

# **CURRICULUM VITAE**

## **1. PERSONAL INFORMATION**

Name : DR NUR AIZA BINTI HJ ZAKARIA

Present Post : Medical Officer of Health, Pekan Health District

Qualification : 1991 1. Medical Degree,  
National University of Malaysia (UKM)  
2000 2. Masters of Public Health,  
National University of Malaysia (UKM)  
2003 3. Certificate in Medical Impairment Assessor  
(CMIA), NIOSH, Malaysia

Specialization : Occupational Health

## **2. INVOLVEMENT IN SPECIAL COMMITTEE:**

1. Coordinator and secretariat : **Flood Preparedness Plan** for Kuantan District Health Office (from 2000-2010) .
2. Secretariat : Disaster/flood Preparedness Plan for Pahang State Health Office (from 2010 until now).
3. District Technical committee in **National Tuberculosis Survey** (Kuantan) from 2002-2003
4. Pahang State Liaison Officer for the **3<sup>rd</sup> National Health Morbidity Survey 2006**
5. Coordinator for Pahang State write up based on the **3<sup>rd</sup> National Health Morbidity Survey 2006**
6. Pahang State Liaison Officer for the **National Health Morbidity Survey 2011**
7. District Technical committee in managing **Food Poisoning Outbreaks, Rubella Outbreaks, Hand Food and Mouth Outbreaks, Dengue Outbreaks** as a District Epidemiological Health Officer Kuantan District from 2001 till 2006, then from 2007 till 2010.
8. District Technical committee during the **Management Of Pandemic Influenza H1N1** in Kuantan District 2009
9. State Technical committee in the management of Health Issues pertaining **Gold Mining activities in Kg Bkt Koman**, Raub, Pahang since 2009.
10. State Technical committee in the management Health issues in **Malaysian Newsprint Industries (MNI)** in Mentakab, Pahang in 2012.
11. State Technical committee in the management Health issues on **LYNAS industry** in Kuantan since 2011
12. Secretariat : Disaster Plan Management in Pahang on Sonamu Tropical Typhoon 2013.

## **3. MENTORING AND. TRAINING**

## MENTORING:

1. Supervisor to Public Health Medicine Specialists
2. Supervisor to Public Health Inspector trainees from Pusat Latihan Amali
3. Supervisor to Occupational Health Doctor (OHD) trainee from NIOSH, Bangi
4. Supervisor to Safety Health Officer (SHO) trainee from NIOSH, Bangi
5. Supervisor at district level on public health issues to undergraduate medical students from International Islamic University of Malaysia Kuantan from 2007-2010

## TRAINING:

1. Carried out Courses : *Up-Date On Notification Of WEHU , Sharps Injury Surveillance and Post Exposure Prophylaxis (PEP)* - Pahang state level, 3 sessions from year 2010, 2011 and 2012. 340 participants trained and attended by Family Medicine Specialists, Medical Officers and paramedics. (as speaker and organiser)
2. Carried out Courses on *Introduction To Ergonomics* – State level, 2 sessions held in 2012. 100 participants trained and attended by all categories from Hospital and District Health Office  
(as speaker, fasilitator and organiser)
3. Organized *Joint Johor-Pahang Occupational Health Conference* and *East Coast Occupational Health Seminar* in 2011 and 2012 joint with Johor, Kelantan and Terengganu State. 250 participants attended in each seminars. (as speaker and organiser)
4. Organized twice *East Coast Environmental Health Seminars* in 2011 and 2012, joint with Kelantan and Terengganu State. 550 participants attended in both seminars. (as speaker and organiser )
5. Organized *Intervention Obesity Program* for the Fire and Rescue Department Pahang State level, 3 sessions involving 50 participants since 2011. (as speaker, fasilitator and organiser)
6. Organized Seminar : “*Berhijrahlah Kita Demi Kesejahteraan Dan Keselamatan Kerja*”, in 2012. 100 participants attended from Pahang State Health Department. (as organiser)
7. Organized 3 sessions of courses : *MOH Health Facility Audit on Safety and Health* state level in 2010. 120 participants trained. (as speaker, fasilitator and organiser)
8. Organized 2 sessions of courses: *Healthy Workplace For Healthy Workforce* state level in 2011, 80 participants trained. (as speaker, fasilitator and organiser)
9. Organized 4 sessions of seminars : *AIDS and STI Seminar among High Risk Group*. Kuantan District level in 2002, 2003, 2008 and 2009, 150 participants attended in each seminar. (as speaker, fasilitator and organiser)

10. Organized CDD/ARI courses Kuantan district level in 2002, 2003 and 2006. 90 participants trained. (as speaker, fasilitator and organiser)

#### **4. RESEARCH / PUBLISHED / TECHNICAL WRITING /GUIDEBOOK/GUIDELINES**

1. **Co Author.** Audit of New Long-stay Patients in Permai Mental Hospital, Johor. **Medical Journal Malaysia Vol. 52 No 2 June 1997.**
2. **Principal Author.** Injury And Reduction Practice Pahang State Report 2009 based on National Health Morbidity Survey III, **2006**
3. **Member.** Pahang Influenza Pandemic Preparedness Plan (2008)
4. **Member.** Influenza A (H1N1) Pandemic : Pahang Experience Pahang State Health Department Technical Report 2010.
5. **Member.** Guidelines For Hepatitis B Immunization Among Staffs in MOH (2nd edition 2011)

#### **5. PAPER/ POSTER PRESENTATION**

- i. Audit of New Long-stay Patients in Permai Mental Hospital, Johor (Oral) – **5<sup>th</sup> Malaysian Conference on Psychological Medicine, 8<sup>th</sup> March 1996, Johor Bahru**
- ii. Kuantan as Healthy City (Poster) – **1<sup>st</sup> National Healthy Setting Conference, October 2002, Kedah**
- iii. Injury And Reduction Practice In Pahang- **National Health Morbidity Survey III Conference 2008, Seremban**
- iv. Guidelines on screening of TB among HCW – **East Coast Occupational Health Conference 2012, Kuantan**
- v. Hidden In Environment: Managing Melioidosis Outbreak In Maran – **East Coast Environmental Health Conference 2012, Kota Bahru.**

#### **6. RECOGNITION AND CONTRIBUTION AND TECHNICAL COOPERATION FROM OTHER AGENCIES BESIDES MOH**

1. Elected as Committee Member of Sentosa Zone Johore Bahru from Johore Bahru Town Council 1998
2. State Committee for National Level PROSTAR Convention 2003
3. State committee for National TB Prevalence 2002-2004 Project, WHO
4. Certified Medical Impairment Assessor for SOCSO Occupational Related Disease Medical Board 2007 by NIOSH

#### **7. RECOGNITION FROM GOVERNMENT / MINISTRY AND OTHER PROFESSIONAL BODIES**

1. Elected as State committee for the National Awareness Campaign on Prevention of Needle Stick Injury among Health Care Worker, 2004

2. Elected as State Facilitator and Judge: stage play contest in National Awareness Campaign on Prevention of Needle Stick Injury among Health Care Worker, 2004
3. *Anugerah Perkhidmatan Cemerlang*: Tahun 2006
4. Elected as consultant in the Pandemic Influenza Simulation for Malaysia Airport Holdings Berhad (MAHB) Kuantan District level in 2006

## **8. TAHAP KONSULTASI DAN KEPUASAN PELANGGAN MENERIMA PERKHIDMATAN SEBAGAI SEORANG PAKAR**

1. Certified Occupational Health Doctor by Department Of Safety and Health Malaysia since 2001
2. **Honorary Lecturer:** Kuliyah Of Medicine International Islamic University: Role of Kuantan Health Department in Kuantan Port from 2006 till 2010
3. **Honorary Lecturer:** Kuliyah Of Medicine International Islamic University: Epidemiology Of Non Communicable Diseases in Malaysia 2008 to 2010
4. **Honorary Lecturer:** Kuliyah Of Medicine International Islamic University: Occupational Health in Malaysia from 2006 till 2011
5. **Board Member:** Special Medical Board for Occupational Related Diseases with SOCSO since 2009
6. **Board Member:** Ex-Gratia for Pahang State since 2012

## **9 MEMBER OF PROFESSIONAL BODIES**

- i. Malaysian Medical Islamic Association – Member since 1993
- ii. National Specialist Registry Academy Of Medicine-Member since 2010
- iii. Public Health Physician Association- Life Member
- iv. Malaysian Society For Environmental Epidemiology (MySEE) member since 2012

## **10. OTHER ACTIVITIES**

- i. Penyelaras Klinik Warga PKD Kuantan 2002-2010
- ii. Salah seorang ahli yang terlibat dalam penyediaan “SSR 2012 JKN Pahang-Star Rating” bagi seksyen Pengurusan Bencana
- iii. Penyelaras Bersama Program Biggest Loser JKN Pahang 2012-2013
- iv. Penyelaras bersama dalam Program Obesiti Bomba Pahang 2011-2013
- v. Penyelaras Klinik Warga Kerja JKNP