

Log Book for 2016

Name : IZAM SYUWARI ISHAK
HCP Category : Pegawai Sains(Fizik)
Grade : C41
IC No : 860913355819
Organisation : Hospital Pulau Pinang
Supervisor : MOHAMED ALI ABDUL KHADER

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A1	Attended Congress/Conference in related field/core business (Local/ international)	20	20	20		
	Topic					
	6TH NATIONAL NUCLEAR MEDICINE SEMINAR 2016		20		05/09/2016 9:00AM	07/09/2016 4:30PM
A2	Attended Scientific Meetings of Chapters of Academy/ Universities/ Colleges/Association/ Institutions/ Ministry of Health & other related agencies	20	0	0		
	Topic					
			0			
A3	Attended Workshops/ Courses/ Fellowships/ attachment etc. (include hands-on & skills courses)	30	37	30		
	Topic					
	BENGKEL PEMBENTUKAN CME ONLINE BAGI PROFESION SAINS KESIHATAN BERSEKUTU SIRI 2 - KUMPULAN KLINIKAL		15		18/04/2016 6:00AM	20/04/2016 6:00AM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	SEMINAR BERIMAN PADA HARI KIAMAT : KEMATIAN DAN ALAM BARZAKH		6		08/03/2016 8:00AM	08/03/2016 5:00PM
	TRAINING WORKSHOP ON RADIATION EMERGENCY PREPAREDNESS FOR MERT (MEDICAL EMERGENCY RESPONSE EAM)		6		26/07/2016 8:00AM	26/07/2016 4:30PM
	BENGKEL PEMURNIAN DERAJ PELAN TINDAKAN PERUBATAN UNTUK KECEMASAN RADIASI		10		04/10/2016 8:00AM	05/10/2016 12:00PM
A4	Attended CME sessions/other professional activities e.g. Topic seminar, Forum, Lectures, Journal Club, Formal Ward/Teaching rounds, Clinic attendance, Hospital clinical meeting, Video show, Video conferencing, Reflective Notes, Morbidity and mortality reviews, Epidemiological reviews	20	26	20		
	Topic					
	PARATHYROID SYNTIGRAPHY		1		08/01/2016 3:00PM	08/01/2016 4:00PM
	ETIKA PAKAIAN PENJAWAT AWAM		1		05/02/2016 3:00PM	05/02/2016 4:00PM
	PROCEDURE GUIDELINE FOR THE USE OF RADIOPHARMACEUTICAL		1		12/02/2016 3:00PM	12/02/2016 4:00PM
	RADIATION MONITORING : CME BY PHYSICIST		1		25/02/2016 11:30AM	25/02/2016 12:30PM
	RENAL IMAGING		1		26/02/2016 3:00PM	26/02/2016 4:00PM
	SEXUAL HARRASMENT		1		04/03/2016 3:00PM	04/03/2016 4:00PM
	PENGURUSAN BERAT BADAN		1		11/03/2016 3:00PM	11/03/2016 4:00PM
	SENYUM		1		18/03/2016 3:00PM	18/03/2016 4:00PM
	SEXUAL HARRASMENT II		1		25/03/2016 3:00PM	25/03/2016 4:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	RADIONUCLIDE PRODUCTION		1		01/04/2016 3:00PM	01/04/2016 4:00PM
	GA-68 GENERATOR, SAMARIUM -153		1		15/04/2016 3:00PM	15/04/2016 4:00PM
	PAIN MANAGEMENT		1		15/04/2016 3:00PM	15/04/2016 4:00PM
	ORGAN DONATION		1		06/05/2016 3:00PM	06/05/2016 4:00PM
	10 S		1		13/05/2016 3:00PM	13/05/2016 4:00PM
	KOMUNIKASI		1		20/05/2016 3:00PM	20/05/2016 4:00PM
	NUCLEAR DISASTERS		1		03/06/2016 3:00PM	03/06/2016 4:00PM
	OXYGEN DELIVERY DEVICES		1		17/06/2016 3:00PM	17/06/2016 4:00PM
	OBSTRUCTIVE SLEEP APNOEA		1		24/06/2016 3:00PM	24/06/2016 4:00PM
	POST MOTERM : TRAGEDI 20 APRIL		1		01/07/2016 3:00PM	01/07/2016 4:00PM
	GIGITAN SERANGGA DAN BINATANG BERBISA		1		22/07/2016 3:00PM	22/07/2016 4:00PM
	MEMORIES		1		05/08/2016 3:00PM	05/08/2016 4:00PM
	PANDANG KE TIMUR		1		12/08/2016 3:00PM	12/08/2016 4:00PM
	GAYA HIDUP SIHAT		1		19/08/2016 3:00PM	19/08/2016 4:00PM
	KOMUNIKASI		1		26/08/2016 3:00PM	26/08/2016 4:00PM
	TATACARA PERMOHONAN PEMASANGAN RADAS PENYINARAN		1		09/09/2016 3:00PM	09/09/2016 4:00PM
	CHOCOLATE FACTS		1		23/09/2016 3:00PM	23/09/2016 4:00PM
A5	Presentation at official meetings/functions	20	20	20		
	Topic					
	MAJLIS RASMI, PROTOKOL DAN ISTIADAT		5		10/06/2016 3:00PM	10/06/2016 4:00PM
	PENCERAMAH KURSUS PERLINDUNGAN SINARAN BIL 2/2016 JABATAN PERUBATAN NUKLEAR, HOSPITAL PULAU PINANG		5		21/07/2016 8:00AM	21/07/2016 4:30PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	COMPARISON OF ANALOG GM AND IONIZATION CHAMBER FOR MEASURING EXPOSURE RATE IN RADIOACTIVE IODINE-131		5		10/08/2016 2:30PM	10/08/2016 3:30PM
	RADIATION PROTECTION - PMC STUDENTS LECTURE		5		25/05/2016 9:00AM	25/05/2016 10:00AM
A6	Publication of articles in journal/ chapters in book /reports	30	0	0		
	Topic					
			0			
A7	Self-study/ Group study/ case study / Distance learning e.g. Reading scientific papers from indexed journals, Audio-visual, Organized group discussion under accredited co-coordinator	20	0	0		
	Topic					
			0			
A8	CME Online	20	0	0		
	Topic					
			0			
A9	Attended Post-basic courses / further training	30	0	0		
	Topic					
			0			
A10	Basic Degree / Masters Degree / Postgraduate Diploma / PhD / DrPH / Subspeciality training	50	0	0		
	Topic					
			0			
A11	Involvement as committee or project member	20	5	5		
	Topic					
	KLINIKAL AUDIT		5		26/09/2016 6:00AM	26/09/2016 3:30PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
B1	Edition	10	20	10		
	Topic					
	LAPORAN TAHUNAN JABATAN PERUBATAN NUKLEAR UNTUK HOSPITAL PULAU PINANG		10		01/01/2016 6:00AM	30/01/2016 3:00PM
	LAPORAN TAHUNAN PERUBATAN NUKLEAR HOSPITAL PULAU PINANG UNTUK LAPORAN PERUBATAN NUKLEAR KKM		10		01/01/2016 6:00AM	30/01/2016 3:30PM
B2	Other supporting activities related to personal development and self-improvement: Leadership, Management, IT, Organizing Committee/Secretariat, Innovation, Arts, music, Languages, Teamwork, Member of professional body, etc	10	20	10		
	Topic					
	INSTITUT FIZIK MALAYSIA (IFM) - MEMBER		5		01/01/2016 6:00AM	24/10/2016 3:30PM
	PERSATUAN PEGAWAI-PEGAWAI SAINS FIZIK KKM (PERFEKS) - MEMBER		5		01/10/2016 6:00AM	24/10/2016 3:30PM
	MALAYSIAN SOCIETY OF NUCLEAR MEDICINE AND MOLECULAR IMAGING (MSNMMI) - MEMBER		5		01/01/2016 6:00AM	25/10/2016 3:30PM
	PROGRAM JATI DIRI PEGAWAI SAINS (FIZIK) KKM		5		08/10/2016 6:00AM	09/10/2016 3:30PM
B3	Attended Annual General Meeting of Societies / Association / NGO registered with Registrar Of Society (ROS)	5	1	1		
	Topic					
	ANNUAL GRAND MEETING PERSATUAN PEGAWAI PEGAWAI SAINS FIZIK KKM		1		10/08/2016 1:00PM	10/08/2016 4:30PM

CPD Credit Points Equivalent (cumulative)

Total Cumulative Points : 149 Total Actual Points : 116

TK 1 - TK 2

51 dan ke atas serta mendapat sekurang-kurangnya 10 mata kredit di kategori A3,A4 atau A5(atau kombinasi)

70

Disahkan Oleh (Supervisor):

(.....)

Cop Rasmi :

Tarikh :