

Log Book for 2015

Name: DR. NORWAHIDA BINTI SULAIMAN

HCP Category: Pegawai Pergigian

Grade: U48

IC No: 830831115734

Organisation: Pejabat Pergigian Daerah Hulu Terengganu
Supervisor: DR. SITI ZAINORAIDAH BINTI DERAMAN

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A1	Congress/Conference (Local/ international)	20	20	20		
	Topic					
	FDI 2015 ANNUAL WORLD DENTAL CONGRESS BANGKOK		20		22/09/2015 9:00AM	25/09/2015 4:00PM
A2	Scientific Meetings of Chapters of Academy/ Universities/ Colleges/Association/Ins titutions/ Ministry of Health & others	20	9	9		
	Topic					
	SEMINAR KEBANGSAAN FIQH PERGIGIAN		3		09/05/2015 8:00AM	09/05/2015 5:00PM
	NATIONAL OCCUPATIONAL HEALTH CONFERENCE 2015		6		13/05/2015 8:30AM	14/05/2015 12:30PM
A3	Workshops/ Courses/ Fellowships/ attachment etc. (include hands-on & skills courses)	30	31	30		
	Topic					
	BENGKEL PENYEDIAAN ARAHAN KERJA DAN SENARAI SEMAK PERALATAN PERGIGIAN		10		13/04/2015 9:30AM	14/04/2015 4:30PM
	5TH EAST REGIONAL OCCUPATIONAL HEALTH CONFERENCE 2015		6		12/05/2015 8:30AM	12/05/2015 4:30PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	KURSUS PENGURUSAN LAKTASI 20 JAM		15		01/06/2015 8:00AM	03/06/2015 5:00PM
A4	CME sessions/ other professional activities e.g. Topic seminar, Forum, Lectures, Journal Club, Formal Ward rounds (teaching rounds), Clinic attendance, Hospital clinical meeting, Video show, Video conferencing, Reflective Notes, Morbidity and mortality re	20	5	5		
	Topic					
	DENTAL MATERIAL - GIC		1		29/01/2015 2:30PM	29/01/2015 3:30PM
	AN UPDATE : DENTAL RESTORATIVE MATERIAL AND HANDS ON 2015		1		10/03/2015 10:00AM	10/03/2015 1:00PM
	METHODS OF DISPOSAL OF HYPODERMIC NEEDLES		1		30/03/2015 2:30PM	30/03/2015 3:30PM
	INTRODUCTION TO DENTAL IMPLANTS		1		30/03/2015 3:30PM	30/03/2015 4:30PM
	SEMINAR KECEMERLANGAN ORGANISASI		1		15/09/2015 9:00AM	15/09/2015 2:00PM
A5	Presentation at Accredited meeting	20	20	20		
	Topic					
	KESIHATAN PERGIGIAN IBU MENGANDUNG		5		10/04/2015 2:30PM	10/04/2015 4:30PM
	KESIHATAN PERGIGIAN TODDLER		5		22/05/2015 3:30PM	22/05/2015 5:00PM
	HAND HYGIENE & HOUSEKEEPING		5		15/06/2015 3:30PM	15/06/2015 4:30PM
	TAKLIMAT PENEMUAN AUDIT DALAM MS ISO 9001:2008 BIL 1/2015		5		23/06/2015 2:00PM	23/06/2015 4:00PM
A6	Publication of articles in journal/chapters in book/reports	30	0	0		
	Topic					
A7	Self Study / Group Study / Distance Learning	20	0	0		
	Topic					
	,		0			

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A8	CME Online	20	0	0		
	Topic					
			0			
A9	Post-basic courses	30	0	0		
	Topic					
			0			
A10	Education	50	0	0		
	Topic					
			0			
A11	Involvement as comittee or project member	20	25	20		
	Topic					
	TIMBALAN WAKIL PENGURUSAN MS ISO 9001:2008		5			
	MENTOR KEPADA FYDO		5			
	PEGAWAI SAH LATIHAN		5		21/05/2015 6:00AM	31/12/2015 6:00AM
	AJK INCIDENT REPORTING DAN PATIENT SAFETY		5		21/05/2015 6:00AM	31/12/2015 6:00AM
	AJK INDUK EKSA BAGI KESIHATAN PERGIGIAN DAERAH HULU TERENGGANU		5		17/02/2015 6:00AM	31/12/2015 6:00AM
B1	Edition	10	0	0		
	Topic					
			0			
B2	Other supporting activities related to personal development and self-improvement	10	14	10		
	Topic					
	PERHIMPUNAN PENYAYANG TAHUN 2015		2		29/03/2015 7:00AM	29/03/2015 12:30PM
	KARNIVAL TRANSFORMASI TERENGGANU BARU		2		16/05/2015 7:00AM	16/05/2015 11:00AM
	MAJLIS PELANCARAN PROGRAM SAMBUTAN BULAN PEMAKANAN PERINGKAT NEGERI TERENGGANU 2015		3		04/05/2015 10:00AM	04/05/2015 1:00PM
	TAZKIRAH RAMADHAN		2		18/06/2015 12:00PM	18/06/2015 1:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	AJK KURSUS PENYUSUAN SUSU IBU DI BULAN RAMADHAN		3		20/06/2015 9:00AM	20/06/2015 1:00PM
	AJK SAMBUTAN MINGGU PENYUSUSAN SUSU IBU SEDUNIA 2015 PERINGKAT DAERAH HULU TERENGGANU		2		22/10/2015 8:30AM	22/10/2015 12:30PM

CPD Credit Points Equivalent (cumulative)

Total Cumulative Points: 124 Total Actual Points: 114

TK 3 - TK 6

51 dan ke atas serta mendapat sekurang-kurangnya 10 mata kredit di kategori A5,A6,A11,B1 atau B2(atau kombinasi)

Disahkan Oleh (Supervisor):	
() Cop Rasmi :	
Tarikh :	