

Log Book for 2013

Name : PRIYA A/P RAGUNATH
HCP Category : Pegawai Perubatan
Grade : U54
IC No : 701214105214
Organisation : Bahagian Kawalan Penyakit
Supervisor : ZAINAL ARIFFIN BIN OMAR

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A1	Congress/Conference (Local/ international)	20	20	20		
	Topic					
	7 TH NATIONAL PUBLIC HEALTH CONFERENCE		20		11/11/2013 8:30AM	13/11/2013 5:30PM
A2	Scientific Meetings of Chapters of Academy/ Universities/ Colleges/Association/Institutions/ Ministry of Health & others	20	24	20		
	Topic					
	SEMINAR PENYAKIT TIDAK BERJANGKIT BERSAMA PROFESSOR ROBERT BEAGLEHOLE DAN DR RUTH BONITA		3		28/03/2013 8:30AM	28/03/2013 5:30PM
	SOCISO ACCIDENT PREVENTION SEMINAR		6		23/09/2013 9:00AM	24/09/2013 5:30PM
	DIAGNOSTIC CRITERIA OF OCCUPATIONAL DISEASE		3		19/11/2013 8:30AM	19/11/2013 5:30PM
	ANNUAL SEMINAR ON OCCUPATIONAL MEDICINE		3		23/02/2013 8:30AM	23/02/2013 5:30PM
	CPD ON ERGONOMICS IN OCCUPATIONAL MEDICINE		3		24/08/2013 8:30AM	24/08/2013 5:30PM
	OCCUPATIONAL DISEASES		3		26/10/2013 8:30AM	26/10/2013 5:30PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
	TOWARDS A HEALTHIER AND PRODUCTIVE WORKPLACE		3		14/12/2013 8:30AM	14/12/2013 5:30PM
A3	Workshops/ Courses/ Fellowships/ attachment etc. (include hands-on & skills courses)	30	44	30		
	Topic					
	RISK ASSESSMENTWORKSHOP		4		09/09/2013 8:30AM	09/09/2013 1:00PM
	PEMBENTUKAN GARISPANDUAN PREMIS BEBAS ASAP ROKOK		15		14/04/2013 9:00AM	16/04/2013 10:00PM
	PEMURNIAN GARISPANDUAN PREMIS BEBAS ASAP ROKOK		15		03/06/2013 9:00AM	05/06/2013 10:00PM
	MESYUARAT TEKNIKAL ISI KANDUNGAN GARISPANDUAN PREMIS BEBAS ASAP ROKOK		10		15/05/2013 8:30AM	16/05/2013 5:30PM
A4	CME sessions/ other professional activities e.g. Topic seminar, Forum, Lectures, Journal Club, Formal Ward rounds (teaching rounds), Clinic attendance, Hospital clinical meeting, Video show, Video conferencing, Reflective Notes, Morbidity and mortality re	20	5	5		
	Topic					
	PROGRAM LATIHAN PEMANTAPAN 5S		1		29/05/2013 9:00AM	29/05/2013 1:00PM
	MESYUARAT LATIHAN JKPP BLOK E6		1		07/03/2013 2:30PM	07/03/2013 3:30PM
	KURSUS KESEDARAN DAN KESIHATAN PEKERJAAN		1		17/10/2013 8:30AM	17/10/2013 5:30PM
	PREVENTION OF OCCUPATIONAL DISEASES		1		28/05/2013 8:30AM	28/05/2013 1:00PM
	FORUM HARI KESIHATAN TIDUR		1		16/03/2013 2:30PM	16/03/2013 4:30PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A5	Presentation at Accredited meeting	20	95	20		
	Topic					
	TAKLIMAT PROGRAM GAYA HIDUP SIHAT DI JABATAN KERAJAAN TEMPATAN, KPKT		5		21/01/2013 2:30PM	21/01/2013 4:30PM
	UPDATE KAWALAN INFEKSI		5		07/03/2013 9:00AM	07/03/2013 5:30PM
	NEEDLESTICK INJURIES		5		07/03/2013 8:30AM	07/03/2013 9:30AM
	PERANAN KETUA JABATAN DALAM PENGURUSAN KESELAMATAN DAN KESIHATAN PEKERJA		5		21/03/2013 8:00PM	21/03/2013 10:00PM
	MANAGERIAL CONTROL OF TB AT NATIONAL AND FACILITY LEVEL		5		25/04/2013 2:00PM	25/04/2013 3:00PM
	SHARPS INJURIES		5		07/05/2013 11:00AM	07/05/2013 12:00PM
	PLANTATION HEALTH		5		09/06/2013 10:00AM	09/06/2013 11:00AM
	PROMOSI KESIHATAN DI TEMPAT KERJA		5		11/06/2013 10:00AM	11/06/2013 11:30AM
	SHARPS INJURIES		5		04/07/2013 12:00PM	04/07/2013 1:00PM
	INTRODUCTION TO ERGONOMICS		5		24/08/2013 9:00AM	24/08/2013 10:00AM
	AUDIT KESELAMATAN DAN KESIHATAN PEKERJAAN		5		26/08/2013 2:30PM	26/08/2013 4:00PM
	AUDIT KESELAMATAN DAN KESIHATAN PEKERJAAN		5		28/08/2013 2:00PM	28/08/2013 3:30PM
	PENDEDAHAN KEPADA PENYAKIT BERJANGKIT TB		5		02/09/2013 2:00PM	02/09/2013 3:00PM
	ERGONOMICS IN THE LABORATORY		5		03/09/2013 9:30AM	03/09/2013 10:30AM
	WORKPLACE SAFETY AND HEALTH		5		11/09/2013 2:00PM	11/09/2013 3:00PM
	SHARPS INJURY SURVEILLANCE		5		17/10/2013 11:00AM	17/10/2013 12:00PM
	SAFETY AND HEALTH ACTS		5		29/10/2013 2:00PM	29/10/2013 3:00PM
	MEDICAL SURVEILLANCE		5		29/10/2013 3:00PM	29/10/2013 4:00PM
	HEPTITIS B IMMUNIZATION		5		30/10/2013 9:00AM	30/10/2013 1:00PM

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
A6	Publication of articles in journal/chapters in book/reports	30	40	30		
	Topic					
	GUIDELINES ON PREVENTION AND MX OF TB AMONG HEALTHCARE WORKERS		10		01/01/2013 8:00AM	23/12/2013 5:30PM
	GUIDELINES ON DISPOSING MERCURY CONTAINING SPHYGMOMANOMETER AND THERMOMETERS		10		01/01/2013 8:30AM	01/07/2013 5:30PM
	SMOKE FREE WORKPLACE A USER GUIDE		10		01/04/2013 8:30AM	01/11/2013 5:30PM
	GARISPANDUAN KAWALAN INFEKSI DI FASILITI PRIMER		10		01/01/2013 8:30AM	01/10/2013 5:30PM
A7	Self Study / Group Study / Distance Learning	20	0	0		
	Topic					
			0			
A8	CME Online	20	0	0		
	Topic					
			0			
A9	Post-basic courses	30	0	0		
	Topic					
			0			
A10	Education	50	0	0		
	Topic					
			0			
A11	Involvement as committee or project member	20	5	5		
	Topic					
	GARISPANDUAN AUDIT KESELAMATAN DAN KESIHATAN PEKERJAAN		5		01/02/2013 8:30AM	30/12/2013 5:30PM
B1	Edition	10	0	0		
	Topic					
			0			

CPD Category	Description	Max Points	Cumulative Points	Actual Points	Start	End
B2	Other supporting activities related to personal development and self-improvement	10	15	10		
	Topic					
	CHAIRMAN OF THE SOCIETY OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE		5		01/05/2013 6:00AM	30/12/2013 6:00AM
	ASSISTANT SECRETARY OF THE MALAYSIAN SOCIETY OF OCCUPATIONAL HEALTH PHYSICIANS		5		01/01/2013 6:00AM	30/12/2013 6:00AM
	MEMBER OF THE NATIONAL COUNCIL FOR OCCUPATIONAL SAFETY AND HEALTH		5		01/01/2013 6:00AM	30/12/2013 6:00AM

CPD Credit Points Equivalent (cumulative)

Total Cumulative Points : 248 Total Actual Points : 140

TK 3 - TK 6

51 dan ke atas serta mendapat sekurang-kurangnya 10 mata kredit di kategori A5,A6,A11,B1 atau B2(atau kombinasi)

65

Disahkan Oleh (Supervisor):

(.....)

Cop Rasmi :

Tarikh :