

# Gengar - SLJ Left - Generation

Date	Generation OVR	Weight[kg]	Jump Height	Propulsive Duration	Squat Depth	Propulsive Force
2025-12-03	↓	116.9	19.6	302	9.8	15.9
2025-06-30	↓	81.8	32.1	510	34.2	18.8
2025-01-08	↑	94.2	20.8	322	37.1	30.8
2024-11-18	↑	90.8	32.6	160	17.5	31.9
2024-11-04	↓	76.6	39.8	524	17.6	24.1
2024-11-02	↓	91.7	40.3	287	9.5	20.2
2024-10-23	↓	68.2	33.4	227	9.3	17.0
2024-08-09	↓	77.3	26.0	463	10.2	25.4
2024-07-01	↓	73.6	50.6	268	18.7	19.6
2024-06-28	↑	80.8	19.7	198	14.6	31.9
2024-02-21	→	102.0	40.1	299	23.4	27.2
2024-02-05	↑	108.3	14.8	396	33.4	29.1
2024-01-06	→	74.5	33.9	502	30.1	26.6
2024-01-03	→	110.6	34.5	228	22.6	30.8

# Gengar - SLJ Left - Absorption

Date	Absorption OVR	Weight[kg]	Jump Height	Braking Duration	Squat Depth	Braking Force
2025-12-03	↓	116.9	19.6	176	9.8	8.6
2025-06-30	↑	81.8	32.1	238	34.2	13.3
2025-01-08	↑	94.2	20.8	363	37.1	23.3
2024-11-18	→	90.8	32.6	362	17.5	19.8
2024-11-04	↑	76.6	39.8	377	17.6	26.2
2024-11-02	↓	91.7	40.3	214	9.5	11.7
2024-10-23	↓	68.2	33.4	464	9.3	5.9
2024-08-09	↓	77.3	26.0	452	10.2	12.2
2024-07-01	→	73.6	50.6	459	18.7	6.5
2024-06-28	↓	80.8	19.7	503	14.6	6.1
2024-02-21	→	102.0	40.1	273	23.4	20.0
2024-02-05	↑	108.3	14.8	215	33.4	5.0
2024-01-06	→	74.5	33.9	479	30.1	29.4
2024-01-03	→	110.6	34.5	247	22.6	6.6

# Gengar - SLJ Right - Generation

Date	Generation OVR	Weight[kg]	Jump Height	Propulsive Duration	Squat Depth	Propulsive Force
2025-12-03	→	116.9	12.9	179	14.2	16.1
2025-06-30	↑	81.8	43.8	272	15.8	29.0
2025-01-08	↓	94.2	27.8	310	25.6	14.9
2024-11-18	→	90.8	51.1	261	15.0	14.9
2024-11-04	↑	76.6	16.2	305	20.6	25.3
2024-11-02	↑	91.7	23.7	501	19.5	29.6
2024-10-23	↑	68.2	23.9	304	35.0	30.0
2024-08-09	↑	77.3	26.8	374	30.3	19.4
2024-07-01	→	73.6	34.7	480	19.9	23.6
2024-06-28	↑	80.8	21.3	437	31.3	25.6
2024-02-21	↓	102.0	44.9	512	30.5	28.1
2024-02-05	→	108.3	53.0	462	19.3	28.7
2024-01-06	→	74.5	23.4	316	21.3	21.2
2024-01-03	→	110.6	31.8	443	8.1	28.6

# Gengar - SLJ Right - Absorption

Date	Absorption OVR	Weight[kg]	Jump Height	Braking Duration	Squat Depth	Braking Force
2025-12-03	↓	116.9	12.9	352	14.2	7.2
2025-06-30	↓	81.8	43.8	494	15.8	18.0
2025-01-08	↓	94.2	27.8	519	25.6	14.4
2024-11-18	↓	90.8	51.1	388	15.0	21.3
2024-11-04	↑	76.6	16.2	237	20.6	22.2
2024-11-02	↑	91.7	23.7	309	19.5	22.8
2024-10-23	↑	68.2	23.9	441	35.0	29.9
2024-08-09	↑	77.3	26.8	443	30.3	7.8
2024-07-01	→	73.6	34.7	334	19.9	19.0
2024-06-28	↑	80.8	21.3	373	31.3	26.6
2024-02-21	↑	102.0	44.9	363	30.5	15.1
2024-02-05	↑	108.3	53.0	281	19.3	4.4
2024-01-06	→	74.5	23.4	454	21.3	19.9
2024-01-03	→	110.6	31.8	493	8.1	6.9