

Name : Dr Arulalan Tan Sri Kumaran

NRIC : 710723085981

Sex : Male

Date of birth : 23 July 1971

Address : 89, Jalan BU 11/9,
Bandar Utama,
Damansara,
47800 Petaling Jaya

Tel : 012-3354477

Marital status : Married

Academic Qualification:

Degree : Bachelor of Medicine and Bachelor of Surgery

University : Bangalore University

Degree : Fellowship in Addiction Medicine

University : University of Malaya

Professional body membership:

1. Malaysian Medical Council
2. Karnataka Medical Council

Employment Details:

1. Hospital Universiti Kebangsaan Malaysia

- May 2005 – June 2006
- Served in the Departments of Internal Medicine, Obstetrics & Gynecology and Surgery

2. Hospital Selayang

- June 2006 – May 2007
- Served as Medical Officer in the Department of Pediatrics and Emergency Medicine

3. Hospital Sungai Buloh

- May 2007 till date
- Serving as Medical Officer in the Department of Psychiatry

Activities

1. Editor, The Journal 2013 Hospital Sungai Buloh
2. Member, Malaysian Psychiatric Association
3. Member, Malaysian Medical Association
4. Volunteer, Insaf Murni (Needle Syringe Exchange Program)
5. Member, Malaysian Indian Congress (Political)

Training Attended

1. Excellent Work Culture – University Sains Malaysia
2. Good Clinical Practice (GCP) 2011
3. Clinical Investigator Training 2012 – CRC, Ministry of Health
4. Train The Trainer – HRDF, Ministry of Human Resources

Research

1. Co-investigator in The Outcomes of Methadone Maintenance Therapy versus Buprenorphine – Naloxone combination therapy among opiate dependents receiving antiretroviral treatment in University Malaya & Hospital Sungai Buloh. Twelve months, open labeled, randomized control trial.

Dr Arulalan Tan Sri Kumaran is a medical practitioner, registered with Malaysian Medical Council. He received his Bachelor of Medicine and Bachelor of Surgery degree from Bangalore University, India. He was awarded the Fellowship in Addiction Medicine by University Malaya Center for Addiction Sciences, Malaysia.

His scope of work is vast ranging from regular psychiatry cases, managing aggressive patients, suicidal patients, to visits to Sungai Buloh Prison to assess and treat death row prisoners.

Dr Arulalan has been featured in The Star for his work on rehabilitation of drug dependents. He was invited by National Television (RTM2) to speak on “Suicide Rates Among Women”. Astro invited Dr Arulalan to appear on a LIVE TELECAST program to speak on “Alcohol and its Detrimental Effects”.

He is currently involved in drug research titled “Treatment outcomes in Opiate dependents comparing Buprenorphine and Methadone in patient receiving HAART”. Dr Arulalan was a part of the Psychological and Mental Health Team, Crisis Preparedness and Response Center, Ministry of Health Malaysia during the MH370 crisis.