



# Nathaniel A. Cruz, DMD

Periodontics

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Rx

## 1. Amoxicillin 500 mg

- Dosage: Take 1 capsule every 8 hours (three times a day)
- Duration: 7 days
- Instructions: Take with food to avoid stomach upset. Complete the full course even if symptoms improve.

## 2. Ibuprofen 400 mg

- Dosage: Take 1 tablet every 6 hours as needed for pain
- Maximum: Do not exceed 4 doses in 24 hours
- Instructions: Take with a full glass of water. Avoid alcohol while taking this medication. Discontinue if any stomach pain or bleeding occurs.

## 3. Chlorhexidine Mouthwash 0.12%

- Dosage: Rinse with 15 mL twice daily
- Duration: 14 days
- Instructions: Swish in the mouth for 30 seconds, then spit out. Do not swallow. Avoid eating or drinking for 30 minutes after use.

## Additional Instructions:

- Avoid smoking and alcohol during the healing period.
- Maintain soft foods diet and good oral hygiene, but avoid brushing around the treated area for the next 24 hours.

## Follow-Up:

- Schedule a follow-up visit in one week to assess healing progress.

  
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