

## CURRICULUM VITAE

### Self Identities

**Name** : Jamilah binti Zakaria  
**Age / Race / Gender** : 35 / Malay / Female  
**Date of birth** : 25th of February 1984  
**I.C. number** : 840225-07-5110  
**Citizenship** : Malaysia  
**Marital status** : Married, 3 children  
**Email address** : jamienizam.282@gmail.com  
**Current address** : No 54, Jalan Kebun Nenas 4P/KS8, Bandar Putera 2, 41200 Klang, Selangor  
**Mobile No.** : 019-2009157



### Education Background - Highest Education Level

Degree	Institution	Year
Bachelor's Degree of Science Dietetics	Universiti Kebangsaan Malaysia (UKM)	2007

### Working Experiences

No.	Company's Name	Position	Duration
1.	BESTA Sdn. Bhd.	Catering Dietitian	August 2007 – April 2008
2.	Jabatan Perkhidmatan Dietetik dan Sajian Makanan, HUKM	Pegawai Dietetik U41	May 2008 – Disember 2008
3.	Jabatan Dietetik & Sajian Hospital Tengku Ampuan Rahimah Klang Selangor KEMENTERIAN KESIHATAN MALAYSIA	Pegawai Dietetik U41	January 2009 – August 2018
4.	Jabatan Dietetik & Sajian Hospital Tengku Ampuan Rahimah Klang Selangor KEMENTERIAN KESIHATAN MALAYSIA	Pegawai Dietetik U44 (M)	September 2018 - Present

### Recent Course/Internship/ Project/ Certification / Contribution

No.	Item	Position	Duration / Date
1.	Jawatankuasa Aktiviti Dietetik Selangor 2019	Secretary	5 April 2019 - Present
2.	Bengkel Rehabilitasi Jantung	Participant	16 April 2019

3.	Diet Management in Cardiac Rehabilitation : Bengkel Rehabilitasi Jantung	Speaker	16 April 2019
4.	Healthy Eating Exhibition and Talk at Pusat Perlindungan Mualaf Baitus Salam, Jalan Kebun Shah Alam, Selangor	Facilitator	27 February 2019
5.	Dietetics Update : Sodium Counting Hands On Application	Participant	21 February 2019
6.	GOOD CLINICAL PRACTICE Certificate	Recipient	18 October 2018
7.	Sambutan Hari Dietitian 2018 Peringkat HTAR	Secretary / Emcee	3 October 2018
8.	Privileging in 8 Core Procedure ; MNT in Cardiovascular Disease, Diabetes Mellitus, Home Nutrition Support, Nutrition Support, Obesity, Paediatric, Patient with Disabilities / Special Needs, Renal Diseases	Recipient	Effective: 2 July 2018 - @ 2 July 2021
9.	Nephrology Seminar 2018 : Phosphate Titration	Participant	31 July 2018
10.	Carbohydrate Counting : Clinical Diabetes and Endocrinology Management Course for MO, Specialist, FMS and Pharmacist	Speaker	27 April 2018 and 28 Feb/1 March 2018
11.	Cognitive Behavioural Therapy "In Improving Adherence for Diabetes Management"	Participant	19 April 2018
12.	Recognition of Credentialing in Dietetics : Specialised Procedure : MNT in Diabetes Mellitus, Renal Diseases, Obesity, Nutrition Support Advance Procedure : MNT in Diabetes Mellitus, Cardiovascular Diseases, Renal Diseases, Obesity, Nutrition Support, Paediatric, Home Nutrition Support, Patients with Disabilities/Special Needs	Recipient	Effective: 17 July 2017 – 16 July 2020

### Profile

A proactive and progressive person involved in dietetics service with a goal to improve skills, professionalism and experiences towards the development of new ideas, new finding and new technologies in the field. Also a kind and approachable person, good communicator with any people in an organization. Other than that, high of leadership, able to work in group and individually.

## References:

- 1. Name** Faizah binti Hamzah  
**Position** Head of Department / Pegawai Dietetik U54 (KUP)  
**Institution/Address** Jabatan Dietetik dan Sajian,  
Hospital Tengku Ampuan Rahimah,  
41200 Klang,  
Selangor Darul Ehsan  
**Mobile No.** 019-2758617
- 2. Name** Murnizar binti Mokhtar  
**Position** Head of Unit / Pegawai Dietetik U48  
**Institution/Address** Jabatan Dietetik dan Sajian,  
Hospital Tengku Ampuan Rahimah,  
41200 Klang,  
Selangor Darul Ehsan  
**Mobile No.** 014-3381911