

Curriculum Vitae

Contact Info



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Personal Particulars

Age : 42 years
Date of Birth : 25 May 1973
Nationality : Malaysia
Gender : Female
Marital Status : Married
IC No. : 730525-11-5156

Educational Background

Universiti Kebangsaan Malaysia (UKM), BSc(Nutrition) 1997
Universiti Kebangsaan Malaysia (UKM), MSc (Nutrition) 2009

Awards

- Excellent Service Award, PTPL 2000
- Excellent Service Award, KKM 2004
- Excellent Service Award, KKM 2012

Employment History

Ministry of Health

Department : Negeri Sembilan State Health Department
Position Title : Senior Principal Assistant Director
Duration : 30 June 2014 – Present

Responsibilities :

- Leading the Nutrition Unit, Public Health Department
- Planning and managing nutrition programmes in the state
- Monitoring, analyzing and reporting state nutrition status
- Advocating Nutrition Plans and Actions on Nutrition of Malaysia (NPANM)
- Promoting and educating nutrition programmes in the state
- Identifying research needs in the state
- Providing technical advice and consultation in nutrition area

Ministry of Health

Department : Food Safety and Quality Division

Position Title : Principal Assistant Director

Duration : 2 February 2010 – 29 June 2014

Responsibilities :

- Leading the Special Food Groups Section, Standard and Codex Branch
- Head of Secretariat for the National Codex Sub-Committee on Nutrition and Foods for Special Dietary Uses (NCSC NFSDU)
- Head of Secretariat for the Expert Working Committee on Nutrition
- Providing technical inputs related to nutrition under the provisions of Food Regulations 1985 and Codex Standards

Ministry of Health

Department : Negeri Sembilan State Health Department

Position Title : Senior Assistant Director

Duration : 1 September 2006 – 2 February 2010

Responsibilities :

- Planning and managing nutrition programmes in the state
- Monitoring, analyzing and reporting state nutrition status
- Advocating Nutrition Plans and Actions on Nutrition of Malaysia (NPANM)
- Promoting and educating nutrition programmes in the state
- Identifying research needs in the state
- Providing technical advice and consultation in nutrition area

Ministry of Health

Department : Food Safety and Quality Division, Public Health Department

Position Title : Assistant Director

Duration : 30 July 2001 – 1 September 2006

Responsibilities :

- Secretariat for the National Codex Sub-Committee on Nutrition and Foods for Special Dietary Uses (NCSC NFSDU)
- Secretariat for the National Codex Sub-Committee on General Principle (NCSC GP)
- Secretariat for the National Codex Sub-Committee for Asia (NCSC Asia)
- Secretariat for Committee on Nutrition Expert Working Group
- Codex Contact Point for Malaysia (CCP)

PTPL College

Department : Examination

Position Title : Assistant Vice President

Duration : 1 August 1997 – 30 July 2001

Responsibilities :

- Planning and managing examination schedules in the college
- Analyzing and reporting examination results

Contributions

- Panel member in the 'Ask the expert' of MyHealth Portal (2010 - 2014)
- Represented Malaysia as Head of Delegation for Codex Committee on Nutrition and Foods for Special Dietary Uses (CCNFSDU) (2010 - 2012)
- Represented MOH in standard development for SIRIM:
 - Infant formula
 - Processed cereal-based foods for infants and young children
 - MS 1148: 2007 Fine granulated sugar and castor sugar
 - MS 5: Part 1: 2005 White refined sugar (3rd revision)
 - MS 82: 2005 White refined sugar for industrial use
 - MS 1148: 2007 Fine granulated sugar and castor sugar
- Participated in standard development for Food Regulations 1985:
 - Nutrition labelling and claims
 - Formulated milk powder for children
 - Infant formula and infant formula for medical purposes
 - Processed cereal-based foods for infants and young children
 - Electrolyte drink and electrolyte drink base
 - Food advertisement
- Published papers (main / co-author):
 - Malaysian Dietary Guidelines for Children and Adolescents (2013)
 - Chapter 9 (main author) and Chapter 15 (co-author)
 - Malaysian Journal of Nutrition (Vol. 16 No. 2, August 2010)
 - Consumer understanding and preferences for different nutrition information panel (NIP) formats (main author)
 - Malaysian Dietary Guidelines (Revision 2010)
 - Chapter 6, 7 and 14 (co-author)
 - Proceeding papers in 11th ASEAN Food Conference 2009
 - Consumer understanding and preferences for different nutrition information panel (NIP) formats (main author)
 - Nutritional quality and properties of protein and lipid in processed meat products (co-author)
- As a member of the organizing committee for meetings at the international level:
 - 23rd Session of the Codex Committee on Fats and Oils (CCFO), 25 February - 1 March 2013, Langkawi.
 - 22nd Session of the Codex Committee on Fats and Oils (CCFO), 21-25 February 2011, Penang.
 - 33rd Session of the Codex Committee on Food Labelling (CCFL), 9-13 May 2005, Kota Kinabalu.
 - 1st Meeting of EC-ASEAN on the Development of ASEAN Common Food Control Requirements, 16-17 May 2005, Kuala Lumpur.
 - FAO/WHO Regional Conference on Food Safety for Asia and the Pacific, 24-27 May 2004, Seremban.
 - ASEAN Health Ministers Meeting, 17-23 April 2004, Penang.
 - WHO Global Conference on SARS, 17-18 June 2003, Petaling Jaya.
 - 13th Session of the Codex Coordinating Committee for Asia (CCAsia), 17-20 September 2002, Kuala Lumpur.
- Has involved in more than 50 Secretariat Committees at state and national level.
- Has given more than 30 presentations at seminars/workshops/conferences related to nutrition.

