

# CURRICULUM VITAE

## MOHAMMAD ZABRI JOHARI

**Date of Birth** : 2<sup>nd</sup> September 1978

**NRIC** : 780902135271

**Race** : Malay

**Religion** : Islam

## CONTACTS

Tel : +603-33592978

Mobile : +6013-2892978

E-mail : [mzabrijohari@gmail.com](mailto:mzabrijohari@gmail.com)

[mzabri@moh.gov.my](mailto:mzabri@moh.gov.my)



## CURRENT ADDRESS:

J-03-7-16, Apartment Seri Jati, Jalan Setia Gemilang U13/45C, Seksyen U13,  
40170 Shah Alam, Selangor

## EDUCATION:

2012 – 2019	PhD. Institute of Health and Society Newcastle University, UK
2006-2008	MHSc. Health Sciences (Health Education), Malaysia National University (UKM).
1999-2003	BSc. Of Science (Cognitive Sciences), Malaysia Sarawak University (UNIMAS).
1998-1999	UNIMAS Matriculation program, Bintulu Teachers' Science College (MPSB).
1991-1995	Green Road Secondary High School, Kuching, Sarawak.
1987-1990	Green Road Primary High School.

## WORKING EXPERIENCE:

June 2008-Present	Institute for Health Behavioural Research.
Jan-May 2008	Hospital Serdang, Selangor.
Dec 2004-2007	Hospital Pakar Sultanah Fatimah, Muar, Johor.
2002	Stint at SIRIM Sarawak under the UNIMAS Training program.

## SPECIALIZATION:

- Mixed Methods Research (Qualitative & Quantitative) Development & Applications
- Statistical Analysis for Research
- Theoretical Framework Qualitative Analysis
- Behavioural Theories and Applications
- Ethical Procedures and analysis in Research

## AWARDS:

Anugerah Perkhidmatan Cemerlang (2009)  
Hadiah Latihan Persekutuan – PhD. (2012)

### CONTRIBUTIONS IN RESEARCH:

1.	Reviewer for Scientific Papers submitted to the Director General of Health Malaysia (since 2008) under NIH
2.	Reviewer for Research protocols for Medical Research Ethics Committee (MREC) (since 2011).
3.	Reviewer for Research protocols for NIH Scientific Committee (since 2017).
4.	Panel for MOH Scientific Grant (since 2017).
5.	Panel for MOSTI/MASTECC Technical and Scientific Review (since 2018).
6.	Head of NCD Research Cluster in MOH (since 2017).
7.	Co-Principle Investigator for Health Seeking Behaviour Amongst Transgender Women and Men Having Sex with Men (2018 – Ongoing)
8.	Lead investigator for Enhanced Primary Healthcare: Process Evaluation (EnPHC: PE) Phase 3 and Lead for IHBR team (2017-2018) – collaboration with Harvard University.
9.	Lead investigator for Qualitative component in Mobile Applications for Child Injury Prevention Research (M-Child) (2017-2018) – collaboration with John Hopkins University & Institute for Public Health.
10.	Principle Investigator for the Global School-based Student Health Survey (GSHS) (2011 - 2012).
11.	Principle Investigator for the Youth Behavioural Risk Factor Surveillance Survey (YBRFSS) (2008 - 2010).
12.	Core member for the National Health Morbidity Survey (2010 - 2012).
13.	Project team for the Pre-test of Main Key Messages for the Malaysian Dietary Guideline (2011 - 2012).
14.	Project team for the Pre-test of Main Key Messages for the Malaysian Dietary Guideline (2008 - 2009).
15.	Project Team for A Study on the Mental Health amongst MOH & UKM Staff (2008 - 2009).
16.	Supervisor in Research Projects for Master Degree Programme (Health Education) UKM (since 2008).

### CONTRIBUTIONS IN TRAINING:

1.	Co-coordinator for Master Degree Programme: Research Methodology & Statistics Module, Universiti Kebangsaan Malaysia-Ministry of Health (2008 - present).
2.	Co-coordinator for Master Degree Programme: Anatomy & Physiology Module, Universiti Kebangsaan Malaysia-Ministry of Health (2008 - 2009).
3.	Fellow Lecturer of Allied Health Sciences Faculty, Universiti Kebangsaan Malaysia (2008 - present).
4.	Panel Examiner for final VIVA of Master Degree Programme (Health Education) (2008 - 2012).

### CONTRIBUTIONS IN PROGRAMME DEVELOPMENT:

1.	Committee Member for the Restructuring of 1NIH Complex.
2.	Committee Member for the development of the 2010 Malaysia Dietary Guideline.
3.	Committee Member of the TWG-5 (Empowerment) Paper for Rancangan Malaysia ke-10 (RMK-10).
4.	Committee Member in the Improvisation of the Master Degree (Health Education) Programme.

### CONTRIBUTIONS IN TECHNICAL CONSULTATION:

1.	Research Methodology Consultant/Trainer for JKN Sabah (2009-2012).
2.	Data Analysis Consultant for Malaysia Health Promotion Board (2010-2012).
3.	Technical Reviewer for 8 <sup>th</sup> MOHAAM Scientific Conference 2009.
4.	External trainer in Research Methodology & SPSS for University Students – upon request (UKM, USM,

### CONTRIBUTIONS FOR COMMUNITY:

1. Deputy Chair for Newcastle Hall Malaysia Society (2013-2015).

### PUBLICATIONS:

Published	<ul style="list-style-type: none"> <li>• Low, L. L., Ab Rahim, F. I., Johari, M. Z., Abdullah, Z., Abdul Aziz, S. H., Suhaimi, N. A., ... Murad, S. (2019). Assessing receptiveness to change among primary healthcare providers by adopting the consolidated framework for implementation research (CFIR). <i>BMC health services research</i>, 19(1), 497. doi:10.1186/s12913-019-4312-x</li> <li>• Nurashma J, Wee LH, Komathi P, Teresa YSM, Masitah A &amp; MZ Johari. 2019. Terjebak Shisha: Faktor-Faktor Penggunaan Shisha dalam Kalangan Wanita di Lembah Klang. <i>Malaysian Journal of Health Promotion</i>.</li> <li>• Siti Nur Farhana H &amp; MZ Johari. 2018. Factors Affecting The Decision Making Of HPV Vaccination Uptake Among Female Youth In Klang Valley (Influencing Factors) : A Qualitative Study. <i>Global Journal of Health Science</i>.</li> <li>• Ng, L.O., Wee L.H., Lee, J.K., Johari, M.Z., Nudin, S.S.H., Omar, B. 2013. Developing a Malaysian Psychotic Symptom Screening Inventory: an exploratory study. <i>International Journal of Culture and Mental Health</i>.</li> <li>• Mohammad Zabri J., Sulaiman C.R., Zawaha I., Edawaty U. &amp; Siti Sa'adiah H.N. 2010. Corporate Culture in Ministry of Health Malaysia: The Inside Perspective of Two FGD's in Klang Valley. <i>Journal of Health Management</i>.</li> <li>• Dayang Rusnah Wati Z., Kaswandi M.A., Mohammad Zabri J. &amp; Y.Y. Wong. 2010. Application of PRECEDE and Health Belief Model Constructs in Pre-Intervention Study of Self-monitoring of Blood Glucose in Hospital Melaka. <i>Journal of Health Management</i>.</li> <li>• Norazilah M.R. Ismarulyusda I &amp; Mohammad Zabri J. 2010. Cognitive Testing for the Youth Behavioural Risk Factor Surveillance System's Research Instrument. <i>Journal of Health Management</i>.</li> </ul>
In the works to publish (2018-2019)	<ul style="list-style-type: none"> <li>• Assessing Receptiveness To Change among Primary Healthcare Providers By Adopting CFIR. To be published in BMC Implementation Research (Co-Author)</li> <li>• Enhanced Primary Health Care : How Patients Make Sense on Flow &amp; Process at Clinic. To be published at BMC Health Systems Research (Primary Author)</li> <li>• Care Coordinator : The Center Core of the Implementation of Enhanced Primary Healthcare. To be published at BMC Health Systems Research (Co-Author)</li> <li>• Family Health Team: Covering the entire family in Enhanced Primary Health Care. To be published at BMC Health Systems Research (Co-Author)</li> </ul>

### MAJOR RESEARCH PROJECTS:

2019 onwards	<ul style="list-style-type: none"> <li>• Health Seeking Behaviour Amongst Transgender Women and Men Having Sex with Men</li> <li>• Development of tool for NHMS 2020 – Zoonosis Module.</li> </ul>
--------------	--

2017-2018	<ul style="list-style-type: none"> <li>• T&amp;CM use amongst type 2 Diabetes Patients in Negeri Sembilan</li> <li>• Enhanced Primary Healthcare: Process Evaluation (collaboration with Harvard University and Institute for Health Systems Research)</li> <li>• Mobile Applications for Child Prevention Injury (collaboration with John Hopkins University and Institute for Public Health)</li> </ul>
2012 – 2016	<ul style="list-style-type: none"> <li>• Predictors of Weight Loss and Weight Management Behaviours Amongst Malaysians.</li> </ul>
2010-2012	<ul style="list-style-type: none"> <li>• National Health Morbidity Survey.</li> <li>• Systematic Review on Health Education Strategies in Reducing Overweight &amp; Obesity.</li> <li>• Youth Behavioural Risk Factor Surveillance Survey (YBRFSS).</li> <li>• Malaysia Health Literacy.</li> <li>• Effectiveness of COMBI Activities as an Intervention in Controlling Dengue.</li> <li>• Malaysian Dietary Guideline: Children &amp; Adolescents</li> </ul>
2008-2009	<ul style="list-style-type: none"> <li>• Health Screening for Risky Behaviors amongst PLKN Trainees for Ischemic Heart Disease.</li> <li>• A Study on the Mental Health amongst MOH &amp; UKM Staff.</li> <li>• A Pre-test of Main Key Messages for the Malaysian Dietary Guideline 2009</li> <li>• Determinants of Wellness amongst Older Malaysians.</li> </ul>
2006-2007	<ul style="list-style-type: none"> <li>• The Effectiveness of Increasing Physical Activity on Type II Diabetic Patients at Hospital Pakar Sultanah Fatimah, Muar, Johor Darul Ta'zim.</li> </ul>

#### REFEREES:

**Dr. Manimaran Krishnan Kaundan**  
 Director,  
 Institute for Health Behavioral Research,  
 Jalan Rumah Sakit Bangsar,  
 59000 Kuala Lumpur.  
 Tel: +603-20821400

**Datuk Dr. Christopher Lee**  
 Deputy Director General (R&D),  
 Ministry of Health Malaysia,  
 Aras 12, Blok E7,  
 62590 Putrajaya.  
 Tel: +603-8883 2543



**Mohammad Zabri Johari**  
 Health Behavioural Researcher  
 Institute for Health Behavioural Research  
 Ministry of Health Malaysia

**Date: April 8th, 2019**