

BDI®-II
Beck Depression Inventory®-II
Interpretive Report
Aaron T. Beck

Name: Susie Sunshine

Age: 30
Gender: Female
Date Assessed: 05/11/2017



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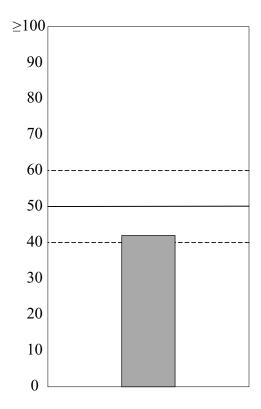
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ASSESSMENT RESULTS

The following graph and table presents the client's T score, which is based on the norm for a non-clinical sample. This information may be useful in estimating the severity of the client's symptoms relative to this group. T scores of 50 are average for the group (standard deviation = 10 T score points).



Raw Score: 0

T Score (Plotted): 42

Percentile Rank: 21.8

Diagnostic Range: Minimal

INTERPRETATION

Susie Sunshine denies suicide ideation by endorsing the following BDI-II statement:

• I don't have any thoughts of killing myself.

Additionally, she endorses the zero-point statement for all BDI-II items. Raw scores of zero for the patient presenting for treatment should be viewed with skepticism, especially if the patient also has a current or past alcohol or drug abuse problem because she may be in denial. Anger can then be assessed as a point of entry to gaining the patient's cooperation in the process of therapy, especially if she was referred involuntarily.

For a statistically significant* change to have occurred, the patient's subsequent BDI-II score must be above 5.

*90% confidence level, controlling for regression to the mean and the reliability of the test.

ENDORSED ITEMS

Susie Sunshine endorses the following statements on the BDI-II:

Minimal

- 1. I do not feel sad.
- 2. I am not discouraged about my future.
- 3. I do not feel like a failure.
- 4. I get as much pleasure as I ever did from the things I enjoy.
- 5. I don't feel particularly guilty.
- 6. I don't feel I am being punished.
- 7. I feel the same about myself as ever.
- 8. I don't criticize or blame myself more than usual.
- 9. I don't have any thoughts of killing myself.
- 10. I don't cry anymore than I used to.
- 11. I am no more restless or wound up than usual.
- 12. I have not lost interest in other people or activities.
- 13. I make decisions about as well as ever.
- 14. I do not feel I am worthless.
- 15. I have as much energy as ever.
- 16. I have not experienced any changes in my sleeping pattern.
- 17. I am no more irritable than usual.
- 18. I have not experienced any change in my appetite.
- 19. I can concentrate as well as ever.
- 20. I am no more tired or fatigued than usual.
- 21. I have not noticed any recent change in my interest in sex.

End of Report

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ITEM RESPONSES

4: 0 5: 0 6: 0 7: 0 8: 0 1: 0 2: 0 3: 0 9: 0 10: 0 13: 0 15: 0 16: 0 17: 0 18: 0 19: 0 11: 0 12: 0 14: 0 20: 0

21: 0