



CURRICULAM VITAE



Name : **Dr. Arvindran A/L Alaga**

Date Of Birth : 13 DECEMBER 1982

I/C Number : 821213-02-5921

Gender : Male

Race : Indian

Religion : Hindu

Marital Status : Married

Spouse : Dr Delini Devi

Children : 1. Tanusshri Devi
: 2. Sai Amartya

Qualifications: M.B.B.S - Melaka – Manipal Medical College
(2002 – 2007)

: **MRCP UK** (Oct 2014) – RCP 153297

: **CMIA(2015)** – Certified Medical Impairment Assessor

: **GCP (2015)** – Good Clinical Practice

Experience : **House Officer**

Hospital Tuanku Fauziah, Perlis (2008 - 2010)

: **Medical Officer**

Hospital Tuanku Fauziah, Perlis
Dept. of Medicine (May 2010 – July 2010)

Klinik Kesihatan Kangar, Perlis (July 2010 Till October 2011)
Outpatient Department / Chronic Clinic

Internal Medicine Department,

Medical officer - Hospital Sultanah Bahiyah (October 2011 - October 2014)

Specialist

Clinical Specialist - Hospital Sultanah Bahiyah (October 2014 - October 2015)

Gazetment Date - 27 October 2015

Fellow in Pulmonology since 1st February 2018

1.2.2018 – 31.1.2019 – Hospital Sultanah Bahiyah, Alor Setar

1.2.2019 – 30.4.2019 – Hospital raja perempuan Zainab II, Kota Bahru

1.5.2019 – 31.7.2019 – Hospital Umum Sarawak, Kuching

1.8.2019 – 31.1.2019 – Hospital Serdang, Selangor

1.2.2020 – 31.7.2020 – Nagoya Medical Center, Nagoya, Japan

Coordinator – Internal Medicine Department, Hospital Sultanah Bahiyah (2015-2017)

- Houseman Coordinator
- District Hospital Visit and Combine Clinic
- Post Graduate Teaching / MRCP Teaching / Master training
- Attachment for elective Students / AIMST University/ Insaniyah Medical college

Exam Coordinator and Examiner for AIMST Final Year Students (2015)

Overall Exam Coordinator/ Examiner for AIMST Final Year Students 2016 /2017

Member of Privileging /Credentialing committee for Hospital Sik (2015/16)

Examiner - MMed Part 1 – Nov 2017 – National Conjoint Board for Master Of Medicine

External Examiner for MBBS Professional Exam IV – 20th July 2018 – AIMST University

Examiner for MBBS Final Year Batch 19 –AIMST University– 7-8 September 2018

AIMST Part time Lecturer since 2015 – Internal medicine

Service	: Start	- 24 April 2008
	Confirmation UD 41	- 05 May 2009
	UD 44	- 24 April 2010
	UD44 Confirmation	- 03 September 2010
	UD 48	- 24 April 2013
	UD 52	- 27 October 2015
	UD54	- 1 April 2017

Publications/Research:

A) Articles

- 1) Stress Management Workshop (Berita MMA – Oct 2013)
- 2) RIGHTS AND RESONSIBILITIES OF GOVERNMENT DOCTORS - Berita MMA –May 2014)
- 3) Double Celebration by MMA Kedah – Berita MMA – September 2015
- 4) Program Transformasi Minda - Berita MMA – November 2015
- 5) SCHOMOS Kedah Strikes Again - Berita MMA Jan 2016
- 6) SCHOMOS Strikes MBK – Berita MMA June 2016
- 7) The Plight of Junior Doctors – Berita MMA October 2016
- 8) Editor - SCHOMOS Guidebook 2016
- 9) SCHOMOS Updates – Berita MMA April 2017
- 10) SCHOMOS Updates – Berita MMA July 2017
- 11) SCHOMOS Updates – Berita MMA October 2017
- 12) MBK Updates – Berita MMA Feb 2018
- 13) SCHOMOS Past Year – Berita MMA July 2018
- 14) SCHOMOS Updates – Berita MMA September 2018
- 15) SCHOMOS Updates - Berita MMA, December 2018
- 15) SCHOMOS Update - Berita Update , August 2019
- 16) Dissent with Shift System – Berita MMA, July 2020

B)Research

- 1) **Treatment Of Chicken Pox in Perlis Health Clinic** – *Author*, Presented in Perlis Scientific 2011 (POSTER PRESENTATION)
- 2) **Treatment Of Chicken Pox in Perlis Health Clinic** – *Author*, Presented in 8th Biennial scientific Congress in Hospital Sultanah Bahiyah, Kedah – (POSTER -2012)
- 3) **Disseminated Tuberculosis – A Great Masquerader** – *Author*, presented in APSR in Bangkok - November 2016
- 4) **Leptospirosis: Hospital Kuala Nerang Experience** – *Co-Author* , Presented in 2nd Kedah Research Summit
- 5) **HBA1c Monitoring Among Diabetes Patients in Jitra Hospital Diabetes Clinic** – *Co –Author*, To be presented in 2nd Kedah Research Summit, 18th September 2017
- 6) **A Retrospective Review of Diabetic Care in District Hospital Diabetic Clinic** – *Co –Author* – To be presented in National Clinical Conference Research (NCCR) -27-29/917
- 7) **Disseminated tuberculosis – diagnostic challenges of atrial tuberculoma masquerading as atrial myxoma** – published in Journal of Royal College of Edinburgh, 2017
- 8) **An Intriguing Case of Bone Marrow Tuberculosis** – Presented in APSR 2017 in Sydney
- 9) **Multidrug resistant Tuberculosis In The Northern States of Malaysia** – A Retrospective case Series from 2011-2017 - Presented in APSR 2017 in Sydney
- 10) **An Intriguing Case of Acute Urinary Retention in Non Pregnant Woman** –Poster Presentation In PGMES Biennial Conference
- 11) **MDR TB Treatment of An Expectant Mother – A Testimonial Of Alor Setar** - Poster Presentation In MTS 2018 in Kuantan, Received Travel Grant From Malaysia Lung Foundation (13-15 July 2018)
- 12) **Pulmonary Cryptococcosis in Immunocompetent Patient** – A Case Report – Co Author – Published in Journal of Lung Health And Diseases in June 2018
13. **Diagnostic Yield of Pleuroscopy in exudative pleural effusion –A Single Center Experience** – Co Author MABIP 2018 – Oral Presentation
14. **Long Term Outcome of Bronchial Thermoplasty in Allergic Asthma – A Case Series** – Poster Presentation -1st Prize Winner for MABIP 2018

15. **Omalizumab in Severe Asthma Patients – Alor Setar Hospital Experience** – Poster Presentation MABIP 2018, Co Author
16. **Unplugging Dilemmas In Difficult to Treat Tuberculosis Case** – Poster Presentation MABIP 2018, Co Author
17. **Therapeutic Bronchoscopy for Malignant Post Obstructive Pneumonia** – Poster Presentation MABIP 2018, Co Author
- 18) **‘TENNIS RACKET’ SIGN – AN OBLIVION PREDICTOR OF ACTIVE TUBERCULOSIS** –Poster - Presented in APSR 2018, Taiwan
- 19) **Northern Malaysia Pulmonology centre experience and analysis of progression free survival rate with tyrosine kinase inhibitors in managing advanced adenocarcinoma of lung** - Poster Presentation APSR 2018, Taiwan
- 20) **A Rare Cause of Spontaneous Bladder Perforation** - Poster Presentation, MTS 2019, Kuala Lumpur
- 21) **Post Intubation Stenosis and Interventional Pulmonology Management – A Case Series** – MABIP 2019 , Kuching - 2nd Prize Winner, Poster Presentation
- 22) **A case report: Series of bronchoscopic intervention in a patient with Pulmonary Epithelioid Hemangioedema (PEH)** – MABIP 2019 , Co- Author
- 23) **MDR TB Treatment In An expectant Mother – A case Report** – Published in Journal of Lung health and Diseases Feb 2020

C) Industrial Sponsor Reseach - Research Title:

- 1) **DISCOVER: DISCOVERing Treatment Reality of Type 2 Diabetes in Real World Settings** – *Sub - investigator*
- 2.) **Investigator Research Title: A Phase III, Randomized, Observer-Blind, Controlled, Multicenter Clinical Study to Evaluate the Efficacy, Safety and Immunogenicity of an MF59-Adjuvanted Quadrivalent Influenza Vaccine Compared to Non-influenza Vaccine Comparator in Adults same as or more than 65 Years of Age.** – *Sub-investigator*

D) Reviewer

1. Annals of Clinical Gastroenterology and Hepatology has received a manuscript entitled: **“ACUTE PANCREATITIS WITH UNCOMMON PRESENTATION OF MYOCARDIAL INFARCTION”**
2. The Medical Journal of Malaysia - **“Angiosarcoma – a rare fatal cause of recurrent pericardial effusions”**
3. The Medical Journal of Malaysia – **‘Covid-19 mild symptoms, attempting to see the pattern in random happenings: early lessons in Malaysia’**
4. The Medical Journal of Malaysia - **‘The First COVID-19 mortality in Batu Pahat, Johor: A Case Report & Lessons Learnt’**
5. The Medical Journal of Malaysia - **Aggressive diuretic therapy for a large solitary lung lesion**
6. The Medical Journal Of Malaysia - **Influenza - A neglected condition in Sarawak: Its pattern over a 13-month period**
- 7.

Kertas Kerja /Position Papers – Presented for Ministry of Health Malaysia

1. Cadangan untuk menaikkan kadar bayaran laporan perubatan di hospital-hospital dan institusi perubatan KKM – MBK 2016
2. Cadangan penambahbaikan secara berkala (time based) bayaran insentif Pakar Perubatan (BIP) dalam perkhidmatan awam UD53/54 – MBK 2016
3. Cadangan untuk elaun subkepakaran kepada pegawai perubatan pakar selepas tamat menjalani latihan subkepakaran – MBK 2016
4. Cadangan Penambahbaikan Pengiraan Cuti Rehat dan Perkhidmatan Pegawai Yang Mengikuti Sistem Tertutup Semasa Sarjana Perubatan –MBK 1/2017
5. Pelaksanaan Semula Pelantikan Pegawai Perubatan Sebagai Pendaftar atau registrar di Hospital KKM – MBK 1/ 2017
6. Cadangan Pembukaan Wad Harian Jabatan Perubatan Hospital Sultanah Bahiyah 2016 – MOPD , HSB
7. Cadangan Untuk meningkatkan Kemudahan Cuti Bersalin dan Cuti Isteri Bersalin Anggota Perkhidmatan Awam – MBK 2/2017
8. Cadangan Untuk Memberikan Dua Kenaikkan Tangga Gaji Secara berkala Kepada Gred 56 -MBK 1/2018

9. CADANGAN MENGKAJI SEMULA KADAR LAPORAN PERUBATAN DI HOSPITAL - HOSPITAL DAN INSTITUSI PERUBATAN KEMENTERIAN KESIHATAN MALAYSIA -MBK 2020

- Awards** : 1) **Gold Medalist (First Rank)** – Phase 1, Stage 1 – Melaka – Manipal Medical College (2003).
2) **Second Best Outgoing Student** – Phase II, Stage 1 – Melaka – Manipal Medical College (2004)
3) **Gold Medalist for Community Medicine** – Melaka – Manipal Medical College (2007)
4) **Anugerah Perkhidmatan Cemerlang** , Jabatan Kesihatan Negeri Perlis (2011)
5) **S.T Nathan Trophy** – Best State SCHOMOS Chairman 2013/2014
6) **Anugerah Perkhidmatan Cemerlang**, JKN Kedah 2014
7) **Zainal Abidin Trophy** SCHOMOS 2014/15
8) **Travel Grant** by MTS to present 2 Posters in APSR 2017 in Sydney – Nov 2017
9) **Long Branch Service Award (Kedah MMA)** – 30th June 2018 - By National MMA
10) **Travel Grant** by Lung Foundation Malaysia – For Abstract Presentation in MTS 2018
- MDR TB Treatment Of An Expectant Mother – A Testimonial of Alor Setar
11) **MABIP 2018** – 1st Prize Poster Presentation
(**Long Term Outcome of Bronchial Thermoplasty in Allergic Asthma – A Case Series**)
12) **MABIP 2019** - 2nd Prize Poster Presentation – (Post Intubation Stenosis and Interventional Pulmonology Management – A Case Series)

Courses / Meetings :
2008

- 1) Kursus Modul Induksi Umum & Khusus, Port Dickson (24 April – 06 May 2008)
- 2) Kursus Kenegaraan (BTN) (08 – 12 May 2008)
- 3) Advance Wound Management (20 November 2008)
- 4) Basic Fixation And Fracture Updates,(04 December 2008)
- 5) Taklimat MYCPD KKM, (31 December 2008)

2009

- 1) Kempen Kesedaran Kelenjar Prostat, Barah Payudara dan Barah Pangkal Rahim (06 February 2009)
- 2) Kursus Pengurusan pesakit Denggi (21 February 2009)
- 3) Kursus ECG (20 – 21 April 2009)
- 4) Neonatal Resuscitation Programme (30 – 31 July 2009)
- 5) Basic Endoscopic Course (8 – 9 October 2009)
- 6) Kursus “Diabetic Foot” (29 October 2009)
- 7) Rights & Responsibilities Of Doctors, SCHOMOS, MMA (05 December 2009)
- 8) Introduction to Basic Life Support (10 December 2009)

2010

- 1) Respiratory Updates (26 April 2010)
- 2) 50th MMA AGM & Scientific Meeting (26 - 29 May 2010)
- 3) Cardiometabolic Scientific Updates (2 June 2010)

2011

- 1) 7th Asean Conference On Primary Health Care, Ipoh (25-27 March 2011)
- 2) Medicolegal Workshop, Ipoh (24 March 2011)
- 3) Dementia – All You Need To Know (27 March 2011)
- 4) Perlis Scientific Meeting (29 – 30 March 2011)
- 5) 51st MMA AGM & Scientific Meeting, Ipoh (25 – 29 May 2011)

2012

1. Training for Trainers in CVC Bundle – 30/1/12
2. Endocrine Update, HSB – 11/2/12
3. Saturday Teach-In, HSB – 3/3/12
4. MRCP preparatory Course , Hospital Pulau Pinang – 17-18/3/12

5. MRCP Mock Exam, Hospital Sultanah Bahiyah – 31/3/12
6. MRCP preparatory Course, Hospital Taiping – 7-8/4/2012
7. Update in Hemophilia management and related bleeding disorders, HSB – 29/4/12
8. 52nd Annual General Meeting And Scientific Meeting, MMA Malaysia – 22-25/5/12
9. Neurology Update, HSB – 23/6/12
10. Rheumatology Update, HSB – 11/7/12
11. 8th PGMES Biennial Congress, HSB – 7-8/9/12
12. 1st Movement Disorder teaching Course, UKM – 28-29/9/12
13. MS – Link – Bengkel Multiple Sclerosis, HSB 2012 – 20/10/12

2013

1. SEMINAR CLINICAL UPDATE ON TROPICAL INFECTIONS 2013 –Aug 2013
2. 24TH MSN MEETING June 2013
3. MALAYSIA PARKINSONS DISEASE CONFERENCE AND DBS COURSE – June 2013
4. 53RD MMA NATIONAL AGM AND SCIENTIFIC MEETING – May 2013
5. 6TH PENANG MRCP PACES COURSE – Sept 2013

2014

1. ANNUAL HEMATOLOGY CONFERENCE – April 2014
2. 54th MMA NATIONAL AGM AND SCIENTIFIC MEETING – May 2014
3. RIGHTS AND RESPONSIBILITIES OF GOVERNMENT DOCTORS – April 2014
4. MMA KEDAH STRESS MANAGEMENT WORKSHOP – Nov 2014
5. Thyroid Update - Dec 2014

2015

1. Kedah Asthma Update – March 2015
2. Respiratory Update – April 2015
3. 55th MMA National AGM and Scientific Meeting – May 2015
4. MMA Kedah Stress Management Workshop – National Level – August 2015
5. Clinical Update On Management of dengue Infection in Adults 2015 – 2-4 September 2015
6. CMIA workshop – September 2015
7. Good Clinical Practice certification – 13 August 2015
8. APSR 2015 Congress -3-6/12/2015

2016

1. ABC of Housemanship In Malaysia – Feb 2016
2. 56th MMA National AGM and Scientific Meeting – 25 -29May 2016
3. Majlis Bersama Kebangsaan – 1/2016 – 10-12 May 2016 , in Felda Semarak Bangi
4. MBK AGM (2018-2018) in Seremban – 3 June 2016
5. Mesyuarat Credentialing Hosp Sik – 3 July 2016
6. Meeting with Integrity Unit and SCHOMOS – 4 June 2016
7. AIMST Final Year Exam –Overall Coordinator and Examiner – 2-3 Sept 2016
8. Qualitative Research Methodology , CRC Hosp Sultanah Bahiyah – 19-21 Sept 2016
9. MACE , Northern Region – 22 Sept 2016
10. Northern Lung Conference – 5-6 November 2016
11. Training of Trainers – Internal Medicine Department – 8-10th November 2016
12. 21st APSR Congress, Bangkok – 12-15 November 2017 – Poster Presentation
13. Calibration Workshop for Examiner – Master of Medicine (Internal Medicine) -20 November 2016 UITM Selayang Campus

2017

1. Mesyuarat Bersama Datuk Dr Azman dengan SCHOMOS – 2 Feb 2017
2. Bengkel Pemurnian Kertas Cadangan MBK P&P – 17-19 feb 2017 Kota Bahru, Kelantan
 - a. Cadangan Penambahbaikan Pengiraan Cuti Rehat dan Perkhidmatan Pegawai Yang Mengikuti Sistem Tertutup Semasa Sarjana Perubatan
 - b. Pelaksanaan Semula Pelantikan Pegawai Perubatan Sebagai Pendaftar atau registrar di Hospital KKM
3. Majlis Pertemuan ketua Setiusaha Bersama Persatuan-Persatuan Di KKM – 2 MARCH 2017
 - a. Given ‘Ucapan balas persatuan’
 - b. Suggested to include specialists gazzeted upto 2012 to included in UD 56 promotion - accepted
4. ABC of Housemanship – 24-25th March 2017 (National Level)
 - a. Working environment in Internal Medicine Dept –Speaker
 - b. ABG – Back to basics – Speaker
 - c. Organizer
5. Kedah State Medicolegal Seminar – Auditorium HSB - 18 April 2017
6. SCHMOS Cybersports Tournament – 22nd April 2017 – Organizer (National level)
7. Seminar for Reviewers and editors of Biomedical Journas – Joitly organized by MMA and UPM – Endorsed by the Asia pacific Association of Medical journal editors (APAME) and MASEAN – 25th April 2017 - Park Royal Hotel
8. Medical Associations of ASEAN Meeting – Park Royal Hotel , KL – 26th to 27th April 2017 – Delegate
9. 57th MMA National AGM and Scientific Meeting – 18-21 th May 2017, St Gilles Wembley Hotel, Penang
10. Mesyuarat Perlaksanaan CCP dan CCHT - Di Hospital Serdang – 22/5/17
11. AIMST Final Year Exam Meeting – Batch 2012 intake
 - a. Overall Exam Coordinator
 - b. Examiner for Internal Medicine3 Meeting conducted on 15th June 2017, 20th July 2017, 24th August 2017
Examination was on 15th & 16th September 2017

12. Mesyuarat Ipesara – By JPA – attended as Member of MBK
13. Launch of Taskforce By MMA – 26th August 2017 – Officited By Datuk Azman
14. Northern Asthma Update – 10th August 2017
15. Attended Meeting with KKM – Transformation Of Malaysian Housemanship Training Program” on 11th August 2017 as SCHOMOS Chairman. Meeting was Chaired by Dr Mohd Fikri – Deputy Director Of Med Dev Division
16. Meeting with Director General Of MOHE YBHG Datin Paduka Ir Dr Siti Hamisah Bt Tapsir – attended as SCHMOS Chairman , Chaired By Datin Paduka DG MOHE -8th September 2017
17. Meeting with Lieutenant General Dato Dr Yaakop B Koming, Director Of General of Health Services, Malaysian Armed Forces –As SCHOMOS Chairman – 18th September 2017
18. MMA Kedah Meeting
19. Mesyuarat Bersama AIMST di Bilik Mesyuarat Utama- Berkenaan lantikan Pensyarah Sambilan – 27th September 2017
20. Mesyurat Bersama MQA for KUIN accreditation – 28th October 2017
21. Sesi Dialog TN50 Y BHG Tan Sri KPPA dan Majlis Bersama Kebangsaan - 2th October 2017
22. Majlis Perdana Perkhidmatan Awam Kelima Belas 2017 (MAPPAXV) – 3th October 2017 – attended as SCHOMOS Chairman and Member of MBK
23. MABIB 2017 – annual assembly 3rd to 5th October 2017
24. Mebership Drive in MMA Melaka – Sesi Dialog bersama Pegawai Perubatan Siswazah
25. Traditional and Complementary Committee meeting in MMA HQ – 12/10/17
26. 3rd MMA Exco Meeting – MMA HQ – 28/10/17
27. Prehousemanship Seminar and Clinical Symposium – Organizing Chairman, Presented topic on ABG and became a facilitator for ABG station – 3-5th Nov 2017 in Perdana University
28. Leadership Course by PGMES – in Keriang Hill resort – 12th Nov 2017
29. Meeting with UCSI Vice Chancellor – Prof Khalid – 17th Nov 2017
30. TCM meeting in MMA HQ – 17th Novemenber 2017
31. Membership Drive in HTAR, Klang – 17th Nov 2017
32. Meeting with Prof Jamil (Dean Council) – 21st Nov 2017
33. APSR 2017 – Presented 2 posters – 23rd-26th November 2017, Sydney Australia
34. Caring Physicians of the World (CPW) Medical Leadership, communication and Advocacy Course – Under Mayo Clinic and WMA –from 3rd – 8th Dec 2017
35. Mesyuarat MBK P&P 2/2017 -14th -15th Dec 2017
36. MMA Kedah Committee meeting – 19th Dec 2017
37. CME session in Hosp Jitra – topics on ABG, Meliodosis

2018

1. SCHOMOS Membership Drive in PKD Selangor – 3/2/18
2. SCHOMOS Membership Drive and Meet The HO Session - GH Melaka -10/2/18
3. Speaker in Phonenix 2.0 in UKM – 24/2/1018 – Participated in Forum and Dialogues with medical Graduates. Presented 2 Topics – a) ABG interpretation b) Dengue
4. National TB Conference by MAPTB – attended as delegate in Premiere Hotel , KL (16-18th March 2018)
5. MMA Pahang Medical Update – Speaker on SCHOMOS related issues – 17th March 2018
6. AZ Asia Respiratory Meeting – attended as Delegate - 31st March -1st April 2018
7. TB Updates in JKN Kedah – 11th April 2018

8. TCM Seminar – Organizing Committee 14th April 2018 – in Grand Season Hotel
9. PGMES Biennial Scientific Conference – 20th -22nd April 2018
10. 2nd National SCHOMOS Cybersports – 28th April 2018 – Co-organizing Chairman
11. MASEAN Meeting in Hanoi, Vietnam – Attended as delegate represented MMA -3rd-6th May 2018
12. Sleep Scoring Workshop by Hospital Taiping -11th May 2018
13. Speaker in R&R Seremban , in Auditorium Hospital Tuanku Jaafar – 18th May 2018
14. Meeting with LHDN on Tax issues – 8th June 2018
15. Membership Drive and Forum in HRPB Ipoh -22nd June 2018
16. MMA AGM and Scientific Meeting – 28th -30th June 2018
17. Mesyuarat Penyelarasan MBK Di Peringkat KKM – Dipengerusikan oleh YBhg TKSU – 12th July 2018 di KKM
18. MTS 2018 , Kuantan Pahang – 13th -15th July 2018
19. AIMST Professional Exam Year 4 – External Examiner
20. National Geriatric Conference, Alor Setar – Organizing Committee -2nd – 4th August 2018
21. MRCP Mock Exam, HSB Alor Setar – Organizing Committee and Examiner -9th August
22. Kursus TB Update – Presenter - Latent Tuberculosis – 30 August 2018
23. CPET Workshop –by MABIP/IPR – Delegate and Presenter of case Discussion -5th September 2018
24. SCHOMOS Meeting with Deputy Director of Bahagian Perkembangan Perubatan Dr Muhd Fikri -6th September 2018
25. AIMST Final Year Exam -8th and 9th September 2018 – Examiner
26. CMAAO 12th-14th September 2018 – Organising Committee
27. Speaker in Northern Medical Education Series – Pneumothorax – 22nd September 2018
28. MABIP 2018 -12th-14th October 2018 –Organizing Committee
29. MABIP 2018 – Poster Presentation -1st Prize Winner
30. SCHOMOS meeting with BSM,KKM regarding MBK paper for 2018 -31 October 2018
31. MBK Meeting – Presented paper on Double increment for Government Specialist upon UD 56 – 1-2 November 2018 – JPA
32. 23rd Congress of APSR – in TICC, Taipei, Taiwan 29 November – 2nd December 2018 – Presented 2 Posters
33. Rights and Responsibilities of Government Doctors – UMS 7/12/18 – Organizing Committee
34. Meeting with Bahagian Perkembangan Perubatan –Dr Mohd Fikri and SCHOMOS 13th Dec 2018
35. Xray Conference - Radio Respiratory – 17/12/18 – HSB
36. MDR TB – Presented in Hospital CME, HSB Auditorium

2019

1. Mesyuarat Jawatan Kuasa Etika Perubatan - Represented Chest Department – Bilik Mesyuarat Utama – 9/1/2019
2. MRCP PACES Preparatory Course HSB - Examiner
3. Presented CME in Hospital Kuala Nerang - COPD – 23/1/2019
4. Presented CME in Hospital Kuala Nerang – Asthma 24/1/2019
5. 9th Annual Scientific Meeting and Regional Medical Update – Attended as delegate and Speaker – 2-3/3/19 – Hotel Zenith

6. 1st National Medical Student General Assembly – in MMA HQ –Speaker “Organization , Leadership and Management”
7. Facon Education Fair – KL convention Centre – Speaker “A Doctor’s Life : Dedicating Your Life to The Care of Others”
8. Rights and Responsibilities of Government Doctors – 5/4/19 – Attended as delegate and Speaker – Hopsital Tuanku Ampuan Afzan
9. CHEST conference – Bangkok – 9-12 April 2019 – Presented Poster
10. MTS Spirometry Course – Phase 1 – UITM Selayang – 20-21 April 2019
11. CME Department – Presented topic on COPD Management
12. Interventional Pulmonology Workshop – Rigid Bronchoscopy and Central Airway Diseases – Hospital Serdang 24 April 2019
13. 3rd Respiratory Summit 2019 – Nexus Bangsar – 27 April 2019
14. Interstitian Lung disease workshop 2019 – 2nd-3rd may 2019 – UITM Sungai Buloh – attended as delegate
15. Department CME – Presented Topic on Airway Anatomy – 21/5/19
16. 59th MMA AGM and Annual Scientific Meeting – 27th June- 30th June 2019 – Attended as Delegate and Chosen as Deputy Secretary of MMA
17. Majlis Dialog Bersama MMC , in Hospital Umum Sarawak, Kuching – presented talk Membership Benefit -on7th July 2019
18. MTS 2019 – Attended as delegate and Presented a Poster – Hotel Royale Chulan Kuala Lumpur – 18th – 21st July 2019
19. MTS Spirometry Phase 3 - UITM Selayang – 3rd -4th August 2019 –
20. CPET 2019 – Hospital Ipoh – Atteded as delegate
21. MRCP Paces Mock Examiner -Hospital Sultanah Bahiyah – 24th August 2019
22. ATSOP Singapore -NUS Singapore – attended as delegate – 11th – 15th September 2019
23. 8th Dr Japaraj HO survival skills – BY MMA Perak and JKN Perak – Speaker -21st September 2019
24. TB CPG Update by Selangor Health Department -22nd September 2019 – Speaker (Management of Adverse reaction of Anti TB Medication)
25. MDR TB Update and Management – 7th-8th October 2019 – Attended as delegate
26. MABIP 2019 – Attended as Delegate and Presented Poster – 18th – 20th October 2019
27. Bengkel Pneydiaan Draf Awal bagi Virtual Consultation Guideline , KKM- 6/11/2019
28. Meeting with Heath Advisory Council – regarding Junior Docotrs , represent SCHOMOS MMA – 13/11/2020
29. ASTHMA Update – Hospital Serdang – Speaker – Non Pharmacological Management of Asthma – 21/11/2019
30. Spiromety Workshop – Hospital Serdang – Speaker – Bronchial Provocation Test.
31. MBK Meeting – Tamu Hotel 22-23/2019
32. Focus Critical Care Ultrasound by Winfocus – Monash Clinical Campus, Johor Bahru - 7-8 /12/2020

2020

1. Ahli Jawatankusa, Perhimpunan Bulan Januari 2020 , Hospital Serdanng – 17/1/2020
2. Mesyuarat Bersama Datuk Rohaizat dengan MMA – 31/1/2020, KKM
3. Rigid Bronchosocpy Japonica By WABIP – Tokyo, 15/2/2020

4. ERS Course on Pulmonary Hypertension and Pulmonary Vascular Disease – Lausanne , Switzerland – 27-29/2/2020
5. Speaker – Webinar COVID-19 Pandemic (Global Experience) – Perspective of COVID 19 Management and Malaysian Experience – Organized by Department of Pulmonary Medicine , Sri Manakula Vinayagar Medical College and Hospital, Puducherry – 13/4/2020
6. 4/5/2020 – Completed online training by Harvard Medical School on “The Telephone and Telemedicine in Clinical Medicine :An Opportunity & Risks”
7. Completed 2 weeks of Training in ILD under Prof Kondoh in Tosei General Hospital - 1/6/2020 -12/6/2020.
8. MBK P&P meeting – 6/6/2020 – via zoom
9. MMA meeting CEUPACS/MBK and other Union regarding Shift System in KK – 17/6/2020 -via zoom.
10. Meeting with Deputy Director of JKNS (Public Health) regarding Staggered hours appointment and Shift system in KK – via Zoom – 19/6/2020 -830 -930am
11. Meeting with Deputy DG of Public Health and BPKK regarding Shift System in KK – 23/6/2020 -via Skype
12. APCB 2021 Committee meeting via Zoom – 27/6/2020
13. MESYUARAT JAWATANKUASA KHAS MBK P&P TAHUN 2020 – 7/7/2020 – via Google meet
14. MESYUARAT HOUSEMANSHIP EDUCATION COMMITTEE BIL. 2/2020, MEDICAL EDUCATION COMMITTEE (MEC) -5/8/2020 – via Zoom
15. Mesyuarat MBK P&P bil 4/2020 – 5/8/2020 – via google meet
16. Mesyuarat Precouncil MBK P&P 2020 dengan JPA – 6/8/2020 -via google meet
17. Mesyuarat MBK P&P dengan KPPA dan JPA -7/8/2020 -via google meet
18. 2nd Organising Committee Meeting for APCB 2021 -8/8/2020 – via Zoom
19. MESYUARAT HOUSEMANSHIP EDUCATION COMMITTEE BIL. 2/2020, MEDICAL EDUCATION COMMITTEE (MEC)
20. Meeting with Family Medicine Specialists Association – 5/9/2020

Membership In Associations /Miscellaneous

- 1) Life Member - Arulmigu Arumugaswamy Dhevasthanam, Kangar, Perlis. (since 2011)
- 2) Committee Member - Arulmigu Arumugaswamy Dhevasthanam, Kangar, Perlis. (2012/13)
- 3) Life Member - Malaysian Medical Association (since 2009)
- 4) Committee Member - MMA Perlis Branch (2009/10)

- 5) Treasurer - Malaysian Medical Association, Perlis Branch (2011/12)
- 6) Treasurer – Malaysian Medical Association , Kedah Branch (2012/13)
- 7) SCHOMOS Chairman , Malaysian Medical Association , Kedah Branch (2013/14)
- 8) SCHOMOS Chairman , Malaysian Medical Association , Kedah Branch (2014/15)
- 9) Hon Secretary National SCHOMOS , Malaysian Medical Association (2014/15)
- 10) Vice - Chairman , Malaysian Medical Association , Kedah Branch (2015/16)
- 11) Vice-Chairman , National SCHOMOS (2015/16) , (2016/17)
- 12) Member in ‘Majlis Bersama Kerajaan’ – (2015/16)
- 13) Vice Chairman in ‘Majlis Bersama Kerajaan’ (2016-2018)
- 14) Chairman , National SCHOMOS 2017/18
- 14) CME Coordinator, MMA Kedah 2017/18
- 15) Organizing Chairman and Advisor for Various activities of , Malaysian Medical Association State and National Level (2013 -20178)
 - Stress Management Workshop (2013,2014,2015)
 - National Paintball Tournament (2013/14)
 - Rights & Responsibilities Of Government Doctors (2014)
 - Medical Camps
 - MMA Trievent Series – ABC’s for Housemanship in Malaysia(2016)
 - MMA Kedah Futsal Tournament (2015)
 - ABC of Housemanship 2017 -24-25/3/17 in IKN
 - MMA Kedah Bowling Tournament – 22/3/17
 - 1st National SCHOMOS Charity Health Run – 13/1/18
- 16) Life Member, Malaysian Society Of Neuroscience (since 2013)
- 17) Member of International Movement Disorder Society (2013-2016)
- 18) Life Member of Malaysian Thoracic Society (since 2016)
- 19) Member – MABIB (since 2016)
- 20)European Respiratory Society - Gold Member (since June 2017)
- 21) Editor - SCHOMOS Guidebook 2016

- 22) Examiner For MRCP MOCK examination Hospital Sultanah Bahiyah – 17/3/17
- 23) Examiner and Overall Exam Coordinator for Final year examination – AIMST Sept 2017
- 24) Examiner/Observer MMED Part 1 Sept/Nov 2017
- 25) Vice Chairman, National SCHOMOS -2018/19
- 26)) Member of Task Force Committee – 2017/18. 2018/19
- 27) Examiner For MRCP MOCK exam Hospital Sultanah Bahiyah – 10/8/18
- 28) Examiner Final Year Examination, Batch 19 – AIMST – 7-8 September 2018
- 29) Speaker – Northern Medical Education Series – Medical Emergencies
- Pneumothorax – 22/9/18
- 30) Kursus TB Update – Speaker - Latent TB 30 August 2018
- 31) Respiratory Department CME – Speaker – Chylothorax – 23 September 2018
- 32) Organising Committee -4th Annual Scientific Meeting MABIP – 12-14th October 2018
- 33) Menyertai Mesyuarat ‘Perbincangan Kertas Kerja Mesyuarat Majlis Bersama Kebangsaan Bagi Pekerja-Pekerja Pengurusan dan Profesional – 16th October 2018 –Represented SCHOMOS ad MBK – Dipengerusikan Oleh Tuan Zihari
- 34) Speaker and Panel for Discussion – Seminar MBK P&P 24th October 2018 –KL International Hotel – Presented Topic on Diabetes
- 35) MBK AGM – attended as delegate – Elected as Deputy Chairman for 2018-2020
- 36) Mesyuarat Penyelarasan Majlis Bersama Kebangsaan Kumpulan Pengurusan Dan Profesional- MBK P&P Peringkat KKM – Bil 3/2018 – Dipengerusikan YBhg TKSU – Represented SCHOMOS and MBK
- 37) Member of CHEST
- 38) Examiner for PACES Preparatory Course 19/1/2019
- 39) Elected as Deputy Secretary of MMA -2019/2020
- 40) Examiner Mock Exam PACES – Hospital Sultanah Bahiyah – 24th August 2019
- 41) Member of Royal College Physician - Edinburgh
- 42) APCB 2021 Committee member (Organising Committee)

43) Member of HOUSEMANSHIP EDUCATION COMMITTEE , MEDICAL EDUCATION COMMITTEE (MMC)

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