

## *Curriculum Vitae for Mithali Abdullah @ Jacqueline Sapen*



### 1. Full Name and Contact Details

Mithali Abdullah @ Jacqueline Sapen  
IC No. 730424 13 5780

Hospital Sultan Abdul Halim  
Jalan Lencongan Timur,  
Bandar Amanjaya  
08000 Sungai Petani  
Kedah

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### 2. Academic Qualifications

1. Master Science (Occupational Safety Health Management) UUM (2009)
2. M.B.B.S (Australia) (1999)
3. Occupational Health Doctor (HQ/11/DOC/00/203).

### 3. Current/previous professional membership

1. Medical officer registered with Malaysian Medical Council (Registration Number : 37352)
2. Panel for house-officer intake into the Ministry of Health, Malaysia
3. Occupational Health Doctor (HQ/11/DOC/00/203).
4. Certified Medical Impairment Examiner (CMIE, NIOSH).
5. Member of Northern Regional Group-Safety, Health & Environment (NRG-SHE) (A0032)

### 4. Current Teaching and Administrative Responsibilities

- Coordinator for hospital accreditation program
- Coordinator for environmental & safety program in hospital
- Supervise all Quality Initiatives Activities which include Incident Reporting, Clinical Audits, Nursing Audit, Patients Safety Initiatives, Hospital Specific Approach projects, Clinical Key Performance Indicators and Hospital Performance Indicator for Accountability (HPIA).
- Supervise activities on Safety & Health in the hospitals which include training, Hazard Identification Risk Assessment & Determine Control (HIRADC), health surveillance, medical surveillance, workplace safety inspection, patient safety incident reporting and investigation.
- Trainer and facilitator in Quality Activity Initiatives (such as Clinical Audit and Hospital Specific Approach) for Kedah State Health Department and Hospital Sultan Abdul Halim.
- Trainer for occupational safety & health in the hospital
- Developed **module** for Patient Fall Prevention Workshop (2009)
- Develop Pocket Guide Book For Morse Fall Risk Assessment and Patient Fall Prevention entitled “**Patient Fall Prevention Protocol**” (2010)

- Trainer and facilitator in Patient Fall Prevention Program
- Provide technical advice on implementation of Quality Initiatives Activities.
- Trainer for **Safety and Health Officer Greenbook** course (Solution Skill Sdn Bhd) (start year 2010)
- Trainer in Safety and Health Officer Training Programme for Federation of Malaysian Manufacturers (**FMM**), Kedah.
- Member of Safety and Health Committee, Hospital Sultan Abdul Halim
- Member in the Patient Complaint Management Committee (for non-legal complaints)
- Assist in developing Patients and Family Rights Policy for Hospital Sultan Abdul Halim.

## 5. Previous employment

<b>Hospital/Department</b>	<b>Last Date</b>	<b>Last Position</b>
Hospital Sultan Abdul Halim/ Management	(at present)	Deputy Director (Clinical) III
Hospital Sultan Abdul Halim/ Quality & Innovation Unit	Jun 2013	Head of Unit
Hospital Sungai Petani/Pathology	October 2007	Head of Unit, Blood Bank
Hospital Sungai Petani/ Orthopedics	October 2004	Medical officer
Hospital Pulau Pinang/Cardiology	February 2003	Medical officer

## 6. Presentation in Convention/Conference/Seminars/Training

### **Convention /Conference/Seminar:**

- Sharps injury prevention in Infection Control Seminar on 3<sup>rd</sup> & 22<sup>nd</sup> March 2015, Hospital Sultan Abdul Halim
- Presented talk on Integrated Quality Management in Health Management Seminar organized by Kedah State Health Department on 9 February 2014.
- Presented talk on prevention of sharps injury in Occupational Safety & Health Seminar, organized by Kuala Muda Health District Office on 27 March 2014.
- Presented talk on ‘How to conduct clinical audit’ in Clinical Audit workshop, organized by Penang State Health Department on 2 April 2014.
- Presented talk on Occupational Disease in Occupational Safety & Health Conference, organised by FMM in Havard Golf Resort, Sungai Petani on 3 April 2014
- Sharps injury prevention in Infection Control Workshop on 23 September 2013, Hospital Sultan Abdul Halim
- Presented on Quality Initiative Activities in Hospital Kulim on 21 October 2013.
- Presented talk on Patient Safety in Patient Safety Campaign and Seminar, organized by Penang State Health Department on 3 December 2013.
- Presented an Innovation Article (Category Process) entitled “ Modified Morse Fall Scale for Postnatal Patients” in QA Convention, Kedah State Health Department on 25.3.2012 (won first prize)
- Presented a talk on Hazard Identification & Risk Management on 31 May 2012, in Occupational Safety & Health Course, organized by Dental Division, Kedah State Health Department
- Presented a talk on “ Occupational Disease Amongst Indoor Workers” on 5.10.2011, Penang Port Sdn. Bhd.

- Presented on “ Work on Health and health on work” in CSR program (OSH in school) organized by NRG-SHE in collaboration with DOSH and SOCSO at Politeknik Seberang Perai, Permatang Pauh, Pulau Pinang on 5.7.2011.
- Presented on ‘Health surveillance: What an OHD needs from you” in 3<sup>rd</sup> Occupational Safety and Health Conference 2011, Sunway Convention Center, Seberang Jaya, Penang on 20.6.2011. Organized by NRG-SHE in collaboration with DOSH and SOCSO.
- Presented “Risk Factors for Falls amongst Obstetric Patients” in PGMES 7<sup>th</sup> Biennial Scientific Meeting, Hospital Sultanah Bahiyah, Alor Star, Kedah on 25<sup>th</sup> July 2010. Won 1<sup>st</sup> price in Poster Category.
- Presented on “Barriers in Incident Reporting Among Doctors & Nurses in A Specialist Hospital” in ERGOSYM 2009, University Malaysia Perlis, Kangar 1.12.2009.
- Presented on “Optimization of Glycemic Control Among Diabetic Patients in Medical Outpatient Department, Hospital Sultan Abdul Halim” in “ Konvensyen Kualiti Peringkat Kebangsaan” on 21 October 2009 in Hotel Holiday Villa, Subang Jaya, Selangor.

**Training conducted:**

- Trainer for Clinical Audit Workshop on 30 April 2015, Hospital Sultan Abdul Halim
- Trainer for Root Cause Analysis workshop on 15 June 2015, Hospital Sultan Abdul Halim
- Safety and Health Officer greenbook course (Solution Skill Sdn Bhd) since 2010 until present
- Trainer for Clinical Audit Workshop on 8 April 2014, organized by Kedah State Health Department
- Trainer for HIRADC workshop for Hospital Sultan Abdul Halim in 27-28 August 2014

- Organise Seminar on Mental Health & Stress Management in Cinta Sayang Golf & Resort on 3 Sept. 2014
- Trainer for Quality Initiative Activities in Hospital Kepala Batas on 23 April 2013
- Trainer for workshop on Train The Trainer: Patient Fall Prevention on 22-23 March 2012 in General Hospital Penang.
- Trainer for Clinical Audit Workshop on 28 May 2012, Hospital Sultan Abdul Halim
- Conduct Patient Fall Prevention Workshop at (i) Hospital Kuala Nerang on 20.9.2011, (ii) Hospital Sultanah Aminah on 26-27 January 2010, (iii) Hospital Tuanku Fauziah on 13 April 2010.
- Hearing Conservation Programme, TRANE, Seberang Prai, Nov. 2010.
- Occupational Safety and Health: 1) Sharps Injuries Prevention and Management; 2) Healthcare Wide Hazards (3) Effects of Noise Exposure (4) Chemical Management in Medical Laboratory
- Patient Safety Activities : 1) Patient Fall Prevention Programme; (2) Medication Safety Workshops; (3) Incident Reporting & Root Cause Analysis
- Quality Initiative Activities (including facilitator & reviewer for clinical audit)
- Accreditation Hospital Coordinator

## 7. Research and Publication

- Exposure of pesticides among paddy farmers in Peninsular Malaysia ( co researcher, UUM) in 2014
- Modified Morse Fall Scale for Postnatal Patients”, February 2012
- Injection Practice Among Nurses and Doctors in Hospital Sultan Abdul Halim, March 2012.
- Clinical Review “Risk Factors for Falls amongst Obstetric Patients” (2010)
- Mithali Abdullah (2009). *Patient Fall Prevention Project*. Hospital Sultan Abdul Halim

- *Hazard Identification and Risk Assessment in Histopathology Unit, Department of Pathology.* Hospital Sultan Abdul Halim. 2009.
- Mithali Abdulalh (2008). *Barriers in Incident Reporting Among Nurses and Doctors In A Government Specialist Hospital.* ERGOSYM, UNIMAP, 2009.
- Mithali Abdulalh (2007). *Reducing Unsatisfactory Yield for Thyroid Biopsy in Fine Needle Aspiration Biopsy.* Mini Convention, Jabatan Kesihatan Negeri .
- *Clinical audit on Transfusion Practice in Hospital Sultan Abdul Halim.* Clinical Audit Competition, Jabatan Kesihatan Negeri. 2007. (won second place in the Professional Category)
- Mithali Abdullah (2006). *High Rate of Rejected Full Blood Picture (FBP) and FBP Reported as Artifactual or Storage Changes.* 6<sup>th</sup> Malaysian National Hematology Scientific Meeting, Kota Bharu ( 2006).
- Bulletin Hospital (Sinar HSAH): *Why nurses do not report incidents?* Edition 1, 2009.
- Bulletin Hospital (Sinar HSAH): *Know our H & N.* Edition 2, 2009.
- Occupational Safety & Health Bulletin for Hospital Sultan Abdul Halim

## 8. Consultancy

- Provide consultancy service for safety & health in hospital
- OHD in SOCSO Board for Occupational Disease
- Provide consultancy service for health surveillance for hospital staff.
- Provide consultancy service for Clinical Audit activities and Hospital Specific Approach
- Provide consultancy service on Patient Fall Prevention program for Nursing Unit
- Consult and train on Patients & Family Rights.

## 9. Community Service

- Talk on hygiene for teachers and parents of kindergarten, Greenacre, Bandar Puteri Jaya in may 2014.
- Panel judge for EDUFEST 2009 and 2010, Politeknik Seberang Perai, Pulau Pinang.
- Graduate Employability Management Scheme (GEMS), Havard Golf and Country Resort, Sungai Petani (2009)
- Committee member in Parent Teachers Association, Sekolah Kebangsaan Tasek Apong, Sungai Petani.(2007-2008)

## 10. Other Relevant Information

Health Experience: She has working experience in Department of Cardiology, Department of Orthopedics and Department of Pathology. In the Department of Pathology, she was appointed as the Head of Unit of Transfusion Medicine. She was actively involved in *clinical audits* pertaining to transfusion safety and blood and blood products use in 2005 and 2006. She was a committee member in the Hospital *Transfusion Committee* in 2005 until 2007. In addition to that, she helped developed *module* for house officer teaching in Transfusion Medicine in Hospital Sultan Abdul Halim (HSAH). In 2007, she was actively engaged in *Business Process Reengineering* for Transfusion Medicine Unit and Histopathology Unit. Has been awarded **“Excellent Service Award”**, Kedah in 2005 & 2011.

Occupational Safety and Health (OSH) Area of Interest: She has established strong OSH Unit in the hospital since November 2013. She is the coordinator for the Service Standard on Environmental & Safety, Hospital Accreditation Program since 2013 and her work and effort was commendable (comment by accreditation surveyors during hospital accreditation survey from 25- 27 May 2015). Strengthening chemical



management in the hospital. A member in the Hospital Safety & Health Committee. Various training & education sessions on OSH have been conducted. Medical surveillance for employees is conducted regularly which include staff who are exposed to noise, radiation and chemicals hazardous to health.

Patient Safety Activities: She would like to establish patient safety culture amongst healthcare professionals. She has been actively involved in Patient Safety activities since 2008 (until present) and this include *Patient Fall Prevention Program* for Inpatient as well as development of Patient Fall Protocol Pocket Guide Book, assist in development of *Patient and Family Rights Policy* for HSAH, enhancing *incident reporting* system in the hospital, and analyzing *National Indicators* on patient safety as well as *Key Performance Indicators* for the Ministry of Health. Has coordinated the development and implementation of 9 Patient Safety Solutions in hospital. Several clinical audits have been conducted to measure the effectiveness of clinical service and the performance of patient safety initiatives in the hospital.