

PRAMS Data Analysis

(Asynchronous-Online)

PRAMS Data

About PRAMS

PRAMS is the Pregnancy Risk Assessment Monitoring System (PRAMS). According to the CDC's website for About PRAMS:

i What is PRAMS?

PRAMS is the Pregnancy Risk Assessment Monitoring System. It is a joint surveillance project between state, territorial, or local health departments and CDC's Division of Reproductive Health. PRAMS was developed in 1987 to reduce infant morbidity and mortality by influencing maternal behaviors before, during, and immediately after live birth.

What is the purpose of PRAMS?

The purpose of PRAMS is to find out why some infants are born healthy and others are not. The survey asks new mothers questions about their pregnancy and their new infant. The questions give us important information about the mother and the infant and help us learn more about the impacts of health and behaviors.

Getting the PRAMS Data

- You can request the PRAMS Data from the CDC.
- Once granted access, follow the instructions from the CDC to download the data and sign the data sharing agreement.
- For the purposes of the TIDAL R training session, we will be working with PRAMS Phase 8 ARF (Automated Research File) dataset.



PRAMS Documentation and Resources

- See the details on the PRAMS Questionnaires.
- Learn more about the PRAMS Data Methodology including details on how the samples are weighted.
- Download and Read this helpful paper on PRAMS design and methodology (Shulman, D'Angelo, Harrison, Smith, and Warner, 2018).
- There are also helpful tutorial videos on working with PRAMS data by ASSOCIATION OF STATE AND TERRITORIAL HEALTH OFFICIALS (ASTHO.org).

0. Prework - Before You Begin

Install R Packages

Before you begin, please go ahead and install (or make sure these are already installed) on your computer for these following packages - these are all on CRAN, so you can install them using the RStudio Menu Tools/Install Packages interface:

- haven
- dplyr
- survey

library(haven)
library(dplyr)
library(survey)

Create a NEW RStudio Project

BEFORE you being any new analysis project, it is **ALWAYS** a good idea to begin with the NEW RStudio project.

Go to the RStudio menu "File/New Project" and create your new project (ideally in a NEW directory, but it is also ok to use an exisiting directory/folder on your computer).

This new directory (or folder) will be where all of your files will "live" for your current analysis project.

See the step-by-step instructions for creating a new RStudio project in Module 1.3.2.





1. Get PRAMS Data and Select Subset for Analysis

A. Read-in the PRAMS Phase 8 2016-2021 combined dataset

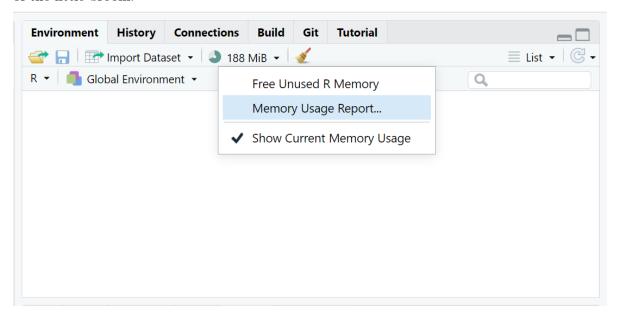
The PRAMS data provided by the CDC will be in SAS format (*.sas7bdat). We can read the native SAS file into R using the haven package and the read sas() function.



Memory Warning

The size of the phase8_arf_2016_2021.sas7bdat dataset is a little over 1GB. So, make sure your computer has enough available memory to fully load this dataset. I will provide some more details below on how we can reduce the size of the dataset and improve the memory issues below.

You can check your available memory, by checking your "Global Environment" TAB (upper right window pane) click on the down arrow next to the icon with "XX MiB" just to the left of the little broom:



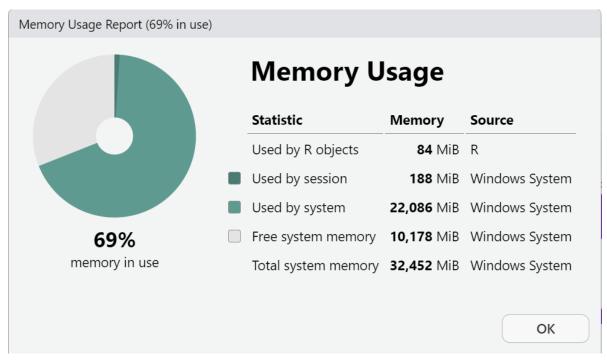
Click on the "Memory Usage Report" to see a detailed breakdown. This window will show:

- Memory used by R objects (in your "Global Environment")
- Memory used on your computer by your current R Session
- Memory currently in use for everything currently running on your computer (all apps running - active and in background) - you can compare this to your "task manager" memory viewer.



• Free System Memory - when this gets low the "XX MiB" graphic will change color from green - to yellow - to orange - to red. Once you get to red, your R session will most likely crash since there is not enough memory to perfom operations or run analyses.

This is a screen shot of my computer (yours will look different) BEFORE I load the PRAMS dataset.

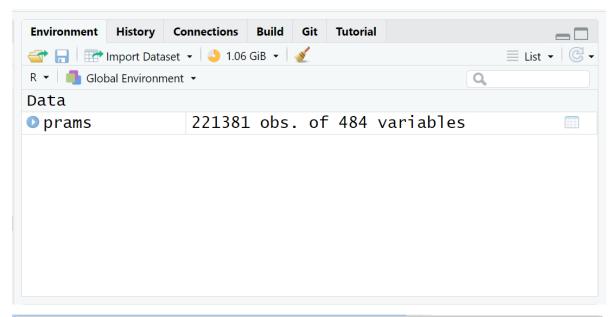


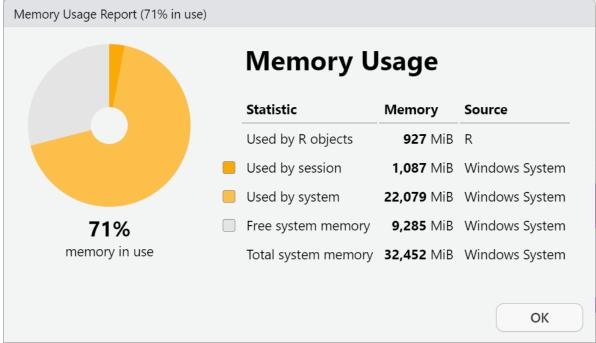
Run the following R code to load the PRAMS Phase 8 dataset into your R Session and check the "Global Environment".

```
library(haven)
prams <-
   read_sas("phase8_arf_2016_2021.sas7bdat")</pre>
```

Here is my memory AFTER loading the PRAMS dataset into my "Global Environment".







B. Save the data as a *.RData binary file for use in later analyses

One way to reduce the size of the PRAMS dataset is to save it as a native *.RData binary file format. So, let's save the PRAMS dataset in this format on your computer.

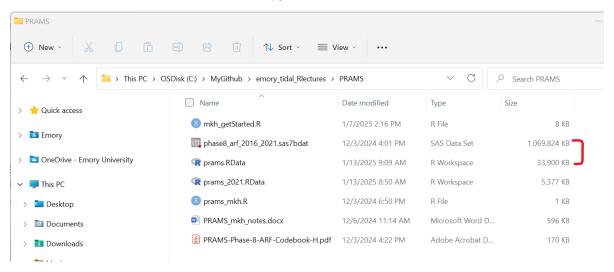


```
# save the whole dataset as *.RData format
save(prams,
    file = "prams.RData")
```

On my computer, here is a comparison of the size of these 2 files:

- phase8_arf_2016_2021.sas7bdat is 1,095,499,776 bytes (which is 1.02 GB)
- prams.RData is only 34,713,319 (which is only 0.0323 GB)

This is a file size reduction of 96.83%!!



Now that we've reduced the file size of the dataset on your computer's hard drive (or cloud storage), let's also clear up the "Global Environment" back in your current RStudio computing session.

C. Clean up files to save memory

Now that we've saved the data, let's remove the PRAMS data object from the RStudio session.

- For now we can simply remove everything using the rm(list=ls()).
- However, if you have other objects you want to keep, you can specifically only remove the PRAMS dataset using rm(prams).



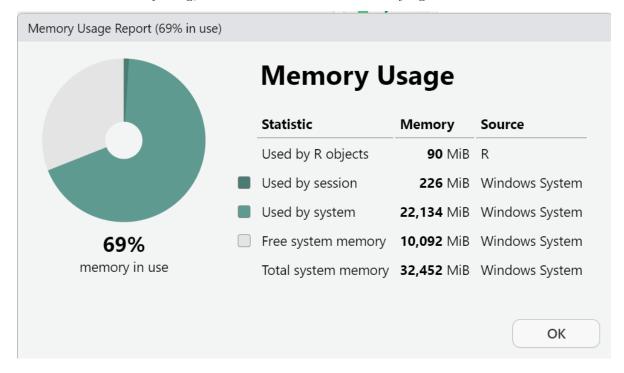
```
# remove all objects from Global Environment
rm(list=ls())
# confirm Global Environment is empty
# list all objects
ls()
```

character(0)

```
# and free any currently unused memory
gc()
```

```
used (Mb) gc trigger (Mb) max used (Mb) Ncells 2108376 112.6 4155152 222.0 4155152 222.0 Vcells 3854789 29.5 153280661 1169.5 112109074 855.4
```

After we remove everything, let's look at the session memory again.

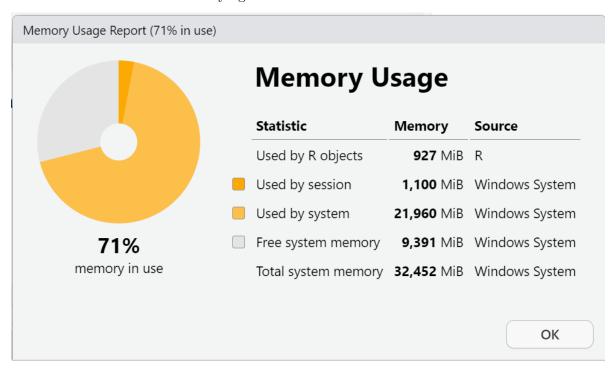


Now let's read the PRAMS data back in, but this time read in the prams.RData binary R data formatted file. We will use the built-in load() function.



```
# load back only the prams dataset
load(file = "prams.RData")
```

Let's check the R session memory again:



I know this didn't make a large difference for the R session available memory, but by doing this process:

- 1. The PRAMS dataset now takes up less memory on your computer's file storage, and
- 2. The load() function for the prams.RData file should run faster when beginning your R computing session instead of having to use the haven package to read in the SAS formatted file everytime.

As a quick comparison on my computer (Windows 11), the time to read in the SAS formatted file was about 14 sec:

```
> system.time(
+ prams <-
+ read_sas("phase8_arf_2016_2021.sas7bdat")
+ )
  user system elapsed
  13.44  0.47  13.96</pre>
```



And the time to read in the prams.RData file was only about 1.5 sec.

```
> system.time(
+ load("prams.RData")
+ )
   user system elapsed
   1.45   0.08   1.54
```



2. Getting started with PRAMS Data

Breastfeeding summary - UNWEIGHTED data

Let's look at whether the mother ever breastfed her baby - this is variable BF5EVER, where 1 = "NO" and 2 = "YES".

PRAMS Phase 8 Codebook

```
# create a factor variable
# and add labels
prams$BF5EVER.f <- factor(
  prams$BF5EVER,
  levels = c(1, 2),
  labels = c("NO", "YES")
)</pre>
```

For the UNWEIGHTED data, let's get a simple table of breastfeeding by STATE (variable STATE) and YEAR (variable NEST_YR).

As we can see below, in 2017 for the state of GA, 919 women responded to this question:

- 919 women responded
 - 170 said NO
 - 749 said YES
- 36 were missing a response (indicated by <NA>)

```
BF5EVER.f
STATE
       NO YES <NA>
       71
   ΑK
           927
                  47
      181
           659
                  42
   AL
       73 1037
   CO
                  18
   DΕ
      126
          728
                  37
   GA
      170 749
                  36
      136 867
   IA
                  30
   IL
      140 1048
                  36
   KS
        81
           856
```



```
139
          536
ΚY
                 27
    285
          586
                 23
LA
MA
    115 1268
                 40
MD
     97
          928
                 35
ME
     88
          754
                 30
ΜI
    290 1532
                 75
MO
    166
          908
                 37
MT
     66
          851
                 20
    102
          472
                 17
ND
     42
          523
NH
                 15
    125 1102
NJ
                 31
NM
    123 1038
                 19
    109
          706
NY
                 33
PA
    164 1023
                 42
PR
          928
     81
                 23
RΙ
    105
          960
                 37
SD
    150
          946
                 35
UT
     93 1305
                 49
VA
     88
          969
                 26
VT
     54
         780
                 14
WA
     69 1138
                 31
    221 1051
                 74
WΙ
          475
WV
    186
                 38
WY
     49
          438
                 16
YC
     99 1125
                 69
```

This aligns with the CDC PRAMS Indicators Report for GA in 2020 - scroll to the bottom to see the RAW count of 919 women who responded to "Ever Breastfed" in GA in 2017.

Breastfeeding summary - WEIGHTED data

In the CDC PRAMS Indicators Report for GA in 2020 the columns that have the 95% CI (confidence intervals) for the percentages are the population weighted percentage estimates for the Stats of GA during that year.

To get the estimated percentage of women in the stats of GA who had "ever breastfed" in 2017, we need to use the survey package and apply the proper sample weighting to get these estimates.

```
library(survey)
# Let's look at just GA to start with
```



	NEST_YR	BF5EVER.fNO	BF5EVER.fYES	${\tt se.BF5EVER.fNO}$	${\tt se.BF5EVER.fYES}$
2017	2017	17639.96	101686.10	2045.415	2271.075
2018	2018	20187.62	98909.35	2151.496	2351.330
2019	2019	24099.04	95019.86	2273.415	2279.851
2020	2020	21827.55	94125.72	2209.745	2457.097
2021	2021	23724.68	93896.73	2266.811	2256.488

From this we can see that the population estimates for 2017 are:

- Breastfed ever = NO: 17639.96 + /- 2045.415
- Breastfed ever = YES: 101686.10 + /- 2271.075

This leads to a percentage of YES estimate of 101686.10 * 100 / (101686.10 + 17639.96) = 85.2170096% which should match pretty closely to what is in the CDC PRAMS Indicators Report for GA in 2020.

We can also get the percentage of overall breastfeeding YES for the USA for the 40 "states" (technically 38 states, Puerto Rico, and New York City) that were included in the PRAMS dataset in 2020 (see the last column in the CDC report), using the following R code. Note: 2 "states" did not have data in 2020: Connecticut and Florida.



```
data = prams)
svyby(~BF5EVER.f, ~NEST_YR,
    design = prams.svy,
    svytotal, na.rm=TRUE)
```

```
NEST_YR BF5EVER.fNO BF5EVER.fYES se.BF5EVER.fNO se.BF5EVER.fYES
2016
        2016
                 187666.4
                               1324171
                                              4398.541
                                                               4798.836
        2017
2017
                208863.1
                               1497127
                                              4762.339
                                                               5452.232
2018
        2018
                242991.5
                                              5220.222
                                                               5979.598
                               1716913
                                              5404.761
                                                               6877.697
2019
        2019
                236841.9
                               1680987
2020
        2020
                225560.3
                               1609464
                                              4884.871
                                                               5540.240
                                              5196.234
2021
        2021
                212618.8
                               1521303
                                                               6058.572
```

From this we can see that the population estimates for the "whole USA" for 2020 were:

- Breastfed ever = NO: 225560.3 + /-4884.871
- Breastfed ever = YES: 1609464 + -5540.240

This leads to a percentage of YES estimate of 1609464 * 100 / (1609464 + 225560.3) = 87.7080483% which is pretty close to what is in the CDC PRAMS Indicators Report for GA in 2020 - with some numerical precision variation due to software algorithms.

Congratulations on getting started with the PRAMS Dataset

3. Data Wrangling with PRAMS

Examples will be posted here working with the PRAMS Dataset for recoding, creating or modifying variables.

4. Visualizing PRAMS Data

Examples will be posted here for making graphs and figures with suggestions on handling very large datasets.

5. Missing Data in PRAMS

Examples will be posted here for summarizing and visualizing missing data in PRAMS.



6. PRAMS Statistical Tests and Models

Examples will be posted here for statistical tests and models (such as linear and logistic regression) for both the unweighted and weighted data approaches.

7. PRAMS Reproducible Research Report

A Rmarkdown analysis report will be provided here as a template to "kick start" your research with the PRAMS dataset.



References

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- Wickham, Hadley, Evan Miller, and Danny Smith. 2023. Haven: Import and Export SPSS, Stata and SAS Files. https://haven.tidyverse.org.

Other Helpful Resources

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