

# MOHAMED MAHMOUD ISSA

## Karate Champion & Physical Education Professional

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## PROFESSIONAL SUMMARY

Accomplished Karate Instructor with 4th Dan Black Belt certification and over 15 years of experience in physical education and martial arts training. Former member of both the Egyptian Karate National Team and Egyptian Kickboxing National Team. Proven track record of developing championship-winning athletes and implementing effective physical education programs in international school environments. Specialized in teaching Karate, Parkour, and various fitness disciplines across the Middle East region.

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## CERTIFICATIONS & ACHIEVEMENTS

- **4th Dan Black Belt** - Saudi Arabian Karate Federation
  - **Black Belt Certification** - Egyptian Karate Federation
  - **International Training Course** - Arab Karate Federation (2001, 2006, 2009)
  - **International Training Course** - Saudi Arabian Karate Federation (2011)
  - **International Training Course** - Traditional Karate with French Karate Federation (2004-2005)
  - **National Sports Injuries Course** (2007)
  - **National Karate Training Course** (2005)
  - **Former Member** - Egyptian Karate National Team
  - **Former Member** - Egyptian Kickboxing National Team
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# PROFESSIONAL EXPERIENCE

## TEACHING EXPERIENCE

### Physical Education Teacher

Egyptian Arab International Schools, Ismailia, Egypt

2013 - 2022 - Developed and implemented comprehensive physical education curriculum for international school students - Pioneered innovative teaching methods introducing Parkour, Karate, and Zumba programs - Created instructional materials, guides, and lesson plans for diverse sports activities - Taught additional academic subjects including English and History - Prepared students for Presidential Physical Fitness Test and other athletic metrics - Organized sports events, competitions, and training camps

### Physical Education Teacher

Future International Language School, Cairo, Egypt

2007 - 2008 - Delivered physical education instruction following international curriculum standards - Developed age-appropriate physical activities for diverse student populations

## COACHING EXPERIENCE

### Karate Instructor

Ismaily Sporting Club, Egypt

2012 - Present - Lead karate training programs for competitive athletes - Develop training regimens for various skill levels and age groups - Prepare athletes for regional and national competitions

### General Instructor of Karate Team

Al-Obour Sports Club, Obour City, Egypt

2014 - 2015 - Managed comprehensive karate training program - Supervised junior instructors and training staff - Developed competition strategies for team members

### Karate Coach & Physical Fitness Master

Samurai Club for Martial Arts and Karate, Khamees Mushiet, Saudi Arabia

2010 - 2012 - Delivered expert karate instruction in Saudi Arabian context - Designed specialized physical fitness programs for martial artists - Prepared athletes for international competitions

### Karate Instructor

Zamalek Sporting Club, Egypt

2008 - 2010 - Trained club members in karate techniques and competition strategies - Prepared athletes for national tournaments

### **General Instructor of Karate Team**

Nubi Club, Egypt

2004 - 2010 - Managed all aspects of club's karate program - Developed training methodologies for competitive athletes

### **Karate Coach & Fitness Trainer**

Body Masters Gym

2008 - 2010 - Integrated karate training with fitness programming - Developed personalized training plans for diverse clientele

### **Coach**

Ismailia Kickboxing Administration

2003 - 2005 - Provided specialized kickboxing instruction - Developed training programs for competitive kickboxers

### **Karate Coach**

Ismailia Youth Centre, Ismailia, Egypt

2001 - 2010 - Introduced youth to karate fundamentals and philosophy - Developed age-appropriate training programs for young athletes

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## **EDUCATION**

### **Bachelor of Science in Health and Physical Education**

Suez Canal University

2006

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## **SKILLS**

- **Martial Arts Instruction:** Karate, Kickboxing, Self-Defense
  - **Physical Education:** Curriculum Development, Fitness Assessment, Sports Training
  - **Specialized Teaching:** Parkour, Zumba, Team Sports
  - **Management:** Team Leadership, Event Organization, Training Program Development
  - **Communication:** Instructional Design, Multilingual Teaching, Student Mentoring
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## LANGUAGES

- **Arabic:** Native
  - **English:** Very Good
  - **Spanish:** Beginner
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## ADDITIONAL INFORMATION

- **Personal Qualities:** Discipline, punctuality, active listening, team spirit, continuous learning mindset
- **Interests:** Classical literature, history, scouting, travel