

Delivery Trends in the Puget Sound Region (2017, 2019, 2021)

The 2021 regional travel survey collected day-to-day information from households in the central Puget Sound region: how we traveled, where we went, how long it took – even where we chose to live and whether we got home deliveries. This report compares household delivery choices in 2021, during COVID-19 conditions, to that in the previous years of 2017 and 2019. Learn more at the [PSRC household travel survey webpage](#). You can also [view the full travel survey dataset here](#), including 2017, 2019, and 2021 data.

Food and Grocery Deliveries more than doubled from 2019 to 2021.

In 2021, although the average food/meal or grocery delivery share was only 4 or 5%, that represents twice the share of these type of deliveries in both 2017 and 2019.

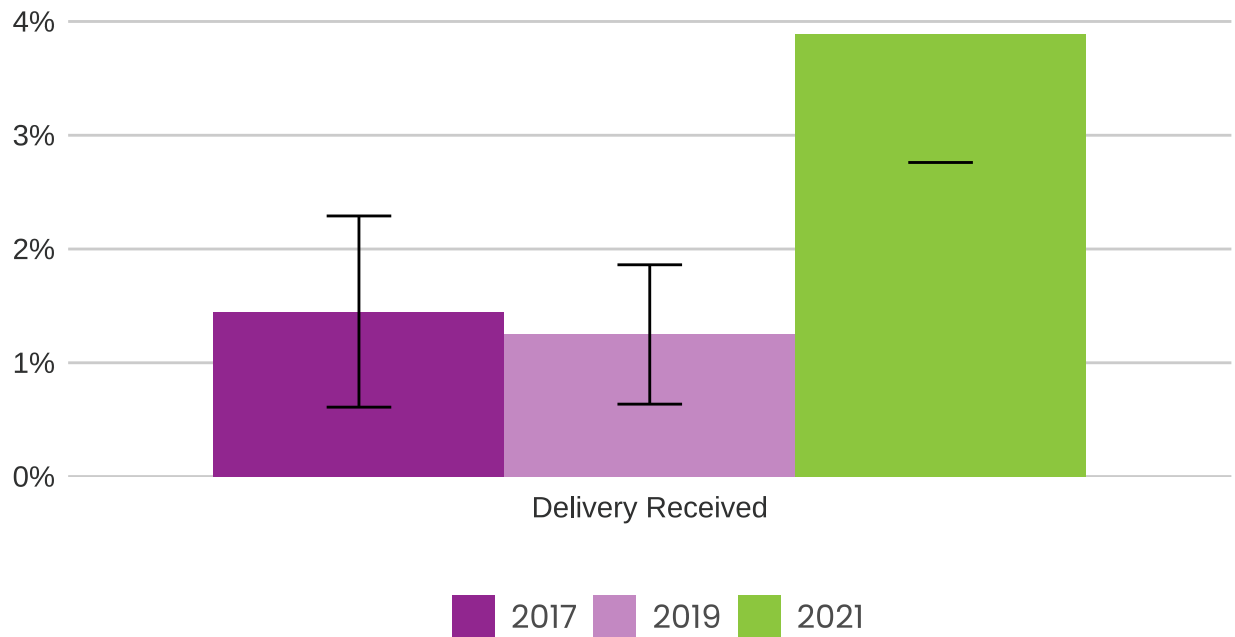
Package deliveries, which represent the highest share of deliveries on an average weekday for households, had a growth rate that doubles from 2019 to 2021.

Work or service deliveries remained consistent at around 5%.

When combined visually, it's easy to see the distribution of home deliveries on an average weekday.

Food/M Meal Deliveries

(e.g., pizza/sushi, Grubhub)

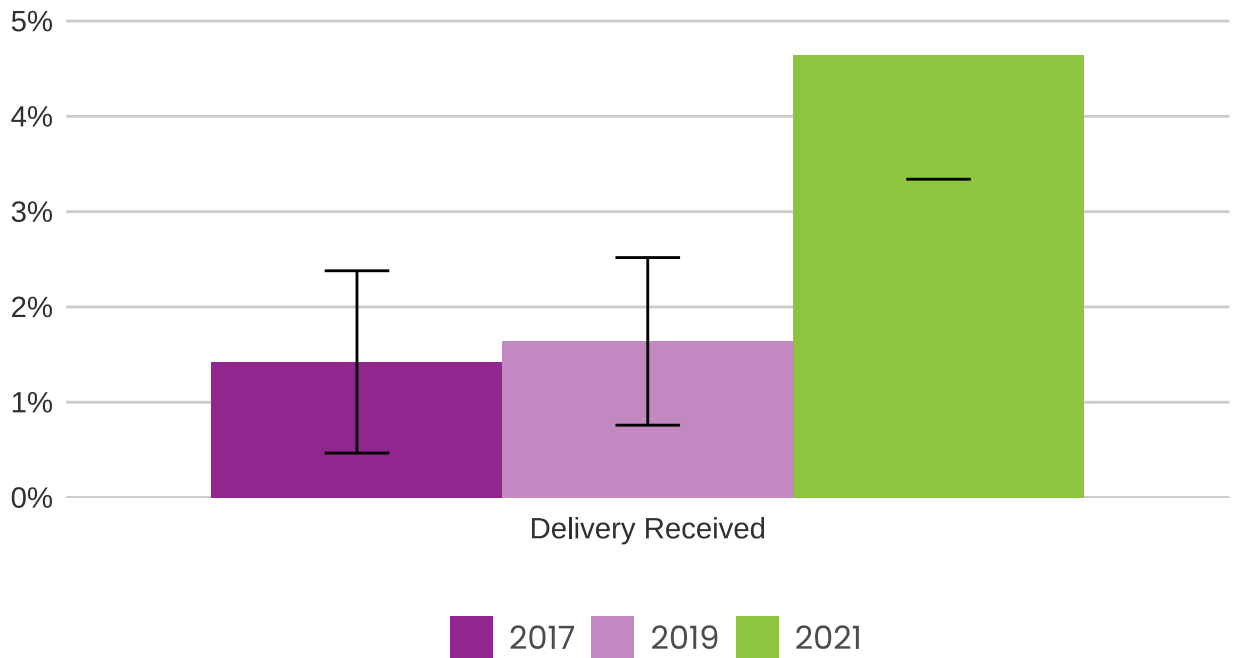


regional household travel survey



Grocery Deliveries

(e.g., Amazon Fresh, Instacart, Safeway Online)

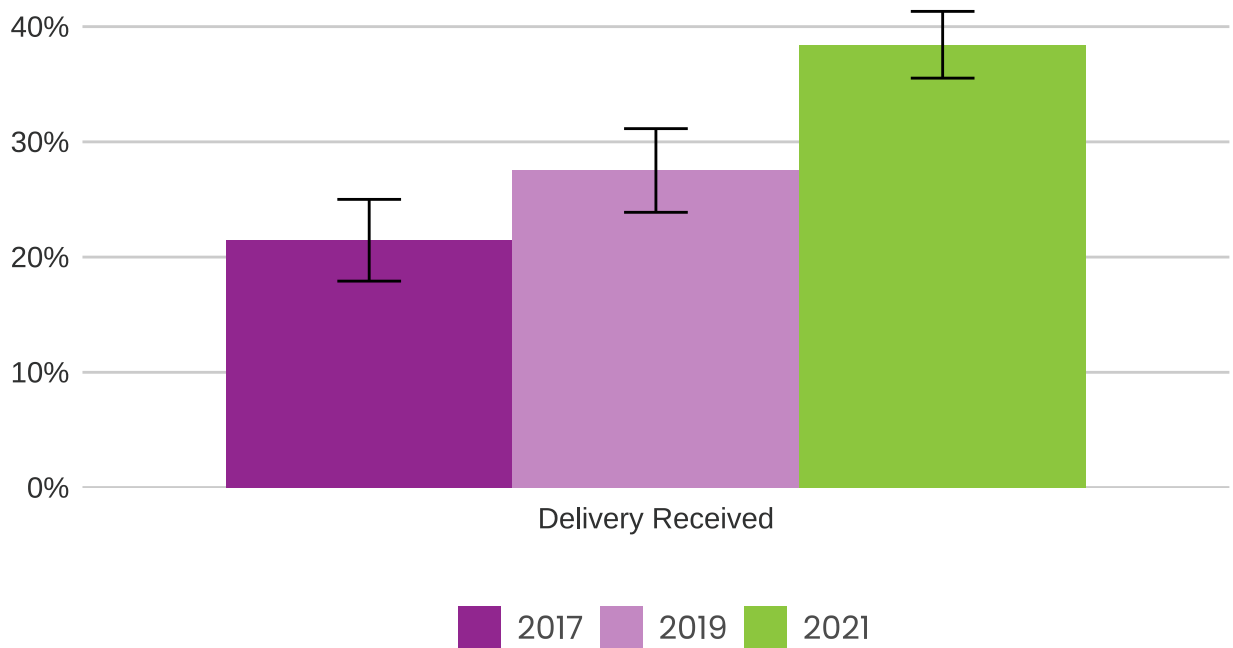


regional household travel survey



Package Deliveries

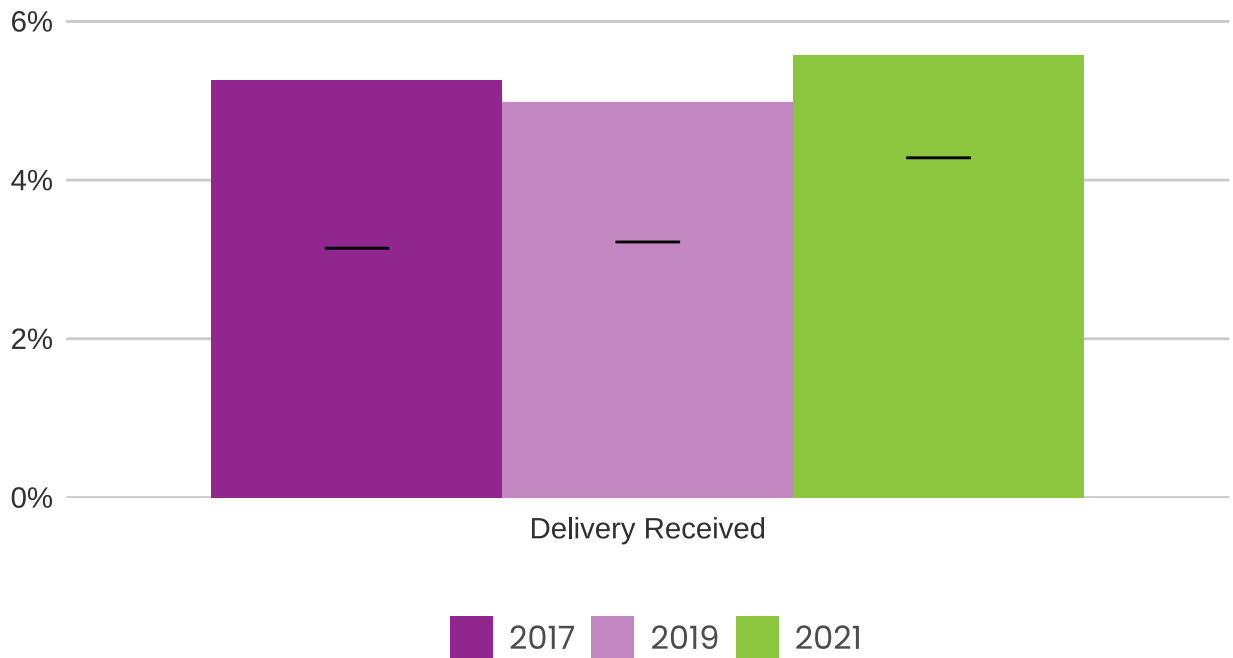
(e.g., FedEx, UPS, USPS)



regional household travel survey

Work/Service Deliveries

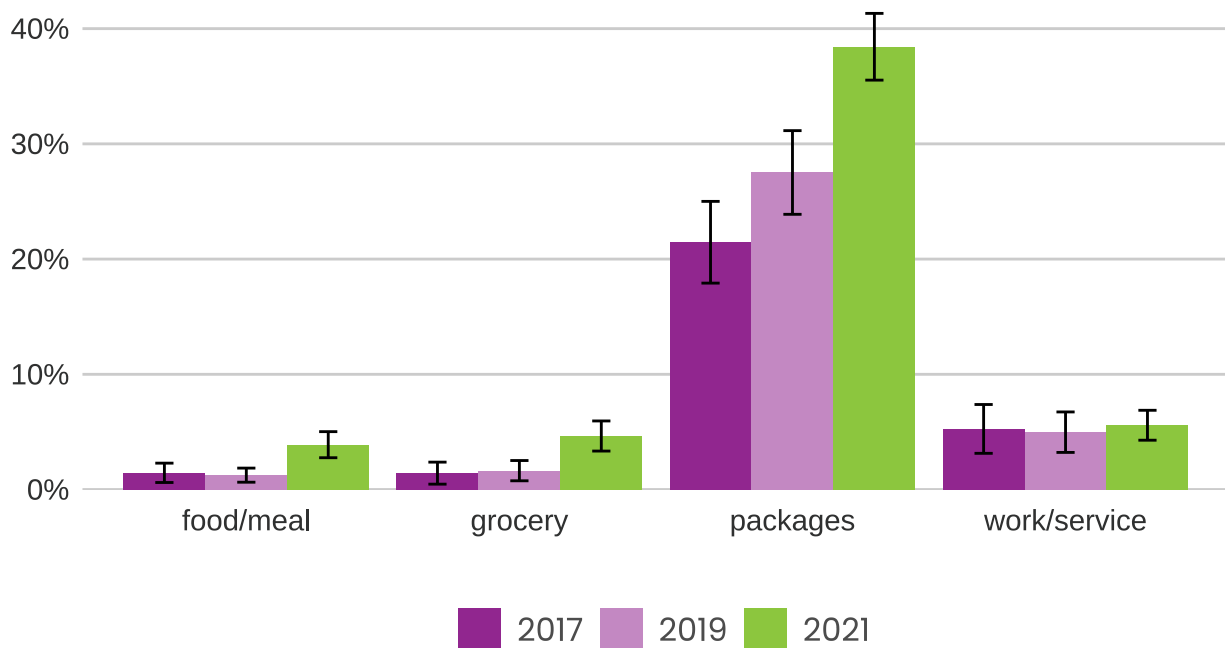
(e.g., landscaping, cable service, house-cleaning)



regional household travel survey

Home Deliveries or Services

Share of Households on Average Weekday



regional household travel survey

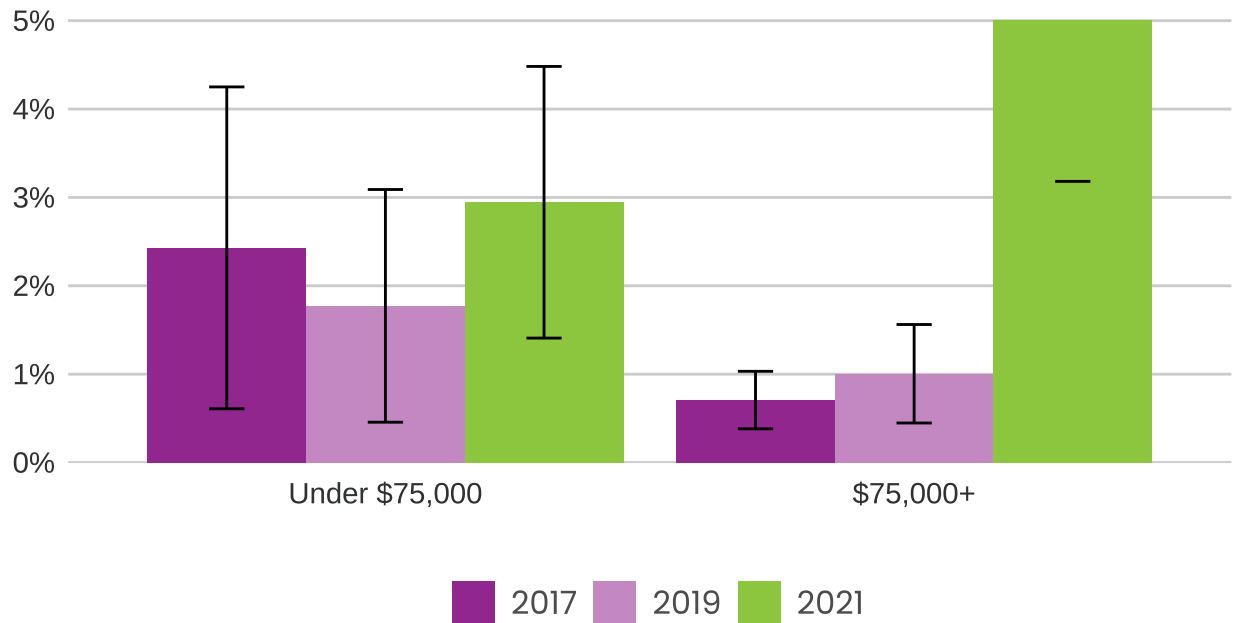
Food/M meal and Package Deliveries in Low and High-Income Households Differed.

Higher income households were substantially more likely to get a good or meal delivery, as compared to lower income households in 2021, compared to 2017 and 2019. Food or meal deliveries more than tripled between 2021 and previous years (1.5% to 5.5%).

While both lower income and higher income households had an increase in package deliveries, those households with less than \$75,000 had a significant spike, growing from about 18% to over 30% in 2021.

Food/M Meal Deliveries by Income

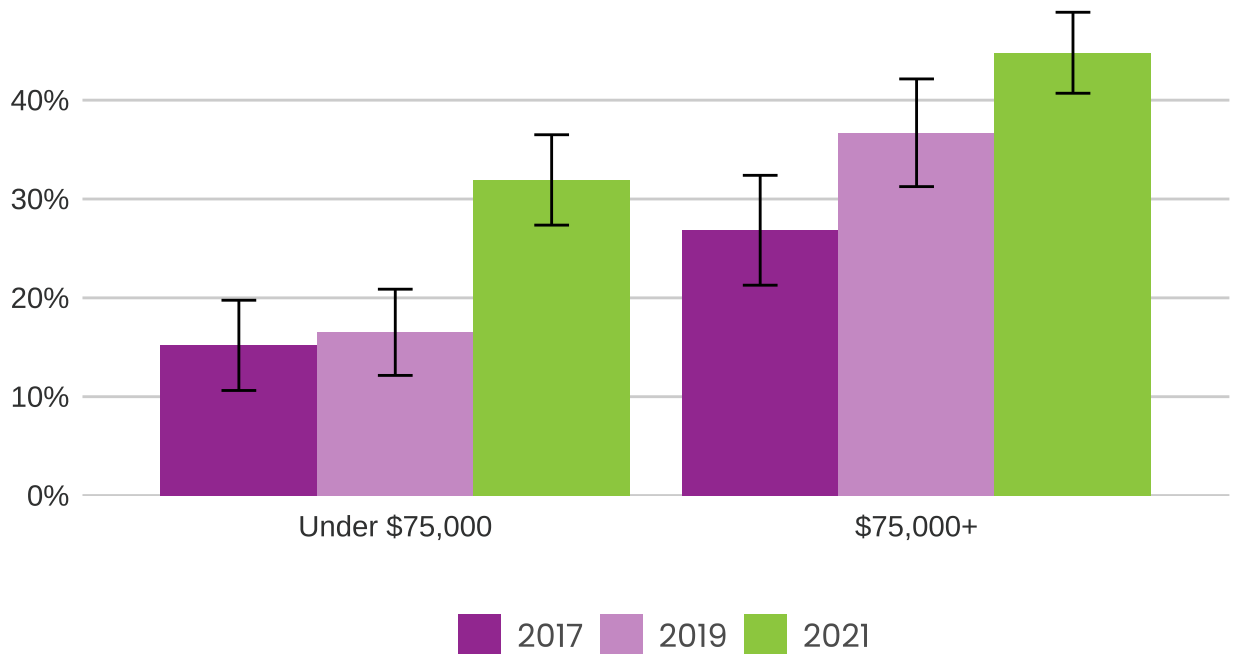
(e.g., pizza/sushi, Grubhub)



PSRC Regional Household Travel Survey

Package Deliveries by Income

(i.e., FedEx, UPS, USPS)



PSRC Regional Household Travel Survey

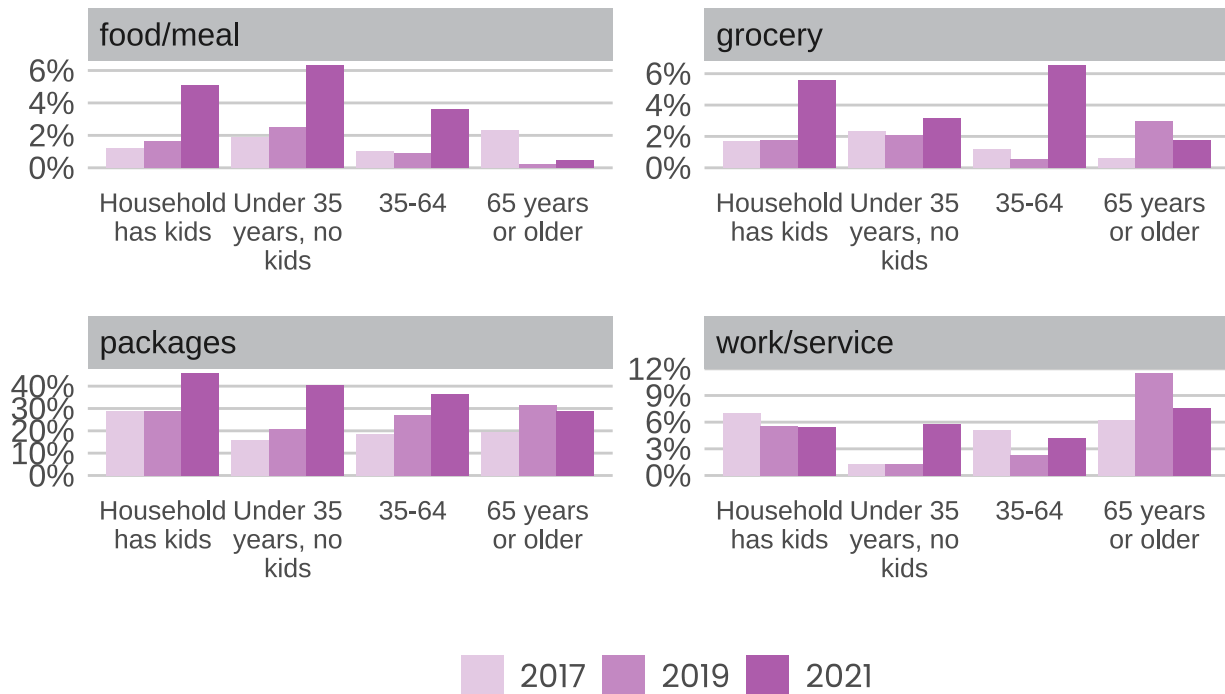
Households with Children Received the Most Packages in 2021.

Food or meal, grocery, and work or service deliveries stayed relatively stable regardless of household composition or year. However, package deliveries were the highest for households with kids (45%), and then decreased as household age increased (about 30%).



Home Deliveries or Services by Year and by Type

Share of Households on Average Weekday



Food and Grocery Deliveries Doubled Outside of RGCs in 2021.

In 2021, the average food/meal or grocery delivery share more than doubled in households outside of the Regional Growth Centers (RGCs) from nearly 2% to over 4%.

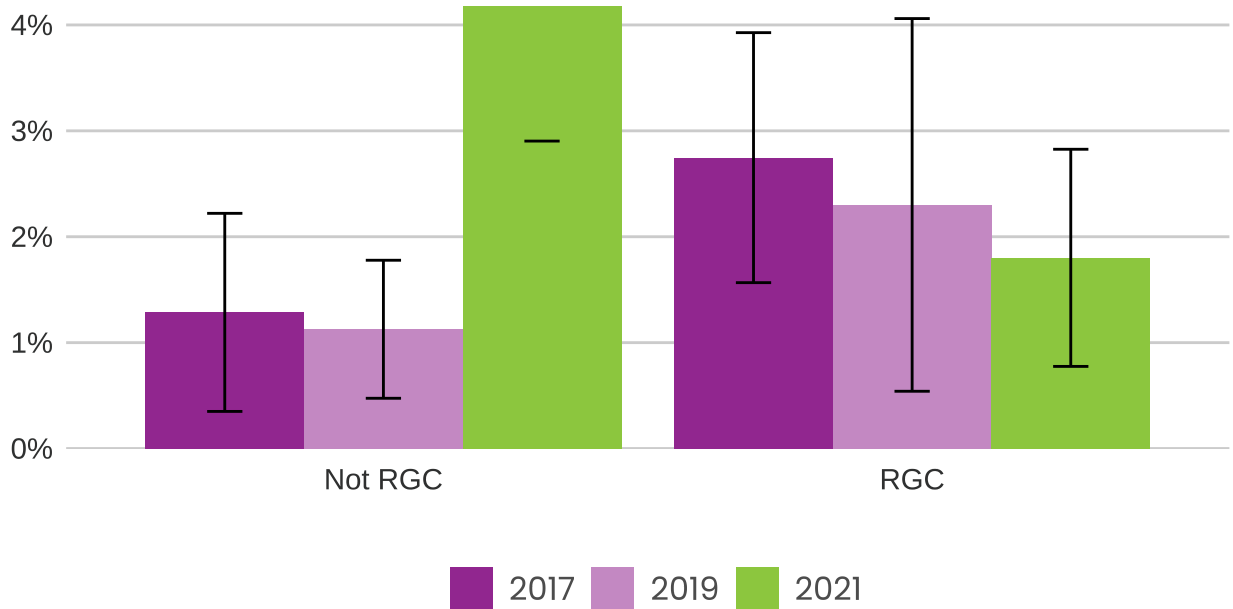
Package deliveries increased for both RGC and non-RGC households, but package deliveries increased more significantly in RGCs, from less than 20% in 2017 and 2019 to almost 20% in 2021.

Work or servicedeliveries remained relatively stable from 2017 and 2019 to 2021 in both RGCs and non-RGC households, although non-RGC households tended to receive more average work or service deliveries than RGC households.



Food/M Meal Deliveries by Household Location

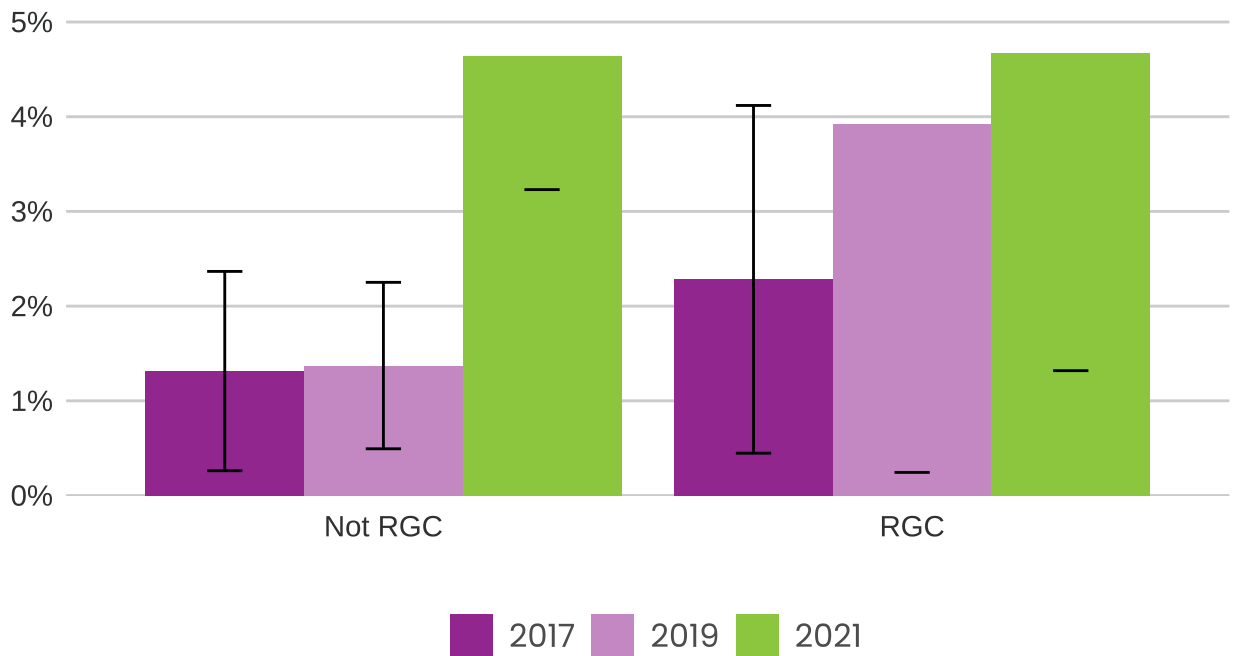
Share of Households on Average Weekday



PSRC Regional Household Travel Survey

Grocery Deliveries by Household Location

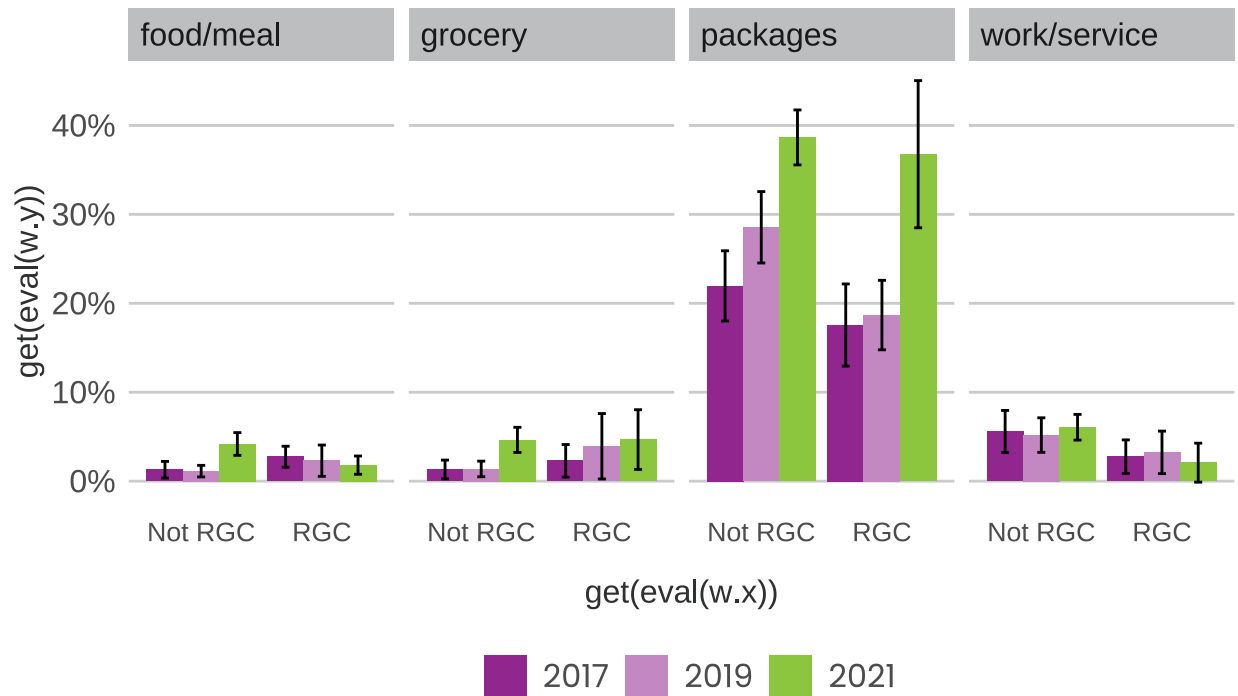
Share of Households on Average Weekday



PSRC Regional Household Travel Survey

Home Deliveries or Services by RGC

Share of Households on Average Weekday

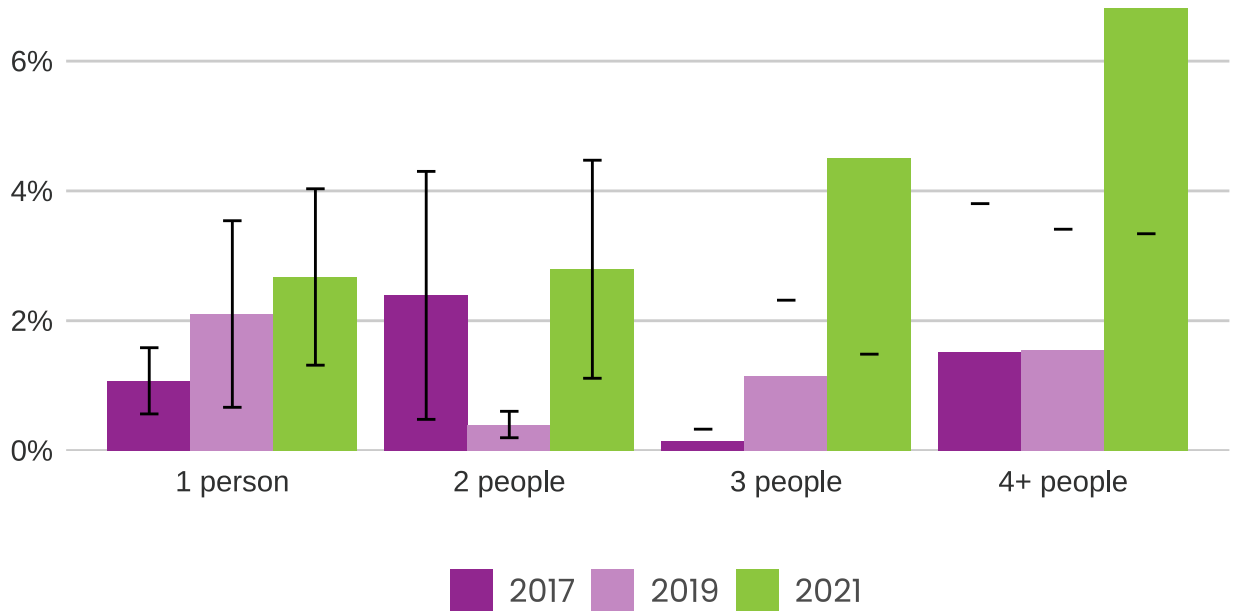


Household Deliveries and Household Size

Still interpreting data here.

Food/Meal Deliveries by Household Size

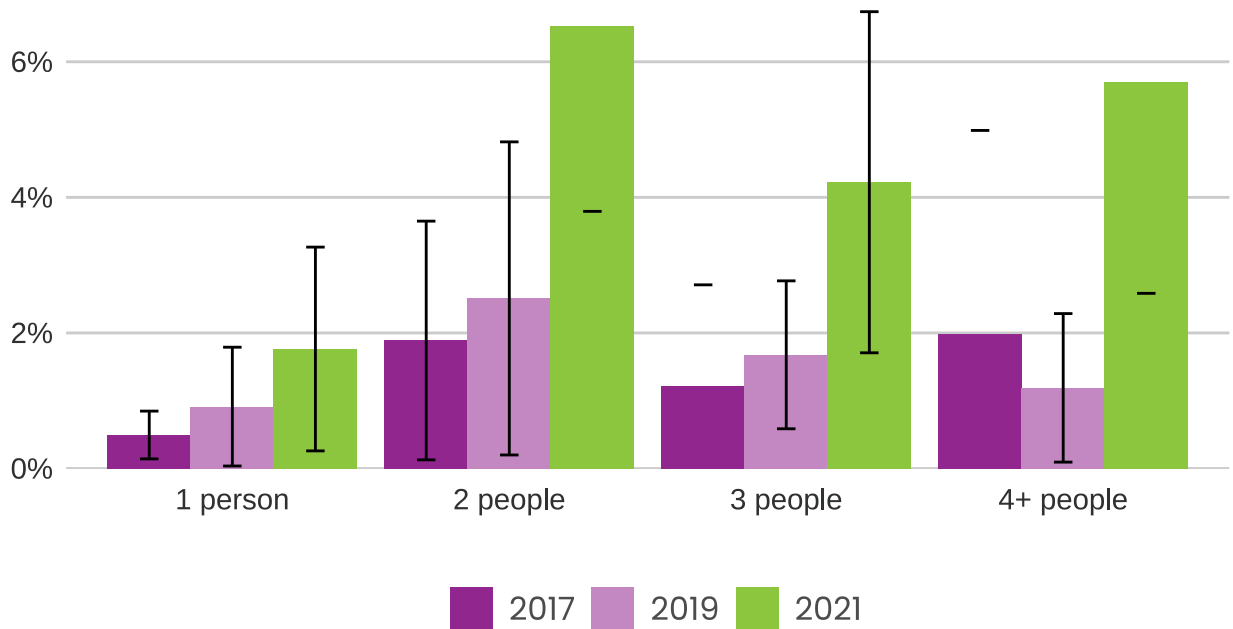
Share of Households on Average Weekday



PSRC Regional Household Travel Survey

Grocery Deliveries by Household Size

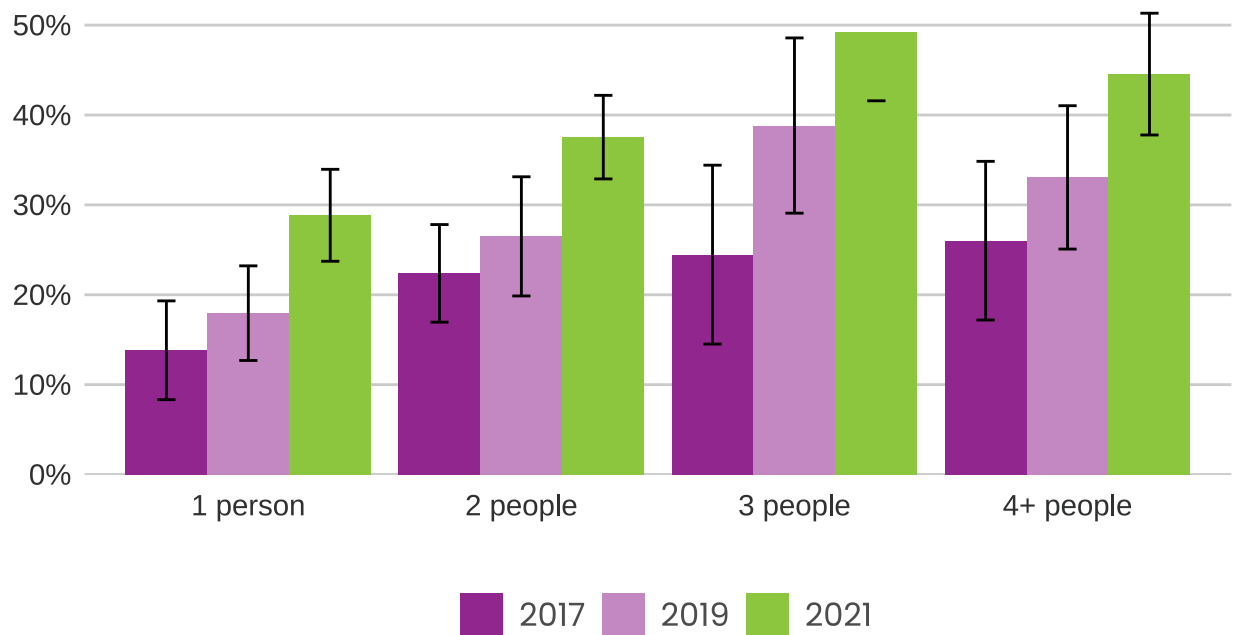
Share of Households on Average Weekday



PSRC Regional Household Travel Survey

Package Deliveries by Household Size

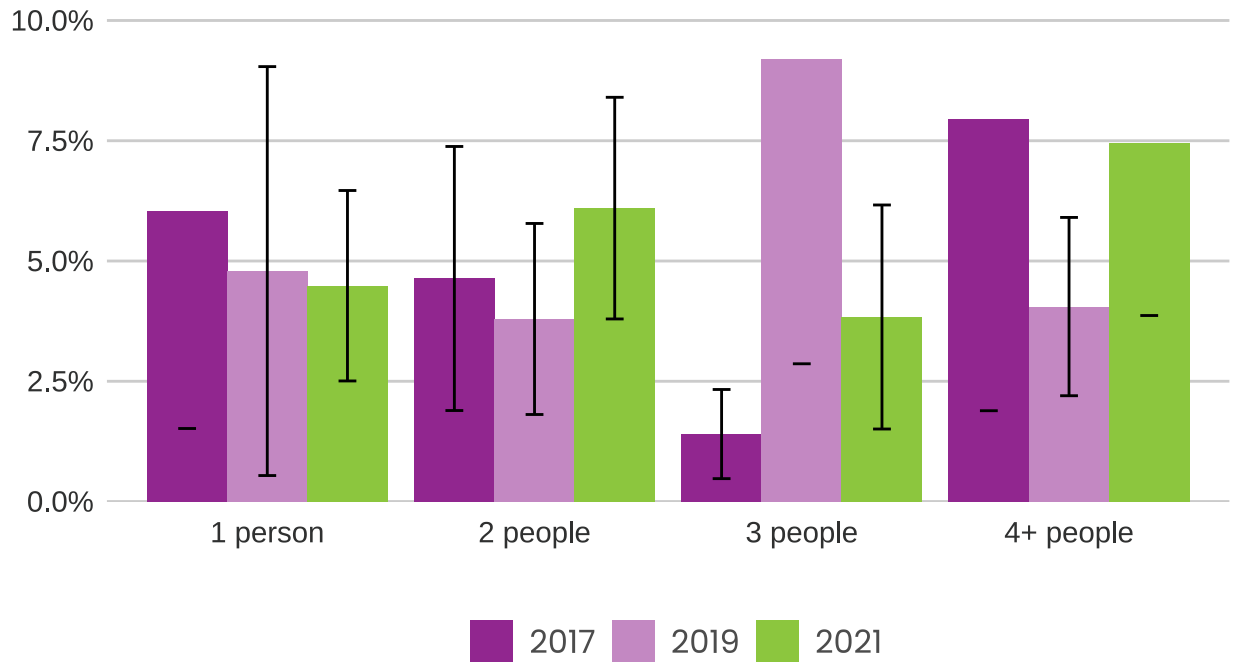
Share of Households on Average Weekday



PSRC Regional Household Travel Survey

Work/Service Deliveries by Household Size

Share of Households on Average Weekday



PSRC Regional Household Travel Survey