



Log Book for 2016

Name : VERONICA LUGAH
HCP Category : Pegawai Perubatan
Grade : U54
IC No : 721229135000
Organisation : Pejabat Kesihatan Bahagian Miri
Supervisor : Supervisor Not Available

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A1	Congress/Conference (Local/ international)	20	20	20		
	Topic					
	8TH NATIONAL PUBLIC HEALTH CONFERENCE		20		02/08/2016 2:00PM	04/08/2016 1:00PM
A2	Scientific Meetings of Chapters of Academy/ Universities/ Colleges/Association/Institutions/ Ministry of Health & others	20	10	10		
	Topic					
	URBAN THINKERS CAMPUS		10		24/01/2016 6:00PM	27/01/2016 12:00PM
A3	Workshops/ Courses/ Fellowships/ attachment etc. (Include hands-on & skills courses)	30	40	30		
	Topic					
	KURSUS TTRAINING OF TRAINERS PENGURUSAN KUTIPAN HASIL		15		18/10/2016 2:00PM	20/10/2016 12:00PM
	PENYEDIAAN PELAN STRATEGIK MENANGANI MASALAH KESIHATAN IBU DAN ANAK WARGA ASING DI SABAH		15		02/02/2016 1:00PM	04/02/2016 1:00PM
	KURSUS PENGURUSAN TATATERTIB		10		16/08/2016 8:00AM	17/08/2016 5:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A4	CME sessions/ other professional activities e.g. Topic seminar, Forum, Lectures, Journal Club, Formal Ward rounds (teaching rounds), Clinic attendance, Hospital clinical meeting, Video show, Video conferencing, Reflective Notes, Morbidity and mortality re	20	10	10		
	Topic					
	MESYUARAT TEKNIKAL KESIHATAN AWAM BERSAMA KETUA SEKSYEN DAN PEGAWAI KESIHATAN BAHAGIAN BIL 3/2016		1		16/11/2016 2:00PM	18/11/2016 12:00PM
	MESYUARAT TEKNIKAL PENCAPAIAN SETENGAH TAHUN UPKK PKB MIRI 2016		1		08/08/2016 8:00AM	09/08/2016 5:00PM
	MESYUARAT PENYELESAIAN PERAKAUNAN KKM		1		05/09/2016 8:00AM	05/09/2016 5:00PM
	MESYUARAT TEKNIKAL PENCAPAIAN BAGI SEKSYEN PKK DAN PRIMER PKB MIRI (JAN - SEPT 2016)		1		24/10/2016 8:00AM	25/10/2016 5:00PM
	MESYUARAT SEMAKAN LAPORAN KEMATIAN IBU DAN KANAK-KANAK BWH 5 TAHUN BIL 2/2016		1		01/08/2016 9:00AM	01/08/2016 5:00PM
	UPDATE ON MENTAL HEALTH IN PRIMARY CARE FOR MEDICAL OFFICERS		1		24/09/2016 8:00AM	24/09/2016 5:00PM
	CME DM UPDATE IN PRIMARY CARE		1		30/07/2016 8:00AM	30/07/2016 5:00PM
	CME RESPIRATORY UPDATE IN PRIMARY CARE		1		23/04/2016 8:00AM	23/04/2016 5:00PM
	MESYUARAT PEMBENTANGAN PENYIASATAN KEMATIAN KANAK-KANAK BWH 5 TAHUN 8/2016		1		30/09/2016 2:30PM	30/09/2016 5:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	MESYUARAT JAWATANKUASA PENGURUSAN KEWANGAN DAN AKAUN BIL 4/2016 PKB MIRI		1		10/11/2016 8:30AM	10/11/2016 12:30PM
A5	Presentation at Accredited meeting	20	15	15		
	Topic					
	MESYUARAT JAWATANKUASA TEKNIKAL KEMATIAN IBU BIL 6/2016		5		15/07/2016 2:30PM	15/07/2016 5:00PM
	PROGRAM NUR SEJAHTERA		5		23/10/2016 8:30AM	23/10/2016 12:00PM
	PELAKSANAN AKTA KAWALAN PENYAKIT BERJANGKIT 1988, PERKONGSIAN PENGALAMAN		5		20/04/2016 10:00AM	20/04/2016 11:30AM
A6	Publication of articles in journal/chapters in book/reports	30	0	0		
	Topic					
			0			
A7	Self Study / Group Study / Distance Learning	20	0	0		
	Topic					
			0			
A8	CME Online	20	0	0		
	Topic					
			0			
A9	Post-basic courses	30	0	0		
	Topic					
			0			
A10	Education	50	0	0		
	Topic					
			0			
A11	Involvement as committee or project member	20	15	15		
	Topic					
	JAWATANKUASA KESELAMATAN DAN KESIHATAN PEKERJAAN (JKKP) PKB MIRI		5		01/01/2016 8:00AM	01/01/2016 5:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	INOVASI SENARAI SEMAK KLINIKAL KANAK-KANAK KZM UNTUK PAKAR PERUBATAN KELUARGA DAN PEGAWAI PERUBATAN		5			
	ONE STOP TEENAGE PREGNANCY COMMITTEE		5		04/01/2016 8:00AM	30/12/2016 5:00PM
B1	Edition	10	0	0		
	Topic					
			0			
B2	Other supporting activities related to personal development and self-improvement	10	18	10		
	Topic					
	MAJLIS SAMBUTAN HARI TIBI SEDUNIA PERINGKAT KEBANGSAAN		5		24/03/2016 8:00AM	24/03/2016 12:30PM
	PROGRAM KEMBARA RIANG RIA PEMAKANAN DI SEKOLAH RENDAH PERINGKAT NEGERI SARAWAK		3		10/03/2016 8:00AM	10/03/2016 5:00PM
	ASIA-PACIFIC INTERNATIONAL UNIVERSITY BOARD OF DIRECTORS 2016-2019		10		20/05/2016 8:00AM	21/05/2016 5:00PM

CPD Credit Points Equivalent (cumulative)

Total Cumulative Points : 128 Total Actual Points : 110

TK 3 - TK 6

51 dan ke atas serta mendapat sekurang-kurangnya 10 mata kredit di kategori A5,A6,A11,B1 atau B2(atau kombinasi)

40

Disahkan Oleh (Supervisor):

(.....)

Cop Rasmi :

Log Book 2016 pegawai telah
disemak dan diverifikasi oleh :-

NIRKAMALAWATI BT. RAMBLI
Pembantu Tadbir (P/O) N22
Pejabat Kesihatan Bahagian Miri

09/01/2017