

myCPD² LOGBOOK

Kementerian Kesihatan Malaysia (MOH)
Ibu Pejabat KKM, Bahagian Perkembangan Perubatan,
Blok E1, Parcel E, Pusat Pentadbiran Kerajaan Persekutuan,
62590 Putrajaya



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ORGANISATION/DEPARTMENT: Institut Kesihatan Umum	YEAR: 2022	

Category	Description	Start Date	End Date	Max Point	Cumulative	Actual
A1	ATTENDED CONGRESS / CONFERENCE IN RELATED FIELD / CORE BUSINESS (LOCAL / INTERNATIONAL)					
UNLISTED	14TH MOH-AMM SCIENTIFIC MEETING 2022 IN CONJUNCTION WITH 23RD NIH SCIENTIFIC CONFERENCE	19 Jul 2022 08:30	21 Jul 2022 18:00	20	20	20
UNLISTED	9TH INTERNATIONAL PUBLIC HEALTH CONFERENCE	18 Oct 2022 09:00	19 Oct 2022 17:00	20	15	0
Sub-Total					35	20
A2	ATTENDED SCIENTIFIC MEETINGS OF CHAPTERS OF ACADEMY / UNIVERSITIES / COLLEGES / ASSOCIATION / INSTITUTIONS / MINISTRY OF HEALTH & OTHER RELATED AGENCIES					
A3	ATTENDED WORKSHOPS / COURSES / FELLOWSHIPS / ATTACHMENT ETC. (INCLUDE HANDS - ON & SKILLS COURSES)					
UNLISTED	SEMINAR HASIL DAPATAN NHMS 2020	20 Jan 2022 08:30	20 Jan 2022 13:00	30	4	4
UNLISTED	SEMINAR PENYELIDIKAN IKU	27 Jan 2022 08:30	27 Jan 2022 13:30	30	4	4
UNLISTED	KURSUS ANALISIS DATA PENGAMBILAN MAKANAN MENGGUNAKAN PERISIAN NUTRITIONIST PRO	31 Mar 2022 09:00	01 Apr 2022 17:00	30	10	10
UNLISTED	BENGKEL PENGUMPULAN DATA BAGI TINJAUAN KESIHATAN KEBANGSAAN DAN MORBIDITI (NHMS AHS) 2022	06 Jul 2022 14:30	10 Jul 2022 13:30	30	15	0
UNLISTED	BENGKEL PENGUMPULAN DATA TINJAUAN KESIHATAN ORANG ASLI 2022	13 Jul 2022 14:00	19 Jul 2022 14:00	30	15	0
UNLISTED	BENGKEL LATIHAN PENGUMPULAN DATA (SEMENANJUNG) BAGI KAJIAN TINJAUAN KEBANGSAAN KESIHATAN DAN MORBIDITI (NHMS)2021: KESIHATAN IBU DAN ANAK (MCH)	03 Aug 2022 14:30	08 Aug 2022 12:30	30	15	12
UNLISTED	BASIC REDCAP WORKSHOP	17 Aug 2022 08:00	18 Aug 2022 17:00	30	10	0
UNLISTED	BENGKEL PENULISAN LAPORAN NHMS 2021: AHS	11 Oct 2022 15:00	14 Oct 2022 12:30	30	15	0
Sub-Total					88	30
A4	ATTENDED CME SESSIONS / OTHER PROFESSIONAL ACTIVITIES					
UNLISTED	TAKLIMAT MYSTEP	07 Jan 2022 14:30	07 Jan 2022 16:30	20	1	1
UNLISTED	WEBINAR THE IMPORTANCE OF PUBLICATIONS IN RESEARCH AND THE DEVELOPMENT OF RESEARCH CAREERS	03 Mar 2022 15:00	03 Mar 2022 16:00	20	1	1
UNLISTED	NUTRITION RESEARCH PRIORITIES (NRP) SERIES 1/ 2022: MATERNAL, INFANT AND YOUNG CHILD NUTRITION	21 Jul 2022 09:00	21 Jul 2022 12:00	20	1	1
Sub-Total					3	3
A5	PRESENTATION AT OFFICIAL MEETINGS / FUNCTIONS					
UNLISTED	PENSYARAH/PENGAJAR SAMBILAN SEMESTER 1 SESI 2021/2022, UNIVERSITI KEBANGSAAN MALAYSIA	24 Jan 2022 11:45	24 Jan 2022 14:45	20	5	0

Category	Description	Start Date	End Date	Max Point	Cumulative	Actual
UNLISTED	SEMINAR PENYELIDIKAN IKU	27 Jan 2022 08:30	27 Jan 2022 13:45	20	10	10
UNLISTED	PENSYARAH JEMPUTAN JEMPUTAN BAGI KURSUS PKK5303 (PEMAKANAN GLOBAL, ADVOKASI DAN POLISI); THE ROLE OF RESEARCH IN POLICY FORMULATION DI FAKULTI PERUBATAN DAN SAINS KESIHATAN, UNIVERSITI PUTRA MALAYSIA	18 Feb 2022 08:00	18 Feb 2022 11:43	20	5	0
UNLISTED	14TH MOH-AMM SCIENTIFIC MEETING 2022 IN CONJUNCTION WITH 23RD NIH SCIENTIFIC CONFERENCE (POSTER PRESENTATION)	19 Jul 2022 09:00	21 Jul 2022 17:00	20	7	3
UNLISTED	9TH INTERNATIONAL PUBLIC HEALTH CONFERENCE (POSTER PRESENTATION)	18 Oct 2022 09:00	19 Oct 2022 17:00	20	7	7
Sub-Total					34	20
A6	PUBLICATION OF ARTICLES IN JOURNAL / CHAPTERS IN BOOK / REPORTS					
UNLISTED	FACTORS INFLUENCING THE LEVELS OF AWARENESS ON MALAYSIAN HEALTHY PLATE CONCEPT AMONG RURAL ADULTS IN MALAYSIA' INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH 19, NO. 10: 6257. HTTPS://DOI.ORG/10.3390/IJERPH19106257	21 May 2022 10:44	06 Nov 2022 12:44	30	20	0
UNLISTED	CHILDHOOD OVERWEIGHT AMONG UNDER FIVE IN PUTRAJAYA, MALAYSIA: THE CONTRIBUTING FACTORS. JOURNAL OF HEALTHCARE IN DEVELOPING COUNTRIES, 1(4): 72-78. DOI:10.26480/JHCDC.04.2021.72.78	29 Jul 2022 10:21	29 Jul 2022 16:21	30	20	10
UNLISTED	PREVALENCE OF OBESITY AND ITS ASSOCIATED FACTORS AMONG MALAYSIAN ADULTS: FINDINGS FROM NHMS 2019	05 Oct 2022 00:18	05 Oct 2022 10:19	30	20	20
Sub-Total					60	30
A7	SELF STUDY / GROUP STUDY / CASE STUDY / DISTANCE LEARNING E.G. READING SCIENTIFIC PAPERS FROM INDEXED JOURNALS, AUDIO-VISUAL, ORGANIZED GROUP DISCUSSION					
A8	CONTINUOUS MEDICAL EDUCATION ONLINE					
UNLISTED	WEBINAR SAINTIFIK NUTRITIONIST KKM SIRI 1/2022	07 Feb 2022 09:00	07 Feb 2022 13:00	20	1	1
UNLISTED	WEBINAR ON UNDERSTANDING THE GRANT APPLICATION PROCESS AND PREPARING YOUR SUBMISSION	21 Feb 2022 16:00	21 Feb 2022 17:00	20	1	1
UNLISTED	TGP INSPIRATIONAL LEADERSHIP PODIUM 1/2022	02 Mar 2022 09:00	02 Mar 2022 13:00	20	1	1
UNLISTED	WEBINAR SAINTIFIK NUTRITIONIST KKM BIL.3/2022	16 Aug 2022 09:00	16 Aug 2022 13:00	20	1	1
UNLISTED	WEBINAR NUTRITION RESEARCH PRIORITIES (NRP) SERIES 2/2022	23 Aug 2022 09:00	23 Aug 2022 13:00	20	1	1
Sub-Total					5	5
A9	ATTENDED POST - BASIC COURSES / FURTHER TRAINING					
A10	BASIC DEGREE / MASTERS DEGREE / POSTGRADUATE DIPLOMA / PHD / DRPH / SUBSPECIALITY TRAINING					
UNLISTED	DOKTOR FALSAFAH (PEMAKANAN)	26 Nov 2022 08:00	26 Nov 2022 11:25	50	50	50
Sub-Total					50	50
A11	INVOLVEMENT AS COMMITTEE OR PROJECT MEMBER					
UNLISTED	AHLI KUMPULAN KERJA TEKNIKAL PENYELIDIKAN PEMAKANAN BAGI TAHUN 2021 HINGGA 2022.	01 Jan 2022 11:00	11 Dec 2022 11:00	20	5	5
UNLISTED	AHLI JAWATANKUASA KERJA TEKNIKAL KEBANGSAAN MALAYSIA FOOD COMPOSITION DATABASE (JKT-MFCD) BAGI TAHUN 2021 HINGGA 2023	01 Jan 2022 11:00	11 Dec 2022 11:05	20	5	0
UNLISTED	AHLI PANEL JAWATANKUASA PENILAIAN PENYELIDIKAN NIH (JPP-NIH) KKM.	01 Jan 2022 11:00	11 Dec 2022 11:06	20	5	0
UNLISTED	MYEMAS: MALAYSIAN MALNOURISHED INTERVENTION FOR THE OLDER ADULTS	01 Jan 2022 11:00	11 Dec 2022 11:11	20	5	0

Category	Description	Start Date	End Date	Max Point	Cumulative	Actual
UNLISTED	6. DEVELOPMENT AND VALIDATION OF A SEMI QUANTITATIVE FOOD FREQUENCY QUESTIONNAIRE FOR ADOLESCENTS AND ADULTS IN A POPULATION-BASED SAMPLE IN MALAYSIA	01 Jan 2022 11:01	11 Dec 2022 11:01	20	10	10
UNLISTED	SCHOOL-BASED INTERVENTIONS FOR ENHANCING HEALTHY LIFESTYLE AMONG SCHOOL CHILDREN: SYSTEMATIC REVIEW	03 Jan 2022 11:00	11 Dec 2022 11:23	20	5	0
UNLISTED	MALAYSIAN INDIVIDUAL FOOD CONSUMPTION DATA HARMONIZATION IN ASEAN (GIFT FORMAT, FOODX2)	03 Jan 2022 11:00	11 Dec 2022 11:23	20	5	0
UNLISTED	NATIONAL HEALTH AND MORBIDITY SURVEY 2022 – ORANG ASLI SURVEY	03 Jan 2022 11:00	11 Dec 2022 11:09	20	5	0
UNLISTED	JAWATANKUASA KERJA BAGI TINJAUAN KEBANGSAAN KESIHTANA DAN MORBIDITI (NHMS 2022): TINJAU KESIHATA REMAJA	13 Jan 2022 11:03	11 Dec 2022 11:04	20	5	5
UNLISTED	AHLI JAWATANKUASA TEKNIKAL PROFESION PEGAWAI SAINS (PEMAKANAN) KEMENTERIAN KESIHATAN MALAYSIA	21 Feb 2022 11:00	11 Dec 2022 11:04	20	5	0
UNLISTED	NATIONAL HEALTH AND MORBIDITY SURVEY 2021 – MATERNAL CHILD HEALTH	01 Aug 2022 11:00	11 Dec 2022 11:08	20	5	0
Sub-Total					60	20
B1	PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS ETC.					
UNLISTED	SCIENTIFIC MERIT AND REVIEWER FOR JOURNALS FROM IKU AND NIH	03 Jan 2022 11:00	11 Dec 2022 11:20	10	5	0
UNLISTED	PREVALENCE AND DETERMINANTS OF STUNTING IN SCHOOL AGE CHILDREN IN SOUTH AND WEST SULAWESI; ANALYSIS OF 2007, 2013, AND 2018 INDONESIA BASIC HEALTH RESEARCH	06 Sep 2022 08:00	06 Sep 2022 17:00	10	5	5
UNLISTED	PANDALUNGAN CULTURE STUDY ON DIETARY PATTERNS AND PHYSICAL ACTIVITY RELATED TO THE RISK OF DIABETES AND OBESITY	06 Sep 2022 10:00	06 Sep 2022 17:00	10	5	0
UNLISTED	SAFE DRINKING WATER, SANITATION AND MOTHER'S HYGIENE PRACTICE AS STUNTING RISK FACTORS IN CHILD AGE 6-23 MONTHS	04 Oct 2022 08:00	04 Oct 2022 15:00	10	5	5
Sub-Total					20	10
B2	OTHER SUPPORTING ACTIVITIES RELATED TO PERSONAL DEVELOPMENT AND SELF IMPROVEMENT					
UNLISTED	AHLI SEUMUR HIDUP PERSATUAN PEMAKANAN MALAYSIA	01 Jan 2022 11:00	11 Dec 2022 11:49	10	5	5
Sub-Total					5	5
B3	ATTENDED ANNUAL GENERAL MEETING OF SOCIETIES / ASSOCIATION / NGO REGISTERED WITH REGISTRAR OF SOCIETY (ROS)					
UNLISTED	37TH ANNUAL GENERAL MEETING (AGM) OF NUTRITION SOCIETY OF MALAYSIA (NSM)	18 Mar 2022 15:00	18 Mar 2022 21:00	5	1	1
Sub-Total					1	1
Grand-Total					361	194
CPD Credit Points Equivalent (cumulative) Total Cumulative Points: 361 Total Actual Points: 194						

REMARKS:	VERIFIED BY (SUPERVISOR):	OFFICIAL STAMP:
	DATE:	

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