ILLNESS PRODUCTIONS LLC

To: The nominating committee for the MHA Media Award.

I am honored to nominate the film **NO LETTING GO** to be a recipient of the MHA Media Award.

The film was made to create a much needed dialogue about children's mental health. It was completely independently made, meaning the funding all came from private donors believing in our film and not from a major movie studio. After we had gather the necessary funds, incredible talent came out in force to help us with the casting. Among many others, Alysia Reiner (Orange is the New Black, Equity) Kathy Najimy (Hocus Pocus, Sister Act, Veep) and Lisa Gillan Roberts (Julia's sister) came onboard to play essential roles in the film.

Randi Silverman, my producing partner, mental health advocate and the real-life mom behind the story, sat down for 4 months to write the screenplay. Actually she voice dictated since she had just fallen on black ice and broken her wrist. It was a hard 4 months with many cathartic moments as she re-lived the years of raising a son with bipolar disorder, while trying to keep the whole family safe and together.

The mental health community has been incredibly supportive of the film, especially since it is the only film available to date that is really showing the struggles of such a young child. Everyone is affected; siblings, friends, teachers, counselors, grandparents and of course the parents. It was import to us to have a film that EVERY VIEWER, regardless of their own situation, could still identify with when they were watching it.

Dr. Lloyd Sederer wrote in the Huffington Post review:

"Its message of not letting go, never giving up... is one we all need to hear and see."

The film has won over 20 international awards, and is being distributed worldwide by Vision Films, a huge feat for an independent film. After a short theatrical run and on-demand, it can now be seen on Amazon and many other digital platforms.

The film is also being used as an educational tool for the non profit YOUTH MENTAL HEALTH PROJECT, through screening events and community conversation around the country. The 501 (c)3 was founded by Randi and Wendy Ward in 2016.

YMH Project creates opportunities for individuals and communities to promote education, awareness and understanding how to take care and support the whole child, since we all have both mental health and physical health.

We can shift perceptions about youth mental health. Through mental health literacy, we can reduce the number of children who struggle with a diagnosable mental health disorder and improve life long outcome. YMH Project has been creating the tools to help.

I have included the NO LETTING GO Press kit as the supporting document.

Here is a direct link to the short trailer: www.nolettinggomovie.com/trailer

Private Link to the film link in its entirety: https://vimeo.com/152738788

Password: vfclient720

To read all about the film go to www.nolettinggomovie.com

And for information about YMH Project www.ymhproject.org

Please let me know if there is anything else you need.

Most Sincerely

Carina Rush

Producer

Email: c.rush@nolettinggomovie.com

917-697-2487 SHATTER THE SILENCE FAR FROM THE TREE NO LETTING GO ILLNESS

NO LETTING GO FILM FESTIVAL AWARDS AND NOMINATIONS

Accolade Competition 2015 Won

Won
4 Awards of Excellence
Best Film addressing Disability Issues
Jonathan D. Bucari
Randi Silverman
Carina Rush
Original Score

Carina Rush
Original Score
Alain Mayrand
Leading Actress
Cheryl Allison
Supporting Actor
Richard Burgi

Awareness Film Festival, CA 2015 Nominated Merit Award of Awareness

Back in the Box, Los Angeles, CA 2015 Nominated Best Film Jonathan D. Bucari Randi Silverman Carina Rush

EyeCatcher International Film Festival, OK 2015 Nominated Best Feature Jonathan D. Bucari Randi Silverman Carina Rush

Canada International Film Festival, Canada 2016 Won

Won Award of Excellence, Feature Film Jonathan D. Bucari Randi Silverman Carina Rush Helios Film Festival, OH 2015 Official Selection

Julien Dubuque International Film Festival, IA 2016
Best Feature Finalist
Jonathan D. Bucari
Randi Silverman
Carina Rush
Best Cinematography Finalist
Oren Soffer

LA Indie Film Fest, Los Angeles, CA 2016

ilm Fest, Los Angele Winner Best Feature Jonathan D. Bucari Randi Silverman Carina Rush Best Screenplay Jonathan D. Bucari Randi Silverman

LA Femme International Film Festival 2015 Nominated Best Feature Jonathan D. Bucari Randi Silverman Carina Rush

Long Beach International Film Festival, NY 2015
Nominated
Best Feature Film
Jonathan D. Bucari
Randi Silverman
Carina Rush

NYC Mental Health Film Festival 2015 Won Festival Award Narrative Feature Palm Beach International Film Festival, FL 2016 Nominated Best Feature Film Jonathan D. Bucari Randi Silverman Carina Rush

> Reading Film FEST 2015 Won People's Choice Award Narrative Feature Jonathan D. Bucari Randi Silverman Carina Rush

Shadows of the Mind Film Fest 2016 Canadian Premiere Nominated Festival Award

Southampton International Film Festival 2015 Won 3 Festival Awards

3 Festival Awards Feature Screenplay Jonathan D. Bucari Randi Silverman Leading Actress in a Feature Cheryl Allison Supporting Actor in a Feature Noah Silverman Nominated Festival Awards Best Feature Jonathan D. Bucari Randi Silverman

Randi Silverman Carina Rush Best Score in a Feature **Alain M**ayrand Achievement in Hair and Make-up Amy Wadford Jessica Mellow Sydney Indie Film Festival 2015 Won

Won
Festival Award
Best Female Lead
Cheryl Allison
Nominated
Festival Award
Best Film
Jonathan D. Bucari
Randi Silverman
Carina Rush
Best Screenplay

Jonathan D. Bucari Randi Silverman Carina Rush Best Screenplay Jonathan D. Bucari Randi Silverman Jonathan D. Bucari Randi Silverman Carina Rush Best Male Supporting Richard Burgi Best True Story Award Jonathan D. Bucari Randi Silverman Carina Rush

The IndieFest Film Awards 2015
Won
Best of Show
Feature Film
Jonathan D. Bucari
Randi Silverman
Carina Rush
Won
Awards of Excellence
Leading Actress
Cheryl Allison
Best Feature

Vancouver LiftOff, 2016 Nominated Festival Award

Vero Beach Film June, FL 2016 Nominated Festival Award

VOB Film Festival, NY 2016 Official Selection Narrative Feature Jonathan D. Bucari Randi Silverman Carina Rush

Voice Awards by SAMHSA, LA 2016 Won HONORABLE MENTION

HONORABLE MENTION Narrative Feature Jonathan D. Bucari Randi Silverman Carina Rush

YoFi Fest 2015 Nominated Festival Award Narrative Feature Jonathan D. Bucari Randi Silverman Carina Rush

In the Press

"No Letting Go is a...master class...Its message of not letting go, never giving up, is one we all need to hear and see"

-Dr. Lloyd Sederer, Huffington Post

"This film is an honest, gripping portrayal of what it's like to learn that your child has mental illness... Far too many families suffer in shame and silence. Yet 'No Letting Go' also offers real hope."

-Liza Long, Mental Health Advocate

"The true performance and at the forefront is CHERYL ALLISON who stars as Catherine Spencer... For any family dealing with this illness this movie conveys an experience... that hopefully helps to provide understanding.

-Marlon Wallace, Delmarva Life

"An incredible film.... You have told this story with great poignancy."

-Pete Early, Best Selling Author & Mental Health Advocate

"No Letting Go...Worth Holding On"..."ALYSIA REINER was authentic and inspiring..." "14 year old Tim played brilliantly by NOAH SILVERMAN"...."The film moved me..."

-H. Whiddon, Vulture Hound Magazine

"A+"..."There is so much I love about this movie"..."Absolutely marvelous"

-Martin Hafer, InFLUX Magazine

"No Letting Go sheds light on early mental illness... illustrates how... behavior radiates throughout family friends and community."

-Katie Walsh, LA Times

"...a must-see movie about childhood mental illness. No Letting Go is a powerful film that gives voice to families all over the world who are silently suffering... share this film with your family and friends. I think this film does an excellent job of bringing aware-ness without adding to the stigma that already exists."

-Mama Bear, Mental Health Advocate

"A tremendously inspiring and moving film that captures both heartache and hope of a family living with mental illness."

-Gregory G. Allen, Huffington Post

"Brought me to tears.... incredibly personal and realistic."

-Luke Myers, Better Mental Health Magazine

"A sensitive treatment of important subject matter."

 $\hbox{-} Frank\ Scheck,\ Hollywood\ Reporter$