

Goals

What type of lifestyle do you want? Did you set goals to achieve it?

There is considerable evidence to indicate that expectations of your future do, in fact, tend to create your future. People usually end up pretty much where they expect. What are your expectations for you?

If you do not have a written plan for your life, it may feel like you are driving a car without having your hands on the steering wheel. When you give yourself a destination you will feel better about getting in the car.

Goals give you a starting point and a destination. You are in charge when working on your goals. In order for your purpose in life to be fulfilled you must set goals!

“Believe you can and you’re halfway there.” — Theodore Roosevelt

___ What are your financial (current cost of living vs future cost of living, savings account, checking account, retirement account) goals?

___ What are personal health (eating, working out, resting, vacations) goals?

___ What are your personal development (reading books, learning a new language, going on a trip) goals?

___ What are your relationship (family, social, friends) goals?

___ What are your spiritual (church, read the bible, start book study) goals?

___ What are your career (professional development, get a degree, ask for a promotion, change jobs, learn more about your current job) goals?

Put them in order from 1 to 6 and then start defining what they mean to you.

In the order of your goals, please write a paragraph about each goal and answer these questions:

What is your goal in five years?

What is your goal in one year?

What can you start today or this week to start achieving that goal?

This is your life! What do you want to accomplish!
When you put it on paper, on your calendar, and you want to do it...
YOU WILL!!!



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