

ICPSR 25504

**National Health and Nutrition
Examination Survey (NHANES),
2005-2006**

*United States Department of Health and
Human Services. Centers for Disease
Control and Prevention. National Center
for Health Statistics*

NCHS Questionnaire: Depression Screener

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4/20/05

Questionnaire: MEC

DEPRESSION SCREEN – DPQ**Target Group: SPs 12+****05BOX 1****CHECK ITEM 05DPQ.001:**

- IF INTERVIEW DONE ONLY WITH SURVEY PARTICIPANT (CODED '1' IN RIQ.005), CONTINUE.
- OTHERWISE, GO TO NEXT SECTION.

05DPQ.010 Over the **last 2 weeks**, how often have you been bothered by the following problems:

little interest or pleasure in doing things? Would you say . . .

HANDCARD DPQ1

Not at all,	0
several days,	1
more than half the days, or	2
nearly every day?	3
REFUSED	7
DON'T KNOW	9

05DPQ.020 [Over the **last 2 weeks**, how often have you been bothered by the following problems:]

feeling down, depressed, or hopeless?

HANDCARD DPQ1

NOT AT ALL	0
SEVERAL DAYS	1
MORE THAN HALF THE DAYS	2
NEARLY EVERY DAY	3
REFUSED	7
DON'T KNOW	9

05DPQ.030 [Over the **last 2 weeks**, how often have you been bothered by the following problems:]

trouble falling or staying asleep, or sleeping too much?

HANDCARD DPQ1

NOT AT ALL	0
SEVERAL DAYS	1
MORE THAN HALF THE DAYS	2
NEARLY EVERY DAY	3
REFUSED	7
DON'T KNOW	9

05DPQ.040 [Over the **last 2 weeks**, how often have you been bothered by the following problems:]

feeling tired or having little energy?

HANDCARD DPQ1

NOT AT ALL	0
SEVERAL DAYS	1
MORE THAN HALF THE DAYS	2
NEARLY EVERY DAY	3
REFUSED	7
DON'T KNOW	9

05DPQ.050 [Over the **last 2 weeks**, how often have you been bothered by the following problems:]

poor appetite or overeating?

HANDCARD DPQ1

NOT AT ALL	0
SEVERAL DAYS	1
MORE THAN HALF THE DAYS	2
NEARLY EVERY DAY	3
REFUSED	7
DON'T KNOW	9

05DPQ.060 [Over the **last 2 weeks**, how often have you been bothered by the following problems:]

feeling bad about yourself – or that you are a failure or have let yourself or your family down?

HANDCARD DPQ1

NOT AT ALL	0
SEVERAL DAYS	1
MORE THAN HALF THE DAYS	2
NEARLY EVERY DAY	3
REFUSED	7
DON'T KNOW	9

05DPQ.070 [Over the **last 2 weeks**, how often have you been bothered by the following problems:]

trouble concentrating on things, such as reading the newspaper or watching TV?

HANDCARD DPQ1

NOT AT ALL	0
SEVERAL DAYS	1
MORE THAN HALF THE DAYS	2
NEARLY EVERY DAY	3
REFUSED	7
DON'T KNOW	9

05DPQ.080 [Over the **last 2 weeks**, how often have you been bothered by the following problems:]

moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual?

HANDCARD DPQ1

NOT AT ALL.....	0
SEVERAL DAYS	1
MORE THAN HALF THE DAYS.....	2
NEARLY EVERY DAY.....	3
REFUSED	7
DON'T KNOW	9

05DPQ.090 Over the last 2 weeks, how often have you been bothered by the following problem:

Thoughts that you would be better off dead or of hurting yourself in some way?

INTERVIEWER INSTRUCTION: IF DPQ.090 CODED 1, 2, OR 3, PLEASE COMPLETE MENTAL HEALTH OBSERVATION FOR PHYSICIAN REVIEW AT CONCLUSION OF INTERVIEW.

NOT AT ALL.....	0
SEVERAL DAYS	1
MORE THAN HALF THE DAYS.....	2
NEARLY EVERY DAY.....	3
REFUSED	7
DON'T KNOW	9

05BOX 2

CHECK ITEM 05DPQ.095:

- IF RESPONSE TO ANY OF QUESTIONS 05DPQ.010 – 05DPQ.090 = 1, 2, OR 3, GO TO 05DPQ.100.
- OTHERWISE, GO TO NEXT SECTION.

05DPQ.100 How **difficult** have these problems made it for you to do your work, take care of things at home, or get along with people?

Not at all difficult,	0
Somewhat difficult,.....	1
Very difficult,	2
Extremely difficult?.....	3
REFUSED	7
DON'T KNOW	9