The Blackout Protocol - Ceremony Guide

1. Preparation

Gather participants in a dark room. Ensure silence and minimal external interference.

2. The Blackout

At the signal, all lights and devices must be turned off. Darkness represents both uncertainty and freedom.

3. The Oracle

A designated participant acts as the Oracle, introducing fragments of truth and deception to challenge perception.

4. The Restart

After reflection, lights are turned back on. The group discusses insights, decisions, and the meaning of the blackout.

5. Closing

The ritual ends with a collective statement of intent: to embrace uncertainty and co-create new narratives.