



Come and learn simple techniques to support your baby and transform your life!



Supporting families through:

Teething
Colic
Reflux
Allergies
Constipation
Digestive Disorders

Ear Ache
Tantrums
Anxiety
Coughs and Colds
Newborns
Immunisations



Love my
Mouse stories
and
Reflexology



Kids Reflex - helping families get a good nights sleep!



Please contact me now to book or to find out more.

Places are limited but there are new courses starting all the time.

You can even arrange to host a course yourself for you and your friends if you prefer.

