



TOBACCO PRODUCTS ARE NEVER WORTH THE PAIN AND AGONY OF CANCER.

When the doctor told me I had cancer, my first thought was that I had a 3-year-old daughter I need to be here for.

The cancer from tobacco didn't just take part of my life away - tobacco almost took me away from my family.

JAMES CAPPS, ORAL CANCER SURVIVOR
TUSHKA, OK

TOBACCO STOPS WITH ME.[.com](#)

Free quit coaching and free patches, gum or lozenges - a click or call away.

