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Nutrition Info

Calories **350**

Fat **24g**

Carbs **15g**

Fiber **5g**

Sugar **7g**

Protein **22g**

Estimated values based on one serving size.

Preparation

- 1 In a large pan, heat olive oil and add chicken thighs.
- 2 Season with salt and pepper. When the chicken is completely cooked through, remove from pan.
- 3 Slice into strips, and set aside.
- 4 Add green beans and cook until crisp tender.



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