

Digital Signal Processing

Spring Semester 2022

Frequency-Based Analysis, Part 3

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Last time's learning objectives

- Compute the DTFTs of basic signals on paper
 - Shifted impulse
 - Combination of (scaled, shifted) impulses
 - Rectangles
- Write a signal's spectrum in terms of magnitude and phase
 - How to interpret the magnitude spectrum
 - How changes to a signal affects its spectrum

Today's learning objectives

From **today's lecture**, you should **be able to**...

- Simplify DTFT computation by...
 - Using a table of transform pairs
 - Using DTFT properties

Discrete-time Fourier transform (DTFT)

Transforms a signal from the **time domain** into the **frequency domain**
(and vice-versa)

time-domain

$$x(n) \leftrightarrow X(e^{j\omega})$$

frequency domain

Forward DTFT:

$$X(e^{j\omega}) = \sum_{n=-\infty}^{\infty} x(n) e^{-j\omega n}$$

Inverse DTFT:

$$x(n) = \frac{1}{2\pi} \int_{-\pi}^{\pi} X(e^{j\omega}) e^{j\omega n} d\omega$$

Ex: $x(n) = \delta(n)$

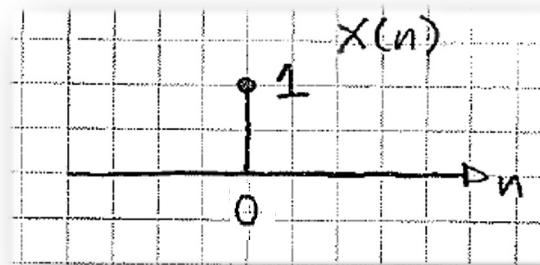
$$X(e^{j\omega}) = \sum_{n=-\infty}^{\infty} x(n) e^{-j\omega n}$$

$$= \sum_{n=-\infty}^{\infty} \delta(n) e^{-j\omega n}$$

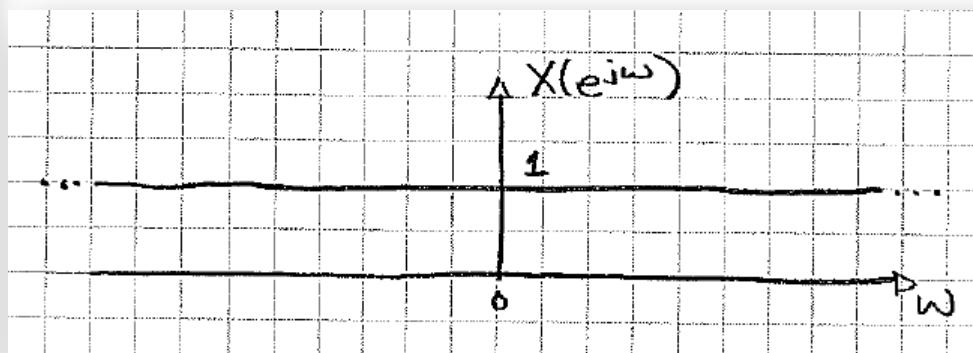
$$= \delta(0) e^{-j\omega 0}$$

$$= 1$$

Time domain $x(n)$



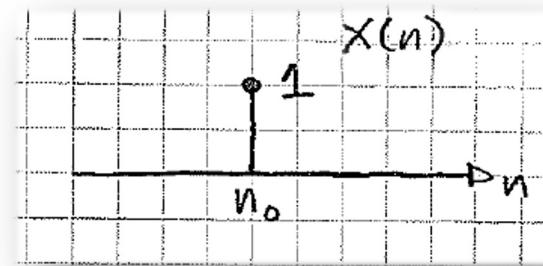
Frequency domain $X(e^{j\omega})$



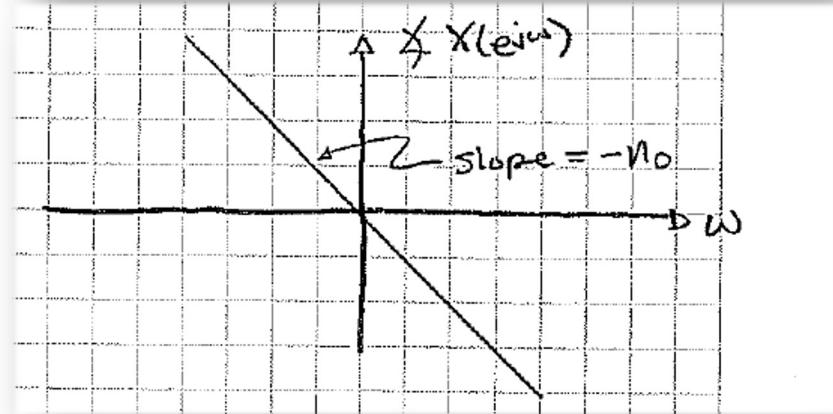
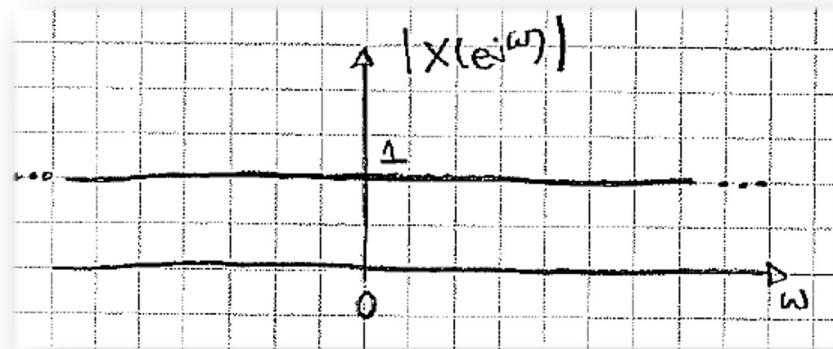
Ex: $x(n) = \delta(n - n_0)$

$$\begin{aligned}
 X(e^{j\omega}) &= \sum_{n=-\infty}^{\infty} x(n) e^{-j\omega n} \\
 &= \sum_{n=-\infty}^{\infty} \delta(n - n_0) e^{-j\omega n} \\
 &= \delta(\omega) e^{-j\omega n_0} \\
 &= e^{-j\omega n_0}
 \end{aligned}$$

Time domain $x(n)$



Frequency domain $X(e^{j\omega})$



Ex: $x(n) = \delta(n) + \delta(n-1)$

$$X(e^{j\omega}) = \sum_{n=-\infty}^{\infty} x(n) e^{-j\omega n}$$

$$= \sum_{n=-\infty}^{\infty} (\delta(n) + \delta(n-1)) e^{-j\omega n}$$

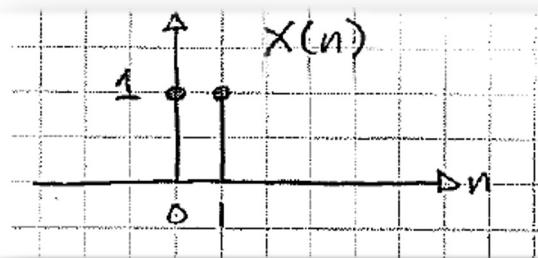
$$= \delta(0) e^{-j\omega 0} + \delta(0) e^{-j\omega 1}$$

$$= 1 + e^{-j\omega}$$

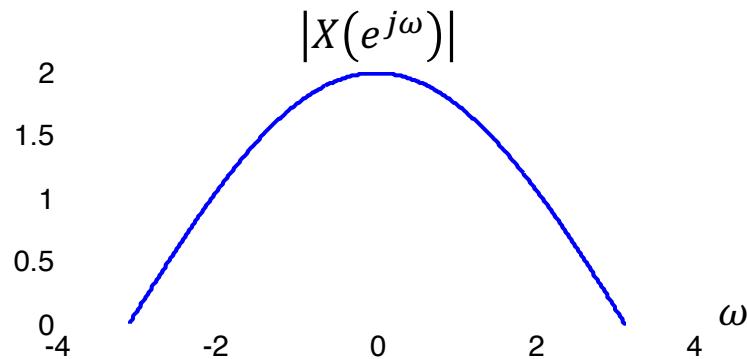
$$= e^{-j0.5\omega} (e^{j0.5\omega} + e^{-j0.5\omega})$$

$$= e^{-j0.5\omega} (2 \cos(0.5\omega))$$

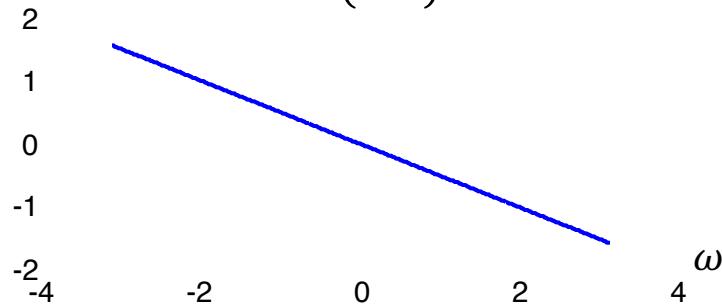
Time domain $x(n)$



Frequency domain $X(e^{j\omega})$



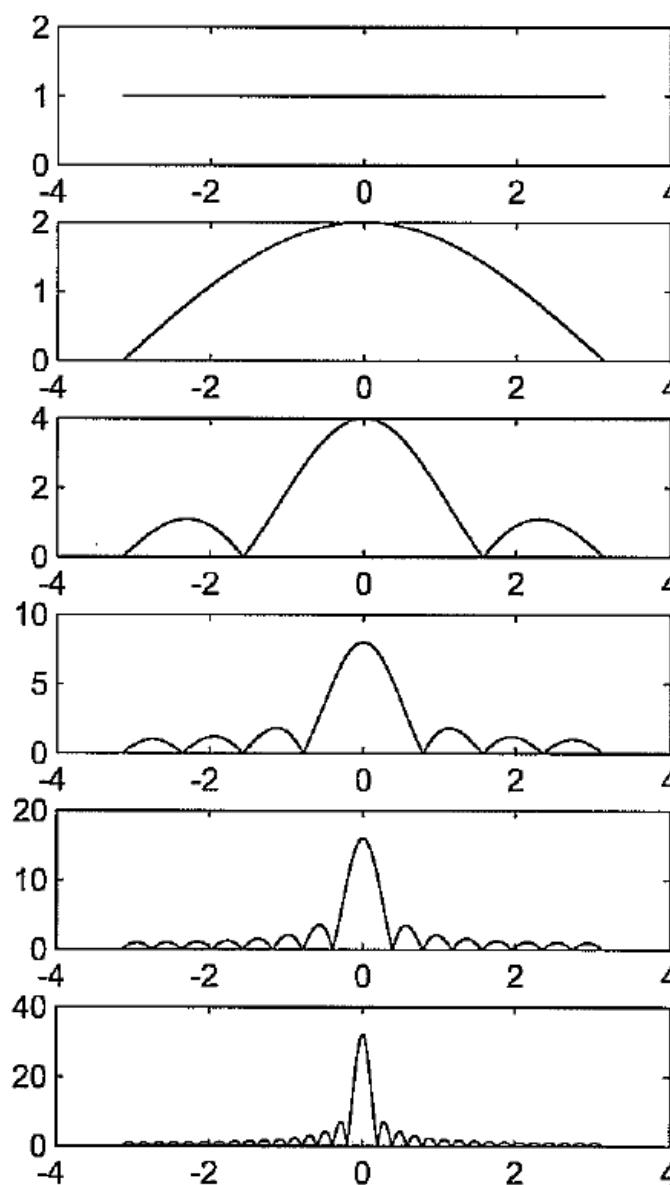
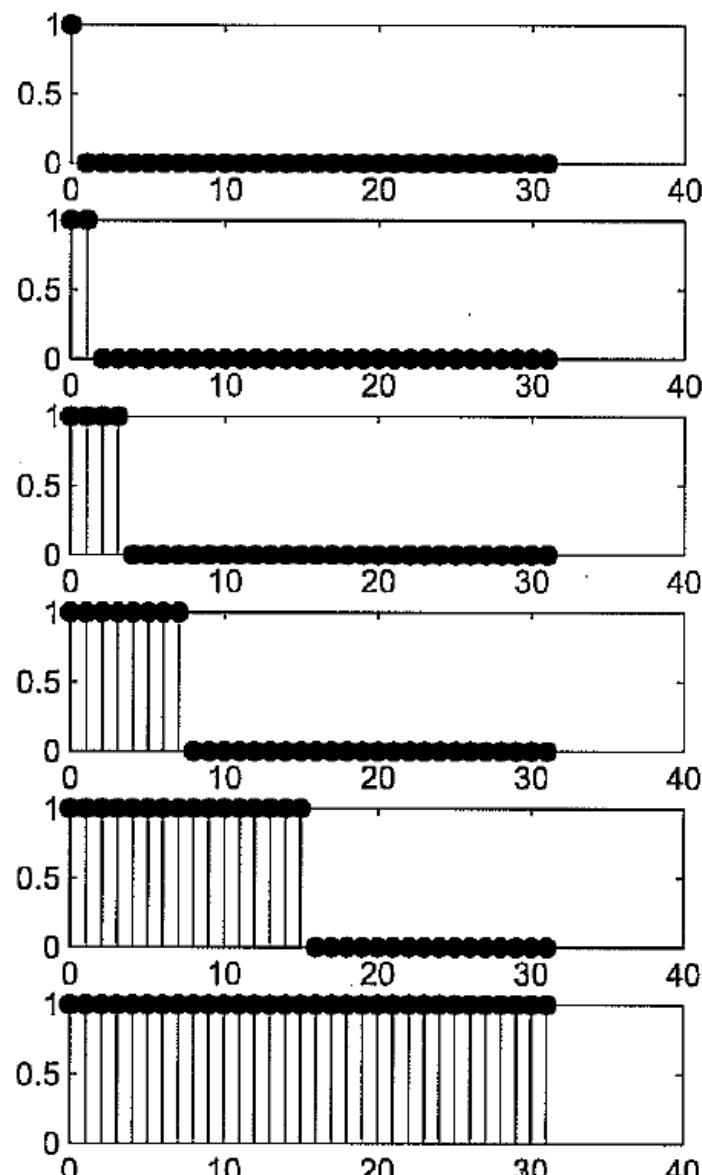
$\angle X(e^{j\omega})$



Rectangle in time

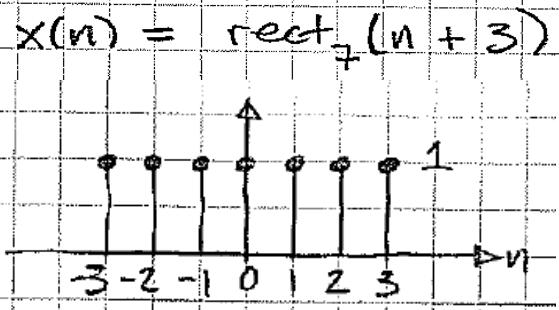
↔ DTFT

Periodic sine in frequency

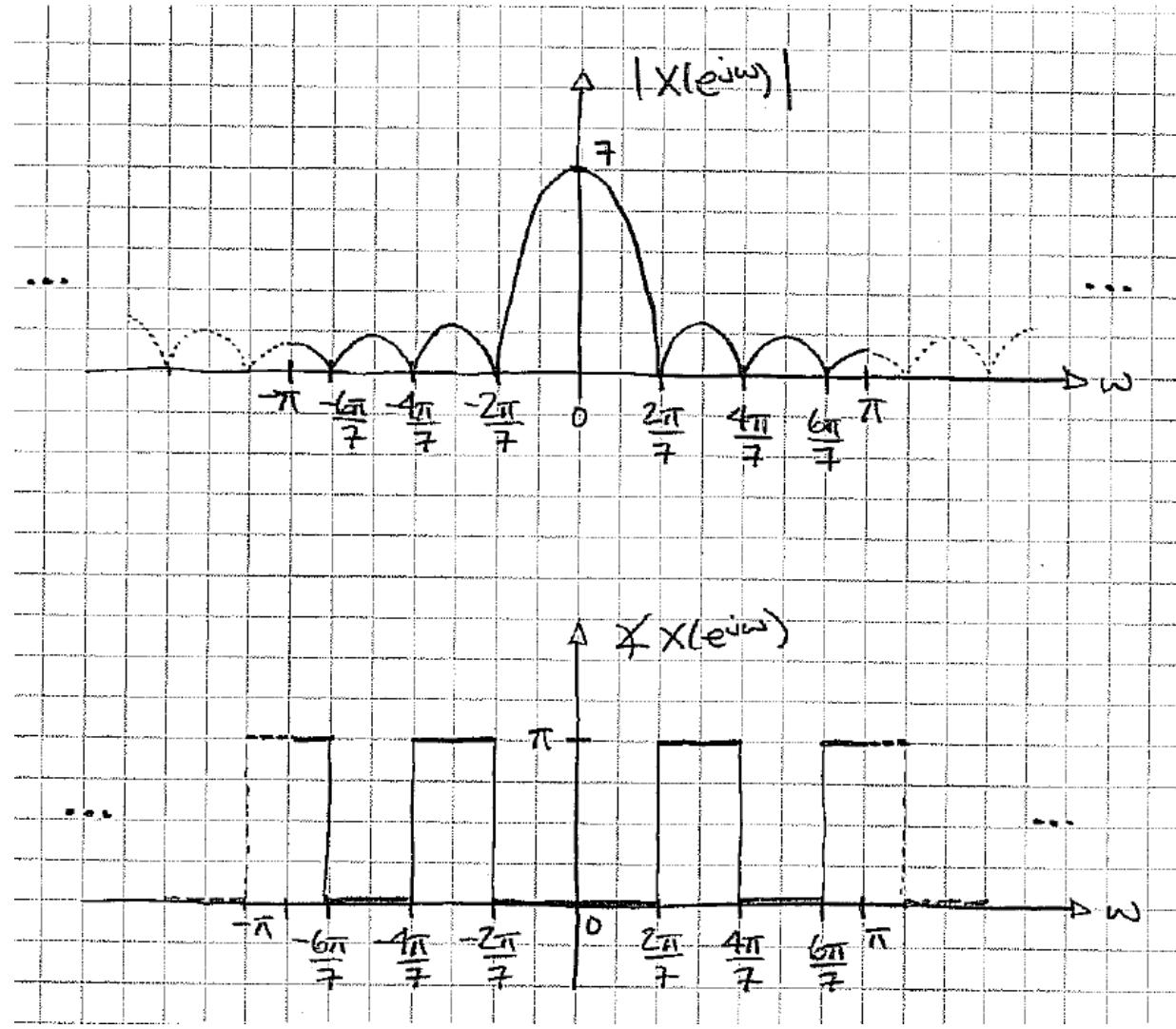


(Note: Plots are of the magnitude spectrum)

Rectangle \xleftrightarrow{DTFT} Periodic Sinc

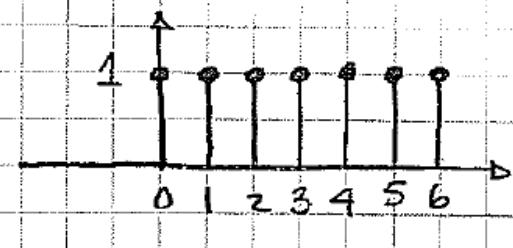


$$X(e^{j\omega}) = \frac{\sin(\frac{7}{2}\omega)}{\sin(\frac{1}{2}\omega)}$$

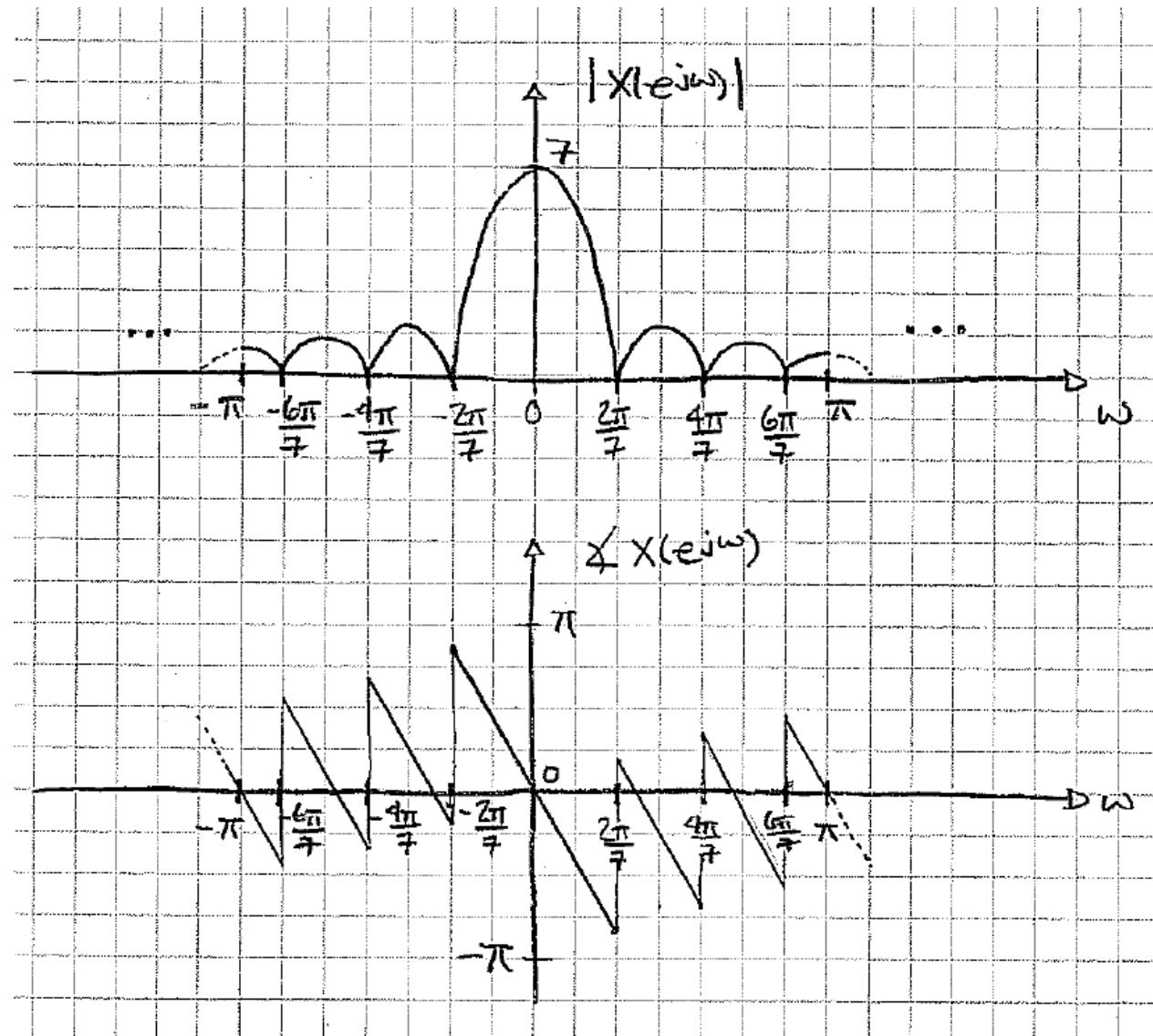


Rectangle \xleftarrow{DTFT} Periodic Sinc

$$x(n) = \text{rect}_7(n)$$



$$X(e^{j\omega}) = e^{-j\omega 3} \frac{\sin(\frac{7}{2}\omega)}{\sin(\frac{1}{2}\omega)}$$



Last week's in-class activity

Compute the DTFT of the following signals:

1. $x(n) = \delta(n + 1) - \delta(n - 1)$
2. $y(n) = \delta(n + 1) + 2\delta(n) - \delta(n - 1)$

Question: We can see that $y(n) = x(n) + 2\delta(n)$.
Please write $Y(e^{j\omega})$ in terms of $X(e^{j\omega})$?

Ex: $y(n) = \delta(n+1) + 2\delta(n) - \delta(n-1) = x(n) + 2\delta(n)$

$$Y(e^{j\omega}) = X(e^{j\omega}) + 2 \quad \text{By using the linearity property of the DTFT}$$

$$\begin{aligned} Y(e^{j\omega}) &= \sum_{n=-\infty}^{\infty} y(n)e^{-j\omega n} = \sum_{n=-1}^1 [\delta(n+1) + 2\delta(n) - \delta(n-1)]e^{-j\omega n} \\ &= [\delta(-1+1) + 2\delta(-1) - \delta(-1-1)]e^{-j\omega(-1)} \quad n = -1 \\ &\quad + [\delta(0+1) + 2\delta(0) - \delta(0-1)]e^{-j\omega 0} \quad n = 0 \\ &\quad + [\delta(1+1) + 2\delta(1) - \delta(1-1)]e^{-j\omega 1} \quad n = 1 \\ &= [\delta(0) + 2\delta(-1) - \delta(-2)]e^{j\omega 1} \\ &\quad + [\delta(1) + 2\delta(0) - \delta(-1)]e^{-j\omega 0} \\ &\quad + [\delta(2) + 2\delta(1) - \delta(0)]e^{-j\omega 1} \\ &= [1 + 0 - 0]e^{j\omega 1} \\ &\quad + [0 + 2 - 0]e^{-j\omega 0} \\ &\quad + [0 + 0 - 1]e^{-j\omega 1} \\ &= e^{j\omega 1} + 2 - e^{-j\omega 1} = 2j \sin(\omega) + 2 \end{aligned}$$

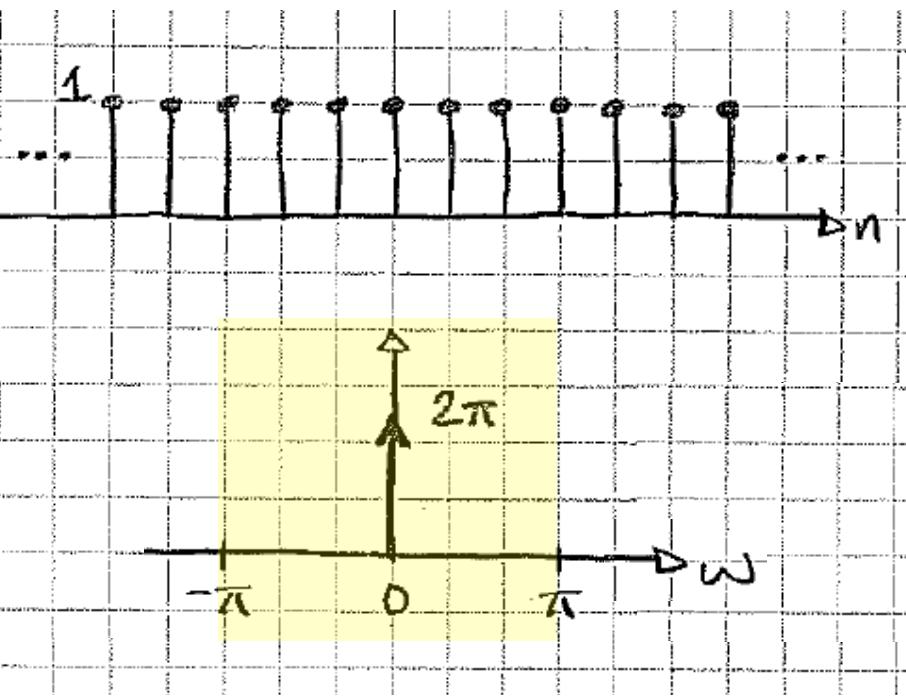
Today

1. Other important DTFT examples
2. Table of transform pairs
3. DTFT properties

Ex:

$$x(n) = 1$$

$$X(e^{j\omega}) =$$



$$\text{Ex: } x(n) = 1$$



Claim:



$$= \sum_{k=-\infty}^{\infty} 2\pi \delta(\omega - k2\pi)$$

Check:

$$x(n) = \frac{1}{2\pi} \int_{-\pi}^{\pi} X(e^{j\omega}) e^{j\omega n} d\omega$$

$$= \frac{1}{2\pi} \int_{-\pi}^{\pi} \left(\sum_{k=-\infty}^{\infty} 2\pi \delta(\omega - k2\pi) \right) e^{j\omega n} d\omega$$

$$= \int_{-\pi}^{\pi} \left(\sum_{k=-\infty}^{\infty} \delta(\omega - k2\pi) \right) e^{j\omega n} d\omega$$

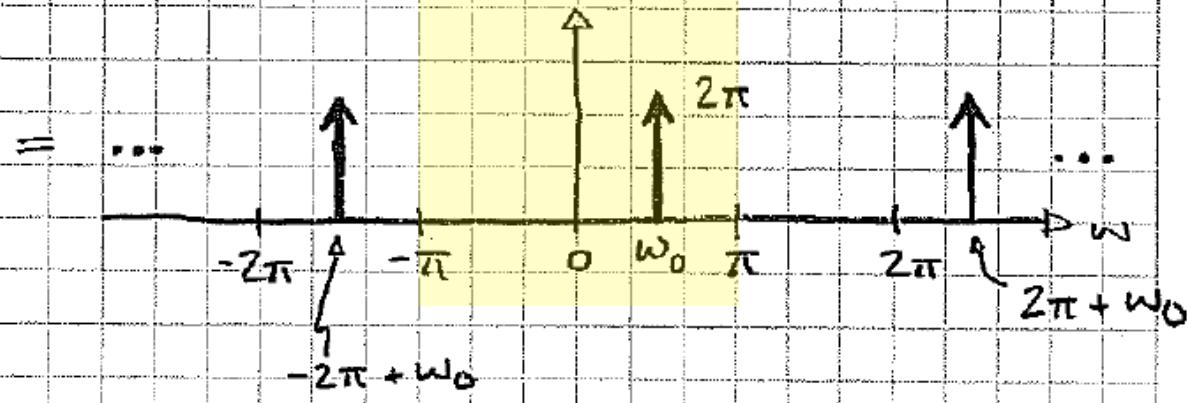
$$= \int_{-\pi}^{\pi} \delta(\omega) e^{j\omega n} d\omega$$

$$= e^{jn\pi} \int_{-\pi}^{\pi} \delta(\omega) d\omega$$

$$= 1 \quad \checkmark$$

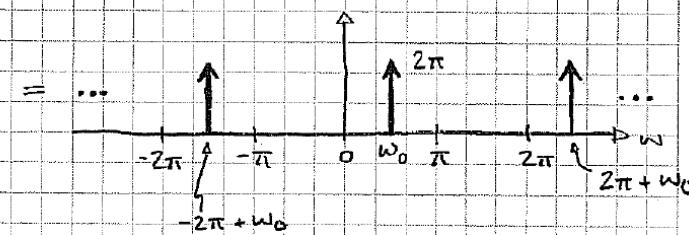
Ex: $x(n) = e^{j\omega_0 n}$, $-\pi < \omega_0 \leq \pi$

$$X(e^{j\omega}) = 2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi)$$



$$\text{Ex: } x(n) = e^{j\omega_0 n}, \quad -\pi < \omega_0 \leq \pi$$

$$\text{Claim: } X(e^{j\omega}) = 2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi)$$



$$x(n) = \frac{1}{2\pi} \int_{-\pi}^{\pi} X(e^{j\omega}) e^{j\omega n} d\omega$$

$$= \frac{1}{2\pi} \int_{-\pi}^{\pi} 2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi) e^{j\omega n} d\omega$$

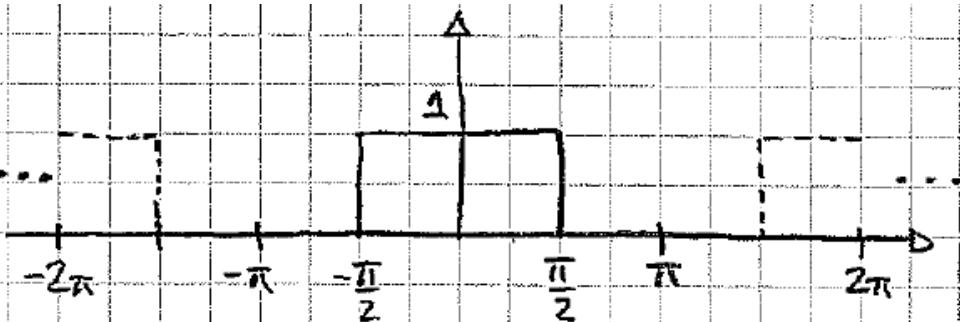
$$= \int_{-\pi}^{\pi} \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi) e^{j\omega n} d\omega$$

$$= \int_{-\pi}^{\pi} \delta(\omega - \omega_0) e^{j\omega n} d\omega$$

$$= e^{j\omega_0 n} \int_{-\pi}^{\pi} \delta(\omega - \omega_0) d\omega$$

$$= e^{j\omega_0 n} \checkmark$$

Ex: $X(e^{j\omega}) = \dots$



$$x(n) = \frac{1}{2\pi} \int_{-\pi}^{\pi} X(e^{j\omega}) e^{j\omega n} d\omega$$

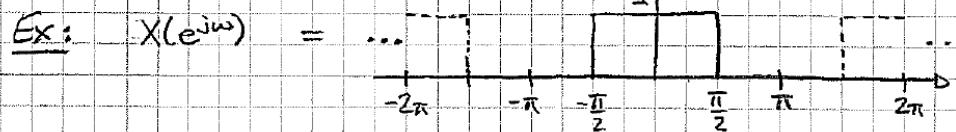
$$= \frac{1}{2\pi} \int_{-\pi/2}^{\pi/2} e^{j\omega n} d\omega$$

⋮

$$= \frac{\frac{1}{2} \sin(\frac{\pi}{2}n)}{\frac{\pi}{2}n}$$

$$= \frac{1}{2} \operatorname{sinc}\left(\frac{\pi}{2}n\right)$$

Ex:



$$x(n) = \frac{1}{2\pi} \int_{-\pi}^{\pi} X(e^{j\omega}) e^{j\omega n} d\omega$$

$$= \frac{1}{2\pi} \int_{-\pi/2}^{\pi/2} e^{j\omega n} d\omega$$

$$= \frac{1}{2\pi} \cdot \frac{1}{jn} \cdot e^{j\omega n} \Big|_{-\pi/2}^{\pi/2}$$

$$= \frac{1}{2\pi} \cdot \frac{1}{jn} (e^{-j\frac{\pi}{2}n} - e^{j\frac{\pi}{2}n})$$

$$= \frac{1}{2jn} \cdot (2j \sin(\frac{\pi}{2}n))$$

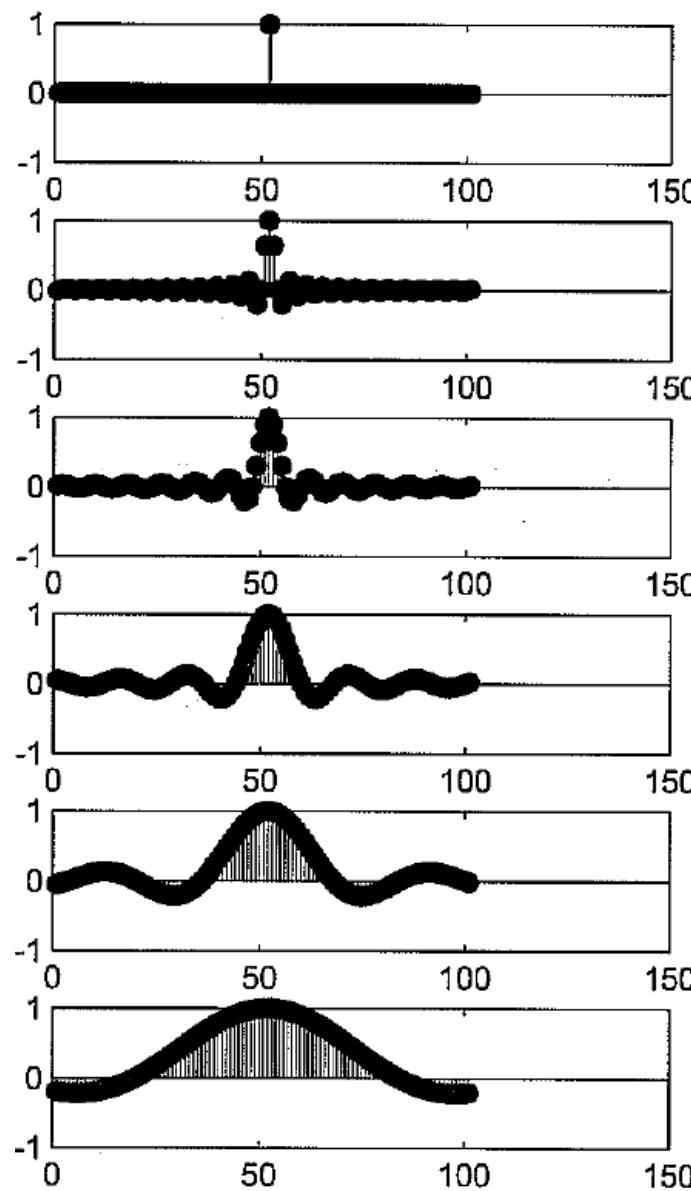
$$= \frac{\sin(\frac{\pi}{2}n)}{\pi n}$$

$$= \frac{\frac{1}{2} \sin(\frac{\pi}{2}n)}{\frac{\pi}{2}n}$$

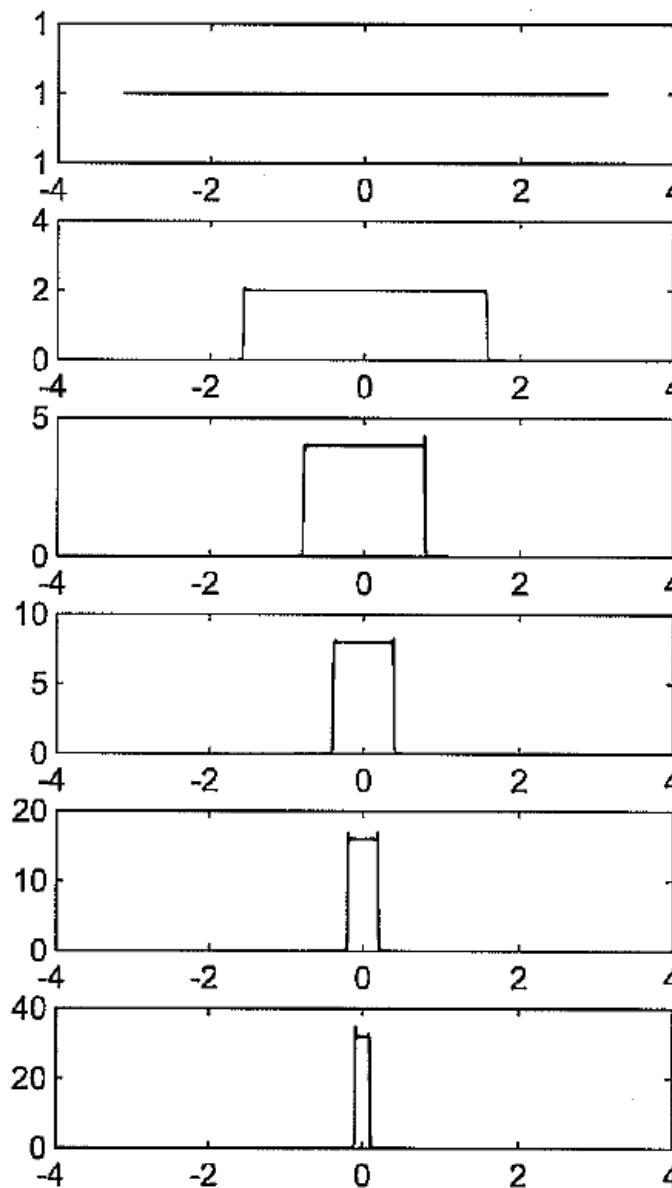
$$= \frac{1}{2} \text{sinc}(\frac{\pi}{2}n)$$

Note: $\text{sinc}(an)|_{a=0} = 1$

Sinc in time $\xleftrightarrow{\text{DTFT}}$ Periodic Rectangle in frequency



DT freq. ω (radians)



Today

1. Other important DTFT examples
2. Table of transform pairs
3. DTFT properties

Continuous time

Constant

$$1 \nmid t \xleftrightarrow{\text{CTFT}} 2\pi \delta(\Omega)$$

Unit impulse

$$\delta(t) \xleftrightarrow{\text{CTFT}} 1$$

Shifted impulse

$$\delta(t-t_0) \xleftrightarrow{\text{CTFT}} e^{-j\Omega_0 t}$$

Complex exponential

$$e^{j\Omega_0 t} \xleftrightarrow{\text{CTFT}} 2\pi \delta(\Omega - \Omega_0)$$

Cosine / sine

$$\begin{aligned} \cos(\Omega_0 t) &\xleftrightarrow{\text{CTFT}} \pi [\delta(\Omega - \Omega_0) + \delta(\Omega + \Omega_0)] \\ \sin(\Omega_0 t) &\xleftrightarrow{\text{CTFT}} \frac{\pi}{j} [\delta(\Omega - \Omega_0) - \delta(\Omega + \Omega_0)] \end{aligned}$$

Rectangle

$$\text{rect}\left(\frac{t}{2T}\right) \xleftrightarrow{\text{CTFT}} \frac{\pi}{T} \text{sinc}(\pi \Omega)$$

Sinc

$$\text{sinc}(\Omega_0 t) \xleftrightarrow{\text{CTFT}} \frac{\pi}{\Omega_0} \text{rect}\left(\frac{\Omega}{2\Omega_0}\right)$$

Discrete time

Constant

$$1 \nmid n \xleftrightarrow{\text{DTFT}}$$

Impulse (train)

$$2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - k2\pi)$$

Unit impulse

$$\delta(n)$$

$$\xleftrightarrow{\text{DTFT}} 1 \nmid \omega$$

Complex exponential

$$e^{j\omega_0 n} \xleftrightarrow{\text{DTFT}}$$

$$\tilde{e}^{j\omega_0 n}$$

Complex exponential

$$e^{j\omega_0 n} \xleftrightarrow{\text{DTFT}}$$

$$2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi)$$

Pair of shifted impulses

$$\begin{aligned} \cos(\omega_0 n) &\xleftrightarrow{\text{DTFT}} \pi \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi) \\ \sin(\omega_0 n) &\xleftrightarrow{\text{DTFT}} \frac{\pi}{j} \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi) \end{aligned}$$

Cosine / sine

$$\begin{aligned} \cos(\omega_0 n) &\xleftrightarrow{\text{DTFT}} \pi \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi) \\ \sin(\omega_0 n) &\xleftrightarrow{\text{DTFT}} \frac{\pi}{j} \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi) \end{aligned}$$

Sinc (periodic)

$$e^{-j\omega(\frac{N-1}{2})} \frac{\sin(\frac{N}{2}\omega)}{\sin(\frac{1}{2}\omega)}$$

Sinc

Rectangle

$$\text{rect}_N(n) \xleftrightarrow{\text{DTFT}}$$

Rectangle (periodic)

$$\sum_{k=-\infty}^{\infty} \text{rect}\left(\frac{\omega - k2\pi}{2\omega_c}\right)$$

Rectangle

Sinc

$$\frac{\omega_c}{\pi} \text{sinc}(\omega_c n) \xleftrightarrow{\text{DTFT}}$$

Discrete time

Constant

$$1 \neq n$$

$$\xrightarrow{\text{DTFT}}$$

Impulse (train)

$$2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - k2\pi)$$

Unit impulse

$$\delta(n)$$

$$\xleftarrow{\text{DTFT}}$$

Constant

$$1 \neq \omega$$

Shifted impulse

$$\delta(n-n_0)$$

$$\xrightarrow{\text{DTFT}}$$

Complex exponential

$$e^{j\omega n}$$

Complex exponential

$$e^{j\omega n}$$

$$\xrightarrow{\text{DTFT}}$$

Shifted impulse (train)

$$2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi)$$

Discrete time

Constant

$$1 \neq n$$

DTFT

Impulse (train)

$$2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - k2\pi)$$

Unit impulse

$$\delta(n)$$

DTFT

Constant

$$1 \neq w$$

Shifted impulse

$$\delta(n-n_0)$$

DTFT

Complex exponential

$$e^{j\omega n}$$

Complex exponential

$$e^{j\omega n}$$

DTFT

Shifted impulse (train)

$$2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi)$$

Cosine / sine

$$\cos(\omega_0 n)$$

DFT

Pair of shifted impulses (train)

∞

$$\pi \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi)$$

$$+ \delta(\omega + \omega_0 - k2\pi)$$

$$\sin(\omega_0 n)$$

DFT

$\frac{\pi}{j} \sum_{k=-\infty}^{\infty}$

$$\delta(\omega - \omega_0 - k2\pi)$$

$$- \delta(\omega + \omega_0 - k2\pi)$$

Rectangle

$$\text{rect}_N(n)$$

DFT

Sinc (periodic)

$$e^{-j\omega(\frac{N-1}{2})} \frac{\sin(\frac{N}{2}\omega)}{\sin(\frac{1}{2}\omega)}$$

Sinc

$$\frac{w_c}{\pi} \sin(\omega_c n)$$

DFT

Rectangle (periodic)

$$\sum_{k=-\infty}^{\infty} \text{rect}\left(\frac{\omega - k2\pi}{2w_c}\right)$$

Cosine / sine

$$\cos(\omega_0 n)$$

DFT

Pair of shifted impulses (train)

∞

$$\pi \sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi)$$

$$+ \delta(\omega + \omega_0 - k2\pi)$$

$$\sin(\omega_0 n)$$

DFT

$\frac{\pi}{j}$

$$\sum_{k=-\infty}^{\infty} \delta(\omega - \omega_0 - k2\pi)$$

$$- \delta(\omega + \omega_0 - k2\pi)$$

Rectangle

$$\text{rect}_N(n)$$

DFT

Sinc (periodic)

$$e^{-j\omega(\frac{n-1}{2})} \frac{\sin(\frac{N}{2}\omega)}{\sin(\frac{1}{2}\omega)}$$

Sinc

$$\frac{w_c}{\pi} \sin(\omega_c n)$$

DFT

Rectangle (periodic)

$$\sum_{k=-\infty}^{\infty} \text{rect}\left(\frac{\omega - k2\pi}{2w_c}\right)$$

Today

1. Other important DTFT examples
2. Table of transform pairs
3. DTFT properties

Properties of the DTFT

①

Linearity :

$$\text{DTFT} \left[\alpha_1 x_1(n) + \alpha_2 x_2(n) \right]$$

$$= \alpha_1 \text{DTFT} [x_1(n)] + \alpha_2 \text{DTFT} [x_2(n)]$$

Example of using the linearity property:

$$x(n) = 2\delta(n - 1) + 5\text{rect}_3(n)$$

DTFT

DTFT

$$X(e^{j\omega}) = 2e^{-j\omega_1} + 5e^{-j\omega_1} \frac{\sin\left(\frac{3}{2}\omega\right)}{\sin\left(\frac{1}{2}\omega\right)}$$

Shifted impulse

$$\delta(n - n_0)$$

DTFT

Complex exponential

$$e^{-jn\omega}$$

Rectangle

$$\text{rect}_N(n)$$

DTFT

Sinc (periodic)

$$e^{-j\omega\left(\frac{N-1}{2}\right)} \frac{\sin\left(\frac{N}{2}\omega\right)}{\sin\left(\frac{1}{2}\omega\right)}$$

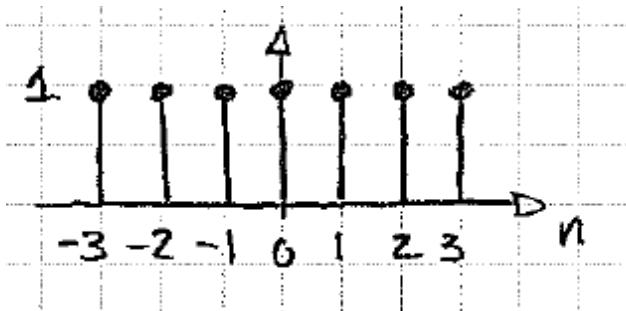
Properties of the DTFT

(2) Time Shift : If $x(n) \xleftrightarrow{\text{DTFT}} X(e^{jw})$

Then $x(n - n_0) \xleftrightarrow{\text{DTFT}} e^{-jw n_0} X(e^{jw})$

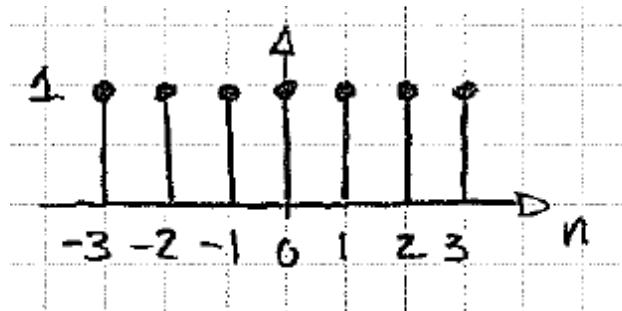
Example of using the time-shift property:

$$x(n) = \text{rect}_7(n + 2)$$



Example of using the time-shift property:

$$x(n) = \text{rect}_7(n + 2)$$



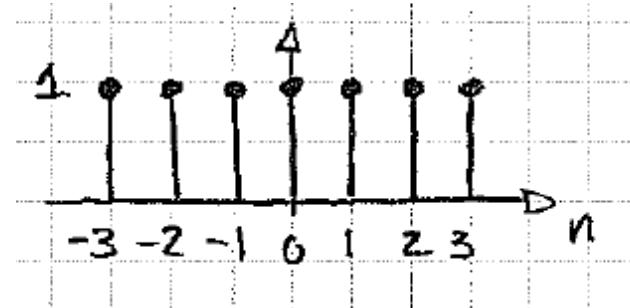
From table, we know:

$$\text{rect}_7(n) \xleftrightarrow{\text{DTFT}} e^{-j\omega 2} \frac{\sin\left(\frac{7}{2}\omega\right)}{\sin\left(\frac{1}{2}\omega\right)}$$

<u>Rectangle</u>	<u>Sinc (periodic)</u>
$\text{rect}_N(n)$	$\xleftrightarrow{\text{DTFT}} e^{-j\omega(\frac{N-1}{2})} \frac{\sin(\frac{N}{2}\omega)}{\sin(\frac{1}{2}\omega)}$

Example of using the time-shift property:

$$x(n) = \text{rect}_7(n + 2)$$



From table, we know:

$$\text{rect}_7(n) \xleftrightarrow{\text{DTFT}} e^{-j\omega 2} \frac{\sin\left(\frac{7}{2}\omega\right)}{\sin\left(\frac{1}{2}\omega\right)}$$

(2) Time Shift: If $x(n) \xleftrightarrow{\text{DTFT}} X(e^{j\omega})$

Then $x(n - n_0) \xleftrightarrow{\text{DTFT}} e^{-j\omega n_0} X(e^{j\omega})$

$$\text{rect}_7(n + 2) \xleftrightarrow{\text{DTFT}} e^{+j\omega 2} e^{-j\omega 2} \frac{\sin\left(\frac{7}{2}\omega\right)}{\sin\left(\frac{1}{2}\omega\right)} = \frac{\sin\left(\frac{7}{2}\omega\right)}{\sin\left(\frac{1}{2}\omega\right)}$$

Properties of the DTFT

③

Frequency shift: If $x(n) \xleftrightarrow{\text{DTFT}} X(e^{j\omega})$

Then $e^{j\omega_0 n} x(n) \xrightarrow{\text{DTFT}} X(e^{j(\omega - \omega_0)})$

Example of using the frequency-shift property:

$$x(n) = e^{j\pi n} \text{rect}_7(n + 2)$$

We know:

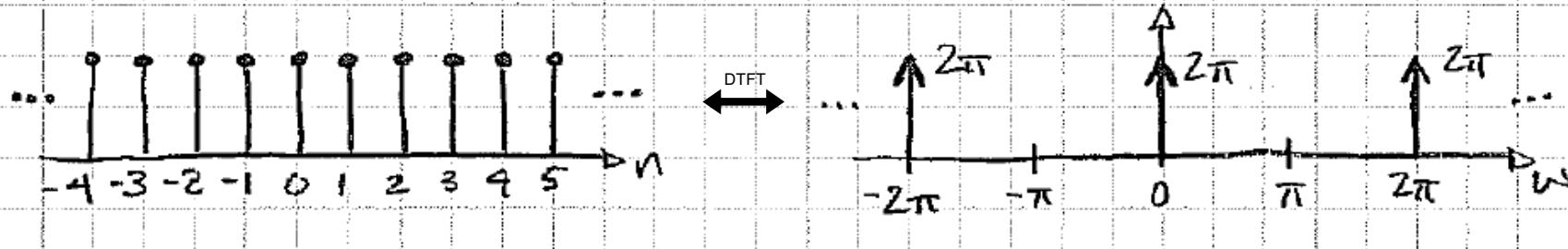
$$\text{rect}_7(n + 2) \xleftrightarrow{\text{DTFT}} \frac{\sin\left(\frac{7}{2}\omega\right)}{\sin\left(\frac{1}{2}\omega\right)}$$

(3) Frequency shift: If $x(n) \xleftrightarrow{\text{DTFT}} X(e^{j\omega})$

Then $e^{j\omega_0 n} x(n) \xleftrightarrow{\text{DTFT}} X(e^{j(\omega - \omega_0)})$

$$e^{j\pi n} \text{rect}_7(n + 2) \xleftrightarrow{\text{DTFT}} \frac{\sin\left(\frac{7}{2}(\omega - \pi)\right)}{\sin\left(\frac{1}{2}(\omega - \pi)\right)}$$

Ex: We know $x(n) = 1 \leftrightarrow \sum_{k=-\infty}^{\infty} \delta(\omega - k2\pi)$

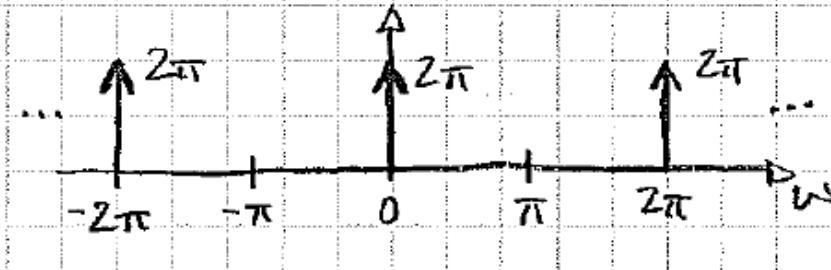


By the freq. shift property

$$e^{j\pi n} x(n) \leftrightarrow X(e^{j(\omega-\pi)})$$

Ex:

$$\text{We know } x(n) = 1 \xleftrightarrow{\text{DTFT}} 2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - k2\pi)$$



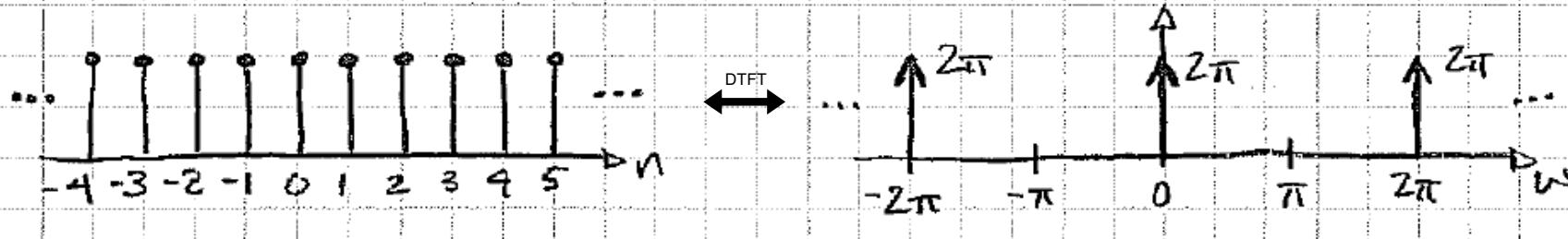
By the freq. shift property

$$e^{j\pi n} x(n) \xleftrightarrow{\text{DTFT}} X(e^{j(\omega-\pi)})$$

$$e^{j\pi n} 1 \xleftrightarrow{\text{DTFT}} 2\pi \sum_{k=-\infty}^{\infty} \delta(\omega - \pi - k2\pi)$$

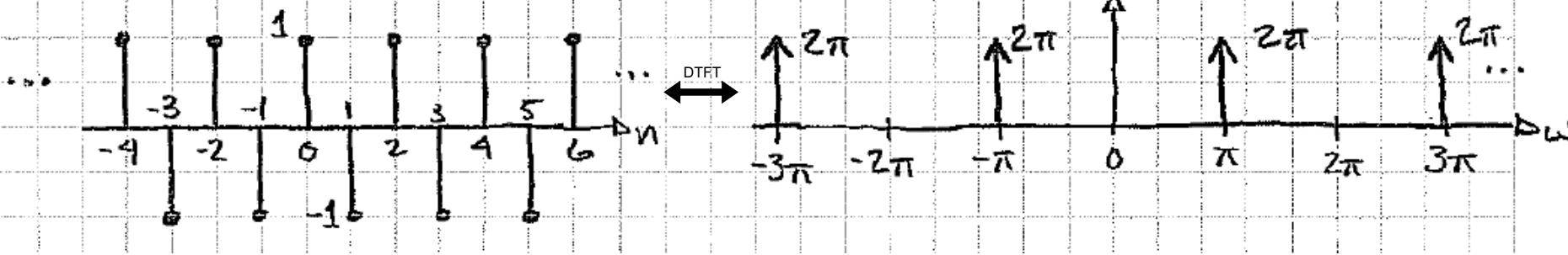
Ex:

$$\text{We know } x(n) = 1 \iff \sum_{k=-\infty}^{\infty} \delta(\omega - k2\pi)$$



By the freq. shift property

$$e^{j\pi n} x(n) \iff X(e^{j(\omega-\pi)}) = \sum_{k=-\infty}^{\infty} \delta(\omega - \pi - k2\pi)$$



Properties of the DTFT

④

Multiplication in time: If $x_1(n) \xleftrightarrow{\text{DTFT}} X_1(e^{j\omega})$
 $x_2(n) \xleftrightarrow{\text{DTFT}} X_2(e^{j\omega})$

Then $x_1(n)x_2(n) \xleftrightarrow{\text{DTFT}} \frac{1}{2\pi} \int_{-\pi}^{\pi} X_1(e^{ju})X_2(e^{j(\omega-u)}) du$
one period



periodic convolution

$$\frac{1}{2\pi} X_1(e^{j\omega}) \circledast X_2(e^{j\omega})$$

Properties of the DTFT

(5) Convolution in time: If

$$\begin{array}{ccc} x_1(n) & \xleftrightarrow{\text{DTFT}} & X_1(e^{j\omega}) \\ x_2(n) & \xleftrightarrow{\text{DTFT}} & X_2(e^{j\omega}) \end{array}$$

Then $x_1(n) * x_2(n) \xleftrightarrow{\text{DTFT}} X_1(e^{j\omega}) X_2(e^{j\omega})$

Properties of the DTFT

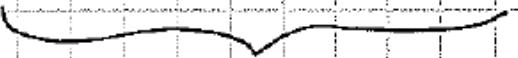
(6) Parseval's theorem: If $x_1(n) \xleftrightarrow{\text{DTFT}} X_1(e^{j\omega})$
 $x_2(n) \xleftrightarrow{\text{DTFT}} X_2(e^{j\omega})$

Then $\sum_{n=-\infty}^{\infty} x_1(n)x_2^*(n) = \frac{1}{2\pi} \int_{-\pi}^{\pi} X_1(e^{j\omega})X_2^*(e^{j\omega}) d\omega$

If $x_1(n) = x_2(n) = x(n)$

$$\sum_{n=-\infty}^{\infty} |x(n)|^2 = \frac{1}{2\pi} \int_{-\pi}^{\pi} |X(e^{j\omega})|^2 d\omega$$


energy in
time


energy (per period)
in frequency

Ex:

$$x(n) = \cos(\pi n) \operatorname{rect}_3(n+1)$$