

COMMUNITY SERVICE PROJECT AT

BEEMASHRAM TRUST

Internship project report submitted in partial fulfilment for the award of degree of

BACHELOR OF COMMERCE



of

BENGALURU CITY UNIVERSITY

Submitted by

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Under the guidance of

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2022

DECLARATION BY STUDENT

I do hereby declare that the Internship report entitled **COMMUNITY SERVICE PROJECT AT 'BEEMASHRAM TRUST'** is the outcome of the original work carried out by me under the guidance of "PROF.DIVYA SHREE.B.R" Assistant Professor, Department of Commerce and Management, Nagarjuna Degree College, Bengaluru – 64, in partial fulfilment for the award of degree of Bachelor of Commerce by Bengaluru City University.

I also declare that this Internship report is the result of my own efforts and it has not been submitted to any other university or Institute for the award of any other degree or Diploma or certificate.

Place: Bengaluru

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HOD CERTIFICATE

This is to certify that the Internship report **COMMUNITY SERVICE PROJECT AT “BEEMASHRAM TRUST”** is the original work conducted by Ms. BRUNDA M S under the guidance of PROF.DIVYA SHREE.B.R Assistant Professor, Department of Commerce and Management. This report has not formed a basis for the award of any other Degree or Diploma of any University or Institution.

Place: Bengaluru-64.

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GUIDE CERTIFICATE

This is to certify that Ms.BRUNDA M S with student ID No. 20027631 has prepared the Internship Project Report entitled “**COMMUNITY SERVICE PROJECT AT “BEEMASHRAM TRUST”**” I under my guidance. This report has not formed a basis for awarding any other Degree or Diploma or Certificate by this University or any other university or Institution.

Place: Bengaluru-64.

Date:
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Signature of the Guide

NAGARJUNA DEGREE COLLEGE
CERTIFICATE

Certified that Ms. BRUNDA M S bearing Student ID No.20027631 is a student of Fifth Semester B.Com of Nagarjuna Degree College, Bengaluru-64, has submitted an Internship Project Report entitled **“COMMUNITY SERVICE PROJECT AT “BEEMASHRAM TRUST”** I prepared in partial fulfilment of the requirements for the award of the Degree of Bachelor of Commerce of Bengaluru City University.

This report has not formed a basis for the award of any other Degree or Diploma or Certificate of any other University or Institute.

Place: Bengaluru-64.

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Principal

COMMUNITY SERVICE

INTRODUCTION

Community service is work done by a person or group of people that benefits others. It is often done near the area where you live, so your own community reaps the benefits of your work. You do not get paid to perform community service, though sometimes food and small gifts, like a t-shirt, are given to volunteers.

Community service can help any group of people in need: children, senior citizens, people with disabilities, English language learners, and more. It can also help animals, such as those at a shelter, and it can be used to improve places, such as a local park, historic building, or scenic area as well. Community service is often organized through a local group, such as a place of worship, school, or non-profit organization. You can also start your own community service projects.

Some students are required to complete community service as part of a class requirement in order to graduate high school or become a member of certain organizations, such as the National Honor Society. Adults can also participate in community service as a way to help others or if they are ordered to do so by a judge

What Are Examples of Community Service?

There are hundreds of ways to participate in community service, depending on your skills and interests. Some common community service examples include:

Working with schoolchildren: Tutoring children after school, collecting school supplies to donate, planting a school garden.

Working with senior citizens: Visiting residents of a retirement center, delivering meals to senior citizens, driving them to appointments.

Improving the environment: Holding a recycling contest, planting trees, creating a new trail at a nature center.

Helping low-income people: Passing out food at a soup kitchen, collecting used clothes to be donated, making first aid kits for homeless shelters.

A Community Service

**SUGGESTIVE FOR COMMUNITY SERVICE**

The following the recommended list of areas of projects for BA, B.Com, B.Sc etc. programmes. The lists are not exhaustive and open for additions, deletions and modifications. Colleges are expected to focus on specific local issues for this kind of projects. The students are expected to carry out these projects with involvement, commitment, responsibility and accountability. The mentors of a group of students shall take the responsibility of motivating, facilitating, and guiding the students. They have to interact with local leadership and people and appraise the objectives and benefits of this kind of projects. The project reports shall be placed in the college website for reference. Systematic, factual, methodical and honest reporting shall be ensured.

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What are some good community services?**Do Things for Your Community:**

- Walk kids home from school.
- Rake leaves for an elderly neighbor
- Mow your neighbor's lawn.
- Offer dog-walking services.
- Clean up cigarette butts on the ground.
- If you know another language, be a translator at parent-teacher conferences.
- Babysit during PTA meetings.
- Foster a shelter animal.
- Education for Poor People.
- Shelter for Unempowered Women.

Community Service is a non-paying job performed by one person or a group of people for the benefit of the community or its institutions. It may be performed for a variety of reasons:

- Requirement of a government for giving citizenship in lieu of military service.
- Substitution or addition to criminal justice sanctions.
- Mandated by schools to meet the requirements of a class.

A Community Service

- Volunteered by individuals or an organization to benefit a community or its institutions.

However in India Community Service is either done voluntarily or as a part of social responsibility by the organized sector.



DIFFERENT SECTORS OF COMMUNITY SERVICES

The term community service refers to any act that is performed for the benefit of the community at large. Acts can range from a one-time effort to collect canned goods for the local food pantry to a weekly commitment to serve meals to the homeless. People do not receive financial compensation for their services, although a number of award programs exist to recognize the contributions of volunteers.

Community service may involve collecting canned goods for the local food pantry.

In many cases, community service is performed as part of a person's membership in a social organization. Boy Scouts or Girl Scouts may volunteer to read to the elderly residents at a local nursing home or collect toys to distribute to needy children in the community. Members of a church fellowship may take a weekend trip to help build houses for Habitat for Humanity. A professional association for accountants may organize an effort to provide low-income people with tax preparation assistance.

Community service can include working for charitable organizations, such as Habitat for Humanity, that build homes for people in need.

A person does not have to be a member of a specific organization to participate in community service activities, however. Many people choose to volunteer as a way to meet other people with similar interests, much like how one might socialize at a nightclub or a sporting event. Volunteering can be a great way for retirees to remain active in their community. Stay at home parents often use volunteer work to keep their professional skills sharp during their break from the workforce.

Donating spare change to local organizations is part of community service.

Community service, while ideally a voluntary act, is sometimes required by schools as a condition for high school graduation. In addition to enhancing a student's college application, studies have shown that teenagers who volunteer typically show improved academic performance. Under mandatory service arrangements, teenagers must complete a specified number of hours of supervised community service per semester. However, they are usually allowed to choose activities that best fit their own personal interests, such as singing in the church choir or helping to organize library books.

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Community Services by Psycho Educational Society

Objectives of Psycho Educational Society being uplifting the rural poor and creating awareness regarding family welfare and health; the community service activities are focused on Education, Vocational Training, Healthcare, Direct help to Needy.

Psycho Educational Society conducts skill development programs in the BDP School for village women in tailoring, embroidery, knitting and agriculture. These programs are offered everyday / once in a week after school working hours. Till date, more than 250 village women have benefited by these programs. Good percentage of the girls trained in tailoring become capable of supplementing their family income.

Community Services – Healthcare

Non Government Organisation or Trust or Ashram will be started to take care of health of Poor People, Old Age Persons, Womens, Children. Some of the Organisation will concentrate on Eye and Ear Treatment for People.

Community Services – Education

Non Government Organisation or Trust or Ashram will be started to take care of mainly on Education of children. They provide Trainings for Competitive Examinations. They purely concentrate to provide good education for children. And also provide the music education for children.



BENEFITS OF COMMUNITY SERVICES

There are many benefits of participation in community service, and some of the most important ones are listed below.

Have the opportunity to help others: This is often the most important benefit of community service. Participating in it gives you the opportunity to know that you are improving someone's life and making your community better, and you get to see the direct impact of your work.

Gain hands-on experience: You can learn a lot of skills while performing community service such as construction, painting, customer service, and medical skills. You can also include your community service work on your resume.

Learn about different careers:

Sometimes you can focus your community service in a field you may want to work in down the road. Some examples of this include volunteering at an animal shelter if you are thinking about becoming a veterinarian, working at a hospital if you want to be a doctor, or volunteering in a museum if you like history. The experience gained from community service can help you get an internship or job in the future, and it also gives you the opportunity to see how much you would really enjoy a particular career.

Personal growth: Doing community service has personal benefits as well. It often makes participants more organized, responsible, and compassionate, which are all good qualities to have, as well as qualities that both colleges and employers like to see in applicants.

Gain new friends: A final benefit is that you can meet a lot of great people while doing community service. Community service is often done in groups, so it's easy to make friends with the people you are working with. You may also become friends with the people you are helping, especially if you volunteer at the same place regularly.

Helps you strengthen your community and social network: Your voluntary service, even the smallest of the work, can make a real difference to the people and your own life tremendously. Dedicating your free time in community service can help to expand your network and strengthening your ties to the community.

A Community Service

New Contacts and Network : One of the best ways to broaden your connection and strengthen existing relationships is to commit to a shared welfare activity together. With direct interactions with people the same selfless purposes and objectives- you can rediscover people who have the same principles and values of life as you do. Volunteer activities help you find the right contacts you might want to work within your future endeavours.

Social and Relationship Skills : Community activities are all about delivering the best version of yourself within you to the rest of the world. Through this volunteer service, you get to travel to many places, interact with people from different backgrounds, empathise and show your solidarity.

You become the advocate your conscience- which helps you develop and foster your social-relationship skills like communication, persuasion, active listening, management, leadership and so on.

Provides better Career Opportunities: If you're considering a new career, community service can help you attain relevant experiences in your area of interest in career by allowing you to develop different professional skill and interact with varying representatives of the organisation. Sharing extraordinary talents with charitable purposes can build you more competitive in the job market as well. Recruiter overwhelmingly looks preferably on job applicants who have been involved in community services.

Professional Relationships : Community service participation can potentially help developing professional networks, through which you may get direct updates regarding job openings, workshops, training opportunities and networking events. You can also build active voice and awareness of the current issues, trends, resources- allowing yourself to showcase your presence and visibility amongst influential community leaders and representatives.

Valuable job Skills : Community service gives you the platform to cultivate essential skills to benefit the greater community that are used in workplaces, for instance, teamwork, communication, public speaking, task management, problem-solving, project planning and organisation. Many volunteering initiatives require extensive training on hands-on skills, too, such as construction, painting, customer service, and medical expertise.

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Improves your Physical and Mental Health : Many research studies show that selfless contributions to the communities and societies like volunteering resonate with individuals' physical and mental health immensely. The core nature of community service- giving to others also helps to improve your mental and physical health. It can keep you mentally and physically stimulated and vindicate a sense of purpose in life



BEEMASHRAM TRUST

BEEMASHRAM TRUST is located in Devanahalli, Bangalore Karnataka. It is registered as a society at Bangalore in Karnataka. It was started at 29-10-1991 its parent Organization is Paul Foundation. The Founder of the Trust is Ramesh R. He was always friendly with children and Colleagues. He was the First one who started Trust in Devanahalli. So many people helped by this Trust. He was so kind hearted he gave the permission for working in there Trust and after we visited the Trust there we meet the Mr. Nayak, he also heads of Beemashram Trust. he was helped so much for the working in Trust he was provided all services for our team and helped a lot as we are more than expected so thank you for providing the services for our team and they are said how to work in Trust and the gave all the information of the Trust and also given all permission to work in there Trust. all faculty's, staffs, caretaker are helped so much special dear sir and Nayak sir was provided lots of information about their projects. And there will around 250 members in the Trust and the staffs also very kind-hearted.



A Community Service

THERE ARE 6 PROJECTS IN THIS TRUST

- **Hosabelaku** - (Home for The Aged) .
- **Spandana** - (Working Womens) (Hostel for the differently abled working women, students and trainees)
- **Open Shelter** - (Rehabilitation of vulnerable Children)
- **Spurthi** - (Residential special school for the Mentally challenged children)
- **Swadhar Greh** - (Sanjeevini rehabilitation centre for women in crisis)
- **Ujjwala** - (Rehabilitation of victims of trafficked women and children)



HOSABELAKU

In the hosabelaku we meet the head of the old age home Mr. Nagaraj and we went to meet old age people we are introduced our self and also taking information form them and we started playing games with them like carrom, cheese etc and also done cultural activities like mono acting, and they sing a song and dancing etc. like these our team played very well with them and Nagaraj sir tells about the old age home information they provide medicines to the old age people and they check-up the old age people monthly once and they provide hot water for the bathing every day. In world aged people day they make the special program for the old age people and they participate in different programs like dance, singing, mono acting and many more activities wined aged people well get prices and they also make the pensions to them and they provide ambulance service for emergency time to them and they provide hospitality service to them they make clean around the vrudha ashrama and they check-up the eye test for them in the old age they admitted they did not have permission to go out many more times they only go outing at monthly once and they are living normal with all the people commonly like relatives/friends.



The Hosabelaku started on 2002/03 and there will be above 60years peoples will be in the house there are come out of the house regarding personal problems and their children's will live there and went out the house. In this house there are 20 male 05 female in this house total

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there are 25 aged people in the house and in this house, there are 09 members staffs in this and 02 cooks and 02 members security's and 1 warden and one part time doctor in this house.

The procedure and documents for the joining/register to hosabelaku vardha ashrama that is need to be 60years old and Aadhar card, voter ID, bank passbook, senior citizen card and photos and their guardians/caretaker details these all documents need to join this house or register this house.



SPANDANA (WORKING WOMENS)

It is the another project of vidyaranya, the caretaker/head of the project is Ms. Prema she tells many more about the working womens there 09 staffs in house there are 01 residential super dent, 01night super dent, 02 cooks 03 sweepers 02 security's in this house in this house around 50 womens in this house there are 10 working and 40 training in process and they providing food and shelter for every womens and they provide jobs for every woman to success in their life's.

The person who want to register/join for the vidyaranya. The documents are; Marks card, photos, Aadhar card, bank pass book, they want bring for joining in this house in the project of working womens they didn't take any donation/amount for joining to their institute.

We gave some activates like smart work like preparing bangles neck chins and mates etc... for them, they are done work very well and they gave very good facilities to them.



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OPEN SHELTER

It is the one of the Project of the vidyaranya, the head/caretaker of this project is Mr. deva, Mr. Eshwar and Mr. Ajith. In this project 09 members staffs will come in this project, they are 22 students in project after the age of 10 they will change the NGO and they provide the schools for the students. They take council for every 15 days for the students and in this project, students come most of other states more in this project after 1:00pm they play the games and the students are play games very well and they do dance very well. To join this project, the eligibilities are: Age limit is 10 years 6-7 months in this project those who are not have the parents, single parents and MSD

In this project we played many games with them like: kabaddi, musical chair, dance, singing song, nadhi dhada, and passing ball these all games we all played with them.



SPOORTHI

It is the one of the projects of beemashram, it is for the mental illness Children's in this project there are 04 types of children's they are, mild, moderate, severe and preponed. in this project there are 04 school's pre-primary, primary, secondary and pre-vicinal these all schools come in these spurthi school, for admission process they need UDID card is compulsory. In this Trust they provide free food shelter, education and to the students. They find students by giving adds like creating awareness, survey of teachers and more like this only find the students.

In this house they put first 15 days to take observation of the students and the doctor tell that where did the student will be joining the asses the assessment kit has 316 skills and 18 dominoes main syllabus of the student is MDPS (mental developing programming system) in this ashrama they do not see physical age they consider mental age of the person

In this one skill take 03 months training in this they teach how to reade, writing, eating, money concept, numbers and social development like this they all teach in the first skill.

In this there are 15 teaching staff, 23 non-teaching staff and 04 doctors will come in this project. In this project total 107 students are there but because of covid-19 there are only 35 students in this school.

One teacher can handle 7-10 students the teach all the skills to them. At monthly once they make the report of the students and they also make the time table for them.

- In this school they admit only 6 to 25 age children's
- Hostage of 06 to 08 Pre-primary school,
- Hostage of 09 to 10 Primary school,
- Hostage of 11 to 15 secondary school and
- Hostage of 16 to 25oblyrate.

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In the age of above 15 they teach in the waste products to re-usable products, in tissue paper they make the follower's and paper bouts and many products the make the products and that products will sale to the retailers for money. ➤ After the age of 25 years they provide the jobs to them on the permission of the parents. They gave job for the hostage for stand on their foot they provide special programs to them they dance very well. We are doing excise with them they are do daily do the excise and yoga and many more activates do in the house and there are 06 class in this project



SWADHAR GREH

It is another project vidyaranya, its caretaker or head is Ms. Gowri and Mr. Nardh, she tells many more about this project. The categories of women in this house like vedhaviyaru, problems in their houses, missing cases, begging womens, non-residential womens like forgot their ID, money, address they comes for only for the police verification they temporally stay here. Mental disabled womens, mental patients, and etc..., like this categories womens will stay here and mother and children also admit in this house. starting they didn't say anything of their past they may be killed their husband/anybody for the police verification they come here for the counselling them at the anytime like midnight also take the recording to proof for they are saying right or wrong the take the recording and all the canceller will take the council and take the detail report then next day the submit the recording to police to taking them,

The family problemed women will get after the observation their behaviour with other hostages the gave the tailoring training for maximum 03 months or 06 months the gave training and for the interested womens only. For educated like SSLs, PUC the gave candle making high quality. For those not seat like that places and mental disabled womens will trained for the broom, it is sale for the 60 to 70 RS for one in the paper making the covers this item sale in medical shop and hospital and mate making in the old dress, sarees and waste cloths the make the mates.

In this mate making donors, officers will take these and take photo of these and showing other NGO they will also make that mats



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In this house game will be played ear like out door and in door games activates will be done we are also played with them like 1musical chair, passing ball, dance, singing, bucket in the ball and moon acting these all games played with them.

They plan yearly once trip with them taking the permission form the department. They do the paper crafting also monthly once awareness program with legal advisor DLSA related like polls poly act and domains valency act and that collect the record of that how many people are joined and that what the learned all these take the detail report of this make detail report and submit to the department.

In this only 18 to 60 years to join and below 18 years they are admitted to CWC. From other state country womens later for admission it will take 01 month or 01 year also because they didn't response quickly or forgot their ID.



UJJAWALA

It is also one of the projects in vidyaranya. The head/director is Ms. Priyanka and clinical psychologists Sujatha mam, social workers, part time doctor, psychologist, night guard, day guard and accountant these all staffs come in this house.

This house started in 2008 its main aim is rescuing the trafficking women, in this house there are four components predation, rescue, rehabilitation and reintegration these all components come in this house

• Predation

It means giving the awareness about the women and child safety by paly, advertisement, paper add, and road paly etc...

• Rescue

It means rescuing the women those who are addicted to the bad things, red light areas, personal problems, kidnaped and run out from the house in minor those people will be rescue in this house.

• Rehabilitation

It means giving the concealing about their work and giving the training about the tailoring, mat making, candle making, bangles making, chin making, paper crafting and giving jobs to them.

• Reintegration

It means after the rehabilitation/concealing the want to do the they can do the job or the can Mary to the same person or other they can also go with them.

In this house there are 25 members in this house they are sing very nicely dance also we are played with them like musical chair, glass building and hair banding, mono acting and cultural activates like singing and dancing like all these games we played with them

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CONCLUSION

From this project I have acquired and enhanced many of my skills and experiences. These kids have taught me how to smile in my kind of situation we are in and face it, how to mingle with others, always being positive, hardworking and most important of all helping each other and keeping each other happy. Children were such a cute, lovely and adorable. These kids and staff members made us feel like as if we are their own relation. My communication skill has increased and made new friends.

This internship was a useful experience. I gained new knowledge, skills and met many new people. I achieved several of my learning goals; there is still a lot to discover and to improve. The internship was also good to find out what my strength and weakness are. This helped me to define what skills and knowledge I have to improve in coming time. I would also be better if I can present and express myself more confidently. At the last this internship has given me new insights and motivation.

I didn't do this because I had it for internship but I did it as my responsibility towards my community. My dream is to start an ashram for old age people and children and make their life more comfortable and happy. I will do it.

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BIBILOGRAPHY

Beemashram Trust <https://www.beemashram.com>

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