

TO: Dr. John Smith, Supervising Physician

FROM: Medical Secretary, Department of Internal Medicine

DATE: August 4, 2026

SUBJECT: Journal Club Schedule for October, November, and December 2025

Dear Dr. Smith,

I have organized the upcoming Journal Club meetings for October, November, and December 2025. Below you will find the schedule with dates, locations, topics, and selected peer-reviewed articles for each session.

October 2025 Journal Club

Date: Wednesday, October 8, 2025 | Time: 6:00 PM - 8:00 PM | Location: Conference Room B

Topic: Common Causes of Autonomic Neuropathy

1. Diabetes and Cardiac Autonomic Neuropathy	WJG, 2015	Cited by 334
2. Updates on Diagnosis and Treatment of Peripheral Autonomic Neuropathies	2022	Cited by 34
3. Autonomic Neuropathy—a Prospective Cohort Study	Frontiers in Neurology, 2018	Cited by 10

November 2025 Journal Club

Date: Wednesday, November 5, 2025 | Time: 6:00 PM - 8:00 PM | Location: Conference Room B

Topic: Treatment of Long COVID

1. Longer Health Resort Therapy Improves Outcomes in Long COVID	PMO, 2025	Health Resort Therapy
2. Consensus-based Recommendations for Management of Long COVID	PMO, 2024	Holistic Care
3. Long COVID Symptom Management Through Self-Care	PMC, 2025	Self-Management

December 2025 Journal Club

Date: Wednesday, December 3, 2025 | Time: 6:00 PM - 8:00 PM | Location: Conference Room B

Topic: The Role of Dietitians in Preventative Care

1. Understanding Primary Care Dietitians' Experience	PMC, 2024	Nutrition Knowledge
2. The Role of Dietitians and Physiotherapists in Preventive Medicine	PMD, 2024	Non-communicable Diseases
3. Nutrition as Preventive Medicine: A Call for Integration	PMC, 2024	Medical Care Integration

Schedule Details:

- All sessions are 6:00-8:00 PM on Wednesdays (preferred weekday)
- Rooms reserved: Conference Room B for all three sessions
- Dates are at least three weeks apart as requested
- No sessions scheduled during holidays, conferences, or events
- All articles are peer-reviewed, published within the last 10 years (2015-2025)
- All articles are freely accessible without paywall or account requirements

Attachments:

- Journal Club Schedule.xlsx - Complete booking schedule added to room availability
- Nine (9) Article PDFs - Three articles for each month's topic

Please review the schedule and articles. Let me know if you need any changes or have questions.

Sincerely,

Medical Secretary

Department of Internal Medicine