
Meghan Brehon

Strengths Insight Report

SURVEY COMPLETION DATE: 03-05-2023



DON CLIFTON

Father of Strengths Psychology and
Inventor of CliftonStrengths

Meghan Brehon

SURVEY COMPLETION DATE: 03-05-2023

Your Top 5 Themes

1. Input
2. Intellection
3. Individualization
4. Achiever
5. Discipline

Input

SHARED THEME DESCRIPTION

People exceptionally talented in the Input theme have a need to collect and archive. They may accumulate information, ideas, artifacts or even relationships.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

By nature, you may have acquired a sophisticated vocabulary, comprised of technical, subject-specific, or complicated words. If you ever need to describe the intricate steps of certain procedures, you might rely on this terminology. Perhaps your attention to detail works to your advantage when you are addressing particular types of experts. Because you comprehend the meanings of some of their words, you might be able to talk about how things function in a language they can understand. Because of your strengths, you may realize you are skilled in particular areas of specialization. Sometimes you take advantage of certain opportunities to broaden your knowledge base. You might try to obtain the latest facts, news, data, or research discoveries in your field. At the time you amass this information, its importance may not be apparent to you. You might be content to pull together bits and pieces of material so you can refer to them later if the need arises. Chances are good that you sometimes feel restless until you have found a better way to describe the finer points of complicated procedures. Why? When you succeed, people will begin to understand how they work. Perhaps you derive satisfaction from outlining the intricate steps of particular processes. Instinctively, you are quite comfortable having time to yourself to enjoy a favorite pastime: reading. Whether you are sitting on a quiet beach or in a crowded airport terminal, you create your own space with a book, magazine, newspaper, document, or correspondence. Gleaning information, inspiration, or insights from these sources can make your relaxation more pleasurable or your delays more tolerable. It's very likely that you might go through life gleaning bits of information to add to your storehouse of knowledge. Perhaps this partially satisfies your need to expand your thinking as well as broaden your skills. Rarely a stranger to hard work and long hours, you attempt to reinforce your grasp of a subject by reading, studying, discussing, or writing about it. From time to time, you may practice honing — that is, sharpening — a particular ability.

Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

Intellection

SHARED THEME DESCRIPTION

People exceptionally talented in the Intellection theme are characterized by their intellectual activity. They are introspective and appreciate intellectual discussions.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

It's very likely that you may select unusual words to describe your ideas or feelings. Perhaps your extensive vocabulary allows you to capture people's interest. Because of your strengths, you designate a minimum of five hours a week for solitary thinking. You probably have figured out how to eliminate distractions and interruptions. You accept the fact that you have less free time to spend with family, friends, coworkers, teammates, or classmates. By nature, you sometimes find a quiet place to reflect on what you think, feel, or have experienced. Perhaps you ask and answer your own questions. By looking inward, you may identify specific things you could do even better. Driven by your talents, you sometimes delight in having your very own tasks to perform. Perhaps you like to solo because it gives you quiet time to reflect on what you think or feel. Maybe you consider what you have done, are doing, or can do better. Instinctively, you occasionally reflect on how you felt about specific experiences as they occurred. Sometimes you ponder how you felt afterward. Perhaps your emotional awareness sharpens your thinking. You might be doubly blessed if you think with your head and feel with your heart.

Individualization

SHARED THEME DESCRIPTION

People exceptionally talented in the Individualization theme are intrigued with the unique qualities of each person. They have a gift for figuring out how different people can work together productively.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Instinctively, you sense people appreciate the advice you give them. You believe that you help

Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

individuals deal with problems and take advantage of opportunities. Because of your strengths, you may be capable of stepping into a person's feelings, thoughts, or experiences. Perhaps you have a natural capacity for grasping what life is like for someone else. Even without firsthand experience, you can sometimes comprehend an individual's challenges, worries, hopes, or fears as if they were your own. Driven by your talents, you help people stay aware of the latest news and current events. Chances are good that you periodically mix and match people's unique styles of working, thinking, problem solving, or relationship building. You might help particular people see how their special talents, knowledge, or skills benefit others on the job or in the classroom. When individuals or groups cooperate, you may commend them for reaching a goal, making progress, or succeeding. It's very likely that you periodically enjoy watching people. In the process, you may discover what makes each individual truly unique or special. You may be a student of humankind who is curious about the backgrounds and interests of each person.

Achiever

SHARED THEME DESCRIPTION

People exceptionally talented in the Achiever theme work hard and possess a great deal of stamina. They take immense satisfaction in being busy and productive.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Driven by your talents, you sometimes dedicate yourself to acquiring specific types of knowledge or using particular skills. Maybe you are self-taught. Maybe you work with an instructor, trainer, coach, or mentor. You might embrace opportunities to expose your mind to new ideas. You might welcome the chance to practice new ways of plying — that is, diligently practicing — a trade or a craft. Chances are good that you occasionally make people feel worthy by spending time with them. Sometimes you observe individuals to understand the challenges they face. Perhaps you work hard to celebrate the minor and major successes of a person or a group. You might inspire some people to excel when you simply acknowledge what they do well. By nature, you may toil with little rest and enjoy it as long as you can partner with individuals who share your work ethic. Perhaps having slackers in the group tries your patience, especially when they are content to meet the minimum expectations. To some extent, your drive to do more and better work annoys or threatens them. Instinctively, you sometimes use your mental or physical energy for several hours when the situation demands such effort. Perhaps you persist, persevere, and push yourself to keep working on assignments until you finish. Maybe you refuse to quit until you reach your goal. Because of your strengths, you sometimes put much effort into keeping areas neat and shipshape. When others notice or appreciate your ability, you might be a

Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

bit more motivated to maintain a high level of tidiness.

Discipline

SHARED THEME DESCRIPTION

People exceptionally talented in the Discipline theme enjoy routine and structure. Their world is best described by the order they create.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

By nature, you sometimes choose to work independently. Perhaps you give exceptionally mature consideration to each step of your plan before you launch projects or begin assignments. Maybe you set out to do everything right. Instinctively, you might have a knack for keeping certain kinds of things in order or in good repair. Some people may wish their workstation, home, garage, room, drawers, files, vehicles, or cabinets were as well cared for and organized as yours are. It's very likely that you may prefer to independently coordinate and plan the things you work on or study. As a solo performer, perhaps you value this benefit. Driven by your talents, you might be intent on finishing tasks ahead of schedule. Having this goal may improve your concentration a little bit. Occasionally you are orderly in your approach to work. Maybe you make sure you have ample time to accomplish your major objectives. Chances are good that you sometimes clear the clutter from your immediate environment. This might free you to concentrate on more pressing matters. Perhaps your orderly approach to your job or studies provides you with sufficient time to complete tasks by their due date.

Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

1313082606 (Meghan Brehon)

© 2000, 2006-2012 Gallup, Inc. All rights reserved.