

**CURRICULUM VITAE**  
**(Dr. Mohd Azahadi bin Omar)**

**Current Position** : Public Health Physicians,  
(Since Jan 2014) Head of “Centre for Burden of Disease Research”,  
Institute for Public Health.

**Address** : Institute for Public Health,  
Jalan Bangsar,  
50590 Kuala Lumpur.

**Phone No** : 03-22979532 (office)  
017-6995899 (mobile)

**Fax No** : 03-22823114

**e-mail** : drazahadi@moh.gov.my

**WORKING EXPERIENCE** :

Jan 2014 – till Date      Public Health Physicians,  
Centre for Burden of Disease Research,  
Institute for Public Health.

Feb 2012 – Dec 2013      Public Health Physicians,  
Data Processing & Quality Section,  
Institute for Public Health.

June 2006 – Jan 2011      Public Health Physicians,

	Department of Quality in Health, Institute for Health Management.
June 2003 – May 2006	Public Health Physicians, Division of Burden of Disease, Institute for Public Health.
June 1999 – June 2003	Medical & Health Officer, Kota Bharu Health Clinic, Kota Bharu, Kelantan.
Jan 1998 – May 1999	Medical & Health Officer, Bukit Payong Health Clinic, Marang, Terengganu.
July 1997 – Dec 1997	Medical Officer, Paediatric Department, Hospital Kuala Terengganu, Terengganu.
May 1997 – July 1997	Medical Officer, Emergency Department, Hospital Seremban, N. Sembilan.
May 1996 – April 1997	House Officer Hospital Seremban, N. Sembilan.

#### **ACADEMIC QUALIFICATION :**

MPH (Epidemiology & Biostatistics)	UKM	2003
Medical Degree (MD)	UKM	1996

**POST GRADUATE COURSES :**

1. Cancer Survival : Principles, Methods & Analysis. London School of Hygiene & Tropical Medicine. 22<sup>nd</sup> – 29<sup>th</sup> June 2009.
2. The Practical Aspects of Conducting a National Burden of Disease and Injury Study. School of Population Health, Centre for Burden of Disease and Cost-effectiveness. 8<sup>th</sup> – 13<sup>th</sup> December 2003.

**ASSOCIATION MEMBERSHIP :**

- |                                        |             |
|----------------------------------------|-------------|
| 1. Academy of Medicine of Malaysia     |             |
| 2. Public Health Physician Association | Life Member |
| 3. Malaysian Medical Association       | Life Member |

**SPECIAL AWARD :**

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|-----------------------------------------------------------------------------|------|
| 1. Inducted as Academy of Medicine of Malaysia Member                       | 2015 |
| 2. Recipient of "Excellent Service Award"                                   | 2013 |
| 3. Recipient of "Excellent Service Award"                                   | 2010 |
| 4. Registered as Public Health Specialist in "National Specialist Register" | 2010 |
| 5. Recipient of "Excellent Service Award"                                   | 2006 |
| 6. Gazetted as "Public Health Physicians"                                   | 2003 |

**AREA OF INTEREST :**

Research Methodology & Biostatistics  
Burden of Disease

## PUBLICATIONS :

### A. PAPERS :

1. Ahmad Taufik Jamil, Rakesh Singh, Aniza Ismail, **Azahadi Omar** (2015). Non-leisure Time Physical activity for Adult Malaysian and Determinant Factors. *Malaysian Journal of Public Health Medicine* Vol 15(3):84-93.
2. Chan YY, Teh CH, Lim KK, Lim KH, Yeo PS, Kee CC, **Mohd Azahadi Omar**, Noor Ani Ahmad (2015). Lifestyle, Chronic Diseases and Self-rated Health among Malaysian Adults : Result from the 2011 National Health and Morbidity Survey (NHMS). *BMC Public Health* 15:754 [DOI : 10.1186/s12889-015-2080-z].
3. Rashidah Ambak, Balkish Mahadir Naidu, **Mohd Azahadi Omar**, Nor Azian Mohd Zaki, Syafinaz Sallehuddin, Tahir Aris (2014). Food label reading and understanding among obese adult : A population based study in Malaysia. *International Journal of Public Health Research* 4(2) : 449-456.
4. Chan YY Chan YY, Teh CH, Yeo PS, Lim KK, Lim KH, Kee CC, Azli B, Tee GH, Gurpreet K, **Mohd Azahadi O** (2014). Comparison of fruits and vegetables intake and physical activity between hypercholesterolemic adults and non-hypercholesterolemic adults in Malaysia. *Mal J Nutr* 20(2) : 221-235.
5. Ahmad Ali Zainuddin, Mala A. Manickam, Azli Baharudin, **Azahadi Omar**, Siew Man Cheong, Rashidah Ambak, Mohamad Hasnan Ahmad, Suhaila Abdul Ghaffar (2014). Self-Perception of Body Weight Status and Weight Control Practices Among Adolescents in Malaysia. *Asia Pac J Public Health* published online 28 July 2014 [DOI : 10.1177/1010539514542422]
6. Fadhli Yusoff, Riyanti Saari, Balkish M Naidu, Noor Ani Ahmad, **Azahadi Omar**, Tahir Aris (2014). Methodology of the National School-Based Health Survey in Malaysia, 2012. *Asia Pac J Public Health* published online 17 July 2014 [DOI : 10.1177/1010539514542424]

7. Roslan J, Noor Hazilah AM, Nor Filzatun B, **Azahadi O** (2014). Turnover Intention among Public Sector Health Workforce: Is Job Satisfaction the Issue? *The International Medical Journal Malaysia*. Vol 13(1) : 51-56.
8. Teh CH, Lim KK, Chan YY, Lim KH, **Azahadi O**, Hamizatul Akmal AH, Ummi Nadiyah Y, Yeo PS, Syafinaz MS, Kee CC, Fadhli Y (2014). The prevalence of physical activity and its associated factors amongst Malaysian adults: National Health and Morbidity 2011. *Public Health* [doi: 10.1016/j.puhe.2013.10.008]
9. Norhafizah Sahril, Tahir Aris, Ahmad Sharifuddin Mohd Asari, Siew Lian Yaw, Natifah Che Saleh, **Mohd Azahadi Omar**, Chien Huey Teh, Khairiyah Abdul Muttalib, Mohd Feisul Idzwan, Low Lee Lan, Nooral Zeila Junid, Fatanah Ismail, Noor Aliyah Ismail, Norain Abu Talib (2014). Oral health seeking behaviour among Malaysians with type II diabetes. *Journal of Public Health Aspect* [doi: 10.7243/2055-7205-1-1]
10. Chan YY, Lim KK, Teh CH, Lim KH, Hamizatul Akmal AH, **Mohd Azahadi O**, Noor Ani A, Kee CC (2014). Prevalence and factors associated with physical inactivity among Malaysian adults. *The Southeast Asian Journal of Tropical Medicine and Public Health*, 45(2), 467-480.
11. **Azahadi Omar**, Muhammad Fadhli Mohd Yusoff, Tee Guat Hiong, Tahir Aris, Jeremy Morton, Sameer Pujari (2013). Methodology of Global Adult Tobacco Survey (GATS), Malaysia, 2011. *International Journal of Public Health Research* 3(2):297-305.
12. Ho BK, Jasvinder K, Balkish MN, **Azahadi O**, Mohmad S, Yau WK, Lim KH (2013). Prevalence, awareness, treatment and control of Hypertension among the elderly: the 2006 National Health and Morbidity Survey III in Malaysia. *Med J Malaysia* 68(4):332-337.
13. Y Fadhli, **O Azahadi**, A Noor Ani, MN Balkish, K Ahmad Jessree, A Tahir (2013). Approaches in Methodology of a Population-Based Study in Malaysia: The National Health and Morbidity Survey 2011 (NHMS 2011). *Malaysian Journal of Medicine and Health Sciences (ISSN 1675-8544)* 9(2):25-33.

14. Ummi Nadiah Yusoff, Diana Mahat, **Azahadi Omar**, Teh Chien Huey, Norzawati Yoep, Riyanti Saari (2013). Burden of premature mortality in Malaysia. *International Journal of Public Health Research* 3(1):
15. Ali R, Shaharudin R, **Omar A**, Yusoff F (2012). Workplace injuries and risk reduction practices in Malaysia. *Int J Occup Environ Health*; 18(4):299-306. doi: 10.1179/1077352512Z.00000000031.
16. Sunita S, Magesiwaran M, **Azahadi O**, Nor Filzatun B, Norhajar M, Sivaganasan R (2012). Early retirement : Are we heading there and why? *Journal of Health Management*. Vol 10: 10-17.
17. Bahanordin J, Md Anuar AS, Roslan Johari MG, Teng SC, **Azahadi O**, Siti Zubaidah A (2012). Perception of patients towards cardiac rehabilitation programme in Hospital Serdang *Journal of Health Management*; Vol 10: 30-36.
18. Riana KAH, **Azahadi O**, Rohani I, Zainol Ariffin P, Maznieda M, Siti Zubaidah A (2012). Food poisoning outbreak among Health Institute A staff, 1<sup>st</sup> June 2010. *Journal of Health Management*; Vol 10: 41-51.
19. Goh PP, **Omar MA**, Yusoff AF (2010). Diabetic eye screening in Malaysia: findings from the National Health and Morbidity Survey 2006. *Singapore Med J*; 51(8):631-634.
20. Roslan Johari MG, **Azahadi O**, Ang KT, Musliha D, Natrah E, Roziana S (2009). The practice of corporate culture values in Ministry of Health. *Journal of Health Management*; Vol 7:20-29.
21. **Azahadi O**, Roslan Johari MG, Evi Diana O, Noor Yunisham MY, Normilani M (2009). The level of satisfaction at outpatients clinic in Ministry of Health Hospitals in Peninsular Malaysia. *Journal of Health Management*; 7(2):41-50
22. Khoo TB, Kassim AB, **Omar MA**, Hasnan N, Mohd Amin R, Omar Z, Yusoff AF (2009). Prevalence and impact of physical disability on Malaysian school-aged children: A population-based survey, *Disabil Rehabil*; 21:1-9.

**B. BOOKS :**

1. The Second Malaysian Burden of Disease and Injury Study. [ISBN : 978-983-2387-06-0] 2013.
2. Burden of Disease Study : Estimating Mortality & Cause of Death in Malaysia. [ISBN 978-983-3887-71-2] – 2012.
3. Technical Report on Health Status of the Orang Asli in Peninsular Malaysia. [ISBN : 978-983-9645-08-8] – 2012.
4. Report of the Global Adult Tobacco Survey (GATS) Malaysia, 2011. [ISBN : 978-963-3887-72-9] – 2012.
5. National Health and Morbidity Survey 2011 (NHMS 2011). Vol. 3 : Healthcare Demand and Out-of-Pocket Health Expenditure. [ISBN : 978-967-3887-68-2] – 2012.
6. National Health and Morbidity Survey 2011 (NHMS 2011). Vol. 1 : Methodology and General Findings. [ISBN : 978-967-3887-65-5] – 2011.
7. National Health and Morbidity Survey 2011 (NHMS 2011). Vol. 2 : Non Communicable Diseases. [ISBN : 978-967-3887-77-4] – 2011.
8. The Third National Health and Morbidity Survey (NHMSIII) 2006 : Physical Activity. [ISBN : 978-983-3887-08-8] – 2008.
9. The Third National Health and Morbidity Survey (NHMS III) 2006 : Physical Disability. [ISBN : 978-983-3887-12-5] – 2008.
10. The Third National Health and Morbidity Survey (NHMS III) 2006 : Women's Health. [ISBN : 978-983-3887-20-0] - 2008.
11. The Third National Health and Morbidity Survey (NHMS III) 2006 : General Findings. [ISBN : 978-983-3887-27-9] – 2008.
12. The Third National Health and Morbidity Survey (NHMS III) 2006 : NHMS III Field Experience [ISBN : 978-983-3887-31-6] – 2008.
13. Malaysian Burden of Disease and Injury Study. Health Prioritization : Burden of Disease Approach. [ISBN : 983-99320-1-2] – 2004.

## **PRESENTATION :**

### **A. SYMPOSIUM :**

1. "Conducting an Epidemiological Survey". Symposium presentation at "Issues and Challenges in Health Science and Medical Research" Colloquium, UiTM Shah Alam, 2014.
2. "IKU : Center for Epidemiological Survey Research" di Seminar Penyelidikan Sains Kesihatan Bersekutu kali Kedua, Putrajaya, 2013.
3. "Physical Activity Pattern of Malaysian Adults: Findings from the National Health and Morbidity Survey (NHMS) 2011". 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012
4. "Quality of Life among Hemodialysis Patients in Kelantan". Symposium Presentation at National Conference on Quality of Life (QoL) and Quality of Death (QoD)", Kota Kinabalu, 2003.

### **B. FREE PAPER :**

1. Malaysian Burden of Disease: Injury. Paper Presentation at the 4<sup>th</sup> Public Health Conference, Putrajaya, 2005.
2. A Study on the Quality of Life among End Stage Renal Failure Patients who Undergone Hemodialysis Treatment in Kelantan and the Associated Factors. Paper Presentation at the 3<sup>rd</sup> Public Health Conference, Seremban, 2003.

### **C. POSTER :**

1. Noh I, Nur Fatimah MP, Anuar N, Salina AB, Nik Marzuki NY, Sahizal I, Zulkipli O, **Azahadi O**, Riyanti S. Survival Analysis Among Tuberculosis Patient in Muar. 10<sup>th</sup> Johore Scientific Meeting. 5-7 October, KSL Hotel, Johore Bharu.



2. M Fuad, M.A.M., **Azahadi, O.**, Khoo, Y.Y., Shubash, S., Siti Fatimah M.H., Chandrika, J. Pregnancy-related Burden of Disease in Malaysia: A comparison between 2000 and 2008. 4<sup>th</sup> Asia Pacific Conference on Public Health, 7-9<sup>th</sup> September 2015, MS Garden, Kuantan.
3. Shubash Shander, **Azahadi Omar**; Khoo Yi Yi; Fuad Mohamad Anuar; Chandrika Jeevananthan; Siti Fatimah Mat Husin. Mental Health: The Unseen Burden. 4<sup>th</sup> Asia Pacific Conference on Public Health, 7-9<sup>th</sup> September 2015, MS Garden, Kuantan.
4. Balkish MN, Fadhli MY, Noor Ani A, Riyanti Saari, Ahmad Ali Zainuddin, **Azahadi O**, Azizah IW, Tahir A. Sampling Design of the Malaysian Adults Nutrition Survey 2014. 4<sup>th</sup> Asia Pacific Conference on Public Health, 7-9<sup>th</sup> September 2015, MS Garden, Kuantan.
5. Hasimah I, **Mohd Azahadi O**, Tahir A, Muhammad Fadhli MY, GH Tee, Abdul Aiman AG, Nor Azian MZ, Lim KK, Mohd Yusof S. Undiagnosed Type 2 Diabetes Mellitus (T2DM) Among Urban Population in Malaysia - Findings from National Health and Morbidity Survey, 2011. 4<sup>th</sup> Asia Pacific Conference on Public Health, 7-9<sup>th</sup> September 2015, MS Garden, Kuantan (**Best Posters**).
6. **Azahadi O**, Lim KK, Hazizi AS, Khoo YY, Siti Fatimah MH, Joanita S. Physical Inactivity among Malaysian Adults: Which domain is the worst? 4<sup>th</sup> Asia Pacific Conference on Public Health, 7-9<sup>th</sup> September 2015, MS Garden, Kuantan.
7. **Azahadi O**, Khoo YY, Shubash S, Fuad A, Siti Fatimah MH, Chandrika J. HIV and AIDS in Malaysia: How big is the burden in 2008? 4<sup>th</sup> Asia Pacific Conference on Public Health, 7-9<sup>th</sup> September 2015, MS Garden, Kuantan.
8. Norhanizam P, Rashidah Ambak, Noor Safiza MN, **Mohd Azahadi O**. The Effect Of Weight Loss Intervention Programme On Health Related Quality Of Life Among Low Income Overweight And Obese Housewives In Klang Valley. 5<sup>th</sup> International Public Health Conference. 26<sup>th</sup>-27<sup>th</sup> August 2015. Seri Pacific Hotel, Kuala Lumpur
9. Logakodie S, Fuziah P, Tan SF, Norliza M, **Azahadi O**, et al. Abnormal Postnatal Glucose Tolerance Test among Gestational Diabetes Mellitus Mother Attending Public Primary Care Clinics in Selangor. Diabetes Asia 2015 Conference, 6-9<sup>th</sup> August 2015, Istana Hotel, KL (**Best Poster Award**).

10. Undiagnosed Type 2 Diabetes Mellitus and Its Risk Factors among Malaysian : National Health and Morbidity Surve, 2011. 1<sup>st</sup> International Kelantan Health Conference, 28-30<sup>th</sup> July 2015, Renaissance Hotel, Kota Bharu.
11. Khoo Yi Yi, Mohd Azahadi Omar, Shubash Shander, Siti Fatimah Mat Husin, Mohamad Fuad Mohamad Anuar, Lim Kuang Hock, Chan Ying Ying, Chong Zhuo Lin Burden Of Cancer In Malaysia 2008. 11<sup>th</sup> MOH-AMM Scientific Meeting incorporating the 18<sup>th</sup> NIH Scientific and Annual National Ethics Seminar. 12-14 August 2015, Institute for Health Management, KL.
12. **Azahadi O**, Nur Liana AM, Khoo YY, Nining AN, Norliza M. Prevalence Of Young Hypertension In Malaysia And It's Associated Factors: Findings From The National Health And Morbidity Survey 2011. 11<sup>th</sup> MOH-AMM Scientific Meeting incorporating the 18<sup>th</sup> NIH Scientific and Annual National Ethics Seminar. 12-14 August 2015, Institute for Health Management, KL.
13. Fuad MAM, Azahadi O, Khoo YY, Shubash S, Siti Fatimah MH. Estimation of DALYs By Age And Gender Between Malaysia Injury Study 2000 And 2008. 11<sup>th</sup> MOH-AMM Scientific Meeting incorporating the 18<sup>th</sup> NIH Scientific and Annual National Ethics Seminar. 12-14 August 2015, Institute for Health Management, KL.
14. Nor Azian MZ, Norhafizah S, **Azahadi O**, Hasnan A, Noor Safiza MN. *Reliability and Validity of Physical Activity Questionnaire for Older Children in Malay Language*. 21<sup>st</sup> National Malaysian Dietitian Conference, 11<sup>th</sup> - 12<sup>th</sup> June 2015, Istana Hotel, KL.
15. Zienna Zufida ZR, **Azahadi O**, Logakodie S, Fuziah P, Tan SF, Norliza M et al. *Comparison of Maternal and Fetal Outcomes of Gestational and Non-Gestational Diabetes Mellitus Mothers Attending Public Primary Care Clinics in Selangor*. 18th Family Medicine scientific conference, 13<sup>th</sup> – 16<sup>th</sup> May 2015, Kuala Terengganu
16. N Safiza MN, Rashidah A, N Shahida AA, **Azahadi O**, M Fadhli MY, Fazliana M, A Taufik J, Noor Ani A, A Ali Z, Suzana S, W Nazaimoon WM, Tahir A. Methodology of the my body is fit and fabulous at home (MyBFF@home): An intervention study to combat obesity among housewives in Malaysia. 17<sup>th</sup> NIH Seminar. Malaysia, Kuala Lumpur, November 2014.

17. Rashidah A, N Safiza MN, **M Azahadi O**, S Syakiroh ZA Health-related quality of life among overweight and obese housewives in Klang Valley: A baseline study of MyBFF@home. 17<sup>th</sup> NIH Seminar. Malaysia, Kuala Lumpur, November 2014.
18. **M. Azahadi O**, A Taufik J, Mahenderan A, Norliza M, Azah S, Azli B, N Azian MZ, N Safiza MN. Dumbbell exercise among overweight & obese housewives in Klang Valley. 17<sup>th</sup> NIH Seminar. Malaysia, Kuala Lumpur, November 2014.
19. Azli B, M Hasnan A, N Safiza MN, N Shahida AA, A Ali Z, **M Azahadi O**, A Taufik J. Use of pedometer to measure steps among overweight and obese housewives. 17<sup>th</sup> NIH Seminar. Malaysia, Kuala Lumpur, November 2014.
20. Chan YY, NoorAni A, Norhafizah S, Aznuddin AR, Chong ZL, Khoo YY, S Maria A, Muslimah Y, Noraida MK, Rahama S, **M Azahadi O**, M Fadhli MY. Health seeking behaviour for acute illness or injury in Malaysian adult population. 17<sup>th</sup> NIH Seminar. Malaysia, Kuala Lumpur, November 2014.
21. **M Azahadi O**, Riyanti S, S Fatimah MH, Khoo YY, Leni T, M Fuad MA. Premature mortality in Malaysia: Trending from 2000 – 2010. 17<sup>th</sup> NIH Seminar. Malaysia, Kuala Lumpur, November 2014.
22. Khoo YY, **M Azahadi O**, Riyanti S, S Fatimah MH, Leni T, M Fuad MA, Teh CH, Lim KH, Chan YY, Chong ZL. Disability adjusted life years (DALYS) to measure burden of disease in Malaysia: A comparison between the years 2000 and 2008. 17<sup>th</sup> NIH Seminar. Malaysia, Kuala Lumpur, November 2014.
23. M Fuad MA, S Fatimah MH, Leni T, Khoo YY, **M Azahadi O**. Burden of injury study: A comparative between 2000 and 2008. 17<sup>th</sup> NIH Seminar. Malaysia, Kuala Lumpur, November 2014.
24. Chan YY, Rahama S, Teh CH, Yeo PS, Lim KK, Norhafizah S, Aznuddin AR, S Maria A, Muslimah Y, Noraida MK, Noor Ani A, **Azahadi O**. Fruits and Vegetables Intake and Physical Activity Level among Malaysian Adults with Hypercholesterolemia. 46<sup>th</sup> Asia - Pacific Academic Consortium for Public Health (APACPH) Conference. Malaysia, Kuala Lumpur, October 2014.

25. Ambak Rashidah, Mohamad Nor Noor Safiza, **Omar Mohd Azahadi**, Zaimi Azlan Siti Syakiroh, Aris Tahir, Wan Mohamud Wan Nazaimoon. Weight related symptoms measures (WRSM) of overweight and obese housewives living in the low cost flats in Klang Valley Malaysia. 8<sup>th</sup> National Conference for Clinical Research. Malaysia, Kuching, October 2014.
26. Ahmad Ali Z, Azli B, **Azahadi O**, Mala M, Cheong SM, Noor Ani A, Rashidah A, Hasnan A, Suhaila AG. Body Mass Index, Body Weight Perception and Control among Adolescents in Malaysia. 12<sup>th</sup> International Congress on Obesity. Malaysia, Kuala Lumpur, March 2014.
27. Huiloo W, Zahara A, Arimi Fitri M, Normah C, Rosdinom R, **Azahadi O**, Suzana S. Nutritional Status and Cognitive Status among Malaysian Older Adults. 12<sup>th</sup> International Congress on Obesity. Malaysia, Kuala Lumpur, March 2014.
28. Hamizatul Akmal AH, Hatta M, Rusdi R, Rozanim K, Norhafizah S, Azahadi O. Alcohol Consumption among Youth in Malaysia. International Society of Addiction Medicine Conference. Malaysia, Kuala Lumpur, November 2013.
29. Chan YY, Lim KK, Teh CH, **Azahadi O**, Azli B, Hamizatul Akmal AH, Norhafizah S, Leni T, Tee GH, Noor Ani A. Physically active adolescents : what are the predictors? 7<sup>th</sup> National Public Health Conference. Malaysia, Shah Alam, November 2013.
30. Nor Azian MZ, Suzana S, Romzi A, **Azahadi O**. Malnutrition and its risk factors among hospitalised patients at Kuala Lumpur General Hospital. 7<sup>th</sup> National Public Health Conference. Malaysia, Shah Alam, November 2013.
31. Norhafizah S, Ahmad Sharifuddin, Siew Lian Y, Natifah CS, Tahir A, Khairiyah AM, **Mohamad Azahadi O**, Feisul Idzwan M, Lee Lan L, Chin Huey T , Nooral Zeila J, Fatanah I, Noor Aliyah I, Norain AT. Oral health seeking behaviour among diabetics. Diabetes Asia 2013 Conference. Malaysia, Kuala Lumpur, October 2013.
32. Ahmad Ali Z, **Azahadi O**, Rusidah S, Azli B, Suhaila AG, Cheong SM, Rashidah A, Lim KK, Noor Ani A, Kee CC. Determinants of Physical Inactivity among Malaysian Obese Adult: Findings from the National Health and Morbidity Survey (NHMS) 2011. Conference on Non-Communicable Diseases. Malaysia, Kuala Lumpur, March 2013.

33. Chan YY, Teh CH, Lim KH, Yeo PS, Lim KK, Lai WY, Azli B, Ong SY, Kee CC, Tee GH, Gurpreet K, **Azahadi O**. Associations of Socio-Demographic, Dietary And Lifestyle Factors With Hypercholesterolemia Among Malaysian Adults. Conference on Non-Communicable Diseases. Malaysia, Kuala Lumpur, March 2013.
34. Teh CH, Lai WY, Chan YY, Lim KH, Lim KK, Mala M, Yeo PS, Kee CC, Ong SY, **Azahadi O**, Fadhli Y. Physical Activity and Its relationship with Diabetes Mellitus: Findings from the National Health & Morbidity Survey 2011. Conference on Non-Communicable Diseases. Malaysia, Kuala Lumpur, March 2013.
35. Teh CH, Chan YY, Lim KH, Lim KK, Lai WY, Yeo PS, Kee CC, Ong SY, **Azahadi O**, Gurpreet K. Physical Activity And Its Relationship With Hypertension Amongst Malaysian Adults, 2011. Malaysian Society of Hypertension, 10<sup>th</sup> Annual Scientific Meeting 2013, Malaysia, Kuala Lumpur, February 2013.
36. Rashidah A, Yeo Ps, Syafinaz Ms, Hamizatul Akmal Ah, **Azahadi O**, Ahmad Ali Z, Suhaila Ag, Azli B, Hasimah I, Noor Ani A. Assessment Of The Urinary Sodium And Its Dietary Sources: A Study Among Ministry Of Health's Staff. Malaysian Society of Hypertension, 10<sup>th</sup> Annual Scientific Meeting 2013, Malaysia, Kuala Lumpur, February 2013.
37. Syafinaz MS, Yeo PS, Rashidah A, Hamizatul Akmal AH, **Mohd Azahadi O**, Lim KH, Riyanti S. Urinary Sodium To Potassium Ratio; High Sodium Intake And Low Potassium Intake: A Study Among The Ministry Of Health Staffs. Malaysian Society of Hypertension, 10<sup>th</sup> Annual Scientific Meeting 2013, Malaysia, Kuala Lumpur, February 2013.
38. Yeo Pei Sien, Rashidah Ambak, Syafinaz Mohd Sallehuddin, Hamizatul Akmal Abd Hamid, **Mohd Azahadi Omar**, Lim Kuang Hock, Teh Chien Huey. Effects Of BMI On Urinary Excretion Of Sodium And Potassium In Ministry Of Health Staff Malaysian Society of Hypertension, 10<sup>th</sup> Annual Scientific Meeting 2013, Malaysia, Kuala Lumpur, February 2013.
39. Yeo PS, Rashidah A, Syafinaz MS, **Mohd Azahadi O**, Hamizatul Akmal AH, Diana M, Umami Nadiyah MY and Azli B. Sources of Dietary Sodium Among Institute for Public Health Staff. 9th Allied Health Scientific Conference. Malaysia, Kuala Lumpur, September 2012.

40. **Azahadi O**, Fadhli Y, Teh CH, Umami Nadiah Y, Kamilah N, Aili, Tee GH. Global Adult Tobacco Survey (GATS): Data Management. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
41. Chan YY, Tee GH, Teh CH, Fadhli Y, Gurpreet K, **Azahadi O**. Global Adults Tobacco Surveys (GATS) Malaysian 2011: Fieldwork Implementation and Challenges. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
42. Fadhli Y, **Azahadi O**, Noor Ani A, Balkish MN, Tahir A. Sampling Design of NHMS 2011. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
43. Fadhli Y, **Azahadi O**, Tee GH, Teh CH, Umami Nadiah Y, Balkish MN, Norhafizah S. Sampling Strategy Of GATS Malaysia 2011. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
44. Hatta M, N Odhayakumar, Rozaimi K, Norsiah A, **Azahadi O**. Alcohol Drinker Profiles in Malaysia: Data from National Health Morbidity Surveys 2011. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
45. Hatta M, N Odhayakumar, Norsiah A, Rusdi R, **Azahadi O**. Type of Alcohol Beverages Consumed in Malaysia: Data from NHMS 2011. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
46. Hatta M, Norsiah A, **Azahadi O**, Hamizatul H, Rushidi R. Binge Drinking Status in Malaysia ( $\geq 13$  Years): data From NHMS 2011. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.

47. Gurpreet K, Lim KH, Fadhli Y, Tee GH, Mohamad Haniki NM, Umami Nadiyah Y, **Azahadi O**, Sukhvinder GS. Involuntary Exposure to Secondhand Smoke in Malaysia: Are Non-Smoking Adults Safe Anywhere? 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
48. GS Sukhvinder, Munshi A, Zanariah Z, Kamilah N, Tee GH, Fadhli Y, **Azahadi O**. Is Perseverance of Knowledge, Attitude and Perceptions of Tobacco use among Malaysian Adults-An Alarming Stages? 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
49. Mohamad Haniki NM, Lim KH, Umami Nadiyah Y, Tee GH, Gurpreet K, Fadhli Y, **Azahadi O**, GS Sukhvinder. Factor Association with Smoking Cessation among Malaysian Adults. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
50. Munshi A, Zanariah Z, Kamilah N, Tee GH, Fadhli Y, GS Sukhvinder, **Azahadi O**. Mass Media Anti-Smoking Campaigns: A Powerful Tool for Health Promotions. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
51. Nabila Al-Sadat, Chan YY, Tee GH, Fadhli Y, **Azahadi O**, Sukhvinder GS, Zariah Z. Dollars and 'Sense': Impact of Household Expenditures on Tobacco Use among the Poor in Malaysia. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012. Teh CH, **Azahadi O**, Umami Nadiyah Y, Hamizatul Akmal AH, Lim KK, Chan YY, Syafinaz MS. Prevalence of Physical Activity in Malaysian Adults: Findings from NHMS 2011. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.

52. Teh CH, Tee GH, Chan YY, Fadhli Y, Gurpreet K, **Azahadi O**, Faridah M. Global Adults Tobacco Surveys (GATS) Malaysian 2011: Manuals and Guidelines. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
53. Teh CH, **Azahadi O**, Fadhli Y, Umami Nadiyah Y, Balkish MN, Tee GH. Global Adult Tobacco Survey (GATS): Data Management. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
54. Umami Nadiyah Y, Diana M, **Azahadi O**, Noor Azah D, Teh CH. Burden Of Disease In Malaysia - Mortality Component. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
55. Zariah Z, GS Sukhvinder, Tee GH, Fadhli Y, **Azahadi O**, Nabila AS. Implementation of MPOWER in Malaysia: The Way Forward. 15<sup>th</sup> NIH Scientific Meeting Incorporation National Health and Morbidity Surveys (NHMS) 2011 and Global Adult Tobacco Surveys (GATS) Conference. Malaysia, Subang Jaya, June 2012.
56. Ho BK, Jasvinder K, Yao WK, Balkish MN, **Azahadi O**, Lim KH. Prevalence and Factors Associated with the Control of Hypertension Among the Elderly: The 2006 National Health and Morbidity Surveys, Malaysia. 1st World Conference on Healthy Ageing. Malaysia, Kuala Lumpur, March 2012.
57. Ho BK, Jasvinder K, Balkish MN, **Azahadi O**. Factors Associated with Hypertension Awareness and Treatment Among Elderly in Malaysia. 9<sup>th</sup> Ministry of Health Malaysia-Academy of Medicine of Malaysia (MOHAMM) Scientific Meeting 2011. Malaysia, Kuala Lumpur, September 2011
58. Nor Azian MZ, Rashidah A, Syafinaz MS, Balkish M.N, **Azahadi O**. Practice of Food Label Reading Among Obese Adults in Malaysia. Findings from the Third National Health and Morbidity Survey. 9<sup>th</sup> Ministry of Health Malaysia-Academy of Medicine of Malaysia (MOHAMM) Scientific Meeting 2011. Malaysia, Kuala Lumpur, September 2011.



59. The Level of Patient Satisfaction in Private Hospitals 2009. 13<sup>th</sup> NIH Scientific Meeting & 4<sup>th</sup> National Conference for Clinical Research, Kuala Lumpur, 2010.
60. The Level of Satisfaction at Outpatient Clinics in Ministry of Health Malaysia Hospitals in Peninsular Malaysia. 8<sup>th</sup> Ministry of Health-Academy of Medicine Malaysia (MOH-AMM) Scientific Meeting, 2009
61. **Azahadi O.** A Study on the Quality of Life among End Stage Renal Failure Patients who Undergone Hemodialysis Treatment in Kelantan and the Associated Factors. Kolokium Kebangsaan Kesihatan Masyarakat IX, Kuala Lumpur, 2002.

#### **RESEARCH ACTIVITY :**

1. Principal Investigator for the “Determination of causes of deaths in Malaysia” Study; 2013-2015.
2. Research team member and data manager for the “My Body is Fit and Fabulous at Home: An Intervention study to combat obesity among housewives living in Klang Valley” Study; 2013-2015.
3. Head, Data Processing & Quality for the “Malaysian Adult Nutrition Survey (MANS)” ; 2014.
4. Research team member for the “Psychometric Evaluation of the Malay Version Of Alcohol Use Disorder Identification Test (AUDIT-M)” [NMRR-13-1088-17518]; 2014.
5. Research team member for the “Understanding the Health, Economic, and Long-term Social Impact of Injuries (HEALS) in Malaysia” (Research ID: 19213; 2014-2015.
6. Research team member for “An Evaluation of the referral of diabetic patients to Dental Clinics in the Ministry of Health Malaysia” [NMRR-10-1340-6840] (Collaboration with Dental Health Division); 2013-2014.
7. Research team member for the “Identification of Optimal Physical Health, Behaviours and Dietary Pattern associated with Neuroprotection for Development of Health

Information System” [NMRR-12-1305-14530] (Collaboration with Faculty of Health Science, UKM); 2013-2015.

8. Research team member for the “Survival Analysis Among TB Patient on treatment in Muar from 2010 to 2012” [NMRR-13-1535-18317] (Collaboration with Muar District Health Office); 2014-2015.
9. Principal Investigator for the “Second Malaysian Burden of Disease Study”; 2010-2012.
10. Head, Data Processing & Quality for Malaysian School Health Survey (MSHS); 2012.
11. Co-Principal Investigator for National Health and Morbidity Survey; 2011-2014.
12. Data Manager for Global Adult Tobacco Survey (GATS); 2011.
13. Co-Investigator for “Health Status of the Orang Asli 2003-2007 in Peninsular Malaysia – Collaboration between jabatan Hal Ehwal Orang Asli and Ministry of Health Malaysia” Research; 2008.
14. Co-Principal Investigator for the Putrajaya Health and Morbidity Survey; 2007.
15. Co-Principal Investigator for the Third National Health and Morbidity Survey; 2006.
16. Co-Investigator for the Malaysian Burden of Disease Study; 2003.

#### **OTHERS :**

1. Research Manager, Institute for Public Health; 2011-2014
2. Reviewer for National Medical Research Registry (NMRR); 2010-2014
3. Members of Research Committee, Institute for Public Health; 2009-2014
4. Members of Research Committee, Institute for Health Management; 2010-2014
5. Scientific Committee for the 7<sup>th</sup> Public Health Conference, 2013
6. Chief Editor for the Journal of Health Management; 2010-2011
7. Reviewer for the Journal of Health Management; 2012-2013.
8. Organizing Committee for the Third National Health and Morbidity Survey Scientific Conference: State Findings, 2008
9. Organizing Committee for the 11<sup>th</sup> NIH Scientific Conference, 2008

10. Logistic Sub-Committee for the 5<sup>th</sup> Global TEPHINET Conference, 2008
11. Organizing Committee for the Third National Health and Morbidity Survey Scientific Conference, 2007

## LECTURE

1. Developing Research Questions. Institut Pengurusan Kesihatan. 29 Mac 2012.
2. "*Prosedur Penyelidikan*" di Taklimat Prosedur Kualiti MS ISO 9001:2008, Institut Kesihatan Umum, 20 Mac 2013.
3. "*Prosedur Penyelidikan*" di Taklimat Prosedur Kualiti MS ISO 9001:2008, Institut Kesihatan Umum, 2 April 2013.
4. "*Data Modification*". Kursus Analisa Data dan Interpretasi Data menggunakan perisian EXCEL (Intermediate). 18 – 19 Jun 2013. Pejabat Kesihatan Klang
5. "*T test*". Kursus Analisa Data dan Interpretasi Data menggunakan perisian EXCEL (Intermediate). 18 – 19 Jun 2013. Pejabat Kesihatan Klang
6. "*Khi square*". Kursus Analisa Data dan Interpretasi Data menggunakan perisian EXCEL (Intermediate). 18 – 19 Jun 2013. Pejabat Kesihatan Klang
7. "*Introduction to Sampling*". Kursus Complex Sampling Design. 1-3 Julai 2013.
8. "*Complex Sample using SPSS*". Kursus Complex Sampling Design. 1-3 Julai 2013.
9. "Data Management". Bengkel Pengurusan Data dan Pemantauan Penyelidikan Fakulti Sains Kesihatan UKM. 7 Julai 2013.
10. "Introduction to SPSS". Kursus Kajian Kepuasan Pelanggan. Hospital Rehabilitasi Cheras.
11. "Data Entry for SERVQUAL-KKM" Kursus Kajian Kepuasan Pelanggan, Hospital Rehabilitasi Cheras.
12. "SERVQUAL Methodology" Kursus Kajian Kepuasan Pelanggan, Hospital Rehabilitasi Cheras.
13. "*Data Modification*". Kursus Data Analysis dan Interpretasi. 27 – 29 Ogos 2013. Hotel Best Western Wana Riverside, Melaka.

14. *"T test"*. Kursus Data Analysis dan Interpretasi. 27 – 29 Ogos 2013. Hotel Best Western Wana Riverside, Melaka.
15. *"Khi square"*. Kursus Data Analysis dan Interpretasi. 27 – 29 Ogos 2013. Hotel Best Western Wana Riverside, Melaka.
16. *"Data Cleaning"*. Latihan Analisa dan Interpretasi Data Survelan. 23 – 26 September 2013. Bayou Lagoon Park Resort, Melaka.
17. *"Analisa Statistik"*. Latihan Analisa dan Interpretasi Data Survelan. 23 –26 September 2013. Bayou Lagoon Park Resort, Melaka.
18. *Data Modification"*. Kursus Data Analysis dan Interpretasi. 8-10 Oktober 2013. Hotel Klagan, Kota Kinabalu.
19. *"T test"*. Kursus Data Analysis dan Interpretasi. 8-10 Oktober 2013. Hotel Klagan, Kota Kinabalu.
20. *"Khi square"*. Kursus Data Analysis dan Interpretasi. 8-10 Oktober 2013. Hotel Klagan, Kota Kinabalu.
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