

# The Children's Reflexology Programme



empowWEring

parents through reflexology

## Additional Needs Reflexology Courses

**Would you like to learn a new way to help you and your child through times of illness and distress?**

Come and learn reflexology techniques specially designed for you and your child, whatever their age.

An empowering course for parents that combines positive bonding with the healing qualities of reflexology, delivered by a qualified, experienced Children's Reflexology Programme Additional Needs Instructor.

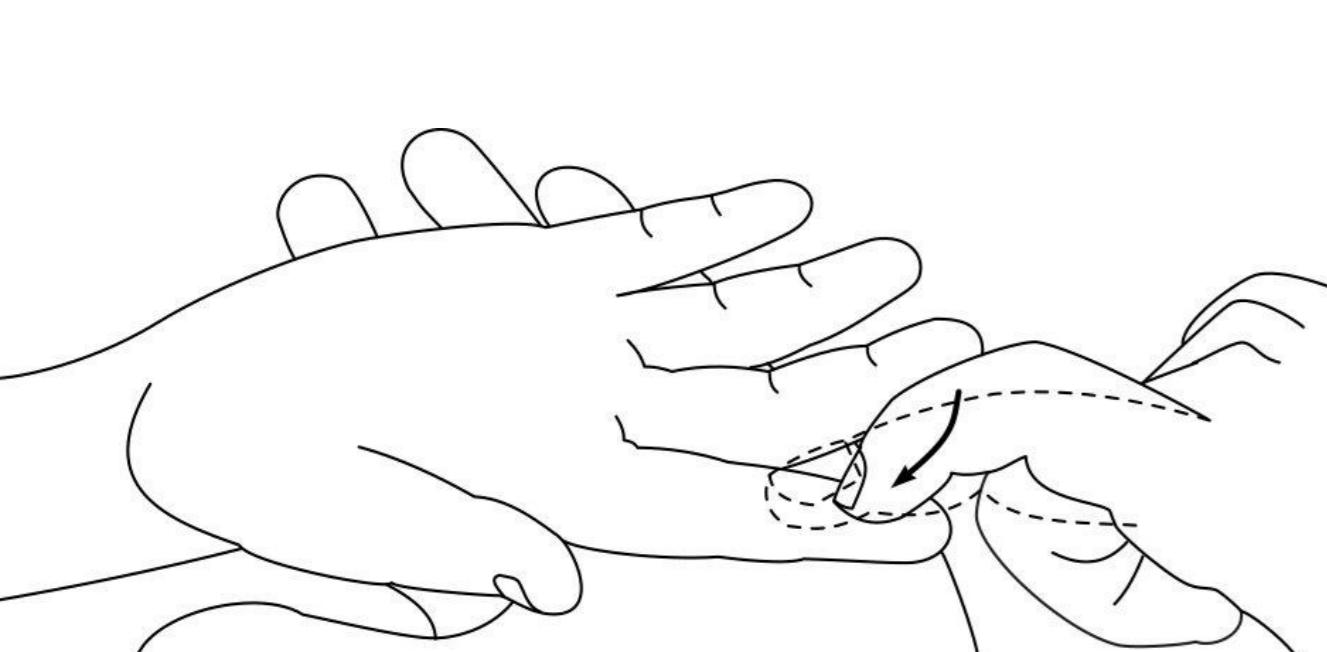
The Children's Reflexology Programme is a fun course for parents and children. It empowers parents and carers to be able to offer their children a reflexology treatment at home at any time of the day or night, from someone they love and feel safe with.

This innovative programme uses rhyme, story telling and beautiful illustrations to

engage both you and your child, making it easy to learn and remember the techniques presented.

The course can be delivered over several sessions weekly or as a single workshop and includes comprehensive course notes, a beautiful certificate and a copy of one of the delightful story books from *The Children's Reflexology Programme* series.

**Help Mouse's friends to make her a cosy nest...**



**...and learn to give your child reflexology!**

