

CURRICULUM VITAE**Personal Information**

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**Academic & Professional Qualification**

Bachelor of Science (Dietetics) with Honours, Universiti Kebangsaan Malaysia (2001)

Working Experiences

Date	Duration	Institution & Designation
May 2001 – July 2002	1 year 2 months	Catering Dietitian cum Patient Service Manager at Besta Food Service Sdn Bhd, Hospital Selayang
Aug 2002 – Sept 2003	1 year 1 month	Head of Dietetics and Foodservice Unit, Hospital Lahad Datu, Sabah
Oct 2003 – Mar 2005	1 year 5 months	Head of Dietetics and Foodservice Unit, Hospital Slim River, Perak
Apr 2005 – July 2008	2 years 3 months	Clinical Dietitian, Hospital Raja Permaisuri Bainun, Ipoh
Aug 2008 – May 2009	9 months	Clinical Dietitian, Hospital Selayang, Selangor
Jun 2009 – Mar 2014	4 years 9 months	Senior Assistant Director, Allied Health Sciences Division, Ministry of Health Malaysia
Mar 2014	Present	Clinical Dietitian, Hospital Kuala Lumpur

Current Positions:

Title of Position : **Dietitian Grade U48**
 Institution : **Kuala Lumpur Hospital, Ministry of Health, Malaysia**
 Clinical area : **Medical Nutrition Therapy (MNT) for critically ill patients**

Achievements and Experiences in Dietetics field:**Catering Dietitian (May 2001 – July 2002)**

Employment by **Besta Food Service Sdn Bhd**; an outsourced foodservice company at Hospital Selayang. Appointed as a Head of Dietetic Unit that consists of 3 Diet Clerk.

Experiences:

1. Formulating **menu** including **therapeutic diet**
2. Involvement in the **procurement** of the raw food materials
3. Implemented **centralized** food service system

Achievements:

1. Had been **promoted as Dietitian cum Patient Service Manager** with broader job scope including Patient Service Unit.
2. Appointed as **HACCP coordinator** for HACCP certification in the pioneer team for HACCP certification

Others:

1. An **ordinary Member** of Malaysian Dietitians' Association (MDA)

Clinical Dietitian (Aug 2002 – Sept 2003)

Employment by **Ministry of Health**, Malaysia as a Dietitian (Grade C3). First placement to **minor specialist hospital**, namely Hospital Lahad Datu, Sabah.

Experiences:

1. **Head of Dietetics and Foodservice Unit**, with 1 Assistant Catering Officer, 1 Kitchen Mistress (*Penyelia Asrama*) and 6 cooks
2. Developed **dietetics service** for in-patient and out-patient including referral system and scheduled out-patient clinic.
3. Area of **clinical practice** was Medical Nutrition Therapy (MNT) for patients in General Medicine (adult and paediatrics), Obstetrics & Gynecology and Rehabilitative Medicine
4. Developed **dietetics education tools** (pamphlets, flyers)
5. Developed **dietetics community** service coverage
6. Implemented **in-house centralized** food service system

Achievements:

1. An **ordinary Member** of Malaysian Dietitians' Association (MDA)

Others:

1. Volleyball team for Hospital Lahad Datu (2nd Place, West Coast Sabah)
2. Tennis inter-department, Badminton inter-department
3. Table Tennis inter-department

Clinical Dietitian (Oct 2003 – Mar 2005)

Transferred to second placement at Hospital Slim River, Perak (**minor specialist hospital**) as a Dietitian (Grade C41)

Experiences:

1. **Head of Dietetics and Foodservice Unit**, with 1 Assistant Catering Officer, 2 Kitchen Mistress (*Penyelia Asrama*) and 7 cooks
2. Developed **dietetics service** for in-patient and out-patient including referral system and scheduled out-patient clinic
3. Area of **clinical practice** was Medical Nutrition Therapy (MNT) for patients in General Medicine (adult and paediatrics), Obstetrics & Gynecology and Critically Ill patients (Cardiac Care Unit)
4. Developed **dietetics education tools** (pamphlets, flyers)
5. Implemented **in-house centralized** food service system

6. Carried out **community dietetic services** (*Pameran Bergerak Gaya Hidup Sihat, organized by NADI*)

Achievements:

1. Involvement in **Quality Assurance Programme** (QAP) for Dietetics and Foodservice area
2. Involvement in **Humanitarian Aid** at **Darfur, Sudan** under Malaysian Medical Relief Society (**MERCY**) in January 2005
3. An **ordinary Member** of Malaysian Dietitians' Association (MDA)

Others:

- i. Selected to attend *Pembimbing Rakan Sekerja KKM* Training of Trainers (TOT) course

Clinical Dietitian (Apr 2005 – July 2008)

Transferred to third placement at Hospital Raja Permaisuri Bainun, Ipoh (**state hospital**) as a Dietitian (Grade U41)

Experiences:

1. Area of **clinical practice**: Medical Nutrition Therapy for patients in General Medicine (adult and paediatrics), Obstetrics & Gynecology, Neurology, Neurosurgery, Geriatric, Palliative Unit, Surgical, Orthopedic, Psychiatry, Dermatology, Otorinolaryngology, Oral Surgery, Nephrology, Plastic Surgery and Critically Ill patients (Intensive Care Unit, Cardiac Care Unit, Burn Unit, High Dependency Ward, Paediatric Intensive Care Unit, Special Care Nursery)
2. Implemented **decentralized** food service system
3. Involvement in **community programme** (Diabetic Camp)
4. **In-house training** for hospital level (Food Handling and Hygiene, Therapeutic Diet Preparation)

Achievements:

1. Appointed as an **Honorary Assistant Clinical Instructor** for training final year Dietetic Students of local universities such as Universiti Kebangsaan Malaysia (UKM), Universiti Sains Malaysia (USM) and Universiti Islam Antarabangsa Malaysia (UIAM) from 2005 to 2009
2. **Invited Lecturer** for MBBS Programme 3rd Year Student of Medical Degree Programme, Universiti Kuala Lumpur (Royal College of Medicine Perak) from 2006 to 2009.
3. Developed **Formulation for Orang Asli** FTT Intervention (F75 & F100)
4. **Level 1 Anthropometries Accreditation** (Technician-Restricted Profile), International Society for the Advancement of Kinanthropometry (ISAK)
5. Coordinator for **Dietetic Slot on Radio Perak FM** (every Friday 10.30 a.m. – 11.00 a.m.)
6. Participated in **Dietetic Placement Workshop**
7. Committee member of Guidelines for **Diabetes Camp Outreach Programs** at state hospitals and national level.
8. Appointed as **Internal Auditor** for **MSQH Accreditation** for Hospital Raja Permaisuri Bainun, Ipoh
9. **Mock Survey Auditor** for **MSQH Accreditation** for Hospital Teluk Intan, Hospital Parit Buntar and Hospital Bahagia Ulu Kinta.
10. Selected to attend *Kumpulan Meningkatkan Mutu Kerja (KMK)* course
11. **Healthy Athletes Coordinator** during Special Olympics Healthy Athletes Program organized by Special Olympics Malaysia
12. Involvement in **Humanitarian Aid** at **Batu Gajah Prison** under Malaysian Medical Relief Society (**MERCY**) in Mac 2008
13. Selected to attend *Kursus Nilai-nilai Murni di Perkhidmatan Kaunter* Training of Trainers (TOT)
14. An **ordinary Member** of Malaysian Dietitians' Association (MDA)

Others:

1. Presiding Officer (**Ketua Tempat Mengundi**) for Parliamentary Seat P.065 Ipoh Barat during **General Election 2008**
2. Evaluation of Efficiency (PTK1) – Level 4 (Generic & Functional)
3. Evaluation of Efficiency (PTK2) – Level 4 (Generic & Functional)
4. Facilitator for *Pembimbing Rakan Sekerja KKM* course
5. Facilitator for Soft Skill's Course
6. Volleyball team for hospital
7. Badminton inter-department

Clinical Dietitian (Aug 2008 – May 2009)

Promoted to fourth placement at Hospital Selayang (**tertiary hospital**), as a Dietitian (Grade U44)

Experiences:

1. Area of **clinical practice**: Medical Nutrition Therapy for patients in General Medicine (adult and paediatrics), Otorinolaryngology, Nephrology and Plastic Surgery.
2. Implemented **outsourced centralized** food service system
3. **In-house training** for state level (Therapeutic Diet Preparation Course)

Achievements:

1. Appointed as an **Honorary Assistant Clinical Instructor** for training final year Dietetic Students of local universities (Universiti Putra Malaysia)
2. Conducted a **competency training** for food handler organized by MDA
3. An **ordinary Member** of Malaysian Dietitians' Association (MDA)

Others:

1. Facilitator for Soft Skill's Course
2. Selected to involve Occupational Safety and Health programmes hospital level

Senior Assistant Director (Jun 2009 – Mar 2014)

Allied Health Sciences Division, Ministry of Health has been approved by the Public Service Department (JPA) on 1 June 2006 and commenced operations on 1 November 2008. Allied Health Sciences Division is responsible for policy development, planning and services among the **32 types of Allied Health Professions** in Malaysia. MOH has made an offer to all the 32 types of profession to join the commencement of the new division. Application has been made and **selected** to the fifth placement at Allied Health Sciences Division, Ministry of Health to fill up one of the flexi posts (Grade U44).

Experiences:

1. **Drafting Allied Health Professions Act** and all its supporting documents
2. Continuing Professional Development (**CPD**) programme
3. **Training** for Allied Health Professions
4. **Policy for carrier development** of Allied Health Professions.
5. **Honorary Secretary** of Malaysian Dietitians' Association (MDA) Council (2009-2013)
6. Involved in **MDA Strategic Planning Workshop** in 2012
7. **Scientific Committee Member** for 3rd MOH Dietetics and Foodservice Conference in 2012
8. **Guest Speaker** for 3rd MOH Dietetics and Foodservice Conference in 2012
9. **Involvement in research** Performance Evaluation of Outsourced Food Services in Ministry of Health Hospitals (NMRR-13-932-17370)
10. **Involvement in research** Cost Analysis of Centralized Food Services in Ministry of Health Hospitals (NMRR-13-987-17474)
11. **Technical Committee Member** of the Allied Health Professions Information System (AHPiS) Project.

Achievements:

1. **Attachment at Department for Health and Ageing, Adelaide**, South Australia in October 2013
2. **Attachment at Allied Health Professions Office of Queensland**, Australia in October 2013
3. One of the member for **Focal Group Discussion (FGD)** on Reducing Disease Burden for Non-Communicable Disease Committee in 2014
4. **Duty Officer** of Parliament for Ministry of Health 2012
5. **Invited MQA Auditor** (Observant) for Allied Health Programme
6. Obtained ISO 9001:2008 QMS **Lead Auditor Training Certification**, organized by SIRIM
7. Obtained **IT Skill Assessment and Certification (ISAC)**
8. **Working Committee Member** for Allied Health Professions Act
9. **CPD Committee Member**
10. **Anugerah Perkhidmatan Cemerlang 2012**

Others:

1. Involvement in Quality Management System MS ISO 9001: 2008 and appointed as an internal auditor.
2. Involvement in 5S programme and appointed as an internal auditor
3. Facilitator for Soft Skill's Course
4. Creative Lab Team Member for Centre of Excellence for Public Sector Innovation and Creativity (INTAN Wilayah Tengah)
5. Bowling team inter-division

Senior Clinical Dietitian (Mar 2014 – present)

Promoted to sixth placement at Hospital Kuala Lumpur as a Dietitian (Grade U48)

Experiences:

1. Area of **clinical practice**:
2. Medical Nutrition Therapy for Medical patients (Geriatric, General Medicine, Otorinolaryngology) and Critically Ill patients
3. **Apply Indirect Calorimetry** among **ICU patients**
4. Implemented **decentralized** food service system

Achievements:

5. **Involvement in Research Technical Report** "Performance Evaluation of Outsourced Food Services in Ministry of Health Hospitals"
6. **Involvement in Research Technical Report** "Cost Analysis of Centralized Food Services in Ministry of Health Hospitals"
7. **Organizing Committee Member** for Glycaemic Index Seminar 2014
8. **Invited Speaker** for HKL Wednesday Clinical Conference 2014
9. **Invited Speaker** for Continuous Dietetic Education Sarawak 2014
10. **Invited Speaker** for '*Seminar Diabetes di Bulan Ramadhan 2014*' at Hospital Angkatan Tentera Tuanku Mizan.
11. Produced an **Audit Report** "Clinical Dietetic Competency At Hospital Kuala Lumpur 2014"
12. **Involved in Poster Presentation** "Centralized Plating Food Services: How Much Does It Cost?" at 10th Allied Health Scientific Conference Malaysia 2014; Berjaya Times Square Hotel, Kuala Lumpur; 9-10 September 2014
13. **Project Leader** for Clinical Dietetic Updates (CDU) 2015: Diabetes Mellitus – Towards Effective Management
14. **Organizing Committee Member** for Seminar on Nutrition Care in The ICU Setting 2015
15. **Facilitator** for Medical Nutrition Therapy Knowledge for Better Patient Care Workshop 2015
16. **Case Study Facilitator** for Seminar How Much To Feed The ICU Patients?
17. **Involved in poster presentation** "Kebekerkesanan Program Good Manufacturing

- Practice (GMP) Dalam Mengurangkan Bilangan Kes Kontaminasi Fizikal Makanan Pesakit di Wad Hospital Kuala Lumpur bagi tempoh 2012 hingga 2014” at QA/QI Convention Hospital Kuala Lumpur 2015
18. **Organizing Committee Leader** for HKL Dietitians Day 2015
 19. **Poster presenter** “Clinical Dietetic Competency at Hospital Kuala Lumpur 2014” at 4th MOH Dietetics and Foodservice Conference 2015
 20. **Chairman of Logistic, Registration and Promotion Committee** for 4th MOH Dietetics and Food Services Conference 2015
 21. **Invited speaker** for 4th MOH Dietetics and Foodservice Conference 2015
 22. Nutrition Screening **Committee Member**, Dietetics and Foodservices Department
 23. Feeding Protocol **Committee Member**, Dietetics and Foodservices Department
 24. **Coordinator Dietetic Activities for Project** “Jom Kurus dan Sihat Fit & Cool – Yes I Can Make It”
 25. Obtained **Good Clinical Practice Certification** (Ref. No. AI201411025)
 26. HKL Clinical Dietetic Audit **Coordinator** 2014
 27. **Technical Working Group Committee Member** of Malaysian Healthy Plate - Dietary Guideline
 28. An **ordinary Member** of Malaysian Dietitians’ Association (MDA)
 29. **Accreditor** for MyHealth Portal content 2014
 30. HKL WISN **Coordinator**
 31. **National Coordinator** for Data Entry in AHPiS
 32. **QA Committee Member**, Dietetics and Foodservices Department
 33. **Organizing Committee Member** for Immunonutrition in Trauma, Burn and Cancer Patients Seminar 2016
 34. **Sub Committee Member (Energy & Micronutrients)** for Revision of Malaysian Recommended Nutrient Intake (RNI) Technical Working Group.
 35. **Subject Matters Experts (SME)** for Dietetics and Catering Modul in *Sistem Pengurusan Pesakit* (SPP)
 36. **An authors** for a topic “The Malaysian Healthy Plate: A Guide to Healthier Meal Planning”
 37. **Facilitator** for Mid Term Review @KSI MYKOMUNITI Fit&Cool Program
 38. **Panel** for @KSI MYKOMUNITI Fit&Cool Program winner selection
 39. A **member** of Parenteral and Enteral Nutrition Society of Malaysia (PENSMA)
 40. **Facilitator** for hands-on training on usage of Ready To Hang Formula for Neuro HDW and Neuro ICU wards.

Others:

1. Paper Examiner for Examination of Department Subject for Foodservice Assistant Officer (Grade C27) Scheme 2014 – 2015
2. Chairman for Evaluation of Quotation Price, Dietetics and Foodservices Department
3. Quality Management System MS ISO 9001: 2008 internal auditor.
4. Committee Member of 5S HKL
5. Floor Manager for HKL Morning Assembly hosted by Dietetics and Food Service Department 2016
6. Facilitator for Soft Skill’s Course
7. 5S Co-ordinator for Dietetics and Food Service Department Committee

List of lectures/talks given:

- Nutrition Support: Enteral Nutrition
(28/07/2016. Nutrition Support Course for Nurses, IPR)
- Carrier as a Dietitian
(30/10/2015. *Seminar Kerjaya, UiTM Kampus Puncak Alam*)
- The Role of Dietitian in Effective Patient Counseling
(30/10/2015. *Seminar Kerjaya, UiTM Kampus Puncak Alam*)

- **Application of Dietetic-Related Apps**
(21/10/2015. Symposium 5D: Technology Updates in Dietetic Service, *Persidangan Perkhidmatan Dietetik dan Sajian KKM Kali ke-4 2015*)
- **Nutrition for the Critically Ill**
(1/10/2015. HKL Critical Care Nursing Seminar)
- **How to Control your Calorie Intake**
(19/9/2015. *Seminar Program Jom Kurus dan Sihat Fit & Cool – Yes I Can Make It*)
- **Case Study & Discussion**
(13/8/2015. CME For Dietitian: How Much To Feed the ICU Patients)
- **Enteral Formula Introduction**
(22/6/2015. Continuing Catering Education)
- **Healthy Eating and Balance Diet**
(12/6/2015. *Bengkel Bina Upaya Pengurusan Projek Promosi Kesihatan Untuk Pertubuhan Bukan Kerajaan (NGO) Siri 1*)
- **Healthy Eating and Balance Diet**
(16/5/2015. *Bengkel Bina Upaya Pengurusan Projek Promosi Kesihatan Untuk Anggota MySihat*)
- **Feeding Difficulties In Older Adults**
(8/5/2015. Old and Confused Workshop, Geriatric Unit, HKL)
- **Knowing Diabetic Diet and Monitoring of Patient's Diet in Wards**
(8/4/2015. Continuing Nursing Education, Medical Department, HKL)
- **Diet for Phosphate & Calcium Imbalances – A Case Study**
(17.7.2014. HKL Wednesday Clinical Conference – 24th Session)
- **Diet for Diabetes Patients during Ramadhan**
(25.6.2014. Diabetes and Ramadhan Seminar, Hospital Tentera Tuanku Mizan)
- **Nutrition Monitoring and Evaluation**
(26/6/2014. Continuous Dietetics Education Sarawak 2014, Hospital Umum Sarawak)
- **Nutrition Intervention**
(26/6/2014. Continuous Dietetics Education Sarawak 2014, Hospital Umum Sarawak)
- **Dietary Management for Diabetes during Ramadhan - A guide for Healthcare Professionals**
(15/5/2014. Continuing Nursing Education, Medical Department, HKL)
- **Diet Diabetic for Diabetes Patients in Medical Wards**
(17/4/2014. Continuing Nursing Education, Medical Department, HKL)
- **Akta AHP – Halatuju Kerjaya**
(16 July 2012. *Persidangan Perkhidmatan Dietetik dan Sajian, Kementerian Kesihatan Malaysia Kali ke-3, KL International Hotel*)
- **MDA Roles**
(7 May 2012. *Program Ceramah Kerjaya, Kampus UiTM Puncak Alam*)
- **Makanan dan Cara Hidup Sihat**
(26 April 2012. *Dewan SMK Putrajaya Presint 9(2)*)

- Awareness Register of Dental Technologist
(4 Dec 2011. *Malaysian Association of Dental Technologists*)
- How to use MyCPD online?
(18 April 2011. *Malaysian Dietitians' Association*)
- How to use MyCPD online?
(28 March 2011. *Malaysian Dietitians' Association*)
- Your Wise Choice of Foods for Your Health
(7 May 2010. *PUSPANITA dan Jawatankuasa Nilai-Nilai Murni Jabatan Kimia Malaysia*)
- Allied Health Professions (AHP) Bill
(30 April 2010. CME BSKB)
- Medical Nutrition Therapy for Hypertension
(15 May 2009. Continuous Medical Education, CME Hospital Sungai Buloh)
- *Diet Diabetik & Diet Rendah Protein*
(11 March 2009. *Kursus Penyelia Asrama & Tukang Masak, Peringkat Negeri Selangor Siri 1/2009*)
- *Diet Rendah Residu & Diet Rendah Purin*
(11 March 2009. *Kursus Penyelia Asrama & Tukang Masak, Peringkat Negeri Selangor Siri 1/2009*)
- Medical Nutrition Therapy for Chronic Kidney Disease
(25 Nov. 2008. Phase IIIB, Session 2008/2009, Universiti Kuala Lumpur, Royal College of Medicine, Perak)
- Medical Nutrition Therapy for Diabetes Mellitus
(21 July 2008. *Kursus Updates on Diabetes*, Hospital Gerik)
- Medical Nutrition Therapy for Critically Ill Patients
(25 March 2008. Phase IIIB, Session 2008/2009, Universiti Kuala Lumpur, Royal College of Medicine, Perak)
- Healthy Eating and Balance Diet
(18 April 2007. *Fun Therapy 2007*, Hospital Raja Permaisuri Bainun, Ipoh)
- Medical Nutrition Therapy for Diabetes Mellitus
(18 Nov. 2006. Phase IIIB, Session 2006/2007, Universiti Kuala Lumpur, Royal College of Medicine, Perak)
- Medical Nutrition Therapy for Diabetes Mellitus
(13 July 2006. *Diabetes Camp 2006*)
- Medical Nutrition Therapy for Critically Ill Patients
(19 March 2006. Phase IIIB, Session 2006/2007, Universiti Kuala Lumpur, Royal College of Medicine, Perak)
- Medical Nutrition Therapy for Diabetes Mellitus
(27 Dec. 2005. *Jawatankuasa Perkhidmatan Sukarelawan*, Hospital Raja Permaisuri Bainun, Ipoh)
- Medical Nutrition Therapy for Chronic Kidney Disease
(14 Dec. 2005. *Kursus Update Pendidikan Pesakit*, Hospital Raja Permaisuri Bainun, Ipoh)
- Therapeutic Diets

(22 Sept. 2005. *Kursus Penyelia Asrama & Tukang Masak*, Hospital Raja Permaisuri Bainun, Ipoh)

- **Healthy Eating During Ramadhan**
(20 Sept. 2005. *Kempen Cara Hidup Sihat dan Nafas Baru Bermula Ramadhan*, Hospital Raja Permaisuri Bainun, Ipoh)
- **Childhood Obesity**
(5 May 2005. *Obesity in Children Seminar*, Hospital Seri Manjung)
- **Healthy Eating and Balance Diet**
(10 Dec 2003. *Kursus Kempen Cara Hidup Sihat*, Hospital Slim River)
- **Centralized and Decentralized System – The Differences**
(22 June 2003. *Bengkel Sajian Cemerlang*, Negeri Sabah)