

Input	Output
Coughing up mucus, Wheezing or noisy breathing, Fever, Feeling sick (malaise), Coughing up blood (in rare cases)	Allergic Bronchopulmonary Aspergillosis. Which means An allergic reaction to the fungus "aspergillus" causing respiratory symptoms. Common in people with asthma or cystic fibrosis. Can lead to scar formation in the airways.
Skin rash, Itching, Swelling, Trouble breathing, Drop in blood pressure	Drug allergy. Which means A reaction when the body's immune system treats a drug as an invader. Can be a result of severe reactions such as difficulty in breathing or a drop in blood pressure leading to unconsciousness.
Hives (raised patches of skin that are itchy), Itchy skin, Flushing (skin turns red and feels hot), Swelling of face/hands/feet/throat, Throat tightness, Wheezing, Nausea, Vomiting, Belly pain, Feeling lightheaded	Immediate drug allergy. Which means Starts quickly after a drug is taken, usually within an hour. Typically occurs with drugs a person had taken before without any issue. Can evolve into a life-threatening allergic reaction called anaphylaxis.
Rash (that might spread over much of the skin and can be itchy)	Delayed drug allergy. Which means Usually causes a rash that begins after a few days of taking a drug. Doesn't usually involve severe symptoms like swelling, trouble breathing, etc., and mainly affects the skin.
Sneezing, Stuffy or runny nose, Itchy eyes, Stuffy nose, Itchy or red eyes, Sore throat or itching of the throat or ears, Waking up at night or trouble sleeping leading to feeling tired during the day	Environmental Allergies. Which means Allergic reactions to substances in the environment like dust, pollen, etc. Caused by the immune system reacting to harmless substances as if they were harmful. Can occur all year round or seasonally.
Immediate Reaction: Hives (raised patches of skin that are usually very itchy), Itchy skin, Flushing (skin turning red and feeling hot), Swelling of the face, hands, feet, or throat, Throat tightness, hoarse voice, wheezing, trouble breathing, Nausea, vomiting, belly pain, Feeling lightheaded; Delayed Reaction: Rash that begins after a few days of taking a drug	Penicillin Allergy. Which means A bad reaction to penicillin or a related drug when the body's immune system responds to the drug as if it were a dangerous invader. The reaction can be either immediate, which occurs shortly after taking the drug, or delayed, which happens after taking the drug for days.
Hives, Raised patches of skin that are very itchy, Angioedema, Puffiness, usually of the face, eyelids, ears, mouth, hands, or feet, Redness or itching of the skin (without hives), Swelling or itching of the eyes, Runny nose or swelling of the tongue, Trouble breathing, wheezing, or a change in voice, Vomiting or diarrhea, Feeling dizzy or passing out	Anaphylaxis. Which means Anaphylaxis is a serious allergic reaction that can occur rapidly and may result in death. It can be triggered by various allergens including foods, medications, insect stings, and latex. Symptoms can change and differ among individuals.
Delayed allergic reaction to red meat (2 to 8 hours after ingestion), Hives, Puffiness of the face, eyelids, ears, mouth, hands, or feet, Swelling of the throat, Nausea, Vomiting, Diarrhea, Wheezing, Coughing, Trouble breathing, Feeling dizzy, Passing out, Death	Alpha-gal syndrome. Which means Alpha-gal syndrome is an allergy to red meat that can develop in some people after being bitten by a tick, specifically the "lone star" tick in the US. The allergy is caused by an immune response to a molecule called "alpha-gal" which is transferred by the tick

and is also found in certain mammal meats.

Puffy, raised areas on the skin, Reddish coloration on light-colored skin or pale patches on dark-colored skin, Intense itching, especially at night, Angioedema (puffiness and swelling of tissues under the skin affecting parts like lips, cheeks, eyelids, hands, feet, or genitals)

Chronic Hives. Which means Chronic hives, medically referred to as "urticaria," appear on the skin as patches that are usually very itchy. These hives can emerge anywhere on the body and may grow in size over hours before gradually fading. They can cluster together or scatter across the body. Unlike short-term hives, which could be caused by allergies or infections, chronic hives are not allergy-induced or infectious and persist on most days for 6 weeks or longer. Though they are not life-threatening, their persistent itchiness can be disruptive, affecting focus and sleep. Various factors can exacerbate the symptoms, including heat, stress, certain foods, alcohol, some medications like NSAIDs, and specific periods in the menstrual cycle. Although there isn't a cure for chronic hives, medicines can alleviate the symptoms.

Skin rash, Skin dryness, Itchiness, Cracked skin, Red rash (in light-skinned individuals), Purple/brown/gray/black rash (in dark-skinned individuals), Swelling, Blisters, Pain, Widespread swelling, Oozing, Crusting of the skin

Contact Dermatitis. Which means Contact dermatitis is a type of skin rash that can develop after the skin comes into contact with an irritant or an allergen. Common sources of irritants and allergens include everyday products like soaps and cleansers, certain medicines, perfumes, cosmetics, metals in jewelry, and plants like poison ivy and poison oak. The rash can emerge even after touching a substance that previously caused no issues. The symptoms vary in intensity, and severe cases might present with pain, extensive swelling, and skin oozing or crusting. It's advised to avoid contact with known irritants/allergens, protect the skin, and use soothing skin products. Medical treatments can include steroid creams, pills, and wet or damp dressings.

Intense itching, Color changes (red or pink for light-skinned people and dark brown, purple, or gray for dark-skinned people), A patch of skin that looks lighter than the surrounding skin, Small bumps resembling dots or goosebumps, Skin flaking or forming scales

Eczema (Atopic Dermatitis). Which means Eczema is a skin condition causing itchy, flaky skin. Its exact cause remains unknown.

Mild symptoms: Hives (Raised patches of skin that are very itchy), Red or swollen skin, Itchy, watery, or swollen eyes, Runny nose or sneezing. Severe symptoms (anaphylaxis): Swelling of the throat, Wheezing, coughing a lot, or trouble breathing, Vomiting or diarrhea, Feeling dizzy or passing out, Death.

Food Allergy. Which means A food allergy occurs when a person's immune system responds as if a certain food is harmful to the body. If a person eats or touches that food, or in some cases, breathes in tiny pieces of the food, they can have an allergic reaction. The most common foods people are allergic to include: milk and foods containing milk, eggs, wheat, soy, peanuts, tree nuts like almonds or cashews, fish, shellfish such as shrimp or oysters, and sesame. The symptoms can range from mild to severe and can differ from person to person.

Puffy or raised patches on the skin, Itchiness, Reddish color on light-colored skin, Reappearance

Hives. Which means Hives are patches of skin that are usually very itchy. They might look reddish in color on light-colored skin. Hives can appear and disappear within a few hours.

Puffiness or swelling in face, eyelids, ears, mouth, hands, feet, genitals

Angioedema. Which means Angioedema is characterized by puffiness or swelling. It can occur in the face, eyelids, ears, mouth, hands, feet, or genitals.

Itchy patches of skin, Puffy or raised patches, Reddish hives on light-colored skin, Formation due to physical stimulation, Raised lines on skin due to scraping or stroking (dermatographism), Hives after skin warming post-cold exposure, Tiny hives post-hot shower or exercise, Hives during exercise, Hives from vibrations	Inducible Hives. Which means Hives that form in response to some sort of physical stimulation, such as heat, cold, or pressure. They are also called "physical" hives.
Flushing (skin turning red or purple and feeling hot, especially on the face), Hives (raised, very itchy patches of skin), Angioedema (swelling of the face, eyelids, mouth, tongue, hands, and feet), Trouble breathing, Hoarseness, Wheezing, Swelling (especially in the throat or around the face, eyelids, mouth, hands, or feet), Belly cramps, Nausea, Vomiting, Diarrhea, Dizziness, Passing out	Insect Allergy. Which means An allergic reaction caused by an insect sting, primarily from insects like Honey bees, Yellow jackets, Hornets and wasps, and Fire ants. In severe cases, the reaction is called "anaphylaxis."
Swelling, redness, pain, warmth at sting site	Insect Stings. Which means Stinging insects like bees, wasps, and fire ants can inject venom which can cause irritation. Deadly for severely allergic.
Potential for Lyme disease after tick attachment	Tick Bites. Which means Ticks can spread Lyme disease if attached for a prolonged time. Removal and monitoring for symptoms is advised.
Hives, Puffiness of the face, eyelids, ears, mouth, hands, or feet, Swelling of the tongue, Trouble breathing, noisy breathing (wheezing), or coughing, Nausea, vomiting, or diarrhea, Feeling dizzy or passing out, Death (although this is very rare),Eczema, Eosinophilic esophagitis	Peanut, tree nut, and seed allergy. Which means A food allergy where the immune system responds as if peanuts, tree nuts, or seeds are harmful. Allergic reactions can happen from consumption, inhalation, or skin contact with these allergens.
Itchy skin rash, Blisters filled with fluid, Rash might form blisters before it goes away, Rash can show up in different places at different times, Severe rash, Rash affecting most of the body, Rash affecting face or genitals, A lot of swelling, Rash oozes pus or gives other signs of being infected, Rash does not get better after 2 to 3 weeks	Poison ivy. Which means Poison ivy is a plant that causes an itchy skin rash. The same substance causing the rash is found in poison oak, poison sumac, ginkgo fruit, and mango peels. Exposure can be from touching the plant, objects with the plant's oils, or being near burning poison ivy plants.

Input	Output
Small, raised bump on the skin, Bump might look red or reddish-brown depending on skin color, Itchiness or burning sensation at the bite site, Pain ranging from a slight prickly feeling to very bad pain, Increasing swelling and draining pus, Flu-like symptoms (e.g., feeling tired, nausea, vomiting, fever), Sweating, Very bad muscle pain, Very bad belly pain, Necrosis (center of the bump turning darker red, blue, or black, then drying out and forming a sore)	Spider bites. Which means Spider bites are rare and most are harmless. However, a few types of spiders can deliver painful bites which in rare instances may lead to infections or other serious symptoms. Symptoms can vary from a small bump on the skin to more severe reactions like necrosis or flu-like symptoms.
Pain in the low back (starts in early adulthood, comes on slowly, lasts for more than 3 months, is worse after resting, feels better with movement), back becoming less flexible, "hunchback" posture, pain or arthritis in other joints (hips or shoulders), pain or swelling in parts of the body (elbows, heels, ribs), feeling tired and unwell, inflammation of the eye (iritis or uveitis - causing eye pain and blurry vision), problems with spinal cord, problems with heart valves, breathing problems, inflammation inside intestines	Ankylosing spondylitis. Which means Ankylosing spondylitis is a disease that causes pain and stiffness in the back, neck, and sometimes hips and heels. It begins with inflammation around the bones in the spine or some joints and can sometimes cause the bones in the spine to fuse together. It is part of a group of diseases called "spondyloarthritis."
Open sores in the mouth, Open sores on the genitals, Eye inflammation (uveitis), Arthritis, Skin symptoms, Digestive symptoms	Behçet syndrome. Which means Behçet syndrome is a type of vasculitis, which means inflammation of the blood vessels. This inflammation can make blood vessel walls thick, weak, narrow, or scarred, and these changes can occur in blood vessels throughout the body, leading to a variety of symptoms.
Large blisters on the skin, Itching, Raised areas of skin (red or skin-colored), Sores in the mouth	Bullous pemphigoid. Which means Bullous pemphigoid is an autoimmune disease that causes fluid-filled bumps or blisters on the skin. It happens most often in adults age 60 and older.
Muscle weakness, Skin rashes (itchy, sometimes scaly, red rashes on fingers, elbows, knees, upper eyelids, neck, upper chest, scalp), Interstitial lung disease (hard to breathe)	Dermatomyositis. Which means Dermatomyositis causes muscle weakness and skin rashes. The muscles and skin get inflamed. It is unknown what causes this condition, but it can affect both adults and children.
Runny nose (discharge can include pus or blood), Small sores in nose or mouth, Sinus infections, Ear problems (fluid leak, pain, infections, hearing loss), Inflammation and breakdown of cartilage, Hoarse voice, Cough, Wheezing, Chest pain, Blood in urine, Red or purple spots on skin (usually on lower legs)	Granulomatosis with polyangiitis. Which means Granulomatosis with polyangiitis is a rare disease that causes pain and swelling of blood vessels and can affect organs or structures throughout the body, especially the nose, mouth, ears, lungs, and kidneys.
Feel tired or weak, Lose or gain weight, Get fevers, Get headaches, Get a butterfly-shaped rash on their nose and cheeks (especially after being in the sun), Lose some hair, Get chest pain, Have trouble breathing, Bruise easily, Have joint pain and stiffness, Have swelling in the hands, feet, belly, or around the eyes, Have urine that looks brown (tea-colored) or foamy, Get sores in the	

mouth, Get cold fingers or toes that turn pale or blue, Hard to think clearly, Feel anxious, Feel sad	Lupus. Which means Lupus is a type of "autoimmune disease." When the immune system is working normally, it kills germs and "bad" cells that could turn into cancer. In lupus, instead of killing only bad cells, the immune system starts to attack healthy cells causing an "autoimmune response." This response can happen in certain parts of the body in people with lupus and causes the mentioned symptoms.
Swelling in the hands, face, feet, belly, or around the eyes, Weight changes, Tiredness, Brown or foamy urine, Urinating less often than normal, High blood pressure (higher than 130/80)	Lupus Nephritis. Which means Lupus nephritis is a type of kidney disease that occurs in people with lupus. People with lupus are much more likely to have kidney disease than those who don't have lupus. Kidney disease can cause various symptoms, including swelling and high blood pressure. Some people with lupus nephritis don't have symptoms. Medicines are typically the primary treatment for lupus nephritis. In severe cases, the kidneys might stop working, and patients might require hemodialysis, peritoneal dialysis, or a kidney transplant. Getting pregnant with lupus nephritis can be risky, and those wishing to become pregnant should consult their doctors.
Brown patches on the skin, Light or dark brown patches, Sometimes gray or blue patches, Patches on cheeks, forehead, upper lip, nose, chin, and jaw	Melasma. Which means Melasma is a condition that causes brown patches on the skin. The patches are typically found on the face. It is common in pregnant women but can also affect non-pregnant women and men. It is most prevalent in people with darker skin and those who reside in sunny locations.
Feeling tired, Losing weight without trying, Muscle pain and weakness, Fever, Joint pain, Skin changes (Red bumps that hurt, Red or purple spots on the skin, A purple pattern on the skin, Open sores or blisters), Numbness, tingling, and decreased feeling in the hands or feet, Belly pain (Nausea and vomiting, Diarrhea or blood in bowel movements), Pain in the testicles, High blood pressure	Polyarteritis nodosa. Which means Polyarteritis nodosa is a condition causing issues with the kidneys, skin, and other body parts. It occurs when certain blood vessels become inflamed, impairing their ability to carry sufficient blood to the required body parts. It's a serious condition that can be fatal if not treated.
Muscle weakness (affecting both sides of the body, especially muscles in the neck, shoulders, hips, and thighs), trouble climbing stairs, difficulty lifting things above the head, trouble swallowing	Polymyositis. Which means Polymyositis is a condition that causes muscle weakness due to inflammation of the muscles. The exact cause of Polymyositis is unknown. It's more common in adults but can also occur in children.
Pain in the joints, Swelling in the joints, Stiffness in the joints	Rheumatoid arthritis. Which means Rheumatoid arthritis ("RA") causes pain, swelling, and stiffness in the joints. RA is a result of the immune system attacking the joints. It affects small joints in fingers, feet, and wrists initially, and can later affect any joint in the body.
Dry eyes, Eyes that feel dry or burn, Sandy or gritty feeling in the eyes, Red or watery eyes, Blurry vision, Dry mouth, Need to drink liquids to help swallow dry foods, More likely to get cavities and certain mouth infections, Dry, itchy skin, Joint or muscle pain, Problems urinating (Pain, Urinating more often than usual, Getting up a lot at night to urinate, Needing to urinate suddenly), Tiredness, Vaginal dryness	Sjögren's disease. Which means Sjögren's disease is a disease that causes dry eyes, dry mouth, and other symptoms. It occurs when the body's infection-fighting system (immune system) attacks glands that keep the eyes, mouth, and other parts of the body moist. Some people with Sjögren's

disease have other immune system conditions like rheumatoid arthritis, lupus, and scleroderma.

Tiredness, Fever, Muscle and joint pain, Lack of appetite, Belly pain, Brown or dark-colored urine,
Numbness, weakness, or pain in the hands, feet, or other parts of the body

Vasculitis. Which means

Pain and weakness in the arms or legs, Belly pain after eating

Takayasu arteritis. Which means Affects the Aorta, primarily seen in females between 10 and 40
(not common in the US).

Headache, Pain in the jaw, Trouble seeing clearly or seeing from 1 eye

Giant cell arteritis. Which means Affects the Aorta, arteries on face and head, primarily in older
people and those with "polymyalgia rheumatica".

Tiredness, Weight loss, Fever, Red bumps or purple bumps on skin, Numbness or tingling in hands
or feet, Belly pain

Polyarteritis nodosa. Which means Affects kidneys, skin, other body parts. Seen in people with
lupus, rheumatoid arthritis, hepatitis B or C, HIV, or a cancer called "hairy cell leukemia".

Fever, Swelling, and redness in areas with inflammation

Kawasaki disease. Which means Affects the heart and other body parts, primarily seen in children
under 5 years old.

Asthma, Allergies, Sores on the skin

Churg-Strauss vasculitis. Which means Affects the lungs, nose and sinuses, skin, and other body
parts. Seen in people with asthma.

Fever, Joint pain, Weight loss, Runny or "crusty" nose, Ear infections, Cough, Brown or dark urine

Granulomatosis with polyangiitis. Which means Affects the nose, sinuses, lungs, and kidneys,
primarily seen in older adults.

Input	Output
Belly and joint pain, Skin rash, Brown or dark urine	Henoch-Sch?lein purpura. Which means Affects the skin and kidneys, primarily seen in children between age 3 and 15 but can also affect adults.
Red or purple skin bumps, Tiredness, Joint and muscle pain, Swollen glands	Cryoglobulinemia. Which means Affects the blood, primarily seen in people infected with hepatitis C.
Red or purple skin bumps or other rash	Hypersensitivity vasculitis. Which means Affects the skin, primarily seen in people taking medicines that cause a reaction.
Sores in mouth or on skin or genitals, Eye problems, Joint pain and swelling	Beh?t syndrome. Which means Affects the mouth, skin, genitals, eyes, and other body parts. Primarily seen in adults aged 20 to 40.
Pain in the back of the leg, just above the heel, Stiffness or soreness in the back of the leg, especially in the morning, Swelling of the skin over the Achilles tendon, Trouble standing on tiptoe	Achilles Tendinopathy. Which means Achilles tendinopathy is a condition that causes pain in the back of the leg, just above the heel. The pain usually gets worse with exercise and better with rest.
Sudden, severe pain in the back of the leg (above the heel), Trouble putting weight on the foot or walking normally	Achilles Tendon Rupture. Which means Sometimes, the Achilles tendon tears, referred to as a "rupture." This is a more serious injury.
Pain (deep ache or burning feeling) much worse than expected for injury, Numbness or tingling, Muscle weakness, Inability to move certain muscles	Acute Compartment Syndrome. Which means Acute compartment syndrome, or "ACS," occurs when pressure builds up in a muscle group, which can result in pain and muscle damage. It is an emergency condition that typically arises due to injuries such as a broken bone, severe burn, or when a cast or bandage is too tight. The syndrome primarily affects the lower leg or forearm but can also manifest in the foot, upper leg, or buttock.
Pain, swelling, or bruising over the area, Area looking abnormal, bent, or not the usual shape, Inability to move or put weight on that foot, Numbness in the area of the broken bone, Potential pain, tingling, or weakness in the foot or ankle due to a nerve injury	Ankle Fracture. Which means An ankle fracture is when a person breaks a bone in the ankle. This can include fractures to the tibia, fibula, and talus. The cause of the fracture can vary, from sports injuries, twisting the foot or ankle, or falling/jumping from a height. The type and location of the fracture can influence the symptoms one might experience.
Pain, Tenderness, Swelling, Bruising, Difficulty moving foot in certain directions, Inability to put weight on the injured leg	Ankle Sprain. Which means When a person sprains their ankle, the ankle joint turns too far in one direction. This causes the ligaments inside the ankle to stretch too far or even tear, leading to pain, swelling, and other symptoms.
Pain in the low back, Pain or arthritis in other joints (hips or shoulders), Pain or swelling in other parts of the body (elbows, heels, or ribs), Feeling tired and not well, Inflammation of part of the eye, Problems with the spinal cord, Problems with heart valves, Breathing problems, Inflammation of the inside of the intestines	Ankylosing Spondylitis. Which means Ankylosing spondylitis causes pain and stiffness in the back, neck, and sometimes hips and heels. It begins with inflammation around the bones in the spine or

in some joints and can later cause the bones in the spine to fuse together. It is part of a group of diseases known as "spondyloarthritis."

Swelling and pain in the knee, Knee feels unstable, Knee "giving out"

Anterior Cruciate Ligament Tear . Which means An anterior cruciate ligament tear is a type of knee injury that usually results from quick changes in direction, sudden deceleration, or landing from a jump. A ligament, the ACL, connects the thigh bone (femur) to the shin bone (tibia) and stabilizes the knee. The tear can make the knee feel unstable or wobbly, like it can't support the weight.

Pain in the groin especially when walking, Pain in the buttocks, thighs, and knees, Limping

Avascular Necrosis of the Hip. Which means Avascular necrosis of the hip is a condition that causes hip pain. It occurs when bone tissue inside the hip doesn't receive adequate blood supply, leading to tissue death. If untreated, this condition can lead to the collapse of the hip joint. It is also referred to as "osteonecrosis of the hip."

Pain in the back of the knee, Knee stiffness, Swelling or a bulge at the back of the knee, Calf swelling and redness or bruising below the knee (when the cyst tears open)

Baker's (popliteal) cyst. Which means A Baker's cyst is a fluid-filled sac behind the knee. This cyst can cause symptoms, such as knee pain or stiffness. The medical term for a Baker's cyst is "popliteal cyst." People often find that their symptoms get worse if they stand for a long time or bend their knee too far. Symptoms and swelling sometimes also get worse with activity.

Pain in the front of the shoulder, Trouble moving the upper arm and shoulder, Swelling (for tendinitis)

Biceps Tendinopathy. Which means Biceps tendinopathy is a condition that can cause pain in the front of the shoulder. The biceps is the muscle in the front of the upper arm. Tendons are strong bands of tissue that connect muscles to bones. In people with biceps tendinopathy, a tendon in the shoulder called the "long head biceps tendon" is most often affected. This condition can happen as people get older, especially if they do a lot of work or activity with their arms overhead. Tendinitis can happen if people hurt their upper arm or shoulder, or do the same movements over and over. Sometimes, an injured tendon tears which can cause a sudden "pop," pain, bruising, or swelling.

Pain and swelling in the area of the cancer, Pain worsening over weeks to months, Pain worse at night, Lump on the bone or in the tissues around the bone

Bone cancer. Which means Bone cancer occurs when normal cells in the bone change into abnormal cells and grow out of control. There are different types including osteosarcoma, chondrosarcoma, and Ewing sarcoma.

Pain (achy, sharp, burning, or shooting), Nerve-related symptoms (weakness, trouble moving or feeling part of the body, trouble controlling the bladder or bowels), Fractures, Bruising

Bone Metastases. Which means Bone metastases are cancerous tumors in the bone that have spread from another part of the body. They can affect the spine, pelvis, and thigh bone. Any type of cancer can spread to the bones, but it is more common with certain types such as breast, prostate, lung, thyroid, kidney cancer, and multiple myeloma. Treatment depends on several factors.

Pain or tenderness, Swelling, Trouble moving the joint, Redness (if infected), Warmth (if infected), Pain (if infected)

Bursitis. Which means Bursitis is a condition that can cause pain or swelling next to a joint, primarily around the shoulder, elbow, hip, or knee. A "bursa" is a fluid-filled sac near a bone, providing cushioning to nearby tissues. Bursitis occurs when a bursa gets irritated and swollen. Various factors can cause this, such as repetitive motion, resting on a hard surface for prolonged periods, certain types of arthritis, injuries near a bursa, or an infection that spreads to a bursa.

Sudden attacks of joint pain, swelling, warmth in the knee, ankles, feet, shoulders, elbows, wrists, hands, long-term osteoarthritis

Calcium pyrophosphate deposition disease . Which means Calcium pyrophosphate deposition disease, also known as "CPPD disease," is a type of arthritis caused by a buildup of calcium pyrophosphate crystals in the joints. It can cause sudden attacks of joint pain and swelling as well as long-term joint problems.

Pain in fingers and hands, Numbness in fingers and hands, Weakness in fingers and hands, Tingling in the thumb, index, middle, and ring fingers, Symptoms worst at night, Symptoms can wake one from sleep, Symptoms in both hands with one hand possibly worse than the other, Muscle weakness or clumsiness in hand, thumb, or fingers, Pain and tingling extending to the whole hand, wrist, and forearm, Rare extension of pain and tingling past the elbow to the shoulder, Flare-ups during activities like driving, reading, typing, holding a phone, or sleeping in certain positions, Difficulty moving fingers or controlling grip

Carpal Tunnel Syndrome. Which means Carpal tunnel syndrome is a condition that occurs when the median nerve in the wrist is pinched. It causes pain, numbness, and sometimes weakness in the fingers and hands. The median nerve passes through a tunnel in the wrist formed by the wrist bones and a ligament. The exact cause of the pinching is not fully understood, but it may be related to swollen tendons, hardened tissues, or repetitive hand movements. The median nerve carries sensation signals from the hand to the brain and vice versa. It is connected to the thumb, index finger, middle finger, parts of the ring finger, and parts of the palm. Carpal tunnel syndrome is more common in females and can also be associated with certain conditions like diabetes, rheumatoid arthritis, and pregnancy.

Pain, numbness, or tingling in the lower back and spreading down 1 or both legs, Leg weakness or "foot drop", Problems with bowel or bladder control, Problems with sex

Cauda Equina Syndrome. Which means Cauda equina syndrome is a medical term for a group of symptoms that arise when some of the nerves in the cauda equina get compressed or damaged. The cauda equina is a bundle of nerves that spread out from the bottom of the spinal cord.

Input	Output
Pain in the front of the knee, Pain around the knee cap, Pain behind the knee cap	<p>Chondromalacia Patella. Which means Chondromalacia patella is a condition where the cartilage behind the knee cap gets too soft or wears down, causing bones to rub together. This can result in pain. It can be caused by a knee injury or can develop in individuals who run or exercise frequently.</p> <p>Treatment can involve rest, taking NSAIDs, applying ice, exercises to strengthen the muscles around the knee, wearing a knee brace, taping up the knee, wearing shoe inserts, or in severe cases, surgery.</p>
Pain and swelling in the area of the cancer, Pain worsening over weeks to months, Pain that's worse at night and with exercise, Lump on bone or surrounding tissues, Headaches (for chondrosarcomas at the base of the skull), Double vision (for chondrosarcomas at the base of the skull)	<p>Chondrosarcoma. Which means A chondrosarcoma is a type of bone cancer. It arises when normal cells in the bone cartilage transform into abnormal cells and grow uncontrollably. There are different types of chondrosarcomas, with most growing slowly and not metastasizing.</p>
Muscle pain with exercise, Numbness or tingling, Muscle weakness	<p>Chronic Compartment Syndrome. Which means Chronic compartment syndrome, also known as "chronic exertional compartment syndrome" or "CECS", is a condition that causes muscle pain with exercise. In CECS, too much pressure builds up in a muscle compartment, typically in the lower leg (calf). It's common in runners and those playing running sports.</p>
Pain, swelling, or bruising over the area, The area looking abnormal, bent, or not the usual shape, Not being able to move the arm or put weight on that part of the body, Numbness in the area of the broken bone, If a fracture injures a nerve, this can also cause symptoms in nearby areas such as pain, tingling, or weakness in the elbow and wrist.	<p>Clavicle Fracture. Which means A "fracture" is another word for a broken bone. The clavicle is also known as the collarbone. It is part of the shoulder joint. There are different types of fractures, depending on how the bone breaks. A clavicle fracture can occur due to a fall, sports injury, or accident. Treatment varies depending on the type and severity of the fracture.</p>
Pain, swelling, bruising over the area, pain in back, pain in buttocks, pain in belly, pain in pelvis, pain in rectum	<p>Coccyx Injury. Which means The coccyx can be bruised, dislocated, or broken in different ways. Examples of things that can cause injury include a fall, poor posture, repeated strain, arthritis, and having a vaginal birth. Common symptoms include pain, swelling, and bruising. Some might also experience pain in nearby areas such as the back, buttocks, pelvis, or rectum. The pain may intensify when changing positions, leaning back, during bowel movements, or during sexual activity.</p>
Pain and tenderness in the chest, Pain when taking a deep breath, Pain when coughing	<p>Costochondritis. Which means Costochondritis is a condition that causes pain and tenderness in the costosternal joints, where the ribs meet the breastbone. The pain from costochondritis affects only a small area and does not always get worse when moving around. It might be caused by a blow to the chest, heavy lifting, hard exercise, or an illness that causes coughing and sneezing.</p>
Pain in the wrist or thumb, Trouble gripping objects, Swelling in the wrist	<p>de Quervain tendinopathy. Which means de Quervain tendinopathy is a condition that causes pain in the thumb and wrist due to a problem with a tendon. It involves tendons that connect the forearm muscles to the thumb which get inflamed. It can result from excessive use of the wrist and thumb or for no apparent reason.</p>

Pain and stiffness in the upper back, pain in neck or other joints, trouble swallowing, hoarseness, noisy breathing, tingling, pain, numbness, or weakness in the legs.	Diffuse Idiopathic Skeletal Hyperostosis . Which means Diffuse idiopathic skeletal hyperostosis (DISH) is a condition that causes bone to form in places where it is not usually found. DISH affects strong bands of tissue that connect bones to other bones in the back. New bone growths form on the ligaments, leading to the formation of bone spurs.
Symptoms might start mild and get worse over time	Early-onset isolated dystonia. Which means Symptoms might start mild and get worse over time
Head tremor, pain	Cervical dystonia . Which means It usually starts in adulthood and affects the neck and shoulder muscles. About half the people with this type of dystonia experience pain.
Increased blinking, spasms causing the eyes to close	Blepharospasm. Which means Begins in adulthood and mainly affects the eyelid muscles. Bright light or stress can exacerbate the condition. Most people do not have pain with this.
Problems with the jaw (clenching, staying open, or being crooked), difficulty keeping the tongue in the mouth, trouble speaking or swallowing	Oromandibular and facial dystonia. Which means This dystonia type starts in adulthood and impacts the face and throat muscles. It often occurs in individuals who also have blepharospasm or cervical dystonia.
Voice might sound strained or reduced to a whisper	Laryngeal dystonia. Which means Typically begins in adulthood, affecting the muscles of the voice box, known as the laryngeal muscles.
Hand or arm remaining in odd positions	Typically begins in adulthood, affecting the muscles of the voice box, known as the laryngeal muscles.. Which means Starts in adulthood and affects arm and hand muscles. In many people, symptoms manifest only when the arm is extended and disappear when the arm is at rest.
Symptoms related to a specific task, e.g., writing, swinging a golf club, playing a musical instrument	Occupational or task-specific dystonia. Which means This dystonia type commences in adulthood and only appears during specific activities. For instance, Writer's cramp, Typist's dystonia, Golfer's dystonia, and Musician's dystonia all fall under this category.
Pain, swelling, or bruising over the area, The area looking abnormal, bent, or not the usual shape, Not being able to move or put weight on that part of the body, Numbness in the area of the broken bone, Pain, tingling, or weakness in the forearm, wrist, hand, and fingers (if nerve is injured)	Elbow Fracture. Which means An elbow fracture is a break in one of the bones near the elbow. The elbow consists of the Humerus, Radius, and Ulna bones. Depending on which bone breaks and how it breaks, the fracture can be categorized as an open or closed fracture. This can result from a direct blow to the elbow, or from falling on the elbow or an outstretched arm.
Stretchy skin (hyperextensibility), Easy bruising of the skin, Thin skin that can get cut easily, Joints that are too loose and more flexible than normal (hypermobility), Heart problems, A "rupture" or tear inside the body	Ehlers-Danlos syndrome. Which means Ehlers-Danlos syndrome (EDS) is the name for a group of disorders that involve problems with the body's "connective tissues." Connective tissues make up and support the skin, bones, blood vessels, and other organs.
Pain, swelling, or bruising over the area, The area looking abnormal, bent, or not the usual shape, Not being able to move or put weight on that part of the body, Numbness in the area of the broken bone, If a fracture injures a nerve, this can also cause symptoms in nearby areas (e.g., a break to	

the upper arm bone might cause pain, tingling, or weakness in the elbow and wrist).

Fracture. Which means A "fracture" is another term for a broken bone. There are different types of fractures, such as open and closed fractures, depending on how the bone breaks. People with osteoporosis have a higher chance of getting a fracture. Treatment can include casts, splints, braces, or surgery using screws, pins, rods, or plates. The healing process for fractures can vary, with children's fractures typically healing faster than adults'. Preventative measures include safety gear during activities, clear walkways, seatbelt use, and a healthy diet rich in calcium, vitamin D, and protein. If you need further extraction or breakdown from the content, please let me know! User

Please extract structured data with columns such as disease, symptom and description for me.use the full name of disease rather than Abbreviation and include all symptoms into one disease and separate symptoms by comma 10/25/23, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate Official reprint from UpToDate? www.uptodate.com ? 2023 UpToDate, Inc. and/or its affiliates. All Rights Reserved. Patient education: Finger fracture (The Basics) Written by the doctors and editors at UpToDate Please read the Disclaimer at the end of this page. What is a finger fracture? A "fracture" is another word for a broken bone. The finger bones are also called the "phalanges" (figure 1). There are different types of fractures, depending on which bone breaks and how it breaks. When a bone breaks, it might crack, break all of the way through, or shatter.

Fractured fingers can happen if a finger is hit, twisted, or bent too far. What are the symptoms of a finger fracture? Symptoms depend on which bone breaks and the kind of break it is. Common symptoms can include: ? Pain, swelling, or bruising over the area ? Finger looks bent in an abnormal position or is not the usual shape ? Not being able to bend or move the finger ? Trouble making a fist or grasping things with the fingers ? Numbness in the area of the broken bone Is there a test for a finger fracture? Yes. Your doctor or nurse will ask about your symptoms, do an exam, and do an X-ray. They might do other imaging tests, such as a CT, MRI, or ultrasound.

Imaging tests create pictures of the inside of the body.

<https://www.uptodate.com/contents/finger-fracture-the-basics/print> 1/810/25/23, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate How are finger fractures treated? Treatment depends, in part, on the type of finger fracture you have and how severe it is. The goal of treatment is to have the ends of the broken bone line up with each other so that the bone can heal. If the ends of the broken bone are already in line with each other, finger fractures are usually treated with a splint, "buddy taping," or both. Buddy taping involves taping your injured finger to the finger next to it (picture 1). If the ends of your broken bone are not in line with each other, the doctor will need to line them up: ? Sometimes, the doctor can move the bone to the correct position without doing surgery, and then put a splint on or buddy tape your fingers. This is called "closed fracture reduction." ? A severe finger fracture, in which a joint is damaged or the bones do not stay in position, is treated with surgery. During surgery, the doctor puts the finger bone back in position. To do this, they can use screws, pins, rods, or plates to fix the bones inside the finger. This is called "open fracture reduction." How long do finger fractures take to heal? Most finger fractures take weeks to months to heal, depending on the type of fracture. The doctor or nurse will talk to you about when to return to things like work, sports, or other activities. Healing time also depends on the person. Healthy children usually heal much more quickly than older adults or adults with other medical problems. How do I care for myself at home? To care for yourself or your child at home: ? Follow the doctor's instructions for wearing the splint or buddy taping the finger. This supports and protects the bone as it heals. <https://www.uptodate.com/contents/finger-fracture-the-basics/print> 2/810/25/23, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate ? Follow instructions for limiting activity and movement until the bone is healed. The doctor or nurse will tell you what activities are safe to do. ? Prop the injured hand on pillows, keeping it above the level of

the heart. This might help lessen pain and swelling. ? The doctor might recommend an over-the-counter pain medicine. These include acetaminophen (sample brand name: Tylenol), ibuprofen (sample brand names: Advil, Motrin), and naproxen (sample brand name: Aleve). ? Some people get a prescription for stronger pain medicines to take for a short time. Follow the instructions for taking these medicines. ? Ice can help with pain and swelling: ?ut a cold gel pack, bag of ice, or bag of frozen vegetables on the injured area every 1 to 2 hours, for 15 minutes each time. Put a thin towel between the ice (or other cold object) and your skin. ?se the ice (or other cold object) for at least 6 hours after your injury. Some people find it helpful to ice longer, even up to 2 days after their injury. ? Eat a healthy diet that includes plenty of calcium, vitamin D, and protein (figure 2). ? If you smoke, try to quit. Broken bones take longer to heal if you smoke. ? You might need to work with a physical therapist (exercise expert) after your fracture heals. The physical therapist will show you exercises and stretches to strengthen the hand and finger muscles and keep them from getting stiff. When should I call the doctor? Call for advice if: ? There is less feeling or movement in your fingers. ? The finger becomes swollen or starts to hurt more. ? The splint becomes too tight and uncomfortable. ? The fingers are numb or tingly, or turn pale, blue, or gray.

More on this topic <https://www.uptodate.com/contents/finger-fracture-the-basics/print/3/810/25/23>, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate Patient education: Fractures (The Basics) Patient education: Common finger injuries (The Basics) Patient education: Finger dislocation (The Basics) Patient education: How to care for a splint (The Basics) Patient education: How to care for your cast (The Basics) Patient education: How to care for your child's cast (The Basics) Patient education: Giving your child over-the-counter medicines (The Basics) Patient education: Calcium and vitamin D for bone health (The Basics) Patient education: Quitting smoking (The Basics) Patient education: Quitting smoking (Beyond the Basics) Patient education: Calcium and vitamin D for bone health (Beyond the Basics) All topics are updated as new evidence becomes available and our peer review process is complete. This topic retrieved from UpToDate on: Oct 25, 2023. This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at <https://www.wolterskluwer.com/en/now/clinical-effectiveness-terms> ?2023 UpToDate, Inc. and its affiliates and/or licensors. All rights reserved. Topic 17186 Version 11.0

<https://www.uptodate.com/contents/finger-fracture-the-basics/print/4/810/25/23>, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate GRAPHICS Hand and wrist bones This drawing shows the bones of the hand and wrist. Graphic 69018 Version 2.0

<https://www.uptodate.com/contents/finger-fracture-the-basics/print/5/810/25/23>, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate Finger buddy taping Finger buddy taping involves taping an injured finger to the finger next to it. Courtesy of Rebecca Bassett, MD. Graphic 82595 Version 2.0 <https://www.uptodate.com/contents/finger-fracture-the-basics/print/6/810/25/23>,

4:18 PM Patient education: Finger fracture (The Basics) - UpToDate Foods and drinks with calcium and vitamin D Foods rich in calcium include ice cream, soy milk, breads, kale, broccoli, milk, cheese, cottage cheese, almonds, yogurt, ready-to-eat cereals, beans, and tofu. Foods rich in vitamin D include milk, fortified plant-based "milks" (soy, almond), canned tuna fish, cod liver oil, yogurt, ready-to-eat-cereals, cooked salmon, canned sardines, mackerel, and eggs. Some of these foods are rich in both. Graphic 79375 Version 4.0

<https://www.uptodate.com/contents/finger-fracture-the-basics/print> 7/810/25/23, 4:18 PM Patient education: Finger fracture (The Basics) - UpToDate ?

<https://www.uptodate.com/contents/finger-fracture-the-basics/print> 8/8 ChatGPT Based on the provided content, here's the structured data for "Finger fracture":

Disease	Description	Symptoms
Finger Fracture	A "fracture" refers to a broken bone. In the context of a finger fracture, it involves the finger bones, also known as the "phalanges". There are various types of fractures based on which bone breaks and how it breaks. A bone may crack, break all the way through, or shatter. Common causes of finger fractures include the finger being hit, twisted, or bent excessively.	Pain, swelling, or bruising over the area Finger appearing bent in an abnormal position or not retaining its usual shape Inability to bend or move the finger Difficulty making a fist or grasping things with the fingers Numbness in the area of the broken bone

Note: This extraction is based on the content you provided. If there are more diseases in the content, similar extractions can be made for them as well. User Please extract structured data with columns such as disease, symptom and description for me. use the full name of disease rather than Abbreviation and include all symptoms into one disease and separate symptoms by comma

10/25/23, 4:30 PM Patient education: Fibromyalgia (The Basics) - UpToDate Official reprint from UpToDate? www.uptodate.com ? 2023 UpToDate, Inc. and/or its affiliates. All Rights Reserved. Patient education: Fibromyalgia (The Basics) Written by the doctors and editors at UpToDate Please read the Disclaimer at the end of this page. What is fibromyalgia? Fibromyalgia is a condition that causes people to feel pain in the muscles and soft tissues all over their body. People with fibromyalgia also have many places on their body that hurt a lot when they are touched. No one knows what causes fibromyalgia. Can fibromyalgia be cured? In some people, fibromyalgia seems to get better. But in most people, it cannot be cured. Even so, people can learn to deal with the condition and lead fairly normal lives. Fibromyalgia does not get worse over time, and it is not life-threatening. Does fibromyalgia cause symptoms besides muscle pain? Yes. People with fibromyalgia often say they feel tired all the time and that sleep does not help them feel rested. They can also have: ? Trouble thinking clearly ? Flu-like symptoms ? Headaches ? Depression and anxiety ? Stomach pain ? Too many or too few bowel movements (diarrhea or constipation) ? Pain in the bladder or the need to urinate in a hurry or often ? Problems with the jaw

<https://www.uptodate.com/contents/fibromyalgia-the-basics/print> 1/310/25/23, 4:30 PM Patient education: Fibromyalgia (The Basics) - UpToDate Is there a test for fibromyalgia? No, there is no test. To diagnose it, doctors and nurses review your symptoms. First they look for other causes of the symptoms, such as arthritis or a hormone problem. Doctors might diagnose fibromyalgia if you have pain in many parts of your body and they cannot find another cause. This is more likely if you also have other symptoms that can happen in fibromyalgia, such as trouble sleeping, feeling very tired, and trouble thinking clearly. How is fibromyalgia treated? There are medicines and strategies to help with the symptoms of fibromyalgia. But there is no 1 treatment that works for everyone. You and your health care team will need to work together to find the right mix of treatments for you. In general, treatment can include: ? Medicines to relieve pain, improve sleep, or improve mood ? Physical therapy to learn exercises and stretches ? Relaxation therapy ? Working with a counselor

To get the best treatment, many people need a team that includes: ? A doctor ? A physical therapist ? Someone trained in mental health (such as a social worker or counselor) Should I take medicines? Your doctor or nurse might suggest that you take a medicine normally used to treat depression or seizures. If so, be open to trying it. Even if you are not depressed and do not have seizures, these medicines can help. That is because they work on the brain areas that deal with pain. What can I do on my own? It is really important that you stay active. Walking, swimming, or biking can all help ease muscle pain. If you have not been active, it might hurt a little more when you start. But being active can help improve your symptoms.

<https://www.uptodate.com/contents/fibromyalgia-the-basics/print/2/310/25/23>, 4:30 PM Patient education: Fibromyalgia (The Basics) - UpToDate It is also really important that you try not to be too negative about your life. Your outlook has a big effect on how you feel pain. Do your best to be positive. More on this topic Patient education: Fibromyalgia (Beyond the Basics) All topics are updated as new evidence becomes available and our peer review process is complete. This topic retrieved from UpToDate on: Oct 25, 2023. This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at <https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms>

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Widespread pain, Fatigue, Sleep disturbances, Joint stiffness, Headaches, Irritable bowel syndrome, Depression, Anxiety

Fibromyalgia. Which means A disorder characterized by widespread musculoskeletal pain accompanied by fatigue, sleep, memory, and mood issues.

A stiff and painful shoulder, Trouble reaching overhead or around to their lower back

Frozen Shoulder. Which means Frozen shoulder is a condition that causes the shoulder to be stiff and hard to move. The tissue around the shoulder joint gets thick and tight. Common after shoulder injury or surgery and in people with certain health conditions like diabetes.

Input	Output
Swelling, Pain, Trouble moving a joint	Ganglion Cyst. Which means A ganglion cyst is a small sac of fluid that forms over a joint or tendon. They can form on the wrist, finger joints, top of the foot, knee, shoulder, back, or other parts of the body.
Pain, Muscle spasm or tightness, Swelling, Bruising, Leg weakness	Groin strain. Which means A groin strain happens when one of the muscles in the inner thigh gets stretched too much, too quickly, or works too hard. This can sometimes lead to the muscle tearing. It's also known as a "pulled groin." It can result from activities such as exercising, particularly from sudden changes in direction, or during accidents. The adductor muscles, which connect the pelvis to the thigh bone and pull the legs toward each other, are the ones involved in a groin strain. It is the most common cause of groin pain, especially among active adults and can range in severity from mild to severe.
Sudden pain in the back of the thigh, Feeling of a "pop", Warmth or bruising in the back of the thigh	Hamstring Injury. Which means The hamstrings are muscles in the back of the thigh. A hamstring injury occurs when one of these muscles is stretched too much or too quickly, or works too hard, which sometimes results in the muscle tearing. It can also happen when a tendon in the back of the thigh stretches too much or tears. Hamstring injuries frequently occur during running or exercising.
Pain, swelling, or bruising over the area, A finger might look like it is bent in an abnormal position, Trouble making a fist or grasping things with the hand	Hand Fracture. Which means A "fracture" is another word for a broken bone. The hand bones are also called the "metacarpals". There are different kinds of fractures, depending on which bone breaks and how it breaks. A "boxer's fracture" is a common type of hand fracture.
Pain in the muscles and soft tissues, pain in many places when touched, feeling tired, trouble thinking clearly, flu-like symptoms, headaches, depression, anxiety, stomach pain, diarrhea or constipation, pain in the bladder, frequent or urgent urination, problems with the jaw	Fibromyalgia. Which means Fibromyalgia is a condition that causes people to feel pain in the muscles and soft tissues all over their body. No one knows what causes fibromyalgia. It is not life-threatening and there is no known cure, but there are treatments available to help manage the symptoms.
Pain under the heel and sole of the foot, Pain worsens when getting out of bed in the morning, Pain after being seated for some time	Heel pain caused by plantar fasciitis. Which means Plantar fasciitis occurs when the plantar fascia, a tough band of tissue connecting the heel bone to the toes, gets irritated. Common in people who run, jump, or stand for long periods. Most people recover within a year even without treatment.
Pain, Numbness or tingling down 1 or both legs, Leg pain, Leg weakness, Problems controlling bowels or bladder, Foot drop, Back or leg pain along with a fever or other worrying symptoms	Herniated disc. Which means A herniated disc is a condition that affects the back. The outer shell of the discs can sometimes break open, spilling the jelly material inside, causing irritation to nearby nerves. This can lead to various symptoms. The disc itself can also bulge and press on nerves.
Aching, burning pain on the outside of the knee, Pain spreading up the thigh to the hip, Pain during running or other physical activity, Pain after workout, Pain during going up and down stairs, Pain when standing up from a seated position	Iliotibial band syndrome. Which means Iliotibial band syndrome is a condition that causes pain on the outside of the knee. This condition involves a strong band of tissue called the "iliotibial band" that runs down the outside of the thigh, from the hip bone to the top of the shinbone. It happens

most often in runners, especially after they increase their workouts.

Stiff or swollen joints, Pain	Juvenile Idiopathic Arthritis. Which means A condition that causes stiff or swollen joints, pain, and other symptoms in children. Arthritis occurs when the body's immune system attacks the joints. It has several types including Systemic arthritis, Polyarthritis, Oligoarthritis, Enthesitis-related arthritis, and Psoriatic arthritis.
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Fever, Rash, Problems with tissues covering the heart/lungs/digestive tract, Swelling of liver/spleen/lymph nodes	Systemic Arthritis. Which means Affects 1 or more joints and causes a fever. Common in children 1 to 16 years old.
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Joint issues (5 or more affected joints)	Polyarthritis. Which means More common in girls than in boys. Also known as "polyarticular arthritis."
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Joint issues (less than 5 different affected joints)	Oligoarthritis. Which means Joint issues (less than 5 different affected joints)
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Joint issues (affecting leg and back)	Enthesitis-related Arthritis. Which means More common in boys than in girls. Also known as "spondyloarthropathy" or "spondyloarthritis."
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Joint issues, Rash, Nail changes, Sausage-like swelling of fingers or toes	Psoriatic Arthritis. Which means More common in girls. Rare in children under 1 year old.
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Eye redness	Uveitis. Which means This condition is usually painless but can lead to vision loss.
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Knee pain, Knee swelling, Knee locks, Knee gives out or feels unstable, Knee stiffness	Meniscal Tear. Which means A meniscal tear is a condition that causes knee pain and other knee symptoms. It happens when a part of the knee joint called the "meniscus" tears. The meniscus is the cushion of rubbery material (cartilage) inside the knee, between the thigh bone and shin bone. It can happen due to sudden injuries or gradually over time. Treatment can range from rest and physical therapy to surgery, depending on the severity and location of the tear.
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Pain in the ball of the foot, Pain spreading to toes	Metatarsalgia. Which means Metatarsalgia is a condition that causes pain in the ball of the foot. It occurs when there's inflammation in the metatarsals, the foot bones closest to the toes. It can be caused by running, activities that exert pressure on the feet, wearing tight shoes, or certain foot problems.
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Pain, Muscle spasm or tightness, Swelling, Bruising, Weakness or being unable to move the muscle	Muscle strain. Which means A muscle strain can happen when a muscle gets stretched too much or too quickly, or works too hard. This sometimes makes the muscle tear. It can occur during an accident or exercise. Muscles that are commonly strained include those in the back, neck, and thigh.
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Feeling extremely tired most or all of the time, Feeling worse after physical or mental work, Trouble with memory or thinking clearly, Sleep problems, Dizziness when standing up, Joint or muscle aches, Nausea, Headaches	Myalgic Encephalomyelitis/Chronic Fatigue Syndrome. Which means Chronic fatigue syndrome is a disorder that makes one feel very tired all the time. Rest does not alleviate the tiredness, and the affected person finds it hard to perform normal daily activities. Onset might be sudden, often after a cold or infection.
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Neck pain, Neck muscle tightness or spasm, Being unable to move the neck or turn the head,	Neck Fracture. Which means A "fracture" is another word for a broken bone. A neck fracture is when a person breaks 1 of the bones in the neck. The medical term for the bones in the neck is "cervical vertebrae". There are different types of neck fractures. Some can be very serious leading to paralysis. Injuries should be handled with care to avoid exacerbating the condition.
Weakness or paralysis in the arms or legs, Numbness or tingling in the arms or legs	

Input	Output
Pain, stiffness, or tightness in the neck, shoulders, upper back, or arms, Headaches, Neck weakness, Being unable to move or turn the neck, Pain when turning or tilting the head, Numbness or strange feelings (such as pins and needles) in the shoulders or arms, Trouble walking or moving the legs, Having no control over the bladder or bowels	Neck pain. Which means Neck pain happens when there is a problem with or injury to any of the parts ("structures") of the neck. The structures in the neck include bones, ligaments, discs, muscles, and nerves.
Pain, swelling, or bruising over the area, Not being able to walk or put weight on the legs, Weakness or numbness in the legs, Serious bleeding (if severe)	Pelvic Fracture. Which means A fracture is a break in a bone. A pelvic fracture happens when a bone in the pelvis breaks. Symptoms vary based on the specific part of the pelvis that breaks and the type of break.
Pain in the front of the knee, Pain around or behind the knee cap, Knee giving out feeling	Patellofemoral pain. Which means Patellofemoral pain is a condition that causes pain in the front of the knee. It involves the knee cap, which doctors call the "patella". The condition can occur in runners or others who exert a lot of pressure on their knees or when the knee cap is misaligned with the knee joint. It is characterized by pain in the front of the knee, around or behind the knee cap, and can be exacerbated by activities like squatting, running, or sitting for prolonged periods. Treatment often involves strengthening exercises, physical therapy, rest, NSAIDs, and in rare cases, surgery. Preventative measures include consistent exercise and muscle strengthening.
Pain and swelling in the joints (typically knees, ankles, or feet), Pain in the tendons in the feet and ankles, Conjunctivitis (pink eye), Pain when urinating	Reactive arthritis. Which means Reactive arthritis is a type of arthritis that develops following certain infections, often food poisoning, intestinal infections, or sexually transmitted infections. Historically, it was sometimes referred to as "Reiter syndrome." The primary symptoms include pain and swelling in the joints, typically appearing 1 to 4 weeks after an infection. Additional symptoms may include tendon pain in the feet and ankles, eye irritation (conjunctivitis), and painful urination. Treatment usually involves medication, and the majority of patients experience improvement with time.
Muscle pain, Muscle weakness, Muscle swelling, Brown or red urine	Rhabdomyolysis. Which means Rhabdomyolysis occurs when muscle tissue becomes severely damaged and substances from inside the muscle cells leak out into the blood, potentially leading to kidney damage and electrolyte imbalances.
Pain, swelling, or bruising over the area, Pain taking a breath or moving the upper body or arms, The area looking abnormal, bent, or not the usual shape, Not being able to take a deep breath, Numbness in the area of the broken bone, Pain from stress fractures	Rib Fracture. Which means A rib fracture is when a person breaks a rib bone. It can happen due to injury to the chest or severe coughing. There are different types of fractures like complete fractures, partial fractures, and shattered bone. In severe cases, the organs in the chest or belly can also be damaged.
Pain where the shoulder meets the top of the arm and down the outer part of the upper arm.	Rotator cuff injury. Which means A rotator cuff injury can cause shoulder pain. The rotator cuff consists of 4 shoulder muscles and their tendons. People can experience different types of rotator cuff injuries, such as tendinopathy, tendinitis, and tears. These can result from repeated use of shoulder muscles, sports activities, imbalance in shoulder muscle strength, or trauma. The pain is

usually more pronounced when trying to move the arm over the head or when lying on the affected shoulder.

Separated Shoulder. Which means A separated shoulder is a condition that causes shoulder pain and swelling. It occurs when certain ligaments in the shoulder joint tear or get stretched too much. The most common causes are falling on the shoulder or getting hit in the shoulder. It can range from mild to severe depending on the number of ligaments torn.

Septic Arthritis. Which means Septic arthritis is a condition causing a painful, swollen, and fluid-filled joint due to an infection, typically caused by bacteria. It can lead to joint damage and long-term joint problems. The bacteria usually reach the joint through the bloodstream from another part of the body. Commonly affected joints include the knee, wrist, ankle, and hip.

Shin Splints . Which means Shin splints describe the pain experienced in the shins during exercise. Although painful, they are usually not a major concern.

Shoulder Impingement. Which means Shoulder impingement is a condition that causes pain in the shoulder. It occurs when a muscle, tendon, or bursa in the shoulder gets squeezed between the bones that make up the shoulder. Many daily activities can increase the risk of shoulder impingement. It can also lead to other problems such as bursitis or rotator cuff injuries.

Skull Fractures. Which means A skull fracture is a break in one or more of the bones in the skull, usually caused by an impact or blow. Depending on the type of fracture and its location, it can be minor or more serious. Serious complications can include brain damage, bleeding in or around the brain, tissue infections around the brain and spinal cord, and seizures.

Spinal Stenosis. Which means Spinal stenosis is a narrowing of the spinal canal or of the spaces between the vertebrae where spinal nerves pass through. This narrowing can be caused by arthritis or injury, leading to symptoms like pain, numbness, tingling, and weakness.

Temporomandibular joint disorders. Which means Temporomandibular joint disorders, often referred to as TMJ, are problems with the jaw joint and the muscles around it. The main symptom is a dull pain on one side of the face, near the ear, and sometimes headaches. Other symptoms include pain that affects the ear, jaw, or back of the neck. Some people may also experience a clicking or popping sound or a "crunching feeling" in the joint when they open and close their mouth. TMJ can be caused by various factors, including arthritis, stress, jaw clenching, teeth grinding, and more. Treatment options include education and self-care, medicines to relieve pain and relax muscles, and devices like bite plates or occlusal splints. In rare cases, surgery may be necessary

<p>Pain when moving a joint, Swelling of tendons or around joints, Trouble grabbing or gripping objects, Trouble walking (if your ankle is involved), An imaging test such as an X-ray, ultrasound, or MRI scan, Blood tests, Tests on a sample of fluid, Rest, Ice, Pain-relieving medicines called "NSAIDs," Stretches, Surgery, Antibiotic medicines, Getting a shot of a medicine called a steroid, Surgery to cut or loosen the covering around the tendon</p>	<p>Tenosynovitis. Which means Tenosynovitis is the term doctors use when a tendon and the covering around it get inflamed. Treatment depends on what's causing your tenosynovitis and your symptoms.</p>
<p>Neck pain, Muscle tightness or spasm, Being unable to move your neck or turn your head, Headache, especially in the back of the head, Most people with whiplash do not need to seek medical help. In most people, symptoms go away without treatment. Still, see a doctor or nurse if: Your symptoms are getting worse and are so severe that you cannot do normal activities (such as dress or eat). Your symptoms don't improve after you treat them at home for a few weeks. You have numbness or weakness in your arms or legs.</p>	<p>Whiplash. Which means Whiplash is a neck injury that happens when the head suddenly gets jerked forward and then backward. This injury usually happens from car accidents or sports injuries. A whiplash injury can damage different parts of the neck, such as ligaments, bones, discs, nerves, and muscles. Whiplash usually gets better on its own within 2 to 3 weeks.</p>
<p>Pain, swelling, or bruising over the area, The area looking abnormal, bent, or not the usual shape, Not being able to move the wrist and hand, or stiffness, Numbness in the area of the broken bone or part of the hand</p>	<p>Wrist Fracture. Which means A wrist fracture, also known as a broken bone in the wrist, can occur in different types, including fractures of small bones in the wrist or fractures of forearm bones near the wrist. Common symptoms of a wrist fracture include pain, swelling, bruising, abnormal appearance, limited mobility of the wrist and hand, and numbness in the affected area. Treatment options depend on the type and severity of the fracture. Most fractures take weeks to months to heal.</p>
<p>Scaly, rough, or bumpy spots on the skin, Red and scaly, Red, thick or crusty, Smooth and red, Sticking up, pointed, and hard like a fingernail, Rough, dry, or scaly spot on the lip, Lip might crack or get a sore</p>	<p>Actinic keratosis. Which means Actinic keratosis (AK) is a skin condition caused by sun damage.</p>
<p>Feeling very tired and weak, Bleeding or bruising more easily than normal, Getting sick from infections more easily than normal</p>	<p>Acute Lymphoblastic Leukemia. Which means Acute lymphoblastic leukemia, called "ALL," is a type of blood cancer. ALL is fast-growing and needs to be treated quickly. Blood is made up of different types of cells. These cells are made in the center of your bones, in a part called the bone marrow. When people have ALL, their bone marrow makes abnormal blood cells instead of normal blood cells. These abnormal blood cells grow out of control, get into the blood, and travel around the body. Sometimes, these cells collect in certain parts of the body. When the bone marrow makes abnormal blood cells, it does not make the normal blood cells a person's body needs. This can cause symptoms.</p>
<p>Feeling very tired and weak, Bleeding more easily than normal, Getting sick from infections more easily than normal</p>	<p>Acute myeloid leukemia. Which means Acute myeloid leukemia (AML) is a type of blood cancer that is fast-growing and needs to be treated quickly. When people have AML, their bone marrow produces abnormal blood cells instead of normal ones. These abnormal blood cells grow out of control, get into the bloodstream, and can collect in parts of the body. Due to the production of</p>

abnormal blood cells, the bone marrow does not make the normal blood cells a person's body needs, leading to various symptoms.

Input	Output
Feeling very tired, Losing weight without trying to, Swelling in the feet, ankles, legs, or belly, Shortness of breath, Numbness or tingling in the hands or feet, A large tongue, Skin that bruises easily, Purple or bruised-looking skin around the eyes, Bleeding more than usual (e.g., after an injury)	AL Amyloidosis. Which means AL amyloidosis is a type of amyloidosis involving the buildup of abnormal proteins ("amyloid") in the body. These proteins accumulate in various organs, leading to complications. This specific type involves a protein called "light chains." In AL amyloidosis, cells in the bone marrow produce these abnormal light chains, which can accumulate in organs like the kidneys, heart, liver, etc. AL amyloidosis predominantly affects older adults and is more prevalent in males.
Bleeding from the anus, Pain in or around the anus, A growth in the anus, Itching in the anus	Anal Cancer. Which means Anal cancer occurs when normal cells lining the anus become abnormal and grow uncontrollably. It may not always present symptoms, but when it does, these can include bleeding, pain, growth, and itching in the anus. It is diagnosed through exams like a digital rectal exam, anoscopy, and biopsy. Treatment may involve radiation therapy, chemotherapy, or sometimes surgery. Regular follow-ups are required post-treatment.
Blood in the urine, Pain on the sides of your back or above your pubic area, Problems with urinating (pain when urinating, urinating often, or leaking urine)	Bladder cancer. Which means Bladder cancer happens when normal cells in the bladder change into abnormal cells and grow out of control.
Pain and swelling in the area of the cancer, pain worsening over weeks to months, pain sometimes worse at night and with exercise, lump on the bone or tissues around it	Bone Cancer. Which means Bone cancer happens when normal cells in the bone change into abnormal cells and grow out of control. There are different types of bone cancer, including osteosarcoma, chondrosarcoma, and Ewing sarcoma.
Pain (achy, sharp, burning, or shooting), Nerve-related symptoms (weakness, trouble moving or feeling part of the body, or trouble controlling the bladder or bowels), Fractures (can cause pain, bruising, or swelling).	Bone metastases. Which means Bone metastases are cancerous tumors in the bone that have spread from another part of the body. The term can also refer to "bone lesion", which describes an abnormal spot in the bone. When bone metastases occur, they most commonly affect the spine, pelvis, and thigh bone (femur).
Headache (often worse when bending over, coughing, or sneezing), Nausea and vomiting with headache, Trouble moving the arm or leg on 1 side of the body, Memory or thinking problems, Changes in mood, behavior, or personality, Seizures (waves of abnormal electrical activity in the brain causing passing out, or unusual movements or behaviors)	Brain metastases. Which means Brain metastases are cancerous tumors in the brain that spread to the brain from another part of the body. Types of cancer that commonly spread to the brain include lung, breast, kidney, colorectal, and skin (melanoma) cancers. Brain metastases are different from primary brain cancer. Primary brain cancer happens when normal cells in the brain change into abnormal cells and grow out of control. Brain metastases are made up of cancer cells from another part of the body.
Lump in the breast, New lumps in the breast area, Pain in bones, chest, or stomach, Trouble breathing, Headaches	Breast Cancer. Which means Breast cancer occurs when normal cells in the breast mutate and

grow uncontrollably. It can be discovered either by the detection of a lump in the breast or through routine screening tests. While more common in females, anyone can get it, and it can also be hereditary. Diagnosis involves tests like mammograms, ultrasounds, MRIs, and biopsies. The staging of breast cancer helps determine its spread and directs the appropriate treatment. Treatment options include surgery, radiation therapy, chemotherapy, endocrine therapy, targeted therapy, and immunotherapy. After treatment, regular check-ups and vigilance for recurrence symptoms are crucial.

Vaginal bleeding in between menstrual cycles, Vaginal bleeding after sex, Vaginal bleeding after menopause

Cervical Cancer. Which means Cancer of the cervix (cervical cancer) happens when normal cells in the cervix change into abnormal cells and grow out of control.

Pain and swelling in the area of the cancer, Pain worsening over weeks to months, Pain worse at night, Pain with exercise, Lump on the bone or in the tissues around the bone, Headaches (if grown at the bottom of the skull bone), Double vision (if grown at the bottom of the skull bone)

Chondrosarcoma. Which means A chondrosarcoma is a type of bone cancer. It occurs when normal cells in the bone cartilage change into abnormal cells and grow out of control. Most types grow slowly and do not spread to other parts of the body.

Feeling very tired and weak, Swollen lymph nodes in the neck, under the arm, or in the groin, Getting sick from infections more easily than normal, Fevers, drenching sweats at night, and losing weight without trying to

Chronic lymphocytic leukemia. Which means Chronic lymphocytic leukemia, or "CLL," is a type of blood cancer that usually grows very slowly. Blood is made up of different types of cells. When people have CLL, their bone marrow makes abnormal blood cells. These abnormal blood cells grow out of control, get into the blood, and travel around the body.

Feeling very tired and weak, Sweating much more than usual, Losing weight without trying, Feeling full after eating a small amount of food, Bleeding more easily than normal

Chronic Myeloid Leukemia . Which means Chronic myeloid leukemia (called "CML") is a type of blood cancer. Blood cells are made in the bone marrow. People with CML have an abnormal gene in some of their blood cells. This gene causes the bone marrow to make abnormal blood cells. These cells can grow out of control, get into the blood, and travel around the body. Sometimes, these cells collect in certain parts of the body. When the bone marrow makes abnormal blood cells, it does not make enough of the normal blood cells a person's body needs. This can cause symptoms. There are three stages of CML: the chronic phase (slow growth), the accelerated phase (faster growth), and the blast phase (fast-growing and can be fatal). Treatment depends on the phase of the CML.

Stomach pain, A change in bowel movements, Blood in bowel movements, Feeling weak, tired, or short of breath

Colorectal Cancer. Which means Colorectal cancer affects the large intestine (colon) or the rectum. It can be serious but has many treatment methods. It might not show symptoms initially, but when symptoms manifest, they can vary from stomach pain to feeling weak.

Colon polyps do not usually cause symptoms.

Colon Polyps. Which means Colon polyps are tiny growths that form on the inside of the large intestine (also known as the colon). They are common and about a third to half of all adults have them by the age of 50 years. Some polyps can be or become cancer, so doctors sometimes remove them. Doctors can find these polyps during screening tests for colon or rectal cancer.

Usually no symptoms, but in some cases, people feel a lump in their breast, or have blood coming from the nipple.	Ductal carcinoma in situ. Which means Ductal carcinoma in situ (or "DCIS") is the earliest form of breast cancer. It forms inside the ducts that carry milk to the nipple during breastfeeding. When a cancer is "in situ," it means that it has not spread beyond the place where it first formed. For DCIS, it means that the cancer is only in the duct and has not spread into the tissues around it. DCIS is curable in most cases.
Trouble swallowing, especially solid, dry foods, Weight loss	Esophageal cancer. Which means Esophageal cancer happens when normal cells in the esophagus change into abnormal cells and grow out of control. The esophagus is the tube that moves food from the mouth to the stomach.
Bright red blood in bowel movements, Diarrhea ?Runny, watery bowel movements, Constipation ?Trouble having bowel movements, Belly cramps, Weight loss, Bloating ?Feeling like the belly is full all the time, Tiredness	Familial adenomatous polyposis. Which means Familial adenomatous polyposis (FAP) is a disease that causes abnormal growths in the large intestine, rectum, and other areas. These growths, known as "polyps," are not cancerous but can turn into cancer. Most people with FAP have a higher risk of colon cancer. The disease is caused by an abnormal gene, which may run in families.
Swollen lymph nodes (often in the neck, groin, or belly), Fever, Weight loss, Night sweats that soak the clothes, Pain, Blockages in the digestive tract or urinary tract, Feeling very tired and weak	Follicular lymphoma. Which means Follicular lymphoma is a type of lymphoma, which is a cancer of the lymphatic system. The lymphatic system is composed of organs throughout the body that produce and store cells that combat infection. In individuals with follicular lymphoma, white blood cells become abnormal and proliferate uncontrollably. These cells can migrate and often accumulate in lymph nodes, leading to swelling. This type of lymphoma typically grows slowly but can evolve into a more rapidly growing form.
Gallbladder cancer happens when normal cells in the gallbladder change into abnormal cells and grow out of control. The gallbladder is a small, pear-shaped organ that is tucked under the liver. The gallbladder stores bile, a fluid that is made in the liver and helps the body break down fat. Most people with gallbladder cancer have or have had another gallbladder condition called "gallstones."	Gallbladder cancer. Which means Belly pain (especially in the upper right side or upper middle part of the belly), Loss of appetite, Nausea or vomiting, Weight loss, Jaundice (skin and white part of the eye turn yellow)
Glioblastoma (also called "glioblastoma multiforme" or "GBM") is a fast-growing type of brain cancer. It starts in the "glial" cells of the brain and can spread into healthy parts of the brain, causing swelling. Most of the time, the cause is unknown, but getting radiation treatment earlier in life can increase the risk.	Glioblastoma. Which means Headaches, Seizures, Memory or thinking problems, Muscle weakness, Vision changes (double vision or vision loss), Language problems, Personality changes
Swollen, painless lymph node in the neck, swollen lymph nodes above the collar bone, in the armpit or groin, swollen lymph nodes in the chest causing cough, trouble breathing, or chest pain, fever, weight loss, drenching sweats	Hodgkin lymphoma. Which means Hodgkin lymphoma, previously called "Hodgkin's disease", is a lymphoma type, which is a cancer of white blood cells named "lymphocytes". Abnormal lymphocytes grow out of control, affecting different body parts, especially lymph nodes.

Input	Output
Genital warts, Some types may not show symptoms.	Human papillomavirus (HPV). Which means Human papillomavirus, or "HPV," is a virus that can cause skin warts, genital warts, and some forms of cancer.
Skin changes (warm or hot feeling, color changes like pink, red, or purple, thicker skin, dimples or pits on the skin resembling the skin on an orange), Nipple changes (flat nipple, red nipple, crust or blister on the nipple, nipple turning inwards if it pointed out before), Painful, swollen breast	Inflammatory Breast Cancer . Which means Inflammatory breast cancer (IBC) is a rare and rapidly growing form of breast cancer. It makes the breast look red and swollen with a potential appearance of pits or dimples. IBC can spread easily to other parts of the body and requires immediate treatment. The symptoms of IBC can be different from other forms of breast cancer, for instance, it might not cause a lump in the breast. Other conditions, including infections and other types of breast cancer, can also lead to similar symptoms.
Red, pink, purple, blue, or brown area of skin, Starts out flat but can become raised or bumpy, Often occurs on the legs or feet, Growth on the nose or genitals or in the mouth in people with HIV or AIDS, Swelling of the legs or other affected body parts, Weight loss (when in the digestive tract), Belly pain (when in the digestive tract), Nausea, vomiting, or diarrhea (when in the digestive tract), Blood in bowel movements (when in the digestive tract), Trouble breathing (when in the lungs), Chest pain (when in the lungs), Cough or coughing up blood (when in the lungs)	Kaposi Sarcoma. Which means Kaposi sarcoma is a type of cancer that primarily grows on the skin. The development of this cancer happens when normal cells change into abnormal cells and grow uncontrollably. There are various kinds of Kaposi sarcoma, including the "classic" type that predominantly occurs in older adults and grows slowly. Another prevalent type affects individuals with HIV or AIDS. This type of Kaposi sarcoma typically grows rapidly and requires treatment. Additionally, Kaposi sarcoma can also occur in individuals who have undergone organ transplant surgery.
Blood in urine, Pain on either side of your lower back, in your side, or in your stomach, A lump in your belly or on the side of your back, Weight loss that you cannot explain	Kidney Cancer. Which means Kidney cancer occurs when normal cells in the kidney transform into abnormal cells and grow uncontrollably. Smaller kidney tumors might not cause symptoms, while larger tumors and those that have spread can manifest various symptoms.
A hoarse voice, Trouble swallowing, Ear pain, A cough or coughing up blood, Trouble breathing or noisy breathing	Laryngeal cancer. Which means Laryngeal cancer is a type of throat cancer that occurs when normal cells in the larynx change into abnormal cells and grow out of control. The larynx, also known as the voice box, is the top part of the windpipe and contains the vocal cords which enable speech.
Feeling very tired and weak, Bleeding more easily than normal, Getting sick from infections more easily than normal	Leukemia. Which means Leukemia is a type of cancer of the blood cells. Blood is made up of different types of cells that are made in the center of your bones, in a part called the bone marrow. When people have leukemia, their bone marrow makes abnormal blood cells instead of normal blood cells.
Feeling very tired and weak, Bleeding more easily than usual, Getting fevers or infections more easily than usual, Bone pain, Swollen lymph nodes	Leukemia in children. Which means Leukemia is a type of blood cancer where the bone marrow

makes abnormal blood cells instead of normal ones, causing symptoms.

Lump or mild pain in the upper belly, feeling full early on when eating, weight loss, swelling of the belly or legs, skin or white part of the eyes turning yellow

Liver Cancer. Which means Liver cancer happens when normal cells in the liver change into abnormal cells and grow out of control. Most people who get liver cancer have long-term liver disease (chronic liver disease). Having long-term liver disease increases a person's chances of getting liver cancer. The most serious form of this is "cirrhosis".

Cough, Trouble breathing or wheezing, Spitting or coughing up blood, Chest pain (dull, sharp, or stabbing), Hoarse voice, Headache and swelling of the face, arms, or neck, Pain in the arm, shoulder, or neck, Droopy eyelid or blurred vision, Weakness of the hand muscles

Lung cancer. Which means Lung cancer happens when normal cells in the lungs change into abnormal cells and grow out of control. There are different types of lung cancer. Some types grow much faster than others. In the US, lung cancer is the biggest cause of death from cancer.

Asymmetry (One half can look different than the other half), Border (jagged or uneven edge), Color (mix of colors like brown, black, and red), Diameter (larger than the eraser on the end of a pencil), Evolution (changes in size, color, or shape over time), Sores that bleed

Melanoma skin cancer. Which means Melanoma is a serious form of skin cancer that arises when normal cells in the skin change into abnormal cells and grow out of control. It can occur anywhere on the skin and can spread to organs inside the body. Melanoma can run in families.

Bone pain, bones that break easily, nausea, vomiting, confusion, increased thirst, weakness, tiredness, shortness of breath, blurry vision, numbness, tingling, weakness in the chest, lower back, or legs, getting sick easily, unexplained weight loss, severe back pain (emergency symptom), weakness in the legs (emergency symptom), new bladder or bowel control problems (emergency symptom)

Multiple Myeloma. Which means Multiple myeloma (MM) is a cancer of the plasma cells. Plasma cells are a type of white blood cell made in the bone marrow. When a person has MM, there is an overproduction of plasma cells, leading to various symptoms and problems like bone issues, high calcium levels in blood, anemia, kidney damage, and infections.

Feel weak, tired, or dizzy, Have trouble thinking clearly, Have trouble breathing, Bruise or bleed more easily than usual, Get infections more easily or more often than usual

Myelodysplastic syndromes . Which means Myelodysplastic syndromes (MDS) are a group of conditions that involve the blood. When people have MDS, their bone marrow does not work normally. It makes abnormal blood cells and does not make enough normal blood cells. This can cause symptoms. Some people with MDS have no symptoms and find out they have MDS after they have blood tests for another reason.

Pink, Red and swollen, Peeling, Bleeding or look like an open sore, Thick or crusty

Non-melanoma skin cancer. Which means Non-melanoma skin cancer can occur anywhere on the skin, especially on sun-exposed parts. Caused often by sun exposure, affecting light-skinned individuals. Includes basal cell carcinoma and squamous cell carcinoma. Treated usually by surgery, radiation, or skin creams.

Scaly, rough, bumpy spots

Actinic keratoses. Which means Often found on the face, ears, arms, or scalp. These can sometimes turn into skin cancer. Doctors often treat them to reduce the chance of this happening.

Your stomach getting bigger or feeling bloated, Stomach pain, Feeling full or having trouble eating, Needing to urinate often or feeling like you suddenly need to urinate urgently

Ovarian cancer. Which means Ovarian cancer happens when normal cells in the ovary change into

abnormal cells and grow out of control. The ovaries are part of the reproductive system. Ovarian cancer occurs most often between the ages of 50 and 65 but can happen at any age. Some people may discover they have it when a growth is found in or near one of their ovaries, sometimes during a pelvic exam or an imaging test.

Pain, Weight loss, Diarrhea, Yellowing of the skin, called jaundice

Pancreatic cancer. Which means Pancreatic cancer happens when normal cells in the pancreas change into abnormal cells and grow out of control. The pancreas is an organ that sits behind the stomach and plays a role in breaking down food. Symptoms of pancreatic cancer can include pain that spreads from the stomach area to the back, weight loss, diarrhea, and jaundice (yellowing of the skin and eyes). If you experience these symptoms, it's important to consult with a healthcare professional for evaluation.

Shortness of breath, Chest pain

Pleural mesothelioma. Which means Pleural mesothelioma is a rare type of cancer that affects the thin layer of tissue around the lungs known as the "pleura." This cancer is typically associated with asbestos exposure and is more common in individuals over 50. Symptoms of pleural mesothelioma may include shortness of breath and chest pain. While these symptoms can be concerning, it's important to note that many other common conditions can also cause them. If you experience these symptoms, it's advisable to consult a healthcare professional for proper evaluation.

Needing to urinate more often than usual, A urine stream that is slower than usual

Prostate cancer. Which means Prostate cancer occurs when normal cells in the prostate gland change into abnormal cells and grow uncontrollably. This gland is located below the bladder, in front of the rectum, and surrounds the urethra, which carries urine out of the body. Symptoms of prostate cancer, if present, may include increased frequency of urination and a slower urine stream. It's essential to note that these symptoms can be associated with various conditions other than prostate cancer. If you experience these symptoms, consult your healthcare provider for proper evaluation.

Swelling, Pain or discomfort, Drainage of clear or slightly red fluid

Seroma. Which means A seroma is the accumulation of serum (the liquid part of blood) in a specific body area, either beneath the skin or within a body cavity. It commonly develops following surgery, especially major procedures or those involving the removal of significant tissue. Symptoms of a seroma may include swelling, pain or discomfort, and the drainage of clear or slightly red fluid. In some cases, seromas can become infected, leading to additional symptoms like fever, redness of the skin, hardened skin in the affected area, and pus drainage. If you suspect a seroma, it's essential to consult your healthcare provider for evaluation and appropriate management.

Having fewer monthly periods or no periods at all, Loss of breast tissue which can make the breasts smaller, Hair growth on the face, chest, or back, Voice changes making the voice sound deeper, Losing hair from the head, Acne, An increase in the size of the clitoris (a part of the genitals), Belly pain, An increase in belly size, Vaginal bleeding

Sertoli-Leydig cell tumor. Which means A Sertoli-Leydig cell tumor is an exceptionally rare tumor that originates from cells in the ovary. This tumor can be either benign or malignant. Sertoli-Leydig cell tumors have the potential to produce male hormones (androgens) and, in rare cases, female hormones (estrogen). The presence of these hormones can lead to various symptoms, which can vary from person to person. Symptoms related to the production of male hormones may include changes in menstrual periods (fewer or absent periods), loss of breast tissue resulting in smaller breasts, increased hair growth on the face, chest, or back, deepening of the voice, hair loss from the head, acne, and an enlarged clitoris. On the other hand, symptoms may also arise due to the

tumor's size and impact on surrounding tissues, such as belly pain, an increase in belly size, and, in rare instances, vaginal bleeding due to the production of estrogen. Diagnosis of a Sertoli-Leydig cell tumor typically involves blood tests to measure hormone levels and pelvic ultrasound imaging to visualize the ovaries and uterus. However, the definitive diagnosis is made by removing the tumor and examining it under a microscope. Treatment primarily involves surgical removal of the tumor, with the type of surgery determined by factors like the patient's age and future fertility plans. Additional treatment may be necessary if the tumor has spread, including chemotherapy. It's crucial for individuals with this condition to closely follow their healthcare provider's recommendations, discuss treatment options, and inquire about potential benefits, drawbacks, and alternatives.

Input	Output
Lump that grows slowly over weeks to months, belly pain, bloody bowel movements, feeling full after eating only a small amount of food (depending on the location of the sarcoma)	Soft tissue sarcoma. Which means Soft tissue sarcoma typically presents as a lump that grows slowly over several weeks to months. The specific symptoms can vary depending on the location of the sarcoma in the body. For example, a sarcoma in the belly can lead to symptoms such as belly pain, bloody bowel movements, or feeling full quickly after eating.
Weight loss, Belly pain (especially in the upper belly), Trouble swallowing, Having no appetite or feeling full after eating a small amount of food, Nausea, Feeling tired or short of breath (from a condition called "anemia," which is when people have too few red blood cells)	Stomach cancer. Which means Weight loss, Belly pain (especially in the upper belly), Trouble swallowing, Having no appetite or feeling full after eating a small amount of food, Nausea, Feeling tired or short of breath (from a condition called "anemia," which is when people have too few red blood cells)
A lump or swelling in the scrotum that is not painful, A dull ache or heavy feeling in the low belly, or around the anus or scrotum, Pain in the testicles or scrotum	Testicular cancer. Which means Testicular cancer is a condition where normal cells in one or both testicles change into abnormal cells and grow out of control. It is most common in individuals between the ages of 15 and 35. Common symptoms include painless lumps or swelling in the scrotum, a dull ache in the low belly or scrotum, and testicular or scrotal pain. If you notice any of these symptoms, it's important to consult a doctor or nurse.
Mouth sores or bleeding in the mouth, A sore throat, Trouble swallowing, A hoarse voice, A long-lasting cough or coughing up blood, A lump in the neck, Ear pain, hearing loss, or ringing in the ears	Throat cancer. Which means Throat cancer is a condition where normal cells in the throat change into abnormal cells and grow out of control. Symptoms of throat cancer can vary depending on the location within the throat and may include mouth sores, bleeding in the mouth, sore throat, difficulty swallowing, hoarse voice, persistent cough with blood, neck lumps, and ear symptoms. These symptoms can also be caused by conditions other than throat cancer, but if experienced, it is essential to consult a doctor or nurse for evaluation and diagnosis.
Growth (nodule) on the thyroid gland, Hoarseness or being unable to talk, Trouble breathing, Trouble swallowing, Cough or coughing up blood	Thyroid cancer. Which means Thyroid cancer occurs when normal cells in the thyroid change into abnormal cells and grow uncontrollably. Symptoms of thyroid cancer may not be noticeable initially and can be discovered during imaging tests of the neck. Common symptoms include the presence of a thyroid nodule or growth, which may enlarge quickly or slowly. Some individuals may detect the growth themselves, while others may have it identified during routine medical exams. Other symptoms can include hoarseness, difficulty in speaking, trouble breathing, trouble swallowing, and coughing with blood. It's important to note that these symptoms can also be caused by conditions other than thyroid cancer. If you experience these symptoms, consult your doctor or nurse for evaluation and diagnosis.
A sore or lump on the tongue, Bleeding from the tongue, Trouble swallowing, speaking, or moving the tongue, Mouth or tongue pain, A lump in the neck	Tongue cancer. Which means Tongue cancer occurs when normal cells in the tongue change into abnormal cells and grow out of control. In some cases, it can develop in individuals with a condition known as "leukoplakia," which causes white or gray patches on the tongue. Tongue cancer may

	<p>not initially present symptoms, and it is often detected during routine dental or medical examinations. When symptoms are present, they may include the presence of a sore or lump on the tongue, bleeding from the tongue, difficulty in swallowing, speaking, or moving the tongue, mouth or tongue pain, and the presence of a lump in the neck. It's essential to note that these symptoms can also be associated with other conditions besides tongue cancer. If you experience these symptoms, consult your doctor or nurse for proper evaluation and diagnosis.</p>
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<p>Nausea, Vomiting, Diarrhea, Lack of appetite, Feeling tired, Blood in the urine, Muscle cramps or stiffness, An irregular heartbeat, Seizures, Fainting</p>	<p>Tumor lysis syndrome. Which means Tumor lysis syndrome is a serious medical emergency that can occur in individuals with cancer, particularly those with blood cancers such as lymphoma or leukemia. It happens when a significant number of cancer cells break down, releasing specific substances into the bloodstream. This process leads to elevated levels of potassium, phosphate, and uric acid in the body, accompanied by decreased levels of calcium. These imbalances can result in kidney and organ damage. Tumor lysis syndrome is most commonly associated with cancer treatments like chemotherapy, which can cause the rapid breakdown of cancer cells. However, it can also occur spontaneously in individuals with blood cancers, even without active treatment. Risk factors for tumor lysis syndrome include having a rapidly growing type of cancer, a high cancer cell burden in the body (due to a large tumor or widespread cancer), and kidney problems. The symptoms of tumor lysis syndrome can include nausea, vomiting, diarrhea, loss of appetite, fatigue, blood in the urine, muscle cramps or stiffness, irregular heartbeat, seizures, and fainting. Early diagnosis and prompt treatment are crucial to prevent serious complications. Diagnostic tests involve measuring the levels of potassium, phosphate, uric acid, and calcium in the blood. Various preventive measures can be taken based on an individual's cancer type, characteristics, and treatment plan. These may include intravenous fluids, medications to lower uric acid levels, and close monitoring of kidney function and electrolyte levels. If tumor lysis syndrome occurs, hospitalization and treatment are necessary. Treatment may include intravenous fluids, medications to correct electrolyte imbalances, and, in severe cases, dialysis to support kidney function. With timely intervention, tumor lysis syndrome can often be managed effectively, minimizing long-term complications.</p>
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<p>Abnormal vaginal bleeding, Bleeding in between menstrual cycles (when you are not having your period), Menstrual bleeding that is heavier than usual, Any vaginal bleeding if you have been through menopause</p>	<p>Uterine cancer. Which means Uterine cancer occurs when normal cells in the uterus change into abnormal cells and grow uncontrollably. The uterus, which is responsible for holding a baby during pregnancy, has a thin inner lining layer and a thick outer layer. Most uterine cancers originate in the cells of the thin inner lining. While uterine cancer can affect individuals at any age, it is more common among those who have undergone menopause (the cessation of menstrual periods). The most common symptom of uterine cancer is abnormal vaginal bleeding, which includes bleeding between menstrual cycles, unusually heavy menstrual bleeding, or any vaginal bleeding after menopause. These symptoms can also result from conditions other than cancer, but it is essential to report them to a doctor or nurse for evaluation. Diagnostic tests may include a biopsy, where a small tissue sample is taken from the uterine lining and examined under a microscope to detect cancer. In postmenopausal individuals, an ultrasound may be performed initially to assess the thickness of the uterine lining. If the lining appears abnormal, a biopsy will be recommended. Cancer staging is essential to determine the extent of cancer spread, guiding treatment decisions based on factors like cancer stage, growth rate, age, and other medical conditions. Treatment for</p>
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uterine cancer often involves surgery to remove the uterus, ovaries, and fallopian tubes (hysterectomy). During surgery, the doctor checks surrounding organs and tissues for signs of cancer spread and may remove any abnormal findings. Depending on the results of surgery, further treatment options may include chemotherapy or radiation therapy. In specific situations, hormone medicines called "progestins" may be used as an alternative to surgery. After treatment, regular follow-up appointments are crucial to monitor for cancer recurrence. Patients should watch for symptoms like abnormal vaginal bleeding, abdominal pain, or persistent cough and promptly inform their healthcare providers if such symptoms arise. For individuals interested in future pregnancy, discussing fertility preservation options with a healthcare provider before starting treatment is advisable. It's essential to communicate openly with healthcare providers regarding treatment preferences and inquire about the benefits, downsides, alternatives, and potential outcomes of any proposed treatments.

Abnormal bleeding from the vagina, Fluid coming out of the vagina that is watery, bloody, or bad-smelling, Pain when urinating, Blood in the urine, Feeling the need to urinate often, Trouble having bowel movements, Black-colored bowel movements, Feeling the need to have a bowel movement when your bowels are empty

Vaginal cancer. Which means Vaginal cancer occurs when normal cells in the vagina change into abnormal cells and grow uncontrollably. This cancer can be of different types depending on the cells involved. While some individuals with vaginal cancer may not experience any symptoms and only discover it during a routine screening test for cervical cancer, others may present with symptoms such as abnormal vaginal bleeding, which often occurs after sexual intercourse or in individuals who have undergone menopause. Other potential symptoms of vaginal cancer include vaginal discharge that is watery, bloody, or has a foul odor, pain during urination, frequent urination, difficulty with bowel movements, dark-colored bowel movements, and a sensation of needing to have a bowel movement when the bowels are empty. These symptoms can also be caused by conditions other than vaginal cancer, so it's crucial to report them to a doctor or nurse for evaluation. Diagnosis of vaginal cancer typically involves a pelvic exam, which may include the use of a colposcope (a special magnifying lens) for a clearer view of the vagina. A biopsy is usually performed during the exam, where a small tissue sample is taken from the suspicious area and examined under a microscope to confirm cancer. Cancer staging is necessary to determine the extent of cancer spread, guiding treatment decisions based on factors like cancer stage, size, and location in the vagina, as well as the patient's age, other medical conditions, and fertility concerns. Treatment options for vaginal cancer can include surgery (typically a radical hysterectomy to remove the uterus, cervix, and upper part of the vagina), radiation therapy (external or internal radiation), and chemotherapy. The choice of treatment depends on factors such as cancer stage, tumor size, location, the patient's age, and the desire for future pregnancies. After treatment, regular follow-up appointments are essential to monitor for cancer recurrence, often involving pelvic exams and cell tests. Patients should also remain vigilant for symptoms indicative of cancer recurrence and promptly inform their healthcare providers if any such symptoms arise. For individuals interested in future pregnancy, discussing fertility preservation options with a healthcare provider before starting treatment is advisable. Patients should adhere to their healthcare provider's instructions regarding visits and tests and communicate openly about any treatment-related side effects or issues. When offered a treatment, patients should inquire about the benefits, drawbacks, alternatives, and potential outcomes of the proposed treatment.

Feeling very tired, Weakness or numbness in the hands or feet, Losing weight without trying,

<p>Fever, Night sweats, Swollen lymph nodes, Bleeding from the nose or gums, Changes in vision or hearing, Headaches, Dizziness, Passing out, Being unable to move or talk normally</p>	<p>Waldenström's macroglobulinemia. Which means Waldenström's macroglobulinemia (WM) is a rare type of lymphoma, also known as cancer of the lymphatic system. WM affects the lymphatic system, which comprises organs throughout the body responsible for producing and storing white blood cells that combat infections. In individuals with WM, the bone marrow produces an excessive quantity of a particular type of white blood cell, resulting in various lymphoma-related symptoms such as swollen lymph nodes, fever, and night sweats. Moreover, the overproduction of these white blood cells leads to the formation of a protein called "IgM" or "macroglobulin" in the body, contributing to additional health problems. WM is sometimes referred to as "lymphoplasmacytic lymphoma." Some individuals with WM may remain asymptomatic for an extended period, even years, a condition referred to as "smoldering" WM. When symptoms do occur, they encompass fatigue, weakness or numbness in the extremities, unintentional weight loss, fever, night sweats, and swollen lymph nodes. In some cases, WM can result in thicker-than-normal blood, known as "hyperviscosity syndrome," due to the excessive proteins in the body. Hyperviscosity syndrome is a medical emergency and may manifest as bleeding from the nose or gums, alterations in vision or hearing, headaches, dizziness, loss of consciousness, or impairment in movement or speech. In severe instances, it can lead to stroke or coma. Diagnostic tests for WM include blood and urine tests, bone marrow biopsy, and imaging tests. These assessments help healthcare providers ascertain whether WM or another condition is causing the patient's symptoms. Treatment for WM varies based on the presence and severity of symptoms. Patients without symptoms may not require immediate treatment but will necessitate regular blood tests and should promptly report any emerging symptoms to their healthcare providers. Symptomatic individuals typically undergo treatment with medications, including chemotherapy, aimed at killing or inhibiting the growth of cancer cells. Plasma exchange, also known as "plasmapheresis," is employed to address the symptom of hyperviscosity syndrome, where a machine removes excess IgM protein from the blood. Additionally, healthcare providers may discuss participation in clinical trials as an option. Although treatment does not offer a cure for WM, it can alleviate symptoms and extend life expectancy. Regular examinations and tests are conducted to monitor the body's response to treatment. Even if treatment leads to symptom resolution, it is expected that symptoms will eventually recur, necessitating ongoing medical monitoring to promptly initiate treatment when symptoms reappear or when tests detect the reappearance of WM-associated proteins. Treatment for recurrent WM may involve reintroducing previous medications or considering alternative therapeutic approaches. Patients should adhere to their healthcare providers' instructions regarding appointments and tests and openly communicate any treatment-related side effects or concerns. When presented with treatment options, patients should inquire about the benefits, drawbacks, alternatives, and potential outcomes of the proposed treatment.</p>
<p>Blurry central vision, Gradual vision loss, Sudden changes in vision, Needing bright lights or a magnifying glass to read or see clearly, Noticing spots that seem blurry</p>	<p>Age-related macular degeneration. Which means Age-related macular degeneration (AMD) is a disease primarily affecting individuals aged 65 and older, leading to vision loss. It primarily impacts central vision, resulting in blurriness in the central field of view. There are two main types of AMD: Dry AMD, which is the most common, affecting 85-90% of those with the condition, and Wet AMD, which is less common but can lead to quicker and more severe vision loss, potentially causing blindness. Dry AMD causes gradual vision loss, while Wet AMD can cause sudden changes in vision, often affecting one eye initially and then progressing to both eyes. People with Dry AMD may experience difficulties reading or driving, requiring brighter lighting or a magnifying glass. They</p>

Red-looking or darkened skin on the eyelids, Swollen and itchy eyelids, Gritty or burning feeling in the eyes, Red eyes, Crusty, matted eyelashes in the morning, Flaking or scaling of the eyelid skin

may also notice spots in their vision that appear blurry. In contrast, individuals with Wet AMD may perceive straight lines as bent or wavy. If you experience vision loss or any of the aforementioned symptoms, it is advisable to consult an eye doctor promptly. To diagnose AMD, doctors employ several tests, including a dilated eye exam, fluorescein angiography, optical coherence tomography (OCT), and the Amsler grid test. The Amsler grid test involves observing a grid of straight lines, which may appear wavy or bent to those with Wet AMD. The treatment for AMD depends on the type. Both Dry and Wet AMD can be treated with the "AREDS" formula, a combination of vitamins and minerals that may help protect the eye from AMD-related damage. However, it is important to consult with a healthcare provider before using this formula, as some vitamins can be harmful in excessive amounts. Wet AMD has additional treatment options, including VEGF inhibitors, which are injected into the eye to prevent abnormal blood vessel formation, and photodynamic therapy, which is used when VEGF inhibitors are ineffective. Additionally, lifestyle choices such as not smoking can reduce the risk of developing AMD.

Blepharitis. Which means Blepharitis is an inflammation of the eyelids that can lead to swelling and redness of the eyelids. It may also cause the skin of the eyelids to appear red or darkened. Common symptoms of blepharitis include red-looking or darkened skin on the eyelids, swollen and itchy eyelids, a gritty or burning feeling in the eyes, red eyes, crusting and matting of eyelashes in the morning, and flaking or scaling of the skin on the eyelids. Blepharitis may improve at times but can recur. Fortunately, it rarely causes vision problems. Blepharitis is more prevalent in individuals with specific skin conditions, such as rosacea and seborrheic dermatitis. Rosacea is characterized by raised bumps on the cheeks, nose, chin, forehead, or eyelids, which often appear red in people with lighter skin tones. Seborrheic dermatitis leads to scaly or flaky patches, occasional itching, and typically affects areas of the skin with numerous oil glands. In individuals with lighter skin tones, the affected skin may appear red, while in those with darker skin tones, it may appear dark brown or purple. There are no specific tests for blepharitis, but healthcare providers can diagnose it based on a patient's symptoms and a physical examination. Patients can take several self-help measures to alleviate the symptoms, such as applying warm, wet compresses to the eyes, gently rubbing the eyelids after warm compresses, and cleaning the eyelids with warm water or a diluted baby shampoo solution. Over-the-counter eyelid scrubs and pads can also be used. If self-help measures do not provide relief, a healthcare provider may prescribe antibiotic creams or ointments for the eyelids or antibiotic pills.

Cataracts can cause vision loss, Blurry or dull vision, Everything looks slightly brown in color, Needing new eyeglass prescriptions, Glare from headlights and other lights

Cataracts. Which means A cataract is a condition characterized by clouding of the lens in the eye, which is responsible for focusing light. Cataracts can lead to various symptoms, including vision loss, blurry or dull vision, a perception that everything has a slightly brownish color, the need for frequent changes in eyeglass prescriptions, and glare from headlights and other light sources. Diagnosis of cataracts can be made by a doctor or nurse based on a physical examination of the eye. If cataracts are suspected, an eye doctor can provide a more detailed assessment. Cataracts are commonly diagnosed through a comprehensive eye exam, during which the doctor evaluates close and distant vision, central and peripheral vision, and measures the intraocular pressure. The doctor also examines the back of the eye for signs of nerve damage. The primary treatment for cataracts that cause significant vision loss is surgery. This surgical procedure involves the removal of the cloudy lens and its replacement with an artificial lens. It's important to note that not everyone

with cataracts requires surgery, and the decision to undergo the procedure is typically made by the individual. Cataract surgery is generally straightforward, although there are rare risks such as infection or pain. However, it can significantly improve vision in individuals with severe cataracts. To make an informed decision about surgery, individuals should discuss the potential risks, expected vision improvement, and possible outcomes with their doctor. It's important to consider how much vision problems limit daily activities and whether the cataracts are the sole cause of vision issues. Factors such as overall health and the possibility of complications or unsuccessful surgery should also be weighed. Smoking is a known risk factor for cataracts, so quitting or avoiding smoking can help reduce the risk of developing cataracts.

Preseptal cellulitis: Eyelid swelling, Redness or darkening of the skin of the eyelid, Eye pain. Orbital cellulitis: Eyelid swelling, Redness or darkening of the skin of the eyelid, Fever, Trouble seeing or seeing double, Problems with the eyeball, such as pain, immobility, or bulging

Cellulitis around the eye. Which means Cellulitis is a bacterial skin infection that can affect the eye area in two forms: "Preseptal" cellulitis, which infects the eyelid only, and "Orbital cellulitis," a rare and serious infection that extends deeper into the tissues surrounding the eyeball. Both types of cellulitis can occur when bacteria enter the skin or tissues around the eye, often as a result of factors such as sinus infections, eye surgery, injuries near the eye, blocked tear ducts, or infections in the teeth, ears, or facial areas. Preseptal cellulitis primarily causes eyelid swelling, redness or darkening of the eyelid skin, and eye pain. Orbital cellulitis shares these symptoms but can also lead to fever, vision disturbances (including double vision), and problems with the eyeball, such as severe pain, immobility, or bulging. Diagnosis is typically based on clinical examination and, if orbital cellulitis is suspected, may involve imaging tests like CT scans or MRIs to visualize the eye and sinus structures. Treatment options include antibiotics, which can be administered as pills for preseptal cellulitis or intravenously (IV) for orbital cellulitis. Surgery may be necessary for some cases of orbital cellulitis if an abscess is detected on imaging or if antibiotics fail to improve the condition. Preventative measures include seeking medical attention for sinus infections to prevent complications like cellulitis.

Redness, swelling, Firm, painless lump in the upper eyelid (can be as large as a pea), Yellow-white bump in the lower eyelid

Chalazion. Which means A chalazion is a painless lump that forms in the eyelid due to a blockage in a tear gland. It typically begins with redness and swelling and develops into a firm, painless lump, often in the upper eyelid. In cases where the chalazion forms in the lower eyelid, it appears as a yellow-white bump. A chalazion is different from a sty, as it is not caused by infection and does not cause pain. Instead, it tends to last longer than a sty. Diagnosis is made through a physical examination by a doctor or nurse, and there is no specific test for chalazion. Self-treatment involves applying warm, wet pressure to the chalazion several times a day. Most chalazions resolve within a few weeks with this treatment, but larger or recurrent chalazions may require a procedure or injection performed by an eye doctor.

Seeing dark spots (floaters) in your vision, Vision loss, Poor vision at night

Chorioretinitis. Which means Chorioretinitis is an eye condition characterized by inflammation of the structures at the back of the eye, specifically the "choroid" and "retina." While it is usually painless, it can result in dark spots (referred to as "floaters") in your field of vision, vision loss, and difficulty seeing in low-light conditions, particularly at night. Chorioretinitis can have various causes, often associated with infections. Diagnosis involves a thorough eye examination, typically conducted by an eye specialist who will use a magnifying tool to inspect the back of the eye. Additional tests, such as blood tests or a chest X-ray, may be performed to check for an underlying

infection contributing to the condition. Treatment is determined based on the cause and severity of inflammation. In cases where an infection or another medical condition is responsible, addressing the underlying issue is the primary focus. Treatment for inflammation may involve administering steroids, either through eye injections or orally, depending on the severity of the condition.

Feeling like you have a speck of sand in your eye, Eye pain that is so bad you cannot work, drive, or sleep, Teary, watery eyes, Not wanting to open the eye, Being very uncomfortable looking at bright lights

Corneal Abrasion. Which means A corneal abrasion is a scratch on the cornea, which is the clear tissue covering the colored part of the eye. It can occur due to various reasons, such as foreign objects like fingernails, animal paws, branches, or pieces of paper scratching the eye, or tiny pieces of rust, wood, glass, plastic, or other objects getting stuck under the eyelid. Wearing ill-fitting contact lenses, wearing them for extended periods, or improper cleaning can also lead to corneal abrasions. Symptoms include feeling like there's a foreign body (e.g., sand) in the eye, severe eye pain, excessive tearing, reluctance to open the eye, and discomfort when exposed to bright lights. Initial self-help measures include attempting to remove the foreign object gently or rinsing the eye with water. If symptoms persist after rinsing, it's advisable to consult a doctor or nurse for evaluation. An eye exam with a special yellow dye may be performed to confirm the presence of a corneal abrasion. Treatment involves the use of eye ointments or drops, which can help prevent infections and alleviate pain. In some cases, oral pain medication may be prescribed. Large corneal abrasions not caused by contact lenses may require taping a gauze patch over the eye to keep it closed during the healing process, while contact lens use should be avoided until the eye has fully healed. To prevent corneal abrasions, it is advisable to wear safety goggles when working with machinery that can produce debris, follow proper contact lens care, and ensure that contact lenses fit correctly. Additionally, patients should seek medical attention if they experience changes in eyesight, worsening eye pain, persistent discomfort or light sensitivity, or signs of infection around the eye.

Eyes not lining up or moving together, especially when tired

Crossed Eyes. Which means Crossed eyes, also known as strabismus, is a condition in which the eyes do not align properly and do not look in the same direction. It can occur all the time or intermittently, particularly when a person is tired. In newborn babies, occasional crossed eyes can be normal as it takes time for a baby to learn how to focus their eyes. However, if a newborn's eyes are persistently crossed or continue to cross after 4 months of age, it could be a sign of strabismus. Crossed eyes can be caused by issues with the muscles that control eye movement and may have a genetic component.

Weaker vision in one eye compared to the other, leading to double vision and depth perception issues

Lazy Eye . Which means Lazy eye, or amblyopia, is a condition in which one eye has weaker vision than the other. It can result in symptoms such as double vision and difficulty with depth perception. Lazy eye is commonly caused by crossed eyes, where each eye sends different images to the brain, leading to confusion. The brain may ignore the signals from the weaker eye over time, causing it to become weaker. Another cause of lazy eye is when one eye focuses better than the other. Typically, one eye is farsighted, making it difficult to focus on close objects, while the other is not, leading to similar confusion for the brain. Lazy eye can also be caused by other eye conditions like cataracts, although this is less common in children. Treatment for both conditions usually involves wearing glasses. Further treatment depends on the specific condition and its cause and may include eye patches, eye drops, or surgery in some cases. Regular follow-up with an eye

doctor is important as these conditions can sometimes recur.

Dark or floating spots (floaters), such as a spiderweb, large spots, or many small black spots,
flashes of light (especially at night), vision loss, seeing only shapes

Detached Retina. Which means A detached retina is a serious eye condition that can result in vision changes, vision loss, and even blindness. The retina, located at the back of the eye, sends nerve signals to the brain to process visual information. When the retina develops a tear or hole, it can begin to peel away from the back of the eye, leading to vision problems. While the exact cause of a detached retina is often unclear, factors such as older age, eye injuries, and nearsightedness can increase the risk. Symptoms of a detached retina include seeing dark spots or floaters (like a spiderweb, large spots, or small black spots), flashes of light (particularly in the dark), vision loss, and the ability to perceive only shapes. It is crucial to seek immediate medical attention if you experience sudden vision loss or notice any of these symptoms, as untreated detached retinas can lead to permanent vision impairment or blindness. Doctors can diagnose a detached retina through an eye exam and a dilated eye exam conducted by an eye specialist. Once diagnosed, treatment options include injecting a gas bubble into the eye to reposition the detached retina or performing surgery to reattach and secure the retina in place. The choice of treatment depends on the specific case and its severity. Early treatment is essential to prevent further deterioration of vision and potential blindness.

Input	Output
Blurry vision, Dark or floating spots, Trouble seeing things at the center of focus, Trouble telling colors apart	<p>Diabetic Retinopathy. Which means Diabetic retinopathy is an eye problem that can result in vision loss and even blindness, primarily affecting people with diabetes who do not adequately control their blood sugar levels. In its early stages, diabetic retinopathy often exhibits no symptoms, making early detection crucial for effective treatment. When symptoms do arise, they can include blurry vision, the presence of dark or floating spots in the visual field, difficulty seeing objects in the center of focus (such as when reading or driving), and challenges distinguishing between colors.</p> <p>To diagnose diabetic retinopathy, two main tests are commonly used: the dilated eye exam, in which the eye doctor administers eye drops to facilitate the examination of the retina, and digital retinal imaging, where specialized photographs of the eye are taken and reviewed by an eye doctor. Regular eye check-ups are essential for individuals with diabetes, with the recommended frequency depending on the type of diabetes. For those with type 1 diabetes, eye exams should commence 3 to 5 years after diagnosis, while individuals with type 2 diabetes should undergo their initial examination shortly after diagnosis. If any vision loss or dark spots in vision are noticed, it is imperative to consult an eye doctor promptly. Managing blood sugar and blood pressure within target ranges is key to preventing the progression of diabetic retinopathy. Treatment options may include photocoagulation (laser surgery to seal or destroy abnormal blood vessels in the retina), medications injected into the vitreous humor, and vitrectomy (surgery to remove blood from the vitreous humor) in severe cases. Maintaining cholesterol levels within the normal range can also be important in prevention.</p>
Feel dry or burn, Look red, Being bothered by light, Feeling like something is in your eyes, Blurry vision, Watery eyes, Discomfort wearing contact lenses	<p>Dry Eye (Keratoconjunctivitis Sicca). Which means Dry eye, medically known as "keratoconjunctivitis sicca," occurs when the eyes do not produce enough tears or when the produced tears evaporate too quickly. This condition leads to dryness and irritation of the eyes.</p> <p>While dry eye is common, especially among older adults, it can also be associated with certain underlying diseases such as Sj?ren's disease, diabetes, or Parkinson's disease, and can be exacerbated by specific medications. Symptoms of dry eye can vary among individuals but typically include dry or burning sensations in the eyes, redness, light sensitivity, a sensation of foreign objects in the eyes, blurry vision, excessive tearing, and discomfort while wearing contact lenses.</p> <p>Some people may experience worsened symptoms in cold or windy conditions or in dry environments. If symptoms persist, individuals should consult a doctor or nurse. Dry eye can usually be diagnosed based on symptoms and a physical examination, and specialized tests are often not necessary. The main treatment for dry eye is the use of "artificial tears," available in various forms (liquids, gels, or ointments) without a prescription. These help alleviate the symptoms but do not cure the condition and need to be used regularly. Additional measures to improve symptoms include frequent blinking, avoiding excessive air conditioning or heating, using a humidifier, avoiding smoke exposure, and wearing protective eyewear outdoors. If dry eye symptoms persist despite these measures, an eye doctor (ophthalmologist) may recommend prescription eye drops or ointments, specialized eyewear, oral medications, or surgery as alternative treatments.</p>
At first, open-angle glaucoma does not usually cause symptoms. When it does cause vision loss, it starts by affecting the edges of what you see, resulting in "tunnel vision."	Open-Angle Glaucoma. Which means Open-angle glaucoma is a type of glaucoma that damages

the optic nerve in the eye, leading to vision loss and potential blindness. In the early stages, open-angle glaucoma typically does not cause noticeable symptoms. However, as the disease progresses, it primarily affects peripheral vision, resulting in a condition often referred to as "tunnel vision." In advanced stages, central vision can also be affected. Regular eye examinations are crucial in detecting open-angle glaucoma, especially for individuals aged 40 and older, as early diagnosis and treatment can prevent or slow down vision loss. Diagnostic tests include examining the eye for signs of nerve damage, assessing central and peripheral vision, and measuring the pressure inside the eye. Treatment for open-angle glaucoma focuses on reducing intraocular pressure and may involve the use of eye drop medications (prostaglandins and beta blockers), laser therapy to improve fluid drainage, or surgery to create better drainage pathways. The choice of treatment is typically determined by a healthcare provider based on individual patient considerations, such as adherence to eye drops or personal preferences. Regular follow-up appointments with an eye doctor are essential to monitor treatment effectiveness and make adjustments if necessary.

Vision loss, Eye pain, Seeing flashes or flickers of light, Having trouble seeing colors

Optic Neuritis. Which means Optic neuritis is a condition characterized by inflammation of the optic nerve, resulting in various symptoms, including vision loss, eye pain, and less commonly, seeing flashes or flickers of light, and difficulty perceiving colors. It can affect one or both eyes, and vision may worsen over hours to days before gradually improving over several weeks. Optic neuritis can be associated with multiple sclerosis (MS) but can also occur independently or be triggered by other factors such as infections or autoimmune diseases. It is essential to consult a doctor or nurse promptly if vision loss occurs. Diagnostic tests include eye examinations, MRI of the brain to assess changes in the optic nerve and brain, and blood tests to check for signs of MS or related conditions. Treatment for optic neuritis typically involves steroids administered via intravenous (IV) therapy to accelerate recovery, particularly in severe cases. In individuals with a high risk of developing MS based on MRI results, medications like interferon beta-1a, interferon beta-1b, or glatiramer acetate may be prescribed to manage or prevent MS. Most people experience improvement in their vision within a few weeks to a year, although some may have long-term vision loss or blindness. Additionally, approximately one-third of individuals with optic neuritis may experience recurrent episodes. The likelihood of developing MS following optic neuritis is influenced by MRI findings, with normal results indicating a lower risk and significant changes suggesting a higher risk of MS development.

Eye pain, Red, watery eyes, Being very uncomfortable around bright lights, Not being able to open the eyes, Feeling like there is sand in the eyes, Red, swollen face

Photokeratitis. Which means Photokeratitis, also known as "arc eye" or "snow blindness," is an eye condition caused by exposure to ultraviolet (UV) light. Symptoms typically occur 6 to 12 hours after UV light exposure and may include eye pain, red, watery eyes, discomfort around bright lights, difficulty opening the eyes, a sensation of having sand in the eyes, and facial redness. While there is no specific test for photokeratitis, doctors can diagnose it based on symptoms and a physical examination. Treatment usually involves managing symptoms and promoting healing, which can take 1 to 3 days. This condition is painful, and pain control measures, including pain-relieving medications and antibiotic eye ointment to prevent infection, may be recommended. Preventative measures include wearing well-fitting sunglasses that block UVA and UVB rays when outdoors. Individuals working with UV light sources, such as welding, should use safety goggles designed to block UV light, as regular sunglasses or contact lenses may not provide sufficient protection. Photokeratitis typically resolves without long-term complications, but prompt medical evaluation is

essential for proper management and to ensure the eyes are healing correctly.

A white or pink growth that partly covers the eye, Eye redness, Eye discomfort, Blurry vision

Pterygium. Which means Pterygium is an abnormal growth on the eye, typically taking on a triangle-shaped appearance and extending from the corner of the eye towards the center. The growth may vary in thickness and color, appearing as thin and white or thicker with shades of pink or red. While the exact cause of pterygium is unknown, it is sometimes referred to as "surfer's eye" because individuals exposed to sun, wind, and sand are at a higher risk of developing it. However, it is important to note that most people with pterygium are not surfers. Common symptoms of pterygium include a white or pink growth partially covering the eye, eye redness, eye discomfort, and blurry vision. Pterygium can affect one or both eyes. In some cases, individuals may only notice the growth when it starts to cover the iris (the colored part of the eye). If you experience blurry vision, other vision problems, or notice a growth on your eye, it is advisable to see a doctor or nurse. Diagnosis is usually made through a physical examination and discussion of symptoms with your healthcare provider. Treatment options include using over-the-counter artificial tears or prescription eye drops, gels, or ointments to manage redness and irritation. In severe cases where pterygium causes significant vision problems, discomfort, or eye movement impairment, surgery may be recommended. Surgery involves removing the pterygium, although it is important to note that it can recur after the procedure. Preventative measures include protecting the eyes from sun exposure, such as wearing a hat and well-fitting sunglasses that block both UVA and UVB rays.

Night blindness, Loss of peripheral vision, Loss of sharp, clear vision

Retinitis Pigmentosa. Which means Retinitis pigmentosa (RP) is a group of eye disorders that lead to vision loss, primarily affecting the retina, the back of the eye responsible for light perception. RP is typically hereditary, with multiple genetic variants contributing to its development. It can manifest differently among individuals, with various types of RP identified. Some people with RP may have additional health issues, but RP can occur as the sole condition as well. RP primarily impacts peripheral vision, and by the age of 40, most individuals with RP experience significant peripheral vision loss, although they often retain some central vision and the ability to distinguish light from darkness. Total vision loss is rare in RP cases. RP symptoms may emerge in childhood or go unnoticed until later in life. Common RP symptoms include night blindness, difficulty seeing in low-light conditions, delayed adjustment to dim lighting, and a gradual loss of peripheral vision. Diagnosis is typically made through eye examinations, and if RP is suspected, genetic testing and additional evaluations like dark adaptometry, electroretinography (ERG), and blood tests may be performed. These tests help assess the extent of retinal damage and genetic mutations associated with RP. Treatment options for RP are limited. Some rare forms may be treated with diet adjustments or specific vitamins, while others may benefit from consuming foods rich in omega-3 fatty acids. Gene therapy, a novel approach, can replace damaged RP-causing genes in select cases. RP-related complications such as macular swelling and cataracts can be addressed with medications or surgical interventions, respectively. These treatments, however, do not slow down the progression of peripheral vision loss associated with RP. Clinical trials may offer opportunities for individuals interested in exploring new RP treatments, and consulting with a healthcare provider can provide information about available options.

No specific symptoms (typically asymptomatic in infants)

Retinopathy of Prematurity . Which means Retinopathy of prematurity (ROP), often referred to as ROP, is an eye condition that primarily affects premature infants. ROP is characterized by the abnormal growth of blood vessels inside the eye, particularly in the retina, which is the light-sensitive tissue located at the back of the eye. The condition can lead to damage of the retina,

potentially causing vision problems and, in severe cases, blindness. Symptoms of ROP are generally not apparent, and infants with ROP do not typically display specific signs or discomfort. Instead, ROP is diagnosed through routine eye examinations performed on premature babies. These exams involve dilating the pupils and, in some cases, taking pictures of the baby's eyes, which are then assessed by an eye specialist to identify any signs of ROP. The timing of the first eye exam may vary, but it is usually conducted when the baby is 4 to 8 weeks old. Subsequent exams are scheduled at regular intervals to monitor the progression of ROP. While ROP may improve as the infant continues to grow, severe cases may require treatment. Treatment options for severe ROP include laser photocoagulation, which uses a laser to seal or destroy abnormal blood vessels, and anti-VEGF injections, involving the use of specialized medications to inhibit the growth of extra blood vessels. The choice of treatment is determined by the infant's condition and the severity of ROP. In some instances, ROP may lead to retinal detachment, a complication where the retina is pulled out of its normal position in the eye. Surgical procedures may be attempted to reposition the retina, but the extent of damage can impact visual outcomes. Currently, there is no known prevention method for ROP. However, providing premature infants with breast milk is recommended, as it may offer some protection against the condition. Regular attendance of scheduled eye exams is crucial to ensure early detection and timely intervention if ROP is present.

Painful lump on the eyelid, redness, swelling, tearing, eyelid pain	<p>Stye . Which means A stye, also known as a "hordeolum," is a painful and red lump that develops on the edge of the eyelid. It occurs when a small gland on the eyelid becomes infected or inflamed. Styes can appear on either the upper or lower eyelids. Although most styes resolve on their own within a few days to a week, they can be uncomfortable. It is essential not to confuse a stye with another eyelid condition called a "chalazion." While both conditions result in a lump on the eyelid, a stye is caused by an infection, making it painful. Conversely, a chalazion is painless and tends to persist longer than a stye. Stye symptoms include a painful lump at the eyelid's edge, which may appear red, swollen, or resembling a pimple. Styes usually develop over several days and may be accompanied by additional symptoms like tearing, eyelid pain, and swelling. Diagnosis of a stye does not require specific tests but can be determined through a physical examination by a healthcare provider. Self-care measures can help alleviate stye symptoms and facilitate recovery. These measures include applying warm, wet compresses to the affected area for approximately 15 minutes, four times a day, and gently massaging the eyelid. It is essential not to attempt squeezing or popping the stye, as this can worsen the condition. Additionally, the use of eye makeup and contact lenses should be avoided until the stye has resolved. If the stye does not improve or leads to complications, medical treatment may be necessary. A healthcare provider may prescribe eye creams or ointments, antibiotics, or perform a procedure to drain the stye. Prevention of styes involves practicing good hygiene, such as frequent handwashing, especially before touching the eyes or handling contact lenses. Proper care of eye makeup, including removing it nightly and discarding old products, can also reduce the risk of styes. If a stye does not improve with warm compresses and self-care, or if it becomes large, bleeds, affects vision, or causes extensive redness or swelling spreading to the face, a healthcare provider should be contacted for guidance.</p>
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Red spot on the white part of the eye	<p>Subconjunctival Hemorrhage. Which means Subconjunctival hemorrhage, also known as a "broken blood vessel on the surface of the eye," occurs when blood vessels on the eye's clear protective layer, called the conjunctiva, break and result in bleeding. This condition can be triggered by activities such as coughing, sneezing, vomiting, or straining, which exert increased pressure on blood vessels. Subconjunctival hemorrhage can also be caused by eye injuries, such as scratching</p>
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or poking the eye. In some cases, it may develop without an apparent cause. Individuals with underlying conditions like diabetes, high blood pressure, or certain bleeding disorders are more susceptible to subconjunctival hemorrhage. The primary symptom of this condition is a visible red spot on the white part of the eye, typically with no other accompanying symptoms. Most cases of subconjunctival hemorrhage resolve on their own within one to two weeks, and the absorbed blood may change in color during the healing process, often turning yellow. It is essential to differentiate subconjunctival hemorrhage from other eye problems and consult a healthcare provider when necessary. If the condition persists beyond two weeks, if it is associated with an injury or other symptoms such as pain or vision problems, medical attention should be sought. Recurrent subconjunctival hemorrhages may warrant further evaluation, including a medical examination and tests to assess for underlying health issues.

Pain that lasts for a short period of time, can be mild, moderate, or severe

Acute Pain. Which means Acute pain is different from chronic pain and is typically related to injuries, surgeries, or medical procedures. The goal of treatment is to manage the pain, and various methods can be employed, including non-medicine techniques, non-opioid pain medicine, local anesthetics, and opioids. Opioids are prescribed at the lowest effective dose for the shortest possible duration due to their potential risks. The use of opioids, their side effects, and how to manage them are discussed. It is essential to follow treatment plans carefully, avoid alcohol while taking opioids, and not engage in risky activities while on opioid medication. Proper storage and disposal of opioids are crucial. Call for medical assistance in case of opioid overdose or bothersome side effects. If suddenly stopping opioid use after taking them regularly, withdrawal symptoms may occur. It's recommended to consult with a healthcare provider for pain management and medication questions.

Weak arm or leg muscles, difficulty speaking or swallowing, slow, stiff, or awkward movements, muscle twitches and spasms, difficulty with fine motor skills (e.g., using buttons or zippers, handling small objects, writing), walking and balance problems, tripping or falling, trouble moving the mouth and tongue, drooling, difficulty closing the eyes, weak neck muscles, breathing difficulties, mood changes, involuntary laughing, crying, or yawning, cognitive problems like language difficulties and word-finding issues.

Amyotrophic lateral sclerosis (ALS). Which means Amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's disease, is a condition that damages the nerves controlling muscles. This leads to muscle weakness, eventually causing paralysis and, in most cases, death. While there's no cure for ALS, treatments can alleviate symptoms and potentially slow the disease's progression. Some cases of ALS are genetically linked. Symptoms start with muscle weakness, typically in one limb, and progressively spread. Patients may also experience difficulty speaking, swallowing, and a range of other motor and cognitive challenges. Knowing what to expect can help individuals with ALS plan for their future.

Seizures, symptoms of a stroke (uneven face, arm weakness or numbness, speech difficulties, sudden severe headache), headaches.

Arteriovenous malformations (AVMs). Which means Arteriovenous malformations, or AVMs, are clusters of abnormal blood vessels, particularly in the brain. AVMs in the brain are rare and usually develop before birth. While many AVMs remain asymptomatic, some may lead to severe symptoms or complications. Symptoms can include seizures, stroke-like symptoms, and headaches. AVMs can potentially result in brain injury and even death if they cause bleeding into the brain.

Headaches (worsening at night, triggered by bending or position changes), seizures, memory

problems, difficulty thinking clearly, weakness or numbness in arms or legs, vision changes (double vision or vision loss), problems with communication (trouble finding the right words, personality changes).	Astrocytoma. Which means An astrocytoma is a type of brain tumor that originates from astrocytes, a specific type of brain cell. Astrocytomas can vary in growth rate, with some being slow-growing and others more aggressive. Slow-growing astrocytomas can transform into faster-growing forms, which are considered a type of brain cancer. As astrocytomas grow, they can infiltrate healthy brain tissue, leading to symptoms like headaches, seizures, memory issues, weakness, vision changes, and difficulties in communication and personality.
Atherosclerosis can affect arteries all over the body, leading to various conditions. These include Carotid artery disease (can lead to stroke), Coronary artery disease or coronary heart disease (can cause chest pain and lead to heart attack), Renal artery stenosis (can cause high blood pressure or lead to kidney disease), and Peripheral artery disease (can cause pain, tingling, or numbness in the legs when walking).	Atherosclerosis. Which means Atherosclerosis is a condition where fatty deposits called "plaques" build up inside the body's arteries. It is a leading cause of heart attacks and strokes. Plaques can restrict blood flow, causing symptoms in affected areas, or they can rupture, leading to blood clots that block blood supply to tissues, causing heart attacks or strokes. Various risk factors, such as high cholesterol, high blood pressure, diabetes, smoking, unhealthy diet, obesity, and family history, increase the likelihood of developing atherosclerosis.
Fever, Headache, Stiff neck, Nausea or vomiting, Confusion or altered mental state, Light sensitivity, Skin rash, Seizures, Sleepiness or fussiness in babies, Poor feeding in babies, Bulging soft spot in babies	Bacterial meningitis. Which means Bacterial meningitis is a condition characterized by inflammation or infection of the meninges, which cover the brain and spinal cord. It is caused by bacteria and is a medical emergency, as it can lead to severe symptoms, including fever, headache, stiff neck, nausea, vomiting, confusion, light sensitivity, skin rash, seizures, and other symptoms. In babies, it can present with sleepiness, fussiness, poor feeding, and a bulging soft spot on the skull. Prompt treatment is crucial to prevent complications and potential fatalities.
Small aneurysms: Typically asymptomatic. Large aneurysms: Bad headache, Facial pain, Blurry or double vision. Ruptured aneurysms: Sudden, severe headache, Stiff neck, Nausea and vomiting, Loss of consciousness, Seizures, Light sensitivity	Brain aneurysm. Which means A brain aneurysm is a bulge or "ballooning" in the wall of a blood vessel in the brain. Small aneurysms often show no symptoms and are usually discovered during brain imaging tests. However, large aneurysms can cause symptoms such as a bad headache, facial pain, blurry or double vision. When a brain aneurysm bursts, it leads to a sudden, severe headache, stiff neck, nausea, vomiting, loss of consciousness, seizures, and light sensitivity. A ruptured brain aneurysm is a medical emergency and can result in a life-threatening hemorrhagic stroke, known as a subarachnoid hemorrhage. Immediate medical attention is crucial in such cases.
Seizure, Trouble speaking or understanding, Staring off into space, Loss of arm or leg control, Loss of consciousness, Stiffening and jerking movements of arms or legs, Muscle control loss throughout the body, Headache, Nausea, Vomiting, Vision changes, Memory problems, Trouble thinking clearly, Weakness or numbness in arms or legs, Personality changes	Brain cancer. Which means Brain cancer occurs when normal brain cells transform into abnormal cells and grow uncontrollably. It encompasses various types, some of which grow slowly, while others progress rapidly. As brain cancer advances, it can infiltrate healthy brain tissue, causing

swelling and a range of symptoms. These symptoms often begin with a seizure, characterized by sudden issues in speech or comprehension, staring into space, loss of arm or leg control, loss of consciousness, stiffening, and jerking movements. Additional symptoms may include headaches with nausea or vomiting, vision changes, memory problems, thinking difficulties, weakness or numbness in the arms or legs, and personality changes. While these symptoms can indicate brain cancer, they can also result from other conditions, necessitating medical evaluation.

Headache, Nausea, Vomiting, Trouble moving one side of the body, Memory problems, Thinking problems, Mood changes, Personality changes, Seizures, Abnormal behavior

Brain metastases. Which means Brain metastases are cancerous tumors in the brain that originate from cancer cells in other parts of the body. Common cancer types that spread to the brain include lung, breast, kidney, colorectal, and skin (melanoma) cancers. These metastases present with symptoms such as headaches that worsen when bending over, coughing, or sneezing, often accompanied by nausea and vomiting. Other symptoms include difficulty moving one side of the body, memory and thinking issues, mood changes, personality changes, seizures, and abnormal behavior. While these symptoms can indicate brain metastases, they can also result from other conditions, necessitating medical evaluation.

Fatty deposits called plaque build up inside the carotid arteries, leading to narrowing of these blood vessels. These arteries supply blood to the brain. This condition can increase the risk of stroke.

Carotid Artery Disease. Which means Carotid artery disease occurs when plaque accumulates in the carotid arteries, the major blood vessels in the neck responsible for carrying blood to the brain. Plaque buildup can narrow these arteries, increasing the risk of a stroke. One treatment for carotid artery disease is carotid endarterectomy, a surgical procedure to remove the plaque from the carotid arteries. The procedure is typically performed in individuals who have recently experienced a transient ischemic attack (TIA) or a stroke. Carotid endarterectomy is an open surgery, where an incision is made in the skin to directly access and clean the arteries. Preparation for the procedure involves various tests, including ultrasound, electrocardiogram (ECG), and exercise stress tests, along with a health history assessment. It is important to discuss any medications, allergies, bleeding problems, or prior neck surgeries with the doctor. Patients may need to fast before the surgery and receive instructions on infection prevention, hair trimming, and the use of blood clot prevention medications. During the procedure, patients receive anesthesia to ensure they don't feel pain, and the surgeon removes the plaque from the carotid arteries. In some cases, an artificial graft or a part of another blood vessel may be used to prevent artery narrowing during healing. The surgeon checks for bleeding, places a flexible tube or drain in the neck, and closes the incisions. Afterward, the patient is closely monitored in a recovery room, with most individuals staying in the hospital for at least a day. Post-surgery recovery may involve grogginess, nausea, and vomiting, especially for those who received general anesthesia. Pain management and dietary restrictions are also part of the recovery process. The risks associated with carotid endarterectomy include stroke, heart attack, bleeding, blood clots, infection, hyperperfusion syndrome (excessive blood flow to the brain), nerve injury, and artery reblockage.

Input	Output
Strokes, TIAs (Transient Ischemic Attacks)	Carotid Artery Disease. Which means Carotid Artery Disease is a condition where fatty deposits called plaque build up inside the carotid arteries, increasing the risk of strokes and TIAs. Strokes occur when blood clots form inside the narrowed arteries, potentially leading to serious problems, such as paralysis or difficulty speaking and understanding speech. TIAs are similar to strokes but are of shorter duration and do not cause permanent brain damage. However, they indicate a high risk of experiencing a full-blown stroke.
Pain, numbness, and sometimes weakness in the fingers and hands. Symptoms are typically worst at night and can affect both hands. In some cases, the muscles of the hand, thumb, or fingers can be weak or feel clumsy. Pain and tingling can extend to the whole hand or even up to the wrist and forearm.	Carpal Tunnel Syndrome. Which means Carpal Tunnel Syndrome is a condition where the median nerve in the wrist gets pinched or squeezed, leading to pain, numbness, and weakness in the fingers and hands. The median nerve carries signals about sensation from the hand to the brain and helps control hand movements. Certain factors like tendon swelling, tissue hardening, repetitive or forceful hand movements, being overweight, and certain health conditions like diabetes and rheumatoid arthritis can increase the risk of carpal tunnel syndrome. Symptoms often worsen at night and can be triggered by various activities. In some cases, symptoms become chronic and impact hand mobility and grip.
Pain, numbness, or tingling in the lower back and spreading down 1 or both legs, leg weakness or "foot drop," problems with bowel or bladder control, problems with sex	Cauda Equina Syndrome. Which means Cauda Equina Syndrome is a condition where the nerves in the cauda equina, a bundle of nerves at the bottom of the spinal cord, get squeezed or damaged. The symptoms include lower back pain, leg pain, weakness, difficulty holding up the foot, bowel and bladder control problems, and sexual dysfunction. It can be caused by various factors such as herniated discs, infection, inflammation, cancer, or spinal stenosis. Cauda equina syndrome is a medical emergency, and if you experience these symptoms, you should seek immediate medical attention.
Weakness and decreased sensation in the lower part of legs, foot problems (e.g., high arches, hammertoes), lower legs with a distinct shape, numbness in the foot, abnormal spinal curves (scoliosis, kyphosis)	Charcot-Marie-Tooth Disease. Which means Charcot-Marie-Tooth Disease (CMT) is a group of nerve disorders affecting movement and sensation in the arms and legs. It's caused by various genetic problems and typically runs in families. CMT1, the most common form, leads to weakness in the lower legs and foot problems, while other types like CMT2 may have slightly different symptoms. If you or your child experience symptoms like weakness or loss of sensation in the legs or arms, it's important to consult a doctor or nurse, especially if there's a family history of CMT.
Persistent pain lasting longer than 3 to 6 months, various types of pain (aches, stabbing, shooting, tingling, numbness, dull, throbbing), difficulty in performing daily activities, potential depression and anxiety, sleep disturbances	Chronic Pain. Which means Chronic pain is characterized by long-lasting pain that extends beyond the healing of the initial injury or condition. It can have various forms and may hinder daily activities, potentially leading to depression, anxiety, and sleep issues. The exact cause of chronic pain is not always clear and can be related to ongoing medical problems, among other factors.

Deep unconsciousness, inability to wake up, inability to move, no response to pain, touch, or sound, occasional twitching or movement (not indicative of awareness)	Coma. Which means A coma is a state of profound unconsciousness in which a person appears asleep, cannot be awakened, and does not respond to stimuli. Various factors can cause a coma, including head injuries, strokes, tumors, chemical imbalances, poisoning, lack of oxygen, or infections.
Memory loss, confusion, headache, dizziness, trouble with balance, nausea, vomiting, feeling sleepy, acting cranky, irritable, or strange, trouble walking, talking, memory problems, problems paying attention, trouble sleeping, mood or behavior changes, vision changes, being bothered by things like noise or light	Concussion. Which means A "concussion" is a mild brain injury that can cause confusion, memory loss, headache, and various other symptoms. It can result from accidents or sports injuries, and it is crucial for affected individuals to stop physical activities until medically cleared.
Memory loss, confusion, headache, dizziness, trouble with balance, nausea or vomiting, trouble walking or talking, memory problems, problems paying attention, trouble sleeping, feeling very tired or sleepy, mood or behavior changes (e.g., acting cranky, irritable, or not like themselves), being bothered by things like noise or light	Concussion. Which means A "concussion" is a mild brain injury that can occur after a blow to the head or violent shaking of the head. Common causes include accidents, sports injuries, and combat-related injuries. Symptoms can include confusion, memory loss, headache, and various other physical and behavioral changes.
Dementia, muscle twitches or jerks (myoclonus), behavior changes, mood changes (e.g., depression), trouble walking or balance, changes in sleep patterns (sleeping much more or much less than usual)	Creutzfeldt-Jakob disease (CJD). Which means Creutzfeldt-Jakob disease (CJD) is a rare brain disorder causing muscle twitching, dementia, and other symptoms. It progresses quickly and often leads to death within months. CJD has different types, with sporadic CJD being most common. Variant CJD can occur after eating infected beef. It is not transmitted through sneezing, coughing, touch, or sex.
Forgetfulness, Acting confused or disoriented, Trouble with speech and writing (e.g., difficulty finding the right words), Trouble concentrating and reasoning, Problems with tasks (e.g., paying bills or balancing a checkbook), Getting lost in familiar places, Episodes of anger or aggression, Seeing things that aren't there or believing things that aren't true, Being unable to eat, bathe, dress, or perform everyday tasks, Loss of bladder and bowel control	Dementia (including Alzheimer disease). Which means Dementia is a general term for a group of brain disorders that cause memory problems and difficulties in clear thinking. Symptoms start mildly and progress slowly. Different types of dementia exist, including Alzheimer's disease, vascular dementia, Parkinson's disease dementia, Lewy body dementia, and other causes. Consult a doctor or nurse if you suspect dementia as it could be due to treatable medical conditions.
Problems making decisions, thinking clearly, or paying attention (e.g., problems driving, issues at work, memory problems, shorter attention span, problems with daily activities), Hallucinations (seeing things that are not really there), Being sleepy, staring at things, or acting strangely, Movement problems (stiffness, slow movements, trouble walking, trembling), Acting out dreams while sleeping, Losing balance or falling down, Episodes of fainting or losing consciousness, Leaking urine, Believing things that are not true, Depression	Dementia with Lewy bodies (DLB). Which means Dementia with Lewy bodies (DLB), also known as Lewy body dementia, is a type of dementia characterized by memory problems and difficulties with

	clear thinking and decision-making. It includes various symptoms such as problems making decisions and thinking clearly, hallucinations (seeing things that aren't there), episodes of sleepiness, staring, or strange behavior, movement problems similar to Parkinson's disease, acting out dreams during sleep, loss of balance or falls, episodes of fainting or unconsciousness, urinary incontinence, false beliefs, and depression. The cause of DLB is unknown, but it is associated with the presence of protein buildups called "Lewy bodies" in the brain, which are also found in Parkinson's disease. DLB typically leads to more widespread Lewy bodies in the brain compared to Parkinson's disease. It is essential to consult a doctor or nurse if you or someone you know is exhibiting signs of DLB to rule out other treatable conditions that may cause similar symptoms.
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Muscle weakness, Skin rashes (itchy, scaly, red), Worsening of rashes in sunlight, Rashes on fingers (including backs of finger joints and around fingernails), Rashes on elbows and knees, Rashes on upper eyelids, neck, upper chest, or upper back, Rashes on the scalp, Interstitial lung disease (in about 1 in 10 people with DM)	Dermatomyositis. Which means Dermatomyositis (DM) is a condition that results in muscle weakness and skin rashes. It causes bilateral muscle weakness in areas close to the body's core, such as the neck, shoulders, hips, and thighs. Muscle weakness typically develops gradually over time. DM also leads to various skin rashes that are often itchy, sometimes scaly, and can be aggravated by sunlight. These rashes can occur on different parts of the body, including the fingers, elbows, knees, upper eyelids, neck, upper chest, upper back, and scalp. Additionally, approximately 1 in 10 individuals with DM develop "interstitial lung disease," characterized by lung inflammation and, sometimes, scarring. This lung condition impairs oxygen exchange, making it difficult to breathe. DM can affect both adults and children.
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Difficulty forming clear speech, Slurred speech, Sounding like being drunk, Speaking very softly or in a whisper, Speaking too quickly or too slowly, Mumbling, Sounding hoarse, nasal, or breathy	Dysarthria. Which means Dysarthria is a medical condition characterized by difficulties in articulating clear speech. It is distinct from aphasia, which involves language comprehension and word-finding issues. People with dysarthria may exhibit symptoms like slurred speech, sounding intoxicated, speaking quietly or quickly, mumbling, and having a hoarse or nasal voice. Dysarthria may also be associated with problems like drooling, difficulty controlling saliva, and facial drooping on one side.
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Inflammation of the brain, Fever, Headache, Confusion or cognitive difficulties, Difficulty swallowing or speaking, Disorganized speech, Clumsiness or impaired coordination, Difficulty walking, Weakness in one side of the body, Seizures (abnormal brain activity leading to loss of consciousness or abnormal behavior)	Encephalitis. Which means Encephalitis is a rare condition primarily triggered by viral infections and results in inflammation of the brain. Symptoms of encephalitis encompass fever, headache, confusion, speech and swallowing difficulties, disorganized speech, impaired coordination and walking, one-sided weakness, and seizures.
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Repeated seizures, Convulsions, Passing out, Abnormal behavior or movements, Stiffness, Jerking movements, Shaking in arm or face, Momentary unresponsiveness, Aura (certain feeling or smell before a seizure)	Epilepsy. Which means Epilepsy is a condition characterized by recurrent seizures, which result from abnormal electrical activity in the brain. Seizures can manifest in various forms, including tonic-clonic or grand mal seizures, which involve sudden loss of consciousness, stiffness, and jerking movements. Other seizures may cause less dramatic symptoms, such as shaking in one arm or part of the face or momentary unresponsiveness. Some individuals with epilepsy experience
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an "aura," a specific feeling or smell that precedes a seizure. Epilepsy can develop at any age.

Pass out, Jerking movements of arms, legs, or face, Confusion or sleepiness after a seizure, Less common: Febrile seizures lasting over 15 minutes, Short-term weakness in arm or leg

Febrile seizures. Which means Febrile seizures are a type of seizure in children between the ages of 6 months and 5 years, usually triggered by a fever. The main symptoms of febrile seizures include the child passing out, experiencing jerking movements in their arms, legs, or face, and post-seizure confusion or sleepiness. Although less common, some febrile seizures can last over 15 minutes and may result in short-term weakness in an arm or leg. Febrile seizures are often hereditary.

Problems with arms and legs, Stumbling or unsteady walk, Difficulty feeling feet placement, Twitching or shaking legs, Eye problems, Nystagmus (eye movements), Hearing loss, Swallowing difficulties, Slurred speech, Loss of bladder control, Foot problems (high arches, bent toes), Scoliosis, Hypertrophic cardiomyopathy, Heart rhythm problems, Type 1 diabetes

Friedreich ataxia. Which means Friedreich ataxia is a rare genetic disease that affects the brain, spinal cord, and nerves, leading to movement problems. It is characterized by symptoms that include difficulties with arm and leg movement, unsteady gait, loss of sensation in the feet, leg twitching, eye problems such as nystagmus, hearing loss, swallowing issues, slurred speech, loss of bladder control, foot abnormalities like high arches and bent toes, scoliosis (a sideways curvature of the spine), hypertrophic cardiomyopathy (enlarged heart muscles that impair blood pumping), heart rhythm irregularities, and, in some cases, the development of type 1 diabetes. Friedreich ataxia is a progressive and severe condition that typically runs in families and results from an abnormal gene.

Headaches, Seizures, Memory or thinking problems, Muscle weakness, Vision changes (double vision or vision loss), Language problems, Personality changes

Glioblastoma. Which means Glioblastoma, also known as "glioblastoma multiforme" or "GBM," is a fast-growing type of brain cancer that originates from glial cells in the brain. Common symptoms include headaches, seizures, memory or cognitive problems, muscle weakness, vision changes, language problems, and personality changes. The exact cause of glioblastoma is often unknown, but prior radiation treatment can increase the risk. Diagnostic tests like MRI or CT scans are performed to detect glioblastoma. Treatment typically involves surgery to remove the tumor, followed by radiation therapy, chemotherapy, and, in some cases, the use of a device called "Optune" that emits low-strength electric fields around the tumor. Regular checkups are essential after treatment to monitor the condition's recurrence. Glioblastoma often recurs, requiring additional treatment or palliative care. Clinical trials are an option for some patients. Support from healthcare providers, family, and friends is crucial during this challenging journey.

Muscle weakness (mild or severe, typically starting in the legs and spreading to the arms and face), Paralysis, Tingling or numbness in the hands or feet, Pain (especially in the back, legs, or arms), Problems with eye movement, Loss of coordination in the arms and legs

Guillain-Barré syndrome. Which means Guillain-Barré syndrome (GBS) is a condition that can cause muscle weakness, with various types, including the most common one known as "acute inflammatory demyelinating polyneuropathy" (AIDP). It affects both children and adults and is often triggered by bacterial or viral infections. GBS leads to muscle weakness that can range from mild difficulties in walking to complete paralysis, including muscle weakness in the respiratory muscles. Additional symptoms can include tingling or numbness in the hands or feet, pain (particularly in the back, legs, or arms), problems with eye movement, and loss of coordination in the arms and legs. Diagnostic tests involve a lumbar puncture, nerve conduction studies, electromyography (EMG),

and blood tests. Treatment comprises managing GBS-related problems, with patients often requiring hospitalization for monitoring and support. Breathing problems may necessitate a breathing tube, and pain can be managed with medications. Specific treatments for GBS itself include intravenous immune globulin (IVIG) and plasma exchange (plasmapheresis). The duration of GBS varies but typically lasts a few weeks, with symptoms gradually improving over weeks to months. While most people recover without long-term muscle weakness, some may experience persistent weakness that lasts for years.

Pain, stiffness, and swelling in finger joints; Morning stiffness (in rheumatoid arthritis); Trigger finger, finger or palm pain; Painful lump due to cysts; Stiffness, inability to straighten fingers (Dupuytren's contracture); Pain and swelling near the fingernail joint (Mallet finger); Pain, numbness, and tingling in specific hand fingers, and arm pain (Carpal tunnel syndrome)

Hand pain. Which means Hand pain can result from various conditions, including osteoarthritis, rheumatoid arthritis, trigger finger, cysts, Dupuytren's contracture, Mallet finger, and carpal tunnel syndrome. These conditions cause different symptoms and discomfort in the hand, including pain, stiffness, swelling, and functional limitations. Self-help methods include rest, heat application, gentle exercises, and over-the-counter pain and swelling medication. However, a doctor or nurse should be consulted if symptoms persist, worsen, or involve hand weakness or loss of hand function.

Input	Output
Seizures, Bruising around the eyes or behind the ear, Blood or clear fluid draining from the nose or ear	Head injury. Which means Head injuries in adults can result from various causes, including falls, sports injuries, car and bike accidents, and being hit in the head with something. The severity of symptoms depends on the type and seriousness of the head injury. Symptoms may include headache, nausea, swelling, dizziness, confusion, vision problems, and more. Symptoms can appear immediately or with a delay, and some may persist for an extended period.
Tension headaches (pressure or tightness on both sides of the head), Migraine headaches (pounding or throbbing pain, often affecting one side of the head, may cause nausea, vomiting, sensitivity to light and sound), Cluster headaches (pain on one side of the head, frequently occurring, with symptoms on the same side of the face like droopy or watery eye, stuffy nose, facial sweating), Secondary headaches (related to other health problems such as infections, illnesses, or medicines)	Headaches in adults. Which means Headaches in adults can take various forms, including tension headaches, migraines, cluster headaches, and secondary headaches. Each type has distinct symptoms. You can try non-prescription pain medicines or rest in a cool, dark, quiet room to alleviate the pain. However, you should seek medical attention if your headache is sudden, severe, accompanied by certain symptoms like seizures, confusion, or weakness, or if you experience frequent, severe, new, or persistent headaches. Keeping a headache diary to track triggers like stress, diet, caffeine, and other factors can be helpful in managing your headaches.
Sudden onset of symptoms including balance issues (trouble standing or walking), vision problems (trouble with vision), uneven or drooping face, arm weakness or numbness (in one or both arms, with one arm drifting down when attempting to hold both arms out), speech difficulties (trouble speaking with strange speech), sudden, severe headache.	Hemorrhagic stroke. Which means A hemorrhagic stroke occurs when a blood vessel in or on the brain starts bleeding, leading to sudden symptoms such as balance problems, vision issues, facial drooping, arm weakness, speech difficulties, and a sudden, severe headache. Prompt medical attention is crucial, so if any of these symptoms are observed, it is essential to call for an ambulance and seek treatment as soon as possible.
Thinking and memory problems, with mild or severe manifestations. Common symptoms include trouble reading or focusing, difficulty with complex tasks, minor memory problems, slowed thinking, more severe symptoms like major memory problems, slow movements, unsteady walking, personality changes, and loss of interest in activities.	HIV-associated neurocognitive disorders. Which means HIV-associated neurocognitive disorders (HAND) refer to thinking and memory problems that can occur in individuals with HIV infection. It encompasses mild forms with subtle symptoms that may affect daily functioning, as well as the most severe form known as HIV-associated dementia, which results in significant cognitive impairment, emotional and movement issues. The widespread use of antiretroviral therapy has reduced the incidence of HIV-associated dementia.
uncontrolled movements (known as "chorea") affecting the face, trunk, arms, or legs, feelings of depression, anxiety, irritability, anger, paranoia, or apathy, difficulties in social interactions, hallucinations (seeing or believing in things that are not there), cognitive problems such as trouble thinking clearly and forgetfulness, and weight loss.	Huntington disease. Which means Huntington disease is a genetic disorder that leads to involuntary movements, emotional changes, and cognitive impairment. These symptoms usually

	<p>appear between the ages of 40 and 60, with some individuals showing signs earlier. The symptoms tend to worsen gradually over time, and individuals with Huntington disease are at risk of suicide, so it's important to seek medical advice for proper management.</p>
<p>severe headaches (often described as the worst pain behind the eyes), short episodes of vision loss in one or both eyes, dimming of vision, difficulty seeing objects at the edge of the visual field, double vision, seeing flashing lights, and experiencing internal head noises (resembling rushing water or wind, pulsating with the heartbeat). In some cases, it can lead to permanent vision loss.</p>	<p>Idiopathic intracranial hypertension. Which means Idiopathic intracranial hypertension is a condition characterized by increased pressure inside the skull, resulting in symptoms such as severe headaches, vision disturbances, and other visual and auditory symptoms. The exact cause is unknown, but it is more common in females and individuals with obesity. Certain medications, such as tetracycline, high doses of vitamin A, and growth hormone, may increase the risk of developing this condition.</p>
<p>Laryngeal dystonia, also known as "spasmodic dysphonia," affects the muscles controlling the vocal cords in the throat. It leads to speech problems, which can manifest in two main types: 1. Adductor type: Speech sounds halting, strained, and strangled. 2. Abductor type: Speech sounds breathy, like a whisper.</p>	<p>Laryngeal dystonia. Which means Laryngeal dystonia is a rare disorder that predominantly affects females and typically starts between the ages of 30 to 60. The exact cause is unknown, but it results from muscle spasms or freezing in the throat muscles. It may be associated with a brain-related movement issue. If you experience persistent speech problems, consult a doctor or nurse.</p>
<p>Fever, Headache, Stiff neck, Nausea or vomiting, Acting confused or being hard to wake up, Being bothered by light in the eyes, Small red-purple spots on the skin that don't go away when you press on them, A bulging soft spot on the skull, Acting more fussy or irritable than usual, Being more sleepy than usual, Not feeding well</p>	<p>Meningitis. Which means Meningitis is a condition that can cause fever, headache, and a stiff neck. It happens when the tissues surrounding the brain and spinal cord (called the "meninges") get infected. There are 2 main types of meningitis, bacterial and viral. Bacterial meningitis is a medical emergency and can lead to severe complications if not treated promptly. Viral meningitis is usually less serious. Newborn babies can exhibit additional symptoms. If you suspect your child has meningitis, seek immediate medical attention for diagnosis and treatment. Tests such as blood tests and lumbar puncture are used to determine the type of meningitis. Bacterial meningitis is treated with antibiotics, while viral meningitis does not require antibiotics. Meningitis can be transmitted from person to person, so preventive measures include vaccination and good hygiene practices.</p>
<p>Pain (burning or stinging), Tingling (pins and needles sensation), Numbness, Sensitivity to touch, Itching</p>	<p>Meralgia Paresthetica. Which means Meralgia paresthetica is a condition characterized by pain, tingling, and numbness in the outer thigh, resulting from the compression or squeezing of a nerve in that area. It can be caused by various factors, including pregnancy, wearing tight belts or waistbands, prolonged pressure on the thigh, injury, or post-surgery complications. The condition is more common in individuals with diabetes or obesity and older people. Typically, meralgia paresthetica is not a serious condition and often resolves on its own. Diagnosis is usually based on symptoms and a neurologic examination. In some cases, additional tests like MRI or nerve conduction studies may be conducted to rule out other causes. Treatment primarily involves</p>

managing symptoms and may include avoiding tight clothing, weight loss, and pain-relieving medications like acetaminophen or ibuprofen. If symptoms persist for an extended period, further treatment options such as local injections or surgery may be considered, although surgery is rarely needed.

Headache, Nausea, Sensitivity to light and noise, Aura

Migraines. Which means Migraines are a kind of headache that can also involve other symptoms.

They are more common in females than in males and often start mild and then get worse.

Symptoms include headache, nausea, sensitivity to light and noise, and sometimes an "aura" that affects vision or causes numbness and tingling.

Headache, Nausea, Sensitivity to light and noise, Aura, Fatigue, Irritability, Paleness, Shadows under the eyes, Vomiting, Belly pain, Sudden pallor, Less activity

Migraines. Which means Migraines are a kind of headache that can also involve other symptoms in

children. Symptoms include a headache, nausea, sensitivity to light and noise, aura (which affects vision or causes numbness and tingling), fatigue, irritability, paleness, shadows under the eyes, vomiting, belly pain, sudden pallor, and less activity. Migraines may vary based on the child's age.

Memory problems, Trouble concentrating, Reasoning difficulties, Difficulty remembering words, Difficulty making decisions, Getting lost, Mood changes (sadness, worry, anger, belief in untrue things), Reduced interest in activities, Self-awareness of memory problems, Changes noticed by others

Mild Cognitive Impairment. Which means Mild Cognitive Impairment (MCI) is a brain disorder that

causes memory and thinking difficulties, more significant than those of normal aging. Symptoms include memory problems, trouble concentrating, reasoning difficulties, difficulty remembering words, difficulty making decisions, getting lost, mood changes (sadness, worry, anger, belief in untrue things), reduced interest in activities, self-awareness of memory problems, and changes noticed by others. MCI can lead to dementia in some cases, but not all individuals with MCI develop dementia. There is no specific treatment for MCI, and its progression to dementia cannot be prevented, but certain lifestyle choices can help maintain brain health.

Numbness, Tingling, Muscle weakness, Vision problems, Eye pain, Odd eye movements, Dizziness, Balance issues, Difficulty walking, Speech problems, Bowel or bladder control issues, Sexual dysfunction, Heat sensitivity, Cognitive impairment, Fatigue

Multiple Sclerosis. Which means Multiple Sclerosis (MS) is an autoimmune disease that affects the

nervous system, leading to various symptoms. These symptoms can include numbness, tingling, muscle weakness, vision problems, eye pain, odd eye movements, dizziness, balance issues, difficulty walking, speech problems, bowel or bladder control issues, sexual dysfunction, heat sensitivity, cognitive impairment, and fatigue. MS can present with different forms, including relapsing-remitting, secondary progressive, and primary progressive MS, and the treatment options vary depending on the type of MS a person has.

Vision problems, Eye pain, Odd eye movements, Dizziness, Balance issues, Weakness and stiffness in the face or an arm or leg, Bowel or bladder control issues, Fatigue, Depression, Headache, Seizures, Altered consciousness

Multiple Sclerosis. Which means Multiple Sclerosis (MS) in children is an autoimmune disease that

affects the nervous system, leading to various symptoms. These symptoms can include vision problems, eye pain, odd eye movements, dizziness, balance issues, weakness and stiffness in the face or an arm or leg, bowel or bladder control issues, fatigue, depression, headache, seizures, and altered consciousness. MS can present with different types, and while there is no cure, treatments are available to manage the disease and its symptoms.

Muscle weakness	<p>Muscular Dystrophy. Which means Muscular dystrophy is a term for a group of disorders causing muscle weakness. These disorders can affect both children and adults, with symptoms varying depending on the specific type. Common tests for muscular dystrophy include blood tests to check for abnormal genes and proteins, electromyography (EMG), and muscle biopsies. Treatment options are limited, but some types of muscular dystrophy can be treated with steroids, physical therapy, and assistive devices. Certain medications might help increase muscle protein in specific cases. People with muscular dystrophy can live long lives, but their physical abilities may be limited, and some types can shorten life expectancy. It is important to consult with a healthcare provider to understand the specific type and its management.</p>
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<p>Muscle weakness, Droopy eyelids, Blurry vision or double vision, Trouble chewing food, Trouble swallowing, Trouble talking, Loss of expression on the face, Head that feels heavy or drops forward, Trouble breathing, Weakness</p>	<p>Myasthenia Gravis. Which means Myasthenia gravis (MG) is a condition characterized by muscle weakness, which can affect various muscle groups. Some individuals may experience muscle weakness in specific areas, leading to different manifestations. Symptoms include droopy eyelids, blurry or double vision, difficulty chewing or swallowing, speech changes, loss of facial expression, a heavy head, breathing difficulties, and generalized muscle weakness. MG is caused by an issue with the immune system, leading to the production of antibodies that interfere with the connection between nerves and muscles, weakening the muscle contractions. Diagnostic tests for MG include blood tests to detect specific antibodies, electrical tests of nerves and muscles, and imaging tests like CT or MRI scans. Treatment options encompass medications like pyridostigmine and immune system modulating drugs, fast-acting immune system treatments such as intravenous immune globulin (IVIG) and plasma exchange, and, in some cases, thymus gland removal via surgery. Special considerations are necessary for pregnant individuals with MG, and they should consult with healthcare providers before attempting pregnancy. People with MG affecting more than just the eyes should receive annual flu shots and pneumonia vaccines. It's crucial to consult with a healthcare provider before taking any medications, including over-the-counter drugs, as some medicines can worsen MG.</p>
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Muscle jerking, twitching, spasms, shaking, jerking of different parts of the body,	<p>Myoclonus. Which means Myoclonus is the medical term for short, jerking movements that a person cannot control. It can affect different parts of the body, including the whole body or just specific body parts like legs or arms. Myoclonus can be normal in healthy people, especially during sleep. It can also be caused by various factors such as diseases, injuries, epilepsy, organ-related diseases, and certain medications or chemicals. Treatment depends on the underlying cause, and it may include medications to control symptoms. If myoclonus is due to a curable condition, such as a disease or tumor, treating the underlying condition can alleviate myoclonus. However, in cases where the cause is incurable, it can be challenging to eliminate myoclonus completely. Different treatments can be attempted to help manage the condition, including medications used to control seizures and injections of botulinum toxin. Children with myoclonus should also be evaluated by a healthcare professional, particularly if they experience muscle twitches or spasms.</p>
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<p>Neck pain, neck muscle tightness or spasm, inability to move the neck or turn the head, weakness or paralysis in the arms or legs, numbness or tingling in the arms or legs</p>	<p>Neck Fracture. Which means A neck fracture is a condition where one of the bones in the neck, known as "cervical vertebrae," is broken. Symptoms of a neck fracture include neck pain, muscle tightness or spasm, limited neck mobility, weakness or paralysis in the arms or legs, and numbness or tingling in the extremities. Diagnosis typically involves an examination by a doctor or nurse and</p>
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	<p>imaging tests like X-rays, CT scans, and possibly MRI if spinal cord damage is suspected.</p> <p>Treatment varies based on the type and severity of the neck fracture and whether it causes paralysis. Severe fractures or cases with paralysis may require hospitalization and treatment such as surgery, the use of a "halo" device, a collar or brace, pain medications, and physical therapy.</p> <p>Healing time can range from months, with children generally healing faster than adults. Lifestyle factors such as a healthy diet, cessation of smoking, and following the doctor's instructions can support the healing process. Immediate medical attention is necessary for breathing difficulties, problems with bladder or bowel control, loss of feeling in the arms or legs, or issues with neck braces.</p>
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<p>Numbness or loss of feeling, burning or pain, tingling, bothersome or painful sensation to light touches</p>	<p>Nerve Damage Caused by Diabetes. Which means Diabetes can lead to nerve damage known as diabetic neuropathy. It usually starts with numbness, burning or pain, tingling in the toes and feet.</p> <p>In advanced stages, symptoms may extend to the hands. Nerve damage can lead to problems like the inability to feel pain in the feet, increasing the risk of untreated injuries. To manage this condition and protect the feet, it's crucial to control blood sugar levels, follow specific foot care practices, and report unusual symptoms or injuries to a healthcare provider. Lifestyle measures can potentially help prevent nerve damage caused by diabetes.</p>
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<p>Burning, tingling, sharp, stabbing pain; heightened sensitivity to touch</p>	<p>Neuropathic Pain. Which means Neuropathic pain is caused by nerve damage or nervous system problems. It is characterized by burning, tingling, sharp, or stabbing pain, which can be constant or intermittent. Neuropathic pain can significantly affect daily life. Treatments include medications and various activities. Self-help measures include using heating pads or cold packs, relaxation exercises, staying active, and addressing depression if present.</p>
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Input	Output
Vision loss, eye pain, flashes or flickers of light, trouble seeing colors	Optic Neuritis. Which means Optic neuritis is a condition that causes vision problems, eye pain, and other symptoms. It is common in people with multiple sclerosis (MS) but can also occur in individuals with infections, autoimmune diseases, and other conditions. Symptoms include vision loss in one or both eyes, eye pain that worsens with eye movement, and less common symptoms like seeing flashes of light and difficulty perceiving colors. If you experience vision loss, seek medical attention. Tests such as an eye exam, MRI of the brain, and blood tests are conducted to diagnose optic neuritis and evaluate for MS. While optic neuritis often improves without treatment, severe cases may be treated with steroids to expedite recovery. The risk of developing MS after optic neuritis varies depending on MRI results. Most people recover their vision within a year, but some may experience permanent vision loss. About one-third of those with optic neuritis may experience a recurrence.
Upset stomach, increased appetite, mood changes, trouble sleeping, changes in appearance, eye problems (glaucoma, cataracts), heart problems, high blood pressure, high blood sugar, bone problems, growth problems in children and teens, immune system problems	Oral Steroid Medicines. Which means Oral steroids, also known as "glucocorticoids," are medications taken by mouth to treat various medical conditions, including autoimmune conditions, severe asthma or COPD flares, allergic reactions, nausea and vomiting from chemotherapy, and preventing organ rejection in transplant recipients. Common oral steroids include Prednisone, Prednisolone, Dexamethasone, and Methylprednisolone. Short-term use typically causes mild side effects like upset stomach, increased appetite, mood changes, and trouble sleeping. More serious side effects can occur with long-term or high-dose use, including changes in appearance, eye problems, heart problems, high blood sugar, bone problems, growth issues in children and teens, and immune system problems. To minimize side effects, doctors prescribe the lowest effective dose for the shortest time necessary. Patients taking oral steroids should carry a card listing the medication details and receive necessary vaccines, as long-term use can increase infection risk. Dose adjustments may be needed over time, and a gradual tapering process may occur. Additional information can be obtained from healthcare providers or Lexicomp.
Paraplegia is when a person can't move their legs, but can move their arms.	Paraplegia. Which means Paraplegia is a condition characterized by the inability to move the legs while still retaining movement in the arms. It is commonly caused by spinal cord injuries, although other conditions affecting the spinal cord, brain, or nerves can lead to paraplegia as well. Symptoms include the inability to move the legs, no feeling in the legs, and potential issues with bladder and bowel control. Some individuals with paraplegia may also experience trouble breathing. Diagnostic tests such as X-rays, imaging tests (CT or MRI scans), and nerve tests are typically performed to determine the cause and severity of paraplegia. Treatment options include medications like steroids, surgery to fix displaced backbones, and rehabilitation to improve independence and overall health. Preventing complications, such as urinary tract infections, pressure sores, and respiratory issues, is an essential part of long-term treatment for paraplegia. Many people with paraplegia lead fulfilling lives, and rehabilitation helps individuals regain movement and independence. Issues related to sexual function and mental health may also be addressed and managed through appropriate treatments.
Shake (tremor), Move slowly, Become stiff or rigid, Lose balance or have difficulty walking, Lose ability to think clearly, Experience hallucinations, Feel depressed, anxious, or less interested in	

everyday life, Have sleep problems (insomnia, daytime sleepiness), Feel tired, Lose ability to smell, Experience constipation, sweating, trouble urinating, trouble swallowing, sexual problems, orthostatic hypotension (sudden drop in blood pressure when standing up).

Parkinson Disease. Which means Parkinson Disease is a brain disorder characterized by a range of symptoms that worsen over time and can also affect various other brain functions, such as learning and memory. The initial symptoms are often mild but can progress to the point where they impact an individual's ability to work and perform daily activities. Common symptoms of Parkinson Disease include tremors (shaking), slow movements, stiffness or rigidity, balance issues, difficulty walking, cognitive impairments, hallucinations, mood changes (depression, anxiety), sleep disturbances (insomnia, daytime sleepiness), fatigue, loss of the sense of smell, constipation, sweating, urinary problems, swallowing difficulties, sexual issues, and orthostatic hypotension (a sudden drop in blood pressure when standing). While there is no specific test for Parkinson Disease, doctors typically diagnose it based on the symptoms, and in some cases, they may use imaging tests like MRI or DaTscan to rule out other causes. Treatment involves various medications to alleviate the symptoms, although there is no cure. These medications may have side effects, so they are usually prescribed when symptoms significantly impact a person's life. In cases where other treatments are ineffective, deep brain stimulation (DBS) can be considered, which involves surgical implantation of wires in the brain to control muscle movements. Self-care strategies include getting support through support groups, staying physically active, maintaining a healthy diet, ensuring a safe home environment to prevent falls, being aware of driving safety, and educating oneself about Parkinson Disease and its treatment options.

Sudden episodes of muscle weakness triggered by factors like heavy exercise, carbohydrate intake, stress, fasting, cold air.

Periodic Paralysis Syndrome. Which means Periodic Paralysis Syndrome is a rare condition characterized by sudden episodes of muscle weakness. The syndrome has different types based on its cause: - Hypokalemic Periodic Paralysis: This type results from low levels of potassium (hypokalemia) in the blood. - Hyperkalemic Periodic Paralysis: This type is due to high levels of potassium (hyperkalemia) in the blood. - Thyrotoxic Periodic Paralysis: A subtype of hypokalemic periodic paralysis, it is caused by an overactive thyroid gland (hyperthyroidism) leading to excessive production of thyroid hormone. Most individuals with periodic paralysis are born with it, and it is typically caused by an abnormal gene, often running in families. The condition usually manifests in childhood and results in episodes of muscle weakness that affect the entire body. These episodes do not lead to loss of consciousness and can be triggered by various factors such as heavy exercise, high carbohydrate intake, stress, fasting, and exposure to very cold air. The frequency and duration of these episodes depend on the specific type of periodic paralysis. Hypokalemic periodic paralysis episodes typically occur every few weeks or months and may last from hours to days. On the other hand, hyperkalemic periodic paralysis episodes occur more frequently, sometimes daily, but are usually less severe and shorter in duration. In some cases, individuals with periodic paralysis may develop progressive muscle weakness that worsens over time, typically later in life. Diagnosis is based on symptoms, genetic testing, blood tests to check potassium and thyroid hormone levels, and specialized tests like electrocardiogram (ECG) and electromyography (EMG). Treatment varies depending on the type and may involve managing and preventing episodes with dietary modifications, medications, or addressing underlying thyroid issues. It is crucial to inform other healthcare providers about your condition, especially before any procedures or surgeries, to ensure proper potassium management and avoid medications that may affect potassium levels.

Weakness, trouble balancing, numbness, tingling, "pins and needles," pain or burning, bowel and bladder problems, trouble swallowing, dizziness, excessive sweating, problems with sex.

Peripheral Neuropathy. Which means Peripheral neuropathy is a type of nerve damage affecting the peripheral nervous system, which includes motor nerves (related to movement), sensory nerves (related to the senses), and autonomic nerves (control body functions like heartbeat, breathing, digestion, and blood pressure). Various factors can cause peripheral neuropathy, such as health problems like diabetes, injuries, inherited conditions, certain medicines, autoimmune diseases, infections, vitamin deficiencies, and exposure to certain poisons and toxins. The symptoms of peripheral neuropathy can vary based on the damaged nerves: - Motor symptoms: Weakness and trouble balancing, which can impact activities like running, climbing stairs, writing, buttoning clothes, or tying shoes. - Sensory symptoms: Numbness, tingling, "pins and needles," pain, or burning sensations. - Autonomic symptoms: Bowel and bladder problems, trouble swallowing, dizziness, excessive sweating, problems with sex. Diagnosis of peripheral neuropathy involves discussing symptoms, physical examinations, and various tests, including those to check nerve function, electromyogram (EMG) to assess muscle nerve function, nerve conduction studies (NCS) to evaluate nerve signal speed, lab tests, lumbar puncture (spinal tap), imaging tests like CT scans or MRI, and skin or nerve biopsy. Treatment focuses on managing the underlying cause if known and relieving symptoms, and may include pain-relieving medicines, topical pain relief options, anti-seizure or antidepressant medications for pain management, physical therapy to improve movement, assistive devices like braces or walking aids, TENS therapy for pain reduction, and specific treatments for issues related to eating, sexual function, or bladder and bowel control. There are also steps individuals can take on their own to help manage peripheral neuropathy, such as limiting alcohol consumption, quitting smoking, managing diabetes (if present), avoiding burns or cuts due to reduced sensation, preventing falls by decluttering and ensuring good lighting, and regularly checking the feet for sores or injuries. It's essential to follow up with healthcare providers if new symptoms arise or if there are concerns about the condition.

Muscle weakness, both sides of the body, slowly progressive muscle weakness affecting muscles closest to the trunk (neck, shoulders, hips, thighs), trouble climbing stairs, lifting objects, swallowing.

Polymyositis. Which means Polymyositis ("PM") is a condition characterized by muscle inflammation and weakness. It typically occurs in adults but can also affect children. The muscle weakness in PM gradually develops over time and involves muscles close to the body's trunk, such as those in the neck, shoulders, hips, and thighs. As a result, individuals with PM may experience difficulties with activities like climbing stairs, lifting objects above their head, or swallowing. While the exact cause of PM is unknown, diagnosis involves various tests including blood tests to assess muscle irritation, electromyography ("EMG") to check muscle responses to nerve signals, muscle biopsy, and imaging tests like MRI scans to observe muscle changes. The main treatment for PM involves steroids to reduce inflammation. However, long-term steroid use can have side effects, including bone weakening and increased infection risk. Doctors often taper the steroid dose over time to minimize these side effects. In cases where steroids are ineffective or can't be used, other medications that reduce inflammation may be prescribed, either alone or alongside steroids. For children with PM, who may experience slowed growth due to long-term steroid use, doctors typically recommend a combination of steroids and other medicines to mitigate growth-related issues. Additionally, PM management includes keeping the body strong through exercises supervised by a physical therapist, addressing swallowing difficulties with dietary adjustments, and taking medications to minimize steroid side effects. For individuals planning to become pregnant, doctors can help control PM before pregnancy and ensure the safety of medications during

pregnancy. PM's impact on daily life varies depending on the individual, with some experiencing mild symptoms and others dealing with more severe, long-lasting symptoms. PM can also lead to additional medical problems, such as heart and lung issues.

Headache, dizziness or balance problems, fatigue, irritability, anxiety, depression, memory problems, attention difficulties, sleep problems, noise or light sensitivity

Postconcussion Syndrome. Which means Postconcussion syndrome is a condition that can develop following a mild brain injury known as a "concussion." Although concussions often result from head injuries, they can also occur due to injuries or accidents that involve forceful shaking of the head. When a person experiences postconcussion syndrome, they continue to have symptoms for days to weeks after the injury, and this condition is also referred to as "post-TBI syndrome," with TBI standing for "traumatic brain injury." The symptoms of postconcussion syndrome may encompass various issues, including headaches, dizziness, balance problems, fatigue, irritability, anxiety, depression, memory difficulties, trouble with attention, sleep disturbances, and heightened sensitivity to noise or light. These symptoms can impede the ability to carry out regular activities, leading to stress and anxiety. However, it is essential to understand that these symptoms are genuine issues caused by the concussion, and they will typically improve over time. Although tests may be performed to rule out other potential problems, diagnosis is often based on an evaluation of symptoms and a physical examination by a doctor or nurse. The treatment of postconcussion syndrome depends on the specific symptoms experienced. Medications may be recommended to alleviate symptoms such as headaches, dizziness, sleep disturbances, or other issues. Rest is crucial, especially immediately following a concussion, to avoid activities that could cause another head injury and to allow the body and brain to recover. Counseling or the use of prescription medications may be suggested to individuals experiencing depression or anxiety. To facilitate symptom improvement, it is advisable to abstain from alcohol and cannabis during the period when concussion symptoms are present. In most cases, symptoms of postconcussion syndrome start to improve within a week, and individuals typically return to normal within three months. However, a minority of individuals may have symptoms that persist for an extended period, and in such cases, the doctor may recommend medications or other treatments. In certain situations, specific symptoms may warrant immediate medical attention, such as symptoms indicating more severe head injuries, like confusion, seizures, or severe weakness. If any of these severe symptoms occur, seeking medical assistance is crucial.

Quadriplegia is when people can't move their arms or legs.

Quadriplegia. Which means Quadriplegia is a condition in which individuals are unable to move both their arms and legs. Like paraplegia, quadriplegia can result from various causes, with spinal cord injuries being the most common. Additional factors such as Guillain-Barré syndrome, multiple sclerosis, polio, and stroke can also lead to quadriplegia in certain cases. Along with complete limb immobility, individuals with quadriplegia may experience no sensation in their limbs, loss of bladder and bowel control, difficulties with breathing (often associated with quadriplegia), and sexual problems such as erectile or ejaculatory issues. Diagnostic tests, including X-rays, imaging scans, and nerve tests, help determine the underlying cause and severity of quadriplegia. Immediate treatment following a spinal cord injury may involve the use of steroids, surgery for realigning displaced backbones, and hospital care for monitoring and managing related medical issues. Long-term treatment often focuses on rehabilitation to promote independence, teaching individuals how to use wheelchairs, manage bladder and bowel functions, exercise to regain movement, and cope with emotional challenges. Preventing complications, including urinary tract infections, pressure sores, respiratory problems, osteoporosis, muscle and joint stiffness, pain, and

depression, is crucial in the management of quadriplegia. Many people with quadriplegia can lead productive lives, work, have meaningful relationships, and even have children. Medications and devices are available to address sexual problems, and treatment for depression and anxiety can be provided when needed.

Pass out, abnormal movements, tonic clonic seizures (grand mal seizures) include passing out, muscle stiffness, jerking movements, other seizure types may include shaking in one arm or part of the face, sudden unresponsiveness, staring.

Seizures. Which means Seizures are characterized by waves of abnormal electrical activity in the brain. Different types of seizures manifest with varying symptoms. Tonic clonic or grand mal seizures involve passing out, muscle stiffness, and jerking movements. Other seizure types may include shaking in one arm or part of the face or sudden unresponsiveness and staring. Seizures can be caused by various factors, and it's important to seek medical attention if you experience a seizure, especially if it's your first seizure.

Pain, swelling, bleeding, headache, feeling tired, confused, dizziness, passing out, bruising, bleeding from the nose or ear, clear fluid drainage from the nose or ear, vomiting, sensory impairments, weakness, numbness

Skull Fractures. Which means Skull fractures can result from trauma to the head, such as falls, car accidents, or sports injuries. Symptoms can vary depending on the location and severity of the fracture and may include pain, swelling, headache, dizziness, and more. A CT scan or other imaging tests are used to diagnose skull fractures. Treatment depends on the type and severity of the fracture, ranging from observation to surgical intervention. It's essential to seek medical attention after a head injury and watch for warning signs such as severe dizziness, seizures, or worsening symptoms. Prevention includes wearing helmets when necessary and using seat belts while driving.

Back pain, numbness, tingling, leg pain, leg weakness, bladder or bowel control issues, leg pain while walking or standing, relief from symptoms when sitting or bending forward

Spinal Stenosis. Which means Spinal stenosis is a condition characterized by the narrowing of the spinal canal or the spaces between vertebrae where spinal nerves pass through. This narrowing is often due to arthritis or injury and can result in various symptoms. Common symptoms include back pain, leg pain, numbness, tingling, and weakness. Symptoms may worsen with walking or standing but improve with sitting or bending forward. Imaging tests like X-rays, MRIs, or CT scans can diagnose spinal stenosis. Treatment may involve pain relief medication, muscle relaxants, injections, physical therapy, spinal manipulation, acupuncture, or surgery in severe cases. Remaining active is crucial to manage symptoms, and bed rest should be avoided.

Balance, Eyes, Face, Arm, Speech, Time, sudden, severe headache

Stroke. Which means A stroke occurs when a part of the brain is damaged due to a problem with blood flow. Strokes can result from a clogged artery or bleeding in the brain. Stroke symptoms typically start suddenly. Remember "BE FAST" for symptoms: Balance issues, Eye trouble, Facial droop or unevenness, Arm weakness or numbness, Speech problems, Time to call an ambulance (9-1-1). A sudden, severe headache may also indicate a stroke. Treatment depends on the type of stroke and must be administered quickly. Stroke prevention includes managing risk factors like blood pressure, cholesterol, blood sugar, and lifestyle choices. Recovery and rehabilitation may be needed after a stroke, and some individuals might also experience related medical problems.

Headache, Vomiting, Weakness, Numbness, Trouble walking, Slurred speech or being unable to speak, Acting less alert than normal, Dizziness, Confusion or trouble thinking, Sleepiness, Seizures

Subdural Hematoma. Which means A subdural hematoma is bleeding on the surface of the brain,

under the dura (the tough outer covering of the brain). It can be caused by a head injury from events such as a car crash, fall, or physical attack. There are two main types: acute (happens soon after the injury) and chronic (usually in older people and develops slowly). Symptoms can include headache, vomiting, weakness, numbness, difficulty walking, speech problems, dizziness, confusion, sleepiness, and seizures. Diagnosis is done through imaging tests like MRI or CT scans. Treatment depends on the size of the hematoma and may involve surgery to drain it and relieve brain pressure, or monitoring it for improvement. Medication adjustments might be necessary if the patient takes certain drugs like blood thinners.

Motor tics - Eye blinking, Briefly making a face as if angry or in pain (grimace), Shrugging the shoulders, Jerking the head, Walking in a strange way, Kicking, jumping, or moving the body in odd ways, Scratching, Making obscene gestures

Tourette Syndrome. Which means Tourette syndrome is a rare disorder that causes individuals to have little or no control over their tics, which are characterized by unusual movements or sounds. Motor tics can range from mild to extreme and involve movements like eye blinking, grimacing, and more. Vocal tics include noises, words, or phrases that may not make sense. People with Tourette syndrome typically develop symptoms between the ages of 2 and 15, and in about half of the cases, the tics resolve by age 18. Tics may return in adulthood for some individuals. Although there is no specific test for Tourette syndrome, doctors can diagnose it based on the presence of these symptoms. Treatment options include counseling and, if tics are severe and interfere with daily life, habit reversal training or medications. Tourette syndrome can be associated with other conditions such as ADHD, OCD, anxiety, depression, behavioral problems, learning difficulties, and sleep problems. Family, friends, and others should also be educated about the disorder to better understand and support those affected.

Confusion, trouble thinking, memory problems, feeling sleepy, acting jumpy, feeling irritable, sleep disturbances, hallucinations, seizures, abnormal movement, coma

Toxic-metabolic encephalopathy. Which means Toxic-metabolic encephalopathy, or "TME," is a condition where the brain's functioning is affected due to a chemical imbalance in the body or a buildup of toxins in the blood. TME can be caused by various factors, including organ dysfunction, toxins from outside the body, and certain risk factors. Symptoms of TME include confusion, memory problems, sleep disturbances, and more. The condition is diagnosed through a series of tests, and treatment aims to address the underlying cause and manage symptoms. Recovery from TME is possible, but some individuals may experience ongoing issues.

Balance problems, vision issues, uneven or drooping face, weakness or numbness in arms, speech difficulties

Transient Ischemic Attack (TIA). Which means A Transient Ischemic Attack (TIA) occurs when blood flow in the brain is temporarily blocked, leading to stroke-like symptoms that resolve quickly. TIAs are caused by the temporary interruption of blood supply to part of the brain, often due to blood clots. TIAs share symptoms with strokes, including balance problems, vision issues, facial asymmetry, arm weakness, speech difficulties, and the need for quick medical attention. Individuals who have experienced a TIA are at a higher risk of a subsequent stroke, especially in the days following the TIA. To reduce the risk of a stroke, treatments involve taking prescribed medications, making lifestyle changes, and, in some cases, undergoing surgical procedures to address clogged arteries in the neck.

Trembling, shaking, typically in the hands, head, or other body parts.

Tremor. Which means Tremor is a medical condition characterized by uncontrollable trembling or shaking of a body part, often in the hands or head. Tremors can also affect other body parts. There

are various types of tremors, including rest tremors, action tremors (kinetic, postural, isometric), and functional tremors. Tremors can result from various causes, including medical conditions such as Parkinson's disease and Wilson disease, physiological factors like medications, substances, or physical conditions, and essential tremor. Diagnosis involves a medical evaluation, which may include brain scans and blood tests. Treatment depends on the underlying cause and can include medications, surgery, or other interventions to reduce tremors.

Trigeminal Neuralgia. Which means Trigeminal Neuralgia (TN) is a condition characterized by abrupt and intense pain in specific areas of the face. This pain typically lasts for a few seconds to a few minutes and is often localized to one side of the face. TN attacks can be triggered by various activities, such as touching the face, chewing, talking, brushing teeth, smiling or frowning, and exposure to cold air. Muscle spasms in the face can accompany the pain. Diagnosis is typically based on symptoms and a physical examination. Additional tests, such as brain imaging (MRI or CT scan), may be performed to further evaluate the condition. Treatment options for TN primarily include medications, with antiseizure drugs like carbamazepine being commonly prescribed. In cases where medications are ineffective or cause undesirable side effects, surgical procedures may be considered to alleviate the condition. However, these procedures may have associated side effects, such as facial numbness or pain.

Viral Meningitis. Which means Viral Meningitis is characterized by symptoms including fever, headache, stiff neck, and light sensitivity. In babies, additional symptoms may include poor feeding, increased sleepiness or fussiness, and a bulging soft spot on the skull. The specific symptoms can vary depending on the virus responsible for the infection. It is crucial to seek immediate medical attention if symptoms of viral meningitis are present. Diagnostic tests are essential to confirm the presence of viral meningitis and determine the causative virus. Treatment generally involves rest, hydration (often through intravenous fluids), and over-the-counter medications to alleviate fever or headache. Antibiotics may be prescribed initially, as it can be challenging to distinguish between viral and bacterial meningitis. Prevention measures include vaccination, good hygiene practices, and mosquito bite prevention to reduce the risk of viral meningitis.

Sudden and severe pain in the cheek, lower face, or around the eye. Pain lasts a few seconds to a few minutes, usually on one side of the face. Pain attacks triggered by activities like touching the face, chewing, talking, brushing teeth, smiling or frowning, and exposure to cold air. Muscle spasms in the face may also occur.

Fever, headache, stiff neck, nausea or vomiting, light sensitivity. Babies may exhibit symptoms like poor feeding, increased sleepiness or fussiness, bulging soft spot on the skull. Additional symptoms can vary depending on the virus, such as diarrhea, runny nose, sore throat, muscle aches, cough, or rash.

Input	Output
Stuffy nose, yellow/green/brown mucus, facial pain or pressure, reduced sense of smell, cough	Chronic Sinusitis. Which means Chronic sinusitis is characterized by persistent symptoms lasting for at least 3 months, which typically include a stuffy nose, discolored mucus, facial pain, reduced sense of smell, and sometimes a cough (more common in children). It can lead to fatigue and discomfort. People with chronic sinusitis should see a doctor if they have these symptoms, especially if they worsen or if severe symptoms develop. Treatment options include steroids, biologic medications, antibiotics for infections, and surgery in severe cases.
Stuffy nose, trouble sleeping, trouble breathing through the nose	Deviated Septum. Which means A deviated septum, which is a crooked nasal septum, can lead to symptoms such as nasal congestion, difficulty sleeping, and impaired nasal breathing. While many people have a slightly crooked septum that causes no problems, individuals with persistent symptoms should consult a doctor or nurse to determine the cause. Tests, such as nasal endoscopy or a CT scan, may be recommended to assess the condition. In severe cases, surgery, known as septoplasty, may be suggested to straighten the crooked septum.
Fever, pulling on the ear, being fussy, less active than usual, decreased appetite, vomiting, diarrhea, Ear pain, temporary hearing loss	Ear Infections in Children. Which means Ear infections in children often follow a cold, leading to fluid buildup behind the eardrum. This fluid can become infected, causing symptoms like fever, ear pain, and irritability. While many infections heal without antibiotics, doctors may prescribe them, especially for infants under 2 years old. Prevention measures include avoiding secondhand smoke, frequent handwashing, and staying away from sick individuals. In cases of recurrent infections, the doctor may discuss options like daily antibiotics or ear tube placement surgery. Persistent hearing loss may require further treatment.
Stuffy or runny nose, sneezing, Itchy or red eyes, Sore throat, itching of the throat or ears, Sleep disturbances, leading to daytime fatigue	Environmental Allergies in Adults. Which means Environmental allergies, triggered by substances like pollen, dust mites, and animal dander, can lead to symptoms such as a runny or stuffy nose, sneezing, itchy or red eyes, and more. Tests, like allergy skin testing, can help identify specific allergens. Treatment options include nose rinses, steroid nose sprays, antihistamines, antihistamine eye drops, decongestants, allergy shots, and allergy pills. Allergy symptoms can often be prevented or managed through lifestyle changes and avoiding allergens.
Sneezing, stuffy nose, runny nose, itchy or red eyes, sore throat, itchy throat or ears, waking up at night or trouble sleeping, coughing, sniffing, difficulty breathing, trouble concentrating, trouble with schoolwork and sports	Environmental allergies. Which means Environmental allergies are a group of conditions that can cause symptoms like sneezing, stuffy or runny nose, itchy or red eyes, sore throat, itchy throat or ears, waking up at night or trouble sleeping, coughing, sniffing, difficulty breathing, trouble concentrating, and trouble with schoolwork and sports. These conditions are triggered by allergies to substances found in the environment, such as dust mites, cockroaches, cats, dogs, mold spores, pollens, and more. While some people experience these symptoms year-round, others have symptoms only during certain times of the year, often referred to as "seasonal allergies" or "hay fever." Environmental allergies can develop in childhood and may run in families. They can also be associated with asthma, which can make breathing difficult.
Ear pain, feeling pressure or fullness in the ear, trouble hearing, ringing in the ear, feeling dizzy,	

loud sounds of your own voice or your own breathing	Eustachian tube problems. Which means Eustachian tube problems are associated with symptoms such as ear pain, feeling pressure or fullness in the ear, trouble hearing, ringing in the ear, feeling dizzy, and experiencing loud sounds of your own voice or breathing. The Eustachian tube is a tube that connects the middle ear to the back of the nose and throat. Normally, it opens and closes to maintain equal air pressure between the middle ear and the surrounding environment. When there's an issue with the Eustachian tube, this balance is disrupted, leading to symptoms such as ear pain and hearing loss.
Trouble breathing, wheezing, throat tightness, feeling like you are choking, trouble speaking, cough	Inducible Laryngeal Obstruction (ILO). Which means Inducible laryngeal obstruction (ILO), also known as vocal cord dysfunction, is a condition characterized by symptoms such as trouble breathing, wheezing, throat tightness, a feeling of choking, difficulty speaking, and coughing. In ILO, the vocal cords, which should open during inhalation and exhalation, sometimes remain partially closed, restricting airflow. This closure typically occurs in response to triggers, including exercise, irritants, stress, acid reflux, and other factors. Some cases may not have an apparent trigger. Symptoms of ILO often mimic those of asthma, making diagnosis and differentiation essential. The main test for ILO involves using a laryngoscope to examine the movement of the vocal cords, especially during exercise if exercise-induced laryngeal obstruction (EILO) is suspected. T
Sudden dizziness, balance problems, nausea, vomiting, problems with balancing and walking, hearing loss or ringing in 1 ear	Labyrinthitis. Which means Labyrinthitis is a condition characterized by sudden dizziness, balance problems, nausea, vomiting, difficulties with balance and walking, and hearing loss or ringing in one ear. It is believed to be related to swelling or issues with the nerve in the brain responsible for hearing and balance, and may sometimes occur during or after a viral infection. Although most people with labyrinthitis do not show signs of infection, some develop symptoms following a viral illness. In cases where hearing loss is absent, the condition is termed "vestibular neuritis." No specific test exists for labyrinthitis, but doctors can diagnose it based on symptoms and examination.
Vertigo, tinnitus, hearing loss, feeling of pressure in the ears	Meniere disease. Which means Meniere disease, also known as Meniere's disease, is characterized by dizziness, hearing problems, and a feeling of pressure in the ears. It is believed to result from an accumulation of fluid within the inner ear, though the exact cause is unclear. The condition typically presents with three main symptoms: Vertigo, a sensation of spinning, swaying, or tilting, often accompanied by nausea and vomiting. These vertigo episodes can occur suddenly and last several minutes to a few hours. Tinnitus, described as a buzzing, ringing, or hissing sound in one or both ears, sometimes resembling machinery or the inside of a seashell. Tinnitus may accompany vertigo episodes or occur independently. Hearing loss, which may be temporary or gradually become permanent over approximately 8 to 10 years. Individuals with Meniere disease also sometimes report a feeling of pressure in their ears. Although no specific test confirms Meniere disease, healthcare professionals diagnose it based on symptoms and examination.
Stuffiness, feelings of pressure or fullness in the face, trouble smelling	Nasal Polyps. Which means Nasal polyps are growths that develop inside the nasal passages or the sinuses, which are hollow spaces within the facial bones. While many individuals with nasal polyps also experience chronic sinusitis, characterized by nasal congestion, facial pain, and nasal discharge, the exact cause of nasal polyps remains unknown. Small polyps often do not produce noticeable symptoms, but larger or multiple polyps can lead to: Nasal stuffiness or a sensation of

blockage in the nose. Feelings of pressure or fullness in the face. Difficulty smelling or experiencing a diminished sense of smell.

Outer Ear Infection. Which means An outer ear infection, also known as swimmer's ear, is a condition that leads to pain within the ear canal. The ear canal is the section of the ear extending from the outer ear to the eardrum. It's essential to note that outer ear infections can affect individuals who don't swim as well. Outer ear infections develop when the skin in the ear canal becomes irritated or scratched, followed by infection.

Parotitis. Which means Parotitis, the inflammation or infection of the parotid gland, can be caused by viral infections like mumps, bacterial infections, dehydration, blockage in the parotid gland or duct, and medications. It may lead to symptoms such as swelling in the parotid gland, pain, fever, and more. Treatment varies based on the cause. The MMR vaccine can help prevent parotitis in some cases.

Ruptured Eardrum. Which means A ruptured eardrum, which is a hole or tear in the eardrum, can be caused by factors like ear infections, extreme pressure changes (barotrauma), or poking the eardrum with objects like Q-tips. Symptoms may include severe ear pain, drainage from the ear, hearing trouble, and more. Treatment varies based on the cause and severity.

Sinusitis in Adults. Which means Sinusitis is a condition that can lead to symptoms like nasal congestion, facial pain, and discharge from the nose. It often occurs following a cold, where the germs responsible for the cold infect the sinuses as well. Symptoms include nasal congestion, facial pain or pressure, and more. Most cases of sinusitis are viral and do not require antibiotics. However, severe or prolonged cases may require antibiotics or further evaluation.

Sinusitis in Children. Which means Sinusitis in children is characterized by symptoms such as cough, nasal congestion, nasal discharge, fever, headache, facial pain or swelling, sore throat, and bad breath. This condition typically occurs following a cold when the germs responsible for the cold infect the sinuses. Most children with sinusitis recover within 7 to 10 days. However, a doctor's visit is recommended if symptoms persist or worsen, especially if associated with high fever, worsening discharge, and certain serious symptoms such as severe facial pain, vision problems, or difficulty breathing.

Tinnitus (Ringing in the Ears). Which means Tinnitus is a condition where individuals hear various sounds, such as ringing, buzzing, hissing, or roaring, in one or both ears. In some cases, the sounds may be pulsing, rushing, humming, or buzzing, and they may change in intensity during movement or exercise. Tinnitus is commonly caused by damage to cells in the inner ear, often associated with factors like aging, exposure to loud noise, certain medications, head or neck injuries, and specific diseases.

Intense thirst, being very tired, urinating often, losing weight, blurred vision, nausea or vomiting, belly pain, panting	<p>Type 1 Diabetes. Which means Type 1 diabetes, also known as type 1 "diabetes mellitus," is a condition that disrupts the body's use of sugar. It is characterized by the following symptoms:</p> <p>intense thirst, extreme fatigue, frequent urination, unexplained weight loss, blurred vision, and in severe cases, nausea, vomiting, belly pain, and panting. People with type 1 diabetes produce little or no insulin, a hormone necessary for sugar absorption by cells. When there is insufficient insulin or the body's response to it is impaired, sugar accumulates in the blood, resulting in diabetes.</p>
Blurry vision, Dark or floating spots, Trouble seeing, Trouble telling colors apart	<p>Diabetic Retinopathy. Which means Diabetic retinopathy is an eye problem that can lead to vision loss and even blindness. It is most common in people with diabetes who do not control their blood sugar well. Most people with diabetic retinopathy have no symptoms during the early stages of the disease. When symptoms start, they can include blurry vision, dark or floating spots, trouble seeing things, and difficulty telling colors apart. Regular eye exams are important to detect and manage this condition early. Early stages provide the best opportunity for treatment to protect the eyes.</p>
feeling very thirsty, drinking a lot, Urinating a lot, Nausea, vomiting, Belly pain, Feeling tired, having trouble thinking clearly, Having breath that smells sweet or fruity, Weight loss	<p>Diabetic Ketoacidosis. Which means Diabetic ketoacidosis ("DKA") is a serious problem that can happen to people with diabetes, especially type 1 diabetes. It occurs when chemicals called "ketones" build up in the blood due to a lack of insulin. DKA is characterized by symptoms like extreme thirst, frequent urination, nausea, vomiting, belly pain, fatigue, sweet or fruity breath, and weight loss. It is a medical emergency and requires immediate treatment at the hospital, typically involving fluids, electrolytes, and insulin.</p>
Needing to urinate often, Intense thirst, Blurry vision	<p>Type 2 Diabetes. Which means Type 2 diabetes is a condition that disrupts the body's normal use of sugar. It is characterized by symptoms such as frequent urination, intense thirst, and blurry vision. It occurs when the body doesn't respond to insulin as it should, leading to elevated blood sugar levels. People with excess body weight or obesity are at a higher risk of developing type 2 diabetes, but it can affect individuals without excess weight. If left untreated, type 2 diabetes can lead to serious health problems, including heart attacks, strokes, kidney disease, vision issues, nerve damage, and the need for amputation. Diagnosis of type 2 diabetes is typically confirmed through blood tests measuring blood sugar levels.</p>

Input	Output
Head tilted to 1 side, Chin pointed to the opposite side from the head tilt, Lump on the side of the neck, Face that looks uneven	Torticollis. Which means Torticollis is a medical condition characterized by a twisted neck where the head tilts to one side, and the chin points in the opposite direction. In congenital torticollis, these symptoms can occur in babies and typically manifest by 2 to 4 weeks after birth. In some cases, it can also involve a lump on the side of the neck that the head tilts toward and an uneven facial appearance. Torticollis can be caused by various factors, including congenital factors, muscle strain, adverse reactions to medication, or spinal problems. Depending on the cause and severity, treatment options can include stretches, physical therapy, surgery, or medications such as pain relief or muscle relaxants. If the neck is twisted due to an accident, immediate medical attention is essential.
Blood in bowel movements, Severe belly pain and vomiting	Meckel's Diverticulum. Which means Meckel's diverticulum is a small pouch located on the wall of the small intestine. It is present in individuals from birth and is made up of tissue that was part of their digestive system during fetal development. While most people naturally lose this tissue before birth, some individuals retain it. Most people with Meckel's diverticulum do not experience any symptoms, but for those who do, symptoms can include the presence of blood in bowel movements, which may appear red or black and sticky, and severe belly pain along with vomiting, suggesting a potential intestinal obstruction.
Fever, Headache, Stiff neck, Nausea or vomiting, Acting confused or being hard to wake up, Being bothered by light in the eyes, Small red-purple spots on the skin	Meningitis. Which means Meningitis is a condition characterized by an infection of the tissues surrounding the brain and spinal cord, known as the "meninges." It can be caused by either bacteria (bacterial meningitis) or viruses (viral meningitis). Both types can share common symptoms, including fever, headache, stiff neck, nausea or vomiting, confusion or difficulty waking up, light sensitivity, and small red-purple spots on the skin that do not disappear when pressed. Newborn babies may exhibit additional symptoms such as a bulging soft spot on the skull, increased irritability, excessive sleepiness, and poor feeding.
Vision problems, Movement problems, Feeling dizzy or off-balance, Weakness and stiffness in the face or an arm or leg, Problems controlling the bowels or bladder, Feeling very tired, depressed, or less active than usual, Headache, Seizures, or altered consciousness	Multiple Sclerosis (MS). Which means Multiple sclerosis in children is a disease that results from the body's immune system attacking and damaging nerve cells, causing a range of symptoms. Most children with MS have a type called "relapsing-remitting MS," where symptoms come and go, and new or worsened symptoms are referred to as attacks or relapses. Symptoms can include vision problems, eye pain, odd eye movements, dizziness or imbalance leading to falls, weakness and stiffness affecting one side of the body, difficulty controlling the bowels or bladder, fatigue, depression, headache, seizures, and altered consciousness. A child with MS may not experience all these symptoms simultaneously, and their occurrence can vary over time.
Cough, Fever, Sore throat, Headache, A rash or blisters on the lips or in the mouth, Upset stomach, Vomiting, Diarrhea, Muscle aches, Joint pain	Mycoplasma Pneumonia. Which means Mycoplasma pneumonia is a type of lung infection in children caused by a specific type of bacteria. The symptoms often begin gradually and are similar to those of a common cold, including headache, mild fever, and general malaise. Later, additional symptoms may develop, such as a sore throat, cough, rash or blisters on the lips or in the mouth,

	<p>upset stomach, vomiting, diarrhea, muscle aches, and joint pain. If a child shows these symptoms, it is important to see a doctor or nurse immediately.</p>
<p>Abnormal growths or tumors (neurofibromas) on the skin and along nerves, Café-au-lait spots, Freckling of the skin, Spots on the colored part of the eye, Bone deformities (bumps on arms or legs, deformed body parts, scoliosis, bones that break easily, short height), Learning or memory problems</p>	<p>Neurofibromatosis Type 1 (NF1). Which means Neurofibromatosis type 1 (NF1) is a genetic disorder that leads to various signs and symptoms. These include the development of abnormal growths or tumors called "neurofibromas" on the skin and along nerves, characteristic brown skin blotches known as "café-au-lait spots," freckling of the skin in specific areas, spots on the colored part of the eye resembling tiny freckles, and bone issues such as bumps along the arms or legs, deformed body parts, scoliosis (curved spine), bones that are prone to breaking, and short stature for age. NF1 can also result in tumors within the brain, around the nerves connecting the brain and the eye, and in other parts of the body, some of which can become cancerous. Learning or memory problems are also common in children with NF1.</p>
<p>Shaking or trembling, Weak or flabby muscles, Acting irritable or cranky, Acting sleepy, Breathing problems (fast breathing or stopping breathing at times), Skin that looks blue, feels cold, or both, Trouble sucking on a breast or bottle (some babies eat less than normal), Seizures</p>	<p>Newborn hypoglycemia. Which means Newborn hypoglycemia is a condition where a newborn baby has low blood sugar levels. Symptoms may include shaking, weak or flabby muscles, irritability, sleepiness, breathing problems, bluish or cold skin, feeding difficulties, and seizures. Treatment involves providing breast milk or formula to raise blood sugar levels. For high-risk babies, treatment may include blood tests, sugar gel, and intravenous sugar mixture if necessary.</p>
<p>Makes it hard to breathe, Causes you to turn very pale, or makes you tired or confused, Will not stop even after you do the steps listed below, Happens right after surgery on your nose, or if you know you have a tumor or other growth in your nose, Happens with other serious symptoms, such as chest pain, Happens after a serious injury, like a car accident or a hard hit to the face, Will not stop, and you take medicines that prevent blood clots, such as warfarin (brand name: Jantoven), dabigatran (brand name: Pradaxa), apixaban (brand name: Eliquis), rivaroxaban (brand name: Xarelto), clopidogrel (brand name: Plavix), or daily aspirin</p>	<p>Nosebleeds. Which means Nosebleeds are common and are usually not serious. However, you should seek medical attention if a nosebleed makes it hard to breathe, causes extreme paleness, won't stop, or is accompanied by serious symptoms. To stop a nosebleed on your own, sit down and pinch the soft area at the bottom of your nose for at least 15 minutes. Use caution if you've had a nosebleed in the last 24 hours, avoiding heavy lifting, bending over, and blowing your nose forcefully.</p>
<p>Extreme sleepiness ? It might be hard to wake them up, Snoring or gurgling sounds as they breathe, Slow breathing (less than 1 breath every 5 seconds), or no breathing at all, Very small pupils (the black circles in the center of the eyes), Slurred speech or be unable to talk, Blue lips or fingernails</p>	<p>Opioid Overdose. Which means Opioid overdose occurs when a person takes more opioids than their body is accustomed to or more than their doctor prescribed. Overdoses can range from mild to severe, with some leading to serious problems or even death. Naloxone is a medicine used to treat opioid overdoses by blocking and reversing the effects of opioids. Immediate medical attention is essential when someone is suspected of overdosing, and naloxone can be administered to help prevent death. A series of steps, including calling an ambulance and providing</p>

naloxone if available, should be taken if someone is believed to have overdosed.

Pain on the front of the knee, right below the knee cap, especially during activities like running, kneeling, jumping, climbing stairs, and walking up hills. Pain gets worse with activity and better with rest.

Osgood-Schlatter Disease. Which means Osgood-Schlatter disease primarily affects children between the ages of 9 and 14. It is characterized by pain and sometimes swelling on the front of the knee, just below the kneecap. This condition typically occurs after a child experiences a growth spurt. It is common among children who engage in sports or activities involving running or jumping. While a diagnosis can often be made based on symptoms and a physical examination, X-rays might be ordered to rule out other potential causes of the symptoms.

Fever, Pain, Inflammation, Fever

Osteomyelitis. Which means Osteomyelitis is an infection of the bone that can cause fever, pain, and inflammation. Children may experience fever as a symptom of osteomyelitis. Pain is a common symptom, and in younger children, it may result in fussiness or irritability. The infected area may be tender, warm, red, or swollen.

Pain, Itching, Fluid or pus leaking, Trouble hearing

Outer ear infection. Which means An outer ear infection is a condition that can cause pain, itching, fluid or pus leakage, and trouble hearing in the ear canal. It can occur due to various causes, such as inserting objects into the ear, cleaning the ear canal, frequent swimming, or using irritating devices like hearing aids, headphones, or earplugs. The primary symptoms include pain inside the ear, itching, fluid or pus leaking from the ear, and difficulty hearing. There is no specific test for an outer ear infection, and diagnosis is based on symptoms and examination.

No specific symptoms

Patent foramen ovale. Which means A patent foramen ovale (PFO) is a small opening inside the heart between the right atrium and left atrium. This opening allows blood flow between these chambers. While many people with a PFO remain asymptomatic, some may experience complications like strokes. In rare cases, blood clots can form in leg veins and travel to the brain through the PFO, causing a stroke. To diagnose a PFO, an echocardiogram (echo) is often performed, which uses sound waves to create images of the heart.

Cough, Fever, Breathing difficulties, Pain when breathing, Restlessness or trouble feeding (in babies)

Pneumonia in children. Which means Pneumonia is an infection of the lungs that results in symptoms such as cough, fever, rapid breathing, difficulty breathing (retractions), and restlessness or feeding difficulties in babies. The most common causes of pneumonia in children are bacteria or viruses. In children under 5 years, it's more likely to be caused by a virus, while in those older than 5, bacterial pneumonia is more common. A doctor or nurse should be consulted if a child is suspected of having pneumonia, especially if the symptoms are severe. If a child shows signs of severe respiratory distress, it's crucial to seek immediate medical attention, and in the US and Canada, calling 9-1-1 is recommended.

Headache, Sore throat, Fever, Nausea and vomiting, Fatigue, Stiff neck, Weakness or paralysis, Difficulty breathing, Difficulty swallowing, Long-term muscle weakness, Pain

Poliomyelitis (Polio). Which means Poliomyelitis, commonly known as "polio," is an infection caused by the poliovirus. Most people with polio are asymptomatic, but in rare cases, it can lead to muscle weakness (paralysis) or death. The introduction of polio vaccines in the 1950s has significantly reduced the incidence of polio in the US. However, it is still a problem in some parts of Asia and Africa. The symptoms of polio can range from mild, including headache, sore throat,

fever, nausea, vomiting, fatigue, and stiff neck, to severe, involving weakness or paralysis affecting the legs, arms, and even the muscles responsible for breathing and swallowing.

Pain in the lower back, Pain in the belly, Blood in the urine, Kidney stones, Bulging blood vessel in the brain, Cysts in the liver, Hernia, Heart problems

Polycystic kidney disease. Which means Polycystic kidney disease (PKD) is a genetic condition characterized by the growth of fluid-filled cysts in the kidneys, causing them to enlarge and potentially impair their normal function. PKD can lead to complications such as high blood pressure, kidney infections, kidney failure, blood in the urine, kidney stones, and problems in other organs like the liver and brain. The symptoms of PKD may include lower back or abdominal pain, blood in the urine, kidney stones, and bulging blood vessels in the brain that can cause severe headaches and other symptoms. Hernias and heart problems are also potential complications.

Headache, Dizziness or balance problems, Fatigue, Irritability, Anxiety, Depression, Memory problems, Sleep disturbances, Sensitivity to noise or light

Postconcussion syndrome. Which means Postconcussion syndrome is a condition that can occur after a mild brain injury, such as a concussion, which can result from a blow to the head or violent shaking of the head. Symptoms of postconcussion syndrome include headaches, dizziness or balance issues, fatigue, irritability, anxiety, depression, memory problems, sleep disturbances, and heightened sensitivity to noise or light. In some cases, these symptoms can interfere with normal activities. Diagnosis of postconcussion syndrome is primarily based on symptoms and clinical examination, although some individuals may undergo imaging tests such as MRI to rule out other issues.

Joint pain and swelling, Sausage-like swelling (fingers/toes), Back or hip joint pain and lower leg swelling

Psoriatic arthritis in children. Which means Psoriatic arthritis causes joint pain and swelling, and sometimes swelling in fingers, toes, or legs. Additional symptoms may include psoriasis rash, nail changes, and eye redness.

Elbow pain, Avoiding use of the injured arm

Pulled elbow. Which means Pulled elbow (radial head subluxation) causes elbow pain, and children usually hold their injured arm straight or slightly bent and avoid using it. The doctor or nurse should be consulted for diagnosis and treatment, which typically involves a quick procedure to move the ligament and bones back into place. X-rays may be needed in some cases, and pain relief is provided. To prevent this injury, avoid pulling hard on a child's arm or lifting them up by the hand, wrist, or forearm.

Projectile vomiting, Hunger, Forceful vomiting

Pyloric stenosis. Which means Pyloric stenosis in babies is characterized by forceful "projectile vomiting" right after a feeding. Babies may appear hungry and want to feed again after vomiting. If your baby exhibits these symptoms, it's important to contact their doctor or nurse. The condition is diagnosed through an imaging test, typically an ultrasound, and is usually treated with surgery to widen the pylorus, allowing food to pass from the stomach to the intestines.

Input	Output
Bright red tissue sticking out of the anus, Mucus or blood in the tissue, Discomfort or discomfort	Rectal prolapse. Which means Rectal prolapse in children occurs when some or all of the tissue lining the rectum protrudes from the anus. The primary symptom is the presence of bright red tissue sticking out of the anus, which might contain mucus or blood. While rectal prolapse is generally not painful, it can be uncomfortable. The tissue may either remain outside the anus or move back inside the body. To diagnose this condition, a physical examination by a doctor or nurse is usually sufficient. Treatment involves gently pushing the rectal tissue back into the anus, sometimes with the help of relaxation-inducing medicines for children. In cases where this treatment is ineffective or if the problem recurs, surgery may be necessary.
No specific symptoms (usually asymptomatic)	Retinopathy of Prematurity (ROP). Which means Retinopathy of prematurity (ROP) is an eye condition that typically doesn't cause any specific symptoms. ROP is prevalent in babies born prematurely, and it is characterized by the growth of extra blood vessels inside the eye, which can potentially damage the retina ? the part of the eye responsible for reacting to light. Damage to the retina can lead to vision problems and, in severe cases, blindness. Due to the lack of noticeable symptoms, doctors routinely screen all premature babies for ROP. The condition is diagnosed through an eye exam, which may involve dilating the baby's pupils for a clearer view of the retina.
Fever, Rash, Being tired, Being fussy, Not being hungry, Swollen eyelids, Swelling in the neck or behind the ears.	Roseola. Which means Roseola is a common illness in children younger than 2 years. It causes a fever that lasts 3 to 5 days and then a rash. Most children do not seem sick.
Vomiting, Diarrhea, Fever, Dehydration (fewer wet diapers, no tears, dry mouth, sunken eyes, sunken fontanel),	Rotavirus infection. Which means Rotavirus is a virus that can infect the intestines and cause symptoms such as vomiting, watery diarrhea, and fever. In severe cases, it can lead to dehydration, and it is common in children. Most children recover without treatment, but it's essential to prevent dehydration. A vaccine is available for prevention.
Very bad ear pain, Ear pain that suddenly gets better, Clear, pus-colored, or bloody fluid draining from the ear, A buzzing or ringing sound in the ear, Trouble hearing or hearing loss	Ruptured eardrum. Which means A ruptured eardrum is a hole or tear in the thin layer of tissue between the ear canal and middle ear. Common causes include ear infections, extreme pressure changes, and poking the eardrum. Symptoms may vary, and treatment depends on the cause. Antibiotics, eardrops, or surgery might be necessary. Over-the-counter pain relief can help with pain. To prevent ruptured eardrums, avoid putting objects into your ear canal.
Rash, small raised bumps, peeling skin, bright red tongue with small bumps, sore throat, white patches in the back of the throat, swollen glands in the neck, fever	Scarlet fever. Which means Scarlet fever is a condition caused by the bacteria that also cause strep throat. Symptoms include a rash, sore throat, bright red tongue, and other strep throat symptoms. It usually gets better in 2 to 5 days with antibiotic treatment to prevent complications and reduce symptoms. To prevent its spread, practice good hygiene and keep infected individuals isolated until they've been on antibiotics for at least 24 hours.
Uneven shoulders, shoulder blades, hips, or breasts, skin fold on one side of the waist, back pain, trouble breathing (in severe cases)	Scoliosis. Which means Scoliosis is a condition where the spine curves sideways, often resembling an "S" or "C" shape. It can result from various causes, including congenital factors, diseases, or

injuries, and might have a genetic link. In most cases, scoliosis doesn't cause symptoms and is usually detected during routine checkups or school screenings. However, some individuals may experience back pain or breathing difficulties in severe cases. Treatment depends on the severity of the condition and can include observation, bracing, or surgery, with the goal of preventing complications and improving quality of life. In most cases, people with scoliosis can lead normal lives.

Fever, trouble breathing, reduced feeding, vomiting, jaundice, increased sleep, bluish fingertips and lips

Sepsis in Newborns. Which means Sepsis, also known as neonatal sepsis when it occurs in babies younger than 1 month old, is a severe bloodstream infection affecting newborns. The condition requires immediate medical attention as it can be life-threatening. If a newborn displays symptoms such as fever or other signs of illness, it is important to contact their doctor or nurse promptly. The diagnostic process involves blood tests, including blood cultures, and additional tests like a lumbar puncture, urine tests, and chest X-rays to identify any potential sources of infection. Sepsis in newborns is treated in the hospital with antibiotics administered through an IV.

Baby's shoulder gets stuck in the birth canal, difficulty delivering the shoulders.

Shoulder Dystocia. Which means Immediate action is required when shoulder dystocia is suspected during childbirth. Medical professionals will cease pushing and attempt various maneuvers to help deliver the baby, including repositioning the mother, manually assisting the baby's passage, and applying pressure to the baby's shoulders. In some cases, a cesarean section may be recommended to safely deliver the baby.

Pain (hands, feet, chest, bones), swelling and redness (hands, feet), trouble breathing, fever, coughing, severe anemia, severe infections, lung problems, strokes, open sores on the skin, bone problems (shoulder or hip), priapism (painful prolonged erection), various other symptoms.

Sickle cell disease. Which means Sickle cell disease causes pain, infections, anemia, lung issues, strokes, and other complications, leading to a range of symptoms.

Cough, stuffy or blocked nose, discharge from the nose, fever, headache, pain or swelling in the face, sore throat, bad breath. Most symptoms improve within 7 to 10 days.

Sinusitis. Which means Sinusitis in children is characterized by cold-like symptoms such as cough, nasal congestion, and facial pain due to sinus inflammation. It's often caused by viral infections.

Snoring, loud or labored breathing, pauses in breathing, mouth breathing, restlessness, sweating, bedwetting, night terrors. Morning headache, daytime sleepiness, fatigue, falling asleep at unusual times, mouth breathing, trouble focusing, mood changes.

Sleep Apnea. Which means Sleep apnea in children is a condition where a child's breathing is interrupted during sleep. It is often caused by enlarged tonsils or adenoids, and it can lead to various nighttime and daytime symptoms.

Walking, crawling, running, or talking while asleep, trying to perform tasks like getting dressed, appearing awake but with a blank expression, unresponsive to communication. Episodes last for a few seconds to minutes and end with the child falling back asleep.

Sleepwalking. Which means Sleepwalking, more common in children, is a condition where a child performs activities, like walking or talking, while they are asleep.

Trouble swallowing food, Drooling, Pain in the neck or chest, Coughing, trouble breathing, or noisy breathing

Swallowed objects. Which means Swallowing objects is more common in children, but can also occur in adults. Most swallowed objects pass through the digestive tract without causing problems. However, some objects may cause symptoms, and those need to be removed by a doctor. The

symptoms are more likely when the object is stuck in the esophagus. Depending on the type of object, its location, and the presence of symptoms, tests and procedures like X-rays, upper endoscopy, or surgery may be needed for diagnosis and removal.

Large lumps in the neck, red or warm skin around swollen neck nodes, runny nose, stuffy nose, cough (associated with common cold)

Swollen neck nodes. Which means Swollen neck nodes in children can have various causes, with the main ones being infection and non-infectious conditions. Infections like the common cold or bacterial infections can lead to swollen neck nodes, which may be painful and accompanied by other symptoms related to the underlying infection. Non-infectious causes may include connective tissue diseases or cancer. It's important to consult a doctor if you notice swollen neck nodes in your child, as the doctor may need to examine your child to determine the cause. Tests, including blood tests, lab tests, imaging tests, biopsies, and skin tests, may be required to diagnose the underlying condition.

Stiff jaw, muscle spasms, breathing trouble, fever

Tetanus. Which means Tetanus is a serious infection caused by soil bacteria that enter the body through wounds. Symptoms include muscle stiffness, "lockjaw," muscle spasms, and difficulty breathing. Treatment is required in a hospital, often in the ICU. Tetanus can be prevented with tetanus vaccines and boosters.

Stiff or swollen joints, pain, fever, rash, eye redness

Juvenile Idiopathic Arthritis (JIA). Which means JIA, formerly known as juvenile rheumatoid arthritis, is an inflammation of the joints in children. Various types of JIA exist, including systemic arthritis, polyarthritis, oligoarthritis, enthesitis-related arthritis, and psoriatic arthritis. Symptoms can include joint symptoms, fever, rash, eye redness, pain, stiffness, and swelling in the joints. A doctor or nurse should be consulted if a child has stiff, swollen, or painful joints. Treatment options include medicines, physical therapy, and, in some cases, surgery. Regular eye exams are essential to check for uveitis, a possible complication.

Fever, redness in the white part of the eye, cracked, red lips, red, swollen tongue, rash, swollen glands in the neck, swollen, red skin on the palms of the hands and soles of the feet

Kawasaki Disease. Which means Kawasaki Disease is an inflammatory condition affecting blood vessels, primarily in children under 5 years old. It presents with various symptoms, and diagnosis typically involves a physical exam. Diagnostic tests may include blood and urine tests, as well as an echocardiogram. Treatment often includes immune globulin (IVIG) and aspirin, although steroids may be used in some cases. Without treatment, Kawasaki Disease can pose a risk of heart problems, such as swelling of the blood vessels in the heart.

Pain in the belly or back, blood in the urine, pain when urinating, urgency to urinate, nausea or vomiting, irritability in small children, and sometimes asymptomatic

Kidney Stones. Which means Kidney stones are small stones formed in the kidneys and urinary tract. They consist of salts and minerals normally found in urine. Symptoms can include pain, blood in the urine, and other urinary issues. Imaging tests are used to diagnose and determine the stone's size and location. Treatment varies based on stone characteristics and symptoms, ranging from drinking fluids and pain management to hospital treatment for severe cases. There's also a risk of recurring kidney stones, so preventive measures are often advised.

Pain, tenderness, swelling, bruising, difficulty bending, walking, instability, weight-bearing issues

Knee Sprain. Which means A knee sprain occurs when the knee is bent or twisted too far, causing ligaments to stretch or tear, leading to pain, swelling, and instability. Diagnosis involves a physical examination, X-rays (if necessary), ultrasound, or MRI. Treatment includes "PRICE" (Protect, Rest,

Ice, Compression, Elevation), pain relief medicines, and exercises. Follow-up appointments may be needed, and a doctor should be contacted if pain or swelling worsens or if certain severe symptoms occur.

Input	Output
Hunched or rounded back, back pain, stiffness	Kyphosis in children. Which means Kyphosis in children refers to an excessive curving of the upper back, leading to a hunched or rounded back. It is mainly caused by issues with the vertebrae, and the types of kyphosis include congenital kyphosis (present at birth), postural kyphosis (often seen in teen girls who slouch), and Scheuermann kyphosis (caused by wedged-shaped vertebrae). The primary symptom is a rounded back, which may be accompanied by pain or stiffness. Diagnostic tests such as a back X-ray may be needed. Treatment varies depending on the cause and severity of the condition, including surgery, exercises, pain relief, and bracing.
Fatigue, stomach ache, constipation, irritability, vomiting	Lead poisoning. Which means Lead poisoning is a severe medical condition that primarily affects children and occurs when their bodies accumulate excessive levels of lead. Lead exposure can lead to damage in various organs, particularly the brain and kidneys, and can cause irreversible learning and memory problems in children. Lead can be present in diverse sources, including dust, wall paint, imported toys, pottery, soil, and drinking water. Children can acquire lead poisoning through swallowing or inhaling lead-containing dust or via the ingestion of contaminated water or food.
Difficulty in reading, writing, or doing math	Learning disabilities. Which means Learning disabilities are conditions that affect a child's ability to learn effectively. They are not related to a child's intelligence; children with learning disabilities can be as smart as their peers but have differences in their brain function that make it challenging for them to learn, remember, and utilize information. The primary symptom of learning disabilities is the inability to learn as well as other children of the same age or grade. For instance, a child with a learning disability may struggle with reading, writing, or math compared to their peers. Testing is essential to diagnose learning disabilities, and it involves assessing various aspects, including intelligence (IQ), vision, hearing, speech, and motor skills.
Fatigue, Pale skin, Weakness, Shortness of breath, Easy bruising, Frequent nosebleeds, Petechiae, Prolonged bleeding from minor cuts, Fever, Frequent infections, Bone pain, Joint pain, Swollen lymph nodes, Enlarged liver or spleen	Leukemia in children. Which means Leukemia in children is characterized by various symptoms, including fatigue, pale skin, weakness, shortness of breath, easy bruising, frequent nosebleeds, petechiae (small red spots under the skin), prolonged bleeding from minor cuts, fever, frequent infections, bone pain, joint pain, and swollen lymph nodes. In some cases, an enlarged liver or spleen may also be observed. Leukemia originates in the bone marrow, causing the production of abnormal blood cells that lead to a deficiency of normal blood cells, hence these symptoms.
Losing weight, Low body weight, Loss of muscle, Loss of fat, Lack of appetite, Fatigue, Weakness, Skin and hair changes, Mood changes, Swelling	Malnutrition in children. Which means Malnutrition in children is characterized by symptoms such as losing weight, having a low body weight, experiencing loss of muscle and fat, having a lack of appetite, feeling fatigue and weakness, undergoing skin and hair changes, mood changes, and swelling. Malnutrition is a condition where the body does not receive the appropriate nutrients required for its proper functioning. It is mainly categorized into two types: undernutrition and overnutrition.
Hip pain, Limping, Hip discomfort when walking, Fever	Transient synovitis. Which means Transient synovitis is a condition that causes hip pain and limping in children. It is characterized by symptoms such as sudden hip pain, which may lead to

limping during walking. Children with transient synovitis may feel more comfortable when they rotate the affected hip outward, away from the body. In most cases, only one hip is affected, but some children may experience pain in both hips. Mild fever may also be present in some cases.

Transient synovitis is a short-term condition that usually resolves within 1 to 2 weeks. To diagnose the condition, a doctor will perform an examination and order tests to rule out more serious causes of hip pain, such as infection.

Short stature, Square-shaped chest, Swollen or puffy hands and feet, Wide neck, Delayed or absent puberty, Growth hormone deficiency, Heart problems, Kidney or liver problems, Thyroid disease, Hearing loss, Ear infections, Eye problems, Learning difficulties, Osteoporosis

Turner syndrome. Which means Turner syndrome is a genetic disorder that exclusively affects females and is characterized by various physical and medical features. Common symptoms include short stature, a square-shaped chest, swollen or puffy hands and feet, and a wide neck (referred to as "webbed neck"). Individuals with Turner syndrome typically do not undergo normal puberty and do not develop secondary sexual characteristics, such as breasts or menstruation, without the administration of female hormones. Growth hormone deficiency is also common, and growth hormone shots may be required. Other medical issues associated with Turner syndrome involve heart problems, kidney or liver problems, thyroid disease, hearing loss, ear infections, eye problems, and learning difficulties. Osteoporosis, a condition that weakens bones, may also occur. Diagnosis can be confirmed through a blood test to detect the genetic abnormality responsible for Turner syndrome.

Intense thirst, Being very tired, Urinating often, Losing weight, Blurred vision, Nausea, Vomiting, Belly pain, Panting

Type 1 diabetes. Which means Type 1 diabetes, also known as type 1 diabetes mellitus, is a condition that disrupts the body's normal sugar utilization. All cells in the body require sugar for proper functioning, which is facilitated by the hormone insulin. People with type 1 diabetes produce little or no insulin. The lack of insulin results in elevated blood sugar levels. Common symptoms of type 1 diabetes include intense thirst, fatigue, frequent urination, weight loss, blurred vision, and in severe cases, nausea, vomiting, abdominal pain, and panting. A blood test can diagnose diabetes and determine whether it is type 1 or type 2 based on factors such as age, weight, and other criteria.

Diarrhea, Belly pain, Weight loss, Tiredness, Fever, Joint pain, Eye irritation, Skin rashes

Ulcerative colitis. Which means Ulcerative colitis is a condition in children that leads to symptoms such as diarrhea, abdominal pain, and bloody bowel movements. These symptoms occur due to inflammation and the development of ulcers in the colon (large intestine). In some cases, the symptoms can be mild, while in others, they can be severe. Symptoms may include diarrhea with blood, belly pain, weight loss, fatigue, fever, joint pain, eye irritation, or skin rashes. To diagnose ulcerative colitis in children, healthcare providers can perform blood tests, imaging tests such as X-rays, CT scans, or MRI scans, and a colonoscopy. Colonoscopy is a procedure in which a thin tube with a camera is inserted through the anus into the colon, allowing the doctor to examine the colon's lining and take tissue samples for microscopic analysis.

Fever, Fussiness, Pain or burning during urination, Frequent urination, Bedwetting, daytime wetting, Lower belly or back pain, Fever

Urinary Tract Infections (UTIs). Which means UTIs in children are typically caused by bacteria entering the urinary tract. Children with certain risk factors, such as abnormal urinary system development, bladder dysfunction, or being uncircumcised (for males), have a higher chance of developing UTIs. Symptoms vary depending on the child's age and ability to communicate. In

younger or non-verbal children, symptoms may include fever and fussiness. Older children capable of expressing themselves may experience pain or burning while urinating, increased urination frequency, bedwetting or daytime wetting (in toilet-trained children), lower abdominal or back pain, and fever.

itching or irritation around the vagina, redness, swelling, cracks in the skin around the vagina, changes in color, odor, or amount of vaginal discharge, pain when urinating

Vaginitis. Which means Vaginitis in children occurs when the vagina and vulva become red and swollen. The vulva is the area surrounding the vaginal opening. Various factors can cause vaginitis in children, including irritation from products like soaps, bubble baths, detergents, or perfumes, the presence of foreign bodies (e.g., toilet paper), hygiene issues like poor genital area cleanliness or staying in wet swimsuits, infections (bacterial or yeast, especially in children with weak immune systems or who have taken antibiotics), pinworms (parasitic worms that can migrate to the vaginal area), certain types of clothing (such as tight or non-breathable fabrics), or even sexual abuse in some cases. If a child presents with vaginitis symptoms, it's important to consult a doctor or nurse for evaluation. The cause of vaginitis can sometimes be determined through questions and examination, but tests may be necessary in some cases. Tests may include vaginal cultures to identify bacterial infections and tests for sexually transmitted infections (STIs).

Heartbeat faster than usual, fast Breathing, Not gaining weight or growing as quickly as other babies, hungry but having trouble eating, Pale skin

Ventricular Septal Defect (VSD). Which means A ventricular septal defect, or "VSD," is a hole between 2 sections of the heart. VSDs are a common heart problem. A child who has a VSD was born with it. VSD causes a heart murmur. Small VSDs usually do not cause any symptoms and might close on their own. Medium or large VSDs can cause symptoms and may require treatment. Treatment approaches depend on the size of the VSD and the child's specific condition.

There are no symptoms.

Vesicoureteral Reflux (VUR). Which means Vesicoureteral reflux, or "VUR," is a condition that causes some urine to flow backward from the bladder through the ureters to the kidneys. It is most common in babies and young children but can also occur in older children and adults. Doctors may suspect VUR if a child has hydronephrosis or recurrent urinary tract infections (UTIs).

sneezing, runny nose, stuffy nose, mild cough, severe coughing attacks. chokeness, trouble breathing, vomiting

Whooping Cough. Which means Whooping cough, or pertussis, is an infection that leads to a severe cough. It typically starts with cold-like symptoms and a mild cough, which worsens over 1 to 2 weeks. Severe coughing attacks, accompanied by gagging, choking, and breathing difficulties, can occur. Vomiting from intense coughing is common. The "whooping" sound while inhaling is characteristic, although not everyone with whooping cough makes this noise.

Belly pain, Vomiting, Constipation, Muscle pain, Seizures, Mental symptoms, A fast heartbeat, Trouble urinating, red-colored urine

Acute intermittent porphyria. Which means Porphyria is a condition that affects how the body makes something called heme. Heme is made from iron and helps blood cells carry oxygen around the body.

Get nosebleeds, gums sometimes bleed, Bruise , Bleeding, long-lasting menstrual periods, heavy bleeding

von Willebrand disease. Which means von Willebrand disease is a condition that can cause bleeding. People with VWD sometimes bruise easily, have nosebleeds or heavy menstrual periods, or bleed too much when they have surgery or are injured.

tiredness, Weakness, numbness, Losing weight, Fever, Night sweats, Swollen lymph nodes, nose or gums bleeding, vision or hearing change, Headaches, Dizziness, Passing out, unable to move or talk normally

Waldenström's macroglobulinemia. Which means Waldenström's macroglobulinemia, is a rare type of lymphoma, or cancer of the lymphatic system. The lymphatic system is made up of organs all over the body that make and store cells that fight infection.

Nausea, Vomiting, Diarrhea, Lack of appetite, tired, Blood in the urine, Muscle cramps or stiffness, irregular heartbeat, Seizures, Fainting

Tumor lysis syndrome. Which means Tumor lysis syndrome is a serious medical emergency that can happen to people with cancer. It happens when a lot of cancer cells break down and release certain substances into the bloodstream.

pain in the hands and feet, pain in the chest, trouble breathing, fever, pain in the bones, Infection, Dehydration, painful and long-lasting erection

Sickle cell disease. Which means Sickle cell disease is a condition that affects cells in the blood called red blood cells. The red blood cells carry oxygen to organs in the body using a protein called "hemoglobin.

headaches, weakness or dizziness, Sweat, itchiness, painful swollen joints, burning pain in hands and feet, vision problems, stomach problems

Polycythemia vera. Which means Polycythemia vera is a condition that affects bone marrow. Bone marrow is the tissue in the center of your bones that makes blood cells.

Input	Output
Pale skin, tiredness, fast heartbeat, Trouble breathing, Headache and muscle pains, Problems with memory and confusion, Mood problems, Numbness, Weakness in arms or legs	Pernicious anemia. Which means Pernicious anemia is a condition that happens when a person cannot absorb vitamin B12 from food. Vitamin B12 is in foods that come from animals, including eggs, meat, poultry, and fish.
-	Neutropenia. Which means Neutropenia is a condition that happens when your blood does not have enough neutrophils. Neutrophils are a type of white blood cell.
weakness, tiredness, dizziness, trouble thinking, trouble breathing, Bruise or bleed, Get infections more easily	Myelodysplastic syndromes . Which means Myelodysplastic syndromes are a group of conditions that involve the blood. Blood is made up of different types of cells.
Bone pain, bones break easily, Nausea, vomiting, confusion, thirsty more than usual, weak, tired, short of breath, Blurry vision, Numbness, tingling, weakness in the chest, weakness in lower back, weakness in legs, sick more easily, Losing weight, Severe back pain, tingling in the legs, problems controlling your bladder or bowel	Multiple myeloma. Which means Multiple myeloma is a cancer of the plasma cells. Plasma cells are a type of white blood cell.
tiredness, weakness, Bleeding more easily , getting fevers or infections more easily, Bone pain, Swollen lymph nodes	Leukemia in children. Which means Leukemia is a type of blood cancer. The blood is made up of different types of cells that are made in the bone marrow (in the middle of bones).
tiredness, weakness, Bleeding more easily, Getting sick from infections more easily than normal	Leukemia in adults. Which means Leukemia is a type of cancer of the blood cells. Blood is made up of different types of cells that are made in the center of your bones, in a part called the bone marrow.
Bleeding, Bleeding in the skin	Immune thrombocytopenia (ITP). Which means Immune thrombocytopenia is a problem with the immune system that causes too few platelets. Platelets are blood cells that help blood to clot.
tiredness, Fever, Weight loss, loss of appetite, Drenching sweats	Hodgkin lymphoma in children. Which means Hodgkin lymphoma (which used to be called Hodgkin's disease) is a type of lymphoma. Lymphoma is a cancer of white blood cells called lymphocytes.
Fever, Weight loss, Drenching sweats	Hodgkin lymphoma in adults. Which means Hodgkin lymphoma (which used to be called Hodgkin's disease) is a type of lymphoma. Lymphoma is a cancer of white blood cells called lymphocytes.
Pain from bleeding in muscle, Blood in a bowel movement, Blood in the urine, Belly pain, Bleeding in the brain or spinal cord	Hemophilia. Which means Hemophilia is a condition that keeps blood from clotting normally. If blood doesn't clot normally, people can bleed very easily or much more than normal.
weakness, tiredness, Changes in skin color, Joint pains, belly pain, yellowing of the eyes, trouble breathing, weight gain, urinating more than usual, problems with sex	Hemochromatosis. Which means Hemochromatosis is a condition in which too much iron builds up in the body. This can lead to problems such as liver damage, heart damage, joint pains, and weakness.

Belly pain , tiredness, weakness, Losing weight, Bleeding or bruising more easily, Getting sick from infections more easily	Hairy cell leukemia. Which means Hairy cell leukemia is a rare type of blood cancer that grows very slowly. Blood is made up of different types of cells.
Jaundice, Pale skin, paleness of the lips, paleness of the tongue, paleness inside of the eyelid, Dark-colored urine, Back or belly pain, Tiredness, fatigue, headache	Glucose-6-phosphate dehydrogenase deficiency. Which means Treatment depends on your symptoms and how severe your anemia is. Most people just need to know which foods, medicines, and chemicals they should avoid.
Fever, Weight loss, Night sweats, Pain, Blockages in the digestive tract, blockages in urinary tract, tiredness, weakness	Follicular lymphoma. Which means Follicular lymphoma is a type of lymphoma. Lymphoma is cancer of the lymphatic system.
Warmth in the leg, redness in the leg, pain in the leg, swelling in the leg, Breathing problems, sharp chest pain, coughing, fast heartbeat, passing out, Drooping of 1 side of the face, Arm weakness, Trouble speaking	Factor V Leiden. Which means Call your doctor or nurse right away if you think you might have a blood clot in your leg. If you have symptoms of a stroke or a blood clot in the lungs, call for an ambulance (in the US and Canada, call 9-1-1).
Gallstones, Liver disease, Low iron levels, Low vitamin D levels	Erythropoietic protoporphyria and X-linked protoporphyria. Which means Porphyria is a condition that affects how the body makes a substance called heme. Heme is made from iron and helps blood cells carry oxygen around the body.
Bleeding too easily, Getting blood clots too easily, confusion, trouble thinking clearly	Disseminated intravascular coagulation. Which means The most important treatment for DIC is to treat the condition that caused the DIC. After that, treatment depends on a person's symptoms.
Fever, Weight loss, Night sweats	Diffuse large B cell lymphoma. Which means Diffuse large B cell lymphoma, called DLBCL, is one type of lymphoma. Lymphoma is a cancer of lymphocytes, which are infection-fighting cells of the body's lymphatic system.
Tiredness, weakness, Sweating much more, Losing weight, full after eating a small amount of food, Bleeding more easily	Chronic myeloid leukemia (CML). Which means Chronic myeloid leukemia is a type of blood cancer. Blood is made up of different types of cells.
Tiredness, weakness, Swollen lymph nodes, getting sick from infections more easily, Fevers, drenching sweats at night, losing weight	Chronic lymphocytic leukemia (CLL). Which means Chronic lymphocytic leukemia, or CLL , is a type of blood cancer that usually grows very slowly. Blood is made up of different types of cells.

Input	Output
Pain, Nerve-related symptoms	Bone metastases. Which means Bone metastases are cancerous tumors in the bone that have spread from another part of the body. The word for 1 of these tumors is "metastasis.
Pale skin, Acting cranky or upset, Not growing as much as expected, Swelling of the belly, yellow skin, white part of the eyes turning yellow, bones of the face or skull being wider	Beta thalassemia. Which means Thalassemia is a condition that affects red blood cells. Red blood cells are made inside your bones, in a part called the bone marrow.
Pale skin, pale color in the tissue inside of the eyelids, tiredness, fast heartbeat, trouble breathing, Headache and muscle pains, reddish	Autoimmune hemolytic anemia. Which means Autoimmune hemolytic anemia is a type of hemolytic anemia. Anemia is the medical term for when a person has too few red blood cells.
Weakness, tiredness, Fast heartbeat, Trouble breathing, Headache and muscle pains, Get infections often, Have more bruising or bleeding	Aplastic anemia. Which means Aplastic anemia is a condition that happens when a person has too few blood cells.
tiredness, weakness, irritation , headaches	Anemia of inflammation (anemia of chronic disease). Which means Anemia is the medical term for when a person has too few red blood cells. Red blood cells are the cells in your blood that carry oxygen.
irritation, tiredness, weakness, headaches, chest pain, trouble breathing, abnormal cravings, restless legs syndrome	Anemia caused by low iron. Which means Anemia is the term for when a person does not have enough of something called hemoglobin in their blood. Hemoglobin helps red blood cells carry oxygen to all parts of the body.
tiredness, Losing weight, swelling feet, swelling ankles, swelling legs, swelling belly, shortness of breath, Numbness in hands or feet, large tongue, Skin that bruises easily, bruised-looking skin, Bleeding more, kidney problems, blood pumping, larger liver	AL amyloidosis. Which means AL amyloidosis is 1 type of amyloidosis, which is the buildup of abnormal proteins in the body. These proteins build up in different organs, which can lead to problems.
Tiredness, weakness, Bleeding more easily, getting sick from infections more easily	Acute myeloid leukemia (AML). Which means Acute myeloid leukemia (called AML) is a type of blood cancer. AML is usually fast-growing and needs to be treated quickly.
tiredness, weakness, Bleeding or bruising more easily, getting sick from infections more easily	Acute lymphoblastic leukemia (ALL). Which means Acute lymphoblastic leukemia, called ALL, is a type of blood cancer. ALL is fast-growing and needs to be treated quickly.
Blood in the urine ,Kidney cancer, Blood clots ,Higher problems from certain eye injuries ,Higher spleen problems	sickle cell trait. Which means Sickle cell trait is a condition that is passed on in families. It happens when you get a sickle cell gene from 1 of your parents and a normal gene from the other parent.
Belly pain,Vomiting, Constipation Muscle pain, weakness, numbness, seizures ,Anxiety, confusion, depression, trouble sleeping, fast heartbeat, Trouble urinating, red-colored urine	Acute porphyrias. Which means Acute porphyrias, such as AIP, cause attacks that last a few days to a few weeks.

Blisters on the skin, Skin pain, itching, swelling	Cutaneous porphyrias. Which means Some porphyrias cause both acute and cutaneous symptoms.
Nausea, vomiting, Sweating, Paleness, Fatigue, Belly pain, Reduced urination, Confusion, Jaundice	Acetaminophen poisoning. Which means Acetaminophen poisoning occurs when an individual takes an excessive amount of acetaminophen (Tylenol), leading to severe health issues, including potential fatality. It is often accidental, as many over-the-counter medications contain acetaminophen. Symptoms vary over time. In the first 24 hours, there may be nausea, vomiting, sweating, paleness, fatigue. On days 2 and 3, symptoms may include belly pain and reduced urination. After day 3, there's a risk of confusion and jaundice, indicating severe poisoning that could be fatal.
Vomiting, Taste of stomach acid in mouth or throat, Refusal to eat, Weight loss, Upset stomach, Heartburn, Trouble swallowing	Gastroesophageal Reflux Disease (GERD) in Children and Teens. Which means Acid reflux is when stomach acid backs up into the esophagus. A small amount of acid reflux is normal, but if it occurs frequently, it can lead to GERD. Children with certain health issues are at higher risk. Symptoms vary by age, and if they occur more than once a week, it might be a sign of GERD. Consult a doctor or nurse for diagnosis and treatment. Various lifestyle changes can help, and medications may be prescribed in more severe cases. Surgery is rare and considered for specific cases with complications.
Trouble walking, Jumpy or flicking eyeball movements, Trouble speaking clearly, Vomiting, Headache	Acute Cerebellar Ataxia. Which means Acute cerebellar ataxia is a condition that primarily affects children aged 2 to 5, but can also occur in older children. It often develops in response to an infection causing fever. The main symptom is difficulty in walking, and other movement issues may also arise, including jumpy or flicking eyeball movements, trouble speaking clearly, vomiting, and headaches. While symptoms of acute cerebellar ataxia generally resolve within 2 to 3 weeks, doctors may perform tests to ensure the symptoms are not due to a more serious underlying issue, such as brain damage. Treatment is typically not necessary, and the condition tends to improve on its own. Preventive measures to reduce the risk of acute cerebellar ataxia include ensuring children receive appropriate vaccines to guard against infections that can trigger the condition, such as chickenpox, measles, and mumps.
Confusion, Trouble standing up, Slow or stopped breathing, Seizures, Irregular heartbeat, Turns blue or very pale, Cool skin, Unconsciousness, Incessant vomiting	Alcohol Poisoning. Which means Alcohol poisoning occurs when someone consumes a dangerous amount of alcohol within a short time, leading to potentially life-threatening symptoms. While some symptoms may resemble being drunk, they can be more severe. Alcohol poisoning can result in slow or stopped breathing, seizures, an irregular heartbeat, and can even cause a person to lose consciousness. In such cases, it is crucial to call for immediate medical assistance (e.g., 9-1-1 in the US and Canada). Doctors in the emergency department will monitor the person's breathing, provide fluids through an intravenous (IV) line if necessary, and check for any other medical problems. Contrary to common misconceptions, there is no way to quickly remove alcohol from the body; it takes time. For individuals who don't require emergency care but have been drinking excessively, it is essential to monitor their breathing, lay them on their side to prevent choking on vomit, check for signs of injury, and keep them warm. If someone's alcohol consumption raises concerns for their safety, it might indicate alcohol use disorder, also known as alcoholism or alcohol

addiction. Encourage them to seek professional help, as treatments are available to address alcohol use disorder.

Pale skin, Crying, Sweating, Trouble breathing, Chest pain, Leg cramps, Cold hands and feet

Aortic coarctation. Which means Aortic coarctation is a heart defect that causes the aorta to narrow. Children with aortic coarctation are born with the problem. Depending on the severity, there may be no symptoms or symptoms such as pale skin, crying, sweating, trouble breathing, chest pain, leg cramps, and cold hands and feet. Weaker pulse and lower blood pressure in legs. Tests for aortic coarctation in children include ECG, echocardiogram, MRI, or CT scan. Treatment for aortic coarctation includes medicines through an IV, angioplasty, and surgery, depending on the child's age, size, and symptoms. After treatment, children with aortic coarctation may need regular check-ups and possibly have activity restrictions based on their condition.

Wheezing, Coughing, Tight feeling in the chest, Trouble breathing

Asthma. Which means Asthma symptoms can be mild or severe, and they can include wheezing, coughing, a tight feeling in the chest, and trouble breathing. Asthma symptoms can vary in frequency and severity, and an asthma attack can be particularly severe. Asthma can run in families. It is important to recognize the symptoms and seek appropriate medical care. There are tests available to diagnose asthma, and it can be managed with different types of medicines, including quick-relief medicines for symptom relief and long-term controller medicines for prevention. An asthma action plan helps guide management.

Wheezing, Coughing, Tight feeling in the chest, Trouble breathing

Asthma in children. Which means Asthma symptoms can include wheezing, coughing, a tight feeling in the chest, and trouble breathing. Symptoms can range from mild to severe, and in rare cases, an asthma attack can be life-threatening. A doctor can diagnose asthma through tests and exams. Treatment involves different types of medicines, including quick-relief and long-term controller medicines. An asthma action plan is essential for managing the condition and preventing future attacks. Most children with asthma can lead normal lives with proper management.

Increased activity (hyperactivity), Acting impulsively, Trouble paying attention

Attention deficit hyperactivity disorder (ADHD) in children. Which means ADHD is a condition that can make it hard for children to sit still, pay attention, or make good decisions. It often begins in childhood and can cause difficulties in school, at home, and with friends. Symptoms include increased activity (hyperactivity), acting impulsively, and trouble paying attention. There is no cure for ADHD, but treatments such as medicines, behavior therapy, and school-based strategies can help manage symptoms and improve a child's functioning.

Input	Output
Social interaction and social communication problems, Limited interests and repetitive behaviors	Autism spectrum disorder (ASD) in children. Which means Autism spectrum disorder (ASD), commonly referred to as "autism," is a developmental disability that affects how a person interacts with the world, including difficulties in communicating and understanding others. The disorder encompasses a wide range of symptoms and behaviors, hence the term "spectrum." These symptoms include challenges in social interaction and communication, such as trouble with facial expressions, avoiding eye contact, and difficulty with using non-verbal communication. Children with ASD may also display intense interests in specific subjects, repetitive behaviors, and resistance to change in routines. It's important to note that each child with autism is unique, and symptoms may vary. Early diagnosis and support are crucial for children with ASD.
Fever, Headache, Stiff neck, Nausea or vomiting, Confusion, Light sensitivity, Rash, Seizures, Sleepiness or fussiness in babies, Poor feeding in babies, Bulging soft spot in babies	Bacterial meningitis. Which means Bacterial meningitis is a condition characterized by the inflammation or infection of the meninges, the protective lining of the brain and spinal cord, due to bacterial agents. The primary symptoms of bacterial meningitis include sudden onset of fever, severe headache, and a stiff neck. Other symptoms may include nausea, confusion, light sensitivity, skin rash, seizures, and in babies, increased sleepiness, poor feeding, and a bulging soft spot on the skull. Immediate medical attention is crucial, as bacterial meningitis is a medical emergency and can lead to severe complications if not treated promptly. Diagnostic tests include blood tests, lumbar puncture (spinal tap), and CT scans of the brain. Treatment involves hospitalization with intravenous antibiotics and fluids. Vaccines are available to prevent certain types of bacterial meningitis, and preventive measures include thorough handwashing and avoiding sharing cups or silverware.
Swollen head of the penis, Sore head of the penis, Inflammation of the head of the penis, Red sores, Pus, Pain or itching, Pain or trouble urinating	Balanitis. Which means Balanitis in children is a condition characterized by the swelling, soreness, or inflammation of the head of the penis. When the foreskin is also affected, it is termed "balanoposthitis." Balanitis can be caused by various factors, including infection, with yeast infection being common in children wearing diapers or those with diabetes. Other infections in the groin area can also lead to balanitis. Irritation may result from inadequate or excessive cleaning of the penis or foreskin, or the use of harsh soaps. Injuries can occur if the foreskin is pulled back roughly or if the penis rubs against clothing or gets caught in a zipper. Symptoms of balanitis typically worsen over 3 to 7 days and may include pain, tenderness, itching, red sores on the head of the penis or foreskin, thick bad-smelling pus, and pain or difficulty when urinating. If left untreated, the penis can swell, and in uncircumcised children, the foreskin can become stuck to the head of the penis or just below it, potentially leading to scarring. Immediate medical attention is advised for children with these symptoms, particularly if the foreskin is stuck and cannot be moved. Diagnosis usually involves a physical examination and assessment of symptoms by a healthcare provider. In some cases, further tests such as fluid sampling or other infection or diabetes assessments may be performed. Treatment of balanitis varies depending on the specific symptoms and their severity. If a child cannot urinate due to pain, various treatments may be attempted, such as sitting in a warm bath or using numbing creams. For other symptoms, soaking the penis in warm water and gentle cleaning are recommended, avoiding harsh substances. Antifungal medications, antibiotics, or steroid creams may be prescribed based on the underlying cause of balanitis. Preventive measures include keeping the penis clean, avoiding forcible pulling back of the foreskin,

	and adhering to proper hygiene practices. If the child's symptoms persist or worsen, further medical evaluation is required to rule out complications.
Pale skin, Acting cranky or upset, Not growing as much as expected, Swelling of the belly, The skin or white part of the eyes turning yellow, The bones of the face or skull being wider than normal	Beta thalassemia. Which means Beta thalassemia is a condition that affects red blood cells. Red blood cells carry oxygen to all parts of the body. In transfusion-dependent beta thalassemia, symptoms usually start after a baby is a few months old. Symptoms can include pale skin, acting cranky or upset, not growing as much as expected, swelling of the belly, the skin or white part of the eyes turning yellow, and the bones of the face or skull being wider than normal. Some symptoms happen because parts of the body that don't normally make red blood cells start trying to make them. This is why some people notice swelling or abnormal growth of the belly or bones. The other thing that can happen over time is too much iron building up in the body. This happens because having too little hemoglobin causes the body to take in more iron, even though it doesn't need to.
No symptoms	Beta thalassemia trait. Which means People with beta thalassemia trait generally don't have symptoms. They might not even know that they have it. This happens when a person gets a gene from only 1 parent that makes some beta globin.
Fever, Cough, Trouble breathing, Diarrhea, Headache or body aches, Feeling confused, Sore throat, Runny nose	Bird flu (avian influenza). Which means Bird flu, also known as "avian influenza," is a type of flu that normally occurs in birds and occasionally spreads from infected birds to humans. Common symptoms for different strains of bird flu include fever, cough, trouble breathing, diarrhea, headache or body aches, feeling confused, sore throat, and runny nose. Bird flu can be severe, and people with bird flu are more likely to have severe illness and a higher mortality rate compared to seasonal flu. If you suspect bird flu symptoms and have been around sick or dead birds or have traveled to a country with bird flu cases, it's crucial to contact a doctor or nurse immediately. They will advise you on whether to go to a clinic or hospital, as many people with bird flu require hospitalization. Pregnant individuals should also seek medical attention promptly if they have flu symptoms due to the risks involved during pregnancy. Bird flu is treated with antiviral medicines, and antibiotics do not work against the flu.
Increased tearing, Crusting of the eyelids, Redness of the white part of the eye, A blue-colored area of swelling between the eye and nose (only if both ends of the tear duct are blocked), Redness, Swelling, Warmth, Pain, Pus draining from the eye	Blocked tear duct. Which means A blocked tear duct is a condition where the eyes produce excessive tears due to an obstruction in the tear duct. The tear duct is a pathway of small tubes that drain tears from the inner eyelid to the inside of the nose. Common symptoms of a blocked tear duct include increased tearing, crusting of the eyelids, redness of the white part of the eye, and sometimes a blue-colored swelling between the eye and nose (if both ends of the tear duct are blocked). In some cases, a blocked tear duct can become infected, leading to additional symptoms such as redness, swelling, warmth, pain, and pus draining from the eye. Most babies with a blocked tear duct do not require specific treatment, as the condition often resolves on its own by the age of 6 months. However, if the tear duct does not open naturally, an eye specialist may perform a procedure to open it. In cases of infection, antibiotics may be prescribed.
Stuffy or runny nose, Mild cough, Fever (temperature higher than 100.4?, or 38?), Decreased	

appetite, Breathing faster than normal, Pauses between breaths (sometimes lasting more than 15 or 20 seconds), Wheezing (usually lasts about 7 days), Severe cough (can last for 14 days or longer), Trouble eating and drinking (especially for babies), Stops breathing, Blue or gray lips, gums, or fingernails, Very hard time breathing, Grunting, Caving in of skin and muscles between the ribs or below the ribcage, Nostril flaring, Fever in children under 3 months (temperature greater than 100.4?, or 38?), Fever in children older than 3 months (temperature greater than 100.4?, or 38?) for more than 3 days, Fewer wet diapers than normal

Bronchiolitis. Which means Bronchiolitis is a respiratory infection that affects the bronchioles, causing symptoms such as a runny or stuffy nose, mild cough, fever, decreased appetite, rapid breathing, wheezing, severe cough, and difficulty eating and drinking. In more severe cases, children may experience respiratory distress, including pauses in breathing, grunting, or skin and muscle retractions. Not all cases of bronchiolitis require medical attention, but you should seek medical help if your child shows signs of severe respiratory distress. The doctor or nurse will diagnose bronchiolitis based on the symptoms, and in some cases, they might perform tests to determine the cause, such as RSV or another viral infection. Treatment for bronchiolitis is primarily focused on ensuring the child gets enough oxygen. The doctor or nurse may need to suction mucus from the child's nose or provide moist air or oxygen. Antibiotics are not typically prescribed since bronchiolitis is caused by viruses. To help your child feel better, you can ensure they stay hydrated, use a humidifier, give appropriate over-the-counter medications, suction mucus from the nose, and use pillows for elevation if the child is over 1 year old. Additionally, it's essential to take precautions to prevent bronchiolitis and other infections, such as washing hands, practicing good respiratory hygiene, avoiding sharing utensils, cleaning frequently touched surfaces, and staying away from sick individuals. Young babies can get vaccinated to protect against RSV.

Repeated, severe episodes of vomiting, Nausea, Belly pain, Feeling very tired, Pale skin, Diarrhea, Feeling very tired, Being very thirsty, or having a dry mouth or tongue, Muscle cramps, Dizziness, Confusion, Urine that is dark yellow, or not needing to urinate for more than 5 hours

Cannabis Hyperemesis Syndrome. Which means Cannabis Hyperemesis Syndrome (CHS) is a condition characterized by repeated, severe episodes of vomiting. Other symptoms can include nausea, belly pain, fatigue, pale skin, diarrhea, and signs of dehydration. CHS is associated with the regular and long-term use of cannabis, particularly in products with increased potency. Hot showers or baths may provide temporary relief. The primary treatment for CHS is to stop using cannabis products, which can lead to improvement in vomiting symptoms within days to weeks. Severe cases of dehydration may require IV fluids and medicines. Stopping cannabis use is the only certain way to prevent CHS from recurring. Seeking support from a doctor or nurse can help individuals struggling to quit cannabis use.

Headache, Confusion or dizziness, Feeling very tired, Feeling sick to your stomach (nausea), Passing out or losing consciousness, Brain problems (headaches, trouble concentrating or thinking, memory issues, personality changes, and abnormal movements), Seizures, Death

Carbon Monoxide Poisoning. Which means Carbon Monoxide Poisoning occurs when individuals inhale high levels of carbon monoxide (CO). CO is a colorless, odorless gas produced by the incomplete combustion of fuels such as gasoline, natural gas, wood, or charcoal. Common sources of CO poisoning include faulty furnaces, kerosene heaters, cars left running in enclosed spaces, and more. Symptoms of CO poisoning can mimic the flu, including headaches, confusion, fatigue, and nausea. Severe CO poisoning can lead to unconsciousness, brain problems, seizures, and death. A blood test is used to diagnose CO poisoning, and treatment involves providing oxygen in the hospital using various methods, such as masks, ventilators, or hyperbaric oxygen chambers. CO poisoning can be prevented by using CO detectors, ensuring proper appliance function, and

following safety guidelines.

Pain, Redness, Swelling, Warmth, Fever or chills (sometimes), No symptoms or only some of these symptoms (sometimes)	<p>Cellulitis and erysipelas. Which means Cellulitis and erysipelas are both infections of the skin.</p> <p>These infections can cause redness, pain, and swelling. Cellulitis tends to affect deep layers of skin and sometimes the fat under the skin. Erysipelas tends to affect the upper layers of the skin. These infections can occur when germs enter the skin, usually through cuts or breaks. Certain conditions can increase the risk of cellulitis and erysipelas. Most infections occur on the legs or arms but can occur in other places on the body. Treatment typically involves antibiotic pills, and severe infections may require hospitalization for intravenous antibiotics. Follow-up care and contacting a doctor or nurse are important if symptoms do not improve within three days or worsen. Prevention includes proper wound care and seeking advice for individuals with long-term skin conditions.</p>
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Fever, Feeling sick, Sore throat, Loss of appetite, Itchy rash with small bumps (swell with fluid, pop, form scabs), Chills	<p>Chickenpox. Which means Chickenpox is an infection caused by the varicella-zoster virus. Initially, symptoms include fever, feeling sick, sore throat, loss of appetite, and chills. About a day after these symptoms, an itchy rash with small bumps appears on the skin. These bumps swell with fluid, pop, and eventually form scabs. New bumps can continue to appear on the body over several days, and the rash typically lasts about a week. It can be spread to those who have not had chickenpox or received the varicella vaccine. Prevention is possible through vaccination with the varicella vaccine, which is recommended for most children and some adults. The vaccine helps prevent chickenpox and its complications. In cases of chickenpox, treatment may be necessary, especially for older children and adults. Non-prescription medicines can be taken to alleviate symptoms, but aspirin should be avoided in children to prevent Reye syndrome. It's important to consult a doctor or nurse if chickenpox is suspected, and especially if you are pregnant or have been near someone with chickenpox</p>
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Pneumonia, Skin infections (Cellulitis, Impetigo), Swollen lymph nodes, Abscesses, Digestive problems, Growth problems, Fever, Chills	<p>Chronic Granulomatous Disease. Which means Chronic granulomatous disease (CGD) is a rare genetic disease that affects the immune system. Individuals with CGD have cells that do not work correctly in fighting infections, making them more susceptible to certain types of infections.</p> <p>Common symptoms include pneumonia, recurrent skin infections (such as cellulitis and impetigo), swollen lymph nodes, abscesses (often around the rectum and anus), digestive problems (abdominal pain, diarrhea, or intestinal blockage), growth problems (resulting in smaller stature in children), fever, and chills. CGD is more common in boys, but girls can also be affected. The disease can run in families and is often diagnosed in childhood. A blood test can identify problems in the immune system and detect abnormal genes associated with CGD. Early diagnosis is crucial, and prenatal testing is possible if there is a family history of CGD. Treatments for CGD include medicines to prevent and treat infections, and in some cases, a bone marrow transplant (stem cell transplant) that can provide a cure by replacing abnormal cells in the bone marrow with healthy cells.</p>
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Small notch in upper lip, larger opening in lip, various difficulties with speech, hearing, missing, extra, or crooked teeth, ear infections and hearing loss	<p>Cleft lip and cleft palate. Which means Cleft lip is an opening or split in the upper lip. Some babies with a cleft lip have a small notch in their upper lip. Others have a larger opening or hole that goes all the way to the bottom of their nose. Cleft palate is an opening or split in the roof of the mouth,</p>
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	<p>which can be in the front or back, and on one or both sides. Babies with these problems may have difficulty breastfeeding or drinking from a regular bottle. Children with cleft lip or cleft palate may experience difficulties with speech and hearing. They might also have missing, extra, or crooked teeth, often requiring braces. Some children may have ear infections and hearing loss, and in such cases, doctors might recommend placing small tubes in the eardrum to prevent infections and improve hearing. The risk of having a baby with cleft lip and cleft palate can be influenced by genetic factors and lifestyle choices during pregnancy, such as taking certain medications, smoking, drinking alcohol, and not getting enough folic acid.</p>
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<p>Pain, swelling, or bruising over the coccyx, pain in the back, buttocks, or belly, pain in the pelvis or rectum, aggravated pain when changing positions, leaning back, having a bowel movement, or having sex</p>

<p>Coccyx injury. Which means The coccyx, also known as the "tailbone," is a triangle-shaped group of small bones at the end of the spine, covered with cartilage and held together by ligaments. Coccyx injuries can occur due to factors like falls, direct hits to the coccyx, poor posture, repeated strain from sitting on a hard or narrow surface, arthritis, or having a vaginal birth. Symptoms of coccyx injury can include pain, swelling, or bruising over the coccyx area and may also lead to pain or discomfort in the back, buttocks, belly, pelvis, or rectum. Some individuals experience worsened pain when changing positions, leaning back, having a bowel movement, or engaging in sexual activities. The diagnosis of a coccyx injury is typically based on symptoms and a physical examination, including a rectal exam. In some cases, X-rays or other imaging tests may be necessary to assess the extent of the injury. Treatment for coccyx injuries depends on the type and severity of the injury. It often includes conservative measures such as pain relief, posture adjustment, and the use of cushions or wedges to reduce pressure on the coccyx. Medications like nonsteroidal anti-inflammatory drugs (NSAIDs) can help with pain and swelling, and, in some cases, stronger pain medications may be prescribed. Ice and heat applications can provide relief in the initial days following an injury. Stool softeners may be recommended to ease bowel movements if straining worsens the pain. In cases of prolonged or severe pain, medical professionals may suggest injections to manage the discomfort. Coccyx injuries typically take weeks to months to heal, during which time activity and movement may need to be limited. It is essential to follow the advice of your healthcare provider regarding safe activities. Seek medical attention if you experience numbness, weakness, tingling in your legs, difficulty controlling bowel or bladder function, or persistent, severe pain that does not improve with conservative measures.</p>
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<p>Varies based on severity and gender: adrenal crisis, low blood sugar, low blood pressure, failure to thrive in severe cases; atypical genital appearance in girls; early puberty; symptoms may include loss of appetite, vomiting, belly pain, weakness, fever, confusion, passing out</p>

<p>Congenital adrenal hyperplasia. Which means Congenital adrenal hyperplasia (CAH) is a genetic disorder affecting the adrenal glands, which produce various hormones. Classic CAH involves an imbalance of three main hormones: cortisol, aldosterone, and androgens (male hormones). In severe CAH cases, insufficient aldosterone and cortisol production can lead to adrenal crisis, characterized by low blood sugar, low blood pressure, and failure to thrive in infants. Girls with CAH often exhibit atypical genital appearance due to excessive androgen production, and without early diagnosis and treatment, CAH can cause early puberty, resulting in shorter-than-expected stature due to premature growth plate closure. Newborns in the US and other countries are screened for classic CAH using blood tests. Treatment primarily consists of hormone replacement therapy with steroids and fludrocortisone to regulate hormone levels, ensuring normal growth and puberty. Regular monitoring of hormone levels, growth, and bone development is essential to</p>
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adjust treatment. Some children with CAH may require salt supplements, but these can often be discontinued as they grow older. Girls with atypical genital appearance may consider surgical correction, but surgery is not always immediate, and it is recommended to wait until the child can participate in the decision. CAH management requires lifelong medication, and children with the condition can lead fairly normal lives with appropriate treatment and support. Adrenal crisis is a potential complication in children with CAH, and parents should be educated on managing it when the child gets sick. It can be associated with symptoms like loss of appetite, vomiting, belly pain, weakness, fever, confusion, and passing out. CAH requires lifelong management, and support is needed for children to understand and cope with the condition. Gender identity may also be a concern, and healthcare professionals can provide guidance on addressing related issues.

Big liver, runny nose with white or bloody mucus (containing syphilis germs), small red, pink, or brown spots on the skin (mostly on the back, buttocks, back of the upper legs, and soles of the feet), swollen lymph nodes, saddle nose, forehead protrusion, corneal inflammation, hearing loss, notched and gapped teeth, scars around the mouth, red, open sores on the skin, bone and joint problems (mostly in the legs), cognitive issues

Congenital syphilis. Which means Congenital syphilis is an infection that can affect babies before birth, leading to severe health problems. Most newborns with congenital syphilis do not exhibit symptoms, but when they do, common symptoms include a big liver, runny nose with white or bloody mucus (containing syphilis germs), small red, pink, or brown spots on the skin, swollen lymph nodes, saddle nose, forehead protrusion, corneal inflammation, hearing loss, notched and gapped teeth, scars around the mouth, red, open sores on the skin, bone and joint problems (mostly in the legs), and cognitive issues. Other symptoms can occur but are less common. Diagnostic tests for congenital syphilis involve blood tests, lumbar puncture, X-rays of the bones, hearing tests, and eye exams. The treatment for congenital syphilis typically involves penicillin administered as an injection (shot) or through an IV. The best prevention for congenital syphilis is treating the infection before pregnancy, but treatment during pregnancy is also an option. It is important for the sex partner(s) to be treated as well, and follow-up testing after treatment is recommended to ensure its effectiveness.

Sneezing, Coughing, Sniffing and runny nose, Sore throat, Chest congestion, Fever (in children)

Common cold. Which means The common cold, usually caused by a virus (termed viral upper respiratory infection or viral URI), presents with symptoms such as sneezing, coughing, sniffing and runny nose, sore throat, chest congestion, and fever in children. It typically lasts 3 to 7 days in adults and up to 10 days in children. The common cold can sometimes be mistaken for other illnesses like COVID-19, the flu, or strep throat. While colds generally resolve on their own and do not require antibiotics, non-prescription cough and cold medicines can be used for symptom relief in teens and adults. However, these medicines do not cure the cold but may alleviate symptoms. Medicine safety precautions should be observed, and some of these medicines are not safe for children, especially those under 6. In some cases, the common cold can lead to more severe issues such as ear infections, worsened asthma symptoms, sinus infections, and pneumonia or bronchitis, especially in certain individuals. To prevent the spread of germs, regular handwashing, cough etiquette, and surface cleaning are recommended. It is important to stay home when sick, and wearing a face mask when around others can help prevent the spread of germs. Additionally, seeking medical advice is recommended if specific symptoms or conditions arise, such as a prolonged cough, loss of taste or smell, high fever, severe throat pain, chest pain when coughing or breathing deeply, breathing difficulties, confusion, and other concerning symptoms in both adults and children.

<p>Fever, Cough, Stuffy nose, Headache, Sneezing, Sore throat, Trouble breathing, Muscle aches, Diarrhea, Vomiting, Loss of taste or smell, Trouble feeding (in babies), Rashes, Inflammation throughout the body ("Multisystem Inflammatory Syndrome in Children" or "MIS-C")</p>	<p>COVID-19 (Children). Which means COVID-19, which stands for "coronavirus disease 2019," is caused by the SARS-CoV-2 virus. The common symptoms of COVID-19 in children are similar to those in adults and include fever, cough, stuffy nose, headache, sneezing, sore throat, and trouble breathing. Children may also experience muscle aches, diarrhea, vomiting, loss of taste or smell, and trouble feeding (in babies). In some rare cases, children with COVID-19 may develop inflammation throughout the body, referred to as "Multisystem Inflammatory Syndrome in Children" (MIS-C). Symptoms of MIS-C can include fever, belly pain, vomiting, diarrhea, rash, bloodshot eyes, headache, being extra tired or irritable, and trouble breathing. The severity of COVID-19 symptoms in children can vary, and while most children do not get severely ill, some may experience severe symptoms, especially if they have underlying health conditions.</p>
<p>Belly pain, Weight loss, Diarrhea, Blood in bowel movements, Shorter stature, Mouth sores, Skin rashes, Joint pain, Liver problems, Eye redness</p>	<p>Crohn disease. Which means Crohn disease is a condition that mainly affects the digestive system. It causes symptoms such as belly pain, weight loss, diarrhea, blood in bowel movements, and shorter stature. In addition, some children with Crohn disease may experience mouth sores, skin rashes, joint pain, liver problems, and eye redness. Symptoms can vary in severity and may come and go over time. Doctors diagnose Crohn disease in children through blood tests, bowel movement tests, imaging tests, colonoscopy, and upper endoscopy. Treatment involves various medicines to manage symptoms, including special formulas and vitamin supplements to help with nutrient absorption. Surgery is only needed in specific cases, such as to remove damaged parts of the intestine. Although Crohn disease requires lifelong management, with appropriate treatment, many children can lead relatively normal lives. Regular monitoring and screenings for colon cancer are important for those with Crohn disease affecting the colon. It's important to contact the doctor in case of signs of infection, severe belly pain, frequent diarrhea, bloody or black bowel movements, or if the child is having trouble coping with the disease.</p>

Input	Output
Runny nose, Stuffy nose, Barking cough, Hoarseness, Fever (>100.4? or 38?), Noisy high-pitched breathing (stridor)	Croup. Which means Croup is a common infection of the trachea, the main airway in children aged 6 months to 3 years. It typically begins with cold-like symptoms, including a runny or stuffy nose. Within a day or two, children with croup develop a barking cough, become hoarse, experience a fever higher than 100.4? (38?), and have noisy, high-pitched breathing called "stridor," especially when active or upset. Symptoms are often more severe at night. While most cases of croup resolve on their own, some children may need medical attention if they exhibit severe symptoms such as difficulty breathing, turning blue, or excessive sleepiness. Treatment for croup focuses on ensuring the child receives enough oxygen and may include providing moist air or oxygen to breathe and medications to reduce swelling or open up the airways.
Not growing or gaining weight normally, Long-lasting cough, Trouble breathing or wheezing, Frequent lung or sinus infections, Salty skin, Belly pain, Diarrhea or constipation, Oily and bad-smelling bowel movements, Infertility	Cystic fibrosis. Which means Cystic fibrosis (CF) is a genetic disease present from birth, characterized by the accumulation of thick mucus and fluids in various parts of the body, including the lungs, pancreas, liver, and intestines. This leads to several health issues. Common symptoms of CF include failure to thrive in terms of growth, a persistent productive cough, wheezing, frequent lung or sinus infections, salty-tasting skin, abdominal pain, gastrointestinal issues such as diarrhea or constipation, and infertility. CF is caused by an abnormal gene that needs to be inherited from both parents. While CF is lifelong and currently cannot be cured, there are various treatments available to manage the disease.
Feeling down, loss of interest or pleasure, low energy, sleep problems, appetite changes, negative self-image, concentration difficulties, slowed or restless movements, suicidal thoughts	Depression. Which means Depression is a medical disorder that affects mood. It can make a child feel sad and lead to various symptoms such as loss of interest, changes in sleep and appetite, and even suicidal thoughts. People often think of depression as an adult problem, but it can also affect children and teens. It's essential to seek help if a child experiences such symptoms. Sometimes, people with depression have thoughts of hurting themselves. It's crucial to provide immediate help and support if a child is experiencing suicidal thoughts.
No symptoms in babies, detected during routine exams; In toddlers and older children: one leg looking shorter or turned away from the body, limp or uneven walk; Sometimes diagnosed during an X-ray for other reasons	Developmental Dysplasia of the Hip. Which means Developmental dysplasia of the hip is a condition that primarily affects babies and children. The hip joint is a "ball and socket" joint, but in this condition, the "socket" part of the joint doesn't form normally, making the hip joint too loose. In babies, it usually causes no symptoms and is often detected during routine exams. However, in toddlers and older children, it can lead to symptoms such as making one leg look shorter or turned away from the body, causing a limp or uneven gait. Sometimes, it's diagnosed during an X-ray for other reasons.
Feeling very thirsty, frequent urination, nausea, vomiting, belly pain, fatigue, sweet or fruity breath, weight loss	Diabetic Ketoacidosis (DKA). Which means Diabetic ketoacidosis (DKA) is a severe complication that can occur in individuals with diabetes, whether it's type 1 or type 2. It arises when the body has insufficient insulin to facilitate the entry of sugar into cells, leading to elevated blood sugar levels.

When sugar can't enter the cells, the body starts breaking down fat for energy, resulting in the production of excess ketones, leading to a high level of acid in the blood. DKA is a medical emergency that requires immediate treatment.

Difficulty in learning to read, trouble with nursery rhymes, pronouncing words, spelling, and reading

Dyslexia. Which means Dyslexia is a learning difficulty that primarily affects a child's ability to read. It is unrelated to a child's intelligence, as children with dyslexia can be just as smart as their peers. However, they have unique brain differences that make it challenging for them to connect letters or groups of letters to sounds. Dyslexia manifests with various symptoms at different ages, such as difficulty with nursery rhymes, rhyming games, word pronunciation, letter names, and spelling. As children with dyslexia progress in school, they struggle with reading and spelling and read slowly, often guessing or sounding out unfamiliar words.

Ear pain, fever, trouble hearing, pulling on the ear, fussiness, loss of appetite, vomiting, diarrhea,

Ear Infections in Children. Which means Ear infections, known as otitis media, often occur in children following a cold. Fluid buildup in the middle ear, which can become infected, is the primary cause. This can result in a bulging eardrum and associated symptoms such as fever, fussiness, loss of appetite, vomiting, and diarrhea in infants and young children. Older children often experience ear pain and temporary hearing loss. In some cases, fluid remains in the ear even after the pain and infection have resolved, potentially leading to mild and temporary hearing loss. If prolonged, hearing loss can impact language and speech development, particularly in children at risk for language or learning issues. Diagnostic assessment by a doctor or nurse is essential to confirm an ear infection.

Intense itching, color changes (red or pink in light skin, dark brown, purple, or gray in dark skin), small bumps, skin flakes or scales. In infants and young children (under 2 years old), it tends to affect the front of the arms and legs, cheeks, or scalp. In older children and adults, it affects the sides of the neck, elbow creases, backs of the knees, wrists, hands, forearms, and face. Over time, the skin can become thicker and may form scars from scratching.

Eczema (atopic dermatitis). Which means Eczema, also known as atopic dermatitis, is a skin condition characterized by intense itching and various symptoms, including color changes (red or pink in light-skinned individuals, dark brown, purple, or gray in dark-skinned individuals), small bumps resembling dots or goosebumps, and skin flaking or scaling. Eczema typically manifests differently in people of various ages. In babies and young children under 2 years old, it tends to affect the front of the arms and legs, cheeks, or scalp. In older children and adults, it often affects the sides of the neck, elbow creases, backs of the knees, wrists, hands, forearms, and face. Over time, the skin can become thicker, and excessive scratching may lead to the formation of scars.

Runny nose, fever, cough, trouble breathing, wheezing, muscle weakness, paralysis, refusal to drink, confusion, fatigue

Enterovirus D68. Which means Enterovirus D68 is a virus that can cause an infection similar to the common cold. In some cases, it can cause severe trouble breathing, and in rare cases, it can lead to muscle weakness or paralysis. If your child exhibits symptoms like refusal to drink, confusion, or fatigue, it's important to seek medical attention. There is a test available for EV-D68, and in severe cases, hospital treatment may be necessary. Prevention measures include handwashing, cleanliness, and avoiding contact with sick individuals.

Stuffy nose, runny nose, sneezing, itchy or red eyes, sore throat, itchy throat or ears, trouble sleeping, clicking noises, breathing through the mouth

Environmental allergies in children. Which means Environmental allergies in children can cause symptoms such as a stuffy nose, runny nose, sneezing, itchy or red eyes, a sore throat, itchy throat

or ears, trouble sleeping, and other discomforts. Young children might exhibit these symptoms differently, often without blowing their nose, making clicking noises as they try to scratch their throat with their tongue, and breathing through their mouth due to a stuffy nose. It's essential to recognize these symptoms, as allergies can affect a child's concentration, schoolwork, and sports performance. If the symptoms occur at the same time each year or persist, it might be due to environmental allergies. Skin testing can help diagnose the specific allergens affecting the child.

Repeated seizures, convulsions, passing out, jerking movements, aura, different types of seizures

Epilepsy in children. Which means Epilepsy is a condition that causes people to have repeated seizures, which can vary in their symptoms and duration. "Tonic-clonic" or "grand mal" seizures may involve passing out, stiffening of the body, and jerking movements, while other types of seizures can cause less dramatic symptoms like shaking in one arm or part of the face or sudden loss of responsiveness. Some individuals experience an "aura," a specific feeling or smell before a seizure occurs. Testing, including an electroencephalogram (EEG) and imaging scans (MRI or CT), is necessary to diagnose and determine the cause of the seizures. Treatment often involves anti-seizure medicines, and in some cases, a ketogenic diet, brain surgery, or a vagus nerve stimulator may be recommended.

Rash, fever, headache, sore throat, itching, cough, upset stomach, sneezing, conjunctivitis, muscle aches, joint pain

Erythema Infectiosum (Fifth Disease). Which means Erythema infectiosum, commonly known as Fifth Disease, is an infection caused by the human parvovirus B19. This condition primarily affects children but can also occur in adults. It typically presents with mild or no symptoms. However, when symptoms manifest, they include fever, headache, sore throat, itching, cough, upset stomach, sneezing, conjunctivitis, muscle aches, and joint pain. The initial symptoms last for 2 to 5 days. Following this, a "slapped cheek" rash may appear on the face, which may be less noticeable in individuals with dark skin. Additionally, a lace-like rash can develop on the chest, back, arms, and legs. Joint pain, which is more common in adults, often affects the hands, wrists, knees, and feet. Symptoms tend to improve before the rash occurs but can occasionally reappear due to factors like sunlight, temperature changes, exercise, or stress.

Pain, swelling, lump on bone, pain that worsens over time, especially at night and with exercise, trouble moving joints, fever, weight loss, fatigue

Ewing Sarcoma. Which means Ewing Sarcoma is a form of cancer that primarily affects the bones and occasionally originates in tissues outside the bones. It frequently occurs in individuals aged 10 to 20, although it can also develop in adults. Ewing Sarcoma predominantly affects bones in the legs, arms, or pelvis. Common symptoms include pain and swelling in the affected area, which may worsen over several weeks to months. Pain is typically more severe at night and during physical activity. Patients may also observe or feel a lump on the bone. Additional symptoms can manifest depending on the location of the tumor, such as joint mobility issues.

Heart attacks, firm fatty deposits (xanthomas) under the skin

Familial Hypercholesterolemia (FH). Which means Familial hypercholesterolemia (FH) is a genetic disorder characterized by the excessive buildup of cholesterol and fat in the body, particularly within the arteries of the heart. This accumulation of cholesterol and fat can lead to the development of heart attacks, even at a young age, including in children. FH is an inherited condition and has two primary forms: Heterozygous FH, where the FH gene is inherited from one parent, and Homozygous FH, where the FH gene is inherited from both parents. Homozygous FH is more severe, resulting in significantly elevated cholesterol levels, a considerably higher risk of heart attacks, and a shorter life expectancy.

Pass out, jerking movements of arms, legs, or face, confusion or sleepiness afterward	<p>Febrile Seizures in Children. Which means Febrile seizures in children are characterized by seizures that occur due to a fever. These seizures result from abnormal electrical activity in the brain and can lead to a child passing out or experiencing unusual movements or behaviors. Febrile seizures are typically observed in children between the ages of 6 months to 5 years and often have a familial component. To determine if a child has a fever, their temperature should be taken. The most accurate method is rectal temperature measurement, but other methods like oral, armpit, ear, or forehead measurements can also be used if necessary. A temperature above 100.4° (38°) is considered a fever. During a febrile seizure, the child usually passes out and exhibits jerking movements in their arms, legs, or face.</p>
Thin upper lip, smooth ridge between the upper lip and nose (philtrum), shorter eye openings than normal, developmental delays, increased activity, weak and floppy muscles, learning, hearing, and vision problems, cognitive issues, attention and concentration problems, difficulty getting along with others, job and living independence challenges	<p>Fetal Alcohol Syndrome (FAS). Which means Fetal Alcohol Syndrome (FAS) is a condition that affects the brain development and growth of babies born to mothers who consumed alcohol during pregnancy. Babies with FAS tend to have distinct facial features, including a thin upper lip, a smooth ridge between the upper lip and nose (known as the "philtrum"), and shorter-than-normal eye openings. These infants are also often fussy and highly sensitive to noise.</p>
Fever (temperature higher than 100° or 37.8°), extreme tiredness, headache or body aches, cough, sore throat, runny nose, sudden symptom onset.	<p>Flu (Influenza). Which means The flu, also known as influenza, is an infectious respiratory illness caused by viruses. It can lead to symptoms such as fever, extreme tiredness, headache, body aches, cough, sore throat, and a runny nose. These symptoms often appear suddenly. While most people recover from the flu without long-term complications, it can be a serious illness that may require hospitalization or, in some cases, result in death, particularly due to complications like pneumonia. Individuals at a higher risk of developing severe flu-related complications include those aged 65 or older, young children (especially those under 5 and under 2), pregnant individuals, and people with certain underlying medical conditions.</p>
Hives, red or swollen skin, itchy, watery or swollen eyes, runny nose or sneezing, swelling of the throat, wheezing, coughing, vomiting, diarrhea, feeling dizzy, passing out, death.	<p>Food Allergy. Which means A food allergy is an immune system response to certain foods that the body mistakenly recognizes as harmful. Consuming or even coming into contact with the allergenic food can trigger an allergic reaction. Common foods that people are allergic to include milk, eggs, wheat, soy, peanuts, tree nuts, fish, shellfish, and sesame. Food allergy symptoms can vary from mild, such as hives, red or swollen skin, itchy, watery or swollen eyes, runny nose or sneezing, to severe reactions known as anaphylaxis. Anaphylaxis symptoms include throat swelling, wheezing, coughing, vomiting, diarrhea, dizziness, and even the risk of death. Symptoms may differ from person to person, and each reaction can present with different symptoms.</p>
A head that is bigger than normal, crossed eyes, big ears, sunken eyes, loose joints, flat feet, testicles that are bigger than normal (in male teens and adults), developmental delay, intellectual disability, trouble with problem solving and organization, problems with language and speaking, trouble sitting still, paying attention, feeling worried or sad, seizures, trouble with female reproductive organs, hand tremor.	<p>Fragile X Syndrome. Which means Fragile X syndrome is a lifelong genetic condition that primarily affects boys. It results from a problem with a gene on the "X" chromosome. While girls have 2 "X" chromosomes in each of their cells, boys have only 1, making them more susceptible to the</p>

condition. Symptoms vary, with girls often having milder or no symptoms due to their extra "X" chromosome. Physical features of fragile X syndrome may include an enlarged head in children, crossed eyes, prominent ears, sunken eyes, loose joints (thumbs, fingers, or wrists), flat feet, and enlarged testicles in male teens and adults.

Problems with arms and legs, Eye problems, Hearing loss, Trouble swallowing, Slurred speech, Loss of bladder control, Foot problems, Scoliosis, Hypertrophic cardiomyopathy, Type 1 diabetes

Friedreich ataxia. Which means Friedreich ataxia is a rare disease that damages the brain, spinal cord, and other nerves. It causes movement problems. "Ataxia" is the word doctors use for problems with muscle control. Friedreich ataxia also damages the heart and other organs. It is a serious disease that gets worse over time. It almost always runs in families. It is caused by an abnormal gene.

Input	Output
Bulge in the groin, Crying, Vomiting, Swollen belly, Red or blue area	Groin (inguinal) hernias. Which means A groin hernia is a bulge in the groin that appears and disappears. It can be associated with crying, vomiting, a swollen belly, and discoloration of the bulging area.
Sores in the mouth, on hands, feet, buttocks, Fever	Hand, foot, and mouth disease. Which means Hand, foot, and mouth disease is characterized by sores in the mouth, and on the hands, feet, and buttocks. These sores may appear as small spots, bumps, or blisters. Swallowing can be painful due to mouth sores. Some individuals may have sores in specific areas, not everywhere. It can also cause fever.
First-degree: Often no symptoms Second-degree: Fainting, dizziness, fatigue Third-degree: More severe symptoms, potentially life-threatening	Heart block in children. Which means Symptoms of heart block in children vary depending on the type: first-degree, second-degree, or third-degree. First-degree heart block often presents with no symptoms. Second-degree heart block can cause fainting, dizziness, and fatigue. Third-degree heart block has more severe symptoms that can be life-threatening.
Often asymptomatic, Diagnosis, Elevated Blood Pressure, Causes, Risks and Consequences, Treatment, Follow-Up	High Blood Pressure in Children. Which means High blood pressure in children often doesn't cause noticeable symptoms.
Swollen, painless lymph node, Swollen lymph nodes in the neck, above the collar bone, or in the armpit or groin, Cough, Trouble swallowing, Trouble breathing, Feeling very tired, Fever, Weight loss or loss of appetite, Drenching sweats	Hodgkin lymphoma. Which means Hodgkin lymphoma is a type of lymphoma, a cancer of white blood cells called lymphocytes. It often causes painless swollen lymph nodes in the neck, collar bone, armpit, or groin. Deeper lymph nodes can also swell, leading to various symptoms like coughing, difficulty swallowing, or breathing.
Enlarged head, Rapid head growth, Abnormal head shape, Bulging soft spot, Bulging veins, Irritability, Headaches, Downward gaze of the eyes, Nausea, Vomiting, Coordination issues, Loss of appetite, Sleepiness, Behavioral changes	Hydrocephalus. Which means Hydrocephalus is an excess of spinal fluid in the brain, often called "water on the brain." Symptoms in babies include an enlarged head with rapid growth, abnormal head shape, bulging soft spot, and veins. Older children may experience irritability, headaches, downward eye gaze, nausea, vomiting, coordination problems, appetite loss, sleepiness, and behavioral changes. Treatment options include shunt surgery or third ventriculostomy, chosen based on the child's age and underlying cause. Children may require shunt revisions, and complications can include seizures and developmental delays, requiring early intervention programs.
Heart murmur, Tiredness, Rapid breathing, Feeding difficulties, Shortness of breath (especially during exercise), Chest pain, Fainting or near-fainting, Heart palpitations	Hypertrophic Cardiomyopathy (HCM). Which means Hypertrophic cardiomyopathy (HCM) is a condition characterized by the thickening of the heart muscle. While some children may remain asymptomatic, others might experience symptoms such as a heart murmur, fatigue, rapid breathing, feeding difficulties, shortness of breath (particularly during physical activity), chest pain, fainting or near-fainting, and heart palpitations. Tests to diagnose HCM include electrocardiogram (ECG), echocardiogram (echo), genetic testing, and cardiac MRI. It is often a genetic condition that

runs in families.

Rash (tiny raised bruises), Joint pain, Swelling around the joints, Belly pain, Upset stomach	IgA Vasculitis (HSP). Which means IgA vasculitis (formerly known as Henoch-Sch?lein purpura or HSP) primarily presents with a rash resembling tiny raised bruises, but not everyone may exhibit this rash. Other common symptoms include joint pain, swelling around the joints, belly pain, and upset stomach. In some cases, gastrointestinal symptoms may occur, such as nausea, vomiting, and intussusception, which is a condition where the intestine folds into itself, causing a blockage and severe belly pain.
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nosebleeds, blood-filled blisters inside the mouth, heavy menstrual bleeding, serious bleeding in various parts of the body, Skin bleeding	Immune Thrombocytopenia (ITP). Which means Immune Thrombocytopenia (ITP) is a condition where the immune system destroys platelets, leading to a lower-than-normal platelet count in the blood. Platelets are blood cells that help with blood clotting. ITP can occur in both adults and children, with some cases appearing after an infection. Common symptoms of ITP include bleeding, which can manifest as nosebleeds, blood-filled mouth blisters, heavy menstrual bleeding, or even severe bleeding in various parts of the body. Skin bleeding may result in large bruises or tiny bruise-like dots on the feet and ankles.
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Severe belly pain, Vomiting, Bloody bowel movements, Extreme sleepiness	Intussusception. Which means Intussusception is a condition where one part of the intestine slides into another part, causing a blockage. Most common in babies and young children under 3 years old. Symptoms include severe, wave-like belly pain, vomiting, bloody bowel movements, and extreme sleepiness. Prompt medical attention is crucial for diagnosis and treatment, which may involve nonoperative reduction or surgery.
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Yellow skin, yellowing of white parts of the eyes, severe jaundice signs: difficulty waking up, high-pitched cry, unhappiness, arching of body or neck backward.	Jaundice in babies. Which means Jaundice in babies is marked by yellow skin, yellowing of the eyes, and severe signs include difficulty waking up, high-pitched cry, unhappiness, and arching of the body or neck backward. It's important to monitor and treat jaundice in newborns to prevent complications. Light therapy is a common treatment.
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I am 28 yrs old and i got married in feb2013. 8 months over still i couldnt get pregnant. last month i consulted a doctor. doctor suggested me to take folic acid and susten200 mg. also asked me to come during the first day of my periods. I want to know the reasons of taking this tablet. pls give me the answers. thanking u.	Hello there! Thank you for asking. Susten are oral progesterone, and they are used only when conception is conceived or in the second phase (luteal phase) or cycle which are after 14 days from first day of bleeding. So I can imagine why are you having troubles in conceiving. Folic acid is a blood helper. Keep taking it. Use green leaf vegetables, fresh salads, take folic acid with vitamin C 60 minute before meal. All these are to help your bleeding profile healthy. We call people infertile if they have been trying to conceive for more than a year with minimum coital frequency of 2-3 in a week with regular followup of calendar methods that is working harder from days 11 to 18 since first day of menstrual bleeding. The position of intercourse also matters. If you have some menstrual irregularities or POD (poly cystic ovarian syn . See the fertility clinic and ask for their help. Get your spouse with you and have you both assessed for causes of infertility. Get evaluated and examined with a good fertility specialist and I am sure your problem will resolve, meanwhile modify lifestyle, reduce weight, exercise regularly, follow calendar method for intercourse, use some ovulation inductions like camphene citrate, assess your spouse for sperm health. Treat any
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underlying menstrual condition if present. Have regular follow-ups visit to a gynecologist and fertility clinic and if the problem persists come and grab me from my collar. Good luck

I am 22 year old simple virgin boy . I have irrational fear of hiv about 5 years. I used to wash my hand and used antiseptics for my even small cuts. i know every thing about hiv from internet but despite i have intense fear and it is ruining my life. 5 years ago i dont have a knowledge of hiv and so that before this period I was very happy and content and didnt do this type of things. but today i watch blood stains or cuts or something else that causes anxiety. Also i live in that place (UP, India) where this is not much in prevalence. sir please help , your little advice can give me a new life. thanks

Hi, I read your query in detail and can understand your concern regarding your symptoms. From what you have mentioned, you seem to be suffering from anxiety disorder. It seems that you are having repetitive thoughts regarding the same, and you understand such thoughts are irrational. Such thoughts can be termed as obsessions and the repeated cleaning or washing in response to the thoughts can be termed compulsions. Obsessive compulsive disorder is a type of anxiety disorder which is not uncommon. I would have liked to know about any other thoughts that might be coming repeatedly to you like any doubts (and repeated checking in response to that), repeated sexual or religious thoughts. I would suggest you seek a psychiatric consultation for detailed evaluation of your symptoms and starting proper treatment. Your condition can be treated effectively with medications like fluoxetine or sertraline (one of the selective serotonin reuptake inhibitors). You will have to be patient about the response as the medicines will take at least 10-15 days to show its effect. The treatment will be long term, and you will need regular follow-ups. Hope this information was helpful. Best wishes.

Recently i got diagnosed for kidney stones through Ultrasound Scanning. After that doctor said, i have 7.2mm stone in my right kidney. He gave medicines like Antibiotics, pain killers and Alkaston-B6(Potassium Citrate, Mannesium Citrate & Vitamin B6 Oral solution). Which among above medicine will break and push my stones out. Please help me sir.

HelloThanks for query. You have been detected to have a stone of a size of 7.2 mm in your Right kidney and your family physician has prescribed antibiotics ,pain killers and Alston B6 syrup (Urine Alkalizer). Let me state that there is no medicine an any faculty of medical fraternity that can dissolve or break the urinary stone. All the medicines that are being prescribed are antibiotics to prevent infection and painkillers, A stone of a size of 7 mm can be expected to pass out spontaneously through urine. Active intervention is needed only when it gets impacted in ureter and causes back pressure changes in kidney and proximal ureter giving rise to symptoms like severe pain in back, vomiting and fever. You need to follow regime2) Take Tamsulosin once daily. This helps to dilate the ureter and thereby to pass the stone down .3) Pain killers With this most of the stones below the size of 8 mm pass out in urine.

I am from india. i want to know about age limit to using braces in teeth. i am 27 year old. doctor says now I can not use braces due to age --- they are saying there is no gap between your teeth. so they will break my two teeth of inside . i dont want to break any teeth-- please give me solution - what can i do ?

There is no age limit as such unless until you have good bone support around the teeth. If you want to move the forwardly placed teeth, first premolars have to be removed or the teeth has to be ground to create space to pull the teeth back. This is called proximal stripping. One of these two things has to be done to move the teeth back. Usually up to 35-40 years the bone support will be fine, till this age we can go ahead with orthodontic treatment. There is a separate treatment protocol called adult orthodontics for aged people. So consult a good orthodontist and take an

opinion. I hope my answer will help you, take care.

SINCE 2 MONTHS BEFORE SUDDENDLY MY BACK IS PAINING TOO MUCH AT BOTTOM.
THEN I CONSULT WID DOCTOR,S AND ALL .THEN I GO FOR A X- RAY.AND REPOTS SAYS
THAT I AHVE PROBLEM OF SCOLIOSIS. BUT IT,S A LITTLE CURVE ON MY BACK BONE
FROM DOWNWARDS.SO, IT WILL CORRECT LIKE A ORIGINAL SHAPE.?? SIR OR IT,S A
SERIOUS PROBLEM

Thanks for writing to us. I understand that you have been told about scoliosis. It could be simple scoliosis due to muscle spasm or real scoliosis curve where you have rotated vertebrae. If it's a small curve then nothing to worry. Regular back muscle stretching and exercise will help. However, if you have persistent significant back pain then I would suggest getting MRI spine to know more about the disc condition and facet arthritis. If It's due to muscle spasm then it will be back to normal spine however if it is real scoliosis curve then it will remain like that or may worsen a little more with increasing age. Thanks.

my father is a crf stage 5 patients and he is on dialysis last one year, so i want to know is dialysis
will be stopped once started and he is also heart patient and can he drink cranberry juice and
wheatgrass juice and kidney function will improve after drink cranberry juice and wheatgrass juice

HiT hanks for the query. With the information you have provided, It is difficult to provide a definite answer to your first question, i.e. whether your father can come off dialysis. This really depends on how his kidneys are functioning. This can be determined by finding out his urine output in a day and also specialized tests like 44 hour creatinine clearance test. His pre-dialysis lab results will also help. The second part of the query: there is no evidence to prove that . In fact

My partener has daughter 18 year old.She is not able to understand the things which cna harm to
her. She will tear her own cloths , run out side not aware where she is going and also very
aggressive even she beat her mother and also father and very difficult to control. Request advise.

Degree understand your concerns went through your details. I suggest you not to worry much.
From the details you mention here, it looks like to me that this person is suffering from schizophrenia. Aggressive mood in this case cannot be controlled just by ourselves. Certainly she needs psychiatrist intervention and then intervention by a psychotherapist. Please do what is necessary. Do not delay. If you require more of my help in this aspect, Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe some psychotherapy techniques which should help you cure your condition further. Hope this answers your query. Available for further clarifications. Good luck.

me & my husband loved each other & get married after so many struggle. my problem is he get
anger often at that he shout, break things whatever he had or sometimes he beat himself.i'm
scared of his behaviour& something happen to him . other than this he was such a lovely person.
how can i help him during that period & what should i do to reduce his anger

HYou should advise him to practice yoga and meditation for controlling anger. The early morning exercise also beneficial. Its advisable not to do much argument regarding concerned matter during his anger. After that you can discuss with him in detail regarding concerned matter lead him to anger. Behavioral counselling also will be helpful for him. You can Consult him to nearby psychiatrist for counselling. Hope I have answered your query. Let me know if I can assist you further.

i have a daughter who is 2 weeks old and would like to now the correct measurement of nan milk
and quantity of water good for her consumption. 2) In-case i am to use cow milk what is the
correct measurement of milk and water for the same child3) Between the two which is best for

the child?

1.mother milk2.formula milk (Nan) 3.cow milk

Input	Output
<p>I have been masturbating since my 9th standard but i stopped it by college first year now i finished my college.Now around 6 months i am getting nightfall .But i asked my doctor normally take a treatment for general disease .He said that its not a problem and if suppose you need to masturbate also you can continue doing it .But some said it will be a great problem in future sex life ,What will happen when this continue and is that a problem for sex life????????</p>	<p>Hey. Well, let me share few facts with you. Masturbation is considered to be safe sexual act, and it does not have any impact on health or sex life in the future. So you can continue doing masturbation in moderation. And regarding night fall, do not worry about this. It is a natural phenomenon by which old sperms come out and make space for new sperms. Night fall does not cause any harm or weakness. Hope I have answered your question. If you have any other questions, then I will be happy to answer it. Take care. Warm Regards.</p>
<p>my husband is suffering in severe wheezing problem, my mother in law also facing this problem, but not tat mucpared with my husband, my husband cant able to go office, bcoz lots of pollution in chennai. i need a permanent solution for this. also i wnt to knw the cost of curing. plz help me sir</p>	<p>Hi Suffering from wheezing problem, Do you mean Asthma? Which has common symptoms like wheezing, coughing, chest tightness, and shortness of breath. Family history is a risk factor for asthma. Outdoor, environmental air pollution, indoor allergens like dust mites, cockroaches, animal dander my cause asthma and its exacerbation. So your husband needs to consult a physician and minimum investigations like routine blood and urine and chest X-ray are needed for necessary treatment, that may not cost much. RegardsRanjit</p>
<p>on 30 dec 2011 ,i met anaccident,and in this my right hand elbow is dislocated,it does not had any fracture and breakage in bones. i contacted to a doctor, he reseted my elbow and plaster it, after one month my plaster is removed, there is no pain in my elbow. the problem is that my elbow is not moving straight. can u tell me that hw can my hand movement will started,hw much time it will take? plz suggest me doctor whom i should contactshashichandigarh</p>	<p>That is a very significant question and I appreciate your problem. I will try my best to answer your Quertle problem probably is because of muscle stiffness associated with prolonged immobilization in the cast. This will need a physiotherapist to work on it daily. The more you exercise, the better and the sooner you will feel better hope this helps you. Inform the reports mentioned above/if any other, so I can be of help further. I have given you the answer to the maximum considering the information provided. The results of the tests could further enhance my answer to you. Please do understand that some details could be extracted from a detailed history and examination. Please feel free to ask another query. I would be glad to help you. Looking forward to your return query with the details asked so that I can help you further. (If the answer has helped you, please indicate this)Best of luck.</p>
<p>am 25 year old.last one year i met serious allergy as well as some troubles in my nose while breathing. 4mths before i was consulted one ENT specialist, he told you have heavy sinus affection imediately you have to surgery your sinus.but that time i was trained in chandigarh.i want to meet a good ent specialist in trichy.can you pls suggest specialists in trichy?also suggest pls which is best either herbal side or medicine?</p>	<p>I would like to know about your symptoms in more details like - do you have sneezing, running nose, nose congestion, fever, headaches, breathing problems, facial pain, loss of smell, etc.2. Were I treating you, I would prescribe you a 10-14 day course of an antibiotic plus daily montelukast and levoceitirizine. I would also suggest you daily steam inhalation.3. I would suggest you allergy testing which will help you identify the substances you may be allergic to and also to</p>

know how to avoid exposure to them.4. Furthermore, I cannot name specialist according to terms & conditions of . Sorry for that.5. As you have asked about herbal or medicine, in my opinion, you should combine both. The most important concern should be identified what exactly you have and also the cause of what you have. Allergy testing and an ENT consultation will help you to know what exactly you have. Once diagnosis is confirmed, you can manage yourself with appropriate medications (allopathic or herbal) as both have their own pros and cons. Combining both will reduce duration of your treatment and also minimize side effects, provided both the allopathic and herbal doctors are co-operative to each other. Hope above suggestions will be helpful to you. Should you have any further query, please feel free to ask at . Wish you a quick recovery and the best of the health. Thank you & Regards.

am working as a senior lecturer in engineering college before days my BP is normal. yesterday they checked once its normal but again doc checked is 140/80 i shocked i dont know how its increased suddenly i my point of view i think it is increased due to tension

Hi, dairy have gone through your question. Your blood pressure may be increased due to some stress and tension. No need to worry. Just be relaxed. No medicine is required right now. Just check your blood pressure again after 2 days. It will come down to normal. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health. Don't forget to click, thank you.

An outbreak of dipHi Theria has occurred for the third time in a decade in a small village in South Africa. DipHi Theria is endemic to the area with many healthy villagers colonized with different bacterial strains. Vaccine distribution in this area is difficult due to treacherous terrain. A team of doctors is sent to the region to conduct a health campaign. Toxigenic strains of C. dipHi Theria are isolated from symptomatic patients. Which best explains the initial emergence of a pathogenic strain causing such outbreaks?

Lysogenic conversion

I am 30 years old. My legs, hips and legs pain after sex . Or mostly I suffer with burning or waist legs pain after sex. I mostly suffer with waist pain, lower side of my abdomen. We dont used to sex daily . We do sex once or twice a week or in two weeks. Tell me about safe period of sex? We dont want any baby now. Thats why I aborted a child 3years back.

Hi, Thank you for posting your question here, I will try to answer it to the best of my abilities. The days on which you ovulate are the danger days. So check when your last period was, add 14 days to that, the 4 days after that are the ones when you ovulate. As such these are the danger days when you can get pregnant, so avoid having sex around this time. You can also try using condoms or contraceptive pills. I hope this answered your question.

i was infected from typhoid and took medication one month back and now from two days i have fever and went for a blood test .the result was typhi O 1:160 typhi H 1:80 typhi AH and BH 1:40 WHATS the normal negetive value of these typhi and what medications should i take please reply

Hemogram2. Blood Culture for Salmonella3. Stool Culture for Salmonella. Review with reports.

This is my best advice for you with the available details, if you have any further query, please ask me. Stay Healthy, MD

Iam Madhav from Hyderabad, IndiaMy father aged about 65 years, he is suffering with lungs + heart problem since 6monthwe joined in many big hospital but only one week best after same problem facing.please give me a good suggetion, how to cure the dieses

Thank for choosing , I really appreciate your concern for your father, but you have not mentioned what kind of disease he has you have just stated problem and disease but did not mention the name of it and without this nothing could be said in specific still if this is the cardio-pulmonary

pathology then great care need to be taken it could be team work can be done with concern faculties, your detail query would be appreciated, hope this information helps.

Im a female, name Suseela, age 29, weight 54, height 4.9ft., Right now im an anemic patient but recovering slowly. I had typhoid twice in my lifetime and has been hospitalized for that. Im also having problem with tonsils often as not. For the last 2 weeks, Im struggling with severe pain in my legs above the knee. Its intensity is getting stronger and stronger. The pain occur often in the sides above the knee. Sometimes im unaware of the pain which will slowly intensify and will get worst. What should I do. I havent consulted any doctor yet. Could you please help me.

Hi The present pain looks to be neurogenic in origin. This can be due to general debility, weakness, deficiency of multivitamins, vitamin D deficiency, anemia etc. You should do following to have relief in this:- Eat fresh fruits and vegetables-Eat iron rich foods like pomegranate, tofu, brown rice, oats etc.- You may have a mild analgesic like ibuprofen or acetaminophen for relief from pain-Take supplements of vitamin D and calcium-Take erosion tablets 2-3 times a day Hope I have answered your question. Let me know if I can assist you further.

My dad is having a right leg problem which has been inflamed below the calf region and it becomes red and hot to and it had swollen too we are not getting what has actually happened to him we have also consulted a doctor and he gave a large list of medicines but as is has taking medicines from along time but it haven showed a any signs of healing so please do the needful.

Hi, Some common reasons are:- Deep vein Thrombosis (DVT)- Cellulitis - Peripheral vascular disease-Lymphedema There are certain rare conditions which are:- Polymyositis - Dermatomyositis - Connective tissue disease Having a positive outlook, , DVT is the most common reason. For this the doctor would suggest certain test like Ultrasonography, Venography depending on the presentation. Till then your dad can dip his legs in warm water bath to relieve pain. Leg elevation, ankle toe movements are some remedies that will give relief. Hope this helps you. Let me know if I can assist you further.

MY DAUGHTER IS 4 YEAR OLD. SHE HAS ALLERGIC BRONCHITIS/ASTMA.SHE HAS DIFFICULTY IN BREATHING.MY DOCTOR GIVES HER BUDECORT RESPULE 1CC WITH 2CC NS EVERY 4 HOURLY. HOW LONG CAN BE USED BUDECORT AND WHAT IS RPOGNOSIS OF ASHAMATIC CHILD OF 4 YEARS.PLS ANSWER.

Hi, forum w.r.t your query asthma is a condition that is triggered by an allergic mediated responses in bronchi the medications that you are presently persisting with can provide a temporary relief but cannot cure your child although child below 10 years exp. Frequent repetitions of attack due to narrow air passages.homeopathy can offer great relief to your child allergic conditions firstly the frequency of attack will decrease and later on child can live normally like other healthy individuals. The prognosis is very favorable .the child will live symptom free ever after so don't suppress it tries to cure it with homeopathy I hope I have answered your query. Regards

my name is Siddhart . My blood group is O+ve and my marriage has been arranged with a girl having the same blood group O+ve . can you please tell me in detail if our baby may have some disability after some years. Actually i have seen a few O+ve cases before where, when the child is around 10 years these defects and disabilities come out and then there is nothing but to watch a child die. So kindly please help me out if i should say yes for the marriage or no. thank you .

Hello Sid hart, GO ahead with the proposed marriage, if you like her. Blood groups do not determine possibility of disability for your future child. If you marry a girl with any negative(A-ve. B-ve, AB-ve or O-ve) blood group and your first child is positive blood group, then there is possibility of disease to your second child. But this can be prevented by proper treatment after first pregnancy. About the cases before where, when the child is around 10 years these defects and

disabilities come out that you mention, did this occur in your relatives? In that case some genetic disease is a possibility (unrelated to blood group) and you may get an opinion from a clinical geneticist. Always better to avoid consanguineous marriage (marriage with blood relatives)

my self Jitu, I am 26 year old and I am male.7 year ago itching occurred near my groin and latter resulted black spot. I have the problem of white discharge from my penis in night. So please tell me what could be problem and how it will cure.

HAs per your history, it may be due to sexually transmitted infection. For further assessment you may require complete hologram, urinalysis and relevant blood tests after physician consultation. You may require broad spectrum antibiotics after consultation as per report. Along with that avoid unprotected sex. Maintain proper hygiene. Hope I have answered your query. Let me know if I can assist you further.

since 6 months i had severe shakiness in my mind, anything after food use to give me more shaky effect, then felt little depressed , after all the emg tests, mri scans, my neurologist said i have severe nerve damage in my back, now i am worried if it had affected my spinal cord, now they are saying i have fibromyalgia, i am put under metanx and gabapentin, my legs and arms joints are becoming so thin, is this becos of fibromyalgia or something else is going in my body seriously, but all my doctors say its all in my head the reports are normal, please help me sirthankslakshmi

Hello Lakshmi!! would like to directly review your performed test reports, in order to be able to give a more professional opinion. Fibromyalgia does not cause limb or joint thinning. A peripheral neuropathy can lead to such clinical situation. I would also recommend performing inflammation tests (complete blood count, PCR, sedimentation rate), vitamin D and vitamin B12 plasma levels for possible deficiency. You should discuss with your doctor on the above issues. Hope you will find this answer helpful! Best wishes,

my son who is 14 years old and in 10th std, has got small bumps/lumps with extreme pain only in his left chest under his areola. we consulted his childhood doctor but he said it may be due to his attaining puberty. He has just started having small hair growth around his personal parts. However, we are very much worried. Does he need a second opinion

Hi, dairy have gone through your question. He may have gynecomastia. It is enlargement of male breast commonly seen at pubertal age. However, it should be confirmed by FNAC or biopsy. In many cases surgery is not needed. But still you should confirm that. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

I am 22 while playing cricket i was hit in testes by the rubber ball.pain was very severe that time after 2 days i been 2 doctor he started giving me antibiotics there is no pain but while walking i felt discomfort . antibiotics are still on and my family doctor says there is nothing 2 worry it ll b normal in a week but i cant run fast as it hurts and feel uneasy and also have a back pain after this . i m tensed pls tell me what should i do continue with anti biotics or sumthng else??eagerly waiting for your reply

Hi, Thanks for your query. After going through your query I came to know that you got injury to your testes. You visited doctor after two days and swelling reduced after that. But you are having backache after that. In my opinion complete recovery has not yet taken place, so I advise you to follow your doctor advise. You can take additional analgesics such as diclofenac for backache if not prescribe earlier. You can discuss with your treating Doctor about it. I do hope that you have found something helpful. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care.

My name is Hasan Sheikh .My nephew have face problem due to Albumin. Sir, I want to know about solution of this disease & what it is. which foods is increase protein level.

Thank you.

Hi . Thank you for your query. If you mean that album is elevated in his urine then this is MST commonly caused by certain kidney disorders and further kidney function evaluation should be done. Food isn't usually related to it, and he should just avoid meat till the right diagnosis is established. If he hasn't any other symptoms then this shouldn't worry you. Wish you good health.

from last night i am suffering from allergy due to sweat as excessive increase in tempature at my place .there are red patches all over my back and neck. I have been precribed oxflorem-200 fluconazole -150 mg omeprazole domperid decdan cetirizine hydrochloride . Is these medicine adequate ? kindly give suggestions

Has you are having allergic symptoms, having red patches with sweating and itching, the treatment you are taking is good, but I want to suggest you to take a deforming treatment also(Albendazole 400) at night once in a fortnight along with treatment you are taking i.e. fluconazole, omeprazole with risperidone, Dexamethasone in reducing doses and cetirizine or levocetirizine for 7-10 days regularly, if there is no secondary infection present than avoid antibiotics as far as possible and keep . I hope you will be benefited by my suggestions. Good luck and take care.

Have warts in my genital long back i treated with podawart but its irritating so i didnt completed full treatment -wat can i do? Any other better cream are available than podawart in market .? Then scars are there in my glan pennis because of podawart and how to remove the scars

HHuman Papillomavirus (HPV) affects only the skin, and it will be localized to the wart. Once the wart is cleared by topical application of cream you will become free from infection. It is transmitted to your partner, if you indulge in unprotected sexual activity during the presence of lesion. Once the wart is cleared by the topical medicines you can have normal sexual activity, and you will be non-infectious.5% McQuade cream is available in the . Before application of this cream you need to apply Vaseline over the wart, and then you have to apply the McQuade cream.Meanwhile you have to boost up your immunity which helps to clear your wart. To boost the immunity you need to take orally capsule Lincoln, daily for 30 days. Thank you.

Input	Output
<p>i am 26 years old male and have a habbit of masturbating prone.and i have been masturbating from a long period of time and due to this my foreskin has become swollen and very loose and its ageing. what should i do.will it recovers by its own .plz suggest wht should i do.Thanks</p>	<p>In short: Rough handling can cause minute tears/bruises which can cause swelling. Explanation: As you told you masturbate in prone position, friction between you and bed cause . Sometimes if you don't pull back you back foreskin after retracting can cause this swelling. So it's better to always wash your glans and prepuce after masturbation and peeing to prevent any infection. And do not forget to pull back your foreskin after your masturbation or sex. Hope this will solve your problem. Good luck</p>
<p>I am 27 year old and have a minor sleep disk problem as my doctor told me in my L5-S1 disk .I m having sitting job and i also play badminton but now feel pain specially while sitting what to do get recovered from and also to continue my badminton practise.</p>	<p>Hello,First, I need to see your MRI report so that exact amount of problem due to disc prolapse can be assessed. Disc prolapse without nerve root compression can be managed conservatively with physiotherapy and rest and modifications in daily routine activities. Avoid forward bending and weight lifting. Back extension and back strengthening exercises helps lot in back pain relief. Visit to an orthopedic spine surgeon is recommended. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>I am 32 years old 5ft11 and weigh 90 kg.I am gyming from quite some time(5 Day s a Week) and my instructor has suggested me to take EvionCelinB complex & Maxepa tablets Daily One Tab. Aslo Suggested to Eat 7 Eggs in a Day. Is it safe to use them on daily basis? and is these any Side Effect of Eating 7/8 Eggs in a Day ? Regards NS</p>	<p>Hi, Evion, Colin, B complex and Maxima tablets, daily one can be taken. Being vitamin supplements, they do not cause any adverse effects. Raw eggs all have the same benefits as cooked eggs. However, protein absorption is lower from raw eggs, and the uptake of biotin may be prevented. Most concerning is the small risk of raw eggs contaminated with bacteria leading to Salmonella infection. Buying pasteurized eggs will lower your risk of infection. Raw or cooked eggs can be consumed. In case of more than 3 eggs, boiled egg white can be consumed. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>i am in complte state of shock as yesterday only i came to know thea i have hapetites b postive my famly phiscian advsed me to see gasto specialist immediately i am a 24 year old working professional and lives in mumbai having made an intensive search about the hapetites b in the interet i know that it cant be fully cured and the cost of treatment in allopathy is almost unaffordable for me which also has lot of side effects i have come to know about the drug namedvirohep could u please advise me what should i do now its jst the beginning of my career and i have caught this deadly virus which is goin to remain with me forever.pls help</p>	<p>Hi Please don't panic, I can understand your apprehension, Hepatitis B virus, if you have gained it, then first please get your family members checked (if it is negative for them, then ask them to get vaccinated immediately, available everywhere, but anyone of them is positive, they should go about the same way as I'm going to tell for you), first please consult a Gastroenterologist, so that few tests are done to see if the infection is active or not, if the viral load is high or not and the to check for the liver status, not all Hepatitis B virus positive patients require treatment, evaluation is a must, and once you know if your disease is active and your viral load high, then you will be started on treatment (treatment at affordable prices are available, and Govt also supplies medication for this-please consult), but if you have inactive disease with undetectable viral load, then you will just</p>

be on regular follow up to see if the virus is present/ not present, active/ not active and if the viral load increased, so please don't panic, (Hepatitis B spreads through sexual contact - please be careful until your doctor says), Hope I could help you. Thank you.

i am masturbating last 4 years . I do usually 2 or 3 times in a week . Now i am feeling that my concentration and memory power is gone away .nothing is remembered after reading . What to do now sir . Please help me sir . I am losing my career .amit india

Hi, I read your query and do understand your concerns. Since you have mentioned masturbation, it seems that you feel your symptoms are due to masturbation. Let me clear some misconceptions first. Masturbation is a completely normal physiological process. Once a person becomes sexually mature, semen production starts which is a continuous process. A person either has sex, or masturbates and has night falls. Masturbation doesn't lead to any physical or mental health problems. It also doesn't cause any problem with sexual performance, and potency. So you can masturbate without worrying too much. That brings us to the symptoms of impaired concentration and memory. It might be the result of anxiety and being preoccupied too much about certain things. I would suggest you consult a psychiatrist for detailed evaluation. Treatment with medications like sertraline or Escitalopram might help you with your symptoms. Hope this information was helpful. Best wishes.

i am Thomas 26 years old and newly married. Now a days i experience some problems with my sexual life.during sexual contact i don't get ejected.erection is happening at the beginning but after about 20 min it gets tired and not possible for ejaculations.

Hormonal imbalances like low testosterone
2. Poor nutrition
3. Stress and anxiety
4. Hostile environment for sexing
In my opinion you should try to rule out these possibilities one by one like spend more time in foreplay make a conducive environment for sex take too much stress and don't fear about performance anxiety avoid smoking and alcohol have good balanced diet with multivitamin supplements Hope this helps you please feel free to ask for more clarification I will be happy to help you regards

i have query about my father..his report shows MULTIPLE LIVER METASTASIS CHOLELITHIASIS MILD HEPATOMEGALY WITH Gr. I HEPATIC STEATOSIS & GRADE I PROSTATOMEGALY WITH INSIGNIFICANT PVRU. what's the meaning of this sir. please help me & tell me the meaning of this that what the real condition of my father

Hi, I have gone through your question. Your father has multiple cancer spread in liver with fatty change in liver. He may have some cancer in his abdomen. He should go for CT scan and tumor marker study to search the primary cancer. Then he should take treatment accordingly. He also has enlarged prostate. It is common in old male. It is mostly due to benign prostatic hyperplasia. He can take alpha blocker like prazosin and finasteride for that. Check PSA level regularly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

i m 19 years old boy and i am too much thin also. and i m doing handjob daily so i am getting more and more week and i can not resist myself doing this i tried a lot then max 2-3 days i can resist but after that i again do job and feel guilty very much after ejaculation. and it actually happens by watching porn or any other bad videos usually it starts with simple videos and then it gradually starts and at last until i got ejaculation i cant stop watching bad videos. plz kindly tell me the perfect cure. i m in great depression and losing my weight also . since i m 19 yrs old still i m of 45 kg weight only.

Hi You are 19 years, and you will be a student. Masturbation is not actually bad or unhealthy if it is done in moderation. You can masturbate three times a week. It becomes stressful if you do it daily

and habitual if you are unable to do it without having stress or anxiety issues. In your case, you are addicted to masturbation. It is a behavior addiction, and you will need behavior therapy to overcome this. Hope I have answered your query. Let me know if I can assist you further.

m a 24 yr old girl and m suffering from hair loss since last 2 years i went to doc and he suggested me minoxidil topical solution usp 5% along with kevon stay on lotion . i use th solution twice daily 1ml every time since one week i have been using but no results found even m lossing more hairs . and i have irregular menstruation problem too. so plz help me out frm tis problem.

Hello dear, Since you are giving history of hair fall with irregular menses, you will need a hormonal workup to rule out any hormonal imbalance. If it is found then you will need treatment for the same. Minoxidil increases hair fall initially as it causes the non growing hair to fall out and new hair to grow from the same hair root. You will have to continue with it and should see new hair growth in 3-4 months time.

my baby is 4 years old having teeth cavities . Front teeth are black and half broken . I am scared about the next coming teeth Will they be ok or any problem occur? Please suggest me to do some cure so that the next coming teeth will come without any problems and sometimes she also suffers from a severe pain.

Hthank you for consulting with us. As you have mentioned that your child is having cavities in deciduous teeth (milk teeth) and you don't want her permanent tooth to get cavities than first thing you should do is get the cavities removed and get the tooth restored as the infection can spread from deciduous tooth to permanent tooth. After that you should ask her to brush her teeth twice daily, and also prefer not to eat too much of snacks between the meals, if she feels like then she can take just after the meals. It will help her to maintain her pH of oral cavity.

my father is admitted for jaundice. His bilirubin level was initially 4 and in a span of approx 15 days has increased to 22 which is progressive. He has water retention in stomach cavity. Endoscopy has come clear. Request your guidance and opinion. Thanks nikhil

Hi there, Your father is probably having a chronic liver disease which got decompensated leading to fluid retention in the body. He needs in patient treatment during the initial phase. Some causes include alcohol intake for a long time, hepatitis B and C infection. He needs to quit alcohol if he has been consuming it. He needs to get tested for Hepatitis B and C infection. His fluid accumulation in the abdomen called ascites has to be aspirated and examined to rule out infection and other causes of ascites. His kidney function should be tested to see whether kidneys are functioning well. He needs to restrict salt in his diet and take diuretic medications which will clear the excess fluid through kidneys. Take him to a hospital for this early phase treatment. Is this answer helpful?

my name is tulika sinha and i m 31 years old .recently i know that i m asthmatic and that is from for few months about 7 months . my symtom is continuos sneezing continuos coughing or a sometime a midnight it was occured. sometime i felt that my heart beating very fast . i m feeling very weak during this and sometime my nose is itching much and feeling feveres. sometime i feel a pain in a chest and become very irritating by nature not feeling good . so sir plz tell me what i have to do and how get rid of this disease. is it asthma or chronical boomcities or a allergical asthma?

All the symptoms that you have mentioned are of allergy. Asthma is also a result of allergy. You must take your asthma medicines regularly which are normally a montelukast, an antihistaminic and inhaled steroids. You should consult a pulmonologist who will regularize your treatment and once your allergy is controlled, your symptoms will subside. Fast beating of heart could be because of the disease or even because of medicines. However, you may consult a cardiologist to rule out any heart ailment.

<p>My son (2.5yrs) was treated for WALRI 2 weeks back .I want to know the causes for the diseases and whether it is a lifetime or cured permanently ?Foods that need to be given and the ones to be avoided ?Can he play like a normal chid in any climate esp during rainy season and winter ?Please</p> <p>Note : Soon after his birth he was treated for MECONIUM in NICU . is this responsible in anyways</p> <p>?Please help me out.</p>	<p>This is an allergic condition and the kids usually grow out of the symptoms. Allergy can only be controlled but not cured.2. No foods need to avoid. This is not food allergy.3. He can play like any other normal kid - provided based on his symptoms he might be required to be administered inhaled corticosteroids.4. Meconium aspiration kids are known to have some hyper reactive airways like here, but there are other reasons like family history of asthma or atop or allergy etc.</p> <p>Regards -</p>
<p>Thank you in advance Sir my mother is facing a severe pain in her knees and in most of the parts and joints of her below the waist part and also in her shoulders wrist . A doctor confirmed it is as RA .She is taking the medication from a homeopathy doctor for the last one year but after many days she is not feeling good and now she is complaining like she got pain in her back and in waist . So could you tell me what should I do now and could you please suggest me a best doctor for this problem. Sir I am from Hyderabad . And please email me the reply to YYYY@YYYY Thank you so much sir</p>	<p>Dear friend please take your mother to a rheumatologist and get her treated properly. Pardon me for my prejudice, but homeopathy is certainly not the solution and if someone has claimed it you have the result in front of your own eyes, there are very effective medications available in our poor branch of modern medicine called allopatry, but please give it a try. Also let me warn you at the onset that RA if confirmed cannot be cured it can be kept under check and life quality can be improved.</p>
<p>we have unprotected sex on 15th apr night 16th morning and night my last period date was on 5th apr kindly advice can i go for ipill as i have taken the same before 2 months ago and felt lower abdominal pain for a long tym or should i wait for my nex period</p>	<p>Hello misunderstand your concerns think you have to take the pill to prevent the unwanted pregnancy as you did sex around the time of ovulation as sperm live in the female genital tract for the 4-5 days. So I advise you take I pill, You can also take postinor-2 or unwanted 72. You should to take as early as possible after sex or with in 72 hours after the sex. If you have pain then take analgesic like metal spas. . Period may be delayed or earlier after taking pill. Hope this may help noncontact further for any health issue. Best regards</p>
<p>What are the recovery chance for the electrolude brain hypoxic (brain cells dead) but still he is chewing food no tycosmy no food pipe but his bosity is stiffed he is nt able to sit standup own eating food urine : please give me a best way to save his life (20 yrs old)</p>	<p>Oxygen supplementation2. Maintaining hypothermia in body3. Tab Paracetamol has some controversial beneficial role in hypoxic brain injury. The prognosis is depended on duration of hypoxia and extent of brain tissue damage.</p>
<p>I have a question sir . Sometime inside my penis I found some white particles. Like skin out ho rahi hai. and last night after hard itching today morning I saw the red spots inside my penis like kuch chil sa gaya ho. In past I used cadid cream inside my penis then problem solved for some time but now problem regenerated. may b its a eczema problem. please tel the solution. Thank you.</p>	<p>Hello I share your concern, I will try to help you out in the best possible way. Looking at your description this could be STI or infected ulcer may be due to trauma during masturbation or an allergic reaction. I would like further information help you better relevant medical history like</p>

metabolic disease or hormonal disorderly recent exposure to unprotected sex? You should ask your doctor for few investigations to confirm the diagnosis like Urine culture and sensitivity test Blood for CBC and liver function test or urine test are advisable if it is a chronic issue Maintain good hygiene Wash and clean it with antiseptic solution or soapbox can apply antiseptic ointment externally. Use condom during sex if you are sexually active Hope this answers your question please feel free to ask for more clarification Thanks and regards

I am 20yr age having severe dust allergy problem if this problem I could not sleep in night this problem results to wheezing in night time. I could not breathing easily so please give some remedy for this problem. Thus problem I could not concentrating my sports.

I usually prescribe my such patients regular montelukast and levocetirizine. Furthermore, I also prescribe them albuterol inhaler to be used on as-and-when-needed basis for wheezing. If frequency of your symptoms is more, I would also add regular inhaled corticosteroids to your regular medicines at present.2. I would also suggest you allergy testing for common airborne substances such as house dust mites, molds, pollen, insect proteins, animal dander, etc. This will help you identify the substances causing allergies to you as well as to know measures to avoid them.3. Based on allergy testing, an Allergist-Immunologist may prescribe you allergen specific immunotherapy which works on immune system to gradually improve your allergies.4. In general, I would suggest you to avoid exposure to dusts, smokes and air pollution as much as possible.5. Regular breathing exercises and healthy diet rich in vitamins & minerals would also help you in a long run by improving your lung capacity and immunity respectively.6. As you have difficulty in sports, I would also suggest you to use albuterol inhaler 15-20 minute before sports activity which will prevent exercise-induced wheezing. Hope above suggestions will be helpful to you. Should you have nay further query, please feel free to ask at . Wish you the best of the health ahead. Thank you & Regards.

I am nehasuffering from coughing that last for more than 8 days and found breathlessness on exertion the cough is dry but i can feel irritation in my Respiratory tract and blood report shows raised ESR (42mm/hr)sir please let me know if i am suffering from upper respiratory tract infection and can i take any antibiotic for it ?

Raised ESR (erythrocyte sedimentation rate) is suggestive of inflammation in the body. You are also having cough, irritation in airways with breathlessness on exertion. These are seen mostly with bronchitis (inflammation of airways). So possibility of bronchitis is more in your case. So better to consult pulmonologist and get done clinical examination of respiratory system and PFT (pulmonary function test). PFT will also tell you about severity of the disease and treatment is based on severity only. You will need antibiotic, inhaled bronchodilator and inhaled corticosteroids (ICS). Don't take treatment by your own. First diagnose yourself and then start appropriate treatment. Don't worry, you will be alright. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

i have lower back pain on right side since last 2 years . i have used body building supplement (protin powder)after that i have got this pain . i have done many treatments like . kidney stone urine infection . can u tell me what the matter is .

Dear patient Considering your history chances of kidney stone is high since you have past history of infection and kidney stone. Single sided back pain is mostly due to renal stone. Also, protein intake increases chances of stone. So I would advise radiograph of lumbosacral spine anteroposterior and lateral which will show radio opaque stone clearly. Ultrasound of abdomen is also advised to confirm position and size of stone. Please consult expert urologist with report. All the best.

Input	Output
<p>in a recent blood test my eosinophil count was 9 Hb 13.9 Wbc 5600 Lymphocytes 55 Basophyl 1 Monocytes 2 Doctor told me i am suffering from relative eosinophilia and llymphocytosis Please suggest is there anything serious in my condition and probable ttreatemen. Thank you sir</p>	<p>Hello and Increased number of eosinophils can occur in one of the following conditions: Allergy/Parasitic infections tropical eosinophilic, hyper-eosinophilic syn . The cause of eosinophilic has to be found out, and its treatment has to be planned. High number of lymphocytes can occur in viral infections and chronic inflammatory conditions. Thus, a clinical assessment is required to look of the above-mentioned conditions. Thanks and take care</p>
<p>me nd my family is very much distrub with my father.becuz he always want to kill my mom .nd he beat her and thought that she having wid his brotherfather in low infact wid her son so pls help me.wat i have to do.nd is he will be fine or not</p>	<p>Degree understand your concerns went through your details. I suggest you not to worry much. The description you gave here is not enough to come to a correct diagnosis. From the description, it can be understood that your father has paranoid personality and aggressiveness. We need to know why this happened? Do he ? Or Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe some psychotherapy techniques which should help you cure your fathers condition further. Hope this answers your query. Available for further clarifications. Good luck.</p>
<p>my brother is suffering from lack of self confidence after he was treated for paranoid disorder with sizodone plus and then with zisper ls for a few months.now for last 5 days he is fearing that someone will ask him something but he will not be able to answer.He is always anxious for the said thought.the docor has prescribed sizodone 2m and serata100m.my question is will he be alright soon?</p>	<p>Hello . Thanks for your query. This brief description of your brothers' problem is insufficient to make a definitive diagnosis. You have only mentioned some anxiety symptoms but his previous diagnosis and treatment seem to be corresponding to a psychotic disorder. The medication which he has been prescribed is also a combination of an anti-psychotic (soon) and an anti-depressant (Serra). So, I would advise you to discuss and clarify his diagnosis with his psychiatrist. Most psychiatric disorders, especially, psychotic disorders require regular and long term treatment. Often it is only possible to control the illness and not cure it altogether. So, please advise him to take medication regularly and go for periodic follow-ups. Wish you all the best.</p>
<p>my wife is having pani in her back as well as both legs.the pain is acute.we consult a othopedic docwho said thai she is havin sciatic nerve pain and ask me to consult neurologist.now she is taking gabapentin with vit b complex but pain is syill there.</p>	<p>Dear, I have gone through your question and Consider to use for her sciatica also NSAIDs as needed: Naproxen (Naproxen) 500 mg initially, followed by 250 mg every 6 to 8 hours. Please don't forget to give your valuable feedback and five-star rating, to help me assist you in a better way. Click at I Find This Answer Helpful too. Please, write a review about your experience with me.</p>
<p>SEMEN Colour Opaque greySEMEN Collection to Processing Time 60 minutesSEMEN Total Volume 3.0 mlSEMEN Liquefaction Time SEMEN Reaction AlkalineSEMEN Total sperm count 82 Million/cmm 60 - 150SEMEN Actively motile 45.0 %SEMEN Sluggish motile 25.0 %SEMEN Non motile 30.0 %SEMEN Normal Forms 50.0 %SEMEN Pus cells 8 - 10 /hpfSEMEN RBCs 1 - 2 /hpfSEMEN Epithelial cells 3 - 5 /hpfSEMEN Fructose Positivethe above is the report of my semen analysis .kindly guide if any issues need to be medicated .</p>	<p>HelloColor, processing time, volume, liquefaction time (processing time), reaction, total sperm</p>

counts, all these are within normal range. Motility should 100 % normal, forms 50 % normal, pus cells present (you should take treatment for this) RBC, normal. Epithelial cells normal, fructose normal. Normal fertility is associated with sperm counts .48 million /CMM (in your case it is 80 million, so absolutely normal)with motility >63% with 13 % exhibiting normal morphology (normal in your case). In this case of semen analysis motility is somewhat lower than normal (but your wife can get pregnancy with this motility). Still, if long time passed for conception (trying for pregnancy) then consult INFERTILITY specialist and get his opinion. Good luck

. I am 22year old male and I am taking salmeterol and fluticasone for inhalation as per the treatment of bronchial asthma. I am taking these drugs since I was 5 yrs old. As I grew I noticed my face has become little round, broad chest, heavy neck and I even gained weight . It might be due to the steroids I consume. What should I do about this problem. I take the medicine in every 2-3 days. Is there any less harmful replacement available?? Plz do reply. Thank you!

Ask your doctor to make the least possible dose of Fluticasone component in your inhaler then you continue for 2-3 months with the same component twice or thrice weekly. Once you noticed no episodes occur during that period gradually that combination or simple Salin can be given as a when required. 2. As you are steroid dependent now it will take time actually to taper the dose. 3. If you have seasonal asthma then you can start inhaler one month prior to season regularly. 4. Regular breathing exercise and yoga will help to reduce the incidence of acute attacks. Thank you. Have a nice day.

. I am Rohit ,i am about 18 year my height is 5 foot 5 inch and weight is 44kg . i have lot of problem . (.my sperm is leaking 4 to 5 times in a week i have this problem from 1 year . (2). having habit of hand-pump to get enjoy the sex feeling but after sperm leakage i feel very bad and aggressive on yourself .(3)my sperm leak in night. (4)sometime my stool is oily. kindly help me how i solve this problem.have a nice day sir

Nocturnal emissions2. Medication side effects3. Prostate problems4. Nerve injury Please consult your doctor, he will examine and check for it then treat you accordingly. Hope I have answered your query. Let me know if I can assist you further. Take care.

. i had hematocele on my scrotum before two months i had surgery. yesterday i went to hair specialist and he gave FOLLIGROW and FINABALD i heard that finabald has side effects on reproduction problems.iam so scared about this ,what to do now .

Hi, Final is commonly prescribed to treat baldness in males. It acts by preventing the formation of active male sex hormone. Its common side effects include headache, weight gain, abdominal pain, and swelling of the face and lips. Other side effects include decreased interest in sexual intercourse, inability to have or keep an erection loss in sexual ability, desire, . Ask your doctor for an alternate effective but a safer medicine for hair loss. Hope I have answered your query. Let me know if I can assist you further. Take care

. I have mild enlarged mesenteric nodes with displaced ileal loops on right flank. I have mtb detected in uterus. My medicine are T maxcoz zh kid. I want to ask is this the right tablet for this disease ? My age is 30 pls answer thank you

Hi I understand your health concern, I suggest you that the treatment is right but kid word at the end of . So I don't know whether you are kid or not. So kindly check this thing with your doctor so that my help for you can be worthy. I will be happy to answer all your future concern. Thank you, Infectious disease specialist. Wish you the best health at .

. I m suffering from vomiting via dry cough with shortness of breath now. It was all start about a month ago. I was suffering from viral fever than this happen after 4-5 days. All the test reports are

<p>negative like ultrasound, x ray, blood test, amylase , ESB, sgot/sgpt , fbs etc. I had taken med. Like dompan , montair lc, augmentin, ciplox tz, pan-d, lupitus, sparacid etc. From todays on I m going to take ulicikit and zofer md-4 mg . I don t know weather they work or not.if they don t work my doc said u should admit and then he will do endoscopy. What should I do ??</p>	<p>Avoid hot and spicy food. 2. Avoid stress and tension. 3. Avoid large meals, instead take frequent small meals. 4. Go for walk after meals. 5. Keep 2 - 3 pillows under head in bed to prevent reflux. 6. Avoid alcohol and smoking, if you have these habits. 7. Lose weight if you are obese. Don't worry, you will be alright.</p>
<p>. my sister age 23 married suffering from lower back pain . i have taken the X-ray from the hospital and the Impression is shown in that is Loss of normal curvature of the spine - mostly due to para-spinal muscle spasm . Sir plz tell me is it so serious and what treatment should be given to this disease.?</p>	<p>Hi. According to your X-ray report it looks like the right diagnosis, as age is 23 years only. In this age loss of normal curvature is not decorative process, so don't worry. Due to heavy exercise or weight lifting para spinal muscles get hurt and spasm. Just take muscle relaxant tablets like MySpace or consult your physician and take rest. If she has chronic pain for long duration then we can think for investigation like MRI spine. Thanking you.</p>
<p>. plz help me out .this is my father USG ABDOMEN report .3 things mention in the report but i can t undertsnd . 1-free fluid noted in adbomen .no pleural effusion noticed. 2-cirrhotic liver with ascitis. 3-left renal calculus . no significant calyectasis.and one more thg he s diabetic . doctor recommended these medicines liv52d/s tab lasilectone tab ursocol 150 USG ABDOMEN REPORT - Liver: is normal in size &shows coarse echopattern with irregular margains.no foca lesion is seen in the hepatic parenchyma .intrahepatic biliary channel are not dilated. Gall bladder:-is normal in site ,size,shape & wall thickness.GB lumen is normally treasonic.No definite calcuus or any definite mass lesion is observed in the GB lumen. CBD:-Is not detailed.no definite calculus is seen in CBD. SPLEEN:-Reveals normal size ,outline & parenchymal echotexture. Nofocal lesion is observed .no perispleenic collection is seen. PANCERAS:-Show normal size,shape,outline and echotexture .no focal mass lesion or any classification is observed in pancreatic parenchyma .main pancreatic duct is not dilated. KIDNEY:-Both kidneys shows normal site,size ,shape ,cortical thickness and corticomedullary differentiation .LEFT KIDNEY SHOWS A 5-6MMS CALCULUS IN ITS LOWER POLE. NO DEFINITE FOCAL MASS OR ANY BACKPRESSURE CHANGE IS OBSERVED IN THE KIDNEYS. URINARY BLADDER:-Show nrmal contour &wall thickness no intravesical mass or calculus is seen.lower ureers are not dilated. PROSTATE:-Measure normal size and in size and in weight .prostatic parenchyma is uniformly normal.median lobe is not enlarged.no breech is seen in prostatic capsule. no significant retroperitoneal lymphadenopathy is observed. FREE FLUID NOTED IN ABDOMEN.NO PLEURAL EFFUSION NOTICED. IMPRESSION:-*cirrhotic liver with ascitis. left renal calculus.no significant calyectasis. plz sir tellme is it any danger in report .and how his liver working properly . and things</p>	<p>The major concern with this ultrasound is the cirrhotic liver with ascites. When the liver is badly damaged with scarring (cirrhosis), it doesn't work very well. Blood flowing through the scarred liver gets backed up and creates high pressure in the liver, which in turn results in fluid leaking in to the abdomen (ascites). Unfortunately, cirrhosis with ascites may be an indication that his liver is starting to fail. The kidney shows that a stone is present, but that does not seem to be causing any problems. No other findings are of significance. What needs to be done now is to take a sample of the ascites fluid and determine if it is truly related to the liver cirrhosis or something else. Liver disease is the most common cause of ascites, but other conditions may cause it as well, and treatment may differ. Further investigation of the liver status may also be needed, such as a biopsy.</p>

Usually the spleen is enlarged when ascites develops with a cirrhotic liver, and his spleen is normal, so perhaps another more treatable condition is present. Liver failure from cirrhosis is the worst case scenario. Further evaluation should help define his situation better. Hope this helps.

.I have very less facial hair.I consulted an endocrinologist and got the testosterone level tested .According to that it was normal.I am 25 now and still lack thick beard and moustache as other men do.can you please suggest me a remedy for this ??

Hello dear, I read and understand your concern. Bear and mustache depends on two factors one is testosterone and second is hereditary. Some people due to this factor receives late hairs. You are also in same category I think. They receive the late hair growths. But this condition is not abnormal. You can wait for some times to hair to grow. There are some cases where people receive a bear at 30 years. Minoxidil is the antihypertensive . In some cases alcohol preparation of the minoxidil is tried and has grown some hairs. You can try its topical preparation under your doctors' guidance. I will be happy to answer your further concern on

.m AAAAA .and m married 2 yrs past.i ve a problem that low sperm count .it was 14million.before met the doctor.and taken spemen tab.for 3 month.then the count was 56 million.but now its slowly reduce its self.4month before 38mil after 30mil.but now only 5million.m still taking medical as for doctor addvice.can u plz tell me any sollution please

HelloThanks for your query, based on the facts that you have posted it appears that you have what is called as Azoospermia. And your sperm count is fluctuating over a period of last four months. Truly speaking there are no medicines that can increase sperm count however Following measure will help you to increase sperm count . Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. Repeat semen analysis after three months under ideal circumstances (After abstinence for 3 days). .

/Madam My wife is suffering from hair falling in large quantities (in front of forehead) to previous two months as she is taking her IVF treatment so tell me what should she go to her in treatment to Allopathy or Homeopathic treatment. Or Ayurved .

As you are undergoing IVF treatment which causes hormonal changes/ disruption leading to hair fall, but it should grow back once hormones are stable, also the so-called female pattern hair loss due to this hormonal changes during IVF and the stress associated with it can also contribute or work as provoking/aggravating factor(s) for hair fall/thinning. 2. Thus, initially in combination with your attending Physician, hair specialist, and relevant blood examination one can establish the cause of hair fall and whether it can be treated medically or not, till then - Soap nut and Sakai along with Bhangra and Feeling oil act as a natural conditioner, you can use it safely.- Apple, almond, banana, broccoli, cantaloupe, melon, carrot, cashew nut, corn, cauliflower, grapes, guava, lemon, mango, orange, pineapple, soybean, spinach have antioxidant properties so take them in plenty.- Vitamin B1 and B2, Omega-6 and Zinc, magnesium, biotin should be a part of regular vitamin intake, apple cider vinegar, Olive Oil or Coconut Oil, raw aloe vera juice applied directly to the scalp. Hope I have answered your query. Let me know if I can assist you further.

1 month ago i bleached my face and facial also. at that time my skin was glowing but after one week my skin get darker and certainly a line appeared on my nose also. 10 days ago i started using melacare cream but there is mild skin rashes on my face and also my face is not much lighten . plz help me what should i do??

Hi I had gone through your query and understand your concerns. I would come up with the possibility of ALLERGIC DERMATITIS may be the cause for your sufferings.-bleaching to the face

may be the predisposing factor. Treatment option I advise you taking Homeopatedicines gives safe and permanent cure for your complaints' homeopathy treat the cause (allergy) of your complaints and gives permanent cure without recurrence. Consult your local homeopathic physician for correct diagnosis of the case and remedy to fit your complaints I hope this is helpful for you, thank you

20 male,i hve been suffering from involuntary semen coming without any arousal 24 hrs in regular intervals from last 5 days,i do 2-3 times masturbation daily,is this the reason for leakage,i? i hve becomeweak physically and mentally,give me a remedy pls

Degree understand your concerns went through your details. You do not have to worry about it. Semen will be produced whenever you are sexually aroused. Such produced semen is stored inside your body. It will be ejaculated when you masturbate. Residual semen will be removed through the process of leakage through your penis. You can stop it only if you stop sexual arousal but sexual arousal is involuntary. I mean, you cannot stop the given process. I also assure you, such leakage is not at all unhealthy. Furthermore, I also suggest you to reduce the masturbation frequency to once in a day. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

6 years back I went to a doctor to clean my tooth s but he used a sharp device to clean my tooth s and he strained my gums. I never paid attention to that because I was very young at that age but now i feel so embarrassed when people say your tooth are dirty. Please let me know is there any solution to get my gums back and how much it cost.

APPARENTLY there is no way that gums can get any stain from cleaning procedure. The sharp device used is the ultrasonic scale which uses vibrations and water to clean teeth and gums. That reason you are seeing your gums dirty is the gap of 6 years you did NT have the cleaning done again. Go to the dentist and get the cleaning done. Scaling will remove all the plaque and calculus from teeth and gums, and you will feel much more clean, confident and healthy. Take care.

A 35-year-old woman who was recently ill with an upper respiratory infection presents to the emergency department with weakness in her lower limbs and difficulty breathing. Her symptoms began with a burning sensation in her toes along with numbness. She claims that the weakness has been getting worse over the last few days and now involving her arms and face. Currently, she is unable to get up from the chair without some assistance. Her temperature is 37.0Â°C (98.6Â°F), the blood pressure is 145/89 mm Hg, the heart rate is 99/min, the respiratory rate is 12/min, and the oxygen saturation is 95% on room air. On physical examination, she has diminished breath sounds on auscultation of bilateral lung fields with noticeably poor inspiratory effort. Palpation of the lower abdomen reveals a palpable bladder. Strength is 3 out of 5 symmetrically in the lower extremities bilaterally. The sensation is intact. What is the most likely diagnosis?

Guillain-BarrÃ© syndrome

A 43-year-old woman was admitted to the hospital for anticoagulation following a pulmonary embolism. She was found to have a deep venous thrombosis on further workup after a long plane ride coming back from visiting China. She denies any personal history of blood clots in her past, but she says that her mother has also had to be treated for pulmonary embolism in the recent past. Her past medical history is significant for preeclampsia, hypertension, polycystic ovarian syndrome, and hypercholesterolemia. She currently smokes 1 pack of cigarettes per day, drinks a glass of wine per day, and she currently denies any illicit drug use. The vital signs include: temperature 36.7Â°C (98.0Â°F), blood pressure 126/74 mm Hg, heart rate 111/min, and respiratory rate 23/min. On physical examination, her pulses are bounding and complexion is pale, but breath sounds remain

clear. Oxygen saturation was initially 81% on room air, with a new oxygen requirement of 8 L by face mask. On day 6 of combined heparin and warfarin anticoagulation, her platelet count decreases from 182,000/mcL to 63,000/mcL. Her international normalized ratio (INR) is not yet therapeutic. What is the next best step in therapy?	
	Discontinue heparin and warfarin

Input	Output
<p>a dog had bitten me on my leg I washed the wound with water nd applied dettol on it the incident happened in the year 2001 but i had five rabies shots in 2006 am i safe now is there any need of any medicine i am in depression as any body told me that a person died of a dog bite what should i do</p>	<p>I appreciate your worry, it is all depends upon the dog there are some concrete conditions first, the dog should not be female, the dog must not have rabies infection, dog should not die after the bite, if these are the conditions then you should not worry, and I hope this was not the case, you have already received the dosage, maybe you have taken inadequate dose, still do not worry, hope this information helps you, take care and have good time.</p>
<p>A stray puppy i adopted him I vaccinated only distemper and parvo vaccine not rabies vaccine.vet has given 25 day due date for rabies vaccine. puppy is around 3 to 5 months scratched me on my leg when he was exited .i went to doctor after 3 to 4 days . The doctor gave me tt injection and anti rabies vaccine.After 2 days puppy jumped at me bit me in stomach with teeth the wound is not deep only nip mark No blood flow. Do I need another anti rabies vaccine.? Help me I m in confusion.</p>	<p>Wash the wound thoroughly with soap and water.2. Active immunization with anti rabies vaccine on days 0,3,7,14 and 28.3. Inj TT, 0.5 ml, IM4. A course of Antibiotics like Tab Augmenting, twice daily for 5 days. As you have been given In TT and started anti rabies vaccine continue the same. Thank you.</p>
<p>a urine routine microscopic report showing color-yellow transparency- turbid pus cells-10-12 albumin-++ RBC s- 1-2 cast-granular cast++ crystal- calcium oxalate++ epithelial cells-2-4++ usg whole abdomen showing kidneys are normal in shape and size cortical thickness is less than normal and irregular parenchymal echoes are coarse corticomedullary junction is ill defined calyceal pattern is bright urinary bladder : lumen is normal, wall thicker prostate is enlarged in size 44gm(15gm) so can u plz tell me what does this actually indicates about? i will b very thankful to u.</p>	<p>HI. FROM YOUR DESCRIPTION ITS EMS YOU ARE SUFFERING FROM PYELONEPHRITIS, A CONDITION IN WHICH THERE IS INFECTION IN KIDNEYS. U NEED TO UNDERGO CERTAIN TESTS INCLUDING TESTS FOR DIABETES AND KIDNEY FUNCTION AND URINE CULTURE. ENLARGEMENT OF PROSTATE IS USUALLY SEEN IN OLD AGE, CONDITION KNOWN AS BENIGN HYPERTROPHY OF PROSTATE, IF YOU ARE SUFFERING FROM URINARY SYMPTOMS LIKE FREQUENT URINATION, . INFECTION IN KIDNEYS CAN BE AS A RESULT OF PROSTATE ENLARGEMENT CAUSING OBSTRUCTION OF URINE</p>
<p>actually I am suffering from androphobia(fear of men).now i am in very extrem level of this phobia i feel that all boys are hate me and bad rumour like i am very bad charecter girl is spread all over the villege .i am suffering from this phobia since 12-13 year ago.i am really get very distrub,frustrated .i want to get suiside.please help me sir.i never forget your help.please help me sir</p>	<p>Hello . Thanks for your query. I understand that you are going through a lot of suffering due to your problems. Now, the first thing I would advise you to do is to consult a psychiatrist for a detailed psychological evaluation. Once this is done, then the appropriate treatment can be started. There are effective treatment options - in the form of medication and psychotherapy, which will help you overcome your problems. So, please consult a psychiatrist for further evaluation and treatment. Wish you all the best.</p>
<p>Actually Ive a problem with my heart its like a abnormal heartbeat problem but its not persistent &</p>	

happens in the midnight! All of sudden my heartbeat raised, palms are sweaty, shortening in breathing, body gets cold etc! My ECG reports are normal! Please help me! Thanks.

I really appreciate your concern, if the irregular heart rhythm being suspected then it can only be confirmed or ruled out with the help of EKG and as you have stated here that the EKG is normal one then it may not be the irregular heart beat, of course you might be experiencing same like that, but it may not be the irregular heart beat, but it could be due to some anxiety and depression, hope this information helps.

actually m having 4 wisdom tooths n dentist has told me to take NOVACLOX LB for pain but wenever i took it my stomach gets upset .can u tell me hw to avoid dis un bearable pain widout taking dis medicine or some alternative medicine . My wisdom tooths are in their early stage n cant be treated right now . my email id is YYYY@YYYY

Hi, Thanks for asking, As your one wisdom tooth is erupting, so debris gets accumulated under the flap covering the tooth. It causes inflammation and ultimately pain. Consult a dentist for irrigation under the flap(operculum), follow antibiotic coverage. Stomach upset occurs due to antibiotic so take an antacid before antibiotic and couple metro 200 mg with it. Maintain oral hygiene and use antiseptic mouthwash. Do warm saline rinses daily for healing. Take care

actually my dad met with accident a month back and his knee were broke after that we went to a neurologist he did well from his side, but the problem is that still my dad s wound is not healing and its been a one month please that me that what would be the reason, I am so stressed

HAs the wound is not healing please check the blood sugar levels. If the blood sugar levels are high then wound healing is delayed. This is one of the factors. The other factor can be an infection. So if he is having any infection than it must be a factor too. Have a blood routine and urine routine to check this out. Based on the reports and clinical examination the required medicine for wound healing will be considered. Hope I have answered your query. Let me know if I can assist you further. Jay In .

actually the problem is with my brother-in-law . he is a man with dual personality. wth family memebers and his office staff he is diff. but wth his wife he is tatally a negative man. even though they had a love marriage. he even beats his wife sometimes and do asked her to do odd things always.

Degree understand your concerns went through your details. I suggest you not to worry much. Wrong assessment always leads to disaster. From the given symptoms, it is very difficult to diagnose. You should not try to label a person as having multiple personality disorder. He could just be a normal person with negative mind set. Any way, consulting a psychologist and undergoing a psychometric test to diagnose the psychiatric disorder should prove good for your brother-in-law. Psychotherapy techniques should suit your requirement. If you require more of my help in this aspect, Please post a direct question to me in this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

almost 2 years has passed but my wife did not pregnant, I am normal and she has a little bit problem about periods, she was treated by the doctor and now her periods are in routine, but still she is not pregnant what should we do regarding this,the last date of her starting period is 18 January.and one more question which I want to ask how many time i should have to do intercourse? thanks

Hi, I understand your concern. I would suggest your wife to get her follicular study done. By this you will come to know she is producing eggs or not and also the timing. In 30 days cycle average time of egg formation will be on 13 to 15th day. If she is normally ovulating then you can try between 12 to 16th day which is called fertile period. Daily once intercourse will be fine. As egg will

be alive for 1 day and sperm for 3 to 4 days. If she is not ovulating then ovulation inducing . You may discuss this with your doctor. Hope I have been helpful. Regards

am 19 yrs girl once am a fair gal bt nw am bcom black so plz tel me how cud i gain my losted colour? Plz reply me quickly ,can i use candid-b lotion? How it effects? Becoz of that can i suffer rashes etc? Plz reply quickly sir plz am requestng you plz plz plz

Hello. Thanks for writing to us at Tanning seems to be your main concern. UV A part of the electromagnetic spectrum is mainly responsible for tanning. Asian skin tans fairly easily because it contains a lot of melanin. Candid-B lotion contains antifungals as the active ingredients. It would be irrational to use it on face for fairness. I would say you should not use it on face. It also contains a steroid as one of its ingredients, which may do more harm than good. Rather, I would suggest you to use a broad spectrum sunscreen, that which offers both UVB and UV A protection throughout the day. A broad spectrum sunscreen should have a minimum SPF of 30 + or more. If you were one of my patients I would have suggested you a skin lightening cream e.g. containing one or more of the following ingredients like ascorbic acid, glycolic acid, albumin etc. There are various creams that contain these active ingredients and are available on prescription. Therefore, I would suggest that you seek an appointment with a dermatologist in your region. You may as well opt for a few sessions of chemical peeling from your dermatologist. Chemical peels like glycol peel, retinol peel are effective in fading away the tan. Sunprotection is an essential part of treatment of tanning or facial pigmentation. Regards

am having a pain in my toes whenever i wake up early in the morning and i step my foot on the floor or after a break when i get up from a seat i get a tickling pain in my toes.And between i also suffer from pain in my knees too.I have been diagnosed with uric acid of 7.2 last year. I eat a lot of outside food and non veg. Please suggest me

Hi . In my opinion you have a kind of gouty arthritis due to increased uric acid that was mentioned in your given history. You may use painkillers like NSAIDs like Advil tab when needed, high fluid intake, proximal or allopurinol sachets, hot gentle massaging with topical gels, B12 vitamin supplementation physiotherapy and exercising will be helpful. Try to avoid overweight, vigorous movements, high protein and salty meals, red meat, alcohol and smoking are the main goal of treatment. Please click and consider a 5-star rating with some positive feedback if the information was helpful. Wish you good health, Any further clarifications feel free to ask.

Am having severe hairfall and also having issues with prolactine hormone,its percentage is 24 .Am having dandruff and itchy scalp,am married and last two month i was taking novelon tablet so during last two month i felt hairfall was less but after stopping the tablet now the fall is huge ,,am very very tense .Please help

It seems you are suffering from Seborrhea dermatitis, which secondarily leads to hairball and thus It's important to treat it first hand. I would recommend you a short course of oral antifungal . Use a medicated shampoo containing ketoconazole and salicylic acid twice a week. Take antihistamines as required for itching. Avoid excessive use of hair oil. As for the hairball, start oral supplements containing biotin and other essential vitamins and minerals (Collinear new) once a day for at least 3 months. Hope this will take care of your query. Thank you

am male of age 25 can i take sex pills to long lasting on bed and am taking it for first time can you please suggest me which dose mg(25,50) mgs to take and when to take before sex and any side effects will occur???? or any problems will occur please suggest me thanks

Hi,First, let me begin with a caution that Viagra is approved only for the treatment of erectile dysfunction (impotence) in men. It may be taken in the dose of 25 orally once a day, as needed, 30 minutes to 2 hours before sexual activity. It can cause dyspepsia, headache, visual disturbance,

nasal block, low blood pressure and flushing. Hope I have answered your query. Let me know if I can assist you further.

Amit here. Last year on June 2009 my mother went for a slip disc surgery(L5 & L6). but still she was not feeling well, she get pain oftenly (infact daily) that starts from her lower thies till lower portion of her knees (according to her it seems like paining a veins) and moreover the portion where the surgery held (Slip disc surgery stitches) that is also getting lot of pain.I really appreciate if you could give me any advice on this.Thank you very much.Regards,Amit

Disc prolapse at adjacent level 2. Spinal instability. This needs to be investigated with MRI of lumbosacral spine with screening of whole spine to confirm diagnosis. You need to consult expert spine surgeon with report. All the best.

Anyone can answer my question? why until today (May 23,201 my period was not come? but I have done many test like pregnancy test and also serum but the result was result negative.I had unprotected sex 3 times April 20,27,28. my period was March 19,2011 and ends March 23,2011 I have no signs of pregnant but i started to confused why until now i dont have my period? what should I do to get the result if Im pregnant or not? yesterday(May, 22,201 I came to obgyne to take the serum test and the result was negative. but the obgyne said there s late development. What it is happen to me? I dont have work to get tired or to have stress beside i have plenty of time to rest that s why there s no reason to missed my period.

Hi, thanks for query. You missed period, and it is about more than 2 months since your last period.Most pregnancy test kit are very sensitive, so they pick up pregnancy very easily. Still The best and surest way to rule out pregnancy is ultrasound. This will definitely show the pregnancy and growing life inside. By this time in normal pregnancy fetal heart beating can also be seen. Please go for one to have mental peace. Then if there is no pregnancy talk to your doctor who give some tablets, and you will have your periods.

best regards. im a medical student in bangladesh of final year. my brother had a prblem right now. he has multiple matted erythema specially on chest with sever pruritus. i prefered him Fexofenadine, but improvement is not significant. should i use Imidazoles & topical steroids. pls , help me, sir. i cant able my seniors right now. thank u, sir

Multiple matted arrhythmia with pruritic can be due to urticaria (skin allergy). And in my opinion, it is better to give combination of anti-allergic (montelukast) and anti histamine (fexofenadine) instead of plain fexofenadine. You can also apply steroid cream (mometasone). In severe cases, oral steroids (prednisone) is also advisable. If he still feels itching then consult dermatologist and get done clinical examination and skin Biopsy for confirmation. Hope I have solved your query. I will be happy to help you further. Wishing good health to your brother. Thanks.

Can i get your help i am having a feeling of something stuck in my throat from last 5 months and my throat is dry as well have visited doctor quite many times but every yhing seems normal besides the vitamin B12 level and vitamin D level and have been taking them from quite some time. Please let me know what can be the reasons for the same. Also, please let me know if this is some thing serious and if these are the symptoms of throat cancer then wouldnt it had been worse in 4 months. Also i have a stiff neck as well please reply ASAP

From last 5 months, you are feeling, that something is stuck in your throat. 2nd symptom is . You yourself answered that if it would have cancer then wouldn't it had been worse. Your answer is correct. It is not cancer. You haven't mentioned your age and gender as these two are very important. Two possibilities are there,1 Hypertension, if your blood pressure is very high particularly diastolic (lower B P) than there are chances that you feel something is stuck in throat. 2 diabetes,

<p>Degenerative disc diseases at L5/S1 level. 2) Central and both paracentral disc bulge at L5/S1 Level Causing thecal sac indentation, mild spinal cannal stenosis and bilateral neural foraminal narrowing. 3) Screening of whole spine shows disc bulge a c3/4, c4/5 & c5/6 Levels causing thecal sac indentation & mild spinal canal stenosis.</p>	<p>Hi, I have read your question and understand your concerns. Let me try to help you Question :</p> <p>Suggest treatment for degenerative disc disease which is at L5/S1 Clevelander : If you have only Pain, then you can try conservative Management (Bed Rest + Physiotherapy + Tablets) for 3 weeks If you have Numbness and / or weakness, you have to go for Surgery Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Let me know if I can assist you further. Take care.</p>
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<p>DOCTOR HAD SUGGESTED ME YOUR CREAM FOR USING IT ON DARK CIRCLES i.e(depiwhite under eye gel) BUT DUE TO CERTAIN MISTAKE CHEMIST HAD GIVEN ME DEPIWHITE CREAM.I HAD APPLIED IT ON MY DARK CIRCLES FOR DAYS REGULARLY WHICH HAD CAUSED A REACTION (REDNESS ON DARK CIRCLES,IRRITATION)AND WHEN I HAD SHOWN IT TO MY DOCTOR HE SAID TO USE DEPIWHITE UNDER EYE GEL . BUT THERE ARE SOME FOLLOWING QUERIES WHICH ARE AS FOLLOWS 1 IS IT A REACTION ? 2 IF IT IS A REACTION HOW MUCH TIME IT WILL TAKE IT TO OVERCOME ? 3 FROM WHEN TO APPLY DEPIWHITE UNDER EYE GEL AFTER REACTION IS TREATED OR I CAN APPLY IT ON THAT REDNESS PART OF DARK CIRCLES.</p>	<p>Hlt appears you may have a chemical hypersensitivity to one of the recipients of the cream, and it is important that you see a dermatologist with interest in chemical sensitivity to get a patch test done to exclude this. You can apply a local antihistamine cream or take an antihistamine tablet for a few days to treat the present reaction. It normally takes a few days (less than a week typically) to overcome this reaction.</p>
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<p>Doctor, I have been experiencing ankle pain, knee swelling, foot or toe pain and my nails seem to be irregular. What could be the problem?</p>	<p>It seems like you may have suffered an injury to your leg, which could have affected your ankle, knee, foot, and toe. The irregular nails could also be a sign of damage to the toe area.</p>
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Input	Output
<p>dr. i m 26 year old and i got married 4 month ago and still i cant be a hopefull for a father my volume is 4.0 ml, reaction is alkaline, liquification time is 30 min sperm count is 65 million/ml sperm motility is excelent 35, good is 10, poor is 05, non-motile 50, morphology head piece defect 30%, mid piece defect 05%, tail defect 20% , pus cells 2-3 /hpf, red blood cells nill, epithelial cells nill,</p>	<p>Hi am Look, your semen analysis report indicates normal sperm count (normal is > 15 ml as per WHO 2010). The motility is within normal limit (as per WHO 2010, grade a should be >25% or all total >50%). The Normal sperm count is also within normal limit (as per WHO 2010, normal sperm should be > 04%). The pus cells are present (as per WHO 2010, normal semen should contain no pus cells). So, overall, your report indicates possibility of genitourinary infection. For which you need a broad spectrum antibiotic. Regards.</p>
<p>Due to accident my left hand arm injured and doctor put a Stich before 10 days and they suggested to take taking tablet Pantocid one tab every morning & Emanzen D, Augpen 625 Bid (Twice in a day) for 5 day after dosage completed i stoped. now still i am getting pain in woond place and it also may be swelling so what should do now again that tab continue or what should do suggest me sir</p>	<p>Hi, thank you for providing the brief history of you. As you had a stitch 10 days before and the wound still hurts, this is a normal phenomenon of healing, and it will heal soon, for which you shouldn't get worry more. Continuing the medication by the advice of the same physician should be helpful, but I will recommend you to do quick icing around the wound area and keep it under sunlight for healing. As most wounds heal within 10-15 days of time post stitching you should keep patience to allow it to heal. With gods grace everything will be alright. RegardsJay In .</p>
<p>during my pregnancy i had seven stenches but it not given properly at that time after two year of my pregnancy i have sudden pain in that area. what should i do some dr. told me that i have to operate again for this.as of they giveme tab-panat-d,emanzen-d,sporidex</p>	<p>Hi, thank-you for providing the brief history of you. As this is a common complaint we find in our clinic postpartum so physical therapy is advised to strengthen the muscles and also the scar management can be done. Therapeutic ultrasound therapy and TENS therapy helps to reduce pain and exercises helps to strengthen the core again. In my clinical practice most cases respond well to physical therapy post partumRegards Jay In .</p>
<p>every time while having periods i have severe abdomen pain which can t be tolerated and body pain,body tried due to this i can t do my work as i am a performer when i have program on that time i can t able to perform as well as i can t able to rehearse for my program. but still now i am not using any pain killers.</p>	<p>Hi Pain during periods is most commonly due to hormonal imbalance. Get an Ultrasound abdomen to rule out any abnormality in the reproductive tract and also get your hemoglobin checked., if normal you need not worry. . Take hot fluids and listen to music during periods. You can try keel s exercises to receive uterine spasms and pain intern. Consult your gynecologist for expert management. Thankyou</p>
Fimm B	Friesen P

For my kid s urine culture and sensitivity result are as below. Could please let me know what exactly it means?MICROBIOLOGY REPORT***CULTURE & SENSITIVITY - URINE SMEAR FEW PUS CELLS GRAM NEGATIVE BACILLI SEEN ORGANISMS ISOLATED ACINETOBACTER SPECIES COLONY COUNT 100000cfu/ml RESULT SIGNIFICANT BACTERIURIA ANTIBIOTIC**

<p>RESULT AMIKACIN Sensitive CEFIPIME Resistant CEFOTAXIME SensitiveCEFTAZIDIME SensitiveCEFUROXIME ResistantCHLORAMPHENICOL SensitiveCOTRIMOXAZOLE (SEPTRAN) SensitiveGENTAMYCIN SensitiveIMEPENEM SensitiveMEROPENEM SensitiveNORFLOXACIN Sensitive</p>	<p>HAcinetobacter is usually seen with people with long hospital stay, who has undergone a lot of procedures and several antibiotics. Since you haunt given any history, is that the history with your child? When interpreting Acinetobacter culture positive report history, symptoms and signs everything should be taken into consideration to determine whether isolation is just colonization or pathogenic. An oral antibiotic who is sensitive is clotrimazole. Other oral antibiotic who is sensitive is norfloxacin. But that cant be given for a child. S Anyway how does. The child get that infection is also probed. Hope this helps. Thank you</p>
<p>for the past 6 months iam very disturbed full day iam getting fear and thoughts of death what will happen to my family after my death who wilk take care of them whenever I get this type of thoughts I feel light pain in chest because of that i get more scared.pls sir help me how to overcome this problem.</p>	<p>The symptoms like fear of death, worries about family, anticipatory anxiety that who will look after your family after death, pains in chest, fear etc. are occurring due to severe anxiety most probably. Please don't ignore these symptoms and visit a psychiatrist for help. In severe anxiety medicines like SSRIs are mainstay of treatment. Medicines like Sertraline, Fluoxetine, Paroxetine etc. are commonly used. These medicines will reduce unwanted repugnant thoughts and will help to decrease anticipatory anxiety. Please consult a psychiatrist for detailed evaluation and prescription of these . Also try relaxation exercises, progressive muscle relaxation exercises, yoga to keep yourself relaxed and away from these thoughts. Thanks, Hope this helps you. Take care</p>
<p>France. European Stroke Conference</p>	<p>May 2008. Ponrathi Athilingam. The Montreal Cognitive Assessment (MoCA): An appropriate tool to assess subtle cognitive changes in people with heart failure? Section: Innovations in Nursing Practice with Older Adults. Presented at the ENRS 20th scientific conference. Philadelphia</p>
<p>frist time when i used this sunscreen (brown colour bottle spf 20)in 2006/7 it suited me but after that new white colour bottle came with same chemicals but not suited me and this product is costly 4 me so before buying it ,i want u r opinion , wht can i do? buy it or not?</p>	<p>HI can understand your concern for the use of sunscreens. Nowadays the rare so many sunscreens are available in the market, and it is rally confusing to which to be used. In my patients with normal skin I prefer to use a sunscreen with normal Matt finish. For oily skin persons I prefer to use a sunscreen with gel base. A gel base sunscreen does not block the pore and is not causing any eruptions. For . Regards,</p>
<p>from marriage i didnt conceived even one time also. Doctors told me that i have cyst but last month they do hystroscopy and laproscopy surgery. Now they planned for ivf on august month 30/6/2013 is my lmp from 14th they advice me to take DUOLUTON L tablets n.o. w. my doubt is if i didnt take DUOLUTON L tablets there is a chance for conceived or not for this month.</p>	<p>HelloThanks for your query. Duoloton tablets are given to down regulate before IVF. They regulate the hormonal axis and the bleeding pattern before going for a cycle of IVF. You need to post the results of the hysteroscopy and laparoscopy in order for me to comment whether there is a chance for conception. Just not taking the Bolton tablets does not increase your chances of conception. Please write back with fuller details. Take care.</p>
<p>Good Afternoon!! My name is Shahid Mahmud Haroon,45 yrs of age,male, non diabetic !! i got a Drug(Lopamiro 200ml) eluted stent (2.5mmx23mm),named XIENCE V inserted in my LAD by Dr.</p>	

N A M Momenuzzaman of Dhaka United Hospital Ltd.on the 13th JULY,2010. I was prescribed with following medicines: CLOPID AS,TRITACE 2.5mg,CONCOR 2.5mg,ATOVA 10mg. I feel some pain inside my chest with respiration problem. Sometimes i feel like a stone pressing my chest inside !! As per my physician s advice, i walk an hour everyday.it makes me no trouble or pain. My question is, what shall i do in this situation to get relief from such kind of pain. though the pain is not so severe, but it makes me worried. Thank You in Advance. Wish You a Good day.

Hello and I have reviewed your query and here is my advice. I have read your query in details here. * Constant chest pain in a patient with coronary stent, requires to be evaluated with fresh 2D echo, Angiography to look out the underlying cause and manage accordingly.* I recommend to immediately consult your cardiologist. Hope I have answered your query. Let me know if I can assist you further.

Good afternoon. My age 24. female.I have a problem Urine Burning & urine drops aft went to restroom. I cant sit continuously. Now today Only blood bleeding 3-4 drops aft urine. What should i do? This Problem killing me so much. This problem created aft sex. Before marriage I didnt get this problem.

1.Urine R/E2. Ultrasound Abdomen with PUB.3. Kidney Function Testify things are normal, it might be due to trauma induced during the sex. But it is important to evaluate the above-mentioned causes. This is my personal opinion for you based on available details. If you have any further query please ask me. Stay Healthy, MD

Good Day Doc, My period was March 19, 2011 and ends March 23,2011 then i had unprotected sex on april 20,27,28. it is possible to get me pregnant? is there s a chance that Im pregnant and how many percent?

Hi Good Day, If your periods are regular, you should already have had your next period by 28th of April. Since that did not happen, your ovulation could have been delayed, in which case you could be possibly pregnant. There is no way of being sure that you are not pregnant until you have your next period.Meanwhile, you could get your serum / urine pregnancy test done to confirm pregnancy, though Negative result does not exclude pregnancy, it only means that pregnancy is not of minimum duration which is required for the test to become positive. Telling in percentage will be pure speculation.

good evening . i have some problem that is 1 . iam forgotting the small small things in one hour / two hors 2. iam thinking that iam working fast but its taking too much time for completing works 3. iam having chalta hi concept in my mind which increses my problems. 4 my communication skills is poor so that iam getting nervous that where i will commit mistake for this reason only i keep myself silent and i will not speak much with any body and iam thinking that there is no matter for talking

Degree understand your concerns went through your details. I suggest you not to worry much. You have given a list of your problems, but did not mention your age. I suggest you should rethink your strategy. Busy people do forget things, and they always keep a schedule to overcome those problems. Students forget things and are not able to concentrate on studies because they are normally not interested in studies or are not serious about their career. Chaltha HAI concept is good in so many cases. In your case, you should be able to analyze why you have such an attitude. Improve your communication skills and your nervous problem vanishes. If you require more of my help in this aspect, Please post a direct question to me in this URL.
<http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

good evening i am suffering from back pain since years and months back i done MRI scan also the

problem is mild that is disc bulge seen at - mildly narrowing bilateral neural recess. now i am taking antibiotic tab since months but no use, the pain is like that only and i left the job because of this problem. so what i want to do? which medicine i have to take?

Short answer: Stop antibiotics
Detail answer: I read your complaints. Please stop antibiotics first.

Start to do back exercises with the help of a physiotherapist. No bending, lifting heavy objects.

Avoid sitting work and standing work for more than an hour. Take good sleep. don't sleep late. Use a hard bed. And sleep in side position not on back. Try to learn Khanpur San for back do it four times a day. Take pain relievers when in severe pain. If there is tingling in the legs or loss of power, you must go to a euro surgeon or euro physician asap. VITAMIN CALLED METHYCOBOL WILL HELP. Please meet your local doctor for prescription and dosage
VITAMIN e will help a lot. Also calcium and vitamin D will help a lot.

good evening. In last few days i have notices that my foreskin has formed small cracks almost all around it. It pains a lot to bring the foreskin back. Me and my wife had a miscarriage and we didnt have intercourse for about 4 months and last week we started trying again. After that this has happened.

Hello really appreciate your concerned course you need to be concerned and be careful while doing this Looking at present condition you might have injured your foreskin during the action or may get infected if it was healthy previously. In my opinion you should keep it clean and apply any antiseptic ointment
Application of hot packs will help in healing Be careful you do it next time it doesn't improve or gets worsen than you must see your doctor for physical check up and a course of antibiotics if need be. Hope this answers your question you have any more queries please feel free to write back to me, I will gladly answer you Best wishes

good evening.my self J.D. I am studying pharmacy in a small vileage of India. I have symptoms for allegenic bronchitis. I am feeling airway obstruction for 2 to 3 times a day from last few days. And I am taking Terbutaline to come out of that. But I got tremor as a side effect of drug. Please suggess me the drug with less side effects.

Hello dear JD, warm .come have evaluated your query in details . * Guidelines for better recovery-Regular walking in fresh air, deep breathing exercises, YOGA are corner stone of the management , usually not explained by majority of the consultants.- Intake of tab. Deriphyllin (150) mg as and when required basis.- Consume plenty of liquids, balanced nutritious diet.- Avoid smoking, alcohol if consuming.- Avoid going in dusty weather, if required use triple layer face mask. Wishing you fine recovery. Welcome for any further guidance. Regards .

good morning i am Sridhar i am suffering this problem last so many years.that time i am 12yrs i am not thinking about that,but now i am 21yrs i am worried about my career.My problem is while i am writing shaking my Hands,Important documents,Bank papers,college fee receipts.and in front of my friends,my faculty members,my parents,and i am alone.Some times i am writing good,but so many times i am embersing this problem.plz sir i am depressed this problem.

Degree understand your concerns went through your details. I suggest you not to worry much.

Most of the time your shaky hands syn . When you are worried that you shall be embarrassed in such a circumstance. Just approach it without apprehension. Think that nothing to worry even when your hands shake. Such ignorance slowly relieves you from the problem itself. If you require more of my help in this aspect, Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques which should help you cure your condition further. Hope this answers your query. Available for further clarifications. Good luck.

Good Wishes. I ve been suffering with hyper pigmentation since two years, i m diabetic and 42 yrs

old woman. earlier i used Kojitin for two months and i have started using kojivit plus. i want to know if the medicine is right? and can i use its application during day time also?

Hi Kojivit gel is a cream used to make the skin fairer, remove pimples, dark spots and Anti aging. Bolivia has comic acid and vitamin C(ascorbic acid) and other vitamins which are natural skin lightening agents and very healthy. There are currently no known side effects. Apply it before you sleep and in the morning after you wash your face. You can continue using the cream. If you have developed any skin rashes or allergy to this, immediately stop using it and consult your treating doctor. Hope I have answered your query. Thank you

gud morning my mother 55 yrs old, she has mri report like MRI finding of lumbo sacral spine show paradiscal erosion with sclerosis & marrow edema along d12 & l1 vertable bodies involving adjacent intervertebral disc, possibility of low grade infection- infective spondylo- discitis appears likely. no adjacent soft tissue collection grade-I anterier listhesis of L4 over L5 vertebral body this is MRI report so pls advise me for which treatment is usefull

Hello! I carefully read your mothers MRI report and would explain that it indicates degeneration of the bones of the vertebral column in the lumbar region, possibly caused by inflammation or infection. For this reason, I would recommend consulting with a neurologist. Further tests are needed to investigate for the possible causes: - PCR, ESR, complete blood count for inflammation- tests for Brucellosis- tests for Tuberculosis- tests for Lyme disease. You should discuss with her doctor on these issues. Kind regards!

Input	Output
<p>hbsag is poitive and hbeag is negative also i have done the test of lft, usg abdomen afp all the reports are normal and my dna report is awaited . i am healthy and fine women , 25yers old, because of that i could not joint the work . what should do for the next steps. and what all diet i should take. please hep me out ill be greatful. thank you.</p>	<p>Hyou probably have chronic hepatitis B. The laboratory data you've provided are not sufficient to judge that. The hepatitis is considered chronic when the Bag is present for more than 6 months. Other markers can be used though to determine the diagnosis indirectly. Regarding treatment of chronic hepatitis, it depends on whether it is active or not. The serum transaminase and viral load (HAVANA) are crucial information to decide treatment initiation. Your diet has nothing to do with the outcome, so since you've no symptoms or obvious disease activity, there is no dietary change that you should try. You can contact me again, if you'd like more information about your condition or would like to discuss the results you're awaiting. I'll be glad to help! Kind Regards!</p>

<p>Here are my two questions One of my upper front teeth is not straight, it is completely turned in the way that one of the side of the teeth faces front while the other end faces back. i never cared about this in past but now i started caring and it looks somewhat weird and also it has created a space between teeths. 2) I have gaps between my upper front two teeths , I have been hearing about orthofill band , i wanted to know if it is really helpful? i would like to attach my tooth pic so that you can understand me clearly , for 1st question i want to attach a pic of it, but there is not any option to attach a pic of the thing we are talking about. Hope you understand. Thanks Vicky</p>	<p>I have gone through your query, as you have turned front tooth, and gap between upper front tooth don't worry about your both questions I will suggest you that you should consult Orthodontist and go for Orthodontic treatment, Orthodontic treatment takes time of at least one year and your problem is solved. Hope this will help you. Wishing you good health.</p>
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<p>hereditary Folic acid Foscarnet Fructose-1-phosphate aldolase deficiency Fryns-Aftimos syndrome Fucosidosis Fukuyama congenital muscular dystrophy Fukuyama type muscular dystrophy Fumarate hydratase deficiency Gabapentin Galactosialidosis Gamma hydroxybutyrate Gamma-aminobutyrate transaminase deficiency Ganciclovir Gangliosidosis Gaucher's Disease GEFS+ mutation Gemifloxacin Generalized epilepsy with febrile seizures plus German measles Giant arteriovenous malformation Giant axonal neuropathy Ginkgo biloba Glatiramer Glucose transporter type 1 Glutamate decarboxylase deficiency Glutathione synthase deficiency Glycerol kinase deficiency Glycerol phenylbutyrate Glycine decarboxylase deficiency Glycogen storage diseases Griscelli syndrome type 2 Guanidinoacetate methyltransferase deficiency Gurrieri-Sammito-Bellussi syndrome Gynaecologic conditions Haloperidol Haloperidol Hartnup disease Haw River syndrome Head injury Head trauma Heat stroke Helminths and helminthic conditions hemimegalencephaly Hepatic failure Histrelin Hippocampal sclerosis Hirschsprung disease-microcephaly-mental retardation syndrome HIV Huntington's Chorea Hydroxyacyl-coa dehydrogenase deficiency Hydroxyzine Hyperbaric oxygen Hyperglycemia Hyponatremia Hyperornithinaemia-hyperammonaemia-homocitrullinuria syndrome Hypertensive encephalopathy Hyperthyroidism Hyperventilation Hypocalcemia Hypoglycemia Hypomagnesemia Hypomelanosis of Ito Hyponatremia Hypoparathyroidism Hypophosphatemia Hypotension Hypothalamic-pituitary insufficiency Hypothyroidism Hypovolemia Hypoxia Hypoxic encephalopathy Hypoxic-ischemic encephalopathy Ibuprofen lysine Imipenem Incontinentia pigmenti (Bloch Sulzberger syndrome) Indomethacin Infant epilepsy with migrant focal crisis Infantile neuroaxonal dystrophy Infantile-onset spinocerebellar ataxia Infliximab Insulin Interferon beta-1a Interferon beta-1b</p>

Interferon gamma Intoxication Intoxication with drugs Intracerebral Intracranial abscess or granuloma Intracranial arteriovenous malformation Intracranial hemorrhage Intracranial space-occupying lesion Intraventricular haemorrhage Iodixanol Isoniazid Isotretinoin Ivermectin KCNJ11-related permanent neonatal diabetes Kernicterus Ketamine Ketorolac Kidney failure Kohlschutter syndrome Kohlschutter-Tonz syndrome L-2-hydroxyglutarate dehydrogenase deficiency Lafora body disease LAMA2-related muscular dystrophy Landau-Kleffner syndrome Lead poisoning Lennox-Gastaut syndrome levetiracetam Levofloxacin Lidocaine Lindane Linear sebaceous nevus Linezolid Lipoid proteinosis of Urbach and Wiethe lissencephaly Lissencephaly with cerebellar hypoplasia Lithium Local anesthetics Lomefloxacin Lorazepam Loxapine Lupus erythematosus Malaria Malignant hypertension Malonyl-CoA decarboxylase deficiency Maple syrup urine disease Maprotiline McDowall syndrome McLeod neuroacanthocytosis syndrome MECP2 duplication syndrome Mefenamic acid Mefloquine MELAS syndrome Memantine Meningioma Meningitis Meningoencephalitis Menkes disease Meperidine Mephobarbital Meropenem MERRF syndrome Metabolic encephalopathy Methionine malabsorption Methocarbamol Methohexital Methotrexate Methylenetetrahydrofolate reductase deficiency Methylphenidate Methylxanthines Metronidazole Mexiletine Mianserin Microcephaly Microcephaly-mental retardation-spasticity-epilepsy complex Microcephaly-pontocerebellar hypoplasia-dyskinesia complex Microphthalmia-dermal aplasia-sclerocornea syndrome Migraine Migrating partial seizures of infancy Miller-Dieker syndrome Mirtazapine Missed dose Mitochondrial aspartyl-tRNA synthetase deficiency Mitochondrial complex III deficiency Mitochondrial DNA depletion syndrome Mitoxantrone MMR vaccine Modafinil Molindone Monosomy 1p36 syndrome Montelukast Movement disorders Mowat-Wilson syndrome Moxifloxacin Mucopolidosis II alpha/beta Multiple sclerosis Muscle-eye-brain disease Mycophenolate Myoclonic progressive familial epilepsy Myoclonus progressive epilepsy of Unverricht and Lundborg Nabilone Nalidixic acid Nasu-Hakola disease Navajo neurohepatopathy Neonatal hypoglycemia Neurocutaneous syndromes Neurocysticercosis Neurodegenerative disorders Neurodevelopmental lesions Neuroectodermal melanolysosomal disease Neurofibromatosis type 1 Neurosyphilis Nicolaides-Baraitser syndrome Night terrors Nikethamide Nocturnal frontal lobe epilepsy Nomifensine Nonketotic hyperglycemia Norfloxacin Nortriptyline Oculocerebrocutaneous syndrome OFD syndrome type IX Ofloxacin Ohtahara syndrome Olanzapine Ondansetron Onychodystrophy Organic acidemia Ornithine carbamyltransferase deficiency Orthostatic hypotension Oxacillin Oxaprozin Oxybutynin Oxycodone Oxymorphone Oxytocin Panayiotopoulos syndrome Panic attack Pantothenate kinase associated neurodegeneration Paragonimiasis Paraneoplastic limbic encephalitis Paroxetine Paroxysmal dyskinesia Parry-Romberg syndrome Partington X-linked mental retardation Pediatric apnea Peginterferon Beta-1a PEHO syndrome Pellagra Penicillins Pentazocine Pergolide Perinatal hypoxia or trauma Perisylvian syndrome Peroxisomal acyl-CoA oxidase deficiency Peroxisomal disorders Perphenazine Phencyclidine Phenobarbital Phenothiazines Phenylketonuria Phenylpropanolamine Phosphoethanolaminuria Photosensitive epilepsy Pick's Disease Pimozide Pitt-Hopkins syndrome Polyarteritis nodosa Pontocerebellar hypoplasia type 1 Pontocerebellar hypoplasia type 2a Pontocerebellar hypoplasia with infantile spinal muscular atrophy Porencephaly type 1 Porphobilinogen synthase deficiency Porphyria Posterior leucoencephalopathy syndrome Pramipexole Prednisone Presenile dementia Primidone Procainamide Procaine Prochlorperazine Promethazine Propoxyphene Propranolol Protriptyline Pyridoxine deficiency Pyridoxine-5'-phosphate oxidase deficiency Pyridoxine-dependent epilepsy Pyrimethamine Pyruvate carboxylase deficiency Pyruvate dehydrogenase deficiency Quetiapine Rabies Ramelteon Ramon syndrome Ramsay Hunt syndrome Rasagiline Rasmussen encephalitis

Recessive deafness-onychodystrophy-osteodystrophy-retardation syndrome Renal failure
Renier-Gabreels-Jasper syndrome Respiratory failure Retinitis
pigmentosa-polyneuropathy-epilepsy complex Rett syndrome Reversible posterior
leukoencephalopathy syndrome Reye's Syndrome Rhinophyma Rhizomelic chondrodysplasia
punctata Risperidone Rivastigmine Romano-Ward syndrome Ropinirole Rubinstein-Taybi
syndrome Rud syndrome Salla disease Sandhoff disease Sanjad-Sakati syndrome Sarcoidosis
Schaefer-Stein-Oshman syndrome Schistosoma japonicum Schistosomiasis Schizencephaly
Seemanova-Lesny syndrome Selegiline Serotonin reuptake inhibitors Sertraline SeSAME
syndrome Severe myoclonic epilepsy in Short chain acyl-CoA dehydrogenase Sialidosis type 1
Sibutramine Sickle cell crisis Sildenafil Sinovenous thrombosis Sjogren-Larsson syndrome Sleep
deprivation Sleep disorders Sodium oxybate Sodium oxydate Sotos syndrome Space occupying
lesion of the brain Spastic tetraplegic Sphingomyelinase deficiency Spinocerebellar ataxia 13
Stokes-Adams Syndrome Stress Stroke Structural lesions Strychnine Sturge-Weber syndrome
Subarachnoid Subdural Subdural haemorrhage Subependymal nodular heterotopia Succinic
semialdehyde dehydrogenase deficiency Succinyl-CoA synthetase deficiency Sudanophilic
cerebral sclerosis Sulphite oxidase deficiency Sumatriptan Syncope Syphilis Systemic lupus
erythematosus Tacrine Tacrolimus Tadalafil Takayasu arteritis Temazepam Temozolomide
Temporal lobe epilepsy Terbutaline Tetany Thalidomide Thebaine Theophylline Thioridazine
Thiothixene Thrombophlebitis Thrombosis Thrombotic thrombocytopenic purpura Tiagabine
Ticarcillin Ticlopidine Tinidazole Tizanidine Tolcapone Tolterodine Tonic seizure Tonic-Clonic
seizure TORCH syndromes Torsemide Toxoplasma

congenital Toxoplasmosis Tramadol Transient Ischemic Attack Tranylcypromine Trauma

Triazolam Tricyclic antidepressants Trifluoperazine Trihexyphenidyl Trypanosomiasis Tubercous
sclerosis Tyrosinaemia type 2 Unverricht-Lundborg syndrome Urea cycle disorders Uremia
Valacyclovir Valsartan Valvular heart disease Van der Knaap disease Vardenafil Vasovagal
syncope Vein of Galen malformation Venlafaxine Verapamil Vertebrobasilar dolichoectasia
Vincristine Viruses and viral conditions Vitamin B1 deficiency (Thiamine deficiency) Vitamin B12
depletion (Pyridoxine deficiency) Von Hippel-Lindau Syndrome Walker-Warburg syndrome Water
hemlock poisoning West syndrome Withdrawal from drugs Wittwer syndrome Worster-Drought
syndrome X-linked Hamel type Neurodegenerative syndrome X-linked Hypoparathyroidism
X-linked inherited conditions X-linked Lissencephaly X-linked mental retardation X-linked Mental
retardation syndromic due to JARID1C mutation X-linked periventricular heterotopia X-linked
Wittwer type Mental retardation Zaleplon Zanamivir Zellweger spectrum Ziconotide Zidovudine
Ziprasidone Zolpidem Zurich neuroectodermal syndrome

hey i got a question . so yeah i had a root canal on one tooth and being lazy i forgot to get the
permanent filling and as time passed my tooth fell out . so my question is . Can i still get infection
there even if i had a root canal and forgot to get the filling and my tooth fell out ??

The chances of root canal treated tooth getting infected is very less unless it is not properly treated.

The fell out tooth structure could be only the crown portion. The Root canal treated tooth becomes
weak after RCT, so it has to be crowned immediately. Now the roots might be remaining with in the
bone. Consult an oral physician and get a radiograph to rule out the presence of root piece. If root
is there then get it removed. I hope my answer will help you, take care.

Hope u r doing good. Sir, I am planning for baby since June13 but I am not getting result. I
consulted doctor.She advised for fertile 50 mg tablet to take on 5th day of my period. but
unfortunately I didnt get this tablet till my 6th day. can I take from 7th day onwards to get the result
or I should try from next month??

Hello dairy understand your concernFertile tablet will help to maintain fertility by inducing the

ovulation. Clomid should be started on day 3 to 5 of your cycle and continue to take it at the same time every day for 5 days. You will likely be started on a low dose of Clomid, such as 50 mg a day. This is to reduce the likelihood of developing cysts, side effects, and multiple pregnancies. If you miss the pill then take as early as possible. So I would suggest to start from the next cycle from day 3 or 5 for better effect. After taking pill must to sex on the ovulatory cycle to increase the chance of conceive. Avoid stress, take healthy diet, . Hope this may help noncontact for further health query

Best regards

Hope you are doing well. From last 1 month i have been suffering from acne problem, it starts from minute white granular structure which turns into red acne. I do not have problem of constipation and i take good nutritious diet , i do not use any cosmetics , i only apply glycerin - gulabjal solution on face. Kindly suggest

Hi Saurabh, For acne, you need to use a medicated anti acne face wash along with oral and topical anti acne medicines. For the same you need to consult a dermatologist. The minute white granular structure that you have mentioned might be white heads which are eventually developing into acne lesions. So if you are having white heads or black heads get them removed, use a good anti acne face wash containing salicylic acid, don't touch or squeeze your pimples as they might heal with pigmentation. You can continue using glycerine global if it suits your skin well. Take care.

how are you there? Here I am finding so much trouble with my dear father. He his having a lot of pain in the soinal cord from soldier to the bottom. He is also having a kidbey problem. Yesterday he was totally unable to stand on his own. I have admitted him in a Medical College. The x ray and other necessary tests has been done. The doctor here is not a kind of regular in this medical. So I am urging you for some help. If you arw available and need to see the test reports, then I can scan it to you. Hope you will answer back soon. Thanks, Tonmoy

Hello dear friend, Please accept my concerns for your father. You said that your father is having pain in the spinal cord from shoulder to the bottom. Please specify what do you mean by bottom? Is it feet you are referring to or the gluteal region? Saying shoulder to bottom does not give any clinical clue for any anatomical or systemic localization of the disease. Spinal cord is an internal organ, and it is just gross to say pain in spinal cord. You need to be precise about your question. You can be helped with the test reports only once we know the exact history.

how are you?hope youre fine.i was searching on the internet so i found your website.i am from pakistan.i wanted to know information regarding castration operation.i want to go through a castration operation.i want to know the expenses related to it and the consequences after the operation.hope to get your reply soon.regards,abdul rehman

Hi Lehman and. Thanks for choosing these services. As a Urologist, i am too happy to answer your query. Your age and reason for wanting a castration isn't written.It's a routine surgery, done under local anesthesia, by Urologists. The cost of the surgery, varies in each hospital. Its done free in government hospitals. The most important sequel is impotence. Erections will not occur. You will need a penile prosthesis. The option for castration is a hormone injection called LHRH analogue. It needs be taken once monthly/3 months. . Manga.

how r u doing?please help me out since i have been suffering from this disease from approx five years. condition. five years before when ever i take sugar,pepsi,coke etc any kind of sugar, carbohydrate ingredients items i feel sudden weakness through out the body & feeling that my body inotollerate sugar & i feel ant is biting inside my body,pins needles type of feeling & hair loss i got a test for serum ige & the test result is 214 consequently i take atarax then i pass 2 or 3 days with tollerance & i lost my hair. i am helpless from a long time which is effecting my whole life be it

social,official aur personal life i would be very thankful to you if you solve my problem.

Hello Mr. Rizal, Thanks for writing in. It seems that you are allergic to some ingredient in Pepsi or coke, and I am afraid the only way to prevent this is to stay away from it. You can consider a regimen of oral steroids in consultation with your physician but the only way to prevent it is to stay away from it. Staying away from this along with a course of oral steroids can help you regain your hair. Please consult an allergist or an internal medicine specialist for this. Hope this helps regards

how to treat mild mucosal thickening on left maxillary antrum and its infundibulum ? 2) Also how to treat large polypoid soft tissue in the posterior superior aspect of the right maxillary antrum ? how both problem has occurred and what precaution should i take to stop further increase in problem.

THANK YOU SIR e mail id: YYYY@YYYY

Hello forum, The mucosal thickening of maxillary antrum, is due to the invasion of tissues underlying. Surgical treatments has to be done depending on the condition. The thickening may be due to congenital or traumatic occurrence. Avoid too much stress ETS. Maxillary antrostomy has to be done if required. Please avoid occurrence of sinus infections frequently. Antibiotics can be taken after consulting a physician.

i am vetrivel from coimbatore.i having one doubt about my sex organ.for every human being the skin cover 75% of sex organ and at edge it was some big .but for me the skin cover full sex organ.i have only small hole at the end of my pennis

If your foreskin covers your penis head fully, it is normal. But you should make sure that you are able to pull down your foreskin completely back. If you experience pain during pulling it backward you should consult a surgeon for a minor surgery named circumcision to correct the problem. Therefore, I suggest consulting a surgeon for physical examination, diagnosis and treatment. Hope I have answered your query. Let me know if I can assist you further. Take care

i am 18 year old boy i have a problem .sir wehen i passed urine i lose sperm in my urine .lil partical of sperm lose in my urine. Sir when i tell my doctor he asked me to give a urine test .and test was clear then he give me medicine of vitamin an he said that it is not a big problem .i take med for 1month 15days of medication .my problem isn t solve then i go to mu doctor and tell him .thy give me injection the enjection give me relive .now 1month later i have same problem sir can u help me ?

, Sperm will be present in the semen whices out after a man ejaculates. It will not come out with urination. It would be helpful if you could provide more details about your condition and why you think that there is sperm in your urine. As your urine test is normal, it means to say that there are no sperms in it. My advice for you is to relax as sperm will not come in urine. Your urine test indicates that you are fine and have no problem. You can stop worrying now as you do not have this problem. Do regular exercise and focus on your carrier. All the best.

I am 18 yr old and i have been masturbating since 2 yrs i think excessively. Now since 10-12 days i have developed a lower back pain. Its not very severe but it is a constant pain. Please help know about the remedies or cure of the problem and also is over-masturbation the real cause of the pain.

Hi Thanks for your query. Lower back pain is not related to masturbation. The low backache is a result of muscle spasm which in itself is a protective mechanism body develops so that the back avoids abnormal posture. For pain to go, it takes not only rest (on a comfortable bed) but also avoidance of particular positions (during work, rest or recreation). Avoid sleeping on sides and stomach in case you do. While on work don't sit in one position for more than an hour and take frequent stretch breaks. Do not bend forward to lift things up, bend the knees and hips for that. Also discontinue any strenuous activity or exercises for some time. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care

<p>I am 19 years old I hv pain in my testicles during strong erection also I feel pain wen I go through gas trouble. I went through scanning before 3 months doctor told I am going through anxiety. plz help me!!! I was masturbating a lot and now I hv controlled myself but not fully. wt should I do control masturbating</p>	<p>Hi, Thanks for posting your query. Masturbation is NT a bad activity BT in excess it really causes harm u probably lose your energy every time n u cudnt concentrate. If u real want to stop it the u shut b determinant to it try to engage ourself in sum other activities more like reading or get engage with your studies or career. Try to make ourself busy as much as possible THT is d only way to control it Bros being lonely makes u think in masturbation only. Take care</p>
<p>i am 20 years old guy and i m facing prob that i ejaculate every day and if i dont i m feeling very uncomfortable i cant concentrate on any thing my mind is totally diverting me to see bluefilms and ejaculate.Some times i decide 2 see clips but nt 2 ejaculate but when i start seeing clips i cant control myself 2 ejaculate. i wanted 2 know tht is it safe 4 me 4 future. Can i able 2 satisfy my wife in future</p>	<p>If you believe in Ayurveda, believe me its veeryaksheenta - the condition related to debilitated Shaka that (semen).it can be cured by simple diet management of light and static food, deep breathing exercises (Panama) and meditation and few herbal combos called rushy herbs resulting in semen generation and spermatogenesis to the required level. Semen is very important element as per principles of Ayurveda. By effects of vrushyaherbs u will have check on uncontrollable passion and feeling to ejaculate. For the time being you may start simple Shatavari and Ashwagandha herbs in powder form or tablet or capsules form with milk twice a day. Pl report after 15 days, of response or no response, so that I direct you required combos ahead. Treatment may be required for six months. Believe me its totally safe n effective. Pure natural, that's why slow. For any other questions pl ask me or any classic Ayurveda doctor.</p>
<p>i am 21 years old male my weight is 64 and height is 5 7 .sir i ve seen that many of my friends who consumed endura mass have increased there height and i also wish to to increase my height would it be helpfuland does it have any side affects?</p>	<p>Increase in height is not only dependent on diet and nutritional supplements but also on age and genetic factors. You can take the supplement after ruling out allergies to any of the ingredients present. Restrict to one or two spoons of the powder to avoid any side effects. Even protein taken in excess dose can cause side effects. Hope I have answered your query. Let me know if I can assist you further. Regards .</p>
<p>i am 22 years old.i am suffering from hair loss. front part of my scalp has no hair & hair falling gradually. i want my hair back , please provide best solution for me to gain my hair,and give suggestion to which product is best for hair gain.thank you.</p>	<p>Hi! Com. I have read your query in detail and do understand your concern. Daily shedding of up to 100 hairs is normal. Excessive hair fall can be due to male pattern baldness, physical or mental stress, anemia or nutritional deficiency or certain medical conditions like thyroid disorders, low serum ferritin etc. Take a nutritious and protein rich diet(pulses, milk products, eggs). Use of hair supplements containing biotin will be of help. Avoid routine application of gels or frequent blow . Use a sulfate free shampoo for your hair twice a week. A hair growth lotion or serum can be advised to you depending on the cause and severity of your hair fall. Biotin containing hair supplements can be taken for 3-6 months. Hope this helps! Good luck!</p>
<p>I am 23 and never had alcohol. I am suffering from fever night time for last 3 days. Blood test report says my SGOT and SGPT enzymes of liver are high and is the reason for illness. Can you tell me reason for this and natural prevention tips and food to take care.</p>	<p>HelloElevated SGPT and GOT may indicate liver injury. It may be due to many reasons like</p>

hepatitis, alcohol intake, altered lipid profile, medicines, autoimmune causes etc. It is good that you don't take alcohol. You may need few more investigations like routine holoqram, complete liver function test, random blood sugar, lipid profile, viral markers, urine RE/ME, ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg tablet twice daily for three months. It helps in regeneration of liver cells. You may need to take few more medicines after complete investigations. You may need to avoid fatty food. Get well soon. Take Care .

I am 23 years old. I had a habit of masterbation after 2-3 days, but one day I felt nurvis and I thought I got weakness in my penis.so it increase my blood pressure due to is problem so tell me how I increse my penis size and stronge sex.

HelloThanks for query. You had been indulged in masturbation since many years and now facing problems related to sexual activities and general weakness.First there is myth in a mind of common man that excessive masturbation is the reason of all sexual problems But I would like to state that it has been discussed in scientific forums all over the world and proved scientifically that masturbation does not have any negative effect on any organ or system in the body. All the problems that you are facing now are mind related and due to anxiety. Following measure will help you to boost up your confidence and improve your health and sexual potency. Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. Though it is harmless, excessive and frequent habitual masturbation does affect quality of erection and delays ejaculation. Please try to reduce the frequency of masturbation by keeping yourself busy in activities like sports, reading , social work etc. so that you will not get free time to masturbate. There are no medicines that can increase size of the penis. .

I am 23years old and recently married(love marriage). What to tell, just suffering alot. Not lasting even for 1min. And my pennis is thin in the root. Respected sir, pls suggest me what shall I do to get rid of it. Pls. she never tell anything but i can feel her feelings. pls sir help me. My mail add: YYYY@YYYY YYYY@YYYY Phone no: +0000

I really appreciate your concern, actually erection takes place in brain area, signal of this generated here and this is happening due to some stimuli like, touch, talking, visual, etc. even slight psychological disturbances could affect this process, and cause erection dysfunction, so come out of the stress, anxiety, apprehensiveness, everything would be fine soon, take care, have a nice day.

Input	Output
I am 24 year old and diagnosed with lichen plasus pigmentosus. It is at its early stage with few spot on neck and face . I have family history of this disease. I am prescribed with skinlite cream containing hydroquinone . I want to know that whether my condition is curable and how long it will take to cure. Please help me out.	Hi! Neha, forum, NEA, LPP is a chronic problem and sadly its response to the treatment is very variable. I am sure your treating dermatologist would have told you. It appears as ash colored patches over flexes of body and chest. You can apply skin lite if you want, but the more specific medicine is oral it A. We usually give it for 2 weeks, once a month and then repeat it next month too. Similarly, we can 3 such cycles. In resistant cases even oral retinoids can be tried. But for that you should consult a good dermatologist.Also, before giving retinoids one needs to undergo certain blood investigations and take specific precaution (esp in females). So discuss the possibility of retinoids with your treating doctor.It's an excellent tablet for pimples, but works good for pigmentation too. If you are using skin lite over exposed areas of body then don't forget to use a good SPF sunscreen in daytime. I hope this answers your question, if you have any further query you can write back to us. Regards, .

I am 24 yrs old male. today at around 5 pm, I had an unprotected intercourse with my girlfriend (age-22,average health, no serious ailments). within 2 hours, she took a emergency contraceptive pill. But, still, I am confused and worried. whats the next step. how will we get confirmed that no pregnancy would occur. what is the right time from, now to have an pregnancy test, if necessary. If pregnancy occurs, how sooner can she go for an abortion. will it be safe for an abortion in case of ectopic pregnancy.please sir, help me.otherwise a mistake at in the heat of the moment would our personal and social life.please sir.	Hi, I think you can do a urine pregnancy test if her periods get delayed. If positive consult a doctor if you don't want pregnancy. Medicines are available for that. Ectopic pregnancy is very rare and can be diagnosed with ultrasound. So, if she develops severe pain and bleeding after her menses delay and pregnancy test is faintly positive, ectopic pregnancy can be suspected. Hope I have answered your question. Regards .
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I AM 24 YRS, OLD M HAVING PROBLEM OF ACNE ON MY FACE . IS THERE ANY PERMANANT SOLUTION FOR THAT. I ALREADY TAKE SO MANY MEDICINE FROM DRMATOLOGY. PLS GUIDE ME .	HELLO . WELCOME . IT. S A COMMON Complaint OF THIS AGE GROUP. KEEP YOUR FACE CLEAN. WASH WITH WATER AFTER COME FROM Outside AND FOUR TIMES/DAY. AVOID FRY AND JUNK FOOD. IF YOU HAVE CONSTIPATION THAN TAKE WARM WATER AT BED TIME. USE FACE WASH FOR CLEAN YOUR FACE RATHER THAN SOAP. THERE GOOD MEDICINE IN Homeopathy FOR PERMANENT CURE TRY FROM GOOD HOMEOPATHIC DOCTOR. BYE TAKE CARE.
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i am 24year old border security personel sir i have issue since oct 2013 as below my waist and above my knee. i was suffering from lot of itching i cant explain you how much and when i itches with full dignity to comfort ourself,it convert into red patches ring type and alowly it spreads a alot area and sometime start bleeding then i used clobeta gm on it it releifed me for sometime bt again they regain.and now in some area when itching start i itches on it it became white rough skin type n due to nailing on it it became wounded.8 month ho gaye what to do i am in depression as i am posted in border area where except chemist no doctor are available pls help me doctor its an urge from a soldier	Hi Dear, Understanding your concern. As per your query you have symptoms of itchy, red ring type
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rashes on knees and waist which seems to be due to hair follicle infection leading to folliculitis, and it could be due to allergic reaction, side effect of certain medicine or fungal infection. Need not worry. I would suggest you to apply topical antibacterial ointment and wear loose clothes. You should avoid sharing your clothes with someone and avoid taking anyone's clothes. You should take course of oral antibiotics. Maintain complete hygiene and keep area little . Visit dermatologist once if symptoms keeps on persisting. Start treatment after complete examination and proper prescription. Also take over the counter antihistamines like Zyrtec. Hope your concern has been resolved. Best Wishes,

I am 25 years old and presently i am seems to be pregnant as my menstrual cycle is being delayed and my last cycle was 1st August. Last month I got impacted by fungal infection and was taking treatment however before identifying the problem i had intercourse and seems to be conceived. And past 3 months i had fever at night time however nothing identified in the blood test and and urin culture test. And the fever or some time high temperature within 100 degreee still seems to be continue. Is it due to the fungal infection ? will it be any problem for me during the pregnancy? do i need to take any medicine?Please help me . Thank you.

Hello dear, I read and understand your concern. Any infection and fever should be diagnosed properly and treated accordingly in case of pregnancies. Infection may relate and affect the pregnancy in many ways. In some viral infection it may cause congenital malformation. Viral infection may come as culture negative infection. I advise you should be diagnosed first. There is probability that it might be fungal or viral infection. Through examination at doctors clinic is essential to diagnose the condition. You can take the paracetamol to control the fever. Please take the . Maintain good hygiene by cleanliness, this will be key factor equally important in treatment of the infection. I will be happy to answer your further concern on

I am 25 years old male. I have hair fall problem from past 4 years from then I tried many things and showed to many doctors but nothing seems to be useful. Now I ve almost lost hairs in middle and front part. Is there any ways to regain my lost hair.

I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, cosmetic products etc. From your description, it seems you might be having Male pattern hair loss or An . If I were your dermatologist/trichologist, I would like to take through history including family history, history of recent major trauma/illness/stress/medications etc., and recommend some basic investigations like CBC, blood sugar, Thyroid function test. I would suggest you a course of oral tablets containing biotin and other essential vitamins and minerals for minimum 3-6 months. Also, would put you on solution containing 10% minoxidil once a day and a hair serum containing peptides for hair growth at night.(Q era etc.). Finasteride be used in selected patients after thorough counselling and checking your liver function. Finasteride, inhibits metabolism of testosterone at hair root level. It sometime leads to embarrassing side effects like impotency, decrease in semen volume but which are totally reversible on stopping the

i am 25 yrs and i am pregnant 6 weeks as shown in sonography .my doctor suggested me of TORCH TEST. my torch results showed ANA Positive homogenous (+/-) Pattern & lupus anticoagulant value 44.5. what does this mean and how will it affect my baby.

Hi, I think you have got your results mixed up. The TORCH test checks Toxoplasmosis, Rubella, Chlamydia and Herpes infection in the maternal blood. ANA and Lupus anticoagulant are done to see if you have Systemic lupus Erythematosus which can cause problems in pregnancy and delivery. They are two different things. Was there a specific reason you were advised these at 6 weeks of pregnancy ? Do you have any recent fever or any other disease ? Do you have previous history of repeated abortion? If you do have repeated abortion in you obstetric history then these

results of homogenous positive ANA and LA 44.5 need to be seen by an experienced obstetrician or hematologist. Hope this helps. Regards.

i am 26 year old married woman . my cycles are irregular and i have not conceived yet .
sonography report suggests polycystic ovaries with small peripheral follicles of around 4 to 5 mm .i
have been taking metformin 500 mg for last 2 months still my periods are not coming regular .
please provide me your valuable advice

Hello there, Thanks for writing to us. As you have poly cystic ovaries and your periods are irregular, you would need ovulation induction medications. You will also need to have the growth of the eggs monitored by ultrasound scan that is follicular or ovulation study. You can continue taking metformin. If you are overweight, you need to reduce weight by diet and exercise. Also, along with this, your husbands' semen analysis and your tubal patency test need to be done. Hope I have cleared your doubts.

i am 26 year old.i am having Dark circle around my eye.i became noticable from last 3-4 years.i
have used all cosmetics available in market but no improvement.i took medical advice where i was
told to have periorbital melanosis and i was adviced to use Depiwhite but again there is no
improvement.plz advice me .thanx

Hi, Thanks for writing in. Periorbital Melanesia can be due to anemia, stress, a lot of computer/laptop usage. Effective oral and topical medications are now available for Hyperpigmentation around eye. My advice to you would be to use topical Guyana cream with good moisturizer. Take vitamin C tablets daily. Few treatments like microdermabrasion and chemical peel can help to treat periorbital Melanesia effectively. Discuss these options with your dermatologist. Hope this helps. Regards .

i am 26 years old (M). On my blood check up Total WBC comes 8300/cmm , Polymorphs comes 61 & Lymphocytes 32, Eosinophiles 06, Monocytes 01, Hb 12.9, ESR 16 mm 1st hr. I m having a cough problem also a lot of it comes when i cough. I have a breathing problem when the climate changes. My chest pains every time i cough? Do i have asthma? please advice me as i have to know about this today only.

Cough/breathing problem with weather change usually indicates allergic cause.2. I would like to know more details about you like - do you have nose symptoms like running nose, nasal congestion, sneezing? Do you ever had wheezing? What is the frequency of your episodes? Are you able to carry out your routine activities?3. In reply to your query - Do I have asthma? - I would like to say that you can possibly have asthma. I would suggest you spirometry with post-bronchodilator reversibility test to confirm the diagnosis of your respiratory disease.4. Were I treating you, I would suggest you to take montelukast regularly as well as albuterol/levosalbutamol inhaler on as-when-needed-basis for when you experience breathing difficulty.5. I would suggest you allergy testing which will help you identify the substances you may be allergic to. It will also help you to know how to avoid the substances' exposure.6. In general, I would suggest you to avoid exposure to dusts, smokes and air pollution as much as possible.7. Regular breathing exercises and a healthy diet rich in vitamins & minerals (adequate amounts of green leafy vegetables, fruits, sprouts) will help you in longer run by improving lung capacity and immunity respectively. Hope above measures will be helpful to you. Should you have any further query, please feel free to ask at . Wish you the best of the health. Thank you & Regards.

I am 26 years old, and below is my Semen Analysis, please have a look and let me know if i have any problem to get a child. Volume:3ml, Total Sperm count:75 Million, Motile:40%, Sluggish:20%, Death 40%, Normal form:60%, abnormal form:40%, Leucocytes:06----08/HPF. I want to have a

child from my girl friend , so can I have child with this sperm quality?

HelloThanks for query. Based on the report of semen analysis that to have posted I would state that your all vital parameters of semen like Sperm count, sperm motility and morphology of sperm are within normal range of WHO standards required for normal conception However presence of 6-10 Leukocytes indicate presence of infection either in Seminal Vesicle or Prostate and needs to be eradicated. Get semen culture done and take appropriate antibiotic as per culture report for 6 weeks. With infection being controlled with antibiotic there is no reason why you should not impregnate your girlfriend.

I am 27 years old mail married, when i married that time my age is 18 years old, now i am 27, i do sex everyday, now my mustache & chin hairs are growing totally red & grey.I have done daily sex thats why this is the reason to growing red & grey hair? and having left knee pain , back pain & left shoulder and some sound is coming from left knee & elbow. please advise me how to black my chin & mustache hair.

Hi. Md. Muzammil., There is no relation between your sex and color of the Hairs., Colour and hairs distribution completely depend upon., Genetic involvement.depend on coding of genetic material on the ., Chromosomes only determine the color and texture of hairs., Your SEXUAL activity and desires totally depend on your., Hormonal levels and activity.ok. There is also no relation of knee pain, back pain sound in the left knee., It could be from . Rheumatoid arthritis or Gout., So go for uric acid levels in the body and try to exclude it., The best way to black your chin and mustache hair.by dyeing and hennaing of your hairs.ok.good luck

I am 27 years old person.Presently I am in trouble due to bleeding from gum.In morning time,when I brush bleeding form front side bottom teeth starts and blood comes any time when I wash my mouth and spit. When front side bottom teeth are touched by tongue,blood comes. Previously,I have cleaned my teeth by dentist . Please suggest,what should I do in this regard.

Hi, Thanks for asking the query, Bleeding gums indicates inflammation of gums known as gingivitis, it occurs due to improper oral hygiene, plague and calculus deposition, nutritional deficiencies, systemic disorders like diabetes and leukemia. It can also occur due to trauma from hard toothbrush or vigorous tooth brushing. I would suggest you to use a soft bristle tooth brush and brush slowly in circular motions. Go for symptomatic treatment of complete mouth scaling and polishing. Take a balanced diet, use plenty of raw vegetables, carrots, salads, fruit juices. Take multivitamin tablets, . Use antiseptic mouthwash gargles twice daily. Hope this helps out. Regards.

I am 27 years old,suffering from pcod.I am trying to concieve since 2 yrs but not able too.once I conceived in 2011 but I took pills to abort the child.I took 4 tablets 2 for oral use and 2for vaginal use.my period pattern is like 2-3 months it will be regular and after that it will be delayed,butthis tym it more than a month.igot my period on 21 jan 2014,I went to docter she adviced me to take sysron -n for 3days twice in aday.I started it on 30 april so I want to know when I ll get my period n will I be able to conceive in future naturally or not??

HAI YOU COULD GET YOUR PERIOD AFTER one week of last dose. Here the dose may be low. You can take Sharon 5Å mg 3 times daily for 5 days to get your period. Before that check your urine for pregnancy. Tubal patency should be checked. DAY 2 FSH, LH,PROLACTIN AND THYROID AND SERUM INSULIN FASTING AND POSTPRANDIAL LEVEL TO BE CHECKED TO KNOW THE SEVERITY OF POD.METFORMIN CAN BE TAKEN TO REDUCE THE INSULIN RESISTANCE.

I am 27 years s old, and I have been doing masturbation from last 14 years on regular basis and I would say on daily basis. The problem is that now I don t feel like having sex, my body aches, and even the penis doesn t get hard enough. It ejaculates very quickly and it is hampering my sexual

life as well. Please help me out	Maintain a healthy weight2. Avoid high blood pressure and high cholesterol levels3. Reduce smoking and alcohol intake4. Exercise regularly5. Sildenafil can be used in severe difficulty No need to worry as this is a very common problem in young adults. Hope you will take care of the above things and sort out your problem.
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I am 27 yrs male,have a athletic physique. Doctor have prescribed me Udiiv 150 (3mths course) for fatty liver. Also I have a few acne/pimples on my face,shoulders and back. For that reason another Doctor have prescribed me Tab Azithromycin (150) and Supradyn (Multivitamin & Minerals) (2mnths course). I have read on internet people witpromised liver fuction should avoid Azithromycin.I am really confused. What should I do?	Exercise, and lose weight!fatty liver in your age suggests that you're above the recommended weight for your height. The best way to reverse a fatty liver is not through medicines, but with weight loss, associated with reduced caloric intake and exercise, like maybe, a brisk walk for 30-45 minutes a day. You do not have a compromised liver. And so, you may continue with your doctors prescription of azithromycin, as long as you do not develop any unwanted side effects.
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I am 27 yrs old. I usually have left abdominal pain diffuse severely. When I visited doctor, I was informed that I had focal areaof consolidation left upper lobe. He prescribed me some medicine and I am taking it but it doesnt seem to make any good improvement. So, please tell me what to do ? which treatment is best in your opinion: allopathic or ayurvedic ? Why ? I would be very grateful to anyone who shares my problem and suggests me. Please, help me.	You have not mentioned left upper lobe of what. But It seems from your description that it is left upper lobe of your lungs. Pain of Consolidation o f upper lobe may be involving lower lobe as well May radiate to left abdomen. If am allocate I can only advise about allopathic treatment. A broad spectrum antibiotic anti-inflammatory analgesic plenty of fluids steam inhalation. Full rest is also must. Keep visiting your doctor regularly. He may like to alter your treatment. May also like to investigate you further for any abdominal involvements. Get well soon.
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I am 28 yrs old and from April of this year I am feeling mild pain in my left abdomin.I visited my many doctors and gone through many treatments but didnt get any result.The doctors suspected infection in my overy as they didnt find any thing in the sonography report but when the antibiotic which they had prescribed didnt work they come to a conclusion that I have endrometris.All the Doctors told me that I need to do an operation for this.I feel this pain when urin accumulate in my bladder .Some during intercourse I feel the pain.We have always used condoms as a precaution so I dont know whether I am infertile or not.I want your guidance.Please help.	Hi, Thanks for your query. I read your query and understand your concerns. Following is my reply: Its worth going for laparoscopy in your case for 2 reasons: Endometriosis can be surely seen and treated. 2) Tubal patency can be tested to know whether it is cause for infertility. Go ahead with laparoscopy. I hope I answered your query. I will be available for any follow-up queries you have.
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i am 29 years old currently in bangalore , i am in love with a girl(whom i am about to marry in couple of months)we had sex 3- 5 times and i couldn t last for more than 1 minute, she is not satisfied that i can see that even she says she is ok, i have read many articles of premature ejaculation symptoms are the same. I am about to marry her but i am in a feeling where i may not make her happy. Is there a way where i can get out of this. And i am very shy kind of person to discuss this with others or donno how to approach anyone with this. Please suggest.	HAxiety is the main problem for premature ejaculation. Also, check for sugar levels and testosterone levels. Avoid alcohol and smoking. Eat green leafy vegetables helpful. After erection intermittent intercourse with squeezing, the technique may useful. Need counseling by sex therapist and psychiatrist helpful. Please consult your sex therapist for further evaluation and
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treatment. Hope I have answered your query. Let me know if I can assist you further.

I am 30 years old male, married. I have consulted a doctor. My lab test reports are shown a case of oligospermia. Doctor has said that I have to take tablets for 2 months. Compulsory has to be done. I don't want. I want to control with tablets if possible. Please advise me what should be done to control this.

Hello, Thanks for query. Based on your statement, your semen analysis has revealed low sperm count Oligospermia. Following measures will help increase sperm count: 1) Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning. 2) Take high protein diet rich in vegetables and fruits and vitamin A, C, D, E, and Zinc. 3) Take antioxidants like Almonds 5-6 every day. 4) Avoid alcohol and smoking. Taking Camphene on alternate days for 4 months helps to increase sperm count.

Input	Output
<p>I am 30 years old men,working as an IT profession ,i usually have oily skin which result in 7 to 8 pimple every month ,some of which are very painful,but now the problem is on the right cheek i have developed too many pimple and every day one or the other is erupting ,causing lot of pain and dark spots which are very ugly looking,tried everything using nadoxin,benzyl peroxide ,washing face at least thrice daily,but with no result,please advice and is there any permanent cure for pimple.</p>	<p>Hi, With proper treatment plan and strict adherence to the treatment advised, you will have a clear countenance for sure. Use a mild medicated face wash containing salicylic acid to wash your face twice in a day. Too much washing of face can harm your skin too. Use water based moisturizer and sunscreen meant for oily skin. As you are having acne flare, you need to take a course of oral antibiotic and/or isotretinoin depending on the type of acne lesions you are having. Amongst the topical one can use clindamycin, benzoyl peroxide, mandolin along with Darlene or retinoid. So basically a proper analysis of your skin is required, before suggesting which oral and topical therapy would suit you best. As your skin is extremely oily, and you are getting pigmentation marks, you can also take salicylic peels as it will reduce oiliness over your face, treat acne flare and reduce pigmentation spot. Take care.</p>
<p>i am 30 yr lady diagnosed potts spine in 2015 jan,after that i got treatment antitubercular drugs and feeling better but i gained 12 kg extra wieght and sometimes i m getting severe pain in my thighs and legs ,please suggest me good diet plan and exercises.</p>	<p>Hello dear, .come have evaluated your query thoroughly.* This pain in thighs, legs seems in relation with deficiency of vitamins, micro nutrients, iron or others.* Guidelines for better recovery- .</p> <ul style="list-style-type: none"> - Balanced nutritious diet with rich of iron, protein as green leafy veg, whole grains, cereals, pulses, legumes, organic fresh fruits, milk.- Walking in fresh air, rotatory movements of lower back (gradual) , sleeping supine position with circumferential movements of hips 180 degrees in clock wise and anti clock wise help great. Hope this clears your query. Regards.
<p>I am 30 Yr old, From last 4 days I was having fever and cough together. I had treatment from doc and now fever is no more but my cough is getting very bad today I noticed that I am coughing up blood with green bulgum.Please suggest what to do.Thanks.</p>	<p>Chest X-ray PA2. Hologram with ESR3. Sputum for gram stain. Till the reports are available to discuss with your doctor to start you on broad spectrum antibiotic like Augmenting. You can take cough syrup like Ben . This is my personal opinion for you based on available details. If you have any further query please ask me. Stay Healthy, MD</p>
<p>I am 31 years old married guy and below are the particulars of my sperm test report. Please have a look into this and interpret the results to me. should i consult a doctor for a baby. Volume: 2 ml colour: Pearly white LIQUEFACTION-NORMAL: 25Min Reaction: Alkaline Sperm Count: 70 million/ml Active Motile: 40% Sluggish: 30% Non Motile: 30% Epithelial Cells: nill Pus Cells: 6-8/HPF Morphology Normal: 60% Abnormal: 40% I am waiting for a quick reply. Thanks in advance for your support</p>	<p>Hi.I analyzed your reports.my opinion is that,your semen analysis report is normal except that of increased pus cells. Normal pus cells in semen analysis should be up to 2,but you have 8 pus cells.2) increased pus cells in semen analysis test suggests some infection in your genital tract.3)kindly consult your treating doctor. He will advise you an antibiotic course. Thank you. Hope my answer will help you.</p>
<p>i am 32 year old lady who was using diprovate-rd for 5years but recently i stopped using it as i was</p>	

getting lot of pimples so my skin doctor suggested to stop using it as my skin has become very sensitive. he told me that i need around 3 months to come out of its effect. but i am very sad as i have lost the glow on my face at the same time i have got many rashes on my face. i do not want to use diprovate any more.tell me will my face will become normal.

Private rd is dexamethasone lotion and continuous use causes many effect as skin become very sensitive as in your case. It also lowers the immunity and many systemic side effects. But don't be desperate as take vitamin C tablet twice in day for at least 6 months without any side effect. This will not only increase immunity but skin will glow and normal flora will restore. For local application use broad spectrum sunscreen lotion. Hope I have answered your question. If further any question I will help. Good luck.

i am 33 year old men and when i excited my penis stand and some water comes but when i start sex with girl when touch my penis with virgin my sperm discharge without enter in virgin i am very disappoint for that and very depress plz advise me.

Degree understand your concerns went through your details. The clear liquid comes out of your penis while it is erected is called pre-ejaculatory fluid or prenominal fluid. This helps as a lubrication while doing masturbation or sexual intercourse. Several physiological mechanisms have been hypothesized to contribute to causing premature ejaculation including serotonin receptors, a genetic predisposition, elevated penile sensitivity, and nerve conduction atypicality. You should consult a physician to ascertain the causes. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

I am 33 yrs old just completed 9 months medication due to glands TB. After completion of course there is still little swelling in glands, which much little as it was 9 months ago. I just want to know why there is swelling after completion of course

HiT thanks for posting on Given that one of the manifestations of glandular TB is the progressive enlargement of the glands, the original size of glands before infection may not be attained so easily given the chronic inflammation that already took place. The size is however expected to reduce in the course of the treatment. Persistent minor swelling does not mean you still have the infection. However, after the treatment, a gland biopsy can still be sent for analysis before you are declared healed. You may see your Doctor for a confirmation of healing if not yet done. Hope this will help
Best regards

I am 35 yrs old and from last 15 days suffering from sneezing and blockage of nostrils. In a normal, one is open and other is block and it changes. but some time both is closed. I have started to take Celen (Vit. C) from today. I am allergic from dust. Sneezing is started when I get up after sleeping most of the time. Please tell me the medicine and other precaution for cure it.

Dear friend, You symptoms seem to be developing after allergy. Early morning sneezing is also a sign of chronic allergy and some simple things to do over a few weeks would help you. Avoid dust exposure as much is possible, cover nostrils & mouth when be in a dusty situation. Try covering you head during night and identify whether morning sneezing also happens because of temperature variation during night (sleeping directly opposite a fan, extra cool or warm room etc.). If so avoid this. For blacked nose take steam two-three times daily. Start breathing exercises.deep breath.hold.and release slowly. Many times daily. When severe symptoms are there, use over the counter anti-allergic medicines with decongestants. You can continue with It C. persistent blocking may lead to a sinus infection so consult a Physician or ENT person if things don't get better. Do well. .

I am 35yrs old and my husband is 37yrs old, we dont have issues my husbands sperm count is

low and I have irregular periods. we have tried enough medicine from past 8yrs. I have tried iui twice but of no use. I belong to a middle class family where i cant spend more on my treatment. now my husband has got rashes on his penis which hurting him from past two months , when we consulted a doctor he said it is due to virus which can be curable. sir my question , can i my husbands disease can be curable? can we get a child, what would be the cost of treatment.one of my doctor suggested to do laproscopic surgery , can i try thatpl advise

Low sperm count and the viral infection do not seem to be related. Low sperm count is even before your husband had this viral infection. What is the count? What about complete semen analysis? Has he undergone any investigations? The reports are needed. Does he work in a very hot atmosphere like near a furnace? This decreases sperm count. Please get him examined from a urologist to find out whether he is having varicose veins in the scrotum. That also brings down the sperms. Moreover, you are also having irregular menses. Your work up is very important. Please find out first whether you release eggs regularly or not. For that your hormonal estimations in the blood is required. Also study of the lining of uterus reveals so many things. Have you got it done? If the eggs are not released, GUI cannot help. Frankly, in infertility, unless all these investigations are done and there reports are available, correct guidance cannot be given. Please get these investigations done and ask me direct questions when I can guide you properly.

I am 42yrs old i am sufering from neck pain from past one year, i have met general/neuro/ortho specailists, all suggest to do exercise, I have taken the x-ray and MRI scan also it says small focal posterocentral discal protrusion seen abuting the thecal sac at c4-c4 & c4-c5. central spine canal & nerve root canals are at adequate dimensions, Cervical cord at this level appears normal. My problem is i am doing regular exercise suggest by doctor/physo but still on & off pain, some time it is unbearable. Pain floats in my neck,lower back,shoulder,upper chest,left hand,behind my head. I request you to give me a good suggestion please.

Hello there, As your clinical signs and MRI findings are suggestive of poster Central disc protrusion this can be managed conservatively by neck extension exercises along with Inferential therapy and moist heat therapy. Few sessions of short wave diathermy will also helpful but not continuously. A physiotherapist certified and experienced enough in MC. Kenzie manual therapy techniques of spine will be the best person to take you out of your pain. Traction therapy is also helpful to reduce the radiation. Combination of Physiotherapy as mentioned above and some NSAID (non-steroidal anti-inflammatory) . If this does not give you any change then you can opt for OZONE THERAPY and in the worst case (like herniation stage) surgery is the only solution. Wish you a pain free and cherishing life soon.

I am 43 yrs old and diagnosed Sugar in September 2014 and taking medicine since 2014. my sugar range is fasting around 130-140 and pp below 200. But I always feel heaviness in head or dizziness and my CT Scan ok. Always feel pressure in head on both side of head.

Hi Please note that the headache may be due to high Blood Pressure (BP) as the diabetics are prone to develop high BP after few years as per some studies. So, go for BP checking if BP above 140/90 at more than three occasions, then you have to take tablet Telmisartan. Or it may be the result of side effects of antidiabetics you are taking .you can discuss this aspect with your treating physician. Hope I have answered your query. Let me know if I can assist you further.

i am 50 year old women,having height of 5 feet 4 inches and 50 kgs weight. sir i am having pain in my nerves and also in my bones, i shown to doctors at my place in government hospital but they are not able find the disease. The nerve near left knee is continously paining from many years and now i am feeling pain in knee joints, ankle joints and finger joint are swelling and also the area where pain occure that area becomes red. please tell me what type of deasese i am having and

what is its cure.	<p>YYour symptoms are suggestive of chronic arthritis. For this reason, I recommend consulting with a rheumatologist for a physical exam and some tests: - complete blood count, PCR, ESR for inflammation- AS tier antibodies-Rheumatoid factor plasma levels-ANA and ANNA tier antibodies. Further tests may be necessary, based on the above test results. Steroids may be needed. Hope I have answered your query. Let me know if I can assist you further. Take care .</p>
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<p>I am 54 years and am having a mild pain whenever i do jogging just under my clavicle.I visited the medical practitioner and it resulted in approximately 50% blocked left heart artery.I dont want to be operated.My height is 1m 72cm and weight 75kgI am a diabetic person (since 14 years and i have not strict control on) and no other medical troubleWhat do you advice me Thank you</p>	<p>Yes, this can be treated without surgery. You are having single vessel disease. And stenting is the treatment of choice for single vessel disease. Consult cardiologist and get done coronary angiography. During this procedure, stenting is done to open the blocked artery. After stenting, you need to take cardiac supportive .</p>
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<p>i am a 21year old male, i have problem of hair loss on hole sclap since 1 year. i have been using taugin 10% solution and biotee tablets, since 2months. i have seen some new thin hair in my front area of sclap but they have not seen hole sclap. sir pls suggest me, how much time it will taken to hair growth in hole sclap. Thank you sir.</p>	<p>Hi Dear, Understanding your concern. As per your query you have symptoms of severe hair loss which is mainly due to nutritional deficiency, underlying systemic infection, improper cleanliness and could be due to hormonal changes. Need not worry. I would suggest you to avoid application of excessive and hard shampoo on scalp and take supplements containing zinc, selenium, iron, calcium and also multivitamin tablets daily. Apply Minoxidil 2% on hair follicles and take a nutritious diet and plenty of fluids. If symptoms keeps on persisting consult dermatologist once and get evaluated and start treatment accordingly. Hope your concern has been resolved. Best Wishes,</p>
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<p>I am a 23 old girl. I had ipill twice in past, first in December 2013, then in Feb 2014. Now, i had unprotected sex on the 25th day of my cycle, and my partner ejaculated inside me. Will it be safer to take an i-pill again ? Shall I consult a doctor? Is taking i-pill harmful for my health & future pregnancy ?</p>	<p>Hello dear. Understand your concern.I advised don't take it again, it is done complication in the future, it inhibits ovulation & lead to infertility, increase chance of abortion. Actually, you did sex in your safe period, if your cycle is regular, then no need to take it. But if your cycle is irregular, then wait, consult your doctor.I advised, use condoms, diaphragm , it also protects you from unwanted pregnancy & STDs. Hope this will guide you. Best regards. .</p>
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<p>i am a 25 year old fellow. i am facing hair loss since last 4 years it happend all of a sudden i never had any such problems before i am not able to make out how can i prevet this and the main parts of my hair loss started from neckside hairs and the front part of my head is continuously getting shed.please suggest somethings .i heve taken treatment in homeopathy ayurveda but allopathic treatment was a little better.i continuously shaved my hairs for long durations but hair fall still doesnt seem to stop. i had good dense hair hairs so still have a normal look to my hairs but side fronts are almost gone please help me</p>	<p>1.Treating the underlying cause 2. Avoidance of stress 3. Dietary modifications 4. Minoxidil solution to be applied locally to stimulate the hair follicles 5. Multivitamin & multi mineral supplementation these medications have to be used regularly under the guidance of a Dermatologist, as hair loss tends to return on stoppage of these medications. There is no need to worry. Your hairs will grow back again. Wishing you a Good Health. Take care.</p>
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I am a 26 year old married man. we have got married in 2007. first 3 years our bed life was really awesom but now a days for last 6-8 months my wife is not comfortable with me on bed. she don t like all these things. she even don t want to talk about this matter. because of all these things i became very frustrate , I can t concentrate in my professional life. I am not able to understand why she is behaving like this. Please help me. Actaually after 3 years of marriage i want a baby desperetly, but she even don t want to tak about this. after Marriage she got pregnant 2 times, but at that time we have not continue those issues. I feel very sorry for that step. Please help me. I am in Delhi.

Hi! com. What about a child is your wife worrying??? Extra responsibility? Additional loss of freedom. Talk to her openly and nicely what exactly she is feeling? Is she depressed? Does she work outside or homemaker? Do take a second honeymoon away from your place if possible for a week or so, the change of place may do some good and encourage her to talk freely as to what is troubling her. If nothing works maybe she requires some counselling. Do the needful.

I am a 27 year old girl. I had a accident when I was about 10 year old and its scar is still there on my right cheek just next to nose. Its size is about one and half inch. By a close looks its faded but as scar skin is darker from the other part of the face, it makes it more noticeable. I want to know if it can be removed or at least be made less noticeable as it effect my self confident a lot. please help me with few creams which help in removing scar from face.

Hi, Thanks for writing to us. Your scar is too old to respond to creams alone. Use of retinoid cream like retina a 0.05 percent might modify it to some extensor a definite treatment, You may consult a Dermatologist or a plastic surgeon for scar revision surgery. The scar revision techniques are devised to reduce the visibility or smoothen the scar as much as possible. You may also try laser resurfacing for scar reduction. Hope that helped. Take care

I am a 28 years male. I have swelling under my lower part of rib cage on left side. It is from 4 years now. I never felt any pain before. But I feel discomfort when i bend on left side. I have never felt any pain but some times it pains in left abdomen or under left rib cage for a fraction of seconds. I dont know what it is. One can easily see that left rib cage is swollen nd not in shape as of Right rib cage. Please help me i am bit worried. Is it something serious.

Hi forum. F. It appears to be the lipoma, and nothing else. What ever pathology of left upper abdomen like gastritis, pancreatitis, etc. will never elicit to the outside. More over it is painless at the same time causing discomfort. I advise you to consult a surgeon for diagnosis and treatment. You may have to take C.T.scan, besides other routine tests and manual examination for confirmation. Wishing for a quick confirmation of the disease and cure. If you have any doubts you can approach me for follow up. Best regards.

I am a 32 year old female. My arms and back are extremely pigmented. I can assume that the pigmentation on my arms is because of sun exposure but i have never exposed my back to sun but still it is deeply pigmented and it also has a big dark patch in the middle. I consulted a dermatologist for my arms and she gave me Hyclean cream. I want to know that for how long i have to apply this cream and is there any other treatment available for my problem.

Hi, Welcome and thanks for posting your query to . It appears from your query that your pigmentation can be either due to simple tanning part or the other important cause is known as lichen amyloidosis. If it is due to simple tanning then your cream - Clean would be beneficial to improve the pigmentation. It contains sunscreen and skin bleaching agents so giving you dual benefit. It is to be applied thinly, preferably at nighttime but can be applied at daytime also. One pea size amount over the fingertip is sufficient for palm size of skin. Do not rub it over the affected area or direct exposure to sun, otherwise can cause irritation. If it is lichen amyloidosis then all the treatments actually are less effective. You take guidance from your dermatologist regarding exact

cause of the pigmentation. She would guide you for the same. It has to be applied at least for 2-3 months to see visible results. There are many a treatment available but before that we need to clarify the exact cause. Along with it eat a lot of vitamin C and vitamin A containing fruits and present sun exposure. Hope these information will help. With good health wishes .

Input	Output
<p>i am a biy at the age of 22 age i feel possessive about my own thing. even more than that it is continuing in my love case also , if my lover say that i speak with that boy means i feel disturbed, but she in in love with me and me too. plz give any solution for this , is this any problem any treatment is needed ah sir.</p>	<p>Hi Dear thanks for your question, possessiveness in love at this age is a normal, but don't be possessive so much that it disturbs your day today life, take things lightly, your primary concern should be your studies, or your carrier, i mean what ever you're doing, as you will grow with time these things settle dawn of itself. Love at this stage is usually lusted. Concentrate more on your studies, keep yourself busy with work and after a few years you yourself will realize, was it love or, lust or wastage of time, remove the fair of loosing her /him, in journey of life you will find many better lovers than you think he or she is. Hope my answer will benefit you</p>
<p>I am a Clinical Pharmacist, let me guide that a patient having dry cough, complaint of salty water with cough from last one month. No temperature and any other sign. what will be the possible treatment for this. My treatment choice is ciprofloxacin 500 bd ac antitussive 2tsf tds pc pantoprazole 20mg bd ac itopride 50mg tds ac</p>	<p>In my opinion the treatment is good. But I prefer Caroline over fluoroquinolones. As coverage of Caroline for upper respiratory tract infection is good. And no need to give levosulpride. Give only proton pump inhibitors. I would also like to give anti-inflammatory . All treatment for 5 days. If not improve in 5 days than get done chest x-ray to rule out lung infection.</p>
<p>I am a mechanical engineer and working in a foundry.our job is melting of iron basically.Due to heat i have dark spots on upper portion of my cheeks not on all face.pls tell me what medicine i should take to remove those.There is a lot of difference in my complexion of face and of hands.My hands are very fair in complexion. Thanx.</p>	<p>Hi.thanks for your everywhere is a possibility that you have developed Plasma. This condition is aggravated by UV light sources, sun maximally. Please wear a sunscreen with broad some thrum of action during the daytime. Its is important to use umbrella and reapply the sunscreen 4-6 hourly. You can use a combination of HY . Following which you should review for the further line of therapyMelasma is a very chronic recurrent condition. Hence I would advise you to start the treatment by visiting a dermatologist soon. Hope this helps .take care!</p>
<p>i am a medical student going to complete my internship in another 1 month,,,, my mother is having bronchial asthma from an early age. she uses seroflo inhaler for long action and levolin for immediate relief. for intermittent exacerbations i give her nebulisation. she still has wheezing while wallkn and while climbing stairs ,, kindly suggest your opinion</p>	<p>Were I treating her, I would prescribe her regular montelukast in addition to Aeroflot inhaler. It will help her exercise-induced symptoms as well as improve control of asthma.2. I would also make sure that her technique of using inhaler. This is the most important aspect as if it is not proper, adequate amounts of . 3. If she also has allergic rhinitis (nose symptoms), sinusitis or gastroesophageal reflux disease (heart burn, regurgitation especially after hot/spicy foods), I would also treat them simultaneously as each of them can aggravate asthma.4. If she needs to use leveling or nebulization more than twice a week, it means her asthma is not properly controlled and in that case I would increase her controller medications.5. Personally I would suggest her allergy testing which will help her to identify the substances causing allergies and also to know the measures to avoid them. Based on allergy testing, an Allergist-Immunologist may prescribe her allergen specific immunotherapy which works on her immune system to reduce allergy symptoms gradually.6. Regular breathing exercises (including Yoga & Panama) and a healthy diet rich in</p>

vitamins, minerals & antioxidants (i.e., adequate amounts of green leafy vegetables, fruits, sprouts, etc.) will also improve her lung capacity and immunity respectively and will help her in a long run.7.

In general, I would suggest her to avoid exposure to dusts, smokes and air pollution as much as possible. Hope above suggestions will be helpful to her. Should you have any further query, please feel free to ask at . Wish your mother the best of the health. Thank you & Regards.

i am ajay from city:kota, State:rajasthan (India)My mother has spleen problemshe needs blood every 25-30 days and always feel fever in her body.we have changed many doctors but still we have not get correct solution for my mother problem.I belongs to a middle class family. please tell me some solution and real reason for this problem.Thank you sir

Hello and Regular requirement of blood transfusion along with some spleen disorder suggest a hematological disorder. Thalassemia is one of the commonest hematological disease requiring regular blood transfusion and an enlarged spleen. It is not possible to guess the disease that your mother is suffering on the basis of brief history. Thus, I suggest you to post complete details for more information. Thanks and take care .

I am Alekh gupta (25 yr old). On my fore head a lump is grown and my two on skull. The lump on my skull pains sometime. I have gone through X-Ray but no bone abnormality detected. Please suggest me for what further treatments should i go for ?

I studied your query in depth. I feel concerned about it. In my opinion you are suffering from-Acne lump ? Which is most common at this age ? Or may be?Desmond if it's in the center of your forehead / Acne is most probable as its painful. I would treat it with-Tb NSAIDs/ Antibiotics-to be taken under cover of your ER doctor. Hope this would solve your query. Please contact again, and I would love to attend your queries promptly. Have a good time.

I am an epileptic patient from the age of 3 years. Then started with treatment. It recurred on tapering the dose once and with same treatment once. I had my last attack 14 years ago. Know, it was suggested do the MRI and EEG to taper the dose or change the medication as I am taking Phenytoin and Phenobarbitone currently. EEG was normal with no epileptic foci. MRI had two calcified granuloma with no edema or lesion around it. Does this Calcification still can trigger epilepsy in the future or can my seizures be stopped completely or cured.

Hi, epilepsy seizure can be caused by those granuloma lesions. Childhood epilepsy sometimes difficult to be cured completely. It has guideline to taper and stop medication if you are seizure free. As mentioned you had recent episode of seizure episode then you will be put on medication again for another five years of seizure free period. Hope this would have cleared your query and feel free to contact me if you have any query Thank n regards

I am Anand kumar 25y/m.i am married and we r trying to conceive.i want to discuss my semen report quantity 2ml. liquefaction time 20 min. sperm shape- normal, head- single, motility 46%, sluggish-20%, dead-34%, pus cell-6 to 8, total count-48million/ml. is this ok.

Hello Anand The semen analysis report should be slightly better, although it is not bad like the motility should be more than 50% and the dead sperms should be reduced. The reason for the less motility and dead sperms are smokingalcoholworking in excessive hot weatherhaving bath with warmer water. So see if you have any of these problems and stop or control them.Also, you can get prescribed antioxidants and multivitamins from a doctor close by, and it should improve. So discuss with the GAEC and both of you get the required treatment. Thanks

I am Ashish and i am from delhi i am suffering from chronic backpain since few months but now after some rest physiotherapy iand massage i am feeling better but this pain is still irritating me at times i have a pain in my lower disc l4 l5 please suggest me the needful remedies to get rid of it as

<p>i am a marine engineer i need to get back to work soon</p>	<p>Has you have chronic back pain you need to be investigated for slipped disc or sciatica. You might need to be done ct scan of spine if your X-ray turns out normal. You can take painkillers and apply ointment to alleviate the problem of pain. You can do some back exercises you can be shown by the physiotherapist. Apply hot packs before you go to sleep it will give a lot of relief. Avoid lifting heavy objects and bending lottery to sit properly with your back aligned to the chair use firm mattress when sleeping hope to have helped answer your query wish you a quick recovery.</p>
<p>I am Ashish I recently had a fungal infection in my private part, i lost my hair from there but after using Paderma+ its again coming back. Now i am loosing hairs from my scalp in small patches docs said its Alopecia but I am thinking that its the same fungal infection. Also wanted to know that is alopecia 100% curable and tenure of its treatment. i am having TBIS and Adgain capsule and vvaz-cz.</p>	<p>I really appreciate your concern, in male person Male patron baldness is common phenomenon and in your case this might be the reason and not the fungal infection, of course you might be having fungal infection of pubic hair but in scalp region hair falling could be the Male patron baldness and this can be prevented with Minoxidil 5% lotion apply this on scalp twice in day, hope this information helps, take care and have a nice day.</p>
<p>i am basically a restrictive cardiomyopathy patient since 5 yearrs and i am having a hydrocele since 20 years of 38 years age, 52 kg, 170cm. Now i am getting more pain in hydrolcel due to fluid accumulation. Is it possible to operate hydrocel and any side affects please</p>	<p>Regarding your concern, I would explain that you have no contraindications to surgery. But considering your restrictive cardiomyopathy, you are at an increased risk for possible cardiovascular complications during surgery. Anyway, if surgery is done with epidural/spinal anesthesia or safe general anesthesia with dominate, there is nothing to worry about. Besides, surgery is performed under close monitoring of the vital parameters by your anesthesiologist. You have nothing to be afraid of. Surgery would be a good option for the relief of your symptoms. You should discuss with your doctor on the above issues. Hope to have been helpful! Kind regards,</p>
<p>i am boy of 13-14years old and i masturbate daily at once,sir this is becamng like habit ,sir i want to know is this safe for me to do and does it cause any sexual problem in future. And if it is not good then how i keep control on it.thanks you</p>	<p>Hello It is a myth that masturbation causes sexual problem in the future. Masturbation is just a method to release accumulated semen. It is replenished in our body readily. But Obsession of masturbation is bad, and you should try to overcome this habit. You should avoid provocative literature and videos. Try to concentrate in your studies. You may need psychological counselling if needed. Get well soon. Take Care .</p>
<p>I am concerned about my friend he is a 45 yr.old male with a super large ball one of them is a size like a roma tomato. it dosent hurt him till he has to bend down. I keep telling him to see a dr. but he keeps putting it off. could this be serious for him</p>	<p>It could be a HY . 2. Possibilities of testicular mass can not be ruled out.3. Needs a scrotal scan to analyze the cause of the swelling.4. Inguinal hernia does give a lump in the scrotum.5. Delay can complicate, as your friend to seek medical assistance as soon as possible. Good luck. Hope it helps you. Wish you a good health. Anything to ask ? Do not hesitate. Thank you.</p>
<p>I am currently having problems in the liver , the reports said its Fatty Mild liver and my ALT reached at 89, I feel lots of pain in my back, kindly advice what I have to do as my doctors medicine did not work that much and the pain is still there, please advice the remedy and things which i can eat and drink to make it to normal again. Thanks, look forward for your valuable inputs</p>	

on it.	<p>Restrict the intake of fatty foods.2. Regular exercise.3. Plenty of water consumption per day.4. High protein, low carb . 4. Medications to be taken. A combination of sorbitol and trampoline citrate for at least 6 months.b. orbiting containing compounds for a months. Silymarin containing medications for at least 6 weeks.d. vitamin B complex supplements. The above treatment needs to be continued for 6 months. Repeat liver function tests and USG abdomen after 6 months. I am sure this will give you relief.</p>
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<p>I am Dr. Khan, My wife met with a car accident and she has L1 compression, she is on bed rest. Dr told her to take 2month bed rest. now its almost 50 days. she has pain in Hips and also on compression site. plz guide me . she has to do some exercise plz guide me. Thank you .</p>	<p>Hi, This treatment is being suggested on bases of the information provided. However, I would like to examine & investigate the patient in detail. Control hypertension, diabetes or any other metabolic disorder, if there is any. Any way it may be tried -- Looking Plus (Mankind) [Diclofenac + Paracetamol] 1 tablet OD & SOS for 5 days. Calcified plus (Mankind) 1 tablet OD for 10 days. (You may need help of your local doctor to get these medicines.) Fomentation with warm water. Let the part not be exposed to cold air. Sleep on a hard bed with soft bedding. Use no pillow under the head. Avoid painful acts & activities. Do mild exercises for all joints. (Take help of a physiotherapist). Do not ignore, let it not become beginning of a major problem. Do ask for a detailed treatment plan. Kindly make sure, there is no allergy to any of these medicines. For emergency treatment visit the nearest hospital. Wish you a quick recovery & good health. Hope I have answered your query. Let me know if I can assist you further.</p>
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<p>I am experiencing a severe hair fall from 6 months.My hair fall started after I moved to Hyderabad city before .In my family no one is having genetic baldness but I am having premature graying since my 10th standard and I have used hair colours from 10+2 standard. Now I am 21 and with medium hair in middle but afraid that I will get baldness. Please give me advise which products should I use for controlling my hair fall and regrowth.?</p>	<p>My Dear ! I have reviewed and analyzed your complaints. Your description matches very closely to that of a condition called Alopecia Areata which results in diffuse hair fall from scalp and can be triggered by the events like the one that you have described. Let me reassure you that you will, in all probability, recover from this problem. To my patients, I suggest the following measures, and they are helped a lot with this advice1 Practice good hygiene2 Have balanced diet3 Correct anemia4 Do not massage vigorously5 Brush hairs when they have . Therefore, use of such products may or may not be always rewarding. I am sure you will be helped by the suggestions and recover soon. Best wishes from the team!</p>
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<p>I am far from Mumbai and I am really feeling upset now I think I have spoiled my life I am turning 23 and still have nothing to do in my life. I am yet to graduate and this thing worries me a lot. I don't know I will encourage myself for studies plz guide me I have only one close friend I am not an outgoing person I always stay at home and hardly talk to someone. I have my family by my side but now I feel bad to spend time with them.</p>	<p>I understand your concerns went through your details. I suggest you not to worry much. I sincerely think that you are a victim of life disappointment. You have not given much of information therefore it may be difficult to diagnose your problem. I feel that you lack motivation and self-confidence. You say that you are 23, and you are yet to complete your degree. Why so? What makes you lag behind in your education career?. Are you able? So many questions need answer. For the time being, understand that LIFE IS LIKE THAT. Nothing happens as you wish, but you should always be hopeful and try again and again. Success should not be far away. If you are interested in more information in this regard, you may post a direct query for me. Hope this</p>
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answers your query. Available for further clarifications. Good luck.

I am feeling motion in my head and stiffness in neck ,my doctor earlier gives me vertin for it,i feel numbness in forehead and feel like passaway that moment but after 4-5 weeks he gives me ezeepam-10mg,etilaam-0.5mg, valance-od 500mg.Now arround eight months are passed but still i need to take the same medicine regularly.Please suggest what i have to do.

Dear NeelgaganMy suggestion to you is that you consult an ENT specialist asap as most of the feeling motion episodes are due to the involvement of the labyrinthine system in your ear. Vertigo is a very vast symptom, so it is exactly hard to tell you exactly what is going on. If you can give more details maybe we can get closer to a diagnosis, but you will need to run a few tests. Please do tell me your age, gender and more details about the motion. Do you see objects around you moving, or you get the feeling that you are moving? Is the movement in circles or vertical? Take good care of your self Thank UACIF

I am female lady from India.I got chicken guniea in2006 which was very very severe and as you know that chicken guniea virus does not have any shape or colour just like HIV virus as I got tested Doctors are getting confused in finding out the real problem with me can you suggest what can be behind it as I tested but still sactors are confused

Thank you for posting your query. I can understand that you had Chikungunya in 2006. It would have been excellent if you had given me the current symptoms or problems you are facing. Let me help you. Chikungunya is caused by chickungunya virus as you have correctly pointed out. The symptoms include fever, muscle aches, joint pain, rash to name a few. It can be diagnosed by serological tests like ELISA and RT-PCR. Currently, there is no specific treatment. It is treated symptomatically, like for fever paracetamol is given. Do not panic. Visit any government or private hospital, visit the medicine OLD and get your debts cleared Feel free to post any other question.

i am from bangladesh, i have been suffuring HBsag positive since 2008. in bangladesh there is no treatment for these disease. after long time searching i found these helpful medical site.before six months result my DNA is negative and local consultant says now it is inactive position.but i want to cure fully. what can i do now? please help me

Hi & Welcome. Incomplete data like age, gender, liver function tests and other serological tests for hepatitis B virus, etc.??? Based on the history and the result of the lab tests given you seem to be suffering from early acute hepatitis B virus infection. Since such type of infection usually resolves spontaneously and gives long-lasting immunity, hence there is no specific treatment for acute hepatitis B. Care is aimed at maintaining comfort and adequate nutritional balance, including replacement of fluids that are lost from vomiting & diarrhea. There's no role of oral antiphon . However, you have to repeat the serological tests along with liver function tests after 6 months. The absence of IGM antiphon or the persistence of Bag for 6 months along with the presence of Head, reactive HBV DNA & Total Antiphon indicates chronic HBV infection. In such a case you may be evaluated by specialist experienced in the management of chronic hepatitis B infection. Currently, Regulated Interferon alpha (PEG-IFN-a), Endeavor (ETV), & tenofovir are the first-line agents in the treatment of chronic hepatitis B disease. Hope the advice given above would be useful to you. A feedback is highly appreciated.

Input	Output
I am from india I am suffering from gastritis and asthma problem what is best remedy for me because if i take medicine for asthma then it effect my stomach and after some days problem increase and if i take medicine for gastritis then asthma problem increase	Gastritis is inflammation/irritation of the stomach. You may need to change the medication that you are using for it if it worsens your asthma. Also monitor your diet to see if there are any particular foods that may be upsetting your stomach. Asthma control is very important, so your doctor may also need to look at the best medications that you would be able to tolerate. I hope this helps
i am from india. yesterday my father suddenly prasure is high and fall dawn unconsciousness ly minor broken his head in back side and minor blood come through his nose and ear also. my father age is now 74. now he is now hospital in GNRC hospital , guwahati ,assam ,india.	Hi, Thanks for writing to us. Your fathers' case is clearly evident from the fact that he had high pressure. This uncontrolled high pressure gave rise to stroke, which may of two types:a.ischemic stroke-more common. Haemorrhagic stroke for a non contrast CT can (NCCT) asap.It's good that he has been hospitalized where proper care can be given. But remember once returns from hospital please ensure that he takes his antihypertensive medications as per as scheduled. Hope I have answered your query. Stay fit, good luck.
i am from orissa . i am quite dark in colour and feel very inferior to my friends who are quite fair even after being exposed to sun and my height is 5 3 .what can i do to lighten my colour as well as increase my height few inches.i am 23 now.pls suggest. aryan	I really appreciate your concern, your both the physical conditions are genetically decided and this can not be changed or alter, more over this is not the matter whether you are black or white short or tall, but how much you are intelligence, what is your IQ level, these are really matter of concern, so pay attention toward this, no need to feel inferior, prove your self best, take care, have nice day.
I am gasttic problem for one month doctors are giving me pantocid n sucramal, but few times I am having pain in chest but my ECG anf physical expection by doctor was ok I want to know chest pain is common i this and how much time it take to cure from ulceration . Sometimes I alao feel shortness of breath is it common in gaatric problem or shoul Id I chekked by pulmonary doctor.	Chest x ray2. PUT (pulmonary function test). Chest x-ray is needed to rule out aspiration pneumonia.PFT is needed to rule out asthma and bronchitis. So better to consult pulmonologist and discuss all these. Better control of HERD is needed to avoid above-mentioned respiratory problems.
i am having a lot of pain in the section of my upper right grinding teeth. the pain has now started spreading towards the centre teeth as well. i have consulted a dentist and he examined me with no cavity. he said my wisdom tooth are coming crooked. what shall i do?	I have gone through your query and can very well understand your health concerns. As per your complaint the cause of pain in your jaw is definitely due to wisdom tooth if it is eruption out of place or in a wrong direction, the pain is because the wisdom tooth must be either making space for getting erupted and causing pressure on adjacent molar or the adjacent tissues leading to pain and discomfort. A crooked wisdom tooth will not erupt in proper occlusion and the best way to get relieved from it is to get it extracted by an Oral Surgeon. By the time you are getting it extracted you can take Painkillers like Ibuprofen [Advil or Motrin] for pain relief. Hope this information helps. If you find the answer helpful please give me a Five-Star Review and click on found the answer helpful as a token of appreciation.
I am having back pain and headache from almost 2 months. I had all the round of blood	

investigations in which my CRP is raised upto 40 and ANA test is positive. Yesterday I had LS Spine and Cervical Spine X ray. The report says that there loss of normal lumbar curvature kindly suggest me what should i do now is there any serious problem

Hi Positive ANA does not mean you have autoimmune diseases. Nearly 20% of the normal population will have a positive ANA test positive tests are include and also seen in other conditions, such as thyroid disease, certain liver conditions, and other autoimmune diseases. Raised CRP is seen after surgery, infections and diseases that cause inflammation, such as: lymphoma, lupus, giant cell arthritis, rheumatoid arthritis, inflammatory bowel disease, osteomyelitis, Scleroderma, polymyositis, and dermatomyositis and person having risk of heart attack. So you need to consult a Rheumatologist. RegardsRanjit

I am having multiple bumps in whole body, some time i scare like cancer, i had consulted surgeon 1 year back in bangalore he told those are lipomas, we cant stop those, but now it increased more and more alover body mainly buttocks and weist and shoulders. kindly suggest me how can make sure these are not cancer and it wont impact. For this kind of things sugeon is the right person or skin doctor? kindly suggest me. and also suggest me best hospital for this in Delhi and Indirapuram.

Hi, dairy have gone through your question. You have multiple lipoma on your body. Most probably it is pure lipoma and chances of cancer is very rare. Still for confirmation you can go for FNAC or biopsy of one of your lipoma. Generally no treatment should be taken for multiple lipomatous. If it increases in size, causing pain or cosmetic problem then only surgery is indicated. Skin specialist has no role in lipoma. You should consult surgeon for that. YOU can consult any general surgeon. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

i am having pain in stomach . Pain comes sudden with high intensity and go for get freshed but excreta released in small amt . Its happens 5 to 6 time in day specially in morning. I got ultrasound reopr it shows LIVER IS MILDLY ENLARGED WITH INCREASED ECHOGENECITY SUGGESTIVE OF HEPATOMEGALY WITH FATTY LIVER GRADE -I. AND BORDER LINE SPLEEM

Hi . Thank you for your quarry. Its elevation is common found in many disorders must most usually is alcoholic, viral, autoimmune or toxic liver damage. The most common liver disorders are fatty liver which can be found in healthy people, but usually is resulting from elevated blood lipids, overweight and elevated blood sugar. This is only the first stage and completely reversible condition, so you have no reason to be concerned. You should treat it by changing dietary and lifestyle habits. Do exercise, avoid alcohol, smoking, fats, fast food and carbonated . Eat more fruit and vegetables, boiled meat and follow some of hepatoprotective diets. Findings usually improves on such measures. If not, then some medicines can be prescribed, but I suggest going step by step. Also, if stomach pain persists you should do gastrotomy to verify is there some stomach disorders such as gastritis, HERD or hiatus hernia. Wish you good health.

I am having persistent back pain for last two three years now. From last one year it has increased manifold. I feel a lot of stiffness in the back, am not able to bend fully unless I do some warm up. Every morning leaving the bed is a challenge, basically things are not as I would like them to be. In the past I consulted an ortho surgeon who advised me to take milk and calcium tablets daily and also do stretching exercises. I tried it for a while, but honestly I could not maintain the discipline and gave up after a while. As for the tablets They don t really excite me . I really want to come out of my present situation. Kindly show me the way. Regards AAAAA P.S. - I am in the IT industry and work on the computer for long hours, many a times without a break.

Spinal extension exercises, which your doctor had suggested earlier. You must start with them

again on a regular basis.2. Local analgesic ointment: If the pain is more, application of any local analgesic ointment will relieve/subdue the pain.3. Lie on hard bed while sleeping4. Physiotherapy: Getting few sessions of physiotherapy will definitely make you feel much better and once you exercise as well the problem should resolve.5. Take walking breaks after every 2 hours while working, stretch and bend if possible to relieve the tension in the lower back. If, after following above-mentioned routine, the pain still persists then you must get a X-ray spine done and revisit your orthopedic surgeon for clinical examination. Hope you feel better soon. Regards

I am here for my mother. age 55 yrs. she has gall stone and also issues with her main portal vein. Drs in Kolkata asked for not go for a laproscopic operation and suggested to move to vellore. Looking for suggestion for good drs in CMC vellore

Hi thanks for asking question. You have not mentioned how much gall stone present whether single or multiples?? Is there abdominal pain present??? If stone is single and asymptomatic no need for gall bladder removal. Close clinical follow up done. If gall stone troublesome and complicated ex. Lead jaundice, repeated infection then it is removed. Meanwhile, take low fat diet. Ustiliv can be helpful. Take care. .

I am in guntur in andhra pradesh. Yeteraday my mom has been tested FNAC. Reported as PICTURE IS THAT OF SECONDARY DEPOSITIS OF DUCT CELL CARCINOMA. PLEASE about this i.e treatment, cost, after treatment life , please answer me immediately

Hi, Thanks for writing in. The report of your mother says that there is cancer spread in the region from where the FNAC has been done. This means that there is a primary cancer somewhere which is the main problem. In this situation the doctors have to identify the primary site if not known. Many times primary site is not detected easily, and then complete cancer workup has to be done. Treatment of a secondary with known or unknown primary is usually chemotherapy, radiation and pain relief. This has to be done at a good hospital and I think Guntur might have cancer treatment facilities in many hospitals. The cost varies and it is good if she has health insurance. We cannot give a fixed cost, but it is on the higher side like a few lakhs of rupees. However, there are much cancer treatment concessions provided, and you can utilize facilities for cancer treatment of your mother. After treatment life depends on the disease spread and response. If proper response is there to treatment then patient can live a few years with about some living more than 3 to 5 years.

i am j.venkatesan 29 yrs old i got married one year before but still now i am not having kid. first time when i checked my sperm count was 24% and dr shanthi given me tablets for 3 months after 3 months again i checked my sperm count it was 22%and dr shanthi again given the tablet ubi Q 100 and again after 15 days i checked my sperm count it was 15% it was reducing. wats the problem. wat to do increases my sperm count.? and which doctor i want to consult.? tell me sir please.

Hello !! Well I have gone through your post and I would like to tell you that you should not be too worried, there is sufficient data to prove that many people go through a temporary phase of low sperm count due to various reasons like performance pressure, anxiety, exposure to extreme heat, insomnia what I would suggest is for you to first abstain from sexual intercourse or masturbation for a while, learn to relax, take vitamin E supplements along with folic acid supplements, stop smoking if you have the habit, and have an adequate relaxing sleep for a while and get yourself tested after a month do not be under pressure. I am sure it will all work out, Take care.

i am jay i am scare to tell you this and little shy too but i this i did over Masterbation i am scare this will put -ve impact on my sexual health plz advice me what to do i this i am suffering from some side effects too plz tell me what to do

. There are many controversy regarding masturbation . Let me know you it is safe and pleasure giving procedure, and it will satisfy your desire. Up to 3 to 4 times maximum in week can be safe .

But over practice of masturbation sometime can lead to certain side effects like stress, discomfort in adjusting witmunity, groin discomfort, chronic fatigue, Mood swing, back pain etc. Try to watch less porn picture. Exercise, meditation and yoga helpful. Take healthy and balanced diet with more fruits. Take care

I am Kailas Shete am Age: 27 yrs, stationed at Burnpur WEST BENGAL.I was suffering with stomach ache, pain, feverish feeling, nausea etc. Radiography and Endoscopy has diagnosed me as having Gallstones and Antral Gastritis . Kindly advise the modality of the treatment duration required and please suggest me with the place where i can have affordable treatment and quick relief. Regards, Kailas Shete YYYY@YYYY

Dear baileys, Thanks for writing in . Antral gastritis requires a 3-week course comprising sucralfate suspension, omeprazole capsules and dietary modifications. After 3 weeks the symptoms need to be reassessed. If symptoms still persist then another 3-week course may be required. For the gall stones, if they are symptomatic then a cholecystectomy or removal of the gall bladder is indicated. I would suggest first to get the gastritis problem under control then deal with gall stone problem. With regards

i am kayalvizhi MBA scholar but homemaker since i possess a girl child of 1 yr.now my husband is aboard and no doubt i soon join him.but now a days i am getting anger for no reason and i cant control.my words are harsh.my family members love me lot.but i fear this behaviour might wound them.i need to eradicate it completely 80% its my mistake only for reacting to chilly things.i need your guidance to overcome it successfully.thanks.expecting your kind reply sir

Hello. Thanks for your query. I can understand your concern with your behavior. It is possible that you are suffering from a milder form of adjustment disorder successive to life events that is manifesting behaviorally. All you require is to learn anger management techniques and stress management strategies from a psychological counselor. I do not find any need for psychotropic medication at this stage. Hope you find my suggestions useful. Regards .

i am khurram here from karachi i m in viral fiver dated 17/11/2011 and doctor write some test to me sgpt, sgot these test result sgpt 76 IU/L and sgot 130 IU/L and fiver finish in 5 days mean 23/11/2011 my fiver gone my question is this why these range go up and what u say i repeat these test again and after how many days i repeat these test

At that time liver enzymes elevated. If liver also infected by viral or bacterial infection then enzymes can elevate. Fatty liver also can lead elevated enzymes. Other cause might be Bag carrier like condition. Carduac and heart problem also can elevate enzymes. And finally alcohol . So now it is 4 years . Repeat LFT just now without delay .regular follow-up necessary and above causes ruled out. Take care.

I am Kusuma. I have dark skin with heavy pigmentation and I have more darkness around my neck, if am apply any face cream it will look like a layer even am having tanning also. please help me for clear skin, my marriage has been fixed on 9th November of 2012, how look good with clear skin

Thank you for query. The date is too old to advice but still I recommend following. Please avoid any fairness/cosmetic creams as Cosmetics do more harm than good .wash face and neck regularly at least 2 times a day with gentle cleansers like detail. Do not rub or use harsh soap as it can exacerbate pigmentation. You can use sunscreens in the daytime at least 3 -4 times a day which also helps in preventing sun tanning. Sunscreens protect from pigmentation if used at least 2-3 times per day. Mild keratolytics like salicylic acid, pigmentation agents like Comic acid and HY . You can get back to me for any clarifications.

I am Male 28, I am Using TUFACNE 20(isotretinoin) tablets for acne daily one tablet in night Just want to know is there any side effects like Sexual effects or anything by using these tablets please let me know what are all the side effects if i use these tablets daily.Thanks in advance sir

Hi, Tufacne is a form of vitamin-A commonly prescribed to treat severe cystic acne. Generally, it is well tolerated however it may cause scaling, burning, redness, and swelling of skin, joint pain, nausea, vomiting, stomach upset, bleeding from the nose, . It is not reported causing any sexual dysfunction in males. Hope I have answered your question. Let me know if I can assist you further.

I am Manoj, I had treated for flurel effusion for 6 month, Refocox-H. Then had some abdo. pain and i contact to doctor he tells me that my intensities gets sensitive, he treated me but my prb is not get resolved. Doctor referred me to the tuberclosis expert doctor and he told me to make montox test and it gets positive and He gave me the treatment of DOTS for 6 months. but my abdo. prb is still not resolved. Please Help me out sir.

Hi, After going through your history it is clear that you have Pleural Effusion that is a kind of fluid in pleural cavity around lungs, you have not mentioned which side is involved. But why this has not resolved in 6 months? This most commonly is due to irregular treatment as stopping . Now you are taking DOT therapy please continue it regularly and if fluid is more in cavity it can be aspirated and send for AFB, and R&M study. Your abdominal problem may be related to TB itself or

I am masturbating since i was 7 and now due to excessive masturbation i lost sensation on the tip and nearby are of my penis. Now i firmly decided to leave masturbation. I want to know whether i will be able to control my ejaculation time and regain my sensation by leaving masturbation??

Degree understand your concerns went through your details. Please do not leave your masturbation altogether. You should masturbate once or twice in a week. The numbness could be just because of continued friction. Ejaculation time can be controlled by diverting your thoughts to more serious things while having sex. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

Input	Output
<p>I am Munish Sharma from Ajmer (Rajasthan). In my medical reports, liver is diagnosed as 185.7 mm (Hepatomegaly(fatty liver)).How can I reduce it , back in normal size? report says, liver parenchyma is homogenous & bright. what does it mean? i have stone in both kidneys.</p>	<p>Hello Thanks for writing to utmost commonly fatty liver with enlarged liver is due to obesity and sedentary life. It is also related to alcohol intake. You need to need few other investigations like routine hologram, Random blood sugar(RBS), Lipid profile, Liver function test(LFT), Renal function test. You should try to lose your weight if you are overweight. Fatty liver is a reversible condition, and it can be reversed by diet and lifestyle changes. You may need some medicines after full investigations. It may take 10-12 months to reverse the findings. You should be active in your daily life. You should avoid red meat and high fat milk products. Cook food in olive or canola oil. You should take limited salt in his diet. You should also avoid fried and junk food. Take a lot of fruits and vegetables. You should also increase your physical activity in the form of walking and exercise. It is important to know the size of kidney stones because treatment plan depends upon the size. You should consult urologist. . Serum uric acid should also be evaluated. Hope I have answered your query. Take Care</p>
<p>I am Nikhil Gandhi, age 49 years, Male from mumbai. My HDL chol. is 30.3 and LDL chol. is 110.3. My 2d echo is normal and stress test of 7.15mts. is also okay. my cardiologist has suggested to do CTangio of heart. Is it necessary? He has prescribed me Ecosprin AV 75mg. also. Pl. advise. Thank you.</p>	<p>I carefully passed through your question and would explain that it is important correlating your tests with your clinical symptomatology. If you have typical chest pain which raises high suspicions of coronary artery disease, or changes in your cardiac enzymes, or well-known coronary risk factors (smoking, hypertension, diabetes, obesity, etc.) Further tests like coronary Anglo CT scan or coronary angiography may be needed. Otherwise, considering your normal cardiac tests, no further tests are needed. Hope you will find this answer helpful! Kind regards,</p>
<p>I am on and off checking blood in last 2yrs.lipid profile.wen it increases I start exercise.life style change.within month it will come in control.again it rises.I do night shift dince 8yrs.improper sleep. I s it a causr in high lipidemia?</p>	<p>Hi, dairy have gone through your question. Diet and lac of exercise are the common cause of epidemic. You should go for lipid profile test. Check the level of cholesterol, triglycerides, LDL and HDL. If your cholesterol level increase then you should take low fat diet with high amount of polyunsaturated fatty acids. Go for regular exercise. If needed you can take . It is prescription based medicine so consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>I am patient of lymphoma who also underwent radical nephrectomy of right kidney! Recent blood test indicated elevated BUN 60 and Serum creatinine of 3! Had edema of feet,also had high PTH values! BP was elevated! But now after BP medication BP is under control, edema is gone and i have stopped getting up in the night to pass urine! Do you think i have chronic renal disease</p>	<p>HiT hanks for the query. It is difficult to diagnose if you have chronic kidney disease based on the information provided. You need to repeat the blood tests as well as do urine exam and Ultrasound of the kidney and bladder. Based on these tests and a careful analysis of your past history and medications etc. a nephrologist would be able to comment if you have chronic kidney disease. Hope this helps Good luck.</p>
<p>I am Rajesh & i have a question to paediatrician that my son has completed 5 months & 6 th</p>	

month 12 days completed can i now feed him with cerelac starter pack coz he os not only satisfied with feeding only he gets hungry soon again & cries more in night times

1.Add one food material / cereal or fruit per week. This will be useful because if he develops vomiting or diarrhea, we will know what to avoid.2. Add vegetables and fruits made into a paste surely to avoid constipation.3. Do not add too much sugar as it may cause diarrhea. Regards -

I am Rajeswari from Coimbatore. If somebody is avoiding me means, i cant accept that. That time something will happen into my head. That time i lose my conscious. i will do something idiotic.

Even small things can hurt me a lot. I dont know why. Pl advice me,

Hi. I had gone through your query. Rejection sensitivity and mood swings may indicate depression. Irritability and anger outburst also can be a part of depression. But with that much we can not say it is depression. You have to consult psychiatrist because detail evaluation of mental status and thought processes are necessary. After proper evaluation we can do proper diagnosis. It can be treated with medicines like SSRI/benzodiazepine etc. Counseling and psychotherapy can help. So consult and get help. Still have query then feel free to ask. Thank you.

I am Raju Thota from Hyderabad India My mom got fits last year same time n we consulting the neuro physician but still she is suffering from that. would u pls suggest some precautions to be taken by the fits patient and how to get cured from that

Hi, Thank you for posting your query. I have noted your mothers symptoms. What is the reason of fits in your mother? BRAIN scan can help us answer this question. Appropriate medications can help us control or prevent the fits. The underlying cause of fits should be treated to achieve good seizure control. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/

i am rupesh from patma ,bihar(INDIA)my father is suffering from nerves jaw pain in left side of his face he consulted many neurologist but he is not feel better till now please help me. i want to treat him local in patna because i am a bank employee so i have not much time.

Hello Rules!Your father symptoms could be caused by trigeminal neuralgia. For this reason, I would recommend consulting with a neurologist. Treatment with an anti-epileptic .) may be needed. Other treatment options would be local infiltration of the trigeminal nerve with alcohol. Anyway, a brain MRI is necessary to exclude other possible causes of trigeminal neuralgia. Hope you will find this answer helpful! Wishing all the best,

i am saksham jain from indore my mother is cause by liver cihrosis. It was also having a dermatomaitocytosis. It may be taken a long term steriod like wysolon or deflacart during 14 years please suggest me a good treatment of the liver problem. In the body the fluid will be increase so it may cause also swelling problems . i need your help please suggest me a good treatment.

Good morning I am sorry to hear about the ill health of your motherliness cirrhosis with dermatomyositis indicate that she may be suffering from autoimmune hepatitis. She may need lifelong steroids +/- azathioprine (immunosuppressant) for her diseaseDepending on the stage, cirrhosis of liver may have multiple manifestations like swelling of the body, bleeding, low protein, abdominal swelling, renal failure, disorientation, poor sleep, jaundice etc. and each one of these symptoms needs to be treated separately I would suggest you take her to meet a gastroenterologist for father evaluation and treatment Hope this would answer your questionWould be happy to answer your further questions Wish you a speedy recovery

I am Sandya, few days back my doctor has told me to make the Endoscopy of upper G.I., in the report they have mentioned that Impression is LAX CARDIA. GRADE A REFLUX OESOPHAGITIS. Now, I have the pain, concerned doctor is not ready to tell me what s the problem is, He is telling nothing is there continue the tablet. But, i can t able to control the pain. please any one help me to

come out in the problem. Thank you.

Hi, thank-you for providing the brief history of you. As you have already undergone the diagnostics and physician it is good that we can look ahead with other matters. As due to the past medical history the physician must have advised the Endoscopy if any soft tissue abnormality is present. Now since it is done and nothing abnormal is present, taking the medication is of the priority. Also, this is sometimes a common issue due to acid reflux mechanism and with simple medication and breathing exercises you should be fine. In my clinical practice such cases have pain in the upper qua . If the pain goes high you can always request your physician for the painkillers, and it will work well. Regards Jay In

i am santos of 21 yrs male and i m masturbating since 9 yrs and now after having sex i come to know that i have extreme problem of sighrapatan so sir please suggest me any cheap medicine so that my problem can be solved.I have performed sex 8 to 10 times. There is no any effect. Of viagra so please help i have tried all the ways. I cant. Pay ur fee. I m financially week

Degree understand your concerns went through your details. Premature ejaculation is caused mainly due to psychological problems. Premature ejaculation may be caused by stress, performance-related anxiety and other relationship issues. It can also be caused by hypersensitivity of the skin of the penis. You are just 21 and therefore, I suspect psychological reasons. You could have sexual performance anxiety and because of that you are unable to have normal sex with your partner. I suggest you to consult a psychologist for counseling. Take care. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

I am sasmita and my age is 27.My period is quite regular and last month my period happened 1st june but this month i have missed my period but on 2nd june i saw some light bleeding after some time no bleeding happened after a day i checked home pregnancy test but it saw negative till now no bleeding is happen.Actually i taking some medicine to get pregnant as doctor s advise. What should i do now ? plz answer me.

Hi Seismic, Thanks for the query. Fluctuation in the features of menstrual cycle can occur due to many causes. Urine pregnancy test kit may not detect early pregnancy sometimes. So now you once repeat the test. If the test shows negative result, then consult your doctor and get evaluated to find out the cause. If you are taking progesterone tablets continuously, you may not get bleeding even in the absence of pregnancy. So after stopping the pills with your doctors' advice you may get with . For more details you can ask me through: <http://www. .com/doctors/>

I am Satveer Singh and my age is 23. My height is 510. My weight is 80 kg. I have a BALANITIS deseise due to fungal infection on the head of my penis. It also has redness on it. The size of my penis is also not normal. Its about 4 inches. I never had sex with girl. Please give me the solution.

Hai, First clean your genital area with some antiseptic soap or solution. Do retract your skin above your glans penis and wash it clearly.I advise applying antifungal cream in and around the penis area for 4 to5 days. Keep changing your inner wears and do wash it in a sterile way to avoid transmission of infection.no need to worry about your size of penis. Follow a hygienic way to keep away from infection. Thank you hope I answered your query.

I am Senthil Nathan aged 23. I have dry skin and fish scales (brown colour) all over my body esp during winter season. I m having this problem from my childhood. I suspect whether it is due to ichthyosis vulgaris ? I m really worried about this disease. I have been applying Cotaryl cream as per doctor s medication but it is not giving permanent remedy. I am really frustrated. I m scared of getting married sir. I have some other problems like very lean, no growth of mustache and beard.

<p>Are these due to Ichthyosis vulgaris sir? I feel very low and cant go for public meetings. Dono wat to do. Pls give me some solution sir. I m dying everyday. Thank you sir. Expecting ur valuable reply</p>	<p>Hi Entail, Thanks for writing in. Ichthyosis vulgarism being a genetic condition cannot be cured completely it can only be controlled. A specialized moisturizer like Medina cream will help a lot.</p> <p>Beard and mustache hair growth has nothing to do with ichthyosis. With regular miniaturization and electroporating technique ichthyosis is almost invisible. Consult a qualified dermatologist to help you with the procedure Hope this helps. Wishing you good health. Regards.</p>
<p>I am Sojib and 26 years old and also married. but I have to face some sexual problem. My semen is watery and when egaculate the amount is very less. Besides it egaculates first time within 40-50 seconds. And now I am feeling that my penis size is seemed to me smaller than my past. I have habit of musterbation. Sir I want to increase my intercourse period and want get my actual penis size that I had. Please give me some direction and suggestion. If medicine needed please tell me about these.</p>	<p>First you need to adopt healthy lifestyles. If you are obese then you should exercise regularly.</p> <p>Avoid smoking n . N abstain from masturbation. If your problem is mainly premature ejaculation then u shut try Master Johnson technique. It is foreplay without use of genitals. Use your hands n mouth but not your genitals. N u need to be open to your partner as well. Try these n if u still have problems then you should visit a psychiatry clinic with your partner.</p>
<p>i am sooriyakumar. in 1990 i take treatment in st thomas leoprosy center(chetpet,thiruvannamalai dt),but last two year i am in chennai.i find some symptums of leoprosy in my hand.so i have to take treatment near by my area.now i am in kilpauk.where to take treatment i dont know,pls help me sooriyakumarage 27</p>	<p>Hello sooriyakumar, With reference to your concern. If u had taken treatment for Leprosy previously and u think that your symptoms are the same as how when u were diagnosed in 1990. I advise you to take the previous hospital records, and get a consultation, with the DERMATOLOGY (Leprosy Clinic) doctors at Rajiv Gandhi General hospital (which opp. To Chennai central) which would be nearer to your location. Hope, this helps you. Thanks, Good Health</p>
<p>i am suffering from asthma since last 11 years (age 26). i have inherited this from my mother. Due to carelessness and being away from home , the disease has grown very dangerously.After researching thru internet i found that i have very high asthma.I use inhaler around 10 times daily and have also developed symptoms of eczema and hiatus hernia</p>	<p>I would like to know the inhaler you use. There are two types of inhalers - rescue type and controller type. I assume it a rescue type of inhaler like albuterol or levosalbutamol. If you are using it 10 times a day, it suggests your asthma control is poor. Were I treating you, I would suggest you regular montelukast and a controller type of inhaler like inhaled corticosteroids for at least 2-3 months depending upon response. You can use rescue type of inhaler on as-and-when-needed basis for breathlessness/asthma symptoms. 2. Should you have nose symptoms, I would add regular antihistamine like levocetirizine to above medications.3. I would like to know more about hiatus hernia and your symptoms. Do you have regurgitation of foods, heart burn, nausea, etc.? Have you had endoscopy to diagnose hiatus hernia? Etc. It is also important for you to remember that albuterol (commonly used asthma medication) can worsen some esophageal problems like gastroesophageal reflux.4. I would suggest you allergy testing which will help you identify the substances causing troubles to you and also to know how to avoid them. Avoidance of foods causing allergies and air-borne allergy-causing substances will help you both for asthma and eczema. Based on allergy testing results, an Allergist-Immunologist may prescribe you allergen specific immunotherapy which works on immune symptoms to improve allergy symptoms on long</p>

term basis.5. In general, I would suggest you to avoid exposure to dusts, smokes & air pollution as much as possible.6. Personally I would suggest you regular breathing exercises and a healthy diet rich in vitamins & minerals (adequate amounts of green leafy vegetables, fruits, sprouts, etc.) which will help you in a long run by improving your lung capacity and immunity respectively.7. I would suggest you to avoid stress by relaxation and meditation as stress can aggravate allergies. Hope above suggestions will be helpful to you. Should you have any further query, please feel free to ask at . It will be my pleasure to help you with best of my knowledge and efforts. Wish you the best of the health. Thank you & Regards.

i am suffering from cough from the last one and half year .after doing pft test by my docter he had said me dat i hav mild ashtma problm i want to get rid of dis prblm soon.m taking levolin and foracort200 inhalers dese days.: (and m taking dis medicine from the last 7 says bt i am nt feeling any improvement in my health.

Thanks for your query. These medications are very helpful and effective for treating asthma. The cause of poor response to therapy is most likely due to improper inhalation technique. It would be better if you use spacer with inhaler for adequate delivery of medicines. Again, you have to avoid triggers like cold, dust etc. So my suggestion is :please meet your treating doctor to show him the inhalation technique and for follow up. Hope this will help you. Wish you good health.

I am suffering from cough like allergy with some irritation in throat . Every time a small volume of cough block my sound and i have to clear it. After my meal my throat always blocked with cough otherwise it is O.K. It is affecting my voice in early in morning and when i want to speak to anybody. My skin, Nose , hair and smelling sense are very sensitive. Please advice me.

Hello The combination of throat irritation, cough AND voice getting affected after food (as also early morning) raises the possibility of reflux - stomach contents back-flowing to food pipe and beyond. You have to see your physician for proper evaluation - if it is long (you didn't say how long!), you may need an X-ray, blood count and/or upper GI endoscopy (tube to see your food pipe and stomach)Good luck

i am suffering from e coli for last 1 year. I have completed my antibiotic course for 3 times in this duration. but all in vain. I feel burning sensation, sometimes low and sometimes high. very rare but i feel pain while urinating. But there is no frequent urge to urinate. no any prob with my appetite and no sign of fever. please suggest me some useful and helpful home remedies and help me out of this problem.

Hello dear, I read and understand your concern. Recurrent UTI or urinary tract infection should be investigated. You should do ultrasound examination of the abdomen particularly kidney to find out the obstructive causes of any UTI like stone and other. I also advice you to do urine culture and sensitivity testing. When you take the . Please take the completed schedule of the

Input	Output
<p>i am suffering from eosinophila from my child hood. i tried so many english and ayurvedic medicine but it relive me for short time only and my symptoms are not able to take breath during morning time around (4 r 5 oclock), and if took non-veg or any sour items it takes me to the hell during night times and i will be so week unable to take breath and pain in the chest severely,and in case any release of spearm or over heat of body also causes esoinophilia</p>	<p>1.Identification of allergen and if possible complete avoidance of it.2. Inhaled bronchodilators.3. Combination of antihistamines and antiallergic .</p>
<p>i am suffering from fever since 5 months and all blood test reports are clear even they checked for tb its also clear and still i am suffering light fever and i lost my body weight also . mostly at morning and after taking meals i fell like feverish can u plz help me.</p>	<p>I really appreciate your concern looking to the history given here I would like to tell you something as long as the human body temperature is concern to rule out the possibility of fever (Body temperature above 37 C) the reading of body temperature should be taken under the axillary region, tympanic membrane temperature, intro rectum, here one can get the core temperature and this is important to decide whether this is fever or not, in against of this surface temperature is there and usually by putting hand on body surface one can get the idea of increase temperature, but this would not be fever no matter how this is worm or hot, hope this information helps you bye.</p>
<p>i am suffering from hep b since 8 years back treated with virohep udiliv liv52 lornit by dr gopanpallikar gastroentrologist aurangabad for about 6 months australia antigen positive at that time ,now negative dr says i have carrier stage so please advice me dr hepatitis b curable or not ,any risk for me or my wife ,for next baby my age is now 37 years married 7 years back i have babyboy of age5 years</p>	<p>Hi dearFirst you have mentioned negative Bag just now. So make sure whether you are Bag positive or not. If it remains positive for more than 6 months than patient is carrier, and it remains life long. If you are carrier by sexual exposure your wife can be affected. So condom advised. Your secretion have viruses. So if you are carrier secretions exposure kept to minimum.If you need bleach used for Cleaning secretion affected utensil. Take less fat diet, more fruits and avoidance of alcohol to prevent complication. .</p>
<p>I am suffering from hives since last two weeks. I have itching all over my body, most of the time on back, legs and arms with red patches and swelling with some welts on the skin. I consult to doctor and then they have given Atarax 10 mg, Cetzine medicines. Last 1 day back My doctor had given my blood test report in which all of the things was normal except ESR. My ESR 37 shows high little bit higher than normal. I was suffering from cold and cough and when these test has taken. Please consult me, what can be cause to get high ESR in my blood test report. How it can be controlled. Is this related to any cancer or This is to only due to allergy in my body as hives.</p>	<p>I would like to know more about your complaints like - a. did you have such hives in past? b. do you have any allergies? c. what was the cause of cough-cold? d. what is your hemoglobin level? e. do you have any digestive complaints? f. do you have any other medical conditions? g. do you take any medications regularly/frequently? h. what is your age? i. any weight loss, poor appetite, etc.? Above details would help me to know about your complaints better and therefore to make more specific suggestions for you. Also, there are many possible causes for hives. It is important to know more about your complaints before determining cause of hives and suggesting investigations.2. For symptom control, I would agree with HY . 3. I would also suggest you to apple calamine lotion or moisturizing cream application over the itchy areas as well as</p>

<p>I am suffering from OCD since one and half years Im taking medications as follows Clonil SR 75 mg at bed time, seranata 100 mg tablets three times a day and one riscon forte at bed time. Im not responding well to this treatment and often conditions some times worsens, is it better to quit smoking while taking these medications. And suggest me the best treatment.</p>	<p>You are getting a concoction of medicines. Neither of these is in full therapeutic dose so no wonder you have not shown improvement. If I were to treat you, I would taper off Clonal over a period of 2 weeks, then rincÃ³n forte over 1 week and see how you feel with 300 mg Sertraline (your correct dose). You should wait for 6-8 weeks before expecting any improvement because OCD needs higher doses for very long periods to initiate improvement. If you show some improvement, it can be hiked to 350 -400 mg for another 12 weeks before really thinking of change in medicines. It should be mixed with tab clonazepam as required and ERP .</p>
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<p>i am suffering from poly cyctic ovaries disease n grade 1 fatty liver n both ovaries are enlarged in size im now 27 years old married female . now i want to concieve . my DR. adviced me to take obimet*sr 500 tablet 2 tablets per day , n also i m having irregular menstural cycles n thyroid problem , im taking thyronorm 25 mg per day. can u please suggest me , is there any complications to concieve or what?</p>	<p>HPoly-Cystic Ovary Disease (POD) and fatty liver suggests that you may be overweight or obese. Both the disease are more common obese person. Irregular menses are also common in obese female. Poly-Cystic Ovary Disease (POD) is a very common cause of Infertility. The rate of female obesity is associated in at least 30% of cases with POD, even up to 75% of case in some regions of the world. Obesity related Insulin resistance along with female hormone imbalance is one of underlying cause of it. Weight loss is the cornerstone of the treatment of obesity-associated infertility. Lifestyle changes that encourage weight loss, including dietary modification and exercise should be started. Metformin help to improve insulin function. Bariatric surgery (weight loss surgery) is advised for morbidly obese (very, very obese) female. Once target weight loss is achieved, fertility rate (chance to conceive) improves. Target weight loss achieved by any mean (diet, exercise or surgery) help not only to conceive, but also decreases the complications to baby & mother during pregnancy and during delivery. Once you lose weight, your fatty liver also improves and becomes to normal literate a good health</p>
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<p>i am suffering from sexual thought these thought are disturbtng me lot i regulary masturbate.i want to do stop these? even i am not interset in praying a god .why these hapennig with me i dont no?please help sir please.</p>	<p>Masturbation is very normal unless it affects your regular activities. During teenage most of the boys masturbate as puberty hits them. It's natural to have sexual fantasies and then masturbate. If your masturbation is effecting your daily activities and it's hindering your work then you should consider changing your habits. First you need to stop watching sexually stimulating videos and pictures. You should find some new hobby, something of your interest as this will take your mind of masturbation. Keep yourself busy. This will help you take your mind of this and sexual fantasies. I hope this works for you</p>
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<p>i am suffering from stomach pain from last three months.doctor told me that i am suffering from stomach infection.after taking the prescribed medicine for fifteen days my loose motion is now under control but from last two days i had 102 f fever in the evening .please give your opinion</p>	<p>Hi, I have read your query and understand your concern. It seems that your infection is going out of control. You need to see a surgeon for a clinical examination and get your total blood counts and urine examination done, along with an ultrasound of your abdomen, to help reach a diagnosis and subsequent management. It could be either appendicitis or diverticulitis or tuberculosis of abdomen. Hope I have been helpful.</p>
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<p>I am suffering in high blood pressure and thyroid problem since march 2014. I taking medicine olmax ch 20+12.5mg, thyryp 75mg, pantakind dsr, etilaam pro 20 and xet cr plus 12.5mg. Now my TSH level and blood pressure are normal condition. But I feeling headache and negetive thinking with depression. pls help me.</p>	
	<p>Degree understand your concerns went through your details. I suggest you not to worry much. It is natural to have headache and depression due to negative thoughts. These are called obsessive thoughts. Brain (mind) is made for its own functions and its duty is to think. From childhood, we learn to think negatively, which shows its colors. You should know that these problems are not mental diseases, but are mental disorders. Many researches and researchers confirm that medicines alone cannot cure mental disorders. Exercise, Lifestyle changes, change in thinking pattern, relaxation etc. are as essential as medicines. Psychotherapy can help you to change your lifestyle and thinking patterns. Yoga and meditation help you to streamline your metabolism and neurological balance. Please consult a psychologist for further information. Psychotherapy techniques should suit your requirement. If you require more of my help in this aspect, Please post a direct question to me in this URL. http://goo.gl/aYW2pR. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.</p>

<p>I am suffering with sphenoid sinusitis. I am being administered with the following drugs- odimont-lc(Montelukast and levocetirizine) and a nasal spray-cinase(CICLESONIDE NASAL SPRAY). The doctor told me to follow the drugs for about 2 years. I would like to ask you that is it necessary to use the medicine for such a long period? Can you suggest me for any other way of curing my problem ? I heard some specific yoga excercises are there for sinusitis can help me giving information regarding it?</p>	
	<p>Odimont-LC (Montelukast + Levocetirizine) and Kinase (Ciclesonide) are commonly used medications for sinusitis. All above are usually considered safe for long term use, but it is important to mention that no . 2. Common side effects of montelukast: headache, nausea, stomach upset, etc. minor side effectsLevocetirizine: sedation,</p>

<p>i am sumit pal ,age 25+ suffering from rheumatic heart at the age of 12 yrs .I am taking pencom la12 after 21 days interval .now yesterday when i was going to take it the doctor first test on skin and he saw that allergy creates then the doctor refused to push it on my body. what can i do now ? ecco -cardiography report is grade 1 MR (ECCENTRIC JET), GRADE 1 AR, NO PULMONARY HYPERTENSION.SUGGEST ME SIR</p>	
	<p>Penicillin is the best for the disease, but many patients are sensitive to penicillin therefore we do tests for penicillin if there is allergy in no way we can give this I will recommend you to consult your doctor who's treating you to give some alternative medicine for this there are so many alternatives, but we have to decide according to the condition, so it will be best to consult the doctor who is treating you</p>

<p>i am swami , i am getting a bad smell from my mouth , i will brush my teeth daily 5-10 mins.and i dont have habbit like smokking , drinking and eating pans & soamps. so, how to avoid getting bad smell from mouth and what are the precautions .</p>	
	<p>The bad breath could be because of the deposits over the teeth causing gum infection. Or it can be because of the pus discharge secondary to gum or tooth infection or any respiratory tract infection like sinusitis or gastrointestinal disorders. Consult an oral physician and get yourself examined to rule out these conditions. If it is gum infection get the teeth cleaned once and maintain oral hygiene after that. You can use mouth wash. If it is tooth infection get the tooth restored. If it is respiratory tract infection consult a pulmonologist and gastroenterologist if it is a gastrointestinal disorder. I hope my answer will help you, take care.</p>

I am taking Montec LC tablet daily since 3-4 years because my doctor told me that i am suffering from Allergic rhinitis and whenever I miss tablet for one day ,next day I feel uneasy and symptoms of rhinitis start like headache ,red eyes nasal congestion ,sneezing,cough etc.When I take Montec LC my conditions improves and symptom dissappear. Now my question is uptill how many years I have to take Montec-LC? Is this tablet is harmful if I take for long period? Is there any other medicine for Allergic rhinitis? Please suggest me

HYes, it seems you are suffering from Allergic Rhinitis.Don't panic. Get a total and differential count of blood done, and an X-Ray of Paranasal sinuses. And be on the vigil for things you are allergic to (Oh no, I didn't mean your darling wife. Ha Ha Ha !). On a serious note, avoid exposure to cold. . Take the reports and consult an ENT Specialist. Taking Montcalm for long periods of time is not the remedy of your malady.

I am Tanusree saha.I am 22years old. I study M.Sc.I am 5.5ft & have 50 kg. Now i tell you my problem.I have no self confident,i cannot communicate easily with everybody,with my friends & relative also,i have no friend with whom i share my problem, if i say something to someone(any friend) he or she tells that other friends then i fell very helpless and sorrow, some friends talking between them but when i go there they stop talking i feel why they behave me like that ?in practical class if i asked some one of my enquiries they cannot tell & laughing, i share every thing with mom i think mom who is only one whom i am trust .i commit to memory every lesson if somebody asked that after one weeks i forgot so how i establish in future by job?please help me i think nobody with me?

You are having problem adjusting with your colleagues at work, isn't it. You don't worry much about what people think about you. This is the prime source of the problem. You will be happy once you stop thinking what others are thinking or talking about you. Try to share your personal matters with your trusted friends' ad this will come with good judgement and experience. Just be calm. Take things slowly. You will surely be able to make it. Have faith in yourself. Good things come to those who wait. Try to concentrate on your work. Try slowly to start smiling at everyone and being social and friendly. If you attempt to do this you will start feeling confident. Your mother is now your strength, but you will improve your confidence only when you start to take small steps in doing what you are afraid to do. It will be stepping stone for you in your affairs. Once you socialize without depending on anyone this will make you more approachable and many will want to be your friend. This hard time will pass, and good times will come. GOOD LUCK !!!! Smile and be happy and crack jokes as well. This will make you more popular. Keep everything else behind you and forget the past. Start fresh.

I am Tanusree saha.I am 22years old. I study M.Sc.I am 5.5ft & have 50 kg. Now i tell you my problem.I have no self confident,i cannot communicate easily with everybody,with my friends & relative also,i have no friend with whom i share my problem, if i say something to someone(any friend) he or she tells that other friends then i fell very helpless and sorrow, some friends talking between them but when i go there they stop talking i feel why they behave me like that ?in practical class if i asked some one of my enquiries they cannot tell & laughing, i share every thing with mom i think mom who is only one whom i am trust .i commit to memory every lesson if somebody asked that after one weeks i forgot so how i establish in future by job?please help me i think nobody with me? i have pain in bowel .

You are having problem adjusting with your colleagues at work, isn't it. You don't worry much about what people think about you. This is the prime source of the problem. You will be happy once you stop thinking what others are thinking or talking about you. Try to share your personal matters with your trusted friends' ad this will come with good judgement and experience. Just be calm. Take things slowly. You will surely be able to make it. Have faith in yourself. Good things come to

those who wait. Try to concentrate on your work. Try slowly to start smiling at everyone and being social and friendly. If you attempt to do this you will start feeling confident. Your mother is now your strength, but you will improve your confidence only when you start to take small steps in doing what you are afraid to do. It will be stepping stone for you in your affairs. Once you socialize without depending on anyone this will make you more approachable and many will want to be your friend. This hard time will pass, and good times will come. GOOD LUCK !!!! Smile and be happy and crack jokes as well. This will make you more popular. Keep everything else behind you and forget the past. Start fresh.

I am trapti. I am very fair in color and getting married in november. i am having facial hair and do wax on that.due to this i am having open pores and acne scars .One of my beautician has advise me to take treatments and given home care , but i am worried it would work or not and its too costly.she has given me products and treatment of cheryls s

Hello. Waxing facial hair cannot give rise to acne scars or open pores. Acne scars occur following acne. No Cheryl products can treat acne scars. Scars have to be treated with a procedure like lasers or microneedling. For open pores application of retain A cream applied once at night will be helpful. Application of the cream on affected areas only at night should be done. Please let me know if you have any queries.

I am type 2 diabetic. Sofar I used to have glynasemf twice a day. Just 5 days before I went for Blood test. It is FS 220 and PL 256. Then my doctor adviced to take Triglycomet twice a day. After 3 days again went for BT then FS 214 and PL 265. My diet is very simple. Morning 2 glass Ragi Malt Lunch 1 Small Box Rice Dinner 2 Pulkas. Now my problem is how to control sugar through PILLS

Hi dear I read your problem of uncontrolled blood sugar level i.e. type 2 diabetes mellitus. U told that u took GLYNASEMF TWICE but your blood sugar not comes to under limit. Then u took TRIGLYCOMET TWICE but it also not control your blood sugar level. U must go to the planetologist and Haitian to controlled your sugar level. IN MY OPINION U MAY TAKE AYURVEDIC MEDICINE ALONG WITH THE ALLOPATEDICATION .THIS WILL REALLY DOWN UR BLOOD SUGAR LEVEL.BUT ALSO TAKE SOME PRECAUTION THAT ARE AS FOLLOWS-1-U WILL AVOID ALL THE VEGETABLE WHICH GROW BELOW THE SOIL.SOCIALLY POTATO.2-U R TOTALLY AVOID RICE OR STARCHY FOOD ITEMS IN UR DIET.3-U ALSO DONOR TAKE ANY FRUIT JUICE BECAUSE IT READILY ELEVATE UR SUGAR LEVEL.PAPAYA CAN BE TAKEN.4-U WILL GO TO THE MORNING WALK IN SPEED MINIMUM FOR 30 MIN. THIS WILL BE MORE BENEFIT FOR U.5-U DECREASED UR DIET QUANTITY BUT INTERVAL INCREASES.6-U can take some ayurvedic medication that isFatrikaddi quoth 40 ml BD before taken meal Chan . d.sGuddmarr Purana 1tsf bdAamlaki Malayan 1tsf ideal juice 40 ml b.d U can add jeers , cereals in your chapati it will also help in lowering blood sugar level. THANKS FOR QUERY.

I am undergoing treatment for acidity from last 6 months even-though my endoscopy report is normal but i feel mild itching on entire body particularly head feel like some worm is crawling and i used to do heavy exercise before treatment so there is heaviness on my chest and neck

Avoid hot and spicy food. 2. Avoid large meals, instead take frequent small meals. 3. Avoid stress and anxiety. 4. Start proton pump inhibitor. 5. Go for walk after meals. 6. Keep 2 - 3 pillows under head in the bed.

i am using levolin Respules for my baby (7 month old) through nebulization. baby having cold and cough from last 2 days, last time doctor told us to use this. maxtra drop for cold and nebulization

(levolin respules) my question is it good to continues use in case of cold and cough ?. is there any side effect ?. please suggest me. my mail Id is YYYY@YYYY Thanks Ajay

Hi, If is safe to use if indicated with no significant side effects. You may continue with this, but you need examination by your doctor to assess the condition of your baby, need of nebulization and also need of any other medicines besides these medicines. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questionsTake care.

I am using lomela since 5 months. I am addicted to lomela cream can you please tell me that if i stop using it thn after how many days should i start using another creams like fair and lovely, borolin, garnier etc. And shall we use cold cream while using lomela?

Hello. Thank you for writing to us at The cream that you are using is a prescription product and is a combination of HY . Together this combination is gold standard treatment for facial hyperpigmentation.However, this combination should never be used without supervision of a doctor or dermatologist. It should in any case never be used for more than 1-2 months, regularly. Tretinoin and HY

Input	Output
<p>I am Vejay and my age is 26. I am sexually sensitive towards girls and get erection most of the time talking or seeing them, its out of my control. A few days ago I started passing urine with a sensational desire to pass more with a little burn in penis and a little pain / disorder in lower abdomen. My Dr. dignosed it some infection (UTI pehaps) due to too much errection for longer duration. Gave me Citro-soda and tablet containig (flavoxate hydrochloride B.P 200mg). 1 - Is this cure Ok ? 2 - Does to much errection cause urine disorder and irritation ? 3 - I am feeling quite well now after only two dosage but feel irritation while having errection, will it be ok ? 4 - In normal days, I somtimes feel pain in testicals and lower abdomen after longer errection, is it natural ? I rarely masturbate though and get orgasm while sleeping ocassionally. Thank you,</p>	<p>HAs you are suffering from urinary tract infections, and for that nitro soda and tablet Favorite is advised, so continue that medications. You can do urinalysis and urine culture sensitivity test.</p> <p>Along with that you can take tablet Of lox OZ and syrup Vital after urologist consultation. Regarding erection problems, I will suggest you to review here with detailed history or consult with the sexologist for detailed examination. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>I am very unhappy, because I have two kidney stones in the left and right kidney. In the left kidney there is 6mm size of calculi in the midle calyx. Yet Sir, In the Right kidney there is 12mm size of calculy in the Lower calyx. Actually Sir, I have found pain in the area of abdoment and upper chest of right side. Firstly I want take out the kidney stone from right kidney. problems in here, Please help me Sir , How to removed stone in this condition. Write me the nessecery process, God bless you sir.</p>	<p>HYou can consult a urologist and get the stones removed. You can go for ESL(Extra Corporal Short Wave Lithography) where the stones are removed using high frequency sound wave without making an incision. Sometimes pain related or kidney stones may radiate upwards due to common nerve supply. As of now you can take analgesics like paracetamol or Ibuprofen. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>i am very upset for my habit that is masterbating i cannot overcome by masterbating. i feel that my memory power is getting low n low & lack of concentration in my studies can u help me with homemade tips bcoz i m unable to buy some medicine i want to recover my whole body effected by masterbating sir pls help me</p>	<p>Hello dear, I read and understand your concern. Masturbation never causes you weak in any way. It will never harm you in any way. I advise you should do it. When you do not do it you won't be able to concentrate. Once you do it your mind become free, and you can do it whatever you want to do it which includes study also. It is also a false belief that your body becomes weak. It won't affect the body in any way. I will be happy to answer your further concern onThank you, Infectious diseases specialist, .</p>
<p>i am Vinod N (age: 24) from Bangalore. I have been experiencing hair loss past few years. I started taking my hair treatment from Cutis hospital in Bangalore itself. i finished first coarse, didnt experience ny side effects. now i have got new medication from same doctor which includes tablets like Finabald, Alobicol, tarryshine shampoo and Mintop forte solution 5%. I heard some people giving negative reviews abt above mention tablets especially Finbald which is associated with Sex and sexual activities dis functioning. I am now afraid to take this medicines. Kindly help me with ur suggestions and guidelines. Thank you Vinod N</p>	<p>I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, cosmetic products etc. From your description, it seems you might</p>

be having Male pattern hair loss or An . If I were your dermatologist/trichologist, I would like to take through history including family history, history of recent major trauma/illness/stress/medications etc., and recommend some basic investigations like CBC, blood sugar, Thyroid function test. I would suggest you a course of oral tablets containing biotin and other essential vitamins and minerals for minimum 3-6 months. Also, would put you on solution containing 10% minoxidil once a day and a hair serum containing peptides for hair growth at night.(Q era etc.). Finasteride (Final) can be used in selected patients after thorough counselling and checking your liver function. Finasteride, inhibits metabolism of testosterone at hair root level. It sometime leads to embarrassing side effects like impotency, decrease in semen volume but which are totally reversible on stopping the

I am working in a motel as a front desk clerk, my height is 180 cm and my weight is 115kg, i have a problem started from 2 days, i have pain on my tail bone near to coccyx in between the butt, not exactly on the butt, it is on the tail bone near to my coccyx.

Your age please? This treatment is being suggested on bases of the information provided. I would like to examine & investigate you in detail.X-ray of tail bone is indicated. Rule out Hypertension, Diabetes or any other metabolic disorder. Any way you may try---. Looking Plus (Mankind) [Diclofenac 100Å mg +Paracetamol 350Å mg] 1 tab. OD & SOS. X 5days.--. Calcified plus (Mankind) 1 tab OD x 10days.(You may need help of your local doctor to get these medicines.)--. Sit in a tub of warm water for 15-20 mints.--. Avoid constipation.--. Sleep on a hard bed with soft bedding.--. Avoid painful acts & activities.--. Do perineal exercises --.(Take help of a physiotherapist or visit WWW. . Com). Do not ignore, let it not become beginning of a major problem. Do ask for a detailed treatment plan. If no relief in 2-3 days, contact me again. (phone.91 xxxxxKindly make sure, there is no allergy to any of these medicines. (Contact family doctor, if needed). For emergency treatment visit the nearest hospital.-Hope I have answered your question, If you have any further question, I will be happy to help.-Kindly rate the answer.-Wish you a quick recovery & good Health.

I am worried about my liver. Bilirubin is 0.8 but ALT - 244, AST - 146, Aklaline Phosphatase is 118, and GGT is 186,(protin, albumin, globulin is normal), Urial -Serum is normal, Creatinine -Serum, uric acid serum is ok. why the those are too high? Whats is the cure?

HelloSign ALT, GGT and AST may indicate liver injury. It may be due to many reasons like hepatitis, alcohol intake, altered lipid profile, medicines,autoimmune causes etc. You may need clinical evaluation and investigations like routine hologram, viral markers, random blood sugar, lipid profile, ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg tablet twice daily for three months. It helps in regeneration of liver cells. You may need few more medicines after complete evaluation. Get well soon. Take Care .

i don t know english well so forgive my grammer mistakes. well, actually the problem that the docter prefer some tablets to my mom for some venter problems , after taking the medicine my mom feeling, like something burning in her trachea.please sir if you describe the problem we be very thankfull to you.

Avoid hot and spicy food. 2. Avoid large meals, instead take frequent small meals. 3. Avoid stress and anxiety. 4. Start proton pump inhibitor. 5. Go for walk after meals. 6. Keep 2 - 3 pillows under head in the bed.

i feel pain in my heart everytime i smoke, even i have tried to decrease it to once a week but it still happens after smoking. can you please tell me the possible reasons for this? and yeah for a a little background check i have started smoking 4 months back and smoke one cigarette a day which as i

said i reduced to once a week. is it necessary to consult a physician immediately and do ECG or quitting smoking will help solve the problem?please help. and yeah i am 21 years old.

Hello! Thank your for asking on ! Regarding your concern, your symptoms do not seem to be related to the heart. You are too young and with a short experience as a smoker, to have symptoms related to chronic smoking like angina or coronary artery syn . I think that your symptoms may be related to other causes like anxiety or musculoskeletal issues. I recommend you to perform a resting ECG and routine blood test, kidney and liver function tests, blood electrolytes, and a chest x-ray to exclude other causes. Meanwhile, I recommend you to avoid smoking, if this is the only triggering factor of your symptoms. Hope to have been helpful! Greetings!

I found myself in lower abdomen ultrasound that seminal vesicles are prominent with multiple retention cyst . I have incontinence problem also , premature ejaculation problem , pls suggest me proper advice , kidney , prostate and urinary bladder are normal , no cyst is seen in them or no deformation, I m waiting for your reply

HelloThanks for query. The other structures like kidneys, ureter being normal Cysts in seminal vesicles are mostly due to obstruction of Ejaculatory duct secondary to infection of itself or prostate. Please consult qualified Urologist for evaluation and get further test like MRI and Seminal Vesiculogram done to find out the cause of retention cyst. Further treatment will depend on on underlying pathology detected in tests. .

i got hit by hard tennis ball to the penis shaft today morning.luckily it was not thrown by tennis machine .and just by spin baller.but i got hit.after hiting i get vomitted.and then it start paining.but now at evening pain is gone.only when i touch right testis mild pain occur.does there is necessary to worry

HelloThanks for your query, based on the facts that you have posted it appears that you have injured your genitals while playing and had pain in penis and testicle which eventually subsided without any treatment. Vomiting that you had was reflex vomiting due to severe pain which is very common and nothing to be worried about it. Now you have mild pain in Rt testicle, Please take painkiller like Broken for a couple of days. It should get cured and nothing to be worried about. .

I got married in december There are some conflicts in my family. Mine is a love marriage. There are some issues with family backgrounds and culture. These differences are hurting bad. My family is acting absurd and this set up is affecting my wife s mental stability. Kindly help me with your kind advice

H I have gone through your question in detail and I can understand what you are going through. Counselling and supportive psychotherapy with interpersonal therapy will help you in this regard. Get hold of a good psychologist who can help you with these problems. Hope I am able to answer your concerns. If you have any further query, I would be glad to help you. In future if you wish to contact me directly, you can use the below-mentioned link: .

i got married two months back. ques after intercourse,while i am removing my pennis from my wifes vergina,there is some amount of semmen coming from my wifes vergina. (usually i will remove the pennis after 10minutes of intercourse) i am having doubt that wether my semmen has entered in virgina or not. is there any problem.

Hi, How are you doing ? That is absolutely normal. Normal semen volume is 2-5 ml of which sperms are only about 0.5ml. Normally initial semen will be liquid, within few seconds, it will become thicken & then within 30 mins it will liquefy again. Inside body, on ejaculation semen will be liquid, it will be thrown onto the cervix, it will stick on cervix, for 30 mins during this time sperms will move in. Then rest of the semen has to fall of, If all the semen goes in, it will cause severe pain. So don't worry, you are okay. It's a misconception that all semen has to go in. After sex, remove penis, let wife lie down for 30 mins with pillow under hip, turned to one side. Then, when she gets up, little

may flow out, just wash the part that flows out with water. Don't use soap RO any chemical. They will kill sperms Hope I have cleared your query, do write back if anymore queries the best .

I got viral fever from last 3-4 days. Symptoms are joint pains, muscles pain, eye redness and some time feeling very cold, making me restless. I am taking paracetamol. Please suggest what should I eat in this condition to get well soon. Thanks Puneet

Not only viral fever but any other type of fever can make our digestion weak, so it is always advisable to have mild, bland diet. Avoid spicy, oily food & outside eatables items. Increase the contents of milk buttermilk & curd in food. (better to have curd/buttermilk rice rather than DAL rice.) . Increase the contents of fruits in the diet. Better to have fresh whole fruits rather than having fruit juices. Apart from diet my advice would be if you have not taken any medical consultation then it is very important to have at least one visit to your physician who after examining will guide you about the investigations if required. As in the viral fever there is threat of having low platelet counts it is important to get it checked. Caution : Be attentive towards any kind of blood loss from anywhere from body. If you notice any kind of blood loss rush to the doctor.

i had a fit on 3 august as i went to vaishno devi 2 times with right side frequent movement i consulted the doc with eeg and mri all reports show no traces of convulsion he prescribed me levipil 500 i feel very lazy after taking it please help me what should i do?

HI will suggest you to continue the level. The presence of any clue in EEG and MRI brain is not mandatory for diagnosis of epilepsy. Two events are mandatory for diagnosis. It's best to get a mobile video or CCTV video of fits, and you show it to your physician or a tell-tale story word by word as seen by any person who was accompanying you at that time to be told to your physician. If doctor is confident that you had fits only then he has prescribed you anti-epileptic. Mild laziness do occur with all anti-epileptics. If you can't tolerate it, your doctor will either reduce its dose or he will switch you to some other . Hope I have answered your query. Let me know if I can assist you further.

i had a tb doctors said but i started to take a medication from 2 months my aim is to go to gulf/us/ countries for a job my problem is that iam having a scar on a lung ,& i ve heard that the scars must not be present at immigration or health check up on the lungs how to remove scars on my lungs

Almost all lung infection (specially tuberculosis) heal with either fibrosis or calcification or both. Very rarely complete resolution is seen. So fibrotic scar lesions after tuberculosis are common after tb. They will remain as it is throughout the life. No treatment is required and hence not available for these scars because these are inactive, non-infectious lesions. No . For visa purpose, we need to prove that these lesions are not active infectious lesions. For this, you need to consult pulmonologist and get done CT thorax with Contrast and Bronchoscopy with BAD analysis. If both these are negative for active tuberculosis then no need to worry about tuberculosis. By this you can argue with visa authority about not having active infectious disease. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

I had done CT scan of chest. which shows - Accentuation of the Bronchovascular marking seen in bothe the lung fields with small consolidation in the left upper zone with well defined hypodense mass in the left lower zone with calcified margins measuring 4.4 cmX5.7 mm in size. Please suggest

Hi, Your having pneumonia in the left upper part of lung and a mass in the lower part of lung. It may be pulmonary nodule (benign or malignant) or hydrated cyst or aspergilli, etc. Until examination is done it is difficult to say what it is. Please consult your pulmonologist/oncologist they will examine and treat you accordingly. Hope I have answered your query. Let me know if I can assist you further.

I had eaten some biscuits which I later discovered to be chances of eaten by dog from the same packet .the animal did not bite me but as I suspect that the dog might have taken few biscuits from the same packet and later on I took few biscuits .Is there any chances of rabies transmission . I am in fear .the dog was a stray dog and sure to be not immunized.

Take 5 doses of antirabies vaccine as per the schedule2. Observe the dog for 10 days if possibleThese measures will help you to protect yourself against the disease rabies. Thank you.

i had exposur 2 months back weared condom but it was of small size ,after two weeks i developed pain abdomen and diarrhoea, in the initial episodes my symptoms subsided with use of antibiotics(within 2 days)after 2 to 3 days of stopping antibiotics my symptoms restarted (so restarted those antibiotics and many other drugs for 10 to 15 days), however my diarrhoea subsided but am having persistent pain abdomen since last 2 months with ocassional loose stools, its crampy pain diffuse, increases with intake of food only during day time,lost some weight also but no fever ,cough, sore throat, lymph nodes,thought possibility of HIV infection done HIV testing after 21 days HIV PCR RNA - below 20 copies. westernblot - non reactive HIV CLIA -Non reactive so my doubts - 1 Above results indicate am not infected ? 2 How much should be the HIV RNA levels in early infection at 20 days ? 2 Are my symptom persistent pain abdomen with ocassional diarrhoea s/ 0 acute HIV infection ? 3 How common pain abdomen and diarrhoea in acute hiv infection without fever or other symptoms? 3 Are my symptoms related to medication side effects / food poisoning / anxiety ? please interpret my results and advise further.

Hi.Thanks for your query. Noted your history of sexual exposure but with condom which acts as a good barrier. You developed diarrhea and loose stool which has continued for 2 months. HIV tests, western blot and CIA done all negative. I would advise you the following:First stop worrying about something that you do not know of and follow the advice of your Doctor. Consult the HIV/ AIDS center for counselling and further examination and tests. Another important point you have mentioned is loose stools and pain in abdomen. The possibility of HIV causing this is definitely worrisome, but if the tests are negative, I would advise you the following:Repeat the tests for HIV. Stool tests for three consecutive days. Tests of blood, particularly for thyroid function tests and diabetes are a Matthias will give further lair diagnosis and a plan for proper treatment.

i had my seizure for the first time this 28th june when i was traveling to US AND WAS DIAGNOSED WITH NEUROcysticercosis . the parasite was presumed to be dying as a result of this occurrence. the dexamethasone and keppra medication is what i m consuming. is there any ayurvedic treatment as my problem is very minuscule but the drug keeps me sedated and under its control at all hours.i m 44 years old ,jogging and active life style vegetarian male. these drugs seem to be creating more harm than good and in longer run they may harm my system. kindly advise me.

Hi It is very strange that inspire of being so active and vegetarian, at 44 years young age you have been diagnosed with Neurocysticercosis. Actually that doesn't have to do anything with age. Neurocysticercosis, is caused by infection with the larval cystic form of the tapeworm, Tania sodium. How it travels to our blood stream and to brain and leads to seizures, is a different story. In Ayurveda this is cause of this disease and heart interlinked with mind is primarily effected. Some physical factors as constipation gas in stomach & impaired digestion system are precipitating factors, THE aim of Ayurveda is to correct nervous system and strengthen the heartbeat I want to know is, what are the symptoms you felt during the attack, Did it start in fingers and toes ?, Thumb turned inwards during attack ? Any previous history of skin disease -Suppressed, at any age? Started with headache ? Any head injury at any age ? Worse touch or jar ? Any cramps or convulsions etc.? Are the few queries to be replied by you for proper prescription Meanwhile, I will suggest you to take Homeopathic Selenium 30 / 3 doses after 1/2 hours gap first day, to remove the effect of sedatives and Cup rum Met 30/4 hourly, for a week In Ayurveda Brahma & Dacha are

recommended to correct nervous system and strengthening the heart Other things to be taken into consideration are Diet-- should not be pungent strictly, simple nourishing food, fruit, veges and fibers are essential Intake of adequate amount of water Use of less salt and less mental strain of all types should be avoided. Should keep busy so that don't get time to brood over illness or your past. Massage of head and soles of feet daily with Til oil will ensure recovery fast. Walk Yoga, Deep Breathing , Bravery & and Anglo film are helpful in strengthening mental power Hope this will help you in removing your woes. Keep in touch with your treating doctor regularly. All the best Take care Don't hesitate to come back if you have any further query

i had panic attacks for last 2 years, i take nexito 10 and its not regular but i take it with a gap of 5 or 6 days, the reason is that i want to quit taking nexito and when i feel vertigo i take it. However for last few days i am facing issues with my blood pressure as it rises to 160/100 and extreme anxiety , i went to seek a doctor and he prescribed me aten 50. Plz tell me what should i do now?

Hai adeelk1001 silent featurespanic attack irregular medication raised BP episodic Raised BP is part of Panic attack however to rule out Hypertension u need to check BP at 3 different days when it would be consistent Next i.e., Escitalopram have no use if taken irregularly panic attack occurs in several conditions. So I suggest u to first meet nearest psychiatrist and get evaluated whether u have panic disorder. If so Paroxetine would be better . I advice u Do not self-medicate

Input	Output
i had protected sex on 22nd, bt due to doubt i consumed ipill. On 1st or 2nd there was bit of bleeding but it wasn't regular, my periods are due on 16th but it hasn't arrived yet. On 17th again we had protected one, but condom tore off. I did not consume pill this time. What should i do?	Hello dairy understand your concerned not worry Chance of pregnancy is less. You did sex in safe period of cycle (22nd and 16th both are safe period)I pill also highly effective in preventing the pregnancy. I pill contain high progesterone.Little bleeding was a progesterone with . I pill also cause delay in period by the 1-2 week as it cause prolongation of second phase of the cycle. So delayed period could be due to I pill. Wait for the periodMeanwhile avoid stress, take healthy diet,
i had unprotected sex with my gf on 16th august i.e one day after her periods got over . she is supposed to get her menstruation at 3rd sep .its 7th sep tday .is there ny chance of pregnancy?????And also we did unprotected sex on june same year but she took U-72 pills after a day after the sex. So is delay in period happening because of this pill nly????/Plzzzz help us and suggest a suitable measure as she is very much worried. We dint take ny pregnancy test. n if at all pregnancy test comes out positive then what shud we do???	Hi, Let me understand better: you are saying that all the pregnancy test come out positive is this true? If this is true, then, your GF is pregnant. However, if the tests are negative, I would suggest to wait for some other days and then, you can repeat the test. Usually, when women get delayed periods, it is recommended to wait up to 10 days from the due date to do the test. Once the pregnancy is confirmed, I would recommend visiting a OG for further assistance. Hope it helped!
i had unprotected sex with my gf on 9th november and after 3hr i took her unwanted72.she took a lot of pain.Her period date was 13th octomber.we dont want to baby so she is safe?Have i got her new dose of second unwanted72 or i-pill?Replay me fast as soon as fast.	HelloThanks for writing to us with your health concern. When taken within 24 hours of unprotected intercourse, the emergency contraceptive pill is more than 95 % effective in preventing a pregnancy. So your girlfriend is protected against pregnancy, with only a 5 % chance of failure. There is no point in getting a new dose of emergency contraception. That will only increase the side effects. If she misses her period, take a pregnancy test. In general, the risk of falling pregnant is very low. So do not worrywart care.
I had unprotected sex with my wife two months back and we had opted for contraceptive pill. At the time of her first periods the bleeding started on the normal timings but now the second period is getting delayed. She is already 2days late. Is there anything to worry about. Till when can i expect the second month period??	Hi Hope this message finds u in good health. I have gone through your msg and understand your concern.it may be due to some sort of hormonal imbalances or variations in the body, though there may be other reasons as reclothing to worry about, You should eventually get back to normal. Take multi vitamin and calcium supplements Do consult a gynecologist if symptoms worsened back to me for any FOLLOW-UP QUERIES anytime. .(MBBS, MS,MCH)
I have 2 son 1 is 3.5 & 2nd is 7 the month both are regular suffering from cold & caught and taking prescribed medicine by doctor getting normal for 2 or 3 day s but next again suffer by cold & cough so sir what would be ur suggestion ? Pl se ansr me -----	Hello dear, I read and understand your concern. Cough and cold in children are because of the viral infection and need not requires antibiotics therapy every time. It will be given only once. Since both the children are kids the infection is keep rotating in both of them. So symptomatic treatment is required for both the person. You can give both of them paracetamol suspension and chlorpheniramine suspension. The combination is available in the market. Please take the advice

of your doctor before you take the . Please give them good hygiene practice. Good handwashing and keep the handkerchief while sneezing can prevent the cross infection to one another. You can also keep both of them separate while sleeping this also prevent cross infection. Give them one glass milk or one egg daily. This will help to boost up their immunity. I will be happy to answer your further concern on

I have 3-4 small & big lumps or muscles bolt in my stomach area, waist area, 1 on thigh & 1 on arm. When I am pressing them, its paining in that lump/ bolt only. I do not have any kind of other problems. I do not take any kind of tobacco items except rare beer monthly may be once but not evrymonth , sometime. I am gym guy & do regular exercise. My height is 181cm & weight 78kgs & 32yrs old. I would greatly appreciate if you could suggest me what kinds of step i should take. Can I go for x-ray, what kind of xray. Kindly suggest me on this. Thank you!! Sincerely, Kailash

You get all the lumps out of the body before they get slowly enlarged.2. You get a certain diagnosis. Do not worry-the other ways is to get the following lumps out of the body:-Enlarging suddenly-Become painful-On joints-In muscles.Otherwise, get a confirmed diagnosis and relax. Remember there are no medicines for such a condition, hence do not try anything.

i have a bad habit mean hp during hp iam free within 1mnts next 3 month my maraige ceremony will be so i want to some information from u that how i enjoy my marraige life i have no control in my this habit .can u give me some suggestion/advise to controll it

Hi, In my opinion to control masturbating you should understand the route cause for its addiction. Which is neurotransmitters like dopamine and endorphins are secreted during masturbation which is addictive. You can also produce these neurotransmitters by indulging in aerobic exercises and doing things that will make you happy like listening to good music and eating foods you like. Along with a good will power you can await an exciting married life after 3 months. Take care. Hope I have answered your question. Let me know if I can assist you further.

i have a big problem from many days i can say from many months that if i talk to any girl are to my girl friend on mobile my sperm come out automatically and if i watch any sex movie are at least a romantic kiss the water comes out and in a week 2 to 3 times night fall happens and my size also not increasing the size is very small and ones i have done sex with my g,f after that my back and my legs are paining too much i just can express woh i felling that whole night next year my marriage is fixed so can u please help me out what is my actually problem what should i doo and how is my future life and if i married who is my married life iam waithing for u r answer thanking you sir

Degree understand your concerns went through your descriptions. I suggest you not to worry much. Ejaculation on talking to a girl is not actual ejaculation. It is just lubrication. It happens to every man. Nothing to worry. Night fall happens because body want to eject the excess sperm. You are very romantic and sensual. Your body produces excess sperm and body want to release it. Body finds the easy path and that is night fall. Again nothing to worry. Size of penis is not at all a matter of concern. Even a 2-inch penis (erect) can satisfy a woman, and you definitely have it. Again nothing to worry. I can assure you that these conditions are not at all harmful to your martial life. You will enjoy it. All these are unnecessary thoughts. The pain is not actually there. You are anxious, and therefore the pain is in thoughts. You might need psychological counseling., I am more than happy to provide telephone psychological counseling through . Contact me through customer care, www. .com. Hope this answers your query. Available for further clarifications. Good luck.

i have a daily loss of sperm during night while i sleep it is from 6 to 7 years and now my present

age is 18 so give me a medicine name to stop this loss of sperm please help me out of this problem i have never said this problem in front of anybody

Degree understand your concerns went through your details. There is nothing called loss of sperms.

Your body is capable to produce healthy sperms even up to the age of 80 years if you are healthy otherwise. The term loss of sperm is a myth. Your body produces sperm cells whenever you are sexually aroused and stores it within your body. Such a stored product is a waste for the body.

Body will try to throw it out. If you do not masturbate or indulge in sex, to ejaculate the stored sperm, body will find its own way to throw the waste product. Usually body throw out the stored sperm through night fall (nocturnal ejaculation) or through urine. This is a natural procedure, and you have no control over it. You are just 18. Please stop worrying about all these and concentrate on your education and career. If you require more of my help in this aspect, please use this URL.

<http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck. Take care.

I have a friend who just entered the second stage of blood cancer. He skipped his prescribed medicine once which led to severe blood vomiting. Is this condition curable by treatment? I do not know much about his condition but I just wanted to ask whether such kind of conditions are curable or not.

Hi, Thanks for writing in. Blood cancer is of many types and the treatment depends on the type of cells which are causing the cancer. If his disease is in stage 2 then chances of recovery are high.

He made a mistake by skipping the medicine even if for a short time. He must strictly follow recommended treatment. He is still in early stage and with follow up and treatment he might get cured in a year or two. However, it is important to maintain good general health during treatment.

The treatment for blood cancer involves chemotherapy and this can cause some side effects.

Missing treatment can cause cancer to progress to advanced stage and delay recovery. Please give support to your friend and help him get treated. Please do not worry.

I have an issue with my skin. My skin is getting tan and even getting minute black scars. I don't expose much to sun nor travel on two wheeler to be affected. But I can feel my skin is getting really dark. Please suggest me some lotion or fairness cream to eradicate the problem. Thanking you, Raghava.

Wash your face in evening around 7.2.3. Keep it for one hour.4. Wash face again.5. Apply some moisturizing cream and sleep.6. In morning apply a sunscreen with SPF at least 30. Do this for a month, you will see the results. Let me know if you have any other doubts. Thank you

I have a pain just below my rib on the right side it hurts when I sneeze or cough. So what is it that you do for relief. It actually takes me a few days to go. and took a deep breath, the pain felt like a bruise-type pain that wouldn't go away. on right side under lower rib was a dull pain feeling like a bruise

Pneumonia2. Tuberculosis3. Pleural effusion. So get done chest x-ray to rule out above possible causes of pleurisy. If chest x-ray is normal, then no need to worry much for all these. It is just due to muscular pain. Coughing and sneezing can cause over activity of intercostal muscles. So they can produce pain on coughing and sneezing. So take painkiller and muscle relaxant for relief.

I have a problem of asthma. even I have allergy of many things. following problem always remain with me (cold, tears in eyes (due to cold), cough, underweight) I want to know what things I have of allergies. can u suggest me good and cheap allergy testing lab in bangalore. which all the test should I do.

You could be allergic to pollen, dust, smoke and probably certain food items as well. Use handkerchief when passing through these areas. You should consult an ENT Surgeon to evaluate if you have allergic rhinitis. There is good medicine to prevent further attacks. You can try taking

Cetirizine at night for relief. Apply nasal decongestant . Keep warm. Avoid eating cold things. For eyes, you should see Ophthalmologist and probably certain

I have a problem that once I take a tablet for fever and it caused me alergytic. I consult a doctor and he said I am alergytic to quinolone antibiotics . After that there is a black mark below my lips . It happened one year ago. Till now that black mark is there. Is there any solutions for avoiding that mark. ?

Hi there Arun. Dermatology is sadly a very visual field & as such, one would prefer a clear digital image of the lesion & you may upload it on this website using the upload data icon to the right of your screen. You may alternatively try to use a Comic acid based cream in the evenings & a sunscreen in the mornings for best results providing you are not allergic to any of the creams components. Remember to use the sunscreen from dawn to dusk & reapply when sweating or bathing or washing & to be applied each 3-4 hrs.else the pigment lightening cream will cease to be effective. Good luck & here's to a clear skin soon!

I have a query. Can these birth control pills or pregnancy control pills (like MALA-D) hold pregnancy for 1 or 2 years? means if any lady being pregnant can avoid pregnancy for how much time through these pills. Can it be more than 1 year????

Dear member, Birth control pills also known as contraceptive pills if used regularly are very effective in preventing pregnancy. If the lady who is consuming the pills is a young lady (To answer your second query regarding lady being pregnant and wants to avoid further pregnancies I assume your query is regarding the use of birth control pill after the lady has delivered her child and doesn't want another baby now. MALE d cannot be used in lactating or mothers who are breastfeeding. In such a scenario I would usually recommend other methods. Kindly get back if you have more doubts on this issue. Thanks. .

I have a query. I am 26, still getting pimples on my face and back regularly. I have taken treatment 2 times before and recently shown to other Dermatologist . He suggested me to take Doxylab tab, Beplex Forte tab and to apply Deriva MS Gel. Also I have marks on my face. Last month suddenly I got many pimples on my face. Please let me know, it this problem curable and how long it will take to get all marks cleared. Thanks, Neha

Dear NEA, 26 is the novel 16! Smile I note your age & your treatment history. However, it needs more than this to formulate an effective acne treatment regime. This is usually tailored to suit individual needs.so please consult a dermatologist near your place, or you may consult me privately if you so wish to through this portal. Firstly, one needs to evaluate your goal.if my understanding is correct, you desire clearance of both acne & the marks left behind. Second, you need to do a battery of tests assuming we will start you on systemic isotretinoin therapy as a definite treatment if one can call it this. Please check the details of the medication & the side effects & precautions et al. (as the blood tests required are tailored with these in mind) with your treating doctor. It may take anywhere from 3-6 months for a decent result & your treating doctor again will be best placed to discuss this with you. Cheers & all the best.am sure you will do well with this treatment. Reads.

i have a small kidney in measures 73 * 34 mm, with slightly irregular contour.corticomedullary differentiation is maintained.mild fullness of pelvicalyceal system noted.no evidence of calculus seen.and my right kidney normal in size,work propley. sir,what can i d

Hello . As a Urologist, let me advise you that a small kidney, means it has reduced in size. There are various reasons for the same. Irregular contour means the normal shape and border of kidney, is altered, usually due to chronic infections. Fullness of urinary system within the kidney is seen, which suggests slow . You can clear any other doubt, by directing the question in my name here.

Wish you well.

I have a white pimple like thing on my scrotum .I have 3 pimple of which one is large one .it is been there from almost 2 years .I don t face any problem because of the same.I though it will go by its own but they are stable in size and shape.sir pls give ur suggestion for I am very worried about the same.is it any std? And is thr any home remedy.?.pls reply sir .thank you.

HelloThanks for query. Based on your statement it seems that you have 3 lumps on your scrotal sac for 2 years. These are most likely to be Sebaceous Cysts The scrotal skin is rich in sebaceous glands and hence prone to get more sebaceous cyst due to accumulation of sebum beneath the skin. Normally they fade away without treatment however they need to be treated if increase in size or get infected. Start taking broad spectrum antibiotic like Definite along with anti-inflammatory . If problem persists consult qualified General Surgeon for clinical evaluation and further treatment. You may need to get the bigger cyst excised in Toto under local anesthesia.

i have afected by multiple limpoma. i it to control ? i am just 24 years old. i my side i am possible to control by doing pranaym.i has to experince doing control the limpoma by pranayam regurarly.sir is it possible to remove limpoma come in same place againe. and how many it live in human body

From your statement it seems that you have consulted doctor to reach a diagnosis of lipomatous doctor/surgeon will guide you for best method of treatment these are usually benign slow growing tumor sit is slow growing and if multiple may think for surgical removal for any of its pressure symptoms or its look role of Panama in treating the condition is not definite one will have to be accustomed to it

i have an allergy to mosquitoes and if they bite me, i get a lot of itching, and later spots which wont heel for days also, after its gone it leaves a dark spot, one doctor i consulted before said its a rare dermatological condition which occurs on fairer skin people. i desperately need to know the cure, its only on my hands and legs, n i feel embarrassed to wear small sleeve dresses

Dear Shine, This is a normal response to an insect bite, especially mosquitoes, that you get. The response to fiery red ants, wasps and bees may provoke an anaphylaxis (severe allergic reaction) response but not against mosquitoes. A mild potency steroid cream (dexamethasone) and anti-histamines taken over 3-4 days usually suffices as treatment of skin reactions to mosquito bites in adults. However, if you are getting bruises or dark areas on severe scratching, you need to ensure that you do not have an abnormal platelet number (low) that leads to the bruising. A complete blood count test should tell you the platelet number. Thanks.

Input	Output
I have back pain and my and my left knee having pain.some times i feel stiff ness.and my kamar is becomes thinner from last 8 months.i am 33 yr old.some times neck pain.what should i do.in my x ray doctor say .nothing is there.but i have vitamin D deficiency.is it arthrites.plz help me.i am tensed. Regards Santosh mahakud 0000	It D deficiency can present with bony pains at multiple location.2. Improve your diet with fish oil, egg yolk, it D fortified food and It D supplements. Get adequate sun exposure. 3. Once It D levels are improved, pains should disappear. In the meantime, do back and neck exercises to strengthen muscles. X-ray has showed no arthritis, so not to worry. It's all bony pain. Once It D gets corrected, all pains will disappear. Hope it helps. Any further queries, happy to help again.
I have been doing masturbation for the last 8 years day and night 3-4 time in a day . now my sperm quantity during eduction has become very less only 1-2 drop . why it has become less and what will be draw back in future. for getting pregnant of my partner.	Degree understand your concerns went through your details. Please understand masturbation is natural, normal and is not unhealthy. Masturbation cannot cause any direct health problems. Masturbation cannot reduce your semen volume or thickness unless you masturbate frequently. In your case, you masturbate three or four times a day, and it is quite natural that your semen quantity is two or three . Body has a capacity to produce semen and if you over utilize the capacity, the result will be like this. I suggest you to reduce the masturbation frequency to thrice a week. Stop obsessing about sex, genitals or other sexual topics. Exercise, entertain yourself, concentrate on your career, make friendships etc. If you require more of my help in this aspect, please use this URL. http://goo.gl/aYW2pR . Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck. Take care.
I have been masturbating from the age of 13. Almost everyday from the age of 16. Now my testicles have shrunk and become loose and small.(they are like a very small ball in a big sack of skin). Even the skin over my penis has become loose and veins are visible from outside. Also, my erections are not hard enough to have sex. Right now I am 23 years old and its really scary to see the condition of my penis.Please tell me what to do??	HelloThanks for your query, based on the facts that you have posted it appears that you have been indulged in masturbation since 7 years and now facing problem related to your sexual health.First there is myth in a mind of common man that excessive masturbation is the reason of all sexual problems But I would like to state that it has been discussed in scientific forums all over the world and proved scientifically that masturbation does not have any negative effect on any organ or system in the body. All the problems that you have narrated are mind related and due to anxiety. Following measure will help you to boost up your confidence and getting good erection. Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. .
i have been suffering from Jaundice in liver last 1 month.This caused the liver enlarged do i need to go any medical treatment or not.My head always pains n i have lost 15 kgs of weight ,what i must do to recover from weakness n illness.I m 18 yrs old female	HBsAg2. Anti HCV Antibody3. IGM Anti HEV and HAD Antibody4. Ultrasound abdomens is my best advise for you based on available details. If you have any further query please ask me. Stay Healthy. , MD
i have been suffering from typhoid fever since last week.i also had a blood test where i found that	

my ESR is very high and almost touching 40mm mark.is it a worrying sign? or is it controllable? my fever is also fluctuating a lot.sometimes i have normal temperature around 98 degrees for a whole day and next day it again peaks around 100 till 101 degrees.i am also being absent from my work from last week coz of of fatigue and weakness.my company rules are not really lenient for absentees.i am also taking medicine but i want some speedy recovery.sir hoping for some advice from ur side.i ll be really grateful for your act of kindness.

Hello and Continuous low grade fever with raised ESR is suggestive of chronic disease e.g. tuberculosis. Tuberculosis is usually associated with low grade fever, night sweats, weakness, decreased appetite, tiredness, and fatigue. The symptoms mentioned by you can be due to typhoid, however, typhoid does not usually cause an elevated ESR level. I suggest you to consult your primary healthcare provider for clinical examination and relevant investigations. A Mantoux test and X-ray chest should be done initially. Management will be decided once the result of the investigations is received. Thanks and take care .

I have been taking alprax got almost a year.but it was on And off.I decided to quit it and was able to sustain just for a week .after that I started getting problem in initiating sleep.I used to wake up every hr in night and is unable to have a peaceful sleep. I was suggested to have zolfresh 5mg and I had it fr 2 days.Am getting a good 7-8 hrs sleep at night. I am a doctor myself doing my internship right now. I just wanted to know how long can I continue having it and am even scared for side effects. so is it preferable to go for zolfresh over alprax?? And for me actually I had been disturbed in my personal life an yr nd half back so remained depressed al the time.I switched over to alprax by then. Sir I will be awaiting your reply soon. Thanking you, Sonali.

Hello I can understand your situation. I appreciate your effort to seek online support. Don't worry. You can take fresh for continues 2-3 weeks. 5 mg is the starting dose, and it can well induce the sleep and effective up to 6-8 hours without causing daytime sedation. No need to be scared. You can easily taper down the dose. I advise you to visit a psychiatrist once for detailed evaluation of depressive symptoms as treating depression will treat insomnia too and have some psychotherapy sessions. Hope it helps Good luckRegards

I have chest pain from 1 years ago.-> Phlegm always stopped in my throat, feel like this always.-> I have Asthma also, i uses Symbiva 400 Inhaler. Now it is in my control. But chest pain while im pressing on my ribs, this pain exactly on middle line of chest.-> Sleeping well. Hungry well. Every think is ok.-> My age :26-> No smoking & Drinking.

In my opinion you are having musculoskeletal pain due to pressing. No need to press that part. It OS fixed bony structure, so if you press it, you will definitely feel pain. So better to avoid pressing. Apply warm water pad on affected site. Avoid strenuous exercise and heavy weight lifting. In my opinion you will be alright by doing all these. But if you still feel pain then start painkiller and muscle relaxant. Don't worry, you will be alright.

i have dignosed with typhoid befor three month and i have taken medicines. my fever has gone but my intestine is still very sensitive and some time i feel itching after geting food and burning sensation in my body specially on my face. intestinal hardness and i feel very weak. is i have swallowed stomch prob or ulcer please help me

HI understand your concern. I am , infectious diseases specialist, answering your query. In my opinion you should take small soft and frequent diet. Typhoid is notorious in causing intestinal ulcer. This ulcer may perforate if the proper care has not taken with. Perforation of intestine is very dangerous problem. Take above care if you feel some problem with perforation immediately contact nearby ER. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

I have done sperm analysis test, which shows 50 million per 2ml with 85% motility. so i have consulted a urologist with the reports. He asked me to go for dopler test, so could you please suggest me if this test is mandatory and a good procedure to identify the exact problem

helloThanks for query. Your semen analysis has revealed your sperm count to be less than normal(Oligospermia) It is likely that your Urologist on your clinical examination might have detected you to have Varicocele. Since Varicocele is one of the causes for Oligospermia he has rightly advised you to get color Doppler study of the Scrotum to confirm or rule out the same. Please go ahead and get it done It will help him to plan the further treatment .

I have got ur mail Id through internet. I am 29 years old I got married in 2009 from last 2 years trying to conceive but not successful, I am working in dubai I am an indian, I have 2 sisters both were married and had 2 childrens but me only have that problem unable to consult with my parents also doctors. Can you guide me please. I need Baby.--

Hallow Dear, If you have failed to conceive for 2 years and your age is 29 years, you need to undergo investigations along with clinical examination (both of you). Please assess your egg release (ovulation). Though study of uterine lining (endometrium), hormonal levels and many other tests can provide you this information, ultrasonography is most suitable at this stage. If you find that you are ovulating, please try to plan your sexual activities on and around the day of ovulation. Ultrasonography will provide you information about the anatomical view of the uterus and tubes also. Also look for the anatomical normalcy and patency of your reproduction organs. Hysterosalpingography and Laparoscopy will provide you the information. If there is any block, adhesions or any other abnormality, you may require surgical intervention. Get your husbands' semen examined after 4 days of sexual abstinence. Then please report to your infertility consultant. Alternatively, you may upload all your reports and ask me Direct question on this forum for further continued detailed advice. I hope you start acting on these initial guidelines.

i have had fungal infection on my foreskin, my doctor advised me anti fungal cream and oral drug, now i have no concern about itching and burning on my foreskin, but my foreskin s colors now totally change and it lil thin and dry. i use the cream regularly for 2 week as my doctor advised,,,, is there any serious concern , what can i do please help me

Hi, Thanks for writing in. If your doctor has examined you completely and told that it is a fungal infection then it must be one. Please do not worry about the skin color changes after applying the antifungal ointments. The itching and burning is important to be treated. The discoloration or change in color can occur during or after treatment and is not a concern. Please trim your pubic hairs and wear cotton inner clothes. Wash your genitals with warm water at least twice daily. Apply the antifungal ointment twice daily and keep your genital regions . Treatment can be extended for about a month to completely cure your condition.

I have kidney failure (CKD) with reflux nephropathy as said by my doctor. I already remove my left kidney on 4th sept. and after one and half month i am going for kidney transplant. I want to know that what is reflux nephropathy and is this connected to my other problem which is from last 10 years i have joint pain in all my joint. i cant sit down earth, cant bow properly, cant run, more back pain and in hip joint. And after transplant all this problem will remove or not? Can i sit, bow, run after transplant?

Dear Ni teen, Normally urine passes from the kidneys to the bladder via ureters. There is a valve like mechanism at the junction of ureter with the bladder, that prevents urine coming in the reverse direction. However, when this mechanism fails the urine refluxes back towards the kidneys and damages it. Joint and bone pains can be there due to renal failure, itself. Usually a person can return to almost all normal activities after transplant, including sitting / running Regards

<p>i have little holes on my cheeks due to acne and pimples . so what can i do to get rid from that.write now im taking homeopathick medicine plz kindly suggest me .</p>	<p>Hi There are some homemade medicine like cucumber + lemon juice whichbine lighten the face marks. 2)sandalwood +gram powder in water and apply on face for 1 holy.3)gen tally massage with olive or almond oil.4)rubbing face with lemon juice. Also you continue homeopathy which give you good result for your acne. Our preparation like Chinese Q 10 . Avoid spicy food plus</p>
<p>I have low back pain and an MRI was taken, the results are as below There is centro - right paracentral protrusion of the L5-S1 disc intending the right Traversing S1 nerve root There is mild postero central protrusion of the L4-5 disc indenting the thecal sac How do I go about this, the pain is terrible and cannot sit for more than 25 min, please help</p>	<p>Hi Thanks for writing to us. I understand you have back pain. You are suffering from Prolapsed intervertebral disc (PIED) where the nerves get compressed by the protruded disc. There are several treatment modalities with medicines, physiotherapy and with injections in the back called epidural injections and root/facet blocks. If you don't get better with this treatment, surgery is the option, by which the nerves are decompressed by removing the protruded disc (discectomy), which would significantly improve your symptoms. So I suggest discuss these with your orthopaedician. Wishing you good health. Regards.</p>
<p>i have night fall problem from 10 years.i have used medicines like himalaya confido,charak neo,baidyanath chandrapraba vati but no benefits.lease suggest me best medicine for frequent night fall.my body is very weak .soetime night fall occur without dreams.lease suggest medicine.</p>	<p>Degree understand your concerns went through your details. Please understand, night fall (nocturnal emission) cannot make your body weak. Your body produces semen whenever you are sexually excited. Produced semen is stored within your body and is a waste product. That waste product is ejaculated when you indulge in sexual activities or when you masturbate. If you do not do this, body finds its own way to throw the waste product out. Body does it through nocturnal emission or through urine. This cannot affect your health. To prevent nocturnal emissions, please start masturbating or indulge in sex twice a week. I also suggest you to consult a psychologist for counseling. If you require more of my help in this aspect, please use this URL. http://goo.gl/aYW2pR. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.</p>
<p>I have notices a small red spot in my hard pallate for about 3 weeks before, after that it lasts for approx. 07 days and go away, but surrounding area gets red spot as concentric circle, in this way is goes outside by disapearing the old one by forming new spot. I am an ex smoker, this type of symptom I have faces about 01 year and 03 year ago. please suggest sir.</p>	<p>Dear friend thanks for sharing your concern it is good to know that you have quit smoking now. Do not worry. Your palate shows signs of inflammation. That is why there is redness. sometimes a specific lesion of the hard palate called DERMATITIS NICOTINE is seen in smokers. The red spot represents dilated and partially occluded orifices(opening) of accessory palatal salivary gland duct. This inflammation is caused around the accessory palatal saliva gland duct. On discontinuation of the habit this should go. Observe for any associated changes. If so report to the dentist else you can wait and watch for few more weeks. Meanwhile you can take capsule megajoules 01 OD for fifteen days. Do use mouthwash daily, medicine 2% for fifteen days. Take nutritious diet and remain stress-free. This helps. Thanks.</p>
<p>I have one lumps or may be boil on skin of scrotum. for last 4 year i have and there size is some thing like half of vegetable pee. in this there is no pain. just like a piece of hard dead muscles. There is no irritation also. Initially when it grow that time i pressed it and i find no pain and in that i</p>	

see some black colour thing come out. after that it increase and now it is fixed. But my worries is nearby the lump i find 2 new very small lumps also. same as first one. Please tell me what is this and why it happen to me. and how to cure it.

Hi, dairy have gone through your question. You may have sebaceous cyst. Multiple sebaceous cysts are common on scrotal skin. You should go for examination and if needed go for biopsy. Surgical excision is the treatment of choice. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

i have pigmentation all over my face doctor suggest me to use lomela lite cream at nigh but i have heard that if i will stop using it in future it will give me more patches is it true and how long is it safe to use lomela lite in a stretch and when should i stop applying it

Hi, Yes, Lomela cream does overnight wonders, and you have to stop using it after achieving the effects. This pigmentation will become back soon after not using it. You don't use the steroid cream for long time because it causes many side effects. You can use aloe Vera gels on the face, its effect comes out after long time, but it is extraordinary treatment for your problem. If you can't use aloe vera gel you can use any aloe vera cream on the face. Hope I have answered your query. Let me know if I can assist you further.

I have question on semen analysis. Please can you clarify as per results have less Sperm count and also A- Rapid progressive motility is only 10 it should be \Rightarrow 50 how can i increase. Is there any problem to get pregnancy. what kind of suggestion ill take please.

Hi, Yes, you definitely will have problem with lesser sperm count and poor motility to get your partner conceived. There may be some reason for this problem. Varicocele, descended testes or certain occupation like working near furnace, using highly vibrating vehicles or instruments, atomic or radiation places or certain . Varicocele and descended needs surgical correction. If you consult your physician he/she will guide you for further investigation after examination and needful advice. Get a baby as soon as possible.

I have semen leakage daily and moreover I have also the problem of nightfall. Even in day time also, my semen get leaking everytime. I am 21 years old male but dont even have moustache and beard. My body is still underdeveloped and I can not concentrate on my studies. Please help me

Hi, Thanks for writing in. You might be giving more attention to your semen ejaculation and nightfall than the required. If you try and manipulate your genital all the time then there will be erection and leakage of semen. I suggest you take your mind away from your penis and try to put your mind in other daily activities. Your non development of mustache and beard might be hereditary or hormone related. Please consult an endocrinologist and confirm any such condition that may be present and get treated.

Input	Output
I have skin allergy to avoid itching i have to take cetirizine alternate day.because cetirizine i feel sleepy and cozy , is there any treatment for this permanently. Please advice i am facing this problem for last 5 years i am 32 years old man.	The only cure for the allergy would be to avoid the source if it is known. There are allergy tests that can be done to determine the source of the response. These can be in the form of blood tests or skin tests. If the source is not known, or you cannot avoid it then the allergy would continue, and would need to continue the antihistamines. Though cetirizine is non . You may want to try other non
i have some kind of psychic problem.when i became angry i just behave like a mad person i dont know on that time what i am doing.plz help me.my talking style also change like this is not mine talk.some another person is talking from inside of me	Hi, Anger is an emotion which lets a man lose control over his senses. You just need to start controlling your anger. I would advise you to start exercising on a daily basis. You can also start doing some relaxation exercises like progressive muscular relaxation. Try to note down events every time you get angry and try to understand why you got angry and what could you have done to avoid the situation. You need to start distracting yourself at such moments. If still you are not able to control your anger, consult a psychiatrist. Regular sessions might help you understand and control your anger. Best wishes.
I have week arm nd hand for 15 years bcz I had an accident.At the beginning I had week upper arm as well but then by time upper arm revived properly.Now a have little progress in arm nd hand.But there is no numbness .so could u help me out what I should do nd is there any chance to be normal?? Thnx	Hi, thank you for providing the brief history of you. As mentioned by you the history, a thorough neuromuscular assessment is advised. As you have a weak upper arm and hand, due to an accident which occurred in the past and now the symptoms are still persisting, we need to know what accident you met, any surgery was done, etc. etc. Also, a neuromuscular assessment will help us with many things to understand about the type of injury and if any injury to the nerve is happened than a deep understanding of the nerve pathology needs an attention. The treatment for weakness in the muscles can be fulfilled by physical therapist, as the PT will guide you the proper goal oriented exercises with focus on the individual muscles and your hand should become stronger again. It will be an effort to get the optimum results, as the injury is pretty old. So kindly keep patience and meet a PT for the same. RegardsJay In .
i have white spots on my hand, waste and in under arms. tis occurs afer applying veet on my hand please tell me now what i do. sir i m 24 yr old. m a female heigh-5.5 weight-60kg. sir m in bangalore. mera tretment patna main chal rha a approx 1 yr se but now it grows slowly slowly. i go married last month. i can tell tis o my husband ell me main kya karu aur iska tretmen kaise karbau?	Hi . . , White spots due to meet called .CHEMICAL LEUKODERMA., It has very good treatment., Apply Clobetasol cream on white spots and exposure to., Sun for 5 MTS.,2) Tab. Methoxasalen morning 2 tabs at 9 AM and exposure Sun after ., 2 Hrs.(Apply above cream.,)3) Tab Dexamethasone 0.5 mg 2 times per week for 6 weeks ., will get very good result.ok.good luck.,
I m 16 years old i have very weak bone specially my wrist bone is very thin and during night i have sperm leakage it can fill my half pant so please tell me why its happening with me i didn t tell this to my parent i hope you can help me better	Hi, Thanks for writing in. At 16 years you are in your adolescence. This is a time when your body is transforming to that of an adult. Your testes are increasing in size and have started producing

sperms as in every adult male. The sperms are manufactured in the testes as a result of hormonal developments. Each day a small amount of semen is made. When enough semen is there in the testes, it overflows in the form of nightfall. This is a normal process and not something to worry about. You can read about this under adult male sexual development online and also ask your biology teacher. The way to avoid nightfall is to masturbate once in 2 - 3 weeks. This will not allow the semen to overflow. Please note that masturbation done occasionally is normal and not a bad habit.

i m 17 and i want to lose weight so I jog at least 5 days of a week and I masturbate almost 3 days a week but only one time in a day.so i want to ask is there any problem of masturbating in the morning or afternoon and jogging in evening.i feel energy less i know but is there any other problem

Hello. I have reviewed your query and here is my advice. Masturbation is normal, natural and not unhealthy. Masturbation consumes your energy. Masturbation can consume around 150 calories for a 20-minute-long session. Thereby you could feel tired. In that sense, masturbation before physical exercise may cause tiredness during the exercises. But if you are healthy enough and if you have good stamina, there is nothing to worry about. But My advice will be to avoid masturbation before physical exercise. Hope I have answered your query. You can contact me for treatment options. Let me know if I can assist you further.

i m 21 year old girl and im a student and is suffering from hair fall from past 3 mnths this really gets worsen when i wash my hair and apply oil to my hair what can be done to stop it and promote the growth ???please sir advice and guide me ??

Hi. It seems that you may be having a condition known as halogen effluvium. I would like to say about halogen effluvium. It is a condition in which the hairs fall in halogen stage of hair cycle. The causes may be many like.tension, anxiety, thyroid diseases, endocrine diseases, hormonal diseases, diseases like typhoid, malaria, viral diseases, surgery,trauma, .methotrexate, internal diseases, anaemia, nutritional deficiencies. etc. might precipitate the disease. Excessive sun exposure may be responsible for the disease. Dan

i m 21 year old. i used to masturbate since 10 years. but i leave it now. but my sperm becomes viscous now. in jelly form nw i want to knw will it affect in getting a child after getting married ?? sir plz give me suggestions what should i do ?? now?Thank you

HelloThanks for your query, based on the facts that you have posted it appears that you have been indulged in masturbation since many years and now worried about your fertility in the future. As regards your doubt about viscosity of semen I would like to state that normal consistency of semen is viscus, and it gets liquefied after 30 -40 minutes, There is nothing to be worried about. Masturbation does not affect fertility of a man. Following general measures will help to boost up your general health and sexual potency. Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. .

i m 23 years old boy i m having vary good health but my penis is not so hard and it is also bended towards dowan .i am masterbating since i as 13 years old.now i m taking ayurvadic medicine since last 30 days that medicine is Himalyan tentex royal and Zandu vigorex.plz tell me that i have to change the medicine or i should continue with same or for how long i have to tske medicine.plz reply

Degree understand your concerns went through your details. I suggest you not to worry much. You are just 23, and you started worrying about erection and sex. Your masturbation habit never gives

any side effects in your sexual life. That is sure. Erection may not be always perfect while masturbation because of the effort involved in it and lack of passion. But once you have sex with a female, passion and love overwhelms any other thoughts and gives you perfect erection. But if you worry too much, be apprehensive, take medicines unnecessarily, you may suffer more. Because all these erectile dysfunction is in your thinking. You never had any problem. Even the medicines you are taking are not prescribed by any physician, I know. Please do not do that. Concentrate in your studies and career. They are important, not sexual life. Sexual life is always secondary. Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe some sexology related psychotherapy techniques which should help you cure your condition further. Hope this answers your query. Available for further clarifications. Good luck.

i m 23 years old male i have stitch on my upper lip. its not that large but i want to remove that completly because of some personel reason . I know its possible but can you help me out by suggesting me like good surgen and its expenses.i m from middle class family . i wil be thankkful if u tell me

Hi Dear, Understanding your concern. As per your query you want to remove stitch on upper lip. I would suggest avoiding waxing of upper lips for few days. Avoid exposure to sun rays and if she has to go outside cover her face. Apply Bolivia cream twice a day after washing your face. HY . Use TAN CARE or sunscreen rich in SPF 30 while exposure to sun. Combination of cucumber and lemon juice is very effective natural treatment remedy. Your symptoms will start resolving in 7-10 days. If your symptoms keeps on persisting then visit dermatologist for this, as then more intensive treatment like micro abrasion, laser therapy can be considered as treatment option. Hope your concern has been resolved. Get Well Soon. Best Wishes,

i m 23 yr old boy having 8mm stone in kidney.it pains me terifically.wat shud i do? operation?which type?can it come out easily through urin?or operation is must?in future is their any chance for its becoming again?how to prevent my self?

Hi I com. Stones larger than 7-8Å mm rarely pass on their own because the ureter diameter is 5Å mm. A procedure called lithography is often used. In this procedure, shock waves are used to break up a large stone into smaller pieces that can then pass through the urinary system. Only if this fails surgery is done. Stones can recur in the future. To avoid you should stay HY . Three liters of water on a daily basis is the recommended amount for kidney stones prevention and although this may have you running to the toilet every five minutes, it can stop the painful kidney stones from occurring. If you work in a hot environment then you should aim to

I m 25 years old & i have started gyming seriously. my dieter gave me evion 400 caps after workout immediately so can you please confirm is it safe to have Evion 400 & celin caps? The motive behind this is to gain weight, does it works? Vishal

Hi, Yes, it is safe to take these two together. Evian is vitamin E required for regulating important functions in the body and Colin is vitamin C (ascorbic acid) helps in the maintenance of healthy body tissues and the immune system. There is no harm in taking these two vitamins together however they are not used for the purpose of gaining weight. Hope I have answered your question. Let me know if I can assist you further.

i m 25 years old and i m married my wieght is 50 kg and height is 5.4 and i m in traublem if i did not get my first baby as a boy from my husbund family so i m requesting you give me some solutios to get my first baby as a boy baby plz my id is YYYY@YYYY

Hello dairy understand your concernSorry to say there is no any way to conceive with bay boy. It is depended on the chromosomes of sperm that fertilize the egg. There is 50 % prediction for the

baby boy. There are two types of sperm, one carrying the X chromosome, and one carrying the Y chromosome. The type of sperm that fertilizes the egg, and determines what sex the baby will be (X for a girl, and Y for a boy). No way/solution to conceive with baby boy. It is gods gift. Do not believe in any myth. Avoid stress, take healthy diet, do intercourse in fertile phase of the period with full penetration, . Hope this may help noncontact for further health query Best regards

I m 25 years old i want to get pregnant so i try for 1 year but i have no result then i consult to doctor she gave me ovacare tab, fertomid tab and nacfil tab for 4 month and a tab named endogest for keep in body using these tab can i get pregnant? i use these tab from 4 month but there is no response please suggest me

Hello forum There are various factors for infertility, so investigations are done to diagnose them such as husband's semen analysis, your HSG, Follicular studies, Blood tests like FSH, LH, Progesterone, estradiol, thyroid profile etc. Premenstrual Endometrial biopsy is done to see the secretory phase or any uterine tuberculosis USG for POD is done The treatment which you are taking is fine Consult your doctor for further management Best wishes

i m 25 yrs male, and i am having the habit of masturbation without erection, with the help of a pillow or towel, so how could i get rid from this problem, because my semen is not coming out while shaking when my penis is fully erected, please help me ??

Dear sir, I understand your concerns went through your details. Delayed ejaculation (DE) occurs when a man needs more than 30 minutes of sexual stimulation to reach orgasm and ejaculate. DE has multiple causes, including anxiety, depression, neuropathy, and reactions to medications. Please let us know whether you have any of these conditions. No. Counseling, psychotherapy, sex therapy etc. can also help you. If you require more of my help in this aspect, please use this URL. <http://yyyy.gl/yyyyyyy>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

i m 27 year old unmarried student. i m suffering from a problem. in my urine i discharge sperm also. it may be occur at night without doing urine. i masturbate (Hand practice) only max. 5-8 times in a month. my weight is 67 kg and body is average. this problem is only 5 days old. please sir tell me any medicine and precautions thank you sir.

Hello. I have reviewed your query and here is my advice. Semen can be found in urine. You already know that the tract through which urine comes, sperm comes out of the same tract. So urine can contain semen. The semen may be seeping after urination or during urination or when your bowels are compressed. There is nothing wrong in this phenomenon and this is absolutely normal. Therefore, please do not worry too much about this. Hope I have answered your query. You can contact me for treatment options. Let me know if I can assist you further.

i m 27 yr old male married since last year. we have been trying for a child but are still not successful. my wife is 26 yr old and her TSH levels are slightly elevated. she also has galactorrhoea since last 4 years. her prolactin levels are about 25 units. she had been started on thyroxine 25 mcg OD daily and tab cabergoline 0.25 mg once weekly recently along with tab ofloxacin 1 bd & tab fluconazole 150 mg stat. my semen analysis was normal except for 8-10 pus cells. what does it indicate. what investigations should i undergo? is this the right treatment we are taking? is cabergoline better than bromocriptine if we desire pregnancy? sir please reply. we would be highly obliged

Hello dear, I understand your concern. In my opinion you are on correct line of treatment. Your wife has problems of hypothyroidism and galactorrhea both are the cause of female infertility. They might cause hormonal imbalance leading to irregular ovulation and irregular cycles. Cabergoline is better than bromocriptine and increases the conception chances. Cabergoline is given as tapering

dose and the prolactin level is repeated after the course. The prolactin level is only mildly elevated.(up to 20Å ng/ml is taken as normal). But both the problems are correctable and once the level becomes normal the conception becomes successful. Presence of pus cells in semen indicate infection, and it needs a course of antibiotics to be taken. Nothing to worry. Avoid stress. As both your and your partners problems are correctable and reversible. There are good chances of pregnancy once they are corrected. Hope this helps. Best regards.

I m 28 years old having 3 year old son after that I got through 2 medical obertions . now I am having menstrual cycle in proper order my last obertion was 3 month ago. But now my weight is increasing it is 57 earlier month it was 49 and also having pain in lower abdomen. Kindly help

Well with successive abortions and connected medicines, changes in lifestyle and food habits may be culprit for bringing weight gain. It may also owe to hormonal changes. Best advise in my opinion is to avoid multiple abortions. Ayurveda medicine which is safe, diet with negative caloric intake, walks/ jogs are important for you to manage weight. Ayurveda medicines such as Arogyavardhini, Anchor GGUL and Median GGUL and Trial in powder form or decoction are few suggestions which may be used even with it without hormonal disbalance. Selection should be left to Ayurveda doctor to be decided as per history and given conditions. Hope it enlightens you. But in no case use hormonal or toxic weight shredders in your own interest.

i m 28 years old, when i was 14, i suffered from chicken pox, so its scars or holes still in my face, which look not good in my face. so there is any home remedies, or any cream to remove scares or holes. and i have some spots on my face. pelase suggest any cream.

Since there is positive history of chicken pox, thus we are dealing with post-inflammatory hyperpigmentation scars.2. Initially consult with a Dermatologist, who may prescribe you some keratolytic cream containing skin lightening agents, also protect your skin by using a good sunscreen with minimum SPF 15 to prevent sun induced darkening.3. Scar once formed cannot disappear from body, but can be minimized, moreover, no topical preparation or cream is/are going to possibly help you, what maximum can be done is: use of vitamin E & moisturizing cream gives good response.PS. Wash your face with Began and warm water [as it is the best natural Bleaching Agent]. Paste of Rasta Chandra Churn am, Hard . Apply it as a face pack, you will see good improvement, or you may ask for Description cream like: MINISTER and/or PIGMENT [Charge Pharma]

I m a 22 year old Male and Suffering from Hair Fall problems from the sides near ears and neck. And its happening from last 6 years I think. And its possibly due to the Typhoid that occupied at that time. 1-2 years I didn t notice about the hair fall, but after that I took some treatment but that s of no use. I loose around 70-100 strands when I wash my hairs. Pls suggest me an effective treatment.

Hi, Thanks for the query,,,Hairless since last 6 yrs at your age points towards an .-A stressful event like typhoid might have accentuated your problem but hairball after a stress usually self replenish with in 6-12 months. So, typhoid is not the sole reason.-It may surprise you but a loss of up to 100 hairs a day is quite normal,,, Yes really it is. Shedding of hair is a part of normal hair cycle, and it is mean to replenish the old hairs with new one. So you should worry if your hairless is exceeding 100 hairs/day.- Minoxidil 5% lotion is an approved and time tested

Input	Output
I m a 22 year working woman. very recently i had severe skin allergy and dont know the reason for it. now i m using diprovate-rd cream as specified by my dermatologist but i m suffering from very severe skin dryness and itching also whenever i apply that cream my face turns reddish.please advice me over this.	SOMETIMES DISPROVE OINTMENT ALSO CAUSES ALLERGIES THINK THIS DOES NOT SUIT DONT KNOW YOUR HISTORY THE TIME BEING YOU START ALLEGRA 120 MGM TWICE A APPLY HISTOCALAMINE LOTION APPLY MOMETASONE OINTMENT MIXED WITH MOISTERISERNO USE OF MUSTARD, COCONUT WALNUT, GROUNDNUT,SOYABEANAPPLY AMLA/OLIVEOLIVE FOR COOKING STOP ALL MILK AND DIARY PRODUCTS GO FOR FOOD ALLERGY TESTS AND SUBLINGUAL IMMUNOTHERAPYTILL THAN CONTINUE THE ABOVE PRESCRIPTION
i m a Engineering student and was considered bright in school.Now in college i have internet facility all day.I started watching porn and masturbating.It has been Two years now.I.My performance has been deterioratingand i cant explain to my parents as to why .Please suggest some ways so that i can overcome this bad habit as this is killing me i am losing my hair and weight and i cant recall things (memory loss)	Hi there ~I understand your concern. The urge to masturbate is normal. However, if you are doing it excessively and wasting time and energy on this process, I recommend that you change your schedule. It would be beneficial to have a roommate as well to make sure that you are sticking to your schedule. Losing hair and weight are not symptoms of overly masturbating, but not taking care of yourself. Again, sticking to a schedule will help. I hope this helps with you memory and recall as well. Consult a psychiatrist if things are not getting better. I hope this helps. Take care and have a lovely day!
i m a virgin. i used to masturbate everyday. nw whn i was planning for sex with my gf. m facing erection problem. it dsnt get hard as while doing masturbate. i feel ashamed . m nt taking any medication . no pills . hope dere s nthng serious wid dis.	Hi, I have read your problem. You have not mentioned your age. You are saying that you are virgin, I am assuming you in below 25 yrs of age. My friend you at this age need no medication, but you need positive confidence provided you have no systemic disease e.g. blood pressure, diabetes etc. You should take balance diet and do morning walk daily. Avoid alcohol and smoking as much as you can. Stop masturbating for 3 days, and you will be ok. I hope you have got your answer. In future if you wish to contact me directly, you can use the below-mentioned link: http://doctor.com/doctors/ . Thanks.
I m AAAAA .My friend is suffering from a disease actually we were sleeping in a train suddenly he woke up ,cut me and laughing, after that i reached our destination and now again he was talking like sycho person and pick up bread from ground and eating it and lauging again and again. Please suggest me. Thanks & Regards AAAA mail id:- YYYY@YYYY	Hello . Thanks for your query. This kind of abnormal behavior could be indicative of a psychotic disorder. However, your friend needs a detailed psychiatric assessment to make a correct diagnosis. Please take him to a psychiatrist for further evaluation and treatment. The earlier psychiatric disorders are detected and treated, the better is the prognosis. If he is refusing treatment and if you feel that his abnormal behavior may be dangerous - putting himself or others at risk, then you need to inform his family and appropriate authorities about this. Wish you all the best.-

<p>I m anurag from India. My mother is suffering from pancrytis,first she seems to suffer a lot ,but after a few days of treatment she seems to progress.but yesterday she behaves aggresively with the doctors and nurses.once she said that she liked the doctors,but yesterday she said they are going to kill her.the doctor consulted with a psychiatrist .i dont knw what they are doing.doctor said that it may be a regular behaviour of a patient living in ICU for long time,or if the infection reached to brain the patient donot survive.what should I do ?please help me.</p>	<p>Hi, your mother is in delirium mostly, it is very common in old age, bedridden, seriously ill, post surgical etc. Your mother is required monitoring of -TEM/pulse/BP/respiration also electrolyte testing needed. On treatment part low dose antipsychotic (haloperidol or olanzapine) and benzodiazepine (lorazepam- 1Â mg or 2 mg) dose adjustment depend on patients' requirement. Delirium is an emergency, so it requires treatment by physician and psychiatrist. Yes, in delirium mortality is also high. Follow advise of your doctor.thanks. . Com</p>
<p>I m kapi from gurgaon and I m 23 I was having tumour on face near abt eye on nose .which was diagnosed after several surgeries . So now I m havin stitch marks on nose upto eyebrow. Nd there is little lift in eyebrow due to surgery so please suggest best suited surgery or treatment so dat its cud cleared fully</p>	<p>Hi Kali, You can consult an ophthalmologist trained particularly in Coloplast (oculoplastic surgeon)near your area. He / she can help you by assessing the amount of scar and the reconstruction area required to give you the best possible eyebrow and the surrounding structures. They will remove the excess scar and do a transplant if needed. This procedure is more like a cosmetic plastic surgery so, to be very frank, choose the best Oculoplastic surgeon in your region for the best post-operative picture of yourself. Take care.</p>
<p>i m reshu 21year old.sir i m suffering frm soliosis,plz tell me d treatment which i hav to take for this.earliar i had an operation of my spinal cord,now i cant walk,lower half becomes almost dead even i cant sense for mictuition.</p>	<p>Possibly there is damage to lower spinal nerves leading to loss of bladder sensation. For scoliosis there has to be an evaluation how much flexibility is there to decide for course of treatment either by surgery or by mechanical means. At 21, only supportive care may be indicated. A spine surgeon has to evaluate physically if surgery can be of more benefit for correction of posture and further prevention of damage to nerves, pressure on abdominal organs etc.</p>
<p>i m rishi wardhan ,male ,age 22 , india, persuing engineering sir in 2005 i come in practice with mastribution which result in weight lose , my face had changed , i look very bad, eyes goes into socket ,i had contact a physician and i had use his medicine but yet no change i had found today i m also so hapy my weight is 45kg ,height 5.2feet my sperm is fade no dense now i had leave such practice from 2008 sir every body tease me please sir help me so that till 2011 by face become good with charming plz contact me on my e-mail YYYY@YYYY</p>	<p>HYou may be suffering from malnutrition with anxiety disorder. Use tablet Evian LC twice a day for one month. Use b protein powder or proteinex powder to gain weight. Eat green leafy vegetables and fruits. Avoid excessive masturbation. Weekly once or twice acceptable. If no improvement please consult with your physician he will examine and treat you accordingly. Hope I have answered your query. Let me know if I can assist you further. Take care</p>
<p>i m sonia kiran age 22 year, i have a problem from last 1 year my left hand and left leg have pain. My both hands are shivering always. The pain is mainly in bones that i feel . I have been go through many doctor but i did not get my solution. Please suggest sir what i have to do.</p>	<p>Hi Please share some more details about the case as this is too brief. Any past diagnostic procedure undertaken like a blood test, urine test, x-rays, MRI etc. needs to be seen if taken one. Since you are 22, and you find some abnormal movements in the body, without having details</p>

about the case I cannot comment more on the diagnosis part. But for now, to control the shivering of the limbs I will advise you to do weight-bearing exercises and strengthening exercises of the upper limbs and lower limbs. Usually, this helps to correct the muscle imbalances and improve the twitching of the muscles. Hope I have answered your query. Let me know if I can assist you further.

Jay In .

i m student of engg. & my age is 20 year and hight 5,2 & wait is 55 Kg.sir my problem is my penis groth is not processed & my penis is very small and i have in weak 2 day nights discharge probles and when i excited then in penis water type chick flows.so please give me solution sir,.

Hi, I can understand your concern about penis size, night emission and discharge during sexual excitement. This kind of curiosities is common at your age and I will add . The size of penis has no relationship with sexual satisfaction of the other partner by pen vaginal contact. Only outer vagina is sensitive. Inner 2/3 is largely insensitive. So penis size more than two inches is enough. There are small glands in the way of urine tube (prostate and bulbourethral glands) which produce the fluid during sexual arousal. Just alike food causes salivation in mouth. This is also a normal response of your body, not a disease. Do not worry. Night falls are normal response of body when semen accumulates in the pouch and not utilized in sexual intercourse or masturbation. It will stop when you regularly remain active sexually. Hope I have answered your query. Let me know if I can assist you further.

i m suffering from a problm in my brain DR said that i have brain TB.plz tell me that is it curable i dnt want to die, i m 26 yr old female & i m not leave with my parents bcoz i m doing job,& i dnt want to say anything about that to my parents,plz reply

Brain TB is treatable condition but can be associated witplifications like HY . You need to take Government Anti-TB treatment and also care from Neurosurgeon. If you can tell your health problems we will be in better position to help you. Eat high protein diet like pulses, eggs, chicken, lean meat. Eat fresh fruits and green leafy vegetables. Do proper exercise and move all limbs regularly. The disease is treatable provided not late in detecting it. Have faith in your Neurosurgeon and adhere to the treatment as advised without missing single dose.

I m suffering from ocd since 2 years doctors prescribed 20mg two tablets of prodep and told to do exercises but after 4 months I stopped taking prodep and I do not do any exercise but now again I find difficulties in concentrating in my studies if things are not arranged properly in my room and also I hate to hear ceiling fan sound.I have phobia towards sound.plz suggest whether I shud take prodep or not.only by doing exercise and yoga can help me overcoming my problem.

OCD is a disorder whices and goes. It consists of two types of treatment one is medicine and second is exercise, yoga and exposure response prevention therapy or behavior therapy. One can choose either one or both. I would suggest you to take proper 20 mg and to do exercise, yoga and take behavior therapy sessions also. Combined every thing together will produce excellent results and will be long-lasting. Prodep 20 mg is low dose and it's a good thing that you had your symptoms controlled at such a low dose. But if you will leave your symptoms untreated your OCD may get severe with time. So better adopt treatment as per your choice.

i m suffering from the menstrual disorder PCOD . for that gynaecologist has prescribed me the hormonal medicine (YAMINI) but during this treatment from the last 3-4 years, pigmentation(brown spots on nose, forehead, cheeks) is developing which becomes more prominent in the sun outside. my complexion is changing day by day . please suggest me for the same. one doctor has given me TOPI BEBERIS cream. wat about dat doctor.

Hi dear Mani., TOPIBEBERIS.contains. Berberis Aquifolium 10% w/w, Cream base q.s. It is indicated for all forms of skin diseases., such as psoriasis and also in acne., Topi Berbers mainly

indicated in the symptoms and support the healing process of psoriasis lesions., It is suitable especially for the subacute and chronic phases, and it can be used for stabilization during symptom-free periods., also indicated in eczema., So it is not indicated for PIGMENTATION.no role on Hyperkeratosis., Hence follow this treatment., Morning use.SUNSCREEN LOTION.,2) Night times .KO JIC CREAM.contains. Kojic acid, Azeloglicina and Lacking.,3) Cap. Derantox daily for 30 days. Curatio company., good luck.than

I m very worried abt my 6 month baby I think she has in 1 month approx 3 time siggers 1 time that time was 7 to 8 mint her fever 104.5 again repeat fever was 103.4 bt MRI EEG Lumber puncher they all reports r normal so if all reports are normal then a baby is decies is sigers

Hi, this appears to be a case of febrile seizures that is seizure occurring when there is high temperature. All investigations can be negative in febrile seizures. You should give Paracetamol Syrup as soon as the child has fever. Febrile seizures usually decrease as the child grows. However, i advice you to admit the child wherever he has seizures as seizure is a serious thing, and you should not take it lightly. I hope this has helped you. Wishing your child good health. Take care.

i masturbate from 20 years regularly now im 21 and i have some kind of pain in my back and chest its not several but light pain.im very healthy and fit boy but i scared sometimes from this pain.is this pain is normal in regular masturbation??

Degree understand your concerns went through your details. First you should not relate your masturbation habit and chest and back pain. There is no direct relationship between those. Indirectly, the anxiety and apprehension related to masturbation can result in body pain obsession. Masturbation is normal, natural and safe if practiced in moderation. Over and above, it does not cause any health problems except anxiety and obsession, if your knowledge about the masturbation is poor. You may be a fit boy. Stop obsessive or having negative thoughts about masturbation. A person who is above 20 can masturbate twice or thrice a week if he is healthy. You may consult a sexologist or psychologist for counseling. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute detail possible. Hope this answers your query. Further clarifications are welcome. Good luck. Take care.

i need some help i m a patient of paraplegia means i m sufferd from SPINAL CORD INJURY and after 1 and half year i have a lots of improvement i can feel my urination process easily and i can move my upper leg muscles easily is there any hope to walk again

Hi, You seem to have made significant strides and should be encouraged to continue working hard with your rehabilitation doctor and/or physical therapists. Damage to the spinal cord is a very slow and difficult problem to fully resolve but in the proper circumstances and with good aggressive guidance and encouragement results as you're obtaining make me believe that I believe there is hope that you shall walk again. Certainly, there are devices available now that were not around 5-10 years ago that can assist with walking and so even if not under your entire power I'll not be surprised at all to see that you, in fact, will be able to walk one day. Hope I have answered your query. Let me know if I can assist you further.

I Nov. Month when i am doing my regular work out.I lift some heavy weight suddenly because of that I got sudden pain in my back and I am not able to stand from the bed,but somehow I manage to stand while bearing the pain and the pain was gone in a week.Now in feb month I start feeling pain in my left leg.Then I consult doctor and he told me that, I have L5S1 problem.I am taking medicines and regular physiotherapy .But nothing going on in my favour. I am a student and doing job also I dont to spoil my career .I want to be normal fast. Kindly suggest. Regards anshul gupta

There are conservative therapy like medicines & physiotherapy which are prescribed initially for

treatment of prolapsed disc. If such therapy is unable to provide you relief after a month then you should consult to neurosurgeon or an orthopedic doctor. In case you have weakness or severe pain or difficulty with urination or defecation then surgery will be the best treatment for you. You should be not fearful from surgery as there are methods which are least invasive & you may get relief from that. Hope this will help you. With best wishes.

I really dont know whats wrong with me.it seems that i have forgotten the way i use to think.the way i was.now each day i feel i am only getting worse.i dont know what to do.my brain has completely become numb.please help me.

It seems you are suffering from an underlying depressive or anxiety disorder which is resulting in your becoming numb and not able to think correctly. I would suggest that you consult a psychiatrist for a complete evaluation and initiating treatment. Medication like Escitalopram or sertraline would be effective in your condition. Hope I have answered your query. Let me know if I can assist you further.

i recently got blood test were vdrl shown 1:4 dilution but tpha is showing negative whats that mean is really serious i had sexual transaction they told me to consult vd specialist and given doxy 1-L 100mg for 3 weeks they assured me it will became normal after a month

Hello dear, I read and understand your concern. I am answering your concern.TPA is the better diagnostic test than V . If TPA is coming negative you are mostly negative for syphilis. But you can take the treatment only after seen by the VD specialist. In my opinion there is no need for treatment. I advise you to take the second test of V

I think I have a ACL tear (ligament tear in the knee . I just found out its name . apparently) for more than 6 months now My general physician advised me to do exercises and not strain the knee too much . for some weeks . to get this tear healed or something I did rest and exercise for 2-3 months, and when I felt that I could run a little and comfortably , I started going out for sports. In retrospect, it was a bad idea. I fell down a few times . sometimes with excruciating pain , and would come back to my room cursing my knee. Then I again resumed playing few weeks down the line (how stupid!) But now, I think I am totally fed up and disappointed in myself, that I cannot play the easiest of sports without failing like a dud. I dont know what to do. Please help me

HYou have quoted the term ACL Tear. I want to put light on this so that you can have good understanding of that. The ACL is short form of Anterior cruciate ligament. This ligament binds thigh-bone with leg bone at knee. It is a strong ligament and prevents anterior displacement of leg bone in relation to thigh-bone or in other words helps in getting stability at knee. In case of its rupture you will feel giving away feeling or unstable knee during walking / fast walking and during staring up or down. If you are not feeling instability at your knee then most probably you may not have ACL tear. If your symptoms line up with above description you should have an MRI scan to rule out your pathology. Very early stage tear can be managed conservatively while gross tear should be operated. Hope I have answered your question. Let me know if I can assist you further.

Input	Output
I think I need psychological treatment. I become very weak emotionally. Could not tolerate harsh and rude behavior. I don't want to do suicide but this thought often comes in my mind. What should I do? M 29 yr old, unmarried, engaged, female, in govt job.	<p>Degree understand your concerns went through your details. I suggest you not to worry much. I assure you that you don't have to commit any suicide, because you are not at all in trouble.</p> <p>Emotional weakness is not depression. It is common when unwanted life situation arises. It can be called disappointment. Don't worry. You need to find a good psychologist for counseling. I, too, can help you online if you desire so. Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques.</p> <p>Hope this answers your query. Available for further clarifications. Good luck.</p>
i think you can help me,so my problem is i brush my teeth three time a day but my mouth is still smell now.please kindly let me know. thanting tampa,fl usa	<p>Hi, First it should be understood that bad breath is caused by many reasons like decayed teeth, poor oral hygiene, gastric problems, Sinusitis, liver disorder, diabetes, smoking, alcohol consumption, tobacco chewing. You should consult a dentist to check for any problem in your oral cavity. If the problem is due to calculus and plaque it can be removed by scaling and polishing of your teeth.</p> <p>Flossing of teeth and tongue cleaning using tongue scraper should be done daily.</p>
i using sunblock sunscreen of glaxo spf40+ but my face is still dark and i also using melaglow cream in night but my face colour is dark please suggest me which 1 cream 2 face wash 3 sunscreen is better work on my face to glow and which cream is use to glow my neck and hand skin also	<p>Hi Dear, Understanding your concern. As per your query you have dark skin tone. Well I would suggest you to wash your face with cold water twice a day with face wash containing benzoyl peroxide, then apply cream containing vitamin C which is natural ingredient, very safe and effective. Also exfoliate your face twice a week to remove the dead skin and open the pores of the skin. Use broad spectrum sunscreen with SPF 30 + while in exposure to sun, eat healthy diet including fresh fruits and vegetables and . If condition doesn't get improved then consult dermatologist for proper examination. Doctor may prescribe retinoids and HY</p>
i want to ask about my bro he has been behaving very strangely from last 4 years.dont take meal regularly.like to stay alone.also now from few months he is talking with himself. he is very short temper.also harm himself.pls give ur opinion about it.what necessary step we should take to make him normal.	<p>Hello He is showing symptoms like strange behavior, irregular meals, like to stay alone at home or decreased socialite. He is also talking to self or muttering most probably. He has tendencies to harm self or others and is short-tempered. As per my opinion these symptoms should not be overlooked and need proper consultation of psychiatrist. Such type of symptoms can occur due to some psychotic episode. Even early stages of schizophrenia can be one possibility. There is urgent need for treatment. Treatment in form of antipsychotics like Olanzapine, Haloperidol, Risperidone, Aripiprazole etc. is needed in psychosis. Proper family support to patient is necessary for better results. Thanks, hope this helps you</p>
i want to ask about my mom .she have infection in stomach so much plz tell me best about best dr in moga and their address .she has lot of pain now .please help me . THANK YOU MOGA	<p>Hello dear, I read and understand your concern. You have not mentioned the exact problem your mother is having. But I can predict she must be having pain. I advise you to take pantoprazole and dicyclomine. This will prevent the pain and discomfort. Please avoid the spicy food, it can cause</p>

further pain. If you are having mild pain than you can take the full glass of cold milk. It will neutralize acid in the stomach. I will be happy to answer your further concern onThank you, Infectious diseases specialist, .

i want to ask from you kidney stone related question.i m suffering from kidney stone problem last three years but i have never treat properly,currently i m feeling more pain as compare to earlier and also i feel big stone has on my stomach which is very hard and pain full. due to some financial problem i did not treat myself please sir give me some suggestion how i can remove stone with my body

Hall Thanks for your query. You have stones in your kidney since a long time, and you have neglected the same. Please note that you are putting your life at stake by neglecting it. Please get your assessment done by doing following investigations Plain X-ray abdomen to locate the stones.2) Ultrasound scanning of the abdomen3) Blood Investigations to assess renal function (Blood Urea and Serum Creatinine.)4) Intravenous Paleography. After doing all this investigation consult some Urologist who will decide the mode of treatment depending upon the location of stones etc. Please note that nowadays all the stones in the urinary system can be treated by Endoscopy and no major surgery is required. Since you have a financial problem you can visit any Govt Hospital to get these things done as most of the Govt hospitals have these facilities available at .free of cost.

i want to ask what should i give to my 2.5 yr baby boy to increse his immunity power. As my child is operated with TAPVC Repair (Heart Problem) when he was 25 days old and Hernia sergery when he was 7 mth old. as i feel tht he is having less immunity power compared to other kids pls advice

Unless it is proved with tests that he has a specific immune disorder, no immune medicines will actually give him better power to face infections. There are several herbal and food-based products in the market, and even homeopathic . But these are not going to help. All they do is give you a false sense of satisfaction that you are giving something . and most such products are very, very expensive. So they do improve the bottom line of the manufacturing companies, but little else.

I want to have an appointment as soon as possible. it is urgent .i have operated my first kidney in 1996 and now my second kidney is not functioning properly.i got high B.P which makes me feel very uncomfortable so kindly do needful.

Hi, dairy have gone through your question. High blood pressure and kidney problem both can cause uncomfortable feeling. You may have hypertension. You should go for your blood pressure measurement. If needed to take antihypertensive . You also need full kidney function test. If any abnormality is there then you should take treatment urgently. Hope I have answered your question, if you have any doubts then contact me at

i was diagnosed w devicks syndrom cardiomyapthy and mulitple herniated discs rt now i have metallic taste in my mouth head and neck r hurting im dizzy and have chest pain and down my left arm idk if i should go to the er or if its just a new attack from the devics

HI can understand your concern. Metallic taste in mouth could be due to medications, food allergies or CNS problem. It is possible that the medicines you might be taking for cardiomyopathy and probably control of blood pressure may cause metallic taste in mouth. In addition, some CNS disorder that impairs the sensory messages to brain from several areas of body can be responsible for the metallic taste in mouth. As your head and back are hurting and you are feeling dizzy too, I would advise you to visit the doctor treating you for Device syn . Unfortunately, very less can be done to help the metallic sensation until the underlying cause is cured. However, chewing sugarless gums, brushing teeth after meals, trying different seasonings and foods, using

nonmetallic dishes, and

i was having low back pain in initial i went to the doctor he has given some medicine and its went out 3 month before.now after three month its happen again and then its came to the leg pain the pain was to high i went to the doctor he told to go through MRI scan after that in MRI it came that spinal disk is disk located but after 2 week the pain is decreased may be by i am taking medicine or wt. i am not able to sleep properly not able to stand or walk properly the left side leg pain is from top to bottom.guide me what to do is surgery is required ?or any other option is there.? help me please.

Hello and Thanks for writing to us. I understand you have back pain. These symptoms are part of lumbar disc degeneration with PIED where the nerves get compressed by the protruded disc. There are several treatment modalities with medicines, physiotherapy and with injections in the back called epidural injections and root/facet blocks. If you don't get better with this treatment, I suggest you undergo surgery, by which the nerves are decompressed by removing the protruded disc (discectomy), which would significantly improve your symptoms Hope this helps you. Wishing you good health. Regards.Orthopedic Surgeon.

i was patient of HCV after treatment of six month it clear and after other six month i test again Thanks God it clear again i thank to allah but now i did my LFT test and in report my SGPT is 43. sir plz tell me it is normal or not if it is not normal then what i do

. Noted you had infection with hepatitis c. In such case chance of chronic infection is high as compared to other hepatitis. So it is good that you have cleared this virus from your body . By which method you have confirmed ??? For HCV detection ELISA or equivalent PCR methods has to be used. So confirm your negative report by this method. Normal Sept is up to 42 to 45 .Here is no need for worry. Just confirm HCV negativity by methods I have mentioned.

I went to a dermatologist yesterday. I am having severe hailfall. The doctor review my scalp and said every thing is ok. Your hairfall is natural and ask for taking antoxid HC tablets. My worry remains the same. How can i reduce my hairfall.

I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, acute or chronic medical conditions, . Since you have not mentioned relevant history and description like age, sex, pattern of hair loss(patchy/diffuse), family history etc., It's difficult to put a definitive diagnosis. Still, it seems you are suffering from either An

i will be grateful if u can answer my question. my father aged 75 years with heart problems for the last 15 years got lymphoma stage iv around six months back. he is on treatment and getting chemo regularly. his heart pain in getting worse and he is not able to sleep properly at night and sometimes as days also. can we expect some improvement after chemo is over.

Hi, With very limited information provided by you, it is very difficult to comment on this issue. What form of lymphoma is he suffering form? Hodgkins or non-hodgkins? If non Hodgkin lymphoma then exact subtype to be mentioned. However in most of the lymphoma chemotherapy regime doxorubicin is incorporated which is a cardio toxic . I do not understand the meaning of heart pain. It may be due to angina or may be due to lymphoma itself or from other pathology. Anyway if your father has been suffering from heart problem then based on baseline echocardiography doxorubicin may be omitted from chemotherapy regime. Consult your oncologist and cardiologist. Take care of your father.

I would like to ask you about my husband.he is 30 years old.he had tb two times and now he recovered after taking medicines but a scar has remained in his lungs.will that scar remain forever? Will that scar have effect on his life span? can he do exercise?

Fibrosis (most common) 2. Calcification. 3. Rarely Complete resolution. So this fibrosis look like

scar lesions on chest x-ray. They are inactive, noninfectious lesions. So no treatment is required for them. They will remain as it is throughout the life. No need to worry as they are harmless. And these scar have no effect on his life span. Yes, he can definitely down exercise. Hope I have solved your query. I will be happy to help you further. Wishing good health to your husband. Thanks.

I would like to keep some question for feet that I m suffering for past some times so please give me some solution for me. Sir I have liver problem that is liver cirosis I Jane lever stone and puss I m suffering from 18 yrs, now I m 37 yrs, and I have pre ejaculation during my sleep time I use to loose my sperm with out knowing now a days I found that my sperm is in dark colour that I m Merrown colour I think may be blood ice coming in the sperm, sir I beg you pls give me some solution for this problem.

Hi thanks for asking question. First your seen has altered color like blood. So for that do your semen examination. If it shows pus cells then acute infection could be the cause. Like prostates or seminal vesicle infection can lead it. You can have acute urethritis that can lead bleed during semen ejaculation. For above condition antibiotic need to be taken.USG abdomen will be useful. So it is to be done along with semen examination in your case. As far as liver problem is concerned.- . -avoid refined food. Do regular exercise. Avoid stress and smoking,avoid alcohol. I hope I have solved your query. Regards

I would like to know that is it possible to be pregnant when she is virgin, before about 19 days her outer part of vigena come to contact with sperm and now she has missed her due pregnancy date , is it normal or should we be worried becose we are not married yet.

Hello dairy understand your concern yes, female actually can get pregnant even if she is virgin. If sperm gets on near to vaginal introits, it can swim up there and cause pregnancy it also depends on the amount/concentration of sperm and day of the period when did you sex. But you have to think about pregnancy when period was delayed by the 8-10 days from the normal expected period date. If period will delay by the 8-10 days then go for urine pregnancy test and or blood to confirm the pregnancy. If you will be pregnant then still you can terminate the intrauterine pregnancy by ABORTION pill under the supervision of the gynecologist.Meanwhile, avoid sex, take healthy diet, .

iam 24 years old and my height is 5.09 foots, weight about 68 kgs. Sir i have a problem with my penis it feels itchy from few a days, itchy in the tip of my penis and the round area and my penis foreskin is also joint forward like glu, i cant slide my penis skin it is hurting me. please help.

Dear serve understand your concerns went through your details. I think you are unable to retract your foreskin in the usual days itself. Beneath the foreskin, there could be Sega accumulation which could have triggered growth of microorganism which causes itching and stickiness. Slowly retract and try cleaning beneath the foreskin. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

iam a psychotic patient under risperidone therapy.though my thinking pattern is normal i feel depressed all the time. Due to sideeffects of antidepressants my psychiatrist has stopped it.what should i do now? can risperidone cause depression.my father is also a psychotic under treatment with risperidone and antidepressant and is doing well.

Hi dear Good to see you. I understand your concern. No risperidone does not cause depression. Feeling like depression is the part of illness itself. Or sometimes psychotic illness co morbid with depressive features. I do not think so antidepressant in a low dose can lead to serious side effects. I suggest to start antidepressant which has low side effect like SSRI if you have depressive features

but sometimes negative features of psychotic illness look like depression. So need to differentiate between this two. Risperidone has no role in depression at all. Yes olanzapine has dual role it is anti-psychotic but useful in depression also. So take proper advise and start antidepressant in low dose and get well soon. If you have q query then feel free to ask. Thank you. Take care.

iam a student of 28. and iam suffering with shivering can any body help me?

Hello. It is not very clear to us from your description what exactly you mean by shivering. If you have shivering because of any physical condition such as fever, you need to see a physician for diagnosis and treatment. Shivering could also mean tremors, muscle twitches or jerks. If so, you might need to consult a physician, neurologist or a psychiatrist depending upon the kind of tremors or other movements. Please let us know more about your condition in more detail so that you can get a better answer. It will also help if you could describe the duration of your problems. Best Regards Abhijeet Deshmukh, MD

iam suffereing from pigmentation from last 6 7 years iam 27 year old iwas use so many creams it remove but after few days it will come again on my face and im doing masterburing from last 5 years so this is the reason for pigmentation and give best suggestation for this i will pray for u for my ending life

Degree understand your concerns went through your details. I suggest you not to worry much. You don't have to end your life for this silly reason. Masturbation is no sin, and it cannot cause any sort of discomfort of pigmentation on the penis. Pigmentation could be natural, and it is supposed to be color after your puberty age. Penis do become darker in every case. Creams will not help. For good married life and effective sex, penis color, shape, size and length never matters. What matters is love and affection. You are just 27. Concentrate on your career and forget about sexual matters. You are perfect. You might need psychological counseling., I am more than happy to provide telephone psychological counseling through . Contact me through customer care, www. .com. Hope this answers your query. Available for further clarifications. Good luck.

Input	Output
im 21, i have moderate acne my dermatologist recommended me to use faceclin gel in the morning and supatret 0.04 in the night is it right to use this medication ? my skin is becoming very dry coz it and i have acne scars im using supatret on them and i cant notice any difference	<p>HFaceclin gel has clindamycin phosphate and nicotinamide as active ingredients. Clindamycin phosphate is an antibiotic with activity against Propionibacterium acnes, the acne causing bacteria and is nicotinamide is anti-inflammatory in nature. Support has Retinoid which is a topical retinoid and this regimen is effective for mild moderate acne. If you have more number of inflammatory lesions and pustules, an oral antibiotic like Azithromycin or Doxycycline can also be added. Side effects of Retinoid include burning sensation, redness and . You can apply a moisturizer to your treatment like Neutrogena oil free moisturizer or Acne moist cream. If there is a lot of irritation or</p>
im 22 year young male im suffering from unexpected weight loss i knew that it is symptoms of diabetes and my scortum has swollen and i think its hydrocele.what should i do now? i haven t gone through any blood test i need your advice.please kindly reply	<p>HIIn Diabetic patient, due to insulin absence or resistance the sugar level of blood is not controlled. So there is the rise of sugar level in blood, this high sugar containing abnormal blood flows in all organ & parts of the body. Everywhere there are some adverse reactions due to that abnormal blood. In spite of high sugar in the blood, tissues are not getting sugar for energy. So, the alternate process starts in our body to get energy from fats and protein mass like the muscles of our body. So, there are the decreasing amounts of fats and muscles, and so the weight loss. Where there is sugar, there is a chance of bacterial growth. So infections are common in diabetes. The HY . Hope I have answered your query. Let me know if I can assist you further.</p>
Im 27yr old female. 5 months back i had missed abortion due to the detection of TB infection in my uterus. from past 5 months im on my AKT treatment. Now im having AKT-2. I have a query, that will this treatment will affect my conceiving issue. I planning to conceive again in February. will i be successfully conceive it ?	<p>Hello. I guess your concern is about.will u able to conceive after AKT treatment.right.my answer is.YES. there are chances of getting pregnancy after AKT.u have told that u r 27 yr old that means u came under reproductive age group(age 15-45yr came under this group). In that age group chances of getting pregnant is high. But u had diagnosed Tuberculosis of uterus which poses some difficulty in getting pregnant. But DON'T WORRY.everything have solution. Ur next query is- My answer is-YES, they will affect your conceiving issue. My advice is u have to postpone your planning for conceiving till the treatment is completed. This treatment will effect your baby if u will take it during pregnancy. This AKT</p>
im 31yrs old working as an accountant my problem that was started from 18/06/12 till today onwards i observed from my pennis leakages a sperm while sitting. but i cant realised while getting out from my pennis. urine is going clear without any pain. but problems that leakage of white sperm from my penis . pls advise what to do ? thnk nazee	<p>Degree understand your concerns went through your details. I suggest you not to worry. Semen is a waste product. Body produces sperm whenever it is sexually aroused. Such semen needs to be thrown out of body. If we do not do it through masturbation or sex, body finds other ways. Emission as . Small amounts of semen escape through penis is quite normal and there is nothing to worry about. Worry only if there is any pain or burning sensation. Hope this answers your query. Available for further clarifications. Good luck.</p>
im a 17 yrs old . and i have suffering from a promblem of sperm masterbating . i cnt control it .if i	

will try to control to do dat . den a short leakage was fall down frm my penis . i became so tired dat i
cnt do my studies well bec of dis . the prblm is so big dat if i even saw a girl on tv with short skirt
or in a sexy sari . i cnt stop . to do masterbating . if i try to stop den a small leakage wii fall down
which became me tired .!!

Hello It is good that you are trying to get rid of masturbation addiction. Its obsession is bad. Semen
leakage may be due to overexcited state or excessive fantasy. You should avoid provocative
literature and videos. You should try to be calm and try to engage yourself in your job. You may
also need psychological counselling if symptoms persists. You should take healthy and nutritious
diet. Get well soon. Take Care .

Im a 22 year male and im having pimple/ acne since i was 13,last year i consulted a dermatologist
and i had taken a 3 mnths course of resteclin 250mg tablet and it stopped.But now because of my
job im staying in chennai and all of a sudden i hav got pimples on my face for past 1 week along
with mouth ulcer but the latter has reduced after consulting with a general physician.one of my
friends father who is an doctor suggested me to take an microdox lbx so pls advise.

Hi thereat . It is not dangerous, but can leave skin scars. Your skin has pores (tiny holes) which
connect to oil glands located under the skin. The glands are connected to the pores via follicles -
small canals. Sebum, an oily liquid, is produced by these glands. The sebum carries dead skin
cells through the follicles to the surface of your skin. A small hair grows through the follicle out of
the skin. Pimples grow when these follicles get blocked. The majority of people who get acne will
develop mild acne. This can usually be treated with OTC (over-the-counter) medications. OTC
medications can be bought at a pharmacy without a doctors prescription. They are usually applied
to the skin - topical medicines. Like Benzoyl Peroxide Salicylic Acid Retina hope helped your query
regards

im a vertex III type baldness .as prescribed by my doctr im taking finasteride 2.5 mg daily mx 10%
and biotin 20 mg for the past six months some hairs are grown in my temple area.how long should i
continue this treatment .is there any possibility that my temple area will grow more hairs following
this prescription

Hello. Thanks for writing to us at You seem to have an . They may also be recession of anterior
hair line. Minoxidil and Finasteride are currently approved for this type of hair loss. Effects are
usually evident within 3-6 months. Response varies from individual to individual and the severity of
hair loss at the beginning of treatment. Early the therapy is initiated the better the response and
vice versa. With this therapy the response is mainly evident on the front and crown of the scalp.
The

im from tamilnadu and before a year we got transfered to karnataka. for this past one year im
suffering from severe cold and cough. even it seems there is asthma problem also. my two sides
bone below my breasts are painng a lot. pls give me a solution.

A course of antibiotics to eradicate the causative organism.2. Stalin & Aeroflot inhaler-provide
symptomatic relief by causing bronchodilator (dilating the smaller airway passages, relieving the
obstruction & increasing airflow to lungs)3. Montelukast preparations- used as a maintenance
therapy to relieve symptoms of asthma.4. Antihistamine & anti-tussive preparations for
symptomatic relief from cough.5. Steam inhalation & deep breathing exercises.6. Maintain
adequate HY . 7. Also make sure that you are well protected from cold, dust & other allergens. If
symptoms still persist, kindly consult a Pulmonologist for proper clinical evaluation. Wishing you a
good health. Take care.

im jaswant singh from punjab ,india im 24 year and i have problem that when penis is fleccid then
i can pull back skin from top but when it erect then skin becomes tite but if i pull skin back and

<p>errect then from bottom it becomes tite and give some pain.</p>	<p>Degree understand your concerns went through your details. Foreskin of penis is usually elastic, and you should be able to pull it back even when your penis is erect. I suggest you to practice the to and fro movement of your foreskin every day with soap water when you take back. After some days of practicing, the foreskin will gain its elasticity, and then you should be able to do the movement better. You may also consider circumcision which is a minute surgical procedure with which your foreskin is made flexible. If you require more of my help in this aspect, please use this URL. http://goo.gl/aYW2pR. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.</p>
<p>im maha, my husband is suffering from infertility. now he is taking speman capsules, himalaya product. now i saw in net that spermac, vital M-40 and safed musli is good for infertility men. shall i tell him to take those capsules? otherwise please give some suggestions for good one.</p>	<p>HelloThanks for your query, based on the facts that you have posted it appears that your husband is suffering from Infertility. At the outset let me state that he needs to get investigated to find out the cause of his infertility. Please consult qualified Infertility specialist or Urologist for clinical examination and get following basic tests done Semen Analysis 2) Serum Testosterone 3) Blood sugar levels 4) Ultrasound scanning of scrotum.5) Color Doppler study of scrotum. Further treatment will depend upon the cause of his infertility and final diagnosis. All the products that you have asked for are supplements and has no rationale to take without finding the cause of his infertility.</p>
<p>im miss kalaiarasi .right now im working in saudi as a staff nurse. past three months im suffering from some kind of allergy . and i took treatment from here but after steroid treatment im putting on weight. and i cant come india for this reason right now. i need some good consultation. i was working before in mangalore ks.hegde hospital so know about you.one of my freind has taken treatment from you and cured. can you please do me the needful.if you ready i wil give the history about my allergy and i vil send my allergy photos to u. thank u. jope about this sir.and my friend still working in city hospital . if you need she will come to u for getting the consultation sir.</p>	<p>The allergies can be treated if we find the causal you are not getting results suggest you to stop all milk and diary products no mustard coconut walnut groundnut almonds soda oils only olive for applying olive for cooking warm water morning and evening no ointments creams shampoo soap containing milk and nuts steroid are not good you shift to tab methotrexate 2.5 MGM weekly dose tab singular 10 MGM beta Allegra 120 MGM Odin you can send me more details I can guide more</p>
<p>im Navaneeth,my problem is in the age of 17 i had lot of pimples and i have pressed becoz of that holes r formed on my face and my face looks ugly.and now im 19 yr old.,how to overcome to remove holes from my face</p>	<p>Hi Nazareth, Forum, There are two best ways to treat you. One is either lasers or second DERMAROLLER.kindly let me know where you belong to, so that I can suggest you the best laser. Dermanroller is a small instrument which is rolled over the skin, and it causes collagen remodeling to improve your pits. No cream would work on pits. Kindly consult a dermatologist for same. Regards, .</p>
<p>in 2003 iwas diagnose of ptb.my sputum was negative and my chest x-ray was read as fibrous densities found on my upper left lung.after 6 monts of treatment my chest x-ray was clear.after a year i got a chest x-ray was the same when i was diagnosed of pyb but my body isnt suffering from any signs of sickness.up to this time the chest x-ray was the same.one doctor at a laboratory said to me that maybe it was a scar.can it be cured?what can i do?</p>	<p>Thanks for your question on Healthcare. Almost all tubercular lung lesions heal by fibrosis or calcification. They form permanent Scar on lungs. These scars are inactive, noninfectious lesions.</p>

They are seen lifelong. No treatment is required hence available for these scars as they are inactive and non-harmful. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

in 25 june dr. did me ovariat cyst operation by laproscopy and open surgery because cyst was chocolate cyst but still my stitches not healing up and 1 nodule is also in my stomach but now its ok but pus formation not stop now and Dr. told me i am suffering from TB but without test how can i take TBs MEDICINE PLZ sir n mam plz help me what can i do please

Hello dear, I read and understand your concern. No, it's not look like TB. You should confirm this with the microscopic examination with ZN staining. Once the report is positive you are confirmed of TB. But I suspect it is not the TB, it is the general infections caused by bacteria. You can take the . Please maintain good care of the wound by frequent

Is Imitinib is a medicine which cures blood cancer? Is it available for free of cost at Adyar cancer Institute in Chennai, Bangalore, Trivandrum, kovai Rama Krishna Hospital? I would appreciate you if you could provide me the exact information regarding the genuineness of the above statements

Hi, dairy have gone through your question. Imatinib is useful in blood cancer. But it is not useful in all blood cancer. It is very effective in chronic myeloid leukemia. But it's not effective in acute leukemia. Moreover, it can control the disease. It can not cure the cancer. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

is there any medicine to increase sperm count and increase the sperm motility . and i m suffering from necrospemia. in the span of 4 months my sperm count have been decreased to 20million/ml from 68 million/ml. how to regain my original sperm count and motility? please provide the best suitable medicine thanks santosh

HelloThanks for your query, based on the facts that you have posted it appears that you have Necrozoospermia. Necrospemia is mainly due to either presence of infection in seminal vesicle or prostate or due to presence of anti sperm antibody which kill the sperms. There are no medicines to be proved effective to treat Necrozoospermia. And to improve sperm count. Please consult qualified infertility specialist for further evaluation to find out the cause of Necrozoospermia and or else to explore possibility of conceiving with the help of newly assisted reproductive techniques like Sperm concentration, .IVF or CSI. .

it have been six year for marriage i have been diagnosed with azoospermia and under went biopsy test with following result right testicular biopsy - partial atrophy with associated maturation arrest please help me with further line of treatment

Hi dear. I had gone through your query. Maturation arrest with atrophy means there no sperm maturation, so it will lead to azoospermia. There is no line of treatment to increase sperm. You have gone with artificial method of insemination. There are various methods like IVF or artificial insemination from donor etc. You need infertility counselling. So consult gynecologist or infertility specialist for better assistance. Still if you have a query then feel free to ask. Happy to help you further. Thank you.

Last Friday(13/12/13) early in the morning my mother felt giddiness in her head when she was doing her daily routine activities. She was also complaining of weakness in her both legs, for that she relaxed for sometime.But immediate just after that she vomit out, and after that she was completely all right. Now two days before i. e. on 18/12/13, she felt again giddiness but not any vomit like sensation and after that every thing is all right. Her age is 45 years, ht 5 feet 3 inch, wt 62 kg.Her past medical history includes: 9 years before she had a rt. side lacunar infarct stroke, but she recovered fully from it.2) 3 years before she had epileptic fits started but its under control due

to medication she was taking, which she stopped now one month back after her doctors instruction.3) In 2010, she was operated for left side breast cancer by MRM procedure. she took chemotherapy for it and now she is on hormone replacement therapy (anastrozole 1mg).4) she is also hypertensive for which she is taking medication and its under control.Now Im scared why she had attacks of giddiness, Please guide me by your suggestion.!!Thank you

As he had lacuna infarct stroke, she is at high risk of getting new stroke or extension of previous infarct. This may be due to Repeated Transient Ischemic Attacks (TIA).TIA lasts for few minutes to hours and recovery with in 24 hours thus please do CT and MRI brain to detect any new infarct.2. She may have Cardiovascular disease. Please check her blood pressure. In addition, she needs complete cardiac evaluation Electrocardiogram, Echocardiogram and Treadmill test. Then consult your treating Physician for further management. Hope this helps. Please write back for further queries. Wishing you good health.

last month i got dengue fever but still now i got pain and uneasy at left chest before infection i got sinus infection doctor told me that i got migraine type of headache how can i save from other 3serotypes can you tell me please iam so worse.

Hi dear.at beginning I would like to tell you that dengue fever is viral disease and transmitted by mosquito bite .one of the most common symptom of dengue fever is muscle pain, but we should take seriously your complaint as there are some complications of dengue fever .you need to do ct scan of the chest and laboratory tests as sometimes the virus affect heart muscle but you should not be stressed of that.simple steps and investigations, and you will be good.take care of your self.hope that I helped you

last week i did my endoscopy and my result was pylokit(positive), therefore doctor advice me to take h.pylokit medicine for 10 or 14 days and should take that medicine before food. is that correct? please suggest. my email id is YYYY@YYYY

Hi, Pylokit should be taken before food. Pylori Kit is a combination of three medicines: Two antibiotics (Tinidazole & Azithromycin) and a proton pump inhibitor (PPI) which reduces the amount of acid in the stomach. To ensure adequate absorption from the gut and better efficacy, the kit should be taken on an empty stomach before food. Hope I have answered your query. Let me know if I can assist you further.

Input	Output
M 24 year oldn i wants to ask about some good mental exercise which can help to enhance my concentration power. also provide me some information about what food should i go for so as i can improve my memory .also tell me some trickr or whatever else what can help me to remove the depression before exams.i will be very thankful to you for this.	Hi ashish31techboy, It appears you are health conscious. Good. Schedule your activitiesPlan your work (studies) so that it is feasible Have time for physical exercise (Brisk walk 20 min in morning) in your schedule Do not hesitate to get help from seniors to plan your preparation For improving concentration:Go for regular Relaxation Techniques : Breathing Exercise JPMR (Jacobson Progressive muscle relaxation technique) is useful All the Best!
Me aged 27,female, I have no equal teeth so I cud not smile good n comfortable, once I have done cavity removal n cement filling, can u please suggest me what cud I do, actually during school days I got double tooth and front one had fallen and back teeth has moved forward its not clearly settled to other tooth equal, so find uneasy to smile, so my question is, Is teeth removal is necessary	Hi. Can understand your concern. As per your complaint you have MALIGNED TEETH and you do not need to get it removed because as per your explanation your milk tooth which was over retained in the front region where you had double teeth has already fallen and the tooth that is remaining is a permanent tooth, and it can be very well re-aligned by Orthodontic treatment by using braces. I would suggest you to consult an ORTHODONTIST and get evaluated and treatment will be accomplished either using removable or fixed orthodontic appliance and the tooth will be aligned. Hope this information helps. If you find the answer helpful please write a positive review and click on found this answer helpful as a token of appreciation.
me and my gf were intimate a few days ago. it was 3 days after her periods were over. i was wearing a condom and there was no intercourse. she took off my condom and gave me oral sex but i DID NOT EJACULATE. i then kissed her and then gave her oral. is there a major chance of her being pregnant by the pre ejaculate that might have gone into her through her mouth then mine and then into her?? i had masturbated 2 days before this and had peed several times. please help. thank you. there was no semen and only a little bit of pre ejaculate on my lips.	Hallow Dear, Semen can impregnate women only if the sperms from semen reach the egg of woman. The only natural way for the sperms to reach egg are through vagina â†’uterus â†’ Tubes â†’ egg. There is no access to the egg or reproduction system of woman through gastrointestinal tract. Hence, even if man ejaculates in the mouth of woman, and/or even if she swallows the semen, there is no risk of pregnancy whatsoever. For conception, it has been penetrative peno-vaginal sex with ejaculation. I hope this helps you.
me n my wife had intercourse 4 days back without any protection. my wife has taken ipill on 2nd day after intercourse. Now after 2 days of taking ipill heavy bleeding started and it is like bleeding with some particles in it. I am really very afraid what to do plz help me	Hi Hope this message finds u in good health. I have gone through your msg and understand your concern.it may be due to some sort of hormonal imbalances or variations in the body, though there may be other reasons as reclothing to worry about, You should eventually get back to normal. Take multi vitamin and calcium supplements Do consult a gynecologist if symptoms worsened back to me for any FOLLOW-UP QUERIES anytime. .(MBBS, MS,MCH)
meri sister ko 16 april se fever tha jiske baad doc ne normal medicines di jiske baad bhi fever thik nahi hua . Uska blood test krwaya jisme typhoid aaya h . Uska test 4 may ko karya hai . Aur uske puri body per red skin bumps bhi h .doc ne antibiotic di hai jisko lete hue 6 din ho gye hai par abhi	

bhi fever aajata h . Aap btaye ye dangerous to nahi hai ya hospital admit kraya jaye . Fever rhte hue or red skin bumps ko 3 ,4 weeks ho chuke hai .

Since, your sister is having fever for 2 months, so also red spots. In typhoid fever usually there is low grade fever while patient also feel mild chills, headache, generalized body pain. But in my opinion, please get in an X-ray chest and blood examination for ESR (if more than 100 mm) then a cause of concern. In my opinion consult a qualified physician and get his opinion after complete examination. Without physical examination it is very difficult to establish any diagnosis as there are so many possibilities present for fever.

my 1 year old boy had fever of 103degree since 4 days at every 6 -7 hr interval. also cough and cold started before 2 days. cough with expectorant but can't able to come out. he refused to feed. tretment given are cefoprox BD, clarithro BD and decongestant but still no improvement. what i have to do now?

Fever of few days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Paracetamol can be given in the dose of 15 mg/kg/dose (maximum ceiling dose of 500 mg) every 4-6th hourly that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.

My 14 months daughter is suffering from high fever from last 3 days today in blood test report TLC of her blood cells is high about 17000 is more than the normal. My doctor suggested an antibiotic Monocef-O 50 4ml BD with 4ml Crocin 5 hourly, is the prescribed medicine is sufficiently cured my baby?

Hi. Fever of 3 days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. If the kid is active when there is no fever, actually I feel antibiotic - Monocef-O is not indicated here. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Paracetamol can be given in the dose of 15 mg/kg/dose every 4-6th hourly that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Regards -

my 15 months old daughter is suffering from loose stools. 8 days back she was prescribed to have nizonide, enterogermina and zinconia. for 2 days she recovered and again the loose motions started. she was then prescribed bacigyl suspension, but all in vain. she has developed rashes which is really painful for her. she is on nan 3 and little bit of rice. please advice me what can i give her more to eat and how to cure the dark green motion.

Hi, loose stools which are dark green in color in a 15-month-old child can be due to acute gastroenteritis. The main thing that we have to keep in mind is to prevent dehydration. Give more fluid to child. You can also give a pre Biotic like enterogermina ampule once a day to increase gut immunity. You should also do a stool routine microscopy test and stool for occult blood test. Give soft diet to child. Further treatment will depend upon the report. Take care.

my 16 months old baby boy getting cold cough and fever and loose motions from last 7 days i am giving calstop ,s mucolite and crocin syrup but it is not recovering so is it serious condition? then

<p>what should i do if yes or what to do if not</p>	<p>Cough and cold are common in. Generally these are not a cause of concern as these are self containing conditions and resolve in 5-7 days without any treatment of the cause. Antibiotics are ineffective in a viral infection. At times, in case of a severe reaction, secondary bacterial infection may be present and only then antibiotics are indicated. Generally the viral infections have an allergic component and some anti-allergic may help. The medicines being given are proper, and you may continue giving them without worrying. Additionally, giving steam inhalation will help in diluting the cough and give the child relief.</p>
<p>My 6 & 1/2 yrs. daughter having a small boil at the start of nose and it causes soiling on the face (i.e. under eyes, throat & chick). Yesterday Doctor prescribed AZAX 250 (Azithromycine), but the problem is increased. I contacted another Doctor and he has suggested AUGMENTIN 375 3 TAB daily. Is it OK?</p>	<p>Hi, It seems that there might be having soft tissue infection leading to induration, swelling and pain. Azithromicine is good antibiotic but any antibiotic including Augmenting takes some time to start its action. So wait for 2-3 days, its effect will start, and she will feel good. Remain follow up with your doctor as having sever infection at this site might cause some problem. Give her anti-inflammatory medicine for 2-3 days. Ok and take care.</p>
<p>My 7 year old daughter has a symptom of headache/fever/etching pain in the stomach. Her present bill-rubin level is 0.6. are these symptoms of jaundice? her 24 hour urine output is very low about 80ml yello in color though her eyes and face does not looks yellowish. Thanks and regards. Anil India</p>	<p>Yellowish discoloration of eyes/ skin and palms and nails.2. Complete loss of appetite.3. Completely [pale colored or white stools and very high colored urine.4. Altered sensorial or consciousness or seizures. If the above symptoms are not there you need not worry. Moreover, a serum bilirubin of more than 3 or 4 only is suggestive of clinical jaundice. Regards -</p>
<p>my age 30 yrs and waight is 67 kg n hight is 5.5 fits.My problem is that my penice is not erected too much during the sex and due to which im unable to intercourse properly.I have lost my mental confidence n strainght.tel me plz how can I improve my sexual strainght and cofidance?</p>	<p>Hi . Thank you for your query. I understand your concerns and I will try to help you as much as I can. Erection problems can have many causes. These include:Physical problems, such as injury to nerves or loss oxblood supply to the penis. Other health problems, such as diabetes, high blood pressure, anxiety, and depression. Side effects of certain medicines. Stress. The exam, lab tests, and sometimes mental health tests can help find out the cause of the problem. Treatment is based on cause and include avoiding tobacco and</p>
<p>my age is 20years.My prolactin is very high its 197.56.I want to ask what could be the reason for this increase in prolactin.Is it due to rabee d ? I was taking this medicine for 2years but now i have discontinued it on the advice of my doctor.i have also taken medicine for depression few months back.Has it increased due to these medicines or there could be any other reason?I read that it also increases due to tumour.</p>	<p>Hi, I have read your question and understand your concerns. Let me try to help you Question : What causes increase in prolactin level? Is it due to ranee d ? Answer : Yes. Ranee D can increase Prolactin level. It is one of the well documented actions of ProlactinHope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Let me know if I can assist you further. Take care.</p>
<p>My age is 22. Few days earlier i found 2 lumps on my back part of skull (it was not there before</p>	

that). It also has some pain on touching. I felt like part of the bone . I also have increase in hair fall since last few days . Also few months back i have noticed change in bone structure behind ear.

Should i be concerned ? Or can this be brain tumor or cancer ? :O

I studied your problem in depth and I understood your concerns. Treatment for the 2 lumps on back of head-In my opinion you should not be concerned much about it, but should investigate it with your ER Surgeon, who would treat it according to its cause. From your facts of the query-In my opinion-these 2 lumps appear to be just boils, as they are painful to touch. This is not a cancerous tumor by all means, hence don't worry at all. So take treatment from your ER Surgeon, who would treat it after due investigations and treat it accordingly. This advice is based on the facts from the history you give and needs further clinical check.Hence, I would advise you to check with ER Surgeon. So don't build up wrong concepts and create more psychic complications in you which would increase risks and costs to you. Hope this would relieve your problem. Welcome for any more query in this regard to . Write good resume and Click thanks if you feel satisfied with my advice. Have a Good Day. . N.

My age is 23.i m suffering from hairfall.i hv no hereditary baldness problem.no major trauma/illness.bt suffeting from hailess.hair is so weak if i move my finger across my head.definitely 2-3 hairs r on my fingers.i m confused abt the products to use to tackle ds prob.right nw i m using himalaya anti hairfall sampoo.bt its totally ineffective.suggest me smthing plz.

Hi I have gone through your query and would recommend you to get your hemoglobin, serum ferritin levels, serum vitamin B12 and serum vitamin D levels and thyroid function tests done to rule out any internal cause of hair loss. Start applying minoxidil 2 per cent lotion on the scalp twice daily and take hair supplements containing biotin like tablet seraglio Eva once daily. You need to continue this for 4-5 months to see significant results. Hope I have answered your query. Let me know if I can assist you further. Take care .

My age is 26 Right now, Previously i masturbate alot because and than i was facing nightfall, and than i controlled masturbation but still my nightfall wasnt stop, i ate some herbal medicines than it stops for sometime. last december i masturbate. at that time everthing is fine than i am busy with my job and now this month accidentally i masturbate than i see my sperm flowing like water none of thickness in it, between this i also face sometime nightfall. What i have to do i am feeling scared.

Hi, Nocturnal Emissions are normal occasionally, say once a week if you had not had sex for some time or did not masturbate. However, excess is bad. Thinning of semen is not regarded good health sign in Ayurveda while allopathic science doesn't bother about it. Neutrally saying, thinness of semen recovers if you do not lose your semen again n again through any route e.g. sex, masturbation etc. But to recover it fast and in a healthy way and without any bad effects, some group of hero mineral combos have been prescribed in Ayurveda referral books which are very successful in enhancing libido, thickening the semen and checking excess nocturnal emissions. If you agree, you may take any Ayurveda doctor in confidence, including me, to chose and select for you from among Rushy, Vajikaran or Ramayana group or any other hero mineral Ayurveda medicine which is safe n without side effects. If you agree, pl write me direct question for further course of action.

my age is 28 year i live in thane maharashtra india i have slip disc in l3,l4&l5-s i have too much pain in back &both legs i take a treatment by dr gautam zhaveri spine specialist they treated by traction some penkiller and then also nothing improvment then they give me pain killer inj in back but that also not work then some day they give ma some steroid tab that works but they told me only 3month yyou can take this if they are not work you have to do oprqtion then i go to ayurvedic hospital in cochin they give me panchakarma treatment and aplay plaster on my chest to back for

45days now all ayurvedic treatment also complited but i have now also pain but that pain killers i stoped what is the perfect treatment for this slip disc im sorry for my this type of english but i undestand what you will ans me

Use hard bed to sleep. 2. Avoid jerky movements of the spine. 3. Use LS belt while walking, . 4. Keep your posture straight. 5. Do regular exercise and physiotherapy as prescribed by your physiotherapist. 6. Do not lift weight. Hope this will help you. Best wishes

My anty is suffeering from unfunctioning liver. Just today only doctors in podicherry confirmed that she has Liver cancer. She is just 38 years old. Our family members were very sad about this and we are unable to come out of this. For last one month she vomits whatever she takes in. She doesn t pass urin or motion. Nothing stays inside or not digested. Could you please suggest us and we are also ready to come to the Adayar hospital tomorrow. Please help us to save her life sirs.

Hi . I understand your concerns and I will try to help you as much as I can. This is serious disease and surgery or chemotherapy the most important thing that should be done. Also, medications which are hematologic should be avoided. This is necessary to prevent disease progression which is lethal in most cases. At early stages it can be treated with these measures but in case of progression, only liver transplantation may help. Diet should be balanced and healthy and get regular exercise. Limit high-carb foods such as bread, grits, rice, potatoes, and corn. And cut down on .

my aunt is 52 years old now and she was operated in 2000 for blockage in kidney and after that kidney has not been working at all. but now the size of this kidney has been increased upto four degrees due to which she is facing physical reactions on her body although we are not clear about what it is? and what treatment we are to follow now? please suggest. we are waiting for your reply and appointment. thank you so much!

Increasing in size of the kidney might be due to obstruction that might still be present. I would recommend a CT Program if the creatinine is normal. That way we would have an estimate of the function of the diseased kidney, and whether there is obstruction present. If there is obstruction and kidney function is almost nil then it would be better to remove the kidney to prevent complications of that kidney remaining in the body. I hope I have answered your question satisfactorily.

my aunty is doing somewhat like strange persobalily every day at evening. as she lost her identity and behave like a strange person. many people suggest us to take her in a temple of god abd much like this ideas. but i do not believe in all these process. i think she is getting habitual to this as she saw peoples in our area around her and she behaves like a possessed personality. even she do not identify to any person while this process. and also utter anything about people around her. she do not have any proplem regarding mental stress or harrassment but i dont know why this hapeening. just she is low confidant person and fearfull personality. plz suggest me some ways about her problem. my uncle thinking to take her in aashram where pooja havan like procedure they want to follow but i thik she need a mental advice.

Hello. I appreciate your opinion of taking a mental health care professionals advice for your aunty. The problem which you have described about your aunty is technically called conversion disorder. The patient has some mental stress which he/she can express in form of physical symptoms. The patient learns the behavior from the similar patients in the neighborhood. I suggest you to take your aunty to a psychiatrist for detailed evaluation. She would also need to practice some relaxation exercises once the possession episodes decreases. I would also advise you to not go against the beliefs of family members. But please do not follow any of faith healers blindly. Hope this helps you. Thanks.

Input	Output
my baby girl is 4 1/2 months old and is suffering from increased frequency of stools which r partly watery and green coloured and sticky since ystrrrday afternoon. i m giving her wallamycin since ysterday night. can i continue her with wallamycin or should i start with antibiotics.	What your kid is having is not a diarrhea and is only a gastronomic reflux. It is quite common for babies of this age group t pass small amount of diarrhea or loose stools soon after feeds. This need not be treated as diarrhea and especially antibiotics are not indicated. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting.you need not worry. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.
my baby is 3 yrs old and suffering from cold and cough, currently she is having constant itching in her ears and tears in the eyes. my wife gave her Alerid syrup 5ml today. After discussing with her pediatrics he suggesting giving her Relent+, can you please suggest if the provided medication is correct for her to get faster recovery.	You may start Spy. Mantra for better relief. It will be soothing and more comfortable due to mild sedation and better allergic control.2. Try to find out any allergens in the surroundings of the kid. If possible, avoid them.3. Apply lactocalamine lotion on ears and skin to relieve itching if its present. Hopefully this will help you. In case of any further questions about this, you may contact me. Take care
my baby is one year and 5 months old but she prefers only milk and she has loose motion for the past two days as we travel long, please give me some tips to make her eat other food and some remedies to solve her loose motion thanks in advance sudha	HA child of this age generally needs to eat three large meals and three small snacks with adequate emphasis on fruits and vegetables. Generally, milk consumption without solid food reduces the children appetite and may cause loose stools. In the case of diarrhea while travelling it could be because of altered diet pattern or the milk itself. I would suggest you give adequate fluids, may be oral ready . The rule is one glass of Oral Rely
My brother 48 years old belongs to lucknow, non alcoholic, neither smoking nor any bad habits.in December 2010 after swelling in stomach found that having the liver cirrhosis. presently the HCV virus was found around 6 Lacs viruses. can you please tell that any of the treatment is possible without transplant of liver because it is not effordable for us.	. Ultimate treatment for cirrhosis is liver transplantation. If it is not affordable then less invasive procedure can be done to reduce portal hypertension like TIPS like shunt placement. For portal hypertension if needed beta blocker can be used. If edema and ascites present then low salt diet taken. Diuretic helpful in ascites. Grined spinach and carrot juice taken daily early in morning. Beet roots, papaya, turmeric roots, Indian gooseberry, golden seal, dandelion etc. good food for liver. Hope your concern solved.
my brother got kidney transplanted about 5 years back,. And now he is with one kidney donated by my mother. Again the same problem has raised i.e the kidney stopped functioning and doctors suggested to go for dialysis and in a short time to have another transplantation. Could anyone help me out in finding a solution in ayurvedic or in any other way, other than going for transplantation and this hell. Thank You Sir.	HelloThanks for query. Your brother who has undergone Renal Transplant 5 years back is now showing signs and symptoms of CRF due to gradual rejection of transplanted kidney and have been advised to undergo re transplant again, I can understand your concern for your brother,

Unfortunately there is no treatment available in any faculty of medicine like Ayurveda or Homeopathy that can cure this measurable disease. The only treatment option is either to continue dialysis at frequent intervals as determined by his creatinine levels till he survives or to undergo renal transplant again. .

My brother is having very high WBCs count. at present as on 20th oct 2010 total Wbc count is 14800, neutrophils count -16 ,Esoniphils count-49 , as on 30 Sept 2010 total Wbc count was 40800, neutrophils count -15 ,Esoniphils count-71,As on 23rd july 2010 total Wbc count was 48500, neutrophils count -19 ,Esoniphils count-62.In All 3 test Hb,RBCs, Platelets were in normal range. other blood indices also were in normal range. Doctors are not able to say what it is,please tell me why this variation is happening in Wbc account. Please help us & tell us what it is & what is the solution for this.

Hi, dairy have gone through your question. You have eosinophilic leukocytosis. It may be due to allergy, hypersensitivity, parasitic infection, asthma, pulmonary eosinophilic or some other cause. You should go for further investigation to search the cause of eosinophilic, and then you should take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

My brother is suffering from cerebral palsy since his childhood. He is continuously getting fits and right side hand and leg are affected. He is 30 yrs now. We have been using both English medicine as well as ayurdic medicine. However, fits did not come into control. Past 6 months, fits are coming almost twice a day. Recently we went to a Doctor and he suggested us to use Carbatol 400mg and Lacoset 150mg. Good that he did not get any fits in these 20 days. But, 2 days back, suddenly he feels some problem with his right leg and couldnt use his leg as before. With great difficulty he moved his leg. But as hours passed, it became better but still problem exists. We were afraid it might be beause of the new medicine. Doctor confirmed that it is definately not because of the medicine and gave a new medicine TOLIFAST 150 and continue for one month. He said it happened due to severe cold . We are worried about the situation. Kindly please suggest. Thanks, Lakshmi

Hi, Thank you for posting your query. Fits can be brought under good control with medications in most patients (about 70-80%), in the rest, surgery may be required. Carbatol and Lacoste are good medications to control fits and seizures, and should be continued. The side effect of leg weakness is not due to these . He would require anti-seizure medications for whole life, as the brain damage resulting in fits are likely to remain throughout life. In addition, please do active physiotherapy to improve the leg function. I hope it helps. Please get back if you require any additional information. Wishing you good health,

my brother is suffering from left leg pain last some months recently he consult skin doctor he said that some pus is formed from below knee to foot. he is of age 52 and weight 120 kgs. please suggest what is the name of disease and whom to consult at hyderabad? please

Hello.than for your query on , there is not a great thing for you to be panicked. Do visit a surgeon immediately. Let the condition of your brother be diagnosed. Let them see his situation exactly. They will prescribe the right treatment. Do follow it meticulously. There is a no specific disease associated with it. There can be various reasons for it. Do meet any good surgeon in Hyderabad. Things will gradually improve regards.

my brother is suffering from loose motions, abdominal pain , fever.also yesterday i gave him 2 tablets to control loose motion (it was to control diarrhea and dysentrea as mentioned in tablet) and 2 tablets of paracetamol.also yesterday he vomitted after having lassi.today he is much better

but still having above symptoms.please guideme.

He has loose motions, abdominal pain, and fever. You gave tablets for symptom relief, but not for cure. For complete relief he should use medicines to cure the infection. I advise you to consult a physician for diagnosis and treatment. He may need to be infused with fluids, if deny . Wishing for a quick and complete recovery. Best regards.

my brother was chewing pan masala from last 2-3 years but now he stops doing that but stains of them r there on his teeth that looks really very bad will u plz tell him how to remove those stains naturally.if possible then give some homemade tips.

The stains cannot be removed naturally. Consult your oral physician and get your teeth cleaned. You have to quit the habit and maintain the oral hygiene. You can use mouth washes. it's better to stop the habit because stains can be removed by cleaning, but if the damage has occurred to the cheek cannot be corrected. I hope my answer will help you. Take care.

My cheeks started hyperpigmentation about three years back. Initially, I did not pay much attention but gradually it the darkened spots started increasing in size. Then I consulted one dermatologist and I got detected with melasma . I applied cream CLEARZ prescribed by deramatologist, but discontinue using dat after getting burning sensation while having applied. I also underwent a test to see LH/ FSH ration which was also with the reference range. I did not consult the doctor furthermore. Now when i noticed hyperpigmented spots growing in size, again went to a doctor. He prescribed the capsules of vitamins and an ointment Cosmellite, which is causing redness with burning sensation on the area applied. I am unmarried and going to marry in a few months. Please guide me what shall i do.

Hi Anika, Thanks for writing in. You seem to have Plasma. It can occur due sensitivity to sunlight. For plasma as a general rule-Avoid sun exposure. Use a good sunscreen of SPF 30 and repeat application every 3 to 4 hours Take antioxidant and vitamin C supplements. You can apply DEFINITE cream at nighttime over the affected area. You need to consult a dermatologist as dermatology being a visual field, the cause for your pigmentation and the treatment required can only be suggested after proper skin examination. Few treatments like chemical peeling and dermabrasion can give you good and long-lasting results. Take care.

My child has one MCDK, Now he is 2yrs old? Really I am afraid for the problem every day, I have only one question, Any life-threatening in this issues at elder age, and it is possible to continue to long life within one kidney. Please I need your ture answer. Thanks and regards Sathish

, if only one kidney is missing, the chances of survival are excellent, since the remaining kidney is capable of handling the workload of its absent partner. The situation is different for babies with both kidneys absent. Around four in 10 babies with both kidneys absent (bilateral renal agenesis) are stillborn, and the remainder die within a few hours of birth. A baby can manage with one functioning kidney, since the organ enlarges to cope with the extra workload. So nothing to worry hope this explains

my child is 06years06months old he born on 10-01-2005.normal delivery after birth of8 hours he get breath speed and we kept in nicu. after 3 days he get seizures R focal seizures he operated with subdural hematoma during his age at 3 months.up to 4 years of his age he get multiple seizures like uprolling of eye balls clonic movement of R UL and R LL some times clonic movement of left side,complex partial seizures and R focal seizures,after 4 yeaqrs of his age all seizures are stoped from january 2010 he get Myoclonic jerks after awalking from sleep from 17-02-2011 he get complex partial seizures, he is also operated with general cataract of left eye.In MRI he have (LEFT TEMPORAL LOBE PORENCEPHALIC CYST. (2)FEATURES SUGGESTIVE OF SEQUALAE TO PRETERM (MILD TO MODERATE)HIE.NOW he is on medicine (livitratcim

(TORLEVA-500 mg) 1-1/2-1 (2)clobazam 5mg-1-0-1 (3) clonazepam 1mg-0-0-1 Topiramate 25
-1-0-1 present problems :-(Myoclonic jerks (sudden jerk after awaking from sleep) approx 10/day
(2) complex partial seizures 2/week.give your valuable suggestion for my child for which i will be
thankfull to you entire life.

Hi, I have read your question in detail and I know that you are very concerned about your child. The reason for seizures in your child appears to be hypoxic ischemic injury as suggested by MRI scan. The problem has increased because of subdural hematoma which was . The brains recover itself over time and there is no medication for it. We have to take care that seizures do not occur in future so that condition doesn't get deteriorated. Continue antiepileptics with good compliance as suggested by your doctor. I hope this will help you. Wishing your child good health. Take care.

Regards

my child is 1yr4months old and weighs 12kg.he was given nan formula milk from birth.i worry
wether any diet drink should be given as i wish to stop nan.he eats 2 meals at breakfast and
lunch.but that to not nutritious as i guess.iam aneamic from birth and i dont want him to go through
it.please help me

Hi, Thanks . Milk formula can be reduced to 2-3 times daily. Give natural foods like rice with milk and sugar, vegetable soups, rice with DAL or rice with curd. Gradually see that he eats the diet taken by the adults minus spices and chillies. You can try soft bread with milk, or milk with biscuits. Iron containing foods like leafy vegetables or iron supplementation prevents anemia. Hope this answer serves your purpose. Please feel free to ask further queries if any. . V. Subrahmanyam.

My child is having cough and cold and fever and he has been given Flexon + Azee. But since
yesterday night he has been vomitting at regular interval and the vomit includes cough. what
should i do. I have given him Ondem as per prescribed dose

HYour child is prescribed with AEE (antibiotic) + Flexion (antipyretic, to reduce fever). He is not given any medication for cough, cold and chest congestion. Ask your doctor to add bucolic and decongestant combination like Solving Cold, etc. For vomiting, you may continue ODEM. Make sure your child doesn't get deny . If fever doesn't subside by 3 to 5 days ask your doctor for blood investigations. Hope I have answered your query. Let me know if I can assist you further.

My cousin was diagnosed with brain TB some 2 months back.She was admitted in Alleppey
Medical hospital and her condition worsened over the period of time. TB tests were conducted with
no positive result. Thereafter, she was moved to Chitra Medical Hospital, Trivandrum and her
samples were sent to NIMHANS for further study. Meanwhile, this period my cousin was losing her
vision. A brain surgery was carried out and it was found that the vein supporting the eye sight was
blocked and it was infected. The doctors are saying that she will lose her eyesight in a few months
or so because of the infection. We really dont know if it s TB.Is there anything which we could do to
retain her eyesight?

Hi, Thanks for writing in. The eyes are vital organs, and it is important to treat any condition threatening eyesight immediately. TB is a condition that can present with unique symptoms and involvement of the vein supplying the eyes is rare. Since a brain surgery was carried out, it is possible that the doctors took measures to safeguard her eyesight, but little could be done as there was a lot of infection. When there is significant infection, certain decisions have to be taken by the operating surgeon to protect the life of the patient and avoid further complications. To confirm TB or not you can send slides to research hospitals elsewhere in the country but the hospitals she has shown are well known for brain disease treatments. Particularly for her eyesight, it will help if you can request the eye surgeon to have a panel discussion with her neurologist.

my dad is suffering from severe pain in the right side of the face,head right shoulder near medulla

and also in the spinal. he says it feels as electric shocks. the pain starts all of a sudden and is unbearable. nothing gives him relief for seconds, minutes or sometimes even hours. he consulted a number of doctors eye specialists, dentists, physicians and many. he got treated for spondylitis but it did not help. the problem continues and has increased in the past few months. we are very much worried please suggest us what to do.

Hi Your father sounds to be suffering from a spinal nerve being compressed if the problem is clearly over the SAME half of the head and face and can last as you say for HOURS at a time. He may be suffering from a CERVICAL NEURITIS. That's one possibility. The other is that something in the brain could be causing this, so I would recommend obtaining an MRI of the brain with GADOLINIUM contrast to see if there could be something intracranial causing these intense pains such as a mass lesion affecting one of the sphenopalatine ganglia which would give off the trigeminal nerve responsible for sensation of the face (on that side). Also, imaging studies of the cervical cord may be necessary to look at the area of the spinal nucleus of the trigeminal nerve to see if that is being compromised in some way. Hope I have answered your query. Let me know if I can assist you further. Take care .

my dad is of 47 year old his heart is weak by doing all medical precautions and tests one of a doctor recommended him to have a operation of having pacemaker so could i know what type of pace maker he would have and what is the price of that pacemaker?

Regarding your concern, I would like to explain that pacemaker implantation is required when something wrong is going with heart stimulating impulses generation or their conduction through special underlying cardiac conductance system as well. There are several cardiac disorders which deserve such a therapy, in order to supply inadequate cardiac impulses, avoid consequent daily physical performance limitations, and furthermore treat life-threatening conditions. Each cardiac disorder needs a certain pacing (and hence pacemaker type) regimen, one-chamber, dual-chamber, etc., and different pacing regimens, like AAI, VRI(R), DDD(R), etc. It is important to identify the exact primary cardiac disorder, to optimally define the appropriate pacemaker device. So, if you could supply a resting ECG, or an ambulatory 24 to 48 hours ECG recording (if the disorder is transient), it would be possible to clarify this issue. Regarding pacemaker costs, it depends on health insurance policies, available and applied to your living area, county, state, etc. and to certain individuals. There are no strict rules. Privately costs in my region, differ from type of pacemaker, and medical center (approximately 2500 - 4500 euro). Hope to have been helpful to you! Greetings!

my daughter 5.8 yrs old had cold and cough two days before, yesterday after noon she had fever, when we consult our doctor he gave combiflame suspension, vozet , cefixime 100mg. two doses is over. she is having tonsillitis too. does this medication work for her.

Hi I can understand your concern. Based on the symptoms of your daughter, the prescription given by the treating doctor seems to be adequate to eliminate the infection and getting relief in symptoms of cold and cough. When antibiotics are prescribed, it takes 24-48 hours for the medicines to reach the desired blood levels and show desired effects in the body. As the antibiotics are started from yesterday only, I would advise you that you wait one more day for them to work in the body and help with the infection. Till then, Coquitam suspension will relieve in fever and other symptoms. If your daughter does not feel better after tomorrow, I recommend that you should consult the treating doctor again. I hope this information helps you. I wish your daughter feels better soon. Best,

my daughter is 17 months old. two days back she got severe fever so doctor started with paracetamol and enterogermina due to somewhat disturbed motion. yesterday her fever increased

and consulted again so he added augmentin.now today she got very severe diarrhoea that was light colored and in bulk. i didnt stop augmentin .but motion were somewhat loose before antibiotic and got severe after it.fever got less. now on enterogermina, augmentin, zinc , mebarid.what should i do.? so situation doesnt worsen

Hi.this looks like a viral diarrhea. One of the side effects of Augustin is antibiotic associated diarrhea. STOP Augmenting. It seems your kid is having viral diarrhea. Once it starts it will take 5-7 days to completely get better. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting.you need not worry. There is no need to use antibiotics (LIKE AUGMENTING) unless there is blood in the motion. Antibiotics might worsen if unnecessarily used causing antibiotic associated diarrhea. I suggest you use zinc supplements (Z&D .

Input	Output
my daughter is 1yr old (10kg) having fever from past 8 hrs she s having sound in breathing like gud gud. I ve given crocin 2 times n her stool is green in color n some watery sound hearing from stomach. I don t know what to do .actually we r in travelling from last 4 days in the train.so I request u to plz advice	HIIT seems that your child is suffering from viral illness leading to respiratory tract problems and gastroenteritis. Do not worry. Just ensure a good diet and adequate HY . Give a zinc supplement such as zirconia and probiotic (enterogermina) for early relief. Most of these episodes improve within a few days. Visit a pediatrician if your child is not feeding well, irritable, lethargic or not improving after 2 days.
my daughter is 2 years old. she had puss in motion(similar to that colour of nose puss) on sunday for about 5 to 6 time. And some times motion colour was like puss. Yesterday it was 4 times. I want to know what is the reason behind that. What can i do with it.	HI understand your concern. Pus in stool may be due to dysentery, malabsorption or eating diet rich in fats. Does she have fever, abdominal pain or vomiting? If yes, then infection due to shell or amoebic dysentery can be there. She should be given antibiotics, so you should visit your pediatrician. In absence of these symptoms, it can be due to malabsorption or high fat diet. Is she taking more amount of butter, cheese, cream, oil etc. recently? If yes then reduce the amount & see if the symptoms persist? Hope this will be helpful. Take care.
My daughter is 2yrs 2months old. She is suffering from fever from today night. I was giving her calpol -250 mg oral suspension. Is it possible to cure her & how many times & how many doses i will give her. She is also suffering from wet cough. Please sir suggest me & guide me.	Coming to IST question, can cal pol cure her, Cal pol contains paracetamol which is safest . Disease responsible for fever usually resolves itself by 3- 7 days, as most are due to viral infections resolve by that time, if there is any danger sign / symptom you need to consult your doctor (baby dull even when fever is down, passing less urine than normal, poor oral acceptance, c/o throat pain or difficulty in ingestion, or any sound during breathing, rapid breathing, continuous high fever not relieved with paracetamol and tepid sponging, convulsion, or any change in symptoms like appearance of rash, cold extremities). Coming to 2nd question :- how many doses and interval, assuming 12 kg your baby needs 180 mg (15 mg / kg) that is 3.6 ml of Cal pol 250 mg suspension, at this dose you can repeat it after every 6 hours. If fever is more, does not come down you can always do tepid sponging .3. Regarding cough, she needs to be seen by doctor before suggesting any medicine. Thanks
My daughter suffers from daily headaches. They started at age about three years back. she is now 11 years old. what could be the cause. Most importantly, she has photosensitivity during these headaches. There have been no problems in her vision. Please suggest how would I go further.	HDaily headaches are very disruptive! I'm sorry to hear this. Since she has been having headaches for 3 years, it is not likely to be because of a tumor because this would have gotten worse. The fact that she has photo-sensitivity would lead to the diagnosis of migraine. She should see a neurologist to try a daily preventive medication. There are several to choose from and try. Hope I have answered your question. Let me know if I can assist you further.
my elder sister gets depressed suddenly and starts creating scene. She says she has become alone and has no true friend. I am her brother and she says that I have separated her from our parents. She is persuing her Masters degree presently. We have tried to console her every time she does like this. For some days she becomes normal but again after a few days, she starts	

getting upset. She even cries in loneliness in her room. It has become very difficult to control her.

We can hardly satisfy what she wants. She always blames me of ruining her life which is not at all true. This is not a new problem. I have seen her doing all these from my very childhood. Any help would be appreciated

Dear brother, The phenomenon of displaying these sorts of mood swings and blaming you for the loneliness and sufferings are the classic symptoms of SIBLING RIVALRY which is emanating from her inner mind. As a matter of fact, the elder offspring gets a sort of insecurity feeling, when the second one is taken birth since all attention is diverted towards the newborn which is beyond the comprehension of the firstborn. In this context, the child(your sister) construed that she was being avoided by her parents on your arrival, which hurts her in her inner mind. The inner mind of the first child is not so developed at that stage and is not expected to reason or rationalize the core fact. This could have been avoided, had her been given enough attention, care and a reassurance of the unconditional love of her parents in the midst of all your birth and growth. Unknowingly, she displaces her anger towards you which was originally towards the innocent parents. The elder sister, all through her growtpares the love, care, attention, things, events etc. which you enjoy that of her and confirms her conviction in her inner world. These are all the unconscious process started from her childhood since your birth. The lingering thoughts emanated from the harbored emotions are the causes mood swings. Whatever happened has happened. Need not worry. Everything will become alright. Take her to a Psychologist for intervention and for the mood swings, a Psychiatrist can effectively prescribe some medication for a short duration. The psychological counselling and the unconditional family support will invariably help her mind coming in terms with the reality, and she can lead a peaceful life. In case you need any further clarification, please do check if you can contact me directly. I am from Erode, Tamil Nadu. Best of buckwheat days ahead. .

my Eosniphils count is 18% and i am feeling difficulty in breathing and doctor prescribed me banocide 100 mg levoflox 500 mg and montek lc .sir these medicine are enough or should i go to pulmanologist ? i feel difficulty in breath sometimes. my whole CBC was normal except this problem

Hi I do care for your concern. The . You have not mentioned your age and occupation Raised eosinophil count is usually associated with exposure to allergens for prolonged period. It is advisable to prevent the exposure and along with this treatment it will help you a lot. There is no need of pulmonologist intervention right now. Hope I have answered your doubt, if you have more feel free to ask. Thank you.

my father Dr. PRAVINCHANDRA RAO is suffeing from PORTAL HEPATOPATHY.ON 9 TH FEB HE HAD BLOOD OMITTING 1ST TIME. THEN HE HAD BLOOD OMITTING ON 20TH APRIL AND 6TH JUNE. HE HAVE UNDERGONE 3 ENDOSCOPY S AND DOCTORS HAVE FITTED IN ALL NOW 7 CILESTIC BANDS ON HIS VEINS NEAR LIVER. THEY SAY THAT VEINS HAVE SWELLING.CAN YOU PLEASE SUGGEST ME SOME TREATMENT . PLS SIR REPLY FAST WE ALL ARE LIVING IN PANIC. IS PORTAL HEPATOPATHY CURABLE????

Hi, The condition from which you are suffering is called Congestive nephropathy. Due to chronic passive congestion of the liver, there is venous congestion, usually and most of the time its secondary to congestive heart failure. Please send to me the reports of your endoscopy, your 2d echo reports and other tests reports. Treatment is directed largely to removing the cause, or, where that is impossible, to modifying its effects. Treatment options are very limited, and usually the primary cause needs to be treated. Message me all detailed reports. Hope I have answered your query. Let me know if I can assist you further.

my father Dr. PRAVINCHANDRA RAO is suffeing from PORTAL HEPATOPATHY.ON 9 TH FEB

<p>HE HAD BLOOD OMITTING 1ST TIME. THEN HE HAD BLOOD OMITTING ON 20TH APRIL AND 6TH JUNE. HE HAVE UNDERGONE 3 ENDOSCOPY S AND DOCTORS HAVE FITTED IN ALL NOW 7 CILESTIC BANDS ON HIS VEINS NEAR LIVER . THEY SAY THAT VEINS HAVE SWELLING.CAN YOU PLEASE SUGGEST ME SOME TREATMENT . PLS SIR REPLY FAST WE ALL ARE LIVING IN PANIC. IS PORTAL HEPATOPATHY CURABLE????</p>	<p>Was he an Alcoholic? Your Dads History suggests, he has Portal Hypertension which is an increase in the blood pressure within a system of veins called the portal venous system. What other symptoms does he have? The treatment for these focuses on preventing or managing the complications, especially the bleeding from the varices. Diet, medications, endoscopic therapy, surgery, and radiology procedures all have a role in treating or preventing the complications. He should stop . If endoscopic therapy,</p>
<p>My father got an paralytic attack on 17 sep and is under treatment. but he is unable to swallow food easily he foces it I just want to know that is this normal, resulting low diet and weaknss. we r doing phys therpy 2 hrs a day but still he has slow development. Sir what precautions has to be taken during this period, steps for fast recovering. pls suggest ur valuable suggestion</p>	<p>Hi, Your father suffered a paralytic attack that is CVA(Stroke) you have not given information which side means right side or left side, if it is right side usually speech is also affected. In such condition patient some time find difficult to swallow, they should be fed in sitting position and very slowly semisolid diet and keep good hygiene as otherwise food can get impacted and infection and thrush (Fungal) can occur. If there is cough during feeding there is risk of aspiration then you should put a Ryleâ€™s tube for liquid feeding and supplements can be given to keep good nutrition. Please continue physiotherapy and other medicines and if there is weight loss or other sign of nutritional deficiency pre formulated nutrition may be given in consultation with your doctor. Please take good care of him Good Luck to you.</p>
<p>My father had an hip joint replacement with Bipolar Hip Prosthesis By Dr. R. Homchoudhury, 3and 1/2 month ago. Now he is urgently needed a MRI scan for Brain. I require to know that whether MRI scan is dangerous for his Hip joint or not ? Some doctors said that it not safe to go for a MRI scan carrying a metallic hip prosthesis. Please Help me.</p>	<p>Titanium implants2. Stainless steel implants Those persons which have stainless steel implants in their body cant go for MRI. However, those which have titanium implants can go for MRI, there is no harm. Usually, in replacement surgeries, titanium implants are used. But before going to MRI scan you have to confirm it either from the hospital or the operating surgeon if he has a record. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>my father has 2 blocks in his main and one block in others wein , he has total 5 blokegs .doctors suggest as 4 bypass or enjoplasti .we r confews to what to do can u suggerst me which is good option and his age is only 61 and he is diabitik also .</p>	<p>Hello. Thank you for your question . I carefully Everything in medicine, from pharmacological to procedural interventions have their risks. Now, if the operators first recommendation was to pursue the bypass road, then I would agree, because we have certain scoring systems which help our everyday benefit/risk decisions. Bare metal stents have a probability of 16% to develop in-stent narrowing, and . The more stents are put in coronary arteries, the greater the risk of developing in-stent narrowing. Also, the lesser the diameter of the stent, the greater the risk of developing this event. All the patients that we recommend for coronary artery bypass grafting (CABG) can be resolved with stents. But, it is this risk that make us recommend CABG. On the other hand, CABG patients have higher risk perioperative, but the long-standing benefits in survival, symptom relief and quality of life are close between the two procedures, and better with CABG, when there are several blockages in the coronary arteries, because of the risks I explained above. Although, I</p>

cannot be clear-cut or the decision-maker to whether one procedure is better than the other in this case, as I have not seen the angiogram film, I would suggest you to follow your invasive cardiologists' advice. I hope I was helpful with my answer. Good luck. Take care,

My father has facing problem of cough (wet and dry) form last 4 to five years. He had taken treatment from some special doctors but he is not got any relief.(some Aurvedic medicine also).Please suggest solution or reference doctor of area Nagpur, Amravti, Akola or near by in Maharashtra.

Hi Thanks for writing in to . Kindly consult a physician/pulmonologist regarding an X-ray of the chest and a pulmonary function test to rule out any chronic respiratory problems. If he is a smoker then he needs to cut down on that. Chronic smoking leads to inflammation of the respiratory tract that can lead to respiratory problems. If he is not a smoker then he may need cough suppressants. However, a cause of chronic cough should always be investigated. .

My Father has total left side Paralysis for last 6 years now he can able to walking with sticks so I just want to know my father has nothing any any improvement on his Left Hand so plz Guide me about this Matter and sir is there any possibility for surgery ya any thing else

Dear caring son your father must be suffering from post CVA left sided hemiparesis involving upper limb and lower limb. This happens due to uncontrolled hypertension. General progress is with physiotherapy and time lower limb recovers partially so that patient is able to walk. Upper limb especially hand recovers poorly. Since 6 years has passed and there is no recovery, chances of improvement is poor. You need to consult physiotherapist who can guide you better. Hope this is useful. Surgery is not helpful in any way.

My father in law is suffering from Jaundice from past 15 days.we have taken treatment from hospitals in .looks like it got cured.but from today onwards he is having vomiting.could you suggest what can be done and what is this symptom for. Thanks a lot for your help

Hi, Thanks for posting your query. Let me know the cause of jaundice, his liver function test status, ultrasound imaging study. There may be chances of relapse in case of hepatitis A, Hepatitis B and obstructive jaundice. In obstructive jaundice, until unless the obstruction is relieved there is high chances of relapse. Vomiting may be due to liver dysfunction or may be due to upper gastrointestinal tract pathology. You should again consult with your treating doctors and take proper treatment. You should also take anti-emetics and potassium rich supplements. Keep keen eyes on the HY . Take care,

my father is 56 yr old , suffering from haemoglobin problem which is only 6.7gm , WBC is counted is 5700,polymorphs is 76, lymphocytes is 21, eosinophils is 02, monocytes is 01, andbasophils is 00. what we are suggested to regarding best result of recovery? he is feeling very weak, having acidic problem and all the symptoms of anemia . please guide mewhat to do? reply fast

Hi Thank you for putting your query. Your father is having moderate anemia most probably of iron deficiency type. Your father need some additional blood tests to be done to know what type of anemia is this and what is the cause. Give him iron rich diet like chicken, sea fish, eggs, green leafy vegetables, soyabean, Jagger etc. Consult your doctor. There are various iron preparations are available. So get these medicines that will be prescribed by your doctor. Take care of your father.regards.

My father is facing unconsciousness since last 4 days. He is bedridden from last 19 to 20 years due to paralysis. before 2 weeks he get loose motion and vomiting but this all was stopped before 4 days and he were talking strangely. We admitted him in hospital but he is still drowsy and unconscious and now he is not saying anything and can't recognize any relative. He has excess

<p>nitrite in urine and heumoglobin I am very upset please tell me if he is fine or something is there to be worried? Thanks</p>	<p>Hi there. I hope to help you with the following information. Be . Increased Nitrites in urine are usually suggestive of that. Also, when there is a bad Urinary Infection, it can spill over to the blood - called Urosepsis and when this happens it affects the mental status also either due to fever or due to a number of other causes. With age, the brain starts to shrink and on top of this when they have another problem like an infection, they go into altered consciousness or even unconscious state. One other problem commonly seen which can cause similar symptoms is Low Sodium content, Hyponatremia. Especially more common in the elderly, kidney disease and those with another co-existing disease. So Serum Sodium levels also need to be checked into and corrected if necessary. A CT scan or an MRI of the brain will tell us if he has had a Stroke or a bleed. So these are the few things you need to look for as a possible cause for your fathers current condition. Wishing him a speedy recovery. Take care.</p>
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<p>My father is suffering for asthma. His treatment is running since 12 years. Now a month ago he felt his hands are in high pain from shoulder to wrist. After that we went to hospital and they advised for ultrasonography. After the sonography they told it happens for the asthma medicines. One of doctor called it Frozen Shoulder . Is it happens for the medicines? Dilantin & Levipil are the medicines. Please advice me something what I do? I don t know much aboyt this. Please take this in positive manner and kindly reply. Regards ARCHIT.</p>	<p>Cellophane Frozen shoulder i snot caused by medication. It is a disease of joint that occurs with age & if patient is having diabetes and/or hypertension. It can be improved by physiotherapy exercises. I would suggest you to visit an orthopedic surgeon for prescription and then physiotherapist. He will tell some particular exercises for shoulder which is performed regularly will improve the symptoms. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. Wishing him good health.</p>
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<p>my father is suffering from psoriasis from past 20 years but he keeps on applying some soute of cream to his body but no cure he never approches to the docter but takes hears advice from other so i want to take him to the best hospital in town to cure it pls help us</p>	<p>Hi, As you said your father suffers from psoriasis from last 20 years. I would like to say few things about psoriasis. Psoriasis is a chronic relapsing and autoimmune disease. You may be having scaly plaques on various parts of the body, scaly lesions on the scalp. Exact cause is not known. Genetic tendency, autoimmunity, stress, .etc. may be responsible for precipitation and exacerbation of psoriasis. You consult dermatologist for firm diagnosis and treatment. I usually recommend cap accretion 10 mg twice a day along with methotrexate 15 mg weekly in three decided doses 12 hourly.for psoriasis. This may be taken for long time till good response. Blood tests may be done to monitor the treatment. For itching, you may take antihistamines like levocetirizine. Avoid oral steroid, as it may lead to flare up of the lesions. Tell him to apply mild steroid cream or calcitriol point on the lesions on the psoriasis lesions. He may apply moisturizer to improve the skin texture. He should avoid soap bath for few weeks. And he should be free of stress and worries as that might worsen psoriasis. He might get good result. I hope you got my answer. Thanks.</p>
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<p>my female baby 3.5 years old sleeping by opening her mouth.is it will cause her face style or it will affect teeth? what is the remedy to close her mouth at the time of her sleep</p>	<p>Hello As per Your history your child seems to be having proposal problem. This may be due to congenital defects (by birth) or may be due developmental problems related to pharynx (oral cavity, throat), some lymphoid tissue problems(tonsils, adenoids)etc. Please have checkup done by the pediatrician and by ENT surgeon for evaluation of the defects. Early medical and surgical</p>
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intervention will clear the problem otherwise there may be defects in speech, teething problems
enclave a Healthful Day.

My friend is suffering from blood cancer. His age is 19 . Cancer is in beginning stage. what is the
chance for death ?

Hi forum. Blood cancer is a very broad terminology. There are many types of blood cancer and the
survival rate will depend upon type and severity of the cancers. Nowadays many of the cancers are
treatable, and we have bone marrow transplant. It is very difficult to tell that all blood cancers will
lead to death or all can be cured, without examining the patient or seeing the patient blood reports
and bone marrow result.

Input	Output
my grandfather of age 81years is now suffering from prostatitisproblem from past 3 months.as he was not able to withstand surgery we opt for having a pipe connected into the peniswith a bag.at present he is having acute burning sensation while passing urine.so i request you to suggest any treatments available for my grandfather so that he could withstand the treatment	<p>helloThanks for queryBased on the facts that you have posted your grandfather has Enlarged Prostate and a self indwelling per urethral catheter has been passed to . He has developed symptoms of prostatitis. It is very common to get catheter induced infection in bladder and prostate giving rise to causing burning urination and refractory UTI. In such a situation it is always advisable to</p>
my grandmother is suffering from paralysis attack from a month, her left part of the body doesnt work(she can feel sensation)! her age is near about 70 years! what type of exercise is required and also she is not able to eat (swallow) any type of food but she can drink.please advice which kind of juice or anything we should give her?	<p>Hi, Thank you for posting your query. I have noted your grandmothers symptoms and understand that she has paralysis of left arm and leg. In addition, she has difficulty in swallowing solid foods. She can take fruit juices, milk, soup, etc., which would be easy to swallow. Then, slowly, you can introduce soft solids such as banana, idle, PMA, etc. She should also undergo muscle strengthening exercises under the guidance of a physiotherapist. She would get better over time. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/</p>
my granny is diagnosed with colon cancer of stage 2, it has be said that the cancer is about to spread near rectum and liver, and also its no use of giving treatment.but my granny is active and as usual.pls let us know if any treatments are possible at this stage.	<p>Hi there, Thanks for your query. Stage 2 colon cancer is still curable stage. The tumor might have invaded the nearby adjacent organs, but there is no distant spread to liver as it is still stage 2. Still surgery can be done with or without chemotherapy depending on the functional status. It would have been better if u had provided the reports of the tests so that I could have given you detailed response. I suggest you to take a second opinion with the available reports.</p>
My granpa is sufferring from Cancer, there is a lump in his throat & he has a lot of difficulty in eating food. in fact now adays he is just taking semi solid khichdi and milk. doctors in govt hospital told us that his cancer is at advance stage and now well have to take him to SUFDURJUNG HOSPITAL in delhi. but i saw that there is no facility for cancer treatment in that hospital however there is one in the AIIMS just opposite to that. please advise what shuld I do?	<p>Hi, dairy have gone through your question. He may have esophagus cancer. If it is advanced stage then surgery is not possible. Treatment of choice remains chemotherapy and radiotherapy. For that you should go to fully equipped hospital with all facilities. You can go to AIMS hospital or other and start treatment as early as possible. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
my greetings,My name is Rakesh from London,basically i am a hyderabadi.Sir i am suffering from fatty liver some of the symptoms are over weight,yellow coating on the tongue,bad breath,gums problems etc.Can u please suggest me the treatments for it.	<p>Hi, How are you? My name is . I am a Liver and pancreas specialist and I hope to answer your question today. Fatty liver can be caused by excessive alcohol intake (Alcoholic SEATO hepatitis, ASH) or due to excessive fatty food intake and sedentary lifestyle (Non-alcoholic SEATO hepatitis, NASH). ASH is usually the beginning stages of alcohol induced liver damage and is completely</p>

reversible if the patient refrains from alcohol. NASH is being much more commonly diagnosed currently owing to poor dietary habits and sedentary lifestyles of people. High caloric intake, high fatty food intake and poor exercise regimens lead to deposition of fat globules in the liver tissue leading to fatty liver (which shows up as increased echo texture on USG). This is also completely reversible in the initial stages if caloric intake is limited and exercise regimens are adhered to. If left unchecked, patients usually become obese, diabetic and in final stages may lead to cirrhosis of the liver which will necessitate a liver transplant. I would suggest a healthy diet and exercise regimen. Although there is no time limit on when to get a repeat scan, I would suggest one, once you have succeeded in losing some weight. Hope this helped and hope you start to feel better. Please do not hesitate to contact me for further details. Have a great day.

My husband (30 years) is having hypertrophic cardiomyopathy and he is under medication. Two days back he is getting problem of gastric trouble because of which he is getting pain in one side of stomach. The consulted gastroenterologist told the pain could be because of any cardiac reasons also. Can you please let me know if the pain because of Gastric reasons or because of Cardiac reasons? Is there a chance to get pain in stomach because of Cardiac reasons?

HN
Nowadays myocardial infarction patient presented with only epigastric pain or vomiting, no chest pain. But as you said he is 30 years old & known case of hypertrophic cardiomyopathy, stomach pain could be ruled out by taking fresh ECG. If ECG within normal limit except LVH then no worries regarding the cardiac disease. In Hypertrophic obstructive cardiomyopathy most common symptoms are chest pain & syncope, so if u feel recurrent symptoms then consult a cardiologist. Hope I have answered your query. Let me know if I can assist you further.

my husband 32yrs has low sperm count.married since 2yrs i m 30yrs.my all reports are normal.4months back the report was.5ml greyish white,abnormal viscosity,ph.7.9,,counts 5millions.5%actively motile,95%abnormal.then i started with ayurvedic medicines,,he has no addictrn or any illness .this month report of semen analysis--3ml,norml viscosity,fructose-ps,,alkaline,,per ml spermatozo-9.5,,perm ejaculte-28.5mill,non progresve-30%,spermiogram-35%normal,,agglutinatn-traced.pc,rbc,epi cells-occasn,pecusors-2-4hpf.

Hello
Thanks for query. Based on the successive reports of semen analysis of your husband I would state that he has Oligoasthanospermia meaning there by that his sperm count is and percentage of active motile sperms is less than accepted values of WHO standards to effect fertilization of a female egg. Truly speaking there are no medicines that can increase the sperm count or motility of sperms.However, following general measures do help to increase these parameters to some extent . Practice moderate exercises for 45 minutes followed by meditation for 1/2 hour .2) Take high protein diet rich in vegetables and fruits 3) Take 5-6 almonds every day 4) Avoid alcohol and smoking. It takes long time say 6-8 months to see the results. Have patience. .

my husband has been diagnosed with anxiety avoidance personality disorder and effective bipolarity. he has been given clonorest thrice daily, lamosyn 100 twice daily and escitalent plus once at night. he has been taking these for last 3 days. he has been complaining of sleepiness during day time. is it normal or he needs a change in his medication? what other supplements he needs to take?

Hi, Thanks for writing to us, I went through the history you have provided. Three days of taking medications is not sufficient to comment whether he needs any change in his medication. Congress is clonazepam and is given to your husband only for immediate relief in his anxiety. But if it is inducing sleep during the day then the dose can be reduced or even stopped. It is given for reducing anxiety while Escitalopram starts showing benefit. Hope this helps .

my husband is 28 yrs of age.he recently got his whole abdomen ultrasound done.the report shows that liver is enlarged (170mm) & increase in echogenicity in a homogenous manner? so how risky is this problem?what medicines should he take? Asked by Me , 40 minutes ago sir he is continuously facing vomiting problem.my doctor suggested him two medicines.Hepamerz & liver 52.are these medicines ok? Asked by Me , 37 minutes ago its been 1year he has this problem.sir what should be the normal size of liver? is 170mm size very risky for life? please give me right direction as how i can solve this problem?

Hi, Thanks for writing in. Normal size of liver is around 15 cm. However, there are variations on height of persons. You are not having serious disease. Increased echogenicity suggests fatty liver. Vomiting may be related to gastritis. You may have advised sonography to rule out other causes. There is no risk for your life. Don't be panic. If are taking alcohol, just leave that habit. No need for any special treatment. Hope I have answered your query. Regards.

my kid he is 6.5 yrs old suffering with giant cisterna magna is that related to seizures since 1yr old he stare at right side after vomit for 3 to 5 mins during that period he will not respond but he says that blurred vision and he will understand what we r saying since the age of 1 he started taking medicine first he was on tegritol syrup after for few reasons we discontinued his treatment again he got seizures so he used to take levipil 500mg night and 250 mg day every day as doc prescribed after two yrs doc said to stop the medicine . so we did after that on the same day when we stopped again this happened so again doc said sometimes it happened it is not considered so, we just stopped all the medicines now 2 days before again same seizures occurred now he is on encorate chrono 300mg so pls kindly guide us in this case

I advise you first your kid to effect an MRI of the brain to see the condition and evolution of the diseases cisterna magna. If the evolution is negative (agitation of the diseases, comparing with previous MRI) I strongly suggest you to see a neurosurgeurist. What you must do now is to stop the seizures by using in urgency Pivotal or Valerie Acid in i.v perfusion, and you can restart regret and level. To should discuss again with your doctor the doses. I suggest that those medicine are use for a minimum of 5 years from the last seizure. I also suggest that your kid effects each 6 months an MRI of the brain and a EEG to see the evolution of its disease. Best regards.

my kid is 4yrs old he has been treated for childhood asthma since birth now his pediatric doctor is saying to consult a chest specialist another doctor has seen him and he is saying that his tonsils are bigger than normals that is why all this problems are emerging. sir what i am confused to what to do and whom to consult now plz help me.

There are certainly alternative management therapies in allopatry now-a-days. Medicine has advanced a lot and not asthma is 100% controllable.2. Inhalers are the newest management strategies for this. If I were your pediatrician I would have suggested the use of Decor metered dose inhaler (100mcg) 2 puffs twice a day through a spacer and this is for regular use for 8 weeks. Another metered dose inhaler is Leveling and this can use as rescue therapy whenever the kid is having severe cough in spite of regular usage of Decor. The technique is very important and very crucial for the . Regularity of medicine usage also matters a lot. So do not discontinue abruptly after you notice some improvement. The technique of administering an inhaler using a spacer has to be taught to you by your doctor and these are prescription medicines. So I suggest you consult your pediatrician for this.3. Triggers can be environmental changes/ dust/ talcum powder/ seasonal changes/ uncleaned a / c vent/ cold weather etc.we can specifically say this is the cause - unless we observe the kid closely - the best person is the parent. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.

<p>My kid is suffering from loose stools from 3 days. We consulted doctor , with anti bioticsNutrolinB given and also NutrolinB. But still we face the same loose stools. Please give any tip regarding diet and medicine. Best regards, HABEEB</p>	<p>Hello Haseeb, I have gone through your question, Your kid is suffering from loose motions and your doctor is giving him medicines. But after 3 days some loose motions still there. I want to share that loose motions generally take 5 to 7 days to recover. In my view no this to worry. If was your treating pediatrician I would add Oral rehydration solution and Zinc in the proscribed above in your given question. So Replace the water lost in loose motions by oral Re HY . Hope i able to answer your question. Have a healthy family life</p>
<p>my marriage completing 5 years an last in jan 2014 i lost my baby of 5 and a half month. So i eant to plan for next baby , so plz u havt to guide me hoe to conceive and get a nrw baby , after abort doctor will give me a fertyl tablet after 3 mont of abortin but still we cant conceive , an mu weight is also 85 kg , its overwright also, so plz guide me hoe to conceive</p>	<p>First do not panic.2. With your history, I will suggest you to get USG done to know about the uterus and ovaries. Also Husbands semen analysis after 4 days of abstinence. And HSG, hysterosalpingography, to know bout tubal patency. 3. I will suggest you the following - Please opt for a healthy diet and regular exercise regimen. Include more portions of fruits, salads and vegetables in daily diet. Avoid deep-fried foods, bakery products and refined sugars. Use of vitamin B 12 and Folic acid supplements at least 3 months before you plan to get pregnant is advisable. This helps to prevent many problems during pregnancy and delivery. I will suggest you to follow your treating doctor with full trust. I hope this answer helps you. Let me know if I can assist you further. Thanks,</p>
<p>My mother aged 62 years was operated for Gall bladder surgery on August 25th and then she was detected with liver cirrhosis also. After biopsy report it was known that she had gall bladder cancer. After 2 months she was adviced for a PET-CT Scan in which it was detected that the cancer has spread to other parts of the abdomen like liver, pancreas etc., She was adviced for 3 cycles of Chemothereapy with medicine Gemcitabine and Dacotin and tomorrow she will be completing the course. Whenever she was given chemo she suffers sever loose motions due to infection and she will be given lomotil and cifran CT for 5 days. The problem is her blood test report for SGOT & SGPT reading shows 114 and 73 respectively which was done yesterday. What could be the reason and any remedy to bring them to normal range?</p>	<p>Hi. Sorry to read this history. As the PET CT Scan shows spread of tumor to other parts, this will be a stage 4 and needs Chemotherapy. Cirrhosis and cancer have increased the values of GOT SEPT. It is more important to look for treatment of cancer and go ahead with a detailed discussion and possible outcome. Measure the cause and effect, Pron and cons with your treating Medical Oncologist (the Specialist who treats cancer with Medicines only) before taking further steps.</p>
<p>My mother got a paralysis attack 7 years back on right hand side and doctors at that said that she has got blood clots in brain.and after a week of tratment she was fine and back to normal. from last few months she compained on eye sight problem and recognising things. so we did MRI and CTI scan. doctor said that she got a silent attack which has impacted both her eyes. and she still has couple of boold patches in brain. we are not sure about the treatment, it will be great if you can guide us through.</p>	<p>Hello I think she had an attack of Stoke which had affected her eyes. If the bleed or clot affects the Occipital Lobe(back Portion) of the brain, vision will be affected. Most strokes are ischemic (usually due to blockage of an artery), but some are hemorrhagic (due to rupture of an artery). Transient ischemic attacks resemble ischemic strokes except the symptoms resolve within 1 hour. Recovery after a stroke depends on many factors, such as the location and amount of damage, the persons</p>

age, and the presence of other disorders. Controlling high blood pressure, high cholesterol levels, and high blood sugar levels help prevent strokes. Treatment may include . Lenses, special prisms and Optometry Vision Therapy/Orthotics are often combined to restore Vision. I hope this will help

My mother got fractured last two years back. She got a operation in the elbow of the leg (kept some road in it). Now she is feeling more pain, not able to walk also. Could you please suggest us the best hospital in Hyderabad/INDIA. Regards, Manohar.K

HAs I think history isn't directing towards the elbow, because is in between the hand and the shoulder. I think you mean to speak about the knee here. So implant will not be in the knee but the bone above or the bone below. If she is not able to walk for now I will advise to take an X-ray and see if the implant is in position is one. Next, do some simple exercises like static Qua . Start slow walking with the help of Walker and later without Walker. She should do well. You can take help of a physiotherapist if needed. Hope I have answered your query. Let me know if I can assist you further. Take care Jay In

My mother had a Very large ovarian Cyst (bigger than a Football) which she got operated upon through Laparoscopy. They also removed her uterus citing probable future medical problems. This happened in July 2009. Since then she s been having constant Pain in Lower back, Inner upper Thighs and lower Abdomen (pelvis area). She is unable to stand for long and keeps lying down every few minutes. Her age now is 65, kindly help us. The hospital she got operated is GLOBAL HOSPITAL, Delhi

Here are the symptoms you have mention is lower back pain, lower abdomen pain and thigh pain. All these symptoms are started after hysterectomy along with removal of ovarian cyst. Usually this kind of pain is possible with major ovarian cyst removal for few days but here since its long time over and still she is suffering with pain then I suggest taking secondary opinion. I suggest doing one more ultrasound abdomen and check on abdominal possible issues. If this is normal then you need to take MRI of lumbosacral spine and check report of it. Here if there is major problem with disc or nerve related issue then orthopedic doctor may ask for surgical correction followed by physiotherapy treatment. But if there is no major problem at lower spinal level then you can take her to physiotherapy treatment and along with that take postural suggestion as well spinal exercises. All together this will definitely help her. You can also ask her to use hot and cold pack for her back at painful area for some more pain relief. But if there is problem detected at abdominal level then I suggest as per the issues you need to take specialist suggestion. Remember for conservative management physiotherapy will help, but proper diagnosis is also very important for long term relief. Take care.

My mother has been diagnosed with Extrapontine Myelinolysis. After Staying one in ICU , last week we have moved her to home. At home we are giving her supportive treatment. Neurologically we can see some improvement in her like she moving hands and legs, try to move her body, sometime recognizes us and gives smile and other small things. Please suggest me, what would be the next steps for her treatment. Is it possible for her recover completely. Please let us know every details which we should be knowing. We can do anything to save her. Regards Rohit Goyal 0000

Hi Mr Rohit Goal, Thank you for posting your query. It is unfortunate that your mother suffered extrapolating myelinolysis. This is a serious condition, whicmonly occurs due to rapid correction of hyponatremia (low sodium in the blood). Complete recovery from this condition is uncommon, however, it is better than that of poutine myelinolysis (where pons is affected). At this stage, there is no specific treatment. Treatment is mainly supportive care along with good nutrition, exercises and physiotherapy and cognitive stimulation (with music, TV, talking, etc.). It should be noted,

however, that recovery is slow and may be incomplete. I hope it helps. Please get back if you require any additional information. Wishing you good health, . Ly/

my mother have brain cancer meddel part of the brain she is 52 year old in last moth she have problem of speach and her rihgt hand and leg are not working properly so doctor sugges us to use rediation tretment bcoz he said that the surgery of that part is not possible so i want to ask that what is ur opinion?

Hi, Thanks for writing in. Brain tumors are of many types, and it is important to know which type of cancer is present as per CT scan or MRI scan done. The location and size of brain cancer is also important and helps to decide on treatment. It is easily approachable, and the tumor can be operated then surgery is recommended followed by chemotherapy and radiation if required. Should the tumor be in an important area and involving the surrounding structures then radiation is the first choice of treatment. There are cancer that respond better to radiation and then chemotherapy can be given to stabilize the cancer. As your doctor has already told that the tumor cannot be operated up on therefore it is better to continue radiation treatment and not to take risk by doing surgery in the beginning. Please do not worry.

My mother is 62 years old and undergoes cystoscopy (kellys repair) almost every 9 months for the past 4 yrs. She is expereincing continuous pain in her abomen esp lower part. The ultrasound of whole abnomen has revealed that she has garde I fatty leve and bilateral renal pelvicalyceal fullness, (more right than left). What should be done.?

Hi . As a Urologist, i can understand your anxiety. Your mother doesn't need to undergo a cystoscopy every 9 months. For the abdominal pain and fullness in kidney p-c system, she must do a CT. A CT is ACTIVE scan, whichll give accurate information about the fullness. Itll show details of the fullness, if it affects the kidney and cause of pain. Thatll clear all your doubts. The scan can be sent here, for an expert opinion. Wish you well. . Manga.

Input	Output
<p>my mother is 92 years old . she s been in the hospital almost a month now.because of her pneumonia absena . now her lungs is cure.and doctor found that her a creatinine is high at 800.</p> <p>and needs to dialysis . does she need to go dialysis? is that critical? her heart is good and the neurologist said her brain also okay.</p>	<p>1.2 mg/DL and a level of 800 is really high. It would have been better for us if you had told us the Blood Urea Nitrogen levels as that would have helped us in recommending some suitable treatment for you. If you have those values, please feel free to share with us. As she is also suffering from pneumonia, it might be a case of multi organ failure. She needs to be kept under observation. Hope this help .</p>
<p>my mother is suffering from Utrous Cervix cancersome reports are attached herewith for your refrence .from last two moths she is suffering from Pain in right leg .and there some swelling also .we take the treament form many doctors but there is no benifit</p>	<p>Hi. I m not able to see the attached reports. I can see only the question written by u. usually the edema in lower limb is due to the lymphatic blockade caused by tumor metastasis into pelvic lymph nodes. these symptom indicates towards advance disease. The other cause for this swelling can be deep vein thrombosis in leg veins. So to have treatment, the cause should be known first. The definite opinion can not be given without examination of patient.</p>
<p>My mother just had an X ray for chest since she had cough for past 3 days and the report was as following X-RAY CHEST PA View Bilateral increased bronchovascular markings with bilar vascular prominence - bronchitic changes with hilar congestion Both CP angles free Cardia normal Bilateral hemi diaphragm normal Although the cough has ow reduced to just 15%, what does the report suggest? She is taking Dolo 650 for fever and Clavam 625</p>	<p>In my opinion you should not worry much for her x-ray report as it is normal. Blood follows gravity. So lower parts of lungs are having more blood supply. And blood is more radio opaque than surrounding air. So vessels of lower part, having more blood appear prominent on chest x-ray. So x-ray reporting of prominent Bronchi vascular markings are seen. Lung hill is having all major vessels supplying lung. So it is also appearing more prominent. So no need to worry about this report as it is normal.</p>
<p>my mother(age 50,weight 60) had been suffering pain in the left knee joint for the past 4 months.the doctor which she had consulted told her to have CT Scan of her brain.The scan report showed Calcified granuloma in right parafalcine region.sir i would like to know what is a calcified granuloma and is it the main cause of her knee pain.the doctor treating her had given medicines of Calcium reformation thinking that it might be a case of arthritis .she is also a diabetic for the past 12 years.plzz help me out sir.</p>	<p>Good Day Since your Mum is in her 50s the Calcium-Vitamin D supplement given is to prevent Osteoporosis and to treat vitamin D deficiency induced bone and joint pain. The granuloma can be due to many reasons commonly TB, Syphilis, Acidosis. Since she has joint pain, do get her checked up for Acidosis as this can also cause arthritis, eye pain, cough, shortness of breath, skin pain, kidney stones as well. Review her with the Orthopaedician to discuss this possibility and get adequately treated.</p>
<p>My mothers age is 51 & she is having diabetic from past 15-20 yrs & she is taking medicine from doctors on regular basis but the sugar level is not decreasing.Recent report 392(before breakfast) & 450(after breakfast).She had taken insulin as well for some time but now she left.Suggest me regarding the same.Regards,Prabal0000</p>	<p>Hell, When a person gets diabetes, it is observed that almost 50% of his or her Insulin producing</p>

cells of pancreas (Beta cells) tend to be non-functional. Further, if blood glucose is not rapidly controlled, then genotoxicity due to hyperglycemia (high glucose in blood) further damages beta cells. Therefore, after few years suffering with diabetes almost every single patient has to start taking insulin as most of the cells are non-functional. There is no insulin in the system. It has to be given on daily basis for controlling blood glucose, that too for lifetime. Looking at the blood glucose levels mentioned, your mother has to be on Insulin injections along with oral anti-diabetic. There is no other option. If the glucose level is not controlled effectively, the long term serious consequences of diabetes will start manifesting like retinal problems, peripheral neuropathy, affection of blood supply to the lower limbs, cardiovascular diseases and kidney disease. Ideally if one has to achieve good control then fasting glucose should be closer to 100 mg, PP 160 to 170 mg & HbA1c% Along with Insulin and other

my mothers hand was accidentally rubbed my pet dog tooth. no injury is visible. it cause burning sensation. my dog is 4 months vaccinated. is it necessary to consult doctor. the area of hand is thoroughly cleaned with soap and dettol. please give suggestion. Thanks in advance

HRabies is a disease which is also transmitted by bite of the monkey, it is a 100% fatal disease, but it is 100% preventable by proper and adequate treatment. As your mother was accidentally bitten by your vaccinated pet puppy which has led to burning sensation at the bite site without any open wound and the bleeding, according to WHO categorizes it has been categorized into Cat II. Cat II requires active immunization with antirabies vaccine on days 0,3,7,14 and 28, if the dog is healthy after the third dose she can discontinue the remaining two doses of vaccine in addition to this she should be given a shot of tetanus injection too. The aforementioned treatment will protect you against developing the disease rabies. Thank you.

my name himanshu ,my sister is infected by TB,she is 24 years old,her left lungs is filled by fluid,doctors pull out 500 ml and remaining are there .dr told me to after one week check the fluid via xray,he gave us one week medicine and told me to ate all kinds of food,her wait is 50kg,and shes are troubling lots of,his cough is starting to much,so sir can you give me diet and treatment suggestion?i m wating for your response

Hi, She might be having pulmonary tuberculosis with pleural effusion. As anti TB medicine started, gradually recovery will start. Continue this medicine regularly for 6-9 months. Give her high nourishing protein food with multivitamin supplements. Give her . Keep chart of her weight and see that her weight should be increasing. Ask her to go for deep breathing exercises. Ok and take care.

my name is Adil Hasan. I had an accident in 28th june 2014. My D4,5 &7 vertebra got fractured but my spinal cord is safe. I had a totally bed rest for 45 days. I just wanted to know that can I do all work as before in future like running, bike riding etc. I am a player of basketball.can I play sir.can I do everything as before sir. I am in so tention sir.pls tell me.its a request.

Hi, I had gone through your question and understand your concerns. There are constrictions that you need to follow. No moderate or heavy physical effort for 6 months, no weight lifting, not bending over etc. After 6 months you should have a clinical and imaging evaluation. After that maybe you can start on moderate activities. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions.

My name is akshay jain. My paternal uncle is suffering from cancer. He has been tol by doctor that he has cancer in his food pipe. Surgery is not possible since cancer has spread too much. He was undergoing treatment at Prince Ali khan Hospital under the supervision of Dr Boman. 1st chemotheraphy of 3 doses went proper. Next chemotherapy was of 4 doses and after the 2nd

chemotherapy was over, and he was taken home he suffered continuous loose motions. He was admitted again the next day and it took 5 days to stop loose motion. Since last 10 days he is completely on saline and is unable to even drink plain water. His weight has reduced considerably from 52 kgs to 34 kgs. Doctor told to install stent but later he told that he would touch the tumour and cause more problem The nazal tube is also not suggested for the same reason. Please help me doctor

PEG percutaneous endoscopic gastrostomy.2. Ultrasound guided percutaneous gastrostomy.3.

Feeding gastrostomy or jejunostomy under local anesthesia by surgeon. In all above options, feeding tube is inserted into the stomach or small intestine through a small hole/ puncture in abdominal wall and fluid diet is given through it. Please discuss with your doctor to decide appropriate feeding option for the patient.

my name is alok. i am 19 year old. my problem is begin in year 2006. here my problem1-my mind is always generate fantasy and repeated thought when i wide awake and sleep.2-i have a problem with sleeping.3-i have a problem with social activity like talk to other people.4-sometimes i think very aggressive thought.5-when i go to public palace i am very disturb and self-defensive.sir please tell me how solve these problem.thank you.

Consult a psychiatrist. Detailed Answer:Dear Alok, I understand you concern and problems. Social phobia can be managed with professional help in the form of medicines and psychotherapy. Medicines which include selective serotonin reuptake inhibitors (SSRIs) are given for this condition. Cognitive Behavioral therapy is a form of psychotherapy which is used to correct the thinking problems related to social phobias and anxiety. I hope you find this helpful.

My name is Amit, i want to donate my kidney those whose need very urgent. But before that i want to ask that after donating my kidney, will i face any problem in future. But i am ready to donate it what ever it may be. please contact me if some body need of kidney. my blood group is O+..., Age- 22, Height- 157cm, Weight- 70Kg. my email id is YYYY@YYYY

Hi, Thanks for writing in. Donating kidney for money is illegal in India. You may donate it to any close friend or relative when such a person is matching with your HLA typing. Donating a kidney voluntarily to anyone who needs it urgently without knowing the person and the illness they have is not correct. Donation of kidney is through a major surgery and requires hospitalization and pre donation checks which need to be approved by ethical board appointed to oversee the donation process. There are organ transplantation laws in India and if anyone is caught indulging in malpractice then they will be scrutinized under existing laws of the land.

my name is AMRITA and I am 39 years old and I have terrible pain in my nerves. I m not able to stand for a long time nor I am able to swing my legs while sitting. I have been eating neurokind-gold injection or neurokind-Od tablets. After eating this a feel little bit relief but later again my legs start paining and stinging why? I have thyroid problem too. Sir plssss tell why my legs pain and sting a lot

Dear patient you seem to have lumbar canal stenosis may be due to disc prolapse. Diagnosis needs to be confirmed by MRI of the lumbosacral spine with screening of whole spine. It is very sensitive and specific for diagnosis of spine pathology. Please get it done from radiology center nearby you. Meanwhile, start tab regain x 75 mg one at bedtime along with tab attract twice a day. If MRI report is abnormal you need to consult spine surgeon with report.

my name is angusamy and i am 36 yrs old. My height approximately is 5-1/4 and weight is 52 kgs. I came to know that i have thyromegaly for the past 2 months. For the past 1 yr I have been having loss of appetite, and tiredness all over the body. My impression about my scan report is : Diffuse thyromegaly with coarse echotexture.

Hi You are having thyromegaly means enlarged thyroid gland. Your work up first done to rule out

hyperthyroidism or hypothyroidism. Serum TSH and free T4 estimation FNAC will also be beneficial for further work up According to report than treatment plan decided If Graves disease like hyperthyroidism presentation than propylthiouracil might start Avoid stress So consult physician or endocrinologist for examination Take care

My name is Arjun. I am moved to bangalore 8 months back. I started having cold regularly in these 8 months. Now for the the past 10 days I am having severe cold and it is not going away. I am taking tablets like cold flu and cold act. Also having benadryl. Can you plz suggest me some doctor whom I can visit for this problem.

Hi Dear, Understanding your concern. As per your query you have severe cold which could be due to upper respiratory track infection specially viral infection, and it could be sinusitis. It is due to impaired immunity of body and increased susceptibility of getting infected. Need not worry. I would suggest you to do warm saline gargles and Betadine gargles alternatively, avoid eating spicy and heavy food and consult ENT specialist for proper examination. Doctor may order throat swab test, vial culture test and blood test. Doctor may prescribe anti-viral along with anti-inflammatory Levocetizine. Doctor may also refer you to gastroenterologist if he/she find problem to be related with acid reflux. Hope your concern has been resolved. Get Well Soon. Best Wishes,

my name is Ashith K M and i have a problem of extensive hair loss and Im stil I 20 years old. what do i do ? i have tried out everything and have got frustrated with no results obtained. plz help me out . i want look as earlier and want my hair to regrow. height-5.10 weight-82 medical history- i have taken treatment near a homeopathic doctor.

Hello Mr Ashish, and First thing to consider is if you have a family history of hair loss, if there is male baldness in the family. In this case you will be more prone to similar problems. Other causes to consider are hormonal(thyroid etc.), any lifestyle or residence change, stress, any history of recent illness like typhoid, any chemical procedures, etc. These causes need to be considered and treated as they affect hair growth. For now, you may apply hair Minoxidil solution to scalp with hair supplements daily like Collinear. This needs to be continued at least for 2-3 months. Do consult a dermatologist as well, to assess your type of hair loss and to give you treatment based on the results. They may also suggest some routine blood tests if required.is medical, methods do not work well for you, certain new surgical procedures can be considered such as PRP.hair transplant etc., as will be advised by your consulting doctor after observation. Hope this helps you.

my name is dishank gupta last 4 months I am suffering large amount of hair fall.i was go to meet docter us agarwal in sms hospital jaipur he gave me medicins (nid cort lotion, inoxi-lotion, tab bionid, tab carbocol, cap nidze, cap reco2) and I took these medicine for 15 days after that my hair fall problem was solved but right now again I am saffering hair loss so can I again go for these medicins???? And in the meditation I sufferd headache, pimples and jast sleeping due to tablets (I thinked) so plz suggest me for what to do?

Hi, You may be having halogen effluvium. There may be some cause like anemia, vitamin deficiencies, minerals deficiencies, thyroid dysfunction, stress, sleeplessness, worries, etc. Investigations may be done to find out any cause responsible for the disease. Consult the dermatologist for the perfect diagnosis and proper treatment. Your doctor has given proper . You should continue the same medicines even after you get satisfactory result. In any case of hair fall. The good result takes few months to few years. So, do not stop the treatment. I do not think that acne, headache and sleepiness are due to the treatment. You should also inquire about them from your doctor and that should be treated. Hope I have answered your query. Let me know if I can assist you further. Take care

<p>my name is firoz ahmed,my problems are i m totally unable to concentrate, i have a chronic headache,vomiting per day sometimes its twice or more in a day specially when i take bath,i became depress shortly,there is always cofusion between dream and reality,weight gained,became physically very weak,cry without reason,my brother says i often talk to my self,always there is headache when i wake up in the morning,feel very difficulty in making of decision,always confusion in locking door,petrol filling in the bike,paying the bills i do every thing but after some minute or same tame i forget and cnfussed i did this or not,</p>	<p>Hello have read your query and I can understand your problem. The symptoms you have mentioned as loss of concentration, tiredness, headache, vomiting and other somatic complaints can occur due to a number of conditions. One thing is aromatization disorder which can show such symptoms. Depressive disorder may be other possibility. The confusion arising during bath or confusion in reality can occur due to some psychotic process or heightened anxiety. Other symptoms like loss or work, lack of sleep etc. can also occur in such condition. I would recommend you to consult a psychiatrist for expert opinion. Medicines like SSRI, SARI etc. are useful in such condition. Cognitive therapy is also effective. Thanks</p>
<p>my name is jagadeep and I have a problem of puss formation at my back. I contacted the docotor and he told that its a bioderma and gave some medicines but again there is a puss formation I cant tolerate the pain. please help me regarding this matter. do you think this is due to impurity in blood?</p>	<p>Investigate for culture and sensitivity examination of your pus .2. Blood test for Sugar fasting and post radial .it will guide us about causative organism responsible for causing pus and which antibiotic will be effective against it and second test to rule out diabetes as in this condition infection take long time to cure .maintain cleanliness and proper . Review me with report .take care.</p>
<p>my name is manju garg,age is 54,height is 5 ft 2inches,weight is 50 kg.i am facing the problem of falling hair from last 7-8 mnths.i hv tried alopathy,homeopathy,ayurvedic everything but no proper cure has done.falling is still there and now my forehead starts appearing.Plz help me to get out of this</p>	<p>1.Treating the underlying cause2. Avoidance of stress3. Dietary modifications4. Minoxidil solution to be applied locally to stimulate the hair follicles5. Multivitamin & mineral supplementation, it will be better to consult a Dermatologist to find out the underlying cause & start treatment accordingly. There is no need to worry. Your hairs will grow back again. Wishing you a Good Healthcare care.</p>
<p>My Name is Naveen, My friend Amit Saxena is suffering from food pipe cancer, he is getting treated in Rajiv Gandhi Cancer Institute of Delhi. He is going thru first chemotherapy (Today is 3rd day). As per the doctors, its a stage 4 cancer. Can you help me out in this</p>	<p>Hi, dairy have gone through your question. You have esophagus cancer. As you said it is in stage 4. So surgical treatment is not helpful. Treatment options are chemotherapy and radiotherapy. You should go for that. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>

Input	Output
My name is nikita. Since long we are try to conceive baby. I had one miscarriage . and since long we r trying but we didnt get result. Now my doctor recommend to do follicle study. i have done on 8th day of my period cycle. again i have to go on 11th day of period cycle. i want to know can i do intercourse between follicle study. Means before next follicle study. Please help me. Waiting for prompt reply.	Now that follicle study will be done indicates the ultrasound will find out the size of the dominant follicle. As soon as dominant follicle is 20Å mm or more there is good chance that hormones are normal and ovulation will take place. As soon as ovulation takes place you can have sex to increase fertilization of that ovum by your husbands' sperm. This ovulation can be soon on ultrasound. You can have sex for 2-3 days during that time. Ovulation usually occurs on 14th day prior to next menstrual cycle . GOOD LUCK !!!!
My name is nikita. Since long we are try to conceive baby. I had one miscarriage and now we did our all reports and in that we found that my husband s sperm count is very low. actually his first report is 35million sperm count than he started medicine provironum and fertly M in another report found 50million and motility 80%. than as per our doctor suggestion he stoped medicine and again he did report and in that we found that his sperm count is just 18million and motility is 60%. Why its happen? I m in tension. and now doctor suggest to take medicine EVION Q 100 and Fertly M. Is this medicine fine for him ? what is the use of EVION Q 100. Please help me. Waiting for prompt reply.	Evian Q is vitamin E and Coenzyme Q necessary to prevent sperm damage. There must be d=some damage to testis which is causing decreased sperm. He needs to stop smoking and . Also avoid heated things near his testis like laptop, hot bath, standing near oven etc. If there is normal sperm morphology then both of you can try IVF technique which will take his sperm and fertilize your ovum in laboratory and that will be inserted inside your uterus for growth. This is done in certain centers and may be expensive. First let him try this medicine, if it raises to more than 50 million then better chance of fertility. Let him eat plenty of fresh fruits and green leafy vegetables.
my name is omar. As per the local doctor m suffering from chronic allergy rhinitis . I have a lots of post nasl drip, specially when I wake up in the morning I cough like anything as if therr is somethingstuck in my throat . One of my nostrils is always block. I have tried all kinds of anti allergies n antihistamines n all kind of available nasal sprays but obviously they seem to have a very temporary effect. I ahve been doing gargles of salt n luke warm water but I am not fine n m getting sick of it. My quality of life has gone down to drain. Worst thing is that I am a smoker Plz plz help	Complete Blood Count(CBC).2. X-Ray PNS3. Culture/Sensitivity of the nasal discharge. I would suggest that you should take Fenofexadine 120 mg once a day along with phenylephrine, if already not taken. Rest treatment depends upon the reports of the investigations. You should also get yourself examined by an ENT specialist to rule out Deviated Nasal Septum(DNS). I hope this is helpful to you. Thanks.
my name is raghu and I m 31 yrs. Old my problm is that for the first tim in my age 18 I have my first internal sex with my gf near about 30 to 45 min. After having sex I was again able to do more sex with my partner but now I can t do sex with my partner more than 5 minute and feel week so please suggest me some medicine or help me to boost up my sex power.	Hi, natural methods would be best like leading a balanced life with no alcohol or smoking and a balanced diet. I advise some patients Tadalafil at low doses for increasing sexual energy but only once I have ruled out any heart problems and other associated diseases. So, I would advise you to

consult your Doctor and then only start any medication as they can have side effects. All the best and let us know if we can help you with any other query on the subject. You can also contact me directly by leaving a Direct or a Specialist query. Take care, .

my name is sadiq i am from Hyderabad my age is 28 y ,i am facing dust allergy since 3 yeras the symtoms are like A runny nose Persistent stuffiness Postnasal drip Decreased or no sense of smell Loss of sense of taste Facial pain or headache Snoring Itching around your eyes. these are the symtoms when the allergy are effected sometimes it will get siviour sometimes normal when cold happend then it will get i had used tablets like RUPANEX. please give u r right sugession to whoom i concern to get healthy .

Hi Sadiq, Your symptoms point to an allergic etiology as you mentioned. But it may not be dust allergy, can also be mold, pets or pollen. The allergen has to be identified. Keeping a note of daily activities will be helpful. Avoidance of allergen is the best treatment. You may also need a patch test to identify the allergen. . Always watch for breathlessness and edema, such situation warrants admission and intravenous steroids. So rush to your nearest clinic. I feel you should consult your physician for a patch test of common allergens. Do reply in case of any queries. Thank you.

my name is sanju & i m suffering from nightfall and premature ejaculation since 4 years should i take himalaya confido . If yes prescribed me dose and time of administration and precautions . if any other medicine is availabl plz. told me. i highly thankfull to you.

Hi, I am not aware of Himalaya confide but for treatment of your condition few other things I can advise. There is technique called start-stop technique, and squeeze technique which can offer you more control over ejaculation. Medicine like sertraline, Escitalopram are useful in reducing premature ejaculation and night fall, these medicines are usually prescribed by psychiatrist for treatment of depression but for your condition they are also useful. So I would suggest you to consult psychiatrist for help. He/she would be able to help you with behavioral therapy as well as medicines. Hope this will help you. Regards.

My name is satyajeeet my age is 23yrs old I m student. I just started handjob in 7yrs before when my age was 16 .and now its getting worse I do this every day 3/4 times .after that I suffer from headache, can t sleep properly , can t eat properly ,always disturbed ,negative attitude , stress, all time in bed .even I quit to go outside surfing net , watching porn and repeat all that stuff.sir plz help me out

Hi, Nothing to worry about this habit, this is common at this age. to overcome this habit, Concentrate your mind in study or job, Pass some time in sports and with your friends. Avoid sex thoughts and avoid seeing porn or sex videos, Go for regular exercises like running, swimming etc. At night go for seeing good entertainment TV programs and reading good books. Before going to bed pray the god. Ok and take care.

my name is suman magar. Im a college student. Im 5.2 inch, and im 17 years old boy. and im from nepal. I want to increase my height to 6 feet. Is this possible that i can be 6 feet tall? And also i dont do any physical exercise, is there any medicine for help me to increase my height? Please help me sir.

Hello dear, Height of an individual is determined by Genetics, Environmental & Nutritional factors and Hormonal factors (most important the Growth Hormone secreted by pituitary gland in brain) An individual stops growing in height after the fusion of the Epiphyses (growth plates) of the long bones, which occurs by the age of 17-21 yrs in males. So you may still have a chance of increasing your height. Make sure that you are taking a healthy & balanced diet, exercise regularly & avoid stress. Protein rich diet like soda, groundnut, pulses, etc. should be incorporated in your diet plan. One more thing. avoid consuming any over the counter medication which claim to boost

your growth hormone & increase height.it may be harmful. Wishing you Good Health. Thanks and take care.

my name is sunil ,age 20 until today i never taken any treatment to my problem my problem is excess of masturbation and is not stopping ,for excess of this masturbation i am getting frequent urination for every 10min so pl tell my problems solution.

HWWhen young. Later, when they discover that touching themselves on the genitals is pleasurable, they can use masturbation as an escape from their psychological pain. Masturbation can become addictive because it is such an instant tension reliever. There is nothing wrong with masturbation but, as with other activities, it can be destructive when used compulsively as a painkiller to cut off from feelings. Physical exercise is the best method to quit masturbation. Therefore, I suggest consulting a skin specialist for physical examination, diagnosis and treatment. Hope I have answered your query. Let me know if I can assist you further. Take care

my name is utsav singhal i live in india at uttrakhand my father was met with an accident and his 2 ribs has been broken ,liver has been damage and also the kidney so the doctor has remove the right kidney and repair the liver he is in icu and admite on himalayan hospital dehradun

Your father is having blunt chest and abdominal trauma. Traumatic kidney injury needs neurectomy (removal of kidney) and liver injury needs surgical repair. So doctor has done appropriate treatment. Rib fracture don't require surgical fixation. We have to just immobilize the fractured segments so that with time they heal and unite together. Now we need to wait for healing and stabilization of body vitals. We need to give time to body for healing. Usual time for complete healing and stabilization is 1-2 months. So ask him to take complete body rest for 1-2 months. Don't worry, he will be alright. Hope I have solved your query. I will be happy to help you further. Wishing good health to your father. Thanks.

my name is vivek thakur and i using seroflo 250 inhaler for last one year continuously one puff a day and i my asthma is under control. i am a smoker also. in my lifetime i have come across three asthma attacks having intervals of 1 year each. i am also having allergic rhinitis for which i don t take anything except antiallergic(levocetirizine). my question is continuos use of seroflo inhaler one puff a day is harmful for me in the long run? thanks vivek

If you have asthma attacks only once yearly and there are no other asthma related symptoms such as nighttime or early morning cough, shortness of breath, chest pain, then you may not need daily use of the Aeroflot. You should go to your doctor for reassessment to see if your medication can be stepped down since you are in control. There are some persons who require the inhaler for the long run, and it is beneficial since it ensures that the asthma is controlled. The risks of using it are less than the risks of uncontrolled asthma for most persons. I hope this helps

My name is xxxxx and i always feel very dull i don t have any stress on anything, I use to play Sports so much and enjoy lot, I was having some pain in my Head and went to doctor and he told i am having Anxiety, He gave me Nexito 5mg but as i feel it is not required to me as i never feel any stress or Deprrsion, Could you please advise something

Hi there ~ Next is a good medication for depression. Headaches may be due to depression, or they may be independent. Anxiety is also treated with next. I feel like there might be other things that you would like to discuss with a counselor or a therapist. I wish you all the very best. Though treatment is a process you will feel much better in the end. I hope this helped. Take care and have a nice day !

my name is XXXXX i m suffering from a pain more then 4 years ago.pain starts only when i lay down.it awakes me at night just after 4 to 5 hours i could not sleep 8 hours straight.the pain is in

the abdomen i cannot localize it it seems like in the whole abdomen but most in the lower i guess.

help me out with this is really uncomfortable

Hi Thanks for posting your worry. I assume you have been to many consultations and have not had any favorable management plan for your answer? You are suffering from either chronic functional abdominal pain or chronic irritable bowel diseases that if investigated clinically and para-clinically (i.e. laboratory tests, radiology e.g. endoscopy, colonoscopy, abdominopelvic ultrasound, abdominal CT or MRI etc.) we shall probably find no cause such as an infection or tumor etc. This means your problem might be of nervous or genetic origin and will need specialist doctors on the domain of chronic abdominal pain. In the meantime, the pain could be controlled by using low dose antidepressants such as amitriptyline + anti-spasmodic at time of crisis. If you are a female, you will need to visit a gynaecologist for evaluation of your pelvis (reproductive structures). If you are fortunate and a cause of your problem can be identified by the doctors, then you will probably get a cure. Also, you will probably need to check on the meals you eat and see if there is any particular dish or food type which when eaten has a greater tendency of causing the pain. Also, peptic ulcer disease/gastritis needs to be investigated. A stool exams and culture will be paramount to rule out any infections. Hope this helps

my name is xyz i am 21 years old and i am doing masturbation from last 10 to 12 years .my penis size is too small .the size of my penis is 4 and half inch after erection i am feeling too much weakness in my body and losing my years also so i want to increase my penis size and want to make it strong. So please suggest me a good medicine please doctor

Hi, You have wrong impression and false fear of having bad effects of masturbation like feeling of weakness, decrease size of penis etc. Remove all wrong impressions in your mind. Size of penis can not increase by any means, if somebody claims, do not believe. It is genetically built up. But nothing to worry, your size is quite enough to satisfy your partner. Take high nourishing protein diet. Ok and take care.

my one month old baby have bilirubin level at 16 when i tested now, i went to gastroenterologist they gardenal 30mg 1/4 tab a day for 10 days , i just want to know is there any serious ,pls ans the query i was totally worried about this i dont know what to do further.

Not to worry. As the liver is still developing bilirubin will be high in babies.2. If it goes above twenty, it might require intervention.3. Along with medication, exposure to sunlight will reduce bilirubin faster. Be careful, that there is no sunburn due to excessive exposure. It will reduce faster. Not to worry. Hope it helps. Any further queries, happy to help again.

my pappa can t take breath properly from last 2 weeks his feel like suffocation he told his stool and gas not pass properly and tightness feeling in stomach when I visit hospital for checking purpose then Dr told he don t have any problem his oxygen reports are OK his all test reports are normal he don t have any problem they told ur pappa having psychological problem. Actually I don t understand what he is suffering problem , we all family members getting in trouble. Plz Dr advice me what can I do

Chest pain with breathlessness are commonly seen in bronchitis and lung infection. IF his chest x-ray is normal, no need to worry about lung infection. So better to consult pulmonologist and get done clinical examination of respiratory system and PFT (Pulmonary Function Test). PFT is needed for the diagnosis of bronchitis. It will also tell you about severity of the disease and treatment of bronchitis is based on severity only. You may need inhaled bronchodilators and inhaled corticosteroid (ICS). Don't worry, he will be alright. Hope I have solved your query. Thanks.

my penis size is 5 inches and I suffer pain after masturbation.I used to masterbate daily from 14 th age,now I am 23 years old and also my penis grith is so small.Does the length and grith increase if

<p>I stop masturbating and any mention any natural ways to increase penis size?</p>	<p>Hellos you mentioned in the query, you are doing masturbation daily, since 14 years, this is not a bad habit, but excess of everything is bad and that too from 14 years, so quit this thing as early as possible. As far as about the size and about the girth at this age (after 23 years 0, you can't increase the size and girth with natural way. In sexual life only performance play important role not size and girth. So premature ejaculation is not good, if you have, take treatment, otherwise live a normal life. Don't trust over false misleading ads about the size of penis. Good luck.</p>
<p>my problem is my hairfall . some says that i am anemic, so , thats why i have hairfall. itry many medicines , oils, hairgain shampooetc , but of no use. on the front of my head, my skin seems to be without hairs . if i wash my hair regularly then no oil comes on the scalp but if i wash after 2 days , my scalp seems oily and much thin har. please</p>	<p>I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, acute or chronic medical conditions, . From your description, it seems you might be having Halogen Effluvium, which is hairball secondary to stress. In your case anemia is one apparent cause of hair loss. If I were your dermatologist/trichologist, I would like to take through history including family history, history of recent major trauma/illness/stress/medications etc. and recommend some basic investigations like CBC, blood sugar, Thyroid function test. Some other special investigations like pictogram and endoscopy and further aid in diagnosis and prognosis. I would suggest you a course of oral tablets containing biotin and other essential vitamins and minerals for minimum 3 months. Also, would put you on solution containing 5%/10% minoxidil once a day and a hair serum containing peptides for hair growth at night.(Q era etc.). I would advise use of gentle shampoo and conditioner on regular basis and use of coconut oil twice a week. Also inquire from your dermatologist about upcoming treatment options like monotherapy and platelet-rich plasma. Avoid combing in wet hair and let them</p>
<p>my problem is that i am allergic to lot of things like weather change saw dust, taking something cold , the reaction is i start getting uncomfortable there is a littile irritation upper side in my mouth then this passes to my throat and then my chest, shortness in breathing , breath heavily after climbing stars, i had some relief after taking allegra , then i consulted a md he prescirbed montair lc this give me complete relief for one day i feel very comfortable recently i found that after eating rice i felt this is something which is creating this problem. i also suffer from digestion problem is it safe to take montair lc for a long period what will be its long term side effects</p>	<p>As is apparent from your description, you are prone to develop allergy to various substances. If you are feeling better with Montage LC, you may continue it as it's a very safe medicine with hardly any serious side effects. It can easily be taken continuously for 6 to 8 weeks. Moreover, if you have breathing trouble, you may take inhaler medicines like airport, Aeroflot, forecourt etc. Avoid things you are allergic to as much as possible.</p>
<p>my problem is there is a whole in my right side teeth,bcoz of that i cant eat with my right side teeths. &that whole is becoming very large.im worried about my teths,,please sir advice me how can i get back my beautiful teeths. before there was a decay in my right side teeth &when i went to doctor they advice me to take out that teeth (2teeths)i said yes ,,after take outing that i got side effect of my right side eye became slow .i got spectss so im afraid that if i took out my teeth then might be problem of right eye .so plzzzz doctor hlp mee ,,im ur patient i cant hide my pain with u& my lord thanks plzz answer ..samreen romana.*****</p>	<p>I have gone through your query and can understand your concern. As per your complaint as you have a hole in your tooth and there is severe pain along with it that means the decay has involved the nerves and irritation of nerves is causing pain. You should consult a Dentist and get an X-ray</p>

done and in case if tooth in a condition that it can be saved Root canal treatment can be done followed by antibiotics and painkillers. In case if it cannot be saved due to extensive decay it has to be extracted. The other thing that I would like to make clear is that extraction does not cause any problem in the eyes, and it is a simple myth, so better don't think of all this negatives and go ahead for treatment. As of now for pain relief you can take TRAMADOL 50 mg thrice a day but not more than 5 days. Hope this information helps. Thanks and regards. .

Input	Output
my query is i am having a baby girl , her weight is 8.8 kg and her birth weight was 3.2 and she is 1 year old now. I am giving her 5 times a meal which are healthy but still she s not gaining wt but she is active and one thing that always make me worry that she do potty 4 times a day . is this the reason that she is not gaining weight and how can i improve on this.	<p>In the first place, you are absolutely incorrect in assuming that your child is not gaining weight. She is absolutely fine, as far as I can judge. While it is mentioned in books that. It also depends on the genes she has inherited. For example, either you or your spouse may have been like this at 1 year of age! And the child is following in your/their footsteps! Doing 4 stools every day is normal for her, so don't worry about this. A change in stool pattern is abnormal. Otherwise, every child has a different routine for stooling.</p>
My question is , i have a daugHi Ther of 6 months and she has a cold, cough and when she takes breath her chest make some sort of noise and from last 3 months we are giving her T-minic syrup and sometime tixilyc syrup but both the syrups are not giving relief to my daughter so request you to kindly suggest a appropriate medicine for cough relief. Thanks & Rgds, Muhammed Zarrar.	<p>Hi, your child is suffering from Upper respiratory tract infection(Bronchiolitis). Give her syrup Theoaasthalin 3 ml thrice a day, Syrup Kindred 3ml twice a day. This will reduce inflammation and congestion of her chest. Put position nasal . If possible, give her Stalin nebulizations 6 hourly. Give syrup Cetirizine 2.5 ml once a day at night. This will reduce running nose and give her a good sleep. The symptoms usually subside by 3-5 days. Thanks and regards.</p>
my report says : Gall Bladder Contracted with lumen distended with intra-luminal calculi largest 27mm. Wall thickness normal & no evidence of percholecystic fluid. Please let me know is this a normal report or should i have to take it serious. THX	<p>Tithe report they mentioned as GB is contracted with lumen distended with calculi. Usually when we go for scan after fast it will be well distended. But scanning after breakfast/ heavy me GB is partially distended or contracted. Normally nothing will be there in lumen.in your case there r calculi. If GB inflammation is there, we write as per holistic fluid. Youâ€™re report says only calculi / no inflammation. Its only cholelithiasis.Don't worryThank u</p>
my self Amit Pandey from uttrakhand.sir i have back pain on left side for past nine or ten years.i had consult many doctors but no one can give me better relief for pain. today is condition that i cant go to toilet without help.some time i feel pain in my nerv and sometime in my bone . i cant recognised the pain. physiotherapist told me went to aiiems. what i do sir. i have my newly M.R.I. report. plz help me	<p>In my opinion all you need to do is give you back a little rest. For immediate relief have some painkiller along with a muscle relaxant, Gabapentin and have proper bed rest for 2 weeks. Do not lie down on soft mattress use hard one instead, do not sit for longer durations and do not travel long distance for 2 weeks. You can also apply some good anti-inflammatory painkiller gel on your back. If the pain increases do some hot fermentation locally. Get physiotherapy done for 10 days with SWD and IR with 10 mins each. After 2 weeks start with some back strengthening exercise. It will help you build you back muscle, and you will be able to continue with your routine works in few weeks with no pain at all. But do not overlook at the symptoms right now. Good luck</p>
my self Ravika Rajput,sir my father is having a problem in his left side chest part.His treatment is going on in jabalpur .His citiscan report says that in his left side lungs their are some white spots ,doctor Bharani from jabalpur hospiital says that it is a kind of infection but he dosent able to tell about this infections clearly first he asked us for many test, the test reports says that he is not	

having tb nor cancer nor pneumonia. We don't know what to do now please give us some advice regarding his treatment.

Hi Ravine, Thanks for writing in. First, I would like to emphasize that a diagnosis can only be made after correlating clinical findings with X-ray /CT scan findings. Secondly, a diagnosis like TB/Cancer/Pneumonia can only be ruled out after the clinical symptoms have been correlated with the investigations. To be able to help you better, I would need to know the symptoms that your father has. Other causes of white spots in the lungs on CT scan can be interstitial lung disease, benign tumors, hypersensitivity pneumonitis, hematological disorders, acidosis and idiopathic pulmonary fibrosis. The treatment can only be decided once we know the cause. Hope this helps. Regards

My sister aged 55 years just last week diagnosed for stage 4 esophageal cancer. Doctors at Kidwai not starting any treatment may be the health condition of my sister is not good. Can you please suggest any other alternative treatment for this.

Hi Sorry to hear about your sister. Treatment for stage IV esophageal cancer will be aimed at palliation and not cure. The treatment will be dictated by the symptoms she has and the type of cancer adenocarcinoma (chemo therapy) or squamous carcinoma (in this case radiotherapy can be given). In case she has difficulty in swallowing an esophageal metal stent can help to relieve her symptoms. All these treatments are to be decided after looking at the performance status and site of tumor. IN CASE THE PERFORMANCE STATUS is poor only symptomatic treatment can be offered Hope this helps Regards

my sister has been suffering from respiratory disorder she is getting the problem to inhale the air. in previous time she had fluid in her lungs but it's operated now. so that is related to it or may be other problem. plz give me some suggestion .to whom should i consult?????????

Clinical examination of respiratory system 2. Chest x-ray 3. PFT (Pulmonary Function Test). Chest x-ray is needed to rule out lung infection and fluid in the lung. PFT is needed to rule out bronchitis. She may need antibiotics, inhaled bronchodilators and inhaled corticosteroid (ICS). Hope I have solved your query. I will be happy to help you further. Wishing good health to your sister. Thanks.

my sister is suffering from abdominal pain which occurs due to gas? she says that a ball of gas occurs in stomach which is very painful for 15-20 mins and then it dissolves? please give some suggestions for this as she is suffering from this problem since last month?

She may be experiencing symptoms of bloating. This can be due to: (1) GERD - gastroesophageal reflux disease, this would be treated by changes to the diet such as reducing spicy/acidic/fatty foods. Using small frequent meals Reduction in chocolate, mint, onions, tomato (2) due to use of gas producing foods such as broccoli, cabbage, turnips, beans, carbonated . The treatment would depend on the cause found. I hope this helps

my sister Monisha Kundu, aged 9 yrs, is suffering from allergy from past 2 years. Her allergy has mostly started from dust and now it has aggravated. She is now very sensitive to smell of a few things and also to food . Lots of treatment has been done till now but in vain. Also a blood profile and allergy test was carried out 2 months back. She was getting better but since 3-4 days back all the problems have started again. She is now suffering from severe allergy problems. Now local doctors has advised her using nebulizer and steroids. She has now reported also pain in heart. Things are getting worse. Please suggest me any immediate treatment for her? also please tell me about the best doctors/hospitals in India from where she can be treated to put an end to this problem?? We are willing to take her to the best treatments available in India.

Allergy or hypersensitivity is practically excessive and improper immune response to something that is not harmful, but the body confuses it with something harmful and hence produces an inflammatory response to combat it. So, the stimulus is something that our body does not normally

need to react to. Dust is one such allergen. There could be many others, and you have to identify the things your child is allergic to. There are two things that can be done. One is to decrease the immune response of the body by the use of steroids, as it is being already done in your case. The other thing is to avoid the stimuli that the body is reacting to. There can be no other type of treatment irrespective of where you go in India or abroad. Please be patient and follow the advice that your doctor has given. It would have been really helpful if I could know the eosinophil count in blood. The chest pain that you mentioned need not be in the heart. It could well be due to gastroesophageal reflux or a lung cause, and it is difficult to comment further without evaluating. Hope that the above information would be helpful to you. Feel free to revert in case of further queries if any.

My sister was born premature baby and now she is 10 years old but she is not able to walk on her own legs and she is suffering from C P but she is able to speak and hear even understands what one says . So will you suggest me some hospitals in Bangalore for her treatment . Thank you

HAs mentioned by you that she is not able to walk, I would ask you to few things, is she having any kind of spasticity in the muscles, is she having any deformity, any kind of contracture, is she able to understand and act according. If you wish your sister to walk then we need to assess her, examine her, check her cognitive levels and if the there is no tightness, contracture, deformity, then we can make her walk with the help of gaiters or walking aids. We can teach her walking if her cognitive levels are good. Hope I have answered your query. Let me know if I can assist you further. Jay In .

my skin on the nose and cheek is going dark last six years i have tried many types of cream like memopy hc ,melacare but result is zero now my friends advised me to use skinlite cream but online i found side effects of this cream plz suggest me what should i do. Thanks. ANNU SIR I AM UNABLE TO PAY BECAUSE I HAVE SPENT A LOT OFF MONEY BECAUSE OF THIS PROBLEM

Hi The pigmentation you are referring to is called plasma. Plasma is a kind of hyperpigmentation seen mostly in females of middle age and is dictated by hormones and sunlight. It treatment is challenging but with proper regimen good results can be achieved. Usually the treatment is divided into clinic based treatment and home based. At clinic, I suggest series of chemical peels like glycol, Lesser, TCA with or without microdermabrasion. At home, you can apply cream containing comic acid, albumin, etc. and vitamin C serum for maintenance. Use high SPF sunscreen on regular basis. Use glycolic acid based face wash. Hope this will take care of your issue. .

My son 12 years old is suffering from severe allergy cold for the past 4 years.last year he underwent a surgery for adenoid and tonsils.for the past 4 years he is under medication and takes levocetizine tablet daily.but now he suffers from severe block in the nose and finds very difficult to breathe.now again he is suggested to go for a laser surgery in the nose for sinus and bent in the nose bone.we are helpless now.please suggest us the correct solution.please

Hello dear, Thanks for writing at As your son is only 12 year old. And last year he went for surgery and now in present if he has very much difficulty in breathing due to internal structure of nose the medication alone will not help. If there is a severe block then it could pressure on his other veins damaging it. So it is better to go to a specialized, who could diagnose the actual problem and suggest you better.However if your child goes after the doctor say for surgery then make sure it is done from specialize person in that field. But you don't need to worry, these surgeries do not have mucplications and now days done successfully without any complication but a proper study of that individual case or condition is neededThanks . IqbalPsychologist & Psychiatrist

My son 2 years 3 months old get high fever 10 days back and watert loose motions with head

<p>warm .I give him medicines under paediatrician guidance , but now he get cold ,cough,sneezing and loose motions .So suggest me are , all these are symptoms of teething</p>	<p>Hi.teething will not cause these symptoms. But the teeth are erupting the kids tend to keep anything they find in the mouth to sooth the sensation and the dirt and microbes on the surfaces will cause diarrhea. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting.you need not worry. I suggest you use zinc supplements (Z&D .</p>
<p>My son 4.6 years old is suffering from stomach ache from past 3 days. we went to doctor and showed him and they gave the injection (pantoprud 40 mg) , cyclopam syrup and Lanzol tablet and still he is complaining about stomach ache. it is coming very frequently. It will be great help if you can suggest some best medicine. Regards Sunil</p>	<p>It is difficult to comment on the exact cause without putting my hand on his abdomen. Gastritis is a common cause of abdominal pain that your doctor has suspected and tried to treat. Gastritis can cause an ulcer that might be painful and might take some time to resolve. The location of the abdominal pain in case of gastritis is upper or around umbilicus. Central abdominal pain can also be due to an infection, but generally it is associated with diarrhea. In case of acute appendicitis, the pain is in lower right. Pancreatitis is another possibility where the pain may or may not radiate to the back. It may or may not be associated with vomiting. Bowel obstruction is another possibility. But without diagnosing the actual condition randomly treatment cannot be done. Your doctor would be able to help better. Hope that will take care of your query. Feel free to communicate back in case of further queries if any.</p>
<p>My Son age-4.3 yrs he had fever at 98.5 since morning with shivering. he took 5 ml IMOL syrup. but every four to five hours getting fever again. since 3 yrs whenever he get fever he is getting shivering. why it is happening? Could you pls suggest</p>	<p>Hi.1-2 days of fever is usually viral in origin, and the important thing is that it will be recurrent as you have pointed in your complaint. But I suggest you certain facts regarding viral illness. When you give paracetamol and when the fever comes down for few hours, if the kid is active at that time, then you need not worry. Only Paracetamol will do every 4-6th hourly and that too only if temperature is more than 100 F.Apart from this give him plenty of water. Regards -</p>
<p>MY SON HAS CHRONICAL KIDNEY DESEASE DUE TO HYDROUTERONEPHROSIS DOCTORS AT CMC VELLORE TOLD THAT HE MAY NEED A KIDNEY TRANSPLANTATION 3 OR 4 YEARS LATER. WHETHER THE KIDNEY TRANSPLANTATION DONE TO SUCH A SMALL CHILD ,IF SO HOW IT IS AVAILABLE TO MY LITTLE CHILD AND HOW MUCH OF EXPENSES DOES IT COST</p>	<p>Hellenes your child might need transplant preferably from an HLA matched sibling/parent.HLA typing is done before transplant and who so ever is matched(preferably siblings or parents) is the sonar to avoid transplant rejection. It is the treatment of choice in your case so whether young or old, they have to do it for the survival of your child. We have pediatric nephrologists available all over the world, and also pediatric surgeons, so it's their speciality to treat young souls so you DNT need to worry about the age. About expenses I would say that the procedure itself along with the HLA typing here in Pakistan costs around 1-2 million. I DNT know about your country but yes here in Pakistan we have an institute in Karachi city where it is offered with minimum expenses and sometimes free of cost to non-affording patients. Its called SHUT.you can take information from your expert doctor also. I hope it will help :-)</p>
<p>My son is 3+ years and always have cold and cough. Docter said that its a tendency of mild persistence ashma and it is due to low immunity and will stop when he will be around 5 yeras or so.</p>	

Presently i am giving an ayurvedic medicine to control in so please suggest e what i should do.
Regards.

Hello>Welcome in . Regarding your query for constant cough and cold to your 3+ years old child, though you are giving him ayurvedic medicines for increasing immunity. Considering all aspect of medical history, suspicion of asthma in your child by your family doctor I would like to tell you that asthma is an allergic disorder, and it has got familial history as well. My suggestion is that you should consult a pulmonologist and first diagnosis should be confirmed by pulmonologist after that doctor will tell you about what to do and what not to do for your child to prevent or minimize the episodes. Probably above answers your query. Regards.

my son is 8 months now started 2 days ago,we came home from hosur to theni for a function.for the past 4 days he going motion for 5 times per day.morning and evening he s going normally but in the mean time his motion s very watery.went to doctor he gave zoxakind,econorm pachet and zincovit syrup and ornoderm cream.can I know the reason what happened to my son?

Hi. It seems your kid is having viral diarrhea. Once it starts it will take 5-7 days to completely get better. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting.you need not worry. There is no need to use antibiotics (Soaking) unless there is blood in the motion. Antibiotics might worsen if unnecessarily used causing antibiotic associated diarrhea. I suggest you use zinc supplements (Z&D).

my sperm count is 85million/ml motile is 65% slugish motile is 25% non motile is 10% normal form 75% differmity of heads 10% - - - tails 15% puss cells 8-10% Is this sperm analysis normal for a man to conceive pregnancy if not then what should be the normal

Hello Your semen analysis findings may indicate semen infection. Infection is indicated by presence of excessive pus cells in semen. You may need investigations like routine hologram, random blood sugar, semen culture and sensitivity. You may need to take antibiotics based on culture and sensitivity report. Fertility is expected to improve with control of infection. Sperm motility, count and morphology are normal. Motility should be at least 55 %. Your findings suggest over all 90% overall motility, so it is normal. Sperm count is also normal. It should be at least 20 millions/ml. Sperm morphology is also normal. Only 16 % normal morphology sperms are required for natural fertilization. Get well soon. Take Care .

my sudanely problem before 24 days, firstly fiver & then Dr.ct and MRI,diagnosis neurocysticercosisDr give tablets 1-eptoin* 300 er mg 2-omnacortil 45mg 3-rheovit 4-protera 5-frisium 10 & no drive bike ,no TV & totaley rest so pls clear advic?but loss of office.and medicine long time taken.

I read your query and I understand your concern. If a diagnosis of cysticercosis has been established the treatment consists mainly on antiepileptics to prevent seizures and if the parasite from the imaging seems to be still alive antimicrobial treatment with albendazole. In your case it must be dead because you are only on antiepileptics (option and Frisian). The other 3 . I don't think that you should be taking these last ones for long (omnacortil, revolt and proper), meanwhile if you have seizures (you don't give much info on that) you should continue antiepileptics for a long time, perhaps always. If you are seizure free now, and they are causing side effects it can be discussed the possibility of removing Frisian and continuing with option only. I hope to have been of help.

Input	Output
<p>my uncle age 57 (from very week financial position) was recently having some trouble in breathing, after some tests dr. told us that as he is having high blood pressure that was 180/110, and root cause is some problem in the kidney functioning, his blood urea is 80 and Cretan level is 5.5, we have not started with any medicine til yet, as reports came yesterday only, I want to know what are the chances for him, can he be recovered with medicines or problem has reached to advanced stage. plz plz reply me as soon as possible. I want to know clearly what is his actual position right now and how we can cure him or which way to proceed for better treatment</p>	<p>Tithe reports do indicate that your uncle is having renal failure. The high BP & breathlessness are due to it. First you need to consult your Doctor and do few investigations like urine routine, sonography of abdomen, blood gas analysis. Whether the renal failure is chronic or acute-reversible has to be looked upon. He should be treated with antihypertensives, diuretics to begin with. If breathlessness, urine output does not improve he may require dialysis. Actual prognosis depends on the type of kidney disease. Take care</p>
<p>My uncle aged 52 is suffering from giddiness since last 8 days .He is aged 52 ,sugar and all reports are normal. MRI reports are normal but mentions asymmetrical prominence of lateral ventricle is noted Pleaese can you advise possible reason and remedial measure as we are thinking of taking second opinion from another neurologis?</p>	<p>I have read your message. Ideally I would have preferred to see the scan and the complete report of the MRI. And yes, a second opinion can be sought from a second neurologist. As for the asymmetric prominence of the ventricle, the possible causes are an old infarct of gloss on one side of the brain towards the side where the ventricle is large, or a lesion on the side of the brain where the ventricle is small. As I said, I would prefer to see the scan and maybe a contrast imaging would help better.</p>
<p>My uncle he is 62yrs with sugar complaint and Bp. 4 days back he was attacked by stroke Later CT scan was done. The report said there is blood clot in brain about 4cms. He is in ICU still Now the doctor says it is brain TB. Pls help. Is it curable. Can he survive</p>	<p>Hi, I have gone through your question and understand your concerns. Yes brain TB (Tuberculosis/Tuberculous Meningitis) is curable, but it usually needs longer duration of treatment approximately up to 1 year as comparing to 06 months treatment of pulmonary tuberculosis. He will need good compliance of medication, physiotherapy, general care and regular follow up. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate to ask. I will be happy to answer your questions. Wishing him good health.</p>
<p>my uncle is 50 yrs old and is suffering from cancer for last 1 and half.we took treatment in tata hosiptal in mumbai but now they say nothing is possible at this stage.he was operated twice.for the first time the report wher negative and second time it turned out to be positive .what should we do.should we go for homeopathic treatment.can u please suggets some good homeopathic doctors in mumbai for cancer treatment.</p>	<p>Hi, dairy have gone through your question. Treatment of cancer depends on type and stage of cancer. In late stage surgery is not possible so radiotherapy and chemotherapy can be used. For homeopathy treatment also type of cancer is required. So please tell me which type of cancer your uncle have, so that I can help you further. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.</p>
<p>my uncles esr levels has increased upto 60 his age is around 65 and he is fit.his knees have some severe pain for that he takes some pain killers.his cholesterol is also around 300 what precautions</p>	

he should take and what ayurvedic medicines he can take plz ans

Hi I understand your concern. I am , infectious diseases specialist, answering your query. In my opinion you should take the treatment for joint pain, as ESR increases because of the inflammation of the joints. ESR is erythrocyte sedimentation rate. It is a non-specific marker of inflammation. It can raise in any inflammatory condition. All your father has to do is he has to control the cholesterol and joint pain. I advise you to take anti-inflammatory medication like diclofenac under your doctors' guidance. It relieves pain and inflammation. Please eat high fiber diet like vegetables. Avoid eating high fat diet. High protein diet will be preferable. I advise your father to do small exercise like walking. Because it helps in both reducing cholesterol and joint pain. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

my wife age 35 year has moving pain in her head. After CT scan and MRI it is found that there is subacute subdural hematoma of 5 mm in right and 3 mm in left side. what kind of treatment is required ? is any medicine is available to dilute the clotting of blood ?

Hi There isn't any medicine to make that blood go away. When there is a larger quantity of blood surgery may be done, but doesn't seem to be necessary for that size of the hematoma. The blood will eventually be broken down and absorbed with time, the issue is whether there will be any more bleeding, for that purpose neurological evaluation and repeat imaging is usually required. Also in preventing more bleeding the cause of the hematoma must be clarified, has there been any trauma to explain the bleeding? If not tests to search for coagulation disorders must be done, spontaneous bleed in a 35-year-old is very exceptional in the absence of trauma, an underlying cause must be investigated. Hope I have answered your query. Let me know if I can assist you further. Take care .

My wife have all symptoms of pregnancy from one and half month like headache, backpain, body pain, pain in legs, eating more food, feeling hungry after 2 to 3 hours after meal, breathing problem after eating food, Pain in stomach but when she take home pregnancy test and gravindex test negative result but my wife still have pregnancy symptoms plus now days she feel unconscious for few minutes What is the problem

Hi, I understand your concern. Delayed periods & +ve blood pregnancy test are earlier st signs of pregnancy. Pregnancy test is the confirmation test for pregnancy. Irrespective of all other pregnancy like symptoms. The home pregnancy test is reliable when done after 8 days minimum delay in periods. If it was done earlier in your wives case. Please repeat it after i week. That will confirm the pregnancy status. She must be getting unconscious because of psychological stress following pregnancy test. She needs counseling & treatment for any problem in conception. Thanks.

my wife is O negative and am positive, she delivered a baby boy but died shortly after delivery due to excessive loss of blood . Pls I will like to know if her blood group has anything to do with these. 2) We had over 2 years delay before this conception. I will like to know if it has anything to do with O negative

Hi dear Blood grouping is said as positive or negative based on the Rh typing and antigen. As you are positive, and she is negative, there are chances (not surely 100 % though) that she may develop antibodies against baby blood group, if baby is positive too. But generally the disorder or death occurs of second kid. I am of an opinion that bleeding occurred not because your wife is negative but because of some other reason. But you definitely need to get evaluated properly and counseled before conceiving again. Take care and good luck.

my wife is O negative and am positive, she delivered a baby boy but died shortly after delivery due to excessive loss of blood. Pls I will like to know if her blood group has anything to do with these. 2)

<p>We had over 2 years delay before this conception. I will like to know if it has anything to do with O negative</p>	<p>Hi, dairy have gone through your question. If moths blood group is negative and babies blood group is positive then it leads to Rh incompatibility and chance of hemolytic disease of newborn. Mother should take anti D injection to prevent that. Delay in conception has no relation with any blood group. Consult your doctor and plan accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>my wife is 19 year old, her last mens date-13/08/2011, we intercrose on 04/09/2011, but till the date her period not come, means two & half month already late, today we check prega news kit test,but out off two indicate lines,one is pure red(c) & another slight red(T), so now it possible to take unwanted kit, please help us.</p>	<p>HFIRSTLY, please confirm the presence of an intrauterine pregnancy and also the age of the pregnancy through a trans-vaginal sonogram and a clinical evaluation by a specialist. If pregnancy is confirmed and if you do not wish to retain it, please ask your consultant if a medical abortion is possible (medical abortion is done up to 9 weeks of pregnancy only). Proceed for an abortion, either medical or surgical, as suggested by the doctor, with proper precautions and preliminary investigations like coagulation profile and urinalysis. Hope this helps.</p>
<p>my wife is 35 week 2 days pregnant, yesterday we have 2 shots of betnesol injection at an interval of 12 hours dose 12mg but after that we noticed that baby is not moving frequently as he is doing before??My question is is it due to betnesol injection or at 35 week less movement are observed???</p>	<p>Hi, Lesser fetal movements are observed when the baby grows bigger and starts settling in the uterus with the presenting part, usually the head, fixing in the pelvis. It can also happen when the baby is in distress. Since your wife has been advised steroids, it is likely that she is having a threatened preterm labor. In the scenario, fixation of the baby occurs earlier. The injection is not responsible for the situation. Instead, it helps to prevent respiratory complications should the baby be born preterm. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>My wife is having both the F Ts blocked due to which she is unable to conceive. We also went for an IVF cycle which eventually failed on the 15th day after the ET. I live in India and desperately looking for some treatment for her which can unblock her tubes and help her conceive naturally. Can you please suggest something on this. We both are of 36 years of age. Thanks,</p>	<p>Hi, Treatment to unblock tubes consists of surgery, either open or laparoscopically done. But success of surgery depends on the site & type of block. Also, at her age of 36 years, IVF will give better chance of pregnancy, although it is little costly. We have to understand that success rate of IVF in one cycle is not 100%. You can continue with another IVF cycle if affordable, OR otherwise can go for surgery to unblock tube if it is operable. (After consulting doctor who is having expertise in the procedure)Wish you Good Health.</p>
<p>My wife is suffering from bipolar disorder and taking medicine of Dr.jhawar Varanasi. Now we are in Delhi and we cant find a medicine T-Meat-50. Will you guide me to where I find this medicine in Delhi? Please also write Doctor Name and address where I can go in unexpected situation. Thanks sunil Tiwari YYYY@YYYY 0000</p>	<p>Hi, First bipolar is disorder in which patient has episodes of mania and depression on different points of life. Treatment also needed change according to patient mood. Due to that it is advisable to have regular psychiatrist visit. For current assessment and treatment, you can visit psychiatrist in Delhi with treatment record, so that he can give you prescription for T-Meat-50 or its alternative. I hope this information has been both informative and helpful for you. Wish you Good Health.</p>

<p>My wife is suffering from Bone Tb for 2 months,just above her left brest. 3 days ago she has tested positive for pregnancy. Now, we are in dilemma that should we continue with prenancy or should we abort it. she is on heavy medicines like injections daily and about 9-10 medicines daily. Do u suggest that MTP or continuation of Pregnancy?</p>	<p>Hi have gone through your query and understood the concern. The medications like rifampicin, isoniazid, ethambutol and pyrazinamide have not been shown to be associated with any fetal congenital malformations when used during pregnancy and hence are considered safe.</p> <p>Streptomycin should not be used. Vaccination should not be given. Hepatic function should be carefully monitored, and nutritional supplements amply prescribed to avoid peripheral neuritis. In this scenario, please discuss with your consultant as to the safety of continuing with the pregnancy as the treatment of the disease is also essential and if she needs teratogenic medication, she cannot continue with the pregnancy. Hope your query has been clarified. Take care.</p>
<p>My wife missed her rutuin periods. It my be 6 weeks .Yesterday she gave a pregnancy test and its positive. So what we can do now.?can she takes mifty kit.its effected or not.?accutucaly someone suggest her to use mifty kit.plz answer me</p>	<p>Hi, I have gone through your question, and I think I have understood your concern. Please do not panic. Even if she is pregnant, she can opt for termination of pregnancy with medicines safely till 9 weeks of the pregnancy under expert supervision. Usual procedure involved is.- Tab Mightiest 200 mg followed by Tab Mistrust 600 mcg after 48Â hours. I will suggest taking appropriate antibiotics cover for 5 days. I hope this answer helps you. Thanks.</p>
<p>my wife was facing a problem of Periods irregularity and consulted doctor. The doctor suggested Novelon for three weeks. today she started taking the pill . But I have noticed that in the medicine booklet it has mentioned that persons using this pill often found to diagnose with breast cancer in future life. Sir, I want to know whether this pill is dangerous ?</p>	<p>Hi, Novelon is an oral contraceptive pill which contains both estrogen and progesterone(ethanol estradiol 0.03Â mg, desogestrel 0.15Â mg). It is having side effects like, Weight gain, Headache, dizziness, Nausea,Breast tenderness and enlargement, Cramping abdominal pain, Change in appetite, vomiting, Vaginal spotting etc. According to some studies oral contraceptives may cause estrogen dependent cancers like breast cancer. But the incidence is very low. That too if used for prolonged periods and higher doses. As this is low dose and with limit period of taking, no need to worry. Take care</p>
<p>myself ramesh from india as i am facing lots of problem on fungal infection on the penis area for 7 months . As i applied lots of cream and oinment . Doctor sir can u please recomended any medicine or oninment or fungal cream as soon as possible . I will be thankful for my hole life sir</p>	<p>I really appreciate your concern if this is not the fungal infection, and you are taking treatment for fungal infection then this won't get alright, so this is to be confirmed first whether this is really fungal infection or not, even you have not stated the symptoms, so I can have some clue for the right diagnosis I would love to answer your query if given detail, meanwhile on tentative basis this can be treated with Fluconazole cream and Provide ointment hope this information helps you, have nice day.</p>
<p>myslef sm,r . i wanna have a query about my sister s health. here i proceed with the problems first . she s having the fast heartbeat,somach achae,head,achae, and she will feel thirsty again and again. and he has loads of tension on her head. once i get a response i ll be glad and can u let further details.</p>	<p>HHer symptoms could be related to a metabolic disorder. For this reason, I would recommend consulting with her attending physician and performing some tests: - complete blood count-thyroid hormone levels-blood electrolytes and osmolarity-fasting glucose-urine osmolarity and</p>

	analysis-kidney and liver function tests. A brain MRI may be needed in order to exclude a possible pituitary gland disorder. Hope I have answered your query. Let me know if I can assist you further. Take care .
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Natalie Phillips	Ziad Nasreddine
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One of my cousin aged 31 yrs. He is being very feared to come out from home and not at all going for any job. I mean, he feel that everyone are looking at him when he comes out. seems some inside thoughts going on with him. Pls suggest some remedies.	Hello and thanks for your query. From the description of your cousins problems, it appears that he could be suffering from a psychiatric problem called Social Phobia. Persons with this disorder have excessive fear and anxiety about going out to social gatherings and also fear that other people may criticize them or think bad about them. Now, treatment is available for this disorder, and it is mostly with behavioral therapy. Sometimes, medication can also be used. So, I would suggest that you ask your cousin to go for a psychiatric consultation - for a detailed evaluation and further treatment.
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Input	Output
<p>One of my friend aged 29 years ultrasound report of kidney is both the kidneys are small in size with raised texture and poor cortico-medullary differentiation . The Cortical thickness measures 7 mms on the left and 5 mms on the right. No localised solid or cystic mass is identified in either of the kidneys. There is no evidence of dilatation of collecting systems of either of the kidneys to suggest obstructive uropathy. Kidney measurements are as follows: Right kidney measures 8.9 x 3.7 cms Left kidney measures 8.4 x 3.2 cms It would be great if you can advice me line of treatment we should go about also suggest the hospital where he will get affordable medication above report provided by Bombay Hospital.</p>	<p>Heltraiser cortical echo texture of both kidneys with poor cortico-medullary differentiation may indicate renal parenchymal disease. This condition need proper evaluation. Complete renal function should be assessed. It includes routine hologram, random blood sugar, serum urea and creatinine, creatinine clearance, GFR,serum sodium, potassium,calcium, bicarbonate,phosphate, bicarbonate etc. Proper treatment depend upon findings. Your friend can consult any renowned hospital. Get well soon. Take Care .</p>
<p>One of my friend(Age-42 Years) is suffering from Hepatitis B infection.So just want to know whether this diseases is completely curable or not? If yes than kindly suggest some Doctors name for the same.Your suggestion in this regard will be highly appreciated.Thank you in Advance.</p>	<p>Hi, How are you? I am so sorry to hear about your friends' diagnosis. Unlike hepatitis C where the indications of treating the disease are straight forward, the treatment of hepatitis B is still confusing. But experts do agree that treatment is warranted if the degree of liver damage is high and if the viral load is high then it warrants treatment. Not all hepatitis B patients need treatment (as most patients clear the virus spontaneously) and only a minority of them end up being carriers or chronic sufferers. In regard to your friend, I would first get a Liver function test and a viral load done before contemplating any treatment. He might be one of the lucky few who will not need treatment. Also, if you could provide me your geographical location, I could guide you to a doctor specializing in hepatitis B treatment. Hope this helps, and please do not hesitate to contact me for further clarifications. .</p>
<p>one of my relative is affected from tifoid for the last 3 days. treatment is goin on but cant stop the vomiting. eat someting or taking a glass of water also resulting in vomiting. would u pls suggest some diet.also they r givin saline or glucose water continuously.is it fine?</p>	<p>The use of the saline and other IV fluids is fine to help give back any fluids that are being lost with vomiting. Your relative should hold off any solid food till there is a 4-hour time period with no vomiting or diarrhea. If she/he uses food before this time, vomiting will occur because the body is not ready for it. When . If a whole glass, is used vomiting with occur. For an hour, she/he should use 1 tsp to 1 tbs every 5 minutes, if this is tolerated, then this can be increased. I hope this helps</p>
<p>please help me i want help from a sexologist my problem is that my penis size is too much small and thin and i cum in very short time what i have to do to solve this problem i am married and i am facing too much problem and embarrassment please please please help me out</p>	<p>Degree understand your concerns went through your details. I suggest you not to worry much. From the details you gave it is evident that you worry too much. You are worried about your sexual apparatus and stressed of thinking about sexual ability. If you fear something, it makes you fear even more. Like a person fears cockroach. What is there to fear in a cockroach? You mock. But that is reality. You can satisfy a woman with the help of 2 inches long penis. That is more than enough. Your penis is definitely more than 2 inches. Premature ejaculation is due to psychological problem. Your anxiety about sexual ability is the basic cause. Divert your life from sex to some</p>

other productive work like career. You might need psychological counseling., I am more than happy to provide telephone psychological counseling through . Contact me through customer care, www. .com. Hope this answers your query. Available for further clarifications. Good luck.

recently we had visited a cold place. My 2 yr old son has suffered from cough and cold. when he coughs he has vomit sense also. The cough is severe but not continuous. when we give cough syrup dose then cough stops but after few hours it starts again. please advise some medicine. TIA

Clinical examination of respiratory system 2. Chest x-ray. Chest x-ray is needed for the diagnosis of lung infection. He may need higher antibiotics, antihistamine and inhaled bronchodilator and inhaled corticosteroids (ICS) on the basis of above reports. Tell him tobacco

REPORT OF BLOOD PICTURE---REDD CELLS : Moderately hypochromic microcytic rbc with occasional pencil cells , acanthocytes. Mild Rouleaux Formation White Cells : Normal Platelets : Adequate Mild hypochromic anaemia blood picture suggestive of partially treated iron deficiency +/- anaemia of chronic Disease .WHAT IS THIS DISEASE ????

Hi, dairy have gone through your question. You have hypochromic microcytic RBC. It is most commonly seen in iron deficiency anemia. However, it can also be seen in anemia of chronic disease like tuberculosis, renal disease etc. You should go for s. Iron and ferritin level to check the iron deficiency. Then you should take iron supplements accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

Since last few months I am suffering from kidney stones . After undergoing a KUB it was found that there were three stones in all one in the right kidney measuring 6 mm and two in the left kidney measuring 5 mm in size. After taking medication for last two months, I still feel slight pain in the urethra area and got my second KUB done today. The latest report says the following there is dilatation of left pelvicalyceal system and upper urethra noted. Also there is echogenic shadow measuring 6 mm in middle calyx of right kidney. What does that mean? What is the position of the stone in my left kidney.

Hi, You must understand the Urinary Tract. Urine is filtered from the blood by two kidneys (right & left) which are located in the backside just below the last rib. Then it passes through the ureter to the Urinary Bladder - stored there till certain amount of collection & passed to the exterior through the Urethra (inside the penis / vulva). As long as stone is within the Kidney it may produce pain, but there will not be any blockade (acute & very severe pain). Problem starts once the stone descends via the ureter. If it descends and passes out there will be sudden onset acute pain sometimes vomiting also but relieved after some time. Usually it gets blocked in the upper. Middle or lower part / end - at the junction To treat this problem urine should be made to secrete fast (forced diuresis) hoping the urine will flush away the stone. If it does not pass away & gets blocked anywhere in between consult a urologist & follow his advice. Sometimes blood investigation is needed to assess what type of stone & treat accordingly Best Wishes

since last six months am sensing some symptoms like heavy sneeze when am exposed to mild dust, perfume odour, cold etc My mother is an asthmatic patient since 25 years. am 32 years married and have 2 children. Just wondering if this may be a case of early asthma? If so, please suggest if I can be treated through homeopathy for better prevention. Thanking you. Mrs. Sashikala

If you have only sneezing and other nose symptoms but not symptoms like wheezing or breathing difficulty, I would suggest you not to worry about asthma. Sneezing and nose symptoms are due to allergic rhinitis only. 2. For allergic rhinitis I would suggest you to take montelukast and levocetirizine for 1 month. 3. I would suggest you allergy testing which will help you identify the substances you may be allergic to and also how to avoid them. Based on allergy testing, an Allergist-Immunologist may prescribe you allergen specific immunotherapy which gradually works

on immune system to improve your allergy symptoms.4. In general, I would suggest you to avoid exposure to dusts, smokes and air pollution. 5. As you have asthma in family member, I would suggest you regular breathing exercises and Yoga & Panama to improve your immunity and lung capacity. Hope above suggestions will be helpful to you. Should you have any further query, please feel free to ask at . Wish you the best of the health. Thank you & Regards.

Since long we are try to conceive baby. I had one miscarriage . Now my doctor recommend to do follicle study. i have done. Now my doctor recommend to take Evatone-2mg for next 5 day daily morning, noon and night. Today is my 12day of cycle. I want to know that can i take Evatone for next five day daily 3. And also i m having ovashield daily. Can i take both medicine together. Is this any harmful? Please help me. Waiting for prompt reply.

Hi How are you doing ?taking Ova shield will increase the number of follicles coming out of ovaries. Eva tone is Estrogen hormone to be released from ovary. This hormone is needed to have a good thickness of inner lining of uterus, which is the place embryo/ baby sits or implants. These medicines are not harmful, but they alone will not help in pregnancy. Hope I have clarified your query, do let me know if anymore queries the best .

sir i am 20 years old male the problem is i feel pain every time i can say in my lower abdomen and the pain gets low when i discharge to toilet, and it happens max time when i eat something, sir i have tried many home remedies like eat soft foods like bread yougert rusk etc etc but no improvement i have this issue of more then 5and a half year, so now i want this fix sir so plz help me and suggest me the best, thanks alot.

One is meiosis, which is a global problem and happens due to eating unhygienic food outside. Please get your stool tested by a pathologist and consult your doctor.2. You may be sensitive to any component of your diet, which is irritating your intestines. One sucponent is gluten, which is found in some wheat products. So consult your dietician, and try to exclude food that contain gluten and your symptoms may start improving.3. It can also happen in irritable bowel syn . If the symptoms persist, then I would suggest you to consult your family physician and discuss with him on the above. Wishing you a fast recovery. Thanks.

Sir i am 22 year old. I am having ome problem related to sexual activity. Sir i started masturbating since when i was 16 year old. Now since last 3-4 year when i urinate something whitish emmit from my penish. It happens mostly when i applied some force at the time of potty. I counsulted to a doctor he suggested me confido(himalaya) and daxid 50. Kindly tell me about my problem and suggest me proper medicin.I would be thankfull.

I have gone through your query. Your problem can be due to retrograde ejaculation. This can be due to over stimulation and stopping ejaculation. If this occurs regularly then get an examination by a urologist to rule out any problems regarding prostate. If this occurred after excessive sexual stimulation then nothing to worry. David is used for premature ejaculation. I don't think these . Get a counselling by psychologist or sex therapist. You will be better. Hope this may help you. Let me know if anything is not clear. Thanks.

Sir my name s rajan , and i am suffering from brown spot and acne on my skin , i have used many products to cure this but no results, by using products my skin have become dark and idull. It affected my complexion , now i am using meleglow , so i want to knw is it good So sir can u tell me some Good products 2 make my complexion better and for acne. I will be hearty thankfull to if u will help me. Thanku

Hi Trajan, You need to treat both your pigmentation and acne separately. I would advise you to first get rid of your active pimples. Once the pimples have subsided, you can take treatment specially meant to reduce pigmentation over your face. For pimples, use a good anti acne face wash and

consult a dermatologist for prescribing you with anti acne medicines for oral and local use. If you have a sensitive skin, the doctor will obviously advise mild preparations so that it does not irritate and darken your skin. You can also use a good sunscreen and take oral supplements of vitamin C to prevent further darkening of your skin. Once the acne has subsided, your doctor might advise creams meant to improve pig mentation and complexion. You can also think of taking microdermabrasion sessions or peels. The advantages of peels are that they not only tackle pigmentation issues but also helps in acne. As far as mellow is concerned, there is nothing wrong in using it. It will not help in acne but might help in pigmentation. Take care.

thank you very much for your quick reply. In which way i get rid of my fear about something like speak before audians, writing good logic in programming etc beyond that some fear which always rotate in my mind due to that lot of distractions and stress happens pls kindly provide me a suggestion how to avoid this permanently for your reference i add more information about me name:bala age:24 qualification:B.sc,MCA. I aim to be working in good mnc but due to this daily i feel very bad so kindly provide a solution for me.

Hi Ball, Fear/anxiety about speaking before audience is called Social Phobia, if there are certain other features as well, which need to be assessed. Social Phobia can be helped with both medicines or psychotherapy (talking therapy) Generalized fear/anxiety, if present most of the time will be called Generalized Anxiety Disorder, if, again, there are some other features associated, thus needing assessment again. Again both medicines and psychotherapy help. If you need further help, do not hesitate to use s online consultation services. You will find us all in there, at the end of email or telephone line. Good luck.

thanks for providing this service to all of us. my sister is 41 years old she is suffering from typhoid for a week ago. what are the quick recovery steps she has to take from this disease. height is 5 inches and weight is mostly 60 above. she has more responsibilities regarading household work with her three children. please suggest her. thankyou.

Hello dear, I read and understand your concern. As you know it is a bacterial infection so taking antibiotics in good schedule is very important. I advise you should take ciprofloxacin tablet as antibiotic, pantoprazole as acidity prevention, under your doctors' guidance. Taking a . Diet should be taken small and frequent. High protein diet and low fat and low spicy food is necessary. This will prevent perforation from the previous ulceration. Please complete the schedule of the

this is a case of 61 yrs old male patient with CA Gallblader with liver metastasis at 4th stage.recently patient went throught PTBD and now bilirubin levels are normal. oncologist are suggesting for a Palliative chemotherapy in Vellor CMC Hospital Tamilnadu(INDIA).please guide us any other Institutes where we can get better results or any other sources to expand the life span of the patient. kindly suggest

Hello understand your concern, but the fact is chemotherapy treatment is same everywhere. There is a fixed protocol which is adopted whenever chemotherapy is given. It doesn't make much difference with different centers. I would advise you to stick to the place near to your home so that it is easy for patient as well as his attendants. Except chemotherapy nothing can be done as no curative treatment is possible now. Best of luckThanks

this is arvind from lucknow .sir my mom is suffring from lugs pneumonia.she was hospitalized 15 days in hospital but ,,,,still she is suffer from pneumonia.there are many check up has done .during ct scan of thorex a mass of cell is seen in right lungs .but i get test a FNAC through USG AND CT GUIDED . but there is no malignant cell are seen in both FNAC. sir i am very worry about this i am not able to undestand what i should do for it.pls give me better advice which hospital will be best

for me .

In my opinion, you should take her to SG PGI, Lucknow and consult pulmonologist there. She needs bronchoscopy, BAD (bronchoalveolar lavage) analysis and TBLB (Trans bronchial lung biopsy).BAD analysis will identify the causative organism for pneumonia. TBLB is needed to rule out lung cancer. Don't worry, she will be alright. First diagnose her and then start appropriate treatment. Hope I have solved your query. I will be happy to help you further. Wishing good health to your mother. Thanks.

this is balaji from india . my brother is suffering from joint pain ,low strength,foot pain ,and often fever . this is happening for the past 3year when he got affected from Chikungunya the virus (CHIKV) .doctor suggest to take ASO titer test which result in high value .still he is suffering .i want to know what is the treatment to get cure and how to cure .kindly reply with the expert suggestion thank you

What is your brothers age. He could be suffering from Acute Rheumatic fever which involves heart, joints as well. Since OSLO is high he requires treatment with Penicillin. He needs to get heart check up also. The cure is with Penicillin and sometimes steroids also needed. He can take painkillers like Paracetamol for fever and joint pain under medical supervision, but he needs Penicillin therapy after confirmation of Acute Rheumatic fever. Consult his Doctor right away otherwise he will have high chance of severe complications.

This is in reagds to my Father who is in 50+ now. he has never acted like a mature man as per his age. He never feels like to do anything.Only he wants to eat alot n abuse if his expectations are not fulfilled in tearms of money or food.Earlier his treatment was started at AIIMS but my grandmother interrupted that saying he is not mad. Pls suggest if this is mental illness.can it be cured, if yes how. i wud b very thankful to u.

Hi well come to . His symptoms are suggestive of ?schizophrenia. Since she has habit of abusing and not having self-control and socially with . It seems he's having since long, so he is in chronic stage. Yes you can definitely get help from psychiatrist but difficult to cure him because of chronicity of disease. He has to be under regular check up and regular psychotherapy if recommended by psychiatrist.

this is Mohsin here sir actually I am not circumcised and now I am having problem during intercourse because when skin is pulled back during insertion it cause much painwhat should I doits so painful even once It was tore from where skin is attached under the top and I had much bleed

Hi Cousin, It seems that you may be having mild fibrosis. There is difficulty in pulling the prepuce as there is narrowing of preputial opening. You should go for circumcision as there is no medicine for widening of narrow prepuce. One must remember that circumcision is wonderful surgical procedure. It is a minor procedure done under local anesthesia. You may feel good after the operation. There may be added advantages of circumcision. I hope you got my answer. Thanks. .

This is Prashant Chaturvedi from Lucknow, i would like to ask the best treatment for my Grand Mother that she is suffring from Gallbalder Cancer and the treatment is undergoing to Mr. Rakesh in Asian Hospitol Faridabad in Delhi. They suggest us instent wire put in the body and then decide to operate the gallbladder turner.we hope you will give me best. Thanking You. Prashant Chaturvedi.0000

Hi, Thanks for writing in. I suppose your grandmother has cancer of gall bladder that is causing biliary obstruction. The liver generates bile which is required for digestion of food. The bile is stored in gall bladder. Cancer in the gall bladder can cause problem in bile clearance and this leads to bile getting collected in the liver and there is jaundice. In your grandmother the biliary obstruction due to gall bladder cancer is causing problems. The doctors want to insert a stent to restore bile

flow and reduce jaundice. This is done to bring relief to patient by allowing the liver enzymes to become normal. Complete surgery for gall bladder cancer is possible only in early stages. Please discuss if your grandmother has early cancer and if surgery is planned to remove the gall bladder. Please do not worry.

Input	Output
<p>this is puneet. i am 24 years of age. from last 1 & half years i was suffering from an anxiety. thats why i lost my hair density. my hairs are going thinner. i heard that hair loss due to anxiety is temporarily. it comes back if anxiety is removed. tell me it is true or not? or do me a favour</p>	<p>Yes chronic anxiety can cause hair lossDaily shedding of up to 100 hairs is normal. Excessive hair fall can also be due to male pattern baldness, anemia or nutritional deficiency or certain medical conditions like thyroid disorders, low serum ferritin etc. Take a nutritious and protein rich diet(pulses, milk products, eggs). Avoid routine application of gels or frequent blow . Use a sulfate free shampoo for your hair twice a week. Biotin containing hair supplements can be taken for 3-6 months. Hope this helps. Good luck!</p>
<p>This is Vipul Sharma, from Jaipur. 10 Years ago I met with an accident. My right knee was injured but not factured. Now these days when i started jogging or morning walk, i feel alot of pain in my Knee & unable to walk aswell. Please advise. Thanks</p>	<p>HIt looks that at present you are having pain at your right knee. After ten yrs of good performance if there is pain at your knee then this is most probably not due to old injury. At present this pain can be due to:- Chcon . Till then, you may have a good analgesic like paracetamol or diclofenac for relief from pain. You may also apply a knee cap to support your knee. Hope I have answered your question. Let me know if I can assist you further.</p>
<p>today my maternal grand father passed away.i want to know if there were any chances of him being saved sir he suffered a heat attack two weeks ago.and went into a coma. doctors said that oxyygen coulnot reach the brain plz tell me if there is any treatment for this problem</p>	<p>I can understand your feeling, but that is not the case as you are thinking because the oxygen reach to the brain with the helps of blood, in case of heart attack the pumping action of heart reduces greatly and that cut down the blood supply and consequently oxygen supply, if the heart pump well then this condition can be avoided, hope this information helps you, have nice day.</p>
<p>Today when i rubbed the side of my stomach , just above my hips i found a small knot or lump kind of marble shaped tiny ball inside, when i tried to push it, there was some small pain. Im afraid it might be cancer or tumor . However if i dont touch it im not having problem, What should i do next, is it any cause of concern. God bless you. Best Regards</p>	<p>Hello! Thank you for the query. First you should know that usually cancer in such area does not cause acute pains for a long time. If this lump is near groin region it can be an inguinal hernia. It can get bigger while standing and coughing. If so, surgery can fix it. Such painful lump can be also sebaceous cyst. This is benign soft tissues lump which get painful if it gets inflamed. IT can be also removed with surgery. The best way to have it diagnosed is to perform ultrasound of this area. Hope this will help. Regards.</p>
<p>We are leaving in kashipur (Uttarakhand). My father suffering from leg pain (Thai) He is diabetic patient from last 2 year. Need your guidance for the treatment . What is your recommendations over this Is there any treatment available at haldwani / Moradabad / bareilly etc Waiting for your promptly reply . Thanks & regards Pankaj kumar singh Mob:- 0000</p>	<p>Hello have gone through your question and understood your concern. Pain in the legs can occur as a result of conditions that affect bones, joints, muscles, tendons, ligaments, blood vessels, nerves, or skin. Leg pain can occur at night, while lying down, or while running or exercising, depending upon the cause(an in jury or a chronic disease.) Since the leg contains a number of different structures and tissue types, a wide variety of conditions and injuries can cause leg pain. In your fathers case, in my opinion the cause can be Diabetic neuropathy (nerve damage from diabetes). This is a common cause of leg pain in diabetics. Anyway my recommendation for you is to consult</p>

his doctor because for diagnostic and therapeutic purposes, it is important to differentiate the exact type and location of his pain in the leg. Apart Diabetes other potential causes of leg pain are: Peripheral artery disease, Blood clots (deep vein thrombosis), arthritis conditions, The pain of sciatica (from disc disease of the spine). All these alternatives should be taken in consideration for the right diagnosis and only after the right diagnosis your father can have the right treatment. Hope this is helpful. Thanks for using for your health queries. Wish you all the best.

We have been married for 2.5 years, now when we started trying for a baby did we discover that there was a problem with me. My 1st Semen Analysis showed nil sperm count. The 2nd analysis was done at a specialized lab of a big hospital - they said Azoospermia with Infection (WBC content was high). I then went to a Urologist, he did physical examination and advised that physically everything seems normal. Finally, he suggested a FNAC of both testes and Fertility Profile (LH, FSH , Prolactin and Testosterone). The fertility profile was normal. However, the FNAC results were not good. It shows presence of scattered sertoli cells & germ cells upto spermatids. Leydig Cells are also found. But mature sperms could not be found. The urologist says it is a case of Maturation Arrest / Hypospermatogenesis. Please suggest if that is the only possible scenario?

2) What are the alternatives we have to be parents?

Hi, I am First, you are suffering from the maturation arrest of the sperms. That means that there is no normal mature sperm in your ejaculation. For in vitro fertilization we need a mature, motile, healthy sperm which is not available in your case. So, first you have to take multivitamins and micronutrients a co-enzyme q10 which will definitely increases your sperm count and morphology and motility. Then invited fertilization will be an option. But before that or if the treatment fails to improve the condition, you have some options like artificial insemination using donor sperm. But that depends on your choice.

well iam a 16 year old girl and i have been having sex but its only been two days so idoubt iam pregnant yet i have very strong abdominal pains when i use the bathroom and i have been going to the bathroom really frequently yet urinating very little

Your symptoms suggest a lower urinary tract infection (cystitis). Sometimes this infection follows sexual intercourse. If you'd like to confirm or exclude this diagnosis then an urinalysis may show increased number of white blood cells and bacteria in the urine and a urine culture may reveal the offending organism. I could not suggest any treatment because I don't know if you have a history of allergic reactions to certain antibiotics or you history in general and also whether you've taken any antibiotic during the last 3-4 months or not. This information is very important for treatment decisions. I hope I've helped! If you'd like more information, please ask and I'll be glad to answer.

Kind Regards!

Well my name is Rinku and I am 28 years old with 57 and 78 Kg. Sir from last 3-4 weeks I am feeling very lazy during whole day. It seems that I should sleep throughout the day. Negative feelings have attacked my mind. I don't take interest in my work also. Bodyache and Headache are always there. Also I don't feel hungry. These all I am feeling from last 3 weeks. Sir I am in great stress and felt lazy and dizziness throughout the day. Please help me.

Anytime in the past you had same problems which persisted for more than weeks?2. Any stressful life phase you are currently going through?3. Anytime in the past you felt overenthusiastic, energetic, extremely cheerful, overconfident that persisted for days at a stretch so that even your family and friends suggested you to remain calm and collected4. Any medicines or . Longer time earlier? I would also like you to have a detailed physical examination to rule out some physical ailments. I would be able to guide you better of you get back with these. Wish you an early recovery.

<p>while i do sex with my partner cover skin of my gland penis get lesioned and abrasion. which causes irritation, inflammation and pain.after that my partner got infected with UTI.why this is happening and what is the solution for this .please solve the quarry.</p>	<p>Hi, From history it seems that due to hard sex and lack of proper lubrication there might be having irritation, minor injury to glans giving this problem. Or there might be having some lower genital tract infection of your partner might have caused problem to you. This can give urinary tract infection as well. Both partners go for one antibiotic medicine course for 5 days. Apply antibiotic cream locally. Maintain local hygiene both partners. Ok and take care.</p>
<p>With due respected this is XXXXXX. Doctor i am suffering from Allergy (itching and a runny nose) from several years. I m continuously taking certirizine daily, for 6 month i was recover with certirizine but now it is not working, Now i m taking avil injection 6 mili later in a week but i m not recovering, please doctor tell me what should i do. i will be very thankfully to you. Regards</p>	<p>Dear Najibullah, Antihistamines taken intermittently sometimes seem that they are not working, or you are developing a tolerance/resistance to it. However, this may seem but is usually not the case. What happens is that your allergies are getting worse, and once a day cetirizine is insufficient to make a difference to the symptoms. Avil injection is a short-acting but rapidly acting antihistamine with sedative properties and will NOT recommend this for long term use. You must get a blood test or specific IGE OR a skin prick test to find out what your allergies are. If it is house dust mite, avoidance measures should be in place but optimizing medical treatment with long acting antihistamines like Allegra and nasal corticosteroid sprays are recommended. Immunotherapy (subcutaneous or sublingual) are reserved for patients who do not respond on medical treatment. Thanks.</p>
<p>, Hello my name is AAAAA. One year ago, I was diagnosed with severe symptomatic fibromyalgia . At the time I was in my third semester of nursing school,exhausted and depressed. I was out-of-state, away from family, gained over twenty pounds and felt really alone. Now, I have graduated, returned to my home state, but I still feel a lot of the symptoms and I was wondering if better nutrition along with regular, intentional exercise would ease my symptoms, and pain. Thank you for your time.</p>	<p>Hi there, thanks for asking. The reasons for feeling exhausted are quite diverse. In some cases it is due to thyroid low functioning or other endocrine problems. It may be related anemia. It could also be related dysthymia which is a chronic feeling of low mood. With less probability, it could be related to liver or renal problems. It could be fibromyalgia if you have tender points around your elbow or on the sternum. It is appropriate to ask your doctor to investigate about all the possibilities. If no abnormality is found in the laboratory investigations, you can take advantage of some talk sessions for breaking the chain of events which bring for your exhaustion. I wish a good health for you.</p>
<p>, I am 25, 9stone and 5 6 with no health issues orther than low iron sometimes. I am noticing increasing patches of whiter skin on my legs. I am quite pale anyway but these patches seem to be growing and even if I am in the sun the patches dont gain any colour to match the rest of my skin. It makes the rest of my skin seem dirty. Could you please advise what this is or if there is something I should do?</p>	<p>HiT hanks for using , This may be due to a skin infection, allergy or autoimmune disorder. If it is a fungal infection like Tina tricolor there might be itching and scaling of the skin. This can be treated by antifungals. It can be due to vitamin deficiency and can be treated by b complex tablets. Sometimes rarely it might turn out to be vitiligo, or any precancerous skin lesion. It is advisable to consult a skin specialist and undergo skin tests for further treatment.</p>

, i am 26 year old boy. from last 7days i m suffering from stomach pain in abs mostly in upper abs.
few days ago i saw blood in my stool, it was bcz of stools hardness. i consume more than a 15
glass of water every day. i also do workout in gym. aslo use diertly supplemnts. may i knw y its
happning 2 me. thanks

HBharat, You are a young fellow, active, now doing workout in Gym. I assure you do weight lifting, treadmill etc. This could certainly affect the abdominal muscles causing strain and may be even sprain. Blood in the stool after a hard bowel movement is due to small piles or Hemorrhoids (Internal or external) or may be a small tear or anal fissure. Continue to . Your pharmacist in the

, i am 27 years old.i have one daughter.she has 5 years old now.my daughter has severe hearing loss.in that result my daughter and me and my husband also affected by rubella virus and CMV virus.is it possible if i go for next baby to affect the virus.what should i do before getting pregnant?shall i need any vaccination?is it possible shall i get a next baby without any problems?pls guide me

Hi, Yes Rubella infection in pregnancy can cause hearing loss. By affected do you mean that you have Antibodies to rubella, which was checked by a blood test. Usually if you have already had an infection /vaccination of rubella it is very unlikely for you to get it again. And so you can safely go for the next pregnancy. I would like to know if your 1 child has any other developmental problems or delayed milestones. As that could change the diagnosis and cause of hearing loss. As, if it is an inherited or a genetic cause and not rubella which caused the hearing loss, there could be a recurrence. It would be best to get yourself and kid seen by a fetal medicine specialist to know the cause of hearing loss. Hope this helps. Regards.

, I am a 38 year old woman, married for the last 10 years. We had undergone some infertility treatments earlier.Now my periods are regular.My husbands seman motility very low (5 - 15),but count is normal. Is there any chance to conceive at this age without any treatments.

Hi, Thanks for the query. Usually for natural conception at-least 40 to 50% motile sperms with 15 to 25% of rapidly motile sperms are needed. So he can use some medicines to improve the motility for few months. After that once go for semen analysis. If the motility improves, it is good. If not you can choose artificial methods like Intrauterine insemination etc. For more details you can ask me through: <http://www..com/doctors/> .

, I have been dizzy, my chest hurts frequently, I have lack of energy, tired all the time, and i have weird bruises that have no reason. also, when I get tired my whole body starts to jerk when I am awake. any ideas? I am 27. on no medications, and I weigh 260

Hi . First you have to get check your blood pressure measurement. Then rule out anemia and thyroid problem by HE estimation and serum TSH plus free T4 estimation. If anemia or thyroid problem present than treated accordingly. Now if these two not present than cardiac causes ruled out by. -EKG-Echo -stress test If any cause detected treatment given according to that. Hope this will help you. Advise : Physician or pulmonologist consultation for this.

, i m mitali,my mother is 49 years old, she is suffering from so many problems now a days,, firstly she is having pain in her bones specially backbone, ribs, thighs and arms as well.other then that she has swelling on her legs, and lower abdomen. can you plz give me an idea what is the problem???ill be really thankful to u.

Hlt looks from your details that your mother may be suffering from osteoporosis. You should do following to have relief to her- -Start a calcium and vitamin D preparation.-Give her a mild analgesic like ibuprofen for 2-3 times day for 3-5 days.-Advise her to take milk and milk products like cheese, yogurt,curd, etc.-Weight bearing exercises like brisk walking will be helpful.-Consult to your doctor and get her evaluated for vitamin D and x-ray of spine. Hope I have answered your query. Let me know if I can assist you further. Take care

, im rahul, iam suffering with severe sneezing from long back, i met so many doctors but there is no use, 1 year bac i met one doctor and he prescribed me MONTEC-LC,FLUDAC,OXYPUR, when im using these tablets im feeling good but when iam stopping again the problem arises so please help me what to sir, really im not able to work or go to office with this problem what to do sir,

Feudal (fluoxetine) is an anti-depressant and Your (doxofylline) is an anti-asthmatic. They are not for treatment of sneezing. Only Montcalm (levocetirizine + montelukast) will help control sneezing. You may discuss with your local doctor to add a steroid nasal spray. This along with regular steam inhalation will help reduce your sneezing. Discuss with your doctors why Your was started. Do they suspect lung related problems?

, The doctor told me I had a sinus infection and took two each 7day and last was for 10 day antibiotics. Fighting it since end of august. I am dizzy, nausea, left ear is hurting, I get cold and hot, so hot that My bed will be soak. What do you think is wrong with me

Hi Dear, Understanding your concern. As per your query you have symptoms of sinus infections with dizziness and ear pain which are symptoms of chronic sinusitis and could be due to Eustachian tube dysfunction. Need not worry. I would suggest you to put nasal decongestant sprays for opening of sinuses. You should take antihistamines Levocetirizine and antibiotic such as Cephalosporin combination as infection is present. Montelukast is also effective for this. You should take steam inhalation. Visit ENT specialist once and get it examined. You should go for sinus X-ray and CT scan done as well. You can go for . Do warm saline gargles. Hope your concern has been resolved. Get Well Soon. Best Wishes,

,,i have an bad habit of mastrubution,,,,when i do it,,,i feel my bloodpressure low,,sir i have already a Psychiatrist patient,,but i m young and do this,, sir u tell me,,,that mastrubution have any concern with my head problem or b.p? (sorry for wrong english)

Hi and thanks for the query. and very pleased to be assisting you with your health questions today. I am so sorry to hear that you are in confusion of myths. Masturbation never leads to low blood pressure. But due to myth in society, it leads to sense of guilt. This guilty sense leads to various psychological problem. I think you should see a psychologist as soon as possible and discuss you have any further queries, please don't hesitate to call me again Hope this helps and provides answers to your question. I wish you good health.

Input	Output
<p>,34yrs of age.last year i have some pimples on my scrotum which are painless i went to a doctor and he made some prescription,but the pimple did not clear and i was given another prescription by my doctor who said i should not take another drug,that it will clear by it self,yesterday i notice a lump in my testes that looks like a testes making my testes three in number,theres no pain,no swelling of scrotum,pls what can this be.</p>	<p>It can be the thickened chord, epididymis which you are feeling like third testis or mass lesion.2. The superficial lesions you have mentioned are possibly hair follicle infection.3. This case ultrasound scrotum will help to evaluate the status of the testis and third structure can be delineated the source, and where it is extending.4. Treatment in this case will be a course of antibiotic treatment.5. For the superficial lesions, do not disturb, press, scratch the lesion - maintain hygiene and clean with antiseptic liquid that will help. Good luck. Hope I have answered your query.Anything to ask do not hesitate. Thank you.</p>
<p>,61yr old female, have COPDee 5 4 157# , High pulse rate sitting always over 100 and can reach 135 with shortness of breath with little movement, My O2 is going up instead of down like it use to. After rest my O2 goes back to my normal, room air, 89-93. i do have O2 to sleep with</p>	<p>I read carefully your question and understand your concern. Your heart rate is above the normal ranges, and considering your pulmonary chronic disease, I would recommend performing some cardiac tests (a resting ECG and cardiac ultrasound) to examine your cardiac function and structure. Some blood lab tests would be needed to exclude other possible causes of this symptomatology:-complete blood count-blood electrolytes-blood gas analysis-kidney and liver function tests-thyroid hormone levels-inflammation tests. Respiratory function tests should be done to examine your respiratory disease progression. You should discuss with your doctor on the above issues. Hope to have been helpful! Feel free to ask any other questions whenever you need! Kind regards,</p>
<p>,age 15 i got pimples nd spots on face which is making the face look blackish</p>	<p>Wash your face twice a day with warm water and a mild soap. Gently massage your face. Don't scrub. Overwashing and scrubbing can cause skin to become irritated. 2.Don't pop pimples. Its tempting, but you shouldn't: Popping pimples can push infected material further into the skin, leading to more swelling and redness, and even scarring. 3. Avoid touching your face with your fingers or leaning your face on objects that collect sebum and skin residue like your phone. Touching your face can spread the bacteria that cause pores to become inflamed and irritated. To keep bacteria at bay, wash your hands before applying anything to your face, such as treatment creams or makeup.4. Keep hair clean and out of your face to prevent additional dirt and oil from clogging your pores.5. Protect your skin from the sun. It may seem like a tan masks acne, but its only temporary. A tan may worsen your acne, not improve it. Tanning also causes damage to skin .6. Avoid over the counter acne creams as each skin type is different and creams prescribed by doctor after examining your skin are preferable. You may apply natural aloe vera gel for better results. Regards</p>
<p>,i feel very uncomfortable and i could not breathe properly and i feel little pain in center of my chest! I also have Gastric problems for couple of years! Will this lead to Heart Attack? What should i do to avoid this uneasiness due to gastric problem other than taking medicines. I feel very tired when i get this kind of pain in center of my chest! Suggest me some ways to get out of gastric trouble other than using tablets.And also i have burps every time which makes me even more uncomfortable. I am 21 years old.Thank You.</p>	<p>Gastric producing reasons are following as, Stress (Tension), Spirit,(alcohol)Strain, Smoking,</p>

Spiced food, Sedentary lifestyle, Hectic hurried life, Over eating (feeding), Untimely eating, Strong coffee & tea, No proper rest after meal. Your query is without tablets, treatment of gastric trouble.

As I have mentioned the causes of gastric problem. If you want to get relief, please avoid these reasons. Hope, you have received your answer. Is further any question I will be happy to answer.

Wish you good luck.

,I have a skin colored bump on the top of my head under my hair close to the hairline. It is soft and it doesn't really hurt putting pressure on it. It been there for as long as I can remember but I know it wasn't there when I was a baby. I know if I mess with it and pick at it it will bleed but it just goes back and always stays a skin colored squishy bump. Any ideas what it is ?.

Hi, Dear,1-I have studied your query in depth.2-IN my opinion, this skin lump on head in the hairline, appears to be a sebaceous cyst mostly -as it is there since last few yrs and not since your childhood-t.b-or it could be congenital Desmond.3-I would advise you -to consult a Surgeon-who would differentiate between the causative factors -and would treat it if required suitably.4-Hope this would solve your query to your satisfaction.5-Wellcome for more queries to me On . Thanks once again for your inquisitive query. Have a Good Day.!!

,i ran the london marathon.five days later i began to feel a headache coming on, the day after i developed a chest infection and aches all over my body. the day after i was having shivering episodes with my whole body in muscular spasms. i tried running today feeling a bit better but my chest is still very rattley and irritated. is it wise to try to run? i am 43,156lbs and had asthma for about 3 years.

Respected Sir, hi I evaluated your question thoroughly. As there are associations of headache, body aches, fever and muscular spasms it is indication of underlying problem and more over you had asthma before 3 years. Dear you have to get basic work up in the form of blood test CBC and X-ray chest to evaluate the reason and get treatment accordingly, till then avoid running and brisk exercises dear hope this cleared your query thanks regards, wishing you fast speedy recovery

: Hi,my partner and I are skiing in Niseko, Japan for a week and he had been taking Diclofenac, an anti-inflammatory pills for his back pain as a precaution for he broke his back over a decade ago. Everything was fine for a week and then 2 days ago, he started coughing out blood as he was on a chairlift going up the mountain. It was dark red and slowly easing into just light red as we skied back to our lodge. He was then fine for like 4 hrs and as he went to bed and rolled over onto his side, he started coughing out more blood. We went to the hospital and did a x-ray and blood test and the results came back fine so the doctor just gave him some coagulate pills to stop the blood. Things were well the next day as we skied but today, he started coughing blood again as he climbed a short section uphill on the mountain. He is 35yrs old, and maybe smokes a pack of cigarettes every 3 days. What do you think we should do and what might be the cause of this?

Your friend is having hemoptysis (blood in sputum). In the cold climate, possibility of pneumonia is more. And he is also a smoker. So pneumonia is the likely cause for his hemoptysis. So better to consult doctor and get done chest x-ray to confirm pneumonia. He will need antibiotics and other supportive treatment. Tell him to quit smoking as soon as possible.Don't worry, he will be alright. Hope I have solved your query. I will be happy to help you further. Wishing good health to your friend. Thanks.

: Hie, Daily i am performing self sex atleast once I am secreting sperm out. So can u please tell me will that lead to any problem during sex with life partner after marriage. My health status is good. My age is 22 and my weight is 55+.Hie, Daily i am performing self sex atleast once I am secreting sperm out. So can u please tell me will that lead to any problem during sex with life partner after

<p>marriage.</p>	<p>HelloThanks for query. Based n the facts that you have posted it seems that you have been indulged in masturbation and now worried about problems related to sexual activities in the future.</p> <p>Masturbation is a normal act of an achieving sexual satisfaction without physical intimacy of female partner and every individual practices it in adolescence. First there is myth in a mind of common man that excessive masturbation is the reason of all sexual problems But I would like to state that it has been discussed in scientific forums all over the world and proved scientifically that masturbation does not have any negative effect on any organ or system in the body. All the problems that you are facing now are mind related and due to anxiety. Please see that you do not gate addicted to it and restrict it thrice a week. .</p>
<p>: I have a 1 yr old son. He had been prescribed amoxicillin 2 months back when he had fever. The fever got subsided. But now he is having occasional fever and Paracetamol suspension does not seem to work. Can I administer another course of amoxicillin (antibiotic) now, since it has been only two months since he last took a course of antibiotic?</p>	<p>H95% of the times' fever in this age group is usually viral in origin and hence I do not recommend indiscriminate usage of antibiotic please. If the kid is active when there is no fever and is not having any red flag signs like respiratory distress or blood in the vomiting or motion and if the kid is feeling better when the fever is touching the baseline you need not worry about it at all. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>: i just had sex with my gf she just ended her mensulation the day before and that time i used a condom bt that broke out and soon i gave her a pill and the next day onwards she started having mensulation again as it was over for this mont. what is causing this</p>	<p>Hi, Taking an emergency contraceptive pill is the right decision you have taken. However, these pills act by changing the hormonal levels in the body that are responsible for the menstrual cycles. They sometimes change the cycle. So finding some vaginal spotting or bleeding on the next day of taking the pill is a routine side effect of the pill. There is nothing to worry about. Your partner can expect normal menstrual cycles from next month. If she does not get menstruation, she should take a pregnancy test and visit a gynecologist. I hope this information helps. Let us know if you have any further query. Best,</p>
<p>:I had Chikungunya 15 months ago and now I am experiencing Raynaud phenomenon type symptoms and joint pains especially in the wrists, fingers, digits and also frequency I get swollen up my arm and foot having severe itching.please let me know what to do, is this effect of Chikungunya and what measures to take to avoid completely Thanking you</p>	<p>Thanks for asking at . I read your question and I understand your concern. Yes these symptoms can be chikungunya virus infection as it has three forms acute that resolve in7-21 days, subacute 3-5 days, chronic takes months to years and sometimes there is relapse of Hematological symptoms months or years later. However, you have also to do workup for other hematological diseases like SHE, RA etc. Through ANA, Anti CCP and ESR or CRP. As there is no treatment for chikungunya virus. Take NSAIDs like Advil, Topical steroids like beclomethasone propionate and anti-allergic like cetirizine. Keep your body warm but away from heat and cold. Take plenty of water. Hope it helps best. Don't forget to rate this answer and close the discussion at . Regards .</p>
<p>:i m 26, male. i consulted a doctor last month. she did semen analysis . my count is 39million. but motility is 30%. she refered PATERNIA tablet for one month. now i,m taking that. any side effects will come? for my wife all are normal. her fasting insulin is slight higher(i.e. 27). can i become a father soon. is that motility will get increased in this tablet itself.</p>	<p>Hymen with an abnormal sperm count can conceive, and they have been cases of men with normal sperm counts that have difficulty conceiving semen analysis only measure some of the factors that</p>

affect fertility. It is thought that some of the factors that may improve semen analysis are: eating a healthy diet, reducing weight if overweight, reducing the heat that the scrotum is exposed to, reducing smoking and alcohol use. There are also some medications that are thought to adversely affect the sperm. Paternal contains co enzyme Q 10, lycopene, L carnitine and zinc sulfate. Co enzyme Q 10 is used for cell growth and maintenance and is an antioxidant that protects the body from damage. L carnitine helps the body produce energy and lycopene is also an antioxidant. I hope this helps

! about 4 month my wife got operation her left breast and the result was TB, the doctor advice us AKT-4 tablets, until 2 months we use that tablets as the doctor instruction, but after 2 months we dont know how to use the tablets. let me advice.

Hi The standard treatment of tuberculosis consists of an initial phase followed by a continuation phase. In the initial phase AKT-4 Kit which contains Isoniazid, Rifampicin, Ethambutol, and Pyrazinamide is given for 2 months. This is followed by continuation phase in which AKT-2 Tablet which contains Isoniazid and Rifampicin is given for 4 to 7 months depending on the clinical condition of the patient. Now, since your wife has already completed the initial phase by taking AKT-4 for 2 months, she needs to take AKT-2 for another 4-7 months after consulting her treating doctor. Hope I have answered your query. Let me know if I can assist you further.

! about 4 month my wife got operation her left breast and the result was TB, the doctor advice us AKT-4 tablets, until 2 months we use that tablets as the doctor instruction, but after 2 months we dont know how to use the tablets. let me advice.

Hi, Thanks for the query. Tuberculosis treatment consists of 2 months AKT-4 kit that contains ethambutol, pyrazinamide, isoniazid and vitamin. After 2 months of the treatment a patient should stop ethambutol, pyrazinamide and continue isoniazid and vitamin for more 4 months. The standard of care consists of 6 months. The treatment is extended more than 6 months if a patient has special conditions (e.g., military TB, meningitis, osteomyelitis). Please, visit your doctor for the prescription of the other 2 medications (isoniazid and vitamin). Please note that long time use of isoniazid may cause numbness, prickling, tingling or burning pain in feet or hands (peripheral neuropathy), therefore your doctor may prescribe pyridoxine for the prevention of these side effects. I hope I have answered your question. Please, feel free to ask me more in if there is anything else you need to know. Thank you, .

! am from india .(age 22).for the last 3 months regularly, at nights while sleeping sperms is coming involuntarily.I m very lean&tall GUY!Now i just warn to avoid this situation.I ALSO warns to know y this happens?Because every morning feel very tired & bodypain . I m mentally depressed.please tell me some remedies or suggest me some medicines if it is available. I also heard that coz of this lots of energy & weights will loss. Actually I WANA gain some weight ,for that what s the best way?

Hi, Involuntary ejaculation of sperms is pretty normal, and you need not worry about it. It NEVER causes loss of energy or weight loss. This is a misconception. The option to avoid wet nights is to avoid things that sexually provoke you. For example watching a song that causes sexual attraction, thinking about someone/something that makes you feel sexually pleasurable etc. It might seem more difficult to control these thoughts when comparing to just ignoring your involuntary ejaculation. Since you are not involved in any sexual activity that lets out your sperms, your body is naturally finding a way to get rid of the excess sperms stored. This is the reason for nocturnal emissions. True it causes body pain and tiredness in morning. This will get sorted out if you during plenty of water during those times

! Hello! I am a quite healthy and active 76 year old woman who has never given birth. Was in a car

accident about 6 years ago and wrenched my R shoulder from the back seat to the front. AAbout a year ago someone rear ended me & I jumped out of the car and reinjured that same shoulder.

Have had physical therapy, get massages monthly and am now seeing a chiropractor and it doesnot seem to lbe improving much. An Xray revealed 2 bone spurs on that shoulder. What would U advise me to do. I m continuing exercizes assigned me but not when they hurt or a jabbing pain erupts usually down the center of the shoulder and stops about 4 in. above my elbow . What to do??? Also,I eat well, lots of fruits and veggies, chicken & fish, do not eat many packaged foods and wonder how much calcium citrate does this healthy body need to take as a supplement???

Thanks.Thanks for your response, Mary

Hi, there! X-rays show bone condition only and spurs were found. It says, that biceps tendon and rotator cuff are affected too. Ultrasonography or MRI scan can reveal tendon and bone cartilage condition. You are on the right way doing exercises and physiotherapy. You can make Ultrasound wave therapy with Diclofenac gel or Cortisone shot in shoulder joint, if tendinitis confirms after scans. The last step is shoulder arthroscopy, but seems that Your shoulder condition isn't so bad. I hope this helps

! i am 22 year boy and i am worried about my hand practice problem,i had started this since i was 15 or 16 years old but this problem had effected me alot and it also effect my growth as well , i want to get rid of this plz suggest some solution!

Thanks for your query in , ya it is common in your age group doing masturbation i.e. what you call hand practicing. But it will not hinder any of your growth. The only way is to divert your mind towards your studies or other works. Play outdoor games like cricket, shuttle etc., your body will get exercise and because of it you will get good sleep and don't think about it while sleeping. Practise the above steps you will gradually get rid of it thank you

! I am a 26 years old woman. I have a baby aged 6 years old. I am suffering from pain in the upper left side of my abdomen. The sonography report is normal and there is a point noted in report that a fluid is in POD. But when i touch the affected area of my abdomen that there is an hard object just like a ball.so sir will you please suggest me what the problem may be?

Minimal amount of fluid in POD is normally found in females which is due to rupture of ovarian follicle. As your sonography of abdomen is showing normal report, and hard felling on left abdomen could be a muscle mass. Not to worry about that. Pain abdomen could be due to gastritis.

Medications to reduce gastric acid secretion helps reduce your pain. Hope this helps you. Regards

! I have been suffering low back pain,with sciatica and numbness in both legs and arms!IFT and ultra sound treatments were given frequently!But i am not relieved of back pain!Doctor s diagnosed Degenerative disc disease and L4-L5 disc prolapse for which finally operative measures are to be taken!! am 48 yrs old!Will it be a relief for me if the disc is removed?Thank you, RadhaMohan

Hi, After going through your query in my opinion it is a degenerative spine witpressive symptoms.

Rest in position of relief, Cartilage D once daily, NUROKIND GOLD ONCE DAILY and analgesics (DICLOFENAC 100 MG SLOW RELEASE TABLETS) give relief. Sometimes vitamin D deficiency can aggravate this so serum vitamin D test is advised if it is lower than vitamin D supplementation will be required. Yes, sciatica and numbness will be relieved by disc removal. Backache may or may not be removed. I think your query answered. Welcome to any follow-up query.

! my 11 months old baby had fever 3 days back,it was around 102 F. doctor recomendad p-125 and taxim o forte.after having those medicines he was well these 3 days.today from evening again he is ill,temperature s now 101F.he s teeth has not come yet and he had loose stools also those days but now his stools are ok.please guide me.

Thank you for posting your question. Fever with loose stools in a 11Å month old baby is most likely due to viral cause. In such a case heavy antibiotics like taxi o are usually not indicated. Also, if it is

a viral infection then the fever and loose stools usually take 5-7 days to resolve completely. The fact that the fever spike and loose stools have decreased indicates that the infection is slowing getting into control. Apart from the mentioned symptoms, if your child have blood in stool, toxic look, behavior changes like lethargy or irritability then considering antibiotic would be logical. All that needs to be done for now is monitoring of urine output, fever spikes, presence or absence of blood in stool and behavior of your child along with proper maintenance of HY .

Input	Output
! my SGPT level is 102IU/L and my plasma glucose random is 121mg/ dL. I have problem in my penis head.itching in penis head and itching in lower side in penis foreskin. there are some samall red rashes on my penis head and lower side of penis foreskin,,due to which itching occurs on my penis head,please give any suggestion . what i shall do to normal my SGPT level hai to away this itching	<p>Hi, You have two different issues which have no correlation with each other. For high SGPT you need to investigate with Bag estimation, HCV estimation, USG abdomen scan for primary work up.</p> <p>The rash and itch in penis head, foreskin could be due to fungal balanoposthitis. For that antifungal cream can be applied over that. I suggest you consult a physician for a detailed evaluation. Hope I have answered your query. Let me know if I can assist you further.</p>
! year post chemo for breat cancer and doing very well. I had a bilateral DIEP flap procedure to reconstruct the breast and 2 other scar revision surgeries this year from the procedure. I still have some issue with the tummy incision line with some granulation tissue. It seems like there is a suture that is being rejected and trying to make it s way out. I do work out at the gym and play tennis on a regular basis and I noticed that yesterday I had a lump under my rib cage, right below it. It is hard a feels pretty solid. There is some reddening of this area from the outside and slight tenderness to the touch. Any ideas? Could it be a fatty deposit etc????	<p>HI understand your problem, and you had surgery and chemotherapy. You have some infection in abdominal sutured area from where the flap was raised and seems to be a catgut trying to pass out through the infected area. If so once the catgut comes out of the body the wound will heal.</p> <p>Regarding the swelling except for the hardness, looks like an inflammatory swelling which can arise from the skin, sub cutaneous fat, fibrous tissue or an infected abscess. Rarely Post chemotherapy skin reaction, if radiotherapy was given it can also produce reactions It needs a clinical evaluation and treatment accordingly. Rarely excisional Biopsy may be needed. Best wishes</p>
!! i had unprotected sex with my partner and had an i pill the very next day. Next day i again had sex and also I had 2 i- pills back to back. Now on the day my periods genrally occurs there is a brown discharge instead. Its lasted for 1-2 days. Am i pregnt?	<p>Few days after the administration of the pills, some amount of vaginal bleeding occurs. This is with . It requires no attention. 2. The following period may get delayed by few days to a week after single administration of the pill with multiple administration, it may further be delayed. In all, these effects may get enhanced with administration of more than one pill. So the brown bleeding you have noticed seems to be the post pill with</p>
!! i have a problem with my skin ago . i have black circle on my face like (.cheeks) . i use melalite-xl cream for his but this not showing any effecting now . please help me with this.. and how many times use this , one time in a day or night .how will i use the medicine.	<p>Hello I have gone through your concern and I have understood it. Dark circles can be quite difficult to treat. Melanie -XL cream should never be used for dark circles because it is not meant for dark circles and moreover it can cause irritation and further thinning of the already thin skin around the eye. Hereditary seems to play a significant role. In allergy prone individuals, a condition or state of atop exists & these atomic individuals more often than not manifest with dark circles under the eyes. It also depends a lot on your lifestyle pattern-diet, sleep, computer / TV use and stress. Stressors/ Strain due to working for long hours on computers & lack of sleep play a major role too. Dark circles due to thin under eye skin, the thin skin makes the blood vessels under the skin very prominent and hence this appears dark. You could benefit from using a cream containing vitamin K and Retinol(EGA cream). Use it once a day for at least 3 months to notice a difference. Another</p>

important cause of underage dark circles is Iron deficiency Anemia. As can be judged from some reasons cited, good HY .

!! i m a 3rd yr dentistry student from mumbai. i recently took a CBC for a surgical tooth disimpaction & have had total counts of 21800 and 20000 in two reports a week apart. i don t suffer from any medical conditions nor i am on any medication. the rest of the report is normal. blood sugar levels are also normal. could suggest if there is any problem??

HA WBC of 20,000 indicates an active infection. Did you take an antibiotic? Are you experiencing any other symptoms? Are there complications with healing? Was the dental procedure difficult?

From the information provided, I can only recommend being prescribed an antibiotic and suspect a relationship with your recent dental procedure. Are there additional details that raised concerns to consider taking a CBC? I am available to answer additional questions and am glad to assist you.

Thank you for your inquiry.

!! I would like to let you know that am a school counselor who has to deal with hyperactive, anxious and others. With hyperactive kid have currently working on social skills. Apart from this, could you please suggest any other technique for reducing the child s hyperactive behavior.

Hi . I appreciate your interest in helping. The first step in dealing with a hyperactive child is a comprehensive assessment. This is because the causes of hyperactivity are really varied, and further management depends on the probable cause. The causes could range from a normal variant of child behavior to disorders like ADHD or underlying intellectual / learning disorders or behavioral disorders or even a manifestation of stress. Evaluation is best done taking into account the children behavior in multiple settings, like classroom, among peers, at home, etc. Assessment should also include the parents to look into the parenting methods or look for any stressors at home. Similarly, counselling and therapy should not only involve the child but the parents and sometimes, class teachers also. Behavioral techniques using positive and negative reinforcement, social skills training and providing a structured environment for the child to practice his / her skills can help reduce hyperactive behavior. In certain cases, prompt referral to a psychiatrist for a clinical evaluation would also be important. Wish you all the best.-

!! Im 23 years old and im having problem in my stomach and intenstines since last 3 years. After every 6-7 months. Im on proper medication but still there is pain in ma extreme right of stomach. I only take 2 meals a day. I sleep in early morning like 4/5 nd get up around 2. It is actually bothering me too much now as my work is suffering and twice I had to leave my job . So what can I do to make things better!??

HBy history it seems like you're suffering from acid peptic disease. Your food habits and your stressed life and work pattern has a role to play.you're on regular medication but you're not ad . If uncontrolled you may develop gastric acid reflux, gastric ulcer and duodenal ulcer. Avoid spicy food, tea and coffee.Don't skip any meal. Have frequent small meal. Keep yourself stress-free. Sleep should be adequate. Take Proton pump inhibitors

!i hope you are fine with good health,actually i am a patient of schizophrenia and bipolar disorder since two years.i am using the tablet (Olanzapine 5mg) use 1 tab at daily night, tablet (Escitalopram 10 mg) use 1 tab daily night and and daily morning,basically my problem is i feel very dizziness,drowsiness,appetite and feeling sleepy a lot after taking those medicine,i can never sleep without taking those medicine,kindly give me some suggestion or ay advice that what should i do,i shall be very thankful to you for this favor. regards, Asad Ansari

Hello. Firstly from your mail and your .as diagnosis of bipolar with schizophrenia is one of very rare disorder. Secondly there has been no mood stabilizer in your prescription, thirdly even at 5 mg of olanzapine you are having such sedation. I would suggest you to take a second opinion about

reconfirm your diagnosis once. If your diagnosis remain the same, and you continue to be on same medication than you can decrease your dose of olanzapine which is the main reason of sedation and cause secondary dizziness the whole daytime care

!my son 24 years of age suffers from non stop vomiting severe abdominal pain. Will start at any time no warnings blood work always comes back with white blood cell high, red blood cell count high, hgb high, mchc high, hct high, fragmented neutrophils High, absolute monocytes high, lymphocytes low. doctor diagnosed polycythemia primary and neutrophilic leukocytosis second. doesn t sound right my son. Does not swell or itch. What do u suggest?

Hi. Thanks for your query and an elucidated history. This condition in which all the counts of blood cells is increased t alarming levels is called polycythemia Vera. This is one of the reasons for sudden pain in abdomen and vomiting. This is due to affection of the proximal part of the small intestine called as jejunum. I would suggest you the followingFirst of an opinion of a Hematologist to confirm the reason and to get treatment. You may need bone-marrow biopsy. - Get another opinion of a General Surgeon to see the clinical picture. - Barium studies to find the cause. -The treatment will obviously depend upon the cause found. I hope this answers your query.

Please type your query here. RESPECTED SIR, I want to ask that both Somatoform and somatization disorders are cause due to factors like stress and anxiety so what is the difference between both of them.because we are saying that in Somatoform physical illness leads to anxiety but the cause of this physical illness is the stress itself so how can we differentiate between both of them.

Hi . Somatoform disorders are a group of disorders characterized by predominantly physical symptoms which cannot be explained fully by a medical condition and which are not due to the direct effect of a substance or due to any other mental disorder. There are many subtypes of somatoform disorders and Aromatization Disorder is one such subtype of somatoform disorder. In aromatization disorder, the person has MULTIPLE unexplained physical symptoms, usually involving different systems of the body. All somatoform disorders, including aromatization disorder, are thought to have a psychological basis and are closely associated with stress/ anxiety. It is also important to note that since the mind and the body are interconnected and function in unison, the relation between stress / anxiety / psychological problems and somatic / physical symptoms is often reciprocal. i.e. each one can influence the other. So, when the mind is not at peace and under stress, it can affect the body as well and manifest as physical symptoms. I hope I have clarified your doubt. Wish you good health. -

Please type your query here.My 7 year old daughter has had pain for almost 8weeks symptoms right stomach pain upper middle and lower has developed stomach ulcers equivalent of drinking bleach hurts to urinate looses color in the face having trouble pooping doctors have had me do a clean out of the bowels 7 times know we are working on the 8th time but its not working it has been 7days any IDEAS?

Hi ! Good evening. If I were your doctor, I would advise you to get her urine tested for routine/microscopic and culture sensitivity test to rule out an unsuspected urinary tract infection, and treat the same with appropriate antibiotics which would cure her condition. If inconclusive, I would advise for an ultrasound of abdomen and if need be, an opinion from a gastroenterologist to rule out any intro abdominal pathology. Also, I would advise her not to go for any food from outside to avoid any intestinal infection creeping in causing abdominal pain. I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. I wish you an early recovery. .

<p>please help me i keep having this bad cramping in my abdomen area and sometimes it gets so bad</p> <p>i wanna go to the hospital but they always tell me the same stuff that is very irrelevant to my</p> <p>problems can you help me or am i just pregnant and dont know it yet.???</p>	<p>Hi Thanks for posting your query. I need more information on your problem. Since how long you are suffering from this problem? Do you have vomit or motion problem ? Is your cramps related to your periods ? Is there any burning sensation while passing urine? I advise you to get ultrasound abdomen pelvis and urine routine test done and revert with report. You can use tab Metal spas 2 times a day.</p>
<p>Doctor, I have been experiencing nail biting and a congested chest. What could be the cause???</p>	<p>based on your symptoms, you may have Amyloidosis, a rare disease caused by the buildup of abnormal protein called amyloid in different organs of the body.??169,Amyloidosis,['Nailbiting'],Please generate a dialogue between a doctor and a patient with following disease and symptoms.,Disease:Amyloidosis</p>
<p>My father-in-law has emphysema, very thin (125 ish),on lots of medication,recently trouble with fluid in lower legs. Low O2 blood levels, Just started full time oxygen. But my question is.Heart rate of 130 at most of the time? (Also just stopped smoking because of the O2). Is the heart rate part of the process or is it a preventable issue?</p>	<p>Hi Thanks for writing to , Let me tell you some basics to understand, blood carries oxygen and heart pumps blood to all parts of the body to supply oxygen to the farthest parts of the body. When there is low quantity of oxygen in the blood the heart has to pump more times per minute to supply same quantity of oxygen to the tissues. Yes in case of low oxygen saturation in the blood faster heart rates are normal to find in the patient. It is definitely preventable by taking measures to treat the underlying issues, that is respiratory failure in this case, if you can correct the respiratory failure and oxygen saturation of the blood goes back to normal the heart rates will get back to normal automatically. I hope this answered your question, If you have more queries I am happy to answer you. Regards.</p>
<p>I had unprotected sex once. I ve been on birth control for 8 months, I switched to amethia about 2 months ago. I take my pill everyday. What are my chances of getting pregnant? Also, is it true that if you take 4 amethia pills it is as effective as the morning after pill?</p>	<p>Hi, Thanks for the query. If you use the contraceptive pills according to the guidelines, the possibility of pregnancy is very less. For more details:</p> <p>http://srsree.blogspot.com/2013/11/general-guidelines-of-using-combined.htmlAs you have taken the pills daily, complete protection can be expected. If you are still having doubt regarding pregnancy, go for urine pregnancy test three weeks after the day of intercourse. Oral contraceptive pills in high dose can act as emergency contraceptive pills. But according to your history they may not be needed in your case. Taking single tablet daily as you are taking is enough for contraceptive purpose. Take care.</p>
<p>I have grade II fatty Liver, I have started exercise (1hr brisk walk) and diet control, Reduced weight by about 4Kgs(After GM diet) maintaining the same, still, I am obese required to reduce weight further by about 10Kgs. Please advise the additional precautions, I have to take to reduce/eliminate this problem completely</p>	<p>1.Glycemic test for diabetes mellitus.2. Lipid test for blood fat(cholesterol, Low density lipoprotein(LDL), High density lipoprotein(HDL), triglyceride)3. Check your blood pressure(BP).4. Function liver and transaminase level.5. Ultrasound of liver.6. Magnetic resonance images (MRIs).</p> <p>If the result of glycemic test is positive you need to be treated for diabetes mellitus. If the result of lipid test is positive you should be treated for High cholesterol. As for the diet you need to eliminate: carboy</p>

. Am rahul & am 24 years old .well i have 20 years old girl friend .well v had sexual intercourse 2 times with a time gap of 45 minutes same day on 09-08-2010 using condom. nothing went wrong like condom failure .& my girl friend menses date was on 12-08-2010 but still she didnt got her periods. we are very much worried. is she got pregnant??? .please help. Thank you.

Hallow Rahul, The condom has got good success rate in preventing pregnancy if used correctly. Since you have not noticed any accidents like condom burst or slipping, the chances of pregnancy would be minimal. To confirm, please get her urine tested for pregnancy. If the test result is negative, she is not pregnant. You may give her Tab. Devilry for 5 days and then discontinue it. She should get her period 4-7 days after that. Hope this helps you.

. 12 day back my sgpt was 600. I met doctor.suggest to rest n diet well.6 days back it reduce to 260.again I followed same things.now its 135 today.can I travel?? What should b my diet.? Need.rest?? Is sleeping mode rest giv fast recovery? Thank u sir in advance to consult

Hello can plan travelling but avoid strenuous activities and concentrate on diet. Your findings suggest raised SGPT level. It is good that findings are improving so rapidly. Increased SGPT may indicate liver injury. It may be due to many reasons like hepatitis, alcohol intake, fatty liver,autoimmune causes etc. You may need few more investigations like routine hologram, random blood sugar, lipid profile, viral markers, ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg twice daily for three months to my patients. It helps in regeneration of liver cells. Further requirement of medicines depends upon findings. Get well soon. Take Care .

. a street dog had bitten my sister today. we had onli tt. but not the other injections . bcoz today is sunday every shop is closed. what to do ?? i dont know anything . nd plz tel me if dis dog dies den it wil also effected to my sister .???

Hi . Thank you for the query. You should clean this wound first and cover with sterile gauze, Wounds should be kept elevated and- if there is unknown immunization status of this dog, she should visit doctor and have this wound examined and then further therapy can be planned. But risk of rabies is generally very low NAD you don't have to be concerned.Wish you good health. Regards

. Actually sir we are trying for a baby from 7-8 months. But I ve periods every mOnth. I consulted doctor in between. He told me to got for a course of tablet ovacare for 3 months. I did it. But no response of pregnancy. Now I am very frustrated. So I want to ask you that can I ve sex in my 3day of period to conceive

Hello dairy understand your concerned you have regular period of 28-30 days then your fertile phase is 10th to 18th day of cycle. Do sex daily in fertile phase of period. So avoid sex during your 3 days period. Sex during period increase chance of infection. If pregnancy does not occur then both partner need to consult infertility specialist and undergo reproductive hormone analysis, USG scan, ovarian follicle study, HSG scan and semen parameter for female partner. Specific treatment will require on test results. You can take metformin, camphene and injection for maturation and rupture of follicle. Avoid stress, take healthy diet, .

Input	Output
<p>. Broke a tooth in my upper partial. Had it fixed went to the dentist for fitting and adjustment.got home and mouth began to get irritated with Canker sores etc and right under my jaw on both side is tender to the touch.been gargling with warm salted water and mouth sore rinse. Left side of jaw is slightly swollen. Actually it feels better with the partial in my mouth. What more can I do until I get to my dentist. Also using cold ice packs on my jaw. Help</p>	<p>H forum. The canker sores as well as swelling associated with broken tooth which got fixed can be due to-allergic reactions of material used for fixing tooth. This can often occur due to fracture of tooth involving pulp and thus spreading infection into Periapical area. An x-ray of the tooth will help to evaluate the condition of tooth. If necessary, tooth has to be root canal treated or extracted. Usually antibiotics along with analgesics has to be administered in such cases. To prevent canker sores,vitamin B complex as well as iron supplements has to be administered. Hope this helps.</p>
<p>. Dull constant pain in left lower rib for last fee days, worst at night. Now I ve had stabbing pains sporadically and stabbing pains when I breathe in too fast/deeply accompanied with chills and fatigue. Should I hold out till doctors appointment in morning or go to er tonight? Pain is fairly bad but I don t want to take up space In er if it s nothing to be too concerned about</p>	<p>HI read carefully your query and understand your concern. Your symptoms seem to be related to Costco . I suggest using anti-inflammatory medications such as Acetaminophen to relieve the pain. I also suggest using cold compresses for local application. If the symptoms continue, see a rheumatologist. Hope my answer was helpful. If you have further queries feel free to contact me again. Kind regards!</p>
<p>I am aged 22 years old, at child i am white but came 2 age 16 years ,then my face turn to black color.What is the permanant solution for turn my face into white. Is there any 100% result oriented creams ,which doesnt show any side effects. I consult a dermatologist but i am nt satisfied bcoz,if we r stoping the using creams,tab.then automaticaly turm my face into original color. Technology improved so lot,bt no one founded the good fairness cream, which doesnt show any side effects. Is there any ayurvedic product creams for whitening face. I heard about melder cream .is it best or not.?</p>	<p>Complexion of any person is having two components constitutive, one which is predetermined by genetics and racial factors and usually cannot be changed with any treatment. The other component is due to external agents like environmental exposure, sunlight, use of any cosmetics etc. and is amenable to treatment. You can get a series of chemical peels, which actually remove the upper dead layers of skin and stimulate regeneration of collagen and thus newer layers of skin. Many options are available in chemical peels depending on the requirement and skin type. (Glycol peel, retinol peel, cocktail peel etc.)Also, chemical peeling can be preceded by a simple procedure called microdermabrasion or commonly known as skin polishing to augment the results. Also, at home you can try using cream containing comic acid, betray . Always use broad spectrum sunscreen before going out in sun. Use a plain moisturizer like detail DAM on daily basis for healthy and HY</p>
<p>. i am 23 year old and married. now we r planned for a baby and tried for past two months but she dont get conceived. my test report revealed tat my sperm count was 22 million and 20% motile,05% sluggish,75%non motile. what is the depth of my problem. is it possible for us to get baby even with out any treatment. if not so wats the solution.</p>	<p>Hi. Two months is no time. Every female (in reproductive age group) menstruates every month and ovulates every month but doesn't get pregnant every month. There are uncountable factors that play a role in conception, some of which are not known. If conception does not occur after 8-12</p>

months of unprotected intercourse, both partners need to be thoroughly investigated. Secondly, the semen analysis report you have mentioned is below satisfactory. 22 mill is a low count and further only 20% of these are motile. The semen report varies if the specimen is not processed within 30 minutes. If you carried the specimen from home, a re-examination after 3 days of abstinence should be done. Otherwise, I suggest you to visit a general surgeon who would conduct local examination and examine your testicles. If required, he would suggest a semen culture and a Doppler ultrasound of testicles.

. I am 28 years old and my wife 27 year old. We get married 2 year ago. Now we are planning to have a Kid. We are doing sex since last 3-4 months but everytime my wife gets period so what should we do. and what she should eat to give a birth to healthy child.

Hi, You both are very young & have been trying since 3-4 months, let nature take its time. Child is God's gift, wait for it. Don't burden yourself with investigations / treatment. But if you are very anxious, kindly get investigated. Husband - Semen analysis Wife - Tube patency test- SG / SGI all normal, Have sex daily or on alternate days once the periods stop till day 10 of periods (Day 1 is when bleeding starts). By this older sperms are discarded. Have abstinence of 2-3 days & then have sex daily, any number of times for 4-5 days, which is the time of ovulation. Life of sperm is 3 days & egg is 1 day. By this egg gets to meet healthy young sperms & pregnancy chances are high. No special food for increasing pregnancy chances. Avoid food which makes you obese. All the best.

. I am 28 Years old male from India. for the last 3 years I have been suffering from kidney stones . There occurs severe pain once a month and I was told by the doctor after Ultrasound that there is no permanent solution to end this thing as my kidney has tendency of stone formation. besides this I was told to regularly have Urispas tablet. But the pain has not reduced since then and I can feel a constant pain in the kidney. is there any solution to get relief.

You need a comprehensive metabolic profile check up using some blood tests like calcium, uric acid, sodium and potassium and a 24-hour urine test to see for excretion of various elements like calcium, uric acid, citrate and oxalate. Underlying disorder may be picked up, and you can have a permanent cure of recurrence of stones. In the meanwhile have lots of fluids to ensure a urine output of at least 3 liters per day.

. I am 28 yrs old, male I have lung scar on my upper left lobe almost 8 years. I never suffer from TB. now I want to go to UAE. by GMAC rule of Dubai I can't get visa from the scar of my lungs. now I'm consulting with doctor. he asks me to do sputum, PCR, PPD test. then he will start further treatment. he told me that he will give me TB medicine of 6 months after reading my reports. sir can you tell me that is it possible that I can clear the scar from my lungs with medicine?

CT thorax 2. Bronchoscopy and BAD (bronchoalveolar lavage) analysis. If both of these are normal then you can argue with visa authority that your lesions on chest x-ray are old, healed, fibrotic, noninfectious. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

. I am 32 yrs old trying for a baby since last 4 months. As per ultrasound scan I do not have any cyst and my blood reports are normal. I am 55 kgs and getting my periods every 30 days which lasts for 2-3 days. I am worried since I am not getting pregnant. Please reply and help me.

1.1. have patience, things will settle down slowly, 2. try to have more episodes of sex in fertile period (scientific reason I have told) for not 4-5 months. hopefully you will get result by this. 3. if no results after 4-5 months / you're in very much hurry to become pregnant, visit your nearby gynecologist / infertility specialist for further help. I hope this WZ is informative enough, helpful & useful for your query. Regards- . (inspire of everything normal you are not able to get pregnant. it's normal. all women go through PSYCHOLOGICAL test. don't worry at all. I pray God you get blessed)

with cute baby as fast as possible, hopefully TWINS!!!!!!)

. I am 40 years old having irregular period since January 2012. But Ultra sound taken in January 12 was normal . In the Ultra sound scan taken on 27.7.12, I am having a cyst with septation in left ovary measuring 6.8 cm X 5.0 cm . also thick endometrium with tiny cystitis seen. Liver enlarge (17.5 cm) But other Ultra sound normal. What can be reason/treatment my email id YYYY@YYYY

Hi, dairy have gone through your question. Treatment of ovarian cyst depends on age. In old age removal of ovary is treatment of choice. In young age treatment is conservative depending on the cause. For liver enlargement, you should search the cause. Go for complete liver function test. It will give you exact diagnosis. Then you should take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

. i am a tb meningitis patient. i had surgery on last year and i am using akt4, oflox,claribid(clarithromycin500mg),benadon40mg from last 1year. recently i had and ct scan of brain. the report says status post craniotomy in left fronto temporo parietal region. I11 defined csf density in left temporal region-suggestive of gliosis .can i know whats this.is it curing.

Hi, It seems that you had tuberculous meningitis with tubercular access in left temporal region, for which Left front temporal Craniotomy with evacuation of access might be done. So once operation is done part of brain tissue would be removed. Like any wound in body which when heals will leave with scar, it is the same thing in brain which is called as gliosis. Gliosis is a process of scarring in the central nervous system. It results from the proliferation of astrocytes in an injured or diseased part of the brain, causing the formation of a fibrous glial scar. Although they are a necessary element to injury recovery, both the accumulation of glial cells and subsequent scarring are important markers of neurological damage. Scar cannot be removed, it produces headache and seizure

. I am having a kind of skin rash for the past 2 months on my left leg - shin area. Occasionally, it feels like itching over the affected area and the area gets white. Please suggest me the medication

Hi.dear anger., U have IRRITANT DERMATITIS., White patch is due to damage to melanocytes.ok., Cause is.contact with Allergen., So avoid it., Good treatment is available., Dip Youâ€™re left leg in Lukewarm water with., added KMno4 powder.for 20 MTS.,2) Clobetasol and gentamicin cream 2 times., daily.,3) Tab Levocetizine daily nighttimes.,4) Tab Ofloxacin 200 mg 2 times daily for 3 days., ok.than.,

. i am jayanta from india. Sir , i have a neurological disorder like when i write something i feel a kind of shivering in my hands resulting in a worsened handwriting. inorder to write good i need to put some extra power. Same shivering results when i pick up or hold a phone or a cup of tea for example. This happens more when i am in a public place or someone is watching me writing. I feel a kind of fear these days whenever i take to writing something and my heart beats faster. Can you tell me the remedies or the reasons for this disorder. Sir , i am so distressed. please help me out. yours etc email - YYYY@YYYY

Essential tremors 2. Writers cramp In both these conditions, shivering may occur while writing, making it very poor handwriting. Problems get worse with anxiety. There are good medications available to treat them, such as beta blockers, Pakistan, etc. Your neurologist would be able to guide you regarding the best medications. Best wishes, .

. I am just passed mbbs and now working as medical officer in sub district hospital. My sister s husband having fever since 2-3 days . it reaches 102.5F . cbs is normal with only thrombocytopenia 1,20,000 and malaria negative, dengue and leptospira antigen negative and widal with o titre 1: 20 and H 1:40 at first week . After taking my senior opinion I am started treatment with Magnazone inj. (cefperazone and salbactam) and now today with ofloxacin as signs and

<p>symptoms resemble typhoid . But after 2 dose of inj. ofloxacin , his fever still comes and reaches to 102.3 F max. I want to know how may days required to subside fever in typhoid with ofloxacin treatment ?</p>	<p>Hello Nice to have a question from our community. Single ofloxacin treatment is not sufficient according to me. We are practicing some another regimen with very good results with very low relapse rate. Definite 200 mg 1 tab twice a day+Azithromycin 500 mg 1 tab for 5 days with pantoprazole 40 mg 1 tab twice a day. All for two weeks. You can also use combination of definite+ofloxacin for 14 days. Azithromycin is used for relapse prevention. Hope you will get it.</p> <p>Thanks for contacting.</p>
<p>. i am nivedita . i want to discuss about my mother . she is 50 year old . she is nt normal or behaving normal from some 3 years. she has changed alot she s not taking proper food and rest . used to pray alot and behaves very rudely . whatever we do she always gets irritated. she refuses to see a doctor and dnt accepts that she is not well. she is little stubborn since her childhood but now she used to get aggressive for her stubbornness. she used to mind each and every thing and feels insulted for no reason. she dnt take much care of hygine and do whatever she feels correct . never listens to anybody and used to argue. other than these things there are many more she used to do . please suggest what is she suffering from and what can we do for her .</p>	<p>Hello . Thanks for your query. I understand your concern regarding your mothers psychological problems. Now, increased irritability and anger, mood changes, poor food intake, poor self-care, etc. in elderly persons could be indicative of a depression. However, we need a detailed history and a proper psychological assessment to make a definitive diagnosis. I would suggest that you take her to a psychiatrist for a detailed psychological evaluation and further management. Don't worry, there are effective treatment options - in the form of medication or counselling / psychotherapy which will help overcome you mothers problems. Wish you all the best.</p>
<p>. I am sandeep vasrani from Akola (Maharashtra) my mother is 70 years old & suffring from diabetes since last 9 years. 2 years ago we found that the liver is damaged because of diabetes & doctors said that my mother has a problem called liver cirrhosis. Now in these 2 years she has hospitalised for 3 times because ammonia level was increased. I want to know that how can I maintain amonia level .</p>	<p>HI read carefully your query and I understand your concern. The treatment for cirrhosis with increased ammonia level include medication e.g. Lactulose that decrease the absorption of ammonia and also dietary change, that include the use of vegetable protein instead of animal protein, it is considered add probiotic treatment that have the same effect, decreasing the ammonium level. The changes in diet that you should do to your mother to improve the survival are also, a sodium restrict diet, a low fat diet and adding antioxidant nutrients e.g. vitamin E, Link and adding also Folate and Vitamin B6. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Kind regards, . Maria Bank</p>
<p>. i am suffering from depression since 2009. from that time i have taken regularly medicine and performing my job. now i am so confidence but worried about that if i have leave to take the medicine then again i will go under depression. plz give me ur valuable advice</p>	<p>HDepressive disorder is a type of mood disorder and this occurs in episodes and show recurrences. But that doesn't mean that you have to take medicines regularly for life. As per guidelines, if a person remain symptoms free and function normally socially and in personal life for around 2 years on treatment then the treating doctor can think of gradually reducing the doses.</p> <p>Since, you have mentioned that you are doing well on medicines you can discuss with your doctor and ask for reduction of the doses. Hope I have answered your query. Let me know if I can assist</p>

you further.

. I am type 2 diabetic and gave my self a shot before bed. Woke up with a blister on my lower stomach right side. Felt it sore in the middle of night. Went in to urgent care and Doctor lanced it. He burned my skin. Since than I have returned 3 times. It seemed to be healing but now it is purple around and cheesy looking in the middle. I have been swimming the last cole days.

Hi, Perhaps the skin there has got infected. Central yellowish looking floor and surrounding redness are signs of it. Uncontrolled diabetes predisposes to skin and soft tissue infections. I suggest you to use an OTC topical antibiotic, e.g., either Newsprint Ointment or Mupirocin 2% ointment, twice daily for a few days. In addition, I suggest you to take an oral antibiotic e.g., either Amoxicillin or Cephalexin, thrice daily for a week. Hope I have answered your query. Let me know if I can assist you further.

. I experience a stinging pain in my back beside my spine just at the edge of the shoulder blade, where I can reach with my hand. This happens when I've been doing some work without a back rest. Is it a condition that needs treatment? I'm 22yrs old.

HI had gone through the case and found that it might be due to cervical spondylitis which pressing the nerve and causes pain. Go for cervical x-ray and get the diagnosis. Meanwhile, do hand stretching and neck exercise. Take a short break during work. Avoid pillow while rest. Take mild painkiller if you have pain unbearable and apply muscle relaxant gel and hot water bag during sleep. The pain will subside. Hope my answer will be effective for you. Thanks

. i had sex with my gf yesterday nearly about 2 pm. i pulled out before it could enter. after having sex i found that the condom was torn. i gave her unwanted 72 tablet within 20 mins of sex. my gf is very scared. i don't know what to do. and i also don't know how to prevent. sir please me.

Hi, I appreciate your concerns. When was your girlfriend's last period/ Was she in the unsafe period of her cycle? You have done the right thing by giving unwanted 72 at the earliest to avoid pregnancy. Used in this way unwanted 72 is 95% effective. If her period is delayed by more than a week, get a pregnancy test done (there is a very small possibility of pregnancy due to method failure). To avoid such unnecessary stress I advise her to consult her doctor and start regular contraception like hormonal contraception or have an intrauterine device fitted as they are more effective than unwanted 72 in preventing pregnancy. I hope I have answered to your satisfaction. If you have any further queries do contact me through .

. I have a hip pain in right side of my hip & the pain propagates through my thigh & lower part of my right leg. 15 years back I had a similar problem & doctor gave me nurobin tab. & problem was resolved. I have also observed the pain increases if I sit in arm chairs. Any suggestion to come out from the problem?

HI have studied your case. As per your history there can be hip arthritis which can be degenerative or due to avascular necrosis of femoral head [AVN]. I will advise you to do X-ray of hip again, and you can consult me with reports or with your doctor. After clinical examination IF AVN is suspected then you will need MRI. Till time take analgesic and cartilage protecting medication like glucosamine sulfate. For hip arthritis joint flexion, extension and rotation exercises will help. Physiotherapist will help you better to learn more exercises in proper protocol. If required intra-articular injection can be given. Diet rich in calcium and protein will help. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care

Input	Output
. I have a small lump on right hand on Bycep a year ago .Again i got another Lump 1inche ahead on same hand.now its paining evreyknow and then i regularly apply Iodex or volini geletc to reduce the pain .Is it a cause of concern .both the lumps are hard	<p>Hello! Thank you for the query.These lumps are rather not the reason of concern. Most likely you have some benign lesions like sebaceous cyst or lipoma. Some persons are prone to have this lumps in multiply locations. I suggest you to consult general surgeon with this issue. In case of doubts an ultrasound should be done. Both kind of lumps can be removed with small incision. Hope this will help. Regards.</p>
. I have been diagnosed with ckd. My doctor told me that my kidneys are highly echogenic and my left kidney appear small in size. During dtpa, they found that my net gfr is 56 and split is 18 for left and 37 for right kidney. But I don t know the underlying cause for my kidney damage. Doc said no biopsy.	<p>Hi, Looking to your history, it seems that you have Chronic kidney disease stage 3 with shrunken kidney. Biopsy is a diagnostic procedure to determine the cause of kidney dysfunction. But, biopsy can not be performed on shrunken kidney. It will not give us any answer. Check basic urine report, 24 hour urine protein and BP. These can give us some clue about type of your kidney disease.Don't worry. Consult your nearby Nephrologist or you can communicate with me also with reports. I think this would be helpful to you. Best wishes. TC. .</p>
. I have very itching rash in my buttocks and over my circumsised penis for over than a month. I used to travel in bikes for longer distance. But now i reduced because of this problem. I hardly slept not more than 4 hours in a month. First i went to a skin doctor, he told me that the cause is because of longer bike travel so he gave allercet, ducaine, betanex cream and antibiotics . But it dint reduce my rash. So i changed my doctor yesterday and he told me that the cause is because of unclean clothes i have used and so he has prescribed me alaspan tablet, permite cream(asked me to apply it for whole body, one time a week) and momate cream (asked me to apply it over rashes every morning). I have started his medications right from yesterday. Yet i dont see any improvement. Am i at the right track sir? can i continue his prescribed medications? Orelse i have change it? Please sir, tell me. I havent slept properly for a month. I am depressed.	<p>Hi Thanks for writing here. From the information you are having either scabies. Since you have already been to dermatologist, it will be better to continue the treatment. Only thing is applied permit cream to whole body a single application. Apply full cream at one time only and do not leave any area. This will kill itch mite, but itching will still persist for 10 to 15 days for which you need to continue other medicines. Hope this will help you. Take care.</p>
. i m 27 yrs old lady. not married yet. my height is 5ft 2inch and my weight is 63.whenever i do blood test my esr level always remain high. it never ever gone below 35. doctor use to tell me since ur sick so its high but this time when i did the blood test i was nt sick but even though its high. whats the reason for it. is there any problem inside me	<p>Hi, dairy have gone through your question. Your ESR remains high. There are many causes of high ESR. Tuberculosis, anemia, infection, autoimmune diseases, malignancies, paraprotienemia etc. causes high ESR. In your case you may have autoimmune disease or anemia. You should investigate. Many times many healthy people have high ESR without any known causes. So don't worry if you don't find any cause. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
. I met an accident 14 days back. Except minor injuries, I got to know that my tail bone got fractured	

post consulting doctor & X-ray. Presently using ring pillow for sitting, spine position while sleeping & taking prescribed medicines from last 10 days. Also doing home remedies like having milk with turmeric powder & applying mixture of turmeric & ghee on the affected area, But still having terrible pain. Please advice any other treatment/suggestions so that I can recover soon.

Hi I have studied your case. Wait for few months for relief. For resistant coccydynia sacral local block injection may be helpful. Phototherapy [local injection] may also work for sacral pain. Consult your doctor for injection. Physiotherapy like ultrasound and inferential therapy will give relief. I will advise checking your B12 and D3 level. Continue sit bath and use of ring cushion. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care.

. I really doubt if this feeling is still a costochondritis. I always felt pain at my chest, back, both arms and legs, jaw and even in throat sometimes. and I always felt dizziness and after I ate like at dinner time, I used to vomit and I've got to vomit like a color pink blood. what will I do?

. Noted you are complaining of chest pain. Let me know your gastric cause can lead to referred chest pain. So you could have ulcer in stomach or chronic inflammation that can lead to such presentation. Omeprazole like acid suppressing. If still cause not clear endoscopy after your examination is advisable to investigate further. And in Costco

. i started tb treatment on 25th dec 10. i was diagnosed with abdominal ascites. i am on rifampin. i have continuous pain in right chest and right middle stomach. i experience chills too. i am 29 years old and my weight is 86 kgs, i have a daughter who is 2 yrs now.

Hi. As per your history of abdominal tuberculosis, the treatment is a combination of minimum 4. After a proper response on clinical, laboratory and ultrasonography reports, the 2 medicines in combination of Rifampin is started and to be continued for minimum of 4 to 7 more months. If you have completed the first 2 months of treatment, Rifampin will be sufficient for abdominal tuberculosis and ascites. The pain in the right chest and right middle stomach can be due to sequel or complication of tuberculosis. It would be better if you request for CT scan of the chest and the abdomen to know the exact problem. There will be no problem with the daughter or other family members, you can certainly get investigated your family members for TB.

. i wanted to know that my dad has been diagnosed with throat cancer, at a second stage. it's in the voice box. dr has advised us to operate it? he will be fine after the surgery. do u think it is advisable to get operated at the second stage? pls help us.

Stage 2 vocal cord cancer is indication for surgery. So he should definitely undergo surgical removal of tumor. Stage 2 malignancy means tumor is localized and not metastatic. And hence all efforts to remove the tumor should be done. This helps in prevention of future metastasis and improve life expectancy, five year survival rate etc. So surgery is definitely indicated in his case. Hope I have solved your query. Wishing good health to your father. Thanks.

. i'm 20 yrs old man. i started gym 2 weeks ago and i want to put mass on me. i'm taking multivitamin, post workout and tribulus terrestris. and i also masturbate after two days. i just wanted to know if masturbate plays a role in big muscles? does masturbate cannot let you gain lean mass?? is this true?

Degree understand your concerns went through your details. Masturbation does not cause any health problems because it is natural and normal. But you should keep in mind that masturbation does consume energy. Frequent masturbation can cause. Except this problem, masturbation cannot cause any hurdles in developing your muscles. Go ahead. Restrict masturbation to those days on which you don't go to gymnasium. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute detail possible. Hope this

answers your query. Available for further clarifications. Good luck. Take care.

. Im a wheatish 23 year old female. Im planning to take laser hair removal treatment since I have excess hair growing on my chin and upper lips. I want to know how safe it is. Im gonna get this done by a dermatologist. Will it have any side effects? Will the exposure to these rays give rise to any type of cancer? And how many sittings should I take? Is it permanent?

Hello and Laser hair reduction (LHR) is a very safe and reliable way for hair reduction. Apart from mild redness after the sitting which usually resolves in 1-2 hours, there are really no side effects at all, if done by a well-trained/experienced expert. Laser light used for hair reduction is not associated with an increased risk of skin cancer Or any internal malignancy. Normally 6-8 sittings will give you a good hair reduction. The hair will become finer, the density will decrease and thereby greatly reduced. It is the FDA approved for hair reduction and gives long-lasting results. Prior to LHR any underlying hormonal abnormality if clinically suspected should be confirmed by a lab test. Eg--Serum Testosterone--Serum RHEAS(Dishy .

. my 6 year old daughter was bitten by our 3 month old puppy last week. yesterday, she completed the vaccine. this morning, while she was out side, she was bitten again by the same puppy!! is she still safe? or she needed to have another shot? thank you so much.

H I understand your concern. I suggest you there is no need to worry about second bite, as you had already vaccinated. Bit take primary care like antibiotic, analgesics etc. Also take good care of the wound with regular cleaning and . I will be happy to answer your further concerned can contact me. . Infectious disease specialist. Thank you.

. My baby is 2 years and 9 months old. Since 22nd March 2011 she is having high fever and vomiting. She was also complaining of Stomach pain. We met pediatric and he prescribed meftal-P for fever and Lonazol for Acidity. Right now fever is under control but she is passing motion with mucus. Today she has passed motion 10 times. In last couple of hours she has passed motion 6 times. We are providing her ORS-L. Can you please suggest if I need to do something else.

HIt seems your kid has viral diarrhea. Once it starts it will take five to seven days to completely get better. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting. You need not worry. There is no need to use antibiotics unless there is blood in the motion. Antibiotics might worsen if unnecessarily used causing antibiotic-associated diarrhea. I suggest you use zinc supplements (Z&D .

. my child is 2yrs old. he do not eat soft diet like milk with bread in morning, rice, chapati, apple etc. i knw his premolar teeths r right now coming but still 2yr old childs eat quite enough these kind of foods but :(i dont knw y only my child have this problem.plz suggest me. when ever i put something in his mouth specially when he was empty stomach he saw meal n do vommit :(

1.An active is a well kid even if she/ he is not eating well. 2. Development of a kid is as important as, or I would say even more important than growth alone.3. As the kids grow their interest in food decreases and interest in play activities increases so that they eat small quantity and run away to play. As parents, we need to be more patient and feed than less quantity but more liquors per day.4. This age rather than the quantity of the food I suggest you concentrate more on the number of times you feed her and also make whatever you feed her calorie dense by adding good amount of ghee to it.5. I suggest you not to use appetite stimulants on long run as they may cause .
Regards -

. My dad is suffering from acute pain and swelling in both the knees. Xray reports suggest that knees have been worn out. He is just 54 years old. Is it a good idea to go for knee replacement at

this early age? I have read that Hylagen is a very good option too to prevent pain. kindly suggest if we can go for this option too? Thanks. Sharad

Hi, thank you for providing the brief history of your dad. A thorough musculoskeletal assessment is advised. As your dad has knee pain which is acute in nature, I don't think he needs knee replacement as of now. Due to aging, there will be wear and tear of the weight-bearing joint. Also, taking an MRI of the knee will help understand if the soft tissues and ligaments are proper. If any particular ligament is torn out completely, then a ligament reconstruction can help better at this stage. Also, I will recommend undergoing physical therapy as it is non-invasive and research supports that performing a good physical therapy will help your dad avoid knee replacement too. With the help of physical therapy, the strength, ROM, flexibility, balance etc. can be achieved, and knee replacement can be avoided as well. Majority of my patients recover well with physical therapy and avoid knee replacements. Regards Jay In .

. my gf and i had a oral sex yesterday. and now she is not feeling well. means she had stomach pain and also omitting. is there any chance of pregnancy ??? plzzzz help me out. and if so what is the solution for avoing it???

Hello and I hope I can help you today. You do not need to worry sir-there is no chance of pregnancy from oral sex. A woman can only get pregnant if semen gets inside her vagina or very close to the opening. I hope this reassures you and that your girlfriend feels better. She is probably ill from something else, and please let her know it is not possible for her to be pregnant if she is worried about it. The stress from worrying can make her feel sick, so I hope this information is helpful. Best wishes,

. my husband got hit by a car jst below his knee on 26th april 2014. doctors diagonised it as ligment fracture. he is getting operated after 25th may 2014. can u please tell me wat all precautions should be taken after operation. and how much time will he take to be on his feet agagin

Hi, thank you for providing the brief history of your husband. A thorough musculoskeletal assessment is advised. As he has damaged the ligament, which ligament he has Damaged needs an understanding. Also, he is undergoing surgery for the same, as post surgery the total rehabilitation time will be 3-4 weeks. Undergoing physical therapy should help achieve the optimum results. In my clinical practice, patients I see with ligament injuries, physical therapy is advised, and they respond well to it. Regards Jay In .

. my mother having bypass surgery recently three months ago is facing chest pain issue many times a day. sometimes light and sometimes strong .pain goes to neck n throat .gets easy on sitting sometimes .no sweating. did medicine echo and it is negative. cardio says its some gastric issue and suggests to get checked .she is having gas formation issue and diarrhea type stool in morning everyday. stomach remains hard n swallowed many times.suggest please to identify the reason of chest pain please .

Avoid hot and spicy food.2. Avoid large meals, instead take frequent small meals.3. Avoid stress and tension.4. Take good proton pump inhibitor. Also give ORS (oral rehy . 5. Go for walk after meals.6. Keep 2-3 pillows under head in bed to prevent reflux.

. My mother is 47 years old and she is having severe cough especially in the early morning from last few years. We trated her at many places but that cures for very few days and restarts again. I am really worried as she is having chest pain with coughing blood 2 to 3 times in last few days. Also she is having appetite loss because of stress or something else I am not sure. We did some tests thinking of TB, but it came out -ve. could you please suggest.

Clinical examination of respiratory system 2. Chest x-ray to rule out tuberculosis and pneumonia. 3. PUT (pulmonary function test) for the diagnosis of bronchitis. She may need antibiotic, anti-tubercular . Don't worry, she will be alright. First diagnose herself and then start appropriate

treatment. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

. Rashes appears on my body sometimes of its own and sometimes by scratching as there is lot itching also. I was not able to sleep .this problem started in May ,11 . I consulted dermatologist , he recommended Vozet to be taken daily at night without missing it . I started the course from July,11 . I am not satisfied as rashes still appear . According to the doctor this problem ll take long time , is its safe to take this medicine it don t have any side effects,

Thanks for asking via , you might be suffering from scabies as it aggravates in night. Scabies is an itchy, highly contagious skin disease caused by an infestation by the itch mite *Sarcoptes scabiei*. Symptoms of scabies include a skin rash composed of small red bumps and blisters and affects specific areas of the body. Other symptoms can include tiny red burrows on the skin and relentless itching. The itch leads to frequent scratching, which may predispose the skin to secondary infections. Consult your dermatologist for proper diagnosis. Vozet is a safe . Regards

. recently ive had a heart problem.in ecg report,there are some blockage in heart. write now i m taking alopatedicine. not having pain in heart but while sleeping in night my body specially legs pain too much. m blood pressure z also low. please suggest

Hello. Thank you for your question . I understand your concern. Besides the obvious origins of leg pain, such as bad position or trauma or impact, I would suggest you to explore the vascular side of the problem, to find out whether there is one or not. Do you suffer from various veins (swollen calf veins)? I recommend you to do an echo Doppler study of the lower extremities, also an Angio computed tomography with contrast agent, of this region. It is because of the blockages in your coronary arteries, no matter what percentage they are, which is an indicator that the atherosclerotic process is present in your body. Therefore, we have to search also for atherosclerotic peripheral artery disease. When you have your results back, I recommend a consult with a vascular surgeon. I hope I was helpful. Take care. Best regards,

Input	Output
<p>. SIR.MY WIFE IS 27 YEARS OLD.SHE HAS ESR 79 IN 1ST HOUR. HER CRP IS NORMAL TLC DLC AND HB IS NORMAL TSH NORMAL ,ALBUMIN TRACE IN URINE AND PUS CELL (6-7), USG IS NORMAL CHEST CLEAR DOES NOT HAVE TB OR ANY OTHER PROBLEM BUT HAVE A LITTLE PAIN IN HER LOWER LEFT ABDOMEN AND LOWER LEFT BACK ALSO HAVING FEVER 98-99 F . PLEASE GIVE YOUR OPINION ABOUT HER CONDITION.</p>	<p>Hi. Thanks for your query. Hi Your wife is young - 27 years old, the positive findings of ESR of 79 indicates a chronic disorder, can be tuberculosis of the urinary system. Pus cells 6 - 7, pain in the lower left abdomen and back, with low grade fever is indicative of urinary tract infection with or without a stone. I would advise you the following:Ultrasonography of the abdomen. Intravenous paleography. Cyst- ureteroscopy. Urine - Culture for TB / anaerobic bacteria, and culture sensitivity for routine bacteria. -Broad spectrum antibiotics. The further treatment will be dependent on the reports.</p>
<p>. This is a question related to neurologist. my grandma had a brain hemorrhage as said by doctors. she also had an paralysis attack. now shes in Coma. but she is opening her eyes more than 4 times a day n her leg is moving when we removed her oxygen at home. as per our observation, her breathing is normal. water comes out vry often from her eyes when any one from the family speaks to her. now we are very much confused about this because doctors said there is no hope for her to recover. so its my humble request to you to show me and my family a right way to proceed further.</p> <p>with regards.</p>	<p>Hi, Thank you for posting your query. I have noted your grandmothers history and diagnosis. Brain hemorrhage refers to bleeding in the brain. The outcome after brain hemorrhage depends on the size and location of bleeding in the brain. If you can upload her CT scan of brain report here, it would help us answer your questions better regarding the chances of recovery. The condition you have described suggests that she is semi-conscious and is not able to communicate. However, she is able to recognize people and has emotional responses in the form of crying. Many people partially recover after brain hemorrhage. However, most are left with disabilities in the form of speech impairment, weakness of arm or leg, inability to take care of self, etc. You should continue supportive care, nursing care, feeding through the nasogastric tube, and control of blood pressure. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/</p>
<p>. tried to treat what appeared to be an abscess on the upper gums with raw garlic.It was probably left there too long and now the soft tissue under the upper lip in grossly inflamed.Also the lip and cheeks were puffy, but the lip is not as much now: in 3rd day.Are antibiotics needed?</p>	<p>I have gone through your query, as you have inflamed gums and lips don't worry it can be due to periodontal problem there can be formation of Periodontal Abscess You do is warm saline gargle two - three times a day Do chlorhexidine mouthwash twice daily Consult dentist and go for Scaling and curettage. Hope this will help you. Wishing you good health. Regards</p>
<p>. Warm regards My son is 2 years old. He is having fever for the last 4 days. It comes up after every 3-4 hours. Doctor prescribed Azee 100 once a day 6 mL and Mefanorm Plus 5 mL twice a day. Today is the 3rd day but fever is still persisting after every 5 hours or so. It goes up to 102 and settles down in one hour after giving medication. Plz suggest further plan. Regards Vikram Rishi</p>	<p>Hi, .4 days fever intermittently in a 2-year-old child may be due to viral fever, malaria,urinary tract infection septicemia or middle ear infection. It is not possible to pinpoint the diagnosis without examining the child. Better consult pediatrician. Hope this answer will serve your purposeless feel free to ask any more queries if requiredTake care . V. Subrahmanyam MDDisassociate professor</p>

of pediatrics

..i have sex prblm when i sit near a female whether she is girl or women i realise some water frm my pines .also when i talk with girl on phone i faces same situation .sometimes i feel abdomen pain because of this .sir i feel very weak give me some useful suggestions what can i do??????

Hello Thanks for writing to Your problem is due to excessive sexual thoughts and over excitement. You should try to be normal while talking to women or sit near them. You should avoid provocative literature and videos and try to keep busy yourself in your job. Try to talk more to females, this will alleviate your anxiety towards opposite sex. Weakness of body is not related to sexual status. You should do exercise and take nutritious food. You will be alright. Hope I have answered your query. Take Care .

.18th dce me and my wife had make love when period is running.(on 4th day). Sir just 1 time my penis put into her vegina without sperm. Then i felt little bit worried.so i took her unwanted 72 pills. Her periods cycle is 28 days. Naturally her periods comes 13th .but periods till now not come. Sir my question is why periods till now not come??? is she get pregnant?? sir plesase ans on it. We are very worried.so please ans on it.

There may be some bleeding a few days after the pills. 2. The following period may get delayed by about a week or so. So there is no reason to get worried about delayed menses. Wait patiently, and she will get the menses (Provided you did not have any other incidence of unprotected intercourse during the cycle). One more word of caution : Blood is a very good medium for pathogenic organisms hence there is a great risk of infection if you perform sexual intercourse during the bleeding phase of menstrual cycle. Please avoid it. I hope this helps you.

.22years,5.8f,73kg,asthma since childhood,every year facing breathing problem at the time of change of season and in the month of april.i take asthalin inhaler 2or 3times a day.since last 1 year taking foracort inh.(200) twice daily. some times i take nabulizer(levolin).am i taking right treatment.

From your history, I would agree with your doctor that you are taking regular controller inhaler, that is, Forecourt 200 twice a day. It is important for you to know that it is a preventer/controller type of inhaler, and you have to take it regularly regardless of your asthma symptoms. Please review your treatment at least every 3 months with your doctor, who may increase or decrease your controller medications.2. Asthma inhaler or leveling nebulizer - both are similar type of . You can use either of them, whichever you are comfortable with. However, if you have to use them more than twice a week, it suggests your asthma is not well controlled, and you should upgrade your regular(controller/preventer) medicines.3. Most important thing - please make sure your technique of using inhaler is perfect. If all the necessary steps of using inhalers are not followed, adequate amount of

.actually ive been masturbating over a year.But problem is that day by day my handwriting is becoming poor and also im getting unable to write.even in my exams i cant write all answers in time.Sir is this problem is due to my heavy masturbation.?plz help me.

Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. Masturbation does not cause poor handwriting Masturbation is Physiological It means it is a normal phenomenon It does not cause any problems It does not have any side effects It does not interfere with your general Health It does not interfere with your Sex Life There is no need to Stop it Another is no need to worry about displease do not believe nonmedical articles or rumors Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. In the future, for continuity of

care, I encourage you to contact me directly in at <http://ask>

.actually when i was at my 8 standard i started suffering from nightfall which i did not know about it.

But then i started masturbation due to bad friends.now i am 19 and have stopped masturbation

but i still suffer from nightfall.plse help how i can prevent it.

Hi, Thanks for writing in. When a boy grows passes through puberty (about 12 or 13 years of age) the body changes start, and he transforms into an adult. At this time there is semen production in the testis, and it is ejected as nightfall. Due to social pressures and exploration of sexuality a boy learns masturbation and this causes the semen to be ejected regularly. Doing masturbation alone is not bad as long you do it 2 or 3 times in a week and not more than once a day. Since you have stopped masturbation therefore the semen is getting collected in the testis. This has to be ejected out of the body at regular intervals as new semen is generated regularly. This ejection occurs as night fall and is normal in those men or boys who do not do masturbation regularly. Please do not worry.

.am using ovaashield tabs on prescription of doctor to conceive early. From 19 dt.pls may I know

how many days I have to use this process and wen am going to conceive.and can I know after the

mens cycle wen I have to participate in sex for early pregnancy.

Hi there, I have understood your concern. I will suggest you the best possible treatment options. First do not panic. If you have history of regular cycles then day 10 to 20 of the cycle is the most fertile period of cycle. If you happen to have unprotected sex act in this period, then You Stand chance to get pregnant. At least try to have sex at least on alternate days during this period I will suggest you to opt for a healthy diet and regular exercise regimen. Include more portions of fruits, salads and vegetables in daily diet. Avoid deep-fried foods, bakery products and refined sugars. Use of vitamin B 12 and Omega-3 supplements at least 3 months before you plan to get pregnant. This helps to prevent many problems during pregnancy and delivery. Also, get husbands semen analysis done. You can get post menstrual HSG - hysterosalpingography done, to know bout tubal patency. Plesse think positive. Meditate regularly. May God bless you with a bundle of joy. I hope this answer helps you. Thanks.

.can an avm leak while apersn sleeps enough to cause an .intercerbral hemmorrhage after I worked

3 ten hour days that involved strenous .physical activities such as (lifting)Iwent to sleep nothing

wrong with me around 9:30 pm I awoke 4 am the next morning with my left hand seized shut. then

the symtoms went .away after I pried my left hand open .because I couldn t open iton its own.then

at 5 am I had a intercerbral .hemorrhage. arteriovenous malformation rupter right frontal lobe .

Hi, Thank you for posting your query. I have noted your symptoms. It is difficult to ascertain the reason for rupture of anterior venous malformation (AVM). Most often, the reasons are not known and occurs at a rate of 2% per year. This means that all people would have a rupture of AVM, if they survived for fifty years or more after the diagnosis of AVM. You should continue anti-epileptic . In addition, you should sleep adequately- 7 to 8 hours per night and avoid stress. I hope it helps. Best wishes,

.Dear sir, im Anosha, 29 years old mother and I have 7 months old baby. I have hypertension for 2

years when I was a girl.it was indicated 150/100. many investigations have been done. but every

report is normal. now Im taking Atanalol (50mg) bp as a drug. is this essential hypertension?

please be kind enough to answer me.

I read your question carefully, and I understand your concern. Since you say that all tests have resulted normal (since you do not say which tests I will have to assume that all the necessary tests to exclude secondary hypertension were done) then your case can be considered essential hypertension. As for treatment with Atenolol, yes, it is one of the most used treatments, among the

safest ones and particularly suitable for your age. So you can continue taking it, of course monitoring blood pressure from time to time and having regular check-ups with your primary doctor.

I hope to have been of help.

.Does fever affect the whole body??i have been having mild -high grade fever only in the stomach area and not the whole body for the past 4 days.occasionally get nausea and headache,but so far no vomit or diarrhea.iam a 28 year old male weighing around 68kg with a clean bill of health.

Hi, I understand your concern. First, I would like to tell you that fever is a vague term which denotes the rise of body temperature. The symptoms told by you are so common that, they almost exist in most infectious and even in non-infectious diseases. I think, you should see a physician asap so that you can be assessed by means of physical examination. And maybe some blood tests and radiological exams can determine the problem you are having. Hope this helps.

.few year ago i have some cold problem. every morning i have sneezing. but after taking furamist az . the sneezing is stop. but our doctor said that u have to continue for life time this medicine. bust i dont want to take. any suggestion

Hello No doubt you are having allergic rhinitis or allergic bronchitis, but allergy is the predisposing cause of your problem. Since fluticasone + elastin is the . But this is a steroid treatment. When such patient visit I advise my patient to take montelukast+ levoceterizine tablet one or two in day (according to severity of symptoms i.e. sneezing). When patient also feels breathlessness (not uncommon in this type of patient) I advise them to take montelukast+ albuterol tablet once or twice in day. Avoid, fine dusting powder, mite, pollen, mold, sudden change in temperature, hay, fodder as these are predisposing factors for allergy. Hope this will help you. Steam inhalation also help.

.HI MY NAME IS DIANA TZOVLOU AND I AM FROM GREECE. AM 40 YEARS OLD.FOR THE LAST 3 MONTHS ??D AFTER A NEPHRITIC STONE STRIKE THAT I HAD (IF THAT HAS ANY CONNECTION) , I HAVE NON STOP PAIN IN MY URETHRA, A FEELING LIKE HAVING A BLADE INSIDE ME, WHICH IS WORSE MOST OF THE TIMES, ESPECIALLY AFTER THE ENDING OF URINATION.IN ADDITION MY SYMPTOMS ARE FREQUENCY AND URGENCY IN URINATION.ALL THIS PERIOD I HAVE MADE MANY CLINICAL TESTS AND A MONTH AGO I DID A CYSTOSCOPY WITH BIOPSY AND DOCTORS TOLD ME THAT THEY FOUND NOTHING SERIOUS EXCEPT A CHRONIC NON ACTIVE CYSTITIS.2 WEEKS AGO I MADE SOME TESTS WITH SAMPLES FROM VAGINA AND URITHRA AND URINE SAMPLES.IN URINE GENERAL TESTS ???? FOUND HAEMOGLOBIN AND PYO BUT CULTIVATION IS NEGATIVE. IN ADDITION THEY FOUND SOME KIND OF STAPHYLOCOCCUS AND STREPTOCOCCUS IN VAGINA AND URITHRA SAMPLE.I HAVE STARTED 5 DAYS NOW TAKING AUGMENTIN BUT NO RESULT.THE SYMPTOMS ARE THE SAME.PLS ADVISE ME CAN THESE BACTERIA CAUSE ALL THESE SYMPTOMS? CAN MY CASE BE CURED? I M SUFFERING EVERYDAY AND I M DESPERATE.

Hi thanks for posting on .com regarding your concern my diagnosis is acute urinary tract infection its common in female due several factors that's not relevant to discuss it right now. But as per cultural and sensitivity report your medication should be changed accordingly in my opinion augmenting is not effective as due to several reasons including bacterial resistant I will advise you following medications. Tab definite 400Â mg once daily for 7 days syrup catwalk (sodium acid citrate) urine alkalizer 2 tsp 4 times a day. As normally ciprofloxacin is advised but according to your c/s reports I would recommend you a broad spectrum antibiotic. For further management concern your physician. Thanks and take care. Regards .

.hi my name is yani, i recently found a red circular patch on my tongue in the middle towards the

back, it doesnt hurt, and its more red than my real tongue, what could this be, im worried

The red circular patch in the middle of the tongue can be because of the median rhomboid glossitis, usually occurs secondary to fungal infection like candidiasis, or stress or nutritional deficiency or secondary to immunodeficiency like diabetes. Consult an oral physician and get it evaluated. If it is a fungal infection, it can be treated with topical antifungal agents like clotrimazole mouth paint(candid mouth paint). Get your complete blood investigations to rule out other immunodeficiency conditions. I hope my answer will help you, take care.

.hi my pennis is getting small in size or i should say its getting in and the nerves r not that much powerful they use to be plz help i am not able to do anything i am just thinking that i wont be able to have sex in my life.

1.6 inches or an erect penis of less than 3 inches should be considered for treatment. Surgical (liposuction around their pubic bone, skin graft), inflatable penile prosthetics are helpful if size less than 3 inches. Share your penis size when flaccid and erect. Hope I have answered your query. Let me know if I can assist you further.

.hi sir i m Dr. phani physiotherapist .i have a query to ask you about my mother suffering from psoriasis since four years ,i have consulted many doctors about this, but there was no positive result,would u suggest a best doctor for us in hyderabad please

Hi, As you said your mother suffers from psoriasis. I would like to say few things about psoriasis. Psoriasis is a chronic relapsing and autoimmune disease. You may be having scaly plaques on various parts of the body, scaly lesions on the scalp. Exact cause is not known. Genetic tendency, autoimmunity, stress, .etc. may be responsible for precipitation and exacerbation of psoriasis. You consult dermatologist for firm diagnosis and treatment. I usually recommend cap accretion 10 mg twice a day along with methotrexate 15 mg weekly in three decided doses 12 hourly.for psoriasis. This may be taken for long time till good response. Blood tests may be done to monitor the treatment. For itching, you may take antihistamines like levocetirizine. Avoid steroid, as there may be severe flare up after stopping it. She may apply mild steroid cream or calcitriol point on the lesions on the psoriasis lesions. She may apply moisturizer to improve the skin texture. Furthermore, she should avoid soap bath for few weeks. And she should be free of stress and worries as that might worsen psoriasis. She might get good result. You contact nearby general practitioner and ask him for experienced dermatologist in Hyderabad.OK hope you got my answer. Thanks.

.hi, i am 23 yrs old guy. i recently found out that i have disc slip in L4-L5 and the pain is bit on higher side though i ride my bike and i travel around 8 km avrg every day. so thought to buy a car so that i ll hav back support while riding , but some say its not good to ride car with back pain and some say it is goodwhat should i do, go for a car or just reduce the travel and opt a bus. Thank you.

Dear patient If you are having disc prolapse and have to travel lot train is best option. If you can manage to reduce travel its also good option. Also, proper treatment of disc prolapse is also must. Avoid weight lifting and forward bending. Start short wave diathermy for your back. Do physiotherapy in form of back strengthening and back extension exercise. If this doesn't benefit you epidural steroid injection can also be given. You should visit expert spine surgeon nearby you and get yourself examined and treated completely. All the best.

.Hi, I have problem with my mother who is mentally disturbed from past 3 years. She is too aggressive and she reacts very oddly in social places as well as at home. For any small things she reacts very oddly, We want to show her to doctor in NIMHANS Hospital, but we cant pull her in.is there a way to get her treated without she being present there?

Hi dear, without seeing patient to treat is very difficult as for proper diagnosis detail history and

mental status examination is necessary. You can take her forcefully to doctor once. What ever you describe about her suggest that she might have psychotic illness. There are many medications like typical anti-psychotic like haloperidol, chlorpromazine etc. and atypical anti-psychotic like risperidone, olanzapine etc.but without seeing patient difficult. Consult psychiatrist. Thank you

Input	Output
<p>.Hi, I keep having reoccurring tooth infections and I m really concerned. About 7 weeks ago I went to the dentist and had an infection, but i ended up gettin all 4 wisdom teeth removed that day. He gave me antibiotics , it seemed to help, but had 2-3 infections afterwards. I told him I. Somehow t air up in my gums, it felt like a weird pressure sensation, and had a lot of discomfort and woke up sick, mostly sinus like symptoms runny nose ,eye pressure and ear pain and pressure, he said he never heard of that before. Took antibiotics and it helped but the lower left side of my mouth has had issues like my cheek is very tender and a small round lump I can feel from the outside of mouth,lower cheek. And. Jaw area. He said everything looks fine does not understand why I m in pain 6 weeks after he pulled wisdom teeth. I had another infection he gave me antibiotic and saw me a few days later and said swelling went down I should be ok. I went about a week and a half with no problems and woke up this morning with throbbing pain and pain to the touch. Its swollen. And if this is a serious problem since it keeps happening and what I should do, like have it drained. He told me he had hard time with the bottom left wisdom tooth</p>	<p>Hi Thanks for writing in. I read your problem, I would like to tell you that it is not normal you should take this problem seriously and should visit an oral surgeon as soon as possible. Because recurrent infections after wisdom tooth removal is not a good sign, i shows that there is something wrong. It could be because of traumatic and improper sterilization technique of extraction of that wisdom tooth. So visit to an oral surgeon as soon as possible and go for thorough examination, bring your wisdom teeth x-ray of before extraction and give a proper history of infection after extraction also. Take Care.</p>
<p>.hi.dr.mm 23 yr old girl.i saw a node on the left side of ma neck yesterday i went to hospital for fnac.before giving report he told me that i m having tuberculosis.hell give report after two days.i want to know.may i kiss to ma partner .or not should i sleep away from him</p>	<p>Hi Dear !! Read and reviewed your query and health concerns. IN the given situation of Yours, seem to suffer from-Glandular Tuberculosis. The spread in this case is from Consular infection with cough. Lung TB is not there mostly, as the body resistance to TB is more and only lymph nodes get affected. Hence, if you don't have Cough with Tonsillitis, you can kiss your partner and as well sleep with him too. But before this, you need to get Chest X-ray / Sputum AFB /Blood IRA test-for any active TB focus and its location. Rule out HIV infection in both of You. With precautions above, You are permitted to sleep with partner but no sexual contact till report confirms TB and its type-purely glandular TB/ or with Lungs / or With Bone-Vertebrae. Consult Chest Surgeon and get excision biopsy done, to confirm TB, before starting anti-TB treatment with 12 to 18 myths. This plan would reduce your dilemma from neck gland tuberculosis. Hope this would help you to plan further of this complex illness of yours. If need be, update any health issue 24 x 7 by a direct question to ME, at following link-Dear, if satisfied, Dont forget to close this query with YOUR pleasing feedback comments to rate this reply and service, to boost the morale of incoming Emergency patients like YOU, at services. If you want to update more details and ask more update queries, You are most Welcome herewith !! Good Day!! Wishing Good Healthy Life in time to come!! . N. Senior Surgical Specialist. S. Genl-CVTS</p>
<p>.i am 23 year old college girl.and i m suffering from acne problem from since 6 month.from last 2 months i am taking homeopatedicine and from last 3 days using TOPI BERBERIS cream at night and day.but its not helping out.suggest me something which can work out faster.recently i m using saslic facewash(by cipla) and olay age defense cream.thank you.please suggest something effective.</p>	<p>Hi, Acne treatment depends upon the severity and type of lesions. The treatment is given in the</p>

form of oral medicines (azithromycin/ doxycycline/ minocycline and/or isotretinoin) along with topical (clindamycin, benzoyl peroxide, Darlene retinoid) etc. As you said you want faster results, that can only be delivered after a thorough skin examination so that a personalized skin treatment can be suggested. However, you may follow these basic suggestions to prevent and treat acne continue with seismic face wash. Use it twice daily²) you any continue with Olay cream, if it suits your skin well³) get your blackheads and whiteheads removed regularly and apply retina a cream in come done prone areas⁴) treat your active acne lesions with application of clindamycin gel and retina a cream. Depending on your acne grade severity, oral therapy might be required, for the same consult a dermatologist nearby. You may also discuss the option of chemical peels with your doctor as peels give good results in short time and also take care of pigmentation and scarring. Hope that answers your query. Take care.

.i am 23+ years old a girl.i have some problem in life so that is effect in my professional life.actually one of my office friend s husband love me .he proposed me.after that i accepted that and i now i am physically attached with him.where as i know that he is not able for me.now i become so much crazy about him and become so greedy that i was not before.before that relation ship i had a relation ship which was break before 2-3yrs ago.now i think i loose my patience and i need him badly but i know dat is not possible at all.please help me to take me out of this situation.

H I have gone through your question in detail and I can understand what you are going through. This is a complicated situation and stressful too. You will need cognitive behavioral therapy for this problem. Hope I am able to answer your concerns. If you have any further query, I would be glad to help you. In future if you wish to contact me directly, you can use the below-mentioned link: .

.i am 23year male.before one week i suffered from chicken pox.During that night time,i found sperm coming along with urine.this is not my usual case of sperm coming with urine.i want your answer sir.but still after 1week its continuing.i need your help.advance thanks sir.

Dear serve understand your concerns went through your details. Please do not panic. This is quite natural because the oozing sperm was already inside you. The stored sperm is always a waste product for your body. So the body is removing the waste product. Please do not worry about it. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

.i am 24 years old man,and i am patient of enlarge spleen from 5 years.many doctors only give me maleria tablets.when i take tablet then spleen decrease and if i leave the tablet for some days then agian starts increase.when i eat pure ghee,and lassi i feel pain in spleen .pls solve my problems.

Hi thanks for posting your query on .as per your clinical history you seem to have TROPICAL SPLENOMEGALY SYN . Other blood tests like complete blood counts, and ultrasound abdomen will be useful in guiding the therapy. The exact duration of therapy depends on the local or geographic data about the malarial parasite endemicity. Probably lifelong therapy is proved effective. Relapses are quite frequent with discontinuation of therapy.

.i am 27 years old, married 2 years, we are planning from last 5 months but its a failure, i am addicted of a drug Spasmo Proxyvon, i used to consume like 18 to 21 capsules a day from last 5 years, i really want to know is there any relations between in that bad habbit and infertility

Hi, I understand your concern. The first thing to do is . Get fully checked up for finding the cause for consuming such high dose of Spasm Procyon. & get rid of the cause & of course stop UN necessary consumption. If you are addicted to it, without specific indication. it's better to get the addicted with an expert advise. Spasm Procyon is not known to cause any side effect pertaining to sexual function. Still it's better to get fully investigated for- Liver functions, respiratory functions, -

Ovulation study, - semen analysis. 2.Once every thing is cleared, 3 months preconceptions precautions are to be followed. They are- - avoid getting any type of illness in this period. - avoid smoking, . In these 3 months. - Take treatment as per doctors advise. -Take folic acid/ vitamin E supplements. _ See that HBO of the couple is within normal limits in these days. 3Take medicines prescribed by doctor to treat sexual deficiencies/ menstrual problems/ sperms problems. , if any. 3. Check for ovulation by LH surge test. This indicates ovulation within a couple of days of +ve test. 4. Have unprotected sex from + ve test to about 5 days. At least alternate days. 4. Confirm pregnancy after 8 days deal n menses by Home (urine) pregnancy test. Wish you all the best, Thanks.

.i am 28 years old.i am suffering from a hair loss.i dont know which shampoo suits for me.could you please suggest any shampoo that control my hair loss.and one thing i want to know if i dont use shampoo and just use water only in my hair it is good for my hair or not.when i use water only i have very few hair loss.is it okay i never use shampoo for more than 3 months please help me???

SHampoo to hair and scalp is equivalent to soap for body. Shampoos job is to clean the dirt and oil from the scalp and hair. Shampoo has no role in controlling hair loss. It is not okay if you do not use shampoo for 3 months. Grime and oil won't be washed off by water alone. You need to consult a dermatologist to diagnose the condition causing hair fall. Hope this helped, Take care.

.I am a 19 year old student living in India.I don t know whats wrong with me.I just cannot control my thoughts.I feel with each day I am starting my life again. This is happening to me from 2 months. I find it extremely hard to concentrate on anything and to speak with someone. I find it really hard to study. Whenever i sleep i feel I was awake all the time.I am unable to figure out how to change this situation. There is no one to whom I can share this. Whatever I do, after that thoughts come in mind that i shouldn t be doing it. Also my health is deteriorating. I am not able to change this. please help me sir.please.

Degree understand your concerns went through your details. I suggest you not to worry much. From the given description, it is very difficult to diagnose your problem. Vaguely it is understood that you are anxiety. But need to ascertain what type of anxiety disorder you are experiencing. Due to the anxiety disorder you are also experiencing uneasy feelings and loss of self-confidence, esteem, negative thoughts, self-pity etc. Please consult a psychologist soon. If you require more of my help in this aspect, Please post a direct question to me in this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

.i am a 23 year old girl. I have brownish black spots on my nose. The duration is almost a year. It kind of becomes darker due to sunlight exposure. I have been using potatoes on which reduced it but it didnt go. Then i started using betnovate N and it has reduced a lot. I am really scared to stop applying it coz it will come back again. I am in college and i really become tensed seeing it.I loose my confident coz its so disturbing. plz suggest some ointment

Hi. Thanks for posting your concern at I would keep a possibility of Plasma. Betnovate-N contains a potent steroid dexamethasone vale rate, and it should not be used on face for more than a week or two because steroid related side effects can develop in people who use it indiscriminately for long periods e.g. Acne, skin atrophy and telangiectasia, photosensitivity, facial growth specially in females etc. It is anyway not the right treatment for plasma. If I was your treating doctor I would have asked you top use a broad Spectrum sunscreen, which offers both UVA and UV B protection throughout the day. A skin lightening cream at night containing one or more of the following ingredients : Comic acid, Aramaic acid, HY . Take care regards

.i am afaq khattak and a fresh civil engineering graaduate. actually i have a problem that whenever i talk ppl in crowded area then i get nervous and i feel certain kind of headache or whenever i feel embarrasment for something i feel same kind pain due to which i cant face ppl sometimes .plz tell me how can i quit certian kind of problem

Dear FAQ, This is nothing but just a type of anxiety you develop when being in a crowd and the headache is the bodily outcome of this anxiety. Chances of your overcoming this malady is high when you expose yourself consciously and frequently to such situations and people. Also, you need to do some homework along with. A change in your lifestyle, i.e. taking up an exercise regime followed by relaxation technique in which you relax your body by taking deeper and deeper breath (Inhale and exhale). When you find yourself fully relaxed by the deeper breath, just bring the anxiety provoking situations to your mind and try to see each and every aspect you feel nervous or anxious. When you continue this exercise and your frequent and conscious exposure to the anxiety provoking situations can effectively help you become alright. Continue the relaxation technique and bringing the situations to mind twice or thrice a day even if you don't go for physical exercise. However, it is always better to club it for a positive change in keeping your mind and body hale and hearty. Get well soon, .

.i am becoming weaker and weaker day by day.i am in a habit of masturbation.is it because of this.??my skin is also getting darker.befor epuberty.i was.the fairest of all my family members.now am the darkest.am 18 now.

HelloThanks for your query, based on the facts that you have posted it appears that you have been indulged in frequent masturbation and now facing problems related to general health.First there is myth in a mind of common man that excessive masturbation is the reason of all sexual problems But I would like to state that it has been discussed in scientific forums all over the world and proved scientifically that masturbation does not have any negative effect on any organ or system in the body. All the problems that you are facing now are mind related and due to anxiety. Following measure will help you to boost up your confidence and help to improve your health. Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. .

.I am in a bloody sad situation. You know, I had been using the Melacare cream since a long time. Its been very long. Im even scared to mention it here. Im OK, and normal now. I have not discontinued it. I donno if that cause me an issue or problem.?? Help me out. I have become fair and magically changed by using this cream.But not sure if I stop this, whether it would change me and I will lose my face and glow. I need real help. I am not able to sleep even thinking of it daily. I have stopped applying it from 2 weeks and changes started appearing. Not sure if thats my feel.

Hi Thanks for the query, Melacare is a segmenting agent, You can stop it after desired result is obtained, However some milder segmenting agent has to be continued. An example of this is comic acid. Let me know you have any other doubts. Please meet a dermatologist for final diagnosis. You can ask a direct question to me on this forum, following the below link.<http://www.com/doctors/> . Thank you

.I am Madhurima Sen stay at Berhampore dist- Msd. I am infertility patient . My both tubes & ovaries are elongated. This is convicutral problem. May i abale normal pregnency ?

Hi Manunit, What is your age, BMI, duration of marriage. What all infertility work up you have done so far? By what examination you came to know that tubes and ovaries are elongated. If you had given me this information I would be in a position to help you better. As long as you have regular cycles and your hormone tests are normal, shape of the ovaries should not be of concern. Don't worry. What is important about tubes is that to know whether they are working normally, i.e.

whether they are patent. Is there any block? (You can find the fallopian tube patency by HSG or laparoscopy and dye test). Even if they are blocked you can try IVF. If you have not yet done the test for tube patency I would advise having laparoscopy and dye test. That will clarify everything. Has your husband done semen analysis. What was the result? To increase your chances of conception maintain normal BMI, quit smoking (if you're a smoker) and have intercourse at least three times in a week. If you have any further concerns do contact me through .

.i am pooja,age 25.i am surfing from brain problem since childhood.i got fainted sometimes n with no pain i woke up in few seconds.i m takin oxetol 300 since two years n no fits wen i take medicine.but when i dont take medicine i again fall into fits.i dont know how long i have to take this medicine.and is ther any side effects of this medicine. please help.do i need to consult neurosurgeon again.

Hi Ms Pooja, Thank you for posting your query. I have noted your symptoms, and they are suggestive of a condition called as epilepsy. In epilepsy, a person can faint repeatedly. However, once you take antiepileptic . Extol (oxcarbazepine) is a good AED, and it is required for long duration. In several people, we are able to stop AED's in 3-5 years. However, in some people, lifelong medicines may be required. Oxetol is a safe medicine and there are no serious side effects with that. I hope it helps. Best wishes,

.i am sara. n i am 26 year old. my weight is 43 & height is 5 5.nowdays i am feeling very weak ,, neck stiffnes, shoulders pain, opposite t0 lungs center of back pain. having issue to taking breathe also. feel nausea sometime also.having svere muscular pain,,,,, please recommend something.

I have gone through your query and understand your concern. You may be having some kind of viral infection. So I think you should visit physician for check up and treatment. Till then rest and analgesic such as ibuprofen may be of help. Vitamin and mineral supplements will be helpful. Take high protein balanced diet. You can discuss with your doctor about it. Hope your query get answered. If you have any clarification then don't hesitate to write to us. I will be happy to help you. Wishing you a good health. Take care.

.I am sarthak Mahajan from india.I have been facing severe stomach ache due to constipation from 5-6 days. i took the medicine DULCOLAX and got effected frm it in just a night.But i am still facing some stomach ache.what should i do ????? please suggest.

First thing you have to do as a remedy - Take fiber rich diet, plenty of water, avoid junk and spicy food. (try this at least for 3 weeks) The bowel habit should be regularized.2. If the symptoms does not resolve - Then you need to see your doctor and take a course of antibiotics (Suspecting bowel infection / inflammation)Hope it helps you. Wish you a good health. Anything to ask ? Do not hesitate. Thank you.

.i am suffering from abdominal discomfort for last 2 months .yesterday i did an USG.It is showing ascites . & then i did CECT OF abdomen. it is showing rectosigmoid narrowing.meanwhile peritoneal fluid analysis revealed.lymphocytosis,high ADA(109),negative AFB,Negative M cells.now WHAT SHUOLD I FURTHER DO????

The further course of action should be as follows::Colonoscopy to find out and to take biopsy from the recto-sigmoid narrowing area to see whether this is due to Cancer or Tuberculosis. Once the report is available the treatment will be according to it. If this is tuberculosis and there are so symptoms and signs of obstruction you can go for anti-tubercular treatment for 6 to 9 months according to the Doctors advise. If this is a Cancer you have to go for surgery as the results will be fine as the detection is early, and you have not mentioned any nodes in the Ultrasonography and CT can.

.i am suffering from pco problem in ovaries.so doctor advised me to take krimson-35 with metformin, after using this tablet there is a side effects of vomiting sensation, slight giddyness,back pain.is thr any chance of getting pregnant while using this tablets? i am very eager to have baby due to this problem i am suffering with depression.is thr any solution?

Hi there, Krimson 35 should not be used by you because it is not suiting you, and you are having side effects due to it. Also, because you are eager to conceive and since it's a contraceptive pill it will prevent you from conceiving. It is very unlikely that you are pregnant while on crimson, less than 1% chance of it.Moreover, in women with PCs who would like to conceive other options such as camphene, inositol should be considered. Crimson would not be the ideal . Hope this helps. Regards.

.i go in jacuzzi before everytime was fine but now 5 months before i had a cesarean for baby and now when ever i go in jacuzzi i feel something wrong dizzy i lay down on floor i heard my heart beat.MY HEART pumps so fast and my face all red strong nausea headache and vomiting

I read your question carefully and understand your concern. Your symptoms may be related to low blood pressure or low intracranial pressure. You should know that from the heat in jacuzzi the blood supply to the skin is increased, leading to a slight decrease in other organs, and a low blood pressure. After cesarean, due to the spinal block, the tearing of the meninges in the place of the spinal tap, could cause chronic leakage of the spinal fluid, leading to headache and nausea that are relieved by laying down. A decrease in the blood flow, could exacerbate low intracranial pressure. I recommend consulting with your GP for a careful physical examination, a head up tilt test and some routine lab tests (complete blood count, thyroid hormone levels, fasting glucose, blood electrolytes). A brain MRI and a spinal tap may be necessary to exclude the above disorders. Hope to have been helpful! Greetings!

Input	Output
.I had my gall bladder removed 2 weeks ago. Every time I eat anything larger than 1/4 cup of food, I have intense pain within 30 minutes. It continues for hours and is the same type of pain as before the removal. Today I had my third stool which was clay colored. I also had repeat liver enzymes done which are still elevated. Is this to be expected?	Hi The pain after cholecystectomy is called post cholecystectomy syn . I suggest you take low fatty foods and less food for few days. The bile reservoir gall bladder has been removed from your body, so obviously digestion difficult. If your liver enzymes value increased more than twofold than only you need to worry or else not. So kindly attach the report. The Celestial can be prescribed for your pain after operation. If no improvement than consult doctor for detailed evaluation and MRCP like investigation if needed. Hope I have answered your query. Let me know if I can assist you further. Take care.
.I have a friend (55 years old, female) who gets very breathless climbing stairs or on not very much exertion. She has never smoked and has been told she does NOT have asthma. What other explanations might there be for this! - Thanks	Breathlessness on minimal exertion and climbing stairs is mostly seen with heart (heart failure) and lung (bronchitis) diseases. So better to take her to doctor and get done ECG, 2d echo, stress test and PFT (Pulmonary Function Test). Ecg, 2d echo and stress test are needed for heart failure.PFT is must for the diagnosis of bronchitis. She may need diuretics, cardiac supportive . Don't worry, she will be alright. Hope I have solved Thanks for. I will be happy to help you further. Wishing good health to your friend. Thanks.
.I have a newborn that was diagnosed with colic but after multiple GI tests and formula changes, I believe it is a pinched nerve that hurts him,thus the reason he cries. Even one GI specialist agreed that Garrett suffered nerve damage to his neck, that s why he pulls his head to the left.can you help me find an answer? The labor lasted for 18 hours, it was a vaginal delivery and I had to push for more than 4 hours to get him out.he was logged to one side, severe back labor and umbilical cord around his neck. He was also 2 weeks late. My first baby at 42. Thanks so much!	Infantile colic is really challenging for both parents and pediatricians, it's of unknown cause, yet cramps starts from the 3rd week of life and persists for month, mostly resolve by the 1st year of life, and no organic cause is identified some medications may help a little, changing formulas will not help much some probiotics might help but it's not guaranteed you will have to live with it, I know it's difficult for the mother but try when it happens to hold the baby from its belly, that give him a small relief, and please don't try herbs I hope this answer helps you
.I have an abcess like lump on my big toe.every few days it gets very very painful and I have to lance it, upon which I can squeeze a small amount of clear jelly-like substance out.I get immediate relief but it returns in a few days.what can I do to get rid of this firever?	Hi, Dear,Based on the facts of your query, You seem to suffer from-Digital Amyloid Cyst(DMC)-in the DIP joint line. Excision of the Ganglion or Cysts by planned Surgical procedure would be needed repeatedly, as complete excision in one seating is not possible. X-ray and CT study of the DMC would fix the diagnosis.Hope this reply would help you to plan further treatment with your doctors. Contact with a Followup Premium question to ME. Will appreciate your Hitting thanks and writing excellent review comments to help needy patients like you. Good Day!!S. GenI-CVTS
.I have been bitten by my pet dog before a month.the Dog had been vaccinated regularly.but since it but near my chin,I have undergone rabies treatment. Do I need to follow any meal instructions like not eating meat or anything like that? . Out else how long should I not consume meat?	HDiet restrictions was advised during the era of nerve tissue vaccine (NTV) but after banning of

NTV way back in 2006 there is no food restriction. The newer antirabies are very effective and they doesn't requires any food restrictions. During the treatment you can have the normal diet what you are having regularly and also there is no restriction of non veg food. Only thing is if you are an alcoholic and smoker you need to avoid them because it may interfere with the production of protective antibody titles to fight against the rabies virus. Thank you.

.i have been diagonised to have psoriasis and i have been given a tablet Melanocyl. when i browsed in the internet, there are few sites that says it has side effects. is it advisable to take that tablet or should i go for another?kindly advice.Thanks

Hello Psoriasis is an inflammatory skin disease characterized by well-defined erythematous scaly plaques with silvery white or candle wax type of scaling. Chronic plaque psoriasis is the most common type. It can affect sites like scalp, arms, and legs, (specifically elbows and knees), palms and soles etched disease has a chronic course and there topical creams/ointments/gels/lotions etc. as well as oral and injectable medicines which can treat psoriasis, but there is no permanent cure for psoriasis. Melanocyl is an oral Morale, 8-Methoxypsoralen, which is taken at least 2 hours prior to sun-exposure OR UV A exposure in a chamber. It is a very effective . I would suggest that you continue with it. However, it can cause minor side effects mostly related to GI System: Nausea, vomiting, Elevated Liver enzymes etc., Ocular side effects like: Cataract (can be avoided by covering the eyes during UV A exposure)Cutaneous side effects like: Pruritic, Solar engines and rarely serious side effects Skin cancer (Squamous cell carcinoma) etc. Skin cancer is rare and depends on the total cumulative UV A exposure (with more than 200 Joules lifetime exposure increasing the chances of cancer development). The risk of skin cancer is reduced by simultaneous use of oral retinoid:accretion.regards

.I have been taking prolomet xl 25 since last 3 years, I always check B.P. and it is always between 120 to 140 and 80 to 90, Can I continue the same medicine or stop to take the same . There is any side effect of taking this medicine for long time email address - YYYY@YYYY

Hi, Age, gender and other associated medical illness not mentioned. Proposed XL-25 (metoprolol) is a heart selective beta blocker commonly prescribed to treat hypertension. As long as your blood pressure is controlled you may continue to use it as prescribed by your doctor. Its common side effects on prolonged use include decreased heart rate, fatigue, difficulty in breathing (more common in patients with bronchial asthma), mood changes, and erectile dysfunction (impotency). Hope I have answered your query. Let me know if I can assist you further.

.I just had a persantene test and an echo c/g. Dr says i am heavily scarred and need a pacemaker (by a different name). I am reading about food and herb remedies for dilating veins and lowering bp. I am now taking lopressor and lisinopril plus diuretic. When uncomfortable I take dark chocolate which relieves me well.

Using magnetic resonance imaging (MRI) scans of the heart wall, researchers at Johns Hopkins have found that people whose muscle wall thickness contained more than 25 percent scar tissue were approximately nine times more likely to suffer from ventricular arrhythmia and/or arrhythmia related sudden death. [reason for pacemaker-heart defibrillator]2. You may read or use alternative methods but remain under cardiac supervision and follow up regularly with baseline investigations.

.I m planning to conceive.but this month I m taking norethisterone (month of april) to stop my period bcz of a wedding function.after stopping pills I ll get my period.so my question is that can I try to conceive from my coming ovulation date(month of May)???what would be my chances of getting pregnant???

Hello dairy understand your concernNorethisterone contain progesterone and some time it causes hormonal imbalance. So it may cause disturbance in your next menstrual cycle. But it will not affect

your conceiving process. You can do unprotected sex in fertile phase of the period according to length of cycle. If you have cycle length of 28-30 days then do sex during 10th to 20th day of cycle. So you have high chance to become pregnant. Avoid stress, take healthy diet, .

.i m suffering from granulomatous lymphadenitis.the test result says there is no evidence of malignancy.other microscopic description as belows:cytosmear reveal few well formed epithelioid granuloma.background is hemorrhagic and show sheetsbot lymphocytes and foci of granular necrosis.blood reports are okey.becoz i m suffering from last 1 year my doctor asking me for surgery and further biopsy.my question is wheather there are any necessity for surgery.my age is 27year.gender-female.

HiT hanks for posting on Treatment options for granulators lymphdenitis depend on the causative agent and may include -expectant management if lymph nodes are smaller than 3Å cm-antimicrobial therapy used when nodes are greater than 2-3 cm, are unilateral, have overlying erythema, and are tender.-chemotherapy and radiation (for malignancy). Not in your cryosurgery may not be a primary treatment option, but loci of granular necrosis will need removal of the death tissues. Surgery and further biopsy may be the best option in this case. Hope my answer will clear your doubtsWish you well

.i want to know how to stop vitiligo from spreading.is there any permanant cure for vitiligo so that i canget rid of this permanantly.I am taking an ayurvedic treatment for this since one year but the results are not satisfying. I am loosing hope. Please help.

HVitiligo is an autoimmune disorder in which our body attacks its own pigment forming cells. If you are having actively spreading vitiligo, we call it unstable disease. You will benefit from taking low dose steroids which are given only on weekends as pulses to minimize the side effects. Many people postpone treatment and resort to alternative herbal remedies because of the fear of side effects of steroids. However, this will lead to rapid spread of the disease, and it will be too late to treat effectively. Low dose steroids given as pulses under supervision can stop the spread of disease and slowly cause repigmentation. There are other modalities like phototherapy, immunomodulator creams like tacrolimus and antioxidants which will also help. Please discuss with your dermatologist about these options. Do not neglect till it is too late. Earlier the treatment, better the results. Do not be frustrated as stress can worsen this disease. Be positive and motivated, and I am sure you will be fine. Wishing you good health,

.im 21 yrs old female. i had pulmonary koch before 4-5 yrs. took complete course of anti-tubercular drugs at that time.present chief complaints are:--presence of green colour sputum (sometimes with little amt of blood)chest pain (on left side sometimes--sharp n stabby pain)no h/o fever,cough.sometimes feels breathlessness on physical exertionh/o loss of wt. present.i went to dr. n in investigations i found fibrotic lesions in my left lung.other reports r normal.i.e CBC,sputum test,urine etc,,plz advise me wht should i hve to do.i dont wants to take medicines anymore.is there any tx to treat lung fibrosis.???? wht kind of exercises should i hve to do to improve my health condition? and plz give suggestions about diet also?thanx in advance.

Hi Dear !! Read and Reviewed your query in context to your health issues. In the given scenario and history facts, You seem to suffer from-Reactivation of the Pulmonary Koch's with fibrotic lesions in left lung.Don't worry. Dos -suggested-Get Sputum AFB donged IRA test done on Blood and sputum to fix active TB lesions currently. Consult Chest Physician for Repeat Course of Anti-TB for your case. High protein/high carbon, high fat, bland distrusts in plenty. Plenty of fluids -with the medicines, to tolerate them smoothly, Rest for 8 hrs. Tab Zirconia with anti-tb medicines. This would help you to come out of this problem. Dear If you follow above tips, you should not worry about medicines.NO treatment currently without these medicines. Only timely intake of tb

medicines with proper care as suggested above would improve your health. Hope this reply would help you to resolve the health issues with help of doctors attending on you. If need be, update any health issue 24 x 7 by a direct question to ME, at following link-Dear, Don't forget to close this query with YOUR pleasing feedback comments to rate this reply and service, to boost the morale of incoming Emergency patients like YOU, at services. If you want to update more details and ask more update queries, You are most Welcome herewith !! Good Day!! Wishing Good Healthy Life in time to come!! . N. Senior Surgical Specialist. S. Genl-CVTS

.Is dizziness or slight change in vision, as well as a tightness in my jaw in relation to a fish allergy?.I had pollock fish today, just a small amount and sooner after i felt a little light headed, the lighting was.off (not normal).its had to explain and soon after one side of my jaw began to get sharp random pains.and felt a bit swollen, not on the outside at all like deep actually in my jaw. If that makes any sence, I noticed that ive had all these feelings before but only after having fish.even though i never eat much of it, but everytime this happens.im beging to think i may actually have a mild allergy towards fish??.so my question is, can fish cause those symptoms.

In reply to your main query, Yes, it is possible that you could be allergic to fish. Personally, I would suggest you to go for skin testing or serum specific IGE to fish to confirm/support your allergy.2. If both of the reports are negative, it is very much possible that you may have histamine fish poisoning. It caused by consumption of improperly preserved (improper refrigeration) fish. The symptoms are more or less similar to allergy, but it is not an actual allergy, it is a kind of food poisoning. So, if your testing is negative for fish allergy, you could take a chance by eating fish from a reliable source. For fish allergy, the best strategy is to avoid it. Hope above information will be helpful to you. Should you have any further query, please feel free to ask at . Wish you the best of the health. Thank you & Regards.

.I have severe left lower pelvic pain. Has been on and off for the past 3 Days. Kidney stone was ruled out. Pain is going down my leg. Moving around for more than an hour usually brings it back on. lack of appetite.

Cellophane you for trusting Dear pelvic pain that radiating to leg may be due to sciatica or femoral hernia or femoral nerve compression or Radiculopathy etc. Until examination is done it is difficult to say what it is. Need ultrasound of pelvis and X-ray lumbar spine. Use physiotherapy, NSAIDs and hit and cold compression. If symptoms not improved please consult your doctor he will examine and treat you accordingly. Take care.

.my 12 year old boy is having what he calls hot flushes, he has been diagnosed with lyme disease. Is this a reaction to the antibiotics?? could it be something called herxing?

Hello have gone through your question and understand your concern. Let me enlighten you in brief about Jarisch-Herxheimer reaction or what is commonly called as Herding. It is basically an unavoidable reaction or immune response of body caused when treatment for disease is initiated due to death of disease causing pathogen not by antibiotics. Positively Herding shows effective antibiotic therapy and is seen as evidence of continuing elimination of these very persistent bacteria. The above mention symptoms of hot flashes are suggestive of Herding but the symptoms of Herding vary person to person, if symptoms worsen contact the treating doctor. Thank you.

.My brother suffering fever with 1 month and after that revealed that he has faced with gland T.B. in left chest in a month ago and operation had been done successfully. He now go thorough medicine course but day 3 ago his gland swell and suffering to take food. He too much nerves.

Hi Here your brother having tuberculosis infection of gland, so I assume that you might have confirmed it by biopsy or sputum examination by Zn stain or PCR like investigation or culture . If you does not start AKT than chance of spread of TB and complication can be there . So full course

of AKT should be taken six months .Meanwhile, constant monitoring of side effect needed esp .LFT profile . Healthy diet taken with low fat and more fruits . Take care Advise : consult physician for examination

.my dad is sufferinf from urinary tract infection from 1 yr.after getting antibiotic traetment still 4-5 pus cells come.recently septicemia diagnosed with urine infection.after 5 day of hospitalisation still feel weakness and fatigue but tlc report is normal(10,600).what should we do?

H I understand your health concern, I suggest you that weak less after septicemia is common. Nothing to worry about it in any way. 4 to 5 pus cells in urine is normal. I advise your father should take gluon D powder for energy purpose. Nothing much is required. Every thing will be fine in a week or two. I will be happy to answer all your future concern. Thank you, Infectious disease specialist. Wish you the best health at .

.my daughter fell on her back down the stairs and complainns of chest pains she could only lay on her side now we have been sitting in the er for three fours and she is sleeping andher breathing is clear and. Not hving anymore pain should I still have an xray

Blunt trauma commonly results in chest wall injuries (e.g., rib fractures). The pain associated with these injuries can make breathing difficult, and this may compromise ventilation. Direct lung injuries, such as pulmonary contusions are frequently associated with major chest trauma and may impair ventilation by a similar mechanism though she is ok investigate chest radiograph (CXR) is the initial radiographic study of choice in patients with thoracic blunt trauma. A chest radiograph is an important adjunct in the diagnosis of many conditions, including chest wall fractures, pneumothorax, hemothorax, and injuries to the heart and great vessels (e.g., enlarged cardiac silhouette, widened mediastinum). So take a chest X-ray to rule out these hope that explains

.my daughter has had a diaper rash, a few boils she was given antibiotics but now her vulva is swollen and their is a hard bump under the skin on her vulva what should i do?

Hi, Was the boils also on the diaper area? When the antibiotic was completed? If painful, this can indicate infection/cellulitis there, necessitating another course of antibiotic. If no much pain/local redness/warmth, and no fever, just try paracetamol/ibuprofen three times a day after food for 3 days. If not getting down by then, or the above said features are present, kindly get back to doctor. Hope I have answered your query. Let me know if I can assist you further. Take care

.My daughter is 7weeks pregnant and just had a sebaceous cysts removed from the back of her leg. They admitted her to the hospital and in an iv. Is this normal or does sound like there is another problem?

Hideout take tension.sebaceous cysts are very common swellings. These are cutaneous swellings. Normally the dead skin will fall off when we bath or wash. Here the dead skin will be accumulated in cutaneous area at hair follicle region. So we will usually see green / black puncture with swelling underneath.It's important to remove the cyst completely without leaving cyst wall. High rate of recurrence is expected. As far ad pregnancy is concerned nothing to worry.it doesn't have any effect on pregnancy. Thank youth best regardsVasundhara

Input	Output
<p>.MY GIRLFRIEND HAS TAKEN THE UNWANTED 72 WITHIN 40 MINS OF THE INTERCOURSE,BUT I AM NOT SURE ABOUT THE EJACULATION HAPPEN INSIDE OR NOT. THIS INCIDENT IS OF JUST 3 DAYS BEFORE. FROM THE DAY SHE TOOK SHE IS HAVING A REGULAR STOMACH ACHE. IS THAT NORMAL ??? OR SHOWING SOME WEIRD SIGNS OF DANGER . ? WHAT THIS STOMACH PAIN INDICATES ?? AND HOW TO CURE THE PAIN ? PLEASE SUGGEST ME ANSWER. I AM SCARED BECAUSE THIS WAS MY FIRST INTERCOURSE.</p>	<p>Hi, Thanks for the query. As she took the emergency contraceptive pill within 24 hours of the intercourse the possibility of pregnancy less. Some amount of pain abdomen can be seen sometimes after taking hormonal pills. Other causes of pain are pelvic infection, stating of with . Pain due to emergency contraceptive pill usually subside soon without need of medication. So possibly her symptoms will subside soon. If the pain persists let her consult gynecologist once and get examined to find out possibilities like pelvic infection etc. According to that further management can be planned. Take care.</p>
<p>.My mom is suffering from eosinophilia since last 1 yr and high blood pressure since last 15 yrs.She also has leukoderma and doctors are constantly changing medicine since last 14 years.However she has stopped taking any medicine of leukoderma since last 5-6 yrs but now dur to increase number of eosinophils she keeps coughing non stop specially during night time.at present she is taking Olmezest Am,Livosiz 10, MOza Plus,Respira Ace And Enzocort.Sir pls Help.Thanx Sona JhaEmail Id: YYYY@YYYY</p>	<p>HA high eosinophil is suggestive of acute allergic inflammation, parasites infestation, skin eczema or psoriasis-like condition etcetera. According to cause specific treatment given. You have been prescribed antiallergic medication as well. For your work up the following study can be done. -Auscultation -Peripheral smear examination -Chest x-ray -Pulmonary function test -Stool routine micro examination etcetera. Consult a physician for examination. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>.my mother is suffering from toe nail infection.drs diagnosed it as an onychomycosis.she has been treated by local antifungal plus oral antifungal.i.e.fluconazole.but got no relief.it has been almost 1 year.her other nails also got stating same yellowish,powdery look.plz help.</p>	<p>Toe nail infections can be difficult to treat, and the medication has to be taken for a prolonged period of time. Terbinafine (Tamil) and itraconazole (soprano) are the . Terminating is used 250Å mg once daily for 12 weeks. Itraconazole is also used daily for 12 weeks for toenail infections. She may want to visit her doctor for a review and a prescription for one of these medications. I hope this helps</p>
<p>.my name is mansa,age-24, my hair is suffering from whitness. bt it is initially started.my 20,25 hair suffering from whiteness,actually i was taken homeopatedicine as treatment,but after taking medicine.my hair whiteness increases,so i want a natural treatment.as treatment.im from india</p>	<p>The cause of graying seems to be a combination of genetic factors and stress in the body, along with vitamin B-12 deficiency or problems with pituitary or thyroid gland can cause graying. [so check with necessary examination and relevant investigations]2. Avoid oily, spicy,fried, and left over food. Avoid too much exposure to heat, . Avoid Stress and have a good sleep, along with regular morning walk of 45 minutes. Massage lightly with Mahabhringraj oil at night (before retiring to bed). Soap nut, along with Sakai+bhangra and Naming oil acts as natural conditioner.3. You can take vitamin A diet (carrot, milk,papaya, cantaloupe, pumpkin, mango, squash, kale) along with vitamin B (milk, eggs,nuts, mushrooms,green vegetables, cereals, pasta)</p>

.My penis hurts extremely whenever i pee and my penis head has become very painful to touch. i was prescribed azithromycin but it seems to have only gotten worse, to the point that i have refused to pee anymore because it feels like someone is slicing my urethra with a razorblade when i try. plus my mouth and tongue has recently begun breaking out and becoming very sore. what could be wrong that the antibiotics couldnt help?

HIt may be due to urinary tract infection. For that you may require complete hologram, urinalysis, ultrasound abdomen after urologist consultation. You may require antibiotics after consultation. For pain, you can take tablet acetaminophen. You may require spy. Vital. Keep your self HY . Maintain proper hygiene. Hope I have answered your query. Let me know if I can assist you further.

.sir im 18yrs old.ive been masturbating since i was 12.n been masturbating some 4-6 times a day.bt nw dat im 18+ i feel too low.with loss of nutrients,stamina,bad digestion,eyes gone weak,eye fuzzion,memory loss,i cant concentrate on any thing and am surrounded by only sexual thoughts.all nw i dont have hard erections and that now rarely do i flow sperm dat too wattery kind

Hiii.welcome to our site.to get good erections, don't masturbate more than twice a week. Do yoga, exercise etc., it will help in supplying more blood to penis. Do penile massage with oil. Do 20 to 50 strokes daily during massage. Each stroke should lose for 7 to 10 seconds.Lincoln gel application before intercourse helps in providing good results without side effects. Hope my answer would have helped you.

.the cyst appears to be in left frontal lobe of the liver .the patient doesnt have any pain or problems.but its been detected in the CT scan and the cyst may grow in future.Is it dangerous to go for surgery and get it removed now.?the cyst is 7.09cms in length and 5cms in breadth.please do assist me.

Hi . I understand your concerns and I will try to help you as much as I can. If there are no features of cancer and no symptoms then this should not be removed unless it grows to more than 10Â cm in size or symptoms occur. If there is doubt about malignancy then MRI scan should be done for more accurate diagnosis. I hope I have answered you query. If you have any further questions you can contact us in every time. Kindly regards. Wish you a good health. .

.two days ago, i got a light nail scratch by a dog in my left hand, n little blood came out. I washed that place with water. n Dr. gave me Tetanus injection as well as RABIPUR injection. please suggest me sir.what shall be my other precautions.!!thanks.!!!!

Active immunization with antirabies vaccine on days 0,3,7,14 and 28.2. Passive immunization with Rigs around the wound.3. Oral antibiotic like Tab Augmenting, twice daily4. Topical Tract ointment. Thank you.

'Doctor, I have been experiencing blindness and decreased appetite lately, can you tell me what is wrong with me?'

'Based on your symptoms, it is possible that you may have brain cancer.'

(appendicitis operation open belly)how many months should we wait before getting pregnant again? hi doctor and thanks in advance for your answer. we have already a healthy boy of 3 and half years .at the time during pregnancy my wife had appendicitis inflammation we used injections of ampicilinium and every thing was ok . she had a natural birth .1 month ago after being advised by doctors on not having the second pregnancy without putting away the same risk with appendicitis .so we got operated traditional way and every thing seems to be ok. how much should we wait now for the second baby ?your opinion please.

Hello. Since you have already had the appendectomy done, you can again try for the next child as soon as your wife feels perfectly alright. The overall status of the region where the appendix was located before can be known after consultation with your physician who can either do a routine ultrasound or if necessary a CT scan of that region to know the status of the base of the appendix.

If everything is normal, then you should go ahead with your next child. Hope this helps. Regards.

(Its three months after my miscarriage now and really trying to conceive again. I have done all necessary check ups. Is it okay to take only folic acid 5mg per day.(2) Also, I observed m not producing cervical mucous during ovulation since after my miscarriage. Please what can I do to boost the production of fertile cervical mucous during ovulation.

HYes, folic acid can be taken on a daily basis as a prenatal vitamin. If ovulation status has been achieved on a regular basis and the hormonal profile is normal, there is no need of additional hormonal supplementation. If needed, your doctor may prescribe progesterone supplements to be used during the latter half of the cycle. Checking of tubal patency also is necessary if you do not see any result after at least six months of trying. Hope you find this information useful. Take care.

(Last week, i went for a health checkup as part of admission to university in August this year. When i took my blood pressure, it was recorded as 133/76. The nurse took a second reading and it was the same as well. When i saw the doctor, she told me that my blood pressure was slightly high, and she took a third time, but this time round, i wasn t told of my pressure. I was wondering if this blood pressure of 133/76 - isit considered as hypertension. My dad has history of hypertension and is currently under medication. And also, what are some things that I can do to keep my pressure normal if I do not want to see a doctor as of now, i.e. food to eat and abstain?

Hi, Your present blood pressure is at a pre-hypertension level. Although you are not yet hypertensive, that level, along with your family history of having hypertension, puts you at a higher risk of being an over hypertensive. If I may only know more details about you, I would be able to help you more. But on top of these, one important aspect in the prevention of hypertension is the avoidance of salty foods, weight loss to appropriate levels, as well as aerobic exercise, all of which maintains optimal blood pressure. Hope I have answered your query. Let me know if I can assist you further.

(20 years old, 6 foot, 135 pounds, no serious medical issues, recovering smoker) White pus like substance on gums, easily removed with brushing. but it comes back. theres no redness underneath, just normal pink gums. Its no where else in my mouth (i.e. Not on my tongue or back/roof of my mouth). Should I be concerned?

HI have read your inquiry. My initial screening would include an evaluation for:-Periodontal disease-Ulcerating gingivitis-Heavy plaque and tartar accumulation-Fungal oral yeast infection-Changes in your salivary glands-Dental infections with . Have there been any recent changes to your diet? Have you started to use any new products? Allergic reactions are possible. Are there changes in medications or vitamins? Do you experience a

(a) I am using Minipress XL 2.5 daily(b) due to indigesion Dr has prescribed Enzar tab in the morning and evening(c) Vi Bact in the Morning(d) Normaxin two times(e) And Remylin prescribed but not taken yet Now I am suffering low Blood pressure. Please advice me

Hi stop taking antihypertensive medication till you are on medicines for indigestion once settled you can again restart with your antihypertensive medicine otherwise eat a high salt diet, take at least 2.5litres of water daily gastric upset cause loss of sodium and potassium like minerals from stools they play a pivotal role in maintaining blood pressure normal hence either stop ministers XL till your stomach is ok or take excess sodium and potassium in diet

(im a girl) So we had some genital touching but not long nothing went inside but ever since then I have been feeling bloated and burping alot stomache aches and cant focus on school do you know what could be happening are these signs of pregnancy maybe?

Hello . I have gone through your query and I can understand your concerns. In order to become pregnant one has to do sexual intercourse which involves penetration and ejaculation of sperms

into the vagina. As you haven't done this, so pregnancy is out of question. If I were your treating physician I would have prescribed metoclopramide as a gastroprokinetic

(Testicular Cancer Problem) Background Male Asian(Chinese and Cambodian)-American age 19-20 Problem: I just recently self examined myself for testicular cancer, but I can not currently tell exactly what I am feeling. Both my left and right testicles have no problems as in: no bumps on them, and no other weird feeling however there is a distinct difference of the epididymis(i think) between the left and right one. My left testicle seems to be covered/overlapped(closer towards the body side) by a rather large amount of material(the material is squishy and the amount is approximately the same volume as the testicle). My right testicle does not have such large material, but I do feel it having the epididymis. I also do not have/feel any of the symptoms from testicular cancer. Question: Should I immediately see my doctor? or Should I ask my doctor whenever I see him/her again?

You probably have what is called a varicocele. This is nothing but a dilation of the veins of the testicle. This is not cancerous and does not lead to cancer. Lie down on the bed and hold your left testicle slightly raised. After a while, the swelling will disappear. This is diagnostic for varicocele. It is not urgent but when you meet your doctor, get an ultrasound of the scrotal area and of the whole abdomen done. Sometimes, varicocele is due to a kidney tumor which one must rule out.

[URL=http://s1280.photobucket.com/user/nonames4/media/Mobile%20Uploads/image_zpsf07d9ae4.jpg.html][IMG]http://i1280.photobucket.com/albums/a484/nonames4/Mobile%20Uploads/image_zpsf07d9ae4.jpg[/IMG][URL] I have been having issues with my tonsils for the past 2 month now. I got these clear fluid like bumps on my tonsils they make me feel like there s something constantly stuck in my throat. Last time I had this it last a month, went away but now it s back. Each time they showed up was after I got sick I noticed. I also cough and a little bit of thick phlem comes up each time. I went to the dr last time and he said it wasn t anything to worry about but I am worried.

Hello dear, I can understand your situation and problem. You are having recurrent tonsillitis. The most common cause for this is viral Infection (influenza). So I advise you to take adult influenza vaccination annually to prevent recurrent viral tonsillitis. Surgery is also an option. Recurrent tonsillitis is an indication for surgery. Tonsillectomy is the surgery needed for this. So better to consult ENT doctor and discuss all these options.

@ 2 yrs ago I had a stomach ulcer, no problems since. dr took me off all arthritis med. My severe pain arms, neck, back, legs & knees have made me sedentary. 15 to 20 lb weight gain. I can barely walk or lift my arms. I took one 800 Ibuprofen today & it helped with the inflammation. am I playint russian roulette?. Thanks.

I would suggest you add pantoprazole 40 mg along with every dose of ibuprofen you are taking as you have a significant history of stomach ulcers. The dosage can be up to a maximum of 3200 mg/day, but that will increase the risk of renal side effects. The lower the dose the lesser the side effects. I suggest try to take two 400mg tablets, one morning and one evening. If pain doesn't subside then revert to 800 mg tab once a day

* 3 weeks ago I had urgency to urinate but just couldn't * then I noticed blood on the paper / not light or dark but RED * the urgency became so significant I had to use a mini pad * I thought it may be vaginal * rev'd a script for Biaxin (500 mg) bid * life went back to normal * now I have blood and puss (visible) * urgency * feel like my bladder is not emptying * pain on lower left back at times * notice bruising (generalized / no pain) * little red dots on my arms that seem to cluster (no pain) hx: small kidney stones / ETOH abuse / New Mexico resident -- always dehydrated

Hi, Looking to your history, it seems that you have urinary tract infection and associated kidney stone. Urine infection needs proper evaluation that it has involved kidney or not. Do basic urine

report including urine culture, blood count, S. creatinine and sonography or better if you can do CT scan. Kidney stone can precipitate urine infection. So, take opinion of urologist about stone management if it is obstructing the fine passage. Proper treatment of urine infection for adequate duration of antibiotic can completely eradicate your urine infection and your symptoms. So, don't get worried. Maintaining adequate HY . I think this would be helpful to you. Please feel free to communicate further with your reports. Best wishes. Tc.

* Diagnosed with m in 2010 and initially treated with Hormonal injections, anti-androgen tablets and bisphosphonate (Lucrin, Androcur to Casodex, Zometa)* Radiotherapy in 2011 for ?Bony pain* Started on Chemotherapy with Docetaxel (Textotere) 2013* Now rising PSA and evidence of disease progression on CT and Bone scan

Yes a rising serum PSA is almost always considered as an evidence of cancer activity and progression. A rising PSA is considered as treatment failure. I hope I have succeeded in providing the information you were looking for. Best wishes

Input	Output
<p>/ maam i am a 24yr old female suffering from hair loss due to dandruff and some skin problem , my skin is very dry in dull and looks patchy, in spite of having good diet and sleep, please suggest, some say it may be coz of dandruff which fall on skin due to which i am facing skin problem, please suggest, as i am every going through homeopathy treatment which did not benefit in any way</p>	<p>any form of stress (physical/mental/emotional), use of strong shampoos and frequent changes with hair products, polluted environment, under nutrition, improper hygiene habits, excess intake of sweet and oily food?2. Is hemoglobin level, Thyroid profile normal?3. DAN . However, severe seborrhea dermatitis may cause patchy baldness, hair loss.4. Include green leafy vegetables, whole grains, salad, almonds, carrots, AMLA, seasonal fruits in your diet.5. Avoid spicy, greasy, oily, fried foods and too much oiling and use of hard shampoos on your hair.6. Use of Brahma oil helps with</p>
<p>/ Madam, I have faced a situation of suddenly fainting a couple of times. Generally it happened when i have just got up from sleep suddenly and then after a while feel a bit of breathlessness and then suddenly i find myself on the floor. I do not even remember how i had fallen and when did i fell. Just after a while i get back to normal. Please help me in diagnosing the right issue and is this a serious disorder?</p>	<p>Any pathology in the vestibular apparatus in inner ear (it is associated with maintenance of body posture & balance)2. Any fluctuation in blood pressure levels such as Hypotension.3. Decrease in blood sugar levels (Hypoglycemia)4. Deficiency of certain nutrients like Iron, vitamin B 12, Calcium, etc. which also interferes with blood formation & nerve conduction.5. Tension/stress & lack of adequate rest and sleep. Investigations like complete blood count, estimation of blood pressure and blood sugar levels will be helpful in clinching the diagnosis. A CT scan of brain might be required to rule out any pathology. So, it will be better to consult your General Physician & get a proper physical examination done. So that appropriate management steps could be taken. Meanwhile, you should maintain adequate HY . There is no need to worry, you will be fine. Wishing you a good health. Thanks & take care.</p>
<p>/maam,I have mild pain in my lower left abdomen since 15 days. Its mild but not severe!It occurs mostly when i am sitting! When i walk or go out it does not occur! Could there be anything to worry about?Your help would be appreciable!Thank you</p>	<p>I have gone through the details, but you need to be examined clinically before a diagnosis can be made. If you are having irregular bowel habits, there is a possible correlation and such a pain typically occurs due to constipation. If that is the case, you would need to take a high fiber diet and avoid junk food. I would insist you not to grow apprehensive, but please visit a doctor and get yourself checked.</p>
<p>/MaamI am 35 years old. 8 years back I tested HbsAg positive. Then the doc made me do a complete Hepatitis B profile and found that I have HbeAg antibodies in sufficient amount and DNA tested negative for Hep B. Also I tested negative for Hep C. But after an USG the doc mentioned that I have fatty liver and ever since my SGPT remains a bit on the higher side. Before it used to be like 86 . recently it is 68. The doc said it is because of fatty liver and is not of acute concern. He also prescribed Udiliv 150 mg once daily for me . Just want advice on whether I am on the right trackThanks</p>	<p>HelloFatty liver is due to deposition of fat within the liver cells. Fatty liver is a reversible condition.It is usually reverses with treatment of underlying cause.Non-alcoholic fatty changes in liver may be due to many causes like obesity, sedentary life, hepatitis,altered lipid profile, metabolic disorder etc. Fatty liver may be due to Hep B positive in your case. You are rightly advised that it is not a</p>

serious issue. Hepatitis B is generally a self limiting condition. You are rightly prescribed AdA-liv. It will help in regeneration of liver cells. Fatty liver will reverse with treatment of underlying cause. Get well soon. Take Care .

/madam I am sharad I have a problem that my gums is bleeding and gums curve not around teeth when I smile it looks very bad so what should I do please help me.

Hell, Thanks for posting your query. From the details produced, your gums are heavily infected and swollen. Get thorough scaling done. If required, shaping of gums can be done. Rinse your mouth after every meal to prevent plaque accumulation. Brush your teeth twice daily. Use chlorhexidine mouth rinse to gargle. Use soft bristled toothbrush and clean your teeth in back-forth, up-down motion. Take care.

/madam i am ttc more than a year. I have pcod. Irregular period. After 2nd cycle of clomid i got positive hpt bt had misscarriage in oct 2013. Just before my + hpt my gyn vaccinnated me mmr due to rubella. My gyn done lap ovary drilling in 2014 bt again put me on clomid. Bt still cant find any positive result. After 3 cycle my period again irregular and my gyn suggested me ovalife day and ngt and folice acid. And plan for oi and iui. Bt i am not happy wid that. Consult other gyn she told me u dont need it. U can get preg naturally. Widout any prob. I know every docs have different treatment i feel my privious gyn was doing experiment on me.

Hi, Rubella vaccine has a theoretical risk of affecting the baby. As you said POD is the reason for irregular periods. Why don't you correct the reason for POD ? Pod does not allow ovulation & once pregnancy is reason for many abortions, especially in first 3 months, due to hormone imbalance. Weight is the most important reason for PRO. Your weight should be Height in CMS -100 (e.g. 160 cms-100 = weight 60 kg normal) Try Low Malory diet & regular exercise. No fasting please. Check your Thyroid status / Blood sugars / serum prolactin these are altered in POD. If periods are not corrected even after proper weight reduction, you can go ahead with Ovulation induction pills with / without injections of hormones. Waiting for natural ovulation now may not be successful. GUI will be needed only if your husband has some problem. All the best .

/madam I went for a scan on 20th of aug . Took abdomen and pelvis scan everything is normal but only cavity echo measures was mentioned 6mm so the doctor told me it might be a early pregnancy and suggested me folic acid tablets but i have 6 more days for my periods date (30th of aug) but scan was taken on 20th aug . and now iwant to know what is it and can i have sexual contact for these 6 more days or can i take pregnancy test befor my date

Hi, Pregnancy occur when you did sex in fertile phase of period. Day 10th to 18th day considered as a fertile phase if you have 28 to 30 days regular cycle. Pregnancy test will give positive result once your period will delay by more than 7 days. No meaning of doing pregnancy tests 6 days before period, it will come negative. You can go for blood test 10 days after sex to confirm pregnancy. It is more accurate and detect pregnancy earlier compared to urine pregnancy test. You can do sex in last 6 days, but pregnancy will not occur during this day's as it complete safe period. Avoid stress, take healthy diet, . Hope this may help you. Contact further if follow up needed. Best regards,

/madam Yesterday pain started in mu upper left jaw all of a sudden. I think it started while i was eating sandwitch but did not pay attention to it. But while dinner if i open my full mouth it pained. Today iin the morning its the same. it while opening my mouth upper jaw hurts alot. Please suggest something that would easy the pain. Thanks

The pain on opening the mouth could be because temporomandibular joint disorder. Or it can be radiating pain from any tooth infection. Consult an oral physician and get yourself examined. You need to take a radiograph of the whole jaw like OPG and TMJ views to rule out any tooth infection

or TMJ disorder. If it is tooth origin then we can treat the tooth. If it is of TMJ origin then you can take proximal tablet twice on the first day and once daily for next 5 days. Do not open you jaw to wide and do not eat hard things for 15 days. I hope my answer will help you. Take care

/madam, actually i infected by jaundice due to infection of gall bladder and gall stones. my docor placed stunts for jaundice and again gall bladder removed with endoscopy surgery. doctor give me diet list at the time of discharge. some non-vegeterian items like chicken and fish was there in that list.my friends and family members was said that never eat non-vegetarian items, fat food, chillis etc. CAN YOU TELL ME THE PERFECT DIET FOR JAUNDICE YYY@YYY

Hi, How are you? I am so sorry to hear all the symptoms you had, and I am glad you have been successfully treated for it. In you case, the jaundice was due to stones blocking the bile duct and not due to any liver disease. So you do not need to be worried about taking a diet which will be easy on the liver. If the jaundice was due to liver disease, then usually a fat free diet would have been recommended. But since the jaundice in your case has been successfully treated by the stent and surgery, there is no need for you stick to any kind of diet, although in general avoiding excess fatty food is good for your general health. It does not matter if you are a vegetarian. The diet sheet is just a suggestion and not a rule. One other option would be to request the dietician at the hospital to provide you with a vegetarian diet sheet. I hope this helped, and I hope you get better soon. Please do not hesitate to contact me for further clarifications .

/madam, i am 20 years old guy, i am suffering from hair loss. i have lost almost 40% of hair in my crown area. i consult a doctor he said it is due to genetic because my father have bald.i asked him whether to use ermavatin but he said it will grow your hair but affect when you involved in sex, he also said it will affect the sperms. Can you tell is it true or their marketing techniques.Can i use ermavatin at this age???

Hi, There are many causes of hair fall like heredity, stress, any medical disorders like thyroid, lifestyle or using chemical treatments for hair. After ruling out the cause and careful examination, the dermatologist can prescribe you treatment which can help reduce the hair fall. That does have a side effect, but it is only in 1 to 2 % of the people and is temporary. Hope I have answered your query. Let me know if I can assist you further.

/madam, I am a 16 year old student from india. i have an problem. i have lost my concentrartion during past month and due to this i also cannot concentrate on my studies and other activities such as playing, listning , watching movies etc. please just tell me the rootcause of the problem. this problem ocured with me suddenly i shall be very thankfull to you.

Hi Deepak, Welcome to Healthcare Magic, and From your brief description, I understand that you have been suddenly having difficulty in concentration and feeling disinterested in your normally enjoyable activities. Since you have mentioned that it has been sudden, it is important to know if there have been any recent changes in your personal circumstances or social environment or if you are in the midst of a stressful situation. Excessive stress and difficulty in coping is a common reason to feel disinterested and detached from studies and other pleasurable things. There is also a possibility that you may be going through a depression, in case you have other symptoms like negative thoughts, feeling low, reduced energy, poor sleep / appetite, etc. My advice to you would be to talk to and share your feelings with someone close to you, especially if there is something bothering you. In such situations, it is also important to try not to isolate yourself or spend a lot of time in solitude, as it can worsen your symptoms. If you find that your symptoms are severe or worsening or affecting your day-to-day functioning, then you need to seek professional help, probably from a psychiatrist. All the best. -

<p>/madam, I have a breathing problem as soon as i started doing exercise to reduce my belly i think.its a simple exercise just raising my two legs to upward direction by normal lying position.i did breathing exercises also but it doesnt help.Is that due to air blockages in my chest?.</p>	<p>. You have breathing difficulty on slight exertion. So this should not be neglected. First get your resp examination by auscultation. If suggestive of bronchoconstriction by rhonchi heard then bronchodilator . Second if fast breathing with sign and symptom suggestive bacterial infection like cough and fever then antibiotic need to be given. For detail work up of resp causes chest x-ray and spirometry useful. Here if you have hypertension history then cardiac failure also should be ruled out.ECG or echo done. If you are obese, hyper cholesterol, smoking history and calf swelling then rule out pulmonary embolism by d dimer. I have given you best diagnostic possibilities but remember physical examination utmost important and accordingly work up decided. Take care.</p>
<p>/Madam, I have visited Manipal for running nose and eye irritation week back. they suggested 3 days medicine. Still no improvemnt after taking medicine. I feeling bad. Please let me know whom i need to consult for General Medicine good experienced docotor</p>	<p>Your symptoms suggest you probably have allergic rhinitis. If this has lasted for more than 2 weeks then it is due to allergy. Consult an allergist or pulmonologist for the same. If it is of lesser duration then it is viral infection requiring antihistamines and analgesics.Don't worry, you will be alright. Hope I have solved your query. Wish you good health. Thanks.</p>
<p>/Madam, One of my friend is having blood cancer and the doctors advised to undergo stem cell transpantation. Is there any alternative way to do it. She is from a very poor family and hence they cannot spend money for her treatment please let me know is there any alternatives. Also i heard that Imitinef Mercilet is a medicine which cures blood cancer.Is there any use of taking this medicine??</p>	<p>Hi, Imatinib is used to treat CML (a type of blood Cancer). There are different kinds of blood cancer which can be diagnosed with investigation. Your friends treating doctor may have diagnosed it and advised her for stem cell transpantation. She should approach her doctor for alternative treatments if any and should discuss the course of treatment, as you have not mentioned the type of blood cancer. Wishes for her good Health.</p>
<p>/madam,i am adeel ahmad from INDIA.since last two year i am suffering chest pain.ihave consulted so many doctors but didnt get relief.before two days back i havecontacted one chest specialist he told me you have chest deformity thats a maincause of painning.but now i am really fed up of doctors and medicines.what should i do pleasegive me some valuable advice. hope you understand my problem.i am eagerly waiting for you reply.thanks & regardsadeel ahmad</p>	<p>Apply warm water pad on affected areas of chest. 2. Avoid movements causing pain. Avoid heavyweight lifting and strenuous exercise. 3. Avoid sudden jerky movements of chest.4. Take simple painkiller like paracetamol or ibuprofen if required.5. Start calcium and vitamin D 3 supplements for faster recovery.Don't worry, you will be alright with all these. Avoid stress and tension, be relaxed and calm. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
<p>/madam,i am sravanthi 27years old we are trying to get pregnancy from 3 years. i have take follicular study by trans abdomen ultrasound. following the report information.ultrs measures 66*25*29mm.uterus is normal in size and echotexture.no focal lesion seen.myometrial and endometrial echoes are well seen and appear normalendometrial thicknness 6 mm.right ovary measures 25*16mm, left ovary measures 26*18mmboth ovaries are normal in size and echotexturethere is no evidence of free fluid seen in pelvisright ovary follicle - noleft ovary follicle - noendometrium - 6mmfluid in POD - nilplease clarify is there any problem. following the reports of</p>	

<p>my husbandsemen analysis reportphysical examinationquantity - 2.5mlcolour - g.</p> <p>whitishviscosity - viscousreaction - alkalineliquifation time - 30 minmicroscopic examinationtotal</p> <p>sperm count - 25 millions/ mlactive motile - 30%sluggshly motile - 30%non motile -</p> <p>40%morphology normal forms - 60%abnormal forms - 40 % others pus cells - 5-6 / h.p.epithelial</p> <p>cells - 1-2/ h.p.please clarify the problem and give a replay what is the next procedures.please do</p> <p>the neeful.thankyouregards,sravanthi</p>	<p>Hello SravanthiThanks for your query. Your husbands' semen analysis is borderline normal. I would ask you to consult an Infertility Specialist and for your husband to consult an Pro an . Have your ovulation status documented via follicular monitoring and have complete hormonal profile done.</p> <p>Have patency of the fallopian tubes assessed through laparoscopy or HSG. With your husbands report, better results can be achieved through GUI (intrauterine insemination) if your tubes are open. All the best.</p>
<p>/Madam,I and my gf are going to have sex for the first time. we dont wish to use any protection for same. Is it safe if after 2 days of sex, my gf takes a single tablet of unwanted 72? Would there be any chance of pregnancy or any other side effect?Thanks</p>	<p>Hello dear, I understand your concern. In my opinion the unwanted 72 comes under emergency contraception. The emergency contraception is used when the protection is failed like irregular intake of birth control pills or tear or slippage of condom etc. But it should not be used for regular usage. Unwanted 72 is high dose progesterone hormone. It causes hormonal imbalance. So if used regularly it might cause heavy bleeding. So restrict for emergency situations. Unwanted 72 is effective in 95% cases in preventing pregnancy if taken within 72 hours of unprotected intercourse. Intercourse can be done without protection in case of safe period of menstrual cycle. Safe period is the one where there are no chances of pregnancy with unprotected intercourse. Safe period is said to be roughly around 1 week before and after the period and during the period. But this safe period method or natural method is applicable only in case of regular cycle. So kindly check for the safe period and if inevitable you can go for unwanted 72. Hope this helps. Best regards.</p>
<p>/madam,My Chief Complaint: I have painful post auricular lymph node swelling since 4days.Yesterday evening 1 more post auricular lymph node was noticed swollen which was sudden in onset & painless.Personal History: I am a 22 year old male.I do NO substance abuse/alcohol/smoking.No dandruff on head.Past History: NO similar complaint.Medications: Sir, I am taking antibiotics AUGUMENTIN DUO(amoxicillin+clavulonic acid) & painkillers since 4 days.I am worried because one more lymph node started swelling & I even worried about cancer.PLEASE HELP ME to diagnose disease/find out cause for my disease.</p>	<p>Hi, I have gone through your query and I can understand your concerns. As per your description, your swollen lymph node would be reactive in origin due to inflammation of nearby area. You don't need to worry that much because chances for cancer is very unlikely. Post auricular lymph node .</p> <p>So we have to examine your oral cavity for dental caries and throat infection and enlarged tonsils.</p> <p>We have to do an ENT examination to rule out infection in your ear. Also check your scalp for Dan</p>
<p>/madam,please help me for my question thanks in advance im 28 year old my height is 5 1 and weight 64 kg(my period cycle 30 day ,after my d&c,last year September i went for d&c)on the basis of 17oct 2011 test -my thyroid is 2.74 and have polycystic ovary i am trying to get pregnant doctor give me medicine(m2tone, thyronorm 25mcg) for my thyroid and ovary problem and for regular periods.my periods 14 days late,(came on 20 November).after my D&C MY PERIODS WAS NOR REGULAR(40 days).but with the help of these medicine from last 2 month m periods were coming in 30 days.want to get prego.</p>	<p>Hello. forum. You are having PCs also, so it can't be said that with thyroid under control, you will get pregnant.PCs is associated with adverse pregnancy and birth outcome, whether assisted</p>

reproductive technology was used to conceive or not. Keep trying, loose weight and don't loose heart or patience. Keep in regular touch with your Gone. You will definitely succeed. Thanks and good luck.

/Madam,Three weeks before my mother had chilling fever and night sweats. We consulted a doctor and blood and urine tests confirmed that she had urinary infection. To substantiate, her ESR was as high as 90 mm/hr.The antibiotics did not solve the problem and she was admitted for a series of injections which cured her fever and she was discharged.Two days later, she had fever again and we took her to KMC Manipal. Her ESR was constantly high around 70-85. Doctors ruled out TB, Malaria, and Typhoid (though doc gave Malaria tablets to avoid risks)At the moment, my mother has mild recurring fever (99degrees for 2 hrs once in two days) and a high ESR. We are concerned can you help ?

High ESR indicates ongoing inflammation. CRP levels would be more accurate to assess current inflammation.² She might be having a focus of infection at some spot, which is currently unknown. As fever is persistent, along with high ESR, search for the loci is necessary³. Need to look into lymphocytes or neutrophil levels to assess for infection. Get CRP, blood counts and urine and blood culture to assess further. Hope it helps. Any further queries, happy to help again.

Input	Output
<p>/madame, I belong to pakistan last week my father doctor recommend the test of Tc-99m mibi strees and the result of this test is mild reversible myocardial ischaemia involving anteroseptal wall can anyone tell us that what is the problem? My father has a diabetes/ and blood pressure patient. Plz tell what we will do???</p>	<p>Hello. The test result indicative of some area in the heart having less blood supply or no blood supply and it's happening due to the cardiac artery disease, condition further needed some cardiac evaluation like angiography, CT angiography and others, to know the lesion in the artery Hope I have answered your query, let me know for further assistance.</p>
<p>/madem, my mother aged 45 yrs was tested with hbsag (ELISA) positive and her blood and liver test reports as follows.Plz assess the condition of my mother and suggest appropriate treatment that should be followed. Date: 22/11/2012 HBS Ag (ELISA): positeve HB e Ag: 0.017 s/co (negative) HCV (ELISA): 0.014 s/co (negative) SGPT 22 u/l SGOT : 46 u/l AK Phosphates: 117 u/l serum creatinine: 0.9 mg/dl Totla bilirubin: 0.5 mg/dl Direct bilirubin: 0.2 mg/dl Indirect bilirubin: 0.3 mg/dl</p>	<p>There are another parameters which are important and you didn't mention: Bag, HBS Ab and HBV ELISA. But knowing what you said your mother has more chronic than acute viral Hepatitis B infection(6% of worlds population has it). It means that she is infected, but laboratory parameters are very good and there is no liver complications. Does she have any symptoms such as fatigue, jaundice, right abdominal pain, weight loss? If she should do ultrasound and liver biopsy. So what about treatment? There is a vaccination, but this is not useful anymore for your mother. Treatment depends on severity of liver damage because this infection passes through different phases. There is a very low possibility of liver cirrhosis and cancer development but considering this she should do repeated work ups at least once a year. There is no some specific treatment or cure. There are some antiviral . She should just listen to her symptoms, follow some hepatic dietary recommendations and take natural substances which strengthen our immunology system. Wish you good health,</p>
<p>/mam good noon. I m divya 21 years old. I m performing arts student. For past 5 months i m suffering from very heavy body pain,especially in my shoulders,joints,hip,nee,foot and fingers. i have swelling in my wrist and fingers too. And after consulting my doctor i came to know that i have high E.S.R COUNT. In my 1st blood test i has (30min-35 mm) (60min-75mm) after 1month i took 2nd test now i have (30mis-15mm)(60mis-32). my question is what should i do to correct my E.S.R count and what are the diet i should follow?? Is this curable one/</p>	<p>Hi, Yeah, that seems quite high. Any inflammation will cause elevated ESR but the rheumatic diseases such as RHEUMATOID ARTHRITIS are often the highest. Infection anywhere can cause inflammation and joint pain but would generally also have signs of infection. We do not diagnose individuals since we are not there to examine them BUT we can give general information. Infection and rheumatic diseases give higher ESR's. Wear and tear or just aches do not elevate ESR. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>/mam I have take at least 2 bottles drinking everyday cough syrup of corex since from 2yrs,lastly i had take 1 bottle at tomorrow 28th march in the evening .Day by days my life became like a hell.now i want to quit this cough syrup corex???just i need your help to get rid from drinking cough syrup.I am always obliged your s for this.help me??</p>	<p>Dear friend, The active ingredients of CORE are chlorpheniramine male ate and codeine phosphate. Codeine is habit-forming and has led to millions being addicted in India and Bangladesh, with many reported deaths. Faced with large scale addiction to codeine containing</p>

cough syrups, Bangladesh banned this and brought in death penalty for possession of Core above 2 litres. Smuggling from India through Tripura border is rampant with regular seizures by police, BSF. Corex has been banned in India from March 2016. Legally, Core can only be obtained by a physicians prescription, but studies show that more than 90% of the product is sold without one. The majority of the sale of Core are people of are addicted to it in India. Police in different states has been conducting regular raids, seizures and criminal cases against chemist stores, pharmacies and stockists who keep diverting Core for sale to addicts. Corex is not generally a fatal . However, many side effects are common. It can cause short term memory loss, sleeplessness, tremors and spasms, muscular pains and deny

/Mam, as per report I found that my semen are very less count. I would like to know who can I increase their productivity throug yoga or execercies. My I know what type are need to increase them. Also let me know what kind of fruits or dry-fruits should I need to eat daily basis to increase their productivity . sperm count and motility . Thanks in advance for your suggestion.

Hello. Thanks for writing to us. Eat a diet that includes whole, unprocessed foods. The best foods for health in general, and also for sperm count problems, are whole grains, legumes, vegetables, fruits, nuts, and seed. Avoid alcohol, smoking, take more of proteins and fresh vegetables. Minerals like zinc & selenium, amino acids like l-carnitine, and antioxidants like vitamin C and vitamin E are very crucial to sperm health. I hope this information has been both informative and helpful for you.

/mam,I have PCOD complaint my doctor adviced to take krimson 35 and metformin .I was very eager to get pregnant. will taking this tablets affects my pregnanacy.is there possibility of getting pregnanat while using this tablets?Awaiting for your reply.Thank you

Hi, thanks for writing. I understand your concern. Metformin helps to decrease appetite and reduce weight thereby influences the hormonal changes and decreases PCs. You should continue this tablet till you become pregnant. Crimson 35 inhibits ovulation and helps in regularizing the periods. So while on this tablet you are unlikely to get pregnant. So stop Crimson 35 if you are planning a pregnancy. Hope I have answered your query. Feel free to ask any doubts through <http://doctor.com/doctors/> . Good day

/mam,im 21 years old.i wont get periods regulary.i had gotmy last period on april 1st.i had participated in sex on last month(june 7th).i was first time for me and that guy.his cock was not completely in my vagina.now i was worried whether ill get pregant.plz.help me.

Relax. Don't worry, there is rare chance of getting pregnant.2. Wait till the next period occurs. If period came then nothing to worry.3. If period not happen then do urinary pregnancy test. If it comes positive then rush to nearby gynecologist. He/she can help you. Good luck. Free to ask for further queries. Regards- .

/mam,My daughter is 3 years old.She was getting allergy Related wheezing once in 2 weeks.But now she has continous wheezing for past 1 week and doctor advised to go for an x-ray.X-ray report says Bilateral mild vascular congestion. Blood report says eosinophil is 540 Wbc 10800.Doctor said its pneumonia and advised for antibiotics through IVE. Since we requested an alternative method he is giving taxim injections twice a day.My concern is so far we have given 5 injections but our doctor says he will decide by tomorrow whether to withdraw injections and give syrups.We are concerned whether we can give so many injections for 3 year old.moreover she has lost weight also.please advise Thank you Swetha

Hello Mam, I just As you have mentioned pneumonia and your physician has started antibiotic I/V treatment. Antibiotic treatment always has a schedule whether it is given orally or through I/V line. *So as per your question antibiotic through I/V line can be given to three years old as per diseases status and your treating doctor can decide it better because he is doing regular clinical

examination.* The loss of weight might be due to improper feeding because during sickness babies have tendency to refuse diet, and they take less amount of food compare to normal.* So complete the treatment and try to give baby more semi-solid and liquid diet as it is easy to give and digest.* I hope you find my answer helpful. Thank you.

/mam. i have an allergy since a year. frequent cold, sneezing . so i went to ent specialist , he prescribed me tab montek-LC, so after 2-3 days my cold , cough, sneezing is gone. but after a week, i have having severe stomach pain, digestion problem and even getting more and more sleep day time. so is it the side effect of tab Montek LC or wat. ??

HiT hanks for your queries gastric irritation occurs in case of montelukast after prolonged use and probably that is causing your stomach pain and digestion problem and sleepiness probably is occurring from levocetirizine component of the Monteagle medicine. So if your symptoms are well controlled now you can omit Better to go for local application of elastane fluticasone nasal spray now after consulting your doctor. For stomach pain you need to take local anesthetic gel like machine gel for symptomatic receive and pantoprazole tablets for healing of the erosion if any by Monteagle. Thank you.

/mamdam,my one yr. & three months old daughter is suffering from loose motions from almost 4 days , even she is not taking proper milk or solid food .On the begning her stool was very smelly & watery but now its not very smelly .pls help me out from this. Regrds

It seems your kid is having viral diarrhea. Once it starts it will take 5-7 days to completely get better. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting,you need not worry. There is no need to use antibiotics unless there is blood in the motion. Antibiotics might worsen if unnecessarily used causing antibiotic associated diarrhea. I suggest you use zinc supplements (Z&D .

Hi doctor,I have sharp pain in the right eye since yesterday evening. Also, I wore a fresh pair contact lens last evening. And I did not wear a contact lens for almost two months. The pain started two hours after wearing contact lens and I went to a marriage function and there were many people with conjunctivitis. There is mild swelling and redness of the right upper eyelid since today morning after I woke up, but no watering and itching.

Hello. I reviewed your history and the photo attached to the question. (attachment removed to protect patient identity). It seems like inflammatory swelling of the upper eyelid, most commonly in the form of hordeolum. I would like to treat this condition by the use of antibiotic eye

My husband was prescribed Cipro for quick sharp pains in the upper and lower back that shot down towards his tailbone area and went vertical wise on both sides. He was prescribed Cipro. This was 5-6 years prior to today. My question for you sir is,. I understand what cipro is and i thought that maybe CIPRO could may had been used as an anti-an- flamitory around that time period? Why was he prescribed CIPRO for back pain? Thank you for your time, you are highly appreciated. TY.

Cipro has a salt by the name of ciprofloxacin which is an antibiotic. Im assuming the doctor gave it to your husband for acute pyelonephritis in which radiating back pain is one of the symptoms along with possible vomiting and fever. So to answer your question, in all probability he was prescribed Cipro to treat the pyelonephritis/kidney infection. Also, Cipro has never and will never be used as an anti-inflammatory

biscupid tooth split and inner portion is very wiggly, I have a dental app set for July 2nd. By pulling the wiggly portion out will the bad smell dissipate and will it increase the chance of infection or additional pain? Currently rinsing 8 times aday with salt water.

Hi. Can understand your concern. As per your complaint in case if your tooth is split into two parts,

and you already have bad smell it indicates that the tooth is already infected as the bad smell occurs due to rotten tooth which occurs due to infection. You are about to consult a dentist and the dentist can take an x Ray of the tooth and rule out the possibility of saving or extracting the tooth. In case if the tooth is not completely cracked and some part can be saved then Root canal treatment followed by capping can help. In case if the tooth has split through and through in two parts then extraction has to be done. Rinsing 8 times is not advisable, and you should not rinse more than 3 to 4 times maximum. Hope this information helps.

year old son banged his head on door, cried a little then went to sleep. After about 25 mins he woke up and threw up on his bed then in the toilet all within a min or two. Was told by RN on phone to wake him every two hours to check that nothing is wrong. Just looking for another opinion. He is not dizzy and no headache.

Vomiting continuously2. Seizures3. Watery or bloody discharge from ears and nose4. Unconsciousness5. Altered sensorial or behavior. If none of them are present, I don't think you should worry about his trivial head injury. Regards -

`hi im a 25 yr old male and im having severe chest pains, mostly left side. its been two days and its been consistantly painful, it hurts only when i breathe in and it hurts the worst where my ribs meet the breast plate.ive been feeling feverish but im not running a fever, i cant get health ins because i have eosinaphylic esophogitis(sorry if i spelled that wrong) and they all turned me down. what should i do?

Take montelukast (anti-allergic) and fexofenadine (antihistamine) combination at nighttime before going to sleep.2. Take antacid (pantoprazole) on empty stomach twice daily. You will mostly improve with all these. Better to avoid hot and spicy food, junk food and large meals. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

`I have been on Ultram for years prescribed by a specialist in fiblermylasia. Recently got a new regular MD who put me on 3/325 hydrocodine ,6 a day plus a fentenal patch 25 mg. I m 72 so my arthritis has gotten unbearable so she had me go to a pain specialist who raised my fentenal to 50 mg. and put a shot of cortison in my lower back. After the shot a lady pain specialist swoops in to tell me my hydro is now down to 3 aday and I no longer will be on the ultram. I am dumbfounded and not sure if she is right. Isn t Ultram for fibermylasia? I still have low pain so I wonder if that was right for me.

Hi, thank-you for providing the brief history of you. As you have Fibromyalgia, this condition called fibromyalgia is the inflammation of the fibers of the muscles. Muscle contains numerous muscle fibers which acts as a mechanism for the contraction of the muscle. And inflammation in the fibers will lead to pain as the muscle gets to fatigue faster. Also, medicine has a limitation to control the inflammation as this is deep inside the muscle fibers and fibers are numerous.in my clinical practice most patients with fibromyalgia are referred to physical therapy as improving the metabolism helps to reduce the pain. Also, doing breathing exercises will help improve the oxygen carrying blood cells and will improve the endurance and avoid the fatigue to occurs soon in the fibers. RegardsJay In .

i shake my penis regular

Dear user, I can understand your concern regarding safety/harmful effects of masturbation. Masturbation is a normal sexual activity. Masturbation is similar to sexual intercourse for penis. What penis does in vagina during sexual intercourse, same it does during masturbation in your folded palm! This is a natural activity and I would say a healthy activity and does not either affect or deter sexual performance. If you feel pleasure and sexual satisfaction after masturbation, no need to be worried about. No need to control. No need to feel guilt. Wish you good health.

My name is Olaug hl have been taking Micardis HCT for the past 2 years . 4 months ago I was admitted to ER for low potassium etc. I was not able to stand up due to vertigo and confusion.

Stayed in the hospital 1 week. My med. was changed to Lisinopril. After a few weeks my legs started swellin especially the left leg. I was not able to walk or wear shoes. last week my DR. d/c Lisinopril, and I got new rx: Losartan Potassium 100mg My left ankle is starting to swell again and .

I get terrible episodes of vertigo and just want to lay down. I ts like a brain fog. Horrible. Thank you ,my friend.My e-mail : YYYY@YYYY

Hello Flag! Welcome on Healthcare magi! Your symptoms (dizziness when standing up) are typical of orthostatic hypotension, which could be related to antihypertensive therapy. For this reason, I would recommend to temporary stop taking losartan or lisinopril and monitor your blood pressure.

A head Up Tilt test would be needed to investigate for orthostatic hypotension. Regarding the leg swelling, it is not a common adverse effect related to the . For this reason, I recommend performing further tests to investigate for the possible causes: - a cardiac ultrasound for heart failure- a chest X-ray study-complete blood count-blood electrolytes- Kinda and liver function tests- a urinalysis- a Doppler ultrasound of the leg vessels for possible chronic venous insufficiency. You should discuss with your doctor on the above tests. Hope you will find this answer helpful! Kind regards,

I am 23 years old. when my penis get erected the foreskin cannot be moved back easily.i have to force it back and it settles at the end of glans. again i have to force it to the front of glans. so please suggest me how can my foreskin can be moved easily.

Thanks for contacting with your medical questions and concerns am sorry to hear that you are having problem with your foreskin. This is a very common condition where the skin does not fully expand. This can cause pain and over time may lead to infections. In my practice when I have men with this problem I refer them two a urologist to perform a circumcision. The cutting of the foreskin then will allow proper erections and prevent future infections. Hope this answers your question.

Please contact us again with your medical concerns and questions

I am a 42 yr old Male with height 6ft and weight 74 kg and serving in defence services. Keep medically fit by cycling. Have been experiencing continuous mild pain in center of chest little to the left last three weeks. No serious impact on my physical activity. What could be the reason.

Avoid heavyweight lifting and strenuous exercise. 2. Avoid movements causing pain. 3. Avoid bad postures in sleep. 4. Take painkiller like ibuprofen. 5. Apply warm water pad on affected areas.

Don't worry, you will mostly improve with all these in 1-2 weeks. If not improving then get done ECG to rule out heart related diseases. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

Input	Output
<p>i am suffering from fever with cold for last abt 35daysi visited doctor and found that there was water in the left lung also they hv tapped out abt 500 m.l. fluid from lung. pls advise what decies i may have</p>	<p>Hello dear Warm .come have evaluated your query thoroughly.* This is pneumonia due to bacterial infection of the lung with vivid mechanisms.* Devices you may have should contain spirometer - which will assist you for pulmonary capacity assessment as well as lung exercises. Pulse oximeter - to check your peripheral circulation oxygen saturation digital thermometer - to check your temperature round the clock digital BP instrument - to check BP at intervals. Hope this will help you. Welcome for any further guidance. Regards dear take care.</p>
<p>my name is sanjeev my age 35 and my wife age 35 we rmarried in 2007 we have no children i have a prob in my sex life my wife is normal everything is normal according to test in last years ie IUI-2010.i have prob in my sex life my peneis does not penetrate her vagina my sperm and wife seams are normal we realized that we will take IVF i dont knw IVF is best for me plz suggest what kind of test should be taken thankyou</p>	<p>HYou are probably suffering from erectile dysfunction as well because penis penetration is difficult as per history. So I suggest you rule out underlying cause for ED like cardiac cause, smoking, alcohol, prostate problem, diabetes etc. For primary work up. For that random blood sugar estimation, EKG, USG scan, serum testosterone estimation can be done Your semen analysis report also should be done. You can revert with reports once done. Hope I have answered your question. Let me know if I can assist you further.</p>
<p>1 1/2 yrs ago my brother, age 81 had a biopsy done on a mass found on his pancreas.it was benign. He just had a CT Scan done and now this mass has grown to 11cm , almost 1/2 inch larger than before. The doctor will be doing a biopsy next week. I asked him can it be removed and he said no because of its size and because of its location.Is 11cm considered very large? Although it was benign before but because it has continued to grow do you feel this time it could be cancer? Thank you.Terian</p>	<p>The size of pancreas is usually not more than 15 cm. Head, body and tail are the main parts of pancreas. Usually the benign carcinoma rarely develops in head , if present may be malignant so get a surgery for this part, however final decision will be taken by a surgeon. In my opinion consult one more surgeon and get his opinion before biopsy (if biopsy excisional will be the best). Good luck.</p>
<p>1 am a 76 year old mail- i have an enlarged prostate. recently i have found blood when going to the bath room right after having sex with- it would seem to me i still have some semen when i start going to the, and when this is flushed away the bright red blood vanishes and my urine is clear. this has happened twice , both times as a result of our sexual activity about a month apart. i was told that it could be a result of the strain on my prostate. i had my last psa approx 6 months ago and it was under a three. i have had some lower back on and off for several years and some pain in my hip area. i did have an mri/body and it indicated my prostate was clear. any advice as im still worried. also had my bladder checked/scloped in the doctors office, and was told everything look normal. however i read some place that discomfort in the lower back,upper leg and hip/rump area could be a sign of prostate cancer. could you please advise if further checking is necessary? im am still very concerned. thank you very much. joe black 608-868-3413=my e-mail is YYYY@YYYY again thank you .</p>	<p>I can understand your concern you have already completed 75 years, the bleeding you see could be due to the bladder cystitis it is common in this age group and this is not the cancer, this will come</p>

around with the Sodium citrate liquid have it three to four times in day with good amount of water, the bleeding will go away, and nothing to worry take care and have nice day.

1 day i masterbated 19 times continously and after that i had very intense pain in my belly or kidney area? since that day their is smthing wrong with me now my sperm color is yellow instead of white nd recently they have become thinner like a transparent liquid and i feels all the time pain in my belly testes and in my knees what to do i think their went sm thing very bad with me

Degree understand your concerns went through your details. I suggest you not to worry much. Astonishing that you managed to masturbate 19 times in a single day! I am amazed. But that is totally wrong. The pain could be explained as strain to the muscles of those areas which are used more for masturbation. Coupled with anxiety associated with frequent masturbation, it made you more anxious and more and more anxious. Forget about the thinness of semen. That area is dependent on so many factors. If your semen is really yellow, and you still have the pain you mentioned, please consult a physician. Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe some psychotherapy techniques for sexological problems which should help you cure your condition. Hope this answers your query. Available for further clarifications. Good luck.

1 during pregant period shall we do sex?2.from which month onwards shall i do sex?3.from which month i want to stop sex during pregant?4we want to put condom during sex when my wife pregantplease i have doubt please clear my doubtplease doctor reply soon.

Hello dear, I understand your concern. Here are the answers for your queries:-Yes you can participate in intercourse during the pregnancy. But it is avoided during the first 3 months and last 2-3 months of pregnancy.2)Condom is not necessary during intercourse as there is no risk of pregnancy.3)In case of complications like spotting or pain abdomen or any vaginal infection better to avoid intercourse during the pregnancy. Have a happy pregnancy and delivery. Hope this helps. Best regards.

1 month ago I got this years flu shot at walgreens. I was in shelter with a women who had pneumonia. Soon I began to have cold symptoms, then a week into it, laryngitis. Lungs felt tight. I was in transit to my hometown and had to sleep out a few nights. Another week went by and a dime sized totally black engorged tick was swept away from my pubic area by washcloth and went down the drain. I got to where my kids live and was coughing up white (like half and half cream) out of my lungs. I went to ER room. I was told I had pneumonia and given 6 amoxicillin 500mg pills (all downed in 5 days) My blood pressure has been high for 10 years and not on medication currently. Its been hanging around 160/110. Now its been 1 month and I am still coughing.no white stuff but lots of clearing phelmy clear stuff. I was no Bullseye yet from the tick but read 50% of people don t see one. My knees and ankles (legs in general) are stiff, more than usual and I am weak and tired. Telling myself the pneumonia kicked my but. I am 62, female and the last couple of days I nearly fell over due to dizziness. Should I go back to an Emergency Room? I have no personal physician and I am on Wisconsin Poor Mans Insurance.

Hi, If I were your treating physician I would suggest you to get a Chest X-ray, routine blood count and sputum culture done to rule out pneumonia. You have been treated with empirical antibiotics for pneumonia, but antibiotic resistance is a common thing these days, hence a sputum culture and sensitivity will help to use appropriate antibiotics. Your dizziness and fatigue should prompt you to control your hypertension. Joint pains shall need evaluation by rheumatologist and should be treated accordingly. Hoping that I have helped you with your query. Wishing you good health. Take Care.

1 month ago i had sex with pros,though i used condom also,but i feared that i have contracted hiv,i went 4 hiv test ,results is non-reactive.dont know why fear of hiv gone deep into me i have developed phobia kind of symtoms due to which i am unable to sleep,feeling heat in left side of my body ,especially back of head(left side) n neck.m taking alprex+ in night 2 sleep with lil help.wht to do ?kindly help.

Degree understand your concerns went through your details. I suggest you not to worry much.

Your problem is obsessive thinking. You are worried that you have HIV. Why worry? If such a situation come we need treatment, not worrying. Worrying alone cannot cure HIV. First get yourself checked for HIV. You can approach two or more labs for confirmation. Once you are satisfied, just leave the matter. Why worry? If you require more of my help in this aspect, Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques which should help you cure your condition further. Hope this answers your query. Available for further clarifications. Good luck.

1 month ago, I had a sharp pain in my upper left arm, which lasted for 4 days. Today again I m feeling some pain in my left upper arm with some back pain towards the left side and also between the blades of my shoulder. I usually have some pain on the left side of my chest or in the center of my chest. From the last 3-4 days I am having nose bleeding too (not that regular way where bleeding is continuous, but whenever I blow my nose, blood clots come from there. This happens mostly in the morning when I wake up). I don t know what to do.

Chest pain are commonly seen in cardiac cause and lung infection. Get a chest x-ray and ECG done. If your chest x-ray is normal, no need to worry about lung infection. Possibility that you might be having hypertension as well as it may cause nose bleeds. So kindly consult a doctor for the same. Hope I have solved your query. Wish you good health. Thanks.

1 of my very close has the following problem. i will explain as far he has told me. spines c5,c6 to c7 or c8 has been detected problem. Doctor said that an disc has been moved. more over the doctor has said that go for physiotherapy and at the same time continue with some medicine he has prescribed mean time let us ask an neuro specialist advice for nerves problem. could u explain me what his actual problem is

Tithe spine is the bone in mid-line of back. It is not single bone - many pieces stacked on each other. In between pieces, there is disc. If disc becomes weak, bone may slip. The spinal cord is inside the spine. Nerves go out between the pieces. So slip may press the cord or the nerve. The nerve may become weak. Pressure on cord can cause paralysis. So you have to see nerve specialist - to prevent or treat. Good luck

1 week after having a lidocaine injection for cavity fill I have a yellow/purple bruise on 3/4 of my cheek with a very hard painful mass between my cheek and jawbone. I was given ammxocillin last week after the procedure because my face became swollen and bruised immediately. Should I be alarmed do I need to see a different dentist?

I have gone through your query and can understand your concerns. As per your complaint it seems that the anesthesia injection needle have been penetrated too deep into the soft tissues, and it has reached the venous plexus located deep in the upper back region, and it has caused Hematoma formation that is leading to bruising and swelling. I would suggest you to consult an Oral Physician and get evaluated, and he can do a thorough clinical evaluation and advise you investigations like x Ray to rule out the exact cause of swelling. As Hematoma is a self limiting condition, it will resolve gradually but can take a longer time to resolve. You can do alternate warm and cool compresses over the swelling at least 3 to 4 times a day. Take anti-inflammatory painkillers like Ibuprofen. Hope this information helps. Thanks and regards. .

<p>1 week ago I had contact with a couple of little girls that have chickenpox, I have already had that disease but today my family will meet to celebrate the new year and there will be some babies and one of my cousins is pregnant and she has not had chickenpox. I want to know if theres a risk of spread the disease to my family.</p>	<p>Hi, If you have not had chicken pox before, or not taken the Varicella vaccine it is better to avoid contact with chicken pox during pregnancy. If you have the disease, you are immune to it, and will not get chicken pox. Chicken pox in the first seven months of pregnancy can affect the baby, it can cause the baby to have a lot of problems with development of brain, liver and spleen. Also, it can affect its hearing. After 28 weeks of pregnancy if the mother gets chicken pox, even she carries a 10 % risk of getting chicken pox (Varicella) pneumonia which can be serious in pregnancy. I would advise your pregnant cousin to avoid the gathering. Hope this helps. Regards.</p>
<p>1 week ago my 5 yr old g/daughter was in car accident with me now she has diarrhea and vomiting it wasnt a car that hit us it was a big tree that went through our radiator and engine she complained of neck pain at hospital but they released her she seemed fine playing but now vomiting and diarrhea should i take her back to er we do have drs appointment thursday</p>	<p>Hello and thank , I understand your concern. Since your daughter has omitting and diarrhea, this us something which is not connected with your accident. She caught apparently virus. My suggestion is to take her to your GP to make proper examination and to give her infusions if she has lost a lot of fluids. Until then gave her water after each omitting and after each diarrhea episode. Avoid heavy food, only toast and light soups, but altered soups. Gave her also one banana or a tomato to supply her with calcium. I hope this answer was helpful to you.</p>
<p>1 year ago I had a meniscus repair. Knee never recovered although repair was successful. PT helped somewhat. Cortisone injections, supartz 2x. Extreme pain when weight bearing. Pain at night wakes me up. On pain meds for that. New MRI showed patella femoral arthritis 2 and 3. no 4. Dr thinks partial knee replacement might help. 2nd opinion Dr. thought going to pain management Dr. and aqua PT would be a good choice. I am perplexed as what I should do. I feel the pain in from my inner knee joint and not muscular.?????my delema Wendy</p>	<p>Hi, You had done your meniscus repair (comprises tibiofemoral joint) but you have a patellofemoral arthritis (Chen . If your pain is bearable and want to avoid a replacement Aquatic therapy with pain management is a good option. In this you need to continue the therapy and the home protocol and can't stop like a dosage of medicine. If you want a joint replacement done, post-operative you need to continue with physiotherapy treatment. Hope this helps you. Let me know if I can assist you further.</p>
<p>1 year ago my mother was surgery from cmc, she suffer form pancreatic tumour . after oparetion not found malignancy of Biopcy report . But Doctor told me that after 6 th month need a CT scan . So , Is it need now ? And any medicine continue ?Please answer me.</p>	<p>Hi, dairy have gone through your question. You may have pancreatic adenoid. So you don't need chemotherapy. But there is chance of recurrence, so you should go for follow-up ct scan to rule out any growth. So according Tom opinion you should go for ct scan. Consult your doctor and plan accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>1 year history of dizziness in a 15 year old female. Dizziness is brought on when sitting still in school. Reports that she feels like her eyes can t focus. Subsequent reports of dizziness when looking up. All vestibular testing is normal and patient no signs of BPPV. No reports of headache, recent head trauma, or anxiety.</p>	<p>Hi there, it is hard to know exactly what is going on without a little more information, but has anyone obtained any imaging of the brain (either a CT scan or an MRI) in the past year? A problem</p>

in the pineal region, brain stem, or even multiple sclerosis, could cause difficulty with eye motions and perhaps the complaints of dizziness when looking up. I would recommend starting by coordinating with your primary care doctor to obtain an MRI Brain with and without contrast, and then possibly referral to a neurologist or neurosurgeon depending on those results.

1 year old baby vomits all the time since one month. Is losing weight and it is weak. He has bronchitis and all test look normal except a little high rate of cooper. What could the problem be and how can the vomiting be stopped? He was also tested for allergies and he is allergic to nuts and potatoes.

Follow hypouraturical diet-without chocolate, peas, Rama, spinach,tomato, market juices.2. Give antiemetic-domperidon, ondansetron-1 ml 3. Do correction of flora of intestine-take a probiotic-similar 1 caps 1 time 1 month4. For normal absorption add enzymes You should exclude Wilson-Konovalovs disease-examine 24-hour urine excretion of copper, exine at ophthalmologist, do ultrasound of liver, in the end-MRA of brain for exception contain of copper in nuclei of brain. About allergy, it can happen if uric acid increase, give antiallergic-desloratadine1/2tab 1 time 7Å days and charcoal 1 tab for night 5daysAll the best

1 yr ago I had profound low back disc herniation to three discs. Had severe left leg & foot pain & numbness. 7 months ago had back surgery. Making good progress with improved mobility. 1mnth ago I began experiencing a slight tingle to left side, tip of my nose. No pain, just irritating. Could it be related to my low back injury?

Answer: HI have studied your case. Never any tingling in nose is related to back problemsMedication like methylcobalamine with muscle relaxant and analgesic will reduce pain you can take them consulting your treating doctor. You may consul tent surgeon for nose problems Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Take care.

1 yr old baby girl given antibiotic augmenting for 5 days for cough and cold, didn t improve much. Then doc prescribed omnacortil2.5 mg twice daily for 3 days from yesterday. 3 doses given. Is there any side effects of omnacortil? What to do if she doesn t improve much?

Omnacortil is oral corticosteroid. It is harmful in long term use (more than 2 weeks). So better not to give oral Omnacortil for more than 2 weeks. If he is not improving after Omnacortil, better to get done chest x-ray to rule out pneumonia. He may need higher antibiotic and antihistamine . Hope I have solved your query. I will be happy to help you further. Wishing good health to your son. Thanks.

1 yr old female, on blood thin r 2 yrs from a clot in leg, have Lupas, not active, underarms and out about 5 inches toward elbow and inside top of thighs up around to my hips dark skin looks somewhat like buise. On a trip to see mom for mothers day. also on a anti depresant. do I go see vien Doc or Lupas Doc or Reg Doc when I get home on Tues?

Good evening. The skin lesion you are describing as a bruise could be due to the anticoagulation medicine. It can thin out the blood which can lead to leakage from the capillaries and which can cause this bruising. You need to check your INR once. Do see a regular doctor as soon as you can. Because you may need to stop the medication temporary till the bruising disappears. Hope the information was useful.

Input	Output
<p>1- What does left atrium is mildly dilated mean? 2- And There is mild tricuspid regurgitation mean?</p> <p>My stress test results came out normal/ 3- My blood pressure averages 130-90 give or take sometimes 132-94 for couple years now.and my cholesterol is 258 bad 164 and good is 73, I am taking hydrochlorothiazide for about 10 years now. 4- If I start taking high cholesterol and blood pressure medicine can I ever stop taking it if I lower my weight.I was told if I ever start taking medicine I will have to stay on for life?</p>	<p>Hi I understand your query and concern. Dilated left atrium needs to ad . Normal stress test in your case is a good sign for overall prognosis. Milf TR can be a normal finding in your case. All you need is adequate control of your cholesterol abnormalities. I advise you to have a baseline 2 dimensional echocardiography, ECG and lipid profile to assess the basic cardiac reserve of your heart. Restrict the intake of salt to less than 6g/day. Regular physical exercise in the form of brisk walk for 20 min a day for 5 days a week is pretty useful.</p>
<p>1-i have a nodules in left chest since 2 year.it is of constant size. i can feel it by placing hand there. when i press it, it pain a little.2-my semen also get discharged when i go in latrine. and my erection and sex desire has decreased a little. this is also from 3 year.3-before 1 year i met a doctor who told me about low testosterone. please tell me what is solution to my case.is that nodule an indication of cancer.</p>	<p>If there are nodules in the chest wall which are relatively stable for two years then it is from a benign condition. If the nodules are in the lungs and visible only on X-ray and CT scan then also they are from a benign cause going by Fleischer recommendations.2. Your semen discharge during passing motions is probably from over activity of parasympathetic nervous system. Please maintain relaxation and avoid anxiety. Your erection related problem might also be due to increased stress related anxiety.3. Please repeat testosterone level in blood and if it is in the lower range then please change your diet to include high protein food. Have daily 2200 kcal diet and take vitamin and mineral supplement. Please do not worry.</p>
<p>1-i make abdominal ultrasound result is increased hepatic echopattern ,free otherwise what does it mean? 2- And i make liver function tests its all normal value (alt,ast,alk phosphatase,albumin,bilirubin direct and total ,total protein) all within normal value 3-i make pcr taqman the result is 900.000 iu/ml question is what is increased hepatic echo pattern mean? What is the dangerous from this hcv number? Thank you!</p>	<p>Hello Increased hepatic echo pattern means fatty changes in liver. Fat appears bright in ultrasoundFatty liver is a reversible stage. It is due to excessive deposition of fat within the liver cells. It is good that liver function test is normal. It is important to exclude altered lipid profile. You should increase your physical activity and avoid fried and fatty food. You may need few medicines after full investigations. Get well soon. Take Care .</p>
<p>1-In Blood film of my son 5 yrs 11 month. RBC show predominance of mildmicrocytic and hypochromic cells with mild anisocytosis. pls tell is this any disease or bacterial infection. 2-In WBC--Predominant cells are polymorphs with mild shift towards the left. Few polymorphs contain toxic granulations, 3-Impression: Mild microcytic hypovhromic smear with neutrophilia. please advise for these blood film observation. WBR/Atif</p>	<p>Hi, Hypochromic and microcytic RBC in blood report can indicate low hemoglobin in red cells. Low hemoglobin in red cells can be because of low iron or genetic disorder of hemoglobin structure. Neutrophilia in blood report indicate that raised neutrophils(white blood cells) and can occur in bacterial infection. Since bacterial infection can be treated with antibiotic course prescribed by doctor. To rule out cause of low hemoglobin you may get HE electrophoresis and serum ferritin</p>

tests done to diagnose whether it because of low hemoglobin or structural disorder. .

HBSAg (SPOT/ELISA)2. Chest X ray3. Typhoid (Widal)4. Urine routine and bile pigments5. Blood grouping and Rh Typing6. Stool check can u tell what are these for

Hilt me help you out regarding the testsHBSAg is to check for Hepatitis B infectionChest X-ray to rule out any respiratory ailment and also will assess if you are a smoker. Typhoid TIDAL is to check for typhoid fever. Urine routine for any urinary infection. Bile pigments to check your liver status. Blood grouping and Rh typing primarily for documentation and in case of emergencies for blood transfusionStool check for any gut infection. These are routine tests usually before a job to rule out any infection at the time of your joining and also for documentation purpose for your health insurance which the company may provide. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing you good health.

My period date is 4th March2. Me & my husband stopped planning from 12th March because we need baby3. From 18th march I had fever & go to hospital for treatment. Doctor suggest for blood test , so we go for it and its detected typhoid. Doctor has given some anti-typhoid medicine. After 2 day again I had fever, so doctor suggested that I should be admit in hospital for 2-3 day for monitoring the fever.4. I was admitted on 1st of april, since last 15-20 day I had chest pain and told to doctor about the pain, he suggested we should go for chest X-ray for further medicine treatment. We told doctor about our planning so he said before X-ray we go for UPT. So we did it, but its negative. So on 2nd april in morning I had chest x-Ray.5. I discharged from hospital from 3rd of april,but from 4th of april I had strong stomach pain due to medicine, as I dont suit the allopatedicine. I had problem during latrine even I couldnt sit properly.6. I was waiting for my period, So on 6th april morning, we fixed the appointment with gynecologist. Again we go for UPT but its negative.7. After 2-3 day I feel relax but worried about the period, so we go for UPT at home on 12th april evening and this time we get the positive result.8. So early in the morning we fixed the appointment with the gynecologist. Share each and everything with her. Had sonography. She said nothing to worry everything will be fine because x-ray was done in very early stage of pregnancy i.e. at the time of fertilization. Doctor has stated the treatment.9. I was discussed the matter with 2-3 doctor and pathologist, they also said nothing to worry. But I want to know your expert opinion in this regards. Is there any problem of my unborn baby, on its health etcplz help me out

Thank you for trusting us with your query.I'll try to explain with numbers so that you can understand about the various magnitudes. Strength of radiation of Imaging studies like X-Ray, CTS are measure in RADS.usually an exposure of 10 rads will cause harm.1 RAD= 1000 mill rashest X-Ray is approximately 60 mill rads. As you see, It is highly unlikely that your baby will be affected. What's more is that having a. X-ray even before you know you are pregnant has lesser risk. Relax and be assured that your baby is fine. In the future, X-rays should be avoided but if your doctor d coded you absolutely need them, it is better to get it done with adequate precautions' no to minimize the risk to your baby. Hope Ive reassured you and if you have further query let us know. Congratulations.wish you both the best of health.

Chronic Kidney disease2. MILD ASCITES .3. ENLARGE PROSTATE 24
GM/approx.URINE REPORT. Albumin +++ Pus cell 4-7/hpf RB C 2-3/hpf
Epithelial cells + BLOOD REPORT. Potassium 4.83mmol/L Sodium 134.9mmol/L
Blood Uria 104mg serum-creatinine 8.0mg. WBC 9300cu-mm.Pl. give the suggestion about my fathers treatment,where the treatment are possible.Pl. give the details address with

<p>contract no for about the treatment.We are in bankura, west Bengal.Pl. give the feedback by mail.Pl.give the which date doctor to be available for treatment.</p>	<p>1.1.1.hemodialysis or2.peritoneal dialysis-can be done at home initially till symptoms and labs come down, he needs dialysis regularly and later weekly twice or thrice.you'll get the facility of the above tests and dialysis in any nearby super specialty hospital. Hope this helps you any further questions please let me know thanks</p>
<p>and has had a severe sleep disorder for most of his life. He said that the pain has settled in his left shoulder blade. He has had a blood test, an ekg etc and the doctor found nothing. He has no fever, chills and doesn't seem to have a virus. He has been working out for 5 or 6 months but has no injury. If he takes different pain medicine it will ease the pain a little but he has had severe pain where he could almost cry. Could this be some kind of infection? Could you please give us some guidance.</p>	<p>Hi, From history it seems that there might be having some degenerative changes in his shoulder muscles and cervical spines giving pain and stiffness of scapular muscles. There might be having osteoporosis giving this problem as well. Go for x-ray scapular region and cervical spines. Physiotherapy and short wave diathermy will be much helpful. Give Calcium, vitamin A and D supplements. Ok and take care.</p>
<p>But If I take 2 tablets daily I feel further weakness and dizzy. Because of this reason I unable to do my office work properly.Whereas doctor and Live52 advisor ask this is a very good supplement but your said complain probably because of any other reason. Now suggest me what to do, my age is 47</p>	<p>Since, you have full treatment of hepatitis C, but, what about the report at present ? Also mention the reports of liver enzymes such as S G O T, S G P T, bilirubin, c p k, Amylase (pancreas). Liv 52 are commonly used . In my opinion it never causes any weakness. So your age is at present 47 years and this age is prone to many diseases. Consult a physician and get in blood for C B C, E S R, sugar, lipid profiles. Routine blood pressure is also important. Hope I have answered your question. If further any question I will help. Get well soon.</p>
<p>EVEN I HAD USED MANY PAIN KILLER CREAM ALSO KINDLY ADVISED ME HOW I CURE MY PAIN THANKING YOUHUSSAIN ADAMJEE</p>	<p>Hi the pain in joints accompanied by stiffness in the morning that lasts 1 to 3 hours. How many joints are included? Do you have fingers deformity? Have you done any test such rheumatism test, ESR, Rheumatoid factor, uric acid, protein C reactive, cyclic citrullinated peptide antibody? I suggest you to do these tests and visit a rheumatologist. Also losing weight is very important and doing activity like: walking, swimming. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>I am still working as a police officer, now for 38 years. Sometimes the upper abdominal pain is severe, then it lessens. I know it could be a lot of things, but what is the most likely cause? Thanks muchly for your help!</p>	<p>The possibilities are acid peptic disease / cholelithiasis / cholecystitis / bowel pathology.2. The acid peptic disease gives periodic pre, post meal.3. Cholelithiasis when ever there is any obstruction in the biliary passage.4. Bowel pathology may give colicky pain with features of infections, fever.5. Get an ultrasound abdomen done, which will give near diagnosis and rule out many causes which will narrow down the diagnosis. Hope it helps you. Wish you a good health. Anything to ask ? Do not hesitate. Thank you.</p>
<p>I did not ever experience withdrawal despite discontinuing 2 times due to a period of relative ease. Now I am older and my body is no longer able to compensate for the structural defects. I have</p>	

been told my condition is not a good one for surgery. What am I going to do? I only want to work, quilt and occasionally garden. Any suggestions? I am sorry. I read your advertisement/website and I don't think you are an ethical company that will actually do anything. so I am not going any farther.

Nowadays, minimal invasive spine surgery is possible, consult a spine or neurosurgeon. it seems laminotomy, laminectomy and or fusion of vertebra are apparent remedies. Lyrica, methycobalamin, tramadol may be alternative medicines. If disc issues are also co-existing, epidurals or ozone therapy may be considered alternatively if for technical conditions you can't undergo surgery. Opioids are best taken for acute conditions as a short course. Use of cervical collar and isometric neck exercises may be done if condition permits. Also, cervical traction if this can be done in your position

Over the course of the next few months the following symptoms have come for differing durations: Nausea, vomiting, headaches, strong abdominal pains, aching and painful joints (knees, elbows, wrists, ankles and shoulders. Additionally, pain on the right side lower back. Sometimes my bones hurt, a sharp, shooting, electrical shock which starts in upper left chest and shoots to left knee. Please note that many of these symptoms seem to cycle in groups. ie Headache with nausea and vomiting, testicle pain with lower abdominal pain, etc. Cycles last for as little as 24 hours and as much as 4 weeks. This list of symptoms is not complete, as some were not included because they may not have repeated in over a month. After 2 years, multiple tests and several rounds of antibiotics, I remain sick and getting worse, with no idea of what is causing all these symptoms. Can someone please give me information or point me in the right direction. Any information or guidance is very appreciated. Sent from T-Mobile G2 with Google

HY You have a history of borderline hypertension, on & off numbness of the arms & hands, nausea, vomiting, headache, varicocele & HY. You are suggested to get physically examined for hypertension & get treated for it. Hypertension can be the root cause that triggers many of your symptoms. Maintain a normal blood pressure level. You can do this with the help of antihypertensive (calcium channel blockers, thiazine diuretics, ACE inhibitors, etc.) medications under a doctor. You can maintain it by regulating your diet. Avoid alcohol & addictions if any. Avoid red meat, trans fat, full-fat dairy, butter, etc. Since you have symptoms of nausea, abdominal discomfort, indigestion get liver function tests done. A sick liver will cause fatigue, exhaustion & weakness. Get treated at the earliest. Take boiled homemade food. Take food that is easily digestible in small amounts 4-5 times a day, take veggies, soups, ORS & juice to keep yourself well HY

What could be happening - I'm extremely worried. Plus he just said that he feels like he has fluid in his lungs. What test should be run immediately? Thank you

Hi, dear. I have gone through your question. You have many complaints. You should go for complete liver function test as well as complete kidney function test. Furthermore, you need to go for x-ray chest and ultrasound abdomen. First go for these investigations. First we should search the cause and then take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

A week ago I had lab work again and the level was 9.5. I have a Thallium stress test scheduled for the end of the week. Needless to say I am quite anxious about the test. I have not had chest pains.

H Troponin level may vary according to acute heart insult also from lab to lab. Sometimes false positive troponin present. Explanation: My opinion is that troponin level is used to diagnose acute coronary syn. Chest pain and dynamic or ischemic changes in ECG are an indication to measure troponin. So, it is not any time investigation such as CBC. Positive troponin points to myocardial

injury, so anti-ischemic measurements should be initiated. Sometimes false positive troponin presents with renal failure for example. Also, variation in lab results may be an error in lab procedures. In your case, having no past history of chest pain makes diagnosis of ischemic heart is far-fetched. I suggest my patients the following if positive troponin. Do an ECG, echocardiogram and if those suggest myocardial ischemia, anti-ischemic measures are initiated on spot. The information provided by you is not sufficient to provide a good opinion. If someone comes to me with this condition I would ask them about other risk factors to develop ischemic heart disease, smoking, obesity, family history, etc. Also ask about diabetes as in diabetics silent ischemia happens (that means without chest pain). Conclusion: I suggest you do your thallium study as soon as possible to see if any ischemia develops in your heart and so treat accordingly. Hope I have answered your query. Let me know if I can assist you further.

About a week after when I eat it sometimes causes extreme pain in my upper stomach area and shoots thru the ribs either on just one rib or both, then about 30 - 45 mins later it moves to below the belly button above the pelvic bone (sometimes feels like ovary pain) some days it involves gas and lately it has been followed w/ diarrhea that is dark black in color. Curious if I should be concerned w/ it being after the accident. The ER did an upper right ultra sound and ct scan of the upper stomach and everything looked good. Just curious, tysm

1.1.2. It could be a fresh pathology. Similar symptoms are seen in acute gastroenteritis / gallbladder pathologies / renal problems / gastritis.3. To narrow down the diagnosis if you are my patient I would ask for an ultrasound scan - and start treatment accordingly. 4. I would recommend you to get an appointment with your GP and get the needful investigations done.5. At the same time the doctor will look o the related issues with your accident. Hope it helps you. Wish you a good health. Anything to ask ? Do not hesitate. Thank you.

After surgeon took out breast tissue, Plastic Doctor put in expanders. I had 350 ccs of saline injected over 2 month period, I am scheduled for implants on Jan 4 2012. Just last week I notice a hard lump left on my strunum, it moves a little but not much. I called Plastics Doc and he advised me it probably was a fat globular cyst and he would remove it during the implant surgery. Coincidentally I had an apt with my Oncologist the next day and he made an appt for me to see my surgeon, which happens to be today. Any ideas of what it could be?

Hi. I guess you had cancer of breast most likely for which mastectomy was done. In that case you should do fine needle biopsy of that lump, since it can be the recurrence of cancer. If biopsy confirms it as simple fat lump (lipoma) then you can proceed with plastic surgery. If it comes as cancer you have to follow up with your oncologist for further treatment before any plastic surgery. Regards

After the surgery, she suffers from constipation. Normally, patients who dont have a gallbladder, cannot take oily stuff. But my mum take oily stuff and constipate. What could be the problem?

Noted your mother had removed gall bladder. And she is taking oily foods. Gall bladder having bile salts which help in lipid digestion. So still after removal gall bladder as she is taking oily food there is problem in digestion. It is simple in digestive problem. Here she should not take fatty foods. Fruits more. Avocado fruit loaded with fiber so taken. Cooked oatmeal help in proper digestion. Blueberries rich in vitamin C and fiber so useful. If still problem continue stool softener can give. . Hope your concern solved.

Again it has recurred now in March 2013. My present Sr. Gastrin level is 2445 & Sr. Chromogranin-A is 645. No metastasis as per Dotonac PETCT. IHC (Ki-67) is less than 2%. Is is a cancerous tumor. What is the medication for reducing the growth of tumor / Sr. Gastrin &

<p>Chromogranin-A levels and also what is the medication for controlling / curing the growth of the tumor. Also suggest the next course of treatment</p>	<p>HelloGastric carcinoid is low grade tumor meaning it is slow growing tumor compared to typical carcinoma. They have long course and are less responsive to traditional anti-cancer therapy like radiotherapy and chemotherapy. Somatostatin analogues like octreotide LAR have been utilized to reduce the gastrin/hromogranin levels and have been shown to reduce recurrences, yet its use is not routine. You can discuss with your oncologist regarding this therapy. Another option is wait and watch with periodic DOTA-scan. Wish you good health.</p>
<p>Any suggestions as to what I was experiencing?</p>	<p>In my opinion, we should first rule out heart diseases in your case. Heart diseases can cause tightness in chest, tachycardia (high pulse rate), recurrent episodes etc. So get done ECG and 2d echo. If all these are normal then no need to worry about heart diseases. Your symptoms are worsening after meals. So HERD (gastroesophageal reflux disease) can also be the cause. So take proton pump inhibitors and prokinetic . Avoid large meals, instead take frequent small meals. Avoid hot and spicy food. Don't worry, you will be alright. But first rule out heart diseases. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>

Input	Output
any suggestions would be greatly appreciated.Thank in advance,Kerry	Hi . I understand your concerns and I will try to help you as much as I can. In your case it looks like infectious cause. Generally enlarged spleen is called splenomegaly and there are various causes possibly leading to this. In first case these are infections such as mononucleosis Parasitic infections, such as toxoplasmosis or Bacterial infections. It means that any infection in your body may lead to spleen enlargement. Second most common causes include autoimmune diseases such as thrombocytopenia. If this is ruled out by specific tests then some other causes may be considered and some are more or less serious such as Leukemia Lymphoma, or noninflammatory diseases such as acidosis, lupus, and rheumatoid arthritis. In every case, infectious causes are treated with antibiotics and other causes may require surgical removal of spleen. I hope I have answered you query. If you have any further questions you can contact us in every time. Kindly regards. Wish you a good health.
As i did not take immunoglobulin would it be a problem in future - how to avoid this problem with low cost.2. As i did not take the last 2 vaccinations on proper time mentioned would it be a problem.3. While taking vaccinations i was also consuming alcohol partly - Is there any risk in future. Note: i have read ur other answer and felt like taking a booster vaccination on 90th day. Should it be the same Rabipur again. Kindly let me knowThanks for the reply in AdvanceK. Rajan Killare	Active immunization with antirabies vaccine on days 0,3,7,14 and 28.2. Passive immunization with Rigs around the wound.3. Oral antibiotic like Tab Augmenting, twice daily4. Topical Tract ointment. Thank you.
At 45 this does not bode well since the foraminal opening for the nerve feeding through to the left Ulnar nerve is being continually squeezed by progressive bone growth. At the current time, spinal injections keep the inflammation in check around the opening but as the bone continues to grow, these will eventually fail and other trouble areas will likewise begin causing loss of limb function. Any suggestions on controlling inflammation at these sites? I am assuming there is nothing short of surgery that can be done about the foraminal opening closing off with bone growth with resulting nerve death and paralysis of the assoc. limb.	Hi, Thank you for posting your query. I appreciate your thorough understanding regarding your problem. Surgery is the only definite treatment to relieve the compression on the cervical nerves, if the compression is severe resulting in significant dysfunction. In the meanwhile, medications such as pregabalin or gabapentin, physiotherapy and epidural steroid injections are all acceptable/helpful treatments. Please get back if you require any additional information. Best wishes, . Ly/
Basically, if no hardware is needed, can the procedure which I am about to undergo be performed minimally invasive or does it have to be performed with an open incision?	Then, the surgeon can perform what is called as micro-discectomy, with a small incision. However, if the problem is more widespread with bulging of multiple discs and compression of multiple nerves, then an open surgery is required. I hope it helps. Please get back if you require any additional information. Best wishes, . Ly/
Besides taking vitamins and calcium these are the only medicine but when I go to sleep I fall asleep fast and then about an hour or two I jump out of bed and feel like something is wrong. I usually walk to the bathroom and then go back to bed and usually I fall asleep right away or within a few minutes. Sometimes I sleep the rest of the night but sometime it comes back again within a	

few hours. What should I do. I	<p>The treatment that you have undertaken appears to be scientifically correct, and you need not worry about it. Also, none of the . It is probably a result of insomnia due to the stress of the disease and the treatment that has its toll on the mind. It is best you take a sedative at bedtime for a few weeks. Meanwhile, try to occupy your mind with activities during the day. Join a meditation group. Don't sleep during the day. Eat at least 1 hour before bedtime.</p>
but we want to have another child .what might be the problem	<p>Hallow Dear, Usually 5 weeks after an abortion, the egg forming resumes. Starting of the period may vary, but is usually after 5-6 weeks. So even in spite of not having menses, the pregnancy is possible. If you are keen on having pregnancy, I would advise you to find out the day on which you release your egg (ovulation). This can be done either by ovulation monitoring kit or ultrasonography. The egg has life of 24 hours while the sperms are active for 72 hours. Hence, 4 days on either side of the day of ovulation is fertile period. Sexual intercourse in this period will give you good results. However, you will get the best results if you can have sexual intercourse on the day of ovulation. Otherwise, there seem to be no problem with your test. Wish you safe motherhood,</p>
<p>Currently he is hearing voices, very paranoid and emotionally unstable with strong mood swings. His medical advisor wants him to try Latuda but he is afraid to do so, not trusting that it will not make his painful tardive dyskensia worse. Is there another atypical antipsychotic that does not have the side effect of TD? Or is Latuda not likely to worsen the TD? Thank you for reading and replying!</p>	<p>Hi there, there are few anti psychotics which has very less potency to cause tardive dysknetic. The best one among them is clozapine. It is sometimes even use in tardive dysknetic for psychosis. Other medicines like olanzapine, quetiapine are also useful in this condition. There are limited data available for lurasidone or Laura as it is recently available still it has some risk for TD. Hope you find the answer helpful.</p>
<p>Degenerative changes of disc at L4-5. Diffuse bulge at L4-5 with partial loss of intra foraminal perineural fat plance mainly on left side. Kindly advise for the treatment including physio if any elaborately. Thanks in advance for help.</p>	<p>Hi friend, Lumbar disc degeneration / compression of nerve root can explain the back and feet symptoms. It can account for tingling in the palms. See a Neurologist / Nerve conduction may have to be tested. Physiotherapy and analgesics can help for the time being. If the pain is sever and not improving, surgery may be required. Take tarnishing speedy recovery God bless Good luck</p>
<p>Dentist saw me finally on Thurs. He said it all looked fine but gave me an Rx for penicillin anyway. Thursday i noticed significant swelling in my feet and ankles with pain and numbness. Is that weird?</p>	<p>HWell, the symptoms of swelling and numbness of feet and ankles along with pain looks like a side effect of the antibiotic Penicillin although not commonly seen. The swelling does not seem to be due to tooth extraction or infection at the extraction site. So my suggestion is to consult an Emergency room or your Dentist and get examined. If the swelling is due to side effects of Penicillin then the antibiotic will be changed. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>Do you think this black is coming from my lungs or my stomach. Why is it black? Doesnt appear to be bloody- just very black.</p>	<p>Upper GIs copy for acid reflux. 2. CT thorax and bronchoscopy to rule out lung infection. 3. Microscopic examination of that black stuff. So, better to consult first diagnose yourself and then start appropriate treatment. Hope I have solved your query. I will be happy to help you further. Wish</p>

you good health. Thanks.

does this explain symptoms 2) I have a plane/car trip in 2 days lasting 8 hrs, then other travel. Will this be harmful?

Hi, Your MRI report does explain your symptoms. Travelling is possible providing you take certain measures to make your journey as comfortable as possible. I suggest you ensure you take adequate supplies of your painkillers. When on the plane take every opportunity to move about the cabin to avoid sitting in the same position for too long. Likewise, when travelling by car, try to make frequent stops, so you can take a short walk to move your legs.

From then on I maybe 2-3x a year I would get burning pain and inflammation in my feet and hands. Lately in about last 5 mos. the occurrences have become more often and in the past month my feet especially have been in pain. standing, seating or even laying in bed(if any part of my feet would be touching the mattress). They would feel best raised but I could still feel slight burning and stiffness. I dont know if I should go see my back Doctor because that was a on the job injury or my family Doc.Please help.thank you for your assistance.

Hi, Thank you for posting your query. Your symptoms are suggestive of neuropathic pain. It may benefit to consult your doctor and discuss, as these may be related to your earlier problems. In addition, you may need to do nerve conduction studies to look for peripheral neuropathy. You would benefit from pregabalin capsules. Please get back if you require any additional information. Best wishes, . Ly/

Had anesthia along with steroid injection 16 mths ago. relief for aprox. 12 mths, pain is back worst than ever, standing in one place too long and driving/riding in car sets it off, pain runs down right leg. Ortho surgeon suggest I get discogram, I want to know is that the right way to go. I do yoga, lite weight strenghtening, up to 4 Loritab/ 4 robaxin, meds do not work anymore, tired of taking them. I get a massage every other week, temporary relief, pain comes right back. What do you suggest next step to be?

Hi. First is all I advise you not to undergo disco gram as it is not being done these days. Numbers indicates you are having some amount of nerve root compression. Since your symptoms are recurring, and it is high time you consider surgical treatment. So please consult a neurosurgeon and show him the MRI and discuss if there is any need for discectomy and decompression.

Had another ultrasound 9 months later. Still have fatty liver grade 2. Any connection here between Zocor and fatty liver? any suggestions?

Viral serology - anti HAD, Bag (if not vaccinated against HBV), anti HCV2. Lipid profileYou may visit hepatologist. Get the blood tests done asap. Further advice:- abstinence from Alcohol - LOW fat diet should be followed, AVOID junk food and beverages-decreased oil consumption (oily food)- NO red meat-green vegetables should be ingested daily-use lemon juice (lemonade) once in a day-reduce weight if overweight/obese-recheck liver enzymes after 6 to 8 weeks and/or ultrasound. Health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good and sound health. Any further questions are welcomed. Regards, .

Hair loss lost more than half2. decreased eye sight vision 3. very sore tounge pins and needles every day sore throat and blocked ears4. pain in my back which eases during day under rib cage 5. feel lack of enery and generally downthanks mariaSShould i get a body scan.

HYou are recommended to have a thorough medical check-up. Hair loss is commonly due to thyroid dysfunction, stress disorder, gluten intolerance, generalized weakness, or food allergy. Pins and needles or paresthesia commonly occur due to allergy to some dental procedure, xerostomia, food allergy, the side effect of any . Your treatment will depend upon the pathology detected. In

the meantime, stay away from addictions if any, do regular exercise, take homemade food rich in calcium, protein. Take Toluene or Naproxen for a backache. Take Probiotics. Hope I have answered your query. Let me know if I can assist you further.

have had xray and pevic scans and have small fibroid in womb (about 7mmdiameter) My concern is about swelling and especially on one side

Hi, Thanks for writing headfirst I would like to know whether fibroid was only the positive finding in your x-rays and pelvic scans?if is it so then only 7Å mm fibroid won't cause a swelling in abdomen i.e. stomach as you say. It is also necessary to do a USG abdomen all these tests show nothing and swelling is local, get it checked from a general surgeon. From the information you provided this is what I can comment. With regards, .

He did some blood test back in January 2012 and it was 136 but the doctor failed to inform us. This time around they told him he needs to retest in one month. Should we worry and go sooner? I know the range is between 150-450. It just worries me that its going to be almost a year and we just found out.Thanks for your help,Lara

Hi, dear. I have gone through your question. I can understand your concern regarding your platelets count. Your platelets count is low, but it is just slightly below the normal range. So no need to worry at all. Just be relaxed. Many people have this count without any problems. Even simple viral infection can lead to slightly low platelet count. So as far as you don't have bleeding you should not worry. If you have any signs of bleeding then urgently consult your doctor. Just go for repeat examination after a month. Mostly it will come back to the normal. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

He has lost a lot of weight, Lately he has not been eating only sleeping, but the last 2 days he has been eating. Are these typical signs or should I get him to the hospital. He says he is fine.

For a patient with last stage liver cancer, these are typical symptoms of end stage disease and you shouldn't be worried about them unless they are distressing to the patient or life-threatening. As it is the entire treatment now is symptom based and palliative. I hope he is on some form of anti-cancer treatment as that will also extend the duration and time period of his comfort. This you should discuss with your oncologist based on his fitness to withstand therapy

He is having his 5th transfusion tomorrow. He has type 2 diabetes and had part of his foot amputated recently. Are all these things related to his hemoglobin level? Is this hemoglobin level dangerously low? Can a low level be fatal?

Hi, Hemoglobin of 7.1g% is low. Normal level would be around 12-14g%. Low hemoglobin leads to increased load on the heart to pump and at advanced age can be serious leading to cardiac failure or arrest. Diabetes is not related to anemia, and it is more genetics, insulin resistance due to obesity and low insulin. Diabetes could have led to amputation due to gangrene formation. Improved nutrition, weight reduction, supplements like B12, folic acid and iron is necessary. Any further queries, happy to help again.

He is scheduled for a chemical stress test tomorrow and I am wondering if he should wait and reschedule. Thank you.

Hi, Thanks for writing in. Chemical stress test might be done if his general health condition is satisfactory. His doctors will confirm his tolerance level and check his vital parameters before doing the chemical stress test. This will make sure that the test will not compromise his health and the fact that he is under chemotherapy for small cell cancer lung. Please follow instructions before the test and in case of any discomfort or weakness he can inform the doctors performing the test and then if he is not keeping fit then he can reschedule the test. Many people get the test done without

any risks to their health. There will be emergency medicines at the time of doing the test in case he feels uncomfortable at any time during the test process, and he should promptly inform. Please do not worry.

Input	Output
<p>He tested positive on his spinal tap and has 3 brain lesions. He is also taking lamotrigine for vertigo. He cannot drive because of the vertigo and he lost vision in one eye for a couple of hours 2 weeks ago. Can this get better with medicine or are these lesions here to stay? He has missed a few days of work and I am wondering if he is going to lose his job. I am a very worried mom 800 miles away.</p>	<p>Hi, Thank you for choosing you used abbreviation, word, MS do not use such abbreviation while explaining to medics you should be clear and meaningful, use simple terms as long as it is possible, now MS has wide meaning right from Mitral stenosis to multiple sclerosis, what exactly I should take it in account, if you mean, Multiple sclerosis then you need to talk to his physician, there are numbers of newer therapies available, but it should be discussed with treating physician, regarding the side effect of . Please be in touch with . Good luck to your son.</p>
<p>How can I help myself?</p>	<p>Control of cholesterol / lipid profile is the best treatment to control plaque in arteries.2. Atherosclerosis or hardening of the blood vessels is progressive and is not reversible. Only if there is blockage, partial or complete, stenting can be tried. 3. Avoid excessive salt intake, control diabetes mellitus and blood pressure for improving functioning of kidney. Hope it helps. Any further queries, happy to help again.</p>
<p>How long does it take for liver enzymes to drop?</p>	<p>Thank you for posting your query. Further evaluation and history. Usually takes 6to8 weeks or more to return to normal if strictly followed advice.is hep A, B C viral serology Negative??do a lipid profile test and an abdominal ultrasound.are you using any medication that maybe toxic to liver?if all above results negative then advice:abstinence from Alcohol and . - use lemon juice (lemonade) once in a day-walk 30 to 40 minutes every day.- or swimming is alternative to walking-NO sports and NO jogging-recheck liver enzymes after 6 to 8 weeks.wish you good health. Further queries are welcomed. Health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good health. Regards,</p>
<p>How worried should I be about conceiving and how long does it take for this medication to work?</p> <p>Any advice?????</p>	<p>Sorry about your difficulty getting pregnant. The high prolactin for me is not an issue, since you have a regular menstrual cycle. Yours might just be a case of unexplained infertility and so your attending physician is trying to optimize your hormones to increase your chance of conception. You might need to take the . * I am blowing baby dust to you. Hope this satisfies you, if not I am willing to give more help. Cheers.</p>
<p>I also get headaches, a sort of foggy brain feeling like I cant quite concentrate properly, knots in my upper traps which cause pain in my neck and sometimes down the back of my arm, and occasionally a fluttering feeling in my upper stomach. Is this all just anxiety? (I have been treated for generalized anxiety disorder in the past, but have not had problems with that for some time.) Or are these symptoms something to worry about? I just had a physical and am waiting for blood test results, but my physician seemed to think there was nothing wrong. Im getting scared because these feelings wont go away. Mostly, its the palpitations that are so frightening - Im young and dont want to die from a heart problem! Thank you!</p>	<p>Hi first of all I suggest you not to worry too much, as your physician thinks that you have no cardio logical problem. Mental stress will increase your symptoms. The symptoms that had given suggest you may have generalized anxiety disorder with panic attack. In panic attack some people have</p>

symptoms like sweating, increased urge for urination, feeling of impending doom, feels like dying and there is no way to escape.treatment-relaxation exercise propranolol, benzodiazepine like clonazepam, Striptease consult your psychiatrist/psychologist Hope this clarifies Regards .

I also have hypertension, high cholesterol, left chest pain and shortness of breath	HAAfter going through the electrocardiogram (ECG) and medical details, provided by you, I understand your concern for your health. Before giving my opinion, I want you to know I've not seen your electrocardiogram (ECG) and giving my opinion only on the report you have written here. A left posterior particular block generally can be due to age-related conduction problems, structural heart disease or coronary artery disease. Your medical history of being Hypertensive and High cholesterol profile with symptoms of Chest pain and shortness of breath are indicative of Angina which needs further evaluation to prevent any damage to heart muscles. Kindly get an echocardiography and stress test done and consult a cardiologist personally for physical evaluation and proper treatment. Hope I have answered your query. Let me know if I can assist you further.
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I am 32 years old, healthy otherwise. What could this mean? How high is this? I just had two babies, one is just 2 and second is 10 weeks. Also just had a cardiac ablation done, but the test results were from the week before the procedure? please help	Hi, Your liver enzymes value just mild High and not raised more than two times. Hence, it is not much significant. Still do work up as follows for it.- USG abdomen-Serum bilirubin estimation - Measure your BMI- Serum cholesterol - Viral infection history should be ruled out If your weight high means BMI higher than reduce weight Fruits taken more If fatty liver detected than lifestyle modification done along with exercise. Repeat your test after two weeks. With keeping this in mind consult physician for examination. Hope I have answered your query. Let me know if I can assist you further.
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I am 52 and have been premenopausal for about ten years now. I am not sure if this is a false positive.	Hello! Most commonly Herpes Simplex 1 would transmit orally - Kissing, Sharing same plates, Sharing food, lip balm. Other risk factors are having multiple sex partners, sex at a younger age having other sexually transmitted infection, or a weakened immune system. Do not worry. Get a retest done specifically for herpes. Even if it does come positive there is no need to panic. Your doctor might wish to prescribe you Acyclovir or acyclovir. Most cases of herpes disappear without need of intervention. Even if the virus stays in the immune system for a long time, it will not manifest with symptoms nor transmit to others if adequately treated.
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I am 57 and 150 pounds. I am otherwise healthy and have never had stomach problems before. I am not on birth control or taking any medication.	HI. The causes of the bloating and pain in abdomen with all the other problems you have told can be due to :Intestinal infection, IBS or diseases like tuberculosis. First undergo a course of an antibiotic and Metronidazole for 5 to 7 days along with probiotics you are already taking. IF there is a complete relief, nothing to worry. If there is no relief, you have to go for further investigations::Blood, urine and stool tests. Ultrasonography and CT scan colonoscopy to rule out any ulcerative lesions or cancer or tuberculosis. The investigations will lead to the diagnosis and further treatment.
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I am 68 years old. I was given Rx for prednisone which I have a lot of reservations about taking because of my active cold. Is it beneficial to take prednisone for high sed rate? BTW I have osteoporosis and had just received a flu shot 10 days before coming down sick.	Hi, dairy have gone through your question. You have sore throat. You should take complete course of antibiotics like amoxiclav or azithromycin. Take antihistamines like chlorpheniramine
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palate or cetirizine for symptomatic relief. Your erythrocytes' sedimentation rate will come down automatically. Prednisone should not be used routinely. You also have osteoporosis. You should take vitamin D and calcium supplements for that. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

I am considering getting the shingles vaccine but I'm afraid of the side effects I might have. I have an allergy to Vicoden and codeine and I am overly sensitive to some medications that may cause drowsiness. Do you recommend I get the shingles shot??

If you were suffered from chicken pox in your childhood, by this time you would be having protective antibody titres in the body which will fight against the virus and protect you against getting this disease again. One attack of chicken pox will give lifelong immunity. The herpes virus can remain dormant for longer period in the nerve endings, whenever there is a reduction in the immunity this virus will activate and produce the symptoms of varicella booster. No problem in getting this vaccine, but two doses of vaccine should be taken at an interval of 1 month. Thank you.

I am currently taking synthroid, bactrum, and birth control. I took an Excedrin for a headache. Do I need to go to my doctor?

Possibility of stress and anxiety related symptoms is more in your case because you are too young for heart diseases and your blood pressure is normal. So avoid stress and tension, be relaxed and calm. Consult psychiatrist and get done counselling sessions. Try to identify stressor in your life and start working on its solution. You may need anxiolytic. Another possibility of

I am now 26 and cancer free. I recently got married and am curious if the chemo or radiation I had could have made me sterile. The tumor was in my sinus and so the radiation was focused on the head and neck regions. The chemos I took were, Etoposide, Ifosfamide and Vincristine and Doxorubicin. Thanks.

Hi, Thanks for writing in. Etoposide can cause reduced ovarian reserve in females and infertility in males. Males appear more susceptible than females to ifosfamide genotoxicity. There may be a dose in males below which the risk of subfertility is low. In females there is preliminary evidence of reduction in ovarian reserve, which may potentially lead to an early menopause and a reduction in the window of fertility. Vincristine is typically less likely to harm fertility. Some of these. In females of reproductive potential, Doxorubicin may cause infertility and result in amenorrhea. Premature menopause can occur. Recovery of menses and ovulation is related to age at treatment. Doxorubicin may result in oligospermia, azospermia, and permanent loss of fertility. Sperm counts have been reported to return to normal levels in some men. This may occur several years after the end of therapy

I am on Lisinopril/HCTZ (20 mg/12.5). My BP last month was 128/78 and my heart rate is usually in the 70s. The doctor said the EKG looked ok but my heart was beating a little fast. He said I should follow up with a cardiologist, which I am going to do. He said it was difficult to determine what happened. I don't smoke, I am overweight, I drink very little caffeine. Any ideas?

I passed carefully through your question and would explain that your symptoms could be related to a cardiac arrhythmia. Of course, being overweight, . But, I would recommend performing some tests to investigate for cardiac arrhythmia, before concluding that nothing serious is going on: - a cardiac ultrasound- an ambulatory 24-48 hours ECG monitoring-thyroid hormone levels for thyroid dysfunction- complete blood count for anemia-blood electrolytes for possible electrolyte imbalance. If all the above tests result normal, there is nothing to worry about. Reducing caffeine intake and avoid smoking will improve your situation too. Hope you will find this answer helpful! Kind regards,

I am totally insulin dependent. I take huge doses of levamere (60 units a.m. and 50 units p.m.) and use Humalog sliding scale (high scale used at local hospital). I take Lyrica 100 mg 4 times daily for severe neuropathy for years now, and synthroid. Today I saw my doctors nurse practioner who diagnosed my swollen, painful mouth as post dental surgery trauma. Tomorrow I will see dental surgeon who is unhappy with the speed at which I am healing (hes not the only one!). I have tried ice, heat, Tylenol, ibuprofen. Thankfully the nurse practioner gave me a few hydrocodone (7.5) to take today until I see dental surgeon tomorrow. I am a 56 years old woman and I live in assisted living so my diet and my medication are handled professionally. I am very afraid that my dental surgeon is not going to be able to diagnose this tomorrow and since last Tuesday the condition only worsens no matter what I try. Even the hydrocodone is not completely relieving my pain and what little help it does provide only seems to last for about 2 hours. (After the pancreatitis and complications, I have a high tolerance for pain meds). My doctor and I rarely choose the narcotic pain relief route unless we absolutely have to (i.e. following the dental surgery, I took 3 days of Percocet 10s. Since then I have only used Tylenol and Ibuprofen (neither of which are any help right now--they were helping until this swelling began last Tuesday. I am in tears as I sit here describing all of this. I realize my case is complicated: I had to move into assisted living 5 years ago when I started having TIAs and could no longer live alone. The professional care I receive here has made the TIAs almost non-existent. When I lived alone, prior to coming here, I did not take care of my diabetes. Now I do. What do you think?

Hi! It looks like there is some infection associated with the implant leading to Cellulitis or infection in the salivary gland leading to pain and swelling. So, my suggestion is to consult your dentist or an Oral Surgeon and get evaluated. You can be advised an x-ray or MRI Scan to further confirm the cause. For now, you can be advised antibiotics intravenously and a steroid shot to reduce swelling. Also, you can be advised Implant removal if the infection or implant rejection is suspected. So, getting checked by an oral surgeon is a must. Hope I have answered your query. Let me know if I can assist you further.

I breastfed her until 4 months ago and have not nursed her since. Quick background - I have lupus with edema and severe neuropathy, I am allergic to gluten and suffer from extreme Again thank you so much for your time! Sincerely-Amy

Hi! Thank you for asking your query. Looking into your problem, SHE is known to get flared in the duration of pregnancy and postpartum. In your case it can be due to lupus activity, but it is less likely, it can be due to lactational amenorrhea as sometimes it can be prolonged. Advise you to visit a gynecologist and consult her regarding this also to rule any further pregnancy going on. Plus it is advisable to you to visit your rheumatologist and get your lupus activity evaluated and also the . Nothing definite can be said without further evaluation as amenorrhea after pregnancy can be due to multiple causes. Thank you. If you have any queries feel free to ask.

I feel fine but have lost appetite. During the treatment for blood poisoning I had a bad reaction to the antibiotic and they have me as pertained IV, I don't know the doses but could that cause the number to climb & what should I do? They don't seem to know what to think about the single going out of range value.

Hi. Thanks for posting query at . It seems acute Liver injury. Usually ALT or AST values higher than two times the upper normal limit, is considered abnormal (in some countries, ALT or AST values of more than 100 are considered abnormal). Viral hepatitis (HAD, HBV, HCV) are common cause of elevated liver enzymes. Typhoid fever may also affect liver and cause high liver enzymes. All these causes should be ruled out. Further advice :- abstinence from Alcohol - LOW fat diet should be followed, AVOID junk food and beverages-decreased oil consumption (oily food)- NO red meat-green vegetables should be ingested daily-use lemon juice (lemonade) once in a day-reduce

weight if overweight/obese-recheck liver enzymes after 6 to 8 weeks and/or ultrasound. Any further questions are welcomed. Hope to answer your concern. Wish you good health. Regards, .

I had sex on September 30, October 3 and several time after. I have a 32 day cycle. Could I have gotten pregnant on September 30 or October 3rd? I am trying to figure out the closest possible due date.

Hand I hope I can help you today. Contrary to what many women think-ovulation does not occur on day 14 of a women's cycle. it happens 14 days before the start of your period. So if you have a 32-day cycle and your last period was September 21, you likely ovulated 14 days before your period would be due for October (the 23rd) which means you likely ovulated around Oct. 9th. The BST way to know for sure, however, is with an ultrasound (you must wait until at least 5-6 weeks of pregnancy) which can measure the fetus and make the most accurate estimate of your due date. I hope this information was helpful, and best wishes for the pregnancy,

I have 7 out of 10. I lack vomiting, fever, respiratory problems. Ive felt the symptoms now for 5-6 days. Wondering, how long one has to have these symptoms and certain symptoms for this to be considered dangerous and requiring medical intervention? It is the 6th day and I am starting to feel marginally better. Probably at 50%. Please advise. thanks

Hi, I have read the query and understand the concern, the symptoms of seasonal flu are very similar to swine flu and considering that now you are feeling better it is most probably seasonal flu you are suffering from so no need to worry about. Severe symptoms like difficulty in breathing, severe vomiting, bluish discoloration of lips or skin due to inadequate oxygen supply because of lung dysfunction, convulsive attacks need immediate consultation to the doctor to rule out swine flu by examination of nasopharyngeal swab irrespective of duration of symptoms. Have good sleep, . Hope this answers your query.

I have always been pretty big, playing weight was 215lbs. However, now I have some back pain but the pain in my left hip has become unbearable. It is often difficult to get up and walk. After a while of walking around, i can move ok but if i rotate my hip in or out, my God, the pain is terrible. It feels like someone stabbing me in the front part of my hip reaching deep inside it. I still play around with my colleagues on the basketball court but not very competitive now. I cant push off well or change directions well. I have no loss of power except due to pain. Can you give me some advice on alleviating the pain? I now live in China and the access to pain meds is very limited. Even if i could get them, i dont want to take them. Please help!

Hi you can take physiotherapy as they use IT and other modalities to reduce pain in this condition you can do strengthening exercise and light stretching but as you have spondylolisthesis so before doing any exercise for back consult physiotherapist. You can use hot water pack to relief pain and also use moist heat to relief yourself but make sure it must not too hot that it burn you wish you good health.

Input	Output
I have been having issues with stomach discomfort, feels warm, stool is mushy. Taking align probiotic. Some days I have to run to bathroom to move bowels because instant pain.	<p>Hello and thanks you for your query. I am and I will try to help you as much as I can with my answer. There are no significant side effects of vasectomy and especially not such that you describe, and you should find another causes of abdominal discomfort, and you should do colonoscopy and abdominal Ct scan. I hope I have answered you query. If you have any further questions you can contact us. Kindly regards. Wish you a good health.</p>
I have had a bilateral mastectomy and chemotherapy and now have saline breast implants. For the past few days, I have been experiencing pain between the 5th and 6th ribs to the left of my sternum. The pain is worse when I breathe. Is this costochondritis? A problem with the implants? Metastasis? Please give me your thoughts. Thank you.	<p>Hi, Thanks for writing in. The pain in Costco . It is a sharp pain. Breast implants can cause irritation of the nerves in the anterior chest wall causing pain perception. This pain is more localized to the area where implants are present and usually does not radiate to other places. Metastasis is pain due to bone destruction. This is diffuse pain which increases on palpation and focused on the area overlying the bone. It is suggested that you get a chest X-ray or CT scan done to evaluate in detail the cause and nature of problem leading to the pain.</p>
I have had a liver scan today, a consultants appointment tomorrow and more bloods on wednesday. They have diagnosed me with Cholestasis. Is this something that can be diagnosed without having the bile salt levels done? I am now 35 weeks and want to push for an induction around 37 - 38 weeks.	<p>Hi.to answer your questions, yes, homeostasis can be diagnosed even without bile salt levels examined. Ultrasound is a diagnostic tool with a high sensitivity for diagnosing hepaticopancreaticobiliary tree concerns. Additional diagnostics (such as ct-scan, blood exams) will be recommended as needed. If you're not experiencing any symptom related to it, an elective cholecystectomy (surgical removal of gallbladder) may be done after you give birth. You will be advised accordingly if you consult with a doctor, preferably a general surgeon, re your homeostasis. Low fat diet is also advised for now. Hope this helps. Good day!!~ .</p>
I have had severe bloating, mild constant cramping, moody, gassy, headaches, shooting pains in breasts, indigestion/heartburn, insomnia and my bbt has stayed around 97.3-97.5 (usually 97.0-97. since. I had BFN on CD 29,30,31, 32. Could I be pregnant? THANKS!	<p>Hand I hope I can help you today. Pregnancy symptoms vary widely between women, and many of the same symptoms (including a temperature jump) occur with PMS as well as pregnancy, and the most common sign of pregnancy is actually a missed period. Urine pregnancy tests purchased over the counter are just as accurate as a doctor's office, so if you already have had multiple negative tests, you are definitely not pregnant. Your menstrual cycle may be irregular this month for a number of reasons-the most common one being the stress of trying to become (or avoid) pregnancy. So if you are trying to conceive, I recommend just having regular unprotected intercourse (at least 2-3 days/week) without BBT charting, actually because your body temperature only goes up AFTER you ovulate, so if you wait for your temperature to go up, you can miss your fertile time. Furthermore, if your cycle is longer than average, your ovulation actually occurs later, more around day 16-17. So I would wait a bit longer and see if you develop a full menstrual flow. Once you do, the bloating and other symptoms should go away. If you continue to have irregular cycles, you may want to see a local physician for a hormonal evaluation. I hope I was able to answer your question today and that my advice was helpful. Best regards,</p>

<p>I have had some relief but in September of this year I had the hardware taken out of the right side due to the nerves being really irritated. It felt better for about a month or two but recently my whole lower back is back to being in chronic pain and I am at my wits end as to what my options are.</p>	<p>It appears that there might be some difference in alignment or something else. I advise you to consult your doctor for diagnosis and treatment. You may need physiotherapy for relief. I usually prescribe to my patient with such symptoms, neurotrophic injections for 10 consecutive days, ofloxacin, diclofenac sodium, and paracetamol. Avoid taking potato, other tubers, tomato, egg, chicken, and seafoods till the pain is relieved. Take more of green leafy vegetables, pulses, sprouts, and protein rich foods to hasten the recovery. Wishing for a quick and complete recovery. Thank you.</p>
<p>I have had type 1 for many years and occasionally I will have a fever blister. Im over 40. I realize I may have developed type 1 in the genital area. I dont believe my condition is consistent with warts based on what I have read and the images I have seen. Are there other possibilities? Could it be strictly mechanical? Thanks</p>	<p>Hi, If you had unprotected sex - need to rule out sexually transmitted infection. If not it can be due to friction caused by vibrator caused ulcer. Yes once HSV positive always positive. If you had oral sex with an HSV 1 infected person then you can get HSV 1 general rash. Warts are more related to HPV not HSV. HSV causes ulcers with mild pain. Hope I have answered your query. Let me know if I can assist you further. Take care . R. Raveen</p>
<p>I have no energy what can I do. I just started taking apo-ferrous sulfate 300mg 3 times a day.</p>	<p>Hi, your He level is low, and your ferritin level is also low. Ferritine is the storage form of iron, and it is very low in your case. It suggests that you have iron deficiency anemia. You take iron rich diet like every, dates, green leafy vegetables, . And take oral iron supplement tablets which you are already taking.it will increase your iron level and he level. Thanks for using .</p>
<p>I have pain in a number of joints.2. I have an overactive bladder.3. I am losing my sense of smell.4. I am going deaf in my left ear.</p>	<p>HYou are affected by a disorder in which iron accumulates in brain and other cells. It is due to mutation in gene called FTL gene. Please avoid intake of iron supplements. At present, there is no absolute cure for Neuroferritinopathy. You need physiotherapy and NSAIDs for painful joints. Adequate calorie intake is necessary. Only symptomatic management is currently available. Do all necessary investigations like Ferritin level in blew, MRI brain etc. Consult with your family doctor and Neurologist as well as genetics expert to have a better management and followup. Hope this helps. Take care.</p>
<p>I then had my test repeated 4 days later, and my ALT was 43. The rest of my enzymes were normal. Hep A,B,C negative. Suffered a needle stick 6 months ago in the OR, and have been following up for HIV tests and Hep C tests including antibody test and PCR. All negative. Could one binge 4 days prior to my test cause an ALT of 101?</p>	<p>Thank you for posting your query. Increase in the level of liver enzymes reflect an INJURY to the Liver. Medically, the condition is known as Hepatitis. As all viral serology tests are negative, its most likely due to alcohol.- abstinence from Alcohol and . - use lemon juice (lemonade) once in a day-recheck liver enzymes and Lipid profile after 4 weeks. Wish you good health. Further queries are welcomed. Health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good health. Regards,</p>
<p>I understand it is due to a fatty liver. What does having an elevated ALT mean to my overall health and likelihood of it developing into cirrhosis? Thanks.</p>	<p>Hi, dairy have gone through your question. You have slightly high alpine transaminase level. It is a</p>

liver enzyme in its level increase in liver damage. Your level is changed slightly which is not significant clinically. It is common in fatty liver. Risk of cirrhosis depends on alcohol consumption and many other factors. You should avoid high fat diet and go for regular exercise. Avoid smoking and alcohol. Nothing to worry much about fatty changes in liver. It is very common condition. Just be relaxed. Hope I have answered your question. If you have any doubts then feel free to ask me. I will be happy to answer. Wish you a very good health.

I was in Vanderbilt heart prepping for L-VAD implanted pump and I was having trouble with teeth chipping and then, they did an X-ray of my mouth as I was complaining of upper tooth pain. They want to pull the tooth, But they saw I had been taking Reclast and would not touch it due to the drug (Reclast) causing jaw breakdown, and tmj got worse causing jaw bleeding out my ear. To have the heart transplant, it must be fixed. Please help! NOW WHAT? Timothy P. Jones.

Dear Timothy P Jones, your problem is not a simpler one. It requires consultation with your previous and present attending medical and dental doctors. Recast that you are taking is given to increase mineral density in men. Now if your teeth are removed in inference with this medication, then it might result in bisphosphonate associated osteoporosis of the jaw. And your bleeding problem indicates towards some systemic disorder which could even be deficient platelets or deficient coagulating procedure in blood. So a thorough medical analysis needed along with your blood reports, recent x-rays and consultation with the doctor who advised you to have recast. Until unless all this is done, you won't be able to undergo heart transplant.

I was wearing body armor jacket. I took a hard blow to my left shoulder. I sustained no damage, just sore. Now, I have a lump about the size of a baseball on my left upper arm muscle. It limits me from reaching out and up with that arm. Will it go away on its own?

Hi, DEAR, Good Evening, Thanks for the query. Bump cause on your left arm muscle is due to Myoma or muscle tear? Or -Hematoma with resolving fibrosis. USG and X-ray would fix the cause of the lump. Treatment would depend on the cause - a-Your ER Surgeon would - a-Tear of the Muscle - could be if needed - repaired after excision of the lump. - b-Hematoma - could be Aspirated or could be . Hope this would help you to plan the treatment with your doctor. Wellcome for any further query in this regard. Wishing you good health. Good Night.

I weigh @ 205lbs. The only other health issues that I have is acid reflux and I have had 2 issues with kidney stones over the last 3 years.

Hi, Please let me know if you are obese, have any risk factors like diabetes, or if you are smoking. You have isolated diastolic hypertension, which needs to be treated. Best treatment for BP is lifestyle modification like avoid fatty, oily and high calorie diet. Have low salt diet and monitor blood pressure regularly thrice a day for one week then once or twice a week. Regular exercises like brisk walking, jogging according to your capacity at 30 min a day and 5 days a week. Have lots of green leafy vegetables, fruits, fish once or twice a week, avoid meat. Avoid smoking and alcohol if any. There shouldn't be abdominal fat deposition or obesity. Hope I have answered your query. Let me know if I can assist you further.

In August the CA-125 was at 24. She lived in Missouri. Her family lived in Alabama and she was moved to Alabama 2 weeks ago. She has met with an Oncologist in Alabama and was going to start chemo again this Thursday (the new doctor was taking a different approach) however she says she has not made up her mind that she will not take any more chemo. What are her survival chances how long, etc.

Hello dear, Papillary adenocarcinoma of ovary is having good prognosis. And it responds to chemotherapy well. So better to start chemotherapy as soon as possible for better outcome. Also get done PET scan to know the distal organ spread. If distal organs are not involved then

chemotherapy will definitely Increase life expectancy. Usually life expectancy is less than five years. But without chemotherapy, it will be less than 2 years. So better to start chemotherapy as soon as possible in her case.

In July 2010 I had a prostate ultrasound, which showed a darkened area, but the doppler test that was part of the exam did not show blood flow in that area. I have not had any urinary symptoms. I have had some erectile dysfunction but I am otherwise healthy. I was constipated at the time of the PSA test. Unfortunately all the journal articles and risk calculators Ive found apply mostly to men 55 and over, so Im not sure whether the PSA results are worse because of my age or better.

Hi, dairy have gone through your question. PSA is the marker of prostate cancer. PSA level more than 4 indicate suspicious for prostate cancer. However, PSA level can increase in benign prostatic hyperplasia or prostatitis. So definitive diagnosis depends on biopsy. According to your PSA level there is chance of cancer, but it may not be there. So don't worry much about that. Just go for biopsy and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

Is the treatment correct? I have developed diabetes during the treatment.

Hi. Thanks for your query. Diabetes has to be well under control for the effectiveness of any antibacterial treatment including that of Tuberculosis. The treatment was correct in the initial phase. After the relapse you may need a second line of treatment under the guidance and observation of a Physician. This is important as the same. Secondly, you need to have a proper diagnosis done by Laparoscopy and confirm whether there is relapse or aftereffect / sequel or complication of TB. This is the most important aspect.

Is this a reaction to the ATK 4 ?2. How long for the medication to take effect ?3. Does he need a second opinion / tests for some other ailment ?He is 75 yrs old

1.5-2 years with anti-tuberculous medications. It takes a long time to heal and for the pain to subside. Bed rest is recommended at least for the initial few months. AKT4 usually does not cause body pains unless there is some side effect like hepatitis and loss of appetite associated with this. By the way, I'm not really convinced based on the MRI report that he has tuberculosis of the spine, because degeneration is a very normal physiologic phenomenon at his age. I guess you need to take another opinion from a good doctor for the same. Thank you.

Is this because of the infection or what else would you suggest.

Hello dear thanks for your query at your consultant had prescribed Pack that contains azithromycin, its antibiotic used in upper respiratory tract infection.it will take at least two to three days for antibiotic response to come and control the infection. High pulse rate and fever indicate that infection still present it will take one or two more days.carnitine d will decrease cold and cough. For fever take tab paracetamol 650 mg thrice daily, cold sponging if temperature above 100 f. no other medication is now necessary your blood pressure is now under control only. Regards

Is this normal with the coil.2. Should I have had the coil fitted with my crohns. I take immuno suppressants (Purinethol, Mercaptopurine).Many thanks

Hpeople who have abnormalities of the uterus (e.g., fibroid) that distort the shape of the uterus cannot use mineral coil as it controls heavy bleeding as it contains levenorgesterol but in your case it is not happening, so you have to consult your doctor for further examination. And about you Crohn's disease it is not related to it. But while you are taking immunosuppressants there may be a chance that the coil may not fit you. Thank you.

Is two wheeler riding considered a total ban in my case. I am wearing a belt on doctors recommendation.2.Is climbing steps a ban in my case. I am working as Administrative Officer in an

<p>organisation. I used to carry my office bag in the shoulder. Is it allowed in my case. 3. I used to walk for about three miles in a day. For the last one month I am not going for a walk fearing that the pain may get aggravated. Can I walk. SATHISH KUMAR</p>	<p>two-wheeler is considerably banned in your case reason is simple in bike we are always trunk forward and potholes or speed breaker can increase your pain and nerve compression climbing steps is ok but considering you lookout your posture. Too much stooping while climbing can cause pain would not suggest 3 miles a day. you can walk a mile or so if you want above all first get yourself relieved from pain via exercises with physiotherapist. Then this precautions will help for sure. For further queries you can contact anytime</p>
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Input	Output
It usually runs high in the evening, but this is the highest it has ever read. I take lisinopril 20 mg twice a day (40 mg total) and metorlol 50 mg twice a day (100 mg total). Should I go to the emergency room or wait and call my Dr. in the morinig?	<p>H200/121 BP is very high. As you are already having treatment for hypertension, then this much of high BP is not expected after treatment. * Check your BP once again, if its still high then do consult your doctor immediately as this much BP may lead to bleeding in body. Bleeding can be from nose as epistaxis but if it occurs internally then it might lead to serious outcomes.* Also keep some emergency medicine at home for emergency. You can keep capsule nifedipine (5Å mg) at home and in emergency take it sublingual. You can ask your doctor about this capsule.* Keep an eye on salt in your diet and cut off extra salt from diet and do walk daily. Both these things will help in controlling high BP.* But for now consult your doctor first.* I hope you are satisfied with my answer. Thank you.</p>
It was better the next day, however last night the same thing happened, only accompanied by a major headache. This morning that headache is raging, im nauseous, and my stomach is just overall crampy. Is this some kind of flu bug? No vomiting yet. I turned 21 last week and deprived my body of sleep and had a larger intake of liquor than usual, could this have anything to do with it?	<p>Hi forum. Forum. You had pain abdomen, chills, hot flashes, with temp of 100,2 nights ago, next morning was better. Next night again you had stomach pain, nausea, headache, in the next morning also. It appears to be the symptoms of malaria fever, or typhoid fever, with stomach pain due to indigestion of the fever. I advise you to consult a physician for diagnosis and treatment. You may have to get blood tests done for confirmation. Once fever is controlled all other symptoms will automatically subside. In the meanwhile you take light diet, like bread, biscuits, milk, juices, etc. for maintenance. Wishing for a quick and complete recovery. Best wishes.</p>
It was both estrogen and progesterone positive. I underwent radiation treatment then commenced Tamoxifen 20mg. I was on the 20mg for 10 years, and my surgeon (who I see every 12 months) advised that he would drop me back to a maintenance dose of 10 mg, and wants me to stay on it for life. Most people I know are only on 20mg for 5 years then stop taking Tamoxifen. What are your thoughts?	<p>HelloThanks for your query. The subject you have raised is one that is under intense research and debate. As a standard of practice, Tamoxifen is definitely continued at the very least for 5 years. Newer consensus is emerging that continuing it for longer periods than even 5 years is now recommended and beneficial. There is no scientific recommendation for taking it life long at least. Since you have taken it already for 10 years, I don't see any need for taking it any longer. Wish you all the best.</p>
Ive been stung many times during my childhood and later on during my adulthood. Why this reaction now? I am a 36 year old male.2. Did the alcohol intensify the reaction?Thank you!	<p>Hello dear, I read and understand your concern. No, alcohol never intensify the reaction. But reaction can be gradually increases after bites. So as if you had stung by it many times but reaction or allergy becomes severe thereafter. Taken treatment is right and appropriate. Please prevent bite in future to avoid still more reaction. In future bite reaction may be more severe. Gradually antibodies developed in the body and reaction becoming more powerful. I will be happy to answer your further concern onThank you, Infectious diseases specialist,</p>
laminectomy and formianectomy? in one procedure. From day 1, I could not sit. My tailbone was	

so sore and my right hip in the side at hip joint is so painful, it affects right leg and right foot with some HOT Feeling from the nerve and some slight numbness in the right foot . This changes, there are a few days, I have no pain.but 90% of time since surgery in 2/1/2012, I can not sit on anything soft. Not my recliner, Not my car seat.Can not sit or ride very far without pain. I am limited in doing anything. My surgeon has sent me to a orthopedic specialist in spine fushion. I dont think I can go through another serious surgery. I am not the Dr., but I think something is rubbing a nerve. Is there any other test, to see what nerve is hurting me. Ive had myleogram. Thank you!

Hi Thanks for writing to us, I would advise you to do contrast MRI post surgery, and we need to see for structural changes and impingement of nerve. If there is spondylolisthesis you may need fusion with fixation. If MRI does not show any structural change then epidural injection with local steroid injection can be beneficial. Use lumbar support as instability will aggravate symptoms. I hope that I have answered your query. Let me know if I can help you further. Take care

last night before bed I was at 277

Hi, With a blood sugar level of 511 you should go to ER. With this blood sugar level there may be chances of altered sensorial or even coma. Every diabetic patient should consult planetologist at the time of diagnosis and periodically there after depending upon your blood sugar levels, as advised by doctor. I will recommend visiting doctor whenever blood sugar is above 250. With such a high blood sugar level there may be need for further evaluation and insulin for better sugar control. Hope this helps you, if so do vote.

mid back has two herniations at t-8-t9 and t9-t10. Pain mangemnet has told me there is no way that any of these are my pain drivers and it must be muscular. I have sharp electric pains that shoot out to my ribs and low back when it really kicks in feels like I am being electrocuted and I end up in the ER. Should I believe pain mangement? Are these likely the causes of my severe back pain? How are these usually treated? Physical therapy and NSAIDs is what I have extensively received so far with no relief only worsened.Thank you

Hi I have studied your case and reports MRI shows mild to moderate disc bulge with canal stenosis. Due to compression of this nerve root there can be leg pain associated with it. For these symptoms analgesic and neurotrophic medication can be started. Till time, avoid lifting weights, Sit with support to back. You can consult physiotherapist for help. Physiotherapy like ultrasound and inferential therapy will give quick relief. I will advise checking your B12 and D3 level. My patients get good relief with holistic approach like Panama, yoga, and darshan Oriya. You can also start them. Epidural steroid may help. If there is no relief with all conservative measures then decompression with fusion or disc replacement can be done. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care.

mild pleural thickening , 2.subtle air space opacity seen . what does this mean . and what is the treatment for this . any antibiotics .

HelloYour chest CT findings suggests small airspace opacity in lung. It may be due to infection/pneumonitis, small segmental collapse etc. It is generally a benign finding and patient may only need symptomatic treatment. You may need to take antibiotics after evaluation. Your condition need clinical correlation and routine blood investigations. Mild pleural thickening may be sequel of past infection and generally it doesn't require any treatment. Pleural thickening is a healed stage. Take Care .

molar plus front 3 upper for partial denture. had descaling 6/16. came down with parotis 6/20. hospitalized and treated. now have lump on outer gum of pulled molar that hurts. also, cannot open jaw.what needs to be done?

The symptoms you have mentioned in the query, suggests the non-healing of the tooth socket and

also there is a formation of abscess which is causing you the pain and difficulty in opening the mouth. I would advise you to visit your dentist so that he will have a look at it and if there is an abscess he can do the required treatment to induce the healing of the socket. Additionally, you will require antibiotic like amoxicillin three times a day and metro tablets, ibuprofen (if you are not allergic to any medication). Warm saline gargling will be of major help to you. Maintain a good oral hygiene and avoid vigorous gargling. Hope this was helpful. Thanks and regards.

My 19year old daughter has TMJ, when she chews anything on her left side, she gets a clicking sound. What can i give her?2. My Right side of the neck has a node, can this be related to my teeth and gum problem?Thanking you in advanceAnisa

Hello and welcome. Thanks for writing your query. TMJ problems may arise due to altered biting habits may lead to pain in front of ears. This makes mouth opening, biting and swallowing difficult. Teeth grinding habit often alters the biting habit and leads to causal disharmony. Exact diagnosis can be made only after clinical examination. So please visit a dentist and get the evaluation done. You may need an OPG radiograph done for you, which will help in ruling out the problem. Accordingly, treatment can be planned. Enlargement of lymph nodes in the neck is called as lymphadenopathy, and it is a sign of infection. Yes it may be the result of tooth infection spreading to underlying structures, or it may arise due other health problems. Please get the examination done by a physician. I hope this helps, take care.

My Cholesterol is also 6.08, LDL 4.06, HDL is 4.40. Everything I read about Gamma GT has to do with people drinking alcohol but I dont drink any. The reason why my doctor sent me in for testing is I am tired, nauseous and through up multiple times per week over the last few weeks, and my abdomen has always been sore when examined most drs would just say its IBS or admit they dont know why. I will mention I have no problems with going to the washroom or having any camps.

Hi, Your GGT level is not too high. In fact, your GGT level would be considered within normal range as per usually accepted standards. Even if it is high, alcohol is not the sole reason. Liver damage by any means can cause a raised GGT level. Even smoking causes the GGT level to rise. Many commonly used medicines can also be responsible. You can go through the US National Institutes of Health website for patients and their families, produced by the US National Library of Medicine, for more information (<http://www.nlm.nih.gov/medlineplus/ency/article/003458.htm>). Best wishes.

My cough has changed from a dry bark to being a more productive cough. Actually, it is still kind of a bark but more productive than when this began. I now have pain in my back and around my rib cage in front. I am presently on Tamiflu. It has been years since Ive had the flu so just want to make sure this pain is not associated with bronchitis or pneumonia. I did have bronchitis in May and had this same feeling.Thank you

Clinical examination of respiratory system. 2. Chest x-ray 3. PUT (Pulmonary Function Test). Chest x-ray is needed to rule out lung infection (pneumonia). PFT is needed to rule out bronchitis. You may need antibiotics, inhaled bronchodilators and antihistamines. So better to consult pulmonologist, first diagnose yourself and then start appropriate treatment.

My issue is I have single noticed hard heart beats. Just one per time. My bp is 120/70 and ppulse is around 60 to 65 but it only occurs when Im resting not during exercise. My family has no heart disease and i am 37. My fan doc said Im stressed which I am but it is very unsettling

Dear Mr. Brain, I think you have what is called (Extrasystole), it is a strong noticeable heart beat comes sometimes escaping from ten normal beats at least. It is due to stress or anxiety as your doctor said. You should know that the normal heart may experience an extrasystole, so don't worry, it will go away with the stress. But you should do ECG just for routine examination. I hope that is satisfied to you, welcoming any question from you

No one is giving me an explanation. Could this be just my next stage of asthma or something else.

my family history is my dad died at age 51 of a heart attack, My mom had her 1st heart attack at age 41 and died of congested heart failure at age 68, my half brother died at age 58. I am 50, I dont smoke, drink, i am morbidly obese and just got diagnosed with sleep apnea and RLS. I have had so many respiratory illness such as bronchitis and pneumonia I cant even begin to count. I have had 2 sinus surgeries. My cough is embarrassing and I want to know why I am coughing. In 2010 I believe was the year, I received a brand new prescription that had Methascolomine Hydrobromide in it, after 20 minutes of taking my 1st pill of this prescription I was having stroke like symptoms and ended up in the ER room and hospital overnight. A pharmacy accidentally overdosed me with methascolomine is what the ER doctor said is what happened. It was about 1 month after this episode i came down with a very bad bout of bronchitis which turned into pneumonia.

Could this play into my persistent cough? I have seen several doctors over this and no one seems to care to find out the cause. Should i let it go and just deal with it or shall I keep searching for a reason. My thought was-if it is like cancer-lets nip it in the butt but so far i learned nothing.

With the history, it does not look like asthma. Asthma is a type of allergic reaction, presents with wheezing, breath less less with cough. I advise you to get done spirometry, as this will help you find whether you are suffering from asthma or COPD. In your case you have RLS and also may be chronic pharyngitis extending even to larynx. Your CRP shows you are being infected somewhere. Get examined by direct & indirect laryngoscopy and get done once early morning sputum (yellow color) / throat swab culture and sensitivity to treat the infection. You should reduce your weight, do regular 30 min outdoor exercises along with breathing exercises and have only required amount of calorie. Hope this answered your question. Get back with the reports and also detailed explanation on your symptoms for future discussion on your management. Consult your doctor for further examination and management. Feel free to ask me if you have any further queries. Wish you good health. Take care. Regards

Once in a while I would have pains in my upper abdomen like when I still had my gallbladder and it was dysfunctional. It would hurt for a few days and go away. I started ortho tri cyclen three months ago due to a heavy period and severe cramps and the pain where my gallbladder used to be has gotten awful. Somedays it almost has me in tears. I am wondering if the birth control pills are the cause?

Hi! Good evening. If I were your doctor, I would advise you for a review ultrasound of abdomen to rule out recurrence of calculi in the common bile duct, and also with a possibility of pancreatitis as a differential diagnosis specially if you consume alcoholic beverages. Few blood tests like a CBC, a liver function test, a serum amylase and a serum lipase would be worthwhile in your case. I would not consider the birth control pills to be the cause of such intense pain. Till the reports of these investigations are ready, I would advise you with a proton pump inhibitor and an antispasmodic . I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. I wish you an early recovery. .

Our family doctor told that this is age factor. I want to know the cause of pain in left knee and to be got appointment with better treatment

Dear Sir, Sorry to hear about your mothers' problem. It is difficult to comment on her status as you have not mentioned which cancer is she suffering from. Arthritis is a common problem in this age group and usually affects the knees, so the pain can be explained with that. But considering her history of cancer, there is no harm in visiting the doctor once and having an x-ray of that area. Hoping for the best.

overweight, on lisinopril for high blood pressure (which is under control, on the medication). For the last several months, I feel pressure in my upper chest, on the left side, a bit below the collarbone. When I press on the area (the ribs), it increases the pain. There are times when it does not hurt at all. Its not a sharp pain, but rather a dull pain that radiates out to about the size of a small plate. When I push on the right side, it does not produce pain at all, so this is only on the left side. Im assuming that since this has been going on for months and Im still here, that its not cardiac related. But what could it be? Ive had pleurisy in the past, but that pain was located more in the center/breastbone area. Thank you!!

By your history and description, possibility of musculoskeletal pain is more. Your pain is increased by applying pressure on that area. This is characteristic feature of musculoskeletal pain. So better to apply warm water pad on affected site. Avoid movements causing pain. Avoid bad postures in sleep. Avoid heavyweight lifting and strenuous exercise. Avoid pressing of that area. Take painkiller and muscle relaxant . You will mostly improve with all these. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

Presently Riba and Rna testing show virus inactive. Am I contagious to babies or other people through saliva or eating utensils. Mainly, can my grandchildren be infected by me. I am extremely concerned. My daughters pediatrician told her it WAS possible. Please help me!!!

Hi Thanks for posting in . The main mode of transmission of hep C virus is through blood. So blood Transfusion, sharing sharp objects like razors can transfer. Also, household things like sharing tooth brush or towels can have slight chances of sharing. Sharing same food or utensils won't transmit hep C. Your grandchild . I hope I have answered your query well. If you have any more query kindly write back to me. Thank you

Saw the MD and cardiologist on 5/2 and they said everything is fine. On 5/3 started having chest pains went to the emergency room and was admitted. What would can be causing chest pains if your cardiac enzymes and EKG are normal?

HSometimes, these things can be normal and still it can be cardiac pain, especially if it is occurring on exertion and relieving on rest. So if it is like this, she should have one echo and stress thallium test, in order to be more sure. Also, I need to know more about the symptoms, like precipitating factors, factors that increase pain etc. Mostly it's a gastritis and reflux disease. Do you upper abdominal pain, nausea, bloating, burping, increase in pain on food, sour water feeling in throat or chest burning, if yes it further supports the diagnosis? You should avoid fatty, oily and high calorie diet. Have some walk after having food instead of taking rest. Have multiple small meals instead of heavy meals. Have regular sleep habits and avoid stress. Lots of green leafy vegetables, fruits. Avoid smoking and alcohol if any. You can get prescribed tab Pan DSR 40 mg before breakfast once a day for 2 weeks. Secondly does this pain increase on applying pressure over the area, if yes it could be Costco . Does this pain increase on deep breathing and coughing etc. if yes it a pain arising from lining of lungs and needs NSAIDs treatment and evaluation.

She also has a severe headache and is experiencing sharp pains on her right side during normal breathing and coughing. Shes been taking Vicks Day Quill gel capulet every 4 hours.

HelloYour wife is having sever headache with high fever 104.1 degree F and severe pain during breathing and coughing. These symptoms may be due to these possibilities, these include.1 Pneumonia or pneumonitis (consolidation) on the right side lower lobe. This causes high grade fever with intense headache accompanying coughing. Diagnosis can be confirmed by X-ray chest. Get in physical examination as this is important in this type of case.2 Malaria is the 2nd most probable cause of such high grade fever with sever pain in head. Coughing may be associated with malaria. Usually very high grade fever and intense headache are characteristic features of malaria. As mild degree chills also present with malaria. Diagnosis can be confirmed by blood film .3 Flu or

common cold may be the another reason, because sometimes due to bronchoconstriction patient feels pain during breathing and coughing. In my opinion consult a physician and get his opinion as physical examination is important. Hope this will be helpful for you.

Input	Output
She is having trouble remembering names of people or things she has said. She becomes mean and hateful at a moments notice. She is scared of everything. She says that people in our extended family are out to get her and she is extremely paranoid.	Degree understand your concerns went through your details. Memory loss of an elderly lady with delusional disorder. Delusional disorder as the prominent symptom and memory loss occur in the dementia, which are syn . Because delusions can be shown as part of many illnesses, the diagnosis of delusional disorder is partially conducted by process of elimination. If the delusions are not accompanied by persistent, recurring hallucinations, then schizophrenia and schizoaffective disorder are not appropriate diagnoses. If the delusions are not accompanied by memory loss, then dementia is ruled out. If there is no physical illness or injury or other active biological cause (such as
She says this indicates cancer (did I mention her bedside manner sucks?). I have been having problems with a couple of teeth for the last 4 months and have had several procedures done on them and I am going back again this week. Seems coincidental that my WBC was high the last two times and fits in to the time period of the tooth problems. I should mention that I smoke which probably doesnt help. This is the first time I have had a high WBC without a valid reason for it (i.e. sinus infection, diarrhea etc.). Should I be freaking out?	Hi! ! The normal total leukocyte (white blood cells) count ranges from 4000 to 11,000 per microliter in an adult. White blood cells help protect the body against diseases and fight infections. There are numerous causes for increases in neutrophils, lymphocytes etc. but the most common cause of Leukocytosis is secondary to infection (localized or generalized)or tissue necrosis due to any cause, in your case it can be due to infection in your teeth. The degree of leukocytosis depends upon several factors like its cause, severity of the infection, resistance of the body, localization of the inflammatory process (greater neutrophil leukocytosis is produced by a localized disease process rather than a generalized one) and modification by treatment. Your WBC count is only slightly raised so don't worry. A course of antibiotics will bring it down. Take care!
Should I be concerned about this MRI? At the height of my depression, I was in bed for 3 days with severe headaches (I also have cervical spine degeneration) but I actually felt like I had had a mini-stroke. Has my brain had little mini-strokes, thus the ischemic changes?	Hello. I read your query and I understand your concern. Technically speaking those ischemic changes are a part of the stroke spectrum, meaning it is a case of an occluded vessel not supplying enough blood. However, it is the case of very small vessels and what your neurologist meant is that a certain amount of these changes of small vessels happens in many people over the course of years and are not responsible for your symptoms, can be found in many other people your age without any symptom at all. If these changes are markedly widespread it could be a cause for cognitive changes, I can't evaluate that without the images, but since he has told you they are average for your age I suppose he has considered that. So you shouldn't be concerned too much, although you should pay attention to blood pressure and high cholesterol to lower your future risk of stroke (a recommendation which would be given even without that MRI). I hope to have been of help.
Should I be worried?	HI can understand your concern. The red flat spots around mouth indicate presence of allergic reaction or viral infection. As she is vomiting too, it seems more like to be a viral infection. I would advise you to visit a pediatrician for the physical examination and investigations regarding viral infection. Confirmed diagnosis and treatment can be based on the test reports. I hope this

information helps you. I wish your daughter feels better soon. Best,

Should I be worried? Can you have complications this far out after the initial onset of the flu?

Thanks for posting your query OT . Swine flu is a viral infection of respiratory tract.when it gets complicated causes infection to sinuses and ear also .you need to be careful as you are having repeated infection. SO contact to a ENT surgeon and undergo examination of ear and sinuses to rule out any pathology in that part .besides this you improve your immunity by taking good nutritious diet, and you can also take multivitamin capsule as low immunity favor viral infection . Take care.

Should I have my MD increase my dose or try another medicine in case I have developed a tolerance? What do you recommend trying?

I understand your concerns went through your details. I suggest you not to worry much. ADD is a mental disorder which needs medicines and lifestyle changes for cure. You should know that these problems are not mental diseases, but are mental disorders. Many researches and researchers confirm that medicines alone cannot cure mental disorders. Exercise, Lifestyle changes, change in thinking pattern, relaxation etc. are as essential as medicines. Psychotherapy can help you to change your lifestyle and thinking patterns. Yoga and meditation help you to streamline your metabolism and neurological balance. Please consult a psychologist for further information. Psychotherapy techniques should suit your requirement. If you require more of my help in this aspect, Please post a direct question to me in this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

So I waited a few months when the botox was out of my system and noticed my wbc was back up to 3.7.Is it not safe to use botox? Could this decrease my wbc?

I understand your concern. I am , infectious diseases specialist, answering your query. In my opinion you should not worry taking Botox. Botox has nothing to do with the WBC count. It will be by chance error that had happened in WBC count in your case. You can confirm it by second time when you start Botox again. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

Started coughing up slightly pink froth and now that most symptoms have subsided I wake up in the mornings and cough up large quantities of bright red blood. Once my lungs are clear, there is no more coughing for the rest of the day. I had a 5 day course of zpac. Was prescribed a 5 day course of levoquinone that I refused due to its dangerous nature. Will the bleeding stop? My fever is gone and I feel almost normal. Just blood in the morning.

Clinical examination of respiratory system. 2. Chest x-ray 3. PFT (Pulmonary Function Test). Chest x-ray is needed to rule out lung infection (pneumonia). PFT is needed to rule out bronchitis. So consult pulmonologist and discuss all these. First diagnose yourself and then start appropriate treatment.

Suffering from Asthma for over 30 years.. 2. Diagnosed with Breast Cancer 5 years ago . treated with laser and has been sort of been contained fortunately two years back and not currently spreading.3. Diagnosed with Hepatitis C 4 years ago. and under treatment. About 4 months back her belly started to fill with water and had to be removed every 1 month twice and later every 15days and now every 7-10days.Doctors are advising to have a TIPS procedure done to let the water out continuously.4. Diagnosed 4 months back with high sugar levels and advised to administer insulin regularly.Please advise, what should my wife do immediately to ensure she is not getting any infection from her moms used insulin needle? Thanx

Good day, and From your story the only transmissible infection your wife can contract from her

mother is Hepatitis C. Asthma, breast cancer and high sugar levels cannot be transmitted through needle prick. However, the risk of contracting hepatitis C via needle prick (insulin needle) is extremely low. No need to panic my dear brother. However, you can take her to the hospital, she will do a baseline test on Hepatitis C (Antioch and liver function test especially alpine amino transferase) and the test is repeated 4-6 weeks after. Hope it helps. Thank you.

that night i went to dinner with my parents at souplantation and took my first pill of my fifth month of tri sprintec at 6pm. At 3am the next morning i woke up feeling nauseous and threw up a few times. I had diarrhea, sweating, and shaking/chills. I thought it had to be food poisoning. The next few days I had been unusually gassy. But for the most part felt fine. Then last night, I ate rice with a lot of sliced garlic in it, and got really bad heartburn. I have acid reflux disease so ive had heartburn before, but never this bad. I couldnt sleep much due to the feeling that i would throw up. I got maybe four or five hours of sleep total. Today I also dont feel that great, but Ive also been thinking about the possibility of being pregnant. Ive been very thirsty, but still have a dry mouth when i drink. I have diarrhea and occasionally constipation. I took a clear blue pregnancy test today and it came up negative however I am worried that it is not accurate because it is too soon. Could I be pregnant, or could I just be over thinking and worrying too much? Or is it possible to still have food poisoning, if thats what it was?

Hi, As you had unprotected sex, you should take emergency contraceptive pill like Plan B, rather than taking Tri-sprintec. Yes it is too early for a pregnancy test. I hope this information has been both informative and helpful for you. In case of any doubt, I will be available for follow-ups. If you like my answers kindly rate it, and write a review as well. Please do not forget to accept it. Thank you, Wish you good health. . .com/doctors/

the dr who I sent my mri to (a va dr). had his nurse call me and told me to quit complaining, there was nothing wrong with my lower back. the va dr never saw me or ask me any questions. what can I do to lower my pain levels, as they affect my everyday living. I can and do receive pain meds at my local hospital. dont tell me about shots in the lower back (over 30 times)cant do that any more.

Hi and thank you so much for trusting us with your health query. I am so sorry to hear about this persistent pain. If the current doctor would not attend to your repeated concerns about this pain, I will suggest that you get a second opinion from another physician. Besides, your pain medications should be titrated to a level that permits a pain free life to improve the quality of your live. This can be done with powerful medications. Also try physical therapy, and get a neurosurgeon consult to evaluate for the possibility of surgical management. I hope you find this helpful. Thank you so much for using our services, and please feel free to for more information or clarifications if need be. I wish you the best of health.

The last statement is a condition that was diagnosed when she was 9yrs. However the other comments were not on her previous xrays. What are our treatment options?

Pars defect means defect in posterior arch of vertebra. Scoliosis is lateral bending of spine. Since she is 17 years old this can be treated with brace. U should take visit ti spine surgeon and get examined.

The same night i was addmitted back to hospital i was there for 4 days i was told i have a built up of blood where the drain came out. Before i came out they took a scan they said it was all right but i was still in alot of pain and feel quite ill they told me to see my doctor so after a week i did so he put me on two courses of antibiotics one was 400 mg the other 375 mg for two weekes. After two i had a rest to see if it was any better but it is still the same, i went back to see the doctor today and he send through to get me a scan as soon aspossible can you give me any advice be very grateful

thank you .

This particular lab considered my lipase of 259 normal. Their range is 23-300. I know this is high, especially for me who has no history of illness. I am concerned and will be making another appointment on Monday. I am freaking out because all I can think of is Pancreatic cancer. Please offer me some advice or suggestions. Thanks, J

Very tight in buttock area and tightness in left hamstring. The terrible pain before the surgery is gone. My hips have been hurting very much when sleeping. I have to flip from side to side every hour in order to sleep. The pain is not only in the hip I am laying on but the other one also. Any thoughts?

We are now 2.5 months out. Within the last week he has started to have lots of chest pain, soreness in shoulders, neck area. About 2 wks. ago he helped put up fresh veggies and was lifting containers that was quite heavy. He did not report any pain, etc as he was doing this. The above systems started about 7-10 days later. Tylenol has helped some with the pain. Hes tried ibuprofen and that seems to help alot. We think this could be inflammation being as the ibuprofen helps. We go back to Jacksonville FL tomorrow (6/20/1 to see cardiologist. On Tuesday (6/2 they are planning to do an angiogram and put stents in his eliact arteries to get better blood flow to his legs. Question: Do you think its okay for him to take any Ibuprofen prior to Tuesdays stent placement?Also he is 59 yrs, 56, Weighs 144, is diabetic (low sugar), also has pace maker and takes meds for high blood pressure. His surgery consisted of 4 by passes.

Hi . I understand your concerns and I will try to help you as much as I can. This is common complications of gallbladder surgery and may happen if blood vessel is damaged, or it bleeds for the liver bed. You need to do ct scan and check our red blood count in most cases it can be treated without surgery but sometime sit is required do evacuate hematoma and cingulum if antibiotics won't work. I hope I have answered you query. If you have any further questions you can contact us in every time. Kindly regards. Wish you a good health.

Hi and thanks for using this panel for your questions. I am sorry about what you are experiencing right now. Thinking of the worst possible diagnosis is most common among health professionals. I am not surprised you are thinking of pancreatic cancer. I am not exactly sure why you have this pain but I will tell you why Pancreatic cancer is not anywhere near the top on my list. Pancreatic cancer occurs in older individuals who have a significant smoking and alcohol consumption history. They present with wasting, jaundice, and this really constant annoying pains at diagnosis. You are no where there. Also, high lipase levels are more common with inflammation of the pancreas and not cancer of the pancreas. If the lab says this falls in the normal range, though close to the upper limit, please it is normal, and you should consider it so unless otherwise. I will strongly suggest that you get this thought of cancer out of your head. The mere thought of this is enough to make this pain very real which in reality may not really be the case. Tell yourself I am okay and say that as many times as possible until you get the feeling of having cancer of the pancreas out of your head. If you need the services of a psychiatrist to do this, then please consult one. I hope it does not turn to be a case of Hyperion .getting increasingly worried about having a dangerous illness despite prove to the contrary. I hope this helps. I wish you good health. If need be, I am more than happy to talk more with you.

If I understand correctly you are referring to a pain behind hip joint assuming it is hip pain hip joint pain comes as a spot pain in front or at the side of hip joint you are referring to what we call sacroiliac joint dysfunction, start walking in place for 5 min pain will improve even go away completely this is normal after being pain free you are regaining normal alignment , do daily jog exercise multiple times a day you will be fine Good Luck

NAS IDs all non-steroidal anti-inflammatory .ibuprofen will relieve the pain, but it will worsen the

heart your father is a post CABG(by pass) patients even in rarest of rare scenario if ibuprofen is taken we should know the left ventricle ejection fraction of heart any regional wall motion abnormality which is depicted in 2d echoic he is feeling pain tramadol derivatives with paracetamol can be taken as and when required and its very safe comes under brand name tab attract As he is going for an angiogram and angioplasty no anti inflammatory should be given as NSAIDs precipitates congestive cardiac failure in cardiac patients as he has taken painkillers in past a 2d echo plus kidney function tests are mandatory for him before getting dye injected thank you

Went ahead and took my Ramipril 2.5mg. and Sotalol 80mg. This evening while laying in bed I felt a strange pain across my chest and a little less in my back.thought maybe I needed to put my arms down since I had been having them at the back of my head while watching TV. Thought I should take my blood pressure again and now it is 138/89 with pulse at 79. What could be going on and should I be worried? Thank you!

Any antihypertensives used2. Salt intake3. Hy . Level of anxiety or stress5. Associated conditions like Diabetes, obesity etc. So please do continue your antihypertensive medications as per schedule and check your pulse and BP once in a week. If the pain across the chest is persisting go for a EKG asap and consult your doctor with the EKG report. Hope I have answered your query. Stay fit, good luck.

went through Physical therapy for six weeks, course of steroids and NSAIDs - was feeling great for about 3 months. did something the other day and im in agony.other than taking more NSAID and ice any other suggestion for alleviating pain? doc cant see me until later next week

Hi, Thank you for posting your query. The pain in your case is neuropathic in nature, due to compression of nerves in the lower back due to herniated discs. This pain generally would not respond well to NSAIDs alone. So, I would recommend using pregabalin or gabapentin capsules, which are specific for relieving neuropathic pain. In addition, if pain does not subside, epidural injections may be given. I hope it helps. Please get back if you require any additional information. Wishing you good health, . Ly/

What does a narrow pulse pressure mean?

Regarding your concern, I would explain that your systolic blood pressure values are really low. I would recommend consulting with your attending physician and performing further tests to investigate for the possible cause of low blood pressure and low pulse pressure: - a cardiac ultrasound and resting ECG to examine your heart function and structure and exclude possible heart failure which could lead to this symptomatology- a chest X-ray study-some blood lab tests (complete blood count for anemia, thyroid hormone levels, cortisol and aldosterone plasma levels, blood electrolytes, kidney and liver function tests). Meanwhile, I recommend taking plenty of fluids to remain well HY . Caffeine would also be useful. I would also advise you to avoid straining physical activity and staying in hot places. Hope you will find this answer helpful! Best wishes,

What else can I do? Should she have vomiting when her temp rises with a sinus infection?

Very high fever and vomiting is more in favor of pyelonephritis than a sinus infection. If the fever and vomiting continues or gets worse, please get her admitted to a hospital. Oral antibiotics will not be enough. She will most probably need IV Antibiotics and hospital care for the high fever. Very high fevers can be damaging to the body. Since she is only 6 years old, pyelonephritis can progress very fast and damage her kidneys too. Not saying this to alarm you, but I really think your daughter needs to be taken to a hospital and treated as an inpatient until her fever breaks. She will need additional blood and urine tests. Fevers, vomiting and headaches is also a presentation of meningitis, and you can never be too careful. Please take care. Good day to you.

Input	Output
Will be right to meet a dermatologist. Please suggest me a remedy.	I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, acute or chronic medical conditions, . From your description, it seems you might be having Halogen Effluvium, which is hairball secondary to stress. If I were your dermatologist/trichologist, I would like to take through history including family history, history of recent major trauma/illness/stress/medications etc. and recommend some basic investigations like CBC, blood sugar, Thyroid function test. Some other special investigations like pictogram and endoscopy and further aid in diagnosis and prognosis. I would suggest you a course of oral tablets containing biotin and other essential vitamins and minerals for minimum 3 months. Also, would put you on solution containing 5% minoxidil once a day and a hair serum containing peptides for hair growth at night.(Groupie solution etc.). I would advise use of gentle shampoo and conditioner on regular basis and use of coconut oil twice a week. Also inquire from your dermatologist about upcoming treatment options like monotherapy and platelet-rich plasma. Avoid combing in wet hair and let them

Wondering whether my spleen is enlarged or whether other possibility. I know this is complicated and I need to go to oncologist on Monday. Thanks.	Hi, Thanks for writing in. Non Hodgkin's lymphoma is due to the uncontrolled proliferation of cancer cells which have altered DNA changes which are usually acquired after birth. Such acquired changes may result from exposure to radiation, cancer-causing chemicals, or infections, but often these changes occur for no apparent reason. Its incidence increases with age. It involves enlargement of spleen and lymph nodes. Among the common cell mutations that are seen in non Hodgkin lymphoma, most cases of follicular lymphoma (a type on non Hodgkin lymphoma) have a translocation between chromosomes 14 and 18, which turns on the bcl-2 oncogene. This stops the cell from dying at the right time, which can lead to lymphoma due to proliferation. Please do not worry.
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-----L5 spondylosis . what shall I do to rid the pain and what is the cure for it. Thank you	Hello there, You need immediate rest for a couple of days and a back belt (LS BELT) of good quality. avoid prolonged standing and stair climbing. Better you start few sessions of Physiotherapy like Short wave diathermy, Intermittent lumbar traction, Inter referential therapy, Spinal mobilization, Myofascial release technique, Continuous mode ultrasound therapy, Back isometrics exercise, back extension exercises. Once your symptoms are reduced and under control you can join CORE STABILITY AND PILATES CLASSES under a supervision of a Physiotherapist. Wish you a speedy recovery.
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, 2012. 4weeks after I had a Depo shot (first time ever) and bled for 5months straight. I did not continue on with the shots after the first injection. In addition, within 6weeks after havin my child, I had two kidney stones in my left kidney. They were surgically removed. As of January 2013, I now have three stones back again. Two in my right and one in my left. I have heard many stories that the Depo shot may cause kidney stones. Is it possible that this one Depo shot has caused my kidney stone appearances?	Hi and thank you so much for this query. I am so sorry to hear about these recurrent stones in your kidneys. Depo shot can cause kidney stones in people who have the tendency to form kidney stones. It does not happen to everybody. Because your occurred during your shot, it has enhanced an already existing predisposing factor to make these stone formed. Also, demo effects should have been long over after you stopped using it. Still having stones means we need to explore further. Factors like not . I will like you to meet with your doctor who should look for the
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predisposing factor(s) and ad

(i was told thyroid problems.my thyroid has to work xtra hard to work). My doctor s nurse contacted me with the results and scheduled a phone meeting with my doctor. Unfortunately, I woke up late and missed the meeting. Called the clinic right away to reschedule but not able to get in until 6/23. I m upset because.I m tired of suffering. I ve gone back to work after my accident but have had to work on my feet all day with swollen ankles. I have swelling in both feet, but more so in my right ankle. By the end of the day from work I can t even walk. It so bad. I travel to and from work by bus and have to walk to and from bus stops. I ve missed some work because of it too. (more lately). I ve been having a lot of charley horse cramps in my legs. They re more like ATTACKS. So brutal and so hard to subside. Last night I was awoken at 3:00am.started with 1 in my right back of the upper leg, then got another one same area in my left leg. (So had the both together). They re so bad I think I wake up the whole apt. complex.crying with agony and pain. I m mentally & physically exhausted having to go through this. I m depressed. I do take depression medicine celexa and have been for many years. (with the exception having no medical, went off it cold turkey for 8 months). I ve dealt with this long enough and I m tired of it affecting my job performance wise and absenteeism. I ve told my doctor about this and I have followed everything she s recommended to help while I m working.(compression socks, extra breaks putting my feet up, anti inflammatory pills). My doctor is on vacation now. Even though I missed the phone meeting.could t she of recommended something in the meantime? I don t want to lose my job over this. But I m afraid I may be getting close. I ve been at my employment for 4 years. I do housekeeping & laundry for a nursing home facility. I am 48 yrs old. will be 49 in August. Please can you provide some suggestions. Thank you. (sorry about the note length). I APOLOGIZE I THOUGHT THIS WAS FREE ADVICE. I DON T HAVE A CREDIT CARD. THANK YOU ANYWAYS. I APPRECIATE YOU READING THIS. I LL FIGURE SOMETHING ELSE OUT. (i hope).

Don't worry.this swelling is common after fracture fixation and prolonged period of immobilization of the joint. Do full laboratory investigation(CBC.liver and kidney enzymes. Blood sugar. Serum uric acid). Do X-Ray on your leg and your swollen ankle. Don't hang your leg down. Always keep them produce your physical activity and reduce mental stress as it may exaggerate the pain. Be sure you Will practice your work as before

(range should be i guess 1-6). after one week my fever is coming back to normal but still evening has some rise in fever say 99.5. but i am having acute back pain. does it is associated with jaundice, typhoid ?

Thanks for posting your query to . There are a lot of causes for fever but as I understand it is unlikely to typhoid as in this condition fever is high grade and continuous and there is no raised eosinophil count. If you are suspecting jaundice go for serum bilirubin test. Raised eosinophil count with fever suggestive of some kind of allergic condition or parasitic condition .your problem appear to be.filial illness. So you should investigate for blood film examination for filial parasite.after confirmation I will suggest treatment.presently for fever you can take paracetamol 750 mg (adult dose). Feel free to contact. .

(test indicates 9-46 U/L is normal). I have recently taken to consuming apx 500-700mg of ibuprofen for a tooth ache. can you tell what is going on with my liver? is this something I should worry about. My doc has me set up for hepatitis series next week to check that.

HelloIncreased ALT may indicate liver injury. It may be due to many reasons like hepatitis, alcohol intake, altered lipid profile,autoimmune causes etc. You may need few more investigations like routine hologram, random blood sugar, lipid profile, ANA estimation, viral markers, urine RE/ME, ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg twice daily for three months

to my patients. It helps in regeneration of liver cells. Further requirement of medicines depends upon findings. Findings are not related to recent intake of ibuprofen. Get well soon. Take Care .

(This is normally 15 for me).--Ulcerative Colitis. (diagnosed, but untreated).--High Blood Pressure. (10/5 mg per day Lotrel).--Depression. (40mg/day Celexa).--I have lost 30 lbs over the past 18 months without trying.--I have started taking an OTC iron tablet everyday.--I also take DHEA in an effort to stave off old age. (obviously not working).

1000 is too high platelet count and needs to be reduced to avoid risk of thrombosis. 2. 16 count is only mild elevation and is not of immediate concern. Differential count and presence of immature cells, if any, are more important. 3. You might require platelet apheresis during the immediate period. Medications like HY . Discuss with your doctor regarding medication and prescription. Platelet count should be brought within the normal range. Hope it helps. Any further queries, happy to help again.

& is it contagious if there is no active open soars. I have had cold soars since 2 grade and my friend had recently decided I gave him an STD and He just never had a choice. I thought only the fluid inside was contagious & take Acyclovir at the first onset, Thank you as much info would be greatly appreciated!!!

Hi I understand your health concern, I suggest you are mixing the three viruses first is hepatitis, second is herpes simplex and third chicken pox virus. All three are different viruses and any once infection won't cause recurrence of others. I will be happy to answer all your future concern. Thank you, Infectious disease specialist. Wish you the best health at .

& my blood group is o positive. I have a diabetes around 190 points. My partner age is 25. & her blood group is AB positive. we are plan to marry in november 2014. Please advice reg. our blood group. & my diabetic problem.

Hi, I have read carefully and analyzed your concern. I understand you are worried about that some problems might inherit to your children. Let me assure you there is no harm to your marriage, if you are a diabetic or what blood group you have. Regarding your. If you are a woman with type 1 diabetes and your child was born before you were 25, your children risk is 1 in 25 if your child was born after you turned 25, your children risk is 1 in 100. If both you and your partner have type 1 diabetes, the risk is between 1 in 10 and 1 in 4. In general, if you have type 2 diabetes, the risk of your child getting diabetes is 1 in 7 if you were diagnosed before age 50 and 1 in 13 if you were diagnosed after age 50. Some scientists believe that a children risk is greater when the parent with type 2 diabetes is the mother. If both you and your partner have type 2 diabetes, your children risk is about 1 in 2. In my opinion, there is no harm in marrying her. I wish you best of luck. Hope I have answered your query. If you do not have any clarifications, you can close the discussion and rate the answer. Wish you good health.

1/17/2014. A couple of hard blows in my face, mostly in the right, including my jaw. 2. 1/18/2014 Dizziness the next morning combined with severe vertigo, but no vomiting or nausea. 3. 01/28/14. Ear pain started. Headspinning continues when my head changes position. 4. 01/30/14. Began amoxicillin treatment and neomycin drops. Pain stopped 02/02 5. 02/05/14 Pain came back, still taking amoxicillin orally and neomycin drops (in my ear) and aleve for pain. 6. I've done the Epley maneuver, 4 times. It has not worked. My questions: Do you think that blow to my face injured something in my ear? What should my next step be? Should my prescription be changed?

! From my clinical experience I can say that you have suffered an injury to nervous system (due to the blow on your face). It does not appear to be due to infection (that is why antibiotic will not work properly in subsiding it). You should get an MRI brain to rule out any injury / concussion syndrome. Get visual screening test done. I would advise that you should see a neurologist and get your self

thoroughly examined. Any further change in medicine should be done only after complete investigation. Hope the reply is usefulPlease feel free to ask more questions

10 years ago. I have an interior pump that delivers 16mg of morphine daily. Now about four weeks ago my right thigh begin to swell and hurt almost like a tooth ache thobbing but it gets mors painful if I put pressure on it. like to press toes down or pull them up. the swelling eases up but never goes away. also he thigh is not tender to the touch. any ideas

Hi, thank you for providing the brief history of you. As you have swelling and also undergone surgeries of spinal fusion in the past, this could be related to that as well. Even vascular insufficiency is one of the other factor to look forward with. Trying out physical therapy should help you strengthen the muscles of the core as well the lower limbs which will ease swelling as well. In my clinical practice such cases of past spinal surgeries face such issue, and they respond well to physical therapyregardsJay In .

141 97 69 last reading was 143 107 . What should I do

Hello! I read the question and understand your concern. In my opinion the troubles you have may be related to a brain problem. It may be a benign condition called transient global amnesia or just stress. Low blood flow to the brain , an ischemic transitory attack or an even a tumor may cause these problems. I would recommend you to go to the doctor, have a neurological examination, a cardiologist consult and a full blood work up. Your blood pressure is high. If the problem persists an EEG and brain MRI may be necessary to rule out serious underlying causes to this situation. Hope to have been helpful! Best wishes

160lbs. Healthy. Caucasian. Any advice or comments?

You for your query with , it would have better if you had mentioned when did you fell dizziness after the surgery or one day after surgery because if it is after surgery, then it could be of less bloc supply to brain due to chair position for a long time which called as syncope which will come back within mins nothing to worry about it. If it is after one day of surgery, you are on .

185. and male. I have had a complete loss of appetite today, and from the second i woke up have felt pains in my ab region. sometimes in my right side and in the mid region too. I have gone to the doctor today and there nothing he could really do at the time as my blood and urine sample were fine. This pain is still consistent. What should i do?

1.) any difficulty in passing stool/loose stools2.) any complaints of belching/regurgitation. Considering your age and your symptoms and with history of sudden onset, and your blood and urine sample is with in normal limits, it's highly suggestive of disease called acute gastritis . My advice is to . I usually prescribe my patients T.pan 40 mg 1-0-1 (before food) spy.genus (antacid) 2teaspoon Thrice daily for 1 week .if symptoms persists I prefer to do endoscopy and to consult general surgeon. I would be glad to provide answers to any further queries. Thanks for using Have a good day!

2 days after that, i started having pins and needles over the posterior part of my left thigh and lateral part of left foot and weakness of my left calf . I was started on celebrex 400mg od and baclofen 1 tablet bd. Since then the pain has greatly subside. I would say 80% of the pain has dissappeared. The pins and needles and my calf weakness however has not improved. I can extend my foot but am completely unblen to tip toe . Can anyone suggest if surgery is indicated or can it still be treated conservatively? Do calf weakness return back to normal either with or without surgery? How long would it take to recover?

Dear Patient, Diagnosis: PIED L4-5 & L5-S1 With LEFT L4 &L5 RADICALIZES & LEFT L4 & L5 RADICULOPATHY For your case, at the time of presentation, you could have been treated conservatively for 3 weeks with bed rest & symptomatic medications & no traction at all.

Considering progressive neurodeficit viz. foot & toe affection & calf, you are a candidate for POSTERIOR DECOMPRESSION OF LEFT L4 & LEFT L5 NERVE ROOT & DISCECTOMY AT L4-L5 & L5-S1 LEVEL. With surgery, you can appreciate reversal of weakness & recovery sooner from first 24hrs of surgery up to 3 months similar to absolute conservative treatment algorithm of mine. I wish you all the best.S. Orthopedics & FELLOW IN SPINE SURGERY

2 months ago I started doing high intensity on elliptical to build leg muscles, forward and backward movements. Played kickball with 10 year old and power walk. I noticed that entry wound started to swell and became painful, Ice would help so I only focused on power walk and icing after. 6 weeks ago I fell gently on knee now I can't bend it without pain and swelling above knee cap, pain left side of knee and back of knee when I attempt to bend knee, and swelling will not go Down neat entry where screw is. I lost job so no insurance since I have to pay cash I need best advise how to peruse treatment.

Dear patient You have got injury to knee which already has reconstruction of ACL 4 years back. Pain with swelling and difficulty in bending the knee might be due to tear of reconstructed anterior cruciate ligament or recent meniscus injury. This must not be neglected. I would like to advise MRI of involved knee to confirm diagnosis. Visit radiology center nearby you and get it done. Meanwhile, wear long knee extension brace and avoid bending and taking weight on involved limb. Apply ice packs to reduce swelling. You need to consult expert arthroscopic surgeon with MRI report. All the best.

2 pain white spots on roof of my mouth and a red tongue spots. Im married for 2 years. I got married after I got tested for HIV. So after 3 months from my marriage my wife got pregnant and we have healthy daughter have healthy daughter, and now my wife is pregnant. She need to be tested -ve on Hiv 1/2 ag ab plus O which was her screening at 5 months of pregnancy. I am really worried about her and my case. Should I go for a 4 gen or a NAAT test? And how much percentage will you say that I don't have HIV+? I sometime think that my body didn't produce antibodies so far. Please say your advices?

The white spots over the palate and the red spots on the tongue can be a fungal infection like candidiasis. Nothing to be panic, consult an oral physician and get it evaluated. Regarding HIV infection, consult a general physician and get it examined. You need to get investigations done to rule out HIV infection. I hope my answer will help you, take care.

2) I have what seems to be a swollen lymph node on my left collarbone. Any suggestions?

Hlt is important to know how much your liver enzymes have been elevated. If it is elevated two folds than further workup needed. Kindly mention you are using which medication. For the swollen lymph node, you can wait for one week. If remain persistently enlarged than FNAC can be done for further work up to rule out nature of the lesion. If FNAC shows reactive lymph node enlargement than no need to worry. Hope I have answered your query. Let me know if I can assist you further.

2010 after being sick in pain for 4 month. He was treated with kemo for about 6 month and i shrank, but not the last time in the month April, so they started giving him a new type of kemo, and we just got the result yesterday that til got 20% bigger that in may, now they say that they have given him the only 2 types of different kemo treatment they have in Denmark, and the only thing they can offer him is to put him up as candidate for an experiment (not kemo) Do You have any experience with that type of disease or know anyone in the world that has? Regards Heidi

Good morning. Your father seems to be suffering from cancer of unknown primary, and he has already taken two lines of chemotherapy. As the disease grows the chances of further chemotherapy working on the tumor become less. As your doctor rightly said, best for your father would be to put him on some experimental therapy. You should go ahead with this trial form of

therapy as only this can lead to best results. Regards

Input	Output
38kg. Ive gone an operation of soft palate in the year 2002. I have just received my result of plain CT Scan. Negative finding for brain yet there is remarkable of Poly Sinusitis affected from left ear and nose. May i know What Poly Sinusitis really about and how did i ever have that kind of sickness??	<p>I have gone through your query. Poly sinusitis is the inflammation of multiple sinuses at one time.</p> <p>The other term we use commonly for this is pan sinusitis. Usual sinus which is affected commonly is maxillary sinuses on both sides of nose. But others like frontal, sigmoid and ethmoid sinuses can be affected at same time also. Irrigation of sinuses, using nasal decongestants, anti-inflammatory .</p> <p>If that is not helping then endoscopic examination and correction might help. In some cases surgery will be needed. Hope this may help you. Let me know if anything is not clear. Thanks.</p>
4 years back i had to under go a nazal surgery, pre-operation tests confirmed hcv, but after further tests doc decided to go ahead with surgery, latter i got six months liver treatment but didn,t go for post-treatment tests to make sure that whether therapy was successful or not, although i feel perfectly alright now but i want make sure whether im hcv free or not, plz guide me where to start ? Or what tests i should go for first?	<p>Hi . After infection with hepatitis c infection, chance of getting Chronic infection is very high. There is no particular antidote for hepatitis c .if antiglobulin like antibody given at the time of exposure within 72 hours then it might help, otherwise it is your immunity that play role in clearing infection.</p> <p>Now six months had gone . So to confirm its negativity perform ELISA or PCR like molecular method. If it comes positive then regular follow up to gastroenterologist done.Meanwhile, avoid alcohol . Take care.</p>
5 7 69 kgs. no arrythmia was found.	<p>Sir treadmill test is not the gold standard test blockages in coronary arteries, rather in your (athlete), it sensitivity 75-90% and specificity 55-75%, it means in spite of it being positive 25%, times in spite of it being positive, the other specific test will be negative. However, the only way to find out is to do further test for once. Because as you describe yourself and if you are a nonsmoker with no diabetes, getting CT coronary angiography or thallium test are alternative s Regards .</p>
5 years later another car accident, er doctor gave me a neck xray and 4 ct scans of my head, approx. 6 mo. later skin cancer rt. shin and left calf. no other time in my life have I ever had cancer, more serious than the first time but in the same location, what are the odds ? coincidence?	<p>Hi, Thanks for writing in. It is possible that after getting wound, the skin has not healed properly. It happens only in some people and this can give rise to a cancer. Cancer is a difficult disease to treat and requires close monitoring. Unfortunately you have developed a second cancer in the same location where you had it the first time. The treatment is usually complete excision and skin grafting if required. This is followed by chemotherapy and radiation depending on the pathological aggressiveness and biopsy results. You might be having a more aggressive type of cancer which requires intensive treatment to prevent it form spreading to adjacent areas. Wishing you a quick recovery. Please do not worry.</p>
5 yrs. Also she is frequently ill by day to day cold, fever and vomiting. We have been taking every care regarding hygeine. Also she suffered from chicken pox 20 days back followed by post viral fever. Her cough also is frequent. In past 4 months she has been infected by sometimes bacterial infection, diarrhea, viral fever resulted of lymph nodes at sides of neck, still in small amt visible. Please advice some kind of medicine/immune system strengthening tonic for her.	<p>Thanks for asking. I have gone through your question and I understand your concern. Your daughter who is 4 years old is not doing well since last one and half year. She has having recurrent</p>

cold cough, and she is also episode of chickenpox 20 days before, and you are interested some medicine to boost her immune status. If I was your treating pediatrician I would suggest you multiple vitamin that can contain and vitamin A. In India it is marketed by the name of spy A to Z. If she underwent blood investigation and her hemoglobin was below 11 you can add iron. Hope I answer your question

6 days post op I had an erection and ejaculated and shortly thereafter I noticed pins and needles in my foot and slight pain in my left calf, right knee and buttock. Could this be related and cause a problem?Thank you.Joey

Rest2. Tablet Gawain NT one daily at nighttime.3. Tablet Pregabalin one daily. I hope your symptoms will improve in a week or two. Otherwise, you can go and discuss this with your doctor. Let me know if there is any other followup questions. Thanks

6 million/mm3
Hb 5.4 g/dL
Hct 14.4%
A peripheral blood smear shows strong sickle cells and no reticulocytes. The histopathological slide is shown in image 2. What is the most likely diagnosis?
Reticulocytes 0.1%
A peripheral blood smear shows strong sickle cells and no reticulocytes. The histopathological slide is shown in image 2. What is the most likely diagnosis?
improved any over the last month and a half. He has been prescribed 2 different high dose ibuprofen medications that he can t take as they make him sick. He has trouble getting dressed (putting his pants and socks on). He is in the process of being referred to a spine specialist. What would be the best course of action for him?

Parvovirus infection
Schwannoma

You for your question to . Medicines and physical therapy usually form the first line of treatment for disc herniation which he has already tried for around 6 weeks. Another medicine which can be tried is pregabalin or gabapentin which is specifically for nerve pain. Depending upon the location of disc herniation in the MRI and the compressed nerve, selective nerve root block is a next option. It is an injection of a steroid and local anesthetic in the spine. This helps many patients and is also diagnostic that the compressed nerve is the problem. The injections can be repeated if needed. If the injection helps for some time, but pain recurs surgery (microdiscectomy) is indicated. Surgery is only for pain relief in the short term as results of surgery and no surgery are same at 2 years. At the age of 17 I would recommend trying all measures to control pain and avoiding surgery unless it becomes absolutely essential. Hope this is helpful. I would be happy to answer any questions.

A couple of weeks after surgery I started to experience nausea, night sweats, and fatigue which has continued. Some days are better that others. I have another follow up appointment with my surgeon on Monday. Are there some tests I should insist on him ordering?

Hi.noted history of cholecystectomy, recent episodes of nausea, night sweats and fatigue. May I ask what post-operative medications are you currently taking in? Some of these can possibly cause the nausea. But your symptoms may also not be related to your surgery. It can be a systemic viral illness which can resolve spontaneously in a few days time. It is best if you do a follow-up consult with your surgeon, for physical examination and clinical evaluation. Diagnostics (such as complete blood count, chest X-ray, etc.) and management will be directed accordingly. Low fat diet is also advised. Hope this helps. Good day!! ~ .

A CT scan of the head shows osteopenia with widening of the diploic spaces in the skull. A biopsy of the epidural mass shows erythroid colonies with an abundance of megakaryocytes and myeloid

cells. Which is the most likely diagnosis?	Beta-thalassemia
A direct antiglobulin test is positive. LFTs, creatinine, ferritin level, vitamin B12 level, coagulation studies, and urinalysis are normal. Which is the most likely diagnosis in this patient?	Drug-induced immune hemolytic reaction
A fairly large mixed echogenic area measuring 10.9*9.0 cm is noted in upper and mid pole of right kidney causing distortion of parenchymal architecture and pc sysrem.2. diabetic (10.5)please give suggestion..Best Regardssubash chan(age-63)	<p>Hello Thanks for writing to You have large echogenic area in upper and mid-pole of right kidney. Mass is causing distortion of parenchymal architecture and plevicalyceal system of right kidney. It may be due to many reasons. It is important to know your clinical details. You need few investigations like routine hologram, RBS,Renal function test, urine RE/ME, Contrast CT scan of abdomen. CT Scan is very important in exact diagnosis. Treatment depend upon findings. Hope I have answered your query. Get well soon. Take Care .</p>
<p>A few months later developed anxiety. Was prescribed prozac and anxiety attacks begab immediately. Suffered through that for a little over a year before finally requesting to be taken off. Ive been off for a few momths and had mirena removed last feb. I have had 2 periods since which were not normal. Pretty much three weeks of random spotting with each period. For the last week i have been experiencing nausea, a burning sensation in my stomach, ligHi Theadedness and a low grade annxiety. I started spotting yesterday a brown discharge and then this morning a little of red but mostly just comes when using the bathroom. Took a pregnancy test a few days ago and came out negative. My question is whether this all sounds like side effects from mirena and post removal? Could it be a stimach ulcer? A combo of several thing?</p>	<p>Hi Thanks for the query. IUD removed, and that chapter closed now. Now we are talking about your problems that nausea, burning sensation in stomach, anxiety. Blood spotting is normal so don't think about that. This is the nature of an individual that how he or she reacts to things around him. Over reaction to surrounding is a form of anxiety and that is in your case. When IUD was inserted from day first you were not feeling comfortable with it and that was an anxiety. IUD removed and still you didn't come out from that dilemma and that is anxiety. Due to anxiety you are feeling hyper acidity (gastritis) like symptoms. So control yourself, if not, than consult a psychiatrist and take TT. You will be right within a short period. Regard</p>
<p>A few small faint T2 and flair hyperintensities in the frontal white matter which are nonspecific and may represent early microvascular ischemic foci.2. No acute infarct on diffuse imaging.3. Otherwise negative MRI of the brain. Could you please explain number 1?</p>	<p>Hi. These changes in white matter of the frontal lobes are caused by blockage of the very small vessels. When this occurs there is lack of blood supply to the small areas supplied by these vessels resulting in death of brain cells in those areas which show up on MRI as signal changes. These are common changes seen in hypertensive and old age people. You need not worry about these changes.</p>
<p>A liquid comes over ma penis before masturbate 2. My penis become shrink , 3. Early realeses of sperms ,4. Sperms became very fluidic and thin like white water 5. Pain in ma leg joints, headache , eyesight effected alot. I think I am almost ended ma self through this bad habbit . I m 18 years old . One thing more does masturbate during hepatatis B effects my body ?? I tried to leave this but I cnt . I want to die . So can u plz help me out ?? Plz gv me right direction My contact no. Is +0000 help me if u can . :-(</p>	<p>HelloThanks for query. Based on the facts that you have posted its ems that to have been indulged in frequent and habitual masturbation since many years and now facing problems related to</p>

general health and sexual health. At the outset I would like to state that there is a myth and general opinion and misconception in mind of a common man that frequent and habitual masturbation leads to problem like premature ejaculation and weakness joint pain loss of weight etc. However, I have been proved scientifically and discussed on various scientific forums all over the world that masturbation has no ill effect on any organ or system in the body. All the problems that you are facing are all due to anxiety. Following general measures will help you to improve your general health and resolve sexual problems like premature ejaculation, thin watery semen etc. Practice regular exercise for 45 minutes followed by meditation for 30 minutes every day morning. 2) Take high protein diet rich in fruits, vegetables. 3) Take anti oxidants like 5-7 almonds every day 4) Avoid smoking and alcohol 5) Get yourself involved in social activities, reading, listening to music, sports etc. so that you will not get free time to masturbate. Please remember nothing is lost, you have still long time to achieve in life. This will get resolved over a period of year or two, and you will have normal, peaceful life.

A lot of tests of Blood has been conducted. 2. Chest X-ray clear. normal 3. In ultra sound, the report is as under.. Liver is mildly enlarged in size, measures 16.2 cm and shows mildly coarse echotexture. No focal lesion seen. Intrahepatic biliary radicals are normal. Portal vein is normal, measures 8 mm. Minimal fluid is seen in subhepatic space. Gall Bladder is distended and shows smooth walls. Lumen is echo free. CBD is not dilated. Pancreas is normal in size, shape and echotexture. Spleen is mildly enlarged in size and measures 13.5 cm. The Kidneys are normal in size, shape and echopattern. No calculus or hydronephrosis seen. Corticomedullary differentiation and parenchymal thickness is preserved. Right Kidney measures 9.8 cm Left Kidney measures 9.9 cm No enlarged retroperitoneal mesenteric nodes noted. Impression : Mild hepatosplenomegaly with coarse liver echotexture and minimal ascites. =====We are in touch with Dr, he says no problem, wait and stopped all medicines. No weight loss in last 3-4 months. Please, help.

Hello and The presence of low grade fever, mild hepatosplenomegaly at 15 years of age is highly suggestive of infectious mononucleosis. However, there are many other conditions which cause similar symptoms and signs. Infectious mononucleosis is caused by Epstein Barr virus. There are many other viral infections causing fever with hepatosplenomegaly. These viruses are - CMV, rubella, etc. Other infections are - leishmaniasis, malaria, schistosomiasis, etc. Malignant conditions can also lead to similar picture e.g. lymphoma, myeloproliferative disorders, etc. Infections are more common than malignancies. Monospot test is a test done for confirming infectious mononucleosis. Consult your doctor for further investigations and thus management. Thanks and take care.

A small an Oval shaped T1 & T2 hypointense focus is noted in the DV4 vertebral body. There is focal area of T1 & T2 hyperintensity which is getting suppressed on T1FS images surrounding the lesion. No paraspinal soft tissue component is seen Impression: Osteoid osteoma with surrounding type II modic changes in DV4 I would be very thankful to you if you can give some time and explain me exactly : - what the point 1 means ? - I feel pain exactly at origin of my neck left side which actually begins from there and spreads through left part of my back-hand-leg-chest. Does the Findings match to this ? - Do I have a treatment ? How long I can be fine perfectly normal ? - Due to this I notice lumps on the same places I mentioned area of pain, note that pain happens with activities only like riding bike, carrying bag and after I relax like sleeping (straight not left or right) it's normal. Does the finding have relation to this ? - What treatments are available and what tests are recommended ? Lots of Thanks in advance !! Kindly reply.

As for your doubt, the reported MRI findings are characteristic of a benign I mean noncancerous

bony out growth, but it requires surgical removal as you are suffering already with neural pain involving due to adjoining nerve/s impinging upon. As no medicine can relieve the pain permanently and nerve weakness may also advance to involve muscle supplied by them, i advocate you to plan see a Neurosurgeon and/or orthopedic who can help with surgery and prevent further suffering and possible muscle damage

Abdominal muscle pull in 2011 . Similar pains as now. I recovered. It feels tender. I was told that it s all connected back and abs. 2011 abdominal pull revealed nothing. I m baffled as to why it hurts only on L side of ab . Discomfort extends into male parts sack. YYYY@YYYY that s

Hi Dear, Understanding your concern. As per your query you have stiffness in the back and discomfort in abdomen. Well there can be many reasons for symptoms you mention in query like celiac disease, endometriosis, fibromyalgia, kidney stones or urinary tract infection (UTI). I would suggest you to consult gastroenterologist for proper examination. Doctor may order ultrasound, endoscopy, stool test and urine test. Doctor may prescribe anti-inflammatory, omeprazole, ornidazole along with laxative. Doctor may also refer you to nephrologist for kidney problem or orthopedic surgeon for muscle problem. Hope your concern has been resolved. Get Well Soon.
Best Wishes,

About 5 month ago some blood came from my chest and after two month again but this time with cough. I went to a doctor and did some test. In my chest X-ray there is a small nodal found in the left mid zone of my chest. I smoke for 10 years. After this I didnt. In last 5 months it happened four times.

Hi thanks for asking question. This nodule should be concerned as you have also history of smoking since 10 year. First possibility of common infective condition has to be thought like pneumonia or tuberculosis. Chest x-ray and sputum examination along witplete blood examination seems to be useful for rule out this two condition. They are treated accordingly. Second it could be hematoma like lesion. Third it could be benign or malignant tumor. For above two condition USG guided FNAC useful for further work up Fourth it could be fungus ball infection. For it also sputum culture and FNAC useful. Wish you good health. .

Input	Output
<p>About 6 months ago I have developed these bumps that are red and itching me to death. The cancer dr. said it had nothing to do with cancer and dismissed it. the derm. said I self inflicted myself from itching. I don t have anyone to tell me what is wrong. Maybe you can tell me. Thanks.</p> <p>One other thing, I was giving a puppy but I got rid of it. Could I have caught something from the dog.</p>	<p>Hi, dairy have gone through your question. You have GUS. It is monoclonal gammopathy of undetermined significance. You also have light chains. You have chances to develop multiple myeloma. Furthermore, you should go for regular monitoring. You're itching and lump has no relation with your GUS. It can be due to some skin lesions. You should take treatment of that according to dermatologist advice. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>Actually when I get newly married. We dont want any baby so ee are using condom bt last 7 months we were trying for a baby bt no result will come. I think that this problem is arise because of</p> <p>Im using condom thats y Im not conceive a baby . Plz help me what can I do, we both are physically fit and heathy. Im also get checkup with doctor, adocotr told u are absoulty fit and fine plzcdf help when I conceive a baby when I get good news.</p>	<p>Dear customer, If you want to have a baby and trying to conceive then you should try unprotected sex and do not use any more condoms, pills or any other birth control method for at least 2 years continuously. The best time to conceive baby is 14 days prior to the start of next menstrual cycle, and you should have more sex during this time. You may have the ovulation kit purchased to know the exact time of ovulation and have sex at this period. If you fail to conceive in 2 years then you should have the various tests done after consulting your doctor. Thank you</p>
<p>after angioplasty his health is well but 2 month leter his problem in heart beating bcoz she got a shock in his sister death. i have been check up in doctor s. mohenty DM . he got the medenine but</p> <p>. but heart medenine got a side effect. she have been problem Breathing. so what i do sir</p>	<p>I really appreciate your concern, if this is cardiac condition and angioplasty being done then patient has to take the medicine, cardiac medicine may not have any serious side effects it has got the negligible side effect that can be tolerated without any trouble, what ever the symptoms your mother having that could be due to some stress, depression, so no need to worry about this, hope this information helps.</p>
<p>After 2 cycles of mensuration I am trying to conceive now. I was testing my ovulation and it showed that I ovulated on September 21 and 22. The dates are completely different from what the ovulation prediction calendars have shown with my cycle length of 37. I ovulated almost 5 days later that what the ovulation predictors have said. I am concerned if I have PCOS because of my period cycles. I am overweight but I dont have any high blood pressure or diabetes. After my first miscarriage I started having hair on my stomach, chin, upper lip. My question is should I be really concerned about PCOS? What can be done to make sure that I dont have PCOS?</p>	<p>Since you have hypothyroidism there will be disruption in normal menstrual cycle duration which makes cycles shorter than before. Also, problem in ovulation will occur because of thyroid hormone deficiency and also high Prolactin usually associated with hypothyroidism. PCs is a condition where hormone LH is high associated with high blood sugar due to Diabetes and also high male hormones like An . If it is possible, do get tested for PCs to rule it out. Miscarriages are common in hypothyroidism and may also be seen in PCs. Main thing you have to do is to start losing weight which will help fertility</p>

After 2 months on I suffer from nightmares , irregular heart beat, and chest pain . After visiting my doctor and had some blood work and heart test. On my heart test they found some liquid around my heart and the doctor tome is not danger. They tink is stress related. Today is June 24 my HIV meeds is working perfect and I m undetectable. The only problem I m having is I continue to have disco ford on my left side lower chest, back and under arm. Is this do to the HIV treatment ?

Hello . Thanks for your query. It is possible that your symptoms could be stress / anxiety-related since anxiety can manifest itself with both psychological and physical symptoms. However, it is also possible that they could be due to the HIV treatment also and Article is known to produce a variety of side effects, including psychiatric symptoms. If you are having recurrent such symptoms or having difficulty managing your stress, then I would advise you consult a psychiatrist for a detailed psychological assessment and further treatment. There are effective treatment options - in the form of medication or counselling / psychotherapy which will help you overcome your problems. Wish you all the best. -

After 24 hours he developed rashes on hands, soles and legs. We gave him Crocin for the first 24 hours and then took him to the doctor who advised to continue the same and added Allegra syrup. The rashes were gone after 24 hours of appearance, but the fever seems to be continuing

Thanks for posting you query to .this is a viral fever caused by hemorrhagic group of viruses. Viral feet usually went off spontaneously after 5-7 days, but you should maintain good hogan, HY . Further, take him to investigation Complete blood count it will indicate platelet level as its low level responsible for rashes and bleeding. Continue with Allegra and Cronin but if condition goes worse immediately consult medicine specialist. Hope you are satisfied with my answer. Feel free to communicate if any query.regards,

After a day of rough biceps exercise, arms were stiff and swelling, which has resolved 40 % by now.2. Urine is clear, and the color is almost like water. The average urinate time is 10 to 15 seconds.3. No other symptoms of pain other than both hands which have a dull ache.His report says,Yesterday CPK was 15850 and creatinine was .96. Today it was 15400 and Creatinine was .86My question is, should we get IV, or it will it decrease over time? How is his kidney doing?

H forum. My opinion is that he should be admitted to the hospital. Good that he has enough urine output so far. But it can decrease any time, and kidney functions will start to The best is to admit him for close intravenous hy

After diaganosis, DR came to conslucion saying that I may get extra pulmonery TB. So she asked me to take an HIV test and the result was negative. I had medicen for 6 months (For TB) and I haven t had any issues so far. I am going to get married next month so should I take a one more HIV test before marriage ?

Hi John! Good morning. IF you are sexually active, and if you have more than one partner, then yes, you should go for a repeat HIV test. I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. Wishing you an early recovery. .

After i acquired this cough it wasnt a very serious thing, but i tried to smoke a cigarette and i could barely take 2 puffs of it. So i have not taken a puff of a cigarette for about 4 days now and still have the cough and slightly stuffed nose. Will my throat be alright ?

Hello ! You seem to have allergic response to cigarette smoke. It can cause Allergic rhinitis and Bronchial Asthma. , that will result in your nose getting stuffy and your airways to constrict making it difficult for air that you breathe in and out to pass along your airways. Since how long have you been smoking ? What form of smoking ? How many per day ? Do you wheeze ? For symptomatic benefit for your current episode, u will need to do steam inhalation, take decongestant/

antihistamine medication, antibiotic if you have purulent phlegm on coughing. Do warm saline gargle. Get yourself checked by a physician in person. If there is evidence of constricted airways then you will need bronchodilator n steroid . Get a Chest X-ray and Spirometry done for evaluation. Do quit smoking.

After I had my surgery, my pain was worse. I still have pain in in my neck and both shoulders, more on left side. The pain is even in my upper left arm all the way down to my fingers, especially ring and pinky fingers. I also hurt are my rib cage on left side. What is causing this?

ACD surgery uniformly yield good result. The radiating pain in the arm may be related to nerve pain. However, It's difficult to establish the reason. I would suggest getting a fresh MRI cervical spine to rule out any residual pressure on the nerve or may be adjacent level degeneration.

Another thing how frequently you have this pain. If possible please upload fresh MRI to help you to understand your spine problem. Thanks.

after immunization for a short period (which i discontinued after 6 months), i had recovered but again it resurfaced in year 2007. it occurred due to my smoking which i did around 18 months. after that i consulted many doctors but of no use. 1 year ago, i went for blood IGE test and the result was 598 iu/ml while normal range is 0-200. then the concerned doctor prescribed me foracort 400 and later seroflo 250 inhalers. instead of getting relief, my condition worsened and now my blood ige test is showing 870 iu/ml. im very much depressed and again want to go for allergy test which can detect my allergic response to various food materials and other natural things. kindly help me and let me know which will be best allergy treatment centre in bangalore where i can go for allergy test and subsequently immunization.

Please continue your inhaler therapy. Make sure your technique of using inhaler is correct.

Personally I would suggest you to use metered dose inhaler with spacer device, which ensures maximum . 2. Were I treating you, I would add daily montelukast and cetirizine/levocetirizine to your regular treatment. This will improve your both rhinitis and asthma symptoms.3. I would suggest you to consult an Allergist-Immunologist who will suggest you allergy testing. This will help you to identify substances you are allergic to. The Allergist may suggest you specific allergen immunotherapy which will improve your immune system to reduce allergy symptoms.4. It's great that you have quit smoking. I would also suggest you to avoid exposure to dusts, smokes and air pollution as much as possible.5. Personally I would suggest you to learn and perform regular breathing exercises, Yoga & Panama, which will improve your lung capacity.6. A healthy diet rich in vitamins, minerals and anti-oxidants (e.g., adequate green leafy vegetables, fruits, whole grains, sprouts, etc.) will also be helpful to you in long run. Ass you have asked about allergy treatment center in Bangalore, I must say there are some very good Allergist-Immunologists in Bangalore at present. You may choose any one of them depending upon your ease of travel. However, personally I would suggest you Kempegowda Institute of Medical Sciences (AIMS) where a lot of Allergy-Immunology work is going. Well, allergy-asthma are very well manageable and most persons with allergy-asthma can live absolutely normal life with appropriate treatment. So I would suggest you not to get depressed and have a positive attitude and efforts towards your health.

Hope My answer will be helpful to you. Wish you the best of the health. Should you have any further query, please feel free to ask at . Thank you & Regards.

After passing stool , I have stomach pain since last 5 months 2. After taking little food, I feel my stomach is full and get pain, 3. My sonography report detected 15 mm stone in gallbladder , it is floating stone. I am advised to get operated at my convenience, as my pain in stomach is not related to this. 4. My gastroscopy report shows only moderate gastritis, rest is normal 5. I am veg

<p>and no habits, drinking or anything. 6. Some time in day 2 hours after food, I feel better and do not have pain. Please advise remedy and suggestion. Regards.</p>	<p>I respectfully disagree with . The incidental finding could be the other way around, and the stone could be an incidental finding, and the gastritis the one giving you the pain. The way you describe the pain is not typical for gallbladder / biliary colic type of pain. You can get surgery now, but the chances of improvement are much lower if your pain is not typical. Again I would suggest you to try first non-invasive ways, by treating your other condition (gastritis) with oral medications, and then if you don't improve then talk to a surgeon for a laparoscopic cholecystectomy.</p>
<p>after seeing the dr today, she palpated my stomach and found a very sore spot in my stomach.</p> <p>since then today, I had a cup of coffee and had all the same symptoms as the week after my initial problem. I should also add that the sore spot in the week following my initial onset was at the area just right of the breastbone, which I understand is about where the pancreas is. I was taking Lasix, which the doctor advised me to immediately discontinue and thinks that could have been the cause of my problems. Do you have any ideas?</p>	<p>These are the functional problems, you better see psychiatrist, before it is too late, you must be having elusiveness, obsessive, kind of attack if not treated in time then may lead to some kind of dangerous health problem, you are saying that you felt it could be gall bladder attack (Not the right term in any way, still I took it as granted) then at another incidence you are saying that your gall bladder was removed, just think it about that, what that is proved, have good day.</p>
<p>After surgery my walking inbalance problem is completely recovered but after surgery my left side face is paralysed . So do you suggest me something on this so that it can be recovered? Is it curable? if yes how many months it will take? any treatment on this?</p>	<p>Hi, facial paresis or palsy is common after acoustic neuroma surgery and if it is paresis and is recovering, the chances of further recovery are there. But if it is palsy and your doctor has documented the need for excising the nerve, you need to go for rehabilitative procedures like gold weight implant for upper eyelid, sling operation for angle of mouth or jump grafting from hypoglossal nerve to facial or a cross-over graft or a free flap neuromuscular transfer. Consult a facial plastic surgeon or head and neck surgeon for that. Regards</p>
<p>after taking this dose i felt very comfortable, since yesterday i am facing the same problem again, might be due to continuous sitting in air-conditioning / having some oily and cold drinks.Can i take the same medicine again?</p>	<p>Clinical examination of respiratory system 2. PUT (Pulmonary Function Test). Possibility of bronchitis is more in your case. Steroids are given in bronchitis but in inhaled form, not in oral form.</p> <p>So you should start inhaled bronchodilators and inhaled corticosteroid. Better to first diagnose yourself and then start appropriate treatment. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
<p>After that he had 5 episodes of vomit during sleep. The problem is, after vomiting he was not responding for around 5 minutes, with his eye deviated to one side, head turning towards one side, after this episode he was very tired and sleepy. Last three vomiting contain blood also. MRI, EEG reports are normal. More details about my child: Birth weight - 2.25 kg, now 13.48 kg. All milestones are delayed Had milk allergy and now we started to give him milk from last year.</p>	<p>Hi, If I were your treating Doctor for this case of severe pain under the left rib cage, I would come up with three possibilities, these include: The first possibility is of tongue or cheek bite during vomiting. Diagnosis can be confirmed by examination of mouth. To help control the vomiting, you should always keep head of child, give him water to since out. Also take some risperidone or ondansetron syrup if the symptoms are severe, then you may need . The second possibility is of febrile seizures. In this case he should be observed by neurologist to rule out seizure cause. The</p>

last possibility is of erosive gastritis. For this purpose you need to get an occult blood stool test, stool culture for flora and sensitivity to antibiotics. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing your son good health.

After that we tried naturally but no luck. Again in Aug 2012 , I took Fertomid , and egg was ruptured with help of inj at 24 mm. Next month again, i again took Fertomid, but egg didnt grow beyond 14 mm. Doctor asked for my husbands semen analysis and the count was low. as semen was not improving even after taking medicines for 4 month. we plan to go for iui . This cycle. i had humog 75 on 3rd,5th,7th,9th and 11th day but follicle size is still 14 mm. Doc asked to take humog 75 for 13th,14th and 15th day as well. Want to know if it is fine to take these many humog in a cycle? What can be the reason for follicle not growing even with fertomid or humog?

Hi, ,humor is human menopausal gonadotrophin.it is used to stimulate very to produce ovum.usually it is used in dose of 75-600iu/day.it's safe. But the only concern is hyperstimulation syn . In this case excess stimulation to very causing multiple follicles matures at the same time. There is various physical symptoms also. But with 75iu dose its unlikely. Dose varies with individual patients. So please don't worry. You can follow your doctors' advice. Get pregnant soon. Good luck.

after which an abdominal ultrasound was done in January 2012., and the results said that the gallbladder was bent and partially septated, without any dilatations or concrements, but a slightly inflamed membrane. The person had no issues related to that, ate according to needs, had no problems. There has been stress in the persons life for the last six months, the person had high cortisol and strong reactions to gluten and sugar foods. The person has been eating loads of food for months, yet is not gaining weight, and has eaten both gluten, sugars, vegetables, meat. No visible signs of irritation anymore, yet the cortisol is still high. Is it possible for an abdominal ultrasound done this week to say that the gallbladder is smaller, perfect in shape and has no inflammation whatsoever? And that in spite of the massive food intake and the normal level of physical activity, the person lost weight/is gaining none, the food comes out undigested every 5 days or so, with no signs of bloat, inflammation and all the laboratory results being in a normal range?

Hello there! Thank you for asking. The gall bladder is fine. Over cautiousness is making you worried and no need to be. Not gaining weight despite food intake with no complains of GIT except undigested food coming every fifth day out. Well that is an issue and needs workup. Why is the food not being digested a question needs to be answer. Starting to assess pancreatic functions would be a good start. And what patient perspective of not gaining weight could be ideal one for a doctor. If the BMI is below 25 and above 20. You have nothing to worry about. See the gastroenterologist and see a dietitian for dietary plans. I am sure they will sort out one for you hope you get well soon and I am sure you are well regards .

Aftre first strok he improved almost 70%, but after second strok his movement is deteriorating, please suggest if any medicine is available n ayurvedic.

Hi, In such cases, the recommendations are as following: - keep his blood pressure within the normal range by taking the pills accurately-be in touch with his cardiologist to do regular check up-do regular monitoring of blood pressure, ECG, angiography as directed by the cardiologist-maintain health diet and plenty of water- physiotherapy as directed by cardiologists, the most important thing is to be always in touch with a cardiologist and follow his directions accordingly. All the best! .

Again on 10/11/2010 (10 days after taking the previous vaccine) PENTAVAC (combination of DPT-2,Meningitis-1,Hep B-2) was injected to my baby accidentally by the doctor.Now,my question is that whether the PENTAVAC given to my baby on 10/11/2010 will work or not (will be able to produce the antibodies or not)? or I will have to repeat the same PENTAVAC given to my baby at 10/11/2010 again? at what date my baby should get the next PENTAVAC ? Will my baby be protected in future if I dont repeat the previous dose but continue with the next?

Hi, I had gone through your question and understand your concerns, but your question is too late, I mean your baby is now 4 years old, has your baby received DPT boosters of one and half year, if not the best option is to take a qua . If your baby received DPT booster at one and half year he can be given only HIS vaccine single dose. Your baby was protected by taking pentavalent but immunity has weaned of due to lack of completion of series and booster doses, so he can be protected in future by boosting immunity by taking single dose of HIS alone or HIS plus DPT (Qua

Input	Output
all other tests were normal i.e insulin, prolactin, hpe, pcr, gtt uric acid cholesterol, etc now she gave me ovanac plus + metformin + jp syrup ovanac plus is for what? is this cure my pcod or help in ovulation i don't know is the right path or pls suggest the way .what to do now?	all the medicines you have mentioned are used to enhance the chance of pregnancy your husband also should have normal semen report treatment of infertility is a continuous process and need many investigations and treatment should be continued till you get pregnancy for you being pregnant minimum requirement bag ovulation and patent tubes on your part and normal semen of your husband available in per ovulatory period for fertilization have patience and continue treatment
All other WBC and RBC were normal. I went to a hematologist and she is sending me for blood tests and an sonogram (check spleen) With two consecutive CBCs normal except platelets, should I be very worried?	Hi, I have gone through your question. Your platelet count is slightly low. No need to worry. There are many causes like viral infection can lead to this count Go for ultrasound abdomen once to check spleen. Otherwise, no need to big worry. It's almost normal. Hope I have answered your question, if you have doubt then you can ask me. I will be happy to answer. Wish you a very good health.
Almost moving back pain. sometimes in the left side and /or right side. But mostly 1-2 inches right to the backbone. 2. feels some object is rolling/moving internally in the area of pain 3. self treated with hot water bottle at the beginning. Her Doctor diagnose as osteoporosis and treating with Calcium- 2 tabs daily, Vitamin D3 -weekly 1 sachet, Rentac- 2 times before meals & Ultratram (tramadol + paracetamol)- 2 times daily. doctor advised her to take these medicines regularly. Apart she is advised to continue some exercises + apply diclofenac cream Kindly advise - as she getting right treatment any side effects from medicine she is continuing for past 3 months.	Dear friend, thank you for your consultation. I have gone through your case history very carefully. I sincerely believe she is getting right and adequate amount of treatment for osteoporosis. And as far as side effects are concerned, calcium can cause renal stone in long term use. And regular use of tramadol commonly causes agitation, anxiety, euphoria and constipation. apart from that you don't need to worry that much. my best wishes for your wife. Thank you.
Also .3 benign cysts removed over the years on the right breast. Pain in chest could be an angina.	ECG 2. 2d echo. If both are normal then no need to worry about angina or other cardiac diseases. You are also having nipple discharge. So get done mammography to rule out breastfeeding cyst or abscess as both can cause chest pain. So consult your doctor and discuss all these.
Also hx of autoimmune hepatitis (2008-10) - total remission since then, hypothyroidism and misc autoimmune issues in the past. Should I be concerned that this is more than just pneumonia?	Repeat chest x-ray to rule out tuberculosis. 2. Ultrasound examination of neck for swelling whether it is enlarged lymph node or not. 3. Fine needle aspiration cytology (FNAC) for the diagnosis of swelling. Possibility of tuberculosis should be ruled out as it can cause lymph node enlargement. So consult your doctor and discuss all these. Wish you good health. Thanks.
Also my WBC has been a little elevated for several years (14. My doctor started me on Lovastatin for my high cholesterol, but it caused my stomach symptoms to be worse, so she said to stop taking it. I'm not sure what to do and fear that no one takes me seriously because I suffer from OCD which exaggerates the symptoms at times. Could it be Pancreatitis?	Hi. Thanks for an elucidated history and I have understood your problems well. Very true that the symptoms of abdominal pain, nausea and fatty stools can fit into a clinical diagnosis of pancreatitis.

The other factors which can be contributory are: Backache at the place where the pancreas is.

Jaundice in some cases, pain is always in an upper abdomen and deep-rooted. There may not be fever. The other probable causes can be IBS, stress, gastroenteritis, gastrointestinal cancer and so on. I would advise you the following:MRCP and ERCP can really help in a diagnosis. Liver function tests. Blood amylase and lipase for pancreatitis Blood sugar, urea, creatinine, electrolytes and so on. Stool examination - indication of pancreatitis Eminence the diagnosis is made it becomes easy to manage a case. It is good that your Lovastatin is stopped as it was causing a problem. Take Fat free diet, multivitamins, Pancreatic enzyme supplements.

Hi, thank for contacting . Here as you have taken chemotherapy it can lead . So enzyme level can be high. Fruits more with green leafy vegetables taken for it. Avoid alcohol if habit. Non veg, refined foods kept minimum. Second here leg edema can be by lymphengitis or lymphatic blockage like case as you have cancer and taking chemotherapy. Kidney problems and heart failure like case also can lead edema. Renal function test, ECG helpful for rule it out. If needed diuretic can be given. Low salt diet taken. Take care. Consult gastroenterologist for proper examination .and subsequent investigation.

Old age2. Diabetes. So get done ECG. If ECG is normal then no need to worry much for cardiac cause. You had gas problem which also favors HERD more in your case. It is due to laxity of gastroesophageal sphincter. Because of this the acid of the stomach tends to come up in the esophagus and cause the symptoms of chest pain and gas. So avoid hot and spicy food. Avoid stress and tension. Avoid large meals. Start proton pump inhibitor. Go for walk after meals.Don't worry, you will be alright.

HI have gone through your history and understated your concern. Both dog and cat are known reservoir of rabies virus and can transmit rabies to human beings. As your were bitten by your dog for which you have taken both active and passive immunization. As you have taken three shots of anti rabies vaccine and the dog is healthy even after 14 days after the bite. As you were bitten by your cat, according to WHO categorization of animal bite you will be categorized int Re-Exposures for which you need to take two shots of anti rabies vaccine on days 0 and 3. Thank you.

HI have studied your case and reports with diligence. Check your bone strength with DEXA SCAN and you can start medication according to level of osteoporosis, And also check your it B12 and it D3 level. I will advise you to do regular physiotherapy and exercises as my patients find much relief by these therapies. You may consult physiotherapist for guidance. He may start TENS, or ultrasound which is helpful in your case you need to take diet rich in calcium and vitamin D. Vertebroplasty may help you if wedge compression is more. Hope this answers your query. If you

also she has swelling in her feet and ankles . why is it so

also taking Losartan25mg, once a day, and,PravastatinSodium 10mg once a day, plus vitaminD, a baby aspirin a day and some antioxidants wine extract and pomigranet for improved urination. I am 5.7 tall and weigh 147lbs. In very good health condition including cholestoral and triglesorites nothing exceeding range limits, as a matter of fact much below range limits. right now i feel great. no arm pain or other pains. might consider visiting urgent care tomorrow for the peace of mind. would aappreciate your assessment. Thank you.

Also, my dog is still ok after 12 days since he bit me I don t know id it s relevant June 22 - My dog bit me and I got my first shot June 23 - ERIG shot on the chin June 25 - 2nd shot June 30 - 3rd shot July 4 - My cat bit me

Also, osteoporosis. I have multiple compression fractures from T12 and above. I keep being given pain medications and just want to know if there is long-term relief or if I m going to have to live with meds that make me sleepy and grouchy. Thank you.

have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. If you find this answer helpful do not hesitate to rate this answer at end of discussion. Wishing you good health. Take care.

Also, there are lesions @ C3-4, C4-5 and C5-6. Fast forward to today. COULD an exacerbation in these areas cause me to have symptoms of numbing in the face and tongue/mouth, loss of executive thinking?

Hello Steven! Thank you for asking on ! Regarding your concern, I would explain that the brain lesions could be responsible for the numbing in face and tongue or mouth. But, it is necessary to perform a contrast enhanced MRI study in order to investigate for active plaques of MS. Another sign of the activation of the disease (and thus need for steroids) would be the increased signal in diffusion series of MRI study. You should discuss with your neurologist on the above issues. Kind regards,

am a lactating mother. should i go for typhoid test.

I can understand your concern being lactating mother, you need to undergo investigations like CBP, ESR, WIDAL and MP tests .which indicate cause of fever normally but try to wean slowly the lactation for your child typhoid may repeat after 1st attack use paracetamol, antibiotic like cefixime 200mg for 5 days. normally it will subside .don't worry if persistent fever please check the investigations and consult your family doctor or , DON'T WORRY

Am i epileptic? or is it possible the symptoms could be something else? I thought the smell would be momentary by other people's accounts that is usually the case. 2. since taking lamotrigine my sleep has been disturbed, that disturbance being waking in REM from the early hours through to the morning? i missed the dose for one morning and the strong smell has returned and not gone away for 2 days though i do not feel any other symptoms.

Dear I am sorry for your health problems. Anyway it seems you have found the right way to treat yourself. EEG will determine if you are an epileptic or not, but symptoms seem to be like epileptic seizures. At 21st century medicine has done a lot of improvement in treating epilepsy, so there is nothing to be worried. I advise you to continue Lamotrigine because it has less side effects than any other antiepileptics . Hope my advice will help you. I will wait hearing from you after the EEG

am i on to correct medicine. last three cycles i took clomiphene/ hCG and had one/ two follicles 20mm*19mm on day 11

Hello Thanks for your query. On day 17, obviously the follicle size is not adequate. If your cycles are regular, then on day 14, the follicle should be around 18 - 20 mm, as has occurred in previous cycles with ovulation. This cycle you seem to be ovulatory. There could be various reasons for this, the commonest being PCO (polycystic ovarian disease) If you do not conceive in response to oral medication for ovulation induction, injectable gonadotropin can be used in combination with GAI (intrauterine insemination) for best results. This is best done after assessment of the fallopian tubes to check their patency. Take care.

Amiodarone hydrochloride added to control AF prescribed by AF doctor. The next step if this doesn't work is putting a quarter size coin in my heart. However I am currently taking rivaroxaban 20mg. It is my understanding that one of these meds would preclude surgery (i.e. coin in heart) due to the fact that it stays in the blood stream for up to two years. So may need heart surgery but AF has me on an anticoagulant? This is all through the Heart Science Centre, London, Ontario. Any suggestions?

Let's individually address . In hypertrophic cardiomyopathy, the angina is due to increased muscle mass leading to imbalance in oxygen demand and supply. Secondly due to continued existing coronary artery disease. So here increase dose of beta blocker to maximum tolerating dose (would help

in AF as well), add diisopyramide after beta blockers If you are above 40 check for coronary artery disease and treat like wise 2) about atrial fibrillation. You are on rivoraxabn for anticoagulation so a blood clot doesn't form in the heart. However, you may be put on alternative meds for that and a coin machine (a cardioverter / defibrillator) to prevent sudden cardiac death can be planned, no need to wait for 2 years for the same. 3) the heart surgery depends on the gradient, also atrial fibrillation may persist even after surgery, more likely if left atrial volume is increased If you can send me all the reports and meds you are taking, I would be able to help you further Regards

Amlong MT 50 mg OD 2. Ecosprin 75 Mg OD 3. Gluconorm G2 OD 4. 2. Zordanome 200 mg OD 5. Dytor Plus 20 Mg OD 6. Pantocid DSR OD I wish to confirm the combination of above medication as i feel problems like loss of apitite, weakness and constipation . I am feeling perfectly fine now and can I tell my doctor to reduce medicine. if yes. which medicines can be stopped by him. I am not having any breathing problem and my BP and sugar is normal since last 3 months. Pls advice.

The medications you are currently on are the reason why your condition is stable and your feeling fine. These medications are what help you manage your medical problems and going by the list of diagnosis on your discharge card all of them will have to be continued. The symptoms of weakness and loss of appetite are probably due to reduced appetite. You should try to eat a balanced diet rich in fiber and plenty of water or fluids you should be able to get over these symptoms. You can also add some multivitamin supplements to your medications.

Among other medicines, I have also been prescribed Meganeuron OD plus (methylcobalamin , alpha lipoic acid and vitamins), which I understand is a supplement , Are there any side effects of taking this medicine? Thank you. Sincerely, AAAAAA, Delhi, India

Hello and I . . The history of backache which is more on getting up from chair or bed and X-ray findings of a problem at the level of L5-S1 indicates disc herniation or disc protrusion or prolapse. A disc made up of fibrocartilage is present between two BNY vertebrae. It acts as a shock absorber. Sudden getting up can cause this disc to move out from its normal position. The protruding the disc causes symptoms of pain by compressing the various nerves in the vicinity. Its management is conservative initially consisting of rest and supplements if required. Supplements mentioned by you does not have any side effects if taken in prescribed dosage. A displaced disc is at high risk of prolapse if there is no prolapse initially. You should avoid picking up heavy weights and no to bend/stand up from a bending position suddenly. This may aggravate the problem. Take rest and further an MRI may be required. Stay in touch with your treating doctor. Thanks and take care

Amoxilin - 5ml 3 times a day 2. Brufen - 10 ml 3 times a day 3. Panadol 3 times a day My son is 13 yrs old and his weighs 55 kg He has taken the above medicines last night and this morning. He now has no fever but is still complaining of severe pain in the eye ballls. He also had watery stools this morning, twice. Please let me know if the medication / diagnosis is right. He has no cold, cough and doesnt complain of pain in the throat too. The concern now is his weakness and severe pain in the eyeballs and light sensitivity. Please advise Thanks

Hello dear, I have gone through the history points you have provided and also the treatment you have described. The choice of antibiotic therapy depends on from form of URI. We can suggest for URI definite, ceftriaxone because these cephalosporins are a group of broad spectrum and directly affect E.cold, which cause inflammation in almost 80% of the times in. The watery stool is side effect of antibiotic, she has antibiotic induced diarrhea. Better to add probiotic Vinyl (mycobacteria) 1 capsule 1 time for 14 days. I think eye pain referred from areas of the head like as sign of intoxication. Severe eye pain is associated with her medical condition. It can be indicated also high intracranial pressure. After recovery I suggest she might require an ECG. Weakness is due intoxication also. Try to keep her HY

An abdominal ultrasound showed normal uterus and endometrium. A small amount of fluid present in the pouch of douglas, with no fluid seen in the abdominal cavity Question: Could I still be pregnant ?

Hi, How are you doing ?am sad to say that chances of pregnancy is negative. Among all these findings, Serum Beta is the most predictive. Even if the smallest of pregnancy anywhere in body present, will be high. As it is always better to have a scan in beginning of periods & see all features of HSS has disappeared & then followup with scans to check the endometrial thickness, once favorable, do the transfer. These hormones of HSS will not allow even a healthy embryo to sit in the uterus. The is no hurry, can wait for next cycle anyway the best .

An Idiopathic allergy 24-months ago (told to take Citirizine twice a day)2. COPD (no treatment planned) after an overnight stay in hospital (18 months ago)| due to my O2 stats falling to 86%3. Hyperthyroidism (for which I have been prescribed Carbimazole in varying doses from 5-20mg, with dose varying according to blood test results and a definitive radioactive Iodine treatment planned in the next 3-4 weeks)The main problem I have is difficulty in breathing - but only intermittently.2 or 3 times a year there will be a week where i have a cough, producing phlegm, and need to rest if i climb the stairs. After a week or so, the symptoms disappear completely - I have no breathing difficulties (for several months) and can run up/down stairs several times without any difficulty whatsoever.Is it more likely that this is caused by my allergy and is not COPD ?

HAs per my clinical experience, allergy will cause bronchi irritation, recurrent cough and intermittent breathing difficulty. In our clinic, we recommend immediate control of even minor respiratory tract infection so that breathing difficulty does not come in the picture. Regular basis walking in fresh air, deep breathing exercises, YOGA will help to boost immunity to best levels as well with avoidance of smoking if doing. Hope I have answered your query. Let me know if I can assist you further.

Input	Output
<p>An ultrasound on day 17 showed rupture of this follicle with mild free fluid. Does this indicate ovulation? If yes, then would have the ovulation occurred? Is ovulation possible with 11 mm dimension? My cycles are regular and are of 26-27 days. With this cycle length, is ovulation on 17 day healthy? Regards, Rekha</p>	<p>Hi I have gone through your question. Follicles usually rupture after getting at least 16/17 mm. But free fluid usually appears after ovulation. Free fluid suggest ovulation has taken place. Follicle size varies when ultrasound done by trans vaginal or trans abdominal route. Ovulation can occur on 17th day. For ovulation u can do urine LH kit test. Consult gynecologist for further advise. Have a healthy life.</p>
<p>AN Xray rec ently shows clacification of the anterior anterior longtiudinal ligament. between T7 and T10. is this likely to have occurred because of the trauma? I had no spinal problems before the injury. Now I get an aching pain, especially after standing for a time. Thank you . Margaret Moon.</p>	<p>Hi The ossification and or calcification of the spinal ligaments have been considered as a part of diffuse idiopathic skeletal hypostasis, previously known as Foresters disease. Sometimes early complete ossification of the anterior longitudinal ligament signifies either malignancy or metabolic disorders or trauma or post infection etc. So don't worry so regular exercise and yoga. Check for serum calcium and uric acid levels. Please consult with your orthopedic he will examine and treat you accordingly. Take care. Hope I have answered your question. Let me know if I can assist you further.</p>
<p>And active farmer. Have thyroid problem and blood pressure. Bp medicine is 20 mg of benicar. Thyroid is 88 of Levithyroxine.</p>	<p>Possibility of musculoskeletal pain is more in your case. But since you are old age (71Â years) and having hypertension and hypothyroidism, cardiac cause for chest pain must be ruled out first. So get done blood pressure monitoring, ECG and 2d echo to rule out heart diseases. If all these are normal then no need to worry about heart diseases. You are a active farmer. So heavy exertion might be causing you bilateral chest pain. So avoid heavyweight lifting and strenuous exercise. Avoid movements causing pain. Avoid bad postures in sleep. Take painkiller like ibuprofen. Apply warm water pad on affected areas. Don't worry, you will be alright. But better to first rule out heart diseases. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
<p>And already had an ultrasound with no answers yet what could this mean? Could I have cancer? My voice is hoarse and I have a cough constantly at night, Im terrified.</p>	<p>Hi, From history it seems that there might be having some irritation producing cough reflex. As there is history of hoarseness of voice there might be having some swelling or nodule on the vocal cord. This nodule or swelling can give rise to cough reflex and hoarseness of voice. You might require indirect laryngoscopy for nodule on vocal cord. Consult ENT surgeon and get examined. Quit smoking or chewing Gurkha if you are having habit of it. Ok and take care.</p>
<p>and at times it feels as if Im coughing in vain. Ive also had a felling of being full all the time. I feels like something in my abdomen is getting bigger.</p>	<p>You are having chronic cough , chest tightness and breathing difficulty. So possibility of bronchitis is more likely. So better to consult pulmonologist and get done clinical examination of respiratory system and PFT (Pulmonary Function Test).PFT will not only diagnose bronchitis, but it will also tell you about severity of the disease and treatment is based on severity only. You will mostly improve with inhaled bronchodilators (formoterol or albuterol) and inhaled corticosteroid (ICS) (budesonide or fluticasone). If you are a smoker then you should quit smoking as soon as possible.Don't worry,</p>

you will be alright with all these. Hope I have solved your query. I will be happy to help you further.

Wish you good health. Thanks.

And im having the pains again. It hurt more when i do alot of walking or sitting. What can this be?

Hi ! Good afternoon. With the history of infected IUD, and a miscarriage, and long term treatment for the PID (pelvic inflammatory disease), there is a possibility of your pelvic organs getting adhered either to each other or surrounding structures, and this adhesion might be responsible for the pain. Usually it is seen that in chronic PID is very difficult to eradicate completely, and the pain could radiate to the back and lower limbs. If I were your doctor, I would advise you for a urine routine and microscopic test followed by a culture and sensitivity test of both the urine and vaginal swab to be sure of the best possible antibiotic effective against the chronic infection. If you are sexually active, you have to take appropriate precautions so that you do not get or spread the infection on either side. An ultrasound of the abdomen would be helpful in such cases, and if need be a diagnostic laparoscopy might be advised by your gynecologist in case of intractable pain disturbing your routine activity. I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. Wishing you an early recovery. .

And It just appeared last month and hasn't gone down. What do I do? And is there some home remedy that I can use to treat it?

Hi, dairy have gone through your question. You may lump on shaft of penis. It may be due to some sexual transmitted disease. So you should consult your doctor and go for examination or send me the image. It will help you to search the exact cause. Then you should take treatment accordingly.

Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

And lost it again. In 2012. And lost the baby, even this year i fell pregnant and im afraid i lost the baby again. I went to the doctor yesterday and she said i have a bulky uterus. She did some blood test and were still waiting for the results. The problem is that my tummy swells frequently. And it hurts. I last saw my normal periods last year December after i had an womb scrub. This year from January uptill April there was nothing. Until mid-April, i saw some few drops. Even now they come and go. Im really stressed i don't know what to do, all this times i was doing blood test, and it always showed that my periods are irregular but they never really found a solution for me :(

Hi I went through your problem. As per your statement from the year 2005 after taking contraceptive pills 2 times your periods are irregular. Meanwhile, you had a car accident in the year 2008 while you were 2 months pregnant. You had internal bleeding from where ? And you lost the baby. Meanwhile, you had some miscarriages. Your periods were regular for a few months after uterine curettage last December. Now your . Did it a Hormone analysis and I like to know what medicines you were taking so far to regularize your irregular periods. My best advice: Do a USG abdomen to assess your reproductive organs and causes for irregular periods, the size of the uterus and ovaries and any abnormality in them 2) A complete Thyroid and ovarian hormone analysis along with other routine blood tests With this you can arrive at a diagnosis. In order to avoid miscarriages, first regularize your periods, then plan for pregnancy. Wishing you all the best

and then Pioglar 15. but still i am feeling weakness. please advise me how can i gain my weight and energy.

Hi Pioglitazone may cause weight gain rather than weight loss. Other . So don't worry, take plenty of protein contain food. Do regular exercise (muscle building exercises) avoid smoking. If no improvement please consult with your physician he will examine (for hyperthyroidism, liver

problems and malignancy) and treat you accordingly. Hope I have answered your query. Let me know if I can assist you further. Take care

And there is a light pain. I do get cold often for which I m taking homeopatedicines. But it is have some connection with spine and I do sometimes stitching of clothes. Or is it related to that, and it puts pressure on spinal cord. Or some sitting posture. Please do guide me.

Hi, L5-S1 space reduction is an incidental finding but the pain you are experiencing in the back is probably due to ACUTE LS STRAIN.(due to your nature of job. Sitting for prolonged period for quite some time causes spasm of para spinal muscles which causes the pain). TREATMENT: LS corset (belt) to be used when you are stitching clothes.2) LOW BACK exercises to be done about twice a day.3) Victorian gel for local applicaton4) hot water fomentation This will take care of your problem.

anhedonia (i am unable to experience any pleasure in any activity or with any person etc) 2. i am unable to experience love with anyone.(nobody in this world is close to my heart neither my mother nor my sister nor my wife. i dont enjoy any relationship and i really dont care what happens to them. i am concerned only about me in this world) 3. always thinking about my future and be feared about it 4. unable to concentrate on anything and not attentive 5. being in low mood all the time and easily irritable I have been under medication for long time but no improvement. I am currently taking attentol,betacap,deludon,evtan with the current tablets i am little attentive and my concentration improved. Prior to these medicines i have had sulpitac,despito,venla,anxiprol,ventab,felis etc and none of those medicines gave any improvement. My query is can anhedonia and lack of experiencing the love be cured. Thanks raj

Hi Raj. forum.In regard to your problem, I would like to know had started you on all the medications mentioned by you. And since how long have you been experiencing these symptoms. Are you experiencing increased stress at work or at home? Unless you have been prescribed this medication by a qualified doctor, I would like you to stop them and visit a qualified consultant. I am of the opinion that you might be suffering from a mild depressive episode (Which is NOT necessarily depression) which could have started as a result of stress. So please consult a qualified specialist if the complaints persist. Best wishes and regards.

Another cause for my concern is this is the second time this month she has dealt with this. One last key to this mystery is that this is the first real illness she has had in her 4 years. Concern?

Hi.morning vomiting and that too after not eating much is something to be concerned. That too when you say - I normally would not be concerned, but the pattern seems weird - I am also a bit more concerned as I always feel that mother is the best judge. I suggest you get her BP and get an ophthalmology opinion and if something is not normal get an MRI brain scan done - to rule out intracranial space occupying lesion.

any clues on the cause of his pain?

Since you haven't mentioned the blood test reports or any other medical reports especially concerning his heart, so,he MIGHT be having restless leg syn . Putting legs in Luke warm water bath with Epsom salt in it and wearing compression bandage will provide some relief. Doing ankle toe movement as much as possible especially when resting, toe raises with hand support will also help to ease pain

Any kind of strenuous activity causes minor swelling but severe pain. It s about the size of a golf ball. Taking ibuprofen helps to make it tolerable, and I m on a prescription 1000 mg (2x500mg ibuprofen pills) and with that only makes it tolerable. Lately the pain has gotten worse. About a year after I noticed it I went and got x-rays done and they told me it didn t show up so nothing was wrong with the bone. I don t have insurance just yet so I m looking for something I can do to help

manage the pain a little better.	<p>Hi, dear. I have gone through your question. You have lump in your thigh. X-ray doesn't show any connection to bone. So it must be of soft tissue origin. It may be arisen from muscle or fat or nerve.</p> <p>You should go for fine needle aspiration cytology. It will give you exact diagnosis whether it is benign or malignant and from where it arises. Then you should take treatment accordingly. Till that you can take analgesic to receive pain according to your doctors' advice. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
Any suggestions for me to settle this down?	<p>Hi, dairy have gone through your question. You have chest and abdomen discomfort. It may be due to gastritis, muscular pain or coronary heart disease pain. You should urgently go to the emergency and go for electrocardiogram. If it is normal then no need to worry just take painkiller and muscle relaxant. No further treatment is required. If Your ECG is abnormal then you should take treatment accordingly.</p>
any tips on how to make him change bottles? Questions #2. Besides changing bottles, what can I do now to deflate his tummy? Thank you in advance!	<p>Best is to stop the bottle abruptly and give the feeds by spoon or Canada. I know its difficult and the baby will initially struggle a lot, but it is needed as a permanent solution for the problem.2. To deflate his tummy you can turn him on to his tummy and tap his back lightly till his flatus comes out.</p> <p>Other option is after each feed, putting him on shoulder and burping him. Regards -</p>
<p>Apart from this she is taking 6 units Human insulin every morning. She has become highly irritated, speaks in high pitched voice continuously - yesterday from 4 PM till 1AM in night. Also, becomes agitated when we offer her food and spits out. Also, her body has become very rigid. My questions:</p> <p>Is the medication correct? What can be done to calm her down so that we can do the basic care - bathing, feeding etc? What can be done for the rigidity - we tried physiotherapy, but didnt work as the body is too rigid.</p>	<p>Seizure might occur in steamers disease, but they are rare and other possibility of acute onset seizure should be explored. EEG should be done to look for epileptiform discharges. Level is good AED but may be avoided in a case of dementia as it may potentially cause further behavior disturbances and confusion states. Please consult your neurologist and express your concern. If even after with .</p>
<p>Apgar scores are 7 and 8 at 1 and 5 minutes, respectively. The newborn appears pale.</p> <p>Temperature is 37.6°C (98.6°F), pulse is 180/min, and blood pressure is 90/60 mm Hg.</p> <p>Examination in the delivery room shows midfacial hypoplasia, infraorbital creases, and a large tongue. The right side of the body is larger than the left. Abdominal examination shows that the abdominal viscera protrudes through the abdominal wall at the umbilicus the viscera are covered by the amniotic membrane and the peritoneum. The liver is palpated 2-3 cm below the right costal margin. Fingerstick blood glucose concentration is 60 mg/dL. Ultrasonography of the abdomen shows enlarged kidneys bilaterally. In addition to surgical closure of the abdominal wall, which is the most appropriate next step in management?</p>	<p>Serial abdominal ultrasonography</p>
<p>Apgar scores are 8 and 9 at 1 and 5 minutes, respectively. The mother had regular prenatal visits throughout the pregnancy. She did not smoke or drink alcohol. She took multivitamins as prescribed by her physician. The newborn appears active. The girl's temperature is 37.6°C (98.6°F), pulse is 120/min, and blood pressure is 55/35 mm Hg. Examination in the delivery room shows clitoromegaly. One day later, laboratory studies show:</p> <p>Hemoglobin 12.8 g/dL</p>	

	Hydrocortisone and fludrocortisone therapy
Leukocyte count 6,000/mm3	
<p>Repositioning and serial casting</p> <p>Repositioning and serial casting 1- and 5-minutes, respectively. Examination in the delivery room</p> <p>Shows both feet pointing downwards and inwards. Both the forefeet are twisted medially in</p> <p>adduction. The hindfeet elevated and the midfeet appearing concave. Both Achilles tendons</p> <p>are 5-2 mm palpation. There are skin creases on the medial side of both feet. The deformity persists</p> <p>despite attempts to passively straighten the foot. X-rays of both feet confirm the suspected</p> <p>diagnosis. Which is the most appropriate next step in the management of this patient?</p>	
Urea nitrogen 15 mg/dL	
Creatinine 0.8 mg/dL	Repositioning and serial casting
Ultrasound of the abdomen and pelvis shows normal uterus and normal ovaries. Which is the most appropriate next step in the management of this newborn patient?	

Input	Output
<p>Are canker sores or cold sores the contagious ones, and which can contain the herpes virus? 2.</p> <p>Why does the inside of my lips turn a pale color or sometimes almost white when I eat like salt n vinegar chips or something like that? I hope you can answer these, I would love to know, thank you!</p>	<p>Cold sores are due to the herpes virus. There are different types of herpes viruses, but cold sores are usually associated with the herpes 1 virus though some persons may have sores due to herpes 2. Herpes 1 infections (cold sores) are very common. The change in color of your lips with certain foods may be due to reaction to the active ingredient present. I hope this helps</p>
<p>Are my symptoms something someone would experience with Rhabdomyolysis? 2. What steps should I take if so?</p>	<p>Hi I did review your concern. Adderall on long term use can cause rhabdomyolysis. However, we need to do some tests that indicate presence of myoglobin in blood and urine. You should consult a physician who can get this test done and also examine your kidneys if they are under any damage. Meanwhile I must advise you to take adequate water for proper urination to remove if there is excess of myoglobin body.I hope this helps. Good luck.</p>
<p>Are the breathing treatments hurting me, and 2. Is there a shot for this allergy?</p>	<p>Avoidance of the allergen-dogs hair2. Stalin/Aeroflot inhaler-provide symptomatic relief by causing bronchodilator (dilating the smaller airway passages, relieving the obstruction & increasing airflow to lungs)So, it can be used during an acute attack.3. Antihistamine preparations like Allegra & Cough expectorant syrup for symptomatic relief.4. Montelukast preparations- used as a maintenance therapy.5. A course of antibiotics may be taken to prevent secondary bacterial attack.6. Maintain adequate HY . 7. Deep breathing exercisesWishing you a good health. Take care.</p>
<p>Are these dangerous levels? 2. How do I reduce the numbers? 3. Did take STATINS for a while - got numbers down to normal and doctor told to stop taking also due to elevated liver numbers then 4. Do take whey protien once every day after moderate exercise for 1 hr. Thank you.</p>	<p>Dear Friend. I understand your concern. I advise you to get your self tested for Hepatitis B, C, Autoimmune Hepatitis. If all are negative, we can say that you have Non-Alcoholic Fatty Liver Disease NAFLD. You should share with us your full liver function test. I would recommend you to get Liver Biopsy or Fibrosis to rule out any evidence of Liver Cirrhosis. I am advising this because your LFT is deranged and a few patients with NAFLD can progress to liver cirrhosis. No you should avoid taking Statins. You may follow us again with these investigations so that we can comment further. Good Luck.</p>
<p>ARIP MT 20 mg 2. zapiz 0.5 mg 3. Lopez 2 mg per day. I also go to Alcoholics Anonymous since 2000. I was told that my symptoms were same as of alcoholism, that i was suffering from untreated alcoholism rather that schizophrenia. How do i find whether I am alcoholic or schizophrenic or both?</p>	<p>Hi dear, for detection of alcoholic or schizophrenia is difficult without detail history. Even family member of patients history is also important.first you are on alcohol since when and since when you have started complain? Whether you have complained after cessation or quitting of alcohol or during continuous of alcohol?what kind of symptoms you have?any past history of psychiatric illness ?any family history of psychiatric illness? Thank you</p>
<p>As liver transplant is a complicated one, my family is worried about her condition. We were looking for an alternate medicine and we have just come across this in internet (link below). It is very</p>	

<p>encouraging and give a new hope as they promise good results without any side effects. Can someone suggest me if we can go for these tablets, will it be a good idea at this stage? Please give your opinion on this. WWW.WWWW.WW WWW.WWWW.WW Thanks.</p>	<p>Hi I can understand your enthusiasm since you are encouraged to hear about such a medicine which can repair the damaged liver. But the fact is that there is no such FDA approved medicine which can make a damaged liver normal. There are a lot of claims of these herbal or non-herbal medicines, regarding their liver healing capabilities, but there is no scientific data available suggesting that. It is always better to abide by your doctors instruction, and you should think in terms of getting a liver transplant for your mother. Lest it becomes very late. Once the condition deteriorates, then it may be too late even for the liver transplant. I hope it helps. Thanks</p>
<p>as of now the wound has not healed up rather it has converted into peri anal sinus and i keep having mucus discharge. also i was operated for the same in the right hip but it did not recur. i am fed up of anti biotics (lefflox) which the doctors keep prescribing. please advise as to what permanent cure i can have. also i have small cyst formation (painless) in different parts of my body.</p>	<p>I am of the opinion that you have developed perianal fistulas on the left side due to incomplete . These fistulas continue to discharge mucus like secretions because they have internal openings the anal canal. You need to have a histogram to see the extent of its tract the internal opening etc. Kindly consult a surgeon who is efficient in managing the perianal problems. Also, get your basic investigations like fasting blood glucose etc. to find out the cause of painless cysts you have developed in other parts of the body. I hope I clarified your doubts. Hope it will work. Regards</p>
<p>As per Dr s advice , I am taking 1 tab Ecosprin AV daily. I want to know the side effects. 2. Whether I have to take it life long OR for short duration Lipid Test Reprt details are LDL 190, HDL 42 , triglysrde 135 Hb1Ac 4 pl respond on YYYY@YYYY</p>	<p>Hi, Without complete data like age, gender, any associated medical illness, etc. Esprit AV which contains anti-clotting (blood thinner) Aspirin and cholesterol-lowering agent Atorvastatin commonly prescribed for the treatment of patients suffering from high cholesterol levels and those who are at an increased risk of complications such as a heart attack and stroke. It should be taken for life long. Generally, Esprit AV is well tolerated by most of our patients. However, it may cause heartburn, upper abdominal pain, vomiting, muscle pain or weakness and liver dysfunction. If you develop these side effects you must report to your treating doctor. Your LDL level is high, so I recommend increasing the dose of Atorvastatin to 20 mg along with Aspirin 75 mg. Hope I have answered your query. Let me know if I can assist you further. Take care .</p>
<p>As prescribed by the doctor we went for the FNAC test which confirmed Tuberculous Lymphnoditis. Doctor has suggested her following treatment :R cinex EJ , Levoflox 750mg, Dom Dt & Syp Sioplex these medicines continued from 19.04.11 to 18.06.11 then doctor made a little change on 18.06.11 he prescribed R-cinex 450 mg, Levomac 750mg & syp Alprovit . The knot still persists and now the puss formation has occurred, we had to get it drained through syringSir, since 4 months have already passed and there is no appreciable change in the situation so far. Would you please comment on the treatment, whether we are taking the correct treatment ? Or is there any better treatment for the disease diagnosed. Is the disease diagnosed is fully curable? I believe as a parent you will understand our worries and give your valuable guidance. With best regards! Yours faithfully Sunil Kumar Khare</p>	<p>Hi. The pus should be sent for AFB culture and sensitivity. This is a tuberculous involvement of the lymph node, so the patient requires intensive and dedicated therapy for at least 6-9 months. If any pus discharge from the lump site starts, it will be very difficult to heal until the full treatment of the patient is done. The AFB culture and sensitivity report will tell whether the first line .</p>

Aside from providing a sample to the lab, is there any way to know how well the increased iron is helping to raise my hemoglobin? Dr will not do the surgery if hemoglobin is below 11 and I am scheduled for surgery in 3 weeks time. Thank you.

Hi I understand your concern. I am , infectious diseases specialist, answering your query. You can judge your hemoglobin via mucosal examination, but this examination gives only rough idea. Examination of tongue, conjunctiva and nail can help understand bodies hemoglobin content roughly. If you are going for surgery it is better that you should periodically examine the blood hemoglobin by laboratory since visual examination is very gross method. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

Asthma 2. Body weakness 3. Skin disorder 4. Throat problem Where should I start first so that others would not get affected.

Oh! You are really a confused lot. But there is no need to worry. If you believe in holistic approach to cure your problem, you should not reckon these as separate problems for separate parts of body. If you meet any Ayurveda doctor, he will clearly explain all the symptoms as a result of pitta-Kafa vitiation in body. In body three humors viz. Data, Pitta and Kafa manifest different symptoms when not normal either individually or combined with other/ others. To get through you have to take anti pitta, anti allergy herbal combo say Hard . One more combo of herbs i.e. Avipattikar, Sitopaladi and God anti and Gilroy taken with honey will wipe out all these symptoms in a few weeks. That too without side effects. Hope this serves you well.

at age of 72 is it good advice to implants? if yes then is there can be a side effects or any other problems ?2. he is a border line of diabetes , then is it good to do a implants?3. how much success % for implants ? if you have some customer who already did it then i would like to take review of them.4. how much time it will take to be a ready and he can eat normally ?5. what could be a approx. cost ?

Hello and Implants are usually worth and preferred in young individuals, although aged persons are also willing for implant prosthesis. Bone support and supporting periodontal structures should be intact for placing implants. If your aesthetic and functional requirements are high, you can prefer implants. Orelse, complete denture will be adequate. Implants are expensive compared to acrylic dentures. Please do visit your dentist and get clinical check-up and details regarding this. Take care,

At Fortis Mumbai, we were suggested to take female contraceptives for 3-6 months with the hope that it might help to regularize periods and try naturally afterwards. We tried for 3 months after that but this did not help as there were multiple follicles and mature follicle/ egg formation. 2. Thereafter, we were suggested to go for Clomid to stimulate ovulation. We tried this method for another 6 months but this did not help inspite of increased dosage. The scans during this time still reflected multiple follicles and no single mature follicle (upto maximum 10 mm size). 3. After that, we shifted to Bangalore with the focus of getting results in this regard and visited Fortis Bangalore . We were suggested to undergo various tests like fallopian tube (HSG), tuberculosis, semen analysis etc. All the tests were normal and she confirmed that Polycystic ovary syndrome (PCO) is the only problem and that we should go for IUI as taking clomid for long duration may have side effects. 4. Since then my wife has undergone 3 IUIs and there has not been any positive results, with no explained reasons for failure. We have been suggested that we should try for 3-6 IUIs before thinking of IVF. During the 3 IUIs, genotropin injections was taken from Day 2 for 7-10 days and .The egg formation has been proper and size of mature follicle at the time time of doing IUI has been 18+mm. All this while, my wife is taking follic acid, metformin and CoQ tablets. However, at this point we thought of seeking your expert opinion since you are an expert in this field. Requests

your inputs . what should be our next course of action and please suggest best doctor who is PCO specialist in Bangalore.	<p>Hippos is the most common problem nowadays. The main reason for this is stress, sedentary lifestyle, bad eating habits. Weight is the major culprit here. Metformin will help here to certain extent but major effort should come from the patient, she should walk for 1hr daily, cut down oily food, sweets,junk food like pizzas, should keep her mind calm for which meditation will help. Along with these measures consulting good gynecologist will help you. All the best.</p>
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<p>At my GP she tests positive on dipstick, for blood, protien and ketones . I had a referral and she has had an ultra sound scan which suggests a duplex kidney, she is being sent for an x-ray where she will be injected with a dye and then x-rayed while she wees on demand. The doctor thinks that this will be unsuccessful as he thinks she won t do it. We would like to know if there is another way of diagnosing and if she does have this what is the treatment. As she is cureently ill every 10-14 days and has a couse of antibiotics every time which we feel is not good for her. Should we be sent to a kidney specialist?</p>	<p>Hi penny, small girls are often prone to urinary infections, but these episodes are usually few and without fever. Your daughter is having repeated upper urinary tract infection which may be due to several causes for e.g. reflux of urine, duplex kidney and ureter due to which urine from one ureter moves back and forth to other ureter (yo-yo reflux), some hold-up in the urinary tract (which may be since birth) or simply a body predisposition to certain bacteria. So one, she needs a thorough evaluation by a urologist or a pediatric urologist to find the cause of infections. If she cants void during the special X-rays, the procedure can be done under anesthesia and gentle pressure applied on lower abdomen to look for reflux. Two, her kidneys need to be protected from further infection related damage, so she may require long-term low dose antibiotics to prevent infection. Go see a urologist early. Good luck.</p>
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<p>At present taking Tab Thyrofit 25 mcg 1 0 1 Tab Metosarten 25 + 40 1 0 1 Tab Cardarone X 200 mg 1 0 1 Tab Dytor 5 mg 1 0 0 Tab Trizid SR 60 mg 1 0 1 Tab Korandil 10 mg 1 0 1 Tab Clopilet 75 mg 0 1 0 Tab Aztor 5 mg 0 0 1 Tab Acitrom 2 mg 1 @ 5 pm daily Tab Raliz D 1 0 1 [If needed for Acidity] Tab Ativan 1 mg 0 0 1 [If needed for Sleep] Echocardiogram reveals Anterior Mitral and Posterior Mitral Leaflet Prolapse. Triple Vessel Disease ?? Atrial Fibrillation with Fast Ventricular Response during Study. Mild Pulmonary Arterial Hypertension with Secondary Tricuspid Regurgitation. [Estimated RVPSP :46 mmHG] Becasue of taking Acitrom skin becomes Blakish and spreads in forearm, legs, thighs. PTT 38 CONTROL 14 INR 2.7 with 3 mg Acitrom daily. Tab Acitrom reduced to 2 mg. My question is whether Acitrom can be replaced with ECOSPRIN 150 or 75 mg.</p>	<p>Hi dear. Given your detailed history of triple vessel disease and mitral leaflet prolapse and tricuspid regurgitation. I would suggest you to continue with the same medications. You can consult your doctor regarding dose adjustments of citron. Keep your INR under the reference range. And also ask your doctor about tab brilliant. I feel you do need citron because of your valve disease. Thank you .hope my answer helped you. Please do rate my answer</p>
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At that time she has to admit at CIP for 1 month in each time. After my birth (1989) she was normal for 18 months. During the next pregnancy period it relapse again. From that time lithosun sr400 is continued along with zapiz time to time. Present problem she feels anxiety, pale mood, muscle pain, loss of appetite. She thinks she will die soon for taking of medicines for such a long time. Please suggest what is to be done to overcome this problem. Present treatment is going on with the doctor having the qualification MBBS, Hons,MD(Psy) , FIPS. The doctor is available weekly 30 km from our home and also facility of phone suggestion. For my mothers anxiety and

wish my father changed many doctors time to time, but lastly it is continued to the aforesaid doctor.	<p>Degree understand your concerns went through your details. I suggest you not to worry much. The specialist you are visiting for your mothers cause is a qualified psychiatrist if the credentials are true. A qualified psychiatrist is the right specialist for your mothers mental disorder. But she also needs psychotherapy and relaxation. Medicines alone cannot cure mental disorders. Lifestyle changes, change in thought structure and pattern are essential. Psychotherapy is the correct therapy procedure, and it shall give you good result. Hope this answers your query. If you need more of my help on this regard, please post a direct query. Please provide every detail as possible. I shall teach some tailor made psychotherapy techniques which should be of immense help. I am always available to clear your doubts. Good luck.</p>
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At this office visit, a 3x3 cm lump is palpated in the upper outer quadrant of the right breast. It is firm and not freely mobile. Ultrasound and mammogram are shown in Figures A and B. Which is a risk factor for this patient's condition?	Nulliparity
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At this stage, do I need I need Chemotherapy to control the lungs and surgery to remove the Parotid tumor and reconstruction. I live in India and cannot afford the huge cost of treatment in USA. Can you suggest the best Institutions in India?	<p>Hi, Thanks for writing in. Cancer is a challenging condition and treatment should be given as per the stage of the disease. If you have developed lung metastasis then please return to your doctor who has treated you earlier and then continue treatment for the parotid swelling and lung metastasis. As lung spread makes your condition stage 4 cancer therefore, attempts are to be made to control the progress by giving chemotherapy and radiation. As you have parotid cancer therefore the chances of treatment are better and many people can survive for a long time with proper treatment. There are many cancer treatment hospitals in India and you can choose to go to any of them. The best cancer hospital is Tata memorial hospital in Mumbai, and they provide cancer treatment at low cost. You can also ask your employer and try to write to philanthropic organizations seeking help for cancer treatment in the US if it is difficult to change your location.</p>
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AZITARUL2. OCTAMOP3. TOPISAL OINTMENT4. EMODERM5. ATARAX6 . IONAX TSOLUTE	<p>Medicines prescribed by doctor are good, but this is only symptomatic treatment. Psoriasis can also affect spine and nearly 20 to 22 percent people affect from spondylitis(spine involvement)Dear friend, in allopatry there are not any complete treatment of Psoriasis. In allopatry treatment for psoriasis is only symptomatic. In Ayurveda (but at rare places in India) complete treatment is possible. I was also suffering from Palmer plantar psoriasis and I completely cured 7 year ago by ayurvedic treatment. Than for query.</p>
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<p>B/L MAXILLARY SINUSITIS2. B/L CONCHA BULLOSA3. DNS TO RIGHT4. HYPER TROPHIED LEFT INFERIOR TURBINATE OMC PATENT ON BOTH SIDES.what all these any one suggest any complications r there.let me know what this history means</p>	<p>Noted here main problem is chronic inflammation of maxillary sinus.that is called maxillary sinusitis. And nasal septum deviated. So by these condition you can have repeated infection, and it can lead to spread of infection to adjacent structure and can lead to meningitis like complication. It can spread to eyes Also. Breathing problem can also occur. With chronic sinusitis local part erosion keep on increasing. So yes repair is needed mainly for sinusitis functional endoscopic sinus surgery and for DNS septoplasty done. Hope your concern solved.</p>
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Input	Output
BACK IN 2012 MY ALT WAS 55. I DO NOT RINK ALCOHOL BUT HAVE GAINED 25 POUNDS AM 222. AND I HAVE PSORIAIS. I DID TAKE METHOTREXATE FOR A YEAR BUT NOW THEY WERE GOING TO CHANGE TO HUMIRA BUT WON T BECAUSE OF MY LAB VALUES. SHOULD I BE WORRIED?	<p>Hello have elevated transaminase (AST, ALT) which needs evaluation. Common causes include NAFLD - non-alcoholic fatty liver disease, Chronic viral hepatitis (B or C), autoimmune hepatitis or .</p> <p>With recent history of weight gain and history of psoriasis, you need evaluation like USG, autoimmune profile, tests for hepatitis virus workup among others. You should be cautious and consult your doctor regarding the same.</p>

Back rash I tend to think it may have something to do with using a rubber mate to workout, I started to cover the mate with a towel and it seemed to have dried up but I still have the rash and it feels a little like needles. 2. My collar bone rash itches. I went to the doctor yesterday and she didn t seem to be to worried about it. She thinks it has to do with jewelry, but i haven t used anything different and I rarely wear necklaces in the summer do to heat. Oh forgot to mention my doctor prescribed an ointment (Fluocinonide 0.05 cream 60GM 3. I have been under a lot of stress lately I recently loss my mom and that has been difficult for me. I do get a little concern with shingles, because my mom got shingles before she passed and I was exposed. Do I need to be concern about the rashes I have?	<p>Hi, Do not worry. It may be satyriasis tricolor.also called Tina tricolor. It does not itch or hurt.</p> <p>Furthermore, it is symptomless. However, consult the dermatologist for the perfect diagnosis and proper treatment. I would recommend you to apply antifungal cream like ketoconazole cream and to take ketoconazole tablets for few weeks. Avoid soap bath. It may vanish in few weeks to few months. Hope this helps. Thanks. .</p>
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Basically this means that your disc disease is severe at L5-S1 , moderate at L4-5, and mild at L3-4, which is what we discussed. You will need to followup with physical medicine to determine what the next treatment plan is, which may include epidural steroids, acupuncture, therapy or surgery. I wish you well with this.	<p>HelloPresent MRI findings indicate degenerative changes in lumbosacral spine at multiple levels.</p> <p>At L3-4 level, there is mild narrowing of lateral neural foramen in both sides, moderate narrowing at L4-5 level and severe narrowing at L5-S1 level. Majority of degenerative disc disease patient are benefited by conservative treatment in the form of physiotherapy, analgesics and muscle relaxants. Steroid shots are also helpful. Surgery is required in unresponsive patients.Nowadays, surgery is done by minimum invasive method like endoscopy. Findings need clinical assessment by a neurologist/neurosurgeon. Get well soon. Take Care .</p>
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Because my stool was so back up they needed to check to make sure what was going on. Just on Monday I find out by and ultrasound that I am 8 weeks and the babys heart was perfect. I am just now worried and thoughts are going through my head if only I knew I would had that xray. Do you think the baby is Okay???? I just want to be reassure. Thank you.	<p>Hi there, Do not worry at all, if at 8 weeks the baby is fine and fetal heart is ok it means that the baby is fine. At this early if any harm had to be caused it would have resulted in abortion, but since your fetus has a good heart rate you need not worry. Anxiety about the x-ray can lead to a lot of stress, and will affect you adversely. Since the ultrasound is normal you can be rest assured that every thing is ok. Continue taking Folic acid and get anomaly scan at 20 weeks. Hope this helps.</p> <p>Regards.</p>
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because of high dose table? 2. she had mother hood 5 months back with twin child, after that this is first injection, so it happens? 3. why one & two bathroom extract automatically. 4. what treatment I have to do? plz ge me your reply for future life of my wife. Thank you sir.

Hello syed, thanks for posting hearing by your description, it looks like she had low BP due to dysentery causing water loss from body. Other reason may be because of medicine reaction. Since you said that after taking . Please confirm with your doctor what medications he has given her so that we can avoid these medications in the future. Also, if she is having diarrhea, encourage her to have fluids. Check BP regularly once per week. Don't worry, it is unlikely that she will have low BP again. Thank you.

Because of this infection he is hesitant to go for any other procedure related to prostate. Pls advise can we wait and watch the growth of cancer?

Prostate biopsy is essential for cancer diagnosis and estimation of prognosis. Unfortunately in some cases (not very often) complications happen. You ran into one of them. He's probably got infected with a hospital bacterium (ESL bacteria reside in hospitals) that needs special treatment. There are scoring systems (Gleason grading system) for prostate cancer prognosis. Prostate cancer can be aggressive - which can prove difficult to treat - or not. If it is aggressive then you can't just watch and wait. He needs treatment. If not, then it's very possible that the cancer will be growing so slowly that he'll never have a problem with it. I hope I've ad .

Becelac PB 2. Forcef-CV 500 3. Montair-LC 4. Unicontin-E400 I m a lot confused and worried about my health here. Please help me on this.

Thanks for asking your question I completely understand your question chronic bronchitis and cough variant asthma are two different diseases. Chronic bronchitis mainly occurs in smokers, so if you are a smoker then it may be a COPD / chronic bronchitis and second thing is cough variant asthma is mainly allergic, if you have allergy to dust and smoke or any other urticaria type of skin allergy also then probability is more of asthma cough variant asthma is a type of asthma in which the main symptom is a . People with cough-variant asthma often have no other classic asthma symptoms, such as wheezing or shortness of breath. Discuss with your pulmonologist the need of adding inhaled medications and continue with the rest. Inhaled

Been bedridden with late age parkinsons and dementia. She is cared by us at home for 2 yrs. She cannot talk, can only make some grunts, can only move her eyes and her fingers flutter a little. Fed via nose tube fortified milk 7 times daily at 3 hour intervals. Since she is lactose intolerant we finally found Peptamine milk the best for her (no diarrhea). Has a catheter for urine and we have a nurse come in half a day twice a week. But my mother is doing pretty OK because her vital organs are rather strong. However, she produces a lot of phlegm and though she sometimes coughs (or sneezes out) the phlegm, we are quite concerned. We have bought a suction machine for the nurse to use. In between we give her chest physio (twice a week) and give her mucosolvan to dilute the phlegm. Any advise from you much appreciated. Thanks.

In my opinion, we should rule out lung infection and bronchitis in your mother's case. She is not taking food orally. She fed via nasogastric tube. This can lead to micro aspiration of food particles in airways and lung. These can cause bronchitis and aspiration pneumonia. Both of them can cause excessive phlegm production. So better to consult pulmonologist for her and get done Clinical examination of respiratory system and Chest x-ray to rule out pneumonia and bronchitis. She may need antibiotics and inhaled treatment on the basis of these reports. Don't worry, she will be alright with all these. Hope I have solved your query. I will be happy to help you further. Wishing good health to your mother. Thanks.

Before angioplasty, echocardiogram showed my LV ejection fraction 49%. Can I improve my

<p>ejection fraction further? Please let me know the foods, vitamins, drugs i can take to improve my hearts EF.</p>	<p>HNormally ejection fraction may improve slightly after stenting. But having 49% EF is not bad.</p> <p>Normal EF is more than 55%. Healthy lifestyle like avoiding fatty, oily and high calorie diet, regular exercises, fish oil or fish, green leafy vegetables, fruits and avoiding meat etc. will help. Lipid profile 6 monthly or yearly if it's deranged. Avoid smoking active or passive and alcohol if any. In the .</p> <p>Hope I have answered your query. Let me know if I can assist you further.</p>
<p>Before i got pregnant I was not having a monthly period. I had the coil inserted approx August 2009 and had it taken out due to problems in October 2009 and after this my period did not return. I am therefore not sure of when i conceived?</p>	<p>Hi Thanks for the query. I have gone through your query and I can understand your concerns. You can make rough idea about your fertilization date by looking at your first trimester scan. The approximate gestational age is written in the scan, you can subtract the age in weeks from the scan date, and thus you will get the conceiving date. Keep in mind this not 100 percent accurate, a five to seven days correction is expected. Hope I have answered your query. Thanks</p>
<p>Before I had the operation I was using a tens machine for atleast 6 months to alleviate back pain and hip pain with quite a bit of success (ruptured a disc between L4 and L5 abt 8 yrs ago) which reduced my use of pain killers drastically. My hip is feeling better every day but am still troubled by back pain. When I asked the Ortho Surgeon if I could use the tens machine post operation he shook his head and said better not to. I feel his answer came not so much from scientific reason but from his lack of faith in the machine to reduce pain. In the mean time I continue to need strong pain killers to manage my back pain knowing that I could be getting the relief I need from the tens machine if I knew for sure that it would not compromise my hip replacement. Please can you advise me? Regards, Christine</p>	<p>HBased on your description of complaints what I can say is that there are mixed reports on safety of TENS machine use in presence of implants. This is because there is a risk of currents stimulating the metal implants inside and raising the temperature around the implants and soft tissues. This has been questioned by some saying that battery operated TENS machines (also called passive machines) do not cause any side effects. Best is to avoid its usage now and use other pain relieving modalities like local pain relieving gel or balm application, muscle relaxants and massage therapy. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>Before starting the treatment they advised to take x-ray. Report is enlarged adenoids . But dr. told that is not a problem. But she had attack again two days back. I am very much confused. I am scared that whether she should take inhaler life long? Please tell me whether adenoid and wheeze have connection. Tell me the remedy.</p>	<p>Adenoids are nothing but lymphoid tissue in the back part of nose. They are more active in. In the process, they become swollen. Your daughter is suffering from allergy. It is most likely related to dust, pollen etc. The child is suffering from allergy i.e. bronchial asthma. Enlargement of adenoids is also due to allergy and occasional infection. Adenoid enlargement will not influence bronchial asthma in any way. Your children bronchial asthma will usually reduce in frequency and intensity as she grows older. Though she may not be absolutely free from asthma, she will surely have less and less of it. Prevention of exposure allergy causing agents like dust, pollen,</p>
<p>Behind the right Ear. 2. Upper part of the Nose 3. Forehead. What can this possibly be. ??</p>	<p>Hi, thank you for providing the brief history of you. As you mentioned the balance and blurred vision along with abnormal tightness of muscles in the neck region. I will advise you to give first priority to your health and meet up a neurologist. Do not ignore the small and little signs what the body receives. Remember that prevention is better than cure. Once you meet a neurologist he will be</p>

able to assess you in detail, a course of symptomatic medicine will be initiated. Also, you may be asked for an MRI or CT scan. Which you please undergo as it will reveal a lot more of things. I hope you will take the wise decision. RegardsJay In .

being try to active by doing some walking but i cant above do for two block walking. i feel no energy,short breathing,dizzy,blur vision . and i feel want to pass out . i cant above to seat for 15-20min. how can i get my normal life back. please give me some advise.

Dear patient You're having lumbar canal stenosis with disc prolapse at l5s1 level. Normal spinal canal diameter is 12 to 14 mm, and you are having only 6 mm with almost 50% reduction in spinal canal space due to which passing nerves get compressed, and you get pain in both legs with weakness after walking certain distance and relieved by rest. Since it is mechanical compression epidural steroid injection would not help much. You require surgical procedures in form of l5s1 discectomy and spinal canal decompression. Procedure can be done with minimal access and endoscope. Since your MRI is 3 yrs old fresh MRI is needed. Consult expert spine surgeon, and he will guide you with proper treatment. All the best

benforce m 2. modus - 10mg 3. mcbm 69 4. mecobalamin with pyridoxin and folic acid is these tablets by consuming make me pregnant and is sex done on the ovulation only be successful? i need ur reply, i will be greatful to u if u find me some suggesstion and how culd i regularize my periods ?

Hello dear,I understand your concern. In my opinion you are in correct line of treatment.POD is one of the treatable causes of infertility. Weight reduction in case of overweight or obesity is first and most important thing in POD. Even a 10% of weight loss might help in regularization of cycles. The treatment can be for POD or infertility. For POD medical or laparoscopic ovarian . For infertility treatment ovulation induction

Bilateral ovarian enlargement (right due to stromal proliferation, left due to large functional appearing cyst) which can be seen in patients with polycystic ovarian disease. Recommend clinical correlation 2. Uterus is within normal limits Result: Indication: Pain and bloating. Technique: Trans abdominal ultrasound of the pelvis performed. Endo-vaginal exam performed for better evaluation of the uterus and adnexa. what does this mean?

Hi, You are always getting abdominal pain and bloating. Scan taken shows Bilateral ovarian enlargement (right due to stromal proliferation, left due to large functional appearing cyst) which can be seen in patients with polycystic ovarian disease. Otherwise, all other reproductive organs are normal. The problem you have is also normal if you can understand the following enlarged ovary is a condition in which one of the female reproductive organs that produces the ova, or eggs, grows beyond its normal size. Several diseases and conditions can cause ovaries to get larger. Most of the time, an enlarged ovary is a symptom of ovarian cysts, Ovarian cysts are sacs filled with fluid that can form inside or outside the ovaries. Most ovarian cysts are not harmful, and they go away on their own in a few months without treatment. Some ovarian cysts can cause symptoms, such as pelvic pain, nausea, frequent urination, breast tenderness, and irregular menstrual period. This usually happens with larger cysts and cysts that rupture. Most cysts are the result of an egg that does not release as normal. If the follicle holding the egg does not rupture and release the egg. Sometimes the enlargement may be due to excessive Follicular stimulating hormone (FSH) or Luteinizing Hormone (LH) can be assessed easily and treated easily. For pain and Bloating symptomatic treatment only. You are normal and will become more normal within a short period. Best wishes

Bilateral paraventricular region deep white matters ischemic changes,2. age related mild and

diffuse cerebral atrophy 3. Ethmoidal sinusitis, this is my father CT scan report done yesterday, age 71years, pl tell me what say this report, is there are porb?	Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. The CT Scan Report indicates that there are age related changes in the brain. This is normal for this age. Also that few areas of brain have received less blood supply. This requires treatment. Your neurosurgeon will suggest ways to improve the blood supply Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Best Wishes for Speedy Recovery Let me know if I can assist you further. Take care.-loops 1 : After all your doubts have been cleared, kindly (a) Close this Question (b) Rate my Replies and (c) Give your Feedback. PS 2 : In the future, for continuity of care, I encourage you to contact me directly in at http://ask
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Bilateral renal parenchymal disease.2. Ascites.3. Bilateral pleural effusion.what should be done to cure it. Is there any possibility of not doing dialysis or transplant.Please give me an advice.thank you	Hi, Prevention is always the goal with kidney failure. Chronic diseases such as hypertension and diabetes are devastating because of the damage that they can do to kidneys and other organs. Lifelong diligence is important in keeping blood sugar and blood pressure within normal limits. Specific treatments are dependent upon the underlying diseases. Once kidney failure is present, the goal is to prevent further deterioration of renal function. If ignored, the kidneys will progress to complete failure, but if underlying illnesses are ad .
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Bilirubin 0.8 (apparently normal). I have been drinking heavily for a couple years, but quit about three weeks ago (the week prior to the blood test). How long would it reasonably take to get my enzyme levels back to normal ranges, and allow the liver to repair itself? Obviously, abstaining from alcohol is in my new life plan, and also eating well and trying to exercise more regularly. Should I currently be worried and seek additional help or medication or should the life changes above allow for my liver to get back to normal?	Yes, this is alcoholic fatty liver disease and hepatitis. You need to worry. Once you stop alcohol, the levels should come down to normal in 6 to 8 weeks of complete abstinence. You should discuss with your doctor to prescribe you tablet Udiliv that contains Ursodeoxycholic acid for three months. I would recommend you an ultrasound and a check-up for hepatitis B and C via blood tests. Moreover, you should exercise and avoid fat in the diet.
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Bilirubin, Cholesterol Sgot etc are normal. Is this high level Sgpt dangerous.	Hello patient You are having hepatitis C. In all hepatic viral infections the level of Sept is high. This is very common finding, but you should go for ultrasonogram to rule out cirrhosis of liver. The medicines you are taking for hepatitis C & the disease itself increases SGPT .you should regularly monitor SGPT, Bilirubin regularly.Also, the sonogram at regular interval with the guidance of gastroenterologist. Wish you good healthy life! Regards .
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Input	Output
<p>BIOPHENE 2. LENOVA 3.LINEATOR 4. EXART 5. H1Q 300. so i need what purpose we need to use the above tablets?</p>	<p>Hi, your semen report is abnormal .you have mentioned count but not about motility. Count should be above 20 million /c mm and motility 60%active motility even after 6 hrs .in case of LIGO Athens permit medicines are prescribed hoping improvement of semen quality both in count and motility. Semen analysis to be done after 3 months to see the result .it will be good to attend infertility clinic and evaluation of both the partners to be done. Treatment of infertility is a continued process and to be taken till get the result. Please discuss with your doctor and a check-up to be done to exclude presence of any condition like HY .</p>
<p>bleeding .(last 6 months) 2. urinal fail (stomach pain) from 1 month after changing the tube from kidney doctor yashodha hospital hyderabad urine is ok now,3. too much itching and (pain in side stomach) OMEGA HOSPITAL DR told this is 4 th stage please suggest. I am from hyderabad my email id is YYYY@YYYY</p>	<p>Hi, Sorry to listen about your moms condition. The problems you have mentioned needs to be more specified. Bleeding site and amount to be mentioned. The disease is not mentioned also. It is difficult to comment on the management. Anyway, liver function test report should have been mentioned. Stage IV cancer can be managed, but that depends on the specific site and type of cancer. Supportive and symptomatic treatment can be continued. Do not lose hope. Follow your oncologists advise.</p>
<p>Blood pressure 114/70. I am 51 years old. Is this a normal reading, or should my heart rate been higher?</p>	<p>Hi, Maximum heart to be achieved depends upon the age, like in you, it would be around 170, but this is during exercise. This is lower but not necessarily abnormal, because this also depends upon amount of medicine injected, so they might not have injected sufficient amount of medicine may be avoided any side effects, or they might have achieved what they wanted to see. So not to worry about this parameter in this test and look for the results if the test. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>Blood sample test (Report Status: ALT= Normal, Hepatits B,C cerology = Negative, LTF = normal, full blood count = normal, Ferritine = low [suggested medicine Ferrous sulphate], S.BILI = normal) 2.Urine test (Report Status: normal) 3. Ultra sound (Report status: normal), 4. Barium follow through (Report status: Normal), 5. Gastroscopy (Report status: H-Pilori Bactaria Found, for treatment doctor has given me medication course for 2 weeks, of Lanzoprizol, amoxicillin and clarithromycin. After this course i gone through with another test i.e. faecal antigen test which results shows negative). 6. Colonoscopy test (Report Status = They found small rectal polyp, which they removed entirely (Polyp pathology result = Inflammatory polyp) 7 CT Scan = (Report status = mild fatty liver) 8.Capsule Endoscopy to investigate the iron deficiency (Report Status = Isolated Ileocaecal inflammation and then they suspect for crohn s diseases ? or NSAID related ?. (Medication suggested for Isolated Ileocaecal inflammation = PENTASA 500 mg course for nearly a month by consuming 8 capsule a day) 9. Small Bowel Enema (Results = No evidence of inflammtion or mucosal ulceration at terminal ileum) So far all the test which i gone through were unable to diagnois my problem which is causing pain. I can t sit properly because i am feeling unbearable pain in middle of stomach and due to this i can t concentrate on anything happening around me. My whole life is distrube and i can t enjoy any moment of my life.Help me please.</p>	<p>Thanks for your consultation at ! I have gone thoroughly through your entire history and all the investigation that you have done do far. To me most of the diseases have been ruled out with your</p>

investigations. But if you have got stressful life and altered bowel habits then you might be suffering from Irritable bowel syn .your attending physician will take appropriate through history and necessary examination in light of your investigations. Second you should have done CT abdomen with pancreatic protocol to rule out recurrent pancreatitis. For time being if you are in stress and have sleep disturbances do take alprazolam .25 mg at night daily it will help relieve your symptoms. Also meet a consultant of Internal Medicine too. Hope your question has been answered appropriately. If u still got any query feel free to ask. Regards

Blood work also tagged a tumor. His iron levels are high and he has been advised to have a pint of blood taken weekly to rebuild his blood. Will this lower his iron levels? I m very concerned for his outcome. They also advised to be put on a liver recipient list asap.

Hi, dairy have gone through your question. Repeated blood transfusion will increase the iron level. It will not help to lower the iron level. Blood transfusion may be given to increase his hemoglobin level. Iron cheating agents like desferoximine or defiperone may be helpful. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

Both knees have never been an improvement as far as pain and mobility. What are the reasons for knees to remain painful. Could I be reacting to the glue. I have been told by dr. That there is nothing wrong with knees. I just completed four months of pt and no improvement. I can t stand the pain and sleepless nights trying to get comfortable. Morphine does not help.

Get your bone mineral density test and check if you are not having osteoporosis. If there is then you need to start with calcium, vitamin D and tripartite injection.2. Make sure that your serum B 12 and blood sugar level is normal. If there is any abnormality then you can take tablet methylcobal daily.3. Tablet Pregabalin m should be taken at nighttime to improve nerve related pain. I hope these steps will be helpful for you. Let me know if there is any other followup questions. Thanks

BOTH THE LUNGS FIELD SHOWS ACCENTUATED BRONCHO VASCULAR MARKINGS. 2. BOTH THE COSTOPHRENIC ANGLES ARE CLEAR. HEART SEIZE IS NORMAL. BOTH THE DOMES OF DIAPHRAGM ARE NORMAL BONY THORAX APPEARS NORMAL.

Hello dear, Since you are smoker, in my opinion you should first quit smoking. Because this is the culprit for your symptoms of back pain and breathing difficulty. X-ray finding of increased bronchovascular markings is suggestive of early lung damage due to smoking. So better to quit smoking as soon as possible. Enroll yourself in pulmonary rehabilitation center where chest physiotherapy and deep breathing exercise are done. These will help you in taking deep breath.

bowel specialist gave the ok although 15 years ago diagnosed bowel cancer was removed. 2. thyroid test came back positive 3. next specialist looks at Cyst on ovary as scan discovers this who now wants to do a biopsy as he said thickening of uterus needed to be investigated. Oops pain much more severe at night. Has also lost stone in weight last three months while pain and investigations take place. What does all this mean Regards very worried relative ps i am only looking to understand what is happening and the thinking of the drs. as this is a close relative i also wonder about heredity diseases. I have been diagnosed with hyper and now hypo thyroid. Daughter has been treated for fibroid which has been 18cm in length and appeared to compete with baby in womb for both pregnancies. I suppose i was also wondering with all these problems associated with three generations what measurements can be taken to avoid the 80 year old plight ie food, vitamins etc not thinking of long term medication just lifestyle changes to avoid certain scenarios

Hi . This isn't easy to answer. I am afraid i didn't understand the question but as I see you are worked about 80 year old woman and possibility of cancer development in her relative including

you. Well, affinity to certain cancers(especially breast, ovarian, uterine and colorectal) is associated with genetic predispositions. There is no doubt about it but it shouldn't concern you and make your life insecure. This is still small possibility, it is impossible to calculate it. All you need to do is to look for sign and symptoms more careful then the others and often do examinations and preventive tests especially after 40.year. Your doctor will know about these tests. This patient has serious symptoms and cancer in history, so it definitely needs to be investigated and treated. All you can do is to live healthy, eat healthy food, avoid alcohol and smoking. You can't change your genetics but can change life habits and think positively. Every human can get cancer no matter about his genetic potential, and it is absurd to be concerned about this possibility because someone in our family has it. Wish I've been helpful.

Broad based shallow right sided disc herniation at c5-c6 results in some mild ventral cord effacement slightly more on the right. Slight right foraminal narrowin. 2. Shallow ventral impression on the anterior subarchnoid space can be seen at C3-4 and C4-5. What does this mean

Hi and MRI report means that there is herniated disc disease of your cervical column, and it is in first stages. There is a slight degree of your spinal medulla. However, treatment should be leaded from your clinical neurologic findings in correlation with MRI findings. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions.

Bronchovascular accentuation is seen bilaterally 2. Pleural thickening is seen at apices Plz help & advise us on the above mentioned points

Thanks for our question on . In my opinion no need to worry with this x-ray report. As accentuated bronchovascular markings on chest x-ray in lower zone is normal finding. Blood follows the gravity and so more blood supply in lower part of lungs than upper part. So lower part appears more white and accentuated. Blood vessels with bronchi thus becomes more prominent in lower part and termed as accentuated bronchovascular markings. About upper lobe pleural thickening, it is seen in old age and in old TB or pneumonia lesion. Since the pleura is thickened it suggests old fibrotic lesion. So no need to worry about this x-ray report.

But after diagnosis doc told me that your kidney is 90% damaged and treated me as CKD patient. Some inv report is as follow:-HB on 16/10/11 is 7.3 and TLC is 25000 creatinine is 7.3HB on 25/10/11 is 8.0 and TLC is 9400 creatinine is 6.0On 25/10/11 doc relieved me, but told me that you have to go for dialysis within 6 months.i don't understand, when all the reports are improving day by day then why doc told me so.

1,2, and it does not start to rise until at least 50% of the kidney has been damaged. Hence, your doctor has treated you as CKD patient. It is likely that your creatinine levels will fall further, and you may or may not need dialysis in the future but on continuous monitoring will tell us about the need for dialysis in the future. Let us keep our hopes alive that the creatinine levels will normalize.

But after many suggestion, i thought of having Vaccine just for the safety purpose. I took Rabipur and TT(titness) vaccine on day 3, about 50hr from the bite. now i have scheduled vaccine to take, (4 more injection). Am i safe. ????? Or the delay was more?

Dear Friend. I have read your query in detail. Furthermore, I understand your concern. You should take Rabies vaccination as early as possible after bite. Since was exposure was not very high, Vaccination would help you. If you want to be very sure, you may take Immunoglobulins, that are costly but would provide you best safety against rabies. If possible keep a watch on the puppy, in case it shows any awkward symptoms, contact the nearest health facility. This is my best opinion for you based on available details. If you have any further query please ask me. Stay Healthy. , MD

But He is often complaining of having chest pain. Currently he is taking Seloken xl .25 mg that had prescribed by the Dr.Can you please explain me what could be cause of this pain? 2)Is it due EPS study?. If yes, then how long will it take to cure completely?.

Cellophane you for asking. I read carefully your concern. According to the history in my opinion if I were his doctor I would exclude the lung diseases to. And the next step it is controlling the lungs with the tests as follows:Chest X spirometry with b/dilatatorsD-DimerArterial blood gamester having these results the pulmonologist will decide for the follow-up of the patient. Thank you .

but i have used prega news pregnancy test after 4 days (18-december). but the result was negative. now i m feelings some pregnancy symptoms like nausea and dizziness. so m i pregnant? please help me.

Hello,First, I suggest you to REPEAT the home pregnancy test or undergo one blood test for beta- to confirm pregnancy as initial test result may be sometimes inconclusive. Beside pregnancy, reasons of late period and above clinical features could be hormonal imbalance, over weight/ extreme loss, extra mental stress or anxiety, emotional upset, eating disorder, thyroid problem, POD etc. On NEGATIVE test, I suggest you to undergo one USG lower abdomen and hormone test to rule out other underlying causative agent and confirm the diagnosis. Kindly, consult with your local gynecologist and take advice accordingly. You may need to take hormonal pill to induce period. You should control body wt, avoid stress, take healthy low carboy . Be well and take care.

But I still have some pain and little swelling from time to time on my right leg. Since march 2011 I started noticing that every month I get some big red-blue bruises on my right thigh. I lately noticed that the come these last months 1 week prior to me getting my period and remain for 2 weeks at least. Why do I get these bruises? I had a scan of my bloodvessels at the hospital twice, I did a echoduppler, I went to a skin doctor, I did 5 test at the lab and no doctor can figure out what is the cause. They now start asking me if someone has beat me. Unbelievable. Can you help me please with some suggiostions or solution?

HBased on your description of your complaints, you seem to be having venous insufficiency of your lower limbs. This commonly in layman term is called as venous insufficiency of lower limbs. That is the veins of lower limbs usually pump the blood from lower limb to heart, after injury to lower limbs or due to any other because they become weak or loos there ability to pump blood back to heart completely. This results in them becoming thick or engorged and sometimes these small veins look bluish and enlarged. These changes are usually seen when you do a color venous Doppler and arterial Doppler of lower limb. Sometimes these discolored veins also are seen after taking some medications. In most cases, the treatment will be exercises and compression stocking application of lower limb. I would request you to consult your doctor again and ask him to clear your doubts. Wish you a speedy recovery. Hope I have answered your query. Let me know if I can assist you further.

BUT I TEND TO SOMETIME GET IRREGULAR PERIODS. I HAVE BEEN GETTING MY PERIODS IRREGULARLY FOR QUITE SOME TIME (EVEN BEFOR I GOT MARRIED). I CAN MISS MY PERIOD FOR 10 WHOLE DAYS AND NOW I THAT JUST HAPPENED AND MY PERIOD DID NOT COME SO I THOUGHT I WAS PREGNANT AND IM NOT. mY PERIOD JUST CAM TODAY WEN IT WAS SUPPOSED TO COME EXACTLY 13 DAYS AGO. wAT IS WRONG WITH MY BODY IM SO AFFRAID FOR MY HEALTH. WILL NI EVER BE ABLE TO HAVE CHILDREN?: (

Hi welcome, your problem related to hormonal imbalance only. For this, to make the hormone into normal level instead of going for hormone tablets I prefer you to go for alternate treatment, being an Ayurveda doctor our system have so many medicines to make it regular, and also we have Ayurveda GAEC wing also for the details and better treatment write to

but looks very ill to me he is 34 years I am out of my mind I work full time and try to look after him
its making me ill we are waiting for a appointment in leeds to se if he will be excepted on the
transeplant list is he in the worst stages of liver desease if so how long has he got to live he has
also got epp-c. kind regards.

Hi thanks for asking question. According to history here it seems to be chronic liver disease with
ascites formation. So excess fluid has to be . Diuretic can be taken.USG done. It might show
Cirrhosis. The ultimate treatment for Chronic liver disease is liver transplantation. And patient is
young . So consult surgeon for guidance regarding transplantation.Meanwhile, advise your son to
take low fat diet. Low salt diet taken to prevent fluid accumulation. Refined food avoided. Non veg,
pizza, butter etc. trans fat avoided. Fruits more. Grined spinach leaves and carrot juice taken daily.
If bleeding with omitting occur immediately consult doc.

But my SGGT, is 203. Cholesterol controlled Crestor, I do use Frizium for anxiety. I do not
understand why SGGt is always above 100. Can explain if you can based on the info given.

Hi, dairy have gone through your question. GGT is an enzyme. It increases in homeostasis. You
may have intro hepatic or extra hepatic homeostasis. You should go for ultrasound abdomen and
complete liver function test. Then you should take treatment accordingly. Hope I have answered
your question, if you have doubt then I will be happy to answer. Wish you a very good health.

But now my viral load (HCV RNA) is NIL but SGOT SGPT is on heigher side I.E : 198 and 347.
Now doctor advice me to take Heptral 400mg twice daily. All other test are Negative like ANA ,
LKM and ASMA . I want to know that can interferon Injections increases the level of SGOT SGPT.
Thanks & Regards Vikram Mittal

Hvikram2305,I am glad that you were started on Interferon injections for treatment of Hep-C. I am
not sure if you were just started on it or have been unit for a while. You say that your HCV RNA has
cleared which is goodness. From that I assume that you have been on treatment for longer than 12
weeks. When there is active viral replication, you can see enzyme elevations temporarily but will
come down if you have been treated with proper dosage. If you were treated by single . That is
something to keep in mind. In that case addition of Bavaria, weight based dosage would be helpful.
I am glad that immune markers are negative. Also, I don't know what your Hep-C Genotype is.
Response depend son that as well. Heptral is pretty much a natural agent and I don't think it is
going to cause any significant side effects. It may give you marginal benefits. Hope you can
discuss this with your doctor. I wish you well.

but on 9th March its start bleeding again but no pain i went to doctor again she took my blood for
test now my B level is 98 what does it mean? my blood group is A-

Hi, dairy have gone through your question. First time when your b level is high you were pregnant.
In pregnancy b level increase very rapidly in initial months. You have fall in b level. You may have
miscarriage. You should consult your doctor and need examination and ultrasound abdomen.
Then take treatment accordingly. Hope I have answered your question, if you have doubt then I will
be happy to answer. Wish you a very good health.

Input	Output
But some how again the problem has relapsed some 10 days back. Please advice how to go about it.	<p>Dear it would be advisable to take rapid for 2 weeks as peep or paroxetine will take nearly 3 weeks to have its antianxiety effect. So take rapid for few more days or else acute attacks will be difficult to manage. Next thing you need to understand is that panic attacks always have some psychological basis behind them. You need to change your faulty cognitions that something will happen and try to control your anxiety. Relaxation exercises and yoga helps a lot.</p>
but still my breathing difficulty continuing. breathing through mouth. i went to same doctor again and told the problem but he gave me some medicines to follow. but no use of that also.im very depressed.what should i do further? pls help me out to overcome this difficulty. pls	<p>Acute breathing difficulties can be due to acute bronchitis or asthma. So better to consult pulmonologist and get done clinical examination of respiratory system, chest x-ray and PFT (Pulmonary Function Test). You may need inhaled bronchodilators (formoterol or albuterol) and inhaled corticosteroid (ICS) (budesonide or fluticasone). Do warm water gargles and steam inhalation 4-5 times a day.Don't worry, you will be alright. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
But the problem is now I had unprotected sex and he cum inside me. Now im worried that I could be pregnant? Please help me. This just happen yesterday? Should I take the morning after pill or should I just wait?	<p>Hello. Whether you need backup birth control after missing a birth control pill depends on where you were in your pack when you missed the pill. For combination BCP's like Tri-Sprintec, if you miss one of the first two pills in the pack, you should take the forgotten pill as soon as you remember and the next at its usual time (just like you did). You should then use a backup method of birth control (e.g., condoms) for one week. If you missed a pill from day 3 through 21 of your pack, you should take the forgotten pill as soon as you remember it and the next at its usual time (as above). Backup birth control is not required in this case. If you missed one of the inactive pills (the white ones), you don't need to take the forgotten pill, and no backup birth control is needed.bGiven those scenarios, you can decide whether you need emergency contraception. Specifically, if you missed one of the first two pills of your pack and had unprotected sex within a week, you should take emergency contraception. Otherwise, emergency contraception isn't indicated. I hope that answers your question!</p>
But the side effects are driving me insane. I need some help, please.	<p>Hwhat you have might be side effect of the . It contains tacrolimus which is supposed to cause the symptoms you are specifying. You might need to readjust the dosage of program after a test called as zero hour tacrolimus levels which is done early morning before you take the dose of program. If the levels come above normal range that means you are taking high dosage of program, and you might need to reduce it after consulting your nephrologist. Kindly talk to your nephrologist and consult him about the same. Thank you</p>
but triglycerides is 319. i am regularly taking glucoformin 1000xl at night and onglyza 5mg with lipicard 160mg after breakfast from past 9 months. still tri is high. lost wait from 76 to 67 now. please confirm if i have to change my medicines?	<p>HI understand your concern. I am , infectious diseases specialist, answering your query. In my opinion you should continue the medication. Medication provided to you was right and need not required to change. It is good that your weight is reduced. You have to make effort continue to reduce weight further. To reduce cholesterol and LDL you have to start exercise initially mild</p>

exercise is enough and need to start thereafter strong exercise. Diet control with the mean of low fat diet. High protein diet also helps maintain building block of the body. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

But we r very worried about side effects of Steroid treatment on its long term use. Also, we know ALLOPATHY does not have any medicine to cure ILD. Can you advise us on benefits of Ayurvedic treatment in her case. And should we really think of Ayurvedic treatment in this case coupled with PRANAYAM & other breathing exercises. Pls. Help ! Rajeev

Honestly speaking, no ayurvedic treatment is available and effective for OLD (interstitial lung disease). So better not to go for ayurvedic treatment. Yes, you can definitely start Panama and yoga. Deep breathing exercises and incentive spirometry are also beneficial. All these techniques basically strengthen lungs and improve lung functions. So these are good for OLD patients. Perfinodone is the newest FDA approved . It is anti-fibrotic

But we want to have a baby, weve been trying to have one the last 11months ago I think, until now, we are still trying. My question is, is there a possibility that a 19y/o woman and a 21y/o be sterile? Why and how?

Hi, Females once they start having menstrual cycle they become fertile and capable of becoming pregnant. Same with males. Around age of 14 to 16 they achieve puberty and sperms are produced. Before that age they will be fertile. For you, I suggest getting your follicular study which tell, you are producing eggs or not and timing. Also get your husband semen analysis done. If both are normal you can try normally to conceive for 3 to 4 yrs. If any abnormality detected it can be treated. Important is you need to have intercourse during fertile period. It will be 12th to 16th day for 30 days cycle. Hope I have been helpful. Regards

by the time they arrived he was responsive. he was highly intoxicated. pupils equal. first responders took a bp over sweatshirt that was 90/80. could not count his hr. when ems arrived took second bp 110/ 80 again over sweatshirt. he refused to go to er but we insisted. I feel they didnt want to take him because of lack of insurance. Were we wrong in thinking he should get checked?

Hi There are two possibilities, one is syncope and other is seizures. Did he have any abnormal jerky or tightening of limbs, if yes it points towards seizures? I think in his case, syncope was a likely possibility, probably vasovagal syncope. Probably due to fall in BP leading to decreased blood supply to brain. What was he doing just before this episode? He'll need evaluation, ECG, holder and echo. Monitor his BP and pulse rate. Ask him avoid risky places and activities like . Avoid deny

By week two the pain was much less and they send me home with antibiotics. Now another week on. I feel like something get stuck under my ribs - feels like when a baby pushes with his feet against it (not sore, but pressure). I also get a feeling of movement in my stomach from time to time. again like when you are pregnant. I am not!!! Had my period a week ago. and I am 46. They also found a haemangioma in my liver during the scan, but said it was small and could not have caused the pain (1-2cm). I am worried about this. something is not right.

I have read details of your question. As per your details, it looks to be a pain due to gall bladder problem. There can be inflammation of gall bladder which is not detected by other investigations. At present, you should have HIDE scan. This is a test which is able to detect the dysfunction of gall bladder, which may be the reason for your pain. Hope this will help you. With best wishes.

C4-C5 AND C5-C6 Disc bulge indenting on ventral thecal sac 2. type I tear in L-4-L5 disc in posterior aspect with disc bulge indenting on ventral thecal sac with bilateral foraminal stenosis iam suffering from dizziness and vomiting sensation with neck and shoulder pain

Treatment depends upon various factors' viz. age, duration as well as intensity of symptoms,

associated medical conditions. However depending upon the MRI report you have mentioned we can proceed in further manner ant inflammatory and muscle relaxants. Tablet diclofenac 50 mg and thiocholchicoside 4 mg twice daily2) local application gel3) ultrasound and it to local pain spot)4 avoiding heavy work and forward bending after relief in pain physiotherapy needs to be started after

C5-C6: Broad based disc osteophyte complex most prominent in the right subarticular with slight compression of the cervical spinal cord. Bilateral uncovertebral joint hypertrophy. Bilateral facet joint hypertrophy. Mild central stenosis. Severe right and moderate left neural foraminal stenosis.2. Multilevel cervical spondylosis.Thank you!

Hi, The changes described are degenerative (related to aging and lifestyle). A disc osteophyte complex occurs when the intervertebral disc moves backwards (slip disc) and the adjacent bone enlarges to try and keep the disc in place. This leads to compression of the spinal cord and adjacent nerve roots which cause symptoms. Uncovertebral arthrosis and facet joint hypertrophy simply represent degenerative arthritis of some joints in your cervical spine which may cause pain by itself or cause compression of your nerve roots. Foraminal stenosis means that there is narrowing of the neural foramen which is the pathway through which your nerve roots pass. Treatment usually depends on your symptoms. If you have severe symptoms of nerve root compression (tingling or shooting pain along an arm, weakness of one hand, etc.) you may need operative intervention. However, if pain is your only symptom, you may improve only with medication and physiotherapy. You need to meet an orthopedic surgeon to evaluate your problems and discuss various options. Sincerely, Vamshi

ca rectum, post operated case, eosinophil -9,alkaline phosph-157, pain in sacrum, swelling in right leg since 1 week, esr-30, presently on capecitabine since last 3 months ,inj zolnidronic acid every 4 week. what is the cause of swelling? very poor patient.

HPost-cancer rectum surgery the symptoms of sacrum pain, lower limb swelling is common. Continue the medicine advised post surgery and use stocking for lower limbs to avoid swelling. As there is a lack of venous return the stocking will provide good support to the muscular system to help improve . Also, for sacrum pain, it is due to muscle weakness. I will advise doing an exercise like knee flexion-extension, ankle toe movements, bridging exercise etc. to improve the muscle physiology. As post surgery cases are advised for physiotherapy for their muscle property to be maintained I will advise doing simple exercises by which you get relief. Hope I have answered your query. Let me know if I can assist you further. Jay In

Calcific density noted in the right renal area 2. Rest of KUB is normal 3. Psoas shadows are normal 4. Bony structures are normal IMPRESSION: RIGHT RENAL CALCULUS What are the simple things that i can do to avoid this. I usually have pain below my testis and it comes once in a year and pains for over 2-3 sometimes a week and then i urinate bloody urine and the pain is all over. The urine report says plenty of RBC cells.

Good day!did the PUB mention how big is the kidney stone? Treatment would depend on the size of the kidney stone and the location. Testicular pain would be radiated pain from stones that are spontaneously passing out through the ureter and this will come out with blood clots.to prevent further stones in the kidney the most important would be increasing water intake to 2-3 litres per day. Decreasing animal fat in the diet and lowering salt intake. I hope I have answered your question.

can i what is cause for my liver, is not working functioning well?.pls tell me how to reduce sgpt,triglycerides & cholesterol levels

Hi. Thanks for posting query at . Usually ALT or AST values higher than two times the upper normal limit, is considered abnormal (in some countries, ALT or AST values of more than 100 are

considered abnormal). Value of AST or ALT greater than 85 or above maybe investigated further.

Alcohol ingestion and obesity are common causes of fatty liver disease. However you're also advised to check viral(hepatitis0 HBV, HCV) serology. Advice :- abstinence from Alcohol - LOW fat diet should be followed, AVOID junk food and beverages-decreased oil consumption (oily food)- NO red meat-green vegetables should be ingested daily-use lemon juice (lemonade) once in a day-reduce weight if overweight/obese-recheck liver enzymes after 6 to 8 weeks (and ultrasound).any further questions are welcomed. Hope to answer your concern. Wish you good health. Regards, .

Can he take benzonatate 100 mg. My email address is YYYY@YYYY

Benzoate is centrally acting cough suppressant. So it is given for . In bronchiectasis, patient usually gets cough with plenty of mucus expectoration. So Benzoate is not given in bronchiectasis. You can ask give him N acetyl cysteine (NAC). It is buccolic, expectorant and antioxidant in nature. It should be given twice daily. Furthermore, it is having excellent effect in bronchiectasis. Hope I have solved your query. I will be happy to help you further. Wishing good health to your husband.

Thanks.

Can her vaginal fluids enter my exposed penis as she applied lotion, making me infective (unknown status)?2. I had two p24 tests done at four and nine weeks. Both came negative. Should I go to 12 weeks or is this conclusive? Is there any chance of turning negative to positive?3. I feel swollen lymph node in my neck which occurred close to 12 weeks now. Am I HIV infective? Please help with your reply, and I am getting stressed.

Hello. Answers to your queries are, This is not a likely situation of entry of HIV through the vaginal fluid. Acquisition of HIV in this scenario is non-existent. Your fears are unwanted. 2) It is good that your p24 test is negative at four and nine weeks. Majority of the individuals (approximately 97 %) turned positive after an HIV exposure in two to eight weeks, and a very few take six months for the test to become positive. As per the recommendations and I also suggest you undertake a repeat HIV antibody test at three months and if negative then at six months. You need not repeat it in between. 3) Enlargements of lymph nodes can be in multiple conditions. Get it evaluated. Lymph node biopsy helps in establishing the diagnosis. I hope your queries are answered, but if you still have, feel free to ask.

Can i be pregnant if my boyfriend cumed in my mouth but i spitted it out in a tissue then immediately i kissed him and i transfer some left over sperm in my mouth to him. Then he immediately lick my vagina and spitted in my vagina. Would there be a chance that i would be pregnant? Will the sperm die if the sperm comes in contact with the saliva because it is slightly acidic?2. Can i be pregnant if I blow job my boyfriend and he cleans up the sperm then wash his hands with a sanitizer after 5 minutes he fingered me again. I was wet. Will I be pregnant?3. Can i be pregnant if my boyfriend and I was dry humping and my boyfriend was naked and he was rubbing his penis on my shorts i had a pantie but i learned after there was a hole in the shorts and i was so wet is there a chance that i can be pregnant?

Regarding your 1st query, after kiss there will be minimal chance of semen or sperms entering into his mouth and then into vagina. A big NO. 2. Since he's used sanitizer, all sperms would be dead and again rare occasion to get pregnant 3. Even third instance, if you are not sure of ejaculation entering vagina then you need not worry All in all, do not worry and wait for your regular periods. Hope this helps you.

Can I get infected with hepatitis B and C in the future? 2. How can I overcome with high bilirubin? 3. My digestive system is also not as good as previous. 4. Will I suffer from any sexual infection in

the future.	<p>Hello doctor, A negative test for hepatitis B and C, three months after that unprotected anal sex rules these out as a cause for your hepatitis. Perhaps it was another cause for hepatitis, may be hepatitis A which is transmitted through contaminated food rather than by sex. Hepatitis B and C are transmitted through unprotected sex or blood, e.g. transfusion or sharing needles. So, these scenarios can pose a risk of hepatitis. For raised bilirubin, I suggest you consult a physician kindly. I also suggest you screen for hepatitis A. STDs can happen if you indulge in unprotected sex or sex with partners with high-risk behavior.</p>
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<p>Can IC never be cured 2. Can niftran tablet affect my Kidney since i have a single one. 3. I am not able to understand that is this a gynaec problem or urological.How do i find the exact cause behind the infection 4. Does IC affect pregnancy</p>	<p>HelloThanks for your query. Based on the facts that you have posted it appears that you have a single kidney from birth and have repeated episodes of UTI. Your Urologist has diagnosed it to be due to Interstitial Cystitis. The diagnosis of Interstitial cystitis can be confirmed only on biopsy of the urinary bladder and can not be diagnosed only on clinical or routine urine tests. Niftran is a Urinary antiseptic and does not can not damage kidney.IC can not be cured permanently, one usually gets relapses and recurrence of symptoms. Your problem is an Urological problem and not Gynecological one.Icily not affect pregnancy if treated symptomatically during pregnancy. .</p>
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<p>Can it be used on face? 2. Can it be used by men? 3. Will it cause any side effects in future? 4. What precautions do we need to take while using it. Please clarify the above points.</p>	<p>HelloThanks for posting your query said that you are not very dark. My suggestion is only to apply a good sunscreen half and hour before you go out. That will keep your skin texture intact and will prevent from sun tan and darkening. Creams like Write contain shy . It is like going to a parlor. It is not a permanent remedy, and you may have to apply continuously. Furthermore, it definitely produces side effects in the long run especially reddening of face and the steroid will produce increased facial hair under the eyes. Retinoid acid produces burning sensation when you go out in sunlight. As no medication can change the texture permanently and without side effects it is better to accept our own color and be with it. Have a nice days Prasad</p>
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Input	Output
Can nicotine lozenges cause or further aggravate leukoplakia? I recently used smokeless tobacco for about 3 weeks after not being a regular user for nearly a decade. That ended a week ago but this week, I'm developing small white bumps on my gumline (2) and lower lip (that look like images of leukoplakia. I'm going to see a dentist asap. I've switched over to nicotine lozenges in the meantime.	<p>With your query, as such nicotine in any form is injurious to health and the most common lesions are these white lesions what you see. This clearly indicates you cannot use nicotine either smokeless or lozenges because both the forms will aggravate the situation. Stop using which can definitely be considered as main treatment for the white lesions and for symptomatic relief please visit your specialist dentist that is oral medicine. Hope this helps you. Moment you stop using nicotine you can appreciate the change</p>
Can stomach ulcer prevent one from becoming pregnant? 2. At age 37, can a woman conceive without any side effect? 3. What are the remedies or cure for stomach ulcer? Thank you.	<p>stomach ulcer is no way related to pregnancy. u can definitely conceive at age 37. u need to get an endoscopy to find out the cause for stomach ulcer and get it treated. as of now take tablet pantoprazole 40 mg half an hour before food. if still it persists its better u start on H-pylori kit. cut down spicy foods and alcohol. take plenty of water and fruits and vegetables. u will be fine. take care</p>
Can't walk now (she could till 1 month b4). 2. Sleeps 19 hours a day. 3. Has droopy eyelids. 4. Has breathing problem during the sleep. She is depressed. She thinks she will die. I am upset.	<p>HAAs you must have known much about the muscular dystrophy I will not stretch more on it. The symptoms indicate that she needs to undergo physiotherapy guided exercises to improve the overall well-being. The exercise will include strengthening exercises, breathing exercises, gait training, etc. Once the physiotherapist assists the muscles which need attention he/she will guide towards the best possible rehabilitation training program which will help your friend to overcome this muscle weakness. As of now we don't have any medicine to possibly stop the progression of the muscular dystrophy. We need to work behind improving the quality of life and make them independent as much as we can. In my clinical practice of over 12 years most muscular dystrophy cases have responded well to physiotherapy. Hope I have answered your query. Let me know if I can assist you further. Jay In .</p>
Can the spinal TB be diagnosed by MRI and blood tests? 2. When should he actually start feeling better? 3. Can he resume his work from June?	<p>Angioplasty and detection of spinal problem or tuberculosis is purely incidental and by no means angioplasty can cause that. Now moving toward the second question, MRI or blood test is not the sure shot way to detect Tuberculosis, however based on the clinical situation you describe and if the MRI picture is characteristic along with associated symptoms and Supporting blood investigation, and considering how common is TB in that area, one can start with fair chance of getting results the treatment for TB and as you describe He is already responding. Last each individual responds differently, and it also depends on the baseline condition. However, he should be good by 3-4 weeks of treatment. For pain, apart from . Sir as June is already on to end I think you may have got that answer. However, I would prefer it to heal completely. Regards</p>
Can these cause anaphylaxis? How accurate are the RAST test? I was put on an elimination diet but the hives are still there. I occasionally get angioedema with it also. Can angiodema cause anaphylaxis? As you can see I am so scared for my throat to close up that I am scared to eat anything. I have only been eating a couple of things daily and live off that.	<p>H . RAST is a highly accurate test. If the test is positive for a specific allergen, it shows that you are</p>

sensitized to that particular allergen. This means that you may mount an allergic response when you are exposed to that allergen. However, it does not mean that you will necessarily have an allergic reaction to that substance and, nor does it mean that any reactions will be severe. If the test is negative, it means that one does not have the ability to mount an allergic reaction to that allergen and any symptoms one may be experiencing are probably not due to an allergic reaction to that substance. However, the results of the RAST need to be interpreted in conjunction with your clinical history. e.g the presence of allergy to some or few allergens which may possibly be present either in the environment or food does not necessarily mean that they are responsible for the symptoms because if they are not even present in the environment or food of an individual, then they are irrelevant. In your case, an elimination diet has not helped thus proving the fact that RAST test results should be carefully interpreted along with clinical history and does not necessarily mean that you will necessarily have an allergic reaction to the substance that you tested. Angioedema is frequently associated with urticaria. Pathogenesis is the same for both urticaria as well as angioedema. The presence of angioedema does not always mean that it is a part of anaphylaxis. Angioedema can be a part of anaphylaxis in those individuals who have a severe allergic reaction to an allergen with high levels of antibodies circulating in the blood. Since you have only class 1 and 2 level antibodies therefore it is unlikely that these antigens or allergens would cause anaphylaxis.

Can they be as small as 1mm? 2. If you see a doctor and got the medicine for it, how to you keep any more unhatched eggs around the house or on your clothes from infecting you again? 3. Is it a bad thing to have worms inside you? 4. Is there a way to kill these worms by eating something not a medicine(something like orange or lettuce)? 5. how do you keep other people from getting infected in your family when you have them?

Hello dear, I read and understand your concern. Pin worm or enteric vernaculars is the very tiny worm which lives in the area around anal canal. They won't reside in the intestine itself. Yes they are highly infectious it can infect the other members if the one member is infected. It can also spread through respiratory tract. Yes it is a bad thing to have worms inside you, it may cause severe itching around the anal canal. Clothing should be washed separately of infected person. Bedsheet should be changed daily until the infected person cured. Albendazole can be given to the infected person. If the infected person is more in numbers than all the members requires a treatment simultaneously. There are no other treatment methods other than . I will be happy to answer your further concern on

Can they be as small as 1mm?(because i keep itching everywhere on my body) 2. If you see a doctor and got the medicine for it, how to you keep any more unhatched eggs around the house or on your clothes from infecting you again?(cause i went to the doctor before and ate the medicine but somehow my itching got back after a month) 3. Is it a bad thing to have worms inside you? 4. Is there a way to kill these worms by eating something not a medicine(something like orange or lettuce)?(cause I really don't want to bother my mum again to take me to the doctor after only just a month) 5. how do you keep other people from getting infected in your family when you have them?(I don't want my mum to get the same thing) 6.does doing sports such as swimming kill them off gradually?

Hi Dear, Intestinal worms such as pin worm and thread worm are small but visible to naked eye. It is their eggs which are too small to be seen by naked human eye. These worms lay their eggs at the anal opening at nighttime and cause irritation, leading to itching. When you scratch the anal opening due to itching, these tiny eggs get collected under your nails and when you eat something these eggs get transferred orally to the stomach where they grow into adult worms and the cycle is

repeated. To avoid reinfection, keep your nails closely cropped, wash your hands with soap and water regularly, especially after toilet. Do not insert your finger in . Don't worry your mom will not get the infection. I have no idea of any natural edible substance capable of killing these pests.

Can u help me to gain better understanding in the diagnoses . Thank you	You should always write your physical complaints along with reports . see thecal sac carries spinal cord in if there is indentation it means the is some pressure over spinal cord depending on the degree .in your case MINIMAL. if you are having heaviness of legs and foot its worrying then . else wear a lumbar belt and some analgesic s .and follow your neurologists advice. You can contact me at: luxman02@gmail.com with all your details including medicines .your test reports, your other illnesses
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Can you give me the cpt exact wording for that code. I am familiar with 81000 to 81003 etc, but do not have my cpt book here to read description. Also how does it work when you do a ua in a doctor s office and they send it to a lab to do an intrepreaton on it. I received word that it showed up as Meth which I DO NOT DO on any occasion. I do take Amplodipine and took 2 Adderall that particular week because could not concentrate, but normally do not take them anymore. Could any of those constitute the wrong information.	Hi, Adderall and methamphetamine are identical. They will show up the same way. How it is interpreted varies considerably. Some will just show the result without interpretation. Others have someone make sure the results make sense. In your case, they make sense. If the Adderall is NOT PRESCRIBED to you, it isn't any different from if it were methamphetamine. Hope I have answered your query. Let me know if I can assist you further.
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Can you please help me? Is it implantation bleeding or withdrawal bleeding?2. When did she get her periods?3. When we will surely come to know there is no pregnancy?4. When to use a pregnancy test?	H forum. It is likely that she has got her with . This can be confirmed by getting a serum beta hCG test (human chorionic gonadotrophin test) done which can conclusively rule out pregnancy as well, earliest by 10 days post intercourse. If the hCG levels are less than 3mIU then she is surely not pregnant and the bleed is not an implantation bleed(as it is always a retrospective diagnosis). She would get her menses now only after a month counting from the day of the start of the with
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Can you please tell me what it could be?	Hello dear Understand your concern. Brown discharge during pregnancy is not a good sign. You should consult the gynecologist immediately. Following are the causes of your problem:Vaginal infectionMisscarriage/abortionEctopic pregnancyVaginal infectionsCervical bleeding better to consult the gynecologist and undergoPelvic examination USG for fetal sac and heart activityStart medicine to maintain pregnancySwab test for vaginal infectionAfter diagnosis take proper treatment Hope this may help you Best regards
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Cardiac and pulmonary exams are notable for bibasilar crackles and a systolic murmur that radiates to the carotids. Neurological exam is deferred due to the patient's condition. Laboratory values are shown below. Hemoglobin: 12 g/dL Hematocrit: 36% Leukocyte count: 9,500 cells/mm^3 with normal differential Platelet count: 199,000/mm^3
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Serum:

Na+: 144 mEq/L

Cl-: 98 mEq/L

K+: 4.0 mEq/L

HCO3-: 16 mEq/L

BUN: 44 mg/dL

Glucose: 202 mg/dL

Creatinine: 2.7 mg/dL

Ca2+: 9.2 mg/dL

AST: 12 U/L

ALT: 22 U/L

The patient is started on IV fluids. Which represents the best next step in management?

Discontinue the patient's home medications

Cefadroxil capsules : twice daily for 10 days 2. Itraconazole capsules : twice daily for 10 days 3.

Levocetirizine tablet : once after dinner for 10 days 4. Onabet lotion : twice daily application for 10 days 5. Washing/bathing with Kz soap There s a burning sensation after using onabet lotion for the first 10 minutes. Is it ok? Or shall I use coconut oil instead of onabet? How much time does it generally take to get absolutely free from the problem? Please revert

Hi Thanks for writing in . Well, after going through your post, what has been prescribed by Dermatologist for fungal infection is absolutely right. Since fungal infections take a little longer to heal, you need to be patient and can not expect quick results. You cannot replace On abet lotion with coconut oil. In case the lotion is causing burning sensation, you can replace it with On abet powder. Kindly continue the same, and it would take about 2 weeks for complete recovery. Wish you good health.

central disc bulging noted L4/5 indenting the theca. loss of lordosis. Have had a course of physiotherapy and accupunture, gp thinks either spinal injections or surgery best way forward, though none of these findings have really been explained to myself

Whether you can bend easily.2.does coughing/sneezing accelerates pain locally. 3. can you lift objects from ground?. 4.is the pain continuously there or comes on movement? 5. is your daily work, occupation hampered? If all these are positive then surgery is a solution. Some spine surgeons do laparoscopic removal of disc through a minute hole, while others do open surgery especially if fusion of adjacent vertebrae is necessary in view of foraminal pathology, nerve compression and rotatory spine movement bring on radiation of pain to lower limbs or to severity of back pain. Epidurals are tried for remission of pains if surgery is not yet possible/or indicated and normal daily activity is not . I hope this solves your question

Cephalexin 2. Amoxicillin & clay. Do u think I should try one of these, or what do u suggest? Many thanks carmella

Hello Carmela! I have been through your question. Related your concern you should know when Burundi ulcers are identified early and treated appropriately with antibiotics, the prognosis is good and not need a surgery. If treatment is delayed, surgical debridement, skin grafts, extensive wound care, and physical therapy may be needed for the sequela. What I suggest for you in conditions that you have to choose between two antibiotics is oral cephalixin, although the best choice of treatment of mycobacterium ulcers is combination of rifampicin with streptomycin for 4-8 weeks. I hope my answer helps you. I wish you a quick recovery.

Cervical Spondylosis at C4,C5, C6 Vertebra.2. Pestrocentral and LT PARacentral Herniation of C5-C6 Disc witpression of Thecal SAC and LT N. Root3. Psoterior Bulging C3-C4 and C4-C5 disc4. There is loss of normal cervical lordsis with loss alignment at C5/C6 Level.5. There is Posterior bulging C3-C4 and C4-C5 disc

At C5-6 level, there is posterocentral and left paracentral herniation of intervertebral disc which is compressing the thecal sac and left nerve roots. 2. There is posterior bulging of inter vertebral discs at C3-4 and C4-5 level.3. There is loss of normal cervical lordosis and spondylitic changes noted at C4,C5 and C6 level. Majority of the cases of degenerative spine disease are benefited by physiotherapy, so physiotherapy should be tried first. Surgery should be the last option. There are also medicines like capsule pregabalin available for pain relief. Treatment can be planned after consultation with neurosurgeon. Get well soon. Take Care .

Checked home pregnancy test and it came back to be negative. Then on 14 th Jan 2012 i went to a gynecologist and she said that i dint get periods because of polycystic ovary after the scan and gave me Regestrone(for 3 days) to regularize my periods and Glycomet for PCO. Then too i dint get the periods. i consulted another doctor and she asked me to wait for another 3 weeks and stop all the tablets. on 1st Feb 2012 i checked with the home pregnancy test and i got two pink lines of

different shades. Many said its Positive. Is this positive result because of glycomet???

One very simple thing I would like to mentioned here and that is ultrasonography test this would rule out the possibility of pregnancy, because urine is not reliable and its very uncertain difficult to comment on this, because this may due to glycogen medicine or may not be, if this shows positive result this could be matter of research, hope this information helps, have a nice day.

Cholesterol is 228, LDL is143, Triglycerides is 216. My HBsAg and Hepatitis C Ab is negative. what would be the cause for my elevated SPGT and SGOT. I take advil very often.

Hi, Thank you for submitting your query. I would like to know why do you take Advil frequently??

Your reports suggest you are having altered Liver Function Test. Advil is a non-steroidal anti-inflammatory . I suggest you to stop abusing it and if you can take a professional help. One more thing I would recommend you to get an ultrasound scan of liver done after discussing it with your doctor to exclude liver enlargement that is Hepatomegaly. If it is confirmed, you may be having Non-alcoholic fatty liver disease which has raised you liver enzymes. There is nothing to panic about as it is common with advancing age. You need to cut down your fat intake and increase physical activity,

Cholesterol no so good. Triglycerides 239 LDL 133 HDL 26 total. Cholesterol 207. Doctor scheduled the soonest appointment to fit me in one month from now almost 2 from the Er visit. Here is the deal since I got out of the er I still feel bad every 2 /4 days Ive been getting a pain that goes through my chest starts on the left and goes to the right after that I get light headed and dizzy with an terrible fear that Im going to die. I try to calm myself but it wont go away till I lay down. After that Im wiped out for a day or so till I force myself to get up and go do some physical work. This weekend it happened again and I was wreaked all weekend I forced myself up for work and now I have pain just above my stomach or upper stomach but below my ribs or bottom rib again this pain will go away if I lay flat. I have had a lot of burping and gas since I started the prilosec and cozaar. Im 37 years old and scared that Im going to die from this. What is wrong with me.

HFirst remove the fear of dying, nothing will happen as your cardiac work up is negative and also symptoms doesn't fit in heart attack. I need to know more about the symptoms, like precipitating factors, factors that increase pain etc. Mostly it's a gastritis and reflux disease. You have upper abdominal pain, nausea, bloating, burping, does there is increase in pain on food, sour water feeling in throat or chest burning, if yes it further supports the diagnosis. You should avoid fatty, oily and high calorie diet. Have some walk after having food instead of taking rest. Have multiple small meals instead of heavy meals. Have regular sleep habits and avoid stress. Lots of green leafy vegetables, fruits. Avoid smoking and alcohol if any. You can get prescribed tab Pan DSR 40 mg before breakfast once a day for 2 weeks instead of Prilosec. Or you can DSR form of Prilosec as well. Along with this you'll need SYR sacral O two teaspoon three times a day for one week. Also, you can End sachet once in a while, if having severe pain. Secondly does this pain increase on applying pressure over the area, if yes it could be Costco . Does this pain increase on deep breathing and coughing etc. if yes it a pain arising from lining of lungs and needs NSAIDs treatment and evaluation.

Cholesterol was 262 with LDL being 179, hdl being 74, and triglycerides being 54. My blood pressure at the doctors office was 124/90 while sitting, 117/79 while laying down and 177/81 while standing. I was very nervous an attributed that to the readings. Since then, I have been so worried about the elevated enzymes that it has caused me to stress. The other liver function test they did was normal and i didnt test positive for hepitiits. Today my blood pressure was 134/100 and 2 minutes later it was 117/76. Im afraid my cuff may be going bad or something because how could it go down so fast?? Im super worried.

Degree understand your concerns. I went through your details. As your doctors said, nervousness

is evident from the blood pressure readings. The condition becomes a sort of obsession with Hyperion . But it is never actual. Whenever you see the sphygmomanometer, your BP rise. Obsession. Nothing to worry. Time shall take care of it. The more you measure your BP (another person should do it) the easier for the cure of this condition. Meanwhile, you should learn some lessons about your health, life, diseases, past future etc. Please post a direct query with every detail. I shall prescribe some psychotherapy techniques to practice. I assure good relief. Hope this answers your query. Available for further clarifications. Good luck.

Input	Output
cholesterol 168 mg/dl2.triglyceride 186 mg/dl3. hdl-cholesterol 40 mg/dl4.lldl-cholesterol 105 mg/dl drug being taken- avas 10 mg/per day advise whether this is ok	<p>Hello Thanks for writing to You have almost normal findings with medicines. You should continue medicines. Normally total cholesterol should be below 200 mg/DL. You have 168 mg/DL, so it is fine. Triglyceride level is mildly high. It should be below 150 mg/DL.HDL level is good. LDL is towards upper limit. It should be below 100 mg/DL. Beside medicines, you should be active in your daily life. You should avoid red meat and high fat milk products. Cook food in olive or canola oil. You should take limited salt in your diet. You should also avoid fried and junk food. Take a lot of fruits and vegetables. You should also increase your physical activity in the form of walking and exercise. Avoid alcohol and cigarettes if you take these things. Hope I have answered your question. Take Care .</p>

<p>Chronic bilateral L5 spondylolysis with mild secondary hypertrophic change. There is a mild annular disc bulging extending into the neural foramina. mild ilateral S1 nerve root impingement within the lateral recesses. No central stenosis . Severe right and moderate-severe left L5 foraminal stenosis with some nerve root compression. There is mild apophyseal joint hypertrophy at the contiguous L4-5 level. The disc is essentially normal. Higher levels are virtually normal in appearance, mionor chronic degenerative change at L1-2 conus positioned at T12. Paraspinal muscautue symmetric. Impression: Bilateral L5 spondylolysis with grade 1 isthmic spondylolisthesis. Annular Bulging or wide base protrusion extending into the neural foramina. Moderate-severe L5 foraminal stenosis and nerve root compression greater on the right. Only mild encroachment of the S1 lateral recesses. mild facet arthropathy At L4-5. No significant finging at the higher levels otherwise. I would like to know your opion. Also what treatment would you recomend. Thanks 435</p>	<p>Hi, Thank you for posting your query. MRI findings report suggest lumbar spondylosis, bulging of discs (soft tissue located between the backbones) at a few places in the lower back, and mild pressure on the lower back nerves. Treatment depends on the symptoms that you have. If it is back pain and leg pain, then medications such as pregabalin or gabapentin are useful. In addition, physiotherapy such as IT/ultrasound and back extension exercises are also useful. Best wishes, .</p>
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<p>chronic venous sinus thrombosis with wall calcification 2. sequelae of chronic Neonetal Meningitis and 3. left temporo- parietal lobe atrophy diagnosed from CT scan. Please suggest me.</p>	<p>Good evening. You have an infant with neonatal meningitis and sequela thereof. Hereone has to take special care since you have a special needs infant. Make sure that her growth is maintained normally with adequate nutrition, in terms of formula, vitamin supplementation, and trace elements.a Simple measurement of the head circumference and maintain record will help you assess her brain growth and also whether she is going in for atrophy causing a smaller head (microcephaly)or HY . Routine check up for hearing and vision is a must and may involve special procedures. One common complication of meningitis is seizures or fits. You have to consult a pediatric neurologist because he will assess the electrical activity in the brain by EEG and prescribe medications if the EEG shows abnormal electrical activity ---very likely, he will start on specific medications to prevent seizures. She will also need a physiotherapist to help her muscles from getting too tight or too loose and floppy. The progress is ascertained by periodic regular evaluation and harnessing all resources needed for a special needs motor and behavioral development.</p>
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Clavulanate 625 twice a day2. Montelukast sodium & levocetirizine 3. Chlorhexidine mouth
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<p>washAnd anyways Im getting cold obce by every 2monts and almost every seasonal climate change. Kindly requesting you to analyze my problems and provide me a solution which makes me confident. thank you</p>	<p>As per your query as you are having the symptoms of sneezing, itching in ears, cold, toothache, headache then they can be most probably due to flaring of sinus inflammation of as you already have a history of Sinusitis. It can be secondary to delayed allergic reaction in case if it always occurs after eating sweet. I would suggest you to consult an Allergist or an Otolaryngologies and get evaluated. You can be advised blood test for ruling out allergies as well as x-ray of sinuses. Aa of now if the symptoms are present you can continue the above Medication and along with it, you can also do steam inhalation and saline nasal irrigation. Take decongestant nasal spray containing ingredients like Xylometazoline. Any further queries are welcome. Regards.</p>
<p>clean my teeth with colgate, and then peroxide dioxide. It did not work the smell continues then I add 2. cleaning my teeth with a waterpik to remove plaque (sarro), It did not work, then I continue doing 1, and 2, and add 3. gargling with sesame oil, it did not work, I continue doing 1, 2, and 3 and add 4. gargling lemon with sea salt. It removed a lot of mucus from my throat, but I still have some smelling, I forgot to said that I also bought some mouthwash and I am doing all of these, I need to remove that bad smelling form me. Any help, please. Jose</p>	<p>I have gone through your query, as you have mentioned that you have problem of Halitosis, now you are doing many things still you have problem of Halitosis, for this you should consult Dentist and go for Scaling and root planning, so that if there is any Sublingual calculus and stains are removed Secondly, halitosis can be due to medication also if you are taking any medicine, possibility of halitosis is due to medication also, You do is Brush you teeth twice daily, Do Chlorhexidine mouthwash twice daily , Clean your tongue properly with tongue cleaner, Visit dentist for Scaling, Hope this will help you. Wishing you good healthRegards</p>
<p>Co-Diavon. 2.Stalo-10 3. Ravelol-XL-50. 4. Ecosprin. 5.Riomet-Tio-2mg. 6.Tonnect-Tg. 7. Biostar Gold. Kindly advise. Shankar Pillay Patient e-mail: YYYY@YYYY</p>	<p>Hi I understand your query and concern. Concentric left ventricular hypertrophy in your case is due to Hypertension. The . Monitor your blood pressure and heart regularly. I advise you to have a baseline 2 dimensional echocardiography, ECG and lipid profile to assess the basic cardiac reserve of your heart. Restrict the intake of salt to less than 6g/day. Regular physical exercise in the form of brisk walk for 20 min a day for 5 days a week is pretty useful. These</p>
<p>Cold sore on lower left part of lip. Had Abreva covers, swore by them. Put it on to cover up the coldsore and I made out with her. Later on it fell off so I didn t want to kiss her anymore, but could help but to kiss her on the cheek. When I did, a few times she brushed up against my cheek and neck with the cold sore. What are the chances I have herpes simplex virus, and if I did contract the virus from the interaction, how long until I know whether or not I have it? How long would it take for a cold sore to appear, or this infamous tingle I hear about, etc.</p>	<p>Hello dear, I read and understand your concern. Herpes infection occurs only in a person having weak immune system. So if you have strong immune system than you never going to have herpes as such. Though she has burst at neck and cheek blister you are exposed to the lips for surely but you mostly won't suffer with shingles. Please maintain good hygiene it can prevent future infection. You can take prophylactic acyclovir treatment under your doctors' guidance. Please eat healthy diet like fruits, . I will be happy to answer your further concern on</p>
<p>Complete tear of the Proximal Femoral Attachment of the Anterior Cruciate Ligament2. Complex tear of the Posterior Horn of the Medial Meniscus with both horizontal and vertical tear components.What is the treatment procedure for these?</p>	<p>Hi.normally Anterior Cruciate Ligament accounts for the front and back stability of the knee joint</p>

and medial meniscus acts the cushion for the knee joint preventing two bony surfacing from rubbing against each other. Now and to your in - ACL and MM injury can be treated nonsurgical by physiotherapy and medication, but person might continue to have pain and can cause early osteoarthritis.2) MM tear can sometimes obstruct the range of movements. Considering your age I would suggest you to undergo surgery (ACL Reconstruction and Medial meniscectomy/ meniscal repair) reasons being if left untreated it can cause persisting pain, early osteoarthritis, reduced range of movements, knee instability if physiotherapy is inadequate.

Consultant will check Nile acids in blood to rule out oc during pregnancy. Would omeprazole be cause for this high alt reading? If I stop would my liver functions get better? Thank you

Hello dairy understand your concernOmeprazole on long term use damage the liver and cause increase in the Liver enzyme, ALT. Omeprazole is extensively metabolized by the hepatic P450 system and cause damage to the heart like hepatic necrosis. The mild and asymptomatic elevations in serum aminotransferase that have been observed during omeprazole therapy are usually transient and may resolve even without dose modification. Clinically apparent liver injury due to omeprazole, however, generally calls for prompt with . Severe injury due to omeprazole is uncommon and most cases resolve promptly upon with

continued ab and chest pain. have greasy/mucus stools after fatty foods. also have debris floating in urine that has foul smell and color. recent onset of extreme burning/freezing/ prickly feeling in both feet, sometimes lower legs too. hx of advanced disc degeneration in pelvic area per mri. told that or radiation cause. saw that i have fatty liver and scarring in both lungs on scan. no energy havent worked, additional chronic pain under tx for spine. am broke, debt. need to know if need to get care i cant afforded or will be denied cause of unpaid bills

Hi, Thanks for writing in to us. Radiation therapy is a form of high intensity electromagnetic energy. Being so it kills cancer cells due to the high energy trapped in the rays. Unintentionally these radiation waves might affect normal non cancer cells and cause adverse effects. The patient is also predisposed to infection and this might cause a wide range of symptoms. Mucus in stools and smelly urination is a sign of infection or any adverse effect of treatment for prostate cancer. It is suggested that you consult your doctor and have your problem investigated in detail and treated as required. Please do not worry.

Could I be pregnant, and if not, what else could cause this?

Thanks for query on .Mid-cycle spotting sometime occurs during ovulation phase, no need to worry about that. You can confirm the pregnancy by urine pregnancy test, blood level and even by USG. If pregnancy is negative than most likely it is due to hormonal disturbances. Better start oral contraceptive pills, it will be helpful to regularize your cycle and at the same time you can also avoid pregnancy. Go for certain investigations like CBC, urine,RBS, thyroid profile and hormonal study and consult your gynecologist for proper treatment and guidance.

Could I be pregnant?

Hallow Dear, The first cardinal symptom of pregnancy is missing a period, which you have. The other cardinal symptoms are Nausea & vomiting with pica, frequent urination and Breast symptoms of which you have nausea and vomiting, but the rest two are missing. Of course, they appear about 10 days after the missed period. Anyway, cramps in the abdomen is not a classic symptom of pregnancy. Since, even 8 days after the missed period your pregnancy tests are negative twice, you are not pregnant. Still if you want to endorse the diagnosis by some other test, you may opt for Beta test on your blood. The cramps you are having in lower abdomen are more indicative of impending menses. If you do not start menses within next 4 days, you may take some Progestational preparation for 5 days with the advice of your Gynecologist. Then within 4-7 days

you will get with . I hope this helps you.

could my blood work be a reason this is happening?

I appreciate your concern the rash that you are having is not because of the blood parameters, but this could be allergic rash that might have developed due to the hypersensitivity reaction, if I would be your doctor then I would treat this condition with the following medicine, Tab Levocetirizine 10Å mg three times in day if the symptoms persistence or appears again then this is to be seen by the dermatologist, hope this information helps you, have a nice day.

Could that be a factor, 10 yrs later? I have had a lipoma in my breast (1988), and had excisional biopsy for this--no other personal or family history.I had lost 70 lbs, and am just about at normal weight. This started to develop over a year ago--before my weight loss-- as a thick pad of soft tissue in the area, and now is definitely hardened. Any advice you can give me would be appreciated! Jan W.

Hi, Thanks for writing in. A lipoma is a benign fat containing tumor usually found under the skin but might occur in any place. Lipomas are soft swellings that slip under the skin when palpated with fingers. It will help to get an ultrasound scan of the area and if possible then a CT scan or MRI scan which will confirm a lipoma. If it is a slow growing swelling and soft such that it slips under skin then it is most likely a lipoma. However, it will help to consult a surgeon to confirm it and then get treated if required. Please do not worry.

Could there be something wrong now, when had x-ray done she didn't seem to be having pain when coughing. Just worried @ it.

Cough and cold are viral 95% of the times in. For cold, you can use anti-allergics like cetirizine and for nose block, saline nasal decongestants will do. Paracetamol can be given in the dose of 15Å mg/kg/dose (max ceiling dose 500Å mg) every 4-6th hourly, that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. For cold, you can use Cetirizine at 0.25Å mg/kg/dose every 12 hourly for 3 days. For nasal block, plain saline nasal

Could this be caused by the plate and screws in that wrist? I have no other aches or pains. Other blood work is within normal range. My SGOT is in normal range.

H I understand your health concern, I suggest you that it is because of fracture you have received. It will be cured gradually. Some bone cells produce alkaline phosphatase. As your bone is injured you have high alkaline phosphatase. I will be happy to answer all your future concern. Thank you, Infectious disease specialist. Wish you the best health at .

Could this cause cramping of the tibialis anterior? Thank you very much.

Hi The tibialis anterior is supplied by the perineal nerve arising from L4 and L5 levels. The report states that there are multilevel degenerative changes in your lumbosacral spine with subsequent nerves involvement, so, pinched nerve may cause cramps. Other possible causes should be considered also and these include blood circulation problems, deny . Hope I have answered your query. Let me know if I can assist you further.

Could vaginal dryness be the culprit? I have experienced no problems with lubrication. The only way we have been able to have sex is when he wears a condom. Vagisil has helped his itching and soreness. Can you shed any light on this problem? Is it him or me?

Hello really appreciate your concernThere is no test which can directly tell you who is responsible nobody can be blamed on either Mathis can be caused by number of reasons like . If I were his treating doctor, I would have advised him to keep it clean and apply antiseptic ointment if it doesn't improve or worsens than I would have ordered few investigations like blood for hemoglobin, CBC Liver and kidney function test, blood sugar and urine culture or an ultrasound if need be. He may

require a course of antibiotics under supervision of doctor. Thanks for your questions you both
good health

Could you please let me know whom should i consult. 2. I am married and planning for a baby, is
this transmitted by sex, what should i do now. 3. Should my wife also get examined. 4. Is this a
curable?

Thank you for posting your query. HepC diagnosis. You need NOT worry. You Should visit a
gastroenterologist/ hepatologist. HepC can be cured completely now. There are . You maybe
advise a special diet (fat free), abstinence from alcohol and smoking. HepC is usually NOT
transmitted sexually. However, your advice to take a second opinion from hepatologist, if you're
planning a baby. HCV is transmitted through contaminated blood, injection

could you please suggest a prescription for me. the pain sometimes can be very excruciating.
Thank you

Hi, thank you for providing the brief history of you. As you have Slip disc issue, the pain in the back
and left hip will be high due to pinch of the nerve. Also, as you know you have this issue, I will
recommend you to undergo physical therapy. As per the evidence of physical therapy and Slip disc
the effect of physical therapy on slip disc is positive, so I will recommend the same. Also, you need
to strengthen your core and hip muscles as well along with knee. Once the trunk and lower limb
becomes stronger, your pain and aches should reduce with better stability of the spine. In my clinical
practice we recommend such cases for physical therapy, and they respond well. Regards Jay In .

Input	Output
<p>ct the left maxillary most anterior molar has been removed. 2.Status post right inferior maxillary resection. Persistent right maxillary mucosal thickening with interval packing material 3. Mild left maxillary and bilateral anterior ethmoid mucosal thickening. Can you please tell me what this all means. Thank you, Anita</p>	<p>Hello there. Osteomyelitis of maxilla is usually seen in patients undergoing extractions with a chronic history of maxillary sinusitis or pan sinusitis. Patients with chronic sinusitis have to be treated with appropriate antibiotics as a prophylactic measure to prevent post extraction complications such as osteomyelitis being one amongst them. I have recently operated 2 cases of osteomyelitis of left maxilla with same clinical presentation. Maxillary sinus is a void space that fills up the middle part of face, just above the maxillary bone on both the sides that keeps the air humid and moist and makes the skull feel very light. It is covered by an epithelial lining that purifies the air we breathe in. In chronic cases of infections or sinusitis the lining thickens and stops functioning normally. The same way there are other sinuses such as ethmoid, sphenoidal sinuses and so on. All of them have the same function. Owing to the infection there is accumulation of pus that gives a heavy feeling in that side of the face. This causes radiation pain over that side of maxillary teeth. Most of the dentists fail to diagnose and end up extracting the maxillary teeth. This most often manifests in the form of osteomyelitis. What was the reason behind getting your teeth extracted?please mention it. Osteomyelitis is the inflammation of the bone where bone fails to get its normal blood supply eventually leading to necrosis of the bone. That requires a surgical correction. Please consult an Oral and Maxillofacial Surgeon for clinical evaluation.</p>
<p>Currently I am at end stage of kidney failure, however not requiring dialysis. I would like to get Dr. H L Trivedis input on the role of stem cell transplant as treatment modality for my renal condition.Thank you.</p>	<p>Hi, Thanks for writing in. Demand for kidney transplants is increasing. There are not enough donor organs to meet this growing need. Stem cell based therapies may offer an alternative solution. The Harvard Stem Cell Institute is developing new therapies to repair kidney damage, reducing the need for dialysis and transplantation. It is in the experimental stage and further research development is required before using these techniques in humans. Found in the bone marrow, these stem cells protect the kidneys from injury and accelerate healing. Harvard Stem Cell Institute scientists have identified protein candidates secreted from mesenchymal stem cells that may be administered independently to aid in kidney repair.</p>
<p>Cyanmethaemoglobin method- 10.2gm% 2. Total WBC - 6900 Per cumm 3.Polymorphs - 70% 4.Lymphocytes - 28% 5. Eosinophills - 02% 6. ASO,CRP, RA - Negative Are there are any known issues that can be found using the above reports. Kindly advise.</p>	<p>Dear patient Your brother has got low hemoglobin level. Normal is between 14 and 16 GMT. Other reports are normal except slight increased lymphocyte count. Nothing to worry. Has he met with trauma and was X-ray done? If not I would advise X-ray of involved ankle anteroposterior and lateral views to rule out bony abnormalities. Visit radiology center nearby you and get it done. Start tab diclofenac 50Â mg twice a day for pain relief. You need to consult expert orthopedic surgeon with report. All the best.</p>
<p>Degenarative disease in spine 2. Diffuse disc bulge at L3-L4 level causing mild effacement of thecal sac witpression over bilateral descending nerve roots 3. Diffuse as well as left paracentral disc bulge at L4-L5 level causing compression on bilateral exiting and descending nerve root (left right) with ligamentum flavum and facetal hypertrophy 4. 3. Diffuse disc bulge with right paracentral</p>	

protrusion at L5-S1 level causing compression on bilateral exiting and right descending nerve root (right left) with ligamentum flavum and facet hypertrophy. Please explain the issue and provide with the possible cure

Hi Thanks for the query, I will tell you that the MRI findings need to be correlated with clinical data. Further one must note the clinical context in which the MRI was done. If you have clinical signs of nerve compression, then the options will be to go for surgical treatment. If there are no clinical signs of nerve damage, then conservative management with either Gabapentin, pregabalin and physiotherapy will suffice. Please don't worry about the MRI findings. I suggest you to get clinically evaluated by a neurologist. Best wishes

Degenerative Changes 2. Congenitally Block CV7 and DV1 vertebrae 3. Myelomalacia at CV4-5 and CV5-6 levels 4. Circumferential bulge of disc with central posterior herniation at CV4-5 intervertebral disc level causing obliteration of thecal sac and both lateral recesses with compression of the spinal cord . 5. Circumferential bulge of disc most marked at the left posterolateral aspect at CV5-6 intervertebral disc level causing indentation of thecal sac with narrowing of both lateral recesses and compression of the spinal cord. question is treatment possible via medicines rather than operation?

You for your question. The treatment of cervical stenosis and myelopathy (spinal cord involvement) depends on signs and symptoms in addition to MRI. It would have been helpful to know the current symptoms. However, it is difficult to imagine having no symptoms with such an advanced stenosis picture. For the findings you have described unfortunately medicines won't help. When symptoms are progressive surgery is the only solution. Moreover, earlier the surgery better would be the outcome. The problem of cervical myelopathy is always progressive. Finding of myelomalacia indicates some damage to spinal cord has already occurred, and the cord must be decompressed surgically as early as possible to prevent further worsening. Also, risk of getting weakness in arms and legs is high even with a trivial fall or trauma to neck. Hope this is helpful. I would be happy to answer any questions you may have. Wishing the best outcome.

Degenerative disc disease throughout spine. Currently on anxiety , sleep and pain medication. Ortho surgeon is at a loss as is my neurologist. Pain getting worse along with systems. Dr suggested Mayo Clinic but I haven't found one for this issue. Any suggestions?

Thank you for providing the brief history of you. A thorough neuromuscular assessment is advised. As you have undergone the spinal fusion of the lumbar spine levels L4, L5, S1, you need a thorough physical therapy and strengthening of the muscles to stabilize the spine. In my clinical practice post spinal fusion, most patients do not perform physical exercise to stabilize the spinal column and get the symptoms back. Putting them back on physical therapy helps reduce the symptom and improves the mobility. Regards Jay In .

degenerative disc disease with disc desiccation at L4 and L5. 2. mild annular tear at L4 and L5 with associated significant posterocentral disc protrusion at L4 and L5 causing compression over thecal sac 3. mild discogenic spinal stenosis. minimal posterior disc bulge also noted at L5 and S1. I have consulted spine specialist and neurosurgeon and after medication they could not solve my problem and suggested me operation but I am not willing to . please send your advice.

Dear, Spine surgeries to treat back problems are indicated only when there are evidences of nerve root compression on MRI scans no other associated conditions are responsible for the symptoms and when conservative line of treatment fails to produce significant relief as to help you lead a normal life. Accordingly, though the MRI scan doesn't report anything very concerning, if all conservative treatments have failed, then surgical options need to be considered sooner or later. That being said, it is not very clear what treatments have already been tried on you. Theoretically conservative treatments for such problems consist of - Use of analgesic . I suggest you to take a

second opinion from an experienced spine surgeon/neurosurgeon. Wish you good luck!!! Regards

degenerative changes with dessication in lumbar region. noted stenosis in neural foramina. and paracentral shift of L5/S1 disc towards right. shooting pain is suffered in right leg with lower back pain. I have been taking aceclofenac-200mg, pregabalin 75mg, paracetamol with codeine 550 mg for last 5 months. is surgery an only option. how can exercise be a help. do I take shots of nandrolone decanoate to strengthen muscles. and sir pls tell me for how long shots of methylcobalamin shots required.

Hi, It will be helpful if you mention your age and whether the shooting pain is present throughout the day or begins after walking for some distance. MRI findings are suggestive of degenerative changes of disc with prolapse and the resultant lumbar canal stenosis. These changes are less likely to be a sequela of your injury. Pregabalin helps to reduce the shooting pain. Strengthening of spinal flexors and abdominal muscles will be helpful as these align spine to a more accommodating position. Daily therapeutic walking (increasing the walking distance slowly) will be of help to increase the pain free walking distance (claudication distance). Surgery is not advisable unless you have severe intolerable pain despite adequate conservative management or have symptoms progressive neurological deficit (like decreased sensation in your limbs, weakness in your limbs, decreased control or sensation over bowel or bladder) Nandrolone. Methylcobalamin injection is usually given thrice a week for initial 2 months followed by once a month as maintenance dosage. Take care

delaying the periods 2. if the period is for more than 20 days for eg. it stops the period and 3. if a woman does not get period for a particular month it helps her in getting period. Is the above all true? if true how does primolut n works in these cases. Kindly give me a detailed explanation of what primolut n does with our hormones in these three cases?

Hi, Progesterone is a female sex hormone produced by the corpus luteum in the ovary following ovulation each month. It helps thicken the lining of the uterus to prepare for a fertilized egg and thus maintain the menstrual cycle and early stages of pregnancy. Primolut-N (Norethisterone) is a synthetic and potent progesterone hormone that stops uterine bleeding. At the time before a period, the level of progesterone falls and this causes the lining of the uterus to be shed as menstrual period. By taking Primolut-N tablets the levels of progesterone are kept artificially high, and so the period does not start and the period gets delayed. Primolut-N is also helpful in inducing (starting) the period by taking it at particular days throughout the cycle. Period will start two or three days after you stop taking the . So, it mimics like the natural female sex hormone progesterone and manipulates or modifies its action as explained above. Hope I have answered your query. Let me know if I can assist you further. Take care

Delsym cough (when it started from cough only) 2. Tussin cough & runny nose 3. claritin 4. cvs Loratadine 10 Mg Anyone can help please? Regards, Stella Hong (YYYY@YYYY)

1. Levocetirizine 10mg with Montelukast 5 mg once in a day .take care and feel free to contact.

Dentist doesn't know why. Should I still have all this swelling and can't open my mouth except a little bit.

Thanks for your query, I have gone through your question, the swelling can be expected if some amount of bone has been removed and any damage to the lymphatics during removal of the tooth. usually it comes after 24 hrs of extraction and subsides in 2-3 days. nothing to worry. complete the course of antibiotics along with analgesic containing serratiopeptidase, which reduces the swelling. take soft diet. don't apply pressure over the swelling. continue saline gargling. I hope my answer will help you. Take care.

Dessicated L4-L5 disc noted. 2. The vertebral bodies are grossly normal in morphology and signal

intensity. 3.right paracentral disc bulge noted at D11-D12 level causing thecal sac indentation on the right side leading to compromise of right traversing D12 nerve root Normal conus medullaris .	
Nomal posterior elements. Normal paravertebral soft tissues	Hi first thing you need to do is stop lifting heavy weights which have cause damage to your disc and causing back pain consult your orthopedic surgeon, if you do not have any neurodeficit and otherwise bearable pain then can be managed conservatively without surgery and good physiotherapy and medications. But, you need to be very careful because if it progresses then you may have to undergo the surgery

Diagnosed with flu, bronchitis, costochondritis, low grade fevers, fatigue. I also have fibromyalgia. I broke out in a rash for about 2 weeks, and was given medrol dose pack and topical steroid cream. I still feel flu like off and on, and am still breaking out it hives - although it does not get on my face. Mostly my neck chest, back, and arms. Some areas on my lower legs. What else could it be? What else should I do?	
	Cold Packs over the hives2. Oral Antihistamines with Mast cell stabilizers3. Topical Antihistamines and Steroids. If there is a secondary bacterial infection it should be treated with oral antibiotics. Thank you.

diastolic heart failure (chronic), 2. atrial fib, 3. Benign hypertension, 4. Hypercholesterolemia, 5. Cardiomyopathy, other primary, 6. Dyspnea, 7. Low blood pressure. Previous year official diagnosis was only atrial fib, dyspnea, slight hypertension, with possible CHF, little or no high cholesterol readings, not diabetic. Was told he had a heart murmur when young, never has eaten much salt, however drank up to a liter of diet soda daily up until six months ago, never smoked. Has always been overweight, current weight is 284, which is somewhat less than last year. Sleeps with breathing machine due to apnea, cannot walk 25 feet without shortness of breath. Occasionally has legs fall asleep, especially when driving. Over the past few weeks left hand has had tingling and sensation of falling asleep. Meds prescribed over the last year or so are amlodipine 10 mg 1xdaily, hydrochlorothiazide 25 mg 1x, lisin 40 mg 1x, meloxicam 15 mg 1x, and praxa 75 mg 2x daily. Today they scheduled his annual 2Dwith CFD Echocardiogram for mid October. On the hour drive back from the appointment, his hand fell asleep again with the tingling sensation. The doctor seems unconcerned, but I feel that today's BP readings of 82/38 should be of concern. I had always thought that diastolic readings that low were dangerous, and also reflected low oxygen levels, although I can see why they need to be kept somewhat low for his condition. I am questioning the medication program as to whether it may be more than he needs. What critical symptoms do I need to watch for?	
	Thanks for your question I understand your concern actually if current blood pressure is as you wrote around 85/40 is surely a matter of concern. You should visit the treating physician and re check and re organize all the medications as he is having hypotension but before that serial blood pressure monitoring should be done for at least 1-2 days 6 hrlycontinue with the sleep apnea machine (either BiPAP or CPAP) thanks feel free to ask more questions may god bless your family with good health

Did the fall I had lead to the boil? Or are these two independent problems?2. What is the reason for the boil?3. How to treat it quickly?	
	This is most likely a bacterial infection affecting either hair follicle or perianal glands. 2. It does not seem likely that it is related to your lower back injury. 3. The causative agent is mostly the bacterium known as Staphylococcus aureus. 4. The pus has to be 5. Most of the patients get better with antibiotics and anti-inflammatory

Did the seizure happen because of the medicines being abruptly stopped?2. What are the side	
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effects of long term usage of the medicines ?3. Will the calcification disappear eventually?4. What are the potential dangers for future life?	Seizures are often precipitated on stopping antiepileptics. So the answer is yes2. Long list of side effects like liver, bone,blood problems, skin rash, gum swelling. But dangers of the disease eclipse the side effects. And blood levels should be measured so that she does not get excess . 3. Calcification is unlikely to disappear.4. If seizures are effectively controlled, and she has regular checkups future will not be a problem. But she will have to be careful in pregnancy and take extra folate. And she will not be able to
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diffuse bulge with posterior/ right paracentral protrusion & mild superior migration is seen at L5-S1 level causing mild canal & foraminal narrowing & abutting the right budding S1 nerve root . 2. Diffuse annular bulge is seen at L4-5 level abutting the thecal sac & encroaching the foramina. What does it means?? & is it fully curable & how?? request for urgent reply. rgds Suyash	Hello. Thanks for writing to us. The findings of your MRI scan are suggestive of degenerative changes in the lumbar spine. Although the changes described are not completely reversible with medical treatment, but you can retard the further progression of the disease with proper treatment. I hope this information has been both informative and helpful for you. You can consult me again directly through my profile URL http:// .
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Diffuse soft tissue swelling. 2. Corticated calcific density adjacent to the tip of the medial malleolus-question old avulsion fracture fragment versus accessory ossification center. 3. Calcaneal spurring	There is swelling of your skin and underneath covering at your joint. 2. The bone which covers inner upper aspect of ankle is known as medial malleolus. It is having extra bone formation or bone like structure which can be either an old fracture or an extra bone. 3. The heel bone is having protruding extra bone which is known as Heel spur. Hope I have answered your query. Let me know if I can assist you further. Take care
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DISC PROTRUSION NOTED AT C-5,C-6 LEVEL CAUSING INDENTATION OF THECAL SAC . 2. DISC BULGE NOTED AT D10 D11 WHAT DO WE MEAN BY THIS,AND WHAT EXERCISES SHALL I DO SO I COULD GET MY BACK PAIN REDUCED.,, MAINLY PAIN IS MORE IN NIGHT WHILE SLEEPING,,PLS ANSWER ME,,IT WOULD A A GREAT HELP,,	Hi, From report it shows that you are having degenerative changes in your spines causing prolapse discs causing indentation in spinal canal. This can give rise to irritation or pressure on nerves giving rise to backache, pain in shoulder, neck. Consult orthopedic surgeon and get examined. Physiotherapy, short wave diathermy and cervical traction will give you much relief. Take calcium, vitamin A and D supplements. Ok and take care.
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Disc space infection or 2. spinal cord tumor. I was referred to a spinal cord specialist. Will he be able to confirm which it is? Are there any other tests that will result in a definitive answer.	Hi, It will not be hard to determine the difference between a MASS LESION or an infection since there are several diagnostic studies such as PET SCAN, ULTRASOUND, and finally FINE NEEDLE BIOPSY that can all help differentiate between those 2 entities. Also, blood tests can help when looking at high white blood cells and/or the presence of fever etc. Hope I have answered your query. Let me know if I can assist you further.
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Input	Output
Disc space narrows at l5- s1 lowered right iliac crest. My lower back hurt!	Hi Thanks for your query. You might be suffering from degenerative disc "disease & it occurs due to repetitive overload or stress to the disc & it increases the risk of disc herniation & spinal canal stenosis. For this condition you have to do stretching & strengthening exercises in which you have to stretch tight muscle & strengthen weakened ones which will alleviate stress on facet joint and disc.Meanwhile, for pain control take anti-inflammatory . I do hope that you have found something helpful, and I will be glad to answer any further query. Take care
Dislocation 2. Fracture(Plate is used) 3. Ligament injury It s almost 50 days now. I have got plaster on my legs around the ankle. My doctor informed me that plaster will remain for next 1 more month (total 3 months) What precautions should I take for full recovery and have better normal life for rest of my life.	Keep the limb on pillow esp at night 2. Keep moving the toes (to prevent swelling) At Present. After your cast is off the key is maximum mobilization (Exercises) and hot fomentation. The more you exercise, better it is. Apart from exercises start weight-bearing gradually as per your orthopedic surgeons' advice.
Divelpro - 1 tab in the night 2. Trizyne - S - 1 tab in the night 3. In case if he has any sudden problem 1/4 tab. of Revitriol (0.5 mg) Wanted to know he can take the Revitrol tab 1/4 for a week (till his Dr. comes back) When ever he takes this tablet he feels good.	Hi Shaka, and Hearing non-existent noises / voices (in medical terms known as hallucinations) is indicative of psychosis, which is a particular type of psychiatric disorder. The current combination of medication which he is taking, already has an anti-psychotic medication i.e. Tribune S (Trifluoperazine). In addition, he is also on a mood-stabilizing medication i.e. Divalproex. Though you have mentioned the diagnosis as depression, he is not on any anti-depressant medication currently. But remember, the word depression can often be used in a non-specific manner by many people, and I'm guessing that he may actually be suffering from a psychotic disorder.PIVOTAL (I presume, not Reversal) is a sedative medication and is used for sleep disturbances and sometimes, to calm down the patient. My opinion is that if he is having psychotic symptoms, it is advisable to treat that specifically (probably by increasing the anti-psychotic medication), rather than merely keep giving him a sedative. Of course, this has to be done only on consultation with a psychiatrist. I would suggest that if you are able to contact him over phone or see his colleague for a quick review, that would be a better idea. All the best.-
Do a cortisone injection into carpal tendon to see if it would help my symptoms or just go ahead with carpal tunnel surgery. my third option to do an angiogram to see if we are missing a small clot even though all test were neg so far. I decided to do the angio due to my history, then to everyones suprise the dye could not move past my arteries into my arm that go to my hand. My ateries were collapsed. They did inject three rounds of nitrogylverine. The opned but collapsed right back. They stated me on two b/p meds to see if it would help. Nifedpine and isotop. The next morning i had some sensation. :ot of sharp achy pain but everyday it got better, But now they need to see why this all happened. They want to test me now for Lupus, RA, Ryndom syndrome. Now yesterday my entire right leg from my thigh down to my feet went completely numb. I was in a chair no longer then ten minutes. The symptom went away after about six minutes. What are ur thoughts. I see my family doc tomm, thena Ruemotlogist monday.	Hi, I understand your concern. From the history you have presented, I feel you have been suffering from a chronic autoimmune rheumatic disorder involving musculoskeletal system, joints, vessels and nerves. The . I would suggest you to immediately see a Rheumatologist and follow whatever

treatment he or she suggests. You may even need some physiotherapy and exercises to maintain your limbs movement and sensations. This kind of rheumatic disorders persist for a lifetime, but can be definitely controlled if you remain careful and strict about your health. Hence, my suggestion to you would be to keep a check on your health, continue the medications, maintain proper lifestyle, follow physiotherapy, do exercises and persist on a life-long therapy as suggested by the rheumatologist to prevent recurrences of the symptoms. Wish you a healthy life. Hope you recover soon. And do write to us whenever you feel that you need our help.

In case of disc disease, surgery or conservative treatment decision is made based upon multiple factors. MRI findings are correlated with clinical profile of patient, patients dedication to follow precautions before and after surgery, physiotherapy. Now in your case, I will give you some knowledge and insight of disc disease. Based on that you may be benefited regarding management of your disc problem. As you have disc bulge at three level, it might be due to your age (if it is more than 60 years, chances of disc bulge is upto 35-40%), your occupation (heavy weight lifting or keeping spine in flexed position for long duration). Now if you are less than 60 years, active, having no other illness, then you should consult doctor and get your neurological examination done. The doctor will examine your pain site, any radiation of pain from back to posterior part of lower limb. It is due to nerve compression from disc. Doctor will evaluate your urine, bowel and sexual function for any deficit. He/she will examine you for sensory loss in L4/L5/S1 territory which is your front aspect of leg and plantar aspect of your foot. After that, your lower limb power will be checked. If there is any deficit, then it will be correlated with MRI findings. It is known as Clinico-radiological correlation. Based on it, you will be advised painkillers like pregabalin/Gabapentin, nerve vitamins like B12, folic acid and/or surgery. If you are >60 years, bedridden, having morbid illness like heart disease and not active, then you will be advised medical management most probably. Usually, disc surgery is advised in case of focal deficit caused by nerve compression from disc, acute disc with focal deficit, no relief in articular pain even after full dose of painkillers after 6 weeks of therapy, disc herniation with unstable spine and patient is fit to undergo surgery and follow post-operative advise. You are having diffuse disc bulge at L3-4, L4-5 and L5-S1 which is usually not treated by surgery. Mostly, disc extrusion or migration are managed by surgery. But final decision can only be made after complete clinical evaluation. Meanwhile, you should avoid weight lifting, avoid forward flexion, travelling long distance, prolonged sitting. Thanks. Hope it will help you. Take care.

Hi, Thanks for your query. OSF is a precancerous condition but if you have stopped Gurkha and can maintain the mouth opening of 35 mm plus i.e.: 3-4 fingers wide, then you may not go for laser treatment. Chances of getting cancer in the future are also very low. But it's best to have your its. And continue with the yearly check-ups with the dentist and oral exercises which I am certain you must be doing. Hope this helps. Regards

HI I understand your concern. I am , infectious diseases specialist, answering your query. No, thalassemia never causes hallucinations. There may be some other reason in you that is causing

hallucination in you. I suggest you to do your psychiatric evaluation before. Please take full sleep and do yoga and meditation early in your morning. This help reduces your symptoms. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

Do the UVA doctors perform the subvastus approach? 2. Am I making things worse by grinding bone surfaces and need to consider knee replacement sooner rather than use pain or disability as my decision guide? Thank you.

Hi, as you mentioned your history I remembered one case of mine, she had the same issue and was advised Total Knee replacement for both knees. We planned for the 12 weeks protocol. A combination of Diet, Medicine and Physical therapy. Apparently things fell into place, and we avoided the knee replacement. Diet - good calcium oriented and low calorie to reduce the weightMedicine - as guided by the physicianPhysical therapy - strengthening the lower limb as a whole and also the core stability exercises. The things fell good, and she is able to do running now. Also, trying out a physical therapy prior to decide the surgery will be recommended by me. If you want anything in personal I can surely assist youRegardsJay In .

Do you have any clue what is going on?

Hi thanks for asking question in . Here sudden chest pain with flushing and sweating can be due to here two reasons.-ischemic heart disease or -panic attack.Sometimes it could be by pulmonary embolism . Here ECG or echo done to rule out cardiac cause. D dimer for pulmonary embolism. If no significant cause present then by taking severe stress you can have such panic attack. Counselling done by psychiatrist for it. Hope keeping this in mind you can solve your concern by contacting doctor.

Do you think my eggs could have been damaged by the xrays? 2. Should I complete the ultrasound?

Hi thank you for trusting I read carefully your symptoms and understand your concerns could be more helpful if you described more carefully your symptoms Anyway first be calm as eggs won't be damaged from radiation as it is in small dosage Ultrasound is to be done as it rules out abdominal and renal causes it is normal you should schedule a lumbar MR (a CT would be fine, but it has radiation as well)Lumbar examination will determine the diagnosis Hope my answer will be helpful Please feel free to ask for further information or doubts Best wishes .

Doctor has prescribed tablet Starvos. I am a non smoker and do not consume alcohol.What should I do to reduce my Cholestrol levels?

I carefully read your question and I understand your concern. I will try to give you some advises according to your problem. You should know that our desirable values of cholesterol are below 200 mg/DL. Of course, you have a high value, and you should lower it to prevent side effects in the future. You can do it with two ways, through lifestyle modifications and medical treatment. The first that we try and that's the most important one is the lifestyle modification. This includes:- regular physical activity, like minimally 40 minutes walking every day-changing diet. Avoid white bread, pizzas, fast foods, pies, cookies, sweeties, alcohol.- A high fiber diet rich with vegetables, fruits. Of course the dietetic modification are not allays effective, especially if we deal with hereditary forms of dyslipidemias. This means a genetic factor that keeps the cholesterol high despite the diet. In these cases it is mandatory to take medicines that control high cholesterol like statins as you are already doing. I will recommend you to repeat your cholesterol measurement after one month. Hope I was helpful. Best regards.

Doctor my main question is , is taking yamini normal for unmarried girls??? and i have taken 15

tablets till now, but there is no improvement in my skin.i am really worried doctor. He has also told me to reduce weight, but my weight doesnt really move despite heavy exercise. is my treatment correct doctor? and shall i change my diet for skin? i am eating fruits and drinking 3 ltrs of water daily.but somewhere i feel , i am little consipated coz of these medices.i clear my bowel once in 2 days.	<p>Hi, Yamini is an oral contraceptive pill and will help only if you have irregular periods. This can have several side effects like Nausea, vomiting, bleeding between menstrual periods, weight gain, breast tenderness and thrombophlebitis, stroke, heart attack and angina sectors, headache. Conceiving would not be possible when your wife is taking this tablet. If there is a problem conceiving, please see a gynecologist. A detailed history and examination is needed. Hope this helps Regards</p>
Doctor says he needs a transplant. So hes looking for foods that are safe to eat. Naturally, being from Louisiana, crawfish are in question.Thank you!	<p>. Your father having severe degree cirrhosis. So liver transplantation or stem cell transplantation is final mode of treatment. As far as diet concerned fat diet taken less to rest liver. Fried food and refined food less. In breakfast take salad of tomato, cucumber, carrot etc. Vegetable soup and fruits taken more. Avoid alcohol. Fried fish not taken. Boiled one can take. Take crushed papaya seed one tsp with lemon juice daily. Daily take grinned spinach and carrot juice daily. Hope your concern solved.</p>
Doctor started my father with R cinex 540 mg, Combutil 800 mg and PZA- CIBA 1000 mg tablets.Its fours days now my father feels very weak, lot of pain in joins and dizziness. Is it a side effect or body requires some time to settle with tablets	<p>Dear Friend. I have read your query in detail. Furthermore, I understand your concern.First I would like to know, TB of which part of body is he suffering from. These Anti-tubercular . I would like to know that was he prescribed Pyridoxine? Also get his Liver Function Test and Serum Uric Acid levels. Review with reports. This is my best advice for you based on available details. If you have any further query please ask me. Stay Healthy. , MD</p>
Doctor suggested I reduce alcohol from around one half bottle per day of wine to one quarter and retry the test in 2 weeks. This I did and the GGT level is now 106! I am 64 in very good health, take loads of exercise and feel fine. Any suggestions? I am fond of chocolate and may have eaten more when drinking less.	<p>Hello Thanks for writing to Increased GGT indicates liver injury. It is specific for alcoholic liver injury. You need few more investigations like random blood sugar(RBS), renal function test(RFT), lipid profile, viral markers, urine RE/ME. In my practice, for patients like you, I suggest tablet Ursodeoxycholic acid 300 mg twice daily for three months more. It will help in regeneration of liver cells. You may need more . You should avoid red meat and high fat milk products. You should avoid fried and junk food and avoid alcohol completely. Get well soon. Hope I have answered your question. Take Care</p>
Doctors did several EKG s, blood work, stayed over night for stress test next morning, echocardiogram, xrays.etc. I followed up with cardiologist who suggested diet changes and recording BP. So now for about 3 months all has been good, but the last 2 days I am experiencing another episode . Headaches with 135/99 and 141/96. Could this be related to my menstrual cycle? I just ended this month s cycle. Just looking for answers that maybe could be related to something else.	<p>I understand your concern and would explain that the headaches do not seem to be related to high blood pressure, as your actual blood pressure values are within the normal ranges or slightly elevated. In my opinion the headaches could be related to the menstrual cycle or tension type headache. For this reason, I would recommend trying acetaminophen or ibuprofen for the headaches. Regarding high blood pressure values, I would recommend trying to lose some pounds</p>

and perform a lot of physical activity in order to have lower blood pressure values naturally.

Reducing salt and caffeine intake would also help. Hope you will find this answer helpful! Best wishes,

Doctors have no answers and no idea about what was going on. The doctors seem to phone it in at that point. My daughter started feeling better so we did not push it for a couple of months and went back in and the levels seem close to normal AST = 57, ALT = 42, GGT = 12. We were given no comfort as to what caused it. My daughter does complain a couple of times a week about her stomach hurting, but she is not in the extreme pain she was in until this week. She is back to waking up in pain, spending most of the school day in the nurse's office. So now we are heading back to the hospital for more blood as we did not get any answers from the first 37 vials of blood they have taken. Any clues what might be causing this?

I can understand your concerns. This appears to be a case of obstructive jaundice. The main cause of obstructive jaundice is gallstones. Since GGT (gamma-glutamyl transferase) levels are raised more than 70 in the first report it suggests an obstructive cause. AST (aspartate aminotransferase) and ALT (alanine aminotransferase) can increase in both hepatic and obstructive causes. In obstructive jaundice, the level of direct bilirubin increases more as compared to indirect bilirubin levels. Gallstones are easily visible on the ultrasound abdomen. It also causes severe acute abdominal pain. There are some syn .

Doctors who treated : Dr Dubhashi at GMC, Dr Nathan at Shushrusha, Dr Arun Shah, Dr Mahale(cardiologist), Dr Prajakta Kanitkar in Pune, Dr S Y Kalelkar in Mumbai and Dr Shyam Bhandarey in Goa. Due to cardiac problem I was advised not to do vigorous physical exercises. With the help of Prescribed Medicine, meditation and active performance of classical music I could recover upto 90% that too after 19 years. Disability has remained in the legs. Can I come out of that?

i completely understand your concern and I would like to tell you that Approximately 80% with GBS become independent after 6 months of treatment, about 60 % achieve full recovery of the bodies motor strength by 1 year. And in about 5-10% of patients full recovery is very much delayed or incomplete recovery. Now in your case as it was quite a delayed recovery (19 years) so probably the weakness in legs may persist. So its advisable that you should continue with physiotherapist for leg strengthening exercises as probably it would be helpful. I wish you good health

does he need to have a anti rabies vaccine now? I cannot remember the exact year when our dog had antirabies vaccine may be about 4 years ago. Our dog is ok right now. What should we do? my husband is 52 years old. not hypertensive, 58 in height.

Take regular vaccinations for the dog as recommended by your vet. Both you and your husband take the preventive vaccine against rabies so that you will be protected if ever the dog bites again. Ask your doctor for the pre-exposure prophylaxis vaccine against rabies. If you follow the above steps you would be fine. Hope I have answered your question. Good day and take care.

Does it necessarily mean ASTHMA? 2. If taking INHALER may raise some side effects, like dependency on INHALER etc. 3. I am having dry cough for long, almost over a yr. Is it going to be life long with me? 4. If any Ayurvedic method to increase my immunity level.

IGE levels are raised in a lot of allergic conditions including asthma, to say its asthma there is asthma predictive index where one of your first degree relative will be effected by asthma, you will have some apparent allergy, your Absolute eosinophil count will be more than 400 etc. Inhalers are of two types RELIEVERS and CONTROLLERS, by far inhalers are the safest because they do not have systemic side effects, there is something called step up therapy if your cough is not coming down then we need to add a few . Asthma is a controllable disease difficult to cure it completely.

But can be effectively controlled.

Input	Output
does this medicine have any side effect on long term use?	<p>HLike all medicines and Bedmate, Donate has side effects! Nausea, headache, dizziness, nervousness, . I think you should do a prick test, spirometry to evaluate your condition. These medications may be used in exacerbations of symptoms and if you feel better to consult with your doctor the possibility to take something else. Hope I have answered your query. Let me know if I can assist you further. Take care</p>
<p>Dr. atul Soni,Aurangabad give me levoff 500 and bevon tab for 15 days. Again I test PSA on 05.04.2013. Result is 4.33. As per doctor it is normal. But in report below 4 is normal. pls advice</p>	<p>Hello A common cause of raised PSA is infection in prostate. Therefor your doctor has prescribed antibiotic and your PSA is in decreasing trend after treatment. PSA is non-specific test for detection of prostate cancer. Although PSA level of 4 is taken as cutoff, no level of PSA can correctly predict whether a person has cancer or not. A person with PSA less than 4 has 15% risk of cancer, 4-10 have around 25% risk of cancer while >10 have around 67% risk. If your PSA is persistently high and/or there is some abnormal finding in your rectal examination you can discuss with your doctor regarding biopsy-which is the only test that gives definitive diagnosis of cancer. Regards</p>
<p>Dr. Gave me Biaxin p.o., Rocephin IM, Decadron IM, Albuterol, and on 2nd round of Prednisone. I can feel left side of chest with the tachycardia. Could this secondary infection have affected my heart?</p>	<p>You are mostly having post infectious bronchitis. It is common after viral upper respiratory tract infection (flu). And bronchitis can cause chest tightness, chest pressure and tachycardia. So your current heart symptoms are mostly due to post flu bronchitis. And for this you need to treat bronchitis. So consult pulmonologist and get done clinical examination of respiratory system, PUT (Pulmonary Function Test). PFT will tell you about severity of the disease and treatment of bronchitis is based on severity only. You need inhaled bronchodilators and inhaled corticosteroid (ICS). Don't worry, you will be alright. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
<p>due to the common cold ? 2. due to viral fever ? 3. from other ill person ? 4. due to wrong diagnosys / wrong treatment in the hospital ? Please answer I am very greatfull to you.</p>	<p>Hello dear, .come have evaluated your query thoroughly.* Pseudocodes infection is considered opportunistic infection. Which means that the organism only causes disease when a person's immune system is already impaired.* In hospital, the causative bacteria can be spread via the hands of healthcare workers or by hospital equipments that are not properly sterilized. Hope this will clear your query. May his soul rest in eternal peace. Regards.</p>
Duolin inhaler 200 or 2. Foracort 200 inhaler of cipla products.	<p>First, Dublin and Forecourt are different types of inhalers, they cannot be compared. Duolin is a rescue type of inhaler which is to be used on as-and-when-needed basis for asthma symptoms. It is not to be used daily/regularly. Foracort is a controller type of inhaler which is to be used regularly. Choice of type of inhaler can be made only after reviewing your symptoms and other details.2. I would also like to emphasize that sinusitis and asthma are lined many-a-times. Proper treatment of sinusitis is important for reducing asthma symptoms. Usually I treat sinusitis with regular intranasal corticosteroids, montelukast, levocetirizine, steam inhalation and saline irrigation of nose.3. I would also suggest you allergy testing which will help you identify the substances causing troubles to you and also to know the measures to avoid them.4. Regular breathing exercises and a healthy diet rich in vitamins & minerals (adequate amounts of green leafy vegetables, fruits, sprouts, etc.) will also help you in long run.5. In general, please avoid exposure</p>

to dusts, smokes and air pollution as much as possible. Hope above suggestions solves your query. Should you have any further query, please feel free to ask at . Wish you the best of the health. Thank you & Regards.

During the 2011 surgery I was given an ileostomy which was reversed during the surgery this year. I believe a lot of my colon was removed, maybe about half. I have noticed in the last few weeks that I get quite a distinctive bulge on the right side of my abdomen after eating which is quite prominent. I also feel very bloated, especially if I take regular loperamide to slow bowel movements. The bulge is not painful but can be seen through clothes. It is round like an orange and seems to stop just next to my incision which is the length of my abdomen. Is this normal or should I be concerned? Am seeing my surgeon in December as saw him several weeks ago and hadn't noticed it then. Also is there anything I can take to reduce the bloating as the loperamide is effective in slowing and reducing frequency of bowel movements but after a couple of days I feel like I could explode, I am so bloated. Thanks

Hi ! From the history of a major abdominal operation following which you have started noticing a bulge in your abdomen, an incisional hernia can not be ruled out. However, this needs to be examined clinically for confirmation for which you have to get yourself reviewed by your treating doctor. For the bloating which might be a side effect of taking loperamide continuously, you may try taking some probiotic . Wishing you an early recovery.

Ear feels like it's getting blocked. could this be the result of the amox? Worried about taking any more. Pain in tooth was extending up to left ear and weakness down left arm . When i took painkillers (which i was on round the clock for 5 days) the arm seemed to pick up. Dentist didn't take out all the infection. He took out some and then put medication into the tooth. therefore I still have some infection in there. My concern is could the infection be spreading ? Thanks for your help.

Hello forum, According to your dental history I would like to inform you that whenever there is infection, antibiotics are a must. I appreciate that you took antibiotics as prescribed to you. Sometimes infection so severe that it takes time to resolve. I assume that you are undergoing a root canal treatment for your tooth, therefore I would like you to know that a minimum of three sittings will be required for the infection to disappear completely. Tooth and the ear are supplied by a same nerve, which is causing pain in tooth as well as ear. Do not worry, as the infection subsides, all the symptoms will disappear, kindly follow the instructions given by your dentist, Perform warm saline rinses(3-4 times/day).I hope I answered your query, i wish you good health, take care.

Early Lumbar Spondylosis 2. Posterior Annular Disc Bulge at L4/L5 Impinging upon Bilateral Neural Foramina. No Compression of Exiting Nerve Roots. 3. Left Paracentral and Foraminal Disc Herniation at L5/S1 causing Left Foraminal Stenosis with compression of Exiting Nerve Root. Please guide

Hallo dear friend, thanks for writing to i have studied your case what is your age? This is your first episode or repeatedly having same problem is there any weakness in your lower limb or upper limb you need methylcobalamine, muscle relaxant with analgesic take rest,, hot or cold fomentation avoid lifting weights sit with taking support to your back continue spine extension exercises physiotherapy - SD, IF TWILL HELP if pain doesn't relieve then you need spinal decompression surgery for lumbar vertebrae, for further query contact . Com

EEG results were abnormal however he has some activities there. He is currently on life support, he has been not responsive at all. He opens his eyes but does not know his surroundings. Does

anyone experienced or knows anyone that went through this type of situations and if yes, what, if not does anyone knows a solution and/or treatment for this. Does hyperbaric oxygen or Dr. Rador, or stem cell treatment anyone of those are right treatment. If yes where and who is reliable ?

Please let me know, my dad's life is so so important for me.

Hello Susanna Marchman, I can understand under the pain you are suffering through, be calm don't panic, it's time to gain strength and provide the same to your family, your father had suffered with brain stroke due to insufficient or lack of blood supply to the vital parts of the brain also there might be some kind of hemorrhage which has caused all this, and he might be a chronic hypertensive pt, but apart from all this I can assure you that in well established hospitals and esp ICUs doctor follow a strict protocol in managing such cases, they might be striving hard to achieve that and have faith in them and let's pray for your father's speedy recovery !

electrolyte bal OK, Urine, OK (only for last 01 yrs, 02 time reported as PROTEINE TRACE) getting antihypertensive treatment. What treatment best for me? how i can recover from this disease?

Hi, thank you for query. As you mentioned you have a patient of Hypertension along with chronic pyelonephritis and occasional proteinuria. Hypertension and proteinuria are due to chronic pyelonephritis. Hypertension with such age factor and proteinuria is strongly recommended. Dosage is titrated according to BP reading started from 5 mg PO Once a day. Prompt antibiotic therapy required such as amoxicillin, cephalexin, septral or nitrofurantoin. So consult your nephrologist for proper treatment. Hope the answer will help you in understanding the disease process and decision-making for consultation.

Emergency Bilateral Fronto Temporo Parietal Decompressive Craniectomy ND Evacuation of right fronto parietal SDH (on 13th feb 2012) 2. Left Ventriculo Peritoneal Shunt (Codman Medium Pressure) with Bilateral FrontoParietal Autologous Cranioplasty (on 27th march 2012) We discharged him last week . now he is having fever along with this swelling? what should we do now? My father means a lot to me. any help could be appreciated. thanks swathi

Hi Ms Swath, Thank you for posting your query. I have noted your father's medical details. I am glad to note that he has withstood two brain surgeries well. The recent fever may or may not be related to the surgery. Please get him examined by the neurosurgeon to look for any infection at the operation site. If that is ruled out, then, we should look for other sources of infection such as pneumonia or urinary tract infection. I am sure he would improve with physiotherapy and appropriate medical treatment. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/

Enlarged liver with heterogeneous parenchyma. 2. Heterogeneous pancreas. 3. Mildly bulky with heterogeneous uterus myometrium and ? adenomyosis .4 small cysts in right ovary. Advised. CECT Abdomen. What can i do present situation .

Respected user, thanks for using .com. I have evaluated your query thoroughly * This report indicates presence of systemic issue which most probably is hormone related balancing vital structures as liver, pancreas and reproductive organs * Many conditions tend to give rise to this as pancreatitis, fatty liver, POD, metastatic conditions from primary tumor somewhere in body, endometriosis with secondary involvement of pancreas, liver, others* Needs clinical correlation, supportive blood tests with CT abdomen to arrive at the particular diagnosis and further management plan Hope this clears your query Welcome for any further assistance Regards.

equilibrium 10 mg 2. inderal 20 mg . 3. paricor 12. 5 and amlong 5 mg ,so i need ur help what type of way i have handle this situation i am facing and what medicine i have to take ,please help me. i have mild depression since 5 years

Hi mirzababrothers, your age, occupation and other symptoms are missing in the clinical information Anyway Mild Depression usually won't last for continuous five years. Dysthymia can last

for 5 years If you find depression after starting on federal consult your physician and discuss the possible contributions. If it was found to be independent of federal use then meet your nearest psychiatrist for CBT sessions. Usually Mild depression get improve by CBT alone without taking antidepressants depending on your level of dysfunction. My best wishes to get well soon.

Esophagel Varices: BANDING was done to prevent internal bleeding from esophagel small veins 2. His Himogram was less about 7. So blood was given 3. His blood test for HEPATITIS -C was done and it was positive. 4. Liver function test , sonography, portal venous doppler tests were done . 5. Findings were-mild liver Cirrhosis. Gall bladder completely contracted, both kidneys normal in size, liver margins are fairly smooth. Are hepatitis-c and cirrhosis curable?

HelloThanks for your query. Based on the facts that you have posted it appears that your father has Hematemesis due to esophageal varices secondary to liver cirrhosis. Which in turns was due to Hepatitis C infection. Hepatitis C infection is a viral infection that over a period of years leads to scarring of the liver tissue (Cirrhosis) and finally to liver failure. Hepatitis C can be controlled with medications if detected earlier before liver damage. Since it is a progressive disease it can not be controlled in advanced stage. Please keep him under observation of Gastro- Entomologist. .

Estimated Ejection Fraction of 55 to 60%. 2. No tricuspid stenosis. 3. Trace mitral regurgitation. 4. Trace pulmonic valve insufficiency. 5. Trace tricuspid valve regurgitation. I would like to know if all this is normal or something I need to be watching or monitoring?

Hi, Mild tricuspid regurgitation or pulmonary regurgitation or mitral regurgitation may be seen in hematological heart disease or pulmonary hypertension or ischemic heart disease with dilated cardiomyopathy etc. If it is mild no problem but if it is moderate to severe lead to pulmonary edema, palpitations, dyspnea or cardiac failure. So you have to control your blood pressure and diabetes. Regular exercise and eating green leafy vegetables are useful. Please consult your cardiologist, he will examine and treat you with medication to prevent further progression. Hope I have answered your query. Let me know if I can assist you further.

Ever since I was young, from my elementary school years, up to this day and age I have several issues that have developed from what I conclude that has been the root or seed of my every day obstacles. Growing up I realized I was not attaining as much information/learning or memorizing as much as other class mates. At times I have a difficulties understanding, either semi complex conversations, or even stories from movie plots etc. Also after growing up in the same city, I have yet been able to remember street names, a task that I would consider simple for your average person. I have came to the conclusion that this has lead me to live the antisocial life that I live in. The reason being is because I have not been able to develop confidence.

Hi, Thanks for writing in. It is best that you consult a psychiatrist and psychologist for a complete understanding of your case. Memory is just one aspect of mental health and there are various forms of memory like remote memory and recent memory. There are other areas like personality, attitude, mood and interpersonality profile that make you into a social person. There are psychological tests to understand what kind of mental inclination you have. There is a wide range of emotional and mental outlooks, and you are certainly normal but might have to change your own outlook towards others. Understanding problems as complex conversations is a logical function, and sometimes we are only lazy and do not want to involve ourselves in listening to others. Hearing and listening are different. Hearing is passive and listening is with concentration. So you might not be applying concentration when involving yourself in conversations and missing sentences what has been heard leading to the person you are with unable to communicate with you effectively. All your problems can be solved if you consult a psychiatrist and do some higher mental function and psychological tests. A session or two with psychologist will also help you. Please do not worry.

ever since she s on dialysis and she s also diabetic. She s was diagnose for pnuemonia after her surgery, she is finally home now 2 weeks. 3 days ago shes unable to stand up. she gets so tired and unable to move her shoulder and unable to raise her hand. kindly let me know what to do? pls advise. thank you.

By your history and description, possibility of brain related event like CV (cerebra vascular) stroke is more. Unable to walk, move, not raising her shoulders and arm are suggestive of paralysis sort of thing. And shouts at high risk of CV stroke due to diabetes and heart diseases. So immediately take her to the hospital and get done CT scan or MRI of brain to rule out CV stroke. She will need intensive care with 24 hours monitoring. So don't wait at home, take her to the hospital as soon as possible. Hope I have solved your query. I will be happy to help you further. Wishing good health to your mother. Thanks.

every day morning i have a nose block or cold because of which i start blowing my nose its disgusting 2. when i take head bath if i leave water in my head for more than 5min i catch cold and the whole day is suffering , so imagine how it would be when go for swimming 9but i like swimming)3.catch cold very often 3. allergic to dust 4. very sensitive nose5. from my childhood if someone touches my nose to an extend i start sneezing .6. i even get feeling of cleaning the ears too often, like when something dirt accumulates or after head bath what you feel.7. throat ya sometimes i get throat itching or pain very rare you have any solution or should i bear it.

I would like to know something more about you like - what is your current age? Any particular seasons where you feel worse or symptoms are same throughout the year? Do you have symptoms like headaches, face heaviness, constant tickling in throat, recurrent throat clearing, etc.? Do you have symptoms like burning in chest, feeling of fluid in throat, especially after heavy/spicy meals, etc.? Above details would help me to know your complaints better.2. At present, I would suggest you to take montelukast and levocetirizine for at least 4 weeks.3. I would also suggest you regular steam inhalation and warm saline gargles when you have throat pain.4. I would suggest you allergy testing for air-borne allergens like house dust mites, molds, regional pollen, insect proteins and pet danders (if you have pet). This will help you identify the substances that may be causing symptoms to you and also to know the measures to avoid them.5. Based on allergy testing, an Allergist-Immunologist may prescribe you allergen specific immunotherapy which gradually works on immune system to improve allergy symptoms.6. In general, I would suggest you to avoid exposure to dusts, smokes and air pollution as much as possible.7. Regular breathing exercises and healthy diet rich in vitamins and minerals will also help you in a long run by improving your lung capacity and immunity respectively. Hope above suggestions will be helpful to you. Should you have any further query, please feel free to ask at . Wish you the best of the health ahead. Thank you & Regards.

Evidence of calcified atheromatous plaque in left distal common carotid artery. Bulb diameter reduction of around 45%. Atheromatous plaque with similar characteristics on the right 2. Normal Flow Velocity and Flow Patterns. No Flow reversal or Disturbance 3. No significant hemodynamic stenosis on both the sides (left and right). Await your advise.

I carefully read your question and I will try to explain you something and give you my opinion. When we deal with a syncope we have to evaluate cardiac and neurological problems. According to cardiac issues. There are different cardiac reasons that might cause a syncope. The most important one are rhythm issues like atrioventricular block, severe bradycardia, long heart pauses, arrhythmia. All sow it is quite known in cardiology that sometimes several people do heart blocks after cardiac surgeries. To exclude cardiac factors it is mandatory to do some examinations. It is very important to verify in what situations do the syncope happen each time, in what situations. So, if I was your treating doctor I will recommend cardiac echocardiography and the most important a

holder rhythm monitoring for minimally 48 h. This rises the possibility to catch any problem. You must know that the rhythm monitoring is random, it might happen that you do it but it doesn't happens anything with your rhythm during that day, and so we don't catch anything, So it is mandatory to take it as long as possible and repeat it. According to the Carotid result, it doesn't explain the syncope. So my opinion is to continue and do holder rhythm monitoring and if no result, maybe a head CT scan. Hope I was helpful. Wish your father good health. Best regards.

Evion-C 2. PAN 40 3. Myoril plus 4mg . Please help me & suggest me on such type of pain and also on what is use of each medicines prescribed by doctor

Hello . Pain originating in the lumbar region and travelling to hips and Lateran to chiefs is called Sciatica and is generally due to nerve compression at the disc level. It is often temporary and when the pain is severe, rest on a hard mattress and anti-inflammatory painkillers eases it. Hat bath and general back massages helps to sooth the pain. Avoid lifting heavy objects and bending down to lift things. If severe, an orthopedic opinion and an MRI scan is necessary. Thanks

Input	Output
<p>Exact location is in the uterus not in ovaries2. size is very small. while scanning they had shown to my wife dots and was also told that is too small and can be cured by if you can loose your weight. she is taking tables for 3. In July her periods was delayed by 20 days and went to doctor. only at this time she had taken the scan and was adviced to take tablets(for periods and doctor told to her if you took this tables then only you will get periods every month). i want to check if there are some natural cures. or what she has to do next. will this affect me in getting concieved? we have 5 yrs daughter, looking for 2nd child and her weight is 64 before 57</p>	<p>Hi She has already given birth to one child and looking for the second. This is called as secondary infertility. Uterus cannot become small to such an extent after one pregnancy that it cannot hold fetus of second pregnancy. Obesity (more weight) does not directly interfere with fertility, however if obesity is due to some primary because it can cause infertility, like hypothyroidism. If she has adequate height, 67 kg is not over weight not to talk of obesity. Your wife has already given birth to one child she should be able to conceive again unless she has developed some other cause of infertility. I would suggest you to consult a gynecologist who may be able to evaluate her for secondary infertility and may treat her depending upon the cause. Hope this answers your question</p>
<p>Expansible sclerotic lesion in right rib may be benign. Bone scan might be useful.Given that I have only one kidney left, how would the injection of radioactive substances affect my single kidney?2. Moderate right pleural effusion. What are the risks of draining this effusion? What natural alternatives are there (home remedies)? How urgent is it to drain this moderate effusion?I have right pleural effusion, no chest pain, but some shortness of breath especially when climbing stairs.</p>	<p>H . To answer your first question, it all depends upon your creatinine clearance (how good is the remaining kidney functioning), also the reason why one would want to investigate this lesion further. Say for example if I am concerned about a metastatic lesion I would consider a PET-CT (positron emission tomography-computed tomography) if I am worried about a primary bone cancer an MRI and so forth. Moderate pleural effusion in a diagnosed condition is treated by watching closely and making sure that it is improving by serial chest x-rays. However, if it is a new onset of pleural effusion then it should be Salt restriction in a patient with heart failure, liver and kidney issues helps to improve the pleural effusion. I hope this helps.</p>
<p>fatty liver2. hypoechoic echotexture of pancreas.plz tell me whether endoscopy is necessary are not? what is my problem in my health?</p>	<p>Bag (if NOT vaccinated against HBV) 2. Anti HCV 3. Anti HAV4. Lipid profile you should strictly AVOID alcohol until liver enzymes return to normal and intake should be minimum thereafter. Better to avoid altogether. After obtaining results of aforementioned tests, post here or visit treating physician.meanwhile:advice:- also test your blood sugar level-LOOSE weight-abstinence from alcohol-FAT FREE diet - NO red meat-vegetables should be ingested daily-Moreover, less activity should be carried out (no sports), REST more. - use lemon juice (lemonade) once in a day- AdÃlio maybe taken (consult hepatologist/ treating physician)- despite diet and losing weight if cholesterol remains high you maybe need medication to lower it (statin</p>
<p>feeling of dizziness and fear , anxiety . 2. sometimes vomitting and nausea 3.hands getting week i had done eeg and it says normal have done mri which says venous angioma in the left frntal area of brain im little worried if its serious bcoz im a student. plz refer me some medicine. if ayurvedic den it will b good</p>	<p>Dear Normal, Good that you sought timely help. Hand weakness, omitting are cerebral signs and are important if MRI shows a venous Angioma. Medicines are not of use.pl. consult a neurosurgeon urgently to see if any surgery is needed soon. If not you could take symptomatic treatment. It all</p>

depends on many factors of the Angola. It could bleed and get serious. So take neurosurgical opinion and act on it. Pl. keep me posted on progress. Good luck

feeling of testes being a little tight 2. slower urination 3. Semen is yellowish or pale in color. (I do intake onions regularly but even when I dont & then ejaculate the color is yellow or pale) 4. Pain slight heavy feeling in testes while sitting its been few yrs now and the above 3 still exist. I have met many urologists . all acknowledge but say it is fine . 3 days back I ejaculated in bed (wet dream) but I found it was somewhat painful. Yesterday I had oral sex and again I found ejaculation a bit painful. Please advise if there is anything serious ? Also pls advise if there is a test I could do to check testosterone level.

Hello Thanks for query. The symptoms that you have strongly suggest being due to Chronic Prostatitis. Please consult qualified Urologist for clinical and digital rectal examination and get following basic tests done to confirm the diagnosis. Urine routine and culture.2) Ultrasound scanning of abdomen and pelvis3) Semen examination and semen culture.In the meanwhile start taking antibiotics like Doxycycline along with anti-inflammatory medicine Diclofenac twice daily. Further treatment will depend upon result of these tests and final diagnosis. Please note that Prostatitis takes long time to get cured hence one has to take appropriate antibiotics for a period of 6-8 weeks. .

Ferrous Ascorbic, Frolic Acid & Zinc Tablets 2. Fortified Multivitamins with minerals syrup

Dear Hasten, Please follow up with your treating Psychiatrist and report to him about your suicidal ideas. If you have been on any antidepressants, please check with your doctor if you need to make any changes in the dosage or the medicines, for a better effect. If you have had suicidal attempts in the past, the chances are always high that you will have suicidal ideas in the future. I suggest you also try to find out if there are any stressors and triggers that bring on suicidal thoughts. It will help you if you can find a psychotherapist to work with, as well as take a course of anti-depressants. Do write back here for us to know you are doing better. Best Regards Abhijeet Deshmukh, MD

Fever could it be from the knee injury or most likely a cold or virus?

Dear Friend. I have read your query in detail. Furthermore, I understand your concern. A knee injury is unlikely to cause Fever until and unless it is an open wound. The cause of fever is probably something else. It could be due to a Viral Infection. I would advise you to give her Paracetamol as on when required basis, if he continues to have fever, you should take him to a Physician. This is my best advice for you with the available details, if you have any further query, please ask us. Stay Healthy

Fever with sweating in the palm and foot2. Fever stays for an hour and i feel weak3. Having Pain around umbilicus region4. Having Constipation5. Having muscle acheI took antibiotic monocef Bd and Dolosos when i got the fever.Now also I am feeling the same symptoms.Please help me with right treatment.

Hi Deena. Typhoid is a disease which is known to cause recurrence and chronic carrier state. The symptoms you have described could be because of chronicity or due to active disease (i.e. Typhoid or may be even another one). Investigations are different for active typhoid and carrier state. Blood investigations are preferred for active, acute cases whereas urine, stool culture and other serology test (Anti-vi antibody) are preferred for carrier state. Kindly consult your physician for further opinion. Take care.

Fevers come and go all day, headaches are everyday also and occur on the top of the head - not migraine symptoms - no other causes we can identify. Went to the Dr after 2 weeks and he found

nothing. They did bloodwork - said white cells were normal. We don't know what else, if anything, they looked for. His fever tonight is 100.6 - the Dr told him to take Excedrin - which he does 3-4 times a day. But we are concerned since he is never sick. Was diagnosed recently with prostate cancer and the urologist suggested a wait and see approach since the numbers did not suggest a more aggressive approach. Could that have anything to do with his fever and headaches. What else should we have family Dr test for? Thanks

Hello friend, Your husband is in a diagnostic conflict. That means, he is now worried about the diagnosis of prostate cancer and the present symptoms are not because of the cancer but because of the scare it produced in him. Please stop all . They will not do good for the patient. Allow the fever to run its course and once the fever is over, he will feel more released, with improvement of appetite and reduction of fatigue. In the meanwhile, subject him to a counselling or psychotherapy in order to free him from the scare of cancer. For the production of cancer of the prostate, definitely he had a psychic cause that was related with the family, child

first suspected was liver then pancreatic then doctors did not know what type of cancer it was. cause of death was metastatic cancer of unknown origin no autopsy was performed.

Hi I feel sorry for your sister died of metastatic cancer, of unknown origin. The fastest spreading cancers are sarcomas, which usually involve blood vessels, but your in case of your sister sarcoma is not a possibility. As metastatic lesion was first in liver, then pancreas. Years of survival depend upon, at what stage cancer was diagnosed, may be in case of your sister, the diagnosis was very late, say at stage 3 or 4. Pancreatic tumors (cancer) itself are known for rapid growth, quick spread and high mortality. Since the autopsy of your sister was not done, so we don't know type of cancer, and it cannot say with certainty, was it slow growing type of cancer or fast-growing type of cancer?

First symptoms were pain down my right leg and numbness in my right foot. With PT and an injection the symptoms resolved. I now have almost constant low back pain. Second injection did nothing for me. Along with the back pain I now have pain in my right shoulder. Could they be related?

Hi, I have gone through your query and noted the onset of new symptom of pain in your right shoulder. It is not related to the L5-S1 herniated disc as the nerves that are being impinged by the protruded disc do not supply the area in the shoulder. However, I also noted that your pain and numbness symptoms haven't gone away inspire of the second injection. I would suggest you to see your Spine surgeon or orthopedist and follow up with him for further management of your symptoms. Hope this has answered your query.

fluproxy 3 times a day 2.altraday 2 times a day 3. neugaba m 75 once a day. I am having degenerative disc L5 My question is. (a) whaeahter these doses are very heavy and will have side effects?. (b) Is this disc problem get solved or remain throughout life?

Here from your report you have given only one thing diagnosed as L5 disc degeneration. Now here you need to understand disc degeneration happens due to excess stress on disc and damage can not be reverse, but the progression of this can be stopped by taking different medication as well doing physio treatment. Also doing strengthening exercise as well stretching and twisting exercise for spinal muscles helps by increasing the spinal muscle strength and stamina, so there will be less pressure on disc when ever you do more of standing, sitting work. Here you should also take suggestion on ergonomics from physio which will again help you to work in a comfortable and many effective postures by giving minimum or no strain on your back muscles. The tablets you have mention is fine and will be helpful for your problem too. But physio treatment and exercise follow up is extremely important so do follow it. Take care.

Focal marrow edema in the musculo-tendinous junction without obvious retraction or fraying of the

fibres2. Focal subcortical erosion in the anterior aspect of head of the humerusPlease help understand this

Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. You need to consult your orthopaedician immediately based on clinical examination, you may have to either immobilize the limb or even undergo surgery. Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. In the future, for continuity of care, I encourage you to contact me directly in at <http://ask>

Folomega - morning after breakfast 2. Tab Livogen -Z : After Lunch 3. Shelcal 500 - Morning after breakfast and Night after dinner.Also, we have informed that we need to travel somewhere for two days in train after that my doctor gave Naturogest SR 400 Tablet to have two before travel and two days after travel.Here is my question.These all tablets are good to take?Naturogest is for what?Also Howz my wifes health now based on the tablets given.Please advise and suggest doctor.

The above 3 mentioned tablets have folic acid, multivitamins and calcium which are essential during pregnancy. The 4th tablet naturalist is progesterin which helps in preventing uterine contraction which can occur in case of some undue work or movement. Its supportive medicine and will not cause any harm to pregnancy.It's safe to travel by train during pregnancy. Progesterone is a hormone which keeps uterus in relaxed state and prevents preterm labor that means labor pains before due date.

For several weeks now he has had what he calls warming streaks on the left side of his head, going down his neck and left arm. For several days now he has had very little strength and sleeps a lot. He says he doesn't need to go to the Dr because he has an appt on Monday. Isn't this more urgent?

Hi, Thank you for posting your query. Your father could be having partial sensory seizures, where patients have similar symptoms. This is due to his old bleeding stroke in the brain, called as post-stroke epilepsy. He may require an imaging such as MRI brain and EEG test. Following which, he should be started on anti-epileptic medications. There is no need to worry at this stage. I hope it helps. Please get back if you require any additional information. Best wishes, . Ly/

For the past 3 weeks I have been having all the symptoms of pregnancy with the nausea, light headed, sore breast, light abdominal cramping and lots of trips to the bathroom. The only thing is I did have a cycle a week into the symptoms so I thought they will go away but it's getting worse. My cycle was cut short last month on the 28th only last 2 1/2 days and usually last 4 to 5. I took a pregnancy test and it was negative. Can it be pregnancy but too early to tell or something else

Hi, If you had a normal period during this time, pregnancy can be ruled out. Your symptoms suggest very early pregnancy. As you had a short cycle, you should suspect pregnancy. You can either go for a repeat HPT with a fresh early morning sample or get the serum beta- assayed. The latter is sensitive and specific. You should also exclude any urinary infection by a urinalysis, examination and sonogram. Please take plenty of oral fluids. Hope your query is answered. Take care.

For the past 10-12 years my heart rate has always been between 40-60. I am now 64 years old, do water aerobics 3 times a week, have never smoked and have never had a previous abnormal EKG. I was very active in a lot of sports when I was young and played pickup basketball games until the age of 50. I do take meds for peripheral neuropathy, arthritis, fibro and sinus issues. I also do feel fatigued at times. Is this a serious condition that warrants postponing my knee replacements or

<p>what?</p>	<p>Hi Miami understand your concern regarding your knee replacement surgery and I want to tell you that those people who are involved in sports activities and are physically fit like athletes They do have their heart rate on the lower side. That's actually a sign of healthy heart. No Ma'am It's your normal physiology and it will not postpone your surgery, although your surgeon might take a cardiologist opinion to declare you fit for surgery. I wish you good health</p>
<p>For the past 2 weeks I am having regular pains in my chest. The pains starts and recedes. I suppose this has to do something with gastric. The pains takes place in different parts of the chest not particularly to heart. Please advise.</p>	<p>Respected user, hi Thanks for using .come have evaluated your query thoroughly.* There are various reasons as - muscular pain - in relation with intercostal nerve endings - bony rib cage related as inflammation of rib, fracture - lung disorders as allergy bronchitis, effusion, tumors, others.* Needs thorough clinical examination, x-ray chest or other necessary evaluations to find the diagnosis and treat accordingly. Hope to clarify question. Welcome for further assistance . Thanks for using .com & giving opportunity to assistWishing fine recovery. Regards dear take care.</p>
<p>For the past 4 years i have been bleeding occaionally but not from my vagina. i know because when this happened i used a tampax thinking it might be menopausAL BREAKTHROUGH. It was not. When i would have a bowl movement and wipe, there will be blood near ,my vagina but not near my rectum. also my stool was a normal color. Sometimes i have small clots, sometimes just pink when i wipe, sometimes a burning sensation when i urinate. Im confused and scared, my mother had bladded cancer. What do i do, where do i go,, i have no insurance and we live off of my husbands disability.</p>	<p>Hi, You are 57 years old, periods stopped, for the last 4 years you are bleeding occasionally, but not from Regina, but after bowel movement, near to Regina. Burning sensation with urine. It could be urine infection, or a stone in the urinary tract, you can use antibiotics like definite with the advice of a doctor, if no relief you can consult a urologist for diagnosis and treatment. Don't worry you will be fine.</p>
<p>For the past couple of months I have been developing a lump on the top of my leg down by the stump. It is sore when putting on my artificial leg, but doesn t really hurt. Is this something to be concerned about. Thanks, Colleen</p>	<p>Hi, Dear,Thanks for your query to virtual Clinic. I studied your query in all the details put forth by you. I understood your health concerns. Cause of the health problems you queried-There are many causes of the sore lump on the top of the leg, after leg amputation like, Amputation neuroma, Amputation dermatomes(skin infections/infestations, Amputation wound Granuloma, Cracked stump skin, phantom limb pain/ soreness/ or a compromised skin circulation with skin wound and infection. As the soreness is while putting your artificial leg and is caused around the lump developed,-Cause in your case seems to be either from Amputation stump skin tag with sore skin eczema, or skin infection with soreness/ Or could be due to the Amputation neuroma-due to excessive lumpy mass of the amputated nerve end in the amputated leg stump. As I don't have any first-hand information or a photograph of the part, I suggest you to consult ER Ortho-surgeon, who would rule out other causes and would treat it according to the cause of this stump lump on the top of the amputated leg. Remedy-So till the time you consult ER Or tho Surgeon and get his definitive opinion after above investigations, DONT WORRY AT ALL but you need to be worried as it would complicate into some other serious problem with your amputee leg. And act fast on the above suggestions, which helps you to plan treatment with your ER OrthoSurgeon. Hope this would resolve your query with full satisfaction. Welcome for any further query in this regard to ME by direct question at . Write excellent review and hit thanks, to narrate your experience, which would</p>

improve my rating for many other visitors to . Wishing you fast recovery. Have a good day. . N.

Senior Surgical Consultant. M.S. GenI-CVTS

Input	Output
Four year ago, I had to start wearing glasses to drive at night. Two years ago, I needed them to drive all the time. I ve always been very active and have a healthy diet. I used to smoke but switched to Snus two years ago because now I don t smell. I m on antidepressants, but started weaning myself off them 7/22 with guidance from my doctor. My goal is to try getting pregnant in a year. Is there something wrong with me?	Ovarian cyst / follicles etc. can be symptoms of polycystic ovarian disease, where inability to conceive can be a problem. But, there is effective hormonal treatment available for such conditions Depression, too, sometimes cause delay in conception again causing some hormonal imbalance The cause of cataract at 21 yrs of age need to be evaluated, if any systemic cause, they need to be treated I think treating the three conditions should be possible easily and getting pregnant should not be a major issue

From 25th may, I started applying daily a mixture of milk (boiled) with turmeric on my face, neck and arms as well before I take bath which was supposed to be applied for a natural glow. 2. I was using an old cleansing milk too from last 15 days, which I saw today, that the same has already been expired in 2013. 3. That facial could be a reason as I have gone through the same for the first time. But I have had a few pustules before the same. 4. Another thing is, on the very next day I have gone through the facial, i.e. on 06.06.2014, We had some breakage work at home, and the time the labor completed their work and the cleaning of cement and dust was started, I started getting my skin more itchy and even flammable. Then I washed my face with cold water and mild soap & was feeling better after doing so. It was all fine with my skin during 07.06.2014. I done mild makeup too on my skin but got no rashes, itching or any kind of inflammation but all of a sudden on 09.06.2014 I got allergic reaction and went for a doctor today. I was using that cleansing milk during these two days for makeup removal too. Kindly let me know the exact reason or the most probable one so that I can take care of my skin in future. Regards Shikha Sharma	I have gone through your query and can understand your concerns. As per your complaint it seems that you have Allergic Contact Dermatitis causing inflammation and bumps over the face due to allergic reaction to any of the cosmetic product that you have used. It is a bit difficult to explain that what is causing the allergic reaction without proper evaluation and investigations as dust, turmeric as well as expired cosmetic product all are potent agents that can cause allergy. Consulting an Allergist and getting evaluated will help you to rule out the exact cause of reaction. You should continue taking the anti allergic and other topical agents advised to you by your physician. For lubrication of skin you can use algebra gel. For facials use only dermatological tested branded products. Wash face frequently with cool water. Avoid exposure of skin to dust as well as over exposure to sun should be prevented. Hope this information helps. Thanks and regards. .
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From 93, I am using Asthalin inhalers and foracort inhalers. For the last 9 years I am taking combitide 250 and 15 to 20 puffs of asthalin a day. I am a professional musician.Now a day, I gain 10 kg weight, now I am 80kg. I have knee pain, back pin and I feel very much depressed. What is the end of this medicines. without steroid I can not survive. With steroid my physical condition is getting worse. Can you predict, what will be the next step in my life. I have two small children and a multi talented genius busy husband. If I am not fine, everybody will get affected. I purchase 2-3 inhalers a month. Keeping it in every corner of my house. I want to live without steroid. CAN ANYBODY HELP ME?	Yes off course!! You should not be so much worried at first instances, as there are ways to be free from steroid. First I would recommend you to get Sr.IGE done. Next get a spirometry done latest. Next pl seek an appointment for the allergy skin testing(AST). As AST will identify your allergens.
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And you try to avoid them. This will decrease the continuous pouring in of allergy content in your body. Then you have the option of steroid sparing treatment. Depending on the severity with bronchodilators and montelukast. Then you have anti Sr. IgE omalizumab therapy. Before all that I would strongly recommend you to seek an orthopedics specialist. Opinion as this will help you to measure you bone density. As you were on steroids since long so pl get serum ca levels also. Rest assured that you can lead a life comfortable without steroid.

From past 5 days I have been suffering from hyperacidity and I also dont seem to have any appetite. Could you kindly suggesta remedy? And also can you tell me whether this is normal or something to be worried about

Hello dear, I understand your concern. In my opinion the acidity and reduced appetite might be normal in pregnancy. The acidity or gastritis is due to influence of progesterone hormone. Take antacids and avoid spicy and oily diet. Take food in small quantities every 2 hourly. Acidity itself might cause decreased appetite. So when acidity gets corrected it gets back to normal. Appetite increasing syrups can be tried. Nothing to worry. Irrespective of appetite take food on time. Best regards.

From the last 4 or 5 years i was had a fever(not typhoid fever)frequently after 4 or 5 months. Now i have had a typhoid fever every year from d last 2 years , not a severe typhoid only 1:120. I have never had any typhoid fever before. plz tell me what should i do to prevent it.my all test reports and chest x-rays r normal. 2. In my test report there is a red blood cells shows mild aniso- cytosis. predominantly normocytic normochromic cells r present.What does this line means and tell me d cause and remedy of d RBC problem.

The TIDAL test reports both the flagella (H) and the somatic (O) antigen titles. Significant titles to diagnose a patient as having typhoid are:Salmonella type H: 1:200Salmonella type O: 1:100Your title is 1:120 if this is the O antigen title then it is not significant. Typhoid infection can be prevented by simple measures such as consuming boiled water, thoroughly washing vegetables, fruits before consumption. Typhoid mainly spreads through contaminated food and water. As far as your red cell count is concerned a normal RBC count would be about 4.5 million/mm3. Mild endocytosis, normochromic cormocytic cells are normal findings as long as your hemoglobin and hematocrit is within the normal range.

Further evaluation shows decreased activity of hexosaminidase A. Which mutations best explains these findings?

Frameshift

Further evaluation will most likely show which findings?

Absence of right-sided motor function below T1

Further examination with fluorescent probes reveals a third copy of chromosome 21 genes that have been incorporated into another chromosome. What is the name of this mechanism of Down syndrome inheritance?

Robertsonian translocation

Further for your knowledge I am also under Anti Tuberculosis Medication - 8 months. Please advise what could have caused candidial vulvovaginitis. 2. When I read the instruction on the tablet pamphlet I understand that this should be taken when patient is not responding to other therapies. I have not been under any other medicine before this for vulvovaginitis. Is it safe to use this medicine. After reading the pamphlet i am more worried as it has mentioned lots of side effects. Please advise

Candida is part of normal flora of the vagina. Its overgrowth as in your case might be triggered when antibiotics are used or when immunity is low as in your case being treated with

anti-tubercular medications. 2. Clinger forte is a combination of both antibiotics and antifungal medications that would help improve your vulvovaginitis symptoms (Clindamycin, Clotrimazole and Tinidazole)To my opinion, that's a perfect choice to treat your vulvovaginitis considering your actual health problems. I advise using it as advised by your doctor wishing fast recovery! .

Furthermore, these cells were found to undergo invasion into the surrounding tissues. Given these findings, the patient is referred to an oncologist for further evaluation. Upon further imaging, the patient is found to have no lymph node adenopathy and no distant site metastases. Which would most properly describe the lesions found in this patient?

High grade and low stage

Gave motrin, fever is down, but still tired. Intake/appetite is much better. Lymph nodes are not swollen. Allergies, food poisoning??

She may have a new onset upper respiratory infection (cough/cold) since she has a sore throat. These are normally viral but can be associated with vomiting and loose stool (diarrhea not diagnosed unless 3 loose stools have occurred). Allergies do not usually cause an increase in temperature. Treatment with the pain/fever medication was a good idea and should be continued. Allow her to rest and use fluids. I hope this helps

Gave sponging and syrups. Urine in yellow.Day 4: temp reduced to 99. Maintained same throughout the day. But running nose started again and severe cough. Vomiting in the noon. Urine normal. He is continuously coughing while sleeping. Please advise.

Hi Dear, Understanding your concern. As per your query you have symptoms of persistent cough despite taking medication which is due to severe upper respiratory tract infection. It seems due to poor immunity of body you are highly susceptible and prone to infections. The infection is probably a strep throat. Need not worry. I would suggest you to start with course of antibiotics and anti-inflammatory . For now do warm saline rinses, take rest. Avoid taking cold beverages. You should take mast cell stabilizers to prevent from infection. I would suggest you to consult ENT specialist without any delay. Doctor may order blood test, throat swab test or virus culture test. You should get an x-ray of the chest. Doctor may prescribe antibiotics amoxicillin at least for 10 days along with buccolic agents. Go for complete blood count and platelet count to rule out any hidden systemic pathology. You should avoid hot, sharp and spicy foods. Hope your concern has been resolved. Get Well Soon. Best Wishes,

GLOCOPHAGE 250 mg twice a day. I am taking it from last 5 months Further they gave me 3 months treatment which is following: 2 .CEROPHINE 100 mg from 2nd day of periods till 5th day 3. At 12th day IVF injection 4. at 21st day of periods PROGESTON test After tis treatment my periods get so disturbed that I have only 1 day spotting,please tell me that which thing from all this treatment effect my periods cycle

Hi, I have gone through your question. Progestin is progesterone which supports the pregnancy by making uterine environment more favorable for conception. It also causes delay in the periods or sometimes no periods at all. I would suggest you to get a urine pregnancy test, of it is negative, then do wait for 7-10 days after stopping the progesterone for the proper periods to occur. Glucophage is metformin which is given to improve the glucose metabolism and hence increase the chances of conception in PCs patient. Cerophine is camphene citrate which is an ovulation induction . Hope you found the answer helpful. Wishing you good health.

Gluconorm-PG1 (early morning before breakfast) Salt- Glimepiride, Pioglitazone Hydrochloride and Metformin Hydrochloride(ExtendedRelease) 2. Amlovas OL 3.Mypril Plus 4. Citicoline Tablets (CT DEC 500) Please tell me is he going right. Thanks and m waiting for reply. YYYY@YYYY INDIA

Increase the intake of roughage and fiber .2. Have more green leafy vegetables3. Have half a

lemon in warm water first thing every morning4. Eat whole food direct from nature as much as possible5. Eat several small meals throughout the day to prevent the sudden bowel contractions that large meals can cause.6. Add a laxative and an antacid

Glycomet 500 SR. and 2. Foracort inhaler. The dosage side effect of the same. I have fasting sugar level at 109 - 120 (age 31 male) Can foracort be used in caught and cold condition? is 6 sprays of Foracort 100 is ok in case of emergency. (age 30 yrs female) . Is it alright to use if the person has thyroid?

It is advised that you write about your present history of illness and describe signs and symptoms. The medicines in question are used for diabetes control and asthma depending on response the doses are modified. With your current fasting sugar it seems the dose is adequate for glycogen. The effect can be hypoglycemia if diet is inadequate. Foracort inhalation can be taken during cold also provided asthma symptoms are persisting

Grade I fatty liver. 2. Grade II prostatomegaly 3. simple cysts on the kidney 4. significant postvoid residue of 280 ml 5. irregular urinary wall thickening. But he is normal in all activities. Please advise. We took him to our family physician he asked for a Urine culture which we had already done 15 days back which is normal report.

Dear and thanks for choosing us. I understand your concerns. Firstly, I would say you should be cautious but don't worry too much. You have most probably got hepatitis, which is inflammation of liver cells. In the beginning it is reversible. However, I would like to know following 1 number of years you consumed alcohol if you consume regularly 2 average amounts you consumed daily 3 your general health like weight, blood pressure would advise following to heal your liver 1 absolute no to alcohol 2 healthy and balanced diet 3 less animal proteins for 3 weeks and then continue as per your habit know about possible disease in future you need to do following 1 liver function test at least once in three months till you get normal reports. Then you can do once in six months 2 immediately report to your doctor if you get pain in abdomen, fullness in abdomen, yellowish urine, yellowish skin, extreme fatigue. You also have enlarged prostate with kidney cyst, for that you need to consult a urologist to plan a surgery and to rule out bladder carcinoma (irregular urinary wall thickening) I hope my reply will help you. Please write to us or me for more questions. I wish you good health. Kindly rate this reply. Thanks

granry-150h2.Storfib 145Zevit caprequest send reply

High risk patients who have a high risk of developing a future heart attack need to be taking a medicine like atorvastatin to prevent a heart attack. Besides this Atorvastatin will also reduce cholesterol. In some patients' cholesterol is high inspire of taking atorvastatin maximum dose. In such patients . Do you have high cholesterol? How is your LDL & HDL cholesterol? If your cholesterol is normal, then you can continue taking only atorvastatin. The period is usually indefinite once the age is above 50 years.

Gross: Recd. in formalin a single greyish white irregular soft tissue piece measuring 2.4x2.0x0.8 cms. Cut surface is smooth & firm in consistency. Microscopic Examination: Sections are composed of Diffuse Sheets of large cells containing coarsely clumped nuclei having prominent nucleoli and is surrounded by a distinct eosinophilic cytoplasm. Also seen are plasmacytoid cells along with granulocytic series of cells . An occasional mitosis is also observed. Interpretation/Diagnosis D/D: ? Extramedullary Granulocytic Sarcoma ?? Lymphoplasmacytic Lymphoma ??? Plasmacytoma Comments: ADV: IHC: MPO, LCA, CK, CD43, CD38/138, CD3 I am unable to understand the report. Kindly let me know whether it is cancer , If yes which type of cancer , which stage, Chances ? My mail id is YYYY@YYYY (in case I lose connection) Thanks & regards

Extradural mass at D12-L1 vertebra level means, Spinal cord is covered by dura, Pia and

arachnoid covering and mass at this point is absolutely correctly given by histopatho report of biopsy(extra myeloid granulocyte sarcoma??, lymphoplasmacytic lymphoma?, plasmacytoma?)

So but all together cancer treatment is firmly based on final diagnosis you can't treat all three differential diagnosis, so you have to finally conclude one of them by a special test so called Immunohistochemistry which is a currently available weapon to diagnosis of cancer beside H&E Stained biopsy report, Once IOC has given report of biopsy, majority time we have to believe it's finding of it and start treatment as per its report. If its lymphoma then treatment is chemotherapy followed by radiotherapy to local site, if its sarcoma treatment is chemo, if it turns plasmacytoma then radiotherapy after skeletal survey of whole body to rule out possibility of multiple myeloma.

H.B in blood is 13 grams. She is oftenly getting chest , throat and head tightness. She is suffering in sometimes rapid heart beating . ECHO, Pulmonary and ECG shows normal. In Xray denotes full gas said by one MD. So she is suffering rapid heart beating due to gas only. We used such doctor medicine for 10 days no changes in patient problems. Yesterday we visited another MD cardiology specialist has took another ECHO and said normal. But he ultimately says it is not gas problem and heart is not taking blood promptly from system so you can use medicines for 15 days. In both doctors said no BP. SINCE 5 YEARS SHE IS SUFFERING BURNING PROBLEM BELOW THE RIGHT BREAST. THERE IS NOTHING WILL BE IN SCAN.SINCE 40 DAYS WE TOTALLY STOPPED SALT IN CURRIES AND CURD RICE. SHE USUALLY TAKE VEGETABLE JUICE MORNING, AND MOST OF DAYS COOKING PULSES AS BREAKFAST. REGULARLY SHE CONSUME MINIMUM 4 LITERS OF DRINKING WATER AND BREATHING EXERCISES.KINDLY GIVE ME YOUR VALUABLE SUGGESTIONS FOR TIGHTNESS OF CHEST,THROAT AND HEAD. At present 2nd MD prescribed medicines are.ROSUVASTATIN, CALCIUM IP 2.ANGISPAN -TR (timed release capsules of nitroglycerin) 3.NIKOS 5(Nicorandil tablets 5 mg 4.ETIZOL PLUS 5 (Etizolam & escitalop) 5.RANCAD (Ranolazine extended release tab.500mg) 6.IVAMAC(Ivabradine tab). more medicines? Differ opinions. g.v.ramulu chirala.

Hi, your question has a complex answer and therefore the delay in some medical answer it, but I'll try to help you. The overall picture you describe suggests that doctors are treating his wife to severe angina. Angina is caused by a significant obstruction in one or more coronary arteries. To confirm these obstructions is necessary to do a coronary catheterization and thus organize a definitive treatment. There are four forms of treatment for patients with blocked coronary arteries:1- Clinical treatment: Made with medications that reduce metabolism and oxygen consumption of the heart muscle, as well as medications that dilate these arteries.2- Coronary Angioplasty: It is usually used for patients with one or two obstructions in arteries and consists of placing a stent device at the site of obstructions by facilitating local blood flow.3- surgery for revascularization of myocardium: Used for patients with unfavorable obstructions' angioplasty, with better results in the long term in relation to the placement of stents.4- Cardiac transplantation: It is only indicated in extreme cases, when none of the above treatments are possible or effective, associated with significant worsening of cardiac function. It is the least common treatment used. If the optimal medical treatment is not working well, the ideal is to evaluate the possibility of using one of the other alternative described above. Hope I have answered your question. If you have any further questions I will be happy to help you. Wish you good health.

he has enlarged prostate[benign], given Veltam plus and taking for almost 25 days. 25 days prior he could not urinate and had to use catheter for the first time to drain urine.now he is passing good amount of urine but sometimes feels a burning sensation while passing urine which goes the moment he passes urine. his urologist has asked him to see him after a month.is the burning

sensation because of veltam plus. he doesnot have any other problem.no medicines expect
supradin(vitamin) once a day.kindly please guide me.

Hi, There might be mild burning urination because he had an indwelling catheter for some time, but this should not be a problem and will disappear with time usually. Delta is a reasonably good rug in that it will help your father avoid retention of urine, especially if it has been combined with Finasteride. Importantly, your father might be feeling he is voiding urine well, but the correct estimate of how well he is voiding is to get a test called Uroflowmetry done, followed by an estimate of post-void residue in bladder. If the flow is poor or if the residue is very high, he could still benefit from endoscopic prostate surgery which is, under normal circumstances, a very simple procedure.

Input	Output
Had a colposcopy done 10 days ago with good results but for about five days now I have been having chronic muscle aches in my thighs and mild cramps (almost how my PMS used to be in my younger years). overall nagging aches.why? Is this normal? I had a colposcopy done about 6 yrs ago with no problems. Now I m worried.	Dear friend, I understand your concern, no need to worry, see muscles cramps and pain may be due to many reasons, but most common will be fatigue and nutrition deficiency as you said there was history of colonoscopy so due intestinal erosion the temporary reduction in absorption of nutrients will occur, especially when there will be deficiency or lack in calcium and magnesium and vitamin D, then cramps may occur, so you just increase your intake of calcium and other vitamin by taking green vegetables fruits every day. Do every day Panama and yoga practice, so your muscles will be flexible and healthy, so no cramps will occur. I hope you are satisfied with this answer. Thanks
had echo, stress test, ct scan of lungs, cardiac enzymes. all negative, visited g i specialist and rheumatoid dr. prevacid daily ordered. no help, indomethecin ran my blood pressure sky high. still with daily chest pains. nitro doesnt help. please help.	Avoid stress and tension. 2. Avoid hot and spicy food. 3. Avoid large meals, instead take frequent small meals. 4.
Has anyone done this and got pregnant later?2. If my block is removed in laparoscopy (Hopefully i can get pregnant naturally) 3.what are the precaution we have to take?4. is one tube is not sufficient for get natural pregnant?5.what about the success rate of this surgery and side effects?Please help me. Im in a lot of confusion. Should I go for this???	Has anyone done this and got pregnant later-YES. It is effect.2. If your block is removed in laparoscopy, you can get pregnant naturally. No doubt in this. You can go through it without confusion in your mind.3. What are the precaution we have to take-try to do coitus in the fertile period (it starts from 10th to 16th day of menses) during which ovulation occurs, sperm fertilizes the ovum and women becomes pregnant. Chances of women getting pregnant is high during this period. So try to do more episodes of coitus during this period coitus.4. Is one tube is not sufficient for get natural pregnancy - YES, ITS SUFFICIENT for get natural pregnancy, but chances is may not be as equivalent if both tubes are patent. But chances are enough to get pregnancy naturally.5. What about the success rate of this surgery and side effects-success rate is quite good. But it depends on surgeon experience and infrastructure where the doctor is working. After blockage removal, try to do coitus in the fertile period as explained above. Try to discuss freely n openly with your treating doctor without any hesitation. They have done specialization in infertility for the purpose of the people who have this kind of problem, they would be happy to solve your doubts. I hope this is informative enough, useful and helpful for all your queries. Let me know if I can assist you further.
Have taken 1/2 of pill, as directed, with little relief. Was instructed to take 1 full pill if not enough relief, but am wondering if I can take a 400 mg tablet of ibuprofen (prescribed to my 14-year old son for orthodontic relief, which he no longer needs). I suffer from rheumatoid arthritis and get excellent relief from naproxen sodium, however have not been taking often as I have learned there is moderate interaction with my blood pressure med (lisinopril-hctz 20-12.5 M). Perhaps it is best I just take a full pill of the hydrocodone/acetaminophen as prescribed? TYIA.	Hi. Thanks for the query. If you are not relieved with half a pill of HY . One thing that I would like to tell you is that pain after wisdom tooth extraction is a common finding, you need not worry, the pain will gradually subside as the healing will proceed. So if there is tolerable range of pain then you

need not worry and just relax. However, you can take Ibuprofen but the combination you are taking is competent and even stronger, so better continue with the same. You can also apply Lidocaine gel over the extraction socket to reduce pain. You can also do cool compresses over the cheek. Hope this helps. Regards.

He appears tearful and in mild distress. His temperature is 37.2°C (98.9°F), pulse is 72/min, respirations are 17/min, and blood pressure is 80/50 mm Hg. His right ankle is mildly swollen with no tenderness over the medial or lateral malleolus range of motion is full with mild pain. He has marked enlargement of both calves. Patellar and Achilles reflexes are 1+ bilaterally. Strength is 4/5 in the deltoids, knee flexors/extensors, and 5/5 in the biceps and triceps. Babinski sign is absent. When standing up from a lying position, the patient crawls onto his knees and slowly walks himself up with his hands. Which is the most likely underlying mechanism of this patient's condition?

Absence of dystrophin protein

he collapsed and in CT scan he had apparently a thalamic bleed. He had a Rt ventriculostomy done. Up to now he is still intubated, no sign of life on the right side of his body, his left only responded to pain. GCS of 7-8. What do you think is the prognosis? If he wakes up what may possibly be the outcome. Thank you so much

Hi The blood will ultimately dissolve and shrink and the leftover brain parenchymal will resume its working when pressure of this blood is reduced to normal, and it always takes time. Your patient is expected to come out of coma once brain pressure is normal. There may be left over deficit on side opposite to affected side. Right at moment you should concentrate on physiotherapy of the whole body, timely medications and postural changes to avoid bed sores. Ripple mattress should be used so that once he is out of coma, he has not developed any complication of unconsciousness. It's a time taking process and aim is to maintain life during his critical time. Hope I have answered your query. Let me know if I can assist you further.

He completed chemo, radiation, stem cell transplant the same year. All scans, have been clear with last scan being November 2013. He started vomiting last Saturday in the middle of the night and has been vomiting once a day only in the middle of the night or around 5 am. He does not feel bad prior too or even after. He also had diarrhea as well. On Wednesday he came home from school completely exhausted and only wanted to sleep. Thursday he complained about his legs hurting really bad that he could barely walk or tie his shoes. His appetite has also decreased where he only eats once a day.

I really appreciate your concern, your son is having malignancy and taking treatment for this now he lost his appetite this could be because of the disease itself and the side effects of therapy and second possibility of some gastrointestinal infection these all needs to be examined, but for the symptomatic relief he can be given Tab Ondansetron for the exact cause he needs to be examined clinically, hope this information helps you have good day.

He doesn't sleep in night and keep calling everyone whole night. 2. he feels that some or other is planning a conspiracy against him. 3. he is very very suspicious. 4. he abuses people for things that not really happen or to the people who have nothing to do with him. 5. he feels so damn depressed i cant explain. 6. he is not at all confident. 7. his mood swings within minutes. 8. he smiles sitting alone. these are only some signs. we have his reports and want him to meet you. Now even he feels that something is wrong with him and my mom has told him that he needs medication. but he takes medicines for some days and again stop taking medicines.

Hello. Thanks for your query. If you would like to consult a specific doctor or a specialist, please use the premium service. Your brother seems to be suffering from a psychiatric disorder called Schizophrenia. This is a chronic disorder, which needs regular and long term treatment. Stopping

medication or irregularly taking medication will lead to relapse of symptoms. Please take him to his psychiatrist for further treatment at the earliest. If he is refusing to take medication or co-operate, then other treatment options such as in-patient treatment or long acting (depot) injections have to be considered. Please discuss these options with his psychiatrist. Wish you all the best. -

he got jumped by three men. He was knocked on conscious, hemqtoma in the frontal lobe and 15 stitches in the face. How can I get him help? He needs to nbe reevaluated because I think that diagnose was wrong because he was coming down from being addicted to methadone

I really appreciate your concern, look this is really situation, and this has to be taken seriously, in such cases I actually advise the relatives of the patients to get the patient admitted, in good psychiatric ward under the care of psychiatrist this is the only option you have and this is the only best one, he will be taken good care there, hope this information helps you take care of him, bye

He has a runny nose and sometimes a blocked nose he also have eczema now so could it be the formula? What formula will help baby next. I did try isomil he had 4 bottles but threw up. Please help!

Hi.these symptoms might or might not be related to formula feeds. These symptoms can occur in cows milk protein allergy too which causes eczema due the food allergen in the cows milk. I suggest you consult your pediatrician and shift over to lactose free formula than low lactose formula. Another thing is if you are still breastfeeding the kid, you nÃ©e to go off the cows milk and cows milk products completely. Regards -

He has been medicated with Ketotifen and the doctor said he would stay on this for a year or more. Can you tell me more about what this means for him and why he has this? Thank you so much, A worried mother.

Hi, dairy have gone through your question. Eosinophilic gastrointestinal disorders are chronic digestive system disorders in whichccertain food proteins trigger an overproduction of eosinophils in different areas of digestive tract. It can be mucosal or submucosal or other type. Stomach is most commonly affected. It can lead to abdominal pain, diarrhea, weight loss, weaknesses, malabsorption, protein energymmalnutrition etc. Basic aim of treatment is to control inflammation. Corticosteroids, sodium chromogylcate, ketotifen, montelukast are commonly used. Duration depends on type and involvements. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

He has been on the medications of carvediol, simavastin and a cholesterol med since the surgery taking 2 doses a day, yet with his weight loss and reduction in blood pressure, his meds have been reduced to 1x p/day for the past six months. His recent labs revealed low cholesterol and normal range for all other areas. His recent echocardiogram within the last 10 days revealed an ejection fraction of 35%. Can we expect this ejection fraction to improve even further over time, or is my husband still at risk for CHF? I appreciate and thank you in advance for your opinion. Thank you Lizette

HI have gone through your question. Your husband underwent bypass surgery, and it is indeed good that his EF improved to 35% from 25%. Actually such improvement depends on pre bypass state of muscle of heart. If bypass it was irreversibly damaged due to heart attack, then there would be no scope of improvement. In case of your husband 10 % improvement is significant.however 35% is moderate dysfunction .so he must continue medicines regularly with regular check up. Ramipril in permissible dose as per blood pressure will help him. He has very less chance of going into Frank heart failure. My best wishes .

<p>He has been receiving transfusions for the past year 2-3 units every 3-4 weeks his HGB never goes above 10 low is usually 7 platelet count is usually 24-27. was receiving weekly injections of procret 0000. Recently he was hospitalized and had over 3 liters of fluid removed from around his heart and lungs. He has decided he no longer wishes to receive Medical intervention. Hospice has be ordered out to our home. I am curious as to how long he can sustain without treatment?</p>	<p>It would have been better had your father-in-law been able to receive chemotherapy for his disease. However, I presume that in view of his advanced age, the decision not to take chemotherapy must have been taken, and he was placed on supportive treatment. Going by the rate of transfusions that your father-in-law has been requiring regularly and the complications that he already has started to develop, he is unlikely to survive for more than a few weeks (2-3) in the absence of active treatment in a hospital and even that is being hopeful. You have to take a collective informed and reasonable decision regarding the continuation of therapy in this regard.</p>
<p>He has been suffering with a balance problem 0 vestibula neuronitis ? i think its called. Today he has developed a rash over his hip are - from one side of his torso to the other. His temperature is lower than normal too and he is suffering with feeling extremely cold - although he is well covered.</p> <p>He ia also a type 2 diabetic</p>	<p>Hi . It sounds like infectious disease, so I don't think it is related to his previous medical history. It can also be allergy reaction. Whatever it is, he should go to a doctor and do basic blood and urine tests. Usually this is respiratory or urinary infection, but some insect bites may be considered as well. Till you visit doctor, keep him HY . Wish you good health.</p>
<p>He has had dialysis at least 3x but none this weekend.What would cause the drop in hemegobin?</p>	<p>Hello and I reviewed your query and here is my answer. As you said that he is on dialysis so most like the patient has got renal problems which means the patients kidneys are not functioning properly. Do ti which erythropoietin cannot be produced by damaged kidneys which are essential for erythropiosis. This may be the cause of low hemoglobin. But the patients should be tested for other causes of anemia as well. Hope I answered your query. Ask more if u need further assistance. Thanks. Regards. . G.P</p>
<p>He has passed soft and watery stool more than 11 times since morning. He has fever from 48 hours now, but it comes and goes. I showed him to Dr yesterday and she said wait for 2-3 days.</p> <p>His head and chest is more warmer and legs and hands are cold as usual.</p>	<p>Hi thanks for posting on . I understand your worry. According to your description its likely that your baby has developed an acute infection probably viral gastroenteritis as he passes watery loose stool. Fever is due to the infection. In infants its usually head and trunk become warmer as their surface area to body ratio is high than adults. In other words more heat is passing out from larger surface areas like head and neck. However, if the baby continues to have loose stool he might get deny . So if you feel his hands and feet unusually cold it's better to admit him to hospital soon. If he can take orally (oral rely</p>
<p>He has tried taking HTZ, but said it made him feel awful. He thinks this is just his normal, but Im concerned. What should we do?</p>	<p>Regarding your concern, I would explain that his systolic blood pressure values are within the normal ranges. His diastolic blood pressure values are a little high and may be indicative of first stages of high blood pressure. Coming to this point, I do not think that HTZ is necessary. I would just recommend some lifestyle modifications: - reduce salt and caffeine intake-perform a lot of physical activity (walking, aerobics, recreational sports, etc.)- try to lose some pounds of he is overweight. Hope to have been helpful! Wishing all the best,</p>
<p>He is also on Olmezest and Deplatt CV. He has gone thru had heart attack, by-pass surgery etc, in</p>	

<p>the past. Currently, he seems ok in the mornings but 3 pm onwards he becomes uncommunicative, staring, whispers, moves abnormally, cannot follow simple instructions etc. Why is this? When is he likely to get better?</p>	<p>If your diagnosis is right, I guess treatment is somewhat not proper. As in paranoid schizophrenia antipsychotic medicines are needed. You have capital(200)- amisulpride but for paranoid schizo it is required more than 400 mg. Next is there to prevent depressive features. I think he should be evaluated for diagnosis gain for better outcome. You didn't mention when the illness begins, so difficult to judge about prognosis. If it is schizophrenia, likely possibility it can be controlled with medicines, but you have to continue medicines for long as per treating doctors advice. If it is depression it a be cured. So reevaluation needed for treatment and diagnosis.</p>
<p>he is basically a good student. but recently his teacher complain that he can t concentrate in class from last two month. He is a health kid. He Is not under any medication. his pediatrician has no concern about his physical or mental growth. we didn t see any problem at home. his hearing is good. so I need your valuable suggestion.</p>	<p>With your description he appears he is not a child with autism.it's a simple not showing interest in the class. I would suggest sit with him every Gorakhpur ask what happened in the class and prepare him thoroughly for the next class and send him. Tell teachers to keep a track his behavior consistently. Give importance to HOM, encouragehim, prepare for next class to bring in interest in the class.good luck</p>
<p>He is currently taking Calcium, Folic acid, Pantoprazole, Sodium bicarbonate and Cilnidipine. Please suggest the course of action.</p>	<p>H forum. Please furnish the following medical information, so that I will be able to give you further advice. Revert with more information to an internal medicine physician online</p>

Input	Output
He is following all the rules to avoid reflux. What weird thing could be wrong? Lack of sleep and persistent coughing is going to kill him. He sees a pulmonologist. Any ideas?	<p>Thanks for your question can completely understand your husbands problem COPD with BRONCHIECTASIS diabetics are prone to recurrent infections as compared to normal population, and in your husbands case cause of cough is COPD with bronchiectasis in this case cough reflex is a protective mechanism as he has to clear up secretions which if it gets retained will lead to recurrent infections, so first thing is cough is a protective and clearing up mechanism. Now second thing sputum .if sputum is yellow or green that means infective cause, so antibiotics need to be started .in case of COPD cough suppressants or antihistamines won't help, treatment for that is bronchodilatation which can be offered to the patient in the form of inhalers that will reduce the cough and will help in bronchus to dilate and that will ease the septum clearance also so u can have inhaler forecourt forte 400 one puff twice a day inhaler geotropism 9 micrograms one puff daily these inhalers can be taken by a device called as VT spacer tablet Mackinac 600 mg BD this would help your husband a lot any other queries please ask me again</p>
<p>he is irregular and pay no responsibility toward his own family specially wife who is also gazzt officer and very social and very literate. Recently we have observe his mood of showing that he know his past.talking other family member that you was x, y z and gets instruction with his gurudev. sometime he treat himself guru ordering other. he loves his brother and sisters, even wife . sometime goes long scilence, reads lot as GRE guide and preparing for Ph. D. from US. Kindly suggest medicine.</p>	<p>HHe does not appear to simple case of psycho somatic illness. Problem is more complex.</p> <p>Considering your history, following are possible causes of change in his mood and behavior (in hierarchy):-Psychosis-Manic episode It is better to get him evaluated by psychiatrist to start treatment. But also remember that in many psychiatric illnesses, patient do not recognize or accept presence of problem. Wish you good health and all the best. . 99doctor.com</p>
He is no longer getting chemotherapy . The cancer has spread to his lymph nodes. Within the last two days I have noticed his skin and eyes becoming very yellow. I m concerned that he does not have much time left. Can you tell me generally how long he will live with jaundice like this? There are no treatment options left for him, not even clinical trials.	<p>Dear Leighcrwfrd, Thanks for your query. You and all well-wisher of your Boss should support and motivate him for proper treatment. To minimize the ill-effect of jaundice on liver and remaining body, stent (tube) may be placed across the blockage of bile-duct cancer to facilitate bile flow to intestine. So jaundice, itching will be controlled. Surgery is the best treatment as it removes tumor from body, provided tumor is well localized and this is assessed on CENT or MRI of abdomen. To prevent further progression of tumor, usually chemotherapy is advised but unfortunately in they have only small benefit compared to cancer of another organs. Newer chemotherapy . To participate in trial, patient and family should be well motivated. With regards</p>
He is on bp medication and this is a slightly high read for him. His blood sugar is 226 which is a typical read for him. No other symptoms except slightly shaky feeling but he is nervous.	<p>Hlve search medical literature and nose bleeding during lever use is a rare event. Since its so rare during its use and because nose bleeding may happen even in normal individuals I cannot tell whether it could be attributed to lever or not. The lack of recurrent nose bleeding in his history warrants for an ear-nose-throat specialist consultation, to check his nose for various abnormalities (fragile blood vessels, tumors, etc.). I hope I've helped! If you'd like more information, please let me know and I'll be glad to answer. Kind Regards!</p>

<p>He is still in the hospital. CT scan report on 7th June: large acute haemorrhagic contusion with perilesional oedema in the left frontal para-sagittal location. Acute bleed along the posterior aspect of the hemisphere. Undisplaced fracture of the left temporal bone. He can't talk much. talking very slowly. and has some sense</p>	<p>Ct scan post-traumatic brain injury may show - extra axial or subdural or intracerebral hematoma.</p> <p>What you have mentioned was intracerebral indicating injury within the brain parenchyma.</p> <p>Associated to that there is surrounding vasogenic edema in response to injury. Concerning the site regarding frontoparietal region centers for speech are located. Services which deal with comprehension.</p> <p>And Broca's which is motor component which deals with speech production. As there is vasogenic edema & contusions located at centers of speech there is difficulty in speaking. As the contusions resolve and edema decreases he will recover to a normal tone which might take weeks to months.</p>
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<p>He recently landed his first job and as part of routine, he had to undergo ECG, drug test and the whole works. His ECG report stated consider inferior ischemia. I googled it of course and it seems to be disturbing, I also came across some articles where they've said just consider inferior ischemia can be misleading and that sometimes it's probably nothing. My bf is due for an appointment with a cardiologist next week, but I wanted to know what the situation could be. His blood sugar level and cholesterol level is normal. Please help.</p>	<p>Hello! Myocardial ischemia is caused by coronary artery disease. Coronary arteries are the blood vessels of the heart muscle, if they are partially occluded cause ischemia, and if they are totally occluded cause infarction. Untreated ischemia leads to infarction. Nowadays, coronary artery disease, myocardial ischemia and infarction are more frequent in young adults (younger than 45) than before. The causes which may lead to ischemia are atherosclerotic coronary disease (hypertriglyceridemia, low HDL, with risk factors smoking, obesity and lack of physical activity), non-atherosclerotic coronary disease (congenital coronary anomalies, artery dissection, heart valve infection), hypercoagulable states (antiphospholipid syndrome).</p>
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<p>He says this is a good diagnosis and could have been much worse. I have read so many bad things on this today and getting increasingly concerned it won't get better. Can you give me information on this please ?? May I add I apparently only have slight dehydration if this makes any difference ??</p>	<p>Disc denial. MRI is dependent on water content of tissues and that is why they report it on MRI.</p> <p>You should not be too much worried about it. No one can stop or reverse aging. Instead, what you need to do is to have a good exercise routine including spinal muscle strengthening exercises. And maintain proper posture while sitting or working. Physiotherapist can help you in this regard. Do not get scared by reading a lot of material on internet. See a qualified spine surgeon for proper evaluation and guidance if you have any significant symptoms. Take care.</p>
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<p>He seems extremely fatigued and his hands are more swollen than when he was going through chemo. He had a bad headache yesterday, he said may have been caffeine withdrawal. Is this normal after chemo?</p>	<p>I really appreciate your concern from the history given here, I could say that chemotherapy could induce the numbers of side effects, but that is all happens till the patient is on chemotherapy once the course of this is finished symptoms also disappears, and this is nothing to worry, take care of your husband and stop worrying, hope this information helps you, have a nice day.</p>
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<p>He smokes marijuana daily all day bites his nails down to the point of bleeding and was diagnosed with ADHD at age 5. He now claims to hear voices that tells him to kill himself but his parents doesn't take it serious. Can it be bad drugs?</p>	<p>Hi. Thanks for the query. Scientific research has now proven that exposure to marijuana before age 14 years is a risk factor for occurrence of psychosis/schizophrenia. Based on information provided, your cousin definitely seems to be suffering from an episode of psychosis which is characterized by</p>
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hearing voices (hallucinations), false fixed beliefs (delusions), suspicions, paranoid ideation, poor self-care, loss of interest in surroundings & activities to name a few. Plus continued exposure to marijuana tends to worsen Psychosis. Active Psychosis with ongoing hallucinations commanding patient to harm himself is a definite risk factor for suicide. Hence, your concerns are right & he needs help of a Psychiatrist for evaluation & confirmation of diagnosis followed by treatment in inpatient or outpatient basis as dictated by his present condition. Good Luck

He stated with a large infected abscess on his hand and the Drs. thought it may be MRSA - prescribed medication for MRSA along with Keflex. A few days later they found out he didn't have MRSA and the abscess was not draining. 2. His mouth and lips were starting to get sensitive and very irritated and the Drs decided he may be having a slight reaction to the meds. They took him off the Meds and sent him for surgery to remove the infected Abscess. 3. He is now on Prednisone for his hand but I think he has thrush from the antibiotics? 4. Will Benadryl help with the white lesions that are now on his lips and mouth also a scalloped tongue? 5. What can you mix that with the Prednisone?

Facial swelling and irritation is one of the major side effects of steroids due to water retention in the body. Prolonged use of prednisone also lowers the normal immune responsiveness of the patient. The oral thrush is the result of this. See a dental surgeon and let him decide how to deal with the present situation. Indiscriminate use of broad spectrum antibiotics can aggravate the oral thrush. Wish your husband a quick recovery. Take care.

He stuck the needle in my right side of my back/spine. Can a left transforaminal ESI be performed via a needle on the right side.

The vertebral column is a single central column. Imagine it like a circular cylinder. Now there are nerves coming out of the cylinder, so we need to be careful there. The left side nerve travels left and right side nerve travels right. So if I go for left from left side, the chances are that I may actually damage a nerve. On TGE left side. Needle is a straight structure. So When I have to get to the side, I move from the right side. Since the nerve is travelling to the right, the needle will not touch it. I move to the left, and the needle reaches the correct place before getting to the nerve hope that explains to you how it is displease feel free to ask another query. I would be glad to help you. Looking forward to your return query with the details asked so that I can help you further. (If the answer has helped you, please indicate this)

He thinks everyone is watching him2. Even if two strangers are talking, he thinks they are talking about him only and criticizing him3. He is very sensitive to any scolding or harsh talks4. When ever he talks to someone apart from family members, he becomes very stressed. it is evident from his face.5. He has not much control on his mind. Some days he will be fine. other days he will be totally stressed out. cant study, cant do nay thing. I want to know what are these symptoms for. Is it lack of confidence, self esteem. And what are the cure for these things

Hi, Here, you haven't mentioned the exact duration of symptoms. What you have described suggest that he has delusion of reference and may be delusion of persecution. These symptoms can be present in various kind of disorders per se, schizophrenia, schizoaffective disorder, schizophreniform disorder, major depressive disorder with psychotic features, bipolar mood disorder etc. So you should take him to psychiatrist as early as possible for treatment. He can be given antipsychotics for his symptoms, but long term treatment plan needs detailed history. Hope I have answered your query,

He told there is no specific treatment for this problem and I have to take pain reviler tablets when pain occurs.Actually is there any final treatment available to eliminate this disease?

Hello Your MRI findings suggests degenerative disc disease of L/S spine. There are spondylitic

changes at L5-S1 level. Degenerative changes occur due to aging and weakness in annulus fibrosis. It is important to know status of nerve roots means there is any compression on nerve roots or not, whether there is disc prolapse or not. Your findings suggest mild degenerative changes. Majority of the cases of degenerative spine disease are benefited by physiotherapy and analgesics. You should try physiotherapy first. Treatment can be planned after consultation with neurologist. Get well soon. Take Care .

He took 6 cycles of FOLFIRI , now he is very weak and Billirubin level is 5.9, Docor advised, he cant take Chemotherapy . He feels heaviness in left of stomach and feels pressure for motion every 1 hr , but not much of stool passed, as he hardly takes !1 juice, 2-3 spoon rice and some vegetablee in a day. He has swelling on Feet, which reduced after giving 20% Albumin for 7 days. What treatment is possible.

Hi, Thanks for your query. As you know, cancers mostly are detected during the late stages as in your fathers case. The swelling in the feet and bilirubin levels are due to the liver damage. According to what you said, he is very weak due to the toxicities of chemotherapy and moreover due to the disease process itself. Varying treatment modalities are advised by various doctors as there is no treatment which can offer a very high success rate. I would suggest giving him more nutritious food which contain high vitamins and minerals, more fruit juice and nutritional supplementation. This would improve his general health and immunity to a better state than now. The aim of treatment for now should be more on improvement of quality of life rather than the quantity of life. There are also new modalities of complementary therapies like Den . Hope I have answered your question. If you require any further assistance please let me know. Thank you. Regards

He was admitted in hospital and all the tests are done, but all are found negative. Doctors have put him in Pyrexia of Unknown Origin . His fever comes upto 104.5 two times in 24 hours. We give him Calpol and then fever subsided to 99F within an hour and he becomes normal. But, after around 11 to 13 hours the fever comes up again and rises upto 104.5F. Only medicine now given is - Paracetamol. Please advise what has happened and how it can be cured. He has become very very weak.

Hi, Many a time it is difficult to diagnose a fever case. Rhis is called Pyrex of unknown origin. This indicates that there might be having some infective focus in his body giving continuous fever. You have not mentioned any investigations made to diagnose the condition. He might require, 1, x-ray chest, 2, complete blood test like TC, DC, ESR, platelet count, Tidal test, 3, routine and microscopic urine report, 4, if you require blood culture, 5, ultrasound of abdomen. After all reports your doctor might have some clue about his fever. Meanwhile, give him paracetamol as and when required. Give him enough water and light food. Ok and take care.

He was also experiencing nausea.

Hi ! Good morning. Though it is not intended to frighten you on the subject, if I were your family physician, I would advise you to take him to your vascular surgeon immediately without delay to rule out any possibility of various complication which the aortic aneurysm could give rise to with altered prognosis with such blood pressure reading. It might not be possible to give any further opinion on this over net without seeing the patient. I hope this information would help you in discussing with your family physician/treating doctor in further management of your fathers' problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. Wishing you an early recovery. .

He was given prednisolone 25 mg initially and then 30 Mg. After 3 months of treatment protein level

is still +++ Please suggest if he is unresponsive of the medicine and what should we look for next	Hi! Looks like your child has a nephrotic syn . If you have given treatment for 3 months and still protein is +++ it could be a steroid resistant type. You have to start her on alternative medicine along with low dose prednisone. You also have to get a kidney biopsy done to know the actual disease. Please take care to avoid urinary and chest infection as these are very common in these child
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He was hospitalized last week but was just diagnosed with bronchitis. what to do?	Bronchodilators - i n the form of inhalers or pills.2. Corticosteroids- Steroids should be given in the form of aerosol sprays. They reduce inflammation and swelling of the lung tissue.3. Antibiotics like Tab Augmenting, 625 mg, in case of bronchitis due to a respiratory infection.4. Oxygen therapy is advised where breathing is very difficult. The aforementioned measures will help to improve your husbands condition. Thank you.
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He was in severe pain and the ribs took a few months to heal but ever since the accident he has had upper back pain and can t sit in an upright chair for very long. He had swelling below his shoulder blade immediately after breaking his ribs but the doctor didn t seem to take an interest in it.	Hi, You are right rib fracture generally heals in 2-3 months. But sometimes healed fracture may remain painful for many months. Don't worry about swelling. It is callus formed in the process of healing of fractures. It will gradually reduce in size and may disappear. You can take analgesics(Diclofenac sodium 100Å mg slow release tablets) for pain relief. He is advised to check his serum vitamin D level and if it is low then supplement this. I think this will be of use to you.
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He was previously up to date on all vaccines and is mildly delayed in some developmental milestones. His mother is especially concerned with colic, as the boy cries endlessly at night. During the conversation, the infant's mother breaks down and starts crying and complaining about how tired she is and how she has no support from her family. She admits to repeatedly striking the infant in an effort to stop his crying. On physical exam, the infant's vitals are normal. The child appears cranky and begins to cry during the exam. The infant's backside is swollen, red, and tender to touch. Which is the best response to this situation?	Contact child protective services
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Input	Output
He was recently prescribed Lisinopril and he believes that is the cause of his problem.	HLisinopril may indeed cause a headache in less than 10% of patients. This is a fairly common side effect. The leg pain and the rise in blood pressure are irrelevant to the . On the other hand, any kind of pain may cause the blood pressure to rise. If Lisinopril is causing symptoms then his doctor should prescribe an alternative treatment. Paracetamol usually helps with pain and does not worsen the blood pressure. You should contact his doctor for approval of any change of his treatment. Hope I have answered your question. Let me know if I can assist you further.
He was recommended 6 cycles of R-CHOP. He has completed 2. since the last 7-8 days he has been complaining of fever, initially low grade but over the last 3-4 days reaching to 99.5 and 100. fever subsides readily with paracetamol and he feels absolutely fit, but reoccurs after 5-6 hrs. He has no other complaint, no clear signs of infection. WBC count was 5000 about 5 days ago now it is 9000. Chest X ray is normal. Preliminary urine analysis is normal. Good appetite, no gastric complaints. He has been started on antibiotics (ceftum) 5 days ago but no relief. - could it be that the lymphoma is progressing and not being controlled by chemo?? - how to check that the chemo is really killing the cancer cells? that the disease is not progressing?	Hi!! In most cases, the treatment for diffuse large B-cell lymphoma (DLBCL) is chemotherapy, usually with a regimen of 4 . This regimen, known as R-CHOP, is usually given for about 6 months. Rituximab is a type of biological therapy. Rituximab targets a protein known as CD20. CD20 is found on white blood cells called B cells. It is the B cells that are cancerous in the most common type of non Hodgkin lymphoma. Rituximab attaches itself to the B cells and marks them. The cells of the immune system recognize the marked cells and kill them. An increased risk of getting an infection from a
he was treated with Rituximab and bendamustin with 6 cycles for 6 months. He had a relapse within 2 months. He was given 3 cycles of Bortizomib Lenalidomide to no effect. IS there any treatment for this kind of aggressive lymphoma or even if there is any clinical trials available, please let me know about it. He is 80 years old.	HHope your Dad is doing well. I am a Nuclear Medicine Physician. In case of relapsed disease of Non-Hodgkin Lymphoma after second and third line chemo therapies, there is still an option of a radionuclide therapy (Bexar, or Devlin). Both modalities show up to 60% overall response and prolong the survival. The side effects are less compared to conventional chemo therapies. Contact your oncologist or me for further details. Hope this could be of help Regards and best wishes
He will not go to an airshow for fear that the exhaust from the jets will give him cancer. 2. He will not play tennis even on a cold cloudy day without applying sun block as he fears skin cancer. 3. He will not ask anyone for a referral for his tennis lessons as he does not want to bother anyone. 4. He will not eat out with friends even if they pay for him at a nice restaurant. 5. Although he rents a room in a house when the owner is away he cleans the entire house. 6. When you stand next to him in a conversation if you get within three feet of him he backs away. The closer you move to him the more he backs up. 7. He believes that all guns should be banned because touching one might result in death. I could go on and on - I am amazed that this person can function at all let alone he was a world class tennis player with wins over name players. How do you rectify that?	HiI had gone through your query. It is not phobia. At age of 71 years there might be changes occur in neuronal level. Behavior change can give rough idea only. His mini mental status examination and mental status give better idea. Possible diagnosis in this age and symptoms suggestive of dementia or late life depression. But we can only sit it after proper history and examination. So please consult psychiatrist or neurologist and get help. I appreciate that he was a world-class

player, and you have concern for him. So do please consult. Still have a query then feel free to ask.

Thank you. Take care.

heard some side effects of Gemer medicine, then why should we use? 2. Is there any natural way to cure due to strict diet plan and any natural food remedies? 3. Also now a days feeling needle like pinching under skin sensation. which i never got. thinking this could be also a side effect. Kindly reply.

Hi, There's no natural ways to cure diabetes. Your blood sugar levels are already high. Just diet modification and regular exercise may lead to the reduction of blood sugar a certain amount but not completely. You have to take a tablet otherwise no permanent cure. If you don't take medication there will be damage to kidney called diabetic nephropathy, damage to eye called diabetic retinopathy, damage to the cardiac vessel, which leads to myocardial infarction, brain strokes etc. Antidiabetic medication may not cause side effects that lead to damage to organs. So please continue with it. Hope I have answered your query. Let me know if I can assist you further.

Heart Spasm age 57. Heart Attack age 58. PTSD since age 6. PTSD therapy for one year. 3 years on 100 mg of Metoprolol, (2x50). Cardiologist has ordered reduction to 50mg without real specific detail for weaning schedule. Doing well with 38mg 2x daily. should I take 38mg 2x day for one week or two weeks before dropping to 25mg 2x day?

Hi Thanks for writing to us. Following are my comments: You haven't mentioned the pulse rate and BP, first measure the pulse rate. If the pulse rate is less than 60, you may wean the dose of metoprolol after 1-2 weeks and if it is on higher side, weaning should be done cautiously as per your doctors' advice. 2) Metoprolol is helpful in spasmodic cardiac pain also. So it can be used prophylactically in low doses. Hope I have answered your query. Stay well, Good luck.

Hello. I am a male, 56, stay in Mumbai. I developed epilepsy at the age of 18 (predicted by my Doc when I was 16, and kept me on ACDs). I am an asthmatic too (not very serious) and am allergic to certain types of dust. I smoke but don't drink now. Since 1982, I have been taking Carbamazepine 400 & Phenytoin 100 once in the morning. The seizures became rare after that. In 2011 (April), I had a major seizure (after 16 years) that lasted for 2-3 minutes. Everything seems to be fine so long as I am sitting home doing nothing. The moment I stress my brain by I begin to get the shocks .whatever you call them. Things like- say, involving in a complex Math problem, arranging the book shelf, working on a machine design or doing multitasking (like going to the grocers with a list of more than 8-10 items which I have to search for in that shop), or cooking without the printed recipe at hand and without the ingredients arranged properly in advance .etc.

HA According to your historical account, most possible diagnosis of your problem may be juvenile myoclonic epilepsy. This type of epilepsy has one during adolescence and characterized by generalized tonic-clonic seizure (GTCS), Myoclonic jerks and absence seizures. This jerking is usually present in morning and associated with lack of sleep and exertion. I will advise you to consult a neurologist who will evaluate you properly and suggest EEG. The . Moreover, if the diagnosis came out to be JME then

Hematocrit is 48.3. I take B-12 injections ev. other week because my entire ileum was removed and 1/2 colon due to Crohn's Disease in remission since 1979. Reason was that I needed iron injected since I could not absorb it. Have been taking these injections since 1985 with no problems. These CBC numbers have been heightened a little since that time anyway & my GE doc said it is to be expected. Now my new, younger GP says he's concerned about the numbers because it may show I need oxygen through supplemental therapy. I presently have Idiopathic Interstitial Pulmonary Disease, DX in 2012. My GP wants the CBC redrawn now. He thinks the numbers are

too high. I don't. I also was DX with Peripheral Neuropathy in 2003 - I take Lyrica for that. Your thoughts for the doctor's concern?	Hi, The fact remains that you are taking an injection of iron and vitamin B12. These are the 2 main components that are needed for blood formation. So, personally, I think your older GP is correct. However, to be fair, loss of oxygen intake capacity due to lung disease also causes the hemoglobin to rise. Peripheral neuropathy does not play a role in it. The ideal way I would suggest is to test iron and vitamin B 12 levels. If these levels are high then the injection of iron and vitamin B 12 can be stopped. Monitor hemoglobin monthly thereafter. If it remains high then the lungs are the trigger. Else the injection may have been the cause. This is, of course, assuming you have no acute problem needing urgent treatment. Hope I have answered your query. Let me know if I can assist you further.
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<p>Hepatomegaly with abnormal echotexture compatible with fibrous and/or fatty change.</p> <p>2. Prior cholecystectomy</p> <p>Borderline large spleen</p> <p>and IVC due to bowel gas</p> <p>These are results of an ultrasound. What is the difference in a simple cyst and septated cyst, and is a septated cyst dangerous?</p>	<p>3.</p> <p>4. Incomplete imaging of pancreas, aorta</p> <p>5. 2.5 cm likely partially septated cyst in the right lobe of the liver.</p> <p>A septated cyst has walls or septa within the cyst itself whereas a simple cyst has a smooth outer wall and no inner structures. In most persons the cysts are not associated with significant problems. Some possible symptoms are fullness or pain. Your doctor may want to remove or take a portion of the wall of the cyst to send it for analysis, it may be of no significance, but they may want to ensure this by lab review. The ultrasound also shows fatty change in the liver which is also of concern because fatty liver is one of the most common causes of liver disease at present. If it is at an early stage a change in diet, increase activity and the use of medications such as statins that are normally used for high cholesterol, may be helpful hope this helps</p>
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Her doctor found nothing wrong but did blood work that came back fine. Strep test came back negative. She is getting a molar. Her dad thinks she has allergies and gives her claritin while at his house, but she doesn't show what I think are normal allergy signs ie: watery eyes, runny nose, congestion	Hello. I would suspect some infection if your daughter has fever and headache for a week, rather than allergy. Most of the infections are viral, they need rest, plenty of fluids & treatment for symptoms. They recover by themselves. So if your daughter does not improve with suggested treatment by your doctor, I would suggest you to consult your doctor again, who may suggest further investigations to rule out other infections. Hope this was helpful to you. Wish your daughter the best recovery. Regards.
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Her external genitalia is normal with sparse hair distribution over the mons pubis. Her gynecologist suspects a genetic condition and sends her for genetic counseling. Based on her clinical findings, which diseases is she most likely to develop?	Coarctation of aorta
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Her last menstrual period was 7 weeks ago. She is sexually active with two male partners. A urine pregnancy test is positive. An ultrasound of the pelvis shows a viable intrauterine pregnancy with an estimated gestational age of 6 weeks and 5 days. She does not wish to continue with the pregnancy. After carefully weighing the options with her physician, she is prescribed two medications, one of which is mifepristone. Which is this drug's primary mechanism of action?	Blockage of progesterone receptor
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Her Sgot was high as well as liver swelling is there. The kidney is not retaining protein and found

less in size. Please suggest what step we can take in this particular condition Asap.PFA her reports of diagnosis.	Dear Pankaj, The kidney problem that your mother is undergoing is a result of the damage caused by long-standing uncontrolled BP. This damage is unfortunately irreversible, & the only help we can do to her kidney now, is to prevent further damage. This can be done by keeping a strict control over her BP. Her liver disease too might have a role in worsening the kidney damage. She has to be cured of the Hepatitis C infection. Follow the doctors advises strictly about the medicines to be taken, so that her BP henceforth stays in good control.
Her sons say she is hypochondriac I can see is possible difference in delivery of the thyroid med in the generic which is debatable but nothing about liver problems. She said a pharmacist told her there was problem with generic synthroid meds & liver.	Hi . Thank you for your query. Many medicines including Synthroid have liver side effects because it I metabolize in liver. But usually this is just mild elevation in LFT and it won't cause any serious or permanent damage. She needs to take these medicines as doctor recommended. Digestion problems must be managed by dietary changes and some other medicines. Wish you good health.
Her throat is red and her nose is congested. When she blows her nose the mucous is green. She is also now complaining of a stomach ache and says she feels as if she is going to throw up. What type of medicine s should I get to help her, or should she be seen by a dr.? Please advise.	Hi.by what you quote I feel that your daughter might be having a viral sore throat or a streptococcal infection. I suggest you see your pediatrician and get a rapid streptococcal antigen test done. If it is positive then she will require antibiotics. If it is negative then it might be viral illness and doesn't require antibiotics at all. Cough and cold are viral 95% of the times in. For cold, you can use anti-allergics like cetirizine and for nose block, saline nasal decongestants will do. Paracetamol can be given in the dose of 15 mg/kg/dose (max ceiling dose 500 mg) every 4-6th hourly, that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Regards -
Her vital signs include: temperature 36.8°C (98.2°F), pulse 97/min, respiratory rate 16/min, blood pressure 120/75 mm Hg. Physical examination is unremarkable. Which are the recommended guidelines for cervical cancer screening for this patient at this time?	No cervical cancer screening is indicated at this time
Her weight is 44.6 kg and height is 163 cm.	H forum. This is dysmenorrhea with premenstrual syn . If the pains are severe and symptoms are uncontrollable, then please follow the following prescription. Consult your specialist doctor, discuss with him or her and take the medicine with consent. Continue the above medicines for three cycles. Pregnancy once planned shall help decrease dysmenorrhea, but till then she can practice the above medication. Most importantly, keep her water intake high for 10 to 15 glasses per day, as that shall play an important role in keeping the progesterone with
Here climate is dry and surrounding temperature is almost 43-44 degree centigrade. Can this hot and dry weather be reason for his fever? What should I do? Your reply should be highly appreciated.	Fever of few days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Paracetamol can be given in the dose of 15 mg/kg/dose (maximum ceiling dose of 500 mg) every 4-6th hourly that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Hope my answer

was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer.

Wish your kid good health.

his BPs are better since then on 3 agents + aggressive dialysis .i would like to have kidney transplantation for bhanu shashank .

Hello Band . As a Urologist, I can fully understand your concern. After reading your question, let me assure you, that for the time being, follow the maintained, biweekly, HD. Forget about the transplant. It should be considered only in ideal conditions.I'm sure, even the Nephrologist would've told you the same. HUS is a major complication, which needs to be treated aggressively.

If you send me a copy of the reports in my name, I can give you an expert opinion.

His chest xray also shows prominent bilateral para hilar broncho vascular markings . Hes had a fever ranging from 100-101 since 6 days, cold, cough and no appetite. Should i be worried?

Hi.this suggests that this is a viral illness. Cough and cold are viral 95% of the times in. Fever of few days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Regards -

Input	Output
his dr put him on bromocriptine 5 mg daily he takes 2 2.5mg each day . nothing has been said about taking him off , was remarked to us about long term usage by family doctor. question is how long does he takes this medication. is this a question for his neurologist, he has not been seen by them since 2012.	It would be best to schedule an appointment with his neurologist to determine how long he will need to continue using this medication. Bromocriptine is commonly used in some conditions affecting the pituitary gland which is found in the brain. If the aneurysm rupture affected this area then this may be the possible reason for the medication, but a reevaluation by his neurologist is needed. I hope this helps
His eyes are bright blue, and it cannot be seen in the picture. I am wondering if he can be diagnosed with Waardenburg syndrome 2.	Hello. It is difficult to differentiate between syn . But with the forelock of hair, he may have Waardenburg. But we must see if there is any hearing loss or defect in arms and other limbs. Can you provide more details? Any history of hearing loss? Congenital hearing loss is present in most cases. The syn
His head is also hurting. He went to get something to drink from our kitchen downstairs and I found him laying on the steps because he got tired on the way there. This is very unusual for him, we have been dating for 5 years and he has only been sick once. Thank you for your help. P.S. I thought he may have gotten a tick on him from the hike, but there was no tick on him this morning.	The symptoms and the description are typical of Tick fever. The symptoms also hint about an infective cause. However, unless there is a sign of tick bite with a rash, the doctor won't be able to confirm it. He has to conduct the necessary tests to confirm this. We also think your boyfriend had physical exhaustion due to intense physical activity along with fever and deny . We suggest taking him immediately to a Family Physician or a hospital nearby and get the appropriate care.
His left kidney was removed. In 3/2012 a second surgery removing more of the renal vein was necessary and was found to be cancer however it was deemed successful because margins were negative. Two spots in lungs were found this January a repeat ct scan shows no additional growth but mentions at least two hypodensity areas in liver. Are hypo densities a concern for liver metastasis?	Dear Ma'am, Sorry to hear about your husbands condition. Considering that he is suffering from metastatic renal cancer, the presence of hypodense lesions in the liver can be suggestive of cancer. The only way to confirm this would be by doing a PET scan or a USG guided biopsy (which is not required because he already has Mets in the lungs). I hope he is receiving treatment for the metastatic disease. Hoping for the best.
His mother, father, 2 brothers and a sister also. I am 43 yrs old and have been experiencing chest pains mainly on the left side and heart burn (acid reflux). Just wondering if this could be warning signs? I also have high blood pressure in which I take medication. It was high (150/104) but since is slowly coming down. An hour later it was 140/98. Is this a major concern that I need to go to the emergency room?	It is very important to take care of this situation. You have multiples risk factors for coronary artery disease, including : older than 40 years old, family history, hypertension. I don't know your sex, but if you are male with high cholesterol and diabetes, that will increase the risk factors. You need a complete cardiac workup with an electrocardiogram, echocardiogram and stress test to have a better view of your medical situation. You should go to the emergency room if you have chest pain, do not wait. In addition to this, your blood pressure is high.

<p>His normal weight was 95kg s, but is now 85kg s.He s just finished 3rd cycle of chemo and is now waiting for radiation to start. Doctor s can t or won t give us direct answer s. Any help be much appreciated, Thank s.</p>	
	<p>It is important to complete the treatment as Doctor advises. His prognosis will also depend on the spread of the tumor and grade of the tumor. Let him have protein rich diet like cereals pulses, eggs, chicken, lean meat, soybean in his diet in which ever form he is taking diet. He needs to be well HY . Give him all support. Since he is receiving chemoradiation his life will be prolonged to some extent though it is slightly more aggressive tumor. Leave the rest in hands of God as he is getting the best care from his Doctors.</p>
<p>His S.Creatinine is between 5.1 and 5.8. Heamoglobin level 9.2. He is diabetic and High blood presure for past 10yrs. Also now he is not getting sign of motions, it happens in pants frequently. Last month he was operated for Hip bone implant surgery n recovering. Vomitings are frequent . From Last 2 days he is suffering from watery looose motion which are continues. and pain near his heart. Suggest some home remedies for loose motions.</p>	
	<p>Hi and thanks for the query, Diarrhea and vomiting are frequent conditions seen in chronic kidney disease. They actually constitute part of what is called the uremic syn . Management of this condition is dependent on an appropriate management of the chronic kidney disease. First, a kidney function test ascertaining whether you deserve dialysis, and the particular frequency is mandatory. An appropriate control of kidney function and follow up will lead to regaining of normal gastrointestinal function on its own. A complete reevaluation to examine kidney function, and tailor appropriate management for kidney disease is the mainstay of the treatment now. I suggest you consult your nephrologist, or while waiting, get to the emergency room for reevaluation and renal function tests. Poorly controlled diabetes with raised blood glucose levels could also present as abdominal pain and nausea. Poorly managed diarrhea also lead to neurotics that could affect the gastrointestinal tract and predispose to diarrhea. Your hemoglobin level is low, and it might necessary to great appropriate treatments like erythropoietin. I suggest you consult your internist or nephrologist for an appropriate review and management. Thanks once again and best regards, Bain LE, MD.</p>
<p>His sister is totally mentally sick and she refuses to take medicines. I feel this sickness is in the family , that means it is hereditary. They have another two brothers which also have light signs of this ailment. 2. This cousin to whom am referring gets irritated for little things. But he does all the work well but he gets some sound which remains in his memory and haunts him all the time those illusions. I am trying to give him Parocen 25 mgs , one per day for 6 months and than reduce it to 12.5 mgs. With this treatment I feel he should be given a tranquilizer of 1 mg and again reduce to half.at night. 3. I would like to know whether there will be any side effect or any other treatment is suggested?Kindly give me your feedback Doctor.Stephen Dias, Goa YYYY@YYYY</p>	
	<p>Hello . Thanks for your query. I understand that you are concerned about your brothers psychological problems. From the limited information that you have provided it is not possible to pinpoint a definitive diagnosis. A detailed history and proper psychological assessment is necessary for this. Regarding the medication that he is on - Proven (Paroxetine) is an anti-depressant medication and Located (Clonazepam) is a sedative / antianxiety medication. Without confirming the diagnosis, it is not possible to say whether this medication are appropriate for him or not. I'm not sure if he has been seen by a doctor and then prescribed this medication. If not, please take him to a psychiatrist for a detailed evaluation and further treatment. Wish you all the best.</p>
<p>HIS TOTAL BILI WAS</p>	<p>Thanks for consulting in Healthcare. I saw high level of PLT, these cells usually destroy in</p>

spleen. That's why you should do ultrasound of liver, spleen, pancreas. A low RDW can indicate microtic anemia, which can cause insufficiency of iron, proteins, vitamins in diet, very often cause worms in intestine. That's why we start to treat anemia from antisemitic medicine and recommend you to give 1 tablet of albendazole 1 time, then you should start to give iron, panir, eggs, chicken according to your taste, I don't know if you are vegetarian give proteins powder, multivitamin syrup-zinkovit 1 teaspoon 1 time 1 month. I recommend visiting hematological the best

his urea is 80. His blood pressure is all under control. what should be done. Especially tell me what diet to follow and what foods to avoid because I think it's because of wrong diet the value has gone high.

Hello . As a Urologist, I must assure that the urea and creatinine values, show your grandfather has kidney failure. A faulty diet, is not the cause of kidney failure. The most likely cause in an 80-year-old, is an obstructive prostate gland. That will need to be evaluated, with a urine culture, PSA, and an ultrasound scan of the abdomen. Treatment of prostate gland will depend on the reports. Dietary advice is to restrict salt intake to 6gm daily, avoid fresh fruits, coconut water and any potassium rich food. Also try to restrict protein intake more than 40gm daily. When you visit your nephrologist next, meet the dietitian and get the diet sheet. You must check your urea, creatinine, sodium, potassium and uric acid. You may contact me for any doubts. . Manga.

HIV combo 4th generation (CMIA) during 2nd, 3rd, 4th and 5th month after exposure. All results are negative. 2. HIV combo 4th generation and ELISA during 7th month. All results are negative. 3. HIV test from ICTC center in general medical college hospital in the ninth month with a negative result. 4. STD tests are also done. 5. HCV on ninth month by ELISA method. Now 11 months have passed and I have lymph node under the jawline on both sides. Both lymph nodes are equal in size as that of green peas. It is moving but I do not have any pain. Is it lymph node? Do in normal body is there such type of lymph nodes present? Or is this symptom of HIV? Is this a serious condition? I am 32 years old with good health. I have attached all my reports. Please provide information on what is my status? Should I need to test more or not? What is the size of the lymph node in the normal body under the jaw line? Some say that HIV test may take nine months in some cases, what are they? Sometimes I feel muscle pain and some mouth infection, is it a sign of HIV? As per NACO, there may be very rare chance of some persons to show positive after nine months. Who are they?

I have gone through the details and reports. (attachment removed to protect patient identity). The chances of transmission of HIV by unprotected intercourse with an HIV positive person is very low (1/200 to 1/1000). If protected it is nil. Chances of transmission by oral sex are almost nil unless there are bleeding wounds in both. The risk is nil. If HIV antibodies tests are negative 8 weeks after three months and are repeatedly negative until nine months. It is conclusive that you are free from HIV. You can allay fears of HIV totally. There is no need for further HIV tests. Other STDs too are negative. The symptoms are nonspecific and do not suggest HIV. The lymph node swellings may be due to simple respiratory infection or tonsillitis. Antibodies are formed by two to six weeks latest by three months. In the very rarest of rare cases who has immunosuppressive disease it may be positive by six months. They have severe symptoms and signs of immunosuppression since childhood. You need not worry about such issues. Forget the episode and lead a normal life.

homeopathy 2. BUMS n need a help wch one will be d best 4 me.as u r a doctr please suggest me frm dis or other u kno.

Alopecia Universalism is an Autoimmune disorder, in which the immune system attacks the rapidly growing cells in the hair follicle, resulting in slow hair production, BUT spare the stem cells which form new follicle with new cells, which explains your symptom of come and go. 2. It is inherited as

an autosomal recessive trait, any fungal infection of scalp?worms in abdomen?3. Take vitamin B, C,sulfur, iron,zinc, and EFA in diet, with green leafy vegetables, sprouts, salads, milk, fruits,proteins, soybean.4. Yogic postures like Caravan, Pawanmuktasan are beneficial.5. Immunotherapy along with Immunomodulators (Malayan Nikita) is beneficial in the case, talk with your health care provider about the same.

How does exercise help mental health?2. Which is the best time of the month to get pregnant? 3.

Give some tips for trying to conceive a boy (or girl), any truth to old wives tales?4. And tips for how soon a woman can take a pregnancy test.

Hello. From day 1 to 10 days of the period it is safe period, there is no chance of pregnancy as there is no ovulation happening during this period. From day 12 to 24, it is a fertile period, and there are high chances of pregnancy. Conceiving a boy or girl depends on the chromosomes, and it is difficult to predict. Still, according to old tales, it depends on your date of birth, last period date, and time of ovulation. Once you have missed your period, you can get a urine pregnancy test done with early morning urine sample after three to four days, in case of a regular cycle.

How does the clitoris work and how it helps women orgasm?2. What kind of signals does it send to the brain? 3. What are the psychological effects it might have?4. Why people tend to misunderstand the most about it?

H forum. The clitoris is a substitute for the male organ in the female. It has some tissues similar to that of male organ but not that much active. It has receptors that can be stimulated by touch on having sex, especially at foreplay. During foreplay, these receptors when get stimulated can initiate local lubrication and prepare the vagina for better sex by having secretions locally. In a few women, the clitoris is too sensitive while in some it is less. But it is sensitive to touch, increase lubrication in the process of orgasm to have penetrative sex. Some women feel this process like masturbation.

How does the radiologist know the changes are stable when I have never had these show up on an MRI before? 2. Could this be migraine related as opposed to TIA s? 3. What can I do to prevent the changes from becoming chronic?

Hi, Regarding your concern, I would explain that these MRI findings could be related to the migraine attacks, which is known to lead to microvascular dysfunction and brain white matter changes. The fact that they are stable is related to the fact that they are not enhanced on DWI images (a specific MRI technique), which means that they are older than three months. The only thing to prevent those changes would be daily baby aspirin and a close monitoring of your blood pressure, fasting glucose and blood lipid profile. Hope I have answered your query. Let me know if I can assist you further.

How effective is to use honey and lemon to reduce weight or is there any more effective solution. 2.

Is there any chance that I can get diabetes because of using honey and lemon? Please reply

Thanks a lot

Hi, thanks for query. See dear weight loss is such an issue that every other person around has some suggestion to give. The bottom line is that weight loss is a mission, and it needs your continuous motivation. You have to do regular exercise at least 150 minutes/week and plan your diet. Lemon and honey may or may not be working. You can get diabetes by its use. Please take help of your doctor and dietitian for reducing your weight.bye.

How ironic.

Hello and The symptoms of fever, body ache, and abdominal pain suggest infection of the gastrointestinal tract. Fullness and belching suggests indigestion. Thus, indigestion and belching is occurring due to infection of the gastrointestinal tract. You need to consult your primary health care provider for clinical assessment and treatment which consists of antibiotics. Thanks and take care .

how is it possible to leave an ovary remnant behind? & 2 could that have caused the cancer?

In my opinion the newer lesions must be due to peritoneal seeding by tumor cells. Yes, you are right, that remnants can be left by negligence of operating surgeon and this can cause recurrence. But chances of this OS very less. During surgery, due to handling of tumor mass, there is great risk of spillage and peritoneal seeding by tumor cells. This is unavoidable. So this can give rise to recurrence. So in modern era this is the reason for which post-operative chemotherapy and radiotherapy is given. The basic principle is to kill seeded malignant cells. So peritoneal seeding during surgical handling can be the cause for your recurrence.

How long after leaving the pill will it be out of my system and will it no longer give me protection from falling pregnant?2. What could i take to help me fall preganat as i have been on the pill for 11 years.

Hi Thanks for writing to us. I have gone through your query and would like to offer my opinion. Natural ovulation usually resumes in a couple of months after stopping hormone contraception. Since you are quite young, you need not go for assisted methods now itself. Just continue with healthy lifestyle and prenatal vitamins. If you fail to conceive even after a year, see a specialist for further management. Hope this helps.

how long can a chest tube stay in to drain d air out? 2. is it advisable to have surgery to repair his lungs at his age? 3. his pneumonia hasn t been r/o jst yet. he s given Zithromax 500mg iv q24hrs.what is best to do, considering not much antibiotics to choose from in the PHILIPPINES on top of high costs. ThNKS A LOT FOR D RESPONSE.

I can understand your situation and problem. Surgery is not at all advised at this age (93). Because lung surgery is considered as major surgery and heart lung bypass is needed during surgery. And chances of post-operative complications are very high at this age. So I will not advise surgery for him because of his age. Better to keep ICD and wait for resolution of pneumothorax. Better to get done sputum culture to identify organism. And also get done sensitivity report to guide the antibiotic therapy. Once infection is resolved, pneumothorax will definitely subside. So discuss all these with your doctor and plan accordingly.

Input	Output
How long does it normally take to ejaculate and orgasm?2. What possible effects does proceeding with prone masturbation have on me?3. What methods should I follow to stop prone masturbation? I stopped masturbation all together for 16 days and it was really hard but I still needed prone.	Whenever a person ejaculates, the orgasm is simultaneously achieved in most of the cases. The interval between initiation of sexual stimulus and ejaculation or orgasm is depended upon the many factors and varies from person to person. It can be from less than two minutes to more than five minutes. 2. and 3. The masturbation can be done in any position. There are no side-effects of prone masturbation. It is a psychological feeling that you can erect penis in prone position only. You need to remove that thought and you can do masturbation in any position.
how long till it take for the bleeding to stop, 2. how long after extraction can i go to sleep and 3. when is it save to start eatting more solider foods, also would like to state that the extraction want fairly well.	Hello and I have reviewed your query and here is my advice. After extraction of tooth the frank bleeding generally subsides in a few minutes, however there can be few traces of blood in the spit for the first 24 hours, and then it subsides. But if the bleeding continues for more that this you should consult your Dentist and get checked. You can go to sleep once you remove the cotton in an hour or so after extraction. You can eat solid foods once you can see that the healing is initially done that generally occurs after 3-4 days, and you can better take precautions not to eat very hard foods for a week after extraction. Hope I have answered your query. Let me know if I can assist you further.
How many cycles of clomid can our bodies take? 2. How long will it take for these cabergoline tablets to bring about some effect? 3. My doc insists that with these cabergolin tablets, even a dosage of clomid 50 will work, eventually! Or since i have had no luck with clomid 50, should i be looking at higher dosages? Regards, Ammu	Hi ammo, you can take 12 cycles of closed totally, after that it increases the risk of ovarian cancer. It takes around 2 to 3 months to get prolactin levels back to normal. I think you can try one cycle with 50 mg of closed because you are using Caroline tablets. If it doesn't work, then you can go for a higher dose. Hope I have answered your question. If you have any other query I will be happy to help. Regards .
How many days is required for hospitalisation. 2. How much expenditure will come for complete hospitalisation. 3. Is cabin facility is available in your hospital. 4. Is blood is required during operation. 5. May I get admission date as on 05.10.2010 or 06.10.2010. Kind regards D.K Rai Ranchi Jharkhand Phone-0000	Hi, Thanks for your query. Your wife is having degenerative disease with multiple disc prolapse. If she is having tingling and numbness or weakness of legs, then she may need to get the offending prolapsed discs should be operated. This prolapsed disc causing pressure over her nerves. Along with that conservative measures are a must:Avoid forward bending, lifting weights. She can take painkiller and muscle relaxant combination prescribed by your doctor for pain relief like Tablet Diclofenac and Thicolchicoside twice a day. Shee can put hot water bottle to the painful areas for relief from muscle spasm. If the medication isn't working then she can get Epidural steroid injection in the back, to treat multiple disc prolapse. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care
How much minimum time taken to join the bone. 2. Almost 4 months has been past, as per Orthopedic Dr advise I am taken the x-ray of the my bone. and as per x-ray and Orthopedic Dr	

<p>advise growth is minimum and need to open the bottom screw from nail then growth is more. 3. my insured leg is swelling to much from thigh to bottom of the leg. so how much time taken for normal leg.</p>	<p>Usually the plate and screws need to be left for at least a year, minimum². There can occur suplications and if your doctor thinks the screws need to be removed to allow better ossification then that should be the case, but I can only accurately comment after looking at your xray³. It again depends on the rate of healing, usually with physiotherapy and good and early rehabilitation we can avoid such swelling and undesired side effects Best wishes.</p>
<p>How much time it would take him to normalcy?². Would the antibiotic and other medicines he is taking for Bronchitis cause conflict with his psychiatric drugs?</p>	<p>Antibiotic is needed for bronchitis. But it is not the mainstay of treatment for bronchitis. Best treatment for bronchitis is inhaled bronchodilator and inhaled corticosteroids (ICS). So better to start inhaled treatment for faster recovery. With antibiotic and inhaled treatment, usually he will recover in 2 weeks. And no need to take two antibiotics (Azithromycin and levofloxacin). In my opinion, he should take only levofloxacin because it is a broad spectrum antibiotic. No need to worry about . Levofloxacin and inhaled treatment are safe with his current psychiatric medicines. Hope I have solved your query. I will be happy to help you further. Wishing good health to your brother. Thanks.</p>
<p>how much would a kidney transplant cost in india (kolkata for instance)². How effective is the transplant if the patient has already started dialysis³. Is there age limit for a transplant, the patient is approaching 61 yrs</p>	<p>Hi, Thanks for writing in. Kidney transplant is a common surgery now, and it is done in most cities. The transplanted kidney should be from a matching donor and this is a voluntary donation in India. Buying or selling kidneys is illegal. The coast of the transplant is for surgery and recovery. This is around 3 to 5 lakhs Indian rupees. It can be higher if there is any problem. Please know that even after kidney transplant the person should be on long time medicines which will cost few thousands of rupees every month. The native kidneys are not disturbed during kidney transplant. The new kidney is put in the pelvis. Effectiveness of kidney transplant is based on many factors including primary cause of kidney failure, age of the patient, immunity and host graft rejection and the surgery. Many kidney transplants are successful on patients getting dialysis. Usually kidney transplant is done before 60 years of age. If patient is healthy then it can be done at 61 years of age after getting clearance from ethical board. Please do not worry.</p>
<p>How severe is the problem i.e. 4 yr child with 5 mm gallstone. 2. Since there is no pain as of now will it be recommended to do the surgery and remove out the gallbladder. 2. Is it advisable to use Homeopatedicine, since the medicine may try to expel the stone and may block the duct. 3. Is there any homeopatedicine which only tries to dissolve the gallstone (and not to expel it)? 4. Chances of further growth of stone or development of new stones and is homeopatedicine helpful in preventing it.</p>	<p>The problem is not severe until the child develops pain when immediate action would need to be taken.² No surgery required if he does not have pain. Please note that some surgeons might prefer to get it removed. I do not think that is required.^{2b}. Homeopatedicines not advised³. I would not suggest you to try to get the gall stones dissolved. For all practical purpose, they would not dissolve. The composition of the stones may vary. It may be pigment stones or calcium oxalate stones or certain other things. Even if there was a medicine to dissolve one, it would not work on the others.⁴. You need not bother about the growth of stones. All you need to bother is that in case ever a pain develops, just rush the child to a hospital with surgical emergency. You need not try to find medicines to stop the growth of the stones. Had there been such a medicine, surely enough</p>

you would not have given it to the child throughout his life.

how soon should I expect to get my period after coming off the cerelle pill? 2. is there a change I might be pregnant, even though the test came back negative?

Hi Thanks for writing to us. Most women get their period within 4 weeks after stopping Carlyle pill. You have quite chance of being pregnant as you involved in unprotected sex on pill free days. It is too early to confirm pregnancy. I suggest you to repeat the test after 1 week (i.e 4 weeks after pill free days). Blood test for beta- is more reliable in your case. In absence of pregnancy, other reasons of late period are POD, ovarian cyst, hypothyroid state, over weight/ extreme loss, extra mental stress or anxiety, emotional upset, eating disorder, high prolactin. Here, I suggest you to undergo complete hormone profile (LH/ FSH, serum prolactin, progesterone, thyroid, RHEAS, testosterone etc.) and pelvic ultrasound scan. Review with test results, or you can consult with local gynecologist. You may require hormonal pill to induce period. Maintain genital hygiene, control body weight. Good luck.

how to control it and get reduced to normal level

1.1.1 milligrams per deciliter in adult females. The most common causes of longstanding kidney disease in adults are high blood pressure and diabetes mellitus. The treatment for kidney diseases include diet modification, medication for blood pressure control etc., food supplements and dialysis. Please consult a nephrologist.

How to reduce the SGOT and SGPT? I means with medicine and without medicine, or there are any special treatment to do ? 2. How the procedure if we would like to do the operation of lipoma under the feet ? This operation need totally anesthesia or just local (its call spinal anesthesia?) Thanks.

Hello Increased SGPT indicates liver injury. Increase in SGPT may be due to many reasons like hepatitis, alcohol intake, altered lipid profile, medicines, autoimmune causes etc. GOT is non-specific, and it increases in many conditions. You need few other investigations like routine hologram, Random blood sugar(RBS), Complete liver function test(LFT), Viral markers, ultrasound of abdomen. Further investigations can be done if needed. Proper treatment depend upon findings. You may need few medicines after investigations. Lipoma under feet should be ideally removed under spinal anesthesia. Lipoma may have internal extension, so only local block should be avoided. Get well soon. Hope I have answered your question. Take Care .

However all other parameters (calcium, phosphorus etc) are within range. I do not have blood pressure or diabetes. I have been advised dialysis. What are the risks with dialysis and what stage should I opt for kidney transplant

1.2).ESD is a progressive disease and persistent high levels of creatinine will lead to hypertension and hepatomegaly failure. You should consult qualified Nephrologist for assessment and start Dialysis at frequent and regular intervals to keep your creatinine levels at acceptable minimum levels. There is no risk involved in dialysis and has to carry on regularly till you are prepared for Renal Transplant. With creatinine level of 11 you can opt for transplant now itself if matching donor is available. .

However that is not what is bothering me, This is: My ALK Phos was 182 & the ALT (SGPT) is 54. I do not drink alcohol (THANK GOD) however I am on Methadone 10 Mg 4 X a day for failed back surgery. I have had 4 low back surgeries, starting in 1985 & the last one with titanium brace) in 2000. Can you give me any advice on what is going on & what I can do to lower these Alk Phos & ALT numbers?

Your Alt and alkaline phosphatase will come down when you stop taking methadone. You can shift to a painkiller like T Etorocoxib 90Å mg once daily for pain. You should worry about your HbA1C

which shows your diabetes is out of control. You should start anti-diabetic medicines in consultation with a planetologist at once to prevent complications like kidney damage(nephropathy), nerve damage(neuropathy) and eye damage(retinopathy). The elevation of your liver function may also be due to fatty liver which can result from diabetes

However, I am asymptomatic. Therefor, I am unsure of where the virus is active, genitals or orally. Is there a way to know where I am infected, seeing as no lesions have been present? Also, how would I know if I am shedding the virus without lesions?

Most at times, Herpes Simplex Virus-1 (HSV) infection presents with no symptoms as in your case and may remain so for a very long time. It usually manifests more often in a state of immunosuppression of the host. If symptomatic, you will develop cold sores. However, it is a very contagious sexually transmitted infection, and unfortunately you might not be able to tell when you are transmitting or not. Medications can reduce the duration and frequency of herpes outbreaks. They can also help reduce the risk of HSV type 1 transmission to a susceptible partner. These medications are mostly antivirals such as acyclovir (prescription only). Hope this helps

However, I had been completely anxiety-free for about four or five years until three months back, when I got a horrible panic attack that started it all. Technically, I had some weed muffins last year, and I got a panic attack from which it took me over a week to recover, but I was fine again afterward. Anyway, first I was obsessively worried about my physical health, but that has now shifted to mental health. I have also been suffering from derealization on and off. Anyway, just a couple of days I got this horrible intrusive thought like 'what if I got psychotic and heard voices that would tell me to hurt my family or my dog or myself' (note that I love my family, I love my dog, I love myself, and I hate and despise violence of any kind. I have never acted violently in my life) and basically, since then, I have been feeling worse and worse. I read a lot about schizophrenia, mainly real life stories and experience of people, which at first made me go 'okay, now I certainly do not have this,' but as time progressed, I started getting more and more intrusive thoughts. Like 'what if I start being paranoid, what if I start believing that the posters in my room are real people, etc.' Occasionally, I ask myself 'what if these people are not real, what if I am not real?' I have also had a blank mind, pretty much unable to think of anything else, since I got this bad last week. I get this constant picture of myself, confined to the bed and crying somewhere in a white room, all by myself. I have also been feeling this kind of gut-fear since then. On the outside, with other people, I behave normally, much kinder, actually, I think. I am a bit slower and find it a bit harder to concentrate on two things at once, which had never been a problem before, but that could as well be due to anxiety. Anyway, my question is, could this be indicative of actual psychosis or prodromal stage of schizophrenia? Or is it more likely just anxiety and OCD? Thank you very much for your response.

Remember every problem has a solution you just need to try solving it and help is just a step away. Feel free to ask if you have any further queries. For more information consult a psychiatrist online

However, I went for my dating ultrasound yesterday and was told I was only 10 weeks and 6 days. Therefore they couldn't do the Nuchal Translucency scan. My question is, what exactly is gestational age? Does this calculate when the baby was conceived? And if so, the baby would have been conceived the last day of my period (Unlikely, I thought?) I'm confused as to which age I should be using. If my gestational age was different, shouldn't everybody else's be? I hear people say I was only off by 2 or 3 days, but wouldn't that mean they also conceived during their period? Please help.

Hallow Dear, The gestational age of the baby is in fact the actual age of the baby. Naturally it is

from the day of conception. However, it is not possible in day to day life to locate the day of conception. Hence, it is customary to calculate the day of expected due date of delivery or even the duration of pregnancy from the date of last menstrual period. This is the clinical way of assessing the duration of pregnancy. Total duration of pregnancy which is said 280 days is counted from the date of last menstrual period. Ultrasound calculates the duration of pregnancy according to the measurements of the baby. It has some error factor ranging from 2 weeks to few days depending upon the stage and duration of pregnancy. I hope this gives you clear knowledge about the age of the baby.

However, other parameters are in the normal range. My alcohol intake has been once a week on average. Please advise some strict do's and don'ts so that fatty liver can be reversed and also how much time does it take to reverse the liver to its normal self.

Loose weight
2. Stop alcohol
3. Does diabetes run in your family? - if yes have your sugars checked. Vitamin E has shown to reduce inflammation in a fatty liver however benefit is not conclusively proven. A good healthy alcohol-free lifestyle would reverse the fatty liver in due time.

However, today I have developed severe upper back pain. What does this mean? Thank you.

HP
Process of acute bronchitis preceded by either viral or bacterial infection leading to inflammation of bronchi causing formation of a lot of mucus. Due to infection you have got fever, but this may occur due to complications like pneumonia. Coughing a lot to expel out sputum causes upper back pain. So you need to consult a good physician for further evaluation. Before that go for blood examination- CBC, chest x-ray, sputum culture, lung function test. Continue your medication and take rest with good amount of water. Take care, bye.

Hypertrophied Ligamentum Flavum At Multiple Lumbar Level Compressing The Posterior Thecal Sac
2. Disc desiccation at L2-L3, L3-L4, L4-L5 & L5-S1
3. Posterior annular bulge of disc at L4-L5 & L5-S1 level compressing the ventral thecal sac and along with hypertrophied ligamentum flavum are narrowing bilateral neural foramina compressing the L4 & L5 exiting nerve roots significantly

Please suggest me appropriate medicine for proper treatment. I have been consulted doctor but did not get relief.

Hi, After going through your query I think you may be suffering from degenerative spine with multiple level disc prolapse in lumbar spine. Many of my such patient got relief by analgesics such as diclofenac slow release tablets (if pain is more than strong analgesic such as tramadol is useful), Diapering, Glucosamine and neurotrophic agents such as mecobalamine. You can discuss with your treating Doctor. Hope I have answered your query. If you have any further questions I will be happy to help. Wishing you good health. Take care

Hypoechoic focus in the left kidney, may reflect Focal Caliectasia Vs a cyst.
2. unremarkable right kidney.
3. other details as discussed, thank you

Hello
Your findings may indicate small hypoechoic (dark) lesion in upper pole of left kidney. It may be due to simple renal cyst or focally dilated calyx. Both are generally benign findings, and it only requires follow-up ultrasound. Simple renal cysts are generally developmental findings and these are asymptomatic in nature. You may need clinical evaluation. Cyst may cause symptoms if there is infection in cyst or rapid increase in size. As lesion is small in your case, I suggest for follow-up ultrasound only. Intervention is only required in complicated cases. Get well soon. Take Care .

Input	Output
<p>Hypoplastic vermis with mega cisterna magna 2. Mild to moderate colpocephaly 3. Subtle thickening of the cortex in bilateral posterior parietal region with ill defined gray with matter interface 4. Thinning of the distal body of corpus callosum Thans&Regards P.V.Rao</p>	<p>HWhat you describe abnormalities of the brain. Those findings only describe the undeveloped parts of the brain, but they do not provide a cause, an origin to be treated. These underdeveloped areas are probably that way since your daughter was born, due to a genetic abnormality, or damage from low oxygen or infections. I am afraid that usually, this type of damage is irreversible, there is no treatment apart from supportive one. Of course, I don't know all the particulars of the case, you don't mention even her age, but generally speaking there is little that can usually be done for this type of damage, unfortunately. Hope I have answered your query. Let me know if I can assist you further. Take care .</p>
<p>I acute intracranial abnormality is identified. 2. There are single punctate foci of gliosis involving the subcortical white matter of each frontal lobe . This finding is nonspecific and can be a consequence of chronic microvascular ischemia. Demyelinating disease and cerebral vasculitis are included in the differential diagnosis. What does this mean?</p>	<p>Hi, Thank you for posting your query. First, I would like to reassure you that your MRI findings do not suggest any serious problem in the brain. The findings reported on your MRI are commonly seen in patients with migraine and there is no need to worry about them. However, if you have frequent migraine headaches, you should be on preventive medications. In a person, who has risk factors such as diabetes, high BP, cholesterol, in them, these findings could mean ischemia (lack of blood flow to the brain) and then medications such an aspirin may be required. Wishing you good health, .</p>
<p>I also am a liver transplant recipient (Sept 2005). I had Crohn s Disease for 12 years or so. The pathology report after my proctocolectomy showed signs of cancer in the part of the bowel that they removed. The doctors recommended I have chemotherapy (12 treatments) which I just finished in mid-June this year. I have been having problems lately with bleeding around the stoma which can be quite excessive (can fill up my ostomy bag quickly) ., The blood is very red & I noticed tonight that there are blood clots in my bag. I emptied it a couple of times & the clots were in the bag both times within a one hour time frame. I managed to retrieve one of the clots from the bowl to have a good look at it & it looks like a red gel mould approximately 2 to 3 inches long & 2 inches wide! I am freaking out trying to figure out where it s coming from. I don t believe it s coming from the stoma itself. I think the bleeding is from around the stoma but can t figure out how the blood clots can come from outside the stoma! Help - I m totally freaking out!</p>	<p>It is not of much concern presently whether the bleeding is from within or around the stoma. What should concern us more is the cause of the bleeding. There could be a number of reasons, like late onset liver failure after transplant (leading to bleeding abnormality), chemotherapy induced bone marrow suppression (which decreases the number of platelets in the blood causing bleeding), recurrence of cancer in the remaining bowel, recurrence of Crohn's disease in the remaining bowel. Ruling them out one by one, I suggest you get a liver function test and complete blood count done. If these are normal, then you should undergo a contrast enhance computerized tomography (CT Scan) of the abdomen followed by an endoscopy from the stoma. These tests should clinch the diagnosis and the treatment accordingly can be instituted. Meanwhile, it is not a bad idea to show yourself to a surgeon just to rule out a local cause for the bleeding like skin infection/excoriation, etc.</p>

I also believe it could have something to do with genetics or upbringing because my mother and grandmother show these signs as well. I visited a psychologist for the first time last year and he diagnosed me with depression and severe social anxiety. I did not get in detail about my past or present problems other than hair pulling and anxiety. He asked me about my history with drugs. At first, I did not mind, but then I started to get embarrassed and had a panic attack. Then, he made his diagnosis. I stopped treatment after a couple of months. I find it is often hard for me to follow through with plans, but I would like to try moving forward again.

Hi. Some of the symptoms you have mentioned suggest depression and anxiety. Low self-esteem, feeling low, etc., are classical depression symptoms. Hair pulling is one of the anxiety symptoms. Under unconscious anxiety, individuals develop a habit of pulling hair. You have never developed an idea of self-harm, but there is a practice of putting into a risky situation. This could be a feature of bipolar but should be evaluated. History of abuse of weed also increases such risk-taking behavior. If your day-to-day functioning is impaired, then I would advise you to please get yourself evaluated by a psychiatrist. A proper evaluation will help in making a diagnosis. Mood stabilisers can be used for treatment and will treat the symptoms. Avoid using weed because this might cause the development of acute psychotic symptoms.

I also have a drop in blood pressure when lying down. sometimes it goes as low as 87/44 but heart rate is within normal range. These recent blood tests were the only tests that were low. I did have an EKG which was normal and chest x-ray which was normal as well. I was recently thinking maybe I had a thyroid issue or endocrine issue. I have had basic thyroid tests done and they were in normal range but my direct T4 seemed to me to be on the lower end of normal. When I told a Nurse from the ER my recent thyroid test results, He said it was on the low normal side. Do I seem to have some kind of heart issue and why do I have these episodes at night? Sometimes the episodes are so severe I have to get into the shower just to shock my body. It can be very scary. Any suggestions or input you can provide me with would be greatly appreciated.

Hi, This is . Increased heart rate & palpitations can have a lot of causes. It can be normal sinus tachycardia due to anxiety or stress, or it could be abnormal supra ventricular tachycardia. For the diagnosis, you need to do ECG at the time of palpitation & tachycardia. If the duration of palpitations are short enough to reach a nearby hospital, we put a 24hr ECG monitoring (Holder Monitor). You also need to do a 2D Echo & thyroid function test to see for any associated abnormality if any. As you have already done a thyroid profile which seems to be normal, I'll recommend you for an echo & holder study to see if there is really some heart abnormality. Your cholesterol is normal & you don't have to worry about that. Normally when we sleep, our body tends to get relaxed & thus our BP falls. This is also a normal phenomenon. But if the BP is falling significantly on changing posture than it sometimes means fluid deficiency in body & you need to take more of fluids. Rest be stress-free, live a healthy life & you will be absolutely fine. Thanks

I also have a low immune system (low IgG antibody) and have frequent infections. Should I be concerned with my new tingling sensation in my fingers and feet.

Hello. I have been through your question and understand your concern. Tingling in the extremities are a common feature and usually temporary and benign. Still, since you have a rich medical history I recommend you to schedule a Neurological consult and an electromyography plus a nerve conduction study to better evaluate if the tingling is a serious feature. Basically you should not worry because it is very common but still you should consider a neurological consult. Hope this helps. Wish you the best health.

I also have a nerve root problem down my left leg. I have been in pain since I have been in AZ the last 7 months. Nobody here wants to give anything to get me out of pain, so I suffer. I'm leaving this

<p>state and going to Laughlin, NV in a month. I need a doctor who can help me while Im in Tucson, AZ and then a dr when I move to NV. Ive been in bed in pain for the last week and I cant seem to get any help. Can you please help me?Tracy</p>	<p>Hi, Your description suggests that you have LUMBAR DISC DISEASE with RADICULOPATHY.</p> <p>The general conservative line of management of this problem is as follows - * avoid lifting heavy weights * avoid forward bending activities* Use a lumbosacral back support * Intermittent pelvic traction to cause regression of the discs* Maintain optimum body weight, if you are obese*</p> <p>Physiotherapy to strengthen your back muscles. Physiotherapy has to be done only after the acute pain has subsided.* Judicious use of analgesics and muscle relaxants. If all these measures fail to provide you relief, then surgical decompression may be an option. Hope this information is helpful.</p> <p>Good day</p>
<p>I also have an irregular menstrual cycle, and I usually get my period every quarter. I have asthma and I am currently taking Seretide inhaler as prescribed by my doctor. Please help.</p>	<p>Hi. Atopic dermatitis is relatively more sort of relapsing with seasonal aggravation. It has a genetic and familial component as well. If you have severe symptoms which is hampering your daily activities you need to start with systemic immunosuppressants like Prednisolone and or Azathioprine. Elica ointment i.e. Mometasone is good enough for skin lesions. But I would rather add on Tacrolimus gel 0.1% over the inflamed lesions. But you need to use moisturizers very frequently than previous. You need to take antihistamine on a daily basis. Reduce your stress.</p> <p>Avoid wool and strong soaps. Practice wet wrap therapy. I hope this helps.</p>
<p>I also have autoimmune hepatitis overlap syndrome and PBC. I have been on liver medications since 2008. Would my liver disease affect my choice of cancer procedures? I also am taking thyroxin for an underactive thyroid. I have been on disability since 2008.</p>	<p>Hello and An invasive breast cancer is managed by surgery-mastectomy. Lumpectomy can result in recurrence of the lesion later. If the breast lump is associated with involvement of lymph nodes, chemotherapy is also needed. The presence of autoimmune hepatitis, intake of thyroxine or liver medication will not interfere with the type of surgery. Lumpectomy is not done now-a-days because of chance of recurrence. You need to consult your surgeon for further management. Thanks and take care .</p>
<p>I also have had 2 long stretchy mucus with pink blood in it. Also have been having alot of headaches. We have been trying to get pregnant. My next period isnt until July 3. Could this be implantation bleeding or from ovulation or something else. The cramping and spotting comes and goes.</p>	<p>Hi. Spotting from implantation bleed usually is a one time one day thing, but rarely can last for 1-3 days also. Many women experience an array of different symptoms during the trying to conceive process, and so your symptoms could be attributed to that as well.Let's not dismiss your symptoms this quickly, as I also recommend a home urine pregnancy test using an early morning urine sample on or after the 2nd day of a missed period. Best wishes.</p>
<p>I also have psychiatric issues for some time. Could the sexual and psychiatric problem be linked? What is the problem that I am exactly having? Is it treatable?</p>	<p>H forum. Your problem is treatable. It is called anejaculation. If you are taking any psychiatric medicine then your problem may be due to that. Psychiatric and sexual problems are mostly related. If you ejaculate in sleep then your problem is likely a psychological one. Your testosterone is low but you also need to do blood tests: For more information consult an an .</p> <p>/ask-a-doctor-online/an</p>
<p>I always felt tired and lazy. I do not know what is my problem. My neck and my back always felt</p>	

<p>hurt without any specific reasons. I never skipped my meals (I always eat vegetables and fruits) and I exercise regularly by dancing, cycling or playing ping pong. Can you tell me why? 2. As you can see from above statement, I think i am having a healthy lifestyle. But it is not what it is seem. Based on my BMI, I am an overweight person. Please help me. I have a low metabolisme rate, so is there any way to increase my metabolisme rate? Plus, I love ice cream and i do not know how to control eating it. Is there a way to control myself from eating unhealthy food? I am blank. Please help me ~ : (</p>	<p>Hi Thanks for your query. It seems that your increase in weight wrong body posture inadequate exercise and reduced muscle tone is taking a toll on your back. For pain to go, it takes not only rest (on a comfortable bed) but also avoidance of particular positions (during work, rest or recreation). During the day don't sit in one position for more than an hour and take frequent stretch breaks. Do not bend forward to lift things up, bend the knees and hips for that. Also discontinue any strenuous activity or exercises for some time. I suggest you to try back strengthening exercises by extension of the back muscles which can be taught by your Physiotherapist. This will help to relieve the possible muscle spasm which causes the pain. You may go for a physical examination by your Orthopedic to rule out any spine related pathology. You may be prescribed painkillers and/or muscle relaxants which should give you relief. Physiotherapy may also be advised if necessary. I would suggest you to try swimming as this will help most in back conditions. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care</p>
<p>I am 25 years old. I have not had a period since the 1st month I had the implanon inserted. However I am going on 3 weeks of a period some blood is bright red, some is darkish maroon. I have been dizzy, had hot and cold flashes, and been bruising very easily.</p>	<p>Hello Nicole, Implant is a synthetic progesterone preparation. It prevents conception by inhibiting ovulation, by making cervical mucus thick & impossible for sperm penetration. Improper menstrual bleeding pattern is quite common. Spotting or scanty bleeding instead of regular bleeding occurs in the initial few months due to hormonal imbalance. Complete absence of period is also very common & so don't be worried. Fertility (ovulatory cycles) may return 6 to 30 months after the discontinuation. But may take a long time for some women. Dizziness & hot flushes are the side effects of Implant.</p>
<p>I am a 25 yr old female 5 5 210lbs should I go to the ER or urgent care?</p>	<p>Hi, These symptoms of heart with pressure in chest could be palpitations. Heart palpitations could be due to anxiety, stress, anemia,gastric reflux or may be ectopic beats, SVT. It can also be related to your cervical epidural injection. In healthy individuals, it is mostly of anxiety or stress, but you must evaluate for premature atrial or ventricular contractions, paroxysmal supra ventricular tachycardia, atrial fibrillation etc. The above heart diseases have many other symptoms apart from palpitations and SOB but they sometimes start with these symptoms. You can undergo ECG, holter monitoring, TMT if no contraindications, or 2D echo to rule our heart problem. You must consult your physician if your symptoms remains persistent.</p>
<p>I am a 40 year old female in fairly good healt normal meds are metformin 1000mg 2x daily due to pics no other meds. What are your thoughts</p>	<p>HI went through all the details you have provided. Metformin in is one of the most commonly used medication notorious for causing stomach upset which may range from dyspepsia to gastric erosion. I presume that the reason of chest pain and even headache is this gastric erosion. Take metformin with meals, never at empty stomach and make tab cesium 40 mg once a day before breakfast for 2 weeks. Most probably it would resolve. If not maybe a review with your doctor to consider decreasing the dose as last resort. Regards .</p>

I am a 41 yo female and since yesterday have been having new dizzy spells. A few yesterday, and today quite consistntly since about 2pm MST. I am not ill, bp is normal, breathing normally, nothing odd with me. Just unusually dizzy. I just took a baby asa and plan to call the HeartCenter in the am. Dr. Sherman Sorensen, MD, FACC was my surgeon here in Utah and as he has retired, I am being sent to Dr. Edward Ganellen. I am due as well for my yearly echocardiogram. My question is of concern whether or not I need to go to the ER or you feel my waiting to go to the Heart Center tomorrow is ok. Thanks, Tracy

atrial tachycardia are very common in post-operative cases of ASD particularly if it's done in later part of life as long term changes in the right heart has already occurred. The best way to find the same is an EKG during an episode or a 24 hour holder. If there is palpitation along with dizziness its worthwhile going to the ER, if dizziness is alone avoid any unnecessary standing to prevent any fall and a routine evaluation tomorrow is justified. You may always revert in any doubts Regards .

I am a 57 y.o. female with djd in joints and ileosacral spinal djd for which I recieve steroids injection in my L knee every 4 to 6 months. I have a total knee replacement as of march this past year. My bp is borderline for which I take 1/2 half tab hctz and pain meds along with prilosec qd. My doctor has notified me I had to start Zorcor for my cholesterol. I do not like taking loads of meds. Can my cholesterol elevation be caused bythe steroids injections. I walk and use my wii to exercise daily and water aerobics 2x a week. I dont want to starttaking more meds especially after reading the side effects. Do I have a valid point?

Regarding your concern, I would explain that total levels of cholesterol is not a confident indicator of your cardio-vascular risk. A Total cholesterol/ LDL ratio more than 4.5 could indicate a higher cardio-vascular risk related to dyslipidemia and the necessity of statin intake. From the other hand, it is true that steroids cause elevation of cholesterol levels. So, for the moment, I would recommend some modifications to your diet (reduce saturated fat and increase food rich in omega 3 fatty acids). As soon as you will stop taking steroids, your cholesterol levels will return to normal again. Hope you will find this answer helpful! Best wishes,

I am a aptient of HyperGlycemia . PP Level is 257 (Recent) . I have visited a lot of doctors without ay success. Can yo advise medicines on line . All precautions are being taken by me regarding eating habits / drinking. Kindly help

Hello and I suggest you to take a fasting blood glucose level and a post radial blood glucose level again on the same day. The fasting blood glucose level should be taken after overnight fasting. After fasting blood sample, breakfast should be taken followed by postprandial blood glucose level should be done after two hours. A fasting blood glucose level more than 126 mg and postprandial blood glucose level of more than 200 mg is diagnostic of diabetes mellitus. Treatment can be started after these two tests are done . Diabetes Mellitus is of two types-type 1 and type 2. Type 2 Diabetes occurs in middle life and is commoner of the two types. Management of Diabetes Mellitus involves diet control, regular exercise and medication. Management can be planned after clinical assessment and relevant investigations. Thanks and take care .

I am a couple hours over now and Im confused about what I need to do. I cant contract my doctor due to the time and wont be able to till Monday morning. I was wondering if I should continue with the pack Im on or open a new pack or just dont do anything till Monday morning. Thanks for the assistance in advance.

Hi, Thanks for the query. As you missed one pill, the possibility of complete protection is somewhat doubtful. So better to go for additional protection for one week. And continue the older pack. After completing the pack you can go for new pack as per the schedule. In this week you can choose some barrier method of contraception. For more details you can ask me through: <http://www.com/doctors/> .

I am a drinker, drinking every night, about 50-60 units a week, especially this past 12 months due to job and life stresses. My question, I have stopped drinking immediately and will not touch alcohol until this is resolved, I do have that discipline. I have to have blood tests again. How can I improve my chances of dropping the high figures in the next 7-10 days? I do have up to 3 weeks, but that is too close to call in keeping the job available as if I fail, I have to have a report from a specialist by the 31st of Jan. Thanks very much Laurie

Hi. Thanks for posting query at Usually ALT or AST values higher than two times the upper normal limit, is considered abnormal (in some countries, ALT or AST values of more than 100 are considered abnormal). Value of AST or ALT greater than 85 or above maybe investigated further. Alcohol ingestion and obesity are common causes of fatty liver disease. Advice:- abstinence from Alcohol - LOW fat diet should be followed, AVOID junk food and beverages-decreased oil consumption (oily food)- NO red meat-green vegetables should be ingested daily-use lemon juice (lemonade) once in a day-reduce weight if overweight/obese-recheck liver enzymes after 6 to 8 weeks and/or ultrasound. Any further questions are welcomed. Hope to answer your concern. Wish you good health. Regards, .

Input	Output
<p>I am a nurse in the operating room, and i got sick at the end of November, 4 antibiotics later and i was still sick. In February, I finally started feeling better except that I have had the following symptoms slowly coming on since February. I have had issues with chronic pain , electrical sensations in my legs, difficulty walking, tripping, falling, Vision blurriness. Sed rate in february was 48, so they started drawing labs on me.sed rate runs from 48 to 59, vit d level 18.8, positive for anticardiolipin antibody igm, positive lupus antcoag ptlla, they thought i had lupus, but negative on the ana. I just had a brain mri last week. results are foci of increased t2 signal intensity within the periventricular and subcortical white matter , abnormal increased signal in the left basal ganglia , linear areas of increased signal in the deep white matter bilaterally, increased signal in the deep white matter in the left frontal region.any ideas? I return to my neurologist next week.</p>	<p>Dear user, thank you for your questions, increased T2 intensity in those areas could be due to lymphoma, ischemia, neurodegenerative disease, or toxins exposure. As you can see many things could lead to those lesions, sorry I cant tell much from current description but it's good that you have an appointment with your neurologist next week he will be able to pinpoint the problem if there is anything much clearer to you. Best regards,</p>
<p>I am a other wise healthy 81 year old retired physician.Any further recommendations for treatment?.</p>	<p>Treatment for Stage III prostate cancers meaning they cancer has spread beyond the prostate gland but have not reached the bladder, rectum, lymph nodes, or distant organs. Possible treatment options at this stage include:External beam radiation plus hormone therapyHormone therapy onlyRadical prostatectomy in selected cases. Watchful waiting for older men whose cancer is causing no symptoms or for those who have another more serious illness. Radical prostatectomy at this stage is not nerve-sparing and is often done with removal of the pelvic lymph nodes. Sometimes, it is also preceded by hormone therapy. Regards .</p>
<p>I am affected with increase of Uric acid level in blood . Initial blood test in Septermber showed a 7.6 , then after taking zyloric for 2 weeks count increased to 8 . But while taking zyloric i didnt maintin the diet. After this I took zylori again for 2 week with proper diet and then blood test showed level of 6.2. After that i didnt takle zyloric but maintained a proper diet . After this blood test showed uric acide count of 10 !!!!!. I do work out regularly and i dont have paint in joints</p>	<p>Hi.as indicated in your history, you have persistent asymptomatic hyperglycemia. There are three major crystal deposition-related disorders associated with hyperglycemia: gout, urolithiasis, and rate nephropathy. The risk of gouty arthritis and urolithiasis is elevated with increasing degrees of hyperglycemia and hyperuricosuria, respectively. A determination of the fractional urinary excretion of rate (Four), which represents the percent of urinary rate excretion per unit of the glomerular filtration rate (GFR), should be performed in men presenting prior to age 30. In all persons with persistent asymptomatic hyperglycemia in whom treatable secondary causes have been excluded, we provide counseling regarding the use of nonpharmacologic (lifestyle) interventions to reduce the degree of hyperglycemia. Avoidance of red meat, beans, food containing high purine, alcohol, reduction to ideal body weight, and regular exercise (NOT aggressive workout).no . Check uric acid after 1 month. If still uric acid level is high after strictly following above advise, then uric acid lowering agent maybe used to avoid complications as mentioned above. Hope to answer your concern. Regards</p>
<p>I am afraid of surgery. Kindly advice and if the surgery is inevitable where can I get it done in a better organized way?With best Regards M H Rahaman</p>	<p>Biliary colic -The pain without cholecystitis- gallbladder infection/inflammation - usually subsides</p>

within few hours to a day. Acute cholecystitis secondary to gallstones may be continuous and accompanied by fever. 2. Medical therapy is an option for gallstones, though a vast number of surgeons around the globe prefer removal of gall bladder-surgical intervention. Medical therapy includes intake of ursodeoxycholic acid (UCA) for a period of 12 to 24 months. UCA has been shown to inhibit biliary secretion of cholesterol, reduce intestinal absorption of cholesterol, increase hepatic bile secretion, and improve gallbladder emptying. Medical therapy is useful if mild symptoms, stones are smaller (weight reduction and low-fat diet is also a part of medical therapy).3. Surgery lasts for less than one hour (usually half an hour). Laparoscopic surgery has greatly reduced surgery time duration and surgical complications. You may travel 7 to 10 days after surgery, though the surgeon may indicate precise time. I would also like to mention that gall bladder is removed completely in surgical intervention which may impair fat digestion. You may be asked to cut fat completely from your diet (or keep to minimum) after gall bladder surgery. Hope to answer your concern. Wish you good and sound health. Let me know if I can assist you further. .

I am also dealing with increased fatigue and urine that is very cloudy yet retains pale yellow/cream color, there is no change in odor of vaginal secretions. However, there has been uterine cramping, no history of cysts. I am sexually active in a long term committed relationship and we use birth control pills (Tri-sprintec) as the primary contraceptive and condoms as an irregular back up. Stress levels have not increased beyond normal, no weight loss, only weight gain of 23lbs, two home pregnancy tests and my period (I was on time) proved I am not pregnant. I suffer from Lyme disease, babesiosis, and arthritis. I am currently taking Singular, Quar, and Tri-sprintec. Any help would be appreciated.

This question pertains to 2011, hence it seems it has lost relevance. But since I have received it in my inbox, I'll answer it. It should have been ascertained that there's no intervertebral disc problem of spine which is often responsible for severe back pains. IVD problem or no, temporary relief is given by anti-inflammatory and analgesics use. Cloudy pale color urine can be aged by lots of water. Other things are having no relevance with backache or cloudy urination.

I am being treated for hypothyroid and am very sensitive to medication (a little goes a long way). Am taking 25 mg of synthroid. My TSH bounces around between 2.0-2.7. I have noticed that when my cholesterol is up, my TSH goes up, and vice versa. I also have started leaking urine from my bladder, and have just been diagnosed with a kidney stone. Are these changes in health related? Hormonal? or am I just getting old (64 years old, female). I am also taking natural hormones sublingually (bi-est, and 95 mg progesterone. Thanks for the input.

Hi, There is practically no connection likely between your kidney issue and your previous Thyroid problem. Urinary incontinence is not uncommon at your age, and if it is a question of mild urge incontinence, lifestyle changes could help, such as avoiding caffeinated beverages, regular toilet habits, but if the problem gets worse, you could benefit from use of medication such as tolterodine which reduces urine leak. Your kidney stone may need treatment if it is larger than 8 mm, or if it is causing pain or if you develop fever with kidney obstruction.

I am concerned because I have other symptoms like shooting pains in upper legs, my jaw seems out of alignment and often causes intense pain especially when drinking citrus drinks. I have a back issue and nerve damage in neck. Read up some on Paget's disease?

Hi, Thanks for writing in. Having a puffy swelling or indentation in the crown that is tender requires clinical examination. Please consult your doctor and know if it is a mild infection as it is tender or something that needs detailed evaluation. Paget's disease is a condition that evolves over time and unlikely to present acutely. Since you also have a migraine, it will help to do an MRI scan of brain and cervical spine should your symptoms be of a severe nature. The nerve damage in the neck

region that you have mentioned needs a little more detail. Since you say nerves are damaged, the cause of such damage and its location is important to guide your treatment. In the next few days please schedule an appointment with your neurologist. Please do not worry.

I am concerned about my loose tooth. Nearly two years ago, I had a root canal done on my upper tooth, that is like 4th to last. After I had the root canal done, the dentist filled it. A year later, the filling fell out. A few months later, a small piece of my tooth fell out. Then 3 days ago, I felt minor pain in the tooth area, and my tongue touched the tooth and my tooth moved. Now it is loose. It's like a flat piece that's connected to the gum. It's kind of hard to eat. I've been eating on one side, and I eat with my mouth open because it feels more safer. I couldn't make it to a dentist because I have no Medi-Cal in CA or Medicaid, and I won't get it back soon because I have to apply for it and it'll take some time.

The mobile tooth could be because of the fractured tooth piece or because of the bone loss around the root canal treated tooth. The pain could be because of the movement of the fractured fragment or tooth, that applies pressure over the nerve endings and results in pain. Consult an endodontist and get a radiograph done, if sufficient tooth structure and bone support is there, then it can be restored with a crown. If sufficient tooth structure is not there then it has to be extracted. You can take a course of antibiotics and analgesics like amoxicillin 500 mg and metronidazole 400 mg TID for 5 days (if you are not allergic). I hope my answer will help you, take care.

I AM DOING MY BEST TO EAT ALKALINE DIET AND EAT ONLY NATURAL FOOD ON THE WHOLE EG FISH, VEGETABLES FRUIT, NUTS, BUT CAN EAT VERY VERY LITTLE NOW DUE TO FEELING FULL AND UNCOMFORTABLE EASILY. I AM DULY WORRIED ABOUT THE SIDE EFFECTS LONGTERM TAKING PPI'S - I FEEL TRAPPED - WITHOUT THEM - THE BURNING IN MY STOMACH IS RAW - WITH THEM - THERE ARE ALWAYS SIDE EFFECTS TO ALL MEDS. HELP!!!

60ml of aloe juice in the empty stomach is very helpful to maintain the pH. Also, you avoid spicy and fried things and have plenty of water. Hopefully my answer will be helpful. .

I am extremely worried about my children's height as we are short. My daughter is now 3 years 10 months old and has 14.5 kg weight and 38 inches tall. She had a seizure thrice and taking some sodium liquid medicine for the past three years. My son is 1 year old and 10.2 kg weight and 28 inches tall. I want to know what would be the appropriate height of my children as per current status. Is there anything I can do to increase their height? I want my daughter to be 5.6 ft tall and son to be 6 ft tall. Will giving protein powder make any difference? Kindly do the needful.

Hi forum. I understand your concern. I will try to sort it out for you. We can add some calcium supplements. Revert back with the answer to the above questions to a child health specialist online.-

I am having pus bumps under my left arm (had an infected lymph node squeeze out pus and is flat now but think it is clogged), left breast, cyst on left arm near below elbow and wrist. Now I have swollen flat bumps on both sides of my vagina.

Hello rearward .come have evaluated your query thoroughly.* Seems more in relation with sebaceous cyst over arm, boil or other cyst over the vagina.* Suggestions for better recovery - Keep the parts clean with antiseptic liquid.- Clotrimazole dusting powder over the local part.- Antibiotic assistance with your doctor for infection part.* Highly recommended attaching a photo pic for further guidance if possible and no objection. Hope this clears your query. Welcome for further guidance . Regards.

i am kavita, my problem is the dessication,diffuse bulge & posterocentral protrusion in L5-S1

intervertebral disc causing mild bilateral descending root compression. 2.dessication, diffuse bulge and posterior left paracentral protrusion of L4-L5 intervertebral disc causing left descending nerve root compression.

Hi Thanks for posting this question in I don't know if there are clinical signs of any nerve poor compression or not. I also don't know your age. If you have pain related to nerve root compression may improve with medicines like Gabapentin, pregabalin, Duloxetine etc. You basically need a detailed clinical evaluation by a neurologist who will determine if you have any deficits or not. If there are deficits and symptoms are still persisting, surgical treatment will be another option. If there are no complaints and MRI was done on routine basis, these findings are not of serious concern. Please get examined by a local neurologist and in the meantime you can discuss with him regarding the medicines that I have suggested Hope this helps

I am little scared. I didn't give a single medicine and tried to even cure as I was scared. But now I'm feeling something wrong and it's painful at right upper side of my abdomen. I'm eager to cure and rid of these disease out of me. I heard fatty liver is incurable so I did not visit the doctor. Please guide me or send me your advice. Hiren 0000

Hi, I have gone through your question. Mild fatty changes in liver is very common condition. No need to big worry. You should check your complete liver function test once. No other treatment is required. Avoid alcohol and high fat diet. Take high protein diet. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

I am negative for Kappa and Lambda light chains. I have no symptoms at present or other labs that are abnormal. I have had IGA gamopathy for 30 years ranging from 1000 to 1600 with no other symptoms. My oncologist want to start induction therapy of Velcade T30 injection under the skin and 40mg of decadrom once a week. Since my case is mild, am I ready for induction therapy?

Hi, as you are having 4 small lytic tumors and IGA gammopathy for 30 yrs with no other symptoms. You are not candidate for induction therapy. Distinguishing between MM and GUS is critical because patients with GUS are conservatively treated and do not need chemotherapy. In contrast, MM is a uniformly lethal disease that varies from a disease that does not need therapy at first to an advanced or aggressive stage that requires therapy. Thanks

i am not sure if that is too low and i should take him to the hospital. can you advise

Brain tumor are very notorious in presentation and also in response to treatment. They can rapidly grow in brain and compress the surrounding structures. They also cause edema in the brain and cause high intracranial pressure (ICP). Due to this blood supply of brain is hampered and patient loses consciousness and talks irrelevant. So your friend may have all above consequences. So immediately take him to the hospital. He needs urgent MRI to rule out brain edema and compression. He may need operation too, to decrease ICP.

I am not taking any other medicines. Kindly let me know if the triglycerides levels go up because of the BP medicine and if so what other medicine can I take as a substitute?

Hi & Welcome. Nebicard SM contains a beta blocker (Nebivolol) & a calcium channel blocker Amlodipine commonly prescribed to treat high BP. Increased cholesterol & triglycerides appear to have been caused by Nebivolol. Beta blockers like Nebivolol can affect your cholesterol & triglyceride levels causing a slight increase in their levels. These changes are often temporary. You shouldn't abruptly stop taking a beta blocker because doing so could increase your risk of a heart attack or other heart problems. Consult your treating doctor for an alternate, but a safer medication like Losartan to lower your high BP. Hope this will help.

I am now 51 days late and have taken 4 pregnancy test and they are all negative. I have not taken a pregnancy test in 2 weeks cause the tests were negative. Can you please tell me what to do? I lost

<p>my job and I am trying to save all the money I can to pay bills. Can you please tell me what to do to figure out what is going on with my body? should I take another test? or should i just suck it up and go to the doctor? please help!!!</p>	<p>Hello. Thanks for writing to us. The delay in the periods that you are having is not likely to be related to the tubal surgery that you had. This is most likely related to a hormonal disturbance and needs a hormonal treatment to regularize your periods. I hope this information has been both informative and helpful for you. You can consult me again directly through my profile URL http:// .</p>
<p>I AM NOW ON RIFAMPIN. WHAT SHOULD BE MY TOP FIVE CONCERNS?</p>	<p>For treatment of tuberculosis start anti-tuberculous medicines which are sensitive as early as possible after expert advice. You have to take some multivitamins like metilda-forte or meganeuron-plus once daily preferably in afternoon along with some protein supplement like protein powder with milk to improve your immune power. Don't worry much just take your medicines regularly and properly as suggested by your doctor.</p>
<p>I AM ON CASODEX FOR THE PAST 2 MONTHS WITHOUT FINDING LOWERING OF PSA. I AM PHYSICALLY OK, EXCEPT FOR TIREDNESS. I AM 70 YEARS OF AGE. SHOULD I CHANGE OVER TO NEW DRUG?</p>	<p>HelloThanks for query. You have been diagnosed to have stage 4 cancer of the Prostate suggesting that the cancer has spread beyond capsule of the prostate to distant locations like bones or other organs . Cancer of the prostate is hormonal dependent cancer depending upon the Testosterone levels . Though Orchiectomy is done there is increase secretion of PSA from the cancer cells spread over to distant locations. Casodex is anti androgen .</p>
<p>I am on depakote for about 20 yrs for bipolar. 1000 mg.The dr seems to think that s the problem and ordered an ultrasound. I m nervous. I have lost 15lbs by eating a very healthy diet of vegetables and fruits and whole grains. Anything you can tell me would be helpful please. I have no pain.</p>	<p>Hi, I had gone through your question and understand your concerns. Sodium valproate is the sodium salt of Valeric acid and is an anticonvulsant used in the treatment of epilepsy, panic attack, anxiety disorder, migraine and bipolar disorder, as well as other psychiatric conditions requiring the administration of a mood stabilizer. Sodium valproate is a weak blocker of sodium ion channels it is also a weak inhibitor of enzymes that deactivate GABA such as GABA transaminase. It may also stimulate the synthesis of GABA. It does have many adverse effects. Yes it can rarely cause liver damage, hence cause a rise in ALT and AST. Do not be nervous. Your doctor has rightly ordered for an abdominal ultrasound to look for the liver affection. Keep in touch with your doctor. He/she can examine you and correlate clinically and guide on the exact management. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing you good health.</p>

Input	Output
I am on plenty of pain relief at the moment & am wondering do I need to see a specialist about this & what does this mean for me.	<p>Hello dear, I understand your concerns. Secondary canal stenosis means the spinal canal(the canal through which spinal cord passes in the spine)has been narrowed down secondary to some pathology of spine(most common pathology to cause this is degeneration of spine with age). When there is canal stenosis, it may compress some important nerve fiber tracts passing in spinal cord resulting in various symptoms like weakness in limbs, loss of sensations in limbs, urinary retention or urge incontinence. Similar degenerative process may compress upon the nerves which exits from the vertebra at different levels to pass into limbs and trunk again resulting symptoms of pain, numbness and tingling in limbs along with weakness, sensory loss, and bladder symptoms like loss of bladder sensations. Yes, you need to visit a neurologist to have an expert advise regarding this. I hope it was of help to you.</p>
I am past menopause so it is not related to that. I am dizzy as well. When I lie down I get some better. This has been going on for 2 days.	<p>Hi Thanks for posting a question on our platform. I have read through all your explanation. There are lots of causes to the symptoms you are currently experiencing, like Anxiety, panic attacks etc. I advise that you enroll in exercises like yoga, eat healthily, avoid stimulant like caffeine or tobacco this will help reduce your symptoms. Also make sure to get adequate sleep of 6-7 hours a day. If you do not get relief in a month, please a physician for evaluation. Best regards</p>
I am planning to secure an appt. With an orthopedic surgeon. ASAP to see what kind of injuries I have. ANYTHING helpful you have is much appreciated . Deb (retired Nurse)	<p>Dear madam, low back pain is experienced by majority, it is to BR worried if you have any sensory disturbances or weakness of your legs or urinary or bowel disturbances or if pain persists even after taking 3 weeks of bed rest.I recommend back strengthening exercises apart from the pain medications, and also sit bath for relieving most likely your coccydynia. Pain medications help short term i.e. when they are in circulation or locally when being given, it is the physiotherapy exercises that help you in long term.</p>
I am pradeep I have back pain and MRI report given that central &bilateral paracentral disc herniation at l5-s1 level causing thecal &rootcompression2. Right paracentral & central disc herniation at l4-l5 level causing thecal & root compression3.spinal canal &neural foraminal stenosis at l4-l5 & l5-s1 disc level and doctor suggested to have the surgery give me the suggestion whether to take surgery or not	<p>HiT hanks for posting your query. Your MRI report says that the inter vertebral disc (a disc like structure between the spinal bones) has gone out of its place (herniation) and it is compressing the nerves near the back region. (Normally nerves emerge out of spine region) Now whether you need surgery or not depends on the severity of problem. If you are in extreme pain or having weakness in legs or having problems in passing urine or motions then it's an indication for surgery. Any clarifications feel free to ask. Regards.</p>
I am still experiencing pain in my right arm. Tingling andnow my left arm is tingling and my neck feels like its being shocked or hundreds of needles being pocked. Im extremely tired and this is really taking a toll on me. Any suggestions?	<p>Hi, I value your concern, and empathize with the fact that you still have pain, despite fusion surgery, but let us face it, fusion at one level does not do anything to prevent other disc from herniating. Now what prevents, its strong muscles and good lifestyle. Second despite fusion nerve can show compression due to degeneration changes, which will need repeat surgery, consult a</p>

good spine surgeon.

i am suffering from severe breathing problem. when ever there is change in climate specially when its raining, problem get triggered like today. my chest is whistling and having congestion. i used a lot of asthline now a days. i got relieve for short period of time and after that same problem. help me out. what should i do. plz plz plz help me.

Hi, you have asthma related to pollen allergy can be dust mites also, since your having it most of the time. For your asthma I recommend you to start using steroid plus long acting bronco dilator inhaler. Go to pulmonologist he will assess your lung function and also give you the inhalers also I suggest you go to immunologist to get allergy test done. Then you will know what is causing your symptoms. Once that is done you can start immunotherapy. Which is very effective. It will control your symptoms by 80-90 percent attest. Thank you .

I am taking Acutret 20 medicine for skin scars. What are its side effects. 2. One Gynae doc has given me Meprate medicine. what is the purpose of this medicine. for what cure it is been taken. Thanks, Tanu

Used to treat severe cystic acne, Acute (retinoid) is known to cause . Other side effects include itching, nose bleeds, and cracks in the corners of the mouth. It is also known to cause severe birth defects if taken during pregnancy. So, you should not use it if you are pregnant or planning to become pregnant. 2. Meprate is a form of female hormone progesterone that helps regulate ovulation (the release of an egg from an ovary) and menstrual periods and hence commonly prescribed to treat irregular menstrual bleeding and delayed periods. Hope I have answered your query. Let me know if I can assist you further.

I am taking iron pill once a day and Hema plex twice a day and B12. My BP seem to be high when I would a short distant, but it does come down after I sit for a while the bottom number is still high 138/90. Also, my pulse seem to run 115 on average. Do you think this is because my blood level is low causing my other vitals to be off

I am Infectious Disease Specialist! I went through your query! Hi Rodney! I realize you went through a tragic phase. Your hemoglobin will increase with time just take haematinics. As far as your BP and tachycardia is concerned you need proper evaluation from a cardiologist you might be suffering from essential hypertension. May have to take antihypertensives. Also get blood culture, USG abdomen and calcitonin test done to see for infections if any. Happy to take more queries! You can also write a review for me. If you would like some more information, I will be happy to provide. You can take a follow-up query. Take care!

I am taking Lexapro 20 milligram at night for these symptoms. I have been doing so for the past 6 months. I have really bad social anxiety to the point where I do not like being around others at all because of it. I feel like the Lexapro is not helping. This has started to affect my sleep and how I interact with others. I recently Quit my job due to this issue. I took a medical leave (3 weeks) and after returning I could not deal with the stress. I should tell you I am a former meth addict for 8 years and have been clean for 3 years now. I eat well (no fast food or processed food), and exercise daily- when I don't have what I call my episodes. I go for several days now without practicing personal hygiene or having contact with others because it only stresses me out more. I am not sure what to do or if any other medicine would help. Please advise.

Hi, thanks for the query. Based on your symptom profile your main underlying problem is social anxiety or excessive unwarranted fears of unfavorable scrutiny by other people, superiors etc. The treatment of same is usually multipronged with SSRI type medications, anxiolytic (clonazepam, Mizoram etc.) (Escitalopram/learn is one of the type of SSRI) and cognitive behavior therapy (CBT). In CBT you will be taught various methods to cope & overcome your anxiety like exposure &

response prevention (ERP), imaginal exposure, role playing, mindfulness based interventions, antigenic relaxation training etc. You need to consult a Psychologist or ask your current Psychiatrist for help. Try to relax, try to also practice yoga & Panama in addition to all these to stay relax. Good Luck

I am taking medicine since last 40 days. But my lymph nodes in neck are started enlarging and giving lots of pain and also, started discharging one of the lymph node. I am not sure whether I am responding to the treatment or not. Please let me know how long it takes for lymph nodes to go back to its normal size?

. I did review your concern. This is a very difficult question to answer. Generally with proper treatment the tuberculous lymph node shrinks in size, but if it has already become fibrotic and calcified as seen with chronic lesion of tuberculosis, it does not shrink to its normal size and takes years to get normal. But the important thing is that, with proper treatment these lymph nodes although you look slightly big they are treated microbiologically and pathologically. So there is nothing to worry about. They contain fibrosis and old granulomas and some calcified material which is noneffective. My advice would be to continue regular tuberculosis treatment for designated 6 months period and in most case scenario it will shrink. I hope this helps. Wish you all the best.

I am taking the following drugs for mixed Depression-Anxiety a) Sertraline 50 mg 1-0-0 b) Mirtazepine 15 mg 0-0-1 c) Lithium Carbonate 400 mg (SR) 1-0-1 To counter the side effects, I am taking Pacitane 2 mg 1-1-0 and in spite of this I am having hand tremors and am not able to write at all. I am having stammering also. I am taking Neurobion Forte 0-0-1 to strengthen the nervous system. By taking Nerobion Forte bi-daily help in controlling the tremors? By taking Ashwagandha powder (1 tea spoon with milk) twice daily help in controlling the tremors? Also, I am Asthmatic and Diabetic for which I am taking Theo-Asthalin 1-0-1 and Glycephage 500 mg 1-0-1 respectively. I am a smoker also and I smoke only 5 cigarettes a day. Kindly advice. Also confirm whether psychotic drugs be taken along with Ashwagandha Powder. Kindly reply at the earliest. Thank You
Yours Truly Jayanth

Hi Dear Jay ant I am real concerned about you for having so many medicines but no relief. And over and above that, you want to add 1 more, Ashwagandha in your city First I want to know, how old are your problems ? What is your age, weft & height? As for as I can understand, you are not leading balanced, regular lifestyle. That is the reason, you have to keep on adding medicines. I am not avers of your taking any medicines prescribed by your physician But I would like to keep in mind one thing, that only medicines without a disciplined life will not do any good to you. Ashwagedha is good, no doubt and helps in many problems successfully. I will suggest you to take nourishing diet with fibers vitamins minerals, soup of Gullah / green DAL tiger, garlic in your all meals. Avoid sugar, fried fast foods' banana guava in fact all sour things and over indulgence of tea, coffee, alcohol and smoking A level Spoon of turmeric powder with a cup of hot milk at bedtime gives a good dose of antioxidants . Chaywanprash good tonic / remedy for asthma ang general health. Good night sleep is essential To Do Sufficient walk, exercise -yoga, Panama deep breathing . Constipation should be removed regularly. The above regimen can help you to slowly remove many of the symptoms you are suffering from and will help you fully recover, One day you lead happy life without . Mail at

i am terribly worrid. dont knw wht to do. i feel really uneasy due to nusea, headache n fatigue.

Hi thanks for asking question. Noted you have increase indirect conjugated hyperbilirubin. So causes seems most likely by any of hemolytic anemia. For diagnosing hemolytic anemia reticulocyte count, PS and serum LDH study done.PS will guide toward diagnosis. Ex.target cell suggest hemoglobinopathy for which electrophoresis done, bite cell suggest g6 PD deficiency,

phagocytes suggest phagocytosis, malaria parasite in malaria etc. So according to cause treatment done. Still cause not clear perform your LFT with viral marker to rule out hepatitis. Hope your concern solved. .

I am trying to get conceive till now. But last month I got my periods on 26th jan (32nd day) After that I went to meet my dr she suggest me to come for follicular study and she also gave me fertyl ,progynova,susten and apcod . I went for follicular study on my 10th,12th day. It was normal and dr told me that the egg has formed nicely. But on my 14th day folliclesize reaches to3.1cm and on 15th day i.e today it reaches to3.6cm.she again asked me to come on 18th day.i am very much worried. Will I get conceive atleast this month? what this indicates?will it get normal?PI suggest

Hi, If the follicle has reached a size of 3.6 cm., it is more likely to be due to a cyst formation. Ovulation usually occurs as the follicle reaches a size of 18 mm. The repeat ultrasound should be able to show if the cyst has spontaneously regressed or not. Ovulation induction can lead to ovarian hyperstimulation resulting in such a picture. Conception in this cycle seems difficult and cannot be predicted now. See your doctor for further advice. Take care.

i am undergoing medication since then and this feb 17 i am going to complete 3 years of medication and doc asked me to visit him. so can i go if its completely curable or not? I am taking levera500 and oxetol600 tablets twice a day. are they good?

Hi, Yes, your medicines are effective anti-epileptics. Usually medications are continued for a period of at least three years after the last episode. Going by this, I expect that your doctor will start tapering off your medicines from your next visit onwards. In addition, he may also advise a brain imaging if any lesions were found in your brain previously, to assess their current status. However, completing the course of anti-epileptics does not mean that there is no risk of recurrence of seizures again in life. Hope this helps you. Best wishes.

I am very concerned as I looked on the internet and this can be a cause of leukemia. What should I do now?? Both to put our mind at ease and to help her pain.

Hi, There are many causes of spleen enlargement, her CBC and Mono test are normal, so do not worry but as there is family history of AML, just wait and watch and keep her under medical supervision. Blood test can be repeated and if Hematologist thinks it is appropriate a bone marrow examination can be done. One should be positive, I hope splenomegaly will regress or other cause if any will be detected and treated, and she should be better soon. Best of luck Take care.

I am very concerned have high history of family with RA, Lupus, Bone cancer, lung cancer, cervical cancer, CHF heart disease ,CAD, MI etc. I do have HTN, I do have fibromyalgia, neck surgery disectomy x s2. I have had bouts of low back going out but nothing like this. It is over sacrum (L) side I need some advise what I should do as far as calcification? or is there any concerns? Should I worry about my back as it is not low back its sacral. at witts end with pain

I would like to have some more information on your concern: - Does the pain worsen during the day or during the night?- Is the pain relieved by NSAID? If the pain is not relieved by NSAID, and it worsens during the night, a secondary cause (malignancy) should be excluded. I would recommend consulting with your attending physician for a careful physical exam and some tests: - a lumbar spine CT scan - an abdominal ultrasound- a chest X-ray study- inflammation tests (PCR, complete blood count, sedimentation rate)- cancer biomarkers (CEA, CA19.9, CA 125, CA15-3) may be needed to investigate for a possible tumor. You should discuss with your doctor on the above issues. Hope to have been helpful! Best wishes,

I am wondering if the pain I have experiencing more and more is considered chronic or not. I have not had any help with it for years and it seems it s getting worse. I don t want to take pain pills for it

either	<p>Hello ! I understand your concern! If I were your doctor I would recommend a new column MRI to find out if the subluxations are at the same point or have revolved. Holding a brace would be very helpful. Postural education, physiotherapy, avoiding sitting positions for a long time, or holding heavy things would also be helpful. I would also recommend Amitriptyline, an antidepressant . You must be careful if starting this therapy to have a cardiac consultation as it has heart side effects. Another choice of therapy would be Gabapentin or Pregabalin, two antiepilepsy</p>
<p>I am worried. It is affecting my work. I have not taken any rest and keep going to office. Please suggest me in what way I should go. Regards Prof P.D.Juyal Ludhiana</p>	<p>DEAR USER, THANKS FOR CONSULTING WITH I UNDERSTAND YOUR CONCERN. YES LOSARTAN IS SAFE FOR HYPERTENSIONSEEING YOUR TREATMENT, YOUR PHYSICIAN HAS STARTED TREATMENT SUSPECTING YOU TO HAVE ANGINA THINK YOU NEED TO CONSULT A CARDIOLOGIST URGENTLY. GET A ECG AND IF POSSIBLE A ECHOCARDIOGRAPHY DONE DID NOT UNDERSTAND THE POINT WHY YOU WERE STARTED ON SOLO 650I SUGGEST YOU TALK TO YOUR PHYSICIAN WHY YOU WERE STARTED ON YOU NEED TO DESCRIBE YOUR SYMPTOM IF You're SUFFERING FROM DIFFICULTY IN BREATHING, BREATHLESSNESS, ANY SWELLING IN LEGS, ANY HISTORY OF CHEST PAIN. SO THAT I CAN HELP YOU IN A MORE DETAILED WHOLE I ANSWERED YOUR QUERY. YOU CAN MESSAGE ME FOR ANY FURTHER CONCERNS</p>
<p>I and my husband are trying to have a baby. I have a regular 28-day cycle. Is ovamit of help to us?</p> <p>When can I start taking it, if and my husband can only have a sexual contact this 21st of this month. He is a soldier.</p>	<p>Hi dear, and thanks for your query. Ovamit is the most well-known fertility . About 25% of female factor infertility involves a problem with ovulation, which is what Closed treats. Its also effective, stimulating ovulation 80% of the time. You should take it the third day of your periods counting the first day of your cycle the first day of bleeding. You should take it for 5 days, 50 mg per day. All the best</p>
<p>I came to my studio about an hour ago and had to come up short flight of stairs while carrying equipment. I was not winded and my heart rate was in the 80 s. About 20 mins later I went downstairs to the bathroom. When I finished I came back upstairs only this time I felt my heart beating faster. I took my heart rate and it was 146. Well, being that I suffer from anxiety I became concern. I figured it was the restroom along with the food I may have eaten prior to arriving. Well, I ve been sitting for approx 15 mins and my heart rate is still in the low 100 s and it s making me anxious. Could this be the anxiety? I have no other associated pain except a little strain in the upper right side of my back and that s from carrying all that equipment. I hope.</p>	<p>Hello Mr. Harold. It can be due to anxiety, but other causes have to be ruled out by doing necessary tests. I would like to know details like history of diabetes, hypertension, smoking, alcohol, . It is good if you can approach a GP for thorough clinical evaluation and tests as mentioned above. Do not worry it can be due to a simple cause. Good day. If you have any more doubts I would be happy to help you.</p>

Input	Output
I can eat the normal food (oily, bit spicy, home made stuff etc.)02. I can eat out side (at restaurants)03. I can eat non-vegJust to add I was a daily drinker when this was diagnosed. Currently I stopped drinking completely. ThanksRgds,Swaps	Viral Markers2. Liver function test (Complete)3. Ultrasound Abdomen.I would advise you to take high carboy . This is my best advice for you with the available details, if you have any further query, please ask. Stay Healthy, MD

I can not Sleep properly 2. headack problem 3. constipation problem Can I releave from this problem .	Hi thanks for using I think here the problem is steroid dependence than asthma Sure, you will have to be on some steroids But inhalation steroids is also effective. You cannot stop oral steroid(Benson) all of a sudden. Your body is used to steroids from outside, hence when you stop Benson enough amount of steroids won't be produced in the body.Hence, we will have to stop it gradually. Longterm steroid therapy can make you Cushing (excess of steroids)Hence it is better to consult an Endocrinologist, and he can help you.
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I cannot control my ejaculation. It happens within 30 second or less than a minute. I ejaculate 3 times in a day. Sometimes, semen also comes out in urine. Before I used to masturbate 4 times a week, but now for past two years I masturbate 2 times sometimes 3 times. These days I had little pain in my penis. I use both hand and pillow to masturbate. I also watch porn videos. Before I used to watch a lot, but from now I had minimized it. Nearly five months, I have been facing lots of health issues like jaundice, loss of appetite, weight loss, stomach problem, pneumonia and weakness. I have taken treatment for these, but jaundice is not getting cured. Now, I am suffering from pneumonia and under treatment.Before 6 years or before masturbation I had no history of health issues. But after masturbation life is like a hell. Before I was addicted to masturbation, but now I am trying to control. When I masturbate then the day after pimples comes out in my face but from 1 year it has started to come on my chest and back. I search in the internet that masturbation do not cause any harm and it is completely natural and safe. But, this is not working on me. So, please help me to get rid of these problems. I want to masturbate and do not want to quit. So, please give me a way so that I can masturbate and stay healthy. My penis size is 5 inch long and foreskin is completely out. I get easily erected. I have attached the pictures of my penis. I am not very comfortable in sharing this, hence not discussed with anyone.	Hello. Thanks for using this platform. I read your query and understand your concerns. Revert back with the investigation reports to a sexologist online
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I cannot take milk tea as I get acidity. so take black tea. 2. Very less appetite. 3. Less food intake. 4. I am underweight. 39Kgs height is 155cms. Never touched 43Kgs in my whole life. What could be issue of high SGPT and SGOT ?	Hello and SGPT and GOT levels up to 150 and 130 IU/L are abnormal values.SGPT and GOT are liver enzymes which are elevated in liver diseases characterized by damage to the hepatocytes or liver cells. Common causes of elevated liver enzymes are alcoholism, viral infections, toxins and . As you have mentioned that viral markers are negative and there is no history of alcoholism, thus, other cause of these changes has to be found out.I suggest you to refer a gastroenterologist for clinical assessment and relevant investigations like liver biopsy. If there is history of
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I CANT EVEN GO OUT TO EAT WITHOUT GETTING SICK ANYMORE. NOW, FOR THE PAST COUPLE MONTHS IVE BEEN HAVING EXTREME STOMACH PAIN WITH STOOLS, VOMITING/HEADACHES OCCASIONALLY, EXTREME LOWER BACK PAIN, EXCESSIVE

<p>WEIGHT LOSS, FATIGUE, TONS OF FLOATERS IN MY EYE AND IRRITABILITY. WHICH IM ONLY 30 BUT I FEEL LIKE 70! 57 DOWN TO 121LBS NOW. I THOUGHT I ATE VERY HEALTHY! DONT DRINK OR SMOKE. BUT I DID SMOKE WEED FOR LIKE 2 MONTHS FOR RELAXING! BUT STOPPED. -(ALSO WHEN I GOT DIAGNOSED WITH CELIAC SHE SAID MY PANCREAS WAS FAILING.WHAT DO YOU THINK COULD BE WRONG NOW!?1?</p>	<p>Hello! Thank you for the query. There is no straight answer for your questions without some tests. It can be pancreas indeed. Due to pancreas insufficiency, it does not secrete enzymes digesting fat. It can cause fatty, bad smelling stools, abdominal pain, diarrhea, weight loss. Such stools usually float. Your symptoms may be also caused by partial bowels' obstruction due to Crohn's disease. It can also give similar symptoms. Abdominal pain is like cramps. Please visit your doctor as you do not seem to be improving. Abdominal ultrasound, blood work, pancreas tests, liver tests, urinalysis and abdominal X-ray should be done at first. Colonoscopy might be necessary as well as abdominal CT. Hope this will help. Regards.</p>
<p>I cant take the pain or pain medacations, I am afraried the one disc will slip and cant walk for 100 ft with out awfull pain.I am a Mom of a Autsic child MR Deaf , I am 54 of this month can any one help me, Mrs Fran Woy</p>	<p>Hi, thank you for providing the brief History of you. As mentioned in the history by you that you are having cervical disc degenerative disease I will be more concerned as the levels mentioned by you are painful, and you are right on your part that the pain is excruciating. Since the painkillers are not possible due to various factors of which you have not mentioned I will advise you to undergo physical therapy. As you are 54, you may have degenerative changes in the body as this might be leading to weakness of muscles and also reducing the inter vertebral space. By the reduction in the inter vertebral disc space there will be compression on the disc which is a jelly substance in the inter vertebral disc to provide act as a shock absorber. Also, when muscles fail to hold the vertebral body in place the pressure applied to disc may in turn compress the exiting nerve roots and leads to pain and weakness. As in my clinical practice such patients with high level of disc injuries we refer to physical therapy and MRI. With physical therapy like therapeutic ultrasound therapy and TENS therapy the pain can be controlled for a limited period of time and in that duration strengthening the muscle groups of the neck is important. Also, the therapist can provide manual traction and release the pressure from nerves to provide good relief. Most cases in my practice respond well to physical therapy. RegardsJay In .</p>
<p>I cant understand what to do. Please advise.</p>	<p>HelloIncreased SGPT may indicate liver injury. It may be due to many reasons like hepatitis, alcohol intake, altered lipid profile, medicines,autoimmune causes etc. It may be related to hepatitis in your husbands' case as bilirubin level is also raised. You should allow some time for SGPT to become normal. He may need few more investigations like viral markers, ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg twice daily for three months to my patients. It helps in regeneration of liver cells. Get well soon. Take Care .</p>
<p>I consulted a doctor. He administered Ventrolin syrup - 3 ml if there is continuous cough and Calpol if temp rises above 98.6. I gave her Ventrolin last night as her cough became a little more frequent. But her cold has aggravated. She had a runny nose last day and tonight she is finding it difficult to breath due to blocked nose. She is scared of Nasoclear. I have T minic and Allercet with me. Will any of this address blocked nose issue?</p>	<p>Thanks for asking I have gone through your question. Your 3-year-old daughter having cough, running nose and block nose. And you're giving her syrup Ventolin. If I was your treating pediatrician, I would add t mini in your treatment. T mini will give relief in running nose and block nose and cough. If you have syrup t mini then give 3.5 ml per dose thrice a day and if you have T</p>

mini . 7 ml per dose thrice daily. This illness appears to be viral. Body will heal it in 3-5 day time
hope I answer your query wish you health family

I consulted my cardiologist he ask me to have TET and the result shows that I have problems. I had my angioplasty sept17 last week on my left main artery with 95% blockage and 1 stent was placed, i now experience intermittent numbness on my left elbow radiating to my little pinkie also had episode of chest discomfort and feeling fatigue. I had my ECG yesterday everything was normal including my BP. Im Taking Clopidogrel 75mg, Cilostazol 100mg, Aspirin 300mg, Atenolol 25mg, Simvastatin 40mg, Ranitidine 300mg, Glimipiride 1mg, pioglitazone 30mg.

There is a possibility that the nerve damage may have taken place when you were up for angioplasty and stenting. It is a know complication of the procedureIdeally diagnosing this needs testing I will suggest an NCV of the affected limb, and both upper limbs would be better still. The best thing you can do for it is to take methylcobalamin. This can be taken till the NCV report is awaited. Thereafter, a more specific treatment may be suggested best of luck .

i contact to specialist he gave me some medicines and advice for proper walk. He also advice me for food. In this regard any good suggestion is appreciated.

Hyes due to high blood pressure kidneys can take some damage and as you have, they can shrink in size and their functioning also decreases. I suppose your doctor must have put you on antihypertensive medications. For your condition not to worsen, few things are very important. First is taking medications regularly. You should not skip any medication given for high BP or delay the timings. Second thing is taking proper diet, low salt diet, less oily food, low cholesterol food will keep your blood pressure and blood cholesterol in control which is essential. Third and important thing is exercise. With regular medications and proper diet, regular exercise is also equally important as it keeps your heart functioning well and keeps your blood pressure under check. All these things will help you in long run and also keep other vital organs like kidney, heart healthy.
Thank you

I did a siemen anaysis in between as well and it went till 11 millions.i went an urologist as well and and a 3 doppler test done which revealed an 3 mm vericosile. Now my query is i had stopped Cabergoline for almost 3 months and did an siemen anaysis which revealed an count of 6 million. (just to mention my siemen volume also keeps on flactuatin from 0.8 ml to 2.00 ml 1- Does FSH and PH affects fertility. 2- if yes what is the best medicine for it. 3- i had been on Fertil M medication which has shown significant improvement. Any suggestion on this. 4-does Vericocile affects fertility. If yes what is the medical treatment. Lastly i am now very confused and dont know the future course of action and line of treatment. Can anyone suggest me a way out of this confusion please.

Prolactin is an important hormone that affects fertility and fortunately this cause is easily correctable by

I did notice change. But I was nt satisfied completely. My skin is loose after the surgery. And I am still gaining weight on those specific areas. Now againim planning to go for this surgery. But with some good procedure . During the simple liposuction surgery, doctor have given anesthesia on my back which was painful and after surgery I have occurred the problem of backache.Please suggest me any other best liposuction surgery. And also the cost involved to it

Hellolaproscopic gastric fundoplication is far superior surgery for weight reduction than liposuction. Yes it may be costlier, but results are good. Till time continue exercise to improve tone, and diet plan to reduce wt. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care

<p>I didnt even know, Why wouldnt my family tell me this, Or am I suppose to know that because im a diabetic with high blood pressure</p>	<p>Hi! ! Possible! If both the diabetes and high blood pressure are not controlled!!! Kidneys are one of the target organs affected if the blood sugar and the blood pressure are not controlled and maintained with in the normal limits. Since you have been diagnosed as Chronic kidney disease stage III, you will have to take extra care in controlling your diabetes and hypertension. Consult your GP for further evaluation and management. Regards!</p>
<p>I do mild exercise. (Play badminton once in two weeks or one week).2. I do booze (beer) once in two weeks or once in a week.3. I do not smoke. But I used to smoke 10 years back.4. I eat non-vegetarian, once or twice in a week.5. No history of cardiac problems, nor in my family.6. No abnormal pain in the chest during TMT nor any time during physical activity.7. Mild gastric pain once or twice in a week. This started about one to two weeks ago, probably due to outside food.</p>	<p>Hello. Although you do not have any symptoms, but your ECG and TMT shows changes. Your echo is also normal. But we cannot neglect your ECG changes which are striking. So it is better to undergo angiography and get it clarified. Also, sometimes such changes may be seen in hypertensive individuals, but you do not have such history. So, overall, in my opinion you should undergo coronary angiography to clear the picture. I hope this helps you and get back if you have any doubts.</p>
<p>I do not agree that this is normal. Any ideas?</p>	<p>Hi, Thank you for posting your query. I have noted your husbands symptoms. Based on the description, his forgetfulness and memory impairment are episodic, and they become normal after 10 minutes or so. In a case of dementia, the memory impairment is present all the time and not in episodic fashion. In your husbands case, we need to exclude seizures and transient ischemic attacks. In both these conditions, the persons' memory may return to normal after a few minutes or so. Please discuss with his neurologist regarding these two possibilities. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/</p>
<p>I do not understand how I got this virus. I have been married and faithful to the same woman for nearly ten years. How did I get this? 2. I have two small children at home. I understand that this virus never leaves the body. Does this mean I cannot show physical affection to my children any more (kisses and hugs)? Any insight would be greatly appreciated.</p>	<p>Hello asked two questions about Herpes Simplex, since diagnosis is confirmed (supposed to be after all concerned tests) so I want to tell you in detail. Herpes Simplex Virus (HSV) is the most prevalent cause of genital ulcer disease among sexually active people. It is a chronic, lifelong viral infection and so patients with recurrent episodes.HSV2 is almost always sexually transmitted.HSV1 is usually ACQUIRED DURING CHILDHOOD THROUGH non-sexual contacts (you may be the victim of this thing). Infections can be asymptomatic or unrecognized, but the patient can still shed the virus and transmit the disease. Sorry gentleman, it was necessary for me to write down in detail, so that you can understand the whole thing, that how you got infection and what is the outcome. Management Antiviral therapy controls signs and symptoms but does not ERADICATE the virus. It does not affect risk or frequency of recurrence after medication is stopped. So remain in contact with your treating physician and get his consultation regularly. Good luck.</p>
<p>I do regular sport 3 to 4 times a week</p>	<p>Hi, Thanks for your query. Your symptoms look like the features of nerve compression. You may take painkillers and if need be, tablet gabapentin, for this numbness. It is a stronger painkiller for neuropathies. Your doctor will know the doses.Also, an X-ray cervical spine may help in diagnosis of any pathology there. Thus, I would recommend that you see an orthopedic surgeon and get</p>

appropriate investigations done including it B12 levels in blood. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care

I don't know if the descriptions I gave are all connected or if I'm just making connections of different conditions. I just wanna know what this could possibly be.

Hi for asking to I appreciate your concern what the history given here by you is suggestive of normal phenomenon and no need to worry about this, everything that you have stated here may not be happening to other, but this is just nothing to worry about you, this would get all right on its own with the time and no need to take any medicine for this, hope this information helps you have a nice day.

I don't drink alcohol or fizzy drinks. I had typhoid fever for three weeks. I was on antibiotics and paracetamol and ibuprofen. Could these medications be the cause for elevated liver enzymes in blood? How can I bring down these levels?

My dear friend as you told that you had typhoid fever. I want to tell you that in typhoid also GOT, SGPT increases and take time to come within normal value. Paracetamol and ibuprofen can not increase SGPT and GOT to 91 and 90 respectively until uses in very high doses. No need to worry and repeat SGPT, SGOT and GGT after 1 week after approaching your nearest Physician. Avoid oily foods in diet which will also help you to decrease GOT and SGPT. Thank you for your query.

I don't know if it has always been like that but I have noticed my stools are not very round. More oval or flatter. There is lots of squelching noise around my bowel the last week and loose stools (no blood) sometimes when I eat a big or greasy meal I must rush to the toilet. Are these symptoms of colon cancer? As I am not old and no family history. Thanks for your help.

Hi Loose stools and undesirable noise during stools are unlikely to be from cancer. It is possible that you have irritable bowel syndrome. If there is no blood in the stool, then the risk of cancer is low. It is suggested that you consult a gastroenterologist and give a detailed history of your problems and get examined clinically. It might require doing a colonoscopy on you. Furthermore, it is a simple office procedure in which a slender tube-like device with a camera at one end is inserted after bowel preparation and anesthesia and the large bowel is visualized. Any suspicious disease areas will be evaluated, and it will provide adequate information on the cause for your loose stools. Please do not worry. Hope I have answered your query. Let me know if I can assist you further.

Input	Output
i dont no wat do. is ayurveda tratment can cure completely.refer sum doctors name who specialized in this.How frequently my partner should get vaccinated. thank u	<p>any past history of dental extraction, tattooing, acupuncture, blood transfusion or high risk behavior, alcohol intake, use of ATT, amoebic dysentery??2. Any family history of similar type of illness?3. Any associated anorexia, nausea,vomiting, arthralgia, pain abdomen, or yellowish discoloration of eyes/urine?4. If Bag is still +ve after 1 year, it implies Chronic Hepatitis.5. Along with the reports mentioned what about Liver Function tests reports (S. Bilirubin, GOT, SGPT, Alkaline phosphatase, Serum proteins, prothrombin time)6. Go for Liver biopsy.7. Your partner should get 3 doses of hepatitis B vaccine (Engerix-B) of 1ml each at 0,1, and 6 months, booster dose is not recommended routinely except in immunocompromised and hemodialysis patient.8. Take diet low in fat and high in carboy . 9. you can go for Antiviral herbs {phyllanthu NÃ²ria (bhumyamlaki)}, along with heat protective</p>
I dont understand why it keeps dropping if im drinking the iron.	<p>Thanks for contacting . Dear patient you have not mentioned the cause of low hemoglobin, because if the cause is not treated iron supplements can't work, it's like trying to fill a can with water with hole at bottom, whatever you pour in gets out of the hole. Also iron content of the liquid iron is very important as most of the liquid iron preparations have low iron content. You should take an iron preparation who's each dose should give you at least 100Å mg of elemental iron and should be taken 2-3 times a day after meals. Regards</p>
I f not, what causes them? Are they inherited as my mother died froma Malignant brain tumour, as has a 1st cousin and a niece has a tumour on her Pituritry gland?	<p>Mercury is known carcinogen, but Single time exposure of any carcinogen can not produce malignancy. Repeated, chronic exposure can cause malignancy. So I don't think that single time mercury exposure before 30 years can lead to cancer. And yes, meningioma can have genetic cause and transmit by hereditary and seen in family. So possibility of hereditary cause is there for your spinal meningioma.</p>
I fear the long term damage that the polyethylene particles will do to my body now that I am reading a lot of research articles coming out years later. would I be better off taking the foreign material out of my body and can I walk without a hip.	<p>HI can assure you that keeping hip in body is not going to harm you can easily continue this for as long as possible. I have seen patients with 35 years with hip implant inside and there is no side effects. So you do not need to be worried about this. I would also like to tell you that it is not right to remove hip implant and no doctor is going to do this as it is not medically acceptable. I hope this answer will be useful for you. Let me know if there is any other followup questions.thanks.</p>
I feel his BP of 90/57 is too low. How can I safely raise is a little. JAK	<p>I understand your concern, and would like to explain that when facing with low blood pressure values, the two main points to investigate are: (cardiac performance (is there a severe left ventricular ejection fraction compromise?) (2) excessive therapy implications (probably, a dose modulation of possible vasodilators and diuretics should be done). Facing the fact that your husband has an ICD implantation, seems that both the above-mentioned point have serious implications on the matter. As I lack more specific information about actual medical status, cardiac performance and current therapy, I recommend discussing with his doctor about the above options, and find an optimal strategy to deal with. Hope to have been helpful to you. Greetings!</p>
i find also i have lost weight and got back my smell and taste. this has been transitory gone gor	

<p>months then back.however i believe the senses may be tied to stress or sinus. this electric anxiety i have in dealing with problems may trigger senses. is there a connection. now i can taste and smell lately. i do however have anxiety tonight. thanks from cape breton</p>	<p>His had gone through your query. I understand your concerns. Anxiety is unconcerned fear with physical symptoms like heart beating sweating etc. It can be controlled by nature way improper sleep and diet.Stress-free activity pleasurable activity, music and hobbies. I have treat so many patients with mild dose of benzodiazepine and mild dose of SSRI, in SSRI mild dose of Escitalopram and paroxetine like . Still have a query then feel free to ask. Thank you. Take care.</p>
<p>I get high and low moods, and am wondering if this bi-polar 2, or psychotic depression I have? I am 64 years old, and female. YYYY@YYYY</p>	<p>Degree understand your concerns went through your details. I suggest you not to worry much. You know yourself better than anybody else, this includes your doctor. I think you are being treated by psychiatrist for the last 43 years. You must know about bipolar disorder to diagnose it. You don't have enough knowledge. So leave the job to your psychiatrist or psychologist. Just present yourself in front of them and relax. They know how to do the job well, and they will do it. Worrying increases your anxiety and mood swings. Learn to relax. Relaxation is possible when you be free of thoughts. Such a state is possible when you understand life and its value. I can help you as a psychotherapist if you post a premium question with all details about your illnesses and lifestyle and family etc. Hope this answers your query. Available for further clarifications. Good luck.</p>
<p>I got a positive home pregnancy test on 27/12. Then on 30/12 i has brown discharge and again i did the test, its positive with two dark lines. Today again i have brown discharge with black thick discharge. What shall I do? I dont want to lose it. This is first time I have conceived after my marriage. I have pain in vagina. And i am 32 and in 4th year of my marriage.</p>	<p>Hi there, I have understood your concern. I will suggest you the best possible treatment options. First do not panic. As you have missed your periods and your pregnancy test is positive, you can very well assume that you are pregnant, Secondly, your brown and blackish discharge cam be Due To Some Kind of old bleeding. Please seek help of Your treating doctor for getting micronized progesterone tablets, and please get USG done to know about the gestational age and viability of pregnancy. Take rest. Meditate regularly, keep cool. Think positive. All things will be fine in the due course of time. I hope this answer helps you. Thanks.</p>
<p>I got my copper IUD last year, and have been experiencing \x80\x9cpotting\x80\x9d since. It's not everyday but it happens before and after my heavy periods. Is this normal?2. I have been to the OB before that too and they told me I have genital warts inside my vagina. I plan on just letting it go away since there seems to be no other option. I'm concerned if the IUD will make the HPV worse?3. At the same visit, I took a pap smear and results came back positive for BV-like flora. I went undiagnosed. Will my BV go away on its own? I don't have symptoms like grey discharge or fishy odor so I'm not that worried.4. The reason why I went to the OB last time was because I was itching like crazy down there. My discharge was like cottage cheese. It went away for a while but just just now, I checked for the string to myIUD and my finger came out with some cottage-cheese like substance. Do I have a yeast infection? Been itching for a few days too.</p>	<p>Hi, I understand that your IUD and the vaginal infection is troubling you. Regarding the IUD,it's normal to have spotting after putting it in for some time.I assume you are having regular periods .If so wait for a month as your bleeding is not heavy.If it does not normalise,then it's wise to see a gynaecologist who will need to check u to see if the position of the IUD is normal 2.Regarding the BV,it would be wise to treat it at the earliest as even if u don't have symptoms now ,later it can cause issues. 3.Regarding the HPV,once your BV is treated it would be good to consider taking HPV vaccines (if u r not already vaccinated)</p>

I got pregnancy but due to some problems it is got miscarriage. Now am not getting pregnant and am undergoing with the infertility treatment. My doctor prescribed me Folinz and asked to eat for 15 days. Can I get pregnancy soon. Please give the suggestion.

Hi, Since you are 23yrs I would suggest you to try for conception by natural way only if your cycles are regular for 1 yr. If your cycles are irregular then I suggest you to get your follicular study done. By this you will come to know you are ovulating or not and timing. To increase chances of conception you can try ovulation inducing . This will help multiple follicles to mature and rupture. You can discuss with your doctor. Hope I have been helpful. Regards

I got to know just now that it should retract. Till now I did not have any problem in urinating. No infection till now. Please suggest is there any problem in future? And if yes what I can do to correct it?

You have a tight prepuce that does not retract. Your preputial orifice is not so narrow as to cause difficulty in urination. However, you run the risk of paraphimosis in which your foreskin may get retracted and form a constriction ring causing the glans to swell. This occurs after intercourse. You need to get circumcised before sexual life. For more information consult an urologist online

I had 32 stitches on the right side of my head. I woke up this past sunday, and my right side of my head where the scar is is numb up to the middle of my head and down a little on my forehead. What the heck is it from?

Hi, I had gone through your question and understand your concerns would exclude any link between the two situations. However, if the numbness persists or re-happen you should take a consult to your primary care doctor to have a neurological examination, to be sure that nothing is serious. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing you good health.

I had a follow up MRI this week and it says cortical involution changes are noted also there is increased T2 and FLAIR signal abnormality in the periventricular white matter. Intracranial flow voids are grossly unremarkable. This sounds scarey to me.

Hi, Thank you for posting your query. I have noted your past history and the MRI brain findings. First, I would like to reassure you that these do not suggest any serious brain disease. Periventricular increased signals are a non-specific finding and can occur in a variety of situations. For example, it can be due to ischemia (decreased blood flow to brain in a high BP patient), declination, migraine, etc. We need to correlate the MRI findings with your symptoms. So, if you can get back with your symptoms, we would be able to give you a better opinion. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/

I had a heart murmur fixed when I was 6 months old, reoccurring Kidney and UTI. But other than that I am pretty healthy. I know that depression runs in my mothers side of the family, but I dont know if that is something that can be a genetic trait. But some days I wake up so depressed I dont want to eat or get out of bed. Other days I feel like a maniac, i feel like i am overly happy for no reason. About 90% of the time I find myself crying with no explanation. I have recently lost quite a bit of weight and yet I still wake up and look in the mirror and think i am fat. I do get migraines pretty frequently upon waking up and I have been seen for those with no diagnosis. Im wondering if this is even a medical problem and if my craziness and migranes might be coexisting. Thank you for your time.

Degree understand your concerns went through your details. I suggest you not to worry much. Anxiety and Depression is known to create physical fatigue and mental fatigue. You are anxious about something which is giving you these series of symptoms. Migraine could be related to

anxiety and stress. Disappointment in unexpected life happenings can cause anxiety and depressive symptoms you are experiencing. Understanding those disappointments may be of help.

Researches have shown that medicines alone cannot cure mental disorders. Psychotherapy to have lifestyle changes, Yoga and meditation to streamline thought process and metabolism can be practiced for easy and permanent cure. Contact a psychologist for further information. If you still need my help, please describe the whole problem in detail and post a direct question to me. I shall definitely help you with psychotherapy techniques to overcome your problems. Hope this answers your query. Available for further clarifications. Good luck.

I had a large bruise and lump form on my outer left thigh. I had an MRI after the bruising healed to see why there was still a large lump. The doctor told me that it was not tissue damage and appeared to just be fatty tissue. But how can that be since it wasn't there before the accident and immediately formed after the accident?

Hi. Lipoma (or fatty tissue deposit) can occur anywhere in the body, even if there's no triggering factor. It is best if you consult with a doctor, preferably a general surgeon, for clinical evaluation. If the lesion causes you discomfort and starts to bother you, it is best if you have it removed.

Definitive management is excision biopsy of the lesion, along with antibiotic treatment. Hope this helps. Good day!!~ .

I had a mastectomy as a result. For the past four weeks, I have had pain in my lower right abdominal area. I have also had a great deal of bloating, gas and have noticed some floating bowels in the bowl. The CAT scan came back ok. Are there any other medical issues the CAT scan may not have revealed?

If your CT Scan is normal, there doesn't appear to be much cause for worry. You may be suffering from colitis or dyspepsia in which there is excessive gas production and bloated feeling. You may take a course of Taxi- Ornidazole combination, a PPI like Pantoprazole and a probiotic for 5 to 7 days. These will help. I hope CT Scan of upper abdomen is also normal. If symptoms persist, consult a GI Physician.

I had a pricking pain in the heart side of chest two days back and went to a hospital they have taken ECG, echo and blood test and found normal and hence they asked me to go for CT coronary angiogram. Find attached the CT-angio report. Please advise me what medicine I should take now to avoid heart attack in future.

Hello. It shows minor disease only. So, need to focus on healthy lifestyle which I guess you must be having, which includes healthy diet like avoiding oily fatty and high calorie diet. Regular exercises like walking or brisk walking according to your capacity. Such pricking pain are usually related to gastritis and reflux disease rather than cardiac. However, you may experience some exertional pain due to myocardial bridging which is usually benign. These 20-30 percent blockages would not cause any pain. In my opinion, you should be on Antiplatelet Statin combination like Ecosprin av 75/10 mg bedtime for long term, for preventive purpose. So, should discuss this with your treating doctor. If you get any pain on exertion which relieves with rest, then it may be due to myocardial bridging, then you may require beta blockers like Metoprolol. In the future, you should also undergo echo and TMT testing every 2-3 yearly to keep check on the blockages. Hope this helps you and get back if you have any doubts. Take care.

I had allergy in past with Pollens etc. Doctor has written me Injection (Kenacort 40 mg+ Penidore 24) plus T Febrex plus and spray Avamys. Medicines are ok but I am not able to understand shall I take this injection as I read on net that its effect is not long lasting and is very painful as well. Hence confused shall I take medicines only? I am having watery eyes also for past 20 days.

Apparently you are having severe allergic rhinitis. The Endure 24 is a long acting penicillin which is

effective for up to 3 weeks, the Escort will also be effective for about 4-5 days. The endure injection is painful, your doctor may be trying to treat a bacterial infection like strep, a single dose of this injection will be effective in such cases. The addition of Montelukast, a leukotriene inhibitor will help deal with your allergy. The decision of whether to take the injection or not lies with you and your doctor, it would be unfair for me to comment on this issue without examining you.

I had an abortion about 6yrs ago and am concerned if that will affect my pregnancy now. Also, until when is sex safe? We have a high sex drive and we still have intercourse 3x a day, should this be limited? I feel some discomfort & a slight lightning-like burst of pain in my left side--symptoms that only seldom occurs after my abortion and I dismissed it in the last years as it was tolerable and immediately disappears. Advice?

Hi I understand your concern. Usually we tell patients to avoid intercourse in 1st trimester of pregnancy. Your case comes under high risk because you already had abortion. For the symptoms you have discussed you should take progesterone cover and better to avoid intercourse for next 7 to 8 weeks then you should get a scan done for placental localization. If that comes out to be normal you can enjoy your sexual life. I hope I am able to solve your query

I had an MRI of the brain that came back normal. What causes the tingling?

Hi, I have read your question and understand your concerns. Let me try to help you
Question : What causes the tingling? Answer : The Tingling Most Probably is due to peripheral neuritis. There are many causes for peripheral neuritis, but the most common cause is diabetes. Please check your blood sugar levels. Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Let me know if I can assist you further. Take care.

Input	Output
<p>I had balance issues could not walk without a frame for two months. Hospitalised for a month.</p> <p>Swallowing , speech and tingling and numbness down left side of body. Also bad headaches which lasted months. Don t sleep we ll. most symptoms have gone now apart from occasional headaches and nightly numbness in hands. Neurologist says it is nothing to do with chiari and that I have functional disorder of the central nervous system . I am not convinced. Chiari is 5mm herniated.</p> <p>What is you opinion?</p>	<p>Hi there ~ As a psychiatrist I can tell you that you are having neuropathic pain symptoms from the Arnold Chiara malformation. It is not untreatable. There are various . Lyrics is one of them and there may be more in the market and better ones. I hope you consult your neurologist to see if he has anything in his basket to help you out. I hope this helped. Take care and have a lovely day !</p>
<p>I had fever for two days from 18 Mar 2011 night and today i have been diagnosed with chicken pox.</p> <p>In case my wife gets pregnant will this chicken pox affect the baby in any means? Please advise.</p>	<p>Hi, how are you doing? Unfortunately chicken pox is a bad viral infection, which affects baby in early & late pregnancy.First your semen report would have deteriorated due to infection. So the number of healthy sperms would have come down, thereby your pregnancy chances are also low.</p> <p>But I would advise you to just relax. I have had a lot of experience with pregnancy with chicken-pox. All you need is repeated scans in pregnancy to confirm that there is no abnormality to the baby. Usually there will not be any problem. There could be few musculoskeletal abnormalities, joint problems. But only follow up is advised to detect them Hope I have been of help to allay your anxiety the best</p>
<p>I had four embryos tested using PGD, two were abnormal morula, one normal hatching blastocyst, one no signal blastocyst. I have a healthy 8 month old daughter using the normal blast and am about to have an FET using the blastocyst with no signal . Any idea of the probability of that blasocyst also being normal for someone of my age. I had 10 eggs harvested and in an ultrasound a few days ago, have a good number of follicles for my age, but cannot afford to do a fresh IVF cycle (which is fine)? Thank you. (I know it is likely just a guessing game).</p>	<p>Hi There are very fewer chances with that saved blastocyst frankly but still worth a try so in case everything goes fine good but in case negative don't get disheartened and rather get a fresh IVF cycle as soon as possible even if loan because after some months you might not be having enough eggs to get a cycle on your bodkin case you have any questions in future you can contact me directly on http:// .</p>
<p>I had got my periods last on Dec 18th 2010. It is mid March now and still i have not got periods.</p> <p>Now i plan to get pregnant . Is is safe to get pregnant now. if yes, then do i have to get periods in order to conceive. If yes what should i do in order to get my periods. if no then should we proceed with planning of pregnancy . or If it is not yet safe to get pregnant, how long do i have to wait for it.</p>	<p>1.By that time your menstrual and reproductive functions will be restored. Then u can plan for pregnancy without any risk to fetus. Take care.</p>
<p>I had my son in sept. And I breastfed for like three months and stopped cause my breast were too engorged so I put cabbage on them to drain the milk. Well yesterday I felt a pain in the lump and it looked like it wanted to pop so tonight I took a nice hot shower it popped right in white liquid came out also with thick white stuff and a little blood. So now Im trying to figure out what is going on.</p> <p>Please tell me this is nothing to worry about</p>	<p>Hi, dairy have gone through your question. You have breast lump. You may have galactose, inflamed cystic lesion or benign breast lesion. Chances of cancer is low. But you should go for mammography and fine needle aspiration cytology. It will give you exact diagnosis. Then you</p>

should take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

I had sex with my husband march 20. Im so worried about getting pregnant. I don't have my menstruation yet. I tried using pregnancy twice and all negative. I suppose to have my period before the end of the month. It is possible for that im pregnant?

Hi I have gone through your query and understood the concern. Pregnancy at your age is not a frequent occurrence as the ovulation dwindles. Since you could be in the perimenopause stage, irregular periods do happen, more so since you have discontinued the pill. Home pregnancy tests read well when performed 3-7 days after a missed period with a fresh early morning sample of urine. For a better clarification, you can get the blood test as well as a trans-vaginal sonogram a week after the missed period. Hope this helps.

I had some itching and white discharge before using monistat and the day after I began using the medication the discharge turned to a frothy pink and after 3 days I was discharging what appeared to be large blood clots. Now I am 8-9 days past inserting the monistat and the itchiness is coming back. This was my first yeast infection and I had some severe itching following my gallbladder removal surgery one month ago. Any ideas on what is wrong with me?

Hi, Headache, vaginal or urethral burning, itching or pain, or lower abdominal cramps may occur with the use of monistat. Itching may increase in some women after insertion of monistat. Long-standing fungal infection can occur due to immunosuppression. Diabetes is an important cause of immunosuppression. Kindly check your blood sugar levels. I would suggest you to switch to oral antifungal. Take care. Hope I have answered your question. Let me know if I can assist you further.

i had started to going for work. i am not having problems just my bilirubin level is not going down below 1, and my eye and urine are still very light yellow. thanks

Hi I would suggest you shouldn't worry, as you have almost recovered. From what information you have provided, I can assume you had obstructive jaundice. If you were my patient who came to my clinic with simple jaundice, I would prefer you do the following tests: 1- repeat LFTs (liver function tests) with direct and indirect bilirubin and direct bilirubin. It will confirm if it is obstructive, hepatic or hepatic jaundice. 2- Do HAD (hepatitis A virus test). If positive treatment is same as taking lots of fluids. 3- Do an abdominal ultrasound with more focus on right hypochondrium. It will rule out obstructive jaundice caused by stone in CBD or other post hepatic obstruction causes. 4- BAg and HCV. Meanwhile, I would suggest you not to worry as bilirubin level at 1 and below one are considered normal. It will take time to get to normal. I would suggest you

i had started to going for work. i am not having problems just my bilirubin level is not going down below 1, and my eye and urine are still very light yellow. thanks

Dear Gambler, Thanks for contacting. You probably had acute hepatitis which is now recovering. Your bilirubin has come down to 1 mg, and this normal level of bilirubin. So you really don't need to worry. You have already recovered. The color of eyes takes little more time than bilirubin to become normal. Don't worry it will also get better. Normally also urine color may be light yellow, also this may vary according to the amount of water and fluids you are taking. Best Wishes,

I had total hip replacement in Sept 2006 and have been fine since then. I had MRI and X-ray of the right hip and the sports med doctors says it looks ok. I'm in physical therapy 2x a week. The muscle that runs down the front of the thigh gets really stiff and at night has shooting pains. The abductor muscle is really sore and at times I cannot lift my right foot off the ground without assistance. My lower back on the left side has also become sore and stiff. The implanted

component is made by Zimmer.

Hi! MRI and X-ray of affected hip is okay then there are fewer chances of any abnormality with your operated part. In that case such symptoms may be due to affection of spine. I will advise you to have an x-ray of your spine also to rule out any spine issues. Till then, you may have a good analgesic like Advil or sleeve for relief. I do agree with your doctor in having physiotherapy for this issue. Take care. Hope I have answered your question. Let me know if I can assist you further.

I hate going to school I think it because im not social? can you suggest some things that I can do to change it? and if it isnt that what would it be?2. I have bad anxiety and it is really putting me down can I do something to help cure it and may it be related to the school thing?3. I have bad anger problems and have got adhd what can I do to cure these 2 problems?

Degree understand your concerns went through your details. I suggest you not to worry much. You are 15. You are naturally having adolescent growth and adjustment conflict as well as role conflict. I think you are confusing these things with ADHD and anxiety disorder. For an adolescent, getting angry with normal circumstances is normal. If you are that sure about your symptoms, do consult a clinical psychologist who assess you with some anxiety and ADHD scales. Only after confirming to these, you can be sure. For the time being, you might need counseling. I am happy to provide you telephonic counseling. Contact me through customer care at www. .com. Hope this answers your query. Available for further clarifications. Good luck.

I have a cage with 6 bolts in my back. to see a very nice doctor who was going to try My surgeon said that I should have L1 done also but he doesn't want to bother b/c it will just get worse? I know doctors aren't magicians but he did tell me b4 my surgery that I would at least be able to play golf. Just remember I am not 20. yrs old. He basically told me not to come back. Since then, I have Never had pain like this in my life! Both sciatica, my hips & spine along with a bone stuck in my spine & I have scoliosis. I am tilted to the left and forward. Even though I am on Morphine. The pain is ALL the time. BAD pain. I have Bowel & urinal problems because of this. I have no feeling in my right foot & my big toe on my left is the same. I have had, I don't know how many big toe nails fall off from stubbing my feet going up stairs etc. I don't feel it. I sometimes get quite a surprise when I take the nail polish off. I recently saw a very nice doctor after waiting almost a year, he was going to give me needles with cortisone (it works on my knees) however he said because of the cage he can't get to where he needs to get. Needless to say, I left there in tears. Is there any neurosurgeon that would at least take a look at my spine, PLEASE just to see if there is anything they can do for the pain & make me be able to walk straighter. (I have gone & going through Physio therapy which has helped a bit) The pain is so bad most days that I stay in bed. My marriage is now finished, a lot of the reason is because of this injury.) He thinks I will be in a wheel chair. Please will someone take a look at me. I don't think I am a lost cause yet. Please help me get better!!!

Hi, as mentioned by you, I will still recommend to undergo physical therapy with precision planning on the short and long term goals. Since you have already undergone the surgery now to think how to make body adapted to the new biomechanics and avoid the pain and aches. As I mentioned, that physical therapy will surely help, as I have myself seen cases with multiple issues of the spine. But body works as a unit, and the unit needs a balance to make a new biomechanics so the load and stress on the spinal column is reduced. Strengthening the muscles to the extent will be the idea to look for. Also, undergoing the proper and focused 24 weeks of physical therapy, who has the potential to look into each and all corners of the body and make the body the one unit can make you back on legs. Pain and aches need an attention, usually medication and some cortisone injection works for symptomatic relief, but only thing need now is to improve the overall body conditioning, so the body can withstand the new biomechanics. A proper and close attention to your case with short term and long term goals planning. Usually I have seen 99% recovery in my

cases over 6 months, and we have literally . It is possible, needs determination and a deep understanding before going onto any plans can provide me the details of you and may on a video chat if possible I will surely assist you. With the grace of god I wish you a speedy recoveryRegardsJay In

I have a slipped disc in the lower back but it always affected my right leg.2. I have had a baby last year and I carry him on my left arm and hip.3. I suffer from anxiety. No medication.4. I have very low B12 and vitamin D.

Hi. Such tingling sensation is very common to see in people with vitamin B12 deficiency. Anxiety is also one of the reasons for such tingling. I would need to know if you have any thyroid related disorder? What all medicines in total you take, please name them.

I have a very hard time falling asleep and lately I felt very weak, so my doctor prescribed me Trazadone to help me fall asleep and it is helping me sleep/ 2. I am on Zoloft for the last 40 years. 3. I am 65 years old. 4. I Have very bad knees. I have an apt. for a knee replacement in July, but I am not sure I can wait so long, because the pain has gotten much worse lately. 5. I often take 2 motrins or 2 extra strength Tylenol for pain. I usually take it lately almost every day, once. Thank you very much for your help. I am waiting to hear from you soon. Gitel Jakobovics

Hi, I understand your concern and would explain that your symptoms could be related to depression and the lack of concentration. Trazodone can also influence in the memory problems. For this reason, I recommend discussing with your doctor on the possibility of switching to Mirtazapine. It is also necessary consulting with a neurologist for a physical exam, some cognitive tests and a brain MRI. Hope I have answered your query. Let me know if I can assist you further.

I have also consult hemotologist And tested all report was normal. please give me some advice.

Dear Friend, greeting from . I understand your problems. You need to go for blood transfusion since your HBO is very, very low . Plus iron injections or oral supplements. Take more of iron rich foodstuff. Jagger, nuts, meat, green leafy vegetables, fruits may be with citrus fruits. You need to find out the cause for low HBO. Vitamin deficiency/ pernicious anemia / hook worm infestation / nutritional deficiency. Finding out the cause is very important. Thank you for contacting us and do contact us for more information . THANK YOU .

I have also had an external shunt put in and out. Both where my skull was taken out and the top where they drilled the hole for the shunt hurt frequently and to touch. I also get pimple like bumps on the scars is this normal?

Your symptoms could be related to an infection. The pimples are caused by inflammation or infection. The fact that there is a skull hole, makes the situation concerning about a possible spreading of the infection. Coming to this point, I would recommend consulting with your attending physician for a physical exam and performing some tests: - a complete blood count- sedimentation rate and PCR for inflammation- a brain MRI. Hope to have been helpful! Wishing all the best,

i have an achy pain in my chest near my heart constantly but the pain is sharp when i breath in. and my left arm has a constant pain also. i am worried and dont know what it could be

Since you are obese, you should definitely rule out heart diseases first. So get done ECG, 2d echo and stress test (trade mill test). If all these are normal then no need to worry about heart diseases. Sometimes stress and anxiety can also cause similar symptoms. So avoid stress and tension, be relaxed and calm. Consult psychiatrist and get done counselling sessions. Try to identify stressor in your life and start working on its solution. You may need anxiolytic (propranolol and flunarizine) . Don't worry, you will be alright with all these. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

I have an appointment with neurologist January 7 which the wait time to get the appointment is 6-8 weeks. Unless I enroll in a healthcare plan by tomorrow, I will not be covered by insurance. On Friday, December 20th, we he employees, were not notified by our employer of the change to individual health insurance.

As a matter of fact there is no particular diagnosing criteria which is taken as granted for final diagnosis rather, the clinical sign and symptoms if matching with score decided and at least five such symptoms has to be matched, the MRI study, and the lumber tapping which could be having antibodies for MS these are the rules for final diagnosis but most important is clinical sign and symptoms, hope this could help you have nice day.

I have an Ivac filter in my vena cava. I have had chest pains for a long time now ,been to emergency rooms countless times. they never find anything. I recently moved to a very remote area and dont have any Specialty Drs. here. I last saw my hematologist in Dec 2012. He said he thought it was showers of micro clotting and to double up on my aspirin and folic acid every other day. That worked for a few months but know the chest pain is back and it moves around and is very unsettling, it also seems to get worse with my menstrual cycle. I dont know what to do anymore. Any suggestions? I have to pay to get an answer? Figures

Hello. As your details it seems that you are suffering from Congenital hypercoagulable disease. In this case, the blood getting thick day by day and causes clots at any site. Most common is lower large vein due to more stagnant condition. This clot frequently embolizes to chest and causes chest pain that is called Pulmonary embolism. With your description, you are suffering from Chronic pulmonary embolism that also causes right heart chamber enlargement and bilateral leg swelling. But you did not mention regarding breathlessness and leg swelling except chest pain on and off. Definitely this chest pain is due to microclot in pulmonary vessel. But the treatment you are taking is very ineffective. Aspirin is not enough alone to prevent the clot formation and keep the blood thin. So my advice is to start Tab Action with lower dose 2 mg once a day along with aspirin with folic acid. And do your Prothrombin time (PT INR) at regular interval of 15-30 days to keep your INR 2 to 2.5Thank You

I have attached a picture of the frenulum.My questions are: What will be the healing time and pain healing time? What are the percentage of chances of developing or not developing scar tissue or Peyronie's at this age? Will you recommend any medicines like Pentoxifylline or anti-inflammatory? I am not taking anything now.

H forum. I have seen the pictures. (attachment removed to protect patient identity). If the trauma was at the level of frenulum then you can go for frenuloplasty so that frenulum will be freed from glans and there should not be any problem further. Peyronie's disease generally develops after trauma to the shaft of penis. There is no recommendation to start medication for this prophylactically. Take some pain killers and anti-inflammatory medicines so that pain and inflammation will subside early. It may take three to five days.

Input	Output
I have been diagnosed with CT scan and MRI which says that I have lobulated margined expansile osteolytic lesions in relation to right sided poerior elements of D9 vertebra with involvement of adjacent bone , extraosseous components and associated extradurtal compression of dorsal spinal canal around D9. The lesion measures about 44 mm X 39 mm in axial plane and about 36 mm X 43 mm in sagittal plane. Please advise suitable doctor in AIIMS to be consulted for the suitable treatment.	<p>I have gone through the MRI report you have attached. It is suggestive of osteophytic mass lesion in the vertebra which is also causing compression on spinal cord. Possibility of malignant looking mass is more likely by this description. You should consult orthopedic doctor for this. You will need Biopsy from the mass to confirm the diagnosis. Unblock resection with placement of implant today stabilize the spine are needed. So consult orthopedic doctor in AIMS discuss all these. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
I have been divorced from their father for about 19 years. he was drug and achol aburser.	<p>I appreciate your concern on . The symptoms you mentioned such as low energy, poor cleanliness, anger, no job and your divorce point towards that your son may be suffering from depression in which a person loses interest in life, develops mood changes and decreased energy levels.</p> <p>Treatment is available and up to 70% people recover. Self-help treatment includes self-help cognitive behavioral therapy and professional help includes antidepressants and psychotherapy. I hope you find this helpful.</p>
I have been experiencing pain in my lower right abdomen for over 24 hours. My nurse told me yesterday to try drinking water. That and a little rest last night seemed to help some but the pain is back and doesnt seem to be passing. Is this something to worry about?	<p>Hand I hope I can help you today. As your uterus grows, there are two ligaments that are located on either side of the graph the front wall of your uterus that anchor it to your pelvis. These are called the round ligaments and for some reason, many women experience pulling sensations and pain as these ligaments are stretched. The pain is usually associated with walking or standing, and for an unknown reason, is more likely to occur on the right side. We refer to that type of pain in obstetrics as round ligament pain. It usually begins in the mid-second trimester and can occur into the early third trimester. It is nothing to worry about and will usually go away when you rest or . If you experience any vaginal bleeding, or leakage of watery fluid from the vagina, or regular painful abdominal pains that seem to come and go with the clock and feel like menstrual cramps, you should instead report to labor and delivery for further evaluation. In the meantime however the right-sided pain you describe is likely a normal part of pregnancy, and really is nothing to worry about. I hope I was able to adequately answer your question today, and that my advice was reassuring. Best wishes, and best of luck for the rest of the pregnancy,</p>
I have been experiencing the feeling of fluid running along the inside of the side of my head. What could this possibly be?	<p>As you underwent shunt surgery you might be experiencing CSF running in the shunt. As the shunt might be ventriculoperitoneal shunt which is placed subcutaneously placing ventricular reservoir under scalp and peritoneal end in the subcostal region. Due to passage of excess CSF from shunt reservoir to peritoneal the pressure exerted by CSF in the shunt tube. Hope this may help you. Let me know if anything is not clear. Thanks.</p>
i have been having trouble breathing tonight and i just took my blood pressure it was 107/59 and pulse was 90 while sitting in bed. should i wait for my follow up appointment on 10/9 or seek	

immediate care?	<p>Low BP2. High pulse rate3. Shortness of breath4. Headache5. Weakness etc. So better to consult gynecologist. Also get done chest x-ray to rule out lung infection as lung infection can also cause hypotension and shortness of breath.</p>
<p>I have been in a fib for 3 yrs now.and have a leaky aorta not severe yet.Dr. says stay on the aspirin and sees me every 6 months with blood work and yrly echo.i do have some enemia problems so my mother and grandmother.yrs ago it ws called mediterrain enemia.but it comes and goes.is there anything to worry about.oh.my blood levels are more than excellent.and my HDL is off the chart.</p>	<p>I feel your leaky aorta is mild. Medically we call it Aortic regurgitation, and usually it does not need any major intervention. As you have been rightly advised for yearly echo.I often give Tab. Ramipril in dose suitable to level of blood pressure to my patients of aortic regurgitation, which u may discuss with your doctor. Regarding anemia I need more information from your side. I many a time give empirical Iron and multivitamin for a period of 4 weeks and repeat Hemoglobin level. If you are tolerating iron well you may discuss with your doctor for starting it.otherwise your anemia should be evaluated with basic mammogram, peripheral smear and further work up depending upon basic report.I wish u good health.</p>
<p>I have been sick with heavy coughing to the point i have incontinence . I coughed hard today at work and felt a sharp pop (almost tearing feeling) then instantly felt like i needed to have a BM. I went to bathroom and had a small BM and the pain was unbearable. I could hardly walk from the pain and had to be picked up from work because i couldn t even drive myself. From my bellybutton down and across both sides i have a burning, extremely painful pressure that shoots up the center of my abdomen towards my sternum. It s been 6 1/2hrs and as long as I lay perfectly still it s a burning dull pain but my perineal area feels swollen and on fire. My worry is I have no insurance and am not able to go to a doctor for this.</p>	<p>Hi, from the description of your complaints it seems that you need immediate check up in emergency in a hospital. Excessive strenuous cough may sometimes cause raised intro abdominal pressure that may cause some internal injury presenting with the complaints you are having since you had I s c s, possibility of some hernia associated with its complications after violent cough to be ruled out. Please get a check-up immediately and get proper treatment hope you be alright soon</p>
<p>I have been suffering from Coronary Heart decease. In. I had undergone Bye pass surgery 17 yrs back and.the problem re-occurred four yrs back. I got a Stent and a baloon in right artery. I am regularly taking Deplatt, Sorboide mononitrates and statins since then. I have to take Sorboide Mononitrates before going to walk otherwise I get angina problem. Can EECP therapy may be effective in my case so that I may get ride of medicines.</p>	<p>1.pts of chronic angina 2.pts who are not responding to usual treatment by nitrates, Beta blockers, ACE inhibitors.3.pts who do not qualify for invasive revascularization procedure. Considering the above recommendations you are a candidate for EEC. Please consult with your cardiologist for further details. Hope I have answered your query. Stay fit, good luck.</p>
<p>I have been taking Diamox ever since. I am now taking 6, 250mg tablets a day and have been on this strength for 4 months. I have regular pins and needles in my hands and feet as well as fatigue, I also get headaches. Lately I have had terrible pain in my knees and I was wondering if it might be connected to the diamox or IIH?</p>	<p>Hi IIT is idiopathic intracranial hypertension. You are having regular pins and needles in hands and feet as well as fatigue, and you get headaches. Fatigue can be side effect of Diam ox. You need to be examined in detail by your neurologist for papilloma, CSF o, pening pressure and ABG to rule out metabolic acidosis. Based on report further decision to be taken and need of thecoperitoneal shunt to be planned</p>

<p>I have been taking Lorazepam since 12/91 or 1/92. Last (?) years have taken 2mg at bed time, and some times 1/2 mg in daytime. Would this be hard to come off of? Also which is the lesser evil of the anti-anxiety drugs? Thank you.</p>	<p>U have been taking tab lorazepam since 1991, but your dose is slight in very much control. It is not difficult in your case to stop lorazepam. Try to do some simple steps like take half tablet when u feel, u cab get sleep. It would help to decrease the dose at nighttime and maintain same dose for next few days. Then gradually further reduce the dose to half and then stop it. If u feel any problem in getting sleep, u can take tab collided sos.it does not cause any dependence. In day night, better to take clonazepam due to its longer half-time. Rest u can consult your psychiatrist. Thanks</p>
<p>I have been taking medicine to get rid of TB I am now in my 6 month treatment . Planning to go back to India to have a go at IVF .In the uk I had 2 failed IVF s and 1 IUI . But no one checked for TB here!!! Trying for the past 5 years in the uk!!! Waste of time!!! How successful do you think I will be with the IVF!! Thanks Bal</p>	<p>Your Age, unfortunately the chances of successful uncomplicated pregnancy reduces with increasing age. Ovulatory dysfunction, non-response to ovulatory . 2. TB of uterus reduces the ability of your endometrium to prepare the bed for the fertilized embryo even with IVF. IVF bypasses the abnormality of tubes only.3. Usually TB of womb is accompanied by TB of tubes also, and it affects its structure, fibril pick up, and patency.4. Even after successful management of TB of womb, structural damage does not revert to normal. Inspire of all these, I would say that you must try once again for IVF, there are different alternatives and options available, I hope your Doctor will discuss with you about these, and will help you closing the best management strategy for you. Best of Luck.</p>
<p>I have chronic fatigue and spondylitis. I go to the doctors this wednesday. I feel fine, other than allergy symptoms like my head is a small balloon.</p>	<p>HFirst thing, for blood pressure, you need to buy a BP apparatus and monitor your blood pressure. You should have a healthy lifestyle like avoiding fatty, oily and high calorie diet. Have low salt diet and monitor blood pressure regularly thrice a day for one week and make a chart, then once or twice a week. If your BP is persistently high more than 140/90 then you should have medicine. Regular exercises like brisk walking, jogging according your capacity at least 30 min a day and 5 days a week. Lots of green leafy vegetables, fruits, fish once or twice a week, avoid meat. Avoid smoking and alcohol if any. There shouldn't abdominal fat deposition or obesity. Get your lipid profile and sugars tested once. For spondylitis, you should first x-ray, may need MRI if x-ray could not a diagnosis. Treatment will be according to your symptoms, medicine like pregabalin, physiotherapy, traction and last stage is surgery.</p>
<p>I have consulted many orthopedic surgeons, who all state that repair of the ACL is not possible.</p>	<p>Hello. I understand that the ACL (anterior cruciate ligament) surgery was done in 1980 whereas the injury was in 1969. It must be ACL reconstruction surgery or some other augmentation surgery. The original ligament cannot be repaired after 11 years. It will be beneficial to know about the procedure performed which can suggest what was done. In some cases foot It is unlikely to get recent onset foot</p>
<p>I have crazy headaches for days and last night heart palpitations or fluttering for about 90second durations. My doctor has prescribed Metoprolol 50mg. and recently Lininopril 10 mg. to No avail.I also take 12.5mg of Coumadin for chronic DVTs and have been told I have Reynards Syndrome without any diagnosis or treatment. I am a 54 year old woman and at times I feel 75.</p>	<p>Regarding your concern, I would explain that your symptoms seem to be related to a metabolic disorder. Inflammation or an immunological disorder can not be excluded either. I would recommend consulting with your GP for a careful physical exam and some tests: - a chest X-ray</p>

study- a resting ECG and cardiac ultrasound to examine your cardiac structure and function-some blood lab tests (complete blood count, thyroid hormone levels, PCR, sedimentation rate, blood electrolytes, kidney and liver function tests, fasting glucose). You should discuss with your doctor on the above issues. Hope you will find this answer helpful! Best wishes,

I have decided that I want to change my life around and start eating healthy, stop smoking, start exercising, etc. I just want to be the best role model for my kids. My question is, what should I do to start this journey? Should I cleanse my body first before I start working out. If so, how to start? I just do not know where to start. Can you help me?

It is really nice to hear that you want to have a change in your life. This will be an example for other ladies also. Revert back after a month to a fitness expert online

I have fever from yesterday. My doctor has asked me to take medicine DOLO. Is there anything to worry about? How can I control ESR. Also my haemoglobin is 10.6. What changes can I make in my diet to stay healthy.

HI understand your concern. I am , infectious diseases specialist, answering your query. ESR is non-specific marker of inflammation it can raise because of any inflammation. I advise you should search the cause of high ESR. Because it can be raised is TB also. But before we come for action of the diagnosis treatment becomes vague. Once the confirmation diagnosis is known treatment for the cause is the treatment of the high ESR. Ultimately healthy diet like fruits and vegetables daily exercise can decrease the disease and ESR. Hygienic living is also a key of yours to decrease the ESR. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

I have found a small slightly painful lump on the right tail of the breast (near the arm pit). I also have a large lump on the top right breast, it takes up the whole top of the breast and ends near the areola, which does not radiate any pain. As far as I know, I do not have any family members with breast cancer. I do have Uterine cancer in the family, which THEN metastasises to the breast. What could cause my lumps? I am uninsured and unemployed, so I cannot go to the Dr. office so easily. Any idea what it may be?

You have slightly painful lump on the right tail of the breast and a large lump on the top right breast. Along with that you have although no family history of breast diseases directly but a positive history of uterine cancer which then metastasises to the breasts. I also understand your status of being uninsured and unemployed but remember that breast lumps are common. Most often they're noncancerous (benign), particularly in younger women. Still, no matter how old you are, It's important to have any breast lump evaluated by a doctor, especially if its new and feels different from surrounding breast tissue. Early evaluation is essential in such cases, so you should plan visiting your physician Hope this may help you. Let me know if anything is not clear. Thanks.

I have gained weight after delivery. Initially in the 1st yr post delivery i had lost almost half my pregnancy weight gain but now once i have stopped breast feeding my kid i have regained almost 10 kgs of weight and am 85 kg now. My height is 5 feet and 7 inches. I have gained tremendous fat along my waist, hips and breast. Also i try to diet but get cravings for food and cannot resist eating. I am a pure vegetarian. Pls let me know whether homeopathic or ayurvedic medications will help me reduce weight or not and if yes what medications should i take

Hello Rearm, Yours is a constitutional tendency to become obese. This can be corrected by genetic and constitutional approach of Homeopathy. Homeopathy can also prevent the development of any said complications of obesity. Your increased appetite can be reduced with this treatment. What medicine you will be given is to be decided by the physician. He needs a lot of information before he can select a constitutional remedy for you. Therefore, my advice is to

approach an expert Homeopath at the. If not able to find one, then you can get back to me with the detailed case history. I think I can help you. With Best Wishes,

I have had 2 rounds of physical therapy and 2 rounds of epidurals. Nothing works very well or for very long. My neurosurgeon says my herniation is small and chronic. Microdisectomy only has a 60% chance to help the siatica only. On Tramadol. There has to be something out there that I am not aware

Hi, For my patients I suggest surgery after 4 months of epidural shots' failure after that decreasing weight and spinal straightening practices followed by surgery for unilateral sciatica involves the removal of part of the disc, which is known as a discectomy. While it results in short-term benefits, the long-term benefits appear to be equivalent to conservative care like NSAIDs, steroids, muscle relaxants, physiotherapy and massages with topical gels and even Yoga is helpful. Treatment of the underlying cause of the compression is needed in cases of epidural abscess, epidural tumors, and caudal equine syn. Nowadays stem cell implantation and other minor endoscopic interventions are made. Hope the above information helps you. Any further clarifications feel free to ask. Hope I have answered your query. Let me know if I can assist you further.

I have had 2x-rays by ER and orthopedic surgeon both were negative. I was told to rest for 1 week and see how it feels. Diagnosis was pulled tendon. Is this pretty accurate and should I wait and see after a week.

Hi, You might have developed slight inflammation over the tendon something called as tendinitis. As of now, you can use analgesics/anti-inflammatory combination like diclofenac/serratiopeptidase for symptomatic relief. A short course of antibiotics can also be considered. If symptoms persist an MRI scan is required for further assessment. Hope I have answered your query. Let me know if I can assist you further. Take care.

Input	Output
<p>I have had a slight spotting. upon doing and ultrasound it showed there was slight fluid between the cervix opening and the placenta. What does that mean? 2. I have been experiencing a red dry rash behind my knees parts of my calf and inner side of my lower legs. It is very itchy and mostly it irritates at night. What is the remedy and does it men i have some sort of deficiency?</p>	<p>HI will be able to give you a better opinion if I can see the sonogram report in detail. Since you had some bleeding, it should be noted if there is a low-lying placenta or placenta Pravda, or an abruption of the placenta. Management varies with each case. Either way, you need absolute rest preferably with elevation of the foot end, monitoring of fluid and electrolyte balance and observation with further sonograms if necessary. Please avoid strain throughout pregnancy. The rash does not mean any mineral deficiency it can be some allergy and a dermatologist should be consulted for proper treatment. Hope this helps.</p>
<p>I have had consistent bowel removal problems ever since the surgery. It hurts to use the bathroom and I have had an anal fissure twice as a result. My quality of life is horrible because I am in pain from using the bathroom most of the majority of the time.</p>	<p>HI am Look, the problem you are facing right now, is only due to constipation. You should take some green leafy vegetables. Try to take some high fiber diet. You should start a laxative agent before bed. It will improve your condition. If the fissure makes any problem, you should apply some antibiotic ointment like Mupirocin. Hope this will be helpful. Regards.</p>
<p>I have had multiple blood tests over the years that have returned negative results. I have never been swabbed or cultures taken as there was not the obvious postules and lesions. However, I have had allergic reactions since childhood that prompted me to take such tests in the first place, the first being after a pine wreath was placed over my bed and perhaps debris accumulated on my pillow. My lip swelled up tremendously. I visited an allergy Dr. and was diagnosed to have severe allergies to spider bites, cat hair, grass and a bunch of other stuff, not food related that I can t remember now. Every year or so, around a stressful event, funeral, mental breakdown etc. I will usually get sick with a head cold/ nasal cold, and the runny nose will reddened but never develop a sore like the pictures on web demonstrate. At 42. In the last two days, I have developed a cold sore and the Dr. visually confirms that it is most likely Herpes. Although there was no itching or pain and the area on the lower lip inflamed after shaving. My lymph nodes under the chin are swollen as well. I am aware of contact dermatitis . Is there a possibility that it is not Herpes? greater than 1%.</p>	<p>The sensitivity for herpes blood tests range from 91 to 99 %, the specificity is between 92 to 95%. High sensitivity and specificity means that there are few falsely negative and falsely positive results. If you've had repeated results that are negative then it is unlikely that you have herpes. If you wish you can repeat the test to see if infection occurred since you were last tested, but with this highly accurate test, negative usually means negative. I hope this helps</p>
<p>I have had pain and now neuropathy in my feet and left leg. Would it help to remove the metal and screws now?</p>	<p>Dear patient first I would like to know the reason for fusion surgery. Was It done for spondylolisthesis at l5s1 or for the disc prolapse surgery? If it was done for spondylolisthesis the reason for pain may be delayed fusion at l5s1 or non fusion. The reason for lower limb pain may be radiculopathy due to nerve compression by hardware. Detailed examination by expert spine surgeon is recommended. I would like to confirm diagnosis by doing X-ray of lumbosacral spine anteroposterior and lateral views. This will give me idea about progress of fusion and position of hardware. If possible MRI of lumbosacral spine is also advisable if not contraindicated by presence of hardware. Meanwhile, start tab regain x 75 mg one at bedtime. Removal of screws and metal</p>

can be decided only after both investigation.

I have had sympthectomy & epidural injections pre & post opp. I have had vairying degrees of numbness & sciatic pain ever scince. due to back & leg pain i have led a very sedate lifestyle since back problems started. Febuary this year i felt like i had a infection in a crack in hard skin on heel & noticed a redness around my ankle. GP checked and dismissed infection. said redness was due to lack of blood flow. my calf and foot has had varing degrees of colour and pain since opp so redness was not to much of a issue. By march this year redness was up to knee sometimes a constant colour sometimes blotchey. Mainly foot ankle & shin. was treated with oral and introveonus antibiotics. Admitted to hospital and was treated for celoulites. after 24 hours in hospital i was discharged because the redness in leg would fade if leg was elevated. I was told most likley caus was due to infection in spine after opp and had been laying doormant untill now. Given more oral antibiotics. I see gp again and was sent to see vascular surgeon and pain clinic. Vascular surgeon said i had poor circulation in foot and orderd a xray with dye. I have had this and are waiting for results now. I have got another mri scan on lower spine in near future. I seem to be baffling everybody. I wake up every morning and standing there urinating and i can see my shin foot and calf going black like a 3-4 day old bruise. After 10-20 minutes of moving about the bruising effect go and return to red. I had a 50mm deficit of left calf muscle due to muscle wastage, this has now swollen to same size as other leg. My good leg is now starting to play up, sore around ankle and lower calf. I am a smoker (25years). Trying to stop have reduced by 75-80%. I am showing all charastics of PVD. All charastics of CRPS. My leg seems to be scabbing on shin where doctors have been checking pulses in leg. This is weeping a small amount of liquid every so often. what seems to be baffling everybody is the way my leg seems to flush out when leg is raised. Can you explain this ? My questions to you are: 1: Can i harbour a doormant infection for 6-7 years. 2: If any changes in spine could produce same symptoms. Thank you i hope you can help.

HIts unlikely that you are harboring an infection for such a long time but since your blood supply to limbs is less catching infection won't be a surprise. Kudos on reducing smoking. Taking care of skin is of prime importance. Secondly, spinal problems can lead to numbness, burning sensations or feeling of heaviness or feeling cold/hot. Your symptoms are very unlikely due to spinal problems. Hope I have answered your query. Let me know if I can assist you further. Take care .

I have had two minimal evasive surgeries on my back but to no avail, so recently I had a back fusion surgery done which fully resolved my problems with pinched nerves on the left side but now I am having worst pinched nerve symptoms on my right side. my question is could there be any way possible that my pinched nerve problems in my back are related to my pinched nerve symptoms in my shoulders?

Hi I had gone through your query and understand your concerns. I would come up with the possibility of SERVICE BRACHIAL NEURALGIA due to CERVICAL SPONDYLOSIS.yes the pain in the shoulders due to pinched nerves in the cervical spine like lumbar spondylosis. The problem caused by degenerative changes. Treatment option- I advise you taking Homeopatedicines gives safe and permanent cure for your complaints -without treating the underlying cause even number of surgeries for lumbar or cervical regions can't give you cure without stopping the degenerative changes.-consult your local homeopathic physician for correct diagnosis of the case and remedy to fit your complaints I hope this is helpful for you, thank you

i have haemophilia of factor 10 deficiency .my maternal grand pa just have prostate operation operation was fine but the bleeding doesnt stops what can we do in this case .my grand pa is of 79 year may he also be haemophilic of factor 10.

HelloNow it is possible to treat hemophilia properly. Missing factor in hemophilia can be replaced

by other human plasma or with genetic engineering techniques which are newly developed.

Chelation therapy is also there to remove excess iron from body of patients. There are certain centers where all the specialists are available for treatment and rehabilitation. In India, Hemophilia society is there which works for welfare. Please contact it. Take care.

I have hep C so does this mean Im getting sick?

Hello and thanks you for your query. I am and I will try to help you as much as I can with my answer. Yes, it may indicate hepatitis c exacerbation, however this is just slight enzyme elevation and this may be just fatty liver or reaction to medications. You should check your liver with ultrasound and check viral markers to rule this out. I hope I have answered you query. If you have any further questions you can contact us. Kindly regards. Wish you a good health.

i have high blood pressure and i am taking nebicaard 2.5 daily. i started medicine one year ago.earlier without medicine my bp was reaching 150-100 once or twice a month, i mean occasionally [not always] . after four month of starting , doctor stopped medicine. but due to gastric trouble and stress he started it again last month. i had chest pain sometimes since two month . all reports are normal. i want to get rid of medicine . help me.

You got hypertension, using nebicaard2.5. You are getting gastric trouble, stress, when stopped the . Furthermore, you are getting chest pain while using the medicine as well. It appears that the problem is due to the gastric irritation, and you should use medicine for that. So I advise you to consult a gastroenterologist. To stop the antihypertensive may not be advisable. Wishing for a quick and complete recovery. Thank you.

I have muscle and joint pain and excessive fatigue. I also have rare type of anemia that causes cells to die off prematurely . Lung surgery left me with chronic pain throughout upper left quadrant

As a result I am on 10 mg hydro codeine 4 x day and 30 mg er morphine 3 x day. What are possible reasons for high bilirubin ?

Ha slight elevation in bilirubin levels (indirect bilirubin mostly) is consistent with hemolytic anemia (the red cells that die prematurely). Besides that there is nothing in your history that would suggest a different etiology unless you had symptoms, which you haven't mentioned.2.4Å mg of total bilirubin is nothing to worry about. If you start having symptoms or if the bilirubin levels start to elevate then a more detailed investigation would be warranted. I hope you've found my answer helpful! Kind Regards!

I have never had migraines before this pregnancy and this is not my first pregnancy. My OB advised me to just take Tylenol and stay in a dark quiet room but I have to work so that is impossible. I m starting to worry because not only am I having the migraines and fevers but I m starting to see flashes of light off and on. I m now alomst 13 weeks and my OB said that the hammering of hormones that are causing these migraines should slow down and the migraines should subside but every week they have been getting worse. They have gotten so bad that I have had spells where it s too much for me to even speak. Could it be more than just hormones and is it normal to have a fever with a migraine? I just turned 35 today and I do not have any other health problems.

Hi. The rise in temperature can be associated with your pregnancy and the hormones, and if the fever is low-grade then the hormones are most likely the cause. As for the migraines, they are very commonly associated with pregnancy and also with hormonal fluctuations that take place during a women menstrual cycle. The migraine headaches should subside as your doctor said, but it is all depends on your hormone levels ma'am. I understand how frustrating they can be, but unfortunately any other strong pain management medications can complicate your otherwise normal pregnancy ma'am. Please be strong, and try and take some time off from work, because

that's what every pregnant woman should be doing. Best wishes.

I have never seen it this high. I have just started taking amiloride 4 days ago, half of 5 /50mg 1 x per day for Hypercalcuria. should I call my physician. Am I at risk of stroke at this level of BP

Hi Thanks for posting your query on .
* controlled level of blood pressure decreases risk of stroke, nothing to be worried about right now.
*Explanation: My opinion is that hypertension is a challenge to some doctors as it is sometimes hard to control. Hypertension is a clinical diagnosis based on multiple high readings of blood pressure on multiple occasions. If that is your case the have hypertension. Management of hypertension is not only by medications, but also lifestyle modification and healthy diet play an important rule.starting with a diuretic may be good in your case supposing that you consulted a physician. I suggest my patients the following : start with other type of antihypertensives based on their age and risk factors, accurate continuous blood pressure. At that level of blood pressure no risk of cerebrovascular incident, but you need to control it with above-mentioned measures information provided by you is not sufficient to provide a good opinion. If someone comes to me with this condition I would ask them about cause of hypercalcuria and investigations done to diagnose that, also if other endocrine manifestations detected in labs.
*Conclusion: I suggest you monitor your blood pressure. If abnormal high readings please consult your physician. If you have any further questions I will be happy to help, If not, you can close the discussion and rate the answer. Wish you good health.

I have no fever or other illness problem nd blisters are not itchy as well on my skin and all body part, but problem is ,I have mouth sores nd sore throat, i m not able to eat even water .it hurts the throat due to sore throat . what can I do what to eat. and is it a serious conditions of chicken pox, do I need to worry for getting chicken pox at this adult age? please help .

I have read and understood your query Hope it may help No you don't need to worry about it occurring at this age. Sore throat along with chicken pox is very normal. Take anti-inflammatory like paracetamol for the sore throat. It will help you relieve the pain and eat properly. Take plenty of fluids. Do saline gargles. If the symptoms persist for more than a week, see your physician or get back to us as you may also be needing an antibiotic like amoxicillin for these symptoms. I will be happy to know if it was helpful. You can approach us anytime with another queryRegards .

I have no health insurance and was turned away at the e.r. Because I did not have \$250 to pay up front. Is there anything I can do at home to help alleviate some of the pressure I feel in my head or to help lower my b/p until I can get the money to see a doctor? Thanks, Tammy

Hi Tammy. You are Firstly I would say stop panicking and taking stress. The more you panic the worse it will become. You do have a high pressure, but not a reading which needs emergency attention. You did not mention which side of head you are feeling the pain. But for now wherever the pain is, you can always take over the counter analgesics. This will definitely give you relief.Don't stay empty stomach, eat good food and try to sleep. All this will definitely help alleviate your symptoms. Take care

I have no use of my right hand and arm. I saw a neurologist and had an EMG done and there was a lot of damage. The vascular surgeon and neurologists are good friends. The neurologist told me my nerves would regenerate. Well, I got severe RSD and now am disabled. As for my other health history, I have factor v Leiden with a history of DVTs, medullary sponge kidneys. What can I do?? If I have another surgery, I risk another clot. I spent many months in physical therapy to no avail. Thank you kindly.

I carefully passed through your question and would explain that nerve compression usually regenerate after decompressive surgery. But time is needed. Anyway, as you have not had any recovery, I recommend performing a new nerve conduction study in order to examine again your

nerves and consult with a neurosurgeon for the possibility for surgical repair (nerve decompression or sutures). Hope to have been helpful! Kind regards,

I have not had any trauma to it as of I aware and I take good care of my teeth. I do not have gum disease. There may be a tiny bit of gum recession due to over brushing. The ache is constant. I do not get any pain from cold or hot food or drinks. When I eat the pain seems to disappear, but it is present when I am not doing anything. I can feel it as pulsatile pain. Please help.

Long term micro trauma or hypersensitivity.2. Deep traumatic bite with lower teeth.3. Tooth decay not visible to naked eye.4. Sinusitis referred pain. IOPA and pulp vitality test. Pulpal inflammation. After investigations, depending on results treatment plan can be formed. You might require root canal treatment and capping. Revert back with the x-ray to a dentist online.-

I have notice a pea size lump that has traveled in both legs notice mostly in my groin and thigh at different times. IS this a clout???? I am also a heart patient with a stent in my main artery. Cardiac cath last performed last year stenosis is constantly showing 40 percent. 2. How relevant is this or how dangerous.???? 3. I have also been having random chest spasms when sleep sitting driving eating not necessary when active is there any correlation and how do I treat the spasms????? I never got an answer from you all on a previous query

Hi, Dear, Thanks for the query to My Clinic. I studied your query in depth. I feel concerned about the worry you expressed. In my opinion-1-the lump in your groin and thigh in both lower limbs-doesn't appear to be a clot. To opine on it more info is needed about it.2-As such this fear is irrelevant and it's not a moving clot-as thought by you.3-The spasms you get need to be consulted from your cardiologists who put the stent. In my opinion if appears more of neurosis or anxiety related-as they are all over and untimely. Treatment-would be-a-Consult your cardiologist at earliest.b-Tb-Ranx -500mg if the spasms or the discomfort recurs and for the time being Only.Don't use after consulting your Cardiologist-as its temporary advise. Hope this would help your query. Wellcome for more queries to . Have a good day.

I have Oral Herpes and I am concerned about passing it on through saliva when kissing someone or sharing a glass, even when the sores are gone and my skin condition is apparently fine. Thank you.

Hi. Can understand your concern. As per your complaint Herpes infection can be transmitted through saliva and other body fluids. Although there may be no active infection present, but there can be virus present on the skin surface in inactive stage, and it can be transmitted by sharing glasses or personal use things like napkins, towels, glasses etc. and through kissing. Anytime the virus can re-activate and can multiply in the skin cells and cause outbreaks of sores. You need to be careful and consult a dermatologist and can get investigations like Polymerase chain reaction, virus culture and antigen-antibody reaction done to rule out the extent of infection and possible transmission. Hope this information helps. Thanks and regards. .

I have osteoporosis rheumatoid arthritis as well as emphysema asthma and COPD. I have 3 fingers that are deformed and don't straighten out all the way on both hands last 3 fingers both hands. I am in severe pain what do you suggest I do ?

Hi have gone through your question in detail and I can understand what you are going through. It's apparent from your description that you have got a degenerative disease of spine. RA has aggravated this generation. If the condition is treatable, I. Otherwise, the option that we have is to mitigate the pain. You can start pregabalin, a molecule which will reduce your pain. Even amitriptyline is a good medication which reduces such pain to a large extent. CONSULT YOUR Doctor consult a physiotherapist who would like to advise you some back exercises and do, do them regularly. Hope I am able to answer your concerns. If you have any further query, I would be glad to help you. If

not, you may close the discussion and if possible you may rate the answer for me, so that I get good feedback. Wish you good health,

I have pain above chest as iam 70+ now 2. Talking without any cohesiveness 3. Keeps searching for some thing (e.g that money he is suppose to receive from the GOVT. as gratuity after almost 15 years) 4. Suspicious about wife and abusing (which he never did in past40years)5 Not able to live without her(even for a minute if she misses hell beupset)6. When other person(such as me) is around, the behaviour is totallydifferent(as if he is fine)(Such as eating food properly, talking normally(except for forgetfulness etc.)7. Thinking about death.8. At present, we are giving the treatment in HOMEOPATHY but theresults are not encouraging. Can you please advice how do we go further?

Forgetfulness at age of 70 years, is towards dementia and in that case, he needs some neurologist consultation. You need medication like donepezil or clemastine, that would help him slightly. Some patients get such kind of suspiciousness in dementia, it is part of dementia. For erratic or abusive behavior, he takes low dose antipsychotic after psychiatrist consultation. Thanks

Input	Output
I have PCOD for past 5 yrs. Have been taking allopathic treatment all this while but not much improvement. Past medications have included Krimson 35 and Hyponidd. Are there any alternative treatments for PCOD? Plz suggest sm gud hospitals in bglor for this.	Trayantyadi Keisha 10 ml with 1/2 glass warm water twice daily before food.2. Kandahar juggle DS tab 1-1-1 before food.3. Varanasi Keisha tablet 1-0-1 with kashaya4. Ovarian syrup 2 tsp twice daily after food. Continue these medicines for a month and do follow up.
I have recently found a lump in the left breast but have been told not to worry that it is probably just a cyst. I was also told the same thing last year. Should I get a second opinion.	A benign cystic lesion could be fibrotic changes in the breast tissue2. Some low grade chronic infection3. Hematoma or suture granuloma4. cancerous just need a needle biopsy for confirmation which is itself a kind of second and final opinion please ask your treating doctor today about this and revert to us with feedback. Regards,
I have recently started biting my taste buds off and I also pick pimples constantly and pick off dry skin from my body, I have dermatitis and eczema. I cant seem to stop any of this. When I pull my head hair out I eat the follicles and this can go on for hours and hours. I just do it because I enjoy eating them. Sometimes it makes my stomach hurt after eating so many and I have to stop. Im obsessed with the hair follicles. Sometimes I find ones that crunch a bit when I bite them, they are my favorite. I have had my head shaved since I was 11 and I wear wigs. Why do I pick so much? How can I stop? I see a therapist and Im on meds but I just love to do it.	HelloTrichotillomania is compulsive biting of hair and individual get relaxation on plucking up and biting hairs. This is a disorder that is related to anxiety spectrum disorders of psychiatry. Usually there is some underlying distress or anxiety that cause individual to pluck hair and this result in relaxation. With time there occur a repetition of habit, and it becomes a disorder. Treatment of anxiety disorder can result in improvement. Medicines like SSRI in high doses are needed for trichotillomania. Fluoxetine in high doses is useful for better outcome. Thanks
I have rods in back at L5-S1 however I had laminectomy w/o fusion from L3-L5. My mid back hurts terribly. I was diagnosed with a chest wall contusion and now have scare in my lungs.My midspine vertebrae are now moving closer to my front. I was told my spinal cord is ok. The pain is becoming excruciating. What can be done?	Short term goals2. Long term goals. Short term goals, Reduce the pain improve respiration increase strength in upper and lower limbs Long term goalsFocus on core stabilityImprove shoulder girdle musclesStrengthen the spinal muscles the long term goals, You need to keep practicing this exercises as you should always safeguard your spine. Due to the injury of the past, The physics of the load bearing spine has been modified. So a proper care is always a good way to good health hope to see you cheerful soonRegardsJay In .
I have run a low grade temp for about 6 months off and on. This not typical of me. I forgot to ask my doctor if the temp was related to the herniated disc. Is this a possibility? Or is there something else?	HAs herniation of the lumbar disc will not lead to the fever. As this is a different pathology altogether and may lead to pain and aches but no fever. You may be having a long-lasting infection for which a blood test is advised. Based on the reports the medication can be prescribed. For lumbar spine disc herniation, I will advise doing exercises like - core stability, spinal muscle strengthening exercises, hip muscle strengthening exercises, static Qua . Hope I have answered your query. Let me know if I can assist you further. Jay In

<p>I have sneezing problem every morning. I take rinostat+ or sinarest to control it and it reduces by afternoon. Is this because of allergy? What is the diet that i can follow for this. I am from Chennai, Southern part of India</p>	<p>Avoid cold foods (cold . Avoid too hot and too spicy foods.3. Avoid heavy meals at evening/night.4. Take nutritious balanced diet involving sufficient amount of whole grains, green vegetables, fruits, nuts & legumes & dairy - this is for overall health and a good immune system.5. Unless you are allergic/intolerant specifically to some foods, you can take all foods. As an allergist, I would like to say that sneezing every morning is usually due to house dust mite allergy. I would suggest you to take levocetirizine and montelukast daily. Also, daily nasal wash with nasal saline spray 3-4 times a day will help. Please ensure good ventilation and sunlight into to be</p>
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<p>I have suffered extreme anxiety & fears since then.I don t know what to do anymore.Haven t been into a store forever & don t even drive anymore.I am only 59.ended up living in an assisted living for 2 yrs. & then out to live with a daughter.Now since July been on my own in an apt.& have help of people even coming in twice weekly for a shower cause I even fear that. Is hard to cook.I seem to fear everything alone.On alot of breathing meds & 3 1mg. Lorazepam a day which dont do anything & have tried soooo many antidepressants.On effexor er 150mg. daily.I am sooo scared.no matter what i do im scared.</p>	<p>COPD can cause psychosomatic complications like depression, anxiety, panic disorder etc. Only . You need counseling sessions by psychotherapist also. Complete rehabilitation in the form of counseling, chest physiotherapy, deep breathing exercises, assisted walking etc. are needed. So enroll in Pulmonary rehabilitation center and start your rehab.Don't worry, you will be alright. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
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<p>I have to say that I have ulcer too(lucky me). I took some medicine with mint oil .with no result. Now I am taking colospasmin.and it s better.no pain in the left.just the 1 in the liver area. What can it be? I need some help.because I have this pain for more then 2 month. Thank you in advance. Laura</p>	<p>Hi. Thanks for your query and an elucidated history. High Cholesterol can not cause an in abdomen. You have pain in abdomen for 2 months. I would suggest you the following. First you have undergone the tests as you are suffering from Abdominal pain for the last 2 month. :Ultrasonography CT scan of abdomen to rule out Gastrointestinal Cancer. Blood, urine and stool tests Enterocolitis to see if there is an Intestinal Obstruction. The pain in the left can be due to Colitis or Irritable Bowel Syn .</p>
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<p>I have tried lot of treatments and nothing seems to work. Please suggest some ways which can help me get pregnant.</p>	<p>Thank you for posting Q on Firsty you will need to undergo hormonal tests for checking ovarian & thyroid function, then you will need to have Ultrasound examination to look at ovarian size. Depending on results of the test one may need to get them repeated for tracking. There are medications for treatment of hormonal imbalance associated with PCs.Also, it will be important to achieve healthy weight which will have positive impact on getting ovarian function back to normal. Hope this helps</p>
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<p>I have undergone deworming course by taking Rcifax 400 bd for five days, Noworm 400 and Nortryptomer od for three days, but there has been no effect. The consulted doctors have different opinions, some say that it is due to neurofibroma and some say it is due to reaction of medicines which I am taking. But no remedy has been suggested yet. If the loose motions become uncontrolled, I am forced to take Norflox TZ, which gives temporary relief. These loose motions are sudden, often soil clothes and have imprisoned me in the house. My current medication includes Nikoran 5 bd, Cardivas 3.125 bd, Cardace 2.5 od, Flavedon MR od, Lasix 40 half tablet od,</p>

<p>Becosule od, Clopivas 150 od and Rosuvas 10 od. Please help me.</p>	<p>Such diarrhea is seen in Irritable bowel syn . IBS is of three types: You seem to be suffering from IBS diarrhea predominant. However, IBS is a diagnosis of exclusion. We investigate suspected cases of IBS with thyroid profile, fasting blood sugar and ultrasound abdomen. If all investigations are normal as you have mentioned blood and stool test (considering these investigations have been performed), then you are probably suffering from irritable bowel syn</p>
<p>I have very tight foreskin in my penis how to solve this problem and does this tight foreskin affect on sexual temper?2Recently doctor has given me Dermovate 25g cream to ease my foreskin. Does it work?3. My penis is not strong or it is very soft in sex time. how this problem can be sloved?Hoping to read appropriate suggestion.</p>	<p>Hi Tight foreskin leading problem in sex because tight foreskin and tight Frenulum prevent full retraction of penis skin over shaft. For that topical steroid can be useful (as you have prescribed). But useful only for mild degree fibrosis If having problem in erection then rule out. -Hypertension -Diabetes - . According to cause further specific treatment given If fibrosis more than circumcision needed To Take care Hope your concern solved</p>
<p>I have wound on my left buttock approximately 5 cm by 5 cm by 3.5 cm deep. The wound occurred from a hard lump that was lanced and then got infected. I am currently using a wound vac and it appears to be getting smaller, however around 3 pm in the afternoon I develop chills and then by 5 pm I have fever of around 100 degrees. I take tyland and the fever goes to normal but at night I have sever sweeting. Is there anything I can do?</p>	<p>Hi. Thanks for your query and an elucidated history. This is certainly indicative of an active infection in the wound or may be in the urinary tract or so. I would advise undergoing the tests of Blood / urine-routine, microscopy, culture and sensitivity/ IF pus is there in the wound - swab for gram staining, culture and sensitivity. And start a broad spectrum antibiotic once the samples are .</p>
<p>I haven t had any periods since then. However yesterday I had a brown discharge (not a lot). Today when I went to the toilet I saw only when I was wiping that I had a little but of brown/dark red discharge, but no spots on my underwear. I am very concerned, so I would appreciate any advise. I don t know if that is relevant but I was under a lot of stress lately and I was also taking Clindamycin antibiotic since I had a very bad cold. Thanks, Yana</p>	<p>HI would be happy to help you with your question. Stress can have an effect on cycles and cause irregular bleeding, but this is unlikely to be a factor in this case in the setting of the birth control that you are on. Clindamycin has no effect on its effectiveness either and is likely not the cause of the abnormal bleeding. The bleeding is likely just breakthrough bleeding related to thinning of the uterine lining that occurs while you are on birth control. Make sure you check a pregnancy test and wait and see if it goes away for now. I hope that this helps and good luck!</p>
<p>i hv not used any contraceptive pills. my husband is absolutely fine and have no abnormal life style. his age is 32 yrs and we have normal sexual life.we are trying for a long time like almost a year. i want to get pregnant as i know i m running of my age. kindly mail me what to do to get pregnant . thanks</p>	<p>Hello. Thanks for writing to us. For a successful conception, you need to have a regular sex on every alternate day during your fertile days-day 9 to day 16 of your cycle. Start taking folic acid supplements. In case you still do not conceive in next six months then consider getting yourself evaluated at an infertility specialist. I hope this information has been both informative and helpful for you.</p>
<p>I just found out yesterday I am pregnant. This infection is killing me. Pain is unberable and face is swollen. Will they still do surgery if pregnant?</p>	<p>HAs per your clinical history is concerned, please follow like this: Do a clinical examination by your</p>

Doctor and do a nasal endoscopy and sinus culture. Discuss with your Doctor to manage it in the conservative way as much as possible and if a surgical procedure is required then do it after child delivery only.2) Do use saline nasal irrigation and discuss specific antibiotics as per sinus culture report. Do follow lifestyle modifications like this: Try to avoid upper respiratory infections. Minimize contact with people who have colds. Wash your hands frequently with soap and water, especially before your meals.2) Carefully manage your allergies. Work with your doctor to keep symptoms under control. Do a blood differential count every month.3) Try to avoid cigarette smoke and polluted air. Tobacco smoke and air contaminants can irritate and inflame your nasal passages.4) Use a humidifier in your be . Hope I have answered your query. Let me know if I can assist you further.

I kinda knew that I didnt have fibermyalga Because the pain is always in my back and hips. Is bad back and hip pain normal with sbo?, and learning disabilities? And mood disorders? Is all that normal with sbo?

Hello and Spinal bighead is a congenital condition in which the posterior parts of some vertebrae do not close completely. There are various types of spina bifida depending on the degree of non-closure of the vertebrae. When the defect is large enough the spinal cord can protrude from the gap. Spina bifida occulta is a condition in which the gap is very small, and it does not allow the spinal cord to protrude. It is asymptomatic in the majority of cases however, it can be associated with back pain not responding to conventional treatment for backache. Surgical closure of the defect is possible however, the functional abnormalities (if present) cannot be corrected. However, functional abnormalities are rare with spina bifida occulta. Thanks and take care .

I kissed her for the first time in 03 of 2011 the next day she has big swollen lips and white spots on the tongue. so I get worried and I go get tested for STD s. they said I don t have any kind of diseases but they did say I might have herpes. now like I said I don t bath much and I get this white bump on my tongue and on my gums. before I did have rashes on my armpits but they are not swollen, and I am 310 pounds. but im a truck driver now. why do my feet hurt

Hello pt-Bumps are formed due to injury caused to the tongue accidentally. You may bite your tongue or your tongue may get infected while eating any sharp food stuffs causing swelling and pain on the tongue. Eating huge quantities of acidic foods can also cause bumps. It can appear on the upper layer of the tongue or on its side and sometimes at its back. Eating lot of sweets and sugary items can also give rise to bump formation. It can also be caused due to disturbance in gastrointestinal tract and due to heightened stress and emotions. Thus, there is every chance that underlying medical condition can cause bumps on your tongue. Bumps are not contagious, but it is good to leave them undisturbed. Sometimes, using hard toothbrush or rough brushing techniques of the mouth can also cause bumps and bleeding on the tongue. Bumps formed due to trauma are called lie bumps. They look like tiny balls white or red, and it will cause tenderness in the tongue for many days.

I know I should see a doctor, but since it is after 8:00 PM, what should I do in the meantime until I can hopefully get an appointment tomorrow? Am I in danger of something severe?

HRRegarding your concern, I would explain that your blood pressure values are really high. This could lead to an increased risk for nose bleeding or intracranial hemorrhage. For this reason, I would recommend taking a tablet of captopril or nifedipine sublingual, if you have any of these . Otherwise, I would recommend having some rest and taking a glass of lemon juice or eating some garlic. Hope I have answered your query. Let me know if I can assist you further. Take care

I know that he takes his medicine. He may miss a dose occasionally, but does take it. I was

wondering if there is a difference between lithium and lithobid?

Hi, Lithium is a salt. It is the same salt in all the different lithium pills. However, how much of the pill gets in, how fast it gets in differs even between the same pill from different manufacturing lots!

Certainly the time released will give a more constant level without as many ups and downs.

However, you cannot predict the overall level you get even with the same milligrams per day when you change a lithium formulation and this will require blood testing. Hope I have answered your question. Let me know if I can assist you further.

I know the kind of pain that i have and this is not it. Tonight i discovered a painful lump on my right lower back that hurts to touch but is moveable. Its about the size of a nickel. Just wanted to know if any one knew what this could possibly be. I have received shots in my back about two months ago.

This painful bump just popped up tonight. Please help!!!

Hi, DEar, I studied your query in depth.1-In My opinion the painful movable lump injection-abscess with pains.2-For your age with 3 herniated discs and repeated shots in the back,

-Post-Injection-Abscess is the most probable cause for such an acutely developed back lump.3-Hope this would solve your query.4-Wellcome for any more questions on new or this subject also. Have A Good Day.!!

Input	Output
<p>I learned to live with the little blood in semen hoping it will go away. However, about two weeks ago, I noticed almost suddenly an increase in the blood in semen. Yesterday it was like pure blood.</p> <p>I tried again today and it was still bloody but brownish more than red. What could be the problem??</p> <p>By the way, I never had prostate biopsy.</p>	<p>Hi, These symptoms indicate in most cases prostate issues such as prostatitis or hypertrophy, and rarely it may be signed of STD infection. You should avoid intercourse for till symptoms persist and . If symptoms persist it would be good to do a prostate ultrasound and check your PSA levels to rule out a prostate tumor or hypertrophy and further treatment depends on these findings. In most cases, it can be controlled with medications but sometimes, in case of a tumor, open surgery is required. And severe benign hypertrophy may be managed endoscopically, so you should consult urologist about appropriate options. Hope I have answered your query. Let me know if I can assist you further. Take care</p>
<p>I little concern when I got home I checked it again on the same arm same reading, than checked on other arm 127/75, than other arm 127/75 is first reading ok.? Normally my BP is normal</p>	<p>Hi, Whatever the blood pressure readings given by you, all are absolutely in normal range. Blood pressure and heart rate rises in response to any type of physical exertion as in your case. It takes variable time to stabilize heart rate & blood pressure after exercise. Why are so concern about your blood pressure? I want to know- Do you have high BP problem, if yes then on which medications.2) Any other associated illness like diabetes or cholesterol problems.3) Family history of high BP, diabetes, cholesterol problem. If you are a healthy adult then check your BP at least once in 3 months, do OG TT, Lipid profile once in a year.</p>
<p>I look at the victims pictures and go into deep though. Wow, did they know they were going to die at that last second? They don t look like the type of people to die. Did they get hurt? Were they well known? Usually, at this time it s about 10:30-11:00. I of course become ridden with anxiety and don t go to bed for another 3 hours. I can t even go to the college I want because of the fear of car accidents. I was going to go visit a college a few days ago with my mom, I told her I wanted to go to a college here, which was a lie. I just didn t want to take the risk of dying on the interstate to the cities. I just have this feeling I m going to see someone, know someone or be in a gruesome car accident. I can t watch local news anymore because I don t want there to be anything about car accidents. Especially about highschoolers in my area. I just wish people cared more about how they drive! Drive for yourself and others. I don t want to be split in half.</p>	<p>Hi, Forum With your description it is clear that you are some form of anxiety disorder. It may be generalized anxiety disorder, OCD or phobia. These disorders are best treated with combination of CBT (cognitive behavior therapy) and medicines. Help from psychiatrist and psychologist will definitely help you. I hope this information has been both informative and helpful for you. Wish you Good Health.</p>
<p>I m 115 lbs and I have never had any major medical problems before, other than pleurisy and bronchitis. My entire life I have had an occasional pain in my right leg. It starts behind the knee and then goes all the way up and down my leg. The pain is like an intense cramp and it stays for hours and hours. A few times, I have woken in the middle of the night with a pain so intense I could hardly stand it. This pain was in my calf on the right leg and felt like someone tearing my leg apart from the inside. So I would stand up and put pressure on it and the pain would go away. What could be causing this? My parents have always said it was growing pains but I don t think that s the case.</p>	<p>Hi I read carefully your query and understand your concern. Your symptoms seem to be related to a muscle cramp. I suggest using a muscle relaxant such as Baclofen three times a day. I also</p>

suggest using magnesium supplement for muscle relaxation. Warm compresses can also be helpful. Hope my answer was helpful. If you have further queries feel free to contact me again. Kind regards!

I m 35~~ Scared. Do I get a CT scan to rule anything serious out??

Hi, Thank you for posting your query. First, I would like to reassure you that there is no need to worry about your symptoms, as they do not suggest any serious brain disease. The most likely causes of sensitive scalp and bursts of pain could be related to the pinched nerve. So, you can take medications such as pregabalin or ibuprofen to relieve the pain. However, if the symptoms persist or if you are still anxious, then, you may get a CT scan of the brain done. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/

I m 41 yrs old and work as a Cabinet maker. Lots of heavy lifting, repetitive bending etc. I m wondering with a successful surgery will I ever be able to return back to that type of work again?

Thanks Jon

Mechanical instability 2. Disc prolapse. Accurate diagnosis is must for proper treatment. I would advise MRI of lumbosacral spine with screening of whole spine. It shows discs, nerves and even bones. If MRI is showing disc prolapse with instability discectomy and fusion may be the treatment. After surgery there is loss of movements at fused levels. But there will be complete relief of symptoms and you we be able to do all your activities. Forward bending should be avoided. So if MRI is not done get it done and visit expert spine surgeon with report.

I m 5-9 , 140 lbs, I exercise twice a week and the only thing I did new in the last 6 months was go on the isagenix diet (bars and shakes) - and yes I am a smoker

HBlood pressure is an age related change due to hardening of vessel as one ages. Although, exercise, diet has some protective effect but not cent percent. So you should have a healthy lifestyle like avoiding fatty, oily and high calorie diet. Have low salt diet and monitor blood pressure regularly thrice a day for one week then once or twice a week. If BP is persistently more than 140/90 MMH, then you should be on medicines for it like Amlodipine 5g once a day. Regular exercises like brisk walking, jogging according your capacity at least 30 min a day and 5 days a week. Lots of green leafy vegetables, fruits, fish once or twice a week, avoid meat. Avoid smoking and alcohol if any. There shouldn't abdominal fat deposition or obesity. Get your lipid profile and sugars tested once. Hope this helps you.

I m a cop in the navy and I can barely walk, sit, stand for long periods of time without being in pain and I have trouble sleeping due to all the pain as well. Would surgery be the best thing to do and will/should I continue to do my job with all this pain?

Hidcision surgery degenerated disc depends on many factors i.e.what kind of exercises and physiotherapy you are doing at present and are you exhausted with it?secondly, how much leg pain do you have weather it is equal, more or less than the backpainand is there any neurodeficit? Lastly your age, weight, general condition and preexisting risk factors like diabetes hypertension etc. Pain relief after surgery and long term outcomes depend upon what kind of surgery is planned like just decompression or decompression with fusion or decompression with disc replacement etc.? General idea is if your exhausted with all kind conservative approach then only think of surgery unless you have neurodeficit in your lower limb stake one more opinion of good spine surgeon

I m a pretty athletic person. Now what s bothering me as well is my left knee as well. I ve never injured it but I ve been putting more pressure on that leg than anything. My point being is it hurts

like hell having my knees bent. I can't bare the pain for even a minute without screaming. I have a rough tie sitting and standing up without having so much pain in my knees, it just brings tears to my eyes. I've had broken bones before and I'm a pretty tough cookie but this is something I've never felt before and the pain just gets stronger feeling. I have an appointment with my dr this week but the anticipation of wanting to know what could be going on with my knees is killing me, especially that I have a child to take care of. So if you doctors could be so kind to give me some advice to what you might think it could be I would love to hear. Thank you!!!

Hi, thank-you for providing the brief history of you. As you have faced issue with right knee and the mechanism of injury suggest it could be a ligament sprain. But taking an MRI will surely help understand the soft tissues' status. Also, once the ligament, say example meniscus is injured the pain is intense and will restrict most of the mobility. I will recommend undergoing physical therapy, as with therapeutic ultrasound therapy and TENS therapy the pain can be lowered and inflammation too. Performing slow ROM exercises and later static Strengthening of the leg muscles should give better results. In my clinical practice, most sports injuries respond well to physical therapy. Regards Jay In .

I'm a software engineer and I can barely walk, sit, stand for long periods of time without being in pain and I have trouble sleeping due to all the pain as well. Would surgery be the best thing to do and will/should I continue to do my job with all this pain?

Dear Ms You have pain because of annular tear in the cartilage and disc bulge compressing nerve. However, pain by itself may not be indication for surgery. I suggest you for the following: (a) Have a review by neurologist whether there is any neurological deficit or not (b) Your doctor may consider pain relieving medicines, rest and physiotherapy (e.g. short wave diathermy etc.) (c) If we fail and your symptoms are still severe, surgery may be considered. Protein

I'm floored with the dx of dystonia and have been getting Botox injections with oral amitriptyline for the past 6 months with no real improvement. Should I get another opinion to be evaluated any differently for other causes of my neck, r shoulder pain and headaches?

As a neurologist I can fully appreciate the diagnosis of DYSTONIA as a potential cause/explanation to your symptoms. However, if after multiple cycles of BOTOX nothing seems to be changing then, unfortunately, either the person doing the injections needs to rethink the diagnosis or the method of injection is inadequate, or the dosage of the BOTOX is inadequate, or the injector should consider an alternative to BOTOX such as MONOBLOC or another agent, etc. Certainly, a 2nd opinion would not hurt if you are not getting the relief you seek from current therapy. You may write to me at: www. . Please rate this a 5-STAR ENCOUNTER.

I'm going in next week to take the 3 hour test, but I do have a sinking feeling that my sugar will, again, be high. My question is, is 141 considered very high for a fasting sugar level? Thank you, Sally

Hi Sally, Pregnancy, especially the later months can make women who are prone to get diabetes in the future have high sugar levels. Yes, 141 is a high value, and you need to have a detailed sugar level done. Also, you need to take care of your diet and check your sugar levels before and after meals. You will need the guidance of a physician trained in endocrinology or an obstetrician with special interest in diabetes in pregnancy. Also, we need to monitor your baby, as in women with high sugar levels there are chances of baby putting on excess weight and also increased water around the baby, this may also need early delivery, and you may require insulin injection on a daily basis to keep the sugars in control. Best to see a physician soon. Hope this helps. Regards.

I'm married since two and a half years. Last year 11 months before we tried to conceive and got a positive pregnancy test. On that day I was 7 days late for period. On that evening I started to

miscarried and end it with d and e. Later on after 6 month I again tried but again faced the loss on 5 weeks. Help me out	<p>Hello dairy understand your concernFrequent miscarriages occur in 3-6% women of reproductive age group. You have to find first cause of miscarriage after consulting fetal medicine specialist.</p> <p>Following are cause of miscarriages:Unknown in most of the cases, Abnormal blood sugar levels, Hypothyroidism, Antiphospholipid antibody syn . I would suggest undergoing complete health check up, investigations like blood sugar, reproductive and thyroid hormone analysis, APA screening, PT, APT and ICT Beta-2 microglobulin antibodies, antibodies for SHE, chromosomal analysis of both partnerAvoid stress, take healthy diet,</p>
I m obviously concerned. Is there anything we would do before the long wait to get back to the doctor?	<p>Hello and I have reviewed your query and here is my advice. High cholesterol and ts his certainly not an emergency, so you can wait, or you get back with reports so that I can advise the dose of thyroxine which he'll need to take. For high cholesterol he should first adopt dietary changes like low oily and low fat, sugary diet. Also, regular exercises will help. If it doesn't help he may need tab Atorvastatin depending upon the cholesterol levels. Hope I have answered your query. Let me know if I can assist you further.</p>
I m only 46 so nuro surgeons will not perform a disc replacement at my age. Use of my leg has returned over 6 moths of physical therapy. I am on percocet and baclofen to control spams and mask pain but neither bare overly effective. What other options may be available to me to return to a somewhat normal life?	<p>Avoid heavy weight lifting 2. No more bike riding if you were riding before. 3. No stairs climbing 4. Apply lumbar coarse belt for three months.Painkillers, muscle relaxants and Gabapentin 150Å mg BD can be taken for few weeks and regular follow-up visits to neurosurgeon will be much helpful to you along with above-mentioned precautions. Hope this may help you. Let me know if anything is not clear. Thanks.</p>
I m trying to push fluids and monitor his temp. At what point should i bring him in to the doctor?	<p>Hello. I just read through your question. Often, when a child of this age complains of mouth pain, it's an issue with the throat. This is often associated with abdominal pain and fever indicating an infection in the throat. Sometimes this can be strep and steep must be treated with antibiotic. When it's not strep, the cause is viral, and it will resolve kn its own. So it is important to consult with your doctor to check for strep.</p>
i m using glyciPhase tablets from 5 months. now iam getting periods for every 30 to 35 days. i m using fertyl 50 from the 5th day of my period from 3 months, but i m not pregnant. pls tell me when will i ovulate and which day me and my husband should intercourse. almost everyday we are in sex but i am not getting pregnancy. please help me	<p>Hi, you should be in contact with your husband every 2 to 3 days, not every day. You can track your follicles' growth by repeated ultrasound and when your follicles is more than 17 mm, take injection for rupturing the follicles. It will make sure that you ovulate. Take progesterone for next 2 weeks. Do a urine pregnancy test at home after that. Hope I have answered your question. If you have any other query I will be happy to help. Regards .</p>
I masturbated 3 days after my torsion surgery, nothin to hard but idk, could that affect it?2. Is it inflamed?3. If so what should i do4. What are the signs of inflammation5. Should i get an ultrasound?Please help and ease my mind haha, i have high anxiety so you can tell why i am worrying so much.	<p>Hi I do not think masturbating causes this kind of feeling after surgery. Signs of inflammation can be swelling .pain erythema and increase in local temperature. But inflammation cannot be for so</p>

long after surgery even then use antibiotic twice daily and anti-inflammatory agent twice daily can decrease the inflammation if present. Yes ultrasound can be done to see for any changes in the passage of sperms. I think simple neurons plus daily once can cure the condition

i missed my period 2. my walls of my vagina feel plump 3. I have been getting cramps for the past 3 weeks or so and I ve been waiting for my period, and i normally get thm a day before i start bleeding. 4. I took a pregnancy test a week ago and it was negative. 5. I have been having some syptoms of pregnancy like nausea, really tired, headaches, and my lower back and spine aches and feels hot inside. BUT i was sick with a cold for 3 days so im not sure. Could my periods be changing because its getting cold outside?

I welcome you to VIRTUAL CLINIC. I have gone through your question. Furthermore, I think I have understood your concern. Furthermore, I will suggest you the best possible treatment options, If you have missed your periods and your pregnancy test is negative, then it could be a delayed period. Usually common cold shouldn't have effect on the periods. You can simply wait for the onset of periods. Your symptoms. If they are there before every cycle. Then it can be pm'd. Premenstrual syn

i need answers for me and my wife of 21 years and we have 2 children trying to find some help and answer s , thx JOE

Hi, Thanks for writing in. Multiple sclerosis is a condition which affects the small vessels and nerves throughout the body including the penis. It is possible that the vascular supply and nerves to your penis are affected and causing severe ED. These symptoms are more during the first 3 to 24 months of the illness and might persist for a longer duration in some men. Your penis has not become shorter, but there is apparent shortening due to the involvement of vessels and nerve fibers. Please consult your doctor and continue treatment for ED and multiple sclerosis. Taking steroids alone is not a possible cause of your apparently reduced penis size which you have noticed. Please do not worry.

Input	Output
I need to know what could be wrong with my back,what might i have done?	<p>Hello your symptoms are most probably due to development of PIED i.e. PROLAPSE INTER VERTEBRAL DISC in which a protective cushion called as intervertebral disc, bulges out from between the two vertebral bones which leads to compression of the spinal nerves and can also cause spasm of the surrounding muscles of the back region which in turn causes pain and stiffness in that region of back.to diagnose how many discs are involved you need to get an investigation called as MRI.if I were your treating doctor I would suggest the following - whenever the pain is very severe you can INJECTION THIOCOLCHICOSIDE INTRAMUSCULARLY two times a day for 3 days the most important modality to have long term relief from pain is STRENGTHENING YOUR BACK MUSCLES BY PHYSIOTHERAPY.any good physiotherapist can teach you the specific back/spinal exercises which you can then do at home regularly and include those exercises in your daily routine.remember, in the beginning you might feel lazy to do exercises but remember medicines can only provide short term relief and permanent relief can only be obtained by strengthening your back by exercising regularly take care .</p>

I need your advice regarding the continuation of this therapy. Docetaxel and Nintedanib are suggested. I think it is too heavy. I would prefer immunotherapy, if possible.	Hi, . I would suggest going with Abraxane or Avastin plus Nivolumab combination for the following reasons: For more information consult a medical oncologist online
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I never had a period while on the shot and still havent got one.It took me 8 months to get pregnant with our first baby. My husband and I want to have another baby and I want to know if theres anything I can do to speed up the process and why it took me so long to get pregnant the first time? should I see a doctor?	Hi Thanks for sharing your health concern with us. Return of ovulation is delayed in some cases after the deposit and this could be one of the reasons for the delay in conception earlier. Now, if you are anxious to conceive, I would ask you to see a specialist for proper clinical evaluation and plan further management. If needed, your hormone levels are managed and induction of ovulation is done. Hope you find this information useful. Take care.
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I never had pain before just little aches and weakness. I now take 30mg morphine 2xs per day and Percocets 2 10/325 tree times per day along with a long list of muscle relaxers, anxiety, and depression medication. I recently had an MRI which states most levels are unremarkable but my C6/C7 has moderate/severe stenosis and my C4/C5 same thing along with random osteothites (spelling). My question is if I have a fustion with Plate, screws, hardwar, how can I still have stenosis in the same location? Any suggestions other than surgery forthe other levels. Pain levels are at a constant 6/7 with medication and spike to9/10 at least once per week. Activity level is low and I do use a TENSE unit, PT one week, stretches, hot and cold therapy. Any information would be greatly appreciated. Also, how do you tell the difference between just bad genes and MS?	<p>Thanks for writing to us. You have valid question. If we operate at particular level then we expect no stenosis at that level. As you said there was marked stenosis then it may be due to disc in the front and posterior spinal structures on the back. Anterior pressure was removed and there may be posterior pressure still remaining. Anyway you need to talk to your doctor about it, and you can not go on taking morphine for such a long period as it is always symptomatic treatment, and it never changes the pathology. I would suggest discussing with your doctor and consider definitive treatment option rather than taking pain medicine. Thanks.</p>
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I noticed that a little below his hip and closer to his genitals kind of where his leg is connected I

found a few squishy like sacks if you will and there is a couple in the same area and I am very concerned

Skin conditions are best diagnosed only after seeing directly. I suggest you to upload photographs of the same on this website, so that I can guide you scientifically. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.

I noticed that my ESR result is far higher from normal range. However, i have enzyma and having some anti-itchy and allergy medication during the period of blood taking. Besides that, i have also having H1N1 flu vaccine one week before the blood taking. I am quite worry about the high level of my ESR. Did my ESR value show any significant finding? Thanks

Hi, thanks for posting query at . Insufficient data. You did not mention your age and gender. If your female and aged more than 50, then ESR is elevated as compared to normal middle age subjects. Elevated ESR is not specific for any disease. However, if you have joint pain or gastrointestinal symptoms, then further investigation according to symptoms is advised. Hope to answer your concern. Regards .

i noticed this problem for the past seven months. i want dr. samuel n. grief to answer my queery.Is. help more power to you, thanks.

Hi, dairy have gone through your question. You have cortical cyst in kidney as per your ultrasound report. Treatment depends on size of cyst. Small cyst can be left alone with monitoring. If you have large cyst or kidney dysfunction then treatment is required. Aspiration or surgery can be done depending on size on location. Avoid hypertension. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

I probably brushed twice a year. After losing a tooth in December, my dental hygiene has become important, but I have no dental insurance. It seems as though a tooth is losing it s enamel, I have black stuff in the cracks of my back teeth, right now my upper and lower teeth feel like they are itchy and numb at the same time. The tooth that came out has some left over tooth still in it, it might be forming an abscess . What can I do with no dental insurance, to help stop these issues?

Hellowell it's really a high time to take care of your oral hygiene. There are certain things you need to look on.go for complete oral prophylaxis start using 0.2% chlorhexidine mouthwash once daily half an hour after brushing. Warm saline rinses 3-4 times a day go for message of gums with a gum paint. Which is must as will increase the blood supply to the gums.flossing should be done for interdental cleaning. Start taking tab metrogyl-400 twice a day if you have bleeding gums' problem. Multivitamin capsule. Most important start developing brushing habit because It's never late.go for complete dental check-up. Take care regards

I really do not want a pregnancy right now. Is it wise if I take a second dose of the pill to completely reduce chances of implantation? Is it safe to take a higher dose of pills to completely eradicate any possibility of pregnancy?2. What else can I do to make sure I am completely out of the woods?3. Also, after seven days, is it okay for me to start taking antibiotics to eradicate any infections passed? Can general antibiotics like Amoxil treat the treatable STI?4. When is the most prudent time to take an HIV test?5. How effective is P2 when taken during ovulation? I did a little research and some said that P2 will not help if it is taken during ovulation. 6. How can I (in case I get pregnant) make the uterus inhospitable for the growth of the embryo? 7. When should I take a pregnancy test?8. What is the safest mode of getting rid of a fertilised egg within the first few weeks?9. My period should be in two weeks or 15 days from now. Is it guarantee that if it delays I

am pregnant? Is it also possible for me to have my period yet still be pregnant?10. Lastly, what are the chances in terms of percentage that I might be pregnant without necessarily having penetrative intercourse?

You should have the second dose. It will improve chance of embryo not getting implanted. 2. Only after you reach the other end you can confirm that you are out of the woods. You will have to wait for the period. 3. You can have antibiotics anyday, Azithromycin, Doxycycline would be a better choice. 4. HIV can be tested any time now and after six months repeated. 5 and 6 already answered. 7. The pregnancy test can be done earliest one day after the expected period. 8. If positive, you will need a scan to confirm intrauterine pregnancy after two weeks, then MTP (medical termination of pregnancy) can be used. 9. Emergency pill disturbs the hormones, so only the pregnancy test will give you some information. 10. Sperms can swim up even from your thighs into the vagina, so the chance of pregnancy is still there.

I recieved an injection in the l4-l5 last week and am not getting any better. I have no bulbocavernosus reflex, recent ed with decreased sensation in my penis and last 2 days I feel like I have urinary retneion. What do you think?

HelloThanks for query. Decreased sensation in penis with Erectile dysfunction and retention of urine strongly suggest pressure over sacral nerve due to Prolapsed Inter vertebral Disc that you have. I would suggest you to consult qualified Neurosurgeon and to explore need for surgical decompression (Discectomy) to release the pressure over Sacral nerve. This will help to get relief from symptoms. .

I remember the beginning of my last period to be 10 July 2010. I would like to find out my conception date. I had unprotected sex with a different person on the 18th of July and with my partner on the.

If DD provided to you is by ultrasonography, a variation of one week is acceptable as Ultrasonography calculated DD is by the size of the baby and is calculated from the date of conception. To calculate the date of egg release (ovulation), it happens 14 days before the next expected menses. So considering your menstrual cycle of 30 or 31 days, next menses would be on 10 August and ovulation would be on 28 July 2010. The life of an egg is 24 hours and the sperms are active for 72 hours. Hence, a period of one week around the ovulation is fertile period. So your fertile period would be 24 July to 1 August. Thus, the conception would be in that period. Now in this calculation, you have to make some modifications depending on the periodicity of your menstrual cycle. Then you can locate your fertile period of that cycle. Thus, the intercourse(s) during this fertile period are likely to cause the pregnancy. If you had a solitary intercourse during fertile period, that day or within 4 days of that day would be the day of conception. Of course this all is based on the clinical calculations. If you want to ascertain the paternity of your child for any legal cause, you may go for DNA test which would be a foolproof evidence. I hope this helps you.

I sacre about this levels.if this any problem and which stage am in. And how to controle tat level. Am frequently drinking alchol fir last two years. Please give me a goog suggestion.

Hlt may be due to your alcohol . Alcohol surely causes liver injuries. It also causes liver cancers and cirrhosis. Fatty liver is also caused by alcohol. Your liver enzymes level are almost double than normal mainly SGPT. Hepatitis also causes same picture. Please consult your Hepatologist for further examinations and Ultrasonography. Please stop alcohol now, will reduce your increased enzymes level. For addictions, please consult your psychiatrist. Hope this will help you a lot. Thanks for contacting. Take care.

i saw my prosthodontist yesterday, and he told me to use Chlorhexidine twice a day. He said not to rinse or brush afterwards (as he did in the past cause it can cause tooth discoloration. My concern

is with the tooth discoloration. Is there an alternative solution of any kind so i heal the area without using Chlorhexidine? I greatly appreciate your help and wish you a happy holiday season. Many Thanks,Priscilla

Hi. Thanks for the query. Well, you can use oral gel like Metronidazole that can be applied precisely over the injured area of the gum. You should keep spitting the saliva and do not swallow it. It will not cause any tooth discoloration and will help in preventing infection and heal the injured gum. Also do warm saline gargles and take soft diet. Avoid any hard and spicy foods. Use a soft toothbrush to brush your teeth to avoid injury to the gums. Hope this helps. Regards.

I see my Psych in the am but am just trying to do a little research beforehand. Can I switch to Nardil without the normal 2 week washout. I have checked each and every one of my other drugs in the drug-drug interactions, and they are all safe. Just curious before going into the meeting tomorrow. -Theresa

Degree understand your concerns went through your details. Please understand psychiatric medicines are prescribed according to the condition of the patient. Depressive disorder and bipolar disorders are having far fetching consequences and therefore psychiatrist usually take many things into considerations. They also employ differential diagnosis to confirm the diagnosis. Therefore, discussing the medicines and its effects on a patient may not be possible here. Generally, Geodon (ziprasidone) is an antipsychotic medication. It works by changing the effects of chemicals in the brain. Geodon is used to treat schizophrenia and the manic symptoms of bipolar disorder. Talk to your psychiatrist in detail about the research you conducted. Let him take decisions, and please work with him for a perfect cure. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

I see that the therapeutic level is 11-13 for quality of life in cancer patients. What can you tell me about this?

Hi, dairy have gone through your question. In cancer patients also hemoglobin should be kept above 12. There is no harm in that. In spite, it is necessary to maintain hemoglobin above 12 for healthy living. So it has no relation with thicker blood and all that. Myeloproliferative disease can cause thicker blood but for that aspirin and HY . But I'm not agree with that theory of low hemoglobin. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

I start coughing uncontrollably then 2. my windpipe closes so that I cannot breathe for 20-30 seconds. No other symptoms at all. How do I treat this?

2. Do warm water gargles and steam inhalation 4-5 times a day.3. Take levocetirizine and paracetamol combination.4. Avoid hard to chew food. Avoid junk food. Don't worry, you will be alright with all these in 2-3 days. Hope I have answered your query. Let me know if I can assist you further.

i start having very light brown discharge with tiny black piece of blood. since an hour im feeling a very sharp pain in the uterus which is on and off but its still there. is that pain normal during early pregnancy or something to worry about.

Whether heart activity of the baby is visualized i.e. whether the baby is viable2. Where from the bleeding is coming - from the chorionic tissue attachment site or elsewhere. Pregnancy test of urine may not be conclusive since it requires about a week or more for the pregnancy test to become negative after the baby has become non-viable. If bleeding is from the base of the chorionic tissue, it indicates impending danger to the baby. If baby heart activity is seen with chorionic bleeding, then you will have to take strict bed rest. Injection or Progesterone preparations with Folic acid may be prescribed to you. Progesterone or help stabilizing the pregnancy while Folic acid will help

the regeneration of the damaged tissue. However, if the babies heart activity is not visualized, it means the baby is non-viable. This is known as missed abortion. Brown bleeding is always stale old bleeding. Hence, the chances of missed abortion seem to be very high. If it is missed abortion, and you do not abort naturally, you will have to undergo termination of pregnancy without delay lest the risk of alarming bleeding due to clotting disorders (DIC), infection, kidney failure, etc. So please report to your Gynecologist ASAP for further action. I hope this gives you required message.

i started taking Amlor 5 mg twice per day however it didnt give full stability of BP in addition to the severe side effects. i shifted to Concor 2.5 mg then concor 5 mg once per day without getting a 100% stability for my BP eventhough my BP got reduced. Now, i moved to 1 pill of concor 5 mg morning and 1 pill of Amlor 5 mg evening starting 7 days back where my BP become fully stabilized with an average of 12/8. Please advise if it is accetpable to take this dosage of BP medicine and if there are any inconvenience in taking AMLor + concor 5 mg on medium and long term and if this combination is considered to be a long term solution for my BP. thank you in advance.

Hi, After going through your case record it is clear that after trying different antihypertensive medications your Blood pressure is stabilized with Tab Concord 5 & Tab AMLO 5. I want to know - Your age, gender.2) Family history of high BP.3) Any associated conditions like diabetes, high cholesterol, heart disease.4) Height and weight (BMI).5) Habits like smoking, alcohol. These medicines are usually safe and can be used for longer duration unless side effects develop. You should understand that your doctor has prescribed this medication because he or she has judged that the benefit by using them is greater than the risk of side effects. Serious side effects rarely occur with these . You should know about side effects of these medicines. Concor (Bisoprolol): Tiredness, slow heartbeat, fainting and dizziness may occur.2) It may reduce blood flow to your hands and feet, causing them to feel cold. Smoking may worsen this effect.3) Mood change may occur.4) It may aggravate asthma if present.5) It may mask the symptoms and signs of hypoglycemia (low blood sugar level) in diabetic patients on treatment. Amlor (Amlodipine)Dizziness, light headdress, swelling over feet or flushing may occur. Other important factors that may help you - Salt restricted diet. 2) Intake of fruits and green leafy vegetables. 3) Regular checking of blood pressure, lipid profile, blood sugar levels and keep them under control. In conditions like Diabetes, heart diseases other medicines can be preferred because of their specific beneficial actions other than lowering blood pressure.

I started taking it on thursday but yesterday (saturday) i had sex several times. Could i possibly get pregnant because i didnt start taking the pill on day 1 and only after 3 days of taking the pill i had sex with the pill being my only method of contraception?

Hello and thank , I understand your concern. You should have taken the pill on the first day because irregularly taking decreases the efficiency of the pills. My advice is to visit your gynecologist or make a pregnancy test to be sure if you are pregnant. You should take the test after you should ovulate normally because tests did to early can be false negative. I hope this answer was helpful to you.

i started with my right hand, in starting it was all good then i started to get this numbness when i reach orgasm then i day i got a serious seizure my hand stuck n started twisting then i fainted.it happened twice in 2002.then i started masturbating with my left hand it was good but then the same thing happened & i got 2 seizures in 2010 dec & 2011 jan upon reaching orgasm. Now i use pillow coz i cnt masturbate with my hands anymore & due to that my both hands started shaking i cant hold anything for a long time & i get this weird numbness, the same numbness i get before

seizure now ive hold something in my hand like towel or handkerchief to stop that numbness. I went to the doctor he asked me to get an EEG & ct scan but they found out noting so they came to conclusion that i have anxiety & now m taking medicine for that. I m also asthmatic & i do take inhalers sometimes.

Yah look like anxiety but cannot rule out any other possibility with this you are having asthma and allergies have many such patients who behave like this if food is causing problem like wheat or milk in your case fit for gluten or wheat as this starts like this as you rote and ultimately end u in asthma get blood test for specific antibodies for milk wheat potato and other common food you take eliminate, and you can be better in 3 months

Input	Output
I still am having a lot of pain. could the scoliosis be causing all the tightness in the muscles to the right side. See the spine doc again in 1 week.	Hi, Sir you guessed it very well, scoliosis is an imbalance of vertebral column, and this can cause imbalance in the muscles around it and thus relaxing some and over straining others. You will need strengthening of both muscles, those that are relaxed and those that are tense, if your spine surgeon is not planning any surgery for scoliosis, then probably consult a good euro physiotherapist and see the effect, guarded and guided exercises is the key. Hope that helps, Have faith in nature and try healing yourself.
I STILL FEEL HEAVYNESS IN RIGHT ABDOMEN AREA (LIVER) AND WEAKNESS WITH LOTS OF ANXIETY. PLEASE SUGGEST THE REASON FOR INCREASED VALUES OF LFT TEST AND MY PRESENT CONDITION.I AM VERY WORRIED AND STILL ON BED REST. REGARDS	HDear patient, you had slightly deranged liver function tests earlier which have now improved, so you need not worry much. Such mild arrangements can be seen in mild hepatitis, early stages of alcoholic liver injury, fatty liver disease, cirrhosis of liver, metabolic liver diseases like Wilson disease etc. Since your liver functions have improved, it is a very good sign. Some more tests that you can get done to make it sure that every thing is fine include USG whole abdomen especially hepatobiliary system, HBS Ag TEST, HCV serology and ECG Your epigastric heaviness can also be due to acid peptic disease, so you consult a gastroenterologist who will review your reports and will advise you accordingly Hope every thing is going to be fine with you and wish you good luck and speedy recovery thanks .
I still suffer with whiplash and c5 and c6 are bulging. Will this ever settle down? I have been to the melbourne whiplash centre and still going to the gym. I have been doing weights and told to bwck off. It gets very tight and I have a lot of headaches. Is there anything more I can do to try and relieve the pain?	Dear Patient, if seems in your case the whiplash is taking too long to heal, moreover do you have radiating pain in your arm, which could be due to the disc bulge you have. Regular physio as advised will certainly make your headache better, just be sure to see your euro doctor just to be safe and see if it's the whiplash only that is causing the problem and not anything else. Take care and get well soon, Thanks for contacting
i stopped breastfeeding in august 2012 had one menstrual cycle in september 2012 and then no cycle since and negative pregnancy test. is there anything natural I can take to help restart my cycles?	Since pregnancy test came negative, and 2 years have passed, it will be wise to get a gynecologist check up, as to why you have missed your periods.2. Seek/consult a doctor for appropriate examination [per magnum/ per spectrum] /investigations [hormonal profile/ultrasound]PS. Since closed [camphene] itself is given in women for ovulation with irregular cycles, thus Examination becomes necessary prior to opt for any Alternate treatment. Since pregnancy/lactation are physiological causes of not having cycles but since both factors are not possible thus one factor i.e. AGE [which is not mentioned] can be a factor because Menopause is one such cause of amenorrhea [no periods]
I stopped taking my Loestrin 24FE (birth control) two weeks ago and my readings were looking better 135/90, but now seem to be creeping back up 140/112 this morning. Yesterday afternoon was 153/101? I can tell when it is up because I do not feel so great. I am 38 years old and get out of breath from going up and down basement steps to do laundry. My husband wants me to start	

taking a low dose 25mg waterpill. The only other meds that I take is an allergy pill (Claritin only as needed, it is not in my system all the time. Would the birth control still be in my system and causing this high BP?

Hi Ma'am- first ma'am Holstein don't make any blood pressure fluctuations.- Golden rule in blood pressure checking is never measure your Blood Pressure when you are in stress, anxious, after extortion all work because it will always be a little higher than your normal BP- Measure Your BP minimum for 15 days and make a flow chart. Do check your BP when you are relaxing for 10-15 minutes. Get back to me with the BP chart then we will decide the further step. - Do monitor your shortness of breath, when does this happens, for how long duration - your height and weight also- Don't start with any of antihypertensive .

I stressed over losing my car which I believe was a cause of my heart event. Is this possible? I had two friends who died following rear-end collisions, hence my question, Thank you. Ross Janes
YYYY@YYYY

HI would like to tell you how our body works each and every organ is governed by the brain which works on two things physiology and psychology so if anyone elements get disturbed everything gets disturbed, so there is a chance that your heart attack could be due to this reason, but this single cause could not cause the entire list of event. In your case, some other problems like infection, or inflammation should be present, as you also required pericardial tapping. So as per my knowledge, you are facing some infection of the pericardium which is causing all these events. Hope I have answered your query. Let me know if I can assist you further.

I stroke it with my pants on(till just before I ejaculate)and in a lying position. Sometimes I get erect without even touching when I am in lying position. My erection goes softer when I open my pants and also goes away rapidly when I stand up, unless I keep stimulating it and doing it fast. Is doing it with pants on and while lying down a reason for this? I am concerned. To add, when I am with my girlfriend, even while making out generally over clothes, I get strong erections regardless of my posture. What is the cause of losing erection? I am extremely worried 2. I sometimes smoke marijuana. To be very honest, I do it in a very controlled way, like at a friendly get together or something. At MOST, I smoke it once or twice a week. Is this going to affect my sexual abilities in anyway in the long run? Does marijuana consumption have any effect on someones sexual factors? 3. What are the foods that I should have to last longer and have better erections? I have heard that some foods like banana, onions and salmon increase the length of ones penis? Is that true? If it is, considering my age(20) if I consume those foods more, will I grow? I have made A huge post. Please PLEASE PLEASE, reply to each of my questions. It will be of great help. I would like to add that I am still new to some things. I am a virgin and I havent yet been involved in any kind of oral sex with my girlfriend. All I have done is made out over clothes.

Hi, Masturbation is not the cause for your problem. 2) Masturbating in a peculiar position (Lying position with pant) is not a disease condition, its individuals desire. (I had a patient he was 25 year when he came to my office for consultation he had a peculiar masturbatory position that is he can maintain the erection and ejaculate only rubbing over hard post like objects), Your masturbatory habit may be like this, you adapted this method for your masturbation. 3) To maintain erection all men require mental stimulation and physical stimulation. Position change and anxiety reduces erection, it is also common. Regular practice make you comfort in all position.4) Marijuana - Long term regular use definitely affect your sexual health. 5) Do regular exercise in open air, take green vegetables, avoid consumption of Alcohol and smoking. 6) An adult male require 4 c.m length (Full erect length) penis is enough to satisfy a female, if you have more than 4 c.m penis forget worry about size. 7) No specific foods to increases the size of penis, some foods will help to produce testosterone (Male sex hormones).

<p>I supposed to have followed up with an ear nose and throat doctor but i havent because i have no medicaid and no money i have taken all my antibiotics and now im having headaches like everyday</p> <p>i take tylenol it works for a little then it starts hurting again what should i do is this something serious?</p>	<p>Hi Sherry, I understand your difficult situation but as we all know healthy is better than wealthy.</p> <p>There are five stages of the disease, and it is better to stop it asap to have fewer complications like your hearing loss, intracranial extension of the infection etched you finish the treatment with antibiotics as your doctor prescription? Did you have ear discharge or temperature? If the answer is positiver than consulting ENT doctor is a MUST. The disease has severe complications, and it is better to follow up than cure the side effects of the disease. Hope that helped</p>
<p>I take 50 miligrams of metoprolol twice daily, plus 25 miligrams of aldactone once daily.</p>	<p>Thyroid issue can cause the symptoms you described, the increase in heart rate and BP can be when thyroid function is increased, while cool spells and tiredness due to decreased thyroid function, however both cannot occur together. Its is wise to do free t3/free t4 along with TSH to exactly titrate your thyroid medication. Also, at 81 simultaneous essential hypertension is very common which may result in your blood shooting up, this needs to be ad .</p>
<p>I take it daily. I do not take metformin daily. My sex drive has dropped off to zero nine months ago.</p> <p>When I have sex, the quantity of semen is very less. Now when I go to the restroom, a lot of bubbles are created in the urine. It just started two weeks ago. My PSA is 3.1 and the urologist says I am fine. But, I know I am not fine. Please help.</p>	<p>Hello. I would like to know a few more details. To answer your query, Metformin has no role in reduced sexual It could be an early sign of proteinuria seen in diabetics. I suggest you get an ultrasound and uroflowmetry to check for your prostate size, flow rate and estimate residual urine. I suggest you also check your testosterone levels to look for the reason for your reduced sex</p>
<p>I take medication for epilepsy, 200mg lamotrigine and 450mg phenytoin daily but have been seizure free for a number of years. I have regular menstrual cycles and am not aware of any other fertility issues. I also take 5mg of folic acid daily. Should i be able to conceive naturally and have a healthy pregnancy?</p>	<p>HI have gone through the query and understood your concern. It is indeed possible to conceive under modern forms of treatment even while undergoing treatment for epilepsy. You need to have a proper clinical evaluation and plan further management. The anti-epileptic medication has to be modulated and changed to safer . Also, considering your age and health, it is better to opt for ART to save precious time. Please contact your health care provider for further information. Wish you good health.</p>
<p>I think maybe some nerve damage resulted and I am looking for relief to sleep better. My internist is suggesting 100MG of Gabapentin, and I am hoping not to have side-effects that I read about.</p>	<p>It appears that you have some to the nerves, in the hip area. It also may be due to the loss of supports near the nerves so having pressure from other sides and causing the pain. Avoid taking potato, other tubers, tomato, egg, chicken, and seafoods till the pain is relieved. As someone says you can use Gabapentin for relief. I usually prescribe to my patient with such symptoms neurotrophic injections for 10 consecutive days, and then periodically. Ofloxacin diclofenac sodium, and paracetamol. Wishing for a quick and complete recovery. Thank you.</p>
<p>I thought at one time it could be blood sugar lows or even some heart issues just wish I could find answers!!!!</p>	<p>Degree understand your concerns went through your details. I suggest you not to worry much. You went to a doctor, and he opined that you have anxiety issues. You did not accept that doctors version. Why? Are you not confident about that doctor? If so, consult another doctor. Make sure</p>

you are satisfied with his diagnosis. For that you find a doctor who is credible. Then ask him to diagnose you properly and accept his diagnosis. Make sure you are accepting it. Otherwise, you will never be satisfied with your health issues, and that will add up to your anxiety issues. If you require more of my help in this aspect, Please post a direct question to me in this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

I threw up 2 days after (due to stress)2. I have a faint pain in my lower right side of my back 3. Im bloated I just need to make sure to see if i need to buy a pregnancy test

Hallow Dear, Yes dear, pre-ejaculation fluid (pre-cum) does contain some sperms which can cause pregnancy. The pre-cum is deposited in the vagina unknowingly. However, from your narration it is not very clear whether you have missed your period, and if so, for how many days? Vomiting can be a symptom of early pregnancy after missing a period though, the other two symptoms you have mentioned are not characteristic of pregnancy. If you have missed your period, please get your pregnancy test done on the overnight first morning urine sample about a week after missed period earlier the test may report false negative. Alternatively you may opt for Beta test on blood 10 days after the last unprotected intercourse. I hope this provides you guidelines to resolve your query.

I took a CT scan and the result was Bulky left ovary showing well defined exophytic non enhancing cystic lesion extending to the pouch of douglas, measuring 3.9x2.4cm. Doctor has asked me to take Krimson 35. is there any problem in becoming pregnant

Hi there, I have understood your concern, I will suggest you best possible treatment options. Please do not panic. It looks like a functional ovarian cyst. Please fully trust in your treating doctor. Follow the Crimson 35 tablet course. Please repeat the USG after next menstrual cycle. Unless there is increase in the size or appearance of any symptoms, there is no need to operate on this size cyst. I hope this answer helps you. Thanks.

i took a ept test on 1/25/11 and it was negative on 2/5/11 i took another test it was positive. my question is what are the chances the man i slept with on the 18th is the father

Hi, Thanks for the query. I understand your concern. No chances for the person referred in query to be the father because-The sex was on 18th of Jan. which was 6th day of densest happens to be in safe zone.(ovulation the least possible in periods unless menstrual cycle is 20-22 days.) Pregnancy test gives reliable results after 8 days delay in menses. Both the tests were done earlier CSO not reliable. The + ve test on 5-2- 11 must be false +ve due to contaminated urine or container. Thanks.

I took a pregnancy test n it showed negative. Do you think that im pregnant n its too early to sho that i am or do you think its the birth control pill thsts stopping my period

Hi, -Any cyclical birth control pill is designed to avoid ovulation (& so pregnancy). The result of hormonal pills is 100%, provided they are taken as advice, at a fixed time. Not a single dose is missed. So possibility of pregnancy lies if you were irregular in taking the pill/ you missed pills midway. Please go through the information leaflet given in the pack of pills. It will solve any confusion. - The urine pregnancy test at the stage you did, is premature. The test can be +ve after 8-10 days delayed period. - At the moment, blood test will help you for a dependable result. _ If the blood is -ve/ you get delayed periods, please consult your treating doctor for any change in the pill, in case indicated. Thanks

I took ECP during withdrawal bleeding (as I stopped contraceptives). Will it work?2. Will this affect my menstrual cycle as I have not got my periods in my due date. I am freaking out.3. When should

<p>I go for pregnancy test to clear my doubt?</p>	<p>Usually the possibility of ovulation is less during with . But as you took the pill already, if at all there is any possibility of pregnancy, it can help. 2. Because of high dose of hormone in it, it can affect your periods. Sometimes after taking emergency contraceptive pill, you may see with</p>
<p>I Took Her To her primary on 1/9/15. He said take her to the er because it sounds like double pneumonia. Took her to er. Her o2 Stat was 82. They admitted her for CHF. They said she needs open heart surgery but don t know if she s a candidate because she has three leaky valves. What are her chances of surviving if she has the surgery. She is on 3 liters or O2</p>	<p>HI, Dear,thanks for the query for your mom, for her double pneumonia due to CHF.1-I studied your query in depth,2-In my opinion she had CHF and not double pneumonia, and is the cause for her breathlessness and low O2.3-Though technically doctors opinion is right, I would not advise open heart -as it's very risky to her life at her age and in the present condition. Still if the condition is stabilized after . 4-She would come out of this condition, but the risk is more, if the infection in lungs sets in.5-Hope You got the answer for your query on your moms ill health.6. Thnks for query to .7-Wellcome for more query if you need so.</p>
<p>I took it easy and resumed normal activity as instructed. On 2/8/11 a truck ran into the driver side of the van I was a passenger in. I was pretty shook up and banged up on right side. Will this affect the embryo?</p>	<p>Hi, Thanks for the query. I understand your concern. Any pregnancy is liable for abortion after severe accident in first three months. & more so in IVF. (which is an assisted conception, fertilised ovum is transferred in uterus with artificial hormonal support.) Only few pregnancies are saved after such mishap. I would advise for urgent consultation of treating gynecologist&usgto exclude or find any harm done followed by bed rest advised medication care. Thanks.</p>

Input	Output
<p>I took medicine pregabio - 75mg once daily with some vitamin an painkillers and was ok for almost 3 ys but recently again it started may its my fault t lifted water bucket. I started the same medine and i read some where that it puts on weight . I am 42 years nad putting on weight what should I do. I am 5 ft 3 inch and weigh 56. kg.</p>	<p>Retrolisthesis is just a descriptive term to indicate one bone is misaligned on MRI more posteriorly than it should be but does not tell you why this is happening. There are many reasons this can happen but the only treatment to correct it is surgical. However this happens to many people and most people treat the pain symptomatically as you have. There are many options besides pregabalin if you are concerned about the side effects. You should discuss this further with your prescribing doctor</p>
<p>I took Plan B on the 6th and is taking birth control till today. My question is, How high is my risk of getting pregnant? Whats the likelihood of sperms from vulva swimming inside? From your professional opinion, should I be worried? Thank you!</p>	<p>.There are chances , although rare, of getting pregnant as there might be discharge or pre-cum comes into contact of vagina. If you have taken birth control pills starting from your menstrual cycle, there is no chance of pregnancy. Plan B Luke emergency contraceptives has to be taken within 72 hours of unprotected sex otherwise it does not serve the purpose. If your regular menses is delayed by 5 or more days, you should go for urine pregnancy test. You may consult your gynecologist for same. Thanks.</p>
<p>I took the test 6 hrs after food. And the nurse said its a bit high for my age. My concern is does this level cause impotence. These days i feel my irrections are weak .and iam going to get married in few months.</p>	<p>Hi, dairy have gone through your question. If to take test after 6 hours of food then your sugar level is high. You should go for fasting and post prandial blood sugar. If you need repeat the test. If your sugar level is persistently high then you should start anti-diabetic . Your erectile dysfunction may be due to diabetes. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have any doubts then contact me at</p>
<p>i use heroin on a daily basis. I dont eat any red meat or pork and i do work out alot. please help me i eat alot of healthy foods and snacks. i do eat alot of junk food also</p>	<p>HDue to the increase in the CK levels, there will be less filtration from the kidneys leading to accumulation of fluid in the feet. As there is no venous return it indicates that kidney functions are being compromised. Having a kidney scan and laboratory assessment will help to understand the other factors associated. Medicine will be prescribed accordingly. Hope I have answered your query. Let me know if I can assist you further. Take care Jay In .</p>
<p>I used birthcontrol pills for 6 months and after stopping it in nov 2011 , i am not having my periods back.it is almonst 6months now. i went to doc and he did some blood test for thyroid . all came negative.doc prescribed me again birthcontrol pill for 2 months.he said if my period will not come back then i have to go for hormone therapy .so is it ok to go again for birthcontrol pill to start my period again??? i am so confused,pls help me.</p>	<p>It is OK to use birth control at your age to start having periods again. In fact, it is a good idea and may help prevent the possibility of uterine cancer later in life. However, if you desire pregnancy, you will obviously need to talk to your doctor about what the possible causes are for your periods not coming back (There are many possibilities, and you would need to talk to your doctor about how to figure out what your problem might be). Once you figure that out, you should be able to try and treat it with other medications that may help you get pregnant. I hope this answers your</p>

question, please let me know if you need any more information.

I used tablets to get my periods as per the doc advice. Doc advised me not to take any more tablets due to my health. From then i got the periods almost properly. 38days, 35days, 30days, 33days. July 3rd was my LMP. Due you think my periods are regular now. I am trying to get pregnant. Nothing good has happened till now. Any advice?

you were having irregular periods, and now you can say you are having 33 to 38 days cycle.these are also delayed periods treatment for infertility is a continued process and both the partners to be evaluated for you, it is to ensure that ovulation occurs and there are patent tubes in you.husband should have normal semen report and normal sexual activity in the perioovulatory period so that sperm can penetrate ovum, and you be pregnant please consult your doctor and follow advice and treatment till you get the result

I used to have much pleasure in masturbating. But Nowadays I dont find the same pleasure I used to have once and also I feel like Im losing sex appetite along with sex power. Is it a sign of impotence? Am I becoming an impotent? Btw, when I was on my teen age, I masturbated almost everyday then it lessened to 4 days in a week, then 3 days in a week, after then 2 days, NOW its only once in 3 weeks! Im getting a little bit of worried about my sex life. P.S: Im still a virgin guy.

I really appreciate your concern, masturbate is physiological phenomenon more precisely it can be a natural instinct, there are much disbelief and misconception regarding this, but that is all wrong, masturbate does not cause any health problem, only matter is taking care for trauma either physical or mental, otherwise it's okay, hope this information helps you, take care and have a nice day.

I usually have around 145/83. I am not tight in the chest, but feel slight numb on my left calf.as if I am wearing a tight sock there.

Blood pressure monitoring 2. ECG 3. 2d echo 4. Stress test. You may need diuretics and antihypertensive .

I ve been alternating with Advil and Tylenol. He also has been complaining of stomach pain on the lower right side. At one point in time during the day when i barely touched his side he moved away saying it hurt. I gave him more pain and fever medicine and now he just says his belly button hurts and his fever has hit an all time high of 104.4. Do I go to an ER or wait and call his doctor? What should I do?

Hi.he seems to be having a Viral illness. Giving more pain and fever medicine might not help if already . Please restrict the usage of medicine. Give only Tylenol & that too only if temperature is more than 101F. Sometimes NSAID like Ibuprofen can cause mild gastritis and pain in the tummy. If still pain is persisting after restricting to only paracetamol only, then get a consultation at the emergency room. Regards -

I ve had pnuemonia about 3 times in my life. Other than being overweight which causes me to have high blood pressure on occasion, there is no other health conditions. My lungs are burning and my chest feels heavy for about 3 days now. I cough once in awhile and when I do, I can taste mucous but nothing comes up. I am not feeling any other symptoms. I do not smoke. What could this be?

Hi Thanks for posting your query on .* chest pain needs to be checked, blood pressure need to be controlled by weight loss, diet and medication if needed.*Explanation: My opinion is that high blood pressure on many occasions is an indication for control. That happens on many levels. First, be sure that high blood pressure is not secondary to any other diseases as Cushing or renal failure. Then, Diet with low salt and less fat content is crucial. Exercise and other healthy activities are also a mean to control blood pressure. If all that does not help, medications are a must. That is usually decided by your doctor according to your condition and comorbidities. Some . Regular blood

pressure monitoring is as important as starting treatment so that we could assess efficacy of the medication we started. I suggest my patients the following : detailed history about chest pain electrocardiogram and some labs as cholesterol and uric acid. The information provided by you is not sufficient to provide a good opinion. If someone comes to me with this condition I would ask them about other comorbidities like diabetes, hyperlipidemia etc. *Conclusion: I suggest you consult your physician about your medications. Chest pain need to be checked. If you have any further questions I will be happy to help, If not, you can close the discussion and rate the answer. Wish you good health.

i ve had this diagnosis for years. i want to know, i have this feeling in my heart , sometimes it ll feel like it bursted into a million pieces, or that its sinking, sometimes it ll feel like a hole/empty space and sometimes i feel like its not even there. can it have anything to do with my diagnosis and is there anything i can do about it. i am suicidal and i m afraid of what im capable of with this feeling persist.

NIC ! Listen to me every person has some mental issue, so don't overthink and made it worst. Do you love sport join one, if your hobbies are dead make them alive, like dancing, singing, ? Music and sometime study too. Ok ! Do you take your medicine regularly. Some time this medicine you take for depression will give you suicidal tendency? So ask the doctor for medicine change, and do not completely depend upon medicine, do above I say. So I can see your smile again. Bye.

I ve taken Zithromax daily, received a Decadron shot at doctor s office, and take prescribed cough meds at night. My cough is not as productive as it was earlier in the week, AND my temperature has started to spike in the evenings. Should I return to my physician?

HAs you describe, it seems like you are suffering from an upper respiratory tract infection. Little laziness is common with any infection in our body. It can be well treated with antibiotics and antihistamines for a few days. For my patients with similar symptoms, I usually give antibiotics like amoxicillin+clavulonate(if not allergic to), along with paracetamol and antihistamines like levocetirezine for 5-7 days. Also avoid dusty/cold atmosphere. Avoid cold . Do warm saline gargles 3-4 times a day. Giving adequate rest to body and having a healthy diet with fruits and veges will speed up recovery. Thank you.

I wanna switch to Althea, another contraceptive but a pill . My Depo Trust was administered last May 9th of this year and its effectivity will end on August. I wanna switch to Althea. When will be the best time to start switching or taking that pill? Is it okay if I switch to a pill??

Hi dear, and thanks for your query. Most of the time, women should begin taking the pill on the due date of their next scheduled Depo-Provera injection. However, the specific start date for taking the new birth control varies depending upon circumstances, and some I may instruct a woman to begin taking the pill before or after that date. If you are going to take the birth control pill after the next scheduled injection date, you should talk to her doctor about backup methods of birth control or avoid sexual intercourse during that time. ALL THE BEST

I want to know if is possible to be preg again.

Hello madam, thanks for you worry.I want you to understand that at 36, you could very well get pregnant, however slight changes in the character (few days before the expected day or 3Å days flow instead of 4 or 5) of your menses or lower abdominal cramps do not signify a pregnancy. You should go for a pelvic ultrasound which may be able to tell or rule out any problem. Better still, you may talk with your gynecologistgoodluck

I want to shift to Cilnidipine instead of Amlodipine.Heard from many patients and clinical trials that Cilnidipine is useful in sympathetic nervous system hyperactivity as it is dual type CCB. I have that.

Will it be a good alternative to Amlodipine? Will Cilnidipine be equally efficacious in terms of BP control when compared with Amlodipine?2. Is there any difference in efficiency if I go for separate tablets of Telmisartan 40 and Cilnidipine 10 mg or single pill consisting of both is preferred? Can I take separately?

Hello. Regarding your concern, I would explain that Cilnidipine is a good alternative for treating hypertension, especially in patients with uncontrolled hypertension or after a stroke. It may be more effective than Amlodipine and with fewer adverse effects (less edema). You may use them (Telmisartan and Cilnidipine) separately or even in the same pill depending on how it is more convenient to you. Anyway, you need to discuss with your attending physician on the maintenance scheme and periodic follow ups.

I wanted to know how much time Methotrexate takes to low down those levels and I was wondering if we were a little hurried in taking the second dose so quickly.

H forum. I hope you had taken the Methotrexate dose under supervision only. The usual protocol is to check for a repeat beta hCG on the fourth day of taking Methotrexate. Early testing may cause undue anxiety and panic as it takes some time for the levels to come down. Moreover, a few times the levels get slightly elevated after a Methotrexate. So stay calm and follow the instructions of the gynecologist you are following. Just report to the emergency in case of any acute pain, giddiness or bleeding.

I wanted to know if it's ok to take this medication when I just found out that I have gallstone. Also, since I had my son three years ago I been having problem with my period.heavy flow, cramps and pain, and it last for 7 days.After that I start feeling that I m ovulating and the discomfort continue until my period start again.

Hi.what is the generic name of Apr21, and is it FDA approved? Personally, I am not against but I do not recommend taking in of supplements/medications if they are not FDA approved or hasn't passed the clinical trials recommended for approval. Majority of the medications/supplements we are taking in, whether with medical indications or none, will pass through our liver for metabolism, and kidneys for clearance. This may cause problems, maybe not now, but in the future. It is best if you consult with a doctor for physical examination and clinical evaluation first. Diagnostics and management (medical and surgical) will be directed accordingly. For gallstones, definitive treatment is cholecystectomy or surgical removal of the gallbladder. It could be done laparoscopically (gold standard) or through open technique. Low fat diet is also recommended. Hope this helps. Good day!!~ .

I was advised to take bed rest for three months and felt better after five months. Then I got some manipulation done with my lower back and my condition got worse. After that I had slight pain in my tail bone while walking and the pain got worse when I sit for five minutes. It got radiated to hips, thighs and it was worse when I stood up from a sitting position. Then I left with no option except bed rest for another four months that is a total nine months of bed rest. After that I suddenly started walking two to three hours a day in a stretch and started doing some exercises. After few days of getting my body too much into motion I felt my upper back getting stuck and again was unable to move and the pain radiated to my wrist and hand. Then had bed rest for another 10 days and felt a bit better. But, still in pain and resumed with two to three hours of brisk walking and exercises. I noticed that many joints in my body were making cracking sound while I walk or move my body and they were continuous. They are not going away no matter how much I move that joint, the cracking sound will repeat infinite times whenever I move my body. The cracking sound is mostly from lower and upper back, shoulder, ankle, foot fingers, knees also make that cracking sound and it is painful as well. Cracking sound in knees are felt more when I start walking after being in rest state and

frequency of cracking sound reduces after walking for two to three minutes.I got my ESR and CRP checked. They are normal, but there is a slight increase in lymphocytes and RBC. Now, I have been suffering from this continuous cracking sounds and pain in almost all my joints for more than a month now. I also suffer from severe pain in tail bone area. Also suffers from some sensation loss (not persistent) in left side of my upper left leg, pain in groin area (but not anymore), pain in lower back and upper back. Also a few days back a physiotherapist did some manipulation, which again increased my problem and after that when I wake up in morning both my hands are badly at asleep. Doctors say that discs are hydrated and it is rather some other thing which is causing me problems but are unable to diagnose. The amount of rest I have taken and all those manipulations have gone through have only done badly rather than doing any good. I am only 27 years old and unable to do simple tasks like sitting for five minutes. Please help me, what could be the possible reason for all this.I had some back pain three years ago. My lifestyle is also not good. I do not used to any exercise or walk earlier, only sitting on a chair in front of a computer for 10-11 hours. I have also gained weight of 15 kg in 10 months. Right now, I am taking only Vitamin D3 supplement. I am attaching all my reports for your reference.

Hello. I have gone through your reports (attachment removed to protect patient identity), but you need to provide me the following details so that I can help you better. Revert back with the asked information to a family physician online

i was also taking feliz s plus anti depressant tablet for 2 years but now from 2 months i was do not take it. some time i feel like panic attack but after few mnts. i feel normal. some time i take epitril md which was prescribed by psychiatrist. today doctor prescribed me tazloc 20 as well as my bp is normal. Please advice me and oblige. Regards

In that case, you need antidepressant like Felix and low dose benzodiazepine. If you take antidepressant regularly, then you would feel better and able to control anxiety attack. You can also try some relaxation exercise that would help to control anxiety symptoms. Better to consult your psychiatrist for proper treatment. In case, you need further help, you can ask. Thanks

I WAS BROWSING OVER THE NET IN SEARCH FOR A SOLUTION TO A PROBLEM MY SON IS 12 MONTHS OLD NOW AND CANNOT SIT .HE IS COMPLEATLY WEAK IN HIS UPPER ABDOMEN.HIS HANDS NECK AND BACK ARE ALL WEAK.THOUGH HE EATS WELL ,NEVER SICK AND LOOKING VERY HEALTHY . I HAVE TRIED SO MANY PEDIATRICIANS IN MY COUNTRY AND THEY TOLD ME THAT THEY DON T KNOW WHAT IS WRONG WITH THE CHILD AND ADVICE ME TO ASK FOR FOREIGN ASSISTANCE DUE TO THE LACK OF SUFFICIENT MEDICAL INSTRUMENTS TO TEST THE BABY IN AFRICA, DR,I AM GRADUALLY WASTING AWAY DUE TO MY BABIES CONDITION .PLEAS I NEED YOUR HELP.REPLY AND I WILL SEND THE BABIES PICTURES FOR YOU TO EXAMINE .THANKS WAITING FOR YOUR REPLY, GOD BLESS, STAY BLESS.

Hi Cameroon, I have read your question in detail and I know that you are very concerned about your child. By what you quote it seems that your child probably has cerebral palsy or neuromuscular disorder. In my opinion, you should do an MRI brain of child to confirm the diagnosis. Hearing assessment and vision assessment should also be done. Till all the reports come, you should do physiotherapy. Review back with above reports and some pictures of child. I hope this will help you. Wishing your child good health. Take care. Regards .

Input	Output
I was bullied twice by my friends when I was 7 and second time when I was 13. My parents had no time to love me and indulged in verbal abuse all the time. It made me feel even more depressed till today. I find pleasure in other ways that keep me alive. It is just a living and not a life. I am so very tired deep down. I have no one to talk to wholeheartedly. I feel lost and all by myself. I just want some affection and a person who understands me and lives through me. I feel incomplete. I have not consulted any therapist or not under any medication. Thank you. Please provide me with some peace.	
	Hi forum. Thanks for this query. You have mentioned everything about your history in details. I can understand your concern regarding your low mood. Hope my answer helped you. Regards.

I was diagnosed with higher TSH in July 2010 and have been on thyroxine (50 mg) since then. But the TSH level remains uncontrolled. Now gradually since two months I am experiencing depression, anxiety, palpitations, hair fall, mood swings and difficult PMS. My doctor has prescribed sertraline. What should I do?	
	Hi! Thanks for consulting with The normal range for TSH is 0.4 - 4.0 (mid/L). Having a high level of TSH is sensitive for primary hypothyroidism this means your thyroid gland is under-active. The spectrum of hypothyroidism includes several of the symptoms you are experiencing such as depression and brittle hair. Please let me know if you are experiencing any other symptoms of hypothyroidism - These include: constipation, weakness, fatigue, weight gain, . The anxiety and palpitations you are experiencing could be a side effect of an autoimmune disorder called Hashimoto thyroiditis which initially may present with symptoms of hyperthyroidism (due to follicular rupture) before progressing to hypothyroidism. Do you have an enlarged thyroid gland? I would recommend having a full thyroid profile work-up and consulting with an endocrinologist. Levothyroxine is a commonly used medication to replace the thyroid hormone you are lacking. The sertraline you are taking is a serotonin-specific reuptake inhibitor which means it will help treat your depression and anxiety, but has no effect on thyroid hormones. I hope this helps and do not hesitate to ask if you have any questions. Take care,

I was diagnosed with scoliosis when I was ten. Last feb I started getting really bad rib pains which a dr. once told me two year prior that I had sprained both sides of my ribs. So I thought that maybe it was just sprained again and as it would from time to time. Thie time it was stronger. I was on pain meds for it for months everday to alleviate the pain prob from feb- august. The pain got so bad that I couldnt sit, lay down, and breathing felt the worst. Breathing felt so sharp like someone was stabbing me. I couldnt sleep on my side felt like I couldnt breathe well and a sinking in feeling on the sides. I tried massaging it to see if it was so pain ha. What was I thinking I felt ten times worst. Taking a shower was a mission the pain was intense. Rasing my arms while showering seemed to have helped because there was less weight being put on me. The pain finally feels as if it has gone away. I couldnt do anything when I was like this. I would have to lay down and do nothing so that I could recover. The min I did something got worst. Im a very active person and I would love to go back to that. I havent carried stuff really due to this or been active. Is this my scoliosis getting worst or did I break my rib ?	
	<p>* There is definite pathology underlying which may be - rib fracture - ligament tear - severe Costco .</p> <p>* Lot many narrations have been there for the severity of symptoms but there is no indication of anything done to diagnosis it !* Strongly recommend getting x-ray chest and further requirement may be of MRI if needed.* Without diagnosis, cure is not possible . So get diagnosis and cure.</p> <p>Hope this will help you. Welcome for further questions. Regards.</p>

I was given fluids for dehydration , which also included cipro and pain medication. The doctor s diagnosis was kidney infection and I was given 1000mg/ day for 10 days. The problem is that I just finished a course of cipro (1000mg/day for 10days) 1wk ago. Is this normal to have to take a second course of antibiotics?	Hi thanks for your query. For severe urine or kidney infection recommended doses of ciprofloxacin is 500Â mg twice a day for 7 to 10 days. You can repeat the same after one weak but only after justify its indication as your doctor advice.it is best to take antibiotics as per culture sensitivity reports. If you are not benefited by initial empirical antibiotics' therapy. I think this give your answer
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i was growing very rapidly until last year. my height has only gained 1/2 a centimeter. is this because i masturbate. i have tried to control masturbation since 2 months. but still no effects	Degree understand your concerns went through your details. Please understand, masturbation is normal and natural, even animals masturbate. In any way, masturbation cannot affect your health directly. Therefore, the stagnation in your growth during the current year, cannot be linked with your habit of masturbation. Please do not link these two because such linking could cause unnecessary anxiety and obsession. You will grow in height. You have time up to the age of 22. Before that, any period, you will experience a phenomenon called growth spurt. During growth spurt, you will grow by almost 3 to 4 inches within a year. Concentrate on your education please. If you require more of my help in this aspect, please use this URL. http://goo.gl/aYW2pR . Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck. Take care.
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I was helping carry a fish tank and stepped backward, tripped on my flip flop and landed flat on my bottom. I was sore underneath my ribs for about 2 wks. My right side got better but the left is worse now. It hurts to take a deep breath. I can t turn to the left or right. Should I see a doctor or give my body more time to heal?	Avoid heavy weight lifting.2. Avoid strenuous exercise.3. Avoid bad postures in sleep.4. Take good painkillers and muscle relaxant. 5. Apply warm water pad to the affected area.6. Wear chest belt to decrease the movement of affected part.
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I was involved in an auto accident in 6/11/13 while at work. I was struck from behind by a Frito Lay delivery truck and a sedan. I went to the ER, and was referred for Neuro Surgery. Neuro surgeon referred me to a neurologist who conducted EMG / NCV which indicated Chornic Bilateral Radiuclaphty. I requested Lumbar MRI which reported small central disk bulge at L5-S1 area, and Cervical MRI which indicated C4-C5 of a small subligamentous disk hernation at left ventral touching cord. I have felt moderate to severe pain for almost 5 months. I am scheduled to see a Neuro Surgeon in 2 weeks. I had previous bad experience with pain management, and I am wondering if I should reconsider having surgery again for the back and most likely neck. Any feedback is greatly appreciated. I do have a workers comp & third party attorney working on case recently.Thanks	Hello Mr Robert, you mentioned that EMG/NCV studies indicated chronic bilateral radiculopathy. Is this report for upper or lower limbs? If it is for lower limbs, with your previous history of TGIF fusion for L5-S1 and present MRI showing small central disc bulge at the same region you need not worry about this as it is already a pre-existing problem. Do you have such a severe neck pain n articular pain in both hands incapacitating your daily activities now ? Do u have any difficulty in gripping things with hands or do u have any difficulty in combing your hair or buttoning n unbuttoning of shirt? If u don't have any of the above-mentioned, small ligamentous disc herniation at C4-C5 region, I always advise you conservative treatment in the form of wearing a hard cervical collar when u r at work, analgesics like tab diclofenac 100Â mg twice daily after food, one tablet pantoprazole 40Â mg on empty stomach in the morning half an hour before breakfast, a pregabalin
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tablet 75 mg per day and physiotherapy (IT) n one week of bed rest is advisable.

I was just wondering if tsh automatically rises with pregnancy and should I be concerned this pregnancy isn't going to work out either?

Hi there, I understand your concern, but TSH values being normal is a positive finding not to cause you more anxiety. TSH values do rise in normal and in persons who have had hyperthyroidism treated before. The radioactive iodine destroys the thyroid gland and thyroid supplements are required throughout when TSH levels go high, more so in pregnancy. You have linked your first pregnancy with high TSH to normalcy and thinking that your second pregnancy where you miscarried due to Low TSH, but that is not so. 1 in 5 of all pregnancies miscarry even in women without any medical condition, so we cannot attribute the lost pregnancy to thyroid. You need to make sure that the TSH levels stay normal in this pregnancy and that you get this checked three monthly at least. Hope this helps. Regards.

I was put on progesterone which helped it to stop. I got an u/s on May 24 and it came back that I have multiple small peripheral follicles on both of my ovaries. It says I may have PCOS. My FSH number was 5.3 and my LH was 13.6 when I had blood work on May 26. Do I really have PCOS? I'm scared that I have infertility problems.

Hi, as per your reports you are having normal FSH and high LH, and your scan report showing multiple small follicles on both ovaries, both are indicating the possibility of polycystic ovarian disease. Infertility can occur in PCOS because of an ovulation, but by taking treatment for PCOS you can overcome this problem. You follow the treatment given by your doctor, if having overweight try to reduce, don't take excessive stress about anything, as it can increase the severity of PCOS. Take care.

I was recently hospitalized for about a week due to severe left side pain, nausea, and vomiting. My GI doctor prescribed me prednisone but I haven't seen any change. I can barely keep any foods down and my stomach is very swollen to where I can't button my pants. It's hard to be in college and to constantly throw up all day. For some reason, the only thing that tends to stay down is crackers, but I can't see myself surviving off crackers for the rest of my life. Any advice? Please help.

The prednisone was to try to reduce the inflammation in the bowel by suppressing the immune response but if it is not helping there are other immune suppressant medications that can be used. You should go to your doctor for a review so he or she can change to medication to another that may be able to help you. There are over-the-counter agents that may help with the swelling (if linked to bloating) and the vomiting e.g. .

I was scratched by our cat yesterday and was bleeding. My question is do I need to have another anti-rabies vaccine for the scratch of the cat? Please help me and thank you very much Doctor.

In addition to wound cleansing & a booster dose of Tetanus toxoid injection should take at least two doses of anti-rabies vaccine in the deltoid region of the arm on 0 and 3 days. Hope this suggestion could be of help to you in getting the treatment at the hospital. Give your valuable feedback if convinced. Regards

I was testing my blood pressure with a new home machine and took hers, too. Mine was fine, but hers is 172/113! She has had high bp and is currently taking Triamterene W/Hctz 37.5/25, 1/day, as well as Amlodipine 5mg Tab 1/day. She is mostly physically inactive each day as her knees and back bother her from arthritis. She weighs approx. 170-175 and is about 5'6" and has been diagnosed with early Alzheimer's. Should I be rushing her to the hospital for nitroglycerine or something?

Hi! It's not an emergency, but her BP medicine needs to change. I would have increased the dose of Amlodipine to 5 mg twice a day. Or triamterene is not an effective antihypertensive, so it can also

be changed to telmisartan if BP is high. So you can discuss these issues with your local doctor.

She should have a healthy lifestyle like avoiding fatty, oily and high calorie diet. Have low salt diet and monitor blood pressure regularly thrice a day for one week then once or twice a week. Lots of green leafy vegetables, fruits, fish once or twice a week, avoid meat. Get her lipid profile and sugars tested once.

I was told that a pulse rate over 90 was bad, is this true and what does this mean. I took my blood pressure after I walked up 1/8 of a mile up a hill. Please explain my numbers.

Regarding your concern, I would explain that your BP pressure values and heart rate are within the normal limits. You should know that it is normal to have a higher heart rate during physical activity and walking. Catecholamines are released in your blood during these activities and responsible for a tachycardia. A pulse rate over 90 would be suggestive for a cardiac disorder, if it were permanent, and not just an episode. So I recommend you to closely monitor your blood pressure and heart rate different times during the day (in sitting position, after 10 min of total relax). If you have a permanent high heart rate, you should consult with your GP for a complete check-up (physical exam, resting ECG, blood lab tests). For the moment, there is nothing to worry about! Hope to have been helpful! Best wishes,

I was told that the nerves are being crushed. They want me to go for MRI tomorrow. I was also told that they would stick two rods in my back and two screws on top of bone and two screws on the bottom. What is the name of this surgery?? How long is the healing process because I own a car service and cannot be out that long of time because I will lose my cliental.

Hello and I have read your question and understand your concerns. The most probable diagnosis in your case is spondylolisthesis at L5/S1 level. Symptoms are caused by compression of your spinal cord at this level. MRI will give additional information about your concerns. The surgery to correct this problem is called posterior stabilization (spondylosis) with or without laminectomy. If all goes well, you should leave the hospital in one week and full or near full recovery is expected in six months. Hope you found the answer helpful. Take care.

I was vaccinated against swine flu in December 2009, the doctors that I've talked to believe that vaccination has triggered this. It is now proven that the vaccine caused many cases of this diagnosis. Today one person told me that she has the same sleeping problems as me. She has not been to the doctor to investigate these symptoms and therefore have no diagnosis. This woman claims she had her problems as a result of ECT treatment she got against depression. I myself have received several treatments with ECT because I also have bipolar disorder. Now I want to know if there is any risk to suffer from narcolepsy as a result of ECT. Is there any research in this area? I'm from Sweden and writes not so good at English so I apologize for all the errors, but I hope you understand what I wonder about. Sincerely, Ann-Charlotte

I can understand your situation and problem. But there is no connection between narcolepsy and ECT (Electron Convulsive Therapy). This is proven thing. So need to worry much for this. And yes, swine flu vaccine can trigger narcolepsy in many cases. Better to consult psychiatrist and start the treatment. Stress and anxiety are common risk factors. So avoid stress and tension. Be relax and calm.

I was wondering if I could know what could be the right treatment for the abscess not to reoccur.

The puss report seems to be normal everytime though. Please advise !! Thank You!

Hi, noted history of liver abscess and . Is your father experiencing any other symptom, such as fever, nausea, vomiting, abdominal pain? It is best if you bring your father to a doctor, preferably a general surgeon, for physical examination and clinical evaluation. An underlying pathology (infective or obstructive) must also be ruled-out. Diagnostics (such as ultrasound, blood counts,

liver function tests, blood culture, etc.) and management (medical and/or surgical if indications are found) will be directed accordingly. A course of proper antibiotic regimen (IV/oral form), accordingly with the blood and

I was writing a blog about 3 times a week, and I just didn't feel like thinking deep enough to make sense anymore.

Degree understand your concerns went through your details. I suggest you not to worry much. I suggest, instead of assuming and worrying about a physical problem, you should consult a physician. Furthermore, I do not see any cognitive problem you may have. But you should get answer to your question from experts so that your current anxiety is clear. Psychotherapy techniques should suit your requirement. If you require more of my help in this aspect, Please post a direct question to me in this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

I went back to the hospital a couple days ago and they ran blood tests and did an ultrasound but found nothing and sent me home. I tried to go to work today but went home at lunch because I was disoriented and nauseas. I am again very bloated. I am afraid if I go back to the hospital they will just send me home again. What should I do?

Causes of severe pain in abdomen after appendectomy can be due to ::Abscess formationIntestinal obstruction symptoms are suggestive of a complication of appendectomy and ultrasonography is never sufficient in such cases. Please get the CT scan done, insist on admission till you get alright. If the CT scan findings are suggestive of a complication, you may also require Laparoscopic or open approach second-look procedure (re-operation). This is sometimes life-saving.

I went in for a TORCH test where in I was detected IGG positive so my dr. told that may be I had an infection in the past so now I have been prescribed Rovamycin for 3 weeks along with Obimet and Fol Sys. I want to know that why have I been advised to take Obimet, I am not a diabetic niether i have PCOs but i am a little heavy on my belly and my periods are irregular.

Hi, To help you conceive. Although obi met is commonly prescribed to treat diabetes, however it is commonly prescribed to treat infertility associated with polycystic ovarian syn . Obi met helps in regulating the menstrual cycles and inducing ovulation (release of egg from the ovary) thus increasing your chances of getting you pregnant. It also reduces insulin sensitivity which helps you to lose weight. Continue taking it as prescribed. Hope I have answered your query. Let me know if I can assist you further. Take care

I went Saturday morning to an Urgent Care Clinic to try and get a prescription for ELLA. They would not see me. I should have my period on Wednesday or Thursday of this week. I don't know whether to try and go to a dr. tomorrow (hard to get into obgyn) or wait a week and see what happens.

Hallow Dear, Next Choice Emergency contraceptive is fairly reliable post-coital contraceptive pill. It does prevent pregnancy when taken within 72 hours of unprotected sex. It contains Levonorgestrel as active medicine in that. You should not be concerned about your BMI 29. It will act on you to prevent the pregnancy. There is no necessity of going for additional Ella Emergency contraceptive pills. These pills also are quite reliable post-coital contraceptive pills. Ella is an emergency contraceptive pill containing 30 mg of ulipristal acetate, a progesterone receptor modulator. It is effective for up to 5 days after unprotected sex. I feel you need not be concerned about the failure of Next Choice emergency contraceptive pills. For the confirmation, you may perform Beta test on your blood 10 days after the unprotected sex. Alternatively, you may wait for your menses. Since

you have taken Next Choice emergency contraceptive pills, your periods will be delayed by about a week or so. Even after week, you do not get periods, you may perform pregnancy test on the overnight morning first urine sample earlier these tests may report false negative results. I hope this helps you to get relief from the stress.

Input	Output
<p>I went through venesection two months ago to bring it down. From then onwards, on the advice of my doctor, I switched from injectables to gel (Testogel). Hemoglobin and hematocrit again went up and I had to undergo another venesection last month. I was also low on Iron (ferritin - 46). So, I started taking a lot of oral iron supplements (ferrous sulfate - 65 mg elemental iron). I took up to eight tablets per day for three to four days. Iron levels improved (ferritin 118 ng/ml), but hemoglobin also shot up to 17.5 (as per recent report).Questions:What do you think could be the possible reasons for fatigue that I have been facing since last few months?When I started TRT it took six to seven months for hemoglobin to rise from 16.6 to 18.5 while after I gave blood in the first blood donation, hemoglobin rises by similar points in 30 to 45 days only.MCV results confirm that the size of RBC's is increasing since I am on TRT, it means that the new RBC's have more iron. However, I have been continuously feeling fatigued before first blood donation till now.My iron stores (ferritin) is still towards low (74) as per latest blood test and I am currently taking iron oral supplements. Do you think that the fatigue symptoms will improve once ferritin comes in the midrange (150 ish)?</p>	<p>H forum. I would like to know as to why you are receiving testosterone replacement therapy. I know that you have mentioned that you have one undescended testis. But many men do not have any problem even when they have a single functional testis. Testosterone replacement therapy is given only when there are both low levels of testosterone in the blood (less than 300 ng/dl) as well as symptoms of low testosterone. Your elevated hemoglobin is a direct result of the increased red cell count due to the effect of testosterone. Testosterone replacement therapy is contraindicated in people with a hematocrit of more than 50. I would suggest that you speak to your doctor and discontinue the testosterone replacement therapy for a few months and increase your ferritin levels to 100. If your symptoms improve, you need to get your treatment plan reviewed. Thank you. For more information consult a hematologist online</p>
<p>I went to a spa treatment and the lady therapist after the massage gave me a blow job, and I am worried, and I asked management and tested that girl for HIV.2. Both HIV screening and western blot tests were done on the day after the blow job, and she got both negative.3. But in the worst scenario, what if she is recently infected and it does not show up in screening or western blot?4. And what are the chances of transmitting HIV through oral sex (getting a blow job)?5. My main concern is on first, second, and the third day I have a fever with chills and from fourth day loose motions and temperature continuing.6. If a person immune system is a week, do symptoms show from the first day?7. And how much percentage I am safe. I know it is a long question, but please help me out.</p>	<p>Hi . Do not worry about the percentage of transmission of HIV us very less through oral-genital contact. The rate of transmission in HIV positive patient through oral-genital route is 0.01 to 0.04 %.</p> <p>The risk of transmission is high in case of ulcers on the mucosa is active. Present symptoms may be due to some other viral fever or viral gastroenteritis. Few other viral infections like herpes or hepatitis or bacterial infections also transmitted through oral-genital route. So you may repeat the PCR for the virus after four weeks. Usually, it will be detectable between three days to four weeks.</p> <p>So take simple Paracetamol, Very less chances to be an HIV. Getting a blow job partner chances to get 0 to 0.01 %. But receptive partner (giving a blow job) chances of getting 0.0 to 0.04 %.</p>
<p>I went to my MD she states go to the gyno which I will. Overall what my I be looking at.</p>	<p>Hi . Thanks for the query. Ovarian cancer is not the first thing to think of. It is not so common in your age and usually some other symptoms are present. However, you should do ct scan or diagnostic laparoscopy considering your previous history. Your symptoms can more likely be sign of hormonal imbalance or Gastroenterology disease such as IBD. Wish you good health. Regards</p>

i wont able walk for last 3to4 years.	<p>Hi Thanks for your query. After going through your query I came to know that you probably are suffering from lumbar disc prolapse. It is confirmed by MRI scan. There are two treatment options.</p> <p>First option is Rest in position of relief(generally lateral position with both knee bend), NUROKIND GOLD ONCE DAILY and analgesics (Diclofenac three times a day after meals is effective).</p> <p>Sometimes strong analgesic(such as attract three times a day after meals) is required.</p> <p>OMEPRAZOLE before meals prevent acidity caused by analgesics. This method needs patience as it take longer treatment times sometimes up to 6 months. Second option is go for surgical operation(Discectomy). You can discuss with your treating Doctor about it. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care.</p>
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<p>I would always have numbness in my left leg and a little bit in my left labia. Recently I was helping my grandma readjust in bed and I felt like I pulled something. Immediately I felt a little bit of numbness in my right labia. Later on I started feeling tingling and discomfort in my right leg. I already scheduled an appointment with a doctor, but until then I am very scared if I damaged my bulging disk even more. Is there anyway I can have tingling in my leg and labia on the right side for any other reason rather than the herniated disk. Thank you vey much!</p>	<p>Hi Fairhope this msg finds u in good health. I have gone through your complaints and understand your concern. Tingling numbness can occur even if u have just strained your nerve. It always isn't due to slipped disc bulge. Nothing to worry about. Get a MRI done to find out what's wrong. Hope your question has been answered. If u have any follow-up queries, feel free to consult me anytime.</p> <p>Thanks Take care god bless hope</p>
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I would like advice to see if that is the right decision.	Wish you all the best.
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<p>I would like to at least reach 5\9 to 5\10. My diet is exceptional. I am taking a multivitamin, and I do not have any deficiencies. I am thinking of taking 1500 mg of Glucosamine because I read studies concluding that it may help a bit. Would you recommend glucosamine, or something else?Also, do you think I can still reach my height goal? I am worried that I may have stunted my growth. I have had insomnia, depression, and anxiety for four years now. This has affected my life considerably, and I am worried I would not grow to my potential height because of it. I also have not been getting too much calcium and protein because I have been avoiding dairy products. Should I be drinking more milk and if so, how much?</p>	<p>Hello. Your average expected height is close to 5\6. Best way to help increase height is doing stretching exercises three to four times a week for 20 minutes in a 30 minutes session. You can try Glucosamine for a year but if it is not helping then taking it beyond that may not help. You can try Protein shakes, Calcium 800 to 1000 mg/d and Vitamin D 1000 to 2000 IU/d supplements to avoid the deficiencies. I hope it helps.</p>
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<p>I would like to know about exercises, resume of office, and sexual activities after this procedure.</p> <p>Nowadays I walking in my garden about 10 mins. please suggest me about it.</p>	<p>Hi it takes 4 weeks for the heart functions to return to normal after plastering the first week patient should try to ambulate and walk inside his house and should start doing normal activities during the second week patient should walk about 100 meters a day a walk in garden and round the house is indicated in third week patient should ambulate 500 meter in a Darby fourth week he could start having sex and can start his all daily activities as were before angioplasty avoid lifting very heavy weights</p>
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<p>I would like to know that is it Ok to have sex and kissing during this treatment. Asl dont want spread it to my better half.</p>	<p>In the initial part of tb treatment, patient is infectious. So better to consult avoid sexual intercourse</p>
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and close physical contact like kissing with your better half in first two months of treatment. After two months, patient usually improves symptomatic with reduced cough, improvement in chest x-ray etc. So patient becomes non-infectious after 2 months of treatment. So if your cough is reduced, appetite and weight are increased and x-ray has improved then you can definitely do sexual intercourse and close physical contact like kissing. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

I would like to know what if i and my partner have indulged in an unprotected sex on the firstday of my periods? are there any chances of preganancy? 2. My periods are regular. Infact i get them 3-4 days earlier than the previous time. But the flow I get is very light. My periods last for only 2 days that also not with a heavy flow. I experience bloting on 3 n 4 day. I would like to know does the flow of periods matter in future pregnancy. Will I have probs conceiving as we plan to get married next year. 3. I and my partner had an unprotected intercourse on the 10th (sunday). I have taken an i pill on the 11th. I had previously taken an i pill 4-5 months back like in september. I would like to know whether taking an i pill in such time difference is safe or not? ALSO DOES I PILL OR UNWANTED 72 RESULT IN INFERTILITY LATER OR CAUSE COMPLICATIONS WHEN I WANT TO CONCEIVE. An early revert is appreciated! Thank you. Read more: Birth Control Forum - how safe is an i pill? WWW.WWWW.WW Follow us: @ehealthforums on Twitter

On the first day of your period, chances of a pregnancy resulting are zero.2. You should have a gynecological evaluation to know the cause of light menstrual bleeding. It could be due to anemia, thyroid hormone imbalance, tubercular infection of the uterus etc. Some women normally experience a lighter flow each month which is of no consequence.3. You should not take I pill casually, it will interfere with your normal period. That said, I pill or unwanted 72 DOES NOT AFFECT FERTILITY later on.IT does not cause complications in conception. So wish you all the best. Take care.

I would like to know what if i and my partner have indulged in an unprotected sex ones every month ? And take ipill or unwanted after sex wat harms can i have using these pills regularly once a month? 2. My periods are regular. Infact i get them 3-4 days earlier than the previous time. But the flow I get is very light. My periods last for only 2 days that also not with a heavy flow. I experience bloting on 3 n 4 day. I would like to know does the flow of periods matter in future pregnancy. Will I have probs conceiving as we plan to get married next 3 year. 3. I and my partner had an unprotected intercourse on the 10th (sunday). I have taken an i pill on the 11th. I had previously taken an i pill last month. I would like to know whether taking an i pill in such time difference is safe or not? ALSO DOES I PILL OR UNWANTED 72 RESULT IN INFERTILITY LATER OR CAUSE COMPLICATIONS WHEN I WANT TO CONCEIVE. An early revert is appreciated! Thank you.

Hi Thanks for using Pill is a progesterone based medication and it is effective in preventing pregnancy when taken within the recommended time period of less than 72 hours following intercourse. Ipill being a progesterone, has the potential of altering menstrual flow both by volume and duration. However, this is just temporally and gets regularized after a couple of cycles. Occasional in take of Pill has no effect on fertility. However, persistent in take for years could suppress ovulation that would take a long time say up to six months and even above one year before coming back. With absence of ovulation, you will definitely be unable to get a pregnancy. Unprotected intercourse is a risk factor for sexually transmissible infections such as HIV, herpes,, hepatitis B virus and HPV which is associated with cervical cancer. Hope this helps you. Best regards .

I WOULD RATHER NOT WAIT UNTIL AGE 80 BEFORE REMOVAL .	<p>Hi, Surveillance is mostly used for small tumors in elderly. Since you fit in to that category they have advised you the same. You can be on surveillance for as long as you want. Usually the benign tumor will not grow faster than 3-4 mm/yr. However, if there is any rapid growth you will need intervention. Robotic surgery is one of the mode of treatment and there is no strict size criteria for selecting the patients for surgery. It depends on the surgeons skill and experience.</p> <p>Radio frequency ablation is one of the option but since your tumors are small, it will be difficult to target them.</p>
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<p>I would say in very good health except for a knee problem. I started with a uti on vacationing in Florida and started on Sulfa, as I already had some. As it didn't seem to help, which is surprising, as it always does, I went to my family Dr., of whom I also work for. He said my urine was clear on the scope. A culture was not done. He therefore put me on Flagyl for diverticulitis, which I have had before and actually went to the ER in Fla. last year while vacationing. I have been on Flagyl for two days now and I still have fever, aching everywhere and being lightheaded and nausea. I took my blood pressure and it was 97/78 with pulse of 148. My blood pressure is usually much higher than that, as I have BP meds to take. I took it again, thinking it was a mistake and it was then 100/76 with pulse of 145. Wondering if this could correlate with anything else? I am now drinking a bottle of gatorade in case electrolytes are out of whack, as I have not had an appetite at all. Would appreciate your opinion. Thanks, Penny</p>	<p>Hello Penny! Welcome on ! I carefully passed through your question and would explain that would explain that your symptoms seem to be related to an infection. It may be a complication of diverticulitis, or any other type of infection. But the fact that your blood pressure is low, and you have tachycardia indicates a serious medical condition. For this reason, I would recommend going to the ER for a physical exam and some tests: - a chest X-ray study- an abdominal ultrasound-complete blood count, PCR, ESR for inflammation - kidney and liver function tests-blood electrolytes. You may need to take antibiotics and intravenous fluids. Hope to have been helpful! Kind regards,</p>
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<p>I am feeling very afraid, what should I do to get pregnant in the 1st try after 8 years of medication, I feel fed up with life. I beg of you please help me. Karim</p>	<p>Hi, I would suggest you to undertake a few investigations like TSH, OGTT, ovulation monitoring. If all normal then chances of conception with GU are high. If abnormal the above i.e. metformin and thyroxine will require dose adjustment. In case you are not ovulating you will have to start at a low dose 50 mg daily for 5 days from day 5 to day 9 of cycle, also give your husband folic acid daily for 3 months to improve sperm quality. Take care all the best.</p>
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<p>If a brain is dead, can the heart continue to function for a long period of time? In this case, I think it had to be 20 minutes from the time of the accident to the time the ambulance arrived at the ER. 2. Wasn't termination of further medical assistance really up to the next-of-kin? I'm just looking for a simple explanation or non-binding opinion. Any assistance on this matter that you could extend to me would be appreciated. I have to go visit my aunt on Tuesday and I'd like to have these answers so that I go with some peace of mind before I see her and make her more upset than she already is. Thank you for your time and help.</p>	<p>Hi, I had gone through your question and understand your concerns. If your cousin is diagnosed with brain death (there are examinations that determine it, EEG, cerebral and brain stem reflexes absent, etc.) then his heart can beat for an indefinite time if there is medical support, if no heart will stop soon. The time that human brain resists without oxygen is 3 to 5 minutes, beyond this time (without blood and oxygen) happens brain death and if the diagnosis is correct there is nothing to do to help him. Sorry I have to say this. Hope this answers your question. If you have additional</p>
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questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions.

if i gave birth to my son 18 months ago by emergency lscs, and got infection(had been hospitalized for 23days before admitted), how many years do i need to wait before get pregnant again? 2. if sometimes i feel stomach pain, it is related to lscs?

Hi, thanks for writing. It would be better to give a gap of minimum 2 years before the next pregnancy. In the next pregnancy get a regular close monitoring to see for scar and fetus. If you have a lower abdominal pain, irregular census or pain over the stitch, it could be due to the previous LSCS. Hope I have answered your queries. Feel free to ask ant doubts through <http://doctor.com/doctors/> . Good day.

If I go for 14 root canal redo (no pain now) - If it fails, then extractions - implant 2. Tooth 13 extraction and go for implant ? or Both at the same time I heard Immediate loading implants ? Will it work in this case. Thanks for your time

HI prefer you to consult an endodontist for both teeth, as the 13 if you have sound roots even witplete destructed crown structure, it can be saved by endodontic posts/endodontic implants too. You have silver posts in canal of 14 which makes tooth repeat RCT difficult.sorry I cant view your RADIOGRAPH. After the endodontist suggestion you can go for treatment in both teeth.if he suggests extraction, then yes Implants are the best option, in anterior teeth you can have immediate loading also. But it is always preferred to be loaded later after osseointegration of implants to increase its success rate .take care.

If I had an episiotomy over 25 years ago and where the incision ended is right at the entrance to my anas . there has always been some extra skin there. It has always bothered me, but I m wondering if it would be easily removed. If I pinch it there isn t any feeling there. 2. I have a hard moveable lump just above my elbow and it has grown a little in the last month. however, I ve had it there for many years. What could it be?

Hi, dairy have gone through your question. You should go for examination for episiotomy skin tag or other mass. Your elbow mass can be lipoma, neurofibroma or dermatofibroma or some other tumor. You should go for FNAC or biopsy of that lump. It will give you exact diagnosis. Then you should take treatment accordingly. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

If I had intercourse with guy A on May 23 and guy B on June 5, who is the father? Is two weeks difference enough time to be able to tell this? I also have had irregular periods and only have ultrasounds to go by, is the information given to me by an ultrasound accurate enough to determine paternity? THANK YOU!

Considering this date, you should have your last menstrual period somewhere around 05/20/2010. Considering your menstrual cycle of 30 days, your likely date of egg release would be around 06/06/2010 since the egg release takes place 14 days prior to the next menses. The life of egg is 24 hours while the sperms are active for 72 hours. Hence, the possibility of the father seems to be guy B with whom you had intercourse on June 5, 2010. However if you want to assess the paternity for legality purpose, you will have to get DNA test done. I am sure this solves your dilemma.

If I stop opr reduce whisky, will my SGOT and SGPT come down? 2. What medicines I need to take to further help reducing these levels and reduce acidity?

Hi . Previously your cholesterol level was high. So you might have fatty liver or gallstone like condition at that time. Continue daily exercise that you are doing. Yes alcohol stoppage is good . It might improve your report. Perform USG . If fatty liver or gall stone present then AdÃ-lio tablet can be taken. Along with exercise, healthy dietary habit also adopted. Take less fried foods. Refined

food avoided. Trans fat like junk foods, cheese, butter restricted very less. Use less oil in cooking.

Good oil like sunflower oil and canola oil useful. Take good food for liver like. Carrot, Indian gooseberry, spinach, dandelion, lemon juice, onion, avocados etc. Hope my suggestion will be helpful to you.

Input	Output
<p>If I stop taking this talbet, I feel inconvenience in passing urine. Therefore kindly inform me whether there are any side effects in long term use of tablet flotral 10 mg ?.</p>	<p>Hi,Flortal-10 is an alpha-a . Generally, it is well tolerated by most of our patients however on long term use it may cause nasal congestion, postural hypotension (fainting or ligHi Theadedness when getting up from a lying or sitting position), increased heart beats, and painful or prolonged erection of the penis. You must inform your urologist if you develop these side effects. Hope I have answered your question. Let me know if I can assist you further.</p>
<p>if iam move to Ayurveda treatment is there is possible of any side effect to my mother? 2. else iam may continue both the chemotherapy as well as ayurveda treatment is this possible to my mother since my mothers age is 60 years old? plesse give me a solution to me. if there is some other treatment like radiotherapy is good for my mother to cure the Cancer plz give me some good solution because iam in total confusion.</p>	<p>Cancer has spread to lungs and rib cage, Metastasis is there, which itself means grave condition, thus prognosis is not good.2. This is stage IV of CA and whether TNM Classification was done?3. Were Tumor Markers test carried out, and whether they find out that CA is hormone positive or negative?4. Any family history?, her lifestyle, any addiction, use of OC pills, Weight, diet rich in fat?5. At this age and stage apart from medicine she needs emotional and group support6. Ayurveda medicines can be given along with Chemo/Radio-Therapy which helps in slowing the progress of the Tumor., you can contact with an Ayurveda Physician there for the same.</p>
<p>If its just a pinched nerve then how long would the numbness typically last. 2. from looking at the information on the web is it possible he had a Sporadic Hemiplegic Migraine (SHM) and if so how long does the numbness usually last in those cases. 3. Does the Chiari have an effect on the nervous system after an injury. The web seems contradictory in this area. 4. Can a stroke or mini stroke be associated with a minor neck injury. 5. How do we know if the chiari is affecting his nervous system. My son is a college football player and its a big part of his life. So this has the family very concerned.</p>	<p>Hi, I passed carefully through your question and would explain that your sons symptoms could be related to a possible stroke. Regarding the pinched nerve in the neck, it would also cause irradiating pain in the arm, triggered by neck movements. So, I don't think this is the case. Besides, it would be signs of spinal canal compression or stenosis in the cervical spine MRI study.</p> <p>Regarding the dots in the occipital lobe, there is a special sequence in MRI, which is called DWI, which can differentiate if they are acute or old. Regarding Migraine, it could be migraine if the numbness recovered within 72 hours, but it is usually associated to motor deficits too. The Chiara malformation can trigger headache and neck pain during an injury, but it usually causes chronic signs like headache, dizziness, gait imbalance, etc. It does not lead to such acute clinical situation. Anyway a follow-up every 12 months with brain MRI is necessary to see if the cerebellar tonsils are in the same position or if there is presence of siringomyelia (which is a common complication of Chiara malformation). You should discuss with your doctor on the above issues. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>if my embryos transplant did not occur, should i be having my periods by now or some thingelse???</p>	<p>Hi If embryo transfer was done in same cycle after ovum pick up then you can do beta on 12th day, counting day of ovum pick up as first day. Kindly mention in detail which day ovum pickup was done and which day embryo was transferred. Beta becomes positive about 12 days after egg retrieval, 9 days after a day-3 embryo transfer and 7 days after a blastocyst transfer, the woman</p>

should have a quantitative beta blood pregnancy test performed. Urine test will be positive only one week after serum beta . If you don't get pregnancy you'll get periods. All the best.

if this can be cured 2. what all precaution need to be taken. 3. Is the power increases as she grow
4. What could be the reason. 5. Is it curable. when i asked my doc. He said NO. Please let me know your opinion. She does not have bad medical history. She is a well child.

Your history suggests that she is suffering from pathological myopia. He can use Spectacles till she is 18 years old. After that she can undergo Last surgery for correction of myopia. Hope this answer will serve your purposeless feel free to ask any more queries if requiredTake care . V.
Subrahmanyam MDDisassociate professor of pediatrics

If you were to get pregnant during that time, your due date would be Wednesday, June 27, 2012.
So with that all said, Do you think I should go to the doctors to check my self out? I am in so much pain I think its a UTI but I dont know. Please Reply to me.

HIT hanks for posting your query to . It is always better to get checked by doctor if problems are severe. Yes the possibility of UTI is high, but other causes like infection of intestine, Appendicitis, Kidney stones have to be ruled out. For that you need to get Ultrasound Abdomen pelvis and a urine routine test done. Get these test done and revert to me with reports. Hope this information was useful to you. Any clarifications feel free to ask.

Ihave had Acute renal failure, diabetic mellitus in 2005. I have high BP and I am taking
Atenol,ramipril,amlodipine, losartan besides diuretic.

Dear Patient, there are some report on increased serum creatinine taking glucoside. However, the mechanism is unknown. May be only an immuno-allergic mechanism as often happens in interstitial renal diseases. I would try to hold the medication and come back to insulin for a while (1 month) in order to observe if kidney function goes back to normal. How much was it elevated compared with the baseline? Do you have a nephrologist? Let me know

ihaving a very bad toothache in upper rightjaws wisdom tooth. my doc has prescribed mucopain ointment and novaclox 500 mg three times a day for 4 days. are both the medicines safe? this is my second pregnancy. i hv a girl child. i dnt have any other health problem. doc will extract the tooth in the 4th month of my pregnancy.

The Inovalon is a combination of amoxicillin and oxacillin, you can take this during pregnancy, these . You can take topical McCoppin ointment also. But If I am your treating doctor, I would have advised you to take plain amoxicillin and paracetamol. Once you complete your first trimester, get the tooth removed under local anesthesia. Do saline gargling and do not use mouth wash. I hope my answer will help you, take care.

Im 17 and i have never really been able to talk to my parents about things like this and i want to tell her that i think i may be bipolar but im scared she would tell me that im being stupid and i dont have it. im obviously not asking for you to diagnose me over the internet (that would be impossible) im asking if you could tell me what would happen if i go and see my local GP and tell them that i think i have bipolar? would they reffer me to someone else? or would they be able to diagnose me and prescribe me medication then and there?

Degree understand your concerns went through your details. I suggest you not to worry much. I sincerely think you are misguided by internet articles. Your symptoms may suggest that you have bipolar disorder. In actuality the extreme aggression and low mood states can be seen in so many teen aged people just because of their role confusion, low self-confidence etc. You must tell the symptoms to the GP. Bot that you have bipolar disorder. GP is supposed to diagnose you.
Secondly, before going to GP make sure that you are not exaggerating your symptoms. If you require more of my help in this aspect, Please post a direct question to me in this website. Make

sure that you include every minute details possible. I shall prescribe some psychotherapy techniques which should help you cure your condition further. Hope this answers your query.

Available for further clarifications. Good luck.

Im a female, and I was wondering if any of these things can cause pain in the chest and breathing disorders. A recent blood test for life insurance shows Im okay in all ranges, cholestrol etc.

Respected user, thanks for using .come have evaluated your query thoroughly.* Scoliosis if severe can lead to chest pain & breathing disorder as chest is deformed in shape Minor scoliosis is not related with that, in which case you have to be evaluated for the reason clinically and if needed x-ray, pulmonary function test or other Hope this clears your query. Welcome for any further assistance. Regards.

Im a male with 40 years old.

Hi, dairy have gone through your question. You have high GOT and SGPT as well as high cholesterol levels. You should avoid alcohol completely. Take low fat diet with high protein diet. Your cholesterol levels are high. You should take low fat diet with high amount of polyunsaturated fatty acids. Repeat your cholesterol level after 3 months. If it remains high or increased then you should start

Im am currently 19 years of age and now I have a sharp pain right below it to the point that it hurts to breath and I cant take full breaths. It also feels like my heart beats fast sometimes. Please help!

Hi thanks for asking question. If you have history of trauma then muscular strain or tear can lead to chest pain at lower part. If you had done heavy weight lifting or any unusual activity then pain can also occur by strain of muscle. The blunt trauma can lead spleen injury and pain can be there.USG done for it. If ribs tender to touch and painful Costco . Rest needed and analgesic can give. If still no cause clear x-ray done for rib fracture identification. If fever present then chest x-ray done for rule out respiratory pathology. Take care

Im currently taking Metformin(1000 mg/twice a day) and an insulin called Levemir(17 units in the morning), yet im still reading high. Is there anything I can do to bring it down? Second, I was sexually active on February 27 and I havent gotten my cycle since Jan 26. They have always been irregular, but not to this extent. Ive taken about 10 at home pregnancy test that all read negative as well as a recent blood test that read the same. Ive been having pregnancy symptoms and still no cycle. Could this be related in any way to diabetes or am i missing my cycle because it was my first sexual activity in over 11 years?

Diabetes is a metabolic disorder affecting multiple systems. Obesity is one of the commonest cause of type II diabetes mellitus. Obesity can affect the endocrine system and hormones, which has at present resulted in loss of menstrual cycles. It is not related to sexual activity.2. Control of blood sugar and HbA1C reading requires. Weight control within normal range. Controlled diet of carboy . Additional insulin needs to be added to control blood sugar. The medication at present is not titrated adequately to diet and insulin resistance.c. Moderate exercises. d. Metformin is already high. Other oral hypoglycemics to improve sensitivity and insulin production needs to be added.3. Once diabetes is under control and weight reduction is initiated, the menstrual cycles will start. The poor control values at present are serious and can cause both acute and chronic complications, particularly naturopathies, nephropathy and retinopathy. Its serious issue. Meet your dietician and dietitian to control blood sugar. Follow the medications and diet religiously. Hope it helps. Any further queries, happy to help again.

Im experiencing dizzines and Im having difficulty in concentration. What type of anemia am I suffering?

You are having anemia. This is causing dizziness and fatigue resulting in difficulty in

concentration.2. Complete red cell indices or peripheral smear is necessary to identify the morphological type and the cause of anemia. Based on RBC count and hemoglobin level it appears to be microcytic anemia.3. Take It B12 and folic acid supplements and also increase in diet through fish, egg, pulses and green leafy vegetables. It should improve soon. A reticulocyte count test after 15 days can show if it's improving. Hope it helps. Any further queries, happy to help again.

Im fairly athletic, and im a competitive swimmer and i sometimes go to the gym. is this a big concern for me?

You are right, that blood pressure reading is not normal in your case. But you should not be panic over 1 reading. Sometimes the technique of checking the blood pressure and even the apparatus may be faulty. Other times the person may be anxious while his blood pressure is being checked, or he might have climbed a set of stairs and suddenly opted for checking the blood pressure without taking some breaths. Anyhow, keeping all the possibilities in mind you are young and that blood pressure reading cannot be accepted as a normal for you however this high-normal blood pressure can be managed without medications by trying lifestyle measures first. I recommend checking blood pressure at home at least 4 times a day and keep a record over a week, if still getting the same readings above normal average then correlate with the physician as further workup may then be necessary. Regards.

Im involved in sports and there is a dull throbbing pain on the left side of my chest in my heart area. It has been there for several days and comes and goes randomly. I have no shortness of breath and the pain doesnt spread or get worse with breathing. Any ideas?

Throbbing chest pain is mostly due to musculoskeletal cause. But better to rule out cardiac cause first because left sided chest pain is the common presenting complain in heart diseases. So get done ECG and 2d echo first. If both are normal than no need to worry about cardiac diseases. Possibility of musculoskeletal pain is more. So avoid strenuous exercise and heavyweight lifting. Avoid movements causing pain. Avoid bad postures in sleep. Start painkiller and muscle relaxant . Apply warm water pad on affected areas. Don't worry, you will be alright. Hope I have solved your query. Wish you good health. Thanks.

im so confused all the time. i forget things even right after or even during what ever im doing. i also seem to regress and talk like and act like a child and im not sure why it happens. i will know what an object is but cant seem to get it out it comes out wrong. i forget where i am. my question is dementia runs in my family along with heart disease and cancer. how do i know which thing it is.

Hello thanks for asking from It is common to develop cognitive impairment after trauma to head and level of impairment depends upon severity of trauma. You have developed symptoms immediately after trauma and there is history of dementia and cardiac problems in your family, this increases the risk of cognitive impairment. This is also called as Post Traumatic Dementia. I would advise you to visit a psychiatrist for management of dementia. Cognitive enhancer . These

Im taking Thyrox-25 & Amlapres-AT25 regulary. Kindly advice me,how can I control my SGOT & SGPT levels. Im 52 yrs old & weight 56. No alcohol,No smoking.

HRRegarding your concern, I would explain that your increased levels of SGPT and GOT are not related to your current therapy. Coming to this point, I recommend performing an abdominal ultrasound in order to examine your liver and biliary tract. It is also necessary for performing further blood lab tests (Bag, antiphon, anti HCV, immunoelectrophoresis). Hope I have answered your query. Let me know if I can assist you further.

im very slim (size 6) so lumps n bumps are noticable, also im fit and healthy. could you tell me what this could be? thank you

After meticulously studying your facts and your concerns following possibilities need to be

considered in coming to its diagnosis -In my opinion this painless, movable lump needs more info for its perfect diagnosis.Hence, I would advise USG study of it for its perfect diagnosis. Clinical possibilities which could be thought of is -Spiegelman hernia/ post-operative scar hernia.It's very difficult to think of other probabilities as the facts are very scanty and hence I would advise you to consult an ER Surgeon, who would work out the clinical check-up and would fix its diagnosis and its rightful treatmentDont worry and go ahead as suggested to resolve the lump issue of yours Hope this would give you confidence to plan treatment with your doctor on your next visit, which you should plan definitely. Feel free to ask any further query in this regard to and to ME. Write excellent review if you feel satisfied with this reply, which would help my rating for the benefit of the other patients. Wishing early and fast recovery for your lump. . N. Senior Surgical Consultant. S. Genl-CVTS.

IMDUR 60 ONCE A DAY, 2. PINOM A20 TWICE IN A DAY, 3. RANOZEX 500 TWICE IN A DAY, 4. STARPRESS XL50 AT NOON, 5. ROSUVAS 40 AT NIGHT, 6. CLOPITAB A 150 AT NIGHT7. AMARYL M2 AT BEFORE MEAL, 7. VOLIX 0.3 MG BEFORE MEAL. MY BLOOD SUGAR FASTING - 110 PP 180 . SOME TIME PARTICULARLY AT THE TIME OF BRISK MORNING WALK I FEEL HEAVINESS IN THE CHEST, ALSO AT THE TIME OF UP STAIRS. PLEASE LET ME KNOW SHOULD I CONTINUE THESE MEDICINES OR MAKE ANY CHANGE ? MY MAIL ID IS YYYY@YYYY . PLEASE ADVISE ME ACCORDINGLY. THANKS.

Hi, thank you for providing the brief history of you. A thorough systemic assessment is advised. As due to diabetes the body is little slower than expected. The medication taken by you are to control the blood glucose levels in the blood there will be slowness in the metabolism. Which may lead to make you feel such heaviness. Usually there is nothing wrong with you except the slow metabolism. As time passes everything will be fine. RegardsJay In .

Input	Output
<p>Immature granulocytes are 0.04 with metamyelocytes, myelocytes and promyelocytes. WBC is in the high normal range at 10.2. My doctor is out of town and can't speak with me for over week. Thank you, Jude</p>	<p>Hi, I have gone through your question. Your red cell distribution width indicates variation in size of RBC. It is normal. No need to worry about that. Your WBC count is at high normal range with few premature cells. You may have some infection. You should take a course of antibiotics and repeat your total WBC count after a week. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>Immotile - 0% 2. Total Motility (PR+NP) - 5% Progressive motility - 25% Non progressive motility - 70% Total Abnormal Forms (Krugers Classification) - 30% a. Abnormal Head forms - 15% b. Mid-portion abnormalities - 10% c. Tail Abnormalities - 5% Spermatogenic cells - 1-2/ml Pus cells - 1-2/ml RBC - 3-4/hpf</p>	<p>sperm density is normal. We need only 16 million /ml². Motility. Rapid progressive motility is below normal, but moderate is ok. Morphology of sperms seems to be normal. Another findings are prolonged liquefaction. I suggest your husband to consult an . If so treatment can be taken sperm density, motility and liquefaction might improve. Need not worry about single report. There will be variations always. A repeat analysis after 2 months can be done. Hope my answer helps you. Regards</p>
<p>In 2003 I had a partial hysterectomy . 1/2/2013 I had to have another procedure done this time everything removed pelvic cyst wall left tube and ovary pelvic cyst wall and right tube and ovary including my appendix. My Dr. Stated I had an eight inch mass going inside of me and the mass had wrapped. Its self around my intestines large/ small bowel. I am now so afraid of what's to come next. I get all this advice from people until I do not know what to do. Use the patch- the cream- the pill or go natural. I feel as if someone just threw me off a cliff and I cannot stop. The night sweats are horrible and I am not the best person to be around. Why my Dr. Did not detect them when I had my annual!</p>	<p>Hello Tisha, what I could get from details given by you is that both of your ovaries have been removed in the last surgery you underwent. Terrible night sweats experienced by you are probably part of post surgical menopausal symptoms, other related symptoms are hot flashes, . You may discuss starting Hormone Replacement Therapy for relief of your symptom/s, with your gynecologist, after evaluating about the pros and cons of the therapy. Take care.</p>
<p>In 2008 I had shoulder surgery. In 2010 I had a spine fusion in my neck. I have been thru every avenue for pain management. P.T. holistic. etc. I deal with chronic pain and am at wits end with it. I no longer have insurance and my local clinic does not dispense pain medication. I am unable to work and am waiting for a disability claim to run thru the SSI red tape. Is there anywhere I can go to get relief?</p>	<p>As per your problem I realize you have multiple issues here I suggest following basic treatment like have anti-inflammatory and painkiller . You can also use hot and cold pack to reduce the inflammation with soft tissue relaxing effect. And if still have too much pain then you should take a visit of one of your doctor who has operated you and check with them what to do after doing needed test and seeing the reports One more thing have more of omega 3 in your diet it is natural anti-inflammatory so will help you to recover. Take care.</p>
<p>In 2015 I weight 215 and was 29.</p>	<p>Hi there, I have understood your concern and I will suggest you the best possible treatment options. First do not panic. You are right in judging that increased weight can be one of the factors</p>

that can affect reproductive hormone system. Please opt for a healthy diet and regular exercise regimen. Include more portions of fruits and vegetables and salads in daily diet. Avoid refined sugars and deep-fried foods and bakery products in the diet. Please check height for weight, body mass index should be around 23. To know about the ovarian status, FSH LH AMH and prolactin levels should be done on day 2 of the cycle. Post menstrual HSG Hysterosalpingography, will be of help to know about the patency of the Fallopian tubes. I hope this answer helps you. Thanks.

In addition to making a diagnosis, this patient should be screened for which other disorder?

Major depressive disorder

In addition to this, she is a Type II diabetic, has significant arthritis in her shoulders, knees, and hands, and - in the past 2 years- has had 4 seizures with 2 prior seizures that were misdiagnosed as TIAs by her former doctor. She has frequent headaches in the area where the seizures have occurred. The medicine she takes is as follows: Omeprazole DR- 1 tab (40 mg) taken - AM Digoxin- 1/2 of a 250 mcg tab taken - AM Isosorbide DN- 10 mg 2x per day Metoprolol Tartrate- 1/2 of a 25 mg tab 2x per day Pradaxa - 150 mg tab 2x per day Levetiracetam (Keppra) - 750 mg 2x per day Loperamide (Immodium over-the-counter) - 250 mg as needed for diarrhea I've been able to keep her blood sugar down but she has sudden bouts of diarrhea, which we know can cause sodium and dehydration problems. We had a renal panel done yesterday and the results came back today saying her sodium was down to 128. She has seizures at 126. I wanted to give her sodium tablets but her GP said not to do that until she sees the nephrologist. In the meantime her GP knows that I am concerned that she will have another seizure. Any information or advice you could give me would be very helpful. Thank you, in advance, for your time. K. Dennison

Hi, Thank you for posting your query regarding your mother. I agree that nephrologist deals with kidney problems, but he also deals with abnormalities in sodium or potassium levels (as these abnormalities are common in patients with kidney problems). I also agree with you that there is no harm in increasing the salt in her diet to improve her sodium level. However, we have to be cautious as giving her more sodium can also worsen her heart status. Her current medications seem to be fine and can be continued. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/

In March 2011 she was hospitalized for 5 days. She went through therapy and the original symptoms linger, come & go, and now 10 months later she is saying doctors think her brain, heart, spine, and liver have been affected by the Ramsey Hunt swelling. Should she recover?

Herpes zoster (Ramsay Hunt Syndrome). There is NO LITERATURE that describes transport of the reactivated varicella virus to sites outside the central nervous system (specifically the 7th/8th cranial nerves). Therefore, I would not link any residual symptoms of RH to anything of an inflammatory nature with the spine, heart, or liver. RH is a self-limited condition and does typically resolve with time although steroid therapy and antiviral treatment is believed to shorten the time to normal facial and optic (ear) function. Hope I have answered your query. Let me know if I can assist you further. Take care

In the back seat of a car sometimes, roller-coasters, etc. I am now a 23-year-old (female). About a week ago I started having motion sickness so easily that it is ridiculous. Things such as anything moving too fast, even my boyfriend fiddling with his phone on the restaurant table by spinning it immediately made me feel queasy. And cigarette smoke never really bothered me but now it does very much. A picture being crooked makes me feel a bit queasy. What could have caused such a sudden, drastic change in my tolerance to such things? For the record, I have been having allergy issues (mostly due to mold in the house I believe) for about a month, and I am hypoglycemic. Also,

<p>I am on the pill and have been for the last year. Any help would be GREATLY appreciated! Thanks in advance!</p>	<p>H I understand your concern. I suggest you that there is need for systemic examination of you to diagnose the exact cause of such a symptom. Buy for your motion sickness you can take bromine tablet, which is promethazine. Your motion sickness will be stopped definitely but for other because you have to investigate your self in detail by nearby doctor. I will be happy to answer your further concerned can contact me. . Infectious disease specialist. Thank you.</p>
<p>In the meanwhile, my lower abdomen keeps getting bigger (I am very slender, and never have I had such bloated lower abdomen--my friends keep asking me if I am pregnant, since my lower abdomen is shaped in such a way that it looks as if I am pregnant it is mainly bloated in the area where the uterus is located). Thus, my question (after such a long story) is: Is there any way I could be pregnant, given my B results? And finally, I forgot to mention, I also did blood chemical analysis and the results showed that I have iron deficiency, but my red blood cells and hemoglobin were perfectly fine, and I had slight decrease in tryglicerides. Thank you for your answer! Kind Regards, Heather</p>	<p>Hello. Thanks for writing to us. Since the quantitative analysis for has shown a negative result, and you are having regular periods, pregnancy is ruled out. The lesser than usual amount of bleeding that you are having can be due to iron deficiency. Your symptoms are non-specific and do not conclusively indicate pregnancy. I hope this information has been both informative and helpful for you.</p>
<p>In the presence of D1 stimulation, the cell would produce an mRNA that codes for a fluorescent protein however, if the A1 or B1 receptors are also stimulated at the same time, the cells would degrade the mRNA of the fluorescent protein thereby preventing it from being produced. Which would best serve as a positive control for this experiment?</p>	<p>Fenoldopam</p>
<p>In the second TORCH test, my rubella IgG value was 277. I did the second TORCH test after 16 months. My doctor said that getting pregnant would be risky. Also, there is a higher chance of miscarriage. Can you please give me your suggestion? Thank you.</p>	<p>Hello. Do not worry. With recurrent miscarriage, you do not require to go for TORCH test as it is responsible for sporadic losses and not a recurrent one. Have you been immunized against rubella in childhood by receiving MMR at 16 to 18 months? The levels of 277 suggest that you are immune and to know whether you had a recent infection or not then avidity testing is done for that. Please state at what period of pregnancy you had an abortion and what test and medication have been given so far. Few important tests should be done to know the cause of recurrent miscarriage. Is there any family or past history of thrombosis in the family? We need to rule out congenital or acquired thrombophilias. First get all these tests done and review with reports and I suggest you be put on some medicines while planning a pregnancy after three months. For more information consult an obstetrician and gynaecologist online</p>
<p>In your opinion, which day did I conceive?</p>	<p>HPhysicians calculate according to your last menstrual period (LMP) then add 9 months plus 7 days to calculate the date. But if you have a regular cycle, you say your LMP is 30 May then around 14 to 17 you might ovulate and have sex during that time. Most likely its on 14th day rupture if cycle is of 28 days. You have to check by USG rupture. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>Increased LVED from 65 to 742. Dilated right ventricular with hypokinetic free wall3. Mild to moderate mitral regurgitation4. Gradell diastolic dysfunction5. Mild pulmonary hypertension</p>	<p>1.5 liter/day. Strict salt restrictions in diet. Avoid oily and fatty food. Start diuretics (horsehide), beta</p>

blocker (metoprolol), cardiac isotropic (digoxin) etc. You should also start . So consult good cardiologist and discuss all these. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

Initially it worked very very well and gradually its effect was over. Since then I am taking homoeopathic and Himalyan(Herbal) and there is not much usefulness. I am 71 years running but very active and healthy, doing respectable job. Apart from that I am also having high uric acid (about 9.0). I am also taking some allopathic cardio protective medicines. I request Urologist to suggest some allopathedicines for prostate allowing easy and fast urination and to lower uric acid.

Thanks

HelloThanks for query. You have been having enlarged prostate since 10 years and have been taking Climax and LATAM once daily, but there is no satisfactory improvement in your symptoms. In view of long-standing problem of enlarged prostate you need to consult qualified Urologist for clinical and digital rectal examination and get following basic tests done to confirm the diagnosis. Urine routine and culture.2) Ultrasound scanning of abdomen and pelvis3) Serum PSA. The further treatment will depend upon the size of the prostate, post void urine residue volume and severity of symptoms. In view of no response from medication doing endoscopic resection of prostate (TURN) will help to resolve the issue for forever. Till then continue taking Silicosis once daily. .

Injury happended 6 months ago . I had facet blocks done in April and did not proceed with the ablassian due to the pain did not stop the same day of the procedure. My pain did not go away until the following day. I was pain free for 3 weeks and now my pain is back and increased. My doctor is saying there is nothing else to be done other than teaching me how to cope withHi The pain. I was wondering if there is any other no medication methods to relieve pain.

Hi, After going through your query I think your You are suffering from lumbar disc prolapse. There are two treatment options. First option is Rest in position of relief(generally lateral position with both knee bend), NUROKIND GOLD ONCE DAILY and analgesics (Diclofenac three times a day after meals is effective). Sometimes strong analgesic(such as attract three times a day after meals) is required. OMEPRAZOLE 20 MG before meals prevent acidity caused by analgesics. This method needs patience as it take longer treatment times sometimes up to 6 months. Second option is go for surgical operation(Discectomy), but as bulge is at multiple level, so this method is not suitable. I think your query answered. Welcome to any follow-up query.

Intalith CR450mg 2. Asenapt 5mg 3.Veniz 150mg+75mg 4.Lamictal 25mg 5.Mirtakem 7.5mg. I am having following problems: Lack of interest in pleasure activities including sex, difficulty concentrating, remembering. Pls advise. Regards Sanjeev Kumar, 36 yrs.

Hi, The problems that you have listed can be due to depression. Although you have mentioned the list of medications you were taking, I would have preferred to know the duration as well the symptoms which made you seek treatment. Going by the medicines, you may be a case of bipolar disorder or less likely, unipolar depression. In case you are a case of bipolar disorder, I would like to get a lithium level done and then optimize your treatment accordingly. If lithium levels are adequate, I would consider increasing dose of Aborigine. In any case, considering you are having symptoms now, your medicines need a review. Consult your psychiatrist and discuss your problems at the earliest. Best wishes.

Internet friend Hospital and then home yesterday morning./ saw picture gause over mouth and tube in nostral or under for oxygen. in his hand needle. he sent me message to see his picture. had head shaved also. Gaurav was in R M L Hospital am older friend tried to save him via chat am hurt am In USA never been abroad. his neck was in brace also. Short plastic. He was facing back

surgery with bad prognosis. Very intelligent writer and rapper.

His understand your concern. Suicidal tendency need to evaluate properly for underlying psychological disorder. Now he is physically disabled so need to cure 1st his physical condition. RML hospital is one of the good hospital in Delhi, and they will try as much as possible. Along with physical treatment i m sure they have started psychiatry medicines if needed so. No need to worry and I appreciate your feeling. Hope for the best. Thank you. Always here to answer your query. Feel free. Thank you.

Interval mild increase in size of welldefined homogeneously enhancing soft tissue lesion arising from left side of interhemispheric fissure/convexity in left frontal region measuring 33x31x34mm as against 27x24x27 mm in previous scan. 2. Post operative changes with craniotomy on left side with large focal area of encephalomalacia/gliosis in left posterior frontoparietal lobe. Thanks and regards. Vijay Ghelani +0000

HThose measures of meningioma are at the upper border of the gamma knife treatment. Since there is increase of the tumor, it should be removed. I think to that gamma knife surgery may be tried since it possesses less possible adverse effects with high chances of tumor shrinking. Discuss with the Neurosurgeon for these issues. Hope I have answered your query. Let me know if I can assist you further.

Intimate july 30. My august period was exactly a week late it was light red and sometimes dark but akso with some brown lasted for 3 days and it was gone. At that time my boobs were sore and weirdly enough my nipples were so itchy. i have a job i walk a lot in. I am a phlebotomist in a 5 story hospital. Tons of walking. Im getting hot flashes, sweating at night. My stomach feels like i did some sit ups like its sore but ifs squishy to touch but also kinda constipated. We bf and i have unprotected sex. If im pregnant yay if not wont hhr my feelings. Hlnesty please =) i appreciate your time and kindness to do thjs!

Hello! Thank you for the query. It might be pregnancy indeed. IUD does not give a 100% security. Gallstone has nothing to do with IUD. Gallstones creation takes some time (like years) so the IUD could not cause gallstones in such short time. Weight loss is always very serious symptoms and cancer should be ruled out. I suggest you to visit gynecologist, have IUD removed, transvaginal ultrasound done, cytology, Ca-125 checked. Breasts ultrasound should be also done. You should also have blood work, liver tests, amylase, abdominal CT. If you smoke, chest CT is necessary as well. Hope this will help. Regards.

Input	Output
Is atrial fibrillation the cause of my mothers stroke for the past years which was not detected until recently.? 2. Does tricuspid valve regurgitation caused her atrial fibrillation?	<p>Hey, Regarding the answers to your question AF is a very common cause of stroke. It may remain undetected for years and may present first time as stroke when the ECG shows AF. So yes it may be old which has caused stroke2) Mild TR generally does not cause any problem and may be physiological in some patients. IT DOES NOT CAUSE AF until any chamber of the heart is dilated because of significant TR. As your mother is diabetic and hypertensive, she is at high risk of coronary disease, which may cause AF. So ruling out that is also important after she is stabilized.</p> <p>Thanks .</p>
is being over weight an issue in this case2. Should i take medicine in this case? would be grateful if you help	<p>I really appreciate your concern, semen analysis is very important test as long as the question of conception is there without this test what ever you do that won't be having any meaning, because without the normal semen parameters conception is impossible, I think you have to make ready your husband for this, no need to take any medicine for this, take care and have nice day.</p>
is der any way i can get back my original size or increase t size wit out any pills or surgery ??2. can i have sex for long wit out PE ?pl doc help me,, i never had sex before and i dnt wanna have sex wit my girl when i ve these kinda probs. pl help me out.	<p>I understand your concern. Masturbation when done properly with adequate spacing is normal and physiological phenomenon. It doesn't affect health in any way as you are thinking. It doesn't cause physical weakness, decrease in penis size, premature ejaculation, decrease in sexual performance or fertility. Since it is a voluntary act, decreasing its frequency can be achieved by ones own will power. If you continue to do it once a week or thrice in a month, it should be alright. Kindly indulge yourself in certain amount of time-consuming work, physical exercise or workouts and meditation to keep away from feeling to masturbate. Also, kindly note that size or length of penis has nothing to do with sexual performance or fertility. Gradually, you should be able to gain control and be confident in life. Hope the information provided would be helpful. All the best.</p>
Is diltiazem hydrochloride has any role for fatty liver. Q2. Can it be replaced by any other medicines like beta -blocker. kindly give appointment at your residence if necessary.	<p>! I appreciate your concern towards the safety of Diltiazem. Age, gender and the indication for Diltiazem not mentioned!!! Diltiazem belongs to the calcium channel blocker group of . It is used to treat high BP and angina (heart pain) caused by spasms in the blood vessels that supply the heart. The most common side effects caused by Diltiazem include: Headache, ankle edema, constipation, hypotension flushing, and it may also cause fatty liver (stenosis). In view of the last side effect that you appear to be suffering from, you can consult your doctor to use the alternate</p>
Is he allergy on Dettol? 2. We commonly know Dettol is mild and useful on wound, but is it not apply to everyone and every situation?	<p>Hi and thanks for the query, Its but certain that the child certainly reacted to something, an allergen off course. But attributing this reaction to Detail is a possibility, but not actually conclusive. Wiping furniture means mobilizing but, and they child instead be reacting to other dust particles or some other allergen that was released during the wiping process. Detail could be allergic to some people for people s make-ups are actually different. Proving the child reacts to Detail deserves an allergenic challenge test, which done under very special test by an allergist or allergologist. I suggest you book an appointment with an allergist for a proper evaluation. Thanks and best regards. Luchuo, MD.</p>

<p>Is it 100% safe to insert copper t 2. Will there be heavy bleeding n pain in periods 3. Will I gain weight n will it harm any breastfeeding? 4. Is there any way to for birth control after one childbirth?</p> <p>5.How long wil it take to get adjusted?</p>	<p>There is no 100% safe procedure. Every method has its own side effects. Yet, Copper-T is considered to have lesser side effects and more efficacy. 2. Some people experience heavier bleeding with the IUD, especially during the initial months. If this persists, the IUD should be removed and an alternative method of contraception is chosen. 3. Weight gain is not a problem as it is not hormonal. Likewise, there is no in . 4. If you are asking for other ways of birth control, there are several options available. You can get details from your health care provider. 5. There is no medication in the IUD. Hence, adjustment should be immediate. Hope this helps.</p>
<p>Is it a cause for concern?</p>	<p>Hello. I will need more details to analyze the report. What was birth weight? Full-term baby or preterm baby? Blood group of mother and baby?Usually, for a full-term baby with birth weight more than 3 kg, mother blood is not Rh negative or O Rh negative, it is considered normal. But, baby needs observation.Risks for bilirubin high or in increasing trend are: If these things are taken care, you should not worry. But yes, for sure needs observation by doing blood tests for bilirubin and SOS treatment like phototherapy.Let me know after 72 hours what the bilirubin count is. Meanwhile, continue breastfeeding. For more information consult a paediatrician online</p>
<p>Is it bad to smoke weed as of now, or eat an edible? 2. Am I able to drink beer or any type of liqueur? And 3. Does this mean i can t do either of those for a whole month?</p>	<p>Hello! would like to tell you that extraction of wisdom teeth is complicated procedure & takes normally little more time in healing compared to other teeth. It normally takes approx 1 month for healing.It's advisable to wait for around 1 month before starting this habit. Although I would advise you to cease this habit as it has lots of adverse effects. Smoking delays the healing process, its better to postpone at least for 1 month.Meanwhile, do Betadine gargles thrice a day. Also do warm saline rinses 3-4 times a day. Continue your medications till your doctor advice. Take Disregards .</p>
<p>Is it dangerous to have flashing lights around him so soon after having a seizure due to the encephalitis? and 2. Is it normal for flashing lights to return memory to people with cases like these?</p>	<p>H I have gone through your question in detail and I can understand what you are going through. Flashing lights can produce seizures in a patient of encephalitis That needs to be avoided. Memory will not return with flash lighting. Hope I am able to answer your concerns. If you have any further query, I would be glad to help you. In future if you wish to contact me directly, you can use the below-mentioned link: .</p>
<p>Is it essential that the withdrawal bleeding will happen within 5-7 days? If it doesnt happen does it mean the pill did not work?2. Will a doctor be able to tell the use of the EC pill through a blood test?3. Most importantly, how likely is it that I could be pregnant?Also, my hymen hasnt torn yet and I have never had intercourse (as I felt discomfort when he was pressing against me). I had my last period a week before this particular night.</p>	<p>It is not necessary that with . This does not mean that the pill did not work. 2. Please specify if you are asking about the blood test for pregnancy. Hormone assay can detect the high progesterone levels but detection of the source of origin needs analysis of the hormone compound. 3. Since you did not have a proper intercourse and also since you took the pill within the stipulated time interval, you are well protected. Hope this helps.</p>
<p>Is it normal for blurred vision during low hemoglobin levels?</p>	<p>Dear madam, Although blurred vision is not described well in literature as symptom of anemia, I have seen many patients who have this symptom, which gets better after correction of anemia. I</p>

send patients to ophthalmologist in any case just to rule out associated eye problems. You may also do the same thing. Transfusion of blood is not the solution for anemia. It is just a temporary measure to bring up the hemoglobin level. We need to evaluate your husband to know the cause of anemia and treat the cause. This would actually solve the problem. Hope I have answered your question. If you have any further questions I will be happy to help. With regards,

Is it normal pregnancy? My age is 36 years.

According to your description, the possibilities are: You are pregnant which is indicated by urine and blood tests. Now, we have to confirm whether the pregnancy is in uterus or not. Usually blood levels of beta hCG should double in 48 hours. But that did not happen in your case. Now, we have to rule out the possibilities like abortion or ectopic pregnancy. For this, please undergo ultrasound once which will help in ruling out ectopic pregnancy. Take Progesterone supplements to prevent abortion. And repeat beta hCG levels again after 48 hours, this will help in confirming the site and nature of pregnancy. Take care. Ultrasound, repeat beta hCG levels after 48 hours. Ectopic or abortion. Progesterone supplements.

Is it ok to keep using like this until the virus is gone.repeated side effects? 2. Can one become dependent,therefore needing every 6 hours or is it because there is still illness and the inhaler simply wore off? 3. Is an antihistamine like Zyrtec ok to take to try to dry up the PND?

Hello. Interesting question. You seem to be well-read. However, there seems to be some communication gap. You said that the airways constrict. You mean airways in chest or the nasal passages? I suspect that you mean that your nostrils get blocked (because your spirometry is normal). Nostrils normally get congested (swollen) and they do get blocked. However, they do not constrict because there are no smooth muscles in the nasal passages! Normally, a virus infection does not last for 3 weeks. So this is post viral reactive airway causing airway (here I mean chest airways) constriction and post nasal . If the

Is it ok to take 2 cup of milk everyday during the course. 2. What if the H Pylori is found still after finishing the course.

It's OK to consume milk but see that the Antacid HP Kit is taken on an empty stomach preferably one hour before the breakfast to ensure its adequate absorption from the stomach.2. If H. pylori is still found after finishing the course of the Kit, it could be due to bacterial resistance to the Kit. In that case you may consult your treating physician for Qu . Hope I could answer your query. Best wishes.

Is it possible that I didn't get ovulation even though I taken GoodOva Tablet. 2. Is it possible to have ovulation during periods. If so, Is there any chances that I might missed my ovulation during periods. 3. As my doctor suggests,is it OK to have intercourse only between 10th to 20th days from my periods. 4. If I get ovulation between 10th to 20th March and not pregnant means, I should get my periods now (I heard that after ovulation it takes 12 days to get periods). But it is not happening. Is there is any chance I might get ovulation on coming days. Please help me on above queries. Regards, Karthika PS: I don't have either Thyroid or sugar. I have PCOD other than that all my tests are normal. I have irregular periods problem to.

Hi there, If your period lasted from 1 to 14 March you have had a prolonged bleeding and might not have ovulated in this cycle. Yes, it is possible that some women do not respond to Good ova (Camphene), these could be due to Camphene resistance or improper use. If you have been diagnosed with PCs delayed periods and an ovulation are common, and it could be due to the same that you have not yet got your period. You need to get proper medication for PCs, Metformin 500 mg twice a day is advisable and can be continued even when you get pregnant. It is not advisable to take thyroid tablets unless you have a documented thyroid deficiency, it will not help

you to take it randomly. Diet, exercise and Metformin will help you with the PCs. For ovulation induction with Camphene you need to take Camphene from day 2 to day 7 of the cycle and undergo follicular monitoring from day 9 of the cycle to track the ovulation. Also, Folic acid should be taken by any women trying to conceive. You could take Phaeton to get your period and start Camphene from day 2, after confirming with another pregnant test that you are definitely not pregnant. Hope this helps. Regards.

Is it proper treatment? 2. Will it only decrease allergy for a moment? 3. Can allergy be completely removed from the body? 4. If allergy can be developed suddenly, can it go away like that? Please advise me. This allergy is really very intense & I really fear to get sick.

Allergies and allergic asthma - has this been proven in your case? A total IGE is helpful in this setting to know if you are a topic and that the eosinophilic actually is allergic. 2. Discussion with a Hematologist ensure you don't require a bone marrow. 3. Parasite infections Filariae, worms (helminths) etc. with stool c/s x 3 filarial antigen test etc. 4. If urticaria (skin itchy with hives) as well, mast cell treatise levels are required. Only then it will be possible to arrive at some sort of diagnosis and management plan.

Is it required in children after birth might be few mths later to go for this test? 2. What's the exact reason behind going for a 2d echo test? My daughter is very active right now and in that case also is it necessary for me to take on 2d echo test?

Hi, I think the doctor must have incidentally found a heart murmur in your child, and he just wants to rule out any congenital heart anomaly in the child. This is a non-invasive test to look at the heart structure and dynamics of blood flow just like an Ultrasonography. It can be done anytime in the life after birth. Since the doctor has advised go ahead and get it done it will do no harm but will rule out the doubt in the mind of the doctor. Bye Take Care

Is it safe for me and my partner to perform foreplay externally? 2. When can I begin exercise again? 3. When will it be safe to have sex now that I have had a cervical haemorrhage? Hope someone can help. Thanks.

Yes, it is very, very safe for you to have foreplay with your partner. Nothing contradicts this. 2. You can start to exercise as soon as possible. There is no reason to fear. The greatest fear is with any possible act that can traumatize the cervix and nothing else. If it doesn't involve the vagina, you are safe. 3. I will like you to follow up with your doctor. After examining your cervix, he would be able to tell whether the healing has reached levels that can allow you to have sex. Talk to the ORGAN who carried out the procedure for follow-up review and recommendations after exams. I hope you find this helpful and it adds. Thank you so much for using our services and feel free to ask for more information and clarifications if needed. I wish you the best of health.

Is it safe to go on fast rides even though my heart beats fast quite easily or not?

Yes, You are 20 years old and fit. There is no problem with your heart. It's perfectly normal to have increased heart beats and feeling of palpitation just before the roller coaster ride due to perceived anxiety. However, once you overcome some initial instances of fast rides your anxiety would decrease and the racing of heart beats before the rides will settle down. So heart wise, at your age there is no problem, whether you like roller coaster rides or not is a personal choice. Regards

Is it safe? Or unsafe? 2. Is it a good way to lose weight? Or a terrible way to lose weight?

H forum. Keto diet is a diet alteration with an increase in fat and protein and a decrease in carbohydrates. These diets were altered to treat epilepsy. This diet will help to manage the weight reduction as it substitutes while changing the metabolism and forces to work with stored fat. When the body utilizes stored fat, weight reductions are visible, but it is not suitable for long term as it has its own problems. A short period of three months course will increase protein as well as help to manage

the deficiency and increase the stamina with proper weight reduction.

Input	Output
Is it too early to take the urine test at home? 2. Does Duphaston generally delay the period? 3. Will going to see a doctor help? Will she be able to tell me if I have conceived or not today? I plan to see my doctor today. Is it worth it? Please help. Am desperate to be a mom!	<p>Yes, you have done the pregnancy test on urine too early. Usually these tests are reliable 8-10 days after missed period earlier the chances of false negative results are more. You have got another option to go for Beta test which is very specific and sensitive and gives reliable results even few days before the missed period. Else you may wait for one more week and perform urine pregnancy test on overnight first morning urine sample. 2. Duphastone is a progesterone preparation which can delay the periods. I prefer to give progesterone preparations after missing a period after ovulation, I prefer injections to support the pregnancy. 3. You may see your Gynecologist after confirming the status of your pregnancy by one of the tests mentioned above. If the tests reveal that you are not pregnant, please discontinue Duphastone and you will get menses within 4-7 days. I am sure this is useful to you, and you will vote to this answer as Helpful.</p>
Is QUANTIFERON-TB GOLD test reliable, do I have TB? 2. How to use FORECOX tablets. doctor said one in the morning and one in the evening. Please kindly answer my questions. Thanks in advance.	<p>I can understand your situation and problem. Quantiferon TB gold test measures Egg antibodies against mycobacteria tuberculosis (MTB). So positive test does not always mean you are suffering from active TB disease. It is positive in patients who are living in TB endemic areas, had past TB infection etc. So just on the basis of positive quantiferone TB gold test, one can not diagnose as having tuberculosis and should not be started treatment. Your chest x-ray is also normal, and you are not having coughing, so no role of positive quantiferone TB gold test in you. And thus you should not take anti TB. So, I advise you to consult pulmonologist and discuss all these before starting anti TB</p>
Is Surgery the only option to get better cure? 2. since child is 3yr old, shall I wait for some months/year and plan the operation? 3. is there any side affects/impact after this surgery? if so, what kind of impact will be there? 4. after surgery, is there any possibilities for seizure to come? Kindly advise and help me to save my child. Thanks in Advance!	<p>There is no way to reduce it using medicines and surgery is the only option. 2. Since it is non-cancerous, you can wait, but I would not suggest you to do so. You need not worry about the age of the child. Till it is operated, it will affect brain functions and may cause seizures. So, earlier the surgery, the better. 3. Since the tumor has affected the hippocampus which plays important roles in the consolidation of information from short-term memory to long-term memory and spatial navigation, the child could develop some problem in remembering on short term or long term basis and also may have some problems with spatial orientation. However, let me assure that a children brain is plastic, and the functions get redistributed quickly and so the chances of such loss will decrease the earlier the surgery is done. 4. Although it is possible for seizures to come even after the surgery, the frequency will be less, and it will probably resolve entirely with time.</p>
Is that an indicator of anything? or is that because of what I ate so close to the blood work? I NOT diagnosed with diabetes.	<p>Your blood glucose levels were evaluated at random timing that is glucose evaluated irrespective of the timing of meal intake. 2. Random glucose levels need to be within 140. 191 is high, which needs to be evaluated for Diabetes Mellitus. 3. You can go for a glucose tolerance test which will evaluate your fasting sugars and postprandial at timed intervals. Also, your glucose intake will be quantified before testing. 4. You can avoid any erroneous results with this test and have a reliable</p>

result. Hope it helps. Any further queries, happy to help again.

Is that correlates to increase of my sgpt and sgot levels?

Hi and Welcome. I appreciate your concern for the elevated SGPT and GOT enzymes. In addition to liver injury caused by toxins such as alcohol, certain . You need to consult a physician for further workup in the form of lab tests (liver function tests) and an ultrasound to find out the exact cause of elevated enzymes. Meanwhile, avoid taking alcohol or its beverages, take a healthy balanced diet containing vegetables and fruits.

Is that good that i m forming green crusties after the sea salt soak since maybe it s maybe pushing the infection out or is that making it worse? 2. How long does it take for a nose piercing infection to go away with sea salt soaks?

Hi, No, the green discharge can imply that the infection is unfortunately worsening. There is no specific time interval that it may take for an area to heal with the soaks though it normally takes 4 to 7 days. If there is no improvement or any worsening then you may need a course of topical or oral antibiotics. While an infection is present, the foreign object or jewelry, that is the cause of the infection, may need to be removed till everything is improved. Hope I have answered your query. Let me know if I can assist you further.

Is the medicines advised above are safe & beneficial. 2. Could the medicine have adverse effect on Baby who does breast feeding. 3. What precautions can we take more to get rid of this disease completely.

Hi, Thank you for posting your query. Neurocysticercosis (tape worm infection of the brain) is one of the commonest causes of fits in India. Treatment prescribed by your doctor is correct. These medicines would not have any adverse impact on the baby. She should take these medications for a long time, under the supervision of a neurologist. In addition, adequate sleep (7-8 hours per night) and timely food intake are important. Best wishes, .

Is the red color poop due to the Gatorade? 2. Is there anything we can do for her sore anus due to the constant diarrhea? My daughter is 3 years old, approx. 120-130cm tall and around 15 kg. Thanks for your time.

Hello have gone through the details. Most common cause of loose stool (if not associated with blood or mucus) in this age is some viral infection. It may take 5-7 days for the stool pattern to get normal. Soreness around anus is common following loose stool. This soreness is due to irritation of skin due to absorbed lactose. Red colored poop can be due to the . Blood in stool should be ruled by stool examination. I would suggest you to apply Sinai/rash free cream over the sore area. Also give probiotic and zinc for early recovery. I hope this helps. Regards

Is the wallowing difficulty a side effect from shingles on his scalp? 2. How does the doctor diagnosis a virus versus a bacterial infection? 3. Best treatment for throat virus. Thank you.

Answer to question one: Shingles on scalp are unlikely to cause throat pain. Nerve supply to scalp is different from that of throat. Pain is perceived by nerve endings. Since nerve supply is different, throat pain is not caused by scalp disease. 2. Shingles can be made out by clinical examination. Every doctor is trained to differentiate different diseases. So viral infections like Shingles can be made out clinical examination. 3. Treatment for throat infection depends on type of infection. Can be made out by clinical examination

is there any alternative of methotrexate which do not affect liver? very much worried abt my liver. but cant stop medicine due to severe joint pain if i stop so. e mail: YYYY@YYYY

Hi . Thank you for your query. There are no alternatives unfortunately. These are medicines with bad effect on liver, and you just need to do frequent liver LFT check ups and ultrasounds. Your doctor must determine cost-benefit of these cytotoxic medicines. Also, this isn't significant elevation

of LFT and it dissent mean that liver function is compromised very much. Wish you good health.

is ther any chance of getting pregnant??2. how can i be sure i will not get pregnant??3.is ther any additional medicene should i take to avoid the pregnancy??so tat i get sured i will not be pregnant in future?

Hi, You had contraception failure during sexual contact which occurred during you safe period ((chances of pregnancy is minimal) and then you had emergency contraceptive pill (so chances became negligible). Wait 1Â week later to expected date of menstruation for your normal menstruation to come (this ll confirm that you are not pregnant) if it doesn't then get UPT done to be confirmed. If positive then visit a gynecology clinic for medical termination of pregnancy (as you cannot get these .

Is there a blood test or some other type of test that can be done to recognize a cancerous organ or bone in a home situation.? 2. Do you know any form of transportation available for the following person? My son is 53yrs old, 6 2 , 260 lbs. He has been diagnosed with deteriorated hip joints and knee problems. He fears he has cancer. He was scheduled for an operation on both hips for Dec., 2012. He was unable to get transportation to the appointments for surgery----because his knees both will not come together or even close together, he is unable get into a wheel chair or anything else we were able to come up with to transport him. He is in extreme pain if he tries to lie down. He lives in a recliner, struggles with a trip to the bathroom with crutches. His shoulder joints seem to be bothering him more and more. He has had two lower back surgeries, one stomach surgery (blocked intestine due to scar tissue formation caused by the last back surgery which was done through the stomach). He has SS disability, medicare, and supplemental insurance. Please ask if you need any further information. Any additional suggestions you may have would certainly be appreciated.

Cancer screening and testing is scientific and logic based. There are no home tests that will confirm cancer. However, the presence of swelling, abnormal blood discharge, unexplained fever or weight loss and decreased appetite, bone pain and unexplained seizures are all possible symptoms where one must get screened for a cancer2. For patient transportation to hospital you have to talk to patient ambulatory services in your location. There are special services provided for patients like your son who are unable to use the usual methods to reach hospital.3. You can also arrange for a doctor team to visit him at home for preliminary services and then refer his to any hospital with adequate facilities to treat him.

Is there a chance i may not have c o p d.?. 2. If i have it, then can i live a normal life span with treatment. Im 49 years old and havnt smoked for a year now.

COPD is common after the age of 40 years in smokers. And your symptoms, breathing difficulty, chest things etc. are seen with COPD. These symptoms are also seen in cardiac heart diseases. So get done PFT (Pulmonary Function Test) for diagnosis of COPD. If PFT is normal then rule out heart diseases. With appropriate treatment (inhaled bronchodilators), COPD patients can live normal life. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

Is there a chance that typhoid came back. Shell I give him meftal p

Hi, thank you for posting your query here. Since he has cough and cold, it is more likely that the fever he is having now is a viral fever, unrelated to typhoid. If he has abdominal pain, loose stools or vomiting with very less appetite and prolonged fever more than 3 days, I would advise you to do a blood culture and give the same antibiotic used to treat the typhoid, for at least 7 days. Mefal is not advisable for fever as it can cause severe abdominal pain and vomiting. Paracetamol is sufficient. Hope this helps, and he gets well soon. Take care

Is there any connection between the parkinsonism and PLID. How can I get rid of this problem?	Most of the symptoms or problems raised in the question are related to the Parkinsonism. Many people will have some disc changes with aging process. It's important to know whether the symptoms are related to it or due to some other medical cause. Even though there is no direct evidence between disc problems and parkinsonism, but other spine issue could be developed due to camptocormia (bending of spine)
is there any information you may be able to share re longitudinal research on the risks, there is so little research on OC on the web and we are trying to gauge the risk my wife is in (and so much would like a natural non induced birth). Obviously we wont rely on your research or in any way disseminate any info you may send us. 2. my wifes bile results are 19 (norm on our test was stated as 0 - 10) (her S-ALT score is 53 (norm range given as 10 - 32) and her S-AST is 40 (norm range 10 - 32). Is 19 a high risk bile acid level?Any views you may have would be greatly appreciated.Many thanksCharles	<p>Hi there,Obstetric homeostasis At term (40 weeks) with bile acids of 19 should be induced for delivery. There is no point waiting for labor to start, as every day more is an added risk for further rise in bile acid levels and may affect the baby. The problem of Obstetric homeostasis is it can cause sudden death in a full term baby as the bile salt can cause problem with the heart rhythm of the baby. And at 40 weeks the baby is fit to survive, so delivery should be induced immediately. The risk though less than 1 in 100 is still very important to make note as the baby is absolutely normal and has reached 40 weeks and to be affected by bile salts at this stage would be tragic.Also, the risk of passing meconium during labor or inter is higher and also is the chance of operative delivery (cesarean or forceps) in women with Obstetric homeostasis. The risk of bleeding after birth in mother is also slightly higher and kept in mind. Vitamin K oral should be given to mother after 36 weeks. The liver function tests should be repeated 10 days after delivery as it takes that much time to get back to normal.Also, the risk of repeat obstetric homeostasis in next pregnancy is very common up to 90% and should be informed to the doctor early in next pregnancy. Hope this helps. Regards.</p>
Is there any permanent solution for this PCO?2. What is the % of chance of getting pregnent in PCO?3. What do you suggest me under the given circumstance? Thank you,Santhi	HA! POD is a metabolic syn . You need to check DAY 2 FSH, LH,PROLACTIN THYROID.SERUM INSULIN LEVEL should be measured to know the severity.metformin should be taken to reduce the resistance which could bring ovulation. Ovulation induction with follicular monitoring should be tried first for 4 months. People with POD WILL conceive after treatment.don't worry. Consult an infertility specialist. REGARDS
Is there any scanning or some other method to identify the process of tubectomy done to me? 2. Is there any chance of getting pregnant naturally after tubectomy done by whichever method mentioned above? 3. To have a child now can we go for IVF, if so at the time of delivery will gynecologist come to know that I underwent IVF process for pregnancy? Because she has to do tubectomy again, she will go through with these tubes at delivery time.	Hi. The method of tubectecomy can be identified only after opening during caeserian section or through laparocscopy. If tubal ligation is done you cannot conceive naturally, if you try there are chances of ectopic pregnancy. You can go for IVF for another baby. Course of the pregnancy through IVF and natural pregnancy will be same. In case of delivery if normal delivery, you do not have to go through tubes. If going for caesaerean section you can identify it was previous surgery.
is there any solution to control or cure it.? Is kidney transplant is the only solution?	Dialysis or 2. Kidney transplant. Dialysis is mainly of two types : Hemodialysis or Peritoneal dialysis. A kidney transplant is the best option, with better quality of life, in long term. If she has no

major medical risk factors, she should go for it immediately. If you've any doubts, send them to me, as a direct question. . Manga.

Is this a cause for concern.	<p>Hello It would have been great help if you had mentioned your age and if you are suffering from any symptoms. Since your monitor shoes a raised pulse rate and as per your description it is irregular, I recommend you an ECG initially and if the ECG comes normal, then a 24 HR Holder monitoring should be done which records your ECG for 24 hrs while you go about your routine day-to-day activities. It will show whether you have any heart rhythm disturbances. Variable BP reading in 30 mins seem unlikely. Electronic monitors cannot be perfectly relied upon for BP recording. So I do not see the need to worry about the BP. Checking BP so frequently implies that you are anxious. Please stop worrying about your BP. Check it only once a week at variable times of the day. Wishing you good healthRegards</p>
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Input	Output
Is this a virus infection? 2. how can I identify that, what is this? 3. What tests should I do for Identify this? 4. Can any microorganism raise the acidity of body? so what sort of microorganism can do it(viral/bacteria/ fungal)? 5. Is this chronic condition? what should I do?	Hi, It may be nongonococcal urethritis. Consult the dermatologist for the perfect diagnosis and proper treatment. The cause may be bacteria other than gonococci, virus or chlamydia. I would recommend you to take a broad-spectrum antibiotic for about 3 to 4 weeks under the observation of a doctor. Take water in high quantity. Keep hygiene good and improve immunity. Relax and keep tension away. Hope I have answered your query. Let me know if I can assist you further.
Is this body pain because of side effects of any of these medicines.??/ I am 33 years old male with 5'9" ht and 65 kg wt.	Hi There are many medical conditions related to the joint and body pain. I suggest doing some examinations for further evaluation. I recommend a complete blood count, PCR level, rheumatoid factor level. Meanwhile, I suggest using anti-inflammatory medications such as Ibuprofen 400 mg three times a day to relieve the pain. Hope I have answered your query. Let me know if I can assist you further.
Is this common in youth runners? 2. Does bruising foot bones result in shorter stature? 3. How long can a kid run with bruised feet before it adversely affects her height. She is hitting a growth spurt now. She has grown over an inch in 2 months.	It will not affect the height and stature of the kid. It is just a transient condition and will settle by itself. As of now, you can use analgesics/anti-inflammatory combination like diclofenac/serratiopeptidase for symptomatic relief. Apply ice packs for faster recovery. Keep in mind that strict bed rest is the treatment of choice for this benign condition. Hope I have answered your query. Let me know if I can assist you further. Take care .
Is this common to get? Air getting into the area beneath the gum in a pocket after wisdom teeth extraction? 2. Is it really something I can push out? Why, if so, is it not escaping from my suture area? What can I do to help it get out? 3. Should I be concerned? *note* Dentist said he would see me on Monday to put a needle in and extract the air himself if I was unable to get it out.	Hi and welcome, Entrapment of air in the extraction socket is a rare condition, because after extraction of wisdom tooth the socket is curetted to remove all the irritants and compressed which helps in clot formation and faster healing. Though we can expect air embolus to be formed in the jaw bone which leads to pain or as you have mentioned the swelling feels hard it may be a bony spicule or remnant of alveolar bone left unfilled. I would suggest you to get an X RAY done for the affected area which will show the cause of swelling accordingly your dentist can plan the treatment for you. I hope this information helps, take care.
Is this from all the emotional stress I have been through? What can make me calm down and think it is nothing too serious?	On . Regarding your concern, I would explain that it is necessary a direct review of your ECG recordings to accurately judge the clinical importance.
Is this safe? Also. after I finish my next pack (on week 1 pills) do I wait a week and start a new pack or start a new pack right away?	The traffic pills are supposed to mimic the normal menstruation. Misprinted contains the same concentration of ethanol estradiol, the estrogen in all the 21 active pills with steadily increasing dose of progesterone, norgestimate. This resembles what happens in a normal menstrual cycle. The total pills are 28 of which 21 (gray, light blue and blue) are active hormonal and 7 white pills are non-hormonal pills. You could skip the white non-hormonal pills and can postpone your period

by reversing the strip and starting with 3rd week blue pill and giving a gap of one week for the menstrual cycle. But this is usually not recommended and the continuous high dose of progesterone can result in severe nausea, headache, mood swings, depression, abdominal bloating and cramps. So please consult your treating

Is XXX suicidal? 2. Is XXXXX going through the stages of grief? He was depressed when wanting to kill himself and now he is angry. 3. I am XXXXX older sibling . XXXXX hates and will not talk to me because of past issues. I am concerned about the emotional stress this has on my 86 mom. She was exhausted after XXXX phone call. What can I do to make certain that XXXX doesn't kill himself? What can I do to make certain this doesn't harm my mom?

Maybe he is asking him would be of help. also impulsivity is a factor. as he was once, so consultation with a psychiatrist is what needed. 2. Depression may be associated with delusional belief. he may have personality problems. so medication and psychotherapy both are required. 3. Its tricky one. if he is considered harmful to others, it is advised to admit him in a mental health care facility. Wish him good health

It also says for c4-5 there is mild central disc bulging, c5-6 shows decrease in height broad based central disc bulging and mild sided neural foraminal stenosis, and the cervical spinal canal diameter shows a mild degree of cervical stenosis at c4-5 and c5-6 levels, I had this done as I had severe tightness in my left arm felt like a vice was tightening my arm and there was a severe pain not in the top part of my back where they thought I was having a heart attack but wasn't. I was referred to a neurologist but he blew off report and no one can explain why I had this pain

Use of cervical collar helps in immobilization and brings relief. 2. Medical . 3. Methylcobalamin supplements are also recommended for nerve compression symptoms. 4. Cervical isometric exercises are beneficial to maintain the strength of the neck muscles. Neck and upper back stretching exercises, as well as light aerobic activities, also are recommended under the guidance of a physical therapist. 5. Hot fomentation helps in relieving acute symptoms. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care

It causes pressure at nerve root for past two months. I am under treatment but no satisfactory improvement in these two months. Please help.

You have mentioned from MRI findings as L5/S1 disc bulge, instability at L5/S1 level and pars defect of L5 with likely compression of both exiting L5 nerve roots. I would like to know few more details such as, Revert back with your MRI and x-ray films to a spine surgeon online

it comes normal. also hv gait problem in left leg. neurologist says each joint of left hand (wrist, elbow, shoulder) has spasm, which is chief cause of tremors. pls help. is lumbar puncture (LP) helps?

Dear no kind of puncture is recommended because no one of them seems to help. I would strongly recommend you to do a brain electroencephalogram to exclude epilepsy. Second I would recommend another neurologic examination to exclude multitrophic lateral sclerosis. No need to concern because medicine has made big progress and now many disease or symptoms can be treated. Just exclude those two other disease and then we will discuss tremor medication. Wish you all the best

It does provide the real sensation and 2. It kills the erection. I have tried every other brand of condom available in the market but none of them has helped me. Moreover I am a very athletic guy with great libido and sexual endurance. What am I supposed to do? And one more thing, what are the best ways to prevent or decrease the probability of STD infections after an unprotected sex?

If you are uncomfortable with condoms, then use other methods of contraception. You can't

prevent STDs by unprotected sex. You have to use contraception. Other causes of erectile dysfunction are:- Psychological2) Stress3) Fatigue4) Diabetes5) Other chronic illness.6) Spinal cord injury. You can tablet sildenafil one hour before intercourse after consultation. Treatment mainly depends upon underlying conditions. Kindly follow with detailed history or consult with sex expert. Hope I have answered your query. Let me know if I can assist you further.

It feels like standing puts too much pressure on my stomach and lower back. FYI, I am 5'3", 115 pounds, so weight is not a factor. I'm concerned. Thank you

Hello hope the answer helps you sir/madam. As far your concern for a swelling on right side of navel which hurts the back and when CT SCAN abdomen is unremarkable except old fracture you don't worry as swelling in the layers of abdominal wall which could be any lipoma, sebaceous cyst or benign skin tumors I guess you haven't mention in question the size even if large it cannot hurt your back as SCAN is unremarkable. Your back pain may be neuropathic post fracture start using some topical analgesic as Ventral gel along with muscle relaxant oral preparation as paragon capsule twice or thrice. Also check your body postures in sleeping, sitting and . If these measures not working for 3-4 weeks at least then consult neurologist

It feels like the size of a dime. It is sensitive to touch, and hurts most when I turn my body to the right, or when I bend over. I also have pain radiating down my left side, and on my left shoulder.

Hi, dairy have gone through your question. You may have some soft tissue tumor like lipoma, neurofibroma, Schwann or dermatofibroma. You should go for fine needle aspiration cytology or biopsy of that lump. It will give you exact diagnosis. Then you should take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

It further says IV disc space L4-L5 and L5-S1 is decreased in height. The rest of the visualised intervertebral discs are normal in height. Bilateral sacroileac joints are normal. The cervical report says mild retrolisthesis of C5 over C6 vertebra seen. Visualised vertebrae are normal in shape, size and outline and intervertebral discs are normal in height. Could I get your opinion on this please? Do I have a herniated or prolapsed disc and would it require surgery?

Hi Thanks for your query. After going through your query I came to know that you are suffering from anterolisthesis L5 on S1 according to your x-ray report. It means L5 vertebra is shifted forward along with whole spine when compare with S1 making spine unstable and painful. It is not a herniated or prolapsed disc. Herniated or prolapsed disc are not visible in x-ray. They are seen on MRI. There are two treatment options. First option is to use of lumbosacral support to decrease movements, neurotropics such as methocobalmines and analgesics for pain relief (Diclofenac three times a day after meals is effective). Sometimes strong analgesic (such as attract three times a day after meals) is required. OMEPRAZOLE before meals prevent acidity caused by analgesics. Second option is go for surgical operation (reduction and fusion). You can discuss with your treating Doctor about it. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care.

It has been low all day. He feels cold and clammy, sick to his stomach, tired, and his color is pale with a grayish color to it. Nurse was here at noon and his bp was 70/50, and then at 5pm it was 86/55. Dr was notified but didn't seem concerned. He is a diabetic and just got out of the hospital 5 days ago. He had kidney failure, liver failure, congested heart failure. He also had a viral infection with ecoli in his urine and another infection in his urine also. He is also type 2 diabetic, and now is on dialysis.

Dear, thanks for taking the time to ask your questions to us. First, a patient with congestive heart pressure needs to have a low blood pressure to avoid that the heart will work more. Another

situation is that when a patient is in dialysis, he/she lose a lot of volume of water and that can create low blood pressure. It is very important to check if he has any symptoms, as dizziness and weakness. It this is not the case, just keep monitoring his BP and keep record of any changes

It is noticed that the patient has a very irregular pattern of breathing. Repeat vitals demonstrate his temperature is 97.5Â°F (36.4Â°C), blood pressure is 172/102 mmHg, pulse is 55/min, respirations are 22/min and irregular, and oxygen saturation is 94% on room air. Which interventions are most likely to improve this patient's vital signs?

Head elevation, sedation, mannitol, hyperventilation

it is now Dec 5 and around 10:30 this morning i had a little spotting lit red. Not sure what to think of it all. I am trying to figure out my body and i may ovulate earlier then the 14 day mark. I just don t know

Hi, - I understand your concern. - With . I feel you are referring to ovulation bleeding.which indicates ovulation. - Ovulation occurs 14 days before the expected date of menstruation. It is on 14th day of period in 28 days of cycle. So the bleeding you experienced seems to be ovulation bleeding. * You are planning for a baby, so you can judge the ovulation day by calculating or by LH surge test at home & they have unprotected sex & achieve conception. Thanks.

It is now hour 60 after the condom broke. I waited to see if my period would arrive but it hasn t yet. Research seems to doubt whether next choice would work after ovulation, but that Ella might. I can t tell the pro lifer agenda from the anti and wanted medical advice rather than newspaper reports. I don t know whether to take Next Choice today (I have 12 hours left to hit 72) or take Ella in the next day or two if my period doesn t come. Thanks for your help.

Hi, Thank you for posting your question here, I will try to answer it to the best of my abilities. Normally, you can only get pregnant if you have unprotected sex during the time when you are ovulating, if ovulation has already occurred that means you can't get pregnant in this cycle, this is what was taught to me by my teachers, so unless I was taught wrong, you should be okay. But taking an emergency pill won't hurt your chances, as such I recommend you take the Ella pills, since they work up to 5 days after unprotected sex. I hope this answered your question.

It says it expires 5/25/12. Is it still effective? Should I just continue the ibuprofen?

First, regarding the medicine you have asked whether to take, please do NOT take it as it is expired. Expired medicine cause more harm and reactions to your body. Continue with the ibuprofen for the pain. Second, visit your dentist and get a radiograph done of the tooth and go ahead with the root canal treatment to get a full relief from the pain. Antibiotic may be required after consultation with your dentist. Do warm saline gargling. Hope this was useful. Thanks and regards.

It used to be just considered hypothyroidism but now we have figured out that it is Hashimoto's disease. I rotate daily between 88 mcg and 100 mcg of my Levothyroxine to keep my TSH in check because that is the only thing that works. I get my blood drawn every six months but my doctor has not checked these antibodies lately even though last time, the number was around 5,000 when it was supposed to be 0 to 59. Some days I can barely move, and I am really limited to the activities that I am physically able to participate in. I am just scared. I do not know what is going to happen to me. If someone who is older could help or tell me what happens, I would really appreciate it.

Hi. Hashimoto disease also causes hypothyroidism and you are already taking medication for hypothyroidism. So do not worry. It is a type of autoimmune disease. So kindly go for detecting which autoimmune problem causes your Hashimoto disease means along with Levothyroxine you have to take some medication also for autoimmune diseases like a steroid or immunosuppressive Take care.

Input	Output
It was a year and a half ago. I have been experiencing pain in my lower left abdomen on occasion, quite significant. Is it reasonable to think that the reherniation that I have now might be contributing to this pain?	<p>Hi ! Good afternoon. No. I don't assume the pain abdomen is related to the disc herniation. If I were your doctor, I would rather advise you for a routine stool test for ova and cyst, and an ultrasound abdomen to rule out any significant intra-abdominal pathology. Also, I would advise you not to eat from outside if you do, and to add more of roughage and liquids in your routine diet.</p> <p>Depending on your age, if all investigations are inconclusive, I would not hesitate to advise you for an endoscopic evaluation of your gut by a gastroenterologist if your symptoms persist or increase in intensity. Till that you can go for some over the counter anti-spasmodic . I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. Wishing you an early recovery. .</p>
It was really painful to me and I keep on blaming myself and others too. It was my first time to encounter and this was the greatest problem that Ive been thru. i was new to Canada for about 5 months only. i think i had a depression and a lot of stress. Last monday I had my ultrasound but up to now I dont what the result of it. Maybe you should help me on whats the next step to do. How to avoid that to happen again. And what are fodd should I take t ogain my health again cause Im to weak and look so pale. thank you and Help is what I need kno. Emotional and physical help. thank you	<p>Hello . Thanks for your query. I understand that you are quite stressed out and depressed after the recent unfortunate event of your miscarriage. From the description of your problems, it is possible that you could be going through a stress-related depression. Since this problem seems to be causing you a lot of distress, I would suggest that you see a psychiatrist for a detailed evaluation and further treatment. There are effective treatment options for depression, in the form of medication or counselling, which can help you overcome your problems. So, please seek professional help at the earliest. Wish you all the best.</p>
It was removed along with two others they didnt see on the sonagram. Is this just another episode of what I have experianced in the past or is this different? To touch my right breast is a little painful.	<p>Clinical examination of breast 2. Mammography of breast. Possibility of recurrence of fibroadenoma is more. But since you are having pain and slight color change of overlying skin, possibility of breast abscess (bacterial infection) or early breast malignancy should also be evaluated. So better to get done mammography and biopsy if needed for the diagnosis of breast swelling. Don't worry, you will be alright.</p>
it was successfull. In june he started having fever in evenings. He was put on iv tazact for uti infection for 7 days. After that the fever went away and came back in 1-2 weeks. He was then diagnosed with typhoid and given ofloxacin and some other combo medication for 1 week. The fever went away. It came back again in 1 week. His urine tests now reveal pus cells in range of 15 to 20 . He is diabetic.He is complaining of fever around 100 and feeling cold.Thanksra	<p>Hello.he is a patient of recurrent Units he is a diabetic patient he is more prone to recurrent infections.I would advise you to get a USG of abdomen and pelvis along with liver and kidney function test.these tests are to rule out possibility of kidney stones/ cysts and immune compromise due to various causes.it is better if you can get him evaluated by urologist for RECURRENT UTI.after the necessary workup he may have to a long term antibiotic therapy and any other treatment as advised by urologist his sugar levels should be monitored and maintained at</p>

recommended levels.hope my answer helps you if you have any more queries I would be happy to answer.

Itchyness in shin area -- Why? 2. Knee pain -- could it be damage to the tendons?

Hi The itchiness at injuries area is part of healing process, this is there due to presence of blood pigment known as heme. This will go away with time. You may have an anti itch preparation like levocetirizine for this at nighttime for few days. You should also keep your limb elevated on pillow whenever you are at rest position. Knee pain is also due to damage to soft tissue or due to mild tendinitis. For this you may have an analgesic preparation like acetaminophen for few days. Hope I have answered your question. Let me know if I can assist you further.

items in the house she belongs someone is taking but they are just misplaced. 2. seeing people in remote areas where these people could not be. 3. believing in things that happened that have not. 4. suspicions about her husband and what is up to. 5. change in behavior 6. withdrawing and quiet 7. vitamin b-12 deficiency 8. exciteable by things like music, sex and alcohol that change her behavior.

Degree understand your concerns went through your details. The stroke like thing happened 7 years before presented your wife with amnesia. I hope you are continuing treatment for it continuously. The present symptoms you are mentioning corresponds with the symptoms of paranoid schizophrenia. You should consult the neurologist and if required on his advice, you may consult a psychiatrist. Do not oversee the present symptoms. Take care. If you still need my assistance in this regard, please use this link. <http://goo.gl/aYW2pR>. Please remember to describe the whole problem with full detail. Hope this answers your query. Available for further clarifications. Good luck.

Its gotten so bad I m afraid I m gonna be in a wheelchair in a couple of years. We timed me I can only walk 15 to 20 minutes. Till I have to set down with severe pain. Can you tell me what I can do I do go to pain management in Tulsa. But I m suffering. Help please. Their doc said there was nothing they can do for me but pain meds but it ain t doing it for me. I also was told today by my hubby its bruised badly where my pain is.

Hi, thank you for providing the brief history of you. A thorough neuromuscular assessment is advised. As you have a past history of operated spine two times, and now you are 50 and the doctors said they can't do anything. Do not feel sad, there is always a way, I will recommend you to consult a physical therapist, as by the help of him, you have to perform exercises to strengthen the muscles and get relief from aches and pains. Also, on a long term you will be able to walk as well. Physical therapist will understand your needs and the physiological demands of the body to get the functioning back. RegardsJay In .

Ive been also diagnosed with chronic prostatitis as well. I take flomax and terazosin which helps me greatly to urinate. My prostate is always swollen. Could my prostatitis be the cause of the urine change. Ive increased my water intake with no changes other than the color being clearer. kidneys hurting a little

Hi, Having prostatitis (infection of the prostate) is also associated with infection of the urinary tract including bladder and kidney. So, I'd suggest to: - do a urinalysis- do abdominal ultrasound-do spermatic fluid testing and culture-do measure your blood sugar levels and perform lipid profile testing to exclude infection of urinary tract or kidney stones or other problems. I'd advise to:- .

Ive been dating this girl with it and she rarely gets cold sores to me i beleive its minor but i never get more information about it from her and i researched alot about it lately but everything is still the same. She told me she would tell me if she had a breakout but im scared and i really care about

her. I sometimes afraid to kiss her even when her face is clear (which it usually always is). Can you please help me with some information on being able to coup with it and if i would be able to show any affection to her at all?

I have gone through your query and can understand your concerns. As per your complaint Herpes type 1 infection causes cold sores over the lips and face and commonly involves the lips. In case if a person has a history of cold sores he/she tend to transmit infection to other individuals by close contact like kissing and using things like glass, towels etc. But in case if there is no cold sore present then the viral count seems to be very low over the skin of infected individual, although it does not become zero. But in this condition the individual is considered clean and chances for other person to get infected are less. Moreover, you can go for her blood investigation to rule out for viral count so that the exact status can be clear. But in case if her skin is completely clear then you are at a lesser risk of getting infected. She should also take a long course of antiviral medications to prevent recurring episodes of outbreak of infection. Hope this information helps. Thanks and regards. .

ive been feeling worse than ever these past few days despite things going well with friends and work i was wondering if the missed doses being the issue or if i needed to up the dose? i know i probably dont need to up the dose but i just want/need something to sort me out and get me back to normal as soon as possibly as im just exhausted with feeling so down.

His admire your concern. Citalopram is antidepressant and use to treat mood disorder. It has short half life of 21 hours. So it can be possible that if you do not take it for one or two days then it produces with . Though it is not common but yes occur in some patients. For this you have to take it daily or add low dose benzodiazepine to prevent such feeling if you forget to take it. The dose is appropriate and no need to up the dose. So continue to take same medicines and get well soon. If needed then consult psychiatrist for further assistance. Thank you.

Ive been having this cough for two weeks now and Im wondering if this could be a TB relapse. My last consultation with my pulmonologist was two years ago when I experienced brown colored phlegm which I felt was coming from my sinus rather than my lungs. She cleared me and said my lungs were okay. I want to know what the symptoms for TB relapse are and whether if it is at all possible considering that Ive completed the treatment the first time I was diagnosed.

Yes, relapse of TB is possible even if you had completed anti-tubercular . Symptoms of TB relapse are cough, expectoration, hemoptysis (blood in sputum), fever, weight loss, decreased appetite etc. Since you are having cough for more than 2 weeks, you should definitely get done chest x-ray and sputum for AFB (acid fast bacilli - bacteria causing tuberculosis). If both these are normal then no need to worry about relapse. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

Ive been masturbating repeatedly since I was 14. I now observe that My semen continues to leak out even When I am not under the state of arousal. Perhaps, As a result of the same, Im very weak in spite of my diet being quite rich and nutritious. Please help me out with some natural remedy with the help of which I could cure this problem.

Dear, We understand your concerns went through your details. Semen leakage is a natural process and is neither related to your masturbation nor can create any physical health conditions. Please consult a psychologist for counseling. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute detail possible. Hope this answers your query. Further clarifications are welcome. Good luck. Take care.

Just saw a Neurosurgeon. He said the pain in my neck, arms, shoulders and hands would not be from this. Is that correct? I also have tons of pain all around chest level and pain all the way to my

<p>toes. Also, I wonder is a syringomyelia ever goes away on it s own? Dr. recommended I just deal with the pain unless I start having trouble walking. I was hoping for more information. It is a bit scary. Also, the syringomyelia went from T7 to T10 and then in a years time it now goes from T7 to T11 so it got bigger by another vertabrae.</p>	<p>Well as you are diagnosed with syringomyelia I would simply like to suggest visiting neurosurgeon so that they can decide any surgical procedure like shunt(syringo-peritoneal, syringo-pleural or syringo-subarachnoid shunt) is required or not to limit the progression of syringomyelia.Also, the underlying cause which is causing syringomyelia can also be known.Therefore, don't delay to visit neurosurgeon to get proper treatment. Hope this may help you. Let me know if anything is not clear. Thanks.</p>
<p>Just wondering if we are ok to wait it out for the night. I just gave her 2ml of infant Tylenol for her fever. She is 33 lbs.</p>	<p>Hi, .33 lbs is equal to 15 kg. Tylenol does is 15 mg/kg body weight. Tylenol 5 ml contains 125 mg of paracetamol.Hence, you should give 10 ml/dose instead of 2 ml every 6 hourlyAlso tepid sponging along with Tylenol will help to reduce the temperature faster. You can see your pediatrician as usual the next day. Hope this answer will serve your purposeless feel free to ask any more queries if requiredTake care . V. Subrahmanyam MDDisassociate professor of pediatrics</p>
<p>Kindly advice what medicine can be given. Age: 72 yrsrsHeight: 160 cmsWeight: 63 kgs</p>	<p>. You have fever . So there could be acute inflammation or infection. You are also more prone for infection as you have diabetes. Take antibiotic like levofloxacin for 5 days. Maintain HY . Over the counter laxative can be taken for constipation. Fruit juice taken more like orange juice, apple juice with low glycemic index fruits. Take fiber foods more like wheat bran, whole grain etc. which suits in diabetic case. Ginger tea also helpful herbal remedy. If cough and other congestive symptoms present then chest x-ray needed to rule out bronchitis like condition. Healthy and balanced diet needed. If bronchi constriction occurs then bronchodilator given. If inflammation and congestive symptom occurs Ben</p>
<p>Kindly advise , how to bring down ESR count . Blood sugar is because of Streoid . regards AAAA</p>	<p>Hi, You are taking steroids for connective tissue disorder namely Dermatomysitis, You are in a phase where dose of steroid is being tapered. I presume your disease must be in control as far as ESR is concerned please do not worry it is a marker of inflammatory state and has prognostic value that means if it shows continuous declining readings the disease is improving. Your Fasting blood sugar may be due to steroids as they are known to increase blood sugar but keep a watch as your dose is reduced,In the meantime take diabetic diet and walk regularly if you can. Once your steroids are tapered off recheck FBS and PPBS after 15 days to make sure you are not diabetic, may also get HBA1c to know status of blood sugar in the past. Please take care Good Luck</p>
<p>Kindly analyze.</p>	<p>Hi your he is definitely low. And ESR is high. Your lymphocytes counts are low suggest it may be high neutrophil count. These may be seen in inflammation or infection in some part. Your platelets count is normal no need to worry regarding that. High ESR may be seen in inflammation, anemia, autoimmune disease, malignancy, paraproteinemia etc. anything can be there which causing high ESR and low he. search for the cause and then take treatment accordingly. You will definitely get benefits.thanks for using .</p>
<p>L1-L2 and L3-L4 there is neither central canal narrowing nor neural foraminal stenosis. There is mild facet arthropathy. The impression was L4-L5 paracentral and posterolateral disc protrusion. This preferentially narrows the left lower recess and abuts the descending left L5 nerve root. L5-S1 broad based left posterolateral disc protrusion. This preferentially narrows the left lower recess and</p>	

abuts the descending left S1 nerve root. Mild to moderate central canal narrowing at L3-L4 secondary to diffusely bulging disc. I am afraid that surgery (discectomy) will not fix as this recurs. What is your opinion doctor? I was a geriatric speech pathologist (retired), so I know it is difficult to say without seeing the patient and how they present. Please do your best.

I understand your symptoms. Before we go ahead and discuss the MRI, I would like to know some more clinical details. Revert back with the details to a neuro surgeon online

Lacunar infarct left thalamus 2. Chronic deep white matter ischemic changes in bilateral cerebral parenchyma 3. mild cerebral atrophy changes. Whether she will become normal or not? Whether she will become mad lady? what are the medicines we have to use to become she normal. - AAAA

Hi The CT Scan report of your mother depicts that she has atherosclerotic stroke. In atherosclerotic strokes blood supply to various part of brain is reduced or totally blocked due to atherosclerosis of the blood vessel supplying to brain. Functions of brain can be improved by revascularization of the narrowed or blocked vessel. But all depends upon, how much time has elapsed between the first symptom of stroke and revascularization therapy. Consult some neurologist who will examine and advice about the management of your mother. Hope I answered your question

Laevadosin 2 + 0 + 2 (The medicine was made by Austria, but I cannot manage it) Medicine 2.
BIO-E (Vitamin E) : continued. Please suggest me. Thanking you.

Hello! I am a Gastroenterologist. Elevation in liver enzymes has many causes apart from which you have already got. Like Hepatitis B, C, Metabolic disorders, NAFLD, alcohol intake etc. So I will suggest you to visit a Hepatologist for evaluation who will advise tests and then manage accordingly. Meanwhile, there are few medicines which I found very useful in my patients are ursodeoxycholic acid and vitamin E. Do regular exercise and reduce your weight if you are overweight, avoid alcohol if you . I hope I have answered your query and this will help you. Wish you a good health

Input	Output
Lantus injection 26 units in the morning.2. K GEM (Gliclazide 50 mg and Metformin 500 mg).3. K pio (Pioglitazone hydrochloride 15 mg).4. Tendia (Teneligliptin 20 mg).5. Forxiga (Dapagliflozin 10 mg).Blood sugar level: FBS 200 mg/dl and PPBS 250 to 270 mg/dl.What to do for this? Please help.	H forum. I read your query, and from what you have mentioned, I would suggest increasing the dose of Lantus to 30 units once daily. Try to rotate the insulin injection sites as well. Try to walk for 30 minutes and it will help the natural lowering of your blood sugar. I suggest taking Neurobion forte one tablet twice daily for your tingling. Try shoulder rotational exercise to help with your shoulder pain, but it should not be a weight-bearing exercise. just do flexibility exercise like yoga for the shoulder. Keep a regular follow up for better diabetes control. I hope this helps.
Large Ostium, Secundum ASD with severe PAH (ASD Defect 25mm)2. Mildly Dilated RA & RV3. Good LV, Systolic function4. LVEF =77%5. Trivial MR6. Mild TR7. Mild PR8. Normal Pulmonary connection9. No clot/vegetationTherefore I want to know that is there surgery is possible in this case or not.Please advise me. Best Regards,suman	Hello In patients with ASD with the passage of time the shunt become reversed (right to left) due to increased pulmonary vascular resistance. These patients develop severe PAH due to which It's become impossible to close the defect. It's Called Eisenmengerisation of the shunt. This could be the possible reason in your case keeping in mind SEVERE PAH reported in your ECHO report. See in the report if its written Reversal of shunt or right to left shunt across ASD then surgery is not possible Take Care
Last couple of days very painfully. Sometimes I ice that area sometimes moist heat. I would like pain to go away but dont like medications. The last episode a osteopatpletely helped. I have called an osteopath and a local neurologist foe appt but in the meantime Im interested in an opinion on what to take for pain besides 3 Advil a couple of times a day. One more thing sometimes I have days with no pain at all. Like every other day. Why is that? Im a healthy senior female age 76. Eat good and exercise. Is it nerves or arthritis?	Hi, I have read your problem. You should not sit in front of computer for more than one hour i.e. after every one hour you should take a walk for 10 mins. I am very much impressed to know that you work at 76. You may have nerve compression. You must get x-ray of cervical spine in AP and Lateral view and x-ray lumbosacral spine in AP and Lateral view done. Send us report or discus it with your doctor. Apply hot packs in neck and lower back for 30 mins in morning an evening. Alone Advil will not help you. You may discuss your doctor for lornoxicam and muscle relaxants. I hope you have got your answer. Thanks.
last month i tested my semen analyses .the result is 50% active motility and there are 8 to 10 pus cells. i want know the problems that rises due to the pus cells, precautions to prevent the pus cells in my semen, and what should i do for my batter sexual, physical, and mental health	Hello Thanks for writing to Your semen analysis report suggests infection. Infection is indicated by the presence of pus cells in semen. Normally there shouldn't be any pus cells in semen. Infection may be due to prostatitis, UTI etc. You need antibiotics for infection. You need few more investigations like routine hologram, Semen culture and sensitivity, RBS,Ultrasound of pelvis should be done. Trans rectal sonography of prostate can be done if needed. Proper antibiotics should be prescribed after culture and sensitivity report. Motility is acceptable. Get well soon. Hope I have answered your question. Take Care .
last month menstrual period i had lot of bleeding after few days it was overver only i got palpitation. I	

am using beta anxix. My age is 37 got married one year before we dont have child.

Your sinus tachycardia is mostly due to uncontrolled stress and anxiety. Only . Proper counselling by psychiatrist plays very important role in anxiety disorder. So better to consult psychiatrist and get done counselling sessions. Try to identify stressor in your life and start working on its solution. Don't worry, you will be alright. For your back problem, better to start appropriate physiotherapy. Avoid heavyweight lifting and strenuous exercise. Always sit with proper support. Apply warm water pad on affected areas. Wear lumber belt for better support. Don't worry, you will be alright with all these. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

last night and was complaining about a tummy ache. I administered Motrin at 8:30 pm. He woke up at 3:30 am and fever was up to 102.7 and still complaining about a tummy agree. He doesn't appear to have any other symptoms aside from a little post nasal drip that I can hear in his throat. It doesn't seem like it's the flu, but unsure of what it may be. Any thoughts, advice?

The fever in your son indicates an infection. The location of the infection is not clear from your description, but it could be in the intestines for which he could get a tummy ache. The post nasal . But since you say that he does not have a cough, the chances are low. It would be best to consult a doctor directly who would be able to say better and intervene accordingly. I would not advise you to self-medicate. Hope that will take care of your query. Feel free to communicate back in case of further queries if any.

Last period date 10th feb to 15 feb. Had unprotected sex on 21st feb afternoon. and. took unwanted 72 pill after 2 hours. 3 Is this pill work for my wife. actual her next periods date 10 march but periods came on 6/03/14 and surprised is that periods finished after 2 days its never happening before. So she is afraid of pregnancy. How long the periods will get disturbed because of this Pill.

Hi, Having menstrual discharge in between 20-35 days is completely normal. So last menses came after 25 days is absolutely normal. When menstruation occurs there is sloughing off of uterine wall hence no implantation and pregnancy cannot sustain. As she had menstruation 17 days following unprotected sex (again had progestin only pill 2Hr later) so negligible chance of pregnancy. So don't worry everything is fine. Thanks n regards

Last year I tore my left acl and meniscus. Received an allograft and meniscus shaving. Anxiety became present then but after medication it went away.

Dear-thanks for using our service, I reviewed the question in details and will give you my medical advice. The pain below the rib cage can be gas, muscular or from the gallbladder. However, you are overweight and that is aggravating the pain that you are experiencing, putting all the weight on your knee aggravated the meniscus problem. Anxiety increases intestinal gas and that can give you more pain. I recommend you to have a healthy diet, free of irritants and start doing exercise daily. If after diet modification and exercise you don't feel better, you might need a reevaluation of your problem with your primary care doctor. .

Lately I have had increased anxiety and also waiting to talk to my doctor about an elevated thyroxine level. Is my nightly temp a concern? I do not know if I'm noticing it more based on my increased anxiety but for the last week it has went up every single night. I

Hello dear, I read and understand your concern. Yes, it looks like that its thyroxine. Thyroxine causes a same symptom as you are having. Elevated level of thyroxine can cause higher catabolism and makes brain hyperactive. I suggest you to take your thyroid function test done. It consists of T4 T3 and TSH. According to laboratory results various treatment modalities can be adopted. Various anti-thyroid . If necessary thereafter iodine thyroid scan can also be done. I will be happy to answer your further concern on

laughs him self when making rounds in normal temple visit 2. after evening or morning walks with parents, he will go to his bed room and shouts and hits doors and walls hard 3. when playing basket ball in ground he bends his face down and laughs for sometime.We told him not to do like this but he is unable to control. why is this happening?

Dear, We understand your concerns went through your details. There is a general agreement that the incidence of neurobehavioral disorders is higher in patients with epilepsy than in the general population. Multiple interacting biologic and psychosocial factors determine the risk for the development of either schizophreniform psychoses or major depression in patients with epilepsy. It is estimated that 20-30% of patients with epilepsy have psychiatric disturbances. The given symptoms correspond to epileptic induced psychoses and a neurologist will be able to assess and provide the perfect treatment. Consult a neurologist at the earliest. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute detail possible. Hope this answers your query. Further clarifications are welcome. Good luck.

Happy New Year. Take care.

LDL 266 HDH 52. They-doctors have me to try non statin cholesterol medication (zetia, Cholestyramine powder) and muscle pain become very bad. Lab result from Nov. 7. 2013 also showing testosterone level 320 and my thyroid is overactive. What help I can get. Anyone please.

P.S. Insomnia is my worse enemy. Medication: Propranolol 60 mg twice/day Lorazepam 1 mg three/day oxycoddone/acetaminophene 10/325 mg two every 6 hour Isosorbide dn 10 mg two/day aspirin 325 mg one/day Fish oil 1000 mg two/day. Please help

HI have studied your case. For spinal canal stenosis it's better to do surgery and get decompression done. For these symptoms analgesic and neurotrophic medication can be started. Till time, avoid lifting weights, Sit with support to back. You can consult physiotherapist for help. Physiotherapy like ultrasound and inferential therapy will give quick relief. I will advise checking your it B12 and it D3 level. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care

left paracentral disc extrusion at the l5-s1 level appears to obliterate the left lateral recess with disc material abutting the descending left s1 nerve root. also at the l5-s1 level there is a broad based diffuse disc buldge and bilateral facet and ligamentum flavum hypertrophy with superimposed left paracentral disc extrusion. I have had pain for the last year and a half,treated with medication only can this condition cause any perminate damage?

HYou have nerve compression of S1 root and foraminal narrowing at L5 -S1 level.Also, there are degenerative changes at other levels. If proper exercise and precautions are not taken then the condition can worsen like numbness and tingling or loss of sensation blossom strength in your lower limbs which will lead to difficulty in walking and using your lower limbs in daily activitiesSome of the precautionary measures are - avoiding forward bending, lifting heavy weights, avoid jerky movements, following ergonomic principles. Some activities like walking, swimming, yoga will help in maintaining muscle strength.Also, physiotherapy treatment will help you. Hope this helps you thank you

Left renal cortical cyst. 2. A Heteroechoic cyst in the left ovary . 3. Hemorrhagic Cyst. Is there any harm on the above 3 results. Please let me know. Mrs. Jeyanthi

Hi Jayanti, You have not mentioned the reason you had to do Ultra Sound Scan and your age. Your result is perfectly alright, and you have nothing to worry about. Renal cortical cysts are incidental findings on US and have no significance, unless they are of rapid growing type. Heteroechoic(inhomogeneous)cyst and hemorrhagic cyst, I think are referring to the same cyst. Hemorrhage in the corpus luteal cyst is occasionally seen after ovulation, and it subsides of its own

within 3 months and does not require any treatment. It could of course be Chocolate (endometriosis) cyst, in which case it can cause pain during menstruation, and it needs treatment.

Let me know if it is ok to wait for more 4 to 5 months. also dite plan for me.

Hi there, I have understood your concern. I will suggest you the best possible treatment options. As you might be aware that PCs is a lifestyle disorder, and it gets improved with lifestyle changes. I will suggest you to opt for a healthy diet and regular exercise regimen. Include more portions of fruits, salads and vegetables in daily diet. Avoid deep-fried foods, bakery products and refined sugars. Avoid substance abuse if any. Start on Folic acid, vitamin B 12 and Omega-3 supplements at least 3 months before you plan to get pregnant. This helps to prevent many problems during pregnancy and delivery. Along with that, medical treatment options for PCs are -Insulin sensitizers like metformin, laparoscopy for ovarian surface

Levipil 750 - 1 tab twice daily 2. Vertin 16 mg - 1 tab twice daily 3. Lonazep 0.5 - 1 tab thrice daily 4. Pexep CR 25 - - 1 tab once daily 5. Pantop 40 - 1 tab once daily So, please suggest if it will be benefecial for me to go or some other place and to which doctor should I consult and what to do.

Hi Thanks for writing in. Complaints, investigations and treatment details have been noted. CT scan report not available to me. This is a case of recurrent epilepsy due to neurocysticercosis. I suggest you keep a log of seizures and note down details like frequency, duration and movements during seizures. At the same time please continue your medication. For your information, it is not clear about number of lesions, location and stage of neurocysticercosis. As EEG may be useful keeping in mind the seizures. A neurologist or psychiatrist is best equipped to handle any emergency situation. Hope this helps.

levoconvex lumbar scoliosis and moderate lumbar spondylosis with small multilevel broad-based posterior intervertebral disc protrusions and moderate multilevel facet arthropathy, with out central spinal canal stenosis. 2. severe loss of height of L4-L5 intervertebral disc space. The residual intervertebral bilateral L4-L5 neural foraminal degenerative narrowing. 3 additional findings of lumbar spondylosis

Hi, I have read your question with care and understand your concerns. Let me try to help you. Levoconvex lumbar scoliosis : Means the Spine is not straight. It has been curved. The Convexity of the curvature is to the left Moderate Lumbar Spondylosis : Means that there is degenerative changes (wear and tear) in the spine Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Best Wishes for Speedy Recovery Let me know if I can assist you further. Take care.

Levoling -2 Mg, Doxolin-400 Mg, Droxyl-500 mg and formonide-200 Inhaler. so it can i take this medicine regular or i have to change it ?

I would mostly agree with your current treatment for asthma symptoms. Furthermore, I would not give an antibiotic (. 2. Were I treating you, I would add montelukast in your regular treatment, it will reduce allergy-asthma symptoms. 3. Please make sure that your technique of using inhaler is correct, so that desired amounts of

Levosetride 5 2. merimox 250 DT 3. Rantac 150 4. betnesol forte i also have dust allergy .so i daily suspected to sneezing .so i am having tablet called laveto as per prescription by ENT doctor. before that am having levocetizine , and cetizine for that. due to daily consumption of that tablet, my briskyness, my intelligency all got gone due to that levocetizine tablet. feeling so drousy. so i changed a tablet laveto .so my doubt is what is the purpose of levosetride 5, since it consists of levocetizine, it makes me so sleepy. another doubt is, can i also eat laveto with this tablets?? am

so confused.suggest me any ointment instead of tablets

All medicines have same effects so you are doubling salts your allergies of sneezing is effecting other system like skin and allergy is triggered by sun not caused by it steroids are not good gt allergy tests to find out cause and your Rx of treating allergy will care skin allergy also only take one antiallergicfexofenadine 120 mg apply Aureomycin h anointment in nose instead of steroids take methotrexate 2.5 mg twice a wk apply local antiallergic ointment in affected PRT f skin continue till u comet diagnosis

Lithium 1600 mg.2. Lamotrigine 300 mg.3. Amisulpride 400 mg.4. Haloperidol 4 mg.5. Sertraline 200 mg.6. Pregabalin 400 mg.7. Propranolol 80 mg.8. Lisdexamfetamine 60 mg.9. Procyclidine 15 mg.10. Diazepam 10 mg (PRN).Is that too much medication? Do some of these counteract with each other?

Hello. The rule of thumb in psychiatry is to prescribe medicine for an adequate duration and adequate dose, before considering it ineffective or plan to change. If your doctor has previously tried one medication for proper dose and duration now, he can add another If you are not in a depression or not a rapid cyclers, Sertraline can be tapered down. If you are in remission, Lamotrigine can be slowly stopped. I found no counteracting

Little pain in right abdomen middle and lower Portion 2. Right hand under arm very less pain. 3. Upper back pain and burning sensation 4. Some gaseous things floating in my right abdomen and feels kind of not normal situation 4. Feels to do peeing very urgently but not very frequently based on the water intake. 5. My stomach makes lot of sound . (not gaseous outcome . only inside sound) Recently went through ultrasonic test, blood/ urine test , X-ray about gallstones as I had little pain in upper right abdomen last week of March 2013,,, and found negative . Some acidic medicines i am taking it . Please guide me what kind of symptoms is this. what diagnosis I should carried out. Thanks

Gallbladder stones are better diagnosed by Ultrasound abdomen. Only 10% of gall stones are seen in x-ray. As they are negative, gall stones are excluded. Pain in the abdomen may be due to gastritis. Please take Omeprazole tablet along with topside. Pain in other regions may be musculoskeletal in nature. Please take muscle relaxant tablets. If the stomach pain still persists, get an upper GI endoscopyRegards

Input	Output
<p>Liver enzymes fluccuates. GB removed, TAH w/BSO years ago and appendectomy done in May of this year. Husband died in 1997 of Hep C which he contracted while in the military 20 years before.</p> <p>My tests for Hep C always were neg and have recieved immunizations and am UTD on all vaccines. I am tired now. It stresses me to type so many words with errors and try to correct them as I go. Can you believe I was an RN for 38 years now I have cognitive disorders or a learning disorder as my neuropsychologist states it.</p>	<p>Hi, Thank you for posting your query. It is unfortunate that you have developed multiple medical problems, and on are multiple medications. However, I appreciate your ability to cope with them and lead a good life. Cognitive dysfunction, in your case, is related to the brain tumor and effects of radiation on the brain. You would benefit from psychotherapy, cognitive training, and regular exercises. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/</p>
<p>Livosalbutamol sulphate with ibratropium bromide2. Salmetrol & Fruticasone proproniate Is there any stem cell therapy available in Bangalore by which I may be completely cured for this dreaded disease.Asoke Kumar Ghosh</p>	<p>Adult pulmonary vaccines like influenza and pneumococcal vaccines.2. Deep breathing exercises, incentive spirometry.3. Smoking cessation. All these come under pulmonary rehabilitation. So enroll yourself in rehab center for better symptomatic relief. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
<p>Looking foward to a detailed answer.</p>	<p>Cough and cold are viral 95% of the times in. For cold, you can use anti-allergics like cetirizine and for nose block, saline nasal decongestants will do. Paracetamol can be given in the dose of 15Å mg/kg/dose (max ceiling dose 500Å mg) every 4-6th hourly, that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. For cold, you can use Cetirizine at 0.25Å mg/kg/dose every 12 hourly for 3 days. For nasal block, plain saline nasal</p>
<p>LOSE WEIGHT 2. GET A BRACE MADE TO LOCK OUT THE KNEE 3. BUILD UP SHOE. What I want to know is there any physical therapy I could do to get my leg the same as my other leg it is off 30 degrees when I try to extend it?</p>	<p>Hi, It seems you are having a stiff knee with fixed flexion deformity in left knee as a result of multiple surgeries. Treatment will be physiotherapy with knee range of motion exercises. To correct fixed flexion deformity skin traction needs to be applied. Longtime physiotherapy will be needed. If the knee is fused then the correction will be difficult. X-ray of left knee anteroposterior and lateral views can be done to assess fusion status. Hope I have answered your query. Let me know if I can assist you further. Take care .</p>
<p>Loss in weight (12 Kg)2. Depression + Fatigue3. Muscle pain4. Joints pain5. High Uric acid (7)6. Kidney stone7. Morning Fatigue8. Loss in appetite especially for oily food9. Repeated throat infection10. Low Sex driveTo give a background I have Thalassemia trait, my wife doesnt have.My all blood test are normal, all recommendation I got was multi-vitamins and low protein diet. But still I have morning fatigue, Depression and low sex drive. Any recommendation from your side ?</p>	<p>Thalassemia causes anemia due to hemolysis. Anemia causes fatigue/ body ache/ tiredness/ loss of appetite and depression too.2. Weight loss in your case may be due to loss of appetite and repeated infections. 3. You have to improve on your nutrition besides being regular on supplements.4. You can get your hemoglobin levels checked on a regular basis and keep a track on other blood parameters.5. If Hemoglobin is very low you might need a transfusion/ intramuscular</p>

iron injections.6. Most of your symptoms will improve with correction of anemia Hope this helpsRegards

Loss of lumbar Lordosis. 2. Disc bulge noted at L4-L5 level causing compression over thecal sac and bilateral neural foramina narrowing. 3. Early disc prolapse with annular tear noted at L5-S1 level causing compression over thecal sac and bilateral neural foramina narrowing. 4. Rest of the Vertebral bodies are normal in height and signal intensity. 5. Posterior arch elements shows normal signal intensity. 6. Conus appear normal. 7. Facet joints shows normal signal intensity. IMPRESSION: MRI FINDINGS S/O > DISC BULGE AT L4-L5 LEVEL CAUSING COMPRESSION OVER THECAL SAC AND BILATERAL NEURAL FORAMINA NARROWING. > EARLY DISC PROLAPSE WITH ANNULAR TEAR AT L5-S1 LEVEL CAUSING COMPRESSION OVER THECAL SAC AND BILATERAL NEURAL FORAMINA NARROWING. Please give me suggestions for early recovery from back pain which passes through my right leg. Pls give me suggestions without any surgery.

HelloThanks for your query. After going through your query I came to know that you are probably suffering from lumbar disc prolapse. It is already confirmed by MRI scan. There are two treatment options. First option is rest in position of relief(generally lateral position with both hip and knee bend), neurotopics such as mecobalamin and analgesics (Diclofenac three times a day after meals is effective). Sometimes strong analgesic(such as tramadol three times a day after meals) is required. Omeprazole before meals prevent acidity caused by analgesics. Second option is go for surgical operation(Discectomy). You can discuss with your treating Doctor about it. Hope your query get answered. If you have any further questions then don't hesitate to writing to us. I will be happy to help you. You can also write to me directly on below link:<https://www.ask> . Take care.

Lower abdominal pain, from the left front (felt like from the left ovary- swollen feeling, expanding and contracting kind of feeling) and middle front (like the uterus was pulling down to the birth canal), 2. lower back .not able to pinpoint on which area, i felt like from the anus /bowel.the pain was like continue shooting pain radiated from the bowel/anus and felt like it was contracting.extremely painful .when this pain started.it make my left side of my waist ache and numbness, pin and needle can be felt at my left hip and left butt and left knee.no able to pass gas .sometimes pass motion making the situation worse and weak in urination. My abdominal felt cold and fever at the time i was in pain.

HCauses for lower back pain are:-Injury-Blunt trauma-Sprain or strain-Spondylosis-Spine-related problems-Improper postureAbdominal pain may be due to infection, renal stone, gastritis. Hence, I would like to advise you the following: -You can take the tablet Norfolk TZ.-Take the tablet diclofenac. -Apply diclofenac gel or cream. -Apply ice locally. -Do x-ray and MRI back and hip region. -Treatment mainly depends upon underlying conditions. Kindly follow with detailed history or consult with orthopedics. Hope I have answered your query. Let me know if I can assist you further.

Lower Back Pain.2. Pain in the right shoulders, which often travels down the right arm.3. Baggy lower abdomen.Kindly advise your guidance to get rid of these problems?Thanks and RegardsJaudat

Hi, After going through your query I think Your wife is suffering from chronic backache. Reasons of back pain can be sedentary lifestyle and weak muscles and bone. Treatment of back pain is exercises, neurotopics such as mecobalamine once DAILY and analgesics (DICLOFENAC 100 MG SLOW RELEASE TABLETS) . Sometimes vitamin D deficiency is the cause so get your vitamin D checked. If it is low then vitamin D supplementation(weekly with milk) can be taken. Eat

milk, fruits and green leafy vegetables daily. For Pain in the right shoulders, which often travels down the right arm, Want to know whether movements are normal to exclude frozen shoulder. I think your query answered. Welcome to any follow-up query

lumbosacral spondylotic changes with posterocentral disc extrusion at L5-S1 level causing compression of thecal sac and bilateral foraminal compromise 2. diffuse disc bulge t L4-L5 with indentation at the thecal sac and bilateral neural foraminal compromise

1. Back strengthening exercises 2 back extension exercise and 3. Abdominal strengthening exercise. Do this on regular basis, and you will get long term relief. If you don't benefit by this then epidural steroid injection is worthwhile. Hope this is helpful.

Macelvit 500mg 2. Fludac 10 3, Mecanerve 4. Gabantin 100 for six months and got relief for some days and after that whenever get symptoms I use to take tab Gabantin. Now from last few days again the pain becomes severe. Is it necessary to go for surgery? Pls Give advice how to get relieve from it?

In my opinion you should not play with your health like this. Looking at the history all I can say is that you need a surgery and kindly do not delay it as the more you delay the difficult it will be to heal after surgery. With this medication you can treat the symptoms, but the problem will be there. I'll give a small example. Consider a rubber pipe with a brick place on it. The water will run through it but will very less pressure. We will not get the full pressure till we remove the brick. Similar is with our nerves. So please do not delay and get the surgery done.

male 31 year, have problem of Respiratory like sesone change cough cold regular dust allergy from (sep to feb). taking telecast I (Montelukast & Levocetirzine) 2. female 29 year have problem with thyroid not conceiving baby while intercourse on fertile days. 3. female 52 having problem with sugar & low bld psure 2 days previous blood report is 140- fasting. any help or tell us your product we can use for cure of above disease.

1. I would suggest him to continue montelukast and levocetirizine. 2. I would also suggest him to use albuterol inhaler on as-and-when-needed basis for wheezing/respiratory difficulty symptoms. 3. Furthermore, I would suggest him regular breathing exercises and steam inhalation. 4. Furthermore, I would also suggest him allergy testing which will help him identify the allergies and also to know the measures to avoid them. Hope above suggestions will be helpful to him. For no 2 & 3 patients, please ask to appropriate forums. Thank you & Regards.

Marked anterior marginal Osteophytic lippings in L1 to L5 with bony bridging and fatty change. 2. Mild degenerative changes are seen in all lumbar intervertebral discs as evidenced by reduction in bright signal intensity of nucleus pulposus on T2 weighted sagittal sections. 3. Posterior disc bulge is seen at L4-5 causing marked narrowing of both nerve roots. 4. Mild disc bulge is seen at L5 - S1 level causing minimal narrowing of both nerve roots. 5. Available Central Canal AP diameter are : Level Canal APD (mm) D12-L1 12 L1-L2 12 L2-L3 11 L3-L4 11 L4-L5 10 L5-S1 10 6. Central canal is adequate in diameter with no evidence of any stenosis. 7. The Lower end of spinal cord and conus medularis are normal. Conus ends at D12 - L1 level. 8. CSF demonstrates normal signal intensity. 9. No pre/paravertebral soft tissue mass is seen. 10. Impression: a) Posterior disc bulge at L4-5 level causing marked narrowing of both nerve roots. b) Mild disc bulge at L5-S1 level causing minimal narrowing of both nerve roots. c) Gross lumbar spondylosis.

Hi, I have read your question and understand your concerns. Let me try to help you Question 1 : What does my MRI of the spine indicate? Answer 1 : This indicates that you have a disc prolapse in L4L5 Level. Disc is a cushion between two vertebrae. In your case, it has slipped and come into spinal canal and is compressing the nerve roots. If you are having (Numbness or (2) Weakness, you need to undergo surgery immediately If there is pain, you can continue non-operative

treatment for some more time and see whether the pain reduces Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Let me know if I can assist you further. Take care.

Markedly Gaseous Abdomen with distended gut loops, particularly obscuring the abdominal viscera-? significance.2. TINY <6.9mm. ECOGENIC SHADOWS, IN THE RENAL AREA, ON EITHER SIDE - Appearances suggestive of B?L NEPHROLITHIASIS

HTank you for asking your question on . The ultrasound report which you have sent gives the report based on your abdominal organs including your liver, spleen, intestines(small and large) kidneys and bladder and also reproductive organsSince you haven't provided any clinical history, a complete diagnosis cant be provided. The report suggests that your intestine loops have been filled with a lot of gas because of which the other organs are not visible clearly. This can happen due to various reasons, simple cause being constipation. The other part of the report suggests that you might be having small stones within your kidney on both sides. But since they have mentioned it as query(?), it requires further investigations to confirm the diagnosis. Hope this information was helpful. Regards, .

Married for 4 years. We have nt had intercourse because he had erectile dysfunction. Went for iui. Before iui underwent Lap procedure with fentons. 20 and 21 of this month had my iui. My husband provided good amout of sperm. But today, from morning i feel tired and run a temp of 99.4. Asked to take dolo650. If continues asked to report. Why does fever occur and what are possibilities of my conception. is there early symptoms. Also aked to lie tomy right which actually hinders my sleep. Pl advise

Hi Anusha, thanks for the query. Let me help you understand few things. Any external procedure carried out on our body has to be considered seriously and carries a risk of infection. Your fever could be due to any viral or bacterial infection unrelated to the procedure carried out or any mild infection due to embryo transfer which is very unlikely as you don't have any other pelvic symptoms. You have been advised rightly to take paracetamol to keep your temperature low. Do HY . Regarding your question about chances of conception, there are no direct studies done in humans how fever affects fertilization and embryo implantation. The animal studies done shows it possibly affects egg and sperms, fertilization and embryo implantation. With such equivocal evidence, all that one can do is treat fever effectively. I suggest you to take care of yourself and be hopeful. Good luck.

MD-Finastraide (1ml)2. Alpecine shampoo i have used Minoxidile for a long period too, but as i said two medicine that the last Dr offer me were told before.almost all of the Doctors believe that hair loss issue is related to inheritance and is hereditary issue.I keep to use MD-Finastraide almost the begining it. but it seem that these havent enough effect, because my hair loss is seemed to increase.I asked about the surgery method from the doctor too, but all of them didnt offer for me, because (as they say) my hair loss is not as big as for surgery.I want to ask about this that is there anything (medicine, method or something else) that i can use for health care? what is your idea about that (my issue)?Thanks very much.

HYou are suffering from an . Medical treatment has only a transient effect. The effect lasts as long as you continue the treatment. Make sure you are not having any other scalp problem along with AGA. If yes, then treat it too. Nowadays, people go for hair transplant for cosmetic purposes also. If this problem is troubling you more than you can opt for surgery after a consultation off course. Hope I have answered your query. Let me know if I can assist you further.

me and my bf want to get pregnant also. WILL THIS EVER STOP? Please HELP!	<p>Hi, Thanks for the query. I understand your concern. Pregnancy test of urine phone after 8 days late period. Shows +e result to confirmed pregnancy. Here both the lines are similar. One faint line suggests--late conception,- tubal pregnancy,- blighted ovum or chemical pregnancy with no embryo growth. I would suggest repeated test after 2 weeks if that too is not confirming pregnancy .</p> <p>Consult a gynecologist for fuehrer investigations & specific treatment. Thanks</p>
Medicines I am taking Metformin, Pravastatin, Omeprazole, Xanax, Sertraline, and Zantac. I have diabetes, feet ankle issues, arthritis, heavy periods, GAD, and clinical depression. My doctor performed CBC and everything was normal except platelet count 492, then months later 504. Any idea what could cause this? My doctor thinks it is because of my heavy periods.	<p>Due to heavy period and bleeding, you can have a reactive increase in platelet count. Your count is increased mildly and do not worry about that. Even mild variation of 10 to 20 thousand can occur in two subsequent reports from the same sample. So no need to worry. For depression, consult a psychiatrist and take regular treatment with antidepressant medication like Fluoxetine. For more information consult a hematologist online</p>
<p>Mefkind - P (After Food) 3.5ml - Morning, Afternoon and Night 2. ONOFF -100 (Before Food) - Morning and Night 3. Brutam (Before Food) 3ml - Morning, Afternoon and Night even after giving prescribed medicines, every 4 hours, he is developing fever and refusing to take food. He started telling he has pain on leg joints and hand. sometime he says he have pain at right hand side of chest. Please help me to understand, if these are normal symptom and above prescribed medicines will fix it or need another consultation? Pinaaki K</p>	<p>Cough and cold are viral 95% of the times in. For cold, you can use anti-allergics like cetirizine and for nose block, saline nasal decongestants will do. Paracetamol can be given in the dose of 15 mg/kg/dose every 4-6th hourly, that too only if fever is more than 100F (Maximum ceiling dose of 500 mg). I suggest not using combination medicines for fever, especially with Paracetamol. For cold, you can use Cetirizine at 0.25 mg/kg/dose every 12 hourly for 3 days. For nasal block, plain saline nasal</p>
<p>Menopausal for over 7 years. Recently I have been experiencing severe abdominal pain which has caused me to pass out, hands and legs feeling numb and as if having vertigo. Please advice. Thanks a lot.</p>	<p>HiT thanks for posting your query. I would first like to rule out any infection inside your abdomen or any stones in kidney gallbladder. So first get an ultrasound abdomen pelvis and urine routine test done and revert with reports. If reports comes then normal then we need to evaluate for other causes like Porphyria Intestinal ischemia etc. Kindly revert with reports. Any doubts or clarifications feel free to ask.</p>
<p>mensural cycle was regular. whwn i go for an HSGC Doc found there was an block in left fallopian tube and the right side was normal. Doc advised me to go for IVF . Is there any treatment other than IVF</p>	<p>Hi, Thanks for writing. I understand your concern. Since how long are you married and trying for pregnancy. Since you have one tube normal you can take ovulation induction . Follow up with follicular study. Follicle in right ovary is followed and when it reaches 20 mm, injection is given. Try for normal conception or get an GUI done after 36 hrs. This can be tried for 6 months prior to an IVF since you are young. Hope I have answered your queries. Good day.</p>

Input	Output
<p>Mentally the drive is still there, but physically Im not the same. My self esteem because of this has taken a large drop. My wife is younger and weve always been sexually active. Everything still works, its just not as stronger and I have hardly any control. Its starting to effect my mental state, feel almost depressed a lot. My family physician found that my Testosterone levels were low, soon after the Vasectomy. I guess my question is am I experiencing onset of ED or maybe depression, or do I just need to get in shape and work on getting my body mentally & physically back into shape?</p>	<p>Hi, From history it seems that you might be having some psychological upset due to having false fear of loosing man power and having bad effect on your partner. After vasectomy there is no lack of testosterone hormonal level as your testes from where this hormone synthesizes are intact.</p> <p>Vasectomy never produces any this type of effect on your sexual life. The feeling you feel is purely psychological and develop strong will power and enjoy your sex life. Ok and take care.</p>
<p>Metocard XL 50 - 1daily 2. Ecosprin AV 75 - after lunch3. Lonazep 0.25 - at 9pm 4. Vertin 16 - morning and night My question is what happened to my mother and is this medicine ok for her?</p> <p>Arnab Sen Email id - YYYY@YYYY</p>	<p>Hlt would have been much helpful if you mentioned the symptoms for which you had to take your mother to the doctor. Is she regularly taking medications or it WS just started? Also, whenever a doctor prescribes medications a lot of factors are taken in consideration like age, symptoms, physical parameters and finally investigations. Not knowing any of this makes it difficult for me to predict. However I will list the uses of all medications you have mentionedMETOCARD XL metoprolol is basically a beta blocker given by doctors in cardiac condition such as hypertension and IHDECOSPRIN AV 75-is basically aspirin which is anti platelet aggregator in common parlance it is used for prevention and treatment of coronary artery diseaseLonazep is a mild anxiolytic and sedativevertinis basically B Sistine given when patient commonly complains of dizziness and vertigo and you don't suspect any deep-seated neurological cause. I cannot diagnose on basis of .</p> <p>However, I hope my answer has been helpful to you</p>
<p>Mild facet joint arthropathy at L4-L5? . Is the reason my back hurts all the way down my leg? Also is the cause of the weakness in my leg?</p>	<p>HelloFindings suggests mild degenerative changes in lumbar spine. Degenerative changes are generally age related findings. There is minimal desiccation of the lower lumbar discs(means very less loss of water from intervertebral disc in lower lumbar vertebra). There is also a small annular rent at L5-S1 level(posteriorly). At L4-L5 level, there is mild facet arthropathy(bony joint in between two vertebra). Majority of degenerative disc disease patients are benefited by conservative treatment in the form of physiotherapy, analgesics and muscle relaxants. Surgery is advised in non responding cases. Physiotherapy helps in strengthening of para spinal muscles, and it prevents further changes. Most likely you will need physiotherapy only. Other causes of weakness in leg like myopathy etc. should also be excluded. Get well soon. Take Care .</p>
<p>Mild loss of normal cervical lordosis with multilevel disc displacements cC3-4 through C7-t1 most pronounced for a leftward radiculopathy at C7-T1, a left paracentral and proximal foraminal protrusion/extrusion abuts and flattens the left paracentral cord resulting in borderline mild central canal stenosis with narrowing of the proximal foraminal entrance and abutment of the existing left C8 nerve root.2. Additionally at C6-7 where a broad based central/left paracentral protrusion abuts and flattens the ventral cord resulting in borderline mild central canal stenosis. Moderate to severe left foraminal narrowing secondary to uncinate hypertrophy with abutment of the exiting left C7</p>	

nerve root.3. Shallow broad based disc displacement C3-4 without cord compression or central canal stenosis. Mild left foraminal narrowing with abutment of the exiting left C4 nerve root.4. Central protrusion C4-5 abuts and mildly flattens the ventral cord.5. Shallow broad based disc displacement C5-6 eccentric to the right with borderline mild central canal stenosis without cord compression.

That is a very significant question and I appreciate your problem. I will try my best to answer your

Quertle treatment needed in your case would basically be surgical. There is no point in wasting too much time in medicines or physiotherapy. I think you should meet a neurosurgeon as soon as possible. The deficits may be more difficult to ease, and will take longer to go if the deficit lasts longer. There is also temporary medical treatment in the form of pregabalin or gabapentin or methycobalamin> However this treatment is not expected to give much relief. Physiotherapy may in fact increase the symptoms if the practitioner is not too good. SO I think surgery is the best option availableCheck sugars and SHI hope this helps you. Inform the reports mentioned above/if any other, so I can be of help further. I have given you the answer to the maximum considering the information provided. The results of the tests could further enhance my answer to you. Please do understand that some details could be extracted from a detailed history and examination. Please feel free to ask another query. I would be glad to help you. Looking forward to your return query with the details asked so that I can help you further. (If the answer has helped you, please indicate this)Best of luck. . MBBS, MD (Internal Medicine), CC (Diabetes Mellitus), DNB (Neurology)Consultant Physician and DiabetologistJS Hospital Apollo Hospital, Delhi Baileys Hospital, Noida

mild lower lumbar hyperlordosis 2.a 4mm mostly central disc protrusion at L4-5 with. mild central stenosis 3.a 2mm disc bulge at L5-s1 comments on mri: there is very mild lower lumbar hyperlordosis w.out significant scoliosis. tha sacral base angle is minimally increased. the lower two thoracic and first three lumbar interspaces are normal. at L4-5, there is mild disc desiccation in conjunction w. a 4mm slightly broad-based but predominantly midline disc protrusion, mild thecal sac impingement and mild central stenosis. no major foraminal narrowing or nerve root impingement. facet joints are grossly normal. L5-s1 no significant degenerative disc disease. small disc bulge 2mm accentuated just in the left of mid line because of hyperlordosis, central canal is capacious and no significant central OR FORAMINAL NARROWING. conus is normal. no fracture or dislocation no intradural or paraspinous masses. will i recover from this or will i have pain long term

Mild lower lumbar hyperhidrosis. The curvature of spine is increased in the lower back.2. A 4 mm mostly central disc protrusion at L4-5 with. Mild central stenosis. At L4-5, there is mild disc desiccation in conjunction w. A 4 mm slightly broad-based but predominantly midline disc protrusion, mild thecal sac impingement and mild central stenosis. No major foraminal narrowing or nerve root impingement. Facet joints are grossly normal. There is a small disc bulging at the L 4 - L 5 level which is causing slight narrowing of the spinal canal. The disc also shows loss of water content which is a degenerative change. No pinching of nerves is noted.3. A 2 mm disc bulge at L5-S1 comments on MRI: there is very mild lower lumbar hyperhidrosis w.out significant scoliosis. The sacral base angle is minimally increased. L5-S1 No significant degenerative disc disease. Small disc bulge 2 mm accentuated just in the left of mid-line because of hyperhidrosis, central canal is capacious and no significant central OR FORAMINAL NARROWING. Conus is normal. There is a slight disc bulging at L 5 - S 1, and it is more to the left of midline. There is no pinching of nerves.4. The lower two thoracic and first three lumbar interspaces are normal. Rest of the discs in mid back region are normal as visible on the scan.5. No fracture or dislocation no intramural or paraspinous masses. No features of trauma or growth seen on MRI. From the above it is seen that you have mild disc degeneration problems at L 4 - 5 and L 5 - S 1 and this is not a serious concern.

Any pain is to be treated with physiotherapy and neurogenic pain relievers.

Mild lumbar spine scoliosis with concavity to left. 2. L4/L5 and L5/S1 disc mild diffuse bulges mildly indenting thecal sac. 3. Lumbar spine canal narrowing at L4/L5 and L5/S1 levels. Could anyone help me by explaining how serious is this and suggest exercise or treatments.

Well mild lumbar scoliosis is not a great problem but canal narrowing with disc bulge indenting thecal sac is problem. By seeing the report we can not conclude either you should be kept on conservative management or any decompressive procedure of L5-S1 level. We always correlate patients complaint with imaging findings. So I would suggest visiting neurosurgeon for further intervention required. Meanwhile you can take proper bed rest, no weight lifting, avoid traveling long distance and no bike riding. Take good painkiller like tab. Brexite 30 mg BD, muscle relaxant (Baclofen 2 mg) TDS Gabapentin 75 mg TDS. I hope you will get well soon after visiting neurosurgeon. Hope this may help you. Let me know if anything is not clear. Thanks.

Mild prostatomegaly and 2. Mild post void residual 36cc. Can you please advise what this all about, as I can't see my doctor till late next week ?? Is this a serious condition? Many thanks in advance. Tony from Dunder.

Hai, As your ultrasound result indicates prostate gland (gland which lies on either side of the urethra) enlargement. It is common in every man aged above 60 years. Mild post void residual 36 cc indicates retention of urine in your bladder after urination. Prostate gland enlargement (prostatomegaly) will cause urinary retention and urinary incontinence. This is not a serious condition to deal with. Thank you hope I answered your query

Mild to moderate diffuse cerebral and cerebellar volume loss, somewhat greater than expected for the patient's age. 2. Small incidental curvilinear posterior pericallosal lipoma (benign tumor of fatty tissue) 3. Otherwise normal MRI of the brain. How serious is all this? I'm very concerned.

I read your question carefully, and I understand your concern. Every one of us after our twenties starts to lose brain cells, hence brain volume, it's part of aging. With the passing of the years as the loss adds up it will start to become visible on MRI. So how abnormal that finding is depends on your age which unfortunately you do not mention. Judging by the report it would seem it is more than the average for someone your age. It says somewhat so it's not alarmingly more, and it is a somewhat subjective estimation anyway. I don't know why you had the MRI, but that finding shouldn't be causing any symptoms. At worst, it may indicate that your brain is aging quickly, might have a greater predisposition for cognitive decline in the future, but that isn't necessarily so, there isn't an exact correlation between brain mass and cognitive performance. I hope to have been of help.

Minor posterior bilateral paracentral bulging with mild encroachment upon the ventral thecal sac and mild central bilateral neural foraminal stenosis. Increase T2 weighted signal intensity along the posterior margin of the L5-S1 consistent with annular tear. What does this mean?

Hello Heinrich. As you have mentioned your problem, the desiccation means the function of disc is to act as cushion between the vertebrae bones and prevent the injury to the spinal cord and spinal nerves also. In your case the little compression of spinal cord which is creating pain. This happened after delivery of your baby. During pregnancy all the ligaments and muscle become lax due to hormonal secretion which is normal but that takes time to regain normal strength after delivery. So you need to consult an orthopedic and physiotherapist. You need proper positional training, training to handle baby, and some exercises to get rid of pain. And you can strengthen your back muscle to have a happy healthy life. With regards

Moderate disk bulge at C3-4, which is predominantly central. There is approximately 10% to 15%

loss of normal AP dimension of the cervical canal. The neural foramina are patent and there is no evidence of neural foraminal narrowing or nerve impingement. 2. C5-6 level. There is a posterior bulge present and minimal to mild narrowing of the neural foramina. There is narrowing of the dimension of the spinal canal by approximately 15%. There is mild ligamentum flavum hypertrophy . 3. C6-7: Mild disk bulge with no evidence of neural foraminal narrowing and no evidence of spinal canal stenosis. 4. Moderate degenerative changes in the midcervical spine at c3-4 and c5-6 levels. 5. A bony posterior protrusion noted at the posterior-superior aspect of C-6 which protrudes posteriorly by approximately 2-3 mm. 6. Possible demineralization surrounding the screws at the 5th cervical interspace level as demonstrated on lateral projections.

Hi, Thank you for posting your query. Your MRI of cervical spine shows bulging of discs (soft tissue located between the vertebral bodies) at multiple levels, causing narrowing of the opening for the nerves and the space for the spinal cord. However, the degree of disease is mild-to-moderate. At this stage, treatment would consist of physiotherapy and medications (such as pregabalin). Please get back if you require any additional information. Best wishes, . Ly/

Moderate to severe hepatic steatosis, progressed from the prior study. 2. No sonographic evidence of cholelithiasis or acute cholecystitis. 3. Stable right renal cysts. 4. Gallbladder duct is dilated, increased from prior. This finding is of uncertain clinical significance. Correlate with laboratory values.

HYou are suffering from a fatty liver condition. For that continuous lifestyle modification needed. Alcohol intake should be restricted if you have a habit. Fruit juice, lemon juice, Apple juice, guava, grapefruit etcetera can be taken more. Avoid high fat and saturated fat-containing foods. Pizza like food restricted. AdÃlio tablet containing ursodeoxycholic acid tablet can be prescribed. Consult physician or gastroenterologist for examination. Hope I have answered your query. Let me know if I can assist you further.

Moderately differentiated adenocarcinoma.2. Gleason grade 4+4.3. Perineural invasion present.What does the biopsy report say? What will be the next step? What medicine should the patient take at the initial stage before any surgery? The patient is on Tamdura for the prostate issue and Diamicon MR 30 for diabetes.

Hi. I am sorry to know about the problem. The biopsy report says that prostate has a cancer disease. Since PSA is very high, it means that there is a chance that it has spread outside the prostate. The next step will be PSMA PET scan to find out the areas in the body affected by prostate cancer. If this scan is not available, you can get an MRI scan of the abdomen to check local involvement or lymph node involvement along with bone scan to find out bone metastasis. The treatment depends on the stage of disease. If it has spread to bones, then bilateral orchiectomy (removal of testes) is the standard treatment. If the patient does not want orchiectomy, then can get regular injections (once in 3 months) to suppress the testicular function. The patient should also take injection Zole . Other than these, there is a need for calcium supplements and iron supplements. Please consult the Urologist for regular follow up, since the treatment needs to be modified according to the response of PSA and clinical factors. PSMA PET scan or MRI abdomen with bone scan. Metastatic carcinoma prostate.

most of the sperm are abnormal in shape and non motile , what should we do to get a child

Hi Your husband can undergo a minor surgery to correct varicocele and take vitamins and antioxidants. Get his semen culture done to rule out infection, if found he needs to take course of antibiotic to clear it. Treatment for few months may improve results. Once sperm counts, motility and morphology are good you can conceive naturally or through Intrauterine insemination (GUI). If semen parameters doesn't improve CSI (IVF) is the option. Take care.

<p>mostly 98 and 99. Diastolic ranged from 58 to 65. mostly 62 and 63. They seem awfully low. I wanted to ensure I didn't have high blood pressure but now find it's lower than normal which I'm told is around 120/80. I vaguely remember having it checked years ago by a GP and I think he said something like 120 or 130 over 70 or 80. He died a few years back, so there is no way I can confirm that. Could this be a problem? Why so low? Comments?</p>	<p>I feel that not many details are provided (for instance, age, and if you had suffered from any disease in the past, for which you take tablets). However, supposing you are in good health, and do not take any tablet, it should not be a matter of concern having low blood pressure readings as far as you have no symptoms related to it (for instance dizziness and/or black-outs). Another possibility is that readings are not correct, you might try to have your blood pressure readings at pharmacy or GP with their machine, followed by measurements obtained with your machine, to compare results obtained. I hope this helps. Regards.</p>
<p>Mother in Law, she is around 53 years old. Last 3-4 months she is having problem in her mouth mainly in her tongue/front side of the tongue. She can't eat anything. When eating she feels like something burning effect on the end of her tongue, but can't see anything there. Some doctors even told her that it was due to broken teeth and she removed 2-3 teeth, but the problem is still there. Some doctors told that it is due to some vitamin problem and treated without any effect. She is taking local homeo treatment for around 1 month without any relief. Please give some advice/treatment/medicines for her. 2. Father in law, he is around 62 years old and now he is having itching all over his body. It's now around 6 months and done treatment in all types. Now he is taking treatment with local homeo doctor but without any relief. In thighs it becomes dark colour and in night it feels too much itching. Please advise him a good treatment. Your urgent reply is awaited.</p>	<p>I have gone through your query, as you are asking about mother-in-law, burning sensation on tongue don't worry, it can't be due to inflammation on tongue or decapitation of papilla you do you can apply Ointment McCoppin or Colonel three times daily on tongue for one week. Take one capsule of vitamin B complex twice daily for 5 days. If she won't get relief then consult dentist for Local examination and investigations if necessary then Biopsy. As you are asking for father-in-law for this you should consult dermatologist for that. Hope this will help you.</p>
<p>Mouth is dry red and swollen and so are ear lobes. Any thoughts? Amy</p>	<p>Your son could be suffering from a viral infection. In such a condition, amoxicillin could often cause rashes to appear. Certain viral infections could also cause mouth sores, cough and fever. I would suggest you to give your child steam inhalation. Gurgling with lukewarm water should help. Please take the child to a doctor and get him evaluated to rule out other more serious ailments like Kawasaki's disease.</p>
<p>MRIs have noted myelomalacia at C4-5 level due to autofused vertebrae. During ACDF surgeon op notes say no spinal cord softening was noted, but recent MRI notes myelomalacia (no comparison with previous MRI). Over past 3 years have had increasing numbness/tingling/pressure in head/face. It's been treated as chronic migraine (I've had bad headaches since a teenager). I now have increased numbness/pain in neck and throat. Am taking gabapentin, verapamil, venlafaxine, B2, B12 and magnesium. Two years ago I was diagnosed with hypertension. I also have minor weakness in arms and legs as well as shooting pains/tingling in both arms and hands. I can turn my head sideways and up/down, but there is a slight grinding sound and soreness afterwards. And at times the back of my neck is warm to touch. In addition, I sometimes have pain in the middle of my chest that radiates down as well as up to my collar bone area. Could my head and/or other symptoms be related to the myelomalacia? Brain MRI came back normal. Also heart problems were ruled out through several tests including heart cath.</p>	<p>You do have multiple problems with your spine in my opinion. Medicine has got a very limited role in</p>

this and if taken that will be symptomatic only or may give some placebo effect the most important is how you react to this if you are taking this with very ease and facing it with open heart without any functional elements then it won't do any harm but with some anxiety and depression this will cause more trouble so just have high moral value every thing will be fine to have nice day.

Muscle injury was said to be the cause of my pain. Spine has been checked and is not the problem. Pain is very bad, can not work very much if at all. Tried massage, many physio places, chiro, trigger point needling, acupuncture, reflexology among other things. Taking oxyne 10 mg 2x a day, oxycocet as needed 0-2/day Best in the mornings and gets worse with walking, sitting, bending, twisting and movement that I use hips or lower back. Any ideas?

Hi, thank-you for providing the brief history of you. As you had injury of spine in 2001, this could have made the muscle weaker. As too many therapies you have undergone and all have different principles of application. Massage - this will produce vasodilation and reduce pain but even weaken the muscles. Chiropractor - this will help to unlock the facet joint and reduce the joint induce pain without strengthening the muscular system. etc. etc. therapies have their effect. Physical therapy, now you need a proper neuromuscular assessment with focused on the spinal injury and then a proper rehabilitation plan should be implemented. Usually in my clinical practice we do get chronic pain of spine cases but with proper implementation and long term planning of the various areas to strengthen have helped our patients to better comfort. I will advise to find a spine specialist physical therapist who can. Reassess the spine and provide the best outcome to your overall body strength. Regards Jay In .

My 4 yrs Son was Diagnosed with acute ITP 3 weeks back since he had some rashes in legs (Plt count had gone down to 7000). IVIG was given @ 2 gms / KG. count went up to 36000 then 100000 and then back to 58000. Bone marrow was conducted and ITP confirmed .now is fine no medicines being given yesterday again count carried out it was 48000. Just now his left top lip has swollen, the way it swells when an ant bites, no reddish or clot signs anywhere in mouth or lips. Child does not know whether it is an ant bite or not. my question is can it be due to ITP or a simple ant bite am worried. Now I have been told to wait and watch no medicines. I wanted your opinion PL?

Having a child with ITP is a bit of a roller coaster, isn't it! This may or may not be related to his ITP, but without any visible bleeding, and if the swelling stays the same as usual, then I too would counsel you to just wait and watch. I know that is hard. Most swelling of the skin, especially that caused by minor trauma such as a bug bite, is not actually bleeding but an increase in inflammatory fluids in the superficial layers of the skin. It feels squishy and looks mostly pale. This is not affected by ITP. Sometimes, swelling seen on the body is really a bruise or bleeding under the skin. This can be a problem in. In this case, the area should look more like a bruise. But even then, you can help stop the (inside) bleeding by applying gentle pressure. Even with treated ITP and platelets above 20,000, this is usually all you need. In your case, I think you are doing the right thing by waiting and watching. Take care. Hope I have answered your question. Let me know if I can assist you further.

My age is 18 years and I am taking Mixtard insulin twice a day. In the morning, I inject 14 units and in the evening I inject 6 units. I want to fast for religious purposes. Can I?

Hello. The patients with type 1 diabetes are advised not to fast. However, if you are healthy and having a good blood sugar control, then you can reverse the dose of insulin as in, take the night dose in the morning and morning dose at night and fast. Be prepared for breaking your fast if your sugar falls below 70 mg/dL or above 300 mg/dL. No need for vigorous exercise. Hope you find my advice beneficial. For more information consult a diabetologist online Take care.

Input	Output
my age is 29, male, height 173 cm, weight 70 kg. I dont have diabetic but in my family everyone has it.	<p>HRaised Alt, AST along with gamma Get might be because You consume alcohol 2) because you have high cholesterol levels, but you have to rule out other causes of elevated liver enzymes,</p> <p>Kindly consult your doctor and get your viral markers tested (like Hepatitis B, hepatitis C), check for any thyroid problems, and if all these are negative, (and as your sugar status is normal) you should abstain from alcohol and maintain strict diet and exercise to reduce your cholesterol levels and re check after a month or two to check if your levels have come down, for this you need to be examined and consult a doctor. Hope I could help you. Thank you.</p>

My baby is not opening her left eye properly. She is opening her right in a good manner but she is always keeping closed her left eye. If we try a small push near the eye she is opening for sometime and again she is closing it. I am so much worried on this. Please kindly provide your guidance or suggestion. 2. My wants to take Amway Nutrilite Omega 3 tablets now read in some article it is good for brain development and skin of my baby. I am little worried that she is feeding the baby at this time is it advisable to take these tablets. My baby is also a week old. Does it have any side effects on my baby. Is it advisable to take it now?? My wife is keep on insisting that tablets.I dunno what to do kindly advice. Regards, Kumar	<p>Hi if your baby is just week old did u notice any slight discharge or anything running from that eye, is that sticky, if u notice anything u need to see pediatrician and those tablets aren't necessary for brain development. Here is what I tell u for your baby brain development which is exclusive breastfeeding for 6 months u should have healthy diet and keep your mind calm and stable I mean no stress and everything will be fine</p>
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My biological died of cardiopathy in his early 40 s. Most of what I read says not to worry but should I?	<p>HHerd is a common problem and It's rarely also related to heart disease. Most of the time, there is no need to worry. However, since you have a history of heart diseases, it's better to get ECG done and stress test like treadmill test which will rule out your concern. For Herd, you should avoid fatty, oily and spicy diet. Have some walk after having food instead of taking rest. Have multiple small meals instead of heavy meals. Have regular sleep habits and avoid stress. Lots of green leafy vegetables, fruits. Elevate head end of the bed or use pillows during sleep or rest. You can get prescribed tab Pan DSR 40 mg or omeprazole risperidone combination before breakfast once a day for 2 weeks. If not adequately relieved, then you should add SYR sacral O or genus two teaspoon three times a day for a week. Hope this helps you and get back if you have any doubts.</p>
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My blood pressure measured yesterday says 135-100. What are the implications of the same.I have had no history of hypertension or blood sugar till date. Iam 5 feet 4 inches tall and weigh 84 kgs. From last 15 days I have been having trouble sleeping and also suffer from fatigue and headache.Please advise	<p>According to JACK blood pressure is categorized as-Normal b.p less than 120/80Prehypertensive state - 120-139/80-89Grade 1 (mild hypertension)-140-159/90-99Grade 2 (moderate hypertension)-160-179/100-109Grade 3(severe) - above 180/110You fall in category of prehypertension systolic and grade 2 diastolic b.pad tablet amlodipine once daily 45 minutes of strenuous exercises every day for 3months1500mg sodium dietInclude lot of fibers and fruits in your devoid butter, and saturated fats instead use olive oil to cook.30minutes of brisk walking at a speed not less than 5.1Å km/hr has to be done. Keep a record of your blood pressure every 3rd day for 21Å days.</p>
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<p>My body jerks a lot, I itch like mad, and have tremors. How will it be possible for me to have an mri scan and keep still? 2. My father has died from complications with hemi migraine , my sister has it now, my nephew has epilepsy and my niece suffers from ME. Can it be possible for me to have MS? Regards Julia</p>	<p>Hi Julia, I have read your symptoms in detail, and based on them, there is little chance of you having MS. However, MRI brain would help in making a diagnosis. If you are not still during MRI, they would give you short term sedation or light general anesthesia. You could be having Myoclonic epilepsy and migraines, both of which can be managed with medications. I hope it helps.</p> <p>Best wishes, .</p>
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<p>MY BOTH KIDNEYS ARE NORMAL IN SIZE. 2. PROSTATE IS ENLARGED IN SIZE, MEASURES 48 X 45 X 41 mm & APPROX. VOLUME IS 47.7 cc. 3. URINARY BLADDER IS NORMAL AND LUMEN IS EHOFFREE. 4. PRE VOID VOLUME IS 325 cc POST VOID VOLUME IS 9 cc (INSIGNIFICANT PVRV). 5. IMPRESSION: GRADE II PROSTATOMEGALY. PLEASE SUGGEST ABOUT TREATMENT.</p>	<p>Hi, many thanks for the query! You should do- Sr. creatinine, Sr. Uric acid, Sr. PSA, X-ray PUB, Urine (R&M). You haven't mentioned your age which is important. Get Per Rectal examination gone by your Urologist, it must, specifically to know about malignancy (cancer) in which case it is HARD in consistency. If collectively it turns out to be benign (non-cancerous), i.e. BEP, then medications should be started with your doctors' opinion. Operation may not be needed as you are asymptomatic. Wish you a good health. Take care. Regards.</p>
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<p>My Bp fluctuates between 120/80 - 135/85. it rises when i feel tensed. Currently i am taking Met Stamlo 25 mg daily in the morning. Also taking Rosuvas F10 daily in night for cholestrol. Now can you help me how can i plan to get my bp lower. I always anxiety.what will going to happen to me. Please help.ThanskAbdul</p>	<p>Hello Abdul! Thank you for asking on ! I understand your concern, and would like to explain that as long as your BP fluctuates between 120/80 - 135/85 mmHg under treatment, your current therapy is effective. To properly judge about therapy optimization, there is a need for an overall BP values during the entire day-night interval for a couple of days. If your BP shows several bouts of abnormally high values max to hypertension grade I, and this occurs only when you feel tense, it doesn't seem to be any immediate needs for BP therapy adjustment. Just try to look after your psychological conditions, to autocontrol your anxiety and avoid increased stress. If BP fluctuates even outside periods of excessive stress, then it is necessary to modify your BP therapy probably to increase medication doses or add another antihypertensive . You need to talk with your prescribing doctor about the above-mentioned issues, after providing the recommended BP measurements. Hope to have been helpful! Greetings!</p>
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<p>My curenent weight and how it will affect the foetus 2. The intesnse treatment I was on and if theres any residue in my body that might affect the foetus.Any advice/suggestions/help will be much appreciated.Thanks, Doll</p>	<p>Hi, Since it's been almost a year since you have been treated, the past tuberculous will not affect your pregnancy. Your weight at 78 kg is more, but I would like to know your height as well. Excess weight prior to pregnancy can cause problems, such as gestational diabetes, hypertension in pregnancy. There is also increased risk of miscarriage and fetal problems. The baby may be large which can cause more chances of cesarean, and also bleeding after birth. So, depending on your BMI calculated with $\text{weight}/(\text{Height})^2$, I would advise weight loss before embarking on the pregnancy. Hope this helps. Regards.</p>
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<p>my cycle is usuall between 21-23days. I am on bromocriptine for a pituraty tumor. I am also taking</p>

folic acid since January	<p>Hi Your cycle length is around 23 days instead of 28 days So ovulation time can be around 11 to 13 days of your cycle Hence for getting pregnant do frequent intercourse between 10 and 16 day of cycle To detect ovulation LH kit can be used Exact ovulation detection study requires serial USG study. At the time of ovulation basal body temperature falls by 0.5F. Check your husband semen analysis report as well If you can't conceive consult gynecologist for examination and further work up accordingly Take care Hope your concern solved</p>
<p>My daughter recently told me that her dad smokes in the house around her and her brother all the time. My question is can second hand smoke have something to do with her coming home sick every single time she goes over there?</p>	<p>Hi, ! I understand your problem. However, smoking will not cause any type of infection in your daughter. You might want to rule out other causes. It might be due to the water in that house. Ensure that she takes proper treatment for Strep infections as they are known to cause Rheumatic heart disease in later life. Also, you must explain to your husband not to smoke around the kids as passive smoking is as dangerous as active smoking. It is not at all good for your kids' health. Hope this information helps. Feel free to ask if you have any doubts. With warm regards,</p>
<p>MY DIABETIC CIA IS 6.7. I HAVE TRIED DIFFERENT PLOWES AND THAT DID NOT HELP. I AM AFRAID THE DOCTORS ARE OVERLOOKING SOMETHING. I HAVE ALSO HAD BREAST CANCER (23 YEARS AGO). I KNOW THAT I AM MORE PRONE TO BRAIN AND COLON CANCER DUE TO THE FACT THAT I HAD BREAST CANCER. I JUST WANT TO WAKE UP WITHOUT HEADACHES.</p>	<p>HSince you've had CT and MRI, you can't say that your doctors have overlooked something, MRI is the most sensitive exam to detect brain lesions (including cancer, whether primary or metastases). So they seem to have done, all in their power to make sure there isn't any lesion responsible for the headaches. So I think medication for headache prevention is necessary. Amitriptyline would be the more obvious choice. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>My doctor commented parenteral herniation. And advised me to have a surgical treatment disactomy. but have listened that there are so much shocking threads. im on bed rest now almost one month i have spent on my bed. but not feeling so well. now schiatic pain is not so chronic until on rest. but after walk of 40 second schiatic pain began to recurrent. please advise me what should i do now either i shold go through the surgary or should take more rest.</p>	<p>If there is herniation the relief will be there for some time if you take rest more but when you walk again there will be swelling causing same better is to go for surgery as nowadays endoscopy surgery is possible with minimum invasion and minimal healing time and more accuracy as I have seen many patients like this complicating further by avoiding surgery in my opinion also surgery is the best option</p>
<p>My Doctor gave ChromiNAC-A tablets and Harmoni - F tablets. These two are for what? 2. My husband and I live in different cities(jobs). We see each other every weekend. Now I want to have a baby.He is not much interested in intercourse. Is there any medical facility like taking his sperm and injecting to my body ?. Details: age:30 Period cycle:34 thanks,</p>	<p>Hallow Dear, Chrominance is a medicine which can be used in cases of Polycystic Ovarian Syn . In PCs, levels of insulin are raised due to insulin resistance. These tablets reduce the insulin resistance. Harmony F Tablet contains Cyproterone, Ethinylestradiol, and Folic Acid as active ingredients. They may be useful in controlling the raised levels of male sex hormones in PCs. Also, they will help in building up the uterine lining. However, these pills will have to be down regulated before you undergo GUI. If you are releasing eggs (ovulation) regularly, and if the tubes are patent,</p>

you can conceive by a procedure called as Intrauterine Sperm Instillation (GUI). Monitor your ovulation by ultrasonography. On the day of ovulation, your husbands collected and processed sperms can be instilled in your uterus. This can make you pregnant. I hope this helps you.

My doctor gave me Acylex 200 mg two times a day for two months and advised us to not try for a baby for two months. After two months medicine course, I did this test again today and again it is positive with rubella IgG 223, toxoplasma IgG 101, CMV IgG is 13.6 and herpes IgG is 47.9. We cannot understand the reports. My uterus, ovaries, hormones, everything is fine. Please tell me when we can plan a pregnancy? And what are the chances of miscarriage again because of torch test positive results? All torch test IgM values are normal.

H forum. I have gone through your case summary. Please tell me about the miscarriage at what time of gestation did they occur. Have you got an ultrasound done in those previous pregnancies? Was any shadow of the baby seen at that time? Was heartbeat seen in the baby? Next is your TORCH test. First of all, it is not responsible for recurrent miscarriages. All high values of IgG suggest that you are immune and now nothing is to be done. If we want to know a fresh infection, then only IgM or avidity testing is required. Did you have any history of fever, sore throat or any eruptions on your skin at the time of first miscarriage? Now, just do not bother about these tests. The important test required to be done. If not done earlier are thyroid profile, fasting, and postprandial blood sugar, V . Get all these tests and accordingly, she can plan a pregnancy after another month. Pre-conceptionally, she should take tablet Folvite 1 mg and tablet Ecosprin 75 mg once a day. Could be anti-phospholipid antibody syn

My doctor has prescribed Udiliv 300 thrice a day for one and half month. I am have been exercising from last eight months. Do I need medication at all? How serious is my condition. Is it reversible? How long will I take to return to normal? What else do you suggest? Thank you very much

Hi . Its elevation is commonly found in many disorders must most usually is alcoholic, viral, autoimmune or toxic liver damage.Also, it can be due to excessive exercise. The most common liver disorders are fatty liver which can be found in healthy people, but usually is resulting from elevated blood lipids, overweight and elevated blood sugar. If ultrasounds didn't find anything and viral markers are negative then you have no reason to be concerned. You should treat it by dietary and lifestyle habits. Do exercise, avoid alcohol, smoking, fats, fast food and carbonated . Eat more fruit and vegetables, boiled meat and follow some of hepatoprotective diets. Findings usually improves on such measures. If not, then some medicines can be prescribed. The are moderately elevated enzymes and some doctors prescribe

my doctor is asking to put injection tomorrow morning , the inj name is 0000mg. i have any chances to get pregnancy for this month,what we do next?

Hello. Thanks for writing to us. According to the report, you have two mature follicles in your left ovary. The injection is given so that the follicle ruptures and the ovum is released. The chances of conception are present in this cycle. You need to have regular sex after taking the injection. I hope this information has been both informative and helpful for you. You can consult me again directly through my profile URL <http://> .

My doctor seems baffled! Any ideas, i m really worried

By your history and description, we should first rule out hyperthyroidism. So get done serum TSH, Free T3 and free T4 for the evaluation of hyperthyroidism. If all these are normal then no need to worry about hyperthyroidism. Sometimes uncontrolled stress, anxiety and panic disorder can also cause similar symptoms. So consult psychiatrist and get done counselling sessions. Try to identify stressor in your life and start working on its solution. You may need anxiolytic . Don't worry, you will be alright. Avoid stress and tension, be relaxed and calm. Hope I have solved your query. I will

be happy to help you further. Wish you good health. Thanks.

my doctor suggest udlive 300mg. now itching in boady isnot so much. is every thing is ok? or should i go more test?

Hi, thanks for the query. I understand your concern. Your itching in body was due to obstetric homeostasis . Which indicates liver problem. That is why your symptoms disappeared after AdÃ-lio. * Still you have to be in regular contact with your doctor, Provide him information regarding to continue with AdÃ-lio & probably vitamin K / repeat liver function tests / follow dietary advise given. Thus controlled maternal & fetal health continued till fetus becomes viable. & then your delivery may be natural/ induced, with active management of placental delivery .to avoid complications. * After one week of delivery, blood check up for liver function tests is to be done to confirm their normality. * One more thing to remember is avoid hormonal contraceptives for family planning. * AN utmost care while next pregnancy is vital. As recurrence rate is 40-50%Thanks.

My dr gave her a steroid treatment & I was told she needed it for three days. She has now been on it for three days & is no better, though the cough has lessened a little. On the 31st she developed a fever of 38.9 to 39.5ish & was delirious & lethargic, I did bring it down with infants paracetamol. However last night she managed to maintain a high temp of 38.6 or higher even with a dose of paracetamol. She kept it high all night & I gave her another dose this morning which did bring it down to 37.7c. My daughter is still coughing, has a runny nose, is normally a happy bubbly child but seems to have no energy & she also had diarrhoea this morning.

Hi Dear, Understanding your concern. As per your query your child have symptoms of fever with cough and cold which is mainly because of lower respiratory tract infection due to poor immunity of body. It could be due to viral infection as well. Need not worry about it. Symptoms resembling flu and normally takes 3 days for viral fever to go. Visit pediatrician once and get it examined. If cough is exaggerating go for chest X-ray, blood and sputum test of child. If it is bacterial infection start with proper course of antibiotics. Till then give Cronin 4 holy. Acetaminophen is also effective, and you can give that as well. Give child proper rest without any discomfort. Give water after every few mins. Give diet rich in multivitamins along with plenty of fluids. Hope your concern has been resolved. Get Well Soon. Best Wishes,

my dr says that this is much high from the normal body range. can you tell me that is this dangerous for me and why is this. my all family is healthy .

HelloIncreased GGT and SGPT may indicate liver injury. It may be due to many reasons like hepatitis, alcohol intake, altered lipid profile, medicines, autoimmune causes etc. It is important to know about alcohol history. You may need few investigations like routine hologram, random blood sugar, lipid profile, viral markers, ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg twice daily for three months to my patients. It helps in regeneration of liver cells. You may need few more medicines after full investigations. Get well soon. Take Care .

Input	Output
my dr suggest me to take chemo as quickly as possible. but i interested to take chemo with tata memorial hospital in mumbie. testis removable day is 24-01-13. that means 1 month 7 days gone, for gone india we need 15 more days, is it hermful for me?	Hi, Teratomas are not the very common testicular type of tumors and could spread. However, before the operation is done, a clinical and para clinical appraisal is usually done, to determine whether the tumor has already attained other structures or not. This usually helps your surgeon to decide on the appropriate treatment option after surgery, and the speed of installation of this treatment. I believe your surgeon must have done this before surgery, and the speed and invasiveness, type of treatment to be taken are usually based on these findings. However, I would advise you to get to take your chemotherapy as soon as possible, for testicular tumors at times spread very fast, and during the spread period, are clinically silent with no signs and symptoms, revealing themselves only in an advanced stage. Hope this helps, Luchuo, MD.
my dr. advised for mantoux test whice positive, chest X-ray is clear and i have no symptom of TB but my dr. has started TB treatment. Am I suffering from TB as every one says that positive mantoux doest not surely confirm TB?	Thank you for writing on . In my every day practice we don't treat every patient which is manitou positive. There are some criteria to start treatment. Anthony can come positive with means that you have been exposed to mycobacteria tuberculosis but it's not equal to disease. It needs to have other clinical correlations. A normal chest x-ray normal is against starting of treatment. At first there is the need the see you have had any previous contact with tuberculous patients. If any member in your family has had tuberculosis. Low grade fever could be symptom of other disease and the list is long including infection, systemic disease etc. You have to discus again the reason for starting of treatment. Low grade fever is not an indication for Tuberculosis treatments you good health
My family disagrees with this diagnoses and I have a cousin that is mad with me and she is a nurse and she court ordered me in to the hospital she works at. She got fired for breaking the hipaa law going into my information through the computer to bmu. she had been there 15 years. she is the one that called the hospital and told them I was manic and bipolar. I looked up all symptoms and I do not have the symptoms of bipolar. I went to er with a reaction to lithium and the doctor there told me not to take it and to do not let a doctor put me on crazy medication because I am not crazy. What do I do. My family has signed a piece of paper stating I do not have the symptoms of bipolar	Dear, We understand your concerns went through your details. As you had already gone through the symptoms, I do not have to repeat those symptoms here again. You had already gone through the bipolar symptoms list and once you are sure, you don't have those symptoms, why worry and take medicines for that? Your family also vouches your version. You may convince your doctor easily about it. You may, if you want, consult a psychologist who is capable to give you a psychometric test to assess your mental health. Such a specialist is the only person who can accurately diagnose you. If you require more of my help in this aspect, please use this URL. http://goo.gl/aYW2pR . Make sure that you include every minute detail possible. Hope this answers your query. Further clarifications are welcome. Good luck. Take care.
My grade 4 mobility is at 0 how this can be improved? I am trying for the baby.2. My PUS Cells are in between 8-10 how this can be reduced?3. Volume of ejaculation is 1 ML how I can improve this?	Hai, as your semen report indicates low volume and poor motility and pus cells indicates infection.I will advise you to rule out the cause for the above-mentioned condition and take proper medication and treatment. Along with that follow healthy lifestyle and diet. Avoid stress, alcohol,tobacco.kindly consult an infertility specialist to rule out the reason for the above-mentioned semen condition.

Thank you hope I answered your query.

my gyn suggest me go through for laproscopy or drilling. in april 2011 my laproscopy done. and then doc gave me clomid CD2 to 6. and also metformin 500mg twice a day. but no results.then i changed my consultant last month.march 2013.he gave me Femara 2.5mg from day 2 to day 6th of my cycle. and menogon injections from day 7.8.9.and 10th and advise to intercourse for 5 days regular. but still no result.now im asking should i continue this natural process or go through for IVF? as my age concern? plz give me answer im very worried and hopeless now. bcz my husband is seamen and he is on vactions now thats why im in bit hurry.Mrs Shah

Hello Mrs Shah, I can understand your worries and concern. Reading your history I understand that you have taken ovulation induction . The next level would be to go for GUI that is intrauterine insemination, rather than directly jumping over t IVF. So I would advise you to go for GUI for at least 2 cycles before taking up IVF. But still you can consult your doctor and take a call on what you want to do next. Simple advice would be to be stress-free. Don't Worrall the best, take care.

My hands tremble at times (2-3 times a year) with feeling of my heart running like a vehicle engine.
2. Getting emotional triggers leading to suicidal tendencies. - from India

Hello . Thanks for your query. The symptoms of trembling of the hands, rapid beating of the heart, etc. appear to be anxiety-related. You also seem to be having a problem with controlling your emotions and have engaged in self harming behavior multiple times. Such emotional instabilities and self-harming behavior could be indicative of a personality disorder, probably a borderline personality disorder. I would recommend that you see a psychiatrist for a detailed psychological assessment and further treatment. There are good psychological therapies which can help you control your emotions and your dysfunctional thoughts, and teach you better coping and stress-management skills. Sometimes, medication may also be beneficial in such cases. Wish you all the best.

My hands tremble at times (2-3 times a year) with feeling of my heart running like a vehicle engine.
2. Getting emotional triggers leading to suicidal tendencies. - from India

Hello . Thanks for your query. I had answered your previous query. This additional information that your ECG is normal, confirms the fact that your problems are due to a psychological cause and not due to any medical disorder. Please visit a psychiatrist to have a detailed psychological assessment, so that further treatment and therapy can be planned. It is important that you realize that you need help and therefore take sincere and dedicated efforts to overcome your problems and improve yourself. Wish you all the best.

My heart rate is normally in the 90s is this bad

1.Arrhythmia2. Heart failure3. Coronary artery disease. So above investigations are needed to rule out cardiac cause. If all cardiac investigations are normal, then no need to worry much for cardiac causes. Anxiety can also cause similar symptoms. So avoid stress and tension.Don't worry, you will be alright.

My height is 54 i really want to add few inches (3-4 inches) in my height. I ll do anything for it. I am very tensed about my height. I cant perform well in my study due to tension about my height. I always think about my height only. Can u help me.? And i heard about more power ayurvedik capsules. Does they work.? Please suggest me otherwise i can suicide also sometime tension at its height on my mind. : i was having piles but i am perfect now its removed now :rAhuL.,

Hi Rahul, There is no evidence based data to suggest the usefulness of Ayurvedic medicine in increasing the height of an individual. The height of an individual is determined by many factors like Heredity, environment, sex, nutrition, race, exercise, hormones etc. So, trying to increase height by means of any medications is not advisable as they tend to have adverse effects on other systems

of the body. Develop a positive attitude and go ahead in life. Hope this information is helpful. Good day

My hr was 99. Ekg was normal. I also have been having muscle twitches, especially in my face. I am 43 medical rep, overweight female. He put me on azor. What do you think it is?

Hello thanks for posting here your BP was quite high during the episode. This account for your light head. Muscle twitching can be due to low calcium levels. Please check your calcium and vitamin D levels. The doctor has started you on a medication to decrease your BP. Please check your BP regularly. If it is persistently high despite taking tab azor then another BP medication has to be added. Thank you

My KFT, TMT, Echo is normal, with serum triglycerides 230. I take ecosprin AV 75 as a precautionary medicine as I have a family history of heart attack. I am 50 years old. Could you advise any medicine to reduce potassium levels please. I smoke and drink.

Hi, I have gone through your question. Your potassium level increased mildly. Mainstay of treatment is to enhance the potassium excretion. Calcium, insulin, glucose can be helpful. But all are temporary measures. Definitive loss of excess potassium can be achieved only with cation exchange resins or dialysis. Any external potassium supplements should be stopped. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

My knees both are bone on bone. Recently, I have been having difficulty with shortness of breath and weakness with most easy tasks. I spent this last winter on the couch to save my knees as I am uninsured. I also this week had 2 episodes of waking up gasping for air unless I was sitting up. Has my inactivity caused my stamina to be so low?

1. PFT (pulmonary function test) 2. CT pulmonary angiography. PFT is needed to rule out bronchitis. And CT pulmonary angiography is needed to rule out pulmonary embolism. So better to first diagnose your self and then start appropriate treatment.

My LDL came back as Invalid. What does this mean? Could this be an error?

I understand your concern, and would like to explain that the result of LDL as invalid, raises high suspicions for a false result, probably caused by the lab machine. Your abnormally high level of triglycerides is very concerning, but as long as you have no symptoms, a normal weight, this seems to be a very doubtful result. I recommend repeating your lipidogram profile to be sure that this is just a lab error. Hope to have been of help! Best wishes,

My LFTs are of 120-130 range. Kindly tell me how much my liver has been affected at this stage and what should I do. I have not yet treated me with interferon.

Hi. Noted you have hepatitis C chronic infection. Here our aim is to prevent complications like cirrhosis and portal hypertension. If you have chronic active disease decided by HCV RNA then Antiviral. Take more fruits with low fatty and less fried food. Avoid alcohol as it is toxic to hepatocytes. Daily in morning take grinded spinach leaves and carrot juice. Take one tsp licorice with honey. Cheese, butter, pizza, meat avoided. In dinner include vegetable soup also. Yogurt also useful. Take low salt diet. If ascites develop contact doc immediately.

My memory is very weak and I forget usually. And No. 2. Despite my various struggle I can not concentrate in studying and work, whereas I want to take interest but I can not. Please reply and solve my both problems through medicines or you better understand. Thanks Nadeem

Are you able to concentrate on movies? Interesting movies? 2. Are you able to remember the stories, actors, actresses of these movies? 3. Songs? 4. Are you able to remember the food you ate last night? Definitely yes. I know the answers always shall be YES. That means both your doubts are cleared. You have good concentration power, and you do not have any memory problem. Then

why are you not able to concentrate on studies? Cant remember what you studied? Because they are not interesting. Once you make them interesting, they shall be unforgettable. There are so many techniques to study effectively. See this website :
<http://psychocure.webs.com/howtosyudyeffetively.html> If you require more of my help in this aspect, Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe some psychotherapy techniques which should help you cure your condition further. Hope this answers your query. Available for further clarifications. Good luck.

My menses ceased and I experienced pre- mature menopause. I was put on estrogen and progesterone after hospitalization and many tests. In 1994 I had a complete hysterectomy at the age of 39. Then I was on the estrogen patch for a few years. I stopped using them and all other synthetic estrogen, due to the risks. I am 58 years old at this time will be 59 in July. Over the years I have experience hair loss. To date it is extreme and I am quite concern. My question is. Will taking natural hormones or scalp treatments stop the thinning? And will the follicles replenish to cause regrowth? What are your views about Bio identical hormones provided by a Body Logic MD

I appreciate your concern regarding hair fall. Hair fall is usually ascribed to multiple factors like diet and nutrition, hormones, stress, acute or chronic medical conditions, . From your description, it seems you might be having Halogen Effluvium, which is hairball secondary to stress. If I were your dermatologist/trichologist, I would like to take through history including family history, history of recent major trauma/illness/stress/medications etc. and recommend some basic investigations like CBC, blood sugar, Thyroid function test. Some other special investigations like pictogram and endoscopy and further aid in diagnosis and prognosis. I would suggest you a course of oral tablets containing biotin and other essential vitamins and minerals for minimum 3 months. Also, would put you on solution containing 5% minoxidil once a day and a hair serum containing peptides for hair growth at night.(Q era etc.). I would advise use of gentle shampoo and conditioner on regular basis and use of coconut oil twice a week. Also inquire from your dermatologist about upcoming treatment options like monotherapy and platelet-rich plasma. Avoid combing in wet hair and let them

my normal reading is 110/90. could my back pain be causing the low blood pressure. when the nurse checked my blood pressure I was feeling pain in my upper stomach abdomen and I was light headed, dizzy, and I felt very hot and sweaty. over a period of five minutes it slowly went away. I feel this about once or twice a day. I have had the back pain for two years, but for the past two weeks ive been experiencing these pains and dizziness. is this normal? I am also only 17 years of age.

Dear friend, thank you for your consultation.it seems that you have a low pressure in comparison to your age. And the sudden bout of ligHi Theaded, dizziness all these are because of sudden fall in pressure. But from my day to day clinical practice I am telling you your back pain has nothing to do with your fall of pressure. So I think your blood pressure profile is not normal, and you should go for a complete clinical examination and necessary investigations to know the cause. For this you can take suggestion from your GP also.my best wishes for you, thank you.

My normal temp is 36.5 Celsius. After 2 days with high temp my doctor treated me with antibiotics for kidney infection, however 2 days after i went to A&E as the temp did not go down and i developed a heavy chesty cough. In hospital advised me that the temp should not take longer than days, however after the 7 days i have had a lower temp 37.1 and feel too tired. Two days ago i had menstruation for one day brown colour, but i had already finished these 10 days ago. I feel too tired

and have some abdominal pain and just think that the right diagnose has not been identified by my GP

Hi thanks for asking question. First get your urine examined if UTI is present. Now as you have done lower abdomen pain pelvic inflammatory disease has to be ruled out.USG done for it with CBC. Cough is also present with fever. So look for consolidation in x-ray. If seen sputum gram and AFB stain done with culture if needed.LFT and RFT profile also done for kidney and liver affection. Antibiotic taken according to cause.Meanwhile, if anemia present correct with iron or multivitamin tablet.

My partner is a well controlled diabetic, age 82, tall and slim, 160 lbs. He has occasional rapid heartbeat that also pounds on the top of his head. He has had a pacemaker for six months. Along with a new cough and cold he has had two episodes in the last two days but otherwise this happens only occasionally. He bounced back yesterday and felt great until this afternoon. Again he is weak, tired and and is trying to sleep it off. Not showing stroke signs so far. Cardiologist on last visit a month or more ago seemed unconcerned. Nurse Practitioner says all his blood tests etc. are great.

Hi I understand your query and concern. Atrial fibrillation is known to cause Rapid heart rate and fluctuations in blood pressure. I advise you to have a baseline 2 dimensional echocardiography, ECG and lipid profile to assess the basic cardiac reserve of your heart. Restrict the intake of salt to less than 6g/day. Regular physical exercise in the form of brisk walk for 20 min a daily is useful. . Reduce the intake of fatty and fried food. Electrophysiological study with or without Radiofrequency ablation is the procedure of choice in your case. You may also need Coronary angiogram to look for any co-existent blocks in the heart. Consult a Cardiologist and discuss for further expert management.

MY PAST which was not good ,come again & again in my mind whicpletely disturbed my mind .2. most of the time in 10 days , i disturbed by nightfall which disrupt my rythem & energy level.Due to this my penis size also decreases. PLEASE SUGGEST ME CORRECT SOLUTION TO FIGHT AGAINST TWO BIG PROBLEM.i am not so rich sir please help me

Improve your social life by spending more time with friends and relatives.2. Keep your mind active and busy at all times either through curricular or extracurricular activities.3. Have a diet rich in fruits, vegetables, fish, nuts & honey.4. Avoid fast foods & lipid containing diet.5. Avoid smoking & alcohol.6. Keep away stress, think positive.7. Exercise regularly & practice meditationThese measures will be helpful in improving concentration & builds up the confidence level. Take care.

Input	Output
My PCP says I cannot afford to loose more weight but cannot eat. This all stems from a lawsuit regarding my home that is sinking. I have read that HGH hormone replacement therapy in a LOW dose helps the anxiety, self-esteem, gives energy, and best of all, I would gain muscle. I have never lost this much weight over anything. Would one cycle of low dose HGH help me?	Hello Anxiety and depressive mood symptoms are observed commonly in elderly females. And also you have stress factor due to lawsuit. To control anxiety, stress, and depression in elderly usually Anti anxiety . Some doctors recommend start of hormone therapy. But hormone therapy has its side effect. Antianxiety medicines like Duloxetine, Milnacipran are very useful in post menopausal females in controlling anxiety and hot flushes. For episodic relief you can go for Clonazepam. Visit a Psychiatrist for expert opinion. Thanks
My penis head was raw and very painful from contact with my undershorts. 2. A small amount of white discharge. 3. A pain deep inside of my penis. Now the only symptom seems to be that my penis foreskin is swollen and sagging with a slight itching. Does this mean my body is healing itself or am i experiencing a transition to some other stage of my condition? What does sagging and or swollen penis foreskin indicated?	HelloThanks for query. You have not mentioned sexual history in your query The redness, swelling of foreskin and glans with other symptoms that to had strongly suggested infection of glans penis and foreskin (Balanitis Prostatitis), The white discharge that you have is suggestive of Sexually Transmitted Infection and needs to be investigated. Please consult qualified Urologist or Dermatologist and get following basic test done to confirm the diagnosis . Swab test of urethral discharge 2) Blood test for STI .3) Urine routine and culture. Continue taking antibiotic like Erythromycin twice daily along with topical antibiotic ointment Neosporin for local application. Ensure to wash your genitals with warm water twice daily. Ensure to avoid sexual encounters till it heals up completely. Further treatment will depend upon result of these tests and final diagnosis. .
My penis length is 4.9 inches and i want to increase without side effect. Can you give me some home base treatment. 2. I am doing a hand practice sometime and my skin is not good . every type of skin adverse thing is done on my face like, pimple , acne , freshless, oily and darkness. Can you give me some home base treatment like herbal or fruits,etc.? Regards, thanks	1.1.Manjisthadi fan vat 2 tabs twice a day2. Kishore fugal 2 tabs twice a day3. Vast fan vat 2 tabs twice a day. HALDE and need should have to take regular as home remedies.
My penis would be 5,5 inches when erect. 2. A tight ring does form when I slide the foreskin down the head of penis, even when it is not erect.3. The ring becomes extremely tight if I witness an erection and the frenulum hurts.	HelloThanks for query. You have tight Mitosis. The best treatment option for tight Mitosis is to get circumcised. This will give you permanent cure and helps to have enjoyable sex throughout the life. The other option that is available is to do dorsal slit where foreskin is opened dorsally so that foreskin can be retracted over glans penis. But the cosmetic results of this surgery are not acceptable by most of the female partners. As regards your doubt about sensitivity of glans penis, circumcision does reduce the sensitivity of glans penis, but it gets accustomed to this as you can see most of the people from Muslim community who get circumcised in early childhood do enjoy sex. .
My period was due August 4 but as at August 10 my period has not come. Could I be pregnant?	Hello dairy understand your concertgoer delayed period could be due to side effect of the posting 2 or by pregnancy. Pregnancy is possible as you did sex on the 25th august without any protection. Postinor 2 pill cause delay in period by 10-14 days. If your period will delay by more than 14 days

from the expected period date then go for urine pregnancy test and or blood to confirm the pregnancy. If you will be pregnant then still you can terminate the intrauterine pregnancy by Abortion pill under the advice of gynecologist. Meanwhile, avoid stress, take healthy diet, . Hope this may help noncontact for further health query Best regards

My periods are quite regular. I am 39 years old and desperate for another child. I am worried that I may be approaching the menopause

Dear user, You are right to worry because there is a decline in fertility after the age of 35, and the decline is rapid after age 40. I mean you should not waste time if you really want a child. You should go to someone specialized in infertility and assisted reproduction. I suggest 3 cycles of ovulation induction with folliculometry and timing of intercourse, and if no pregnancy occurs the next step will be 3 cycles of controlled ovarian hyperstimulation followed by intrauterine insemination. If no pregnancy occurs the next step will be invited fertilization OC into cytoplasmic sperm injection till you are pregnant. I wish you getting pregnant soon and good luck.

My physician did not say anything about this. I found out because I read my tests. I am going back to see him and question these results. Any suggestions?

H forum. Anisocytosis means a difference in the size of the red blood cells. This could mean that you have a mild iron deficiency. Anisocytosis of 1+ is a very mild variation in the size of the RBCs. Your hemoglobin levels are towards the lower end of the normal range and it is possible that your iron stores are depleted. This can be determined by testing serum ferritin levels. I would suggest that you continue taking the iron and folic acid tablets for another two to three months to bring up your hemoglobin levels and replenish your iron stores. There is no need for you to worry. For more information consult a hematologist online

my problem now is i have been diagnosed type 2 diabetes and depressed so taking 1000mg metformin and sertraline 8mg I am weak and have no energy and my sugars vary a lot i am also 104 kg way over weight can you help ?

Dear, I can understand the stress you currently must be undergoing through. Depression is very common in chronically ill patients esp in cancer patients. Anti depressants such as sertraline can provide relief with your complaints of low mood and reduced energy levels, etc. Discuss with the treating oncologist for proper management of pain. For diabetes metformin is good if still the sugar is not properly controlled consider adding one more anti-diabetic . Regular light to moderate exercise can help you with the sleep and depression issues. Take care.

my problem started in 2010 after c section with my 2nd child.i had to have an emergency c section with her and had a epidural. I have severe lower back pain can hardly walk when first get up and I have problems with abdominal pain and back pain with bowel movements horrible pain can hardly stand it break out in sweat get ligHi Theaded while sitting almost to point of passing out. throughout my day my back feels like I been punched just sore and have to be careful when bending or reaching for high objects on shelf .

Hello.(I'm afraid to tell you that the problem started because the EPIDURAL Anesthesia given went wrong, its a complication of that because it was not given correctly n injured the nerves (2) what got injured is gone, i mean it can't be reversed but yes, with proper care you can definitely control all the pain n discomfort you are suffering (3) avoid . R. l of lumbosacral spine to see how much region of your spine is injured (4) do exercises to strengthen your lower back muscles, any good physiotherapist can guide you to do which exercises n which 1 to avoid (5) use a LUMBAR BELT while

My Que, is there any restriction on diet side? Pain at back still persists which is more severe at

<p>night time, Why so? She is not able to get up from the bed even. How long does it take to recover so that she is able to do her daily routines? Thanks Vinod, Bangalore.</p>	<p>Thanks for using .com. First I would like to know how was the TB confirmed. Was a biopsy done.</p> <p>In someone who is 67 years old other caused are osteoporosis. If someone is getting nocturnal back pain we have to rule out metastasis also. Regarding the diet. As most medicines cause gastritis avoid spicy foods. Take a high protein diet. Add a vitamin called B long to the medicines to reduce the side effects of the ATT medicines. Most important is to take a complete course of treatment for TB if confirmed. Bye</p>
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<p>My question is what is the cause for all this and what are the side effects of levipill. Initially he was on eptoin but he had disturbed LFT and Gastro ent has advised to stop it immediately. kindly advice Regards Vijayprasad, Baroda</p>	<p>Hello Fairbanks for your query. The hippocampus is often the focus of epileptic seizures: hippocampal sclerosis is the most commonly visible type of tissue damage in temporal lobe epilepsy. Side effects of Levitical are . Serious side effects may include depression, hallucinations, suicidal thoughts, double vision, itching, rash, swelling of the face etc. Stay in touch with the treating neurologist and follow his advices. Hope this helps. Take care.</p>
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<p>my question is. is an count of 1001 within normal limit at this stage? 2) why did my gyanac recommend me to take an endogest 200 ? should i be worried? 3)is it safe to travel by road/train/air during the first trimister?</p>	<p>Hi, Yes, this count of is normal for this stage of pregnancy. Endogest is a progesterone hormone containing tablet, it is given in early pregnancy as a precaution against miscarriage, but no studies show clear-cut results when there is no sign of threatened miscarriage, but some doctors prescribe these to most of the patients. Do not worry. It is safe to travel if you do not have any medical or surgical conditions which are contraindications for travel. It would be advisable to avoid, very long and hard journeys especially where there is a lot of movement and bad road condition. Hope this helps. Regards.</p>
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<p>My questions are why is Vitamin B12 high? Could this be small intestine bacterial overgrowth? Taking lots of proteins and healthy food, but no use. Could you please help to get the food absorbed.</p>	<p>High vitamin B12 can result from multiple causes. Since your liver function test, kidney function test, peripheral blood smear, etc., are normal (attachment removed to protect patient identity), we can rule out these as the cause. Other causes like diabetes (which you have as evidenced by HBA1c), nonvegetarian diet (do not know your status) and vitamin supplementation (which you are on) can also cause mild elevations. Small intestinal bacterial overgrowth results in Vitamin B12 deficiency.</p>
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<p>My regular doctor said after my blood test said I may have an infection-UTI. Since I have no prostate can infection cause my PSA to rise ?</p>	<p>Hi, I don't believe that infection in the urine can cause an elevation in the PSA because as you said you don't have any prostate anymore. But of course we have to hope for the best, so we will see I repeat PSA after you take the antibiotics prescribed to you. If there is still rising PSA after the course of antibiotics then we may say that you may have prostate cancer recurrence after surgery. Your doctor might give you hormone therapy or addition depending on your clinical data. Hope I have answered your query. Let me know if I can assist you further.</p>
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<p>My road bike skidded over on top of me while going around a corner. My upper thigh/hip took most of the impact. There is a rather large (15cm accross, 12cm high) painful pink lump there now. My leg also got stuck under my bike twisted counter-clockwise so inside my hip all around and my</p>
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knee also feel tender. It s painful and feels very strange to walk. What should I do?

Hi, thank you for providing the brief history of you. As per your history you had RTA, and now you have difficulty in walking and pain as well. I will advise you to undergo a thorough clinical examination on a safer side. Also, an x-ray might help us to be on a safer side if any injury is there. As in most RTA there are muscular injuries than bony ones. And this takes a little time to reduce as the impact of the fall will be highly damaging the muscular system. This takes a little time to heal I will advise you to undergo a thorough clinical examination and an x-ray of the hip on a safer side.

Regards Jay In .

my sister at 47 of heart disease. I am trying everything possible but seem to have the genetics against me. I am 64. is there a way to determine my longevity. I have 8 grandchildren.

HI have gone through your query. Thanks for using .First let me tell you that genetics is highly affected by external environmental factors. Your lifestyle can certainly modify genetic risk. So you should not worry about it. You have certainly long longevity as your angiography of heart was normal.However, I need to know your entire case history to guide properly. My best wishes .

My skin was very dry. And it seems to be shrinked not tight. Especially in winter, I suffer a lot with this dry skin. My foot is also very dry with cracks. Is there any remedy for that. Pls give ur suggestion.ThankuRegards

Hi, you are suffering from necrosis and planter keratoderma .it is an abnormal . Treatments include:Moisturizers, especially creams or lotions that contain urea and lactic acidTopical steroids -- for areas that get very inflamed and itchy.prevention not expose your skin to water more than needed. Use cool bath water. Choose gentle skin cleansers that are free of dyes and perfumes. Hope this is useful. Thanks

My stepson was very disrespectful at the beginning of our relationship but alot had to do with his mother. ovet the years we have gotten closer and he tells me things he doesn t tell his parents mind you he just turned 13. Well today he said he had something to tell me and didn t want me to tell his Dad. When I asked what i never expected this to come out his mouth. He asked if i would have sex with him. After I went sick to my stomach i told him that wasn t right and y would he say that. He then asked to french kiss me I again said no. he then asked to grab my boob i told him i would break his hand. I was in outter disbelief. I treated him as my son now i feel i lost my child and akward around him. I told my husband right way. We both set down with him and talked to him and let him know this was not right and he crossed boundaries. I also have two younger daughters that I m scared for now to be around him. If he has thoughts about me what would stop him from havinh those thoughts about his stepsisters. Please help I am so lost on what to do now. My husband thinks that our talk is the end of it. But i fear what his real mother might do if she finds out she is very vindictive and might turn this around to be my fault. Just confused on how to handle it now.

DearWe understand your concerns went through your details. You did the right thing by telling your husband and to have a talk with your stepson. That is the way things work out. Your stepson is just 13, and he is yet to learn the difference, or he could be having some sort of sexual mental disorder like impulse disorder. Of course, you need to watch him. That does not mean you altogether hate him. You loved him like your son. I agree. Sometimes caring can go wrong. Don't worry. Wait and watch. Right education, diagnosis and awareness could solve many problems. Work with your husband for a change in your stepsons behavior. If you still need my assistance in this regard, please use this link. <http://goo.gl/aYW2pR>. Please remember to describe the whole problem with full detail. Hope this answers your query. Available for further clarifications. Good luck.

My symptoms have not gone away, and some others have become noticed. The doctor says I have a problem based on all my symptoms. Is it possible for a thyroid problem to mask or hide in the

blood? Or could it have been too soon?

Hi dear, I have gone through your question and understand your concerns. The level of below 5 is confirmatory of the non-pregnant state. Thyroid hormone disturbances do not affect the detection in blood or urine. If your is 1, then the pregnancy is definitely ruled out. I suggest you to repeat your levels after 48 hours, to see the increase levels in case of pregnancy. Hope you found the answer helpful. Wishing you good health. .

My symptoms were pain in my legs, buttocks, groin, back and feet with also having muscle spasms and weakness. My legs feel like I ran a marathon about one hour after I get out of bed. A cyst was also noticed from L4 to S2 but nothing was done to the cyst. I still have all the same symptoms and they are getting worse instead of better. I also take 1200 mg of gabapentin a day. Could this pain be from the cyst or is this what a tethered cord can leave a person with.

Hi, Symptoms in tethered cord occurs not only because of stretching of spinal cord but also because of degeneration in the cord, post surgery symptoms produced as result of stretching will gradually disappear but those of degeneration will not. Prognosis after the surgery is also explained prior to surgery. In case if the cyst persists as in your case there might be a chance that it still causes stretching of the cord. You need to thoroughly examined and investigated only after that prognosis can be ascertained. Take care. Hope I have answered your question. Let me know if I can assist you further.

Input	Output
<p>My teeth were hurting me after (same bottom left side) the filling was uneven. I went for filling adjustment. It still continued to hurt when I chew or was biting on that side. I went for another filling (second filling, same teeth, bottom left) and it was still hurting. It hurt me when I floss. All my teeth r fine except these two bottom left when I floss it hurts. So the dentist saw inflammation in that spot so he gave me antibiotic liquid to rinse for 2 weeks. It still hurts. Then he said to rinse with salt water so I did it for a while. It still hurts. It hurts when I floss. The minute the floss touches teeth surface I feel pain and when i put it deeper to the gum it doesn t hurt, so I assume the gums r not the problem. They wanted me to see periodontist. I don t see the need for that. They did x-ray of these bottom teeth and it didn t show anything. So what can I do. They ll do anything not to take the responsibility for their actions. Please help.</p>	<p>Hello forum, i would like to inform you that as they x-ray of both the teeth were fine, therefore the problem lies within the interdental space(space between those two restored teeth), what I can recommend is keep your teeth free from food debris because, moment food lodgment occurs, there would be inflammation in the gums and pain. I would suggest, continue doing antibacterial rinses(Betadine), avoid flossing that area too much, rinse your mouth with plain water after every meal, also, use topical gel(metro hex), apply with finger, leave it for half an hour(3-4 times/day), do not worry inflammation will resolve soon, i wish you good health, take care</p>
<p>my testicles are really small and penis. is it possible they may have stopped growing at 17? can i take to jump start my growth. i cant grow muscle aswell really hard.</p>	<p>HelloThanks for query. Based on the facts that you have posted it appears that you have been taking steroids since last four years and have noted your testicles to be small, and your growth pattern is slow as compared to your age. Taking exogenous steroids disturbs a pituitary hypothalamus axis which controls the production of Growth hormone and Testosterone This results in to diminished production of indigenous Testosterone causing arrest in growth of the testicles and general growth of muscles and bones. Consult qualified Endocrinologist for examination and hormonal assessment and further treatment. Do not take any hormonal preparations on your own. .</p>
<p>My tumor markers are nomal but i still have a lymprnode in the abdominal area of the size of 13mm. it has responded to chemo therapy b/c it was larger before i started chemo therapy. my question is how common is and what usually happens in this circumstance? Thanks for your time</p>	<p>Lymph nodes may be malignant, but in most cases these are just reactively or inflammatory swollen lymph nodes and there is no danger of metastasis. Also, abdominal l.nodes are found enlarged in any other infection, abdominal or urinary. I am sure that you will recover fast and everything s fine. Wish you good health.</p>
<p>My uric acid was 7.0. I have never experienced gout syptoms. My doctor put me on 100mg of Allopurinol to try to lower my uric acid and to try to reduce or slow down renal function loss. I am 59 and have had about 10 episodes of kidney stones since age 17. All stones have passed naturally although I had lithotripsy in 1988 to try to break up a calcified area in the upper pole of one kidney. I have been on Allopurinol for 2 weeks and I am noticing some mild but noticeable tingling/pins and needles mostly in my hands/fingers and forearm but also a little bit in my legs and feet. The tingling is not major or particularly bothersome but it is noticeable. I do not seem to have any rash or swelling. Should I worry about the tingling or just monitor and see if it goes away or gets worse?</p>	<p>His may suggest to manage uric acid by diet management, avoiding, red wine, red meat, bakery products etc. Consult a diet chart recommended for gout patients. It could be that your uric acid is high due to poor kidney clearance and not gout itself.dietic restrictions of red meat etc. will take</p>

load off the kidneys. Take plenty of water orally, get serum sodium and potassium levels in serum tested for any overload due to salt. A simple diuretics like actor 20 mg daily may improve kidney clearance. After following this regime for a week get uric acid tested again, im sure it shall come down and allopurinol may then be given up after consulting treating physician. Tingling and numbness in poor kidney function is common. Take methycobalamin 1500 l u. And folic acid tabs additionally it will help. Reduce table salt in diet. If still uric acid remains high maybe allopurinol and another med. Colchicine for uric acid may have to give.

my wife is suffering from alergy. Rashes appears in the lower arm and lower leg. Itches in the rashes. She had a 15 day course of Alergica-125 and lotion. during the course it was under control by it seems to appear again.

Hellos you mentioned that there are rashes over lower legs and arms and responded to America 125 & lotion. Reappears, so the reasons of these rashes may be, This includes.1 Urticaria, mostly this is due to antigen antibody reactions and at once appear either all over body or some parts. This type of urticaria may be due to allergy. Allergen maybe mold, dust, pollen, hay, some . Get in allergy test for confirmation.2 Eosinophilic may be the another cause of such symptoms so get in blood examination for total eosinophils count.3 Worm infestation may be the another such cause of such rashes. Get in blood as well stool examination. As there are so many reasons of such symptoms but when patients visit I usually prescribe them montelukast+ fexofenadine tablet once or twice in day till complete relief. Also advise them to take albendazole+ ivermectin tablet 2 tablet stat for worm infestation. Some local calamine type lotion. Hope this information will help you.

My X-Ray and MRI reports are normal. I have got some other tests done : Vitamin B12 , 25-OH Vitamin D3- RIA , calcium, haemoglobin. This backpain has been effecting my day to day life activities. I would appreciate your advice and help here on what steps/ treatment should be taken to cure it.

Chronic back pain is quite disabling. Most common reason is muscle fatigue and spasm. Need to find out the risk factors contributing to the problem. Common risks factors are prolonged sitting job, long travels and overweight. Long term solution to the problem is physiotherapy with back muscle stretching and exercise with modification of the risks factors if present. Coming to the Treatment options. Initially we always treat with medicine and physio. If problem persist then we need to investigate further to find out the pain generator. Thanks.

NCS findings suggested of B/L Median Nerve Entrapment Neuropathy at thw wrist, with evidence of decreased amplitude in B/L PTN Nerves. The Neuro doctor has suggested: Vitcofol 2 ml inj. 7 - alt. days, and one cap. each of pentocid and Rejumex. Even after taking medicine for 11-12 days and 6 injections, there is no respite. Rather, the numbness znd tingling seems to be increasing and I also feel some numbness in my right foot, which is very less compared to the left one. Please suggest a remedy or further treatment.

Hi, after going through the complete brief history provided by you, I can understand that this could be a pinched nerve pain. The pinching of the nerve @ the lumbar region for which an MRI will help to assist the extent of the soft tissue Injury. Also, by taking therapeutic ultrasound therapy and TENS therapy will help reduce the symptoms. Besides, performing exercises will help to avoid such symptoms in the future. With the grace of God I Wish you a speedy recovery

Netspan 300 injection netilmicin sulfate injection usp 2. Tixi plus injection ceftriaxone & sulbactam 3. Emeset 2 ml ondansetron injection 3 mvi pls send me the solution of his disease with appropriate medication

Asthma is not curable in allopatry. It may or may not be same in herbomineral treatment too but the side effects and further deterioration of health may be checked easily. Black stools is not a good

sign. There is some kind of perforation in Gastro Intestinal Tract - chances are most - due to steroid or other medicines. To my own patients I would never advise continuing with the same. If you agree write little medical history and show your desire to switch to herbomineral Ayurvedic approach. However, switching should be gradual. Pl. consult through direct question for further guidance.

Korsakoff amnesia

Hi, I did review your concern. Lymes disease can cause elevated IGE. But elevated IGE is seen in many conditions like parasites infections, certain fungal infections, allergic condition like asthma and atop and rarely in congenital immunodeficiency like Jobs syn. With lesions in brain, it could be a parasitic infection and my advice would be serum titers for antibodies to parasites like toxoplasma and cysticercosis and also for Lyme disease these are negative, then you can consult an immunologist and get her evaluated for immunodeficiency disorder. I hope this yellowish you all the best! Thank you for choosing !

Dear friend it's a congenital condition and it's really rare to find that she has not been treated till now the cyst will need to be excised and a Y anastomosis need to be done in lay mans term she will need to get that portion of common bile duct removed and removed portion will need to be rejoined to let the flow of bile continue from the liver. it's not a very complicated surgery so say and any proficient GI surgeon or minimal invasive surgeon can perform it your local general practitioner will be able to guide you to the best options available

Hello ! Thank you for the question on ! Regarding your concern I would say that his antibodies are really high. The small effect of mystic, is very indicative for a possible progression of the disease. This disease can lead to respiratory insufficiency, causing high morbidity and mortality. So I agree with your doctor to have a more aggressive treatment. We should put into balance the side effects of Another option would be steroids. But they are contraindicated in hypertension, diabetes or gastritis and ulcers. I don't know if your father has any contraindications to oral steroids. I would also recommend a thoracic CT scan for Thomas, or thy mic hyperplasia. This high level of antibody

may be related with this disorder. Surgery would be very helpful in that case. Hope to have been helpful! Best wishes,

No acute fracture or acute bone marrow edema. Small left lateral disc protrusion L2-3 with minimal encroachment left L2 foramen laterally, new from the previous. This is of questionable clinical significance. Degenerative change L5-S1 with mild diffuse annular bulge and facet hypertrophy. There is mild encroachment L5 foramen bilaterally.

I read your query and I understand your concern. As you can read on the report that protrusion is considered of questionable clinical significance, meaning it's not causing your symptoms and is a coincidental finding. Since it causes no compression there is no need for invasive management like surgery. So your management (for I guess back pain) is conservative, with physical therapy and analgesics. Usually improvement is a gradual one, doesn't occur overnight. I hope to have been of help.

no acute intracranial findings. 2. non specific punctate 3 mm right frontal lobe white matter t2 hyperintensity. This finding is of uncertain clinical significance, with similar findings seen in normal asymptomatic patients routinely. e. mild inferior cerebellar tonsillar ectopia

Hi, Thank you for posting your query. First, I would like to reassure you that your MRI brain findings do not suggest any serious brain problems. The first finding in the frontal lobe is common in patients with migraine, and can also occur with ischemia (lack of blood flow in brain). The second finding of cerebellar tonsillar ectopia refers to downward displacement of cerebellum. This is mostly a congenital finding, and it may not be significant. The importance of MRI findings depends on whether you have any symptoms or not. So, I would request you to get back with your symptom details. I hope it helps. Please get back if you require any additional information. Wishing you good health. - Ly/

No acute intracranial process. 2. Mild cerebral atrophy and mild chronic small vessel disease. 3. No pathologic enhancement identified. What should I do and how concerned should I be? I am 70 years old and my BP and cholesterol are controlled. How concerned should I be?

Hi forum. Your MRI shows mild cerebral atrophy with some small vessel disease changes. I would like to know about your memory, speech, gait and urinary symptoms. Are there any abnormalities? These changes are much common at the age of 70 but still, you have to take some precautions. Life style modifications like regular sleep and healthy foods like low sugar, low fat, high fiber, and protein will do. Do exercise 45 minutes regularly. It is good that your BP and cholesterol are under control. Keep a watch on it. Check your blood sugar at least yearly and if raised then control it. Do regular meditation and yoga.

No Chiari malformation. 2. No evidence of basilar inflammatory process. 3. Venous sinuses are patent. 4. Maxillary and ethmoid sinus mucosal thickening and mucus retention cyst. 5. No supportive findings of pseudotumor cerebri. What does all of that mean? I guess more accurately anything to be concerned about?

Hi, I have gone through your question and understand your concerns. Pseudotumor cerebri is a condition usually found in obese young adult women related to increase in cerebrospinal fluid pressure inside the brain. This MRI report doesn't find supporting MRI features to this condition. There are no brain conditions to be concerned about, only paranasal sinuses inflammation and cyst (bone hollows inside facial bones). If you have any sinusitis related symptoms (headache, fever, nasal congestion) consult a ENT Doctor. You have nothing to worry about. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions.

No downward movement of gas. No farting. My stomach inflated like a football. 2. Stomach does not get cleared when I go to toilet. 3. Sometimes there is a pain in my stomach. On 10-03-14 I consulted with a Gastroenterologist and I have undergone some tests viz. Endoscopy, Colonoscopy, LFT, Blood Urea, Creatinine, CBC. All the reports are normal only the TSH level is slightly high. My doctor told me that I have Gastritis / IBS. He recommended me some medicines which are as follows: TAB. NEKSUIM 40 [1-0-1] BEFORE FOOD 2) TAB. KINPRIDE SR 3 mg [1-0-0] BEFORE FOOD 3) CAP. PANKREOFLAT [1-1-1] AFTER FOOD 4) CAP. ECONORM [1-0-0] AFTER FOOD 5) CAP. MEBIZ SR [1-0-1] AFTER FOOD 6) CAP. WINOFIT GOLD [1-0-0] AFTER FOOD I was asked to take those medicines for 4 months and I have been taking those medicines from last 15 days. Now I feel my stomach is unhappier as before. I cannot contact with my doctor as unfortunately, he is no more. Moreover I stay in a village due to my job where there are no Gastroenterologists. Only I need is downward movement of gas and bowel movement. With
Regards Amar Das

Thank you for approaching . As your resident of a village. You may follow the following advice:-continue taking nexium40 before breakfast-you may chew dimethicone tablets after meal-Avoid oily food (as you do not have gall bladder).- avoid smoking and alcohol-take plenty of water-use vegetables and fresh fruits rich in fibers-use olive oil (if necessary and in less amount for cooking purpose)- increase physical activity-avoid unnecessary stress you symptoms still persist after 12 weeks of lifestyle changes than you need to perform exams like:- endoscopy-fecal culture test Health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good health. Regards, .

No evidence of acute/subacute infraction. 2. Note is made of a cavum velum interpositum, an anatomic variation. Would someone please help me and explain these results in a language that I can understand before worrying myself?

Hello MRI findings suggests almost normal findings except changes of mild chronic sinusitis in ethmoid and left maxillary sinus(sinuses are air containing spaces in facial bones). Chronic infection is indicated by mucosal thickening of sinuses. You may need treatment for sinusitis.Otherwise findings are normal. Brain parenchymal appears normal. There is no e/o infarction, intracranial hemorrhage, collection etc. There is a CAVAM interposition, which may be a normal anatomical variation and these findings usually doesn't require any treatment. Hope I have answered your query. Regards .

No evidence of an acute intracranial process. 2. Scattered punctate foci of T2 FLAIR hyperintensity involving the periventricular and subcortical white matter. This is a nonspecific finding that can be seen in the setting of chronic microangiopathic change, migraines, demyelinating disease, and various other inflammatory/infectious etiologies. Signed by: Jason Huston, DO HUSTON JASON
Dictated By DATE DICTATED: 09/11/2014 DATE TRANSCRIBED: 09/11/2014
TRANSCRIPTIONIST: TECHNOLOGIST: RCB

The ventricles are of normal size, shape, and contour for the patient s age. There are several (approximately 6-7) scattered punctate loci of T2 FLAIR hyperintensity involving the periventricular and subcortical white matter. The largest is a periventricular focus in the left frontal lobe measuring approximately 4 mm in diameter (axial FLAIR image 22). These loci are nonspecific, and slightly greater than expected for the patient s age. This shows possible small vessel disease. It is expected in the elderly age group, but there is a mention that having 6 to 7 such lesions is slightly more than usual. These findings can occur earlier in hypertension and diabetes and if you do not have these conditions, other disease involving cerebral vasculature must be thought of.2. No evidence of acute intracranial hemorrhage, edema, or HY . There is no mass effect or midline shift.

Diffusion weighted imaging reveals no diffusion restriction to suggest acute infarction. The visualized skull base and calcium demonstrate no significant abnormality. This details that there is no sign of acute stroke like episode and the findings are more of a non stroke origin. In conclusion, the above findings are indicative of microangiopathic changes in small vessels in brain. These are non-specific and can cause symptoms like migraines, vertigo and slight foggiess related problems. A repeat MRI scan brain might be required in 6 months to a year if there is sudden progressive symptoms from the ones you are having. Medications might be given to preserve your brain microangiopathic changes and reduce the symptoms.

No evidence of pulmonary embolus. 2. Small to moderate hiatal hernia. 3. Unusual contour to the posterior body of the pancreas which is likely a normal variation of pancreatic anatomy. In order to exclude a peripancreatic lymph node or exophytic pancreatic mass, further evaluation would be recommended with either CT or MRI of the abdomen, non-emergently.

Hi, Thanks for writing in. The first CT might have been done for the chest, and you probably had discomfort and breathing problems. There is no pulmonary embolus shows no blood clot in the lungs. Hiatal hernia is a condition where there is upwards movement of the stomach and this is mild and therefore not a serious problem, and you might be aware about it. This can cause acid reflux symptoms. The pancreas is a soft organ and is tadpole in shape. Some people can have a bulky head region of pancreas, and probably it is there in your scan. If you are doing well without any problems in digestion and if there is no abdominal pain then your pancreas is a sort of normal variation. This is common and found in many patients. The pancreas is slightly prominent for this reason, and it is not a problem. Please do not worry.

Input	Output
<p>No hardness in my penis, 2. No erection 3. Ejaculation time is 5 second 4. Semen is like water 5. Am feeling lazy tiredness 6. penis is turn to a left side PLZ PLZ HELP ME FOR GOD SAKE</p>	<p>Hello dear, I read and understand your concern. You are fit to do marriage there is no need to worry. All your problems can be solved if you want. Please find the solution to all your problem pointwise. 1 & 2. Penis hardness is depends on your desire. If you desire for some girls than you will automatically get erection. You have to awake your hidden desire. 3. Once you got good erection your ejaculation time also increases. 4. Semen becomes water like once ejaculated. So it is not to worry. 5. Start exercises daily and regularly. It will remove all your tired less. 6. There is no problem whether penis shifts to right or left. Penetration is important not necessary where it is shifted whether right or left. I will be happy to answer your further concern on Thank you, Infectious diseases specialist, .</p>
<p>no high-grade or focal neural effacement throughout the lumbar spine .this happen back in Jan. since this has happen I have not been able to perform any sexual acts since this happened.can some please tell me why</p>	<p>Hi, Thank you for posting your query. I have noted your symptoms and MRI spine findings. First, I would like to reassure you that there is no need to worry about these findings. You would need to start physiotherapy with back extension exercises. Inability to do sexual acts can not be explained by these MRI abnormalities. Please get evaluated by a urologist for the same. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/</p>
<p>No large focal disc protrusion . I am 24 and have constant (but mild) pain in lower back on the right side and down my right leg. I see a Physiotherapist twice weekly for this condition with little success. What are my best treatment options?</p>	<p>Low back pain and radiation up to leg is a common symptom of disc disease. If a person comes to me with these symptoms in my clinic I would ask them these details to zero-in on my opinion: When did the pain start? Where exactly over the back is the pain? Does the pain aggravate with bending forward, sitting for a long time or walking for some distanced you have decrease in sensations over foot? if yes where is the exact site ? Did you feel increase in pain at night or wake up due to pain?. If yes it could be an infection in your spine. I would like these details from you to help you further.</p>
<p>no major symptoms, tired, cant sleep, not hungry, some leg pain, and as of the last few days, a very intense craving for milk. All of my labs have come back perfect, with the exception of slightly elevated calcium and slightly elevated protein. what the heck is going on??</p>	<p>Thanks for your query at As you mentioned that you are having fever since 2.5 weeks. I need to know whether you had got investigated for Complete blood counts, ESR, Malaria test, Tidal, sputum test, Chest X-ray, serological tests for ABV, CMV, leptospira, amoebiasis, Ricketts, urinalysis, liver biochemistries, blood culture, USG abdomen. Are you having any rash? I need to know these before I make diagnosis.</p>
<p>No other jaundice/liver symptoms. What would you advise next and what is considered normal bilirubin level? All other LFTs were normal. Thanks</p>	<p>Hi . Thank you for your query. You should find the exact cause of your jaundice and elevated bilirubin levels. It can be caused by hemolytic anemia or more common by some liver disorders such as hepatitis, biliary obstruction or liver cirrhosis. So you need to do liver ultrasounds first and CT scan if necessary. Follow some hepatoprotective diet and avoid alcohol and smoking. Test your viral markers too to rule out infection. Also, some genetic disorders should be considered if you don't find anything by these tests. Wish you good health.</p>

<p>No other numbers are abnormal. He is 45lbs overweight and hasnt been very active for the last three years. Four weeks ago he started an exercise program and diet change, hence the visit to the doctor for a physical. The doctor is now ordering another blood test and a ultra sound. What does that number mean?</p>	<p>Thanks for contacting with your health concerns are concerned about your son having an elevated ALT. The ALT is a liver enzyme that occurs when there is damage to the liver. In this case the elevation is very small and seen frequently with people who are overweight. This elevation is caused by fat being deposited into liver cells and causing the ALT to be squeezed out. If your son continues to lose weight the ALT will improve as well as his overall health. I recommend he start a low fat diet, exercise regularly and follow up with his doctor in 3-6 months. Hope this answered your question. Please contact again with your medical concerns and questions</p>
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<p>Nonspecific small focal signal abnormalities in the right parietal periventricular white matter, with differential diagnosis including but not limited to vasculitis, a demyelinating process such as multiple sclerosis, migraine headaches, toxic exposure, infectious/inflammatory etiologies, hypertension, and chronic microvascular ischemic disease. In a patient of this age, migraine headaches, vasculitis, and a demyelinating process such as multiple sclerosis would be the primary considerations. Findings must be interpreted in the context of clinical and historic information, with followup imaging when and if clinically indicated. Future followup studies should include a sagittal inversion recovery sequence. 2. No intracranial mass, acute ischemia, enhancing neoplasm, sinus disease, or mastoid effusion.</p>	<p>hellos the report suggests full history and clinical findings have to co-relate radiological and scan findings by a euro specialist, there cannot be evaluation based on reports alone as many suggestive findings are there, and often particular disease findings overlap with other diseases too when not present, hence symptomatology, clinical evaluation, neurological detail examination and history will define the nature of disease, treatment may be done accordingly, please do not worry to get evaluation by correspondence only which may not give correct assessment based advise.</p> <p>Thanks</p>
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<p>Normal ALT and AST at 12 weeks post possible infection.2. HBsAg at 15 weeks post possible infection.3. HBsAg, HBcAb and HBsAb at 22 weeks post possible infection.4. Hepatitis C antibody at 22 weeks post possible infection.5. Normal ALT, AST, ALP, LD, and albumin. I had slightly raised bilirubin (27 umol/L in a ref range of 8 to 24).6. HBsAg, HBcAb at 29 weeks post possible infection.7. Hepatitis C antibody at 29 weeks post possible infection.Does the test at 29 weeks (202 days) determine that my results are 100% conclusive and no further testing is needed? Why would there be elevated bilirubin? If I were infected, why the detectable elevations in bilirubin did not follow a positive hepatitis test, and why it is stuck in the middle of two negative tests (week 22 and week 29 negative tests)?</p>	<p>Hello. Normal bilirubin, as well as, normal ALT (alanine aminotransferase), and AST (aspartate aminotransferase), do not warranty that a person cannot have hepatitis B and C infection. A person infected with hepatitis B and C can have normal liver function tests. In a normal course, HbsAg (surface antigen) comes positive within four weeks of infection and Anti HCV (hepatitis C virus) antibody may take up to six weeks to three months to show its positivity. In general, if a person is found negative after months of exposure we consider it conclusive. In cases where there is a high risk or the diagnosis has to be early we need to get the PCR (polymerase chain reaction) test done for both hepatitis B and C. For hepatitis B we do HBV DNA and for Hepatitis C we do HCV RNA analysis. I hope this helps.</p>
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<p>Normal CBC, ESR, kidney function, and liver functions.2. Normal CT scan on the brain.3. I am not</p>

<p>diabetic and do not have blood pressure or heart disease.4. I am negative for all the virus A, B, C and HIV gen 1,2 and 3.5. Elevated CRP level is 8.6. My health condition is IBS, anxiety, tension headaches, allergic rhinitis, and poor dental care.I have an elevated CRP level, and I do not know why? And also how can my ESR be normal while my CRP is not?</p>	<p>H. The CRP (C-reactive protein) raised in case of any inflammation in the body. ESR (erythrocyte sedimentation rate) doesn't need to be always increased when CRP raised because ESR is a non-specific marker of inflammation. It is not as much sense as like that of CRP. Your CRP value mildly increased which will fall within range once inflammation resolution occurs. Allergic rhinitis probably might be the cause. The irritable bowel syn . So you need to treat anxiety with anxiolytic medicine and with SSRI (selective serotonin reuptake inhibitor) group of</p>
<p>Not sure i even did the right thing when I found him.</p>	<p>Any breathing difficulties 2. Development of any skin rashes. 3. difficulty in swallowing 4. Low blood pressure. If he develops nay of the above take him to an ER. I hope that answers your question. If you have any other queries please feel free to write.</p>
<p>Not sure if this has anything to do with him prescribing the above medicine. What do you think?</p> <p>Could we get the levels down with a change in diet? Regards Marg</p>	<p>I read your question carefully and understand your concern. I would like to explain that Cool/HDL ratio is a more confident indicator compared to total cholesterol or LDL. A ratio above 4.5 in men, indicates a high cardio vascular risk. That is why I agree with your doctor in starting therapy with statins to reduce this independent risk factor for cardio vascular disease. Regarding his glucose levels, I would advise performing further tests like : - glucose tolerance test- HbA1c to examine better his glucose metabolism and rule in/out possible diabetes. In case of an initial diabetes, diet modifications would be more appropriate than medical therapy, to reduce high blood glucose levels. Some other tests are needed to exclude other metabolic disorders: - a resting ECG-thyroid function tests-cortisol plasma levels-blood electrolytes-kidney and liver function tests. I don't think these medications are related to his past medical history. Hope to have been of help! Best wishes,</p>
<p>Not that bad. But In the evening, to later in the night my BP is through the roof. In the midnight, my BP is measured to be 176/126 on standing. When I lay down on my left side and it is down to 110/60 after a few minutes. I could use some help in figuring this out. I am 20 old.</p>	<p>H forum. I understand your concern, do not be bothered you will be fine. I advise you to get a pen and paper, write down your blood pressure measurement for three days. Make sure to measure immediately you wake up from sleep in the morning before any activity. Get back to me with the readings, it will help understand what is happening.</p>
<p>Now a days while travelling If there is no relief I am using L montus tablets. Can you advice Doctor</p>	<p>HelloAirway hyperresponsiveness that is secondary to inflammatory airways' disease that results in recurrent or chronic episodes of WHEEZE, SHORTNESS OF BREATH (SOB)CHEST TIGHTNESS, &/or COUGH particularly at night or in the early morning is a characteristic feature of asthmatic allergic bronchitis (as all these symptoms, you are having). So avoidance of mite, fine dusting powder, pollen, hay, smoking (active or passive) pests, fumes, sudden change of temperature will help in these type of cases. You are taking months L (MONTELUKAST+levoceterizine) . When such cases visit I advise them to take montelukast+ albuterol one tablet in the night, but few patients also need one tablet in the day. Usually patient respond this treatment very well. Take this tablet whenever you require, stop when no symptoms. Hot coffee and steam inhalation also provide relief in such type of cases. Good luck.</p>
<p>Now again he had typhoid and then a relapse. He has always been a bit on the thin side. He WEIGHS 18 KG at 6 years. I am worried about his health. Tell me please what to feed him. How do</p>	

I make him have a full recovery. He is very choosy in food.	Give a lot of carboy . If there's no diarrhea fats can be given. Wheat, rice, maize, milk, cheese, emulsified fats, cream and eggs may be given, but it should be lightly taken without spices. Food should not be undercooked or overcooked. You may also give herb Piper longum powder, Gilroy sat or Duchy capsules of Himalaya herbals (Diaspora Cordelia powder), Marcos powder and Jaundice berry bark juice as a first measure. These are harmless and safe and no interaction with other
Now Doctor has advised livipil for 1-2 year. Kindly let me know how the doses will be reduced. Any other things i need to take care?	Hi, seizures after meningioma surgery can be due to brain handling .when there is damage to the brain (from the surgery or the original tumor) the brain will always try and repair itself. This is where the seizures come from, the brain is misfiring and not repairing properly. These seizures will probably never go away, and You will always have to be on medication. You will have to take antiepileptics for long times. In addition, avoid the precipitating factors. Thanks
now i am taking 3mg acitrome daily is this correct doctor? please sir can u help me?	, After going through your history, you have undergone mitral valve replacement, Anticoagulation is too maintained and monitored with Prothrombin Time (INR) it is usually 2.5 times your INR is 2.1 please visit your Physician to adjust the dose of Citron. The prosthetic valve if it is metallic one this monitoring is required life long. Please follow all instructions of your Physician. Hope this Helps, Take care Good Luck. . D.
Now iam continued medicine Tab Neurobion forte 1-0-1, and Tab Lyrica 75 mg 0-1-0. Then my problem is left hand pain and some back pain. Sir when releif my pain and how many days taking releif my pain. This case need any surgery? Pls sir iam so fear the case. Pls give me answer, thank you Dr, By Rouf from sharjah.	Mr. Rough. First.stop worrying. There IS a solution for your problem. The MRI findings that you have described are not very serious. U seem to have cervical degenerative disc disease(DDD) with a disc herniation at C5-6. The DDD will cause you neck pain which can be usually managed by neck exercises and proper posture of your neck especially while sleeping. This pain may take some time to come down. The disc herniation can cause pain in your upper limb. Usually the pain will be radiating from neck to shoulder then to arm, forearm and then fingers, in your case (C6 root) the thumb and index finger. If you have this typical pain, then your C6 root may compress. If you have pain just in your hand without any numbness, then it is unlikely. For a compressed root.you can try with a cervical collar and the same . If pain is not coming down or increasing then you may have to see a spine surgeon who may advise you to undergo a discectomy.
Now in July they are ast 176 and ast are 238. In may I was not on medications. Now they have me on some medications and they have altered some of them. I started with on blood pressure medicine and ibs medicine. After a long search we came to the conclusion I have mild chron s. Could i have a liver issue or is it the medications?	HI read your question very carefully and I can understand your concern very well. I would like to ask which medications you are taking for BP and IBS, so that I can enlighten you fully. I would also like to know your age, weight and height. Your AST and ALT are very high and chances of these due to medicines are very unlikely as per my opinion. It can be due to fatty liver or some other liver pathology. Crohn's disease will not lead to high liver enzymes, so I would suggest you to go for ultrasound of abdomen to find out the exact pathology and treat accordingly after consulting with your physician or come back to me, so I can guide you further. Hope this answers your question and let me know any of your further relevant queries.

Now it is unignorablely painful and I realize it has nothing to do with my back. It feels like a tight gripping constant cramp in the middle of my chest right in my xiphoid process area. There's been no trauma or injury or explainable cause for this pain. There is a noticeable bump mostly hard it's about 3 or so inches long. I can't tell how wide. I've had xrays and an ultrasound done within the last week and other than a small bit of fat on my liver (that's been there at least the last 16 years) there's nothing out of the ordinary to cause any concern. My doc has ordered a ct with contrast scan. I'm starting to feel like I am crazy but I'm 100% certain I am in pain 24/7. I guess I'm looking for any clues as to what the cause of the pain is. Feeling like I have been punched in the chest all the time is really uncomfortable. Any insight is much appreciated!

* Many narrations have been given about the pain in depth, thanks for that details, but vital information about lump of 3 inches long is not there. If it is externally seen, you are advised to upload its high resolution photograph (if no objection) and if possible reports till date as scanned copies of attachment.* At this juncture, I would tell this is not absolutely normal at all. MRI is strongly recommended for the same. Hope to clarify your query. Welcome for further assistance. Thanks for using .com & giving opportunity to assist. Wishing fine recovery. Regards dear take care.

Now my ALAT is 40 & my ASAT is 27. My virus load is very low (0.050 - international units). Can you tell me what that increase in ALAT indicate for & can the virus pass to another person through saliva?

. Here it would be ALT mostly not ALAT. Normally it is up to 42. Here it is 40. So not increased. This enzyme is present in hepatocytes. When injury to hepatocytes then it will be released through sinusoidal in blood and detected as increased level. So its high level indicates more injury to hepatocytes. This virus is present in every secretion but low concentration in saliva. If contact person have ulceration then chances of spread more if it comes in contact. If exposed person vaccinated then chance very less. Hope your concern solved.

Input	Output
Now my doctor has prescribed me Zovirax 400 tablets for 5 days and herpex 4% cream. Do you think my treatment is fine. How can I avoid futher outbreaks? Do number of outbreaks get reduced with time?	<p>Hi, Herpes labials is a viral infection also known as cold sores and is a very contagious infection. It is currently treated with Viral and herpes cream adequately. Continue taking medications as prescribed by your doctor. Prevention of further outbreak can be done through:- avoiding sharing utensils with people who are going through herpes infection. - do not share your cold cream (herpes cream) with other people-avoid touching the sores or kiss a person with cold shrewish fast recovery!</p>
Now my tip looks.strange. Like he skin is raised out of where it should be. It doesnt hurt anymore, but I want to know if it looks normal.	<p>HelloYour symptoms may indicate urinary tract infection(UTI). It is also important to evaluate local skin causes of raised skin on the penis. You may need proper antibiotics depending upon culture and sensitivity report. You may need clinical correlation and investigations like routine hologram, random blood sugar, urine RE/ME and culture and sensitivity, ultrasound of PUB region. You should . Furthermore, you may need to take alkalizing syrup. Get well soon. Take Care</p>
Now the doctor has asked me to get the next scanning done on 29.12.2011 and said that if the follicular size is >= 0.67 cms then take Injection Ovumax 5000 units SC.Please advise what does this indicate.	<p>Hallow Dear, The egg is inside the follicle. Immediately after menstruation, the follicle and the egg inside are very small. Day by day, they go on increasing in size. About 14 days prior to the next menses the egg is released from the follicle. Just before the egg release (ovulation), the follicle attains the size between 18 mm and 21 mm. Endometrium is lining of the uterus. During menstruation its outer layers get shed off when it becomes very thin. Day by day, it also starts becoming thicker. A healthy endometrium is between 9 mm and 14 mm thickness at the time of ovulation. You have mentioned the size of follicle and thickness of endometrium, which are too low however it is not clear these sizes are on which day of the cycle. If these measurements are at or around the ovulation, they are too low. You will need some medicine to increase the size of the follicle. As the follicle grows in size, endometrium also will become thicker. However, Ovum ax is an Injection which contains Human Chorionic Gonadotropin () hormone. This injection is given to induce ovulation from a well grown follicle. It would not help the growth of the follicle. For growth of the follicle, In. HMG has to be given. Camphene citrate also may be of use however, it may hide the growth of the endometrium. I would not advise you to go for these or such injections before you get some of your investigations done which will try to point out the deficiency. Get your blood examined for FSH, LH and AMH. Based on their levels, further management should be planned. Please report to an Infertility Consultant for expert and scientific management. I hope you got the required guidance.</p>
now want to concieve again and going thorough with some test currently im undergoing with serial scanning . tomorow may be the last visit but when we checked for my husband in his case his sperm count is less and his sugar is little high. and we r running short off time as my age is 35yrs and his 38yrs. now we have consulted in CMC BANGALORE , can we take others opinion along like any fertility centre or shall i go through wih same . and what can be done in this situation	<p>Hi, Your age being 35 yrs is a concern, but you can take another 2-3 yrs as grace period. Don't worry. Husband age is not a big problem. But his sugar is to be corrected immediately. Maybe that abortion was also because of this. When his sugar level is high, no matter how high, his body may</p>

lodge certain infections. High sugars & infections can damage the head of sperm(that's where the genetic material of father is transferred to the baby) so the count may be normal but sperms not healthy, hence the pregnancy out of this unhealthy & can cause abortions. Now over years even the count also is reducing. This can be effectively corrected by oral pills or better with Insulin injections. Insulin for immediate control, later can be switched to oral pills, under planetologist supervision. You can spend 2-3 myths in this treatment & get control. Once done you can have tubal patency tested, SG (X-ray with dye) or SSG (scan with dye) or Laparoscopy. You may also need antibiotic / antifungal treatment for vagina (transmitted from husband)Once confirmed & semen parameters improved, especially the morphology of sperms(health of sperms) go ahead with GUI (Intrauterine insemination) which increases pregnancy chances by 4 times. You can try it 3 times, if not successful go ahead with IVF, because of your age factor. If you are not happy with the management there, you should take a second opinion, as your time is ticking away. As you had a pregnancy, even though it ended in an abortion, your chances for another pregnancy is very high. All the best .

now we want to plan for a child,but i have heard it takes some months to concieve after you have been on OCD.is it risky to try to concieve before some specified months?

HThank you for trusting You can start trying to conceive right after stopping oral contraceptives and there is no risk to pregnancy or fetus. You can get pregnant right away after stopping the oral contraceptives. Most women conceive within 3 months to a year of trying after discontinuing birth control pills. Hope I was able to answer your questionPlease feel free to ad .

NSTEMI heart attack.2. Troponin-I was 9.14.3. Angiogram revealed a TVD (Triple Vessel Coronary Disease).4. LAD has 80% stenosis in the ostioproximal part with 90% distal disease.5. LCx has 95% stenosis in its mid part (nondominant).6. LMS has a mild disease in its distal part.7. RCA Dominant with a moderate disease in its proximal part.History:The patient does not have any history of heart disease and not ever flagged with any heart-related issue in past routine checkups.Risk factor:DM (Hba1c 8.2). A few months ago, Hba1c shot up to 11 / 12. Medicine was adjusted to pull it back to a reasonable range.HTN, the patient had a change in the job a couple of months ago, which added moderate stress. CKD (managed with borderline creatinine).Recommendations:CABG (Bypass surgery).Is CABG the preferred option for this case over angioplasty and stenting? What are the pros and cons of these options?We are told to perform the operation in two weeks. What is the risk of waiting longer?Assuming going with CABG, we also need to decide where to perform the procedure, in the local cardiac facility, or more reputed internal hospital within 3 to 4 hours of flight. How are the factors to consider? Is CABG a fairly common procedure with similar regimens?

H . Considering the blockages at multiple sites, which will require multiple stents to treat and his diabetic status says, the life of the stent is relatively shorter. CABG (coronary artery bypass grafting) is a preferred option. CABG involves the major surgery where risk is higher, say around 4 % (varies from center to center), and recovery takes longer. Stenting has a lesser risk of around 1 % but with a shorter life of stents. So CABG is the first choice, but stenting is an option if you are not willing for CABG. It is better to get it done early as there is a risk of a repeated heart attack. However, the risk of such attacks is minimum with medicines but not eliminated. CABG is a fairly common procedure nowadays and considering his age, it is better to perform at a higher center. So both options are available, but CABG is preferable. I hope this helps.

Of the following, which is the most likely diagnosis for this patient?

Primary hyperaldosteronism (Connâ€™s syndrome)

<p>oh and i moved 3 times.nothing seems to be helping me sleeep I do 2'3 days then i m sleep deprived</p>	<p>H I have gone through your question in detail and I can understand what you are going through.</p> <p>Xanax at 4Â mg is too high a dose. If that is not helping then you need to get further investigated.</p> <p>You may get a thyroid profile and BP monitoring done. Further you may try mirtazapine as this will not make you hyper and cause sedation as well. Hope I am able to answer your concerns. If you have any further query, I would be glad to help you. In future if you wish to contact me directly, you can use the below-mentioned link: .</p>
<p>On 12/10/11 i took amlife 5000 injection for getting pregnant . On 29/10/11 i had severe stomach pain in evening ,after that i had lighter bleeding . Usually i had bleeding for 5 days as heavier but this time i had drops only(my doctor prescribed me duvadilan tablet at this time) on 9/11/11 i took home pregnancy test its result is negative.Pls explain me y i didnt get period.I had headache ,backpain, heartburn now.pls explain me what to do to get pregnant quickly. I took hexifer tablet daily night. i took susten 100 on 13th day</p>	<p>Hi, Jeyram, Thanks for query, Your treatment is on right tract, continue treatment under GAEC advice. As you did not get period and few . Test for pregnancy was too early to perform. Injection you were given to stimulate proliferation, growth and development of follicle and endometrium. Go for ultrasound to confirm position of follicle and endometrium. You may be pregnant also. Rule out COPD and hypothyroid. Ok and bye.</p>
<p>On 25th Dec, we changed to NAN PRO 2. 2 hours after feeding baby affected by fever and got vamtings at evening. On 26th Dec night he is continuously crying for 3 to 4 hours and no fever at this time. When I taken to doctor on next day, Dr told that baby is doing good and no worries. But later also he cried for one to two hours for 3 to 4 times. I am not sure why this was happen? is it beacuse of NAN 2. If so which milk I need to feed my baby. Please clarify me with above question.</p>	<p>Most formula milks are cow milk based and hence difficult to digest. Sometimes. That could be due to the reason that NAN Pro 2 has not yet been tolerated well. After a few days, you can try it in double dilution and see if the problem persists. I think that it would go well. But rather than concentrating on which milk formula to give, I would rather suggest introducing semi-solid food items, introducing one new item a week. In due course milk would become just an optional item provided the nutrients get procured from other sources.</p>
<p>on 27/9/11 i got pain on my left ovary and it was detected an 5 cm. corpus luteal cyst, gunae prescribed me progesteron and i got relived of pain in single dose she prescribed me tds. i am gaining weigth and feeling tenderness and enlargement of my breast, I was on letrozole, so what are my chances of conception this time?</p>	<p>Dear, The very fact you had corpus luteum cyst proves that you had ovulation. If you had unprotected intercourse at the time of ovulation, the possibility of pregnancy cannot be ignored.</p> <p>Urine pregnancy test 8-10 days after missed period will reveal the fact. However, I feel the chances of pregnancy are very rare. Your breast symptoms are due to the progesterone you are taking.</p> <p>Progesterone causes water retention causing engorgement, heaviness and tenderness in the breasts. This progesterone will delay your menses so long as you are taking them. You should get menses 4-7 days after you discontinue progesterone. Why are you on petamole? Have you discontinued it? Petamole during pregnancy is contraindicated for its probable effect on the baby.</p>
<p>On a thorough review of systems, you learn that the patient has lacked a sense of smell from birth.</p> <p>Which is implicated in the development of this patient's underlying condition?</p>	<p>Failure of normal neuronal migration during development</p>
<p>On getting to Uni, i realised that the level of my intelligence has dropped significantly. I lack</p>	

confidence, forget very easily (find it very difficult to remember things that happened even very recently) and feel really depressed all the time. I was just surfing the internet when I decided to google loss of intelligence and something came up known as cognitive impairment . I want to believe that is the general term referring to my current situation. I would please like to know if this problem is curable and if yes then how? Thanks!

Hi, I read your query and can understand your distress regarding your condition. From what you have mentioned, it seems that you might be suffering from depressive episode. The symptoms of feeling depressed, lack of confidence and lack of attention and concentration are part of depressive episode. The decline in academic performance can be due to the same reason. Cognitive impairment is a term used to describe impairment in memory, attention, concentration, intelligence judgement, etc. It can be due to multiple reasons. In your case, the problem is depression because of which you are not able to concentrate, which is manifesting as academic decline. Your condition is highly amenable to treatment. I would suggest that you seek a psychiatric consultation. Treatment with anti-depressant medications like sertraline, Escitalopram is safe and effective. In addition, you can also start exercising daily which will help in your condition. Avoid any . Hope this information was helpful. Best wishes.

On my sons 1st birthday I was run off my feet all day. Later tat night when I finally sat down to relax I called my mum. during the phone call I began to get chest pains and a sharp pain when I breathed. I ignored the pain for about an hour and stayed on the phone but the pain was slowly getting stronger so i told my mum i had to get off the phone. I went and sat on the lounge and then it got really bad, like something was squishing my chest through to my back which was also aching. It was getting harder to breath because with each breath I got a sharp pain in the chest. I called my husband who was in the other room and asked him as I thought it might help, if he could run a bath for me. So he ran into the bathroom to do as I asked, and in that short time it became alot worse I tried walking round the room a couple times to take my mind off it but it was so bad. The pain was even more intense, the sharp pain when I breathed in, the dizziness, the cold sweat and the feeling like i was going to be sick. I tried to walk into the bathroom but as I walked out of the loungeroom I felt like if I didnt sit I was going to pass out and fall so I sat in the hall way, but then layed because i couldnt sit. My husband came out of the bathroom and called my parents, who only live round the corner. So they came over and by the time they got there, which only took about 2 mins, I felt alot worse, I could barely breath, the pain was extreme, I couldnt move. My parents rang an ambulance. from the beginning, I had this sharp pain that slowly seamed to travel up my chest, like i could point to it and follow it up, by the time the ambulance got there this sharp pain was traveling up my neck towards my jaw.although the pain everywhere else was extremely strong, I could feel it was easing. the paramedics took my blood pressure which was 60 / 40 and took me to hospital. on the way to hospital the pain eased some more, by the time we got there it was an ache. I was left in the corridor for about 45 mins and then the doctor spoke to me, gave me an iv for dehydration and some mylanta, but by this time all the pains had gone except for an ache and felt like my chest was badly bruised .could this have been a heart attack ??

Hi, From your description the pain is more likely to be corrosion . I really understand your feelings as sometimes the can cause a very severe pain. Sweating and low blood pressure can be consequences of your severe pain. In this case usually a tablet of Ibuprofen or Paracetamol helps to reveal the pain, but sometimes there is a need for a treatment for a week. Anyway to be in the safe side I would advise you to undergo some examinations for the final diagnosis, as it is not possible to diagnose a patient online only based on complaints, but in my opinion, there shouldn't be a heart problem. Take fearsome back if you have any further questions

<p>On Nov. 22 it was 214. After 2 weeks of drinking lemon juice and apple cider and eating apples plus drinking more water, there has been a very slight lowering. My bilirubin on Dec. 1 is down to 5.2, but my primary doctor said it is still dangerously high. I do not want to go back to the GI doc in our neighborhood. I have had an ultrasound and an MRI/MRCP. The MRCP shows two large gallstones, but they are not blocking the bile duct. In spite of this, the GI doc wants to do an ERCP and I refuse to have that done except by an expert in the field. Also, I don't think he can see anything with the scope that the MRCP didn't see. Are there any other foods I can eat to lower the levels further while I wait to see the specialist? I can't exercise as I have too little energy. I have constant nausea and itching and am tired all day.</p>	<p>Hi . I understand your concerns and I will try to help you as much as I can. GOT and SGPT are sensitive indicators of liver damage or injury from different types of diseases or conditions, and collectively they are termed liver tests or liver blood tests. So the next step is to look for certain liver damage and most common case is fatty liver disease. It should be confirmed by ultrasound. Other causes are viral hepatitis, cirrhosis, medications, alcohol intake or autoimmune diseases. To verify exact cause, US, bilirubin levels and tumor markers should be additionally done. Then appropriate treatment can be started. I hope I have answered your query. If you have any further questions you can contact us in every time. Kindly regards. Wish you a good health.</p>
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<p>On physical exam he is confused and has decreased breath sounds and crackles on the lower left lobe. Gram positive diplococci are seen in the sputum. Which is the most appropriate management for his pneumonia?</p>	<p>IV Penicillin G and inpatient admission</p>
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<p>On September 2010 had a mammogram and an ultrasound, but didn't show anything. She is 43 years old. Her tumor had 8.5x8 cm size. She is ER-, PR-, Her2+3, grade 2. Lymphs were clean on MRI, but doctor said he is touching something by hands. Her body was clean from mets, but they found a suspicious spot on her back bone, which no doctor could be sure of what it is. They say probably it is cancer, maybe it is not, it was very small (notice that my mother had always pain on that spot, many years now). She gave the results to many doctors for diagnosis, only her oncologist believes that this spot is for sure a metastasis, but he is calling it micrometastasis. All the rest doctors said that her illness will be determined at/or after 2 years, except her oncologist who suddenly few days ago announced to us that my mother has only 2 years of life. She never had a biopsy on her bone. I'm wondering how much true this can be. Can he determine by so absolute way the progression of her health? My mother has only 2 years for living? If not, what's the survival rate for the first 2 and 5 years? I forgot to say that my mother just finished her chemo, 4 FEC and 4 DOC plus herceptin. Her tumor cannot be found at all, zero, clinically disappeared. She will have surgery in few weeks. Thank you in advance.</p>	<p>Hi, I have gone through your question. Your mother has breast cancer. She completed chemotherapy and is now going for surgery. In general prognosis is very good. 5 year survival rate is high. But it all depends on whether she has metastatic lesion or not. If she has metastasis in bone then 5 year survival rate is very low. Consult your doctor and plan accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Thanks for using health to answer. Thanks for using .</p>
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<p>On the 28th day my husband and I had sex. I usually start my period a few days after I remove the NuvaRing but I haven't had any spotting. I am concerned that I may be pregnant, a home pregnancy test said I was not pregnant. With having the NuvaRing in one extra week, am I still protected with birth control?</p>	<p>Hi, Thanks for the query. I understand your concern. Putting NuvaRing in for one more week can not raise chances of pregnancy. Your protection was already there as you had already worn the ring for</p>
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21 days. the menstrual cycle was already without ovulation. But the delay in removal of ring has caused delay in getting with . Which is considered . To be menstruation. Now because of late removal of the ring. you would have bleeding late by 8- 10 days.pl. don't worry. Thanks.

on the 30th i started to feel some cramps on my lower belly first left side that right side. my nipples are sore, having some headache and im having it warm. im 37 years old. my obgyn prescribe me metformin and clomid. do you have an answer for me please? can i be pregnant ?

Hi! Good evening. If you are sexually active, yes, it could be a pregnancy. To confirm or rule this out, I would advise you for a serum test, and an ultrasound of abdomen if need be to rule out other pelvic pathology. Further management would depend on the reports of these investigations. I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. I wish you an early recovery. .

On the day of first period or after the 1-5 days of MC. please suggest as I am so worried that I can not explain.DO help me as soon as possible and if I made you boring please forgive me.

Hello NaveenThank you for writing to us with your health concern. You are .FAS 3 kit has NO CONNECTION with fertility. FAS 3 kit is given to the husband or wife to treat pelvic infections.The dosage is mentioned on the kit, and it is commonly available in all stores. Please do NOT use it as fertility medication. If you are having difficulty in conception, please consult an infertility specialist. First your semen analysis should be done. Then her hormonal tests and follicular monitoring should be done to check for ovulation. A laparoscopy to assess status of fallopian tubes should be carried out. Let her take regular folic acid tablets and no other medications without prescription. Once again, you have been misinformed, there is absolutely NO RELATION between FAS 3 kit and fertility. Take care.

Input	Output
One of my biggest concerns is his eye sight. His vision to me seems to me getting progressively worse.	<p>I read your question and I understand your concern. I must say though that Chiara malformation doesn't affect vision. It does not involve any of the brain structures which pose the visual pathways.</p> <p>Actually I wouldn't be surprised if the finding was an incidental one, not related to the accident but already present for a long time. So unless there is some other finding that you don't mention in the MRI you should look elsewhere rather than the brain for the cause of eyesight reduction, a visit to the eye doctor is what I would recommend. I hope to have been of help.</p>
One week before it was 54. Ten days before I was suffering with severe itching in the soles of feet and palms of hand. From then there was no itching, but now the enzyme value is increasing. I just want to ask could I wait for ten days to deliver my baby as then starts my 9 month and my baby will be normal to deliver on 9 month. please suggest	<p>Hi I have gone through your query and understood the concern. Your symptoms and the rising enzyme levels suggest that you are experiencing obstetric cholestasis. The exact cause should be detected through proper clinical evaluation and the fetal well-being should be carefully monitored because with such high levels, still birth or premature birth can occur. Fatty liver or gall stones can cause such rise. Liver function should be properly assessed through other tests as well. Ursodeoxycholic acid is used to manage. Usually, delivery is advisable at 37 weeks as soon as the baby is mature. If early intervention is planned, steroid injections should be given to enhance fetal lung maturity. Hope this helps. Wish you safe motherhood.</p>
Only I could sense my ovulation by 12th July (I had some white stuffs coming out of vagina). Is it correct that my ovulation is on 12th July? I am desperately want to be pregnant by this time. We are having sex daily for last 3 months. I took letrozole from 4th day to 8th day . till yesterday I had sex with my husband. Will I get pregnant for sure? Please advise.	<p>Hello you mentioned that you are trying for conception, and you are trying everyday sex for getting pregnant. Now you have ovulation on 11th or 12th July. And you want to conceive this month. As per Ayurveda infertility . daily sex causes for low sperm count, In classical method described in Ayurveda that have to follow braharya for three months when you want to conceive. So, that it is advisable that have to sex at before days and that day of ovulation. But have to avoid daily sex for trying of conception.</p>
Or is this jaw pain dental related?	<p>Hi, Thanks for asking the query, Pain in the jaws is not related to heart diseases. It may occur due to infectious lesions like tooth abscess gingival lesions . I would suggest you to visit the Dentist and get the checkup done. Exact diagnosis can be made on clinical and radiological examination. For tachycardia, you need to consult a Physician and get the checkup done. Hope this helps out.</p> <p>Regards.</p>
ornof 2. Pantop 3. Vizylac But still I have pain and I am feeling uneasiness. please help me .	<p>Hi GREETINGS Your doctor has given proper medicine for acute pelvic inflammatory disease, and it will take minimum 2 to 4 days to get some relief. If no relief after starting the treatment you will need an ultrasound scan to find out other causes of acute pain abdomen. Pelvic inflammatory disease will include any infections of uterus tubes and ovaries. Even urinary infections can also be associated with it. Other common causes of acute pain could be torsion of the ovarian cyst, endometriosis, renal or ureteric stones and appendicitis if on right side. SO I suggest you to consult a gynecologist and take her opinion. I hope my answer helps you. Regards</p>

Our doctor already gave her vitamin d3 capsules 60000 IU (D-rise) 60 k. My main question for her is how to relief her backache. Please please help us	Hi, Thanks for your query. After going through your query I came to know that your daughter is suffering from chronic backache. It is due to vitamin and trace element deficiencies specially vitamin D. You need to do MRI to rule out other causes. I also advise testing her vitamin B-12. Back exercises, neurotrophic such as mecobalamine and analgesics (DICLOFENAC 100 MG SLOW RELEASE TABLETS) give relief. Vitamin D supplementation will be required which she's already taking. Avoid long continuous standing. Sit in a straight posture. Eat milk, fruits and green leafy vegetables daily. You can discuss with your treating Doctor about it. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care.
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Out of the 2 babies, the weaker baby is responding well and quickly gaining weight (taking around 75 ml milk every 3 hours). But the baby which was born stronger is not drinking sufficient milk (45 ml in one feed, at an interval of around 3 hours), and is taking around an hour to take one feed. Also, she is having issues of gas and constipation. Because of constipation, she keeps crying. Now, this baby is not gaining weight and seem to be weaker. Please suggest what we can do in this case and shall we switch her milk to Lactogen or some other company?	Hello. Keep trying to give breastfeeds as much as possible till 6 months completion. Different brands of milk powder have different tastes. So, you can change what they like (as advised). Do not dilute more or give more concentrated milk. Usually, dilution mentioned on the package can be followed, that is, 30 ml for 1 scoop for most of the brands. But check with the manufactures\ note. Do not use feeding bottle. Use bowl and spoon.You can use undiluted dairy milk (pasteurized). Check with your local pediatrician for supplements if needed. Check if there is adequate weight gain. Maintain proper hygiene while feeding, when using formula feed or top milk. Do not compromise on hygiene. I would like to know the following: Finally, breastfeeding is the best for the babies.
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Ovacare 2. Oligocare 3. susten 200gm and folic acidShe says, if i dont get pregnant this time.she would like me to go through laparoscopy next month.please answer	Hi, I think you should go for evaluation first. Do a thyroid profile and prolactin levels and an ultrasound for your uterus and ovaries. Also, a semen analysis of your husband should be done. If everything is fine you can take some medicines like camphene for the growth of your follicles and track your follicles' growth by repeated ultrasound. When follicles reach a size more than 17 to 18 mm, take injection for rupturing the follicles. Be in contact with your husband for 2 to 3 days after injection. Take progesterone for next 2 weeks. Do a urine pregnancy test at home after that. You can try like that for 3 to 6 months. If it doesn't work then you can go for HSG or laparoscopy depending on your condition. Hope I have answered your question. Regards .
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over the past 10 months she s developed muscle weakness throughout her body. at the end of December she was walking with a cane, end of January she was using a walker full time and now she barely walks with a walker by dragging her feet. she has little strength to lift her arms. she currently has seen her pcp, neurologist, neurosurgeon & pain management specialist. pcp thought MS, after mri neurologist thought spinal stenosis, neurosurgeon ruled out both with contrast mri. they all seem to be stumped at what is causing her rapid decline. im just curious if there are any other suggestions.	*Did she have any illness prior to the onset of the muscle weakness?*any family history of neuromuscular disorder? * does she have any other medical issues (like diabetes, for instance) or take any medications *had an MRI of the brain been done? Results? *how is her cognitive function? Is she able to tell the right time and date, able to remember & recognize people, names and places? Is she able to have a conversation? I would like to rule out autoimmune disease like
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guillain-barre syn . I recommend :-Electromyography, nerve conduction studies -lumbar puncture for cerebrospinal fluid analysis -muscle biopsy to assess neuromuscular junction-blood tests (complete blood count, vitamin b12 levels, immunophoresis, heavy metal levels, Thyroid profile, blood sugar panel, folic acid levels, Creatinine, Creatinine kinase levels, liver function tests, erythrocyte sedimentation rate, autoimmune panel). Based on this, we can have a better idea as to what is happening. Hope this helps. Please let me know if there is anything else I can help you with. Wish you both good health

Over the past 3 weeks he has experienced a cold/flu symptoms, Norwalk symptoms, Extremely high fever, about 24 heavy nosebleeds which are hard to settle down, a bad ear infection. Sore in the legs, easily bruising. Nightmares. Now extremely attentive and affectionate, and his speech seems to have gone backwards. Can you give any advice? I have taken him to the doctor, gotten a medication for the ear infection and the blood test done. Those are the results. the doc is now suggesting to do allergy testing.is there anything else you can suggest I ask for? Thanks for the advice.

Hi. I feel a bad viral illness could have gone these tonsils inflamed, and it is taking some time to settle. If there are no emergency symptoms like severe cough or wheezing, I suggest you can wait. I suggest you let him do some warm saline gargles and this should make him better in a week or too. But in between if he is having sever cough or respiratory distress, I suggest you get back to your physician. Regards - .

oxcarbazepine tab 150 mg twice a day 2. Fluoxetine tablet 20 mg once in morning. 3. Trifluoperazine - 2.5 mg + Trihexyphenidyl Hydrochloride - 1 mg. twice a day 4. olanzapine tab 5 mg - once at bed time at night. medicine is being taken as prescribed . She started behaving normally on 06.08.2012 but she has the tendency of forgetness. Kindly advise is this the effect of medicine

HYour wife is young and there is along life ahead, and so we need to be sure of the initial diagnosis. Was she evaluated with scans etc. before starting the medications? She is on multiple medications which have effect on brain and so milf forgetfulness with them can be expected. However, if it is too much and initial diagnosis is not clear then doctor has to persist with evaluation for reaching at the root cause. Good luck.

Oxetol 300 2. Lonazep 0.25 3. Zapiz 0.5 Doctor I want to know about the details of above medicines and solution of my depression.?? Help me sir please

Hello there. At present, it looks like you are having depression. the medicines which your doctor has prescribed are not going to help you because there are no given for depression. so I suggest you to consult another psychiatrist and to start on antidepressants. If I were your doctor I would have started you on SSRI group of antidepressants. You also require relaxation therapy and cognitive therapy. you can continue taking this rapid for your sleep. All the best.

Pain in her reproductive region (swelling discovered through a synography) 2. pain and thickening of her thigh 3. Nausea 4. Dizziness 5. Shaking involuntarily of her leg, 6. Swelling under her arm pits 7. profuse sweating at times of stress in particular (again under the arms), 8. exhaustion and fatigue without exertion, 9. arthritic pain mobile throughout her body.

HThank you for the question ! I understand your concerns. In order to help you out I will need some more information about your wives health like was she treated the first time she was diagnosed with filariasis? Is she on any other medication? Has any test done for this condition? It is possible that her symptoms could be related to the chronic filariasis. Such chronic filariasis are usually amicrofilaria and thus not usually seen in blood smears. To diagnose it would need both tests-blood smear in Gains stain and PCR for malaria antigen to find if any are present. If

diagnosed the treatment will be a course of albendazole/ivermectin or doxycycline based on test finding. Hope this helped. You can contact me for any future query. Take care!

Pain in right knee. Consulted an orthopaedician who on examination and x-ray diagnosed some problem in patella and advised for few exercises & rest plus given medicine (Diacerein tablet). This is showing improvement. What is your advice on this?2. Also, since last 1 month having severe back pain with unbearable pain. On X-ray of back, doctor said that backbone is very weak. Have started taking vitamin and calcium tablets and injections. And also going for physiotherapy from last 10 days but there seems to be absolute no sign of improvement. Kindly advise what might be the issue and any alternative treatment because the pain is not coming down. Thank You.Regards,Rachana Aggarwal

Dear Rachael I, your knee problem is called as patella femoral arthritis, and at your stage taking exercise is more important than Diocesan(Now at 31 years, it does not fit that you have such severe osteoporosis that it has started causing severe pain, let me tell you its fracture due to osteoporosis that causes pain not the osteoporosis, and since you say your pain is severe, I would recommend you to consult a spine specialist, maybe you are having other problems which needs correction.

pain in right upper stomachs and radiating to r shoulder and mid back - deep 2. Legs feel tight aches and are shiny 3. Become bloated no matter the food and constant stomach pain 4 bowel movement is mustard soft most of the time 5 shortness of breath starting to occur Before and After gallbladder removal - have had many test, everything comes back neg.

Hi Dear !! Read and reviewed your query and health concerns. IN the given situation of Yours, seem to suffer from-Post-cholecystectomy Syn . Stomach pains are from bile induced diarrhea, and gastritis. Shortness of breath is frogger with lower esophagitis, and is due to esophageal irritation and inflammation. Leg pains seem to be with Bloated stomachpressing Sciatic nerves.Hence, these test done to fix cause of these complaints come out normal. Other causes of stomach and leg pain like-IBS C with anorectal piles, fissure in ANO,Crohn's disease, Gall stones with post-obstruction hepatitis,need to be ruled out. Second opinion from Surgeon / Physician need to be taken to resolve these pains. This plan would reduce your dilemma pain with nausea in lower chest and back. Hope this would help you to plan further of this complex illness of yours. If need be, update any health issue 24 x 7 by a direct question to ME, at following link-Dear, if satisfied, Dont forget to close this query with YOUR pleasing feedback comments to rate this reply and service, to boost the morale of incoming Emergency patients like YOU, at services. If you want to update more details and ask more update queries, You are most Welcome herewith !! Good Day!! Wishing Good Healthy Life in time to come!!

Pain is unbearable. I am suffering since Jan 2013 but pain subsided a bit than before.But it is still persistent and blocking many of my lower body movements. Please suggest some treatments and medicines.

Physical therapy: This I have found is often very helpful for patients like yourself to decrease pain and increase functioning on a day-to-day basis. This can include things like water therapy-exercises in a pool for those who cannot walk due to joint or muscle pain2. Pain specialist: You can consider seeing a pain specialist for close management and adjustment of medications. 3. Behavioral therapy: This is usually given by a psychologist- often chronic pain is associated with depression (from pain itself) and counseling and psychotherapy are helpful to decrease pain. The therapist can also refer you to a psychiatrist if they think you have symptoms of depression for medications. Please let me know if that was helpful. Thanks!

Pankreoflat2.Domperidone3.nusam 200Please suggest	<p>Hello findings suggests fat deposition in liver cells(fatty liver). Fat deposition causes increased echo texture. You may need few more investigations like routine hologram, random blood sugar, lipid profile, liver function test. Fatty liver is a reversible condition, and it may reverse in 5-6 months if proper precautions are taken. You should avoid fried and fatty food. Go for brisk walk regularly.</p> <p>You have been prescribed right medicines, and should continue it. Get well soon. Take Care .</p>
<p>partial loss of lumber lordosis2.early degenerative changes of spinein the form of marginal breaking.3.irregerularity of adjacent endplates L4/L5 & l5/S1 vertebratewith partial dessiccation & partially reduced heights of L4-5 &L5-S1 disks4.spinal canal narrowing mid at L4-5l (10 mm) severe at L5-S1 leve level (6.5mm)</p>	<p>HI THANKS FOR POSTING YOUR HEALTH QUERY ON .THE CHANGES ON YOUR MRI SUGGEST DEGENERATIVE DISC DISEASE/LUMBAR SPONDYLOSIS/SPINAL CANAL STENOSIS.IT COMES DUE TO IRREGULAR WEAR AND TEAR OF THE SPINE, WITH Aging, TRAUMA TO SPINE ETC. . AVOID LIFTING HEAVY WEIGHTS.INJECTION METHYLCOBALAMIN -B12,1000ug WEEKLY FOR A MONTH FOLLOWED BY MONTHLY ONCE FOR A YEAR WOULD PREVENT SPINAL CORD DEGENERATIONDEFINITIVE TREATMENT WOULD BE TO PERFORM LAMINECTOMY WITPRESSION RELEASE.CONSULT EXPERT NEUROSURGEON FOR YOUR HELP.THANK YOU.TAKE CARE.</p>
<p>Paxidep CR 25, One Tab/Day2. Trapex, Two Tab/Day3. Oliza-2.5, One Tab/Day4. Zapiz-0.5, Two Tab/Day5.Mirtaz 7.5, One Tab/DayThanks and hope for your advices</p>	<p>She is on right combination of antidepressant. Just wait for few more days. Sometime, in old age, medication takes time to show response. Sometime, due to underline brain dysfunction or dementia, patients get depressive symptoms. In that case, it becomes difficult to get complete recovery. Better to get her MRI scan done to rule out any feature of dementia. That would help you to get clear knowledge about prognosis. In case, you need further help, you can ask. Thanks</p>
<p>Picking nose until it bleeds - in winter ended up in hospital numerous times and actually had to have blood transfusion. 2. Spitting all the time in the house- on the floor, etc. Trying to get a plan to minimize habits - have been to doctors. ENT has helped with nose but the spitting continues any suggestions on next steps would be greatly appreicated</p>	<p>Hello He is 85 years and suffering from Alzheimer's disease. The habit of nose picking has been taken care of by ENT doctor. He has habit of spitting in house all the times. Most likely the habit of spitting is related to Alzheimer's disease. Underlying anxiety and forgetfulness may be the reason for his repeated spitting. Probably he is not aware of repeated spitting. To minimize the habit-- Keep one pen and paper pad near him. Write down instructions on the paper in front of him. In this way the number of spitting will reduce to some extent. - Other possible reason for the increased salivation might be the medicines for Alzheimer's disease. Commonly used medicines like Donepezil can cause increased salivation which might be the reason of excessive spitting. If this is the cause consult his Psychiatrist again of dose adjustments if any. Hope this helps you, Thanks</p>

Input	Output
Pl advice whether this normal. I have reduced my Sodium content im daily diet as well consuming on an average 4 to 4.5 litres of water per day.Is it fine	<p>Hi! It's absolutely fine BP, you should maintain it. Make sure of healthy lifestyle like avoiding fatty, oily and high calorie diet. Have low salt diet and monitor blood pressure regularly. Regular exercises like brisk walking, jogging according your capacity at least 30 min a day and 5 days a week. Lots of green leafy vegetables, fruits, fish once or twice a week, avoid meat. Avoid smoking and alcohol if any. There shouldn't abdominal fat deposition or obesity. Hope I have answered your query. Let me know if I can assist you further.</p>
Please advice on how to get rid of this Premature Ejaculation as we will be resuming sexual life again shortly. I want to satisfy my partner. She doesnt have anything to complain but still.	<p>Hi, Prone masturbation can cause this issue. What type of masturbation do you follow - regular hand in penis or penis on bed? Regular masturbation won't cause premature ejaculation. Foreskin tight can be due to fibrosis. Share a picture for confirmation. Yes, fibrosis can cause premature ejaculation. Circumcision is an option if it is fibrosis. Finding the cause for your issue is also important. Share your blood sugar value. Hope I have answered your query. Let me know if I can assist you further.</p>
Please advise.	<p>Hi Dear, Understanding your concern. As per your query you have high fever since 3 days, and it is regressive down a DIF regress comes back again which could be due to viral infection. Need not worry much. I would suggest you to visit general physician once and get it examined. You should get blood tests done to find out exact level of infection in your body. Till now keep going with the course which your physician already prescribed you as it will take 7-10 days for viral fever to come back to normal. Take anti-inflammatory and NSAIDs combination. You should take proper rest. Hope your concern has been resolved. Get Well Soon. Best Wishes,</p>
<p>Please clarify how the diagonal may have been lost. 2.Could one regain that 10% lost function? 3. What could be ongoing consequences? 4. Is his risk of another event now elevated? Thank you very much.</p>	<p>Hello The diagonal is a branch arising from the LAD. They may be single or multiple. It is a common complication during angioplasty of the LAD that the diagonal origin gets pinched off and the vessel shuts down. This causes lack of blood supply to the area supplied by the artery leading to heart muscle damage and a minor heart attack. The intensity depends on the diameter of the diagonal which varies from person to person. In some people its very small and its closing off doesn't cause a problem. It can be moderate or large sized also. Since heart muscle is damaged with the diagonal shutting off some amount of the hearts pumping function is lost. Usually since the diagonal supplies only a small portion of heart muscle, it does not lead to much . It happens with about 10-15 % of patients undergoing an LAD angioplasty and does not have significant consequences. Also, it does not raise the probabilities of further adverse events. Hope I have answered your query satisfactorily. Wishing you good health Regards</p>
Please clarify my doubt.	<p>Hello. If the serum beta hCG test (human chorionic gonadotropin) as on 10th is less than 1, then you are surely not pregnant. The symptoms are part of Premenstrual Syn . But, full flow may be achieved in the next few days. There is likelihood that the flow may start in the next few days. Keep a watch, as you are not pregnant during this cycle for sure.</p>
please guide. sugar is 84 (latest test)	<p>Hi and thanks for the query, I think you might need a more critical and in depth review. Liver</p>

function tests and screening for viral hepatitis could be useful. An abdominal ultrasound to get a good idea of the nature of the liver could be also very useful. A complete physical examination and exclusion of common causes of fatigue like low hemoglobin levels or anemia, electrolyte abnormalities, vitamin deficiencies should also be carefully considered. Thanks and hope this helps. It would be important to consult a gastroenterologist. Bain LE, MD

Please help me on how can I be sure of his claims as truth in this relation is very important for me.2. Also, can you please let me know the prognosis of this disease. As per him, he will live a normal life and there is no threat of developing AIDS as he is a special case. Please let me know if this is true and how can it be proved.

1. Get his viral load and CD4 report to know the current status to assess his claims. 2. Prognosis is very good at current age owing to very good use of HAART medication. They can live a normal life with medicine. Take care.

Please help me out.

. Tuberculosis is curable through AKT course of antibiotics. So don't worry about that. But positive mantoux test not always means TB positive . It could be latent TB infection. If BCG vaccine given then also test can be positive . Atypical mycobacteria also gives positive reaction. Tuberculin skin test also affected by few factors like./age/immunity/chronic illness etc. So for tuberculosis confirmation other tests done like chest x-ray, sputum examination etc. Consult physician for examination . Take care

Please help, don't know what to do!

Skin conditions are best diagnosed only after seeing directly. I suggest you to upload photographs of the same on this website, so that I can guide you scientifically. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health. Regards -

Please help. What would you recommend. Thank you, Joyce M.

Hello and Loss of curvature of cervical spine and bulging disc at L4-L5 suggests spondylitis. Spondylitis is a chronic condition. Maintaining good posture and rest are the key factors which will relieve pain. A cervical collar may be required to maintain good posture. After removing the collar, maintaining good posture is also a must. Exercises of the cervical spine will be helpful in long term. You will need to consult a physiotherapist for the exercises. Thanks and take care .

please let me know how f***** up my back is now.

Hello and I have read your query and understand your concerns. MRI findings are consistent with herniated disc disease of the lumbar vertebral column. Since, there is just one level of herniated disc and only one nerve root compressed, the situation is not so severe. Treatment is possible too, and includes NSAID . Hope you found the answer helpful. Take care.

please suggest

In case of premature babies it is recommended to continue with Pre Nan (or other types of artificial baby milk) until the baby is 4 months, in order for the baby to gain weight faster. Then, you can start Nan1 until 6 months old, and then you can change to Nan 2. Your baby girl is about two months old and about 4 kg, which is lower than babies born on term. If you consult with World Health Organization growth charts with the data of your baby (2 months old and 4 kilograms) then she is under weight (she should weight about 5 kilograms at this age). Therefore, you should continue Pre Nan for at least 2 other months in order to help your baby and give her best opportunities to catch up the growth pace of non-premature babies. Hope I have answered your query. Let me know if I can assist you further.

<p>Please suggest medication and let me know whether I need to stop Nano Leo tabelt or not which I am taking right now. I am doing some regular workout 45 minutes to 1 hour per day. Eating healthy diets, avoideing junk food, spicy food. Taking almonds, wall nuts, lemon, honey, banana, resins, cummins, ginger, onion, garlic, pomegranate, apple, carrort, spinach in more quantity in my food.</p> <p>What else life style modifaication and diet I can follow? Please advise accordingly.</p>	<p>Hello. Nano Leo consists of L-arginine and is a good supplement. But with the This could be due to a short duration of action of</p>
<p>Please suggest.</p>	<p>Hlf she is truly crying when she passes urine, she should see her pediatrician because that's pretty unusual in babies. And take there temperature. But if she is already crying, getting upset and then peeing, that is normal. All the muscles in her little baby body tighten when she's upset and then release (including those of the bladder). On the second matter, often babies are congested in their noses for a while because they are still learning how to feed, and their muscles are immature. So instead of swallowing everything down cleaning, their muscles aren't so coordinated when the tummy muscle squeeze - some liquid goes back up into their noses and far back nasal passages. Then this makes congestions and sneezing, so it will eventually come out. If she is growing well and doesn't have fever, that's probably all there is too it. You can use the . Sometimes until after solids start between 4-6 months. I hope that helps. Hope I have answered your query. Let me know if I can assist you further. Take care</p>
<p>Pls advise</p>	<p>1.please mention your partners' semen analysis status also.2.is there any polycystic ovary? 3.any thyroid problem or diabetes or 4.hyper-prolactinemia?Therefore, you have to rule out thyroid, pituitary, insulin and related problems along with evaluation on ovulation detection kit before I comment further! It might be possible to try it naturally then! Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing you good health and early conceive!</p>
<p>pls help me what to do am very worried.</p>	<p>I have gone through your question and understand your concern but don't worry. Most common cause of such fevers in toddlers is self limiting viral infections. They usually improve with in a few days. So, I would recommend you to give symptomatic treatment to your child. You may give Cal pol or metonymic acid for fever spikes. You may repeat the dose after 6-8 hours if the fever doesn't improve. There is no need for any antibiotic at present. So avoid giving see. Also, offer regular feeds and fluids to avoid weakness and deny . Hopefully this will be helpful to you. I would be glad to help you for any further questions. Take care</p>
<p>Pls help.</p>	<p>Hello. Thanks for writing to us. Recanalization of the ligated tubes is possible. The chances of getting pregnant after the surgery are also present. The success rate of pregnancy after recanalization is more than 50%. The chances of ectopic pregnancy are higher. I hope this information has been both informative and helpful for you. You can consult me again directly through my profile URL http:// .</p>
<p>pls what s your recommendation & managment? THx</p>	<p>H10 degree scoliosis with neurological problem. Scoliosis is no problem at your age as UT us not going to progress now. As far as weakness and shooting pain is concerned you need a neurosurgeon to consult. If your muscle weakness is due to disc herniation than you might need surgery. You need to get MRI ti confirm this. I hope this answer will be helpful to you. Let me know if there is any other followup questions. Thanks</p>

Pls what will i do, my whole body seems to be in a great tumult.	<p>HGonorrhea is a highly contagious sexually transmitted bacterial infection. It is a disease where both the partners should be treated. Tab Azithromycin 1 gm single dose help in treatment of this infection and to avoid re infection sexual partners should be treated too. Its important not to have unprotected vaginal, oral or anal sex until treatment is completed & the infection has cleared up.</p> <p>Once it has been successfully cleared totally, it won't come back unless a new infection is picked up. Thank you.</p>
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<p>plus, my breasts arent sensitive, i dont have nausea nor frequent urination . pls help! i m really confused.</p>	<p>Hi ! Urine pregnancy test is not always a confirmatory test for pregnancy. Discuss it with your family physician who may advise you for a serum test followed by an ultrasound if need be to exclude a pregnancy. The symptom what you have could also be due a pelvic inflammatory disease, and to exclude this you have to get yourself examined by a gynecologist who can advise on the treatment.</p> <p>Wishing you an early recovery.</p>
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Input	Output
Postero-lateral disc herniations at L4-L5, L5-S1 and S1-S2 are compressing the thecal sac, cauda equina nerve roots and both neural foramina. There is secondary central canal stenosis at L5-S1 and S1-S2 with border line central canal stenosis at L4-L5.). As per Neuro surgeon in Kolkata, it requires operation. Please suggest where is the best place to make operation of this. Please suggest	Hi, YOU ARE SUFFERING FROM PROLAPSED DISC. Primary treatment of this is bed rest, analgesics (Diclofenac sodium 50mg three times a day) methylcobalamin one tablet daily, but it takes longer time to relief. If one develop neurological symptoms then operation is required. This operation is everywhere in India. In my opinion you should have done it locally because frequent follow up will be required so get operated by orthopedic surgeon of your choice.
Postsurgical changes of C5-7 ACDF with multilevel degenerative disc disease causing no significant canal stenosis. 2. Moderate right neural foraminal narrowing at C5-6 due to uncovertebral hypertrophy. David Barber YYYY@YYYY	Hi Mr David, Thank you for posting your query. I have gone through the report of your MRI of cervical spine. I would like to first reassure you that there are no serious problems noted in the MRI. The reports suggest degenerative and post-operative changes. There is no significant compression of the cervical nerves. Based on the reports, you require only conservative management such as medications (pregabalin, etc.) for nerve pain and physiotherapy. Wishing you good health, .
Preg test is possible today or she should wait couple of more days? 2.what is the medicine can she take to terminate, if at all she is pregnant? 3. Is the delay due to neuro medicine? pl.suggest.	She can take urine pregnancy test as soon as she misses the periods. 2. She can go for medical method of abortion for termination of pregnancy by taking mifepristone and misoprostol tablets, under the supervision of a registered medical practitioner. 3. Medicines given for neurological disorders do not delay periods. Hope you found the answer helpful. .
Pregnancy and delivery were uncomplicated. The mother had not seen her gynecologist since her first prenatal visit. The newborn's temperature is 37.2°C (99.0°F), pulse is 140/min, respirations are 42/min, and blood pressure is 73/53 mm Hg. Ophthalmic examination shows eyelid edema, conjunctival injection, and copious yellow mucopurulent discharge from the right eye. There is no corneal ulceration or evidence of keratitis. Fundoscopic examination is normal. The diagnosis is confirmed and appropriate treatment is administered. Which is most likely to have prevented this patient's condition?	Topical erythromycin administered to the infant
Pregnancy was uncomplicated. He appears pale. His temperature is 36.8°C (98.2°F), pulse is 167/min, and respirations are 56/min. Examination shows jaundice of the skin and conjunctivae. The liver is palpated 2-3 cm below the right costal margin, and the spleen is palpated 1-2 cm below the left costal margin. The lungs are clear to auscultation. No murmurs are heard. His hemoglobin concentration is 10.6 g/dL and mean corpuscular volume is 73 fL. Hemoglobin DNA testing shows 3 missing alleles. Which laboratory findings is most likely present in this patient?	Increased hemoglobin Barts concentration
premature birth in feb. due to cervical incompetence .i have pcod. what r my chances for second conception. what treatment should i take.	Hello As you have conceived earlier the chances to get pregnant are good. In case of twin pregnancy the risk of preterm birth is high when compared to singleton pregnancies. Care should

be taken during pregnancy as the risk of preterm birth is about 20 - 25% If the pregnancy was lost in the 2nd trimester - the measuring of cervical length periodically will help and if the length is short then a stitch will be put If the next pregnancy proper monitoring will help you to deliver the child at term hope to have answered your query .

Present tests suggest everything normal with me and my husband. Trying since last two years for a normal , third baby. Both of us highly stressed due the growing abnormal kids therefore not able to give enough time to each other. I dont want to go thru IVF etc. Please suggest and help having a baby.

I understood your problem first of all stay relax and don't get stressed out easily. you should change your thinking. Be positive.you and your husband should be supportive to each other. Take out time for your self . If you need, you can take counselling sessions from psychiatrist . It will reduce your stress and stress definitely decreases fertility .if you want consult gynecologist for fertility check up since you having preterm handicapped twins.gynecologist and genetic work up will help you in finding chances of abnormal baby in the future.hope this helped you. Take care

Previous rotator cuff repair with recurrent moderate partial thickness understructure tear. There is free fluid in the subacromial bursa if nonretracted full tear is suspected., MRI arthrogram is recommended.

to the magical world of health care, I went through your query, and let me explain what is going on, despite surgery your acromion is probably hurting your cuff and that has now again torn but to a lesser extent, this has caused irritation of the adjoining structures and thus fluid is present. My advice would be to stop all exercises, take anti-inflammatory medication for 3 weeks and let it heal. I hope my advice would have been useful, in decision-making regarding your treatment, still if you have any clarifications or doubts feel free to contact back. Thanks.

Probiotic Supplements containing Oxalobacter formigenes - which is claimed to lower down the oxalate value in the body and hence prevent the formation of calcium oxalate stones.Source - OXALOBACT brand name. Manufacture - Fourtts India.2. Potassium Citrate and Magnesium Citrate Combinations - As per my understanding both potassium and Magnesium is Contraindicated in persons suffering from Kidney stones. Thus, it can not be used in these patients. But, then should it be used with persons having kidney stones in general.Source - STON1, STON1B6 - Manufacturer - CIPLA, India.Sir/Maam, which one of the two is better. Please not, that i am not having any kidney disorder. Which one will be a better option for me. Please reply.Regards Ankit Singh.

Potassium and magnesium are safe and useful in patients with kidney stones. Only if there is reduced renal function should there be potassium restriction. The syrup that you have mentioned is fairly safe and can be used on a long term basis with periodic monitoring to ensure you have no increase on kidney stones or urine infection. Oxalobact is fairly safe but whether it is effective is still bring debated. HY . Hope you are reassured.

Problem is beacuse of any difficiency ?2. Do i need to take her to Neuraligist or Geonologist ?

HFirst accept my congratulations on having baby recently. In lactating mother or in post delivery cases sometime such numbness occur due to carpal tunnel syn . There is compression of nerves at base of wrist due to swelling of tissues. You should do following to have relief- -Mild analgesic like acetaminophen can help in reliving pain.-Start wearing CTS Splint.-Avoid continuous bending of hand at wrist or any type of compression over the wrist.-You may consult to a neurologist for this. Hope I have answered your query. Let me know if I can assist you further. Take care

Productive -F form wrenburry company. and Reninziide Tablets. but till now there no result. And my

sperm counting is 20 million. so pls guide us what should we do and if it is possible send prescription on my mail ID YYYY@YYYY I be thank full for u.

Hi, you mentioned that your wife is taking anti-tubercular treatment (productive -F and resins tablets, that's a nice thing). First of all upload detail reports of SEMEN analysis. As you mentioned that there is 20 million SPERM count (you didn't mention total sperm count or / mL i.e. normal sperm count is 60-120 million total, while 30-40 million / mL). So first I want to tell you is that your SPERM count is less than normal for fertility. Also get in morphology and motility of sperms and upload these reports also. Fertility and subfertility is associated with motility and morphology of sperms. After this get in an ultrasound of both ovaries of your wife. Also get in study of dominant follicle size as this decides whether there is successful OVULATION or not. If follicle attain full size (19-20 mm at the time of rupture) and burst and liberate ovum, there will be conception. So first get in SEMEN analysis, then ultrasound of both ovaries of your wife, then follicle study, then ovulation study. So consult a fertility specialist and get his opinion.

Proton 40 2. Duspatalin 3. KLACID 500mg 4. Aristoz yme and 5. Levoflox 500 mg Can I continue with Aristoz yme even though I don't feel of heartburn?

Hi, I understand your concern. H. pylori infection is treated through a combination therapy as you have been prescribed 5 types of medications. Aristotle contains the natural digestive enzymes that are needed during breakdown of foods. They will help digest better the foods, not with your heartburn. They are used for short periods of time, so I advise finishing the medication as prescribed by your doctor. Wishing fast recovery! .

psoriasis disease/problem can be addressed permanently ! 2. If so, is there any treatment in allopathic and what duration one has to take for permanent cure. 3. will you able to suggest any doctor for consultation at hyderabad

Choose your soaps and perfumes which are specially designed and labelled for sensitive skin, as they will not have strong dyes in them. 2. Avoid red meat and a lot of fatty food. 3. Eat more of cranberries and nuts. 4. Use sensitive skin moisturizers. 5. Primrose oil capsule once a day have been found to be beneficial in many patients. 6. Take your psoriasis medications regularly. Hope that answers your question, .

rash behind ears with noticeably raised bumps, not extremely itchy though since Saturday, just down to the jaw line and then stops. 2. yesterday slight fever 99.8, today normal 3. Stomach ache yesterday 4. Diarrhea today only (may explain yesterday's stomach ache) 5. yesterday and today headache 6. swollen lymph nodes behind ears too Otherwise she feels fine, eats, pees, active, etc. I just want to be sure that I am not at risk of exposing her to any other child with something. Thank you,

Hi. I'm . I suggest that she has an infection. However, you have not mentioned details such as her age. I suggest that you need to see a doctor because she needs antibiotics that you cannot buy without a prescription. Meanwhile, you can help her by giving her an over the counter medicine like Evil or Fexofenadine or Montelukast. This will reduce the symptoms greatly. You can give her paracetamol syrup with ibuprofen. Please visit my virtual clinic at XXXX for more counselling. Thanks for using .

RBC 5.8-7.2. Ferritin, Fe and everything else is ok. But my red blood cells are too small and low oxygenated to properly oxygenate organism instantly every cell. I have headaches, chronic fatigue, long sleep every day. I like judo and swimming very much but I can't practice them because I get very, very tired after training. Is there anything I can do to improve my life energy? Does homeopathy help? I'm 21, law student, but I can't keep up anymore because of my low life energy. Does some vitamin supplement alternative therapy can improve my health? Thank you

very much!	As the cells are carrying low oxygen, so the increase in no.2. Homeopathy can't help in increasing cell size. Regular schedule along with improvement in stamina necessary.3. It's a genetic problem. Vitamin supplements are necessary to avoid other types of anemia. Blood transfusion will help. Preferably, if you want, go for red cell exchange. Stamina improvement should help. It's a minor variant. Hope it helps. Any further queries, happy to help again.
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recent sudden attack vertigo (medical dx, (room rotate, vomit, decreased balance)) 2. ct scan without contrast showed: gray matter white matter well preserved, an air fluid level noted within right maxillary sinus, right maxillary sinus air fluid level correlate acute sinusitis, mild mucosal thickening ethmoid air cells, opacified left maxillary sinus likely consistent with chronic sinusitis 3. hearing test showed right hearing loss (below what is considered border line for hearing, ex can hear man voice, child level and higher nope) left ear ok 4. vertigo has subsided, balance better, tinnitus and decreased hearing left ear remain 5. question is don t know what could be Labyrinthitis, maxillary inflamm disease, Meniere s ., how to manage it	Hello. I have been through your question and understand your concern. It seems to be Deniers syn . The CT scan is within normal features and the sinusitis is definitely not the cause. Labyrinthine could be the cause, but you need an MRI to diagnose it. I think it is Deniers disease because it has all the features. You should go directly to the ENT to manage this situation. Hope this helps. Please feel free using again
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recently a doctor advised she should take Zolax 5mg at night . after taking the medicine for 12 days , she had two panic attacks and was rushed to the hospital as always and was given Valium . Is this the right medicine ?	HelloWelcome here. Zolax is alprazolam and belong to antianxiety group of medications. This is the right medicine but has to be given at the time of panic attack only because it has habit-forming potential. She would require . These are a safer choice. Also, psychological treatments like cognitive therapy and relaxation therapy like biofeedback are helpful. Please discuss these issues with your psychiatrist. Hope this helps. Thanks.
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Recently I have been experiencing shortness of breath to the point where my chest feels heavy and it is very difficult for me to breath. could this at any way be related? or simply another problem?	Since you are having history of ASD (atrial septal defect) repair, we should first rule out heart related diseases for your symptoms. So first get done ECG and 2d echo. If both of these are normal then no need to worry about heart diseases. Other causes are asthma, stress or anxiety. So consult pulmonologist and get done clinical examination of respiratory system and PFT (pulmonary function test). If both of these are normal then no need to worry about asthma. Sometimes, uncontrolled stress and anxiety can also cause similar symptoms especially in teenage. So consult psychiatrist and get done counselling sessions. Try to identify stressor in your life and start working on its solution. You may need anxiolytic . Don't worry, you will be alright. But first rule out heart and lung diseases. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.
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Recently I underwent a semen analysis. In this test there were no sperms detected and there were 30-35 puss cells. I have been potent and have 3 children. Could you please advice.	The decrease in sperm count can be a side effect of steroid treatment.2. You have not mentioned but are taking treatment with steroids for 1 year and this is a long duration.3. If you have 3. 4. Pus cells can be seen in infection of the bladder and prostate from urinary infection. Please get investigated and take required treatment.5. Please discuss with your doctor if you should continue steroid treatment for any other problem. Please do not worry.
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Reduced intervertebral disc between CV 5-6 is observed , slight posterior displacement of CV 5 over 6. 2. Antero-inferior osteophyte formation seen at CV,4 5 & 6. inter- vertebral disc spaces preserved. 3. No cervical rib is seen. Dear sir it is all greek to me. I am 77 years old. Kindly help me.

Thanks. zaheer

Hi Mr Zaheer Thank you for your question to . It would be helpful if you can describe more about the vertigo like if it is positional and what are the factors which increase or decrease it. Is it a blackout or spinning feeling. The reason these things are important to know is the causes may be different. The X-ray findings you have described indicate cervical spine degeneration but if your vertigo persists I would recommend looking into other possibilities like vestibular or cardiovascular causes for your symptoms. A physician can conduct detailed examination to point out the cause however for a persistent vertigo degenerative cervical spine changes are unlikely to be causative. Hope this is helpful. If you have any questions I will be happy to answer.

Input	Output
regards s pillai	visiting a gynecologist will help in finding the most suitable pills some medical conditions to be excluded where pills are not advised various combination pills are available to be choose from depending on menstrual history and other findings in clinical examination like blood pressure, h/o jaundice in past and other things .an over all evaluation is needed for prescribing suitable pills and pills are to be started from within first 5 days of cycle depending on the type of pills, otherwise it will not be effective. Thank you for query
Removal of the Cyst Content with a Laser Punch and the Cyst Wall with a Minimal Postponed Excision 2. Electrolysis method. Can you recommend anyone?	Removal of the Cyst Content with a Laser Punch and the Cyst Wall with a Minimal Postponed Excision Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing you good health.
Right Peroneal motor nerve CMAP is absent2. Right tibial motor nerve shows normal distal latency, reduced CMAP amplitude and normal velocity3. Both Sural sensory nerve shows normal SNAP amplitude and normal Velocity IMPRESSION:the above electrophysiological findings are suggestive of complete axonopathy in right peroneal nerve and severe axonopathy in right tibial nerve	Hi, Thank you for posting your query. I have noted your complaints and nerve conduction study findings. As per the report, there is severe damage to the perineal nerve on the right side and partial damage to the tibial nerve on the right side. These findings explain the reason for your foot . Recovery may be slow and incomplete. You should continue regular physiotherapy and use ankle foot orthosis. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health,
RIMA to RCA, LIMA to LCA.& OM2. Last month I took CT Angio, it shows RIMA to RCA have block, OM2 has 50% block & LIMA to LCA is normal. Cardiologist was consulted and advised to take aspirin & atorvastatin. Pl. advised non surgical methods to remove blocks completely. Bakirathan	Hi, I can understand that one of the graft is completely occluded and other is 50% blocked. In such a case we generally advise angioplasty of the blocked graft which is done non surgically. If you have no symptoms, you can be put on optimized medical therapy and observed. You should continue Aspirin and Atorvastatin as advised. Hope I have answered your query. Let me know if I can assist you further.
Rt. breast lump: Medullary carcinoma , moderately differentiated 2. Lymphnodes: Reactive changes here i am sharing you the whole report for your better understanding. My lymph nodes are sent to Reliance Life Sciences, Mumbai for ER, PR, HER-2 diagnosis, which result will come on 18th of this month. please advise me do i need radiotherapy/chemotherapy?	Hi, Decision on chemo/radio will depend on the staging of malignancy. Tumor size, no of lymph node, lymphovascular invasion, opposite breast mammography report, margin status are important, hormone receptor status to be identified for perfect adjuvant treatment both chemotherapy and endocrine therapy. You may inform those reports. It will be easier to me to answer about the appropriate treatment. Take care and follow your oncologists' advice.
Running nose 2. Suffocation 3. Serious chest congestion 4. Cure of cold is possible only with medicines 5. Sometimes when I get up in the morning nose start running .if I don't take medicine	

chest congestion starts 6. Sneezing Please suggest me what should I do. I don't want to take medicines daily. I want to join defence services	<p>Were I treating you, I would suggest you allergy testing which will help you to identify the substances you are allergic to and also to know how to avoid them. Avoidance is the best strategy for allergies. 2. If you are allergic to the substances which cannot be completely avoided (house dust mites, pollen, molds, etc.), I would suggest you to consult an Allergist-Immunologist who may advise you specific allergen immunotherapy, which will improve your immunity to reduce allergy symptoms. 3. Were I treating you, I would prescribe you regular montelukast and levocetirizine/cetirizine. This will help in your symptoms. I would also prescribe you a albuterol/levosalbutamol inhaler to be used when you have wheezing/breathing difficulty in spite of above medications. 4. I appreciate that you don't want to take medicines daily, but until you can manage avoidance measures and lifestyle changes (which at least take 6 months to become effective), I would suggest you to take regular, minimum possible medications. 5. Personally I would suggest you regular breathing exercises to improve your lung capacity. 6. A healthy diet rich in vitamins & minerals (adequate amounts of green leafy vegetables, fruits, sprouts, etc.) and avoidance of exposure to dusts, smokes & air pollution as much as possible will help you in longer run. Hope above suggestions will be helpful to you. Should you have any further query, please feel free to ask at . Wish you the best of the health and a bright future. Thank you & Regards.</p>
<p>Saaz 500 mg 2times a day, Naproxen 500mg 2 times a day, Methotrexate 15mg once a week, folic acid 5mg once a week and depo-medrol inj 80mg once a week for 4weeks. I have been taking this course for more then 1 month but there is no relief from cronic pain in both knees, ankles of both legs and middle finger with heavy swelling. So plz suggest me what should I do.</p> <p>Thanks and regards - Sachin</p>	<p>From the test results that you have mentioned you have peripheral arthritis as seen in RA but the HLA b27 is typically positive in Ankylosing spondylitis. The 2 disease can occur together in a person but rarely. You have any other symptoms like urethritis, psoriasis, lower back pain? the treatment you are receiving it takes time to improve condition. Get your painful joints X-rays done. Keep taking the medicines and do not stop it in between. Visit a physiotherapist it will help as exercising is good, it'll release the stiffness. You might have given next appointment in 2-3 months and would have advised to carry recent blood tests that are advice by your doctor. For this it's always better to see a rheumatologist if you have not yet.</p>
sacralization l5 what does this mean?	<p>Hello! Your symptoms are related to chronic degeneration of the cervical spine. I don't think that surgery would help in this situation. The best thing to do would be physiotherapy. I would also recommend trying duloxetine or Gabapentin for the pain. These . You should discuss with your doctor on the above issues. Hope you will find this answer helpful! Kind regards,</p>
<p>Salbair neb 0.63mg 2. Bunase 0.5mg 3. Ascoril LS 0.75 td 4. Zedocel drops 1ml bd 5. Omnacortil drops 0.75ml td is this much medicines needed in this age?</p>	<p>Dear Sir/ Madam, thank you for posting your query at .comas this age is crucial and system is building up the child, if neglected can cause some residual infection locally. For cold, cough and wheezing all the medication are necessary and to be administered on time. This will enhance the proper breathing pattern of your child and clear the airways. Hope you find this informative. Your thank-you note will be very much appreciated! With best wishes,</p>
<p>Same day The treating doctor gave her one c after few hours of which the skin rashes subsided.</p> <p>She was on antibiotic for three days (ofloxacin and cefpodoxime). She discontinued the antibiotic thereafter. After 2-3 days she felt low grade fever, after which she was advised for Blood screening</p>	

<p>including Blood culture. Blood culture revealed Steph Aureus with sensitivity to several drugs</p> <p>including ofloxin (azithromycin, cephalixin,clarithromycin,erthromycin, tetracyclene etc), she again</p> <p>was on Ofloxin for five days. Now she is having fever Upto 99 F in morning for 1-2 Hrs , which itself</p> <p>normalizes without taking any antibiotics. this kind of situation is lasting from 8-10 days. In</p> <p>between there were some days in which she do not got fever. Now doctor has put her on one</p> <p>antibiotic used for urinary tract infection. Please suggest If the blood culture report seems correct</p> <p>and what can be further line of treatment.Thanks</p>	<p>Presumed that her blood sugar and hypertension are normal. At the beginning there was some</p> <p>urticaria type rash where fever is there, Noe fever is off and on that is the cause of concern. As you</p> <p>mentioned that she got blood culture. But without report, how one can say that which type of</p> <p>antibiotics are most suitable, so, if possible attach the report with is query. Consult treating</p> <p>physician and find out the nature and type of disease. In diabetic patient blood sugar control is very</p> <p>much important. Please get in blood as well urine culture once again. Hope I have answered all</p> <p>question. If further any question I will help. Good luck.</p>
<p>Scared & having MRI in the morning. Scared, any advice?/</p>	<p>You for your questioner the symptoms you have described it seems the compression from bulging</p> <p>discs may have gotten worse. It is very obvious a new MRI of cervical spine is needed to evaluate</p> <p>this. The treatment options are1 Pain killers like diclofenac or stronger ones like tramadol +/-</p> <p>muscle relaxants.2 Neck exercises are better avoided in acute pain. Once the pain is under control</p> <p>physiotherapy is helpful.3 Nerve specific medications like pregabalin or gabapentin.4 Steroids like</p> <p>methylprednisolone are also helpful to control acute pain.5 Nerve root blocks in cervical region are</p> <p>technically challenging to perform and not very useful in multilevel disease. If symptoms keep</p> <p>worsening despite these or signs of myelopathy are present in the arms/legs on examination</p> <p>surgical decompression is recommended. Wish you the best.</p>
<p>Scattered nonspecific punctate bilateral frontal, bilateral parietal and left subinsular white matter</p> <p>T2/FLAIR hyperintensities may represent chronic microvascular ischemic changes, described in</p> <p>the impression as supratentorial and age-appropriate. 2. Bilateral old lentiform nuclei lacunar</p> <p>infarcts, the extent of which was not described. Having been a medical transcriptionist for 30+</p> <p>years, I ve read a bit about both findings, and am vaguely familiar with the functions of these</p> <p>cerebral regions and the described processes, but I have two questions. I am assuming that either</p> <p>or both conditions are contributing to the mental status changes.particularly the bilateral lacunar</p> <p>infarcts. I originally thought these symptoms were attributable to chronic depression/anxiety/stress</p> <p>and the unemployment/financial problems. In your opinion, am I over-reacting to this news by</p> <p>making that assumption? Also, in view of these newly diagnosed deficits, would it be beneficial for</p> <p>me to consult with a neuropsychiatrist? I am asking because I am planning to seek counseling/</p> <p>therapy for these problems since I need to re-enter the workforce. I am wondering if and how these</p> <p>conditions change the therapeutic approach. Specifically, I believe tests to evaluate the degree of</p> <p>cognitive deficits is in order, as it would stand to reason they would impact the modalities used in a</p> <p>therapeutic treatment plan. Any insight you can offer would be greatly appreciated.</p>	<p>HI have noted all your complaints, imaging data. The imaging findings that you have can be seen in</p> <p>patients with high blood pressure and diabetes. The infarcts that you have described is also seen in</p> <p>patients with these problems. The most important thing to note is that whether you had any stroke</p> <p>in the past or not. People with high BP and diabetes can have these MRI changes without much</p> <p>problem also. So it is unwise to interpret this data without any clinical correlation. Regarding the</p> <p>cognitive problems as well as anxiety etc., this may represent a type of executive dysfunction which</p> <p>may/may not have relation with the current MRI findings. Interestingly some people can have both</p> <p>depression/anxiety and cognitive problem due to organic disease. Please undergo a joint</p>

evaluation by a neuropsychiatric, clinical neurologist as well as by a psychiatrist. Their clinical evaluation will tell us if you have any organic cognitive problem or not so that we can plan our treatment accordingly. Hope this helps

SEMEN ANALYSIS Time of collection :2.05 pm Time of examination :2.35pm PHYSICAL EXAMINATION Volume :1 ml Colour :Grey opalescence Appearance :Clear Consistency :Hypo Viscous pH :7.5 FRUCTOSE Present MICROSCOPIC EXAMINATION Microscopic examination reveals morphologically normal spermatozoa along with pus cells (1-2/hpf) and epithelial cells. Forms with excessively long tails are also noted. Sperm Count :8 Million/ml of fluid motility 05% shows rapid linear progressive motility. 15% shows sluggish linear progressive motility. 20% shows non-progressive motility. 60% are non-motile. SIR, what is my report? could i made a father? plz send me details.

Hi I have gone through your report. Your semen analysis shows less than normal sperm count 8 million is below normal, 20 million at least. Decreased motility. You should investigate for this. Ultrasound of scrotum to rule out varicocele. Varicocele is the commonest cause for male infertility. But u can become father with this report also. There are so many techniques in this era. Like semen wash out and many more. Consult a urologist and he will advise you further. Have a good health.

seretide accuhaler 250/50, 2.avamys nasal spray, 3. brodil HFA inhaler. would you plz advice us in this matter. we are thinking to come india for his treatment. best regards Lipon YYYY@YYYY

He has bilateral bronchiectasis and a pneumonic consolidation. It can be the result of either recurrent infection or some chronic disease process like tuberculosis. I am sure he must be bringing out some amount of sputum, so get a Inexpert test done to confirm/rule out tuberculosis. Also get an S. ace study does along with some basic blood tests like CBC, Manitou, ESR, alpha antitrypsin levels, Aerobic culture and an AFB culture POST the reports

Seroflo 125 micro gram morning and night2 Montek LC kid night3.Asthalin when severeHe is suffering like anything while his bedtime kindly advise please

Continue the medicines you are using as usual. Add decor inhaler in addition to Aeroflot 2-3 times daily specially before going to bed. If possible find out the triggers and avoid them. Hope this answer will serve your purposeless feel free to ask any more queries if requiredTake care . V. Subrahmanyam MDDisassociate professor of pediatrics

Set up gyn appt. and went for my appt Sept 29th, they did a ultrasound and no gestational sac or signs of pregnancy are apparent. I still have the symptoms of tiredness, frequent urination, metal mouth, and increased appetite. They said maybe i miscarried three Tuesdays ago at the ed or maybe im early in pregnancy and couldnt see it being my levels were so low. Repeated Sept 29 and and levels increased again to 204. What im confused about is why would my Beta go from 7-101-204 in a 3 week toime span if nothing is there? Im confused.any answers??our query here.

1.1.- no normal duplication pattern is seen, pregnancy might not be right and there might a miscarriage or an ectopic pregnancy2.- discriminatory levels are not met and that explains why a gestational sac GS is not seen3.- there is still the possibility of a normal pregnancyWhat would I do? Wait, repeat B in about a week and perform another scan with the new resultsLevels fall, no GS on scan: miscarriageLevels rise, duplicate and GS seen: Sublevels rise but do not duplicate or reach about 2000, no GS is seen: considering EP and new levels are measured and scan performed about a week later if more than 2000 units are measured, and no sac is seen, I would consider / perform a laparoscopy

SGOT: 69.7 U/L 2. SGPT: 27.2 U/L 3. Total Cholesterol: 218.3 mg/dl 4. Triglycerides: 219.4 mg/dl

5. PCV: 48% 6. HB: 16.0 g/dl 7. WBC: 10,400 cmm 8. ESR: 6 mm/hr Saw values of SGOT/SGPT seemingly higher than what is shown online. Though the doctors didnt say much on this, and only mentioned elevated cholesterol, I seem worried. Is all ok?

Hi, Thanks for using the . I am happy to ad . The normal range of values for ALT (SGPT) is from 7 to 56 units per liter of serum. AST (GOT) is normally found in a variety of tissues including liver, heart, muscle, kidney, and brain. It is released into the serum when any one of these tissues is damaged. The interpretation of elevated AST and ALT levels (which are not significantly high) also depends upon the entire clinical evaluation of an individual, and so it is best done by physicians experienced in evaluating liver disease and muscle disease. If there are no other symptoms hence he would have mentioned only on your elevated cholesterol which could be affecting your other organs, hence control on your cholesterol and a re-test after few months can be evaluated. Hope I have answered your query. If you have any further questions I will be happy to help. Thanks

Shall I consult a Gynecologist or a GP?2. Is it safe to take Calpol at this stage of pregnancy?

Hallow Dear, Calpol is a paracetamol preparation which is safe during pregnancy. However, no medicine should be taken during pregnancy, particularly during first 3 months of pregnancy without an obstetrician advise. Self-medication should be avoided during pregnancy. It will help to bring down your fever. However, you have to find out the cause of the fever - whether it is viral infection or bacterial infection. Depending on it the decision for only paracetamol or additional antibiotics will have to be taken. Moreover, some viral infections during pregnancy are quite notorious for the baby. Hence, please report to your Obstetrician before you take any medicine. Do consult a doctor - Obstetrician and Gynecologist only before taking any medicine. I hope I have answered both your questions and have given you the required message.

She also had three of the ganglions removed . What is the prognosis and treatment for this condition?

Hi, dairy have gone through your question. She has pT2N1 breast cancer. Treatment of choice is modified radical mastectomy followed by chemotherapy or radiotherapy. Hormone therapy is also useful in receptor positive cases. Consult your doctor and take treatment accordingly. Prognosis is very good. No need to worry. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

she becomes insomniac 2. her mind becomes very much unstable 3. every now & then her thoughts changes.

Hi Thanks for your query. Seasonal changes in mood and behavior are a well documented entity. Seasonal Affective Disorder is a kind of mental disorder characterized by recurrent episodes of mood changes occurring yearly during specific seasons. The description by you points towards SAD. The changes are usually those of depression but in your mothers' case it is more likely of what we call Recurrent Unipolar Mania as evident from the symptoms of racing thoughts and unpredictable behaviors in the background of hyper religiosity. SAD is thought of as being due to changes in the levels of certain hormones and neurotransmitters. It is imperative that your mother be seen by a Psychiatrist who will evaluate the seasonality(whether these episodes occur during summer or winter), presence of depressive/other symptoms during other seasons of the year and the nature and intensity of symptoms. SAD can be treated effectively by appropriate medications, and it is also essential for her to maintain her biological rhythms such as her sleep as disruption of these are likely to trigger/worsen episodes. Do remember that mental disorders like any other disorders are amenable to treatmentWishing her the best in life and health.

Input	Output
She could not walk much.legs get swell2. hair falling 3. Digestion problem.4. She does not sleep properly.5. we both smoke. 2-3 perday sharing.6. weakness7. and very enger and rigid.Please help me out how to work out to increase her hemoglovin. and other .?	Hi I understand your concern.1st of all she requires body check up and routine tests like CBC, FT, LFT and thyroid profile. Medical cause need to be rule out 1st. Hemoglobin can increase with medicines which has iron content. There are lots of preparation of multivitamin available which will help in weakness and for general health. For a good sleep following will helpful certain routines and lifestyle modification will help you like fix sleep schedule and stick on it, no daytime sleep exercise that makes you fatigueRelaxation, yoga and meditations avoid alcohol and smoking, avoid heavy meal in dinner, avoid tea coffee soft . But go for physical check up and get well soon. Thank you.
She didnt tell me what thebottom number was. How can she bring it down right now so that she can start to feel better?	Hi I understand your concern and would explain that her actual therapy does not seem to be really effective in managing her blood pressure values. For this reason, some changes need to be made to her therapy. I would like to know her actual therapy and the doses in order to suggest possible changes that may help improve her situation. Hope I have answered your query. Let me know if I can assist you further. Take care .
She faced the same issue and on consulting the doctor, she was advised Progyluton tablet 2 mg / 0.5 mg for 21 days +TriHemic 600 tablet. Due to lockdown, I cannot contact my doctor, can you please guide me? Can I follow the prescription of my sister?	I understand your concern. Normal age for menopause is 42 to 52 years during which menses become irregular with excessive bleeding sometimes. So in your case, you might be transiting into menopause. However, if you have excessive bleeding during menses then take tablet Pause MF (Tranexamic acid and Mefenamic acid) three times daily if bleeding is heavy. Also, women must take calcium supplement after 30 years. Please take tablet Calcimax once daily after food. If your bleeding does not subside with the above medication please get an ultrasound pelvis to rule out the other causes.
She feels that she has lived long enough. She had a pacemaker inserted about 8 years ago. She is asking if the pacemaker is keeping her alive because she wants it to be taken out. We (the children) have no answers for her but said we would find out.Beris Holding YYYY@YYYY	Hi I have gone through your question. As a doctor it is difficult to advise that pacemaker can be removed. At the same time I need to know which country you belong to? Because Laws of different country are different. If the law permits such action, then after completing legal formalities you may approach doctors for removal of pacemaker. In my practice of more than 2 decades I have not experienced such situation. So please respect wish of your mom only if law permits. I personally am man of science but I believe in spiritual science as well. So I suggest that we should allow nature to take its own course, My best wishes. .
she goes for Dialysis once in a week. we really want her to come off Dialysis. is there a way for her creatinine level to be lowered so that kidenys can start functioning. Can u advise pls?	HelloThanks for query. Based on your statement your mother has raised creatinine levels and has been on Dialysis. Urea and creatinine are end products of protein metabolism that are excreted by the kidney in urine. The creatinine levels goes on increasing due to chronic parenchymal diseaseUnfortunately Nephrons which is main functioning unit of kidney that excretes these end products in urine do not regenerate once they are damaged in disease process.Hence, one has to continue Dialysis to eliminate these waste products out of the body. It is unlikely that serum

creatinine(1 would come down with dietary regime or by medications to the level so that you can avoid Dialysis.

She had Lupus was sedentary and came off a long flight. The Dr at the hospital diagnosed her with an infection in her lower leg. She died of a PE which resulted from a DVT.The Doctor and the hospital acknowledge that they erred but say because she died 22 hours after entering the hospital that she had no chance to survive even if the correct diagnosis had been made. What do you think?

Hii am sorry to hear of your loss but it is a known fact that pulmonary embolism is difficult to diagnose and is usually diagnosed late of course with other comorbidities, it might have been a difficult case to treat however without having seen the clinical status it is difficult to state the exact prognosis but overall I feel it would have been difficult again, I am sorry for your loss best of luck

she had small bumps on her tummy it looks almost like a heat rash.

Hi, Thanks . Constipation needs treatment. For immediate relief glycerine enema or suppository may be tried. Give high calorie and fiber containing foods to ease constipation. You may try Lactulose to maintain bowel movement. Cyclopam may be given for tummy ache. Fever may be coincidence, treated with paracetamol 15 mg/kg/dose. Hope this reply is OK for you. Please feel free to ask further queries if any. . v. Subrahmanyam.

She has become restless i.e she wants to go out of home everytime 2. The habit of lying in past is same, she is unable to forget the things in past 3. Shivering of hands have increased. 4. No interest in works.(earlier she used to watch TV and study but that is not there now) 5.No strenght in her body, but the moment she gets her irritated her strenght in body is doubled 6.Want to talk to other people but while talking to other she looses her way and goes to past, 7 Normally sound sleep but somedays she stays awake whole night 8.She constantly speaks of thing that all have stolen her things 9 She is quiet irritated to her big brother and in response of it she take action her against bhabhi 10 Pain in hand and legs 11 She wants her intereference in others work or living style
Medicine going on Nexcito 30 1-0-0 Kemdrin 1-0-0 Sodium Valporate 1200 0-0-1 Clonazepam 2mg 0-0-1 Serenus 10 0-0-1 Kindly advise what next can be done

Does her frequent going out is for a motive or does it appear to be wandering?2. Not forgetting past is a good sign as it shows her memory is intact despite multiple medications.3. Shivering of hands is a concern, which can probably be due to the side effects of some . 4 to 10 are abnormal behaviors which will have to be ad

She has been on strong pain meds from then until now. She is currently on 30mg of OXYCODONE MCL (tablet every (4) hours as needed for pain. Her pain specialist wants to try her on LEVORPHAROL. He has tried her on other meds in the past with little or no results. The OXYCODONE is no longer working as it used to in the beginning. What is your opinion of the new med compared to the OXYCODONE???

Hi, Thanks for asking. I understand your concern. Your wife has severe back pain & is taking the lot of medicines for that In my view, the cause of the pain needs to be evaluated carefully with investigations & expert consultation & the specific treatment of cause would relieve her. The probable causes can be - Calcium / vitamin deficiency & osteoporosis. - Pelvic inflammation, - arthritis of macro ilea joints, - Nerve root compression at spinal level due to inflammation degeneration of vertebrae/ inter vertebral disc can lead to such pain. * You need consultation of orthopedic surgeon / gynecologist. MRI of the part would pinpoint the cause . This will follow specific treatment. Till then, you can try. Taking rest/ applying muscle relaxants locally(no massage please)/ pain medicines over the counter/ avoiding bending or weight lifting while you can get appointment of a doctor, Thanks.

She has been taking Vestera birth control for several years now, too. Other than that she has been perfectly healthy and active since she was a little girl. Now they want to do genetic testing to rule out CPVT which is scaring me to death. She is now on a low dosage of beta blocker and her soccer scholarship is on hold. Does anything come to mind? Anything? Please help us!! Jessica

Thank you for consulting in . Low levels of ferritin are indicative of iron deficiency, which causes anemia(a reduction of RBC). Ferritin is protein for storage of iron. We also check with ferritin an iron level and a total iron binding capacity test. Normal ferritin for female 12-300 NG/ml. Your daughter had iron deficiency anemia which can produce also fast heartbeat. It is clearly seen that her ferritin is on the lower border of Norma, tendency to anemia.That's why I recommend you to . I strongly recommend you to visit cardiologist, because only he can prescribe correct treatment, others should not take responsibility to prescribe medicines for arrhythmia, because it is life-threatening state and one more she should not go in for sports Best regards

She has had some weird things occurring since she had her 1 year vaccinations. Not sure it is related at all tho. June 15th she started to get these small red , raised bumps randomly on her body. They looked like chicken pics without the puss. I could tell they bothered her. My daughter took her to the pediatrician and they were not concerned. She then started to run a low grade fever for 2 days and then a fever that spiked to 103.9 degrees.we took her to the hospital. They did a cat herder on her and said its a virus just treat the symptoms. When this is going on she was very tired and cried a lot like something hurt her. This went on for 3 more days taking us to right around June 19th.we ll this started all over again on Monday of this week. Exact same symptoms.started with bumps (she still has them)now fever crying sleeping. She went to pendent ricin on Wednesday.again they say nothing to be concerned about. Funny thing about the bumps.they start off raised and then they end with a small scab?

Hi.though I do not have the luxury of seeing and diagnosing the skin condition your grandchild is having, I feel that whatever you are describing fits into hand foot mouth disease or any other viral exanthem. Both of the above-mentioned conditions do not require any specific medication and both conditions are self limiting. I can tell you one thing, whether a diagnosis is made or not - an active kid is a healthy kid. As far as kids are concerned, activity is more I important than symptoms. Regards -

She has two boys 4 and1 years old. She had low platelets ect. and had C-Sections both times. After the last c-section she had an infusion of platelets. Her platelets were checked about 6 weeks after the birth of her last child. They were 160,00. She sees a psychiatrist for anxiety and is on LEXAPRO. For some reason, the Psychiatrist wanted a platelet count because of her history with pregnancy. She had the test done at a different lab then the first. Time frame now is 1 year after the last c-section. This test result was 120,000. Normal being 140,000. What should she she do?

Hi, dairy have gone through your question. Your platelet count is slightly low. There are many causes of slightly low platelet. Even mild viral infection can lead to this. So if you don't have any symptoms of low platelet then no need to worry. Just be relaxed. Just go for repeat test after few days. It will come back to normal Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

She has what appears to be lyric lesions on multiple bones. They doing bone biopsy to check for multiple myeloma. Cant they also check M protein for multiple myeloma?

Hi, dairy have gone through your question. Your mother has lytic bone lesion and very high creatinine. SO she has high chance of multiple myeloma. She should go for protein electrophoresis so check level of M protein. It will give you confirm diagnosis. Then She should take treatment accordingly. Thalidomide plus dexamethasone is the treatment of choice for multiple myeloma. Bortezomib can be used. Stem cell transplantation is the best option. Consult your doctor and take

treatment accordingly. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

She is a 27-year-old prima gravida with no significant past medical history. She has had an uncomplicated pregnancy and has received regular prenatal care. You go to her bedside and glance at the fetal heart rate tracing (Image A). What is the most likely cause of this finding?

Fetal head compression

She is a diabetic and she takes her own shots. On 9/27/14 she took her shot in her left arm, by sunday her left arm swelled up. She had black and blue on her chest her left leg and her back.The doctor said she had a brachial plexis stroke,she still can not move her arm,hand and fingers. Will it every come back,what can she do. Thank you Rick

Hi, dairy have gone through your question. She has brachial plexus stroke. It will become normal. But she should maintain her INR between 2 and 3. It is ideal therapeutic range of blood thinner. If it increases further than chances of bleeding is there. Consult your doctor and set the dosage of warfarin accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

She is also showing signs of dimentia and hallucination for which she is being given b12 shots. Can you please help?

At the age of 80, the natural changes in the body and brain also lead her towards such symptoms. They may be due to ischemia, due to atherosclerosis, anemia, lack of muscle tone of the body and arteries. Less intake of food may lead to deficiency symptoms, and lack of energy. I usually advise to my patients with such symptoms to take the fresh juice of the palatable vegetables without water, 2 times daily. Wishing her a complete recovery. Thank you.

she is murmering. 2.becomes so angry,when any work is assigned to her. 3.speaks rarely with family members. 4.scolds family members. 5.sometimes beat them

Degree understand your concerns went through your details. The given symptoms correspond to schizophrenia. It also seems from her murmuring, the type is general schizophrenia. You should also keep it in mind that your sister is definitely having hallucinations and delusions along with racing thoughts. Racing thoughts are evident from her murmuring. For people living with schizophrenia both positive and negative symptoms can be very disruptive to their lives. Schizophrenia is generally manageable. I suggest you to work with her psychiatrist for better management. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck. Take care.

she is on vacation in another country. i told her to come back what do you think ?

. Here your mother having gall stone.USG done for gall stone for proper evaluation. If needed CT scan might be needed. Because of obstruction if muscle like condition there then surgical management needed. If stone multiple and symptomatic with frequent pain then cholecystectomy needed. Udiliv tablet taken that is made up of ursodeoxycholic acid . It dissolves cholesterol in bile. It affects cholesterol absorption in intestine .so useful in gall stone.Meanwhile, low fat diet taken. Green leafy vegetables like spinach, bitter gourd, mustard green taken more. If fever occurs and cholangitis there then antibiotic needed. Take care. Avoid alcohol. Consult gastroenterologist for proper examination and accordingly treatment .

She is regulary feeling uneasiness & High BP 2. She also feels tremers in leg & hand, when BP shoots 3. Our family doctor has indicated Signs of parkinson s disease, & she is under medication 4. Even after regular medication the problem persists Please advise Regards SRP

Hi, It is a bit unusual for a 55-year-old woman to come down with early Parkinson's disease (PD). If

she has been placed on what would be considered appropriate medication for the disease (typically Sine met or Carbidopa-Levodopa or one of the dopaminergic such as Mir apex, or Equip) and there has not been a noticeable difference in her condition then, the diagnosis of PD should be questioned. If there are visible tremors occurring in the extremities then, a DAT scan can distinguish with fair accuracy whether the tremor is truly one caused by PD vs. something else such as essential tremor. It sounds to me as if her tremors may get worse with anxiety or changes in her physiological profile and this would be also consistent with something such as essential tremors for which different medications are typically found to be effective. If things are not improving on medication I think it entirely reasonable to ask for a referral to a neurologist who can give a more specialty specific opinion. Hope I have answered your query. Let me know if I can assist you further.

She is very weak and is sleeping continously

Hi, I had gone through your question and understand your concerns. I suggest-Keep your baby HY . -Definite(taxi) syrup 4 mg/kg/dose twice a day for 5 days.-Similar 1 castle once a day for 14 days to normalize flora of intestine.-Coastal syrup you can use for vomiting. You can discuss this with your treating Doctor. Start on these changes and get back to me in 4 to 5 days. Wish your baby speedy recovery and good health.

Input	Output
<p>She never talk to us as normal. 2. Used to cry for more time. 3. Get dipressed. 4. She used to tell us Her mind is confussed Can somebody help how to provide treatment??? regards.Murugesan</p>	<p>Information about your sisters symptoms are not much helpful to me. You say she remains OK in between the attacks, she shows split personality Behavior ?, does not talk normally, cries most of the time & realizes that her mind is confused. Though not very clear but most probably it goes in favor of Affective type of mental problem because in Old Psychotic case [? Schizophrenia], Client usually lacks Insight which your sister still understand her problem. You need help of Psychiatrist either by direct consultation or charting may be helpful to know her problems in details. I feel she should be cured.</p>
<p>she now does not after any feeling to her left leg although she can move her toes she has no feeling whatsoever. Is this a common symptom and is this just temporary?</p>	<p>Hi, thank you for providing a brief history of your daughter. Since you mentioned the spinal cord tumor as the history I feel you should get self assessed once by the neurologist and also a fresh scan which has to be compared with the previous one will provide some input. The use of EMG and NCV will reveal the nerve involved. Also to not delay such things as each day a brain develops and records all happening in human body. Taking a proper guidance at a proper time will be of surely importance. Even you mentioned the sensory and motor thing. Looks like the sensory part of the nerve is malfunctioning, but the nerve as a whole is good.maybe you can discuss with the Neurologist about the physical therapy as it is non-invasive and physical therapist knows the sensory integration technique which can help get sensory system function again. With the grace of God I wish to see your daughter in future dancing and jumping. God bless her, and please take the wise decision.</p>
<p>She put me on regesterone 5mgfor 3 days. 2 days over after the course still no periods though m gettingbback pain n abd cramps. M also in medical field. Was psychologically impacted by this ectopic preg. is there any chance of me getting? Should I go for an ultrasound? Does it confirm the ectopic? Thanks</p>	<p>Hallow Dear, Even in ectopic pregnancy, the pregnancy test results are positive, though weak as indicated by faint second line. So you can safely rule out normal as well as ectopic pregnancy. You seem to have some misconception about the periods by Progesterone. These pills will not get you menses while you are taking them. Take a full prescribed course the pills. Then after stopping the pills, you will get with . I hope this resolves your dilemma.</p>
<p>she says head is aching near the forehead.2. she swets a lot3. vomiting sensation4. feels very tired.Thanks,</p>	<p>1.How long has the headache been there?2. Does it always occur on forehead or keeps changing?3. Is it associated with blurring of eyes or double vision or giddiness?4. Is there any family history of migraine or single side headache?5. Is she very angry when she gets headache and does the ache get better after a good sleep?6. Does she vomit when there is headache?</p> <p>Kindly get back to me with the answers to above questions and also mention her weight so that I can suggest you the formulations which are good. You can approach me at the following link.</p> <p>Please find the link below - www. .com/doctors/ .</p>
<p>She says her stomach hurts really bad. Especially the left side and her back a little. She has bad smelly gas but regular bowl movements. She never complains of stomach problems. Unsure what to do. Most pediatricians act like the fever is no big deal. She has had her tonsils and adenoids out and still 9 ear infections. Just moved to Nevada. No pediatrician I like yet and no insurance. Can</p>	

you help?	<p>Fever of 2 days without any localizing signs could as well be a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will last for 4-7 days. So do not worry about duration if the kid is active. Paracetamol can be given in the dose of 15 mg/kg/dose every 4-6th hourly that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Hope my answer was helpful for you. I am happy to help any time.</p> <p>Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.</p>
She says she is fine but I think she should get checked out. What do you think?	<p>In my opinion you should first get done chest x-ray to rule out chest infection and pleural effusion.</p> <p>Since your mother is having pancreatic cancer and on chemotherapy, chances of lung infection are high because chemotherapy makes person immunosuppressive and more prone to infection.</p> <p>Another possibility is malignant pleural effusion due to spread of tumor in pleurae. So better to rule out all these by chest x-ray first.</p>
<p>She seems to have an allergic reaction to paracetamol. She has taken it in the past and become violently ill shortly afterwards. Yesterday she took an OTC product containing 500mg paracetamol, although she had not checked the label before taking. Again she was violently ill. This seems to be very unusual, I guess she will just have to avoid this drug in the future, and read labels on OTC PRODUCTS CAREFULLY.</p>	<p>Hello. What you rightly said is allergy to paracetamol is relatively less common than other analgesic . In your daughter has allergy to paracetamol, she should avoid paracetamol and all preparations containing paracetamol in the future. However, it is very important to know the nature of reaction. I would suggest your daughter to consult an Allergist who will ask about the nature, features & duration of reaction in great detail. This is very important because on basis of these details, he will be better able to advise your daughter regarding future use of medicines. Sometimes, not the</p>
<p>she shows quick response in other worldly things but when comes to studies she stays quiet. i want to know why she is doing like this? do she really need a psychiatrist. plz do reply me i need your suggestion.thank you,</p>	<p>Hi I have gone through your question in detail and I can understand what you are going through.</p> <p>The fact that she is quick in all other activities except for the studies (reading/writing) suggests that she certainly needs in detail assessment of her reading and writing capabilities. She could be suffering from a condition called dyslexia or learning disorder and this could be impairing her scholastic learning abilities. You need to take her to a psychiatrist who can evaluate in detail. Hope I am able to answer your concerns. If you have any further query, I would be glad to help you. In future if you wish to contact me directly, you can use the below-mentioned link: .</p>
<p>She still feel dizziness when she get up from bed, what should I do? 2. Her cholesterol level is 247, does it impacted to dizziness she felt? 3. She try to exercise to lower her cholesterol level, walking to the market , doing household eventhough she had the vertigo in the morning, and she step up the stairs repeatedly Is that worsen her vertigo?Thanks a lot for advising, I really worry about her health as she crying a lot when her head is feel uncomfortable</p>	<p>High level of cholesterol directly does not produce any symptoms.Long-standing high level of cholesterol gets deposited in walls of artery and that leads to narrowing of lumen of vessel. If severe blocks develop in large artery like carotids then it may lead to giddiness and dizziness, but it usually does not produce vertigo.2.waiting directly does not worsen vertigo, but there is risk of fall if vertigo is not controlled and if she tries to walk. So better avoid walking till vertigo is</p>

controlled.3.please get her evaluated for vertigo, most time it is benign and usually responds to medicines like cinnarazine. Sometimes there may be ear problem leading to vertigo., so please get her evaluated by ENT surgeon if she does not respond to cinnarazine. She should start atorvastatin 10 mg for cholesterol with aim to reduce its level to 150 .my best wishes.

She think she has kissed someone. 2. She has eaten dirty things like susu , potty and dirty water. 3. She wanted to cut the wrong part of men. 4. She feel like abusing. 5. She wanted to kill her mother and herself by pressing her neck . 6.She also started washing her hands many times but now she doesn't do that.and many more which I have forgotten. She hasn't done any of these things..Just used to tell her mother in words only.I have asked her do you feel like doing these things., she say no it's just coming in her mind. Her problem has started by repeatedly telling her small things to her mother and she doesn't feel satisfied till her mother says that it is ok. ONE THING IS IMPORTANT THAT SHE TELLS ALL THESE THINGS TO HER MOTHER ONLY OTHERWISE SHE IS FINE IN HER SCHOOL AND OTHER CLASSES AS I HAD WORDS WITH HER TEACHERS ALSO. We have consulted a doctor also and he had few sessions with her. After few sessions she was fine for a month but from last few days she has again started.She herself knows that these are wrong thoughts and really wanted herself to get rid of it at any cost. we haven't given her any medicine but the doctor now feels that he might have to start after few days kindly suggest what should we do

Hello . Thanks for your query. Psychological problems in. Often multiple sessions and history from different caregivers is necessary. Many of your children symptoms could be indicative of a childhood obsessive compulsive disorder. But like I said before this can be confirmed only after a detailed history and psychological assessment. If this is the diagnosis, then she may need to be started on medication. I think her psychiatrist is doing the right thing by assessing her properly before making any decisions regarding starting medication. So, please discuss the plan of treatment with her psychiatrist. Wish you all the best.

She told me she can't drive and now she is driving and out of control. What do I do?

Earle understand your concerns went through your details. I suggest you not to worry much. Many researches and researchers confirm that medicines alone cannot cure mental disorders. Lifestyle changes, change in thinking pattern, relaxation etc. are as essential as medicines. Psychotherapy can help you to change your lifestyle and thinking patterns. Yoga and meditation help you to streamline your metabolism and neurological balance. Please consult a psychologist for further information. If you require more of my help in this aspect, Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.

She told me to come on 23maywith husband for ultrasound which will continue be done for 4-5 days to check ovulation of egg. & To make contact on ovulation with husband. Kindly tell me can I conceive with this ???? What other precautions should i take in my diet?? Kindly help me from ur side pls

Hi. looking at the case history . origin d contains DHEA . It increases quality and quantity of eggs and beneficial in women with less ovarian reserve(as you he history of Desmond in one ovary and PCs as well)ovular would also be helpful in the egg formation.it would improve your conception chances and avoid stress by all means. Regarding diet you avoid rice, potatoes, cakes muffins, white bread etc you can take unprocessed food, fiber rich, whole grain, sprouts, grapes, apples, brown rice, beans, broccoli etc

<p>she used to forget the conversation that we had within quick period of time. 2. she won t do any work with concentration. 3. suppose if i am talking to her seriously with any topic . she will spoke irrelevant to the topic it gets really frustrating . 4. Most of the times she used to hear some gossips near by her home and she won t think what is the real fact about the issue and she always used to blame neighbours and thinks in pessimistic manner. 5. suppose if somebody is giving suggestion about what needs to be done with my baby. she will not take those suggestion in a right way and instead of that she will think i know what has to be done for my baby . Still the issues are keeps on going and i have suggested her to do the meditation and yoga but her surrounding atmosphere at her home are not allowing to do the further things. Please any suggestions i am really worried a lot about my wife what else i can do? Thanks Venkatesh 0000</p>	<p>Dear Venkatesh, We cannot change the nature/behavior of a person, you may not be always right, and your wife not be always wrong. My suggestion to you is sat together listen to her spend some valuable time and be open to accept comments/compliments, try your best not to argue even if she is wrong you may put forward your opinion-bring her into confidence. You may start her on Saraswataristha (ayurvedic formulation) for memory and concentration, it will also keep her calm. Best wishes,</p>
<p>She was having 70% plasma cells and reduced to 8% after the chemo. now she is not under chemo except the Zolendronic 4mg Zobone and taking Thyroxin 7nmg for her hypo thyroidism. Currently she complains sudden and excessive sweating as frequently as 8-10 times during a day. what could be the reason?</p>	<p>Hi, dairy have gone through your question. She has multiple myeloma. Her excessive sweating is not related to that. It may be due to her thyroid problem. She should go for T3, T4 and TSH estimation. Then if needed change the dosage of your thyroid medicines according to results. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>She would never forgive not even if she is at fault 2. She would not listen to argument made to understand her. 3. Never commit her fault. 4. The only argument we would hear from her is I am only bad . You all are good 5. Very stubborn & impatient. Is there any solution for it because I am afraid it can harm her health. Thanking you</p>	<p>Hi there, I think your wife may be suffering from PMDD premenstrual dysphoric disorder, basically a depression related to the periods. A psychiatrist can diagnose and prescribe SSRIs, selective serotonin reuptake inhibitors, basically anti depressants. The PMDD is caused by a fall in serotonin levels in the brain. I have just been diagnosed and realize that all my cranky ways, anger, irritability etc. were not because I am a bad person, but simply a chemical imbalance in the brain. Best of luck and good on you for trying to research and solve the problem.</p>
<p>She would never forgive not even if she is at fault 2. She would not listen to argument made to understand her.3. Never commit her fault.4. The only argument we would hear from her is I am only bad . You all are good5. Very stubborn & impatient. Doctor is there any solution for it because I am afraid it can harm her health. Thanking you,</p>	<p>Hi I have gone through your question in detail and I can understand what you are going through. Both of you need to undergo marital therapy. Solving of relationship issues will help in solving the problem. Hope I am able to answer your concerns. If you have any further query, I would be glad to help you. In future if you wish to contact me directly, you can use the below-mentioned link: .</p>
<p>Should be be seriously concerned with the headache and bloating?2. Is there something I can do to resolve these issues?Thank you,Steven</p>	<p>Hi, Thank you for posting your query. There is a possibility of rural tear while doing the ESI (epidural injection), which leads to leakage of cerebrospinal fluid (CSF). This in turn leads to low</p>

pressure headache. Most likely, you are suffering from this condition. Typically, this headache is worse on sitting or standing and is less severe on lying down. It is a self-limiting condition and subsides in a week or so. Adequate HY .

Should I be alarmed and 2. Can this be a result of the chemo treatments? Thank You

You need not be alarmed with a value of 102. It would always be better to do a proper fasting and a 2hr post meal venous sample assessment for glucose. 2. Rituxan will not cause diabetes. It's not a result of chemo treatment unless you have been put on steroids. Wishing you good health. Please hit thanks and rate this answer if you have found it helpful. Warm regards, .

Should I be concerned and go to the ER? I have an appointment with my doctor on Wednesday morning.

Hi I understand your query and concern. Your symptoms are suggestive of heart failure secondary to ischemic changes in the heart. I advise you to get an ECG, 2 D Echo, lipid profile, hsCRP immediately to confirm the diagnosis. . Coronary angiogram with or without stenting will be the procedure of choice. Consult your cardiologist for expert management. Hope I have answered your query at the moment, Post your further queries if any, Thank you.

Should I be concerned and see if the doctor can see him right away?

Staining of the teeth. 2. Decay in teeth. I would suggest you to consult a Periodontist and get evaluated, and a thorough clinical evaluation will help in ruling out the exact cause of the dark line and treatment can be done accordingly. In case if there is staining of the teeth then it can be very easily removed with scaling as stains cannot be removed with tooth brushing as they are tightly attached to the tooth. In case if it is due to decay then filling of the same with tooth colored filling material can help. Also, please relax as it does not look like medical emergency so do not worry about it. Hope this helps. Regards.

Input	Output
Should I be concerned at this point 3yrs later? Is it related?	<p>The reaction mentioned for the vaccine are only acute, so vaccine is unlikely the cause for her symptoms after 3 years. Chest tightness as described by you is commonly seen in asthma. Since her chest x-ray is normal, no need to worry about lung infection. Possibility of asthma is more in her case. So better to consult pulmonologist and get done clinical examination of respiratory system and PFT (Pulmonary Function Test). PFT is needed for the diagnosis of asthma. It will also tell you about severity of the disease and treatment of asthma is based on severity only. She will be better with inhaled bronchodilators and inhaled corticosteroid (ICS). Don't worry, she will be alright. Hope I have solved your query. Thanks.</p>
Should I be concerned? The nurse said this was a common illness	<p>Hi, I suspect there was a slight bit of miscommunication/misunderstanding of what was going on since encephalitis cannot be diagnosed using a scope into the sinuses. However, sinusitis can be diagnosed in that way and would also explain why you were given the antibiotic. Encephalitis is a serious illness which requires hospitalization, and it would be doubtful you would even be able to think clearly let alone write a question such as this on a computer if that's what you really had. Don't forget to . Hope I have answered your query. Let me know if I can assist you further.</p>
Should I be going to the ER or is this something that can wait until Monday to see my regular cardiologist?	<p>HI passed carefully through your question and would explain that your symptoms do not seem to be related to the stent implantation or myocardial ischemia. An electrolyte imbalance could lead to such clinical scenario. I would exclude a stroke, because it is very uncommon for a stroke to affect both hands. If the numbness persists, I recommend going to the ER for a physical exam a some tests: - a resting ECG and cardiac enzymes-complete blood count-blood electrolytes. Hope I have answered your query. Let me know if I can assist you further.</p>
should i be worried? she had a conner s test which was negative and he is still wanting to put her on vivance for adhd which i said no too.	<p>That is a very significant question and I appreciate your problem. I will try my best to answer your query will take on the reports 1 by 1First, enlarged lacrimal glands are nothing to be worried about unless she has excessive tearing from her eyes. Second, EEG changes- I need to know of she was sleeping during the changes. Because then it may be normal. Else its abnormal and she has a potential of developing seizures and medial temporal epilepsy. Repeat MRI would be needed periodically in this case. Third, MTV 81 might just be within normal range depending on the laboratory. We would need to know the labs reference range. As per me its normal, but at the lower limit. Checking hemoglobin would be advisable. As for Amphetamine, it may actually benefit her, but may trigger a seizure. So I will not recommend it unless advised by a neurologist who has examined her. I hope this helps you. Inform the reports mentioned above/if any other, so I can be of help further. I have given you the answer to the maximum considering the information provided. The results of the tests could further enhance my answer to you. You can upload them on the site. You can upload them with the query, or if you have a problem, send them to attachments@ .com with Sub: ATTN Your Name. Once we receive the photos or diagnostic reports, my team will send reports / pictures to me. Please do understand that some details could be extracted from a detailed history and examination. Please click on Thanks/Helpful if found useful. Please feel free to ask another query. I would be glad to help you. Looking forward to your return query with the details asked so that I can help you further. (If the answer has helped you, please indicate this)Best of luck. . MBBS, MD (Internal Medicine), CC (Diabetes Mellitus), DNB (Neurology)</p>

<p>Should i clean my teeth by going to a dentist or should I be using some whitening paste? If the latter is suggested what is the paste that I should use.2. I am being made to understand that I would have by now lost the strength of my teeth.Is there any way to regain the same. I am taking SUpracal regularly. Please advise me.</p>	<p>HelloCongratulations on your resolution to Quit tobacco. The stains caused by pan chewing cannot be removed at home. So, I suggest you to get a professional cleaning done with the dentist. You can use any opaque toothpaste(transparent like closeup is not recommended) in pea sized amount with a medium or soft tooth brush. Professional cleaning will remove the irritants and stains on your teeth. Ask your dentist if you require a root planning treatment(if your gums are too weak). Use warm salt water rinse twice daily. Floss once a day. Get a check-up done every 6Å months.</p> <p>Regards.</p>
<p>should i continue the tab? 2. is there any other tab like folic acid tht can help in conceiving</p>	<p>Hi there. The Eyelid tablet is not for thyroid, but it is a multivitamin tablet for general health. It does not contain folic acid, and you need to take folic acid 5 mg per day daily as you are planning for conception. Please start it right away. If you are trying for conception since a year without any fruit then do get your TSH, FT4, Anti-TPO, random sugar, hemoglobin, ANA tests and USG pelvis done as a first step of general evaluation of not able to conceive. Get back with the results for further assistance.</p>
<p>Should I continue the treatment for prolactin for as long as I am trying to conceive? 2. Will our infertility issues make it impossible/ very difficult to conceive naturally? Thank you. C.</p>	<p>HTo answer your questions, first let me say that high prolactin levels indeed cause some problem in conception. But treatment for a few weeks usually corrects it. You may stop your treatment if your prolactin levels are normal but will need to maintain them by regular monitoring. As for your husband, he has a problem too and should continue the meds for at least 3-6 myths before repeating the semen analysis. If both problems are solved then there should be no reason why you cannot conceive naturally provided there are no other anatomical problems. But sometimes in low sperm count etc. often assisted reproductive methods are required, but that won't be suggested to you until necessary.</p>
<p>should i continue with the medications , or should i stop them as wll my bloodworks are normal 2. what are my chances of pregnancy on these medications? 3. i have never monitored ovulation , i want to know what are my chance of ovulation with all normal bloodworks or ovulation has nothing to do with these bloodworks? 4. Do i need to lose further weight? Note: me and my husband have done all kind of tests to rule our other infertilities which includes SIS for blocked fallopian tube and SA for my husband. all reports have come back normal.</p>	<p>The medications prescribed are not for inducing ovulation. You can continue folic acid for NTD prevention. Other medications need visit to doctor to decide whether to be stopped or not. 2. Since it is not sure whether you are ovulating or not, chance of pregnancy cant be predicted.3. Even if all blood reports are normal you might/not be ovulating. You need to check it.4. Your weight should be between 50 & 60kgs.</p>
<p>Should I go ahead and have the surgery?</p>	<p>Hi, Knee replacements are done under spinal or epidural anesthesia, cough and cold doesn't pose a problem for this type of anaesthesia but as a precaution we avoid doing replacement while the patient is having any sort of respiratory infection, to prevent the situation in which we need to intubate the patient with respiratory issues in case of complications arises. Secondly, there are high chances of lodging of infective agent at knee implant, so it is always better to postpone surgery till the time infection subsides. Take care. Hope I have answered your question. Let me know if I can assist you further.</p>

Should I seek a second opinion?	<p>Hi, i go throw your history sheet your problem is multilevel cervical spondylosis, but MRI shows only degenerative changes in your cervical spine which happened with everybody with us due to aging process, but surgical decision is med on your signs and symptoms. If you can tolerate your pain and your surgeon explain you after neurological examination that this is not a serious problem and you also not fill and weakness, gait disturbance, urine and stool problems, so you can go for conservative treatment. But if you can not tolerate the shoulder pain and fell weakness in arm then you have to go ahead with surgery. And levels of fusion can be decided only after seeing the MRI.</p> <p>Thanks</p>
<p>Should I take I-pill? Does it have any serious long-term effects? Also tell me if taking I-pill would worsen my PCOD problem? Please suggest few other safe contraceptive methods other than the general contraceptives. I had done lower abdomen ultrasound about four months back and the doctor observed small cysts. Thanks.</p>	<p>H forum. As you are a known case of polycystic ovary syn . So, you must take an emergency contraceptive pill within 72 hours of last intercourse. Again you are on homeopathic medication which would have its effect for long-term and will not offer you any immediate protection.After the I-pill you should expect your menses in the next 7 days. If it does not occur, then you should rule out pregnancy with a serum beta-hCG test. Besides oral contraceptive pills (OCP) the best contraception for you would be a depot injection or a Norplant (Levonorgestrel) hormonal contraceptive. But, as you are a case of PCOS, hormones should be avoided and condoms should be used as barrier contraceptives.</p>
<p>should we be concerned that the polyps are cancerous?2. should we be concerned we are not only dealing with a bad gallbladder?Thank you</p>	<p>Hi, Polyps are very rarely cancerous, but it is recommended to do cholecystectomy if polyps are found to prevent cancer development in the future. If cancer is found now after removal, it is in most cases curative surgery, and then you can be happy that it was detected in such early phase. It can't be missed that this polyps is inside the gallbladder, don't need to worry about this. I hope I have answered you query. If you have any further questions you can contact us in every time.</p> <p>Kindly regards,</p>
<p>Shyness . How do I get rid of it? I have never been able to go and talk with people, because I m way too shy. If somebody walk over to me and start talking, I automaticly back off. 2. Depression . Is there a way to get rid of this without asking your parents, talking with psychologists, taking anti-depressants? 3. Thoughts. Do you have any tips on how to refresh your thoughts from bad to good? I can t think positive, no matter how hard I try. In my head, there isn t even a future. 4. Eating disorders. I m starting to get worried that I might have one, but I m not sure, and I don t want to ask my mom. 2 years ago, I could eat several plates of food, but I lost the appetite completely. I hate food, and I can t eat more than 1 apple each day without feeling fat or guilty. 5. Maturity. Is there some steps to make the maturity process go faster? I mean in the head. I can t think mature at all, I feel like a little kid in a grown ups meeting room when I m at school. I don t hope I asked too weird or advanced questions. But I would appreciate atleast a little answer. Thanks!</p>	<p>Hello I will try to answer your queries Shyness could be a part of your personality or social phobia.</p> <p>2) Yes there are many effective treatment strategies for depression like antidepressants, psychotherapy etc. 3) Psychotherapy - CBT (Cognitive Behavior Therapy). Consult a psychiatrist/psychologist 4) Loss of appetite could be a part of your primary illness 5) Maturity comes with experience. Don't repeat mistakes in life. In that way you can attain it. However, these all problems are linked to one primary diagnosis for which psychiatric consultation is required.</p> <p>Good Luck Thanks</p>

<p>SIGNIFICANT RIGHT FORAMINAL STENOSIS WITH SUSPECTED MASS EFFECT UPON EXITING L5 NERVE ROOT? MY SON CURRENTLY PLAYS FOOTBALL WITH HIS SCHOOL.</p>	<p>First we need to see if he has any symptoms. Usually, MRI scan has to be correlated with the Clinical symptoms. Also, you can take him to physical therapy, for learning the exercises which will help stabilize the spine. Besides, this exercises he needs to follow in future to avoid recurrent back aches. Exercises like - core stability, spine Strengthening, pelvic floor Strengthening etc. Based on the weakness of the muscles the exercises will be guides. Also, the anterolisthesis has to be controlled because the listless has only one direction - that is progression. Usually performing regular exercises will help to keep the muscles intact and stabilize the listless. Also, if ignore now may lead to recurrent back aches which may not allow him to perform well. Besides contact sports has to be avoided for time being. Since he plays football - the mobility of the spine is high and also the weight applied on the L5 - S1 level. Once the muscle is strong the load of the stress will be borne by muscles or else the joints. For more details you can ask me directly I will be happy to help you. Since your son is 14 years old I am a bit concerned. regards. Jay In .</p>
<p>Since 7th evening he is undergoing phototherapy and the number has now reached at 12. Now i am waiting for today s test reports. the only worry i got is that doc says it might affect his brain cells and it might have affected his hearing capacity. So, the doc advised that after 3-4 months they will do MRI and hearing test. Please advise. Thanks.</p>	<p>Thanks for posting on . When the level of bilirubin in blood rises beyond a certain amount, there are possibilities of its deposition in the brain, a condition called kernites. In such a case, brain function may be affected and hence the doctor has rightly pointed out that in your case a follow-up with an MRI and hearing test would be required. The fact that the bilirubin level has come down is good and unless it starts rising again, further interventions would not be required. You need not grow anxious at the moment. Relax. Hope that helps. Feel free to revert in case of further queries if any</p>
<p>Since few years ago also neck problems. Went into three mild car crashes among the years which resulted in whiplash. Diagnosed with neck straightening and retrolisthesis in C4-C5. I like to dance salsa, but I am Pilates instructor, as well. Three years ago, after dancing I have got a neck strain, after a month of no improvements I was suggested that I needed surgery to release the tension caused by the disc compression. I decided to go for the radiofrequency, which was applied in three discs. Despite of this surgery, hours of physiotherapy and my own Pilates, the pain in the neck still not only present, but is worse now, it is all over my neck, shoulders (also have a slap surgery in one of my shoulders) and now even feel pain in the thoracic area. It is a 24-hour pain. The doctor suggested I need a titanium disc replacement. No nerve damage yet. I thought I have strengthen my muscles, but maybe not enough. Clearly I dont want to go into the surgery process, but. Is this the only option now? Do I have the chance to get stronger musclewise and keep away the operation and diminish the pain? If going through the surgery, which percentage of movement is going to be recovered? Realistically, how long is the recovery time? Will I be able to keep dancing? Sorry for the long message, but I dont know if this is enough information to make a judgment, buy want more opinions before doing this, since I need to plan it properly since I would need to fly to the place in which the surgery would be done. I will truly appreciate your answer in advance. Kind Regards Susana C.</p>	<p>Hi Susana, In your long history I need your investigation report like MRI, X-Ray to comment better. But according to your history you definitely require an operative decompression with/without fixation surgery it leads to ankyloses of adjacent vertebrae so requires a disc prosthesis implanted such that u can perform dancing activity as earlier even after your surgery. So in my opinion visit orthopedic center where this surgery is being performed as it is very skillful surgery. Hope this ll help. For any medical queries feel free to ask. Thanks n regards</p>

since i have taken 2 postinor doses within 2 weeks, will they be effective?2. My periods delayed in my previous cycle, does it mean they will delay again since Ive taken another dose of postinor 2?3. How does taking postinor 2 affect ovulation? will it delay my ovulation?

Since I have taken 2 posting doses within 2 weeks, will they be effective? Yes it will be effective.2. My periods delayed in my previous cycle, does it mean they will delay again since I've taken another dose of posting 2? Some amount of change in period can be expected, which is absolutely normal.3. How does taking posting 2 affect ovulation? Will it delay my ovulation? Levonorgestrel emergency contraceptive pills prevent pregnancy by preventing or delaying ovulation. They may also work to prevent fertilization of an egg by affecting the cervical mucus or the ability of sperm to bind to the egg. Levonorgestrel emergency contraceptive pills are not effective once the process of implantation has begun, and they will not cause abortion. Please ask if you have more questions. If you are satisfied, please make sure that your ACCEPT my answer so that I receive credit. Good luck!!

Since last few days I am experiencing chest pain regularly which I doubt is Engina. Is this a cause of worry or normal side effect of Formonide 200 use?

Hi, It is unlikely to cause chest pain. Formonide-200 is a combination of a long acting beta receptor agonist (formoterol) and a steroid (budesonide) which is commonly used in long term treatment of asthma and COPD. Its common side effects include throat irritation, . It is not known to cause chest pain (suspected angina). Hope I have answered your query. Let me know if I can assist you further. Take care

Since my Gallbladder dont have any issues, I dont want to get rid of it. Is there anyway to grind the stone and get out of Gallbladder for once. 2. Doctor said since stone is around 1 cm, it wont get stuck is duct. But still why I am feeling bloating and pain in the stomach. Thanks for your suggestions.

Brief Endoscopic retrograde cholangiopancreatography (ERCP)Detailed Answer:Hello My name is . I have gone through your query and would try to help you in the best possible way. You have discussed multiple things here and raised multiple questions here so I will touch all those things one by one.(Is there any non-surgical way to remove Bladder stone : Yes there are many ways but in daily practice we use I- Therapeutic ERCP 2- Therapeutic MRCP These two techniques both diagnose and treat gall stones even if they are obstructing the ducts. But again these techniques have limitations depending upon other diseases patients have, type and size of stone, expertise of attending doctor, age and sex of patient and prior surgeries, infection and damage.(2)1 cm stone won't stuck in duct: In my opinion Gall stone are always time bombs and most surgeons hurry to remove them before they get struck and cause complications like jaundice, peritonitis and Pancreatitis and liver damage.(3)Bloating and stomach issues: This issue may or may not be related to your Gall stone problem, there are millions of patients who have this issue without any other issues with their gall bladder. Fatty and spicy food causes discomfort in 70% of population even if they don't have gall bladder issues . THINGS TO DO: (Discuss with your doctor about options of ERCP, MRCP. (2) Reduce Smoking, Fat content, Spice and fuzzy

Since thanksgiving 2014. Has pain and numbness in both legs and numbness in left arm. Had MRI of brain looking for MS but was negative. Has had MRI of upper back and found some fluid on the spine. Next week is having MRI of entire spine to look for more fluid with results of MRI to be read by a neurosurgeon anticipating putting a shunt in her spine. I might add that she can no longer drive or work a full day at her desk job. Can no longer shop.walking from her bed to bathroom and back is exhausting.energy is drained. Any other ideas? Thank you so much for any help. Marcia wilson

That is a very significant question and I appreciate your problem. I will try my best to answer your

queryWhat happens is that the nervous system is usually an enclosed organ system, for its protection, and it is quite snugly fit. So there is not much space in the region around the nervous system. Now when there is something extra in this space, like fluid or mass, the space remains limited and the substance in the limited space increases. I hope you are with me in this so far. Now when the contents increase and the space remains limited the pressure will increase. Imagine a box full of water bottles. If you try to stuff in one more bottle, the possibility is that the added bottle will pressurize and possibly damage the existing bottles in the box. This is what is happening. The idea is to put a shunt. A shunt is a tube between the brain, and usually the stomach cavity. Now with this shunt in place, the fluid keeps . I would like to know the exact report of the MRI hope this helps you. Inform the reports mentioned above so I can be of help further. Best of luck. I have given you the answer to the maximum considering the information provided. The results of the tests could further enhance my answer to you. Please do understand that some details could be extracted from a detailed history and examination. Looking forward to your return query with the details asked so that I can help you further.(If the answer has helped you, please indicate this)

Input	Output
<p>since the surgery I have had severe pain in my right hip my post op mri showed arthritic changes in my hip and lower back. my surgeon says I will have to live with the pain. I have wear n tear up and down my spine, with bulging disc up and down my spine. he says there is nothing more he can do for me. should I go to another doctor?</p>	<p>Hi, Thank you for posting your query. What your doctor meant is that he can not do any more surgeries, as he is a surgeon. However, for pain relief, there are other options available, which include medications such as diclofenac, tramadol, pregabalin, etc. and physiotherapy. So, possibly, you could meet another doctor for second opinion. Please get back if you require any additional information. Best wishes, . Ly/</p>
<p>Since the tissue is completely teared out, will have face any medical condition in future? 2. If i don t opt for sewing, the tissue will heal automatically but how it will attach back? Looking forward for quick response.</p>	<p>HelloThanks for query. You have sustained Frenulum injury during intercourse and have torn off the frenulum Normally any clean injury has to be sutured within 6 hours after getting injured to have normal primary healing. If it is more than six hours it will heal up spontaneously by a secondary healing over a period of 2 weeks. You need to take broad spectrum antibiotic like Definite along with anti-inflammatory . Along with topical antibiotic ointment like Newsprint twice daily. Ensure to wash your genitals with warm water and microbial solution Betadine twice daily. Ensure to avoid sexual encounters till it heals up completely.</p>
<p>Since then I cannot stand for more than 5-10 minutes without severe lower back pain, I cannot exert my body for more than 5-10 minutes and I only have relief if I am in bed(most of the time). Unfortunately, to add to my issues, I have been diagnosed with CVID(Common variable Immuno Deficiency for the past two years making it necessary to have IV gamma every four weeks. It is believed that a possible cause was from treatment of severe asthma with heavy steroids. I also have recently been diagnosed with COPD. My rheumatologist has tried three IV treatments to relieve some of the RA pain but unfortunately I suffered anaphalaxis each time. Obviously, I was fortunate to be in the hospital and I came back!(LOL) no too funny.I was treated for several years with morphine time release drugs for my back pain as well as a nerve dissection in my wrist.That being said, I just became so fed up with myself and doctors, that I did not see my spine doctor for seven months(I had been seeing him monthly).My rheumatologist insisted I see my spine doc to try to determine where some of the pain is actually coming from. Finally, I had an MRI last week and saw doctor today. I have the report and disc, and my doc feels I should not have any future surgery, so he will try to give me some nerve blocks while anesthisized in a surgery center.After reading the report, I think I have more bulges, herniations and other issues going on in my back then there are disc!(LOL).I live in NJ, am a 66 year old female, married for the past eight years(2nd marriage) and very lucky to have a great husband who has been doing all of my duties. He retired last year and I would so love to becoming his real partner to share a somewhat healthy lifestyle with.Sorry I have been so wordy, but I felt that I had to describe whatever I was able to.My question is,finally. can you help. I read today about endoscopic treatment and it sounded awesome. Not sure if that was the term but I am sure you know what I mean. Thank you so very much for taking the time to read my lengthy letter.Sincerely,Marsha Gonzalez email- YYYY@YYYY phone # 1-917-715-1325I have noticed that many of the doctors available now are not spine specialists and that is only the type of specialist I would like to hear from. I will be willing to pay for the service but only if I am assured the answer will come from said specialist. Thank you again</p>	<p>Hi, From your description, I assume that you are concerned more with your back pain (though you</p>

have many other health issues). An Endoscopic surgery in the form of discectomy is helpful in cases where there is severe leg pain (shooting pain down the leg along with tingling or numbness).

There is no surgery which will provide relief for exclusive back pain. You can go for RADIO FREQUENCY ABLATION, which is said to provide good pain relief in low backache. The pain relief can last between 6 months to 2 years (maximum) depending upon the case. Hope this information is helpful. Good day

Since then no problems.

Hi, Good Evening. I studied it in depth and I understood your health concerns.-Treatment-for-hard painful anal-lump-1- Mostly it appears to be -Chronic- Sentinel Piles with active fissure in ANO 2-As you are worried I would advise you to check with your ER-Surgeon-who would fix its diagnosis and would treat it accordingly by-a-Anal Dilatation with Excision and debridement of the fissure in ANO.b-Anti-inflammatory anal lubricant ointment.c-Tb-NSAIDs, d-Antibiotics-for control of infection.

Hope this would help you a lot to relieve from painful anal lump. Wish you fast recovery-and healthy life. Wellcome to with more queries till you are satisfied. Have a Good Day!! .

N.M.S.GENL-CVTS, Super specialist and Senior Consultant-and Expert in Non-Curable-Disease therapy for Cancer, Asthma,etc., Rejuvenation therapy and Tissue failure -reversal therapies.

Since then, I am on a regular immunosuppressant medication with prednisone, HCQS, folitrix and folic acid. My ANA test and butterfly rash were considered as symptoms for the diagnosis. I did not have any complaint of joint or body pain. There were no other symptoms. But after having the prednisone, I was feeling more fatigued than usual.I recently read in an article that a positive ANA does not mean that one has SLE, although the butterfly rash was indeed a symptom. I wondering whether there is even a faint chance that I might not actually be suffering from SLE. Also, the year before that is from February 2010 to February 2011, I was taking a year-long course for homeopatedicine to improve my immunity against my allergy to cold and dust. I had chronic cough too, which got cured with the homeopathic treatment. Please advise me appropriately.

Most of the time it is SHE. However, it might be other autoimmune disorder in few cases. But butterfly rash is the symptom of SHE. There are many symptoms required for diagnosis. Total 4 out of 11 criteria is needed TK diagnosed as SHE. Malay rash, butterfly rash, photosensitivity, hematological, neurological, renal, autoimmune etc. are the criteria. If you have doubt then go for anti DS DNA and anti SM antibodies or immunofluorescence test.

Sinus rhythm with marked sinus arrhythmia2. T wave abnormality, consider lateral ischemia3.

Prolonged QTThe measurements are as follows:QRS:96msQT/QTcB:452/462msPR:166msP:128msRR/PP:1088/880msP/QRS/T:56/26/100 degrees.Pls advice

HA doctor can't say much without seeing the ECG. These changes in T wave might be just from chronic hypertension, or maybe a serious problem like coronary artery disease. I suggest that if your father has any chest pain or difficulty in breathing or other cardiac symptoms to go to a cardiologist. He can see himself the ECG and can make echocardiography to see more things and to give you specific advice. Hope I have answered your query. Let me know if I can assist you further. Regard,

Sir she also has motion sickness and has issues with vomitting. She is always coughing and in the process vomitts whatever she eats. With slight change in weather she always catches cold. Sir please advice me on the further course of action and also let me know which hospital I should take her.

Dear Sir/ Madam, Thank you for posting your query at .come understand the concern of your daughter from birth. It appears that the dose thyroxine is not sufficient. I advise you to get further

blood test and nuclear scanning of the thyroid done and consult pediatric endocrinologist for further course of action. Regarding motion sickness she can take domperidon syrup (SOS). Modify food habits, for e.g. multiple small meal in a day. IF you have any further query please revert to me, I will be happy to assist you. With best wishes.

Six weeks ago, he had a rabbit serum-based treatment. He has since been in the hospital with blood on his lungs it is thought that his platelet transfusions should be increased to prevent the bleeding . In any event, his regular doctor told my sister-in-law yesterday that it would be a miracle if he survives. I realize that this is a very unusual disease with not much history to go on. However, aren't there other alternatives than just giving up? Thank you.

I'm very sorry to hear about your brother. Plastic anemia is a very serious condition. The bone marrow shuts down, and no longer makes any white blood cells (protective immune cells), red blood cells (vital oxygen carrying cells), or platelets (clotting cells). This can happen due to cancers, radiation exposure, certain . Treatments vary and include steroids, injectable colony stimulating factors, transfusions (putting the cells in), and sometimes bone marrow transplantation. Transplantation is very hard to do because there must be an exact match (often a family member or child must donate, but even then a match is not guaranteed). However, sometimes, depending on the actual reason for the anemia in the first place, the body starts making cells again on its own. Providing supportive care in the hospital is sometimes all we can do. I hope things get better for your brother and I will keep him and your family in my thoughts.

skin allergy (rashes and heavy itching) since 2 years 2. suddenly last month his BP dropped to 30/60. Was unconscious but things were under control after 2 days. since then no BP problem now 3. After this currently he is facing the problem of ulcers inside his mouth since last one month. He is not able to eat anything spicy and hard. 4. he is also under stress due to some family problems We have consulted 7 doctors but no luck, recently one skin doctor suggested steroids and one tablet to calm him down. Want to know the consequences and also about the disease he is suffering from. Please help. Thanks in advance

Were I treating him, I would prescribe him regular antihistamines like levocetirizine and H₂ . I may add montelukast to his regular treatment if no response with above.2. I usually prescribe a short course of corticosteroids if his itching & rashes are very severe and do not respond to above treatment. Once they are controlled with corticosteroids, they may be safely with

Small amount of fluid in para-adnexal area and posterior CDS. Is this normal? Why is it there?2. The 6 mm and 15 mm follicles in ovarian parenchyma. Are these normal to be there?3. What is the thick septation and how is it formed?4. What are the lesions in my lumen? I believe it is ovarian lumen. Do they form normally with ovarian cysts? They are echogenic so sounds like they may be solid. Could they be malignant?5. Finally, what type of cyst will this fall under? My doctors are not giving me any specific name and I really need to know what kind of cyst name it falls under.I did a blood report and my blood work is normal. My weight is normal and I feel minimal symptoms. So far this cyst has little impact on my quality of life. What are the most worrisome parts of this report? Can I still get pregnant?

H forum. I will try to give you answers to the best of my knowledge. Small amount of fluid is expected near posterior cul de sac and para adnexal area during ovulation time. Although it can be seen during pelvic inflammatory disease. Multiple follicle grow every month in both the ovaries which later on is dominated by a single follicle which continues to grow to a certain size, and later ruptures releasing the egg. So your 6 mm and 15 mm follicles are normal to be there. Without doing a histopathological examination, it is difficult to tell about the origin of the thick septation but as most of the ovarian cysts are epithelial in origin, so 90 % chances are they are made of some

kind of epithelial tissue. Any kind of debris inside the cyst will give rise to echogenicity in USG. It could be blood, it could be tissues of different origin. There are different types of ovarian cyst, to rule out malignancy you need to do certain tumor markers like CA 125, etc., and MRI or CT scan. Since it is receding in size, my best guess that your cyst is some kind of retention cyst of ovary. There is a large possibility that the cyst will regress soon. I think your cyst is an incidental finding as you have stated there is minimal symptom. Your gynecologist will be the best person to advise you in this matter. So discuss with her about the various possibilities and methods of treatment.

sneezing in morning and evening time when taking water for being fresh.2. sneezing comes 20-40 times daily3. Difficulties in breathing in over night 4. cough So kindly please advice me what should I do. I will be very obliged of you

Hello ! Thanks for posting your query. Your symptoms are highly suggestive of Bronchial Asthma and allergic rhinitis. With the right choice of medicines and avoidance of allergens like cold and dust, you can have your symptoms perfectly under control. I would prefer to start you on MDI (Formoterol + Budesonide), MDI (Levosulbutamol + Ipratropium) with valved spacer device, antihistamines. (MDI stands for Metered Dose Inhaler). These, in right dosing schedule, bring great relief. Also, you should do steam inhalation and warm saline gargle to clear your nose and throat. Do consult a physician in person and get yourself examined and treated in the right way. Most importantly do learn the proper technique of using an MDI with spacer device from a qualified physician. Hope you get better soon. Do . Thanks.

sneezing more than 100-150.2. flowing liquid from nose continually. (BRIDGING)3. flowing tears from my eyes continually.

Watery eyes and persistent nasal discharge implies that you may have allergies. In your case it may be severe. You may want to consider allergy testing. If you can determine what is causing your allergic reaction then you can eliminate your exposure to it and reduce your allergies. Oral antihistamines would help both the eye and nasal symptoms. Montelukast may also be very helpful to you. There are allergy eye . The use of topical steroid nasal spray would help control the nasal symptoms. I hope this helps

so I have probably overused my left arm. I put on the quilted Carisa sleeve tonight. Don't know for sure if I should wear it with possible cellulitis? I am also getting over some type of cold virus. Thanks for your time!

Hi. It is difficult to say the real reason for swelling. To develop lymph-edema after 3 years of nodes surgery is difficult to say (although it can). Have you got a swelling with elevated local temperature? Any malaise, fever? Has it got a throbbing pain and pain on movement? If yes - it can be cellulitis. I would advise consulting a Doctor urgently if this is the same arm where surgery of lymph node removal was taken, as the lymphatics are already less to work.

So I'm advised to take duoluton tablet. I took 3 tablets for 3 days and I stopped it. 10th day I have my periods again. Do I need to take hormone test tomorrow 2nd day. My husband has low sperm count and motility. I'm very much afraid of my very soon periods.

Hello Dear Arulmozhi, From your history, it appears that your main concern now is additional periods you had. You had taken Tab. Solution for 3 days. Solution is Progesterone preparation. Progesterone causes secretory changes in the lining of uterus (endometrium). After 3 days you discontinued Solution hence you were expected to get the withdrawal bleed. In fact if you are to be put on Progestational medicine for the support throughout the cycle, I would advise you to go for retroprogesterone preparations throughout the cycle so that they would not hamper egg release. If you discontinue these medicines in between, you will get withdrawal bleed.

<p>so plz tell me is it major problem according to get pregnant & when i will be pregnant ,please will you help me doctor?</p>	<p>Hi, Normally a follicle gradually enlarges and approximately 14th day of the menstrual cycle, it ruptures releasing the ovum which has to get fertilized with the sperm in the Fallopian tube, leading to pregnancy. Usually follicle ruptures when it attains the size of 18 to 25 MMS. In your case it appears that the follicle failed to mature. There are medicines available for stimulating the follicle to mature, but these medicines have to be taken strictly under medical supervision.</p>
<p>So should I start this coming Sunday, or can i take it any time between today and and the day my period ends? 2. When I start my first pill, should I start with the hormone pill (white) or inactive (pink) pill? 3. I will be going on a week long family trip in the summer (July) so when should I take my pills to plan a missed period during that time according to the trip? 4. I would prefer my periods to come during the week like mon-friday. how should I know what day to take it? Please help.</p> <p>Thanks!</p>	<p>First of all boys begin with the active pills. There's nothing magic about starting on Sunday is just a convenient starting time. Certainly if you are not sexually active you can begin your pills any time you wish in your cycle. You should be on the pills two weeks before initiating sexual activity if you wish to wait pregnancy. It may take several months for you to figure out your normal cycle on the pill. You may have spotting or breakthrough bleeding. Hopefully by July things will settle down, and you will know how things are going to go. You can always skip some all the placebo pills to manipulate the start of your period. There is no medical reason you have to bleed every month.</p>
<p>so what can be his treatment knoe. his age is 87. he doesnt have sugar .he has bp which can be controlled by medicines</p>	<p>Thanks, Ayush, for the query, Please let me know is it biopsy confirmed that your father has cancer of prostate, or it is on the basis of PSA level that you are thinking of cancer. This level of PSA is significant of enlarged prostate. If it is not confirmed and the testicles are already removed you need to observe your father and repeat PSA level after three months. For exact treatment you need to have full evaluation of the prostatic cancer like Gleason scoring, status of pelvic lymphadenopathy, any evidence of distant metastasis. For this you need to see Clinical Oncologist if you have not done so who will guide you properly. Treatment of prostatic cancer is stage and symptom dependent. Any more query you are welcome. .</p>
<p>So, I consult with doctor and they suggested to take Insulin 14 units in the morning and 8 units at night for 15 days. After 15 days, it reduced to FBS 180 and PP 230. So, they stopped insulin and then they asked to take Vysov M 50/1000 twice a day. After a month I checked my sugar level and it showed FBS 110 and PP 150. They asked to continue same tablet for next three months. My question is can I continue the same dosage? Are there any side effects if I reduce the dose? Please guide.</p>	<p>Patient should get his eyes examined for ruling out retinal involvement as in diabetes this is one of the common and a serious complication that comes without any symptoms.2. Plus check HbA1c% every 6 months. Lipid profile and complete blood count (CBC). Revert back after the investigations to a diabetologist online.-</p>
<p>So, I have a little extra foreskin. I had a few small red bumps show and then disappear. One doctor said it was balanitis and the other said penile friction. One prescribed an antifungal cream and one prescribed Bacitracin. The area burns a little. What do you think?</p>	<p>Hi. I have gone through your history and seen the attached photograph (attachment removed to protect patient identity). I think it is due to penile friction. I do not see any signs suggestive of fungal infection. You should apply a steroid-antibiotic combination like Mometasone Fusidic acid cream on the affected area twice daily for a week's time. Besides this, keep this area as Use plain water for</p>

washing this area and avoid vigorous masturbation till it gets healed. For more information consult a dermatologist online Take care.

So, I was very surprised to find out that after getting off an elliptical machine, my pain had diminished significantly. I was able to move around more that day, I accomplished so much more than I had been able to in recent weeks. Yes, I was still feeling the discomfort of my hip joints running against each other, but it was just that discomfort the pain I normally felt was almost gone for about half the day. Now, my question is, should I let my husband buy me the machine I used for only a few minutes, and made my day so much better than the past several weeks? It s an expensive machine, and we are not made out of money, so if my husband is determined to work an extra job just to buy me this machine, I want to know that it s okay for me to use it. Please help!

HIIn hip dysplasia even after multiple surgeries there are chances of arthritis, which can be prolonged but not avoided. Now in your case due to inactivity I.e. you are not using your muscles to full extent due to avoidance of running or jogging has lead to painful muscle spasm which was relieved when you used the elliptical machine. Now you need to understand that this machine is doing the job of walking and running for you in a way strengthening your lower limb muscles. So, this can be done with weights training, physiotherapy, activities like swimming and yoga. To summarizeStrengthening of following muscles will help you provided you should not over exert your joint. Hip flexors, Extensors,rotators, abductors and adductorsKnee flexors and ExtensorsBack Extensors and lateral rotatorsabdominal muscles Hope this helps you thank you

Input	Output
SOB worse, xray enlarged heart and possible dilated cardiomyopathy & left bundle block. Both ventricles affected and left atrial. No evident coronary disease. Drugs made symptoms worse.	Hi The blood pressure in the ER and even now (diastolic of 10 are in the higher range. The symptoms you describe headache and all others can be explained because of blood pressure being on the higher side. So a 24-hour ambulatory blood pressure monitoring ambulatory if the reading are high there, starting ambulatory do antihypertensive medication should be the way forward. Giving main med may be a temporary way of treating the symptoms particularly if the reason for the symptoms is higher blood pressure. As soon as the blood pressure comes under control the symptoms should vanish. Regards
solid mass in right lobe of liver2. left renal calculi3. bilateral renal simple cortical cyst4. mild prostatomegaly Thanks and RegardsM SundaramoorthyBangalore - India	Hi.noted ct-scan results. First, your father has an enlarged prostate (mild prostatomegaly). This usually happens as male population age and if the patient has a history of benign prostatic hyperplasia. Second, your father has kidney stones (left renal calculi) and third, simple cortical cyst in both of his kidneys (bilateral renal simple cortical cysts). The most important thing to note about these two are the sizes and if they are causing obstructive symptoms in urination of your father. The last and probably the most concerning finding is the solid mass in the right lobe of his liver. What are the characteristics of the lesion, and how big is it? Is your father experiencing any symptoms such as weight loss, pain, jaundice, fever? It is best if you bring him to a doctor, a general surgeon and a urologist, for complete physical examination and clinical evaluation. Other diagnostics (such as liver function tests, bilirubin, tumor markers, blood exams, etc.) and management (medical and/or surgical if indications are found) will be directed accordingly. Hope this helps. Good day!!~ .
SOME INVESTIGATIONS IN MY RESPECT ARE MENTIONED BELOW :- (i) VDRL-NON REACTIVE.(ii)Anti HCV - Negative.(iii)USG Abdomen- Normal scan of abdomen.(iv)Serum HBs Ag Positive.(v)Bilirubin0.7 mg(vi)SGOT 18(vii)SGPT24(viii)ALK Phospha51(ix)HIV- Non reactor(x)HBV DNA634 IU/ml 2. no medicines recommended by my Dr. What is your opinion? Kindly advise soonest. thanks yours ravindra singh0000	No treatment needed for the moment. You should do further examinations to make an adequate followup plan guided by a GI doctor. Detailed Answer:H All the examinations results mentioned below are normal, except Bag and HAVANA. As your liver enzymes are normal, and your Havana is below 2000ui/ml, you seem to be just host, carrier of hepatitis B virus and the infection seems not to be active, actually. So I agree with your doctor, no treatment is needed for the moment, but to make a follow-up plan, must be done some more laboratory exams such as quantitative Bag and Head. Head determines which strain of hepatitis B virus do you have. If the Head is negative, you should evaluate ALT levels and Bag quantitative every 3 months during the first year. If the Head is positiver than you should monitor ALT and Head every 6 - 12 months. Even though, I suggest this follow-up process to be guided by your GI doctor. Is important for your partner to be tested for hepatitis B, and if he is negative, he must be vaccinated. Hope this is helpful. Let me know if you need more clarifications. Otherwise, please close and rate the answer. Kind
sore thoart . sneezing .., and i also suffering from . my elder sister also have this problem befor a week ., and reports says that is viral infection .. i use augmentin and penadol ..,but she use tercica, and cifixime , amoxiclave and penadol .. i need treatment	Hello thanks for the query posted would be pleased to answer your query. I would suggest that to get treatment you will need to book an appointment with the physician Dermatologist. Viral fever

with rash, sore throat would be better off treated with Oral vitamin C 1000Â mg per day, Oral Antibiotic like Azithromycin 500 m twice a day for 3 days and topical applications of Calamine lotion. Please do book an appointment with the Dermatologist to discuss the same. Thanks and Take care

sperm donor 2. adoption. But i am totally confused and i am mentally disturbed, Which is the best option i choose ? and , is there is any problem for sperm donor option in future? Tell me dr. Please

Hi Anita Azoospermia is not incurable. First azoospermias need to be evaluated whether it is due to block in tubes or there is no production of sperms at all. If azoospermia is due to block in tubes (Obstructive) then sperm can be collected from testis through a needle(ESA/TEST). Even when there is no block in tubes and sperms are absent there are chances of getting sperms with the above procedure. After getting the sperms IVF/CSI can be done. When all these fail, and you want to have your own baby, you have patience and finance is not a concern then you can even opt for Microbes. Microbes is new technique in which sperms are retrieved by a surgery and then surgery can be done. Before all these husband need to be evaluated thoroughly by a urologist and hormonal investigations to be done. If finance is a problem then you can directly go for donor GUI. There is no problem in future because donors name is not revealed, only his characteristics are known. Adoption is last option of course. Wish you all the best for treatment. Take care.

sperm leaking daily in my sleep and while urine. 2. if i stop one week i am getting pain in back bone. 3. my penis and testis are not developed properly, and i have marriage in next year, i feel very shame because my penis and testis are not developed, one time my fiance saw my testis and penis she told me that you are a child you need to improve, she want little bit more. one time i met one doctor (urologist) and he also told me that you have small penis and testis but he didn t tell solution. now i want improve. pls solve my problem.

Hii.welcome to our site. Ejaculating semen during sleep is a normal thing only.don't fear. Just take healthy foods. Avoid watching porn. Try to mingle more with friends. Avoid thinking about sex. If you want to increase penis size then you can try massaging the penis daily using oil. Stroke penis 20 to 50 times a day using oil. Each stroke should lose for 7 to 10 seconds. If you do daily then you can feel your increase in penis size.

Spondylolysis bilaterally at L5 with grade I anterolisthesis, with left posterolateral protrusion and high-grade left formidable narrowing. Recommend correlation for left L5 symptoms. Shallow right para central protrusion at the L4-5 level with mild disc bulging eccentric to the left, with minimal left foraminal narrowing. Recommend correlation for possible left L4 symptoms. 3. Mild disc bulging and facet arthropathy at other levels as detailed above. What does this mean?

I do hope that you have found something helpful. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries.

Standing for more than 10 mins or walking a bit or sitting for long hours is painful so I most of the time I m wearing a support belt. Recently I have started swimming classes and the lower right side of the back I can feel stabbing sensation which in turn also hurts the hips. Is swimming bad for sacralisation?

It might affect your health Detailed Answer:HSorry to hear about your health condition. Based on your health condition, I would advise you to follow certain proper methods of doing day to day activities and ADL. It is good that inspire of your health condition, you are trying to go swimming, which reflects your confidence. But many things go wrong when patients try to things without a proper method. I would suggest you to meet a PMR doctor who is the right person to guide you, after detailed assessment of you, whether you are fit enough for your other activities. Hope this solves your query. Thanks

<p>Starting march I started getting severe pain again. I am told its probably not the stones that hurt cause 2 mm stones don t hurt. What else could it be? Every time I have had pain I ve had small stones. Surgery relieves the pain for awhile but i still have never passed a stone. They stay in my kindness. Any suggestions as to what is causing this?</p>	<p>Hi, kidney stones are a recurrent problem. If you have a kidney stone, chances of your having another stone in next 8-10 years is around 50%. So cause of your repeated pain attacks may be that you are forming new stones which while passing down the kidney tubes cause you pain.</p> <p>Surgery does not prevent new stone formation. Each episode has to be treated as a separate disease, some will require medicines only, some will require surgery. Go see your urologist for further evaluation and treatment.</p>
<p>Steroids 2. albendazole and then anticonvulsants. I am in Auckland, NZ.</p>	<p>I read your question and I understand your concern. The management depends upon the parasite cyst status. If the parasite is dead then the treatment is directed mainly at seizure prevention.</p> <p>Otherwise, if the parasite is active as you have read steroids and albendazole treatment is used.</p> <p>As for Levetiracetam being the right medicine, there are many . Levetiracetam seems like a pretty good first choice, both for its wide range of efficacy in many type of seizures and for its fewer side effects compared to some other</p>
<p>Still didn t fix my left leg so I now have a spinal cord stimulator. I hate to say it but I am in constant pain and I m miserable. Now I have noticed that I am getting this faint buzzing sensation in my groin that comes amd goes but when it s happening it will start and stop every few seconds and last for a second or two. What do you suspect is going on now?</p>	<p>HWelcome, and thanks for sharing your concern I went through your query, and I feel, you are being hurt by the subjective feelings of the compressed nerves, you have had enough of spine surgery, now what you need is a pain management expert, so that you can get respite from the agony you are going through. I hope my advice would have been useful, in decision-making regarding your treatment, still if you have any clarifications or doubts feel free to contact back.</p> <p>Thanks.</p>
<p>still how this possible, we are very much worried here. and during this period she also suggested to take sustan100mg injection daily.
</p>	<p>HelloThanks for your query. Based on the facts that you have posted it appears that your wife has undergone IVF treatment and two embryos were transferred. The beta test done after 10 days have unfortunately turned out to be negative indicating failure of IVF. There are 40-50 % chances of failure of IVF and no one can explain the reasons for failure. One has to accept the reality with the hope for +ve results in next IVF cycle. .</p>
<p>Stomach pain2. No desire to eat3. Non clear latrine(3-4 times a day)4. VomitingKindly give some suggestions as soon as possible. Thank you in anticipation.Phone no.- 0000, 0000</p>	<p>Hi.You are a known patient of diabetes. The level should be around 150 of the blood sugar. Unless Diabetes is well controlled, no disease can come under control in spite of the treatment you may be taking. SO Get the Blood sugar monitoring done, consult a local Planetologist or ME, Medicine to get adjustment of the dosages. Your symptoms of stomach pain, no desire to eat, no clear latrine and vomiting is suggestive of a complication of Diabetes in the form of :Gastroparesis- meaning slowing of the movement of your intestines as a whole added on some sort of infection of the GI tract in subclinical form. Get a 5-day course of an antibiotic, metronidazole, probiotic and Risperidone. I hope you will be fine. If no response, you need further investigations under the cover of your Doctor to get more appropriate diagnosis and treatment accordingly. It is possible that you may need to be started on Injection Insulin till you get alright.</p>

<p>Stool C/S : Wet Mount shows plenty of Budding Yeast Cell. 2. Stool Reducing: ++ 3. On zerolac from last 7 days. 4. Have some fever (Around 100 +/- After series of anibiotic, Docs Suggested to give Piptaz(INJ) and Taxim (INJ) and for Fever (Crocin). Is Piptaz is necessary for such problem?</p> <p>In case of dehydration, Is Glucose drops is the only option?</p>	<p>Fist of all we are dealing with an infant who is suspected to have sepsis because of the fever, so blood, urine and CSF cultures must be obtained first. The choice of antibiotics is very important since this is considered a late onset sepsis, the use of ampicillin + chemotaxis with or without vancomycin OR another combination of Tainan + vancomycin is the most appropriate combinations .the results of stool : budding yeast is seen when the stool samples are left forever before testing it, I recommend repeating that, the reducing substance is suggesting a carboy .</p>
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<p>Straightening of cervical spine noted - suggestive of paraspinal muscular spasm 2. Osteophytes are noted from the vertebral body margins - suggestive of early degenerative changes 3. C3-C4 level left side postero-lateral osteophyte is indenting the corresponding exiting root nerve 4. Small postero-lateral osteophytes at C4-C5, C5-C6 level without significant nerve root compression 5. C3-C4, C4-C5, C5-C6 show mild diffuse bulges without cord compressionDoctor said, if a neuro surgeon is consulted, they may immediately suggest surgery. He advised me to do neck exercises for a month and review.Kindly let me know what is this condition called medically and what is the best possible treatment.</p>	<p>Dear patient you have got muscular spasm in the cervical spine leading to straightening of spine in that area. Normally there is mild curving anteriorly in cervical spine. Osteophytes are extra bony Projection which is there between third and 4th cervical vertebra and is leading to compression of the nerve at that level. Mild disc bulges at other levels are not significant. First line of treatment is medications. You should start tab regain x 75 mg one at bedtime. Use low height soft pillow. Tab moral 4 mg twice day should also be taken. Continue this fir 15 days. If not relieved cervical epidural injection of depose . You need to consult pain care specialist around your area with report.</p>
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<p>suffering from high blood pressure for 10 yrs. last 4 yrs using olmezest 20 once in morning. for last one week bp not coming under control and feeling of dizziness and nausea there. shall i increase the dose for sometime to control the bp</p>	<p>Hi, Certainly, you should increase the dose to 40 mg once a day. You should have a healthy lifestyle like avoiding fatty, oily and high calorie diet. Have low salt diet and monitor blood pressure regularly thrice a day for one week then once or twice a week. Regular exercises like brisk walking, jogging according your capacity at least 30 min a day and 5 days a week. Eat lots of green leafy vegetables, fruits, fish once or twice a week, avoid meat. Avoid smoking and alcohol if any. There shouldn't abdominal fat deposition or obesity. Get your lipid profile and sugars tested once. Hope I have answered your query. Let me know if I can assist you further.</p>
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<p>Suggested only foramenectomy (fusion) and one said from the back the other from the front. What is the difference? The front surgeon said it would save damage over time disrupting other discs I already have and may need fusion down the road.</p>	<p>Hi, thank you for providing the brief history of you. A thorough neuromuscular assessment is advised. Since you have herniated disc at L5 - S1 level, and you have been advised for surgery? I wonder if you have tried physical therapy. As it is non-invasive and can help recover if proper therapy is applied. Also, surgery is made to choice by surgeon is you have severe neurological symptoms of controlling the lower limbs during movement. In my clinical practice most patients don't need surgery and all recovered well almost 99% with physical therapy. Also, the area L5-S1 is a crucial area as it is a weight-bearing joint, so as u have the maximum mobility and weight-bearing at that area, dealing with a proper surgical procedure is needed. Depending upon how your</p>
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muscles are before and after the surgery by the help of a physical therapy. Also, I had a case with 3 levels disc protrusion and an old fracture of 4 vertebrae, but surgery was not needed. With proper assessment and guided physical therapy patient responded well and surgery was never done till date. RegardsJay In .

Surgery was done this past Tuesday, June 24,2014. Wasn't able to ask my doc this question he had another case after mine. But I was curious how long of a healing time would pass when I start seeing the tingling and numbness in my feet reduced. Thank you Bruce

Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. Q1 : What causes numbness in feet post laminectomy? A1 : Numbness is due to the involvement of Nerve Roots by the DiscQ2 : How long of a healing time would pass when I start seeing the tingling and numbness in my feet reducedA2 : It will go off in 6 to 9 months Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. In the future, for continuity of care, I encourage you to contact me directly in at <http://ask>

symptoms now: shortness of breath, fatigue, weakness, reduced ability to do anything, bluish color to palms, veins more prominent throughout body, chest pressure, chest pain (pinching feeling) on right side, headaches, numbness of hands, feeling cold.DOCTORS DID A CHEST X-TRAY AND ECG ON MONDAY. SAID EVERYTHING LOOKS NORMAL. THEYRE TRYING TO PASS IT OFF AS STRESS OR ANXIETY/PANIC ATTACK. I THINK THERES ANOTHER REASON(S). 2. 1 yr ago to now: itchy reddish rash that comes and goes many times during the day or sometimes once a day. appears as a cluster of bumps, scratches or wales. lasts for a few minutes at a time. happens whenever I lean against any hard surface, or if pressure is applied to the skin (bracelets, watches, testing pressure etc.)3. electric shock in spine.THANK YOU!!!

The first problem sounds like a congestive cardiac failure. Now where the EKG is normal, the possibility is that the echocardiography may show some changes. So I will suggest an echocardiography.2. Pressure sores and redness are common, one need not worry too much about it. However, if you can upload an image of the lesion, we can help you better by looking at the lesion3. Spine pain and trauma may often cause similar symptoms. I will suggest the test of MRI of the affected part of the spine. Let us know the reports, so we can help you further Best of luck .

Szitalo Plus 5 mg, Flunil 2.5 mg but it didn't helped me so I visited Nurologist who prescribed me Felicita OD. Whats the use of this medicine?

Hi, Felicita OD is a vitamin and mineral supplement used in addition to other medications. It is useful in case of cardiovascular disorders and facilitates healing of nerve damage since it contains Alpha biopic acid, Benfotiamine, chromium, Inositol and Mecobalamin. Benfotiamine is an essential nutrient for development of the nervous system. Mecobalamin is an essential nutrient that helps the body make healthy red blood and nerve cells. Alpha-lipoic acid is an antioxidant that prevent cell damage in the body, and also restores vitamin levels such as vitamin E and C. Hope I have answered your query. Let me know if I can assist you further. Take care

Input	Output
<p>T10-12 are no longer fused. I am experiencing major muscle spasms all over my back but the worst is in the thoracic area. These spasms are like huge contractions and stop me in my tracks. I can't breathe during them. They wake me during the night and often prevent my getting to the restroom before an accident. No medication seems to help. After a bout of these cramps I am sore for days. I have noticed I stand bent forward & to the right. What could be causing this? I have an internal spinal cord stimulator, but it seems to make things worse,</p>	<p>Hi, I have studied your case. You may need to do an MRI of the spine again to see for nerve compression. Muscle relaxants like baclofen can be started. Consulting your doctor. For these symptoms, analgesic and neurotrophic medication can be started. Till then, avoid lifting weights, sit with support to back. You can consult a physiotherapist for help. Physiotherapy like ultrasound and TENS therapy will help. I will advise checking your B12 and D3 levels. Continue gabapentin consulting your doctor. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care.</p>
<p>Tab Atorva 20 0-0-1, Ecospirin 150 0-0-1, Tab Eptoin 0-0-2. I am 59 and maintain good health. My question to you is: What should I do with the second block? The doctors advised me to forget about it. After angioplasty, I have attained 50 min walking to cover 4 km each morning. My food is looked after very well. A week ago, my physician called me to his home for dinner and offered me a glass of red wine. What should be the frequency of red wine (1 glass)? I shall greatly appreciate your time. Anil</p>	<p>No need to worry for that second clot. That clot must be in the distal small artery so that the cardiologist did not stent it. No need to worry about this kind of clot in smaller arteries. You are taking aspirin and atorvastatin. They will look after that small clot. You are also doing good in terms of exercise (daily 4 km walking with good pace). This also suggests that your heart is working fine. And red wine occasionally (once a month) is actually beneficial to the heart patients. So you can take red wine (1 glass) only once a month, not more than this. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
<p>Tab. Duzela -30 mg (Containing Duloxetine Hydrochloride) one in the morning and one in night 2. Tab. Lithosun- SR (Lithium Carbonate-400 mg) one in the morning and one in night 3. Tab. Mirtaz -15 (mirtazapine -15 mg) one in the night 4. Tab. Lametec -50 mg (lamotrigine-50 mg) one in morning and one in night 5. Tab. Ciprallex-10 (containing- Escitalopram Oxalate -10 mg) one tab in the morning. Pl. suggest me</p>	<p>His had gone through your treatment line up. Medicines are best in their class to treat depression. If you have still depression in spite of taking all these medicines then require to re-view your diagnosis. It may be bipolar depression or resistant depression. Other modalities of treatment can help. That include add-on medicines with levothyroxine/olanzapine etc. Best can be judged by your treating psychiatrist as he knows all detail history about your illness. ECT means electroconvulsive therapy can help in resistant depression. Consult and get help. Still have query then feel free to ask. Wish you a very good health. Thank you.</p>
<p>tab. Xaria (night time) 2. Blukof Cough syrup for 5 days 3. tab. Doxi flo (Half morning & Half night) 4. Tab. Cefolac (200 mg) 5 days 5. Lupihaler 6. Budamate (inhaler capsules) Also Doctor told that I have to use the Xaria tab & Lupihaler long time. Please tell me how long I can use the both medicine. kindly inform any side effect for usage of long time.</p>	<p>Depending upon the condition we have to use steroids. For example bronchial asthma and COPD patients they have to use long-term inhaler therapy. Right now what is your X-ray chest report,</p>

how frequently you're getting breathing difficulty and what about your lab reports and spirometry.

Generally in acute bronchitis and acute asthma attack we don't advice inhaler more than 2 weeks.

Most commonly this inhaler steroids and bronchodilators cause repeated pharyngitis, peptic ulcer, osteoporosis, weight gain, tremor, palpitations. Use mouth gargle every time after inhaler use.

Plenty of liquids, avoid alleged that causes your problem.

Take an x-ray 2. Teeth cleaning 3. And after they told me, i have born loos need to do some gum treatment, Gum surgery. it will have 4 sittings, each sitting they will

Thanks for your query I have gone through your query, radiographs are definitely needed to see the status of the bone, cleaning should be done before starting the treatment. If sufficient bone is not there then orthodontic treatment or clip treatment is not possible. Even after gum surgery or grafting the prognosis will be poor. Consult an orthodontist and take an opinion whether treatment can be done or not according to your bone condition. I hope my answer will help you. Take care.

Taking 20 mg Lisinopril, 10 mg Pravastatin, 80 mg Sotalol (2 a day), .81mg aspirin and 300mg Allopurinol. Have a regular appointment with Cardiologist on 08/28/14 for pace maker check and review of blood work.

H I understand your health concern, I suggest you that high potassium level is associated with weakness and low blood pressure, cold clammy limb, weakness in heart contraction. All the symptoms you have mentioned is associated with high potassium level. You can take resin therapy to get lower your potassium level under your doctors' guidance. I will be happy to answer all your future concern. Thank you, Infectious disease specialist. Wish you the best health at .

Tarlov cyst at the level of S2.Yesterday's MRI result was as follows:L2-L3, diffuse disk bulge noted causing anterior thecal sac indentation.L3-L4, diffuse disk bulge noted causing anterior thecal sac indentation and compromise of bilateral recesses.L4-L5, diffuse disk bulge noted causing anterior thecal sac indentation and compromise of bilateral recesses.L5-S1, diffuse disk bulge noted causing anterior thecal sac indentation.Nerve conduction study:Bilateral moderate sural sensory axonal neuropathy in lower limbs.

H forum. I have read your query, seen the attached pictures (attachment removed to protect patient identity), and understand your concerns about the compression of nerves and diffuse disc prolapse at the lower lumbar region. I hope this helps you. Feel free to write back to me if you have more questions. Thanks and regards. For more information consult a neurologist online

Thank you

Hi, According to information given, what I can understand is that your baby had distension of abdomen and dirty stools. Your baby can have constipation or gas. See that your baby eats proper meals firstly, having adequate fiber. I didn't get from history what feeds she is taking. Diet change is one of the important factors you have to look into. Then we can think of malabsorption disorders. Baby has to have stool routine and few other investigations. Kindly consult your pediatrician as it could be nothing or something important.

Thank you.

MRI is not the best study to comment on fusion - CT is needed for that. The post disk osteophytes at fused levels if not pressing on the cord do not create problem. But the C7-T1 pathology if symptomatic may need treatment. If all conservative treatment fails & fusion may be needed, which though will put the intervening 2 levels at a higher risk of further degeneration and possible need of surgery in the future.

THANK YOU.

Radiotherapy can damage normal tissues too. And nerves are very much sensitive to radiation. And due to this damage functions of nerves are hampered and sensation they carry are altered.

Radiation for prostate cancer can damage pelvic nerves. These nerves supply lower limb. So damage to these can cause cold feet. No specific treatment except it b 12 should be given. Wear soft shoes to prevent further damage.

thanks for your help. Ashley

Blood routine, creatinine,RBS, LFT,uric acid and electrolytes.2. Urine routine and culture, with urine ACR.3. Isotope genogram to estimate individual kidney function. With all reports, a proper advice, regarding further treatment can be given. If you've any doubts, send the reports to me as a direct question. . . Manga.

Thanks in advance Jonathan Smets Results latest blood test: Bilirubine total : 0,60 mg/dl Bilirubine direct: 0,21 mg/dl Bilirubine indirect : 0,39 mg/dl AST : 39,0 IU/l ALT: 110 IU/l Gamma-GT: 138 IU/l LDH : 384 IU/l Lipase: 44 IU/l Kidneys: Ureum: 38 mg/dl Creatinine: 1,21 mg/dl GFR: 60 ml/min Total Protein: 7,6 g/dl CRP (inflamm. / auto-immune) : 0,11 mg/dl Lipides: Triglycerides 81 mg/dl Total cholesterol 194 mg/dl HDL-cholesterol 78 mg/dl LDL-cholesterol 99 mg/dl Ratio Tot. HDL chol. 2.48 mg/dl Results for hematology were normal

I really appreciate your concern, in my opinion if you do not have any symptoms which are directly related with your elevated enzymes then why to worry about this, whatever symptoms that you have described here are just because of your worry about your nonspecific elevated enzyme and nothing else and not the disease, just forget it state living happily no need to worry about elevated enzyme until it does not give you any trouble, hope this information helps you have good day.

thanks.

Hi, The emergency contraceptive pill should be taken on the same day for it to have an effect, as such there is no point in taking one now. How long have you been on the pill, if it's been for a long time then there is a chance that you won't get pregnant. But in these things there is always a chance, especially if you were ovulating. Pills work by suppressing ovulation, if you miss one - you may ovulate. As such you can either wait till your period should start or take a home pregnancy test. I hope this answered your question.

that was 11 years ago. I have been having 3-4, extremely painful, periods a month for approx. 1 1/2 years. Went to doc and had another abnormal pap with CIN1 after colpo and biopsy. Doc wants to wait 6 months before any further treatment because she feels it would be easier to treat any spread to the vagina if the cervix is still in tact. This doesn't seem right to me. Is it?

If you wish to have. 2. If you think you have completed your family, you can discuss with your doctor for its treatment as the cervical changes are long-standing. It depends absolutely on your preference and is validated.3. Your doctor may wish to treat you by laser, cry, loop excision which will be discussed in detail before procedure.4. There's nothing wrong to wait for 6 more months before treatment. But yes, it may be preferred to be treated. Hope this helps. Good luck.

That was over an hour ago. I have been sitting in a chair for approx 1 hour and now my b/p reads 108/46. Should I be concerned?

Your diastolic pressure is very low. Normal diastolic pressure is between 70-90mmhg. So you are having diastolic hypotension. And it is common in COPD patients due to right sided heart failure. So possibility of right sided heart failure is more in your case. So consult your doctor and get done 2d echo to rule out heart failure. You may need diuretic and cardiac isotropic . Better control of COPD is also important. So take your inhalers timely. Hope I have solved your query. Wish you good health. Thanks.

the 13 of march and the other one the 26 of march 2013, my period came at that time the 18 of march was gone by the 24th of march and it was completely normal. now it doesn't look like my

<p>period at all. Ive been feeling quite sick lately as well, Ive felt a bit of nauseas, heat rash, feel very hungry when Im never hungry i could normally be a day without eating (now i feel like i could eat anything) headaches, itchiness and sleepiness.but Ive taken 4 pregnancy urine tests in different times, they all come negative. would i still be pregnant after using morning after pills?</p>	<p>HelloThanks for your query. The altered bleeding pattern that you are facing is due to the double dose of morning after pills. Even a single dose of morning after pills produces irregular and unpredictable bleeding. If you have taken 4 negative pregnancy tests, chances are extremely remote that you would be pregnant now. Mostly the problems you are facing could be attributed to erratic intake of emergency contraception. However, please consult a gynecologist to confirm the diagnosis. Also, please switchover to a reliable method of birth control in the future. Take care.</p>
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<p>The all-cause mortality was 34% (512 of 1,51 for carvedilol and 40% (600 of 1,518) for metoprolol (hazard ratio 0.83 [95% CI 0.74-0.93], p=0.0017). The reduction of all-cause mortality was consistent across predefined subgroups. The incidence of side effects and drug withdrawals did not differ by much between the two study groups.</p> <p>To which patients are the results of this clinical trial applicable?</p>	<p>A 68-year-old male with NYHA class II systolic heart failure and EF 30%</p>
<p>The all-cause mortality was 34% (512 of 151 for carvedilol and 40% (600 of 1518) for metoprolol (hazard ratio, 0.83 [95% CI 0.74-0.93], p = 0.0017). The reduction in all-cause mortality was consistent across pre-defined subgroups. The incidence of side effects and drug withdrawals did not differ significantly between the 2 study groups.</p> <p>Based on the best interpretation of the results of this clinical trial, which statements is most accurate?</p>	<p>Carvedilol demonstrated a significant improvement in all-cause mortality in patients with heart failure as compared to metoprolol.</p>

<p>the bleeding lasted for 4 days. it was heavier than her regular periods. her next regular periods was expected on june 26-27 . she had her periods 5-6 days earlier. is there any chances of pregnancy ?</p>	<p>Hello dairy understand your concernUnwanted 72 cause menstrual irregularity as it contain high progesterone. So it is common to the period get earlier and heavy. SO you have side effects of unwanted 72. Do not use regular as it can cause menstrual irregularity. As you get the period chance of pregnancy is less. You can clear your doubt by home pregnancy test. It will come negative. Take proper rest and healthy diet with iron supplements. Hope this may help noncontact for further health query Best regards .</p>
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<p>The blood urea is 138. Doctors have recommended dialysis and ultimately transplant. Is it the only way out? I have heard of newer techniques of transplant involving removal of spleen in the process also i have heard of use of embryonic stem cells. I came across an article on steroid free kidney transplant. Please guide me on the course of action to be followed.</p>	<p>Transplant or 2. Dialysis: hero or PD. With the level of kidney function your father has, he will need hemodialysis. Then consider a transplant. Steroids are given routinely, initially. Recently, certain centers are trying to stop the steroids early, as it has side effects. Other anti-rejection . If you've any doubts, send all reports, as a direct question to me.</p>
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Input	Output
the boy s all activities are nomal.pl. advice	Hi. I agree with your doctor that it could be a simple viral illness. You have given me a very important information that the child is normal and active otherwise. Fever of few days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Regards -

The cyst is located beneath the scars from those surgeries. What could it be and how should it be treated?	Usually treating a lump on the sternum by identifying and ad . In some cases, lumps and bumps are considered normal. Based on your introduction it can be related to her surgical procedures on chest. Fulfilled cyst may form because of chemical imbalances or hormonal shifts. An chest X-ray should be done to evaluate this lump and other possible changes in ribs and lungs. If the X-ray will find a fluid-filled cyst, simple
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The dentist did advise that if the swelling should start to increase to the media range to the face to take to the ER. My concern at this moment is should we monitor for tonight or take him to the ER?	HAntibiotic treatment usually takes at least 24 hours to be effective. Take all doses at correct prescription times. I suggest taking anti-inflammatory medication along with the antibiotic prescription at regular intervals. If possible, a combination of Tylenol and Advil can be very effective in controlling the spread of inflammation. Consult with your dentist for proper dosage based on weight and age of your child. I suggest calling the dentist to discuss the degree of increased swelling. This should help make the decision since your dentist is familiar with your sons condition. Any severe swelling should be treated at the ER. Sometimes one antibiotic is not effective and needs to be changed. Sometimes a stronger dose are required initially or during treatment to be effective. You must fully complete antibiotic prescriptions. If you are in any doubt about your sons' health, you cannot be wrong by making a trip to the ER. Close monitoring is advised as it is not uncommon for an increase in symptoms before the antibiotic is fully effective. Thank you for your inquiry. I hope your son will feel relief soon.
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The disc bulge extends to the foramen on the left, without any significant impingement of the exiting root. There is an unusual appearance the facet joints bilaterally at the L5-S1 level. No pars defect on either side at L5. There is a small well-corticated bone fragment seen, related to the facet joints bilaterally at this level, larger on the left than the right. Possibly developmental. There was also some superimposed degenerative change at the facet joints. Anterior Spondylolisthesis of L5-S1(as reported on MRI, CT scan, and from Surgeon Dr. Ganesh Swamy in Calgary, Alberta). Fast forward to now, I moved back to Ontario, I ve had 5 children(yes, you read that right FIVE children), and my pain is significantly worse. I go to my nurse practitioner I m on lyrica(6-9 75mg caps.per day), 8 extra strength Advil, 12 Tylenol 1 s daily to try and manage pain. I got sent to North Bay, Ontario for an MRI, to be told that the only thing wrong with my back now is an ever so slightly slipped disc at L5. None of the other problems exist.I also had an X Ray in 2013 that stated the same. Can someone explain to me how my back got miraculously better, my pain got significantly worse, and maybe an explanation as to what s wrong. I just don t want to be in pain anymore. I want to be able to play with my kids again. I also have had 2 ultrasounds on my liver saying it s large n comparison to my body, and yet when it was felt by my specialist, he sad it felt
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just fine it doesn't seem large at all. Please, I'm begging you, help me. I have nowhere else to turn and I'm in pain nearly every day	<p>Dear patient spondylolisthesis at 2 levels L4/5 and L5/S1 back in 2012 and constant increase in pain since then may be due to increase in L4/5 and degeneration in facet joints. You are taking high dose of analgesics which itself suggests significant liability. First I would like to advise digital of X-ray of lumbosacral spine anteroposterior and lateral views. Lateral views should be taken in full flexion and full extension position also known as dynamic views. This gives idea about instability due to L4/5. I would also advise recent MRI of lumbosacral spine with screening of whole spine to know about condition of disc and facet joints. Please do it now. Please consult expert spine surgeon around you. If X-ray is showing dynamic instability surgery may be indicated.</p> <p>Thanks.</p>
the doctor has advised to continue with 1x2 x3days and to meet after 3rd day now.	<p>Thanks for posting your query to .as you have taken many antibiotic and still having infection, so you should first investigate for blood culture and sensitivity testing and tidal test to microbiology lab as it will suggest your identification and antibiotic sensitivity of infection causing organism and immunological status of your body against typhoid which will be helpful in prognosis. Review me after report so that I could suggest your right medicine as correct dose and duration is important for complete cure .hope you are satisfied with my answer. Feel free to communicate if any query.regards, .</p>
the doctor has told it is bad. sir, is there any treatment in naturopathy. pl.	<p>Hi, Thanks for writing in. Your wife seems to be having a surgical complication arising out of radiation to the rectal cancer. The rectal tissue might have become friable due to radiation and chemotherapy and this caused a false passage between the rectum and vagina. Unfortunately there is no cure in naturopathy for the above treatment. It is strongly advised that you consult an oncosurgeon preferably specialized in gynecology and surgical oncology for surgical correction of the problem. This problem cannot be treated with medicine and further waiting can cause more complications and discomfort. Infections can also happen due to the communication between vagina and the rectum and this can cause significant problems in the future.</p>
The doctor said my calcium and potassium levels were a little over what they should be, and that my MCHC was off. I have tried to ask if I should be concerned, but they refuse to talk to me about it, until I make another payment at their office. Help.	<p>H forum. Do you have any symptoms like cough, weight loss or an underlying disease? Do you Get back if you have any doubts. Revert with more information to a general medicine physician online</p>
The doctor says that is in the normal range of 0.5 to 6.0. CpK was somewhat elevated (around 250). I'm 48 years old. 6'3" and about 195 pounds. Suggestions?	<p>Hi, From what I have read I think the issue is cardiovascular in origin rather than neurological. Symptoms like fatigue after exercise and edema point to a cardiac related issue. If I were your treating physician I would start with ECG, and stress induced ECG's, Echocardiogram, x-ray of the chest. I would measure your blood pressure and ask you to keep a diary for blood pressure. I would also order blood tests to rule out diabetes, high cholesterol level, kidney function tests. For therapy, it will really depend on test results. Hope I have answered your query. Let me know if I can assist you further. Take care</p>
The doctors still cannot identify the cause. Any thoughts or recommendations? I have got ultrasounds but just shows increased blood, no abscesses.	<p>H forum. You are suffering from bilateral epididymo-orchitis (infection of the testis). You need to rule out any obstruction in your urine tract which might cause this. Do you have any difficulty in passing urine? Or any problem with urine flow? Get done with uroflowmetry test which will rule out</p>

any urinary obstruction. If everything is fine then it is spontaneous and will resolve on its own.

The Dr said I will have some pain and hot & cold sensitivity for some time. But I am having tooth sensitivity on my right upper tooth even now. The filling from my upper tooth had come out about 2 years ago but I did not have any problem because of it. Is the pain due to some inadvertent mistake on the part of the Dentist or due to the method of the cleaning (laser or ultrasound - I am not sure). Can this pain be relieved ?

Hi . Plaque has covered your teeth. And due to it your gums start receding and this lead to root exposure.roots have nerve endings .so when dentist removes plaque these ending get expose and thus on eating cold food you have sensitivity. But it will be temporary . Use R A thermostat apply on sensitive area with figure tip keep for 5 min and then do gargle. And don't .try this . Hope you will be benefited .

The effects of this patient's condition are most similar to the long-term administration of which drugs?

Bumetanide

The expected effect of this drug is most likely due to inhibition of which ?

Viral fusion and entry into host cells

The first day I took the four the next day I took 3 and then I developed gallstones which I never had. I m healthy but just had my 3 rd child he is 5 months. So yes I m a bit overweight but otherwise healthy so I went to a surgeon today for consult on gallbladder removal upon assessment the doc asked if I had thyroid issues and recommended I get an ultrasound in the near future. My question do you think the possible thyroid issue and the extra estrogen could have contributed to the stone formation and that I should correct those things riser before totally removing my gallbladder??

Hi, Your doctor is right. Thyroid issue and contraceptive pill both are predisposing factors for gall stone. Thyroid problem can cause high cholesterol level and so the stone can develop. Moreover, you are obese as well. Obesity is also one of the risk factors for gall stone. So you need to correct all these factors by reducing weight and stop taking pills. If thyroid issue present than treatment needed for that according to reports. Hope I have answered your query. Let me know if I can assist you further. Take care .

the first doctors said I should be off Duromine for a least 3 months. 2. The other doctor said I can start trying to get pregnant as soon as I stop taking the tablet. Which is correct? Thanks

Hi, Thanks for the query. I understand your concern. Bromine is an appetite suppressant. So to avoid possibility of nutritional deficiencies . I support your first doctor. yes you should stop it at least 3 months before getting conceived. These three months are used to get a balanced, vitamins, calcium & iron rich diet while caloric intake restricted(to avoid weight gain). Exercises also continue as routine. Taking folic acid 5 mg & vitamin E 200 mg daily by both the partners helps healthy conception. Thanks

The first month went fine but since December of 2011 I ve had constant light bleeding . I took my last shot in June of 2012 which was supposed to wear off by the beggining of September 2012. However the bleeding has continued. i ve only had a few days (15 at the most) where no bleeding has ocured. What could be causing this?

Hi It takes about 3 months for your body to adjust to Demo proverb. Your body needs to get used to hormone progesterone which is content of Demo proverb, similar to other hormonal birth control pill. As your body is adjusting to Demo proverb. It is likely that you will experience spotting (irregular bleeding) or prolonged heavy bleeding like periods. This is considered normal However if bleeding is very heavy consult your gynecologist. Hope this answers your question.

The following is the report details 17 July 2011 - SGOT : 38 U/L SGPT : 98 U/L 5 Nov, 2011 - SGOT : 65 U/L SGPT : 130 U/L. I request you to provide the below details. What will be the reason for this upward trend of the SGPT & SGOT readings ? 2) whom need to be consulted further for this, means any specialist? My location is Dombivili (Thane)

Hello Thanks for writing to Increased SGPT indicates liver injury. Increase in SGPT may be due to many reasons like hepatitis, alcohol intake, altered lipid profile, medicines, autoimmune causes etc. You need few other investigations like routine hologram, Random blood sugar (RBS), Complete liver function test (LFT), Viral markers, ultrasound of abdomen. Further investigations can be done if needed. Proper treatment depends upon findings. You may need few medicines after investigations. Get well soon. Hope I have answered your question. Take Care .

The following year, my Family Practice doctor did a pelvic but said pap was not necessary. In 2013, he said no pelvic/pap. This year, I insisted due to the HPV. He did a pap and it came back abnormal and sent me to a GYN who examined me and said come back in six months. I questioned since I no longer had a cervix, what could go wrong, so to speak, and he said vaginal cancer would be one of the possibilities. I'm going for my re-check on Friday. In order to be well-informed, are there any questions I should ask or information you can share now.? FYI: I'm finding another FP. Thanks, Lacey

I, have gone through your query regarding HPV, and abnormal pap test result. Genital HPV infections are very common. Up to 80 percent of sexually active adults will get an HPV infection of the genital area at some point in their lives. In most cases, these infections do not cause symptoms. They can cause genital warts. In women with genital warts, the doctor will do a pelvic and rectal exam. A Pap smear will be done to look for microscopic pre-cancer or early cancer of the cervix caused by HPV. HPV testing is not routinely needed. If a PAP smear is abnormal or inconclusive, a DNA HPV test can help determine whether a woman has a higher risk of developing cancer. Women with strains of HPV that pose a higher cancer risk may need colonoscopy and biopsies. A woman with a low risk HPV strain probably will need only repeat PAP smears. As a Naturopath Homeopath and Magnate therapist, want to help you to remove your agony a little at least. For your info Magnitude of the survival advantage from improved nutrition, can even be greater than the magnitude of the treatment effects being targeted in current clinical . As you are in DOL

The harpies was on head and behind ear one side. He has consulted the Neurologist and take medicine. Still he has headache and at night he feel some sound in his ear which disturb his sleep. can you please advice me on this matter

Hello dear, I read and understand your concern. Opioid analgesics can help solve your problem. Pain due to herpes and that is also to late is very serious problem. It will not solve with routine analgesics. This analgesics won't be available with OTC it requires a Doctors prescription. You should also take acyclovir which take care of herpes, erosion forte for neurological problems. Please take good sleep and do not take stress. These parameters can affect the headaches. Please wear black glasses as it is also helpful in headache. Please maintain good hygiene as this alone can take care of many things same as active . I will be happy to answer your further concern on

the heart rotated, 2. the heart is misshaped or 3. there could a problem with one of my valves (which he thinks is unlikely) but my heart doesn't sound normal so he scheduled a few tests in the upcoming weeks. Since my appointment yesterday, I have had this chest pain, sometimes pressure sometimes sharp but persistent throughout the day. Further, I have pain in my left shoulder, arm and neck and my fingers are tingling, also I am more tired than usual. Could this be

from just them pushing on it yesterday? this makes me really anxious as to what could be going on with me.

It is imperative to perform a CT scan of the chest to calculate an index called the Haller index to determine if you should be corrected surgically, there is an open procedure and a minimally invasive procedure called the Nuss procedure (treatment of choice in expert hands)The indications for surgery are: a Haller index equal or above 2.5, significant changes in heart hemodynamics and/or aesthetic concern from the patient. Unfortunately you have passed the ideal age for surgical correction, but it could still be performed. Greetings

The HTLV-I/II Antibody Screen # 2 was negative. My son is 20 and is a college sophomore. I m not sure at what age he became sexually active. He claims that he has known his partners and has always used protection. If he were your son,what would you do to protect him? Should we have further blood work done? The American Red Cross Counselors said this was likely a false positive . About 5 days prior to donating blood my son had the flu vaccine. I m just nervous. I feel it must be serious if they are putting him on the deferred list. Please advise this worried mother. Many thanks!!!

Hello Dear. There are tests to detect antigen directly rather than antibodies. Like P24 antigen tests, PCR test etc., which detects viral antigen. So you need not worry about false positive or negative results. These tests are a bit costly, but it will give you conclusive evidence. Hence, discuss these tests with your doctor and ask your son to get it done. Also talk to your son about safe sex. Sex education is very much required nowadays for teenage. It is better to avoid sex till you find a very faithful partner and then stick on to her and do not have anyone else. Better to get married at that time. Hope I have answered your question. Feel free to contact me if you have any more questions. I'll be glad to help you. All the besting warm regards

Input	Output
The incision was never surgically closed. I recently have had some drainage but I m not sure if it s just sweat or not. My daughter says I have moles that look scaly in my butt crack and that they are crusted. I have been soaking in the tub. My tailbone doesn t hurt. What do you think?	<p>Hi I have studied your case. There can be coccyx bone injury For resistant coccydynia sacral local block injection may be helpful. Phototherapy [local injection] may also work for sacral pain. Consult your doctor for injection. Physiotherapy like ultrasound and inferential therapy will give relief. I will advise checking your it B12 and it D3 level. Continue site bath and use of ring cushion. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care.</p>
The microscopic examination of potassium hydroxide (KOH) mount of the vaginal discharge reveals pseudohyphae. A urine pregnancy test is negative. Which would be the most appropriate treatment for this patient's condition?	<p>Oral fluconazole for the patient alone</p>
The MRI talks about an annular tear and theosac leak. There is no nerve compression. They say the injury was caught on early and I can expect a full recovery.I have the following questions is a slipped disc injury fully curable?2) is the gel like fluid fully reabsorbed back? If yes, then what are the requirements?3) I am a ballroom dancer, what are the precautions I need to take?) can the gel like fluid get absorbed	<p>Hi,* Disc protrusions may regress over a period of time if they are not subjected to additional bending stresses. * There is a possibility of absorption of the disc material with time. The requirements are to avoid lifting weights and excessive forward bending. Physiotherapy is needed to strengthen the muscles.* Precautions are same as above along with the use of a Lumbosacral corset or support. Hope this information is helpful. Good day</p>
The OB surgeon ruled out cyst, polyp or hernia at the location. Subsequent CT showed mass and thoracic surgeon ordered a ultrasound. The ultrasound shows ossification of the 8th and 9th rib with a palpable mass between these ribs. The mass is hard (bony), protrudes and shaped like an egg. Pain is constant and sometimes throbbing and sharp. What is this?? Im afraid it is an osteochondroma or soft tissue cancer. The thoracic surgeon dismissed me and told me to take an anti-inflammatory.	<p>Your concern is very valid as the description that you have given is that of a slow growing tumor. It does not seem to be malignant as of now based on the long history and slow growth. However, even benign tumors can undergo malignant conversion if left untreated. The best way to ascertain this would be to undergo a biopsy from the lesion. This can be done easily on out patient basis with a thick bore needle under local anesthesia. The biopsy report will conclusively state the nature of the lesion, and you can take it from there.</p>
The only reason that i didnt was because when i was thinking about calling 911, the pain was starting to get a little better. The severe pain lasted from 30 min to an hour and when it started to calm down it went from unbearable to tolerable again in about 5-10 minutes. I still have a slight pain right now but its nothing too bad. Im just scared that it might happen again. Anybody have any idea what that might have been. The severe pain is gone now so should i still be worried. And by the way I dont have a fever, im not throwing up, and i dont have any other symptoms. And im and 18 year old female if that helps with anything. Should i still go to the doctor because the pain im feeling now isnt really bothering me. Thanks for any help.	<p>Hi.observation may be done for now, especially if the pain has subsided. Also, do you have</p>

menses, or in midcycle, when you experienced that pain or none? If there's any recurrence, you might want to have a consult with a gynecologist. Possible causes of your lower abdominal pain are infection (UTI), gynecologic or gastrointestinal in nature. Physical examination is warranted and diagnostic evaluation (such as ultrasound) will be directed accordingly. Hope this helps. Good day!!- .

The only thing that brought it down was the garlic soft gell and a sip of apple cider vinegar. What causes the blood spikes? i have been getting them at least once or twice a month, some ending in the ER.

Hi, If the single molecule for hypertension is not working then the second molecule can be added along with a cut down of salt in the diet and a change in lifestyle. If you go on reading the blood pressure on your own, it will show a great deal of fluctuation. It is most advisable to get the reading done by a physician and let the physician decide about the medicine. The blood pressure you are reading on your own is nothing to worry. Hope I have answered your query. Let me know for further assistance.

The orthopedist says the GCT is benign but has only done X-rays. Can this be diagnosed accurately without a biopsy and can you describe recovery from this surgery? Best case scenario?e

Hi, dairy have gone through your question. You have history of breast cancer. You have giant cell tumor on thumb. So most probably it is giant cell tumor of tendon Seth. You should go for excision biopsy. Wife excision is the treatment of choice for this tumor. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

The pain I was having is gone and I m sleeping great. At 68 I m fit at 6ft 175lbs use to burning 300 calories daily with work out. Former college sports I workout smart at extensive home gym witmercial equipment.ElIPTical, Recombit Bike and Treadmill plus weight room with both free and machine weights. Question I was told Shallow herniation is less severe and with rest and PT can be back to normal. How long do you think that can be and with no pain can I at least walk on treadmill and light weights for arms chest etc just to get some exercise staying away of cours from any back exercises.

Yes, shallow herniation is less severe and with proper treatment, this can be cured completely. Weight reduction and staying fit and healthy are the most important things in the treatment of disc herniation. Application of warm water pad on affected areas is also helpful in your case. Physiotherapy should be continued. Avoid heavyweight lifting and strenuous exercise. Avoid movements causing pain. Avoid bad postures in sleep. With all these, you will mostly improve in 6-7 months time. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

The pain is gone but the band is still there and i have a discomfort in that area too. Please suggest

Hi. Thank you for your question. Let me assure you first of all that you are fine and need not panic. Pain and Lump on the right side of Abdomen can be due to several reasons like Appendicular Lump, Intestinal Obstruction, Inflammatory Bowel disease like Crohn's Disease. I will advise you to consult your Surgeon for Physical examination and necessary investigations. I will advise you to:Continue with the medications prescribed.2) You can use stool softness.3) . 5)Take Fiber rich diet. Hope I answered your questions. Wish you a healthy life.

The pathology report said it wa significant of a viral wart or squamous cell carcinoma and it was been labelled as ssc. he has now been discharged from the consultant (He had skin graft from

<p>brow) but has a small, red hard lump on the back of his neck that looks as it will be a spot but is not coming to a Head. Do we need to be wary of this?</p>	<p>If the margins of resection at the time of the 2011 surgery were not involved by the tumor, i.e. were free (this will be in the biopsy report), then the likelihood of the tumor recurring are remote. Also, more than 2 years have now passed without him having any problems. If such a cancer recurs, it generally comes back at the site of previous surgery or in the front of neck (not back). All these factors point towards this being an unrelated thing. You have not mentioned the duration of this lump. If it is recent it is even less likely to be cancer. I will suggest you to take Tab. Ciprofloxacin 500 mg twice daily + Tab. Ibuprofen 1 thrice daily + Tab. Sanitizing 150 mg twice daily for 7 days. If the lesion persists then get a FNAC (needle test) done by a pathologist from the lesion.</p> <p>Also, if you are a diabetic, get a blood sugar done, they may be high, which can cause infections in this area.</p>
<p>The patient is 62 inches tall and weighs 110 pounds. Her temperature is 99°F (37.2 °C), blood pressure is 105/70, pulse is 71/min, and respirations are 14/min. On physical exam, she is Tanner stage 1 with a present uterus and normal vagina on pelvic exam. Urine human chorionic gonadotropin (hCG) is negative. Follicle-stimulating hormone (FSH) serum level is 0.5 mIU/mL (normal is 4-25 mIU/mL) and luteinizing hormone (LH) serum level is 1 mIU/mL (normal is 5-20 mIU/mL). Which is the best next step in management?</p>	<p>Obtain an MRI of the pituitary</p>
<p>The patient is at the 80th percentile for height and 95th percentile for weight and BMI. Examination shows greasy facial skin and sparse axillary hair. Breast development is at Tanner stage 3 and pubic hair development is at Tanner stage 2. The external genitalia appear normal. Serum glucose is 189 mg/dL. Intravenous administration of leuprolide causes an increase in serum luteinizing hormone. Which is the most likely underlying cause of this patient's findings?</p>	<p>Pulsatile GnRH release</p>
<p>The place where they give the injection in the spine, that full area (horizontal) has severe pain. I cannot change my side while I sleep by early morning or sometimes cannot stand immediately after I wake up. Please recommend remedy. I am 37yrs old. thanks and regards, Lina</p>	<p>Hi Lina, Thanks for writing in. It is unlikely that the pain you are experiencing is due to the epidural anesthesia that you would have received during cesarean section. I would suggest the following:</p> <p>a. Start exercising. You need to be walking for 50 minutes daily for 5 days a week. Lose excessive weight through a combination of diet and exercise. Avoid forward bending and picking up heavy weighted. An MRI of the back (particularly the lumbosacral region) would be needed to rule out a process which is impinging on a nerve. I would suggest you see an orthopedic surgeon at the earliest. This would be needed for a detailed examination and proper treatment. Hope this helps.</p>
<p>The pregnancy was complicated by oligohydramnios. Pulse oximetry on room air shows an oxygen saturation of 78%. Examination in the delivery room shows that the newborn's skin appears blue with weak cry and irregular breathing and gasping. The nose is flat with bilateral epicanthal folds. The ears are low-set with broad auricles. The lower jaw is abnormally displaced backwards. The right lower limb appears shorter than the left lower limb with displaced right great toe. Breath sounds are decreased bilaterally. Renal ultrasound shows bilateral dilatation of the renal pelvis and ureters. Which is most likely to confirm the underlying cause of this patient's condition?</p>	<p>Voiding cystourethrogram</p>
<p>The pregnancy was complicated by poorly controlled diabetes mellitus type 2. Her birth weight was 3,700 g and the appearance, pulse, grimace, activity, and respiration (APGAR) scores were 7 and 8 at 1 and 5 minutes, respectively. The umbilical cord had 3 vessels and the placenta was tan-red</p>	

with all cotyledons intact. Fetal membranes were tan-white and semi-translucent. The normal-appearing placenta and cord were sent to pathology for further evaluation. On physical exam, the newborn's vital signs include: temperature 36.8°C (98.2°F), blood pressure 60/44 mm Hg, pulse 185/min, and respiratory rate 74/min. She presents with nasal flaring, subcostal retractions, and mild cyanosis. Breath sounds are decreased at the bases of both lungs. Arterial blood gas results include a pH of 6.91, partial pressure of carbon dioxide (PaCO2) 97 mm Hg, partial pressure of oxygen (PaO2) 25 mm Hg, and base excess of 15.5 mmol/L (reference range: -2 to +2 mmol/L). What is the most likely diagnosis?

Infant respiratory distress syndrome

The pregnancy was uncomplicated. On examination, she was found to have a slight anal invagination, but no opening. Further examination shows a vestibular fistula and normally developed external genitalia. Which statements about this condition is correct?

There is a failure of the invagination and rupture of the dorsal portion of the cloacal membrane.

The psychiatrist who diagnosed me I only saw twice. I have seen another psychiatrist 3 times this year but he is unhelpful as well. I don't know what to do. I don't work or drive. Plan to study in May part time & work in aged care voluntary. I'm with a government agency who are pushing me to do paid work or I don't get paid my government allowance. I can't work, psychiatrist I've seen this year agrees I can't work. I feel lost. I have short term memory loss & it's getting worse, poor concentration, anxiety, mood swings, fear of failure. Please give me any advice

I understand your concerns went through your details. I suggest you not to worry much. I suggest you sincerely that you should trust your psychiatrist. Changing psychiatrist often will not cure your problem. Find a trusted psychiatrist whom you believe and consult him. Your psychiatrist should know you better than we're sitting here. If you are unable to be cured with the medicines are because either you are not taking medicines properly or you don't trust your psychiatrist. Also, along with medicines try to get psychotherapy for better and fast cure. Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe some psychotherapy techniques which should help you cure your condition. Hope this answers your query. Available for further clarifications. Good luck.

The radiology Dr said my cord area is very narrow as it was very difficult to obtain CSF. The puncture was done prone for the xray and then I had to roll onto left side for collection of CSF. It was barely dripping out. It took about 30 min. to get 6 cc. Is this pain normal?? I see many people on the site talking about the needle hitting the sciatic nerve, and the xray tech said it happened a lot at the facility I went to. Is it common that the sciatic nerve is hit upon needle entry? I would appreciate any advice as it is Sunday. everything closed but ER.

Hi, Your symptoms suggest that you have experienced two side effects of the lumbar puncture. Firstly, you have experienced some nerve irritation or damage during the procedure. This is likely to recover but may take a few days to show an improvement. It is a recognized occurrence during a lumbar puncture. Secondly, the head, neck and body pain that has started is also due to the puncture but is not nerve damage. It is due to leakage of CSF through the hole made by the needle and, again, is a recognized problem with a lumbar puncture. My suggestion is that you continue to take your pain meds. Lie down and rest as this may relieve the head and neck ache to some degree. Keep well HY .

The report is as under, please read the report and guide us right direction. I shall be very thankful to you my mother age is 50 years. U/S ABDOMEN Findings: Liver: COARSE LIVER WITH IRREGULAR MARGINS, MIXED ECHOGENECITY & COARSE EHO-PATTERN. (5.3 x 5.8 CM) SIPLE SYST SEEN IN RIGHT LOBE OF LIVER. PORTAL VEIN IS [15 MM] DILATED. Gall

Bladder: The gallbladder is not distended and has normal wall thickness. No gallstones.

Sonography sign is negative. Common duct is not dilated at the time of scan. Pancreas:

The visualized pancreas appears normal. No pancreatic ductal dilatation is visualized. Spleen:

SPLenic SPAN [17.3 CM] MODERATE ENLARGED IN SIZE. Echogenicity & echotexture are normal without any focal lesions. No varices or enlarged lymph nodes in splenic hilum. Kidneys:

Both kidneys are normal in size & echotexture. No hydronephrosis, renal calculi, or mass is identified. The urinary bladder is unremarkable. Aorta / IVC: The visualized portion of the inferior vena cava is unremarkable. No abdominal aortic aneurysm is identified. Ascites: SEVERE

ASCITES. Pelvis: No pelvic mass. Yours Truly Rameez Afzal +92-334-0000 Pakistan

Dear Rameez, your mother looks to be suffering from HCV related chronic liver disease. Although, only report in form of USG provided is very old, and it's also showing ascites. To decide about requirement of liver transplant, we need to know symptoms/ case summary- if there is any history of ascetic tap, history of diuretic intake, any effect on kidney? We also need to know following tests- CBC, LFT, FT, INR. Once these tests are available, only thereafter we can decide about requirement of liver transplant. If she does not meet transplant criteria, she needs to continue medical treatment. For further information, you can contact me. Regards .

The report says both lung fields are hyperaerated with flattening of both hemidiaphragms. The trachea is in the midline. The heart is not enlarged. The pulmonary vessels are within normal limits.

Both costophrenic angles are sharp and distinct. The osseous thoracic cage reveals no significant bony abnormality. Conclusions: hyperaeration of both lungs. I'm 59, female, never smoke except for 1 to 2 sticks in my whole life. What could be the cause of this? How to reverse this condition?

Thank you.

I have gone through the x-ray findings you have attached. This x-ray picture is suggestive of emphysema. Hyperinflation, hyperlucent lung fields with flattening of diaphragm etc. are suggestive of emphysema only. And despite negative smoking history, emphysema can be seen in old age (age more than 50 years). This is known as senile emphysema. Treatment is based on limitation in lung functions. So first get done PFT (pulmonary function test). PFT will tell you about severity of the functional defect. You may need inhaled bronchodilator (formoterol or albuterol) and inhaled corticosteroids (ICS) (fluticasone or budesonide). Don't worry, you will be alright with these. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

Input	Output
The results came back in the normal range (COAG Factor VIII Activity 50%) But his MCV is low (74.7) and his MCH is barely in the normal range (25.4) Should I be concerned about thalassemia or another inherited blood disorder? Thank you	Before going to thalassemia, get his ferritin levels tested. Iron deficiency is the commonest cause of low MCV2. There are other causes like sideroblastic anemia, copper deficiency, anemia of chronic disease and lead poisoning.3. Better to get a hemoglobin electrophoresis of your son, to rule out thalassemia. Even if it is thalassemia, it will be mild one, which won't affect his life. If it was serious type, it could be the presenting symptom before five years. Hope it helps. Any further queries, happy to help again.
The results of the Pap smear demonstrate atypical squamous cells of undetermined significance (ASCUS). Which is the next best step in the management of this patient?	Perform an HPV DNA test
The results were negative for cancer this time. Blood in the urine continues to be a concern for me. Pradaxa and amiodarone are two prescriptions taken daily for A-fib.	In my opinion you should get done PET SCAN to rule out positive uptake (hot spot) in bladder and prostate, as you had prostate and bladder cancer in the past. Biopsy may be false negative if sufficient tissue was not biopsied or biopsy taken from non-cancerous part of the lesion. So better to check this by PET scan and guided biopsy from the hot spot on scan. If still no cancer in biopsy report than urinary tract infection should be the cause. Better to get done urine microscopic examination and urine culture. Also look for malignant cells in urine.
The second stage of labor was prolonged and required vacuum-assisted vaginal delivery. Apgar scores are 9 and 10 at 1 and 5 minutes, respectively. Examination of the neonate 2 hours later shows a soft, nonpulsatile swelling over the left parietal bone that does not cross suture lines. Vital signs are within normal limits. The pupils are equal and reactive to light. The lungs are clear to auscultation. Heart sounds are normal. The spine is normal. Which is the most likely diagnosis?	Cephalohematoma
The sugar level became normal for few days which was around 125-145. but since few days his sugar is again keeping low - Jan 17, 2012 at 9 pm sugar level- 74 Jan 18, 2012 at 9.30 am after tea sugar level- 164 Jan 18,2012 at 9.45 pm sugar level-84 doctor please advise in this matter and do let us know any good dietician in dehradun whom we can consult. Waiting for your response. Regards,Upasana	Regarding your concern, I would explain that 74 is not a very low level of sugar. Anyway, if he feels symptoms like dizziness, fatigue and sweating, this could be a sign that his body does not tolerate these low levels of glucose. I would recommend reducing the dose of Glycogen GP in order to have higher levels of glucose. You should know that all oral antidiabetics can lead to hypoglycemia as a common adverse effect. That is why the dose should be adjusted based on the fasting glucose levels during the day. You should discuss with his endocrinologist about the above issues. Hope to have been helpful! Kind regards,
The surgeon today only felt the softer mass which I believe to be a Lipoma(he did too) should I be concerned about the harder ball type mass?	You have high chance of neurofibroma. Lipoma is the benign tumor of fatty tissue & neurofibroma is the benign tumor of neural tissue. Both the lesions are benign. No need to worry. Treatment is excision. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

the surgeons broke both my femur bones in my left and right thigh and hold the bones together with steel rods. Now that I m older I m getting a lot of numbness in my legs when i sit for less than 5 minutes, what causes that?	<p>Hi, I don't think this tingling is relevant to the surgeries. It can be as simple as pressure on your arteries and nerves when you sit, and it could be related to your back (sciatic or performs syn .</p> <p>Start with performs stretch and cat position stretch. If you feel better than keep it on. If nothing changed then it could be a disc problem in the back. Hope I have answered your query . Let me know if I can assist you further. Amman Darragh, Physical Therapist or Physiotherapist</p>
The symptoms are as follows: -severe headaches during period -During my period, I see alot of changes with the blood cloths, slimmy red, sometimes brown or black in color -Swelling/bloated stomach -Fatigue -Constipation And just recently (throughout this month) I ve being having frequent dull lower stomach aches and occassional sharp upppe back pains. I have an appointment to see a Doc next week however in the mean time I hope any of you Doc s online could provide some advise immediately.	<p>Hi, I understand your concern. Headaches are generally not caused due to pelvic infection. Based on your description, it appears that you could be experiencing headache due to hormonal variations, which might be affecting fluid distribution in the body. Such type of headache can be relieved by means of taking analgesic medications. Also, practicing meditation would help to improve blood supply to the brain and keep your mind stress-free and healthy. Kindly follow the instructions what your doctor advises and do the necessary follow-up. Hope the information provided would be helpful. Let me know if I can assist further.</p>
The toe is not painful, but itches like there is no tomorrow. I am a 60-yo male, and active - I do water aerobics and walk 2+ miles. Also have been hiking recently. Any ideas?	<p>I have gone through your query and understand your concern. You can discuss with your doctor about it. I think you should exclude any cold exposure, diabetes and circulation disturbance. It can be something like cold allergy and circulation disturbances. You can get it clinical examination by general surgeon for better understanding. Hope your query get answered. If you have any clarification then don't hesitate to write to us. I will be happy to help you. Wishing you a good health. Take care.</p>
The values of zinc is 82, ferritin 36, Iron 93 and TIBC 315. Please help me know what I should do?	<p>Telogen effluvium stress-induced, due to illness, a diet with low protein intake, surgery, post-pregnancy, and mental stress. 2. Female pattern alopecia is genetic and hormone-mediated, runs in the family. 3. Diffuse alopecia areata is autoimmune condition usually associated with other autoimmune disorders like diabetes, thyroid disorders, and ulcerative colitis. 4.</p>
<p>The vital signs include: blood pressure 145/95 mm Hg, pulse 78/min, and respiratory rate 19/min.</p> <p>On physical examination, the patient has mild to moderate bilateral sensorineural high-frequency hearing loss. A slit-lamp examination is shown in the exhibit (see image). The remainder of the exam is unremarkable. Laboratory findings are significant for microscopic hematuria. Which tests would most likely confirm the diagnosis in this patient?</p>	<p>Skin biopsy</p>
Then hepa b negative for hepa a 1gg positive igm negative the doctor told me that i am infected by hep a but im on recovery stage. After 5 days i went to beta medical clinic to check my sgpt and the result is 130. I was worried i came back to the company hospital and conducted ultrasound for my abdomen the result were suspected fatty liver. i stop drinking alchohol for seven weeks since november 19 2013. I took sylimarine 3 times a day and avoid eating meat. I also eat oatmeal tuna with veg oil try green leafy vegetable but continue smoking and eat spicy foods. On january 7 2014	

i came back to alpha medical clinic to test again my sgpt the result is 114. Please give me advice or activity that i must do in order to lower my sgpt and how long it will took to lower it. thank so much.

HelloYour findings suggests raised SGPT level. Increased SGPT may indicate liver injury. It may be due to many reasons like hepatitis, alcohol intake, fatty liver,autoimmune causes etc. Increased SGPT may be due to fatty liver in your case. You may need few more investigations like routine hologram, random blood sugar, lipid profile. I suggest tablet ursodeoxycholic acid 300 mg twice daily to my patient for three months. It helps in regeneration of liver cells. It is good that you have stopped alcohol intake. You should go for brisk walk and do exercise. Fatty liver is a reversible condition. It will reverse with diet and lifestyle changes. Get well soon. Take Care .

Then I did some of these time to time while I was doing my higher studies. When I did a sudden check up including lipid profile I got quite high rates for SGOT and SGPT (both 68) and slight raise in VLDL (just a unit). my weight is 85Kg and I am 185.42 cm tall. What should I do to get recover?? Please help

Hello are overweight by few kg only. Most likely explanation for your high liver enzymes could be lack of exercise, junk food, colas or alcohol. Ad . Get your liver enzymes tested after 6 to 8 weeks of your lifestyle change. Ideally you should be all right with these measures. However, if there is no improvement, then you should consult a Gastroenterologist and get tested for ultrasound abdomen, CT abdomen and blood tests including tests for various hepatitis markers. Thanks

then I need to lay down and wait for it to pass, that s when I know it s in my head also, the fainting. but I feel it in my leg/thigh. only one. If I am standing I must immediately sit/lay down or I will fall/pass out. Usually I make it to the bed/sofa/chair. that s when I notice the blacking out would be in my head.

Hi, Thanks for writing in. Moments of dizziness can happen due to decreased blood flow from heart to brain. When it happens, the blood flowing through the vessels from heart to brain might have a reduced flow. These are by the carotid and vertebral arteries on either sides. This is more significant when you are standing upright and doing any moderate to heavy physical activity. Since he has got scans for inner ear and brain done, it is confirmed that there is no abnormality in the vestibular system in the ear or any serious conditions in the brain. After clinical examination, your doctors might recommend CT scan or MRI scan brain to know any problems within the brain and Electronystagmography (ENG) or videonystagmography (VNG) to record abnormal eye movements while the head is placed in different positions or your balance organs are stimulated with water or air. For this he might consult the ENT specialist. The best way to analyze if the reduced blood flow to the brain is causing your dizziness is by doing a carotid and vertebral arteries Doppler ultrasound. It will show the flow of blood from the heart to the brain and if it is adequate. Dizziness can also occur due to stress related anxiety or overflow of emotions.

Then says the thecal sac ends at S2 and conus termination is at L1 level. Please hep me understand more.

Hi Melissa, Lets start from bottom! As far as where your thecal sac ends and bonus terminates, there is nothing to worry because it is normal. You seem to have disc wear and tear at multiple levels. As far as the scan is concerned, the worse level is at the L4/5 and L5/S1 levels. However, the symptoms you describe cannot be explained by the T11/12 or Lower lumbar disc bulges. Your symptoms should settle with simple painkillers. As far as your back is concerned, it may be useful to keep it fit, and you can consider swimming or another appropriate back strengthening exercise program. Hope this helps!

Then shortly after I got my stitches out my inscitions opened up. I had a 2nd surgery on Dec. 10th

<p>2011 & am now wearing what they call a wound vac machine. I have been taking 2 antibiotics.</p> <p>Last Friday after taking a culture of my wounds told me that I have a bacterial strep infection in my foot! What is it? & Is there anything that can be done about it? What are the symptoms of strep foot? You would think my foot would heal by now!</p>	
	<p>Strep is a common type of bacteria that often causes skin and wound infections. There are different strains of strep, one type of which causes strep throat. You could have that strain or a different strain. Skin and wound infections with strep may cause redness, swelling, pus, pain and heat in the area. There could be a lot of . Antibiotics are used to treat strep. When a culture is done, they usually test how sensitive the strep is to different antibiotics. They can then identify the correct antibiotic to use and switch you to it. I am not sure about the dates you give. If the surgery indeed was back in 2011, it is indeed way too long. (It is awfully long if it was just 2013.) If the infection has gotten into the bone, this could be the reason. These type of infections are difficult to cure and require extended treatment with antibiotics. Hope this answers your query. If you have more questions, I would be happy to answer them.</p>

<p>Then Thursday night rashes appeared. I went to a local doctor Friday morning as my fever reach 39 degrees C. They gave me a fast drip to lower my temperature. Then Saturday morning my temperature went down to 37 but I still have few rashes. Then I started feeling my swollen joint, hands, and feet pain. Now I already took a bath as my temperature is 36.3 C. I am just worried about my swollen feet and hands and the pain is troubling.I am currently takin Biogesic Paracetamol.</p>	
	<p>Has this happened before or is it the first time? Can you describe the rashes or better a photo of it? Is it itchy, is it generalized or located in specific areas, blanching, flat or elevated? Regarding the swelling of the hands and feet, Is it the first time? Does taking Paracetamol help with the pain? Is it swollen or just painful? And which joints are specifically affected? The wrist or joints along with the fingers? What about feet and ankle? What did the CBC (complete blood test) reveal?</p>

<p>Then upon repeat test i had CIN 2 in aug of 2012. my doctor did a lazer ablation of my cervix in dec and my last 2 paps have been normal. but in july of 2013 my periods have been getting very irregular, heavy, and longer. I saw my OB and she prescribed birth control. A few weeks ago i had sever pain in my left pelvic area and went to the er. upon ultrasound they found a left complicated hydrosalpix of 6.5cm with low level internal echoes and debris rt ovary 4.1cm left 2cm. and possible endometriosis. The doctor in charge of my care has left the practice and My new OB that took my case does not seem to be concerned at all. Do i need a second opinion? I worry about cancer because my grandmother has had breast cancer twice, once at 35 and again at 64. 1 of her daughters (my aunt) has had ovarian cancer and another has had breast cancer. My father also has a sister with ovarian cancer. Given my family history, do i have a reason for concern? I am done having kids, i have 2, but when i asked my physician about the possiblily of a hysterectomy due to all the problems developing over the last year she said i was too young to make that choice Im just looking for another opinion. Thank you</p>	
	<p>At 24 years age it is too early to get hysterectomy done when your IN 1 has been treated. Ovaries are necessary for hormonal production in young women and should not be removed unless indicated. The complicated HY . You may take a second opinion on that concerning its management. Hope this helps</p>

<p>There are fibrohazy infiltrates in both lung fields, more in the right with superimposed cystic lucencies in the right lung. 2. Heart and the rest of the mediastinal structures are shifted to the right. 3. Hermidiaphragms, costomeric sulci and the visualized bones are intact. what does this findings mean? thankyou</p>	
	<p>In my opinion your x-ray findings are suggestive of right sided fibrotic lung. You must have TB</p>

infection in right lung in the past. And your present x-ray findings are sequela of healed TB lesion. When lung fibrosis occurs, the healed tissue shrunk the lungs and pull the structures. So mediastinum and trachea are shifted towards right side. So no need to worry about this x-ray as it is old fibrotic right sided lung is seen.

There is a 5mm calculus which is non-obstructing present in the left kidney, no evidence of calculus within the left ureter. 2. Incidentally noted is bulky pancreas however there is no discrete mass identified.

Hi, Thanks for writing in. There are small stones in both kidneys which are defined as 5 mm to 6 mm in size and non-obstructive. This means that the stones are not causing any block to the passage of urine and should not cause any significant or severe symptoms. It is possible that small stones was passed in to the urinary tract earlier and that might have caused you severe symptoms. Such stones cause mild pain and burning when they travel along the ureters and the symptoms persist for a week after they have passed. The pancreas is slightly bulky and this requires clinical correlation. Please discuss any upper abdominal discomfort with your doctor and get pancreas enzymes and CA19 9 test done if required. The lung is not evaluated and might require evaluation by doing a chest X-ray. Please do not worry.

Input	Output
There is a grade 1 retrolisthesis of I4/I5. There are a few other findings but these two are what confused me the most.	<p>There is a grade 1 retrolisthesis of I4/I5. Meaning : This means that there are few problems with the various Connections (joints) between L4 Vertebral Bone, L5 Vertebral Bone and S1 Vertebral Bone</p> <p>There is also a Subluxation / Displacement / Slipping of L4 Bone over L5 Bone Now If this slipping of bone does not cause any problem, you can try simple treatments If some nerves are getting compressed because of this slipping of bone and if you have pain / numbness / weakness, you may need surgery Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Let me know if I can assist you further. Take care.</p>
there is a minute calcific density right temporal lobe.2.there is left temporal soft tissue swelling with underlying hyperdense dura ? Haematoma.sir i want to know that is it something serious? can it be cured?she is getting continuous pain in the left side of the brain and also the left side of the face.Her pain increases while chewing food,while speaking and also the left side eye pains .	<p>Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. We need to do MRI brain with special emphasis on Trigeminal Root Entry Zonal there is trigeminal root irritation, we have to do Microvascular Decompression also have to do MRI with MRS and Contrast to know the nature of the lesion. If needed, the lesion has to be excised Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. In the future, for continuity of care, I encourage you to contact me directly in at http://ask</p>
There is a slight left paracentral disc bulge with a small associated annular year. There is mild to moderate ligamentum flavum and facet hypertrophy . Mild left lateral stenosis. What does this mean and what kind of treatment is needed. Effect my bowel movement.	<p>Lifestyle Modifications2. Physiotherapy 3. Exercises4. Tablets If hypertrophy increases, surgery may be needed Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Let me know if I can assist you further. Take care.</p>
there is associated moderate canal narrowing at L5-S1 due to large disc protrusion. What advice can you give me about resolving my pain?	<p>Hi, After going through your query I think your You are suffering from lumbar disc prolapse. There are two treatment options. First option is Rest in position of relief(generally lateral position with both knee bend), NUROKIND GOLD ONCE DAILY and analgesics (Diclofenac three times a day after meals is effective). Sometimes strong analgesic(such as attract three times a day after meals) is required. OMEPRAZOLE 20 MG before meals prevent acidity caused by analgesics. This method needs patience as it take longer treatment times sometimes up to 6 months. Second option is go for surgical operation(Discectomy) I think your query answered. Welcome to any follow-up query</p>
there is mild disc bulge causing slight thecal indentation. there is ligamentum flavum hypertrophy seen at this level causing mild posterior thecal compression. and also loss of lumber lordosis is seen . Dsic dehydration with preserved disc heights is seen at L2-L3, L3-L4, and L4-L5 levels. at the L4-L5 there is a diffuse disc bulge causing thecal indentation with foraminal narrowing on either side Mild disc bulge seen at L3-L4 causing slight thecal indentation with encroachment of the neural foramen bilaterally. Can I play Badminton with this problem. and suggest me any excersie.	

thanks

You for your question. First, MRI findings provide guidelines for treatment, but the treatment decision is primarily based on your symptoms. Disc deny . Disc bulges are commonly seen on MRIs of middle-aged individuals even in healthy population. If you had only the lumbar findings playing badminton is absolutely fine. The finding that is of concern is at D10-11 and extent of compression needs to be evaluated before further decision is made. Again, as I said the treatment is guided more by symptoms than MRI. Please let me know if I can be of further help.

There is small disc bulge causing thecal compression at D11 and D12 level. There is ligamentum flavum hypertrophy and facet hypertrophy seen at multiple levels causing bilateral recess stenosis. Please help me.

These MRI findings indicate chronic degeneration of the column, with intervertebral disc displacement in two levels (thoracic and lumbar). There is no need for surgery. I recommend painkillers, a muscle relaxant for the pain and physiotherapy. It is necessary to lose some weight and avoid weight lifting. For more information consult a neurologist online

there is thickening of the bladder wall- what does it mean? 2. there are no enlarged regional lymph nodes. - what does it mean? 3. the visualized bony pelvis is unremarkable. - what does it mean? Impression: Enlarged prostate. the neoplasm of the prostate could not be identified, (PI RADS 2 There are no enlarged regional nodes. Could please thoroughly explain this to me. thanks

Hi! means all alright, prostate is enlarged, bladder wall is thickened due to effect that bladder has to work hard to move urine through prostate. No lymph nodes means no growth in . In cancer, prostate lymph nodes must be been enlarged, bony pelvis is alright means no tumor extension. All reports suggest no cancer in prostate and so no metastatic deposits in surrounding areas. Take treatment for prostate bladder wall will recover by itself. Hope I have answered your query. Let me know if I can assist you further.

There was a connection flight both there and on the return so a total of four flights. I returned home 8/4. My left leg is swollen in the calf and ankle area. I am not feeling any hot spots. It is just the left leg. Should I be concerned about this? Would the injection be ok to fly so soon after?

Dear patient Intro articular euglena injections will not lead to swelling in ankle and calf. This is because joint cavity is not connected to intramuscular planes. Swelling might be frequent air travel which might lead to deep vein thrombosis, or it might be dependent edema. Is dorsiflexion of foot is leading to calf pain ? If yes than its deep vein thrombosis. I would like to advise Doppler ultrasound of left leg to confirm diagnosis. Visit radiology center nearby you and get it done. If its normal do not worry. If report is abnormal you need to consult expert vascular surgeon nearby you. All the best.

There was blood in my urine and I was experiencing some lower back pain . I have now finished antibiotics and the infection seems to have cleared up, but I continue to have the lower back pain. I am drinking plenty of water as well as cranberry juice. Today, I notice a sharp pain in the vaginal area especially when I get up to walk. I don't have an appointment with a urologist until May 8. Could this possibly be a kidney stone(s)? Should I continue the water intake and see if it clears up or get it checked ASAP? Thanks

Hi Commonest cause of pain in the back with hematuria (blood with urine) is kidney stones. Urinary tract infection (UTI) infection is second possibility. Consultation with general surgeon is advisable till you get an appointment with urologist. You may need ultrasound genitourinary system and urine examination to confirm or rule out possibility of stone in kidney (or anywhere in urinary tract) and UTI. Hope this answers your question.

There were 8 measurements in all but they were all quite different. I am quite overweight and I do

virtually no exercise. I was a top flight athlete in my youth but have done nothing for years. I had my first alcoholic drink for months last Friday, but in the past I have drunk more than I should. I know I need to exercise, lose weight, eat and drink better etc etc, and I am making a conscious effort that I will - but I just need to know - should I be worried about this dizziness enough to go to the emergency room of the hospital now - or do you think I will be OK?

Hi, all the readings you mentioned are considered high blood pressure and all the symptoms you describe are most probably due to higher blood pressure. As you understand the lifestyle changes that needs to be brought, I would impress you start at earliest. Also, the pressure value you mentioned will not be brought to normal by just lifestyle changes. Here you need to be started upon medication for the same. So do visit your doctor and after through work up do start an antihypertensive medication for time being. One can taper it down if your pressure start getting under control. Don't get anxious as it is rather pushes your pressure further up. But do visit your doctor and for any further help you can get back to me. Presently just relax, check the reading in 2 hours or so, if higher or If the dizziness persist, you should visit the Regards .

These have been taken in hospital as she's in for a pre-op appointment so I know they are accurate. Can you advise what I should be doing with her to help i.e. diet or exercise?

Hello These readings are really high, diet and exercise alone cannot bring this down. She has to be on medicine like tab Telmisartan 40 and Amlodipine 5 mg once a day, so she should get these prescribed. She should have a healthy lifestyle like avoiding fatty, oily and high calorie diet. Have low salt diet and monitor blood pressure regularly thrice a day for one week then once or twice a week. If BP is persistently more than 140/90 mmHg, then she should be on medicines for it. Regular exercises like brisk walking, jogging according to her capacity at least 30 min a day and 5 days a week after blood pressure is controlled. Lots of green leafy vegetables, fruits, fish once or twice a week, avoid meat. Avoid smoking and alcohol if any. There shouldn't be abdominal fat deposition or obesity. Get your lipid profile and sugars tested once. Hope this helps you and get back if you have any doubts.

They are doing no treatment at this time waiting to see how it progresses. Is that normal? and if so what are his chances of the cancer cells not spreading? thank you!

Hi, I have gone through your question. Treatment depends on type of cancer and stage of cancer. In chronic lymphocytic leukemia wait and watch approach is used. In acute leukemia treatment should be given in all cases. Treatment of choice is chemotherapy. Bone marrow transplantation is the best treatment for all types of bone marrow cancer. Please send me your reports so that I can help you further. Hope I have answered your question, if you have any doubts then contact me at Wish you a very good health.

They are not as severe as they were ten years ago. The pain I am experiencing feels like a sharp needle is sticking me. This does not happen that often, but if I am worried about something, I experience it until the problem is solved, but sometimes it goes away. I have had an EKG and an EEG done which was normal, except, the doctor said that I have a leakage. Is that normal?

Possibility of stress and anxiety related chest pain is more likely. No need to worry about heart diseases as your ECG was normal. Better to consult a psychiatrist and get done counselling sessions. Try to identify stressors in your life and start working on its solution. You may need anxiolytic. Don't worry, you will be alright with all these. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.

They are scheduling an ultrasound. I am not a heavy drinker just an occasional glass of wine - maybe one every couple of weeks. In the past I've had liver function tests that were only slightly elevated but then the dr. stopped testing when one came back normal. These levels have me

concerned though. I m 43, not obese.	<p>HelloSign ALT may indicate liver injury. It may be due to many reasons like hepatitis, alcohol intake, altered lipid profile, medicines,autoimmune causes etc.AST in non-specific, and it increases in many conditions. You may need few more investigations like viral markers and ultrasound of abdomen. I suggest tablet ursodeoxycholic acid 300 mg twice daily for three months to my patients. It helps in regeneration of liver cells. Proper treatment depend upon findings. Get well soon. Take Care .</p>
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<p>They checked my blood pressure and it was 110/62. I take niacin (500 mg), fish oil (2000mg), and flaxseed oil (1200mg) daily, though I do miss daily doses occasionally. What should be my course of action to get back myself back in the number ranges I need to be? Thank you</p>	<p>HI passed carefully through your question and would explain that although your total cholesterol and LDL values are a little high, this does not mean that you have dyslipidemia. The rations Total Cholesterol/HDL and LDL/HDL are within the normal range, which means that there is no need to panic or take any treatment. I would just recommend reduce fat and sugar intake and take a lot of fibers. Nothing serious is going on! So, just relax and don't worry about it! Hope I have answered your query. Let me know if I can assist you further.</p>
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<p>they dont know the reasoning of death. i just know it was through incest. my email is YYYYY@YYYY . also a past of kidney stones and ovarian cyst.</p>	<p>If you were pregnant in the past than you can be pregnant. Most of the time there is no problem in getting pregnant. But there are many other factors like increasing age, husband semen report and more which are changing over the time and pregnancy can be difficult. Get consulted nearby gynecologist. Get some test done if required after discussion with doctor. You may require some more test even after conceiving.</p>
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they got it down to 181/105 and let her go home. What should I do?	<p>Hi Thanks for posting your query on .* she should be on regular medications for hypertension.</p> <p>Short information about progress of weakness.*Explanation: My opinion is that high blood pressure on many occasions is an indication for control. That happens on many levels. First, be sure that high blood pressure is not secondary to any other diseases as Cushing or renal failure. Then, Diet with low salt and less fat content is crucial. Exercise and other healthy activities are also a mean to control blood pressure. If all that does not help, medications are a must. That is usually decided by your doctor according to your condition and comorbidities. Some . Regular blood pressure monitoring is as important as starting treatment so that we could assess efficacy of the medication we started. Weakness or neurological deficit in a hypertensive patient is a dangerous sign and need to be managed as soon as possible to avoid brain hemorrhage suggest my patients the following : lower blood pressure to a reasonable level, follow up conscious level and weakness.</p> <p>The information provided by you is not sufficient to provide a good opinion. If someone comes to me with this condition I would ask them about other comorbidities like diabetes, hyperlipidemia etc., also you didn't mention the fate of weakness or investigations done.*Conclusion: I suggest you consult your physician about your aunt antihypertensive medications. If you have any further questions I will be happy to help, If not, you can close the discussion and rate the answer. Wish your aunt good health.</p>
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<p>they happen at least once a month. however Ive developed what my Gp believes to be new types of seizures. a few months ago I experienced a numb/swollen/tingling sensation in my left arm. it travelled up into my chest cavity, then Individually my fingers started to feel tingly. the sensation then moved into my mouth and caused the left side of my face and tongue to fall limp. after that I had a scintillations (stars/blur/pixels in my left eye) followed by a massive migraine. then last week I</p>
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experienced the same scintillations in my left eye followed by a 4.5 hour migraine. My gp said the first new symptoms present as a seizure. Is this an indication my seizures are getting worse? Will they turn into grand mals? Are they a sign of brain damage or a tumor?

Hi, Thank you for posting your query. I have noted your symptoms. These symptoms are suggestive of partial sensory seizures, which indicate a likely pathology/disease on the right side of brain. Brain tumor is one of the rare cause of sensory seizures, so, you should not worry about that possibility. However, MRI scan of brain is needed to confirm the diagnosis. As of now, you should be on adequate anti-epileptic medications for appropriate seizure control. I hope my answer helps. Please get back if you have any follow-up queries or if you require any additional information. Wishing you good health, . Ly/

They have done a phlebotomy on me but it made me more anemic. They want to do another blood test and a possible phlebotomy on me the end of July. There has to be something I can do .

Hi, dairy have gone through your question. You should confirm the diagnosis of hemochromatosis. If you have not gone through liver biopsy then go for it. No need to do phlebotomy with anemia. Consult your doctor and take treatment of anemia. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

they said it would be 5 times riskier to repeat open heart surgery at this time. I,m 48 years old right now, had the first surgerywhen i was29. They said my stenosis would have to get worse before they would even consider surgery. Is this good advice?

Hence, surgery is not an option at this stage. You have to be on medications for the time being. However, you have to follow up repeatedly every year with 2 D echo to assess the severity and progression of aortic valve disease. Wishing you good healthRegards.

Input	Output
they said their isn t anything showing that would cause the saddle numbness. What should I do next? I know this isn t normal and I shouldn t have to live this way.	<p>Hello Thank you for trusting common reason for saddle paresthesia to occur is group compression of the lumbar and sacral nerve roots in the lower back, due to some structural abnormality, such as a herniated disc, osteoarthritic process, vertebral slippage condition, atypical spinal curvature or congenitally-narrowed central vertebral canal space. Similar symptoms result in other possible causerie spinal canal stenosis in neck and thoracic region, psychogenic ischemia of nerve roots in lumbar region. Sometimes local nerve compression by tumors, and cysts cause these symptoms. Saddle numbness is non neglectable symptom once again consult your doctor. Till that time take tab. Pregame m twice a day.</p>
They said they thought he was not going to make it two of them times because his blood pressure was 40/20 and the last time barely any blood pressure at all. They have no reason why this happens. Now they are saying he might have a deadly skin disorder and there isn t anything they can do for him But he has to go to an allergist to be sure. It is a couple days before Christmas and can t get in right away. I am terrified this will happen again. I actually had to scream and shake him to respond to me the last time. His body shook all over and fell over. Is there something that I can do to help him?	<p>Seems to be a case of allergy. I would suggest you to try and identify if these incidences were related to ingestion or contact with some food or substance like peanut, pulses or dust, any new plant or pet around. Keep him away from such allergens till you visit an allergist. There is nothing much you can do other than this and identifying similar episodes at the earliest. Keep an eye on any rash or urticaria he develops and immediately rush to ER so that the reaction can be managed at the earliest. Give been . It might help till you get to ER. Hope this answers your question.</p>
They started her on antibiotics and nausea medicine. Her temp will stay down for extended periods and out of nowhere will spike into the low 100s. The Dr said that they can not do a CT Scan for stones if that is what it is due to the radiation. Have performed Ultrasound on her kidneys and said that it is enlarged. Just wondering if it could be something else because the fever.	<p>Hffrom what description you have given here it seems it could be urinary tract infection vs kidney stone. But fever goes more with urinary tract infection. Kidney stone won't cause fever in most of the cases. The doctors are right as we can't expose her to radiation in form of X-ray or CT scans. One thing is we can get her urine checked for routine and culture examination. If it shows multiple pus cells or bacteria present we can pinpoint to urinary tract infection and can treat her with appropriate antibiotic based on the culture report. I hope this may help. Thank you</p>
they told me that the nitro brought me out of the palpitations and opened up my heart to relieve the pain. i have to see a specialist but im ok. Should I be concerned?	<p>Your symptoms could be related to a panic attack, but the fact that nitro helped improve your situation, raise suspicions on a possible coronary artery disease and myocardial ischemia. For this reason, I would recommend performing a cardiac stress test. A coronary Anglo CT scan or nuclear perfusion cardiac stress test may be needed. Hope to have been helpful! Kind regards,</p>
They told me they cannot perform the extraction and I needed to get my blood pressure and A1C in check before they can do any work. I called my Primary Care Physician and they don t have any openings. I m not certain what I should do or if I should wait until my scheduled appointment with my new Primary Care about a month away.	<p>HA single spike in blood pressure values could be related to anxiety. Anyway, I recommend you to closely monitor your blood pressure values frequently during the day in the next days. If your blood</p>

pressure values are persistently high, I would recommend consulting with your attending physician for some blood lab tests (complete blood count, PCR, ESR, kidney and liver function tests, blood electrolytes, thyroid hormone levels, etc.) and considering starting antihypertensive therapy. Hope I have answered your query. Let me know if I can assist you further. Take care .

They treated her with antibiotics for the ear. The rash appeared about 3 days into taking the antibiotics. The doctor recommended we discontinue the antibiotics in case of allergic reaction. She has been off them since. Any ideas?

Skin conditions are best diagnosed only after seeing directly. I suggest you to upload photographs of the same on this website, so that I can guide you scientifically. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.

This extra heart sound is most likely indicative of which processes?

Decreased left ventricular compliance

this has caused me some pain to moderate pain to severe pain. i saw something on the internet about a drug called neurocet. is it now available.

Hi I have studied your case. You can take neuroses . Medication like methylcobalamine with muscle relaxant and analgesic will reduce pain you can take them consulting your treating doctor. You may consult physiotherapist for further guidance. He may start TENS, or ultrasound which is helpful in your case. I will advise checking your B12 and D3 level. MRI shows disc compressing on nerve root then surgical decompression is permanent solution. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Take care.

This heart sound is most associated with which ?

Left ventricular hypertrophy

this is becoming a real problem. I am worried about her health being affected by the sleeplessness. She has not been tested for sleep apnea.

Maybe she is having adjustment disorder to the new surrounding which might be causing her difficulty in sleeping. Advise her to stay active during evening by doing some mild to moderate exercises or going for a walk before sleep, so that body gets tired for a bit, and she may sleep well. Advise her not to sleep in afternoon and not to take in caffeine or alcohol before sleep. And if there are any breathing difficulties then consult your doctor for the same.

this is first dr who did eeg and thinks i have ms. wat does the eeg results mean when its too much electrical activity on left side of brain. cud it b something other than siezures/

Hi Tami, Thank you for posting your query. I agree with you that your diagnosis has not been established, as different doctors disagree. MS (multiple sclerosis) can be diagnosed on the basis of symptoms, MRI findings and CSF (spinal tap) analysis. EEG is not helpful in the diagnosis of MS. Increased electrical activity in EEG can also occur in about 5% of normal population. So this finding without any history of seizure is not significant, and no medications are needed for this purpose. Best wishes, .

This is the first health issue he s had for any length of time.

hello level 12-15 is okay, yes iron rich green vegetables, banana, pomegranate, spinach will take care of mild borderline anemia. sciatica can be taken care by physical therapy, lumbo-sacral belt, back exercises, BD rest. torn meniscus can be treated with arthroscopic surgery by an arthroscopic surgeon for this. Torn meniscus is by abnormal stress or injury of knee usually twisting and shearing force, common with footballers. sciatica is

caused by osteoarthritis in spine with bone spurs outgrowths impinging nerve roots at intervertebral foramina.cause is degenerative disease of spine with advancing age, increased occupational stress thanks

This is the most painful site. Is this down to nerve damage or should I be worried that he cancer may be lurking about in there somewhere? If there are no nodes left (all groin and pelvic nodes removed) why would it hurt in those areas? I am not due to see anyone until March at the hospital. many thanks.

Hi! It could be nerve pain due to irritation in your lumbar spine. Well, most of the patients respond to conservative management. Before suggesting you any treatment I would like to know more about your symptoms. What did you do for your daily living? How much physical activity is there in your daily routine? How much distance you are able to walk? Try to walk on your toes and then heels-are you able to do it comfortably? Have you noticed any difficulty in urination recently? Hope I have answered your query. Let me know if I can assist you further. Take care .

This makes me wonder if we don t need a more qualified radiologist to read this test. I have grown weary from all of this. I am a 78 year old female senior, happily married for 56 years, and in relatively good health. I am 5 3 and weigh 120 pounds, eating healthy and not participating in anything that can harm my body.

Hi I have studied your case. Most probable reason for your symptoms could be postural problem. When such patient comes to my hospital we usually take x-ray spine or if required MRI to see for any nerve compression. Medication like methylcobalamine with muscle relaxant and analgesic will reduce pain; you can take them consulting your treating doctor. You may consult physiotherapist for further guidance. He may start TENS, or ultrasound which is helpful in your case. Other less likely possibilities can be spinal disc bulge, TB spine Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. If you find this answer helpful do not hesitate to rate this answer at end of discussion. Take care.

This time my symptoms are completely different. I went to my GP thinking my thyroid had become underactive. I am desperately fatigued and constantly cold. I have the tremor and fast heart beat as before but this time my hair is like straw and my skin itches. I have been referred to the Consultant at the hospital and I have been on 20mg Carbimazole for a week. I am confused by the symptoms. Does this happen sometimes? If so - why?

Increased sensitivity to heat or cold 2. Palpitations and tachycardia. 3. hair loss 4. Weight loss. Since you have been already put on carbimazole it will definitely help to release your symptoms. Its dose has to be increased or decreased according to your t4, t3 and T.S.H levels. You can consult your physician for the same. I would advise you to continue with this medicine for time being. I hope that answers your question. If you have nay further questions please feel free to write.

This time when the MRI came back it showed white spots actually on the L4, L5 and some other ones also. My doctor said he cant make a diagnosis as he hasnt received the MRI report yet. Can you please give me some ideas what it might be and why the just started showing up after 2 years.

Hi . Well, this is all part of aging and caused by degenerative bone changes. These white spots can be sign of osteoporosis or spondylitis, and it can cause lumbar pain and pain in legs. If you have a re afraid of malignants lesions this is unlikely in such findings. In the beginning this is treated by exercises and medical therapy, but if thesis helpful then surgical therapy should be considered. Wish you good health.

This worries me as my temperature normally stays around 98.9. I am feeling worse today but

cannot pinpoint exactly what is wrong. I just generally feel bad. Is this something I should worry about?

Hello. If the core body temperature If you already feel unwell it would be a good idea to go to the ER now given the temperature is 96 or Take care.

Three days later when visiting his PCP, level was back to 3.4. He has been suffering from lethargy, nausea, generalized low mood/fatigue for a few weeks now. PCP has no advice other than to see a nephrologist, and the first appt available is in 2 weeks. He suffered from numerous strokes which lead to brain bleeds 6 years ago, and has near total left side impairment. He is about 5'10", weight probably close to 300. Has been on several medication for HBP for about 15-20 years. Also take warfarin. Unfortunately no info on BUN or GFR. I'm curious if this warrants attention sooner than 2 weeks from now when a specialist can see him (IE fast tracking through a different ER to see a specialist sooner).

Your father is definitely having CKD, chronic kidney disease, most likely due to long-standing hypertension. A creatinine level of 3.4 however is not very alarming, and you can wait till four appointment with the nephrologist. Try to keep his blood pressure under control, less than 140/90, by regular medicines, don't let him get deny. Once the nephrologist sees him follow his advice to reduce or control disease progression.

THROUGHT INFECTION LAST 2 MONTHS-MEDICINE TAKEN AMOXICILINE 250MG TWICE DAILY FOR MORE THAN 5 DAYS. 2.IN THE MOUTH SOME MOUTH ULSER ALSO. 3. TOUNG HAVING STRECH MARKS. 4.DIGESTIVE POWER IS VERY LESS.SO GOING TOILET FREQUENTLY. 5. HAVING A CONIC PROBLEM OF ACIDITY. 6. HAVING THYROED PROBLEM BUT UNDER CONTROL. 7. HAVING HIGH BLOOD PRESSURE. 8. HAVING COLOSTEROL PROBLEM BUT UNDER CONTROL. 9. AND ABOVE ALL SUFFERING MENTAL DEPRESSION.

Hi I understand your concern and would explain that the ulcers in the mouth could be related to a fungal infection or vitamin deficiency. For this reason, I recommend performing a bacterial culture of the material in her oral ulcers and a stool analysis. Starting antifungal therapy may be needed. The depression is not related to the above issues, but health problems can exacerbate it. For this reason, an antidepressant may be needed. Hope I have answered your query. Let me know if I can assist you further.

tingling in my right shoulder blade - feels like its getting worse 2. lump on right side of my spine that was almost tennis ball size and is almost gone now 3. pain on right side when i breath in deeply 4. pain in spine 5. pressue on left side of neck and moving up into my head I have been for xrays and doctor says its clear, my chiropractor says my spine is out of alignment. I need answers, its been so frustrating

Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. You need to do MRI of the spine Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. In the future, for continuity of care, I encourage you to contact me directly in at <http://ask>

Input	Output
<p>Tiny ring enhancing lesion in right mid/superior parietal sub cortical region with minimal perifocal edema- S/O infective Granuloma - possible tuberculoma / Neurocysticercosis. 2.Multiple tiny non enhancing hyperintense areas in bilateral periventricular frontal parieto occipital and bilateral mid and superior parietal regions- S/O ischemic / Demyelinating Areas. Can you please tell me what does this mean and is this serious problem and what treatment needed. Thank You</p>	<p>HWell, to start with a comment I would like to say, that MRI is a diagnostic procedure, and it helps us to correlate the clinical symptoms with the pathology of the neural tissue. So, MRI is nowhere a true diagnosis but a diagnostic procedure. Without correlating with clinical symptoms commenting is not possible. As mentioned in the MRI, this sounds to be possible tuberculous/neurocysticercosis but needs a clinical examination and assessment for the symptoms.</p> <p>Also, due to aging, there will be ischemic/desalinating changes and which needs as said before a clinical correlation. A neurologist is the one to be visited and have a clinical examination done.</p> <p>Once done examination and correlation with MRI, the clinical provisional diagnosis will be made, and the symptomatic treatment will be started. Treatment will include - medication, physical therapy, and diet. If your mother has any other past medical history of High blood pressure of High blood glucose levels than that also will need attention to work out by the cardiologist and the planetologist. Any other underlying past medical history will also be considered and treated accordingly. I will advise going through the word by the neurologist based on the clinical examination. Hope I have answered your query. Let me know if I can assist you further. Take care Jay In .</p>

<p>To 104 since Monday night 10/27. Ended up in the ER Friday when it spiked to. 104.4. Received Iv. Very dehydrated . It back up today around 102 . Alternating tylenol and Motrin every 8 hours .Very sore throat , dry caught . Told by the ER doctors can not get antibiotics . This is miserable !!! How Long will this last ?? Should I worry about leukemia ?? Never had fever this high for this long</p>	<p>HelloSign degree fever may be due to these reasons, these include:1 Malaria, if resistant and not treated. So get in blood for slide for malarial parasite.2 Typhoid fever is common cause of high fever if associated with secondary infection as may be in your case (sore throat). Widal test and serology tests are for confirmation.3 Tuberculosis is another cause of such fever. Particularly fever is long duration and associated with cough.X-ray chest and blood for CBC, ESR are for lab tests beside if sputum present. However, there are so many other causes of high fever, as heat and humidity, secondary infection but don't worry leukemia is most uncommon cause of such fever. So in my opinion consult a primary care physician and get his opinion. Good luck.</p>
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<p>to get healthy sperm or semen. 2. To stop masturbating regularly. 3. To get a long time erection, so that I can have a long time intercourse with my partner.Also I request you to give food tips to maintain all the above listed points.Best Regards,RJ.</p>	<p>Thanks for query on . To produce healthy sperm requires good diet, nutritional supplements and avoid frequent masturbation. Frequent masturbation requires extra energy that's why you will feel generalized weakness and easy fatigue gradually. Try to avoid excessive masturbation by keep yourself busy with other activity like sports, music,friends, family. You have to spend more time in foreplay to get long time erection. Eat balance, protein rich diet. . Go for exercise regularly and start supplement to boost up general health.</p>
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<p>Today almost seven years later had another ejection fraction test done on the gallbladder and it was 9%. I also have severe sweating,burp a lot and have loose bowels. I had a normal abdominal ultrasound except for fatty infiltration throughout the liver. Liver measuring 16 cm. AP.I had no pain</p>

during ejection fraction test.Do you have any advice for me?	<p>HEjection fraction is used to measured functionality of heart. Chest pain with such low ejection fraction indicate cardiac problem and need consultation with internal medicine specialist.2)</p> <p>Continuous burping with chest pain suggest possibility of HERD. It requires consultation with medical gastroenterologist. It occurs due to irritation of esophagus from stomach content which moves upward due to weak esophagus-stomach junction. Sometimes it requires upper GI endoscopy also to confirm severity and extent of involvement.</p>
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<p>Today I have been in a lot of pain but then for the first time I have numbness in my left arm down to my pinkie and ring finger and numbness down my lower left leg and little toe. Then I just started feeling light headed and my teeth/gums feel numb?</p>	<p>Dear patient Your thoracic disc prolapse may lead to back pain and numbness in left side of lower limb and toe. But tingling and numbness in upper limb cannot be explained by disc prolapse in thoracic spine level. Are you having tingling and numbness in left side of body okay or its affecting all four limbs? If latter is the situation vitamin B12 deficiency may be responsible for your symptoms. This needs to be ruled out. I would advise testing for blood levels of vitamin B12 from reputed laboratory nearby you. Meanwhile, start tab regain plus vitamin B12 at bedtime for pain relief. You need to consult expert spine surgeon with report. All the best.</p>
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Today if feel heavy in my chest area and tired what should do?	<p>. You have not mentioned test that you have done . You are suffering from sudden left side chest pain which when comes remain for sometimes. Investigate with.-blood pressure measurement -2D echo -tread meal test If above normal then cardiac cause ruled out. Now for further work up investigate with spirometry for pulmonary function test. It will help in diagnosing obstructive or restrictive disease as well as severity of disease according to which you might have given bronchodilator . Avoid smoking . If all normal it could be simple muscular strain pain. Consult pulmonologist with keeping this in mind Take care</p>
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<p>Today in pregnancy test kit, result came as double red line (a red line for C and a red line for T). Is this positive for pregnancy? Actually yesterday is her date for periods, but this has also not occurred yet. What precautions should we take? We were planning to travel by car (nano) to native by tomorrow for about 8 hours journey. Is it advisable now to travel by car or should we cancel it? Also kindly advise her what to eat and what to avoid? Also how to take care of herself?</p>	<p>Hi. The (UPT Kit) urine pregnancy test kit with two red lines indicates a positive result and that she is at present pregnant. The confirmation for an intrauterine pregnancy can be further done with a transvaginal ultrasound scan. She should be placed on tablet Folic Acid hence and may be started on tablet Micronized Progesterone daily for pregnancy support. Travel by nano for eight hours in this early pregnancy is not advised at all. As the pregnancy is way too small and the bumps on roads and breaks while So, traveling by car is completely not advisable till at least 14-16 weeks of pregnancy.</p>
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<p>Tonsillitis or strept throat? He has he water, jello with fruit, Popsicles, Cheerios, crackers with peanut butter. Brushed his teeth & said his throat felt better after brushing. Solution?</p>	<p>For fever, we have a number of brands of Ibuprofen, Paracetamol available in India, if child vomited you can use rectal suppositories-adol-250 mg2. Your girl is very smart and pointed that after since she felt better. Solution? Rince gurgle with chlorhexidine 1:1 with water.3. Lozenge and Stalin 1 tablet 4 times for resolution4. Hot . Take steam inhalation when temperature is normal 6. Antihistamines- loratadine 1/2 tab 1 time for nightie she has white points on the tonsils, or she will not better she should start antibiotic-amoxiclave250 mg 3 times 6 days Best regards</p>
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<p>Took 2nd nitro and baby aspirin. Went to the hospital. EKG and blood work ok. Climbed 4 flights of</p>	
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stairs on Thursday. Felt winded tightness in chest. Pain in my right arm I thought from IV. Horrible pain in right side of my neck and felt faint. I kept walking and I was ok. Went for 3 mile walk w no problem. (Sunday). Tried to take a nap today after walk, couldn t. Got up and had tightness in chest, couldn t eat. Felt pain and numbness in both left and right arm w headache. Took 2 aspirin and played basketball w my son. I felt fine the rest of the day. I m very worried. Tomorrow is Monday and I have a stress test scheduled for Thursday.

Hello I have gone through your description. Your pain seems to be very typical of angina. ECG taken during an angina will show some changes, but sometimes it may be normal. That does not exclude a cardiac issue. To exclude a cardiac cause, you need to get a stress test done which you are scheduled on Thursday. So I agree with your doctors decision. In the meanwhile till you are done with your stress test, you should be on medications like aspirin, oral nitrates and cholesterol medications. Wishing you good healthRegards

total cholestrol is at213 and TGL at 98. Dr., I ma worried as i need to give my preemployment repeat test next week, Is tehre any quick releif for this problem. Kindly help as this is related to my career.

Hi . Nothing can be done quickly in medicine. I am not sure why is this test important for employment but ok. you should create it primarily by changing lifestyle and dietary habits .eat healthier food and lose weight, avoid alcohol, stress and smoking. If this is not helpful,you'll need certain medications such as statins. Also, these findings are hardly predictable, so it may periodically increase and decrease. Wish you good health. Regards

Total wbc = 3300/cmm (below the normal range of 4000 - 11000)2. polymorphs = 47% (below the normal range of 50 - 70)3. lymphocytes = 44% (above the normal range of 20 - 40)5. Polymorphs = 1551/cmm (below the normal range of 2000 - 7500)6. Monocytes = 165 / cmm (below the normal range of 200 - 1000)The film states :RBC - Normochromic normocyticWBC - Mildly reduced with mild neutropenia but morphologically normal.Impression - Mild leucopenia with mild neutropenials there any concern to my health? I have not experience any health issue for the past years and am rather careful with my diet. Appreciate your advise.

Hi, I have gone through your all reports. Your RBC is normal. Your WBC count is slightly reduced. Your neutrophil count is almost normal. If you don't have any health problem then no need to worry at all. Many people have this low count without any disease. It will become normal. You just need to repeat once after few time just be relaxed. If you have any symptoms then consult your physician. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

Tough recovery. Had low fever for almost 2 weeks. Possible kidney stone passing 11/26 - 11/29. 12/7 felt like uti coming on. Urinalysis 12/7 showed no infection. Now bloody tissue in urine. Another kidney stone? normal after gall bladder surgery?

Hi, dairy have gone through your question. You have blood in urine. It can be due to kidney stones or some mass lesion in urinary tract. You don't have urinary tract infection so no need to worry about that. It has no relation with gall bladder surgery. You should go for ultrasound kidney, ureter and bladder. Then you should take treatment accordingly. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

Transitional vertebra seen at lumbosacral junction with lumbarization of S1 vertebra, 2. Mild disc desiccation changes at all levels of in dorso lumbar spine 3. Subte diffuse posterior disc bulge & small posterior osteophytes seen at L4-L5 & L5-S1 causing thecal sac indentation without narrowing of bilateral exiting neural foramina. Please tell me if there is any thing serious. i am having pain in neck region and i can move my hands and legs with out any pain and able to carry on my day to day activities.

As mentioned MRI report doesn't seems problematic. But we doctors treat the patient not the

radiological findings. I would like you to suggest visiting neurosurgeon along with this MRI image so that he can correlate clinically and decide whether you need any further intervention or not. Till then do avoid heavy weight lifting, bike riding, climbing stairs. Hope this may help you. Let me know if anything is not clear. Thanks.

Treatment 1- Tablet Nexito forte + Toficalm 100 in morning and evening and Libotryp in night. Taken in two months duration.2. Treatment 2 - Tablet Nexito + Clonazepam 0.5 in morning and evening and Mirtazapine 15 mg in night- three months duration.3. Tablet Nexito forte + Pronol 10 mg in morning and evening and Prestiq 50 mg in night for 2.5 years.Please suggest which treatment should I take for my present condition as every treatment creates some problem. Which treatment has lower side effect? Please suggest as I want to get rid of my depression and anxiety completely and am unable to focus on my work. Please help.

As you have mentioned three different prescription in which Escitalopram and Clonazepam is common to all and rest are different Each

Treatment with the appropriate drug for this patient's infertility is begun. Which is the primary mechanism of action of this drug?

Inhibition of hypothalamic estrogen receptors

Trembling of Hands and legs. 2. Stalling of speech(Uncleared speech many times during talking) 3. Speaking out during sleep at night. 4.Sometime get forget what he was doing(example closing of water taps.) NB:No stroke or Brain Tumour detected in MRI Scan What is the possible diseases he has

Hi There are several possibilities for your fathers symptoms such as a PARKINSONISM problem as noted by his tremors in the hands and legs. Another possibility, however, that takes into account both the nocturnal vocalizations, tremoring, and forgetfulness could be something we refer to as LEWY BODY DEMENTIA. Usually, this entity gets much worse at nighttime or whenever lights in the patients' area/room are turned off. He will need laboratory testing done and a visit to a neurologist in my opinion. Hope I have answered your query. Let me know if I can assist you further. Take care .

Tried many natural (Dead Sea) and medical (Methotrexate) before going on Otezla 2 and a half years ago. It was miraculous! I returned to Mountain Biking, Tennis and other sports. About 6 months ago lesions started RE-appearing. Then pain and stiffness. I need some relief other than Ibuprofen. I am scared to go on Biologics. Any suggestions?

Treatment of skin lesions2. Treatment of joint disease. Joint involvement usually decreases as skin lesions are controlled. Primary line of joint treatment is disease modifying agents Like Sulfasalazine and Methotrexate which you have taken. If they are not giving relief next line of treatment is biological agents. They are very effective to control disease visit to rheumatologist is recommended. Hope I have answered your query. Let me know if I can assist you further.

Trying not to go on anti-depressants but to change diet etc. Lost husband in 2006 so think living on own is partly causing sad fearful feelings. Waking at 4am is the worst part when I start thinking and my mood gets worse and a weird prickly /tingly sensation creeps over the whole of my left side into my neck which worries me as I think it must be to do with my nerves. My eyesight has also deteriorated badly over last few months.

Hello . Thanks for your query. Your symptoms are indicative of an anxiety-related disorder. Anxiety can manifest itself with not only psychological symptoms, but with physical symptoms also. If you are having recurrent such symptoms or having difficulty managing your stress, then I would advise you consult a psychiatrist for a detailed psychological assessment and further treatment. There are effective treatment options - in the form of medication or counselling / psychotherapy which will

help you overcome your problems. Wish you all the best. -

twice ecg was taken, still the doctor insists for angiogram

No even if lead and v6 show some unspecified problem(u have not mentioned)angiography is not at all indicated echo cardiograph should be done to see the blood supply to heart walls and a treadmill test should be done to see the response of blood supply to exerciseangiography is never indicated in asymptomatic patients with mild changes in two lead sin case some ischemia is seen in TMT or 2d echo.stress thallium test should be done.if something is still reflected its indication of angiographydont worry get a 2d echo and treadmill test done thanks

Twice I have lost motor control below my waist. Legs wobble and feel useless. Coordination has been off a couple of times too. I am in need of an alignment, as my back has familiar pains upper and lower. What do you think?

You may consult a neurologist for work up. Cause of dizziness, numbness, tingling, motor weakness in lower limbs need exploration In meantime take methycobalamin and lyrics tabs 75 mg twice a day. Take physical therapy of back and legs. Some weight reduction with modified diet and exercises shall be helpful. Get serum Lipid profile also done. Bad cholesterol deposits does some impaired blood circulation often, with weight, it's possible.must rule out too Best wishes

Input	Output
Two in my neck, I had cancer 2005, had a Partial Radical vulvectomy on the left side (castration). I was able to keep my please help me. Removed 18 lymph nodes in left groin area, squamous cell Carson a. Thank you, Judy Ainsworth	Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. Q1 : Suggest treatment for herniated disc in lower back at L4-L5 level A1 : Herniated Disc at L4L5 Level requires Excision of the disc. This can be with Laminectomy or Endoscopy Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. In the future, for continuity of care, I encourage you to contact me directly in at http://ask
Units for absolute is x10E3/uL. I have asthma, diagnosed about three years ago, and just got over a sinus infection. The augmentin I was prescribed caused very severe diarrhea. I've been off antibiotics for about a week. How aggressive should I be in pursuing the high Eos count?	Eosinophil count is always high in allergies you have asthma sinusitis you must be taking medicines slowly and slowly other organs are involved with allergies your asthma sinuses were already there, and it involved abdomen also antibiotics are of no need in these cases for preventing the recurrence and involving other organs get allergy test done and go for immunotherapy to cure the allergy this will cure your sinuses asthma and prevent allergies from involving other parts just now I advise taking metro 200 mg beta Allegra 120 mg buscopan 2 SF mistake 7-10 days apply newsprint h eye ointment in nose band seawater .
until about 2 weeks ago i was straight but then i started thinking what if im a lesbian now im young and Ive always love guys but I keep over thinking it.2. How do i stop myself from over thinking the little things in life. For example if I feel like Im gonna throw up my brain will think about it so much it will convince me that i will throw up!HELP!!!1	Degree understand your concerns went through your details. I suggest you not to worry much. These are called obsessive thoughts. Brain (mind) is made for its own functions and its duty is to think. Therefore, you cannot stop it from thinking. But you definitely can control the way it thinks by diverting its attention to more demanding things. Creative thinking should help brain diverting. If you try to forcefully overcome obsessive thoughts, it will come back sometimes and disturb you more vehemently. Psychotherapy techniques should suit your requirement. If you require more of my help in this aspect, Please post a direct question to me in this URL. http://goo.gl/aYW2pR . Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.
Unusual Tiredness 2. Heightened Anxiety3. Low physical energy4. Unsteadiness when walking and walking slower than usual5. Occasional Twitch sensation in legs6. An episode of Blurred Vision 7. Momentary Brain Fog8. A sudden, unexpected fall, a short visual blackout and then an upset stomach Any idea as to what all this could mean?Much appreciated, thanks.	Vitamin B12 or D deficiency,2. Hypothyroidism,3. Low blood sugar or sodium4. Less blood flow to the brain, etc. I hope it helps. Please get back if you require any additional information. Best wishes, . Ly/
upon arousal that only intensifies if masturbates 2. a week before, during and after my menstrual cycle 3. if I sit for a prolonged time . When having sex and I do not have any of the 3 occurring I still have pain. I have started using Nuvaring which helped but now is not helping as much, I have to	

<p>lay down with heating pad to help the pain and ibuprofen . My OBGYN believes it to be endometriosis and is suggesting surgery, laparoscopy, can there be anything else</p>	<p>Hi forum. Thanks for calling . F. It appears to be vaginal infection, dysmenorrhoea, The infection is to be treated first if there is no complete relief you can go for operation. Pain after prolonged sitting may suggests one orthopedic problem. There may be infection of the sacroiliac joint, or pelvic inflammatory disease. I advise you to consult an orthopedic surgeon, for taking another opinion. You may have to go for M.R.I besides other routine tests for confirmation. Wishing for a quick recovery. Best regards.</p>
<p>Upper respiratory. Last appt, xray showed no pneumonia. Dr prescribed a round of prednisone and Zpak and an inhaler, in conjunction with an OTC exportant. Just finished the Rx s but still have significant shortness of breath. Pretty ok, as long as I dont talk much, or do much. Burning sensation in my chest and pain between my shoulder blades when it is at its worst. I am normally really healthy. What s wrong? Should I go back to the doctor again?</p>	<p>Thanks for your question completely understand your question first thing you need to do is quit smoking if you smoke. Consult a pulmonologist, he can request for a chest X-ray and a sputum examination if needed and a spirometry seems like bronchitis with lower resp / upper respiratory infection continue with the treatment and discuss the above-mentioned diagnostic modalities and if needed do discuss if there is a need to add inhalers thanks feel free to ask more questions may god bless you with good health</p>
<p>Urimax 0.4mg and second one is Zenflox-500 and Noculi Syrup.</p>	<p>If your present complaint is associated with frequency of urination or burning pain during urination then this may be most probably due to presence of infection in urinary tract. You do need a prescription of antibiotic for at least 3 weeks. Sometimes a post infection do also present with sucplaints. In that case culture & examination of prostate fluid can be of help for you. You should continue to have treatment as advised by your AIMS doctor. Hope this will help you. With best wishes.</p>
<p>Urin R/M/E 2. Urine for C/S 3. S.Creatinine 4. USG of KUB region+ MCC and PVR-2D. After getting the report i found 1st 3 were in normal range but the last one is not satisfactory. the reports shows :a) Mild Obstructive features in both kidneys. b)Hyperechoic mass in left adnexal region (? Ovarian dermoid) . I m too tensed. my doctor then suggested me abt CT scan of kidneys. but my concern is should i step forward to this big test just for this report? as far i know CIt scan is not good for health. then verbally i consult with a doctor he suggested abt IVU test. u can see that i have ovarian prblm also. Please give me a right suggestion.</p>	<p>HelloYour findings need further investigations. You are rightly advised for CT scan or MVP. Findings suggests mild obstruction inn both kidneys and ultrasound may not be always able to detect underlying cause of obstruction. Obstruction may be due to many reasons like mild stricture etc. CT scan or MVP will be helpful in further management. You may only need follow-up ultrasound for Desmond cyst in ovary. It is a benign finding and small Desmond may regress with time. It is usually not a serious finding. Get well soon. Take Care .</p>
<p>urinarybladder wall is slightly thickened by 5.2mm. Two days earlier he is having this problem. wanted to know abt it and any precautions.</p>	<p>HelloYour husbands findings suggests mildly enlarged prostate with thickening of urinary bladder. Thickened urinary bladder may be due to enlarged prostate. He may need proper clinical examination and investigations. Investigation includes routine hologram, random blood sugar, urine RE/ME. He may need PSA(prostate specific antigen)after evaluation. Enlarged prostate is managed by both conservative and by surgery. Since he has mild enlargement he may only need medicines and follow up. He may need medicines like 5-alpha reductase inhibitors(finasteride) or</p>

	alpha blockers. It needs evaluation by a urologist. Get well soon. Take Care .
<p>Very small amount of blood in urine. I have been on anti-biotics for a month and nothing is helping.</p> <p>First they put me on Bactrim, then Cipro. Negative on STDs. They did a ultra sound for kidney stones-negative. They now want to do a MRI for herniated disk? Does that make sense?</p>	<p>Hi, Basically, all your tests and terms of the urinary tract infection and the prostate are all normal nearby I think your urologist has cleared you stating that your pain is non-urologic in nature. Next step would be to check for a low back pain caused by the musculoskeletal organs or the spine that is the reason why MRI is being requested for you. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>Vital signs are within normal limits. Her weight is 97.0 kg (213.8 lb) and height is 157 cm (5 ft 2 in).</p> <p>Physical examination shows excessive hair growth on the patient's face, back, linea alba region, and on the hips. There is also a gray-brown skin discoloration on the posterior neck. An abdominal ultrasound shows multiple peripheral cysts in both ovaries. Which cells played a direct role in the development of this patient's excessive hair growth?</p>	<p>Ovarian theca cells</p>
<p>Vital signs are within normal limits. On lung auscultation, there are mild bibasilar crackles. A plain x-ray of the chest shows bilateral ground-glass opacities at the lung bases and bilateral calcified pleural plaques. Which is the greatest risk factor for this patient's current condition?</p>	<p>Occupational exposure</p>
<p>volume : 3.0 ml 2. Liquefaction: completely liquefied 3. sperm Count : 120Million/ml 4. sperm motility: actively motile 70% feebly motile10% non motile 20% (motility within one our of ejaculation). 5. Morphology: 10% Sperm abnormal: (abnormality of head/body/tail) 6.other Cell: a. leukocytes : 2-3 b. epithelial cells : 0-2 /HPF C. RBC/Germ Cells: absent 7. sperm Clumping: absent 8. Fructose: Present comments: Normozoospermia</p>	<p>Hello dear, I read and understand your concern. This is absolute normal report of the semen analysis. Every parameter you have mentioned is normal in your report. With this report you can become father very easily if the seem meets the ovum directly. In the comment it is mentioned necrozoospermia which means it is normal semen reports. I will be happy to answer your further concern onThank you, Infectious diseases specialist, .</p>
<p>Volume is 4 ml. 2. Color is pearly. 3. Viscosity is fluid. 4. ph is 8.5. 5. Sperm concentration is 62.6 * 1000000/ml. 6. Total spermatozoa: 250.2 * 1000000.</p>	<p>H forum. I have gone through the reports. Your counts are fine with motility more than 30 % and immotile less than 10. Ideally, the counts more than 15 million are considered adequate as per WHO standard now, earlier it was 50 million. Also, there is no evidence of any infection as leucocytes are less than one. So broadly speaking, there is no male factor infertility, and you are fine to try to plan a child naturally.</p>
<p>Vomiting at the time of eating. I contacted the concerned surgeon but he does not find any unusual.</p> <p>Her stool and urine are normal. Can u guess what may be the cause ?</p>	<p>Hi ! Good evening. If I were your doctor, I would have advised her routine/microscopic and culture sensitivity test and an ultrasound abdomen for your daughter. The fever could be due to a silent asymptomatic UTI (urinary tract infection). As she is not married, we possibly could rule out a PID (Pelvic inflammatory disease). Further management would depend on the investigation reports. I hope this information would help you in discussing with your family physician/treating doctor in further management of your problem. Please do not hesitate to ask in case of any further doubts. Thanks for choosing to clear doubts on your health problems. Wishing you an early recovery. .</p>

<p>Was just wondering. I was recently diagnosed with hives on certain parts of my body such as fingers, arms, belly, back of my body etc. My dermatologist did a bio-lab test to find out what it was.</p> <p>It came back to be hives. So I guess I have had hives all of my life. Moving on. Now: Can hives spread to head of penis (cause blisters on that area) and or cause strep-throat? Are those two even related to the hives problem or is it something else such an STD infection? Yes, I m sexually active and I m very concerned about it. Note: My physician run blood tests on me to check for any STD infection and or HIV. Results come back negative all the time but those little red spots/blisters on the head of my penis come and go back from time to time and the strep-throat problem does the same even after taking antibiotics. (AMOXICILLIN 875MG) Plz. I need a second opinion or advice.</p> <p>I would really appreciate your help. Anybody. Thanks Mark.</p>	<p>Hyes that condition is associated with Lyme disease. When you have Lyme disease for a long time your immunity tends to . This would lead to other opportunistic infections also. Those multiple infections of bugs would cause this black specks like pigmentation occurring whole body. You haven't mentioned other symptoms. Fatigue, depression, body aches and pains, watery eyes etc.</p> <p>This condition can be treated but length of</p>
<p>Was that right or did my fertile period start after the egg whites? I also still have ovulation discomfort. I am just confused on how to tell best when the egg is realised?</p>	<p>Hi, To know exactly when ovulation has occurred is a little difficult. You can predict it happening within 12 hours with a basal body temperature chart while ovulation kits can predict within 30 hours. Ovulation is usually associated with watery discharge. In a regular cycle, ovulation correspond to the 14th day before the onset of the next period, i.e., it occurs on the 14th day in a 28-day cycle and on the 16th day in a 30-day cycle. Intercourse should take place at least on alternate days during the fertile period. Hope this helps.</p>
<p>Washing her hand every minutes while cooking food. 2. To Soak the hands she needs a new washed clothes each time. 3. Changing Home Dress twice a day. 4. Doesn t touch her inner washed Clothes after Bath. 5. Taking too much care of Cleanliness while having relation. Please tell me this is unusual or not . When Step should I have to take for this.</p>	<p>Hi, Your above symptoms indicate presence of obsessive compulsive disorder (OCD) in your wife. For management, you should visit psychiatrist. Usually in treatment medicines and CBT are used. Till you take specialist consultation aerobic exercise, breathing exercise, healthy diet and yoga will help her. It is better to take consultation early as untreated case may lead to depression. I hope this information has been both informative and helpful for you. Wish you Good Health.</p>
<p>We are planning to have a baby. So is it possible during the said days.Thank you and looking forward for the reply.Have a good day</p>	<p>Hi Thanks to writing to us. If you have regular cycle of 28-32 days duration, then you have quite chance of being pregnant as you have involved in unprotected sex during your fertile days (Jan 13 to Jan 22). However, chance of pregnancy per cycle is 20-25%. You should try for at least 6 months before going to investigation of infertility. You can use ovulation prediction kit (LH kit) in the middle of cycle to predict ovulation and prepare for that day. It will be more helpful. Take folic acid and vitamin supplements for 3 months. Good luck.</p>
<p>We are really worried. What is the best treatment.</p>	<p>Hi there. The platelet level is really low, and your mom is elderly - I strongly recommend that you immediately take her to the nearest hospital for treatment. You need to understand that there is no cure for dengue infection - treatment given at the hospital is supportive through rely . Should platelet levels dip too low -platelets may be transfused to prevent internal bleeding. It is very necessary that you take your Mother to hospital ASAP.</p>

Input	Output
<p>We are trying to conceive from the last 1 year , my husband has oligospermia & hence doctor has advised for IUI. In the beginning of cycle I was given Clomid 50mg from 2nd day of period to 7th day but i could not conceive.Hence we are trying for IUI this month & doctor has given Sitrocin D 75 mg?What are the chances of conceiving</p>	<p>Hi and thank you so much for this query. I am so sorry to hear about this difficulty conceiving. The chances are obviously better than without GUI. No one can tell for sure whether you would get pregnant or not. It is for sure a game of chance and couples without any difficulties are not guaranteed a pregnancy each time they attempt to. My advice would be to exercise patience and optimism hoping that something nice happens sooner than later. Only when you would be pregnant that we can confidently say so and not otherwise. I hope this ad . Feel free to ask for clarifications and more information if need be. I wish you well. Thanks for utilizing our services, we very much appreciate it.</p>
<p>We been having unprotected sex for about 5 years and I haven t got pregnant yet. Thought if I would get pregnant if would of done happen. Well my question is what could be wrong.? I have a app on my phone that helps me with ovulation. Just had app for about 2-3 weeks. We haven t been to Dr can t really afford it. We going to buy one of them at home test for him. Is there anything we can take or do to help us a lil? Please help</p>	<p>Hi, I think you should go for evaluation first. Do a thyroid profile and prolactin levels and an ultrasound for your uterus and ovaries. Also, a semen analysis of your husband should be done. If everything is fine, you can take some medicines for growth of your follicles and track your follicles' growth by repeated ultrasound. When follicles reach a size more than 17 to 18 mm, take injection for rupturing the follicles. Be in contact with your husband every 2 to 3 days after your periods stop. Take progesterone for next 2 weeks after the ovulation. Do a urine pregnancy test at home after that. You can try like that for 3 months. Hope this helps. Regards .</p>
<p>we called doctor and gave medicine today his temperature is down but is shows 95-96 whether this temp is OK or not ? do we need to give him some warm up .and need to increase a temperature because when i checked on internet lots of sites shows that normal I temperature is 97 for 10 month baby . kindly assist</p>	<p>Hi.nothing to worry about a temperature of 95-96 while recovering from viral illness. The danger signs of lower temperature include - skin mottling, low urine output, fast breathing, seizures, skin rash etc. If these are not there you need not worry. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness. Regards -</p>
<p>We didn t have oral sex, but we somehow managed to transfer it to my vagina. As he was apologizing to me he promised that it would be the first and the last time that it broke out there and would later appear as less painful cold sores. Is that true? Also, how long will the pain/discomfort last? What are some ways to lessen the pain and/or shorten the effects?</p>	<p>Hi I understand your concern. I suggest you herpes is usually very painful condition it will never be a pain less. Secondly you can take acyclovir as prophylaxis. Calamine lotion will relieve you by giving relieve from pain. For severe pain you can. Take tramadol also. I will be happy to answer your further concerned can contact me. . Infectious disease specialist. Thank you.</p>
<p>we had an unprotected foreplaying (No sex) , he ejaculated so we re afraid if my labia touched his sperm or not. I should mention that I am still virgin and had no sex before. I also took a shower immediately and used Plan B after 2-3 hours. as I was so stressful and afraid that the stress delays</p>	

my period, I started to drink Saffron tea and Cinnamon tea, two weeks before my next period and I only drank 1 or maybe 2 cups a day. because I d heard these can make the period come. I got my period on time on October 1st with a normal flow as the same as before. I did the home pregnancy test a week after my period finished and It was negative. I started to drink those teas again 2 weeks before my next period. I m afraid if these teas can cause a fake period!! I got my period on November 1st. I feel the blood was changed to dark-color on 4-6th day of my period. I also should mention that I had a white or grayish jelly-like vaginal discharge with itching which was increased right after my period ended. I did hpt again on November 14 and it was negative. even it seems I have pretty much zero chance of being pregnant but I am still anxious. google search results said some women confuse the irregular bleeding during pregnancy for their period and the irregular bleeding can come even right around the time you are expecting for your normal period. or the other point was that some women had even 6 negative blood test before the finally had a positive cause some women do not carry enough hormones to detect till later. so I can not trust even on blood test!!! could you please let me know what I need to do right now and how I can be sure if I am not pregnant, before I miss the time for abortion!!! I I get my next period on time, can I still be pregnant after 3 normal and on time period?!!! I m looking forward your answer.Thank you in advance.

Hello there I have read through your question and would like to tell you that you are not pregnant. Firstly you didn't have an intercourse and that itself makes it unlikely for you to be pregnant. Secondly you had a plan B and got your periods after that whicpletely erases all the chances of you being pregnant. You already had three cycles after that and irregular bleeding during pregnancy does not involve Frank bleeding. I would advise you to relax and stop stressing about this as you are not pregnant. I hope that answers your question. If you have any further questions please feel free to write.

We had four growth ultrasounds, but no one reported anything else wrong with the baby. I am scared that they did not look well enough. Now we are moving to a different state and the doctor there said that they would have done additional screenings (amniocentesis, talk to a specialist for cysts), but that it is too late now to change anything. She said two cysts (one on each side) are more characteristic of Down syndrome. I have pictures that they gave me from the ultrasounds. Is there anything specific that I can look for on those ultrasound pictures that would indicate trisomy 18 and 21?

H forum. I was able to see the images and reports. (attachment removed to protect patient identity). Apart from the cysts they have not reported any frank worrying features. The nasal bone and face profile images are not very clear. In Down's, the nasal bone may be absent or hypoplastic. The other direct features associated with Down's are hypertelorism or widely spaced eyes which is not seen in your scans. There is no neck fold thickening. Therefore at this stage of pregnancy, I would ask you not to stress out. Just make sure that on your next scan the sonographer is aware of the choroid plexus cysts finding and includes cardiac evaluation and facial evaluation in detail. Take care.

We have checked family history & no one has this horrible disease. Im so sorry, will wait till monday when we see the dr. I didnt relize I had to pay. Happy Easter to you & yours.

Thanks for posting on . Wishing you a Happy Easter. Blood sugars below 40 mg/DL indicates hypoglycemia that is low blood sugar although less than 70 mg/DL is considered by some standards as the cutoff. If symptoms are present, I will consider even 63 as hypoglycemic. Symptoms to look out for are:* Shakiness* Nervousness or anxiety* Sweating, chills and clamminess* Irritability or impatience* Confusion, including delirium* Rapid/fast heartbeat* LigHi Theadedness or dizziness* Hunger and nausea* Sleepiness* Blurred/impaired vision* Tingling or

numbness in the lips or tongue* Headaches* Weakness or fatigue* Anger, stubbornness, or sadness* Lack of coordination* Nightmares or crying out during sleep* Seizures*

UnconsciousnessHypglycemia can occur in a child with diabetes type 1 on insulin, and you should be aware of the symptoms and need to intervene immediately in case you see the symptoms. In case of hypoglycemia you need to take 15-20 grams of glucose or simple carboy . Hope that helps.

Feel free to revert in case of further queries if any.

We have consulted with many doctor s of neurologist & neurosurgeon. Doctor advice to take syndropa, pacitane & many other medicine.but she is not getting recover. Her conditions going day by day down. Now she feel whole body with pain. Its a high level of pain. Please sir suggest me what to do.

The complaint of pain is uncommon in PD. we need to evaluate in terms of kind, site involved, severity, and duration of it. The pain could be due to a cerebral condition, or involvement of nerve, etc. Brain imaging investigation could be required. It is suggested that you discuss this attests with your treating consultant. PD has poor prognosis therefore It's rare to obtain satisfactory improvement in it. Regards

We have planned for family planning. but last Saturday we have enjoy the sex but not intercourse only touch vagina & penis. We have dont take any precautions. Then my semen fluid comes out from penis & drop far away from vagina. I dont want pregnancy. & also enjoy the Oral sex. I swallow the vaginal fluid. She has also enjoy the oral sex. Is it chance for pregnancy. please suggest. we dont want the same. & also suggest the any tablet or precautions for future sex life. Kindly do the needful.

Hi, Thanks for writing to us. The chances of pregnancy are very rare with such type of sexual activity as you mentioned, but precaution is always important if you want to avoid pregnancy. You should consult a gynecologist for future planning to avoid pregnancy. She can take oral contraceptive pills for family planning. If she overdue her period only then you go for urine pregnancy test. Good luck. Regards

we intercourse in the ovulation time of May. but we cannot make a pregnent. she had regular periord in that month .please give me the reason. we worried about.

Hello exhibits just only 4 months you had passed after marriage so need not worry at all but yes age factor always matters as its 35, so pregnancy will be a little complicated, but periods are normal so chances of conceiving is very good hope you know well about the ovulation time between 10 and 20 TH day every alternate day you should do intercourse in order to increase the chances of conceiving follow this method and see for 2-3 months and no result with this also then go for semen analysis and ovulatory studies first and consult any of OBEY all the best hope you got your query solved for more queries visit - www.homeoutocmail- . Comcall- +91 98254 44736

we intercourse in the ovulation time of May. but we cannot make a pregnent. she had regular periord in that month.On June she noticed one or two day she ovulate. So we cannot under stand the correct day of ovuation. On july she had period 2 days late. Yesterday she told me she is ovulating.Please give me the correct date for intercoure for get pregnant .

it seems you are not staying together and facing difficulty to come and have intercourse if you are staying together practice regular sex on alternate day, and you will catch the ovulation day by the way how your wife decides which day she is ovulating ovulation usually occur 14th day prior from the expected date of period .it means if she does not get pregnancy she will have period on 14th day from the date of ovulation regular sex in mid-cycle period will help getting pregnant for pregnancy to occur you should have normal semen and your wife should have patent tubes and ovulation and then there may be the chance of pregnancy

We need consultation for the diet.The patient is insisting on taking a small quantity of rice for lunch.

Also, how to make the medicine and diet proper during fasting months, where we usually take a

good meal at 3:30 AM (early morning) and strict fasting till 6:00 PM.

Hi forum. In case her sugars are in control, there is no harm in giving her a little rice. I would recommend you buy a glucometer for her so that you can monitor her sugars at all times. Meet your local doctor, so that he can advise you on how to manage the dosages at the different sugar levels. This would come in handy during fasting as well. Because, in the case when your mother is not eating anything, not even water, that means she will not be able to take her medicines as well. So, you would have to check her sugars during that period and analyze if she can take her medications or not. You would have to understand she would not be able to eat high-calorie food like the others when you break your fast. However, you can try and reverse her daily cycle in those days, and she can eat her dinner and breakfast and take her medicines accordingly to her sugar levels.

We tried to get me pregnant about 2 months but no success till my husband left to work abroad. He came back and we tried but still no success. I am a 33 days cycle and I menstruate every month. We consulted an obgyn she put me on ovamit for 5 days. Hubby's sperm count is normal. Do I have the ability to conceive? And if there is a possibility to menstruate but no ovulation at all? Help!

Thanks

Hi, Not getting pregnant within two months of regular contact is not a big thing to be worried. If you are not able to conceive even after 6 months of regular contact then you need to go for investigations. It is possible to have occasional ovulatory cycles in spite of you having regular periods. The frequency of sex during these two months also matters. Ultrasound examination for follicular study during the expected ovulatory period will reveal the presence of ovulation. Other factors like tubal block, cervical factors, Congenital anomalies, hormonal factors and immunological factors are to be investigated to find out the causes for infertility if you have not conceived even after 6 months. Wish you best of luck.Morgan

We want a child now and have been trying for the same. I have gone thru the sperm test after which the doctor has prescribed me to have Carnisure 500, Evion 400 and Speman tablets .

Looking at the age that we both are at, is it still possible to have a baby. We are not very comfortable with the idea of IVF, as it sounds very complex and at the same time very expensive.

Please let me know if Carnisure 500 and Speman tablets have any side effects and how long should one have these medicines. Thank you.

HelloThanks for your query, based on the facts that you have posted it appears that you have what is termed as Oligospermia meaning there by your sperm count is low as compared to WHO standards to impregnate your wife. You have been prescribed Carnisure 500, Evion 400 and It E to increase your sperm count. Truly speaking there are no medicines that have been proved scientifically effective to increase the sperm count. Following measure will help you to increase the sperm count to some extent. Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking. Though you are 41 years of age there is no reason why you should not impregnate your wife provided your sperm count and motility reaches to normal values. .

We wanted to have a baby, so we tried for it for almost 8 months after 1 year of our marriage. After 6 months, my wife stopped her period and after going to doc, it turned out to be just amenorrhea but not pregnancy, doctor started her on folic acid and started follicular scanning for 2 months and still did not conceive and for the third month, doc asked me to undergo male fertility test and the result

was azoospermia , I was shocked to see the result and then I approached fertility specialist, who suggested another male infertility test and the result was again the same and he asked me to do to 2 more tests, karyotyping and male Y deletion tests, which were both negative without any problem. After a week of these results, I was diagnosed as tuberculosis lymphadenitis. For the first 2 months, I was on AKT4 tablets and streptomycin injections 3 injections weekly for 2 months. Now, I am on AKT3 for the third month and doc has prescribed to take it for another 6 months. After I saw the answer give by one of doc in this forum, I see that TB is the cause of my azoospermia. Should I wait for this AKT3 tablets to be finished and then try for baby or just go for IUI . PLs reply me..

Treatment with anti-tubercular . 2. Reconstructive surgery followed by assisted reproductive techniques like CSI, MESA, TEST. In the majority of cases, the presentation is late and antitubercular therapy does not improve the fertility status. Infertility here usually results from anatomic obstruction. What I recommend is to repeat your semen analysis since you have already taken AKT for 2 months. If semen analysis shows azoospermia, Go on for assisted reproductive techniques like CSI, TESA, MESA. Continue AKT for 6 months to treat primary tubercular infection. Hope this helps, regard,

Weight Gain and Water retention in body leading to a bloated look 2. Lack of focus 3. Weakening of eyesight and hearing loss 4. Hair loss 5. Nausea and slight loss in body balance 6. Loss of memory Do I have to take this medicine all life long?? How can I reduce these sideeffects.

HAs you know that Valarie and Lame have been prescribed to you because you suffer from epilepsy. A doctor decides the dose of a medicine based on your symptoms and that is why the dose of both the medicines have been increased. Let me tell you that every medicine has its side effects, but a doctor always weighs the advantages and disadvantages of the medicine before prescribing it. As you are suffering from Epilepsy which can be life-threatening, the medicines are much more important than the side effects. You will have to bear with the bad effects of the medicine as of now, but it is also true that the dose may be decreased in the future. Do not worry, management of epilepsy is primarily important. Hope I have answered your query. Let me know if I can assist you further.

weight is 39 klg. i used to have heartburn and i m allergic to chicken and fish. i don t know what causes the twitching of my upper right lip. can you please help me. i am just worried. im expose to computer everyday, 8 hrs. a day. is this one of the cause? thanks

Hi, Thank Muscle twitching are fairly common, and are often related to stress or excess work load. They are referred to as benign articulations. In your case, it may be related to excess work or less sleep. Most often, they are harmless and subside with rest. As of now, you do not require consulting any doctor. However, if the symptoms persist for long time, you should consult a neurologist. Best wishes, .

Well I just turned 54 and am very overweight but have been trying to eat better over the last few years. I have type 2 diabetes.not good but well controlled with meds. I take nexium in the morning for reflux and zantac at night. I am pretty sure I get palpations from time to time and was in the hospital for SVTs in 2008. No problems since then. I noticed in my 30s that I was experiencing PVCs but no problems. Had echo with no adverse dx. Should I be concerned and if so where should I start.

Hello thanks for asking from You have lost your husband and this was a serious trauma to you. The symptoms like epigastric flutters, anxiety, fear etc. could be occurring due to anxiety. You are on antacids for epigastric discomfort still the symptoms are persisting. I would advise you to visit a psychiatrist for evaluation. Also get your ECG done to rule out any cardiac problem. SVT or PVC can get aggravated in anxiety also and may present even with anxiety as chief presentation. For

anxiety symptoms medicines like low dose benzodiazepines can help like you are already taking Valium on SOS basis. For proper treatment of anxiety medicines like SSRIs as Sertraline can be used. The .

Went for 2 years not needing any medication. I don't like being on medication. The Lisinopril seems to make me tired. Would Amlodipine be a better choice? Can I get my blood pressure within an acceptable range without meds?

Hi, Yes, you can change Lisinopril with Amlodipine if you were better on Amlodipine. Amlodipine has a side effect that it sometimes can cause leg swelling. So keep that in mind. Rest eats less salt and junk food, do regular exercise daily for at least 30 minutes. By doing this dose of antihypertensives can gradually be reduced and might be taken off. Hope I have answered your query. Let me know if I can assist you further.

Wet mount exam shows a quarter of her vaginal epithelial cells are covered with small coccobacilli. Which is the most appropriate next step in management?

Treat the patient with metronidazole

Input	Output
What are all tests are suggested for psoriasis to find out whether it is hereditary or not. 2. How best can this be approached for treatment.	<p>Topical creams, lotions, and ointments applied directly to affected areas. These include moisturizers, corticosteroids(dexamethasone) and vitamin D creams, and shampoos made with salicylic acid or coal tar.2. Light therapy (phototherapy) uses ultraviolet light to treat the psoriasis symptoms. I usually recommend brief daily exposure to the sun, visiting of sea beach, but too much sunlight can make psoriasis worse. In severe cases you can try laser therapy.3. Oral or injected medications are used to treat severe psoriasis or psoriasis that resists other treatments. They include pills, shots, and medicines given intravenously (Calcium gluconate and others). I suggest you to consult a dermatologist. Psoriasis is not genetic disease. Hope this answers your question.</p> <p>If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing your nephew good health.</p>
What are all the advisable indian(tamil) food i can have? How long i need to follow this? I m a non-veg eater and love to eat snacks as well. Any advice from you that i m starving of these non-veg and snacks for a week itself?	<p>Hello! Thank you for the query. This is not early stage of jaundice! There is no diet to treat it. There is nothing you can do by yourself. It is strongly advisable for you to get medical help. Your liver tests are very bad and can be life-threatening. Such liver tests results can be caused by viral infection, bile ducts blockage, liver cirrhosis, liver cancer. You should have abdominal ultrasound, GGT and AP blood tests, amylase in urine and blood, HAD, HBV, HCV tests. Do not neglect it and get medical help as soon as possible. Hope this will help. Regards.</p>
What are my treatment options?	<p>Hi, Thank you for posting your query. It is unfortunate that you have developed symptoms due to foraminal stenosis at another level (other than the operated levels). The initial options include use of neuropathic pain medications such as pregabalin or gabapentin, and physiotherapy. There are good chances that you would improve with these measures. In some cases, epidural injections may be required. Please get back if you require any additional information. Best wishes, .</p>
What are the causes of fatty liver? 2. What are the external symptoms of fatty liver ? 3. What does Fatty liver grade 3 lead to ? 4. Is there any cure for the disease ? 5. What is the line of medication ? 6. Is there any dos & donts ?	<p>Hello USG findings indicate fatty changes in liver. Most commonly it is due to obesity and sedentary life. It is also related to alcohol intake etc. I suggest investigations like routine hologram, Random blood sugar(RBS), Liver function test(LFT), Lipid profile, Renal function test(RFT) to my patients. You should try to lose your weight as you are overweight. Fatty liver is a reversible condition, and it can be reversed by diet and lifestyle changes. You may need some medicines after full investigations. It may take 6-8 months to reverse the findings. You should be active in your daily life. You should avoid red meat and high fat milk products. Cook food in olive or canola oil. You should also avoid fried and junk food. Take a lot of fruits and vegetables and increase your physical activity in the form of walking and exercise. Take Care .</p>
What are the chances of kissing my partner causing STD and should I avoid this? 2. I heard that a person can get herpes just through skin contact. Is this true and if so, what precautions can be taken for this? 3. Is there any vaccine I should take for herpes, hepatitis A and hepatitis B? 4. I do not use a lubricant, but use lubricated condoms. Is this the correct thing to do? 5. Can I try anal sex with my girlfriend. Is it safe? 6. Is it better to wash the penis immediately after intercourse to reduce	

the risk of STDs or should I just wipe the penis with a dry cloth after taking out the condom?	<p>Kissing can spread some diseases only if the other partner is infected .These diseases spread through saliva . There are so many diseases which spread through kissing like mononucleosis, certain kind of viral infections and sore throat and some other. I guess you are much concerned about STDs (Sexually Transmitted Diseases). HIV is present in saliva but till now no HIV case had been reported through kissing. But hepatitis B cases are reported and well documented and hepatitis A & C as well, so here I will advise you not to kiss women about whom you are not aware of their health status. 2. Herpes viruses are of many types and can spread through skin contact also. Here I think you are concerned with genital herpes virus which causes STD. This usually spreads via sexual intercourse but can also spread through body fluids like blood, saliva, oral sex (without a condom) if your partner is infected. 3. No, there is no vaccine available for herpes. But you must get hepatitis B vaccination done as it is a fatal disease. 4. If you are using lubricated condoms then no need to use a lubricant unless your partner is not comfortable without a lubricant. 5. Anal sex is usually not advisable as it can cause intense pain and injury inside your partner's anus and not safe for her. But if you insist and want to do, then apply a lubricating gel and can do at your own risk. 6. Washing genital organs after having sex is advisable. Take care.</p>
What are the chances of my getting pregnant? All test including HSA is normal!	<p>Hi, chance to conceive in one cycle with help of medicines is 7 to 10 percent only even if everything is fine. So, you need to try at least 6 cycles to get the maximum chance of pregnancy. Take phaeon as prescribed and do a urine pregnancy test after stopping the phaeon. You may not get your periods immediately after stopping phaeon. It may take 1 to 2 weeks time for periods to come. Hope I have answered your question. Regards .</p>
What are the dangerous effects of restrictive dieting?2. What vitamins help the people in losing weight?3. How the basal metabolism rate (BMR) connects with weight gain or loss?Kindly help.	<p>H forum. Side effects of restrictive dieting may include more cravings for food and overeating, lower metabolism rate, bone density can also decrease, intestinal health may also get affected adversely. Vitamin B complex helps in reducing the weight because it maintains our normal metabolism. Basal metabolic rate (BMR) is the amount of energy our body requires for normal functioning at rest. If a person has low BMR due to underlying health issue like hypothyroidism, then it may lead to weight gain because the body is not producing proper energy and the calorie-burning is lower. However, our diet, lifestyle, and exercise also affect BMR.</p>
what are the harm of masterbating.? 2. how to prevent this bad habit? 3. and how to improve sex power.	<p>Hello dear, I read and understand your concern. There are many false beliefs regarding the masturbation. Masturbation is not the bad habit, nor you face any problem with it. Masturbation never affects health of anybody. It also never affects the sperm count any way. But you can take the count done to relax your mind. But I assure you that masturbation never affect sperm count in any way. It is very common methods performed by many people in the days today life. You can marry without tension you won't be affected by this practice anymore. If you do not masturbate than you will receive the sweet . So enjoy your premarital period and do not worry. I will be happy to answer your further concern on</p>
what are the odds that she was affected by Kallmann Syndrome ? what is the meaning of size of her head? her front fontanel is still open . thanks	<p>Allman syn . Clinically, it is characterized by its association with anemia or hyperosmia 85% of the cases are autosomal. The X-linked form (KAL is caused by mutations of the KAL1 gene at Xp22.3. This leads to failure of olfactory axons and GnRH-expressing neurons to migrate from their common origin in the olfactory place to the brain. The KAL gene product anosmin-1, an</p>

extracellular 95 DA matrix glycoprotein, facilitates neuronal growth and migration. The KAL gene is also expressed in various parts of the brain, facial mesenchyme, and mesonephros and metaphors, thus explaining some associated findings in patients with Allman syn

What are two possible respiratory conditions he may have? 2. Which two processes are causing the most problems in the case? Hope you can help me for my assignments I m a nursing student.
Thank you very much! Kim

I really appreciate your concern for the patient, you have stated the age and gender of the patient it is surprising that being a student such important information you missed here without this how can it to be answered, you have asked the academic question and of course this needs full information for whom you are talking about male or female young or old or pediatric patients because clinical condition varies in these all, better give the complete information, take care.

What can be the cause? I have had a skin condition (rash) since the age of 4. Please help with info.

Hi, dear. I have gone through your question. You have persistent neutropenia. There are many causes of low WBC count. Even simple viral infection, malaria, typhoid can lead to this. Bone marrow suppression also cause that. Consult physician and search for the cause. If you find the cause then take treatment accordingly. Otherwise, go for the bone marrow examination to search the cause. Then take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

What can i do to keep it the way i used to have it at 134/77/79. That s where I feel good.

Blood pressure variation is seen commonly. You are having a mild variation. Diurnal fluctuations and day to day fluctuations are commonly seen.2. The variation is seen due to position, stress, medication and hormonal changes. 3. If the blood pressure falls below 90/60, then only it is worrisome. Not to worry now.4. If you have any dizziness, move slowly during change in posture. Take plenty of water. Hope it helps. Any further queries, happy to help again

What causes acne scarring? 2. What ingredients should people be looking for to diminish them (In the products they use)? 3. Is scarring more difficult to get rid of on darker skin tones? If so, please explain why. 4. Is it possible to achieve complete removal of this without getting something like a chemical peel? 5. How effective are peels and other cosmetic procedures for this issue? Which procedures would you say are the most effective? 6. For people who do not want to undergo a cosmetic procedure, what are some things they can do on their own to help? Sunscreen? 7. Is there any way to prevent scarring from occurring? If so, please explain.

During severe active acne, inflammatory process leads to scarring if it is not properly treated or treated late during course of acne. So treatment of acne is very important both early and according to recommendations. Because inflammation leads to destruction of collagen fibres in skin, resulting in scar formation. 2. People should use products that contain collagen, hyaluronic acid, elastin (the natural ingredients present in our skin and maintain its contour and give it even surface). 3. Scarring can be more difficult to treat in darker skin type because of heavy melanin pigmentation present naturally in their skin which also take part in inflammatory process occurring during acne. 4. Once scarring occur, it is not possible that it get improved on its own or without any treatment. Different options available for scars are topical gels and chemical peeling. Apart from that Co2 fractional laser is also available to get rid of it. 5. Chemical peeling is a method by which skin is stimulated to produce more collagen and making the skin scar free and improving its texture. The more effective treatment is fractional laser that helps in stimulating fibroblasts, increasing collagen production and improving acne scars. 6. People can use topical gels containing collagen if they do not want to undergo procedures. Sunscreen do not have much role to play. 7. For prevention of

scarring, early and proper treatment of acne is needed. Oral Retinoids are recommended to prevent scarring.

What causes blood clots in the lung? He has never smoked./2. Why is surgery not an option?3.

What type of treatments are available?4. Are any of the treatment effective that can reduce the clots and prolong his life?help

Your father is having pulmonary embolism And the most common cause is Deep Venous Thrombosis (DVT) of large veins of leg. So from this veins clot dislodges and travel in blood and reaches heart (right sided). From heart clot reaches pulmonary arteries and due to small diameter of these vessels they stuck their. By this they hamper the blood supply of lung and cause the symptoms. And surgery is indicated only in chronic large embolic. Not in acute cases. Fibrinolytic therapy is needed to dissolve the clot. And long term treatment with warfarin is needed. And fibrinolytic therapy is very effecting in prolonging life in pulmonary embolism.

what causes this, and 2. are there any cures for this? Can you help? I am 48 yrs old, female, 180 and 5 8

Hi Thanks for your query. The causes of the enlargement of the papillae on the tongue include the following:Excessive smoking can cause irritation to the tongue. This can result in enlargement of the papillae on the tongue. Canker sores can be present in the mouth with no known cause. And when the person is experiencing stress, this condition may be more severe. There are some medical conditions that have symptoms that include the enlargement of the papillae. Gastrointestinal conditions like HERD and ulcerative colitis are known to be associated with enlarged papillae on the tongue. An oral cancer may be present if the sore does not disappear after two weeks. Infection may result from trauma of the tongue caused by biting, eating something hot or foods that are too acidic. Usually no treatment is required for this as the condition resolves within hours or days. Salt water mouth rinse scold fluids soothing foods such as yoghurtantiseptic or local anesthetic mouthwashes topical steroids do hope that you have found something helpful, and I will be glad to answer any further query. Take care

what color liquid leaks from the nose and is a sign of a concussion? 2.what knid of abnormal eye pupil exam is shown? 3.identify two tests that are done to diagnose a concussion?

In a concussion, there shouldn't be any visible changes to the head. If there is fluid leaking out of the nose and its clear, it could be cerebrospinal fluid (CSF) meaning there needs to be a leak repaired or there could be a meningitis. This can happen from a cribriform plate fracture often seen in frontal head injuries.2. There also should not be an abnormal pupil exam. If there is one, you need to go to the ER immediately.3. To diagnose concussion, it is basically any head injury that causes an alteration in mental status. There can be tests done, but they are usually done to rule out something else like a contusion (blood in the brain) or neck fracture for example.

What could be the reasons of seizure. After EEG report doctor has started oxetol for one month.

Does she really need medication for this? How long she has to take? What are the side effects?

Any chances of reoccurrence of seizure.

Hello Thanks for using .com From the information it looks to me like it is first episode of seizures in her. If some has seizures post infection one has to consider the possibility of Acute disseminated encephalomyelitis. MRI of the brain with contrast can diagnose this problem. If MRI is negative other possibilities in her are benign childhood epilepsy probably precipitated by fever. EEG done in sleep can in most instances confirms the diagnosis. If EEG and MRI is normal I personally feel medications are not required at this point of time. Keep her under observation and consider the option of medicines if seizure recurs. Sincerely, .

What could the cause be ?	<p>H Persistent high blood pressure needs control and follow-up, blood sugar alone cannot diagnose diabetes. Explanation: My opinion is that persistent high blood sugar on multiple occasions in and out of doctor's office is a diagnosis of hypertension that needs to be controlled by lifestyle modification, exercise and if not, medication. Random blood sugar alone is not good enough to diagnose diabetes. Other tests like oral glucose tolerance test and hemoglobin A1C are essential to diagnose (one of them is good). Also, if diagnosed needs to be controlled first with lifestyle, some medications like Metformin or maybe more, and that according to type of diabetes, age, risk factors, etc. I suggest my people the following measure blood pressure at home with a good technique and that you can check on YouTube videos. Do other tests like HBA1C, lipid profile, etc. The information provided by you is not sufficient to provide a good opinion. If someone comes to me with this condition I would ask them about risk factors, smoking, and anxiety issues.</p> <p>Conclusion: I suggest you home blood pressure monitoring and recheck you medication with your doctor. Do other tests to be sure of diabetes. Hope I have answered your query. Let me know if I can assist you further.</p>
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What could this be and what can I ask of my PCP to get some answers and relief?	<p>Hi. Thanks for your query and an elucidated history. The reason of the pain in the center of the abdomen and the back can be related to the Gastric Ulcer / Cancer or pancreatitis. Pain in the testicle may be unrelated to the pain in abdomen and may be due to orchids or so. No blood tests are suggestive of gall stones. Ask PCP the following: Get an ultrasonography. Upper GI Endoscopy and Colonoscopy, Blood: Liver function tests, amylase, lipase, CT scan to confirm the diagnosis.</p> <p>The treatment will depend upon the diagnosis, hence getting a right diagnosis is of utmost importance.</p>
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What could this be?	<p>Hi, lapband surgery some times may cause Castro esophageal reflux disorder [herd]leading esophagitis, gastritis that may cause pain. Alcohol, coffee known to be gastric irritant and may cause pain. Left lower abdominal pain may be due to constipation, commonly seen in post Lapland surgery. Please discuss with your surgeon and find out and follow advice For the time being avoided the things that are causing pain Hope you be all right soon</p>
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Input	Output
What do you think it is , oh and I have sleep deprivation I never sleep maybe this is another cause for it all. Please just throw answers at me. Im going to the clinic on friday again just like some feedback thank you.	<p>In my opinion, you are mostly having smoking induced HERD (gastroesophageal reflux disease).</p> <p>Smoking causes laxity of gastroesophageal sphincter. Because of this the acid of the stomach tends to come up in the esophagus and cause symptoms of burning chest pain. Sleep deprivation causes stress and anxiety, and they further worsen HERD. So better to first quit smoking as soon as possible. Take pantoprazole (antacid) tablet on empty stomach. Avoid stress and tension. Avoid hot and spicy food. Consult psychiatrist for sleep deprivation. You will need counselling and mild sedative . Don't worry, you will be alright but first quit smoking. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.</p>
What does all this mean?	<p>Multiple Taylor cysts are age related asymptomatic cysts found along the exiting nerve roots.2. At L4-L5 level, there is mild loss of water from the intervertebral disc and there is mild disc bulge effacing the thecal sac.2. At L4-L5 and L5-S1 level, there is mild facet joint hypertrophy causing slightly narrowing of the neural foramen. Majority of the cases of degenerative spine disease are benefited by physiotherapy, so physiotherapy should be tried first. Surgery should be the last option. There are also medicines like capsule pregabalin available for pain relief. Treatment can be planned after consultation with neurosurgeon. Get well soon. Take Care .</p>
What does all this mean? Its been 13 years now since this radiographic report. I am scared. My back is not getting better. To date, it still feels bruised to the touch.	<p>Dear patient You have got thoracic spine scoliosis to right and cervical spine degenerative changes. This changes alters mechanical weight transfer mechanism and hence leads to neck and back pain. Nerve compression at cervical spine also leads to tingling and numbness in both upper limbs. I would advise MRI of cervical and thoracic spine with screening of whole spine to assess status of disc and nerve roots. You need to consult expert spine surgeon with report. All the best</p>
<p>what does it means if the results hbsag quantitative is 9144 hbv dna 36456 the rest of the test are normal normal sgpt of 19 normal spleen liver based on ultrasound. prothrombosis pt normal activity shows 81% How important vit. K? what if monocytes quite high 14.1 the normal is 8.0- In my case is it possible for me to overcome and become nonreactive? hbsag + hbsab- hbeag- hbeab+</p> <p>Doctors dont recommend any oral medication, advised me to boost my immune system. I m so bother about those two figure. Thanks</p>	<p>Hello have gone through the details you have provided. I agree with your doctor. You do not need medication for hepatitis B. You need not worry about the monocyte counts. Vitamin K deficiency is very rare, and it is not a cause for worry. You need to check GOT and SGPT every Six months. HBO DNA should not because for worry. The e chances of you becoming Bag negative spontaneously are very low(less than 1%).you need to follow up with regularly with your doctor Hope these helps Do get back In case you have further queries regards .</p>
What does this all mean????	<p>HI would have ideally preferred if you had added your symptoms prior to telling us the report. I think, having read the report, that you must be having pain and/or sensory symptoms (like tingling and numbness) and/or weakness in your leg, predominantly the left leg more than the right leg. The report suggests that you have a disc problem. The disc is coming out of its normal position and pressing the nerves that come out of the spine and causing the symptoms. I would ideally need to examine you and need more details about your symptom before I can suggest a complete</p>

treatment. However, I can tell you that a simple prescription of Pregabalin or gabapentin with physiotherapy may be able to afford you some relief from your symptoms. You may need to meet a neurologist or neurosurgeon (dealing in spinal surgery, in case of latter) for a prescription. Hope I have answered your query. Let me know if I can assist you further. Take care

what does this indicate?his sgpt keeps going up? his liver biopsy result when he had the operation is good. im concerned about the sgpt. if sgpt keeps going up, that means his liver is in the process of scarring?

Hi thanks for the query. Biliary amnesia is serious congenital anomaly and Kasai procedure is the only chance for them despite transplantation. Kasais procedure has high rate of complication, and it is not always successful. However these findings are still not alarming as this is expected after such surgeries and of course his liver won't function as it was healthy. Some elevation of LFT is expected, and he needs only frequent check up. Wish you good health. Regards

What does this mean?

Hi, Thank you for posting your query. As per the new MRI report, there is a disc bulge (mild) at L5-S1 level (lower back region), which is central in location, which is probably compressing nerves on both sides. This is a minor abnormality and no surgery is needed to correct it. In addition to physiotherapy, you require neuropathic pain medications, as you still have pain despite physical therapy. These medications include pregabalin or gabapentin. Please discuss this with your doctor. Wishing you good health, .

what does this mean?

Dear Friend, First we need to know why u got an MRI. Disc bulges can be seen in asymptomatic patients, disease on MRI shut correlate with clinical picture only then it is significant. Now if you are actually symptomatic this MRI pic suggests this degeneration with chronic instability at this level, principal cyst is probably incidental finding. IF your very symptomatic consult Neuronal surgeon. Regards

What does this mean? 2. I am 85 years old, and about three months ago experienced an acute brain allergic reaction to a medication I was given. At that time, for about three weeks, I was confused and felt demented. Since then, I have largely recovered but feel some mild persisting reduction in intellectual functioning. My wife and I are considering moving from our present large single-family home to a senior-living community. Should we, considering the MRI findings, give preference to facilities equipped to deal with mental decline? If so, how much?

Hi, Thanks for writing in. The MRI scan brain is as explained below. Brain shows changes due to aging and this has been written are prominent ventricles and cisterns and also reduce brain volume. This is not a serious condition and is an expected finding in the elderly. Confluent periventricular T2 and FLAIR increased signal intensities is due to partial effects of decreased blood flow through the small arteries in the brain. This is nothing serious and can be seen in many people. This happens earlier in those having diabetes and hypertension. The acute brain allergic reaction is not responsible for all your finding in the brain. There is no requirement to seek additional facilities to deal with mental decline if you have made a near complete recovery from the confused and demented state you have had previously. Since you are 85 years old, a little amount of brain volume loss and ischemic small vessel changes are in line and not a big concern if thinking of moving to a community facility for elderly.

what does this mean? Could it be from the Creatine?

Hi,just elevated liver enzymes of this level of what you quote without any other associated symptoms cannot be correlated with the liver enzymes alone. Elevation of liver enzymes is of very non-specific value and does not mean anything unless it is being corroborated with other disease

evidence which you query doesn't mention anything about. As of now if I were you treating pediatrician I suggest - you need not worry about this liver enzyme. Regards -

what else can I do for immediate relief of the symptoms? 2. any idea how long this might take to recover from? I applied the JFM on Monday night, it is now 48 hours later on Wed night.

Hi, You seem to have developed a contact irritant reaction to the hair color. If the treatment suggested is not helping you, either a more potent topical steroid can be used along with better anti-histaminic medication or a course of oral steroid can be added to alleviate the symptoms as early as possible. As the course of treatment depends on the skin lesions, a proper skin examination is required. Kindly consult your dermatologist again so that amendments can be done. Take care.

What foods I can take from today? 2. Can I go out for few hours in this hot summer(~35C)? 3. which all are I need to avoid totally for next few weeks?Please advise. Thanks in Advance! Below is my report: Age:28 SEROLOGY MALARIAL PARASITE (BY QBC METHOD) : Negative WIDEL Salmonella typhi O : Positive 1:80 dilutions Salmonella typhi H : Positive 1:80 dilutions Salmonella paratyphi AH : Negative 1:20 dilutions Salmonella paratyphi BH : Negative 1:20 dilutions

Hi I understand your concern. I suggest you to take your complete treatment. Continue your diet with idle, do not eat heavily as ulcer caused by Salmonella type may perforate causing a complication. Do not go in summer. Take complete bed rest. Avoid stress as far as possible. I will be happy to answer your further concerned can contact me. . Infectious disease specialist. Thank you.

What I don t understand is the numbers being close together. My last reading was 119/102.

Hi, I understand your concern and would explain that your diastolic blood pressure values are high and this could indicate the beginning of arterial hypertension. For this reason, I recommend you to closely monitor your blood pressure values in the next days. If your blood pressure values are persistently high, I would recommend consulting with your attending physician for a physical exam and some tests: - a resting ECG-complete blood count, PCR, ESR for inflammation- thyroid hormone levels for thyroid gland dysfunction- blood electrolytes- kidney and liver function tests-blood lipid profile. Starting antihypertensive therapy may be needed. Hope I have answered your query. Let me know if I can assist you further.

What I need to know is can a hydrosalpinx turn cancerous? What other facts do I need to know?

Hi, Thanks for writing in. Hy . As you have had a bowel cancer, there is less likelihood of having a cancer in the tubes if this finding is present for many months. It is important to know if you suffer from low immunity and whether there could be a chronic infection like tuberculosis due to which you are having this problem of fluid collecting in your tube.However, a cancer in the tube can cause obstruction and HY

What is colic?2. What are the signs and symptoms?3. What are the causes?4. What are the remedies?With experience, kindly tell how parents can deal with colicky babies.

Colic is abdominal discomfort or pain mostly seen in the evening in bottle-fed babies. A consolable cry which improves with particular positioning of the infant. Most of the time, the cause is not known. Mostly associated with formula feed, improper burping practices. No exact treatment remedies are available. Positioning, proper burping, various colic

What is the cause and treatment of candida infection? Is this a STD?2. What is the cause and treatment of ecoli infection? Is this a sexually transmitted disease?Age = 45Height = 5ft 3inchWeight = 77kgMedical history = okay. Just bouts of malaria from time to time.

Hello. Candida SPP. And E. coli infections are not STD, but can be result of STD (HIV for example). Antibiotics are obligatory if you have signs and symptoms (fever), but on the other hand,

if you have no problems, that might be just colonization or bad test. If you have any doubts concerning STDs, you should visit specialist and perform HIV test or do it by home Quick set. Have in mind, all you mentioned are treatable illness. Don't worry too much, but take care on your health.

What is the diagnosis for this individual?

HAAfter going through your medical query I understand your concern and I would like to tell you that all his symptoms are age-related and acquired hypertension for which his physician is giving him stepwise treatment. It's recommended for him to be in the follow-up with his physician to maintain healthy blood pressure. Hope I have answered your query. Let me know if I can assist you further. Take care .

What is the diagnosis of this individual s disorder? 2. What are the major contributing factors to this disorder? 3. What could have been done to prevent this problem? 4. What are the early warning symptoms prior to the complication? 5. Why did the ECG show a left axis deviation? 6. Why was there impaired motor function on the right side from cerebral hemorrhaging on the left side?

Hi, as you mentioned the symptoms it looks like the patient had an early stroke. During the brain stroke every single minute is important. Stroke can be assessed by experiencing the slurred speech, slowing of Motor functions, unable to respond to commands. The first thing need is to get admit to a nearby hospital with a CT or an MRI facility. If the brain stroke is on the left side on the CT or MRI scan than the symptoms will be on the opposite side due to the pyramidal tracts of the nervous system. The design of the human body and its control system by nature is made such that left side of the brain support the right side of the body. Once stroke comes rushing into and emergency room is always advised. Within 3 hours of the first symptom noticed is of priority and importance. Any delay in every minute will damage the brain more. As the blood supply to the brain is restricted by the clot and the damage to the neural tissues keeps continuing. So as soon as one notices the symptoms the earliest you should reach to the emergency room and start the treatment. Well, what could have lead to stroke will be the high blood pressure findings are in common. ECG can be normal can be abnormal. ECG is done to rule out certain factors and focus the whole treatment plan on the brain stroke. That is the reason the ECG is always taken. Brain Stoke can be confined by symptoms and later my MRI or a CT scan. Post stroke if the physical disability is found then a physical therapist is taken into consideration Along with the medication prescribed by the neurologist and the cardiologist. If patient has diabetes than a planetologist should be contacted for the medical part. I hope I have answered your query. If any you have in particular to ask or didn't understand I will surely help you in it.

What is the diagnosis of this individual s disorder? 2. What are the major contributing factors to this disorder? 3. What could have been done to prevent this problem? 4. What are the early warning symptoms prior to the complication? 5. Why did the ECG show a left axis deviation? 6. Why was there impaired motor function on the right side from cerebral hemorrhaging on the left side?

Hemorrhagic stroke.2. High blood pressure (and atherosclerotic disease (exacerbated in part by stress))3. Control vascular risk factors. such as High blood pressure, high cholesterol, obesity, stress, smoking, diet, systemic inflammation, oral hygiene. however if there is a family history, this is an unavoidable risk factor.4. Few, that is why uncontrolled hypertension is so dangerous as the symptoms of headache or mild chest pain are so non-specific.5. Likely old heart blood vessel infarct.6. The left side of the brain controls the right side of the body and vice versa. anatomy. Stress has been proven to shorten life span and increase the risk of heart disease.

What is the diagnosis of this individual s disorder?2. What are the major contributing factors to this disorder?3. What could have been done to prevent this problem?4. What are the early warning

symptoms prior to the complication?5. Why did the ECG show a left axis deviation?6. Why was there impaired motor function on the right side from cerebral hemorrhaging on the left side?

Hi The patient has had a left cerebral hemorrhage. The left side of the brain controls the right side of the body. Therefore, the hemorrhage on the left side of the brain affects the right side of the body. A high blood pressure is probably the cause of the hemorrhage in this case. A normal BP is 120/80. So, of course, the BP was high for him. And this may have resulted in the hemorrhage. The recovery depends on the size of hemorrhage, the age of the patient, the deficit in the first place, the location of the hemorrhage and control of BP among several other factors. A control of BP previously by regular check-up may have prevented the condition. A headache may have been a common symptom that he may develop. However, very frequently there is no preceding symptom. The ECG findings suggest that hypertension was starting to affect the heart chambers as well. The heart was probably starting to remodel itself in view of the blood pressure changes. Hope I have answered your query. Let me know if I can assist you further. Take care , Planetologist

Input	Output
<p>What is the effect level in blood for injection, is it possible that 1500mIU/ml is because of effect of injection she is taking?2. what could be the possibilities for higher level?3. Doctor places 3 embryos and if all of them are continuing then is it possible to terminate one of them and continue with other 2 by any medical procedure?We are very much worried, any help would be very much helpful . >BEst Regards,-Anisen</p>	<p>Hi, I have gone through your question and understand your concerns. levels at this stage should be around 120 mid. High levels in your wife can be due to injections as takes at least 14 days to get cleared from the body. Other causes of high levels can be multiple pregnancy or molar pregnancy. These conditions can be ruled out in ultrasound which you can get done after 2-2 weeks as now it is too early to detect anything. Yes, if there is triplet pregnancy, then the multifetal pregnancy reduction to twin pregnancy can be done under ultrasound guidance by a fetal medicine specialist. Hope you found the answer helpful. Wishing you good health.</p>
<p>What is the ideal life span of the stents in my case?2.Before stenting, I used to walk around 5 km and jog 1 km. Now how much can I do and from when can I resume?P.V.R. MURTY</p>	<p>Hello.stent blockage chances are around 6% per yr. Averagely .so difficult to predict person to person non-diabetic and with b healthy lifestyle it will last longer . You should be very particular with medication specially antiplatelet if u stop by any cause stent v blockage chances very high. You can increase your exercise step wise.even pre stenting exercise permissible .and more welcome .take care .</p>
<p>What is the most effective procedure? 2. What is the best sequencing of treatment? 3. Are alternative treatment modalities necessary always after steroid injections and exercise if relief is present? 4. To prevent this issue from reoccurring are there certain exercises/life management and/or dietary adjustments that have proven to be helpful? Thanks</p>	<p>Hi, thank-you for providing the brief history of you. A thorough clinical assistant is advised. As per your query you need to first meet an or tho for the clinical assessment. Post than may be an MRI will be guided to see the soft tissue Injury. Later, with physical therapy the use of ultrasound therapy and TENS therapy will help reduce pain and inflammation. Later stages, exercises and mobilization will be performed to get the strength and ROM of the shoulder girdle. In my clinical practice, it takes about 3-4 weeks of time for recovery to attain. 99% of patients recover faster if the blood glucose level are under control. RegardsJay In .</p>
<p>What is the next best step in the treatment of this patient?</p>	<p>Calcium gluconate</p>
<p>What kind of test should we ask for from the dr? 2. His seizures are not regular, meaning they may happen 2 times a day- or every couple weeks. Is a test going to show seizure activity even if he isn't seizing at the time of the test?</p>	<p>Hi, I had gone through your question and understand your concerns. EEG is the test for evaluation and diagnosis of seizures together with clinical observation of seizure. Best thing is EEG during seizure, but it can be done at any time with other modalities such as a sleep-deprived EEG etc. Another imaging test needed to evaluate properly seizures is head MRI to check for/ rule out any brain lesions causing seizure. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions.</p>
<p>What may be reason.? what will be your advise.?</p>	<p>HI understand your concern. I am , infectious diseases specialist, answering your query. There are many reasons for such a high degree anemia. There is need for detail investigation to diagnose the</p>

exact cause. I advise you should attend nearby doctor to diagnose exactly. Though you have taken the blood transfusions, such a low HE requires some time to come to normal level. So from now your can start the injectable iron therapy. Continue it until your HE reaches an over 10 gm there after oral iron therapy till HE reaches to normal level is sufficed. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.

what medical treatment should I give to my son 2. how should I now that the dog is rabid 3. up-to now almost 04 days of bite passes with the grace of Almighty my son is in normal state of behavior I am worry about my only son plz advice to avoid any unwanted circumstances, Thanks

Active immunization with anti rabies vaccine on days 0,3,7,14 and 28. Give him a first shot of anti rabies vaccine as early as possible and consider first shot of injection as day 0.2. Passive immunization with rabies immunoglobulin in and around the wound.3. Oral Tab Autoclave, 375 mg, twice daily for five days. The aforementioned treatment will help to protect your son against getting rabies. Thank you.

What shall I do now ?

I have read the description you have posted understand your concern for your husband. Since your husband is having high fever and following it there is a . He needs to be hospitalized at the earliest and seen to it his fluid homeostasis is maintained to keep his vital signs normal. If there is further decrease in platelets, he might require a couple of platelet transfusion as well. Kindly consult Physician and get him treated under medical supervision in a hospital set up by getting admitted. Hope the information provided would be helpful. All the best.

what should be the medication to this, can the curves be corrected to normal position? my husband is also suffering from cervical osteophytes, he s treated with muscles relaxants only as no serious bad condition to suffer from according to doctors. which is which?

HA 18 degree cobs curve is not a matter of worry in scoliosis at age of 22. In our routine OLD we advise physiotherapy in such cases to strengthen the back muscles. A scoliosis of more than 20 -40 degree need surgical interventions. At present physiotherapy and electro-therapy are sufficient for your son as a treatment. Hope I have answered your question. Let me know if I can assist you further.

What should be the preferred frequency of dialysis. 2.Whether dialysis can be termed as good or bad based on some criteria. 3.What should be the levels of creatinine and urea just after dialysis. 4. How much reduction in creatinine and urea is expected in single attempt of dialysis. 5. What are the chances of reduction of frequency of dialysis for such patient. 6.Whether some other treatment (Ayurvedic, Homeopathic etc) should be taken along with Allopathy. 7. Whether this diseases can be cured in allopathy.

As per history the condition is presumed to be End stage renal disease with Diabetic Nephropathy on Biweekly dialysis. Chronic renal failure (CRF) requiring dialysis or transplantation is known as end-stage renal disease (ESD). The preferred frequency of dialysis depends on the blood urea and creatinine levels. If the Glomerular Filtration Rate falls to less than ~20% of normal, symptoms of uremia may begin to occur. They almost are invariably present when the GFR decreases to less than 10% of normal. If these values are on a higher range, dialysis frequency may be more. If its moderate then the frequency reduces. 2). Since dialysis does what is supposed to be done by kidneys(an essential organ for disposing waste), it is more a good than seeing bad in it. 3) As it is the problem of CRF the levels can't come to normal or subnormal, maximum reduction in creatinine and blood urea levels should be tried at each session without interrupting the comfort of the patient. 4) The reduction of creatinine and urea after dialysis depends on the pre dialysis creatinine and urea levels, the nephrologist takes the final decision on this, even if the values are on a higher

range.5) Allopatry medicine never recommends ayurvedic and homeopathic treatment. 6) The disease cant be cured as it's damage to both kidneys, kidney transplantation is the other option. The problems are age of the patient, availability of donors to donate kidney, the transplantation surgery after that, complications of transplanted kidney. To summarize, Dialysis is the longer, the better, the slower, the better, more often the better, the gentler, the better. Let me give few good medical tips regarding diet for CRF patients on dialysis. Dieticians consult is crucial.a) The diet should maintain a balance of electrolytes, minerals, and fluid in patients who are on dialysis. b) Diet includes high in protein and low in sodium, potassium, and phosphorus. c) Fluid intake is also restricted. Before dialysis, you may be asked to limit protein to slow the progression of kidney disease. At the start of dialysis, you will need much more protein. Many patients need to take vitamin supplements. e) Diet alone can usually meet the requirements for the fat-soluble vitamins (A, D, E, and K). Vitamin D may be supplemented, depending on your calcium, phosphorus, and parathyroid hormone levels.

Hi It seems you are suffering from high prolactin levels and your doctor has prescribes Parade for the same. Firstly not all patients respond to the same dose of the . In my practice I initially prescribe the lowest dose, check prolactin levels and if they haven't come down I increase the dose. Secondly your FSH levels are elevated too. You haven't mentioned your age which would have been helpful. To know the reason behind your elevated FSH you should get other hormonal tests like LH, testosterone, estradiol done as well. Let me know if you have any other queries. Thanks

Hthank you for consulting with us for your problem. When you are taking an orthodontic treatment it is better to keep in touch with the dentist as these type of problems arise commonly. If the wire is broken at the time of treatment it will delay the treatment as the wire will not be able to put pressure on the teeth and there will be no effect of the treatment. It is better to consult you dentist and get it fixed because visiting other dentist will be difficult for your treatment.

Postoperative chemotherapy is advice to prevent local as well as distal spread. During surgery, due to handling of tumor mass, possibility of spillage is high. And this is the reason for local recurrence. So post operative chemotherapy is given. Since your wife has not taken post-operative chemotherapy with increasing CA 125, growth on plain CT, all these suggest local recurrence. So get done PET SCAN to rule out local as well as distal spread. And chemotherapy is the only option now.

Thanks for contacting . Dear patient there are many approaches to treatment and following treatments can be tried :-1 Steroids, like your doctor gave you Delacroix.2. Human anti D immunoglobulin helps in some cases.3. Immunosuppresants like azathioprine or mycophenolate militia.4.intravenous immunoglobulin (IVG).5. Thrombophilia receptor agonists like romiplostim and eltrombopag.6. H.pylori eradication in some cases has helped.7. Platelet transfusion should be used only in dire emergency as it has short lasting effect causes autoimmune destruction donors platelets. Splenectomy can help as cause long term remission in 60-65% case, but there is a definite risk of bleeding during surgery. Changing place will hardly have any effect. Regards

09/12/2013 and will be back on 03/01/2014. I dont have sex during periods. My expect my period to end on 02/12/2013. (my period usually lasts for 7 days). DO I need to take pills during this period?Kindly advise.Thanking you!

Hello madam, oral -I is a low dose oral contraceptive pill.you can start the pill within the first five days of your menstrual cycle that is from day 1 to day 5 .you need not take the pill during your trip as you are travelling nearly a month without your partner. But remember once you return you need to start your pill within first five days of your menstrual cycle.hope I was helpful to you.

When he will b back to his normal shape, has put on 3-4 kgs. 2. Side effects of all the above mentioned medicines. 3. Cyst will be dead by now after 28 days of medication? Will it dissolve or leave scar? 4. Future prevention for the child. 5. When MRI to be done after 6 weeks or later? 6. Upto how long medicines should b given for further prevention? Chances of coming seizure after medication?

Hiweight is due to omnicoiril and option but will go away after three months of leaving the 2 medscalcified cyst will remain but will shrine typically administer antiepileptic therapy for six to twelve months after radiographic resolution of active parasitic infection, followed by a trial off of antiepileptic therapy. Recurrent seizures should prompt reinitiation of chronic antiepileptic therapy. Patients with parenchymal or subarachnoid neurocysticercosis should undergo intermittent radiographic surveillance to evaluate for resolution of the cysticerci and development of calcifications. Imaging may be performed one to two months and six months following treatment. The frequency of subsequent imaging should be individualized once lesions have resolved followup imaging is less useful. Imaging should be repeated prior to discontinuing anti-epileptic . New, worsening, or persistent symptoms should prompt evaluation. Antiparasitic therapy should be considered for patients with growing cysts off therapy. An alternative approach may include serial antigen-detection assays

When I lay down, it got better, a 2 to 3 out of 10. The pains went away after 6 to 7 days, and I got back normal. However, during these seven days, I did experience once a scintillating scotoma, which was almost identical to the auras that precede migraines. A lot of blurry shining lights that gradually grew larger and became a sparkling fortification spectrum in a C-shape, which grew even larger until it left the vision field towards the left side.Then I had no problems whatsoever for the next six months or so, until one and a half months ago, when I started having the aura again, and it happened six times so far. I have been very overworked and overtired when they started, with the baby starting solids and not sleeping well. It has been so far five times on the left side of the vision and once on the right side (although the same day I had it on the right side, a few hours later it also happened on the left side, the same day). The transition of the scintillating scotoma from a dot to a large C leaving my field of vision lasts about 30 minutes, and it is every time the same. I do not have any other symptoms, although I had mild nausea a couple of times during the aura.The headaches that follow are mild. Like a stronger pressure in the back of the head, on the opposite side of the scotoma. So, it has been mostly on the right side. A couple of hours after the aura, I can always feel a sharper pain on the right side, inside my head, towards the back of the head (occipitally), usually when I move, bend over, cough, strain, etc. It is every time on the same side in the same spot. This pain disappears after a day or so. But for the last two weeks or so, I have been left with a slightly painful pressure in my head that is pretty constant daily. It sometimes goes away especially when I am relaxed, but it comes back when I am more tense and active. It feels a lot like a tension-type headache. There is also a sensation of a \full head\ and a bit of lightheadedness like I am not focusing my eyes well (but not actually losing any balance or visual acuity). There is no particular pain when moving, coughing, bending over, etc. like I have during a migraine. But I do

feel more pressure in the back of my head on the right, not sure if it is psychological, or it is really something there. I should also mention that I did not take any medication for the migraines, and once tried Ibuprofen for a tension headache, but it did not really work. Sometimes, a glass of wine works better actually. My brother started having the same aura (he described it to me in detail, and it is the same thing I have) when he was 35, which was five years ago. His headaches are mild to moderate, but they are behind his eye and not at the back of the head like mine. He also does not have the head pressure every day like I started to have, and his migraines alternate sides, not like mine which are pretty much on the right side of the head (left vision field). I am scheduled for an MRI next week, so I will find out more soon. But I wanted to hear your opinion since I am so very scared that I have a tumor in there, something really bad. I very much want to see my baby grow up and be there for him. I am super worried, and I just had another aura yesterday evening, and now I get the sharp pain in my right occipital area when bending over. Do my symptoms really seem like migraines or maybe something worse? I have read that I am a bit too old to start having migraines (3 and that the pain should be more intense and not always on the same side (which is indicative of brain tumor?) and that they should be on the front of my head not at the back of my head. Is that true?

Hi forum. I read your query and understand your concerns. I hope this answers you. Feel free to contact me back if you have more questions or doubts. Thanks and regards. For more information consult a neurologist online

When I told my mother about it, she confessed that she had known since I was 16 and that my father died of AIDS whilst she has been on ART for almost a decade now. They realized my status after I got tested since I was having frequent abscess wounds or boils, almost on a monthly basis but they never told me about it. I am a health student and interact with a lot of health professionals hence my hesitation to seek help to start treatment just in case I meet up with someone I know. However, my major concern is that I have recently been having drowsiness spells and frequent, almost consistent headaches though they are very light. An FBC test done a month ago showed that my Hb and HCT, as well as my neutrophil count, were slightly below normal, and I was advised to go on a month of Saferon tablets which I followed religiously. Recent full blood tests showed that my RBC, Hb, HCT, MCV, and MCH values were all now slightly below normal whilst all my WBC were within the normal range. The Hb and HCT went lower than the initial test. Therefore, my questions are, might this be related to my HIV positive status and how so? Also if it is, why is it that my white blood cells are not affected? I am mostly curious about whether such an instance as mine is quite common where a patient is born with HIV and lives an otherwise normal livelihood though with more frequent infections that go away after some time? I really do hope to hear from you. I am now 22 and have accepted my condition and forgiven my parents. I am trying to, however, get as much information and understanding about my condition hence contacting you. I sincerely thank you for your time.

Hi. This could be related to HIV. WBC (white blood cells) count is not generally affected, it is lymphocyte count which gradually depletes. For more information consult a HIV AIDS specialist online

When i was coughing & bringing up mucus i thught some had stuck in my throat. Now when swallow I can still feel something - as if there something there. Day to day swallowing is not a problem but when I take a gulp I really feel it. Doc has refered me to hos so I will have a long wait . Could this be a tear something more sinister?

* This is in relation with adenoid enlargement post viral infection.* Subsides once the infection is controlled totally.* Suggestions for early recovery - . - Gargles with salted lukewarm water added peppermint oil 3 times a day - Dietary precautions also help as avoidance of chilled items, excess

sugar spicy, non veg, ghee, dairy fat.- Avoid exposure to excess cold or pollen, dusty environments.- Refrain from smoking, alcohol. Hope this clears your query. Welcome for further guidance. Regards.

When I was discharged from the hospital, I was dx with pericarditis. Sx resolved, but now 5 weeks after pm insertion, I am having intermittent chest pain on the mid to left side, radiating to the neck. Pain increases with deep inspiration, laughter, lying down. Do you think the pericarditis has recurred? Thank you.

I carefully read your question and I understand your concern. I will try to explain you something and give you my opinion. The pains that you explain resembles pericardial or pleuritic pains. They are pains that get higher in deep breaths, when a person lean forward. Ischemic heart pains are not related with position or inspiration. Inflammation of pericardial layers or pleura gives symptoms like yours. If you previously had pericarditis it is still possible experience chest pains even after some weeks, during the resolving phase. But to decide what we are dealing with if I was your treating doctor I will recommend some examination like a cardiac echo to evaluate heart function and pericardia, a fool blood analyze and inflammatory parameters like PCR to see for any active infection. After this examination it is possible to understand something and how to deal with it. Hope I was helpful. Bestregards, .

Input	Output
When i went to gastro entrology doctor few days back, he has prescribed Leosulpride and when i took this i used to pass stool normally and this cold allergy also did not occur. Now i stopped taking it and again i got stool problem and cold allergy, Is stool problem linked to cold allergy. Please suggest how to get rid of this.	<p>Although there is no direct relation with constipation and cold allergy, but there is indirect connection. Constipation is connected with HERD (gastritis, feeling of sour fluid in mouth, etc.) and HERD is connected with rhinosinusitis. So it is important that patients with nose obstruction and other nose symptoms along with gastric symptoms keep their bowels perfect.2. As an Allergist-Immunologist, I would like to mention here that such nose symptoms actually may or may not be associated with allergy. I would suggest you to get allergy testing done for common air-borne allergens such as house dust mites, molds, pollen, insect proteins, animal dander, etc. to know whether you have any allergies.3. Cold air does not cause allergy. It is an airway irritant which aggravates any airway related symptoms such as nose obstruction, breathing difficulty, sneezing, nose irritation, etc.4. For my patients who have similar complaints, I suggest them to treat constipation and gastritis simultaneously which will help them in a long run.5. For nose symptoms, I would suggest you to use antihistamines like cetirizine or levocetirizine along with regular steam inhalation.6. I would also suggest you to smoking, alcohol, caffeinated beverages. Please avoid exposure to dusts, smokes and air pollution as much as possible. Hope above suggestions will be helpful to you. Should you have any further query, please feel free to ask at . Wish you the best of the health ahead. Thank you & Regards.</p>
When paramedics arrive, they administer drug X sublingually for the immediate relief of angina. What is the most likely site of action of drug X?	Large veins
when shoule i be getting the positivity for pregnancy??? today is 30th march, & i did my urine test , it showed nagative. what is my dpo day today??? please answer my 3 questions in detail thanks,	Hi If embryo transfer was done in same cycle after ovum pick up then you can do beta on 12th day, counting day of ovum pick up as first day. Kindly mention in detail which day ovum pickup was done and which day embryo was transferred. Beta becomes positive about 12 days after egg retrieval, 9 days after a day-3 embryo transfer and 7 days after a blastocyst transfer, the woman should have a quantitative beta blood pregnancy test performed. Urine test will be positive only one week after serum beta . Take care.
When the resident asks the patient how he is doing, he replies by saying that his apartment is on Main St. He does not seem to appropriately answer the questions being asked, but rather speaks off topic. He is able to repeat the word âœœfan.â€• His consciousness is intact, and his muscle tone and reflexes are normal. Upon striking the lateral part of his sole, his big toe flexes and the other toes flare down. Which is the area most likely affected in his condition?	Temporal lobe
when they first appeared.they have all appeared in the same locations as they did over 2 years ago. i find thenquite distressin and on my upperright leg there is a log whelt like lesion across the back of leg. they raise when i itch and irritate and leave marks of which i thought i was rid of until last night.i have been given anthihistmane (piriton and hydrocortisone. i have done nothing or been anywhere out of my usual routine to pinpoint an allergy can you help.	Your most probably suffering from an allergy condition, and it must not necessarily be caused by an external environmental factor but by an underlying condition from within your body. Allergies can occur:- Spontaneously with no external stimuli-Weather changes (cold or hot)- Type of

food-Clothing- Insects/pests/parasites (even those that can be seen like bugs)Your symptoms could be manifestation of an autoimmune diseases condition that will have to be investigating for ruling out by your doctor. You will have to continue taking the antihistamine medication prescribed by your doctor, but you can also call him, to find out if he/she could investigate further into other possible causes of your skin manifestations. Hope this helps

When urinating I pass a jelly-like substance when I try to fully empty my bladder. There is no blood or pain or even discomfort.2. In the hot weather a couple of months ago I sustained a small insect bite on the side of my penis one night. Since then my foreskin has been dry and cracked, sometimes splitting and bleeding. The entire foreskin and glans also exudes a slimy whitish substance like wet, peeled skin.

Degree understand your concerns went through your details. The jelly-like substance when you try to fully empty my bladder, is your semen itself. Semen is a waste product and is stored within your body. If you do not masturbate or engage in sex, your body finds a way to throw it out. Usual ways are through urine and through nocturnal ejaculation. Nothing to worry and it is usual. You need to consult a skin specialist for the second problem. There is an allergic reaction. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

When we consulted a doctor, he was suggesting operation. Please suggest if we have to undergo operation for her. Her age is 25. So not sure if we have to opt operatoin at this age and we also not aware of complications once the operatoin is done. Please suggest if we have to undergo surgery. Thank you.

Hi surgery for disc prolapse in the absence of progressive neurological deficit is advised only when the pain is not responding to all the conservative means tried for more than 6 weeks. i.e. complete bed rest physiotherapy and local steroid injection, etc. And if you have tried all this and not relieved with pain then you can opt for surgery. Recently there are many advances in surgical management of disc prolapse like minimally invasive microlumbar discectomy, endoscopic discectomy etc. Please discuss all this option with your surgeon before undergoing surgery

When we diagnosed the disease the doctor informed that she is in Stage IV. After Chemotherapy and Radiotheraphy treatments, the doctor told that the disease is not present in the body right now (Feb 2012). Afterwards she was good till last May 2012. Afterwards she is suffering from fever , not able to eat food properly, breathing problems, etc. Are these side-effects of the treatment ? or Anything going wrong on her body. Please provide me your suggestions. Thanks in Advance. Regards, Suresh (India)

Hi Suresh, Physicians desk! The nasopharyngeal carcinoma is a difficult disease to treat and notorious for aggressive recurrence. Fever and shortness of breath is not a side effect of chemotherapy, but it may be due to pneumonia which is a very common in this group of patients and can be very challenging to treat if extensive. I would advise you to review to an equipped health center and get a proper work up, advise and treatment as soon as possible. There is no scope of trial antibiotics in your patients because you should get CBC, CRP, FT, blood and sputum culture and chest x-ray prior to start of treatment and follow up. I think the advice would be helpful for you. If you still have queries if any, please feel free to communicate back. Wish you a great heath.

When we got to the hospital they said that she was severely dehydrated and they gave her if fluids. However, they did a ECG on her and the doctor told me that the ECG was abnormal. This what the

<p>ECG copy said sinus tachycardia. Possible left atrial enlargement. Septal infarct. T wave abnormality, consider inferior ischemia. T wave abnormality, consider anterolateral. They released her said to follow up with a pediatric cardiologist. However, the appt is not until Aug 22nd. But I am a little panicked that this needs to be checked out right away. If we should take her to children s hospital tonight</p>	<p>Hi. I understand your concern. I have gone through the details just now. This seems like an inferior wall infarct to me as she had collapsed, and it could probably be due to low Blood pressure. I suggest that she needs evaluation immediately. She will need an echocardiogram to see the ejection fraction and also an ECG again (possibly treadmill too after evaluation). I suggest you see a pediatric cardiologist immediately. Regards -</p>
<p>Whether good to take womens Horlicks during typhoid. If no, advise which drink is good to increase mothers milk. 2. Best diet food to take during typhoid. 3. Is it ok to take CIFRAN 250 tab ?</p>	<p>Hi I understand your concern. I am , infectious diseases specialist, answering your query. In my opinion you should continue with the women's Cowlicks. There is no harm in taking it. You can take either tab. Iran or of lox. Taking both is not essential. In typhoid high protein diet and fat free diet is advice. Never dump intestine with heavy eating. It can cause a perforation in typhoid ulcer. Taking a small but frequent diet is advice. Also do not eat spicy foods. I will be happy to answer your further concern, you can ask me on Thank you. Infectious diseases specialist.</p>
<p>Whether he has to take medication life long? 2. Is it true, that this illness is controllable and not curable? 3. Whether by taking Sizodon 1mg regularly, he can lead a normal life throughout his life span? Thanks, Anita</p>	<p>He may have to take medication Life long. If there are no symptoms after 1 year of discontinuation of medicine, then it can be stopped.2. Yes it is controllable, till now no evidence of its cure.3. He may require to change the medicine in near future as it is associated with high risk of death. Clozapine may be started, but it has its own side effects. Hope I answered your queries. Regards</p>
<p>Whether it is curable.2. Is there any test for the disease.3. Whether you advise to visit your hospital. AK Goswami11A, Srijan AptB-9/8, Sector-62Noida</p>	<p>1st of all, let me give you some information about schizophrenia. According to DSM IV TR, schizophrenia has 5 subtypes and paranoid schizophrenia(schizo) is one of them. In paranoid schizo, there are hallucinations and delusions prominently as chief complaints. Schizophrenia occurs due to biological reasons especially involvement of dopaminergic neurotransmitter pathway. Certain brain structures also involved specially basal ganglia. So schizophrenia is also like other physical illness where brain is involved, and other psychosocial factors make impact over illness and its prognosis. Unfortunately, there are no any specific test yet to make certain the diagnosis of schizophrenia, but a good psychiatrist can diagnose the disease by using DSM OR ICD, classical diagnostic systems present for psychiatric disorders. Schizophrenia has long term remitting and relapsing course. Paranoid schizo has particularly good prognosis than other type of schizo. Patient may need to take very long term medications. Sometimes if patient become defaulter for treatment then it's possible that in the future, that molecule may not work. Illness gets worsened after stopping medicines so it's always better to continue the medicines for long run on which patient is stable. There are many . In general population per se, 100 people suffering from schizo then 33 gets completely alright, 33 will have few symptoms but at quiet manageable level and rest not going to improve.in your case, your wife got almost improved in past for 7 years, that itself shows very good prognostic factor. So there are every possible chance of getting almost improved again. Hope I have answered your query,</p>
<p>Which drugs has a similar mechanism of action to this new experimental drug?</p>	<p>Sitagliptin</p>

Which findings is most likely present in this patient?	Preserved fine touch
Which is an appropriate next step in the management of this patient?	Loop electrosurgical excision procedure
Which is most likely the cause of this patient's EKG results?	Hyperkalemia
Which is the best management option?	Surgical closure of the defect
Which is the most appropriate recommendation at this time?	Hepatitis A vaccination
Which is the most likely cause of this patient's condition?	Mutation in tyrosine kinase gene
Which is the most likely finding on physical examination?	Weak achilles tendon reflex

Input	Output
Which is the next, best step in the management of this patient?	Administer an Antipsychotic
Which most correctly describes additional features of the most likely causative organism?	Catalase negative, alpha hemolytic, optochin sensitive
Which terms best explains the appearance of new serotypes?	Reassortment
While in the hospital tests reveal I have ulcers, diverticulosis & diverticulitis & hemorrhoids. How long will it take for my hemoglobin level to come back up to normal?	I understand your concern. I advise you that since you have ulcers, diverticulitis & hemorrhoids all of which are bleeding condition in your intestines it is necessary for you to take treatment till you get all this corrected. Your hemoglobin is good right now so at this moment you can start with the oral iron therapy. I will be happy to answer more of your concerns, kindly know me, Wish you a very good health at . . Infectious Disease.
Why didn't my doctor do that in the first place? 2. How did I get this? 3. What do I need to do at home to prevent spreading it to my family? 4. She told me to spray the area with warm water from a detachable shower sprayer 3 x a day - doesn't warm and moist breed more infection?	Forget what has been done in past think what can be done ahead. I hope your doctor had no intention to hurt you.2. In humans, S. saprophyticus and S.aureus is found in the normal flora of the female genital tract and perineum.3. Unless the strain is MRSA (Methicillin Resistant Staph aureus) you need not worry.4. You must keep your area clean and . You can get sensitivity testing done to identify the species of bacterium and take treatment based on the results. Take care!
Why exactly is Deriphyllin retard 150 tablets taken in Mild Asthma? Is it an antagonist or a drug that creates a reaction with some element in the body? 2. The same question for Montelukast 10 mg. 3. Which is the primary drug and which is complimentary? Deriphyllin 150 or Montelukast 10mg 4. Is there any difference in effect of a chewable tablet viz a viz non-chewable one? Thank You.	H Deriphyllin is a bronchodilator medicine (relaxes the airways), which is being used for treatment of asthma and COPD. Because of frequent side effects (commonly stomach upsets, palpitations, headaches etc.) and interaction with other . For mild asthma, first choice treatment is use of albuterol inhaler whenever required. 2) Montelukast is a controller medicine which is to be taken regularly to prevent asthma attacks. It reduces inflammation of always, which is the cause for asthma. It can be taken alone or in combination with steroid inhalers depends on severity3) Deriphyllin cannot be considered as a primary treatment of asthma4) Montelukast is available as 4mg chewable tablets for child
Why is it so? I had a usual breakfast, including carbs with some amount of protein. What could be the possible reason? Also, I struggle a lot with weight loss.	H forum. A slight variation in fasting and PP (postprandial) glucose levels can occur. It is not unusual. Please tell me with the value 61 with food, did you have any symptoms of hypoglycemia? This looks like reactive hypoglycemia, which tends to happen in persons with excess weight plus when one takes too much of sugary foods or
Why is this infection? 2. Will this again arise? 3. Is there a cleaning procedure of penis? 4. Give me best doctor in bangalore near to Malleswaram Pls. help	Infection of penis that is persisting is indicative for:- lack of success of previous infection- a culture of pus coming from penis is recommended to determine the type of microbe causing the infection and appropriate antibiotic to fight it correctly-apart local hygiene and medications, you should be use oral antibiotics for long time-should avoid sexual intercourse until improvement- if not

circumcised, please discuss with urologist to get circumcision as definite treatment-get your partner tested and treated adequately too². If treated correctly, it won't get again arise³. You can continue as advised by your urologist. However, systemic/oral treatment is highly recommended⁴. You can ask your physician to refer to the urologist in hospital and get a more specialized medical attention there. Hope it was of help! .

why urine is tickling continuously, 2. is operation was unsuccessful, 3. is by any chance during operation, the operating doctor had damaged part which controls urine. 4. What treatment can be given to control this problem, 5. How this problem can be rectified now, 6. is my father needs to go for some second operation to overcome this problem.

Urinary incontinence after radical prostatectomy for prostate cancer is a known complication. It occurs in more than 50% of patients after surgery but in most cases resolve and in few patients might require intervention -I usually quote 5-10% of patients will require additional surgery to correct the problem. This is due to interference with the muscles controlling the continence during prostate operation. He will need either an artificial sphincter or sling surgery. Please talk with your urologist again.

Why we are getting frequent colds?². What can be done to reduce the amount of colds we are getting?

Increased sensitivity to allergens like pollens, dust, smoke, cold

widal test and i was told that i had typhoid with thypi O being in the proportion of 1:60. i was prescribed ZIFI -O for 10 days. last friday i completed my course of 10 days and i am feeling fine with no symtoms as such. however since i am travelling on 27, i felt a need to recheck my blood and consult my doctor again. to my surprise teh THYPI O is now seen as 1:80. my doc says that somehow teh medicine seems to be not working hence has revised the medicine to baloforce 100 for 5 days. need your suggestion. thanks

Hi, If you have been diagnosed correctly (tidal test 1:80) typhoid fever then you will have to take antibiotics (cephalosporins in combination with quinolones like definite 200 mg with levofloxacin 500 mg) with other symptomatic treatment. If there is no high tier (above 1:160) here in tidal test then this need to give antibiotics in single dosage for at least 15 days and follow up is taken after repeating tidal test again. The main concern is not only treatment but to prevent relapse and to prevent carrier state is also important. So, better you take treatment from physician only rather than taking from any other doctor or by self. Initially only liquid diet for 5 days then if response is good, then you can go for soft diet till the completion of treatment as diet is also an important factor during treatment. This combination of dietary and medications will cure you completely in proper duration as I have mentioned.

will i be able to take axnity meds when i get the test done, now i understd that some meds you cannot take so if theres a way to take something with out it effecting the test that will be graet. i did read something about meds to be asleep. 2. i wan t to know how long does each step that i have to do on the test take, let me be claer i want to know every single step. im talking about the flashing lights the closing eyes and all that. please help me on a hard matter thanks.

Hi.thanks for the query. I am very sorry to hear about all of your problems! Let me assure you that EEG is a very simple & harmless test procedure where a set of points or electrodes are attached on scalp to record electrical activity in brain. This test is usually done in cases of suspected seizure disorders. Going by your description, you do not appear to be suffering from seizure disorder but rather from symptoms of incontrollable anxiety characterized by feeling funny, repetitive flashbacks of seizure event along with host of other symptoms. If you can consult a Psychiatrist, you can receive effective treatment in form of medications like SSRI/Mirtazapine/Trazodone combined with

anxiolytic . I know you have been through a lot & you are managing things bravely.try to stay calm & consult a Psychiatrist. Good luck

Will it affect my baby?

Hello. Menterz index 21 means that you have iron deficiency anemia. Yes, it can affect your baby in certain ways if you do not seek medical advice. Anemia may lead to smaller babies, growth restricted babies and also preterm labor (labor before due date) which can result in delivering baby earlier and complications associated with early delivery. Also, a woman may suffer excessive bleeding after delivery who are anemic. So, I would suggest you see your local doctor, check the level of anemia and get appropriate treatment for that. Hope it has helped you.

Will the masturbation affect sex life with my partner.? 2. Is this penis growth is affected because of masturbation over 6 years? Or this is normal size.? 3. My penis looks as bend position in sex mood. Is this cause a problem? Please clarify my above queries. Thanks in advance.

HelloThanks for queries. Answers to your queries are as follows . Masturbation is one of the safest way of getting sexual satisfaction in absence of female partner. If done within limit it does not affect sexual life.2)The growth of the penis is not affected by masturbation.3)Your penis is absolutely normal for your age .4)Slight bent of the penis is acceptable. You need not worry about it as long as it does not pose any problem in penetrating vagina during intercourse. .

will the stone pass on its own? and #2. could the pain meds be causing the BP to drop?

1.stones can very well be treated in non-invasive way--ESWL or shock waves. But, the stone size isn't mentioned, which is a major criterion, and how much it affects the kidney, i.e. is it blocking the passage of urine towards bladder.2.Painkillers don't cause B.P., to . If you send a copy of the scan and present medication, and other reports here, in my name, I can give you an expert opinion, regarding treatment.

Will this rid me of both infections and 2. Is there something else that I should be concerned about?? In your expert opinion is there something that could be going on by my big belly that pains me quite frequently??? Thank you for your time,help,and consideration

Hi. Thanks for your query and an elucidated history. Read your history about tampon and MS and the problems now you are suffering from. If the tampon is sterile, it may not cause a big problem. This might have caused a minor infection. The smell in fact can be due to infection, and you already have been under tablet Cipro. This should take care of both the infections. I would advise further :Get an infection by a Gynecologist done for an internal examination, send the swab from vagina for gram staining and culture and sensitivity. Add on metronidazole and probiotic as they help to heal the vaginitis and urinary tract too. The cause of distension and pain in the left lower abdomen can be due to :PID. Salpingitis onto mass. The following investigations will help:Routine blood and urine tests with culture and sensitivity. Swab from vaginaStanding X-ray abdomenUltrasonographyI hope you would be fine soon, the moment a ET a proper diagnosis and treatment.

Within three months of the surgery, I had to have two subsequent surgeries to remove all titanium metal due to infection and complications. Now more than a year later, I have begun having chronic pain in lower right jaw which at times radiates through my teeth and gums. The source appears to be the jaw bone incision site. How can that be? I am experiencing inflammation in that area and also joint and muscle soreness too.

Hello. You probably had a jaw surgery for correction of your jaw defect. The surgery is known as Orthographic surgery. Usually in some patients the titanium plates get infected, and it has to be removed in later surgeries. Now there are resolvable plates which resort away. You should get an OPG x-ray taken to determine if there is any problem in the site of surgery. Consult your Oral and

Maxillofacial surgeon at the earliest. Regards

worry. 2. go in sooner than two months from now? Thanks!

You need not worry. Heartburn is commonly due to regurgitation of food from the stomach into food pipe, which is called gastroesophageal reflux disease. Other common causes are gastritis. Stress is a common cause of gastritis and reflux disease. You need to stop thinking of cancer and concentrate on your job. Since you are dealing with terminally ill patients, it is natural to get effected, but you should not let bad thoughts enter your brain. It is better you consult your gastroenterologist and check with him. If necessary you can go for repeats copy

Would a contraceptive vaccination be better for birth control? Would it also have the same effect on the skin as althea pills? 2. What type of contraceptive vaccine would have the same effect as althea? 3. In the simplest sense, how should I take the althea pills? Will I still expect menstruation when I use them? And when would sexual intercourse be safe to do the moment I start taking them? Thank you!

Hand I hope I can help you today. The Althea contraceptive contains a combination of estrogen, progesterone and an ingredient that is an anti-androgen. You take the pill every day (at the same time if possible) every day for three weeks of the month. For one week a month, you take no pills, and should have your period start during this time. You should start the pill on the first day of your next period, and it will protect against pregnancy immediately. Birth control pills are 99 percent effective in preventing pregnancy, and usually give you a short, light period every 28 days or so. So you finish the three weeks of pills, and then start a new pack exactly 7 days after you finish the old one. The birth control injection, called Depo Provera, has only the hormone progesterone in it, so it doesn't have any known benefits for your skin. You get the injection every 3 months and usually the shot causes spotting and irregular bleeding for the first 6 months followed by no periods at all. The shot is nearly 100 percent effective and you don't need to remember to take a tablet every day, but many people dislike the injection due to the bleeding side effects. I hope I was able to adequately answer your question today and that this information was helpful to you. You can also google Althea and read the instructions for taking the pill on the pharmaceutical website. Best wishes,

Would like to know what I should do. I am 29 110lbs, good medical history

Hi Thanks for your query. I am limited without x-rays and actually seeing you but from what you are telling me. The first thing that I would do is have your dentist check your bite and make sure that you are not striking one side before the other. My concern is that it effects the entire right side and cheek. The trigeminal nerve innervates these areas and trigeminal neuralgia is certainly something that I cannot rule out. You have not given me any indication of any swelling and infection does not seem to be the problem. If your dentist adjusts the teeth, and you still have no resolution. I would consider a neurology consult to examine the possibility of trigeminal neuralgia. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care

Input	Output
would rubbing alcohol be an effective way to get pinworm eggs off phones, keyboards etc? (all household members took albenza & have laundered & vacuumed, now just wondering if we need to sterilize our electronics) 2. could pinworm eggs survive for over 2 months in home-made raspberry jam, which was not cooked very long	Hi I understand your health concern, I suggest you that vacuum will evacuate all the eggs out from electronics, there is no need to take alcohol action. It will survive in the jam and should not be used. I will be happy to answer all your future concern. Thank you, Infectious disease specialist. Wish you the best health at .

Would this notching a serious problem in terms of baby growth / delivery? What precautions I should take? 2. Would the above mentioned solutions recommended by my doctor resolve notching? Any side affects of ecosprin tablet? 3. Any other precautions I need to take to ensure a full-term healthy pregnancy?	Hello dear, I understand your concern. In my opinion the presence of early diastolic notching might be a normal finding before 24 weeks of pregnancy. Persistence of the same even after 24 weeks might cause growth retardation of the baby.It's good to know that your BP is normal. As per your information I feel there is nothing to worry. But follow up with serial ultrasounds to monitor the well-being of fetus might be needed. So relax. Nothing to worry. You are on correct medication and the aspirin can be taken in pregnancy, and it might prevent any vascular changes occurring. Take healthy nutritional diet and adequate fluids up to 3 liters per day. Practice antenatal exercise or walking daily. Hope this helps. Best regards.
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Wysolone 40 mg for 2 weeks then reduction to 25 mg to continue . 2. Sildenafil 12.5 mg 3 times a day 3.Thyronorm 50mg daily once 4. Duolin MDI 2 puffs 3 times a day 5.Becosule-z once daily 6. Lasilactone once daily 7. Gemcal-ds once daily 8.Osteofos-70 once weekly 9. Potklor 3 t spoons 3 times for 3 days With these meds the patient has been experiencing a stretchy sensation on the forehead and the skin tightening too .could u help us with the solution as why is she suffering such symptoms and will it be OK for her to take some homeopathy medicines with the above meds .	Hi, She is having systemic sclerosis and skim thickening, PAH and OLD is part of the disease. These changes are irreversible. I think she is receiving optimal treatment. Besides medicine chest physiotherapy, limb physiotherapy is very important. Yoga will help. It's better to homeopatedicine because there can be . The medicine will help to halt the progression of disease. You should be under the follow-up of local rheumatologist.
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X ray came back OK, but ultra sound was no help. I am waiting on a referral to see a pediatric surgeon. I am not sure if that is the best next step. I am very worried about him. Any advice on what will help or who to see next?	Hi, dear My diagnosis-Chronic lymphadenitis-?TB?infective?HL/NHL. All the ill health and lack of sleep and appetite is due to the Hodgkin's disease mostly. I would advise you to go to-Paediatric specialist and then a medical-oncologist -for further treatment on the right lines.Don't worry and act fast. This would solve your worrisome query. Hope this would solve your query. Wellcome to my clinic once again. Have a Good Day.
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<p>XRray was done and the report said some mass was noted in left lung (canon ball shaped mass) and CT Scan was recommended 2. CT Scan was done : CT confirmed about a foreign mass in lower lobe of left lung 3. CT Guided Biopsy (FNAC) was done: Report confirmed Non-Small Cell Carcinoma . Probably Squamous Cell Carcinoma 4. Whole Body Scan was done and below was the analysis: Physiologic traser distribution noted. Left lung shows increased uptake Left Interlobar</p>
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<p>node increased uptake Right Adrenal Shows increased uptake Rest scan unremarkable PETCT</p> <p>Scan findings consistent with left lung tumour Left Interlobar and lobar nodal metastases</p> <p>Hypermetabolic Right Adrenal</p>	<p>Dear friend, A well asked question !!all data indicates a cancer of left lung lower lobe, probably locally spread to nodes. A . There are many factors including age, stage, cytology, metastasis etc. Which affect surgical decision. Better to see an onco-surgeon to get detailed evaluation with all reports. Or post all details to guide. Take care and keep me posted on the issue. Would be glad to help.</p>
<p>y only health issue at this time is pseudotumor cerebri which is getting better due to weight loss.</p> <p>Could this pain be kidney stone? I did go to the doctor about 3 weeks ago and they dipped my urine because i felt as if I was getting an infection, same type of pain as described above. There was wbc s no blood, no protein . I took cipro bid for a week, the culture came back normal</p>	<p>Hello the pain you mentioned arises in the flank and moves forward resembles to renal pain and as u stated that you had urinalysis which contained ABCs which are actually dead white cells referred as pus cells signify renal infection. However you did not mentioned the actual no. of the ABCs as they may be insignificant to yield a positive culture or if u had performed the culture and sensitivity test after using Cipro and then u can get the false negative result. However for the current pain you are having which is more likely to renal pain I would recommend you to increase your fluid intake. Repeat urinalysis and perform an ultrasound pelvis and ultrasound PUB, thanks with regards .</p>
<p>Year. 4 weeks ago I started to developed really. Bad. Achne on my back. 4 pimples and lots white craps. I squeeze. Them and they go away but more will. Appear in different spots. Why would I suddenly get them. ? Thanks YYYY@YYYY</p>	<p>Your body immunity decreases as the age increases. As age increases the immune system goes down eventually even if you are on medicines your initial allergies will be rising or the other systems are involved like skin, stomach or bones acne is also turnout of allergieDont use greedy and oily footstep using all routine oils almonds coconut walnut groundnut soyaApply olive and use love for cooking Take DOI 100 MGM BD or 2 week apply clindamycin gel twice a day on affected part scan also apply histocalamine once a dado for long time along WTH other medicines you are taking for asthma</p>
<p>yesterday afternoon it aw 123/68. pulse 56</p>	<p>I understand your concern. I advise you that there is Diurnal variation in our body that causes rise in blood pressure. Diurnal variation is when you awake and start working with, your different body parts need more blood, in this demand heart will give more pressure to blood to reach a different body parts. This pressure is recorded is high, it is even more high at evening. This is the normal variation, there is no need to worry about it. I will be happy to answer more of your concerns, kindly know me, Wish you a very good health at . . Infectious Disease.</p>
<p>You can mail me to the following email address. YYYY@YYYY . Thanking you.</p>	<p>Hello dear, I understand your concern. The infertility is said to be when the pregnancy doesn't occur even after one year of unprotected intercourse. So as your martial life is one and half year the infertility treatment should be started. First both male and female partners are investigated for any problems. Female factors of infertility like irregular periods due to thyroid abnormalities, polycystic ovarian disease(POD), any tubal abnormalities like blockage, any uterine anomalies are checked. Investigations like thyroid profile, Serum prolactin, hysterosalpinogram, ultrasound etc. are needed. Male factors like ejaculatory problems and are checked and investigations like semen analysis and blood sugars to rule out diabetes are done. If all the investigations are normal and still there is no conception it is called unexplained infertility. If any abnormality is found treatment is given basing on that. Nothing to worry. As once the cause is treated the chances of pregnancy</p>

increase. And there are many . Artificial techniques(ART) are last resort. Avoid stress and anxiety as they cause hormonal imbalance and delay fertility. Relax. And kindly consult doctor. Hope this helps. Best regards.

ZENFLOZ-OZ suspension 2. BANDY - ALBENDA SUSPENSION 3. ELECTROKIND -Z (ORAL REHYDRATION SALTS) Kindly show me the right way about these medicines and proper doses and side effects also. Mridula Singh YYYY@YYYY

Thanks for asking f I have gone through your question and understand your concern you son is of one year of age, his weight is 10 kg. And in your view height is not good. 10 kg weight for 1-year-old boy is absolutely normal, the average length of 1 year boy is 75 cm. you can yourself take his length by tailor tape or can visit pediatrician for it. So I think there is no thing to cancer. Child is healthy, not fatty. Give him balanced diet like rice, DAL, green vegetable, wheat, milk about 5 times per day. We suggest iron supplement for kids 1 mg per kg per day till they reach their adulthood. And spy albendazole every six month for reworming till age of 5 years. Dose of spy albendazole(BANDY) 5 ml once till age of 2 year, and above age of 2 year 10 ml. Hope i able to answer your query

1.- I had my gallbladder removed a few years ago (DOB 6-15-1970). Ive been told my body does not process fats as effectively as it once did so I try to not eat to many fatty foods, but I know that certain fats are necessary and beneficial (fish, olive, nuts for example). Should I limit those as well?2.- I also notice if I eat cheese or a steak (its a treat I may have a few times a week), I get little pouches above my eye, but below my eyebrow the following day. I was told it could be fatty deposits and a sign my body is having a hard time processing the fat. Is that true?Ana

Mostly your questions have answers in them. You should limit intake of food that is not getting digested. It includes fatty food, oils, complex proteins (in beans), etc. Fish oils have side effects. The white pouches usually develop due to fatty deposits. Decreasing high calorie foods like milk products (cheese, butter, ghee, ice-creams, etc.), non-vegetarian food are best avoided. Regular exercise at least 20 min a day is a must. Get your blood tested for lipid profile. .

1.-could you please tell me why is it possible ??2.- what is the risk of waiting to have the procedure be done ??Thank you

I have gone through your query, as you have mentioned that your dentist have advised extraction and bone grafting, Extraction is advice when tooth is not in condition to save it when there is Bone Loss Vertical and Horizontal bone loss Grafting should be done, so don't worry go for treatment Hope this will help you. Wishing you good health. Regards

1., Absolute Lymphocytes count is 3.25 & Absoute Eosinophilia count is0.72, I request you to suggest if any symptons regarding diseases. thanking you waiting to your favourable reply

Hi, Your absolute lymphocyte count is just above the normal range. I am not worried about it. But your eosinophil count is significantly increased. Reasons for eosinophilic include intestinal worms, allergic reactions, certain . There are several other causes for increased eosinophil counts which are extremely rare. When absolute count is more than 1500/CMM, it may lead to damage to organs such as heart and lungs. Only in such situations, to prevent end organ damage eosinophilic is treated with steroids.Otherwise, always one has to identify the cause of eosinophil with the help of other investigations and try to treat the cause. Once the cause gets eliminated, eosinophilic automatically subsides. Hope I have answered your question. If you have any further questions I will be happy to help. With regards,

1., Eritel 40. 1/2-0-0 tab daily.my weight is 58kg. Age-58. seafaring Foot -join pain .using medicine correct or not? eating food very low ! How can I manage?

HI UNDERSTAND FROM YOUR QUESTION THAT YOU ARE HAVING FOOT PAIN. THE .

HOPE YOU ARE REGULARLY CHECKING BP, THYROID WITH YOUR DOCTOR. I RECOMMEND YOU THE FOLLOWING. CHECK URIC ACID IN YOUR BLOOD. IF its NORMAL YOU MAY NEED TO CONSULT ORTHOPAEDICIAN. HOPE YOU HAVE CHECKED SUGAR AND IS NORMAL. USE SOFT SHOES LIKE SKETCHERS, ALSO WEAR SOFT BUT THICK SLIPPERS AT HOME. DO NOT WALK BAREFOOTED. Hope I have answered your query. Let me know if I can assist you further. Take care

1., MPV (7.4), MCH (32.6), and LY (62. She bruises easily, and scars tend to heal slowly.Can you please tell me what this could be? She is 54 inches tall and weighs approx 64 lbs. She also has had a significant amount of hair loss over the past year.

Hi I have gone through the detail. Low total leukocyte count with relative lymphocytes can be there in viral infection. But you have mentioned that it is consistent.Also, there is history of delayed healing of wound. So I would like to get an immune profile done to rule out the possibility of immunodeficiency. The height and weight of child is appropriate for age which is against immunodeficiency. Regards

1.,male from India.i would like to clarify something about my teeth.i wore braces for past year and a half but even after that i dont find my teeth arrangement appealing and dont have a good smile due to my large teeth (larger than normal people of my age) and eventually im getting my incisors twisted to back to their original position.i am really worried this problem poses a great threat as i am planning to do modeling next year.now my question is can i have my teeth arranged perfectly and shape my large teeth with a surgery immediately according to my jaw structure so that i can smile better or is there anything you could suggest.if so please tell me how much the treatment will cost.

I have gone through your query, as you have mentioned that you have undergone Orthodontic treatment for one year and now even you won't find your smile good, don't worry I will suggest you that you should go for Complete Orthodontic treatment for 2 to 3 years, You should consult Orthodontist go for proper complete treatment, after complete treatment you feel find your smile pleasing, Hope this will help you. Wishing you good health, Regards

1.,when I can plan again,will it can be natural and are my fallobian tubes effected . Note test taken are mantoux ,tb gold,eb pcrand histopathology

His have gone through your complaints. Sorry to hear about your problem. As you have completed treatment plan for hysterosalphynogram.it will define uterine cavity whether any adhesions present or tubal patency. If these are good nothing to worry.no problem for your conception. If adhesions are there it is required to go for adhesinolysis depending up on severity. Consult the . Thank youRegardsVasundhara

1.(As on 20th July it was about 6000.) So need your help and guidance here. as these things often make me confused. making breakfast, lunch, dinner lists, counting cals n all. So can anyone here suggest a suitable diet for me that would help me. As cuz of jaundice I m not allowed to eat oil & non veg for the next 3-4 months All I would want is to have a lean and healthy body (in and out). And m ready to work towards it. but just need some directions. as to the correct diet to complete protien requirement and right kind of exercise. any help to clarify things will help a lot. Alex V arghese

Hi, Thanks for posting your query. As there is no dietary restriction in jaundice.Most of the time, jaundice is due to acute viral hepatitis, and it will take 2 months for recovery. Whatever symptoms occurs in the first week is painful and at times require hospitalization. During this 1st week, there is some restriction in diet as oily food give bad smell and may increase vomiting. As our body require carboy .liver also need all these ingredients. You lost your weight because of restricted diet. You

should consult with your treating doctor and should start normal diet with normal routine activities. If you continue restricted diet, then you may continue losing weight and sometimes very difficult to regain. Take care,

1.) Abscess got created (Contained Pus) 2.) Weight Loss. Also want to know whether it must have damaged her organs by now?

, Tuberculosis (TB) usually affects lungs but sometimes may affect other organs such as bone etc. and may result in abscess. Yes TB is a contagious disease. I advise for you is to do 2 sputum sample examination for tuberculosis and find out if her lung are affected. TB is very contagious. We currently have good treatment for TB and once your wife is put on those. The only problem is that this treatment needs to be taken at least for 6 months. Do not worry because if the treatment is taken correctly it will cure your wife of TB. Remember TB mainly spreads by coughing and not through sex. Hope that answers your question.

1.) Are we still able to make baby along with the treatment my wife is undergoing? 2.) But after Three weeks she started taking the thyronorm tablets, she is complaining about her breast pain. The pain is lot. Can tell me the reason?

Both hypothyroidism and PCs are causes of an ovulation and hence inability to conceive. Therefore, if these two conditions are properly treated, then the chances of conception are increased. You can try to conceive with these medications. 2. Breast pain is unrelated to the thyroid medication. It can be due to fibroadenomas. Consult a surgeon for proper examination and treatment accordingly. Hope you found the answer helpful. Regards .

Input	Output
<p>1.) Deriphyllin Retard 150 tablets (Now, replaced by Deriphyllin 2 ml injections)2.) Betnesol(3.) Clavam-XR4.) Esiflo 250 Transhaler (Inhaler) (2 Puff each time-morning and evening)5.) Salbair Transhaler (Inhaler) (3 Puff each time-frequency raised to 7-8 times now)6.) Lycortin S 100 mg (Injection) (3 times daily) Would you please guide me necessary medication and instructions, etcRegardsRaj</p>	<p>I have gone through the . He is taking oral steroid (Benson) as well as injectable steroid (escorting). Honestly speaking, steroids are contraindicated in active infection like pneumonia (lung infection). Steroids cause immunosuppression and this effect is more in elderly patients. So better to stop steroids, Benson and escorting) because they can flare up and worsen lung infection. Addition of Azithromycin for coverage of atypical bacteria is also recommended in old age. So consult pulmonologist and discuss all these. Continue claim XR, add Azithromycin and omit Benson, escorting. Get done repeat chest x-ray after 7-10 days of antibiotic to see for improvement. Hope I have solved your query. I will be happy to help you further. Wishing good health to your grandfather. Thanks.</p>
<p>1.) I experience severe lower abdomen pain when Im aroused and do not get relieved, I double up and cannot get comfortable and often feel what is a 10 on the pain chart: what could be causing that? 2.) Masturbation to attempt to relieve this doesnt go anywhere, I cannot seem to orgasm during masturbation at all, so I just grew a distaste for it in the end and am still stuck in pain. I have no idea what to do.</p>	<p>I DON'T KNOW YOUR HISTORY ACCORDING TO WRITTEN SYMPTOMS THINK OF ANY MEDICINE TOOK FOR ANY OTHER DISEASE PCM BROKEN DIETARY SUPPLEMENTS VITAMINS OR MULTIVITAMINS ANY CHANGE OF COOKING OTHER CAN BE FOOD ITEM CAUSING THIS GET BLOOD SERUM TEST FOR FOODS IF CAUSING AS AT ANY AGE AT A TIME ANY COMMON FOOD LIKE ILK WHEAT OR OTHER START CAUSING SYMPTOMS GET DIAGNOSED AND TREAT ACCORDING TO DIAGNOSIS IN MEAN TIME TAKE LOT OF WARM WATER NON OIY NON-FAT NON-SPICY FOOTAGE GENUS 2 SF TDSMETROGYL 200 MG FOR 7-10 DAYS FOR INFECTION IF ANY BUT MUST TAKE MEFTAL SOS FOR PAIN</p>
<p>1.) I have been suffering from a rash for a while and have been to dermatologist, who gave me different creams and nothing has worked. This now have extended to psoriasis on my scalp and my abdomen area. Is this stress related 2) My daughter is 18 and she is suffering from ear problem which is a combination of dryness and release of oily liquid in the ear which causes a lot of itchiness. She is currently using dermotic oil.</p>	<p>Hi, You said that you suffer from psoriasis. Kindly confirm the diagnosis after consulting the dermatologist. He may give methotrexate in proper doses or accretion cap. This may be taken for long time. And regular blood tests may be done. Steroid cream, combined steroid and salicylic acid ointment or calcitriol ointment may be applied. Tar containing shampoo may be used to clear scalp psoriasis. It is an autoimmune chronic and relapsing disease. So, you should take long term treatment with patience. Your daughter is probably having Otitis externa. Kindly consult ENT surgeon for the firm diagnosis. Antibiotics, antihistaminics and steroid in tapering doses may be considered. Antibiotic with steroid ear . I hope you got my answer. Thanks.</p>
<p>1.) She is Rheumatoid arthritis patient since 25 years almost nowAlso, she is Vit D deficient where the level is 13.2. and she is already on the treatment for it. can you tell me what should i do at this stage</p>	<p>Hello. Your details are unclear. As I got from your description that Your mother is known case of Angina (Stable/Unstable) since 2006. But you did not mention regarding any regular medicines for</p>

that. Also, your mother is known case of Rheumatoid arthritis for which she is taking medicines regularly. Now she suffered acute onset palpitation, sweating and breathlessness early in morning and ECG suggestive of almost normal that has been done after 6 hours. So in my opinion your mother is suffering from Unstable angina. And my advice to go for Streets Echocardiography and Angiography to confirm it. Meanwhile if such episodes occur then give her Tab arbitrate 5Â mg sublingual stat. Thank You

1.) Since last 15 days she is suffering with fever of 102 to 103 regularly. 2.) Also, since last 15 days she is having dry cough but before 15 days that she was having wet cough (not dry). 3.) Also, as per chest sonography report there is right pleural effusion (approx 600ml)

Hlt seems that your wife has lung infection which could be bacterial or tuberculosis. I would suggest getting a pleural tap done, and examined for gram staining, Ziehl-Neelsen (ZN) staining, and cultural sensitivity for aerobic and anaerobic bacteria and tuberculosis infection. I believe you require taking treatment according. In meanwhile, you must take antibiotics after prescription by your physician. Eat a protein-rich healthy and balanced diet with multivitamins and calcium supplements. Hope I have answered your query. Let me know if I can assist you further.

1.) Stress?.We recently had our Gas and our Water cut off, about to be evicted. Could this just be a mental break down?? 2.) Drinking alcohol?.She has liver disease from her past drinking habits and now she drinks HEAVILY! She won t stop and says she is grown and can make her own decisions!.now, she thinks it s 2001! 3.) Old age? Alscheimers? Not sure how to spell that sorry. I am 23 years old and too young for this, if someone could please help me!!

Hi Amanda, Your M.I.L. may be suffering from Alzheimer Disease or as you put it she may have had a mental break-down. Please try to prevent alcohol reaching her and be especially careful to keep all medications out of her reach. She should be given medication under supervision of a medical expert and by a responsible person in the household and do not permit her to take medicines on her own. Incidences are known when they take too many pills not remembering that they have already taken the pill, leading to very serious conditions. She needs constant monitoring and do consult a Doctor for her ailments.

1.) There is extra skin growing near my wisdom teeth . it pains , is it dangerous and can i consult a dentist ? ? 2.) From my childhood i used to get mouth blisters . some people say that its due to inflation in teeth and others say that it is because of over heat(i.e., when my temperature is not in normal) 3.) I am planning to clean the tooth , is it a good practice to clean the tooth , because my friend have got problems after that . It will be so great full if i get my problem solved . Thanks in advance .

Hi, Thanks for asking the query, I would like to tell you that the area near the wisdom tooth is difficult to clean and often leads bacterial accumulation leading to inflammation and swelling of the region known as PERITONITIS which you feel is extra skin. I would suggest you to visit to an Oral Surgeon get an OPG radiograph and plan for the removal of the tooth. Take a course of antibiotics and analgesics. At home take lukewarm saline and antiseptic mouthwash rinses. Hope you find this as helpful. Regards.

1.) What other conditions should be ruled out when a person has symptoms?2.) What treatments are available?3.)Is this a curable disorder or just maintainable?4.) How can family and friends help?

Helots good to read the things about the illness yourself. When delusional parasites is diagnosed, first thing is to take second opinion to confirm diagnosis. The organic brain diseases must be ruled out with the help of CT SCAN. Also consult a dermatologist to rule out skin infection. The treatment for this is antipsychotics. Usually risperidone or provide are given monitoring their side effects. I

must tell you that this disorder is very difficult to treat. The person has to be maintained on medicines for long (sometimes for lifetime). Family person have to be supportive to patient. You should never argue with the patient and never try to contradict the delusions. Hope this would help you. Thanks.

1.\tBlood sugar level + Hb 2.\tCbc + Lipid profile 3.\tUrine culture 4.\tThyroid panel My query is to what can be done to improve her diabetes readings and hemoglobin levels. It will be highly helpful if you elaborate the necessary steps to be taken including types of medicines that are to be taken.

Hello. I have seen the medicine list being taken by her (attachment removed to protect patient identity). Of those BIO D 3 strong is also not needed on continuous basis, unless she has any specific neuropathy problems or any such complaints. Is there a to speak to you so that I can clarify a few things in one go. For her diabetes I feel Glycomet G2 once a day (instead of Voglibose containing tablet) once a day with DYNAGLIPT-M is enough. Rest of the medicines are to be continued.

1.\tNot knowing what to do with Ivyxolol since I now have two differing advice from two ophthalmologists.2.\tWanting to be sure that what I feel I see from the corners of my eyes when I roll my eyes one way, and the other is normal. Is there a site, or a write-up that can take one through a total spectrum of what is normal for a perfect eye to see?3.\tWanting to know if there are other tests I should be doing now since the general advice about eye health and vision is that most problems can be prevented if detected earlier.4.\tWanting to know for sure the lifestyle steps or changes I might need to take now to enhance my eye-health at this point. What are your recommendations?

Hello. Unfortunately, I was not able to see any attachments, but I understand your frustration about your diagnosis and recommendations. To start with, all the eye pressure measurements were within normal values but that might be insignificant in case they suspect normal tension glaucoma. The main problem is that suspecting glaucoma in a patient is the best way to treat it if detected before it does irreversible damage to the optic nerve. However and to suspect it, the patient must undergo a set of diagnostic tests, visual field tests, gonioscopy, and the primary test is optical coherence tomography along with measurements of the eye pressure twice a day within three days. The only way I could assist you with proper advice would be to see those tests. As for Betaxolol, I would have monitored you and your eye pressure before prescribing it. The only way to know whether it was effective is to do an OCT while using them now, stop them for three months and do another OCT for comparison. Take care.

1.0 - doctor checked prostate, no concerns, urine came back no cancer cells floating around, ETC . doctor entered bladder, took biopsy of one very small area, and reported negative returns. A few days ago . while going to the bathroom to defecate, I noticed blood on some seminal fluid that dripped out of the tip of my penis due to borderline constipation and apparently the force to relieve myself caused this fluid. I have ordered another PSA test for this Monday. The last PSA test was 3 months ago. Any opinions? Thank you so much.

1.0 NG/ml, prostatic cancer is unlikely. You need to get urine examined for malignant cells and bladder cystoscopy to see the inner part of the bladder. If there is any growth in the bladder, a biopsy can be taken for microscopic examination. If there is presence of tumor, chemotherapy and BCG treatment needs to be given. Thanks and take care .

1.0 . i also did Spot microalbumin urea test the result was 49 mg. what should i do now. Does high microalbumin urea contents mean damage to kidneys. Kindly reply.

2. Take regular treatment of any disease you are suffering with regular follow up from your doctor.
3. Kindly repeat urine micro albumin levels 6 monthly. Don't worry at present your condition is

potentially reversible. Thank you.

1.0 (last time it was 0.5) Direct bilirubin: 0.4 (it was 0.2) so i just want to know after a detox program of eating nothing but wheats and oats, drinking water and some of apple why its getting higher ?? i didnt make any HCV Antibodies yet.i have no HCV A,B. i did the ultrasound of upper abdomen and it appears all are normal and in size.reports said: its fatty liver .

Hi, Thanks for writing in. Your ultrasound report explains the cause for elevated liver enzymes.

Going on a detox program is futile and is not going to aid the treatment of this problem. You need to be treated for the fatty liver. Only then will the liver enzymes come to normal. The treatment protocol for fatty liver needs to be followed meticulously for at least 6 months. Then only can one expect recovery. With regards

1.0 & DB 0.4. I am confused now whether the yellow color of my eyes & urine is due to medicinal effect or am I suffering from jaundice. Can you pl tell.

From your description it is obvious that you're having problems with your liver. Jaundice is simply a symptom that indicates that there is damage to bilirubin which might be as a result of liver or bile diseases. This is most likely caused by Azorean (Azathioprine) which is an immunosuppressive medication with various mechanisms that can also lead to damage to the liver given that it is known carcinogenic (cancer causing medication). I suggest you see your doctor as soon as possible, so he can do a proper review, run LFT, CT scan of abdomen and decide whether you should continue with your medications or not. You will likely need to stop your medications. Hope this helps

1.0 and BUN is 15. Which is the next best step in management?

Administer lactulose

1.0 and CA 125 is 16.80. what is your empression about my LDH and CA 125 result?

Hi there, Thanks for posting in , Your LDH is on the higher side. The CA 125 is not significantly raised. Metastatic adenocarcinoma in liver means, you have a cancer elsewhere, and it has spread to liver. Since the cancer is an adenocarcinoma, the most likely site is colon from where it would have spread to liver. You can get a colonoscopy test done to look for cancer in the colon. I hope that answers your query.

1.0 and rectal examen showed no abnormalities. However, the other day while having intercourse, my wife noticed that I had not ejaculated and sure enough I did not see any trail of semen, so I have taken upon myself the decision to discontinue Flowmax as I have read in some forums that Flowmax creates abnormal ejaculations and/or retro-grade.Your advise, please.

Hi, Epididymal Cysts are not harmful if they are not causing pain or increasing in size. Epididymal cysts usually develop in adults around the age of 40. Cysts are found in as many as 30% of asymptomatic patients having scrotal ultrasound for other reasons. Treatment is not usually necessary and explanation and advice is all that is usually required. As you have mentioned that you don't have any prostate problem or any other, then you may discontinue Flo max tabs. Its adverse effect is retrograde ejaculation. Do consider positive feedback as a credit to my work Let me know if you have any further questions.

1.0 and SGPT is 85.0. what does that stand for and what effect is it making in my body and what do I need to avoid in terms of food and beverages and which part of the body is it affecting and how serious is the above figure.

Hi thanks for asking question. Sgpt and got are enzymes alt and AST that are present in liver hepatocytes. So whenever liver is affected they are liberated in blood through sinusoidal and enzymes high in blood. You have borderline elevation of enzymes. So you might have fatty liver like conditions you are overweight lose weight. Alcohol excess intake avoided. Low fat diet taken. Use only good oils like canola, sunflower etc. Use less oil in cooking. Regular exercise done.

Cheese, fried food, junk food, non veg taken very much less. Hope your concern solved. .

1.0 and the count is 0.6ml.pls tell us if there is any chance to have a baby on a natural way or if there is any medicines he could have? his age is 27,weight 64kg height i think hes 6.2 and his medical history is good.thanks

1.normal liquefaction time should be 20 minutes. If it is prolonged, it suggests an infection in the genital tract. Antibiotics should be taken to control the infection.2.normal sperm count should be at least 20 millions per ml of semen. If it is less than this, it is called oligospermia. Certain . You can consult with your treating doctor for this. Thank you. Hope I have answered your question.

1.0 and the highest is 102.8 without adding a degree. The mortin we have been giving him only brings it down a little. We ve tried a bath and that didnt help lower the fever either. Is this something we should bring him in for?

H Fever of few days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Paracetamol can be given in the dose of 15Â mg/kg/dose (maximum ceiling dose of 500Â mg) every 4-6th hourly that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Hope I have answered your query. Let me know if I can assist you further. Take care .

Input	Output
1.0 and trace protein, nothing else. Sent home. Currently pain has increased again, and is now accompanied by nausea. Suggestions?	<p>HelloThanks for query. You are 32 weeks pregnant and have been detected to have non obstructing stone of a size of 7 mm in your kidney. Taking in to consideration that it is non obstructing stone, and you are in 32 weeks of pregnancy it is advisable to wait till you get delivered following which you can go either for Extracorporeal shock wave lithography or endoscopic removal of stone depending upon the site and size of the stone at that particular time. Till then, you can take painkillers in mild dosage as and when necessary under the guidance of your Gynecologist .</p>
1.0 AND URINE IS ACIDIC .EPITHEIAL CELLS ARE 2-3 .PUS CELLS 1-2. RBC MORPHOLOGY IS NORMOCOMIC AND NORMOCYTES. WBC MORPHOLOGY IS -- NAD. HIS APPENDIX IS 6MM AND THERE ARE FEW ENLARGED MESENTERIC NODES IN THE PERICECAL REGION. REACTIVE MESENTERIC ADENOPATHY IS SEEN IN THE RIGHT ILIAC FOSSA. NO SIGNIFICANT WALL THICKENING. THE VISCERAL BOWEL LOOP APPEARS GLOSSY NORMAL CAN YOU TELL ME PLS . WHAT THIS ALL THINGS POINT OUT. SINCE. HE IS HAVING PAIN FROM LAST 4 TO 5 DAYS IN HIS RIGHT SIDE OF ABDOMEN. I WILL APPRECIATE YOUR RESPONSE. THANKS AND REGARDS, SUNNY. A. KISHINCHANDANI.	<p>Hi . These findings are nonspecific and there isn't some significant or serious abnormality.</p> <p>Mesenteric adenitis is diagnosis which is usually found in people which have symptoms of appendicitis. This is considered as viral abdominal lymph nodes infection and there is no treatment necessary. It usually passes in a few days with no consequences. He should only rest and take the lot of fluids. Wish you good health.</p>
1.0 ANTI HBS - NON REACTIVE PATIENT COUNT 0.04 CUT OFF VALUE 10.0 SGPT (ALT) RESULT 98.75	<p>Dear friend, Good that you asked. Sadly your(?) report indicates that you have hepatitis B virus positivity, but have no protective antibody developed yet. Liver enzyme SGPT is little raised due to liver infection. You are advised to see a gastroenterologist, get thoroughly evaluated for hepatitis B, and get appropriate treatment.it is transmissible through body fluids. So be careful with family members. Get spouse/ kids evaluated if you are declared infective still. Risks depend on lot of factors, so your Castro doc will be the best person to ask further. I hope to have guided you in right direction. Take care and keep me posted on your progress. Good luck !</p>
1.0 BAC and had three beers over two hours and am dumbfounded as to how this was so high. Thank you.	<p>1.0 BAC would be one of the highest blood alcohol concentrations ever recorded. A 0.08 is over the legal limit, and a 0.50 is often fatal in most people. Are you sure your level wasn't 0.10? That would make more sense and that would correlate with about 3 beers. I hope this is helpful. Feel free to contact me with any further questions.</p>
1.0 cm above the os. Internal os is closed. Cervical length is 37 mm. Does this mean placenta is low lying? Is there a serious problem?	<p>Hello. Yes, your scan indeed tells that you are having a low lying placenta. In such cases, chances of painless bleeding may be there. It would be better to avoid intercourse and heavy activities and to have a review of placental location in the anomaly scan at 19+ weeks. Almost 75 to 80 % of the times, the low lying placenta usually migrates to the upper uterine segment. So, the chances of bleeding come down by the term. So it is not something major to be worried about but yes the precautions are needed to be taken. Take care. For more information consult an obstetrician and gynaecologist online</p>

1.0 cm heterogeneous, purple-colored plaques with associated ulceration. Which is the most likely diagnosis?	Lymphangiosarcoma
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1.0 cm in the inferior right upper lobe corresponding to the chest x-ray abnormality. The appearance is suggestive of postinfectious or postinflammatory etiology, however given persistence since October 2017, other process cannot be excluded.	I have gone through the x-ray report you have mentioned. This report clearly suggestive of tubular opacity in right lower lobe. This opacity is persistent since October 2017. So possibility of fibrotic lesion due to previous lung infection (tuberculosis or pneumonia) is more likely. In my opinion, you should get done CT thorax because CT is more informative than chest x-ray. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.
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1.0 cm in the right lobe whereas I never used to have drinks but used to smoke 2-3 nos a day. Sir whether this can be cured with medicines else need surgery. If it can be cured by medicines, pls advise the medicines that I need to take. Thanks for the help.	Hello Your findings suggests mild fat deposition in liver(fatty liver) with enlarged prostate. Fatty liver is a reversible condition. Fatty liver can be managed by diet control and exercise in the majority of the cases. Fatty liver may be due to many reasons like hepatitis, alcohol intake, obesity,altered lipid profile, medicines etc. You may need few blood tests like random blood sugar, routine hologram, lipid profile. You should avoid saturated fat and take plenty of fibers in diet. You should increase your physical activity and go for exercise regularly. Simple cyst in liver is age related developmental finding. It only need to follow up if it is asymptomatic. Mildly enlarged prostate need clinical correlation and further investigations.PSA(prostate specific antigen)should also be assessed in enlarged prostate. After clinical evaluation, you may need medicines to take like alpha-blockers and 5-alpha-reductase inhibitors. Get well soon. Take Care .
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1.0 cm lump in the right groin the ultra sound states papable abnormality and a small benign appearing lymph node they sent me to a sport medicine doctor and he doesn't know what it is and said to get an MRI and go to a orthopedic oncology doctor I called them and they cannot help without a diagnosis, this injury was noticed after a bike injury. It's painful in some ways I think it's an infection or a blood clot a hernia was ruled out but everyone has a different answer I just want the pain to stop and the lump to go away, and don't know what doctor can help the primary hasn't the gyn hasn't and the sport doctor hasn't, what can I do	Hi, I have gone through your question. You may have some enlarged inguinal lymph node. It can be due to reactive hyperplasia as a result of infection or lymphoma. You should go for fine needle aspiration cytology or biopsy of that lump. It will give you exact diagnosis. Then you should take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.
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1.0 Everytime I am feeling nausea and vomiting tendency. Pricking pain in liver / sometimes burning sensation also present. My problem is about 3 yrs old. My urine is never clear and white. A new doctor has prescribed UDILIV 300 BD for 1 month and next month what should I do	Hi, Thanks for posting your query. Your liver function test is normal (as figures mentioned by you) except slightly raised GOT/ SEPT. Are you an obese person? Fatty liver is a common ultrasound finding and deranged GOT/ SGPT may be due to fatty liver. Your pricking pain doesn't appear to be due to liver pathology. What was your gall bladder status? You should also go for endoscopy. You should consult with internal medicine specialist / gastroenterologist. Take care,
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1.0 F. and is very very fussy, he will not take any pain medicine, he does not want to eat, but he will still nurse. We checked the spot and now it is filled with whitish yellow puss, do we need to be

concerned now?

I have gone through your query and can understand your concern. As per your complaint it seems that a bubble on the surface of the gum with signs of teething seems to be most probably an Eruption Hematoma or an Eruption cyst that occurs as a fluid filled pale colored lump, and it is not a harmful condition and will resolve as the tooth will erupt. The first tooth to erupt in mouth is at the age of 5-6 months and is lower front tooth. But in case if there is any problem associated with it or the tooth gets delay in erupting then it has to be removed to let the tooth erupt in the mouth and once the tooth erupts there is no further problem associated with it. Fever can however be due to teething but can also be due to viral infection and for this you can give him Acetaminophen but if the fever does not resolve or exaggerate then consult a Pediatrician. Hope this information helps.

Thanks and regards. .

1.0 fever and there is an infection in her hand which Ive been cleaning it also. The dog has had all of his shots, so why is she running a fever?

HRabies is 100 % fatal, but it is 100% preventable by proper and adequate treatment. As your child was bitten by vaccinated pet dog, but it is necessary to give at least 3 doses of antirabies vaccine to your child. As you cleaned the wound thoroughly with soap and water it will wash away the virus if it is present in the biting site. The symptoms of fever are may be due to presence of some other infection in the body. I would suggest you to consult your pediatrician at the earliest. Thank you.

1.0 g/dL

MCV 95 μm^3

MCH 29 pg/cell

Platelet count 150,000/mm³

Neutrophils 40%

Monocytes 40%

RD6375 150,000/mm3

Fig 1. 2000-2001 outbreak of negative WNV in the mass population of 10,251, 19, 20, 23 positive.

Which of the following is most likely diagnosis for this patient's thrombocytosis?

Reigobocytes per liter reduced to 611,000/mL. She is started on oral ferrous sulfate supplements. On

Colony plate negative. Laboratory parameters show no interval change in her MCV or platelet level. Which

Blood smear and **Postmortem** in management of this patient?

Which statement is true about this patient's condition?

1.0 gm /dl . i had mild peivic calyx dilataton in my right side kidney. some times i have to give
pressure for my regular urination i had 2 attacks of u,t,i,i am now depressed now. pls help me to
know about my life span .is there any way which protect me from knee joint pain and renal failure
pls reply

Chronic lymphocytic leukemia

Chronic kidney disease

Eculizumab can be used to treat this condition

Iron deficiency anemia

Continue oral ferrous sulfate and supplement with ascorbic acid

You had a problem with your urethra in the childhood means you have got some congenital problem regarding the urinary system. So for it is compensated, so you need not worry about the coming life, if you maintain a healthy kidney, it will be enough for the rest of the life. In HY . The main thing here is the genital system, the testis, epididymis, etc. I advise you to consult a urologist, for diagnosis. Don't worry you will be fine but get it confirmed. Thank you.

1.0 h U/ml. The gyno said that s borderline. I also completed a pap smear , upon the pap smear process blood was found at the mouth of the uterus or cervix. I presently await that result. despite the use of the pan killers i am still experiencing the urge to push or a very heavy pressing down of my uterus mouth feeling like if i want to miscarry a child. my question is could the lump cause that feeling? or might there be more going on ? i await surgery while i am not sure i can await for the 10 days schedule , i just need some answers. if anyone had this experience

Hi. A fibroid of size 5.01cms is very rare to cause such pressure symptoms. Because of Fibroid

uterus, there is every chance of bleeding disturbance. If your Gynecologist has advised you surgery, better you proceed. As it is not an emergency, you can wait for 10 days. But, consult your Gynecologist and take treatment for your complaints temporarily. I did Hysterectomy for many cases of Fibroid Uterus. No complaints till please do not worry and proceed with surgery with the advice of your Gynaecologist. Hope your Post operative Biopsy report comes as Benign disease, not malignant. All the British you good health

1.0 I received the drugs first time free. Are the new drugs less costly ? Also I have been clean since February and have no plans to ever start again.

My name is . I understand your concern. Treatment for hepatitis C, depending on:-How damaged your liver is.-Other health conditions you have.-How much hepatitis C virus you have in your body.-What type (genotype) of hepatitis C you have. Treatment with a combination of antiviral medicines can fight the viral infection and prevent serious liver problems. I suggest you to see a gastroenterologist for a proper treatment after an examination. Hope my answer was helpful. If you have any other question I'll be glad to help.

Input	Output
1.0 iron in my body.my whole body is turning pale n i am weak.and i have more white cells than the red.can you please guide me on what to eat.n which fruits and vegetables should i eat that are rich in iron.and i have kidney infection so maybe things that are not to acidic.	Dear friend, I appreciate your interest to improve your iron levels . if iron levels are very low you better go for iron injections . which is the best . iron is present in both vegetarian and non-vegetarian food stuffs . but iron present in non-vegetarian foodstuff is better absorbed if you are a non-vegetarian please take egg/fish/meat . you can also go for iron tablets with vitamin C which will help in better absorption of iron . one more thing is that you should know what is the cause for this iron deficiency the root cause should be removed. Like hook worm infestation / piles /bleeding gastric peptic ulcer .please do contact us for more queries . thank you
1.0 IU/L & SGPT IS 64.0 IU/L. PLEASE SUGGEST an Advice, Atul	I have gone through your query and being your doctor I completely understand your health concerns. Raised Sept and got levels occurs in variety of liver conditions.what is your age? Any family history of jaundice or liver abnormality? In my opinion you should consult hepatologist do that proper workup can be done and diagnosis can be established. You need to get your liver function test done along with screening for HBV and HCV.you should also Be tested with metabolic liver disease profile also for autoimmune hepatitis.ultrasound should also be done to look for fatty liver too. Don't worry and meet your hepatologist. Regards Said Sultan
1.0 kg (222.7 lb) and height is 170 cm (5 ft 7 in). Physical examination shows papular acne on her forehead and cheeks. There are dark hairs present on her upper lip, periareolar region, linea alba, and hips, as well as darkening of the skin on the axilla and posterior neck. Which endocrine abnormalities would also most likely be found in this patient?	Insulin resistance
1.0 last checked Dec. 20, 2010I have blood in my ejaculate. just completed 5 weeks of cipro 500 mg. 2x/day for BProstatitis. DRE showed a slightly enlarged prostate (after completed course of antibiotics). Urine is clear of blood (except first or second urination after ejaculation). I take Coozar, Toprol, Crestor, Plavix for heart and blood pressure issues. what could cause blood in ejaculate?	Hi and. As a Urologist, I can understand your anxiety. Blood in semen is frequently seen, in people having prostatitis. Start a course of Finasteride and stop the Plavix at once. Get examined by a Urologist, wholl do a . Urine routine and culture.2. Blood routine, creatinine,RBS, LFT,platelets and PSA.3. Ultrasound scandium, with a THUS. According to the reports, an expert opinion can be given.
1.0 liter (twice) from a drain in her abdomen and is on schedule to have it drained every other day. I m sure she is nearing the end, and was wondering how much longer she may have considering the fluid can not be drained fast enough. Thank you	Bile duct cancer most commonly involves liver. Almost 90% bile duct cancer metastasize to liver by the time of diagnosis. And it starts deteriorating liver function. So synthetic functions of liver like albumin production decreased . This is the main reason for ascites in this kind of patients. Another possibility is malignant spread in peritoneum. So in both ways' ascites can develop. And both carries the worst prognosis. Life expectancy with ascites in bile duct cancer patients is less than 1 year.
1.0 mEq/L	

	Administer intravenous 0.9% saline solution
Glucose 90 mg/dL	
Which is the most appropriate initial step in management?	Recommend weight loss, more exercise, and a salt-restricted diet.
Serum Creatinine 0.8 mg/dL	
Blood urea nitrogen 9.0 mg/dL	<p>Hi, Thank you for your query. I can understand your concerns. In alcoholic liver disease, the AST(GOT) :ALT (SGPT) ratio usually exceeds 2. This is partially explained by the depletion in alcoholics of pyridoxine 5-phosphate, the biologically active form of vitamin B6 which is necessary for the activity of both enzymes and is depleted in alcoholics. In alcoholic hepatitis and in contrast to other causes of fatty liver, the AST and ALT are usually elevated two- to sevenfold. They are rarely >400 IU, and the AST/ALT ratio >1 AST(GOT), which is derived from alcoholic damage to kitchen . In your case ALT level is elevated and more than AST, which is also elevated. I will suggest you to undergo serum g-GT (gamma-glutamyl transpeptidase)- a widely used screening test for alcohol abuse. If g-GT is also elevated, the liver enzyme elevations are alcohol induced.</p> <p>Regards</p>
Urinalysis:	
Glucose Negative	
Ketones Negative	
Leukocytes Negative	
Nitrite Negative	
RBCs Negative	
Casts Negative	
Which is the next best step in the management of this patient?	

1.0 mg/dL	Hydroxyurea
Hematocrit: 64%	
Leukocyte count: 19,000 cells/mm^3 with normal differential	Iron
Radiography is 90,000 from a few radiopaque objects in the stomach. Urine and serum toxicology are pending. Which is the most likely intoxication?	
Which is the most appropriate next step in the management of this patient?	Administer IV 0.9% NaCl and replace electrolytes
1.0 mg/dL	
Alkaline phosphatase 24 U/L	
Aspartate aminotransferase (AST, GOT) 12 U/L	X-ray of the chest
Alanine aminotransferase (ALT, GPT) 10 U/L	
Urea g/dL	Fatty infiltration of hepatocytes
Alkaline phosphatase: 100 U/L	
RBC 5000/L	Anaphylaxis when receiving a transfusion
Alkaline phosphatase: 225 U/L	
Suprastin 10 mg po qid (AST 37, GOT 18) shows a non-compressible left popliteal vein with a dilated femoral vein (4.5 cm) and retrograde flow. In addition to initiating anticoagulation, which is the most appropriate next step in management?	Anti-Ro antibodies
Which is most likely associated with this patient's presentation?	
Which is most likely associated with this patient's presentation?	Magnesium sulfate and labetalol therapy
Aspartate aminotransferase 20 U/L	
Which is the most appropriate next step in management?	Severe preeclampsia
ALT 20 U/L	
Blood urea nitrogen 15 mg/dL	
Urinalysis	
Protein Negative	
Glucose Positive	
Glucose Negative	
Leucocytes Negative	
Which is the most likely diagnosis?	
Red blood cells (RBC) Negative	

Casts Negative

Which explains this patient's presentation?

Burn out of pancreatic beta cells

1.0 mg/dL

Blood urea nitrogen 32 mg/dL

Alanine aminotransferase (ALT) 425 U/L

Aspartate aminotransferase (AST) 372 U/L

Hemoglobin (Hb%) 12.5 g/dL

Mean corpuscular volume (MCV) 80 fl

Reticulocyte count 1%

Erythrocyte count 5.1 million/mm3

Which is most likely deficient in this patient?

Acyl-CoA dehydrogenase

1.0 mg/dL

BUN: 12 mg/dL

Serum:

Albumin: 4.2 gm/dL

Alkaline phosphatase: 150 U/L

Alanine aminotransferase: 76 U/L

Aspartate aminotransferase: 88 U/L

After discussing the long term issues that will arise if her health does not improve, she agrees to modify her lifestyle and diet. Which would be the best pharmacotherapy for this patient?

Metformin

Input	Output
1.0 mg/dL	Pyridoxine
Ca2+: 10.0 mg/dL	
AST: 12 U/L	
ALT: 90 U/L	Antibiotic therapy
Ca2+: 10.1 mg/dL	Deficiency of 21-hydroxylase
It is started on vitamin B9 and B12. Which interventions could decrease the risk for complications the most in this patient?	
Testosterone: 82 ng/dL	Hearing loss
Calcium: 9.5 mg/dL	Lamotrigine
Alkaline phosphatase: 252 U/L	
Bilirubin: 2.0 mg/dL	
AST: 42 U/L	Anti-dsDNA antibodies
It is associated with this patient's most likely diagnosis?	
Eosinophils: 12 mg/dL	Dietary supplement
It is associated with this patient's condition. Which is the best next step in management?	
Bilirubin: 2.0 mg/dL	
AST: 80 U/L	Intubation
It is likely to be found in this patient?	
pH: 7.44	Activates 1-alpha-hydroxylase
It is the most likely cause of this patient's lab derangements?	
Prothrombin time: 14.0 s	Bowel wall biopsy
Bilirubin: 2.0 mg/dL	
Mean corpuscular volume: 110 fL	
Ca2+: 9.0 mg/dL	Anoscopy
It is the most likely cause of this patient's current symptoms?	
1.0 mg/dL	Subdural hematoma
It is the most likely cause of this patient's condition. Which is the best next step in management?	
Prothrombin time: 14.0 s	Acute pancreatitis
Ca2+: 9.0 mg/dL	Acute pancreatitis
Total cholesterol: 187 mg/dL	
It is the best step in management of this patient?	Inpatient nutritional rehabilitation
HDL: 70 mg/dL	
Bilirubin: 2.0 mg/dL	
It is the most appropriate next step in management?	Lithium cessation
AST: 42 U/L	
Bilirubin: 2.0 mg/dL	
Alkaline phosphatase: 152 U/L	Feltsyndrome
Ammonia: 250 U/L	
Urea: 135 mOsm/L	
It is the most likely cause of this patient's condition. Which is the best management for the patient's most likely condition?	

Sex hormones are higher than the normal values at this age. Which is responsible for the neonate's hypertension?	Increased amount of 11-deoxycorticosterone
1.0 mg/dL Sodium 146 mmol/L Potassium 4.1 mEq/L Calcium 9.1 mg/dL Glucose (random) 132 mg/dL	Creutzfeldt-Jakob disease
TSH 0.5 mU/L She is admitted to the neonology service. She is admitted to the neonology service. A head MRI, lumbar puncture, and EEG are performed. The MRI is normal. Electroencephalography (EEG) reveals periodic spike and slow waves with a duration of 1 second. Cerebrospinal fluid is positive for protein 14-3-3. What is the most likely diagnosis?	Nitrofurantoin for seven days
Leukocyte count: 10,000 cells/mm^3 with normal differential Hemoglobin: 14 g/dL Hematocrit: 42% Platelet count: 200,000 /mm^3 Urine: Epithelial cells: few Glucose: negative WBC: 20/hpf Bacterial: > 100,000 cfu / E. coli pan-sensitive What is the best next step in management?	

Input	Output
1.0 mg/dL	Increase the serum sodium slowly with hypertonic saline solution
Thyroid-stimulating hormone: 3.2 ÅµU/mL	
Creatinine 0.8 mg/dL	Anti-thyroid peroxidase antibodies
Thyroid-stimulating hormone: 5.3 ÅµU/mL	
Glucose 200 mg/dL	Hemoglobin electrophoresis
Total Bilirubin 0.4 mg/dL	
What is the most appropriate treatment for this patient?	Venous thrombosis
Fetal fibronectin 6.0 mg/dL	
Which blood test is most likely to be abnormal in this patient?	ACE inhibitor therapy
Lactate dehydrogenase 660 U/L	
Triglycerides 200 mg/dL (165 mg/dL)	Increased serum parathyroid hormone
HDL cholesterol 50 mg/dL	
3 days of short-acting oral prednisone results in no improvement in blood pressure. Further evaluation is most likely to show which findings?	Autoimmune hemolytic anemia
Blood negative	
Glucose 9 mg/dL	Astrocytes
Protein 1 mg/dL	
Lactate dehydrogenase 365 U/L	Reactive arthritis
Peripheral blood smear shows polychromasia with nucleated red blood cells and	
Spleen size normal. Coombs' test is positive. Which is the most likely diagnosis?	Decreased total body potassium
Glucose 111 mg/dL	
Brain contrast magnetic resonance imaging (MRI) of the head is shown in the provided image. Which	Adrenal medullary mass
Best describes the origin of the lesion seen in this patient's MRI?	
Protein negative	Administer intravenous sodium bicarbonate
Protein is the most likely primary component in the pathogenesis of this patient's condition?	
Blood negative	Decreased total body potassium
WBC 12 Åµ/hpf	
BGC 1650 hpf positive for ketones and glucose. Further evaluation is most likely to reveal which ?	Adrenal medullary mass
A0 ELISA test for HIV is negative. Arthrocentesis is done. The synovial fluid is cloudy and a Gram	
stain is positive. Analysis of the synovial fluid shows a leukocyte count of 26,000/mm ³ and 15% for	Administer intravenous sodium bicarbonate
the patient's synovial fluid. What is the most likely diagnosis?	
1.0 mg/dL	Administer intravenous sodium bicarbonate
Urine pH: 5.6	
1.0 mg/dL GGT 89 0-62 units/L Are these considered high. I exercise reguarly, and my	Administer intravenous sodium bicarbonate
Weight is stable. I never gain excess weight. I do drink every once in	
a while.	Hi. Thanks for posting query at . Usually ALT or AST values higher than two times the upper normal limit, is considered abnormal (in some countries, ALT or AST values of more than 100 are considered abnormal). Value of AST or ALT greater than 85 or above maybe investigated further. Alcohol ingestion and obesity are common causes of fatty liver disease. Also rule out HEB and C infection.advice :- abstinence from Alcohol - LOW fat diet should be followed, AVOID junk food and beverages-decreased oil consumption (oily food)- NO red meat-green vegetables should be ingested daily-use lemon juice (lemonade) once in a day-reduce weight if overweight/obese-recheck liver enzymes after 16 to 24 weeks and/or ultrasound. Any further questions are welcomed. Hope to answer your concern. Wish you good health. Regards, .

1.0 mg/dl BILIRUBIN DIRECT: 0.34 mg/dl.The doctor has suggested me that its an initial stage of Jaundice .Is it true?

Hi pal, ! Your liver function test does support the diagnosis of jaundice, although you have not told the GOT/SGPT Report-if they are also normal then probably you don't have hepatitis also. But if is the liver enzymes are raised then your doctor is right that is the initial phase of jaundice. Your fever and jaundice(if it is there really) are symptoms of the disease and not the disease itself. You may be having hepatotropic viral infection, malaria, cholangitis, enteric fever as a cause behind the syn . You need a physical examination by your physician and get baseline investigations like Chest X-Ray, Electrocardiogram, Complete Blood Counts, Renal Function Test, Repeat Liver Function Test, Ultrasound Abdomen, Urine Compete Examination. This work up is expected to detect the underlying problem, so a definite treatment could be started. I hope this advice would be helpful for you. Still if you have any queries or doubts, please write me back, I would be happy to solve them. Wish you a great health!

1.0 mg/dL, and a lactic acid concentration of 6.4 mmol/L (N < 2). Arterial blood gas analysis on room air shows:
pH 7.27
pCO2 36 mm Hg

Accumulation of NADH

100 mg/dL, and glucose 120 mg/dL. Which is the cause of this patient's acid-base abnormality?

Decreased oxygen delivery to tissues

An ECG shows ST-segment elevation in the precordial leads. Which is the most likely explanation

for this patient's chest pain? Complete blood count is negative. Flow cytometry shows erythrocytes deficient in CD55

and CD59 surface antigens. This patient is at greatest risk for which complications?

Venous thrombosis

1.0 mg/dL. He stopped drinking alcohol one year ago. His current medications include daily tacrolimus, prednisone, valganciclovir, and trimethoprim-sulfamethoxazole. His temperature is 37.7Â°C (99.9Â°F), pulse is 95/min, and blood pressure is 150/80 mm Hg. He appears uncomfortable and has mild jaundice. Examination shows scleral icterus. The abdomen is soft and tender to deep palpation over the right upper quadrant, where there is a well-healed surgical scar. His leukocyte count is 2500/mm3, serum bilirubin concentration is 2.6 mg/dL, and serum tacrolimus concentration is within therapeutic range. Which is the next appropriate step in diagnosis?

Ultrasound of the liver

1.0 mg/dL)

Defective conjugation of bilirubin with glucuronic acid

Direct bilirubin: 0.2 mg/dL (normal range: 0.0-0.3 mg/dL)

Hematocrit: 41% (normal range: 36%-46%)

Which processes is most likely responsible for this patient's jaundice?

Input	Output
1.0 mg/dL) Which is the most appropriate pharmacotherapy for this patient?	Penicillamine
1.0 mL 1-5 color, seminal fluid gray-white gray---white seminal pH 8.0 7.2-8 Liquefaction 30 Min 1-30 sperm count 15L mil/mL 20-250 motility 50 % 50-100 sperm morphology big headed, rugged head other APP-CLOUDY	HAi, Semen has to be collected within the lab premises with a period of sexual abstinence of 3-5 days. Then only you can get your optimum reliable parameters. As far as your seminal examination, the sperm count 15 million is little low, and you need treatment for the same. Motility will be good if it is more than 60%. That also has to be improved a little. Your analysis report shows borderline defects only and can be corrected easily. Sometimes a repeat sample after 15 days with adequate abstinence may show a result with adequacy. Consult an . He will help you in this regard. Good luck to you.
1.0 ml, viscosity: poor, reaction PH:8.0,sperum concentration :45 m/ml,motility:rapid progressive 20%,moderately pogressive 40% ,sluggish 20%,non motile 20%, agglutination :absent. Morphology Normal 80%,abnormal 20%, microscopy pus cells2-4/hpf, red cells:2-4 hpf please tell me sir this is normal or not ? which way improve my health? 5	HelloThanks for your query, based on report of your semen analysis that you have posted it appears that your semen analysis report is well within normal range as per WHO standards as for as morphology, sperm count and motility is concerned except the fact that presence of 2-4 pus cells and 2-4 RBC is suggestive of infection of either seminal vesicle or Prostate. You need to take antibiotics like combination of Trimethoprim and Sulphamethoxaxole (Bactrim) for 4 weeks to control infection Repeat your semen analysis after 4 weeks. .
1.0 ml, viscosity: sllightly viscous, reaction: alkaline(PH:7.8)microscopic characteristics:sperm concentration:occasional motile n non motile spermatozoa seenmorphology:normal:occasional normal spermatozoa seenpus cells:1-2/hpf, R.B.Cs:0-1/hpfSpermatological Diagnosis: severeoligoasthenoteratozoospermiaPls help me as am gonna consult the doctor tomorrow, am scared	Hi The report does not seem normal. It says that there are only very few sperms which are normal and motile. Was this semen sample collected as per lab instructions. Don't collect it in condom having spermicides Ideally the sample should be collected after 48 hours of abstinence. Have you suffered from any illness in the recent past? Are you on any treatment? All these can effect the result. Consult an . Take antioxidants and repeat the test after 2 months. If results are still the same you need help of assisted reproductive techniques for conception. I hope I have answered to your satisfaction. If you have any further concerns do contact me through
1.0 mlodour- normalliquefaction- 30 minutesreaction -alkalinetotal count-90 millionactive motile-50%sluggish motile-10%non motile -40%pus cellls- 2-4/hpfrbc-nilepithelial cells- occasionalamorphous material-presentgive advise about my repot, is it normal	HelloThanks for query. Based on the report of your semen analysis that you have posted I would like to comment on your semen analysis in campaign to WHO standards in detail as underspend count - Your sperm count 90 mil/ml (Normal range being 40 to 120 mil /ml). Motility of sperm is 50 % normal range being more than 30-40 their is no mention of morphology of sperms in your report that you have submitted. Rest of the parameters like viscosity, pH and liquefaction time are normal. Presence of 2-4 pus cells suggests mild infection which needs to be treated with antibiotics like Doxycycline twice daily for a month. Repeat semen analysis after completion of medications. .

1.0 mm and LT ovary is No dominant follicle. Can i know when it will get ruptured. And when i need to have intercourse to get pregnant.

Hi, a follicle ruptures when it reaches a size of more than 17 mm. So, your follicles can rupture any day now. If you want to be sure of the rupture, take an injection for that after consulting your doctor. Be in contact with your husband for next 2 to 3 days. Take progesterone for next 2 weeks. Do a urine pregnancy test after that. Hope I have answered your question. If you have any other query I will be happy to help. Regards .

1.0 mm lesions with indistinct borders are seen in the posterior pole. A chest X-ray is shown in the image. Tuberculin skin test with purified protein derivative is negative. What is the most likely diagnosis?

Tuberculosis

1.0 ng/mL. However, he also did prostatic acid phosphatase test which was high at 4.5 ng/mL. My question is whether prostatic acid phosphatase test is valid for screening or not? Should I need to do these tests again? I had prostatitis symptoms in the past. Now, it seems to be fine.

Hi. I have gone through your query. Prostatic acid phosphatase (PAP) has been replaced by PSA (prostate-specific antigen test). It is better in the detection of prostate cancer compared to PAP. The elevation of PAP levels alone is not a cause for concern. I hope your treating doctor has done a rectal exam to find out any prostate nodules. If it is normal, then it is not necessary to repeat the tests. Hope this helps you. Feel free to revert back with any questions. For more information consult an urologist online

1.0 nodule in my right upper lung. I do smoke, can this be metastasis from the breast cancer, or the kind of cancer you get from smoking? Im having alot of pain in the back under shoulder blade, and when i cough i can feel my lungs hurting.

Hi, Thanks for writing in. If you have a history of breast cancer and the PET CT scan shows a nodule in right lung upper lobe then the likelihood of a metastasis is much more than a new cancer in the lung. Breast cancer might spread to any other organ system and any suspicious area on the PET CT scan is investigated for a metastasis first. Please discuss the lung nodule with your doctor and follow recommended treatment and follow up. If it is a small nodule then treatment response is better. Pain during cough is less likely from a small nodule and might be more related to your general condition. However, a nodule from other benign causes should be ruled out subsequently and any other respiratory symptoms are to be attended to. Please discuss pain relief with your doctor to make yourself comfortable. Please do not worry.

1.0 of Synthroid per day. My TSe back 6.3. What would cause the elevated AST and ALT? How likely is it that I have hepatitis or cancer? Can the elevated TSH affect the AST and ALT? I am a non-drinker and take no medications except Synthroid (not even Tylenol). I do take calcium carbonate and vitamin D (several hours after the Synthroid dose. I also use Metamucil wafers twice a day (again several hours away from medication). I am a 57 year old, white female. Other tests came back normal. I had a colonoscopy about 4 years ago, and was diagnosed with IBS.

AST and ALT are nonspecific tests, which means they could be elevated for many reasons. That includes both hepatitis or cancer. I don't believe the elevations are related to the high TSH. You are in an age group where chronic hepatitis C is commonly diagnosed. Hepatitis C can cause such elevations without a lot of symptoms. If you were my patient, that is one of the first things I would check. At the same time, you could also be checked for other types of hepatitis. Other problems with your liver or problems with your gallbladder might also cause the elevations. Hope this answers your query. If you have more questions, I would be happy to answer them.

1.0 Plt. 569 Mono18 Have been in remission for 30 yrs. Have been in a lot of stress for a year with

a weight loss of about 30lbs. Unable to sleep at night, not much appetite, what do you think is going on?

Hi, dairy have gone through your question. You have history of Hodgkin disease, and you are in remission phase. Your WBC count is high normal. You have pinocytosis. It may be due to viral infection or some other cause. It has no relation with your Hodgkin disease. But your weight loss is worrisome. You should go for examination and details examination to search the cause of your weight loss. Then you should take treatment accordingly. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

1.0 s creatinine-0.9 widal-negative ps for malaria-negative esr-23 crp-53 ana-negative
xray-chest-normal usg ab-distended gall blader still fever is there now it came three spike and each time with rigger and now during fever periferal cynosis develop.spo2-98 please advice me what to do .and what is diagnosis and tratment

Hi, I had gone through your question and understand your concerns.It's typically of Dengue fever of what you have described above. Now you are in recovery phase you can take Tab Paracetamol for fever. As your Liver function tests and platelet count is coming to normal you should not worry more. Important thing in your above given description is that you have minimal ascites it can be seen in patients with dengue leak syn . Other way to monitor is Hematocrit count as when patient is recovering ascites will get reabsorb and hematocrit fall. I suggest you to have close contact with your treating physician for close monitoring. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions.

1.0 Sodium 130.6, potassium 4.9 , chloride 94.8,t-co2= 27.0 under treatment of Bangladeshi doctor. Now she is unable to take any food and if take food , she is making abominating. Doctor of here advise her to take dialysis and now she is taking medicine .Tab.Lasix 40m.g,Tab.Amdocol 5m.g Tab.Hyplus ,tab,Dicaltrol, Tab.Pentonix Cap.Fefol ci,Inj.Recormon 5000 unit(once weekly), and Tab.Omidon Pls looking forward for your kind suggestion .

Regarding your concern, I would agree with her doctor on recommending dialysis. It is a fast way to help reduce her creatinine levels and thus her blood pressure values, which are related to chronic renal insufficiency. Taking erythropoietin is also necessary to correct her anemia (He 6.8). Hope you will find this answer helpful! Kind regards,

1.0 to between 4 and 6. Dr cant figure it out-all tests normalANA and rheumatoid factor and SR normal. Im worried some occult cancer is lurking!Thanks for any help.

H I have gone through your question in detail and I can understand what you are going through.CRP is a very non-specific predictor and the levels may increase even with mild fever or stress. There is nothing to worry. The fact it's only the CRP that has come high suggests that it may not be a cancer. Hope I am able to answer your concerns. If you have any further query, I would be glad to help you. In future if you wish to contact me directly, you can use the below-mentioned link:
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1.0 Total cholesterol 260 hdl 45 ldl 187 tgl 137 tc/hdl 5.77 esr 30 hb 14.6 tlc 7300 dlc neutro 62
lympho 33 easiuo 05

Hello. Thanks for writing to us. The blood test reports that you have mentioned are within normal limits. This is not likely to cause the back pain that you are having. Adequate rest, hot fomentation and painkillers will help you in bringing symptomatic relief. I hope this information has been both informative and helpful for you. You can consult me again directly through my profile URL <http://> .

1.0 U)
Hemoglobin 12.9 g/dL

Hematocrit 45.7%	
Leukocyte count 5500/mm3	Methotrexate
Platelet count 200,000/mm3	
<p>Differential: normal but my serum sgpt(alt) is 84 and serum sgot(alt) is 42 both of which are above normal.</p> <p>Neutrophils: 55% some suggestion regarding this, is the condition of my liver is dangerous or i have any chronic disease or any medicine have increased this sgpt and sgot level because for last 3 months i have been taking penicillin tablets</p>	<p>You are taking penicillin since 3 months. So . Second it could be by fatty liver. So rule it out by</p> <p>USG abdomen. Sometimes viral hepatitis or Bag carrier might because. Do viral marker for that.</p> <p>Do you have history of any heart problem or muscle injury or myositis like condition?? As they can raise liver enzymes. If you have history of outside food then also hepatitis A or Hepatitis E can cause. Viral marker useful for it. I have given you few possibilities but</p>
<p>Transthoracic echocardiography is unremarkable. A muscle biopsy is performed, and the finding are shown in the exhibit (see image). The patient is started on high doses of systemic corticosteroids, but, after 4 weeks, no clinical improvement is noted. Which is the most appropriate next treatment for this patient?</p>	

<p>1.0 X 0.5 X 0.2 cms. Submitted entirely. Impression : Poorly differentiated squamous cell carcinoma, right lowerbucco alveolar sulcus(BAS) mucosa biopsy.</p> <p>=====CT SCAN of Head n Neck</p> <p>===== Clinical Profile : CA Right lower GB Sulcus. Technique: MDCT</p> <p>imaging was performed using thin axial plain and post contrast scan of from skull base to lung bases. Findings: There us e/o 32 X 27 X 12 mm (AP-CC-Thickness) enhancing lesion is seen in the right posterior buccal mucosa involving the lower GB sulcus and extending from 1st molar to 3rd molar region. The lesion focally involves the skin. No erosion of underlying mandible is seen. height of mandible below the soft tissue is 20 mm. Upper BG sulcus. RMT and infratemporal fossa appear normal. no evidence of lymphadenopathy on either of neck. oral cavity is normal. oral tongue, base of tongue and floor of mouth is normal. Nasopharynx, oropharynx and hypopharynx are normal. larynx is normal. Both side submandibular and parotid glands are normal. Bilateral maxillary sinus polyps are seen. Rest paranasal sinuses and both orbits are normal. Major neck vessels are normal. No significant abnormality is seen thyroid gland. Screening for thorax revealed no focal lesion or significant mediastinal lymphadenopathy. Diffuse emphysematous changes are seen in lungs. Comments : Finding suggest malignant lesion in the right posterior buccal mucosa involving the lower GB sulcus and extending from 1st molar to third molar region and focally involving the skin. No significant cervical lymphadenopathy. Bilateral maxillary sinus polyps. Screening for thorax revealed no focal lesion or significant mediastinal lymphadenopathy. Diffuse emphysematous changes are seen in lungs. Highly appreciate for any suggestion or treatment.</p> <p>Thank you so much in advance. Best Regards Laxman Odedra.</p>	<p>Hi, Thanks for writing in. The CT scan report above shows that there is a possibly malignant lesion in the right cheek in the area between gums and cheek from the first to third molar teeth. It measures 32 x 27 x 12 mm and is seen to be localized. No lymph node spread is seen. This shows that the cancer is still locally present and not causing any spread. The polyps in sinus and lung changes are not significant. With the above findings you should consult a head and neck oncologist and discuss if surgery is possible as the tumor is slightly larger. Treatment of this cancer involves surgery if possible and then followed by chemotherapy and radiation therapy. There is a good chance of treatment and survival for more than 5 years. He must stop tobacco and any other habits. Regular follow up with your doctor is required. Please do not worry.</p>
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1.0 x 10 (4) then I go under medication (Lamivir 100mg) after 3 years in August 2009 HBV DNA found negative but continue medication. Further test in May 2010 HBV DNA found negative then I leave medication, meanwhile SGPT always fluctuating in between 50-90. after leaving medication SGPT fluctuated same as earlier. Recently SGPT increased to 120 in last August 2 days back

SGPT found 124. May I know what is my current condition and what should I do?	<p>Hi Your SGPT levels are almost three times the upper limit of normal, this suggests reactivation of the disease. I would advise you to Get a HBV DNA viral load done and in case it is detectable you would need to start treatment. It would have to be a medicine other than lamivudine as now better .</p> <p>I would also suggest you get a USG and complete LFT done. I would advise you to consult a gastroenterologist who would guide you regarding the further management plan Hope this helped get back in case you have further queriesRegards</p>
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<p>1.0-2. the doctor told liver is normal. i want to know that if less a/g ratio is there any liver disease is present in my body. please suggest me.thanksramesh</p>	<p>Hi thanks for asking question. The albumin produce from liver. So if liver disease is present then albumin low and compensatory globulin elevated so a/g ratio less. So rule out cirrhosis or other liver problem by USG and viral markers. If excess excretion of albumin occur in urine then also albumin decreased like in nephritic syn . Do urine albumin and RFT for that. Sometimes protein loosing osteopathy can lead hypoalbuminemia. So rule out gastrointestinal disorders.</p> <p>Thyrototoxicosis, prolonged chronic infections, prolong fever can lead to hypoalbumin. So yes liver problem can lead low albumin.first rule out it then if liver normal rule out other condition. Take care</p>
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Input	Output
1.0-lb) weight loss over the past 6 months. Her last Pap smear 2 years ago showed atypical squamous cells of undetermined significance subsequent HPV testing was negative at that time. Menarche was at the age of 10 years and her last menstrual period was 6 years ago. Abdominal examination shows shifting dullness. There is tenderness to palpation of the left lower quadrant but no guarding or rebound. Bimanual palpation shows a small uterus and a left adnexal mass. Further evaluation of this patient is most likely to show which findings?	Elevated serum CA-125 level

1.0, and a normal platelet count. Postoperatively, when the patient is told about the complications during the surgery, he recalls that he forgot to mention that he has a family history of an unknown bleeding disorder. The postoperative laboratory tests reveal a prolonged partial thromboplastin time (PTT). Which is the most likely diagnosis in this patient?	Hemophilia A
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1.0, gamma gt 25.8, total bilirubin 5.2, my doctor told me not to worry much but recommended the following medicine livolin forte and aztor ez please advice me if these medicine have side effects or not and i have been taking milk thistle for the last one month can it interact with the medicine am about to start.	1.0that means there is some degree of destruction red blood cells going on.(Hemolysis)Fatty liver by itself can't be causing this I don't think milk thistle will hurt. I would want to know what caused fatty liver. If it is due to overweight you can work on losing weight. If it is from . The problem hemolysis should be looked into.Maybe a consultation with a blood specialist may be helpful. Good health,
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1.0, Hct=32.5 in December, primary started him on 1 iron pill a day, same results in January, increased him to 2 pills a day, today Hgb=10.3, Hct=30.0, primary today increased iron pills from 2 to 3 per day and says she does know why levels are low	Hi In 80-year-old some amount of anemia is expected, but you have to first rule out any pathological cause of anemia that is bleeding somewhere from gastrointestinal tract or occult malignancy some her in body. If any pathological cause of anemia is ruled out then some amount of anemia could be due to poor absorption of iron contained in food from intestine due to decreased blood supply which is normal process with age. Second reason could be decreased erythropoietin production from kidney (due to decreased blood supply) which stimulates the bone marrow to produce red blood cell (RBC) containing hemoglobin. Third and final physiological cause could be decreased RBC production by bone marrow. Again due to decrease blood supply to bone marrow. If iron is not absorbed from, increasing its dose will not improve hemoglobin. I would suggest you to get your friend examined by internal medicine specialist who may be able to evaluate your friend for cause of anemia and treat him accordingly Hope this answers your question.
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1.0, how to reduce my bun level	Hello .First I would like to inform you that you have not mentioned the reference rang for bun of your test result, because it varies from one lab to another. Ideal range for bun is 7-21 mg/DL. An elevated BUN in the setting of a relatively normal creatinine, which is your case, may reflect a physiological response to a relative decrease of blood flow to the kidney without indicating any true injury to the kidney. So, in your case you are advised to take plenty of fluids orally to increase blood volume. Best of luck.
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1.0, i gave her some baby tylenol today at 430pm and within an hour her rectal temperature
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dropped to 98.4. She is sleeping and eating well and has wet diapers. tonight i again used the rectal thermometer and though i may have not had it in perfectly as she was squirming, the temp. was 96.2. Is this something to be concerned about? She seems to be acting fairly normal.	<p>HiFever of a few days without any localizing signs could as well a viral illness. Usually, rather than fever, what is more, important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably a viral illness and it doesn't require antibiotics at all. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Hope I have answered your query. Let me know if I can assist you further.</p>
1.0, serum total bilirubin 3.5, serum conjugated bilirubin 3.0, serum unconjugated bilirubin 0.5, SGOT 99.0, SGPT 329.0, Serum alkaline phosphate 278.0. please tell me the diet.	<p>Hi Thanks for the query. I had gone through case and as you should know that liver produces the bile enzyme which helps in digestion of heavy and fatty food. So you need -Take Glucose as mush as possible with water. Keep HY . Avoid Oily and spicy food, non-vegetarian, eggs and outside cut fruits. Take non-oily green vegetable, boiled radish, rice and chapati without butter. Take fruits as much as possible either plain or with lime and salt. Take mint chutney for changing of taste.</p>
1.0, total iron-binding capacity (TIBC): 412 mcg/dL, transferrin saturation (TSAT): 11%. What is the most appropriate treatment for this patient?	<p>Iron replacement for 4â€“6 months</p>
1.0?	<p>1.0 is indicative of osteopenia.</p>
1.0.	<p>you need an evaluation by a cardiologist. In congestive heart disease there is swelling of legs, ankles due to poor venous return/ordure to low cardiac output. Serum sodium, pottassium levels, serum creatinine, sgpt got are few tests done for screening. Also doctor has to see if lungs are clear and no over enlargement is there. Orthopedic causes of ankle swelling may need to be ruled out also-usually arthritis gives some element of pain so, as in your case, there is no history of pain in ankle, so it is unlikelyRegards</p>
1.0. Also have body aches throughout body, headache, and feel a constant need to urinate - when I do urinate I get a bit of a tingling sensation that goes down my arms to my hands - no pain though. I dont know if its all part of the same issue but all symptoms came on suddenly two days ago.	<p>Hello! I have been through your question. Related your concern I think you have urinary tract infection (most probably pyelonephritis). Usually, a frequent urination, chills and fever are the symptoms of pyelonephritis. What I suggest for you is to do a physical examination by an infectious diseases specialist, urine test, urine culture, full blood count, academia/ creatine, abdominal echo (to exclude renal problems) in order to define better the diagnosis and to start the prompt adequate antibiotic (usually I prescribe ciprofloxacin or Bactrim). I hope my answer helps you. I wish you a quick recovery.</p>
1.0. Could this be caused solely by crohns? I also have chronic low back pain and it gets worse after eating. Is this also associated with crohns disease?	<p>I had gone through your question and understand your concerns. I see similar cases amongst people who visit my clinic. Yes your anemia and back pain associated with is due to Crohn's disease. In Crohn's disease patient develops anemia because of low iron in blood caused by bloody stools that can be or can not be seen by naked eyes. Lower Backache in Crohn s disease can be due to an inflammation of the sacroiliac joint or sacrilicitis, in which pain running down your leg and also can be due to intestinal inflammation. Thanx. Hope this answers your question. If you</p>

have any query then please do not hesitate. I will be happy to answer your questions. <http://doctor.com/doctors/> .

1.0. Could this be related? There's a white bump right on top of bite with clear liquid. Could my fever be related to bite? Or just a coincidence????

HiT hanks for choosing , shall be glad to answer your query. Apparently you have developed infection 24-72 hours following the bite. It is definitely related to the dog bite. You are advised to visit the hospital for the following: Careful examination and first aid like cleaning of the wound, This is category III dog bite which is treated as follows: In Tetanus toxic into the muscling Anti Rabies Vaccine 4 doses on 0,7,14, and 28 days into the muscle preferably in the buttocks Anti Rabies Serum 50% on the bite site and 50% into the muscles. A course of appropriate antibiotic to treat the infection following dog bite. Since the immunization status of your dog is not mentioned, so better take an opinion of the treating doctor. Wishing you a very good health. Should you need more information, please feel free to send your query to . Best regards.

1.0. I am 68 year old female and have some side pans and more frequent urination now than I used to have. No burning. I have tested positive for infections in my urine on several doctors visits and end up taking Baxtrim to get ride of it. My problem I I worry about kidney failure.

HelloThanks for query. You have doubt that you have Kidney Failure. Creatinine level of 1 itself indicates that your kidneys are functioning normal and nothing to be worried about it. As regards increased frequency of urination this is common after the menopause and is due to what is called as Urethral Stenosis.(Narrowing of Urethral Passage)The most probable cause of UTI may be due to Post Menopausal Urethral Stenosis which is very common in females after menopause. After the age of menopause there is generalized atrophy of all Benito Urinary Organs which also involves urethral passage causing narrowing of the urethral passage (Urethral Stenosis). Because of the urethral Stenosis there is incomplete emptying of the bladder during urination and some amount of urine always remains in the bladder what is called as residual urine. This stagnated residual urine is a source of infection causing UTI. I would suggest you to consult qualified Urologist for clinical assessment and get endoscopic examination of bladder (Cystoscopy) and Urethral Calibration done. This will to dilate your urethral passage and help in complete emptying of bladder and there by prevent getting UTI repeatedly. .

1.0. I had a prostate biopsy in Dec 2013 and it was negative. I just had a colonoscopy and had 4 polyps removed. They were benign. Any ideas if that could cause a high PSA level

Hi, dear. I have gone through your question. Your PSA level is high. Benign polyp doesn't causes rise in PSA level. You may have some other causes like chronic prostatitis or benign prostatic hyperplasia. You should consult urologist. If your PSA level goes on rising then you should go for repeat biopsy. You may have some occult carcinoma. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

1.0. I have had recent TSH and TBII done no result yet but will be first off Lithium. I began self-prescribing Methimazole due to the active thyroid anxiety now gone after Lithium stopped. It is taken over. I have positive TPO antibodies. No thyroid scan ultrasounds biopsies, etc. No eye or skin diagnosis. Is this eye skin signs definitive plus blood work of Graves\ Blood work trend is high free T3 13 average T4 low normal TSH (always while on Lithium and testosterone with LH suppressed diagnosed as result of therapy)

The diagnosis is correct viz hyperthyroid Graves\ disease. You certainly need Methimazole for this as well as a thyroid surgery. You should not take Lithium for prolonged use. However, bearing in mind the side effects it has. But I understand you also need it for your grittiness and mood

behaviour. You should speak to an endocrinologist regarding the surgery for the same and hopefully, you can go off both Lithium and Methimazole. The other medications do not matter here. Considering your age and family history, thyroid toxicosis could set in. So I would recommend you get it operated.

1.0. I recently read that there is a relation between Vitamin B12 and platelet count.Should I start Vitamin B12 therapy to check whether it improves my platelet count?

Hello. Vitamin B12 deficiency is a very rare cause of thrombocytopenia (low platelet count) and usually, the counts are not very low as in your case. Since your vitamin B12 levels are towards the lower range of normal and bordering on deficiency, you can take vitamin B12 supplements. If your platelet count does not improve, you need to get a proper hematologic assessment done to determine the cause. Your serum ferritin levels are very low and your hemoglobin is also low. You can take iron and folic acid tablets as well to help with your anemia. For more information consult a hematologist online

1.0. The tip of my penis has a mild buring sensation after ejaculation. My urine is clear. I have a right side reducible inguinal hernia and will have surgery in the near future.

Hello dear, I read and understand your concern. There are two possible causes of the hemorrhage in you. First is the inguinal hernia which got obstructed, and the result is the hemorrhage. But this cause is associated with the severe pain. Which is absent on your complaint, so it can be excluded. Second cause is the anticoagulant Carlo. Anticoagulant helps to stop coagulate the blood. So I am afraid the coagulation procedure near vessels of the ejaculation duct is stop coagulating the blood the result is the bleeding. Other evidence in support is the absent of blood on the urine and present on the ejaculation. I advise you should change the . I advise you should visit nearby doctor because they will guide you

1.0.1180.0 AOL/9.7 AOLBuild/4343.3030.US Safari/537.1 master_acct 0000 sub_acct 0000
acct_type Master account: 0000 (Master Account). Client Ver: 4343.3030(16/1/1/US). Name
MTooker911 PrimEmail_TRIAGE YYYY@YYYY OnProblemPC__TRIAGE yes
OperatingSystem_TRIAGE Windows Vista Browser_TRIAGE Google Chrome
Connection_TRIAGE AOLVersion_TRIAGE AOL 8.0 or lower promo_code 18193 bid 1
payment_type 5 LANGID 11 LANG en REGION US

I have gone through your query and understand your concern. You need to go for MRI lumbar spine to make a definitive diagnosis. Till that rest and analgesic such as ibuprofen is your treatment. Mecobalamin can be of use. You can discuss with your doctor about it. Hope your query get answered. If you have any clarification then don't hesitate to write to us. I will be happy to help you. Wishing you a good health. Take care.

1.0â„‰%). A joint aspiration is performed and a growth of gram-negative diplococci is noted on bacterial culture. What is the treatment of choice for this patientâ€™s condition?

Ceftriaxone monotherapy and joint aspiration

Input	Output
1.0) Na+ 141 mEq/L	Administer activated charcoal
K+ 2.1 mEq/L Vitamin D was low (23). I was wondering what these results indicate, particularly with Chronic Kidney Disease	H forum. Take care. Hope this will help you. Consult a urologist for examination and further management of the chronic kidney disease. For more information consult a hematologist online
HCO3- 25 mEq/L Urea nitrogen 10 g/dL	
Complete Blood Count (4), Color and Clarity is Colorless and Clear, White Blood Cells CSF (3), Segmented WBC (4), Neutrophils CSF (85), Lymphocytes CSF (85), Monocytes (14). Everything else was a 0 Total Bilirubin 0.1 mg/dL. What can cause the Lymphocytes to be so high? Will MS cause this? Aspartate Aminotransferase (AST) 28 U/L ALT 25 U/L Alkaline phosphatase 62 U/L Which is the most appropriate next step in management?	
	I read your question, and I am sorry about your concern. Those results show an elevation of the protein and the lymphocyte count. Before continuing I must point out that the White Blood Cells (WBC) count must be mistaken because the WBC include all the neutrophils, lymphocytes, monocytes so number can't be lower than it's their sum. Regarding the question on multiple sclerosis, well yes, it can show high lymphocyte and protein numbers. On the other hand they can change from other causes as well, like from central nervous system infections. So the diagnosis is directed by the history and clinical exam. However, usually to search for the diagnosis of MS, the spinal tap is obtained more for the purpose of testing for what are called immunoglobulins and the presence of oligoclonal bands. I don't know if those have been tested, the rest doesn't help much for the diagnosis of MS. Usually the diagnosis of MS is put by MRI, and spinal tap is obtained if in doubt to search for oligoclonal bands. I hope to have been of help. Feel free to ask further questions.
1.0), 236 and 299 respectively. what should i do to get relief from liver disorder? what could have happened to me?	HI had gone through all the data you have posted. Your reports are suggestive Hepatitis. We need to evaluate the cause of Hepatitis. In India common cause for hepatitis are viral hepatitis like Hep B, Hep C, Hep A, Hep E, alcohol induced and rarely hemochromatosis, Wilson disease. We need Ultrasound abdomen to look for liver echo texture. Kindly stop alcohol if you have habit of and get the serology for viral markers done to know the etiology of hepatitis, as etiology determines the next treatment. For now, you can take ADAM LIO 300 mg 0-0-1 and reply with further details. Hope this helps.
1.0). The doctor ordered a cat scan with dye to rule out a clot/tumor, showed nothing. I have not been feeling well at all. What could this be?	PUT (pulmonary function test) 2. CT pulmonary angiography. Bronchitis can cause breathlessness. So PFT is needed to rule out bronchitis. D dimer is high in your case. So possibility of Pulmonary embolism is there. So pulmonary angiography is needed to rule out embolism. Consult pulmonologist and discuss all these.
1.0). SIR PLEASE ADVISE US WILL THIS CALCIFICATION IS A VERY SPEEDY PROGRESS AND WILL HIS KIDNES AND HEART GET DAMAGED SOON OR WILL IT TAKE TIME AT LEAST 5 YRS .WAHT SHOULD BE OUR NEXT STEP ,,,,PL ADVISE US WE DONT WANT TO LOOSE HIM.	Hi Andy, Thanks for writing in. Vascular calcification of the kidneys could be due to old age, chronic kidney disease and diabetes. I would like to know the size of the kidneys in the ultrasound report. Also, I would like to know the electrolyte level renal function test report and the complete blood count. This will help us know whether he has chronic kidney disease. Also, I would like to know if

		he is diabetic. If this is only because of old age, then it will not progress rapidly. However, regular monitoring of renal function is required. Your next step should be to consult a nephrologist. He would be the best person to guide you. Hope that helpsRegards
<p>1.0Â°C (105.8Â°F), not relieved by Tylenol. The patientâ€™s mother says that her symptoms started 5 days ago and have not improved. The rash started on her trunk and now is present everywhere including the palms and soles. Her birth history is normal. Her pulse is 120/min and respiratory rate is 22/min. On physical examination, the patient is agitated and ill-appearing. There is significant swelling of the distal upper and lower extremities bilaterally. The pharynx is hyperemic (see image). Generalized edema with non-palpable cervical lymphadenopathy is noted. Muscle tone is normal. Remainder of exam is unremarkable. Laboratory findings are significant for the following:</p> <p>Laboratory test</p> <p>Hb 9 g/dL</p>	<p>RBC 5.33 (38.3Â°C), blood pressure is 113/75 mmHg, pulse is 105/min, and respirations are 12/min. On physical examination, there is tenderness over the lower abdominal quadrants, and blood platelets show 200,000/inÂ³ inflammation as well as a retained intrauterine device. The most likely cause of this patient's symptoms should be treated with an antibiotic with which mechanism of action?</p> <p>AST and ALT are normal, but there is markedly increased serum CRP. Which is the most likely diagnosis?</p> <p>diagnosis? blood pressure is 125/65 mmHg, pulse is 105/min, respirations are 14/min, and oxygen saturation is 98% on room air. Laboratory values are notable for the findings below.</p> <p>Hemoglobin: 12 g/dL</p>	<p>Kawasaki disease</p> <p>Cell wall synthesis inhibitor</p> <p>Azithromycin</p> <p>Retinal hemorrhage</p> <p>Togavirus</p>
<p>1.0Â°F (38.3Â°C), blood pressure is 134/83 mmHg, pulse is 71/min, and respirations are 19/min. Physical examination reveals 14,500/mmÂ³ with enlarged lymph nodes. Based on these findings, she is given a platelet count of 7,000/mmÂ³. Which is most strongly associated with the cause of this patient's condition?</p> <p>Physical exam is notable for clear breath sounds bilaterally. Which is the best next step in management?</p> <p>1.0Â°F (38.3Â°C), blood pressure is 90/50 mmHg, pulse is 140/min, and respirations are 30/min. Physical examination reveals flexed upper and lower extremities, minimal response to stimulation, and slow and irregular respirations. A murmur is best heard over the left second intercostal space. The childâ€™s lenses appear pearly white. Which classes of pathogens is most likely responsible for this patientâ€™s condition?</p>	<p>Vancomycin/piperacillin-tazobactam/clindamycin and debridement of the surgical wound</p>	
<p>1.0Â°F (38.3Â°C), blood pressure is 97/59 mmHg, pulse is 106/min, and respirations are 16/min. The surgical wound has new erythema with dusky patches and abundant cloudy discharge. The patient reports new decreased sensation around her wound site. Her lungs are clear to auscultation and abdomen is soft with hypoactive bowel sounds. She has no costovertebral angle tenderness. Urinalysis is within normal limits and urine culture grows >100,000 CFU/mL of Escherichia coli.</p> <p>What is the best management?</p> <p>symmetric joint swelling in the childâ€™s knees and wrists that has become increasingly noticeable over the past 8 weeks. He has not had a cough, difficulty breathing, or change in his bowel movements. The child was born at 40 weeks gestation. His height and weight are in the 45th</p>		

and 40th percentiles, respectively. He takes no medications. His temperature is 100.1Â°F (37.8Â°C), blood pressure is 100/65 mmHg, pulse is 105/min, and respirations are 18/min. On examination, there is a non-pruritic, macular, salmon-colored truncal rash. Serological examination reveals the following:	Iridocyclitis
Severe); the pulse is 108/min, the blood pressure is 116/80 mm Hg, and the respirations are 20/min. Cardiac auscultation reveals the presence of localized crackles over the right lower lung field. Edema is present over her left leg and tenderness is present over her left calf region. When her left foot is flexed, she complains of calf pain. The emergency department mandates the use of a modified Wells scoring system in all patients presenting with SOB. Negative	
Her past medical history is positive for the presence of which risk factors would suggest a high clinical probability of pulmonary embolism?	History of surgery within the last 30 days
110.0Â°F) and respiratory rate is increased. Physical examination reveals vertical hemorrhages under his nails, multiple painless erythematous lesions on his palms, and two tender, raised nodules on his fingers. Cardiac auscultation reveals a new-onset 2/6 holosystolic murmur loudest at the apex with the patient in the left lateral decubitus position. A transesophageal echocardiogram reveals vegetations on the prosthetic valve. Blood cultures reveal catalase-positive, gram-positive cocci. Which characteristics is associated with the organism most likely responsible for this patient's condition?	Novobiocin sensitive

1.0Â°F) to 38.9Â°C (102.0Â°F). Her past medical history is significant for toothache and multiple dental caries. The patient denies any history of smoking or alcohol or drug use. She is not currently sexually active. Her vital signs include: blood pressure 110/74 mm Hg, pulse 124/min, respiratory rate 14/min, temperature 38.9Â°C (102.0Â°F). On physical examination, the patient is confused and disoriented. She is moving her right side more than her left. A noncontrast CT scan of the head reveals a ring-enhancing lesion in the left frontal lobe consistent with a cerebral abscess. The abscess is evacuated and sent for culture studies. Which microorganisms did the culture most likely grow?	Streptococcus viridans
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1.0Â°F), blood pressure 90/68 mm Hg, pulse 120/min, and respirations 20/min. Physical examination reveals a diffuse erythematous desquamating maculopapular rash over the lower abdomen and inner thighs. There is moderate tenderness to palpation of the suprapubic and lower right quadrants with no rebound or guarding. Abdomen is non-distended with no hepatosplenomegaly. Pelvic examination reveals a purulent vaginal discharge. Which best describes the organism responsible for this patient's condition?	Gram-positive cocci in clusters producing superantigens
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1.0Â°F), blood pressure is 120/70 mm Hg, pulse is 110/min, and respiratory rate is 18/min. On physical examination, the patient is ill-appearing and dehydrated. A grayish-white membrane and pharyngeal erythema are present in the oropharynx. Significant cervical lymphadenopathy is also present. A throat swab is taken and gram staining shows gram-positive club-shaped bacilli along with few neutrophils. Which would most likely be the result of the bacterial culture of the throat swab in this patient?	Small black colonies on tellurite agar
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1.0Â°F), pulse 72/min, blood pressure 118/63 mm Hg, and respiratory rate 15/min. On physical
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examination, he has bilateral posterior cervical lymphadenopathy, exudates over the palatine tonsil walls with soft palate petechiae, an erythematous macular rash on the trunk and arms, and mild hepatosplenomegaly. What is the most likely diagnosis?	
	Infectious mononucleosis

1.0Å°F), pulse is 130/min, blood pressure is 116/80 mm Hg, and respirations are 28/min. Auscultation of the chest reveals bilateral crackles. Considering that he has already taken inhaled albuterol and has tachycardia, the physician nebulizes him with inhaled ipratropium bromide, which significantly improves his symptoms. Which is the mechanism of action of this drug?	
	Inhibition of vagally-mediated contraction of bronchial smooth muscles

Input	Output
1.0Å°F), pulse is 87/min, respirations are 17/min, and blood pressure is 120/78 mm Hg. On physical examination, there is a 3-inch-diameter, red, erythematous, round rash with central clearing on the right leg (see image). Antibodies against <i>Proteus vulgaris</i> OX-19 are absent. Which is the most likely cause of this patientâ€™s symptoms?	<i>Borrelia burgdorferi</i>
1.0Å°F), pulse is 90/min, and blood pressure is 110/70 mm Hg. On examination, mild abdominal distension with minimal tenderness was found. Laboratory tests reveal a peripheral white blood cell count of 12.000/mm ³ and a stool guaiac mildly positive for occult blood. Which best describe the mechanism of this patient illness?	Disruption of normal bowel flora and infection by spore-forming rods
1.0Å°F), respiratory rate 16/min, and pulse rate 65/min (regular). Physical examination reveals track marks on the arms and a lesion on the patientâ€™s left ring finger as shown in the picture below. On cardiac auscultation, an early diastolic murmur over the right second intercostal space is heard S3 and S4 are also present. Echocardiography shows vegetation on the aortic valve and mild valve insufficiency. Serial blood cultures are performed, and results are pending. Which causative agents is most likely responsible for this patientâ€™s condition?	<i>Staphylococcus aureus</i>
1.0Å°F), the pulse is 98/min, the blood pressure is 122/80 mm Hg, and the respiratory rate is 14/min. The nasal mucosa and pharynx are inflamed, but there is no purulent discharge. Auscultation of the chest does not reveal any abnormalities. She mentions that she has been a heavy smoker for the last 5 years, smoking about 15â€“20 cigarettes per day. The physician suggests she should discontinue using combined OCPs and choose an alternative contraception method. Which best explains the rationale behind the physician's suggestion?	Smoking is likely to increase the risk of developing deep vein thrombosis and pulmonary embolism in women taking OCPs
1.0Å°F). Examination of the left foot shows a small, purulent wound with surrounding swelling and dusky redness extending to the mid-calf. There are numerous hemorrhagic blisters and the entire lower leg is exquisitely tender to light palpation. There is no crepitus. Blood cultures grow gram-negative bacilli that ferment lactose. Which is the most likely causal organism?	<i>Vibrio vulnificus</i>
1.0Å°F). On cardiac auscultation, there is an S3 gallop and a 3/6 holosystolic murmur heard best along the right sternal border. There are fine rattles present over the lung bases bilaterally. Which tests would be of the greatest diagnostic value in this patient?	Blood culture
1.0Å°F). On physical examination, the boy appears uncomfortable and has difficulty breathing. His heart is mildly tachycardic with a regular rhythm and his lungs are clear to auscultation bilaterally. Oropharyngeal examination shows that his palatine tonsils are covered with pus and that there is erythema of the surrounding mucosa. Which mediators is responsible for this patientâ€™s elevated temperature?	Prostaglandin E2
1.0Å°F). On physical examination, the right wrist and left knee joints are erythematous, warm, and extremely tender to palpation. Both joints have a significantly restricted range of motion. A petechial rash is noted on the right forearm. An arthrocentesis is performed on the left knee joint. Which would be the most likely finding in this patient?	Arthrocentesis aspirate showing minimal, purulent joint effusion with negative culture

1.0Â°F). On physical examination, there is a maculopapular rash present on the trunk and extremities. There is also significant bilateral cervical lymphadenopathy and small petechial spots on the soft palate. Symptomatic treatment is provided and the patient recovers in 3 days. Which best describes the most likely causative agent responsible for this patient's condition?	Single-stranded positive-sense RNA virus
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1.0Â°F). Past medical history is notable for chronic diarrhea since birth, as well as multiple pyogenic infections. The mother received prenatal care, and delivery was uneventful. Both parents, as well as the child, are HIV-negative. Upon further investigation, the child is discovered to have Pneumocystis jirovecii pneumonia, and the appropriate treatment is begun. Additionally, a full immunologic check-up is ordered. Which profiles is most likely to be observed in this patient?	Increased IgM and decreased IgA, IgG, and IgE
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1.00 RANGE(15-37) *****U/LGGTP 56.00 RANGE(0.00-55.00) ***** U/LALKALINE PHOSPHATASE 113.00 RANGE 50-136 U/LREST FEW ARE NORMAL ,CAN YOU PLEASE HELPDEEPAK YYYY@YYYY	Dear Deepak. Greetings from !!! I am and shall be answering your question. I can understand your state of mind when you saw these LFT report values. Furthermore, I will try my best to answer your questions. I wish to know if you consume alcohol in any form? If yes, I need to know the duration of consumption, frequency and the exact name of the alcohol. This is bound to affect the interpretation of your LFT report. Your LFT has enzymes SGPT and GOT in the higher range of normal. GGTP and Alkaline phosphatase are in the normal range. The elevations in SGPT and GOT must be more than 2 to 3 times normal to be significant clinically. This is not the case with you. Hence I would like to reassure you that your LFT is normal. Don't worry much about it and relax. I hope this helps you out. If you have any more questions, please do not hesitate to write back to me. Yours sincerely, .
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1.00 - 7.00 mm/h serum ALT level of 59 iu/L normal level Please let me know if something is seriously wrong with me and what, if anything, I can change to improve these results. Also I have had a stiff neck for over 3 weeks but tests for infection came back negative.	Hi, dairy have gone through your question. Your ESR is slightly higher than normal. Your alt is almost normal. No need to worry. Just avoid alcohol and high fat diet. Repeat the blood test after 15 days. Mostly it becomes normal. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health. Don't forget to click, thank you.
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1.00 . this is very high. what it indicates ?plz keep remember HB E Ag is negative at the moment.	Hi dear thanks for contacting . Yes your Test value that is OD is very high . So you are strongly positive with hepatitis b antigen, and you are chronic carrier case. Here you might be in chronic active case. Although your head negative ., Do your HBV RNA assay . If it is high and liver enzymes elevated since 3 to 6 months then antiviral .Meanwhile, follow below advise.-Low fat diet-Less oil in diet-Green leafy vegetables-Refined food avoided -Avoid alcohol-One tsp cumin seed with water daily. Regular follow up done to prevent or delay cirrhosis like complication. Keeping these in mind consult gastroenterologist. Take care.
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1.00 10^6 Motility : 50% Morphology : 10% Liquefaction : Normal Could you please look through these tests and advise us what to do. By the way my husband take Menevit and fish oil and vitamin E . My email : YYYY@YYYY Thanks Fredon	Hi, I am According to the reports, motility of the sperm is lower than accepted value (>50% as per WHO1999) which was previously normal. And Morphology is also not within acceptable range. Liquefaction time is abnormal in recent test because of lower sperm motility. For IVF only few sperm with normal health and motility needed. That means good sperms are extracted from semen which are then utilized for IVF. So as there is some good sperm IVF can be tried. What about your
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husbands hormonal profile Like FSH and LH, prolactin? If you have not done yet go for it.

1.00 AM because I was suppose to diliver her Alteration work to the cleaners which I am doing monday through friday. When she ask did you go to the clearners on her call I had told her what cleaners then she has told the address of the clearns I have told her this clearners are in a different adress and I did not go. My wife thought I was joking. When my wife found out I have vomited blood she thought cancer in my body somewhere she call a ambulance took me to the St.Francis hospital Tulsa Oklahoma emergency from there I was sent to the nuroward and to the rehab . During emegency They took a catscan found out beeding in the brain and small crack in the Skull . But there were no blood around my head no pain no wound in the head. First two weeks I cannot remember anything where am I nor I cannot remember what happen to me at home. After two weeks stay in the Hospital I came back to perfectly norml I spoke everthing right walk right gave right answers to the Doctors who ask questions. Did excersice without falling. I ask my nurologist what has happen to me Doctor said your brain was bleeding after 3 days it stop that is why you are now normal. But untill today I cannot remember what happen to me at home or frist two weeks in the hospital what I did what I ate where I slept who came to see me. Its been one and half years I am walking driving going to work as an Boiler and A/C engineer doing computer work sleeping ok. But I dont have tast of any food or drinks or wines no smell of Gasoline bathroom no smell of cooked food perfumes ciggerat smoke dead animals stinking. In 2011 july to 2011 december I had deppression my doctor gave me Citalopram one tablet every day By December 2011 My deppression completly gone I am not taking any Medicine After I came from the Hospital I had a unusuval chemical smell coming out of my mouth or nose. I will be happpy to talk to any consultant by phone

It is important to know in which area of the brain was a bleeding, n your case it seems that cribriform plate was the out let and came out through the nose. Here in this area are fine nerves which have a control on smelling. So initially u had anemia(cannot smell or detect smell) then perhaps now you are having normal smell or with some hyperosmia.(sensitive to smells). This can go away with high doses of vitamin b12 injections (up to 1000ug/day for 4 days. If you feel better u have to continue for once a week 1000ug 1 cc in injectable form.

1.00 AM GMT Today. Worried patient. Stan

Hi, if the X-ray is showing the abutment or the stump getting decayed, the cap must be removed, the tooth treated(a root canal treatment) and the cap must be replaced. Remember, a filling will never look like a decay. A decay appears as a black shadow or radiolucency and a filling is always radio opaque or appears white. If you leave the tooth unattended, it will decay completely and the cap will fall off. Root canal treatments are mostly successful. So do not worry and go ahead with the treatment. Take care!

1.00 cutoff rate. So sir what i do to reduce or negative Elisa report. My pcr negative. Suggest me any good homeopatedicine. Thanks

am really sorry to inform you that it is not possible to turn HCV negative, once it is confirmed as positive. Please follow up with a Gastroenterologist undergoing liver enzyme tests to assess and treat liver abnormalities which are possible with HCV. I am not sure about homeopatedicine. Kindly reconfirm, whether the tests are clearly positive or not, as you are mentioning that it is positive once and negative some other time. These results depend on the antigens and antibodies they are detecting. I can comment more if I get to see the reports properly. Let me know if you have any clarifications, you can close the discussion and rate the answer. If you like my answers and wish me to answer in the future, bring it to my attention: .

<p>1.00 DIO). Recently I have found myself with some eye allergic problems (not due to the lenses).</p> <p>Redness in the corner of the eyes. Medication with Zaditor, and Artelac does not come to a satisfied result. I am to be the candidate of the implantable lens. I just want to know if the eye allergy does interfere with the result of the ICL ?</p>	<p>Allergic conjunctivitis is not a contraindication to implantation of intraocular lens. You need to confirm if it is only allergy or other causes like autoimmune disorders etc. If you have near giftedness there are various treatment options like LAST, PRK etc. which can be used to provide significant improvement in distant vision with minimal need for spectacles or any kind of lens.</p> <p>Consult your Doctor about these options.</p>
<p>1.00 for it. It used to be \$47.00. I was told to eat only things that had no or very low carbs, no sweets whatsoever and cut down more than half of my dose of insulin which I used twice a day.</p>	<p>Well come to Thank for asking I really appreciate your concern, if you are missing the dose of insulin no matter what is the cause for that you are not taking the medicine or insulin dose, then the level of glucose will go increasing in system the plasma glucose level will be too high some time it may cause the ketoacidosis, (Diabetic coma) but it takes few days, and it may not happen at once, or it is not the sudden onset of diabetic emergency, if it is not the type one diabetes then you can try oral hypoglycemic agent, hope this information helps.</p>
<p>1.00 Kindly tell me about how much Dangrous it is and can it Delete From my Body Pementaly after Treatment.Thanks With Regards TahirPakistan</p>	<p>. Hepatitis c spread by contaminated syringe, surgical instrument, blood and sexual route. For its confirmation molecular study done .like recombinant immunoblot assay or PCR. If you are positive then chances if chronic infection are very much high as this virus is more virulent. So care taken for good lifestyle measures with more fruits and green leafy vegetables. Lemon, garlic, beet roots, avocados good for liver. Avoid alcohol. Excess fried food avoided. Regular follow up needed as chances of complication more with hepatitis c virus.</p>

Input	Output
1.00 mg/dL ALANINE AMINOTRANSFERASE, SERUM ALANINE AMINOTRANSFERASE (ALT/SGPT) H 61 0 - 40 IU/L ASPARTATE AMINOTRANSFERASE, SERUM. When checked with the doctor they asked me to take a scan for the Liver . Is there a serious cause in my liver. can you suggest me. Warm Regards, Pradeep	Dear Pradeep, The level of Bilirubin and enzymes do indicate that there is some form of inflammation in the liver. It is possible that someone can have Hepatitis due to viral causes and not have severe symptoms and when it begins to heal you may still show some change sin the blood tests. However, other things that could affect the liver include alcohol, even some prescription medications (Even over the counter), Gallbladder problems etc. Sonogram will show if you have stones in the gallbladder. You do need complete screening for Hepatitis A & B. It does not appear to be serious. Good luck.
1.00 mic/sec Sperm Motility Index = 82.00 Ph = 8.0 Verdict Normospermia. Is there any problem to get baby? My age is 35	Hello Your semen analysis findings may indicate low sperm motility. You may need investigations like routine hologram, random blood sugar, ultrasound of scrotum. Motility should be at least 55 %. Your findings suggest over all 51% overall motility, so it is low. Sperm count is normal. It should be at least 20 millions/ml. Sperm morphology is also normal. You should take anti-oxidants and do exercise. If findings persists then you may need additional fertilization techniques. Get well soon. Take Care .
1.00 ML Appearance v Viscid opaque Colour Whitish PH 8.0 Its my semen test report then what can i do. Have any possibilities to get well	Absence of sperms in semen is known as azoospermia. Azoospermia is not incurable. First azoospermias need to be evaluated whether it is due to block in tubes or there is no production of sperms from testis at all. If azoospermia is due to block in tubes (Obstructive) then sperm can be collected from testis through a needle(ESA/TEST). Even when there is no block in tubes and sperms are absent there are still chances of getting sperms with the above procedure. After getting the sperms IVF/CSI can be done. You need to be evaluated thoroughly by a urologist and hormonal investigations to be done. If finance is a problem then you can directly go for donor sperms and GUI. Take care
1.00 one and it came back that i am not preg but my boobs hurt and i don t have any sytomes of be having or starting my period is there like way that the cheap test couldn t read it. Couse i use the same one when i found out i was preg with my son please help me Danielle	Hello dear, I understand your concern. In my opinion the urine pregnancy test gives accurate results a week after missed period. So I suggest you to repeat the test after a week. The sore breasts are one of the symptoms of pregnancy. But the pregnancy is confirmed by urine pregnancy test and ultrasound. There is nothing like the cheaper kits give negative results. So relax and consider repeating the test. If the repeat test is also negative the pregnancy is unlikely. Hope this helps. Best regards.
1.00 PM at that time there is no pain in my ankle, but I felt very cold. The climate in my environment was also becoming very cold and its raining. But after sometime i felt pain in my ankles so that I was awakened in between my sleep many times due to the pain. When I woke up at 8 AM in the morning I felt like Im having fever. My ankle is still paining and I feel feverish. Is it a serious problem? How to get rid of this?	Hi, You may begin icing it for the first 48 hrs, massaging with topical gels, Advil tab twice daily after meals, avoid vigorous movement, wear ankle support and rest with elevating your ankles in 2

pillows your fever shows some kind of infection so I recommend anti-flu . If swelling of ankles increases or fever sustains visit your physician for proper management and imaging by an x-ray or MRI. Please consider a 5-star rating with some positive feedback if the information was helpful. Hope the above information helps you. Any further clarifications feel free to ask.

1.00 REACTIve. what does this means? Is this Chronic hepatitis?

Hi there, Hbs Ag positivity either alone or in titles is not sufficient to label one as having chronic Hepatitis B. Chronic hepatitis B is defined as HBS Ag positivity that persists for 6 months, as almost in 90% of cases HBS Ag is cleared by bodies immunity within 6 months. It is also accompanied by Anti-Hep B core antibody positivity of Egg type. It would be wise to recheck your HBS Ag status after 6 months. If positive than other markers of diseases like quantitative PCR for Hep B DNA, Complete blood count, Ultrasound of liver and ALT should be done. Wishing all the best and spontaneous recovery,

1.00 Vitamin B12 241 My current ultra sound report shows normal report but with Focal hypoechoic area of size 20X14X17 mm is seen in left lobe of liver. Liver is normal in size (13.4cm) and shows increased echogenicity. I am suffering Hypertension, body fatigue, and body pain. No freshness in body.

HYour reports suggest dyslipidemia with pre-diabetes (if sugar level of 113 is fasting value) and low levels of IT B12. Body fatigue could be because of this problem or may be associated hypothyroidism (get your thyroid also evaluated) . You should start taking medications and do the following. Calorie reduction and reduction of weight.(be in your range of BMI) Regular exercises Avoiding sweets, deep-fried fatty foods, trans fats, junk foods like pizzas and burgers and avoid colas. Consume more of fresh fruits and green vegetables. Get few injections of IT B 12 as advised by your doctor. Your cholesterol, high liver enzymes and fatty liver shall be all right in 4 to 6 months time. Quit smoking, if any. Target of your LDL should be below 80 Target of your triglycerides should be below 150 BP should be below 120/80. Keep your fasting blood sugar below 90 Thanks

1.00 whenever I feel more anxiety or seem not able to control my thoughts. Actually, this started in 1998 from Exam Phobia & was treated for same. Since then I've been in & out on medication from time to time till 2007 from where there's consistency in medication & follow ups. Sutra, the treatment has helped me to stabilize over the period. I've got married, have a small daughter, completed post graduation, MBA & also did certification in SAP FI. The doctor has been of great help to me. He was of opinion that I've lesser coping capacity. And, that's not entirely wrong. His major concern has been my changing the job & settling in it. He's slowly started reducing power of drugs with powers mentioned above. But, it seems I've developed dependency on these medicines. And, I want to stand on my own with my thought controlling me rather than medicines. In this blog, I read in answer to one patient, reference to Meditation, Self Motivation. Meditation or Yoga is okay for me since I've learned it scientifically. I want to know about self motivation. Is there any specific resource available? How can I access it? Will I ever be able to overcome these feelings? or they've become a part of my personality? I wish to live a life free of medication & complete self reliance. Able to communicate with myself, Be social, & grow in my career as well as financially. Cause, then only I'll not just be able to prove to myself but others as well. Humbly request you to reply as early as possible.

Degree understand your concerns went through your details. Self motivation can be achieved through self hypnosis or Cognitive Behavior Therapy. You are doing well with your progress in life and treatment of your mental disorder. If you are trained in meditation and yoga, you are well off. You can do meditation to have positive metabolism effect and also teach your subconscious mind

to control and divert your thoughts in accordance with what you want. Please understand you are doing well and that is the first step of self motivation. I will help you in the requested matters. If you require more of my help in this aspect, please use this URL. <http://goo.gl/aYW2pR>. Make sure that you include every minute details possible. Hope this answers your query. Available for further clarifications. Good luck.

1.00, refuses a bottle at 2pm now, then gets her dinner at 4pm and is now refusing her 6.30pm feed, she does not eat baby food at all, she will only eat food that I have freshly made, she has 6 teeth, how can I make up the loss of nutrients

An active is a well kid even if she/ he is not eating well.2. Development of a kid is as important as, or I would say even more important than growth alone.3. As the kids grow their interest in food decreases and interest in play activities increases so that they eat small quantity and run away to play. As parents, we need to be more patient and feed than less quantity but more liquors per day.4. This age rather than the quantity of the food I suggest you concentrate more on the number of times you feed her and also make whatever you feed her calorie dense by adding good amount of ghee to it.5. I suggest you not to use appetite stimulants on long run as they may cause . But I am very happy that you have mentioned that your kid wants are all the freshly prepared food by you this is a very good indication, and please continue that. Regards -

1.00. Could you tell me the specifics of the results? Thank you.

H I suggest you that each laboratory uses its own kit and result is to be interpreted by the kits own literature provided in the kit itself. It is not possible here to comment on the result you have provided. Only the lab person can help you, if you have literature of the kit in your hand than we can help you. If you have to ask me anything you can contact me. . Infectious disease specialist. Thank you.

1.00. The boyfriend suggested I repeat what I did. So again, one under the tongue and one vaginally. I went to bed and woke up by 06.00. There was no blood, but a waterish discharge. By 08.00 I checked again and spotted light bleeding. Very light. I m still cramping but not as intolerable as last night. As soon as I saw the blood I took my first pill of the Minerva 35 contraceptive. Please let me know what I can do from here on out. Regards

HI have gone through your query and understood the concern. In this scenario, I would ask you to see a specialist immediately for confirmation of the abortion if you confirmed pregnancy, or if you just self-medicated without confirming pregnancy, confirmation of the pregnancy followed by a trans-vaginal sonogram to see if the abortion was effective are mandatory. This done, if everything is fine, you can go ahead with the hormone contraception. Please remember that hormone disturbances and heavy bleeding with chances of infection are consequences of such self-medication, so please do not repeat such things in the future. Take care.

1.00. then i tested for hepatitis B but reports are negative. have i have any medical issue or hepatitis? n i also want to increase my height at least 2 inches plz recommend me the medicine

Hello. As a hepatologist I will answer better for your concern about HBC Ab with if IGM is a sign of that you're passing an infection, if Egg of passed infection or vaccine. HBS Ab is to be done and if positive than you are even defended against virus B of Hepatitis. Are your transaminase normal is my question? Ask me again because hepatitis B is a global problem with many unsolved questions even for eminences in the field.

1.00. which is in normal table. after that one more count of platelet which is now 1,90,000.00. but my sgpt is quite high is 133. Pls advise.

Hello! I am a Gastroenterologist. SGPT can be increased due to dengue fever as it causes hepatitis. Keep cool as platelet count settled it will also normalize in few days. Take tablet Adā-lio

300Â mg BD and cap Evian 400Â mg OD. If they are not ok after 2 weeks then visit your doctor for evaluation to see for other cause of increase in SGPT. I hope I have answered your query and this will help you. Wish you a good health

1.00(only once today morning) and average of 100. With 5 ml dose of crocin he feels better for 2-3 hr but again rolls back to 100. His activity is absolutely normal and he is fully active. Should we go for meftal-p if yes then whts the dose? Please suggest..Thanks in advance.

Hi Dear, Understanding your concern. As per your query your child has fever which could be due to bacterial or viral infection and due to poor immunity of body. Need not worry about it. You can start with Metal P. Monitor dosage for child. You should keep child deny . Give mild dose after every 4 holy as Metal contains metonymic acid and paracetamol. You can give Cronin syrup 5ml 4-5 times a day depending upon fever. If fever increases do tepid sponging as well with cold water. Visit pediatrician once if symptoms keeps on persisting. The most common side effects of Metal are gastritis, abdominal discomfort, bleeding, so it should not give on empty stomach and the duration of treatment should not be long. Hope your concern has been resolved. Get Well Soon. Best Wishes,

1.00) After taking medicine for 15 days, i noticed abdominal pain and back pain upto neck in the evening. the day i took the medicine, i feel pain in the evening and when i stopped taking medicine, the pain is gone. doctor advised me following tests : small bowel anema = (to be done) amylase = 74.00 U/L (13.00-53.00) lipase = 85 U/L (67.) tb quantiferon = (REPORT YET TO COME) mantoux test = (REPORT YET TO COME) Now i m not taking medicine and feels no pain. i,ve quitted drinking since last 15 days. now i request you to look into matter and advice is that abdominal pain occurs due to the medicine i took? Should i continue those medicines ? May be these medicines have not suited my body? med: meberverine, mesacol, rabcita dsr, folvite

Hello there, Distal Ideal ulcers with raised ESR are suspicious for Intestinal Tuberculosis (TB). Looking at the tests prescribed for you, I think your doctor is already trying to rule out the presence or absence of TB. I think you can safely continue the current medications as I don't think they are the cause of your pain. If you don't mind I would like to know if you are you having any low grade fever, cough, weight loss? Have you noticed any swellings in your neck or armpits? Hope I have answered your query. Looking forward for further information from you. I will be available in case of any further queries. Get well soon.

1.00), Neuts 0.8 (2.0-8.0) and ALP 580 everything else is normal we repeated the test today and WBC 3.1 (4-1 Neuts 1,21 (2.0-8.0) and ALP 448 Is there a problem? What could be the cause? What ather test could we do? David

Hi, Rather than a blood test report it would have been more helpful if you had detailed more upon his symptoms. To give my opinion on the basis of these blood tests alone - I would say the CBC is normal. ALP is done in different methods in different labs. If it is elevated as per the lab standards of that lab - then we need to consider vitamin D deficiency. Hope I have answered your query. Let me know if I can assist you further.

1.00). When my wife tested she got hbsag negative. What is my status. What treatment is required or suitable? how long will i live? I had no symptoms up to detected the disease. When detected, I got shocked and stated symptoms like neassea, threast, fitigue etc., Please give me good answer as early as possible. What is mean of p.value 0.09 and sgpt Alt -18 please explain?

Dear Please build up confidence, you LFT report suggest the condition of liver but I can be visualized by USG only. Nothing to worry I suggest you following alternative medicine Ayurveda medicine are the best option for treatment of Help Their are lots cases which has been successfully treated by Herbal medicines Best hepatoprotective and antiviral property . Com.not worryThanks

1.000 non-reactive, Anti HBs(ECLIA) >1000 IU/L c.o.v. 10.000 reactive. My GP said that I dont have the virus and I am immuned to future infections. Its been one year and four months since I got tested, and we do have intercourse(unprotected) once in a while. Now, Im thinking of getting the same tests coz I wanna know if the results are still the same. Do i need to do that?	Hi thanks for asking question. You have negative Bag means you have no infection. You have positive anti HBS that is protective antibody against antigen. This antibody prevent protection for very long duration. Mostly you might have taken full doses of vaccine. If taken then no need of worry. Still you can estimate your antics title by ELISA for further confirmation of immunity against HBS AG. Wish you good health. Rake care. .
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1.002 after 12 hours of water deprivation. The patient is given desmopressin but his urine specific gravity remains relatively unchanged. Which is the most appropriate pharmacologic treatment for this patient's condition?	Metolazone
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1.003, and his urinary osmolality is 150 mOsm/kg H2O. Which Darrow-Yannet diagrams best describes the status of volumes and osmolality of this man's body fluids?	Image 2
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Input	Output
1.005 Is this disease curable? Pls help.	Hi, Your brothers' wife has lumber spondylitis with few complications in the vertebral canal resulting compression of vertebrae and protrusion. There is also degenerative changes in the spinal canal and osteophytes formation causing more problems. This can not be cured but further damage can be prevented by following. Sleep on hard bed, Do not bend forward Avoid weight lighting physiotherapy regularly, do back extension exercise. Take more calcium and multivitamin supplements. Xray and MRI should be done to evaluate the case. Consult orthopedic surgeon, surgical intervention may require. Ok and bye.
1.005, blood large, leukocyte esterase traced, RBC 9 HPF HI. No gallbladder or pancrease issues. No evidence for cardiac arrhythmias. What could it be??? We only suspect kidney stone but cannot figure out what to look for in test that maybe all dr missed.	Hi, I appreciate your concern for your sister. I also advise you to go in the direction of the kidney stone diagnosis. The pain that starts from back, is shooting in the nature, travels towards abdomen and bladder, and is associated with vomiting is very peculiar indication towards kidney stone. I advise that she should go for urine routine test. That may show discharge of crystals suggesting kidney stone. To be further sure, she should go for USG (Ultrasonogram) stomach. Kidney stones, if present, can be diagnosed and located in USG. Meanwhile, she may take painkillers that suit her to relieve pain. Also, she should .
1.005, Protein: negative, Sugar: negative. Microscopic: WBC:6-8hpf, RBC: 0.2hpf, Epith Cells: Moderate, Bacteria: Few. thats all thank you. By the way Im 20 yrs old and this past few weeks I experiencing moderate pain in my lower abdomen and it s getting worst since its started last month. I had the pain every now and then lately.please help me thank you.	Hstephjoydelosreyes, Just from the urinalysis we are not able to tell whether you have infection or not. You do have few white cells and few bacteria. Unless you get a clean catch urine specimen and send it to the lab for culture, that can tell if you have infection. Also, if you are experiencing any burning on urination, frequency of urination, fever or chills, those go along with urinary tract infection. Lower abdominal pain could be due to constipation and build up of gas. Problems with prostate plan in men and uterine or ovarian problems in women can cause low back pain. Lower spinal involvement with disc arthritis can also do this. If you are into a lot of lifting or bending, muscle and ligament sprain can give backache. I think I have given you some of the more common causes. Check with your doctor. Wish you good health.
1.005. I dont know what to interpret from this report, do I have a urinary tract infection which needs to be treated with antibiotics?	You have what is known as asymptomatic bacteria. This is a urinary tract infection (UTI) however the patient has no symptoms. Asymptomatic bacteria in pregnancy is a very serious condition and up to 30% of pregnant women with this condition develop acute pyelonephritis (infection of the kidney). Therefore, it should be treated even if there are no complaints. Nitrofurantoin is the recommended antibiotic, and it is safe in pregnancy.
1.005. The urine specific gravity rises with desmopression administration. A head computerized tomography (CT) scan is performed which demonstrates multifocal lytic calvarial lesions. A biopsy of one of the lesions is performed. Analysis of the biopsy would most likely reveal which findings?	Rod-shaped granules with a latticed matrix
1.005reaction: 6.0pus cells: 2-3/hpfeepithelial cells: 1-2/hpfrbcs: nilcasts: nilcrystals: nilothers: nilThe reason for the tests is bed-wetting. Please help me understand the report.Regards,	Has your son stopped bed-wetting at certain age and again started having it2. If so at what age he

stopped and when did it started he had never stopped bed-wetting form birth.you can try some behavioral changes which I can elaborate after proper history and interaction with you, but the effect will not be immediate, but it will be permanent. If it's a recurrence after attaining nighttime control, I suggest you see your pediatrician to rule out pathological causes like urinary infections or Voiding dysfunction. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.

1.007	Chromogranin positive mass in the lung
What is the obstructive bleeding in this patient?	
<p>What is the obstructive bleeding in this patient?</p> <p>25, bacteria UA slight, amorphous UA present, sperm cells present. all other components were normal or negative. He has been having intermitent mild abdominal discomfort, but no other symptoms, with no pain on exam. Blood work shows high cholesterol, but no other problems. His doctor ordered an ultra sound & xray, to rule out kidney stones. which we think sounds rather expensive. There was no prostate exam, but after reading possdible causes for bloid & bacteria in urine, could it be prostatitis? Is this a normal course of action, or would a round of antibiotics be tried first?</p>	<p>Hi, If there is no burning or frequency of urination- I don't think you should think of prostate involvement or antibiotic course. Urinalysis shows uric acid occult blood that's why he was advised for exclusion of kidney stones. At the most an ayurvedic medicine like Cyst one can be tried foe the relief, Please exclude digestive problems. I would suggest, if there is no relief, it's better to investigate & exclude stones. An early diagnosis, early management & early cure are best. Kidney problems are notorious & troublesome. So must be treated the earliest. Thanks.</p>

<p>1.009 HGB, UR QL LARGE (A) PH UA 7.5 UA PROT 30 (H) UA UROBILINOGEN 2.0 UA NO2 NEGATIVE LE, UA LARGE (A) APPEARANCE UR SLCLDY COLOR UR YELLOW SP SOURCE CLEAN MICRO EXAM, UR COMPLETE WBC, UR 116 (H) RBC, UR 182 (H) UA BACT/HPF PRESENT (A) SQUAMOUS CELLS, UR SED QN 35 (H) AMORPHOUS SED PRESENT</p>	
	<p>Hi there, it seems your problem is proteinuria with kidney stones. Mild proteinuria up to 1 to 2 grams can occur from tubular injury by kidney stones and infections, so it is important to quantitative the proteinuria in 24 hrs urine sample. Recurrent stones can be from various reasons depending on the chemical content of the stone. Recurrent stones warrants a battery of blood and urine tests which your doctor should prescribe to find out the cause of stone formation. Kindly follow advice of your doctor for the same.</p>

<p>1.00am today, felt my tummy wasnt that good after eating a delicious asian. dinner last night. I have had this feeling in the last six months or so, I cant even drink without feeling soon after tummy pain. I had a dried date a few hours ago and sure enough not long after, tummy pain, drinking and then tummy pain. Have decided not to have dinner tonight cause my tummy isn t that good. If theses symptoms are like my last, this will now go on for a few days. Mmmm.thought I may have been over it, or maybe it is last nights meal, but I don t think so. Regards Vicki</p>	
	<p>Take soft, plain, non-spicy foods.2.</p>

<p>1.00mg/dlG.G.T.P. - 98.00IU/LS.G.O.T. - 40.00U/mlS.G.P. T. -45.00U/mlS.Uric Acid -5.40 mg/dlRemark - Done on dry chemistry AnalyserIs he alright and are all these tests enough to know if there is no problem in his liver and kidney,as he drinks regularly? He has high levels of triglycerides too.</p>	
	<p>Hi thanks for contacting Here you have only mild elevation of Sept and GGT. You have high triglyceride and alcohol habit. So here liver and bile calculi might be affected, and so enzyme elevation can be there. Rule out fatty liver, gall stone And cholestasis by USG abdomen and scan</p>

Regular exercise. If liver enzymes increasing then complete LFT with viral marker study done if needed.

H The kind of behavior you are describing appears to be part of a personality trait (Feature) and not mostly an illness. It can be some personality disorder, but then she needs to be examined by a psychiatrist. We don't know the exact age of your sister. That would have helped us in providing you a better answer. If it is adolescence, then. Hope I am able to solve your query. In case you want a direct and detailed discussion about your problem, you can contact me on the following link:<http://www. .com/Funnel?page=askDoctorDirectly&docId=64634>Wish you good health!

HelloThanks for query. Based on the report of your ultrasound scanning and color Doppler study of your scrotum and Semen analysis report that you have uploaded I would like to state that you have bilateral grade 2 Varicocele. However, your semen analysis report is absolutely within normal range as per WHO standards. Answers to your queries are detailed below . You have grade 2 Varicocele 2) Surgery for Varicocele is advised only in a situation when person is infertile and have Varicocele which is presumed to be a cause for infertility. You do not need surgery now 3)Yes you can practice sport of your choice 4)Avoid the exercise that will increase into abdominal pressure like Weight lifting, pull-ups etc. .

Hi, dairy have gone through your question. Cause of your non-healing ulcer is diabetes. It impairs the vascular supply. Your HbA1c is very high. Which suggest poor control of your diabetes. So you should control your diabetes first. You can take insulin or oral anti-diabetic . Once your sugar is under control your ulcer will heal faster. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

Hello. I just read your query and went through the reports (attachment removed to protect patient identity). Hope you find my advice beneficial. Good luck. For more information consult an endocrinologist online

Free T4

I understand your concern. I advise you to go for blood for culture and sensitivity. Since the cause of infection is not known, so first important parameter is to check whether it is bacterial or parasitic or viral infection. There after we can start our treatment accordingly. I will be happy to answer more of your concerns, kindly know me, Wish you a very good health at . . Infectious Disease.

	Renal ultrasound
Blood: 3+	
Bilirubin : Negative	
Clot test : Negative	Interstitial cystitis
Glucose : Negative	
Ketones : Negative	
Protein : Negative	
Urobilinogen : Negative	
White blood cells : 25/hpf	
Red blood cells : 25/hpf	
WBC: 0/hpf	Firstly, repeated UTI takes place in the presence of kidney stones. 2. Commonest cause of failed response of antibiotics to UTI is that the culprit bacteria/organisms resistance to prescribed antibiotic.3. Third cause can be that UTI is due to fungal infection which requires antifungal . The next time you have UT, get your urine tested for fungi also order for URINE CULTURE: the test will isolate the causative agent and also show the antibiotics to which the bacteria are sensitive to. Consult your doctor who will then prescribe the most sensitive antibiotic which SHOULD BE TAKEN FOR AT LEAST 10 DAYS. Please repeat your ultrasound to exclude the possibility of a small stone having flowed with urine from the kidney to urinary bladder. Your symptoms are suggestive of infection of urinary bladder and urethra. Hope I have ad
Squamous epithelial cells 2/hpf	
Bacteria : None	
A pelvic ultrasound shows a postvoid residual urine is 25 mL. A cystoscopy shows a normal urethra and normal bladder mucosa. Which is the most likely diagnosis?	

Input	Output
1.010 WBC: 0-1 /HPF RBS: 0-1/HPF epithelial cells: occasional Crystal: amorphous urates/phosphate : Occasional Bacteria: occasional Mucus threads : occasional	1.010 is normal(iv) WBC: 0-1 /HPF is normal(v) RBS: 0-1/HPF is normal(vi) epithelial cells: occasional is acceptable(vii) Crystal: amorphous rates/phosphate : Occasional is acceptable (viii) Bacteria: occasional is acceptable need to take treatment for kidney stones first and please . (ix) Mucus threads : occasional
1.010, Leukocyte esterase: Positive, Nitrites: Positive, Protein: Trace, pH: 5.0, RBC: Negative. A urease test is performed which is negative. This patient has most likely been infected with which organisms?	Escherichia coli
1.010, Leukocyte esterase: Positive, Protein: Trace, pH: 7.5, RBC: Negative. Nitrite: Negative. A urease test is performed which is positive. What is most likely cause of UTI in this patient?	Staphylococcus saprophyticus
1.010, PH 8.0, WBC:8-10/HPF, RBC0-3/HPF. TOTAL SPERM COUNT: 38,600,000/cumm. do you think this is normal? thank you.	HelloThanks for query. Based on the report of Semen Analysis of your husband that you have posted I would like to make comments in comparision to WHO standards as detailed below . Color is normal 2) Viscosity is Slightly viscous which is abnormal and may be due to clumping of the sperms together .3)Liquefaction time is 3 hours. Normal liquefaction time is 30 to 45 minutes. High liquefaction time suggests clumping of the sperms mostly due to infection which hampers free mobility of sperms 4)Total Sperm count of 38 millions (In 3 ml of semen) is also very low which in your case should be 120 millions .5)Presence of 8-10 pus cells strongly suggests infection either in seminal vesicles or prostate and needs to be treated with antibiotics. Other important parameters of semen like percentage of Motility of sperms and Morphology of the sperms are not mentioned in your report hence can not be commented on. .
1.010. We were given a second course of Keflex and sent to the ED where they did another UA, CBC, and CMP. Glucose 116. UA still had +4 ketones but no other abnormalities. Today he is febrile 101 to 102 F, with abdominal pain which is lower bilateral but a little more on the right side. The ED said that he could have an appendicitis brewing and to keep an eye on him. The also said that his urine did not look dehydrated and his electrolytes looked normal so they are not sure why his ketones are so high. Any thoughts?	Infectious mononucleosis induced pharyngitis2. Intestinal infection most probably because of a gram-negative bacteria or it could be enteric fever or typhoid.3. Chronic appendicitis is the last possibility. I suggest that you discuss these possibilities with the doctors there and get him evaluated, please. Hope I have answered your query. Let me know if I can assist you further. Take care .
1.013, pH:6.0, Glucose: negative, and Protein (+. I am 27 years old Female. And these results are a requirement for my work.	Hi, dear. I have gone through your question. Your hemoglobin is 13.1 gm. It is normal. Same way your Total WBC count is slightly higher. Your differential count shows slight increase in neutrophil. Your platelet count is normal. Your urinalysis report is normal. Overall if you don't have any symptoms then no need to worry. Your results are acceptable. Wish you a very good health.
1.013,ph of 6, negative for glucose,bilirubin,ketones,protein and nitrates. wbc 5-9,rcb 1-4,trace of esterase and many bacteria. they think its a uti so they started me on cefitinir but now im having	

terrible headaches, i have been taking medicine every four hours but it keeps coming back could this be a symptom of my uti	It's not UTI. Small traces of RBC in urine is indicative of small lesion, may be stone, wound etc. Lot of water intake is red as a first step. Sciatica should be settled with management of intervertebral spaces by lumbar belt support, traction or surgery (the least recommended by me) and compressed nerves should be released. Yoga postures, deep breathing is also helpful. Cleaning bowels regularly is red. Painkillers are not the treatment. It has increased pitta humor causing headache. In my opinion IVD management, herbal combos to combat vitiation of Pitta humor are red. Lot of water intake necessary. Hope it helps you. Try to find Ayurveda doctors near you for further guidance or write to us through for any query.
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1.014, deposit-absent, appearance-clear, ph-acidic, protein-present, sugar-trace, ketone bodies-nil, bile salts- negative, bile pigments-negative, urobilinogen-normal, pus cells 3-4/HPF, rbc-nil, epithelial cells 2-3/hpf, cast nil, crystals nil, others nil. so am i suffering kidney diseases?	Sugar - trace - you might be needed to be tested/screened for diabetes mellitus since no sugar should be seen in the urine. The screening test for DM is a fasting blood sugar. 2. Pus cells - 3-4/HP This means that there are inflammatory cells in your urine. If you are feeling urinary frequency, urinary urgency, and pain on urination you might UTI and you might need to take antibiotics (e.g. clotrimazole, ciprofloxacin) after consultation with your physician or urologist
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1.015	Suppurative inflammation with interstitial neutrophilic infiltration
If a renal biopsy is performed in this patient, which would most likely be found on pathology?	Kegel exercises
Nitrites Negative	
Leukocyte esterase Negative	Bladder training
What is the best initial management for this patient?	
1.015, glucose-negative, sugar - nil, acetone - nil, bile pigments - nil, bile salts - nil, blood - present	
What is the best next step in the management of this patient?	
few epithelial cells present. No cast seen. Please let us know the present actual status of my sister.	Hi thanks for asking if questioned. Kidney having basic filtrating unit known as glomerulus. Inflammation of glomerulus known as glomerulonephritis. If it shows neutrophils and menial cell proliferation then called diffuse proliferative type. Usually it is secondary to some infection. Particularly after streptococcal sore throat infection. Because of glomerulonephritis your urine having RBC and trace protein. Consult neurosurgeon for starting treatment. I hope your concern regarding diagnosis of your sister has been solved.

1.015. Chemical Examination : pH:8.0, Albumin: Trace. Sugar (reducing substance): Nill. Keytone Bodies: Done on request. Bilirubin: Nill. Urobilinogen: Normal. Excess of Phosphate: Nill. Nitrite: Negative. Microscopic Examination: Pus Cell: 1-3 /HPF. RBC: 15-20/HPF Epithelial cell: 4-6 /HPF Spermatozoa: Nill. Crystal: Calcium Oxalate/Triple phosphate/ Uric acid/ Amorphous phosphate/ Amorphous urates: All are Nill. Casts: Granular/ Cellular/ Yeast cells: All are Nill. Please suggest. Note: her EDD is 27/07/2014 & last urine test date is 20/02/2015. Please please advice here or my mail id. Thanks & Regards SAZID.	It is of almost normal specific gravity, slightly alkaline, and mostly normal. 2. The presence of red blood cells is of significance and calls for further investigation to rule out infections, trauma etc. 3. The pus cell count is within normal limits. In the current scenario, advice by a general physician would be valuable to plan further management. Contamination with vaginal discharge also should be excluded. Hope you find this information useful. Take care.
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1.01cm left-.92.what r the primary goal of treatment? what r the plans regarding treatment??	HI read carefully your query and understand your concern. The treatment of ulcers in diabetes
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consist in:-Antibiotics, if an infection is present.-Anti-platelet or anti-clotting medications to prevent a blood clot.-Topical wound care therapies.-Compression garments. These types of wounds need a specific treatment by an orthopedist. Hope my answer was helpful. If you have further queries feel free to contact me again. Kind regards!

1.02 and he has to take 10mg wafarin again and go back on Wednesday for testing. I would like to know what can be wrong with his blood for we dont seem to get any answers. Please Im desperate and hate to see him suffer like this.

Hi, dairy have gone through your question. He has thrombophilia. It means high tendency of blood clotting. There are many cause like it b12 deficiency, high homocysteine, protein c or protein s deficiency or some other cause. He should take warfarin for blood thinning. He should maintain his INR between 2 and 3. Consult your doctor and set the dosage accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

1.02 c 0.93 cm cyst near inferior pole and having constant pain on my left side. Am I safe and disregard this cyst. Will my right kidney affected. I want to understand about this cyst and fast they grow. What treatment do I need. Do I have to wait it grow more bigger to be treated, please confirm.

You don't need to panic. You serially follow up the size of cyst by ultrasound. Your pain is unrelated to your cyst. Visit a urologist.

1.02 lb) over the last 6 months. Her other complaints include repeated stomatitis and diarrhea for 1 year. She was diagnosed with diabetes mellitus 1 year ago. Her temperature is 36.9Å°C (98.4Å°F), heart rate is 84/min, respiratory rate is 16/min, and blood pressure is 126/82 mm Hg. Physical examination reveals multiple, confluent, erythematous papules, plaques and bullous lesions over the extremities, the perioral region, and the perigenital region. An oral examination shows angular cheilitis, glossitis, and stomatitis. Which test is most likely to yield an accurate diagnosis for this patient?

Serum glucagon

1.02. I am Rh- . could my Rh factor have anything to do with a slightly elevated Ddimer result?

Hi, dear. I have gone through your question. Your have Rh negative blood group. But it has nothing to do with your elevated d dimer. If your fetus is Rh positive then it can lead problem in baby at time of delivery. But as far as d dimer is concern, it has nothing to do with your Rh negative blood group. So don't worry about that. Wish you a very good health.

1.02. I have been stressed this past week and not taken my calcium pills which would explain the low level of calcium and phosperous. I am concerned about the TSH level being so high. I feel fine. I have not gained or lost any weight. the only abnormality is that my period has been spotty. What do you think?

It would have helped had you told me if your entire thyroid was removed or only half. Since it was cancerous it is more likely that the whole thyroid was removed. Normally, after removing the thyroid for cancer, a thyroid scan is done 6 weeks later to confirm that the entire cancer has been removed and if any is remaining to destroy it with medicines. It is only after this scan that Tab Thyroxine is started (the thyroid hormone that you will have to take for life) and the dose is titrated over a period of months to make the TSH normal. If you have not been given thyroxine because you are scheduled for a scan then the spotty periods and high TSH are normal as they are both features of a subnormal thyroid state. They are not related to your cancer and nothing to worry about. If you are not scheduled for a scan, talk to your doctor and get one. If you are already on thyroxine and the scan has been done, then the dose needs to be increased.

1.020 and the doctor suggest for AKT4 and she is about to complete 2month and doctor suggest for 3month now her apitite is totally lost and she lost her weight and also feel very week pls sugest can she is continue the medicine or go for akt 3 after 2nd month

Hi, I understand your concern regarding your wives weight loss, but treatment for TB has to be taken for the full course and completed. She has been put for intensive therapy which is AKT4 for two months and AKT3 for the next 4 months. Regular follow up is necessary to establish complete riddance of the TB bacilli from the body. I also understand there are many side effects of the antitubercular therapy, like loss of appetite and generalized weakness, but the treatment should not be altered unless the patient has allergic reaction to the . I suggest you include a nutritious dietary plan which has increased protein and carboy

Input	Output
1.020 Ph:6 LEU:25/ul NIT:neg Pro: neg Glu:norm KET: neg UBG: norm BIL: neg BLD: 150/ul WBC:3-10 RBC:3:10 Bact: Moderate Epithilial Cells: Moderate Color Yellow/Hazy I have no clue what to do at this point. So much lower right/middle back pain	<div>It appears to be due to the urinary tract infection, or a stone in the ureter. I advise you to consult a urologist for diagnosis and treatment. I usually prescribe to my patient with such symptoms lifetime, fanatic acid, dicyclomine HY . S.scaling. Take more of green leafy vegetables, pulses, sprouts, and protein rich foods for early recovery. Wishing for a quick and complete recovery. Thank you.</div>
1.020 Protein and Sugar: Negative Pus Cells: 12-28/Hpf REd blood cells: 0-3/hpf Epithelial cells,amorphous urates and bacteria are moderate. Because my Pus Cells Results is 12-28/hpf. Thank you.	<div>HelloThanks for query. Presence of 12-18 pus cells in semen strongly suggests infection of either Seminal Vesicle (Seminal Vasculitis or Prostate. Get your semen culture done to find out the organisms causing this infection and antibiotics to which they are sensitive to. Please take broad spectrum antibiotics like Doxycycline along with anti-inflammatory . Get the prescription of medicines from your family Physician.</div>
1.020, protein trace, sugar neg(-), wbc tntc, rbc 2-3 , epithelial cells mod, mucus treads few, bacteria mod crystals amorphous urates few, cast none. i have fever now , i havee stomach pain and back pain	<div>Hi. Thanks for your query. You have Urinary tract infection which has caused the stomach and back pains to. I would advise you the following :First send the sample of urine for culture and sensitivity before any antibiotic is started as even a single dose of an antibiotic can alter the reports. Blood : Urea, creatinine, CBC Ultrasonography of the abdomen to see any stones or secondary changes in the kidneys, ureters and urinary bladder. MVP if required. Get a course of 3 weeks of antibiotics and supportive treatment as urinary alkalinize. Take plenty of fluids orally.</div>
1.020i know i have problems with my urinary tract and ive had a history of kidney stones. Could my kidney be malfunctioning? i am worried about my pregnancy and i am scheduled for the doctor next week.	<div>Hi, You have a simple urinary tract infection. As such urinary tract infections are more common in females because of a short urethra or urinary tract. Infection is increased more in pregnancy because of decreased hygiene and immunity. So, all you need is a good dose of antibiotics. Do not take any antibiotics on your own because you need to consult a doctor to get antibiotics which are safe for your baby. I hope this will help you. All the best. .</div>
1.029 WBC: 2+ Casts: None Bact: 100% reaction:AlkalineMICROSCOPICactivity motile:10%sluggish motile:10%no motile:80% spermatozoa(TC):10 Millions/MLothers: 10 to 15 pus cells presentwhat does above Bilrubin: Negative Urobilinogen: < 2.0 A urine culture is pending. Which pathogens is most likely responsible for this patient's condition?	<div>Proteus mirabilis</div> <div>What is your age? Your sperm count is low, and it shows infection as also very poor motility of the sperms. You should get a Semen culture done at the earliest and take a month-long course of antibiotics as suggested by the culture report. Then the semen analysis should be repeated so that a true report without infection can be assessed and then your chances of having a child will improve, if that's what you are looking for. Take care and feel free to ask more in detail. Take care, .</div>

<p>1.03 yrs baby is suffering from fever from last 2-3 days. When given Paracetamol it goes off. Urine tested and showed RBCs 8-10 and acetone bodies +1 rest parameters are normal. No sore throat or cough. Is anything related to swine flu. Doctors diagnosed as UTI. I m worried as here in India we have Swine flu epidemic.</p>	<p>RVC can be sign of metabolic neuropathy, because Crystals of salt can hurt glomerulus. White blood cells will indicate infection. You told nothing about protein in urine, which also indicate infection more often in glomerulus. We need additional urine analysis-cytology, analysis for salts and other. You should consult at nephrologist. For treatment infection better use definite, because it is very sensitive to E.cold, which causes inflammation in kidney. Give to baby plenty of water.</p> <p>Recovery soon</p>
<p>1.03.10 & my egg got ruptured on 27.03.10. After 6 weeks I went for scanning & my doctor said that the fetus is very small (3.2) and without any heartbeat. They asked me to come for rescan after 10 days. Pls reply me Is this is normal and I ll get possitive result during my next scan. Pls help. Thankyou.</p>	<p>Bleeding time & Clotting time2. Platelet count3. Prothrombin time4. Fibrinogen Degradation Products do not want to dishearten you, however, the possibility of Missed abortion seems to be very high.</p>
<p>1.030 Urine pH: 6.0 Urine Leukocyte: negative Urine Nitrite: positive Urine Protein: 3+ Urine Glucose: Neg Urine Ketones: Neg Urobilinogen: .2 Bilirubin: Neg Blood: 3+ WBC: 10-20 RBC: 20-30 Squamous Epithelial Cells: 0-5 Urine Bacteria: 2+ Urine Culture Indicated: Cult reflexed &setup</p>	<p>HelloFindings may indicate UTI(urinary tract infection).UTI is indicated due to presence of excessive WBC, RBC,bacteria in urine. RBC may be due to UTI. Ultrasound of abdomen can be done to exclude renal calculus. You need proper clinical examination and routine investigations. Investigations include routine hologram, random blood sugar, renal function test, urine culture/sensitivity. Nitrite test and leukocyte esterase test can be done for confirmation of UTI. Proper antibiotics should be based upon culture and sensitivity report. You should . You may need alkalizing syrup. Get well soon. Take Care</p>
<p>1.030. He suffered multiple recurrences of Henoch Schonlein Purpura 2 years ago. Could this be a sign of kidney damage??</p>	<p>I read your question and understand your concern according to your child history and reports there is possibility of kidney damage as there is a strong relation between HSP and kidney diseases I would suggest taking early appointment with your child doctor to get his proper checkup USG and other blood test and to get treatment accordingly May your son GET WELL SOON hope my answer will satisfy you good luck & TC</p>
<p>1.030.does he had some infection?</p>	<p>Hi.this is a completely normal urinary report. Do not worry. Fever of few days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Regards -</p>
<p>1.030biochemical -all negativeWBC - 0-2 RBC 1-3 squamous cells 0-1 urothelial cells 0 no organisms seen no casts seen.amorphous deposits +.pls tell me whats wrong cause ive been experiencing abdominal pain</p>	<p>Hello! Thank you for the query. Your urinalysis does not confirm urinary tract infection. However, it does not rule it out either. To make sure, urine culture test needs to be done. Abdominal pain can be caused by many issues, not only UTI. As you have not mention pain location, it is hard to guess</p>

what is the reason. For sure, you need abdominal ultrasound and blood work to diagnose abdominal pain. Please also consult gynecologist if you are female. Hope this will help.regards.

1.03cm, residual urine 33% email address: YYYY@YYYY female age 48

Hi . I understand your concerns and I will try to help you as much as I can. It means that there is very small 0.5Å cm stone in your gallbladder and this should not cause any symptoms in OST cases. Cyst on kidneys is also minor and insignificant. If there is pain under right rib cage then it may be gallstone issue. In most cases, treatment of gallstones is considered necessary only if you are having symptoms. Of the various conventional treatments that are available, surgical removal of the gallbladder is the most widely used. Some alternative treatments have also been found to be effective in alleviating the symptoms of troublesome gallstones. When deciding what course of action to take for symptomatic gallstones, doctors usually choose from among three main treatment options: Watchful waiting, nonsurgical therapy, and surgical removal of the gallbladder. Though a gallstone episode can be extremely painful or frightening, almost a third to half of all people who experience an attack never have a recurrence. In some cases, the stone dissolves or becomes dislodged and thereby resumes its silence. Because the problem may solve itself without intervention, many doctors take a wait-and-see approach following the initial episode. I hope I have answered you query. If you have any further questions you can contact us in every time. Kindly regards. Wish you a good health.

1.04 and ratio is 0.23. Please let me know the problem. I don't have many symptoms except prolonged urination in the morning. Thank you

Hi, I have gone through your query. For your age, enlarged prostate is very common, and it is called Benign prostatic hyperplasia (BPH). Since your PSA level is under the normal range, there is nothing to worry about. It is a gradual process and later prostate will grow in size leading to incomplete urination due to pressure on urethra. So, it is better to consult a urologist for medicines which slows down the process. You can contact me on my page <http://> .

1.04 Direct 0.62 Indirect 0.42 Again I was on fat free diet for 10 days and today (17 Aug), My bilirubin levels were as follows: Total 0.95 Direct 0.31 Indirect 0.64 Should I continue fat free diet? What may be reasons for Increase in Indirect Bilirubin?

HYour laboratory reports seem to be consistent with diagnosis of viral hepatitis. In a normal person the fraction of indirect bilirubin is more than that of direct bilirubin. In hepatitis the bilirubin increases, with a greater increase in direct bilirubin. Now as you are recovering the total and direct component of bilirubin will decrease. Your last report is absolutely normal. The indirect bilirubin has increased very marginally as compared to the previous report but is within normal range. You need not worry about it. You can have a normal diet now. Hope that helps.

1.04.12. i want to conceive this month onwards. due to fever, my esr level is 80mm. my hemoglobin is 9.70 g/ dl. i am taking moxikind 625 mg from yesterday onwards for three days. if i conceived in this month, is there any problem after taking this antibiotic

Hi Thanks for writing to us. Moxikind 625 is quite safe (pregnancy category B) while you are trying to conceive and during pregnancy also. It has no harmful effect on growing fetus. Therefore, you wouldn't be worried much on side effects include: Diarrhea, nausea, vomiting, indigestion, stomach inflammation, skin rash, dizziness etc. Do periodic checkup to your doctor and get recovered soon. Good luck.

1.04.201 my sgot.sgpt is in normal range.doctor sir how can i cure.pl help me. thank you very much sir.

Hi, dairy have gone through your question. If your HBO viral load and got, Sept is normal then no need to worry. You are normal now. Don't worry about your bag positive. Bag will remain positive

for long time. Past infection or immunization also leads to bag test positive so don't worry about that. Just be relaxed. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

1.05 cm. She is scheduled for an MRI with contrast. I am very concerned. We don't have a family history of cancer. She wants to have children. Can you give me some information?

Irregular margins
2. Absence of calcification
3. Enlarged lymph nodes
Will favor malignancy. But for this MRI or CT is needed. So get done MRI. This will also help in taking biopsy to rule out malignancy. In my opinion it will be part of PCs. So treat PCs and this will disappear.

1.05 g/L Does I am in inactive carrier state or not, and if answer is not in which state I am? Thank you I D

Hi thanks for asking question. Noted your liver enzymes within range and HBe negative. HBe positive with protective antibody So yes you are just now in inactive stage. You might have antibody formation in past as consequences of acute hepatitis. If your HBe positive or HBV DNA title high with elevated AST and ALT then you can be in active stage. But just now you are not. So here also. Take low fat diet. Pizza, non veg, meat, butter etc. taken very less. Avoid alcohol. More fruits. Cumin seed one tsp with milk can be taken. Avoid refined foods. Take care. Hope your concern solved.

1.05 ng/mL, T4 is 5.0 ng/dL, TSH is 27.62 uIU/mL. I started Thyronorm 75 mcg today. What if my T4 was low from the past five weeks? Has it affected my baby already? Will it affect the baby's brain development?

Hello. I just read your query about your thyroid function test results, and it appears that you have hypothyroidism. Let us be positive and hope for the best. Hope you find my advice of some benefit. Good luck. For more information consult an endocrinologist online. Take care.

Input	Output
1.05. I was on Lipitor for two years 10mg. it kept my LDL at 100, but make my legs weak. Now i am off lipitor for the last three months and my legs feel better. in additional to healthy food, is taking aspirin regularly instead can be another solution to prevent heart attack? what is the recommended dosage?	<p>Hi, if you have discontinued it then you should monitor your lipid profile 3 monthly, do regular exercises, low fat diet. Try other medicine like Rosalid 5 mg bedtime and e week after starting you can do CPU test, it will indicate if any side effect is there or not. This medicine has got cardio protective effect besides its cholesterol lowering effect. Advisable to continue life long. At this age Aspirin is not indicated and even if you want to take you take 75 mg bedtime.</p>
1.055 which is the lowest its ever been	<p>1.055 is if this is TSH value then it is pretty low and am surprised that you are not on treatment for this. Please get a repeat TSH fT4 value and if the TSH is low or undetectable with raised fT4 then the diagnosis is thyrotoxicosis and that is why you are getting the chest pains, stomach cramps, skin problems. An ECG with a thyroid scan is also important. Carbimazole with propranolol (beta blockers) to reduce the pulse rate and close monitoring of bloods is the management. I hope this helps. Get these done as soon as possible. Best Wishes.</p>
1.06 mg/dL. Is it normal? I gave the blood sample in the morning after I had breakfast.	<p>Hi. I have gone through the attachment (attachment removed to protect patient identity). On considering your weight, it is normal. Do a urine routine and a urine protein creatinine ratio. Do you have any symptoms? Why are you checking your creatinine level? For more information consult a nephrologist online</p>
<p>1.06 ng/dL)</p> <p>Serum electrolytes are within the reference range. Further evaluation of this patient is most likely to show which findings?</p> <p>1.06 reactive, anti HCV 0.520 nonreactive, SGPT 19 (ref value is less than or equal to 41 U/L). The liver ultrasound: right mid hepatic length 6.10 cm, left mid hepatic length 7.2 cm, sonographically normal sized liver. Note: I have a schedule for other tests which are HBV DNA-PCR (viral load) and fibroscan for chronic HBV, normal SGPT. Hoping for your prompt reply.</p>	<p>Enlarged ovaries on transvaginal ultrasound</p> <p>Hello. You have hepatitis B infection. You need to get your HBV DNA quantitative level and depending on that, start antiviral treatment from your treating physician. Nothing to worry. If well treated, you can have a good control of the liver disease. Hope your queries have been cleared. For more information consult a medical gastroenterologist online Take care.</p>
<p>1.06.11 : 10th day, Lt Ovary 9mm, Rt Ovary 14mm & Endometrium 5.0mm 12.06.11 : 11th day, Lt Ovary 10mm, Rt Ovary 17mm & Endometrium 5.5mm 13.06.11 : 12th day, Lt Ovary 10mm, Rt Ovary 20mm & Endometrium 6.8mm As per 12th day result (Dated 13.06.201, Doctor gave Injection (Most probably) to have rupture eventhough problem is continue as discussed and yesterday she got her period. Doctor said we have to follow 3-6 cycle then doctor is able to conclude. I am worried. pls guide. How many months required to conceive ?</p>	<p>Hi, According to Follicular study, the follicle appears to be maturing normally. The follicular growth study after injection to document ovulation, has not been mentioned or probably not done. If she already has conceived before and aborted, then it is proof that both of you have no problem regarding conception. Time your intercourse between 12th to 18th day of cycle for better chance of conceiving. No one can predict in how many months your wife will conceive. Given the circumstances, the possibility of conceiving is very high. Wish you all the Best.</p>

<p>1.06.14, But again he was effected on 13.06 for half an hour. Doctor said the medicine will continue. After taking medicine he is sleepy and sometimes mild headache. My quarry is why this convulsion is being happened again and again when no disorder is found ? and whether LEVIPIL is good for taking , since he is student now and studying at 7th class, Whether it is Epilepsy really and how long days this medicine will be taking ? and whether this hampers his brain for future . I am his father and we are too much worried about him since he is our only son .Please advice us accordingly. Moreover, He has fallen down from our balcony of the first floor to the ground at the age of one and half years of his age and we admitted in AMRI Hospital, Dhakuria , but nothing has come out as irregularities. He is 12 years 6 months now and his weight is 62.90 KG. Whether the Convulsion is happening for the transition period from minor to Teenager and because of hormone secretion . Please have look into the case of my son and reply us. Dr. Arnab Chakraborty , Neurologist, will be best person in this case , since he is handling so many cases of Epilepsy as I heard.</p>	<p>Hi, I have read your question and understand your concerns. Let me try to help you Question 1 : My quarry is why this convulsion is being happened again and again when no disorder is found ? Answer 1 : Sometimes, the cause of seizures are found immediately. Sometimes, it takes more test to find the exact cause of seizures Question 2 : Whether LEVEL is good for taking ? Answer 2 : Yes. Fits have to be prevented. So Levetiracetam has to be taken. Question 3 : Whether it is Epilepsy really, and how long days this medicine will be taking ? Answer 3 : We need more tests to know the answer for this I understand your apprehensions as a father. I would request you to please wait a bit more and ensure that your son takes the tablets regularly and really swallows them. Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Let me know if I can assist you further. Take care.</p>
<p>1.07 and SGPT 90.47. I have diabetes 2 and am hypothyroid, both thyroid glands having been operated on as I was hyerthyroid before. I do not drink alcohol at all. What do I do? My meds are GalvusMet, Actosmet, Euthyrox, rosuvastatin (bedtime),solosamet and fenofibrate.</p>	<p>Hello! Increase in GOT and SGPT has many cause like Hepatitis B, C, Metabolic disorders, NAFLD, etc. apart from alcohol intake. So I will suggest you to visit a Hepatologist for evaluation who will advise tests and then manage accordingly. Meanwhile, there are few medicines which I found very useful in my patients are ursodeoxycholic acid and vitamin E. Do regular exercise and reduce your weight if you are overweight, I hope I have answered your query and this will help you. Wish you a good health</p>
<p>1.07 in just 5 days. I go for labs every Mon and Thurs, so I just had more labs done today. I am anxious to see what my latest creatinine is from today. Is there a reason for concern at this point? I do not know what my GFR is for whatever reason, they don t test for that.</p>	<p>1.1.4 it does not cause any worries. This indicates that your kidney is able to filter out the toxins in expected amount and the blood is getting filtered. The GFR is calculated using a formula, and you might contact your lab and doctor to exactly know the GFR right now. Please maintain a chart of the creatinine level and this will help notice any abnormal value and guide you through detailed investigation. Please do not worry.</p>
<p>1.07 LDH (kinetic) 135-214 292.81 ESR (westergreen) 0-20 23 WBC 3.98-10.04 2.5 MONOCYTE 5-12 16.40 i had a cardiac panel test this morning cause i wanna know what s causing my hypertension . Just gave birth 8 wks ago to my second child (pre-eclampsia) same with my first child (2007) this are some of by lab test results. it sound sooooo bad. does it suggest i have liver problem?</p>	<p>Hi The AST/GOT is a bit off the higher limit of normal although not grossly elevated (high values</p>

are 3-4x higher normal i.e., >120) and LDH is a bit high. The platelet count was not provided although slightly lower values are expected. It would suggest you had HELLP syn . I am not sure of the BP now, but cardio selective beta blockers will help. Do discuss with you cardiologist and obstetrician on the

1.07.199

Hi, This is . I fully understand your concerns about the illness of your granddaughter & the financial issues you are facing. First I would like to tell you that if she is having recurrent attacks of SVT than this murmur will not be innocent & may be associated with underlying heart problem. You need to do at least an echo to rule out serious problems. If they are not there than it is fine. Second, for recurrent Sets we generally recommend for ablation, but there are many patients who are financially not so sound to undergo that & in them, we prescribe medicine which they have to take life long. We prescribe Tab Diem SR 90Å mg starting from once daily dose & than increasing it gradually if required. Hope it was helpful. Thanks

1.08 and sgot sgpt near 96 why i have infection again and any problem in life after gb removal

Good day, and I do not think you have an infection. From the values you gave, it's actually decreasing in value because we're expecting a gradual reduction in the liver function test values. Let's give it more time probably in another 3 to 4 weeks and repeat the investigations. Are you having any other symptoms? Hope it helps. Kindly write me if any other issue. Thank you.

1.08 mg/DL, Uric acid 10mg/Dl, Haemoglobin 4.00 g/Dl, the problem seems very serious, we are poor in money cant afford expensive treatment please help??

Hseeing the reports patient is in serious condition and needs urgent hospitalization and treatment in ways of blood transfusion and hemodialysis and other supportive care. If affordability is a problem you can always go to government hospital for treatment or any medical institute where patients are treated free or at very nominal costs. Kindly take quick action and get him hospitalized as he needs urgent care. Thank you.

1.08 x 103/uL. All the rest of the CBC was entirely normal. No immature granulocytes, etc., and lymphocyte count normal (although obviously percentage was higher at 55 %). I recently completed a short course of Ciprofloxacin for a tooth issue (about 3 to 4 days prior to blood draw). Also had a mild stomach flu about two weeks ago. Only other medication is Wellbutrin. Should I be very concerned about cancer, etc? I have been feeling hotter at night recently, but I have also been under a tremendous amount of stress. I recently was laid off and I am having trouble finding a job.

Hi, . I have seen your attached report here (attachment removed to protect patient identity). It is not suggestive of any cancer. Your Hb (hemoglobin), HCT (hematocrit), RBC (red blood cells) and platelet count all within range. You had mentioned the history of flu which can lead a temporary decrease in WBC count may be by bone marrow suppression or relative decrease because of increased lymphocytes. Immature cells are not present so I do not think you have to worry about that. Repeat CBC (complete blood count) after few days. It will be normal if not then will investigate further. Take care. For more information consult a hematologist online

1.08.10on 12. 07.10 my urine report was pus cell with 25-30 hpf. Dr. gave me zocef (500) for five days after that pus cells reduced to 15-20 again Dr. gave me Taxim-o (200) for five days .but my pain didnt stopped im having severe pain in left side of the abdomen.and now after a month i just did my urine test my pus cell increased to 150-180 /hpf. Dr. suggested for Urine Culture test. but i will getmy report after days so till that report comes should i continue to take any antibiotic.please suggest me.Regardsmrs. shaikh

Hi dear, I have gone through your question and understand your concerns. You are having recurrent urinary tract infection, which is most likely due to the calculi in the renal system. You

should get active treatment for this infection, as it can cause preterm labor and delivery. You can continue taking plenty of fluids and oral antibiotics till the final culture report comes. Further management should be done accordingly. Hope you found the answer helpful. Wishing you good health. Regards .

1.080dilin .As of now I dont have temperature but I have swelled legs and cant able to walk .please suggest me with recovery actions.

Hello didn't mention your age, as it is important in this case. Since there is no fever i.e. no typhoid. Swelling on the legs may be due to these possibilities, these include:1 Chronic renal failure, as this is the most common cause. Diagnosis can be confirmed by urine examination as well as ultrasound of both kidneys.2 Anemia, is the 2nd most common cause of such swelling. Get in blood for hemoglobin level examination .3 Hypoproteinaemia is another most common cause. Get in blood for protein level. Since you didn't mention complete history of illness, so very difficult to diagnose such case. In my opinion consult a physician and get his opinion regarding this swelling on legs. However, congestive cardiac failure is another reason of such symptoms.

1.09 and alkaline phosphate 148.30 as per the technologies used BILD-BILT-BILI-SGOT-IFCC* SGPT-IFCC* ALKP-Alp IFCC* GGT-Iffcc* PROT SLAB which is ready or medicine and treatment to bring the above two items on normal parameter

Hi . Noted you have conjugate hyperbilirubinemia. So obstructive jaundice has to be ruled out like by cholestasis or gall stone.USG done witplete LFT profile and liver enzymes.Meanwhile, urine for urobilinogen also done. Uditiv tablet might be needed. If hepatitis is present viral marker study also done.Meanwhile, fruits more and fat taken less. Clinical follow-up necessary. Hope your concern solved. Take care. .

1.09 and all other parameters just on the upper limit of normal ranges. My urine and stools are normal colour except that iam passing stools once in 3 days. Visited doctor again. He said there is no problem and i can get on normally. No diet restriction or even on alcohol aslong asit is moderate. Now did i suffer from jaundice? If so what type? Was it serious? Can i follow the advice of Dr and eat and drink normally from right now? Will appreciate your advice. I live in India and am economically well settled and live and eat hygienically.

Hi . Of course, it was jaundice. Jaundice is symptom when you have elevated bilirubin levels and your skin and eyes turn yellowish. Now, question is what was the cause of it. Well, good sign is that this is only transitory jaundice and obviously caused by temporary biliary duct obstruction. This is most commonly caused by gallbladder stone, and now it passed through, and you have no symptoms. Other causes of elevated LFT and bilirubin are hepatitis, cirrhosis or metabolic disorders but if your ultrasound was normal u have no reason to worry about I only suggest avoiding alcohol for next 2 months. Everything else I agree with your doctor.Wish you good health.

1.09 now my question is dis how can i protect my self frm dis disease also by knwing the diet plan of my daily life and also by madicine plz help me

Ok dear as u have a diagnosed case of H. Pylori disease so we will start H.pylori eradication therapy. So all you have to do is start having medications and once it is settled then you can prevent this disease by following simple preventive measures. Medications:1-Tab Azithromycin 500mg twice daily2-Tab Amoxicillin 1g twice daily3-Cap Omeprazole 20mg twice daily You have to take medications for 2 weeks. Prevention: This disease can be prevented by following these measures.1-You have to stop taking NSAIDs for pain relief e.g. aspirin, diclofenac, naproxen, fanatic acid. You can take paracetamol for pain relief which is not a NSAID.2-You have to modify your diet i.e. less spicy foods and avoid one large meal. Instead, have three small meals a day. 3-Avoid cigarette smoking as it causes peptic ulcers Thanks, Wishing you best of health

1.09,&T4 is 6.5 .Nw I am having thyronorm 25MG daily, and I am Trying to reduce weight and conceive. Plz Tell , what i want to do nw??

Hi I think your thyroid dose needs to be increased. Consult your doctor. Also do a prolactin level and an ultrasound to see your follicles. Also do a semen analysis of your husband. If everything is fine you can try for 3 to 6 months. If pregnancy doesn't happen then you can try medicines for growth of your eggs. Hope I have answered your question. If you have any other query I will be happy to help.

Input	Output
<p>1.09. presently (10/6/2010)again CA 125 gone up to 170.4 u/ml .RBC 11,Platelate 146000,TLC 6500,RBS101 mg/dl,CECT whole abdomen(8.6.10) Progressive disease by Recist criteria.The report says-There is ascites with 8mm size subhepatic peritoneal nodule. A 24x 20mm cystic space occupying lesion in left subphrenic region .rest unremarkable.We want to know after all these treatments why is coming back again and what is the next path forward? What options we have.</p>	<p>Respected user, his evaluated your query thoroughly. This is microscopic dissemination of the tumor cells giving this assembly of symptomsReason may be treatment effectiveness or emerging of other virulent microorganisms Next path should be conservative treatment planning in form of evaluation of the current status clinically as well as Ultrasound, Laboratory test of ascites Hope this clears your query. Thanks regards.</p>
<p>1.09(normal),Urea 27 (normal),HDL(34),LDL (127), Cholestrol 199,But Triglycerides 220(High) and S.G.O.T (119) an S.G.P.T (210). No alchol Drinking,No smoking and Normal life(Weight 110 Kg,Height 173 Cm).what s the problem about abnormal Liver factor and Trigly. ?Thank You Very Much.AAAA</p>	<p>Hi, Based on the information you have given, looks like you may have non-alcoholic fatty liver disease (NAFLD). Most patients with NAFLD are asymptomatic, however, abnormal liver function test (like in your case) and hyperlipidemia (particularly triglycerides) are common. I also see that your body mass index is about 37 (normal: 19 to 25). Obesity is directly linked to NAFLD and in this regard I will advise you to gradually reduce weight by adopting lifestyle changes such as diet and exercise. In contrast, rapid weight loss may worsen your condition. Liver ultrasound will help establish the diagnosis but liver biopsy is confirmatory. I will advise that you to consult your physician and have your condition examined. In addition, I will advise taking insulin sensitizing .</p>
<p>1.0cm) i need an explanation of disease and its treatment and whether it is curable or not?(age 74 male)</p>	<p>1.best suggested one is aggressive type it includes cytoreduction and intraperitoneal chemotherapy cytoreduction means removal of as much as cancerous growth.intraperitoneal chemotherapy means administration of heated intraperitoneal chemotherapy after surgery. The survival rate is 5 years in 70-80%.I hope this information is helpful.</p>
<p>1.0cms in long axis and shows a smallechogenic focus measuring 3.5mm in th mid inter polar region-? calcific What does it mean. and how much severe it is? what should be the next course of treatment for me?</p>	<p>HelloThanks for writing to Mild loculated cortical outlines are normal findings. Populations are formed during embryogenesis of kidneys. Optimal cortico-medullary differentiation is also normal finding. Your measurement of kidney is also normal. Echogenic loci measuring 3.5 mm in interpolar reason may be calculus. It may be confirmed by non contrast CT scan, if there is any confusion in USG. Treatment of renal calculus is both medical and surgical. It is not very serious condition. So don't worry. Take Care .</p>
<p>1.0FL MCH 19.3 27.0 - 32.0 PG LYMPHOCYTES 18 20 - 40%</p>	<p>HHypochromic and microcytic blood picture is most often due to iron deficiency anemia. The test results you have sent also show the same thing. Since your wife is already in the last trimester, oral treatment with haematinics is not going to be of much help in improving her condition before delivery. Also, the treatment mode depends on the amount of anemia, the symptoms it is causing and the general condition of your wife. If it is so severe to cause severe symptoms, she may need a blood transfusion followed by injections of iron. You should discuss further management with her doctor. Take care.</p>

<p>1.0L, Lymphs at 70.0H, and Reactive Lymphs at 6H. Everything else was within normal range. I suffered from flu like symptoms about a week earlier and had been using Panadol to suppress symptoms. Should I be concerned about these results?</p>	<p>Bag (if your NOT vaccinated against HBV) 2. Antioch 3. Anti HAD 4. Lipid profile 5. Complete blood cell count if you post the results at , also mention your weight, height, alcoholic or not?meanwhile:- abstinence from Alcohol and . - use lemon juice (lemonade) once in a health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good health.</p> <p>Regards,</p>
<p>1.0mg/dL.Kindly interpret the report.</p>	<p>Hi. Diagnosis (according to available information):Fibroid Uterus, Type II Diabetes Mellitus. Further information required: With respect to the above diagnosis, the treatment plan is as follows, Consult a general surgeon online for further help</p>
<p>1.0ML COLOUR: GREYISH WHITE TRASPERANCY: OPAQUE VISCOSTY: VISCOUS TIME OF COLLECTION: 12:10 TIME OF LIQUIFICATIN: 30 MIN pH: 7.5 [SEMEN ANALYSIS CHEMICAL] FRUCTOSE: POSITIVE [SPERM COUNTS] TOTAL COUNT: 16 MILL/ML LIVE COUNT: 06 MIL/ML SPERM PER EJACULATE: 16 MIL [MOTILITY] PERCENTAGE MOTILE SPERM: 38% RAPID LINEAR PROGRESSION: 00% SLOW/NON LIN PROGRESSION: 40% NON PROGRESSIVE: 60% [SPERM MORPHOLOGY] NORMAL FORM: 30% [HEAD ABNORMALITY] SMALL OVAL: 50% AMORPHOUS: 20% [MID PIECE ABNORMALITIES] [OTHER CELLS] WBC S: 01 RBC S: 00 DOCTOR PRESCRIBED FERTILOX. PLEASE ADVICE</p>	<p>HYour sperm count is little less with motility disorder. We tell it oligoasthenospermia. Well, please take the medicine advised by the doctor. Besides, I will advise you to quit smoking and alcohol if any. If you are working in a hot environment, please avoid it. You can repeat the counts after 2 months of taking the . Astaxanthin and COQ containing preparations may help. You can go for a GUI later and if nothing helps, IVF is an option at the last. Good luck</p>
<p>1.0ml viscosity :normal self liquification : 30mts reaction:alkaline colour:white odour:musty total count:118 million/ml motility after 30 mts : active 40% , sluggish 20% , non motile 40% motility after 4 hrs: 30%at room temprature normal sperms 50% , abnormal sperms 50% , particulate matter : severe semen sugar : + , no organisms seen semen fructose 200mgs% , pus cells: 2-3/hpf do i have any problem</p>	<p>Hi, dairy have gone through your question. You have normal sperm count. Your motility and morphology is also normal. Overall it is a normal report. You are fertile and able to become a father. No need to worry. Just be relaxed. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.</p>
<p>1.0ml,viscosity-1/3,liquefaction - complete ,pH-8 microscopic examination report sperm concentration motility-80 M/ml,Rapid progressive -18%,slow progressive -42%, morpology normal forms 10% ,head defect-66%,Neck/mid piece defects-13%,cytoplasmic droplets-11%, post wash concentration is 23M/ml,post wash motility-99%</p>	<p>HelloYour semen analysis findings may indicate excess abnormal morphology sperms. You may need clinical correlation and few investigations like routine hologram, random blood sugar, ultrasound of scrotum. Findings suggests excess abnormal sperms. At least 16 % sperms should have normal morphology for natural fertilization. Motility is normal. Normally motility should be at least 55 %. Your findings suggest over all 60% motile sperms, so it is normal. You should take healthy and nutritious food. Avoid smoking and alcohol if you take it. You can take antioxidants and go for regular exercise. If infertility persists then assisted fertilization technique can be considered. Get well soon. Take Care .</p>

1.0mlviscosity -normaldropping test -freely dropingsperm count -52 millions/mlactive motile-40%sluggish motile -25%non motile-35%normal forms-89%pin head-03%round head -04%giant head-00%swollen neck-03%pus cells -3-5/hpfRBC-0-1/hpfsir this is my semen analysis test, is it ok for the fathering of child.i very feel about it.becouse i already finish 4 year of my marriage life ,please advice

Your sperm analysis shows that you are fertile and can conceive. Your overall motility count is a little low but enough to still allow for fertilization. To help improve your sperm motility I recommend that if you . Also, if you are over weight losing weight will also help fertility. Hope this answers your question. Please contact us again with your health care concerns and questions

1.0S/CO This test done after 56 days of intercourse with girl friend without using protection. What does that result mean ? Is it accurate and wat are the chances. Thank you .

I understand your concern. I advise you that if it is 4th generation dual test ELISA its result is considered to be significant. But in case of 3rd generation ELISA it is non-significant, and it should be repeated after 90 days to confirm the result. I will be happy to answer more of your concerns, kindly know me, Wish you a very good health at . . Infectious Disease.

1.0x0.7 size of a single follicle in left ovary. am i normal or do i have fertility problem? n what u would suggest me to do if i have. thanks

Hi, Your scan report suggests you have polycystic ovary disease (PCs). It can cause infertility by affecting ovulation. If you are ovulating with closed then I suggest you to go for GUI after getting tubal patency done. GUI is intrauterine ingestion of sperms. Here sperms are washed and processed and placed in uterus. This will increase chances of conception. If you are not ovulating with closed then you should discuss with your doctor regarding addition of FSH injection along with closed. FSH help in ovulation. After rupture, you can get GUI done. Hope I have been helpful. Regards .

1.0x0.9x0.9 cm cyst in the left lobe. The gallbladder demonstrates no evidence of sludge or stones and a wall thickness of 3.5mm. The common bile duct measures 3.2 mm. There is no evidence of intrahepatic ductal dilatation. Lab test results came back normal. What could this mean? Unfortunately, I had to get my ultrasound results myself as my doctor is not communicating. I would like to know the severity of the problem, is the cyst able to rupture and would the cause of the attack be from the cyst bleeding?

Thank you for posting your query. Only symptomatic cysts require treatment while asymptomatic hepatic (liver) cysts require observation and follow up. Most hepatic cysts are filled with fluid. Percutaneous . However, some cysts may require surgical resection especially cystic tumors. Visit a general surgeon or liver surgeon asap. Hope to answer your concern. Any further queries are welcomed. Health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good health. Regards,

1.1
Î²-hCG negative
Urine
WBC 3/hpf
RBC < 3/hpf
Nitrite negative
Leukocyte esterase negative
CT scan of the abdomen shows a small (3-cm) fluid collection with an enhancing wall surrounded by bowel loops in the right pelvis. The patient is placed on bowel rest and started on IV fluids and

antibiotics. Which is the most appropriate next step in management?

Continue conservative management and schedule appendectomy in 6-8 weeks

1.1 my Monos at 17% and my RBC Morphology at 3%. I did have my whole thyroid removed

last November and it was cancer. I took the Iodine Radiation in January 2010. Could this have an effect on my blood work or are these results an additional problem? Thanks AMY	Hi, dairy have gone through your question. Your platelet count is normal. Your neutrophil and monocyte counts are high and lymphocytes count is low. It suggests some infective pathology. It has no relation with your thyroid cancer or its treatment. Consult your doctor and take treatment of your infection. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.
1.1 - shrinking as I was told this morning, since it used to be 83 and has declined steadily over the last months. What does this mean? I know I am anaemic but was looking for a bit more information. I should also add that I have no symptoms at all, feel great and work out every day.Thanks! Karen	My dear friend red blood cell size (M.C.V) 71 with hemoglobin 96 is suggesting anemia of microcytic type. It is most commonly associated with iron deficiency anemia but also can be associated with other type of anemia. Value of M.C.V can also vary from lab to lab and sample to sample. Best way to confirm about size of red blood cell is by peripheral blood film. I shall suggest you that when you repeat your hemoglobin count then also ask for peripheral blood film examination from your treating doctor. I advise you to take your treatment properly. Your anemia will completely cure and your M.C.V will correct with same treatment. Than for your query.
1.1 , Conjugated 0.5,unconjugated 0.6,AST 91, ALT 201,Alkaline phosphate 74,Total protein 7.3, Albumin 3.9, Globulin 3.4 I want to check if these reports are normal and what I have to do to reduce my Bilirubn .I am having boiled food with no fats right now. and in Drugs UDILIV 300mg	Hi, It seems that you are suffering from viral hepatitis, and you are already on the path of recovery. It is advisable to take normal diet as many restrictions in diet are not required and patients usually follow restrictions by themselves which many times cause nutritional deficiency and lack of energy. Sometimes weightless. Just take normal healthy diet, safe potable water and fruits, if your doctor advises vitamin supplements. You will be alright soon. Good luck
1.1 ,height mayb 5.2,i m lazy also	Degree understand your concerns went through your details. I suggest you not to worry much. Erectile dysfunction and premature ejaculation are common problems attributable to anxiety and misconceptions about sex. Wrong knowledge leads to wrong perception. Shrunken penis in its lucid state is pretty common and is its actual state. Don't worry about that. For Erectile dysfunction and premature ejaculation, please visit a psychologist who shall help you. If you require more of my help in this aspect, Please post a direct question to me in this website. Make sure that you include every minute details possible. I shall prescribe the needed psychotherapy techniques. Hope this answers your query. Available for further clarifications. Good luck.
1.1 (conjugated 0.2 and unconjugated 0.9). Will you please suggest me whether these counts are indicative of abnormalities in my liver functioning? I consume alcohol occasionally. Shall i have to stop alcohol?	Hi, dairy have gone through your question. Your GOT and SGPT level is normal. Your bilirubin level is at high normal range. Nothing to worry about that. No significant abnormality is there. Nothing to worry about that. Just be relaxed. Avoid alcohol because it will cause liver damage. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

Input	Output
<p>1.1 14 months ago, was 5.6 in Dec 10, then to 2.8 on 2/1/2011, after being on antibiotics for 6 wks.</p> <p>Urologist says there is a hard spot on one side of my prostate. I have not been feeling well overall for a couple months ie.,symptoms such as bowels not normal (constipated, now very thin movements, some diarrhea, some swelling in legs, Latest symtom this morning my temperature was 95.5 when I woke up. I drank a cup of tea, went to 98.1, and is still at 98.1 a few hours later. Is low body temperature a sign that I do in fact have cancer? If so, soes it mean the cancer is aggressive? Should I wait 2 weeks for the prostate biospsy or try to have it sooner? (Dr s office said that s when the next time is available)? If body temperature goes down again, should I go to ER?</p>	<p>Hi, dairy have gone through your question. You have hard spot in prostate. You may have benign prostatic hyperplasia, or it can be prostate cancer. But your symptoms are not due to cancer so don't worry about that. If your PSA level is very high then you should go for urgent biopsy. If it is borderline high then no urgency is there. Consult your doctor and go for biopsy on schedule. Then you should take treatment accordingly. Hope I have answered your question. If you have any doubts then feel free to ask me. I will be happy to answer. Wish you a very good health.</p>
<p>1.1 and esr is 32 and wbc is 9.89. Im in a rural area nt able to go for consultation to the city for past 2 weeks after result. I lost my mom in colon cancer at the age of 52 before 2 years. Im getting worried now as my friend told me that I have to take it seriously. Please guide.</p>	<p>Hi . You should take it serious but you shouldn't be concerned. You are young and any cancer isn't very possible at your age. There are various conditions which cause stomach pain and bloating. Usually this is gastritis, HERD or IBD. It should be primarily treated by changing dietary habits, eat fruit, green and avoid fats, alcohol and sugar. Also, gastrostomy should be done to see degree of gastritis. Anemia is common at young woman and usually menstrual bleeding and lack of iron cause it. It can be signed of bleeding from bowel wall or tumor but it isn't the first thing to think of. If you have pain while defecating or obstipation then you should concern and do colonoscopy. If not you should take iron supplements and change dietary habits. Wish you good health.</p>
<p>1.1 and for helicobacter pylori igg the result was 297 iu/ml while the normal is 15, i hear its not serious and there is effective treatment but iam worried specially of the igg cause it is much bigger than the normal so do i need to worry or it doesnot matter how bigger it is than normal , it could be treated easily as well.</p>	<p>first you have to tell me for what complaint you have undergone such test. As H. pylori causes gastritis, so if you are suffering from such problem then you need to take treatment otherwise you should have undergone arthroscopic examination and do gastric biopsy for H.pylori to confirm it. If you find the test positive you can take treatment.review me with your biopsy report and present complaint then I will suggest you curative treatment. No need to worry as presence of only Egg do not indicate acute infection. Hope you are satisfied with my answer. Feel free to communicate if any query.regards, .</p>
<p>1.1 and my lab rates that as high, can some meds cause this to occur my cholesterol is total 157 HDL 62 and they rated that high as well and LDL is 76 with trigly at 93. I did back in the late 60 s have the hepatitis. What could be a reason for elevated bilirubin I am 71 yo I had a dinner party the night before test and I always stress out, I am obsessive about all going well. NO THANKS, I THOUGHT IT WAS A FREE SERVICE.</p>	<p>Hi, dairy have gone through your question. Your bilirubin is slightly high. If you have any symptoms then you should go for complete liver function test. Otherwise, just monitor your bilirubin level.</p> <p>Your HDL cholesterol is high. It is a very good sign. It is protective against cardiovascular disease.</p> <p>So no need to worry about high HDL cholesterol. Hope I have answered your question, if you have</p>

doubt then I will be happy to answer. Wish you a very good health.

1.1 and on 12th day of cycle follicular size is 7mm and 8mm in left and right ovary and shows 1mm increase in size after 4 days. Is this normal or any serious problem is there, kindly let me know the possibility of conceiving normally. Thanks a lot

I think that you became overconcerned for conception; no need to perform any test to know the status of conception and compatibility. This is a kind of ridiculous type of thinking. Pregnancy is completely physiological and more to say is a natural phenomenon. I have seen many cases during my practice that even after every test are unremarkable and most favorable for conception still they do not have any issue (conception). What this proves, without giving any chance to nature, you are looking for favor, stop all this and try for what nature has created human being. Hope you can understand. Wish you good luck for a happy married life.

1.1 and the ly% is 57.6%. The rest of the blood work is normal. Further blood work is being processed to check function of the spleen. Do you have an idea of the diagnosis?

Hello and The interpretation of the blood report is as follows: The hemoglobin and hematocrit are both low. Low hemoglobin suggests anemia. The white blood cell count is also low. The differential white blood cell count is showing low neutrophils and relative increase in lymphocytes. A peripheral blood smear examination and red cell indices are required to find the type of anemia. The cause of low white blood cell count also needs to be found out. MPV is the parameter that assesses the platelet size. The parameter is within normal range. Thanks and take care.

1.1 and typhoid test is also positive. What precaution do I follow now? Because I have to travel daily to go on my job 120 km up and down (warm weather). Can I travel or not??? Also suggest the diet for bilirubin high levels (jaundice). And last in how many days I recover.

Hello. Thanks for asking query on . As I understand you are suffering from enteric fever (typhoid) and mild jaundice, which could be related to enteric fever itself. You have not given complete details of your Liver function test. I assume you would be on antibiotics. Diet for you would be soft diet with less of spice and lots of liquids. I would suggest some rest especially if you feel fatigued, having fever or pain in abdomen. Usually it takes about 10-14 days for recovery. Take care.

1.1 below the required 12.5 to donate. I have also been getting quite a few bloody noses and I bruise VERY easily. Should I be concerned that something other than just being low on iron??
Thanks

Hi dear, thanks for your question. You were denied blood donation at American Red Cross blood bank. 1 gm/dL. Yes, this is low below the standard level set for donation, that is 12.5 gm/dL. Yes, your frequent bleeding from nose along with easy bruisability, in which blood is also lost, could be because of low Hb. Do your peripheral blood film called as PBF to know the type of anemia, so that it can be treated accordingly.

1.1 cm is that normal size? 2) There is prominence of the left pelvocalyceal system, what does this mean? and what is it? 3) There is a post void residual of 9mls in the distended bladder measures 168mls, what is this? and what is a CT KUB to exclude ureteric calculus? Please can you help me understand any of the above? Thank you Kind Regards SONJA

Hi. The mean dimensions of the kidneys upon maturation are: length-about 12 cm, breadth-about 6 cm and thickness-about 3 cm. The weight of one kidney averages about 120-150 g. Any decrease in size is abnormal. Prominence of the pelvocalyceal system means that maybe because of distal blocking (probably due to a stone) there is collection in the pelvocalyceal system and hence the CT scan of the kidney, ureters and bladder is suggested. This is a more precise form of investigation. The urine forms in the kidneys and flows into the bladder through the ureters. Any blockage in the ureters will cause accumulation of urine in the kidneys. Hope this helps you.

1.1 cm	Hi, dairy have gone through your question. Your ALT is slightly increased. It suggests mild liver damage. No focal mass so no need to worry. Biliary duct and portal vein is also normal. So no ant medication is required. Avoid alcohol and high fatty diet and take high protein diet. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.
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1.1 cm in length (previously 12.3cm). I am have terrible back pain below my rib cage. Can this really be liver pain that is radiating to my back ?	Hiwith these finding in the ultrasound abdomen added in the back pain, it is better to go for a CT abdomen & pelvis. Followed by MRI spine (TOTAL OR HORACE LUMBAR)so that any serious issues should not be missed. Coarse heterogeneous liver with cirrhosis- it is better to rule out any malignancy relative stages or any secondaries which could have spread to the spine or receivers. CONFIRMING THE CAUSE IS BETTER.all the best, take care
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1.1 cm non-hypermetabolic hypoattenuating lesion in the left lobe of the liver, not FDG avid.What does it all mean? (I did start chemo for the ovarian cancer today.)Thank you,Jane	Hi and thank you for your query. Well, Pet ct scan is very sensitive but not specific, and it has significant rate of false positive results. If you ask me are these nodules malignant metastases of ovarian cancer then I am not so sure and would say that it is not likely to be metastases since ovarian cancer has a bit different spreading potential and pet scan features would be different too. But it requires further follow up and frequent diagnostic tests to verify do these nodules grow or not. Wish you good health. Regards.
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1.1 cm TR is present and demonstrates an annular tear. this disc protrusion appears to contact the exiting left c6 nerve and results in mild to moderate left neural foraminal narrowing. there is no significant right neural foraminal narrowing. at c6-7 the disc protrusion within the right foraminal zone measuring 0.4 cm AP by 0.8 cm TR results in server right neural foraminal narrowing and possibly impinges upon teh exiting right c7 nerve. the superimposed disc bulge along with dorsal ligamentous hypertrophy results in mild to moderate canal narrowing, decreasing the AP diameter of the spinal canal to 7 mm. the disc bulge also results in moderate to server left neural foraminal narrowing. What does this mean? what treatments or surgery will have to be done to correct this? me	Hi, Thank you for posting your query. Your MRI of cervical spine shows features of degeneration of discs (soft tissue located between the vertebral bodies), which has bulged at two levels. This has resulted in compression of the cervical nerves, which take care of sensations and strength of arm muscles. Common symptoms are pain in the arms, weakness or numbness of arms. Usual treatment is with medications such as pregabalin and physiotherapy. Surgery is required in about 10% of cases, to relieve the pressure from the compressed nerve. Best wishes, .
--	---

1.1 cm X 0.6 cm with slight blood flow. I saw a urologist and was told not to worry. However I am still worried. The nodule is mostly in the perineum area.Thanks	Hi Dear !! Read and reviewed your query and health concerns. You seem to suffer from-? Sebaceous Cyst/ or could be from median safe cyst-which could be an inclusion Desmond cyst increasing lately/or it could be perineal abscess. Your nodule seems to be painless and would need to be ruled out from other causes as discussed above. Second opinion with another Neurosurgeon would fix the cause. Remedy-If Sebaceous Cyst/Or median Safe Desmond Cyst-which is the most probable possibility-it would be Excised Surgically by Urologist/ or By Surgeon. Other causes need to be verified and treated accordingly if found. Hope this reply would help you to plan further treatment with the doctors there. If need be, update any health issue 24 x 7 by a direct question to ME, at following link-Dear, if satisfied, Dont forget to close this query with YOUR pleasing feedback comments to rate this reply and service, to boost the morale of incoming Emergency
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patients like YOU, at services. If you want to update more details and ask more update queries,
You are most Welcome herewith !! Good Day!! Wishing Good Healthy Life in time to come!! . N.
Senior Surgical Specialist. S. Genl-CVTS

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1.1 cm2 with mvvmg 4mmhg and mvpg 7mmhg (moderate stenotic and rheumatic. mild mr).ef= 55%.left atrium mild dilated. another is normal. Can i take ayurvedic medicine for MS?i dont have another medical problem such as HLP.BP.DM.

Hello hope so it was ballot mitral valvuloplasty??? I m allopatry doctor so can't tell about Ayurveda.

You need to take regular medication. To feel good . When starting breathing difficulty and gradient goes up. If valves favorable then we can repeat BMV. Or need to go for mitral valve replacement.

Your doctor will try to n push as far as possible mitral VALVE replacement. So it is treatable condition and need not worry much . Take care,

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1.1 cms and now its grown to 4cms. my sister is in very bad state, as she has already undergone 2 operations and is not willing to undergo another operation. we are currently taking ayurvedic medicines to dissolve the fibroids and she is feeling good with it. only the size of the fibroid is a worry. please help and suggest

Hi, dairy have gone through your question. She has fibroid in her breast. It can be benign fibroadenoma, Phyllis tumor or some other mass, and it can turn into cancer. She should go for surgery to remove that. Ayurveda treatment will not help in this condition. Consult your surgeon and go for lumpectomy. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

Hi, dairy have gone through your question. She has fibroid in her breast. It can be benign fibroadenoma, Phyllis tumor or some other mass, and it can turn into cancer. She should go for surgery to remove that. Ayurveda treatment will not help in this condition. Consult your surgeon and go for lumpectomy. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

1.1 do i got to be worried my doctor say no

Hi, dairy have gone through your question. Your total WBC count is high. Your neutrophil count is also high. It suggests that you have some bacterial infection. You should take a course of antibiotics according to your doctors' advice. Your MTV is also high to suggest you may have it b12 deficiency. You should take treatment for that also. Hope I have answered your question, if you have any symptoms then you can contact me atWish you a very good health.

1.1 F, HR 119/min, BP 132/85 mmHg, and RR 18/min. Of note, he has vertical nystagmus on exam. What did this patient most likely ingest prior to presentation?

Phencyclidine

1.1 g/dL
Leukocyte count 18,000/mm3

Disseminated intravascular coagulation	
--	--

Leukocyte count 18,000/mm³

Platelet count 45,000/mm3

Deficiency of clotting factor II

Peak Wavelength=450nm

Particle count 243,500 time 35 sec

Stem corpuscular volume 78 fLm3

15 minutes

Reform time 24 seconds

Paraffin Embedding time 45 seconds

Both are given 40 mg/dL. Most likely to show which ?

Glucose 222 mg/dL

Creatinine 3.3 mg/dL

Which is the most likely cause of this patient's ecchymoses?

Input	Output
1.1 g/dL	
Serum creatinine 0.9 mg/dL	Interstitial cellular infiltration with parenchymal fibrosis, obliterative arteritis
Serum bilirubin (total) 44 mg/dL	
Aspartate transaminase (AST) 444 U/L	1.1.1 g/dL suggests that the ascites is due to portal hypertension, as this indicates that the liver is not able to produce enough albumin to maintain the normal gradient between the serum and the ascitic fluid. Other possible causes of ascites with a lower SAAG could include malignancy, tuberculosis, or pancreatitis, among others. Treatment of ascites due to portal hypertension may involve medications to reduce the pressure in the portal vein, such as beta blockers or diuretics, or more invasive procedures such as paracentesis (removal of fluid from the abdomen) or transjugular intrahepatic portosystemic shunt (TIPS) placement.
Alanine transaminase (ALT) 671 U/L	
Serum gamma-glutamyl transpeptidase 777 U/L	
Alkaline phosphatase 888 U/L	
Prothrombin time 17 seconds	
A Doppler ultrasound shows significantly reduced blood flow into the transplanted liver. A biopsy of the transplanted liver is likely to show which histological features?	

1.1 g/l, C4 0.2 g/l Immunoglobulin and antibody tests: Serum IgG 1000mg/dl, IgM 180mg/dl, IgE 1750 IU/ml (150KUA/litre, or 20mg/dl), RAST positive (score 6) for dog dander and pollens. Thank you	
	Hi, thanks for choosing for your medical query. From the information that you have given me it turns out your child is severely allergic to dog dander and pollen. I inferred this from his history where he becomes symptomatic after exposure to these things SND also the fact that he has a high LAST score for them.LAST score is quite a reliable test, and we can confidently say these are the things he's allergic to. He also seems to have exercise induced asthma. Its reassuring that other grave diagnoses have been ruled out. The best treatment option is to acid exposure to dogs and pollen. Other than that you should start montelukast sachet 4Å mg every day preferably at night. Montelukast will help stabilize his condition and his bouts of severe allergic reaction will be reduced. You should always keep short-acting beta agonists such as albuterol in the form of inhaler at hand. Your child has had episodes of bronchospasm which can be serious. Always contact your doctor if symptoms do not subside or are worse than usual. I will be happy to answer any more questions that you may have.

1.1 I have always enjoyed drinking and my fav has been whiskey. I used to drink 3-4 pegs of 60ml each every day. When can i start having whiskey again and can i have beer now and how much can i consume in a day.	
	From medical aspect, it would be the best if you could quit alcohol completely. However, it is hard to expect from the patient so honestly, it would be advisable to reduce it to some more acceptable amounts. If you could sustain form alcohol for 1 months then I am sure you can reduce usual intake. If you had such high bilirubin levels then it was obviously serious liver damage, and you should avoid alcohol for 3 months or have it in minimal amounts. Later you should limit it to 1 peg per day. I hope I have answered you query. If you have any further questions you can contact us. Kindly regards. Wish you a good health.

1.1 I have seen my doctor and now trying to get may potassium down.How ever I also am having problems with my bowls.Can I do anything different than eating a low potassium diet ?	
	Hi, dairy have gone through your question. High potassium can cause life-threatening arrhythmia. You should take low potassium diet. You can take insulin and glucose to control your potassium level. Consult your doctor and take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.

1.1 lacs.i had fever along with fever. i had IBS also. Please suggest me some advise to control my SGOT and SGPT and platelets count. As i am worried that it may cause of Dengue.	
	Thanks for choosing . You are advised to go for further investigations like CBC, qbc, urine,RBS,

s.bilirubin, dengue egg/IGM to reach the diagnosis. Only low platelet count suggests some viral fever. You can take paracetamol round the clock to subside the fever, cold sponging will be helpful during episodes of fever. Increase liquid intake is the remedy for any viral fever. . Avoid spicy, oily food. Simple high fiber diet is ideal for IBS. Take b12,vitamins, minerals to boost up your immunity. You will get recovery within 7 to 10 days after proper management under guidance of your physician.

1.1 last night. Hes having trouble drinking water. Ive only been able to get him to drink two tall glasses today with his tylenol cold & flu. he also got a small bit of chicken broth down. Should we be concerned about this migraine and the veins? He does not normally have either. Also, any other suggestions for medication or how to keep him as comfortable as possible would be helpful. Thank you

Your friend might have reduced in his weight grossly which is the common reason for visible pulsating veins.maybe he is having throat infection which is why . For this he needs to be given diluted milk boiled with little turmeric and pepper and little honey for taste. Saline mouth gargles daily two to three times also will relieve throat pain, and he needs antibiotics like AZITHROMYCIN - dose

1.1 mEq/L	
Ca2+ 10.6 mg/dL	Distal convoluted tubule
Albumin 5.2 g/dL	
UrineEq/L	
Bone 24g/dL	
Slp 87 g/dL (Normal 120-150)	Hormone-mediated fibrous replacement of bone
Special blood gas analysis defined mycotic lesions in the aorta 55 cm slp + HSG at the inguinal which 45 the	
in 5/16/16, painless white radiographic findings in the patient of this patient's condition?	
The urinalysis shows the following:	
pH 6.0	Developmental anomaly characterized by cystic dilatation of the collecting tubules in the renal pyramids
Pus cells none	
RBCs 1â€²2/HPF	
Epithelial cells 1/HPF	Fluconazole
Protein negative	
Culture negative	
Glucose 159 mg/dL	Charcoal yeast agar with iron and cysteine
What is the most appropriate antibiotic to use for the patient's infection?	
What is the most appropriate antibiotic to use for the patient's infection?	Primary hyperaldosteronism
the disease process?	
What is the most likely diagnosis?	Aspirin
What medication is most likely contributing to this patient's current presentation?	
Albumin 3.7 g/dL	
Alkaline phosphatase 55 U/L	CT-guided biopsy
An x-ray of the lumbar spine shows bone destruction, sequestrum formation, and periosteal reactions along the second and third lumbar vertebrae. An MRI of the lumbar spine shows increased T2 signals within the second and third lumbar vertebrae without signs of epidural abscess.	
A blood culture is taken and he is started on appropriate analgesia. Which is the most appropriate management of this patient?	

Creatine kinase 765 U/L

Urinalysis is within normal limits. Which is most likely to have prevented this patient's condition?

Cooking meat to 71Â°C (160Â°F)	
1.1 mg/dL	Hypocomplementemia
ALT 123 U/L	
AST 18 IU/L	Laparoscopic cholecystectomy
Further evaluation of this patient is most likely to show which findings?	
AST 18 IU/L	Pancreatic enzyme therapy
Amylase 133 IU/L	
Ultrasound of the abdomen shows the following result (see image):	
The common bile duct is dilated. Which agent is most appropriate for the treatment of this patient?	
Deferoxamine	
Arterial blood gas analysis on room air shows:	
pH 7.31	
pCO2 32 mm Hg	
HCO3- 16 mEq/L	
Intravenous fluids are administered. Which is the most appropriate next step in management?	

Input	Output
1.1 mg/dL	Aspirin and enoxaparin
AST 20 U/L	
ALT 15 U/L	Administer bicarbonate and repeat lab studies
AST 22 U/L	
AST 22 U/L Anti-hepatitis B surface antibody positive	C
What is the most appropriate next step in management?	
AST: 12 U/L	Sitagliptin
ALT 10 U/L	
BUN 2 mg/dL Bilirubin 0.4 mg/dL	
What is the most appropriate next step in management?	
Red blood cells at risk of weight gain. Addition of which drugs would be most suitable for this patient?	Undifferentiated small round blue cells
What is the most appropriate next step in management?	
BUN 17 mg/dL	
1.1 mg/dL	Lack of enhancement of the branches of the superior mesenteric artery
What is the most likely finding?	
Lactate 7.6 mmol/L	TSH level
ALT 240 U/L	
ECG is negative	Deferoxamine
ECG is significant for findings consistent with atrial fibrillation and left ventricular hypertrophy.	
What is the most likely to be seen on this patient's contrast CT of the abdomen?	Osmotic demyelination
What is the most likely finding?	
What is the most likely finding?	
What is the most likely finding?	
What is the most likely finding?	Bulimia nervosa
What is the most likely finding?	
1.1 mg/dL	Escherichia coli
What is the most likely finding?	
pH: 7.35	Primary adrenal insufficiency
What is the most likely cause of this patient's presentation?	
Glucose 1.0 mmol/L	Normal saline and potassium
What is the most likely diagnosis?	
Serum 2.0 mEq/L	Supportive therapy only
ALT 10 U/L	
What is the most likely diagnosis?	Microvascular occlusion
AST 12 U/L ECG is notable for sinus tachycardia. Which is the best initial step in management for this patient?	
AST 12 U/L	
AST 12 U/L What is the best outcome for this patient?	
AST: 199 U/L	
What is the most likely diagnosis?	
Urine:	

Color: Yellow

Protein: Positive

Blood: Positive

The patient begins seizing. Which is the most appropriate definitive treatment for this patient?

Cesarean section

1.1 mg/dL	Medication
Ca2+: 10.2 mg/dL	
AST: 95 U/L	Dumping syndrome
Ca2+: 6.8 U/L	
C-peptide level: normal	Spinal epidural abscess
What is the most likely diagnosis?	
What is the most likely diagnosis?	
Ca2+: 10.5 mg/dL	Blastic and lytic skeletal lesions
What is the most likely diagnosis?	
GGT: 50 U/L	
AST: 22 U/L	
ALT: 20 U/L	
The patient is currently asymptomatic and states that she feels well. Which is associated with this patient's underlying condition?	

Input	Output
1.1 mg/dL	Leukemoid reaction
Ca2+: 10.9 mEq/L	
AST 92 U/L	Familial hypocalciuric hypercalcemia
Ca2+ 10.2 mg/dL	
PTHrP 61 pg/mL (normal 10 - 65 pg/mL)	Colonoscopy
What is the most likely diagnosis?	
AST 92 U/L	
Ca2+ 9.4 mg/dL	Hypophosphatemia
PTHrP 100 pg/mL	
25-OH vitamin D: 15 ng/mL	
The patient is given normal saline, oral potassium, dextrose, thiamine, and folic acid. The following	Increased RDW and TIBC
physical findings are noted: conjunctival pallor, mild diffuse weakness, and muscle/bone pain. An	
ECG shows a normal CT are performed and are unremarkable. Which is the most likely explanation for	Discontinue simvastatin, start pravastatin in 3 weeks
Ca2+ 9.4 mg/dL	
AST 92 U/L	Destruction of upper and lower motor neurons
PTHrP 100 pg/mL	
What is the most appropriate next step in management of this patient's hyperlipidemia?	
Which electrolyte abnormality best explains the patient's symptoms?	Intravenous drug use
Albumin 4.3 mg/dL	
Lactate dehydrogenase 307 U/L	
ESR 34 mm/hr	Total parenteral nutrition and ostomy pouch
Endoscopy gastroduodenoscopy shows no abnormalities. Which is the most likely cause of this	
Patient's symptoms	Secretin stimulation test
Sodium 144 mEq/L	
Potassium 4.1 mEq/L	
Calcium 9.9 mg/dL	Low plasma renin
What is the most appropriate next step in management of this patient's hyperlipidemia?	
Electrocardiogram showing a mild leftwards displacement. Which is the most likely risk factor for	
Discontinue statin	Enteroscopy
Alkaline phosphatase: 66 U/L	
Aspartate aminotransferase (AST): 40 U/L	
Alanine aminotransferase (ALT): 52 U/L	Relief of abdominal pain after defecation
Gastrin 90 pg/mL (<100 pg/mL)	
Lipase: 90 U/L (<160 U/L)	
An ultrasound reveals a hypochoic lesion within the right adrenal gland. A 2 cm right-sided	Urinalysis
Adrenal mass is noted on a CT scan performed with contrast. Which of the following is the most	
likely diagnosis?	
Endoscopy, and histologic studies of the biopsy of the gastric mucosa are negative for H. pylori.	Relief of abdominal pain after defecation
Stool culture and studies for ova and parasites are negative. Test of the stool for occult blood is	
negative.	
Fecal fat content is 22 g/day (N < 7). Fecal lactoferrin is negative and elastase is within	Urinalysis
normal limits. Which of the following is the most appropriate next step in diagnosis?	
Urinalysis shows no abnormalities. Further evaluation is most likely to show which in this patient?	
Indirect 3.2 mg/dL	Urinalysis
AST 15 U/L	
ALT 17 U/L	
LDH 1,251 U/L	

Haptoglobin 5.8 mg/dL (N = 41â€“165)

An x-ray of the chest shows bilateral patchy infiltrates. A peripheral blood smear shows spherocytes. Which is most likely to confirm the diagnosis?

	Direct Coombs test
1.1 mg/dL	Non-Hodgkin's lymphoma (NHL)
Lactate dehydrogenase (LDH) 1 000 U/L	
A peripheral blood smear is unremarkable. Which is the most likely diagnosis in this patient?	Extravascular hemolysis
LDH: 540 U/L	Calcimimetic agent
Calcium 1.2 mg/dL	
Parathyroid hormone (PTH) (inorganic): 4.8 mg/dl	
ALT: 10 U/L	No treatment is necessary
A medication with which mechanisms of action is most likely indicated to address this patient's	
Symptoms (Explain) 88 mg/dl	Burkitt lymphoma
Serum chloride 107 mmol/L	
Serum lactate dehydrogenase (LDH) 1,000 U/L	X-ray of the cervical spine
Serum calcium 10.4 mg/dL	
Serum albumin 4.5 g/dL	
Serum total protein 7.4 g/dL	
Rheumatoid factor positive	
Which is the next best step in the management of this patient?	
Which is the most appropriate next step in management?	

Input	Output
1.1 mg/dL	Bone marrow biopsy
Total bilirubin 0.9 mg/dL	
AST 49 U/L	
ASAT 468 U/L	Tdap and influenza
Rapid plasma reagin negative	
HIV antibody negative	Reperfusion injury
Hepatitis B surface antigen negative	
Urinalysis shows no abnormalities. Which is the most likely cause of the findings?	
negative LA Pap smear is normal. Administration of which vaccines is most appropriate at this time?	Renal glomerular damage
Color yellow	Administer haloperidol
Blood 34	
Briceidipstick shows no abnormalities. Which is the most appropriate next step in management?	Hepatitis A vaccine
Leukocyte esterase negative	
Which ultrasound of the kidneys and bladder shows abnormalities. Which is the most likely cause of this patient's symptoms?	Plasma vasoactive intestinal peptide
Her 24-hour stool volume is 4 liters. Which tests is most likely to yield an accurate diagnosis?	Atopic dermatitis
1.1 mg/dL, and glucose 108 mg/dL. On physical examination of the newborn, there are confluent erythematous patches with tiny vesicles and scaling. His mother notes that she has been bathing the patient twice a day. Which is the most likely diagnosis?	

1.1 mg/dL, and levels of vitamin E and vitamin D are decreased. Upper endoscopy shows several ulcers in the gastric antrum and the descending duodenum. Which is the most likely underlying mechanism of this patient's symptoms?	Inactivation of pancreatic enzymes
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1.1 mg/dl, haemoglobin : 9.2 mg/dl, BP is 150/100, doing dialysis twice in a week. What if the medicine for reducing, BP, Creatinine & Urea I dont have edema, I have normal urine flow ,and I have disturbed sleep In one of your post you have advised to take -- Elserum 3x 4 pills twice in a day -- Vesicaria Q 4drops in half cup of water twice in a day You also said All the medicine should be made in Germany Where to get these medicine in Chennai	<p>Hello . As a Urologist, I must advise you to be safe for your health. Kindly follow one system of treatment. It isn't safe to mix allopatry and homeopathy. Homeopathy doctors with kidney failure come for dialysis. Your dialysis treatment will continue till, you can have a kidney transplant. You must mention the kidney biopsy report, so I can guide you better. Kindly mention to your nephrologist, that you're also on home treatment. If you've any doubts, you may send it as a direct question, to me. . Manga.</p>
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1.1 mg/dl. An x-ray of the skull is shown. Which is the most appropriate next step in diagnosis?	Serum protein electrophoresis
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1.1 mg/dL. Oxygen supplementation and IV fluid resuscitation are started immediately, but the hypotension persists. The focused assessment with sonography in trauma (FAST) examination shows a retroperitoneal fluid collection. What is the most appropriate next step in management?	Take the patient to the OR for an exploratory laparotomy
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1.1 mg/dL. Which is the most likely cause of this patient's laboratory findings?	Obstruction of renal tubule
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<p>1.1 ml Ph 09 Appearance whitishSprem Count 56 Million Liq. Time 20</p> <p>minMotility Active Sluggish DeadAfter 30 min 60% 20%</p> <p>20%Morphology Abnormal Heads 10% Abnormal Necks 03% Abnormal Tails 07%Pus Cells</p> <p>2-3/HPF RBCs NIL/HPFKindly Sir i woorted Please Reply me on my E-mail or on Forum.</p> <p>YYYY@YYYY</p>	<p>Hello Thanks for writing to Abnormal head means sperms with abnormal morphology. Normally at least 16 % sperms should have normal morphology for successful fertilization. You have the sufficient number of sperm with normal morphology, so you shouldn't be worried. But your semen analysis report suggests infection. Infection is indicated by the presence of pus cells in semen. Normally there shouldn't be any pus cells in semen. Infection may be due to prostatitis, UTI etc. You need antibiotics for infection. You need few more investigations like routine hologram, Semen culture and sensitivity, RBS,Ultrasound of pelvis should be done. Trans rectal sonography of prostate can be done if needed. Proper antibiotics should be prescribed after culture and sensitivity report. Other factors like count and motility are within normal limit. Get well soon. Hope I have answered your question. Take Care .</p>
1.1 mm thick. Which is the most appropriate next step in management?	Surgical excision with 1-2 cm safety margins and sentinel lymph node study
<p>1.1 mm. Free beta hCG 25.9 ng/ml. PAPP-A 0.53. My sugar levels and BP are normal. I am taking Aspirin and Enoxaparin every day. Kindly tell me about my risks.</p>	<p>Hello. How are you doing? I see nothing for you to worry about. Let me explain. Hope I have clarified your query. Do write back if any more queries. All the best. For more information consult an obstetrician and gynaecologist online Take care.</p>
<p>1.1 MoM 0.5-1 MoM</p> <p>Unconjugated estriol 1 MoM 0.5-3 MoM</p> <p>What is the best treatment for this patient?</p>	<p>Perform ultrasound examination</p> <p>Hello dear, I understand your concern. Usually the infertility treatment need to be started if pregnancy does not occur even after one year of unprotected intercourse. As you are married for 8 months still there is chance for trying for natural pregnancy. Iam suggesting you for natural pregnancy because you both the partners are normal. Ofcourse you are hypothyroid but as it is under control it can be considered normal. Avoid stress or anxiety regarding the pregnancy as it causes hormonal imbalance and delay fertility further. So relax. Practice intercourse regularly to increase the conception chances. If no pregnancy even after a year you can go for infertility treatment.IVF is the last resort. It might be rarely needed in your case. And there is good scope for natural pregnancy in your case. Hope this helps. Best regards.</p>
<p>1.1 ng/mL. I also have sudden weight gain. My weight in the last one and a half years increased from 57 kg to 81 kg. I also have a chronic nose block.</p>	<p>Hello. Your irregular periods can be due to your obesity. You need to lose some weight. You have a history of TB (tuberculosis). So, there may be chances that your uterus might have got affected due to that. I suggest the following tests: For more information consult an obstetrician and gynaecologist online Take care.</p>
1.1 ng/mL. I am in testosterone replacement therapy also. Please advice.	<p>Hi. The absolute PSA (prostate-specific antigen) level is in the range where it is not of much concern. But the rise in PSA is bothersome if it rises more than 0.75 ng/mL per year. For a young patient like you, even this rise in rate needs to be assessed. Testosterone replacement can also be a cause of this rise. Please mention about the reason for taking testosterone replacement therapy.</p>

Input	Output
1.1 nmol/L (N < 3.5)	Increased activity of 5-alpha reductase
Dihydrotestosterone 435 pg/mL (N < 300)	
A urine pregnancy test is negative. Which is the most likely underlying cause of this patient's symptoms?	
After 5 days on the medicine. Im really scared that they move to his lungs/heart. Were really confused bout things. I really appreciate any information that you may have. Thanks so much.	
	Hi, dairy have gone through your question. Blood clots are there Survival removal depends on exact site, accessibility, general conditions AMD many other factors. But till that he should make warfarin to avoid further clotting. He should go for regular INR testing and maintain the INR between 2 and 3. Set the dosage accordingly. Then if needed and if possible go for surgery. Hope I have answered your question, if you have doubt then I will be happy to answer. Thanks for using .
1.1 right now going for another IVF cycle again this year. what all medicines and how long to prepare my body with best supplements to have ? does COQ10, l Arginine and dhe works wonders in low amh values ?	Hi, Thanks for the query. I understand your concern. Before planning for IVF, plan for minimum 3 months before., - Get your & your partners' health check-ups done & get treatment for any health problem you have. - have healthy lifestyle along with nutritive diet, exercises, sound sleep. - Take vitamins .specially B6 & vitamin E. - Prevent contacting any illness to either of you. - Get Rubella vaccination 5-6 months before planning for a baby. - Join IVF support group - Know about IVF in detail & be prepared psychologically, Understand how complicated the procedure is & how failure can be there, but always there is a positive result. - A positive attitude helps. - Follow doctors advise strictly after the procedure. Thanks.
1.1 the other .8mm with a more soild look. when rt side remove no cancer. Family history of thyroid problems mother, Aunt had precanerous and had her totally removed. I take 75mg sthnyroid. hard to swallow should I be concern about cancer?	HI THANKS FOR YOUR QUERY. THE SYMPTOMS WHICH YOU ARE CURRENTLY EXPERIENCING HAVE TO BE SERIOUSLY AD . THEY ARE HIGHLY SUGGESTIVE OF MALIGNANCY.BASED ON THE HIGHLY POSITIVE FAMILY HISTORY IN YOUR FIRST DEGREE RELATIVES.THE MOST LIKELY DIAGNOSIS IN YOUR CASE IS MEDULLARY CARCINOMA OF THYROIDALL YOU NEED NOW IS URGENT EVALUATION OF YOUR Tumor VIA BIOPSY AND TRIPLE ENDOSCOPY .THE ONLY CURATIVE TREATMENT FOR SUCH A Tumor IS COMPLETE SURGICAL REMOVAL OF THE ENTIRE THYROID GLAND ALONG WITH THE REMOVAL OF THE LYMPH NODES OF NECK.THIS TREATMENT OFFERS THE BEST CURE WITHOUT ANY AMBIGUITY.BUT IT HAS TO BE TAKEN AT THE EARLIEST.CONSULT YOUR SURGICAL ONCOLOGIST FOR EXPERT OPINIONTHANK YOU.
1.1 Urea 30 Urine exami Rbc 25-30 / hpf Pus 2-3 / hpf Albumin trace and balance all are normal. Father having fever for two days. Difficulty in urinating Is this is serious.we consulted a doctor he just writed for antibiotics only	HLlevel of urea and creatinine are within normal limit but all other test results are abnormal. As a male, presence of pus cells- 2-3/ HP is significant and both this and RBC's- 25-30/ HP indicate towards severe form of urinary tract infection and as associated with pain in anterior abdominal area showing involvement of bladder/ urethra. Presence of albumin in urine in this age group indicating more towards Diabetes mellitus and/ or associated high blood pressure. A diabetic patient is at risk of developing infection more. So, go for culture sensitivity of urine, 24 hour urinary protein, Blood glucose estimation and total blood count. So, consult your physician with this test

result and continue the antibiotic and for fever give him tab. Paracetamol 500mg 6 hourly. Thank you for consulting .

1.1 What are the chances of me conceiving

Hi, Thank you for asking. Understand your concern. Yes. With ovulation +ve & unprotected sex before on the day of ovulation . there are good chances of pregnancy. Actually the possibility can be extended till 3rd day past ovulation. Avoid excess physical or psychological stress. Take comparative rest. Eat light . You can get + ve pregnancy report after 8 days delay in periods by HPT.or by blood test around expected date of menses. Thanks.

1.1 what does this mean and are my levels low because of birth control pill. Also I turned 39 two months ago and never had a problem getting pregnant but I always miscarried because both my tubes Are blocked.

Hi, Thanks for your query. I have read your query & I understand your concerns. Your AMH levels are low & correspond to age. I have doubt about accuracy of FSH report. Please repeat FSH on Day 2 of cycle. Your age is more, and your with control pills have nothing to do with this. I suggest you hurry up with your IVF treatment. If you delay further, your eggs may exhaust, and you may have to go for donor oocytes. If you have repeated miscarriages, I suggest you go for donor oocytes as your oocytes might have some chromosomal malformations. I hope I answered your query. I will be available for any followup queries you have.

1.1 what is my condition? can i carry child? I take Lamivir HBV 100mg. is it cureable?

Head positivity indicates high infectivity. Though vaccination at birth can prevent the transmission of HBV to you baby, without vaccination you carry a 90 % risk. With altered bleeding times it is not advisable to have a pregnancy as risk of miscarriage could be there. More over, laminar is not indicated during pregnancy. I advise you to wait till you are done with the antiviral treatment and once your bleeding times and liver function tests come to normal / near normal levels, you can plan your pregnancy. Take care.

1.1 which shows my pituitary isn't functioning. I also have vitiligo x 30 yrs, and on synthroid x 26 yrs. Felt better on dexamethasone until I started to have to void every 20 minutes. Felt like I was going to have a seizure, ate some salt, felt better for a little bit. Ended up going to ER, asked if Florinef might help, got the script helped some, now 3 days later, still eating salt to try to retain fluid. Not working. I think maybe my pituitary isn't making any ADH. What to do? I'm taking 15mg hydrocortisone am, 10 mg pm plus 2 or 3 extra + Florinef.

Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. Addison's disease with Hypopigmentation needs Hospital and in person care. This cannot be managed over internet If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. In the future, for continuity of care, I encourage you to contact me directly in at <http://ask>

1.1 white blood count 10.47 anion gap 6 and calculated osmolal 273. Having all over body pain, pain on right upper abdomen, back pain, water weight gain- would gain over 5 lbs in one day, blood pressure was 132/82 before put on medicine now down to 110/78. Medicines currently taking hydrochlorothiazide 12.5 mg once a day amitriptyline hcl 25mg 2 tablets at bedtime vitamin d ergocalciferol 0000 unit one a week for six weeks just finished ferrousul 325 mg once a day gabapentin 300 mg take two capsules three times daily nabumentone 500 mg take two capsules twice daily prednisone 10 mg take 6 tablets, then decrease by 1 tablet until gone just started cyanocobalamin 1000 mcg/ml injection weekly for 4 weeks, then once a month for two months just

finished with weekly. Could it be my liver causing all these problems?	Hi and thank you for your query. I don't think this is related to these small liver hematomas since hematomas can cause symptoms only if larger than 7.8 cm or if ruptured. Cause of your malabsorption can be liver but only some serious disorders such as fibrosis, cirrhosis etc. More likely it can be sign of bowel or stomach disorders, so I suggest doing more detailed Gastroenterology work up to rule this out. Wish you good health. Regards.
1.1 yesterday and he again has a fever of 102.3 this afternoon. I gave him tylenol. He has no other symptoms, he acts normal and doesn't complain of any pain at all. I just noticed his hands are icy cold and probably his feet too just that he wears socks to keep it warm. It's unusual for him to have a fever. This is his first time. He is 18 months old. What could be his underlying sickness?	Hi, hands and feet feeling cold and tummy and head feeling hot is quite common in high fever. As you say he is acting normal otherwise, nothing to worry. But if his urine output is low, or he is excessively . Fever of few days without any localizing signs could as well be a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will last for 4-7 days. So do not worry about duration if the kid is active. Paracetamol can be given in the dose of 15 mg/kg/dose (Maximum ceiling dose 500 mg per dose) every 4-6 hours that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Regards -
1.1, Globulin-3.5 and more important Alkaline phosphate-213. I am quiet concerned for her, I have two queries Is it due to the medication she is taking for arthritis? DO we need to change a Doctor?? Pls help	Hi, thanks for posting query at . Firstly, the liver enzymes level is NOT very concerning. Usually ALT or AST values higher than two times the upper normal limit, is considered abnormal (in some countries, ALT or AST values of more than 100 are considered abnormal). Value of AST or ALT greater than 85 or above may be investigated further. Secondly, it may be due to side effect of the medication. You should notify your treating physician about the lab results. The doc may advise accordingly. Wish your sis good n sound health regards .
1.1, glucose 120. A biopsy of the tissue most likely at issue in this patient will reveal the most abnormal cellular amounts of which ?	smooth endoplasmic reticulum
1.1, I've had swelling in my ankles n feet for yrs a year now. Apart from general tiredness n pain in the abdomen and cramps that r severe during menstrual cycles, I've no other symptoms. No fever, no nausea. No pain urination. I want to know what could be wrong.	Hi ! Appendicitis is more of a clinical diagnosis by your doctor, and ultrasound examination can not confirm or exclude it. What are the findings in the pelvis for which they leveled it as questionable PID ? What are the reports of routine blood tests like complete blood count and urine test. Even a silent urinary tract infection can give rise to such pain abdomen. If you are having increased intensity of pain during your periods, then it goes more towards pelvic inflammatory disease (PID) or to a condition called endometriosis. This can be excluded or diagnosed by a gynecologist. I would suggest you to discuss with your family physician and get reviewed on these aspects. Good luck.
1.1, lymphs (abs) 3.4 and ESR 34. Thoughts?	1.Avoid hot and spicy food.2. Avoid stress and anxiety.3. Avoid large meals, instead take frequent small meals.4. Start proton pump inhibitor.5. Go for walk after meals.

<p>1.1, SGPT (ALT) is 97 , i was prescribed to take Rozavel 5 earlier, above given is the current level</p> <p>what should i do now! should i continue the same medicine or consult a new Doctor!? kindly advice!</p>	<p>Dear friend, your cholesterol level is high. As you told that your SGPT is 97, I suggest stopping Ravel. Your other values are in normal limit. You should start diet modification like decrease fatty foods, daily brisk walking for 30 minutes, avoid smoking and alcohol. This diet modification will help to reduce your cholesterol level and to decrease your risk for cardiac disease. Repeat LIVER FUNCTION TEST- SEPT AND GOT after 1 weeks. Further medicine will be planned after SGPT and GOT lab value. Thanx for query.</p>
<p>1.1,GFR 55.4. Also UA continues to show blood and nitrites. WBC was elevated but not repeated after given cipro. Any tests that you would suggest next?</p>	<p>Hi.thank you for posting query at . Considering lab values, it appears you had kidney/ urinary tract infection.no further test required. You did not mention why you required MRA?complete the treatment with Cipro. And then have urinalysis, BUN and Blood routine test (CBC) once again. You may discuss results with treating physician or post them here. If tests are normal, you may go ahead with MRA.hope to answer your concern regards .</p>
<p>1.1,with HBSag -ve and fatty liver was found.is there anything to worry?</p>	<p>Hi, Thanks for posting your query. Let me know the reports of your endoscopy also. With described symptoms, there is high chances of peptic ulcer disease. Peptic ulcer disease may be in form of chronic gastritis, fungal gastritis, nodular gastritis, follicular gastritis and gastric & duodenal ulcer and adenocarcinoma of stomach. Helicobacter pylori bacteria is responsible for peptic ulcer treatment and eradication is essential for complete relief. You should take frequent small amount meals. Your liver function test is also deranged, and it appears to be due to fatty liver. You should take proton pump inhibitors along with prokinetics for relief of your symptoms. Take care,</p>
<p>1.1:1, Physician diagnosed mild jaundice, what the precautions should i take for my diet and how much time it will take to be normal. after these tests i have left alchol completely.</p>	<p>. Noted you had elevated liver enzymes . Let me know you your weight and BMI??? Are you obese??? Here you have alcohol habit. Alcohol and its metabolite aldehyde is toxic to hepatocytes. So there can be stenosis or fatty liver. Do your USG abdomen to rule out.-fatty liver-gall stone -steatohepatitisSometime if obese then it can also lead this condition. As your bilirubin elevated rule out hepatitis by viral marker study by ELISA. Here are few suggestions. Low fat diet taken. Use less oil in cooking. Avoid alcohol . Early in morning take grinned spinach and carrot juice. Fruits more. Green leafy salad more. One tsp cumin seed with buttermilk taken in early morning. Non veg and junk foods avoided for few days. Keeping these in mind consult gastroenterologist. Take care. .</p>
<p>1.1.</p>	<p>With your query, this is a case with infection.is he healthy without any systemic diseases? How are his built I mean is he well nourished? How about his oral hygiene status?and does he have any adverse habits like smoking etc.? First of all check his systemic health status then periodontal health status with oral hygiene later keep him on antibiotics ask him to have good food fir candidiasis give him some antifungal . Hope this helps you kindly visit your oral physician for further needful</p>

Input	Output
1.1.	Hi, I think that is only a muscular spasm or a muscular tear due to over usage of the muscles or hyperextension of the shoulder, a wrong position while sleeping. By the way the heart is at the same side of your left shoulder and I don't think it is correlated to your heart unless you run or exercise a vigorous sport, swimming may cause a referred pain to your shoulder if this happens I suggest you ask for ECG, echo on effort by your cardiologist. Please click THANK YOU and consider a 5-star rating with some positive feedback if the information was helpful. Hope the above information helps you, Any further clarifications feel free to ask.
1.1.	Hepatitis C is an infectious disease that affects the liver primarily. The infection is often asymptomatic, but chronic infection can lead to scarring of the liver and ultimately to cirrhosis, which is generally apparent after many years as in the case of your spouse. Although the infection is incurable, treatment consist of a combination of regulated interferon alpha and the antiviral . It should be able to arrest the progress of his cirrhosis.
1. suggest clinical correlation? what does this mean?Am I consider failed in my pre employment medical? Pls help me thanks.	So these densities are old, healed, fibrotic lesions. And they don't need treatment. And I don't think you will be rejected in your pre-employment medical test. So don't worry. You are not having active TB and so you will not need treatment. Hope I have solved your query. I will be happy to help you further. Wish you good health. Thanks.
1. . my bp is 130/90 and no diabatic background. sir, wht will be my life span in this stage of ckd ? and can i stop the progression?	Hyour kidney sizes are pretty much in normal range. S creatinine is borderline raised. You have not mentioned whether you have been diagnosed with having CKD or you are saying it yourself. If you're all other lab reports are normal and this are the 2 reports I would say you are doing pretty well. You mentioned you don't have diabetes and have only hypertension. For now only thing for you to do is keep control on hypertension by taking medications properly. Avoid excess salt and oily diet. Exercise regularly. And i don't see any problem for you with at least your kidney point of view. Just keep regular follow up with you doctor. Take care.
1. 5FU 1200 mg/sq metre IVI in normal saline over 23 hours on day 2. 12 cycles at 2 weekly intervalsThe CEA levels were checked half way through the Chemotherapy and was 3.8. However now one month post completion of Chemotherapy, the CEA levels have shot up to 78. The CT scan however shows no abnormality. While the doctor has reccomended PET, i am confused as to why the CEA levels would have shot up and if there is any cause to worry and panic? Could this be indicative of cancer being in blood or any other organ?	Casino embryonic antigen/ CEA is a protein which is normally detected in fetal gut tissue.2. Its levels decrease and very low levels are detected after birth.3. CEA levels can be elevated in both benign and malignant diseases, so it is not used for screening of colorectal cancer. 4. Its use is limited to determining the prognosis and monitoring the response of tumor to therapy.5. In your fathers' case the levels started to fall during treatment which is a good sign suggesting of response to therapy.6. However, rising levels following treatment is quite alarming, indicates recurrence or possibility of metastasis which needs to be further investigated.7. If recurrence or metastasis is not found then other benign causes like cirrhosis/ peptic ulcer/ hepatitis/ colitis needs to be looked for Hope this helpsRegards

1. My family history is very poor - 3 sisters had bypass surgery, 2 brothers died of heart attacks and parents also. Cardiologist wants to do angiogram (after nuclear stress test) and prescribed Statin which I DO NOT WANT TO TAKE! Since CRP is low, what would you suggest?	Hi, dairy have gone through your question. Low CRP is not a cause of concern. If your CRP level is high then only it needs to be treated. So don't worry about your CRP level. Your LDL and HDL levels are normal. If your triglyceride level is high then you need statins otherwise it's not needed. If cardiologist want angiography then go for it. There is no harm in that. Hope I have answered your question. If you have any doubts then feel free to ask me. I will be happy to answer. Wish you a very good health.
1. I dont want to go on higher dose of synthroid 88mcg presently. It was raised from last year 75mcg none of my symptoms disappeared when it was raised. I tried cytomel cant take it. I suspect it is my adrenals. Any other ideas. Thanks	Reduced thyroid hormone levels is causing elevated TSH due to positive feedback. 2. If thyroid hormone levels are normal with thyroxine therapy, the TSH level will come back to normal.3. If the TSH level is normal, all your symptoms will disappear. There is nothing wrong with increasing thyroxine levels, as it supports your overall body function.4. A .
1. i had a one nite stand on 11-3-10 and used a condom w spermacide,then on 11-8-10 my boyfriend and i had unprotected sex. can you telll me who is more likely to b the father of my baby?	1.1.On the basis of EDD by USG one can not be sure about answering your question, but one can be almost sure based on the information provided by you that father of expected baby is the person with whom you had unprotected sex. To confirm it now there is a only way to undergo DNA test. Thanks
1. Is there danger of this anurism erupting at any time. What can she do to avoid an eruption? She is still having occasional cigarettes and is worrying herself sick. She is 77 years old and had a bowel/colon op 6 months ago which successfully got the cancerous tumour.	Hi . As a Urologist, I can understand your anxiety. A renal aneurysm can potentially have a rupture. This can be prevented by several techniques. She should stop smoking at once. As she had surgery for cancer colon, she needs to be examined by a Urologist and then do the following tests :Blood routine, creatinine,RBS, LFT,platelets, CT-IVU or an MRU. An abdominal CT scan and angiography is needed, with a chest X-ray. The aneurysm can be blocked by interventional techniques, using coils.
1. Is this concerning? Should I take him to the doctor?	Hello!His symptoms (fever) may indicate an infection. From the other hand the headache and tingling in the right arm may be indicative of a seizure, especially considering the fact that he has corpus callosum agenesis. For this reason, I recommend consulting with his doctor for a careful physical exam and some tests (chest X-ray study, complete blood count, urinalysis, PCR, an EEG). Hope you will find this answer helpful! Best wishes,
1. is this something i should worry about as it getting more painful especailly when i turn my head.	Hi, Dear,Good Morning. Thanks for the query to my Clinic. I studied your query in depth. I am concerned about the worries you have. In my opinion, you have scalp infestation / infection with acute lymphadenits mostly / or it could be-insect-bedbug bite ? I would advise you to consult an ER Surgeon-who would treat as follows-Tbr-NSAIDs, Antibiotics,and review after 5 days time. This would resolve in 1 was time. If not CBC, with Surgeons Review would fix your problem. This is the remedy for your lump. Hope with this you would be relieved of your worrisome query. Wellcome again to . Have a good Day.
1. Should I get the x-ray done when the ultra sound already shows the amt. and size of the stones?	

I would think the ultra sound and x-ray both show the same size and amt. of stones even though they are two different tests.2. Should I still get the cystoscopy even though I have benign in urine cytology and that I have occult blood due to kidney stone (from ultra sound) ?3. Should I get rid of the stones since Im trying to get pregnant even though I have no pain?4. The 2nd urologist recd I get lithotripsy done soon before I get pregnant even though Im not in pain. Is this the correct or recd procedure?Thanks.

Hi there, she can affect kidney the best way to detect is RBC in urine examination> 4, urine spot protein creatinine ratio > 0.2 and high DSNA and low c3 levels. Then we call it lupus nephritis. In your case stone is also present. So RBC can be because of stone also. It is important to rule out SHE nephritis as it is more dangerous. X-ray may not be helpful. If you want imaging study to document stone size and number than ct pub plain should be done. It has no effect on future pregnancy. If the stone is a single stone of 3 to 5 mm as in the ultrasound. There is no need of any treatment before pregnancy. If a problem arises it can be tackled as such chances are very less as it is a very small stone. Chancellor cancer are only there if your age is greater than 50 yrs in that case also ct should be done before cystoscopy. And most likely cystoscopy will not be needed. Best wishes.

1. The primary question is: should this improvement over the past three months indicate to me that I might possibly recover 100% from this cirrhosis? Is it possible that I caught the damage just in time? What do you anticipate for me?

Hi Thanks for your query. Liver Cirrhosis is something what can not be treated. It is not possible to remove the scar tissue that has been created by cirrhosis, but it is possible to eliminate the infectious and inflammatory conditions and the congestion can be . This is irreversible condition and only way to get rid of it is liver transplant. But it all depend on the stage of the diseases. I do hope that you have found something helpful, and I will be glad to answer any further query. Take care

1.(D)Levocetirizine dihydrochloride syrup 2.5 ml once daily in the night was started on 27/7/11 as she was scratching in the night putting her finger inside the ear while sleeping. On 30/7/11 the discharge has reduced ,but still present. Doctor said the antibiotic should be changed as well as the ear drops. but to continue with Drugs (C)ambroxol and (D)levocetirizine syrups and he started with (E)Augmentin syrup bd and (F)Betnasol-N ear drops 2drops twice daily. My query is --Is my child undergoing the right treatment and will the medicines affect her adversely. or is there any alternative treatment for her condition.

to the forum, From your history I understand that your baby had a traumatic ear injury which seems to have secondarily infected. The treatment going on seems to be perfect as regards to choice of antibiotic, (though some doses you have not mentioned specifically augmenting). I would only like to add one piece of advice. The . E every 4-6 hours, with clean cotton bud, just the external ear canal. Also in future please take care to prevent such incidence by not keeping things in easy reach for firsthand you

1.(left kidney was 7.8 * 4.0 cm and right kidney was 7.9 * 4.3)We want to avoid the dialysis.Please suggest some alternate way whether natural or by medicines.I am writing to you with a very positive sign for hope and want to avoid dialysis.Please reply me with a detailed answer Thanks a lot for your cooperation.

Hello . As a Urologist and transplant surgeon, i understand your concern.There are only two options in kidney failure, dialysis or a kidney transplant. Medical treatment alone, will not help in reversing damage to the kidneys. The kidney function reports in your mothers case, will need urgent treatment. Delay will cause further deterioration of the kidneys. You may send all reports to me, as a direct question, for an expert opinion. Manga.

<p>1.3). L3-L4 There is mild broad based disk osteophytic bulge, without significant associated canal stenosis. Bilateral facet and ligamentum flavum hypertrophy contribute to mild bilateral neural foraminal stenosis. 4). L4-L5 There is broad base disk osteophytic bulge, without significant associated canal stenosis. Bilateral facet arthropathy and ligamentum flavum hypertrophy contribute to mild to moderate bilateral neural foraminal stenosis. 5). Postsurgical changes again noted with scarring and fibrosis in the right epidural space. There is residual extruded disk fragment inferiorly. There is associated moderate encroachment on the right lateral recess with moderate to severe right neural foraminal stenosis. Facet hypertrophic changes, with lateral disk osteophytic component additionally contribute to moderately severe left neural foraminal stenosis. Impression: Postsurgical changes at L5-S1 with a residual disk fragment inferiorly on the right, as well as fibrosis, with moderate to severe right neural foraminal stenosis. There is also moderate encroachment on the right lateral recess and moderately severe left neural foraminal stenosis at this level. There is mild canal stenosis at both T11-T12 and T12-L1 levels. There is mild to moderate neural foraminal encroachment bilaterally at L4-L5.</p>	<p>Hi, Thank you for posting your query. Though you may benefit from surgery at L5-S1 disc level, it should be avoided or delayed. This is because surgery is not easy in patient who has already undergone two previous surgeries. The anatomy is distorted and only an experienced surgeon can succeed. There is no need for surgery at T11-T12 level, as the problem is minor. You should undergo physiotherapy and use medications such as pregabalin at present. Best wishes, .</p>
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<p>1.4. RCA-Dominant, Osteal 90% stenosis, Mid Segment 100% occlusion, NO antegrade flow, good retrograde. This is the report, what is your suggestion sir,</p>	<p>Hi Thanks for posting your query on . * it seems that your father needs to do CABG(coronary artery bypass grafting). *Explanation: My opinion is that multiple coronary vessel disease is an indication to do coronary bypass grafting, percutaneous coronary intervention in your father condition is debatable and may be non-beneficial to his condition, on the other hand, CABG would improve morbidity and mortality. I suggest my patients the following : consult a cardiothoracic surgeon about your fathers condition and adhere to antiischemic medications information provided by you is not sufficient to provide a good opinion. If someone comes to me with this condition I would ask them about other comorbidities and results of any other investigations you have done to your father.*Conclusion: I suggest you consult a cardiothoracic surgeon and stick to your medications low salt in diet and If you have any further questions I will be happy to help, If not, you can close the discussion and rate the answer. Wish your father good health.</p>
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1.A process involving which components is most likely affected in this patient?	Small nuclear ribonucleoprotein
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<p>1.A recent Ua test now is showing 4-10 RBCs. My question is this, could the dye from the MRIs be causing some of these problems? If not, any suggestions of what i should be doing or seeing at this time? thank you</p>	<p>Hi, GFR of 50 to 60 is safe enough for MRI contrast exposure. As it is, the contrast used in MRI only rarely causes kidney damage. What it more commonly does is, damage the skeletal muscles, that too, when GFR is below 30. Yes, IGA Nephropathy is a possibility. Only Kidney Biopsy can conclusively prove it. Ask your Nephrologist if he/she feels whether the biopsy is required. You should be aiming at strict BP control, avoidance of painkillers and avoidance of alternative meds. Increase in proteins in urine and increase in serum creatinine are markers of a worsening disease and in some cases, need for change in treatment approach. Regards</p>
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<p>1.Abnor of head : 10% 2. Abnor of Middle pieces : 10% 3. Abnor of Tail : 05% Sperm Kinetics : Grade III Agglutination : abesent Precursor cells : Present Pus cells : 1-2 hpf Erythrocytes : Nil</p>

Hammen s semen quality classification : III

H Firstly, color, odor, turbidity all are within normal limit. The sperm count is within normal limit (Normal is >20 million /ml as per WHO 2009). The motility of the sperm is quite ok (normal total motility is >40% as per WHO 2009). The sperms with normal morphology is also quite ok (normal is 4% as per WHO 2009). All others are within normal limit. Overall, your semen report is within normal limit.

Input	Output
<p>1.After that there was no further hair loss. But now again since 1 month I am observing hair loss.</p> <p>Around 10-15 strands per day. Density of my hair has also reduce.Kindly guide me.</p>	<p>Hi, You seem to have halogen effluvium. You had enteric fever in the past. Due to that you had severe hair fall. But, then you were alright. Now you got hair loss again. The reason may be different. It may be tension, vitamin deficiencies, anaemia, thyroid dysfunction or some other. You consult dermatologist to have perfect diagnosis. After thorough examination and investigations, some conclusion may be there. I would like to suggest as below. - biotin 10 mg tab daily-vitamin E 400 mg daily-if needed.vitamin B complex and iron preparation - if some cause is found.treatment may be taken-mild steroid lotion to apply on scalp at night-herbal shampoo and oil may be behave patience for the good result. Take long time treatment. I hope this would help you. Thanks.</p>
<p>1.Also, my WBC and neutrophils are high. Do you know what it means?</p>	<p>H forum. Let me answer your questions step by step. Hope your queries are answered, but if you still have any other question please do not hesitate to ask. For more information consult an HIV AIDS specialist online</p>
<p>1.An echocardiography shows no abnormalities. Which is the most appropriate treatment in this patient?</p>	<p>Increase aspirin dose</p>
<p>1.And in the USG i had a stone in GB of 13.7 mm.Plz suggest me the precautions and line of treatment.</p>	<p>HelloThanks for posting your query. I understand your concerns. Stone in the gallbladder doesn't require any surgical line of management until and unless it is causing severe pain. If you are having pain on the right side of you abdomen, you are expected to undergo cholecystectomy. As you are in your second trimester, it is safe to undergo surgery. If you are a symptomatic, you can undergo surgery after the delivery. Hope this helps you Thank you</p>
<p>1.As yet I still dont have a diagnosis.Am I right in assuming that the reason I am always getting ill is because of the leukopenia? Or is the leukopenia a result of always being ill? Do you have any ideas of what could be the cause?Or any suggestions of a diagnosis?Or can you suggest or recommend any more tests? I would be very grateful for any assistance, thanks.</p>	<p>Hi! You are absolutely correct! You often get infections, and you say, On a regular basis I suffer from migraines/headaches, aching limbs, neck, shoulders and backache, numbness in arms and hands, with loss of dexterity in the fingers, fatigue, skipped heart-beats and chest pain, brain fog (confusion and memory problems, sometimes slurred speech) and occasional blurred vision, occasional low grade fever, and more recently muscle twitching, spasms and cramps.WHAT IS YOUR DIFFERENTIAL COUNT OF WBC?WHAT IS THE STATUS OF IMMUNOGLOBULINS?PLATELET COUNT NORMAL? RBC MORPHOLOGY NORMAL? I need these also, to stamp your case as king of combined immunodeficiency BUT in the same time I would like to consider bone marrow failure and try to find out its cause bone marrow examination is a must in such cases of cyclopedias.! Therefore, I would like to see you again with these reports.</p> <p>Regards,</p>
<p>1.Aside fr diet and exercise, to what dose should I increase my simvastatin? Thank you</p>	<p>You are having high cholesterol and high LDL levels. And for this daily lipid lower . You are also taking lower dose. So in my opinion, you should take 20 mg of rosuvastatin daily for 1 month. Get done repeat lipid profile after 1 month. If your lipids are within normal range then taper down dose to 10 mg daily. No role of taking rosuvastatin every other day. So discuss all these with your treating doctor and plan treatment accordingly. Hope I have solved your query. I will be happy to</p>

help you further. Wish you good health. Thanks.

1.At L5/S1level, there is degenerative disc disease and a large right paracentral posterior disc extrusion as described. 2. Very small left paracentral posterior annular disc tear at the L3/L4 level. 3. Mild scoliosis,

Since you have persistent numbness and tingling over the feet, and you recovered from an acute sciatica, it's better to avoid exercising now. You can start spine extension exercises after the pain and everything is gone for at least 3 weeks. The L5-S1 paracentral disc extrusion could be irritating the nerve root exiting there and supplying the outer border of the sole and back of the leg and thigh. Do you also feel weakness in plantar flexing/dorsiflexing the ankle and great toe?

1.At the time of my CBC I was menstruating so I am attributing the low HCT to menstruation. The only symptom I have is fatigue. Otherwise, my PLT, RBC, HGB and other cell line are fine. Any advice would be greatly appreciated. Previously I have had anxiety and leukopenia.

Hello. According to the provided history, you are having low WBC count along with normal hemoglobin, platelet, and other values. But your WBC count is not much low and so not much alarming. Viral infection, hepatitis B, HIV, autoimmune disorder like SLE, enteric fever are some causes. According to examination, further workup can be planned according to need. But I need to check your differential WBC count and for that peripheral smear, examination report will be best. So provide your peripheral smear examination report to check it. Take care. For more information consult a hematologist online Take care.

1.Avamys Nasal Spray 0+0+102. Tab Provair 10 mg 0+0+103. Tab Unicortin 400 mg 0+0+1/204. Seretide Evohaler 1+0+1In this circumstances i would like to help you better consultation and diagnosis.Waiting for your reply eagerly.With

THESE ARE ALLERGIES ALLERGIES ARE CONTROLLING FOR DISEASE BUT NOT CURING YOU ALL SYMPTOMS ARE OF ALLERGIC RHINITIS SINUSITISWHEN DISEASE GROWS THESE MEDICINES CANNOT CONTROL DISEASE SOMETIME AND GO INTO NEXT SYSTEM SUGGEST YOU TO GET SKIN PRICK ALLERGY TEST IN WHICH YOU CAN FIND OUT TO WHICH THINGS TO ARE ALLERGIC FOODS CLOTHES POLLEN AND DUSTSELMINATE FOOD AND FOR DUST AND POLLEN GO FOR IMMUNOTHERAPY WILL HAVE PROMISING RESULTS BECAUSE YOUR AGE IS GOOD FOR RECOVERY

1.Back never recovered after 2nd surgery. As I stand up my back locks up and feels like bone on bone scraping. The pain is intense and makes it hard too breathe. Both SI joint areas hurt as it alternates from one side to the other with the right side being the constant area where I get hip flare ups, pain down leg and down to my big toe. I have had multiple MRI s and at one toime in 2014 was told by surgeon I needed surgery as the disk was chipping on opposite side of where he had performed prior surgery. He decided as I waired for wifes insurance to kick in and he changed his mind. I went to new surgeon in the same office and he saw nothing on the same MRI that showed a problem in 2014 and didn t think the current MRI warranted surgery. The pain is incredible about 5-7 months out of the year and not so bad the rest of the time though I am on opiates for pain and they help keep the pain to a dull roar during the better months. Nothing helps much when I have the stabng sensations like I am feeling at the present time. There seems to be no particular thing that sets it off. I had been seeing a pain dr up until the first surgery and even for 2 years after the second surgery. Trigger point shots stopped helping at all. Is there any type of surgery, such as cageing mt lower vertabre, which would help or will this continue to get worse as time goes by? Setting upright seems to put a lot of pressure on lower back and exacerbates the problem.

Hello! ! I have studied your case. You may need to do MRI spine again with contrast to see for nerve compression. If your new MRI shows disc bulge with nerve compression then surgery may

help. Due to compression of this nerve root there is tingling numbness in your leg and pain associated with it. For these symptoms analgesic and neurotrophic medication can be started. Till time, avoid lifting weights, sit with support to back. You can consult physiotherapist for help. Physiotherapy like ultrasound and TENS therapy will help. Yes your symptoms may increase with age and instability with associated nerve compression. Hope this answers your query. If you have additional questions or follow-up queries then please do not hesitate in writing to us. I will be happy to answer your queries. Wishing you good health. Take care

1.Biopsy reports suggest - Endometriotic cyst. After that I had taken Inj.Lupride Depot 7.5 mg im x 3 such in 28 days interval (Nov 11 , Dec 11 and Jan 12). My menstrual cycle was stopped due to Injection otherwise it was regular. After 1st menstruation on April 12, Doc prescribed Tab.Ovaral G 1 tab for 100 days then stopped for 7 days again continued for 100 days for 4 cycles (till July 13). Since after we are trying for baby and I am in Follice acid and my menstrual cycle is regular (27th to 29th days). My gynecologist adv for follicles study , on 4th day - follicle was 14mm , 9th day growth multiple follicles - 17mm and 14mm each , 11th day - 2mm, 18 mm, 13mm , 13th day - 23mm, 22mm, 18mm, 14th day - 26mm, 24mm, 18mm , 15th day - 27mm , 25mm, 20mm , 16th day - 29mm, 27mm, 20mm , 17th day - one is 31 mm , other two are partially ruptured , (today)18th day - 35 mm , other two are partially ruptured. i have taken Tab. Fertyl 50 mg from 4th day to 8th day , then to rupture the follicle , Inj. Hucog 5000 IU on 14th day and now on Cap. Susten 100 mg since 16th day for 10 days. My question is with this partially ruptured follicles can I conceive this month or not ? If not what is next step for me. Please suggest.

When we do follicular scan we can assess ovulation by noting that the follicle has collapsed and not visible and the fluid inside the follicle can sometimes be seen in the pelvis on scan. At times the follicle gets filled with blood and other tissues that it becomes difficult to know if ovulation has occurred. A good monologist makes use of other techniques like Doppler to assess ovulation. Having said that It's not always possible to tell certainly if the egg has been effectively released which applies to your scenario as well. But the possibility of pregnancy cannot be negated.2. Current evidence suggests in endometriosis of stage 1 and 2, mild, if the fallopian tubes are open, the best results are obtained when ovulation is achieved by gonadotropin (injections for achieving many follicles) and combining with intrauterine insemination provided your husbands' semen is normal.3. Make sure your fallopian tubes are open by getting tube test done. (Hysterosalpingogram). This is necessary for GUI. Please remember in fertility issues we only talk about probability and likelihood. It's good to be hopeful. Good luck.

1.Cant focus on many things, even if I want to. I would like to ask you, please, give me a clue, because when I go to doctor, everyone says, that I am ok, and this is just a depression. It is not, I am sure. I read forums, about Bipolar Disorder, Concentration Disorder, and almost every desiaise, I have the symptoms. I need to know, what I am seek of, so I can take the proper treatment and have at least more normal life.Thank you very much , and hope to read from you!!!

* This is not due to simple depression, it consists of pyramid of anxiety, phobia, stress, personality disorder with behavior changes at major extent.* Only cure is getting hospital treatment with expert Psychiatrist in form of behavior therapy, counselling sessions and if required may have to opt for Electron convulsive therapy, other IV treatments.* This is curable , needs extensive treatment , patience on the part of doctor and patient. Hope this clears your query. Welcome for further assistance . Regards.

1.cepodem 2. lysicon-v

Fever of few days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same

day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. Paracetamol can be given in the dose of 15 mg/kg/dose (maximum ceiling dose of 500 mg) every 4-6th hourly that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Hope my answer was helpful for you. I am happy to help any time. Further clarifications and consultations on are welcome. If you do not have any clarifications, you can close the discussion and rate the answer. Wish your kid good health.

1.chronic infarct noted in the left cerebellar hemisphere2. few lacunar infarct noted in the brain stem

Old stroke changes in cerebellum (smaller brain).2. Small areas of deficient blood supply in brain stem. As these are very important areas of brain, the damage is more even if the stroke involves a small area. Your father needs good supportive care which you are giving him I think. Physiotherapy sessions may help his to some extent. This cannot be completely commented upon without seeing the patient. The damage caused by a stroke can be widespread and long-lasting. Many people need to have a long period of rehabilitation before they can recover their former independence. The process of rehabilitation will be specific to you, and will depend on your symptoms and their severity. A team of specialists is available to help, including physiotherapists, psychologists, occupational therapists, speech therapists and specialist nurses and doctors. Hope this helps

1.Clamp KID from Dr. Reddy s (3.5 ml twice a day for 5 days) 2. Relent + (4ml twice a day) for 3-5 days 3. Ambrodil S (6ml twice a day) for 3-5 days Now, that he is AGAIN have cold and cough with a little fever too, wondering what should be done next. Thanks, Paresh

Hi. I think that your kid is getting recurrent viral illness and doesn't need antibiotic at all. I will clarify certain issues regarding viral illness and if these are suiting your kid, that means, he was having only viral illness and nothing to worry as such. Fever of few days without any localizing signs could as well a viral illness. Usually rather than fever, what is more important is the activity of the child, in between 2 fever episodes on the same day. If the kid is active and playing around when there is no fever, it is probably viral illness and it doesn't require antibiotics at all. Once viral fever comes it will there for 4-7 days. So do not worry about duration if the kid is active. While recovering from viral illness, it is quite common to have cough and cold and that is how the phlegm comes out while vomiting or in motion. Regards -

1.Do i required its treatment? Kindly advise me what i have to do. I am very worried whats going on with me can any one help me . If I have what the total cost for treatment in India. thanks in advance for reply.

Hello Frumpiest of all I want to explain to you that don't worry. Hepatitis C is often asymptomatic, and it is about in 90 % cases in India. If infection is persistent (10% cases) it can be treated with medication. Now note down that infection is asymptomatic but if it turns into chronic it may lead to scarring of liver and cirrhosis of liver, which leads to liver failure and liver cancer. The liver failure may develop esophageal or gastric varices, which are fatal for life. 10 % cases are symptomatic, and they have the following symptoms but in MILD forms as, Loss of appetite, Fatigue, Nausea, Muscles pain, Joints wainwright loss. In your case nothing to worry as I have seen so many cases who tested + ve few yrs ago but still they are asymptomatic. Spread due to blood transfusion (if equipment are not sterilized) Sexual relations (controversial) Tattooing (most common cause) Use of personal belongings (major of infected person) Good luck

1.Dr prescribed Atenolo 25 mg. Pressure dropped to 80/50 in one hour and then up to 121/70 in

<p>the next and then maintained that until she took her medicine the next morning when it was 146/70 again. Dr said to cut pill in half. Now every day my mother feels weak and has to nap. Had heart tests and everything is OK in that area. Is this normal dosage and lethargy?</p>	<p>Hi, It is a normal dose for such pressures. But the people with advanced age may develop suplications, especially in the first dose. If she feels weak and sick even after cutting the dose, then it would be a better idea to change the medication. Calcium channel blockers, such as Amlodipine are more preferred in her age, ACE inhibitors may be prescribed as well if there is no renal impairment. Wishing a good health to your bothersome back if you have any further questions</p>
<p>1.Earlier also my Son had high fever with 104 F temp but never had febril seizure. Was that due to any drug infection (as we gave him paracetamol the whole night and suddenly in the morning gave Meftal-P). 2. What could be the reason for sudden fever. Also note today morning we notice that a new tooth was coming. I am confused. Also advise on how to proceed further to know more about my Son's seizure. Many Thanks Gopinath M E-mail id: YYYY@YYYY and YYYY@YYYY</p>	<p>Hi, I have read your question and understand your concerns. Let me try to help you Question 1 : Earlier also my Son had high fever with 104 F temp but never had febrile seizure. Was that due to any drug infection (as we gave him paracetamol the whole night and suddenly in the morning gave Meftal-P). Answer 1 : There are lots of factors which determine febrile seizures other than the temperature. So please don't get confused. Even with Temperature, the Rate of increase of temperature is more important than the actual temperature at the time of seizure. Question 2 : What could be the reason for sudden fever. Also note this morning we notice that a new tooth was coming. I am confused. Answer 2 : It can be a simple viral fever. If the fever has settled by now, you need not worry. If the fever is continuing, you have to do some investigations Question 3 : Also advise on how to proceed further to know more about my Son's seizure. Answer 3 : Just give him Sponging with Ice Water and keep few cubes of Ice in his Maxilla when he gets fever. Please don't hear to your parents of other seniors saying that Ice Water or Ice cubes will produce Cold. Seizures are more harmful than cold. You have to prevent them. So Always Ice Cold Water and Ice Cubes even when the temperature rises a bit Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. Let me know if I can assist you further. Take care.</p>
<p>1.early degenerative changes in lumbar spine. i have used lot of medication and also taken physiotherapy. but never found relief.i dont want to go on surgery.</p>	<p>Avoid bending forward and weight lifting.2. Sleep on the hard bed and always sit straight with back support.3. Use a lumbosacral belt in the daytime.4. Give hot fomentation on the affected part.5. Apply diclofenac gel and give massage to the part.6. Do spinal extension exercises as tolerable.7. Take gabapentin and nortriptyline.8. Take any good muscle relaxant. Try these all for 1 month and still your pain is not relieved then there is no option other than surgery. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>1.He has not recently been sick, the first time it happened, i thought maybe stress, but consecutively having them show, in light of all the rest is concerning me. Any thoughts?</p>	<p>Thanking for consulting, his analysis is very suspicious and changeable, you should go to some private hospital and show your child to hematologist. They can do bone marrow examination, other analysis and will tell you better what diagnosis he has. We can only suspect some hematological diseases, but he needs deep examination and what symptoms he has except analysis. It is very important. What diseases has he before? I need more details. ThanksBest regards .</p>

Input	Output
1.He is still complaining of his lower back both sides and his sides and lower front abdomen hurting him. What should I do??	Hi, I understand your concern. Diarrhea and fever can be caused by a number of pathogens, viruses being most common. But as you have described pain in lower back and abdomen, child might have Urinary tract infection. As temperature is high, sponging or shower can be given again. Kindly give proper dose of Tylenol according to weight of child (10Â mg/kg/dose) and repeat it after 8 hours. The Child can be taken to a clinic/hospital in morning where formal assessment and basic investigations can be done. Treatment would be according to the attending Physicians evaluation.
1.he is under observation if he has dengue but he has no fever for two days now but he has skin rashes in his chest. we gave him herbal medication of tawatawa juice . and we also mix green barley in his milk. what can you say about this? thanks for your reply. mrs. evelyn oropilla from qc phil.	Brief answer :Daily monitoring of platelet count should be done. Detailed answer :Hi, I have read your question in detail. In dengue during first three to 4 days, the child develops fever and rash, this is called febrile phase. After febrile phase, critical phase comes in which fever subsides and platelet begins to fall and swelling appears. Your child is in critical phase at present, and it needs daily monitoring of platelet s, blood pressure, swelling. I hope this has helped you. Take care. Regards - .
1.Hepatomegaly. Nonspecific coarsened liver echotexture however, no focal liver mass is seen. 2. Remainder of the exam is unremarkable.	HelloCoarse echo texture of liver may indicate liver parenchymal disease. Normally liver is homogeneous in echo texture. Liver is also enlarged in size. It may be due to many causes like hepatitis, fatty liver, metabolic disorder etc. You may need clinical correlation and few investigations. Investigations include routine hologram, liver function test, random blood sugar, lipid profile, urine RE/ME. Further investigations like viral markers, liver biopsy can be done if needed. You may need to take few medicines after evaluation. Other findings are normal. Get well soon. Take Care .
1.Her lab results are as follows:WBC 1900, HB 6.8, HCT 16, PLATELET 28000. She has been advised to get admitted and is undergoing blood transfusion in a hospital in Chennai. She has also been having Hip pain on her left side for which there has been no tx done. She is going to have a bone marrow test scheduled for Tuesday. THere has been no hematology consult nor has there been any talk about her latest blood work by her physician. I am healthcare professional in the US and am concerned about tx. Please advise.	Hi, dear. I have gone through your question. Your complete blood count report suggests you have pancytopenia means your all counts are low. You should go for bone marrow examination once. If any major cause is found in the fine marrow then you should consult hematologist. If no any causes are there in bone marrow then physician consultation is ok. So go for bone marrow examination then than take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.
1.HIV I , II (Rapid Tridot test), TPHA , HSBAG on 20th and 22nd Day 2. HIV PCR test, VDRL , Herpes 2 test on 50th Day 3. Elisa Test (HIV 1 and 2)-- Multiple times latest after 4 months of encounter All the tests have been negative. I have been going freak about this incident and keep on looking on my genitals. From last few days I have been noticing that there is very little (1/2 the size of water bubble)clear watery sticky discharge from my penis. On rubbing that it turns to white.	

Is this normal or should go to see some doctor. Please help. Thanks a lot in advance.	<p>Hi, thank you for query. As you mentioned your condition and symptoms no need to worry about anything without sexual intercourse no disease is going to be transferred to you hepatitis and HIV only transfer through sex not on touching or kissing. The second thing is secretions coming through penis it's also a natural process each and every man produce this secretion during erection, although some have more some less. So no need to worry about your both conditions. Hope the answer will help you. Feel free to contact for your health related issues. Wish you a good health.</p>
<p>1.How long can i live without a transplant or dialysis? 2. How long can I live a healthy life before the transplant? 3. Is this curable? 4. What about the pregnancy? 5. Is this is a serious case? Thanks for the support as I am in a deep trouble with this. If you needs i can send my biopsy report as well.</p> <p>B Rgds</p>	<p>You need to repeat the urinalysis and renal function tests every 6 months and monitored. If there is increasing changes, then you will need to go in for a transplant. 2. You can live a healthy life even without a transplant for more than 20 years, provided your renal functions do not decline. 3. Currently, there is no cure for IGA Nephropathy. However, therapies can be initiated to delay the onset of need for dialysis and transplantation. You are on the right medications for this. 4. IGA nephropathy is not a strict condition where in you cannot conceive. However, you need frequent follow up with the Obstetrician. 5. IGA nephropathy is the most common cause of glomerulonephritis in the world. It is a common condition and is not an acute life-threatening condition. Damage to the kidneys occurs over several years. I hope this helps. Take care.</p>
1.How long i need to take rest more?	<p>Hi, You have tested for on bilirubin or other liver function and viral markers were also tested.Maybe you have viral hepatitis, and it is showing decreasing trend, so it should clear of in 2 weeks time. If there is no other problem and taking normal diet you may resume light work. If there is any supportive therapy given continue to take the medicines. Viral hepatitis should be tested for HBS Ag to know it is Viral Hepatitis B or not as it has propensity to go in chronic hepatitis. If it is Hepatitis E it should resolve in few days. As Hepatitis is water born take care of water and diet.</p> <p>Good Luck</p>
1.how long the fever will be if it is the side effect of the vaccine? and the dog (as per her) is well.	<p>Hi & I appreciate your concern for your beloved daughter. Since she has already received FOUR doses of anti rabies vaccine on the days 0,3,7, & 14 following the dog bite and the street dog according to her found to be healthy even after 14 days, she is protected against rabies.Besides, she was also injected anti rabies immunoglobulin at the wound, so there is nothing to worry. The anti rabies vaccines are generally found to be safe, side effects like body ache, fever can occur which can be managed by giving medicine like paracetamol to reduce the body temperature. Another possibility is she might have developed wound infection resulting in fever and for which antibiotics were prescribed, let her complete the course of the antibiotics and paracetamol the fever will subside soon. Hope to have answered your query.</p>
<p>1.I am 39 yrs old. I have been told I have rheumatoid arthritis and severe D-3 deficiency. I am also onto physiotherapy. I want to know whether I would ever be able to lead a healthy life and how I can get back to normal routine. I am a working woman with two children.</p>	<p>Hlt looks from your details that you are having severe deficiency of vitamin D with RA. You should do following to have relief- -Your vitamin D levels are very low. With oral supplementation this takes to long to take it is to normal. I shall advise you to discuss injectable form of vitamin D to take it rapidly to normal. This will help in taking back some of your symptoms to normal. -The RA is one of chronic disease. For this you should take medicines for long term. Some time with long term therapy it goes into remission. Please do not despair. Keep your moral high. Please add yoga and</p>

meditation in your therapy plan. This will help you in recovering early and well. Hope I have answered your query. Let me know if I can assist you further. Take care

1.I am taking some Ayurvedic medicine for stomach gas for last few weeks. What could be causing my present situation . Thanks .

Hi ABU! Want to ask this pimple are dark when you itch they leak with fluid, and then they burn like hell. If yes ! That is fungal infection. In some case of fungal infection there are white hair like structure are coming out. Any way ! We come to you. Take antifungal fluconazole tab, apply antifungal cream, don't rub. Then anti allergy cetirizine tab. And in a week infection gone. Do wear fresh underwear and wash old in hot water. Take care. Bye.

1.I did fairly well, however, I always have had an SI joint pain and dysfunction. If I have a Chiropractic adjustment, I have relief of my dysfunctional gait and of the right SI Joint Pain. I feel this has gone on long enough! It is now 2011, so it is 13 years past my injury. Help?

1.Apply an analgesic ointment. Locally, do not massage, three times a day2. Do warm fomentation locally for three times a day over affected area3. Do not bend at your back. Better to sit and then lift any object.i.e., adopt good back habits.4. Take a joint supplement like glucosamine, Chen . Hope I have answered your question. Let me know if I can assist you further.

1.I have a fever on and off. What problem do I have? I am feeling very weak. How long will the treatment go on?

Hello. Your hemoglobin level is very low. In low hemoglobin state, the oxygen-carrying capacity of blood is affected and so weakness and other symptoms occur. You need to be given blood transfusion or iron injections. But, your ferritin level is high. So hemolytic anemia has to be ruled out first. For low B12 level, cyanocobalamin injections are to be given once a week for eight weeks. You need further investigations with peripheral smear examination report, serum LDH, serum bilirubin estimation, etc. Consult a nearby physician for physical examination and accordingly discuss your treatment plan. Hope this will help you. For more information consult a hematologist online Take care.

1.I have had ongoing problems since then but it has gotten worse. An xray in 2007 showed some facet joint changes. A CT scan in 2011 shows some left sided L2-3 disc herniation. What was disturbing was that the scan also shows I have had a fusion at the L2-3 level but I never have as I was told in 2000 to try to hold off for as long as possible. It also shows facet osteoarthritis and degenerative disc disease at L2-3, L3-4 and L4-5 and mild degenerative disc disease and osteo at L5-S1 where the osteoarthritis was originally found in 1995. The 2011 report also shows a fracture through the L4-5 right pars interarticularis. What I would like to understand is: could prior surgeries have any impact on the formation or speeding up of the osteoarthritis? Could the perceived fusion be caused by the osteoarthritis, and could the fusion have caused more pressure on adjoining joints causing the fracture and/or the L2-3 herniation, because of issues with other joints is one of the reasons I didnt have a fusion upon advice from my neurosurgeon. The next question, where do I go from here? It seems like my entire lower back is in a bad way and i am afraid I may have to go through another operation, only more extensive than previous ones and the chance for more problems in the future.

Hi and thank you for posting your question to . Sorry to hear that about your back .in clinical practice the repeated surgeries are possible causes of formation of adhesions and development of spondylosis. Yes the severe spondylosis can lead to fused vertebrae .my advice is not to get anymore in surgeries as it is going to destroy the whole thing. Physical therapy and chiropractic doctors are the best choice now even if it takes more time to get better. Speedy recovery wishes

1.I have lots of clots during every cycle. So she said I need to control the bleeding to improve my hb. This month I used it from day 1 but found no difference in my bleeding but ended up with lot of abdominal pain, gas formation and diarrhoea. Pls advice as to what's appropriate for me. I have 2 kids and my periods are regular so far and no other problems. Bleeding is heavy(lots of clots) for 2 days and reduces from 3rd day.

Hi, Thanx Dow writing to us. Well first do a pelvic scan to see for fibroid or endometrial hyperplasia.

If any problem is there u will need to go for curettage and do histopathology of endometrium. Also get your thyroid profile done. Well u can try the medication but if it doesn't work, more Na is a good choice for u. IRENA is an IUD which can be placed after ruling out any problem with endometrium.

It will reduce your bleeding and help u increase your hb also it works as an intrauterine contraceptive. Consult your doctor. bye

1.I have not been able to get ahold of my back surgeon and am very scared. I am in a lot of pain now. I have not had any pain since my back surgery. My drop foot is making it easy for me to fall. I wear an AFO on my right leg. Can you explain to me if this situation is severe and if I messed up perfect back surgery by my fall. What is Grade 1 anterior subluxation of L4 on L5. Will this require another surgery. I am scared to death. The L5-S1 severe disc space narrowing, I don't believe would be caused by falling. If it is can you let me know. I just turned 55 and currently have no one to get answers from. I lost my husband in 2011 at the age of 53, so I am very scared and depressed that I may have real hurt myself and require another surgery. Can you help explain what this report means. Thank you, Kim

Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. It seems that your fall has aggravated your condition. You need to visit a Neurosurgeon at once. Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions. In the future, for continuity of care, I encourage you to contact me directly in at <http://ask>

1.I haven't noticed any symptoms and my doctor told me it's probably a false positive and to get retested. I just don't understand why the IGM results would be so high if I didn't have it. Should I be concerned?

Hi I suggesting you sometimes false positive results may come with such a test. So do not worry get retested your self. Also, the result is equivocal means It's neither positive nor negative. So do not worry and get your self retested. If you have to ask me anything you can contact me. . Infectious disease specialist. Thank you.

1.I know that this is high. Chest x-ray and CT scan came back normal. I have experienced slight discomfort in my chest such as pressure and shoulder and neck pain for the last 8 weeks now. My MD referred me to a cardiologist. What could possibly be wrong with me? My age is 50 and I live a very healthy lifestyle.

In my opinion, no need to worry about this d-dimer report. As it is not too much high. And your chest x-ray and CT scan are normal, so possibility of pulmonary embolism is ruled out. You are referred to cardiologist for pressure in chest. So get done ECG first. If it is also normal than no need to worry as it is mostly due to stresses and anxiety. So avoid stress and be relaxed and keep calm.

1.I still feel abdominal pain after one year of treatment. In Jan 2012 I develop typhoid symptoms and the test shows typhoid. I'm now face with ulcer and typhoid. I still have abdominal pain as I take the typhoid drugs.

Hi. Thanks for your query and an elucidated history. If you have taken a proper treatment for ulcer and typhoid, both will be healed well. Why are you bothered? If you are got confirmed by upper GI

endoscopy, blood tests as a routine and for typhoid and ultrasonography for the abdomen. If the tests are normal there is nothing to worry about as there are other causes that can cause the pain. You have to undergo a proper clinical examination to be done by a Doctor who can catch many of the problems on your proper history and physical examination and can then guide for further investigations and treatment.

1.I stopped taking 50mg lisinopril today.My Bp is 122/68 .I have a salty taste in my mouth and on my skin.My appointment is not for 13 days,I have a 3mm cyst on my left kidney seen and ultrasound and MRI .Sometimes my back hurts sometimes my abdomen.I assume I am dehydrated,I take rapaflo for BPH.Started 1 hour gym excersises 3 weeks ago.Cardio and Resistance training .What can i do to lower my creatine number . Also frequent urination about every 2 hours.Started drinking 68 oz of water 3 days ago

High great can be due to BPH or due to Hypertensive nephropathy, its just high normal and u have nothing to worry about if you are still having good urine output2. Back pain might be chronic in nature, avoid taking painkillers because your great is a little high3. Pain abdomen could be due to the cyst but since it is only 3 mm it is very unlikely so that needs a USG ABD, USG ABD and pelvis will also tell u about the state of your kidney

1.I take Crestor, Quinapril, Synthroid.Thanks for you assistance.

Thank your for posting query at . You may eat crabs/shrimps. No harm but do NOT over eat and stomachfull. Gall bladder is very important in the digestion process and diet modification maybe needed after gall bladder removal. Gall Bladder stores bile. Bile is very important and essential for digestion of Fats. When gall bladder is removed, fat digestion is IMPAIRED.a person without gall bladder, when eats a fat meal, It's difficult to digest and feels very uncomfortable. Therefore after removal of gall bladder, patients are advice to:- avoid high fat meal and diet altogether-take medium or Antacid 20 mg once daily before breakfast-small meals at regular interval is better-NOT eat stomach full.- not cold . Health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good health. Regards,

Input	Output
1.I ve never had issues until now, only been with two other women(both tested). Is it possible that my outbreak was caused by hsv 1 and my hsv2 was a false positive	<p>HelloThanks for your query. You have been tested positive for HSV1 and HSV 2 infection done very recently.HSV 1and 2 infection are very common amongst sexually active individuals which can remain dormant even throughout the life It does flare up sometime or other during active sexual life and nothing to be worried about. Take medications like Acyclovir twice daily for 10 days.Try to have safe protected sex. .</p>
1.I ve never heard of a high number like this. Is there a different chart that they go by for this reading? My father in law is 82 and has no symptoms to be concerned about. Looking forward to your thoughts.	<p>Hello dear, I read and understand your concern. No, it can go up to this range. There are some other patients also who has range of above to 100 also. There are two possibly causes of it either it is benign prostatic hypertrophy or it is carcinoma of prostate. By looking at your value of PSA it looks like carcinoma. I advise you check for biopsy of the prostate. If its better than there is no need to worry. But if its carcinoma than planned operation with or without radio therapy and chemotherapy should be done. I will be happy to answer your further concern onThank you, Infectious diseases specialist, .</p>
1.i want to know that is there any fertility problem with me ? 2.meaning of non motile ? 3.what does mean liquefaction time? 4.what shows above semen examination?	<p>Hi, forum this result shows some problem with fertility i.e. one should have at least 50% motile sperms to be fertile.non-motile means that sperms are not effective for fertilization. Liquefaction time means the time taken for the semen to liquefy, it is important become otherwise sperm cannot swim upwards to mat with the egg. For you repeat the test after 3 weeks with abstinence from sex for 3 days. If the result are the same then check whether there is any varicocele. If there correct it(it can produce non motility).otherwise treat medical.don't worry your sperm quality will definitely improve .all the best!! hope that it will help you regards</p>
1.I was also tested for parathyroid I was wondering if there is a high chance that I have parathyroid disease? My dad has dangerously high calcium levels resulting in kidney stones.	<p>High calcium levels usually co-relate with parathyroid disease, it would help to get the parathyroid levels checked. Weakness, bodyache and kidney stones may occur if parathyroid hormone(PTH)levels are elevated. Familial Endocrine Neoplasm 1 is a genetic disease in which elevated PTH levels are seen in families. A CT/MRI scan of the thyroid may help identify any adenoid/malignancy of the parathyroid glands.</p>
1.In the last few month I am observing a lot of mood swings. My interest in sex is good on a particular day and I tend to loose interest for days-weeks thereafter.	<p>Hi, After going through your question, As you have undergone Stenting post myocardial infarction (heart attack) certain medicines you have to take compulsory as you have been prescribed. Losartan which contain - Metoprolol which is a Beta blocker which is important in keeping heart rate & BP under control, decreases oxygen demand of heart. - Losartan: It is an angiotensin receptor blocker important in prevention of remodeling of heart after heart attack, also keep blood pressure under control.2) Ton act or Road: - These are lipid lowering medicines of same class - Statin. - Ton act contain atorvastatin and Road contain rosuvastatin. - You should take only one of two not both together. - It helps in keeping bad cholesterol and inflammatory markers under control after heart attack.3) Parasite: - It contains Erasure. - It is an antiplatelet which prevent unusual clotting of blood. - It is most important in keeping the stent patent and reduce future risk of heart</p>

attack. Regarding your mood swing, it may be due to use of statins in high dose as you are taking both Atorvastatin and rosuvastatin together. Atorvastatin dose of 80 mg is maximal dose used in practice which is used in resistant cases of dyslipidemia or few days after heart attack. You should check your Lipid profile and consult your cardiologist to optimize dose of statin. Hope this helps you, if so do vote.

1.Is it possible that OHSS may reoccur 2. I want to reduce chances of OHSS. Please suggest how to go about it.

Hello there, thanks for writing in. I would like to discuss a few things with you. HSS of severe degree is considered unacceptable these days with the introduction of antagonist protocol (agonist protocol as used in your case is more susceptible to develop HSS), especially in PCs women who are very prone to develop HSS. So next time when you undergo stimulation the choice should be an antagonist protocol which significantly reduces the chances of HSS. Using metformin through ovarian stimulation will also bring down HSS risks. Using GRH agonist as a trigger for final maturation of eggs in place of will aid. At the same time the eggs can be frozen and transferred at a later date in FET. Using lower dose and gradually increasing the dose to obtain a response (response is growth of multiple follicles) should be considered. Some physicians administer albumin infusion at the time of egg retrieval to prevent HSS. Hope the above provided information will assist you to discuss the strategies with your doctor regarding your concern. Take care.

1.Is the cancer still present in her throat?

I can understand your mothers situation and problem. Vocal cord cancer is curable only in early stage where unblock resection is done. Chemotherapy and radiotherapy suppress the growth of tumor cells, but they can not cure the cancer. So she is still having the cancer. And possibility of worsening of growth is more in her case. Growth causes obstruction in the lumen, so patient feels difficulty in swallowing, breathing difficulty etc. White thing might be due to fungal infection. So she may need antifungal . Hope I have solved your query. Wishing good health to your mother. Thanks.

1.Is this 100% curable? If yes, please suggest what is the period required for the same?

Hi Truth, Thank you for posting your query. I have gone through your MRI reports. I would like to point out that this disease is fully treatable. However, we need to know your symptoms, and examination findings, before suggesting the best treatment option for you. Usual treatments for disc prolapse include physiotherapy, medications such as pregabalin, epidural injections, and in some cases, surgery. Please get back if you require any more information. Best wishes, .

1.ivabrad- 5 mg- 11 am. 2.ecospine AV- night 3. renozex- 3 pm 4. novastat TG-10-evening as and when nikardia retard is taken, BP comes down upto-155/70, after some time it goes upto 185/75 app. please advice . thanking you. e-mail- YYYY@YYYY .

Thank you for your query. Based on your query, I gather that you are a hypertensive and have cardiac disease. You are also on medications to lower your cholesterol. Hypertension, heart disease, and high cholesterol levels need to be regularly monitored and medications/dosages adjusted to bring in tight control. You are currently on medications to reduce blood pressure, cholesterol lowering agents and anti angina medications (for the heart). Your blood pressure seems to be poorly controlled on the current regimen. I recommend you see your physician to change the regimen and see what suits you best. It will take a couple of months to settle on to a suitable treatment plan and needs to be monitored at regular intervals. Picardi reduces the blood pressure and is dose dependent. You see a fall in pressure for as long as the effect lasts, and then it goes up again. Resistance to medications (when your body doesn't respond, as expected, to the medicine when taken for a period of time) also gives rise to poor efficiency. Fluctuations or high

blood pressure can lead to stroke, heart failure. If you experience any breathing difficulty, chest pain, giddiness, slurred speech, muscle weakness or numbness, unusual forgetfulness, please visit the ER right away. Ideally your blood pressure should be between 120-140 (systolic) and 75-85(diastolic), heart rate between 60-70 beats per minute. Hope I've convinced you on the importance of seeing your physician as soon as you can. Hope this helps. Wish you good health. Please feel free to contact us if you need further clarification

1. Left Kidney: 27% 2. Right Kidney: 100% Comments: Left Kidney shows normal perfusion, compensatory cortical function and normal excretion. Right Kidney shows reduced perfusion, residual cortical function and is obstructive in nature. We request you to please go through the details provided and advise us suitably. Please let us know if there is any medicine which can cure this problem also any alternative way to surgery. Hope to hear positive reply soon from you end. You may contact us on +91 0000 and +91 0000. With regards, Anjali Misal Mumbai

HYou mention the sister has symptoms of back pain. The ultrasonogram has shown that the right kidney is grossly enlarged (normal 9-11 cm, but 16 cm in her case). The DTPA genogram shows an obstructed. In a symptomatic patient it is always better to go for surgical treatment. Unfortunately there is no medical treatment for this condition. It can be explained in a simple mechanical example where in the outflow pipeline is blocked and there is an enlarged kidney as a result of the pressure built up. If you can remove the blockade then it will help at this stage especially because of the relative function of the kidney despite being HY

1. Left side paralysis (firstly left leg 2ndly left hand) 2. Pain in Right eye. 3. Simple moving feels very tired. 4. Sleep very little. 5. Lack of memories. Please send me prescription and advise me to me.

HYour report reveals that you have suffered from stroke. The blood supply to a part of your brain (right thalamus) was interrupted, and it became dead and has stopped functioning. Because of that you have left-sided weakness and also memory problems. The treatment of such stroke involves antiplatelet. Other factors which need to be evaluated are your cholesterol levels. If required, medications need to be started for that also. Apart from that high blood pressure and sugar levels need to be under control. Good luck.

1. Levipil 500, 2. Accuver (Stopped after 20 days) 3. Vertin (now stopped after 20 days) 4. Amlog 5. Nomabrain 800 (continue), Aminophylline Tab (Stopped after 10 days). budocort for Asthma. Current situation: vomiting stopped for 20 days and giddiness came for a few days. However it is Giddiness started again and vomiting (alternate days) also and bitter taste and feeling weakness. (she able to walk some time in day). Please help us how to stop Giddiness and vomiting

Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. The Giddiness is probably due to the disturbance of Vestibular Apparatus and Vomiting is a consequence of Giddiness. This will settle down in six to nine months. Please do repeat CT brain to rule out Post-traumatic Communicating HY

1. Listhesis with old spondylolysis change contributing to left foraminal stenosis at this level. 2. Small disc protrusion centrally with annular tear at L4-L5 without a significant spinal stenosis present. Mild facet degenerative change. 3. L1 though L4 stable no significant developing central or neural foraminal stenosis otherwise seen. Thank you

Hi, Thanks for posting your query.* The description suggests that you have lumbar disc disease with radiculopathy. The initial management for this problem is conservative by following means:- Bed rest - analgesics and occasional muscle relaxants - Methylcobalamine preparations which helps to alleviate your pins & needles sensations - lumbar back support while sitting for longer periods - intermittent pelvic traction. If you don't get any relief within 3 weeks, you need an orthosurgeons consultation to decide upon the need for surgical intervention. Hope this will help

you. Feel free to ask me if you have any further queries. Wish you good health. Take care.

Regards. . Orthopedic Surgeon.

1.Liver has tiny single hepatic hemangioma , likely congenital? Cyst in right kidney None of these should cause stomach pain, nausea, flank pain and back pain?

Lymphoma of the gastrointestinal tract can present with above symptoms. May also be associated with B symptoms like fever, night sweats and weight loss. The lesions are seen in different parts of the gastrointestinal tract which may be suggestive of systemic disease like lymphoma. Rarely it can involve the spine and cause back pain. So these lesions should be biopsied with histopathology and immunohistochemistry to come to a final diagnosis. Cysts in the liver and kidney may be benign!

1.M.P.E.G- Epoetin beta 50 MCG/.3 ml inj. once a month.Now what he can do.? Which you suggest for Dialysis/transplant. Which is the appropriate level for transplantation. Is there any medicine to cure or give more life expectancy without transplant?Thanks.Moniurul Hassan0000 YYYYY@YYYY

Hello! This is a very good description that you have provided. In my opinion, the disease that he is having is IG A nephropathy which is the commonest adult nephropathy, for which he has taken treatment in Nellore. He is basically having a chronic renal failure which is evident by the lab investigations. Transplant is the definite treatment, but it is costly and involve many legal formalities. Dialysis has to be performed by the time he will get ready for transplant. Unfortunately till date no medicine is the cure for renal failure, only dialysis or renal transplant can improve the life quality and expectancy. Thanks.

1.Montair LC kid 5ml @ N for 30 days 2. Liquid Advent Forte Syrup 2.5ml @M & N for 6 days 3. Liquid AB Phylline 10mg/ml 2.5ml @M & N for 7 days 4. Ipepread tablet4 @M-A-E-N for 3 days 5. Liquid Ceroplox 100 2.5ml @M & E There s no immediate family history of obesity, sugar or asthma(but my husband s grandmother had asthma, i don t know if that counts!). I would first of all, like to know, if it s safe for her to take so many medicines. It s extremely difficult to administer any of the above medicines(esp. the tablet which dissolved in water, is too bitter for my liking!) In just half a day s dosage administering, she s begun to show disinterest in eating & feeding breast milk. During the night, she also threw up twice(part of her solid intake & the other time, her breast feed!!) Does this mean, we should stop(any or all)the medicines?? Won t she have side effects? How to continue if her appetite s affected & her vomiting increases? Please find the time to explain & clarify, as i have to keep giving her the meds the next 3 days & I don t want my baby becoming sicker than she is, because of the drugs. An immediate response is highly appreciated.

Your child seems to be having wheeze associated with acute respiratory infection. This is a viral infection does not need antibiotics (perplex, advent forte). An oximeter reading of 95% is absolutely normal. You have not mentioned the respiratory rate of the child, if the respiratory rate is less than 60 then there is no need to hospitalize.Moreover, too many medications have been started without proper investigation. Please take a repeat opinion as the prescribed medications are not rational

1.My body has been more anxious or fidgety and I have trouble sitting still and wanting to move, mostly all symptoms associated with add/adhd. I was wondering if the creatine use could be causing these urges to move. I just started taking beta alanine a day ago as well but these symptoms have been going on for about a month before the beta alanine. Thank you for help.

Hello Creatine is a protein supplement used to increase power and performance of muscles. It is considered as safe supplement in most of the individuals. But it increases load on kidney. It is known to cause stomach upset, epigastric burning and anxiety in a lot of individuals. Persons may experience symptoms like insomnia, palpitations with creatine. Fidgeting and anxiety is most likely

due to creatine supplementation. I would recommend you to consult a Psychiatrist if problem persist. Hope this helps you, thanks

1.My doctor said that this was still a good result, and that she didn't want to do an amnio, but wanted to run a triple screen blood test. Can you please advise whether the physical markers of the nuchal scan and the nasal bone are a good indication that my baby is safe or whether the weight of the blood test makes does show that there are greater chances that the baby has down syndrome. (My results for trisomy 18/13 were very low and only had me at the risk level of a 19 year old.) Thank you, Aurora

Hi, I conclude that probably you are asking whether to go for the triple screen test. All screening tests are done to come to a probable diagnosis. And only 1 or 2 tests cannot do this job, so we need sometimes more tests to be on sure side. So with that I mean its advisable to do the triple screen test. Hope this helps you. Thanks. If you have any more queries I am happy to answer them. Else, please rate this answer and close the discussion

1.My doctor said there was no pneumonia. although I have had pneumonia in the past. I fear there is something else going on. Or is this merely the classic after effects of severe flu. Thank you

Hello dear Warm .come have evaluated your query thoroughly.* This seems in relation with post viral inflammation residual effects.* Suggestions for better recovery- . - Consume soft, light diet.- Avoid excess sugar, oily, spicy, non veg, hot beverages, dairy fat.- Gargles with salted lukewarm water and added peppermint oil 3 times a day.- Tab. Tylenol (500) mg 3 times a day after meals.- Avoid exposure to atmosphere with dust, pollen.- Use triple layer face mask .- Wash hands frequently with antiseptic liquids.- Have adequate sound sleep of 8 hrs.- Regular walking in fresh air, deep breathing exercises, YOGA. Hope this will help you for sure. Wishing you fine recovery. Regards.

1.My kidney specialist is not sure why. Would you know why?

Thnaks for query. First cause is due to local consumption. Australian studies have shown a link between alcohol consumption and elevated SF, with beer more so than spirits or wine causing increases in ferritin secretion by the liver.¹⁸ Chronic daily consumption of two or more standard .
¹⁹ Repeat SF testing after a period of alcohol abstinence can clarify the contribution of a patients' alcohol intake on their elevated SF

Input	Output
<p>1.my neck is getting progressively painful and am really becoming very limited in my daily activities.</p> <p>This pain is waking me up and noticing the loss of strength in my left arm. What are your thoughts?</p> <p>Again, thank you for your time. Michelle</p>	<p>Hi Michelle, Following surgery to the C spine, what you can develop after a period of time is called as adjacent segment disease or degeneration. What it means is that the cervical vertebrae are subjected to increase movements and following fusion surgery this places additional stress on the intervertebral discs above and below the fusion levels, the superior levels being more affected. This can lead to narrowing of the cervical canal and cause nerve root compression if its severe enough.</p> <p>So kindly get Cervical spine x-rays done, get a neurological checkup done to see if you're having any sensorimotor deficits and consult a spine surgeon if these levels will require decompression and fusion as well.</p>
<p>1.My period was suppose to come again on the 26th of this month and it did sorta. I had spotting that night and I bled lightly on the 27th. But Ive been spotting when I use the restroom since Saturday the 28th. Nothing more. I took a pregnancy test this morning but it came up negative.</p> <p>Should I be worried or could I be pregnant?</p>	<p>1.And once period occurs the chances of pregnancy are ruled out. And after the period you were not sexually active to raise the suspicion of pregnancy. But as a benefit of doubt the urine pregnancy test was done, and it is also negative. So there might be nil chances of pregnancy. And the abnormal spotting in this period might be due to hormonal imbalance. This spotting might consequently get converted into periods or stop. I suggest you to observe for the periods in next 1 or 2 months and if same abnormal spotting continues then I suggest you to see a doctor to rule out any thyroid abnormalities or POD etc. Avoid stress as it might also cause hormonal imbalance and cause irregular period. Hope this helps. Best regards.</p>
<p>1.My question is with my health history should I be looking for something else to be the cause of can this still be a possibility</p>	<p>Smoking cessation should be the almost priority.2. Inhaled bronchodilators.3. Pulmonary rehabilitation with chest physiotherapy and deep breathing exercise. 4. Pulmonary vaccination with pneumococcal and h.influenza vaccines.</p>
<p>1.My wife gets irregular periods and hence we are not very sure of the ovulation date. In Mar 12 and Apr 12 here date was around 28 - 29 of each month. Based on this we calculated the ovulation date (which as per our knowledge is around 14 days before the period date) to be around 14 - 15 of May. We tried during this time and my wife missed the date of 29 last month and the period started on 3 June 12. I think due to this our calculation went for a toss and she could not conceive this month also. 2. After the sex session on each occasion we have observed that my discharge flows back out from my wife vagina. We generally clean it with a cloth. Is this a natural behaviour? I am not sure if any discharge ever stay inside. What can be done in this case. 3. Does regular exercise even during the ovulation time safe or does it also result in not conceiving. Please guide us and thank you very much in anticipation.</p>	<p>HAI, Now you can test for your seminal analysis. If there is any deficiency it could be corrected.</p> <p>Next all the semen ejaculated cannot go into the uterus. The OS of uterus opened only during childbirth and during abortion. Other times it will be closed only. The part of semen will be got in only by capillary action around (1-2/10th- that is around 0.3-0.5ml) Sperms will swim up by its motility. The remaining seminal plasma has to come out, and these phenomena is called as FLOW GEMINIS. SO YOU NEED NOT WORRY ABOUT THAT. Regular exercise will not interfere anyway with ovulation.</p>

1.No evidence of acute infarction, hemorrhage, or mass. 2. Few scattered nonspecific punctate T2 hyperintensities in the periventricular and subcortical white matter.	The findings on your MRI do not indicate the reason for your memory loss and memory is stored in hippocampus of temporal lobe and cortex. However, the small lesions do indicate that there could be small infarcts, and you need to evaluate for risk factors for thrombotic and embolic stroke like hypertension, diabetes, cholesterol problems, high homocysteine, heart clots etc. For your memory loss I suggest checking serum B12, TSH, HIV, and V . Early Alzheimer s must be considered if all negative and treatment taken for the same.
1.No problems with insomnia All of these symptoms and clinical diagnosis still. What about a neuromuscular disease? All of these symptoms and still no real conclusion what s causing the fatigue and pain	Enzyme tests such as creatine kinase (CK)2. Electromyography3. Genetic testing4. Muscle biopsy5. Heart-monitoring tests (electrocardiography and echocardiogram)6. Lung-monitoring tests
1.normal is 34.What should I do to normalized this problem? I accept that i am lack of exercises and sometimes stressfu. Please help me.	Hi, I had gone through your question and understand your concerns. These are only slightly elevated got and Sept, so you should not worry. It may stabilize on its own or some minor lifestyle changes should be done from your side. You should avoid alcohol and regulate blood sugar and body weight. Also, Sylvain supplement should be taken. If there instill elevation of liver markers then the next step is to look for certain liver damage such as viral hepatitis, cirrhosis, medications, alcohol intake or autoimmune diseases. To verify exact cause, US, bilirubin levels and tumor markers should be additional done then-Then appropriate treatment can be started. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing you good health.
1.Now Chemotherapy Doctor has recommended for Interferon Alpha 2b 5mu for alternate day up to Two months and 2. At primary place (Wrist of right hand) radiation is going on. Requirement: Any treatment beyond this which will affect to remove Alveolar Soft Part Sarcoma Cancer from Lungs. Hope for your kind evaluation and suggestions please. Regards Rajeev Kumar Srivastava 0000	Hi. Alveolar soft part sarcoma is a very rare cancer and there is limited experience because of very few patients worldwide. Since the disease of Mr. Mishap Srivastava is metastatic, cure is probably not possible. If I am treating him, I will advise uniting tablet. Radiotherapy to primary is indicated if there is pain or bleeding at primary sit not controlled by conservative measures. I do not know of any evidence of benefit of Interferon Alpha in this disease. Hope I have answered your query. If you have any further questions I will be happy to help
1.Now since he is getting into hospital every month, I am really very much concerned. Please advise. Thanks a lot. Rajesh Kumar	Your son has recurrent bacterial infections which requires hospitalization and few of them can cause the pleural effusions like staph. And strep. So there seems to be an immunodeficiency not with the cellular type because the wight count is high, but with the antibodies, which is caused by hypogammaglobenemia.another uncommon disorder which can give chest and abdominal pain, fever and effusions is familial middetrainan fever, its uncommon outside the Middle East, but it can occur, so I recommend the following tests : immunoglobulin: Egg and subclasses, IGM, IGE.CD marker 18 and 16 FMF gene mutation by PCR I hope this helps
1.On 12th I was told by my GP to stay off sick and my next appointment was on 19/01/11 and other on 26/01/11 when I was told to stay off sick for one month more and given repeated prescribed medications. 5/01/2011: 112 Co-Codamol 30/500MG Tablets-TWO to be taken FOUR times a	

days. 15 Diazepam 2MG Tablets-ONE to be taken THREE times a day. 26/01/2011: 112
Co-Codamol 30/500MG Tablets-TWO to be taken FOUR times a days. 21 Diazepam 2MG
Tablets-ONE to be taken THREE times a day. I have been suffering from burning/aching sensation
and shooting pain, like electricity from my lower back, down the buttocks and into both of the legs,
all the way down to my calves and feet. And I feel weak and have burn like fire, numbness, tingling
in my leg and feet. Also I have a cracking hip &knee &foot, back and neck pain. In addition to my
prescribed medications I have been using heated pad and continue light exercises at home that
has been advised by my GP. I am awaiting Physiotherapy appointment as well. I have swollen
ankles and calves I can not walk or sit. I would like to know if I injured my bones and/or soft
tissues. And when I will be healthy again?I need your specialist advice.Thanks and Regards,

Dear patient Considering your case there is high possibility of disc prolapse with nerve roots
compression which is leading to shooting pain in both legs. So you need to go for MRI of
lumbosacral spine with screening of whole spine. MRI gives detail information of discs and nerve
roots and final in confirming diagnosis. So visit radiology center nearby you and get it done.
Continue your medications till report is done. Need to consult expert spine surgeon with MRI
report.

1.Once doctor suggested her to lower the dosage of Thyronorm to 75mcg, but doing this increased
the TSH. She feels fatigued and has lost lot of weight in last 5 years. She has developed a minor
lump also on her throat recently.

Hi. Thanks for your query. Read and understood the history of Hypothyroidism and taking
Thyroform for the last 6 years by your mother. Thyroform is a replacement hormone T3 and T4
are produced by the thyroid glands. But the TSH is produced by Pituitary gland, and it produces it in
response to the feedback from the circulating thyroid hormones sensed by it. Hence, are the
change. When the pituitary feels that the bodies levels of thyroid hormone is reduced, it will
produce more to give an order to the thyroid gland to produce more. Hence, it is more important to
know and keep the levels of the thyroid hormones under normal range. You have to reduce the
dose of Thyroform, as it is more dangerous to keep the T4 levels in the high range, it will affect
the whole body.

1.Onset of symptoms are debatable. I adopted him at 2 and a half. His feet needed arches and he
had ear infections often. So congenital form? not sure. Learning issues, language issues, tics,
hands began to hurt. By 11, more physical symptoms showed up. Took until 16 to get diagnosis.
He has cognitively slowly changed and physically the same. I don't know what to do about the
eating and who to see? What if he is still losing? His comprehension is changing and he is hard to
understand many times, most times when he talks. I feel I can't just let him eat and eat and eat.but
if he is losing. I don't know.

Hi there. One common cause of unexplained loss of weight in the setting of problems that your son
is having could be parasitic intestinal worms. Even though the diet remains the same or even
increases in affected patients, they continue to lose weight. I suggest you get a stool examination
done to look for enteric parasites or any signs of occult blood. The GI disorder that you are talking
about can also cause malabsorption of nutrients but the patients who are suffering from them show
other symptoms of vitamin deficiency as well. Look for any signs of listlessness, lethargy, irritability
or any skin or nail changes in that case. So keep an eye out for this and get his stools checked in
the lab to start with.

1.pain radiates down to tailbone and both sides of sacrum can hurt. sitting and bending backwards
can really hurt. the area can feel like a rug burn. pain from bulging disc no longer goes down left
leg. Also I no longer have pain to left of L4, but my doctor wants to put a facet injection in this area.

<p>I a very fearful of these injections. I also have mild diffuse degenerative disc disease throughout the lumbar spine without central canal stenosis and facet arthropathy at L5-S1 resulting in mild bony foraminal narrowing. my back doctor thinks MVA jumpstarted facet pain. could pain be caused by facets?</p>	<p>Hello There ! It's good that there is no radiating pain from the disc bulge. Facet pain could be one factor, however there could be pain originating from other aspects too in your case like ligaments, due to the MVA. If there are no motor and sensory defects, like muscle weakness, numbness or sensory loss, my suggestion would be to give a try to conservative pain management remedies. A PHYSIOTHERAPIST has a host of tools to manage your pain and can also assess where it comes from. Kinesiotaping, Ultrasound, TENS etc. and gentle manual therapy as indicated can be applied with excellent results for pain in low back and sacral areas. Be aware of your postural habits though, some lifestyle changes could be suggested by your physio to help you correct your body mechanics and manage pain better. Tc</p>
<p>1.Paraspinal muscle spasm. 2. Diffuse annular bulgings of L3-L4,L4-L5 disks causing effacement of epidural fat. please doctor suggest me treatment</p>	<p>Loss of lumbar lordosis is notedThere is a spasm of muscles in lower back.2. No other remarkable vertebral abnormality is seethe bones of lower back are normal3. Neural foramina and facet joints are normalPassages of nerves is normal4. Sagittal diameter of bony spinal canal measures as follows L1=14mm,L2-13Å mm,L3=12mm,L4=12mm,L5=12mm. The canal containing the spinal cord is normal.5. Diffuse annular bulging of L3-L4, L4-L5 disk are noted causing effacement of epidural fat. Mild disc bulges are noted at L 3 - L 4 and L 4 - L 5 levels. This is a mild degenerative change.6. The Thecal sac shows normal signal characteristics. The sac containing spinal cord is normal.7. Visualized portion of the spinal cord is normalSpinal cord is normal in lower back regions8. Para spinal soft tissues are normalSoft tissues on both sides of spine are normal. In conclusion, you have mild degenerative disc changes with muscle spasm in lower back. This is treated with ointments containing pain reliever and muscle relaxants. Please do not worry.</p>
<p>1.Please advise if this is the right approach.2. Is fever coming back after four hours of Meftal common in first 72 hours?</p>	<p>H forum. Viral fever may last for 3 to 4 days. You need to give Paracetamol or a combination Combination of Mefenamic acid and Paracetamol are more effective in controlling high-grade fever, and it also decreases the frequency of fever. Keep the child well hy</p>
<p>1.please answer my 3 questions in detail thanks,</p>	<p>Hi If embryo transfer was done in same cycle after ovum pick up then you can do beta on 12th day, counting day of ovum pick up as first day. Kindly mention in detail which day ovum pickup was done and which day embryo was transferred. Beta becomes positive about 12 days after egg retrieval, 9 days after a day-3 embryo transfer and 7 days after a blastocyst transfer, the woman should have a quantitative beta blood pregnancy test performed. Urine test will be positive only one week after serum beta . Take care.</p>
<p>1.Pls tell me now which period is best for conceive the baby again. thanks</p>	<p>HFirstly, regular ovulation must be established. Fertile period or ovulation period is 2 weeks prior to the onset of the next period. Regular unprotected intercourse during this period is needed for conception. Rest flat for 30 minutes after the intercourse to help proper ascent of the sperm. Rest on your abdomen if you have a introverted uterus. Hope I have answered your query. Let me know if I can assist you further.</p>
<p>1.rest all factors are within limits. Both parents have HT and Diabetes. Father is having CAD (triple vessel) at the age of 67. No other history known. whether angiography is essential or excercise</p>	

and diet and overcome this.Kindly advice.	Hil, as you are just 31 yrs, your Lipid profile report really looks bad, and you have family history of HD as well. Although you are young, we do nowadays see youngsters having heart problem as well. Since your TMT report mentions Mild Positive, I would suggest you to further evaluate. Coronary angiogram only is not option, there are other testes as well. Yea defiantly you have to get back into a good Lifestyle habits - Diet & exercise is a must, and repeat Lipid profile after 2 months.
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1.Serum beta on june 11 was 133.20 mIU, took inj.progesterone 100 mg .on day 31/ june 13 serum beta was 400.10 mIU later had inj.HUCOG 5000 on the same day.now im advised to take tab.susten 300 mg twice a day . im having spotting from yesterday june 14 and today june 15 im really worried pls what shall i do now	Good Earthier could be two possible options in your case. Either trouble in the pregnancy or implantation bleeding which is usually a good sign. Implantation bleeding is typically defined as bleeding that occurs 10 to 14 days after conception, when the fertilized egg attaches to the lining of the uterus. Although the phenomenon of implantation bleeding hasn't been scientifically proven to exist, bleeding at this point in pregnancy is relatively common and perfectly normal. Implantation bleeding is thought to result from blood leaking from the implanted egg into the uterine cavity. It occurs earlier than a menstrual period. Implantation bleeding may last for one to two days with a flow similar to a menstrual period. Implantation bleeding that's heavier than a normal period is rare. You need to get an ultrasound to confirm if the egg has implanted to the uterus. This is the only way you can allay your dears at this time. Speak to your Obstetrician regarding this and take his/her advice.
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1.She says it s possible that my follicle enlarged but did not rupture. I m not sure what that means. Is it possible to still ovulate this month later than day 25? Should we keep trying this month? Or could I have ovulated recently and my progesterone not gone up yet? Thanks! Jenny	Your age - more than 35 years reduces good follicle count2. Weight - Obesity could be reason for ovulation3. A Polycystic Ovaries4. Any Hormonal imbalance - Thyroid / Prolactin5. Have you ruled out Pelvic Infection / Pelvic adhesions / Endometriosis6? Have the tubal Patency been confirmed these could be reasons for unruptured follicles. Hope male factor is ruled out! Hope I have answered your query. Let me know if I can assist you further.
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Input	Output
1.Since then diagnosed with small clots in brain (right occipital lobe) thru brain mri since feeling numbness in left half of body. now taking ceruvin A, rozat f. 25% improvement. but after starting ceruvin A and rozat F for 2 weeks i am now suddenly suffering from high blood pressure 190/100,180/100 etc. I did not have high bp.taking staml 5 and losar h once in morning. What could have caused high BP? (Ceruvn A , Rozat f ?????) Whats your advice please?	<p>A new onset renal failure either due to HIV or blood clots in your renal artery or vein. You will need to do bloods for creatinine and urinalysis and also Doppler of renal artery and vein.</p> <p>2. There could be a new valvular heart problem that comes with age called aortic stenosis, so you will need to be evaluated by physician for the same. He/She may want to do Echocardiography for the same.</p> <p>3. There is also a possibility that your blood vessels have become stiff with age called arteriosclerosis and thus causing hypertension. While you will need to continue your medications you will also need evaluation to find the cause for the same. Will be happy to review further.</p>
1.Small left renal calculus. 2. Bilateral renal cyst . 3. Right extra renal pelvis.	<p>Calculus in lower pole - you have a stone on the lower pole of your left kidney, it is a small stone 0.4 cm and can be treated medically for stone dissolution. It is too small to be treated surgically or on any invasive procedure. I would suggest .</p> <p>2. Cortical cysts - cortical cyst or simple cyst are not clinically significant. It does not cause pain nor does it become cancer. No need to be worried about this finding.</p> <p>3. Extra renal pelvis - extra renal pelvis means that you were born with the tube that connects your kidney to your urinary bladder developed outside the kidney. It is a normal variant and does not have a clinical consequence. Thank You.</p>
1.so i think it is related that.thanks and regards sumesh kumar delhi , india	<p>It seems your kid is having viral diarrhea. Once it starts it will take 5-7 days to completely get better. Unless the kids having low urine output or very dull or excessively sleepy or blood in motion or green bilious vomiting,you need not worry. There is no need to use antibiotics unless there is blood in the motion. Antibiotics might worsen if unnecessarily used causing antibiotic associated diarrhea. I suggest you use zinc supplements (Z&D .</p>
1.Syrup Centoxin 0.05 mg/ml (Digxin) Dose 0.4 ml two times a day . 2. Syrup Frusin (Furosemide USP) Dose 0.5 ml two times a day 3. Tablet Enaril 5 (Enalapril maleate 5 mg) Dose 1/12 two times a day 4. Tablet Edegra 50 (Sildenafil Citrate) Dsoe 1/20 three times a day. Many Thanks fr yr kind guidance fr her treatment.	<p>Hi Their have read carefully all the medical details provided by you of your daughter and its unfortunate that it's a genetic disorder and the medical science till date don't have a cure to it. Although early intervention program with a team of therapists and special educators who can treat each children specific situation are helpful in managing Downs syn . For the congenital heart defect you can consult a pediatric cardio thoracic surgeon for a proper opinion on if the defect can be repaired surgically. The medicines which you have mentioned are adequate and will relieve the child symptomatically. May God Bless The Child</p>
1.The foramina are all intact. I have problems standing for to long is this something that can be fixed and is it a result of my injuries or just age I am 45, please help	<p>Hi, I have gone through your question and understand your concerns. These lesions found in CT are derived from both your age and repeated trauma. At this point, treatment consists on rest when symptoms are severe, warm procedures on your back, avoiding height lifting, NSAID . These measures should improve your symptoms. For NSAID treatment, you should consult your primary care Doctor. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions.</p>

<p>1.The Gyn/Onc said that since it has been 6 months since my last scan (clear PET Scan in late July 2011, after my hysterectomy but before my radiation treatments began) he would have me do a CT (chest, abdomen, pelvis) this week and meet with him for my 6 month follow up next week. I havent had any symptoms or anything since my radiation, and my PET was clear 6 months ago, yet I am nervous my CT will show a recurrence or some problem. Any thoughts?</p>	<p>Your oncologist rightly explained to you the benefit of external beam radiation therapy and brachytherapy (internal radiation). Surgery alone results in Disease Free Survival rate (DFS) at 5 years of 80% and addition of radiation therapy to surgery improves the DFS to about 95%. You have received the standard treatment after your surgery, and you do not have any symptoms at present, so it would be a surprise if the follow-up CT scan shows a recurrence. So, stay positive. Wishing you all the best and a healthy life ahead.</p>
<p>1.The test was done about 5 months ago and I have cut down my diet to be green. Taking barley grass in after wake up from bed, taking livasil tablet before bed my weight was down from 61 to 58Kgs. May I know what is the further advice on this?</p>	<p>Your liver enzymes are not alarmingly high, but these are definitely abnormal, and you should get a full check up by a hepatologist, to make sure you do not have any other underlying liver disease. You should be tested for viral hepatitis (hepatitis A, B, C), autoimmune liver diseases, iron overload, and other causes of liver disease. Fatty liver is definitely a concern, and losing weight and controlling lipids usually helps. Avoid alcohol.</p>
<p>1.Then I have stopped the mediacion from almost 3 weeks and now I have given the test around 3 days back. The report says T3:176 T4:12.20 TSH: My email: YYYY@YYYY Mobile: 0000. Waiting for your reply.</p>	<p>Firstly, if you are trying to conceive, the cause of your previous abortion should be known so that essential steps may be taken to prevent similar things happening again. 2. Secondly, tests to know thyroid profile are ideally done once in 2-3 months to know the effect of the medication. Frequent change in dosage is nor advisable. Your latest TSH report is not available. Based on the earlier findings, it would be ideal if you take the advice of an endocrinologist instead of self-medication. Apart from this, other factors like tubal patency and motility, ovulation status and male factor are also needed to be considered to help conception. Hope this helps.</p>
<p>1.Thyroid hormones.2. CBC.3. Urine.4. ECG and stress ECG.5. Holter for 24 hours.6. Chest X-ray.7. Breathing test.All measures are normal except high cholesterol and LDL. Now the episodes come maybe once every couple of days. I do not know what is the reason could be?.</p>	<p>H forum. You should curtail your smoking which is the reason for the increase in cholesterol as well as increasing your heart rate your heart and must be going very high due to stimulation of the heart by the nicotine and hy . You have to do ECG immediately once you have the episode or will need a loop recorder or event recorder for the diagnosis of arrhythmia if the incidents are recurrent.</p>
<p>1.Today is the 9th day after the injection. I would like to ask if its safe to have an intercourse now or shall I wait for another 5 days? Because some says it should be 2 weeks after the injection before you can have sex. Its my first time to use this depo thats why I want to be careful.And is it normal to have breast tenderness? Coz my original cycle will fall out this week if I didnt have the injection.</p>	<p>Thank you for the question, and thank you for visiting our site. Everything that you are describing is normal / expected. Yes, you should use backup protection for at least a couple of weeks after initiation of the depo shot. And yes, it is normal to have breast tenderness as well as a small amount of breakthrough bleeding over the next few months. You will probably not get a normal cycle now that you have started this shot. I hope that this helps and good luck!</p>
<p>1.UPBEAT (TRICHOLINE CITRATE WITH SORBITOL SOLUTION 2. URSODEOXYCHOLIC ACID</p>	

TABLETS 3. COBADEX 4. PAN-D AND 5CEFUROXIME AXETIL TABLETS. IT IS THE RIGHT MEDICINE AND WHAT ARE THE FOODS TO AVOID DURING JAUNDICE?	<p>Ursodeoxycholic acid useful in dissolving cholesterol into bile. So prevent gall stone formation.</p> <p>And yes in jaundice liver having load for cholesterol metabolism. So it can be used. Cobadex is vitamin B contains tablet. That can be taken. You are also given prophylactic antibiotic. In jaundice no need for antibiotic until it is bacterial hepatitis. Regarding diet, you have to strictly avoid fatty food. Use very much less oil in cooking. Avoid food like butter, pizza, burger, cheese, non veg etc. Fruits and green leafy veg taken more. Papaya is good fruit in jaundice. One tsp carom seed and cumin seed mixture taken with water daily good herbal remedy according to few studies. Avoid alcohol and smoking.</p>
<p>1.Wanted to understand the criticality of the problem? 2. what treatment is necessary at this stage ?is it curable and what is the success percentage on such treatment.3. can you advise any doctor in chennai?My weight: 55.5kg.Height : 153 cms</p>	<p>Thanks for the query. As you told that you had started treatment for diabetes and not developing follicles then I would like to advise you that you should do reports for POD (POLYCYSTIC OVARIAN DISEASE). As in pod insulin resistance develops and follicles doesn't develop up to the mark that can rupture. Due to insulin resistance diabetic picture develops. So consult a gynecologist and he/she is the right person to guide you further. Get well soon.</p>
<p>1.Wanted to understand the criticality of the problem? 2.Can you suggest good gyna in chennai?</p>	<p>Hi your complaints are resembling with POD, in which scanty menses and abnormal ovulation is seen here the whole pituitary-thyro-ovarian axis is defected, in short the mess in hormonal status to know better, you need to discuss thoroughly and go for systematic treatment and lastly, if possible, prefer ayurvedic treatment for hormonal correction, to avoid future complication stake care . Com</p>
<p>1.what r the chances of concieving ?</p>	<p>Hi Nikita, Forum. You have had sex on the 21st day of your Cycle. The best fertile Period to have Unprotected sex to be able to conceive is between the 10th and 20th day of your Cycle. You will have chances to conceive but very less. Wait for your next periods, if you happen to miss them, get a Urine Pregnancy Test done using an early morning Urine sample after a week of missing your Periods. If you get your Periods, have alternate day Unprotected sex between the 10th and 20th day of your Cycle. Good Luck.</p>
<p>1.We are trying to have another baby (starting this last cycle) and today would be day 42 of my cycle. I have had two negative tests (one this morning). I read on WebMd that if you have a 49 day cycle that means you are not ovulating at all. So I am wondering if that is true? Could it be that I tested too early this time since I was basing it on my periods previous to my pregnancy?</p>	<p>Hi, it is true that if your periods delay for a long time every month, there can be probably no ovulation. Do, you need to get evaluated for that. Do a thyroid profile and prolactin levels and an ultrasound for your uterus and ovaries. You can track your ovulation by repeated ultrasound. If it is not happening, then there are medicines like clomiphene which can help you in ovulating. Talk to your doctor regarding this. Hope I have answered your question. If you have any other query I will be happy to help. Regards .</p>
<p>1.We need another opinion as to the diagnosis.2. What are the treatment options available at this stage in the progression?3. What is a realistic prognosis</p>	<p>Good morning. Your mom is suffering from carcinoma of endometrium(uterus) which is now metastatic as revealed by your TNM report. She has also completed 6 rounds of chemotherapy so its time now to undergo imaging test like PET scan to look for the response of chemotherapy. Since she has an advanced disease (metastatic) she will require some form of treatment for rest of her life. Treatment will be decided after seeing the response on PET scan. Usually 2nd and 3rd line</p>

chemotherapy with some other . Average survival in a case of metastatic ca endometrium is around 2 years. For another opinion on diagnosis you need to verify her tissue biopsy from any other pathology lab. Regards

1.what all tests i need to conduct to ascertain whether he can undergo a kidney transplant or not.I
donot ahve a living related donar available to me .what should I do?

Has you have not specified which country or state you are from it will be difficult for me to advise properly. But I can suggest you to talk to your treating nephrologist about your concern about need of kidney transplantation. If at all he feels the need for it, they will introduce you to the kidney transplant association in your country which will ask and run all the tests needed for it. You can also find and contact them by searching on internet about the same. Or you can tell me your country and state, I may help you get some more information on the same. Thank you

1.WHAT DEOS THIS MEAN IS OVULATION NOT HAPPEN? WHAT TO DO NOW? PLS TELL
SOON PLSSSSSSSSSSSSSSSSSSSSSSSSSS WHEN OVULATION AND HOW THIS
PROBLEM COULD BE SOLVE? also tell the difference bt follicle and egg.above mentioned Is cyst
dissolve then what about the egg plsssssrepy soon .i want to be preg .

Hello Kyoto To get pregnant you need to have the follicle mature 22-23 mm and rupture releasing the egg, and it happens on the 15th day in a regular menstrual cycle. As you had POD and irregular periods it may know only after follicular study, so please keep on doing it as you have started and in next 3-4 days the size of the follicle should reach the maturity and if it does not happen then you will need injections in next cycle which your Gynecologist will decide based on your follicular study report. Thanks

1.What does that mean and is there anything we can do about it?

Hi, Usually we analyze a genotype on the clinical background, which is missing in the query.

Anyhow, I will throw some highlights. The report indicates that, out of the total 23 pairs of chromosomes that we have, a small part of 4th one is missing for her. Usually we order this test when there are some abnormal facial appearance or skeletal anomalies. These. But the proportion and severity of features vary among patients. Your doctor will discuss everything in details with you. The greatest advantage of getting such a diagnosis is prenatal diagnosis in next pregnancy-means, we can do test whether new baby is affected or not within first 3 months of pregnancy. Hope I have answered your question. Let me know if I can assist you further.

1.What is unfolding of Aorta and does it in any way further incapacitate the heart and my life routine. (Currently I am still very active and doing extensive travelling. Question 2 Any medical interventions Question 3 What are the likely manifestations of unfolding of Aorta in future Thanks

Unfolding of aorta is just a radiological finding which suggests age related changes in the aorta, which is very normal to have above age of 60 years. There is no consequence of the unfolding on your daily routine, and you can continue an active life , also there is no significant manifestation of the unfolding in near future. Also, no medication or medical interventions are needed for the same.

Regards .

Input	Output
1.What s the first thing I can do to help her? 2. Are medicines for this available over the counter or are they prescription medicines? 3. How will the doctor test if she has worms? 4. Will some blood test or some other test be conducted to find out what kinds of worms she has?	<p>Hi Dear Welcome to the , Baby should be deformed by the suspension albendazole single dose.</p> <p>Constipation is the important cause of pain in abdomen. Plenty of fruits and meals full of fiber to be used in constipation. Maida preparation to be avoided. Plenty of fluids. Avoid excess milk intake.</p> <p>Lactulose suspension 2 to three teaspoon daily will relieve the constipation available with the local chemist. Hope the query is answered. Thanks</p>
1.Whether diagnosis is correct. 2. How long will it take to cure lymph node swelling completely. 3. In case swelling increases, whether same to be removed by operation or the same will start reducing after some time. Thanks.	<p>Hi, dear I have gone through your question. You have lymph node enlargement. FNAC suggest acute supportive lymphadenitis. But you may have tuberculosis also. So in first test its just diagnosed as supportive only. After clearing of infection it clears the tuberculosis. So your diagnosis seems to be correct. Moreover, mountain test also favor tuberculosis. You should take anti-tuberculous treatment. It will subside your swelling within few weeks. No need for operation.</p> <p>Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
1.Which is the most likely underlying cause of this patient's symptoms?	Decreased serum aldosterone levels
1.who is best nephrologist/ urologist to decide whether the kidney should be removed or not?2. Is Urologist is competent to remove the kidney?2. Should I go to nephrology department for this operation. 3. Any other advise and 4. what is the cost involved in treatment.	<p>Both are equally competent to decide on kidney removal. Kidney showing less than 10% function are always removed, due to potential infection, affecting the normal kidney(right).2. Urologists are the most competent and experienced surgeons for this.3. Delay in treatment is risky. 4. Cost of treatment varies in hospitals, but free in medical college hospital. You may send doubts, as a direct question to me, for an expert opinion. . Manga.</p>
1.Will it increase more after two weeks as my iron medicines are going on?	<p>H forum. Iron injections take up to four to six weeks to show an increase in hemoglobin levels. So, there is a definite chance that your hemoglobin levels may increase further if you are on ongoing treatment. But, it should be kept in mind that if the cause of your iron deficiency anemia is due to any other cause than nutritional deficiency, like bleeding stomach ulcers, heavy periods, any other bleeding manifestations or kidney disease, then they need to be treated as well. If not, it will not allow your hemoglobin to raise. If there is no other cause than nutritional, then your hemoglobin is sure to rise further. For more information consult a general medicine physician online</p>
1.with stable condition. Moderate size secundum ASD, moderate size perimembranous VSD with PG of 55 mmHg. I would like to know the risk factor on the identification of the murmur and the steps to cure this as early as possible. We need your support and guidance on this. Thank you.	I appreciate your trust in our services. I have carefully reviewed your query and can well establish the sensitivity of the health issues you described.
1.with uric acid 7.2 level. he is not taking any medicine right now and he does not take alcohol also.his weight is 78 kg and height is 5 7 . what we should do now?	Hi There can be various reasons for fatty liver in absence of alcohol consumption. Although the list of causes for fatty liver is very big, but The most common causes are obesity,

diabetes,dyslipidemia etc. Fatty liver is a reversible process where triglycerides get accumulated in liver cells. There is no specific medicine for its cure. You have to change your lifestyle to get cured for fatty Liver. Reduce your calories and shed your weight. Be in required range of your BMI. Do regular aerobic exercises. Avoid sweets and Getty foods. Avoid junk foods like pizza, burger etc. Quit sugar . You shall be all right in next 6 to 8 months. As far as uric acid is concerned there is nothing to worry as this is only marginally high and above-mentioned lifestyle measures would help in lowering of uric acid levels. Other things o be avoided for uric acid earlier, spinach, mushrooms, green peas, sweet bread etc. Thanks

I understand your concern. I advise you that Hand Foot and Mouth disease is viral infection caused by Cossack virus. Though it is a self limiting disease above medication is prescribed to prevent secondary bacterial infection which is often observed in this infection. The . You should continue with the treatment, the provided treatment is correct. Occasionally it causes severe Viral Encephalitis in such a case you should take him to the ER urgently. I will be happy to answer more of your concerns, kindly know me, Wish you a very good health at . . Infectious Disease.

Hello. Thank you for writing to us at I suggest a possibility of alopecia errata. Alopecia errata presents as patches of hair loss/ baldness, most commonly on the scalp. The treatment that you have been prescribed is definitely not proving effective for your condition. Intralesional steroids and oral steroids are mainstays of treatment of alopecia errata. For just a few patches I prefer to treat my patients with intraluminal steroids. However, for multiple patches I usually start my patients on Pulse oral steroids i.e 2 consecutive days every week. Oral steroids may have to be continued for 4-6 months, depending on the severity and response to treatment. Topical steroids, topical minoxidil are other treatment options that are usually combined with intraluminal steroids/ oral steroids. You have been asked to use a topical steroid, but that is a mild one and unlikely to be effective. I suggest that you seek another appointment with your dermatologist regarding the same. I think the best recourse of action would be either intraluminal steroids Or pulse Oral steroids in addition to topical treatment with a potent steroid Or topical minoxidil. Regards

1.I have been working as an anesthesiologist for the past 8 years. 2.I would administer anesthesia for around 15-20 caesarean sections per month. 3. In my practice RA is the choice of anesthesia for the pregnant mother under going C section.When RA is contra-indicated we do administer GA in this scenario we avoid opioids

99.7% of heights in women are likely to fall between 63.7 and 64.3 inches.

Perform large-volume paracentesis

Hello1 Along tamsulosin you can take any type of vegetable or fruit. Only precaution is to be taken, not to take high liquid diet or fruit or juice 4-5 hours before sleep. (less urine formation)2

1.zifi 100 ml 2. atarax 3. calasoft 4. paracetamol drops 5. soapex soap is the prescription correct. i understand the above medicines are for fungal infection. while HFM disease is a viral disease. also HFN does not require any medication. should i continue with the above medicines.??

1.Zinc tab 2. Folifast lotion 3. Diprobec lotion. Recently she has started having more hairfall than before. Is the treatment wrong? Can you please help me out?

1.1.tWhat kind of introductory do you give your patients about the anesthesia they are about to receive? 12.tHave you ever had a follow up with any infant patients later in life? (adolescent age) 13.tIs there any more information that you believe could help me better understand this topic?

1.1.0
Based on these results, which statements is most likely to be correct?

1.1.0
Which is the most appropriate next step in treatment?

1.1.0 ref range = 4.0 dated (9/13).3. Is there any better recommendation to stabilize my peeing and alleviating the pain.

Tamsulosin is used in Benign prostatic hyperplasia (for enlarged prostate). Normal dose is 400 mcg, and you can increase up to 800 mcg once daily after 2-4 weeks, if necessary. In your case as you stopped so many times, so now you can restart but dose should be 400 mcg till satisfactory result. 3. In few cases we can get good result with a combination of tamsulosin+finasteride after consultation with a surgeon. Your PSA level is within normal limit so need not worry. Good luck.

1.1.0 -0.75 85. The last week I have had constant headaches and periodic blurry vision. I am wondering if this could be a result of not wearing my glasses. How often should I be wearing my glasses? The periodic blurry vision started two weeks ago and one week ago the constant headache started (4 to 6 out of 10). I have seen a few different doctors about it but they are not sure.

H forum. Firstly, since how long time you put your glasses? However, there are many points I would like to explain to you: For this, my answer is yes, your problem which you complain maybe caused because you do not put your glasses. I advise you to use them as I told you and then if the problem is still there it is another speech. For more information consult an eye care ophthalmologist online

1.1.0 15.5 TOTAL LEUCOCYTE COUNT 6800 /cumm 5000 13000 DIFFERENTIAL LEUCOCYTE COUNT NEUTROPHIL 62 * % 40 60 LYMPHOCYTE 37 % 25 45 EOSINOPHIL 01 % 01 06 PERIPHERAL BLOOD PICTURE RED blood cells exhibit mild anisopoikilocytosis with occasional leptocytes & microcytes in picture. Hypochromasia observed with occasional pencil shaped cells. No codocytes or basophilic stippling seen. WHITE blood cells show no significant abnormality PLATELETS are adequate NO immature cells or hemoparasite seen. COMMENTS : MICROCYTIC HYPOCHROMIC ANEMIA . BIOCHEMISTRY SERUM UREA 105 * mg/dl 0 50 Tech:Urease/Cobas311 SERUM CREATININE 3.4 * mg/dl Tech: Jaffe/Cobas311 SERUM SODIUM 130 * mmol/L Tech:DISE/Vitros SERUM POTASSIUM 3.8 mmol/L Tech:DISE/Vitros SERUM CALCIUM 9.6 mg/dl Tech:OCPC/Cobas311 SERUM INORGANIC PHOSPHORUS 5.5 * mg/dl Tech:Molydate/Cobas311 SERUM ALBUMIN 3.5 * gm/dl Tech:BCG/Cobas 311 Sample Booking Time 13:10:29 TEST REPORT 07/07/2011 17:16 Name Mst. MALAY NEGI Age 8 Yrs Sex CLINICAL PATHOLOGY URINALYSIS URE PHYSICAL EXAMINATION COLOUR WATERY CLEAR VOLUME 35 mL URE CHEMICAL EXAMINATION SPECIFIC GRAVITY 1010 PH 6.0 NITRITE NEGATIVE PROTEIN ++ GLUCOSE NEGATIVE KETONE NEGATIVE UROBILINOGEN NEGATIVE BILIRUBIN NEGATIVE URE MICROSCOPY EXAMINATION PUS CELLS NIL /HPF EPITHELIAL CELLS NIL /HPF RBCs NIL /HPF CASTS NIL CRYSTALS NIL OTHERS NIL My child is suffering from Hydronephrosis since last year and his left kidney functioning 72% and right kidney 22 % by DMSA scan on August 2010 report.

Hi I have seen your child reports. The CBC is almost normal. Kidney function test suggestive of deranged kidney function and urine report suggestive of protein loss. As you already told about DMS scan function that was low. These all report suggest kidney disease. In this age, you have to investigate for etiology. Do ANA, Bag, CV, HIV. After then C3 level. Then go for kidney biopsy. Once cause is found then treat according to that. Meanwhile you have to watch for Urine output, Oral intake, swelling of body, serum potassium level and increasing pattern of urea and creatinine. If anything go wrong and patient became breathless or swelled then go for dialysis. Thank you

1.1.0 and total is 2.5 . I have lose my weight and now i am on ayurveda medicine . Tell me is indirect bilirubin will go in how much time ,but in april my indirect bilirubin was less but now it is more why . My second problem ,my hands and legs go cold why

Hi, Thanks for writing in. A mild increase of indirect bilirubin is nothing to worry. It is often seen with what is known as Gilbert's syn . With this disease there is often fluctuation of bilirubin which is

often normal. Please avoid any medications which can potentially damage the liver without consulting a physician or a gastroenterologist first. Also, please let me know the report of the complete liver function test (Including SGPT, GOT and ALP levels). Please get it done if you have not got it done already. Hope I have answered your query. If you have any further questions I will be happy to help Regards

1.1.0 cm AP, causing mild deformity of the thecal sac and mass effect on the traversing left S1 nerve root. There is no significant foraminal narrowing. IMPRESSION: Large left paracentral/subarticular disc protrusion, which causes mass effect upon the left S1traversing nerve root. Thank you!

Hi Thanks for posting this question in. Basically you have pain which may suggest nerve root compression. I also don't know your age and sex. Pain related to nerve root compression may improve with medicines like Gabapentin, pregabalin, Duloxetine etc. Please try these medicines after discussing with your neurologist. You basically need a detailed clinical evaluation by a neurologist who will determine if you have any deficits or not. If there are deficits and pain are still persisting, surgical treatment will be another option. Please get examined by a local neurologist and in the meantime you can discuss with him regarding the medicines that I have suggested Hope this clarifies

1.1.0 Debris - +1

1.2 million/ml- Low, normal concentration should be at least 20 million/ml of total sperm count: 16.8 million-Low, normally it should be at least 40 million/motility: 18 % out of which only 8% show progressive motility and 10 % show non-progressive motility, normally 50% sperms should show progressive rapid motilityMorphology: Normal- At least 50% sperms should show normal morphology1 immature cell and few rounded cells are a normal finding Interpretation of the semen report is that the sperm count is low and motility of the sperms is also low. These findings can lead to infertility. Thanks and take care .

1.1.0 E.U /dl - Manual-microscopy SEDIMENT (URINE) PUS CELS 2-3 / HPF RBC NIL / HPF EPITHELIAL CELS 1-2 / HPF CAST NIL / HPF CRYSTALS NIL / HPF OTHERS (URINE) - - * End OfReport * Director-Central Laboratory Services Dr.Uma sekar M.D,CP Dr.Feb Renjitha Suman M.D ADITONAL PROFESOR All investigations have their limitations which are imposed by the limits of sensitivity and specificity of individual assays/procedures as well as the quality of the specimen received by laboratory.Isolated laboratory investigation this is my son 5 yrs old his report kindly inform that he is having any infection or not

Hello dear, Apart from 2-3 pus cells, the report is normal. But, whether this is significant or not, depends on the clinical condition of the child. If symptoms like fever, frequency, urgency, burning on urination etc. are present, this needs to be treated with antibiotics. Your doctor will guide you. You may be asked for a urine culture test. Hope this answer might help. Thank you.

1.1.0 g/dL

Platelet Count 215,000/mm³

Mean corpuscular volume (MCV) 82 fL

Red cell distribution width (RDW) 10.5%

Which is the best next diagnostic test in this patient?

Reticulocyte count

be sure that we are not dealing with plasma cell disorder.

1.1.0 mg/dL SGOT (AST), serum by Enzymatic method 90 Upto 35 IU/Lt SGPT (ALT), serum by Enzymatic Method 207 30 - 65 U/Lt Alkaline Phosphatase ,serum by pNPP-kinetic 49 Adult Male : 20 - 130 IU/Lt Protein (total), serum by Biuret method 7.12 6.4 to 8.2 gm/dL Albumin, serum by Bromocresol purple method 3.99 3.2 to 4.5 gm/dL Globulin, serum by calculation 3.13 2.3 - 3.5 gm/dL can anyone tell me what result of LFT conveys?

H From the report, it is obvious that there is high GOT and SGPT level. Except those all are within normal limit. Isolated increase of these two enzymes indicates presence of hepatocellular injury. Now, this injury may be due to chronic alcohol intake or may be due to obstruction of the bile output. So, you should do an ultrasound scan of whole abdomen to rule out any other possibility. In the meantime, you should avoid alcohol intake, and oily, spicy food. Take some liver protecting enzymes. Regards.

1.1.0 mg/dL the day before. Which is most likely expected on urinary analysis?

Leukocyte esterase positive

1.1.0 million/ml Motility Active 20% Remark : Severe Oligospermia. I want medicine for increase my sperm count.

HelloThanks for your query, based on the facts that you have posted it appears that you have severe Oligospermia. Truly speaking there are so many . Following measure will help you to boost up your confidence and help to increase sperm count to some extent. Practice regular exercise for 45 minutes followed by meditation for 1/2 an hour in the morning.2) Take high protein diet rich in vegetables and fruits and vitamin A, C,D, E.and Zinc3)Take anti oxidants like Almonds 5-6 every day.4) Avoid alcohol and smoking.

1.1.0 millions/ml,the Sperm Progression, Rapid linear (sperm swimming fast in straight line) is 40%,Morphology or the shape of the sperm, Normal forms .

1.1.0 millions/ml means out of 21 million sperms, 11 million sperms are motile, that is more than 50% of the sperms are motile. The results of your semen analysis shows a very many normal values except that sperm progression should be >50%,which in your case is 40%. Hope you are happy with the answer. Thank you.

1.1.0 mmol/LSerum LDL is 3.8 mmol/LThe doctor say there is no need of medication and wanted me to control through diet and exercise. Please advice.

As a general rule the fats derived from animals should be avoided while those derived from plant sources be consumed for maintaining a healthy heart. You can use edible oils in cooking rich in omega 3 fatty acids like canola oil, sunflower oil. A portion of . Avoid butter, creams, and bakery items. Maintain a healthy daily aerobic exercise for 20Â mins at least for 6 days per week. Finally, check your lipid profile after a month, Hopefully it will show improvement. Best regards.

1.1.0 ok or should we take her to the ER considering the possibility of strep throat?

Hi, By what you quote I feel that your kid might be having a viral sore throat or a streptococcal infection. I suggest you see your pediatrician and get a rapid streptococcal antigen test done. If it is positive then she will require antibiotics. If it is negative then it might be viral illness and doesn't require antibiotics at all. Cough and cold are viral 95% of the times in. For cold, you can use anti-allergics like Cetirizine and for nose block, saline nasal decongestants will do. Paracetamol can be given every 4-6th hourly, that too only if fever is more than 100F. I suggest not using combination medicines for fever, especially with Paracetamol. Hope I have answered your query. Let me know if I can assist you further.

1.1.0 Prostate specific antigen 0.98.Pl. give me your advice.Thank you.

The average weight of prostate is 11 gm (7-16 gm or cc) according to few books. In your case, you

are right, moderately enlarged prostate. Mild retention or urine is there (3.5 cc). Serum creatinine level is very good. Average flow rate is mildly slow, but this may be due to age factor. In my opinion the cause of concern is speck of calcification. Prostate specific antigen is very good in your case, this is not a cause of concern, rather favorable. Get in one more opinion from a urologist. Good luck.

1.1.0 sclerotic focus on the posterior thoracic vertebra I should add I was am a ovarian cancer survivor 2013 and kidney cancer clear cell 2014 Curious what this could be Lung X-ray was clear I have horrible back. 71 years old female

Sclerosis in medicine is term applied to the structure that is changing the tissue with normal one or replaces with abnormal tissue which makes the organ or structure stiff, (Sclerotic is the adjective of sclerosis) in your case it is the vertebra that is being changed with abnormal tissue which might have made the vertebra structure stiff. (Sclerosis mostly happening due to the inflammatory process) Hope I have answered your query. Let me know if I can assist you further.

Input	Output
1.1.0 serum total bilirubin 0.6mg/dlserum direct billirubin(diazo method) 0.1mg/dIAST 163U/LALT 188U/L GGT 87U/LPNP-AMP 160U/Li have no symtom .i m perfectly ok now.so what can do please help me out	Hi . Thank you for your query. These are significantly elevated liver function tests and right cause should be found. These calculi could because of it because it might be a reason for temporary obstruction of biliary ducts. So you'll probably need cholecystectomy in the future. Other diseases such as fatty liver or viral or alcoholic hepatitis should be considered too so further testing is necessary. Wish you good health. Regards
1.1.0 SGPT (ALT)-----25 THIS IS MY BODY RESULT	Hi, dear. I have gone through your question. Your hemoglobin, total WBC count and differential count are almost normal. Your platelet count is at low normal range. Your ESR is slightly high. You may have mild infection. No need to big worry. Just take treatment according to your doctors' advice. You will be cured within 2-3 days. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.
1.1.0 to 5.5. What does this indicate? I have read all the horrible possibilities. Is it possible these are indicative of something not serious?	Hello. Your CBC report is suggestive of lymphocytosis (attachment removed to protect patient identity). The common cause for lymphocytosis is viral infection. The enlarged lymph node could be due to that. Now, your enlarged node return to normal size as per history, so suggestive of infective etiology. You might be feared about leukemia like condition. But in blood cancer, total count is very much high like more than 50000. So, it is not suggestive of blood cancer. However, if you have persistent lymphocytosis, then it is advisable to investigate with peripheral smear examination report for further work up. It will be able to help in identifying any abnormal cells, if present like atypical lymphocytes, blast, etc. You can consult your pediatrician for detailed physical examination.
1.1.0. all other values normal. i am male 78 years,indian. i have no symptoms at present. what are the likely causes and .remedies.	Hi, You are asymptomatic and undergone laparoscopic cholecystectomy 6 months back. These liver function test show high level of alkaline phosphatase 435 and GGTP 528 and other enzymes are borderline raised. Indicative of homeostasis you should get a fresh ultrasonography of abdomen and visit the surgeon and Physician for proper treatment which depends on cause.GTP (gamma-glutamyl transpeptidase) could also indicate alcoholic injury to liver so by chance if alcohol use is there please stop. Many cases of minor injury to the common bile duct can be managed non-surgically. Please take care. Good Luck. . D.
1.1.0) with no symptoms felt by me. doctor concluded Hypertensive Nephropathy,stable. No change to the status till now. This year , another Dr suggested Thyroid tests too,and I was found to have sub clinical Hypothyroidism with Tsh at 16.5 (max 4.5).I was put on thyroxine 25 mg and after 3 months Tse down to 8.0. the dr is probably planning increase the dosage by 12.5 mg to further bring Tsh to a normal range. My doubt is whether this aggressive treatment to bring down will affect my Kidneys adversely or is it going to be good for my kidneys under the circumstance of my being a CKD patient ?	HAs a urologist, I can understand your anxiety. Hypothyroidism doesn't affect the kidneys or its function. Thyroxine dosage is very safe in any strength for the kidneys. But till the TSH is normal, till need to be increased gradually. Your creatinine is borderline normal. You should keep your BP normal. Check it regularly. Hope I have answered your query. Let me know if I can assist you

further.

1.1.0). What is going on?

Hi and Thanks for the query. Well nothing serious is going on, this is just abnormal hbsc scan which is seen commonly and it indicates that there is some gallbladder functional problem. It can be symptomatic if you have pain after meal and abdominal cramps. Or it can be asymptomatic and then it doesn't require any treatment. Treatment is surgical cholecystectomy. Wish you good health. Regards

1.1.0%

Platelet count: 250,000/mm³

Leucocytes: 12,900/mm³ 13% cytoplasmic droplets :2.0% fructose : 258 mg/dl Impression
No evidence of SPERMIA by analysing the above readings can you please tell me whether my
Sperm count quantity are good enough to father a child ? And please tell me what means in
Sperm motility
Sperm morphology (head to head), and (tail to tail) ?

Eosinophil: 1%

Basophil: 0%

Which cell surface markers is bound by the pathogen responsible for this patient's condition?

CD21

Hi am Look, your semen analysis report indicates normal sperm count (normal is > 15 ml as per WHO 2010). The motility is lower than normal limit (as per WHO 2010, grade a should be >25% or all total >50%). The Normal sperm count is also within normal limit (as per WHO 2010, normal sperm should be > 04%). The pus cells, RBC's are within normal limit.(as per WHO 2010, normal semen should not contain any pus cells or RBC's). So, overall, your report indicates just low sperm motility. For this you can take vitamin E and coenzyme q. As you have high sperm count, I think there will not be any problem. So, do not worry. Regards.

1.1.0Å°F), and respiratory rate 16/min. On physical examination, her left leg shows marked tenderness and warmth compared with her right leg. The left inguinal lymph node is enlarged to 3 x 3 cm. Which chemical mediators is the most likely cause of the woman's fever?

PGE2

1.1.0Å°F), and respiratory rate is 16/min. On physical examination, there is tenderness and warmth compared with his normal leg. Dorsalis pedis pulses are present on both of the ankles. What is the most likely cause of the right shift of the hemoglobin dissociation curve for his condition?

Increase in temperature

1.1.00 ?

1.Urine routine, culture, and ACR.2. Blood routine, creatinine,RBS, LFT,PSA, and platelets.3. Ultrasound-KUB, with residual urine, and a THUS. According to the reports, treatment can be advised. If you've any doubts, send the reports to me, as a direct question. Hope I have answered your query. Let me know if I can assist you further.

1.1.00 mg/dL (| HDL Cholesterol 35.00 mg/dL (40.00 - 60.00) || LDL Cholesterol 119.80 mg/dL (| VLDL Cholesterol 36.20 mg/dL (| Non HDL Cholesterol 156.00 mgKindly suggest the reason for high CRP

So you are having high blood pressure and cholesterol, also diabetic so at higher for heart disease. Do u have any chest pain or heaviness especially on exertion.CRP can be elevated in any inflammation like viral illness or any infection. But if no other infection or disease is there then it points towards heart disease so if u have any chest pain or even if not you can get your stress test done. Also take proper medicine for sugar, cholesterol, blood pressure. Avoid addiction and healthy lifestyle, regular exercises.

1.1.00 mg/dl. Does he have jaundice?? Why is his feet and ankles (both feet) swelling so much? the swelling is painless

Hi, Thanks for posting your query. K and I am pleased to assist you. The bilirubin levels are well within normal limits only. So your father is not having any jaundice. As far as the leg swelling is

considered, there are a number of different conditions which can cause it - which include heart disease, liver disease, kidney disease, varicose veins etc. These conditions cause painless swelling. You can discuss with his doctor about these possibilities. I hope that answers your question. Regards.

1.1.00 mmCRL 60 mm 0.64 MoM
Gestational age by CRL 12+2
Nasal bone present
Gestational age on the day of serum taking 12+2
Risk at term: Biochem. risk +NT 1:356 (below cut off).
Double test >1:50 (above cut off).
Age risk 1:1515.
Trisomy 13/18 +NT.

Hello. To explain you the report in plain language, first of all, let me tell you that the dual marker test is just a screening test for Down's syn . So, the test involves calculation of the risk of carrying a Down's syn Take care.

1.1.003

<p>The patient is admitted to the floor, a water deprivation test is performed, and his urine studies are repeated daily. The weight, which is not decreased by this, but the highest I have seen it was three years ago when it was at .53 (total bilirubin). However, during the last month, I went from 282 lbs to 265. I have been extremely stressed out about it. Health problems and my anxiety are high. I barely slept the night before the tests and am possibly dehydrated. Could these factors have contributed to the increase? I am concerned about bile duct obstruction.</p>
--

Administer desmopressin

Hello. Since this question was posted under diabetology, I am wondering if you have any endocrine issues. The question asked here is about gastroenterology. The liver tests would be concerning for a liver process like gallstone if the enzymes were not coming back down or if you had pain in your right abdomen. Any fever? Dehy . It is important to have a follow up with your GP. You can also run the query through a gastroenterologist on .

1.1.00pm and sleep till 5.00. what could be the problem and how can i help it?

Hi there ~ What you describe to me is a typical circadian rhythm (day nighttime table) sleep problem. It is quite possible that you feel sleepy after meals as is normally the case. However, sleeping late like in your case and waking up early may result in fewer hours of total sleep time which may result in daytime sleepiness. It is also quite possible that you may be able to undo this by sleeping early and waking up at the same time. You would just need to put behind all those things you were doing closer to bedtime to an earlier time and start winding down early to go to bed. If this, and relaxation while trying to sleep are still not helping, you may need to consult a doctor. I hope this helped. Take care.

1.1.01 Otherwise I am very healthy Chloesterol 164 low blood pressure 5 7 137 pounds age 54
and very upset about this. Any thoughts?

Hi and thank you for your query. You just need to wait and follow hepatic diet till LFT stabilize. Avoid alcohol, fat food and hematologic . This is not some serious bilirubin elevation, and it should be corrected spontaneously in 4-6 weeks after you stop Copaxone. Also, if you don't have symptoms you don't have to be concerned. You don't need to treat laboratory findings. Wish you good health. Regards.

1.1.010protein : present (+)sugar : nilMICROSCOPIC EXAMINATION :Pus cells : plentyR.B.C
10-15/hpfeepithelial cells: 2-3 /HPFCASTS: NILCRYSTALS nil now she takes only
liquid diet and nothing else. of course she is too hungry and asked everything. PLS SUJGEST ME
WHAT IS THE ACTUAL PROBLEM

Hi, Apart from asthma, what reports you have attached is indicative severe urinary tract infection (urine reports showing plenty of pus cells) and either her right kidney has shrunk or dysmorphic or removed if she had undergone neurectomy. Anyway, she needs to be detailed medical history and

thoroughly clinical examination by a urologist to get ruled out any other kidney pathology. She should continue her regular asthma treatment and might require antibiotics (quinolones specially levofloxacin in high dose or amoxicillin with clavulanic acid) to combat urinary infection completely with other symptomatic treatment. So, better take her to urologist immediately.

1.1.020, Sugar(-), Protein Trace, Epithelial cells MANY, Mucus Thread MODERATE, Bacteria FEW, RBC 0-3, PUS CELLS 15-20, Urates FEW.Thanks RADZ 37y.o., female from philippines

Hi! ! I can understand your problem, nothing to worry! As per the laboratory shown in your question, you have infection of urinary tract. Do you get fever, backache, or burning sensation while passing urine? Take Ciprofloxacin tablets 500 mg twice daily for 7-14 days. If you have fever, you can Paracetamol tablets 500 mg 3-4 times daily till fever subsides.Besides, you should take the lot of oral fluids, juice etc. to maintain a good urine output. Take care!

Input	Output
1.1.021	
Glucose None	Admit for IV antibiotic therapy
Ketones None	
Nitro 26 Positive	Pyelonephritis
Glucose None	
Alkaline Phosphate Positive	
Bilirubin Negative	
Glucose None mg/dL	
Alkaline Phosphate Positive	Admit to hospital for percutaneous nephrostomy and IV antibiotics
Bilirubin Negative	
Urea 16 mg/dL Positive	<p>Hi, dear. I have gone through your question. You have polyp and ulcers in your colon that leads to chronic blood loss. It leads to iron deficiency anemia and low ferritin level. You should go for surgery of your polyp and take treatment of your ulcer. Once the blood loss will stop. Your anemia and ferritin level will increase. You can also take oral or injectable iron to improve ferritin level.</p> <p>Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
Bilirubin Negative	
Bilirubin and renal activities are pending. Which is the best next step in the management of this	
Protein Urine	
Bilirubin Negative	<p>Hi, dear. I have gone through your question. You have polyp and ulcers in your colon that leads to chronic blood loss. It leads to iron deficiency anemia and low ferritin level. You should go for surgery of your polyp and take treatment of your ulcer. Once the blood loss will stop. Your anemia and ferritin level will increase. You can also take oral or injectable iron to improve ferritin level.</p> <p>Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
WBC 8,200	
WBC 8,200	
WBC 8,200	
Bacteria Many	<p>Hi, Thanks for writing in. Uditiv is not the medication of choice for fatty liver. The best combination would be sorbitol, trampoline citrate and orbiting for a period of 6 months. This will help reduce or normalize the liver function tests. To rule out a hemolytic anemia you need to undergo proper clinical examination and hematological work up including peripheral smear and bone marrow studies. Regards</p>
A 403 Direct Bilirubin 36.4	
the unetrop Alipjeseotomy/Teenist blood reports says Hydatid cysts 2/2 height kidney. Bilubin is	
One of the 2025 Abiratham 20 year patient have reduced my weight from 70 kg to 65 kg in last three	
months. My Physician suspects that the cause of higher bilirubin is Hemolytic Anemia and prescribed same medicine with Iron supplement for another three months and ask for blood test for Hemolytic Anemia. Please advise. My height is 172.2 c.m XXXXXkolkata	

1.1.05,Left ovr VOL 10.95 and Endometrium thickness is 4mm) i am trying to get pregnant doctor give me medicine(m2tone, thyronorm 25mcg) for my thyroid and ovary problem and for regular perioD,NOW IM TAKING AYURVEDIC MEDICINES ONLY(KUMARI ASAVE NO.1,KANCHNAR GUGGULU, PUSHPADHANVA RAS) AND (thyronorm 25mcg IN MORNING),M NOT TAKING ANY OTHER MEDICINE.IS THIS HELPFUL?WITH THESE PROBLEM CAN I GET PREGNANT?HOW LONG IT WILL TAKE?its not a chronic problem,im taking medicine from 6month.thanks.

Dear Sushi, Ayurveda certainly help you but like to share Ayurveda is pure science as other if your doctor able to diagnose your problem exactly. Able to treat you. Stop Anchor juggle. Don't take any medication or other food product after Thermoform. Only after 45 mint you can take. Need to know about ovulation/any associated problem like swelling/blockage in fallopian tube. Husband - Semen analysis. Rods

1.1.06 i had a mitral valve replace a ticker and when i walk a good distant i get sick and vomits and sweat out of control

1.1.Bleeding from different sites such as gum, nose, per rectum etc2.fatigue, respiratory distress and dizziness.3.sweating, vomiting etc. so, as per the recommendation your dose of CANTON should be increased, so that the INR lies between 2.5 to 3.5,following that your problems will get automatically sorted out. Hope I have answered your query. Stay fit, good luck.

<p>1.1.06 mg/dl2.ALT : 252.3 U/L3.AST :93.0 U/L4.LDL cholesterol : 139.14 mg/dl5.Cholesterol HDL ratio : 6.54 Doctor has suggested him to take ursocol 300 & omeprazole .& instructed for more blood test which are liver related.his sugar level was also hiked in the report.(first time observed high sugar level) . he is only 29 yrs old.suggest me pls. i m very much worried.</p>	<p>Hi The most common causes for fatty liver and high AST SND ALT are alcohol consumption, however in absense of alcohol consumption other reasons which are important are high cholesterol, consumption of more sugar and diabetes. In your case, probably high cholesterol and diabetes are responsible for your fatty liver and high liver enzymes. There is a lot of controversy regarding the medication as many gastroenterologists feel that medicines like PROTOCOL have no use. The best and ideal treatment is quit alcohol, if any, control your cholesterol and blood sugar levels, do regular exercises and shed your weight. Get your liver enzymes tested after 3 months. Most likely you should be all right. In case, you don't find improvement, consult a gastroenterologist and get yourself tested comprehensively. Thanks</p>
<p>1.1.070</p> <p>Proteins (++)</p> <p>Glucose (+++)</p> <p>Nitrofurantoin[reference range <0.1ug/ml]now a days iam getting pain and swelling in the right side of Microscopy and that lead to my shoulder and backiam taking elctroxin 150mcg please advice me Renal blood tests</p> <p>White blood cells none</p> <p>Hyaline casts few</p> <p>A bedside renal ultrasound revealed enlarged kidneys bilaterally without hydronephrosis. Which kidney-related test should be ordered next?</p>	<p>No further renal tests are required</p> <p>Hello dear, I can understand your situation and problem. Your pain is mostly due to fibrosis seen after thyroid surgery. Thyroid surgery once healed, produce fibrosis in neck. And this can give pain in neck. So take painkiller for this. Swelling in the neck is mostly due to lymphatic spread of papillary thyroid cancer. So better to get done CT neck to rule out metastatic involvement of lymph nodes. If they are metastatic then you may need further chemotherapy and radiotherapy. So better to consult oncologist and discuss all these.</p>
<p>1.1.09 CA= L 86 ALB= L 3.0 NA= L 131 mmo/c.(H=high L=low). After all that.no energy what so ever!! I took all antibiotic and still am losing weight/no appetite & trying to force fluids. I m 5 10 & now 123lbs. It s been just over a week since last went in. I m 50 yrs old. Do blood results look just alright? Pnemonia should be gone. If so, how long to recover. 6-7 weeks in bed is no good. Should I go back again. I m tired of this-just want another opinion on what more I can do. Thank u and sorry for the novel. Coleen</p>	<p>Chest x-ray repeat.2. CT thorax if needed.3. Sputum culture and sensitivity4. Sputum examination for AFB. Repeat chest x-ray is needed to rule out position of your pneumonia, means it is decreasing or static or worsening. CT thorax will be more informative if x-ray is inconclusive. Since you are having ongoing weight loss, tuberculosis must be rule out as a cause for your pneumonia. Ideal way to treat pneumonia is by isolating the causative organism and start appropriate antibiotics according to sensitivity report. This will avoid haphazard use of antibiotic and prevent . So better to first consult pulmonologist and discuss all these.</p>
<p>1.1.09 over a period of 2 years , i have high blood pressure and am taking telma 20 mg 2twice a day . also i used to take olmesartan med and seleoken xl 25-(seleoken used to give me a very bad feeling in my heart) i dont have lupus or ra, i am just 25 i need to know what may be the factor casuing my high blood pressure , in my recent report for the first time i have seen calcium oxalate crystals , but i need to know what are the possible causes of high blood pressure and the kidney failure which is taking place and what can i do to stop it , like a permanant cure without medicines , is renal denervation an option which i should consider,</p>	<p>1.09 (?mg/DL), so please donor panic. I am glad that you are rightly concerned about your health.</p> <p>The oxalate crystals are probably nothing to worry about, and renal enervation is reserved for</p>

people with resistant essential hypertension (i.e. all secondary causes ruled out and BP not controlled on at least 3 antihypertensives). Although you have not given me much information of the tests carried out till date, I suspect you have not been investigated completely. You can get back to me with the results of all tests done till date either here or on my website (docrambhat.com) and I will be able to advice you further. Best wishes. RB

1.1.09.Looking at the high or low pieces one by one is troubling from my online research. However, I do not know how to look at the whole picture of the lab results to understand what is going on. I listed every result I was given. Please suggest.I knew my hormones were off as I have been feeling extremely depressed lately. I had postpartum depression when I had my two children and experienced post partum depression, which is the same as I am feeling now. So I knew I had a hormone issue.

I do understand that your blood levels of both male and female hormones are elevated but most likely they are due to exogenous consumption. I was wondering as to why were you taking these hormones?

1.1.09SGOT - 48SGPT -60Serum Alkaline Phosphatase - 72.7I am non drinker person. Kindly tell me cause of above abnormalities and advice

Hi. Thanks for posting query at . Usually ALT or AST values higher than two times the upper normal limit, is considered abnormal (in some countries, ALT or AST values of more than 100 are considered abnormal). Value of AST or ALT greater than 85 or above maybe investigated further. Viral hepatitis (HAD, HBV, HCV) are common cause of elevated liver enzymes. Typhoid fever may also affect liver and cause high liver enzymes. Advice :- abstinence from Alcohol - LOW fat diet should be followed, AVOID junk food and beverages-decreased oil consumption (oily food)- NO red meat-green vegetables should be ingested daily-use lemon juice (lemonade) once in a day-reduce weight if overweight/obese-recheck liver enzymes after 6 to 8 weeks and/or ultrasound. Any further questions are welcomed. Hope to answer your concern. Wish you good health. Regards, .

1.1.0I just want to know what we should do as my report shows normal.Can i be a mother or not.Please advise us what to do.

Hello dairy understand your concerns have undergone through semen analysis. Sperm count is very lower motility is also morphology is normal is it difficult to become pregnant with this sperm parameter. I would suggest consulting urologist and undergo color Doppler USG scan, semen culture, urine tests to confirm causeSpecific treatment depend on cause Hope this may help noncontact further if follow up needed Best regards

1.1.1	Positive VDRL
Which is associated with this patient's infertility?	
Aerobic and anaerobic blood cultures are taken and empiric antibiotics are started. A lumbar puncture is performed. Which cerebrospinal fluid (CSF) findings are expected in this patient?	CSF: WBC 8,500 cells/mm ³ , neutrophil predominant, protein 112 mg/dL, glucose 15 mg/dL
1.1.1	Metalloproteinase-mediated protein degradation
Bleeding time: 9 minutes	
1.1.1 but uric acid is 7.7 iam also taking cholesterol lowering &anti hypertensive drugs my dr has prescribed big 40mg daily but i am not able to take it because of the side effects i have only one kidney	
working aboyt 55% advise	Hi, dairy have gone through your question. You have only one kidney. Your serum creatinine level is ok. But your uric acid level is slightly high. You should take . It will help to excrete uric acid. There is no harm in that. Avoid high protein diet. Because it increases the uric acid level. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very

	good health.
1.1.1 cm cholelithiasis without evidence of cholecystitis fat-containg paraumbilical hernia. What does all this mean? very concerned	Presence of stones in the gall bladder is called as cholelithiasis.2. Cholecystitis is inflammation of gallbladder. 3. At present, even though stones are present, no damage or inflammation of gallbladder is noted. No emergency surgery is necessary for management of gall stones.4. Also, small periumbilical hernia, with fat tissue seeping out is seen. Not to be concerned about. Meet your surgeon for gall stones removal and hernia management. Hope it helps. Any further queries, happy to help again.

Input	Output
1.1.1-34%), and reticulocyte index 3.6%. Peripheral blood smear shows red blood cells with a lack of central pallor. This patient would most likely develop which conditions?	Gallstones

1.1.1,Unconjugated Bilirubin-0.6,Urine colour is chocolate brown.Am I having some type of Hepatitis?	Hi dear thanks for asking question. Yes your liver enzymes are increased. You should consult doctor. First here hepatocellular jaundice by viral hepatitis has to be ruled out. Alcohol and prolong . . As your urine is brown color hemolytic jaundice should rule out by serum LDH, urine urobilinogen, relic count etc . Rest your liver by taking less fatty diet. Take papaya like fruits more. Licorice with honey good herbal remedy. Take care.
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1.1.Bone marrow biopsy shows hypocellular marrow with fatty tissue. What is the most likely diagnosis?	Aplastic anemia
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1.1.Chemo port inserted at the left side, she is suffering from pain in the back and stomach hb% 8.2 how to get relief	Hi, Thanks for writing in. Sorry to know about your wife who is suffering from cancer head of pancreas. Cancer is a challenging condition to treat, and we must try to treat it as much possible and at the same time providing pain relief and avoiding discomfort to the patient. It appears that her general condition is slightly below normal, and she can be helped with improvement in her diet. It is usual for patients not to have an appetite and in that case please provide her foods that she likes and will help in weight gain. Once general condition improves then doctors might be in a position to give chemotherapy. For the pain you must discuss with a pain management team, and they can suggest powerful pain relief medicines to be taken when the pain is more. She does not need to take the medicines all the time but can take certain medicines like opioids when the pain is severe. Please do not worry.
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1.1.do I need to go for chemo or PET scan? it is not available in Sri Lanka. how can I do it at Adaiyar cancer hospital. pl guide.	Hi, Thanks for writing in. You have a large incision hernia of the bowel probably through the laparotomy area. This is important to be repaired surgically and if required with the insertion of a wire mesh to contain the bowel and prevent hernia. Your CA 125 is constantly increasing as seen in the last two reports. Doing a PET scan is important to know if there is any hidden suspicious cancer activity that is not visible on the CT scan. PET scan shows areas with high glucose metabolism and this usually refers to areas where there is increase cell multiplication like a cancer. Chemotherapy can be started after PET scan confirms any cancer activity. Please do not worry.
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1.1.Doctor said my conception date is May-20-2010. But I am scared to death that is there any chance that my cousin is father of the baby? Because If it is not my husband. I have no option other than crying for rest of my life. Pls suggest	Hi, Thanks for the query. I have read & understood your concern. Usually conception is around ovulation day which is about 14 days prior to next menses date. If you have a regular menstrual cycle of 28. 30 days it would be around 14- 16th of April. Your last menses were in March, so you conceived in March only. Now, if you have a 30 days cycle. More likely to be cousin to be the father. But if it s28 days & you had sex with your husband on 12th to 17th of April . Your husband is the father. * Confirmed paternity would be only by DNA testing of the child & both the persons. Thanks,
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1.1.He has been supplementing with iodine at 12.5 mg to increase energy levels. He has another scan on July 30th and is taking Cytomel for 4 weeks now, then stops that for 2 weeks prior to the scan. Last 5 days before the scan he has to avoid iodine containing foods. Should he stop the iodine supplements now? Could this affect his blood tests adversely?	Hi and welcome. I am concerned about the iodine supplementation as iodine is not indicated in this type of thyroid disorder and is already affecting the labs. The TSH is again too low. I would advise iodine restriction, supplementation with selenium is often recommended as is a low gluten diet. Because this type of thyroid disorder is usually autoimmune based, identifying offending triggers is where nutrition comes in. Studies show excess iodine and gluten to be the most common triggers. Good Day! Kathy Shatter, MS, RD
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1.1.Hips: superior acetabular osteophyte. Small sclerotic focus, right intertrochanteric region. Mild degenerative changes at the hips. note: calcium deposit caused stress fracture in 1990. Will this just get worse or should I start thinking of partial disability. PT. 55yo male works construction. Injuries were between 1980-82 while in military. Unemployed at this time. Pain in hips moderate to extreme x20+ years now. Back off and on since 1982.	Hi what you have is lumbar spondylitis. Osteophytes are small bony growths in the spine that develop as part of spondylitis. Retrolisthesis is the spinal matter prolapsing backwards, sclerosis means hardening of the spinal soft tissues. Generally all this points to degenerative changes probably set off by the fracture you sustained. Yes construction work can worsen the problem. And you can consider partial disability. Regards
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1.1.I also had fatigue and brain fog, which I do not have now. I feel this pressure or tension around my ears, nose, head and throat. I feel my jaw and upper throat tense, had nightmares, irascible and emotionally unstable. It all started rather suddenly. Can it be thyroid related? It is my only known health issue. I do not feel sick and I do not have fever too. But, this sensation in my head and throat annoys me and makes me very anxious. Could it be related to my FT4 going too low? And why is my TSH still suppressed? Why should not it rise with this FT4? Are the TRAb antibodies keeping it suppressed? I will now half my Methimazole dosage to 7.5 mg per day for another three weeks and test again. Does this sound right? Do you have any other advice for me with these symptoms and test results? Please let me know if you need any more information. Thank you so much.	You have written a very detailed and engrossing history. Well done! Revert back with the answers for the above questions to an endocrinologist online
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1.1.I have been participating sex by using condom. My children were also HBs ag negative.(HBS ab not tested so far) They were vaccinated after their birth . I am worried about while treatment, is the virus activated? if so, the virus harm my liver? (my previous SGPT-18 IU/L). I heard that hbv trasmitted through sweat, is it true?	Dear PonduruYour being positive for HBO is sufficient to call for proper care in diet and regular medicine. The way have explained your condition I believe homeopathic remedy has not offered the desired results, either it calls for re selection of medicine or you should look for other alternatives. Ayurveda offers good help in such cases There are some . Tab. Ironic and SY lion for the baseline treatment. I also use punarnava star in such cases. You can take your decision.
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1.1.I want to know if these parameters are good.	Hello and The useful information that I could get from what you have posted that you have got your semen analysis done on two occasions. On both the occasions, total volume of semen was low (Normal volume per ejaculate is at least 2 ml)Sperm count is also low on both occasions. Normal sperm count is at least 20 million per ml or 40 million per ejaculate. Sperm motility is also low on both occasions, 20% and 13%. Normally, at least 50% sperms should show progressive rapid
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forward movement. Low sperm counts and low sperm motility leads to infertility. Take care .

1.1.Is there anything that can be done to revive her. please let me know urgently. Thank you.

Hello Your mother sustained a heart attack, and she was given blood thinning medication to break the clot which caused the heart attack. After a heart attack, the heart muscle gets damaged. This leads to irritability of heart muscle and hence it starts producing extra beats leading to ventricular tachycardia in some patients. Also, as the heart muscle gets damaged, the pumping function of heart also decreases leading to decreased blood supply to vital organs and fluid congestion in the lungs. This decreased pumping function along with ventricular tachycardia causes complications. Patients can go on the ventilator and need medication support for LOW BP. I assume your mother is suffering from above issues and hence is in life support. She should be on two blood thinning medications, diuretics (water pill), cholesterol lowering medications (statins), anticoagulants like heparin or clean, . The ventilatory support must be continued till she starts breathing on herself and lung congestion gets better. The other life support medications also are continued to her body responds well. The prognosis is guarded since she is requiring life support. They may also suggest an angiography and angioplasty to evaluate and treat blockages in the heart. Wishing her good health. Regards

1.1.MRI - LUMBO--SACRAL SPINE : MRI L.S.SPINE SUGGESTIVE OF :- APPARANTLY NORMAL MRI STUDY OF L-S SPINE & NO SPINAL CANAL STENOSIS 2. MRI- BOTH HIPS & PELVIS : MRI BOTH HIPS SUGGESTIVE OF :- RIGHT INF. LABRAL TEAR WITH GREATER TROCHANTERIC BURSITIS. After the above result of MRI scan, Dr. NCM advised for further rest with some medicines and advised to consult a doctor with Orthopaedic - Paediatrics specialization. We could find that Dr. Debabrata Padhy of Apollo Hospital,Bhubaneswar is a specialist in Orthopadics-Padiatrics. Immediately we consulted him and took my daughter to Dr.Padhy. Dr. Padhy scrutinized all the X-ray , Digital X-ray and MRI Scan reports very carefully. He physically checked the patient too. Then he advised complete skin traction for 24 hours for 15 days with some medicines. Then we put the patient in 24 hour skin traction for 15 days/20 days. After the skin traction was opened we could see a dramatic improvement in her leg. She could able to walk with a smooth chapel comfortably just like normal walk. Without the chappel she was facing problem in lifting the legs. Still the pain in the righ thigh and hip persisted though she is able to walk with the smooth chappel. The pain persists during any travels in bike , car or train with little zerking. Again we took her to Appoplo Bhubaneswar and consulted Dr. Padhy. Dr.Padhy then suggested some blood tests, eg.Vit D3, Calcium-Serun Phosphorous, inorganic-Serum. Alkaline Phosphatase-Serum/Plasma,RA Factor-Quantitaive. All the results of these tests came normal range. Upon seeing the test reports, Dr. Padhy further wanted to ensure for any neurology or rheumatology issues. He then referred to Dr. A Nanda (Padiatrics-Neurology specialisation) and Dr. P Pradhan(Rheumatology specialist) in Apollo hospital. Both the doctors tested the patient critically and there are no abnormalities in Neurology or rheumatology. There were only some deficiencies of Vit D for which they have given medicines. Again they have prescribe some medicines and advised the patient to take rest. All of them have confirmed that there are no clinical issues. Present Situation : Presently my niece is able to walk with that sponge chapel properly. She is facing the following problems : a) difficulty in lifting the right leg for a inch also. b) Pain in the right thigh and right hip upon touching. c) Not able to walk properly without the chapel. d) Pain in hip, right thigh with little zerking during travel in Bike,Car or train. She is not going to school since last 3 months though she is a brilliant student. One Observation : When she is in asleep, if we touch and press the right thigh, there is no reaction from her. But if we press the right hip then she feels little

pain. Request : Since this is already 3 months, and the kid is suffering a lot, my sincere request to you to critically analyze the case and give me a feedback for further action.

Hi. I understand your concern these are my suggestions and this is what I feel about your niece case. The inflammation of the hip joint is the reason for the pain which she is experiencing while jerking moment and also while lifting the leg. This means that whenever she tries to do the above activities the bone of the femur head is going and touching the particular Bursa which is inflamed and is causing pain. This is why she is avoiding lifting the leg and the jerking movement is causing the contact of the two surfaces and resulting in pain. The only viable solution for this is absolute bed rest as long as the pain persists along with skin traction, vitamin D supplements and medicine to relieve the pain and when required. Regards -

1.1.Phenobarbital 30mg (1/4+0+1/4) 2. Folic acid (1/4+0+0) from 32nd day till today. His EEG report is not normal. His USG report says, The appearances of the Cerebral Hemispheres & Sulci s, areas of basal ganglia & Moderate interhemispheric fissure collection are suggestive of possible changes due to (?) on going intra-cranial infection. No considerable improvement yet. Would you please advise.

The important thing to know is did he have a documented intracranial infection ? Meaning : did they do Lumbar puncture ? And what were the results of the analysis and culture of the cerebrospinal fluid? Early convulsions in meningitis usually suggest a good prognosis unless it was a devastating bacterial meningitis which can affect the vision, hearing and can cause mental retardation as well, and sometimes is associated with convulsions . EEG can be normal in 30 % of patients who have convulsions, and it doesn't exclude it .the most important next step is doing MRI scan of the brain, to exclude congenital malformation, inflammatory changes following meningitis. A video showing these Jerks is very important in diagnosis, because some infants can exhibit Benign myoclonus Jerks during sleep and is considered normal. So the following is needed : - brain MRI - video documenting the Jerks. - if a documented meningitis was there, then should do hearing test (audiometric emission) I hope this was helpful

1.1.Pl. advise me about treatment for this.

HAs per your description, there is no high risk factor associated with your kidney stone. And you monitored the stone size with time that became small compared to previous one. The tiny size of stone doesn't cause any harm to your kidney. And there is no allopathic medicine to wash out these stone. So don't be panic and just take some precautions like don't eat Tomato and spinach too much and take plenty of water. As far as for your liver concern, mildly raised SGPT doesn't cause any harm. ABD it will be better with time. Gradually your stone will be washed out with urine with time. If pain occur then take some analgesic meanwhile. Thank you

1.1.Thereafter, I took him to a very senior orthopaedic surgeon who put him on Calcium and Vitamin B12 supplements . Ever since, he has been taking them. His latest tests done on 21 Feb 2013 show Vitamin D 46.40, B12:699 , Calcium 10.00, SGOT: 34 and SGPT:69. Related to this or not, my son also was suffering from Nausea, vomiting etc for which he was prescribed antacids by an endocrinologist. These symptoms have alleviated somewhat. Query: Sorry for the lengthy background but is SGPT level of 69 something to worry about. I should also like to mention that he is in the final year of school and preparing for exams and is under considerable stress as are other kids like him. Lifestyle: sedentary for about 2 years. Please advise regarding his liver condition and generally what he should do. His back ache is considerably reduced and is only intermittent (normally when he sits for prolonged hours). Thanks.

HAAlthough the most common cause for high levels of SGPT is generally due to consumption of alcohol but since he is a student, I am ruling this reason out. The other apparent cause in your son could be prolonged use of painkillers which he might have taken for his persistent backache. Other

reasons could be obesity, high triglyceride levels in blood or even diabetes. I advise you to get his lipid profile done. Since there is no particular for its cure, I advise following things regular exercises Stop taking any pain killers Take fresh fruits and green vegetables Avoid junk foods like pizzas, burgers, noodles etc. and colas. Reduce weight and be in required range of BMI. Get his SGPT repeated after 3 months and if you still find it high, then consult a gastroenterologist and get tested for hepatitis markers and other relevant tests. Thanks

1.1. What can be done to determine it? 2. What can be done to increase quality? 3. What is the chance that I will produce viable semen in the future? 4. How long might it take? 5. How many donor or fresh eggs can be inseminated using IVF, ICSI, and a frozen specimen of volume 0.5 ml 70 million / ml concentration motility 15%? Volume 0.25 ml concentration 150 million / ml motility 15%? 0.3 ml total 15,000 sperms 2% motility? I am under Atorvastatin, clopidogrel, Doxazosin, Metoprolol, and Alfuzosin.

Hello. The causes for retrograde ejaculation can be many rights from They can be evaluated in detail, and the cause can be identified and treated upon. However, antidepressants like Imipramine have shown good results. However at 69 now, the quality of sperm has reduced

1.1.1.0 cm shows mildly prominent pelvicalyceal system with AP diameter of renal pelvis being 3.7 mm. Urinary bladder is visualized and normal Is it problem for a baby M (19 Weeks 4 Days)

Hi . I understand your concerns. This report is showing polycystic kidneys disorder on the right side and this kidney may have reduced function or even be functional completely but left kidney is better condition, and it may overtake whole necessary function. In the future, your baby should be closely followed, and it can't be predicted how long will his kidney work but in most cases there is no need for transplantation or dialysis in childhood hope I have answered your query. Kindly regards. Wish you a good health.

1.1.1.0 cms.(long x paren) small Calculus measuring 5 mm noted in mid pole REnal parenchyma and central eclex are well differentiated .there is no evidence fof any focal lesion Report is like that i feeling very tension can any one suggest me how to take a treatment plzz

Hello Thanks for query. You have been detected to have bilateral Renal calculi. I would suggest following action to deal with the situation. Rt Kidney - There is stone in of a size of 7.2 mm in proximal ureter with 5 mm calculus in lower pole. The stone in proximal ureter is likely to get impacted and give rise to severe pain on Rt side. I would suggest two options If technically feasible and possible you may go for ESL .2) Push the stone up in kidney, put a double J stent This will require anesthesia (This is called as Push and bang.) and later on get it fragmented by ESL after a day or two. All the fragments of the large stone and stone in lower pole will come out spontaneously. For stone in Left kidney no active intervention is required at this stage. It is likely to pass out spontaneously. .

1.1.1.0 means that the kidney fuction is reduced My doctor does not seem concerned though I do have a 2.5mm kidney stone in my kidney that is not blocking any thing at the moment.

1.1.1.1 mg/ DL therefore your doctor is not concerned about it. For peace of mind you can get serum creatinine test done after 3 months from a different place and then discuss the results if it is different. You must continue to .

Input	Output
1.1.1.0 ng/Dl, thyroxin (T4) 6.60 3.20 - 12.6 \xb5g/Dl and thyroid stimulating hormone (ultrasensitive) 7.244 high 0.55 - 44.	<p>Hello. Regarding the eosinophils increase, it could be due to allergic condition or parasitic infection.</p> <p>So do you have any remarkable symptoms like for example coughing, sneezing, etc.? As for the elevated TSH (thyroid-stimulating hormone), it is subclinical hypothyroidism which you do not have to do anything about. For more information consult an internal medicine physician online Take care.</p>
1.1.1.0. Doppler Data: Mitral valve Pressure 27, mitral valve regurgitation = mild, Aortic Valve = mild Tricuspid valve-mild. Should I be worried? Is this normal for vsd, do i have the possibility of open heart surgery in the future?	<p>Hi have noted all your details rearmost of your parameters are absolutely normally Mr, ar and try are perfectly normal findings and have nothing to do with your Vedas VSD is closed and there is no shunt flow seen in echo and LVEF is normal, there is no right ventricle hypertrophy or pulmonary plethora, you need not worry. Your reports are perfectly fine, you should not be worried. Your possibility of having an open heart sure in near future is almost the same as a normal person at present. don't worry you are perfectly normal</p>
1.1.1.00 and from another 0.2) Question .2. anti HCV aliza is treatable or not, i mean will anti HCV become negative if any one wants to apply abroad,	<p>The presence of anti HCV means that a person was previously infected with the CHV virus. It is the bodies response to the virus, when a person becomes infected with a virus the body makes antibodies to help fight the infection. Some of these antibodies remain and indicate a previous infection, they do not mean that you are still infected with the virus (have an acute infection). There are slight differences between any labs because of varying machines, techniques and control methods. In addition, they may also be using different units of measurement. For example in some places blood glucose is measured in mg/DL and in others it is measured in MML/l. This means that a normal reading can be less than 110 mg/DL in one set of units and less than 6.1 MML/l in the other set of units. I hope this helps</p>
1.1.1.005 Which is the most likely explanation for this patient's findings? 1.1.1.015pH 6.5Reaction AcidicProtein NilGlucose NilRBCs NilWBC/HPF 2-4/HPFPlease guide about the decreased MCH and MCHC adn increased Lymphocytes. though these are disturbed by little margin but still what could be the possible reason for that and which test should I go for next.	<p>Standing for long periods of time</p> <p>Hello and All blood parameters - hemoglobin, hematocrit, MCV and RBC count are all within normal limits. The total leukocyte count and differential leukocytes are also within normal limits. The decrease in level of MCH and MCHC are not explainable as the hemoglobin hematocrit and red cell counts are all within normal limits. This decrease could be due to instrumental error. However, there is nothing to worry. Small errors can occur due to a small change in the calibration of the machine. If you are very much concerned and worried, you can get the tests repeated. The differential count shows slight increase in lymphocytes. The range which is given by a particular laboratory is based on values obtained in the majority of patients. A small variation can be expected, and it is normal. There is no major change in the differential counts and thus, it does not indicate any disease process. Thanks and take care .</p>
1.1.1.030 PH 5.5 5.0 - 8.0 GLUCOSE NEGATIVE NEGATIVE BILIRUBIN NEGATIVE NEGATIVE	

KETONES NEGATIVE NEGATIVE OCCULT BLOOD TRACE H NEGATIVE PROTEIN NEGATIVE
 NEGATIVE NITRITE NEGATIVE NEGATIVE LEUKOCYTE ESTERASE 3+ H NEGATIVE WBC
 20-40 H NONE SEEN - 5 /HPF RBC 0-3 NONE SEEN - 3 /HPF SQUAMOUS EPITHELIAL CELLS
 0-5 NONE SEEN - 5 /HPF TRANSITIONAL EPITHELIAL CELLS NONE SEEN NONE SEEN - 5
 /HPF RENAL EPITHELIAL CELLS NONE SEEN NONE SEEN - 3 /HPF BACTERIA NONE SEEN
 NONE SEEN /HPF CALCIUM OXALATE CRYSTALS NONE SEEN NONE SEEN - FEW /HPF
 TRIPLE PHOSPHATE CRYSTALS NONE SEEN NONE SEEN - FEW /HPF URIC ACID
 CRYSTALS NONE SEEN NONE SEEN - FEW /HPF AMORPHOUS SEDIMENT NONE SEEN
 NONE SEEN - FEW /HPF CRYSTALS NONE SEEN NONE SEEN /HPF HYALINE CAST NONE
 SEEN NONE SEEN /LPF GRANULAR CAST NONE SEEN NONE SEEN /LPF CASTS NONE
 SEEN /LPF YEAST NONE SEEN NONE SEEN /HPF **Panel Comments** URINALYSIS,
 COMPLETE plz suggest

``Hello and thanks posting your query on Your urinalysis report indicates that there is presence of pus cells and epithelial cells in urine. Levels of leukocyte esterase is raised in urine which indicates presence of esterase positive bacteria in urine. You should get a urine culture done and start antibiotics according to the culture report. Rest of the findings are within normal limits. Thanks and take care

1.1.1.030 sp gravity. Please answer me weather it is curable by medicine. All the reports has done on 30.06.2014

In short: Not curable by medicineExplanation: Your creatinine is quite high which indicates renal problem. So, please visit a doctor and get investigated for the cause. Prostate enlargement cannot be cured by medicine alone as per present application of knowledge. Hormonal treatment can shrink it but at the cost of side effects. Surgery is very useful in this and helps a lot.

1.1.1.030pH -8.5 (H) 4.8-8.4PROTEIN -NILGLUCOSE -NILKETONE- NILBLOOD-
 3+MICROSCOPICWBC -NILRBC -20-50EPITH -OCCCRYSTALS - & CASTS- NIL**

Hi! ! I understand your problem, nothing to worry it will be resolved in a matter of time. As per the problems discussed in your question, red colored urine with the evidence of blood 3+ and 20-50 RBC's will NIL WBC are highly suggestive of stones in the kidney or urinary bladder. To confirm the stones in your urinary tract, get the ultrasound scan done and consult your GP. I hope I have explained the problems listed in your question.Regards!

1.1.1.1 cm cyst at interpolar regionsimple cyst.that is the findings of ospital. and she havent got her monthly period for almost 6 moths. and all she knows she is fregnant but when she goes for untrasound they found out that she got all this cyst. and now she got big tommy that all she know she is fregnant. when they do the blood test she is not pregnant. im so worry for my douter.we are nowliving here in thailand .but we are from philippines and the problem here they cannot explain well to us the situation they told us to wait for 1 year. here is my e-mail add. YYYY@YYYY im hoping that you can help me with this . thank you very much.

Hi your daughter seems to be suffering from polycystic kidney disease. You have not mentioned her age, any High BP, any family history of kidney disease, exact dimensions of kidney on sonography, renal function tests if done. She needs to be tested for renal function tests,urinalysis, and for presence of cysts in other organs. This may be a hereditary condition or sporadic one. Her abdominal distension and irregular menses can be related to the kidney problem. You need to consult a Nephrologist. Take care

1.1.1.1 cm). Estrogen Receptor: positive in infiltrating tumor cells (percentage + intensity score = 8).I am 73 years old, generally in good health.I am exploring options of total mastectomy or lumpectomy but do not want the recommended radiation. I plan to follow the Hippocrates Health

<p>Institute raw-foods, no-sugar, no dairy, no meat program. How quickly do I need to make a decision and schedule surgery? what does Grade-II mean? Do I at least have the sentinel lymph node(s) removed and biopsied? How important are the lymph nodes to my own immune system response in fighting cancer cells, especially if I build my immune system with the Hippocrates program?</p>	<p>Hello Susanne, You may be surprised to read my answer. I am a Homeopath attempting to help you. You have said that 9/6/13 is the date on which you got the diagnosis. I wish to know what exactly happened in your personal life just before the onset of the breast node and for how long it is there. If it had its onset sudden, then there was a shocking psychological conflict just prior to the development of the breast node. If the node was there for a longer period, you had an adverse life situation to which you reacted badly and gradually developed into a worse situation. No cancer is created in your body to kill you. It is a reaction of the body to protect you from still worse situations. So first you recite to your mind that this is not to kill you but to save you. In short, I can say that when your immunity got poor, you became sick. When you say that you are healthy, you did not say anything about your mind. In conventional method of treatment, this mind aspect is not considered as important in the production of the cancer. But as a Homeopath of 35 years of professional experience I can confidently say that Mind is the most important factor producing such cancers. Therefore, my advice to you is to find an expert Homeopath at the earliest or get back to me personally with your details. I can even send to you a case receiving format in which you can enter your developed case and forward it to me. Please do not go for any surgery-neither lumpectomy nor total. Even if you go for surgery, continue with a healthy mind and Homeopathic treatment. A good counselor can also help you during these processes. You can go for the Hippocrates program. With best wishes, . J. VargheseHomoeopath</p>
<p>1.1.1.1 in the same 5 weeks. My question is does this seem lithium related? Perhaps my kidneys were having trouble filtering the lithium and creatinine along with it. Is this feasible? Thanks</p>	<p>Hi, It is suggestive of lithium induced kidney disease. Based on the history you seem to have developed lithium induced progressive decline in kidney function, evidenced by increasing serum creatinine level. The lithium causes direct injury to the kidney tubules. Once you stop taking lithium the creatinine may revert to its normal level. Consult your psychiatrist for an alternate effective but a safer medication to treat your bipolar disorder. Hope I have answered your question. Let me know if I can assist you further.</p>
<p>1.1.1.1 LDL 77.6 VLDL 23.6 I do not smoke or take alcohol. Height is 170 weight 91 KG what should I be doing to get back to normal ?Is Fatty liver a permanent situation. Anyway to get back to normal . Your comments would be really helpful.Sarath</p>	<p>Hi. Thanks for posting query at . Usually ALT or AST values higher than two times the upper normal limit, is considered abnormal (in some countries, ALT or AST values of more than 100 are considered abnormal). Value of AST or ALT greater than 85 or above maybe investigated further. Alcohol ingestion and obesity are common causes of fatty liver disease. Fatty Liver disease is reversible. Advice for fatty liver:- abstinence from Alcohol - LOW fat diet should be followed, AVOID junk food and beverages-decreased oil consumption (oily food)- NO red meat-green vegetables should be ingested daily-use lemon juice (lemonade) once in a day-reduce weight if overweight/obese-recheck liver enzymes after 6 to 8 weeks and/or ultrasound. Any further questions are welcomed. Hope to answer your concern. Wish you good health. Regards, .</p>
<p>1.1.1.1 mg/dL Alkaline phosphatase 79 U/L Alanine aminotransferase (ALT, GPT) 28 U/L</p>	

Aspartate aminotransferase (AST, GOT) 32 U/L

An x-ray of the abdomen shows no abnormalities. Further evaluation of the patient is most likely to reveal which ?

	History of multiple past pregnancies
1.1.1.1 mg/dL	
Alkaline phosphatase 79 U/L	History of multiple past pregnancies
Alanine aminotransferase (ALT, GPT) 28 U/L	
Aspartate aminotransferase (AST, GOT) 32 U/L	Chorioamnionitis
Ultrasound of the abdomen shows no abnormalities. Further evaluation of the patient is most likely to	
Breast Negative	CT scan of the abdomen with contrast
Glucose is most appropriate to confirm the diagnosis?	
Blood Negativegot (AST) IS 30 U/L, SGPT (ALT) IS 61 U/L. Sir i was a drinker of beer and whisky.	
WBC 3.5 K per. but when doctor told me that i am suffering from Jaundice i stop to drink. Sir the	
Bilirubin shows the increase of every thing. I want to ask is some thing serious is going to	
Hippos Negative. Plz sir answer me. my emailid is YYYY@YYYY . Thanks. waiting for reply	1.4 is nothing to be concerned about, it can be caused by temporary liver damage or hemolysis.
Which is the most likely diagnosis?	You just need to do frequent check-ups and change your dietary habits. I wouldn't even prescribe any medicines. You should avoid alcohol for some time. If elevated LFT persist then some genetic and metabolic disorders can be considered, but the best thing to do is to wait and see. Nothing will happen in a short period. Wish you good health.

1.1.1.1:1 2. BLOOD GLUCOSE FASTING - 102.0 3. LIPID PROFILE A. TOTAL LIPIDS - 622 B. TRIGLYCERIDES - 160.0 C. TOTAL CHOLESTEROL - 198.0 D. HDL - 49.0 E. LDL - 117.0 F. VLDL - 32.0 About my profile is as follows- A. SMOKING - NO B. ALCOHOL - ALMOST DAILY 40-60 ML (DARK RUM) C. PURE VEGETARIAN (less fried, sugar, ariated drink, tea, cofee, ice cream, chocolate) D. ACTIVITY LEVEL - LOW (Sitting job for 2-6 hrs on computer, walk 1-3 Km not much physical work) E HEIGHT - 5.6 FEET F. WEIGHT - 74 KG (WAIST - 36 INCH) Please interpret the results of these test for me and advise further consultation with specialist if require. And also required correction in my life style to avoid any problem in future. Thanks and regards Surendra	
	Total bilirubin - raised2. GOT, SEPT - borderline3. Albumin - low normal4. Blood glucose fasting - normal would suggest you to - stop consuming alcohol daily consumption can lead to irreversible destruction of the liver called cirrhosis.- get an abdominal ultrasound done-Avoid oily, spicy food-Regularly exercise for 30 minutes a day. Visit a clinician. He/she can examine you and correlate clinically. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing you good health.

1.1.1. Some of these results are because of my diagnosed problems. But I am concerned about what Ive read about these other tests are they indicators of some kidney disorder?	
	Hello madam, You have been diagnosed with lupus and thalassemia minor. Lupus can affect kidneys and since you have an active urine sediment i.e. 6 WBC in urine, it is better to undergo a renal biopsy and stage your disease and accordingly take the treatment. The outcome of lupus kidney disease would depend on biopsy findings.Also, you have mild anemia which may be due to thalassemia. Kindly get a serum ferritin and transferring saturation i.e. Iron studies to guide your anemia management. Hope I was of help. Further, queries, please get back to me.

1.1.1.How severe / bad is my conditions? 2. What are the treatment options available and which one is most appropriate / effective? 3. If surgery is a must? 4. Can the conditions be cured by physio, chiro and medication? Many Thanks. Vel	
	How severe / bad is my conditions? Ans: I have noted all the findings in the MRI. Note that such MRI findings must be interpreted with caution and must be correlated with clinical findings. This

MRI finding should not make you worried. 2. What are the treatment options available and which one is most appropriate / effective? Ans: Options are medical, if fails surgery. Surgery is effective. It does not mean we will advise you to go for the same based only upon the MRI data. 3. If surgery is a must? Ans: No 4. Can the conditions be cured by physio, Cairo and medication? Ans: Displease visit a local neurologist and get examined. His clinical evaluation will help in this case Hope this clarifies

Input	Output
<p>1.1.1.Is this a serious sign of something wrong? I have noticed. I do not feel that great these days.</p> <p>My doctor has put me into getting an ultrasound on my abdomen.</p>	<p>H forum. Your B12 level is very high. Liver disease, kidney disease, myeloproliferative blood neoplasm, etc., are some of the causes for elevated B12. Your ALT (alanine transaminase) is high, so for liver disease do further work up in form of USG abdomen and viral marker study. Your hemoglobin is mildly high, the proper workup should be done for that in form of full CBC and peripheral smear examination. Also check serum urea, creatinine for checking kidney profile. Investigate with these reports for primary work up. We can discuss further if needed then. For more information consult a hematologist online</p>
<p>1.1.1.parasitic infection. 2. Pudendal nerve entrapment or perineal nerve pinching etc. Dorsal nerve etc. Or any other nerve disorder. 3. IC 4. MS Please help me to get rid of these annoying symptoms.</p>	<p>HelloThanks for query. Based on the facts that you have narrated you have a long-standing history of pain in urethra and constant sensation to pass urine which followed after prolonged abusive masturbation which has not responded to treatment with multiple antibiotics and none of the various relevant test are conclusive as regards the diagnosis and cause of your symptoms. In view of all these symptoms started after prolonged abusive masturbation I think the prolonged masturbation has caused trivial damage to urethra resulting to form a scarring and flimsy stricture of urethra. I would suggest you to consult your urologist again and explore need for doing endoscopic examination of urethral passage (Ureteroscopy). This procedure of visualization of urethral passage directly perhaps may help to diagnose the precise cause for your symptoms. Further treatment will be decided by him on final diagnosis. There is no possibility of pinching of any nerve as it never happens in reality. .</p>
<p>1.1.1.please suggest me how to lower my sgpt and bilirubin many thanks</p>	<p>Thank you for posting your question. I can understand that you are very anxious about your health. Jaundice can be due to many causes like Hepatitis, gall stone disease(acute cholecystitis), pancreatitis - to name a few. Mere dietary adjustments often cannot cure it. It would have been great had I examine you on my own. You need to undergo a few tests to find out the exact cause. I would suggest you to - Avoid oily, fatty food- . Stop alcohol-Have a BLAND DIET.- Get an abdominal ultrasound, Complete blood count, Liver function test, platelets, urea, creatinine, electrolytes done - This will help in the diagnosisVisit a gastroenterologist. He or she can examine you and correlate clinically. Do not worry. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing you good health.</p>
<p>1.1.1.What could be the cause of this elevation? What organ should I worry about-- liver? gall bladder? colon? kidney? pancreas? Could it be cancer? I am very worried and don't know how to proceed. Should I consult a gastroenterologist . I am also having a colonoscopy next week? Can they look while I am under anesthesia? What would the procedure be called?</p>	<p>Hi, to detect particular pathology both direct and indirect bilirubin to be measured separately. Then obstructive or hepatocellular jaundice can be ruled out. Breast cancer has a chance to spread to liver causing early changes like increase in bilirubin and SGPT. So you should monitor them closely. You may consult a gastroenterologist, but your oncologist can guide you better. Reason of colonoscopy is not clear to me, because you have not mentioned related history. Anyway follow your doctors advise.</p>

1.1.1.1.0 - 2.7)SHBG (nmol/L) - 16 (15 - 100)Best Regards	<p>Hi There are a varied list of causes of the symptoms u mentioned. But what is more annoying to you?Youâ€™re non muscle gain as u said can be due to nutritional or organic causes. But your weight for height is OK, so cant be nutritional but can be absorption defects due to varied causes or any organic causes which requires thorough examination. Regd. Anxiety it can be hyperthyroidism, but we require other symptoms which is not given here. But TSH being normal can be unlikely.others causes leading to it must be ruled out. Regd. Low sexual desire, are u on any other . But looking from far away, I opine that the case is non-organic. Instead of brooding over getting diagnosed, kindly do yoga for 3-4 hour daily or running 4-6 km daily, endorphins and corticosteroid s will be released which causes reversal of all your symptoms and increases your sexual appetite, I am sure that u will reply positively after 1 month by following the precious advice.</p>
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1.1.1.1.0 cm with multiple (less than 12) follicles (less than equal to 0.3 x 0.3 cm. endometrium is 0.7 cm (trilaminar). when do you think i will ovulate and chances of conceiving.	<p>1.5 mm each day. So in all probability you should be ovulating in 2-3 days time. The endometrial thickness is also good for this day of cycle. Considering that other factors are normal (patent fallopian tubes, normal semen analysis, normal body weight etc.) chances of conception with closed are 40% and about 29% will go on to have a live birth. Rarely the dominant follicle does not rupture and ovulate. So it is important to have an ultrasound done after four days to make sure that ovulation occurred. The other option is to take Injection to initiate ovulation. Take one tablet of folic acid daily. To increase your chances of conception maintain normal BMI, quit smoking (if you're a smoker) and have intercourse at least three times in a week. If you have any further concerns do contact me through .</p>
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1.1.1.1.0 indirect). My cholesterol was not checked, but now my sugar went from 92 two weeks ago to 110 now! I am concerned that with a big jump in my sugar now and cholesterol two weeks ago, and in conjunction with a high bilirubin, this may mean that I have some liver or pancreas problem. I am extremely concerned. My doctor wants me to wait a month and then repeat the tests. Any thoughts would be extremely appreciated. Incidentally, all other tested levels were in the normal range, but I don t know if that means I can rule out a liver or pancreas problem. Thank you all so much.	<p>1.1.4 mg/DL. In your case you have a slightly higher indirect fraction. This is very commonly seen as a fasting hyperbilirubinemia. There are rare genetic disorders such as Gilbert's syn . This is a benign condition and the bilirubin levels go up more during infections, stress etc. Condition is diagnosed by liver biopsy. Very rarely this is associated with pigment gallstones. As for cholesterol levels, if you had a rich fatty meal the day before, even if the blood was</p>
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1.1.1.1.0 mg/dL	Slow initiation of total parenteral nutrition (TPN)
<p>Which of the following is the most appropriate management for this patient?</p> <p>1.0.1.1.0 mg/dL. In your case you have a slightly higher indirect fraction. This is very commonly seen as a fasting hyperbilirubinemia. There are rare genetic disorders such as Gilbert's syn . This is a benign condition and the bilirubin levels go up more during infections, stress etc. Condition is diagnosed by liver biopsy. Very rarely this is associated with pigment gallstones. As for cholesterol levels, if you had a rich fatty meal the day before, even if the blood was</p>	
<p>1.1.1.1.0 mg/dL. In your case you have a slightly higher indirect fraction. This is very commonly seen as a fasting hyperbilirubinemia. There are rare genetic disorders such as Gilbert's syn . This is a benign condition and the bilirubin levels go up more during infections, stress etc. Condition is diagnosed by liver biopsy. Very rarely this is associated with pigment gallstones. As for cholesterol levels, if you had a rich fatty meal the day before, even if the blood was</p>	<p>Hello. Your hemoglobin and hematocrit values are slightly high. Your RBC count is only marginally elevated since the upper limit of normal is 5.5 million/cu.mm. With these values, there is a suspicion of you having hemochromatosis or an early stage of polycythemia vera. In hemochromatosis, there is iron overload and the two main tests required are serum ferritin and serum transferrin saturation. Genetic testing is confirmatory. For polycythemia vera, the red cell mass needs to be determined and preferably a bone marrow biopsy. Testing for the JAK 2 gene is confirmatory. It is better to get these conditions ruled out since they require treatment.</p>

1.1.1.1.001 SGPT (ALAT) result 25.21 - reference value 0-40U/L SGOT (ASAT) result 24.15 - reference value 0-40 U/L hope you could help me. thank you.

Hellos you have said that you are bag +, Antique +, anti Had +, alt 25, AST 24You have a benign disease as you are Head -, with normal Anti would recommend that if you are young we can wait to let your body fight on its own, and do a repeat testing for PCR -HBV-DNAIf you are middle age or 50+ then a liver biopsy and PCR -Havana. Should be performed as the next test As both these tests will tell us whether you should be treated with Entacavir or interferon Hope this keepsake care

1.1.1.1.Do we need to use glasses as per the doctor advice? 2. Is it possible that these powers will decrease and completely go away as the kids grow? 3. What are the precautions we should take? Any particular nutrition? 4. Is their any other form of treatment? Thanks

Yes, you need to wear them glasses as per doctor advice, because if they don't wear glasses then there number will increase and secondly, problem of headache can occur. 2. Since, the number is more, chances of them getting completely ok is remote but yes the number can decrease over a period of time if they continuously wear glasses. 3. Precautions like watching less TV, and from a distance of at least 8 feet. You need to give vitamin A rich foods like mango, carrot, cabbage, spinach, sweet potato, tomato, watermelon etc. I hope this has helped you. If you have any more questions, I will be happy to help. Regards .

1.1.1.1.1.0	reactive	RESULTS	SI
UNITS (TRAD.) SGPT	106.00	220.8	

Hi and thanks for posting. Hepatitis means inflammation of the liver. There are several possible causes among them viruses. These results show that you have hepatitis B infection which is active as the antigen is positive, The presence of Egg signals that this has been going on for some time. Hepatitis B is mainly contracted through blood contamination, blood transfusion and sexual intercourse. You may want to look back and figure out which means may have been responsible. There are various treatment options for this. Talk to you doctor, and he will do some more test, determine whether it is chronic or not and whether to treat and if so, when.9/10 persons who get contaminated never need any special attention for the system to clear the infection and provide a long-lasting protection. You could be one of them. When it becomes chronic, then we need to get medications for treatment. Hope this helps and provides ample information for you to act on. Feel free to ask us more questions. I wish you well.

1.1.1.1.1.0 is my body rejecting the liver after good 2 years is it alarming state of affair or it can be managed back to normal

Hi Anew, This can be the beginning of the failure and your liver is responding by increasing the enzymes which is there. Although nowadays many medications are given to prevent the transplant rejection and also transplant is done after doing much of investigation which is most suitable to the patient. However, sometime it happens that there is rejection. Now, depending on the mechanism and intensity of the rejection and your current condition, the rejection can be managed with the therapy of . Hope this help you. Thanks

1.1.1.1.1.00 K/uL Abs eos\t0.09 K/uL 0.00 - 0.40 K/uL Abs basos\t0.03 K/uL 0.00 - 0.20 K/uL Neuts\t53.5 % Immature grans\t0.0 %\t0.0 - 0.6 % Lymphs\t32.3 % Monos\t10.7 % Eos\t2.6 % Basos\t0.9 %

H forum. From these test results, you appear to have microcytosis and hypochromia of the red blood cells. This is most commonly seen in iron deficiency anemia. I would suggest you take iron and folic acid tablets thrice daily after meals for at least a month. As for the numbness of hands and feet, this could be a sign of vitamin B12 deficiency. Are you a vegetarian? If so then this could be a reason for the numbness. The other symptoms that you have described are consistent with iron deficiency. I would also advise you to not donate blood until your blood iron levels and ferritin

stores are normalized. For more information consult a hematologist online

1.1.1.1.1.Today, I ll take him for the following lab works: Renal Panel, 24-hr Urine Protein and Creatine and Hba1c. The patient is currently taking the following medication: Micardis 40mg once a day, Coreg 6.25 Twice a day, Furosemide 80mg Twice a day, Theragran-M once a day, Zocor 40mg once daily, Singulair 10mg once daily. I am his daughter and I am the one responsible for his health care. Thank you very much for your time. I need your guidance. I have concern about his stability prior to his scheduled procedure. I know that it is a n out-patient procedure. However, I cannot afford to overlook any other possible medical condition. I look forward to your reply.

Hi, Swelling in the foot in a patient with cardiomyopathy and low heart function is generally because of fluid overload which gets accumulated in the dependent part of the body. I can see that she has an abnormal and deranged kidney test (creatinine). She might be having low urine output causing deranged kidney tests and swelling in the foot. You should increase the dose of Furosemide in her. She can 80Å mg thrice a day is urine output is low. She also needs to restrict the total fluid intake to around 1 liter/day. Get her ICD battery replaced as planned as it is important for her to prevent sudden cardiac arrest. Hope I have answered your query. Let me know if I can assist you further. Take care .

1.1.1.1.1.1 mg/dl, TGL 190.4 mg/dl, LDL 80.6 mg/dl, HDL 24.8 mg/dl, iron 123.48 ug/dl, CA 9.09 mg/dl, UA 6.1 mg/dl.Could you please advise and provide consultation? Please provide any diet recommendations. Is there any harm to have elevated RBCs with no symptoms? My WBC is on the lower side and RBC is on the higher side. Is it normal?

Hello. The borderline hemoglobin level, low MCV, and high red blood cells count are suggestive of some hemoglobinopathy. You need to investigate further with HB electrophoresis by HPLC method to rule out any hemoglobinopathy if present. You need to

1.1.1.1.1.1.1.1.Loss of Cervical Lordosis -- Para Spinal Muscle Spasm 2. Spondylotic Changes of C4, C%, and C6 vertebral bodies seen 3. I V Disc space of C5-6 is decreased I had a laser assisted removal of a prostatic uric cyst in 2009. Please let me know if I should be concerned about my liver mainly, and anything else :) Thanks, Prashanth

Hi Prashanth, Thanks for the detailed description of your query. Your Liver Function Test (LFT) is slightly deranged from the normal. There is nothing to panic about it and as such no immediate management of it is required. Repeat the LFT after 3 months and check for the results. Your Lipid profile seems to be deranged and is concerning. You must start right away with dietary change and lifestyle modifications including exercises. Get an ECG done too. It seems like you may require lipid lowering agents (Medications) too for this. The cervical spine x-ray shows changes as you mentioned. But nothing needs to be done surgically for this as of now. You will benefit by physiotherapy and neck exercises. My suggestion to you is to get back to your primary care physician and seek his guidance about the management plan. Hope you are in fit health at the earliest.

1.1.1.1.1.1.1.1.NO. OF EPITHELIAL CELLS : 1-2 /HPF IMPRESSION:
ASTHENOZOOSPERMIA =====

Hi Goal, Chances of conception in one cycle of GUI with multimolecular ovulation after 5 years of infertility are around 20%. Your semen analysis appears fine. Fasting has no effect on success or failure of GUI. You can safely try around 4 cycles of super ovulation with GUI for maximizing chance of pregnancy. After 4 cycles, if you don't conceive, chance of success in GUI decreases & better to go for IVF. As there are good chances of conception in this cycle don't think of future & relax. That might help. Wish you good health.

1.1.1.1.1.1.1.1.1.1.1.75. 0.75. 140 Does he need glasses? Which type of eye power? Will his number reduce when he grows? He squints a little.

Hello. I have gone through the reports (attachment removed to protect patient identity). The retinoscopy that has been done is the final refractive error. The automatic refractometer readings that you have mentioned are in negative but retinoscopy that has been mentioned is in +3.0. Your child is esotropic, that is inward-deviated eyes. So, we will subtract 1 for atropine. The final refractive error is plus 2 in both eyes. The frame should be plastic, squarish, lightweight and cover both eyes easily. These glasses will serve two purposes. One, it will help your child see clearly and two it will straighten his eyes. You have to get four to six monthly checkup. As he comes of age, surgery can be done for squint. For more information consult an eye care ophthalmologist online

1.1.1.1.1.1.1.1.1.1.1.5 x 0.9. From what i have read once a patient stops chemo it seems like the general prognosis is 3 - 6 months? Do you think the prognosis is accurate? It doesn't appear that the lesions grew significantly.

As the appearance of the sessions tells us she has slow growing tumor. The brain sessions can be treated now with new radiotherapy techniques such as MRT, SRS after seeing the MR even though she has received radiation previously. about chemo, if general condition is fair she can continue chemo -It is not like that chemo stopped the prognosis is Only months. The brain lesion will grow continuously until she receives the radiation therapy

Input	Output
<p>1.1.1.1.1.1.1.1.1.1.6 L 2.4) LUF- M (T 3.0 AP 2.4 L 3.0) MM (T 2.0 AP 2.0 L 2.0) i made contact the same night and also started my course of Duphastone 10 mg. i am 34 yrs old and weigh 75 kg and my height is 5.5 ft . I have been working out doing aerobics and had enrolled in a weight loss therapy clinic where they give gel massages and steam belts and all to reduce weight.</p> <p>QUESTION::My question to you is can i continue with my aerobics and weight loss therapy after the follicle has ruptured. I have not dared to continue going to aerobics and weight loss sessions as yet and today is D25 also want to know with my weight i worry it can bring in complications.both to conceive and after conception. Please suggest what i can do. Thank you.</p>	<p>Hi, thanks for writing in. I appreciate your dedication towards losing weight. But I must emphasize that while there isn't any proven harm in continuing aerobics till you get pregnant, medically steam belts are not an approved form of treatment for weight loss. Although there are few studies reporting the safety of sauna bathing, there isn't much scientific research on sauna belts even though the working principle is same in both. With such conflicting evidence, I would suggest you to continue aerobics and consult a good dietician for tailor made diet chart till you conceive. Once you get pregnant, you will have to go for pregnancy friendly exercises or yoga and eat a healthy balanced diet. Hope this little piece of information helped. Good luck.</p>
<p>1.1.1.1.1.1.1.1.1.1.20 If she have a allergy attack is come then she have lots of fever and joints pain, swelling of her complete body, symptoms like angioedema and also lots of itching on her body. Please suggest me sir what should i have to do. I am living in sagar madhya pradesh,india pin - 0000 my cell no is +0000 my email id is YYYY@YYYY</p>	<p>1.1.1.2 is considered negative). As the allergy test predicts allergy to very few substances, you mother might be allergic to some other substances as well. The Definitive treatment of Allergy is avoidance of allergen. Medicines can only give symptomatic relief. But the hard fact is you mother can be allergic to substances other than those predicted in allergy test, and it is difficult to find out. Using preparations like Montelukast in combination with Levocetirizine is known to prevent recurrence. But these are not useful in acute attacks, and they need to be taken for longer durations to be effective. Taking medicines like Evil(contains Chlorpheniramine which is .</p>
<p>1.1.1.1.1.1.1.1.7 x 0.6 cms. Kindly advise. She has been married 5 yrs and has not conceived.</p>	<p>HAi, she needs proper evaluation and treatment by infertility consultant. The scan reports are inconclusive. Tubular structure may be HY . She needs diagnostic hysterolaparoscopy surgery to check her tubes. And hormonal evaluation like FSH, LH,PROLACTIN, THYROID TESTS.SEMEN analysis is must. She can try ovulation induction with intrauterine insemination if everything is normal. If anything is not normal go for IVF.</p>
<p>1.1.1.1.1.1.1.75SO requesting you to guide me how can I get back my previous Vision. Regards</p>	<p>H. Com According to your Age you are having hypermetropia which is called far sightedness in which you can see distance objects clearly but near focus will be blurred without glasses. And one more thing you are 46 years old now,so this is an age for cataract. And when you will have cataract and once it will start increasing then because of lens changes there will be change in refractive index of lens which will lead to improvement of near vision and worsening of distance vision . This you can see in your case. You can compare your previous power and recent power. Now you are not having glasses or power for near vision that means you have cataracts which can be in starting stage. So you have to consult an ophthalmologist and you should undergo cataract assessment.</p>
<p>1.1.1.1.1.1.1mg/dL<0.5mg/dL as Normal Suggest some foods that i can take without any problem.</p>	<p>Hello I have reviewed your query and here is my advice. You are having jaundice, and you are on</p>

recovery phase. Your bilirubin only slight high. The cause for that should be ruled out by viral marker study, USG abdomen and peripheral smear examination. You have to take less fatty food for another one month. Sugar cane juice and apple juice can be taken more. Refined foods, junk foods should be avoided for one month. Hope I have solved your query. Let me know if I can assist you further.

1.1.1.1.1.1.2, Urin RBC Nil U. Epithelial cells NILL, Crystals NILL casts NIL , others Nil. Sir, please advise me . I am hypertensive , taking . Domtac, OD , covance D , OD , regularly for the last about 10 yrs., started recently Ecosprine 75 mg. , tonect EZ OD . Due advise in the light of above is awaited. Thanks . Dalip Kr. Chhabra 0000t

Hello Mr Chandra, Firstly I am sorry for your dads' loss. However, that put a positive family history of coronary disease. Other risk factor is hypertension. All the other reports which you have mentioned are perfectly within normal limits and you shouldn't worry about the same, even uric acid at 7, no treatment is indicated at present. Now about TMT, the symptoms you describe are not characteristic for angina, however because of the risk factors which I have mentioned and if you are obese, smoke or have angina stressful life you fall into intermediate risk for coronary event in the future, so for you TMT is a good test to rule out underlying cardiac issues. In TMT they make you run on a treadmill and monitor your blood pressure vitals and see ECG changes. Also, any symptoms during exercise is unmasked. So in short they make your heart exercise and check whether everything is ok than. Hence, if your TMT is fine you may rule out any critical blocks indirectly. So yes TMT would be a good test to rule out heart as the cause of the chest discomfort you feel. Hoping I could help. Regards .

1.1.1.1.1.1.2S. Uric acid---13.4812.143.4-7S. Calcium----10.928.6-10.2C Reactive Protien----positive Titre----12 Dr Palash above are his blood test reports latest being on 05 jun.can u pls advice me on following doubtsthis Lymphocytes has again fallen down, reasons? his ESR although has come down but insignificantly. reasons? his RDW has risen. reasons? his uric acid values are worrying me a lot. any suggestion to bring it down pls? reason for S calcium raised values? C Reactive Protien is positive. what it means? Titre is 12 what it means what overall u see ATT medicines are effective?his TB is under control in last 02 months or not yet?regardsrajni

HFIRST, lab tests without clinical information are practically useless. If the doctor cannot use clinical info to filter the differential diagnosis then the list of potential diagnoses becomes impractical to use, because of its huge size. I understand that tuberculosis is the main problem. Tuberculosis may cause any disorder in the complete blood count. The closet the values return to normal the better for the efficacy of the treatment. There is use in commenting on values like the lymphocytes or the Raw. Perhaps if I knew the complete medical history, there could be a reason for that. The qualitative CRP is also useless. A quantitative measurement would be much more useful. The ESR is a better alternative for tuberculosis, and it seems to get better. His last values are almost normal which is a very encouraging sign about the efficacy of the treatment. The uric acid values are probably related to pyrazinamide use. If he's excretion a lot of it in his urine then he should take . Regarding treatment efficacy, although the tests seem to get better, These tests are not sufficient to judge it. Radiological and microbiological tests are more important, like a chest x-ray and sputum tests. I hope I've helped! Kind regards!

1.1.1.1.1.1.7cm. My husband and I want to conceive as we have established our careers and are ready for our first child. I am 40 years old. What is your recommended treatment for this?

Hi, Thanks for your query. I read your query and I understand your concerns. The chances of you conceiving naturally with all these problems are very less. You must list an infertility specialist to get evaluated for galactorrhea and get treated. Though fibroid is small, ovarian cyst needs to be

evaluated further and diagnosed as to type of cyst & necessity for removal. You may try with donor egg option. Either ways you need to consult an infertility specialist. I hope I answered your query. I will be available for any followup queries you have.

1.1.1.1.1.1.83â€²2.5

Which aspects of the results would support a causal relationship between a history of DKA and 30-day readmission risk for DKA?

1.1.1.1.1.1.9cm containing low level echo fluid. Doc. Is there any chance for me to get pregnant?Please help me.Thanks a lot.

Dose-response relationship

HAVE PATIENCE, DON'T PUT YOURSELF INTO TENSION UNNECESSARILY. 2. I insist you and your husband to have sex in a fertile period (it starts from 10th to 16th day of menses cycle). In this period getting pregnancy is high. You try to do more episodes of sex during this fertile period. Try this for 3-4 months. By this you will get result.3. If you are in a hurry, then visit nearby gynecologist/ infertility specialist, and they will help you. I hope this was informative enough, helpful and useful for your query. Let me know if I can assist you further.

1.1.1.1.1.2 type 3rd thickness 7mm.i cant undarstand plz describe me .

1.1.1.1.1.2 cm (may mature and can burst to liberate ovum). Endometrium thickness is not fit for fertilized ovum (ova). Since you are taking phaeton, FSH hurting, so there is variation in the size of follicles and also premature follicle. So sexual relation is important on day 14 -15 for successful conception. Hope this will help you.

1.1.1.1.1.23) 0.22

Conclusions

This study highlights the potential of high-quality afterschool programming during childhood in promoting long-term adult mental health.

Source of funding: Wisconsin Children's Mental Health Foundation, National Early Childhood

Educational Goals. Also I don t have any jaundice symptom. Can you please suggest me is this

correct diagnosis? Thanks Gagan YYYY@YYYY +91-0000 Or shall I go for furthe

High-quality afterschool programming for low-income 8-year-olds may correlate with decreased ADHD risk in adults.

Hi, You are suffering from hypothyroidism, along with ? High BP and irregular heart beat, your Liver functions are mildly deranged and it is possible to have fatty liver changes if you are overweight or taking alcohol, if no alcohol NASH you can get an Ultrasonography to know the state of liver. Take care of diet do not consume alcohol as GGT is also little raised. Udiliv will help to heal liver and reduce fatty changes. Reduce weight if Obese is not then also take up walking 3 to 4 km /daytime care of health Good luck to you Please keep informed about progress.

1.1.1.1.1.6 right-MSF, endomet 7.9. Can you please interpret these findings and tell if i will be able to get pregnant this month? i had irregular periods before taking OCP.

Hi I have gone through your question. Report of follicular study is normal. Do you 30 days cycle or prolonged cycle? If your cycle is prolonged then this progress is normal. On 18th day follicles develop up to 15.16 mm is normal. They rupture at 18/19 Mm. So I would advise you to do ultrasound follow up till 21 days, and as follicle rupture do intercourse from that day on alternate days has greater chance to conceive. Hope I answered your question. Would be happy to help you further. Take care.

1.1.1.1.1.7cm. No adnexal mass & no free fluid seen in cul-de-sac. IMPRESSION: Mature follicles seen in left ovary. please tell me my report is ok or not.one year ago i married but no babbly why i have any problem in my report please advice me if my report is ok tell me any advice for my husband. if any english mistake in above mention detail please correct.i am waiting for your kind and soon reply.

So far the report seems to be normal as far as the development and maturation of the follicles is

concerned. Now you have to keep a watch on when the follicle ruptures and the ovum is released.

On that day, plan your intercourse to increase the chances of fertilization. If the follicle does not rupture, then probably your Gynecologist will give you an injection for the ovulation. Have intercourse the very next or same day of the injection. What about the rest of investigations like patency of the tubes, thickness of uterine lining, husbands sperm count, etc. Please keep me informed so that I can guide you further. You can contact me directly also, or through elite question.

1.1.1.1.1.11 she observed some spotting in the morning and by evening some bleeding occurred. I am really worried is she pregnant as I have heard that pre cum can also cause pregnancy. please advice

Hallow Dear, What you heard is absolutely correct. Pre-cum does contain some sperms which can impregnate a woman. Your intercourse was very much near fertile window which usually from day 10 to day 20 of a regular menstrual cycle of 28-30 days. Some spotting before missing a period is not a symptom of pregnancy. However, wait for her period. If she missed it, get urine tested for pregnancy 8-10 days after missed period. These tests may give false negative results if performed earlier. Beta tests are more specific and sensitive hence they can give reliable results within 2-3 days after missing a period. If she is pregnant and does not want this pregnancy, she can get it terminated by medicines by Obstetricians prescription only.

1.1.1.1.1.14 Uric acid: 4.5 Calcium : 9.4 mg/dl

Hsundar230,I did go over all your blood work. Your liver enzymes are normal Randall your other blood work, like calcium, protein levels, hemoglobin, kidney tests are all normal. The serum bilirubin, the indirect fraction is very minimally elevated. Usually, Direct bilirubin is the main fraction. We see this sometime in fasting state and a very rare genetic disorder called Gilbert's Syn . Usually this is benign. Some people have jaundice, especially during stress, cold or flu, fasting, lack of sleep kind of symptoms. You mention weight loss, fatigue, and fullness of the stomach. Stress can certainly do this, but, I recommend that you get an upper Miseries, X-rays to make sure there is nothing going on in the stomach. If anything looks abnormal on x-rays, then you need endoscopy. You can discuss this with your doctor. I wish you well.

1.1.1.1.1.19, commentsx80x93 electrophoresis shows elevated gamma globulin. No significant change in the other fractions. No M band seen. Kindly look into the above and revert with your valuable suggestions.

H forum. Your electrophoresis report shows increased gamma globulin level (attachment removed to protect patient identity). So your doctor might suspect plasma cell dyscrasia, especially multiple myeloma like condition. So referred you to a hematologist. But in electrophoresis report, M band is not seen which is classically seen in plasma cell dyscrasia. Moreover, Kappa to Lambda chain ratio is normal in the report. So, the chance of multiple myeloma seems to be less. But increased gamma globulin need further work up in form of CBC, serum calcium level, etc. In the case of multiple myeloma, the osteolytic bone lesion is also present. For that X-ray can be done in the suspected area. The gamma globulin increased in infection or inflammation as well. So your physical examination is necessary. Moreover, your cirrhosis with portal hypertension needs treatment in the form of beta blocker to reduce portal hypertension. The elevated bilirubin can be due to liver damage by cirrhosis.

1.1.1.1.1.1cm I was scheduled for a U/S biopsy today, and they canceled saying the nodules were too small and they want to follow up in 1 year. To my understanding, due to the fact that I have had Radiation treatment in the area I am at higher risk for thyroid cancer . Is this an acceptable protocol for my situation.

HI Yes as there was radiation exposure you are at risk of developing thyroid cancer. And biopsy is

a good method but as the doctor said that nodules are so small to take biopsy then you have to wait for 1 year to undergo ultrasound thyroid to see if the nodules have increased in size or number or not. Till then be careful about your thyroid hormone status. And try to keep TSH within mid-range. If you have any further query then you can come back to I will definitely help you. With Regards, .

1.1.1.1.1.2).she in 58 years ,Hypertensive (on Cavapro) and DM(Amaryl 2 mg) .she also had low dose ecosprin and vastaral mr as her ecg shows septal ischaemia.(echo: normal). is the creatinine level is worried . how long it take to normalize the creatinine level after relief of obstruction.what precaution she need to have

1.4 is borderline high. It is most likely that the kidney was not much affected by the duration of obstruction by the stone. Serum creatinine is to be repeated after 2 - 3 months, and it will most likely come down to normal. Since she is having diabetes and hypertension, regular kidney function tests should be done every 6 months. Creatinine can also rise due to hypertension and diabetes.

Input	Output
1.1.1.1.1.20ml)both the ovary show normal parenchymal echotexture.no adnexel mass/cyst or evidence of fluid in the cul-de-sac.name:Mrs rrrr age:32	<p>Fibroid, also called leiomyomas, are benign muscular overgrowth in the wall of uterus. It has already grown to a certain size when it has been detected. The only option is to go for surgical removal. There are no effective home remedies or homeopatedicines that would be helpful in this regard. If you do not get them removed, you might suffer from menstrual irregularities. If that is not your problem, you may wait since fibroid only rarely turn cancerous (malignant).</p>
1.1.1.1.1.3 Lakhs/Cumm Will you please guide us on wat to do next? Note- We live in India	
1.1.1.1.1.3 mg/dl this month. My platelet count continues to be below the range. I would appreciate your views on the above regarding whether there is any cause for concern or I can continue current medication. I exercise daily for about 45 minutes.	<p>Hello dear, it seems she has streptococcal infection. For differentiation, you should also give antistreptolisin -O, IGM, G to Chlamydia trachomas, uric acid, reumatoid factor, throat culture and sensitivity to antibiotics. Amoksiclav, ibuprofen should be given for 10 days. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing your baby good health.</p>
1.1.1.1.1.3 x 0.8cm in its mid and upper pole. no calculus or caliectasis noted. What the report mean and what should be done?	<p>There is a rise in creatinine, but that needs to be vigilant to check if we are missing any reason for the rise. We do not have any medicine to reduce creatinine levels. We need to keep the disease activity under control. Your blood pressure should be 120/80 mmHg. You should not be taking any painkillers. So, you should get your serum creatinine repeated on a monthly basis. For more information consult a nephrologist online</p>
1.1.1.1.1.5 and from 59% to 51%monocytes from .2 to .3 and from 6% to 10%Eosinophils from less than .1 to .1 and from 3% to 4%Basophils tested on first test as less than .1 and 1% Having joint and muscle pain, pain in back. legs shoulders it migrates. Chills/sweats, rapid change in vision, shakes in hands, cramping in feet, mood swings, fatigue and sleep disturbances. Being referred to oncologist at cancer center, what could the causes for my decreased cbc and symptoms be?	<p>Hi ADN welcome. Nothing should be done. These are only mild chronic kinda changes due to aging. There is no need to be worried if your urea and creatinine levels are normal and you don't have any symptoms. Those 2 cysts are small and it shouldn't cause any problems. You should just do annual check up by ultrasounds for its size following and if it shows rapid grow or signs of malignancy it should be surgically removed. From this, it seems like to be simple, benign cortical cyst. Wish you good health.</p>
1.1.1.1.1.5 kg.	<p>It appears you are possibly having megaloblastic anemia. It B12 deficiency commonly leads to increased MCV, anemia and leukemia.2. It B12 serum assay will confirm it. Multiple systemic symptoms suggest nutritional deficiency rather than oncology problem.3. However, do get a bone marrow biopsy done to rule out any malignancies in blood. Hope it helps. Any further queries, happy to help again.</p>
	<p>Hi thanks for asking question. Noted she has acute cholangitis with cholecystitis like condition. So removed gall bladder and affected Part. You also have done marker CA 19 -9 that is specific for pancreas carcinoma. Patient is also recovering well. So chances of malignancy less. Follow up done. If still suspicion CT or MRI like higher investigation need to look for any abnormal area. If suspicion area comes, from that area of pancreas biopsy can be taken. Hope your concern solved.</p>

1.1.1.1.1.5 month,so no exertion and have been intaking oil-less food. No fatty food intake. I dont drink alcohol. And my body is little loose indicating fat.	<p>His would suggest you to the following:-Amrita Fatwa - 1/4 tsp with warm water-first thing in the morning, empty stomach. Liv 52 (By Himalaya Pharmaceuticals) - 2 tablets thrice a day after food.</p> <p>Kumaryasava - 2tsp thrice a day after meals (without mixing water. Though few would recommend with water. However, you can consume water after the intake of the syrup)The above recommendation is in effort to increase the Liver Health and to help the liver restore its default functions. Continue the medication for a month, followed by a blood check. The change s in your blood level may help decide the time you may have to continue your medications. My assumptions are that you may require to continue it for a time period of at least 4 months. You seem to be taking required precautions in terms of food and lifestyle. I advocate you continue following the same. As an addition I would advise following Indian GooseberryPapaya White RaddishBeetrootBitter Gaul .</p> <p>Have a great day.</p>
1.1.1.1.1.5 or so. Otherwise the boy is active nd asymptomatic. Urine o/p is N. HBS Ag nd HCV both are -ve May I seek ur opinion nd further adv pls. Regards	<p>Thank you for posting query. Further evaluation needed. Need some test results, get done following blood tests: ESR, CRP, lipid profile, get ultrasound abdomen also. Then post results here or visit treating physician. Further advice:abstinence from Alcohol and . - use lemon juice (lemonade) once in a day-walk 30 to 40 minutes every day.- or swimming is alternative to walking-NO sports and NO jogging-recheck liver enzymes after 6 to 8 weeks.if any further questions, feel free to ask. Health professionals aim to diagnose properly and manage patients according to their limited knowledge. Cure is blessed by the ONE who Created us, whose power and knowledge is unlimited .wish you good health. Regards,</p>
1.1.1.1.1.5lt flui was taken out.then they started using bipap intermittently &on 13.10 she was discharged from hospital with advice to give O2 at home 14hrs intermittently at 1lt.NOW today againat noon she started complaining gabraht ,bechaini. what to do?	<p>, your mother seems to be suffering from renal failure. You have to maintain a strict intake of less than 1Litre /day of fluids. Lot of fluids administered can result in pulmonary overload. Get her 2 d ECHO done, to know about her cardiac ejection fraction and systolic/ diastolic dysfunction. Repeat her CHEST x-ray and ABG. If her CO2 remains high, then she is suffering from respiratory failure as well, and you may need to use BI PAP machine for that. Send me the details after all the tests. I may be able to help you then.</p>
1.1.1.1.1.7 , LO- 2.9*2.2 , 2.1*2.1 doctor told me stop scan so am not going 2 scan . there is any chance for ovulation or any chance for become preganant	<p>Hi, Forum It's very unlikely where an ovulation fails after injection, even when the scan shows well-developed follicle in the right ovary also in the left. Well with the size of the follicles mentioned in the scan ovulation is much expected naturally and with much more expectations can be made. I would advise you to get a TVS scan (Trans vaginal USG) , with an HD (High definition variety)As the details in it are reliable, may be the sizes the previous scans mentioned are of cysts, or even misinterpreted. The endometrial thickness is good, and is not an issue here. Thanks for visiting .com Bye</p>
1.1.1.1.1.7 (135-155) potassium 3.98 (3.5-5. one year ago i suffred from this desies at that time my doctor gave me ursocol 300, antioxid,ec350 but now the doctor has been shifted to another place now a new doctor gave me viboliv 500 and febuget 40 for uric acid .i an alcoholic with intake once a week one peg and non vegetarian ,i dont smoke. i shall be highly oblised if u help me. thanks	<p>Hi, ! The cause of fatty liver in your case is alcohol intake. The liver enzymes are only mildly raised. Abstinence from alcohol will reverse the condition. If you are obese, weight reduction is</p>

1.1.1.1.1.72-2.12]

>2 PPD: OR = 2.21 [95% CI, 2.14-2.37]

necessary. If you are a diabetic or if you have high cholesterol, those issues should be treated as they can also contribute to the development of fatty liver. Continue taking protocol and violin.

1.1.1.1.1.72-2.12]

>2 PPD: OR = 2.21 [95% CI, 2.14-2.37]

Dose-response

Which is 80. Reported with this study that suggests a potential causal relationship between smoking and blood pressure. I am taking 40mg of pregabalin in the morning and one night. UtiLiv 300mg thrice a day.Morning, afternoon and night. Sylmarin 140 mg twice a day .One morning and one night.

Noted you have fatty liver. It is not genetic condition. In fatty liver fat is getting accumulated in hepatocytes. So also called stenosis. Causes are as below. Hyper cholesterolDiabetisAlcohol Chemical and . Your triglyceride slight high. Main mode of treatment is to cut off oil in diet. Use less oil in cooking. Use good oil like sunflower oil. Avoid alcoholFruits more. Avoid trans fat foods like meat and junk foo

1.1.1.1.15 cm. No adnexal masses detected. No free fluid in the cul de sac. Cervix appears normal

The fluid in my uterus was removed by D&C wherein a biopsy was done & here is the finding:

Uterine cervix, cervical biopsy from cervical growth: - Invasive moderately to poorly differentiated squamous cell carcinoma with glandular extension. - No definite vascular invasion seen in this biopsy specimen. My OBG told me that it is a stage 2 Cevical CA. She ordered for me CT scan & MRI, both with contrasts. here is my CT result: Impression: Bulky uterine cervix Multiple non-enhancing lesions in both lobes of liver ? cysts ?? metastasis. Ultrasound correlation is recommended for differentiation Low attenuating lesion of fat density in the right renal lower pole possibly lipoma My MRI will be resulted after 2 days. I am very anxious & afraid about this. Can you help me more on this? What is the next best thing to do?

Hi, Thanks for writing in. You have a cancer in the cervix of uterus that is still in early stages. The biopsy report shows the cancer cells which are of invasive moderate to poorly differentiated type squamous cell carcinoma. This is a type of cancer involving the cervix. It is important to know the exact size of the cancer area and the CT and MRI scans will help in this. I understand your concern at having multiple areas in the liver which have been given as cysts. A cyst is a fluid filled structure that is harmless. It is important for you to have a detailed review of the liver so that there is no confusion and doubt of disease spread to liver which will then change the stage and treatment decision and might be bad for you. The MRI scan will also show the areas and can be compared with the CT scan to get a better picture of the cysts being harmless. The kidney lesion is confirmed to be containing a fat component and this is a benign lesion.

1.1.1.1.19MG/DL.

. Your sun having jaundice . Bilirubin level high. Other investigation normal. You have not mentioned your liver enzymes study report. The cause has to be decided. Mostly viral hepatitis will be there. Investigate with ,.-Anti HAD -Bag -Anti HCV If viral marker negative USG done for gall stone or other bile duct problem. Second if still cause not clear then peripheral smear examination done with relic count to detect hemolytic anemia. For that if needed specific investigation needed according to PS study. For jaundice take low fat diet. Fruit juice more like apple juice, sugar can juice etc. Vegetable soup and green leafy veg more. Avoid alcohol. Fried food less. You can consult this with gastroenterologist consult him for further work up. Take care.

1.1.1.1.2 and below) All other liver tests came back in normal range. Also all other blood tests came back perfect . Should I be worried? I just had another private test done today

Hi there, This mild increase in bilirubin is not significant and may not indicate anything serious. So you need not worry about it. If there is fluctuation of the bilirubin levels with normal liver enzyme

levels, then the likely cause is Gilbert Syn . Sometimes increased destruction of the red blood cells can cause similar picture. Hemoglobin level, a peripheral blood smear picture and a reticulocyte count may be done to see if destruction of red blood cells is the cause. Is this answer helpful?

1.1.1.1.2 cm). I have been treated for UTI, but there is no relief. My mom is 66 years old and recently got treatment for early breast cancer. I need some advice on my issue. Please explain whether the cause of the pain is fibroids or not. I need some advice if fibroids could be the cause.

Hi. The fibroids can cause lower back pain and groin pain, especially around the time of period. However, if you do not have menstrual problems due to it, then no need for treatment. Usually, mild painkiller can be used for the pain at present along with simple home remedies. If the pain persists, then it would be good to get evaluated for other causes of back pain, because symptomatic fibroids would cause menstrual issues as well.

1.1.1.1.2 mg/dL
Bilirubin (total) 2.1 mg/dL
Albumin 3.1 g/dL
An abdominal ultrasound shows multiple small stones in the gallbladder and fluid in the gallbladder
What is the best management for this patient?
What is the best management for this patient?

Abdominal paracentesis
1.Urine routine, culture and ACR.2. Blood routine, creatinine,RBS, LFT,platelets, lipid profile and PSA.3. Ultrasound -PUB, with residual urine and a THUS.4. EKG, echoscan and TMT, if indicated.
After seeing these reports, an expert opinion can be given about treatment. . Manga.

1.1.1.1.2. Though TRIGLYCERIDES level is 96, but I am worried about Creatinine. Routine urine test is also normal as well as BUN and Uric acid. For Hypertension I use to take Nebicard 5, and Olmezest H20 daily. Should I have to worry about Creatinine? Why Serum cretinine increases?

1.2. It is normal. You should continue your all medication for lipid control & hypertension. No need to worry about creatinine. It can be slightly increased by many non-specific cause like exercise. So just repeat your creatinine level after a month. Just be relaxed. Hope I have answered your question, if you have any doubts then contact me atWish you a very good health.

Input	Output
1.1.1.1.23.S.Sodium-1414. S.Potassium-3.15. All type of Urine test shown Normal6. USG-Whole Abdomen- NormalAt present Doctor suggest to take Tab-Renolog (2-0-2)and Syrup Potkor (15-15-15ml in half glass of water after food for 5 days and stop	1.1.1.3 level can also be found if there is some deny . You medications of oenology and popular are fine. Hope I am able to answer your concerns. In future if you wish to contact me directly, you can use the below-mentioned link:

1.1.1.1.28 and on could I be pregnant?	I will be answering your concerns today. I have read your notes. IRENA IUD mainly acts locally on the endometrial lining. Fertility is restored immediately once it is removed. You have had sex several times after that. So there is a possibility of pregnancy. Among women trying for pregnancy 20-25% of them conceive in one menstrual cycle. So you have one in four chance of being pregnant. The Or tho Era patch used just for six days has no protective effect. I hope this is helpful. If you have any further concerns do contact me through .
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1.1.1.1.28 my BUN was 15, normal value is 8 to 25. The GFR was calculated to be 58. Do I have kidney disease?	HI there, as you have rightly stated both your creatinine levels are beyond the normal range. Along with it your GFR is reduced, the normal level being between 90-120ml/min. The decreased GRF along with rinsing creatinine does indicate that you are going into chronic renal failure. Tho it is not absolute, but you do need to get a renal profile done and visit your general physician who should be able to guide you to the next course of action. Do take care.
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1.1.1.1.3 cm respectively . I have read through a number of articles on the internet in that respect, but my basic question is how serious is this ans what shall I do now.I am 86 of years of age and have a hear condition as well. Please advise if at all possible.	<p>Hello Renal cysts is a fluid collection in the kidney. The Majority of renal cysts are benign and can be monitored without any treatment. However, some are malignant and have to be removed by surgery. Simple renal cysts are found frequently in the elderly. The renal cysts have been classified into five categories by Bosniak Category I: benign simple cyst without septa, calcification or solid component. Category II:Benign cyst with few thin septa and contain fine clarifications Category IIF: Well marginated with a number of thin septa with thick nodular calcification and >3cms in size. Category III: Indeterminate cystic masses with thick septa with enhancement. Category IV: Malignant cystic masses with thick septa with enhancement and irregular margins. As per your ultrasound report it looks benign Get Your Kidney function tests (Blood urea and serum creatinine)done. If that is normal you need not worry. You can get 6 monthly kidney function test and repeat ultrasonography after 6 months to see if there is enlargement of the cyst or any change in its characteristics or increase in number of cysts. Large cysts compress the parenchymal and surrounding structures and cause pain. Pain can also be due to Hemorrhage and infection. Laproscopic roofing is the treatment if the cyst is causing symptoms and affecting the renal function.</p>
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1.1.1.1.33 0.43	
Conclusion:	
Pulmharkimab may be effective in reducing plaque volume but does not lead to improved asthma control in patients with a history of myocardial infarction and comorbid asthma.	To reduce selection bias
Source: 2016 J Am Coll Cardiol. doi:10.1016/j.jacc.2016.06.032	
Saying the Advancing and Cardiovascular Health path. But decreased count is worrying me. Can	

u tell me if shes recovering well?	<p>Hi, dairy have gone through your question. You wife OS suffering from dengue. There is no definite treatment for dengue. What we can do is symptomatic treatment. She needs plenty of intravenous fluid and HCT and platelet count monitoring only. Her platelet count is ok. Nothing to worry much about that. Treatment is ok. It will take one week to recover. Then she will recover automatically. If her platelet count goes below 20000 then only platelet transfusion is needed.</p> <p>Otherwise, nothing to worry. Just be relaxed. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.</p>
<p>1.1.1.1.4 cm. No evidence of ascites. Urinary bladder has normal walls. No mass or calculus is seen within the urinary bladder. Mild hepatomegaly with moderate fatty changes suggestive of fatty infiltration of the liver would recommend clinical correlation. Gallbladder is partially contracted at the time of the scan. Cholelithiasis with no sonographic evidence to suggest cholecystitis. Minimal fullness is noted in right kidney could be due to infection/obstruction would recommend clinical correlation Pancreas and retroperitoneum are partially obscured due to excessive bowel gases.</p> <p>Rest of the scan is unremarkable incidental finding Enlarged prostate with approximate volume of 36.5ml Impression: SONOLOGIST</p>	<p>HIIn most cases, treatment of gallstones is considered necessary only if you are having symptoms. Of the various conventional treatments that are available, surgical removal of the gallbladder is the most widely used. Some alternative treatments have also been found to be effective in alleviating the symptoms of troublesome gallstones. When deciding what course of action to take for symptomatic gallstones, doctors usually choose from among three main treatment options: Watchful waiting, nonsurgical therapy, and surgical removal of the gallbladder. Though a gallstone episode can be extremely painful or frightening, almost a third to half of all people who experience an attack never have a recurrence. In some cases, the stone dissolves or becomes dislodged and thereby resumes its silence. Because the problem may solve itself without intervention, many doctors take a wait-and-see approach following the initial episode. Hope I have answered your query. Let me know if I can assist you further. Take care . Rammstein, General Surgeon</p>
1.1.1.1.4 Electronically verified	<p>Total bilirubin - normal2. GOT, SEPT - normal3. Albumin - low normal4. Alkaline phosphatase - normal5. GET - normal6. A/G ratio - normalize Liver function test is absolutely normal. I would suggest you to - Avoid oily, spicy food-Avoid smoking and alcohol- I would start tablet pantoprazole - Get an abdominal ultrasound and an upper GI endoscopy done to look at the exact cause of the abdominal fullness and a loss of appetite. Do not worry. I would also suggest you to visit a gastroenterologist. He/she can examine you and correlate clinically. Hope this answers your question. If you have additional questions or follow-up questions then please do not hesitate in writing to us. I will be happy to answer your questions. Wishing you good health</p>
1.1.1.1.4 NO BLOOD IN MY URINE OR STOOL IAM 68 YEARS OLD BLK FEMALE	<p>Hi The use of Warfarin is associated with increased risk for bleeding. INR is the blood test recommended evaluating this risk. As it has been getting reduced recently, changes in the dose of Warfarin should be made. Discuss this further with your doctor who prescribed Warfarin. Other alternatives can be considered including Rivaroxaban (anti-coagulant). Hope I have answered your query. Let me know if I can assist you further.</p>
<p>1.1.1.1.4 now. I have also high blood pressure measuring 160/80, 140/70, and sometimes 180/65. I am taking Blopress Plus, Iterium, Zannidip, Doxazosin. and Razilet tablets for the High blood pressure. I take Zyloric tablet also for uric acid. Please advise me the best treatments for these health problems. I would be very grateful for your help. Thanks</p>	<p>Your platelet of 44000 is worrisome. Avoid any strenuous work or physical sports as any injury can</p>

lead to both internal or external bleeding.2. Heart rate is nothing to worry about as it is dependent on position and activity. If it is not irregular as confirmed by ECG, not to worry. 3. Creatinine is mildly raised, you need to control the blood pressure to avoid further damage to kidney. You will require weight reduction along with moderate exercises. Go for swimming or water aerobics, it will be helpful. Control salt intake and increase fiber in diet. Hope it helps. Any further queries, happy to help again.

1.1.1.1.4.Platelet - 405.MPV- 6.86.What do the above values signify? In addition to this, my iron is 18.22 and my TIBC is 300.72, ferritin is 213.00. Had colon surgery for colitis nine years back. Currently, I am taking Panadol, Ferroglobin.

H forum. Fever, weakness, and lymphocytosis in CBC are suggestive of viral infection. Symptomatic management is done with nonsteroid anti-inflammatory Your physical examination should be done first that includes lymph nodes, spleen, liver palpation, auscultation, etc. Investigate with peripheral smear examination report as well. According to the physical examination, if needed, the doctor will suggest doing further investigation. If a sore throat, abdominal pain or any other specific symptoms present then inform about that. After recovery from fever, iron tablets needed to recover from anemia. Provide peripheral smear examination report once done. Take care. Consult a physician for examination. For more information consult a hematologist online

1.1.1.1.45(conj.-0.78&unconj.-0.67).My USG report of whole abdomen was in normal range. Stool test report was normal & hemoglobin report was also normal.Now my problem is I m feeling tired & drowsy,loss of appetite,energy,&stomach pain.So,what should I do??

Hi Final, ! You have mentioned the bilirubin levels only, rather you should have mentioned liver function test fully. I think you are having Gilbert syn . I would like you to get fresh CBC, CRP, LFT, PT, serum Albumin levels and with reports put a specialist query to me or get reviewed by an expert local physician. You should take tab. Spray a day and tab. Attract for malaise as required basis till you get reports. Wish you a great health!

1.1.1.1.5 - 2.5 SGOT / AST 68.1 IU/L 0 - 35 SGPT / ALT 165.2 IU/L 0 - 41 Alkaline Phosphatase 169 U/L 53 - 128 Gamma GT / GGT 100 IU/L 0 - 49

Hello! Thank you for the query. Your liver tests confirm that fatty liver is still your main problem. The most probable reason of such results is bad diet, alcohol abuse, painkillers overuse. Fatty liver is a reversible thing. However, if left untreated can lead to liver cirrhosis which is irreversible. That is why you should do everything to stop that process. To do that you should change your diet. Avoid fatty foods, spicy foods, fried foods, alcohol and painkillers. Increase vegetables, whole grains and mineral water intake. Start some physical activity like jogging or bike riding. Hope this will help. Regards.

1.1.1.1.5 mmol/L
Hemoglobin 14 g/dL N: 13-17 g/dL (men), 12-15 g/dL (women)
Glycosylated hemoglobin is 6.4%
Total calcium 1.4 mmol/L N: 1.1-1.3 mmol/L
Total calcium 1.4 mmol/L N: 1.1-1.3 mmol/L
Bicarbonate (HCO3) 19 mmol/L N: 18-22 mmol/L
What is indicated first?

Hypertonic saline

Hi, Hypocalcemia is a common cause of convulsion in infants. Usually this response to 48 hours of IV calcium infusion followed by oral. In severe cases, or cases which recurs after IV correction, as happened here, we need to look for any underlying because that can be treated accordingly. Common causes include low blood magnesium level, vitamin D deficiency, renal dysfunction and low para thyroid hormone level. So in such cases, I used to order few more lab tests, in a step wise manner-renal function test, phosphorous level, serum magnesium, vitamin D level, and parathyroid hormone level. Your doctor will guide you. Hope I have answered your question. Let me know if I

can assist you further.

1.1.1.1.5 years and no results so far. Kindly suggest what can be done now.

Hi'm glad to answer your question. Since TB-Gold is positive, you are likely to have active tubercular infection. Next step would be to get a HSG done to know exact site and extent of tubal blockage. Fallopian tube is the most common site of damage in genital tuberculosis. The Mantoux (tuberculin) skin test is unreliable. It tests merely for the presence of immunity against TB. Resection and anastomosis surgeries are advised. If there is an isthmus block, then hysteroscope directed procedure is done. Meanwhile, continue taking antitubercular. Eat healthy, Exercise moderately, Take folic acid tablets. Don't stress yourself since treatment of tuberculosis in early stages definitely increases your chances of conception. Good luck. Hope I have succeeded in answering your questions. You could write to me anytime for further clarifications. Regards,

1.1.1.1.5 yrs. But i have red pimple marks on my cheeks due to use of retinoid (deriva) and also open pores. should i stop chemical peeling or not? will chemical peeling help in fading acne marks and reducing pore size. i still get some pimples on my cheeks forehead ,etc. my doc also said to continue reading all these products(face wash ,bengel ,deriva) till the age of 26 or 27. can i use only these products for 7 - 8 yrs. how can acne marks be faded and pore size be reduced? plzzzzzz help

Continuous use of the products you're using can only be advised if the doc feels that the benefits are more than the side-effects and there is nothing that u have to use only these products for so long. Chemical peeling is not the mainstay of treatment of acne but retinoids. And how to be used and for how long can be determined by dermal. Only bengel need not be given for so long, it can be avoided if the dermal feels. To reduce the acne marks and pore size u might have to use topical and/or oral retinoids for long duration as suggested by dermal. regards .

1.1.1.1.5-102.1, I just checked it again about 5min ago and it is 102.3. is this normal, I have never been sick for more than 2-3 days. and only once has my temp been over 103.5, (I was 7)

Hi, From history it seems that you got long period of having fever and requires evaluation of your case. This requires some investigations to conclude proper diagnosis of having your fever. Go for complete blood checking like TC, DC, ESR, MP, platelet count. S. Tidal. Go for routine urine check up. If you require go for x-ray chest. After all reports your doctor come to diagnosis and plan of proper treatment can be started. Meanwhile, take rest and take light diet. Ok and take care.

1.1.1.1.5, mean corpuscular volume (MCV) is 95.1, hematocrit is 0.37, and red blood cell count is 3.93.

Hi. Sorry to hear about your mother's condition. Take care. Hope your concern is solved. I wish your mother good health. Revert with more information to a hematologist online. Take care.

1.1.1.1.5mm bulging disc and facet hypertrophy this causes canal and mild to moderate bilateral foraminal stenosis. I went to a few drs they told me nothing was wrong. I had sent my images to the laser surgery center and they told me that I would need a fusion in this world but that drs would help me. I have been to 3 different neurosurgeons. the last one sent me for a myelogram because I have a spinal stimulator that does not work and he told me that I only have one slight bulging disc and he's not sure where my pain is coming from and to modify my stimulator. My pain management dr told me from my MRI looked like I had a few herniated discs. he then touched my SI joint and I jumped so I know that there is an issue there and he wants to do injections. So what does this MRI tell me? Do u think that the Neurosurgeon is not being completely honest because he doesn't want to do anything because I am too young? The pain is getting progressively worse and what he is telling me that the Myelogram says does not mesh with my mri or what I feel. My symptoms are like

sharp pain in my lower back. Im at an 8 pain all the time. I do get soreness down my butt. I feel like my nerves are pinched causing leg aches. I haven t gotten any better just worse and we are going on a few yrs. I cant work cuz I can t sit up at a desk like I used to. I also have Fibromaylgia. So any info that u can give me would help. Thank u very much!

Lifestyle modification:- do not put on weight-comfortable walking shoes-proper sitting-maintain proper posture while standing, sitting(use mirror for visual feed back)- go swimming or float, the turbulence of water will keep the muscle relaxes and spasm free and strengthen the core muscle-Do not lift heavy objects- Do not forward bend-Prolong standing and sitting should be avoid, have intermittent break-yoga2. See physiotherapist anti inflammatory and muscle relaxant-help in reducing pain and strengthen the muscle still pain not coming down seek orthopedic get an opinion for injection. If no option and still pain full rule out possibilities of surgery with surgeons. Please revert if you need any further information. With best wishes,

Input	Output
<p>1.1.1.1.5mm) are seen in the left lobe of liver- simple cysts Portal vein & hepatic veins are normal.</p> <p>What does it mean. Also E.S.R = 19 HAEMOGLOBIN = 12.5 R.B.C. COUNT = 4.21 PACKED CELL VOLUME = 36.3 PLATELETS COUNTS = 141 REST PARAMETERS OF C.B.C , AMYLASE , LFT , GLUCOSE FASTING ,ARE O.K SAMPLE DATE IS 12-5-13 What problem , these blood parametrs and ultrasound report indicates .</p>	<p>Hi, Your reports are mostly within normal limits, your platelet count is less than normal and your liver scan showed fatty liver changes, there is no Lipid profile is not there you should get Lipid profile also and simple cyst they must be incidental finding and this should not be any problem. You should take healthy lifestyle with exercise regularly, and by chance if you take alcohol you must stop taking alcohol. Fatty liver is treatable by lifestyle changes. Change in diet low fats not more than 30% calories from fats and saturated fats should be less than 10% please avoid animal fats, fried items and butter. If you take exercise regularly it will help to recover please also repeat platelet count to check it has recovered to normal. Please take care. Good Luck . . D.</p>
<p>1.1.1.1.6 g/24 hr)</p> <p>Which is the most likely cause of this patient's acute renal failure?</p>	<p>Dehydration</p>
<p>1.1.1.1.6 protein down to 204 from 248 does this mean kidney cancer????</p>	<p>I can understand your concern No, this does not mean kidney cancer. These decreasing values are suggestive of improvement. Initially patient is having higher creatinine and higher Urinary protein levels. So patient was having renal damage and hence proteins were lost in the urine. Lisinopril is ACE (angiotensin converting enzyme) inhibitor. And it is having Reno protective effect. It decreases protein loss from kidneys and improve renal functions. So, lisinopril actually improved renal function in this patient, and it is good sign. So by no means this is kidney cancer. Hope I have solved your query. I will be happy to help you further. Wishing good health to patient. Thanks.</p>
<p>1.1.1.1.61 CMP was done as well Please help me!!!</p>	<p>Thanks for consultation. I have gone through from your complaints and full case history and investigation. Clinically all the symptoms are with clinical diagnosis of hypothyroidism.advise:Repeat with thyroid a fiction tests including with TSH,T3,T4,thyroid antibodies, thyroglobulin level. Blood vitamin D level. Blood Phosphate.calcium.magnesium, LFTs, if still no diagnosis then you can start thyroxine after consultation with your endocrinologist.</p>
<p>1.1.1.1.7 cm for a total volume of 3.4 mL. Physiologic follicles and power Doppler flow at both ovaries are seen. No ovarian or pelvic masses are identified. Please let me know if my findings is what is keeping me from getting pregnant? Thank you.</p>	<p>HelloThanks for your query. You seem to be having fibroid or adenomyosis. In both these cases, the wall of the uterus gets thickened, and is not able to support a pregnancy.Also, your age is 40, at which ovarian aging starts. Please consult an Infertility Specialist for ovarian reserve testing, and assessment of uterine cavity via laparoscopy and hysteroscopy. You might require ART (assisted reproductive technology) in order to conceive. All the best.</p>
<p>1.1.1.1.7 cm. should I be worried about it?</p>	<p>Hello! Thank you for the query. Small liver cysts are benign lesions and all you need to do is to have an ultrasound once a year to have it under control. Same thing with kidney cyst. For sure these cysts are not causing your upper right abdominal pain. If this pain appears after a meal, nausea is present, I suggest you to have gastrostomy as a next step. If you have any constipation, diarrhea, blood in stool, and are over the age of 50, colonoscopy should be done. Hope this will help. Regards.</p>

1.1.1.1.7 g/dL	
The gamma protein was later confirmed as an immunoglobulin G (IgG) kappa paraprotein (1,040 mg/dL). Due to these results a computed tomography (CT) scan was conducted, and it showed moderate osteopathy without any other lesions. A bone marrow biopsy was done that showed 5%–10% plasma cells. Which is most likely associated with the diagnosis of this patient?	Osteoporosis
1.1.1.1.70 platelets per microliter of blood for some medical purpose. I am taking papaya leaf juice. Can I take Dexorange?	1.1.38 platelets per microliter of blood. If you have no clinical complaint, then I do not think you have to investigate further. Papaya leaf extract syrup and papaya fruits can be taken to improve platelet count. Peripheral smear examination report can be done to check platelet morphology. Your all other parameters are within the range. For more information consult a hematologist online

1.1.1.1.73 m2	Continue unfractionated heparin
Which is the most appropriate next step in management?	
1.1.1.1.74 Ratio 12. TOTAL CHOLESTEROL PHOTOMETRY 212 mg% 13. HDL CHOLESTEROL - DIRECT PHOTOMETRY 27 mg% 14. LDL CHOLESTEROL - DIRECT PHOTOMETRY 146 mg% 15. TRIGLYCERIDES PHOTOMETRY 227 mg% I am of 38 years old, male and non diabetic and non alcoholic. I do not smoke. Suffering with mild abdominal pain from 2 months. Is there any co-relation between the Cholesterol levels and Liver functional tests and abdominal pain. Kindly suggest appropriate diet and any important suggestions.	Hello Altered LFT can cause abdominal pain. Increased SGPT and GGT indicated liver injury. It may be due to altered lipid profile. Report suggests LDL, cholesterol, triglyceride level are mildly raised. You need further investigations like RBS, ultrasound of abdomen. In such conditions, I suggest diet and lifestyle changes. If condition persists then combination tablet of atorvastatin 10 mg and fenofibrate 160 mg at night after dinner can be prescribed. You should avoid red meat and high fat milk products. It is good that you don't take alcohol. You should do exercise and go for walking. Take a lot of fibers in diet. Take Care .

1.1.1.1.75cm isthmus AP: Right 0.305cm Right lobe surgically removed	Hi, dairy have gone through your question. You have large granular T cell lymphoma. Treatment of choice is chemotherapy. You should go for chemotherapy according to stage of your cancer. For thyroid, you should go for fine needle aspiration cytology. And take treatment accordingly. Hope I have answered your question, if you have doubt then I will be happy to answer. Wish you a very good health.
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1.1.1.1.8 % (32-4 please give an opinion. sorry for the english.	Hi, Your kid seems to be harboring some infection from the investigation reports. What are the associated complaints other than fever? Was the temperature monitored at any time? Does she have any cough? Does she have any burning urination or frequency of urination? Is there any history of sore throat? Does she have any chills or rigors? Please reply in detail. You may contact me with further details on the following URL.. http://www.com/Funnel?page=askDoctorDirectly&docId=65124 In such scenario the questions are directly forwarded to me . and I can answer your queries regarding your kid online regularly. Hope this helps. Take care . D.(Pediatrics)Associate Professor of Pediatrics
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1.1.1.1.8 gms/dl and ESR was65.G S Mishra48/63 Rajat Path Mansarovar.Jaipur 20India	Eat vegetarian food (u can have egg whites)2. Good BP CONTROL3.DON'T TAKE PAINKILLERS4.Don't use ayurvedic medications that will suffice n forget about creatinine.
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1.1.1.1.9 over the last 12 months. What would be the reason for that. My dr is a VA dr and its hard to get any concrete answers from him. I worry about my cancer returning, and turning up in the
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liver.	<p>You had prostate cancer and got operated, now you have no problem with the urination. Now your liver function tests started abnormal, you are fearing of the recurrence. It may not be a recurrence or metastasis. It may be due to the alcoholism, . I advise you to consult a gastroenterologist for diagnosis and treatment. Wishing for a quick and complete recovery. Thank you.</p>
1.1.1.1.90 MVV= 071 Regards	<p>As per age and in female non-specific t wave changes are common .need not worry unless u fell breathing difficulties or pain in chest after exertion .or previous cardiac problem .or Youâ€™re echo showing any problem.if no any chest pain living healthy and active life then need not worry. I suppose Your not having any previous health issues . cholesterol is high first try with healthy lifestyle like exercise avoiding spicy and oily stuff. Repeat cholesterol after 3 months if still higher than 170 then can be started on medication for same</p>
1.1.1.1.Is anything serious please advice.	<p>Hi The low hemoglobin and elevated bilirubin suggestive towards any hemolytic anemia condition like Sick cell, thalassemia, G6PD, phagocytosis, AIDA etc. So you need to investigate further with serum LDH estimation, reticulocyte count, peripheral smear examination report and he electrophoresis for further work up. You can revert with reports once done. Hope I have answered your query. Let me know if I can assist you further. Take care .</p>
1.1.1.1.Is it possible that the high TSH level is the reason for my chronic fatigue and insomnia? Is it also elevating my cholesterol and triglycerides? I am guessing the doctor is going to want to put me on hormone medications to treat the high TSH?	<p>H forum. A high TSH (thyroid stimulating hormone) indicates a condition called hypothyroidism. This condition can cause fatigue and high cholesterol levels but insomnia is very unlikely in this condition. Yes, your doctor will initiate a hormonal medication called Thyroxine which you may have to take for a long time. Hope this information was useful to you. For more information consult an endocrinologist online</p>
1.1.1.1.now he has fever and cough from past 4 days.he is not taking much food now.he is taking the medicine mycept and now doctors added sandymom also.his age is 60 and weight about 80 kg,height is 5.7 inches.	<p>1.1.1.9, one has to rule out rejection. For this, blood counts, routine,urea, electrolytes,sugar, and ultrasound scan is must. According to reports, your nephrologist will advise, about starting steroids. If you want my expert opinion, send reports as a direct question. . Manga.</p>
1.1.1.1.Now requires repatriation to India,Pune, and further treatment to be continued in Pune CGHS hospital, speciality hospital, patient being central govt. servant. Please help. URGENT PLEASE	<p>HAs per your description, this patient needs a transfer in Air ambulance accompanied by trained nursing staff, doctors and with full equipment like oxygen, ventilator, Intravenous facilities et cetera. And there is always a risk of death during transfer. So, it is better to think about all this and then take a decision. Hope I have answered your query. Let me know if I can assist you further.</p>
1.1.1.1.Parametria are free. 22.Iliac fossae are normal. 23.The post void scan shows 88cc residual urine. IMPRESSION: = Polycystic ovaries. = mildly Thickened bladder with significant post void residue	<p>Hellos clearly mentioned in the ultrasound report that you are having Poly Cystic Ovarian Disease (POD or PCs). Since you are having pod and I want to explain few things about POD. Please read it carefully:Signs & symptoms:1 An . 2 Menstrual irregularities, dysfunctional uterine bleeding or amenorrhea.3 Obesity with glucose intolerance.4 Alteration in LH/FSH ratio.5 Elevated serum testosterone and an</p>

Input	Output
1.1.1.1â€™2.5. Which statements about the reported association in these studies is most accurate?	The p-value of study A is likely larger than the p-value of study B.

1.1.1.11 Free T4. Obviously concerns abound. Doc now referring us to Neurology (not sure why-waiting on call from him). I assume we are focusing on muscle issues, but don t want to overlook GI issues and lose sight of the fact that we have a genuine concern about what we ve endured before. BTW-DD1 wasn t diagnosed with usual ALL symptoms. She went into ER for Hip pain that caused her to not be able to walk. It resolved in 2 days but returned in other hip a week later. 1 lab with a couple blasts (normal WBC, RBC, DIFF, etc), prompted doc to order a consult with hematology, dx 3 weeks later with high risk pre b-cell ALL. she died 1 year later after GvHD battle.	Dear friend,First, accept my condolences on the loss of your first daughter. Coming to your current question, nothing in her symptoms or investigations seems to point to ALL as of now. If your concern is with 71% lymphocytes, this can be normal in a year-old infant. Her other cell counts and biochemistry tests are normal. Whether she could be having a musculoskeletal disorder, I am not currently knowledgeable enough to comment on what it might be, but I would suggest that if they want to get this diagnosis out of contention, they should consider a KITCHEN . I say this because both your child
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1.1.1.13 and HCV Qualitative PCR said it is Not Detected I am confused. Why is this contradiction? How I should interpret these results where my LFT attached with this message also showing abnormal results but no HCV PCR detected. Am I infected with Hepatitis C??? What should I do?	Hello and thank you for your question. The screening test for Hepatitis C is an antibody test (Antioch). Anyone who has been exposed to Hepatitis C will then form antibody to it and be antibody-positive the rest of their life. Many people that get exposed to hepatitis C through a blood or other body fluid exposure clear the virus. If your Quantitative test was negative then you have been exposed to hepatitis C in the past, but you do not have a current hepatitis C infection. If your Lots are elevated then it is not from the hepatitis C exposure, it must be from another cause. You need to work with your doctor to figure out the cause of you abnormal Lots. Thanks for using
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1.1.1.14 again he got cold. Though short breathe is not this time, but having problem of running nose and cough sound. My first question is how long we can give Levolin (Twice daily) without any side effect. In last three years he might have taken levolin very often. Next question - Does levolin helps in running / blocked nose and in congestion. My next question is at what age will he able to fight cold without medication / he will be free of short breathe. Third when he gets short breathe I get tensed, how much risk is there in such cases. Waiting eagerly for your reply, please. Regards	Leveling helps to relieve the bronchospasm and shortness of breath. It can be given whenever the child has breathing difficulty (bronchospasm), generally for not longer than 2 weeks ATA stretch. No it does not relieve run or blocked nose. These problems generally improve as the child grows older, but no definite age can be predicted. This is treatable condition and with proper treatment the problem can be well controlled.
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1.1.1.1cm in left ovary &a nabothian cysts in my cervix. My pap test is normal .Doctor gave me medproxypogesterone for 10days.She didnt mention me when I should start the medicine . I stared this on my first day of my period. After finishing medicine, I saw 2drop of bleeding in 4 days later. Will I be able to conceive in future?	Dear member, The . I.e. from day 15 to 25. Later after you stop you will get your period with regular flow. After 2 cycles please undergo a transvaginal ultrasound to check thickness again. If still problem persists then A hysteroscopy is recommended to check whether there is any
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pathology. As you are young significant pathology chance is rare. You may not have any problem conceiving.thanks.

1.1.1.1Plz let me know what problem, I am having

1.6,which is within normal range. Alkaline phosphatase enzyme is present in various tissues like liver and bone The normal range is 44 to 147 IU/L (international units per liter). Yours is within normal range. Normal values may vary slightly from laboratory to laboratoryHigher-than-normal ALP levels are seen in Biliary obstruction, Bone conditions, Osteoblastic bone tumors, osteomalacia. So, no need to worry. Your report is normal. Hope you are happy with the answer. Thank you

1.1.1.1x0.8cm. i am so worried finding out that there is a kidney problem. what should i do? please explain to me what are the possible things for me to do

It is quite normal for pregnant women to have dilation in the kidney (what we call HY . This is caused by hormonal effects and changes during pregnancy and the compression of the gravid uterus to the ureters (the tubes that connects the kidney to the bladder). Since you are nearing term, You can observe the condition and repeat ultrasound 6 weeks after giving birth. I hope I have succeeded in providing the information you were looking for.

1.1.1.2 and s. urea also normal. Since 2009, there were traces of albumin in urine,but last week report showed albumin in urine as +++. Even RBC in last week report shows 10-15. Pl. suggest a suitable medicine and precautions to be taken. Regards. EMail id. YYYY@YYYY

Hi The indication for neurectomy is not clear. Is it stone disease or tumor. In any case if now you are having 4 plus urine protein, first step is to confirm it by a 24 hrs urine protein and creatinine ratio. And see in urine RBC are dysmorphic by urine testing. If finds show more that 2gm proteinuria with dysmorphic RBC in urine, then you might be having glomerulonephritis (Intrinsic disease of the kidney).treatment and medicine will depend on the type and cause of glomerulonephritis. I would suggest please meet your nephrologist at the earliest.

1.1.1.2 MCV 94 Amylase 45

Hello . As a Urologist, let me confirm your reports suggest normal kidney function, with uncontrolled diabetes, with high uric acid level. You should mention your age, gender, body weight and height, to advise you. You should also check fasting blood sugar(FBS),2 hours after meals, blood sugar(PP2BS), lipid profile(fasting), and ultrasound scan of abdomen. Take sugar-free diet now onward and exercise daily, with low fat diet. You can send the reports to me, as a direct question, for an expert opinion. . Manga.

1.1.1.2 mg my tacro level came out to be 15.7 today earlier 6 month back it was 6.0 / i m gonna get it repeated kindly advise thanx

Hi, It is necessary to know first what the range of normal levels for Tacrolimus (Macro) for the laboratory that tested your blood is to know whether the 15.7 is considered significant or not. Some authors would say that limits for tacrolimus are 5-10 while others allow the upper limit to ride out to 15. Therefore, if the lab range is the former you would be approximately 50% above normal and this could signal too much tacrolimus in your system. If the lab range is the latter then, the result of 15.7 is not significantly higher than normal. unless you are feeling some sort of symptom or experiencing some sort of organ insufficiency or failure over the past 6 months making it a significant number. Remember, in medicine often it's not the absolute number of a particular lab that is as important as the amount of change or even the rate of change of a parameter or chemical substance which determines the significance of that number. Your doctor who ordered the test would be best able to tell you if everything is fine or if adjustments need to be made to your medication. Hope I have answered your query. Let me know if I can assist you further.

1.1.1.2 mg/dL)	Struvite
BUN 40 mg/dL (normal range: 7â€“20 mg/dL)	
Plain abdominal ultrasound shows a 1.2 cm size follicle in the right kidney.	1.2 cm size follicle is good. In next 3-4 days it can go up to 16/18 mm then it can rupture and can become helpful for fertilization. To increase follicles size there are many medicines available like camphene citrate. But it should be taken after gynecologist advise. Have a healthy life.
Which is the most likely type of stone the patient has?	

1.1.1.2 over last 2-mos. Patient has been on on lithium for 30 yrs	Hi, The given results of the lab tests are suggestive of chronic kidney disease due to Lithium. Lithium is a medication used in the treatment of bipolar disorder. Its long-term use of lithium may be harmful to organs, such as the kidneys. Kidney damage may include acute (sudden) or chronic (long-term) kidney disease and kidney cysts. The amount of kidney damage depends on how long you have been taking lithium. It is possible to reverse kidney damage caused by Lithium early in treatment, but the damage may become permanent over time. So, Lithium should be discontinued and an alternate effective, but a safer medication like atypical antipsychotic should be replaced to treat bipolar disorder. Hope the suggestion given above would be useful. Feedback is appreciated.
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1.1.1.2-2.5:1 normal range) My Age is 21 Years old malesuffering from active acne and taking Isotretinoin capsules 20mg as per dermatologist prescriptions. Reply me pleaseLuqman Amla	HKindly note that your age and previous medical problems are not mentioned in the query. According the report posted, there is raised globulin above normal range the elevated globulin may be Alpha, or gamma commonly will be gamma, amd is of two types monoclonal proliferation or polyclonal. You need to undergo serum protein electrophoresis that will show next step in evaluation. If you have any joint pains kindly inform doctor. No specific medication is required right now but blood test STEP is required. And it is unlike due to isotrenitoin. Hope this helps.
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1.1.1.2. Mg/dl. Protein, s.albumin, s.glubolin, SGOT are normal. But SGPT is high = 62 (Range: 5 - 40). Please advise if I should take any medicine or get any other tests done. Thanks, Manish M	. Your total bilirubin high with elevated Sept. Here viral hepatitis ruled out first. Investigate with .-serum viral marker detection by ELISA.-USG also reveal fatty liver and gall stone if associated. Mostly you are having hepatocellular jaundice. Still for distinguishing it from obstructive jaundice Urine uribilinogen can be done. Avoid alcohol if habit. Udiliv . Fruits more. Green leafy veg more. One tsp crushed papaya seed with lemon juice can be taken. If still cause not found PS and relic done for rule out hemolytic cause Liver biopsy final option if no cause found. Take care.
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1.1.1.2. Still low, but it was good to see that it was increasing. My thrombocyte levels got higher again, unfortunately. The first time I was told that I was anemic, my thrombocyte levels were on 485, then in my second blood test (after using iron supplements correctly it decreased to 380. And yesterday, when I checked, it increased to 435 (reference is 156 to 373).I was also told that I have an infection in my urinary system and he gave me antibiotics. Honestly, I have been always getting suspected about it since my anemia has started. Should I be worried about my condition or is it normal?	Hello. In viral infection, lymphocytosis means increased lymphocytes and neutrophil is relatively low because of increased lymphocytes. Platelet can be high in iron deficiency anemia. It is not a matter of worry just now. You can provide your reports to guide you further. Your hemoglobin level is mildly low and you should be given a good iron-containing medication like Ferrous ascorbate (brand name Orofer that contains 100 mg elemental iron). It should be taken without break for the prescribed duration. The underlying cause for iron deficiency anemia also should be ruled out like bleeding, parasites infestation, etc. Repeat your CBC after a few days. For more information consult a hematologist online
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<p>1.1.1.2014 and stopped it. Her age is about 70. Now her eyes are yellow and all says it is jaundice.</p> <p>What to do ? What medicine to be taken?</p>	<p>If her eyes are yellow, there could be possibility of jaundice. This needs to be ruled out as some .</p> <p>Now, to confirm jaundice and what type it could be, kindly get her blood tested for liver function test. Also get her urine examined for bile salts, bile pigments and urobilinogen. Don't have to worry jaundice is a treatable condition. Kindly visit a Physician with the report for evaluation and management. Hope the information provided would be useful.</p>
<p>1.1.1.21 (ref. int. was 0.10-0.80). All other liver enzymes were normal. (only other elevation was cholesterol and CRP.) I am concerned about the elevated bilirubin levels. Are they considered very high? Does the fact they are high (even with other liver enzymes normal) mean there could be a liver problem? I can t seem to find definitive answers on websites. At the moment I don t have a primary physician to ask. Have read that if all other liver enzymes are normal, etc., that elevated bilirubin shouldn t be a concern. Is this true? And can bilirubin levels fluctuate ad go up and down for certain reasons? (Stress, etc.)? Would appreciate any answers to these ?s as I m very worried about whether this is a very serious concern. Thanks very much in advance.</p>	<p>HYour bilirubin levels are not that much concern-able high. Since it's slightly higher than the upper normal range provided your other liver functions are within normal limits. You do not need to worry at all about your results. Just repeat your tests after a period of 6 weeks to see if there is any change in it. If you find yourself itchy and getting jaundiced then immediately consult your doctor. Hope I have answered your query. Let me know if I can assist you further. Take care .</p>
<p>1.1.1.21,I have high level of S.SGOT & S.SGPT & S.G.G.T. Do i need to worry, do i need some medicine ?</p>	<p>Hi . Its elevation is common found in many disorders must most usually is alcoholic, viral, autoimmune or toxic liver damage. The most common liver disorders are fatty liver which can be found in healthy people, but usually is resulting from elevated blood lipids, overweight and elevated blood sugar. If ultrasounds didn't find anything and viral markers are negative then you have no reason to be concerned. You should treat it by changing dietary and lifestyle habits. Do exercise, avoid alcohol, smoking, fats, fast food and carbonated . Eat more fruit and vegetables, boiled meat and follow some of hepatoprotective diets. Findings usually improves on such measures. If not, then some medicines can be prescribed, but I suggest going step by step. If you don't have any symptoms then this is just slight and reversible liver damage. Wish you good health.</p>
<p>1.1.1.23MomNasal Bone PresentMeasured by a radiologist.Trisomy 21 ScreeningScreen positive\The calculated risk for Trisomy 21 (with nuchal translucency) is above the cutoff, which indicates an increased risk. After the result of the Trisomy 21 test (with NT) it is expected that among 156 women with the same data, there is one woman with trisomy 21 pregnancy and 155 women with not affected pregnancies.The PAPP-A level is low.The calculated risk by PRISCA depends on the accuracy of the information provided by the referring physician.\I wanted to know about the risk if in the first-trimester screening window is positive. Please suggest.</p>	<p>Hello. I have gone through your question and understand the concerns. I have reviewed the report. It shows an increased risk in the first-trimester screening. You should go for amniocentesis at 16 weeks gestation to rule out any chromosomal anomalies in the fetus. Hope you found the answer helpful. Regards. For more information consult a fetal medicine specialist online</p>

Input	Output
1.1.1.27, I am so confused? I am 49 turning 50 in Dec. Gone through menopause. Drink an Alive shake every morning during week with flax seed. On low carb diet with my husband who had lost 30 lbs in last 6 mo. 58 and weigh 140 lbs. In good shape but exercise has fallen off in past year due to work schedule. Been under more stress. What do you think?	Hi thanks for contacting . Your liver enzymes are slightly high . Your cholesterol values are not much higher . It is borderline. Here you can consult physician for your examination and accordingly investigation. Your USG abdomen done. If it shows fatty liver or gall stone like condition then it might be the cause. For which more fruits and green leafy veg taken. Uditiv tablet can be given. If you have any positive cardiac history, muscular problem, cytomegalovirus like condition then also it can be high. Hope your concern solved. Avoid alcohol if habit. Take care.
1.1.1.2cms .what to go about his medication .kindly suggest	1.1.7 cm cyst in kidney. Nothing needs to be done for this and a cyst or two is age related and can be considered as normal. The left kidney cyst is little bigger at 5.7 x 4.2 cm and can be followed up on repeat ultrasound scan after 6 months. The stones measuring 5 mm each in right kidney middle calyx and left kidney upper pole are not a concern if there is no obstruction to passage of urine and in the absence of symptoms like pain. He must continue to take adequate amounts of water to . A repeat ultrasound can also help to know any increase in size after 6 months.
1.1.1.3 and ALP to 370.doc said nothing to worry.levels going down.after 10 days my morning pee has become yellow again.I am worried .plz advice.	Hi . I understand your concerns and I will try to help you as much as I can. No need to worry since all findings are stabilizing and hematoma is benign lesion and very small in your case, so no treatment is required at this point. I hope I have answered you query. If you have any further questions you can contact us in every time. Kindly regards. Wish you a good health. .
1.1.1.3 cm. MRI report shows focal infiltration of the sagittal sinus demonstrated with stenosis versus occlusion of sagittal sinus . Should I be concerned about stenosis? , or is this a normal behavior or these tumors? Also remainder of brain demonstrates mild to moderate degree of white matter chronic small vessel ischemic changes. Could this be caused by the presence of this tumor?	Hi, Mariano Into Bruno Mascaras. I have gone through your query with diligence and would like you to know that I am here to help you. Stenosis means blood flow is interfered. So you have to worry. The other chronic small vessel changes can be due to this. Please consult a Neurosurgeon at the earliest Hope you found the answer helpful. If you need any clarification / have doubts / have additional questions / have follow-up questions, then please do not hesitate in asking again. I will be happy to answer your questions . Best Wishes for Speedy Recovery Let me know if I can assist you further. Take care.-loops 1 : After all your doubts have been cleared, kindly (a) at http://ask
1.1.1.3 x 0.8 x 0.8 cm. The urinary bladder appears normal.Findings of hyperechogenicity and decreased corticomedullary differentiation are suggestive of medical renal disease. Clinical correlation is advised.Can someone please tell me what the findings mean? Am I going into Kidney Failure. I have no toher medical conditions. I had a routine UA done over a week ago and protein was noted in myurine so my doctor sent me for an ultrasound. My creatine was normal and all other test. I am 44 and Im an AA Female. thank you.	HelloGenerally hyperechoic(bright) echo texture of kidney suggest renal parenchymal disease. It may be due to many reasons like chronic hypertension, chronic diabetes mellitus, glomerulonephritis etc. Besides clinical evaluation, you may need further investigations. Investigations include routine hologram, random blood sugar, urine RE/ME, complete renal function test(include serum urea, creatinine,creatinine clearance), GFR,serum sodium, potassium,chloride,

bicarbonate,phosphate,24 hour protein clearance. Further investigations can be done if needed.

Simple cysts in kidneys are generally benign findings and only need follow up. It rarely needs treatment. These are age related developmental findings. You should go for proper checkup. Get well soon. Take Care .

1.1.1.3.?

Hello. Thanks for writing to us. The cause of rise of creatinine needs to be seen. Please visit your physician to undergo physical check up and also to undergo relevant investigations required in your case. If the medicines you are taking already are not effective, increase in dosage may be required after consulting your physician. Try to avoid having pulses. I hope this information has been both informative and helpful for you.

1.1.1.3) cm in the right lobe of liver with mild fatty change. How serious is my condition and what will my treatment.

Hi, Thanks for writing in. Your prostate gland is mildly enlarged in size. It is not too enlarged, and medical treatment will work. There is small amount of post void residual urine and not a concern.

The cysts in lower pole of right kidney and liver cyst are a usual finding if you are in elderly age group. Few cysts are expected in kidney and liver at your age. Fatty liver needs to be considered with liver function tests. This will tell if the liver enzymes are raised or not. Doing a lipid profile will show any raised cholesterol levels. You might need to take medications for it.

1.1.1.30 AM and 5.30AM. Advice sought to do what immediately.

Hello Thanks for using .com From the details provided it looks to me like he is suffering from pseudo-medically refractory epilepsy along with psychosis and depression. I call it pseudo because of the inadequate dose and poor compliance with the medications. Other causes for recurrent seizures are sleep deprivation and wrong selection of medications for the type of epilepsy. I recommend you to see an Epidemiologist for classification of epilepsy and then to choose right medicine for the type of epilepsy. Inspire of this he remains refractory with good . Sincerely,

1.1.1.35. Note that when i had my liver function test 6 months back everything was normal. Not sure what wrong now. I tested for HepB and C both are non reactive My doctor suggested me to take hepa merz,ursocol,pantoid and a-z and he is also suggesting for liver ultrasound though i have done it as a part of my health checkup and which shows normal liver studies. He s also asking for endoscopy and liver biopsy . Please help me in this regard not sure i am on right path with this?

Thanks in advance!

Hello. Thanks for writing to us. The minor elevation in the liver enzymes that you are having is not worrisome if the hepatitis B and C are negative. This happens most commonly due to mild fatty infiltration of the liver that can be detected on ultrasound scan. I hope this information has been both informative and helpful for you. You can consult me again directly through my profile URL <http://> .

1.1.1.3mm. Dr. told me FET cant be done. Please let me know why it is not increasing further with medicines and it can be treated by other medicines? What should i do for increasing my Endometrial thickness? If prolactin is high, then this can be happen? Please help me by your suitable suggestions.

HELLO DEAR I understand your concern, dear in my view endometrial thickness is normal, ideal endometrial thickness required for embryo implantation is 9 to 11 mm there must be some other reason for cancellation of cycle. Definitely prolactin and also thyroid level should be with in normal limit before IVF. For successful IVF cycle if you are obese try to reduce weight, and can add metformin. And to normalize prolactin level you can add bromocriptine. All the best for next embryo transfer. Thanks

<p>1.1.1.3so it is increasing at the rate of 0.1 for every quarterso kindly giv suggestions to control it so that it culd be controlld within the limits</p>	<p>Dear Friend, greeting s from . Increase in serum creatinine gradually indicates deterioration in the functions of kidneys. You need to get evaluated properly. Diabetic are prone to Nephropathy especially if sugar levels are not in proper control. We need to get your microalbuminuria, HbA1c, fasting and post pron dial sugar, lipid profile, thyroid hormone levels, creatinine clearance for knowing your kidney status and GFR. Usually in diabetic patients are put on ACE inhibitor s or Arms to prevent Nephropathy especially now that your creatinine levels are increasing you must start. Meet your doctor with the report s and keep your sugar levels in control. Proper lifestyle changes are also needed. Thank you</p>
<p>1.1.1.4 was just wondering what is it. Is ther something to worry about. Thank you</p>	<p>Hello. I read and understand your question very well. I try my best to help you. As you have taken treatment for leptospira and your bilirubin is just above the normal value. I tell you that during your treatment you have taken . Do not worry about this. This will turn to normal level after a few weeks. Nothing to worry about this. If you have additional symptom appear than consult a good physician for this. Thanks and Regards.</p>
<p>1.1.1.4 135-155 mmol/ l Potassium(K+) . 3.36 3.4-5.3 mmol/ l HEMATOLOGY: Hemaglobin: 156 hematocrit: 47 WBC: 5.1 (Differential Count) Segmenters: 46 (normal values 55-65%) Lymphocyte: 37 (normal values 25-35%) Eosinophil: 04 (normal values 2-4%) Monocyte: 13 (normal values 2-6%) Other exam.: Clotting time: NV:2-5 min Bleeding time: NV: 1-4 min hope u can help me.i got a PKD(Polycystic Kidney Disease) but last 2 yrs i never go to doctor then i went today because i felt something weird in my lower back.and my doctor is away after i got my result.</p>	<p>Hello . As a Urologist, i can understand your anxiety. Your problem of APD(adult polycystic kidney disease), is probably the cause of your back pain. It's also causing microscopic hematuria or blood in urine. The kidney function is normal.(creatinine). You need to get a ACTIVE (contrast CT) scan done, to evaluate, the extent of kidney cysts, in both kidneys. Pain can be relieved with a mild analgesic, like Paracetamol tablet. If you've any doubts, send it as a direct question to me. . Manga.</p>
<p>1.1.1.4 cm. There is mild fullness of the right pelveocalyceal system. The cenal Parenchyma demonstrates homogenous ecopattern with no focal lesions seen. The central echo complexes are dense and compact with no ecstacia or lithiases.what is the meaning of that doc?</p>	<p>Blood routine, creatinine,RBS, LFT,and electrolytes.2. ACTIVE. If you've any doubts, you may send it to me, as a direct question. . Manga.</p>
<p>1.1.1.4 cms urinary bladder is well distensible with anechoic lumen. Wall is not thickened no evidence of local mass lesions nor mucosal irregularities seen negative for urinary retention. IMPRESSION:ENLARGED KIDNEYS WITH CORTICAL CALCIFICATIONS AND LEFT RENAL CORTICAL CYST-BOSNIAK 2 UNREMARKABLE URINARY BLADDER. I need some advice our primary doctor says we should see urologist im concern my husband health</p>	<p>Hi Mam I really appreciate your concern, It some time becomes very difficult when someone ask for some advice without clinical complain, just sending an USG report without chief complain won't clear anything, for what your husband advised for sonography, it is not stated here, your said report is indicative of some geriatric changes until & unless having some clinical symptoms, for better advise please send the clinical history, looking forward Good day</p>
<p>1.1.1.4 mg/dl (direct-0.8 mg/dl, indirect-0.6 mg/dl)Yesterday I was feeling too tired and ask to doctor near by us, he applied 3 injections (H.V.I. 10 ml, Dexasone 2ml, Aciloc 2ml) through a glucose bottle.Doctors, were these injections good for my health? Suggest me plz</p>	<p>Hi, I saw your reports. Your bilirubin level is normal to slightly above the normal values. Why are</p>

you getting your bilirubin levels repeatedly? Are you symptomatic that means do you have any jaundice, itchiness over your body, increased tiredness, any blood vomiting or blood in stools, bruises over your body or dark urine? What are your main symptoms? Sometimes, bilirubin level can be slightly high due to enzyme deficiency in our body which controls our bilirubin and nothing can be done in this case. It is called Gilbert syn . As far as your treatment is concerned which you received from a doctor, it indicates that you received a multivitamin injection, a steroid and anti-acid injection and there was no need for these things. One thing I would like to ask from you is, how is your mood? Is it high or low? Get your liver function tests done, full liver function tests (S. Bilirubin / total and direct, GOT / SEPT, S. AlkPo4, S. GET, S. Albumin, PTI / INR) and get Ultrasound abdomen done. Hope I have answered your question. Let me know if I can assist you further.

1.1.1.4, SGOT 63, SGPT 57, Hg 12.8. These two readings are from two different laboratories. My energy levels are quite fine (not exerting heavily though). Does the enlarged bilirubin level is alarming? My email id is YYYY@YYYY . Kindly reply,

1.1.6 again is not very high. You might probably have a slightly higher indirect bilirubin than direct which indicates a slight hemolysis. But your Hemoglobin levels are O.K. Keep eating a good high protein diet, take a grouper B-Complex Vitamin along with 1000 mg. of Vital supplement. I am sure you will be back to normal soon. Hepatitis-A does not go into a chronic phase. I wish you well.

1.1.1.4)S. Biluribin and D. Biluribin are slightly above reference range. What does it indicate. Please advise. Are there any more tests needed?Thanks in advance.

Hello. As you say S. Bilirubin and D. Bilirubin are slightly above reference range. The most common causes of increased bilirubin levels are liver, vesicle or pancreas diseases. For Liver and vesicle, abdomen ultrasound is correct additional test but for pancreas is necessary to request a computed axial tomography(CAT scan). Your doctor, probably,will request because a person with weight loss and increased bilirubin levels, pancreas disease must be rule out. I wish you good health.(In case the answer would have been useful please indicate this)

1.1.1.40) and sir in my whole body red dark spots come and it causes lot of itching and it goes after 2-3 hrs after taking medicine and it mostly after when i do workout or i play any outdoor games . doctor please help me i am lot worried about this allergy and very big figures of my report thank you

First I would like to know more details about you - a. What is your age? b. Since when you have allergies? c. Do you have symptoms of nose allergies or asthma? Since when? How often? d. How often you experience skin allergy symptoms? Any particular season when they worsen? Any particular food that aggravates them? What is your PFT report? It is best to interpret your allergy report only after knowing your symptoms in detail. Only allergy testing report does not help to make effective suggestions to patients.2. At present, I would suggest you not to worry about allergy reports. In fact, in my opinion, the figures are not really that big as you think. At present, I would only consider house dust mite and Parthenon (pollen of congress grass) important substances that may be causing allergies to you. 3. As you develop itchy red spots after workout or outdoor games, I would first think of cholinergic urticaria. They usually occur after exercise, or they are related to sweating. I would suggest you simple antihistamine . 4. In general, I usually suggest my such patients' avoidance of excessive sweating, avoidance of wearing tight-fitting or woolen clothes and avoiding too hot or spicy foods.5. Appropriate avoidance measures for allergy causing substances can only be suggested after knowing your symptoms in detail. Hope above suggestions will be helpful to you. Should you have any further query, please feel free to ask at . Wish you the best of the health ahead, and please do not worry. Thank you &

1.1.1.45mg/dl Serum SGOT : 90 U/L Serum SGPT : 110U/L Serum Alkaline Phospate : 56 U/L

Normal range Serum Protiens - Normal Creatinine - Normal range HBsAg Eliza - Negative Anti

HCV - Negative Alcahol consumption(wkly once/twice) - Stopped on 2011(As per Dr advice)

HelloYour history and reports suggest that you may be suffering from a harmless type of jaundice called as GILBERT SYN . It is an inherited metabolic disorder and a common cause of conjugated hyperbilirubinemia. Although other liver enzymes are found to be normal in this condition, but they are high in you, may be because of other reasons, which should be explored. These other reasons could be alcohol, abnormal lipid profile, persistent intake of herbal supplements etc. You must consult a Gastroenterologist and get investigated properly to arrive at the diagnosis. Thanks

Input	Output
1.1.1.47 rest all results ok. Now i m taking liv-52 2 tablets thrice in a day. is this will work and i will be fine? should i control my diet also bcz i m very fond of eating and drinking (drink once in 2 weeks but had stopped in this period)	Hi . I understand your concerns and I will try to help you as much as I can. It depends on the cause of elevated LFTs. In case of fatty liver, it will help. But in case of cirrhosis hepatitis or biliary issues it won't be helpful. The next step is to look for certain liver damage and most common cause is fatty liver disease. It should be confirmed by ultrasound. Other causes are viral hepatitis, cirrhosis, medications, alcohol intake or autoimmune diseases. To verify exact cause, US, bilirubin levels and tumor markers should be additionally done. Then appropriate treatment can be started. I hope I have answered your query. If you have any further questions you can contact us in every time. Kindly regards. Wish you a good health.
1.1.1.48 , 327 , 258 respectively . now pl. tell me why these values are increasing so fast and what problem is this physically I have no symptoms or any problem. pl. guide	What is your BMI ? Are you obese/ overweight ? 2. Do you consume alcohol ? 3. Do you have diabetes or any heart ailment ? 4. Do you take any medications or health supplements ? 5. Did you have any fever recently ? I would suggest you to get an ultrasound of abdomen and ask the monologist to tell you if there is fatty liver or not. I would also suggest you to have your viral markers checked- HBsAg and anti HCV
1.1.1.49cm. no evidence of renal stone. pelvis and calyces are not dilated.impression: normal sized kidneys with cyst on the left.generally, may i know what is this? do i need to undergo surgery to remove the cyst? your opinion will be much appreciated. thank you	Dear friend, Thanks for your query. I can appreciate your concerns. If you don't have any symptoms, such as, burning/blood in urine, no pain in abdomen overlying the kidneys no increase in frequency of urination, then you just relax. It is a benign simple cyst, for which no treatment or surgery is required. You are also not likely to have any problems except in rare condition when it ruptures due to blunt injury in which case, there may be some bleeding in urine. If you have high blood pressure, please ensure that it is kept under control with . HAVE A NICE DAY AND A SPEEDY RECOVERY. Fond
1.1.1.4Creatinine 0.8My age is 46yrs ,other functions are normal presently taking livit and udiliv and sorbitol syrup and aldactone 50mg all both time please suggest.	HBsAg2. Anti HCV3. Ascetic fluid analysis4. PT/INR5. Upper GI endoscopy need to quit
1.1.1.4X1CM. She used to have Tamoxifen last one year.After the chemo over 9 months later she had metastasis to lung and she died within three weeks. Can you please tell what was wrong with the treatment. No radiation was given prior or after the mastectomy. Doctor said chemo is not responding. Please suggest the right advice. Thanks	Hi, Thanks for writing in to us. Cancer is a challenging condition and is different in every patient. It is the uncontrolled proliferation of abnormal cells involving different organs. Breast cancer might be treated but might spread through blood to the lungs. This is called homogeneous spread. The cause for it is deposition of cancer cells in other organs even when the primary cancer is treated. This is an advanced disease and requires aggressive treatment. Please do not worry.
1.1.1.5 A liver biopsy is performed and the results are pending. The hepatocytes causing her acute issue are predominantly located in which area of the hepatic lobule?	The zone closest to the centrilobular vein
1.1.1.5 and his body was molted blue and purple, hands and feet very cold to the touch. He hasn't	

been himself since yesterday morning. His dr said nothing is wrong but something HAS to be wrong with that kind of fever! Please help!!!

Hi, From the description of symptoms of your baby, continuation of high grade fever with decreased intake of feeds and activity more than 3 days suggestive of a super added bacterial infection, though its started as a viral infection. Viral Pyrexes/fevers are common i younger. But, the most important warning signs to look for-any decreased activity, decreased intake of feeds, vomiting, decreased urine, irritable child, cold and discolored body. These babies need to be evaluated and needs close observation and admission, if needed to rule out any sepsis. Please show to your pediatrician, if any of these symptoms are persisting. Thanks