

myCPD<sup>2</sup> LOGBOOK

Kementerian Kesihatan Malaysia (MOH)  
Ibu Pejabat KKM, Bahagian Perkembangan Perubatan,  
Blok E1, Parcel E, Pusat Pentadbiran Kerajaan Persekutuan,  
62590 Putrajaya



|   |                                |                           |
|---|--------------------------------|---------------------------|
| FULL NAME:<br>AIDA FARIHAH BINTI MANSOR                     | IDENTITY NO.:<br>810207095014  | GRADE OF POST:<br>C48     |
| SUPERVISOR:<br>MAHINDERA BIN ABDUL MANAF                    | EMAIL:<br>aidafariah@gmail.com | HCP:<br>FOOD TECHNOLOGIST |
| ORGANISATION/DEPARTMENT:<br>Pejabat Kesihatan Daerah Kangar |                                | YEAR:<br>2022             |

| Category  | Description  | Start Date           | End Date             | Max Point | Cumulative | Actual |
|-----------|--|----------------------|----------------------|-----------|------------|--------|
| A1        | ATTENDED CONGRESS / CONFERENCE IN RELATED FIELD / CORE BUSINESS (LOCAL / INTERNATIONAL)  |                      |                      |           |            |        |
| A2        | ATTENDED SCIENTIFIC MEETINGS OF CHAPTERS OF ACADEMY / UNIVERSITIES / COLLEGES / ASSOCIATION / INSTITUTIONS / MINISTRY OF HEALTH & OTHER RELATED AGENCIES |                      |                      |           |            |        |
| A3        | ATTENDED WORKSHOPS / COURSES / FELLOWSHIPS / ATTACHMENT ETC. (INCLUDE HANDS - ON & SKILLS COURSES)   |                      |                      |           |            |        |
| UNLISTED  | INTRODUCTION TO CLINICAL RESEARCH  | 21 Mar 2022<br>08:30 | 22 Mar 2022<br>17:00 | 30        | 10         | 10     |
| UNLISTED  | KURSUS PENGUATKUASAAN PELABELAN MAKANAN TAHUN 2022   | 10 May 2022<br>08:00 | 10 May 2022<br>17:00 | 30        | 6          | 6      |
| UNLISTED  | KURSUS KESELAMATAN KEBAKARAN DAN PENGUNGSIAN BANGUNAN PKD KANGAR   | 25 May 2022<br>08:00 | 25 May 2022<br>17:00 | 30        | 6          | 6      |
| UNLISTED  | KURSUS MINDA SEJAHTERA   | 14 Jun 2022<br>09:00 | 14 Jun 2022<br>17:00 | 30        | 6          | 6      |
| UNLISTED  | BENGKEL PENYEDIAAN MAKANAN KEPADA PENGUSAHA HOMEBASED  | 28 Jul 2022<br>09:00 | 28 Jul 2022<br>17:00 | 30        | 6          | 0      |
| UNLISTED  | KURSUS TEKNIKAL PENGAUDITAN PENGHASILAN SUSU DAN PEMROSESAN SUSU   | 24 Aug 2022<br>08:30 | 26 Aug 2022<br>22:30 | 30        | 15         | 2      |
| Sub-Total |  |                      |                      |           | 49         | 30     |
| A4        | ATTENDED CME SESSIONS / OTHER PROFESSIONAL ACTIVITIES  |                      |                      |           |            |        |
| UNLISTED  | ZOOM MEETING PROSEDUR KAWALAN IMPORT   | 17 Jan 2022<br>09:00 | 17 Jan 2022<br>16:00 | 20        | 1          | 1      |
| UNLISTED  | TAKLIMAT SOP IMPORT  | 03 Feb 2022<br>10:30 | 03 Feb 2022<br>11:30 | 20        | 1          | 1      |
| UNLISTED  | KEBARED NGAJI-NGAJI: KUPASAN KITAB HADITH 40 IMAM NAWAWI   | 07 Apr 2022<br>08:15 | 07 Apr 2022<br>09:15 | 20        | 1          | 1      |
| UNLISTED  | CME CUTI REHAT, CUTI SEPARUH GAJI DAN CUTI TANPA GAJI  | 07 Apr 2022<br>10:00 | 07 Apr 2022<br>11:00 | 20        | 1          | 1      |
| UNLISTED  | SOP PENGURUSAN ALERT MAKANAN DOMESTIK  | 11 Apr 2022<br>09:00 | 11 Apr 2022<br>11:00 | 20        | 1          | 1      |
| UNLISTED  | SOP FORENSIK FOTOGRAFIK  | 14 Apr 2022<br>09:00 | 14 Apr 2022<br>10:00 | 20        | 1          | 1      |
| UNLISTED  | PERINTAH AM SAMBUNGAN BAB CUTI   | 14 Apr 2022<br>10:00 | 14 Apr 2022<br>11:00 | 20        | 1          | 1      |
| UNLISTED  | SOP PERSAMPELAN MAKANAN KIMIA  | 21 Apr 2022<br>09:00 | 21 Apr 2022<br>10:00 | 20        | 1          | 1      |
| UNLISTED  | PERINTAH AM SAMBUNGAN BAB CUTI   | 21 Apr 2022<br>10:00 | 21 Apr 2022<br>11:00 | 20        | 1          | 1      |
| UNLISTED  | SOP KOMPAUN PPM 1985 DAN PPKM 2009   | 26 Apr 2022<br>09:00 | 26 Apr 2022<br>10:00 | 20        | 1          | 1      |
| UNLISTED  | PERINTAH AM BAB G (III) SAMBUNGAN AKHIR  | 26 Apr 2022<br>10:00 | 26 Apr 2022<br>11:00 | 20        | 1          | 1      |
| UNLISTED  | MANAGEMENT TOOLS   | 04 Nov 2022<br>14:45 | 04 Nov 2022<br>17:30 | 20        | 1          | 1      |
| Sub-Total |  |                      |                      |           | 12         | 12     |
| A5        | PRESENTATION AT OFFICIAL MEETINGS / FUNCTIONS  |                      |                      |           |            |        |
| UNLISTED  | TAKLIMAT PENYEDIAAN DAN NUTRISI MAKANAN KEPADA GURU DAN PEMBANTU GURU TADIKA ISLAM PERLIS  | 24 Mar 2022<br>14:00 | 24 Mar 2022<br>17:00 | 20        | 5          | 5      |

| Category   | Description  | Start Date           | End Date             | Max Point | Cumulative | Actual |
|--|--|----------------------|----------------------|-----------|------------|--------|
| UNLISTED   | PROGRAM USAHAWAN ASNAF BERDIKARI KEMAS NEGERI PERLIS 2022  | 07 Jun 2022<br>11:00 | 07 Jun 2022<br>13:00 | 20        | 5          | 5      |
| Sub-Total  |  |                      |                      |           | 10         | 10     |
| A6   | PUBLICATION OF ARTICLES IN JOURNAL / CHAPTERS IN BOOK / REPORTS  |                      |                      |           |            |        |
| A7   | SELF STUDY / GROUP STUDY / CASE STUDY / DISTANCE LEARNING E.G. READING SCIENTIFIC PAPERS FROM INDEXED JOURNALS, AUDIO - VISUAL, ORGANIZED GROUP DISCUSSION |                      |                      |           |            |        |
| A8   | CONTINUOUS MEDICAL EDUCATION ONLINE  |                      |                      |           |            |        |
| A9   | ATTENDED POST - BASIC COURSES / FURTHER TRAINING   |                      |                      |           |            |        |
| A10  | BASIC DEGREE / MASTERS DEGREE / POSTGRADUATE DIPLOMA / PHD / DRPH / SUBSPECIALITY TRAINING   |                      |                      |           |            |        |
| A11  | INVOLVEMENT AS COMMITTEE OR PROJECT MEMBER   |                      |                      |           |            |        |
| UNLISTED   | BENGKEL MESTI KEPADA PENGUSAHA BENGKEL MAKANAN DI PERLIS BIL 1/2022  | 30 Mar 2022<br>08:00 | 31 Mar 2022<br>17:00 | 20        | 5          | 5      |
| Sub-Total  |  |                      |                      |           | 5          | 5      |
| B1   | PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS ETC.   |                      |                      |           |            |        |
| B2   | OTHER SUPPORTING ACTIVITIES RELATED TO PERSONAL DEVELOPMENT AND SELF IMPROVEMENT   |                      |                      |           |            |        |
| B3   | ATTENDED ANNUAL GENERAL MEETING OF SOCIETIES / ASSOCIATION / NGO REGISTERED WITH REGISTRAR OF SOCIETY (ROS)  |                      |                      |           |            |        |
| Grand-Total  |  |                      |                      |           | 76         | 57     |
| <b>CPD Credit Points Equivalent (cumulative)</b><br>Total Cumulative Points: <b>76</b><br>Total Actual Points: <b>57</b> |  |                      |                      |           |            |        |

|          |                           |                 |
|----------|---------------------------|-----------------|
| REMARKS: | VERIFIED BY (SUPERVISOR): | OFFICIAL STAMP: |
|          | DATE:                     |                 |

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