

Wafaa El-Sayed Soliman Clinical and Educational Psychologist

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Summary

Clinical and Educational Psychologist with 15+ years of experience in clinical practice, school psychology, and special needs support across the UAE and Egypt. Holder of a Clinical Psychology Diploma and UAE Golden Visa (Talent – 10 years). Skilled in psychological assessment, counseling, behavior modification, and intervention planning. Published 8 books and delivered 50+ workshops for students, parents, and teachers, with active contributions to conferences and community programs.

Professional Experience

Clinical Psychology Trainee

2025 – present

El-Azayem Psychiatric and Addiction Hospital, Egypt

- Applied CBT and DBT strategies with patients experiencing anxiety, depression, and personality disorders.
- Assisted in diagnostic reporting using advanced psychological assessments.

Psychologist -Abu Dhabi Education Council

2011 – 2020

Ministry of Education–UAE

- Applied CBT and DBT techniques to reduce student anxiety and improve emotional well-being.
- Assessed 1,500+ students and created intervention plans to improve academic and behavioral outcomes.
- Delivered 350+ workshops for students, teachers, and parents on emotional, social, and behavioral skills.

Psychologist

2008 – 2011

Specialized Centers for People of Determination- UAE

- Designed individualized programs and behavior plans for children with Autism, improving social interaction and attention.
- Integrated Art and Drama Therapy to enhance emotional expression and communication.
- Provided family and educational counseling to support inclusive education.

Education

Diploma in Clinical Psychology

Benha University, Egypt

- Grade: **Very Good**

B.A in Psychology

Zagazig University, Egypt

Professional Diploma in School Psychology

UAE University

Skills

- **Clinical and Educational Psychology**– psychological assessment and diagnostics (WISC, MMPI, BDI, etc.), preparation of reports, and online consultations (Zoom/Teams).
- **Therapy and Counseling**– individual and group therapy using CBT, DBT, Art Therapy; family and educational counseling; conflict resolution.
- **Behavioral Interventions**– behavior modification and skills development for children and adolescents.
- **Training and Research**– workshops for students, teachers, and parents; research, academic writing, and publication.

Publications

- Author of 8 published books in psychology, education, and child development — including popular titles such as Parents' Guide to Enhancing Children's Intelligence, My Body is Mine, and Charisma Building for Children and Youth.