

SEVEN-DAY BAHAMAS YACHT ADVENTURE

A Luxury Itinerary for Families

Swimming • Snorkeling • Jet Skiing • Paddleboarding • Fishing • Fine Dining

Family Profile: Father (55) • Mother (56) • Son (7) • Daughter (9)

DAY 1: Nassau, New Providence Island

Begin your Bahamian adventure in Nassau, the vibrant capital where colonial charm meets tropical paradise. Families can embark on an exhilarating 3 Islands Tour featuring snorkeling at world-renowned Pig Beach, swimming with sea turtles, and exploring the legendary Thunderball Grotto. Junkanoo Beach offers gentle waves perfect for children, while Blue Lagoon Island provides unforgettable dolphin encounters and stingray feeding experiences that will captivate visitors of all ages.

Dining Recommendations: • Linda's Place – Renowned for authentic conch salad, cracked conch, and the island's best conch fritters (local favorite) • Sarkeez – Popular with locals for delicious Bahamian cuisine and fresh seafood • The Poop Deck at Sandyport – Elegant waterfront dining featuring fresh catches daily

DAY 2: Rose Island

Just a short boat ride from Nassau, Rose Island offers a pristine private beach paradise perfect for families. Children will delight in the famous swimming pigs of Rose Island, while the crystal-clear waters provide ideal conditions for snorkeling with friendly sea turtles at the nearby sanctuary. The 007 Beach Club offers a relaxing retreat with comfortable hammocks, a beach bar serving signature cocktails, and a Caribbean buffet lunch that showcases the freshest Bahamian flavors.

Dining Recommendations: • Sandy Toes Beach Bar – Perched on Rose Island's highest point with stunning panoramic views and Caribbean buffet • Oasis Ocean 7 Beach Club – Private beach experience with full-service bar and beachside dining

DAY 3: Staniel Cay, Exumas

Located in the heart of the Exumas, Staniel Cay is home to the legendary Thunderball Grotto, a spectacular swimmable sea cave featured in James Bond films. Families can snorkel through underwater caverns teeming with colorful tropical fish, then visit nearby Pig Beach to feed the famous swimming pigs. The surrounding waters offer world-class snorkeling at Big Major and Little Pipe Cay, where children can safely explore vibrant coral reefs in calm, shallow waters.

Dining Recommendations: • **Staniel Cay Yacht Club Restaurant – Sea Level** – Waterfront fine dining with breathtaking Exuma blues views • **Flyin' Pig Café** – Casual spot with excellent local Bahamian dishes and fresh seafood • **Captain's Lounge** – Intimate setting for romantic dinner with fresh, local seafood

DAY 4: Highbourne Cay, Exumas

Highbourne Cay offers an exclusive escape with pristine white-sand beaches and crystal-clear turquoise waters perfect for swimming and paddleboarding. This private island paradise features some of the most secluded beaches in the Exumas, ideal for families seeking tranquility. Children can safely swim in the calm marina waters, while adults enjoy jet skiing or simply relaxing on the powdery sands. The island's remote location ensures an intimate experience away from the crowds.

Dining Recommendations: • Xuma's Restaurant and Bar – High-end waterfront restaurant with 5-star food and service • Highbourne Cay Marina Restaurant – Elegant marina-side dining with stunning ocean views

DAY 5: Eleuthera

Eleuthera offers 110 miles of magnificent beaches and some of the clearest waters in the Bahamas, perfect for snorkeling and fishing adventures. Families can explore hidden coves, visit the world-famous Glass Window Bridge where the Atlantic meets the Caribbean, or simply relax on miles of pristine pink and white sand beaches. Expert local guides like Captain Kid & Son Charters provide safe snorkeling excursions and family-friendly fishing experiences that create lasting memories.

Dining Recommendations: • Fish Fry – Home of the "Rum Bubba" – Governor's Harbour waterfront restaurant with local delicacies • Pascal's at Sky Beach – Fine dining with spectacular sunset views and French-Caribbean cuisine • Anchor Bay Fish Fry – Weekly Friday night outdoor festival with authentic Bahamian atmosphere

DAY 6: Harbour Island

Harbour Island's famous three-mile pink sand beach provides a breathtaking backdrop for the perfect family beach day. Children will love exploring the island in colorful golf carts, while horseback riding along the pristine shoreline at sunset offers unforgettable memories. The calm, shallow waters are ideal for paddleboarding and snorkeling, while the charming colonial town of Dunmore Town offers ice cream shops and local markets. The Ocean View Club provides terraced gardens leading directly to the legendary pink sands.

Dining Recommendations: • Sip Sip – Iconic restaurant overlooking Pink Sands Beach with Bahamian-American fusion cuisine • The Dunmore Restaurant – Casual fine dining blending French and Continental influences • Coral Sands Beach Bar – Oceanfront terrace with stunning pink sand beach views • Bahamas Coffee Roaster – Highly rated for breakfast and artisanal coffee (4.6 stars)

DAY 7: Return to Nassau – Farewell Celebration

Conclude your extraordinary Bahamian journey with a final day in Nassau, perfect for last-minute shopping at the famous Straw Market and enjoying the vibrant local culture. Families can take a final swim at the world-renowned Atlantis Beach, visit the Pirates of Nassau Museum for an interactive historical experience, or relax at a luxury beach club.

The evening culminates with a farewell dinner at one of Nassau's premier restaurants, celebrating a week of unforgettable family adventures in paradise.

Dining Recommendations: • **Arawak Cay Fish Fry** – Authentic local experience with multiple seafood vendors and island music • **Dino's Gourmet** – Upscale dining with Mediterranean-Bahamian fusion cuisine • **Goldie's Conch House** – Renowned for the freshest conch dishes on the island

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