



The Children's Reflexology Programme



empowWEring
parents through reflexology

Infant Reflexology Courses

Would you like to learn a new way to help you and your child through times of illness and distress?

Come and learn reflexology techniques specially designed for you and your baby. An empowering course for parents that combines positive bonding with the healing qualities of reflexology, delivered by a qualified, experienced Children's Reflexology Programme Instructor

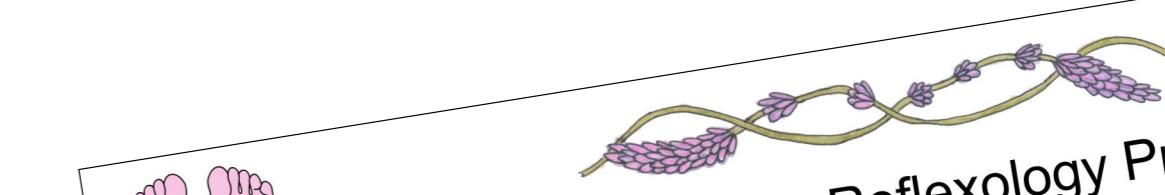
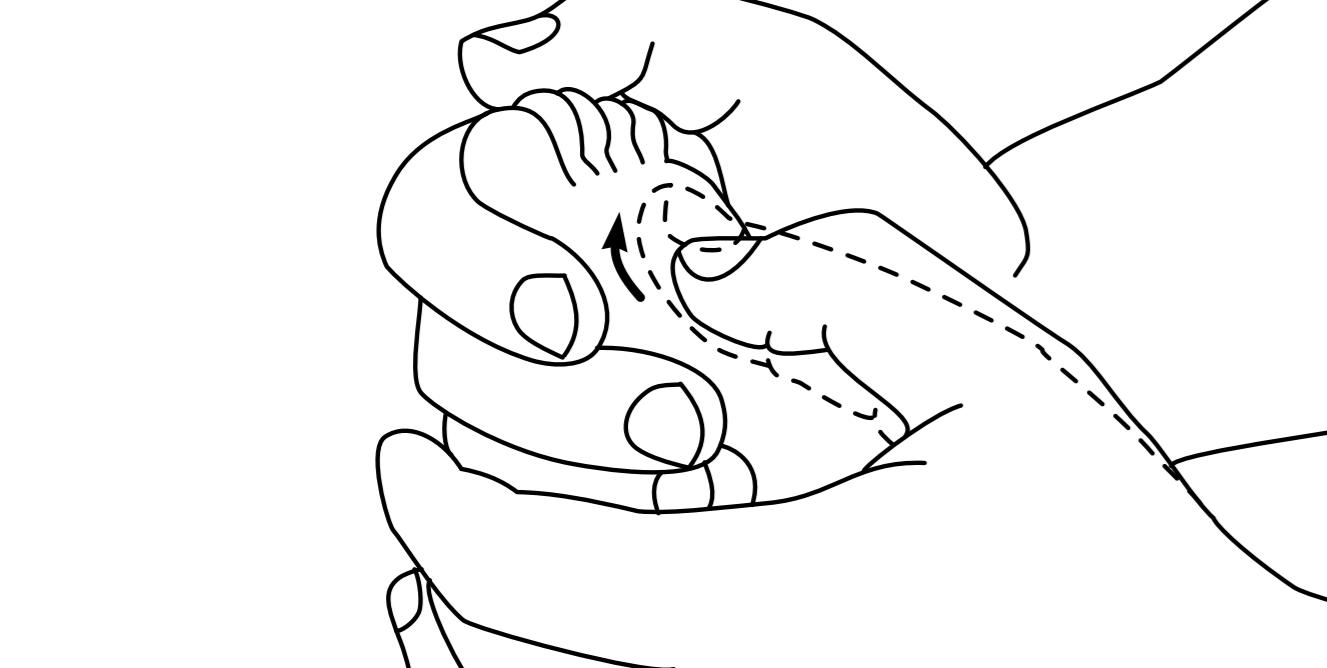
The Children's Reflexology Programme is a fun course of six one-hour sessions, spread over six weeks. It empowers parents and carers to be able to offer their children a reflexology treatment at home at any time of the day or night, from someone they love and feel safe with.

This innovative programme uses rhyme, story telling and beautiful illustrations to engage both you and your child, making it easy to learn and remember the techniques presented. The course is given in six informal, one hour sessions spread across six weeks, costing from just £10 each, and includes comprehensive course notes, a beautiful certificate and a copy of the delightful children's book *The Mouse's House*.

Courses are available with material specially for:

- Newborn to Pre-crawlers
- Crawlers
- Toddlers
- Pre-schoolers
- Mums of school children
- Dads groups
- Grandparent groups
- Pre-Natal - a special short course for mums in their last trimester.

Help Mouse's friends to make her a cosy nest...



...and learn to give your child reflexology!

