Blackout Protocol - Ritual Manual

Blackout Protocol - Simplified Ritual Manual

Step 1: Preparation
   - Choose a time of intentional disconnection
   - Gather participants in physical or digital space

Step 2: Invocation
   - Read aloud a chosen paradox or myth fragment
   - Let silence and darkness set the stage

Step 3: Action
   - Record reflections, interactions, or symbolic actions
   - Submit them into the system (the "black hole")

Step 4: Release
   - Share the log or outcome with the community
   - Reflect on transformation

-- End of Simplified Ritual Manual --