



Prevention Inside:

- Use screens on windows and doors. Repair holes in screens to keep mosquitoes outside.
- Use air condition when available.
- Sleep under mosquito bed net.



Prevention Removing Habits:

- Remove standing water in gutters, abandoned tires, buckets, toys or any container that accumulates water, tree, holes and ditches.
- Frequently change the water in bird baths, fountains, wading pools, and potted plant trays, animal drinking bowls.
- keep swimming pool water treated and circulating.

Use insect repellent

Use an Environmental Protection Agency (EPA)-registered insect repellent with one of the following active ingredients. When used as directed, EPA-registered insect repellents are proven safe and effective, even for pregnant and breastfeeding women.

Active ingredient
DEET
Picaridin (known as KBR 3023 and icaridin outside the US)
IR3535
Oil of lemon eucalyptus (OLE) or para menthane diol (PMD)
2-undecanone

*Higher percentages of active ingredient provide longer protection.

Find the insect repellent that's right for you by using EPA's search tool*.

*The EPA search tool is available at www.epa.gov/insect-repellents/find-insect-repellent-right-you

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

Personal Protection: Repellants

- Use insect repellent.



Personal Protection: Babies and children

- Should not use insect repellent on babies younger than 2 months old.