

*Hi! This document is intended to serve as a resource for anyone who wants to deepen their anti-racism work. If you haven't engaged in anti-racism work in the past, start now. The burden is not on people of color to do the work of education, everyone must play a role in educating themselves and others. Thank you for showing up here today.*

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## Petitions

Signing petitions is a very effective way to gain momentum and affect real change. Here is a list of **Petitions To Sign**: <https://blacklivesmatters.carrd.co/#petitions>

## Implicit bias test (Harvard)

The [Implicit Association Test \(IAT\)](#) measures attitudes and beliefs that people may be unwilling or unable to report. The IAT may be especially interesting if it shows that you have an implicit attitude that you did not know about. For example, you may believe that women and men should be equally associated with science, but your automatic associations could show that you (like many others) associate men with science more than you associate women with science.

Choose from a variety of different tests here: <https://implicit.harvard.edu/implicit/takeatest.html>

## Books to read

BF News published [An Essential Reading Guide For Fighting Racism](#) that is a great starting point. Personally, I'm waiting for [How To Be An Antiracist](#) by Dr. Ibram X. Kendi to be delivered. In the meantime, I also bought a digital copy of [Me and White Supremacy](#) by Layla F. Saad which I highly recommend. [White Fragility: Why It's So Hard for White People to Talk About Racism](#) by Robin DiAngelo, PhD is on my reading list as well.

Side note: If you are able to buy these books from a **Black owned bookstore**, please try that first!

## Podcasts

If you're not into reading, here is a list of podcasts to subscribe to:

- [1619 \(New York Times\)](#)
- [About Race \(Panopoly\)](#)
- [Code Switch \(NPR\)](#)
- [Intersectionality Matters! hosted by Kimberlé Crenshaw](#)
- [Momentum: A Race Forward Podcast](#)
- [Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)
- [Pod Save the People \(Crooked Media\)](#)
- [The Combahee River Collective Statement](#)

## Films and TV shows

Similarly, if you'd rather watch something, here is a great selection of movies and shows:

- 13th (Ava DuVernay) — Netflix
- American Son (Kenny Leon) — Netflix
- Black Panthers: Vanguard of the Revolution — Available to rent / on demand
- Black Power Mixtape: 1967-1975 — Available to rent
- Clemency (Chinonye Chukwu) — Available to rent
- Dear White People (Justin Simien) — Netflix
- Do Not Resist — Available to rent
- Fruitvale Station (Ryan Coogler) — Available to rent
- I Am Not Your Negro (James Baldwin doc) — Available to rent / or on Kanopy
- If Beale Street Could Talk (Barry Jenkins) — Hulu
- Just Mercy (Destin Daniel Cretton) — Available to rent
- King In The Wilderness — HBO
- See You Yesterday (Stefon Bristol) — Netflix
- Selma (Ava DuVernay) — Available to rent / on demand
- The Hate U Give (George Tillman Jr.) — Hulu with Cinemax
- When They See Us (Ava DuVernay) — Netflix

#### Allyship 101 resources

This week I participated in a workshop on “[Allyship 101: How Do I Show Up in a Meaningful Way for Black People?](#)” led by Ingrid L. Hadley. Here is a list of resources they recommended:

- [Color blind or color brave? | Mellody Hobson](#)
- [Systemic Racism Explained](#)
- [Jane Elliott's “Blue Eyes/Brown Eyes” Anti-Racism Exercise | The Oprah Winfrey Show](#)
- [Rihanna Says Tell Your Friends Of Other Races To “Pull Up” For Black Issues](#)

#### Feeling overwhelmed? Start by reading this article.

- [A Letter to Take #ActionforEquality by Elizabeth Morrison](#)

#### Additional anti-racism resources

- [75 Things White People Can Do for Racial Justice](#)
- [Anti-Racism Project](#)
- [Jenna Arnold's resources, books and people to follow](#)
- [Rachel Ricketts' anti-racism resources](#)
- [Resources for White People to Learn and Talk About Race and Racism](#)
- [Showing Up For Racial Justice's educational toolkits](#)
- [“Why is this happening?” — an introduction to police brutality from 100 Year Hoodie](#)
- [Zinn Education Project's teaching materials](#)

#### Defund the police

Confused about what this means? Watch [Police: Last Week Tonight with John Oliver \(HBO\)](#).

#### Black Lives Matter. Say it out loud.