# Name: Suriawati binti Abu Aziz

**Address**: Dept. of Dietetics

Hospital Sultan Haji Ahmad Shah

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dsueriya@yahoo.co.uk suriawati@moh.gov.my



Age : 37 Gender : Female

Race : Malay Religion : Islam

Marital Status : Married Nationality : Malaysian

		Academic	Achievemen	ts		
Education	Level	Field of Study	Name of Institution	Location	Grade	Graduation Year
Master	Master of Medical Science	Paediatrics	UM	Kuala Lumpur	Research	Oct 2019
Degree	Bachelor's Degree (Hons.)	Dietetics	UKM	Kuala Lumpur	2 <sup>nd</sup> Upper	Mar 2004
Upper Secondary	SPM	Science Stream	MRSM Kuantan	Kuantan, Pahang	Grade 1 (Agg. 8)	Dec 1999

## **Professional Certification**

Good Clinical Practice (by Ministry of Health) Cert. No B201810094
Diabetes Conversation Map Facilitator (by International Diabetes Federation)
Design Thinking (by Genovasi d.school Malaysia, recognized by Hasso-Plattner-Institut, Germany and Global Design Thinking Association (GDTA))

# **Computer Literacy**

Computer Skill	Year	Skill	Computer Skill	Year	Skill
Total Hospital Information System (T.H.I.S) Powerchart	>5	Intermediate	SPSS (Statistical Package for Social Sciences) 22.0	>5	Intermediate
Fisicien	>1	Intermediate	Stata 13.0	3	Beginner
TPC (Tele-Primary Care)	>5	Intermediate	AMOS (Analysis of Moment Structure)	3	Beginner
MS Word	>5	Advanced	R	1	Beginner
MS Excel	>5	Intermediate	Nutritionist Pro	>5	Advanced
MS Power Point	>5	Advanced	Diet 4	>5	Advanced
MS Visio	>5	Advanced	Stata	2	Beginner
MS Publisher	>5	Advanced	WIN 10	>5	Intermediate

# Languages

Good in both oral and written English and Malay language

# **Summary**

## Clinical Dietetics/ Community - setting up the first pioneer batch in health clinics

**15+ years' experience** assessing the nutritional needs of patients; communicating and consulting the appropriate clinical nutritional information to other members of the health care team; and implementing nutritional care plans; following Medical Nutritional Therapy Standards

- Experience in both hospital and community settings.
- Patients' dietary needs assessment, medical nutritional therapy and nutrition support strategies, program planning/evaluation and implementation.
- Uncommon ability to work in a multi-disciplinary team.
- Profound knowledge and skills in the following health promotion strategies.

Private & Confidential page 1 of 10

## **Working Experience**

# Ministry of Health, Malaysia since 16/06/2004

Job descriptions:

- 1. Prepared and implemented individualized dietary care plans based on nutritional needs, dietary restrictions, and other health factors for patients
- 2. Consulted with physicians and healthcare personnel to determine nutritional needs.
- 3. Developed and reviewed learning materials related to nutrition, disease and healthy eating
- 4. Maintained contact with staff from other health departments to network and maximize resources. Partnered with them on large-scale projects (health promotion program) as appropriate
- 5. Maintained statistics and resource files about programs and reference materials.
- 6. Planned, provided and evaluated field placement experience for students.
- 7. Provided training, guidance and support to internal staff and volunteers/peer educators to enhance delivery of food and nutrition programs.
- 8. Maintained professional competency.

Clinical Dietitian Sultan Haji Ahmad Shah, Temerloh Hospital General Surgery, Oral Surgery, Medical, Palliative Care, Nephrology, Orthopaedics, Othorynolaryngology (ENT)  Study Leaves (CBBP without HLP)
General Surgery, Oral Surgery, Medical, Palliative Care, Nephrology, Orthopaedics, Othorynolaryngology (ENT)  Study Leaves (CBBP without HLP)
Orthopaedics, Othorynolaryngology (ENT)  Study Leaves (CBBP without HLP)
Master Medical Science (research) - Faculty of Medicine in University of Malaya
Clinical Dietitian and Head Department of Dietetics – setting up
Jinjang Health Clinic, WP Kuala Lumpur
Public Health: Non-Communicable Diseases
Clinical Dietitian and Management
Critical Care and Acute Care:
Intensive Care (ICU, CCU, NICU, HDW, Burn), Orthopaedics, General Surgery,
Oral Surgery, Nephrology, Medical, Othorynolaryngology (ENT), Obstetrics and Gynecology (O&G), Paediatrics, Oncology, Rehabilitation
1. Sultan Ismail Hospital, Johor Bahru (JB), Johor Darul Ta'zim
Clinical Dietitian (16.10.2007 - 15.08.2010)

On rotation covering: Intensive Care (ICU, CCU, NICU, HDW, Burn), Orthopedics, General Surgery, Oral Surgery, Nephrology, Medical, Othorynolaryngology (ENT), Obstetrics and Gynecology (O&G), Pediatrics, Oncology, Rehabilitation.

2. Port Dickson Hospital, Negeri Sembilan Darul Khusus Head Department of Dietetics and Food Service & Clinical Dietitian - **setting up** (05.06.2006 - 15.10.2007)

Covering: Intensive Care (ICU/ CCU), Nephrology, Medical, Obstetrics and Gynecology (O&G), Pediatrics.

3. Teluk Intan Hospital, Perak Darul Ridzuan **Head Department of Dietetics and Food Service & Clinical Dietitian** (16.06.04 - 04.06.06)

Covering: Intensive Care (ICU, CCU, NICU), Orthopedics, General Surgery, Nephrology, Medical, Othorynolaryngology (ENT), Obstetrics and Gynecology (O&G), Pediatrics.

Private & Confidential page 2 of 10

# **Community Involvement**

Healthy lifestyle campaign including diet chit-chat, table dietary consultation & deliver talk in various program from time to time that been held by Ministry of Health and NGO's

Colon Cancer Screening Community Project. Cancer Advocacy Society of Malaysia. 2011

# **Trainings**

- 1. Induksi Umum dan Khusus. Perak State Health Dept. Ministry of Health. 12/09 22/09/2005
- 2. Kursus Kenegaraan Sistem Saraan Malaysia. Biro Tatanegara JPM Besut, Terengganu. 27–31/07/2005
- 3. Kursus Pengurusan Perkhidmatan Dietetik dan Sajian. Ipoh Hospital. 07/10/2004
- 4. Kursus Orientasi Lantikan Baru. Teluk Intan Hospital. 14 & 15/10/2004
- 5. Kursus Audit Keselamatan dan Kesihatan Pekerja. Teluk Intan Hospital. 02 & 03.02.2005
- 6. Kursus Pembimbing Rakan Sekerja (PERASA). Perak State Health Dept. MoH. 28/02 03/03/2005
- 7. e-Perolehan Course by INTAN Northern Regional Campus Sungai Petani, Kedah. 21–23/03/2005
- 8. Impactful Presentation Workshop. Teluk Intan Hospital. 26/03/2005
- 9. Public Sector Asset Course by INTAN Northern Regional Campus Sg. Petani, Kedah. 10–12/04/2005
- 10. Obesity in Children Seminar. Perak State Health Dept. Ministry of Health. 05/05/2005
- Desktop Productivity: Spreadsheet Course. INTAN Northern Regional Campus. 20-23/06/2005
- 12. Computer Application (Advanced) Course by National Institute of Health, MoH. 22-26/08/2005
- 13. 1st Medical Nutrition Therapy Guideline Course by Malaysian Dietitians' Association. 10&11/09/2005
- 14. Kursus Ketrampilan Diri (Speaker from INTAN). Teluk Intan Hospital. 08/12/2005
- 15. Kursus Pengurusan Prestasi (LNPT) by INTAN Northern Regional Campus. 18-20/12/2005
- 16. Seminar Pengurusan Kewangan Kumpulan Pengurusan dan Profesional. MoH. 28-30/11/2006
- 17. Impactful Presentation Workshop. Teluk Intan Hospital. 26/03/2005
- 18. **Scientific Conference 2007**: Quality, Safety and Health in Food Services: The Way Forward. Ministry of Health & Malaysian Dietitians' Association, Committee Member, 2007
- 19. Nutrition Support Course. Johor State Health Dept. Ministry of Health. 17&18/11/2007
- 20. **Seminar Wudu', Tayamum dan Solat Pesakit.** Bahagian Dakwah Jabatan Agama Johor & Sultan Ismail Hospital, Johor Bahru, Ministry of Health. 28/06/2008
- 21. **Management of Hearing Impairment in Children Seminar.** Sultan Ismail Hospital, JB, MoH. 04/08/2008
- 22. **Nutrition Therapy in ICU: Maximizing Benefits from Nutrients and Strategies.** Intensive Care Section, Malaysian Society of Anaesthesiologists. 11&12/10/2008
- 23. *Kursus Pengendalian Makanan*. Principal Amity Management, Johor Bahru (Recognized and Endorsed by Ministry of Health). 12/10/2009
- 24. Health Education Workshop on Theory and Practical. Johor State Health Dept. MoH. 20-22/10/2009
- The Scored Patient Generated Subjective Global Assessment (PG-SGA) 2009. Dietetics Services. Ministry of Health. 22&23/12/2009

Private & Confidential page 3 of 10

### **Trainings**

- 26. Motivasi ke Arah Kecemerlangan. Jinjang Health Clinic with Genius. 14/01/2012
- 27. Research Methodology in Dietetics Training. Institut Kesihatan Umum. MoH. 10-14/05/2010
- 28. Quality Assurance Seminar by Federal Territory KL & Putrajaya Health Dept. 21 & 22/03/2011
- 29. Effective Negotiations Course by INTAN Bukit Kiara, Kuala Lumpur. 26–28/04/2011
- Update Malaysian MNT (Medical Nutritional Therapy) Guideline: Diabetes. Ministry of Health & Malaysian Dietitians' Association, Committee Member, 2013
- 31. **Report Writing and Quality Proposal Writing Course** by INTAN Tengah, Kuala Lumpur. 24–27/04/2012
- 32. Diabetic Workshop. Pejabat Kesihatan Kepong, KL. MoH. 18/10/2013
- 33. CVD Updates: Theory into Practices. Selangor State Health Dept. MoH. 21–22/10/2013
- 34. Knowledge Management Workshop by INTAN Bukit Kiara, Kuala Lumpur. 22–25/10/2013
- 35. Systematic Review on Evidence-Based CPG Development and Implementation by MoH. 11–14/11/2013
- 36. Multimedia (Digital Image) Workshop by INTAN Bukit Kiara, Kuala Lumpur. 14–17/04/2014
- 37. Diverse Research in Public Health Nutrition Workshop by University of Malaya. 22/04/2014
- 38. 10th Allied Health Scientific Conference Malaysia. MoH. 9-10 September 2014
- 39. Clinical Dietetic Updates (CDU) in Weight Management. MoH. 11-12/08/2014
- 40. Breastfeeding 20 Hours Course. MoH. 18-20/09/2014
- 41. **Practical Approach of Knowledge Management Implementation** by INTAN Bukit Kiara, Kuala Lumpur. 10–12/11/2014
- 42. **9<sup>th</sup> Asia Pacific Conference on Clinical Nutrition 2015.** Asia Pacific Clinical Nutrition Society. 26–29/01/2015
- 43. Proposal Preparation and Case Research Write Up Workshop. MoH. 06/02/2015
- 44. Dietetics Study Day: Updates on MARSIPAN (Management of Really Sick Patients with Anorexia Nervosa) and Low FODMAP (Fermentable Oligo-, Di-, Mono-saccharides And Polyols) Practices by University of Malaya. 03/03/2015
- 45. Clinical Dietetic Updates (CDU) in Diabetes Mellitus. MoH. 23-24/03/2015
- 46. **Kursus Kepimpinan Transformatif dan Pengurusan Organisasi** by INTAN Bukit Kiara, Kuala Lumpur. 31/03-02/04/2015
- 47. Scientific Writing Training. Institut Kesihatan Umum. MoH. 02-04/12/2015
- 48. Viva Defense Workshop: The Perfect Defense by University of Malaya. 07/10/2015
- 49. Thesis Proofreading Workshop. Fatihah Learning Centre. March 2016
- 50. **MDA-AODA Conference 2016** by Malaysian Dietitians' Association (MDA) & American Oversea Dietetic Association (AODA). 26–28/05/2016
- 51. Introduction to STATA Workshop by University of Malaya. 21/07/2016
- 52. **Scoping Review Course.** *Institut Kesihatan Umum.* MoH. 04&05/10/2016
- 53. Power Up Your English Series: Effective Letters and E-mails by INTAN Tengah, KL. 18–19/10/2016

Private & Confidential page 4 of 10

### **Trainings**

- 54. Power Up Your English Series: Better Pronunciation by INTAN Tengah, KL. 15-17/11/2016
- 55. Conducting a Literature Search and Writing Review Paper Workshop by University of Malaya. 19&20/12/2016
- Basic Course of Cupping Synergy by Pusat Rawatan dan Latihan AL RAED & DARUSSYIFA Bangi, Selangor. 28&29/01/2017
- 57. Dashboard Reporting by INTAN Bukit Kiara, Kuala Lumpur. 21-23/02/2017
- 58. **Improving Data Workflow for Data Management** by INTAN Bukit Kiara, Kuala Lumpur. 21–23/03/2017
- Language Awareness for Communicative Success: Grammar Essentials by INTAN Tengah, KL. 11– 12/04/2017
- 60. Power Up Your English Series: Basic Writing by INTAN Tengah, KL. 18-20/04/2017
- 61. Implementation Science Basics Workshop by University of Malaya. 25/04/2017
- 62. Power Up Your English Series: Effective Note-Taking and Summarizing Skills by INTAN Tengah, KL. 16-17/05/2017
- 63. Pediatric Diabetes Educator Training by University of Malaya. 13/07/2017
- 64. **Scientific Writing Seminar** by University of Malaya. 18–19/07/2017
- 65. Carbohydrate Counting Basic to Advance 2017. MDA & MoH. 24-25/07/2017
- 66. Maximizing Power pivot Data Analysis by INTAN Bukit Kiara, Kuala Lumpur. 12-14/09/2017
- 67. English Language Course Building Blocks of Good English by IDFR, Kuala Lumpur. 23-27/10/2017
- 68. How to Write a Dissertation Workshop by University of Malaya. 02&03/03/2017
- 69. Systematic Review: 2-Day Workshop by University of Malaya. 15&16/06/2017
- 70. Introduction to Qualitative Research Workshop by University of Malaya. 09&10/08/2017
- 71. Writing a Review Paper Workshop by University of Malaya. 29/08/2017
- 72. KOSPEN Plus 2018 Course by Pahang State Health Dept. 24/04/2018
- 73. Joint Workshop: Fall Prevention among Older Adults by University of Malaya. 07/05/2018
- 74. **7<sup>th</sup> PENSMA (The Parenteral & Enteral Nutrition Society of Malaysia) Congress 2018.** 06&07/07/2018
- 75. Penghasilan Roti Paung Course by Kolej Komuniti Temerloh, Pahang. 14/07/2018
- 76. **East Coast Surgical Nutrition Symposium** by General Surgery Dept, Hospital Sultan Haji Ahmad Shah (HoSHAS) Temerloh, Pahang. 17&18/08/2018
- 77. **Kursus Urutan Muka (Anti Stress & Migrain) dan Tapak Kaki Course** by Kolej Komuniti Temerloh, Pahang. 01/09/2018
- 78. Evidence Based Medicine Workshop by CRC HTAA, Kuantan. 18&19/09/2018
- 79. Training of Trainer (ToT) Manual Penggunaan Bahan Pendidikan Kesihatan Penjagaan Pemakanan Dalam Pengambilan Garam di Malaysia Bagi Zon Timur Workshop by MoH. 30/10/2018
- 80. **Design Thinking Embedment Programme** by Genovasi d.school Malaysia. 08–12/10/2018
- 81. Evidence Based Medicine Workshop by CRC HTAA, Kuantan. 18&19/09/2018

Private & Confidential page 5 of 10

## **Trainings**

- 82. 5th National Symposium on Ethics in Clinical and Social Research (ECSR) by UiTM, Puncak Alam. 19/12/2018
- 83. Data Science Fundamentals (R) by INTAN Bukit Kiara, Kuala Lumpur. 09-11/04/2019
- 84. **Fundamental Nutrition Therapy Course**: Pahang Tengah & Pahang Barat by JDS Dept, Hospital Sultan Haji Ahmad Shah (HoSHAS) Temerloh, Pahang. 17/04/2019
- 85. **National Dietetics Education Workshop** by Malaysian Dietitians' Association (MDA) in collaboration with Universiti Putra Malaysia and Universiti Sains Malaysia. 19-20/08/2019
- 86. **Workshop of Randomized Controlled Trial: How To Plan, Do, Analyze & Report The Results** by The Research Management Unit (RMU), Faculty of Medicine, University of Malaya. 05/11/2019.

#### **Publications**

- Malaysian Clinical Practice Guideline (CPG). Type 1 Diabetes Mellitus. Ministry of Health, One of writers/ committee Member, 2017.
- 2. **Update Malaysian MNT (Medical Nutritional Therapy) Guideline**: Diabetes. Ministry of Health & Malaysian Dietitians' Association, Committee Member, 2013.
- 3. Standard Operational Procedure. Dietetic Service for GDM Consultancy. Ministry of Health, 2014.

# Tanggung Kerja

- 1. Pegawai Dietetik C44. Teluk Intan Hospital. 17/06 15/08/2005
- 2. Pegawai Dietetik U48. Sultan Ismail Hospital, Johor Bahru. 06/10 08/12/2008
- 3. Pegawai Dietetik U41. Sultan Ismail Hospital, Johor Bahru. 04/12 03/02/2010
- 4. Pegawai Dietetik U44. Sultan Ismail Hospital, Johor Bahru. 17/05 15/08/2010
- 5. Pegawai Dietetik U44/U41. Sultan Haji Ahmad Shah Hospital, Johor Bahru. 13/06 12/12/2018

### **Presentations: Invited Speaker**

- 1. Cardiology Update Course 2019 for Pharmacists Central Pahang, HoSHAS (Pharmacy Dept.). 02/05/2019
- 2. Basic ECG Workshop by CCU & Medical Dept. HoSHAS, Temerloh 22-23/04/2019
- 3. Fundamental Nutrition Therapy Course: Pahang Tengah & Pahang Barat by JDS Dept, Hospital Sultan Haji Ahmad Shah (HoSHAS) Temerloh, Pahang. 17/04/2019
- Understanding Insulin Workshop, Central Pahang Zone, HTAA Kuantan. 15/11/2018
- 5. Pharmacotherapy Update Course, Central Pahang Zone 2018, HoSHAS (Pharmacy Dept.). 22/09/2018
- 6. Paediatrics Gastroenterology Update 2018, Pahang Barat. 14/09/2018
- 7. Less Salt, Please Seminar, MoH. 19/09/2016
- 8. CPG Type 2 DM Training, Selangor Health Dept. 20–21/07/2016
- 9. Diabetes Conversation Map. 20–22/102015. Ministry of Health Dietetic and Food Service Conference. Institute of Health Management, Bangsar
- 10. Clinical Dietetic Updates 2015: DM. Diabetic Mapping effectiveness in glucose control. Rehabilitation Hospital, Cheras. 24/03/2015. Ministry of Health
- 11. Diabetes Diet. Sentul Health Clinic's Diabetes Awareness Ceremony, KL. 14/06/2014
- 12. Pemakanan Kesihatan Warga Emas. Kelab Sukan Komuniti Lembah Keramat, KL. MoH. 17/12/2013
- 13. Kursus Penjagaan Warga Emas. Pejabat Kesihatan Titiwangsa, KL. MoH. 23/11/2013
- 14. Diabetes Day Celebration at Wangsa Walk, Kuala Lumpur. Setapak Health Clinic's Programme, KL. 26/10/2013

Private & Confidential page 6 of 10

# **Presentations: Invited Speaker**

- 15. Diabetic Workshop. Pejabat Kesihatan Kepong, KL. MoH. 18/10/2013
- 16. Healthy Eating. Sentul Health Clinic's Programme, KL. 11/10/2012
- 17. Diabetes Management: Dietary Perspective. Pejabat Kesihatan Titiwangsa's Programme, KL. 26/05/2012
- 18. Terapi Diet untuk GDM. Jinjang Health Clinic's CNE, KL. 10/02/2012
- 19. Medical Nutrition Therapy in Diabetes. Pantai Health Clinic's Diabetes Camp, KL. 15/07/2011
- 20. Diabetes Diet in Ramadan. Tanglin Health Clinic's Diabetes in Ramadan Programme, KL. 20/07/2011
- 21. Nutrition in Association to Hepatitis. Jinjang Health Clinic's Programme, KL. 22/05/2011
- 22. Diet for Diabetes: How to Control. Tanglin Health Clinic's Uncontrolled Diabetes Programme. 06/05/2011
- 23. Johor Physiotherapist Course, Geriatric Rehabilitation Towards Enhancing Quality of Life. Johor Health State Dept. 02&03/08/2008
- 24. Seminar Pemakanan dan Gaya Hidup Sihat bagi Jabatan Kemajuan Masyarakat (KEMAS) Negeri Sembilan. 15/12/2006
- 25. Diabetes Educator Workshop. Negeri Sembilan Health State Dept. 19/11/06-22/11/06
- 26. Teluk Intan Hospital's Breastfeeding Course. 13-15/06/2005
- 27. Effective Communication Course of Teluk Intan Hospital. 2005 2006

### **Presentations: Presenter**

- 1. 10<sup>th</sup> Allied Health Scientific Conference Malaysia. Establishment and Evaluation of a Pharmacist-Dietitian Managed Diabetes Medication Adherence Clinic (DMTAC) In Health Clinic: A Model for Future Service Provider. Berjaya Time Square Hotel, Kuala Lumpur. 9–10 September 2014
- 2. Ministry of Health (MoH) Dietetic and Food Service Conference 3<sup>rd</sup> 2012: Study on Establishment and Evaluation of a Pharmacist-Managed Diabetes Medication Adherence Clinic (DMTAC) in Health Clinic: A Model for Future Service Provider. 16–18 July 2012
- 3. Malaysian Dietitians' Association and American Oversea Dietitian Association (MDA-AODA) International Conference 2016. FP017 Poster Presentation.

# **Expert/ Technical Contributions**

- 1. 2019 2021: Wakil Skim Pegawai Dietetik, Pegawai Penyediaan Makanan dan Penolong Pegawai Penyediaan Makanan, Pegawai Teknologi Makanan, Penolong Pegawai Teknologi Makanan, Pegawai Sains Pemakanan, bagi Majlis Bersama Jabatan (MBJ) JKN Pahang.
- 2. 2019 2021: Wakil Skim Pegawai Dietetik, Pegawai Penyediaan Makanan dan Penolong Pegawai Penyediaan Makanan bagi Majlis Bersama Pekerja (MBP) Hospital Sultan Haji Ahmad Shah (HoSHAS) Temerloh, Pahang.
- 3. 2019 2021: Setiausaha Majlis Bersama Pekerja (MBP) Hospital Sultan Haji Ahmad Shah (HoSHAS) Temerloh, Pahang
- 4. 2019 2021: Ahli Jawatankuasa(AJK) Biro Promosi, Informasi dan Media Profesion Pegawai Dietetik KKM (Representative for Pahang and Head for East Coast Dietitian Officers)
- 5. 04/09/2019: Chairman of Kursus Diet Teraputik, Hospital Kluster Pahang Tengah by Hospital Sultan Haji Ahmad Shah (HoSHAS) Temerloh, Pahang
- 6. 17/04/2019: Committee Member & Fasilitator: Fundamental Nutrition Therapy Course: *Pahang Tengah & Pahang Barat* by JDS Dept, Hospital Sultan Haji Ahmad Shah (HoSHAS) Temerloh, Pahang.

Private & Confidential page 7 of 10

# **Expert/ Technical Contributions**

- 7. 17/09/2018: Committee Member: Diabetes Day Fun Run by Hospital Sultan Haji Ahmad Shah (HoSHAS) Temerloh, Pahang
- 8. 30/10/2018: Training of Trainer (ToT) Manual Penggunaan Bahan Pendidikan Kesihatan Penjagaan Pemakanan Dalam Pengambilan Garam di Malaysia Bagi Zon Timur Workshop by MoH.
- 9. 22/09/2018: Trainer ACT4HEALTH, Universiti Malaya.
- 10. 19/09/2018: Kursus Diet Teraputik, Hospital Kluster Pahang Tengah by Hospital Sultan Haji Ahmad Shah (HoSHAS) Temerloh, Pahang
- 11. 2013 2015: Technical Working Group Member: Pinggan Sihat Malaysia. Ministry of Health (MoH)
- 12. 09&10/06/2014: Committee Member: Clinical Dietetic Update Course (GDM) for MoH Dietitians
- 13. 2014 2015: Technical Committee Member: Biro Latihan dan Kompetensi for MoH Dietitians
- 14. 2013 2015: Clinical Dietetic internship to UiTM's Dietitians (Clinical Instructors), six monthly rotations
- 15. 2013 2015: Committee Member: Technical Meeting for Health Clinic's Dietitians. MoH
- 16. 2013: Committee Member: Coordinating Job Scope between Nutritionist and Dietitian in Health Clinic
- 17. 2013: Committee Member: Development Draft for Referral Form to Dietitian & Nutritionist in Health Clinic
- 18. 2015: Committee Member: Clinical Dietetic Update Course (Diabetes) for MoH Dietitians
- 19. 2012: Development of Dietetic Care Notes for Health Clinic Dietitians (Official Use start from 2013)
- 20. 26/08/2013: Bengkel dengan Pakar Runding Dietetik Komuniti Peringkat Kebangsaan Bersama "Mrs Penelope Ann Churchil". MoH, NCD
- 21. 2011: Panel Penyemak Buku Panduan Wudhu', Tayammum dan Solat serta Berpuasa untuk Pesakit. By Jabatan Kemajuan Islam Malaysia (JAKIM)
- 22. 2011–2015: Penolong Pegawai Penyelaras Data Pesakit Kebangsaan untuk Perkhidmatan Dietetik di Klinik Kesihatan. MoH
- 23. 2011: Committee Member: Manual Panduan Diet and Food Diary untuk Pesakit Diabetes. MoH
- 24. 14–16 March 2011: Meeting Member: Dietitians in Health Clinics Issues. MoH
- 25. 16/08/2010-14/03/2015: Head of Department Dietetics, Jinjang Health Clinic, Kuala Lumpur
- 26. 11/05/10–14/05/10: Group proposal with paperwork on Malnutrition Research Among Hospitals in Southern Region during Research Methodology in Dietetics and Food Service
- 27. 15/04/10: Committee: Preparing paperwork back up for Clinical Dietitian charts and documentation during downtime in T.H.I.S (Total Hospital Information System) in Sultan Ismail Hospital, Johor Bahru during Business Continuity Services (BCS) Workshop
- 28. 08/03/10-10/03/10: Technical Committee: Preparing new census template (with formulation) to be used by all Dietitians in Hospital & Health Clinic, MoH (2 type of census)
- 29. 2010: Computerized System: T.H.I.S (Total Hospital Information System) Powerchart Dietetic Care Notes proposal for upgrading and optimization of usage
- 30. 20/10/09–22/10/09: Group proposal, paperwork and presenter for Grouping Diabetes Education regarding Nutrition and Foot Care in Patient Education Workshop Johor State Level
- 31. 2008: Improvement in D'Trax Ward ordering system in Sultan Ismail Hospital, Johor Bahru– new suggestion choosing patient name from dropdown button list instead of key-in to prevent misuse of nutritional supplement

Private & Confidential page 8 of 10

# **Expert/ Technical Contributions**

- 32. 20/10/08: Trainer for Nursing Staff using 'SPSS *Statistical Program for Social Science'* for Research 2 night's duty in Sultan Ismail Hospital, Johor State Level beginner and basic user
- 33. 2007: Committee Member: MS ISO 9001:2000 Certification (3<sup>rd</sup> cycle) for 3 years & Accreditation Certification in Port Dickson Hospital 3<sup>rd</sup> cycle)
- 34. 2007: Committee Member: Baby Friendly Certification (3rd cycle) for 3 years in Port Dickson Hospital
- 35. 14/09/07: Committee Member: Patient Health Education Planning for all Health Clinic in Negeri Sembilan Darul Khusus
- 36. 23/04/07: Reviewer: Dietary Leaflets Education Material for Patient in MOH Hospitals, Group 1 for Diet of Low Calories (Adult), of Low Calories (Pediatrics) Diabetic, Hyperlipidemia, Hypertension
- 37. 04/09/07: Committee Member: Synchronized/ Standardized Type of Medical Report for Ward and Inpatient Management Module, Diet and Catering Module, Ministry of Health (MoH)
- 38. 16/03/2007-16/10/2007: Committee Member: Asset Management of Port Dickson Hospital
- 39. 01/09/2006-16/10/2007: Committee Member: Information Technology of Port Dickson Hospital
- 40. 04-07/12/2007: Development: Dietary Leaflets Education Material for Patient in MOH Hospitals
- 41. 23/08/2007: Judge: Program Dapur Sihat Klinik Kesihatan Linggi, Port Dickson, Negeri Sembilan
- 42. 25–27/07/2007: Committee Member: Kursus Penerapan Nilai-Nilai Murni Bagi Anggota Jabatan Dietetik dan Sajian Peringkat Negeri Sembilan Darul Khusus. Negeri Sembilan Health State Dept.
- 43. 2007: Committee Member: Pegawai Pemeriksa Aset Alih Kerajaan of Port Dickson Hospital
- 44. 2007: Committee Member: Bulletin of Port Dickson Hospital
- 45. 28/02/2007: Committee Member: Diabetes Education of Port Dickson Hospital
- 46. 20/12/2006: Committee Member: Kursus Penerapan Nilai-nilai Murni of Port Dickson Hospital
- 47. 02–04/08/2006: Committee Member: *Kem Pembangunan Jati Diri Bagi Anggota Perkhidmatan Makanan Peringkat Negeri Sembilan Darul Khusus*. Negeri Sembilan Health State Dept.
- 48. 01/09/2006-16/10/2007: Committee Member: Fire Safety Officer of Port Dickson Hospital
- 49. 01/09/2006-16/10/2007: Management Review Rep. MS ISO 9001:2000 of Port Dickson Hospital
- 50. 24/07/2006-16/10/2007: Committee Member: Information Technology of Port Dickson Hospital
- 51. 13/09/2006-16/10/2007: Committee Member: Food and Cafeteria of Port Dickson Hospital
- 52. 12/06/2006–16/10/2007: Committee Member: Safety Officer for Dietetics and Food Service Unit of Port Dickson Hospital
- 53. 12/06/2006–16/10/2007: Committee Member: QAP Meeting of Port Dickson Hospital
- 54. 08/06/2006-16/10/2007: Committee Member: Validation Meeting of Port Dickson Hospital
- 55. 03/06/2006-16/10/2007: Committee Member: Internal Auditor Meeting of Port Dickson Hospital
- 56. 12/06/2006-16/10/2007: Supervisor: Cafeteria of Port Dickson Hospital
- 57. 05/6/2006-16/10/2007: Head of Department Dietetics and Food Service, Port Dickson Hospital
- 58. 04/12/06-07/12/06: Committee Member: Standard Leaflets Development for MoH's Dietitians
- 59. 13/11/06–16/11/06: Committee Member: Proposal, paperwork and as a presenter for computerized system: Patient Management System (SPP) in Ministry of Health (by Medical Development Division)

Private & Confidential page 9 of 10

## **Expert/ Technical Contributions**

- 60. 2006: Committee Member: Quotations' Opener of Teluk Intan Hospital
- 61. 2005-2006: Committee Member: Bulletin of Teluk Intan Hospital
- 62. 2005-2006: Committee Member: CPD Committee of Teluk Intan Hospital
- 63. 28/10/2005: Teluk Intan Hospital's Judge for CME Competition
- 64. 27-28/04/2005, 22-23/11/2005: Teluk Intan Hospital's Facilitator for New Appointment's Orientation
- 65. 2005: Committee Member: MS ISO 9001:2000 Certification (1st cycle) for 2 years in Teluk Intan Hospital
- 66. 2005: Committee Member: Baby Friendly Certification (3rd cycle) for 2 years in Teluk Intan Hospital
- 67. 2005: Coach and Trainer for SPSS (Statistical Program for Social Science) for Dietitians from Hospital Ipoh (working on Institute of Public Health's survey) beginner and basic user
- 68. 2005: Committee Member: CPD Committee of Teluk Intan Hospital
- 69. 2005: Internal Auditor: Teluk Intan Hospital's Occupational Safety and Health
- 70. Jan Jun 2005: Teluk Intan Hospital's Stock Verification Auditor
- 71. 2005 2006: Committee Member: Lactation Committee of Teluk Intan Hospital
- 72. 2005 2006: Internal Auditor: ISO 9001:2000 of Teluk Intan Hospital
- 73. 2005 2006: Fasilitator: Effective Communication Course of Teluk Intan Hospital
- 74. 2005 2006: Committee Member: Lactation Committee of Teluk Intan Hospital
- 75. October 2004: Panel Penilaian dan Temuduga PTK Bagi Anggota Sokongan II JKN Perak
- 76. 12–13/10/2004: Committee Member: Kursus Pengendalian Makanan Tahap Permulaan Negeri Perak
- 77. 16.06.2004-04.06.2006: Head of Department Dietetics and Food Service, Teluk Intan Hospital

## **Professional Affiliations**

Malaysian Dietitians' Association (MDA): ordinary member
PENSMA (The Parenteral & Enteral Nutrition Society of Malaysia): life member
National Diabetes Institute (NADI) of Malaysia: ordinary member
Design Thinking Association Malaysia: ordinary member no. 20180000360
PUSPANITA: 37-N341

### **Special Award**

Diabetes Services Model for Dietary for Health Clinic in MoH. 2012

## **Supervisions: Students Attachment**

- 2005: Supervisor for Catering internship to Nutrition/ Catering students from KUSTEM (2 students), UPM (2 students) and Pasir Gudang Polytechnic (2 students)
- 2. 31/12/07-07/03/08: Clinical Dietetic Internship to students from UKM
- 3. 2008: Supervisor for High Protein Diet research among Oncology patients by UKM's internship students
- 4. 2009: Clinical Dietetic internship to Dietetics students from UKM (02/01/09 13/03/09) 3 students, UPM (30/03/09–30/04/09): 3 students
- September 2013–February 2014: Clinical Dietetic Internship Supervisor for UITM's Undergraduate Students
- 6. January 2019-December 2020: Clinical Preceptor UiTM

Private & Confidential page 10 of 10