

Log Book for 2013

Name : NURZILA BINTI ZAINAL ABIDIN
HCP Category : Pegawai Farmasi
Grade : U48
IC No : 810515016816
Organisation : Hospital Kluang
Supervisor : PERIANAIGEE A/P MUNIANDY

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A1	Congress/Conference (Local/ international)	20	20	20		
	Topic					
	KONVENSYEN INOVASI DAN KREATIVITI FARMASI 2013		20		10/06/2013 8:00AM	13/06/2013 10:00PM
A2	Scientific Meetings of Chapters of Academy/ Universities/ Colleges/Association/Institutions/ Ministry of Health & others	20	0	0		
	Topic					
			0			
A3	Workshops/ Courses/ Fellowships/ attachment etc. (include hands-on & skills courses)	30	42	30		
	Topic					
	LATIHAN PENGGUNA BAGI SISTEM PENDISPENSAN UBAT BERSEPADU SECARA ONLINE (E-SPUB) FARMASI PESAKIT LUAR		4		31/01/2013 9:00AM	31/01/2013 1:00PM
	BENGKEL AUDIT VERIFIKASI MYCPD 2013		6		21/02/2013 8:00AM	21/02/2013 5:00PM
	KURSUS "SENIOR EXECUTIVE LEADERSHIP"		10		01/04/2013 8:00AM	02/04/2013 6:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	KURSUS "INTRODUCTION TO MSQH 4TH EDITION ACCREDITATION SURVEY"		6		23/04/2013 9:00AM	23/04/2013 4:30PM
	2ND JOHOR PHARMACY R&D MINI CONVENTION		6		27/06/2013 8:00AM	27/06/2013 6:00PM
	1ST NATIONAL CONFERENCE ON QUALITY USE OF MEDICINES 2013		10		01/07/2013 8:00AM	03/07/2013 6:00PM
A4	CME sessions/ other professional activities e.g. Topic seminar, Forum, Lectures, Journal Club, Formal Ward rounds (teaching rounds), Clinic attendance, Hospital clinical meeting, Video show, Video conferencing, Reflective Notes, Morbidity and mortality re	20	18	18		
	Topic					
	CME PEMBIAYAAN BEKALAN UBAT DAN ALATAN PERUBATAN UNTUK PESARA AWAM PERSEKUTUAN (E-MASS) SESI 1		1		11/01/2013 2:30PM	11/01/2013 3:30PM
	CME PEMBIAYAAN BEKALAN UBAT DAN ALATAN PERUBATAN UNTUK PESARA AWAM PERSEKUTUAN (E-MASS) SESI 2		1		11/01/2013 3:30PM	11/01/2013 4:30PM
	FORUM TB: EPIDEMIOLOGI PENYAKIT TB		1		19/03/2013 2:00PM	19/03/2013 3:00PM
	FORUM TB: PENGURUSAN DAN KAWALAN PENYAKIT TB		1		19/03/2013 3:00PM	19/03/2013 4:00PM
	FORUM TB: AKTIVITI PENGESANAN TB LEBIH AWAL ADALAH TANGGUNGJAWAB BERSAMA		1		19/03/2013 4:00PM	19/03/2013 5:00PM
	TAKLIMAT PERSEDIAAN UJIAN JANAKUASA DENGAN BEBAN HEBHK		1		18/02/2013 10:00AM	18/02/2013 11:00AM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	CME: HERCEPTIN (KURSUS BIOSTATISTIK ASAS PEGAWAI FARMASI NEGERI JOHOR)		1		02/05/2013 12:30PM	02/05/2013 1:30PM
	CME FARMASI: SEROQUAL		1		18/06/2013 4:00PM	18/06/2013 5:00PM
	CME FARMASI: DRUG-TCM INTERACTIONS		1		18/06/2013 3:00PM	18/06/2013 4:00PM
	JOURNAL CLUB: ASENAPINE VS OLANZAPINE IN PEOPLE WITH PERSISTANT NEGATIVE SYMPTOMS OF SCHIZOPHRENIA		1		24/09/2013 11:00AM	24/09/2013 12:00PM
	JOURNAL CLUB: COMPARISON DOSING OF VALSARTAN IN PATIENT WITH CHRONIC STABLE HEART FAILURE		1		24/09/2013 12:00PM	24/09/2013 1:00PM
	CPE SESI 2: KAUNSELING SC HEPARIN DI KALANGAN IBU LEPAS BERSALIN		1		24/09/2013 3:00PM	24/09/2013 4:00PM
	PERHIMPUNAN PAGI BULAN OKTOBER 2013		1		25/10/2013 8:00AM	25/10/2013 9:30AM
	JOURNAL CLUB: CLINICAL OUTCOMES FOLLOWING SWITCH FROM VENLAFAXINE ER TO DESVENLAFAXINE		1		02/08/2013 2:30PM	02/08/2013 3:30PM
	JOURNAL CLUB: DIFFERENT BETA-BLOCKING EFFECT OF CARVEDILOL AND BISOPROLOL		1		02/08/2013 3:30PM	02/08/2013 4:30PM
	TAKLIMAT PERKHIDMATAN 1GOVUC		1		29/11/2013 10:00AM	29/11/2013 11:30AM
	CPE FARMASI: CHILD AND ADOLESCNET PSYCHIATRY		1		17/12/2013 2:00PM	17/12/2013 3:00PM
	CPE FARMASI: TRIMETAZIDINE MR		1		17/12/2013 3:00PM	17/12/2013 4:00PM
A5	Presentation at Accredited meeting	20	35	20		
	Topic					
	PENCERAMAH: TAJUK-KENALI UBAT ANDA: UNTUK BELIA (KURSUS "TOT" DUTA 1M4YOUTH KEMPEN KENALI UBAT ANDA)		5		09/03/2013 10:00AM	09/03/2013 11:30AM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	PENCERAMAH: TAJUK-PENYIMPANAN UBAT (KURSUS "TOT" DUTA 1M4YOUTH KEMPEN KENALI UBAT ANDA)		5		09/03/2013 2:00PM	09/03/2013 3:00PM
	PROGRAM ORIENTASI ANGGOTA BARU JABATAN FARMASI DAN BEKALAN, HEBHK: SESI 1		5		19/02/2013 3:00PM	19/02/2013 4:00PM
	TAKLIMAT AUDIT VERIFIKASI MYCPD (SESI 1 & SESI 2)		5		09/04/2013 2:30PM	09/04/2013 4:30PM
	PENCERAMAH: TAJUK-KENALI UBAT ANDA SESI 1: UNTUK ANGGOTA FARMASI		5		09/05/2013 2:30PM	09/05/2013 3:30PM
	PENCERAMAH: TAJUK-KENALI UBAT ANDA: PENGGUNAAN UBAT SECARA BERKUALITI		5		08/11/2013 9:30AM	08/11/2013 11:30AM
	PENCERAMAH: CPE FARMASI: AUDIT 5S		5		17/12/2013 4:00PM	17/12/2013 5:00PM
A6	Publication of articles in journal/chapters in book/reports	30	0	0		
	Topic					
			0			
A7	Self Study / Group Study / Distance Learning	20	0	0		
	Topic					
			0			
A8	CME Online	20	0	0		
	Topic					
			0			
A9	Post-basic courses	30	0	0		
	Topic					
			0			
A10	Education	50	0	0		
	Topic					
			0			

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A11	Involvement as committee or project member	20	70	20		
	Topic					
	AHLI JAWATANKUASA R&D BAHAGIAN PERKHIDMATAN FARMASI NEGERI JOHOR		5		01/01/2013 8:00AM	01/01/2013 5:00PM
	AUDITOR VERIFIKASI CPD HEBHK, KLUANG		5		01/01/2013 8:00AM	01/01/2013 5:00PM
	KETUA JAWATANKUASA INOVASI, JAWATANKUASA KUALITI JABATAN FARMASI DAN BEKALAN HOSPITAL KLUANG		5		01/01/2013 8:00AM	01/01/2013 5:00PM
	KETUA LATIHAN JAWATANKUASA AKREDITASI HOSPITAL KLUANG		5		01/01/2013 8:00AM	01/01/2013 5:00PM
	JURUAUDIT BAGI AUDIT SILANG 5S, BAHAGIAN PERKHIDMATAN FARMASI NEGERI JOHOR TAHUN 2013		5		01/01/2013 8:00AM	01/01/2013 5:00PM
	URUSETIA KURSUS RESEARCH METHODOLOGY BAGI PEGAWAI FARMASI NEGERI JOHOR		5		05/02/2013 8:00AM	05/02/2013 5:30PM
	KETUA AUDIT, AJK INDUK 5S JABATAN FARMASI DAN BEKALAN HOSPITAL ENCHE" BESAR HAJJAH KHALSOM, KLUANG		5		01/03/2013 8:00AM	01/03/2013 5:00PM
	URUSETIA & FASILITATOR KURSUS "TRAINING OF TRAINERS" DUTA 1M4YOUTH KEMPEN KENALI UBAT ANDA		5		09/03/2013 8:00AM	09/03/2013 5:00PM
	KETUA PROMOSI KENALI UBAT ANDA HEBHK KLUANG		5		25/03/2013 8:00AM	25/03/2013 5:00PM
	TIMBALAN PENYELARAS JAWATANKUASA PROGRAM KUALITI CPD HEBHK KLUANG		5		01/01/2013 8:00AM	01/01/2013 5:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	FASILITATOR PEGAWAI FARMASI PROVISIONAL (CHARLENE LIM HONG WEI)		5		01/01/2013 8:00AM	01/01/2013 5:00PM
	FASILITATOR KELAB JURNAL		5		01/04/2013 8:00AM	01/04/2013 5:00PM
	BENGKEL BIOSTATISTIK ASAS PEGAWAI FARMASI NEGERI JOHOR 2013 (URUSETIA)		5		02/05/2013 8:00AM	03/05/2013 5:00PM
	AHLI JAWATANKUASA KERJA KONVENSyen INOVASI DAN KREATIVITI FARMASI (KIKF) 2013		5		02/05/2013 8:00AM	02/05/2013 6:00PM
B1	Edition	10	0	0		
	Topic					
			0			
B2	Other supporting activities related to personal development and self-improvement	10	15	10		
	Topic					
	BENDAHARI PERSATUAN SUKAN DAN KEBAJIKAN PERUBATAN, KESIHATAN DAN PERGIGIAN DAERAH KLUANG		2		01/01/2013 8:00AM	01/01/2013 5:00PM
	MAJLIS PENYAMPAIAN SIJIL TAMAT LATIHAN PROGRAM SUKARELAWAN JPAM DENGAN KERJASAMA JKNJ		2		22/03/2013 8:00AM	22/03/2013 12:00PM
	MESYUARAT AGUNG TAHUNAN KALI KE-2 PERSATUAN KEBAJIKAN KAKITANGAN HEBHK KLUANG TAHUN 2013/2014		2		26/04/2013 9:00AM	26/04/2013 11:30AM
	AHLI JAWATANKUASA (PENGAMANAH) PERSATUAN KEBAJIKAN KAKITANGAN HEBHK KLUANG TAHUN 2013/2014		2		26/04/2013 8:00AM	26/04/2013 5:00PM
	AHLI JAWATANKUASA SAMBUTAN HARI TIBI SEDUNIA PERINGKAT DAERAH KLUANG 2013		2		19/03/2013 8:00AM	19/03/2013 5:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	MESYUARAT AGUNG PERSATUAN SUKAN & KEMAJUAN, PERUBATAN, KESIHATAN DAN PERGIGIAN DAERAH KLUANG		2		14/06/2013 2:30PM	14/06/2013 5:30PM
	KEJOHANAN BOLA SEPAK NEGERI JOHOR 2013		3		18/10/2013 8:00AM	20/10/2013 6:00PM
B3	Registered members attending professional society Annual General Meeting	2	0	0		
	Topic					
			0			

CPD Credit Points Equivalent (cumulative)

Total Cumulative Points : **200** Total Actual Points : **118**

TK 3 - TK 6

51 dan ke atas serta mendapat sekurang-kurangnya 10 mata kredit di kategori A5,A6,A11,B1 atau B2(atau kombinasi)

50

Disahkan Oleh (Supervisor):

(.....)

Cop Rasmi :

Tarikh :

