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Title: 2019 Recap, 2020 Goals

Date: 2019-2-11

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2019 was a great year for me, however I didn't say specific goals out loud, so I have nothing to share for last year.

Some things I accomplished:

* Supported my wife leaving her job
* Trail supported my wife as she hiked across Colorado.
* Read 52 books
* Worked with friends to make poop bets.com

Something's I would like to accomplish in 2020

* Meditate 180 days
* Publish 12 blog posts
* Read 12 books
* Build 1 online product, could be free or paid