

Log Book for 2014

Name : NORLIZAH BINTI PAIDI
HCP Category : Pegawai Perubatan
Grade : U54
IC No : 761209016828
Organisation : Pejabat Kesihatan Daerah Segamat
Supervisor : MOHTAR BIN PUNGUT @ AHMAD

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A1	Congress/Conference (Local/ international)	20	20	20		
	Topic					
	WONCA		20		21/05/2014 6:00AM	24/05/2014 6:00AM
A2	Scientific Meetings of Chapters of Academy/ Universities/ Colleges/Association/Institutions/ Ministry of Health & others	20	30	20		
	Topic					
	KURSUS UPDATE KAEDAH PERANCANG KELUARGA -LPPKN		10		17/06/2014 6:00AM	19/06/2014 6:00AM
	KURSUS UPDATE LINUS KKM		10		17/09/2014 1:00PM	19/09/2014 5:00PM
	ENGAGING ADOLESCENT USING HEADSS FRAMEWORK		10		10/08/2014 2:00PM	13/08/2014 5:00PM
A3	Workshops/ Courses/ Fellowships/ attachment etc. (include hands-on & skills courses)	30	69	30		
	Topic					
	PSYCHOEDUCATION OF BIPOLAR DISEASE		6		13/02/2014 8:00AM	13/02/2014 5:00PM
	RESPIRATORY UPDATE JOHOR		6		22/02/2014 9:00AM	22/02/2014 2:00PM
	INTRODUCTORY TO DATA ANALYSIS		6		06/03/2014 8:00AM	06/03/2014 4:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	XRAY-BACK TO BASIC		6		26/04/2014 8:00AM	26/04/2014 5:00PM
	KURSUS SUNTIKAN HEPARIN DAN DEXAMETHASONE PKD SEGAMAT		6		07/05/2014 8:00AM	07/05/2014 5:00PM
	HPT WORKSHOP JOHOR		6		31/05/2014 8:00AM	31/05/2014 4:00PM
	KURSUS KAWALAN INFEKSI KKM		15		23/09/2014 6:00AM	25/09/2014 4:00PM
	FMS SOUTHERN MEETING		6		11/10/2014 8:00AM	11/10/2014 5:00PM
	BENGKEL PEMULIHAN DALAM KOMUNITI		6		08/03/2014 8:00AM	08/03/2014 2:30PM
	MACE PLUS		6		26/08/2014 8:00AM	26/08/2014 5:00PM
A4	CME sessions/ other professional activities e.g. Topic seminar, Forum, Lectures, Journal Club, Formal Ward rounds (teaching rounds), Clinic attendance, Hospital clinical meeting, Video show, Video conferencing, Reflective Notes, Morbidity and mortality re	20	14	14		
	Topic					
	COLORECTAL SCREENING UPDATE		1		04/03/2014 3:00PM	04/03/2014 4:00PM
	DENGUE UPDATE		1		26/02/2014 5:30PM	26/02/2014 7:00PM
	UPDATE MERS-COV JKNJ		1		04/05/2014 8:00AM	04/05/2014 2:00PM
	GDM		1		26/06/2014 11:00AM	26/06/2014 12:00PM
	PENGENDALIAN BRONCHIAL ASTHMA		1		20/10/2014 9:00AM	20/10/2014 5:00PM
	DIABETIS UPDATE		1		15/03/2014 9:00AM	15/03/2014 2:00PM
	PENGENDALIAN DIABETES IN PREGNANCY		1		26/06/2014 11:00AM	26/06/2014 12:00PM
	EBOLA UPDATE		1		30/10/2014 9:00AM	30/10/2014 1:00PM
	PSORIASIS (CPG)		1		02/11/2014 8:00AM	02/11/2014 5:00PM
	MANAGEMENT OF TYPE 2 DIABETES: DPP4 INHIBITOR		1		04/11/2014 11:00AM	04/11/2014 12:30PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	CONTRACEPTION FOR BREASTFED MOTHER		1		08/11/2014 9:00AM	08/11/2014 10:00AM
	TYPES OF CONTRACEPTION		1		08/11/2014 10:00AM	08/11/2014 11:00AM
	ANTIBIOTIC USED IN PRIMARY CARE		1		08/11/2014 11:00AM	08/11/2014 12:30PM
	PRA PERKHIDMATAN HOSPITAL		1		05/11/2014 9:00AM	05/11/2014 1:00PM
A5	Presentation at Accredited meeting	20	35	20		
	Topic					
	OVERVIEW MATERNAL MORTALITY 2013		5		21/04/2014 9:00AM	21/04/2014 10:00AM
	TABLE TALK-APH, PE		5		21/04/2014 5:00PM	21/04/2014 6:00PM
	C&P SUNTIKAN HEPARIN		5		07/05/2014 9:00AM	07/05/2014 10:00AM
	C&P SUNTIKAN IM DEXAMETHASONE		5		07/05/2014 10:00AM	07/05/2014 11:00AM
	SAFE MOTHERHOOD COURSE-PKDKT (ANEMIA IN PREGNANCY)		10		26/06/2014 9:00AM	26/06/2014 10:00AM
	MANAGEMENT OF HIV		5		02/07/2014 4:00PM	02/07/2014 5:00PM
A6	Publication of articles in journal/chapters in book/reports	30	20	20		
	Topic					
	DETERMINANTS OF PATIENT AT RISK OF DEVELOPING OBSTRUCTIVE SLEEP APNEA IN PRIMARY CARE CLINIC		20		01/09/2014 6:00AM	30/09/2014 6:00AM
A7	Self Study / Group Study / Distance Learning	20	0	0		
	Topic					
			0			
A8	CME Online	20	0	0		
	Topic					
			0			
A9	Post-basic courses	30	10	10		
	Topic					
	ID ATTACHMENT		10		07/04/2014 6:00AM	17/04/2014 6:00AM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A10	Education	50	0	0		
	Topic					
			0			
A11	Involvement as committee or project member	20	5	5		
	Topic					
	DM EDUCATOR PERCEPTOR		5		23/04/2014 2:00PM	23/04/2014 5:00PM
B1	Edition	10	0	0		
	Topic					
			0			
B2	Other supporting activities related to personal development and self-improvement	10	9	9		
	Topic					
	LINUS-DISTRICT LEVEL		2		22/04/2014 8:00AM	22/04/2014 2:00PM
	DIABETIC EDUCATOR SUPERVISOR		3		01/02/2014 6:00AM	09/11/2014 6:00AM
	PROGRAM KUMPULAN SOKONGAN UNTUK PESAKIT MENTAL KK LABIS		2		27/02/2014 8:30AM	27/02/2014 2:00PM
	AEROBIC INSTRUCTOR		2		01/01/2014 6:00AM	31/10/2014 6:00AM

CPD Credit Points Equivalent (cumulative)

Total Cumulative Points : 212 Total Actual Points : 148

TK 3 - TK 6

51 dan ke atas serta mendapat sekurang-kurangnya 10 mata kredit di kategori A5,A6,A11,B1 atau B2(atau kombinasi)

54

Disahkan Oleh (Supervisor):

(.....)

Cop Rasmi :

Tarikh :