

# National Health and Nutrition Examination Survey

## 2011-2012 Data Documentation, Codebook, and Frequencies

### Blood Pressure (BPX\_G)

**Data File:** BPX\_G.xpt

**First Published:** September 2013

**Last Revised:** NA

---

## Component Description

This section provides data for three consecutive blood pressure (BP) measurements and other methodological measurements to obtain an accurate blood pressure.

## Eligible Sample

Heart rate is measured on all children 0-7 years of age; radial pulse is measured on examinees 8 years and older; and blood pressure (BP) is measured on all examinees 8 years and older.

## Protocol and Procedure

After resting quietly in a seated position for 5 minutes and once the participants maximum inflation level (MIL) has been determined, three consecutive blood pressure readings are obtained. If a blood pressure measurement is interrupted or incomplete, a fourth attempt may be made. All BP determinations (systolic and diastolic) are taken in the mobile examination center (MEC). Participants with any of the following on both arms were excluded from the exam: rashes, gauze dressings, casts, edema, paralysis, tubes, open sores or wounds, withered arms, a-v shunts, radical mastectomy, or if BP cuff does not fit on the arm.

## Quality Assurance & Quality Control

The BP examiners are certified for blood pressure measurement through a training program from *Shared Care Research and Education Consulting*. Certification is achieved when physician examiners meet all requirements of the training program. The initial training includes:

- didactic instruction about BP measurement and propensity for error;
- practicing listening to systolic and diastolic BP sounds using a standardized audio-video tape presentation;
- an audio-video tape test;
- a written exam;
- simultaneously listening to BP on a minimum of 20 volunteers, of all ages, through a Y- stethoscope to compare measures with a gold standard instructor who does the same.

Certification requires a score of 100 percent on the audio-video tape test. Correct answers on the audio-video tape test require the examiner's answers and the standardized test answers to be within +/- 2mm of mercury (Hg) on 92 percent of 24 measures (12 systolic, 12 diastolic), and within +/- 4mmHg on 100 percent of 24 measures (12 systolic, 12 diastolic).

For more details on the QA/QC process for this component, please refer to the Physician Section of the MEC Operations Manual located on the NHANES website at the following link:

<https://wwwn.cdc.gov/nchs/nhanes/continuousnhanes/default.aspx?BeginYear=2009>

## Data Processing and Editing

The following are some specifications used in capturing the BP data:

Systolic blood pressure and maximum inflation level cannot be greater than 300 mmHg;

Systolic and diastolic blood pressure measurements and the maximum inflation level can be even numbers only;

Systolic blood pressure must be greater than diastolic blood pressure;

If there is no systolic blood pressure, there can be no diastolic blood pressure;

Diastolic blood pressure can be zero.

## Analytic Notes

### Changes Since 2009-2010:

There was no change since 2009-2010.

Exam sample weights should be used for analyses.

Please refer to the [NHANES Analytic Guidelines](#) and the on-line [NHANES Tutorial](#) for further details on the use of sample weights and other analytic issues.

## Codebook and Frequencies

### SEQN - Respondent sequence number

<b>Variable Name:</b>	SEQN
<b>SAS Label:</b>	Respondent sequence number
<b>English Text:</b>	Respondent sequence number.
<b>Target:</b>	Both males and females 0 YEARS - 150 YEARS

## PEASCST1 - Blood Pressure Status

**Variable Name:** PEASCST1

**SAS Label:** Blood Pressure Status

**English Text:** Blood Pressure Status

**Target:** Both males and females 0 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Complete	9004	9004	
2	Partial	1	9005	
3	Not done	333	9338	
.	Missing	0	9338	

## PEASCTM1 - Blood Pressure Time in Seconds

**Variable Name:** PEASCTM1

**SAS Label:** Blood Pressure Time in Seconds

**English Text:** Blood Pressure Time in Seconds

**Target:** Both males and females 0 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
2 to 2144	Range of Values	9004	9004	
.	Missing	334	9338	

## PEASCCT1 - Blood Pressure Comment

**Variable Name:** PEASCCT1

**SAS Label:** Blood Pressure Comment

**English Text:** Blood Pressure Comment

**Target:** Both males and females 0 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
2	SP refusal	9	9	
3	No time	15	24	
4	Physical limitation	1	25	
5	Communication problem	2	27	
6	Equipment failure	0	27	
7	SP ill/emergency	9	36	
56	Came late/left early	239	275	
84	SP with child	21	296	
99	Other, specify	25	321	
122	Language barrier	13	334	
.	Missing	9004	9338	

**BPXCHR - 60 sec HR (30 sec HR \* 2)****Variable Name:** BPXCHR**SAS Label:** 60 sec HR (30 sec HR \* 2)**English Text:** 60 sec HR (30 sec HR \* 2)**Target:** Both males and females 0 YEARS - 7 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
52 to 188	Range of Values	1945	1945	
.	Missing	7393	9338	

## BPQ150A - Had food in the past 30 minutes?

**Variable Name:** BPQ150A

**SAS Label:** Had food in the past 30 minutes?

**English Text:** Have you had any of the following in the past 30 minutes?: Food

**English Instructions:** Check each that applies

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	1617	1617	
2	No	5443	7060	
.	Missing	2278	9338	

## BPQ150B - Had alcohol in the past 30 minutes?

**Variable Name:** BPQ150B

**SAS Label:** Had alcohol in the past 30 minutes?

**English Text:** Have you had any of the following in the past 30 minutes?: Alcohol

**English Instructions:** Check each that applies

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	5	5	
2	No	7055	7060	
.	Missing	2278	9338	



## BPQ150C - Had coffee in the past 30 minutes?

**Variable Name:** BPQ150C

**SAS Label:** Had coffee in the past 30 minutes?

**English Text:** Have you had any of the following in the past 30 minutes?: Coffee

**English Instructions:** Check each that applies

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	50	50	
2	No	7010	7060	
.	Missing	2278	9338	

## BPQ150D - Had cigarettes in the past 30 minutes?

**Variable Name:** BPQ150D

**SAS Label:** Had cigarettes in the past 30 minutes?

**English Text:** Have you had any of the following in the past 30 minutes?:  
Cigarettes

**English Instructions:** Check each that applies

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	118	118	
2	No	6942	7060	
.	Missing	2278	9338	

## BPAARM - Arm selected

**Variable Name:** BPAARM

**SAS Label:** Arm selected

**English Text:** Arm selected:

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Right	7036	7036	
2	Left	24	7060	
8	Could not obtain	0	7060	
.	Missing	2278	9338	

## BPACSZ - Coded cuff size

**Variable Name:** BPACSZ

**SAS Label:** Coded cuff size

**English Text:** Cuff size (cm) (width X length)

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Infant (6X12)	1	1	
2	Child (9X17)	443	444	
3	Adult (12X22)	2377	2821	
4	Large (15X32)	3308	6129	
5	Thigh (18X35)	931	7060	
.	Missing	2278	9338	

**BPXPLS - 60 sec. pulse (30 sec. pulse \* 2)****Variable Name:** BPXPLS**SAS Label:** 60 sec. pulse (30 sec. pulse \* 2)**English Text:** 60 sec. pulse (30 sec. pulse \* 2)**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0 to 172	Range of Values	7060	7060	
.	Missing	2278	9338	

## BPXPULS - Pulse regular or irregular?

**Variable Name:** BPXPULS

**SAS Label:** Pulse regular or irregular?

**English Text:** Pulse regular or irregular?

**Target:** Both males and females 0 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Regular	8906	8906	
2	Irregular	121	9027	
.	Missing	311	9338	

## BPXPTY - Pulse type

**Variable Name:** BPXPTY

**SAS Label:** Pulse type

**English Text:** Pulse type

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Radial	7072	7072	
2	Brachial	7	7079	
8	Could not obtain	0	7079	
.	Missing	2259	9338	

**BPXML1 - MIL: maximum inflation levels (mm Hg)**

**Variable Name:** BPXML1  
**SAS Label:** MIL: maximum inflation levels (mm Hg)  
**English Text:** MIL: maximum inflation levels (mm Hg)  
**Target:** Both males and females 8 YEARS - 150 YEARS  
**Hard Edits:** 70.0000 to 300.0000

Code or Value	Value Description	Count	Cumulative	Skip to Item
0 to 260	Range of Values	7072	7072	
888	Could not obtain	7	7079	
.	Missing	2259	9338	



**BPXSY1 - Systolic: Blood pres (1st rdg) mm Hg****Variable Name:** BPXSY1**SAS Label:** Systolic: Blood pres (1st rdg) mm Hg**English Text:** Systolic: Blood pressure (first reading) mm Hg**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
74 to 238	Range of Values	6756	6756	
.	Missing	2582	9338	

**BPXDI1 - Diastolic: Blood pres (1st rdg) mm Hg****Variable Name:** BPXDI1**SAS Label:** Diastolic: Blood pres (1st rdg) mm Hg**English Text:** Diastolic: Blood pressure (first reading) mm Hg**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0 to 120	Range of Values	6756	6756	
.	Missing	2582	9338	

## BPAEN1 - Enhancement used first reading

**Variable Name:** BPAEN1

**SAS Label:** Enhancement used first reading

**English Text:** Enhancement used first reading

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	7	7	
2	No	7054	7061	
8	Could not obtain	0	7061	
.	Missing	2277	9338	

## BPXSY2 - Systolic: Blood pres (2nd rdg) mm Hg

**Variable Name:** BPXSY2

**SAS Label:** Systolic: Blood pres (2nd rdg) mm Hg

**English Text:** Systolic: Blood pressure (second reading) mm Hg

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
74 to 234	Range of Values	6908	6908	
.	Missing	2430	9338	

**BPXDI2 - Diastolic: Blood pres (2nd rdg) mm Hg****Variable Name:** BPXDI2**SAS Label:** Diastolic: Blood pres (2nd rdg) mm Hg**English Text:** Diastolic: Blood pressure (second reading) mm Hg**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0 to 134	Range of Values	6908	6908	
.	Missing	2430	9338	

## BPAEN2 - Enhancement used second reading

**Variable Name:** BPAEN2

**SAS Label:** Enhancement used second reading

**English Text:** Enhancement used second reading

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	221	221	
2	No	6839	7060	
8	Could not obtain	0	7060	
.	Missing	2278	9338	

**BPXSY3 - Systolic: Blood pres (3rd rdg) mm Hg****Variable Name:** BPXSY3**SAS Label:** Systolic: Blood pres (3rd rdg) mm Hg**English Text:** Systolic: Blood pressure (third reading) mm Hg**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
74 to 232	Range of Values	6917	6917	
.	Missing	2421	9338	

**BPXDI3 - Diastolic: Blood pres (3rd rdg) mm Hg****Variable Name:** BPXDI3**SAS Label:** Diastolic: Blood pres (3rd rdg) mm Hg**English Text:** Diastolic: Blood pressure (third reading) mm Hg**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0 to 128	Range of Values	6917	6917	
.	Missing	2421	9338	



## BPAEN3 - Enhancement used third reading

**Variable Name:** BPAEN3

**SAS Label:** Enhancement used third reading

**English Text:** Enhancement used third reading

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	205	205	
2	No	6854	7059	
8	Could not obtain	0	7059	
.	Missing	2279	9338	

**BPXSY4 - Systolic: Blood pres (4th rdg) mm Hg****Variable Name:** BPXSY4**SAS Label:** Systolic: Blood pres (4th rdg) mm Hg**English Text:** Systolic: Blood pressure (fourth reading if necessary) mm Hg**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
78 to 226	Range of Values	447	447	
.	Missing	8891	9338	

## BPXDI4 - Diastolic: Blood pres (4th rdg) mm Hg

**Variable Name:** BPXDI4

**SAS Label:** Diastolic: Blood pres (4th rdg) mm Hg

**English Text:** Diastolic: Blood pressure (fourth reading if necessary) mm Hg

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0 to 130	Range of Values	447	447	
.	Missing	8891	9338	

## BPAEN4 - Enhancement used fourth reading

**Variable Name:** BPAEN4

**SAS Label:** Enhancement used fourth reading

**English Text:** Enhancement used fourth reading

**Target:** Both males and females 8 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	104	104	
2	No	410	514	
8	Could not obtain	0	514	
.	Missing	8824	9338	