

## Delivery Trends for Different Types of Packages



The 2021 regional travel survey collected day-to-day information from households in the central Puget Sound region: how we traveled, where we went, how long it took – even where we chose to live and whether we got home deliveries. This report compares household delivery choices in 2021, during COVID-19 conditions, to that in the previous years of 2017 and 2019. Learn more at the [PSRC household travel survey webpage](#). You can also [view the full travel survey dataset here](#), including 2017, 2019, and 2021 data.

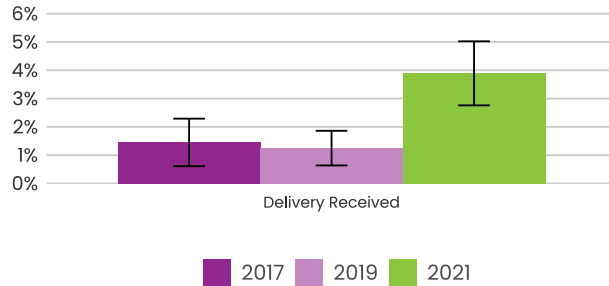
In some analysis 2017 and 2019 survey samples have been combined to strengthen the statistical validity of the findings by increasing the number of respondents included in the analysis.

### Trends in Home Delivery

Food and grocery deliveries more than doubled from 2019 to 2021. In 2021, although the average food/meal or grocery delivery share was only 4 or 5%, that represents twice the share of these types of deliveries in both 2017 or 2019. Package deliveries, which represent the highest share of deliveries on an average weekday for households, had a growth rate that doubles from 2019 to 2021. Work or service deliveries remained consistent at around 5% (Figure 1).

### Food/M Meal Deliveries

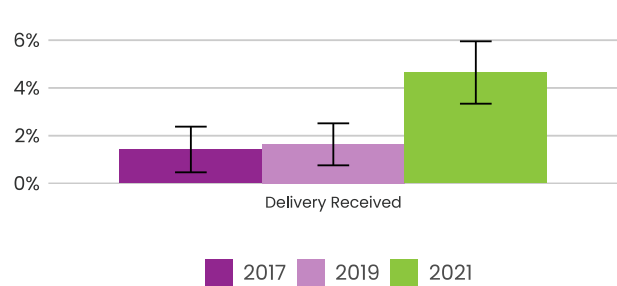
(e.g., pizza/sushi, Grubhub)



(a) Food or Meal

### Grocery Deliveries

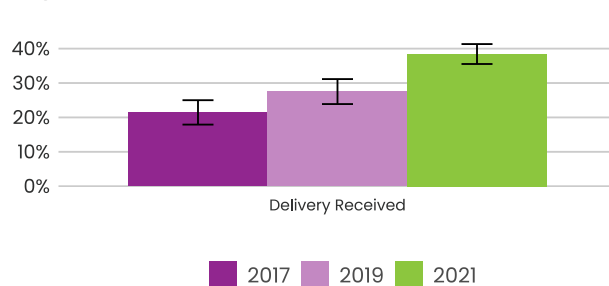
(e.g., Amazon Fresh, Instacart, Safeway Online)



(b) Grocery

### Package Deliveries

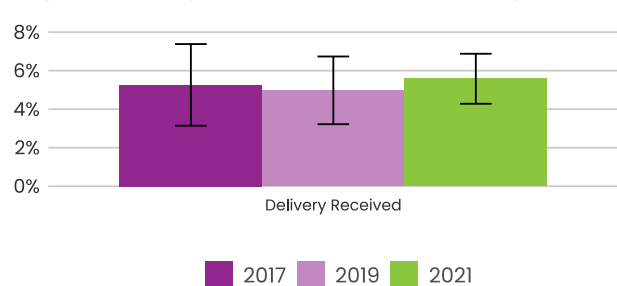
(e.g., FedEx, UPS, USPS)



(c) Package

### Work/Service Deliveries

(e.g., landscaping, cable service, house-cleaning)



(d) Work or Service

Figure 1: Trends in Home Delivery Types (Source: PSRC Household Travel Survey (2017, 2019, 2021))

When combined visually, it's easy to see the distribution of home deliveries on an average weekday.

### Home Deliveries or Services

Share of Households on Average Weekday

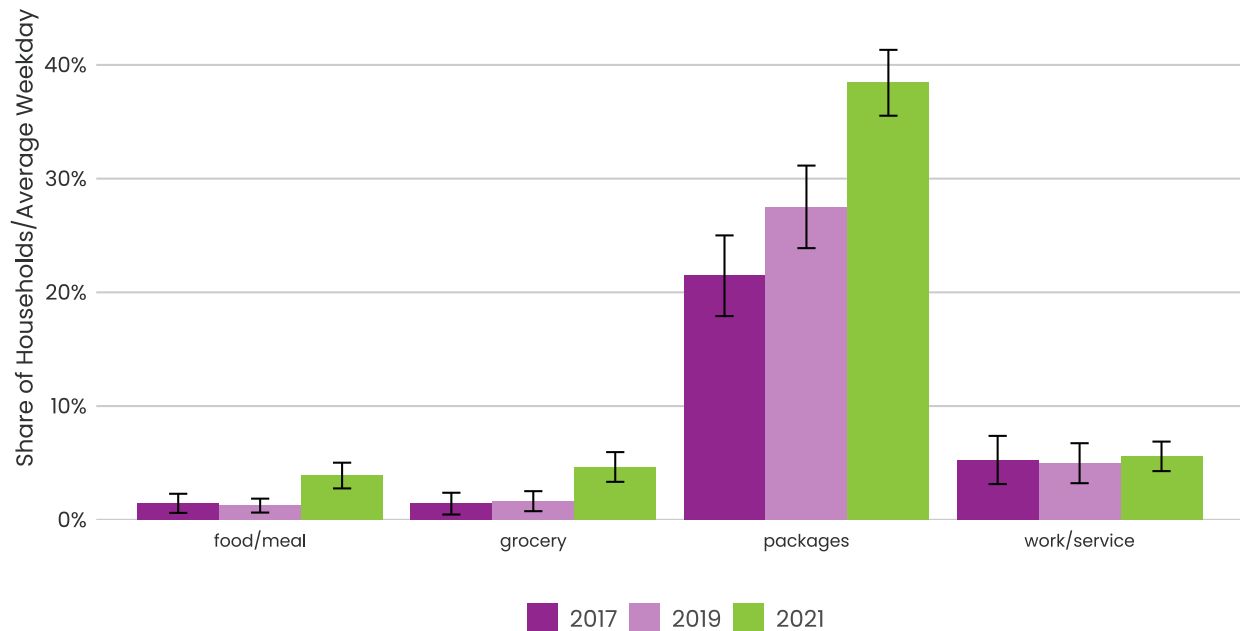


Figure 2: Trends in Home Deliveries or Services (Source: PSRC Household Travel Survey (2017, 2019, 2021))

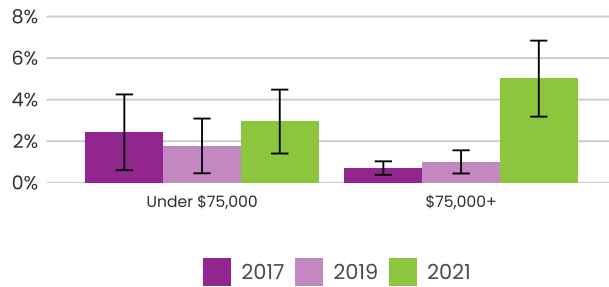
### Food/Meal and Package Deliveries in Low and High-Income Households Differed.

Higher income households were substantially more likely to get a good or meal delivery, as compared to lower income households in 2021, compared to 2017 and 2019. Food or meal deliveries more than tripled between 2021 and previous years (1.5% to 5.5%).

While both lower income and higher income households had an increase in package deliveries, those households with less than \$75,000 had a significant spike, growing from about 18% to over 30% in 2021.

### Food/Meal Deliveries by Income

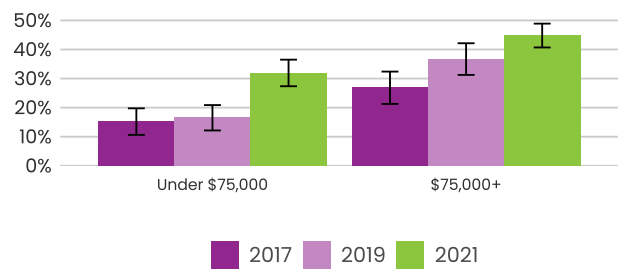
(e.g., pizza/sushi, Grubhub)



(a) Food or Meal

### Package Deliveries by Income

(i.e., FedEx, UPS, USPS)



(b) Package

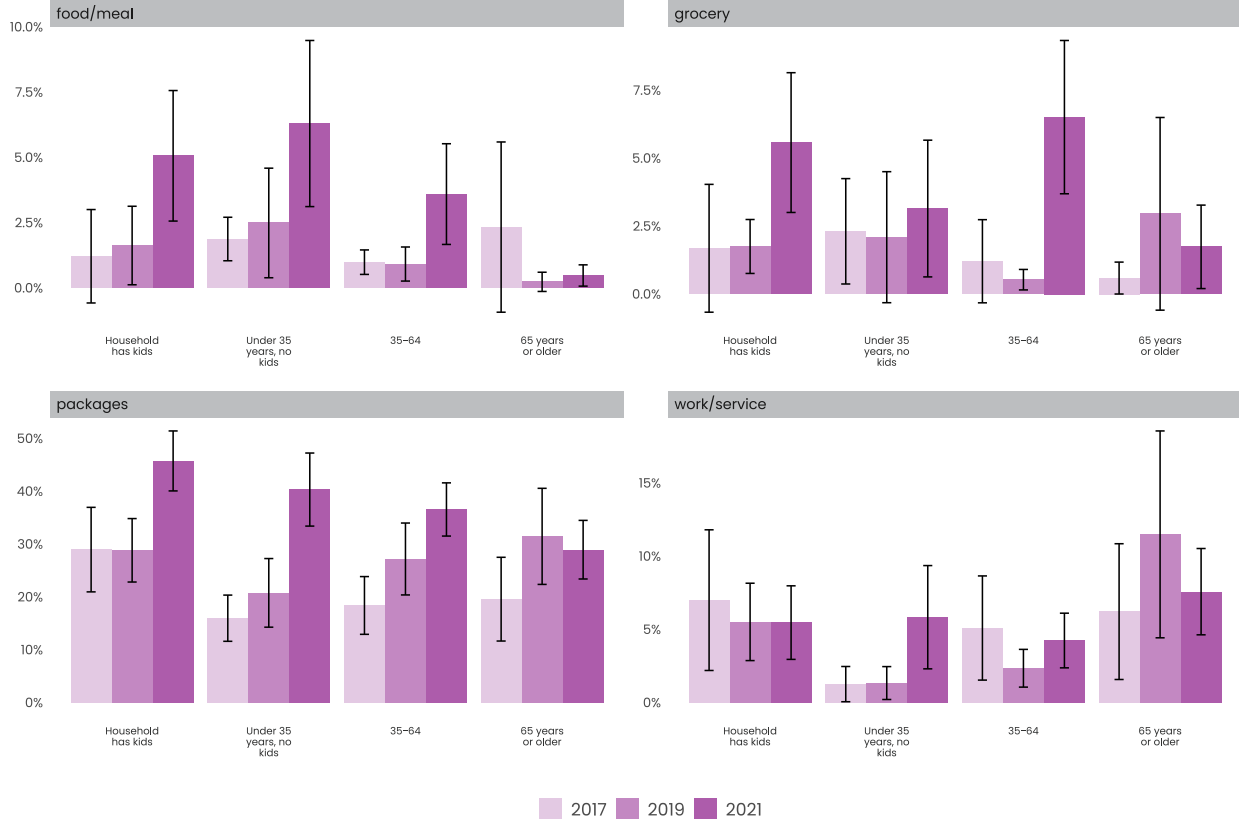
Figure 3: Types of Delivery by Income (Source: PSRC Household Travel Survey (2017, 2019, 2021))

### Households with Children Received the Most Packages in 2021.

Food or meal, grocery, and work or service deliveries stayed relatively stable regardless of household composition or year. However, package deliveries were the highest for households with kids (45%), and then decreased as household age increased (about 30%).

## Home Deliveries or Services by Year and by Type

Share of Households on Average Weekday



## Food and Grocery Deliveries Doubled Outside of RGCs in 2021.

Since the early 1990s, the central Puget Sound region has adopted a strategy that focus future population and employment growth in designated centers within the region's urban growth area. Currently, there are 29 dense, walkable, mixed-used areas called **regional growth centers (RGCs)**. RGCs are places that higher density and population and employment growth is planned. Based on the most recent findings in 2016, RGCs constitute only 1% of the region's land area, but contain 5% share of population and 28% of employment, as well as 7% of population growth and 12% of employment growth. The main function of RGCs is to accommodate significant population and employment growth, as well as to focus regional's investments on housing, services and public transportation to accommodate the large demand that comes with the projected growth. Typically, RGCs are also located in closer proximity to amenities, shops, and resources that, we speculate, typically diminish the need to have deliveries made.

Here we can see that in 2021, the average food/meal or grocery delivery share more than doubled in households outside of the Regional Growth Centers (RGCs) from nearly 2% to over 4%.

## Food/M Meal Deliveries by Household Location

Share of Households on Average Weekday

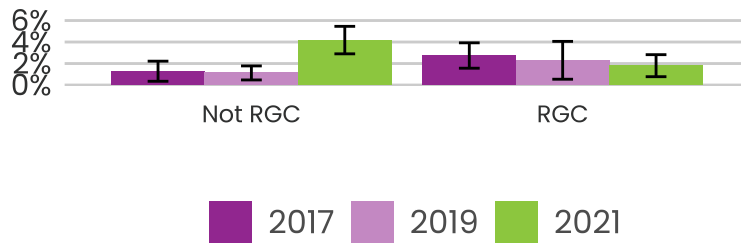


Figure 4: Types of Food Deliveries by Regional Growth Center Location (Source: Source: PSRC Household Travel Survey (2017, 2019, 2021))

## Grocery Deliveries by Household Location

Share of Households on Average Weekday

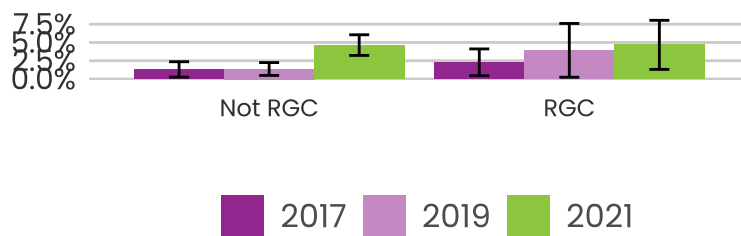


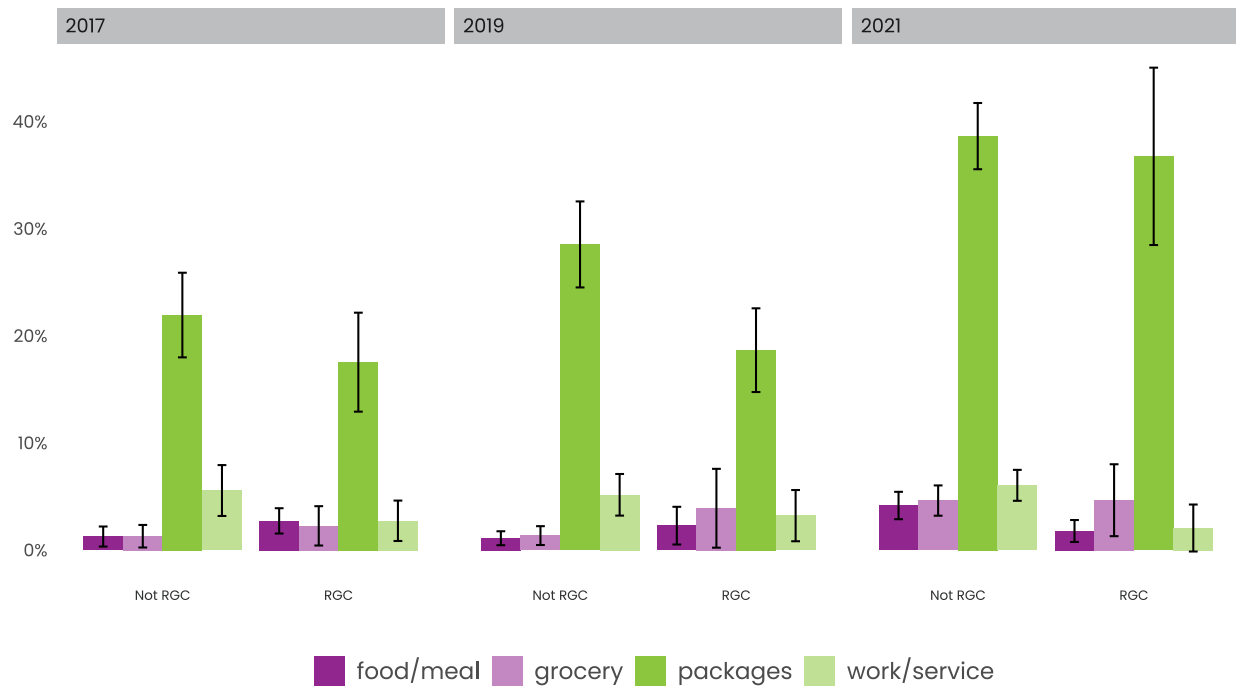
Figure 5: Types of Food Deliveries by Regional Growth Center Location (Source: Source: PSRC Household Travel Survey (2017, 2019, 2021))

Package deliveries increased for both RGC and non-RGC households, but package deliveries increased more significantly in RGCs, from less than 20% in 2017 and 2019 to almost 20% in 2021.

Work or service deliveries remained relatively stable from 2017 and 2019 to 2021 in both RGCs and non-RGC households, although non-RGC households tended to receive more average work or service deliveries than RGC households.

### Home Deliveries or Services by RGC

Share of Households on Average Weekday

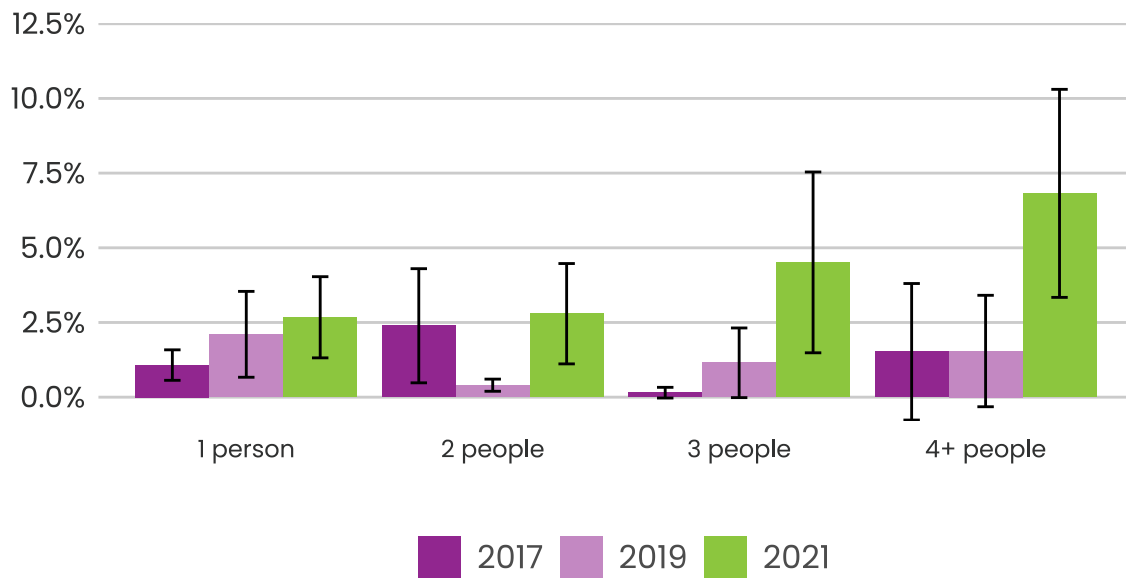


### Household Deliveries and Household Size

Still interpreting data here.

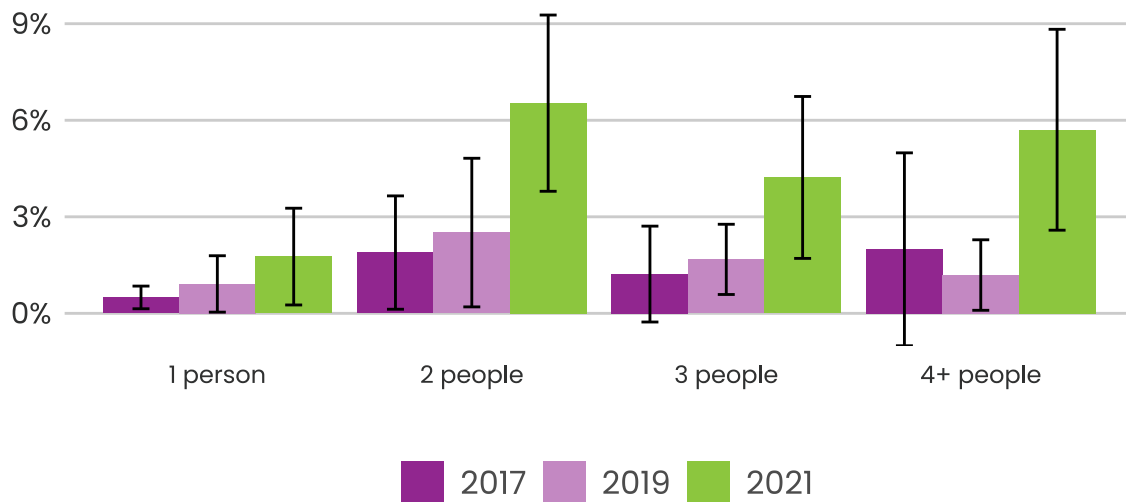
## Food/M Meal Deliveries by Household Size

Share of Households on Average Weekday



## Grocery Deliveries by Household Size

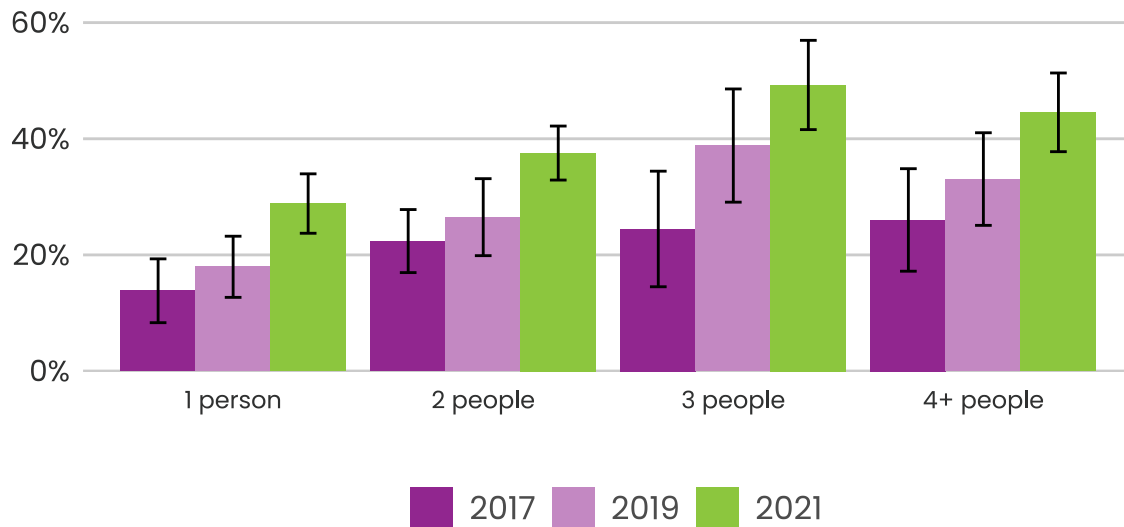
Share of Households on Average Weekday





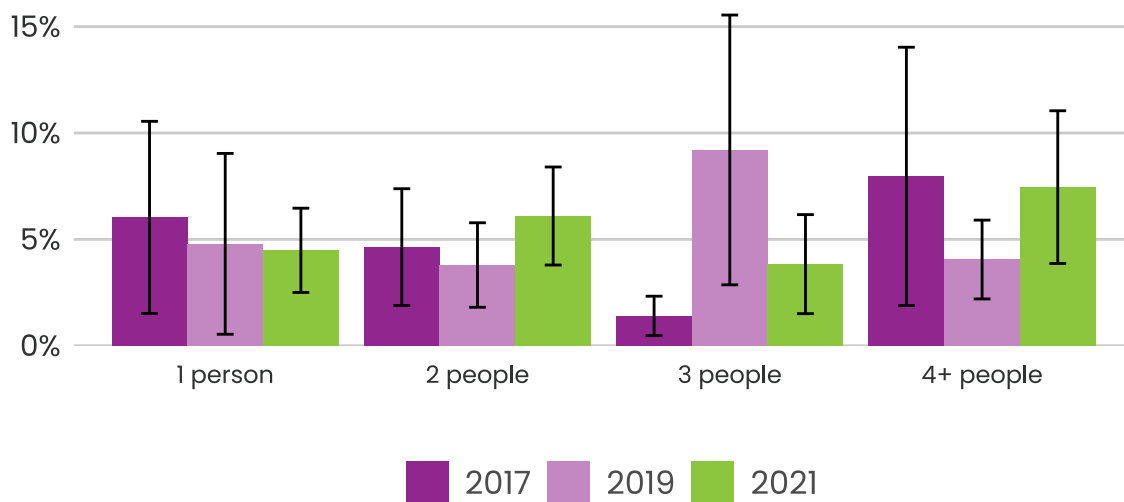
## Package Deliveries by Household Size

Share of Households on Average Weekday



## Work/Service Deliveries by Household Size

Share of Households on Average Weekday



Download the data used in this Trend.