



The Children's Reflexology Programme



empowWEring

parents through reflexology

Additional Needs Reflexology Courses

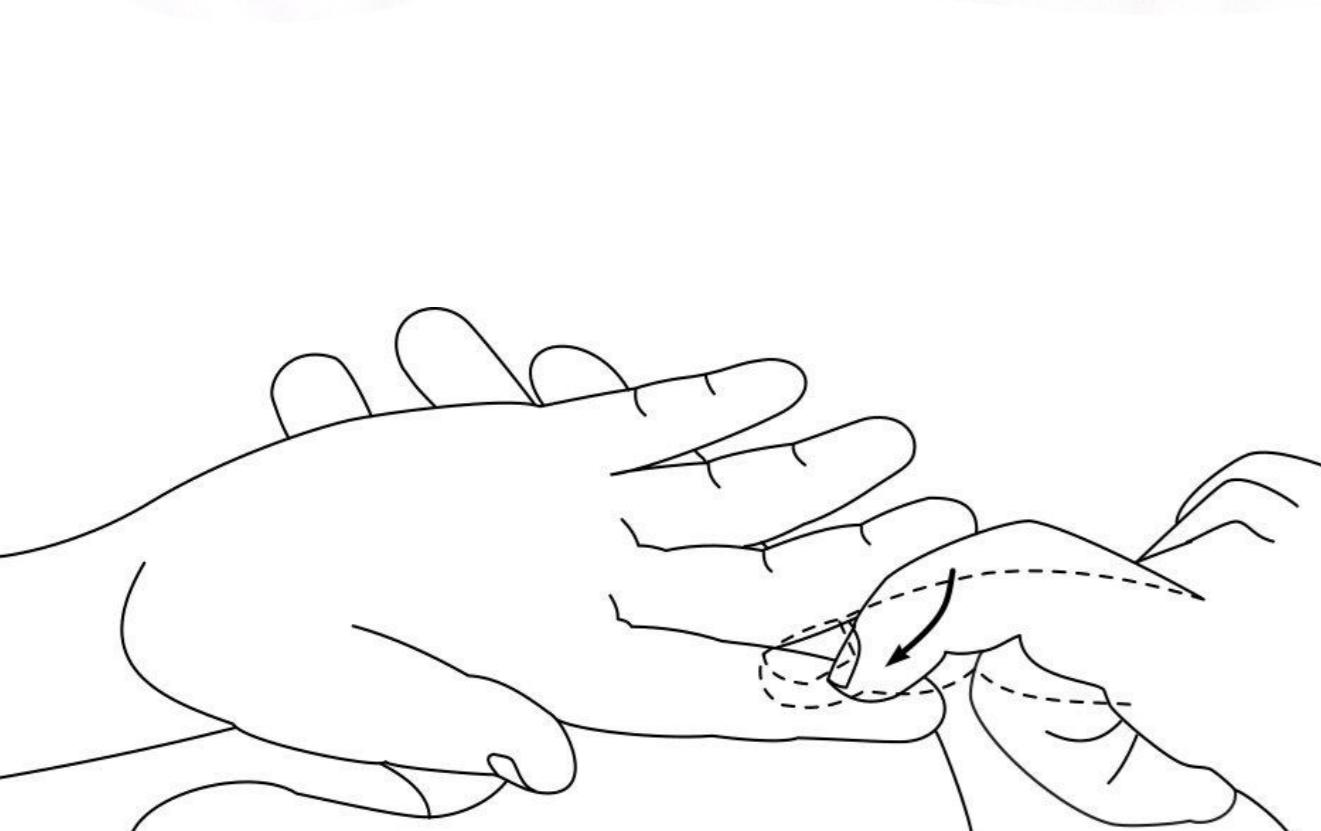
Would you like to learn a new way to help you and your child through times of illness and distress?

Come and learn reflexology techniques specially designed for you and your child, whatever their age. An empowering course for parents that combines positive bonding with the healing qualities of reflexology, delivered by a qualified, experienced Children's Reflexology Programme Additional Needs Instructor

The Children's Reflexology Programme is a fun course of six one-hour sessions, spread over six weeks. It empowers parents and carers to be able to offer their children a reflexology treatment at home at any time of the day or night, from someone they love and feel safe with.

This innovative programme uses rhyme, story telling and beautiful illustrations to engage both you and your child, making it easy to learn and remember the techniques presented. The course is given over several sessions spread across several weeks, and includes comprehensive course notes, a beautiful certificate and a copy of the delightful children's book *The Mouse's House*.

Help Mouse's friends to make her a cosy nest...



...and learn to give your child reflexology!

