Melinda C. Somers

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Education

2020 – 2024 The University of North Carolina, Chapel Hill

B.S., Neuroscience with honors, minors in Chemistry and Entrepreneurship

Phi Beta Kappa, Nu Rho Psi *GPA*: 3.989; Major GPA: 4.000

Advisors: Keely Muscatell, Ph.D.; Gabriella Alvarez, Ph.D.

Honors Thesis: Investigating Minocycline as a Modulator of Perceived Stress Among

Chronically-Stressed Adults

Spring 2023 DIS Study Abroad in Scandinavia, Copenhagen, Denmark

Course in Cognitive Neuroscience of Consciousness

Course Project: Auditory Perceptual Thresholds of Consciousness for Different Sound

Categories

Research Interests

prosocial behavior, altruism, wellbeing, empathy, loneliness, social connection, motivation and behavior change, mixed-methods research

Honors & Awards

2023	David Bray Peele Memorial Research Reward, Department of Psychology, University of
2023	North Carolina, Chapel Hill (\$500) Lindquist Undergraduate Research Grant, Department of Psychology, University of
2023	North Carolina, Chapel Hill (\$350) Shuford Program in Entrepreneurship Summer Internship & Professional
	Development Funding, Shuford Program in Entrepreneurship, University of North Carolina, Chapel Hill (\$3500)
2023	Nu Rho Psi Chapter Activity Grant, Nu Rho Psi – The National Honor Society in
2023	Neuroscience (\$300) President of Nu Rho Psi alpha of North Carolina chapter, Nu Rho Psi – The National
2023	Honor Society in Neuroscience Phi Beta Kappa
2020 – 2024	University of North Carolina at Chapel Hill Dean's List
2020	Valedictorian, Glen Rock High School, Glen Rock, NJ
2020	Gold Award, Girl Scouts of America

Research Manuscripts (*equal contributions)

- Nero, N. M., Dressel, M., Amormino, P., Freeburg, P. A., **Somers, M. C.**, Poplinski, L., Duhamel, K., Alvarez-Toro, V., Marsh, A. A. (2025). *Severity of psychopathy in a community-recruited sample is indexed by increased social discounting*. [Preprint].
- **Somers, M. C.**, Alvarez, G. M., Newbill, C., Muscatell, K. A. (2024). *Investigating Minocycline as a Modulator of Perceived Stress Among Chronically Stressed Adults*. [Senior Honors Thesis].

In Preparation

- Dressel, M., Nero N., Freeburg, P. A., **Somers, M. C.**, VanMeter, A., Rhoads S. A., Marsh, A. A. (2025). Loneliness predicts reduced self-reported empathy but not empathic multi-voxel neural response patterns after meditation training [Under revision].
- **Somers, M. C.***, Williams, M.*, Venticinque, J. S., Verbesey, J. E., Marsh, A. A. (2025). *Self-reported Motivation for Donating Prospectively Predicts Living Kidney Donation* [Manuscript in prep].

Conference Presentations (*equal contributions)

- **Somers, M. C.,** Williams, M., Venticinque, J. S., Verbesey, J. E., & Marsh, A. A. (2025, May). *Factors Predicting Costly Altruism Among Potential Living Kidney Donors* [Poster]. Association for Psychological Science.
- **Somers, M. C.,** Williams, M., Venticinque, J. S., Verbesey, J. E., & Marsh, A. A. (2025, February). *Using Language Focused on Costs and Benefits Prospectively Predicts the Choice to Donate a Kidney* [Poster]. Society for Personality and Social Psychology Moral Psychology Preconference.
- Nero, N. M., Dressel, M., Amormino, P., Freeburg, P. A., **Somers, M.**, Poplinski, L., Duhamel, K., Alvarez-Toro, V., Marsh, A. A. (2025, February). *Psychopathy and social discounting: How individuals from a large, high psychopathy community sample value others and implications on antisocial behavior* [Presentation]. Society for Personality and Social Psychology.
- **Somers, M. C.,** Alvarez, G. M., Newbill, C., Muscatell, K. A. (2024). *Investigating Minocycline as a Modulator of Perceived Stress Among Chronically Stressed Adults* [Poster]. University of North Carolina, Chapel Hill Undergraduate Research Symposium.
- Harlan, A.*, Healy, M. K.*, Saenger, D.*, **Somers, M. C.*** (2023). *Auditory Perceptual Thresholds of Consciousness for Different Sound Categories* [Poster]. DIS Festival, Copenhagen, Denmark.

Research and Work Experience

2024 – present Lab Manager, Lab on Social and Affective Neuroscience (PI: Abigail A. Marsh) Social Perceptions & Other-Oriented Decision-Making

Large-scale fMRI study (N = 150) examining other-oriented decision making among adults across the caring continuum (i.e., psychopathy, extraordinary altruism).

- Create and manage IRB protocol
- Develop online surveys using Qualtrics
- Recruit participants and coordinate study procedures
- Conduct participant screening and scheduling
- Collect and preprocess fMRI data
- Conduct and transcribe qualitative interviews
- Clean and prepare survey data for analysis in R

Humility as a Promoter of Cooperation Across Contexts

Online experiment testing how third-party perceptions of others' self-evaluative accuracy influences ones' desire to cooperate with them.

- Create and manage IRB protocol
- Develop and pilot online surveys using Qualtrics and Prolific
- Clean and analyze data in R
- Conduct literature reviews to inform study design and interpretation

Collaboration with St. Elizabeth's Psychiatric Hospital

Study of individuals in the community with high levels of psychopathic traits using the PCL-SV in collaboration with psychiatrists at the St. Elizabeth's Psychiatric Hospital.

- Create and manage IRB protocol
- Manage participant database
- Conduct PCL-SV interviews

Living Kidney Donor Intentions Study

Prospective study investigating whether stated intention to sign up as a living kidney donor predicts actual donation outcomes among potential donors.

- Conducted literature reviews
- Cleaned and analyzed data in R
- Writing and preparing manuscript for publication

Overcoming Barriers to Social Connection & Love

fMRI study (N = 62) testing whether loving-kindness meditation reduces loneliness and whether this effect is driven by individual differences in empathy.

- Conducted literature reviews to inform study interpretation
- Contributed to manuscript writing and revision
- Created figures and tables for publication

2022 – 2024 Research Assistant & Project Coordinator, The Social Neuroscience and Health Lab (PI: Keely Muscatell, Ph.D.)

Neuroinflammation and Chronic Social Stress

Within-subjects, placebo-controlled crossover study which pharmacologically attenuated inflammation in the brain to better understand how neuroinflammation impacts reward and motivation neural circuits in people facing chronic social stress.

- Created and managed IRB protocol; registered on ClinicalTrials.gov
- Developed online surveys using Qualtrics
- Recruited participants and coordinated study logistics
- Screened and scheduled participants and monitored medication adherence
- Collected behavioral data (E-Prime task), ECG data, and finger prick blood samples
- Acquired fMRI data
- Cleaned and analyzed data in R for my senior honors thesis

Beta-Adrenergic Inhibition and Stress Contagion

Experimental study examining whether beta-blockers reduce physiological and emotional stress responses in individuals observing others undergoing social stress.

- Conceptualized the study and designed analysis protocol
- Developed immunoassay protocol for salivary alpha-amylase analysis

Stress and Inflammation in the Context of Racial Discrimination

Experimental investigation of the effects of perceived racism-related stress on physiological markers of inflammation.

Served as an interviewer for the Trier Social Stress Task

2021 – 2022 Research Assistant, BRAIN Initiative Viral Vector Core (PI: Kimberly Ritola, Ph.D.)

Adeno-associated Virus (AAV) Production Team

Produced, labeled, and shipped 10-25 custom-made AAV vectors per week to recipient laboratories for neuroscience applications.

- Transfected, collected, purified, concentrated, and shipped viruses
- Ran protein gel electrophoresis
- Cultured HEK293T cell lines
- Prepared buffers and solutions
- Designed the lab's website

Collaboration with Hantman Lab (PI: Adam Hantman, Ph.D.)

Injected an AAV vector into the mouse motor cortex.

- Trained for rodent handling and surgical techniques
- Observed rodent surgery and virus injection
- Assisted with brain post-fixing and storage for fluorescent microscopy

Teaching and Mentoring Experience

2022 Undergraduate Teaching Assistant

NSCI 175: Introduction to Neuroscience (Professor: Sabrina Robertson, Ph.D.)

Skills

Programming & Statistical Software: R, Python, Jamovi

Research Tools & Platforms: Qualtrics, E-Prime, Prolific, ResearchMatch

Statistical Modeling: ANOVA, linear & logistic regression, multilevel/hierarchical models

Neuroimaging: fMRI data acquisition & preprocessing (fMRIPrep)

Human Subjects Research Methods: Qualitative interviewing, electrodermal activity (EDA), electrocardiography (ECG) using MindWare & BioLab systems, finger-prick blood sampling

Non-Human Subjects Research Methods: Rodent handling & surgical techniques, mammalian cell culture, fluorescent immunohistochemistry, fluorescent microscopy, cryosectioning

Professional Affiliations

Association for Psychological Science, Society for Personality and Social Psychology

References

Abigail A. Marsh, Ph.D.

Professor of Psychology at Georgetown University aam72@georgetown.edu

Keely A. Muscatell, Ph.D.

 $Assistant\ Professor\ of\ Psychology\ \&\ Neuroscience\ at\ the\ University\ of\ North\ Carolina,\ Chapel\ Hill\\ \underline{kmuscatell@unc.edu}$

Gabriella M. Alvarez, Ph.D.

Professor of Biological & Health Psychology at the University of Pittsburgh gaa101@pitt.edu