

Healthway Diagnostic Clinic

Doctor's Prescription

Dr. Afzal Hossain
Cardiology
MBBS, DTCT (DMC)
FCPS (BSMMU)

Date: 17/06/21
Patient's Name: Adiba Shaira
Patient's Age: 23

Rx.

1. Tab. Azithromycin 500mg 0+0+1 (7 days)
2. Tab. Amlocard 50mg 1+0+1 (30 days)
3. Tab. Z-vit Max 100mg 1+0+0 (to be continued)
4. Cap. Nexcital 5mg 1+0+0 (to be continued)

Diagnosis:

Mild Hypertension, accompanied by slight intermittent attacks.

Suggestions:

1. Daily Physical Exercise for 30 minutes
2. 8 hours of sound sleep
3. Re-consult with doctor after 1 month