



Tue-Friday: 11-6pm (marketplace)+ 11-2pm (kitchen)
Saturday: 10-8pm
Sunday: 11-4pm
2085 Vine St, Berkeley, CA 94709 / missionheirloom.com

At Mission:Heirloom our products are 100% made from scratch. We source non-gmo, organic ingredients and we believe in head-to-tail and farm-to-table. Our kitchen is dedicated gluten + grain-free and our food is free of legumes, alliums and vinegars. Believe it or not, what you see is what you get- we list every ingredient.

BREAKFAST

Eggs and Scone 6.5

Egg
two 63° degree eggs
Scone
almonds, butter, eggs, olives, arrowroot, coconut sugar, swarnadwipa, sea salt
Sauce
dandelion, truffles, olive oil, meyer lemon, sea salt

Granola 8

Keep It Real Granola
flax seeds, pumpkin seeds, sunflower seeds, sesame seeds, almonds, honey, coconut oil, dried apples, coconut, vanilla, cinnamon, salt
+ strauss milk, mulberries, fuji apples

Ask about today's specials!

BOWLS

Chicken Three Ways AIP 15

Hash
Brussels sprouts, gizzard
Mousse
liver, sweet potato, apple
Chicharrón
crispy skin
+ beet purée, olive oil, lemon, sea salt

Meatballs Nomato AIP 15

Meatball
beef, thyme, rosemary, sage
Nomato Sauce
beef broth, red beets, carrots, tallow, basil, sage, tarragon, thyme, oregano
Veggie
yellow carrot, pea tendril, chickweed, mustard greens, kale chips
+ olive oil, lemon, sea salt

Octopus Confit AIP 16

Confit
octopus, tallow
Purée
carrots, smoked sea salt
Veggie
romanesco + sunchokes
+ dandelion, truffles, olive oil, meyer lemon, sea salt

Chicken Soup AIP 14

+ chicken, carrot, celery, parsley, lemongrass, lavender, sea salt

Taco Salad 14

Ground Beef
ancho, guajillo, aji amarillo, chipotle chilies
tomato skin, paprika, thyme, coriander
Slaw
cabbage, lime, mint
Purée
avocado, olive oil, lime
+ fermented radish, yucan crumbs, cilantro, sea salt

Shepherd's Pie 16

Silk Road Lamb
sweet potato, broccoli, sesame, turmeric, cinnamon, sumac, thyme, cardamom, cumin
Purée
cauliflower
+ yucan crumbs, sea salt

Cauliflower Three Ways VEGAN 14

Mince
coconut purée
Curry
coconut oil, curry, mint
Purée
spinach, olive oil
+ kale chips, pumpkin seeds, mulberries, sea salt

Sides

63° Degree Egg 2
sous-vide in the shell for over an hour
delightful creamy texture

Heirloom Wild Rice 2



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COFFEE

Intelligentsia Organic Coffee

Drip 2.75
Espresso 2.75
Americano 2.75
Macchiato 3.25
Cappuccino 3.5 / raw milk 6
Latte 4 / raw milk 6.75
Raw Milk 3.25
Bulletproof 6.5
bulletproof beans, strauss butter, brain octane
+ extra brain octane 1
+ vanilla 1

TEA

Organic Tea by Samovar

Velvet Cacao 6
PU-ERH
cocoa shells, yerbe mate, roasted dandelion root, coconut flakes, vanilla bean

Nishi Sencha 8
GREEN

Shibumi Matcha 4
GREEN

Turmeric Orange 6
HERBAL
ginger, orange peel, licorice, turmeric, lemongrass, lemon

Spearmint Sage 6
HERBAL

TONIC

Turmeric Spice 6
turmeric, lemon, ginger, honey
(AIP)

Crisp Hibiscus 6
hibiscus, grapes, manzanita berry, star anise, cinnamon

BAKERY

Apple Chocolate Cake 6

apples, coconut flour, eggs, cacao powder, vanilla bean, honey, chia, coconut oil, lemon, baking soda, sea salt
(NUT + DAIRY FREE)

Lemon Lavender Cake 3.5

coconut flour, eggs, honey, coconut oil, lemon, lavender, cinnamon, vanilla bean, baking soda, sea salt
(NUT + DAIRY FREE)

Banana Bread 6.5

banana, flax seed, lotus root, eggs, walnuts, coconut sugar, coconut oil, baking soda, vanilla bean, sea salt
(DAIRY FREE)

Chocolate Chip Cookie 2.5

almonds, eggs, coconut sugar, coconut oil, chocolate chips, baking soda, vanilla bean, honey, sea salt
(DAIRY FREE)

Scones 2.5

SWEET: almonds, eggs, coconut flour, coconut oil, coconut milk, raisin, honey, lemon, baking soda, sea salt
(DAIRY FREE)

SAVORY: almonds, butter, eggs, olives, arrowroot, coconut sugar, swarnadwipa, sea salt

DESSERT

PacoJet Trio 6

a creamy micro-puree aerated with a PacoJet
persimmon, pomegranate, logan peach- one scoop of each
(NUT + DAIRY FREE, AIP)

Black Forest Decadence 12

apple chocolate cake with creamy fruit micro-puree
nasturtium, mulberry, pumpkin seeds
(NUT + DAIRY FREE)