

Agency Priority Goal Action Plan Reducing Opioid Morbidity and Mortality

Goal Leaders:

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Overview

Goal Statement: Reduce opioid-related morbidity and mortality through: 1) improving access to prevention, treatment and recovery support services; 2) targeting the availability and distribution of overdose-reversing drugs; 3) strengthening public health data and reporting; 4) supporting cutting-edge research; and 5) advancing the practice of pain management.

- Starting from the baseline of September 30, 2019, by September 30, 2021:
 - 1) Treatment—Increase uptake of medications for the treatment of opioid use disorder:
 - a) Increase by 15 percent the number of unique patients receiving prescriptions for buprenorphine in U.S. outpatient retail pharmacies (excluding implantable or long-acting injection products).
 - b) Increase by 100 percent the number of prescriptions for long-acting injectable or implantable buprenorphine from retail, long-term care, and mail-order pharmacies in the U.S.
 - c) Increase by 25 percent the number of prescriptions for extended-released naltrexone from retail, long-term care, and mail-order pharmacies in the U.S.
 - d) Increase by 57 percent the number of providers with a DATA 2000 waiver authorizing buprenorphine prescribing for opioid use disorder treatment.
 - 2) Overdose intervention—Increase availability and access to overdose-reversing drugs:
 - a) Increase by 50 percent the number of prescriptions dispensed for naloxone in U.S. outpatient retail and mail-order pharmacies.

Overview

Challenge

• The crisis of opioid addiction and overdose in the United States continues to claim far too many lives, driven by highly potent illicit synthetic opioids in the drug supply. In 2018, 2 million people in the U.S. had an opioid use disorder, and 46,802 Americans died from a drug overdose involving opioids, exacting an enormous societal toll.

Opportunity

- The urgency of this crisis has unified HHS around the goals most likely to prevent opioid misuse, treat existing opioid addiction, and prevent opioid overdose, with the immediate aim of preventing further increases in these negative outcomes. Specifically, HHS will:
 - 1. Improve access to prevention, treatment and recovery support services
 - 2. Strengthen public health data and reporting
 - 3. Advance the practice of pain management
 - 4. Target the availability and distribution of overdose-reversing drugs
 - 5. Support cutting-edge research

Leadership

Divisions Operating as Goal and Deputy Goal Leaders:

- Office of the Assistant Secretary for Health (OASH)
- Substance Abuse and Mental Health Services Administration (SAMHSA)
- National Institutes of Health (NIH)
- Centers for Disease Control and Prevention (CDC)

Goal Team:

- Agency for Healthcare Research and Quality (AHRQ)
- Office of the Assistant Secretary for Planning and Evaluation (ASPE)
- Centers for Medicare and Medicaid Services (CMS)
- Food and Drug Administration (FDA)
- Health Resources and Services Administration (HRSA)
- Indian Health Service (IHS)

Goal Structure & Strategies

HHS's strategies are from the Department's <u>5-Point Plan</u>:

- Improve access to prevention, treatment, and recovery support services to prevent the health, social, and economic consequences associated with opioid misuse and addiction, and to enable individuals to achieve long-term recovery.
- Strengthen public health data reporting and collection to improve the timeliness and specificity of data, and to inform a real-time public health response as the epidemic evolves.
- Advance the practice of pain management to enable access to high-quality, evidence-based pain care that reduces the burden of pain for individuals, families, and society while also reducing the inappropriate use of opioids and opioid-related harms.
- Target the availability and distribution of overdose-reversing medications to ensure the broad provision of these drugs to people likely to experience or respond to an overdose, with a particular focus on targeting high-risk populations.
- Support cutting-edge research that advances our understanding of pain, overdose and addiction, leads to the development of new treatments, and identifies effective public health interventions to reduce opioid-related health harms.

Key Milestones

More information on HHS's strategies for Reducing Opioid Morbidity and Mortality can be found in HHS's <u>5-Point Plan</u>.

Milestone Summary				
Key Milestone	Milestone Due Date	Status	Owner	Comments
Award Medicaid funds to state Medicaid agencies implementing a model with care delivery partners in the community	Q1, FY 2020	Complete	CMS	Awards Issued
Publish Report to Congress entitled: Report on Evidence- Based Opioid Analgesic Prescribing Guidelines	Q1, FY 2020	Complete	FDA	Report to Congress published on 6/11/20
Publish National Academies of Science, Engineering, and Medicine consensus report on a framework to support the development of clinical practice guidelines or the evaluation of existing clinical practice guidelines for opioid analgesic prescribing	Q2, FY 2020	Complete	FDA	Published 12/19/19. NASEM Link: opioid prescribing guidelines for acute pain
Start enrolling opioid treatment programs in Medicare	Q3, FY 2020	Complete		CMS enrolled over 1000 OTP locations by the end of FY20.
Publish Action Plan to prevent opioid abuse and misuse and enhance access to Medication-Assisted Treatment	Q3, FY 2020	In Progress	CMS	Report has been drafted and is in clearance.
Hold interagency meeting to discuss systems modeling and potential applications	Q3, 2020	Complete	FDA, NIH, CDC	Interagency virtual meeting held 10/20/20 – 10/22/20 .

Key Milestones (continued)

More information on HHS's strategies for Reducing Opioid Morbidity and Mortality can be found in HHS's <u>5-Point Plan</u>.

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Key Milestone	Milestone Due Date	Status	Owner	Comments
Award Overdose Data to Action Grants and Injury Control Research Grants	Q4, FY 2020, FY 2021	On track	CDC	Year 2 OD2A continuation funding began on Sept. 2020.
Engage stakeholders to support the development of evidence-based guidelines for the treatment of pain associated with specific diseases and surgical procedures	Q4, FY 2020	Complete	FDA	
Validate modeling systems as a potential decision tool to inform and guide opioid policy interventions that impact public health	Q4, 2020	In Progress		This work is ongoing through an interagency collaboration among FDA, NIH, and CDC.
Award the National Health Service Corps Continuation Award Enhancement for current NHSC clinicians with a 2000 Data Waiver	Q4, FY 2020	In Progress	HRSA	
Develop a model to estimate naloxone need associated with the dynamic prescription opioid, heroin, and synthetic opioid use trends in the US and potential future shifts in use among these opioids	Q4, FY 2020	Complete	NIH	
Award funding to support innovative scientific solutions to the opioid crisis through the NIH Helping to End Addiction Long-term Initiative	Q4, FY 2020, FY 2021	In Progress	NIH	FY20 grants were issued in Q4
Award Grants for First Responder Training for Opioid Overdose Reversal Drugs	Q4, FY 2020	Complete	SAMHSA	
Award State Opioid Response Supplement Grants	Q4, FY 2020	Complete	SAMHSA	
Fund Provider Clinical Support System-University	Q4, FY 2020	Complete	SAMHSA	
Award Rural Communities Opioid Response Program Grants	Q4, FY 2021	In Progress	HRSA	

Overview Summary of Progress – FY 2020 Q4

- o AHRQ awarded three dissemination and implementation grants to improve the management of opioids in older adults, posted a statistical brief on the social determinants of health and rates of opioid-related hospitalizations and a rapid review on retention strategies for MOUD, and initiated a series of evidence reviews on chronic pain in support of the Todd Graham Act.
- O CDC has determined that an update of the CDC Guideline for Prescribing Opioids for Chronic Pain —United States, 2016 (Guideline) is warranted, based on the AHRQ's 3 chronic pain systematic reviews, published in April 2020. The Board of Scientific Counselors of the National Center for Injury Prevention and Control (BSC/NCIPC) established an Opioid Workgroup (OWG) at CDC's request to provide expert input and observations on the update, and potential expansion, of the Guideline. The BSC/NCIPC will subsequently review the Opioid Workgroup's report, discuss, deliberate, and provide advice and recommendations for CDC to consider as part of the potential update and/or expansion of the Guideline. The workgroup will help ensure broad, external, transparent input on the diverse and complex issues involved in this effort. The first OWG meeting was held on October 21, 2020. The BSC/NCIPC will hold a meeting in December 2020. A Guideline update would potentially release in 2022.
- O Starting January 1, 2020, CMS began reimbursing providers for certain services at Opioid Treatment Programs (OTPs) through bundled payments for Opioid Use Disorder (OUD) treatment services. Under the new benefit, Medicare covers: agonist and antagonist medications; counseling; individual and group therapy; and toxicology testing. CMS also finalized a bundled payment for episodes OUD treatment furnished by physicians and other practitioners in the office setting. As of the end of FY20, CMS had enrolled over 1000 OTP locations.

Overview Summary of Progress – FY 2020 Q4

- On October 20-22, 2020, FDA, in partnership with CDC and NIH, held an interagency virtual workshop, via a collaborative agreement with the Duke-Margolis Center for Health Policy, on "Assessing and Incorporating Intervention Effectiveness in Systems Models of the Opioid Crisis".
- O HRSA's Rural Communities Opioid Response Program, a multi-year initiative to address barriers to access in rural communities related to substance use disorder (SUD), including opioid use disorder (OUD), made 170 awards totaling \$115 million to build capacity, strengthen, and expand SUD/OUD prevention, treatment, and recovery service delivery in high-risk rural communities, including to reduce rates of Neonatal Abstinence Syndrome by empowering local consortia to create better addiction prevention, treatment, and recovery services through improved systems of care, family supports, and addressing social determinants of health. Additionally, HRSA awarded approximately \$12.5 million to 28 organizations to expand access to behavioral health services for families affected by opioids and other substance use disorders through the Opioid Impacted Family Support Program.

Overview Summary of Progress – FY 2020 Q4

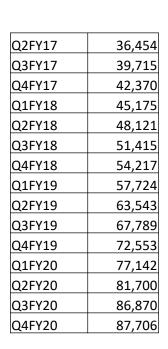
- O NIH-funded research including hundreds of research projects nationwide under its HEAL (Helping to End Addiction Long-term) Initiative continued progress in the areas of development of new non-addictive pain medications, more flexible medication options and behavioral interventions for treating OUD, the comparison of different treatments for neonatal abstinence syndrome, and implementation science to develop and test pain and OUD treatment models. Additionally, in Q4:
 - O HEAL convened a meeting on the social determinants of drug use to solicit input from experts in the field on research directions that could help target these social determinants.
 - O Subsequently, a notice was issued to encourage HEAL grantees to apply for supplements to increase diversity in the scientific workforce.
- SAMHSA's Comprehensive Addiction Recovery Act grants successfully distributed 342,297 opioid overdose reversal kits, held 78,044 administration events, and contributed to the successful reversal of 38,853 opioid overdoses (as of Q4 2020).
- HEALing Communities Study (NIH, SAMHSA) launched communication campaigns to combat stigma associated with medications for the treatment of opioid use disorder and completed the initial versions of community data dashboards.

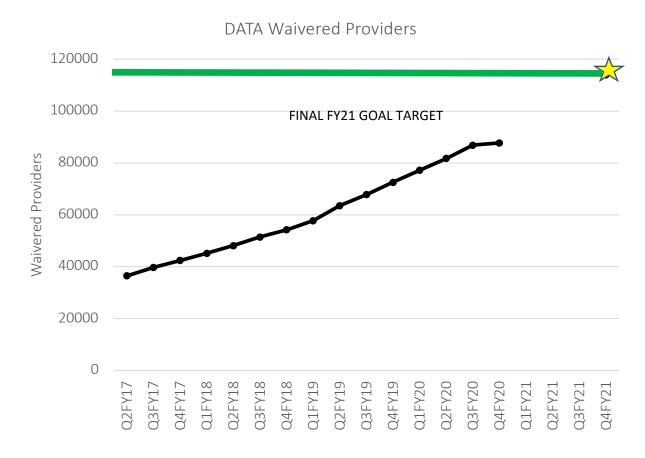
Key Indicators: FY 2020 Q4

Indicator	Target Value Q4 FY 2020	Target Percent Increase	Actual Value Q4 FY 2020	Actual Percent Increase	Final Target Value* Q4 FY 2021	Final Target Percent Increase
DATA waivered providers	93,231	28.5%	87,706	21.8%	113,908	57%
Naloxone prescriptions	298,261	25%	278,420	16.7%	357,914	50%
Unique buprenorphine patients	778,374	7.5%	800, 703	10.6%	832,679	15%
Long-acting injectable or implantable buprenorphine prescriptions	10,877	50%	10,423	53%	14,502	100%
Extended release naltrexone prescriptions	89,936	12.5%	72,380	-9.5%	99,929	25%

Met or exceeded goal; moving toward goal, did not meet; moving in the wrong direction Colors reflect the current quarter

Total DATA waivered providers



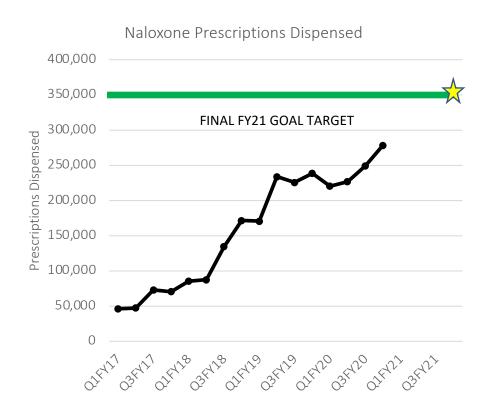


Source: SAMHSA

The number of DATA waivered providers had been increasing 6-10% per quarter, but increased 1% in Q4.

Number of naloxone prescriptions dispensed

Q1FY17	46,218
Q2FY17	47,166
Q3FY17	73,014
Q4FY17	70,395
Q1FY18	85,497
Q2FY18	87,429
Q3FY18	134,539
Q4FY18	171,540
Q1FY19	170,575
Q2FY19	233,896
Q3FY19	225,618
Q4FY19	238,609
Q1FY20	220,407
Q2FY20	226,723
Q3FY20	249,017
Q4FY20	278,420

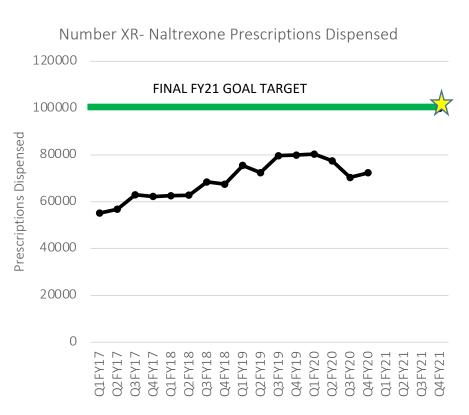


The rate of increase in naloxone prescriptions has declined since mid 2019, though in recent quarters the trajectory has been going up.

Source: IQVIA National Prescription Audit. Retrieved July 2020. Note: These data are for the retail and mail service channels only and do not include the long-term care channel.

Number of extended-release naltrexone prescriptions dispensed

Q1FY17	55,155
Q2FY17	56,803
Q3FY17	62,994
Q4FY17	62,242
Q1FY18	62,602
Q2FY18	62,758
Q3FY18	68,457
Q4FY18	67,536
Q1FY19	75,480
Q2FY19	72,416
Q3FY19	79,709
Q4FY19	79,943
Q1FY20	80,367
Q2FY20	77,485
Q3FY20	70,350
Q4FY20	72,380

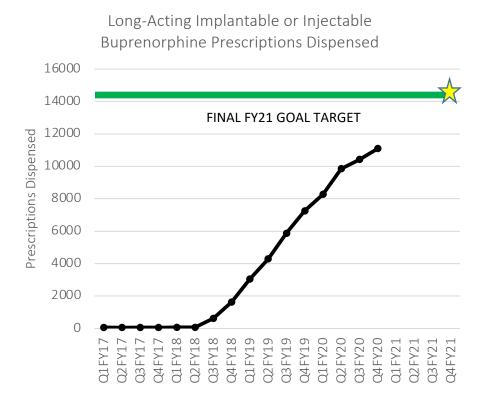


The number of naltrexone prescriptions dispensed was level before declining in Q3; reasons for Q3 decline uncertain, could reflect impact of COVID-19 pandemic. This decline did not continue in Q4.

Source: IQVIA National Prescription Audit. Retrieved July 2020.

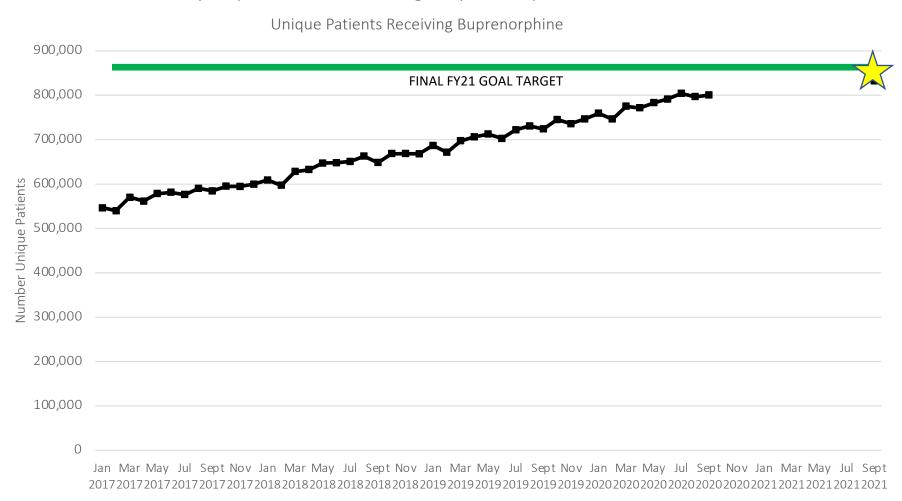
Number of long-acting implantable or injectable buprenorphine prescriptions dispensed

69
54
66
63
68
64
625
1,626
3,046
4,283
5,873
7,251
8,269
9,851
10,423
11,095



The number of long-acting buprenorphine prescriptions increased 173 fold following the entrance of an injectable form to the market.

Number of unique patients receiving buprenorphine



The number of buprenorphine patients tends to increase between 1-3% monthly, with occasional intermittent decreases.

Number of unique patients receiving buprenorphine

Jan 2017	547,208
Feb 2017	540,054
Mar 2017	570,746
Apr 2017	561,787
May 2017	578,301
Jun 2017	581,298
Jul 2017	576,197
Aug 2017	590,176
Sept 2017	584,623
Oct 2017	595,075
Nov 2017	594,649
Dec 2017	599,551
Jan 2018	608,893
Feb 2018	597,274
Mar 2018	628,345

Apr 2018	632,609
May 2018	647,355
Jun 2018	647,963
Jul 2018	650,959
Aug 2018	662,683
Sept 2018	648,262
Oct 2018	668,488
Nov 2018	668,454
Dec 2018	668,029
Jan 2019	686,929
Feb 2019	671,305
Mar 2019	697,439
Apr 2019	706,496
May 2019	712,535
Jun 2019	702,755

Jul 2019	722,453
Aug 2019	730,776
Sept 2019	724,068
Oct 2019	745,402
Nov 2019	735,841
Dec 2019	746,866
Jan 2020	759,323
Feb 2020	746,273
Mar 2020	775,137
Apr 2020	771,733
May 2020	783,334
Jun 2020	791,496
Jul 2020	804,183
Aug 2020	796,898
Sept 2020	800,703

Source: IQVIA Total Patient Tracker. Retrieved July 2020.

Data Accuracy and Reliability

Data are from the IQVIA (formerly IMS Health and Quintiles) suite of data derived from pharmacy, wholesaler, distributor, and other drug distribution data streams. These data are projected to the national and state level based on a proprietary algorithm. IQVIA utilizes a robust QA/QC process before releasing data, and HHS, along with many private companies, have used these data to track healthcare trends. IQVIA-derived data are in the peer-reviewed literature and have served as data inputs for HHS regulatory decisions. IQVIA has adjusted their data reporting to remove prescriptions that are voided or reversed. This caused a break in the trend line between FY 2018 and FY 2019.

One limitation of the data is that it is not possible to distinguish between when the medications are used to treat opioid use disorder and when they are used to treat other conditions. For instance, naltrexone may be used for alcohol use disorder as well as opioid use disorder, and buprenorphine may be used in the treatment of pain as well as for opioid use disorder. Local research and other sources will be sought to address this limitation but the proportion for these other uses is not expected to shift over time. Tracking the overall number of patients treated should provide stable estimates of changes in the number of patients treated for opioid use disorder.

While IQVIA data allow for tracking of naloxone dispensed by pharmacies, these numbers do not capture naloxone distribution through other avenues, such as overdose education and naloxone distribution programs administered by states, cities, and community organizations.

The number of providers with a DATA 2000 waiver is provided by SAMHSA; it should be noted that this reflects all clinicians who have received a waiver and does not indicate Drug Enforcement Administration registration status or current prescribing.

Additional Information

<u>Stakeholder / Congressional Consultations</u>

HHS's activities for this APG are part of the Department's approach for implementing The Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act (SUPPORT Act).