

Mengdi Yuan

Address: Shenzhen, Guangdong, China | E-mail: yuanmengdi01@163.com | Phone: +86-15713689918

EDUCATION

China University of Geosciences, Wuhan

Sep. 2021 - Jun. 2024

Master of psychology | supervisor: Dr. Baoliang Zhong

Main Courses: Advances in Psychological Research, Cognitive Neuroscience, Advanced Psychological Statistics and Psychometrics, Clinical Supervision Theory and Practice, Theory and Practice of Group Counseling, Research Methods in Psychology etc.

Xinyang Normal University

Sep. 2016 - Jun. 2020

Bachelor of psychology | supervisor: Dr. Tuanli Liu

Main Courses: General Psychology, Developmental Psychology, Personality Psychology, Experimental Psychology, Educational Psychology, Psychological History, Social Psychology, Psychometrics etc.

RESEARCH INTEREST

Mental health services, Network analysis, Bereavement grief, Meta-analysis

PUBLICATIONS

- [1] Ma, Y. M., **Yuan, M. D.**, Zhong, B. L.(2024). Efficacy and acceptability of music therapy for post-traumatic stress disorder: a systematic review and meta-analysis of randomized controlled trials. *European Journal of Psychotraumatology*, 15(1): 2342739.
- [2] **Yuan, M. D.**, Liu, J. F., Zhong, B. L.(2024). Prevalence of prolonged grief disorder and its symptoms in bereaved persons in China: a systematic review and meta-analysis. *General Psychiatry*, 37(2): e101216.
- [3] Zhong, B. L., **Yuan, M. D.**, Li, F., & Sun, P. (2023). The Psychological Network of Loneliness Symptoms Among Chinese Residents During the COVID-19 Outbreak. *Psychology Research and Behavior Management*, 16: 3767–3776.
- [4] **Yuan, M. D.**, Wang, Z. Q., Fei, L., & Zhong, B. L. (2022). Prevalence of prolonged grief disorder and its symptoms in Chinese parents who lost their only child: A systematic review and meta-analysis. *Frontiers in Public Health*, 10: 1016160.

CONFERENCES

- [1] **Yuan, M. D.**, Zhong, B. L.(2023.09) Prevalence of prolonged grief disorder and its symptoms in bereaved persons in China: a systematic review and meta-analysis. Symposium on Psychological Trauma and Crisis Intervention. Wuhan, Hubei.
- [2] **Yuan, M. D.**, Zhong, B. L., Dang W. M. (2023.07). Prevalence of workplace sexual harassment and associated factors against nurses in Chinese medicine hospitals. Hubei Sexology Association. Tianmen, Hubei.
- [3] **Yuan, M. D.**, Zhong, B. L. (2022. 11). Prevalence of depressive symptoms among Chinese Shidu parents: A systemic review and meta-analysis. The 33rd Student Science and Technology Paper Presentation of China University of Geosciences. Wuhan, Hubei.
- [4] **Yuan, M. D.**, Wang, Z. Q., Fei, L., & Zhong, B. L. (2022. 07). Prevalence of prolonged grief disorder and its symptoms in Chinese parents who lost their only child: A systematic review and meta-analysis. Chinese Society of Neuroscience & Psychiatry. Xi'an, Shaanxi.

RESEARCH EXPERIENCES

- Conducting the Graduation Project of post-graduate

Jun. 2023 - Jun. 2024

 - Project name: The relationship between bereavement and suicidal behavior in middle school students from the perspective of Mediated Moderation Model and Network Analysis Model
 - Conducted a literature review on bereaved adolescents and suicidal behavior.
 - Used network analysis to explore the mental health status of secondary school bereavement students.
- Participation in “Brain Science and Brain-like Research” Major Program, China

May. 2023 - Jun. 2023

 - Project name: Clinical Cohort Study of Alzheimer's Disease and Other Dementias.
 - Used Mini-Mental State Examination to screen nearly 100 elderly people with cognitive impairment in Wuhan nursing homes.
- Participation in National Natural Science Foundation, China

Aug. 2022 - Oct. 2022

 - Project name: Community-based Collaborative Stepped Care Model for Dementia
 - Searched more than 2000 publications from the year 1997 to 2023 related to the prevalence of prolonged grief in Chinese Shidu parents.
 - Used random / fixed effect model to calculate the combined effect size using R software.

PROFESSIONAL EXPERIENCES

- Grief and Healing Lab of Psychology Shenzhen University

Jul. 2024 - present

Research Assistant | Advisor: Dr. Suqin Tang

 - Analysed a sample of self-report survey data from bereaved people in the Netherlands using network analysis.
 - Assisted in handling paper submissions and writing within the group.
- Student Mental Health Education Centre of China University of Geosciences

Sep. 2022 - Jun. 2024

Intern Therapist | Advisor: Dr. Baoliang Zhong

 - Provided supportive psychological counseling to students of China University of Geosciences, and attended weekly group supervision.
 - Conducted psychological measurement and crisis assessment of students.
- Wuhan Mental Health Center

Jun. 2022 - Sep.2023

Intern Therapist | Advisor: Dr. Baoliang Zhong

 - Observed and assisted with individual and group therapy in the psychiatric clinic.
 - Received training in active listening and crisis intervention in mental health hotline.

HONORS AND AWARDS

- National Scholarship, China , RUC(¥20000)2023
- National Postgraduate Academic Scholarship, China University of Geosciences, RUC(¥8000)2022-2023
- Excellent Volunteers of China University of Geosciences Rural Revitalization Summer Camp2023

SKILLS

- Language: Chinese, English
- Software: Proficient in Office(Excel, Word, PowerPoint), SPSS, Mplus,STATA, R Studio, Endnote, Nvivo.
- Interview skills: The Mini-International Neuropsychiatric Interview (MINI),
Structured Clinical Interview for DSM-5 Disorders - Clinician Version (SCID-5-CV)
- Intervention skills: Psychodynamically Orientated Psychotherapy, Cognitive Behavioral Therapy (CBT)