MedCare Corporation [Health Care Company]

MedCare Corporation is a leading regional healthcare company providing hospitals, clinics, and telemedicine services. It has around 50 hospitals and 100 clinics serving patients across income levels. Revenues have remained flat at \$2 billion annually over the past 3 years, while costs have risen from \$1.6 billion to \$1.95 billion, resulting in declining profits. The business units operate fairly independently. The bulk of the cost increases are from the hospital segment, the largest business unit, due to higher staff and equipment expenses. Hospital occupancy has dipped slightly to 72% while revenue per bed is steady and cost per patient has grown. What key areas would you want to explore to understand MedCare's decline in profitability?

Candidate: Thank you for meeting with me today. I understand that MedCare Corporation has been facing declining profits over the past few years. Can you provide some background on MedCare and its current situation?

Interviewer: MedCare is a leading healthcare company in the region, providing hospitals, clinics, and telemedicine services. We have around 50 hospitals and 100 clinics.

Candidate: What does MedCare's organizational structure look like? Are the hospitals, clinics, and telemedicine units fairly integrated, or do they operate as silos?

Interviewer: The business units operate independently for the most part. There is some coordination but not seamless integration.

Candidate: And what customer segments does MedCare primarily serve?

Interviewer: We serve patients across the spectrum - low-income to high-net-worth individuals. Our telemedicine platform focuses more on the mass market.

Candidate: Thanks for the overview. To understand the declining profits, I'd like to analyze revenue and cost trends over the past 3 years. Could you share MedCare's financial performance during this period?

Interviewer: Revenues have largely remained flat over the period at around \$2 billion annually. However, costs have increased steadily from \$1.6 billion to \$1.95 billion. Here is a data table which shows the same:

| | 2018 | 2019 | 2020 |
|----------------------|---------------|---------------|---------------|
| Revenue | \$2 billion | \$2 billion | \$2 billion |
| Variable Costs | | | |
| Cost of Goods Sold | \$500 million | \$500 million | \$500 million |
| Labor Costs | \$800 million | \$850 million | \$900 million |
| Other Variable Costs | \$100 million | \$100 million | \$100 million |
| Fixed Costs | | | |
| Facility Costs | \$150 million | \$175 million | \$200 million |
| Equipment Costs | \$50 million | \$50 million | \$50 million |
| Overhead Costs | \$100 million | \$100 million | \$100 million |

Candidate: That's helpful. The flat revenue growth likely indicates issues like stagnant patient volume. What factors do you think have driven the cost increases?

Interviewer: Mainly higher operating costs for our hospitals and clinics, especially staff and equipment expenses. Also, some technology upgrades.

Candidate: Are the cost increases consistent across the hospitals, clinics, and telemedicine units? Or are certain segments more affected?

Interviewer: The clinics and telemedicine units have maintained costs. The bulk of increases are from the hospitals.

Candidate: That's a good color. Would it be possible to get a profitability breakdown by business unit? I'd like to analyze if certain units are more or less profitable.

Interviewer: Sure, I can share that data. The hospitals are still profitable, though margins have declined. The clinics lose money when telemedicine is break-even.

Candidate: Thank you. That breakdown is very helpful. It seems the hospital segment, being MedCare's largest business, is likely driving the overall profit declines and requires deeper analysis. We should also assess turnaround strategies for the clinics. Does MedCare track relevant hospital KPIs like occupancy rates, revenue per bed, cost per patient, etc?

Interviewer: We track those KPIs. Hospital occupancy has dipped slightly from 75% to 72% over the period. Revenue per bed has remained steady while cost per patient has increased.

Candidate: That indicates the need to boost occupancy rates to drive revenue. On costs, I'd like to explore the major drivers - are the increases due to higher labor costs, equipment purchasing, or other factors?

Interviewer: It's primarily higher labor costs, especially nursing staff. We've faced shortages and had to bring in contract nurses at a premium.

Candidate: Okay, that's a critical data point. It seems a key priority is developing an effective nurse staffing strategy to optimize costs. Are there any constraints around nurse compensation that we should be aware of?

Interviewer: We need to offer competitive pay to attract talent but cannot increase wages across the board due to budget. A targeted approach is required.

Candidate: Understood. I recommend a 3-point plan: 1) Analyze nurse staffing models and identify opportunities to reduce high-cost contract staff, 2) Introduce retention incentives and merit-based pay to pay competitively while optimizing labor spend, and 3) Launch proactive recruiting and training programs to build a strong talent pipeline. Does this seem like the right approach?

Interviewer: Yes, that addresses our major needs around getting nurse staffing costs under control. I think your recommendations hit the mark.

MedCare Corporation [Health Care Company] – Detailed Case Analysis

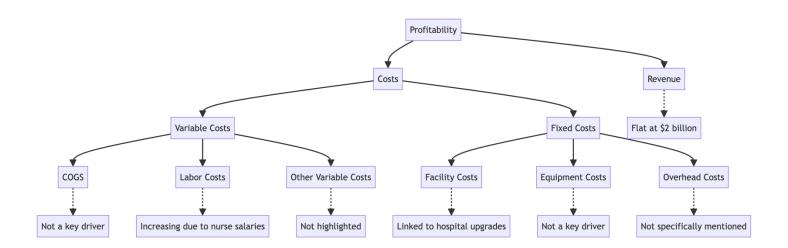
Candidate Notes:

- Declining profitability was driven by increasing costs, primarily in the hospitals segment.
- Largest business unit (hospitals) appears to require the deepest analysis.
- Clinics losing money, telemedicine at breakeven.
- Flat revenue indicates issues like stagnant patient volume.

Case Facts:

- Leading healthcare company with 50 hospitals and 100 clinics.
- Also provides telemedicine services.
- \$2 billion in annual revenues, profits declining due to rising costs.
- Hospitals are still profitable, but margins are declining, clinics are losing money.

Approach/Framework:



Recommendations:

- Optimize the nurse staffing model to reduce over-reliance on contract staff.
- Introduce retention incentives and merit-based pay for nurses.
- Launch proactive recruiting and training programs for the talent pipeline.

Observations:

- Integrating business units more seamlessly could unlock synergies.
- Increasing hospital occupancy rates could drive revenues.
- Targeted interventions are needed to turn around clinic performance.