



NutriBox

NutriBox 2025

Prepared By

NutriBox Team





Under Supervision of
Dr. Tamer El Moghazy
Technical Instructor



Our Project Team



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Mostafa mohamed



Welcome to Our NutriBox Presentation

Our initiative is dedicated to raising awareness about the importance of healthy eating and balanced lifestyles. We believe that good nutrition is the key to overall well-being, and our goal is to provide valuable insights that help young people make better food choices with ease.

Get ready to explore new ideas and practical solutions that make healthy eating an enjoyable part of your daily life!

About Our Project

Nutribox

محتك في بوكس غذائي صحي ! وطعم يفتح النفس
متخيل إنك تأكل أكل صحي، وطعمه حكاية بمذاق مصرى أصيل
ومن غير ما توجع دماغك في التحضير؟

NutriBox

جمعنالك بين في الطعم اللذيذ والأكل المفید، بمكونات طبيعية
100%، عشان تستمتع بوجبة متكاملة منغير تأنيب
ضمير!



BUSINESS MODEL CANVAS

Designed For: project

Designed By: Gergs Magdy

Date: 24/2/2025

Version: 1



KEY PARTNERS

Suppliers of fresh and healthy ingredients.

Sustainable and eco-friendly packaging companies.

Fast delivery service providers (couriers and app-based logistics).

Nutritionists and diet specialists.

Health and fitness influencers for brand promotion.



KEY ACTIVITIES

Preparing diverse, healthy, and delicious meals.

Developing an easy-to-use mobile app and website.

Executing awareness campaigns about healthy eating.

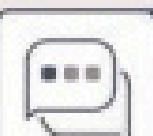


VALUE PROPOSITIONS

Providing balanced, healthy meals tailored to different dietary needs.

Using natural and fresh ingredients without preservatives.

Fast delivery ensuring freshness and quality.



CUSTOMER RELATIONSHIP

24/7 customer support social media.

Loyalty programs with discounts and special offers for frequent customers.

Educational and informative content on nutrition and wellness.



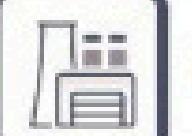
CUSTOMER SEGMENTS

Health-conscious individuals looking for convenient meals.

Athletes and fitness enthusiasts requiring specific meal plans.

Busy professionals in need of quick and nutritious food.

Individuals with medical conditions requiring special diets.



KEY RESOURCES

Fully equipped kitchen for healthy meal preparation.

Customer database of health-conscious individuals.

Skilled chefs and nutrition specialists.



CHANNELS

Educational and informative content on nutrition and wellness.

Physical pop-up stores or food trucks in strategic locations.



COST STRUCTURE

Cost of raw materials and fresh ingredients.

Operational costs for kitchen and food preparation.

Development and maintenance costs for the digital platform.

Marketing and advertising expenses.



REVENUE STREAM

Subscription-based meal plans for customers.

Partnerships with gyms and corporate wellness programs.

Sales of additional healthy products (snacks, juices, supplements).

Sponsored promotions and collaborations with nutrition brands.

SWOT Analysis

● STRENGTHS

Convenience & Flexibility:

Multiple ordering options (home delivery, subscription, or pickup) to suit various customer needs.

Ready-to-eat meals save time for busy professionals and health-conscious individuals.

Fusion of traditional flavors with a modern, health-focused twist to appeal to diverse consumer preferences.

● OPPORTUNITIES

Rising Demand for Healthy Eating:

- Growing awareness of balanced diets, fitness trends, and clean eating fuels the demand for NutriBox's offerings.

Geographical Expansion:

Scale operations to new cities and regions across Egypt and beyond.

● WEAKNESSES

Limited Marketing Budget:

Logistics & Supply Chain Challenges:

- Managing timely deliveries, quality control, and customer service can be complex.

High Price of our products

● THREATS

Economic & Market Fluctuations:

Inflation, economic instability, or rising costs of ingredients could impact affordability and profit margins.

Competition from Large Food Chains & Brands:

International food delivery services and large-scale healthy meal providers pose direct competition.

SMART Marketing and Financial Objectives



1. Branding and Visual Identity

- Establish Visual Brand Identity
 - Launch a complete visual identity (logo, colors, guidelines) by Feb 14, 2025.

2. Social Media Page Creation and Follower Growth

- Build Social Media Presence
 - Create Facebook, Instagram, and TikTok pages by Feb 22, 2025, and get 100 new followers per month. by 25 march we reached 150 followers on Facebook.

3. Increase Brand Awareness on Social Media by posting 4-5 times weekly from 26 Feb until 31 march, 2025, and achieve:

- 2% engagement rate of total user base.
- 5 engagements per post
- 15% monthly growth rate in overall user engagement.

4. Execute Ramadan-Specific Marketing Objective (Create and deploy Ramadan-specific content from march 1 - 31, 2025) and achieve:

- At least 15 shares across all Ramadan content on all platforms
- Ramadan content engagement 5% of total user base.
- Reach at least 500 users across all Ramadan content on all platforms

5. Launch High-Impact, Cost-Efficient Paid Ads from March 29 to April 1, and achieve:

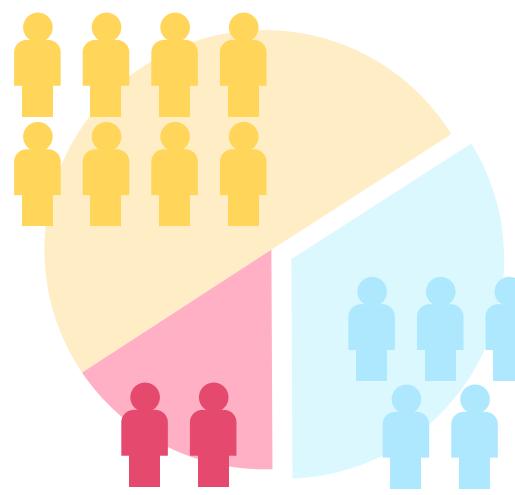
- 350+ engagements with an average cost per engagement at or below 3 EGP (the result was 0.5 egp per engagement), increase reach, and build stronger audience connections.

6. Communicate Value and build trust to Justify Pricing by posting 4 value-focused posts by March 31, 2025 , and achieve:

- 20+ engagements across all content



Market Segmentation



Since NutriBox is a B2C business operating in Cairo, we will segment the market based on the following criteria:

1. Geographic Segmentation

- Location: Cairo and new cairo , zayed city , nasr city

2. Demographic Segmentation

- Age: 20-50 years old
- Gender: Male & Female
- Income: Mid to High

3. Psychographic Segmentation

- Personality:
 - Fitness Enthusiasts: Health-conscious, goal-driven
 - Busy Professionals: Efficiency-focused, prefer convenience
 - Busy Moms: Family-oriented, prioritize nutrition
 - Young Working Moms: Cautious, trust reliability
- Attitudes & Lifestyle:
 - Strong belief in wellness, organic, and clean eating
 - Active in fitness, meal prepping, and social media health trends
 - Prefer digital ordering & easy meal solutions
- Social Status:
 - Middle to upper-class professionals & families

4. Behavioral Segmentation

- Benefits Sought:
 - High-protein, weight management, convenience, balanced nutrition
- Purchasing Habits:
 - Regular buyers, discount seekers, trust-driven first-time buyers

The Target Market



Primary Target Market: **Fitness Enthusiasts & Busy Professionals (age 25-40)**

- Health-conscious individuals looking for high-protein meals, weight management options, and convenience.
- Prefer digital purchasing via Instagram, WhatsApp, or a website.



Secondary Target Market: **Busy Moms & Young Working Moms (age 30-50)**

- Seeking healthy and nutritious meals for their families or themselves.
- Prefer easy ordering, reliable delivery, and trusted brands.

The Fitness Enthusiast



Name	Ahmad
Age	25
Location	Cairo
Occupation	Sales Executive
marital status	Single
Kids	No
Monthly income	8000 EGP/Month

Interests	<ul style="list-style-type: none">Gym, body-building, nutrition, maintaining a balanced diet
Challenges	<ul style="list-style-type: none">Struggles to find nutritious, high-protein meals that fit into his busy schedule.
Buying Behavior	<ul style="list-style-type: none">Decision-making process: Highly influenced by health benefits, nutritional information, and calories per serving.Preferred channels: Facebook, Instagram, TikTok, and fitness apps for easy ordering.Price Sensitivity: Willing to pay a premium for high-protein, low-carb meals but still values reasonable pricing.
Goals	<ul style="list-style-type: none">Wants to order healthy meals with precise calorie and nutritional information for optimal performance.Maintaining his fitness routine without compromising on nutrition.
Pain Points	<ul style="list-style-type: none">unreasonable pricing, Poor food quality and taste, artificial ingredients, inaccurate calorie information, slow delivery times.
Sources of Info	<ul style="list-style-type: none">Social media (reviews, comments and profiles)
Personality Traits	<ul style="list-style-type: none">Motivated, disciplined, goal-oriented, enjoys structure in his daily routine

Busy Professional



Name	Sara
Age	24
Location	New Cairo
Occupation	Teacher at a Language School
marital status	Single
Kids	no
Monthly income	15000EGP/Month

Interests	<ul style="list-style-type: none">• Health & self-care, reading, career development
Challenges	<ul style="list-style-type: none">• Struggles to balance a demanding career with personal well-being. Finding the time to prepare healthy meals is difficult, and reliance on unhealthy, fast food is common
Buying Behavior	<ul style="list-style-type: none">• Decision-making process: Values convenience, meal options that save time, and nutritional content that supports her busy lifestyle.• Preferred channels: Facebook and WhatsApp for ordering, online platforms for reviews and recommendations.• Price Sensitivity: willing to spend more on meals if they are convenient, tasty and healthy.
Goals	<ul style="list-style-type: none">• Maintaining a healthy work-life balance, especially in terms of diet.• Minimizing time spent on food preparation while eating nutritious, satisfying meals.• Wants to receive meals that can be quickly ordered, are nutritious, and easy to integrate into her daily routine.
Pain Points	<ul style="list-style-type: none">• Late or inconsistent deliveries.• Small portion sizes for the price.• Poor customer service and lack of timely responses to complaints.• Complaints about the quality of food, such as taste or unbalanced meals
Sources of Info	<ul style="list-style-type: none">• Social media (reviews, comments and profiles)
Personality Traits	<ul style="list-style-type: none">• Ambitious, organized, time-conscious, prefers convenience

Busy MOM



Name	Sally
Age	40
Location	zagazig
Occupation	Tax Officer
marital status	Married
Kids	Yes
Monthly income	10000EGP/Month

Interests	<ul style="list-style-type: none"> • Health & self-care, career development
Challenges	<ul style="list-style-type: none"> • she face work pressures & time management difficulties
Buying Behavior	<ul style="list-style-type: none"> • Decision-making process: Values convenience, meal options that save time, and nutritional content that supports her busy lifestyle. • Preferred channels: Facebook and WhatsApp for ordering, online platforms for reviews and recommendations. • Price Sensitivity: willing to spend more on meals if they are convenient, tasty and healthy.
Goals	<ul style="list-style-type: none"> • Maintain a healthy weight: Focus on whole foods, portion control, and balanced macronutrients. • Support bone health: Increase calcium and vitamin D intake to prevent osteoporosis. • Reduce chronic disease risk: Emphasize heart-healthy fats, fiber, and antioxidants. • Support hormonal balance: Include foods rich in omega-3 fatty acids, vitamin D, and probiotics.
Pain Points	<ul style="list-style-type: none"> • Busy Schedules: Juggling work, family, and other responsibilities leaves little time for meal planning, cooking, and grocery shopping. • Lack of Time for Meal Prep: Not enough time to prep healthy meals in advance for the week. • Cost of Healthy Foods: high-quality protein sources can be expensive. • Limited Access to Healthy Options: Difficulty finding healthy and affordable options in local grocery stores or limited access to fresh produce.
Sources of Info	<ul style="list-style-type: none"> • Social media (reviews, comments and profiles)
Personality Traits	<ul style="list-style-type: none"> • Organized , Planful , Curious about Nutrition and Appreciative of Quality

Young Working Mom



Name	salma
Age	30
Location	6 october
Occupation	sales
marital status	Married
Kids	Yes

Monthly income 12000 EGP/Month

Interests	<ul style="list-style-type: none"> Ensuring their family eats balanced and nutritious meals.
Challenges	<ul style="list-style-type: none"> Managing time to cook while juggling work and family responsibilities. Finding meals that are appealing to both kids and adults. Balancing health concerns with affordability.
Buying Behavior	<ul style="list-style-type: none"> Frequently shops online for groceries and household essentials. Prefers brands offering family meal bundles or discounts. Reads reviews and trusts recommendations from other parents.
Goals	<ul style="list-style-type: none"> Providing quick, nutritious meals for their family. Ensuring kids develop healthy eating habits. Reducing the stress of daily cooking without compromising quality.
Pain Points	<ul style="list-style-type: none"> Difficulty finding ready-to-eat meals that cater to children's tastes. Concerns about hidden additives or preservatives in processed food. High cost of healthy ready-to-eat options compared to regular meals.
Sources of Info	<ul style="list-style-type: none"> Parenting blogs, Facebook groups, and Instagram accounts focused on family nutrition. Recommendations from friends and family. Product reviews on e-commerce sites.
Personality Traits	<ul style="list-style-type: none"> Open to new solutions but cautious about brand promises.

Unique Selling Point

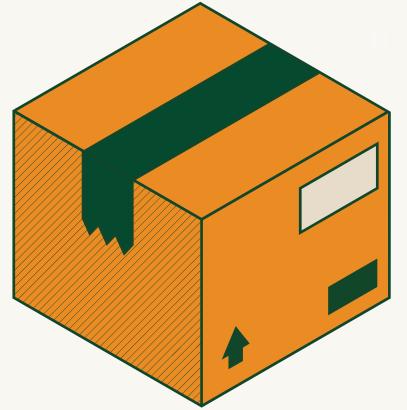


Healthy has a new flavor — Delicious.

**We've cracked the code: food that fuels your body
and satisfies your cravings.**

**No more bland. No more boring. Just clean,
crave-worthy goodness.**

Marketing Mix



product

- Nutri Box offers healthy meals and nutrition tips.**
- Our meals are great for people who want to stay fit, athletes, and anyone who needs balanced food.
 - Our food is:
 - Made with fresh ingredients.
 - Free from preservatives.
 - Calorie-counted for a healthy diet.



Price

- Our pricing will be affordable and competitive to ensure high quality at a reasonable cost.
- We will offer different meal plans to suit various needs and budgets.
- Special discounts and offers will be available for loyal customers and bulk orders.



Place

- Orders are available through social media (Facebook, Instagram, and WhatsApp).
- Delivery service is available in selected areas, with plans to expand based on demand.



Promotion

Marketing on social media platforms through:

- Engaging content about healthy food and the importance of good nutrition.
- Paid ads to reach a larger audience.
- Special offers and discount coupons for new customers.

Content Calendar

Social Media Monthly Content Calendar for NutriBox

Month: Last Week of February + March
Year: 2025

Date & Time	26/02/25 – 9:00 PM	28/02/25 – 9:00 PM	01/03/25 – 9:00 PM	03/03/25 – 9:00 PM	06/03/25 – 9:00 PM	09/03/25 – 9:00 PM	12/03/25 – 9:00 PM
Buyer Persona	All	Fitness Enthusiasts	All	All	Busy Moms	Seniors	All
Platform	Facebook, IG	Instagram, TikTok	Facebook, IG	Facebook, IG	IG, TikTok	Facebook, IG	Facebook, IG
Content Topic & Format	Launch Post: ✨ The box is ready, but what's inside? 🎁	Educational Video: "Protein: Myths vs. Facts"	Ramadan Announcement: "Happy Ramadan for everyone With NutriBox"	Ramadan Engagement Post: "What's Your Favorite Suhoor Meal?"	Storytelling Post: "How to Keep Your Kids Energized During Ramadan"	Educational Post: "Foods to Keep You Hydrated During Ramadan"	Post: Our Ramadan's Menu
CTA	"Comment your guess below!"	Share this with your gym partner!	Stay tuned for our Ramadan menu!	Comment your go-to Suhoor dish!	Share your experience in the comments!	Save this for later!	Order now!
SMART Objective	Reach 10 comments in 48 hours.	Educate 100 viewers on protein myths.	Generate 10 shares.	Get 10 reactions & 5 shares.	Reach 10 engagements.	Reach 10 impressions.	receive 5 orders
Responsible Content Creator	Merehan	Almoatasembellah	Anton	Gerges	Ahmad	Aliaa	Mostafa

Content Calendar

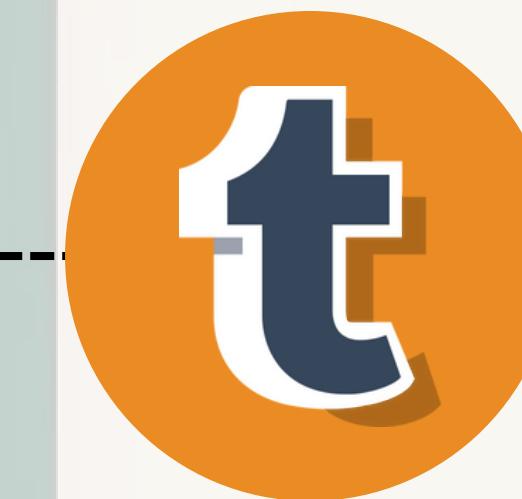
Social Media Monthly Content Calendar for NutriBox

Month: Last Week of February + March
Year: 2025

Date & Time	15/03/25 – 9:00 PM	18/03/25 – 9:00 PM	21/03/25 – 9:00 PM	24/03/25 – 9:00 PM	27/03/25 – 9:00 PM	30/03/25 – 9:00 PM	31/03/25 – 9:00 PM
Buyer Persona	All	Fitness Enthusiasts	Busy Moms	Busy Professionals	All	Seniors	All
Platform	Facebook, IG	Facebook,IG	Instagram, TikTok	Facebook, IG	Facebook, IG	Instagram, TikTok	Facebook, IG
Content Topic & Format	Ramadan Post: "Healthy Suhoor Ideas to Keep You Energized"	Workout-Friendly Suhoor & Iftar: Fuel Your Ramadan Workouts	"Celebrating Mother's Day & Ramadan: A Special Message to Moms Fasting"	Ad Post: "NutriBox Ramadan Meal Plans – Stay Healthy & Energized!"	Ramadan Special Post: "What's the Best Iftar Meal? Vote Now!"	Educational Video: "Easy & Healthy Traditional Ramadan Desserts"	Thank You Post: "Gratitude for Our First Ramadan with You! What's Next?"
CTA	Try this and tell us how you feel!	"Like if you need this in your routine!"	"Tag a mom who deserves love today!"	"Order now before the offer ends!"	"Vote for your favorite meal!"	Try these desserts and let us know your favorite!	"Tell us what you want to see next!"
SMART Objective	Reach 20 impressions.	Reach 10 engagements.	Reach 10 engagements.	Drive 5 leads in 3 days.	Get 10 votes.	Reach 50 views.	Get 10 comments on feedback.
Responsible Content Creator	Merehan	Almoatasemballah	Anton	Gerges	Ahmad	Aliaa	Mostafa

Platforms Used

- Facebook & Instagram: For ads, images, and promotional videos.
- TikTok & Reels: To showcase recipes and health challenges in an engaging way.
- WhatsApp: For taking orders and communicating with customers easily.



Type of Content

- Photos and videos of dishes with ingredient details and calorie count.
- Educational content about healthy eating habits and nutrition tips.
- Product showcases to highlight different meal options and offers.
- Seasonal & holiday celebrations with themed meals and special promotions.
- Interactive content like quizzes, polls, and customer testimonials.

Time Table

- A mix of educational, promotional, and interactive content to boost engagement and sales.
- Educational content twice a week about healthy eating and ingredient benefits.
- Promotional content twice a week to showcase meals and special offers.
- Special content for holidays and occasions with exclusive meals and discounts.

Content Format

- Simple designs with colors that reflect health and nature (green – white – light orange).
 - High-quality images and videos showcasing meal details.
 - Consistent designs to maintain brand identity.



Tone Of Voice

Tone of Voice:

- Friendly, encouraging, and positive.
- Direct and easy-to-understand language without scientific complexity.
- Encouraging customer engagement, such as:
 - “Who’s ready to try our new meal?”

Headlines of POCs

1

The mystery box is here! Can you guess what's inside?



2

Finally, NutriBox is ready! Your healthy meals in one box!



3

We care about your health – enjoy delicious & nutritious meals!



4

Skip the powders... fuel your muscles with real food!



5

Ramadan athletes! Ready for the best Suhoor & Iftar to power up your training?

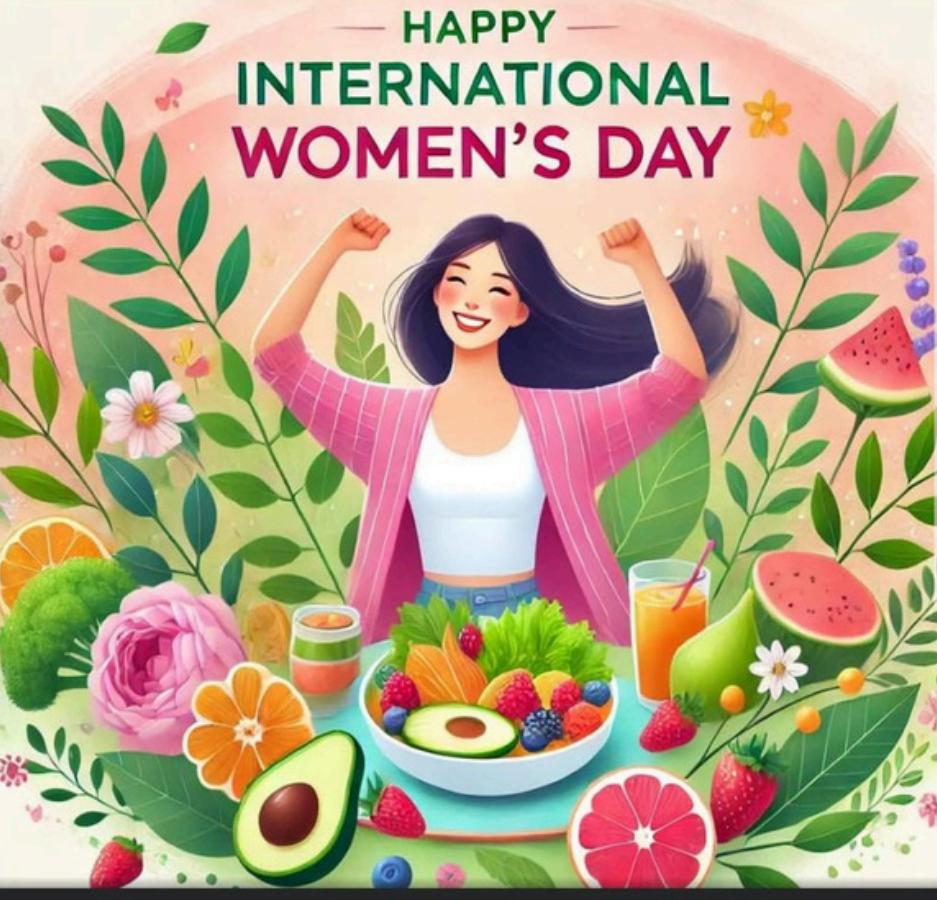


6

On International Women's Day, your health comes first!









Digital Marketing Action Plan

Campaign Period: 1st March – 1st April

Objective: Launch and promote Nutri Box as a healthy food brand
using a lean digital strategy within a 1,000 EGP ad budget

Project Overview & Objective

Business Name: Nutri Box

Industry: Healthy Food / Meal Prep

Campaign Goal:

- Create online presence across key digital platforms
- Build initial awareness and engagement
- Drive customer interest through visually compelling content

Run a small-scale paid campaign to test market responsiveness



Budget Allocation (Total: 1,000 EGP)

Item	Allocation (EGP)	Notes
Facebook & Instagram Advertising	1000	Primary awareness & engagement ads

Budget Manager: Mr. Gerges

Date Finalized: April 1st





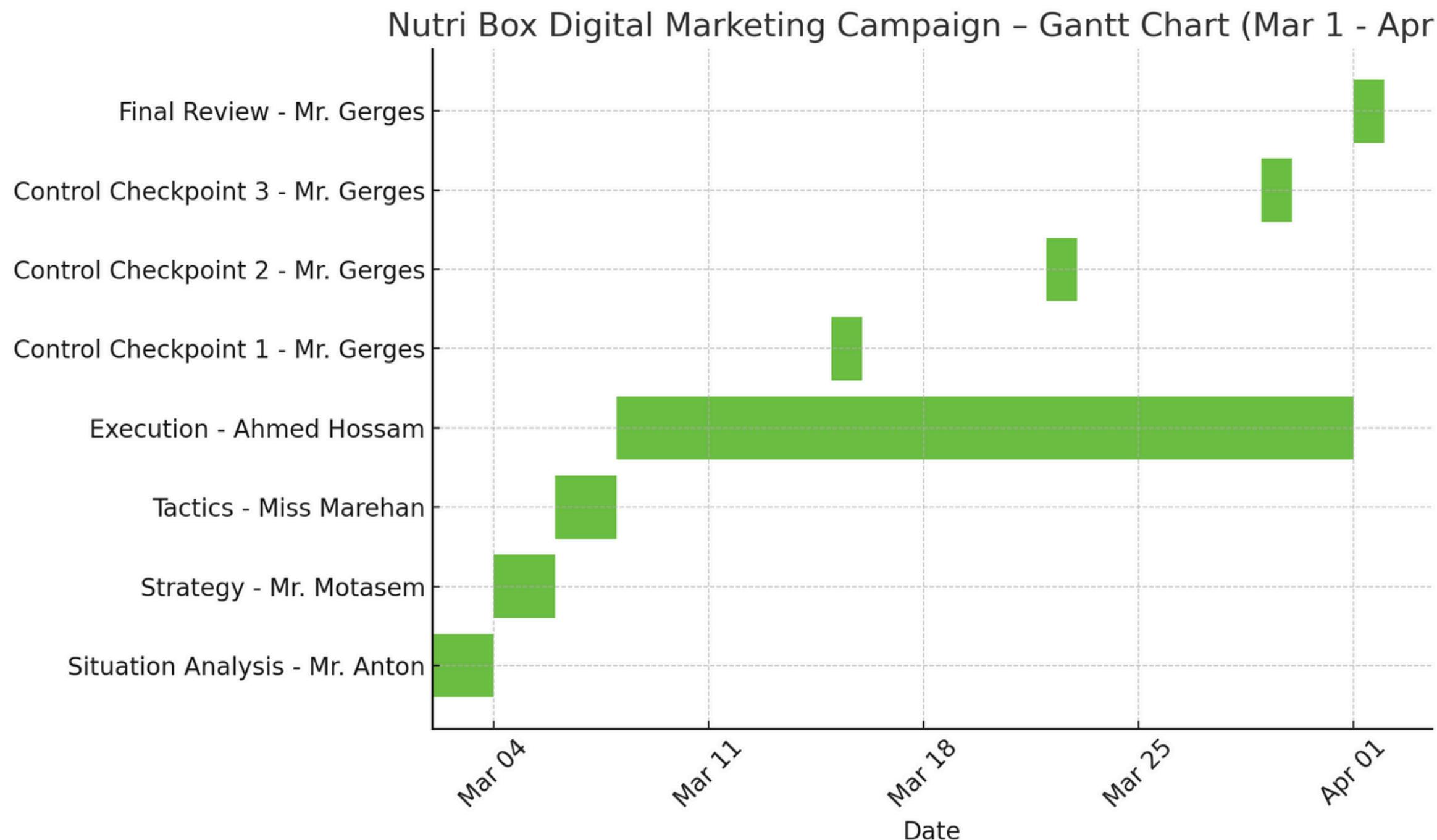
Team Roles & Responsibilities

Name	Role	Responsibility	Due Dates
Mr. Anton	Situation Analysis	Conduct SWOT analysis, market trends, competitors	March 2–3
Mr. Motasem	Strategy	Define marketing objectives, positioning, tone of voice, key messaging	March 4–5
Miss Marehan	Tactics	Choose suitable digital channels, plan content categories, posting schedule	March 6–7
Ahmed Hossam	Execution	Set up social platforms, content design, publishing, video editing	March 8–31
Mr. Gerges	Control	Track performance, adjust ads, report analytics	March 15, 22, 29, April 1





Team Roles & Responsibilities





Platform Setup & Optimization

Platforms to be Created & Optimized:

Facebook Page (Business category: Health Food / Food Delivery)

Instagram Business Account

TikTok Business Account

Google Business Profile (for local search visibility)

Optimization Checklist:

Professional profile and cover photos (logo, banner)

SEO-optimized bios with relevant keywords

Unified contact info and branding

Use of Linktree for centralized links

Branded hashtag: #NutriBoxEG



Content Plan Execution

Responsible: Ahmed Hossam (Content), with guidance from Miss Marehan

Timeline: March 11–31

Content Objectives:

- Educate and entertain the audience on healthy eating
- Showcase meal quality, preparation process, and customer experiences
- Build trust and familiarity with the brand

Weekly Publishing Schedule:

Sunday Reel Behind the scenes: meal prep, kitchen activity

Monday Carousel Post Meal plan tips, transformations, testimonials

Wednesday Static Post Nutritional facts, ingredient spotlight

Friday Reel Customer review, unboxing, fun health challenge

Saturday Story Campaign Polls, questions, “this or that” food options

Tools Used:

- Canva (design)
- CapCut or InShot (video editing)
- ChatGPT (caption & hook writing)



Ad Campaign Plan

Ad Launch Window: March 31– April 4

Targeting:

- Age: 18–45
- Location: [new cairo , zayed city , madnit nasr]
- Interests: Fitness, health, meal planning, gym, diet
- Language: Arabic (with casual Egyptian dialect)

Objectives:

- Page Likes (Facebook)
- Reel Engagement (Instagram + TikTok)
- Story Views & Link Clicks (later stage)

A/B Testing:

- Two ad variations: 1 emotional (health/lifestyle), 1 promotional (offer/meal photo)
- Monitor CPM, CTR, and engagement levels weekly





Monitoring & Control

Control Dates:

March 15: Initial insights and ad performance

March 22: Mid-campaign adjustments

March 29: Final week boost strategy

April 1: Campaign report and team review

KPI Dashboard:

Reach & Impressions

Reach = 16377 , reaction 1408

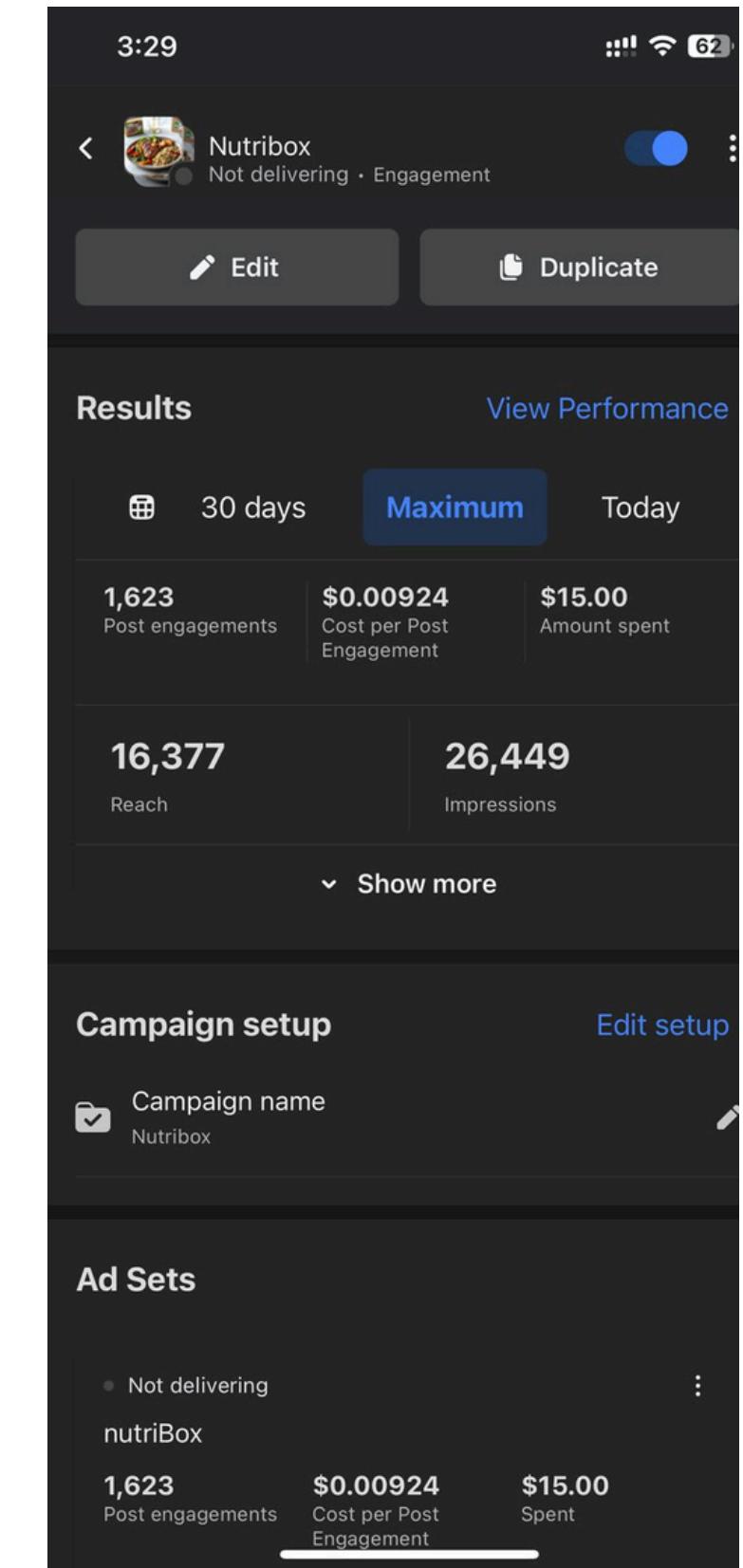
Engagement (likes, comments, shares)

Comments = 2 , share 5 ,clicks = 2

Follower growth

Click-through rate (if links are used)

Cost per result (CPR) = 0.01\$





Set the suitable metrics to monitor your actions

FACEBOOK PAGE	NutriBox
Metric	Description
Reach	16.5K
Engagement Rate	1.7K
Followers	155
views	27.5K





Key Performance Indicators (KPIs)

KPI	Current (April)	Target (Next 3 Months)	Status
Followers (Facebook)	153	300	🚧 Growing
Reach	16,500	+10% monthly	✓ Good
Views (All content)	27,500	Double by June	艴 In Progress
Engagements	1700	+30%	⌚ Moderate

Section 2: Defined KPIs (Key Performance Indicators)

KPI	Time Frame	Goal Description
Increase in page followers	Monthly	Gain +14 followers in 30 days
Average engagement per post	Weekly	Achieve minimum 10 interactions per post
Leads generated via social	Campaign-based	Generate 50 form submissions from campaigns
Website traffic from Facebook	Monthly	27.4K



Section 3: Social Media Reports

Content Breakdown:

"From our insights, we see that our content mix includes Reels, static images, and Stories. Here's what the data tells us:"

Reels:

"Our video content, especially the reels, is really making waves. For instance, our 'Healthy Snack – Oats with Banana' Reel hit 9.5K views! That's a clear signal: dynamic, short-form videos drive high engagement."

Static Images:

"Static posts, like our product showcases and educational graphics, are essential. However, they don't generate as much buzz as our reels. This tells us that while they maintain brand consistency, we could boost their performance by integrating more interactive elements."

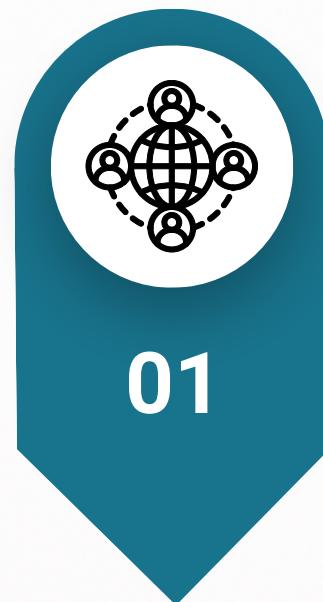


Conclusion & Actionable Insights:
"So, what's the takeaway?"

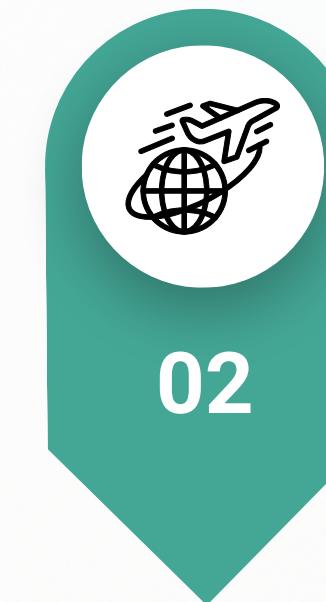
Our reports confirm that while we're getting great reach and viewer numbers, our next step is to convert these impressions into lasting engagement

especially by ramping up our dynamic video content and filling in the gaps with more interactive Stories."

Recommendations



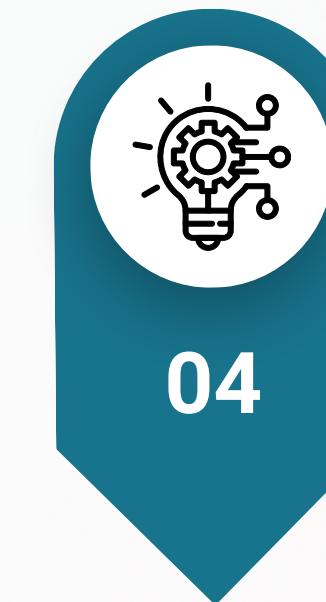
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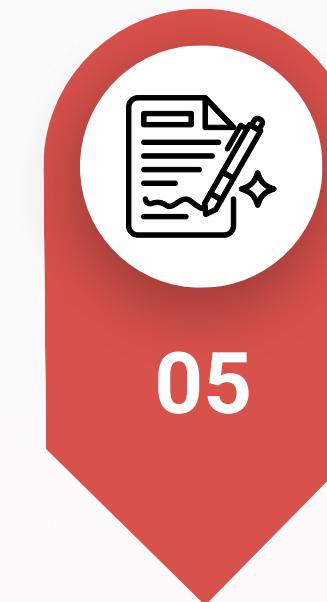
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03



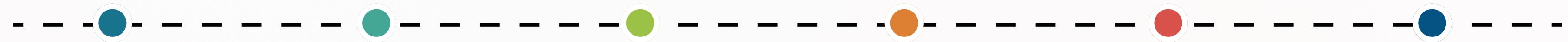
04



05



06



Use CTAs effectively: Add "Follow us for more" on every post

Office/Remote Tour Focus on Reels: Post 3 reels per week

Content Variety: Mix behind-the-scenes, testimonials, nutrition tips

Boost Stories: Daily stories with polls/questions

Try Paid Ads: Target nutrition and health audiences

Track Weekly: Analyze Insights and adjust accordingly

business.facebook.com/latest/insights/overview?asset_id=551647658036096&audience_tab=demographics

كل الإشارات

فيسبوك

الرؤى

يمكنك مراجعة نتائج الأداء وغير ذلك الكثير.

من ٥ أبريل ٢٠٢٢ إلى ١٥ مارس ٢٠٢٢

الوصول

الوصول على فيسبوك ١٦,٠٠٠ ألف ↑ ١٠,٠ ألف%

من المتابعين ٣٣ ↓ ٦٦,٥%

من غير المتابعين ١٦,٤٩٩ ↑ ١٥,٨ ألف%

المشاهدات

المشاهدات ٤٧,٧٧٧ ألف ↑ ٩٧,٠%

من المتابعين ٣٠ ↓ ٩٦,٠%

من غير المتابعين ٩٦,٠ ↑ ٩٨,٠%

نظرة عامة

الخطة

النتائج

الجمهور

المراسلات

قياس الأداء

المحتوى

نظرة عامة

المحتوى

الأرباح

عرض المحتوى بالكامل

أحدث محتوى



الاجمالي: 2025/04/07 - 2022/03/08

فيسبوك

تصدير

جمهور

ير ذلك الكثير.

الاتجاهات
الجمهور المحتمل

المعلومات الديموغرافية

المتابعون

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العمر والجنس

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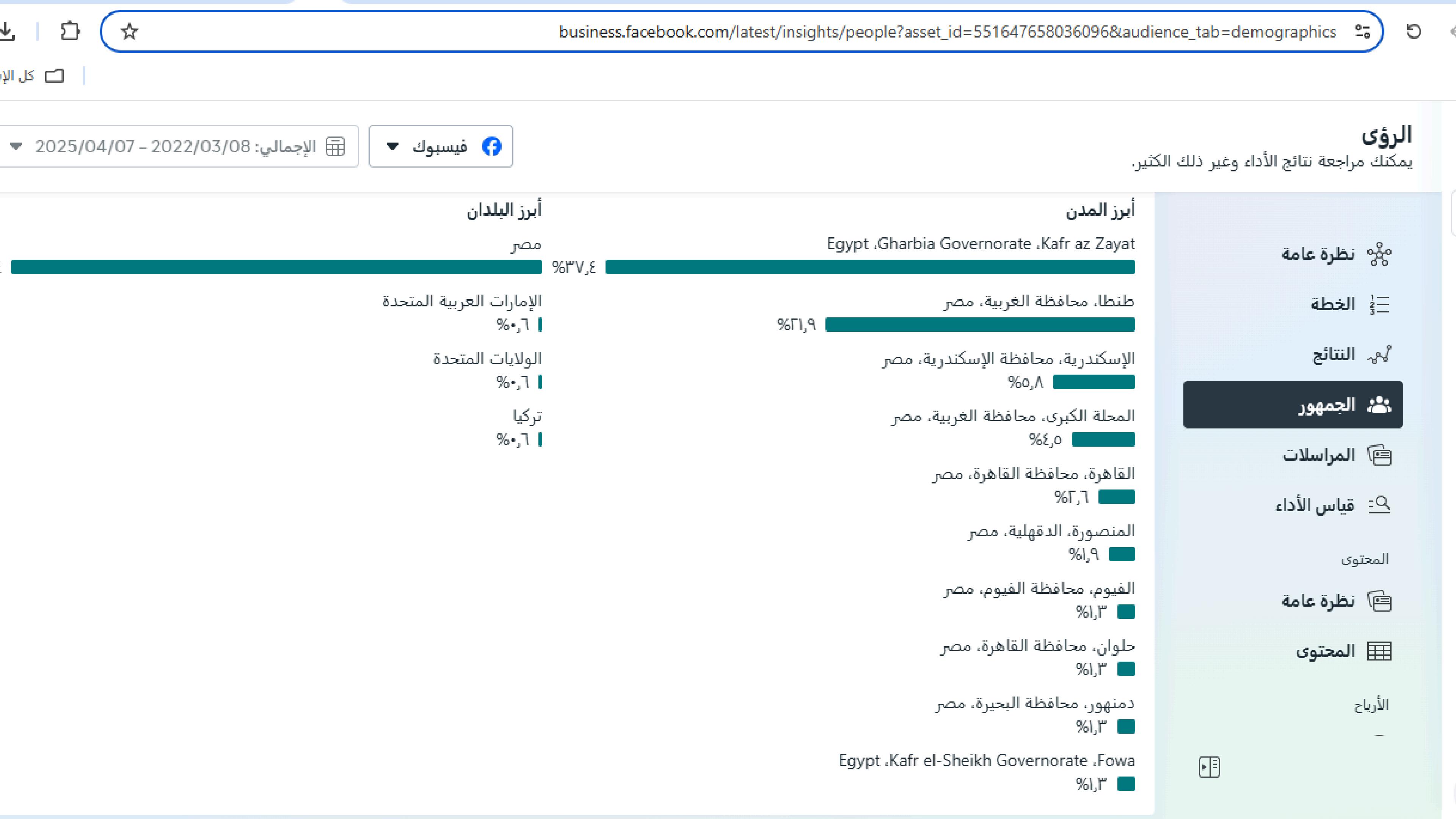
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Contact Us

We want to hear from you



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OnLine





NutriBox

Thank You

