

# **PRAMS Data Analysis**

(Asynchronous-Online)

#### **PRAMS Data**

#### **About PRAMS**

PRAMS is the Pregnancy Risk Assessment Monitoring System (PRAMS). According to the CDC's website for About PRAMS:

## **i** What is PRAMS?

PRAMS is the Pregnancy Risk Assessment Monitoring System. It is a joint surveillance project between state, territorial, or local health departments and CDC's Division of Reproductive Health. PRAMS was developed in 1987 to reduce infant morbidity and mortality by influencing maternal behaviors before, during, and immediately after live birth.

# What is the purpose of PRAMS?

The purpose of PRAMS is to find out why some infants are born healthy and others are not. The survey asks new mothers questions about their pregnancy and their new infant. The questions give us important information about the mother and the infant and help us learn more about the impacts of health and behaviors.

### Getting the PRAMS Data

- You can request the PRAMS Data from the CDC.
- Once granted access, follow the instructions from the CDC to download the data and sign the data sharing agreement.
- For the purposes of the TIDAL R training session, we will be working with PRAMS Phase 8 ARF (Automated Research File) dataset.



#### **PRAMS Documentation and Resources**

- See the details on the PRAMS Questionnaires.
- Learn more about the PRAMS Data Methodology including details on how the samples are weighted.
- Download and Read this helpful paper on PRAMS design and methodology (Shulman, D'Angelo, Harrison, Smith, and Warner, 2018).
- There are also helpful tutorial videos on working with PRAMS data by ASSOCIATION OF STATE AND TERRITORIAL HEALTH OFFICIALS (ASTHO.org).

## 0. Prework - Before You Begin

## Install R Packages

Before you begin, please go ahead and install (or make sure these are already installed) on your computer for these following packages - these are all on CRAN, so you can install them using the RStudio Menu Tools/Install Packages interface:

- haven
- dplyr
- survey

library(haven)
library(dplyr)
library(survey)

#### Create a NEW RStudio Project

**BEFORE** you being any new analysis project, it is **ALWAYS** a good idea to begin with the NEW RStudio project.

Go to the RStudio menu "File/New Project" and create your new project (ideally in a NEW directory, but it is also ok to use an exisiting directory/folder on your computer).

This new directory (or folder) will be where all of your files will "live" for your current analysis project.

See the step-by-step instructions for creating a new RStudio project in Module 1.3.2.





## 1. Get PRAMS Data and Select Subset for Analysis

#### A. Read-in the PRAMS Phase 8 2016-2021 combined dataset

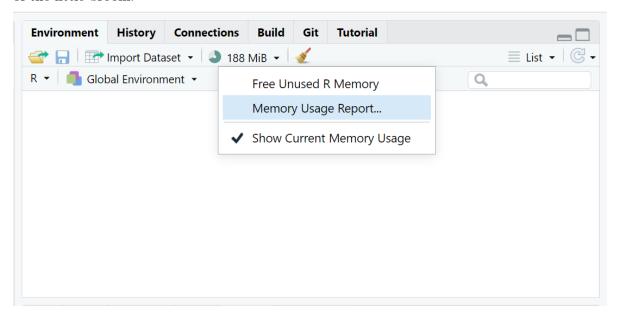
The PRAMS data provided by the CDC will be in SAS format (\*.sas7bdat). We can read the native SAS file into R using the haven package and the read sas() function.



### Memory Warning

The size of the phase8\_arf\_2016\_2021.sas7bdat dataset is a little over 1GB. So, make sure your computer has enough available memory to fully load this dataset. I will provide some more details below on how we can reduce the size of the dataset and improve the memory issues below.

You can check your available memory, by checking your "Global Environment" TAB (upper right window pane) click on the down arrow next to the icon with "XX MiB" just to the left of the little broom:



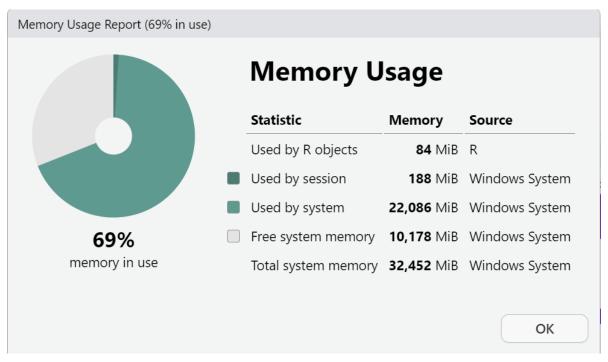
Click on the "Memory Usage Report" to see a detailed breakdown. This window will show:

- Memory used by R objects (in your "Global Environment")
- Memory used on your computer by your current R Session
- Memory currently in use for everything currently running on your computer (all apps running - active and in background) - you can compare this to your "task manager" memory viewer.



• Free System Memory - when this gets low the "XX MiB" graphic will change color from green - to yellow - to orange - to red. Once you get to red, your R session will most likely crash since there is not enough memory to perfom operations or run analyses.

This is a screen shot of my computer (yours will look different) BEFORE I load the PRAMS dataset.

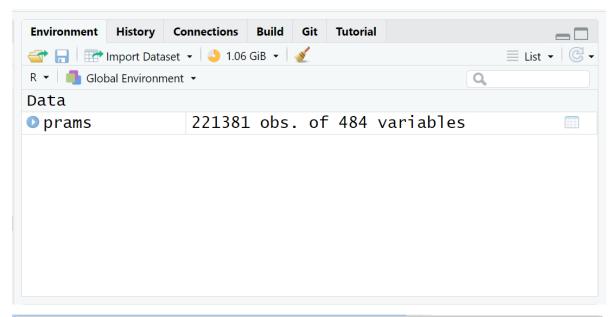


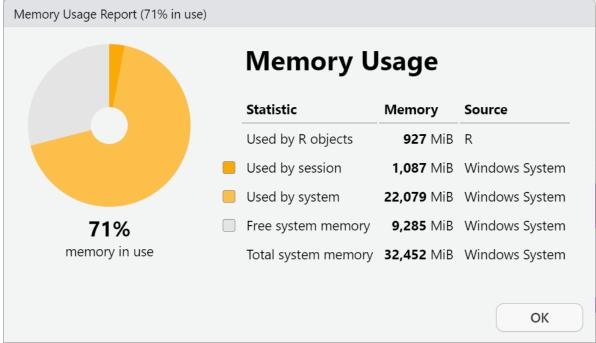
Run the following R code to load the PRAMS Phase 8 dataset into your R Session and check the "Global Environment".

```
library(haven)
prams <-
  read_sas("phase8_arf_2016_2021.sas7bdat")</pre>
```

Here is my memory AFTER loading the PRAMS dataset into my "Global Environment".







## B. Save the data as a \*.RData binary file for use in later analyses

One way to reduce the size of the PRAMS dataset is to save it as a native \*.RData binary file format. So, let's save the PRAMS dataset in this format on your computer.

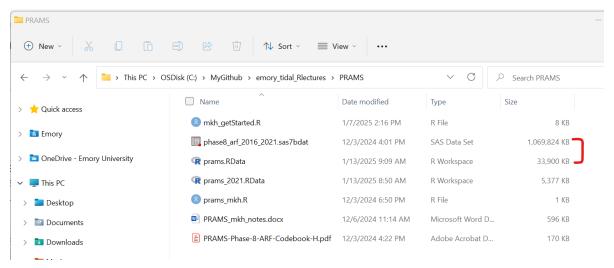


```
# save the whole dataset as *.RData format
save(prams,
    file = "prams.RData")
```

On my computer, here is a comparison of the size of these 2 files:

- phase8\_arf\_2016\_2021.sas7bdat is 1,095,499,776 bytes (which is 1.02 GB)
- prams.RData is only 34,713,319 (which is only 0.0323 GB)

#### This is a file size reduction of 96.83%!!



Now that we've reduced the file size of the dataset on your computer's hard drive (or cloud storage), let's also clear up the "Global Environment" back in your current RStudio computing session.

#### C. Clean up files to save memory

Now that we've saved the data, let's remove the PRAMS data object from the RStudio session.

- For now we can simply remove everything using the rm(list=ls()).
- However, if you have other objects you want to keep, you can specifically only remove the PRAMS dataset using rm(prams).



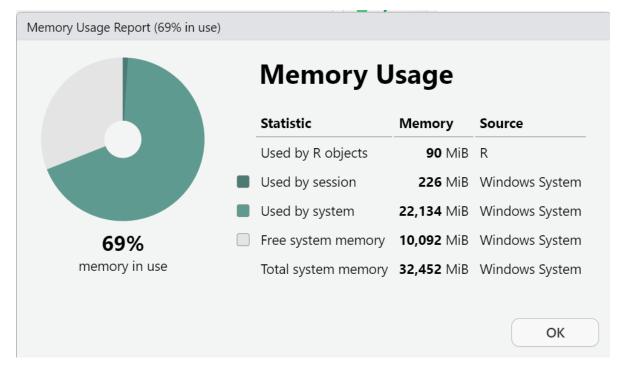
```
# remove all objects from Global Environment
rm(list=ls())
# confirm Global Environment is empty
# list all objects
ls()
```

### character(0)

```
# and free any currently unused memory
gc()
```

```
used (Mb) gc trigger (Mb) max used (Mb)
Ncells 2118333 113.2 4161332 222.3 4161332 222.3
Vcells 3877599 29.6 153312187 1169.7 112137245 855.6
```

After we remove everything, let's look at the session memory again.

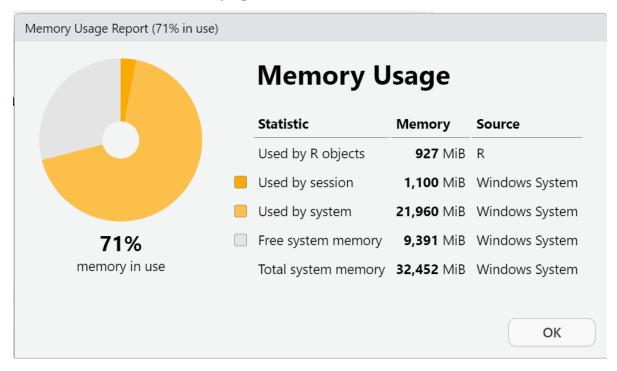


Now let's read the PRAMS data back in, but this time read in the prams.RData binary R data formatted file. We will use the built-in load() function.



```
# load back only the prams dataset
load(file = "prams.RData")
```

Let's check the R session memory again:



I know this didn't make a large difference for the R session available memory, but by doing this process:

- 1. The PRAMS dataset now takes up less memory on your computer's file storage, and
- 2. The load() function for the prams.RData file should run faster when beginning your R computing session instead of having to use the haven package to read in the SAS formatted file everytime.

As a quick comparison on my computer (Windows 11), the time to read in the SAS formatted file was about 14 sec:

```
> system.time(
+ prams <-
+ read_sas("phase8_arf_2016_2021.sas7bdat")
+ )
  user system elapsed
  13.44  0.47  13.96</pre>
```



And the time to read in the  ${\tt prams.RData}$  file was only about 1.5 sec.

```
> system.time(
+ load("prams.RData")
+ )
   user system elapsed
   1.45 0.08 1.54
```



### 2. Getting started with PRAMS Data

### Breastfeeding summary - UNWEIGHTED data

Let's look at whether the mother ever breastfed her baby - this is variable BF5EVER, where 1 = "NO" and 2 = "YES".

#### PRAMS Phase 8 Codebook

```
# create a factor variable
# and add labels
prams$BF5EVER.f <- factor(
  prams$BF5EVER,
  levels = c(1, 2),
  labels = c("NO", "YES")
)</pre>
```

For the UNWEIGHTED data, let's get a simple table of breastfeeding by STATE (variable STATE) and YEAR (variable NEST\_YR).

As we can see below, in 2017 for the state of GA, 919 women responded to this question:

- 919 women responded
  - 170 said NO
  - 749 said YES
- 36 were missing a response (indicated by <NA>)

```
BF5EVER.f
STATE
        NO YES <NA>
   ΑK
        71
            927
                  47
   AL
      181
            659
                  42
   CO
       73 1037
                  18
   DE
      126
           728
                  37
      170
   GA
           749
                  36
   IA
      136 867
                  30
   IL
      140 1048
                  36
   KS
        81 856
                  58
```



```
139
          536
                27
ΚY
LA
    285
          586
                23
    115 1268
                40
MA
MD
     97
          928
                35
ME
     88
         754
                30
    290 1532
                75
ΜI
    166
          908
                37
MO
MT
     66
          851
                20
    102
          472
ND
                17
          523
NH
     42
                15
    125 1102
NJ
                31
NM
    123 1038
                19
NY
    109
         706
                33
    164 1023
                42
PA
PR
     81
          928
                23
RΙ
    105
          960
                37
SD
    150
          946
                35
UT
     93 1305
                49
VA
     88
          969
                26
VT
     54
         780
                14
WA
     69 1138
                31
    221 1051
                74
WΙ
WV
    186
          475
                38
     49 438
WY
                16
YC
     99 1125
                69
```

This aligns with the CDC PRAMS Indicators Report for GA in 2020 - scroll to the bottom to see the RAW count of 919 women who responded to "Ever Breastfed" in GA in 2017.

#### Breastfeeding summary - WEIGHTED data

In the CDC PRAMS Indicators Report for GA in 2020 the columns that have the 95% CI (confidence intervals) for the percentages are the population weighted percentage estimates for the Stats of GA during that year.

To get the estimated percentage of women in the stats of GA who had "ever breastfed" in 2017, we need to use the survey package and apply the proper sample weighting to get these estimates.

```
library(survey)

# Let's look at just GA to start with
# use dplyr to filter out just GA
```



|      | NEST_YR | BF5EVER.fNO | ${\tt BF5EVER.fYES}$ | ${\tt se.BF5EVER.fN0}$ | ${\tt se.BF5EVER.fYES}$ |
|------|---------|-------------|----------------------|------------------------|-------------------------|
| 2017 | 2017    | 17639.96    | 101686.10            | 2045.415               | 2271.075                |
| 2018 | 2018    | 20187.62    | 98909.35             | 2151.496               | 2351.330                |
| 2019 | 2019    | 24099.04    | 95019.86             | 2273.415               | 2279.851                |
| 2020 | 2020    | 21827.55    | 94125.72             | 2209.745               | 2457.097                |
| 2021 | 2021    | 23724.68    | 93896.73             | 2266.811               | 2256.488                |

From this we can see that the population estimates for 2017 are:

- Breastfed ever = NO: 17639.96 +/- 2045.415
  Breastfed ever = YES: 101686.10 +/- 2271.075
- This leads to a percentage of YES estimate of 101686.10 \* 100 / (101686.10 + 17639.96) = 85.2170096% which should match pretty closely to what is in the CDC PRAMS Indicators Report for GA in 2020.

We can also get the percentage of overall breastfeeding YES for the USA for the 40 "states" (technically 38 states, Puerto Rico, and New York City) that were included in the PRAMS dataset in 2020 (see the last column in the CDC report), using the following R code. Note: 2 "states" did not have data in 2020: Connecticut and Florida.



```
svyby(~BF5EVER.f, ~NEST_YR,
    design = prams.svy,
    svytotal, na.rm=TRUE)
```

```
NEST_YR BF5EVER.fNO BF5EVER.fYES se.BF5EVER.fNO se.BF5EVER.fYES
2016
        2016
                187666.4
                               1324171
                                              4398.541
                                                               4798.836
2017
        2017
                208863.1
                               1497127
                                              4762.339
                                                               5452.232
                                                               5979.598
        2018
2018
                242991.5
                               1716913
                                              5220.222
                                              5404.761
                                                               6877.697
2019
        2019
                236841.9
                               1680987
2020
        2020
                225560.3
                               1609464
                                              4884.871
                                                               5540.240
2021
        2021
                212618.8
                               1521303
                                              5196.234
                                                               6058.572
```

From this we can see that the population estimates for the "whole USA" for 2020 were:

- Breastfed ever = NO: 225560.3 + /-4884.871
- Breastfed ever = YES: 1609464 + -5540.240

This leads to a percentage of YES estimate of 1609464 \* 100 / (1609464 + 225560.3) = 87.7080483% which is pretty close to what is in the CDC PRAMS Indicators Report for GA in 2020 - with some numerical precision variation due to software algorithms.

Congratulations on getting started with the PRAMS Dataset

#### 3. Data Wrangling with PRAMS

Data wrangling with the PRAMS data isn't much different from the methods already covered in Module 1.3.2.

Examples will be posted here working with the PRAMS Dataset for recoding, creating or modifying variables.



```
# took vitamins 4+ times a week
prams$VITAMIN_4plus <-</pre>
  ifelse(prams$VITAMIN > 2, 1, 0)
# add labels, make a factor
prams$VITAMIN_4plus.f <- factor(</pre>
  prams$VITAMIN_4plus,
  levels = c(0, 1),
  labels = c("3x/week or less",
             "4x/week or more")
)
# get stats for 2020 for GA
prams %>%
 filter(NEST_YR == 2020) %>%
  filter(STATE == "GA") %>%
  with(., table(STATE, VITAMIN_4plus.f,
                useNA = "ifany"))
```

VITAMIN\_4plus.f STATE 3x/week or less 4x/week or more <NA> GA 443 247 2

NEST\_YR VITAMIN\_4plus.f3x/week or less VITAMIN\_4plus.f4x/week or more 2017 2017 86492.91 37312.18 2018 2018 76796.28 43028.81 2019 2019 74523.87 46236.67



| 2020 | 2020                         | 75313.80             | 42263.67           |
|------|------------------------------|----------------------|--------------------|
| 2021 | 2021                         | 69861.41             | 48766.71           |
| :    | se.VITAMIN_4plus.f3x/week or | less se.VITAMIN_4plu | s.f4x/week or more |
| 2017 | 2715                         | .819                 | 2653.349           |
| 2018 | 2817                         | .611                 | 2732.988           |
| 2019 | 2786                         | .899                 | 2666.692           |
| 2020 | 2779                         | .229                 | 2802.984           |
| 2021 | 2824                         | .624                 | 2693.566           |

The unweighted breakdown for GA in 2020

- NO Vitamins = < 3x/wk 443 64.2%
- YES Vitamins => 4x/wk 247 35.8%
- Total 690

Weighted Breakdown for GA in 2020

- NO Vitamins = < 3x/wk 75313.80 + /- 2779.229 (64.1%)
- YES Vitamins => 4x/wk 42263.67 +/- 2802.984 (35.9%) [33.6%, 38.3%]
- Total 117,577.47

get proportions and ci's

```
VITAMIN_4plus

0 1

75313.80 42263.67
```



```
2.5% 97.5% VITAMIN_4plus 0.359 0.315 0.407
```

Compare the results below to the EXCEL spreadsheet Pregnancy Risk Assessment Monitoring System (PRAMS) MCH Indicators (standard version) - see 2020 for GA - 1st set of indicators for Vitamins taken 4x a week or more.

```
NEST_YR VITAMIN_4plus.f3x/week or less VITAMIN_4plus.f4x/week or more 2020 2020 75313.8 42263.67 se.VITAMIN_4plus.f3x/week or less se.VITAMIN_4plus.f4x/week or more 2020 2779.229 2802.984
```



| Characteristic | Weighted total (N) | Weighted Count $^1$ | 95%CI     |
|----------------|--------------------|---------------------|-----------|
| VITAMIN_4plus  | 117,577            | 42,264 (36%)        | 31.5-40.7 |
| Unknown        |                    | 363                 |           |

<sup>1</sup>n (%)

```
library(gtsummary)
tbl_svysummary(
  data = prams_ga2000.svy,
  include = c(VITAMIN_4plus),
  statistic = list(everything() ~ c("{n} ({p}\%)"))
  ) %>%
  add_n() %>%
  add_stat(fns = everything() ~ confidence_intervals) %>%
  modify_header(
  list(
    n ~ "**Weighted total (N)**",
    stat_0 ~ "**Weighted Count**",
    add_stat_1 ~ "**95%CI**"
  ))
```

## 4. Visualizing PRAMS Data

Examples will be posted here for making graphs and figures with suggestions on handling very large datasets.

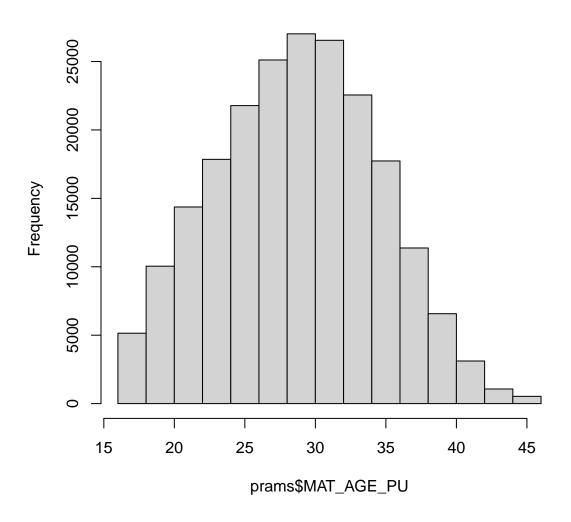
let's look at maternal age variable MAT\_AGE\_PU, see PRAMS Codebook.

Histogram of Maternal Age - Unweighted

```
hist(prams$MAT_AGE_PU)
```



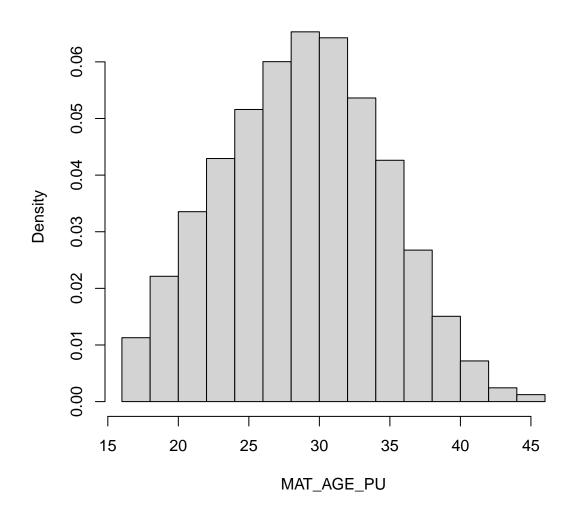
# **Histogram of prams\$MAT\_AGE\_PU**



Histogram of Maternal Age - Complex Survey Weighted



# Histogram of MAT\_AGE\_PU

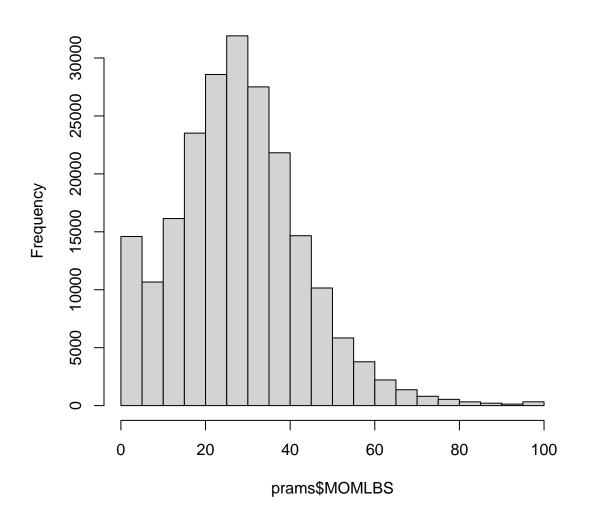


Maternal weight gain in lbs

# MOMLBS
hist(prams\$MOMLBS)



# **Histogram of prams\$MOMLBS**

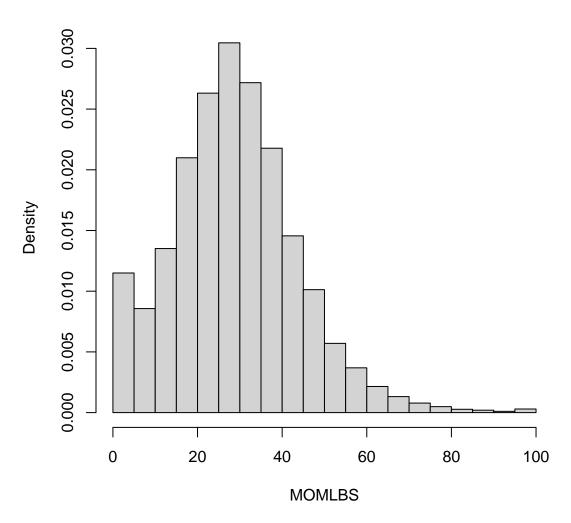


## summary(prams\$MOMLBS)

Min. 1st Qu. Median Mean 3rd Qu. Max. NA's 0.00 19.00 28.00 28.48 37.00 97.00 6275



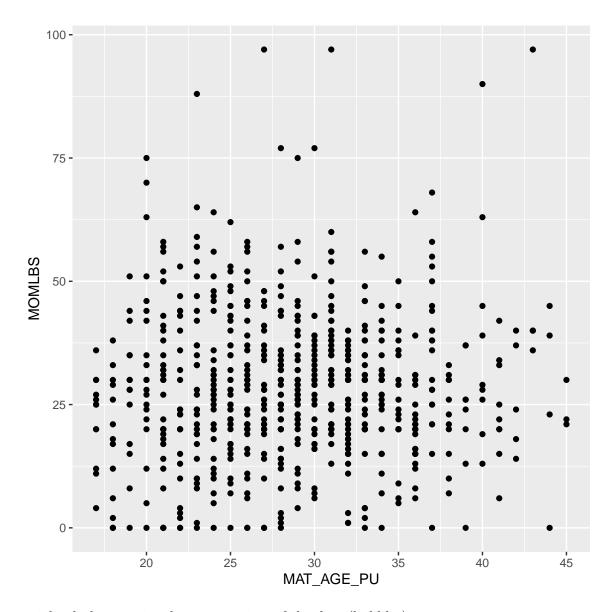
# **Histogram of MOMLBS**



scatterplot of weight gain by age

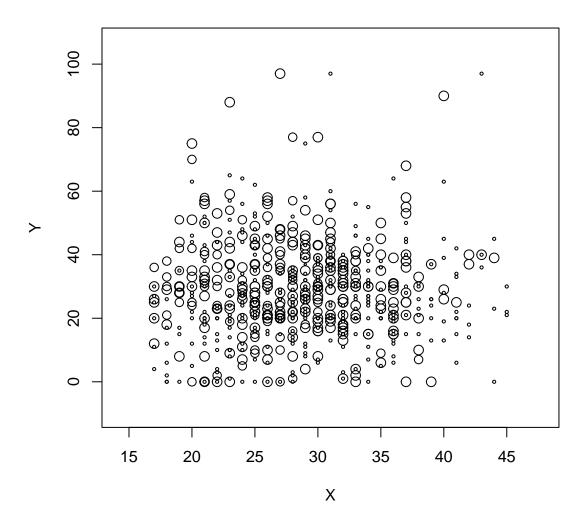
look at ga for 2020

```
library(ggplot2)
ggplot(prams_ga2000, aes(x=MAT_AGE_PU, y=MOMLBS)) +
   geom_point()
```



weighted plot - notice the varying sizes of the dots (bubbles)

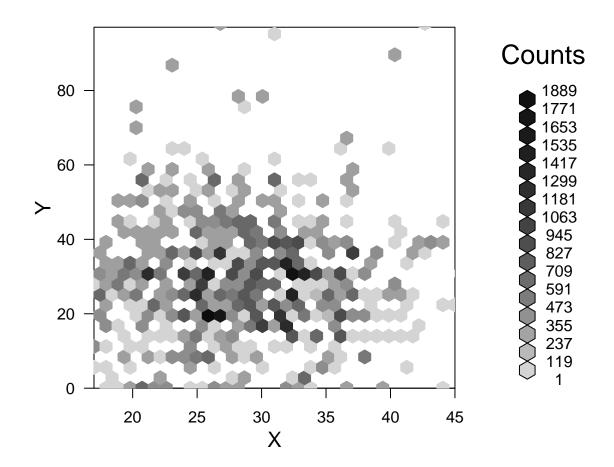
```
svyplot(MOMLBS~MAT_AGE_PU,
    prams_ga2000.svy,
    style = "bubble")
```



another option - gray scale hex symbols - darker indicate higher counts, see help(svyplot, package = "survey").

```
svyplot(MOMLBS~MAT_AGE_PU,
    prams_ga2000.svy,
    style = "grayhex")
```





## 5. Missing Data in PRAMS

Examples will be posted here for summarizing and visualizing missing data in PRAMS.

```
prams_ga2000 <- prams %>%
  filter(STATE == "GA") %>%
  filter(NEST_YR == 2020)
# amount of missing data for VITAMIN
```



```
# unweighted
# 1 2 3 4 <NA>
# 390 53 33 214 2
# 2/692 = 0.289%
table(prams_ga2000$VITAMIN, useNA = "ifany")
```

```
1 2 3 4 <NA> 390 53 33 214 2
```

```
# add missing indicator for VITAMIN
prams_ga2000$VITAMIN_na <-
   as.numeric(is.na(prams_ga2000$VITAMIN))
sum(prams_ga2000$VITAMIN_na)</pre>
```

#### [1] 2

```
# create the survey design file for GA
# for year 2020
prams_ga2000.svy <-
  svydesign(ids = ~0, strata = ~SUD_NEST,
            fpc = ~TOTCNT, weights = ~WTANAL,
            data = prams_ga2000)
tbl_svysummary(
  data = prams_ga2000.svy,
  include = c(VITAMIN_na),
  statistic = list(everything() ~ c("{n} ({p}%)"))
  ) %>%
  add_n() %>%
  add_stat(fns = everything() ~ confidence_intervals) %>%
  modify_header(
   list(
      n ~ "**Weighted total (N)**",
      stat_0 ~ "**Weighted Count**",
      add_stat_1 ~ "**95%CI**"
    ))
```

```
# weighted 0.3%, CI: 0.1 to 1.8%
```



| Characteristic     | Weighted total (N) | Weighted Count <sup>1</sup> | 95%CI   |
|--------------------|--------------------|-----------------------------|---------|
| VITAMIN_na         | 117,940            | 363 (0.3%)                  | 0.1-1.8 |
| <sup>1</sup> n (%) |                    |                             |         |

#### 6. PRAMS Statistical Tests and Models

Examples will be posted here for statistical tests and models (such as linear and logistic regression) for both the unweighted and weighted data approaches.

association of age and weight gain - linear regression

#### Call:

lm(formula = MOMLBS ~ MAT\_AGE\_PU, data = prams\_ga2000)

#### Residuals:

```
Min 1Q Median 3Q Max -29.566 -8.733 -1.089 8.161 68.722
```

## Coefficients:

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 15.18 on 686 degrees of freedom (4 observations deleted due to missingness)

Multiple R-squared: 0.0009166, Adjusted R-squared: -0.0005398

F-statistic: 0.6294 on 1 and 686 DF, p-value: 0.4279

weighted



```
Call:
svyglm(formula = MOMLBS ~ MAT_AGE_PU, design = prams_ga2000.svy)
Survey design:
svydesign(ids = ~0, strata = ~SUD_NEST, fpc = ~TOTCNT, weights = ~WTANAL,
    data = prams_ga2000)
Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) 30.210104 3.935380 7.677 5.65e-14 ***
MAT_AGE_PU -0.005842 0.135304 -0.043
                                            0.966
Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' 1
(Dispersion parameter for gaussian family taken to be 231.9695)
Number of Fisher Scoring iterations: 2
contingency tables - vitamin use by breastfeeding
table(prams_ga2000$VITAMIN_4plus.f,
     prams_ga2000$BF5EVER.f,
     useNA = "ifany")
                  NO YES <NA>
  3x/week or less 95 337 11
  4x/week or more 18 225
  <NA>
library(gmodels)
CrossTable(x = prams_ga2000$VITAMIN_4plus.f,
           y = prams_ga2000$BF5EVER.f,
           expected = TRUE,
           prop.r = FALSE,
           prop.c = TRUE,
           prop.t = FALSE,
           prop.chisq = FALSE,
           chisq = TRUE,
           format = "SPSS")
```



|     | Cell | Contents        |   |
|-----|------|-----------------|---|
| -   |      |                 | ١ |
| l   |      | Count           | ١ |
| l   |      | Expected Values | ١ |
| l   |      | Column Percent  | ١ |
| I – |      |                 | ı |

Total Observations in Table: 675

|  | prams_ga200 | OO\$BF5EVER.f |           |
|--|-------------|---------------|-----------|
| <pre>prams_ga2000\$VITAMIN_4plus.f</pre> | NO          | YES           | Row Total |
|  |             |               |           |
| 3x/week or less                          | 95          | 337           | 432       |
|  | 72.320      | 359.680       |           |
|  | 84.071%     | 59.964%       |           |
|  |             |               |           |
| 4x/week or more                          | 18          | 225           | 243       |
|  | 40.680      | 202.320       |           |
|  | 15.929%     | 40.036%       |           |
|  |             |               |           |
| Column Total                             | 113         | 562           | 675       |
|  | 16.741%     | 83.259%       |           |
|  |             |               |           |

Statistics for All Table Factors

Minimum expected frequency: 40.68

weighted



| Characteristic       | $\mathbf{OR}^1$ | 95% CI <sup>1</sup> | p-value |
|----------------------|-----------------|---------------------|---------|
| Maternal age grouped | 1.07            | 1.04, 1.11          | < 0.001 |
| BF5EVER.f            |                 |                     |         |
| NO                   | _               | _                   |         |
| YES                  | 2.82            | 1.67, 4.99          | < 0.001 |

<sup>&</sup>lt;sup>1</sup>OR = Odds Ratio, CI = Confidence Interval

```
svytable(~VITAMIN_4plus.f + BF5EVER.f,
    prams_ga2000.svy)
```

BF5EVER.f

VITAMIN\_4plus.f NO YES 3x/week or less 18458.169 55008.856 4x/week or more 3334.398 38789.322

Pearson's X^2: Rao & Scott adjustment

```
data: svychisq(~VITAMIN_4plus.f + BF5EVER.f, prams_ga2000.svy, statistic =
"Chisq")
X-squared = 31.025, df = 1, p-value = 1.222e-05
```

logistic regression

look at vitamin use by breastfeeding and maternal age

weighted



```
wtglm1 <- svyglm(VITAMIN_4plus ~ MAT_AGE_PU + BF5EVER.f,
                design = prams_ga2000.svy,
                family=quasibinomial())
summary(wtglm1)
Call:
svyglm(formula = VITAMIN_4plus ~ MAT_AGE_PU + BF5EVER.f, design =
prams_ga2000.svy,
   family = quasibinomial())
Survey design:
svydesign(ids = ~0, strata = ~SUD_NEST, fpc = ~TOTCNT, weights = ~WTANAL,
   data = prams_ga2000)
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) -3.36672 0.60317 -5.582 3.46e-08 ***
            MAT_AGE_PU
BF5EVER.fYES 1.18775 0.33359 3.561 0.000396 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
(Dispersion parameter for quasibinomial family taken to be 1.006803)
Number of Fisher Scoring iterations: 4
exp(coef(wtglm1))
              MAT_AGE_PU BF5EVER.fYES
 (Intercept)
```

## 7. PRAMS Reproducible Research Report

1.0644955

A Rmarkdown analysis report will be provided here as a template to "kick start" your research with the PRAMS dataset.

3.2797036

- 1. Download this Rmarkdown template PRAMS Report.
- 2. Knit to HTML
- 3. Knit to DOC

0.0345025

- 4. Knit to PDF (if you've installed tinytex package)
- 5. Knit with Parameters Change the year from 2020 to 2018 and re-knit the document





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# Other Helpful Resources

Other Helpful Resources