



# The Children's Reflexology Programme

## Infant Reflexology Course

## BOOKING FORM

Please fill in the form in as much detail as possible.

All information is held in strict confidence. This document will be destroyed at the end of your course.

### Course details

Title:	<input type="text"/>	
Location	<input type="text"/>	Starting <input type="text" value="DD/MM/YY"/>

### Your details

Name	<input type="text"/>
Address	<input type="text"/>
Telephone	<input type="text"/>
email	<input type="text"/>
Please pay at time of booking to secure your place.	
<input type="checkbox"/> PayPal	<input type="checkbox"/> BACS
<input type="checkbox"/> Please tick this box if you are happy for photos or quotes to be used in publicity	

### Child's details

Name	<input type="text"/>		
Age	<input type="text"/>	Sex	<input type="text"/>
Emergency contact name and number			
<input type="text"/>			
Date of any recent immunisations			
<input type="text" value="DD/MM/YY"/>			
Allergies			
<input type="text"/>			
Conditions e.g. colic, constipation etc			
<input type="text"/>			

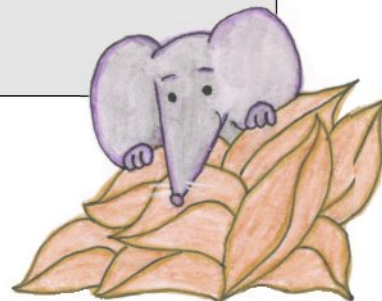
Any further relevant information about you, your child, your labour, etc:

*I confirm that I have read and understood the advice and agreement overleaf.*

Signed

Date

Please return to:





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## General advice

Reflexology is a gentle, relaxing, bonding activity. Never rush or force anything. Do not practice if you feel stressed or tense. Always ensure that you feel safe, secure and confident in what you are doing. Never do anything that you and your baby or child are not comfortable with.



Reflexology is not a substitute for medical attention. If your baby is crying excessively and cannot be comforted, he/she may be ill. If your baby is limp, pale, has a temperature, or any difficulties breathing. Please seek appropriate medical help if you have any concerns about your child.

After reflexology encourage your child to drink water throughout the rest of the day. Some children may become active or sleepy after their treatment, their appetite may increase or decrease, they may need to go to the toilet more frequently than usual. Sometimes children can express increased emotions which can last for a few days. All of this is normal and will pass.

## Agreement



By signing up for this course you are agreeing to the following:

- You have read the general advice above and will follow it.
- You take full responsibility for yourself and your child, and for everything that happens to you and your child in relation to the course.
- If you have any doubts you will seek the advice of a medical professional before proceeding with classes.
- You will disclose any information regarding your own and your child's health relevant to the class.
- You will keep the course tutor informed of any health issues that arise during the course, for both you and your child.
- You will not attend any class if you or your child are ill or there are any signs of sickness in the family.
- Payment must be made at the time of booking.
- Places are subject to availability. In the unlikely event that we cannot find a suitable place we will refund the course fee in full.
- Refunds are not given once the course has started. Credits for future bookings may be given at our discretion.
- Cancellation by you must be made more than one week before the course starts or we will be unable to refund your money.
- Cancellation by us is unlikely but will entitle you to a full refund for any outstanding classes.
- We cannot provide refunds for missed classes but we may be able to find a place for you in the same class on another course.
- Safety is always our first concern but we will not be liable for any loss, damage or injury that may occur while attending the classes.
- You are responsible for all applications of reflexology outside the classes both now and in the future.
- The materials provided are for use only by people who have successfully completed the relevant course and may not be copied for any reason.

