

myCPD<sup>2</sup> LOGBOOK

Kementerian Kesihatan Malaysia (MOH)  
Ibu Pejabat KKM, Bahagian Perkembangan Perubatan,  
Blok E1, Parcel E, Pusat Pentadbiran Kerajaan Persekutuan,  
62590 Putrajaya



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|--|--|----------------------------------|
| FULL NAME:<br>👤 <b>MOHD AMIRUL AIZAD BIN BAHARUDIN</b>                 | IDENTITY NO.:<br>📞 <b>870621565039</b>     | GRADE OF POST:<br>📄 <b>U41</b>   |
| SUPERVISOR:<br>👤 <b>MALATHI A/P KARALASINGAM</b>                       | EMAIL:<br>✉ <b>amirulaizad88@gmail.com</b> | HCP:<br>👤 <b>PHYSIOTHERAPIST</b> |
| ORGANISATION/DEPARTMENT:<br>🏢 <b>Institut Latihan KKM Sungai Buloh</b> |  | YEAR:<br>📅 <b>2021</b>           |

| Category  | Description   | Start Date           | End Date             | Max Point | Cumulative | Actual    |
|-----------|---|----------------------|----------------------|-----------|------------|-----------|
| <b>A1</b> | <b>ATTENDED CONGRESS / CONFERENCE IN RELATED FIELD / CORE BUSINESS (LOCAL / INTERNATIONAL)</b>  |                      |                      |           |            |           |
| LISTED    | MPA NATIONAL PHYSIOTHERAPY SEMINAR 2021   | 10 Sep 2021<br>08:30 | 12 Sep 2021<br>17:30 | 20        | 20         | 0         |
| UNLISTED  | 7TH AOCCN VIRTUAL CONGRESS  | 30 Jan 2021<br>08:30 | 01 Feb 2021<br>18:30 | 20        | 20         | 20        |
| UNLISTED  | 4TH ASIAN OCEANIAN CONGRESS OF NEURO REHABILITATION   | 06 Aug 2021<br>08:30 | 08 Aug 2021<br>17:00 | 20        | 20         | 0         |
| Sub-Total |   |                      |                      |           | <b>60</b>  | <b>20</b> |
| <b>A2</b> | <b>ATTENDED SCIENTIFIC MEETINGS OF CHAPTERS OF ACADEMY / UNIVERSITIES / COLLEGES / ASSOCIATION / INSTITUTIONS / MINISTRY OF HEALTH &amp; OTHER RELATED AGENCIES</b> |                      |                      |           |            |           |
| <b>A3</b> | <b>ATTENDED WORKSHOPS / COURSES / FELLOWSHIPS / ATTACHMENT ETC. (INCLUDE HANDS - ON &amp; SKILLS COURSES)</b>   |                      |                      |           |            |           |
| UNLISTED  | KURSUS WRITING A REVIEW SYSTEMATICALLY TO INCREASE THE ARTICLE IMPACT   | 23 Jan 2021<br>10:00 | 23 Jan 2021<br>17:00 | 30        | 6          | 6         |
| UNLISTED  | KURSUS KEPIMPINAN DAN PENGURUSAN 2021   | 16 Jun 2021<br>09:00 | 16 Jun 2021<br>16:30 | 30        | 4          | 4         |
| Sub-Total |   |                      |                      |           | <b>10</b>  | <b>10</b> |
| <b>A4</b> | <b>ATTENDED CME SESSIONS / OTHER PROFESSIONAL ACTIVITIES</b>  |                      |                      |           |            |           |
| UNLISTED  | ROLE OF PHYSIOTHERAPIST IN PARKINSON'S DISEASE". CURIOUS TO KNOW ABOUT PHYSIOTHERAPIST'S ROLE IN PARKINSON'S AND HOW THE PATIENTS CAN BE BENEFITED?                 | 29 Jan 2021<br>12:00 | 29 Jan 2021<br>13:05 | 20        | 1          | 1         |
| UNLISTED  | EXERCISE FOR HYPERTENSION POPULATION  | 19 Feb 2021<br>15:30 | 19 Feb 2021<br>16:30 | 20        | 1          | 1         |
| UNLISTED  | NEUROPLASTICITY AND ROBOTIC REHABILITATION  | 25 Mar 2021<br>15:00 | 25 Mar 2021<br>16:00 | 20        | 1          | 1         |
| UNLISTED  | WEBINAR PHYSICAL DISABILITY   | 28 Mar 2021<br>10:00 | 28 Mar 2021<br>11:00 | 20        | 1          | 1         |
| UNLISTED  | PENILAIAN KURSUS OVERVIEW: RELIABILITY AND VALIDITY OF THE QUESTIONNAIRE  | 14 Apr 2021<br>14:00 | 14 Apr 2021<br>16:00 | 20        | 1          | 1         |
| UNLISTED  | SPORT PHYSIOTHERAPY: RETURN TO PLAY   | 22 Apr 2021<br>02:30 | 22 Apr 2021<br>05:30 | 20        | 1          | 1         |
| UNLISTED  | WEBINAR UPDATE IN GERIATRIC   | 29 May 2021<br>12:00 | 29 May 2021<br>13:00 | 20        | 1          | 1         |
| UNLISTED  | WEBINAR PHYSIOTHERAPY ROLES IN JAW DYSFUNCTION  | 12 Jun 2021<br>12:00 | 13 Jun 2021<br>13:00 | 20        | 1          | 1         |
| UNLISTED  | PHYSIOTHERAPY EVIDENCED BASED PRACTICE FOLLOWING CARDIAC SURGERY  | 23 Jun 2021<br>14:30 | 23 Jun 2021<br>15:31 | 20        | 1          | 1         |
| UNLISTED  | LEADERSHIP IN PHYSIOTHERAPY   | 10 Jul 2021<br>10:00 | 10 Jul 2021<br>11:05 | 20        | 1          | 1         |

| Category   | Description  | Start Date        | End Date          | Max Point | Cumulative | Actual |
|--|--|-------------------|-------------------|-----------|------------|--------|
| UNLISTED   | PHYSIOTHERAPY ROLES IN MANAGING PARKINSON  | 24 Jul 2021 10:36 | 24 Jul 2021 12:36 | 20        | 1          | 1      |
| UNLISTED   | STROKE REHABILITATION  | 20 Aug 2021 14:45 | 22 Aug 2021 15:25 | 20        | 1          | 1      |
| UNLISTED   | WEBINAR : ISSUES AND PRACTICE IN TELEHEALTH: RESEARCH AND EXPERIENCE SHARING   | 27 Aug 2021 08:30 | 27 Aug 2021 12:30 | 20        | 1          | 1      |
| UNLISTED   | HOSPITAL SUNGAI BULOH RESEARCH DAY 2021  | 30 Aug 2021 08:30 | 30 Aug 2021 12:30 | 20        | 1          | 1      |
| Sub-Total  |  |                   |                   |           | 14         | 14     |
| A5   | PRESENTATION AT OFFICIAL MEETINGS / FUNCTIONS  |                   |                   |           |            |        |
| A6   | PUBLICATION OF ARTICLES IN JOURNAL / CHAPTERS IN BOOK / REPORTS  |                   |                   |           |            |        |
| A7   | SELF STUDY / GROUP STUDY / CASE STUDY / DISTANCE LEARNING E.G. READING SCIENTIFIC PAPERS FROM INDEXED JOURNALS, AUDIO - VISUAL, ORGANIZED GROUP DISCUSSION |                   |                   |           |            |        |
| A8   | CONTINUOUS MEDICAL EDUCATION ONLINE  |                   |                   |           |            |        |
| A9   | ATTENDED POST - BASIC COURSES / FURTHER TRAINING   |                   |                   |           |            |        |
| A10  | BASIC DEGREE / MASTERS DEGREE / POSTGRADUATE DIPLOMA / PHD / DRPH / SUBSPECIALITY TRAINING   |                   |                   |           |            |        |
| A11  | INVOLVEMENT AS COMMITTEE OR PROJECT MEMBER   |                   |                   |           |            |        |
| B1   | PERTAINING TO PRODUCTION OF JOURNALS, SPECIAL REPORTS, BULLETINS, NEWSLETTERS ETC.   |                   |                   |           |            |        |
| B2   | OTHER SUPPORTING ACTIVITIES RELATED TO PERSONAL DEVELOPMENT AND SELF IMPROVEMENT   |                   |                   |           |            |        |
| B3   | ATTENDED ANNUAL GENERAL MEETING OF SOCIETIES / ASSOCIATION / NGO REGISTERED WITH REGISTRAR OF SOCIETY (ROS)  |                   |                   |           |            |        |
| Grand-Total  |  |                   |                   |           | 84         | 44     |
| <b>CPD Credit Points Equivalent (cumulative)</b><br>Total Cumulative Points: <b>84</b><br>Total Actual Points: <b>44</b> |  |                   |                   |           |            |        |

|          |                           |                 |
|----------|---------------------------|-----------------|
| REMARKS: | VERIFIED BY (SUPERVISOR): | OFFICIAL STAMP: |
|          | DATE:                     |                 |

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