

Pierre competes in a triathlon along a course as shown in the figure above. He begins swimming at starting point S and swims straight across the lake, gets on his bicycle at station A, bikes to station B, and then runs to finishing line F. The judges use a stopwatch to record his elapsed times of t_A , t_B , and t_F , respectively. If the distance, in miles, between points S and A along the racecourse is denoted by SA, then what is Pierre's average speed for this race, in miles per hour?

- (A) $\frac{SA}{t_A}$
- (B) $\frac{SB}{t_B}$
- (C) $\frac{SF}{t_F}$
- (D) $\frac{SA}{t_F}$
- (E) $\frac{SF}{t_A}$