

myCPD² LOGBOOK

Kementerian Kesihatan Malaysia (MOH)
Ibu Pejabat KKM, Bahagian Perkembangan Perubatan,
Blok E1, Parcel E, Pusat Pentadbiran Kerajaan Persekutuan,
62590 Putrajaya



FULL NAME: 👤 MOHD HELMI BIN HASHIM	IDENTITY NO.: 📞 861020025155	GRADE OF POST: 📄 U44
SUPERVISOR: 👤 NABILAH BINTI ABDUL RAHMAN	EMAIL: ✉ helmi8686@yahoo.com	HCP: 👤 PHYSIOTHERAPIST
ORGANISATION/DEPARTMENT: 🏥 HOSPITAL SULTANAH BAHIAH		YEAR: 📅 2019

Category	Description	Start Date	End Date	Max Point	Cumulative	Actual
A1	ATTENDED CONGRESS / CONFERENCE IN RELATED FIELD / CORE BUSINESS (LOCAL / INTERNATIONAL)					
UNLISTED	5TH MOH CONFERENCE	30 Sep 2019 08:00	02 Oct 2019 17:00	20	20	20
Sub-Total					20	20
A2	ATTENDED SCIENTIFIC MEETINGS OF CHAPTERS OF ACADEMY / UNIVERSITIES / COLLEGES / ASSOCIATION / INSTITUTIONS / MINISTRY OF HEALTH & OTHER RELATED AGENCIES					
A3	ATTENDED WORKSHOPS / COURSES / FELLOWSHIPS / ATTACHMENT ETC. (INCLUDE HANDS - ON & SKILLS COURSES)					
UNLISTED	BENGKEL WHO PROGRAM BUDGET	22 Jan 2019 09:00	22 Jan 2019 17:00	30	6	6
UNLISTED	TOT HOSPITAL MESRA IBADAH	21 Feb 2019 08:00	21 Feb 2019 17:00	30	6	6
UNLISTED	BENGKEL WORKLOAD INDICATOR FOR STUFFING NEEDS	25 Mar 2019 08:00	26 Mar 2019 17:00	30	10	10
UNLISTED	KURSUS DALAM PERKHIDMATAN: AN UPDATE IN PHYSIOTHERAPY MANAGEMENT IN PEDIATRIC	04 Apr 2019 08:00	04 Apr 2019 17:00	30	6	6
UNLISTED	KURSUS PENGURUSAN JENAZAH BIL1/2019	09 Apr 2019 08:00	09 Apr 2019 17:00	30	6	2
UNLISTED	KURSUS AN UPDATE IN NEUROLOGICAL APPROACH IN PHYSIOTHERAPY	17 Oct 2019 08:00	18 Oct 2019 17:00	30	6	0
UNLISTED	MANAGEMENT OF DIABETIC FOOT ULCER: REHABILITATION APPROACH TO OFFLOADING TECHNIQUE	28 Oct 2019 08:00	28 Oct 2019 17:00	30	6	0
Sub-Total					46	30
A4	ATTENDED CME SESSIONS / OTHER PROFESSIONAL ACTIVITIES					
UNLISTED	CME PAIN FREE HOSPITAL	04 Jan 2019 15:00	14 Sep 2019 16:00	20	1	1
UNLISTED	BICARA MUFTI BERSAMA MUFTI WILAYAH	24 Jan 2019 15:00	24 Jan 2019 16:00	20	1	1
UNLISTED	INDUSTRIAL TALK - MALAYSIAN PALM OIL	16 Mar 2019 09:00	16 Mar 2019 12:00	20	2	2
UNLISTED	CERAMAH KELUARGA SAKINAH OLEH USTAZ EBIT LIEW	18 Mar 2019 14:00	18 Mar 2019 16:00	20	1	1
UNLISTED	KESELAMATAN KEBAKARAN	22 May 2019 14:30	22 May 2019 16:30	20	1	1
UNLISTED	CME HOSPITAL - JABATAN REHABILITASI	27 Jun 2019 08:00	27 Jun 2019 09:00	20	1	1
UNLISTED	PERHIMPUNAN BULANAN	04 Jul 2019 08:00	04 Jul 2019 09:00	20	1	1
UNLISTED	CME JABATAN REHABILITASI - PEKA B40	04 Jul 2019 14:30	04 Jul 2019 15:30	20	1	1
UNLISTED	PAIN FREE HOSPITAL	22 Aug 2019 14:30	22 Aug 2019 15:30	20	1	1
Sub-Total					10	10
A5	PRESENTATION AT OFFICIAL MEETINGS / FUNCTIONS					

Category	Description	Start Date	End Date	Max Point	Cumulative	Actual
UNLISTED	PENGUMPULAN STATISTIK DAN RETEN BAGI PROFESION FISIOTERAPI	16 Apr 2019 09:00	16 Apr 2019 10:00	20	5	5
UNLISTED	PENGUMPULAN STATISTIK UNIT FISIOTERAPI	26 Jun 2019 14:30	26 Jun 2019 16:30	20	5	5
UNLISTED	SENAMAN TAPI SAKIT	19 Oct 2019 09:30	19 Oct 2019 10:30	20	5	5
Sub-Total					15	15
A6	PUBLICATION OF ARTICLES IN JOURNAL / CHAPTERS IN BOOK / REPORTS					
UNLISTED	CPG MANAGEMENT OF HEMOPHILIA			30	10	10
Sub-Total					10	10
A7	SELF STUDY / GROUP STUDY / CASE STUDY / DISTANCE LEARNING E.G. READING SCIENTIFIC PAPERS FROM INDEXED JOURNALS, AUDIO - VISUAL, ORGANIZED GROUP DISCUSSION					
A8	CONTINUOUS MEDICAL EDUCATION ONLINE					
A9	ATTENDED POST - BASIC COURSES / FURTHER TRAINING					
A10	BASIC DEGREE / MASTERS DEGREE / POSTGRADUATE DIPLOMA / PHD / DRPH / SUBSPECIALITY TRAINING					
A11	INVOLVEMENT AS COMMITTEE OR PROJECT MEMBER					
UNLISTED	MESYUARAT JAWATANKUASA TEKNIKAL FISIOTERAPI BIL1/2019	27 Feb 2019 08:00	28 Feb 2019 17:00	20	5	5
UNLISTED	PELANCARAN CPG HEMOPHILIA	04 May 2019 14:00	04 May 2019 17:00	20	5	5
UNLISTED	5TH MOH CONFERENCE	30 Sep 2019 08:00	02 Oct 2019 17:00	20	5	5
Sub-Total					15	15
B1	PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS ETC.					
B2	OTHER SUPPORTING ACTIVITIES RELATED TO PERSONAL DEVELOPMENT AND SELF IMPROVEMENT					
UNLISTED	PENGARAH PROGRAM PERHIMPUNAN BULANAN PERINGKAT JABATAN KESIHATAN NEGERI SELANGOR	25 Jan 2019 09:00	25 Jan 2019 12:00	10	3	3
UNLISTED	PETUGAS PARAMEDIK DAN FISIOTERAPI SEMPENA KARNIVAL KECERGASAN SUKAN KKM 2019	30 Jul 2019 08:00	03 Aug 2019 18:00	10	5	5
Sub-Total					8	8
B3	ATTENDED ANNUAL GENERAL MEETING OF SOCIETIES / ASSOCIATION / NGO REGISTERED WITH REGISTRAR OF SOCIETY (ROS)					
UNLISTED	BADAN KEBAJIKAN ISLAM HOSPITAL ALOR SETAR (BAKIS)	12 Aug 2019 14:00	12 Aug 2019 16:30	5	1	1
Sub-Total					1	1
Grand-Total					125	109
CPD Credit Points Equivalent (cumulative) Total Cumulative Points: 125 Total Actual Points: 109						

REMARKS:	VERIFIED BY (SUPERVISOR):	OFFICIAL STAMP:
	DATE:	

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