

Log Book for 2014

Name : NIK AIDA NIK ADIB
HCP Category : Pegawai Perubatan
Grade : UD44
IC No : 820924036286
Organisation : Pejabat Kesihatan Daerah Tumpat
Supervisor : WAN NAZARIAH BINTI WAN HASSAN

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A1	Congress/Conference (Local/ international)	20	0	0		
	Topic					
			0			
A2	Scientific Meetings of Chapters of Academy/ Universities/ Colleges/Association/Institutions/ Ministry of Health & others	20	78	20		
	Topic					
	PERINATAL MORTALITY		2		16/01/2014 8:30AM	16/01/2014 1:00PM
	MEETING PANEL PENASIHAT KKWB		1		15/01/2014 11:00AM	15/01/2014 1:00PM
	MEETING MYSIHAT		2		15/01/2014 2:30PM	15/01/2014 5:00PM
	MEETING KEWANGAN KKWB		1		14/01/2014 2:30PM	14/01/2014 5:00PM
	MFHR		3		20/02/2014 8:30AM	20/02/2014 3:30PM
	PERINATAL MORTALITY		3		20/02/2014 8:30AM	20/02/2014 3:30PM
	FMHR		2		24/03/2014 2:30PM	24/03/2014 5:00PM
	MEETING KETUA UNIT		2		02/04/2014 2:30PM	02/04/2014 5:00PM
	MEETING OBSTETRIC DRILL		2		31/03/2014 2:30PM	31/03/2014 5:00PM
	MEETING MENTEE FMS		1		03/04/2014 2:00PM	03/04/2014 3:30PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	PERHIMPUNAN KLINIK		1		07/04/2014 2:30PM	07/04/2014 5:00PM
	MEETING PERSIAPAN OBSTETRIC DRILL		2		13/04/2014 2:30PM	13/04/2014 5:00PM
	METING PERSIAPAN OBSTETRIC DRILL		2		14/04/2014 2:30PM	14/04/2014 5:00PM
	MEETING KETUA UNIT KK PKD TUMPAT		2		20/05/2014 2:30PM	20/05/2014 5:00PM
	MESY UNIT MCH DAN OPD KKWB		2		04/06/2014 2:30PM	04/06/2014 5:30PM
	FMHR MEI		3		19/06/2014 8:30AM	19/06/2014 3:30PM
	MESYUARAT PERKEMBANGAN PEMBANGUNAN KESIHATAN AWAM		2		10/07/2014 9:00AM	10/07/2014 11:00AM
	MESYUARAT GROOMING MENTOR MENTEE		1		08/07/2014 2:30PM	08/07/2014 5:00PM
	PERBINCANGAN KHC		1		14/09/2014 2:30PM	14/09/2014 5:00PM
	MESYUARAT WARGA SIHAT WARGA AKTIF JKNK		1		17/09/2014 2:30PM	17/09/2014 5:00PM
	WARGA SIHAT WARGA AKTIF JKNK		1		29/09/2014 2:30PM	29/09/2014 4:00PM
	TAKLIMAT WARGA SIHAT WARGA PROAKTIF JKNK		1		28/09/2014 2:30PM	28/09/2014 5:00PM
	MESYUARAT LARIAN AMAL DEMENTIA		2		30/09/2014 2:30PM	30/09/2014 4:30PM
	MESYUARAT KELANTAN HEALTH CONFERENCE		2		09/10/2014 10:30AM	09/10/2014 1:00PM
	MESYUARAT PERSATUAN PAKAR KESIHATAN AWAM		2		06/11/2014 2:00PM	06/11/2014 4:00PM
	MESYUARAT KOORDINASI DM NEGERI KELANTAN		3		24/11/2014 8:30AM	24/11/2014 1:00PM
	MESYUARAT TEKNIKAL NEGERI KELANTAN		6		24/10/2014 8:00AM	25/10/2014 5:00PM
	MESYUARAT PELAN TINDAKAN KESIHATAN AWAM		10		01/12/2014 8:00AM	03/12/2014 5:00PM
	PEMBENTANGAN TEKNIKAL PENYAKIT BERJANGKIT		3		10/12/2014 8:00AM	10/12/2014 5:00PM
	MESYUARAT DATA KANSER KKM DAN PUSAT INFORMATIK KEBANGSAAN		6		15/12/2014 9:00AM	16/12/2014 9:00AM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	MESYUARAT DATA KANSER KKM DAN PUSAT INFORMATIK KEBANGSAAN		6		15/12/2014 9:00AM	16/12/2014 9:00AM
A3	Workshops/ Courses/ Fellowships/ attachment etc. (include hands-on & skills courses)	30	135	30		
	Topic					
	KURSUS IMPLANON		4		06/03/2014 12:00PM	06/03/2014 2:30PM
	RESEARCH METHODOLOGY TAKLIMAT		6		26/03/2014 8:00AM	26/03/2014 5:00PM
	EAST COAST FEEDING AND SWALLOWING COURSE		6		08/04/2014 8:00AM	08/04/2014 5:00PM
	OBSTETRIC DRILL		6		17/04/2014 8:00AM	17/04/2014 3:00PM
	HIV UPDATE		6		03/06/2014 8:00AM	03/06/2014 5:00PM
	FAMILY PLANNING		10		17/06/2014 8:30AM	18/06/2014 5:00PM
	PUBLIC HEALTH COLLOQUIUM		6		25/06/2014 8:00AM	25/06/2014 5:00PM
	BENGKEL PEMANTAUAN TASKA PERINGKAT KKM		10		09/09/2014 8:00AM	10/09/2014 5:00PM
	TAKLIMAT TALENT GROOMING PROGRAMME		4		15/09/2014 9:00AM	15/09/2014 1:00PM
	DIABETIC EDUCATOR		15		23/09/2014 8:00AM	26/09/2014 1:00PM
	BENGKEL OSCC PERINGKAT KEMENTERIAN		10		01/10/2014 8:30AM	02/10/2014 5:00PM
	SEMINAR KEGANASAN RUMAHTANGGA		10		19/10/2014 8:00AM	20/10/2014 4:30PM
	TAKLIMAT PERANAN PPKP DALAM KAWALAN TEMBAKAU DAN ALKOHOL		6		20/10/2014 8:00AM	20/10/2014 5:00PM
	LEADEERSHIP SKILL		6		05/11/2014 8:00AM	05/11/2014 5:00PM
	MANAGEMENT CHRONIC DISEASE IN PRIMARY CARE		6		06/11/2014 8:00AM	06/11/2014 1:00PM
	KURSUS ASAS EPIDEMIOLOGY		10		25/11/2014 8:30AM	27/11/2014 5:00PM
	KURSUS PEMANTAPAN TEMBAKAU		10		29/10/2014 8:00AM	31/10/2014 10:00PM
	KURSUS RE STRAFIKASI PROGRAM ELIMINASI MALARIA		4		09/12/2014 8:30AM	09/12/2014 2:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A4	CME sessions/ other professional activities e.g. Topic seminar, Forum, Lectures, Journal Club, Formal Ward rounds (teaching rounds), Clinic attendance, Hospital clinical meeting, Video show, Video conferencing, Reflective Notes, Morbidity and mortality re	20	13	13		
	Topic					
	PROLONG FEVER		1		21/01/2014 2:30PM	21/01/2014 5:00PM
	TAKLIMAT KLINIK RAKAN BAYI		1		06/03/2014 10:00AM	06/03/2014 12:00PM
	MEMBERI CERAMAH DENGGU DI SEKOLAH KEB KEBAKAT		1		02/04/2014 8:30AM	02/04/2014 9:30AM
	CME TB		1		07/04/2014 3:30PM	07/04/2014 4:30PM
	SYMBICORT		1		14/04/2014 1:00PM	14/04/2014 2:00PM
	TAKLIMAT SIMULASI		1		15/06/2014 2:30PM	15/06/2014 5:00PM
	AUDIT MATERNAL DEATH PERINGKAT PKD		1		03/07/2014 8:30AM	03/07/2014 10:30AM
	AUDIT PERINATAL MORTALITY		1		10/07/2014 11:00AM	10/07/2014 12:30PM
	INSULIN THERAPY IN DM		1		24/06/2014 2:30PM	24/06/2014 5:00PM
	MESYUARAT AUDIT ISO		1		09/07/2014 4:00PM	09/07/2014 5:00PM
	MATERNAL MORTALITY AUDIT		1		28/09/2014 2:30PM	28/09/2014 5:00PM
	TAKLIMAT EDUCATIONAL ENFORCEMENT WISBAR		1		14/10/2014 8:30AM	14/10/2014 1:00PM
	TAKLIMAT PERANAN PPKP KELANTAN DAN TERENGGANU		1		21/11/2014 8:00AM	21/11/2014 5:00PM
A5	Presentation at Accredited meeting	20	0	0		
	Topic					
			0			

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A6	Publication of articles in journal/chapters in book/reports	30	0	0		
	Topic					
			0			
A7	Self Study / Group Study / Distance Learning	20	0	0		
	Topic					
			0			
A8	CME Online	20	0	0		
	Topic					
			0			
A9	Post-basic courses	30	0	0		
	Topic					
			0			
A10	Education	50	0	0		
	Topic					
			0			
A11	Involvement as committee or project member	20	20	20		
	Topic					
	TAKLIMAT KIK		5		05/03/2014 8:30AM	05/03/2014 1:00PM
	MEETING PENUBUHAN AHLI KIK		5		31/03/2014 2:30PM	31/03/2014 5:00PM
	LAWATAN R & R UNTUK PENGIKTIRAFAN ZON BEBAS ASAP ROKOK DAN BULE RIBBON KEMPEN DI TANAH PUTEH R & R		5		15/10/2014 8:00AM	15/10/2014 5:00PM
	PROGRAM KECERGASAN MINDA ANJURAN NCD JKNK		5		19/11/2014 8:30AM	21/11/2014 10:00PM
B1	Edition	10	0	0		
	Topic					
			0			
B2	Other supporting activities related to personal development and self-improvement	10	22	10		
	Topic					
	HARI KESIHATAN WANITA		2		25/01/2014 8:30AM	25/01/2014 1:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	MEETING MYSIHAT		2		18/02/2014 2:30PM	18/02/2014 5:00PM
	MEETING PANEL		2		19/02/2014 2:30PM	19/02/2014 5:00PM
	MEETING PANEL		2		19/02/2014 2:30PM	19/02/2014 5:00PM
	MEMBERI CERAMAH UNTUK PROGRAM MYSIHAT		2		05/03/2014 2:30PM	05/03/2014 5:00PM
	MELAWAT TAPAK TEMPAT GOTONG ROYONG		2		25/03/2014 3:00PM	25/03/2014 5:00PM
	PROGRAM BEBAS DENGGI DAN GOTONG ROYONG		2		27/03/2014 8:30AM	27/03/2014 1:00PM
	PROGRAM 10 000 LANGKAH MYSIHAT		2		08/11/2014 8:00AM	08/11/2014 1:00PM
	MEMBER CERAMAH MINDA SIHAT		3		09/11/2014 11:00AM	09/11/2014 1:00PM
	LAWATAN GENERASIKU PENYAYANG DI JKN JOHOR		3		13/11/2014 9:00AM	13/11/2014 1:00PM

CPD Credit Points Equivalent (cumulative)

Total Cumulative Points : 268 Total Actual Points : 93

TK 3 - TK 6

51 dan ke atas serta mendapat sekurang-kurangnya 10 mata kredit di kategori A5,A6,A11,B1 atau B2(atau kombinasi)

30

Disahkan Oleh (Supervisor):

(.....)

Cop Rasmi :

Tarikh :