Patient Management Systems

Terrence Adam, BS Pharm, MD, PhD Assistant Professor, PCHS University of Minnesota College of Pharmacy

Background Interests

- Interest in clinical informatics with training in pharmacy, medicine and medical informatics and currently a practicing physician in the Veterans Administration system (17 year training program)
- Inspired to do medical informatics after a summer pharmacy internship in the pharmaceutical industry
- Interest in use of information technology to improve medication safety
- Prior work in IT consulting—data reporting for a managed care organization
- Involved in implementation of computerized provider order entry in a major integrated hospital/clinic (Mayo Arizona)
- Interest in patient management systems with prior experience as a clinical user in pharmacy and medicine, development and evaluation of a patient monitoring system (lung transplant), use of secondary data for surveillance applications and evaluation of HIT for its effect on quality

Patient Management Systems

- Definition: Any tool used to assist in the delivery of clinical care from the point of care initiation to completion
- Tools include paper-based systems, telecommunications capabilities, health care organizations and information technology systems
- Will focus primarily on the use of health information technology (HIT) systems and their potential to improve care delivery and their historical evolution in the US
- Identify potential impacts of major recent legislation to effect implementation and use of health information technology

Patient Management Systems

- Revolve around clinical encounters and charts
- Historically limited role for documentation
- Limited Treatments and Diagnostics
- With growing medical complexity came the need for effective documentation
 - Billing
 - Professional Communications
- Medical Legal document

Development of Documentation

- Part of slow evolutionary process
- Plummer Chart at Mayo—one of early efforts to create and maintain a clinical database
- Designed a "dossier" archive
 - First Exam
 - Provider Notes
 - Admission and discharge information
 - Laboratory and Radiology report information
 - Summary of problems and visit on cover (index)

Clinical Charts (paper)

- Problems with paper chart
 - Only one copy—emergent consult problem
 - If not immediately available—as if it never

existed (even if cost \$20k)

- Lost components
- Privacy-no tracking
- No decision support
- Legibility
- Getting the chart (timing)->

Paper Chart Advantages

- One stop source of information
- Quicker to document information (sometimes)
- Ability to integrated shortcuts and abbreviations (fishtails and X's)(Neuro exam)
- Ease of use—WYSIWYG—limited training requirements except the black arts of chart and data hoarding (Informatics solutions?)

Information Technology Revolution

- Historical trend of new technical capabilities and rapid advancement in computing power paralleling advancing medical technology
- Enticing enough for many industries to buy mainframes and then later minicomputers and microcomputers
- Increasing computing power and lower costs led to increasing use of the microcomputer (PC) and decentralization
- Many industries adopting IT and making changes in workflow and enhancing efficiency

Information Technology in Health Care

- Health care slower to adapt general IT applications
- Billing was on paper—check boxes and put a number on the bill—each specific to an insurance company
- Key IT solution was fast and detail oriented clerks to avoid insurance rejections
- Creation of Medicare created a large pool with a single payor in common and corresponding billing system in common
- Need for review of billing process

IT Application Development

- Primarily focused on billing
- Mix of home built versus vendor purchased software
- Early mainframes and minicomputers only useful for hospital practices given the high costs of purchase and significant need for support
- Once mainframes in hospitals people began to get creative

First movers in HIT

- Costar system in Boston at Harvard (1968)
- HELP—Health Evaluation through Logical Processing at Intermountain Health Care/Latter Day Saints Hospital in Salt Lake City
- Regenstrief Electronic Medical Record
- CPRS—Computerized Patient Record System—in Department of Veterans Affairs

Changing Focus of HIT

- Started in 1970s on large mainframe systems primarily as tools for billing
- Later development of minicomputer based systems in departments tied to mainframe
 - Radiology
 - Pharmacy
 - Laboratory
- HIT historically started with information systems of a hospital but later also includes health systems and clinics
- What is HIT?

HIT Components

Patient Identification Component
Scheduling
Admission Discharge and Transfer
Electronic Medical Record (EMR)
Medical Records administration
Intensive Care and Operating Room systems
Pharmacy

Radiology and Picture Archiving and Communication Systems (PACS)

Pathology and Lab Systems

Billing and Financial

Practice Management, messaging, security, etc

HIT Record Keeping

- Data collected in hospital stay can be voluminous and multifaceted
- Use HIT to provide repositories of information
- Mechanism to do reporting—for current and future needs
- Tracking of tests and orders—radiology, pathology and laboratory—Bar code ex.
- First major application was storing data for patient billing

Communication and Integration

- Information systems provides common link for divergent medical specialists, nurses, technicians, etc
- Goal is to have all relevant information available—key advantage to electronic system is ability to have immediate access to more than one copy **key productivity gain**
- Potential for geographically disparate data sharing potential for cost savings to system (and patient)
- Common interface allows for enterprise messaging and alerts for clinical and logistical needs (Ex. Critical data, Appointment availability, traffic alerts, down time, bed needs)

Surveillance

- Many patterns in medicine are predictable and need action plan
 - Blood cultures turning positive
 - Critical laboratory values
 - Concerning radiological findings
- Use of artificial intelligence systems for decision support and also for data surveillance
 - Sweep system for relevant data
 - Report data out for needed action and decision support
 - Order entry and clinical result alerts
 - Preventive medicine needs (Cancer screening)

HIT Implementation Trend

- Certain components very high market penetration—radiology, pharmacy, lab
- Others—limited—computerized provider order entry, decision support
- Historically—off the shelf product purchased as "best of breed"
- Several problems ensued—mainly workflow and compatibility

HIT Implementation Trend

- Change to integrated purchasing
- Goal to have best suite of products
- Tradeoffs
 - Not have the best individual components
 - Need to change from prior systems
 - Reimplementation
 - Loss of backward compatibility
- Advantages
 - Less need for local customization and implementation
 - Simplified support infrastructure and maintenance
- Potential to drive industry consolidation

Adoption is slow but steady

- Keys to implementation success:
- A thorough analysis of clinical workflow
- Define the key problems to address
- Get early and active involvement of providers
- Anticipate how HIT affects workflow
- Identify how care delivery is enhanced.
- Define a long-term budgetary plan for deployment
- Get administrative commitment for deployment
- Understand the limitations of current technology

Ubiquitous HIT/EMR will be adopted (someday)

- Institute of Medicine—First published in 1991 with update in 1997
- Predicted in 1991—we will have widespread use of electronic HIS/EMR by 2001
- Reiterated in 1997 but identified need for greater national effort with goal in 5 years
- Now in 2009 the Obama Administration has a target of 2014—Good luck...



http://www.nap.edu/books/0309055326/html/index.html

What is the current HIT landscape?

Does it work?

Does HIT Effect Care Quality?

- Evaluation of the effect of health information technology on clinical quality measures
- Expectation that health information technology implementation improves clinical care
- Use of Health Quality Alliance measures to assess for care quality (national data set)
- Assess the types of information system in place around the country (HIMSS Analytics survey data)
- Preliminary results...

US System and HIT

- Great deal of overall fragmentation of types of systems used.
- Growing trend of consolidation to single provider solutions vs (inpt and outpt)
- Limited use the higher order function that are most likely to have an impact: decision support, alert system, surveillance systems, order entry
- Growing data on quality improvement associated with HIT
 - Specific measure improvements
 - Aggregate positive effect
- New national policy initiatives may help...

2009 Stimulus Bill

How to spend 800 billion dollars

- Significant potential impact on patient management systems with goal of universal EMR by 2014.
- 58/407 pages in stimulus bill
- Significant authority to National Coordinator
- 1 year to review and provide substantial new recommendations if needed

- 19.2 billion in spending
- 17.2 billion for implementation of "certified" electronic health record (EHR)
 - Question of definition of certified EHR
 - Tiered payment—first movers get more \$
 - Need to provide interconnectivity
 - Provide quality measures

- \$2 Billion for Office of National Coordinator
 - Money for development of regional health information organizations
 - Establish best practices on adoption, deployment and use of HIT
- State grants to facilitate HIT
- Integrate EHR into clinical education
- Restrictions on data disclosures and sale of health information to minimal data sets

- Other goals of implementation
 - Reduce health care costs
 - Improve clinical decision making
 - Improve clinical care coordination
 - Facilitate research
 - Reduce health disparities
 - Improve identification and response to public health threats
 - Promote competition and choice
 - Establish chief privacy officer
- Major goals to achieve

Questions?