myCPD² LOGBOOK

Kementerian Kesihatan Malaysia (MOH) Ibu Pejabat KKM, Bahagian Perkembangan Perubatan, Blok E 1, Parcel E, Pusat Pentadbiran Kerajaan Persekutuan, 62590 Putrajaya



FULL NAME: PHUAR HSIAO LING	IDENTITY NO.: *** 811215105782	GRADE OF POST: I◯ UF54
SUPERVISOR: SUHAILAH BINTI ABU BAKAR	EMAIL: ☑ hlphuar@npra.gov.my	HCP: NEW_PHARMACIST
ORGANISATIONDEPARTMENT: Centre Of Regulatory Coordination & Strategic Planning	YEAR: 	

Category	Description	Start Date	End Date	Max Point	Cumulative	Actual
A1	CONGRESS / CONFERENCE (LOCAL / INTERNATIONAL)	Juit Date	u Date	I VIIII	- aiuiulive	, wual
UNLISTED	CRM TRIAL CONNECT 2023	11 May 2023 08:00	12 May 2023 17:00	20	14	14
		•		Sub-Total	14	14
A2	ANY SEMINAR / SYMPOSIUM THAT CONTAINS PRESENTATION / LECTURES ON SCIENTIFIC PAPERS THAT IS RELATED TO PROFESSION ARE CONSIDERED AS A SCIENTIFIC MEETING.					
UNLISTED	PHARMACY RESEARCH & DEVELOPMENT (R&D) VIRTUAL COLLOQUIUM NO. 1/2023	23 May 2023 09:00	24 May 2023 16:30	20	6 6	6
А3	CLINICAL ATTACHMENT (MTAC, METHADONE, STERILE PREPARATION, LABORATORY HANDS-ON TRAINING, ETC), WORK-REL	ATED TRAINING	E.G. QUALITY,	Sub-Total IT, MANAGEME		
UNLISTED	HANDS-ON AND SKILL COURSES) A STUDY TOUR IS RELATED TO PROFESSIONAL WORK WEBINAR OUTPATIENT PARENTERAL ANTIMICROBIAL THERAPY (OPAT): PHARMACISTS' EXPERIENCE & PERSPECTIVE	12 Jan 2023	12 Jan 2023	35	4	4
UNLISTED	KURSUS THE BLUE AND GREEN ECONOMY	09:00 15 Feb 2023	12:30 16 Feb 2023	35	10	10
UNLISTED	WORLD NTD DAY 2023: PREVENTION AND CONTROL OF SOIL TRANSMITTED HELMINTHIASIS AND PARASITIC ZOONOSES	08:45 23 Feb 2023	16:00 23 Feb 2023	35	4	4
UNLISTED	KURSUS PORTAL KOMUNIKASI & KOLABORATIF MYGOVUC 2.0 (GOOGLE SITES)	08:30 03 Mar 2023	12:30 03 Mar 2023	35	6	6
UNLISTED	WEBINAR 1: PREDIABETES: HOW HEALTHCARE PROVIDERS CAN TAKE ACTION	08:00 11 Mar 2023	17:00 11 Mar 2023	35	4	4
UNLISTED	TGP INSPIRATIONAL LEADERSHIP PODIUM 1/2023	09:45 16 Mar 2023	12:45 16 Mar 2023	35	4	3
UNLISTED	TEMPERATURE MAPPING AND MONITORING SYSTEM	08:00 16 Mar 2023	12:00 16 Mar 2023	35	4	0
UNLISTED	MOPI WEBINAR 1,2023: ELEVATING THE PHARMACEUTICAL INDUSTRY TO THE NEXT LEVEL THROUGH ESG	10:30 28 Mar 2023	13:00 28 Mar 2023	35	4	4
UNLISTED	INTERNATIONAL WORKSHOP ON HEALTHCARE EFFICIENCY AND PRODUCTIVITY ANALYSIS	09:00 11 Apr 2023	12:30 11 Apr 2023	35	4	0
		09:00 19 May 2023	12:30			
UNLISTED	THE IMPORTANCE OF MENTAL HEALTH IN AYURVEDA	10:00	19 May 2023 12:00	35	4	0
UNLISTED	KURSUS TRADE NEGOTIATION SKILLS: NON-TRADITIONAL FTA CHAPTERS	13 Jun 2023 08:30	15 Jun 2023 16:00	35	15	0
UNLISTED	THE LIFESTYLE LINK IN DIABETES MANAGEMENT	17 Jun 2023 15:00	17 Jun 2023 17:15	35	4	0
UNLISTED	KURSUS MUDAHNYA DESIGN CANVA	19 Jun 2023 08:30	20 Jun 2023 16:30	35	10	0
A4	WORK-RELATED ACTIVITIES, INCLUDING: TOPIC SEMINAR, FORUM, LECTURES, JOURNAL CLUB, FORMAL WARD ROUNDS (EX	TERNAL INSTIT	UTION TEACHI	Sub-Total NG ROUNDS), G	77 QUALITY, IT AND	35
UNLISTED	MANAGEMENT, CONTINUOUS EDUCATION (CE) PRESENTATION IN A MEETING, ADR/AEFI REPORTING WHAT'S NEW IN AF	12 Jan 2023	12 Jan 2023	30	1	1
UNLISTED	WEBINAR AN EVALUATION ON THE IMPACT AND EFFECTIVENESS OF SUGAR-SWEETENED BEVERAGES (SSB) TAXATION IN	11:30 08 Feb 2023	12:30 08 Feb 2023	30	1	1
UNLISTED	MALAYSIA WEBINAR: REGULATOR AND INDUSTRY VIEWS ON DRUG SHORTAGE PREVENTION	14:30 09 Feb 2023	16:00 09 Feb 2023	30	1	1
UNLISTED	WEBINAR ADAPTASI DIGITAL DALAM PENYAMPAIAN PERKHIDMATAN PENJAGAAN KESIHATAN	18:00 10 Feb 2023	19:30 10 Feb 2023	30	1	1
		15:00 14 Feb 2023	16:00 14 Feb 2023			1
UNLISTED	IMPACT HEART FAILURE LIKE NEVER BEFORE	10:30	11:30	30	1	
	FOR THE FUTURE: TOWARDS THE HEALTHIEST AND SAFEST REGION	15 Feb 2023 15:00	15 Feb 2023 16:00	30	1	1
UNLISTED	RESEARCH DATA PRESENTATION USING FLOURISH DASHBOARD	21 Feb 2023 15:00	21 Feb 2023 16:00	30	1	1
UNLISTED	BARIATRIC SURGERY WEBINAR: CHANGING THE NARRATIVE	03 Mar 2023 10:45	03 Mar 2023 12:15	30	1	1
UNLISTED	WEBINAR FAEDAH KETELUSAN HARGA UBAT SIRI 1/2023	10 Mar 2023 09:30	10 Mar 2023 10:30	30	1	1
UNLISTED	FB LIVE NUTRITIONISTKKM: WANITA, KECANTIKAN DAN KOPI	10 Mar 2023 15:30	10 Mar 2023 16:30	30	1	1
UNLISTED	FBLIVE UBAT TAHAN SAKIT DAN AMALAN FISIOTERAPI	10 Mar 2023 15:30	10 Mar 2023 16:00	30	1	1
UNLISTED	OPTIMIZING IMMUNOSUPPRESSION MANAGEMENT IN COST-CONSCIOUS HEALTHCARE ENVIRONMENTS	03 Apr 2023 11:00	03 Apr 2023 12:00	30	1	1
UNLISTED	SESI PENGENALAN DAN KESEDARAN EKSA SIRI 01/2023	13 Apr 2023 10:00	13 Apr 2023 11:00	30	1	1
UNLISTED	3 MINGGU RAMADHAN, 'MAINTAINING THE GOOD ROUTINE'	13 Apr 2023 14:30	13 Apr 2023 15:30	30	1	1
UNLISTED	2022 ESC/ERS GUIDELINES FOR PULMONARY HYPERTENSION (PH)	19 Apr 2023 11:30	19 Apr 2023 12:30	30	1	1
UNLISTED	SESI KELAB JURNAL NPRA BIL. 4/2023	28 Apr 2023 15:00	28 Apr 2023 16:00	30	1	1
UNLISTED	SESI PHARMTALKS BIL. 9/2023: UBAT & PERJALANAN JAUH SEMASA HAJI	05 May 2023 11:00	05 May 2023 12:00	30	1	1
UNLISTED	NMRR (NATIONAL MEDICAL RESEARCH REGISTER 101)	17 May 2023 15:00	17 May 2023 16:00	30	1	1
UNLISTED	SESI PHARMTALKS BIL.10/2023: PRODUK MAKANAN ATAU UBAT?	19 May 2023 10:00	19 May 2023 11:00	30	1	1
UNLISTED	NINTEDANIB FOR PROGRESSIVE FIBROSING INTERSTITIAL LUNG DISEASE (PF-ILD) - FROM EVIDENCE TO EXPERIENCE	25 May 2023 12:00	25 May 2023 13:00	30	1	1

Category	Description	Start Date	End Date	Max Point	Cumulative	Actual
JNLISTED	PULMONARY HYPERTENSION: PAST, PRESENT AND FUTURE	01 Jun 2023 12:30	01 Jun 2023 13:30	30	1	1
NLISTED	NINTEDANIB FOR PF-ILD - DEEP DIVE INTO ASIAN DATA	06 Jun 2023 11:30	06 Jun 2023 12:30	30	1	1
INLISTED	TAKLIMAT PENGENALAN KEPADA PEREKAYASAAN PROSES DAN PROSEDUR KERJA SEKTOR AWAM	07 Jun 2023 14:30	07 Jun 2023 15:30	30	1	1
JNLISTED	EJECTION FRACTION (EF) AS A CONTINUOUS VARIABLE REDEFINING OUR APPROACH FOR HFREF AND HFPEF	08 Jun 2023 12:00	08 Jun 2023 13:00	30	1	1
NLISTED	INVASIVE MOULD DISEASES: WHAT'S NEW IN ANTIFUNGAL THERAPY?	13 Jun 2023 12:30	13 Jun 2023 13:30	30	1	1
				Sub-Total	25	25
A5	OTHERS LECTURES/ TALKS E.G. VISITING LECTURE, HOSPITAL CLINICAL MEETING, CME SESSIONS, PUBLIC MEETING, GIVING MEDIA, TECHNICAL BRIEFING/ UPDATE.	TALK /PUBLIC	ADVICE, LECT	URES TO NGO/ I	RADIO OR TV T	ALK, SOCI
JNLISTED	SESI KELAB JURNAL NPRA BIL. 2/2023	24 Feb 2023 15:00	24 Feb 2023 16:00	25	5	5
INLISTED	SYARAHAN 'DRUG LEGISLATION' DI UNIVERSITI MALAYA	28 Jun 2023 08:00	28 Jun 2023 09:00	25	5	5
				Sub-Total	10	10
A6	(A) ONLY FOR FULL MANUSCRIPT / PUBLISHED ARTICLES (ABSTRACT IS NOT ELIGIBLE) CAN ONLY BE CLAIMED ONCE FOR E	ACH ARTICLE R	EGARDLESS O	F THE DIFFERE	NT PLATFORM	S PUBLISH
A7	EXAMPLES: EPSA, ONLINE CME MODULES (E.G MEDSCAPE*, MIMS ONLINE ETC), JF THINK @ PRO					
A8	POINTS ARE GIVEN ONLY ONCE, UPON COMPLETION OF STUDIES. OFFICERS ON STUDY LEAVE MUST SUBMIT THEIR CPD REC	ORD TO THEIR	OWN PTJ.			
A9	QUALITY INITIATIVES E.G. KIK, INNOVATIONS, EKSA, TQM, ACCREDITATION, ISO, ETC. RESEARCH PROJECT (AS RESEARCHEF	R / COLLABORA	TOR)			
NLISTED	AHLI JAWATANKUASA PERKHIDMATAN SOKONGAN HOSPITAL (PSH)	01 Jan 2023 00:00	01 Jan 2023 23:55	25	5	5
JNLISTED	AHLI JAWATANKUASA PASUKAN TASK FORCE MEDIUM CLAIM UNTUK PRODUK SEMULAJADI	01 Jan 2023 00:00	01 Jan 2023 23:55	25	5	5
		00.00				
JNLISTED	AHLI JAWATANKUASA KERJA NATIONAL REGULATORY CONFERENCE (NRC) 2023	01 Jan 2023 00:00	01 Jan 2023 23:55	25	5	5
	AHLI JAWATANKUASA KERJA NATIONAL REGULATORY CONFERENCE (NRC) 2023 AHLI JAWATANKUASA LAMAN SESAWANG NPRA	01 Jan 2023		25 25	5	5
JNLISTED JNLISTED JNLISTED		01 Jan 2023 00:00 01 Jan 2023	23:55 01 Jan 2023			
JNLISTED	AHLI JAWATANKUASA LAMAN SESAWANG NPRA AHLI JAWATANKUASA KERJA PELAKSANAAN AGENDA KESELAMATAN DAN INTEGRITI PENGUBATAN KEBANGSAAN MELALUI	01 Jan 2023 00:00 01 Jan 2023 00:00 07 Apr 2023	23:55 01 Jan 2023 23:55 07 Apr 2023	25	5	5
INLISTED	AHLI JAWATANKUASA LAMAN SESAWANG NPRA AHLI JAWATANKUASA KERJA PELAKSANAAN AGENDA KESELAMATAN DAN INTEGRITI PENGUBATAN KEBANGSAAN MELALUI	01 Jan 2023 00:00 01 Jan 2023 00:00 07 Apr 2023 00:00	23:55 01 Jan 2023 23:55 07 Apr 2023	25 25	5	5
INLISTED INLISTED	AHLI JAWATANKUASA LAMAN SESAWANG NPRA AHLI JAWATANKUASA KERJA PELAKSANAAN AGENDA KESELAMATAN DAN INTEGRITI PENGUBATAN KEBANGSAAN MELALUI PENGESANAN DAN PENJEJAKAN PRODUK FARMASEUTIKAL (TRACK & TRACE)	01 Jan 2023 00:00 01 Jan 2023 00:00 07 Apr 2023 00:00	23:55 01 Jan 2023 23:55 07 Apr 2023 23:55	25 25 Sub-Total	5 5 25	5 5 25
NLISTED A10 B1	AHLI JAWATANKUASA LAMAN SESAWANG NPRA AHLI JAWATANKUASA KERJA PELAKSANAAN AGENDA KESELAMATAN DAN INTEGRITI PENGUBATAN KEBANGSAAN MELALUI PENGESANAN DAN PENJEJAKAN PRODUK FARMASEUTIKAL (TRACK & TRACE) PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS, ANNUAL REPORT, GUIDELINE:	01 Jan 2023 00:00 01 Jan 2023 00:00 07 Apr 2023 00:00	23:55 01 Jan 2023 23:55 07 Apr 2023 23:55	25 25 Sub-Total	5 5 25	5 5 25
A10 B1 INLISTED	AHLI JAWATANKUASA LAMAN SESAWANG NPRA AHLI JAWATANKUASA KERJA PELAKSANAAN AGENDA KESELAMATAN DAN INTEGRITI PENGUBATAN KEBANGSAAN MELALUI PENGESANAN DAN PENJEJAKAN PRODUK FARMASEUTIKAL (TRACK & TRACE) PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS, ANNUAL REPORT, GUIDELINE: EXAMPLES: ARTS, MUSIC, LANGUAGES, TEAMBUILDING, SPIRITUAL, RELIGIOUS, VOLUNTEER WORK, CAMPAIGNS, HEALTH O	01 Jan 2023 00:00 01 Jan 2023 00:00 07 Apr 2023 00:00 S ETC. CAMPS, VOLUNT	23:55 01 Jan 2023 23:55 07 Apr 2023 23:55 ARY, PUSPANIT 31 Mar 2023	25 25 Sub-Total	5 5 25 AJIKAN AND SO	5 5 25 OCIAL WOL
A10 B1 NLISTED	AHLI JAWATANKUASA LAMAN SESAWANG NPRA AHLI JAWATANKUASA KERJA PELAKSANAAN AGENDA KESELAMATAN DAN INTEGRITI PENGUBATAN KEBANGSAAN MELALUI PENGESANAN DAN PENJEJAKAN PRODUK FARMASEUTIKAL (TRACK & TRACE) PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS, ANNUAL REPORT, GUIDELINE: EXAMPLES: ARTS, MUSIC, LANGUAGES, TEAMBUILDING, SPIRITUAL, RELIGIOUS, VOLUNTEER WORK, CAMPAIGNS, HEALTH OR SPORTS ACTIVITIES (I.E. CHARITY RUN, MARATHON, KOSPEN PLUS GAMES, VIRTUAL RUNS ETC.) NIH IFITER 600K CHALLENGE FEB & MARCH 2023	01 Jan 2023 00:00 01 Jan 2023 00:00 07 Apr 2023 00:00 8 ETC. 2AMPS, VOLUNT 01 Feb 2023 00:00 01 Feb 2023	23:55 01 Jan 2023 23:55 07 Apr 2023 23:55 ARY, PUSPANIT 31 Mar 2023 23:55 30 Apr 2023	25 25 Sub-Total TA, KELAB KEBA	5 5 25 AJIKAN AND SO	5 5 25 OCIAL WOL
A10 B1 NLISTED NLISTED NLISTED NLISTED	AHLI JAWATANKUASA LAMAN SESAWANG NPRA AHLI JAWATANKUASA KERJA PELAKSANAAN AGENDA KESELAMATAN DAN INTEGRITI PENGUBATAN KEBANGSAAN MELALUI PENGESANAN DAN PENJEJAKAN PRODUK FARMASEUTIKAL (TRACK & TRACE) PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS, ANNUAL REPORT, GUIDELINE: EXAMPLES: ARTS, MUSIC, LANGUAGES, TEAMBUILDING, SPIRITUAL, RELIGIOUS, VOLUNTEER WORK, CAMPAIGNS, HEALTH OF SPORTS ACTIVITIES (I.E. CHARITY RUN, MARATHON, KOSPEN PLUS GAMES, VIRTUAL RUNS ETC.) NIH IFITER 600K CHALLENGE FEB & MARCH 2023 BETONG STAY ACTIVE AND FIGHT CANCER CHALLENGE 2023	01 Jan 2023 00:00 01 Jan 2023 00:00 07 Apr 2023 00:00 S ETC. CAMPS, VOLUNT 01 Feb 2023 00:00 01 Feb 2023 00:00 01 Apr 2023	23:55 01 Jan 2023 23:55 07 Apr 2023 23:55 ARY, PUSPANIT 31 Mar 2023 23:55 30 Apr 2023 23:55 31 May 2023	25 25 Sub-Total TA, KELAB KEBJ 10 10	5 5 25 AJIKAN AND SC 5 5	5 5 25 OCIAL WOR
A10 B1 UNLISTED UNLISTED UNLISTED UNLISTED UNLISTED UNLISTED	AHLI JAWATANKUASA LAMAN SESAWANG NPRA AHLI JAWATANKUASA KERJA PELAKSANAAN AGENDA KESELAMATAN DAN INTEGRITI PENGUBATAN KEBANGSAAN MELALUI PENGESANAN DAN PENJEJAKAN PRODUK FARMASEUTIKAL (TRACK & TRACE) PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS, ANNUAL REPORT, GUIDELINE: EXAMPLES: ARTS, MUSIC, LANGUAGES, TEAMBUILDING, SPIRITUAL, RELIGIOUS, VOLUNTEER WORK, CAMPAIGNS, HEALTH OF SPORTS ACTIVITIES (I.E. CHARITY RUN, MARATHON, KOSPEN PLUS GAMES, VIRTUAL RUNS ETC.) NIH IFITER 600K CHALLENGE FEB & MARCH 2023 NIH IFITER 600K CHALLENGE APRIL & MEI 2023	01 Jan 2023 00:00 01 Jan 2023 00:00 07 Apr 2023 00:00 S ETC. 2AMPS, VOLUNT 01 Feb 2023 00:00 01 Feb 2023 00:00 01 Apr 2023 00:00	23:55 01 Jan 2023 23:55 07 Apr 2023 23:55 23:55 23:55 30 Apr 2023 23:55 31 May 2023 23:55 31 May 2023 23:55 31 May 2023	25 25 Sub-Total TA, KELAB KEBA 10 10 10	5 5 25 AJIKAN AND SO 5 5 5 5	5 5 25 OCIAL WORD 0 0
A10 B1 NLISTED NLISTED NLISTED NLISTED	AHLI JAWATANKUASA LAMAN SESAWANG NPRA AHLI JAWATANKUASA KERJA PELAKSANAAN AGENDA KESELAMATAN DAN INTEGRITI PENGUBATAN KEBANGSAAN MELALUI PENGESANAN DAN PENJEJAKAN PRODUK FARMASEUTIKAL (TRACK & TRACE) PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS, ANNUAL REPORT, GUIDELINE: EXAMPLES: ARTS, MUSIC, LANGUAGES, TEAMBUILDING, SPIRITUAL, RELIGIOUS, VOLUNTEER WORK, CAMPAIGNS, HEALTH OR SPORTS ACTIVITIES (I.E. CHARITY RUN, MARATHON, KOSPEN PLUS GAMES, VIRTUAL RUNS ETC.) NIH IFITER 600K CHALLENGE FEB & MARCH 2023 BETONG STAY ACTIVE AND FIGHT CANCER CHALLENGE 2023 INTERNATIONAL VIRTUAL RUN SERIES - PHNOM PENH	01 Jan 2023 00:00 01 Jan 2023 00:00 07 Apr 2023 00:00 S ETC. CAMPS, VOLUNT 01 Feb 2023 00:00 01 Apr 2023 00:00 01 Apr 2023 00:00 01 Apr 2023 00:00	23:55 01 Jan 2023 23:55 07 Apr 2023 23:55 ARY, PUSPANI 31 Mar 2023 23:55 30 Apr 2023 23:55 31 May 2023 23:55 26 May 2023	25 Sub-Total TA, KELAB KEBA 10 10 10 10	5 5 25 AJIKAN AND SC 5 5 5 10	5 5 25 DCIAL WOF 0 0 0 10
JINLISTED JINLISTED A10	AHLI JAWATANKUASA LAMAN SESAWANG NPRA AHLI JAWATANKUASA KERJA PELAKSANAAN AGENDA KESELAMATAN DAN INTEGRITI PENGUBATAN KEBANGSAAN MELALUI PENGESANAN DAN PENJEJAKAN PRODUK FARMASEUTIKAL (TRACK & TRACE) PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS, ANNUAL REPORT, GUIDELINE: EXAMPLES: ARTS, MUSIC, LANGUAGES, TEAMBUILDING, SPIRITUAL, RELIGIOUS, VOLUNTEER WORK, CAMPAIGNS, HEALTH OR SPORTS ACTIVITIES (I.E. CHARITY RUN, MARATHON, KOSPEN PLUS GAMES, VIRTUAL RUNS ETC.) NIH IFITER 600K CHALLENGE FEB & MARCH 2023 BETONG STAY ACTIVE AND FIGHT CANCER CHALLENGE 2023 INTERNATIONAL VIRTUAL RUN SERIES - PHNOM PENH	01 Jan 2023 00:00 01 Jan 2023 00:00 07 Apr 2023 00:00 S ETC. AMPS, VOLUNT 01 Feb 2023 00:00 01 Feb 2023 00:00 01 Apr 2023 00:00 01 Apr 2023 00:00	23:55 01 Jan 2023 23:55 07 Apr 2023 23:55 ARY, PUSPANI 31 Mar 2023 23:55 30 Apr 2023 23:55 31 May 2023 23:55 26 May 2023	25 Sub-Total TA, KELAB KEB 10 10 10 10 10	5 5 25 AJIKAN AND SC 5 5 5 10 5	5 5 5 25 COCIAL WORD 0 0 10 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

REMARKS:	VERIFIED BY (SUPERVISOR):	OFFICIAL STAMP:
	DATE:	

This is a computer generated document. Printed on : 7/27/2023 11:48:48 AM