



Would you like to learn how to help you and your child through times of illness and distress?

Reflexology for Additional Needs Course For parents and carers



Come and learn reflexology techniques specially designed for you and your child by a fully qualified, experienced reflexologist and author of the successful children's reflexology book, ***The Mouse's House***. An empowering course for parents, carers and children that combines positive bonding with the healing qualities of reflexology, delivered by a fully qualified Instructor.



This innovative programme uses rhyme, story telling and beautiful illustrations to engage both you and your child, making it easy to learn and remember the techniques presented. The course is given over several short, informal sessions to suit your needs, and includes comprehensive course notes and a copy of *The Mouse's House*.



Courses are tailored for:

- Autistic spectrum disorders
- Anxiety
- Epilepsy
- Mental health issues
- Sensory impairment
- Neurological conditions
- Physical disability
- Plus other Additional needs



Please contact me now to book or to find out more.

Places are limited but there are new courses starting all the time.

You can even arrange to host a course yourself for you and your friends if you prefer.

