

# RWENSHAUN LAMAR MILLER

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## EDUCATION

### Montreat College

Masters of Arts, Clinical Mental Health Counseling, 2016

### University of North Carolina at Chapel Hill

Bachelor of Arts, Sociology / Bachelor of Arts, African-American Studies, 2009

## PROFESSIONAL EXPERIENCE

### Founder/Executive Director

2014 - Present

*Eustress Inc.* - Charlotte, NC

- Develop and execute an average of 15 programs a year to increase mental health awareness in underserved communities
- Accountable for strategic planning, human resources, finance management, fundraising, management leadership, and policy making (in joint effort with Board of Directors)
- Assist in qualitative and quantitative data collection and analysis
- Serve as public spokesperson for the organization; deliver presentations to various groups and manage media relations

### Program Director

2007 - 2016

*One Love Periodic Services Inc.* - Charlotte, NC

- Assisted in the oversight of the overall operation of the MH/SA component while assuring compliance with CABHA, COA and NC state standards
- Assisted with the development and implementation of policies and procedures that effectively support the daily functions of the company
- Established standards of performance and by review, determined whether staff met standards
- Provided daily supervision to monitor 12 direct care professionals and manage 2 programs and various activities
- Trained 60 staff on policy and procedures and implementation of state definitions
- Served as a liaison with 2 local community agencies and community boards by coordinating continuum of care for consumers.

## **Intensive In-Home Qualified Professional**

2011 - 2016

*One Love Periodic Services Inc. Charlotte, NC*

- Implemented direct services catering to up to 8 adolescents including providing support to achieve personal outcomes, personal care, education/goal implementation, medication administration, transportation and facility maintenance
- Assessed people's needs satisfaction, dreams and goals after interviewing and supported each person in communicating these to other team members
- Identified and intervened to address barriers that impeded the development of skills necessary for a consumer to function independently in the community
- Worked one-on-one with the consumer to develop interpersonal and coping skills including adaptation to home, school and work environments by utilizing various teaching techniques such as role plays and worksheets.

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## **ARTICLE PUBLICATIONS**

Williams, N. & Miller, R. (Manuscript in Preparation). *Conversations with the Incredible Hulk: The Mental Health Experiences of Black Men at PWI's.*

Miller, R. & Williams, N. (Manuscript in Preparation). *Let's Talk About It: Understanding the Peaks and Valleys of Increasing Mental Health Awareness Among Minority Urban, Suburban, and Rural Communities.*

## **INVITED ARTICLES**

*Living With A Mental Illness: A Lesson From Kanye West* – The Good Men Project  
March 2016

*Calling All Men* – The Good Men Project  
March 2016

## **INVITED PRESENTATIONS**

[\*Student General Assembly Livingstone College\*](#) – Salisbury, NC  
March 2017

*JCSU School of Social Work Professionals Panel* – Charlotte, NC  
February 2017

*Addressing your Mental Health as a High School Student* – Charlotte, NC  
February 2017

*Burdell's School Of Entrepreneurship Conference* – Atlanta, Georgia  
November 2016

*NC One Community In Recovery Conference* – Clemmons, NC  
November 2016

*Region IV Medical Education Conference: Vulnerable Populations in Medicine* – Wake  
Forest School of Medicine  
November 2016

*World Mental Health Day: Dignity in Mental Health* – National Alliance on Mental  
Illness Charlotte  
October 2016

*Stigma Free Carolina: Redefining Mental Health* – UNC-Chapel Hill  
October 2016

*Out of the Darkness Mental Health Forum* – Chowan University  
September 2016

*We Wear The Masks Mental Health Screening and Forum* – UNC-Chapel Hill  
September 2016

*Women on Fire For God Ministry Women's Retreat: The Whole Woman* – Lewiston,  
NC  
July 2016

*Bridges to a Brighter Future: Crossing The Bridge* - Furman College  
June 2016

*The Scenario* – Nashville Tennessee Radio Show  
May 2016

*Let's Talk About It: Mental Health Awareness* – Bertie County YMCA  
April 2016

*Omega Psi Phi 6<sup>th</sup> District Council Meeting* - Greenville, SC  
March 2016

*Let's Talk About It: Profound Gentlemen Assembly* – Sedgefield Middle School  
March 2016

*Let's Talk About It Mental Health Awareness Walk* – UNC Chapel Hill

November 2015

*Pre-College Expo & Symposium* - UNC Chapel Hill Upward Bound  
November 2015

*Let's Talk About It: Minority Women Handling Men with Mental Illness* – UNC Chapel Hill Sister Talk  
October 2015

*Mental Health Awareness @ HBCUs Twitter Chat* – Center for MSI at Penn State University  
September 2015

*Let's Talk About It: Issues From The Eyes of A High School Freshman* – UNCG Early College  
June 2015

*Bridges to a Brighter Future: Crossing The Bridge* - Furman College  
June 2015

*Brother You Are On My Mind Initiative* - Pi Phi Chapter of Omega Psi Phi Fraternity Inc.  
May 2015

*Let's Talk About It: Issues Facing Fourth Grade Males* - Reedy Creek Elementary School  
May 2015

*Proclamation to recognize Mental Health Awareness Month* - Charlotte City Council  
May 2015

*Awareness Week: Mental Health and Suicide Prevention* - John Avery Boys and Girls Club  
April 2015

*Crazy Questions: A Discussion on Black Mental Health* - Psi Delta Chapter of Omega Psi Phi Fraternity, Inc.  
March 2015

[\*Mental Health for Helping Professionals\*](#) - Winston Salem School of Social Work  
February 2015

*Mental Health and Relationship* - True Dreams Radio  
January 2015

*Pre-College Expo & Symposium* - UNC Chapel Hill Upward Bound  
November 2014

### **PROFESSIONAL DEVELOPMENT WORKSHOPS**

*Omega Psi Phi Boys Camp Counselor Training*  
July 2016

*Teach For America Professional Development Training* – Charlotte, NC  
May 2016

*Peer Support Professional Development Training* – Burlington, NC  
May 2016

### **CERTIFICATIONS**

**Licensed Professional Counselor Associate Certification** 2017  
**(In Process)**

**Certified Trainer** 2007 - Present  
Cardiopulmonary Resuscitation and First Aide/ Blood Borne Pathogens  
North Carolina Interventions

**Certified Trainer** 2015 - Present  
Mental Health First Aid