

START					
Sr. No.	VA / NVA	Task Duration	Task Name	Problems	Improvements
1	VA	00:20:00	Arrange required documents	Untidiness wastes time.	Habitualize document organization and management.
2	NVA	00:10:00	Package documentation	Ignoring the modern digital age leads to inefficiency.	Set up internet banking and perform the same transactions at home.
3	NVA	00:15:00	Clothe myself		
4	NVA	00:30:00	Travel to bank		
5	NVA	01:00:00	Wait in line		
6	VA	00:10:00	Perform all bank transactions		
7	NVA	00:15:00	Travel to cardio class	Multiple transportation is inefficient and not green.	Walking is cardio.
8	VA	01:00:00	Cardio exercise		
9	NVA	00:10:00	Travel to grocery store	Waste of time.	Most grocery items may be purchased online, in bulk.
10	VA	00:30:00	Purchase groceries		
11	NVA	00:15:00	Wait inline	Waste of time. CSR Checkout is for cash holders.	Obtain a debit/credit card, and use it to quickly self-checkout.
12	VA	00:05:00	Pay for groceries, by cash		
13	NVA	00:15:00	Travel back home	Waste of time.	
END					
Total VA Time		02:05:00	49.02 %		
Total NVA Time		02:10:00	50.98 %		

Before

NEW START			
Sr. No.	VA / NVA	Task Duration	Task Name
1	VA	00:15:00	Perform individual bank transactions online, if any.
2	VA	00:20:00	Cardio exercise : walk to grocery store
3	VA	00:30:00	Purchase groceries
4	VA	00:10:00	Self-checkout
5	VA	00:20:00	Cardio exercise : Walk back home
NEW END			
Total VA Time		01:35:00	100 %
Total NVA Time		00:00:00	0 %

After