



Contact Information

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Student Support Services
(209) 556-1533

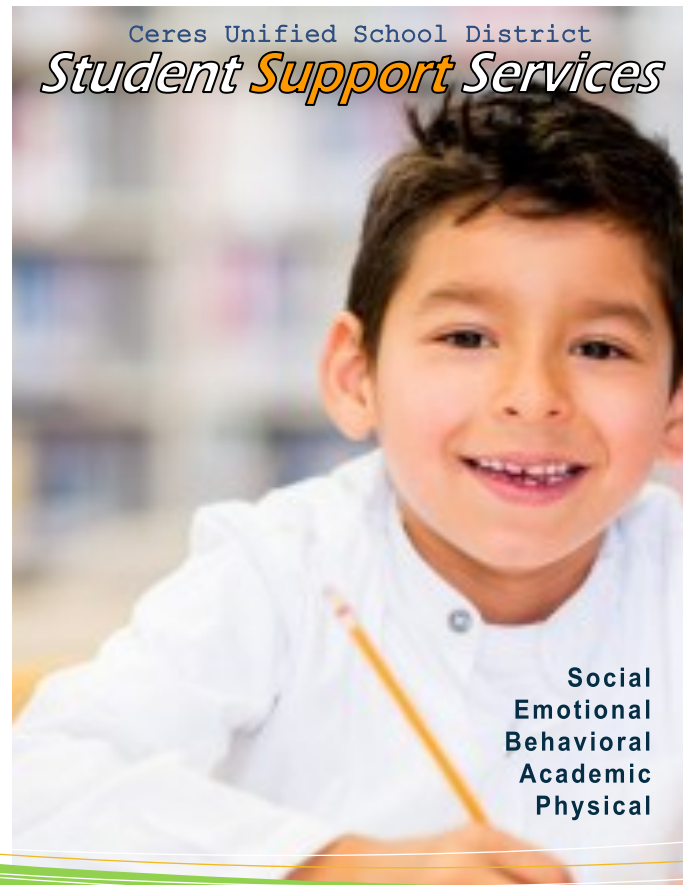
Lillian Loera, Community Liaison
Ceres Healthy Start
(209) 556-1500 ext. 1272

Ana Hernandez, Community Liaison
(209) 556-1500 ext. 1274

Fabiola Urena, Foster Youth Liaison
(209) 556-1500 ext. 1276

Liz Duran, Homeless Liaison
(209) 556-1500 ext. 1275

For more information about our counseling services or to submit a referral, please contact your child's school.



**Social
Emotional
Behavioral
Academic
Physical**

Additional Resources Available

CUSD believes in a multi-disciplinary team approach in assisting students and families, and offer the following additional supports:

♦ **Mentoring Services**

Provided at all 7th-12th grade Secondary Schools

♦ **Healthy Start Family Resource Center**

Serving the families of Ceres Unified by linking them to services directly related to their needs.

♦ **Foster Youth**

A District Liaison who works with all Foster Youth and families in the areas of academics, including credits, graduation, and post-secondary planning.

♦ **Transitional Housing**

A District Liaison who assists families lacking a fixed, regular and adequate residence.



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Life is like a tree and its root is consciousness. Therefore, once we tend the root, the tree as a whole will be healthy.

Deepak Chopra

Comprehensive Approach to Mental Health Promotion

EDUCATING THE "WHOLE" CHILD AT THE FOREFRONT OF CUSD'S FOCUS ON STUDENTS

WHOLE CHILD APPROACH

- SOCIAL/EMOTIONAL/BEHAVIORAL
- ACADEMIC SUPPORT
- PHYSICAL HEALTH AND FITNESS
- COMMUNITY ENRICHMENT

NURTURING



Ceres Unified believes in supporting our students and families with the necessary supports and resources utilizing a 3-Tiered system, all focusing on providing access to mental health programs and services. At the TIER 1 level, our preventative efforts include promoting and using the Nurtured Heart Approach® with students, families, and staff. The NHA® is a dynamic relationship-focused methodology that builds Inner Wealth® in children, empowering them to channel their intensity in productive ways, ensuring their successful future.

"Educating the Mind Without Educating the Heart is no Education at all"

Aristotle

STUDENT SUPPORT SPECIALISTS

Full time counseling support staff at each school who work with at-risk students needing social, emotional, and behavioral support. All of our SSS's are Certified NHA® trainers who train, coach, and promote the Approach within the entire school community. (TIER 2)

SOCIAL SKILLS FACILITATORS

Six full time staff working throughout the district to promote and teach appropriate social skills to students. SSF staff work with all students, including Special Education, and provide small group and whole class lessons. (TIER 2)

SCHOOL PSYCHOLOGISTS

Additional Psychologists dedicated to ensuring at-risk students are provided the appropriate services they need. They provide case management of all students, behavior intervention plans, classroom support for teachers, and resources to assist the family.

MENTAL HEALTH CLINICIANS

Each school is equipped with clinicians to address our most at-risk students and their families. Common issues addressed include trauma, grief/loss, anxiety, and crisis management. (TIER 3)



Social/Emotional/Academic Support

Each school is equipped with Support Staff who work with students individually and in small groups to address their specific needs. Student Support Specialists, Social Skills Facilitators, and Mental Health Clinicians all work as a part of a Tiered Level Response system based on the severity of the need.



Behavioral Intervention

General Education School Psychologists assist with behavioral challenging students in a variety of ways, including classroom management strategies with teachers, behavior intervention plans, counseling, and family/at-home support. Our GE Psychologists also coordinate appropriate services to address the social, emotional, academic, and behavioral needs of students.



Prevention/Early Intervention

Universal supports are in place to ensure all students are equipped with the tools necessary to navigate any challenges they may face. Promoting student's strengths, developing empathy, reducing stigma, and building resiliency are at the forefront of our efforts.



CERES UNIFIED SCHOOL DISTRICT

Committed to Excellence Responsive to Every Student