

DONATE

Your donation to Mental Health America of Louisiana makes a powerful statement of confidence in the organization's programs that change lives for the better in our state.

For more information about donating to our cause, please call 225-978-2177 or 318-582-9627.

Name: _____

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Please make the check payable to MHAL.
Mail check and this form to:

Mental Health America of Louisiana
5700 Florida Blvd, Suite 901
Baton Rouge, LA 70806

MHAL is a non-profit 501 (c) (3) statewide organization. All donations are tax-deductible to the fullest extent of the law.

We are Mental Health America!

As an organization, Mental Health America has been around for nearly a century. We began our work in 1909 when Clifford W. Beers, a young businessman who struggled with a mental illness and shared his story with the world in his autobiography "A Mind That Found Itself," created a national citizens' group to promote mental health and improve conditions for children and adults living with these health problems. It was a revolutionary act and attracted prominent national leaders of the time, including the philosopher William James and the Rockefeller family.

National Institute of Mental Health (NIMH) Partner

Mental Health America of Louisiana is one of 55 regional partners to the NIMH. Through its Office of Constituency Relations and Public Liaison, this program serves a vital role in public access to science-based mental health information and resources.



#B4Stage4

5700 Florida Blvd, Suite 901
Baton Rouge, LA 70806

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www.mentalhealthamerica.net/mhala



Educating Louisiana and Advocating for Change



Mission

Mental Health America Louisiana (MHAL) Louisiana's leading community-based non-profit dedicated to helping all Americans achieve wellness by living mentally healthier lives. Our work is driven by our commitment to promote mental health as a critical part of overall wellness, including prevention services for all, early identification and intervention for those at risk, and integrated care and treatment for those who need it, with recovery as the goal.

Our B4Stage4 Philosophy

Much of our work is guided by the *Before Stage 4* (#B4Stage4) philosophy – that mental health conditions should be treated long before they reach the most critical points in the disease process. When we think diseases like cancer or heart disease, we don't wait years to treat them. We start before Stage 4—we begin with prevention, identify symptoms, and develop a plan of action to reverse and hopefully stop the progression of the disease. So why don't we do the same for individuals who are dealing with potentially serious mental illness? Like other diseases, we need to address these symptoms early, identify the underlying disease, and plan an appropriate course of action on a path towards overall health. Mental Health America is committed to addressing mental health #B4Stage4.

Vision

MHAL envisions a just, humane and healthy society in which all people are accorded respect, dignity, and the opportunity to achieve their full potential free from stigma and prejudice.

What We Do

Advocacy

- Ensure the rights of individuals with behavioral health issues are upheld
- Work closely with state department officials and policy makers
- Build community coalitions with partner agencies and consumers to best address policy issues
- Train individuals, families, and community agencies to influence policy makers
- Advocate for health care reform and disability community
- Provide support to the legislative Substance Abuse and Mental Health Caucus

Bridge Funding Program

- Provide transitional housing assistance to individuals with mental illness who are at risk of homelessness or re-institutionalization
- Funding is provided for indigent individuals exiting a state-run or contracted psychiatric facility, nursing facility, or correctional facility
- Follow up visits are conducted monthly to address overall quality of health of each client

Education/Awareness

- Educate the community on personal wellness to include financial management & asset building, social relationships, physical health, nutrition, spirituality, mental & addictive disorders
- Help school-aged kids recognize their emotions and express them appropriately
- Educate businesses on behavioral health workforce issues



Why Join Mental Health America of Louisiana?

The rapidly changing health care environment poses huge risks to adults and children with mental illnesses. Mental Health America of Louisiana is a recognized authority in mental health and mental illness. Through legislative activities, community awareness events, public education, media relations and statewide collaborations, this nonprofit organization works to ensure that consumers, family members, professionals, business owners and the media are active and effective advocates in mental health.

Joining the LA Behavioral Health Advocacy Network is always encouraged for people who have an interest in mental wellness programs and services for Louisiana citizens.

Join Mental Health America of Louisiana today and become a part of our movement to improve and protect the lives of millions impacted by mental illness and mental disorders.