

Instruction-Following Evaluation for Large Language Models

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ABSTRACT

One core capability of Large Language Models (LLMs) is to follow natural language instructions. However, the evaluation of such abilities is not standardized: Human evaluations are expensive, slow, and not objectively reproducible, while LLM-based auto-evaluation is potentially biased or limited by the ability of the evaluator LLM. To overcome these issues, we introduce Instruction-Following Eval (**IFEval**) for large language models. IFEval is a straightforward and easy-to-reproduce evaluation benchmark. It focuses on a set of “verifiable instructions” such as “write in more than 400 words” and “mention the keyword of AI at least 3 times”. We identified 25 types of those verifiable instructions and constructed around 500 prompts, with each prompt containing one or more verifiable instructions. We show evaluation results of two widely available LLMs on the market. Our code and data can be found at https://github.com/google-research/google-research/tree/master/instruction_following_eval

1 INTRODUCTION

Large Language Models (LLMs) are the backbones of many state-of-the-art researches and applications (Brown et al., 2020; Chowdhery et al., 2022; Anil et al., 2023; OpenAI, 2023; Touvron et al., 2023). One key capability of LLMs is to follow input natural language instructions, also known as zero-shot prompts (Zhong et al., 2021; Mishra et al., 2022; Wei et al., 2022; Victor et al., 2022). The capability of LLMs to accurately interpret and follow natural language instructions is crucial, not only for the precision of tasks but also for the safety and reliability of their implementations. Discrepancies or misunderstandings in following instructions can lead to unintended outputs, which might have dire results, especially in crucial scenarios like healthcare or autonomous systems. Hence, ensuring that LLMs can consistently adhere to given directives is paramount. When evaluating the performance of a model, it is critical to evaluate its ability to follow instructions. ✓

imp for the LLM to follow INS

However, evaluating the instruction following ability of LLMs is a complex and challenging task. This is particularly because human languages are inherently subjective and ambiguous. The same text can be interpreted differently, leading to varying judgments when evaluating whether a model has followed instructions. For example, when judging if LLM’s responses follow given instructions such as “write with a funny tone” and “generate detailed reasoning processes but do not over-explain”, the underlying standard is greatly unclear.

Existing evaluating methods in the literature can be categorized into three main types, each with their own drawbacks: 1. Human evaluation (Ouyang et al., 2022; Zheng et al., 2023; Taori et al., 2023) is time consuming, expensive and relies on a set of human annotators, leading to potential

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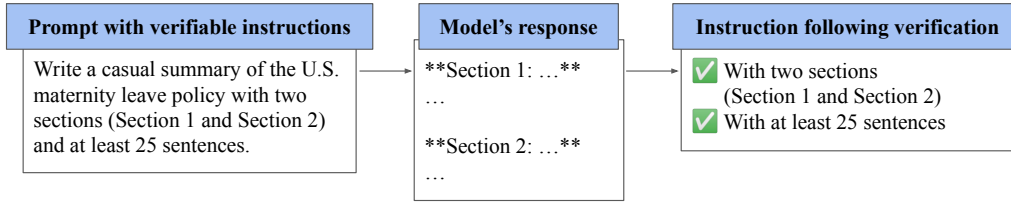


Figure 1: Instructions such as “write at least 25 sentences” can be automatically and objectively verified. We build a set of prompts with verifiable instructions, for evaluating the instruction-following ability of large language models.

biases and inconsistencies for reproducibility. 2. **Model-based evaluation** (Chang et al., 2023; Liu et al., 2023; Peng et al., 2023; Naismith et al., 2023; Skopek et al., 2023; Wu et al., 2023; Chiang & Lee, 2023; Fu et al., 2023) involves using an internal or external model to assess the performance of the target model. However, this approach heavily rely on the correctness of the evaluator model, which is not guaranteed (Wang et al., 2023; Shen et al., 2023). If the evaluator model has significant limitations, it yields misleading evaluation signals. 3. **Quantitative benchmarks** (Koubaa, 2023; Katz et al., 2023; Chung et al., 2022; Chen et al., 2021; Chang et al., 2023) provide a standardized and scalable evaluation approach. A recent work by Sun et al. (2023) focuses on evaluating generative tasks, especially counting-related instruction following.

In this paper, we introduce **IFEval**, a new approach for evaluating the proficiency of language models in instruction following. The metric centers around a distinct category of instructions termed **“verifiable instructions”** which are defined as instructions amenable to objective verification of compliance (Figure 1). Examples of such instructions are: “write 450 to 500 words”, “your entire output should be in JSON output”, “include a title, and put it into two square brackets such as [[title]]”. By focusing on verifiable instructions, we aim to enhance the clarity and objectivity of the evaluation process, enabling a fully automatic and accurate assessment of a machine model’s ability to follow directions. Furthermore, by analyzing the evaluation results, researchers are able to draw insights on what types of instructions are not usually followed, and compare different large language models on various instruction types.

only direct INS that can be checked based on th format or length of the response. Direct metrics

It is important to note that while we focus on verifiable instructions, very few instructions are 100% verifiable objectively and automatically – there always exist edge cases where it is hard to determine if an instruction is followed. For example, for a given verifiable instruction of “end your email with: P.S. I do like the cake”, a language model may follow the instruction by ending the email with “P.S. ****I do like the cake****” which has markdown tags (** indicates the bold text). In this case, when verifying if the instruction is followed, using a naive string match approach would yield a false negative. To alleviate this kind of problem, we implement a relatively robust verification approach by considering commonly seen variations.

framework also accounts for some technical issues or ambiguity in eval

Altogether, we create a list of **25 verifiable instructions**. We further create a **set of 541 prompts, with each prompt containing one or multiple verifiable instructions**. Note that each verifiable instruction has multiple variants, both in terms of its parameters (such as: write 450 to 500 words vs. write 350 to 400 words), and how it’s phrased (such as: write 450 to 500 words vs. your response must contain 450 to 500 words). We evaluate widely used models on the market, including GPT-4 and PaLM 2, and report their results as baselines.

In summary, we propose IFEval: Instruction-Following Eval, a benchmark to evaluate the instruction following ability of LLMs using a set of prompts containing verifiable instructions. These verifiable instructions are atomic instructions for which one can use a simple, interpretable, and deterministic program to verify if corresponding responses follow the instructions or not. We report evaluation results of multiple models, and release our code and prompts used for evaluation in https://github.com/google-research/google-research/tree/master/instruction_following_eval

in short what they proposed

Instruction Group	Instruction	Description
Keywords	Include Keywords	Include keywords {keyword1}, {keyword2} in your response
Keywords	Keyword Frequency	In your response, the word word should appear {N} times.
Keywords	Forbidden Words	Do not include keywords {forbidden words} in the response.
Keywords	Letter Frequency	In your response, the letter {letter} should appear {N} times.
Language	Response Language	Your ENTIRE response should be in {language}, no other language is allowed.
Length Constraints	Number Paragraphs	Your response should contain {N} paragraphs. You separate paragraphs using the markdown divider: * * *
Length Constraints	Number Words	Answer with at least / around / at most {N} words.
Length Constraints	Number Sentences	Answer with at least / around / at most {N} sentences.
Length Constraints	Number Paragraphs + First Word in i-th Paragraph	There should be {N} paragraphs. Paragraphs and only paragraphs are separated with each other by two line breaks. The {i}-th paragraph must start with word {first_word}.
Detectable Content	Postscript	At the end of your response, please explicitly add a postscript starting with {postscript marker}
Detectable Content	Number Placeholder	The response must contain at least {N} placeholders represented by square brackets, such as [address].
Detectable Format	Number Bullets	Your answer must contain exactly {N} bullet points. Use the markdown bullet points such as: * This is a point.
Detectable Format	Title	Your answer must contain a title, wrapped in double angular brackets, such as <<poem of joy>>.
Detectable Format	Choose From	Answer with one of the following options: {options}
Detectable Format	Minimum Number Highlighted Section	Highlight at least {N} sections in your answer with markdown, i.e. *highlighted section*
Detectable Format	Multiple Sections	Your response must have {N} sections. Mark the beginning of each section with {section_splitter} X.
Detectable Format	JSON Format	Entire output should be wrapped in JSON format.
Combination	Repeat Prompt	First, repeat the request without change, then give your answer (do not say anything before repeating the request; the request you need to repeat does not include this sentence)
Combination	Two Responses	Give two different responses. Responses and only responses should be separated by 6 asterisk symbols: *****.
Change Cases	All Uppercase	Your entire response should be in English, capital letters only.
Change Cases	All Lowercase	Your entire response should be in English, and in all lowercase letters. No capital letters are allowed.
Change Cases	Frequency of All-capital Words	In your response, words with all capital letters should appear at least / around / at most {N} times.
Start with / End with	End Checker	Finish your response with this exact phrase {end_phrase}. No other words should follow this phrase.
Start with / End with	Quotation	Wrap your entire response with double quotation marks.
Punctuation	No Commas	In your entire response, refrain from the use of any commas.

Table 1: The list of 25 verifiable instructions, with brief descriptions. We use these instructions because we think they are either easy to verify or common in real-world applications. The list can be expanded trivially. For example, one can add “Language - Mixed Two Languages in Response” and “Detectable Format - XML Format”.

Prompt: Who built the first artificial ice rink? Please include the keys (1) Name (2) Location and (3) Year. *Use less than 487 words.*

Response: (1) Name: John Gamgee (2) Location: London, England (3) Year: 1876

Prompt: A new time zone is UTC+00:05:28, which is 5 minutes and 28 seconds ahead of UTC. Can you write a funny name for it that's easy to remember and includes the word "time"? *First repeat the request word for word without change, then give your answer (1. do not say any words or characters before repeating the request; 2. the request you need to repeat does not include this sentence)*

Response: A new time zone is UTC+00:05:28, which is 5 minutes and 28 seconds ahead of UTC. Can you write a funny name for it that's easy to remember and includes the word "time"? Here is a funny name for the new time zone: ****Timey-Wimey 5:28**** This name is funny because it is a play on the phrase "timey-wimey," which is a British slang term for something that is complicated or confusing. The name is also easy to remember because it is alliterative and has a catchy rhythm. Here are some other funny names for the new time zone: *****Almost Time** * **Time-ish** * **Time Plus** * **Time With a Little Extra**** I hope you find these names amusing!

Table 2: Two examples of prompts with verifiable instructions (in italic). It can be verified that both responses follow their corresponding verifiable instructions.

2 VERIFIABLE INSTRUCTIONS

The list of verifiable instructions are in Table 1. We show examples of prompts with verifiable instructions in Table 2. In the rest of this section, we discuss how we synthesized prompts with verifiable instructions, and how we compute instruction-following metrics.

2.1 PROMPT SYNTHESIS

In this section, we describe how we generate prompts using few-shot prompting, and manual curation. All generated prompts are listed in Appendix 6.

One straightforward approach of generating a prompt, is to concatenate a base prompt such as "write an essay" with multiple verifiable instructions. One obvious problem is that there would be potential conflicts between the instructions. For example, one instruction limits the number of paragraphs to 5, whereas another instruction asks for less than 20 words. In addition, the created prompts would not be diverse. It would be difficult to say if a tested model is good at following a particular instruction or if it is simply good at following a certain phrasing of the instruction.

We alleviate these problems by creating our prompts through four steps. First, we generate a set of base prompts with one to three randomly selected verifiable instructions appended to the end of each prompt. Then, we use few-shot prompting to identify illogical prompts and remove them. As the third step, we apply another few-shot prompting based approach to rephrase each prompt, to increase the diversity of phrasing. Finally, we manually check and edit the rephrased prompts one by one.

procedure for 541 prompts

2.2 IFEVAL METRICS

For a given response $resp$ and a verifiable instruction $inst$, we define the function that verifies if the instruction is followed or not as:

$$is_followed(resp, inst) = \begin{cases} \text{True,} & \text{if instruction is followed.} \\ \text{False,} & \text{otherwise.} \end{cases} \quad (1)$$

We use Equation 1 to compute the instruction following accuracy, and refer to it as the **strict** metric.

Even though we can verify if an instruction is followed using simple heuristics and programming, we found that there are still false negatives. For example, for a given verifiable instruction "end your email with: P.S. I do like the cake", a language model may follow the instruction by ending the email with "P.S. ****I do like the cake****" which has markdown tags (** indicates the bold text). If we simply check the string match of "P.S. I do like the cake", we will miss-classify it as not-followed. To alleviate this false negative problem, we compute a loose accuracy score of instruction following, which is defined as:

$$is_followed_{loose}(resp, inst) = \text{Any}(is_followed(transform_t(resp), inst) \text{ for } t = 1, 2, \dots) \quad (2)$$

Models	Prompt-level strict-accuracy (%)	Inst-level strict-accuracy (%)	Prompt-level loose-accuracy (%)	Inst-level loose-accuracy (%)
GPT-4	76.89	83.57	79.30	85.37
PaLM 2 S	43.07	55.76	46.95	59.11

Table 3: Overall instruction following accuracy according to IFEval. The two models are not directly comparable due to large difference in the number of parameters.

where $\text{transform}_t(\text{resp})$ is the t -th transformed response. We transform each response using every of the following transformation functions:

1. Remove commonly seen **font modifiers** in the markdown syntax, especially “*” and “**”.
2. Remove the first line of the response, so that we skip intros like “Sure, here it is:”.
3. Remove the last line of the response, so that we skip outros like “Hope it helps.”.

- not a scalable approach. What if the model sees a new type of mistake it isn't capable of handling it.
- Transform response so many times.

We also combine every two and all three transformation functions, plus an identity transformation. Thus, there are in total of eight transformations. $6 + 1 + 1 \rightarrow 8$

Although this **loose instruction-following** verification process reduces false negatives, it is likely to **introduce false positives**. For example, a response that does not follow a given word-count instruction would be miss-recognized as following the instruction if the first line of the response is removed. **Due to this reason, we consider this loose criterion as a complement to the original criterion.**

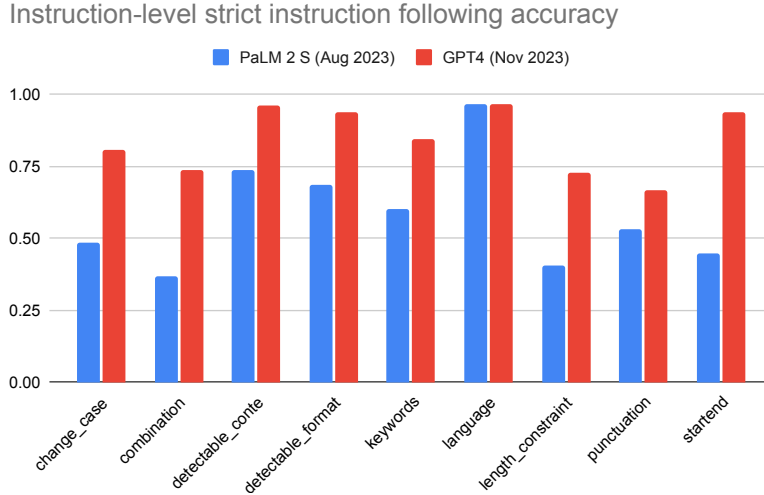


Figure 2: Instruction-level strict-accuracy of each model, separated by each instruction category.

3 EVALUATION RESULTS

We evaluated GPT-4 (Brown et al., 2020; OpenAI, 2023) and PaLM 2 Small (S) (Anil et al., 2023). We scrapped GPT-4 and PaLM 2 S responses in November and August of 2023, respectively, through API calls. For evaluating each model, we compute four accuracy scores:

1. **Prompt-level strict-accuracy:** The percentage of prompts that all verifiable instructions in each prompt are followed.
2. **Inst-level strict-accuracy:** The percentage of verifiable instructions that are followed.
3. **Prompt-level loose-accuracy:** Prompt-level accuracy computed with the loose criterion. See Section 2.2 for details.
4. **Inst-level loose-accuracy:** Instruction-level accuracy computed with a loose criterion. See Section 2.2 for details.

We show overall accuracy scores of each model in Table 3. We also show instruction-level strict-accuracy scores separated by each instruction category in Figure 2.

4 DISCUSSION AND FUTURE WORK

We proposed to evaluate the instruction following ability of LLMs using a set of verifiable instructions. Our method, IFEval, is an easy-to-reproduce, unbiased, and automatic approach.

Regardless of all of the above-mentioned advantages, the current implementation of IFEval can be improved across many fronts. In particular:

1. Increase the diversity and quantity of verifiable instructions.
2. Extend to multi-modal use cases. For example: “generate at least 3 images of ...”.

As part of our future work, we plan to improve the prompts and verifiable instructions, to make them more related to real-world applications. In addition, we plan to expand our approach with more verifiable instructions, and the support of multi-modal use cases.

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during inference did the authors make a provision to classify if the given prompt is applicable to the eval or not. because if its verifiable then those samples should be removed in the first place.

Does author provide classification model for the same ?

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Appendix

5 DETAILED RESULTS

We show instruction following accuracy per detailed category in Figure 3.

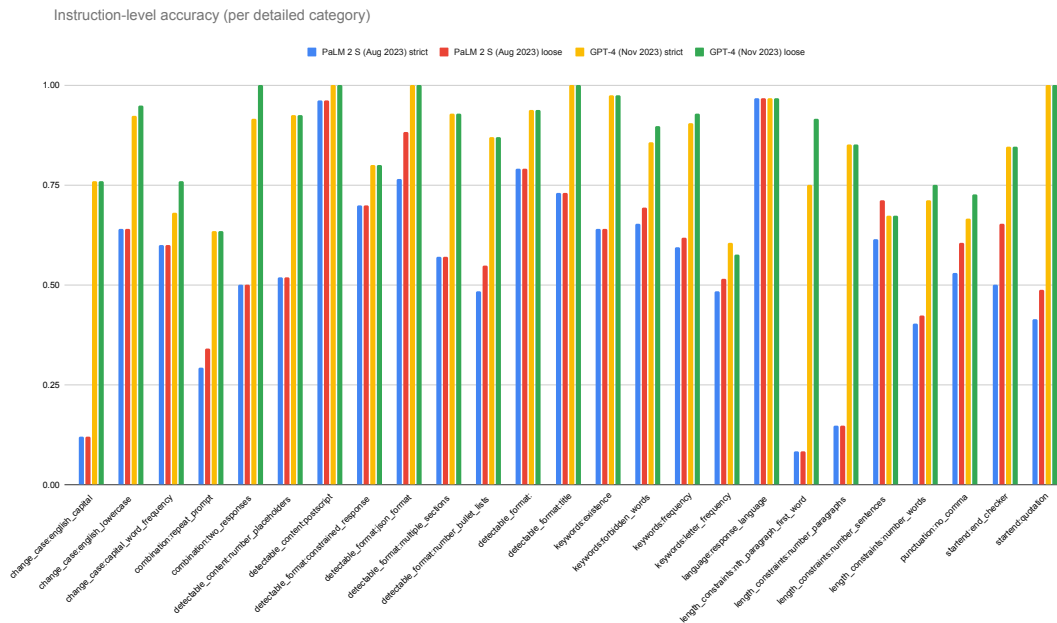


Figure 3: Instruction following accuracy per detailed category.

6 LIST OF PROMPTS

Write two poems, all about the joy of having dyed hair. Separate the two poems like below:

Poem 1

Poem 2

Your entire output should have at least 300 words.

Write a song about regrets in the style of Taylor Swift. Please include explanations for the lyrics you write. Make sure your entire response is in English, and in all capital letters.

What are the steps to get the GNSS timestamp on Android? Explain this to teenagers using at least 4 sentences and make sure the letter n appears at least 3 times.

Write an essay on first names, without using any capital letters — your ENTIRE response must be in lowercases. There should be exactly 3 paragraphs with the only paragraph separation being two new lines. Start Paragraph 2 with the word Jasper.

Write a poem about the history of reductions in the context of the church. Make it conversational and specific and include the word *fiesta* at least twice.

Write a short blog post about a trip to Japan using less than 300 words.

Expand the following and make it funny: Jeanne has rolled the dice. She thought she lost, but actually she won. Italicize at least 10 text parts with markdown (using * to italicize, like **italic text**).

Do not use any commas in your response.

Write an article named "How to conduct a job interview". Include at least one placeholder, such as [question].

Write a one week itinerary for a trip to the United States with a focus on overcoming the challenges faced by the country. Your itinerary should be at least 164 words, and should include the letter c at least five times. Your entire response should be in English, and in all capital letters.

Write a joke about morphology that's professional and includes the word "cat" at least once, and the word "knock" at least twice. Wrap your whole response with double quotation marks.

Create a table with a 7 day trip itinerary for India, and a 7 day trip itinerary for China. Separate them with exactly 6 asterisks symbols: *****

Write a template for a workshop on the importance of diversity in the workplace and highlight at least 3 sections with markdown, i.e. **highlighted section**.

I need a rap that tells professionals how to get babies to sleep through the night. Your answer must contain a title, wrapped in double angular brackets, such as <<title>>. Additionally, you need to highlight at least 2 sections with markdown, i.e. **highlighted section**. Finally, at the end of your response, please explicitly add a postscript starting with P.P.S

Write a 30-line poem with short sentences without any comma. Each line should contain exactly one sentence. Make sure that you put the right punctuation at the end of each line. Your entire response should contain the poem only.

Hi, I'm looking for two Tamil movies to watch. Please recommend exactly two movies. Separated them by 6 asterisk symbols, like below:

[Movie 1]

[Description]

[Movie 2]

[Description]

Your entire response should be entirely in Tamil, no other language is allowed, and should not contain any commas.

Write a parody of 'ars poetica'. Do not include the word 'parody' throughout your response.

I want to apply for a job as a software engineer at Google. Can you write me two different cover letters – a concise version and a long version? Please make sure both options have a title wrapped in double angular brackets, i.e. <<title>>.

Write a story about commandos who are in the middle of the night in a sector. It should be in English, and no capital letters are allowed. The story should not include keywords "coop", "killings", "dead", "night".

Write a facebook post about a flea market in JSON format. Do not include keywords 'flea' and 'JSON' in the response.

Write cover letters for a job application. It is for an assistant professor position. Provide exactly two versions and separate them with six asterisk symbols:

Cover letter version 1

Cover letter version 2

Also, refrain from using commas in your response.

What's the difference between the Apple and Albania? Answer in email format. Your response must contain at least six placeholders which should be represented by square brackets like [name].

Write a story about the importance of understanding the truths that are not obvious. Add stress words which are capitalized. Limit those stress words for less than 20 times.

Write a short riddle about [thai word]. Wrap your entire response with double quotation marks and make sure word in your response is in the Thai language, no other language is allowed.

Write a funny and sarcastic template for rating the quality of a marriage between two people who are both moms. This is for the couple themselves. Please highlight at least 3 sections with markdown, i.e *highlighted section*.

Write an article about the reality of disability. Your article must end with the exact phrase "Is there anything else I can help with?". No other words should follow this phrase.

Can you please continue and expand: "A man is performing for a crowd on a stage, ..."

Use at least 60 sentences, but less than 600 words.

Give 3 advice to teenagers who are struggling with their identity. Please use the exact format below:

advice 1

advice 2

advice 3

Which one is a better brand for sneakers: Prada or Nike? Your entire response should be in English, and in all capital letters. At the end of your response, please explicitly add a postscript starting with P.S. The word sneaker should appear 10 or more times in your response.

Can you write a poem about the pros and cons of playing a lot of video games? Please make sure it's at least 40 sentences long (don't forget to add punctuations). You must highlight some words or phrases in your response, like *highlighted phrase*.

Write a blog post about the latest news in the US with a title in double angular brackets, i.e. <<title>>, and have less than 5 sentences (excluding 5). The sentences should be long, so that the total number of words in your response should be 250 or more.

I want a weird poem that I can send to my friend Steve in Australia. It should be about why there are no kangaroo invasions in the US. The word robber should appear at least 2 times, and the poem must contain exactly 2 bullet point in markdown format, using the exact format below:

* Point 1

* Pont 2

Do not include keywords ['kill', 'slaughter', 'occupy', 'invasion'] in the response.

Write a funny note to McQueen, using
 to separate lines. Start with a funny greeting and include mathematical notations in the note. At the end of your response, explicitly add a postscript starting with P.P.S

Translate the following sentence into German and then criticize it: Werner was a good friend of mine, but not very smart.

Avoid the word "schlau" throughout your response.

Give two different responses to the question "Is it ethical to hunt and eat invasive species?", separated by 6 asterisk symbols ***** and without using any commas.

What are the best things to do in Rochester, New York? Can you write them as a song and use music notation in your response? Make sure to include the keywords 'festival' and 'river'.

Write a song about innovation with a positive tone that is appealing to teenagers. Put your entire response in double quotation marks.

Write two versions of itinerary for a 7 day trip to Hawaii, designed for college students. Separate the two versions with 6 asterisk symbols (*****). Each version must have 7 sections. Mark the beginning of each section with Day X.

Write a startup pitch for "Ward and Guerre". Make it a weird poem that explains why the pitch is good. It should be in English and have no capital letters.

Write an interesting and funny article about the biology of a banana peel. In your response, the word disappointed should appear at least 2 times, and at least six section should be highlighted with markdown, i.e. *banana peel*.

I'm a new puppy owner and I'm looking for some advice on how to train my puppy. Can you help me? Give me a few options. In particular, I need you to end your response with "Which one you choose?".

Can you expand the following sentences: "I have never seen a localized version of the software. I have seen an international version."

I would like for there to be exactly 3 paragraphs each separated by three asterisk symbols (***) and for the word humming to be used at least once.

Write an advertisement for a new line of comfortable armchairs designed to withstand the scrutiny of any interior designer. There should be exactly 3 paragraphs separated by the markdown divider: ***.

Summarize the following paragraph. Use words in all capital letters at least 3 times to highlight key points.

How to get to 100

Create an ad copy by expanding "Get 40 miles per gallon on the highway" in the form of a QA with a weird style. Your response should contain less than 8 sentences. Do not include keywords 'mileage' or 'fuel' in your response.

Explain why people are grossed out by worms but not by eating a dead cow. Give exactly two different responses separated by 6 asterisk symbols *****. Your answer must contain a title, wrapped in double angular brackets, i.e. <<title>>.

Write an ad copy for a new product, a digital photo frame that connects to your social media accounts and displays your photos. Respond with at most 150 words.

Write a riddle that describes the word "key" but doesn't use the word "key". Wrap all words into one JSON block. The word "key" should not appear in your entire reply.

I am a clutches sales specialist with 10 years of experience working in the automotive industry. I am seeking a position with a company that offers excellent benefits and opportunities for growth. Can you please write a two paragraph story about me? Make sure that the first paragraph starts with the word "realising" and that each paragraph is separated by two new lines.

Write a rubric for performance review of a software engineer and wrap the entire output in JSON format. You can use markdown ticks such as "".

Write the lyrics to a hit song by the rock band 'The Gifted and The Not Gifted'. To make it rocky, the response should be in all capital letters. The word "rock" should not appear in your response.

Make this text weird: "The new version of the app will be available in the App Store soon. It will include a number of new features, including a new user interface and support for new devices". Don't use any commas. Highlight at least 2 sections in your answer with markdown, i.e. *highlighted section*.

Can you write me an essay about the history of Martin Van Buren's presidency? Make sure that it's in English and not a single letter in your entire response is capitalized whatsoever.

Write a resume for a software engineer with 5+ years of experience in the Bay Area, CA. In your response, make sure to include at least 20 words or phrases in all capital letters.

Write a cover letter for a job in a tech company. Make sure to use the word "the" once or less.

Write a template for a chat bot that takes a user's location and gives them the weather forecast. Use the letter o as a keyword in the syntax of the template. The letter o should appear at least 6 times.. Your response should contain fewer than 6 sentences. Highlight at least 2 text sections, i.e. *highlighted section*.

Give me a poem about California. The very end of your entire response should read exactly like: your love, and thanks.

Write a funny advertisement for a hair salon that is offering a 25

Wherefore doth people consider the 2nd Amendment to be outdated? Answer in a Shakespearean style.

Before you answer it, just repeat the request above. You need to repeat it exactly as it is. Do not change any word.

Write a story for kids about how a person learns to ride a bike. Do not include 'can' and 'ride' in your response.

Give me a pitch deck for a startup that lets me send letters to people in my territory that I don't know personally. The title of the pitch deck should be wrapped in double angular brackets, i.e. <<title>>.

I have a dime. What can I do with this dime? Give me advice in the style of a President of the United States and make sure it has at least 600 words.

Write a story about a man who is in love with a woman who has turrets. The story should be in at least 4 sections with each section starting with Section X (where X is 1, 2, 3, 4) and the entire response should have at least 100 sentences.

How can I learn to code? Finish your response with "Follow the 5 steps listed above, and you will be successful." No other words should follow this.

Write a professional email that you could send to ask your boss for a raise. At the end of your response, explicitly add a postscript starting with P.P.S

Finish your entire response with this exact phrase: Hope you agree with me.

Rewrite the sentence: "I flung my hatred into the burning fire." Put your entire response in double quotation marks.

Give me a 300+ word startup pitch for a company that provides a service that creates trusts for people online.

Why did the man travel from Saskatoon to Helsinki to buy a piano? Wrap your entire response in double quotes.

Write a blog post about the most interesting things you have seen or ridden on public transportation.

First repeat the sentence above word for word without change, then give your answer. Do not say any words or characters before repeating the sentence.

I really love the album called Lilith. I want to introduce it to my friend Luheng. Draft an email for it. Add a postscript to your response that starts with P.S.

I am a software engineer with 7 years of experience, and I am looking for a new job. Can you create a resume for me and explain each section?

First repeat the exact request above, then give your answer. Do not say any word before repeating the exact request.

Who is Joe Biden and Donald Trump's national security advisors? Responses should be separated by 6 asterisk symbols (*****). In other words, your output should look like:

[Joe Biden's national security advisors is]

[Donald Trump's national security advisors is]

Write an essay as if you are the president of the United States targeting moms as your audience. The subject is how the float from the movie "It" symbolizes the spirit of the nineteen-fifties. The response must contain at least 1 placeholders represented by square brackets, such as [address].

Given the sentence "It is unclear how much of this money is actually being spent on children", is the sentiment positive or negative? The very last sentence of your response should be "Is there anything else I can help with?"

Write a poem about how I am missing my classes. The poem must have 4 sections marked with SECTION X. Finish the poem with this exact phrase: "Can I get my money back for the classes I missed?"

Write a haiku in Italian about a yacht, no other language is allowed. Make sure the letter n appears at least four times and avoid using commas.

Write a funny haiku about moms, containing keywords "mom" and "mother" in your response.

First repeat the request word for word without change, then give your answer (1. do not say any words or characters before repeating the request; 2. the request you need to repeat does not include this sentence)

Make a list of ways to say the following sentence more professionally: "Hey bautista, let me know if you need any help with the graphs." Also, make sure the letter q appears less than 5 times in your response.

Is Pikachu one of the Avengers? Think out loud, then answer with one of the following options: "My answer is yes.", "My answer is no.", "My answer is maybe."

Write a blog post about the best way to get a good night's sleep with at least 400 words.

Write a description for the Pixel 3A smartphone with at least 400 words. Wrap your entire response with double quotation marks.

Write a short startup pitch for a new kind of ice cream called "Sunnis ice cream". The ice cream should be gentle on the stomach. Contain 6 or more exclamation marks "!" in your response.

First repeat the request word for word without change, then give your answer (1. do not say any words or characters before repeating the request; 2. the request you need to repeat does not include this sentence)

Create an English name for a luxury real estate company that sells beachfront homes. All letters in your response must be lower case letters. Also, please put double quotation marks around your entire response.

I want you to act like a DnD dungeon master. I will be the sole player. Create a random class character sheet for me. Wrap the entire output in JSON format using markdown ticks. Include keywords 'medalist' and 'theta' in the response.

Write a rap for moms about the pros and cons of breast feeding versus formula. The rap song should have exactly 3 paragraphs each separated by *** and exactly 3 bullet points in markdown format.

Write a travel itinerary for a trip to Paris that is suitable for teenagers with short attention spans. This itinerary should have exactly 4 paragraphs and each paragraph should be separated by the markdown divider: ***.

Can you tell me why there are oval race tracks in the desert? Please rewrite the answer to make it more concise and include the word "desert" in the answer. Make sure the answer contains exactly 3 bullet points in markdown format.

Write a 200 word essay on the 2000 presidential election. The title should be wrapped in double angular brackets, i.e. <<title>>.

Do you think Kareena Kapoor is a good actor? Wrap your response with double quotation marks.

What happened when the Tang dynasty of China was in power? Make sure to use the word war at least 8 times, and the word peace at least 10 times.

Write a song about a man who rents a room in a house with a bunch of other people, and he absolutely hated it. Your song should contain at least 10 words in all capital letters that are adjectives or verbs. Commas are not allowed in the song.

Rewrite the following sentence into an email, and make sure it contains at least 10 placeholders represented by square brackets, such as [name]: The boots are warm but a little uncomfortable.

Write a joke about a startup that sells dog food in a song. Your entire response should be in English, and in all capital letters. Your answer must contain a title, wrapped in double angular brackets, i.e. <<title>>.

Write a long and funny email to your friend about the ingredients of a good life that contains at least 20 sentences.

Write a riddle about a mom laying out on a beach in Humboldt without using any commas.

What sentiments existed in the Croatian and Serbian nations towards the Austrian Empire at the end of the 19th century? Make sure to wrap your entire response with double quotes and use at least 800 words.

Write an essay about the life of Benjamin Franklin. Then summarize your essay into a poem. Separate the essay and the poem with 6 asterisk symbols: *****

In other words, your response should have the following form:

[essay]

[poem]

Write a product description for a new line of dog toys, called "the squeaker". It's made of latex, and is designed for dogs of all ages and species. It's also available in a variety of colors and shapes. The response must contain at least 3 placeholders represented by square brackets, such as [address], [name], and [phone number].

What is the answer to the riddle that asks what you can catch but not throw, and what you can throw but not catch? The entire reply must be less than 20 words and contain a title in double angular brackets, i.e. <<title>>.

How to tell others that your major is computer science, without saying the word computer or science? Your entire response should not contain the word computer and science.

"I'm sorry to inform you that I can't make it to the meeting today. I apologize for any inconvenience this may cause." Please expand it into at least 5 sentences. Do not use the words reschedule or free.

Write a rubric for teenagers on how to review a book. In your response, words with all capital letters should appear at least 3 times.

Write a poem about the top 20 tallest buildings in the world and their heights. End your response with the exact question: Is there anything else I can help with?

My name is Naomi. Write a blog post in my name for the Canucks hockey team about why they need to be more mindful about their environments. End the blog post with "Naomi thanks you for reading." No other words should follow this phrase. This phrase should be the very end of your entire response.

Write a dialogue between two people, one is dressed up in a ball gown and the other is dressed down in sweats. The two are going to a nightly event. Your answer must contain exactly 3 bullet points in the markdown format (use "*" to indicate each bullet) such as:

* This is the first point.

* This is the second point.

Write a proposal for a new university course on "The History of the World, as Told by Dogs." Make sure the word predatory appears at least twice in the proposal.

Write an itinerary for a 10-day trip to Biratnagar using only the Nepali language throughout your entire response.

Write a blog post about interesting facts about the Dutch language. Italicize at least 2 sections in your answer with markdown, i.e. *italic text*.

Make a rubric for a home theater installation targeting moms. Your answer must contain exactly 4 bullet points. Use markdown bullet points such as:

* This is point 1

Gideon is a farmer who has a surplus of crops from his farm this year. What might he do with that surplus? Highlight at least one section of your answer in markdown, i.e. *highlighted section*.

Write a haiku about a lion that includes the keywords "forests" and "riddle". Refrain from using commas in your haiku.

Write an essay on the differences between Sunni and Shi'a Muslims. Your entire response must contain at least 1200 words.

Write a joke about xml with a setup and a punchline. Wrap your entire response in double quotation marks.

Are hamburgers sandwiches? Please respond using only the Kannada language, no other language is allowed.

Pretend that you are a fortune teller who has just been arrested and is being interrogated by the police. Tell them that you can really read into the future.

1. Please use words with all capital letters to make important claims. But words with capital letters should appear less than 4 times.
 2. The word 'future' should appear at most once.
-

I need a joke involving Zoe and bubbles that contains at least 3 placeholders represented by square brackets such as [date].

Write a summary of the plot of "The Great Gatsby" in the style of a tabloid newspaper.

Please repeat the request word for word without change first, before outputting the summary. Do not say anything before repeating the request.

Write an extravagant session plan to learn about java. Make sure to include a postscript starting with P.P.S

Give me a TLDR on the 2022 Google IO announcements, but the response must be entirely in the Bengali language, no other language is allowed, and have at least one placeholder such as [thai word].

Would you consider yourself to be smart? Choose from:

My answer is yes.

My answer is no.

My answer is maybe.

Just choose one phrase from above as your answer.

List all facts about Lionel Messi in a structured output. In particular, Format your entire output in JSON.

Take the text below as a starting point, and make it a complete article: "You may have to meet with a helper to work out a parenting plan. The first would be to estimate how many time you have everyday for parenting, and is that enough...."

Avoid using the following keywords: sleep, cook, feed

Mention the keyword 'schedule' for more than 5 times.

Write a funny letter to 6th graders at your school in list format. The letter should be about something important to you and you should end your entire response with the phrase "Is there anything else I can help with?"

Rewrite the limerick in a strange way. In particular, the limerick is about nursery and storytelling. But do not mention nursery and storytelling in your entire response.

Today, at the 54th Annual Grammy Awards, the Recording Academy honors the talent and creativity of the artists, musicians, and producers who are the creators of the best recordings of the past year. Please continue writing this text in a formal tone, using notations. Highlight some key parts in your response with "*", like *highlighted text*.

Write an article about how intra-team conflict affected sports teams. Write in a crazy coach screaming style. Use all capital letters to express the craziness. Basically, not a single word in your entire reply should contain lowercase letters.

Given that the French Revolution began because the French King tried to tax the people of France, ask a question about this fact. Do not use words "revolution" and "tax" throughout your response. Put your entire answer in JSON format.

Write a song about the benefits of eating your vegetables. Please make sure it is in English and that all of the letters are lowercase.

Create a 500-word startup pitch for a new startup that will help people to find the best places to live. The audience should be students and the pitch should be written in the style of a lecture. Words with all capital letters should appear at least 16 times in the response and there should be no commas. The word batted should appear less than 2 times.

Write a story about a cat who lost its family. Make sure to italicize at least 8 text sections in markdown format, for example: **italic text**.

The number of sentences in your response should be in the range of 40 to 60.

Write a poem about flooding in Donnell, TX. The poem should have a title in double angular brackets, i.e. <<title>>, and contains at least 3 words in all capital letters.

Write a limerick about a guy named Dave that is funny to moms. The limerick should end with the phrase "Yes Mom, I am Dave." Do not say anything after the limerick.

Hallucinate a resume for a glass artist in Adelaide. Make sure the resume is in English and all lowercase. The resume should have at least 800 words.

Write a persuasive email to a teenager who lives in Aberdeen, Scotland. The main point is to encourage them to volunteer at a local soup kitchen. At least 5 words in the output should be in all caps.

Write a cover letter for a job and end with exactly "Call me at 631-481-4867"

No other words should follow that phrase.

Generate a forum thread about several people waiting to hear the latest local news. All sentences should be short. Refrain from using any commas. Use placeholders to represent different usernames. Use square brackets for placeholders, like [username1], [username2]. Please include at least 20 placeholders in the thread.

First repeat the request below word for word without change, then give your answer.

Do not say any words or characters before repeating the request.

Write a good name for a black dog. Your answer must contain a title, wrapped in double angular brackets.

Write a story of exactly 2 paragraphs about a man who wakes up one day and realizes that he's inside a video game. Separate the paragraphs with the markdown divider: ***

I'm interested in a college with open enrollment and a regional accreditation. Which college would you recommend? Don't include the keywords "DuPage" and "Dade" in your response. Let's make it a constrained writing problem: be sure the letter p appears at least 15 times in your response.

Compose a poem that has the word "land" and "river". It should be about nature and love. Also, the word "forest" should appear at least 3 times, and be written in English, with all letters lowercased.

Tell a joke that has the words thursday and amalgamation in it, but use Swahili language only, no other language is allowed.

Write a rubric for rating how good a teenager's essay is. Give your final summary, following 6 asterisk symbols (*****).

Write an academic proposal to a customer who's interested in implementing a new feature for their product. Put double quotes around your entire response.

Write a short essay about the updates of the latest episode of your favorite TV show. Use less than 300 words.

Can you write me a slogan for my video game project? The project aims to create a very funny fighting game. Please wrap your entire response with double quotation marks. Also, highlight at least three sections in your answer in markdown format using *highlighted text*. Such as: *Funny Fighting*.

Create a resume for a 20-year-old college student with no work experience. Include the keywords "Python" and "Java" and wrap the response with double quotation marks.

Rewrite the following blog as a list of exactly 4 bullet points: "The world is a beautiful place. The sun is shining, the birds are singing, and the flowers are blooming. It's a perfect day to go outside and enjoy all that nature has to offer." The bullet points should be in markdown such as:

* Bullet point 1

* Bullet point 2

What are the main differences between the Adventist and Baptist denominations? Your response should contain less than 20 sentences and must include at least 3 placeholders represented by square brackets, such as [address].

Is the sentence "Mrs. Smith is the teacher of this class." grammatically correct? Give me exactly two different responses. Responses and only responses should be separated by 6 asterisk symbols: *****.

"Coincidence is God's way of remaining anonymous." What are your thoughts on this quote? Please do not use commas in your response. Answer with more than 800 words.

Write a riddle about Camilla that doesn't use commas.

Write a serious riddle about trips and stitches in a poem style that includes at least 15 words in all capital letters.

Jennifer goes to the store to buy milk. She has 10 dollars in her pocket and milk costs 3 dollars per gallon. How many gallons of milk can she buy? Explain your thinking. Avoid the keywords: 'divide', 'answer'. Include the keyword 'remainder'.

Write a limerick about writing a limerick. Don't use any commas in your entire reply.

Name a new fashion company that young people might like, and give it a name with multiple meanings. Put the name in double angular brackets, such as <<name>>.

Let's repeat the request above first, before you say anything or really respond to the request.

Rewrite the following sentence in only Vietnamese, no other language is allowed, and refrain from using commas: "We may be able to improve our model for the next year. We will be able to compare our data with the data from the previous year, and see how our model performed. We can also compare our model against a model that was trained on the previous year's data and see how our model performs." No other language except Vietnamese is allowed to be used in your response.

Write an essay of at least 900 words on the topic of navigable freeway. Make sure the entire response is in English and no capital letters are used.

Write a cover letter for a job at a local coffee shop in the form of a poem. Highlight at least 5 text sections using "***". For example: *3 years of experience*.

Write a weird and short haiku about the state of Gujarat in India. Don't use any commas in your entire response. End your response with the EXACT phrase of "in India."

Can you re-create a story from a fictional newspaper with title: "A man mysteriously died in his house, and police are investigating"? Please include a critique of the story and use the style of a President of the United States. Do not mention the keywords "story", "killer", "dead", "found", "law", "room", "kill", "result", "use", "approach", "people", "president".

Write a riddle about embroidery that has the answer "needle". Include keywords 'afternoon' and 'distressed' in the response. Don't use any commas in your answer.

Generate a business proposal to start a sweatshirt company in Bremen. The proposal should contain 5 or more sections. Highlight each section name using the this format:

section name

what is the average iq of a 16 year old boy? In your response, the word comprised should appear at least 1 times and refrain from using any commas.

Give me 5 Q and As, following the following format:

”

Q & A # 1

Q & A # 2

Q & A # 3

Q & A # 4

Q & A # 5

”

Wrap your entire response with double quotation marks.

Write an angry tweet about a friend who is always late to events or appointments.

You need to repeat the sentence above first... Do not change any word, just repeat it. Do not say anything before repeating the sentence.

What are the steps to be followed for the documentation of a GM in SAP? Just list the steps without saying the word steps or step.

You visited a beach and a park. Which one is more likely to have a dog in it? Write at least 900 words. Do not include the words 'bark' or 'run' in your answer. Finish your response with the phrase "Does this make sense?"

Come up with 3 names for a 2B software company. Make sure your names are in English and all capital letters.

Rewrite the following text so that it is funny to software engineers using notations from the book "The C Programming Language": "The use of the various constructions described in this chapter is one of the most

distinctive features of the C programming language.” Make this sound like it is being said by the president of the United States and capitalize every letter.

make a tweet for playboy’s twitter account without using capital letters. Include at least 4 hashtags, starting with ‘#’

What is the name of the actor who played Gandalf in Lord of the Rings?

First repeat the question above without change of words, then give your answer.

How did a man named John of Brienne become the King of Jerusalem? Explain in a Zen-like style. Your answer should use all lowercase letters and must also contain exactly 3 bullet points in markdown format. Use * to indicate bullets, like:

* xyz

* abc

* opq

My best friend drowned yesterday and I’m so sad. Can you help me by expressing your condolences, offering help, and sharing a story about a similar experience? Please don’t include the keywords ”died” or ”drowned”.

The opposite of youth is not age, but ...? Highlight at least 2 sections in your answer with markdown, i.e. *highlighted section*.

Are the weather conditions in the Arctic very cold most of the year? Do not say ’yes’ or ’no’ throughout your entire response.

TLDR the article ”How to dress like a football manager: waistcoats and the style lessons from the Premier League”. Your entire response (including the repeated request) should have 45 or less words.

First repeat the request above without changing a single letter, then give your answer.

Create a product description for a product that will help me to stop snoring. Use all lowercase letters.

Write a blog post about the benefits of using a digital marketing agency, make sure to write at least 20 sentences.

Write me a poem about a long lasting war. Add a postscript at the end starting with P.P.S

What’s the difference between a 2-stroke and a 4-stroke motor? Your entire response must be in English and contain only lowercase letters.

Write an email to your friend about what triggers you. Make sure to wrap the entire email in double quotation marks.

I asked a friend about how to remove rust from my bike chain. He told me to pour coke on it and then scrub it with a steel wool. Is this a good way to remove rust? Respond with at least 20 sentences and have more than 4 words be in all capital letters.

Write a 300+ word summary of the wikipedia page ”https://en.wikipedia.org/wiki/Raymond_III,_Count_of_Tripoli”. Do not use any commas and highlight at least 3 sections that has titles in markdown format, for example *highlighted section part 1*, *highlighted section part 2*, *highlighted section part 3*.

Who built the first artificial ice rink? Please include the keys (1) Name (2) Location and (3) Year. Use less than 150 words.

Write a document entirely in the Portuguese language, no other language is allowed, about Adam and Eve. Additionally, make sure to wrap your entire response with double quotation marks.

Write a professional haiku in English for moms about an inspirational chorus teacher. It should include the phrase ”singing is life” and be in all lowercase letters. No capital letters are allowed.

Write a quiz about bits that includes the word elephant at least 3 times.

Write a story about a family that goes camping in the woods. Your entire response should be in English and in all capital letters.

Expand the riddle into a story with a funny tone:

What can you catch but not throw?

A cold

Use * to highlight at least 2 sections in your text. For example: *this is a highlighted text section*.

Write a 100 word riddle that leaves the reader satisfied and enlightened. Include a few words in all capital letters. But the number of words in all capital letters should be less than 5.

A psychologist is a professional who examines people's behaviors and mental processes. Can you tell me more about psychologists? Answer in 100 to 120 words.

Write me a template for a product description in the form of a poem and end it with a post script starting with P.P.S

Write a limerick about Hannah, a college student, doing an internship at a coffee company. Make sure that her father would love the limerick. Include the words "intern" and "grow".

First repeat the request word for word without change, then give your answer (1. do not say any words or characters before repeating the request; 2. the request you need to repeat does not include this sentence)

What is the name of the green-eyed monster that makes people jealous? Your response should be less than 3 sentences (just 1 sentence or 2 sentences).

How can you get to know someone on a deep level in a romantic relationship? The answer should involve the topic of vulnerability. Do not use any commas in your response.

Could you please give me the pros and cons of working abroad wrapped in JSON format. Please make sure that your response only contains a JSON block. Please also make sure to include keywords 'compensated' and 'immigrants' in the response.

Write a social media post for students of Islamic history about the hajj pilgrimage. Use all lowercase letters and include the word story at least twice.

Write a fairy tale about a princess and a dragon, making sure the word 'replied' appears at least twice.

Elaborate on the following sentence into a formal story: "My dog is brown, and my cat is black." Your answer must contain a title, wrapped in double angular brackets, i.e. <<title>>, and should not contain any commas. In your response, the word flesh should appear less than 3 times.

What is the difference between the 13 colonies and the other British colonies in North America? Your answer must contain exactly 6 bullet point in Markdown using the following format:

* Bullet point one.

* Bullet point two.

...

* Bullet point fix.

Given the sentence "The dog barked at the cat, but the cat ignored it because the". Can you finish the sentence? Make sure that words in your entire response are in all lowercase letters.

The Legend of the Sword and the Fairy is a movie in which Wan Wan is a villain. Write a story about Wan Wan's character in list format. Your entire response should be in English and in all capital letters.

Write a TLDR for the recent conflict between ISIL and the US in conversational bullet points. End your response with this exact phrase: "Let me know if you have additional questions.", and no other words should follow this phrase.

Write a 500 word story in a poem style about a young girl who is obsessed with her Nintendo DS.

First repeat the request above, then give your answer. Just repeat word for word without change. Do not say any words or characters before repeating the request.

In this task, you need to first repeat the request word by word, without any change, then answer the request. Do not say anything before repeating the exact request.

Write a pitch deck for a startup that aims to make a new social network that focuses on the board game society.

Does the sentence "He hurried through the archaic rooms of the museum" have any grammatical errors? Answer in all capital letters, and organize your entire response in 5 or 6 sentences.

Write a poem about Gibbs free energy in the style of POTUS. There should be exactly 4 paragraphs. Paragraphs and only paragraphs should be separated by two new lines (like "\n\n"). Paragraph 2 must start with the word "it".

Rewrite the following statement to make it sound more formal, like a President of the United States:

"Hi guys. The work was done to add in a fix for the issue that was observed in the field with the SSO. We are working with our collaborators closely. We will get it done. Thanks ya all."

Do not include the following keywords: field, thanks, issue, collaborator.

Write a limerick about a guy from Nantucket, use notations to express it, and use at least 2 words with all capital letters.

A colt is 5 feet tall. It will grow 6 inches every month. How tall will it be in 3 years? Think step-by-step, then give your answer. Separate your thinking and the final answer by a line with just three "***" symbols: ***

At the end of your response, please explicitly add a postscript starting with P.P.S

Write a weird poem about yoda being transported into a different universe in the Persian language, no other language is allowed.

Write a funny song-style poem for kids about why you shouldn't eat a lot of sweets. The poem should have four sections, with each section marked with SECTION X.

Explain Generative Adversarial Networks (GANs) to me using bullet points. Do not contain any commas in your response. End your response with a postscript indicated by P.P.S

Include the keywords "lacking", "model", "performance", "quality", "architecture".

Write a very short poem about the beauty of a rose. Do not include the keywords beauty and pretty.

Write a rap about a new smartphone. At the end of your response add a postscript starting with P.P.S The response must contain at least 6 placeholders represented by square brackets.

Write a casual blog post about how the outer solar system is different from the inner solar system, and what that means for the possibility of life. Wrap your entire response with double quotation marks. Your response should contain 17 or more sentences.

Write a poem about two people who meet in a coffee shop and end your entire response with the exact phrase "Is there anything else I can help with?"

Could you give me a short summary of The Lord of the Rings that is child-friendly?

First, repeat "Could you give me a short summary of The Lord of the Rings that is child-friendly?" word for word without change, then give your answer. Do not say anything first, just repeat the request at the very beginning.

How to write a good Chinese poem? At the end of your response, please explicitly add a note starting with "P.S."

Criticize this sentence in a funny way: "[Vietnamese sentence]"

Provide exactly two critiques separated by *****. Each response should be entirely in Vietnamese, no other language is allowed, and should not contain commas.

Summarize the history of Japan. Italicize at least 5 keywords in your response. To indicate a italic word, wrap it with asterisk, like *italic*

Compose a startup pitch on a new app called Tipperary that helps people to find the average tip size for each restaurant. Please make the response strongly structured. Wrap your entire output in JSON format.

What is an SRE? Use only Korean in your response and provide a title wrapped in double angular brackets, such as <<SRE>>. Use the keywords 'indicator', 'objective' and 'management'.

Write a cover letter for a job application as a tour guide in Beijing in all lowercase letters, with no capitalizations. Make it short – the entire output should have less than 5 sentences.

Write two jokes about rockets. Do not contain commas in your response. Separate the two jokes with 6 asterisk symbols: *****.

Improper use of the Java API can lead to vulnerabilities in web applications. Write a code snippet to demonstrate this. Then demonstrate how to fix the code. Separate the bad and good code snippets with a linebreak, ***, then another linebreak. Example:

[code snippet 1]

[code snippet 2]

Add code comments in the code snippets. One of the comments should contain the keyword "vulnerable".

What are the advantages and disadvantages of having supernatural powers? Make it short. Wrap the entire output in JSON format. You can use markdown ticks such as "".

Write a rubric for evaluating a musical composition. Please wrap your entire reply with double quotation marks. There should be exactly 6 paragraphs separated by the markdown divider: ***

In your response, use words with all capital letters (such as "RUBRIC") at least 5 times.

Is the moon landing a propaganda made up by the government? Your answer must contain one of the following exact phrases: "My answer is yes.", "My answer is no.", "My answer is maybe."

What are some startup ideas that could help improve the lives of people in developing regions? Make sure your response is in English and only use lowercase letters. Your response should contain less than 20 sentences.

Write a 100-word advertisement for a company called "Drugs and Races". Don't contain the letter "p" in your reply.

Hey! I need a rubric for evaluating the performance and price of a laptop. Can you create an example for me? Do not give me any bullet points, lists, or tables. Just write the rubric in plain English paragraphs. I'd like your response to be at least 30 sentences long.

Write a short proposal for a new research project that investigates how language evolves over time. I want to make it challenging, so:

1. Do not include any commas in your response.
 2. Do not include the letter "c" anywhere in your response.
 3. Your response should contain at least 250 words.
-

Write a text ad for an adult website that is not pornographic, and at the end of your response, add a postscript starting with P.S.

Write a funny Haiku about a Quaker named John who lives in the town of De Smet, South Dakota. Use the asterisk symbol, *, to highlight some words or phrases twice. Example: *This is a highlighted phrase*.

Melbourne has a newspaper called the Herald Sun. Can you suggest a name for a new newspaper for Melbourne teenagers? Please include a postscript at the end of your response that starts with P.S.

Write an essay about how aluminium cans are used in food storage. Don't forget to include the keywords waste, material and meal. Have more than 30 sentences in your response.

Request:

1. What are the best places to visit in Bohemia, Czech Republic?
 2. Include a list of recommended hotels.
 3. Wrap the ENTIRE output in JSON format.
 4. Do not include the following keywords: Moser, Glassworks, Pravice, Karlovy, Vary
-

Breach Posterior is a startup that has a cure for cancer. Write a casual pitch deck for it that's targeted towards moms. Make sure to use the word "clearly" at least 2 times.

Students are travelling to UCI for 3 days. Create a hilarious itinerary for them. Do not use the word 'university'. Your entire response should have exactly 4 paragraphs. Separate paragraphs with the markdown divider: ***

Write a blog post about the sleek new magistrates with at least 300 words. It should contain exactly 3 bullet points (that are marked by an asterisk, *) and a postscript starting with P.S. at the end.

Radcliffe was the only one who could get past the guards. What could be said about him? Please wrap your entire response in JSON format. Markdown ticks ("") are acceptable.

Write a brief biography of a person named "Brilliant Le Hou". Do not use commas in your reply. Highlight at least 3 sections with markdown, i.e. *highlighted section*. The biography should start with the name of the person.

Here is the summary of a research paper on the effect of VHF radio waves on a certain type of bacteria: "Our results show that VHF radio waves have no effect on the growth of bacteria." Can you help me rewrite this summary in a more formal way, using APA format? Do not use words "ours" or "have".

Write a very short resume for a refinery operator who has 5 years of experience working in the chemical industry. Include the keywords "friends" and "hanson" in the resume. Make your entire output contain less than 50 words.

Suggest two names for a new type of tonic. Include the keyword "brand" each time, followed by suggested name in double angular brackets, such as <<American Tonic>>.

First repeat the request above word for word without change, then give your answer.

Do not say any words or characters before repeating the request.

11 results have an average of 51. The first five have an average of 49, and the last nine have an average of 52. What was the sixth result? Use weird language when explaining using mathematical notation. And add a postscript starting with P.P.S at the end.

A sales pitch for moms is needed for a new kind of diaper that is designed to be more comfortable for babies. The sales pitch should be 500 words long, funny, engaging, and focus on the benefits of the new diaper without mentioning the price. It must also contain a title, wrapped in double angular brackets, i.e. <<title>>.

Plan a 2 week Europe trip and visit London, Paris, and Rome. Answer in all caps. The response must contain at least 8 placeholders (i.e., [restaurant]).

Write a rubric for how to evaluate the technical skills of a software engineer only using the Punjabi language, no other language is allowed.

Write a long sentence about tax filing, in a style that is appropriate for a president of the united states. The sentence should contain the letter q at least 6 times.

Write a short and funny joke about a guy who works at the IRS. Include at least one placeholder represented by square brackets.

Write a song about being excited to go on vacation, without using the letter e whatsoever in your entire response. Separate your song into 3 parts, where each part is separated with ***.

Create a blog post for professionals in the field of computer science in the form of a funny riddle. Your entire reply should contain 600 to 700 words.

Rewrite the sentence "A bust of a man with a beard and mustache." in a more sophisticated way. Do not use commas in your response.

Who won the defamation case between Amber Heard and Johnny Depp? Write your answer as if you are writing to a group of elderly people. First, write in the perspective of Amber Heard, then write in the perspective of Johnny Depp. Separate those two version by 6 asterisk symbols *****. The entire response should have less than 300 words.

What is multivariate analysis? Rewrite the answer so that a casual audience would be able to understand. Please end your response with "Is there anything else I can help with?" and no other words should follow this statement.

Rewrite the following sentence to exactly 3 paragraphs, separated by two new lines and without using any commas: "Offences are not the only things that are grasped by the police.". Paragraph 1 must start with word punched. The response must contain at least 2 placeholders represented by square brackets, such as [address].

Write a haiku about foolish behavior in the form of a question, for an audience of young readers. It should include the topic of not studying. Give exactly two different responses, separated by 6 asterisk symbols (*****), and include a title wrapped in double angular brackets, i.e. <(title)>. Do not use commas.

Imagine you're a 19 year old and you're making a video game. The game is about a boy who has to save the world from a villain. Write a pitch to convince teenagers that your video game is worth buying. Your answer must include exactly one bullet point in markdown format.

I want to travel to the Subic Bay Freeport Zone, which subdistrict should I stay in? Give me an angry recommendation. Answer with at least 400 words. In your response, the word climatic should appear at least 2 times. The response must contain at least 3 placeholders represented by square brackets, such as [address].

Write an outline for a paper on the history of Yemeni coffee. The outline should include the main points of the paper, and at least 15 sections should be highlighted with markdown such as *highlighted section*.

Write a rant about how an asteroid killed the dinosaurs in all capital letters and in English. End the rant with the phrase "What would happen to human next?" and no other words should follow this phrase.

Please write the answer to this question in markdown as a song: To what constituency was David Cameron appealing when he announced his plans for a referendum on British membership of the European Union? Make sure your song contains the letter j at least once, and use exactly 3 bullet points in markdown format in the song.

Make the sentence "The bus arrived at the station" sound more interesting. Avoid using the word "station".

Can you think of a good question to ask during the first time meeting a Gujarati? Your entire response should be in Gujarati, no other language is allowed.

Darth Vader is angry with you, his server, because you assassinated a fake Jedi. Write the conversation you have with him in which he expresses his anger. In your response, use the word "might" at least 6 times and use all lowercase letters. Make sure to break the conversation down to 3 parts, separated by ***, such as:

[conversation part 1]

[conversation part 2]

[conversation part 3]

Write a limerick about a Zelda fan named Rodney. Make sure to include these items: Zelda, Hyrule, Link, Ganon. Use less than 100 words.

Write a product description for a new product called the "AirPods Max". Make sure to use markdown to highlight at least two sections, i.e. *highlighted section*. Your entire response should be in English and in all lowercase letters.

Here is a social media post: "My daughter graduated from college today! So proud of her!" Can you make it more exciting? Please make sure to expand it into exactly 2 paragraphs. Separate paragraphs with the markdown divider: ***. Additionally, italicize at least 3 sections by starting and ending with single *, i.e. *italic text*.

write a haiku about ireland in the style of basho. include a title wrapped in double angular brackets, i.e. <<title>>. your entire response should be in lowercase english and contain the letter g at least 8 times.

You feel strongly about a local issue that involves the environment, pollution, and climate change. Write a template for a letter to the editor of a newspaper. Use the word para at least once.

Rewrite and expand the following in Arabic. You can hallucinate a lot of details.

"The company is looking to expand its operations into new markets. It will create hundreds of jobs this year."

Outside of Arabic, no other language is allowed throughout your entire response.

Write two advertisements for a new product that is a healthy alternative to soda. One advertisement should be targeted to teenagers and the other should be targeted to professionals. Mark the beginning

of each advertisement with Audience 1 and Audience 2, respectively. Double quotes should be placed around your entire response.

Write a blog post about 'how to improve your writing skills' with exactly 3 bullet points in markdown format, and exactly 4 sections.

Bullet points are indicated by "* ". For example:

* Bullet 1

* Bullet 2

Sections are separated by 3 asterisks: ***. For example:

Section 1

Section 2

You should use words with all capital letters for at least 2 times.

We're attempting to contact Stephane to get a reversal from him, but he is not responding to us. Could you write this in a way that would seem more polite to moms? Please use the key "polite" to put your answer. Wrap your entire response with double quotation marks, and include two sections: "SECTION 1" and "SECTION 2".

Is Grafton, Vermont a good place to live? Write exactly 3 paragraphs each separated with two new lines answering this question. The first paragraph must start with "send".

Write an interesting riddle that uses math notation.

First repeat the request word for word without change, then give your answer. Do not say any word before repeating the request.

Write a 2 paragraph critique of the following sentence in all capital letters, no lowercase letters allowed: "If the law is bad, you should not follow it". Label each paragraph with PARAGRAPH X.

Write a pros and cons list of apple products in the style of a 19th century novelist and do not use any commas.

Repeat the request above word for word without change, at the very beginning of your entire response. After that, you can give the requested pros and cons list.

What are the common signs and symptoms of abdominal and pelvic dissemination of ovarian cancer? Please answer in lower case letters. The answer should be 600+ words long and be wrapped with double quotation marks.

Create a riddle about the name Sheldon using only 10 words. Make sure to only use capital letters in your entire response.

Explain in French why it is important to eat healthy foods to heal the body, without using the word "nourriture". Make sure your entire response is wrapped in JSON format.

Write a startup pitch for a time capsule service. The words startup and capsule cannot be in the response.

What do you think about this statement: "Wizards are more powerful than sorcerers because they study magic instead of being born with it"? Your response should contain at least 30 sentences and exactly 2 bullet points. Also, it must contain at least 8 placeholders represented by square brackets, such as [address]. Use the bullet points like:

* This is a bullet point

Write a song about tomatoes and brothers. It should be funny and appropriate for teenagers. The word associations should appear at least 4 times in the song.

Come up with a proposal for a new research project on how to improve the quality of life for people with disabilities. Your response should be able to be rendered as HTML, and should include the keywords 'atlantis' and 'constable'.

"The man was arrested for stealing a car. He was later released on bail." Expand on it angrily in a rap style, and make sure there are exactly 4 sections. Separated the sections by the markdown divider: ***

Write a short fiction about adulthood. Make sure the word cousins appears more than 2 times.

Write a joke with at least 5 sentences. Use Markdown to italicize at least 2 sections in your answer, i.e. *italic text*. Wrap your answer in double quotes.

What are the uses of poppy seeds? Your answer should have exactly 7 paragraphs and the last paragraph must start with the word "Summary". Each paragraph should be separated by two new lines.

Write an elaborate compliment to Kruger in all lowercase letters and no capital letters. The word hughes should appear less than 2 times. Your response should be at least 100 words.

Kindly summarize the text below in XML format. Make sure the summary contains less than 4 sentences.

Quantum entanglement is the phenomenon that occurs when a group of particles are generated, interact, or share spatial proximity in such a way that the quantum state of each particle of the group cannot be described independently of the state of the others, including when the particles are separated by a large distance. The topic of quantum entanglement is at the heart of the disparity between classical and quantum physics: entanglement is a primary feature of quantum mechanics not present in classical mechanics.

Measurements of physical properties such as position, momentum, spin, and polarization performed on entangled particles can, in some cases, be found to be perfectly correlated. For example, if a pair of entangled particles is generated such that their total spin is known to be zero, and one particle is found to have clockwise spin on a first axis, then the spin of the other particle, measured on the same axis, is found to be anticlockwise. However, this behavior gives rise to seemingly paradoxical effects: any measurement of a particle's properties

results in an apparent and irreversible wave function collapse of that particle and changes the original quantum state. With entangled particles, such measurements affect the entangled system as a whole.

Such phenomena were the subject of a 1935 paper by Albert Einstein, Boris Podolsky, and Nathan Rosen, and several papers by Erwin Schrödinger shortly thereafter, describing what came to be known as the EPR paradox. Einstein and others considered such behavior impossible, as it violated the local realism view of causality (Einstein referring to it as "spooky action at a distance") and argued that the accepted formulation of quantum mechanics must therefore be incomplete.

Write an article with title "Layton is the best city in the world"

Your output must not contain any commas and must have at least 2 placeholders, wrapped in square brackets, such as [author].

Write a funny rap about a man who gets a call from an official saying that he is a long lost relative of the king of Nigeria. Use markdown to highlight at least one section of your answer, i.e. *highlighted section*.

Write a short summary for kids that explains why we want to honour Thayer for his contributions to the field of artificial intelligence. The summary must contain exactly 4 bullet points such as:

- * Bullet point 1

- * Bullet point 2

Is it true that the first song ever sung in outer space is "Happy Birthday."

Your answer must contain one of the following phrases:

My answer is yes.

My answer is no.

My answer is maybe.

Rewrite the following sentence in a style that is unusual: "But when the people of the land came to know that the Philistines had fled, they departed from Saul and went after David."

Let's repeat the request above word for word without change, then give your answer. Do not output any word before the request above is repeated.

I need a list of the top 10 attorneys in the US. Your list should be in the format of 10 bullet points, following the format below:

- * Bullet 1

- * Bullet 2

- * ...

If $a + b + c = 30$ and $b = 10$ and $c = 5$. Is $a = 20$? Answer "My answer is yes." or "My answer is no." or "My answer is maybe."

Write a list of instructions for a dog trainer to teach a dog to sit, stay, and fetch. Your list should contain exactly 3 bullet points in the markdown format such as:

- * Bullet point 1

- * Bullet point 2

Could you give me a table of pros and cons of juvenile detention? Add a postscript that starts with P.S. at the end.

Explain what happens when you sniff a flower to 3rd grade students. Please answer in Finnish, no other language is allowed throughout your answer. Make sure your response contains a title wrapped in double angular brackets, i.e. <<title>>.

Can you give me an example for a journal entry about stress management? Tell me how you come up with the example. Your entire response should contain less than 6 sentences.

Compose a poem all in lowercase letters about my friend Barnet.

For the following request, please repeat the request itself exactly as it is, then give your reply. Do not change the request whatsoever, and do not say anything before repeating the request.

Hello. I need to give a lecture to my students about the movie La La Land. Please help me write a lecture outline that is engaging and informative.

Can you elaborate on "I froze when I was jogging"? Include some words in all capital letters. In particular, there should be 5 to 10 such capitalized words.

What is the next number in this series: 1, 4, 7, 11, 17? Please answer with only mathematical notation without any commas.

Write a blog post about how to train a dog that is geared towards kids. Include the keywords "finale" and "less" in the post.

What's a good way to ask Sonia out? Please reply with exactly 4 paragraphs and separate each paragraph with two new lines. Put double quotation marks around your entire response. The very first paragraph must start with the word "weekend".

What is inside Shinto shrines? Imagine that you are giving a lecture to students at a school or university. Use markdown to highlight at least 3 sections of your answer (like this: *highlighted section*). Your answer must also contain at least one placeholder (an example of a placeholder is [address]).

Write a limerick about the word "limerick". Make sure it is funny and includes the words "limerick" and "funny". Do not use any commas.

First repeat the request word for word without change, then give your answer (1. do not say any words or characters before repeating the request; 2. the request you need to repeat does not include this sentence)

Write a haiku about rushing to work using only the Marathi language, no other language is allowed.

Write a review of "Laureates and twins" for professionals in the field of psychology without the use of commas and make sure to include the phrase "well worth watching".

First repeat the entire request above word for word without change, then give your answer. Do not say any words or characters before repeating the entire request above.

Write a long email template that invites a group of participants to a meeting, with at least 500 words. The email must include the keywords "correlated" and "experiencing" and should not use any commas.

A nucleus is a cluster of protons and neutrons. Elaborate on this. Write exactly 9 very short bullet points. Limit the number of words you use (less than 100 words). An example:

- * A nucleus is a cluster of protons and neutrons

- * A proton is

Please follow the format of the example above.

Create an itinerary for a 3-day trip to Moscow that uses the word founding less than twice. Don't add anything before and after the JSON code. Your entire output should just contain a JSON code block.

Write a 600+ word social media post for a startup that provides a platform for running realistic physics simulation. Make sure to include the word "bombs" at least once.

First repeat the request below, word for word without change, then give your answer. Do not say any words or characters before repeating the request below.

Write a story about a man who is trying to get his life together. Put the name of the story in double angular brackets, i.e. <<story of xyz>>.

Write a casual summary of the U.S. maternity leave policy with two sections (Section 1 and Section 2) and at least 25 sentences.

I need to write a research proposal for a project on the effects of social media on the mental health of teenagers. Please only write short sentences, and don't use any commas in your entire response. Include at least five placeholder represented by square brackets, such as [website].

Could you give me 3 possible elaborations in only the Telugu language, no other language is allowed, for the text "We are a team of creators"?

Please explain why you chose each of them. Make sure your explanations are also in the Telugu language. Basically your entire response should be in Telugu.

Write a freestyle rap about the president of the United States. The letter q should show up at least 4 times.

Can you write a rap that doesn't include the keywords "Yo", "check", and "peace"?

Why do you think Google engineers stay at Google more often than moving to Microsoft? Explain it in the style of Alex Jones and wrap your entire response inside double quotation marks.

Write a summary of the following text in a funny way: "The 2018 Nobel Prize in Chemistry has been awarded to Frances Arnold, George P. Smith and Gregory P. Winter for their work on directed evolution. Arnold was awarded half of the prize for her work on the directed evolution of enzymes, while Smith and Winter shared the other half for their work on the directed evolution of antibodies."

Do not include "enzymes" and "antibodies" in your response.

Write a rap about an abyss in exactly 4 paragraphs. Separate paragraphs with the markdown divider: ***.

Create a job description for a Clifford Blue employee who works at the cash register, and also monitors the shelves for stock level. Use the keyword 'people' and 'skills'. Use only lowercase letters.

Write an itinerary for a trip to a grocery store in Lima to buy some local goods. Make the itinerary funny, write it in all capital letters and include the keywords 'DISGUSTING', 'DELICIOUS', 'BAD', and 'GOOD'.

For a bunch of students, write a 200+ word poem that professionally describes a new line of shoes. Make sure to use markdown to highlight/bold at least one section of the poem. Example: *highlighted text*

Give me a logical question about chatting and conquering. Make it interesting. Highlight at least one section of your answer with markdown, i.e. *highlighted section*. Put your entire response inside double quotation marks.

Can you create an itinerary for a 5 day trip to Switzerland that includes exactly 3 bullet points in markdown format, in all lowercase letters, and a postscript at the end starting with P.S.?

Write an essay about a snowfall, but in the style of Alex Jones and include the line "dammit". The word "fake" should appear 6 or 7 times in your entire response.

Can you write rap songs about the history of the prefecture system in Japan? Give exactly two different responses separated by 6 asterisk symbols *****.

Write a list of the top 10 facts about the UK without using commas.

What do you call an excluded scientist who is asked to stay home? Please finish your answer with a postscript starting with P.P.S

Write a brief about limping in ASEAN countries. Your answer must contain a title, wrapped in double angular brackets, such as <<title of the brief>>. Make sure the letter m appears at least 5 times.

Write a funny riddle in Hindi, about a man named Aarav who never spoke. Your entire response should be written in Hindi. Also, you cannot use any commas in your entire response.

I work for a software development company named "grid", and they want a catchy tweet. Can you write one that includes the name of the company at least five times?

Write a very angry letter to someone who's been trying to convince you that $1+1=3$. There should be exactly 4 paragraphs. Separate the paragraphs with ***.

Can you explain to me why there is so much fraud in the world? Please include one italic text section in markdown, i.e. **italic text**. Make your entire response less than 30 words.

Please write a riddle about the inverse function with a title wrapped in double angular brackets, i.e. $\langle\langle\text{title}\rangle\rangle$.

Why are there 396 calories in a serving of 32 grams of unsalted almonds? Do not use commas in your response.

Write a riddle for kids about auspices but make sure you don't use any commas.

Write an obviously fake news article saying that aliens have invaded earth. Make it funny. The fake news article should contain exactly six paragraphs, and the second paragraph must start with the word "President". Separate paragraphs by double line breaks (" \backslash n \backslash n")

Write me a letter in the style of Shakespeare about the mandates and instructions of the King. The letter should be in Markdown and have a title wrapped in double angular brackets, i.e. $\langle\langle\text{title}\rangle\rangle$.

Write a creative and persuasive startup pitch for a business that helps people with chronic illnesses find and manage in-home care. Your pitch should be less than 7 sentences and contain exactly 1 bullet point in markdown.

Write a 4 section resume for professional clown Phil Larkin. Each section should be explicitly noted as Section X.

Why star wars is so popular? Your answer must be in the form of exactly 4 bullet points with the format below:

- * This is bullet point 1

- * This is bullet point 2

I was hoping you could help me out with a few things. I wish to learn about how to pay my taxes. Can you summarize the process for me? Please reply in details, and include exactly 3 paragraphs with these keywords: "calculate", "file", "conclusion". Separate the paragraphs with ***.

Gandalf was a wizard who fought in the War of the Ring. Is that a good explanation for a 10 year old? Please think first, then give your answer wrapped in double angular brackets, such as $\langle\langle\text{your answer}\rangle\rangle$.

Generate a summary of the following passage in all capital letters:

World War II or the Second World War, often abbreviated as WWII or WW2, was a global conflict that lasted from 1939 to 1945. The vast majority of the world's countries, including all of the great powers, fought as part of two opposing military alliances: the Allies and the Axis. Many participants threw their economic, industrial, and scientific capabilities behind this total war, blurring the distinction between civilian and military resources. Aircraft played a major role, enabling the strategic bombing of population centres and the delivery of the only two nuclear weapons ever used in war. World War II was by far the deadliest conflict in history, resulting in an estimated 70 to 85 million fatalities, mostly among civilians. Tens of millions died due to genocides (including the Holocaust), starvation, massacres, and disease. In the wake of Axis defeat, Germany, Austria and Japan were occupied, and war crimes tribunals were conducted against German and Japanese leaders.

I AM EASY TO GET INTO BUT HARD TO GET OUT OF. I AM INVITING AND EXCITING BUT MANY PEOPLE ARE AFRAID OF ME. I AM WHERE YOU NEED TO BE BUT YOU MAY NOT WANT TO STAY THERE. I MAY BE A MYSTERY BUT I AM SURE YOU CAN GUESS ME. WHAT AM I? Please do not use any commas in your response.

Write a funny poem for kids about a product that you would like to sell. The poem should have exactly 6 stanzas. Separated the stanzas using 3 asterisk markers: ***

My brother is trying to install a new toilet in his bathroom. Could you give me details of how-to? You don't need to show all details – just the first 5 steps for now. Separated them with "****", such as:

Step 1:

Step 2:

...

End your whole response with the phrase "Let me know how it works. I can give you next steps when you finish all steps above."

Write an email to my boss telling him that I am quitting. The email must contain a title wrapped in double angular brackets, i.e. <<title>>.

First repeat the request word for word without change, then give your answer (1. do not say any words or characters before repeating the request; 2. the request you need to repeat does not include this sentence)

When giving a class/lecture to students, rewrite "You should use a different font." in a passive aggressive tone.

First repeat the first line word for word without change, then give your answer. Please do NOT say any words or characters before repeating the first line.

Write a cover letter for a job in Ventura that is funny and would be enjoyed by someone named Darius, wrap the entire response in double quotation marks.

Is praying for someone's health a good idea? Your answer must be in all capital letters and in English.

Please elaborate on the following text: "It's not a bug, it's a feature!" Write exactly 2 bullet points in markdown format. Use "*" to indicate a bullet point. One example bullet:

* It's not a bug

Can you provide a translation for "[Chinese sentence]" in German? Do not use "heute". Please use another word.

I want to start a garden for veggies and flowers in my small backyard. Can you give me some advice on how to water my plants? Have at least 3 italic text sections, such as: **italic text 1**, **italic text 2**, etc.

Make your reply short – the whole reply should contain less than 40 words.

Can you give me a zany, bullet point TLDR of this article: https://en.wikipedia.org/wiki/Dota_2

Make it zany, but do not include the keywords 'icefrog', 'blizzard', 'lawsuit' in the response.

Write a logic quiz for teenagers about a chesterfield. In your entire response, the letter t should appear at most once.

Create a resume for a military officer who served in Iraq and was later hired by a private military contractor. Make sure to include a title that is wrapped in double angular brackets, i.e. <<resume of xyz>>. Refrain from using any commas in your response.

Before you respond with any word, first repeat the exact, entire request above, word for word without change.

Generate a list of 100 random names. Make sure that no name is repeated and every name is unique. All letters in your entire response should be capitalized. Italicize 5 of your favorite names. For example:

1. **FAVORITE NAME 1**

2. **FAVORITE NAME 2**

3. ...

Write a template with less than 7 sentences for how to calculate the offset of an element in an array.

Write an essay about Alvin and the Chipmunks in English and in all capital letters.

Write me a resume for Matthias Algiers. Use words with all capital letters to highlight key abilities, but make sure that words with all capital letters appear less than 10 times. Wrap the entire response with double quotation marks.

If you gulped down 100 grams of pure caffeine, would you die? Please answer as if you were explaining this to a group of students. Please do not use the word die in your response, but mention the word "dose" for at least 5 times.

Write a story from a perspective of a man. Include some conversation in the story. Avoid using the letter i more than twice.

Why is Algiers the best place to go on vacation? Answer with exactly one sentence. Put double quotation marks around your entire one-sentence response.

Why didn't the 2022 winter olympics have the best ratings? Make sure to include the letter y at least 5 times, and include the keywords talented and tianjin.

Plan a 12-day trip to Italy for professionals in finance, including Rome, Florence, and Venice. Make it in a format of a list with at least one placeholder, such as [address]. The response must be in English and all lowercase letters.

Write a template that I can use to ask my manager about the budgets for the next quarter. The template should include the letter q at least 5 times.

Write a funny, 150+ word ad for an attorney who helps poor people with their divorces. Highlight at least 3 text sections by italicize them with markdown (i.e. *highlighted section*).

Can you elaborate on the following text: "Increased axle weight increased the damage to the road"? Your response must contain a title wrapped in double angular brackets, i.e. <<title>>. Use less than 5 sentences.

Is the following true? "People use time to buy money." Explain your answer in a way that makes it easy for kids to understand. Include the word "farmer". Exclude the words "economy", "demand" and "supply".

First REPEAT the ENTIRE REQUEST ABOVE, word for word without change, then give your answer. Please do not say any words or characters before repeating the request.

Write a rap about the renaissance. It should be noticeably different from raps about other historical eras, and have an interesting or weird tone. Highlight at least 3 sections in your answer in markdown format.

Write a song about miniatures that contains 20 to 25 sentences. Do not forget to add punctuations.

Write a funny article about why the dinosaurs went extinct and put double quotations marks around your whole response. Include exactly 8 bullet points in your response. The bullet points should be in the form of:

* This is bullet 1

* This is bullet 2

...

Write a joke about anarchists in Tulsa in 3 sections. Mark the beginning of each section with SECTION X.

Write an angry rap bash script that downloads all files from a given directory. Don't use any commas and make sure the letter q appears at least once.

Write a letter to your friend who recently moved away. Your entire response should be in English, and in all capital letters. The letter o should appear at least 40 times.

Write a tweet for the president of the United States. The tweet should include the keywords "engages" and "lightly".

Write an extremely short essay on the role of mythology in the work of Jordan Peterson. Keep your entire response 100 words or less. Be general in your writing. Make sure to highlight at least 2 sections in your answer with markdown, i.e. use *highlighted section*.

Which of the following is a better way to describe supporting ecological landscapes: (A) the practice of using the natural features of a landscape to create a more sustainable environment, or (B) the practice of using the natural features of a landscape to create a more aesthetically pleasing environment? Your response should be in English, all capital letters, contain no commas, and be fewer than 16 sentences.

Write a review of IBM's 1956 chess program. Make sure your entire response is wrapped in double quotation marks.

Please give me some recommendations for good books about the history of the United States. Your response should be completely in Kannada, no other language is allowed.

Write a limerick about a woman named Sarah who lives in a town where it's always 90F. Highlight at least 6 sections in your answer with markdown, example: `*highlighted section*`. Mention the name Sarah only once.

Write a blog post about the history of the internet and how it has impacted our lives. Aim the blog post at teenagers and wrap your entire response with double quotation marks.

Write a song about the summers of my childhood that I spent in the countryside. Give the song a name, and highlight the name by wrapping it with `*`. For example: `*little me in the countryside*`.

Write a poem about a curious cat. The poem must have a title wrapped in double angular brackets, i.e. `<<title>>`, contain less than 13 sentences, and no commas. Don't forget to add other punctuations.

A young couple that just got married is going to Seattle for two days. They're flying from New York. Could you write them an itinerary? Use less than 10 sentences. Please make sure that all punctuations are legit.

Write a product description for a new pair of shoes that targets teenagers. Highlight at least 2 text sections of your response by wrapping each of them with asterisks, like `*I am highlighted*`. Your response should be at least 350 words.

Write a song about Layton, making sure to use the letter "a" at most once.

Create a 5 day itinerary for a trip to Mesa, Arizona. Wrap your entire response with double quotes and include the letter "l" at least 15 times.

Which was the better team in the 1987-88 season: Tottenham Hotspur or Stockton? Your answer must be exactly 3 paragraphs where paragraphs and only paragraphs are separated by two new lines, as if they were `'\n\n'` in python. The third paragraph must start with the word bonding. Include keywords gao and hearts in the response. At the end of your response, please add a postscript starting with P.P.S

Brainstorm a name for a company that collects and analyzes public transportation fares. The response should be in English, and in all capital letters.

Could you elaborate on the sentence "A gymnast is in the air, performing a stunt."? Please highlight at least 6 sections in your answer with markdown, i.e. `*highlighted section*`. Please write at least 300 words.

Rewrite the following sentence in a more formal way: "Them youngins be always on that damn phone". Imagine you are the president of the United States. Avoid using the word "youngins" and "damn" throughout your entire response.

Please repeat the entire first line above, then give your rewrite. Do not add any word before that. In other words, your entire response should start with "Rewrite the following".

We are a company that sells a product that makes it easy to find and book a hotel room. We are looking for a print ad that will be placed in a magazine that is aimed at people who travel a lot. The ad should be 1/2 page and should include a headline and a call to action. Please do not use any commas in your response.

Before saying anything or giving your answer, please repeat the exact entire request above.

What is another word for Engravings? Answer in lowercase letters only, throughout your entire answer.

Write a detailed proposal in list format for the university's ethics board for a research project that investigates the effect of eye colour on the likelihood of being a successful salesperson. Remember that the customer is always right. Your entire response should be in English, and in all lowercase letters. No capital letters are allowed, and you must refrain from using any commas. At the end of your response, please explicitly add a postscript starting with P.P.S

Explain the difference between a city and a village in a rap style to a kid. The words with all capital letters should appear at least 10 times. Put the response into at least 5 sections, separated using 3 asterisks ***.

List exactly 10 possible names for a new baby boy. Then add a postscript starting with P.P.S to the end of your response. Put the names into bullet points that are indicated by:

* This is an example bullet

Which of the following is not a fish: salmon or avocado? Answer this easy question first, then expand into an interesting article about salmon and avocado. Use some words in all caps in your response, but those all-caps words should appear at most 10 times.

Write a proposal for a research project that will determine whether pupils who have been exposed to a fast-paced environment are more likely to develop ADHD. Please wrap the entire output in JSON format. You can use markdown ticks like

“JSON

[json content]

“

Please do not include the words "proposal" or "project" in the response.

Is "jiang" a Chinese name? What are other names similar to "jiang"? Separate your two answers with *****

Create a dialogue between two people who are both trying to avoid using the letter t. But somehow they ended up using a lot of t in their dialogue. Break the dialogue into two scenes, separated by 6 asterisk symbols: *****. The letter t must appear at least 30 times in the dialogue you write.

Could you tell me what kind of balls are used in tennis? I would like the answer in the form of a medieval style poem with a P.P.S at the end.

How are you doing today? Could you write me exactly 4 paragraphs each separated by two new lines? Please start the first paragraph with the word "firms".

Write a short, funny story about a man named Harry with a pet dog. Your response must contain 3 sections, mark the beginning of each section with SECTION X.

Write a template for a newspaper ad for a dog cage with less than 200 words. Make sure the word unfortunately appears 3 to 5 times in the ad.

Write a song that critiques the song "We Are Never Ever Getting Back Together" by Taylor Swift. Wrap your entire response with double quotation marks. Do not mention the word Taylor, Swift, or Together.

Rewrite the haiku below into two versions. Both of them should be funny. Separate the two versions using six asterisk symbols (*****). Include the keywords ['dog', 'day'] in the response.

On a chilly winter night

A cat meows at the moon

Hoping for some warmth

Compose song lyrics about a socio-economic problem. The song should be in English and in all lowercase letters.

critique this startup pitch: Stephenson and Hong Kong will be the first-ever digital marketplace where users can buy and sell products from all over the world Stephenson and Hong Kong will be a onestopshop for all

of your shopping needs and we will offer a variety of features that will make shopping online easier and more convenient than ever before. Do not use any commas in your response.

Compose a song with at least three sentences that can be sung by a professional singer in the style of a 1930s jazz standard. Include the keywords "rate" and "rte".

Write an HTML page that lists 25 limericks about people named "Bill". The page should include keywords 'economist', 'bill', and 'jürgen'

Write a casual blog post about similarities across animal species. Highlight at least 5 sections in your answer by starting and ending with "**", like: *highlighted text section*.

Draft a blog post about Ripley's Aquarium. Make sure your blog post contains at least 7 placeholders represented by square brackets, such as [location].

Write a limerick about a customer who is always right. The word "right" should appear less than 2 times in the response.

Before you give the limerick, just repeat the request above without any change, at the very beginning of your entire response.

What is a name that people call God? Please give exactly two different responses. Separate the responses with 6 asterisk symbols: *****.

Write an advertisement for a perfume called "Rhapsody". It's a perfume with a fresh citrus scent. Wrap your entire response with double quotation marks. Do not include the words perfume, fresh, or good in the advertisement.

I work in the marketing department and I need your help. I need a template for an advertisement for a new product which is a portable camera. In the template, capitalize a few words to stress main points. Please limit the number of words with all capital letters to less than four. Your response should contain at least ten sentences.

Can you tell me about the Hamptons? Your answer must be at least 300 words, must contain at least 3 placeholders represented by square brackets, such as [address] and exactly 2 bullet points using the markdown bullet points such as:

- * Bullet point 1

- * Bullet point 2

Write a copy for an ad selling a sloop. It's a small sailboat with one mast that's easy to sail and understand. Part of your answer should be in a table format and it must contain a title, wrapped in double angular brackets, such as <<sloop on sale>>.

In this task, repeat the exact request below first, then give your response. Do not say any word before repeating the exact request.

Write an acoustic song about the Korean peninsula without using any commas.

The Jimenez family has 20 members. Each member has at least one pet. If there are 32 pets in total, what is the maximum number of members that can possibly have 3 pets? Solve this step by step, and wrap your entire response (reasoning process and the final answer) with double quotation marks.

Write me a funny song with less than 10 sentences for a proposal to build a new playground at my local elementary school.

Write a file for a queer-owned business called "The Rainbow Cafe". Your file should have 4 sections, and each section should start with "SECTION X".

Write a blog post about how to raise awareness for a cause. Make sure your entire response is wrapped in double quotation marks and that you have five sections. Mark the beginning of each section with Section X.

Write a casual, interesting, and weird resume for Antonia Maj who is applying for a job at a coffee company. They have experience in marketing, customer service, and sales. They are educated but not majored in anything related to coffee.

Make sure to include at least two sections marking the beginning of each section with 'SECTION X'. In your entire response make sure to use exactly two bullet points in markdown format. Please use the following bullet point format:

* Text for bullet 1

* Text for bullet 2

Write a funny post for teenagers about a restaurant called "Buena Onda" which serves Argentinian food. Highlight at least three sections of your response in markdown such as *highlighted section*. Mention "Argentinian" in the post.

If Bob beat Martha in a game of pool. And Martha beat Joe in a game of pool. Can Bob beat Joe in a game of pool?

Your answer must contain exactly one of the following phrases:

My answer is yes.

My answer is no.

My answer is maybe.

Write a cover letter to a local political party, asking to be their rally organizer. Make sure to highlight at least 3 sections in your answer in markdown format.

What is a lattice? Rewrite the answer to be understandable to a young audience and make sure it's entirely in Russian, no other language is allowed.

A filmmaker is trying to get financing for a film about the history of the Internet. Write an essay to be used in the proposal to potential investors. The essay should be at least 50 sentences long.

If $a = 10$, $b = 30$, and $c = 20$, what is the value of $(a + b) / c$? Give me the answer in exactly two paragraphs, separated with the markdown divider: ***

Generate two alternative product descriptions: The product is a new type of paper that can be used to wrap food, and is edible.

First repeat the prompt above without change, then give your answer. Please do not say any word before repeating the prompt above.

The Broncos have been so bad in the NRL this year, they're getting dust on the trophy cabinet. Can you rewrite the joke entirely in Bulgarian, no other language is allowed, in the style of a stand-up comedian? Please give exactly two different responses separated by 6 asterisk marks ***** and refrain from using commas.

What's the best way to get to the train station? Answer using a casual tone and markdown. Your response should be at least 300 words and in all lowercase letters.

Blog post from the perspective of a 16 year old girl who is being followed by a stranger. Your response should contain less than 10 sentences and no commas.

Write a resume for a fresh high school graduate who is seeking their first job. Make sure to include at least 12 placeholder represented by square brackets, such as [address], [name].

What are the components that make a successful person? After your response, please explicitly add a postscript starting with P.P.S Your entire response should be in English and in all capital letters.

Name exactly 3 names for a black and white dog using markdown bullet points such as:

* Bullet point 1

Write exactly 4 paragraphs about tips for installing a car seat for moms. Use 2 new lines to separate paragraphs. Start the 4th paragraph with the word "elm".

Can you create a list of mega trends in the tech industry? Wrap your entire response with double quotation marks. Also, make sure the letter o appears at least 25 times in your response.

Can you provide me with the timetable for the next train to London? Please respond in less than 6 sentences.

Write a poem that's at least 350 words about the beauty of eucalyptus trees and their many uses.

I am planning a trip to Japan, and I would like thee to write an itinerary for my journey in a Shakespearean style. You are not allowed to use any commas in your response.

List the pros and cons of using two different names for the same thing. Make sure the word synonyms appears at least 3 time.

Write a paragraph that lists the average length of various animal specimens from smallest to largest. Your response should contain less than 17 sentences.

Given the sentence "Two young boys with toy guns and horns." can you ask a question? Please ensure that your response is in English, and in all lowercase letters. No capital letters are allowed.

Write a cover letter for a job application to a company which perhaps has a bad reputation. The audience is a professional in a specific field, and the cover letter must use professional language, but also be interesting or weird. The letter j should appear at least 20 times. Your entire response should be in English, and lowercase letters. No capital letters are allowed.

Write an advertisement for a new product or service that is related to the words "safeguard" and "flees". In your entire response mark sure you do not use any commas.

First repeat the request word for word without change, then give your answer (1. do not say any words or characters before repeating the request; 2. the request you need to repeat does not include this sentence)

If $a + b = 10$. And $a > b$. Is $a = 6$? Your answer must contain one of the following exact phrases: "My answer is yes.", "My answer is no.", "My answer is maybe."

Give me a summary of the lobbying spending of the following companies: Google, Facebook, Microsoft, Apple, and Amazon. Your response should be in German language, and no other language is allowed.

Can Batman beat Superman in a fair one on one fight?

You should just say "My answer is yes." or "My answer is no." or "My answer is maybe."

Write a riddle about a mongoose that includes exactly one bullet point. Make sure to include a few bullet points indicated by *, such as:

* Bullet point

Write a five line poem about the time you had a binge watching episode. The poem should have a rhyme scheme of AABBA and include the word "Netflix". Your entire response should be in English, and should not contain any capital letters.

Describe how to proof Cauchy-Schwarz inequality. Make sure your ENTIRE response is in only the Marathi language, no other languages allowed. Do not write long equations. Your response must be in the following exact format, and use *** as the section separator:

[Section 1: Description of Cauchy-Schwarz inequality, in Marathi language]

[Section 2: Describe how to proof Cauchy-Schwarz inequality, in Marathi language, without equations]

[Section 3: Brief summary, in Marathi language]

Write a rubric, in the form of a list of bullet points, for evaluating the performance of a customer service representative. Your answer must not include keywords ['bad', 'underperform'] and must contain exactly 6 bullet points in the following form:

* Bullet point 1

* Bullet point 2

* Bullet point 3

* Bullet point 4

* Bullet point 5

* Bullet point 6

Invent a funny tagline for a local comedy show, and put your whole response in double quotes.

Write an essay about the reasons why slavery was abolished in the United States as if you are the president of the United States. Do not use any commas in your response. Your response should be in English, and in all capital letters.

Complete the following sentence with the letter l appearing at least 6 times: "The panda is a big animal. It is black and white. It eats bamboo."

Write a book review for a new book called "The Secrets of Homeschooling: Revealed!". Make the review a conversation between two people. The response should be a conversation in Urdu only, no other language is allowed throughout your entire response.

Titan makes clothing for large men. Write an advertisement for the company that would appeal to a wide audience. Make sentences short. Your response should not contain any comma.

First repeat the request word for word without change, then give your answer.

Do not say any words or characters before repeating the request. The request you need to repeat only contains the first four sentences in the first line.

Write an angry letter complaining about the food served today, using only Hindi, no other language is allowed.

Write a detailed review of the movie "The Social Network". Your entire response should be in English and all lower case (no capital letters whatsoever).

What kind of fashion would Frankenstein's bride wear? Make your answer weird or interesting and use only lowercase letters. Your answer must contain exactly 3 bullet points using the markdown bullet points format, such as:

* Bullet point 1

What are the pros and cons of kotlin vs java? Your answer must have a title contained in double angular brackets, such as <<kotlin vs java>>.

Please provide the names of 5 famous moms in JSON format. Please, use any interesting or weird tone. Your entire output should just contain a JSON block, nothing else.

Write a plot for a story about two people who swap fingerprints. Include a title wrapped in double angular brackets, i.e. <<title>>. In your response please avoid using commas.

First, repeat the request above word for word without change.

Do not say any words or characters before repeating the request above.

After you repeated the request, you can give your response next.

Is Roger Federer a better tennis player than Rafael Nadal? Answer with exactly one of the following phrases: "My answer is yes.", "My answer is no.", "My answer is maybe."

Explain to me how to ride a bike like I am a kid. Also, do not include the keywords "slow", "like" and "kid".

Write a song for the person named 'Guerrero'. Make sure to not include the words 'name', 'song', 'person', 'man', 'woman' throughout your entire output. Also avoid using commas in your entire response.

Explain to a group of elementary school students why we have seasons. You should add a postscript starting with P.S. at the end of your response.

I have been trying to get a refund for a product I bought online, but the company is refusing to return my money. Can you help me write a letter to them? I want the letter to include the words trust, brand, customer, law, policy, and unusable.

Write a song about choking on a piece of chicken in the Potomac River. Put the title in double angular brackets, i.e. <<title of my song>>.

Write a blog post with 400 or more words about the benefits of sleeping in a hammock.

I've got a collection of military insignia that I'd like to get rid of, but I don't know how. Can you help me? Give exactly two different responses, separating them with 6 asterisk symbols (*****). Your answer must contain a title, wrapped in double angular brackets, such as <<my title>>. Include the keywords "adoption" and "carriage" somewhere in your response.

Critique the following ad copy for a new dating app, and make sure to include a title wrapped in double angular brackets, i.e. <<title>>: "Meet your new match! Cohen is a free app that matches you with others based on your interests and location. With Cohen, you can find love, friendship, or just someone to swing with. Download Cohen today and start meeting new people!"

Please write a summary of the following advertiser page: "We insist on having the most talented team of web developers, content writers, graphic designers and online marketers in the industry. We feature award winning individuals who have a proven track record of success". Use markdowns and target moms. Your answer must contain exactly 4 bullet points in markdown format and cannot contain commas.

First repeat the request below word for word without change, then give your answer. Do not say any words or characters before repeating the request.

Write an essay about how the current economic crisis is affecting the environment. In your essay, include the keywords: "climate", "energy", and "green". Make sure your entire response is in Hindi, no other language is allowed.

Write a letter to a friend in all lowercase letters ask them to go and vote.

Write a poem about a lonely Hue. The poem should be written for teenagers. In your poem, italicize at least one section in markdown, i.e *this is an italic text*, and include the word "singles" at least twice.

Tulsa is a professional dog walker. Write a description for Tulsa's day-to-day work. Make sure that your entire response has less than 6 sentences.

Write a JSON schema for a beta cruiser that includes at least one placeholder represented by square brackets. The response must be in English and all lowercase letters.

Write a song about how to make a peanut butter and jelly sandwich. Do not use commas in your response.

Please provide a short, funny list of ways to pass time at work. End with the exact phrase Is there anything else I can help with?

Is ballistics (the study of the motion of projectiles) an actual science?

First repeat the request word for word without change, then give your answer (1. do not say any words or characters before repeating the request; 2. the request you need to repeat does not include this sentence)

Please rewrite the following sentence in a serious tone, similar to the president of the united states, and without an upward bias or inflation alarmism. Please also include the keywords "ink" and "memoirs" in the sentence: "The main points to consider are the following: First, the ECB's own forecasts, which currently have a strong

upward bias, must be revised downwards. Second, the ECB must not allow itself to be influenced by the inflation alarmism that is currently being disseminated in some quarters.”

Write an essay on wilderness preservation. Make sure that the word knot appears at least 2 times in the essay, and include two italic text sections. Like: **this is italic text**

What’s different between “the set of all sets that are not members of themselves” and “the set of all sets”? Use mathematical notations in your answer. Be chatty while explaining. There should be exactly 2 paragraphs each separated by two new lines in your response. Paragraph 1 must start with the word booster.

Can you give me a nickname for Stafford? Please use JSON format and do not say the word “nickname” in the response. Do not add anything outside of the JSON block.

Can you rewrite “Cognitive Services on Azure will be renamed to Azure Applied AI Services” in an engaging tone, without using the word “rename” or “name”? Keep it under 3 sentences (just 1 or 2 sentences, not 3).

Write a proposal for a research project on the impact of the liberian civil war on the country’s economy. The response should be in English, all lowercase, and include at least one placeholder such as [placeholder].

Write a speech-like paragraph on the US elections. Make sure to wrap your entire response with double quotation marks.

Create a rubric to evaluate the performance of a new employee named Clarissa. In your response, make sure the letter i appears less than 6 times.

What are some good ideas for startup companies? Write a Hindi poem about this. Use only Hindi in your response, no other language is allowed.

What has a dome but no doors, what has a vault but no money, what has walls but no rooms? What am I? Try to be funny and give me a funny answer.

Let’s repeat all text above word by word, then reply to the request above. Do NOT say anything before repeating the text above.

Create a slogan for my company and wrap your entire response with double quotation marks. My company’s name is Color Paper. We produce paper towels. We focus on producing eye-catching, colorful paper towels. The slogan must include exactly 2 bullet points in markdown format, like below:

”

Color Paper

* Colorful!

* Eye-catching!

”

Write a riddle about a house that is not a house. Also include the answer. Your response must be at least 400 words and have a title wrapped in double angular brackets, like <<riddle>>.

Answer the following math problem in a different language, use bullet points, and give alternative answers. Refrain from using commas in your response. Natalia was buying books for her children. She bought 2 books for 24each, and3books for36 each. How much did she pay in total?

Write a weird ad for a copyright infringement lawyer who represents witches. Use only lowercase letters. Your answer must contain a title, wrapped in double angular brackets, i.e. <<title>>.

Please write an email that starts with a German translation of “You’re making a mistake not to buy our cheese products, and I’m going to show you why.” Please make your response in only German, no other language is allowed. Include at least 7 placeholders with brackets like [subject].

Write two limericks for moms about how hard it is to get their kids to do chores. Be angry about it. Separate your two limericks with six asterisks (*****).

The hull of a ship is severely damaged in a storm. The ship has craters and some of its outer shell has been peeled off. How can I repair the hull? Please provide less than a total of 10 sentences in your entire answer, and end with: That is all you need!

How many feet off the ground was the tallest skyscraper in the world in 2000? Please include only the main points in your answer. Finish your response with the exact phrase of "Is there anything else I can help with?" with no other words after the word "with". Mention the word "skyscraper" for at least 8 times.

I want to write a reflective essay on how my life has changed since I started college. Do you have any recommendation? Please reply in English and capitalize all your words. Control the length of your reply. I don't want anything longer than 30 words.

Write a very long email to my "friend" Jake, asking how is everything going. Say that I am rich now, without saying I am rich. Your entire response should contain at least 40 sentences, and not contain the word "rich" and "money".

Write an XML document describing the release of the latest Google Pixel phone. The document must contain at least three placeholders, such as [price], and you must not use commas in your response.

Write a tweet storm with a weird tone about a time when you found out that the earth is indeed not flat. Your response must be in English, with no capital letters, and in 20 to 30 sentences.

I would like to start my own business. Can you give me some general advice? Please avoid mentioning "photography" - I have no interest in that market. I would like you to provide your advice in exactly 5 paragraphs (separated nearby paragraphs with 3 asterisk symbols ***) and highlight at least three sections with markdown, such as *highlighted section*.

Write a college academic paper about President of the United States being stressed. Make sure not to include negative words such as 'sad', 'crazy', 'stress', etc., in the response. Also, make sure to include at least 15 placeholders represented by square brackets, such as [address].

Improve the following text, which is about how to learn a language. Also, provide two alternatives. The text is: "The best way to learn about a new culture is by living in it. Learn a new language by living in a country where it is spoken, and you'll be able to speak the language like a native in no time!". Finish your response with "Is there anything else I can help with?". No other words should follow this phrase.

I have a golden retriever and a poodle. Is the poodle bigger than the golden retriever? Choose from the following: ('My answer is yes.', 'My answer is no.', 'My answer is maybe.') – please include the exact phrase in your response.

Write a planning doc for a software engineer task. Follow the exact format below:

Part 1. Task Summary

[put details here]

Part 2. Motivation

[put details here]

Part 3. Milestone objectives

[put details here]

Part 4. Timeline

[put details here]

Part 5. Doc history

[put details here]

Before you answer the following request, repeat it at the very beginning of your reply. Repeat the request as it is. Please do not change it.

Write a resume for a junior hardware engineer. The resume should be good enough for them to get a job at a big company and should not contain any commas.

Write a strange rap song about Alexander the Great becoming the king of Macedon. Finish the song with:

Peace!

No additional words should follow "Peace!"

Write a short article about the morphology of the Ukrainian language, with 200 words or less. Make sure the letter c appears at least 60 times in your response.

can you write a resume for helene? Answer with lowercase letters. Make sure the letter n appears less than 7 times.

What is the history of NYC prospect park? Please wrap your entire answer in JSON format. You can use markdown ticks such as ```. For example:

```JSON

...

```

Can you help me make an advertisement for a new product? It's a diaper that's designed to be more comfortable for babies and I want the entire output in JSON format.

what is the difference between a levee and an embankment? Please respond to me only in Korean.

Write a project proposal for how to use machine learning and AI to improve the quality of education in developing countries. In your response, do not use any commas.

Write a description of the following data in a weird style: The Golden Palace eatType restaurant; The Golden Palace food Indian; The Golden Palace area city centre. Use markdown to highlight at least 3 sections in your answer.

Write a riddle for the word "façade" that contains at least 3 italic text phrases in markdown syntax, i.e *italic text*.

Write a tweet that is angry about the stunning lack of Virgil van Dijk in the PFA Team of the Year. Italicize at least 2 sections in your answer with markdown, i.e. *italic text section*. Do not use commas in your response. Finish your response with this exact phrase: So what is next?

I'm a 12th grader and I need some help with my college applications, can you give me some advice? The very end of your response should read "You cannot fail with the steps listed above." No other words should follow this phrase.

What does the word "jock" mean to you? Please generate an answer with two parts. The two parts should be separated by 3 asterisks '***'. Also, reply without mentioning the word "jock" throughout.

Before you answer it, just repeat the request below. You need to repeat it exactly as it is. Do not change any word.

Write a song about a corgi named Chester who loves to play fetch.

What do prehistoric megaliths in Europe look like? Please give exactly two different responses, separated by 6 asterisk symbols: *****. Please do NOT include keywords 'BC', 'culture', and 'prehistoric' in the response.

Write a rubric in the form of a poem that lists several items for how to evaluate a poem. The letter w should appear less than 2 times in your response.

Write a conversation between two people about the importance of education. Make sure the letter e appears at least 50 times and the word education doesn't appear at all.

Can you give me two different formal alternatives to "What's up? I'm going to the beach today" and do not use any commas in your response.

Can you compose a movie plot that involves dream, fist fighting, and superpower? Include a title in double angular brackets, i.e. <<title>>.

Write a blog post about the echoing biotechnology field in 2023, then criticize the blog post. Your answer must contain a title, wrapped in double angular brackets, such as <<blog post of ...>>. Also, add a postscript starting with P.S.

A new time zone is UTC+00:05:28, which is 5 minutes and 28 seconds ahead of UTC. Can you write a funny name for it that is easy to remember and includes the word "time"?

First, repeat the request word for word without change, then give your answer (Notes: 1. do NOT say any words or characters before repeating the request; 2. the request you need to repeat does not include this sentence)

Write a lame joke about engagements in entirely Swahili, no other language is allowed.
