



## **CURRICULUM VITAE**

### **A. PERSONAL DATA**

Name	Hartini Sinow
Date of Birth	07 December 1970
Age	47 years
Nationality	Malaysian
Gender	Female
Ethnicity	Murut / Lun Bawang
Marital Status	Married
Current Post	Nurse
Contact No	H/P :013-9060932
Email Address	hartini.sinow.moh@1govuc.gov.my
Personal email	vanessarachel65@yahoo.com

### **B. ACADEMIC QUALIFICATION**

No	Qualification Level	Intuition	Year
1	Master in Nursing Program	Open University Malaysia Sarawak	2018
2	Bachelor in Nursing Science with Honours	Open University Malaysia Sarawak	2011
3	Midwifery Post Basic	School of Midwives, Kuching Sarawak	2000
4	Diploma in Nursing	Sibu Nursing College	1995
5	STPM	SMK Limbang, Sarawak	1991
6	SPM	SMK Lawas, Sarawak	1989
7	SRP	SMK Trusan, Lawas	1987

### C. Working Experience

No	Post	Place / Hospital	Year
1	Jururawat U41 (Post graduate)	Labour Room, SCN, Maternity, Female Surgical Ward, Gynae & Female Ortho, Hospital Miri	2014 to current year
2	Jururawat U32 Hakiki	Male Orthopaedic ward, Hospital Miri	2013- 2014
3	Jururawat U32 Hakiki	Labour Room, Hospital Miri	2011-2013
4	Jururawat U 29	Maternity Ward, Hospital Miri	2006-2011
5	Jururawat U29	Labour Room, Hospital Miri	2001-2006
6	Jururawat U8	(District Hospital) Hospital Marudi, Baram, Miri	1995-2001
7	Temporary Teacher	SMK Trusan, Lawas	1992

**D. PERFORMANCE ACHIEVEMENT / SKILLS / INTEREST**

<b>No</b>	<b>Activities involvement</b>	<b>Achievement</b>	<b>Title</b>	<b>Year</b>
1	Nursing Research Nursing Unit	Hospital Level	Prevalence of pressure ulcer incidences in Female Medical ward	2017-2018
2	Academic Research Master Nursing Project	University	Nurses' knowledge and attitude on pressure ulcer in Miri Hospital	2017-2018
3	Innovation and creativity Project Nursing Unit	National Level at Putrajaya	Early Warning Score Chart (EWS)	2015
4	Innovation and creativity Project	Sarawak State Level (1st Place) (Sarikei)	Study on the Effectiveness in Implementation of Adult Vital Signs Chart Early Warning Score Chart (EWS)	2014
5	Quality Assurance Project Nursing Unit & Department Quality Project	Sarawak State Level (Sibu)	Study on Prolong Waiting Time in new cases patient in Labour room	2013

**D. PERFORMANCE ACHIEVEMENT / SKILLS / INTEREST**

No	Activities involvement	Achievement	Title	Year
6	Innovation and creativity Project	Sarawak State Level & Hospital Level  (publish in Sarawak Medical Journal) (Sibu)	Penambahbaikan carta Pemerhatian Pesakit Dewasa 'as 5th vital signs'.	2013
7	Quality Assurance Project	Sarawak State Level (Research Day)  (Hospital Miri)  2 <sup>nd</sup> place	Study on Prolong Waiting Time in new cases patient in Labour room	2012
9	Innovation and creativity Project	Sarawak State Level Research Day (Miri Hospital)	Carta Pemerhatian Pesakit Dewasa	2012
10	Academic Research	University	Study on Hand Hygiene knowledge among nursing students in Miri Hospital	2011

## E. COMPETENCIES AND RESPONSIBILITIES

NO	Competencies	Responsibilities
1	Leadership	<p>Able to work with multidisciplinary team to ensure patients are safe and achieve quality outcomes.</p> <p>Able to maintain good work and relationships in between patient and care workers.</p>
2	<p>Nursing Quality Improvement Activities Hospital Level</p> <p>Creativity and Innovative Activity</p>	<p>Able to look outside the box and develop new strategies.</p> <p>Formulate programs for nursing quality activities.</p> <p>Supervised staffs and worked as a team to ensure quality care is continuously provided.</p> <p>Have ability to establish a team effort that promotes working towards a common goal.</p>
3	Nursing Development Education Programme.	<p>Prepare schedule for hospital nursing CNE and courses.</p> <p>Organising of nursing Courses.</p> <p>Speaker.</p> <p>Empower nursing staffs in their</p>
4	Evidence Based Nursing Practices	<p>Ability to promote method of EBP in nursing practice and to use critically appraised and scientifically proven evidence for delivering quality health care through journal discussion, teaching, etc.</p> <p>Actively participate in quality nursing activities.</p>

NO	Competencies	Responsibilities
5	Self-development	<p>Own ability to implement and deal with change and creates the environment that helps people change.</p> <p>Able to empower staffs to about self-confident in complete certain task.</p>
6	Risk Management & Assessment	<p>Appointed as a committee such as community program activities, patient related hospital activities.</p> <p>Able to take responsibilities as appointed, identify and find solution to minimise risks or corrective action.</p>