiblermylasia. Recently got a new regular MD who put me on 3/325 hydrocodine ,6 a day plus a fentenal patch 25 mg. I m 72 so my arthritis has gotten unbearable so she had me go to a pain specialist who raised my fentenal to 50 mg. and put a shot of cortison in my lower back. After the shot a lady pain specialist swoops in to tell me my hydro is now down to 3 aday and I no longer will be on the ultram. I am dumbfounded and not sure if she is right. Isn t Ultram for fibernylasia? I still have low pain so I wonder if that was right for me.

Hi, thank-you for providing the brief history of you. As you have Fibromyalgia, this condition called fibromyalgia is the inflammation of the fibers of the muscles. Muscle contains numerous muscle fibers which acts as a mechanism for the contraction of the muscle. And inflammation in the fibers will lead to pain as the muscle gets to fatigue faster. Also, medicine has a limitation to control the inflammation as this is deep inside the muscle fibers and fibers are numerous.in my clinical practice most patients with fibromyalgia are referred to physical therapy as improving the metabolism helps to reduce the pain. Also, doing breathing exercises will help improve the oxygen carrying blood cells and will improve the endurance and avoid the fatigue to occurs soon in the fibers. RegardsJay In .

i shake my penis regular

Dear user, I can understand your concern regarding safety/harmful effects of masturbation. Masturbation is a normal sexual activity. Masturbation is similar to sexual intercourse for penis. What penis does in vagina during sexual intercourse, same it does during masturbation in your folded palm! This is a natural activity and I would say a healthy activity and does not either affect or deter sexual performance. If you feel pleasure and sexual satisfaction after masturbation, no need to be worried about. No need to control. No need to feel guilt. Wish you good health.

My name is Olaug hl have been taking Micardis HCT for the past 2 years . 4 months ago I was admitted to ER for low potassium etc. I was not able to stand up due to vertigo and confusion.

Stayed in the hospital 1 week. My med. was changed to Lisinopril. After a few weeks my legs started swellin especially the left leg. I was not able to walk or wear shoes. last week my DR. d/c Lisinopril, and I got new rx: Losartan Potassium 100mg My left ankle is starting to swell again and .

I get terrible episodes of vertigo and just want to lay down. I ts like a brain fog. Horrible. Thank you ,my friend.My e-mail : YYYY@YYYY

Hello Flag! Welcome on Healthcare magi! Your symptoms (dizziness when standing up) are typical of orthostatic hypotension, which could be related to antihypertensive therapy. For this reason, I would recommend to temporary stop taking losartan or lisinopril and monitor your blood pressure.

A head Up Tilt test would be needed to investigate for orthostatic hypotension. Regarding the leg swelling, it is not a common adverse effect related to the . For this reason, I recommend performing further tests to investigate for the possible causes: - a cardiac ultrasound for heart failure- a chest X-ray study-complete blood count-blood electrolytes- Kinda and liver function tests- a urinalysis- a Doppler ultrasound of the leg vessels for possible chronic venous insufficiency. You should discuss with your doctor on the above tests. Hope you will find this answer helpful! Kind regards,

I am 23 years old. when my penis get erected the foreskin cannot be moved back easily.i have to force it back and it settles at the end of glans. again i have to force it to the front of glans. so please suggest me how can my foreskin can be moved easily.<br><br>

Thanks for contacting with your medical questions and concerns am sorry to hear that you are having problem with your foreskin. This is a very common condition where the skin does not fully expand. This can cause pain and over time may lead to infections. In my practice when I have men with this problem I refer them two a urologist to perform a circumcision. The cutting of the foreskin then will allow proper erections and prevent future infections. Hope this answers your question.

Please contact us again with your medical concerns and questions

I am a 42 yr old Male with height 6ft and weight 74 kg and serving in defence services. Keep medically fit by cycling. Have been experiencing continuous mild pain in center of chest little to the left last three weeks. No serious impact on my physical activity. What could be the reason.

Avoid heavyweight lifting and strenuous exercise. 2. Avoid movements causing pain. 3. Avoid bad postures in sleep. 4. Take painkiller like ibuprofen. 5. Apply warm water pad on affected areas.

Don't worry, you will mostly improve with all these in 1-2 weeks. If not improving then get done ECG to rule out heart related diseases. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

Input	Output
i am suffering from fever with cold for last abt 35daysi visited doctor and found that there was water in the left lung also they hv tapped out abt 500 m.l. fluid from lung. pls advise what decies i may have	<p>Hello dear Warm .come have evaluated your query thoroughly.* This is pneumonia due to bacterial infection of the lung with vivid mechanisms.* Devices you may have should contain spirometer - which will assist you for pulmonary capacity assessment as well as lung exercises. Pulse oximeter - to check your peripheral circulation oxygen saturation digital thermometer - to check your temperature round the clock digital BP instrument - to check BP at intervals. Hope this will help you. Welcome for any further guidance. Regards dear take care.</p>
my name is sanjeev my age 35 and my wife age 35 we rmarried in 2007 we have no children ihave a prob inmy sex life my wife is normal everything is normal according to test in last years ie IUI-2010.ihave prob in my sex life my peneis does not penetrate her vigina my sperm and wife seams are normal we realized that we will take IVF i dont knw IVF is best for me plz suggest what kind of test should be taken thankyou	<p>HYou are probably suffering from erectile dysfunction as well because penis penetration is difficult as per history. So I suggest you rule out underlying cause for ED like cardiac cause, smoking, alcohol, prostate problem, diabetes etc. For primary work up. For that random blood sugar estimation, EKG, USG scan, serum testosterone estimation can be done Your semen analysis report also should be done. You can revert with reports once done. Hope I have answered your question. Let me know if I can assist you further.</p>
1 1/2 yrs ago my brother, age 81 had a biopsy done on a mass found on his pancreas.it was benign. He just had a CT Scan done and now this mass has grown to 11cm , almost 1/2 inch larger than before. The doctor will be doing a biopsy next week. I asked him can it be removed and he said no because of its size and because of its location.Is 11cm considered very large? Although it was benign before but because it has continued to grow do you feel this time it could be cancer? Thank you.Terian	<p>The size of pancreas is usually not more than 15 cm. Head, body and tail are the main parts of pancreas. Usually the benign carcinoma rarely develops in head , if present may be malignant so get a surgery for this part, however final decision will be taken by a surgeon. In my opinion consult one more surgeon and get his opinion before biopsy (if biopsy excisional will be the best). Good luck.</p>
1 am a 76 year old mail- i have an enlarged prostate. recently i have found blood when going to the bath room right after having sex with- it would seem to me i still have some semen when i start going to the, and when this is flushed away the bright red blood vanishes ant my urine is clear. this has happened twice , both times as a result of our sexual activity about a month apart. i was told that it could be a result of the strain on my prostate. i had my last psa approx 6 months ago and it was under a three. i have had some lower back on and off for several years and some pain in my hip area. i did have an mri/body and it indicated my prostae was clear. any advice as im still worried. also had my bladder checked/scloped in the doctors office, and was told everything look normal. however i read some place that diccomford in the loer back,upper leg and hip/rump area could be a sign of prostate cancer. could you please advise if further checking is nessary? im am still very concerned. thank you very much. joe black 608-868-3413=my e-mail is YYYY@YYYY again thank you .	<p>I can understand your concern you have already completed 75 years, the bleeding you see could due to the bladder cystitis it is common in this age group and this is not the cancer, this will come</p>

around with the Sodium citrate liquid have it three to four times in day with good amount of water, the bleeding will go away, and nothing to worry take care and have nice day.

1 day i masterbated 19 times continously and after that i had very intense pain in my belly or kidney area? since that day their is smthing wrong with me now my sperm color is yellow instead of white nd recently they have become thinner like a transparent liquid and i feels all the time pain in my belly testes and in my knees what to do i think their went sm thing very bad with me

Degree understand your concerns went through your details. I suggest you not to worry much. Astonishing that you managed to masturbate 19 times in a single day! I am amazed. But that is totally wrong. The pain could be explained as strain to the muscles of those areas which are used more for masturbation. Coupled with anxiety associated with frequent masturbation, it made you more anxious and more and more anxious. Forget about the thinness of semen. That area is dependent on so many factors. If your semen is really yellow, and you still have the pain you mentioned, please consult a physician. Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe some psychotherapy techniques for sexological problems which should help you cure your condition. Hope this answers your query. Available for further clarifications. Good luck.

1 during pregant period shall we do sex?2.from which month onwards shall i do sex?3.from which month i want to stop sex during pregant?4we want to put condom during sex when my wife pregantplease i have doubt please clear my doubtplease doctor reply soon.

Hello dear, I understand your concern. Here are the answers for your queries:-Yes you can participate in intercourse during the pregnancy. But it is avoided during the first 3 months and last 2-3 months of pregnancy.2)Condom is not necessary during intercourse as there is no risk of pregnancy.3)In case of complications like spotting or pain abdomen or any vaginal infection better to avoid intercourse during the pregnancy. Have a happy pregnancy and delivery. Hope this helps. Best regards.

1 month ago I got this years flu shot at walgreens. I was in shelter with a women who had pneumonia. Soon I began to have cold symptoms, then a week into it, laryngitis. Lungs felt tight. I was in transit to my hometown and had to sleep out a few nights. Another week went by and a dime sized totally black engorged tick was swept away from my pubic area by washcloth and went down the drain. I got to where my kids live and was coughing up white (like half and half cream) out of my lungs. I went to ER room. I was told I had pneumonia and given 6 amoxicillin 500mg pills (all downed in 5 days) My blood pressure has been high for 10 years and not on medication currently. Its been hanging around 160/110. Now its been 1 month and I am still coughing.no white stuff but lots of clearing phelmy clear stuff. I was no Bullseye yet from the tick but read 50% of people don t see one. My knees and ankles (legs in general) are stiff, more than usual and I am weak and tired. Telling myself the pneumonia kicked my but. I am 62, female and the last couple of days I nearly fell over due to dizziness. Should I go back to an Emergency Room? I have no personal physician and I am on Wisconsin Poor Mans Insurance.

Hi, If I were your treating physician I would suggest you to get a Chest X-ray, routine blood count and sputum culture done to rule out pneumonia. You have been treated with empirical antibiotics for pneumonia, but antibiotic resistance is a common thing these days, hence a sputum culture and sensitivity will help to use appropriate antibiotics. Your dizziness and fatigue should prompt you to control your hypertension. Joint pains shall need evaluation by rheumatologist and should be treated accordingly. Hoping that I have helped you with your query. Wishing you good health. Take Care.



1 month ago i had sex with pros,though i used condom also,but i feared that i have contracted hiv,i went 4 hiv test ,results is non-reactive.dont know why fear of hiv gone deep into me i have developed phobia kind of symtoms due to which i am unable to sleep,feeling heat in left side of my body ,especially back of head(left side) n neck.m taking alprex+ in night 2 sleep with lil help.wht to do ?kindly help.

Degree understand your concerns went through your details. I suggest you not to worry much.

Your problem is obsessive thinking. You are worried that you have HIV. Why worry? If such a situation come we need treatment, not worrying. Worrying alone cannot cure HIV. First get yourself checked for HIV. You can approach two or more labs for confirmation. Once you are satisfied, just leave the matter. Why worry? If you require more of my help in this aspect, Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques which should help you cure your condition further. Hope this answers your query. Available for further clarifications. Good luck.

1 month ago, I had a sharp pain in my upper left arm, which lasted for 4 days. Today again I m feeling some pain in my left upper arm with some back pain towards the left side and also between the blades of my shoulder. I usually have some pain on the left side of my chest or in the center of my chest. From the last 3-4 days I am having nose bleeding too ( not that regular way where bleeding is continuous, but whenever I blow my nose, blood clots come from there. This happens mostly in the morning when I wake up). I don t know what to do.

Chest pain are commonly seen in cardiac cause and lung infection. Get a chest x-ray and ECG done. If your chest x-ray is normal, no need to worry about lung infection. Possibility that you might be having hypertension as well as it may cause nose bleeds. So kindly consult a doctor for the same. Hope I have solved your query. Wish you good health. Thanks.

1 of my very close has the following problem. i will explain as far he has told me. spines c5,c6 to c7 or c8 has been detected problem. Doctor said that an disc has been moved. more over the doctor has said that go for physiotherapy and at the same time continue with some medicine he has prescribed mean time let us ask an neuro specialist advice for nerves problem. could u explain me what his actual problem is

Tithe spine is the bone in mid-line of back. It is not single bone - many pieces stacked on each other. In between pieces, there is disc. If disc becomes weak, bone may slip. The spinal cord is inside the spine. Nerves go out between the pieces. So slip may press the cord or the nerve. The nerve may become weak. Pressure on cord can cause paralysis. So you have to see nerve specialist - to prevent or treat. Good luck

1 week after having a lidocaine injection for cavity fill I have a yellow/purple bruise on 3/4 of my cheek with a very hard painful mass between my cheek and jawbone. I was given ammxocillin last week after the procedure because my face became swollen and bruised immediately. Should I be alarmed do I need to see a different dentist?

I have gone through your query and can understand your concerns. As per your complaint it seems that the anesthesia injection needle have been penetrated too deep into the soft tissues, and it has reached the venous plexus located deep in the upper back region, and it has caused Hematoma formation that is leading to bruising and swelling. I would suggest you to consult an Oral Physician and get evaluated, and he can do a thorough clinical evaluation and advise you investigations like x Ray to rule out the exact cause of swelling. As Hematoma is a self limiting condition, it will resolve gradually but can take a longer time to resolve. You can do alternate warm and cool compresses over the swelling at least 3 to 4 times a day. Take anti-inflammatory painkillers like Ibuprofen. Hope this information helps. Thanks and regards. .

<p>1 week ago I had contact with a couple of little girls that have chickenpox, I have already had that disease but today my family will meet to celebrate the new year and there will be some babies and one of my cousins is pregnant and she has not had chickenpox. I want to know if theres a risk of spread the disease to my family.</p>	<p>Hi, If you have not had chicken pox before, or not taken the Varicella vaccine it is better to avoid contact with chicken pox during pregnancy. If you have the disease, you are immune to it, and will not get chicken pox. Chicken pox in the first seven months of pregnancy can affect the baby, it can cause the baby to have a lot of problems with development of brain, liver and spleen. Also, it can affect its hearing. After 28 weeks of pregnancy if the mother gets chicken pox, even she carries a 10 % risk of getting chicken pox (Varicella) pneumonia which can be serious in pregnancy. I would advise your pregnant cousin to avoid the gathering. Hope this helps. Regards.</p>
<p>1 week ago my 5 yr old g/daughter was in car accident with me now she has diarrhea and vomiting it wasnt a car that hit us it was a big tree that went through our radiator and engine she complained of neck pain at hospital but they released her she seemed fine playing but now vomiting and diarrhea should i take her back to er we do have drs appointment thursday</p>	<p>Hello and thank , I understand your concern. Since your daughter has omitting and diarrhea, this us something which is not connected with your accident. She caught apparently virus. My suggestion is to take her to your GP to make proper examination and to give her infusions if she has lost a lot of fluids. Until then gave her water after each omitting and after each diarrhea episode. Avoid heavy food, only toast and light soups, but altered soups. Gave her also one banana or a tomato to supply her with calcium. I hope this answer was helpful to you.</p>
<p>1 year ago I had a meniscus repair. Knee never recovered although repair was successful. PT helped somewhat. Cortisone injections, supartz 2x. Extreme pain when weight bearing. Pain at night wakes me up. On pain meds for that. New MRI showed patella femoral arthritis 2 and 3. no 4. Dr thinks partial knee replacement might help. 2nd opinion Dr. thought going to pain management Dr. and aqua PT would be a good choice. I am perplexed as what I should do. I feel the pain in from my inner knee joint and not muscular.?????my delema Wendy</p>	<p>Hi, You had done your meniscus repair (comprises tibiofemoral joint) but you have a patellofemoral arthritis (Chen . If your pain is bearable and want to avoid a replacement Aquatic therapy with pain management is a good option. In this you need to continue the therapy and the home protocol and can't stop like a dosage of medicine. If you want a joint replacement done, post-operative you need to continue with physiotherapy treatment. Hope this helps you. Let me know if I can assist you further.</p>
<p>1 year ago my mother was surgery from cmc, she suffer form pancreatic tumour . after oparetion not found malignancy of Biopcy report . But Doctor told me that after 6 th month need a CT scan . So , Is it need now ? And any medicine continue ?Please answer me.</p>	<p>Hi, dairy have gone through your question. You may have pancreatic adenoid. So you don't need chemotherapy. But there is chance of recurrence, so you should go for follow-up ct scan to rule out any growth. So according Tom opinion you should go for ct scan. Consult your doctor and plan accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>1 year history of dizziness in a 15 year old female. Dizziness is brought on when sitting still in school. Reports that she feels like her eyes can t focus. Subsequent reports of dizziness when looking up. All vestibular testing is normal and patient no signs of BPPV. No reports of headache, recent head trauma, or anxiety.</p>	<p>Hi there, it is hard to know exactly what is going on without a little more information, but has anyone obtained any imaging of the brain (either a CT scan or an MRI) in the past year? A problem</p>

in the pineal region, brain stem, or even multiple sclerosis, could cause difficulty with eye motions and perhaps the complaints of dizziness when looking up. I would recommend starting by coordinating with your primary care doctor to obtain an MRI Brain with and without contrast, and then possibly referral to a neurologist or neurosurgeon depending on those results.

1 year old baby vomits all the time since one month. Is losing weight and it is weak. He has bronchitis and all test look normal except a little high rate of cooper. What could the problem be and how can the vomiting be stopped? He was also tested for allergies and he is allergic to nuts and potatoes.

Follow hypouraturical diet-without chocolate, peas, Rama, spinach, tomato, market juices. 2. Give antiemetic-domperidon, ondansetron-1 ml 3. Do correction of flora of intestine-take a probiotic-similar 1 caps 1 time 1 month 4. For normal absorption add enzymes You should exclude Wilson-Konovalovs disease-examine 24-hour urine excretion of copper, exine at ophthalmologist, do ultrasound of liver, in the end-MRA of brain for exception contain of copper in nuclei of brain. About allergy, it can happen if uric acid increase, give antiallergic-desloratadine 1/2 tab 1 time 7Å days and charcoal 1 tab for night 5 days All the best

1 yr ago I had profound low back disc herniation to three discs. Had severe left leg & foot pain & numbness. 7 months ago had back surgery. Making good progress with improved mobility. 1 month ago I began experiencing a slight tingle to left side, tip of my nose. No pain, just irritating. Could it be related to my low back injury?

Answer: HI have studied your case. Never any tingling in nose is related to back problems Medication like methylcobalamine with muscle relaxant and analgesic will reduce pain you can take them consulting your treating doctor. You may consult surgeon for nose problems Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Take care.

1 yr old baby girl given antibiotic augmenting for 5 days for cough and cold, didn't improve much. Then doc prescribed omnacortil 2.5 mg twice daily for 3 days from yesterday. 3 doses given. Is there any side effects of omnacortil? What to do if she doesn't improve much?

Omnacortil is oral corticosteroid. It is harmful in long term use (more than 2 weeks). So better not to give oral Omnacortil for more than 2 weeks. If he is not improving after Omnacortil, better to get done chest x-ray to rule out pneumonia. He may need higher antibiotic and antihistamine. Hope I have solved your query. I will be happy to help you further. Wishing good health to your son. Thanks.

1 yr old female, on blood thinners 2 yrs from a clot in leg, have Lupas, not active, underarms and out about 5 inches toward elbow and inside top of thighs up around to my hips dark skin looks somewhat like bruise. On a trip to see mom for mothers day. also on an antidepressant. do I go see vien Doc or Lupas Doc or Reg Doc when I get home on Tues?

Good evening. The skin lesion you are describing as a bruise could be due to the anticoagulation medicine. It can thin out the blood which can lead to leakage from the capillaries and which can cause this bruising. You need to check your INR once. Do see a regular doctor as soon as you can. Because you may need to stop the medication temporary till the bruising disappears. Hope the information was useful.

Input	Output
<p>1- What does left atrium is mildly dilated mean? 2- And There is mild tricuspid regurgitation mean?</p> <p>My stress test results came out normal/ 3- My blood pressure averages 130-90 give or take sometimes 132-94 for couple years now.and my cholesterol is 258 bad 164 and good is 73, I am taking hydrochlorothiazide for about 10 years now. 4- If I start taking high cholesterol and blood pressure medicine can I ever stop taking it if I lower my weight.I was told if I ever start taking medicine I will have to stay on for life?</p>	<p>Hi I understand your query and concern. Dilated left atrium needs to ad . Normal stress test in your case is a good sign for overall prognosis. Milf TR can be a normal finding in your case. All you need is adequate control of your cholesterol abnormalities. I advise you to have a baseline 2 dimensional echocardiography, ECG and lipid profile to assess the basic cardiac reserve of your heart. Restrict the intake of salt to less than 6g/day. Regular physical exercise in the form of brisk walk for 20 min a day for 5 days a week is pretty useful.</p>
<p>1-i have a nodules in left chest since 2 year.it is of constant size. i can feel it by placing hand there. when i press it, it pain a little.2-my semen also get discharged when i go in latrine. and my erection and sex desire has decreased a little. this is also from 3 year.3-before 1 year i met a doctor who told me about low testosterone. please tell me what is solution to my case.is that nodule an indication of cancer.</p>	<p>If there are nodules in the chest wall which are relatively stable for two years then it is from a benign condition. If the nodules are in the lungs and visible only on X-ray and CT scan then also they are from a benign cause going by Fleischer recommendations.2. Your semen discharge during passing motions is probably from over activity of parasympathetic nervous system. Please maintain relaxation and avoid anxiety. Your erection related problem might also be due to increased stress related anxiety.3. Please repeat testosterone level in blood and if it is in the lower range then please change your diet to include high protein food. Have daily 2200 kcal diet and take vitamin and mineral supplement. Please do not worry.</p>
<p>1-i make abdominal ultrasound result is increased hepatic echopattern ,free otherwise what does it mean? 2- And i make liver function tests its all normal value (alt,ast,alk phosphatase,albumin,bilirubin direct and total ,total protein ) all within normal value 3-i make pcr taqman the result is 900.000 iu/ml question is what is increased hepatic echo pattern mean? What is the dangerous from this hcv number? Thank you!</p>	<p>Hello Increased hepatic echo pattern means fatty changes in liver. Fat appears bright in ultrasoundFatty liver is a reversible stage. It is due to excessive deposition of fat within the liver cells. It is good that liver function test is normal. It is important to exclude altered lipid profile. You should increase your physical activity and avoid fried and fatty food. You may need few medicines after full investigations. Get well soon. Take Care .</p>
<p>1-In Blood film of my son 5 yrs 11 month. RBC show predominance of mildmicrocytic and hypochromic cells with mild anisocytosis. pls tell is this any disease or bacterial infection. 2-In WBC--Predominant cells are polymorphs with mild shift towards the left. Few polymorphs contain toxic granulations, 3-Impression: Mild microcytic hypovhromic smear with neutrophilia. please advise for these blood film observation. WBR/Atif</p>	<p>Hi, Hypochromic and microcytic RBC in blood report can indicate low hemoglobin in red cells. Low hemoglobin in red cells can be because of low iron or genetic disorder of hemoglobin structure. Neutrophilia in blood report indicate that raised neutrophils(white blood cells) and can occur in bacterial infection. Since bacterial infection can be treated with antibiotic course prescribed by doctor. To rule out cause of low hemoglobin you may get HE electrophoresis and serum ferritin</p>

tests done to diagnose whether it because of low hemoglobin or structural disorder. .

HBSAg (SPOT/ELISA)2. Chest X ray3. Typhoid (Widal)4. Urine routine and bile pigments5. Blood grouping and Rh Typing6. Stool check can u tell what are these for

Hilt me help you out regarding the testsHBSAg is to check for Hepatitis B infectionChest X-ray to rule out any respiratory ailment and also will assess if you are a smoker. Typhoid TIDAL is to check for typhoid fever. Urine routine for any urinary infection. Bile pigments to check your liver status. Blood grouping and Rh typing primarily for documentation and in case of emergencies for blood transfusionStool check for any gut infection. These are routine tests usually before a job to rule out any infection at the time of your joining and also for documentation purpose for your health insurance which the company may provide. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing you good health.

My period date is 4th March2. Me & my husband stopped planning from 12th March because we need baby3. From 18th march I had fever & go to hospital for treatment. Doctor suggest for blood test , so we go for it and its detected typhoid. Doctor has given some anti-typhoid medicine. After 2 day again I had fever, so doctor suggested that I should be admit in hospital for 2-3 day for monitoring the fever.4. I was admitted on 1st of april, since last 15-20 day I had chest pain and told to doctor about the pain, he suggested we should go for chest X-ray for further medicine treatment. We told doctor about our planning so he said before X-ray we go for UPT. So we did it, but its negative. So on 2nd april in morning I had chest x-Ray.5. I discharged from hospital from 3rd of april,but from 4th of april I had strong stomach pain due to medicine, as I dont suit the allopatedicine. I had problem during latrine even I couldnt sit properly.6. I was waiting for my period, So on 6th april morning, we fixed the appointment with gynecologist. Again we go for UPT but its negative.7. After 2-3 day I feel relax but worried about the period, so we go for UPT at home on 12th april evening and this time we get the positive result.8. So early in the morning we fixed the appointment with the gynecologist. Share each and everything with her. Had sonography. She said nothing to worry everything will be fine because x-ray was done in very early stage of pregnancy i.e. at the time of fertilization. Doctor has stated the treatment.9. I was discussed the matter with 2-3 doctor and pathologist, they also said nothing to worry. But I want to know your expert opinion in this regards. Is there any problem of my unborn baby, on its health etcplz help me out

Thank you for trusting us with your query.I'll try to explain with numbers so that you can understand about the various magnitudes. Strength of radiation of Imaging studies like X-Ray, CTS are measure in RADS.usually an exposure of 10 rads will cause harm.1 RAD= 1000 mill rashest X-Ray is approximately 60 mill rads. As you see, It is highly unlikely that your baby will be affected. What's more is that having a. X-ray even before you know you are pregnant has lesser risk. Relax and be assured that your baby is fine. In the future, X-rays should be avoided but if your doctor d coded you absolutely need them, it is better to get it done with adequate precautions' no to minimize the risk to your baby. Hope Ive reassured you and if you have further query let us know. Congratulations.wish you both the best of health.

Chronic Kidney disease2. MILD ASCITES .3. ENLARGE PROSTATE 24  
GM/approx.URINE REPORT. Albumin +++ Pus cell 4-7/hpf RB C 2-3/hpf  
Epithelial cells + BLOOD REPORT. Potassium 4.83mmol/L Sodium 134.9mmol/L  
Blood Uria 104mg serum-creatinine 8.0mg. WBC 9300cu-mm.Pl. give the suggestion about my fathers treatment,where the treatment are possible.Pl. give the details address with

<p>contract no for about the treatment.We are in bankura, west Bengal.Pl. give the feedback by mail.Pl.give the which date doctor to be available for treatment.</p>	<p>1.1.1.hemodialysis or2.peritoneal dialysis-can be done at home initially till symptoms and labs come down, he needs dialysis regularly and later weekly twice or thrice.you'll get the facility of the above tests and dialysis in any nearby super specialty hospital. Hope this helps you any further questions please let me know thanks</p>
<p>and has had a severe sleep disorder for most of his life. He said that the pain has settled in his left shoulder blade. He has had a blood test, an ekg etc and the doctor found nothing. He has no fever, chills and doesn't seem to have a virus. He has been working out for 5 or 6 months but has no injury. If he takes different pain medicine it will ease the pain a little but he has had severe pain where he could almost cry. Could this be some kind of infection? Could you please give us some guidance.</p>	<p>Hi, From history it seems that there might be having some degenerative changes in his shoulder muscles and cervical spines giving pain and stiffness of scapular muscles. There might be having osteoporosis giving this problem as well. Go for x-ray scapular region and cervical spines. Physiotherapy and short wave diathermy will be much helpful. Give Calcium, vitamin A and D supplements. Ok and take care.</p>
<p>But If I take 2 tablets daily I feel further weakness and dizzy. Because of this reason I unable to do my office work properly.Whereas doctor and Live52 advisor ask this is a very good supplement but your said complain probably because of any other reason. Now suggest me what to do, my age is 47</p>	<p>Since, you have full treatment of hepatitis C, but, what about the report at present ? Also mention the reports of liver enzymes such as S G O T, S G P T, bilirubin, c p k, Amylase (pancreas). Liv 52 are commonly used . In my opinion it never causes any weakness. So your age is at present 47 years and this age is prone to many diseases. Consult a physician and get in blood for C B C, E S R, sugar, lipid profiles. Routine blood pressure is also important. Hope I have answered your question. If further any question I will help. Get well soon.</p>
<p>EVEN I HAD USED MANY PAIN KILLER CREAM ALSO KINDLY ADVISED ME HOW I CURE MY PAIN THANKING YOUHUSSAIN ADAMJEE</p>	<p>Hi the pain in joints accompanied by stiffness in the morning that lasts 1 to 3 hours. How many joints are included? Do you have fingers deformity? Have you done any test such rheumatism test, ESR, Rheumatoid factor, uric acid, protein C reactive, cyclic citrullinated peptide antibody? I suggest you to do these tests and visit a rheumatologist. Also losing weight is very important and doing activity like: walking, swimming. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>I am still working as a police officer, now for 38 years. Sometimes the upper abdominal pain is severe, then it lessens. I know it could be a lot of things, but what is the most likely cause?  Thanks muchly for your help!</p>	<p>The possibilities are acid peptic disease / cholelithiasis / cholecystitis / bowel pathology.2. The acid peptic disease gives periodic pre, post meal.3. Cholelithiasis when ever there is any obstruction in the biliary passage.4. Bowel pathology may give colicky pain with features of infections, fever.5. Get an ultrasound abdomen done, which will give near diagnosis and rule out many causes which will narrow down the diagnosis. Hope it helps you. Wish you a good health. Anything to ask ? Do not hesitate. Thank you.</p>
<p>I did not ever experience withdrawal despite discontinuing 2 times due to a period of relative ease.  Now I am older and my body is no longer able to compensate for the structural defects. I have</p>	

been told my condition is not a good one for surgery. What am I going to do? I only want to work, quilt and occasionally garden. Any suggestions? I am sorry. I read your advertisement/website and I don't think you are an ethical company that will actually do anything. so I am not going any farther.

Nowadays, minimal invasive spine surgery is possible, consult a spine or neurosurgeon. it seems laminotomy, laminectomy and or fusion of vertebra are apparent remedies. Lyrica, methycobalamin, tramadol may be alternative medicines. If disc issues are also co-existing, epidurals or ozone therapy may be considered alternatively if for technical conditions you can't undergo surgery. Opioids are best taken for acute conditions as a short course. Use of cervical collar and isometric neck exercises may be done if condition permits. Also, cervical traction if this can be done in your position

Over the course of the next few months the following symptoms have come for differing durations: Nausea, vomiting, headaches, strong abdominal pains, aching and painful joints (knees, elbows, wrists, ankles and shoulders. Additionally, pain on the right side lower back. Sometimes my bones hurt, a sharp, shooting, electrical shock which starts in upper left chest and shoots to left knee. Please note that many of these symptoms seem to cycle in groups. ie Headache with nausea and vomiting, testicle pain with lower abdominal pain, etc. Cycles last for as little as 24 hours and as much as 4 weeks. This list of symptoms is not complete, as some were not included because they may not have repeated in over a month. After 2 years, multiple tests and several rounds of antibiotics, I remain sick and getting worse, with no idea of what is causing all these symptoms. Can someone please give me information or point me in the right direction. Any information or guidance is very appreciated. Sent from T-Mobile G2 with Google

HYou have a history of borderline hypertension, on & off numbness of the arms & hands, nausea, vomiting, headache, varicocele & HY. You are suggested to get physically examined for hypertension & get treated for it. Hypertension can be the root cause that triggers many of your symptoms. Maintain a normal blood pressure level. You can do this with the help of antihypertensive (calcium channel blockers, thiazine diuretics, ACE inhibitors, etc.) medications under a doctor. You can maintain it by regulating your diet. Avoid alcohol & addictions if any. Avoid red meat, trans fat, full-fat dairy, butter, etc. Since you have symptoms of nausea, abdominal discomfort, indigestion get liver function tests done. A sick liver will cause fatigue, exhaustion & weakness. Get treated at the earliest. Take boiled homemade food. Take food that is easily digestible in small amounts 4-5 times a day, take veggies, soups, ORS & juice to keep yourself well HY

What could be happening - I'm extremely worried. Plus he just said that he feels like he has fluid in his lungs. What test should be run immediately? Thank you

Hi, dear. I have gone through your question. You have many complaints. You should go for complete liver function test as well as complete kidney function test. Furthermore, you need to go for x-ray chest and ultrasound abdomen. First go for these investigations. First we should search the cause and then take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

A week ago I had lab work again and the level was 9.5. I have a Thallium stress test scheduled for the end of the week. Needless to say I am quite anxious about the test. I have not had chest pains.

H Troponin level may vary according to acute heart insult also from lab to lab. Sometimes false positive troponin present. Explanation: My opinion is that troponin level is used to diagnose acute coronary syn. Chest pain and dynamic or ischemic changes in ECG are an indication to measure troponin. So, it is not any time investigation such as CBC. Positive troponin points to myocardial

injury, so anti-ischemic measurements should be initiated. Sometimes false positive troponin presents with renal failure for example. Also, variation in lab results may be an error in lab procedures. In your case, having no past history of chest pain makes diagnosis of ischemic heart is far-fetched. I suggest my patients the following if positive troponin. Do an ECG, echocardiogram and if those suggest myocardial ischemia, anti-ischemic measures are initiated on spot. The information provided by you is not sufficient to provide a good opinion. If someone comes to me with this condition I would ask them about other risk factors to develop ischemic heart disease, smoking, obesity, family history, etc. Also ask about diabetes as in diabetics silent ischemia happens (that means without chest pain). Conclusion: I suggest you do your thallium study as soon as possible to see if any ischemia develops in your heart and so treat accordingly. Hope I have answered your query. Let me know if I can assist you further.

About a week after when I eat it sometimes causes extreme pain in my upper stomach area and shoots thru the ribs either on just one rib or both, then about 30 - 45 mins later it moves to below the belly button above the pelvic bone (sometimes feels like ovary pain) some days it involves gas and lately it has been followed w/ diarrhea that is dark black in color. Curious if I should be concerned w/ it being after the accident. The ER did an upper right ultra sound and ct scan of the upper stomach and everything looked good. Just curious, tysm

1.1.2. It could be a fresh pathology. Similar symptoms are seen in acute gastroenteritis / gallbladder pathologies / renal problems / gastritis.3. To narrow down the diagnosis if you are my patient I would ask for an ultrasound scan - and start treatment accordingly. 4. I would recommend you to get an appointment with your GP and get the needful investigations done.5. At the same time the doctor will look o the related issues with your accident. Hope it helps you. Wish you a good health. Anything to ask ? Do not hesitate. Thank you.

After surgeon took out breast tissue, Plastic Doctor put in expanders. I had 350 ccs of saline injected over 2 month period, I am scheduled for implants on Jan 4 2012. Just last week I notice a hard lump left on my strunum, it moves a little but not much. I called Plastics Doc and he advised me it probably was a fat globular cyst and he would remove it during the implant surgery. Coincidentally I had an apt with my Oncologist the next day and he made an appt for me to see my surgeon, which happens to be today. Any ideas of what it could be?

Hi. I guess you had cancer of breast most likely for which mastectomy was done. In that case you should do fine needle biopsy of that lump, since it can be the recurrence of cancer. If biopsy confirms it as simple fat lump (lipoma) then you can proceed with plastic surgery. If it comes as cancer you have to follow up with your oncologist for further treatment before any plastic surgery. Regards

After the surgery, she suffers from constipation. Normally, patients who dont have a gallbladder, cannot take oily stuff. But my mum take oily stuff and constipate. What could be the problem?

Noted your mother had removed gall bladder. And she is taking oily foods. Gall bladder having bile salts which help in lipid digestion. So still after removal gall bladder as she is taking oily food there is problem in digestion. It is simple in digestive problem. Here she should not take fatty foods. Fruits more. Avocado fruit loaded with fiber so taken. Cooked oatmeal help in proper digestion. Blueberries rich in vitamin C and fiber so useful. If still problem continue stool softener can give. . Hope your concern solved.

Again it has recurred now in March 2013. My present Sr. Gastrin level is 2445 & Sr. Chromogranin-A is 645. No metastasis as per Dotonac PETCT. IHC (Ki-67) is less than 2%. Is is a cancerous tumor. What is the medication for reducing the growth of tumor / Sr. Gastrin &



Chromogranin-A levels and also what is the medication for controlling / curing the growth of the tumor. Also suggest the next course of treatment	<p>HelloGastric carcinoid is low grade tumor meaning it is slow growing tumor compared to typical carcinoma. They have long course and are less responsive to traditional anti-cancer therapy like radiotherapy and chemotherapy. Somatostatin analogues like octreotide LAR have been utilized to reduce the gastrin/hromogranin levels and have been shown to reduce recurrences, yet its use is not routine. You can discuss with your oncologist regarding this therapy. Another option is wait and watch with periodic DOTA-scan. Wish you good health.</p>
Any suggestions as to what I was experiencing?	<p>In my opinion, we should first rule out heart diseases in your case. Heart diseases can cause tightness in chest, tachycardia (high pulse rate), recurrent episodes etc. So get done ECG and 2d echo. If all these are normal then no need to worry about heart diseases. Your symptoms are worsening after meals. So HERD (gastroesophageal reflux disease) can also be the cause. So take proton pump inhibitors and prokinetic . Avoid large meals, instead take frequent small meals. Avoid hot and spicy food. Don't worry, you will be alright. But first rule out heart diseases. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>

Input	Output
any suggestions would be greatly appreciated.Thank in advance,Kerry	Hi . I understand your concerns and I will try to help you as much as I can. In your case it looks like infectious cause. Generally enlarged spleen is called splenomegaly and there are various causes possibly leading to this. In first case these are infections such as mononucleosis Parasitic infections, such as toxoplasmosis or Bacterial infections. It means that any infection in your body may lead to spleen enlargement. Second most common causes include autoimmune diseases such as thrombocytopenia. If this is ruled out by specific tests then some other causes may be considered and some are more or less serious such as Leukemia Lymphoma, or noninflammatory diseases such as acidosis, lupus, and rheumatoid arthritis. In every case, infectious causes are treated with antibiotics and other causes may require surgical removal of spleen. I hope I have answered you query. If you have any further questions you can contact us in every time. Kindly regards. Wish you a good health.
As i did not take immunoglobulin would it be a problem in future - how to avoid this problem with low cost.2. As i did not take the last 2 vaccinations on proper time mentioned would it be a problem.3. While taking vaccinations i was also consuming alcohol partly - Is there any risk in future. Note: i have read ur other answer and felt like taking a booster vaccination on 90th day. Should it be the same Rabipur again. Kindly let me knowThanks for the reply in AdvanceK. Rajan Killare	Active immunization with antirabies vaccine on days 0,3,7,14 and 28.2. Passive immunization with Rigs around the wound.3. Oral antibiotic like Tab Augmenting, twice daily4. Topical Tract ointment. Thank you.
At 45 this does not bode well since the foraminal opening for the nerve feeding through to the left Ulnar nerve is being continually squeezed by progressive bone growth. At the current time, spinal injections keep the inflammation in check around the opening but as the bone continues to grow, these will eventually fail and other trouble areas will likewise begin causing loss of limb function. Any suggestions on controlling inflammation at these sites? I am assuming there is nothing short of surgery that can be done about the foraminal opening closing off with bone growth with resulting nerve death and paralysis of the assoc. limb.	Hi, Thank you for posting your query. I appreciate your thorough understanding regarding your problem. Surgery is the only definite treatment to relieve the compression on the cervical nerves, if the compression is severe resulting in significant dysfunction. In the meanwhile, medications such as pregabalin or gabapentin, physiotherapy and epidural steroid injections are all acceptable/helpful treatments. Please get back if you require any additional information. Best wishes, . Ly/
Basically, if no hardware is needed, can the procedure which I am about to undergo be performed minimally invasive or does it have to be performed with an open incision?	Then, the surgeon can perform what is called as micro-discectomy, with a small incision. However, if the problem is more widespread with bulging of multiple discs and compression of multiple nerves, then an open surgery is required. I hope it helps. Please get back if you require any additional information. Best wishes, . Ly/
Besides taking vitamins and calcium these are the only medicine but when I go to sleep I fall asleep fast and then about an hour or two I jump out of bed and feel like something is wrong. I usually walk to the bathroom and then go back to bed and usually I fall asleep right away or within a few minutes. Sometimes I sleep the rest of the night but sometime it comes back again within a	

few hours. What should I do. I	<p>The treatment that you have undertaken appears to be scientifically correct, and you need not worry about it. Also, none of the . It is probably a result of insomnia due to the stress of the disease and the treatment that has its toll on the mind. It is best you take a sedative at bedtime for a few weeks. Meanwhile, try to occupy your mind with activities during the day. Join a meditation group. Don't sleep during the day. Eat at least 1 hour before bedtime.</p>
but we want to have another child .what might be the problem	<p>Hallow Dear, Usually 5 weeks after an abortion, the egg forming resumes. Starting of the period may vary, but is usually after 5-6 weeks. So even in spite of not having menses, the pregnancy is possible. If you are keen on having pregnancy, I would advise you to find out the day on which you release your egg (ovulation). This can be done either by ovulation monitoring kit or ultrasonography. The egg has life of 24 hours while the sperms are active for 72 hours. Hence, 4 days on either side of the day of ovulation is fertile period. Sexual intercourse in this period will give you good results. However, you will get the best results if you can have sexual intercourse on the day of ovulation. Otherwise, there seem to be no problem with your test. Wish you safe motherhood,</p>
<p>Currently he is hearing voices, very paranoid and emotionally unstable with strong mood swings. His medical advisor wants him to try Latuda but he is afraid to do so, not trusting that it will not make his painful tardive dyskensia worse. Is there another atypical antipsychotic that does not have the side effect of TD? Or is Latuda not likely to worsen the TD? Thank you for reading and replying!</p>	<p>Hi there, there are few anti psychotics which has very less potency to cause tardive dysknetic. The best one among them is clozapine. It is sometimes even use in tardive dysknetic for psychosis. Other medicines like olanzapine, quetiapine are also useful in this condition. There are limited data available for lurasidone or Laura as it is recently available still it has some risk for TD. Hope you find the answer helpful.</p>
<p>Degenerative changes of disc at L4-5. Diffuse bulge at L4-5 with partial loss of intra foraminal perineural fat plance mainly on left side. Kindly advise for the treatment including physio if any elaborately. Thanks in advance for help.</p>	<p>Hi friend, Lumbar disc degeneration / compression of nerve root can explain the back and feet symptoms. It can account for tingling in the palms. See a Neurologist / Nerve conduction may have to be tested. Physiotherapy and analgesics can help for the time being. If the pain is sever and not improving, surgery may be required. Take tarnishing speedy recovery God bless Good luck</p>
<p>Dentist saw me finally on Thurs. He said it all looked fine but gave me an Rx for penicillin anyway. Thursday i noticed significant swelling in my feet and ankles with pain and numbness. Is that weird?</p>	<p>HWell, the symptoms of swelling and numbness of feet and ankles along with pain looks like a side effect of the antibiotic Penicillin although not commonly seen. The swelling does not seem to be due to tooth extraction or infection at the extraction site. So my suggestion is to consult an Emergency room or your Dentist and get examined. If the swelling is due to side effects of Penicillin then the antibiotic will be changed. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>Do you think this black is coming from my lungs or my stomach. Why is it black? Doesnt appear to be bloody- just very black.</p>	<p>Upper GIs copy for acid reflux. 2. CT thorax and bronchoscopy to rule out lung infection. 3. Microscopic examination of that black stuff. So, better to consult first diagnose yourself and then start appropriate treatment. Hope I have solved your query. I will be happy to help you further. Wish</p>

you good health. Thanks.

does this explain symptoms 2) I have a plane/car trip in 2 days lasting 8 hrs, then other travel. Will this be harmful?

Hi, Your MRI report does explain your symptoms. Travelling is possible providing you take certain measures to make your journey as comfortable as possible. I suggest you ensure you take adequate supplies of your painkillers. When on the plane take every opportunity to move about the cabin to avoid sitting in the same position for too long. Likewise, when travelling by car, try to make frequent stops, so you can take a short walk to move your legs.

From then on I maybe 2-3x a year I would get burning pain and inflammation in my feet and hands. Lately in about last 5 mos. the occurrences have become more often and in the past month my feet especially have been in pain. standing, seating or even laying in bed( if any part of my feet would be touching the mattress). They would feel best raised but I could still feel slight burning and stiffness. I dont know if I should go see my back Doctor because that was a on the job injury or my family Doc.Please help.thank you for your assistance.

Hi, Thank you for posting your query. Your symptoms are suggestive of neuropathic pain. It may benefit to consult your doctor and discuss, as these may be related to your earlier problems. In addition, you may need to do nerve conduction studies to look for peripheral neuropathy. You would benefit from pregabalin capsules. Please get back if you require any additional information. Best wishes, . Ly/

Had anesthia along with steroid injection 16 mths ago. relief for aprox. 12 mths, pain is back worst than ever, standing in one place too long and driving/riding in car sets it off, pain runs down right leg. Ortho surgeon suggest I get discogram, I want to know is that the right way to go. I do yoga, lite weight strenghtening, up to 4 Loritab/ 4 robaxin, meds do not work anymore, tired of taking them. I get a massage every other week, temporary relief, pain comes right back. What do you suggest next step to be?

Hi. First is all I advise you not to undergo disco gram as it is not being done these days. Numbers indicates you are having some amount of nerve root compression. Since your symptoms are recurring, and it is high time you consider surgical treatment. So please consult a neurosurgeon and show him the MRI and discuss if there is any need for discectomy and decompression.

Had another ultrasound 9 months later. Still have fatty liver grade 2. Any connection here between Zocor and fatty liver? any suggestions?

Viral serology - anti HAD, Bag (if not vaccinated against HBV), anti HCV2. Lipid profileYou may visit hepatologist. Get the blood tests done asap. Further advice:- abstinence from Alcohol - LOW fat diet should be followed, AVOID junk food and beverages-decreased oil consumption (oily food)- NO red meat-green vegetables should be ingested daily-use lemon juice (lemonade) once in a day-reduce weight if overweight/obese-recheck liver enzymes after 6 to 8 weeks and/or ultrasound. Health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good and sound health. Any further questions are welcomed. Regards, .

Hair loss lost more than half2. decreased eye sight vision 3. very sore tounge pins and needles every day sore throat and blocked ears4. pain in my back which eases during day under rib cage 5. feel lack of enery and generally downthanks mariaSShould i get a body scan.

HYou are recommended to have a thorough medical check-up. Hair loss is commonly due to thyroid dysfunction, stress disorder, gluten intolerance, generalized weakness, or food allergy. Pins and needles or paresthesia commonly occur due to allergy to some dental procedure, xerostomia, food allergy, the side effect of any . Your treatment will depend upon the pathology detected. In

the meantime, stay away from addictions if any, do regular exercise, take homemade food rich in calcium, protein. Take Toluene or Naproxen for a backache. Take Probiotics. Hope I have answered your query. Let me know if I can assist you further.

have had xray and pevic scans and have small fibroid in womb (about 7mmdiameter) My concern is about swelling and especially on one side

Hi, Thanks for writing headfirst I would like to know whether fibroid was only the positive finding in your x-rays and pelvic scans?if is it so then only 7Å mm fibroid won't cause a swelling in abdomen i.e. stomach as you say. It is also necessary to do a USG abdomen all these tests show nothing and swelling is local, get it checked from a general surgeon. From the information you provided this is what I can comment. With regards, .

He did some blood test back in January 2012 and it was 136 but the doctor failed to inform us. This time around they told him he needs to retest in one month. Should we worry and go sooner? I know the range is between 150-450. It just worries me that its going to be almost a year and we just found out.Thanks for your help,Lara

Hi, dear. I have gone through your question. I can understand your concern regarding your platelets count. Your platelets count is low, but it is just slightly below the normal range. So no need to worry at all. Just be relaxed. Many people have this count without any problems. Even simple viral infection can lead to slightly low platelet count. So as far as you don't have bleeding you should not worry. If you have any signs of bleeding then urgently consult your doctor. Just go for repeat examination after a month. Mostly it will come back to the normal. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

He has lost a lot of weight, Lately he has not been eating only sleeping, but the last 2 days he has been eating. Are these typical signs or should I get him to the hospital. He says he is fine.

For a patient with last stage liver cancer, these are typical symptoms of end stage disease and you shouldn't be worried about them unless they are distressing to the patient or life-threatening. As it is the entire treatment now is symptom based and palliative. I hope he is on some form of anti-cancer treatment as that will also extend the duration and time period of his comfort. This you should discuss with your oncologist based on his fitness to withstand therapy

He is having his 5th transfusion tomorrow. He has type 2 diabetes and had part of his foot amputated recently. Are all these things related to his hemoglobin level? Is this hemoglobin level dangerously low? Can a low level be fatal?

Hi, Hemoglobin of 7.1g% is low. Normal level would be around 12-14g%. Low hemoglobin leads to increased load on the heart to pump and at advanced age can be serious leading to cardiac failure or arrest. Diabetes is not related to anemia, and it is more genetics, insulin resistance due to obesity and low insulin. Diabetes could have led to amputation due to gangrene formation. Improved nutrition, weight reduction, supplements like B12, folic acid and iron is necessary. Any further queries, happy to help again.

He is scheduled for a chemical stress test tomorrow and I am wondering if he should wait and reschedule. Thank you.

Hi, Thanks for writing in. Chemical stress test might be done if his general health condition is satisfactory. His doctors will confirm his tolerance level and check his vital parameters before doing the chemical stress test. This will make sure that the test will not compromise his health and the fact that he is under chemotherapy for small cell cancer lung. Please follow instructions before the test and in case of any discomfort or weakness he can inform the doctors performing the test and then if he is not keeping fit then he can reschedule the test. Many people get the test done without

any risks to their health. There will be emergency medicines at the time of doing the test in case he feels uncomfortable at any time during the test process, and he should promptly inform. Please do not worry.

Input	Output
<p>He tested positive on his spinal tap and has 3 brain lesions. He is also taking lamotrigine for vertigo. He cannot drive because of the vertigo and he lost vision in one eye for a couple of hours 2 weeks ago. Can this get better with medicine or are these lesions here to stay? He has missed a few days of work and I am wondering if he is going to lose his job. I am a very worried mom 800 miles away.</p>	<p>Hi, Thank you for choosing you used abbreviation, word, MS do not use such abbreviation while explaining to medics you should be clear and meaningful, use simple terms as long as it is possible, now MS has wide meaning right from Mitral stenosis to multiple sclerosis, what exactly I should take it in account, if you mean, Multiple sclerosis then you need to talk to his physician, there are numbers of newer therapies available, but it should be discussed with treating physician, regarding the side effect of . Please be in touch with . Good luck to your son.</p>
<p>How can I help myself?</p>	<p>Control of cholesterol / lipid profile is the best treatment to control plaque in arteries.2. Atherosclerosis or hardening of the blood vessels is progressive and is not reversible. Only if there is blockage, partial or complete, stenting can be tried. 3. Avoid excessive salt intake, control diabetes mellitus and blood pressure for improving functioning of kidney. Hope it helps. Any further queries, happy to help again.</p>
<p>How long does it take for liver enzymes to drop?</p>	<p>Thank you for posting your query. Further evaluation and history. Usually takes 6to8 weeks or more to return to normal if strictly followed advice.is hep A, B C viral serology Negative??do a lipid profile test and an abdominal ultrasound.are you using any medication that maybe toxic to liver?if all above results negative then advice:abstinence from Alcohol and . - use lemon juice (lemonade) once in a day-walk 30 to 40 minutes every day.- or swimming is alternative to walking-NO sports and NO jogging-recheck liver enzymes after 6 to 8 weeks.wish you good health. Further queries are welcomed. Health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good health. Regards,</p>
<p>How worried should I be about conceiving and how long does it take for this medication to work?</p> <p>Any advice?????</p>	<p>Sorry about your difficulty getting pregnant. The high prolactin for me is not an issue, since you have a regular menstrual cycle. Yours might just be a case of unexplained infertility and so your attending physician is trying to optimize your hormones to increase your chance of conception. You might need to take the . * I am blowing baby dust to you. Hope this satisfies you, if not I am willing to give more help. Cheers.</p>
<p>I also get headaches, a sort of foggy brain feeling like I cant quite concentrate properly, knots in my upper traps which cause pain in my neck and sometimes down the back of my arm, and occasionally a fluttering feeling in my upper stomach. Is this all just anxiety? (I have been treated for generalized anxiety disorder in the past, but have not had problems with that for some time.) Or are these symptoms something to worry about? I just had a physical and am waiting for blood test results, but my physician seemed to think there was nothing wrong. Im getting scared because these feelings wont go away. Mostly, its the palpitations that are so frightening - Im young and dont want to die from a heart problem! Thank you!</p>	<p>Hi first of all I suggest you not to worry too much, as your physician thinks that you have no cardio logical problem. Mental stress will increase your symptoms. The symptoms that had given suggest you may have generalized anxiety disorder with panic attack. In panic attack some people have</p>

symptoms like sweating, increased urge for urination, feeling of impending doom, feels like dying and there is no way to escape.treatment-relaxation exercise propranolol, benzodiazepine like clonazepam, Striptease consult your psychiatrist/psychologist Hope this clarifies Regards .

I also have hypertension, high cholesterol, left chest pain and shortness of breath	HAAfter going through the electrocardiogram (ECG) and medical details, provided by you, I understand your concern for your health. Before giving my opinion, I want you to know I've not seen your electrocardiogram (ECG) and giving my opinion only on the report you have written here. A left posterior particular block generally can be due to age-related conduction problems, structural heart disease or coronary artery disease. Your medical history of being Hypertensive and High cholesterol profile with symptoms of Chest pain and shortness of breath are indicative of Angina which needs further evaluation to prevent any damage to heart muscles. Kindly get an echocardiography and stress test done and consult a cardiologist personally for physical evaluation and proper treatment. Hope I have answered your query. Let me know if I can assist you further.
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I am 32 years old, healthy otherwise. What could this mean? How high is this? I just had two babies, one is just 2 and second is 10 weeks. Also just had a cardiac ablation done, but the test results were from the week before the procedure? please help	Hi, Your liver enzymes value just mild High and not raised more than two times. Hence, it is not much significant. Still do work up as follows for it.- USG abdomen-Serum bilirubin estimation - Measure your BMI- Serum cholesterol - Viral infection history should be ruled out If your weight high means BMI higher than reduce weight Fruits taken more If fatty liver detected than lifestyle modification done along with exercise. Repeat your test after two weeks. With keeping this in mind consult physician for examination. Hope I have answered your query. Let me know if I can assist you further.
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I am 52 and have been premenopausal for about ten years now. I am not sure if this is a false positive.	Hello! Most commonly Herpes Simplex 1 would transmit orally - Kissing, Sharing same plates, Sharing food, lip balm. Other risk factors are having multiple sex partners, sex at a younger age having other sexually transmitted infection, or a weakened immune system. Do not worry. Get a retest done specifically for herpes. Even if it does come positive there is no need to panic. Your doctor might wish to prescribe you Acyclovir or acyclovir. Most cases of herpes disappear without need of intervention. Even if the virus stays in the immune system for a long time, it will not manifest with symptoms nor transmit to others if adequately treated.
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I am 57 and 150 pounds. I am otherwise healthy and have never had stomach problems before. I am not on birth control or taking any medication.	HI. The causes of the bloating and pain in abdomen with all the other problems you have told can be due to :Intestinal infection, IBS or diseases like tuberculosis. First undergo a course of an antibiotic and Metronidazole for 5 to 7 days along with probiotics you are already taking. IF there is a complete relief, nothing to worry. If there is no relief, you have to go for further investigations::Blood, urine and stool tests. Ultrasonography and CT scan colonoscopy to rule out any ulcerative lesions or cancer or tuberculosis. The investigations will lead to the diagnosis and further treatment.
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I am 68 years old. I was given Rx for prednisone which I have a lot of reservations about taking because of my active cold. Is it beneficial to take prednisone for high sed rate? BTW I have osteoporosis and had just received a flu shot 10 days before coming down sick.	Hi, dairy have gone through your question. You have sore throat. You should take complete course of antibiotics like amoxiclav or azithromycin. Take antihistamines like chlorpheniramine
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palate or cetirizine for symptomatic relief. Your erythrocytes' sedimentation rate will come down automatically. Prednisone should not be used routinely. You also have osteoporosis. You should take vitamin D and calcium supplements for that. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

I am considering getting the shingles vaccine but I'm afraid of the side effects I might have. I have an allergy to Vicoden and codeine and I am overly sensitive to some medications that may cause drowsiness. Do you recommend I get the shingles shot??

If you were suffered from chicken pox in your childhood, by this time you would be having protective antibody titres in the body which will fight against the virus and protect you against getting this disease again. One attack of chicken pox will give lifelong immunity. The herpes virus can remain dormant for longer period in the nerve endings, whenever there is a reduction in the immunity this virus will activate and produce the symptoms of varicella booster. No problem in getting this vaccine, but two doses of vaccine should be taken at an interval of 1 month. Thank you.

I am currently taking synthroid, bactrum, and birth control. I took an Excedrin for a headache. Do I need to go to my doctor?

Possibility of stress and anxiety related symptoms is more in your case because you are too young for heart diseases and your blood pressure is normal. So avoid stress and tension, be relaxed and calm. Consult psychiatrist and get done counselling sessions. Try to identify stressor in your life and start working on its solution. You may need anxiolytic. Another possibility of

I am now 26 and cancer free. I recently got married and am curious if the chemo or radiation I had could have made me sterile. The tumor was in my sinus and so the radiation was focused on the head and neck regions. The chemos I took were, Etoposide, Ifosfamide and Vincristine and Doxorubicin. Thanks.

Hi, Thanks for writing in. Etoposide can cause reduced ovarian reserve in females and infertility in males. Males appear more susceptible than females to ifosfamide genotoxicity. There may be a dose in males below which the risk of subfertility is low. In females there is preliminary evidence of reduction in ovarian reserve, which may potentially lead to an early menopause and a reduction in the window of fertility. Vincristine is typically less likely to harm fertility. Some of these. In females of reproductive potential, Doxorubicin may cause infertility and result in amenorrhea. Premature menopause can occur. Recovery of menses and ovulation is related to age at treatment. Doxorubicin may result in oligospermia, azoospermia, and permanent loss of fertility. Spermatogenesis has been reported to return to normal levels in some men. This may occur several years after the end of therapy

I am on Lisinopril/HCTZ (20 mg/12.5). My BP last month was 128/78 and my heart rate is usually in the 70s. The doctor said the EKG looked ok but my heart was beating a little fast. He said I should follow up with a cardiologist, which I am going to do. He said it was difficult to determine what happened. I don't smoke, I am overweight, I drink very little caffeine. Any ideas?

I passed carefully through your question and would explain that your symptoms could be related to a cardiac arrhythmia. Of course, being overweight, . But, I would recommend performing some tests to investigate for cardiac arrhythmia, before concluding that nothing serious is going on: - a cardiac ultrasound- an ambulatory 24-48 hours ECG monitoring-thyroid hormone levels for thyroid dysfunction- complete blood count for anemia-blood electrolytes for possible electrolyte imbalance. If all the above tests result normal, there is nothing to worry about. Reducing caffeine intake and avoid smoking will improve your situation too. Hope you will find this answer helpful! Kind regards,

<p>I am totally insulin dependent. I take huge doses of levamere (60 units a.m. and 50 units p.m.) and use Humalog sliding scale (high scale used at local hospital). I take Lyrica 100 mg 4 times daily for severe neuropathy for years now, and synthroid. Today I saw my doctors nurse practioner who diagnosed my swollen, painful mouth as post dental surgery trauma. Tomorrow I will see dental surgeon who is unhappy with the speed at which I am healing (hes not the only one!). I have tried ice, heat, Tylenol, ibuprofen. Thankfully the nurse practioner gave me a few hydrocodone (7.5) to take today until I see dental surgeon tomorrow. I am a 56 years old woman and I live in assisted living so my diet and my medication are handled professionally. I am very afraid that my dental surgeon is not going to be able to diagnose this tomorrow and since last Tuesday the condition only worsens no matter what I try. Even the hydrocodone is not completely relieving my pain and what little help it does provide only seems to last for about 2 hours. (After the pancreatitis and complications, I have a high tolerance for pain meds). My doctor and I rarely choose the narcotic pain relief route unless we absolutely have to (i.e. following the dental surgery, I took 3 days of Percocet 10s. Since then I have only used Tylenol and Ibuprofen (neither of which are any help right now--they were helping until this swelling began last Tuesday. I am in tears as I sit here describing all of this. I realize my case is complicated: I had to move into assisted living 5 years ago when I started having TIAs and could no longer live alone. The professional care I receive here has made the TIAs almost non-existent. When I lived alone, prior to coming here, I did not take care of my diabetes. Now I do. What do you think?</p>	<p>Hi! It looks like there is some infection associated with the implant leading to Cellulitis or infection in the salivary gland leading to pain and swelling. So, my suggestion is to consult your dentist or an Oral Surgeon and get evaluated. You can be advised an x-ray or MRI Scan to further confirm the cause. For now, you can be advised antibiotics intravenously and a steroid shot to reduce swelling. Also, you can be advised Implant removal if the infection or implant rejection is suspected. So, getting checked by an oral surgeon is a must. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>I breastfed her until 4 months ago and have not nursed her since. Quick background - I have lupus with edema and severe neuropathy, I am allergic to gluten and suffer from extreme Again thank you so much for your time!Sincerely-Amy</p>	<p>Hi! Thank you for asking your query. Looking into your problem, SHE is known to get flared in the duration of pregnancy and postpartum. In you case it can be due to lupus activity, but it is less likely, it can be due to lactational amenorrhea as sometimes it can be prolonged. Advise you to visit a gynecologist and consult her regarding this also to rule any further pregnancy going on. Plus it is advisable to you to visit your rheumatologist and get you lupus activity evaluated and also the . Nothing definite can be said without further evaluation as amenorrhea after pregnancy can be due to multiple causes. Thank you. If you have any queries feel free to ask.</p>
<p>I feel fine but have lost apettite. During the treatment for bloodpoisoning I had a bad reaction to the antibiotic and they have me aspertain IV, I dont know the doses but could that cause the number to climb &amp; what should I do? They dont seem to know what to think about the single going out of range value.</p>	<p>Hi. Thanks for posting query at . Its seems acute Liver injury. Usually ALT or AST values higher than two times the upper normal limit, is considered abnormal (in some countries, ALT or AST values of more than 100 are considered abnormal). Viral hepatitis (HAD, HBV, HCV) are common cause of elevated liver enzymes. Typhoid fever may also affect liver and cause high liver enzymes. All these causes should be ruled out. Further advice :- abstinence from Alcohol - LOW fat diet should be followed, AVOID junk food and beverages-decreased oil consumption (oily food)- NO red meat-green vegetables should be ingested daily-use lemon juice (lemonade) once in a day-reduce</p>

weight if overweight/obese-recheck liver enzymes after 6 to 8 weeks and/or ultrasound. Any further questions are welcomed. Hope to answer your concern. Wish you good health. Regards, .

I had sex on September 30, October 3 and several time after. I have a 32 day cycle. Could I have gotten pregnant on September 30 or October 3rd? I am trying to figure out the closest possible due date.

Hand I hope I can help you today. Contrary to what many women think-ovulation does not occur on day 14 of a women's cycle. it happens 14 days before the start of your period. So if you have a 32-day cycle and your last period was September 21, you likely ovulated 14 days before your period would be due for October (the 23rd) which means you likely ovulated around Oct. 9th. The BST way to know for sure, however, is with an ultrasound (you must wait until at least 5-6 weeks of pregnancy) which can measure the fetus and make the most accurate estimate of your due date. I hope this information was helpful, and best wishes for the pregnancy,

I have 7 out of 10. I lack vomiting, fever, respiratory problems. Ive felt the symptoms now for 5-6 days. Wondering, how long one has to have these symptoms and certain symptoms for this to be considered dangerous and requiring medical intervention? It is the 6th day and I am starting to feel marginally better. Probably at 50%. Please advise. thanks

Hi, I have read the query and understand the concern, the symptoms of seasonal flu are very similar to swine flu and considering that now you are feeling better it is most probably seasonal flu you are suffering from so no need to worry about. Severe symptoms like difficulty in breathing, severe vomiting, bluish discoloration of lips or skin due to inadequate oxygen supply because of lung dysfunction, convulsive attacks need immediate consultation to the doctor to rule out swine flu by examination of nasopharyngeal swab irrespective of duration of symptoms. Have good sleep, . Hope this answers your query.

I have always been pretty big, playing weight was 215lbs. However, now I have some back pain but the pain in my left hip has become unbearable. It is often difficult to get up and walk. After a while of walking around, i can move ok but if i rotate my hip in or out, my God, the pain is terrible. It feels like someone stabbing me in the front part of my hip reaching deep inside it. I still play around with my colleagues on the basketball court but not very competitive now. I cant push off well or change directions well. I have no loss of power except due to pain. Can you give me some advice on alleviating the pain? I now live in China and the access to pain meds is very limited. Even if i could get them, i dont want to take them. Please help!

Hi you can take physiotherapy as they use IT and other modalities to reduce pain in this condition you can do strengthening exercise and light stretching but as you have spondylolisthesis so before doing any exercise for back consult physiotherapist. You can use hot water pack to relief pain and also use moist heat to relief yourself but make sure it must not too hot that it burn you wish you good health.

Input	Output
I have been having issues with stomach discomfort, feels warm, stool is mushy. Taking align probiotic. Some days I have to run to bathroom to move bowels because instant pain.	<p>Hello and thanks you for your query. I am and I will try to help you as much as I can with my answer. There are no significant side effects of vasectomy and especially not such that you describe, and you should find another causes of abdominal discomfort, and you should do colonoscopy and abdominal Ct scan. I hope I have answered you query. If you have any further questions you can contact us. Kindly regards. Wish you a good health.</p>
I have had a bilateral mastectomy and chemotherapy and now have saline breast implants. For the past few days, I have been experiencing pain between the 5th and 6th ribs to the left of my sternum. The pain is worse when I breathe. Is this costochondritis? A problem with the implants? Metastasis? Please give me your thoughts. Thank you.	<p>Hi, Thanks for writing in. The pain in Costco . It is a sharp pain. Breast implants can cause irritation of the nerves in the anterior chest wall causing pain perception. This pain is more localized to the area where implants are present and usually does not radiate to other places. Metastasis is pain due to bone destruction. This is diffuse pain which increases on palpation and focused on the area overlying the bone. It is suggested that you get a chest X-ray or CT scan done to evaluate in detail the cause and nature of problem leading to the pain.</p>
I have had a liver scan today, a consultants appointment tomorrow and more bloods on wednesday. They have diagnosed me with Cholestasis. Is this something that can be diagnosed without having the bile salt levels done? I am now 35 weeks and want to push for an induction around 37 - 38 weeks.	<p>Hi.to answer your questions, yes, homeostasis can be diagnosed even without bile salt levels examined. Ultrasound is a diagnostic tool with a high sensitivity for diagnosing hepaticopancreaticobiliary tree concerns. Additional diagnostics (such as ct-scan, blood exams) will be recommended as needed. If you're not experiencing any symptom related to it, an elective cholecystectomy (surgical removal of gallbladder) may be done after you give birth. You will be advised accordingly if you consult with a doctor, preferably a general surgeon, re your homeostasis. Low fat diet is also advised for now. Hope this helps. Good day!!~ .</p>
I have had severe bloating, mild constant cramping, moody, gassy, headaches, shooting pains in breasts, indigestion/heartburn, insomnia and my bbt has stayed around 97.3-97.5 (usually 97.0-97. since. I had BFN on CD 29,30,31, 32. Could I be pregnant? THANKS!	<p>Hand I hope I can help you today. Pregnancy symptoms vary widely between women, and many of the same symptoms (including a temperature jump) occur with PMS as well as pregnancy, and the most common sign of pregnancy is actually a missed period. Urine pregnancy tests purchased over the counter are just as accurate as a doctor's office, so if you already have had multiple negative tests, you are definitely not pregnant. Your menstrual cycle may be irregular this month for a number of reasons-the most common one being the stress of trying to become (or avoid) pregnancy. So if you are trying to conceive, I recommend just having regular unprotected intercourse (at least 2-3 days/week) without BBT charting, actually because your body temperature only goes up AFTER you ovulate, so if you wait for your temperature to go up, you can miss your fertile time. Furthermore, if your cycle is longer than average, your ovulation actually occurs later, more around day 16-17. So I would wait a bit longer and see if you develop a full menstrual flow. Once you do, the bloating and other symptoms should go away. If you continue to have irregular cycles, you may want to see a local physician for a hormonal evaluation. I hope I was able to answer your question today and that my advice was helpful. Best regards,</p>

<p>I have had some relief but in September of this year I had the hardware taken out of the right side due to the nerves being really irritated. It felt better for about a month or two but recently my whole lower back is back to being in chronic pain and I am at my wits end as to what my options are.</p>	<p>It appears that there might be some difference in alignment or something else. I advise you to consult your doctor for diagnosis and treatment. You may need physiotherapy for relief. I usually prescribe to my patient with such symptoms, neurotrophic injections for 10 consecutive days, ofloxacin, diclofenac sodium, and paracetamol. Avoid taking potato, other tubers, tomato, egg, chicken, and seafoods till the pain is relieved. Take more of green leafy vegetables, pulses, sprouts, and protein rich foods to hasten the recovery. Wishing for a quick and complete recovery. Thank you.</p>
<p>I have had type 1 for many years and occasionally I will have a fever blister. Im over 40. I realize I may have developed type 1 in the genital area. I dont believe my condition is consistent with warts based on what I have read and the images I have seen. Are there other possibilities? Could it be strictly mechanical? Thanks</p>	<p>Hi, If you had unprotected sex - need to rule out sexually transmitted infection. If not it can be due to friction caused by vibrator caused ulcer. Yes once HSV positive always positive. If you had oral sex with an HSV 1 infected person then you can get HSV 1 general rash. Warts are more related to HPV not HSV. HSV causes ulcers with mild pain. Hope I have answered your query. Let me know if I can assist you further. Take care . R. Raveen</p>
<p>I have no energy what can I do. I just started taking apo-ferrous sulfate 300mg 3 times a day.</p>	<p>Hi, your He level is low, and your ferritin level is also low. Ferritine is the storage form of iron, and it is very low in your case. It suggests that you have iron deficiency anemia. You take iron rich diet like every, dates, green leafy vegetables, . And take oral iron supplement tablets which you are already taking.it will increase your iron level and he level. Thanks for using .</p>
<p>I have pain in a number of joints.2. I have an overactive bladder.3. I am losing my sense of smell.4. I am going deaf in my left ear.</p>	<p>HYou are affected by a disorder in which iron accumulates in brain and other cells. It is due to mutation in gene called FTL gene. Please avoid intake of iron supplements. At present, there is no absolute cure for Neuroferritinopathy. You need physiotherapy and NSAIDs for painful joints. Adequate calorie intake is necessary. Only symptomatic management is currently available. Do all necessary investigations like Ferritin level in blew, MRI brain etc. Consult with your family doctor and Neurologist as well as genetics expert to have a better management and followup. Hope this helps. Take care.</p>
<p>I then had my test repeated 4 days later, and my ALT was 43. The rest of my enzymes were normal. Hep A,B,C negative. Suffered a needle stick 6 months ago in the OR, and have been following up for HIV tests and Hep C tests including antibody test and PCR. All negative. Could one binge 4 days prior to my test cause an ALT of 101?</p>	<p>Thank you for posting your query. Increase in the level of liver enzymes reflect an INJURY to the Liver. Medically, the condition is known as Hepatitis. As all viral serology tests are negative, its most likely due to alcohol.- abstinence from Alcohol and . - use lemon juice (lemonade) once in a day-recheck liver enzymes and Lipid profile after 4 weeks. Wish you good health. Further queries are welcomed. Health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good health. Regards,</p>
<p>I understand it is due to a fatty liver. What does having an elevated ALT mean to my overall health and likelihood of it developing into cirrhosis? Thanks.</p>	<p>Hi, dairy have gone through your question. You have slightly high alpine transaminase level. It is a</p>

liver enzyme in its level increase in liver damage. Your level is changed slightly which is not significant clinically. It is common in fatty liver. Risk of cirrhosis depends on alcohol consumption and many other factors. You should avoid high fat diet and go for regular exercise. Avoid smoking and alcohol. Nothing to worry much about fatty changes in liver. It is very common condition. Just be relaxed. Hope I have answered your question. If you have any doubts then feel free to ask me. I will be happy to answer. Wish you a very good health.

I was in Vanderbilt heart prepping for L-VAD implanted pump and I was having trouble with teeth chipping and then, they did an X-ray of my mouth as I was complaining of upper tooth pain. They want to pull the tooth, But they saw I had been taking Reclast and would not touch it due to the drug (Reclast) causing jaw breakdown, and tmj got worse causing jaw bleeding out my ear. To have the heart transplant, it must be fixed. Please help! NOW WHAT? Timothy P. Jones.

Dear Timothy P Jones, your problem is not a simpler one. It requires consultation with your previous and present attending medical and dental doctors. Recast that you are taking is given to increase mineral density in men. Now if your teeth are removed in inference with this medication, then it might result in bisphosphonate associated osteoporosis of the jaw. And your bleeding problem indicates towards some systemic disorder which could even be deficient platelets or deficient coagulating procedure in blood. So a thorough medical analysis needed along with your blood reports, recent x-rays and consultation with the doctor who advised you to have recast. Until unless all this is done, you won't be able to undergo heart transplant.

I was wearing body armor jacket. I took a hard blow to my left shoulder. I sustained no damage, just sore. Now, I have a lump about the size of a baseball on my left upper arm muscle. It limits me from reaching out and up with that arm. Will it go away on its own?

Hi, DEAR, Good Evening, Thanks for the query. Bump cause on your left arm muscle is due to Myoma or muscle tear? Or -Hematoma with resolving fibrosis. USG and X-ray would fix the cause of the lump. Treatment would depend on the cause - a-Your ER Surgeon would - a-Tear of the Muscle - could be if needed - repaired after excision of the lump. - b-Hematoma - could be Aspirated or could be . Hope this would help you to plan the treatment with your doctor. Welcome for any further query in this regard. Wishing you good health. Good Night.

I weigh @ 205lbs. The only other health issues that I have is acid reflux and I have had 2 issues with kidney stones over the last 3 years.

Hi, Please let me know if you are obese, have any risk factors like diabetes, or if you are smoking. You have isolated diastolic hypertension, which needs to be treated. Best treatment for BP is lifestyle modification like avoid fatty, oily and high calorie diet. Have low salt diet and monitor blood pressure regularly thrice a day for one week then once or twice a week. Regular exercises like brisk walking, jogging according to your capacity at 30 min a day and 5 days a week. Have lots of green leafy vegetables, fruits, fish once or twice a week, avoid meat. Avoid smoking and alcohol if any. There shouldn't be abdominal fat deposition or obesity. Hope I have answered your query. Let me know if I can assist you further.

In August the CA-125 was at 24. She lived in Missouri. Her family lived in Alabama and she was moved to Alabama 2 weeks ago. She has met with an Oncologist in Alabama and was going to start chemo again this Thursday (the new doctor was taking a different approach) however she says she has not made up her mind that she will not take any more chemo. What are her survival chances how long, etc.

Hello dear, Papillary adenocarcinoma of ovary is having good prognosis. And it responds to chemotherapy well. So better to start chemotherapy as soon as possible for better outcome. Also get done PET scan to know the distal organ spread. If distal organs are not involved then

chemotherapy will definitely Increase life expectancy. Usually life expectancy is less than five years. But without chemotherapy, it will be less than 2 years. So better to start chemotherapy as soon as possible in her case.

In July 2010 I had a prostate ultrasound, which showed a darkened area, but the doppler test that was part of the exam did not show blood flow in that area. I have not had any urinary symptoms. I have had some erectile dysfunction but I am otherwise healthy. I was constipated at the time of the PSA test. Unfortunately all the journal articles and risk calculators Ive found apply mostly to men 55 and over, so Im not sure whether the PSA results are worse because of my age or better.

Hi, dairy have gone through your question. PSA is the marker of prostate cancer. PSA level more than 4 indicate suspicious for prostate cancer. However, PSA level can increase in benign prostatic hyperplasia or prostatitis. So definitive diagnosis depends on biopsy. According to your PSA level there is chance of cancer, but it may not be there. So don't worry much about that. Just go for biopsy and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

Is the treatment correct? I have developed diabetes during the treatment.

Hi. Thanks for your query. Diabetes has to be well under control for the effectiveness of any antibacterial treatment including that of Tuberculosis. The treatment was correct in the initial phase. After the relapse you may need a second line of treatment under the guidance and observation of a Physician. This is important as the same. Secondly, you need to have a proper diagnosis done by Laparoscopy and confirm whether there is relapse or aftereffect / sequel or complication of TB. This is the most important aspect.

Is this a reaction to the ATK 4 ?2. How long for the medication to take effect ?3. Does he need a second opinion / tests for some other ailment ?He is 75 yrs old

1.5-2 years with anti-tuberculous medications. It takes a long time to heal and for the pain to subside. Bed rest is recommended at least for the initial few months. AKT4 usually does not cause body pains unless there is some side effect like hepatitis and loss of appetite associated with this. By the way, I'm not really convinced based on the MRI report that he has tuberculosis of the spine, because degeneration is a very normal physiologic phenomenon at his age. I guess you need to take another opinion from a good doctor for the same. Thank you.

Is this because of the infection or what else would you suggest.

Hello dear thanks for your query at your consultant had prescribed Pack that contains azithromycin, its antibiotic used in upper respiratory tract infection.it will take at least two to three days for antibiotic response to come and control the infection. High pulse rate and fever indicate that infection still present it will take one or two more days.carnitine d will decrease cold and cough. For fever take tab paracetamol 650 mg thrice daily, cold sponging if temperature above 100 f. no other medication is now necessary your blood pressure is now under control only. Regards

Is this normal with the coil.2. Should I have had the coil fitted with my crohns. I take immuno suppressants (Purinethol, Mercaptopurine).Many thanks

Hpeople who have abnormalities of the uterus (e.g., fibroid) that distort the shape of the uterus cannot use mineral coil as it controls heavy bleeding as it contains levenorgesterol but in your case it is not happening, so you have to consult your doctor for further examination. And about you Crohn's disease it is not related to it. But while you are taking immunosuppressants there may be a chance that the coil may not fit you. Thank you.

Is two wheeler riding considered a total ban in my case. I am wearing a belt on doctors recommendation.2.Is climbing steps a ban in my case. I am working as Administrative Officer in an

<p>organisation. I used to carry my office bag in the shoulder. Is it allowed in my case. 3. I used to walk for about three miles in a day. For the last one month I am not going for a walk fearing that the pain may get aggravated. Can I walk. SATHISH KUMAR</p>	<p>two-wheeler is considerably banned in your case reason is simple in bike we are always trunk forward and potholes or speed breaker can increase your pain and nerve compression climbing steps is ok but considering you lookout your posture. Too much stooping while climbing can cause pain would not suggest 3 miles a day. you can walk a mile or so if you want above all first get yourself relieved from pain via exercises with physiotherapist. Then this precautions will help for sure. For further queries you can contact anytime</p>
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Input	Output
It usually runs high in the evening, but this is the highest it has ever read. I take lisinopril 20 mg twice a day (40 mg total) and metorlol 50 mg twice a day (100 mg total). Should I go to the emergency room or wait and call my Dr. in the morinig?	<p>H200/121 BP is very high. As you are already having treatment for hypertension, then this much of high BP is not expected after treatment. * Check your BP once again, if its still high then do consult your doctor immediately as this much BP may lead to bleeding in body. Bleeding can be from nose as epistaxis but if it occurs internally then it might lead to serious outcomes.* Also keep some emergency medicine at home for emergency. You can keep capsule nifedipine (5Å mg) at home and in emergency take it sublingual. You can ask your doctor about this capsule.* Keep an eye on salt in your diet and cut off extra salt from diet and do walk daily. Both these things will help in controlling high BP.* But for now consult your doctor first.* I hope you are satisfied with my answer. Thank you.</p>
It was better the next day, however last night the same thing happened, only accompanied by a major headache. This morning that headache is raging, im nauseous, and my stomach is just overall crampy. Is this some kind of flu bug? No vomiting yet. I turned 21 last week and deprived my body of sleep and had a larger intake of liquor than usual, could this have anything to do with it?	<p>Hi forum. Forum. You had pain abdomen, chills, hot flashes, with temp of 100,2 nights ago, next morning was better. Next night again you had stomach pain, nausea, headache, in the next morning also. It appears to be the symptoms of malaria fever, or typhoid fever, with stomach pain due to indigestion of the fever. I advise you to consult a physician for diagnosis and treatment. You may have to get blood tests done for confirmation. Once fever is controlled all other symptoms will automatically subside. In the meanwhile you take light diet, like bread, biscuits, milk, juices, etc. for maintenance. Wishing for a quick and complete recovery. Best wishes.</p>
It was both estrogen and progesterone positive. I underwent radiation treatment then commenced Tamoxifen 20mg. I was on the 20mg for 10 years, and my surgeon (who I see every 12 months) advised that he would drop me back to a maintenance dose of 10 mg, and wants me to stay on it for life. Most people I know are only on 20mg for 5 years then stop taking Tamoxifen. What are your thoughts?	<p>HelloThanks for your query. The subject you have raised is one that is under intense research and debate. As a standard of practice, Tamoxifen is definitely continued at the very least for 5 years. Newer consensus is emerging that continuing it for longer periods than even 5 years is now recommended and beneficial. There is no scientific recommendation for taking it life long at least. Since you have taken it already for 10 years, I don't see any need for taking it any longer. Wish you all the best.</p>
Ive been stung many times during my childhood and later on during my adulthood. Why this reaction now? I am a 36 year old male.2. Did the alcohol intensify the reaction?Thank you!	<p>Hello dear, I read and understand your concern. No, alcohol never intensify the reaction. But reaction can be gradually increases after bites. So as if you had stung by it many times but reaction or allergy becomes severe thereafter. Taken treatment is right and appropriate. Please prevent bite in future to avoid still more reaction. In future bite reaction may be more severe. Gradually antibodies developed in the body and reaction becoming more powerful. I will be happy to answer your further concern onThank you, Infectious diseases specialist,</p>
laminectomy and formianectomy? in one procedure. From day 1, I could not sit. My tailbone was	

so sore and my right hip in the side at hip joint is so painful, it affects right leg and right foot with some HOT Feeling from the nerve and some slight numbness in the right foot . This changes, there are a few days, I have no pain.but 90% of time since surgery in 2/1/2012, I can not sit on anything soft. Not my recliner, Not my car seat.Can not sit or ride very far without pain. I am limited in doing anything. My surgeon has sent me to a orthopedic specialist in spine fushion. I dont think I can go through another serious surgery. I am not the Dr., but I think something is rubbing a nerve. Is there any other test, to see what nerve is hurting me. Ive had myleogram. Thank you!

Hi Thanks for writing to us, I would advise you to do contrast MRI post surgery, and we need to see for structural changes and impingement of nerve. If there is spondylolisthesis you may need fusion with fixation. If MRI does not show any structural change then epidural injection with local steroid injection can be beneficial. Use lumbar support as instability will aggravate symptoms. I hope that I have answered your query. Let me know if I can help you further. Take care

last night before bed I was at 277

Hi, With a blood sugar level of 511 you should go to ER. With this blood sugar level there may be chances of altered sensorial or even coma. Every diabetic patient should consult planetologist at the time of diagnosis and periodically there after depending upon your blood sugar levels, as advised by doctor. I will recommend visiting doctor whenever blood sugar is above 250. With such a high blood sugar level there may be need for further evaluation and insulin for better sugar control. Hope this helps you, if so do vote.

mid back has two herniations at t-8-t9 and t9-t10. Pain mangemnet has told me there is no way that any of these are my pain drivers and it must be muscular. I have sharp electric pains that shoot out to my ribs and low back when it really kicks in feels like I am being electrocuted and I end up in the ER. Should I believe pain mangement? Are these likely the causes of my severe back pain? How are these usually treated? Physical therapy and NSAIDs is what I have extensively received so far with no relief only worsened.Thank you

Hi I have studied your case and reports MRI shows mild to moderate disc bulge with canal stenosis. Due to compression of this nerve root there can be leg pain associated with it. For these symptoms analgesic and neurotrophic medication can be started. Till time, avoid lifting weights, Sit with support to back. You can consult physiotherapist for help. Physiotherapy like ultrasound and inferential therapy will give quick relief. I will advise checking your it B12 and it D3 level. My patients get good relief with holistic approach like Panama, yoga, and darshan Oriya. You can also start them. Epidural steroid may help. If there is no relief with all conservative measures then decompression with fusion or disc replacement can be done. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care.

mild pleural thickening , 2.subtle air space opacity seen . what does this mean . and what is the treatment for this . any antibiotics .

HelloYour chest CT findings suggests small airspace opacity in lung. It may be due to infection/pneumonitis, small segmental collapse etc. It is generally a benign finding and patient may only need symptomatic treatment. You may need to take antibiotics after evaluation. Your condition need clinical correlation and routine blood investigations. Mild pleural thickening may be sequel of past infection and generally it doesn't require any treatment. Pleural thickening is a healed stage. Take Care .

molar plus front 3 upper for partial denture. had descaling 6/16. came down with parotis 6/20. hospitalized and treated. now have lump on outer gum of pulled molar that hurts. also, cannot open jaw.what needs to be done?

The symptoms you have mentioned in the query, suggests the non-healing of the tooth socket and

also there is a formation of abscess which is causing you the pain and difficulty in opening the mouth. I would advise you to visit your dentist so that he will have a look at it and if there is an abscess he can do the required treatment to induce the healing of the socket. Additionally, you will require antibiotic like amoxicillin three times a day and metro tablets, ibuprofen (if you are not allergic to any medication). Warm saline gargling will be of major help to you. Maintain a good oral hygiene and avoid vigorous gargling. Hope this was helpful. Thanks and regards.

My 19year old daughter has TMJ, when she chews anything on her left side, she gets a clicking sound. What can i give her?2. My Right side of the neck has a node, can this be related to my teeth and gum problem?Thanking you in advanceAnisa

Hello and welcome. Thanks for writing your query. TMJ problems may arise due to altered biting habits may lead to pain in front of ears. This makes mouth opening, biting and swallowing difficult. Teeth grinding habit often alters the biting habit and leads to causal disharmony. Exact diagnosis can be made only after clinical examination. So please visit a dentist and get the evaluation done. You may need an OPG radiograph done for you, which will help in ruling out the problem. Accordingly, treatment can be planned. Enlargement of lymph nodes in the neck is called as lymphadenopathy, and it is a sign of infection. Yes it may be the result of tooth infection spreading to underlying structures, or it may arise due other health problems. Please get the examination done by a physician. I hope this helps, take care.

My Cholesterol is also 6.08, LDL 4.06, HDL is 4.40. Everything I read about Gamma GT has to do with people drinking alcohol but I dont drink any. The reason why my doctor sent me in for testing is I am tired, nauseous and through up multiple times per week over the last few weeks, and my abdomen has always been sore when examined most drs would just say its IBS or admit they dont know why. I will mention I have no problems with going to the washroom or having any camps.

Hi, Your GGT level is not too high. In fact, your GGT level would be considered within normal range as per usually accepted standards. Even if it is high, alcohol is not the sole reason. Liver damage by any means can cause a raised GGT level. Even smoking causes the GGT level to rise. Many commonly used medicines can also be responsible. You can go through the US National Institutes of Health website for patients and their families, produced by the US National Library of Medicine, for more information (<http://www.nlm.nih.gov/medlineplus/ency/article/003458.htm>). Best wishes.

My cough has changed from a dry bark to being a more productive cough. Actually, it is still kind of a bark but more productive than when this began. I now have pain in my back and around my rib cage in front. I am presently on Tamiflu. It has been years since Ive had the flu so just want to make sure this pain is not associated with bronchitis or pneumonia. I did have bronchitis in May and had this same feeling.Thank you

Clinical examination of respiratory system. 2. Chest x-ray 3. PUT (Pulmonary Function Test). Chest x-ray is needed to rule out lung infection (pneumonia). PFT is needed to rule out bronchitis. You may need antibiotics, inhaled bronchodilators and antihistamines. So better to consult pulmonologist, first diagnose yourself and then start appropriate treatment.

My issue is I have single noticed hard heart beats. Just one per time. My bp is 120/70 and ppulse is around 60 to 65 but it only occurs when Im resting not during exercise. My family has no heart disease and i am 37. My fan doc said Im stressed which I am but it is very unsettling

Dear Mr. Brain, I think you have what is called (Extrasystole), it is a strong noticeable heart beat comes sometimes escaping from ten normal beats at least. It is due to stress or anxiety as your doctor said. You should know that the normal heart may experience an extrasystole, so don't worry, it will go away with the stress. But you should do ECG just for routine examination. I hope that is satisfied to you, welcoming any question from you

No one is giving me an explanation. Could this be just my next stage of asthma or something else.

my family history is my dad died at age 51 of a heart attack, My mom had her 1st heart attack at age 41 and died of congested heart failure at age 68, my half brother died at age 58. I am 50, I dont smoke, drink, i am morbidly obese and just got diagnosed with sleep apnea and RLS. I have had so many respiratory illness such as bronchitis and pneumonia I cant even begin to count. I have had 2 sinus surgeries. My cough is embarrassing and I want to know why I am coughing. In 2010 I believe was the year, I received a brand new prescription that had Methascolomine Hydrobromide in it, after 20 minutes of taking my 1st pill of this prescription I was having stroke like symptoms and ended up in the ER room and hospital overnight. A pharmacy accidentally overdosed me with methascolomine is what the ER doctor said is what happened. It was about 1 month after this episode i came down with a very bad bout of bronchitis which turned into pneumonia.

Could this play into my persistent cough? I have seen several doctors over this and no one seems to care to find out the cause. Should i let it go and just deal with it or shall I keep searching for a reason. My thought was-if it is like cancer-lets nip it in the butt but so far i learned nothing.

With the history, it does not look like asthma. Asthma is a type of allergic reaction, presents with wheezing, breath less less with cough. I advise you to get done spirometry, as this will help you find whether you are suffering from asthma or COPD. In your case you have RLS and also may be chronic pharyngitis extending even to larynx. Your CRP shows you are being infected somewhere. Get examined by direct & indirect laryngoscopy and get done once early morning sputum (yellow color) / throat swab culture and sensitivity to treat the infection. You should reduce your weight, do regular 30 min outdoor exercises along with breathing exercises and have only required amount of calorie. Hope this answered your question. Get back with the reports and also detailed explanation on your symptoms for future discussion on your management. Consult your doctor for further examination and management. Feel free to ask me if you have any further queries. Wish you good health. Take care. Regards

Once in a while I would have pains in my upper abdomen like when I still had my gallbladder and it was dysfunctional. It would hurt for a few days and go away. I started ortho tri cyclen three months ago due to a heavy period and severe cramps and the pain where my gallbladder used to be has gotten awful. Somedays it almost has me in tears. I am wondering if the birth control pills are the cause?

Hi! Good evening. If I were your doctor, I would advise you for a review ultrasound of abdomen to rule out recurrence of calculi in the common bile duct, and also with a possibility of pancreatitis as a differential diagnosis specially if you consume alcoholic beverages. Few blood tests like a CBC, a liver function test, a serum amylase and a serum lipase would be worthwhile in your case. I would not consider the birth control pills to be the cause of such intense pain. Till the reports of these investigations are ready, I would advise you with a proton pump inhibitor and an antispasmodic . I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. I wish you an early recovery. .

Our family doctor told that this is age factor. I want to know the cause of pain in left knee and to be got appointment with better treatment

Dear Sir, Sorry to hear about your mothers' problem. It is difficult to comment on her status as you have not mentioned which cancer is she suffering from. Arthritis is a common problem in this age group and usually affects the knees, so the pain can be explained with that. But considering her history of cancer, there is no harm in visiting the doctor once and having an x-ray of that area. Hoping for the best.

overweight, on lisinopril for high blood pressure (which is under control, on the medication). For the last several months, I feel pressure in my upper chest, on the left side, a bit below the collarbone. When I press on the area (the ribs), it increases the pain. There are times when it does not hurt at all. Its not a sharp pain, but rather a dull pain that radiates out to about the size of a small plate. When I push on the right side, it does not produce pain at all, so this is only on the left side. Im assuming that since this has been going on for months and Im still here, that its not cardiac related. But what could it be? Ive had pleurisy in the past, but that pain was located more in the center/breastbone area. Thank you!!

By your history and description, possibility of musculoskeletal pain is more. Your pain is increased by applying pressure on that area. This is characteristic feature of musculoskeletal pain. So better to apply warm water pad on affected site. Avoid movements causing pain. Avoid bad postures in sleep. Avoid heavyweight lifting and strenuous exercise. Avoid pressing of that area. Take painkiller and muscle relaxant . You will mostly improve with all these. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

Presently Riba and Rna testing show virus inactive. Am I contagious to babies or other people through saliva or eating utensils. Mainly, can my grandchildren be infected by me. I am extremely concerned. My daughters pediatrician told her it WAS possible. Please help me!!!

Hi Thanks for posting in . The main mode of transmission of hep C virus is through blood. So blood Transfusion, sharing sharp objects like razors can transfer. Also, household things like sharing tooth brush or towels can have slight chances of sharing. Sharing same food or utensils won't transmit hep C. Your grandchild . I hope I have answered your query well. If you have any more query kindly write back to me. Thank you

Saw the MD and cardiologist on 5/2 and they said everything is fine. On 5/3 started having chest pains went to the emergency room and was admitted. What would can be causing chest pains if your cardiac enzymes and EKG are normal?

HSometimes, these things can be normal and still it can be cardiac pain, especially if it is occurring on exertion and relieving on rest. So if it is like this, she should have one echo and stress thallium test, in order to be more sure. Also, I need to know more about the symptoms, like precipitating factors, factors that increase pain etc. Mostly it's a gastritis and reflux disease. Do you upper abdominal pain, nausea, bloating, burping, increase in pain on food, sour water feeling in throat or chest burning, if yes it further supports the diagnosis? You should avoid fatty, oily and high calorie diet. Have some walk after having food instead of taking rest. Have multiple small meals instead of heavy meals. Have regular sleep habits and avoid stress. Lots of green leafy vegetables, fruits. Avoid smoking and alcohol if any. You can get prescribed tab Pan DSR 40 mg before breakfast once a day for 2 weeks. Secondly does this pain increase on applying pressure over the area, if yes it could be Costco . Does this pain increase on deep breathing and coughing etc. if yes it a pain arising from lining of lungs and needs NSAIDs treatment and evaluation.

She also has a severe headache and is experiencing sharp pains on her right side during normal breathing and coughing. Shes been taking Vicks Day Quill gel capulet every 4 hours.

HelloYour wife is having sever headache with high fever 104.1 degree F and severe pain during breathing and coughing. These symptoms may be due to these possibilities, these include.1 Pneumonia or pneumonitis (consolidation) on the right side lower lobe. This causes high grade fever with intense headache accompanying coughing. Diagnosis can be confirmed by X-ray chest. Get in physical examination as this is important in this type of case.2 Malaria is the 2nd most probable cause of such high grade fever with sever pain in head. Coughing may be associated with malaria. Usually very high grade fever and intense headache are characteristic features of malaria. As mild degree chills also present with malaria. Diagnosis can be confirmed by blood film .3 Flu or

common cold may be the another reason, because sometimes due to bronchoconstriction patient feels pain during breathing and coughing. In my opinion consult a physician and get his opinion as physical examination is important. Hope this will be helpful for you.

Input	Output
She is having trouble remembering names of people or things she has said. She becomes mean and hateful at a moments notice. She is scared of everything. She says that people in our extended family are out to get her and she is extremely paranoid.	Degree understand your concerns went through your details. Memory loss of an elderly lady with delusional disorder. Delusional disorder as the prominent symptom and memory loss occur in the dementia, which are syn . Because delusions can be shown as part of many illnesses, the diagnosis of delusional disorder is partially conducted by process of elimination. If the delusions are not accompanied by persistent, recurring hallucinations, then schizophrenia and schizoaffective disorder are not appropriate diagnoses. If the delusions are not accompanied by memory loss, then dementia is ruled out. If there is no physical illness or injury or other active biological cause (such as
She says this indicates cancer (did I mention her bedside manner sucks?). I have been having problems with a couple of teeth for the last 4 months and have had several procedures done on them and I am going back again this week. Seems coincidental that my WBC was high the last two times and fits in to the time period of the tooth problems. I should mention that I smoke which probably doesnt help. This is the first time I have had a high WBC without a valid reason for it (i.e. sinus infection, diarrhea etc.). Should I be freaking out?	Hi! ! The normal total leukocyte (white blood cells) count ranges from 4000 to 11,000 per microliter in an adult. White blood cells help protect the body against diseases and fight infections. There are numerous causes for increases in neutrophils, lymphocytes etc. but the most common cause of Leukocytosis is secondary to infection (localized or generalized)or tissue necrosis due to any cause, in your case it can be due to infection in your teeth. The degree of leukocytosis depends upon several factors like its cause, severity of the infection, resistance of the body, localization of the inflammatory process (greater neutrophil leukocytosis is produced by a localized disease process rather than a generalized one) and modification by treatment. Your WBC count is only slightly raised so don't worry. A course of antibiotics will bring it down. Take care!
Should I be concerned about this MRI? At the height of my depression, I was in bed for 3 days with severe headaches (I also have cervical spine degeneration) but I actually felt like I had had a mini-stroke. Has my brain had little mini-strokes, thus the ischemic changes?	Hello. I read your query and I understand your concern. Technically speaking those ischemic changes are a part of the stroke spectrum, meaning it is a case of an occluded vessel not supplying enough blood. However, it is the case of very small vessels and what your neurologist meant is that a certain amount of these changes of small vessels happens in many people over the course of years and are not responsible for your symptoms, can be found in many other people your age without any symptom at all. If these changes are markedly widespread it could be a cause for cognitive changes, I can't evaluate that without the images, but since he has told you they are average for your age I suppose he has considered that. So you shouldn't be concerned too much, although you should pay attention to blood pressure and high cholesterol to lower your future risk of stroke (a recommendation which would be given even without that MRI). I hope to have been of help.
Should I be worried?	HI can understand your concern. The red flat spots around mouth indicate presence of allergic reaction or viral infection. As she is vomiting too, it seems more like to be a viral infection. I would advise you to visit a pediatrician for the physical examination and investigations regarding viral infection. Confirmed diagnosis and treatment can be based on the test reports. I hope this

information helps you. I wish your daughter feels better soon. Best,

Should I be worried? Can you have complications this far out after the initial onset of the flu?

Thanks for posting your query OT . Swine flu is a viral infection of respiratory tract.when it gets complicated causes infection to sinuses and ear also .you need to be careful as you are having repeated infection. SO contact to a ENT surgeon and undergo examination of ear and sinuses to rule out any pathology in that part .besides this you improve your immunity by taking good nutritious diet, and you can also take multivitamin capsule as low immunity favor viral infection . Take care.

Should I have my MD increase my dose or try another medicine in case I have developed a tolerance? What do you recommend trying?

I understand your concerns went through your details. I suggest you not to worry much. ADD is a mental disorder which needs medicines and lifestyle changes for cure. You should know that these problems are not mental diseases, but are mental disorders. Many researches and researchers confirm that medicines alone cannot cure mental disorders. Exercise, Lifestyle changes, change in thinking pattern, relaxation etc. are as essential as medicines. Psychotherapy can help you to change your lifestyle and thinking patterns. Yoga and meditation help you to streamline your metabolism and neurological balance. Please consult a psychologist for further information. Psychotherapy techniques should suit your requirement. If you require more of my help in this aspect, Please post a direct question to me in this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

So I waited a few months when the botox was out of my system and noticed my wbc was back up to 3.7.Is it not safe to use botox? Could this decrease my wbc?

I understand your concern. I am , infectious diseases specialist, answering your query. In my opinion you should not worry taking Botox. Botox has nothing to do with the WBC count. It will be by chance error that had happened in WBC count in your case. You can confirm it by second time when you start Botox again. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

Started coughing up slightly pink froth and now that most symptoms have subsided I wake up in the mornings and cough up large quantities of bright red blood. Once my lungs are clear, there is no more coughing for the rest of the day. I had a 5 day course of zpac. Was prescribed a 5 day course of levoquinone that I refused due to its dangerous nature. Will the bleeding stop? My fever is gone and I feel almost normal. Just blood in the morning.

Clinical examination of respiratory system. 2. Chest x-ray 3. PFT (Pulmonary Function Test). Chest x-ray is needed to rule out lung infection (pneumonia). PFT is needed to rule out bronchitis. So consult pulmonologist and discuss all these. First diagnose yourself and then start appropriate treatment.

Suffering from Asthma for over 30 years.. 2. Diagnosed with Breast Cancer 5 years ago . treated with laser and has been sort of been contained fortunately two years back and not currently spreading.3. Diagnosed with Hepatitis C 4 years ago. and under treatment. About 4 months back her belly started to fill with water and had to be removed every 1 month twice and later every 15days and now every 7-10days.Doctors are advising to have a TIPS procedure done to let the water out continuously.4. Diagnosed 4 months back with high sugar levels and advised to administer insulin regularly.Please advise, what should my wife do immediately to ensure she is not getting any infection from her moms used insulin needle? Thanx

Good day, and From your story the only transmissible infection your wife can contract from her



mother is Hepatitis C. Asthma, breast cancer and high sugar levels cannot be transmitted through needle prick. However, the risk of contracting hepatitis C via needle prick (insulin needle) is extremely low. No need to panic my dear brother. However, you can take her to the hospital, she will do a baseline test on Hepatitis C (Antioch and liver function test especially alpine amino transferase) and the test is repeated 4-6 weeks after. Hope it helps. Thank you.

that night i went to dinner with my parents at souplantation and took my first pill of my fifth month of tri sprintec at 6pm. At 3am the next morning i woke up feeling nauseous and threw up a few times. I had diarrhea, sweating, and shaking/chills. I thought it had to be food poisoning. The next few days I had been unusually gassy. But for the most part felt fine. Then last night, I ate rice with a lot of sliced garlic in it, and got really bad heartburn. I have acid reflux disease so ive had heartburn before, but never this bad. I couldnt sleep much due to the feeling that i would throw up. I got maybe four or five hours of sleep total. Today I also dont feel that great, but Ive also been thinking about the possibility of being pregnant. Ive been very thirsty, but still have a dry mouth when i drink. I have diarrhea and occasionally constipation. I took a clear blue pregnancy test today and it came up negative however I am worried that it is not accurate because it is too soon. Could I be pregnant, or could I just be over thinking and worrying too much? Or is it possible to still have food poisoning, if thats what it was?

Hi, As you had unprotected sex, you should take emergency contraceptive pill like Plan B, rather than taking Tri-sprintec. Yes it is too early for a pregnancy test. I hope this information has been both informative and helpful for you. In case of any doubt, I will be available for follow-ups. If you like my answers kindly rate it, and write a review as well. Please do not forget to accept it. Thank you, Wish you good health. . .com/doctors/

the dr who I sent my mri to (a va dr). had his nurse call me and told me to quit complaining, there was nothing wrong with my lower back. the va dr never saw me or ask me any questions. what can I do to lower my pain levels, as they affect my everyday living. I can and do receive pain meds at my local hospital. dont tell me about shots in the lower back (over 30 times)cant do that any more.

Hi and thank you so much for trusting us with your health query. I am so sorry to hear about this persistent pain. If the current doctor would not attend to your repeated concerns about this pain, I will suggest that you get a second opinion from another physician. Besides, your pain medications should be titrated to a level that permits a pain free life to improve the quality of your live. This can be done with powerful medications. Also try physical therapy, and get a neurosurgeon consult to evaluate for the possibility of surgical management. I hope you find this helpful. Thank you so much for using our services, and please feel free to for more information or clarifications if need be. I wish you the best of health.

The last statement is a condition that was diagnosed when she was 9yrs. However the other comments were not on her previous xrays. What are our treatment options?

Pars defect means defect in posterior arch of vertebra. Scoliosis is lateral bending of spine. Since she is 17 years old this can be treated with brace. U should take visit ti spine surgeon and get examined.

The same night i was addmitted back to hospital i was there for 4 days i was told i have a built up of blood where the drain came out. Before i came out they took a scan they said it was all right but i was still in alot of pain and feel quite ill they told me to see my doctor so after a week i did so he put me on two courses of antibiotics one was 400 mg the other 375 mg for two weekes. After two i had a rest to see if it was any better but it is still the same, i went back to see the doctor today and he send through to get me a scan as soon aspossible can you give me any advice be very grateful

thank you .

This particular lab considered my lipase of 259 normal. Their range is 23-300. I know this is high, especially for me who has no history of illness. I am concerned and will be making another appointment on Monday. I am freaking out because all I can think of is Pancreatic cancer. Please offer me some advice or suggestions. Thanks, J

Very tight in buttock area and tightness in left hamstring. The terrible pain before the surgery is gone. My hips have been hurting very much when sleeping. I have to flip from side to side every hour in order to sleep. The pain is not only in the hip I am laying on but the other one also. Any thoughts?

We are now 2.5 months out. Within the last week he has started to have lots of chest pain, soreness in shoulders, neck area. About 2 wks. ago he helped put up fresh veggies and was lifting containers that was quite heavy. He did not report any pain, etc as he was doing this. The above systems started about 7-10 days later. Tylenol has helped some with the pain. Hes tried ibuprofen and that seems to help alot. We think this could be inflammation being as the ibuprofen helps. We go back to Jacksonville FL tomorrow (6/20/1 to see cardiologist. On Tuesday (6/2 they are planning to do an angiogram and put stents in his eliact arteries to get better blood flow to his legs. Question: Do you think its okay for him to take any Ibuprofen prior to Tuesdays stent placement?Also he is 59 yrs, 56, Weighs 144, is diabetic (low sugar), also has pace maker and takes meds for high blood pressure. His surgery consisted of 4 by passes.

Hi . I understand your concerns and I will try to help you as much as I can. This is common complications of gallbladder surgery and may happen if blood vessel is damaged, or it bleeds for the liver bed. You need to do ct scan and check our red blood count in most cases it can be treated without surgery but sometime sit is required do evacuate hematoma and cingulum if antibiotics won't work. I hope I have answered you query. If you have any further questions you can contact us in every time. Kindly regards. Wish you a good health.

Hi and thanks for using this panel for your questions. I am sorry about what you are experiencing right now. Thinking of the worst possible diagnosis is most common among health professionals. I am not surprised you are thinking of pancreatic cancer. I am not exactly sure why you have this pain but I will tell you why Pancreatic cancer is not anywhere near the top on my list. Pancreatic cancer occurs in older individuals who have a significant smoking and alcohol consumption history. They present with wasting, jaundice, and this really constant annoying pains at diagnosis. You are no where there. Also, high lipase levels are more common with inflammation of the pancreas and not cancer of the pancreas. If the lab says this falls in the normal range, though close to the upper limit, please it is normal, and you should consider it so unless otherwise. I will strongly suggest that you get this thought of cancer out of your head. The mere thought of this is enough to make this pain very real which in reality may not really be the case. Tell yourself I am okay and say that as many times as possible until you get the feeling of having cancer of the pancreas out of your head. If you need the services of a psychiatrist to do this, then please consult one. I hope it does not turn to be a case of Hyperion .getting increasingly worried about having a dangerous illness despite prove to the contrary. I hope this helps. I wish you good health. If need be, I am more than happy to talk more with you.

If I understand correctly you are referring to a pain behind hip joint assuming it is hip pain hip joint pain comes as a spot pain in front or at the side of hip joint you are referring to what we call sacroiliac joint dysfunction, start walking in place for 5 min pain will improve even go away completely this is normal after being pain free you are regaining normal alignment , do daily jog exercise multiple times a day you will be fine Good Luck

NAS IDs all non-steroidal anti-inflammatory .ibuprofen will relieve the pain, but it will worsen the

heart your father is a post CABG(by pass) patients even in rarest of rare scenario if ibuprofen is taken we should know the left ventricle ejection fraction of heart any regional wall motion abnormality which is depicted in 2d echoic he is feeling pain tramadol derivatives with paracetamol can be taken as and when required and its very safe comes under brand name tab attract As he is going for an angiogram and angioplasty no anti inflammatory should be given as NSAIDs precipitates congestive cardiac failure in cardiac patients as he has taken painkillers in past a 2d echo plus kidney function tests are mandatory for him before getting dye injected thank you

Went ahead and took my Ramipril 2.5mg. and Sotalol 80mg. This evening while laying in bed I felt a strange pain across my chest and a little less in my back.thought maybe I needed to put my arms down since I had been having them at the back of my head while watching TV. Thought I should take my blood pressure again and now it is 138/89 with pulse at 79. What could be going on and should I be worried? Thank you!

Any antihypertensives used2. Salt intake3. Hy . Level of anxiety or stress5. Associated conditions like Diabetes, obesity etc. So please do continue your antihypertensive medications as per schedule and check your pulse and BP once in a week. If the pain across the chest is persisting go for a EKG asap and consult your doctor with the EKG report. Hope I have answered your query. Stay fit, good luck.

went through Physical therapy for six weeks, course of steroids and NSAIDs - was feeling great for about 3 months. did something the other day and im in agony.other than taking more NSAID and ice any other suggestion for alleviating pain? doc cant see me until later next week

Hi, Thank you for posting your query. The pain in your case is neuropathic in nature, due to compression of nerves in the lower back due to herniated discs. This pain generally would not respond well to NSAIDs alone. So, I would recommend using pregabalin or gabapentin capsules, which are specific for relieving neuropathic pain. In addition, if pain does not subside, epidural injections may be given. I hope it helps. Please get back if you require any additional information. Wishing you good health, . Ly/

What does a narrow pulse pressure mean?

Regarding your concern, I would explain that your systolic blood pressure values are really low. I would recommend consulting with your attending physician and performing further tests to investigate for the possible cause of low blood pressure and low pulse pressure: - a cardiac ultrasound and resting ECG to examine your heart function and structure and exclude possible heart failure which could lead to this symptomatology- a chest X-ray study-some blood lab tests (complete blood count for anemia, thyroid hormone levels, cortisol and aldosterone plasma levels, blood electrolytes, kidney and liver function tests). Meanwhile, I recommend taking plenty of fluids to remain well HY . Caffeine would also be useful. I would also advise you to avoid straining physical activity and staying in hot places. Hope you will find this answer helpful! Best wishes,

What else can I do? Should she have vomiting when her temp rises with a sinus infection?

Very high fever and vomiting is more in favor of pyelonephritis than a sinus infection. If the fever and vomiting continues or gets worse, please get her admitted to a hospital. Oral antibiotics will not be enough. She will most probably need IV Antibiotics and hospital care for the high fever. Very high fevers can be damaging to the body. Since she is only 6 years old, pyelonephritis can progress very fast and damage her kidneys too. Not saying this to alarm you, but I really think your daughter needs to be taken to a hospital and treated as an inpatient until her fever breaks. She will need additional blood and urine tests. Fevers, vomiting and headaches is also a presentation of meningitis, and you can never be too careful. Please take care. Good day to you.

Input	Output
Will be right to meet a dermatologist. Please suggest me a remedy.	I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, acute or chronic medical conditions, . From your description, it seems you might be having Halogen Effluvium, which is hairball secondary to stress. If I were your dermatologist/trichologist, I would like to take through history including family history, history of recent major trauma/illness/stress/medications etc. and recommend some basic investigations like CBC, blood sugar, Thyroid function test. Some other special investigations like pictogram and endoscopy and further aid in diagnosis and prognosis. I would suggest you a course of oral tablets containing biotin and other essential vitamins and minerals for minimum 3 months. Also, would put you on solution containing 5% minoxidil once a day and a hair serum containing peptides for hair growth at night.(Groupie solution etc.). I would advise use of gentle shampoo and conditioner on regular basis and use of coconut oil twice a week. Also inquire from your dermatologist about upcoming treatment options like monotherapy and platelet-rich plasma. Avoid combing in wet hair and let them

Wondering whether my spleen is enlarged or whether other possibility. I know this is complicated and I need to go to oncologist on Monday. Thanks.	Hi, Thanks for writing in. Non Hodgkin's lymphoma is due to the uncontrolled proliferation of cancer cells which have altered DNA changes which are usually acquired after birth. Such acquired changes may result from exposure to radiation, cancer-causing chemicals, or infections, but often these changes occur for no apparent reason. Its incidence increases with age. It involves enlargement of spleen and lymph nodes. Among the common cell mutations that are seen in non Hodgkin lymphoma, most cases of follicular lymphoma (a type on non Hodgkin lymphoma) have a translocation between chromosomes 14 and 18, which turns on the bcl-2 oncogene. This stops the cell from dying at the right time, which can lead to lymphoma due to proliferation. Please do not worry.
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-----L5 spondylosis . what shall I do to rid the pain and what is the cure for it. Thank you	Hello there, You need immediate rest for a couple of days and a back belt (LS BELT) of good quality. avoid prolonged standing and stair climbing. Better you start few sessions of Physiotherapy like Short wave diathermy, Intermittent lumbar traction, Inter referential therapy, Spinal mobilization, Myofascial release technique, Continuous mode ultrasound therapy, Back isometrics exercise, back extension exercises. Once your symptoms are reduced and under control you can join CORE STABILITY AND PILATES CLASSES under a supervision of a Physiotherapist. Wish you a speedy recovery.
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, 2012. 4weeks after I had a Depo shot (first time ever) and bled for 5months straight. I did not continue on with the shots after the first injection. In addition, within 6weeks after havin my child, I had two kidney stones in my left kidney. They were surgically removed. As of January 2013, I now have three stones back again. Two in my right and one in my left. I have heard many stories that the Depo shot may cause kidney stones. Is it possible that this one Depo shot has caused my kidney stone appearances?	Hi and thank you so much for this query. I am so sorry to hear about these recurrent stones in your kidneys. Depo shot can cause kidney stones in people who have the tendency to form kidney stones. It does not happen to everybody. Because your occurred during your shot, it has enhanced an already existing predisposing factor to make these stone formed. Also, demo effects should have been long over after you stopped using it. Still having stones means we need to explore further. Factors like not . I will like you to meet with your doctor who should look for the
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predisposing factor(s) and ad

(i was told thyroid problems.my thyroid has to work xtra hard to work). My doctor s nurse contacted me with the results and scheduled a phone meeting with my doctor. Unfortunately, I woke up late and missed the meeting. Called the clinic right away to reschedule but not able to get in until 6/23. I m upset because.I m tired of suffering. I ve gone back to work after my accident but have had to work on my feet all day with swollen ankles. I have swelling in both feet, but more so in my right ankle. By the end of the day from work I can t even walk. It so bad. I travel to and from work by bus and have to walk to and from bus stops. I ve missed some work because of it too. (more lately). I ve been having a lot of charley horse cramps in my legs. They re more like ATTACKS. So brutal and so hard to subside. Last night I was awoken at 3:00am.started with 1 in my right back of the upper leg, then got another one same area in my left leg. (So had the both together). They re so bad I think I wake up the whole apt. complex.crying with agony and pain. I m mentally & physically exhausted having to go through this. I m depressed. I do take depression medicine celexa and have been for many years. (with the exception having no medical, went off it cold turkey for 8 months). I ve dealt with this long enough and I m tired of it affecting my job performance wise and absenteeism. I ve told my doctor about this and I have followed everything she s recommended to help while I m working.(compression socks, extra breaks putting my feet up, anti inflammatory pills). My doctor is on vacation now. Even though I missed the phone meeting.could t she of recommended something in the meantime? I don t want to lose my job over this. But I m afraid I may be getting close. I ve been at my employment for 4 years. I do housekeeping & laundry for a nursing home facility. I am 48 yrs old. will be 49 in August. Please can you provide some suggestions. Thank you. (sorry about the note length). I APOLOGIZE I THOUGHT THIS WAS FREE ADVICE. I DON T HAVE A CREDIT CARD. THANK YOU ANYWAYS. I APPRECIATE YOU READING THIS. I LL FIGURE SOMETHING ELSE OUT. (i hope).

Don't worry.this swelling is common after fracture fixation and prolonged period of immobilization of the joint. Do full laboratory investigation(CBC.liver and kidney enzymes. Blood sugar. Serum uric acid). Do X-Ray on your leg and your swollen ankle. Don't hang your leg down. Always keep them produce your physical activity and reduce mental stress as it may exaggerate the pain. Be sure you Will practice your work as before

(range should be i guess 1-6). after one week my fever is coming back to normal but still evening has some rise in fever say 99.5. but i am having acute back pain. does it is associated with jaundice, typhoid ?

Thanks for posting your query to . There are a lot of causes for fever but as I understand it is unlikely to typhoid as in this condition fever is high grade and continuous and there is no raised eosinophil count. If you are suspecting jaundice go for serum bilirubin test. Raised eosinophil count with fever suggestive of some kind of allergic condition or parasitic condition .your problem appear to be.filial illness. So you should investigate for blood film examination for filial parasite.after confirmation I will suggest treatment.presently for fever you can take paracetamol 750 mg (adult dose). Feel free to contact. .

(test indicates 9-46 U/L is normal). I have recently taken to consuming apx 500-700mg of ibuprofen for a tooth ache. can you tell what is going on with my liver? is this something I should worry about. My doc has me set up for hepatitis series next week to check that.

HelloIncreased ALT may indicate liver injury. It may be due to many reasons like hepatitis, alcohol intake, altered lipid profile,autoimmune causes etc. You may need few more investigations like routine hologram, random blood sugar, lipid profile, ANA estimation, viral markers, urine RE/ME, ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg twice daily for three months

to my patients. It helps in regeneration of liver cells. Further requirement of medicines depends upon findings. Findings are not related to recent intake of ibuprofen. Get well soon. Take Care .

(This is normally 15 for me).--Ulcerative Colitis. (diagnosed, but untreated).--High Blood Pressure. (10/5 mg per day Lotrel).--Depression. (40mg/day Celexa).--I have lost 30 lbs over the past 18 months without trying.--I have started taking an OTC iron tablet everyday.--I also take DHEA in an effort to stave off old age. (obviously not working).

1000 is too high platelet count and needs to be reduced to avoid risk of thrombosis. 2. 16 count is only mild elevation and is not of immediate concern. Differential count and presence of immature cells, if any, are more important. 3. You might require platelet apheresis during the immediate period. Medications like HY . Discuss with your doctor regarding medication and prescription. Platelet count should be brought within the normal range. Hope it helps. Any further queries, happy to help again.

& is it contagious if there is no active open soars. I have had cold soars since 2 grade and my friend had recently decided I gave him an STD and He just never had a choice. I thought only the fluid inside was contagious & take Acyclovir at the first onset, Thank you as much info would be greatly appreciated!!!

Hi I understand your health concern, I suggest you are mixing the three viruses first is hepatitis, second is herpes simplex and third chicken pox virus. All three are different viruses and any once infection won't cause recurrence of others. I will be happy to answer all your future concern. Thank you, Infectious disease specialist. Wish you the best health at .

& my blood group is o positive. I have a diabetes around 190 points. My partner age is 25. & her blood group is AB positive. we are plan to marry in november 2014. Please advice reg. our blood group. & my diabetic problem.

Hi, I have read carefully and analyzed your concern. I understand you are worried about that some problems might inherit to your children. Let me assure you there is no harm to your marriage, if you are a diabetic or what blood group you have. Regarding your. If you are a woman with type 1 diabetes and your child was born before you were 25, your children risk is 1 in 25 if your child was born after you turned 25, your children risk is 1 in 100. If both you and your partner have type 1 diabetes, the risk is between 1 in 10 and 1 in 4. In general, if you have type 2 diabetes, the risk of your child getting diabetes is 1 in 7 if you were diagnosed before age 50 and 1 in 13 if you were diagnosed after age 50. Some scientists believe that a children risk is greater when the parent with type 2 diabetes is the mother. If both you and your partner have type 2 diabetes, your children risk is about 1 in 2. In my opinion, there is no harm in marrying her. I wish you best of luck. Hope I have answered your query. If you do not have any clarifications, you can close the discussion and rate the answer. Wish you good health.

1/17/2014. A couple of hard blows in my face, mostly in the right, including my jaw. 2. 1/18/2014 Dizziness the next morning combined with severe vertigo, but no vomiting or nausea. 3. 01/28/14. Ear pain started. Headspinning continues when my head changes position. 4. 01/30/14. Began amoxicillin treatment and neomycin drops. Pain stopped 02/02 5. 02/05/14 Pain came back, still taking amoxicillin orally and neomycin drops (in my ear) and aleve for pain. 6. I've done the Epley maneuver, 4 times. It has not worked. My questions: Do you think that blow to my face injured something in my ear? What should my next step be? Should my prescription be changed?

! From my clinical experience I can say that you have suffered an injury to nervous system (due to the blow on your face). It does not appear to be due to infection (that is why antibiotic will not work properly in subsiding it). You should get an MRI brain to rule out any injury / concussion syndrome. Get visual screening test done. I would advise that you should see a neurologist and get your self

thoroughly examined. Any further change in medicine should be done only after complete investigation. Hope the reply is usefulPlease feel free to ask more questions

10 years ago. I have an interior pump that delivers 16mg of morphine daily. Now about four weeks ago my right thigh begin to swell and hurt almost like a tooth ache thobbing but it gets mors painful if I put pressure on it. like to press toes down or pull them up. the swelling eases up but never goes away. also he thigh is not tender to the touch. any ideas

Hi, thank you for providing the brief history of you. As you have swelling and also undergone surgeries of spinal fusion in the past, this could be related to that as well. Even vascular insufficiency is one of the other factor to look forward with. Trying out physical therapy should help you strengthen the muscles of the core as well the lower limbs which will ease swelling as well. In my clinical practice such cases of past spinal surgeries face such issue, and they respond well to physical therapyregardsJay In .

141 97 69 last reading was 143 107 . What should I do

Hello! I read the question and understand your concern. In my opinion the troubles you have may be related to a brain problem. It may be a benign condition called transient global amnesia or just stress. Low blood flow to the brain , an ischemic transitory attack or an even a tumor may cause these problems. I would recommend you to go to the doctor, have a neurological examination, a cardiologist consult and a full blood work up. Your blood pressure is high. If the problem persists an EEG and brain MRI may be necessary to rule out serious underlying causes to this situation. Hope to have been helpful! Best wishes

160lbs. Healthy. Caucasian. Any advice or comments?

You for your query with , it would have better if you had mentioned when did you fell dizziness after the surgery or one day after surgery because if it is after surgery, then it could be of less bloc supply to brain due to chair position for a long time which called as syncope which will come back within mins nothing to worry about it. If it is after one day of surgery, you are on .

185. and male. I have had a complete loss of appetite today, and from the second i woke up have felt pains in my ab region. sometimes in my right side and in the mid region too. I have gone to the doctor today and there nothing he could really do at the time as my blood and urine sample were fine. This pain is still consistent. What should i do?

1.) any difficulty in passing stool/loose stools2.) any complaints of belching/regurgitation. Considering your age and your symptoms and with history of sudden onset, and your blood and urine sample is with in normal limits, it's highly suggestive of disease called acute gastritis . My advice is to . I usually prescribe my patients T.pan 40 mg 1-0-1 (before food) spy.genus (antacid) 2teaspoon Thrice daily for 1 week .if symptoms persists I prefer to do endoscopy and to consult general surgeon. I would be glad to provide answers to any further queries. Thanks for using Have a good day!

2 days after that, i started having pins and needles over the posterior part of my left thigh and lateral part of left foot and weakness of my left calf . I was started on celebrex 400mg od and baclofen 1 tablet bd. Since then the pain has greatly subside. I would say 80% of the pain has dissappeared. The pins and needles and my calf weakness however has not improved. I can extend my foot but am completely unblen to tip toe . Can anyone suggest if surgery is indicated or can it still be treated conservatively? Do calf weakness return back to normal either with or without surgery? How long would it take to recover?

Dear Patient, Diagnosis: PIED L4-5 & L5-S1 With LEFT L4 &L5 RADICALIZES & LEFT L4 & L5 RADICULOPATHY For your case, at the time of presentation, you could have been treated conservatively for 3 weeks with bed rest & symptomatic medications & no traction at all.

Considering progressive neurodeficit viz. foot & toe affection & calf, you are a candidate for POSTERIOR DECOMPRESSION OF LEFT L4 & LEFT L5 NERVE ROOT & DISCECTOMY AT L4-L5 & L5-S1 LEVEL. With surgery, you can appreciate reversal of weakness & recovery sooner from first 24hrs of surgery up to 3 months similar to absolute conservative treatment algorithm of mine. I wish you all the best.S. Orthopedics & FELLOW IN SPINE SURGERY

2 months ago I started doing high intensity on elliptical to build leg muscles, forward and backward movements. Played kickball with 10 year old and power walk. I noticed that entry wound started to swell and became painful, Ice would help so I only focused on power walk and icing after. 6 weeks ago I fell gently on knee now I can't bend it without pain and swelling above knee cap, pain left side of knee and back of knee when I attempt to bend knee, and swelling will not go Down neat entry where screw is. I lost job so no insurance since I have to pay cash I need best advise how to peruse treatment.

Dear patient You have got injury to knee which already has reconstruction of ACL 4 years back. Pain with swelling and difficulty in bending the knee might be due to tear of reconstructed anterior cruciate ligament or recent meniscus injury. This must not be neglected. I would like to advise MRI of involved knee to confirm diagnosis. Visit radiology center nearby you and get it done. Meanwhile, wear long knee extension brace and avoid bending and taking weight on involved limb. Apply ice packs to reduce swelling. You need to consult expert arthroscopic surgeon with MRI report. All the best.

2 pain white spots on roof of my mouth and a red tongue spots. Im married for 2 years. I got married after I got tested for HIV. So after 3 months from my marriage my wife got pregnant and we have healthy daughter have healthy daughter, and now my wife is pregnant. She need to be tested -ve on Hiv 1/2 ag ab plus O which was her screening at 5 months of pregnancy. I am really worried about her and my case. Should I go for a 4 gen or a NAAT test? And how much percentage will you say that I don't have HIV+? I sometime think that my body didn't produce antibodies so far. Please say your advices?

The white spots over the palate and the red spots on the tongue can be a fungal infection like candidiasis. Nothing to be panic, consult an oral physician and get it evaluated. Regarding HIV infection, consult a general physician and get it examined. You need to get investigations done to rule out HIV infection. I hope my answer will help you, take care.

2) I have what seems to be a swollen lymph node on my left collarbone. Any suggestions?

Hlt is important to know how much your liver enzymes have been elevated. If it is elevated two folds than further workup needed. Kindly mention you are using which medication. For the swollen lymph node, you can wait for one week. If remain persistently enlarged than FNAC can be done for further work up to rule out nature of the lesion. If FNAC shows reactive lymph node enlargement than no need to worry. Hope I have answered your query. Let me know if I can assist you further.

2010 after being sick in pain for 4 month. He was treated with kemo for about 6 month and i shrank, but not the last time in the month April, so they started giving him a new type of kemo, and we just got the result yesterday that til got 20% bigger that in may, now they say that they have given him the only 2 types of different kemo treatment they have in Denmark, and the only thing they can offer him is to put him up as candidate for an experiment ( not kemo ) Do You have any experience with that type of disease or know anyone in the world that has? Regards Heidi

Good morning. Your father seems to be suffering from cancer of unknown primary, and he has already taken two lines of chemotherapy. As the disease grows the chances of further chemotherapy working on the tumor become less. As your doctor rightly said, best for your father would be to put him on some experimental therapy. You should go ahead with this trial form of



therapy as only this can lead to best results. Regards

Input	Output
38kg. Ive gone an operation of soft palate in the year 2002. I have just received my result of plain CT Scan. Negative finding for brain yet there is remarkable of Poly Sinusitis affected from left ear and nose. May i know What Poly Sinusitis really about and how did i ever have that kind of sickness??	<p>I have gone through your query. Poly sinusitis is the inflammation of multiple sinuses at one time.</p> <p>The other term we use commonly for this is pan sinusitis. Usual sinus which is affected commonly is maxillary sinuses on both sides of nose. But others like frontal, sigmoid and ethmoid sinuses can be affected at same time also. Irrigation of sinuses, using nasal decongestants, anti-inflammatory .</p> <p>If that is not helping then endoscopic examination and correction might help. In some cases surgery will be needed. Hope this may help you. Let me know if anything is not clear. Thanks.</p>
4 years back i had to under go a nazal surgery, pre-operation tests confirmed hcv, but after further tests doc decided to go ahead with surgery, latter i got six months liver treatment but didn,t go for post-treatment tests to make sure that whether therapy was successful or not, although i feel perfectly alright now but i want make sure whether im hcv free or not, plz guide me where to start ? Or what tests i should go for first?	<p>Hi . After infection with hepatitis c infection, chance of getting Chronic infection is very high. There is no particular antidote for hepatitis c .if antiglobulin like antibody given at the time of exposure within 72 hours then it might help, otherwise it is your immunity that play role in clearing infection.</p> <p>Now six months had gone . So to confirm its negativity perform ELISA or PCR like molecular method. If it comes positive then regular follow up to gastroenterologist done.Meanwhile, avoid alcohol . Take care.</p>
5 7 69 kgs. no arrythmia was found.	<p>Sir treadmill test is not the gold standard test blockages in coronary arteries, rather in your (athlete), it sensitivity 75-90% and specificity 55-75%, it means in spite of it being positive 25%, times in spite of it being positive, the other specific test will be negative. However, the only way to find out is to do further test for once. Because as you describe yourself and if you are a nonsmoker with no diabetes, getting CT coronary angiography or thallium test are alternative s Regards .</p>
5 years later another car accident, er doctor gave me a neck xray and 4 ct scans of my head, approx. 6 mo. later skin cancer rt. shin and left calf. no other time in my life have I ever had cancer, more serious than the first time but in the same location, what are the odds ? coincidence?	<p>Hi, Thanks for writing in. It is possible that after getting wound, the skin has not healed properly. It happens only in some people and this can give rise to a cancer. Cancer is a difficult disease to treat and requires close monitoring. Unfortunately you have developed a second cancer in the same location where you had it the first time. The treatment is usually complete excision and skin grafting if required. This is followed by chemotherapy and radiation depending on the pathological aggressiveness and biopsy results. You might be having a more aggressive type of cancer which requires intensive treatment to prevent it form spreading to adjacent areas. Wishing you a quick recovery. Please do not worry.</p>
5 yrs. Also she is frequently ill by day to day cold, fever and vomiting. We have been taking every care regarding hygeine. Also she suffered from chicken pox 20 days back followed by post viral fever. Her cough also is frequent. In past 4 months she has been infected by sometimes bacterial infection, diarrhea, viral fever resulted of lymph nodes at sides of neck, still in small amt visible. Please advice some kind of medicine/immune system strengthening tonic for her.	<p>Thanks for asking. I have gone through your question and I understand your concern. Your daughter who is 4 years old is not doing well since last one and half year. She has having recurrent</p>

cold cough, and she is also episode of chickenpox 20 days before, and you are interested some medicine to boost her immune status. If I was your treating pediatrician I would suggest you multiple vitamin that can contain and vitamin A. In India it is marketed by the name of spy A to Z. If she underwent blood investigation and her hemoglobin was below 11 you can add iron. Hope I answer your question

6 days post op I had an erection and ejaculated and shortly thereafter I noticed pins and needles in my foot and slight pain in my left calf, right knee and buttock. Could this be related and cause a problem?Thank you.Joey

Rest2. Tablet Gawain NT one daily at nighttime.3. Tablet Pregabalin one daily. I hope your symptoms will improve in a week or two. Otherwise, you can go and discuss this with your doctor. Let me know if there is any other followup questions. Thanks

6 million/mm3  
Hb 5.4 g/dL  
Hct 14.4%  
A peripheral blood smear shows strong sickle cells and no reticulocytes. The histopathological slide is shown in image 2. What is the most likely diagnosis?  
Reticulocytes 0.1%  
A peripheral blood smear shows strong sickle cells and no reticulocytes. The histopathological slide is shown in image 2. What is the most likely diagnosis?  
improved any over the last month and a half. He has been prescribed 2 different high dose ibuprofen medications that he can t take as they make him sick. He has trouble getting dressed (putting his pants and socks on). He is in the process of being referred to a spine specialist. What would be the best course of action for him?

Parvovirus infection  
Schwannoma

You for your question to . Medicines and physical therapy usually form the first line of treatment for disc herniation which he has already tried for around 6 weeks. Another medicine which can be tried is pregabalin or gabapentin which is specifically for nerve pain. Depending upon the location of disc herniation in the MRI and the compressed nerve, selective nerve root block is a next option. It is an injection of a steroid and local anesthetic in the spine. This helps many patients and is also diagnostic that the compressed nerve is the problem. The injections can be repeated if needed. If the injection helps for some time, but pain recurs surgery (microdiscectomy) is indicated. Surgery is only for pain relief in the short term as results of surgery and no surgery are same at 2 years. At the age of 17 I would recommend trying all measures to control pain and avoiding surgery unless it becomes absolutely essential. Hope this is helpful. I would be happy to answer any questions.

A couple of weeks after surgery I started to experience nausea, night sweats, and fatigue which has continued. Some days are better that others. I have another follow up appointment with my surgeon on Monday. Are there some tests I should insist on him ordering?

Hi.noted history of cholecystectomy, recent episodes of nausea, night sweats and fatigue. May I ask what post-operative medications are you currently taking in? Some of these can possibly cause the nausea. But your symptoms may also not be related to your surgery. It can be a systemic viral illness which can resolve spontaneously in a few days time. It is best if you do a follow-up consult with your surgeon, for physical examination and clinical evaluation. Diagnostics (such as complete blood count, chest X-ray, etc.) and management will be directed accordingly. Low fat diet is also advised. Hope this helps. Good day!! ~ .

A CT scan of the head shows osteopenia with widening of the diploic spaces in the skull. A biopsy of the epidural mass shows erythroid colonies with an abundance of megakaryocytes and myeloid

cells. Which is the most likely diagnosis?	Beta-thalassemia
A direct antiglobulin test is positive. LFTs, creatinine, ferritin level, vitamin B12 level, coagulation studies, and urinalysis are normal. Which is the most likely diagnosis in this patient?	Drug-induced immune hemolytic reaction
A fairly large mixed echogenic area measuring 10.9*9.0 cm is noted in upper and mid pole of right kidney causing distortion of parenchymal architecture and pc sysrem.2. diabetic (10.5)please give suggestion..Best Regardssubash chan(age-63)	<p>Hello Thanks for writing to You have large echogenic area in upper and mid-pole of right kidney. Mass is causing distortion of parenchymal architecture and plevicalyceal system of right kidney. It may be due to many reasons. It is important to know your clinical details. You need few investigations like routine hologram, RBS,Renal function test, urine RE/ME, Contrast CT scan of abdomen. CT Scan is very important in exact diagnosis. Treatment depend upon findings. Hope I have answered your query. Get well soon. Take Care .</p>
<p>A few months later developed anxiety. Was prescribed prozac and anxiety attacks begab immediately. Suffered through that for a little over a year before finally requesting to be taken off. Ive been off for a few momths and had mirena removed last feb. I have had 2 periods since which were not normal. Pretty much three weeks of random spotting with each period. For the last week i have been experiencing nausea, a burning sensation in my stomach, ligHi Theadedness and a low grade annxiety. I started spotting yesterday a brown discharge and then this morning a little of red but mostly just comes when using the bathroom. Took a pregnancy test a few days ago and came out negative. My question is whether this all sounds like side effects from mirena and post removal? Could it be a stimach ulcer? A combo of several thing?</p>	<p>Hi Thanks for the query. IUD removed, and that chapter closed now. Now we are talking about your problems that nausea, burning sensation in stomach, anxiety. Blood spotting is normal so don't think about that. This is the nature of an individual that how he or she reacts to things around him. Over reaction to surrounding is a form of anxiety and that is in your case. When IUD was inserted from day first you were not feeling comfortable with it and that was an anxiety. IUD removed and still you didn't come out from that dilemma and that is anxiety. Due to anxiety you are feeling hyper acidity (gastritis) like symptoms. So control yourself, if not, than consult a psychiatrist and take TT. You will be right within a short period. Regard</p>
<p>A few small faint T2 and flair hyperintensities in the frontal white matter which are nonspecific and may represent early microvascular ischemic foci.2. No acute infarct on diffuse imaging.3. Otherwise negative MRI of the brain. Could you please explain number 1?</p>	<p>Hi. These changes in white matter of the frontal lobes are caused by blockage of the very small vessels. When this occurs there is lack of blood supply to the small areas supplied by these vessels resulting in death of brain cells in those areas which show up on MRI as signal changes. These are common changes seen in hypertensive and old age people. You need not worry about these changes.</p>
<p>A liquid comes over ma penis before masturbate 2. My penis become shrink , 3. Early realeses of sperms ,4. Sperms became very fluidic and thin like white water 5. Pain in ma leg joints, headache , eyesight effected alot. I think I am almost ended ma self through this bad habbit . I m 18 years old . One thing more does masturbate during hepatatis B effects my body ?? I tried to leave this but I cnt . I want to die . So can u plz help me out ?? Plz gv me right direction My contact no. Is +0000 help me if u can . :-(</p>	<p>HelloThanks for query. Based on the facts that you have posted its ems that to have been indulged in frequent and habitual masturbation since many years and now facing problems related to</p>

general health and sexual health. At the outset I would like to state that there is a myth and general opinion and misconception in mind of a common man that frequent and habitual masturbation leads to problem like premature ejaculation and weakness joint pain loss of weight etc. However, I have been proved scientifically and discussed on various scientific forums all over the world that masturbation has no ill effect on any organ or system in the body. All the problems that you are facing are all due to anxiety. Following general measures will help you to improve your general health and resolve sexual problems like premature ejaculation, thin watery semen etc. Practice regular exercise for 45 minutes followed by meditation for 30 minutes every day morning. 2) Take high protein diet rich in fruits, vegetables. 3) Take anti oxidants like 5-7 almonds every day 4) Avoid smoking and alcohol 5) Get yourself involved in social activities, reading, listening to music, sports etc. so that you will not get free time to masturbate. Please remember nothing is lost, you have still long time to achieve in life. This will get resolved over a period of year or two, and you will have normal, peaceful life.

A lot of tests of Blood has been conducted. 2. Chest X-ray clear. normal 3. In ultra sound, the report is as under.. Liver is mildly enlarged in size, measures 16.2 cm and shows mildly coarse echotexture. No focal lesion seen. Intrahepatic biliary radicals are normal. Portal vein is normal, measures 8 mm. Minimal fluid is seen in subhepatic space. Gall Bladder is distended and shows smooth walls. Lumen is echo free. CBD is not dilated. Pancreas is normal in size, shape and echotexture. Spleen is mildly enlarged in size and measures 13.5 cm. The Kidneys are normal in size, shape and echopattern. No calculus or hydronephrosis seen. Corticomedullary differentiation and parenchymal thickness is preserved. Right Kidney measures 9.8 cm Left Kidney measures 9.9 cm No enlarged retroperitoneal mesenteric nodes noted. Impression : Mild hepatosplenomegaly with coarse liver echotexture and minimal ascites. =====We are in touch with Dr, he says no problem, wait and stopped all medicines. No weight loss in last 3-4 months. Please, help.

Hello and The presence of low grade fever, mild hepatosplenomegaly at 15 years of age is highly suggestive of infectious mononucleosis. However, there are many other conditions which cause similar symptoms and signs. Infectious mononucleosis is caused by Epstein Barr virus. There are many other viral infections causing fever with hepatosplenomegaly. These viruses are - CMV, rubella, etc. Other infections are - leishmaniasis, malaria, schistosomiasis, etc. Malignant conditions can also lead to similar picture e.g. lymphoma, myeloproliferative disorders, etc. Infections are more common than malignancies. Monospot test is a test done for confirming infectious mononucleosis. Consult your doctor for further investigations and thus management. Thanks and take care.

A small an Oval shaped T1 & T2 hypointense focus is noted in the DV4 vertebral body. There is focal area of T1 & T2 hyperintensity which is getting suppressed on T1FS images surrounding the lesion. No paraspinal soft tissue component is seen Impression: Osteoid osteoma with surrounding type II modic changes in DV4 I would be very thankful to you if you can give some time and explain me exactly : - what the point 1 means ? - I feel pain exactly at origin of my neck left side which actually begins from there and spreads through left part of my back-hand-leg-chest. Does the Findings match to this ? - Do I have a treatment ? How long I can be fine perfectly normal ? - Due to this I notice lumps on the same places I mentioned area of pain, note that pain happens with activities only like riding bike, carrying bag and after I relax like sleeping (straight not left or right) it's normal. Does the finding have relation to this ? - What treatments are available and what tests are recommended ? Lots of Thanks in advance !! Kindly reply.

As for your doubt, the reported MRI findings are characteristic of a benign I mean noncancerous

bony out growth, but it requires surgical removal as you are suffering already with neural pain involving due to adjoining nerve/s impinging upon. As no medicine can relieve the pain permanently and nerve weakness may also advance to involve muscle supplied by them, i advocate you to plan see a Neurosurgeon and/or orthopedic who can help with surgery and prevent further suffering and possible muscle damage

Abdominal muscle pull in 2011 . Similar pains as now. I recovered. It feels tender. I was told that it s all connected back and abs. 2011 abdominal pull revealed nothing. I m baffled as to why it hurts only on L side of ab . Discomfort extends into male parts sack. YYYY@YYYY that s

Hi Dear, Understanding your concern. As per your query you have stiffness in the back and discomfort in abdomen. Well there can be many reasons for symptoms you mention in query like celiac disease, endometriosis, fibromyalgia, kidney stones or urinary tract infection (UTI). I would suggest you to consult gastroenterologist for proper examination. Doctor may order ultrasound, endoscopy, stool test and urine test. Doctor may prescribe anti-inflammatory, omeprazole, ornidazole along with laxative. Doctor may also refer you to nephrologist for kidney problem or orthopedic surgeon for muscle problem. Hope your concern has been resolved. Get Well Soon.  
Best Wishes,

About 5 month ago some blood came from my chest and after two month again but this time with cough. I went to a doctor and did some test. In my chest X-ray there is a small nodal found in the left mid zone of my chest. I smoke for 10 years. After this I didnt. In last 5 months it happened four times.

Hi thanks for asking question. This nodule should be concerned as you have also history of smoking since 10 year. First possibility of common infective condition has to be thought like pneumonia or tuberculosis. Chest x-ray and sputum examination along witplete blood examination seems to be useful for rule out this two condition. They are treated accordingly. Second it could be hematoma like lesion. Third it could be benign or malignant tumor. For above two condition USG guided FNAC useful for further work up Fourth it could be fungus ball infection. For it also sputum culture and FNAC useful. Wish you good health. .

Input	Output
<p>About 6 months ago I have developed these bumps that are red and itching me to death. The cancer dr. said it had nothing to do with cancer and dismissed it. the derm. said I self inflicted myself from itching. I don t have anyone to tell me what is wrong. Maybe you can tell me. Thanks.</p> <p>One other thing, I was giving a puppy but I got rid of it. Could I have caught something from the dog.</p>	<p>Hi, dairy have gone through your question. You have GUS. It is monoclonal gammopathy of undetermined significance. You also have light chains. You have chances to develop multiple myeloma. Furthermore, you should go for regular monitoring. You're itching and lump has no relation with your GUS. It can be due to some skin lesions. You should take treatment of that according to dermatologist advice. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>Actually when I get newly married. We dont want any baby so ee are using condom bt last 7 months we were trying for a baby bt no result will come. I think that this problem is arise because of</p> <p>Im using condom thats y Im not conceive a baby . Plz help me what can I do, we both are physically fit and heathy. Im also get checkup with doctor, adocotr told u are absoulty fit and fine plzcdf help when I conceive a baby when I get good news.</p>	<p>Dear customer, If you want to have a baby and trying to conceive then you should try unprotected sex and do not use any more condoms, pills or any other birth control method for at least 2 years continuously. The best time to conceive baby is 14 days prior to the start of next menstrual cycle, and you should have more sex during this time. You may have the ovulation kit purchased to know the exact time of ovulation and have sex at this period. If you fail to conceive in 2 years then you should have the various tests done after consulting your doctor. Thank you</p>
<p>after angioplasty his health is well but 2 month leter his problem in heart beating bcoz she got a shock in his sister death. i have been check up in doctor s. mohenty DM . he got the medenine but</p> <p>. but heart medenine got a side effect. she have been problem Breathing. so what i do sir</p>	<p>I really appreciate your concern, if this is cardiac condition and angioplasty being done then patient has to take the medicine, cardiac medicine may not have any serious side effects it has got the negligible side effect that can be tolerated without any trouble, what ever the symptoms your mother having that could be due to some stress, depression, so no need to worry about this, hope this information helps.</p>
<p>After 2 cycles of mensuration I am trying to conceive now. I was testing my ovulation and it showed that I ovulated on September 21 and 22. The dates are completely different from what the ovulation prediction calendars have shown with my cycle length of 37. I ovulated almost 5 days later that what the ovulation predictors have said. I am concerned if I have PCOS because of my period cycles. I am overweight but I dont have any high blood pressure or diabetes. After my first miscarriage I started having hair on my stomach, chin, upper lip. My question is should I be really concerned about PCOS? What can be done to make sure that I dont have PCOS?</p>	<p>Since you have hypothyroidism there will be disruption in normal menstrual cycle duration which makes cycles shorter than before. Also, problem in ovulation will occur because of thyroid hormone deficiency and also high Prolactin usually associated with hypothyroidism. PCs is a condition where hormone LH is high associated with high blood sugar due to Diabetes and also high male hormones like An . If it is possible, do get tested for PCs to rule it out. Miscarriages are common in hypothyroidism and may also be seen in PCs. Main thing you have to do is to start losing weight which will help fertility</p>

After 2 months on I suffer from nightmares , irregular heart beat, and chest pain . After visiting my doctor and had some blood work and heart test. On my heart test they found some liquid around my heart and the doctor tome is not danger. They tink is stress related. Today is June 24 my HIV meeds is working perfect and I m undetectable. The only problem I m having is I continue to have disco ford on my left side lower chest, back and under arm. Is this do to the HIV treatment ?

Hello . Thanks for your query. It is possible that your symptoms could be stress / anxiety-related since anxiety can manifest itself with both psychological and physical symptoms. However, it is also possible that they could be due to the HIV treatment also and Article is known to produce a variety of side effects, including psychiatric symptoms. If you are having recurrent such symptoms or having difficulty managing your stress, then I would advise you consult a psychiatrist for a detailed psychological assessment and further treatment. There are effective treatment options - in the form of medication or counselling / psychotherapy which will help you overcome your problems. Wish you all the best. -

After 24 hours he developed rashes on hands, soles and legs. We gave him Crocin for the first 24 hours and then took him to the doctor who advised to continue the same and added Allegra syrup. The rashes were gone after 24 hours of appearance, but the fever seems to be continuing

Thanks for posting you query to .this is a viral fever caused by hemorrhagic group of viruses. Viral feet usually went off spontaneously after 5-7 days, but you should maintain good hogan, HY . Further, take him to investigation Complete blood count it will indicate platelet level as its low level responsible for rashes and bleeding. Continue with Allegra and Cronin but if condition goes worse immediately consult medicine specialist. Hope you are satisfied with my answer. Feel free to communicate if any query.regards,

After a day of rough biceps exercise, arms were stiff and swelling, which has resolved 40 % by now.2. Urine is clear, and the color is almost like water. The average urinate time is 10 to 15 seconds.3. No other symptoms of pain other than both hands which have a dull ache.His report says,Yesterday CPK was 15850 and creatinine was .96. Today it was 15400 and Creatinine was .86My question is, should we get IV, or it will it decrease over time? How is his kidney doing?

H forum. My opinion is that he should be admitted to the hospital. Good that he has enough urine output so far. But it can decrease any time, and kidney functions will start to The best is to admit him for close intravenous hy

After diaganosis, DR came to conslucion saying that I may get extra pulmonery TB. So she asked me to take an HIV test and the result was negative. I had medicen for 6 months (For TB) and I haven t had any issues so far. I am going to get married next month so should I take a one more HIV test before marriage ?

Hi John! Good morning. IF you are sexually active, and if you have more than one partner, then yes, you should go for a repeat HIV test. I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. Wishing you an early recovery. .

After i acquired this cough it wasnt a very serious thing, but i tried to smoke a cigarette and i could barely take 2 puffs of it. So i have not taken a puff of a cigarette for about 4 days now and still have the cough and slightly stuffed nose. Will my throat be alright ?

Hello ! You seem to have allergic response to cigarette smoke. It can cause Allergic rhinitis and Bronchial Asthma. , that will result in your nose getting stuffy and your airways to constrict making it difficult for air that you breathe in and out to pass along your airways. Since how long have you been smoking ? What form of smoking ? How many per day ? Do you wheeze ? For symptomatic benefit for your current episode, u will need to do steam inhalation, take decongestant/



antihistamine medication, antibiotic if you have purulent phlegm on coughing. Do warm saline gargle. Get yourself checked by a physician in person. If there is evidence of constricted airways then you will need bronchodilator n steroid . Get a Chest X-ray and Spirometry done for evaluation. Do quit smoking.

After I had my surgery, my pain was worse. I still have pain in in my neck and both shoulders, more on left side. The pain is even in my upper left arm all the way down to my fingers, especially ring and pinky fingers. I also hurt are my rib cage on left side. What is causing this?

ACD surgery uniformly yield good result. The radiating pain in the arm may be related to nerve pain. However, It's difficult to establish the reason. I would suggest getting a fresh MRI cervical spine to rule out any residual pressure on the nerve or may be adjacent level degeneration.

Another thing how frequently you have this pain. If possible please upload fresh MRI to help you to understand your spine problem. Thanks.

after immunization for a short period (which i discontinued after 6 months ), i had recovered but again it resurfaced in year 2007. it occurred due to my smoking which i did around 18 months. after that i consulted many doctors but of no use. 1 year ago, i went for blood IGE test and the result was 598 iu/ml while normal range is 0-200. then the concerned doctor prescribed me foracort 400 and later seroflo 250 inhalers. instead of getting relief, my condition worsened and now my blood ige test is showing 870 iu/ml. im very much depressed and again want to go for allergy test which can detect my allergic response to various food materials and other natural things. kindly help me and let me know which will be best allergy treatment centre in bangalore where i can go for allergy test and subsequently immunization.

Please continue your inhaler therapy. Make sure your technique of using inhaler is correct.

Personally I would suggest you to use metered dose inhaler with spacer device, which ensures maximum . 2. Were I treating you, I would add daily montelukast and cetirizine/levocetirizine to your regular treatment. This will improve your both rhinitis and asthma symptoms.3. I would suggest you to consult an Allergist-Immunologist who will suggest you allergy testing. This will help you to identify substances you are allergic to. The Allergist may suggest you specific allergen immunotherapy which will improve your immune system to reduce allergy symptoms.4. It's great that you have quit smoking. I would also suggest you to avoid exposure to dusts, smokes and air pollution as much as possible.5. Personally I would suggest you to learn and perform regular breathing exercises, Yoga & Panama, which will improve your lung capacity.6. A healthy diet rich in vitamins, minerals and anti-oxidants (e.g., adequate green leafy vegetables, fruits, whole grains, sprouts, etc.) will also be helpful to you in long run. Ass you have asked about allergy treatment center in Bangalore, I must say there are some very good Allergist-Immunologists in Bangalore at present. You may choose any one of them depending upon your ease of travel. However, personally I would suggest you Kempegowda Institute of Medical Sciences (AIMS) where a lot of Allergy-Immunology work is going. Well, allergy-asthma are very well manageable and most persons with allergy-asthma can live absolutely normal life with appropriate treatment. So I would suggest you not to get depressed and have a positive attitude and efforts towards your health.

Hope My answer will be helpful to you. Wish you the best of the health. Should you have any further query, please feel free to ask at . Thank you & Regards.

After passing stool , I have stomach pain since last 5 months 2. After taking little food, I feel my stomach is full and get pain, 3. My sonography report detected 15 mm stone in gallbladder , it is floating stone. I am advised to get operated at my convenience, as my pain in stomach is not related to this. 4. My gastroscopy report shows only moderate gastritis, rest is normal 5. I am veg

<p>and no habits, drinking or anything. 6. Some time in day 2 hours after food, I feel better and do not have pain. Please advise remedy and suggestion. Regards.</p>	<p>I respectfully disagree with . The incidental finding could be the other way around, and the stone could be an incidental finding, and the gastritis the one giving you the pain. The way you describe the pain is not typical for gallbladder / biliary colic type of pain. You can get surgery now, but the chances of improvement are much lower if your pain is not typical. Again I would suggest you to try first non-invasive ways, by treating your other condition (gastritis) with oral medications, and then if you don't improve then talk to a surgeon for a laparoscopic cholecystectomy.</p>
<p>after seeing the dr today, she palpated my stomach and found a very sore spot in my stomach.</p> <p>since then today, I had a cup of coffee and had all the same symptoms as the week after my initial problem. I should also add that the sore spot in the week following my initial onset was at the area just right of the breastbone, which I understand is about where the pancreas is. I was taking Lasix, which the doctor advised me to immediately discontinue and thinks that could have been the cause of my problems. Do you have any ideas?</p>	<p>These are the functional problems, you better see psychiatrist, before it is too late, you must be having elusiveness, obsessive, kind of attack if not treated in time then may lead to some kind of dangerous health problem, you are saying that you felt it could be gall bladder attack (Not the right term in any way, still I took it as granted) then at another incidence you are saying that your gall bladder was removed, just think it about that, what that is proved, have good day.</p>
<p>After surgery my walking inbalance problem is completely recovered but after surgery my left side face is paralysed . So do you suggest me something on this so that it can be recovered? Is it curable? if yes how many months it will take? any treatment on this?</p>	<p>Hi, facial paresis or palsy is common after acoustic neuroma surgery and if it is paresis and is recovering, the chances of further recovery are there. But if it is palsy and your doctor has documented the need for excising the nerve, you need to go for rehabilitative procedures like gold weight implant for upper eyelid, sling operation for angle of mouth or jump grafting from hypoglossal nerve to facial or a cross-over graft or a free flap neuromuscular transfer. Consult a facial plastic surgeon or head and neck surgeon for that. Regards</p>
<p>after taking this dose i felt very comfortable, since yesterday i am facing the same problem again, might be due to continuous sitting in air-conditioning / having some oily and cold drinks.Can i take the same medicine again?</p>	<p>Clinical examination of respiratory system 2. PUT (Pulmonary Function Test). Possibility of bronchitis is more in your case. Steroids are given in bronchitis but in inhaled form, not in oral form.</p> <p>So you should start inhaled bronchodilators and inhaled corticosteroid. Better to first diagnose yourself and then start appropriate treatment. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
<p>After that he had 5 episodes of vomit during sleep. The problem is, after vomiting he was not responding for around 5 minutes, with his eye deviated to one side, head turning towards one side, after this episode he was very tired and sleepy. Last three vomiting contain blood also. MRI, EEG reports are normal. More details about my child: Birth weight - 2.25 kg, now 13.48 kg. All milestones are delayed Had milk allergy and now we started to give him milk from last year.</p>	<p>Hi, If I were your treating Doctor for this case of severe pain under the left rib cage, I would come up with three possibilities, these include: The first possibility is of tongue or cheek bite during vomiting. Diagnosis can be confirmed by examination of mouth. To help control the vomiting, you should always keep head of child, give him water to since out. Also take some risperidone or ondansetron syrup if the symptoms are severe, then you may need . The second possibility is of febrile seizures. In this case he should be observed by neurologist to rule out seizure cause. The</p>

last possibility is of erosive gastritis. For this purpose you need to get an occult blood stool test, stool culture for flora and sensitivity to antibiotics. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing your son good health.

After that we tried naturally but no luck. Again in Aug 2012 , I took Fertomid , and egg was ruptured with help of inj at 24 mm. Next month again, i again took Fertomid, but egg didnt grow beyond 14 mm. Doctor asked for my husbands semen analysis and the count was low. as semen was not improving even after taking medicines for 4 month. we plan to go for iui . This cycle. i had humog 75 on 3rd,5th,7th,9th and 11th day but follicle size is still 14 mm. Doc asked to take humog 75 for 13th,14th and 15th day as well. Want to know if it is fine to take these many humog in a cycle? What can be the reason for follicle not growing even with fertomid or humog?

Hi, ,humor is human menopausal gonadotrophin.it is used to stimulate very to produce ovum.usually it is used in dose of 75-600iu/day.it's safe. But the only concern is hyperstimulation syn . In this case excess stimulation to very causing multiple follicles matures at the same time. There is various physical symptoms also. But with 75iu dose its unlikely. Dose varies with individual patients. So please don't worry. You can follow your doctors' advice. Get pregnant soon. Good luck.

after which an abdominal ultrasound was done in January 2012., and the results said that the gallbladder was bent and partially septated, without any dilatations or concrements, but a slightly inflamed membrane. The person had no issues related to that, ate according to needs, had no problems. There has been stress in the persons life for the last six months, the person had high cortisol and strong reactions to gluten and sugar foods. The person has been eating loads of food for months, yet is not gaining weight, and has eaten both gluten, sugars, vegetables, meat. No visible signs of irritation anymore, yet the cortisol is still high. Is it possible for an abdominal ultrasound done this week to say that the gallbladder is smaller, perfect in shape and has no inflammation whatsoever? And that in spite of the massive food intake and the normal level of physical activity, the person lost weight/is gaining none, the food comes out undigested every 5 days or so, with no signs of bloat, inflammation and all the laboratory results being in a normal range?

Hello there! Thank you for asking. The gall bladder is fine. Over cautiousness is making you worried and no need to be. Not gaining weight despite food intake with no complains of GIT except undigested food coming every fifth day out. Well that is an issue and needs workup. Why is the food not being digested a question needs to be answer. Starting to assess pancreatic functions would be a good start. And what patient perspective of not gaining weight could be ideal one for a doctor. If the BMI is below 25 and above 20. You have nothing to worry about. See the gastroenterologist and see a dietitian for dietary plans. I am sure they will sort out one for you hope you get well soon and I am sure you are well regards .

Aftre first strok he improved almost 70%, but after second strok his movement is deteriorating, please suggest if any medicine is available n ayurvedic.

Hi, In such cases, the recommendations are as following: - keep his blood pressure within the normal range by taking the pills accurately-be in touch with his cardiologist to do regular check up-do regular monitoring of blood pressure, ECG, angiography as directed by the cardiologist-maintain health diet and plenty of water- physiotherapy as directed by cardiologists, the most important thing is to be always in touch with a cardiologist and follow his directions accordingly. All the best! .

Again on 10/11/2010 (10 days after taking the previous vaccine ) PENTAVAC ( combination of DPT-2,Malingities-1,Hep B-2 ) was injected to my baby accidentally by the doctor.Now,my question is that whether the PENTAVAC given to my baby on 10/11/2010 will work or not (will be able to produce the antibodies or not)? or I will have to repeat the same PENTAVAC given to my baby at 10/11/2010 again? at what date my baby should get the next PENTAVAC ? Will my baby be protected in future if I dont reapeat the previous dose but continue with the next?

Hi, I had gone through your question and understand your concerns, but your question is too late, I mean your baby is now 4 years old, has your baby received DPT boosters of one and half year, if not the best option is to take a qua . If your baby received DPT booster at one and half year he can be given only HIS vaccine single dose. Your baby was protected by taking pentavalent but immunity has weaned of due to lack of completion of series and booster doses, so he can be protected in future by boosting immunity by taking single dose of HIS alone or HIS plus DPT (Qua

Input	Output
all other tests were normal i.e insulin, prolactin, hpe, pcr, gtt uric acid cholesterol, etc now she gave me ovanac plus + metformin + jp syrup ovanac plus is for what? is this cure my pcod or help in ovulation i don't know is the right path or pls suggest the way .what to do now?	all the medicines you have mentioned are used to enhance the chance of pregnancy your husband also should have normal semen report treatment of infertility is a continuous process and need many investigations and treatment should be continued till you get pregnancy for you being pregnant minimum requirement bag ovulation and patent tubes on your part and normal semen of your husband available in per ovulatory period for fertilization have patience and continue treatment
All other WBC and RBC were normal. I went to a hematologist and she is sending me for blood tests and an sonogram (check spleen) With two consecutive CBCs normal except platelets, should I be very worried?	Hi, I have gone through your question. Your platelet count is slightly low. No need to worry. There are many causes like viral infection can lead to this count Go for ultrasound abdomen once to check spleen. Otherwise, no need to big worry. It's almost normal. Hope I have answered your question, if you have doubt then you can ask me. I will be happy to answer. Wish you a very good health.
Almost moving back pain. sometimes in the left side and /or right side. But mostly 1-2 inches right to the backbone. 2. feels some object is rolling/moving internally in the area of pain 3. self treated with hot water bottle at the beginning. Her Doctor diagnosed as osteoporosis and treating with Calcium- 2 tabs daily, Vitamin D3 -weekly 1 sachet, Rentac- 2 times before meals & Ultratram (tramadol + paracetamol)- 2 times daily. doctor advised her to take these medicines regularly. Apart she is advised to continue some exercises + apply diclofenac cream Kindly advise - as she getting right treatment any side effects from medicine she is continuing for past 3 months.	Dear friend, thank you for your consultation. I have gone through your case history very carefully. I sincerely believe she is getting right and adequate amount of treatment for osteoporosis. And as far as side effects are concerned, calcium can cause renal stone in long term use. And regular use of tramadol commonly causes agitation, anxiety, euphoria and constipation. apart from that you don't need to worry that much. my best wishes for your wife. Thank you.
Also .3 benign cysts removed over the years on the right breast. Pain in chest could be an angina.	ECG 2. 2d echo. If both are normal then no need to worry about angina or other cardiac diseases. You are also having nipple discharge. So get done mammography to rule out breastfeeding cyst or abscess as both can cause chest pain. So consult your doctor and discuss all these.
Also hx of autoimmune hepatitis (2008-10) - total remission since then, hypothyroidism and miscellaneous autoimmune issues in the past. Should I be concerned that this is more than just pneumonia?	Repeat chest x-ray to rule out tuberculosis. 2. Ultrasound examination of neck for swelling whether it is enlarged lymph node or not. 3. Fine needle aspiration cytology (FNAC) for the diagnosis of swelling. Possibility of tuberculosis should be ruled out as it can cause lymph node enlargement. So consult your doctor and discuss all these. Wish you good health. Thanks.
Also my WBC has been a little elevated for several years (14). My doctor started me on Lovastatin for my high cholesterol, but it caused my stomach symptoms to be worse, so she said to stop taking it. I'm not sure what to do and fear that no one takes me seriously because I suffer from OCD which exaggerates the symptoms at times. Could it be Pancreatitis?	Hi. Thanks for an elucidated history and I have understood your problems well. Very true that the symptoms of abdominal pain, nausea and fatty stools can fit into a clinical diagnosis of pancreatitis.

The other factors which can be contributory are: Backache at the place where the pancreas is.

Jaundice in some cases, pain is always in an upper abdomen and deep-rooted. There may not be fever. The other probable causes can be IBS, stress, gastroenteritis, gastrointestinal cancer and so on. I would advise you the following:MRCP and ERCP can really help in a diagnosis. Liver function tests. Blood amylase and lipase for pancreatitis Blood sugar, urea, creatinine, electrolytes and so on. Stool examination - indication of pancreatitis Eminence the diagnosis is made it becomes easy to manage a case. It is good that your Lovastatin is stopped as it was causing a problem. Take Fat free diet, multivitamins, Pancreatic enzyme supplements.

Hi, thank for contacting . Here as you have taken chemotherapy it can lead . So enzyme level can be high. Fruits more with green leafy vegetables taken for it. Avoid alcohol if habit. Non veg, refined foods kept minimum. Second here leg edema can be by lymphengitis or lymphatic blockage like case as you have cancer and taking chemotherapy. Kidney problems and heart failure like case also can lead edema. Renal function test, ECG helpful for rule it out. If needed diuretic can be given. Low salt diet taken. Take care. Consult gastroenterologist for proper examination .and subsequent investigation.

Old age2. Diabetes. So get done ECG. If ECG is normal then no need to worry much for cardiac cause. You had gas problem which also favors HERD more in your case. It is due to laxity of gastroesophageal sphincter. Because of this the acid of the stomach tends to come up in the esophagus and cause the symptoms of chest pain and gas. So avoid hot and spicy food. Avoid stress and tension. Avoid large meals. Start proton pump inhibitor. Go for walk after meals.Don't worry, you will be alright.

HI have gone through your history and understated your concern. Both dog and cat are known reservoir of rabies virus and can transmit rabies to human beings. As your were bitten by your dog for which you have taken both active and passive immunization. As you have taken three shots of anti rabies vaccine and the dog is healthy even after 14 days after the bite. As you were bitten by your cat, according to WHO categorization of animal bite you will be categorized int Re-Exposures for which you need to take two shots of anti rabies vaccine on days 0 and 3. Thank you.

HI have studied your case and reports with diligence. Check your bone strength with DEXA SCAN and you can start medication according to level of osteoporosis, And also check your it B12 and it D3 level. I will advise you to do regular physiotherapy and exercises as my patients find much relief by these therapies. You may consult physiotherapist for guidance. He may start TENS, or ultrasound which is helpful in your case you need to take diet rich in calcium and vitamin D. Vertebroplasty may help you if wedge compression is more. Hope this answers your query. If you

also she has swelling in her feet and ankles . why is it so

also taking Losartan25mg, once a day, and,PravastatinSodium 10mg once a day, plus vitaminD, a baby aspirin a day and some antioxidants wine extract and pomigranet for improved urination. I am 5.7 tall and weigh 147lbs. In very good health condition including cholestoral and triglesorites nothing exceeding range limits, as a matter of fact much below range limits. right now i feel great. no arm pain or other pains. might consider visiting urgent care tomorrow for the peace of mind. would aappreciate your assessment. Thank you.

Also, my dog is still ok after 12 days since he bit me I don t know id it s relevant June 22 - My dog bit me and I got my first shot June 23 - ERIG shot on the chin June 25 - 2nd shot June 30 - 3rd shot July 4 - My cat bit me

Also, osteoporosis. I have multiple compression fractures from T12 and above. I keep being given pain medications and just want to know if there is long-term relief or if I m going to have to live with meds that make me sleepy and grouchy. Thank you.

have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. If you find this answer helpful do not hesitate to rate this answer at end of discussion. Wishing you good health. Take care.

Also, there are lesions @ C3-4, C4-5 and C5-6. Fast forward to today. COULD an exacerbation in these areas cause me to have symptoms of numbing in the face and tongue/mouth, loss of executive thinking?

Hello Steven! Thank you for asking on ! Regarding your concern, I would explain that the brain lesions could be responsible for the numbing in face and tongue or mouth. But, it is necessary to perform a contrast enhanced MRI study in order to investigate for active plaques of MS. Another sign of the activation of the disease (and thus need for steroids) would be the increased signal in diffusion series of MRI study. You should discuss with your neurologist on the above issues. Kind regards,

am a lactating mother. should i go for typhoid test.

I can understand your concern being lactating mother, you need to undergo investigations like CBP, ESR, WIDAL and MP tests .which indicate cause of fever normally but try to wean slowly the lactation for your child typhoid may repeat after 1st attack use paracetamol, antibiotic like cefixime 200mg for 5 days. normally it will subside .don't worry if persistent fever please check the investigations and consult your family doctor or , DON'T WORRY

Am i epileptic? or is it possible the symptoms could be something else? I thought the smell would be momentary by other people's accounts that is usually the case. 2. since taking lamotrigine my sleep has been disturbed, that disturbance being waking in REM from the early hours through to the morning? i missed the dose for one morning and the strong smell has returned and not gone away for 2 days though i do not feel any other symptoms.

Dear I am sorry for your health problems. Anyway it seems you have found the right way to treat yourself. EEG will determine if you are an epileptic or not, but symptoms seem to be like epileptic seizures. At 21st century medicine has done a lot of improvement in treating epilepsy, so there is nothing to be worried. I advise you to continue Lamotrigine because it has less side effects than any other antiepileptics . Hope my advice will help you. I will wait hearing from you after the EEG

am i on to correct medicine. last three cycles i took clomiphene/ hCG and had one/ two follicles 20mm\*19mm on day 11

Hello Thanks for your query. On day 17, obviously the follicle size is not adequate. If your cycles are regular, then on day 14, the follicle should be around 18 - 20 mm, as has occurred in previous cycles with ovulation. This cycle you seem to be ovulatory. There could be various reasons for this, the commonest being PCO (polycystic ovarian disease) If you do not conceive in response to oral medication for ovulation induction, injectable gonadotropin can be used in combination with GAI (intrauterine insemination) for best results. This is best done after assessment of the fallopian tubes to check their patency. Take care.

Amiodarone hydrochloride added to control AF prescribed by AF doctor. The next step if this doesn't work is putting a quarter size coin in my heart. However I am currently taking rivaroxaban 20mg. It is my understanding that one of these meds would preclude surgery (i.e. coin in heart ) due to the fact that it stays in the blood stream for up to two years. So may need heart surgery but AF has me on an anticoagulant? This is all through the Heart Science Centre, London, Ontario. Any suggestions?

Hi Lets individually address . In hypertrophic cardiomyopathy, the angina is due to increased muscle mass leading to imbalance in oxygen demand and supply. Secondly due to continued existing coronary artery disease. So here increase dose of beta blocker to maximum tolerating dose (would help

in AF as well), add diisopyramide after beta blockers If you are above 40 check for coronary artery disease and treat like wise 2) about atrial fibrillation. You are on rivoraxabn for anticoagulation so a blood clot doesn't form in the heart. However, you may be put on alternative meds for that and a coin machine (a cardioverter / defibrillator) to prevent sudden cardiac death can be planned, no need to wait for 2 years for the same. 3) the heart surgery depends on the gradient, also atrial fibrillation may persist even after surgery, more likely if left atrial volume is increased If you can send me all the reports and meds you are taking, I would be able to help you further Regards

Amlong MT 50 mg OD 2. Ecosprin 75 Mg OD 3. Gluconorm G2 OD 4. 2. Zordanome 200 mg OD 5. Dytor Plus 20 Mg OD 6. Pantocid DSR OD I wish to confirm the combination of above medication as i feel problems like loss of apitite, weakness and constipation . I am feeling perfectly fine now and can I tell my doctor to reduce medicine. if yes. which medicines can be stopped by him. I am not having any breathing problem and my BP and sugar is normal since last 3 months. Pls advice.

The medications you are currently on are the reason why your condition is stable and your feeling fine. These medications are what help you manage your medical problems and going by the list of diagnosis on your discharge card all of them will have to be continued. The symptoms of weakness and loss of appetite are probably due to reduced appetite. You should try to eat a balanced diet rich in fiber and plenty of water or fluids you should be able to get over these symptoms. You can also add some multivitamin supplements to your medications.

Among other medicines, I have also been prescribed Meganeuron OD plus ( methylcobalamin , alpha lipoic acid and vitamins), which I understand is a supplement , Are there any side effects of taking this medicine? Thank you. Sincerely, AAAAAA, Delhi, India

Hello and I . . The history of backache which is more on getting up from chair or bed and X-ray findings of a problem at the level of L5-S1 indicates disc herniation or disc protrusion or prolapse. A disc made up of fibrocartilage is present between two BNY vertebrae. It acts as a shock absorber. Sudden getting up can cause this disc to move out from its normal position. The protruding the disc causes symptoms of pain by compressing the various nerves in the vicinity. Its management is conservative initially consisting of rest and supplements if required. Supplements mentioned by you does not have any side effects if taken in prescribed dosage. A displaced disc is at high risk of prolapse if there is no prolapse initially. You should avoid picking up heavy weights and no to bend/stand up from a bending position suddenly. This may aggravate the problem. Take rest and further an MRI may be required. Stay in touch with your treating doctor. Thanks and take care

Amoxilin - 5ml 3 times a day 2. Brufen - 10 ml 3 times a day 3. Panadol 3 times a day My son is 13 yrs old and his weighs 55 kg He has taken the above medicines last night and this morning. He now has no fever but is still complaining of severe pain in the eye ballls. He also had watery stools this morning, twice. Please let me know if the medication / diagnosis is right. He has no cold, cough and doesnt complain of pain in the throat too. The concern now is his weakness and severe pain in the eyeballs and light sensitivity. Please advise Thanks

Hello dear, I have gone through the history points you have provided and also the treatment you have described. The choice of antibiotic therapy depends on from form of URI. We can suggest for URI definite, ceftriaxone because these cephalosporins are a group of broad spectrum and directly affect E.cold, which cause inflammation in almost 80% of the times in. The watery stool is side effect of antibiotic, she has antibiotic induced diarrhea. Better to add probiotic Vinyl (mycobacteria) 1 capsule 1 time for 14 days. I think eye pain referred from areas of the head like as sign of intoxication. Severe eye pain is associated with her medical condition. It can be indicated also high intracranial pressure. After recovery I suggest she might require an ECG. Weakness is due intoxication also. Try to keep her HY



An abdominal ultrasound showed normal uterus and endometrium. A small amount of fluid present in the pouch of douglas, with no fluid seen in the abdominal cavity Question: Could I still be pregnant ?

Hi, How are you doing ?am sad to say that chances of pregnancy is negative. Among all these findings, Serum Beta is the most predictive. Even if the smallest of pregnancy anywhere in body present, will be high. As it is always better to have a scan in beginning of periods & see all features of HSS has disappeared & then followup with scans to check the endometrial thickness, once favorable, do the transfer. These hormones of HSS will not allow even a healthy embryo to sit in the uterus. The is no hurry, can wait for next cycle anyway the best .

An Idiopathic allergy 24-months ago (told to take Citirizine twice a day)2. COPD (no treatment planned) after an overnight stay in hospital (18 months ago)| due to my O2 stats falling to 86%3. Hyperthyroidism (for which I have been prescribed Carbimazole in varying doses from 5-20mg, with dose varying according to blood test results and a definitive radioactive Iodine treatment planned in the next 3-4 weeks)The main problem I have is difficulty in breathing - but only intermittently.2 or 3 times a year there will be a week where i have a cough, producing phlegm, and need to rest if i climb the stairs. After a week or so, the symptoms disappear completely - I have no breathing difficulties (for several months) and can run up/down stairs several times without any difficulty whatsoever.Is it more likely that this is caused by my allergy and is not COPD ?

HAs per my clinical experience, allergy will cause bronchi irritation, recurrent cough and intermittent breathing difficulty. In our clinic, we recommend immediate control of even minor respiratory tract infection so that breathing difficulty does not come in the picture. Regular basis walking in fresh air, deep breathing exercises, YOGA will help to boost immunity to best levels as well with avoidance of smoking if doing. Hope I have answered your query. Let me know if I can assist you further.

Input	Output
<p>An ultrasound on day 17 showed rupture of this follicle with mild free fluid. Does this indicate ovulation? If yes, then would have the ovulation occurred? Is ovulation possible with 11 mm dimension? My cycles are regular and are of 26-27 days. With this cycle length, is ovulation on 17 day healthy? Regards, Rekha</p>	<p>Hi I have gone through your question. Follicles usually rupture after getting at least 16/17 mm. But free fluid usually appears after ovulation. Free fluid suggest ovulation has taken place. Follicle size varies when ultrasound done by trans vaginal or trans abdominal route. Ovulation can occur on 17th day. For ovulation u can do urine LH kit test. Consult gynecologist for further advise. Have a healthy life.</p>
<p>AN Xray rec ently shows clacification of the anterior anterior longtiudinal ligament. between T7 and T10. is this likely to have occurred because of the trauma? I had no spinal problems before the injury. Now I get an aching pain, especially after standing for a time. Thank you . Margaret Moon.</p>	<p>Hi The ossification and or calcification of the spinal ligaments have been considered as a part of diffuse idiopathic skeletal hypostasis, previously known as Foresters disease. Sometimes early complete ossification of the anterior longitudinal ligament signifies either malignancy or metabolic disorders or trauma or post infection etc. So don't worry so regular exercise and yoga. Check for serum calcium and uric acid levels. Please consult with your orthopedic he will examine and treat you accordingly. Take care. Hope I have answered your question. Let me know if I can assist you further.</p>
<p>And active farmer. Have thyroid problem and blood pressure. Bp medicine is 20 mg of benicar. Thyroid is 88 of Levithyroxine.</p>	<p>Possibility of musculoskeletal pain is more in your case. But since you are old age (71Å years) and having hypertension and hypothyroidism, cardiac cause for chest pain must be ruled out first. So get done blood pressure monitoring, ECG and 2d echo to rule out heart diseases. If all these are normal then no need to worry about heart diseases. You are a active farmer. So heavy exertion might be causing you bilateral chest pain. So avoid heavyweight lifting and strenuous exercise. Avoid movements causing pain. Avoid bad postures in sleep. Take painkiller like ibuprofen. Apply warm water pad on affected areas. Don't worry, you will be alright. But better to first rule out heart diseases. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
<p>And already had an ultrasound with no answers yet what could this mean? Could I have cancer? My voice is hoarse and I have a cough constantly at night, Im terrified.</p>	<p>Hi, From history it seems that there might be having some irritation producing cough reflex. As there is history of hoarseness of voice there might be having some swelling or nodule on the vocal cord. This nodule or swelling can give rise to cough reflex and hoarseness of voice. You might require indirect laryngoscopy for nodule on vocal cord. Consult ENT surgeon and get examined. Quit smoking or chewing Gurkha if you are having habit of it. Ok and take care.</p>
<p>and at times it feels as if Im coughing in vain. Ive also had a felling of being full all the time. I feels like something in my abdomen is getting bigger.</p>	<p>You are having chronic cough , chest tightness and breathing difficulty. So possibility of bronchitis is more likely. So better to consult pulmonologist and get done clinical examination of respiratory system and PFT (Pulmonary Function Test).PFT will not only diagnose bronchitis, but it will also tell you about severity of the disease and treatment is based on severity only. You will mostly improve with inhaled bronchodilators (formoterol or albuterol) and inhaled corticosteroid (ICS) (budesonide or fluticasone). If you are a smoker then you should quit smoking as soon as possible.Don't worry,</p>

you will be alright with all these. Hope I have solved your query. I will be happy to help you further.  
Wish you good health. Thanks.

And im having the pains again. It hurt more when i do alot of walking or sitting. What can this be?

Hi ! Good afternoon. With the history of infected IUD, and a miscarriage, and long term treatment for the PID (pelvic inflammatory disease), there is a possibility of your pelvic organs getting adhered either to each other or surrounding structures, and this adhesion might be responsible for the pain. Usually it is seen that in chronic PID is very difficult to eradicate completely, and the pain could radiate to the back and lower limbs. If I were your doctor, I would advise you for a urine routine and microscopic test followed by a culture and sensitivity test of both the urine and vaginal swab to be sure of the best possible antibiotic effective against the chronic infection. If you are sexually active, you have to take appropriate precautions so that you do not get or spread the infection on either side. An ultrasound of the abdomen would be helpful in such cases, and if need be a diagnostic laparoscopy might be advised by your gynecologist in case of intractable pain disturbing your routine activity. I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. Wishing you an early recovery. .

And It just appeared last month and hasn't gone down. What do I do? And is there some home remedy that I can use to treat it?

Hi, dairy have gone through your question. You may lump on shaft of penis. It may be due to some sexual transmitted disease. So you should consult your doctor and go for examination or send me the image. It will help you to search the exact cause. Then you should take treatment accordingly.  
Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

And lost it again. In 2012. And lost the baby, even this year i fell pregnant and im afraid i lost the baby again. I went to the doctor yesterday and she said i have a bulky uterus. She did some blood test and were still waiting for the results. The problem is that my tummy swells frequently. And it hurts. I last saw my normal periods last year December after i had an womb scrub. This year from January uptill April there was nothing. Until mid-April, i saw some few drops. Even now they come and go. Im really stressed i don't know what to do, all this times i was doing blood test, and it always showed that my periods are irregular but they never really found a solution for me :(

Hi I went through your problem. As per your statement from the year 2005 after taking contraceptive pills 2 times your periods are irregular. Meanwhile, you had a car accident in the year 2008 while you were 2 months pregnant. You had internal bleeding from where ? And you lost the baby. Meanwhile, you had some miscarriages. Your periods were regular for a few months after uterine curettage last December. Now your . Did it a Hormone analysis and I like to know what medicines you were taking so far to regularize your irregular periods. My best advice: Do a USG abdomen to assess your reproductive organs and causes for irregular periods, the size of the uterus and ovaries and any abnormality in them 2) A complete Thyroid and ovarian hormone analysis along with other routine blood tests With this you can arrive at a diagnosis. In order to avoid miscarriages, first regularize your periods, then plan for pregnancy. Wishing you all the best

and then Pioglar 15. but still i am feeling weakness. please advise me how can i gain my weight and energy.

Hi Pioglitazone may cause weight gain rather than weight loss. Other . So don't worry, take plenty of protein contain food. Do regular exercise (muscle building exercises) avoid smoking. If no improvement please consult with your physician he will examine (for hyperthyroidism, liver

problems and malignancy) and treat you accordingly. Hope I have answered your query. Let me know if I can assist you further. Take care

And there is a light pain. I do get cold often for which I m taking homeopatedicines. But it is have some connection with spine and I do sometimes stitching of clothes. Or is it related to that, and it puts pressure on spinal cord. Or some sitting posture. Please do guide me.

Hi, L5-S1 space reduction is an incidental finding but the pain you are experiencing in the back is probably due to ACUTE LS STRAIN.(due to your nature of job. Sitting for prolonged period for quite some time causes spasm of para spinal muscles which causes the pain). TREATMENT: LS corset (belt) to be used when you are stitching clothes.2) LOW BACK exercises to be done about twice a day.3) Victorian gel for local applicaton4) hot water fomentation This will take care of your problem.

anhedonia ( i am unable to experience any pleasure in any activity or with any person etc) 2. i am unable to experience love with anyone.( nobody in this world is close to my heart neither my mother nor my sister nor my wife. i dont enjoy any relationship and i really dont care what happens to them. i am concerned only about me in this world) 3. always thinking about my future and be feared about it 4. unable to concentrate on anything and not attentive 5. being in low mood all the time and easily irritable I have been under medication for long time but no improvement. I am currently taking attentol,betacap,deludon,evtan with the current tablets i am little attentive and my concentration improved. Prior to these medicines i have had sulpitac,despito,venla,anxiprol,ventab,felis etc and none of those medicines gave any improvement. My query is can anhedonia and lack of experiencing the love be cured. Thanks raj

Hi Raj. forum.In regard to your problem, I would like to know had started you on all the medications mentioned by you. And since how long have you been experiencing these symptoms. Are you experiencing increased stress at work or at home? Unless you have been prescribed this medication by a qualified doctor, I would like you to stop them and visit a qualified consultant. I am of the opinion that you might be suffering from a mild depressive episode (Which is NOT necessarily depression) which could have started as a result of stress. So please consult a qualified specialist if the complaints persist. Best wishes and regards.

Another cause for my concern is this is the second time this month she has dealt with this. One last key to this mystery is that this is the first real illness she has had in her 4 years. Concern?

Hi.morning vomiting and that too after not eating much is something to be concerned. That too when you say - I normally would not be concerned, but the pattern seems weird - I am also a bit more concerned as I always feel that mother is the best judge. I suggest you get her BP and get an ophthalmology opinion and if something is not normal get an MRI brain scan done - to rule out intracranial space occupying lesion.

any clues on the cause of his pain?

Since you haven't mentioned the blood test reports or any other medical reports especially concerning his heart, so,he MIGHT be having restless leg syn . Putting legs in Luke warm water bath with Epsom salt in it and wearing compression bandage will provide some relief. Doing ankle toe movement as much as possible especially when resting, toe raises with hand support will also help to ease pain

Any kind of strenuous activity causes minor swelling but severe pain. It s about the size of a golf ball. Taking ibuprofen helps to make it tolerable, and I m on a prescription 1000 mg (2x500mg ibuprofen pills) and with that only makes it tolerable. Lately the pain has gotten worse. About a year after I noticed it I went and got x-rays done and they told me it didn t show up so nothing was wrong with the bone. I don t have insurance just yet so I m looking for something I can do to help

manage the pain a little better.	<p>Hi, dear. I have gone through your question. You have lump in your thigh. X-ray doesn't show any connection to bone. So it must be of soft tissue origin. It may be arisen from muscle or fat or nerve.</p> <p>You should go for fine needle aspiration cytology. It will give you exact diagnosis whether it is benign or malignant and from where it arises. Then you should take treatment accordingly. Till that you can take analgesic to receive pain according to your doctors' advice. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
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Any suggestions for me to settle this down?	<p>Hi, dairy have gone through your question. You have chest and abdomen discomfort. It may be due to gastritis, muscular pain or coronary heart disease pain. You should urgently go to the emergency and go for electrocardiogram. If it is normal then no need to worry just take painkiller and muscle relaxant. No further treatment is required. If Your ECG is abnormal then you should take treatment accordingly.</p>
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any tips on how to make him change bottles? Questions #2. Besides changing bottles, what can I do now to deflate his tummy? Thank you in advance!	<p>Best is to stop the bottle abruptly and give the feeds by spoon or Canada. I know its difficult and the baby will initially struggle a lot, but it is needed as a permanent solution for the problem.2. To deflate his tummy you can turn him on to his tummy and tap his back lightly till his flatus comes out.</p> <p>Other option is after each feed, putting him on shoulder and burping him. Regards -</p>
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<p>Apart from this she is taking 6 units Human insulin every morning. She has become highly irritated, speaks in high pitched voice continuously - yesterday from 4 PM till 1AM in night. Also, becomes agitated when we offer her food and spits out. Also, her body has become very rigid. My questions: Is the medication correct? What can be done to calm her down so that we can do the basic care - bathing, feeding etc? What can be done for the rigidity - we tried physiotherapy, but didnt work as the body is too rigid.</p>	<p>Seizure might occur in steamers disease, but they are rare and other possibility of acute onset seizure should be explored. EEG should be done to look for epileptiform discharges. Level is good AED but may be avoided in a case of dementia as it may potentially cause further behavior disturbances and confusion states. Please consult your neurologist and express your concern. If even after with .</p>
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<p>Apgar scores are 7 and 8 at 1 and 5 minutes, respectively. The newborn appears pale.</p> <p>Temperature is 37.6°C (98.6°F), pulse is 180/min, and blood pressure is 90/60 mm Hg.</p> <p>Examination in the delivery room shows midfacial hypoplasia, infraorbital creases, and a large tongue. The right side of the body is larger than the left. Abdominal examination shows that the abdominal viscera protrudes through the abdominal wall at the umbilicus the viscera are covered by the amniotic membrane and the peritoneum. The liver is palpated 2-3 cm below the right costal margin. Fingerstick blood glucose concentration is 60 mg/dL. Ultrasonography of the abdomen shows enlarged kidneys bilaterally. In addition to surgical closure of the abdominal wall, which is the most appropriate next step in management?</p>	<p>Serial abdominal ultrasonography</p>
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<p>Apgar scores are 8 and 9 at 1 and 5 minutes, respectively. The mother had regular prenatal visits throughout the pregnancy. She did not smoke or drink alcohol. She took multivitamins as prescribed by her physician. The newborn appears active. The girl's temperature is 37.6°C (98.6°F), pulse is 120/min, and blood pressure is 55/35 mm Hg. Examination in the delivery room shows clitoromegaly. One day later, laboratory studies show:</p> <p>Hemoglobin 12.8 g/dL</p>
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	Hydrocortisone and fludrocortisone therapy
Leukocyte count 6,000/mm3	
<p>Repositioning and serial casting</p> <p>Repositioning and serial casting 1- and 5-minutes, respectively. Examination in the delivery room</p> <p>Shows both feet pointing downwards and inwards. Both the forefeet are twisted medially in</p> <p>adduction. The hindfeet elevated and the midfeet appearing concave. Both Achilles tendons</p> <p>are 5-2 mm palpation. There are skin creases on the medial side of both feet. The deformity persists</p> <p>despite attempts to passively straighten the foot. X-rays of both feet confirm the suspected</p> <p>diagnosis. Which is the most appropriate next step in the management of this patient?</p>	
Urea nitrogen 15 mg/dL	
Creatinine 0.8 mg/dL	Repositioning and serial casting
Ultrasound of the abdomen and pelvis shows normal uterus and normal ovaries. Which is the most appropriate next step in the management of this newborn patient?	

Input	Output
<p>Are canker sores or cold sores the contagious ones, and which can contain the herpes virus? 2.</p> <p>Why does the inside of my lips turn a pale color or sometimes almost white when I eat like salt n vinegar chips or something like that? I hope you can answer these, I would love to know, thank you!</p>	<p>Cold sores are due to the herpes virus. There are different types of herpes viruses, but cold sores are usually associated with the herpes 1 virus though some persons may have sores due to herpes 2. Herpes 1 infections (cold sores) are very common. The change in color of your lips with certain foods may be due to reaction to the active ingredient present. I hope this helps</p>
<p>Are my symptoms something someone would experience with Rhabdomyolysis? 2. What steps should I take if so?</p>	<p>Hi I did review your concern. Adderall on long term use can cause rhabdomyolysis. However, we need to do some tests that indicate presence of myoglobin in blood and urine. You should consult a physician who can get this test done and also examine your kidneys if they are under any damage. Meanwhile I must advise you to take adequate water for proper urination to remove if there is excess of myoglobin body.I hope this helps. Good luck.</p>
<p>Are the breathing treatments hurting me, and 2. Is there a shot for this allergy?</p>	<p>Avoidance of the allergen-dogs hair2. Stalin/Aeroflot inhaler-provide symptomatic relief by causing bronchodilator (dilating the smaller airway passages, relieving the obstruction &amp; increasing airflow to lungs)So, it can be used during an acute attack.3. Antihistamine preparations like Allegra &amp; Cough expectorant syrup for symptomatic relief.4. Montelukast preparations- used as a maintenance therapy.5. A course of antibiotics may be taken to prevent secondary bacterial attack.6. Maintain adequate HY . 7. Deep breathing exercisesWishing you a good health. Take care.</p>
<p>Are these dangerous levels? 2. How do I reduce the numbers? 3. Did take STATINS for a while - got numbers down to normal and doctor told to stop taking also due to elevated liver numbers then 4. Do take whey protien once every day after moderate exercise for 1 hr. Thank you.</p>	<p>Dear Friend. I understand your concern. I advise you to get your self tested for Hepatitis B, C, Autoimmune Hepatitis. If all are negative, we can say that you have Non-Alcoholic Fatty Liver Disease NAFLD. You should share with us your full liver function test. I would recommend you to get Liver Biopsy or Fibrosis to rule out any evidence of Liver Cirrhosis. I am advising this because your LFT is deranged and a few patients with NAFLD can progress to liver cirrhosis. No you should avoid taking Statins. You may follow us again with these investigations so that we can comment further. Good Luck.</p>
<p>ARIP MT 20 mg 2. zapiz 0.5 mg 3. Lopez 2 mg per day. I also go to Alcoholics Anonymous since 2000. I was told that my symptoms were same as of alcoholism, that i was suffering from untreated alcoholism rather that schizophrenia. How do i find whether I am alcoholic or schizophrenic or both?</p>	<p>Hi dear, for detection of alcoholic or schizophrenia is difficult without detail history. Even family member of patients history is also important.first you are on alcohol since when and since when you have started complain? Whether you have complained after cessation or quitting of alcohol or during continuous of alcohol?what kind of symptoms you have?any past history of psychiatric illness ?any family history of psychiatric illness? Thank you</p>
<p>As liver transplant is a complicated one, my family is worried about her condition. We were looking for an alternate medicine and we have just come across this in internet (link below). It is very</p>	

<p>encouraging and give a new hope as they promise good results without any side effects. Can someone suggest me if we can go for these tablets, will it be a good idea at this stage? Please give your opinion on this. WWW.WWWW.WW WWW.WWWW.WW Thanks.</p>	<p>Hi I can understand your enthusiasm since you are encouraged to hear about such a medicine which can repair the damaged liver. But the fact is that there is no such FDA approved medicine which can make a damaged liver normal. There are a lot of claims of these herbal or non-herbal medicines, regarding their liver healing capabilities, but there is no scientific data available suggesting that. It is always better to abide by your doctors instruction, and you should think in terms of getting a liver transplant for your mother. Lest it becomes very late. Once the condition deteriorates, then it may be too late even for the liver transplant. I hope it helps. Thanks</p>
<p>as of now the wound has not healed up rather it has converted into peri anal sinus and i keep having mucus discharge. also i was operated for the same in the right hip but it did not recur. i am fed up of anti biotics (lefflox) which the doctors keep prescribing. please advise as to what permanent cure i can have. also i have small cyst formation (painless) in different parts of my body.</p>	<p>I am of the opinion that you have developed perianal fistulas on the left side due to incomplete . These fistulas continue to discharge mucus like secretions because they have internal openings the anal canal. You need to have a histogram to see the extent of its tract the internal opening etc. Kindly consult a surgeon who is efficient in managing the perianal problems. Also, get your basic investigations like fasting blood glucose etc. to find out the cause of painless cysts you have developed in other parts of the body. I hope I clarified your doubts. Hope it will work. Regards</p>
<p>As per Dr s advice , I am taking 1 tab Ecosprin AV daily. I want to know the side effects. 2. Whether I have to take it life long OR for short duration Lipid Test Reprt details are LDL 190, HDL 42 , triglysrde 135 Hb1Ac 4 pl respond on YYYY@YYYY</p>	<p>Hi, Without complete data like age, gender, any associated medical illness, etc. Esprit AV which contains anti-clotting (blood thinner) Aspirin and cholesterol-lowering agent Atorvastatin commonly prescribed for the treatment of patients suffering from high cholesterol levels and those who are at an increased risk of complications such as a heart attack and stroke. It should be taken for life long. Generally, Esprit AV is well tolerated by most of our patients. However, it may cause heartburn, upper abdominal pain, vomiting, muscle pain or weakness and liver dysfunction. If you develop these side effects you must report to your treating doctor. Your LDL level is high, so I recommend increasing the dose of Atorvastatin to 20 mg along with Aspirin 75 mg. Hope I have answered your query. Let me know if I can assist you further. Take care .</p>
<p>As prescribed by the doctor we went for the FNAC test which confirmed Tuberculous Lymphnoditis. Doctor has suggested her following treatment :R cinex EJ , Levoflox 750mg, Dom Dt &amp; Syp Sioplex these medicines continued from 19.04.11 to 18.06.11 then doctor made a little change on 18.06.11 he prescribed R-cinex 450 mg, Levomac 750mg &amp; syp Alprovit . The knot still persists and now the puss formation has occurred, we had to get it drained through syringSir, since 4 months have already passed and there is no appreciable change in the situation so far. Would you please comment on the treatment, whether we are taking the correct treatment ? Or is there any better treatment for the disease diagnosed. Is the disease diagnosed is fully curable? I believe as a parent you will understand our worries and give your valuable guidance. With best regards! Yours faithfully Sunil Kumar Khare</p>	<p>Hi. The pus should be sent for AFB culture and sensitivity. This is a tuberculous involvement of the lymph node, so the patient requires intensive and dedicated therapy for at least 6-9 months. If any pus discharge from the lump site starts, it will be very difficult to heal until the full treatment of the patient is done. The AFB culture and sensitivity report will tell whether the first line .</p>



Aside from providing a sample to the lab, is there any way to know how well the increased iron is helping to raise my hemoglobin? Dr will not do the surgery if hemoglobin is below 11 and I am scheduled for surgery in 3 weeks time. Thank you.

Hi I understand your concern. I am , infectious diseases specialist, answering your query. You can judge your hemoglobin via mucosal examination, but this examination gives only rough idea. Examination of tongue, conjunctiva and nail can help understand bodies hemoglobin content roughly. If you are going for surgery it is better that you should periodically examine the blood hemoglobin by laboratory since visual examination is very gross method. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

Asthama 2. Body weakness 3. Skin disorder 4. Throat problemWhere should I start first so that others would not get affected.

Oh! You are really a confused lot. But there is no need to worry. If you believe in holistic approach to cure your problem, you should not reckon these as separate problems for separate parts of body. If you meet any Ayurveda doctor, he will clearly explain all the symptoms as a result of pitta-Kafa vitiation in body. In body three humors viz. Data, Pitta and Kafa manifest different symptoms when not normal either individually or combined with other/ others. To get through you have to take anti pitta, anti allergy herbal combo say Hard . One more combo of herbs i.e. Avipattikar, Sitopaladi and God anti and Gilroy taken with honey will wipe out all these symptoms in a few weeks. That too without side effects. Hope this serves you well.

at age of 72 is it good advice to implants? if yes then is there can be a side effects or any other problems ?2. he is a border line of diabetes , then is it good to do a implants?3. how much success % for implants ? if you have some customer who already did it then i would like to take review of them.4. how much time it will take to be a ready and he can eat normally ?5. what could be a approx. cost ?

Hello and Implants are usually worth and preferred in young individuals, although aged persons are also willing for implant prosthesis. Bone support and supporting periodontal structures should be intact for placing implants. If your aesthetic and functional requirements are high, you can prefer implants. Orelse, complete denture will be adequate. Implants are expensive compared to acrylic dentures. Please do visit your dentist and get clinical check-up and details regarding this. Take care,

At Fortis Mumbai, we were suggested to take female contraceptives for 3-6 months with the hope that it might help to regularize periods and try naturally afterwards. We tried for 3 months after that but this did not help as there were multiple follicles and mature follicle/ egg formation. 2. Thereafter, we were suggested to go for Clomid to stimulate ovulation. We tried this method for another 6 months but this did not help inspite of increased dosage. The scans during this time still reflected multiple follicles and no single mature follicle (upto maximum 10 mm size). 3. After that, we shifted to Bangalore with the focus of getting results in this regard and visited Fortis Bangalore . We were suggested to undergo various tests like fallopian tube ( HSG ), tuberculosis, semen analysis etc. All the tests were normal and she confirmed that Polycystic ovary syndrome ( PCO ) is the only problem and that we should go for IUI as taking clomid for long duration may have side effects. 4. Since then my wife has undergone 3 IUIs and there has not been any positive results, with no explained reasons for failure. We have been suggested that we should try for 3-6 IUIs before thinking of IVF. During the 3 IUIs, genotropin injections was taken from Day 2 for 7-10 days and .The egg formation has been proper and size of mature follicle at the time time of doing IUI has been 18+mm. All this while, my wife is taking follic acid, metformin and CoQ tablets. However, at this point we thought of seeking your expert opinion since you are an expert in this field. Requests

your inputs . what should be our next course of action and please suggest best doctor who is PCO specialist in Bangalore.	<p>Hippos is the most common problem nowadays. The main reason for this is stress, sedentary lifestyle, bad eating habits. Weight is the major culprit here. Metformin will help here to certain extent but major effort should come from the patient, she should walk for 1hr daily, cut down oily food, sweets,junk food like pizzas, should keep her mind calm for which meditation will help. Along with these measures consulting good gynecologist will help you. All the best.</p>
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<p>At my GP she tests positive on dipstick, for blood, protien and ketones . I had a referral and she has had an ultra sound scan which suggests a duplex kidney, she is being sent for an x-ray where she will be injected with a dye and then x-rayed while she wees on demand. The doctor thinks that this will be unsuccessful as he thinks she won t do it. We would like to know if there is another way of diagnosing and if she does have this what is the treatment. As she is cureently ill every 10-14 days and has a couse of antibiotics every time which we feel is not good for her. Should we be sent to a kidney specialist?</p>	<p>Hi penny, small girls are often prone to urinary infections, but these episodes are usually few and without fever. Your daughter is having repeated upper urinary tract infection which may be due to several causes for e.g. reflux of urine, duplex kidney and ureter due to which urine from one ureter moves back and forth to other ureter (yo-yo reflux), some hold-up in the urinary tract (which may be since birth) or simply a body predisposition to certain bacteria. So one, she needs a thorough evaluation by a urologist or a pediatric urologist to find the cause of infections. If she cants void during the special X-rays, the procedure can be done under anesthesia and gentle pressure applied on lower abdomen to look for reflux. Two, her kidneys need to be protected from further infection related damage, so she may require long-term low dose antibiotics to prevent infection. Go see a urologist early. Good luck.</p>
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<p>At present taking Tab Thyrofit 25 mcg 1 0 1 Tab Metosarten 25 + 40 1 0 1 Tab Cardarone X 200 mg 1 0 1 Tab Dytor 5 mg 1 0 0 Tab Trizid SR 60 mg 1 0 1 Tab Korandil 10 mg 1 0 1 Tab Clopilet 75 mg 0 1 0 Tab Aztor 5 mg 0 0 1 Tab Acitrom 2 mg 1 @ 5 pm daily Tab Raliz D 1 0 1 [If needed for Acidity] Tab Ativan 1 mg 0 0 1 [ If needed for Sleep] Echocardiogram reveals Anterior Mitral and Posterior Mitral Leaflet Prolapse. Triple Vessel Disease ?? Atrial Fibrillation with Fast Ventricular Response during Study. Mild Pulmonary Arterial Hypertension with Secondary Tricuspid Regurgitation. [Estimated RVPSP :46 mmHG] Becasue of taking Acitrom skin becomes Blakish and spreads in forearm, legs, thighs. PTT 38 CONTROL 14 INR 2.7 with 3 mg Acitrom daily. Tab Acitrom reduced to 2 mg. My question is whether Acitrom can be replaced with ECOSPRIN 150 or 75 mg.</p>	<p>Hi dear. Given your detailed history of triple vessel disease and mitral leaflet prolapse and tricuspid regurgitation. I would suggest you to continue with the same medications. You can consult your doctor regarding dose adjustments of citron. Keep your INR under the reference range. And also ask your doctor about tab brilliant. I feel you do need citron because of your valve disease. Thank you .hope my answer helped you. Please do rate my answer</p>
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At that time she has to admit at CIP for 1 month in each time. After my birth (1989) she was normal for 18 months. During the next pregnancy period it relapse again. From that time lithosun sr400 is continued along with zapiz time to time. Present problem she feels anxiety, pale mood, muscle pain, loss of appetite. She thinks she will die soon for taking of medicines for such a long time. Please suggest what is to be done to overcome this problem. Present treatment is going on with the doctor having the qualification MBBS, Hons,MD(Psy) , FIPS. The doctor is available weekly 30 km from our home and also facility of phone suggestion. For my mothers anxiety and

wish my father changed many doctors time to time, but lastly it is continued to the aforesaid doctor.	<p>Degree understand your concerns went through your details. I suggest you not to worry much. The specialist you are visiting for your mothers cause is a qualified psychiatrist if the credentials are true. A qualified psychiatrist is the right specialist for your mothers mental disorder. But she also needs psychotherapy and relaxation. Medicines alone cannot cure mental disorders. Lifestyle changes, change in thought structure and pattern are essential. Psychotherapy is the correct therapy procedure, and it shall give you good result. Hope this answers your query. If you need more of my help on this regard, please post a direct query. Please provide every detail as possible. I shall teach some tailor made psychotherapy techniques which should be of immense help. I am always available to clear your doubts. Good luck.</p>
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At this office visit, a 3x3 cm lump is palpated in the upper outer quadrant of the right breast. It is firm and not freely mobile. Ultrasound and mammogram are shown in Figures A and B. Which is a risk factor for this patient's condition?	Nulliparity
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At this stage, do I need I need Chemotherapy to control the lungs and surgery to remove the Parotid tumor and reconstruction. I live in India and cannot afford the huge cost of treatment in USA. Can you suggest the best Institutions in India?	<p>Hi, Thanks for writing in. Cancer is a challenging condition and treatment should be given as per the stage of the disease. If you have developed lung metastasis then please return to your doctor who has treated you earlier and then continue treatment for the parotid swelling and lung metastasis. As lung spread makes your condition stage 4 cancer therefore, attempts are to be made to control the progress by giving chemotherapy and radiation. As you have parotid cancer therefore the chances of treatment are better and many people can survive for a long time with proper treatment. There are many cancer treatment hospitals in India and you can choose to go to any of them. The best cancer hospital is Tata memorial hospital in Mumbai, and they provide cancer treatment at low cost. You can also ask your employer and try to write to philanthropic organizations seeking help for cancer treatment in the US if it is difficult to change your location.</p>
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AZITARUL2. OCTAMOP3. TOPISAL OINTMENT4. EMODERM5. ATARAX6 . IONAX TSOLUTE	<p>Medicines prescribed by doctor are good, but this is only symptomatic treatment. Psoriasis can also affect spine and nearly 20 to 22 percent people affect from spondylitis(spine involvement)Dear friend, in allopatry there are not any complete treatment of Psoriasis. In allopatry treatment for psoriasis is only symptomatic. In Ayurveda (but at rare places in India) complete treatment is possible. I was also suffering from Palmer plantar psoriasis and I completely cured 7 year ago by ayurvedic treatment. Than for query.</p>
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<p>B/L MAXILLARY SINUSITIS2. B/L CONCHA BULLOSA3. DNS TO RIGHT4. HYPER TROPHIED LEFT INFERIOR TURBINATE OMC PATENT ON BOTH SIDES.what all these any one suggest any complications r there.let me know what this history means</p>	<p>Noted here main problem is chronic inflammation of maxillary sinus.that is called maxillary sinusitis. And nasal septum deviated. So by these condition you can have repeated infection, and it can lead to spread of infection to adjacent structure and can lead to meningitis like complication. It can spread to eyes Also. Breathing problem can also occur. With chronic sinusitis local part erosion keep on increasing. So yes repair is needed mainly for sinusitis functional endoscopic sinus surgery and for DNS septoplasty done. Hope your concern solved.</p>
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Input	Output
BACK IN 2012 MY ALT WAS 55. I DO NOT RINK ALCOHOL BUT HAVE GAINED 25 POUNDS AM 222. AND I HAVE PSORIAIS. I DID TAKE METHOTREXATE FOR A YEAR BUT NOW THEY WERE GOING TO CHANGE TO HUMIRA BUT WON T BECAUSE OF MY LAB VALUES. SHOULD I BE WORRIED?	Hello have elevated transaminase (AST, ALT) which needs evaluation. Common causes include NAFLD - non-alcoholic fatty liver disease, Chronic viral hepatitis (B or C), autoimmune hepatitis or .  With recent history of weight gain and history of psoriasis, you need evaluation like USG, autoimmune profile, tests for hepatitis virus workup among others. You should be cautious and consult your doctor regarding the same.

Back rash I tend to think it may have something to do with using a rubber mate to workout, I started to cover the mate with a towel and it seemed to have dried up but I still have the rash and it feels a little like needles. 2. My collar bone rash itches. I went to the doctor yesterday and she didn t seem to be to worried about it. She thinks it has to do with jewelry, but i haven t used anything different and I rarely wear necklaces in the summer do to heat. Oh forgot to mention my doctor prescribed an ointment (Fluocinonide 0.05 cream 60GM 3. I have been under a lot of stress lately I recently loss my mom and that has been difficult for me. I do get a little concern with shingles, because my mom got shingles before she passed and I was exposed. Do I need to be concern about the rashes I have?	Hi, Do not worry. It may be satyriasis tricolor.also called Tina tricolor. It does not itch or hurt.  Furthermore, it is symptomless. However, consult the dermatologist for the perfect diagnosis and proper treatment. I would recommend you to apply antifungal cream like ketoconazole cream and to take ketoconazole tablets for few weeks. Avoid soap bath. It may vanish in few weeks to few months. Hope this helps. Thanks. .
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Basically this means that your disc disease is severe at L5-S1 , moderate at L4-5, and mild at L3-4, which is what we discussed. You will need to followup with physical medicine to determine what the next treatment plan is, which may include epidural steroids, acupuncture, therapy or surgery. I wish you well with this.	HelloPresent MRI findings indicate degenerative changes in lumbosacral spine at multiple levels.  At L3-4 level, there is mild narrowing of lateral neural foramen in both sides, moderate narrowing at L4-5 level and severe narrowing at L5-S1 level. Majority of degenerative disc disease patient are benefited by conservative treatment in the form of physiotherapy, analgesics and muscle relaxants. Steroid shots are also helpful. Surgery is required in unresponsive patients.Nowadays, surgery is done by minimum invasive method like endoscopy. Findings need clinical assessment by a neurologist/neurosurgeon. Get well soon. Take Care .
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Because my stool was so back up they needed to check to make sure what was going on. Just on Monday I find out by and ultrasound that I am 8 weeks and the babys heart was perfect. I am just now worried and thoughts are going through my head if only I knew I would had that xray. Do you think the baby is Okay???? I just want to be reassure. Thank you.	Hi there, Do not worry at all, if at 8 weeks the baby is fine and fetal heart is ok it means that the baby is fine. At this early if any harm had to be caused it would have resulted in abortion, but since your fetus has a good heart rate you need not worry. Anxiety about the x-ray can lead to a lot of stress, and will affect you adversely. Since the ultrasound is normal you can be rest assured that every thing is ok. Continue taking Folic acid and get anomaly scan at 20 weeks. Hope this helps. Regards.
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because of high dose table? 2. she had mother hood 5 months back with twin child, after that this is first injection, so it happens? 3. why one & two bathroom extract automatically. 4. what treatment I have to do? plz ge me your reply for future life of my wife. Thank you sir.

Hello syed, thanks for posting hearing by your description, it looks like she had low BP due to dysentery causing water loss from body. Other reason may be because of medicine reaction. Since you said that after taking . Please confirm with your doctor what medications he has given her so that we can avoid these medications in the future. Also, if she is having diarrhea, encourage her to have fluids. Check BP regularly once per week. Don't worry, it is unlikely that she will have low BP again. Thank you.

Because of this infection he is hesitant to go for any other procedure related to prostate. Pls advise can we wait and watch the growth of cancer?

Prostate biopsy is essential for cancer diagnosis and estimation of prognosis. Unfortunately in some cases (not very often) complications happen. You ran into one of them. He's probably got infected with a hospital bacterium (ESL bacteria reside in hospitals) that needs special treatment. There are scoring systems (Gleason grading system) for prostate cancer prognosis. Prostate cancer can be aggressive - which can prove difficult to treat - or not. If it is aggressive then you can't just watch and wait. He needs treatment. If not, then it's very possible that the cancer will be growing so slowly that he'll never have a problem with it. I hope I've ad .

Becelac PB 2. Forcef-CV 500 3. Montair-LC 4. Unicontin-E400 I m a lot confused and worried about my health here. Please help me on this.

Thanks for asking your question I completely understand your question chronic bronchitis and cough variant asthma are two different diseases. Chronic bronchitis mainly occurs in smokers, so if you are a smoker then it may be a COPD / chronic bronchitis and second thing is cough variant asthma is mainly allergic, if you have allergy to dust and smoke or any other urticaria type of skin allergy also then probability is more of asthma cough variant asthma is a type of asthma in which the main symptom is a . People with cough-variant asthma often have no other classic asthma symptoms, such as wheezing or shortness of breath. Discuss with your pulmonologist the need of adding inhaled medications and continue with the rest. Inhaled

Been bedridden with late age parkinsons and dementia. She is cared by us at home for 2 yrs. She cannot talk, can only make some grunts, can only move her eyes and her fingers flutter a little. Fed via nose tube fortified milk 7 times daily at 3 hour intervals. Since she is lactose intolerant we finally found Peptamine milk the best for her (no diarrhea). Has a catheter for urine and we have a nurse come in half a day twice a week. But my mother is doing pretty OK because her vital organs are rather strong. However, she produces a lot of phlegm and though she sometimes coughs (or sneezes out) the phlegm, we are quite concerned. We have bought a suction machine for the nurse to use. In between we give her chest physio (twice a week) and give her mucosolvan to dilute the phlegm. Any advise from you much appreciated. Thanks.

In my opinion, we should rule out lung infection and bronchitis in your mother's case. She is not taking food orally. She fed via nasogastric tube. This can lead to micro aspiration of food particles in airways and lung. These can cause bronchitis and aspiration pneumonia. Both of them can cause excessive phlegm production. So better to consult pulmonologist for her and get done Clinical examination of respiratory system and Chest x-ray to rule out pneumonia and bronchitis. She may need antibiotics and inhaled treatment on the basis of these reports. Don't worry, she will be alright with all these. Hope I have solved your query. I will be happy to help you further. Wishing good health to your mother. Thanks.

Before angioplasty, echocardiogram showed my LV ejection fraction 49%. Can I improve my

<p>ejection fraction further? Please let me know the foods, vitamins, drugs i can take to improve my hearts EF.</p>	<p>HNormally ejection fraction may improve slightly after stenting. But having 49% EF is not bad.</p> <p>Normal EF is more than 55%. Healthy lifestyle like avoiding fatty, oily and high calorie diet, regular exercises, fish oil or fish, green leafy vegetables, fruits and avoiding meat etc. will help. Lipid profile 6 monthly or yearly if it's deranged. Avoid smoking active or passive and alcohol if any. In the .</p> <p>Hope I have answered your query. Let me know if I can assist you further.</p>
<p>Before i got pregnant I was not having a monthly period. I had the coil inserted approx August 2009 and had it taken out due to problems in October 2009 and after this my period did not return. I am therefore not sure of when i conceived?</p>	<p>Hi Thanks for the query. I have gone through your query and I can understand your concerns. You can make rough idea about your fertilization date by looking at your first trimester scan. The approximate gestational age is written in the scan, you can subtract the age in weeks from the scan date, and thus you will get the conceiving date. Keep in mind this not 100 percent accurate, a five to seven days correction is expected. Hope I have answered your query. Thanks</p>
<p>Before I had the operation I was using a tens machine for atleast 6 months to alleviate back pain and hip pain with quite a bit of success (ruptured a disc between L4 and L5 abt 8 yrs ago) which reduced my use of pain killers drastically. My hip is feeling better every day but am still troubled by back pain. When I asked the Ortho Surgeon if I could use the tens machine post operation he shook his head and said better not to. I feel his answer came not so much from scientific reason but from his lack of faith in the machine to reduce pain. In the mean time I continue to need strong pain killers to manage my back pain knowing that I could be getting the relief I need from the tens machine if I knew for sure that it would not compromise my hip replacement. Please can you advise me? Regards, Christine</p>	<p>HBased on your description of complaints what I can say is that there are mixed reports on safety of TENS machine use in presence of implants. This is because there is a risk of currents stimulating the metal implants inside and raising the temperature around the implants and soft tissues. This has been questioned by some saying that battery operated TENS machines (also called passive machines) do not cause any side effects. Best is to avoid its usage now and use other pain relieving modalities like local pain relieving gel or balm application, muscle relaxants and massage therapy. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>Before starting the treatment they advised to take x-ray. Report is enlarged adenoids . But dr. told that is not a problem. But she had attack again two days back. I am very much confused. I am scared that whether she should take inhaler life long? Please tell me whether adenoid and wheeze have connection. Tell me the remedy.</p>	<p>Adenoids are nothing but lymphoid tissue in the back part of nose. They are more active in. In the process, they become swollen. Your daughter is suffering from allergy. It is most likely related to dust, pollen etc. The child is suffering from allergy i.e. bronchial asthma. Enlargement of adenoids is also due to allergy and occasional infection. Adenoid enlargement will not influence bronchial asthma in any way. Your children bronchial asthma will usually reduce in frequency and intensity as she grows older. Though she may not be absolutely free from asthma, she will surely have less and less of it. Prevention of exposure allergy causing agents like dust, pollen,</p>
<p>Behind the right Ear. 2. Upper part of the Nose 3. Forehead. What can this possibly be. ??</p>	<p>Hi, thank you for providing the brief history of you. As you mentioned the balance and blurred vision along with abnormal tightness of muscles in the neck region. I will advise you to give first priority to your health and meet up a neurologist. Do not ignore the small and little signs what the body receives. Remember that prevention is better than cure. Once you meet a neurologist he will be</p>

able to assess you in detail, a course of symptomatic medicine will be initiated. Also, you may be asked for an MRI or CT scan. Which you please undergo as it will reveal a lot more of things. I hope you will take the wise decision. RegardsJay In .

being try to active by doing some walking but i cant above do for two block walking. i feel no energy,short breathing,dizzy,blur vision . and i feel want to pass out . i cant above to seat for 15-20min. how can i get my normal life back. please give me some advise.

Dear patient You're having lumbar canal stenosis with disc prolapse at l5s1 level. Normal spinal canal diameter is 12 to 14 mm, and you are having only 6 mm with almost 50% reduction in spinal canal space due to which passing nerves get compressed, and you get pain in both legs with weakness after walking certain distance and relieved by rest. Since it is mechanical compression epidural steroid injection would not help much. You require surgical procedures in form of l5s1 discectomy and spinal canal decompression. Procedure can be done with minimal access and endoscope. Since your MRI is 3 yrs old fresh MRI is needed. Consult expert spine surgeon, and he will guide you with proper treatment. All the best

benforce m 2. modus - 10mg 3. mcbm 69 4. mecobalamin with pyridoxin and folic acid is these tablets by consuming make me pregnant and is sex done on the ovulation only be successful? i need ur reply, i will be greatful to u if u find me some suggesstion and how culd i regularize my periods ?

Hello dear,I understand your concern. In my opinion you are in correct line of treatment.POD is one of the treatable causes of infertility. Weight reduction in case of overweight or obesity is first and most important thing in POD. Even a 10% of weight loss might help in regularization of cycles. The treatment can be for POD or infertility. For POD medical or laparoscopic ovarian . For infertility treatment ovulation induction

Bilateral ovarian enlargement (right due to stromal proliferation, left due to large functional appearing cyst) which can be seen in patients with polycystic ovarian disease. Recommend clinical correlation 2. Uterus is within normal limits Result: Indication: Pain and bloating. Technique: Trans abdominal ultrasound of the pelvis performed. Endo-vaginal exam performed for better evaluation of the uterus and adnexa. what does this mean?

Hi, You are always getting abdominal pain and bloating. Scan taken shows Bilateral ovarian enlargement (right due to stromal proliferation, left due to large functional appearing cyst) which can be seen in patients with polycystic ovarian disease. Otherwise, all other reproductive organs are normal. The problem you have is also normal if you can understand the following enlarged ovary is a condition in which one of the female reproductive organs that produces the ova, or eggs, grows beyond its normal size. Several diseases and conditions can cause ovaries to get larger. Most of the time, an enlarged ovary is a symptom of ovarian cysts, Ovarian cysts are sacs filled with fluid that can form inside or outside the ovaries. Most ovarian cysts are not harmful, and they go away on their own in a few months without treatment. Some ovarian cysts can cause symptoms, such as pelvic pain, nausea, frequent urination, breast tenderness, and irregular menstrual period. This usually happens with larger cysts and cysts that rupture. Most cysts are the result of an egg that does not release as normal. If the follicle holding the egg does not rupture and release the egg. Sometimes the enlargement may be due to excessive Follicular stimulating hormone (FSH) or Luteinizing Hormone (LH) can be assessed easily and treated easily. For pain and Bloating symptomatic treatment only. You are normal and will become more normal within a short period. Best wishes

Bilateral paraventricular region deep white matters ischemic changes,2. age related mild and

diffuse cerebral atrophy 3. Ethmoidal sinusitis, this is my father CT scan report done yesterday, age 71years, pl tell me what say this report, is there are porb?	Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. The CT Scan Report indicates that there are age related changes in the brain. This is normal for this age. Also that few areas of brain have received less blood supply. This requires treatment. Your neurosurgeon will suggest ways to improve the blood supply Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Best Wishes for Speedy Recovery Let me know if I can assist you further. Take care.-loops 1 : After all your doubts have been cleared, kindly (a) Close this Question (b) Rate my Replies and (c) Give your Feedback. PS 2 : In the future, for continuity of care, I encourage you to contact me directly in at <a href="http://ask">http://ask</a>
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Bilateral renal parenchymal disease.2. Ascites.3. Bilateral pleural effusion.what should be done to cure it. Is there any possibility of not doing dialysis or transplant.Please give me an advice.thank you	Hi, Prevention is always the goal with kidney failure. Chronic diseases such as hypertension and diabetes are devastating because of the damage that they can do to kidneys and other organs. Lifelong diligence is important in keeping blood sugar and blood pressure within normal limits. Specific treatments are dependent upon the underlying diseases. Once kidney failure is present, the goal is to prevent further deterioration of renal function. If ignored, the kidneys will progress to complete failure, but if underlying illnesses are ad .
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Bilirubin 0.8 (apparently normal). I have been drinking heavily for a couple years, but quit about three weeks ago (the week prior to the blood test). How long would it reasonably take to get my enzyme levels back to normal ranges, and allow the liver to repair itself? Obviously, abstaining from alcohol is in my new life plan, and also eating well and trying to exercise more regularly. Should I currently be worried and seek additional help or medication or should the life changes above allow for my liver to get back to normal?	Yes, this is alcoholic fatty liver disease and hepatitis. You need to worry. Once you stop alcohol, the levels should come down to normal in 6 to 8 weeks of complete abstinence. You should discuss with your doctor to prescribe you tablet Udiliv that contains Ursodeoxycholic acid for three months. I would recommend you an ultrasound and a check-up for hepatitis B and C via blood tests. Moreover, you should exercise and avoid fat in the diet.
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Bilirubin, Cholesterol Sgot etc are normal. Is this high level Sgpt dangerous.	Hello patient You are having hepatitis C. In all hepatic viral infections the level of Sept is high. This is very common finding, but you should go for ultrasonogram to rule out cirrhosis of liver. The medicines you are taking for hepatitis C & the disease itself increases SGPT .you should regularly monitor SGPT, Bilirubin regularly.Also, the sonogram at regular interval with the guidance of gastroenterologist. Wish you good healthy life! Regards .
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Input	Output
<p>BIOPHENE 2. LENOVA 3.LINEATOR 4. EXART 5. H1Q 300. so i need what purpose we need to use the above tablets?</p>	<p>Hi, your semen report is abnormal .you have mentioned count but not about motility. Count should be above 20 million /c mm and motility 60%active motility even after 6 hrs .in case of LIGO Athens permit medicines are prescribed hoping improvement of semen quality both in count and motility. Semen analysis to be done after 3 months to see the result .it will be good to attend infertility clinic and evaluation of both the partners to be done. Treatment of infertility is a continued process and to be taken till get the result. Please discuss with your doctor and a check-up to be done to exclude presence of any condition like HY .</p>
<p>bleeding .(last 6 months) 2. urinal fail ( stomach pain) from 1 month after changing the tube from kidney doctor yashodha hospital hyderabad urine is ok now,3. too much itching and (pain in side stomach) OMEGA HOSPITAL DR told this is 4 th stage please suggest. I am from hyderabad my email id is YYYY@YYYY</p>	<p>Hi, Sorry to listen about your moms condition. The problems you have mentioned needs to be more specified. Bleeding site and amount to be mentioned. The disease is not mentioned also. It is difficult to comment on the management. Anyway, liver function test report should have been mentioned. Stage IV cancer can be managed, but that depends on the specific site and type of cancer. Supportive and symptomatic treatment can be continued. Do not lose hope. Follow your oncologists advise.</p>
<p>Blood pressure 114/70. I am 51 years old. Is this a normal reading, or should my heart rate been higher?</p>	<p>Hi, Maximum heart to be achieved depends upon the age, like in you, it would be around 170, but this is during exercise. This is lower but not necessarily abnormal, because this also depends upon amount of medicine injected, so they might not have injected sufficient amount of medicine may be avoided any side effects, or they might have achieved what they wanted to see. So not to worry about this parameter in this test and look for the results if the test. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>Blood sample test (Report Status: ALT= Normal, Hepatits B,C cerology = Negative, LTF = normal, full blood count = normal, Ferritine = low [suggested medicine Ferrous sulphate], S.BILI = normal) 2.Urine test (Report Status: normal) 3. Ultra sound (Report status: normal), 4. Barium follow through (Report status: Normal), 5. Gastroscopy (Report status: H-Pilori Bactaria Found, for treatment doctor has given me medication course for 2 weeks, of Lanzoprizol, amoxicillin and clarithromycin. After this course i gone through with another test i.e. faecal antigen test which results shows negative). 6. Colonoscopy test (Report Status = They found small rectal polyp, which they removed entirely ( Polyp pathology result = Inflammatory polyp) 7 CT Scan = (Report status = mild fatty liver) 8.Capsule Endoscopy to investigate the iron deficiency ( Report Status = Isolated Ileocaecal inflammation and then they suspect for crohn s diseases ? or NSAID related ?. ( Medication suggested for Isolated Ileocaecal inflammation = PENTASA 500 mg course for nearly a month by consuming 8 capsule a day) 9. Small Bowel Enema (Results = No evidence of inflammtion or mucosal ulceration at terminal ileum) So far all the test which i gone through were unable to diagnois my problem which is causing pain. I can t sit properly because i am feeling unbearable pain in middle of stomach and due to this i can t concentrate on anything happening around me. My whole life is distrube and i can t enjoy any moment of my life.Help me please.</p>	<p>Thanks for your consultation at ! I have gone thoroughly through your entire history and all the investigation that you have done do far. To me most of the diseases have been ruled out with your</p>

investigations. But if you have got stressful life and altered bowel habits then you might be suffering from Irritable bowel syn .your attending physician will take appropriate through history and necessary examination in light of your investigations. Second you should have done CT abdomen with pancreatic protocol to rule out recurrent pancreatitis. For time being if you are in stress and have sleep disturbances do take alprazolam .25 mg at night daily it will help relieve your symptoms. Also meet a consultant of Internal Medicine too. Hope your question has been answered appropriately. If u still got any query feel free to ask. Regards

Blood work also tagged a tumor. His iron levels are high and he has been advised to have a pint of blood taken weekly to rebuild his blood. Will this lower his iron levels? I m very concerned for his outcome. They also advised to be put on a liver recipient list asap.

Hi, dairy have gone through your question. Repeated blood transfusion will increase the iron level. It will not help to lower the iron level. Blood transfusion may be given to increase his hemoglobin level. Iron cheating agents like desferoximine or defiperone may be helpful. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

Both knees have never been an improvement as far as pain and mobility. What are the reasons for knees to remain painful. Could I be reacting to the glue. I have been told by dr. That there is nothing wrong with knees. I just completed four months of pt and no improvement. I can t stand the pain and sleepless nights trying to get comfortable. Morphine does not help.

Get your bone mineral density test and check if you are not having osteoporosis. If there is then you need to start with calcium, vitamin D and tripartite injection.2. Make sure that your serum B 12 and blood sugar level is normal. If there is any abnormality then you can take tablet methylcobal daily.3. Tablet Pregabalin m should be taken at nighttime to improve nerve related pain. I hope these steps will be helpful for you. Let me know if there is any other followup questions. Thanks

BOTH THE LUNGS FIELD SHOWS ACCENTUATED BRONCHO VASCULAR MARKINGS. 2. BOTH THE COSTOPHRENIC ANGLES ARE CLEAR. HEART SEIZE IS NORMAL. BOTH THE DOMES OF DIAPHRAGM ARE NORMAL BONY THORAX APPEARS NORMAL.

Hello dear, Since you are smoker, in my opinion you should first quit smoking. Because this is the culprit for your symptoms of back pain and breathing difficulty. X-ray finding of increased bronchovascular markings is suggestive of early lung damage due to smoking. So better to quit smoking as soon as possible. Enroll yourself in pulmonary rehabilitation center where chest physiotherapy and deep breathing exercise are done. These will help you in taking deep breath.

bowel specialist gave the ok although 15 years ago diagnosed bowel cancer was removed. 2. thyroid test came back positive 3. next specialist looks at Cyst on ovary as scan discovers this who now wants to do a biopsy as he said thickening of uterus needed to be investigated. Oops pain much more severe at night. Has also lost stone in weight last three months while pain and investigations take place. What does all this mean Regards very worried relative ps i am only looking to understand what is happening and the thinking of the drs. as this is a close relative i also wonder about heredity diseases. I have been diagnosed with hyper and now hypo thyroid. Daughter has been treated for fibroid which has been 18cm in length and appeared to compete with baby in womb for both pregnancies. I suppose i was also wondering with all these problems associated with three generations what measurements can be taken to avoid the 80 year old plight ie food, vitamins etc not thinking of long term medication just lifestyle changes to avoid certain scenarios

Hi . This isn't easy to answer. I am afraid i didn't understand the question but as I see you are worked about 80 year old woman and possibility of cancer development in her relative including

you. Well, affinity to certain cancers(especially breast, ovarian, uterine and colorectal) is associated with genetic predispositions. There is no doubt about it but it shouldn't concern you and make your life insecure. This is still small possibility, it is impossible to calculate it. All you need to do is to look for sign and symptoms more careful then the others and often do examinations and preventive tests especially after 40.year. Your doctor will know about these tests. This patient has serious symptoms and cancer in history, so it definitely needs to be investigated and treated. All you can do is to live healthy, eat healthy food, avoid alcohol and smoking. You can't change your genetics but can change life habits and think positively. Every human can get cancer no matter about his genetic potential, and it is absurd to be concerned about this possibility because someone in our family has it. Wish I've been helpful.

Broad based shallow right sided disc herniation at c5-c6 results in some mild ventral cord effacement slightly more on the right. Slight right foraminal narrowin. 2. Shallow ventral impression on the anterior subarchnoid space can be seen at C3-4 and C4-5. What does this mean

Hi and MRI report means that there is herniated disc disease of your cervical column, and it is in first stages. There is a slight degree of your spinal medulla. However, treatment should be leaded from your clinical neurologic findings in correlation with MRI findings. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions.

Bronchovascular accentuation is seen bilaterally 2. Pleural thickening is seen at apices Plz help & advise us on the above mentioned points

Thanks for our question on . In my opinion no need to worry with this x-ray report. As accentuated bronchovascular markings on chest x-ray in lower zone is normal finding. Blood follows the gravity and so more blood supply in lower part of lungs than upper part. So lower part appears more white and accentuated. Blood vessels with bronchi thus becomes more prominent in lower part and termed as accentuated bronchovascular markings. About upper lobe pleural thickening, it is seen in old age and in old TB or pneumonia lesion. Since the pleura is thickened it suggests old fibrotic lesion. So no need to worry about this x-ray report.

But after diagnosis doc told me that your kidney is 90% damaged and treated me as CKD patient. Some inv report is as follow:-HB on 16/10/11 is 7.3 and TLC is 25000 creatinine is 7.3HB on 25/10/11 is 8.0 and TLC is 9400 creatinine is 6.0On 25/10/11 doc relieved me, but told me that you have to go for dialysis within 6 months.i dont understand, when all the reports is improving day by day then why doc told me so.

1,2, and it does not start to rise until at least 50% of the kidney has been damaged. Hence, your doctor has treated you as CKD patient. It is likely that your creatinine levels will fall further, and you may or may not need dialysis in the future but on continuous monitoring will tell us about the need for dialysis in the future. Let us keep our hopes alive that the creatinine levels will normalize.

But after many suggestion, i thought of having Vaccine just for the safety purpose. I took Rabipur and TT(titness) vaccine on day 3, about 50hr from the bite. now i have scheduled vaccine to take, (4 more injection). Am i safe. ????? Or the delay was more?

Dear Friend. I have read your query in detail. Furthermore, I understand your concern. You should take Rabies vaccination as early as possible after bite. Since was exposure was not very high, Vaccination would help you. If you want to be very sure, you may take Immunoglobulins, that are costly but would provide you best safety against rabies. If possible keep a watch on the puppy, in case it shows any awkward symptoms, contact the nearest health facility. This is my best opinion for you based on available details. If you have any further query please ask me. Stay Healthy. , MD

But He is often complaining of having chest pain. Currently he is taking Seloken xl .25 mg that had prescribed by the Dr.Can you please explain me what could be cause of this pain? 2)Is it due EPS study?. If yes, then how long will it take to cure completely?.

Cellophane you for asking. I read carefully your concern. According to the history in my opinion if I were his doctor I would exclude the lung diseases to. And the next step it is controlling the lungs with the tests as follows:Chest X spirometry with b/dilatatorsD-DimerArterial blood gamester having these results the pulmonologist will decide for the follow-up of the patient. Thank you .

but i have used prega news pregnancy test after 4 days (18-december). but the result was negative. now i m feelings some pregnancy symptoms like nausea and dizziness. so m i pregnant? please help me.

Hello,First, I suggest you to REPEAT the home pregnancy test or undergo one blood test for beta- to confirm pregnancy as initial test result may be sometimes inconclusive. Beside pregnancy, reasons of late period and above clinical features could be hormonal imbalance, over weight/ extreme loss, extra mental stress or anxiety, emotional upset, eating disorder, thyroid problem, POD etc. On NEGATIVE test, I suggest you to undergo one USG lower abdomen and hormone test to rule out other underlying causative agent and confirm the diagnosis. Kindly, consult with your local gynecologist and take advice accordingly. You may need to take hormonal pill to induce period. You should control body wt, avoid stress, take healthy low carboy . Be well and take care.

But I still have some pain and little swelling from time to time on my right leg. Since march 2011 I started noticing that every month I get some big red-blue bruises on my right thigh. I lately noticed that the come these last months 1 week prior to me getting my period and remain for 2 weeks at least. Why do I get these bruises? I had a scan of my bloodvessels at the hospital twice, I did a echoduppler, I went to a skin doctor, I did 5 test at the lab and no doctor can figure out what is the cause. They now start asking me if someone has beat me. Unbelievable. Can you help me please with some suggiostions or solution?

HBased on your description of your complaints, you seem to be having venous insufficiency of your lower limbs. This commonly in layman term is called as venous insufficiency of lower limbs. That is the veins of lower limbs usually pump the blood from lower limb to heart, after injury to lower limbs or due to any other because they become weak or loos there ability to pump blood back to heart completely. This results in them becoming thick or engorged and sometimes these small veins look bluish and enlarged. These changes are usually seen when you do a color venous Doppler and arterial Doppler of lower limb. Sometimes these discolored veins also are seen after taking some medications. In most cases, the treatment will be exercises and compression stocking application of lower limb. I would request you to consult your doctor again and ask him to clear your doubts. Wish you a speedy recovery. Hope I have answered your query. Let me know if I can assist you further.

BUT I TEND TO SOMETIME GET IRREGULAR PERIODS. I HAVE BEEN GETTING MY PERIODS IRREGULARLY FOR QUITE SOME TIME ( EVEN BEFOR I GOT MARRIED). I CAN MISS MY PERIOD FOR 10 WHOLE DAYS AND NOW I THAT JUST HAPPENED AND MY PERIOD DID NOT COME SO I THOUGHT I WAS PREGNANT AND IM NOT. mY PERIOD JUST CAM TODAY WEN IT WAS SUPPOSED TO COME EXACTLY 13 DAYS AGO. wAT IS WRONG WITH MY BODY IM SO AFFRAID FOR MY HEALTH. WILL NI EVER BE ABLE TO HAVE CHILDREN?: (

Hi welcome, your problem related to hormonal imbalance only. For this, to make the hormone into normal level instead of going for hormone tablets I prefer you to go for alternate treatment, being an Ayurveda doctor our system have so many medicines to make it regular, and also we have Ayurveda GAEC wing also for the details and better treatment write to

but looks very ill to me he is 34 years I am out of my mind I work full time and try to look after him  
its making me ill we are waiting for a appointment in leeds to se if he will be excepted on the  
transeplant list is he in the worst stages of liver desease if so how long has he got to live he has  
also got epp-c. kind regards.

Hi thanks for asking question. According to history here it seems to be chronic liver disease with  
ascites formation. So excess fluid has to be . Diuretic can be taken.USG done. It might show  
Cirrhosis. The ultimate treatment for Chronic liver disease is liver transplantation. And patient is  
young . So consult surgeon for guidance regarding transplantation.Meanwhile, advise your son to  
take low fat diet. Low salt diet taken to prevent fluid accumulation. Refined food avoided. Non veg,  
pizza, butter etc. trans fat avoided. Fruits more. Grined spinach leaves and carrot juice taken daily.  
If bleeding with omitting occur immediately consult doc.

But my SGGT, is 203. Cholesterol controlled Crestor, I do use Frizium for anxiety. I do not  
understand why SGGt is always above 100. Can explain if you can based on the info given.

Hi, dairy have gone through your question. GGT is an enzyme. It increases in homeostasis. You  
may have intro hepatic or extra hepatic homeostasis. You should go for ultrasound abdomen and  
complete liver function test. Then you should take treatment accordingly. Hope I have answered  
your question, if you have doubt then I will be happy to answer. Wish you a very good health.

But now my viral load (HCV RNA ) is NIL but SGOT SGPT is on heigher side I.E : 198 and 347.  
Now doctor advice me to take Heptral 400mg twice daily. All other test are Negative like ANA ,  
LKM and ASMA . I want to know that can interferon Injections increases the level of SGOT SGPT.  
Thanks & Regards Vikram Mittal

Hvikram2305,I am glad that you were started on Interferon injections for treatment of Hep-C. I am  
not sure if you were just started on it or have been unit for a while. You say that your HCV RNA has  
cleared which is goodness. From that I assume that you have been on treatment for longer than 12  
weeks. When there is active viral replication, you can see enzyme elevations temporarily but will  
come down if you have been treated with proper dosage. If you were treated by single . That is  
something to keep in mind. In that case addition of Bavaria, weight based dosage would be helpful.  
I am glad that immune markers are negative. Also, I don't know what your Hep-C Genotype is.  
Response depend son that as well. Heptral is pretty much a natural agent and I don't think it is  
going to cause any significant side effects. It may give you marginal benefits. Hope you can  
discuss this with your doctor. I wish you well.

but on 9th March its start bleeding again but no pain i went to doctor again she took my blood for  
test now my B level is 98 what does it mean? my blood group is A-

Hi, dairy have gone through your question. First time when your b level is high you were pregnant.  
In pregnancy b level increase very rapidly in initial months. You have fall in b level. You may have  
miscarriage. You should consult your doctor and need examination and ultrasound abdomen.  
Then take treatment accordingly. Hope I have answered your question, if you have doubt then I will  
be happy to answer. Wish you a very good health.

Input	Output
But some how again the problem has relapsed some 10 days back. Please advice how to go about it.	<p>Dear it would be advisable to take rapid for 2 weeks as peep or paroxetine will take nearly 3 weeks to have its antianxiety effect. So take rapid for few more days or else acute attacks will be difficult to manage. Next thing you need to understand is that panic attacks always have some psychological basis behind them. You need to change your faulty cognitions that something will happen and try to control your anxiety. Relaxation exercises and yoga helps a lot.</p>
but still my breathing difficulty continuing. breathing through mouth. i went to same doctor again and told the problem but he gave me some medicines to follow. but no use of that also.im very depressed.what should i do further? pls help me out to overcome this difficulty. pls	<p>Acute breathing difficulties can be due to acute bronchitis or asthma. So better to consult pulmonologist and get done clinical examination of respiratory system, chest x-ray and PFT (Pulmonary Function Test). You may need inhaled bronchodilators (formoterol or albuterol) and inhaled corticosteroid (ICS) (budesonide or fluticasone). Do warm water gargles and steam inhalation 4-5 times a day.Don't worry, you will be alright. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
But the problem is now I had unprotected sex and he cum inside me. Now im worried that I could be pregnant? Please help me. This just happen yesterday? Should I take the morning after pill or should I just wait?	<p>Hello. Whether you need backup birth control after missing a birth control pill depends on where you were in your pack when you missed the pill. For combination BCP's like Tri-Sprintec, if you miss one of the first two pills in the pack, you should take the forgotten pill as soon as you remember and the next at its usual time (just like you did). You should then use a backup method of birth control (e.g., condoms) for one week. If you missed a pill from day 3 through 21 of your pack, you should take the forgotten pill as soon as you remember it and the next at its usual time (as above). Backup birth control is not required in this case. If you missed one of the inactive pills (the white ones), you don't need to take the forgotten pill, and no backup birth control is needed.bGiven those scenarios, you can decide whether you need emergency contraception. Specifically, if you missed one of the first two pills of your pack and had unprotected sex within a week, you should take emergency contraception. Otherwise, emergency contraception isn't indicated. I hope that answers your question!</p>
But the side effects are driving me insane. I need some help, please.	<p>Hwhat you have might be side effect of the . It contains tacrolimus which is supposed to cause the symptoms you are specifying. You might need to readjust the dosage of program after a test called as zero hour tacrolimus levels which is done early morning before you take the dose of program. If the levels come above normal range that means you are taking high dosage of program, and you might need to reduce it after consulting your nephrologist. Kindly talk to your nephrologist and consult him about the same. Thank you</p>
but triglycerides is 319. i am regularly taking glucoformin 1000xl at night and onglyza 5mg with lipicard 160mg after breakfast from past 9 months. still tri is high. lost wait from 76 to 67 now. please confirm if i have to change my medicines?	<p>HI understand your concern. I am , infectious diseases specialist, answering your query. In my opinion you should continue the medication. Medication provided to you was right and need not required to change. It is good that your weight is reduced. You have to make effort continue to reduce weight further. To reduce cholesterol and LDL you have to start exercise initially mild</p>

exercise is enough and need to start thereafter strong exercise. Diet control with the mean of low fat diet. High protein diet also helps maintain building block of the body. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

But we r very worried about side effects of Steroid treatment on its long term use. Also, we know ALLOPATHY does not have any medicine to cure ILD. Can you advise us on benefits of Ayurvedic treatment in her case. And should we really think of Ayurvedic treatment in this case coupled with PRANAYAM & other breathing exercises. Pls. Help ! Rajeev

Honestly speaking, no ayurvedic treatment is available and effective for OLD (interstitial lung disease). So better not to go for ayurvedic treatment. Yes, you can definitely start Panama and yoga. Deep breathing exercises and incentive spirometry are also beneficial. All these techniques basically strengthen lungs and improve lung functions. So these are good for OLD patients. Perfinodone is the newest FDA approved . It is anti-fibrotic

But we want to have a baby, weve been trying to have one the last 11months ago I think, until now, we are still trying. My question is, is there a possibility that a 19y/o woman and a 21y/o be sterile? Why and how?

Hi, Females once they start having menstrual cycle they become fertile and capable of becoming pregnant. Same with males. Around age of 14 to 16 they achieve puberty and sperms are produced. Before that age they will be fertile. For you, I suggest getting your follicular study which tell, you are producing eggs or not and timing. Also get your husband semen analysis done. If both are normal you can try normally to conceive for 3 to 4 yrs. If any abnormality detected it can be treated. Important is you need to have intercourse during fertile period. It will be 12th to 16th day for 30 days cycle. Hope I have been helpful. Regards

by the time they arrived he was responsive. he was highly intoxicated. pupils equal. first responders took a bp over sweatshirt that was 90/80. could not count his hr. when ems arrived took second bp 110/ 80 again over sweatshirt. he refused to go to er but we insisted. I feel they didnt want to take him because of lack of insurance. Were we wrong in thinking he should get checked?

Hi There are two possibilities, one is syncope and other is seizures. Did he have any abnormal jerky or tightening of limbs, if yes it points towards seizures? I think in his case, syncope was a likely possibility, probably vasovagal syncope. Probably due to fall in BP leading to decreased blood supply to brain. What was he doing just before this episode? He'll need evaluation, ECG, holder and echo. Monitor his BP and pulse rate. Ask him avoid risky places and activities like . Avoid deny

By week two the pain was much less and they send me home with antibiotics. Now another week on. I feel like something get stuck under my ribs - feels like when a baby pushes with his feet against it (not sore, but pressure). I also get a feeling of movement in my stomach from time to time. again like when you are pregnant. I am not!!! Had my period a week ago. and I am 46. They also found a haemangioma in my liver during the scan, but said it was small and could not have caused the pain (1-2cm). I am worried about this. something is not right.

I have read details of your question. As per your details, it looks to be a pain due to gall bladder problem. There can be inflammation of gall bladder which is not detected by other investigations. At present, you should have HIDE scan. This is a test which is able to detect the dysfunction of gall bladder, which may be the reason for your pain. Hope this will help you. With best wishes.

C4-C5 AND C5-C6 Disc bulge indenting on ventral thecal sac 2. type I tear in L-4-L5 disc in posterior aspect with disc bulge indenting on ventral thecal sac with bilateral foraminal stenosis iam suffering from dizziness and vomiting sensation with neck and shoulder pain

Treatment depends upon various factors' viz. age, duration as well as intensity of symptoms,

associated medical conditions. However depending upon the MRI report you have mentioned we can proceed in further manner ant inflammatory and muscle relaxants. Tablet diclofenac 50 mg and thiocholchicoside 4 mg twice daily2) local application gel3) ultrasound and it to local pain spot)4 avoiding heavy work and forward bending after relief in pain physiotherapy needs to be started after

C5-C6: Broad based disc osteophyte complex most prominent in the right subarticular with slight compression of the cervical spinal cord. Bilateral uncovertebral joint hypertrophy. Bilateral facet joint hypertrophy. Mild central stenosis. Severe right and moderate left neural foraminal stenosis.2. Multilevel cervical spondylosis.Thank you!

Hi, The changes described are degenerative (related to aging and lifestyle). A disc osteophyte complex occurs when the intervertebral disc moves backwards (slip disc) and the adjacent bone enlarges to try and keep the disc in place. This leads to compression of the spinal cord and adjacent nerve roots which cause symptoms. Uncovertebral arthrosis and facet joint hypertrophy simply represent degenerative arthritis of some joints in your cervical spine which may cause pain by itself or cause compression of your nerve roots. Foraminal stenosis means that there is narrowing of the neural foramen which is the pathway through which your nerve roots pass. Treatment usually depends on your symptoms. If you have severe symptoms of nerve root compression (tingling or shooting pain along an arm, weakness of one hand, etc.) you may need operative intervention. However, if pain is your only symptom, you may improve only with medication and physiotherapy. You need to meet an orthopedic surgeon to evaluate your problems and discuss various options. Sincerely, Vamshi

ca rectum, post operated case, eosinophil -9,alkaline phosph-157, pain in sacrum, swelling in right leg since 1 week, esr-30, presently on capecitabine since last 3 months ,inj zolnidronic acid every 4 week. what is the cause of swelling? very poor patient.

HPost-cancer rectum surgery the symptoms of sacrum pain, lower limb swelling is common. Continue the medicine advised post surgery and use stocking for lower limbs to avoid swelling. As there is a lack of venous return the stocking will provide good support to the muscular system to help improve . Also, for sacrum pain, it is due to muscle weakness. I will advise doing an exercise like knee flexion-extension, ankle toe movements, bridging exercise etc. to improve the muscle physiology. As post surgery cases are advised for physiotherapy for their muscle property to be maintained I will advise doing simple exercises by which you get relief. Hope I have answered your query. Let me know if I can assist you further. Jay In

Calcific density noted in the right renal area 2. Rest of KUB is normal 3. Psoas shadows are normal 4. Bony structures are normal IMPRESSION: RIGHT RENAL CALCULUS What are the simple things that i can do to avoid this. I usually have pain below my testis and it comes once in a year and pains for over 2-3 sometimes a week and then i urinate bloody urine and the pain is all over. The urine report says plenty of RBC cells.

Good day!did the PUB mention how big is the kidney stone? Treatment would depend on the size of the kidney stone and the location. Testicular pain would be radiated pain from stones that are spontaneously passing out through the ureter and this will come out with blood clots.to prevent further stones in the kidney the most important would be increasing water intake to 2-3 litres per day. Decreasing animal fat in the diet and lowering salt intake. I hope I have answered your question.

can i what is cause for my liver, is not working functioning well?.pls tell me how to reduce sgpt,triglycerides & cholesterol levels

Hi. Thanks for posting query at . Usually ALT or AST values higher than two times the upper normal limit, is considered abnormal (in some countries, ALT or AST values of more than 100 are



considered abnormal). Value of AST or ALT greater than 85 or above maybe investigated further.

Alcohol ingestion and obesity are common causes of fatty liver disease. However you're also advised to check viral(hepatitis0 HBV, HCV) serology. Advice :- abstinence from Alcohol - LOW fat diet should be followed, AVOID junk food and beverages-decreased oil consumption (oily food)- NO red meat-green vegetables should be ingested daily-use lemon juice (lemonade) once in a day-reduce weight if overweight/obese-recheck liver enzymes after 6 to 8 weeks (and ultrasound).any further questions are welcomed. Hope to answer your concern. Wish you good health. Regards, .

Can he take benzonatate 100 mg. My email address is YYYY@YYYY

Benzoate is centrally acting cough suppressant. So it is given for . In bronchiectasis, patient usually gets cough with plenty of mucus expectoration. So Benzoate is not given in bronchiectasis. You can ask give him N acetyl cysteine (NAC). It is buccolic, expectorant and antioxidant in nature. It should be given twice daily. Furthermore, it is having excellent effect in bronchiectasis. Hope I have solved your query. I will be happy to help you further. Wishing good health to your husband. Thanks.

Can her vaginal fluids enter my exposed penis as she applied lotion, making me infective (unknown status)?2. I had two p24 tests done at four and nine weeks. Both came negative. Should I go to 12 weeks or is this conclusive? Is there any chance of turning negative to positive?3. I feel swollen lymph node in my neck which occurred close to 12 weeks now. Am I HIV infective? Please help with your reply, and I am getting stressed.

Hello. Answers to your queries are, This is not a likely situation of entry of HIV through the vaginal fluid. Acquisition of HIV in this scenario is non-existent. Your fears are unwanted. 2) It is good that your p24 test is negative at four and nine weeks. Majority of the individuals (approximately 97 %) turned positive after an HIV exposure in two to eight weeks, and a very few take six months for the test to become positive. As per the recommendations and I also suggest you undertake a repeat HIV antibody test at three months and if negative then at six months. You need not repeat it in between. 3) Enlargements of lymph nodes can be in multiple conditions. Get it evaluated. Lymph node biopsy helps in establishing the diagnosis. I hope your queries are answered, but if you still have, feel free to ask.

Can i be pregnant if my boyfriend cumed in my mouth but i spitted it out in a tissue then immediately i kissed him and i transfer some left over sperm in my mouth to him. Then he immediately lick my vagina and spitted in my vagina. Would there be a chance that i would be pregnant? Will the sperm die if the sperm comes in contact with the saliva because it is slightly acidic?2. Can i be pregnant if I blow job my boyfriend and he cleans up the sperm then wash his hands with a sanitizer after 5 minutes he fingered me again. I was wet. Will I be pregnant?3. Can i be pregnant if my boyfriend and I was dry humping and my boyfriend was naked and he was rubbing his penis on my shorts i had a pantie but i learned after there was a hole in the shorts and i was so wet is there a chance that i can be pregnant?

Regarding your 1st query, after kiss there will be minimal chance of semen or sperms entering into his mouth and then into vagina. A big NO. 2. Since he's used sanitizer, all sperms would be dead and again rare occasion to get pregnant 3. Even third instance, if you are not sure of ejaculation entering vagina then you need not worry All in all, do not worry and wait for your regular periods. Hope this helps you.

Can I get infected with hepatitis B and C in the future? 2. How can I overcome with high bilirubin? 3. My digestive system is also not as good as previous. 4. Will I suffer from any sexual infection in

the future.	<p>Hello doctor, A negative test for hepatitis B and C, three months after that unprotected anal sex rules these out as a cause for your hepatitis. Perhaps it was another cause for hepatitis, may be hepatitis A which is transmitted through contaminated food rather than by sex. Hepatitis B and C are transmitted through unprotected sex or blood, e.g. transfusion or sharing needles. So, these scenarios can pose a risk of hepatitis. For raised bilirubin, I suggest you consult a physician kindly. I also suggest you screen for hepatitis A. STDs can happen if you indulge in unprotected sex or sex with partners with high-risk behavior.</p>
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<p>Can IC never be cured 2. Can niftran tablet affect my Kidney since i have a single one. 3. I am not able to understand that is this a gynaec problem or urological.How do i find the exact cause behind the infection 4. Does IC affect pregnancy</p>	<p>HelloThanks for your query. Based on the facts that you have posted it appears that you have a single kidney from birth and have repeated episodes of UTI. Your Urologist has diagnosed it to be due to Interstitial Cystitis. The diagnosis of Interstitial cystitis can be confirmed only on biopsy of the urinary bladder and can not be diagnosed only on clinical or routine urine tests. Niftran is a Urinary antiseptic and does not can not damage kidney.IC can not be cured permanently, one usually gets relapses and recurrence of symptoms. Your problem is an Urological problem and not Gynecological one.Icily not affect pregnancy if treated symptomatically during pregnancy. .</p>
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<p>Can it be used on face? 2. Can it be used by men? 3. Will it cause any side effects in future? 4. What precautions do we need to take while using it. Please clarify the above points.</p>	<p>HelloThanks for posting your query said that you are not very dark. My suggestion is only to apply a good sunscreen half and hour before you go out. That will keep your skin texture intact and will prevent from sun tan and darkening. Creams like Write contain shy . It is like going to a parlor. It is not a permanent remedy, and you may have to apply continuously. Furthermore, it definitely produces side effects in the long run especially reddening of face and the steroid will produce increased facial hair under the eyes. Retinoid acid produces burning sensation when you go out in sunlight. As no medication can change the texture permanently and without side effects it is better to accept our own color and be with it. Have a nice days Prasad</p>
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Input	Output
Can nicotine lozenges cause or further aggravate leukoplakia? I recently used smokeless tobacco for about 3 weeks after not being a regular user for nearly a decade. That ended a week ago but this week, I'm developing small white bumps on my gumline (2) and lower lip (that look like images of leukoplakia). I'm going to see a dentist asap. I've switched over to nicotine lozenges in the meantime.	With your query, as such nicotine in any form is injurious to health and the most common lesions are these white lesions what you see. This clearly indicates you cannot use nicotine either smokeless or lozenges because both the forms will aggravate the situation. Stop using which can definitely be considered as main treatment for the white lesions and for symptomatic relief please visit your specialist dentist that is oral medicine. Hope this helps you. Moment you stop using nicotine you can appreciate the change
Can stomach ulcer prevent one from becoming pregnant? 2. At age 37, can a woman conceive without any side effect? 3. What are the remedies or cure for stomach ulcer? Thank you.	stomach ulcer is no way related to pregnancy. u can definitely conceive at age 37. u need to get an endoscopy to find out the cause for stomach ulcer and get it treated. as of now take tablet pantoprazole 40 mg half an hour before food. if still it persists it's better u start on H-pylori kit. cut down spicy foods and alcohol. take plenty of water and fruits and vegetables. u will be fine. take care
Can't walk now (she could till 1 month b4). 2. Sleeps 19 hours a day. 3. Has droopy eyelids. 4. Has breathing problem during the sleep. She is depressed. She thinks she will die. I am upset.	Has you must have known much about the muscular dystrophy I will not stretch more on it. The symptoms indicate that she needs to undergo physiotherapy guided exercises to improve the overall well-being. The exercise will include strengthening exercises, breathing exercises, gait training, etc. Once the physiotherapist assists the muscles which needs attention he/she will guide towards the best possible rehabilitation training program which will help your friend to overcome this muscle weakness. As of now we don't have any medicine to possibly stop the progression of the muscular dystrophy. We need to work behind improving the quality of life and make them independent as much as we can. In my clinical practice of over 12 years most muscular dystrophy cases have responded well to physiotherapy. Hope I have answered your query. Let me know if I can assist you further. Jay In .
Can the spinal TB be diagnosed by MRI and blood tests? 2. When should he actually start feeling better? 3. Can he resume his work from June?	Angioplasty and detection of spinal problem or tuberculosis is purely incidental and by no means angioplasty can cause that. Now moving toward the second question, MRI or blood test is not the sure shot way to detect Tuberculosis, however based on the clinical situation you describe and if the MRI picture is characteristic along with associated symptoms and Supporting blood investigation, and considering how common is TB in that area, one can start with fair chance of getting results the treatment for TB and as you describe He is already responding. Last each individual responds differently, and it also depends on the baseline condition. However, he should be good by 3-4 weeks of treatment. For pain, apart from . Sir as June is already on to end I think you may have got that answer. However, I would prefer it to heal completely. Regards
Can these cause anaphylaxis? How accurate are the RAST test? I was put on an elimination diet but the hives are still there. I occasionally get angioedema with it also. Can angiodema cause anaphylaxis? As you can see I am so scared for my throat to close up that I am scared to eat anything. I have only been eating a couple of things daily and live off that.	H . RAST is a highly accurate test. If the test is positive for a specific allergen, it shows that you are

sensitized to that particular allergen. This means that you may mount an allergic response when you are exposed to that allergen. However, it does not mean that you will necessarily have an allergic reaction to that substance and, nor does it mean that any reactions will be severe. If the test is negative, it means that one does not have the ability to mount an allergic reaction to that allergen and any symptoms one may be experiencing are probably not due to an allergic reaction to that substance. However, the results of the RAST need to be interpreted in conjunction with your clinical history. e.g the presence of allergy to some or few allergens which may possibly be present either in the environment or food does not necessarily mean that they are responsible for the symptoms because if they are not even present in the environment or food of an individual, then they are irrelevant. In your case, an elimination diet has not helped thus proving the fact that RAST test results should be carefully interpreted along with clinical history and does not necessarily mean that you will necessarily have an allergic reaction to the substance that you tested. Angioedema is frequently associated with urticaria. Pathogenesis is the same for both urticaria as well as angioedema. The presence of angioedema does not always mean that it is a part of anaphylaxis. Angioedema can be a part of anaphylaxis in those individuals who have a severe allergic reaction to an allergen with high levels of antibodies circulating in the blood. Since you have only class 1 and 2 level antibodies therefore it is unlikely that these antigens or allergens would cause anaphylaxis.

Can they be as small as 1mm? 2. If you see a doctor and got the medicine for it, how to you keep any more unhatched eggs around the house or on your clothes from infecting you again? 3. Is it a bad thing to have worms inside you? 4. Is there a way to kill these worms by eating something not a medicine(something like orange or lettuce)? 5. how do you keep other people from getting infected in your family when you have them?

Hello dear, I read and understand your concern. Pin worm or enteric vernaculars is the very tiny worm which lives in the area around anal canal. They won't reside in the intestine itself. Yes they are highly infectious it can infect the other members if the one member is infected. It can also spread through respiratory tract. Yes it is a bad thing to have worms inside you, it may cause severe itching around the anal canal. Clothing should be washed separately of infected person. Bedsheet should be changed daily until the infected person cured. Albendazole can be given to the infected person. If the infected person is more in numbers than all the members requires a treatment simultaneously. There are no other treatment methods other than . I will be happy to answer your further concern on

Can they be as small as 1mm?(because i keep itching everywhere on my body) 2. If you see a doctor and got the medicine for it, how to you keep any more unhatched eggs around the house or on your clothes from infecting you again?( cause i went to the doctor before and ate the medicine but somehow my itching got back after a month) 3. Is it a bad thing to have worms inside you? 4. Is there a way to kill these worms by eating something not a medicine(something like orange or lettuce)?(cause I really don't want to bother my mum again to take me to the doctor after only just a month) 5. how do you keep other people from getting infected in your family when you have them?(I don't want my mum to get the same thing) 6.does doing sports such as swimming kill them off gradually?

Hi Dear, Intestinal worms such as pin worm and thread worm are small but visible to naked eye. It is their eggs which are too small to be seen by naked human eye. These worms lay their eggs at the anal opening at nighttime and cause irritation, leading to itching. When you scratch the anal opening due to itching, these tiny eggs get collected under your nails and when you eat something these eggs get transferred orally to the stomach where they grow into adult worms and the cycle is

repeated. To avoid reinfection, keep your nails closely cropped, wash your hands with soap and water regularly, especially after toilet. Do not insert your finger in . Don't worry your mom will not get the infection. I have no idea of any natural edible substance capable of killing these pests.

Can u help me to gain better understanding in the diagnoses . Thank you	You should always write your physical complaints along with reports . see thecal sac carries spinal cord in if there is indentation it means the is some pressure over spinal cord depending on the degree .in your case MINIMAL. if you are having heaviness of legs and foot its worrying then . else wear a lumbar belt and some analgesic s .and follow your neurologists advice. You can contact me at: luxman02@gmail.com with all your details including medicines .your test reports, your other illnesses
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Can you give me the cpt exact wording for that code. I am familiar with 81000 to 81003 etc, but do not have my cpt book here to read description. Also how does it work when you do a ua in a doctor s office and they send it to a lab to do an intrepreaton on it. I received word that it showed up as Meth which I DO NOT DO on any occasion. I do take Amplodipine and took 2 Adderall that particular week because could not concentrate, but normally do not take them anymore. Could any of those constitute the wrong information.	Hi, Adderall and methamphetamine are identical. They will show up the same way. How it is interpreted varies considerably. Some will just show the result without interpretation. Others have someone make sure the results make sense. In your case, they make sense. If the Adderall is NOT PRESCRIBED to you, it isn't any different from if it were methamphetamine. Hope I have answered your query. Let me know if I can assist you further.
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Can you please help me? Is it implantation bleeding or withdrawal bleeding?2. When did she get her periods?3. When we will surely come to know there is no pregnancy?4. When to use a pregnancy test?	H forum. It is likely that she has got her with . This can be confirmed by getting a serum beta hCG test (human chorionic gonadotrophin test) done which can conclusively rule out pregnancy as well, earliest by 10 days post intercourse. If the hCG levels are less than 3mIU then she is surely not pregnant and the bleed is not an implantation bleed(as it is always a retrospective diagnosis). She would get her menses now only after a month counting from the day of the start of the with
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Can you please tell me what it could be?	Hello dear Understand your concern. Brown discharge during pregnancy is not a good sign. You should consult the gynecologist immediately. Following are the causes of your problem:Vaginal infectionMisscarriage/abortionEctopic pregnancyVaginal infectionsCervical bleeding better to consult the gynecologist and undergoPelvic examination USG for fetal sac and heart activityStart medicine to maintain pregnancySwab test for vaginal infectionAfter diagnosis take proper treatment Hope this may help you Best regards
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Cardiac and pulmonary exams are notable for bibasilar crackles and a systolic murmur that radiates to the carotids. Neurological exam is deferred due to the patient's condition. Laboratory values are shown below.  Hemoglobin: 12 g/dL  Hematocrit: 36%  Leukocyte count: 9,500 cells/mm^3 with normal differential  Platelet count: 199,000/mm^3
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Serum:

Na+: 144 mEq/L

Cl-: 98 mEq/L

K+: 4.0 mEq/L

HCO3-: 16 mEq/L

BUN: 44 mg/dL

Glucose: 202 mg/dL

Creatinine: 2.7 mg/dL

Ca2+: 9.2 mg/dL

AST: 12 U/L

ALT: 22 U/L

The patient is started on IV fluids. Which represents the best next step in management?

Discontinue the patient's home medications

Cefadroxil capsules : twice daily for 10 days 2. Itraconazole capsules : twice daily for 10 days 3.

Levocetirizine tablet : once after dinner for 10 days 4. Onabet lotion : twice daily application for 10 days 5. Washing/bathing with Kz soap There s a burning sensation after using onabet lotion for the first 10 minutes. Is it ok? Or shall I use coconut oil instead of onabet? How much time does it generally take to get absolutely free from the problem? Please revert

Hi Thanks for writing in . Well, after going through your post, what has been prescribed by Dermatologist for fungal infection is absolutely right. Since fungal infections take a little longer to heal, you need to be patient and can not expect quick results. You cannot replace On abet lotion with coconut oil. In case the lotion is causing burning sensation, you can replace it with On abet powder. Kindly continue the same, and it would take about 2 weeks for complete recovery. Wish you good health.

central disc bulging noted L4/5 indenting the theca. loss of lordosis. Have had a course of physiotherapy and accupunture, gp thinks either spinal injections or surgery best way forward, though none of these findings have really been explained to myself

Whether you can bend easily.2.does coughing/sneezing accelerates pain locally. 3. can you lift objects from ground?. 4.is the pain continuously there or comes on movement? 5. is your daily work, occupation hampered? If all these are positive then surgery is a solution. Some spine surgeons do laparoscopic removal of disc through a minute hole, while others do open surgery especially if fusion of adjacent vertebrae is necessary in view of foraminal pathology, nerve compression and rotatory spine movement bring on radiation of pain to lower limbs or to severity of back pain. Epidurals are tried for remission of pains if surgery is not yet possible/or indicated and normal daily activity is not . I hope this solves your question

Cephalexin 2. Amoxicillin & clay. Do u think I should try one of these, or what do u suggest? Many thanks carmella

Hello Carmela! I have been through your question. Related your concern you should know when Burundi ulcers are identified early and treated appropriately with antibiotics, the prognosis is good and not need a surgery. If treatment is delayed, surgical debridement, skin grafts, extensive wound care, and physical therapy may be needed for the sequela. What I suggest for you in conditions that you have to choose between two antibiotics is oral cephalixin, although the best choice of treatment of mycobacterium ulcers is combination of rifampicin with streptomycin for 4-8 weeks. I hope my answer helps you. I wish you a quick recovery.

Cervical Spondylosis at C4,C5, C6 Vertebra.2. Pestrocentral and LT PARacentral Herniation of C5-C6 Disc witpression of Thecal SAC and LT N. Root3. Psoterior Bulging C3-C4 and C4-C5 disc4. There is loss of normal cervical lordsis with loss alignment at C5/C6 Level.5. There is Posterior bulging C3-C4 and C4-C5 disc

At C5-6 level, there is posterocentral and left paracentral herniation of intervertebral disc which is compressing the thecal sac and left nerve roots. 2. There is posterior bulging of inter vertebral discs at C3-4 and C4-5 level.3. There is loss of normal cervical lordosis and spondylitic changes noted at C4,C5 and C6 level. Majority of the cases of degenerative spine disease are benefited by physiotherapy, so physiotherapy should be tried first. Surgery should be the last option. There are also medicines like capsule pregabalin available for pain relief. Treatment can be planned after consultation with neurosurgeon. Get well soon. Take Care .

Checked home pregnancy test and it came back to be negative. Then on 14 th Jan 2012 i went to a gynecologist and she said that i dint get periods because of polycystic ovary after the scan and gave me Regestrone(for 3 days) to regularize my periods and Glycomet for PCO. Then too i dint get the periods. i consulted another doctor and she asked me to wait for another 3 weeks and stop all the tablets. on 1st Feb 2012 i checked with the home pregnancy test and i got two pink lines of

different shades. Many said its Positive. Is this positive result because of glycomet???

One very simple thing I would like to mentioned here and that is ultrasonography test this would rule out the possibility of pregnancy, because urine is not reliable and its very uncertain difficult to comment on this, because this may due to glycogen medicine or may not be, if this shows positive result this could be matter of research, hope this information helps, have a nice day.

Cholesterol is 228, LDL is143, Triglycerides is 216. My HBsAg and Hepatitis C Ab is negative. what would be the cause for my elevated SPGT and SGOT. I take advil very often.

Hi, Thank you for submitting your query. I would like to know why do you take Advil frequently??

Your reports suggest you are having altered Liver Function Test. Advil is a non-steroidal anti-inflammatory . I suggest you to stop abusing it and if you can take a professional help. One more thing I would recommend you to get an ultrasound scan of liver done after discussing it with your doctor to exclude liver enlargement that is Hepatomegaly. If it is confirmed, you may be having Non-alcoholic fatty liver disease which has raised you liver enzymes. There is nothing to panic about as it is common with advancing age. You need to cut down your fat intake and increase physical activity,

Cholesterol no so good. Triglycerides 239 LDL 133 HDL 26 total. Cholesterol 207. Doctor scheduled the soonest appointment to fit me in one month from now almost 2 from the Er visit. Here is the deal since I got out of the er I still feel bad every 2 /4 days Ive been getting a pain that goes through my chest starts on the left and goes to the right after that I get light headed and dizzy with an terrible fear that Im going to die. I try to calm myself but it wont go away till I lay down. After that Im wiped out for a day or so till I force myself to get up and go do some physical work. This weekend it happened again and I was wreaked all weekend I forced myself up for work and now I have pain just above my stomach or upper stomach but below my ribs or bottom rib again this pain will go away if I lay flat. I have had a lot of burping and gas since I started the prilosec and cozaar. Im 37 years old and scared that Im going to die from this. What is wrong with me.

HFirst remove the fear of dying, nothing will happen as your cardiac work up is negative and also symptoms doesn't fit in heart attack. I need to know more about the symptoms, like precipitating factors, factors that increase pain etc. Mostly it's a gastritis and reflux disease. You have upper abdominal pain, nausea, bloating, burping, does there is increase in pain on food, sour water feeling in throat or chest burning, if yes it further supports the diagnosis. You should avoid fatty, oily and high calorie diet. Have some walk after having food instead of taking rest. Have multiple small meals instead of heavy meals. Have regular sleep habits and avoid stress. Lots of green leafy vegetables, fruits. Avoid smoking and alcohol if any. You can get prescribed tab Pan DSR 40 mg before breakfast once a day for 2 weeks instead of Prilosec. Or you can DSR form of Prilosec as well. Along with this you'll need SYR sacral O two teaspoon three times a day for one week. Also, you can End sachet once in a while, if having severe pain. Secondly does this pain increase on applying pressure over the area, if yes it could be Costco . Does this pain increase on deep breathing and coughing etc. if yes it a pain arising from lining of lungs and needs NSAIDs treatment and evaluation.

Cholesterol was 262 with LDL being 179, hdl being 74, and triglycerides being 54. My blood pressure at the doctors office was 124/90 while sitting, 117/79 while laying down and 177/81 while standing. I was very nervous an attributed that to the readings. Since then, I have been so worried about the elevated enzymes that it has caused me to stress. The other liver function test they did was normal and i didnt test positive for hepitiits. Today my blood pressure was 134/100 and 2 minutes later it was 117/76. Im afraid my cuff may be going bad or something because how could it go down so fast?? Im super worried.

Degree understand your concerns. I went through your details. As your doctors said, nervousness