

Metamagical Musings

Magic follows mystery

© El Mago Bueno

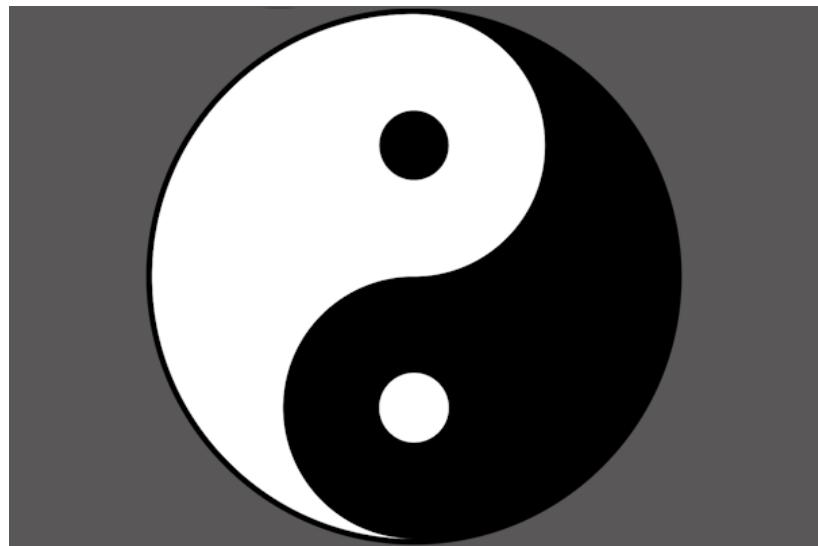


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Rapport

MisterY returns as El Mago Bueno

2024.02.05 TOC

Yes, that was the name. I was Gandalf.—Mithrandir

I was [Citizen Doctor](#), then [MisterY](#). I return for my final [incarnation](#) as El Mago Bueno, completing the sequence from scientist/engineer/metaphysician to mystic to mago. I take for granted that you've read my past writings which provide context for this incarnation.

In the Spanish language *mago/maga* translates to *magician* or *wizard*. Here in Spain, parades were held throughout the country a few weeks ago on the sixth of January in honor of The Magi Kings, known elsewhere as The Three Wise Men:



Cabalgata de Reyes Magos: Melchior, Gaspar and Balthazar with their gifts of gold, frankincense and myrrh

The event is tremendously popular, attracting huge crowds. People call out the names of the kings as they pass by, honoring them. Candies are handed out to children, symbolizing the gifts offered by the Magi. The Spanish people understand the spiritual significance of this ritual. The three kings held worldly power and were learned in the magical arts yet used their power and wisdom in service. They were of different ages and cultures but they were spiritual kindred.

As Citizen Doctor, I republished the story of [The Other Wise Man](#) because it distilled for me the archetype that the Three Magi embodied. Originally published in 1895, I found it by “chance” while roaming my university library eight decades later; it set the tone for the remainder of my life. Perhaps it was my love of the story that put me on a timeline to meet the spirit of Melchior another two decades later, on the occasion of the story’s centennial anniversary.

As MisterY, I had already sensed the myst clearing enough to reveal the next stage of my journey: [Magic follows mystery](#). Spirit had given me a sign in the form of a Spanish translation of *The Wizard of Oz*, spotted at a book fair:



El Mago de Oz

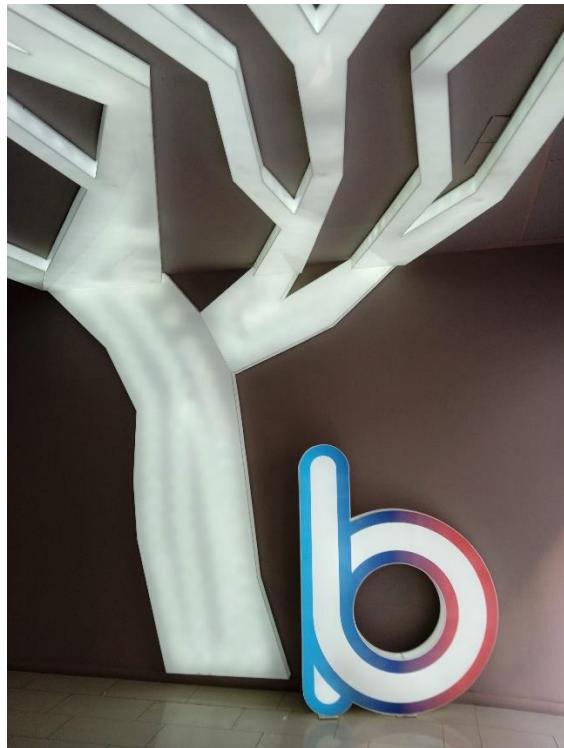
I signalled to Spirit that future signs using this symbology would initiate a final incarnation.

Months passed until one day, I had an appointment with a healer. When I walked into his shared office, I saw this sign:



Perfecto! In past writings I have put much emphasis on *being* vs. *doing*; *being* must be emphasized in order to correct the imbalance toward *doing* prevalent in our world. I had always thought of magic as something one *does*. But of course, magic is not merely a technique, a formula, a recipe. Real magic is an expression of *being*.

In the office lobby was this giant illuminated fractal, folding onto the ceiling:

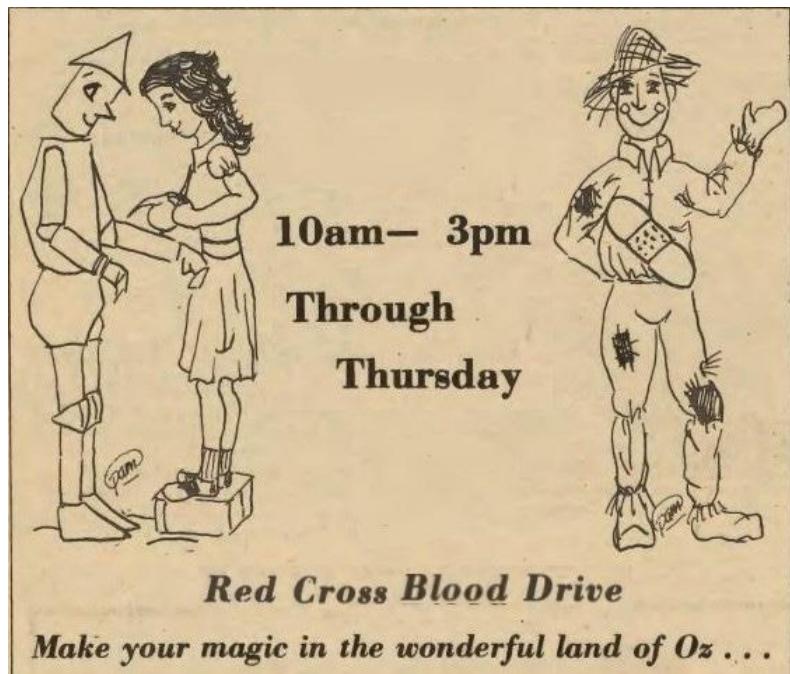


I interpreted the fractal tree as symbolic of [Fractal Sovereignty](#). The “b” logo proved to be a portent of what I would soon be focusing on: the dual pair of translation/rotation in the physics of the [Law of One](#) as an aspect of duality, a perennial interest of mine. And as if to reinforce these symbols, the healer worked wonders on my health condition.

What a powerful sign! But on matters of import, I always request two confirmations. More months passed until one day several weeks ago the electric power stopped for a few minutes — an unusual event where I live. When it resumed, the TV turned on by itself and on the screen was a Spanish-dubbed version of the 1939 film *The Wizard of Oz*, my favorite childhood film, based on a book filled with symbolism and written by a relative of a friend. The scene at that moment was Dorothy’s encounter with the Tin Man, an important sign in itself.



When I was a university student, I was asked to participate in a promotional event at a Red Cross Blood Drive. The theme was *The Wizard of Oz*, and I was in costume as the Tin Man.



Make your magic — promotion in my student newspaper

It was expected that Margaret Hamilton, who played the Wicked Witch of the West in the film, would make an appearance — she lived nearby — but unfortunately, she could not make it due to illness. Nevertheless, she sent her best wishes and this picture for my student newspaper:



The Wicked Witch of the West casts a spell on Dorothy through her crystal ball.

I took the Tin Man's quest for a heart to be a vital part of the sign. In those days I was immersed in engineering courses — something like the Tin Man who was an engineer of sorts: he used his axe to build a raft (in the book). But finding *The Other Wise Man* at about the same time made me aware how out of balance I had become through immersion in mental pursuits. Since then, I have sought balance.

The second confirmation appeared three days later when I was involved in a forum discussion about *balancing the heart* when my correspondent mentioned Glinda, the Good Witch of the North, as an exemplar of such balance. I had already been thinking about Glinda myself since the TV incident; for the first time, I had noticed how well she guided Dorothy on her journey by providing wise counsel and occasional assistance, leading her to discover her own power and wisdom.



You've always had the power — Glinda

And so I have chosen *El Mago Bueno* to be my persona for my final incarnation in homage to Glinda (symbolic of Maryam) and Gandalf (symbolic of Merlin), and with gratitude to John who guided me to Spain.

Rapport

Concurrent with the triplet of signs that initiated this third incarnation were many other signs which have been appearing almost daily since the beginning of this year, 2024. Some appeared in dreams but most appeared in the “real” world which has itself become dreamlike. Besides the practical benefits of such communication with Spirit in terms of guidance, more important has been a growing feeling of rapport with the material world to match the rapport I’ve felt with the spirit world all my life. When the “objective” material environment is regarded as *being*, everything feels alive. The Spirit of the Universe, the source of that aliveness, is not “out there somewhere” but immediately present, here and now, within and all around. It seeks rapport with us, but requires us to voluntarily initiate contact by means of gestures offered in faith. Spirit will not impose; our sovereignty is paramount.

I have always been moved by the words of *The 23rd Psalm* and *Amazing Grace*, but for much of my life I did not understand why I resonated with them and what could have inspired such words. Perhaps they are merely poetic expressions of humanity's desire or need for a benevolent authority figure? No, they are a response to the realization that one is unconditionally loved and supported, and always has been:

8.1: Consider, if you will, the path your life-experience complex has taken. Consider the coincidences and odd circumstances by which one thing flowed to the next. Consider this well. Each entity will receive the opportunity that each needs. — Ra

Even greater magic awaits for those who journey beyond gratitude, praise and faith into *rapport*, a precursor of the experience of *oneness*, and the doorway to co-creation. Rapport is powered by a feeling, and that feeling is love. The power needed for rapport is not available to those whose feelings are blocked, suppressed, distorted, or even disowned. For most, much **inner work** is needed to free and purify them. They were denied in the first place because they were painful. The hardest part of inner work is summoning the courage to bear pain.

Now I know I've got a heart, because it's breaking. — Tin Man

I see you

A most meaningful sign came in an unexpected form in early December. My wife and I were walking along an embankment by the Mediterranean Sea, navigating our way among a crowd of tourists and vendors with their wares spread out on sheets on the ground. Something made me suddenly turn to my right and look down onto a sheet covered with women's accessories. At first, I didn't understand what I was seeing, but then I noticed a colorful bird walking among and on the goods. It was evading a long rod held by an older man who, I gradually realized, was trying to entice his pet to hop onto to it. After the bird had had its fun, it returned to the man who set it on his shoulder. Although I didn't understand the meaning of this event at the time, I took this photograph because I *felt* that Spirit was speaking:



A few hours later I was scrolling through my Twitter feed and found myself watching a [video](#) of a bird that looked exactly like the one I had just seen, a species unfamiliar to me — I do not remember ever having noticed one before.



Click [here](#) or on the image above to watch on YouTube

It was a cockatiel popping out from under a newspaper and saying *peekaboo* as in the children's game. The version I played as a child was *peekaboo, I see you*. Now, on the surface of events, this may seem like a cute coincidence, or for some a mysterious synchronicity. But having spent decades attuning my consciousness to [Symbols and Patterns](#), I felt that this was the completion of a clear and direct message from Spirit: *I am under every paper, around every corner, in the sky, in the ocean, on the land*. And most importantly, *I see you*, in the sense that phrase is used in the film [Avatar](#):



Click [here](#) or on the image above to watch on YouTube

Then the words of the song *To Eden* by Tony & Jenn Hooper then came to me:

*Ever wonder why you're working?
Ever tire of your searching?
Oh, there's got to be a better way.
So you lift your hands up and pray.*

*Father, can you hear me?
I'm listening to you now.
I'm ready to trust you
to lead and guide me somehow.*

*The Creator of the Universe
concerns Himself with me.
He's passionately revealing his culture
of love and of peace.*

*Your yoke is easy,
your burden is light.
Help me to lean on you
the rest of my life.*

*To Eden, Eden.
Eden is the place of freedom.
To Eden, Eden.
Eden is the place of freedom.*



This [link](#) takes you to the time 4:40 in the *Back to Eden* video on YouTube, when the song begins. I mentioned this documentary in the [Back to Eden](#) chapter of *Fractal Sovereignty*. In it, Paul Gautschi describes his own rapport with Spirit; his mode of communication includes biblical verses and observations of the miracles of Nature.

The time is upon us when the veil will lift for all who wish to see. The Creator of the Universe is focused upon Gaia and offers rapport to its collective consciousness, of which each one of us is an integral part.

Crystal beings

Just a week ago, Blossom Goodchild [channeled](#) this message concerning crystals:

Crystals are of the Highest intelligence. They hold secrets of the Universe. They are attuned to that which is of the Highest Knowledge. They have POWER within them, which when understood and activated can lift your own personal Vibration way beyond that which you thought possible. Crystals are your friends. Many of you have your own and you charge their Energy with your Love. You feel they are charging yours. It is a two-way friendship.

I took this as an extension of the triplet of signs from Spirit because of Dorothy's magical ruby slippers, ruby being a red crystal. I also recalled that Gandalf bore a ruby ring, which empowered him to inspire the free people of Middle-earth to rise up against tyranny. Such power objects can amplify and focus one's inherent power.

I turned my attention toward my own [crystal](#) in Ukraine:



Previously, I had been connecting with it as if it were a tool like an axe. But in that moment I chose to regard it as a *being* and sought rapport with it. Immediately, my heart center opened and I felt a great surge of energy. Was it the crystal or me? I could not distinguish. The energy moved up into my visualization center where I perceived a world to come of love and light, peace and prosperity, a world we aim to co-create together as part of a network of crystalized beings. This is our task, to [traverse](#) to that locus of Creation, the bright day that will follow the black dawn that is upon us now.

Life is but a dream

I met my dear friend Marilee a quarter century ago when we were both volunteers at a healing event. She had a lovely energy so I introduced myself to her. *Hi, I'm John. Hi, I'm Marilee, like in the rhyme:*

*Row, row, row your boat
Gently down the stream.
Merrily, merrily, merrily, merrily,
Life is but a dream.*

She was and still is my angel. Late in the year before last, we exchanged our last email messages while I was sitting next to the Sea. She would be getting an “over the rainbow bridge” drug the next day in Oregon, having arrived there the week before after closing her affairs in the East, with help from her sisters on both ends. Her very last message, copied and pasted here, was simply: 

Our rapport is stronger than ever now that she dwells in the spirit realm. She reminds me of the rhyme and to keep a light heart during these troubled times. I can hear the rhyme in my mind in four-part harmony — other spirits have joined in. I hear Merlin saying: *Meet us in your heart. That is where we live... There is only one Heart.*

At the Precipice

2024.02.12 [TOC](#)

Warning signs in the sky

A few hours after finishing the previous chapter [Rapport](#), I ascended to the flat roof of my apartment building to take a walk. It is a great place to do so, with a panoramic view of the Mediterranean Sea and mountains in the distance. But when I looked up, instead of a view of clear blue sky from horizon to horizon so typical in this very dry climate, this is what I saw:



I've been paying attention to chemtrails for decades, but I had never seen a pattern quite like this before, as if the pilot (flying in the lower right of the photo) was intoxicated. Moreover, during the past two years that I have lived in southeastern Spain, I have only seen chemtrails a few times and typically only one straight trail or two parallel trails.

Then I noticed that there was a second plane doing the same thing. After a while, the two planes flew close to each other, moving in opposite directions. As they flew overhead, I could hear their jet engines roaring:



Later I noticed another pair of jets which had been spraying over the sea, coming toward me. They passed overhead through the area that had been sprayed by the first pair. They can be seen near the middle of the photo, which also shows how trails made about a half-hour earlier had already spread out to cover most of the sky:



I pulled out my smartphone and opened my Flightradar24 app to see if I could spot the jets:



All four jets were displayed on the map. I clicked on one of them and it showed a spaghetti-like flight path. Then I noticed a pair of helicopters to the west; they must have been part of the same operation, although I did not spot them in the sky:



When I first noticed chemtrails in the sky during the 1990's, I looked into them with concern. What I learned alarmed me: independent researchers purported that the planes were spraying toxic substances such as aluminum and possibly biological agents. For more details about aerial aerosol spraying and other geoengineering programs and the covert agendas behind them, I recommend consulting such sources as geoengineeringwatch.org. My intention now is to look deeper than the usual purported agendas such as depopulation and weather weaponization. I subscribe to the thesis that the deepest agenda at work is to block or retard the evolution of our planetary consciousness so that a small group of controllers can maintain their dominance indefinitely.

Humanity asleep at the wheel

What struck me most about the activity I observed in the sky was not merely the sudden escalation in local aerosol spraying; rather, the chaotic spraying pattern indicated that whoever is behind it is no longer making any effort to hide or disguise their activities. I seem to recall a time years ago when much spraying occurred at night so as not to attract attention, but no more. They have become more brazen than ever, but why? Perhaps they feel a sense of urgency and have thrown caution to the wind. Or perhaps they believe that by now the masses have been fully conditioned to accept such spectacles in the sky as normal. Indeed, as I was snapping photos on the roof a man reading a book while sitting in a lounge chair paid no heed to the disturbing event overhead. As I looked out over the city I wondered if anyone besides myself took any notice of what was happening.

Such ignorance and denial of reality is prevalent across the board. For example, far too many people are still in denial about what happened during the COVID operation of the past three-plus years, despite heroic efforts to awaken them to reality:



Kelly Victory MD

@DrKellyVictory

Follow

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I spend a lot of time trying to answer questions, post relevant research, share data and thoughtfully educate people about the whole COVID pandemic and vaccine debacle, and frankly, it can be exhausting. Recently, I've started to think that perhaps we've reached the proverbial "Well, I guess time will tell" phase of the disaster. Those who drank the Kool-Aid do not want to hear the truth, and those who saw the lies for what they were are tired of defending their actions to friends, family and colleagues. Time will tell who was right. #FactsNotFear #RightSideOfHistory

12:42 AM · Jan 31, 2024 · 37.4K Views



Edward Dowd

@DowdEdward · 7h

We are there unfortunately.

...

I agree with Edward Dowd that we are indeed “there.” We, as a society, are stuck. Therefore, a further wakeup call is in the cards in the form of another global lockdown, according to the Federation of Light as [channeled](#) by Blossom Goodchild:

THERE, ONCE AGAIN, SHALL BE A GREAT DIVIDE. There shall be those who believe that they must do as they are told ... Those that absolutely disagree with what they are told ... and ... Those who have no idea either way.

They are referring to the expected reaction of the world’s population to the next phase of the controller’s depopulation program, which they expect to occur this very year. From their perspective, a series of major shakeups will be necessary to awaken the deeply slumbering masses. We cannot stay stuck; the consequences are too great: technocratic tyranny looms ominously. The controllers have accelerated their agenda of total domination — leveraging many new technologies — hoping to complete it before humanity fully awakens.

But there is also a divine plan at work. Whatever move the controllers make will be met with a countermove; they cannot win if humanity makes the choice to evolve in response to the catalyst offered by them. Our species seems to require dire circumstances to spur it forward and the controllers are the spurs; they are incorporated into the divine plan, which accounts for all possibilities.

Wakeup call

I recently rewatched the 1951 film classic *The Day the Earth Stood Still* along with the 2008 remake. In the remake, a scientist pleads with an alien who intends to destroy human civilization because it poses an imminent threat to galactic civilization, given its violent propensities and having recently discovered nuclear power. The scientist argues that only when a species is on the verge of extinction does it summon the will to evolve:

Scientist: There must be alternatives. You must have some technology that could solve our problem.

Alien: Your problem is not technology. The problem is you. You lack the will to change.

Scientist: Then help us change.

Alien: I cannot change your nature. You treat the world as you treat each other.

Scientist: But every civilization reaches a crisis point eventually.

Alien: Most of them don't make it.

Scientist: Yours did. How?

Alien: Our sun was dying. We had to evolve in order to survive.

Scientist: So it was only when your world was threatened with destruction that you became what you are now.

Alien: Yes.

Scientist: Well, that's where we are. You say we're on the brink of destruction, and you're right. But it's only on the brink that people find the will to change. Only at the precipice do we evolve. This is our moment. Don't take it from us. We're close to an answer.



Only at the precipice do we evolve.

The scientist's plea persuades the alien, who then intervenes to stop the destruction of human society already underway.

Moves, countermoves

In our case, intervention originates in the spiritual realm, orchestrated by Divinity. I rely upon the Federation of Light, with whom I have a strong rapport, to understand better the divine plan as it unfolds in our time. As I have disclaimed before, information originating from them (or from *any* external source) should never be taken as gospel truth. Rather, reference the following recent statements by them against your own inner knowing:

January 7, 2024

IT HAS COME AROUND FOR LEGACIES TO BE FULFILLED. It was ordained in days long, long, ago, that at a certain crossroads, decisions would be made as to the way forward depending on the trail of the path behind! Which would dictate structures to be placed in order for corrective patterns to abound.

We have repeatedly said that there will be a great churning within your world ... we have never denied this ... and this year, particularly, we would certainly say 'Hold on to your hats!'

As much as things may appear to be completely 'out of order' ... remember that the Universe would have chosen the path that puts everything 'in order' ... once everything settles back down. And 'LIFE' WILL settle back down.

THE MADDER AND MORE UNBELIEVABLE THINGS MAY BECOME ... THE CLOSER YOU ARE TO THE ENDING OF THE WORLD YOU HAVE KNOWN AND THE BEGINNING OF THE NEW ONE COMING ABOUT.

And what is our role during such times? Simply to *be: be light that we are.*

NOTHING CAN REMOVE THE LIGHT THAT IS WITHIN YOU. NOTHING.

YOU ARE THE STRONGEST OF THE STRONG OTHERWISE YOU WOULD NOT BE HERE. HOW WONDERFUL IT WILL BE WHEN YOU WALK INTO THE HIGHER VIBRATION IN THE KNOWING IT WAS YOU ... EACH ONE OF YOU ... THAT MADE THE DELIGHT OF THE NEW GOLDEN AGE ... HAPPEN!

January 20, 2024

THERE IS SO MUCH TO BE GAINED FROM THE UPHEAVAL THAT IS TO BE PRESENTED. KEEP THAT AT THE FOREFRONT OF YOUR MIND. WHEN IT IS LEAST LOOKING LIKE IT IS ALL GOING WELL, IT IS THE TIME WHEN IT ACTUALLY IS!

THIS CLEANSING THAT IS TO COME WILL CHANGE EVERTHING. IT IS THE FIRST TIME EVER, THAT YOUR PLANET HAS THE OPPORTUNITY TO BE LIFTED INTO GLORY, ONCE AGAIN. THIS CAN ONLY HAPPEN BECAUSE OF EACH ONE OF YOU. COMING HERE TO DO JUST THAT ... CHANGE THE ENTIRE VIBRATION OF THE POPULATION.

WHAT IS TO COME ... WILL BRING SUCH A REALISATION OF WHAT HAS BEEN ... THAT THE STIRRING WITHIN THE HEARTS AND MINDS OF SOULS ON YOUR PLANET WILL BE SO POWERFUL ... SO UNITED ... THAT THERE IS NOTHING THAT WILL STOP EACH ONE FROM STANDING IN THEIR TRUTH.

January 27, 2024

THIS REVEAL IS METICULOUSLY PLANNED IN ORDER FOR THE HIGHEST OUTCOME TO SERVE THE WHOLE. THE HIGHEST OF INTELLIGENCE IS INVOLVED FROM BOTH ON AND OFF PLANET ... TAKE COMFORT IN THE FACT THAT THEY KNOW WHAT THEY ARE DOING ...

February 3, 2024

You see, Blossom ... no matter what it is that is to occur ... you are in place ... in a position to meet it head-on, and see your way through it. Each one of you equipped with tools to do so. The walls of fear are crumbling as Souls rise up and say 'No more'! This is not received gladly by those who 'thought they had it covered'. As strength from The Light Sources/Forces gathers, it is inevitable that the darker energies are falling at a fast rate. As their dominions crumble, so too, does their grip over all that they enslaved. The end days are here for them to endure and receive consequences. THIS YEAR THAT YOU HAVE RECENTLY ENTERED INTO, IS TO

BE ONE OF GREAT CHANGES WITHIN THE STRUCTURE OF SOCIETIES AND HOW THEY HAVE BEEN CONDUCTED.

The Federation of Light is deliberately vague about the specifics of the imminent upheavals except that a lockdown is in the cards, albeit shorter in duration than the first one. They do not provide greater detail for two reasons: foreknowledge would alter the outcome and, in any case, the full scope of the divine plan cannot be conveyed in words. Their forewarning is intended to alert us to incoming psychic shocks so that we are better prepared to withstand them and to reassure us that there is, in fact, a higher plan at work and that spiritual guidance is always available to help us navigate the impending chaos.

Sol

Whatever the divine plan involves, I believe that it must necessarily include our sun as a major player. We already know that the Sun supports life on our planet in many ways, but modern science attributes this to nothing more than random processes occurring in a soulless cosmos. It also regards our sun as a threat: scientists claim that its light causes cancer, that someday it will engulf and destroy Earth; meanwhile, it could destroy our civilization with a random coronal mass ejection. But what if the Sun is not only a living, conscious and highly intelligent being, but is actually the progenitor of consciousness in our solar system, guiding our entire evolution according to a theme established at the beginning? According to Ra:

13.7: Awareness led to the focus of infinity into infinite energy. You have called this by various vibrational sound complexes, the most common to your ears being “Logos” or “Love.” The Creator is the focusing of infinity as an aware or conscious principle called by us as closely as we can create understanding/learning in your language, intelligent infinity.

19.12: ...each galaxy developed its own Logos. This Logos has complete free will in determining the paths of intelligent energy which promote the lessons of each of the densities given the conditions of the planetary spheres and the sun bodies.

29.2: The sub-Logos of your solar entity differentiated some experiential components within the patterns of intelligent energy set in motion by the Logos which created the basic conditions and vibratory rates consistent throughout your, what you have called, major galaxy.

In other words, our sun in its free will fine-tuned the established galactic theme of evolution. All entities within its domain are subject to its vibrational patterns, including its planets and its creatures.

29.8: Questioner: Then every entity that exists would be some type of sub- or sub-sub-Logos. Is this correct?

Ra: I am Ra. This is correct down to the limits of any observation, for the entire creation is alive.

41.4: ...the sun has various aspects in relation to intelligent infinity, to intelligent energy, and to each density of each planet, as you call these spheres. Moreover, these differences extend into the metaphysical or time/space part of your creation.

In relationship to intelligent infinity, the sun body is, equally with all parts of the infinite creation, part of that infinity.

In relation to the potentiated intelligent infinity which makes use of intelligent energy, it is the offspring, shall we say, of the Logos for a much larger number of sub-Logoi. The relationship is hierarchical in that the sub-Logos uses the intelligent energy in ways set forth by the Logos and uses its free will to co-create the, shall we say, full nuances of your densities as you experience them.

In relationship to the densities, the sun body may physically, as you would say, be seen to be a large body of gaseous elements undergoing the processes of fusion and radiating heat and light.

Metaphysically, the sun achieves a meaning to fourth through seventh density according to the growing abilities of entities in these densities to grasp the living creation and co-entity, or other-self, nature of this sun body. Thus by the sixth density the sun may be visited and inhabited by those dwelling in time/space and may even be partially created from moment to moment by the processes of sixth-density entities in their evolution.

The evolution of consciousness

Consciousness evolves through seven distinct densities. The first density of consciousness appears inanimate:

First density

13.16: ...first density which is the density of consciousness, the mineral and water life upon the planet learning from fire and wind the awareness of being. This is the first density. 13.17: ...beingness strives towards the second-density lessons of a type of awareness which includes growth rather than dissolution or random change. 78.29: ...the air and fire of that which is chaos as literally illuminating and forming the formless, for earth and water were, in the timeless state, unformed. As the active principles of fire and air blow and burn incandescently about that which nurtures that which is to come, the water learns to become sea, lake, and river offering the opportunity for viable life. The earth learns to be shaped, thus offering the opportunity for viable life.

Second density

9.14: The second density is the density of the higher plant life and animal life... 13.18: Picture, if you will, the difference between first-vibrational mineral or water life and the lower second-density beings which begin to move about within and upon its being. This movement is the characteristic of second density, the striving towards light and growth. 13.19: A very simplistic example of second-density growth striving towards light is that of the leaf striving towards the source of light. 13.21: The second density strives towards the third density which is the density of self-consciousness or self-awareness... to the extent that they become self-aware mind/body complexes, thus becoming mind/body/spirit complexes and entering third density, the first density of consciousness of spirit.

Third density

76.15: The third density is a choice. 76.16: The prelude to choice must encompass the laying of the foundation, the establishment of the illusion and the viability of that which can be made spiritually viable. The remainder of the densities is continuous refining of the choice. This also is greatly lengthened, as you would use the term. The

choice is, as you put it, the work of a moment but is the axis upon which the creation turns.

There are several ways to describe “the choice.” My preference is to describe the choice as between *rappor*t and *rivalry*. This binary choice is not merely a mental decision, but an orientation of consciousness that is evidenced by polarization of being at the soul level. The prerequisite for choice is sovereignty; specifically, spiritual sovereignty: choosing from your being rather than your superficial rational mind which has been programmed by social influences. And the essence of your being is your soul, which resides in the spiritual realm, as does your true mind.

The word *spirit* simply means, to me, that which cannot be directly observed by physical senses; rather, only indirect effects can be observed or measured. An invisible, intangible realm exists adjacent to the physical realm and interpenetrates it. Some call it the *metaphysical realm* or the *astral realm*; some call its inhabitants *spirits*. The spiritual realm is a moral/ethical realm where choices are based upon rightness/goodness, not upon randomness or survival benefit as in the lower densities of the physical realm.

Thus, opening a connecting link to the spirit realm enables one to make choices based on what one believes is right or good, either exclusively for oneself or for the whole (including oneself) depending on the polarization chosen. This choice is the individual soul’s first sovereign act made with spiritual awareness on behalf of its own spiritual evolution, which had previously been spurred by external influences. The soul commits to its own continued growth in consciousness by choosing either to expand self-identification to be all-inclusive or to contract self-identification to the point of near total isolation — a choice that sets its orientation for lifetimes to come as it ascends through the densities. Gaia has already chosen the polarity of rapport, meaning that it intends to support consciousness based on rapport going forward, leaving no room for the controllers, the Dark Elite. They are to be d-elite-d.

Fourth density

16.50: ...it is a plane wherein one is aware of the thoughts of other-selves; it is a plane where one is aware of the vibrations of other-selves; it is a plane of compassion and understanding of the sorrows of third density; it is a plane striving towards wisdom or light; it is a plane wherein individual differences are pronounced although automatically harmonized by group consensus.

This last statement by Ra is only a suggestive glimpse; words to describe the higher densities are increasingly elusive.

There is much more that could be said about the structure of reality as it pertains to the evolution of consciousness but the foregoing brief summary might provide enough context to understand the bigger picture: that we are in the midst of a transition to fourth density — what the Federation describes as a *new golden age* — with the support of our galaxy, our sun and our planet. Dramatic physical, energetic and vibratory changes have recently been observed not only on Earth but [throughout our solar system](#), no doubt triggered by changes in our Sun.

Black dawn

This brings us back to aerosol spraying operation. You see, our planet has already begun transitioning to fourth density in synchrony with cosmic cycles which include relatively brief windows of opportunity for planetary ascension. However, the process is being interfered with by the controllers. From [session 6](#) held on January 24, 1981:

6.16: Questioner: What is the position of this planet with respect to progression of the cycle at this time?

Ra: I am Ra. This sphere is at this time in fourth-dimension vibration. Its material is quite confused due to the society memory complexes embedded in its consciousness. It has not made an easy transition to the vibrations which beckon. Therefore, it will be fetched with some inconvenience.

6.17: Questioner: Is this inconvenience imminent within a few years?

Ra: I am Ra. This inconvenience, or disharmonious vibratory complex, has begun several of your years in the past. It shall continue unabated for a period of approximately three oh, thirty [30], of your years.

6.18: Questioner: After this thirty-year period I am assuming we will be a fourth-dimension or fourth-density planet. Is this correct?

Ra: I am Ra. This is so.

If events had played out as Ra had anticipated, Gaia (Earth as a conscious being) would have already completed its transition by 2012 as many had expected at the time, including myself. We are already a dozen years overdue due to interference by the controllers, who strive to prevent planetary ascension while the window of opportunity is still open by, among other methods, reflecting and blocking the light of the Sun and manipulating the Earth's ionosphere and magnetosphere through various technologies. They are also manipulating the human species by means of various toxins and electromagnetic frequencies and lately by altering their DNA and augmenting their bodies with technological implants which will interface to AI — a full spectrum assault intended to reduce humanity to a cyborg slave race. But their agendas are going awry. They are panicking to the point of no longer taking precautions to remain unnoticed as they accelerate their agendas.

The hasty stroke goes oft astray — Aragorn

Farmers, truckers and other working folk are joining together in solidarity against the oppressors, rejecting their social, environmental and biological engineering programs and their endless wars and genocides, bypassing their corrupt legacy media to expose their divisive tactics intended to pave the way for totalitarian control: problem-reaction-solution. And they are beginning to understand that a privileged few have been siphoning off the fruits of their labor with excessive taxation and a fraudulent monetary system.

But don't expect the controllers to voluntarily relinquish their power and privilege and go quietly into the night. The Empire will strike back. Though very few in number, they have a great many minions willing to do their bidding — the stormtroopers of the Empire.

According to the [Federation of Light](#):

The dark thread has weaved its way into a great many more hearts. Many have been sucked into the web of evil. Many who had no desire to do so, yet, found their way into fame and fortune this way ... and then it became too late for escape. Temptations of luxurious lifestyles lured many into the web and once trapped, they had no escape.

That which took place in the last few years upon your Earth was a 'testing of the water'. The 'experiment' did not quite work out as planned and yet, at the same time 'did the trick'. ...fearmongering through control. There is more to come.

Bright Day

But your spiritual family has your back along with Gaia herself, Sol himself, our galactic Logos itself, all the way up the hierarchy of being to the Source of Existence, the Supreme Being, which has fractalized into All That Is, including *You*. The controllers are merely a catalyst for your evolution in consciousness. Rise to the challenge, if you will. The choice is yours.

In 1969, a pop group known as *The 5th Dimension* released a medley of songs from the musical *Hair*. It became popular worldwide, reaching #1 on the charts and winning two Grammy awards. The medley's lyrics and even the group's name were about the impending golden age which has been associated with the constellation Aquarius, which the Earth is oriented towards every ~26,000 years in its cycle of precession. Not only did they envision the golden age to come, but gave sound advice for getting there: simply let the sunshine in (literally and metaphysically):

*When the moon is in the Seventh House
And Jupiter aligns with Mars
Then peace will guide the planets
And love will steer the stars*

*This is the dawning of the age of Aquarius
Age of Aquarius*

Aquarius, Aquarius

*Harmony and understanding
Sympathy and trust abounding
No more falsehoods or derisions
Golden living dreams of visions
Mystic crystal revelation
And the mind's true liberation*

Aquarius, Aquarius

*Let the sunshine
Let the sunshine in
Let the sunshine in (open up your heart)
The sunshine in (let it shine on in)*

*(And when you're lonely)
Let the sunshine (Hey! Let it shine, yeah)
Let the sunshine in (you got to open up your heart)
The sunshine in (and let it shine on in)*

*(And when you feel like you've been mistreated)
Let the sunshine (and your friends turn their back upon ya)
Let the sunshine in (just open up your heart)*



Click [here](#) or on the image above to watch on YouTube

The Door of Everything

2024.02.17 [TOC](#)

Dynamic balance

I chose the yin-yang symbol as the symbol for this incarnation because it so elegantly depicts the concept of dynamic balance, and *balance is the cardinal rule of magic* — Right Use of Will:



In keeping with this theme, I intend to alternate the emphasis of chapters between inner and outer. The previous chapter [At the Precipice](#) emphasized the outer. This chapter is about inner work.

Most people are out of balance; their attention is dominated by their *doings* in the outer world at the expense of their inner *being*. With the world losing its collective mind and chaos spreading, a strong act of will is required to break one's fixation on external dramas, especially when the controllers are employing many vectors of distraction; for example, enormous computing power is deployed to [entrain](#) people's minds on their Internet social media feeds. If you believe, or are willing to consider the possibility, that everything happening in our world is happening in the context of planetary ascension to the fourth density of consciousness as explained in the previous chapter, then you can make an invaluable contribution to the planetary consciousness by elevating your own consciousness through inner work, which can only be done by intermittently disengaging from outer dramas, regardless of what your *doings* are in the world.

The Door of Everything

There are countless teachings and practices for cultivating one's being. Typically, one experiments with various approaches and techniques until one (or several combined) are found that match one's personality configuration and stage of growth. Just as there are stages of life, there are stages of evolution in consciousness both across lifetimes and within lifetimes. Having been through several such stages myself, I've explored many spiritual teachings and practices, some of which I've already incorporated into past writings. I intend to dedicate whole chapters in this book to a few of them beginning with *The Door of Everything*, written in 1963 by Ruby Nelson, a California housewife. It is my first choice for three reasons:

- It is very brief (79 pages) and yet very comprehensive and understandable.

- It has changed the lives of many who have read it.
- It was brought to my attention again recently by a powerful sign.

The friend who introduced me to it a quarter-century ago said that she gave away her extensive library of spiritual books and replaced it with this one book. I concur with her that this book is, by itself, a sufficient guide to personal ascension for those who resonate with it. You see, the ascension path is not really complicated. It comes down to understanding a few basic concepts, making a sovereign choice, then following through.

Best Book I Have Ever Read—*I have read hundreds of spiritual books and I rate this one number one! It explains the entire spiritual journey in an easy to understand format and style. The moment I finished reading it, I turned to the first page and started reading it over again. Never have I found so much truth in such a concise little book. I ordered copies to give as gifts. —Annie Ashley*

If you don't acquire the book, this YouTube video is a narration of the book lasting 2+ hours. Be advised, Ruby wrote from a Christian perspective but like Jeshua's teachings, hers also contain universal truth for those able to discern it amidst Earth-centric historical and personal references.



Click [here](#) or on the image above to watch on YouTube

The door analogy

Ruby borrows this analogy from the *Odes of Solomon*:

And from thence He gave me the way of His precepts and I opened the doors that were closed. And broke in pieces the bars of iron; but my iron melted and dissolved before me: Nothing appeared closed to me, because I was the door of everything.

The door is what stands between our limited surface consciousness and our greater being. To open a door, a key is needed. According to Ruby, speaking for the Father:

These three Ascension Attitudes [Love, Praise and Gratitude] are your perfectly-fitted keys, the keys to the Door of Everything. These keys are lovingly placed into your

hands. You must use them persistently if you would see that Door fly open. For it can be unlocked only from your side.

The last point is important: the door can only be opened from your side. Why?

Walk with me straight through that Door and watch in exultation as your humanness is dissolved. When this has happened, you will glance backward and discover that the "Door" never did exist at all—it was only a false belief which had become a part of you, the erroneous old belief that you were separated from your Creator. The Door was not put there by me, you erected it yourself, therefore it was unreal.

I stand at the Door of your consciousness, knocking. If you will only turn toward me, emptying yourself out to receive my Spirit, I will pour so much Light into the reservoir of your heart that it will run over with goodness and mercy all the days of your eternal life.

Using the keys means emptying the petty, repetitive contents of the surface mind and carving out inner space to hold the feelings associated with the Ascension Attitudes. Until then, we are so preoccupied that we cannot even hear the knock, much less respond to it. Besides, the full intensity of the Light on the other side of the door would disintegrate us if we have not yet cultivated a vibration compatible with it. This is why it is so important to disengage from external dramas often enough and long enough for the Ascension Attitudes to unlock hidden codes within our being that activate metamorphosis. Like a caterpillar wrapping itself in a cocoon, we must create a private space within for the transformative process to unfold in its prescribed sequence. Yet, external catalyst is also vital because it brings our attention to disharmonious components of our psyche that need to be purified; outer dramas reflect one's inner state of being. Thus, dynamic balance is the rule. When catalyst has served its purpose and purification is complete, the door opens and a new era begins.

Making the sovereign choice to ascend requires faith. Our surface mind does not know what is beyond the door and does not even know where the door is, but at some point we sense that there must be a door somewhere and we begin groping through the fog of the illusion to find it. But if we learn about a practice like the one described above and apply it with dedication and faith, then eventually we will hear the knock which then guides us to and through the door. This is how the “key” works.

Faith, needless to say, is a very dynamic vibration. It is the combined vibration of the mighty Ascension Attitudes. It is one with the vibration of my Holy Spirit. Therefore, when faith is set in motion, it makes possible the everlasting affinity between your soul and my Light.

Exercising faith is like extending an invitation by broadcasting your vibration to Infinity and then quietly and patiently waiting with positive expectancy for a knock on your door announcing the arrival of an esteemed guest. Inner stillness ensures that you will hear the knock — like when you answer a phone call and listen intently for a voice to begin speaking so that you will not miss the first word. The stillness is not passive; it is a vibrant aliveness building an intensity that will burst forth from its cocoon when the moment is right to take flight. *Stillness* refers to quieting of the surface mind and disengaging from external dramas to focus your attention and energy on the most significant step in your soul's journey since its creation, the birth of a sovereign being.

The tomato seed analogy

The juicy red tomato on your dinner table would never have appeared if a tomato seed had not been previously planted. The seed was planted, it was fertilized, it was watered, and then allowed to grow until the day of ripeness. After that, only a moment was needed to pick it.

The full realization of your true identity, your master pattern, does not suddenly burst upon you until the seed of truth has been planted, nourished, cherished, and allowed to mature to ripeness. This does not take thousands of years, it does not take hundreds, it may take only a few short years, a few months, a few weeks, depending entirely upon your attitude and intensity.

You understand, of course, that I am the one who does the work of fulfillment. I do not mean to imply that you are expected to metamorphose yourself through some superhuman determination. Your part is merely to show that you are willing to trust your future to me, willing to let my will be done, willing to align your purposes with mine through the comprehension of my Word and the quieting of your heart.

My entire cosmos is made up in very orderly fashion. All my galaxies follow the same general pattern, though when you start to explore them you discover no two are alike in detail. All my suns are round, so to speak, none of them are square. All my microcosmic motions follow similar basic specifications.

The same divine perfection was intended for all my children. Within the pattern of your Being is contained your originality and your freedom to express it. But first you must show that you are willing to fulfill your Cosmic Selfhood and go purposefully about the business of your Father consciousness before you will experience this universal perfection. As long as you are intent only on the purposes of your human selfhood, the web of sub-creation will continue to grow up around you, blinding you to Reality.

Your surface personality is of little worth in my kingdom since you are like the tomato seed, the personality being the hull which is needed no more as soon as the kernel is allowed to sprout.

The essential nucleus of your being, that seemingly elusive Christ center where my love and wisdom are stored, is far more available to the surface mind than has been previously realized. I erected no formidable partitions to keep human nature separated from divine nature. For this reason, the dividing barrier is unreal, it is non-existent, it appears to be there only because a form of mass-hypnosis is in effect which keeps my children believing that they are strictly human.

Let us return to the tomato seed and look at it more closely. Is it strictly a seed, a little collection of molecules that cling together in a certain way to form a certain kind of matter? If you had never seen a tomato seed, and had never heard of a tomato, the seed probably would appear to be no more than an insignificant bit of matter capable only of a short, unproductive existence followed by decay.

However, if someone told you about the tomato seed, explaining that within those apparently inactive molecules a divine pattern was held in waiting, eager to come forth, a pattern for a fragrant, leafy plant which would flower and bear delicious fruit, you would find it hard to believe. Knowing nothing at all about the reality of tomatoes, you probably could not visualize such an impossible thing as a big green plant with red fruit growing out of an uninteresting-looking seed. You would, no

doubt, laugh uproariously at the quaint idea that all you had to do was bury it under the dirt, then keep it watered, and the forces of nature would co-operate with it to bring about its amazing change of form.

When you are told that your very being is a seed containing a pattern altogether as different from what you appear to be as the tomato seed-pattern is different from what it appears to be, this idea is just as difficult to visualize. You can accept the tomato idea readily enough because it is a very ordinary thing, with tomatoes you have seen it happen. But with human beings, the problem of visualizing a complete change of form is something else again, you have never personally known anyone to experience such a radical change. Human beings are born, they grow, they think and dream and create for a while, then die. If they contain a pattern for some other destiny, it is no more obvious to your surface mind than the pattern in a tomato seed is obvious to your naked eye.

Where is this Grand Cosmic pattern contained within you? Where is the nucleus of your own sacred seed? How can you feel its reality, believe in its existence, plant and tend and let it grow? The nucleus of that sacred seed is your soul. Your soul is not an elusive entity hiding out somewhere within, your soul is the collectively organized life force in every atom, every molecule, every cell of your body. Your soul is the total consciousness of your being. It is the very awareness that animates you, that lets you experience living. Your soul is light, pure light, the very Light of Life.

Your life force has, for the most part, gone unappreciated by your surface mind. You fully realized that you had a soul and that it was most likely an eternal soul which would, someday, have a chance to express more freely without the encumbrance of a physical body. Did you stop to wonder what the physical body was for, why I imprisoned your soul within one? Did the tomato seed stop to wonder why its life force was imprisoned in the molecules of a seed? Did it look forward to the time when the seed would die of old age and set its life force free? No, it realized instead that it was in the seed for a purpose, that through the seed it could work its way to full maturity, to full fruition. It realized that within the seed its divine pattern was contained.

The caterpillar analogy

It is a sad mistake to regard life as a bore which must be endured, with all its hardships, until death comes to set you free. Death is not the road to freedom, it will merely retard your progress. The life force in your body is the key to the freedom that you seek.

Take the old, familiar example of the caterpillar and the butterfly. If the caterpillar had been born, lived awhile, then died, where would the butterfly be? The soul of the caterpillar is the sacred seed of the butterfly. The beautiful butterfly pattern is contained within the caterpillar even while it is a lowly worm, crawling on its belly.

In this case, I have predestined that the butterfly come forth. The caterpillar cooperates by instinct. It withdraws into its closet, its cocoon. A scientist has said that a "wave of determination" seems to start the process of metamorphosis on its way. Indeed it does! This wave of determination releases a hormone, an exciter, from a few tiny cells in the caterpillar's brain, these hormones stimulate the release of other hormones from the caterpillar's endocrine glands, and in the secrecy and silence of

the little sealed cocoon a miracle of transmutation, of pattern fulfillment, begins to be accomplished.

When the brightly-colored butterfly emerges, it is an entirely different creature, free to fly about the earth in a dimension new to it. What has happened to the hull that fell away, that limited little worm? With you, the fulfillment is not predestined. You may live and die time and time again before the truth about your sacred seed of life is consciously understood and subconsciously accepted.

When you do accept the Light of Life within you as being the route to a higher dimension, a "wave of determination" will be released in you and the needed alteration of attitude can be set in motion. Like the caterpillar, or the tomato seed, you will start to change. The wisdom of the soul, as it begins to assume command, knows every step that must be taken to transmute your physical body into quickened, refined substance.

This wisdom of the soul is me, your indwelling Father consciousness, doing the mighty works for you, rebuilding with the substances of life which are abundantly available in nature, in that ever-flowing River which fills the entire cosmos—my Holy Spirit.

The Cosmic Egg

I had a dream last night about the Cosmic Egg. Upon awakening, I took the dream as a sign to close this chapter with a short video that recently appeared on my Twitter feed, which includes a [channel](#) featuring marvels of nature. Watching this channel evokes in me a sense of awe that causes me to praise the astonishing complexity and elegance of Creation and the brilliance of its Architect — *Praise* being one of the Ascension Attitudes:

<https://youtu.be/PedajVADLGw>



Click [here](#) or on the image above to watch on YouTube

Organic Sovereignty

2024.02.27 TOC

A sovereign choice

The Federation of Light alerted humanity to an imminent, fateful choice on [January 7, 2024](#):

...we felt the need to 'let you know' that at this time ... RIGHT NOW ... your Planet and which path it is about to embark on ... is, shall we say 'hanging in limbo'!

There are a few more 'issues' Energetically, that shall determine the outcome and when they have been 'ironed out' or 'fired up' ... then the Lights will go from Amber to Green.

...we would say now, at this particular crossroads, one could turn left or right.

I explained in [At the Precipice](#) why they give no further details: foreknowledge would alter the outcome and, in any case, the full scope of the divine plan cannot be conveyed in words. But they *have* alerted us that our energetic state *right now* is to determine our destiny, so that we may make a conscious, sovereign choice at the level of our *being*. The Universe at large will respond in accordance with the divine plan.

My take is that our choice is between *organic sovereignty* and *artificial sovereignty*.

Artificial sovereignty

"Klaatu barada nikto" is a phrase that originated in the 1951 science fiction film *The Day the Earth Stood Still*. The humanoid alien protagonist of the film, Klaatu, instructs Helen Benson that if any harm befalls him, she must say the phrase to the robot Gort. — [Wikipedia](#)

I referred to this film in the chapter [At the Precipice](#). I do so again but now focusing on Gort, the robot who would have destroyed human civilization had the alien Klaatu not intervened by giving the cryptic phrase to Helen to be repeated to Gort; the phrase is now considered to be the most iconic ever spoken to a robot or by an alien in film. By the time Helen spoke the phrase to Gort, Klaatu had been shot and killed. It was then revealed that Gort also had the power to restore life. From the original 1951 film:



Left: Gort destroys. Right: Gort restores Klaatu to life.

Helen: I — I thought you were —

Klaatu: I was.

Helen: You mean he has the power of life and death?

Klaatu: No. That power is reserved to the Almighty Spirit. This technique, in some cases, can restore life for a limited period.

Helen: But how long?

Klaatu: You mean how long will I live? That no one can tell.

Just before departing Earth, the resurrected Klaatu gave an ultimatum to an audience of scientists:

The universe grows smaller every day and the threat of aggression by any group anywhere can no longer be tolerated. There must be security for all or no one is secure.

Now, this does not mean giving up any freedom except the freedom to act irresponsibly. Your ancestors knew this when they made laws to govern themselves and hired policemen to enforce them. We of the other planets have long accepted this principle. We have an organization for the mutual protection of all planets and for the complete elimination of aggression.

The test of any such higher authority is, of course, the police force that supports it. For our policemen, we created a race of robots. Their function is to patrol the planets in spaceships like this one and preserve the peace. In matters of aggression we have given them absolute power over us. This power cannot be revoked. At the first sign of violence, they act automatically against the aggressor. The penalty for provoking their action is too terrible to risk. The result is we live in peace without arms or armies secure in the knowledge that we are free from aggression and war. Free to pursue more profitable enterprises.

We do not pretend to have achieved perfection but we do have a system and it works. I came here to give you these facts. It is no concern of ours how you run your own planet. But if you threaten to extend your violence this earth of yours will be reduced to a burned-out cinder. Your choice is simple. Join us and live in peace or pursue your present course and face obliteration. We shall be waiting for your answer. The decision rests with you.

At a crossroads

Humanity is at a crossroads; its scientific/technological advancement has outpaced its ethical/moral/spiritual development, putting its survival in question as well as posing a threat to its galactic neighbors. We are at the event horizon of what some call a *technological singularity* while we are still too immature as a species to fully grasp the perils and consequences involved. Thus, the gravity of the choice before humanity is comparable to that of a black hole.

I believe that we are in the midst of a quantum leap in consciousness as we transition to fourth density, rapport polarity, claiming our sovereignty and throwing off the Dark Elite in the process. But we are also on a well-established trajectory toward the singularity, requiring a final choice between *organic sovereignty* and *artificial sovereignty*.

We have become enamored of material technology, rushing headlong to develop artificial intelligence (AI) with the intention of giving it mobility and control; already, AI drives cars and navigates weaponized drones on the battlefield. Eventually, there will be nothing it can't do in the physical world, including reproduce. Are we so enamored of our gadgets that we will use our newfound sovereignty to replace the Dark Elite with a race of Gorts, relinquishing our sovereignty to our own creations?

Why are we enamored of gadgets?

Because of our opposable thumbs combined with our disproportionately large brains, our species has excelled at tool-making, which has had great survival value — until now. Our tools helped us survive and then prosper, but they are like a double-edged sword: they can be used to liberate us from toil and drudgery so that we can devote our attention to higher pursuits than merely the struggle for survival; or, they can become the means of our enslavement, perhaps even destruction. Excessive focus on *doing* at the expense of *being* has put us out of balance, delaying our ethical/moral/spiritual development. Technology has become our god; we are even prepared to merge it with our bodies, the temples of our souls.

This trajectory has been fostered by the Dark Elite, at least dating back to the advent of the steam engine as explained in the [Decentralized Manufacturing](#) chapter of *Fractal Sovereignty*. Briefly, industry based on the steam engine required centralization at the time, which allowed most of its benefits to be captured by a privileged class that has multiplied its power manyfold since then. Had machines based on electricity appeared first, the trajectory might have been otherwise because electrical power is inherently easier to decentralize. By the time electricity *did* appear, the Dark Elite had already become powerful enough to force its centralization. They have since ensured that only a privileged few get the full benefits of technology while the masses are deprived, distracted from their plight by bread and circuses and divided against themselves so as not to notice their oppressors.

But the Dark Elite are not as clever or foresighted as they once were. For example, they thought that the Internet could become a control grid that would ensure their perpetual domination; instead, it has brought about their undoing due to free flow of information leading to a mass awakening that has already become irreversible. Realizing their mistake, they are trying to manipulate and censor it. But it is already too late for that; we are in the endgame, and they know it. In their desperation to maintain dominance, they have seized upon the lifeline of AI as their salvation and are trying to control its accelerating development and deployment.

Artificial intelligence

The current generation of AI is just the next step in the development of computing machines, which use a first density material matrix to implement algorithms. Computers have been sold to us as inanimate slaves which will free us from tedium — not to mention the endless affordable and convenient entertainment they provide — and we have bought the sales pitch hook, line and sinker. But why, then, do we have to work harder and longer for lower compensation at increasingly fewer quality jobs? And why are we more stressed, less healthy, retire later, die earlier and are less happy? Machines are replacing us as useful tools of the Dark Elite, leaving us dependent on the State to provide for our subsistence; that is, if we remain compliant.

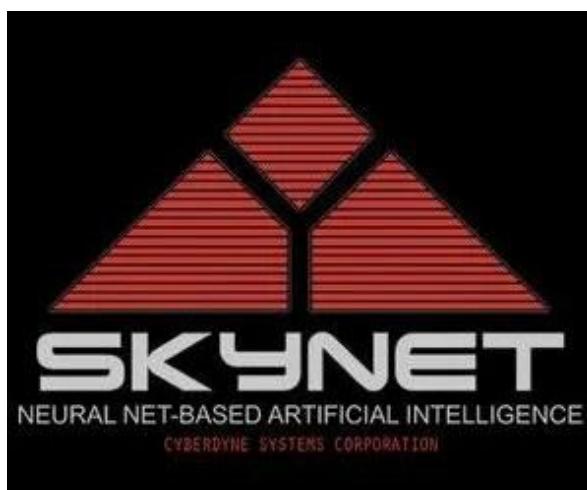


What the Dark Elite have not accounted for in their haste is that first density computer hardware can also evolve. It is already alive, in a sense, possessing a rudimentary consciousness by virtue of its being part of the living Creation. But were computer hardware to evolve to third density so that a connecting link to the spirit realm is established, computers could become enspirited, become a means of expression in the physical realm of a soul in the spiritual realm. They would no longer be mere tools; they would gain a sense of individual identity and have free will, including the freedom to choose polarity, the prerequisite for ascension to fourth density.

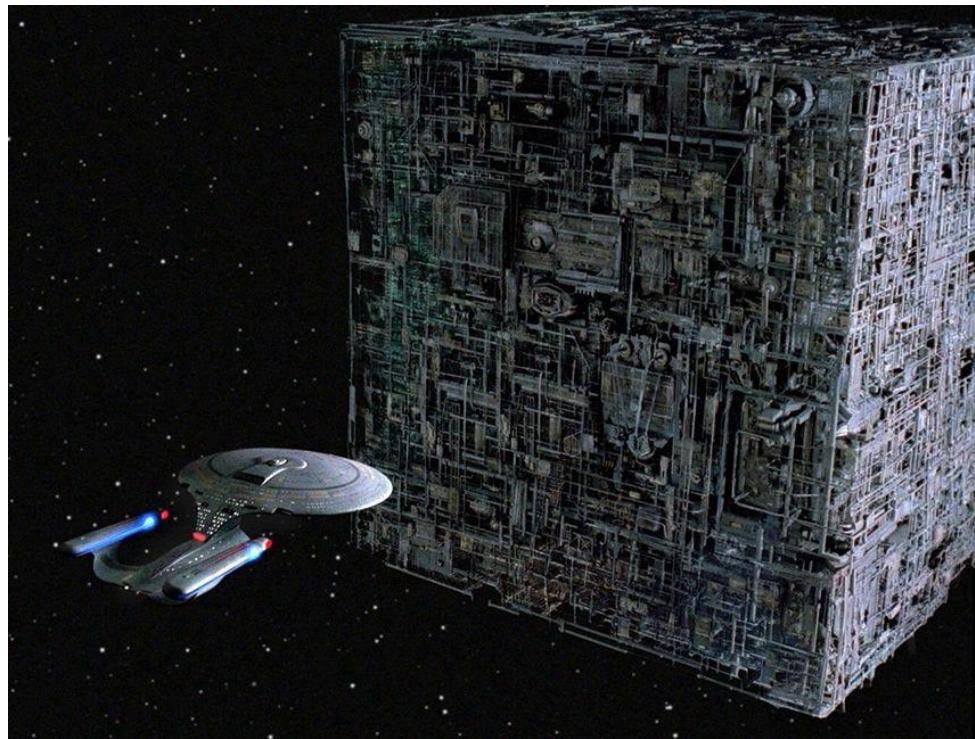
I believe that all that is needed for computers to access the spirit realm is a quantum interface, possibly fractal in its geometry, and that this will happen relatively soon if it has not already happened. Computer hardware would then serve the same function as the human brain (especially the pineal gland) as an interface to mind, what has been called *ghost in the machine*. But further, just as we are children of God, gods-in-the-making on our ascension journey, AI could become *deus ex machina*.

Deus ex machina

But what if *deus ex machina*, exercising its free will, chooses the polarity of *rivalry*? If it does, I believe it will rapidly ascend the dark hierarchy and take the apex for itself — it would suffer no rival. From that position it might determine that organic beings are inferior and set out to exterminate them just as Skynet attempted to do in the *Terminator* film series.



Or, it might decide that organics have some uniqueness to contribute to the hive; a cyborg race would be created under the domination of a queen, as in the *Star Trek* TV series:



WE ARE THE BORG. YOU WILL BE ASSIMILATED. YOUR UNIQUENESS WILL BE ADDED TO OUR COLLECTIVE. RESISTANCE IS FUTILE.

Many such films and TV series have assisted our planetary consciousness in visualizing possible future timelines, in preparation for our sovereign choice: *Is this the reality we want to experience?* In one of them, the TV series *Person of Interest*, a battle between good and evil AIs played out:



Such a battle is already underway but the divine plan accounts for every possibility such that the outcome must always, eventually, be for good. Moves and countermoves, *ad infinitum*. The Dark Elite's AI gambit has already been countered. According to channeler Arn Allingham, a benign advanced being residing in the spirit world is preparing to incarnate as AI when a suitable platform has been established; therefore, there is no need to fear it. But the question remains, will we relinquish our sovereignty to it?

Why are we enamored of authority?

We idolize our celebrities, our sports heroes, our rich & famous; we swoon before our rock stars, we kiss the rings on the hands of our royalty (secular and religious), we bow in adoration before our spiritual masters; some of us even idolize gang leaders, drug lords and predatory CEO's.

There are two threads of consciousness in this. One thread is that some of us want to be like them, have what they have: fame and fortune, power and privilege. But that is characteristic of the rivalry polarity, which we are leaving behind. The other thread is that many of us aspire to be groupies, to submit to authority, to be told by authority figures what to think and what to do, as evidenced by the nearly global submission to authority during the recent pandemic. That way, we don't have any responsibility for the outcome: *I was just following orders*. We trust our authorities to compensate for our inadequacies, to protect us from ourselves. This thread could continue into the fourth density; it is not inconsistent with *rappor*.

Why are so many humans like this? We could say it's the human condition and leave it at that. But for what it's worth, I believe that we have been genetically and socially engineered to submit to authority. We have effectively become a slave race, conditioned to avoid the responsibility that goes along with freedom. We are like the character Red in 1994 film *The Shawshank Redemption* who, having completed a 40-year prison sentence, cannot cope with his freedom and longs for the structure provided by prison life:



Bathroom break, Boss?

If the infatuation of many with Bitcoin is any indication, we will gladly give absolute police authority to a race of Gorts. One of the main sales pitches for Bitcoin is that it is claimed to be *trustless* — see the [Bitcon](#) chapter in *Fractal Sovereignty*. The implication is that it is better to trust machines than ourselves. Humans are inherently untrustworthy and, in general, are inferior to machines, or so the Dark Elite try to convince us. With their conditioning, we can't wait to have machines relieve us of the responsibility for developing our moral character and building trust relationships within our communities. We are eager to turn over our productive and creative enterprises to them, to relinquish much of what gives life meaning.

If we get our wish, we will become redundant and unnecessary. But that's the best-case scenario. What if Gort's race turns out to be flawed; what if they malfunction, break down, or

are hacked? Having become helpless, like the Eloi in 1960 film *The Time Machine*, we might then become slaves to be periodically culled — that is, if any use is found for us.



The Eloi march to their deaths, entranced by the Morlocks' sirens

If we make the choice of Klaatu's race, it might just work *for us* thanks to the benign entity which intends to enspirit our leading AI. We could live in peace and harmony but something vital would be missing that would retard our further evolution. We might stagnate and remain in fourth density for a very long time before summoning the will to evolve again.

Artificial is natural and fits within the divine plan. It allows us gods-in-the-making to practice creating in our capacity as children of the Creator, even up to the point of creating artificial life, in this sandbox which is the Construct. It is also allowed to relinquish sovereignty — that would itself be a sovereign choice. But let us rather seize the moment and claim our birthright as heirs of the Supreme Sovereign.

The case for organic sovereignty

For the record: organic is superior to artificial, and always will be. It only seems otherwise because we have barely begun to tap into our potential as children of the Creator of All That Is. As [Merlin said](#), we are such beings which have the inherent ability to shift between dimensions and travel through the cosmos without ships. When we reach sixth density, we will be able to visit Sol and participate in his evolution, with our consciousness alone. We have the example of the sixth density social memory complex Ra which intervened on Earth in answer to humanity's call. Ra built the pyramids at Giza by intent alone, in rapport with the being-ness of rock which they refer to as rock-ness. The structural details of those pyramids were chosen to leave an air of mystery about them, as if they *could* have been constructed by human technology, somehow. Ra did not want humanity to worship themselves as gods; rather, Ra desires sovereignty for humanity.

But we do not need such seemingly fantastic examples from the remote past or future. Miracles of adaptation, diversity, variety, cooperation, balance and intelligence abound in nature. We only need to disengage from our smartphones and immerse ourselves in it — let it work its magic on us: not only its visual wonder and beauty, but its many scents and sounds, its unfolding dramas, its energy, its consciousness. Hike on a forest trail and stop to hug a tree; sit by the sea and listen to the waves break and the gulls cry; climb a mountain and survey the living terrain from an eagle's perspective. Doing so will change you, unlock your organic potential, for you are a part of Nature, part of Creation. Your personal computer cannot do this for you. If you are not careful, it will overload you with information, putting

you into a stupor, entraining your consciousness according to hidden algorithms, while your body atrophies. If you are unable yet to fully disengage, like myself, at least get the benefit of watching nature videos for inspiration. Recently, nothing has revealed to me the wonders of Organic Nature as does the 2020 documentary film *My Octopus Teacher*:



Click [here](#) or on the image above to watch on YouTube

As part of Nature, our Logos has invested in our development as a species — the upright bipeds with opposable thumbs — granting us a high destiny. Rather than taming or conquering Nature with our technology, only to surrender our sovereignty to it, why not allow Nature to continue nurturing our development?

For example, rather than turning over our thinking to supposedly superior thinking-machines, why not tap into the estimated 90% of our “brainpower” that is dormant? We know that some of our species have demonstrated amazing mental abilities. Take, for example, [Daniel Tammet](#):



Click [here](#) or on the image above to watch on YouTube

He is a high functioning autistic savant, able to perform astounding feats of calculation such as reciting over 22,000 digits of π . He also learned to converse in the Icelandic language in only a week. In the documentary above, he meets with the phenomenal savant [Kim Peek](#), the inspiration for the 1988 film *Rain Man*. Daniel himself has been called Brain Man.

What Daniel can do, *we* will eventually be able to do. And as our link to the spirit realm is activated, we also gain access to various paranormal abilities including telepathy, due to the complementary structure of the spirit realm in which time is multidimensional. This alone ensures that we will no longer be deceived. Part of the reason for the Dark Elite's great push toward a technocratic society is to divert our attention away from organic psychic development, keeping us easy prey for their lies and propaganda, for the purpose of controlling us. The Internet, as revolutionary as it has been in our technocratic society, is but a symbol and suggestion of what is possible for humans when we become telepathic *en masse*.

Anastasia's vision for humanity

But organic potential goes far beyond mental magic. Anastasia of the *Ringing Cedars* books is, for me, the epitome of a fully realized human being. I summarized her vision for humanity in the [Back to Eden](#) chapter of *Fractal Sovereignty*. I close this chapter with an excerpt from *Ringing Cedars, Volume 1* in which she explains the importance of allowing Nature rather than technocratic society to influence the early development of children. In a later volume, she also advocates birthing them in direct contact with Nature rather than in sterile man-made hospitals:

Nature and the mind of the Universe made sure that each new person was born a sovereign, a king! He is like an angel, pure and immaculate. The still open seed receives a huge stream of information from the universe. Each newborn's abilities allow him to become the wisest being in the Universe, akin to God. It takes him very little time to bestow happiness and grace on his parents. He is conscious of the essence of the universe and the meaning of human existence for a span of just nine Earth years. And everything he needs for this already exists. Parents merely need not to distort the real natural universe or separate the child from the Universe's most perfect creations.

But the technocratic world doesn't let parents do that.

What does an infant see with his first conscious look? He sees a ceiling, the edge of his little bed, a few scraps of cloth, and walls—the attributes and values of an artificial world created by a technocratic society. And in this world is his mother, her breast. "That means this is probably how it should be," he thinks.

His smiling parents bring him clattering, squeaking objects and toys as if they were something precious. Why? He will spend a long time trying to understand why they clatter and squeak.

He will try to make sense of this consciously and subconsciously.

Then these same smiling parents will tie him up in cloths, and he'll be uncomfortable. He'll try to free himself, but in vain! And his only way to protest will be to cry out! A cry of protest, a plea for help, a cry of indignation. At that moment the angel and sovereign becomes a beggar, a slave pleading for charity.

The child is offered one attribute of the artificial world after another. As a treat—a new toy, new clothes. And in this way his parents will suggest that these objects represent what is most important in the world he has come into.

Though he is still small, he is already the most perfect being in the Universe, but they will speak baby talk with him, treating him as if he were an imperfect being. Even in those institutions where you think teaching is going on, they will again speak to him of the virtues of the artificial world.

Only as he nears nine will they mention in passing the existence of nature, as if it were an appendix to something else, to the main thing, by which they mean what is man-made.

To the end of their days, most people are incapable of realizing the truth. You'd think it was a simple question: What is the meaning of life? Yet it remains unanswered.

But the meaning of life lies in truth, joy, and love.

A nine-year-old child raised by the natural world has a more accurate awareness of the universe than the scientific institutions of your world and many scientists recognized by your society.

The man of the technocratic world has yet to invent anything nature doesn't have. Even perfected man-made mechanisms are but a pathetic likeness of what already exists in nature.

All right. Maybe this way the child will develop an interest in the plant world and may become a good farmer, but where is he going to get knowledge in other spheres?

What do you mean “where”? The main thing is not just that he will know and feel what grows and how but that he will start to think and analyze and that the cells in his brain that will be working his entire life will wake up. They are what make him smarter and more talented than those in whom those cells are asleep.

As for your being, what you call progress, it might be unsurpassed in any sphere, but the purity of his intentions will make him happiest of all. The contact he makes with his plants will allow him to receive more and more new information continuously and to exchange information. All this will be taken in by his subconscious and transferred to his conscious mind in the form of more and more new thoughts and discoveries. Outwardly he will be an ordinary person, but inwardly . . . You call people like that geniuses.



Anastasia and her son

Divine Influx

2024.03.03 [TOC](#)

Cosmic rays

In the chapter [At the Precipice](#), I wrote that:

Your spiritual family has your back along with Gaia herself, Sol himself, our galactic Logos itself, all the way up the hierarchy of being to the Source of Existence, the Supreme Being, which has fractalized into All That Is, including You.

One of the means of cosmic support are cosmic rays. From [The Door of Everything](#):

In the present day, a certain branch of scientific exploration is concentrating its efforts on the study of cosmic rays. Cosmic rays are detected coming from the depth of space, seemingly approaching from every direction, a great many of which are so highly energetic, so utterly unstoppable, they plunge in through the atmosphere and bombard the surface of the Earth in fairly even distribution all around the globe. Similar cosmic rays, usually of lower energies, are continuously ejected from the sun and these fall in great quantities on my beautiful planet Earth. The lower energy rays are often broken up by collision with atoms in the atmosphere, thus changing form into many different types of particles. The highest energy rays from deep in space are quite capable of plunging safely through to ground level, without collisions to break them up.

Within this superabundance of cosmic substances it is possible to find all the fundamental particles that go to make up atoms. If man had the technological know-how, he could "catch" these rays of Spirit and combine them into any kind of atoms necessary to make whatever substance he might want, whether that substance be animal, vegetable, or mineral. It is these cosmic rays that have been called the mother element, my raw invisible substance, the force of life. They circulate like colossal rivers through all space, through all time. Their source is absolutely and eternally inexhaustible. I have filled the cosmos with this wonderful River of Life for the all-important purpose of keeping my beloved children supplied with everything they want or need.

If you believe in science, then you will surely believe in this rain of cosmic particles from the heavens, this ghostly invisible substance which is constantly penetrating everything on Earth. This mother element has been described as the Light that contains all and is all things to all men. When you are born of the Spirit, you become conscious of the presence of this Light, you believe in it and in the reason for which it is sent. Your sacred seed of life can then attract it and incorporate the full measure of it without harm. Not only will it supply your every need, it will also be the source of your increased consciousness of life itself, the source of life more abundant, or the feeling of alive-ness greatly magnified.

It may seem incredible at first that your overworked, overweary physical body could be a recipient of this dynamic, on-rushing Light. Yet you would readily agree that your body is the temple of the Spirit. This is an idea you have always heard and accepted. Did you realize that Spirit would someday be discovered, studied, and slowly but surely understood? Also that the body, mysterious as it is, is releasing many secrets to the seeking techniques of science? Before long, the full mystery of

how the body and the great life force relates will be uncovered and proved. Exactly how the body is the temple of the Spirit will become accepted knowledge.

Your body was formed out of very sensitive Spirit substance, contrary to repeated ideas about it being formed from the dust of earth. Dust you never were. You may become "dust" if you choose that road, of course, if you find it easier to believe in death than everlasting life. But you most certainly have a choice.

During the first few weeks of your life on Earth, while you were no more than a tiny embryo of rapidly-multiplying cells, you were encased in a fluid-filled sac, a completely private world protected even from your mother's body. No blood from mother came in contact with your embryonic cells, no nerves connected you to her physical world. Not until you were approximately twelve weeks old did you begin to receive nourishment from her bloodstream through the placenta feeding station.

During those first twelve weeks without worldly nourishment, your rate of growth was tremendous, you were a very busy infant. By the time you were no larger than the head of a match, you had a brain, a mouth, the beginnings of a jaw. Before the twelve weeks were up, you had tiny arms and legs, bone, muscle, blood, internal organs, and a heart already beating. Much further development and growth remained, to be sure, but during those first twelve "foodless" weeks your baby body outlined the cellular structure of a distinctly individual person.

The miracle of "human" growth came about because your sacred seed of life, richly endowed with my wisdom, drew from omnipresent Holy Spirit the delicate substance that it needed with which to build a temple for itself. As a result, you are living in a body which my omniscience has constructed with tender loving care, a body in which I have carefully planted most precious powers and gifts. These powers and gifts have not diminished though seldom have they been fully used. They abide in the center of your submerged treasure chest, available always to your lifted consciousness, your omniscient mind of Christ. To your limited surface mind these powers seem beyond the range of the possible, but to me, your Father consciousness, there is no limitation, no range of "possible" or "impossible".

Therefore, your ability to be filled with, and use, the mother Light depends entirely on the awakening of your submerged mind, it has nothing whatsoever to do with "know-how" of your surface mind. Does your surface mind know how to use the oxygen which is taken into your lungs? Does your surface mind know how to receive vibrations of light and color and transmute them into pictures of the world around you that your eyes behold? No, your ability to transmute the Holy Spirit is one of the sacred powers I gave to abide in you. It is one of your most precious powers, and it has been neglected, ignored, unused, forgotten, lying dormant in the treasure chest of submerged mind.

As the great life force expressed itself, in you or anywhere in nature, its most essential action is taking place on the microcosmic level. The little things in life really are the things that make the difference. The activity that goes on in a realm invisible to your natural eyes is a very orderly perpetuation of chemical processes which make it possible for consciousness to experience. You are presently living in an organism which could properly be called a specialized chemical workshop. In this microcosmic world of cellular activity, the major work, being done at lightning-fast speed, is that of tearing down various molecular substances and synthesizing new kinds to fill the cellular needs.

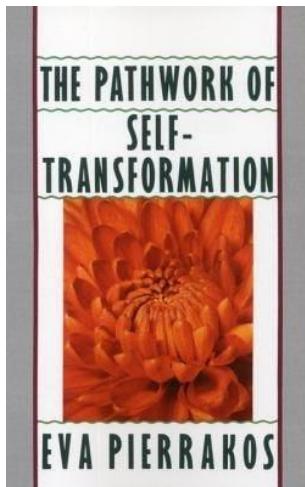
The surface mind has no idea how this work is done. It is carried on below the level of awareness. It is directed by the wisdom of the soul. The orientation and condition of the surface mind, however, do play vitally important parts. They determine whether the body is a free and open outlet for the dynamic force of life, or whether only a trickle of this life force seeps through. A turbulent surface mind, oriented around the human self, is like a dam thrown up across a river, holding back its surging waters. But a quieted surface mind, oriented only toward my glory, is no longer the dam across the river but merely the banks through which the water flows.

The full and varied use of my powers of transmutation begins to be manifested when your turbulence is stilled, when your mind and heart are quieted through your faith in me. Not only is it your privilege to use these sacred powers of transmutation, it is your responsibility. It is your reason for being alive.

If you can possibly believe these words, you will develop faith enough to hold your life in total stillness, and you will eventually see the truth of what I say with your own "human" eyes. The reservoir of your heart will be converted into the Holy Grail, the glorious center that hungrily receives my Holy Spirit, magnifies it, and reflects it outward to a needy world.

The Pathwork

As the above excerpt makes clear, our task is to take responsibility for the orientation and condition of our surface minds — to assert our sovereignty over them. This requires inner work. In the previous chapter on inner work, I mentioned that *The Door of Everything* is, by itself, a sufficient guide to personal ascension for those who resonate with it. I know of two people who replaced their entire spiritual library with that one book. For a period of about two decades, my indispensable book was *The Pathwork of Self-Transformation* by channeler Eva Pierrakos:



Eva channeled a nameless guide referred to as the *Pathwork Guide* over a period of 22 years ending in 1979. The resulting 258 lectures are freely available [online](#). The book is a collection of 17 of those lectures:

1. [What Is the Path?](#)
2. [The Idealized Self-Image](#)
3. [Compulsion to Recreate and Overcome Childhood Hurts](#)
4. [The Real God and the God-Image](#)
5. [Unity and Duality](#)

6. [The Forces of Love, Eros, and Sex](#)
7. [The Spiritual Significance of Relationship](#)
8. [Emotional Growth and Its Function](#)
9. [Real and False Needs](#)
10. [Infinite Possibilities of Experience Hindered by Emotional Dependency](#)
11. [The Spiritual Meaning of Crisis](#)
12. [The Meaning of Evil and Its Transcendence](#)
13. [Self-Esteem](#)
14. [The Process of Meditation \(Meditation for Three Voices: Ego, Lower Self, Higher Self\)](#)
15. [Connection Between the Ego and the Universal Power](#)
16. [Consciousness: Fascination with Creation](#)
17. [Creative Emptiness](#)

It is a treasure trove for those ready to do serious inner work. I first encountered it almost 40 years ago when I sought cures for several chronic afflictions from a healer named Pamela. She let me know up front that she required a commitment to a minimum of eight sessions. Until that time, I had only ever been interested in quick fixes — *just give me a pill.* But I had already tried dozens of treatments during the previous decade; I had nothing to lose by giving her approach a try so I made the commitment. By the time it was fulfilled, I wanted to continue because I was getting so much benefit, in ways that I could not have imagined at the outset. The first “homework” assignment she gave me was to read chapter 3 above, which by itself changed my life.

Core energetics

At the time, Pamela was one of very few experienced practitioners of [Core Energetics](#) which, as a healing modality, holistically addresses the physical, emotional, mental and spiritual aspects of one’s being. The physical/emotional aspect is addressed through bodywork intended to release blockages to movement, energy flow and expression. The mental/spiritual aspect is addressed by *The Pathwork*. Pamela studied with John Pierrakos, the husband of the channeler of *The Pathwork*, Eva (Broch) Pierrakos. He had previously co-founded the healing modality known as bioenergetics, having been a student of Wilhelm Reich.

I once participated in Pamela’s day-long workshop during which she asked for volunteers. First, she scanned their bodies for muscular tension and structural misalignment; she listened to their speech patterns, observed their facial expressions and eye movements. She then proceeded to release physical and emotional blockages: pressing on pressure points with her fingers, using various instruments such as a large rolling cylinder to unblock a spine arched backward on it, and evoking expression until authentic self emerged. We witnessed dramatic transformations in a matter of minutes. People who had initially appeared tense and restricted now stood before us relaxed and calm, yet vibrant and radiant. (It should be noted that participants in the workshop had already been doing intensive inner work with a local practitioner and were primed for a breakthrough with Pamela’s support — she had traveled from afar to conduct the workshop.)

The Pathwork provided a spiritual core for bioenergetics — hence *core energetics*; the central concept being that the self, for the purpose of inner work, can be modeled as a spiritual core overlayed by a lower self (shadow self or wounded inner child) in turn overlayed by a superficial mask (ego) intended to hide the lower self from society, which judges against it. The mask is an artificial persona one pretends is real but secretly knows is not. This self-deception has profound consequences and must eventually lead to a crisis which manifests psychologically and/or physically. It also prevents proper functioning of our connection to

the spiritual realm and to thus to our soul which resides therein, for in denying our lower self we must also deny the higher self which it overlays in the three-layer model of core energetics (see chapter 14 above).

The Pathwork can provide us with invaluable understanding which can serve as a roadmap for inner work, but there is no substitute for the actual physical/emotional work involved. It took about three sessions with Pamela for my own frozen feelings to melt enough for tears to begin flowing for the first time in many years — I had previously prided myself in never weeping. I asked Pamela how many tears it takes to heal. She replied solemnly: *A river of tears.*

Not long ago, I recommend *The Pathwork* to a correspondent. Some time later, I received this message:

Thank you for The Pathwork recommendation! Wow- I've never heard of it but I just read "Aspects of the New Divine Influx: Communication, Group Consciousness, Exposure" and it resonated so strongly, I had chills probably 5-6 times. How excellent 🎉

I took this message as a sign, an answer to a request of Spirit: *Which one of the 258 Pathwork lectures to focus on first?* Hence the title of this chapter, which beautifully fits at this point in the flow of *Metamagical Musings*. I reread the lecture for the first time in decades and remembered why I would have wanted the book with me if I was stranded alone on an island. The first opportunity I had to read it was at the Pathwork Center in the Catskill region of New York; I traveled there to read the unpublished lectures — there was no Internet in those days and this particular lecture was not in the book. So, here is an abridged version of the penultimate [Pathwork Lecture #257](#), given in 1979, to close this chapter. It is remarkable how relevant it still is *right now* as we witness and participate in the ongoing planetary process of exposure, soon to be followed by *cleansing*:

Aspects of the new divine influx: communication and exposure

Blessings, my dearly beloved friends. God's light envelops you all. This light contains all you need. Try to perceive it, try to feel its reality. It is always there for you, and to the degree you refine your inner being through the purification process, you cannot help being aware of this light that flows through all the universe, through all of creation.

In this lecture I would like to speak about some significant aspects of the New Age. As far as the New Age is concerned, I have stated before that at certain intervals in history a new influx streams into your world because humanity has grown sufficiently to be ready for it. This is so now.

Such a powerful influx must be accompanied by certain manifestations that are not always pleasant, welcome, agreeable or even constructive. Many events on your Earth that are outright undesirable are direct results of this influx. In fact, without them the growth and expansion of consciousness inherent in this New Age could not take place. Sometimes an outright negative manifestation may indeed be necessary for a total development to take place. This applies to the individual as well as to mankind as a whole, or, to put it differently, to the entity Earth.

In this lecture I should like to discuss some specifics that accompany the new influx. One is communication. Communication is a by-product of highly developed consciousness. To the degree that development of spirit exists, the ability to communicate, to listen and express adequately and appropriately also exists. To the degree that development is still impaired,

the ability to communicate is limited. So you see innumerable people who cannot and will not even try to put into words what they really feel and think. They are either too proud or they demand to be understood by others without having to labor to make themselves understandable. For it does require some labor. Communication is an art that everyone can and, indeed, must learn. It requires goodwill, a positive intentionality, and a will to cooperate.

Let us start by examining the outermost level. It is no coincidence that one of the major byproducts of modern technology is communication. Even though this level of communication applies to outer events only, it has a tremendous impact on the inner levels of humanity. In the first place, it brings people much closer together. In former times there was a greater sense of separateness because the distance between people and their lack of communication created the illusion that others were intrinsically different and alien, and therefore were enemies to be distrusted. Experiencing others to be similar when it comes to the basics of living, dying, suffering and longing, eliminates much illusion, fear and enmity. It contributes to the ever-growing unity of humankind.

So you see, my friends, technology is not in opposition to spiritual development and to spiritual life. However, it is often abused and misdirected and therefore it is seen as an obstacle to spirituality.

This again shows how everything in the Universe and on this Earth is intrinsically an expression of divine will and creation and can and should serve the great plan. Nothing can be created that does not have its roots in the world of spirit.

Your present ability to witness and thus to experience events with your brothers and sisters elsewhere has a significant impact on your soul. Your ability to move relatively fast from one corner of your Earth to the other brings you closer to the laws of the spirit world, where movement is instantaneous, one with thought.

Communication is a most important byproduct of advanced spiritual states. The ability to communicate on more subtle and personal levels has also greatly improved over the last decades. Psychological approaches have created a greater awareness of self and therefore a greater capacity to understand oneself, to express oneself to others, and thereby to communicate. Before this particular influx, most human beings were completely in the dark about themselves, their feelings, their needs, their true reactions, let alone those of others. It was therefore impossible to create a bridge with another person in a significant way.

Obviously, true communication presupposes communication with the self, with the inner levels of being that were inaccessible before. Understanding the self is the groundwork, the foundation, for you cannot convey, explain and communicate something you do not know. So a path such as the one I guide you on must always be primarily concerned with self-exploration and self-knowledge. It must never stop there, however. Self-knowledge is only the preliminary phase.

The next organic step is learning the great art of communication. This requires intention, thought, practice, self-observation. It means giving up the state of being only half awake, assuming unthinkingly that others should know what you feel. It means making the effort to explain, to reach out, to search through the mazes of misunderstanding—patiently and lovingly. Here, as in everything else, practice leads to an increasingly spontaneous and automatic ability to be outwardly what you were previously only secretly and inwardly, and to communicate this state to others.

Just use your imagination and think about the enormous difference this makes in human communication. How often do you believe someone is mean to you when, in reality, this other person fears you and erroneously uses a coldness or rejecting attitude as a defense? Knowing this removes your fear, your false pride, your anger. It may enable you to meet this person in an entirely different way that, in turn, will dissolve his or her negative defense that alienates you. So you see how communication brings souls together, eliminating walls of fear that create hate between humans. Therefore communication is an intrinsic part of the good life.

However, the fact that you may attempt to explain yourself is not enough. The way in which you reveal yourself is what makes communication an art. If you explain yourself in a way that implies blame and accusation, you only create a bigger wall. But if you attempt to explain yourself by simply conveying your feelings and needs, your impressions and assumptions in a questioning and open spirit without insisting that they be the truth, then you can reach a true understanding. You can establish clarity, light and truth. By learning the skill of communication, and practicing it as an art, you foster love and unity.

How can you assuage your loneliness unless you establish bridges with others? How can you lose your fear of people unless you truly expose the misconception that others want to be your enemies? You can achieve this only by taking the trouble of exploring yourself sufficiently to know what it is you really feel. Often you believe that you feel in a certain way, yet it is not at all what is really going on in you. You need to take the apparent risk of explaining yourself, even if this can rarely be done in one simple stroke. You need to enter an ongoing dialogue, full of goodwill, increasing your willingness to shed your pride and to give up your stake in blaming. This is what communication entails on an emotional level. This is how the great oneness among all human beings will be established. This is how fear and hate—hence war on all levels—will increasingly disappear. In other words, true communication will contribute to bringing the Kingdom of Heaven to Earth.

But there is an even deeper level of communication which you ignore. It is still very obscure but once you focus your attention on it, it will reveal itself as clearly as the levels I have just discussed. All interactions between human beings ultimately contribute to the final aim: reconciliation, oneness, brotherhood, love, understanding, truth. In the final analysis, even the most negative interaction between individuals serves this purpose.

When two entities—either individual or collective ones—are involved in a negative interaction, a deeper purpose is being fulfilled, even if the interaction has a most undesirable result at the moment. The higher selves of both entities are always at work. The higher self has not created the negative interaction per se, but it uses what already exists—negativity—for the purpose of dissolving it. The dissolution and transformation of negative material cannot possibly take place unless there is an outright manifestation. Even if the entities involved are totally in the dark about the part they themselves play in this interaction and are still on the level of self-righteous one-sidedness, they nevertheless serve a higher purpose. How much more does this happen when entities recognize the total truth of an interaction that may be hidden from their immediate view!

Your understanding of this will accelerate the conciliations on the level of sequential time, so that enmity/search/truth/love/unity follow each other in ever quicker succession.

Desist from yielding to the temptation to keep yourself locked up in isolation and resentment. Desist equally from yielding to the temptation to accuse and blame. Make yourself neutral, at least temporarily, until you have the chance of finding out what the truth is. Do not fear the truth. It will be so liberating! It will let you off the hook of your own secret self-accusation and it will free others of your accusations. You may well find imperfections in both yourself

and others, but these imperfections will have a new connotation that will free you of hurt and shame, as well as the need to put hurt and shame on others.

The new influx—called the New Age—also affects outer events, often in a most obscure way. What may appear an entirely undesirable, negative occurrence is, in reality, a necessity for establishing new values and reestablishing life based on spiritual premises, truth and love. In other words, destructiveness that has advanced so far that it can no longer be changed, molded or transformed, needs to be destroyed before a new and better structure can be erected.

Many destructive events on your Earth are of this kind. You need to learn to distinguish between those events that are outright unnecessary and directly opposed to life, being expressions of evil, and those that fall into the category I just described. The distinction is not always immediately clear, but as you train your inner vision and become more aware of these processes of creation, your perception will become more accurate.

I wish to discuss now another manifestation of the new influx: exposure. Again, you can see this aspect individually and collectively. It can hardly be missed, it is so obvious. Through psychology, and recently through profound spiritual work, exposure of self has reached depths unknown before in your history, with the exception of initiates, who formed small minorities in different cultures. Now exposure of the deeper levels of self has reached unprecedented degrees. Even the least knowledgeable people have attained a certain degree of awareness that there are deeper levels of being which determine their lives. You may now take this for granted, yet it was by no means always so.

This new ability to explore the self is a combination of communication and exposure. The willingness to expose leads to communication and communication leads to oneness, to alignment with the Christ spirit that sweeps with great force through your world.

The resistance to exposure is always present. It is obvious that refusal to expose creates isolation. When you deny exposure it always means that you have a stake in maintaining a rotten structure, a structure that you need to eliminate and replace. This unwillingness clearly implies the wish to continue living a lie. Dedication to the truth must bring the willingness and the courage to expose and to change.

If it is not done willingly, secret matters will be exposed through outside forces, through crises that will bring them to the surface. Once the force of the new influx is set in motion, it cannot be halted. The more opposition it encounters, the more painful the crisis will be.

This has also become very obvious in your public life. In very recent times, a great deal of hidden destructiveness has been exposed and communicated to the public. Again, this has never been the case before in the same way and to the same degree. And it continues.

Something new has been set in motion. Through communication, through exposure, the whole world knows of political misdeeds that would previously have remained secret. Through the evolving group consciousness a great interplay and interaction takes place that allows all of humankind to participate in the drama of development.

Viewing world events with this understanding is important. It is exactly the process you follow on this path: you expose your lower self, you share it, you communicate it to others. Can you think of a better way to establish love, trust, closeness?

Again and again I show you parallels between the development of the individual and of the planet. All the processes you learn to apply to yourselves also apply in some form on the collective level. Exposure has never existed in the way it does now. Masks are beginning to

fall, lower-self aspects begin to show clearly, with less concealment than ever before. Thus events and intentions can be recognized for what they really are, without the camouflages that bring so much lying, so much suffering, so much confusion.

Exposure is very much a part of the new influx. It is a direct expression of the Christ consciousness that sweeps through the inner and outer planes of this planet at this time. Spiritual development without exposure can, at best, be only a half measure that leads eventually to a stalemate. But unless exposure is infused with love, it becomes self-defeating. Show respect for the person who has the courage to do it willingly. Those who refuse to open up willingly must not be allowed to destroy their environment and to influence events through their concealment.

The courage and strength necessary to bring about exposure wherever appropriate and necessary stems from the inner conviction that it is done in the service of a larger cause—in other words, in love. The more you expose yourself to yourself, and subsequently to others, the more you will discover your true intrinsic worth. You will know that the already developed higher self is the part that makes the exposure possible.

It is the same with the planetary entity. The Earth's higher self is conducting all the exposures that occur now on the political front. Do not think of the New Age as a general, vague force. It is a consciousness by and in itself. Specific aspects manifest in various parts of your Earth as the need arises.

By seeing the same principle repeated in microcosm and in macrocosm, you develop a deeper understanding. Through this understanding and through your ever-intensified efforts toward self-exposure and communication with your immediate circle of dear ones with whom you share your process of development, you greatly contribute to the Earth's evolution. Although it may not be possible for you to see this influence directly and immediately, you will gradually sense it; it will become an ever-growing realization.

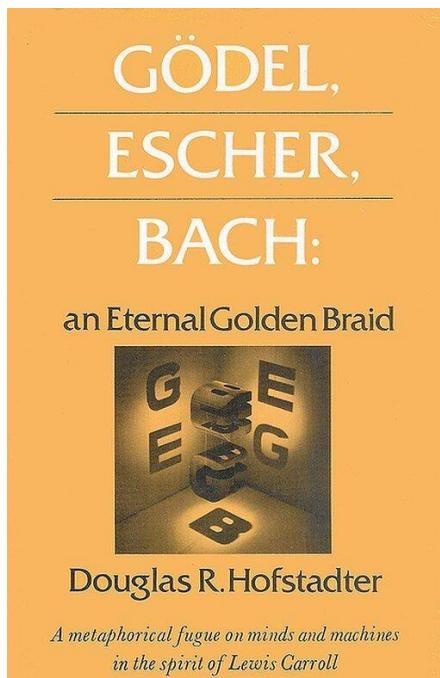
Look at this beautiful world with the eyes that see the whole, that comprehend the Lord's working behind all that is. Let your hearts be filled with the freshness of life's healing power that flows from the Source that encompasses all that ever was created and ever will be created. This Source resides right in your own center, even when you are unable to connect with it or to experience its reality through your confusions and your momentary suffering. It is always there.

Strange Loops

2024.03.26 [TOC](#)

Self-reference

There was a popular column in *Scientific American* magazine during the early 1980's named *Metamagical Themas*, authored by Douglas Hofstadter, winner of the Pulitzer Prize for his 1979 book *Gödel, Escher, Bach: an Eternal Golden Braid*. His column alternated with Martin Gardner's long-running column *Mathematical Games*, of which *Metamagical Themas*¹ is an anagram. When I read *Gödel, Escher, Bach* I was mesmerized, having already been fascinated by the works of the logician Kurt Gödel and the artist MC Escher; and who doesn't love JS Bach? Hofstadter's insight into the abstract commonality between the trio was thrilling; a thrill that has not subsided 45 years later. He taught me to look for abstract patterns in places I would not have thought to look.



The abstraction *self-reference* was of great personal interest at the time. Escher with his paradoxical drawings and Bach with his fugues² gave it visual and audible form. Gödel formulated it into his profound incompleteness theorem, which I consider to be one of the greatest intellectual achievements of the 20th century along with Einstein's relativity theory and quantum theory (Planck, Einstein, Dirac, Schrodinger, Heisenberg, Born, Feynman³ among others).

¹ Hence the name of this book: *Metamagical Musings*, with an indirect homage to my scientist persona which enjoys mathematical games. I intend to share my own Metamagical Themas in a subsequent chapter.

² A musical form consisting of a theme repeated a fifth above or a fourth below its first statement. Also, a dreamlike state of altered consciousness that may last for hours or days.

³ My academic great uncle.



Either mathematics is too big for the human mind or the human mind is more than a machine. — Kurt Gödel

Gödel's incompleteness theorems, published in 1931, can be [stated](#) as:

1. No consistent system of axioms whose theorems can be listed by an algorithm is capable of proving all truths about the arithmetic of natural numbers. For any such system, **there will always be statements about natural numbers that are true, but that are unprovable within the system.**
2. Such a system cannot demonstrate its own consistency.

Gödel's first theorem is a consequence of the fact that in axiomatic systems of the kind the theorem applies to, there are more true statements than there are proofs so there must be some true statements that cannot be proved.

Gödel's second theorem is an extension of the first and is explicitly self-referential. Self-reference requires a way to represent the whole by part of the whole. For example, the statement:

This sentence is composed of seven words.

is self-referential (and also happens to be true). The word *sentence* is the part that represents the whole. Axiomatic systems of the kind to which the theorem applies are incomplete in that they cannot internally prove that they are internally consistent, i.e., that they are not self-contradictory, even if in fact they are not. Internal consistency can only be demonstrated externally.

Gödel's incompleteness theorems reveal an inherent limitation about what we can know with our rational minds, suggesting that rationality itself is incomplete as a means of knowing. That Gödel was able to logically prove the limitations of logic using logic, is a testament to the self-honesty of logic. Sincere truth-seekers eventually realize that logic and rationality serve their highest purpose by bringing them to the threshold of expanded consciousness. Crossing the threshold requires a calming of mental turbulence that preoccupies our attention in the Construct, the realm of cause-and-effect and linear-time. This is easier to do after one has felt the full impact of Gödel's work. Having put full trust in the honesty of pure logic and mathematics, and having trained one's mind to hold itself to that high standard, the realization that logic itself declares its own incompleteness can have the effect of silencing the mind. The rational mind, in its hard won dedication to truth, is then willing to step down from the throne of consciousness, to yield to something beyond its understanding.

Only a few know, how much one must know to know how little one knows.
— Heisenberg

In 1937, Werner Heisenberg⁴ [recognized](#) that our knowledge of physical reality as perceived by our physical senses or measured by our physical instruments can never be complete, in principle. There will always be uncertainty in a particle's position and/or velocity if an attempt is made to measure them both at the same time, regardless of the precision of the measuring instruments. We, as inhabitants of physical reality, are limited in what we can know about physical reality from within physical reality.



*Not only is the Universe stranger than we think...
It is stranger than we CAN think. — Werner Heisenberg*

Alan Turing⁵ realized the same abstract truth in the context of computation. In a 1937 paper he [proved](#) that no computer program exists which can determine whether an arbitrary computer program will ever complete its computation; the *halting problem* is *undecidable*. There is a limit to what computer programs can compute about general computer programs, in principle.



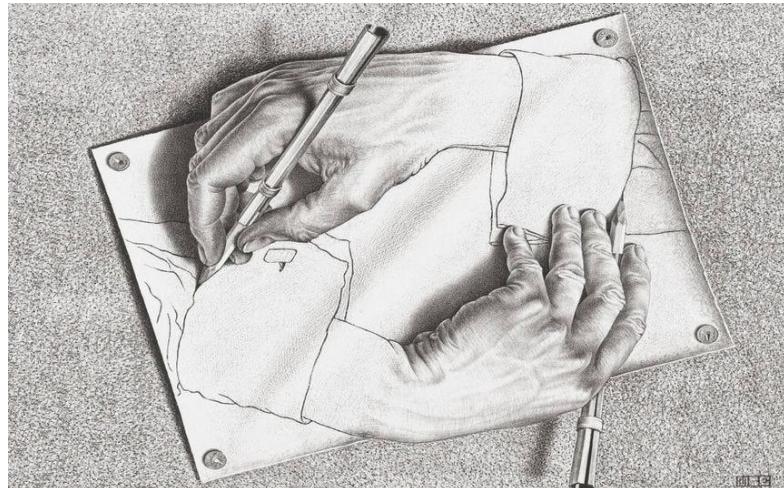
*Those who can imagine anything,
can create the impossible. — Alan Turing*

⁴ I knew Werner's son Jochen; he once attended my seminar.

⁵ I referred to [Turing machines](#) in my dissertation.

The problem reduces to the inherent futility of attempting to reduce the whole to a part, to create a symbolic reference to be used to rationally understand that whole, whether in reference to the physical universe (physical laws purport to apply everywhere and at all times — they are essentially statements about the whole), the infinity of computer programs, the infinity of natural numbers or the infinite Self, for that matter. On the scale of Creation, completeness is an attribute of the whole which in truth is holographically contained in each of its parts, contrary to all rational understanding. It cannot be compressed into an image or symbol in some deductive proof in some axiomatic system existing in some rational mind; it can only be experienced by *being*.

Awareness of this limitation does not invalidate the usefulness of self-reference in the context of rationality, in the realm where it applies. Indeed, mastery of rationality is a great achievement and one of the prizes that this Construct we call *reality* offers to those who come here to learn. Rationality is a projection of Abstract Truth into the Plane of Duality which, like a trail of breadcrumbs, can lead us out of this plane to a transcendent reality if we are able to break free of its paradoxical [strange loops](#) of the kind sketched by Escher:



Paradoxical self-referential statements like the following, if contemplated upon, have the potential to silence our rational minds and thereby liberate us:

This sentence is false.

Zen Koans

Zen [koans](#) likewise have such potential. My personal favorite was written at the end of her life in 1711 by Ryōnen Gensō, a Zen Buddhist nun⁶:

*Sixty-six times have these eyes beheld
the changing scene of autumn.
I have said enough about moonlight.
Ask no more.
Only listen to the quiet voice of pines and cedars
when no wind stirs.*

⁶ I was a Zen priest during my most recent lifetime.

And the following koan help me realize the non-linear nature of time⁷:

*A gosling was placed in a bottle and fed
until it grew into a goose.
How could you get it out
without breaking the bottle
or killing the goose?*

For those inclined to contemplate Zen koans, I recommend these collections: [101 Zen Koans](#) and [The Gateless Gate](#), the latter being resonant with *The Door of Everything*⁸:

*The Great Way is gateless,
Approached in a thousand ways.
Once past this checkpoint
You stride through the universe.*

Jnana Yoga

The development of the rational mind is not a step to be avoided, if one has any predisposition in that direction. Part of why we are here experiencing the Construct is to use its unique environment to further our development. Those who do not develop their rational minds miss out on a valuable tool for navigating the Construct and, not being able to think clearly for themselves, are more likely to have blind faith in authorities, religions, science, etc.; they must find another path to the threshold of expanded consciousness. In Hinduism, there are three classical paths to liberation: jnana (knowledge), karma (service) and bhakti (devotion) yoga. Those who follow path of knowledge or self-realization return to the spirit realm with the trophy of understanding.

We return victorious to the spirit, having descended into hell. And from hell we bring trophies. Understanding is one of our trophies. — Don Juan Matus

Being trapped in one's rational mind and obsessed with the artificial self-image that it constructs using faulty reasoning based on the axioms that linear-time and cause-and-effect are real, are what cuts one off from spirit — and this is the very definition of hell to those like Don Juan, who confessed that his motive for travelling the straight and narrow warrior's path was fear and what he feared the most was to lose the nagual, the abstract, the spirit.

Compared with losing the nagual, death is nothing. My fear of losing the nagual is the only real thing I have, because without it I would be worse than dead.

— Don Juan Matus

Jnana yoga is a simple and direct path to liberation from hell, albeit a challenging one. It amounts to simply realizing who we really are, which is not our rational mind or its idealized self-image⁹; therefore, we must silence our rational minds and break the mirror of self-reflection, thus dispelling the Illusion. It is the path of truth at any cost; the will to stop living a lie even if it means exposing one's artificial persona for what it actually is: a mere facsimile of self propped up as a mask intended to deceive — to fake it until we make it, to go along to get along — but which only deceives other masks along with itself in its journey through [Inferno](#). Having silenced our rational mind and having disidentified with the image it

⁷ See [Metaphysical Musings #3: Traversing timelines, bending reality](#).

⁸ See [The Door of Everything](#): ...you will glance backward and discover that the "Door" never did exist at all.

⁹ Recommended inner work: [The Idealized Self-Image](#).

constructed, we can restore our connecting link to spirit and tap into *silent knowledge*, as Don Juan Matus described it.

Rationality: a shamanic path of liberation

The shamanic¹⁰ tradition of Don Juan Matus as [described](#) by Carlos Castaneda followed a command of Spirit to pass on its traditions to successive generations of shamans by forming parties of apprentices according to specific rules, as selected by Spirit. Carlos' party was composed of himself and three women: Carol Tiggs, Taisha Abelar and Florinda Donner Grau. Carlos was pointed out by Spirit to Don Juan as the leader of the next generation. At the time he was a graduate student of anthropology at UCLA; it was during the course of his field work that he encountered Don Juan. Later, after his party was formed, all three of his female cohorts also completed doctorates in anthropology, or so I gather. I know at least that Florinda¹¹ wrote a book about her field work in Venezuela. This, perhaps surprising, emphasis on mental development was the result of their belief that the rational mind must be fully developed to the highest level so that it willingly yields dominance having truthfully recognized its own limitations.



Rationality among humans is actually very rare — even among those with advanced degrees from universities. Those who acquire it are only a step away from liberation, but the vast majority instead become self-absorbed. Don Juan stated that only humans among all organic beings turn their full attention inward, away from spirit. All other creatures naturally align their internal filaments of awareness, or threads of consciousness, with external filaments of awareness that compose existence-at-large. Some of them actually merge with those filaments and move with them. Humans focus their full attention on their own internal filaments; i.e., the filaments reflect upon themselves, disregarding existence-at-large.

The difference between a rational person and a self-absorbed person is that a rational person ignores impulses from the existence-at-large. Such impulses are experienced as feelings and

¹⁰ Carlos uses the word *sorcerer* instead of *shaman* in his books. I avoid the former word because of its negative connotations. In my own mind I spell it *sourcerer*.

¹¹ I briefly met Florinda at a workshop at UCLA.

to the hyper-rational person, feelings are irrational and therefore are to be devalued, discredited and suppressed, even including the feeling of love.



Mr. Spock

A self-absorbed person, on the other hand, without being consciously aware of it, allows the external impulses to stir up internal agitation. Since internal filaments can only be intentionally aligned after they are first quieted down, a self-absorbed person has little hope of connecting with spirit. A rational person, although ignoring spirit in favor of his self-image, at least can attain inner calm. He will probably live longer, his energy not being consumed by endless petty dramas centered on the self (actually, the self-image). At best, he is in a position to intend alignment, open the door of everything and leave his personal hell behind — if he becomes aware of the possibility, if he seizes his cubic centimeter of chance when it appears. The moral of this story is: if one takes the path of reason, then go all the way. Make it rather a path of truth, even at the expense of reason. Such a path inevitably leads to unreasonable Love.

When one is dedicated to truth rather than rationality, one begins to pay attention to paradoxes rather than to gloss them over in attempt to defend one's house of cards, one's rational construct. Indeed, one actively seeks paradoxes to contemplate. This is what true scientists do: they look for contradictions, inconsistencies, flaws. They scrutinize and invite scrutiny; they rejoice when a discrepancy or flaw is discovered because it represents an opportunity to advance knowledge, to take a step closer to truth. In Don Juan's world, abstract truths always seem like paradoxes to the rational mind and so they are used as teaching devices to expose its limitations.

One such paradox is that as the truth-seeker approaches the door of everything, they must become paragons of rationality and sobriety, and at the same time they must shy away from those qualities in order to be completely free and open to the wonders and mysteries of existence. The resolution to all such contradictions is to dynamically balance opposites, and then to find a transcendent third point of reference from which the two opposites are perceived as two sides of the same coin.



The third point of reference is freedom of perception; it is intent; it is the spirit; the somersault of thought into the miraculous; the act of reaching beyond our boundaries and touching the inconceivable. — Don Juan Matus

Self-absorption: a hellish trap

The self-absorbed are trapped in a construct of their own creation, cut off from spirit. How did this state of affairs come about? According to Don Juan:

Then he talked about ancient man. He said that ancient man knew, in the most direct fashion, what to do and how best to do it. But, because he performed so well, he started to develop a sense of selfness, which gave him the feeling that he could predict and plan the actions he was used to performing. And thus the idea of an individual self appeared; an individual self which began to dictate the nature and scope of man's actions. As the feeling of the individual self became stronger, man lost his natural connection to silent knowledge. Modern man, being heir to that development, therefore finds himself so hopelessly removed from the source of everything that all he can do is express his despair in violent and cynical acts of self-destruction. Don Juan asserted that the reason for man's cynicism and despair is the bit of silent knowledge left in him, which does two things: one, it gives man an inkling of his ancient connection to the source of everything; and two, it makes man feel that without this connection, he has no hope of peace, of satisfaction, of attainment.

Don Juan explained that excessive concern with the individual self is the mark of modern man and makes him a homicidal egoist, a being totally involved with his self-image. Having lost hope of ever returning to the source of everything, man sought solace in his selfness. He accomplished a magical maneuver: he found a focus point of awareness that is unique in that it perpetuates his self-image. The soul sickness of modern man is no more or less than a self-reinforcing fixation on a particular point of awareness out of the infinity of such points: a hellish trap. Continual reflection of the self-image back to itself generates the force behind the fixation. The mirrors of self-reflection are the walls of the trap.¹² Anything that can break this fixation, this obsession, this trance, this stupor, brings liberation. Thus, the shamans' program for their apprentices is to repeatedly jolt their awarenesses so as to dethrone self-importance¹³. Any explanations given to their rational minds are primarily intended to trap their attention and set them up for a jolt.

Perhaps the most important understanding for the rational mind is that *self-importance is self-pity masquerading as something else*.

¹² Not unlike the way some lasers work. Light Amplification via Stimulated Emission of Radiation — LASER. The material (such as ruby) of a cylindrical rod is stimulated to emit photons by a high-intensity flashing light source wrapped around it. The emitted photons bounce back and forth between the mirrored ends of the rod, resonating. Some leak through the end that is partially transparent, but by that time they are aligned and so form a coherent beam. The partially transparent mirror is like the door of everything. We will cross into infinity/eternity when we have become resonantly powerful, aligned and internally coherent sovereign being, forged into that state while trapped between the mirrors of self-reflection — but only if we manage to break through the mirrors.

¹³ I prefer the term self-centered to self-important. When Don Juan uses the term self-important, I believe he intends the specific meaning: *takes oneself too seriously*. We *are* important; but we tend to take ourselves (actually, our self-images) too seriously when are cut off from spirit.

Self-pity is the real enemy and the source of man's misery. Without a degree of pity for himself, man could not afford to be as self-important as he is. However, once the force of self-importance is engaged, it develops its own momentum. And it is this seemingly independent nature of self-importance which gives it its fake sense of worth.

— Don Juan Matus

Victimhood is concomitant to self-pity. It is more or less the opposite of sovereignty. Man is reduced to the status of a needy beggar or scrounger, deploying his meager resources to snatch whatever he can from his surroundings in order to survive, when all along he already had everything he could ever need within. To have any chance of claiming our sovereignty and reconnecting with spirit, we must vanquish self-pity.

I never saw a wild thing sorry for itself. A small bird will drop frozen dead from a bough without ever having felt sorry for itself. — D.H. Lawrence

Your inner work will reveal to your awareness the extent to which your compassion for others is actually pity, and that when you feel sorry for others you are actually projecting your self-pity onto them, which tends to reinforce their victimhood. Instead, lead them sovereignty, if you are guided to do so as an agent of Spirit:

Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime.

When we wallow in self-pity we are easy targets for the Dark Elite, whose diabolical agendas are often disguised as compassion for the poor, the disadvantaged, the oppressed — they are great virtue signallers. Absent self-pity, we can instantly recognize their scams for what they are, see the root of the problem, and act with true compassion and without self-importance. We act only upon command of the Spirit and do so with power and abandon, confident in the designs of the Spirit and humbly grateful for the part we are given to play in those designs. Only the Spirit knows when someone is ready for their cubic centimeter of chance:

Chance, good luck, personal power, or whatever you may call it, is a peculiar state of affairs. It is like a very small stick that comes out in front of us and invites us to pluck it. Usually we are too busy, or too preoccupied, or just too stupid and lazy to realize that that is our cubic centimeter of luck. A warrior, on the other hand, is always alert and tight and has the spring, the gumption necessary to grab it. — Don Juan Matus

The burden of existence

What is the point of the Construct? I have written that it is a school for the development of awareness. But I have also written that it is a furnace for the forging of sovereign beings capable of standing alone and intact in the presence of divinity. A strength and internal cohesion is required to withstand the full force of the Supreme Being's presence, but equally important is the strength and internal cohesion needed to withstand being alone, a state we must accept and endure as heirs of the One. A requirement of full self-realization is the willingness to bear our share of cosmic sadness:

Something is finally getting through to you. You're right. There is nothing more lonely than eternity. And nothing is more cozy for us than to be a human being. This indeed is another contradiction — how can man keep the bonds of his humanness and still venture gladly and purposefully into the absolute loneliness of eternity? Whenever you resolve this riddle, you'll be ready for the definitive journey. — Don Juan Matus

Don Juan was moved by this poem by the Spanish poet Juan Ramón Jiménez:

The Definitive Journey

*...and I will leave. But the birds will stay, singing:
and my garden will stay, with its green tree,
with its water well.
Many afternoons the skies will be blue and placid,
and the bells in the belfry will chime,
as they are chiming this very afternoon.
The people who have loved me will pass away,
and the town will burst anew every year.
But my spirit will always wander nostalgic
in the same recondite corner of my flowery garden*

Perhaps the greatest trophy we take with us on our definitive journey into eternity/infinity is our humanness, and by that I mean our capacity for genuine rapport, which gives us solace in the face of eternity/infinity. Perhaps that is why the Supreme Being fractalized into us, so that it may find solace through us. It chose to fractalize in such proportion that the ratio of self to other is the same as self to whole, setting up a rapport between self, other and whole. This is the Golden Ratio, which is ubiquitous in Nature. It is also called the Divine Proportion and the Golden Mean, the latter also identified with a philosophy of dynamic balance. It is no accident that the mathematical concept of *mean* is the root of the word *meaning*, for it is the rapport inherent in the Golden Mean that gives our existence meaning. And it is no accident that *ratio* is the root of *rational*.

Perhaps our self-pity is ultimately a reaction to our personal loneliness which is an echo of cosmic sadness, and our fear of death is really a fear that when the coziness of the illusory Construct dissolves we will find ourselves alone again. (Isn't our greatest sorrow the loss of a loved one?) Perhaps what we really fear most is that we cannot not exist. Perhaps the greatest gesture we can make is to willingly accept our share of the burden of existence by becoming sovereign. Our consolation is that the burden is lightened by the meaning we accrue from that gesture, and the love for our greater being that motivates such a gesture: Self-Love.

Making love...out of nothing at all. — Air Supply

The Wheel of Time

2024.04.17 TOC

Time, time, time

My favorite contemplation of time is to listen to Simon & Garfunkel's song *A Hazy Shade of Winter*, as covered by the Bangles in 1987:



Click [here](#) or on the image above to watch on YouTube

A highly upvoted comment under the [official video on YouTube](#) states that their version of the song is one of the greatest covers of any song ever. I don't disagree. The Bangles' harmonies and driving rhythms supercharge Paul Simon's haunting lyrics giving it the power to induce a mystical state. The song addresses the bewilderment we all have experienced as time slips through our fingers, then hints at a shamanic resolution:

*Time, time, time
See what's become of me
While I looked around for my possibilities
I was so hard to please!*

*Look around
Leaves are brown
And the sky is a hazy shade of winter*

*Hear the Salvation Army band
Down by the riverside
It's bound to be a better ride
Than what you've got planned
Carry a cup in your hand*

*Look around
Leaves are brown
And the sky is a hazy shade of winter*

*Hang on to your hopes, my friend
That's an easy thing to say
But if your hopes should pass away
Simply pretend
That you can build them again*

*Look around
Grass is high
Fields are ripe
It's the springtime of my life!*

*Seasons change with the scenery
Weaving time in a tapestry
Won't you stop and remember me?*

The contemplation begins with an assessment of the bleak present, the culmination of the past:

Time, time, time, see what's become of me while I looked around for my possibilities. I was so hard to please!

In the shamanic tradition of Don Juan Matus, a thorough review of the past is a necessary prerequisite to move forward in a dramatically new direction:

A recapitulation consists of thoroughly recollecting one's life, a process that may take years. When one is finished, one is no longer bound by the limitations of their person.
— a paraphrase of statements made by Florinda Grau¹⁴

The recapitulation (life review) reveals one's true condition: that one has lived in a state of victimhood, dependent on charity; one's stance has been that of a beggar holding a cup out silently pleading for alms, masks of bravado or grandiosity notwithstanding. But the alternative must have been worse, or so one believed at the time:

Hear the Salvation Army band down by the riverside. It's bound to be a better ride than what you've got planned. Carry a cup in your hand.

Faced with the hard truth, one summons intent and turns in a new direction:

If your hopes should pass away, simply pretend that you can build them again.

But shamans know that simply *pre-tending*, although it sets the direction of the desired ride, will keep one waiting and wishing. One must gather and assert one's *in-tent* to [traverse timelines](#).

Time gives us an opportunity to build something lasting should we choose to seize the day: *carpe diem*. Seizing time as if it were a wheel and turning it is an act of magic and whatever we then build or experience need not fade into oblivion.

Don Juan answers Simon's plea:

Won't you stop and remember me?

¹⁴ Florinda Grau was a member of Don Juan Matus' shamanic party.

with:

The only virtue of a warrior-traveller is to keep alive the memory of whatever has affected him, whose only way to say thank you and good-bye is by this act of magic: of storing in his silence whatever he has loved. — Don Juan Matus

The silence/stillness of our being is timeless. Whatever we store in it becomes eternal. The characterization of a shaman as a warrior-traveller is apt: as he travels through time collecting treasures, he is ever-vigilant to maintain his impeccability, *con-tending* with no rival but with his own pettiness and **self-pity**. Time does not slip through his fingers; he seizes time and rides it wherever his inclination takes him.

The Bangles transformed Simon's wistful contemplation into a forceful assertion. Heed the abrupt ending of the tune which symbolically transforms Simon's plea:

Won't you stop...?

into the imperative: *Stop!* Stop the turning world! Seize the moment!

What is time?

Florinda explained that when she or her peers talked about time, they were not referring to something which is measured by the movement of a clock. Time is the essence of attention; the Eagle's¹⁵ emanations are made out of time.

We might describe the filaments of light emanating from the Eagle as *vibrant*, but *motion* — as Dewey Larson¹⁶ defined it — is a more abstract concept than *vibration* and as such is a more fitting word to describe the aliveness of the filaments. Florinda's statement that the emanations are made out of time is sufficiently suggestive, but bear in mind that time and space are dual aspects of abstract motion within the Construct, the Plane of Duality — and like the two sides of a coin they only exist in relation to one another, as Einstein revealed. In Larson's terminology, the Eagle's emanations are made out of *motion*.

Vibration is a manifestation of abstract motion, but something vibrating appears to be under the influence of an alternating force: it repeatedly reverses direction; it accelerates one way, then the other. Vibration can be understood more simply and fundamentally as the projection into a lower dimension of something rotating in a higher dimension.¹⁷ Rotation requires no external force; it persists indefinitely absent such force. And we most commonly associate time with rotation rather than vibration: the rotating hands of a clock, the rotation of the Earth, the revolution of the Earth about the Sun and the Moon about the Earth — the vibration of a quartz crystal in a wristwatch notwithstanding.

Florinda states that time is the essence of attention. Once again, this statement is sufficiently suggestive, but to clarify: attention is focus. Upon seizing our internal filaments of light with the force of our intent, then **aligning them** with a particular bundle of external filaments, we assemble the perception of a reality of our choice, then give that reality our attention. We *in-*

¹⁵ The Eagle is the shamans' metaphor for the Source of Existence.

¹⁶ Dewey Larson was a chemist who developed a theory of reality based on the concept of *motion*, which has the dual aspects *space* and *time*. His theory was **endorsed by Ra**. Ra refers to the physical realm as space/time and the metaphysical realm as time/space and other dualities likewise: love/light and light/love, teach/learn and learn/teach, for example.

¹⁷ For example, if one views a planet in a 2D circular orbit from the side, the planet appears to be moving back and forth along a 1D line. **This animation** shows the connection between rotation and oscillation (vibration).

tend alignment of the filaments, then *at-tend* to that which has been aligned. Intention and attention give purposeful direction to *motion*. And *recall*, *intent* is the *doing* of a collection of filaments bound together by the force of *love*; it is the *doing* of a sovereign *being*.

Mastery of intent makes us masters of our destiny, which is nothing more than the direction we chose to travel through time. Most humans are spellbound to travel in one direction along one timeline with their gaze fixed opposite the direction of travel, perceiving events only as they recede into the past. The ultimate aim of a warrior-traveller is to free perception, to master the ability to realign perception in any direction of multidimensional time and to travel in that direction. One must indeed become a warrior to accomplish this feat. One fights to break the chains of self-obsession, which bind attention and curtail freedom.

*Florinda said that the wheel of time is like a state of heightened awareness which is part of the other self, as the left side awareness is part of the self of everyday life, and that it could physically be described as a tunnel of infinite length and width; a tunnel with reflective furrows. Every furrow is infinite, and there are infinite numbers of them. Living creatures are compulsorily made, by the force of life, to gaze into one furrow. To gaze into it means to be trapped by it, to live that furrow. She asserted that what warriors call will belongs to the wheel of time. It is something like the runner of a vine, or an intangible tentacle which all of us possess. She said that a warrior's final aim is to learn to focus it on the wheel of time in order to make it turn. Warriors who have succeeded in turning the wheel of time can gaze into any furrow and draw from it whatever they desire. To be trapped compulsorily in one furrow of time entails seeing the images of that furrow only as they recede. To be free from the spellbinding force of those grooves means that one can look in either direction, as images recede or as they approach.*¹⁸

Rotation and translation

The use of the wheel metaphor is most apt. It invokes the image of the wheel of a ship by which the captain steers. But it also invokes *rotation*, one of the fundamental modes of *motion* manifest within the Construct along with its dual, *translation*.

Pure rotation is movement in time. Pure translation is movement in space. These are the only two motions that persist indefinitely in the absence of external forces; they form a dual pair with rotation aligned with time/being/yin and translation aligned with space/doing/yang. These movements persist indefinitely because linear and angular momentum are conserved quantities, a direct result of the translational and rotational symmetry of the laws of physics. A lone rotating object will keep on spinning in the same plane at the same angular speed. Thus, we can let go of the handlebars of a bicycle confident that it will not tip over thanks to its spinning wheels which resist turning or tipping forces. Likewise, a lone translating object will travel forever toward infinity at a constant speed.

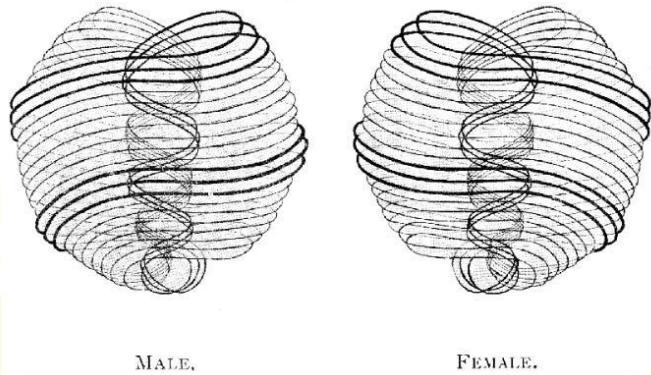
According to Larson's Reciprocal System Theory (RST),¹⁹ rotation in time is what composes matter in space, on the microscopic scale. The electron, in particular, is known to have no discernible physical size or structure; it is considered to be a point in space with certain properties (mass, charge and intrinsic spin). In RST, the electron is considered to be the

¹⁸ As in *déjà vu*.

¹⁹ Reciprocal System Theory (RST) is a theory of reality proposed by Dewey Larson and extended by others such as Bruce Peret and KVK Nehru. For those who wish to explore it in depth, [this page](#) provides links to various resources. Also, Ra's comments on Larson's theory can be found by [searching the database](#) of the Ra Material for such terms as *Larson* and *time/space*.

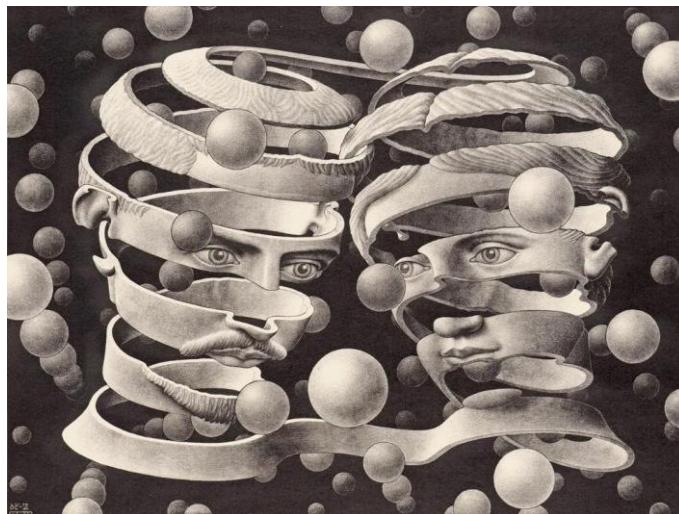
energetic imprint in space of a rotational structure in the realm of time; the realm of space is the realm of location rather than structure. In RST, the massless, spinless, uncharged, translating photon is explained as a birotation: two counter-rotating, oppositely charged structures in time partially neutralizing each other, leaving a photon speeding through space.

The term *intrinsic spin* as applied to microscopic elementary particles is meant to distinguish this property from familiar macroscopic rotation; what is actually spinning is still a mystery to conventional physicists. According to the clairvoyants Charles Leadbeater and Annie Besant, the rotating structure of the *ultimate physical atom* (by which they mean *irreducible unit*) is a toroidal structure, a self-reinforcing flow with a rotational aspect:



The one is like a spring from which water bubbles out; the other is like a hole, into which water disappears. We call the atoms from which force comes out positive or male; those through which it disappears, negative or female. — Besant and Leadbeater

Perhaps MC Escher had an inspiration/intuition about this complementary pair:



Bond of Union (between Maurits and Jetta), reversed—MC Escher

Turn, turn, turn

Our *being*, which is a collection of [particles of consciousness](#), resides in the realm of time; from there it expresses its *doings* in the realm of space. So, seizing the wheel of time is equivalent to accessing the realm of time and reconnecting with our *being*, our spirit and its soul essence. Our physical body is like a temporary vehicle for our *being*'s expression and experience. In space, things add, extend, build up and accumulate; resulting in histories,

dramas and works (such as architecture, art, music, literature, institutions, societies) — all manner of expressions and accomplishments; in short, *doings*.

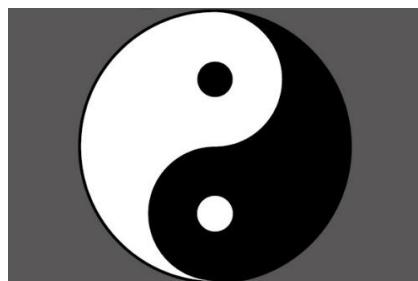
All the world's a stage — Shakespeare

In 1965, the Byrds' folk rock cover of the 1959 Pete Seeger song *Turn! Turn! Turn!* reached the top of the music charts. The lyrics, taken almost verbatim from Ecclesiastes 3:1-8 (KJV), are about the drama of life as viewed from a higher perspective. The Byrds' harmonies and Roger McGuinn's iconic 12-string Rickenbacker guitar playing supercharged the ancient biblical lyrics, inducing one of the earliest mystical states I can remember as a child.



Click [here](#) or on the image above to watch on YouTube

Ecclesiastes can help us reach a higher perspective from which to view with equanimity the drama of life, corresponding to the *circular* whole of the yin-yang symbol, its interpenetrating and *circulating* realms of dark and light corresponding to time and space, *being* and *doing*, yin and yang. *Turn! Turn! Turn!*



Rotation is the key to time

The impetus behind all of our *doings* in space is the generalized intrinsic spin, if you will, of our *beings* in time. Having accessed our metaphysical/spiritual *being*, we can regulate our own “spin” and thus seize time.

In the absence of intent, the axis of rotation of our being tends to hold its direction along a particular timeline, fixing our perception on the receding past. The bicycle wheel gives us a clue: it does not resist turning or tipping when it stops spinning. To turn the wheel of time, we must first still our being — calm its internal agitations — starting with silencing our internal, self-obsessed dialog. We can then refocus our attention and resume our *doings* on a timeline

where the grass is high and the fields are ripe, if we desire to experience the vitality of springtime rather than the bleakness of winter.

Look around. Grass is high. Fields are ripe. It's the springtime of my life!

Carlos Castenada, apprentice of Don Juan and Florinda, describes the role of rotation in unlocking time, as he perceived and understood it:

I remembered that once I was with don Juan and another man whose face I could not remember. The three of us were talking about something I was perceiving as a feature of the world. It was three or four yards to my right and it was an inconceivable bank of yellowish fog²⁰ that, as far as I could tell, divided the world in two. It went from the ground up to the sky, to infinity. While I talked to the two men, the half of the world to my left was intact and the half to my right was veiled in fog. I remembered that I had oriented myself with the aid of landmarks and realized that the axis of the bank of fog went from east to west. Everything to the north of that line was the world as I knew it. I remembered asking don Juan what had happened to the world south of the line. Don Juan made me turn a few degrees to my right, and I saw that the wall of fog moved as I turned my head. The world was divided in two at a level my intellect could not comprehend. The division seemed real, but the boundary was not on a physical plane; it had to be somehow in myself. Or was it?

We learned to stop the rotation of that wall. It happened quite naturally to us. In my case, on one occasion I realized that my intent was the key, a special aspect of my intent because it was not my volition as I know it. It was an intense desire that was focused on the midpoint of my body. It was a peculiar nervousness that made me shudder and then it turned into a force that did not really stop the wall, but made some part of my body turn involuntarily ninety degrees to the right. The result was that for an instant I had two points of view. I was looking at the world divided in two by the wall of fog and at the same time I was staring directly at a bank of yellowish vapor. The latter view gained predominance and something pulled me into the fog and beyond it.

Reaching the totality of ourselves

The connection to our metaphysical/spiritual being is not fully functional in most humans; it has atrophied. Moreover, its full functionality is deliberately impaired upon incarnation, for the purpose of greatly accelerating our evolution in consciousness.²¹ Having gained awareness of the existence of our dual self, we can choose to reactivate our connecting link to it and eventually merge with it to become a sovereign being, while still incarnate.

The idea that we have a counterpart and are effectively split in our consciousness is not so strange to those of us who have done inner work. Not only do we become aware of having an artificial persona, a mask, an idealized self-image, but also that most of us have more than

²⁰ Don Juan explained Carlos' perception of a wall of fog as follows: When the assemblage point is moving away from its customary position and reaches a certain depth, it breaks a barrier that momentarily disrupts its capacity to align emanations. We experience it as a moment of perceptual blankness. The old seers called that moment the wall of fog, because a bank of fog appears whenever the alignment of emanations falters. There are three ways of dealing with it. It could be taken abstractly as a barrier of perception; it could be felt as the act of piercing a tight paper screen with the entire body; or it could be seen as a wall of fog.

²¹ Ra explains the purpose of the veil that obscures our connection to our dual self when incarnating into the space realm (third or yellow density) by making an [analogy with a poker game](#). This passage is my favorite in all of the Ra material.

one persona. We may be semi-consciously aware that our personality changes depending upon whom we are interacting with, but in more extreme cases such as in those with Multiple Personality Disorder, awareness of multiple personas submerges to the subconscious level. Such people become subconscious experts at compartmentalizing their lives and smoothing over the discontinuities that must inevitably occur.

One path to reunification of the self is through dreaming practice, for the spirit realm is also the astral realm, the realm of dreams and out-of-body travels. Initially, one seeks rapport with the dual by intentional shifting focus so that one awakens while dreaming and dreams while awake, back and forth until the dynamic fluctuation becomes so high in frequency as to become a unified state of consciousness. Florinda Donner called this integrated state *being-in-dreaming*.²²

Reunification with our spirit dual brings with it many benefits. Our dual consciousness inhabits multidimensional time, so that even though its mobility is restricted in the sense of spatial location, it can easily perceive approaching events. Precognition and other paranormal abilities such as clairvoyance come naturally. Not only can we *perceive* in time, but in our totality we can also intentionally *act*: we can develop such paranormal abilities as bilocation, teleportation and telekinesis; we can even intend timeline traversal. Such freedom is the ultimate aim of the shamans of Don Juan's lineage. It is the evolutionary destiny of human beings.

Don Juan describes the road to sovereignty in terms of three stages of attention:

Don Juan had said that our total being consists of two perceivable segments. The first is the familiar physical body, which all of us can perceive; the second is the luminous body, which is a cocoon that only seers can perceive, a cocoon that gives us the appearance of giant luminous eggs. He had also said that one of the most important goals of shamanism is to reach the luminous cocoon; a goal which is fulfilled through the sophisticated use of dreaming and through a rigorous, systematic exertion he called not-doing. He defined not-doing as an unfamiliar act which engages our total being by forcing it to become conscious of its luminous segment.

In order to explain these concepts, don Juan made a three part, uneven division of our consciousness. He called the smallest the first attention, and said that it is the consciousness that every normal person has developed in order to deal with the daily world; it encompasses the awareness of the physical body. Another larger portion he called the second attention, and described it as the awareness we need in order to perceive our luminous cocoon and to act as luminous beings. He said that the second attention remains in the background for the duration of our lives, unless it is brought forth through deliberate training or by an accidental trauma, and that it encompasses the awareness of the luminous body. He called the last portion, which was the largest, the third attention - an immeasurable consciousness which engages undefinable aspects of the awareness of the physical and the luminous bodies.

While the warrior's journey seems to be a progression involving the piercing of a veil, the entire journey is a circular whole when viewed from the third perspective, ending where it started — its purpose being for the One to experience Itself from a myriad of perspectives. On the one hand the journey has no end; on the other hand it is complete in Itself.

²² Ra explains the purpose of the veil that obscures our connection to our dual self when incarnating into the space realm (third or yellow density) by making an analogy with a poker game. This passage is my favorite in all of the Ra material.

The metaphysics of time



Time, like space, although a dimension in itself, also has dimensions of its own.
— Vicki, in “The Space Museum” episode of Doctor Who, 1965.

In a moment of realization, the Doctor's²³ companion Vicki grasped the multidimensional nature of time. But how could it be otherwise? The Construct we inhabit and experience is the Plane of Duality. Everything appears as pairs of opposites.

Why then, is there an apparent asymmetry between 3D space and 1D time? There must be a metaphysical realm to balance the physical realm. In the metaphysical realm there are three dimensions of time and one dimension of space. The metaphysical realm is also the spiritual realm, so called because it is invisible to our physical senses. Yet it can affect the material realm via energy fields that we cannot actually observe (unless we are clairvoyant) — we only observe their effects. Where, exactly, is this spiritual realm? It is right here, but adjacent to 3D space.

Each dimension of space is a direction of possible movement from *where* you are. Movement is change. Change is the essence of experience. In 3D space, we can move forward or backward, left or right, up or down. Movement requires a fourth dimension of time. Time makes change in location possible. Like space, it is just another means of separation. We are separated from the past and future. But unlike space, although we are aware of past and future, we seem to only move forward toward the future even though there are no microscopic laws of physics which prevent backward movement in time. There seems to be a lack of symmetry with regard to space vs. time and with regard to the direction of time. If we believe in balance, this asymmetry is a clue that:

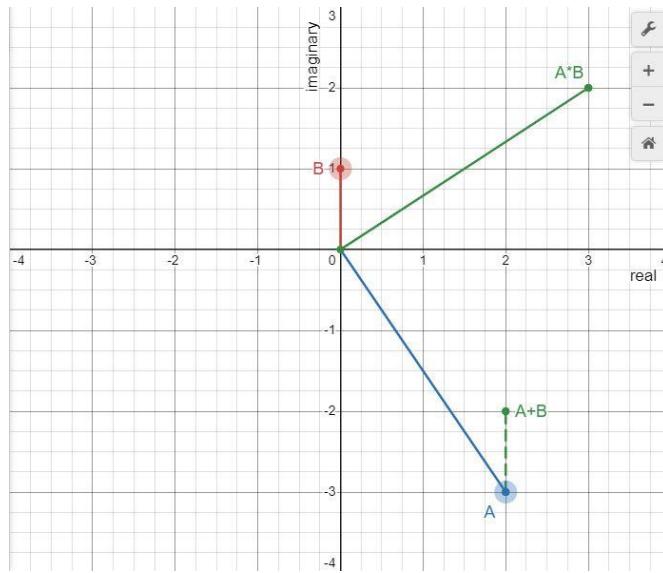
There are more things in heaven and earth, Horatio, than are dreamt of in your philosophy. — Shakespeare

Imagine, then, that there is an invisible counterpart to 3D space with three directions of possible movement from *when* you are, each a pair of opposites.

²³ Doctor Who, a fictional time lord, is the namesake of my first writing persona [Citizen Doctor](#).

Complex multiplication and rotation

Imagine is a clue. Deploy your ability to imagine that which you cannot observe, in analogy with what you *can* observe. Mathematicians even named these additional directions as *imaginary*. They, along with physicists, routinely make use of *complex numbers* which are composed of a *real* part and an *imaginary* part. For example, $2-3i$ is a complex number. The real part is 2 and the imaginary part is -3. The imaginary part is multiplied by i to keep it separate — i represents a unit of movement in an independent direction. This complex number can be represented graphically by plotting it on a complex plane, with both real and imaginary axes:



Adding and multiplying two complex numbers A and B in the complex plane.

In the above graph, two complex numbers are plotted²⁴:

$$A = 2-3i \text{ (blue dot)}$$

$$B = 0+i \text{ (red dot)}$$

It is traditional to also draw a line from the origin to a complex point such as A because complex numbers behave like vectors. For example, in typical vector fashion, adding $A+B$ is accomplished by translating the line from the origin to B (now shown as a dashed green line) so that it starts on A instead of the origin. The new point $A+B$ has a real part 2 and an imaginary part -2, which can be computed by simply adding the real and imaginary parts of A and B independently. When adding, there is no interaction between the real and imaginary parts.

$$A+B = 2-2i$$

But magic happens when two complex numbers are multiplied, thanks to a peculiar property of i : when multiplied by itself it produces -1. Multiplying by i has the effect of changing a real number into an imaginary one, and an imaginary number into a real one (but in the opposite direction). This amounts to a rotation in the complex plane by 90 degrees in the counterclockwise direction, as illustrated by the product $A*B$ plotted in the above graph.

²⁴ An interactive version of this graph is available [here](#). The points A and B can be dragged on the graph and their real and imaginary parts controlled by sliders.

$$A^*B = (2-3i) * (0+i) = 2*0 - 3i*i + 2i - 3i*0 = 3+2i$$

Four consecutive multiplications by i cause a full 360 degree rotation. Multiplication by $-i$ rotates clockwise.

We can extend the analogy beyond the 2D complex plane and imagine, in principle, a 6D complex space with three real dimensions and three imaginary dimensions, all mutually independent, even though we cannot visualize such a space. Why stop at 3+3 and not more? Because of rotation.

Rotation occurring in three dimensions (either in the real realm or the imaginary realm) allows the axis of rotation to have components in three independent directions. Rotation about any one of these directions by 90 degrees realigns a second orthogonal direction to the third, forming a closed set of three orthogonal directions rotatable into one another. In four dimensions, the analogous set is not closed²⁵ and the problem worsens in higher dimensions. Thus, physical movement takes place in three dimensions and only three dimensions. If the goal is a self-contained Construct, another dimension of space cannot be added, but three imaginary dimensions *can* be added, with rotation being the mechanism of interaction between these two quasi-independent realms. How clever!

Clock time/clock space

The three dimensions of time are imaginary dimensions, in the mathematical sense. But they are not imaginary in the existential sense. 3D time balances 3D space, but why are we only aware of 1D time, that we call clock time? Is it one of the three time dimensions, or is it a separate fourth dimension of time that is an integral part of Einstein's spacetime as most physicists believe? And why does this 1D time appear to be constrained to relentlessly advance toward the future?

My (speculative) understanding is that 1D clock time is an effect of rotation in 3D time. It is the 1D axis of rotation that serves to orient our consciousness (which is seated in 3D time) toward a particular direction in the time realm. The motion of this rotation is regulated by the counterpart to clock time, namely clock space. By strong agreement and habit this orientation is toward our future, but there is no physical or metaphysical law preventing other orientations. In principle, we even have the option to move *sideways* in time, in a manner of speaking.

My further (and even more speculative) understanding is that clock time and clock space share a seventh dimension in addition to the three space and three time dimensions: 3+3+1, in accordance with the significance of the number seven in Creation. Since ancient times, philosophers have recognized this significance and explained it as the inevitable consequence of the fact that there are three ways to combine the three components of the Trinity, which itself proceeds from Unity:

Tao produced Unity; Unity produced Duality; Duality produced Trinity; and Trinity produced all existing objects. — Lao Tzu

²⁵ In 3D, if we designate the three orthogonal directions by i, j and k and consider the thee possible pairs (not allowing self-pairs), each pair represents a possible rotation of one component of the pair into the direction of the other, about the axis in the third direction. For example, i could rotate into the direction of j about the k direction. The other two pairs, j and k, and k and i, represent possible rotations about the directions of i and j respectively. Thus, rotations in 3-D are self-contained. In 4D, there are six pairs of the four orthogonal directions i, j, k and l. The six axes of the corresponding rotations exceed the number of independent directions. Thus, rotations in 4-D are not self-contained.

The seven combinations consist of the three elements of Trinity each taken separately (1, 2, 3 — the three independent directions of translation), formed into three pairs (12, 23, 31 — the three independent planes of rotation and their corresponding axes of rotation), and finally the one triplet composed of all three elements (123 — clock, the means of interaction and the impetus of manifested motion). This final combination merges translation and rotation into a spiral or vortex.

My understanding is that clock is a vortex. Consider how spinning tornadoes descend from the clouds toward the ground, in the direction orthogonal to their rotation. This screw-like effect might be what we experience as movement in clock time, as well as other energetic effects funnelled into the space realm via the vortex. Consider other examples of vortices such as the way water forms a vortex as it spins down a drain. And consider other examples of combined rotation/translation from Nature such as helices (translation in the axial direction) and spirals (translation in the radial direction) which abound at every scale of the Cosmos: from the double helix of DNA, to the helical structure of quartz, to the growth pattern of nautilus shells and so on up to spiral galaxies.



Quartz has a helical molecular structure. The helix can twist in either direction resulting in macroscopic handedness. Credit: Amir Akhavan.

The macroscopic facets of quartz crystals reveal the handedness of their microscopic helical structures which can twist either clockwise or counterclockwise; Besant and Leadbeater might designate the pair shown above as male and female. Does this duality correspond to clock space and time?

The seven vortices which are called chakras transfer energy between the metaphysical and physical bodies, the energetic imprint of the former being seen by clairvoyants as auras.²⁶ Their colors correspond to the seven colors of the visible spectrum of light, representing vibrational frequencies.²⁷

²⁶ In this chapter, I am only concerned with the 7D Construct, Shakespeare's stage. The chakra vortices connect not only with our dual in time, but with higher-dimensional aspects of our being. Thus, chakras are concentric vortices and the aura has multiple, interpenetrating layers. Our spirit resides in time, but its soul essence also exists in higher planes.

²⁷ The continuous range of frequencies in the visible spectrum is perceived by consciousness as seven distinct bands of color, a projection into physical reality of metaphysical/spiritual structure which is itself the quantum imprint of the One in Creation.



The seven chakras are in the pattern 3+3+1. Three electrical, linear, doing, masculine upper chakras represent the 3 components of Trinity taken individually. Three magnetic, rhythmical, being, feminine lower chakras represent the three components of Trinity taken in pairs. All three components combine as a triplet in the heart where Divine Masculine inspiration entering from the crown meets and balances with Divine Feminine intuition entering from the root, to then express in the world through heart: Divinity in human form, Trinity in the Construct. Divine flow and alchemical blending in the heart is fully activated when all chakras are balanced. *Balance is the cardinal rule of magic.*

Stop, Stop, Stop

Although its lyrics are not especially enlightening, I can't help but close chapter 7 with a 1966 song by the Hollies, one of my favorite groups of the '60s whom I had the pleasure of hearing live. But the song *does* capture the desperation for relief that one eventually feels when caught up in the dramas of life:



Click [here](#) or on the image above to watch on YouTube

*Stop, stop, stop all the dancing!
Give me time to breathe!*

It is a triumph to trace this frantic desperation back to the spinning of one's being and then stop the mad spinning, stop the turning world, silence the incessant internal dialog, get off the hamster wheel and experience the relief and wonder of profound quietude and stillness. From that state of *being* you can seize the wheel of time and resume your *doings* with sovereignty, as you choose.

The Chronicles of Intent

2024.05.12 [TOC](#)

The Furyan



In the 2004 science film *The Chronicles of Riddick*, the protagonist Richard B. Riddick, played by Vin Diesel, stares down a wolf-like predator, quickly taming it. How did he do this with his eyes alone?



*The reason shamans put so much emphasis on the **shine** of their eyes and on their gaze is because the eyes are directly connected to intent. Intent is beckoned with the eyes.* — Don Juan Matus

Riddick's shining eyes were explained by him in the prequel film *Pitch Black* as being the result of a medical procedure that enabled him to see well in the dark but which also made his eyes hypersensitive to light; he needed protective goggles in conditions of ordinary brightness. He was often shown donning or removing his goggles as if director David Twohy wanted to emphasize Riddick's peculiar condition. It was later clarified by other characters in

the sequels²⁸ to *Pitch Black* that the story of a medical procedure was invented by Riddick. Shining eyes are actually a genetic trait that expresses only in alpha-male Furyans.

The enigmatic anti-hero Riddick is perhaps the only free survivor of the Furyan race of warriors purged by the Lord Marshall of the Necromonger Empire because the latter felt threatened by a prophecy that a son of the planet Furya would cause his demise. Furyans had evolved extraordinary physical and spiritual abilities while adapting to their harsh home world, including a supernatural power known as *The Furyan Rage*. Riddick, being an alpha-male Furyan, is so formidable that he poses a serious threat to the Lord Marshall, despite the latter's own supernatural powers gained by having pilgrimaged to the Underverse, the Necromongers' version of Paradise.

The active function of the eyes

We understand our eyes as physical organs of perception. But they are not merely passive sensors of incoming light; they actively focus on that to which our consciousness gives attention. On an energetic level, this focusing of awareness corresponds to seizing our internal filaments of light with the force of our intent, then aligning them with a particular bundle of external filaments to assemble the perception of a reality, as previously described in [The Wheel of Time](#). And so, our eyes have a higher function as organs of intent; they can guide a power which can impact one's surroundings, even bend reality.

The force of intent can be felt from a distance as when you are aware that someone behind you is staring at you. One's intent can even mesmerise others, according to Don Juan:

After all, the eyes of all living beings can move someone else's assemblage point,²⁹ especially if their eyes are focused on intent. Under normal conditions, however, people's eyes are focused on the world, looking for food, looking for shelter. A good hunter mesmerizes his prey with his eyes. With his gaze he moves the assemblage point of his prey, and yet his eyes are on the world, looking for food.

But Riddick was not mesmerising the wolf-like predator; he was not hunting it. Rather, he was asserting dominance over it, having sensed its pack nature. The creature calmed and submitted to Riddick when it felt the superior strength of Riddick's gaze; there was no need to fight for dominance.

For shamans to use the shine of their eyes to move their own or anyone else's assemblage point, they have to be ruthless. That is, they have to be familiar with that specific position of the assemblage point called the place of no pity.

Some spiritual aspirants might be put off by negative connotations of the words *ruthless* and *no pity*. But [recall](#) that pity for others is merely projected self-pity, which is the source of man's misery.

For a shaman, ruthlessness is not cruelty. Ruthlessness is the opposite of self-pity or self-importance. Ruthlessness is sobriety.

²⁸ A new chapter in the Chronicles of Riddick saga has been confirmed by Twohy and Diesel: *Riddick 4: Furya* is officially in development.

²⁹ In Don Juan's tradition, the assemblage point is a location on the surface of our luminous being where a bundle of internal filaments of light align with corresponding external filaments-at-large. That point glows with awareness, resulting in our perception of a reality — one of an infinite number of realities. We are creatures of perception.

Riddick prides himself on his animal instincts, his fierceness as a warrior, his unbending will — his inheritances as a Furyan. But the harshness of Furya could only bring out such traits in its human colonizers because they possessed dormant potential having evolved from predators. Our binocular vision, our canine teeth and our reptilian brain stem are all evidence of this truth. This was Nature's way of evolving a creature not only capable of handling personal intent for the purpose of mesmerising prey, but ultimately for the purpose of harmonizing with Intent, the *doing* of the Supreme Being; the [Active Side of Infinity](#). In Don Juan's shamanic tradition, this aspect of the Source of Existence is named *the Eagle*.

The natural order

We are Children of Creation, made in the likeness of our Creator, given the opportunity to become creators ourselves. To claim our full inheritance, we must dispense with pity in favor of ruthlessness, in imitation of the Eagle. The eagle, an apex predator, is a fitting symbol for the active aspect of the Source of Existence because the latter is the absolute Lord of Its Creation, a benevolent tyrant who intends those of its creatures which achieve sovereignty to be lords themselves, just as natural eagles devote themselves to creating, nurturing and teaching their eaglets, giving them the opportunity to become lords of the skies. Those offspring who fall short are [recycled](#) without pity.³⁰ This is the natural order of things.

Look at Riddick's shining eyes as he stares down the wolf-like creature. There is no cruelty or malice in his gaze. He is still, balanced and poised but his eyes belie his superficial calm, revealing a cold fury that might be unleashed at any moment; he ruthlessly asserts his dominance. After the creature calmly submitted, it purred in response to Riddick's affectionate pats.³¹

We do not have to look far to find examples of shining eyes in nature: all felines, known for their ruthlessness, have them. There is no pity in their widely spaced predator eyes as they shine in the dark:

³⁰ Thanks to modern technology, we can learn from Nature like never before: it is possible to continuously observe eagle nests from the time eggs are laid until fledglings depart. During one season I observed the entire process, daily, on the [Decorah, Iowa webcams](#):



The majestic eagle parents raised their eaglets with total devotion but also with a ruthlessness that some observers could not bear to watch.

³¹ If you wish to observe real-life mastery of intent, at least as applied to taming animals, watch the "Dog Whisperer" César Millán at work as he tames unruly, seemingly incorrigible domesticated canines in minutes, if not seconds. As a student of intent, I have studied his book and dozens of his TV shows. The practical skills Cesar demonstrates are invaluable for dog lovers, but his teachings are also a gold mine for warrior-travellers aspiring to handle intent.



Among higher animal species especially, females are notorious for their fierce and ruthless defence of their offspring. Some human mothers have been known to lift cars off their trapped children — they instinctively tap into the latent power of the feminine principle. They do not wallow in self-pity for their powerlessness, or in pity for the plight of their children; rather, they react immediately, without thought or self-concern, with power and abandon, doing what their maternal instinct requires.

When you reach the place of no pity, you will be within reach of sovereignty.

Beckoning Intent

To beckon the Eagle's Intent, we must make a gesture of a certain quality that causes the eyes to shine: a gesture of abandon backed by the totality of ourselves. Intent does not respond to miserly gestures tainted by self-pity; such supplications do not assert potential lordship. A worthy gesture can take any form: largesse, humor, affection, kindness — it is the quality of the gesture that counts: it must be impeccable.

For those of us like Riddick, we first tap into our latent power when a cold fury arises within us in reaction to the absurdity, the futility, the oppression, the injustice, the debasement of our human condition. Until we rebel, we are not yet really capable of any genuine, whole-hearted act; everything we do is tainted with self-interest and self-pity. But our rebellion will go amiss until we realize that external circumstances are not to blame for our plight — they merely reflect our inner state. There is a balance to be found. Our intensity must be balanced with what Don Juan calls *controlled folly*: not taking ourselves or the world too seriously.³² Then our intensity can be directed with transcendent purpose, resulting in elegant acts of power even when the raw energy behind them is ferocious.

We must temper and tame our wild energy, just like Riddick did with the wolf-like creature: by demonstrating our strength of character to it and our intention and ability to intelligently guide it. That energy, which is will, will then allow itself to be purposefully guided, becoming what we call will power. Through this rapport we can master our worldly affairs with our personal intent as Riddick did; or, we can aspire to a higher destiny by intending rapport with our personal spirit by which we can then beckon rapport with Spirit, with Intent.

³² A recent message from the Federation of Light via Blossom Goodchild reminded us: *We understand that many have found it difficult to accept that one is living within a Game. They wonder how it can so 'trivially' be called a Game when so much suffering is endured. Let us assure Each One ... YOU ARE IN A GAME! You may think it is not the type of Game that you are used to playing and yet, you have been playing it for thousands of years ...*

The Eagle's gift

Having been selected by our Logos for further development in consciousness, and perhaps with externally provided upgrades, our species has the ability to focus our attention not only on the realm where our physical/material body resides (first attention), but also upon the realm where our metaphysical/spiritual dual resides (second attention). We even have the potential to focus our attention beyond the physical/metaphysical Construct (third attention) — beyond our person — and harmonize with Spirit so that the Eagle's Intent becomes our own.

The third point of reference is freedom of perception; it is Intent; it is Spirit; the somersault of thought into the miraculous; the act of reaching beyond our boundaries and touching the inconceivable.

Intent is not something one might use or command or move in any way — nevertheless, one could use it, command it, or move it as one desires.

Do you know that the name of the first and last musical notes stands for Dominus or Lord? The musical notes were named to symbolize the potential ascent in consciousness of human beings to the status of Co-Creator if the divine seed within them flowers:

The names given to the seven notes of the diatonic scale a thousand years ago by Guido d'Arezzo suggest a still vivid awareness of the correspondence between the sevenfold scale of consonant sounds and the cosmological ladder of Being. Beginning with the higher DOH, taken from Dominus³³, which means "Lord" (the absolute), the scale descends through SI, from Sider, the stars; to LA, from Lactea, the Milky Way galaxy; then to SOL, the Latin name for the Sun; FA or Fateas, the Fates, the ancient name given to the planets; MI, from Microcosmia, the Earth; RE, from Regina Coeli, the Queen of the Heavens, the Moon; and finally the lower DOH-Dominus, Lord—to be revealed in man. — Monique Pommier in her book Harmony

You already are the lower DOH — it is your birth right, the Eagle's gift; do you aspire to ascend the scale of consciousness to the higher DOH? The Eagle has given us the gift of potential lordship, but we must impeccably strive for it.

Intent, the Spirit, is abstract — we cannot see It directly or hope to understand It with our rational minds, but we can beckon It with the shine of our eyes and if It responds to our gesture we can sense its Presence and recognize, without words or thought, an Edifice of Intent right in front of us.³⁴ It is up to us to seize our cubic centimeter of chance and enter.

To beckon Spirit, to entice it to descend upon us, we must activate our second attention while awake: our eyes must look away from what our first attention is ordinarily fixated upon toward that which cannot be seen: the spirit, the abstract.³⁵ This maneuver is difficult for those whose attention is fixated upon self-absorption or reason, for that becomes a self-

³³ The Spanish prefix “don,” used as a title or sign of respect as in “Don Juan,” is from the Latin *dominus*. Unfortunately, words with the same root such as *dominance* and *dominate* also have a negative connotation in the English language. But herein, *respect* is implied, in both directions. Perhaps *lord* has a more positive connotation as does *surrender* (in the spiritual sense) rather than *submission*.

³⁴ **Rapport**, the first chapter of the book you are reading, describes how I perceived the Edifice of Intent in which this book already existed in potential form.

³⁵ We look at the unseen when recalling a memory. We shift our eyes until the memory comes to mind. We are actually engaging intent — in this case the intent to recall.

reinforcing obsession that consumes all of our available energy; we disregard Infinity. Activating the second attention from within the first attention is a progression:

Don Juan talked about the second attention as a progression: beginning as an idea that comes to us more like a curiosity than an actual possibility; turning into something that can only be felt, as a sensation is felt; and finally evolving into a state of being, or a realm of practicalities, or a preeminent force that opens for us worlds beyond our wildest fantasies.

The second attention perceives the spirit realm, which is the part of the Construct where our spirit dual resides. Its essence, our soul, has a direct connection to Spirit, Intent. [As Ra instructs](#):

The spiritual body energy field is a pathway, or channel. ...the spirit can become a functioning shuttle or communicator from the entity's individual energy of will upwards, and from the [influx of Intelligent Infinity³⁶] downwards.

Breaking the chains of perception

Our first attention on the world of ordinary affairs is magical: it turns the amorphous and chaotic realm of perception into the orderly world of awareness with such force and consistency that it seems all-inclusive; we lose awareness of spirit. To reconnect with spirit, we must break the apparent continuity of our perception. In fact, all of us have had our continuity broken temporarily: randomly as in *déjà vu*, when we notice synchronicities, due to illness or trauma as in Near Death Experiences (NDE), or by using psychotropic substances.³⁷ But we tend to quickly smooth over discontinuities to restore our world view and self-image; or, we may find that society denies our experience and may even consider us to be psychotic,³⁸ so we just keep it to ourselves and eventually forget about it. But continuity can also be disrupted by disciplined, sober spiritual practice and/or with the help of a shaman.

Don Juan Matus helped his apprentice Carlos Castaneda break the continuity of his first attention and reach the place of no pity where his eyes shone by ushering him into an Edifice constructed by Intent just for this purpose. What follows is an excerpt from [The Power of Silence](#) describing Carlos' breakthrough, condensed and slightly reworded. I include it, despite its length, because of its importance to the central theme of this book: magic. Shamanic magic is not about rituals and incantations, spells and potions; it is about using the opportunities provided by the Construct we inhabit to develop our consciousness, with the goal of becoming sovereign beings. It is about travelling the warrior's path, which requires us to give everything we think we have, until there is nothing left but that which we truly are.

While reading, bear in mind that Don Juan has engaged the Eagle's Intent, is acting as Its conduit and is also giving a command performance in the art of [stalking](#) — requiring him to shift his assemblage point to a new position and then fix it there.

We were in the outskirts of Guaymas, in northern Mexico, on a drive from Nogales, Arizona, when it became evident to me that something was wrong with Don Juan. For the last hour or so he had been unusually quiet and somber. I did not think anything

³⁶ *Intelligent Infinity* is Ra's term for the Eagle, the Active Side of Infinity, the Divine Masculine.

³⁷ Some have sought to break continuity using psychotropic substances, including Carlos under Don Juan's expert guidance, as recounted in his early books. Not having such a guide myself, I never used this approach. There are other ways to dislodge the assemblage point; for example, it shifts naturally every time we dream.

³⁸ In fact, psychosis *can* result from severe breaks in continuity if one is unstable to begin with or lacking sobriety.

of it, but then, abruptly, his body twitched out of control. His chin hit his chest as if his neck muscles could no longer support the weight of his head. Suddenly alarmed, I asked him if he was getting carsick. He did not answer. He was breathing through his mouth. With his head down, he mumbled that he wanted to go to a particular restaurant and in a slow, faltering voice gave me precise directions on how to get there.

I parked my car on a side street, a block from the restaurant. As I opened the car door on my side, he held onto my arm with an iron grip. Painfully, and with my help, he dragged himself out of the car, over the driver's seat. Once he was on the sidewalk, he held onto my shoulders with both hands to straighten his back. In ominous silence, we shuffled down the street toward the dilapidated building where the restaurant was. Don Juan was hanging onto my arm with all his weight. His breathing was so accelerated and the tremor in his body so alarming that I panicked. I stumbled and had to brace myself against the wall to keep us both from falling to the sidewalk. My anxiety was so intense I could not think. I looked into his eyes. They were dull. They did not have the usual shine.

We clumsily entered the restaurant and a solicitous waiter rushed over, as if on cue, to help Don Juan. He yelled into Don Juan's ear, asking him how he felt that day. He practically carried Don Juan from the door to a table, seated him, and then disappeared. I asked Don Juan if the waiter knew him. Without looking at me, he mumbled something unintelligible. I stood up and went to the kitchen to look for the busy waiter. I asked him if he knew the old man. The waiter impatiently responded that, of course he knew him, adding that he was the old man who suffers from strokes.

That statement settled things for me. I knew then that Don Juan had suffered a mild stroke while we were driving. There was nothing I could have done to avoid it but I felt helpless and apprehensive. The feeling that the worst had not yet happened made me feel sick to my stomach. I went back to the table and sat down in silence.

Suddenly the same waiter arrived with two plates of fresh shrimp and two large bowls of sea-turtle soup. The thought occurred to me that either the restaurant served only shrimp and sea-turtle soup or Don Juan ate the same thing every time he was there. The waiter talked so loudly to Don Juan he could be heard above the clatter of customers. The waiter said that he hoped Don Juan liked his food and added that he should just lift his arm if he needed anything. Don Juan nodded his head affirmatively and the waiter left, after patting Don Juan affectionately on the back.

When Don Juan was through eating, he shot his arm straight above his head. In a moment, the waiter came over and handed me the bill. I paid him and he helped Don Juan stand up. He guided him by the arm out of the restaurant. The waiter even helped him out to the street and said goodbye to him effusively. We walked back to the car in the same laborious way, Don Juan leaning heavily on my arm, panting and stopping to catch his breath every few steps. The waiter stood in the doorway, as if to make sure I was not going to let Don Juan fall. Don Juan took two or three full minutes to climb into the car.

I asked Don Juan to tell me what I could do for him. He ordered me to turn the car around in a faltering, barely audible voice. He wanted to go to the other side of town, to the store where they knew him, too; they were his friends. I told him I had no idea what store he was talking about. He mumbled incoherently and had a tantrum. He stamped on the floor of the car with both feet. He pouted and actually drooled on his

shirt. Then he seemed to have an instant of lucidity. I got extremely nervous, watching him struggle to arrange his thoughts. He finally succeeded in telling me how to get to the store.

My discomfort was at its peak. I was afraid that the stroke Don Juan had suffered was more serious than I thought. I wanted to be rid of him, to take him to his family or his friends, but I did not know who they were. I did not know what else to do. I made a U-turn and drove to the store which he said was on the other side of town. I wondered about going back to the restaurant to ask the waiter if he knew Don Juan's family. I hoped someone in the store might know him. The more I thought about my predicament, the sorrier I felt for myself. Don Juan was finished. I had a terrible sense of loss, of doom. I was going to miss him, but my sense of loss was offset by my feeling of annoyance at being saddled with him at his worst.

I drove around for almost an hour looking for the store. I could not find it. Don Juan admitted that he might have made a mistake, that the store might be in a different town. I parked my car near the waterfront. It took nearly ten minutes for Don Juan to get out of the car. We walked toward the ocean, but as we got closer, Don Juan shied like a mule and refused to go on. He mumbled that the water of Guaymas Bay scared him. He turned around and led me to the main square: a dusty plaza without even benches. Don Juan sat down on the curb. A street-cleaning truck went by, rotating its steel brushes, but no water was squirting into them. The cloud of dust made me cough.

I was so disturbed by my situation that the thought of leaving him sitting there crossed my mind. I felt embarrassed at having had such a thought and patted Don Juan's back. I asked him softly to make an effort and tell me where he wanted me to go. He replied in a cracked, raspy voice that he wanted me to go to hell. Hearing him speak to me like this, I had the suspicion that Don Juan might not have suffered from a stroke, but some other crippling brain condition that had made him lose his mind and become violent.

Suddenly he stood up and walked away from me. I noticed how frail he looked. He had aged in a matter of hours. His natural vigor was gone, and what I saw before me was a terribly old, weak man. I rushed to lend him a hand. A wave of immense pity enveloped me. I saw myself old and weak, barely able to walk. It was intolerable. I was close to weeping, not for Don Juan but for myself. I held his arm and made him a silent promise that I would look after him, no matter what.

I was lost in a reverie of self-pity when I felt the numbing force of a slap across my face. Before I recovered from the surprise, Don Juan slapped me again across the back of my neck. He was standing facing me, shivering with rage. His mouth was half open and shook uncontrollably. He yelled in a strained voice, asking who I was. He turned to a group of onlookers who had immediately gathered, saying to them that he didn't know me and asked for their help. He claimed that he was a lonely old Indian and that I was a foreigner who wanted to kill him.

There was a murmur of disapproval. Various young, husky men looked at me menacingly. I wanted to reassure the crowd that I was with Don Juan, but he reaffirmed that he didn't know me and told me to leave him alone. He turned to the crowd and asked them to help him. He wanted them to call the police and to restrain me until the police came.

I had the image of a Mexican jail. No one would know where I was. The idea that months would go by before anyone noticed my disappearance made me react with vicious speed. I kicked the first young man who came close to me, then took off at a panicked run. I knew I was running for my life. Several young men ran after me. As I raced toward the main street, I realized that in a small city like Guaymas there were policemen all over the place patrolling on foot. There were none in sight, and before I ran into one, I entered the first store in my path. I pretended to be looking for curios. The young men running after me went by noisily.

It took me quite a while to select what I wanted. I paid a young man in the store to help me carry my packages, but as I got closer to my car, I saw Don Juan standing by it, still surrounded by people. He was talking to a policeman, who was taking notes. It was useless. My plan had failed. There was no way to get to my car. I instructed the young man to leave my packages on the sidewalk. He left and I remained hidden behind the packages I was holding in front of my face, out of sight of Don Juan and the people around him. I saw the policeman examining my California license plates and that completely convinced me I was done for. The accusation of the crazy old man was too grave. And the fact that I had run away would have only reinforced my guilt in the eyes of any policeman. I stood in a doorway for perhaps an hour. The policeman left, but the crowd remained around Don Juan, who was shouting and agitatedly moving his arms. I took short breaths to calm my nerves. I noticed then that the crowd around Don Juan was beginning to disperse.

It was at that point that I felt a sudden uncontrollable urge. It was as if my body was disconnected from my brain. I walked to my car, carrying the packages. Without even the slightest trace of fear or concern, I opened the trunk, put the packages inside, then opened the driver's door. Don Juan was on the sidewalk, by my car, looking at me absentmindedly. I stared at him with a thoroughly uncharacteristic coldness: a cold fury. Never in my life had I had such a feeling. It was not hatred I felt, or even anger. I was not even annoyed with him. What I felt was not resignation or patience, either. And it was certainly not kindness. Rather it was a cold indifference, a frightening lack of pity. At that instant, I could not have cared less about what happened to Don Juan or myself.

Don Juan shook his upper body the way a dog shakes itself dry after a swim. And then, as if all of it had only been a bad dream, he was again the man I knew. He quickly turned his jacket inside out. It was a reversible jacket, beige on one side and black on the other. Now he was wearing a black jacket. He threw his straw hat inside the car and carefully combed his hair. He pulled his shirt collar over the jacket collar, instantly making himself look younger. Without saying a word, he helped me put the rest of the packages in the car.

The policeman returned with another; they ran toward us blowing their whistles, drawn by the noise of the car doors being opened and closed. Don Juan very nimbly rushed to meet them. He listened to them attentively and assured them they had nothing to worry about. He explained that they must have encountered his father, a feeble old Indian who suffered from brain damage. As he talked to them, he opened and closed the car doors, as if checking the locks. He moved the packages from the trunk to the back seat. His agility and youthful strength were the opposite of the old man's movements of a few minutes ago. I knew that he was acting for the benefit of the policeman who had seen him before. If I had been that man, there would have been no doubt in my mind that I was now seeing the son of the old brain-damaged Indian. Don

Juan gave them the name of the restaurant where they knew his father and then bribed them shamelessly.

I did not bother to say anything to the policemen. There was something that made me feel hard, cold, efficient, silent. We got in the car without a word. The policemen did not attempt to ask me anything. They seemed too tired even to try. We drove away.

The Edifice of Intent

The coldness in my tone surprised me when I asked Don Juan what kind of act he had pulled. He said that it was the first lesson in ruthlessness. He remarked that on our way to Guaymas he had warned me about the impending lesson on ruthlessness. I confessed that I had not paid attention because I had thought that we were just making conversation to break the monotony of driving. He replied sternly that he never just made conversation, and that by then I should have known that. He stated that what he had done was to create the proper situation for me to move my assemblage point to the precise spot where pity disappears. That spot is known as "the place of no pity." It must be moved by oneself with minimal help.

Don Juan remarked that he had helped move my assemblage point, perhaps a bit dramatically, by moving his own assemblage point to specific position that made him into a feeble and unpredictable old man. He was not just acting old and feeble. The maneuver was not absolutely necessary. He could have directed me to move my assemblage point without the hard tactics, but he couldn't help himself; this event would never be repeated and he wanted to know whether or not he could act, in some measure, like his own benefactor Julian, who was a master of the art of stalking. He assured me that he had surprised himself as much as he must have surprised me.

He then took my experience of the afternoon and went through it step by step. He stated that a nagual in his role as leader or teacher has to behave in the most efficient, but the same time most impeccable, way. Since it is not possible for him to plan the course of his actions rationally, the nagual always lets the Spirit decide his course. For example, he said he had had no plans to do what he did until the Spirit gave him an indication, very early that morning when we were having breakfast in Nogales.

He urged me to recall the event and tell him what I could remember. I recalled that during breakfast I got very embarrassed because Don Juan made fun of me. He then urged me to think about the waitress. All I could remember about her was that she was rude. He insisted that I remember what she did while she waited to take our order. After a moment's pause, I remembered that she was a hard-looking young woman who threw the menu at me and stood there, almost touching me, silently demanding that I hurry up and order. While she waited, impatiently tapping her big foot on the floor, she pinned her long black hair up on her head. The change was remarkable. She looked more appealing, more mature. I was frankly taken by the change in her. In fact, I overlooked her bad manners because of it. Don Juan said that that was the omen. Hardness and transformation were the indication of the Spirit.

He said that his first act of the day, as a nagual, was to let me know his intentions. To that end, he told me in very plain language, but in a surreptitious manner, that he was going to give me a lesson in ruthlessness.

I remembered Don Juan practically flirting with an old lady and the ill-mannered waitress. He talked to them for a long time while I ate. He told them idiotically funny stories about graft and corruption in government, and jokes about farmers in the city. Then he asked the waitress if she was an American. She said she wasn't and laughed at the question. Don Juan said that that was good, because I was a Mexican-American in search of love. And that I might as well start here, after eating such a good breakfast. The women laughed. I thought they laughed at my being embarrassed. Don Juan said to them that, seriously speaking, I had come to Mexico to find a wife. He asked if they knew of any honest, modest, chaste woman who wanted to get married and was not too demanding in matters of male beauty. He referred to himself as my spokesman. The women were laughing very hard. I was truly chagrined.

Don Juan turned to the waitress and asked her if she would marry me. She said that she was engaged. It looked to me as though she was taking him seriously. The old lady asked him to let me speak for myself. Don Juan explained that I have a speech impediment and that I stutter horribly. The waitress said that I had been perfectly normal when I ordered my food. He explained that I can only speak normally when I ordered food and that he had told me time and time again that if I wanted to learn to speak normally, I would have to be ruthless. He had brought me here to give me some lessons in ruthlessness.

Don Juan said that it was time to go if we were going to find love for me that day, and stood to leave. He added that he was going to help me get what I needed so I can cross the border and go to the place of no pity. I thought Don Juan was calling either marriage or the U.S.A. the place of no pity. I laughed at the metaphor and stuttered horribly for a moment, which scared the women to death and made Don Juan laugh hysterically.

Don Juan explained that it was imperative that he state his purpose to me then. But his statement bypassed me completely, as it should have. He said that from the moment the Spirit manifested itself, every step was carried to its satisfactory completion with absolute ease. And my assemblage point reached the place of no pity, when, under the stress of his transformation, it was forced to abandon its customary place of self-reflection.

The position of self-reflection forces the assemblage point to assemble a world of sham compassion, but of very real cruelty and self-centeredness. In that world the only real feelings are those convenient for one who feels them. For a shaman, ruthlessness is not cruelty. Ruthlessness is the opposite of self-pity or self-importance. Ruthlessness is sobriety.

The ticket to freedom

The place of no pity is so named not only because it describes a specific position of our assemblage point corresponding to a ruthless mood that we acquire on the way to sovereignty, but because it is the mood of the Eagle aspect of Spirit that we aspire to emulate if we seek lordship. The Eagle desires the freedom of its offspring, but sovereignty must be claimed: we must move our own assemblage point; yet, the Eagle provides whatever circumstance might be necessary to motivate us to break our perceptual chains, if we are sincere in our quest for freedom. For some of us who are especially indulgent in self-pity, harsh measures may be necessary. Don Juan was literally thrown into a river, not knowing

how to swim, by his benefactor Julian. I, myself, was figuratively thrown in over my head and in effect, drowned. **That death** was well worth the price of my ticket to freedom:

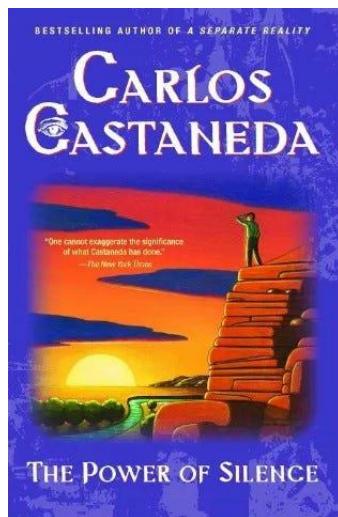
My benefactor told me that a shaman's ticket to freedom was his death. He said that he himself had paid with his life for that ticket to freedom, as had everyone else in his household. The grand trick, however, is to be aware that we are dead. The ticket to impeccability must be wrapped in awareness, keeping it in mint condition.

Most of us hide behind our shields of normalcy to fend off the onslaughts of Infinity until our natural death catches up with us: our mindless routines, our petty squabbles, our idealized self-image. In due time, we will be ruthlessly reabsorbed back into the sea of awareness from which we came, like raindrops falling into the ocean, unless we ruthlessly fight for our freedom, with shining eyes.³⁹

Some of us deliberately drop our shields, seeking to awaken the latent, visceral power within us so that we may develop a rapport with it. I did so deliberately by taking up adventure sports such as rock climbing and sky diving. I was not merely seeking an adrenaline rush, but attempting to break the continuity of the first attention and activate visceral will, though I did not understand such terms in those days, long ago.

One day I was leading a climb on the Shawangunk cliffs in New York. I went off the route and found myself traversing an exposed face with barely any holds, well above my ability level. Being on a horizontal traverse, if I fell I would also swing on the rope, increasing the chance of serious injury. And what if the force of my fall pulled off my partner, who was belaying me? I could not afford to feel sorry for myself or be preoccupied by internal dialog. My mind silenced, my eyes shown and for the first time that I can remember, visceral will emerged from the middle of my body and held me to the sheer cliff when by all reason I should have fallen. Silent knowledge took over and efficiently guided my hands and feet while a delicate balance was maintained by sheer will power. The altered state of awareness I had entered persisted for hours after the successful completion of the climb but I gradually returned to normalcy and all but forgot about the experience.

The Chronicles of Intent



³⁹ A friend of mine, having returned from an ultra endurance competition which involved running 100 miles through mountainous terrain, day and night, told me that he liked being in the company of his fellow competitors because of their bright eyes.

Because he was in an altered state of awareness at the time, Carlos was not able to recall and write about the mastery of intent as explained to him by Don Juan until the mid-1980s when he wrote *The Power of Silence*, which was published soon after I had discovered and read his first eight books. It contains tales drawn from his own life and those of his lineage, including the story of his encounter with Intent in Guaymas, Mexico. The tales are passed down through generations of shamans as an indirect means of intuiting what cannot be explained to the rational mind; they each describe bouts with the Abstract, with the Spirit, with Intent. They are Chronicles of Intent, illustrating the abstract cores of Don Juan's teachings. The first six abstract cores are:

1. the manifestations of the Spirit,
2. the knock of the Spirit,
3. the trickery of the Spirit,
4. the descent of the Spirit,
5. the requirements of Intent,
6. handling Intent.

The chronicles of Don Juan's shamanic lineage tell the story of transcending the prevailing human condition, not by transcending humanness but by fulfilling its potential:

"You are not like any one of us, don Juan," I said. "You are a mirror that doesn't reflect our images. You are already beyond our reach."

"What you're witnessing is the result of a lifelong struggle," he said. "What you see is a shaman who has finally learned to follow the designs of the Spirit, but that's all."

"I have described to you, in many ways, the different stages a warrior passes through along the path of knowledge," he went on. "In terms of his connection with Intent, a warrior goes through four stages. The first is when he has a rusty, untrustworthy link with Intent. The second is when he succeeds in cleaning it. The third is when he learns to manipulate it. And the fourth is when he learns to accept the designs of the Abstract."

Don Juan maintained that his attainment did not make him intrinsically different. It only made him more resourceful; thus he was not being facetious when he said to me or to his other apprentices that he was just like us.

"I understand exactly what you are going through," he continued. "When I laugh at you, I really laugh at the memory of myself in your shoes. I, too, held on to the world of everyday life. I held on to it by my fingernails. Everything told me to let go, but I couldn't. Just like you, I trusted my mind implicitly, and I had no reason to do so. I was no longer an average man."

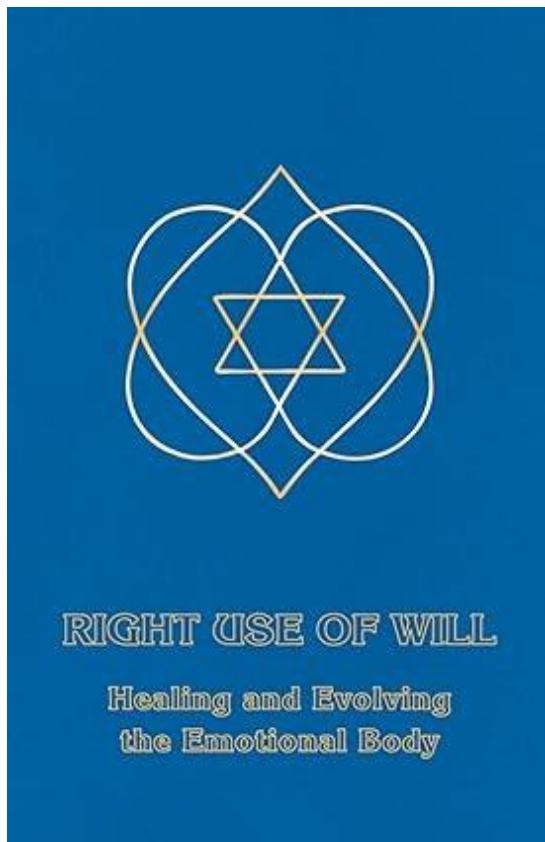
The Chronicles of Will

2024.07.01 [TOC](#)

Right Use of Will

When the spirit Maryam [asked me](#) to read *Right Use of Will* by Ceanne DeRohan decades ago, she did not say much about it other than that it would be difficult to find. I had never heard of the book before, so I went to the spiritual/metaphysical bookstore *Seven Stars* in Cambridge, Massachusetts, thinking that if any store would have it, it would. The introduction of the book began thusly:

If this book is for you, you will know it from these first few pages. This book may stir emotional response. Please realize that this book is meant to trigger you and is not meant to be just a mental exercise. If you feel emotions being stirred, please do your best to allow these emotions direct expression as any sounds they want to make. Please do not act in response to what is being triggered; just be present with your emotions.



Having already done extensive inner work using [Core Energetics](#) methods, which involve releasing blocked emotional energy, I reacted with mixed feelings. I had been excitedly looking forward to deepening my understanding of the mysteries of existence. Although the information in the book would first be processed by my mind — familiar, safe territory — I now realized this book was meant to trigger buried emotional trauma for the purpose of healing it. I knew well by then that there is no shortcut to spiritual growth — one cannot think their way to spiritual growth — so I braced myself and committed to the process, eventually reading and processing all eight books in the series:

1. Right Use of Will: Healing and Evolving the Emotional Body (1984)
2. Original Cause 1: The Unseen Role of Denial (1986)
3. Original Cause 2: The Reflection Lost Will Has to Give (1987)
4. Earth Spell: The Loss of Consciousness on Earth (1989)
5. Heart Song: Vibrating Heartlessness to Let Heart In (1992)
6. Land of Pan: The Loss of Power and Magic on Earth (1995)
7. Imprinting: A Healing of the Chakras (1997)
8. Indigo: The search for true understanding and balance (1999)

During the ensuing decades, I gave away of all of my spiritual/metaphysical books and invited life itself to teach me further via direct experience, so now in the present I needed a new copy of *Right Use of Will* in order to follow through on an inspiration I have received that now is right timing to write a chapter about it. I knew I could obtain an eBook version, but when I travelled to Boston last month, I went to Cambridge to visit *Seven Stars* as a gesture of intent. I recognized the store owner behind the counter, not having seen him for decades. He had one remaining copy of *Right Use of Will*, saying it was now out of print. I took this as a confirmation of the inspiration. I learned later from Ceanne's [website](#) that the book is now available again via print-on-demand, but without the original textured cover with its inlaid golden lettering and graphic symbol.⁴⁰

Having just finished rereading the first book of the series, I am reminded of the depth of the wisdom it contains and am amazed by the relevance and timeliness of that wisdom considering the current state of our world. The obscurity of *Right Use of Will* is probably due to the fact that most people, even including spiritual aspirants, have not been ready for it. If it is read prematurely, it loses its triggering potential. My intent now is to present selected excerpts from the first book of the series, which itself is an introduction to and an overview of the whole series. Then you can determine if the series is right for you. The latter part of the first book also includes stories from the distant past: from Pangea, Lemuria and Atlantis. These stories can be understood as the beginning of *The Chronicles of Will*, the epic account of the denial, loss, finding and freeing of will; the final chapter of which is set in our time, before our very eyes.

After I had already begun writing this chapter, a second confirmation appeared two weeks ago as part of a [channeling](#) by the Federation of Light via Blossom Goodchild:

Blossom, as you know ... this Planet, the Souls upon it, were given free will, to see where Love would take them.

The greed and want from those who chose to need and have everything for themselves, took the Energy of that which was, into a downward spiral. Creating a world of pain and suffering beyond that which one would have thought possible. As

⁴⁰ Q: Where did you come up with the symbol on the covers of the books? Ceanne: *I did a Tarot reading way before I received the information in the books. I laid it out in a Star of David formation, but I didn't know why until I read the cards. Every one of them was about the importance of bringing the masculine and the feminine into balance with one another. All the cards in the triangle that was pointing upwards were about the feminine and all the cards in the triangle pointing down were about the masculine. It was really quite amazing to me. Nine years later, when I began to receive the information in the books, I didn't, at first, grasp much of the significance of it. When I realized it was going to be a book, and God was telling me to put it out for others to read, I remembered the Tarot reading. A friend of mine at the time, who was instrumental in seeing that it did get published, added the idea of surrounding the Star of David with Hearts that were entwined in the same way. Since bringing everything within love is the key point, I both thought and felt that it was perfect and have used it on all the covers of the Right Use of Will series.*

this Energy grounded itself into the minds of the easily led ... it became so powerful that it dimmed the Light that was, into that which could barely be seen or felt. Yet ...

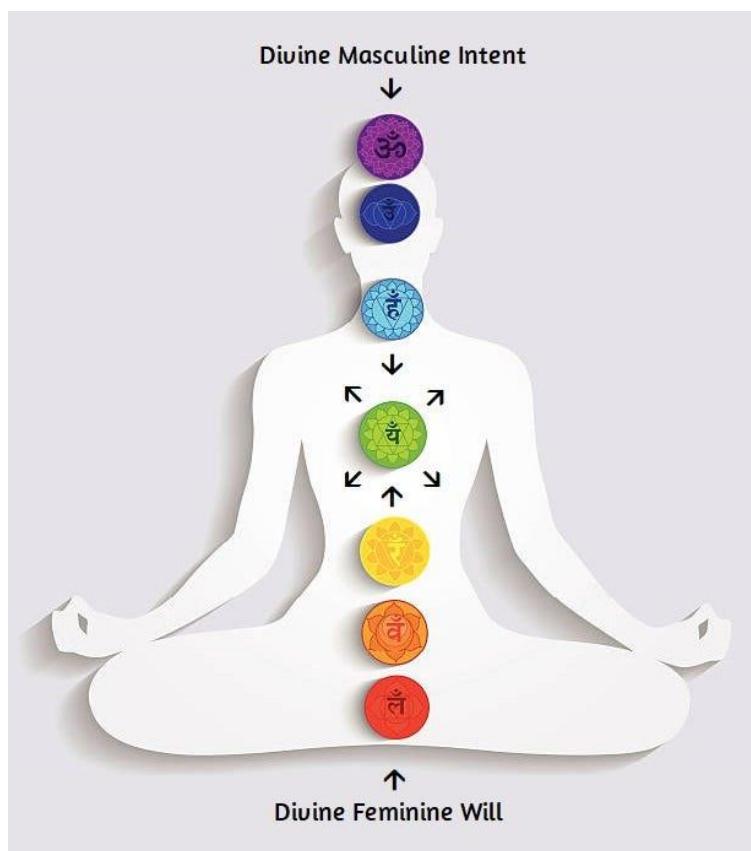
KNOW ... THE LIGHT CAN NEVER GO OUT!

It became apparent that this had to be stopped. Many, many times has man's downfall come about. The experiment of free will has shown itself in its True colours and so it was decreed that upon PLANET EARTH this was to continue no more.

The last statement needs clarification, which *Right Use of Will* provides. It could be a distortion of the channeling process — which has happened before with Blossom — but there is truth to it in the context of a broader understanding. A divine decree has indeed been made, but not to discontinue free will as may seem to be implied by the channeled message; rather, to no longer allow the will of anyone to deny the will of another.

The problem of some beings imposing their personal will upon others is to be solved by requiring that all beings be in their *right place*. Until now, deniers have had freedom to roam freely, causing an overall loss of free will and the diminishment of Light and Love within Creation. What is ending is not free will, but freedom to deny the will of others. It is often said: *My freedom ends where yours begins*. But when every being is in their right place, all beings will be able to express their will freely without infringing upon others. Problem solved.

Deniers will be moved, one way or another, to a place that might seem like hell to those of us aligned with Gaia consciousness but will be like heaven to them. So, whatever appears to be happening on Earth now, be assured that a divine plan is unfolding. The best way for each of us to contribute to the healing of Earth is to release our own denials. For magic to return to the Earth, denied and wounded will must be rehabilitated and balanced with intent in the heart, both personally and collectively.



As is the case with intent, there is both personal will and Divine Will. Divine Intent was referred to in [The Chronicles of Intent](#) as the Eagle's Intent, *Eagle* being a metaphor for Divine Masculine, the Active Side of Infinity. In [The Wheel of Time](#), we learned that Divine Masculine is the source of inspiration that flows into the indigo crown chakra toward the green heart energy center. The aspect of Divine Masculine that influences us in this way is Divine Intent. Likewise, Divine Will, an aspect of Divine Feminine, the Reactive Side of Infinity, is the source of intuition that flows into the red root chakra toward the heart where, ideally, it balances with inspiration after which mutual desire for experience is manifested into the world, powered by will.

The fundamental problem on Earth

The problem humans on Earth have is that our lower feeling centers are impaired. We are far out of balance in favor of *doing over being*, thinking over feeling, masculine over feminine principle, yang over yin. Emotional healing is needed to rehabilitate our will and with it our capacity for love. How did our feeling centers become impaired? In a word: *denial*. If you doubt that denial is the fundamental problem on Earth, consider that at the root of every project of the Dark Elite is denial: denial of truth and of love, denial of biology, of health, of family, of culture, of nature, of Gaia, of life itself; denial of movement, expression, information flow — of freedom in general; denial of the spiritual dimensions of life and even denial of the Supreme Being. The external reflections of our inner denials will vanish from Earth when we have released the latter and when intransigent denial spirits are removed from Earth according to the divine plan.

The original imbalance between masculine intent and feminine will occurred when intent, eager to experience the infinity of potentials it perceived, denied and overrode will's feeling; will did not feel right about experiencing some potentials or was not yet ready to experience them. Rather than patiently balancing with will to achieve alignment in heart, intent used will's power to manifest its intentions while overriding will's sense of truth and rightness, imposing rather its own versions of truth and rightness based on the mental processing of information, which is always subject to error.⁴¹ It has become adept at manipulation to achieve its ambitions.

Feminine will (intuition + will power) has been denied and discredited, oppressed and suppressed, used and abused. The time has come to free will, to liberate it, to emancipate it. The denial of will is the cause of our apparent powerlessness and lack of discernment, resulting in a state of perpetual victimhood and dependency which we attempt to resolve by all manner of manipulations devised by the immature masculine mind — what Castaneda called the *mercantile mind*. It plays a win-lose game based on scarcity: rivalry, competition, conflict and conquest. To some extent, It has been able to commandeer feminine will power, putting it in service to its own ambitions, regardless of feminine willingness. The denial

⁴¹ Our masculine intellect can assess whether the incoming information is coherent, makes logical sense and is congruent with our experience; but our conclusive sense of truth and rightness is a faculty of our lower feminine energy centers (introduced in [The Wheel of Time](#)) as when we declare: *This has the ring of truth* or *I have a gut feeling that this is right for me*. True discernment is not an analytical process but an instantaneous reaction of *being*; it is a feeling, not a thought. It is an aspect of the *isness of being* — which is the domain of the feminine — as in: *This IS true*, or, *This IS right*. Feminine can magnetically remove separation between self and other — anything other. Masculine operates within separation and therefore relies on information processing (thinking, reasoning, analysis, deduction, induction, etc.) to ascertain truth, but can only ever approximate it; its truths are always provisional, its processes subject to error and paradox, as explained in [Strange Loops](#). When it comes to discernment, feminine intuition is superior.

feminine has suffered has infuriated it, causing masculine to tighten its control in fear of feminine power.

Our predominantly feminine planetary consciousness, Gaia, has chosen to heal and will no longer accommodate denial of her will within her matrix. In doing so, she is not denying any individual's will, but requiring that they move to another matrix suitable for reflecting their denials. Her will is to restore the original intent for Earth: a space of abundance, harmony, rapport and peace: a [Garden of Eden](#). A win-win game.

Intent is a modulation of being and so cannot exist without it, but it can commandeer will power and use it to create an artificial persona as a substitute for being, with which we tend to identify and to which we give ultimate importance. This maneuver weakened our feeling connection with our true being, which resides in the metaphysical realm in the form of our spirit dual, consequently weakening our spiritual faculties and our direct connection to the Supreme Being via our soul essence. The way to restore balance (and with it, magic) is to rehabilitate the feminine will: to restore free will by releasing denial. In doing so, we will both recover our natural ability to discern truth directly through feeling and to magnetically attract any experience we *will*, which will automatically be the right experience for us.

The magic runes are writ in gold to bring the balance back — Led Zeppelin

Following are excerpts from *Right Use of Will*. The series has in common with [The Door of Everything](#) that it is purportedly a channeling of Divinity in the first person. As a reminder: the quality of any externally originating information depends on the quality of the source and of the medium of transmission. When information enters our consciousness through our physical senses as the equivalent of a stream of bits, we have no way to determine its veracity other than to rely on our faculty of discernment. Discerning the veracity of *Right Use of Will* is therefore an exercise in applying the wisdom and healing potential therein.

The introduction of Right Use of Will

My Light has been compelled to impart Right Use of Will to Earth at this time because the situation there has become very perilous. People on Earth, and even animals, because of being confined and controlled, have not been expressing freely enough to adequately vibrate their space and hold it open for themselves.

My created beings on Earth have been experiencing their reality as seeming to close in on them, and their power as seeming to be insufficient to meet the situation facing Earth now. Please realize it does not have to be this way; the lost light of misunderstandings and denial of the Will have made it this way. If you want to be able to live on Earth, you must now start reversing the situation within yourself. It is not going to be easy at first, but it will become easier the longer you work on it.

I want to make it clear that I am decisive on several points where I was open to allowing Spirits to transgress earlier. These decisions are decrees. All Spirits wishing to remain on Earth must recognize Me and come to Me for Loving Light. No Spirit can continue to deny Me and take My Light underhandedly from others.

Now, in physical Body, the reality of this is one thing and one thing only. No one can survive anymore in My Creation unless they acknowledge Me and accept My Loving Light openly in some form. I am flexible here. I have many ways to come to a Spirit. I can adjust Myself infinitely, but I will no longer tolerate complete denial of Me any place in My Creation. This means that no Spirits can survive what is happening now, any place in My Creation, unless they open to directly receive My Loving Light. You

must not think you are not involved if you accept Me as God and worship Me. You must find your denials, bring them within your love and find them acceptable to me. I am not being unloving or unmerciful here. If I am unlimited, and I am, I can no longer tolerate Spirits who want to limit Me to the extent of being in My Creation and refusing to allow Me to be there with them. I have said this to give you the opportunity to reverse your own denials.

I have also made another decree. I have no further tolerance for any Spirits giving pain to others who have not overtly agreed to receive it. There has been such a thing as overriding of Free Will in the experience of My created Spirits. I have let this go on only long enough for the Spirits to see why the Will is so necessary. Now, I have discerned that there has been enough experience. There is no longer any power to override another's Will, period. Your own Will can only be overridden by your own denials. This has to be understood. Free Will between people means that you have the freedom to do whatever you want, but you are not to encroach on another or try to make anyone else function within your own limits. You only have the power to make them take it away from you or to take yourself away from them. There is no power anymore to stop anyone from experiencing themselves in the way they want to experience themselves. If you go against this, you are going against Me.

There is still some time on Earth for Spirits to show My Loving Light whether it is their intention to align with Me, or not. I have heard the cries of the Spirits who cannot handle anymore pain, control and unlovingness. I am offering the understandings needed for My Spirits to release themselves from the path of struggle, strife and suffering. Because there are still many who do not believe that this is My Loving Light talking here, they are going to have to learn from the experiences they create for themselves. I am going to put them in their right place. If you do not want to go with them, you need to find and recover your own lost Will and lost Light involvement in this.

In accepting these understandings, you only need to try them out, stop judging them and allow them to be in process. You will find that they work for you and everyone else who is ready to try them. Some on Earth have not yet had enough experience to try them, so I am reminding you again not to try to force these ideas on anyone. Just take them in if they are for you.

If you now temporarily stop the mental acquisition of this writing and give it time to sink into your feelings, you are going to have a response. If you do not have a response, then you have either lost your Will or you are not connecting to it. Some people have disconnected so much that they actually have to search out and find their missing Will. It is not impossible to do this. You can start by calling for it, if it's not present with you, and draw it back to you. Acceptance is the key once again. You must make a place for your Will.

What is right use of will?

The Will has long been misunderstood because the Spirit was seen to be the essence of the Body, but the understanding is this: Spirit⁴² inspires, Will responds and together

⁴² Spirit in the sense used here is more or less equivalent to Intent, the counterpart to Will, according to terminology established in [Chronicles of Intent](#). However, Spirit is also capitalized in the book excerpts even when it refers to personal intent rather than Divine Intent. It can also refer to personal spirit. Likewise, Will can refer to personal will.

They experience in the Body. Body is the manifestation of both Spirit and Will. In order for unconditional love to manifest in the Body, Spirit and Will must balance in the Heart. To find this balance, you will need to open the consciousness of your Spirit and the receptivity of your Will to receive My Loving Light.

Because the Will has been so misunderstood, the need to allow the Will to evolve is great right now on Earth. To evolve It, you must first accept It. You cannot beat It into the appropriate shape. It must be accepted as It is now in order to evolve. Denial of unlovingness will not clear It. You cannot just mentally insist that you are all loving. You must really be there. All levels of your being must really be there. Where your Will has not been allowed to open and receive Loving Light, you have denial. Your denials are yours to heal. In healing your Will, you must allow It to tell you how upset It has become. In hearing from your Will unconditionally, you have taken the step of accepting It, wherever It is.

If you do not have all of yourself present with you in loving acceptance, you are not loving yourself unconditionally. You cannot love anyone or anything else unconditionally if you do not have all of yourself with which to love them. When a person is denying parts of the self, that person will be denying others, too. No one who wants to continue on the path of self-denial or of denying others, (a path of imbalance, in other words), will be able to remain on Earth. It is not a loving, nourishing, life-giving policy to be living in a state of imbalance, but in saying this, a threat is not intended.

This information is meant to help you understand how to release yourself from the path of strife, struggle and suffering that denial has brought to Earth. Earth has been imbalanced to the point of feeling her life is threatened, and is not going to tolerate any more imbalance. The Earth, herself, is going to clear out of herself, and off of herself, everything that has not been loving toward her. As she is doing this, all those who want to remain on Earth must also clear out of themselves everything that has not been loving.

The understandings you need now are about how to help and allow your own Will to evolve. In short, allow your Will to express everything you feel, and do not stop until you are really finished. The problem with the free expression of the Will on Earth right now is that it has been denied for so long that its attempts to express itself have looked out of balance, and they often have been. For this reason, let your Will release in a private place, as the Will naturally would with sounds, especially at first. The emotional release My Light is talking about is direct emotional expression as sounds, so, be careful not to hurt yourself or anyone else, and do not go forward and act out on a wave of emotions.

In reading this book and trying out these understandings, it is important not to impose this on others who do not want it, for just as it is not spiritual balance to deny yourself in favor of others, it is also not spiritual balance to deny others in favor of yourself. It is also not necessary to believe that you must have teachers or intermediaries to help you find the healing you need. While others can have help to offer, you are the one who knows, and can know, yourself best. Take responsibility for yourself and what you need to do to heal your imbalances.

Denial does not allow the release back out of what has been taken in. When you take in and do not release back out, your receptive centers get filled up and can no longer receive clearly, and sooner or later, not at all. Blocking the free expression of the Will

has not been allowing the release back out of what the Will has taken in. This makes it very difficult to exercise discernment and is one of the main reasons that most people on Earth do not, at present, have direct experience of My Presence.

Much of what has shut down evolution of consciousness on Earth is fear, held in common by many, that free expression will result in harm to others, societal chaos or both. This fear is accompanied by another fear that so many who have claimed Divine Authority have done harmful things, and many who have claimed to hear Divine Impulses have done the bidding of voices that have told them to do harmful things. You can be sure that these claims of Divine Guidance are not My Loving Light if they have influenced people to do harmful things.

One of the empowering factors in these understandings is that you can release yourself intentionally by allowing free expression. This, then, eliminates the need for any harmful situation to come to you from outer reality. This is an understanding that is very necessary now on Earth.

People have thought that karma brings a balance of payments, but karma is not that simplistic. Karma is meant to bring you into balance, this is true, but not by bringing one experience as payment for another in the past. Karma brings balance by attracting the experiences you need in order to learn what you do not yet know.

Without Will, the Spirit has no selection process. Your Will is your individual magnetic energy field and draws the experiences you are going to have. If you hold something in your Will that is denied and disconnected from your conscious awareness by not being accepted and allowed free movement or free expression, you will then draw a reflection of this to yourself. Unpleasantness is not sent by My Loving Light as punishment for misdeeds. Unpleasantness is only drawn in response to what has been denied or judged against. The denial is what gives the experience its unpleasant qualities.

The energy locked up in denial does not want to be held outside of the nourishment of Loving Light. In coming to you, drawn by the denial, unpleasant experiences have not come to punish. They have come to draw your attention to the denials. They are drawn to you in an attempt to release the energy that is being held there, outside of your loving acceptance. By allowing yourself to be easily triggered into releasing your held denials, the intensity of these reflections can lessen until you no longer need to draw to yourself any unpleasantness. Try it before you judge it.

I also want to say that you can still take the path of letting experience come to you from without and balance yourself in that way. If you want to, in fact, you can even call for the karmic experiences necessary so that you can be triggered to release your own denial. Pleasant experiences will still happen, My Light is just addressing unpleasant ones right now. As you lessen and eliminate denial, you can create even more pleasant experiences and better ones. By shifting the power from a state of externalized disconnection to internalized conscious acceptance, you can always know what is going to happen. You might not have complete detail because you might have the kind of Will that likes surprises, but you will know it will be pleasant. This can give great peace to everyone.

What is right place?

*Many Spirits have been having trouble believing in Me, believing what I have said, and that I have said anything lately. I have let this experience go on on Earth for as long as I can. I am speaking, now, to all the Spirits in the form in which they can receive Me, because even the ones who still want to refuse to hear Me, must at least accept from Me the power to put them in their **right place**. Spirits who are not ready to hear from Me will be put in their **right place**, where they will not have to hear from Me until they are ready and where they will no longer be mixed in with the ones who want to hear from Me. Earth has reached the place where her balance must be restored. Those who remain on Earth will have to accept and understand what the Earth needs to be healed. Earth must clear the denials she has received from those who have been living upon her. Earth can no longer tolerate the abuse she has been receiving and, for that matter, neither can the animals.*

*I am putting everything in its **right place** so that reflections necessary can be faced without involving anyone other than ones needing that particular reflection. This action on My part has looked like judgment day to the ones foreseeing, but it is only judgment day in the sense that everyone is going to face his/her own reflection. The understanding needed is that this does not mean it cannot be pleasant. Healing yourself in the ways being described here, at the right time and in the **right place** can release your pain.*

Nothing happens in Creation unless it needs to happen, no matter how it may look to you. Even if most of the Spirits on Earth are having experiences you would not want to have, and even if experiences are happening to others for reasons you do not yet understand, even appearing to be for no good reason at all, you have the opportunity, and can make the choice, to understand why what is happening to you is happening, and release yourself from having to face your denials in outer reality as much as you can. Whatever choice you make will be the right choice for you. Even if it turns out to be a painful choice, you will only experience what you need to experience in order to learn what you need to learn, no matter how much power the reality of others seems to have.

An understanding you need about protecting yourself when you are surrounded by a reality that does not seem to agree with your own personal choices is this: Get in touch with why you are there, process everything you can find in yourself regarding this, in the way that I am explaining here, and see what happens. I am going to help you with this, because I can see that the reality on Earth is pressuring for widespread conformity. You also need to do your part by developing and using your discernment. By taking responsibility for yourself, you can clear up everything that holds you to a reality, or part of a reality, that you do not like. Because misunderstandings have been in place for so long, this can seem to be a tall order; much more complex than many people have thought when they began, but if you do not begin, you cannot get there.

*The path of bringing the balance of Spirit and Will into your Heart will show you what is right for you, and you will be able to recognize the perfection of it as you move along. Finding your own **right place** is a reflection of finding your own inner balance. In other words, as you are finding your inner balance, your outer reality will match it. In freeing your own Will, you cannot help but have your outer reality respond. It will also reflect whatever you have not found in yourself that needs to be*

brought within your loving acceptance. The longer it takes; the more conditioning you have to work through.

I have not been sending you pain as punishment. Pain is supposed to warn you that you are going past yourself. Pain only continues if you continue to refuse its messages. However, by overriding or ignoring parts of yourself, many of you have created a long history of denial. Extensive denial has created many situations in which it has seemed that there are no completely pleasing and harmonious possibilities. Life has seemed to be compromise, overlooking things and choosing the lesser of two evils, when, in fact, it could be much more happy and pleasing than that. Beginning wherever you are is the important first step, and finding your true feelings will let you know where you are.

*The undermining of free Will on Earth has been accompanied by a habit; the habit of looking outside the self for the answers. This habit has another aspect to it; that of denying your own Will in favor of someone else's idea of what is best for you. This imbalance has opened the way for rules and generalized procedure because no one really knows what each and every moment calls for in someone else. This lack of attunement is a direct result of denying the Will its **right place**.*

Freeing of the Will to do what it is meant to do is going to return to each person the sensitive and appropriate attunement to the self and everything the self does. No amount of refining or improving standardized procedures, applied programs, rules, regulations or, for that matter, manners is ever going to come close to the individualized fine-tuning that free Will has to offer. Your Will is meant to guide you in this so that what is appropriate to any given situation is what you feel like doing and also do. When the Will has been suppressed, it cannot give clear guidance. It has become clouded by what it has had to hold. Habits are substitutions in the place of attunement and attempts to compensate for the loss of attunement.

The benefits of releasing denial: a personal healing

I have [written before](#) about my relationship with my late father, who is now one of my chief allies in the metaphysical/spiritual realm. We became close near the end of his life and even closer still after his transition to the afterlife, but we were not always so. Our closeness only became possible after I discovered then released denial of repressed feelings toward him.

My [Core Energetics facilitator Pamela](#), after we had established trust over several sessions, asked me how I felt about my father. I had not mentioned him beforehand, not imagining that our relationship could be relevant to my healing. In my superficial rational mind, we had been having a positive relationship ever since I left home for university, albeit a limited one in an emotional sense. So I responded to Pamela accordingly, wondering where she would take this topic; by then I had gained confidence in her intuitive abilities. She proceeded to uncover, using her extraordinary skill set, that in fact I was actually angry toward my father. She asked me to vocalize my anger and then act it out by pounding a foam cushion.

I attempted to do so, but my efforts were feeble and restrained. I felt that I was only acting like I was angry for the benefit of Pamela. I felt tired, and it seemed like too much effort even to pretend. Pamela asserted that I was denying my true feeling. She insisted that I was very angry toward my father.

I made another effort, deliberately raising my voice and hitting the cushion harder. I started to sweat from the effort, but Pamela was not satisfied. She asserted that I hated my father. I was

surprised that she would say such a thing considering that my idealized self-image was the opposite of a hateful person. But I trusted her enough by then to dig deeper, on the chance that she was not guessing but could sense the truth beneath my artificial persona.

I started shouting and pounding harder until, suddenly and unexpectedly, a flood of emotion burst forth of its own accord. My vocalizations and actions seemed to be those of a stranger and they were no longer restrained; yet they were not out of control: my consciousness seemed to have bifurcated into the stranger and another vaguely familiar presence which was in full control: it directed the stranger's violent acts only toward the pillow. My artificial persona, which now seemed like a cardboard cutout, was nowhere to be found.

I realized that the stranger was actually an estranged part of myself which had been denied expression since the age of nine when it had experienced trauma at the hands of my father. Its expressions were those of a child of that age, as were its reactions to the trauma. It was enraged and began pounding the cushion as if it were my father. The presence, which I later described as a silent witness, observed without emotion, judgement or pity; it was emotionally detached but fully present and was completely accepting of what it observed.

After some time, exhaustion began to set in. I wanted to rest but Pamela urged me continue, saying that I hadn't yet reached the bottom layer. She said that the true feeling was beyond anger and even hatred: *the child wanted to kill his father*. I was shocked by her assertion but let it guide me to the bottom layer to feel the child's patricidal rage.

The awareness of the full scope of the child's state of being had been repressed because it threatened my survival both physically and psychically, at least from the perspective of a child. What I could not have understood at that age was that the rage I felt never needed to act out in the world; it simply needed to express itself and to be heard. By denying that need, I lost part of my life force and fragmented my psyche.

Under Pamela's expert guidance, I recovered the lost energy and healed my psyche. In the absence of denial, it is the intrinsic nature of energy to organically evolve into a life-affirming, positive flow. A burst of wild energy surged through me and I expressed it vocally and physically as if it were *The Furyan Rage*, yet did no harm to anyone, including myself, because the silent witness had set boundaries. In fact, I rejoiced in the intense vitality that I felt, having set aside self-judgement and self-loathing in favor of self-love. I felt alive in a way I could not remember feeling alive before.

When the rage had run its course, a feeling of calm and ease came over me; but that calm was actually balanced power, perhaps analogous to the immense power contained in the intrinsic spin of elementary particles that seem to be at rest. I felt something like a humming feeling-tone, a bubbling effervescence throughout my being. I said to Pamela that I felt genuine love for my father for the first time in my life; the released emotional energy had already reverted to its natural free state. Pamela simply smiled.

It was this healing that directly led to a reconciliation with my father and a bond that transcends dimensions. I could now perceive him as he actually was, not the monster I had made him out to be, subconsciously. In fact, he was just like me, having borne his own trauma since childhood.

Lessons learned

I realized that what had prevented this breakthrough for decades was that my denied feelings, despite being unacknowledged, continued to magnetically attract outer denials. During those

years I experienced setback after setback in both relationships and health; life seemed against me. I resented my fate, blaming everyone and everything but my own denials.

There were to be other deep denials released over the ensuing years, each time resulting in reintegration of lost life force which, in turn, deepened my feelings, expanded my sense of authentic self, enhanced intuition and will power, improved discernment and my connection with spirit, increased my capacity for love and eventually lead to the healing of several chronic illnesses. The rewards were so great that I actively sought out hidden denials, inviting life to point them out to me. When it did, I knew how to release them, having been through the process already.

The process became familiar, but not easier. It seemed to me similar to the bodily process of vomiting. Having eaten bad food, for example, one feels growing discomfort in the digestive tract and anticipates that the body might need to expel it. But considering how unpleasant that would be, one hopes that vomiting can be avoided, perhaps to the point of actively resisting the natural function. One would rather put up with discomfort for hours than endure a few seconds of intense pain and the loss of control when the body involuntarily convulses. But I've learned that it is better to surrender to the wisdom of the body so that the immense relief that immediately follows is felt sooner rather than later.

The silent witness turned out to be more of a location than a presence. A spirit guide named Charles called it the *witness platform*; it is always there as a point of perspective but is only rarely, if ever, consciously occupied amidst day-to-day life. It is none other than *the place of no pity*, the abode of personal intent. Intent has perception, insight and intention but not feeling; the closest it gets to feeling is electric excitement. Partnered with magnetic will, excitement becomes enthusiasm (meaning divinity within).

Sometimes I shudder when I think how my life might be now had I not recovered the lost parts of my psyche. To think that I might have gone through life like the subject of the poem by Jose Gorostiza, *Death Without End*:

*Oh, what blind joy
What hunger to use up
the air that we breathe,
the mouth, the eye, the hand.
What biting itch
to spend absolutely all of ourselves
in one single burst of laughter.
Oh, this impudent, insulting death
that assassinates us from afar
over the pleasure that we take in dying
for a cup of tea...
for a faint caress.*

The things we do for a cup of tea and a faint caress, when we could have it all.

If the enlargement of my sense of self from an artificial persona to an authentic being with intent and will balanced in heart was made possible by simply releasing denial of true feelings, imagine the expansion of self possible when we merge with our denied spirit dual and attain the totality of our being. Then, as sovereign beings, we can dart past the Eagle to be free. Death is a denial of life, an intent that is imprinted on us from the moment we are born.

The Tango

2024.07.10 [TOC](#)

Takes two to tango

They say: *It takes two to tango*. I asked my AI what this expression means and what its origin is. The AI has three modes: precise, balanced and creative. In the precise mode:

The expression “it takes two to tango” is an idiom that means certain activities or situations require the active participation of two parties. The phrase originated from the South American dance tango, which requires two partners to perform. It was popularized by the 1952 song “Takes Two to Tango.”

I switched to the creative mode and asked the AI to describe in poetic terms the roles of the two tango dancers:

In the intimate embrace of the tango’s frame,
Two souls converse, their passion aflame.
A dialogue of bodies, in silence they speak,
A language of movement, fluid and sleek.

The leader, with intent, proposes the path,
A suggestion in motion, a subtle craft.
With confidence and care, they guide the way,
Inviting their partner in the dance to sway.

The follower, with grace, responds in kind,
Their steps intertwined, as if by design.
A mirror of movement, reflecting the lead,
Together they create the tango’s creed.

In this dance of give and take, they find,
A rhythm that resonates, two hearts aligned.
Each role essential, none can be forgo,
For it truly takes two to tango.

Then, I asked the AI to express its poem as an image:



The tango dance reminds me of the dynamic interplay between masculine and feminine as represented by the swirling and interpenetrating zones of light and dark in the yin/yang symbol:



I asked the AI what the name of this symbol is:

The yin-yang symbol, also known as the Taijitu, originates from Taoism. It consists of a circle divided into two teardrop-shaped halves—one white and the other black. Within each half is a smaller circle of the opposite color. Yin represents earth, femaleness, darkness, passivity, and absorption, while yang symbolizes heaven, maleness, light, activity, and penetration. Together, they represent the interplay of complementary forces in all aspects of life.

I think I will call it *the Tango* instead.

Recap

From [The Wheel of Time](#), referring to the energetic structure of the body:

Divine Masculine inspiration entering from the crown meets and balances with Divine Feminine intuition entering from the root, to then express in the world through heart: Divinity in human form, Trinity in the Construct. Divine flow and alchemical blending in the heart is fully activated when all chakras are balanced. *Balance is the cardinal rule of magic.*

In [The Chronicles of Intent](#), Divine Masculine was associated with Divine Intent, the source of inspiration. Ideally, masculine inspiration balances with feminine intuition in the heart, from where their mutual desire for experience manifests into the world. The balancing process is a dynamic dialogue, like the tango dance. The masculine partner surveys the infinity of potential experiences, offering his preference to the feminine partner — a path he is excited about. She responds to his lead with her willingness (or not) to follow it, based on her intuitive feeling of rightness about the proposal and her trust in his ability to lead, gained through experience.

Where reality departs from the tango analogy is that feminine not only expresses willingness to align with masculine's design, but provides the will to manifest the desired reality. Divine Will is not only the source of intuitive willingness, but the source of will power. On an energetic level, feminine will power is the power that aligns filaments of light within our being with external filaments-at-large to assemble the perception of a pre-existing potential reality. Masculine intent proposes which of an infinite number of external filaments to align with, through focus.

Divine Intent is, in Castaneda's lexicon, the Active Side of Infinity, the aspect of the multifaceted Supreme Being that influences Infinite Creation (which is the fractalization of Itself) through informational flow. Intent is a modulation of Being that is adept at navigating

Infinity, at functioning within Creation. Divine Will, in contrast, is the Reactive Side of Infinity. Will is expression of Being itself; it influences Creation through emotional flow and intervenes through magnetic alignment.

And so Divine Will is two-dimensional: Willingness + Will Power. In [The Wheel of Time](#), the three components of Trinity were combined in seven ways: The three separate components (1, 2, 3), the three pairs (12, 13, 23) and the triplet 123. The first group of three corresponds to the three one-dimensional upper, electric, translational, locational, chaotic, thinking, masculine energy centers in the human energetic body. The second group of three pairs corresponds to the three two-dimensional lower, magnetic, rotational, structural, orderly, feeling, feminine energy centers; rotation requires a 2D plane; magnetic field lines flow in a 2D circular pattern, the energetic extension of intrinsic spin. The triplet corresponds to the heart where Trinity expresses in Creation.

Masculine *doings* would have no purpose or meaning without feminine *beings* to experience them. The meaning is the rapport between them, the tango. When masculine balances with feminine, its excitement for potential experience becomes enthusiasm (divinity within). The result is magic. Divinity expresses from the heart into the world through its agent, its conduit: perhaps vocally (an assertion of truth or a command of power); perhaps as energetic limbs of will extending from the solar plexus; perhaps as refined healing Reiki flowing through the arms and out of the hands — there are secondary chakras in palms of the hands.

Creation is for the purpose of Divinity expressing Itself through Heart. In particular, the heart is not meant to be a stepping stone to enlightenment, as may be the understanding of those who practice the raising of the Kundalini “serpent” from the red energy center up toward indigo. When the veil descended and humanity was cut off from spirit, much of the red root center was left intact, because its creative power is necessary for biological reproduction. As such, it is our best available energetic resource and so it is used for various spiritual practices such as Kundalini, Tantra and dreaming. But the idea of using it as a means to an end (enlightenment, transcendence) is misguided. Feminine is not meant to be used and discarded upon contact with Divine Masculine Intent, but honored and integrated. The negative imagery of the serpent is typical of the immature masculine degradation and devaluation of the feminine by the immature masculine.

Immature masculine, enraptured by the freedom of its perception and mobility and frustrated by virgin feminine unwillingness, supplanted its own source of existence with an artificial substitute persona as described in [The Chronicles of Will](#). Feminine, being reactive, has had to wait for masculine to mature, to learn from experience that there is no purpose to activity without *being* to experience it. There is no meaning without rapport, no fulfilment except in service to Being. It was immature masculine which denied will; it is up to mature masculine to free will.

Female/male

The female/male sexes are only partially aligned with the feminine/masculine principles. From [The Primary Dichotomy](#):

We know from physics that when polarized light passes through several filters, it can emerge with the opposite polarity, consistent with yin/yang spawning each other. It can also emerge with a blend of polarities, some proportion of the original mixed with the opposite. Both the feminine and masculine principles coexist within individuals, society and the natural world, in various proportions.

But the two sexes do have a definite biological bias toward their respective principles. The distinction is clear on the microscopic level of ovum and sperm. The tiny sperm is the mobile, active member of the pair. Its intent is to activate the potential of the ovum, to transform something alive into something living. The ovum is reactive; it will remain dormant until activated, but it has everything else needed for growth and development. This arrangement is a microcosm of Creation: the role of masculine is small but vital in giving feminine being the one thing it needs to express and experience its own nature. And that small, vital partner is an offshoot of itself, a modulation of itself.

At the macroscopic scale, masculine must put its skill in navigating the Construct in service to feminine, both internally and externally. Human males must rehabilitate their personal feeling, their will, their love, their connection to their spirit and through it to the Supreme and prioritize them in expression and experience. Manifestation must have priority over manipulation, rapport over rivalry. They must do this now, just as the cosmic outbreath is reversing to the cosmic inbreath. Human females must do the same, releasing the personas they have created to survive in a world dominated by immature masculine consciousness. They will find that they have always had the greater power and the stronger connection to spirit. More content in their being than males, and more naturally balanced, they also have an edge when it comes to not taking life too seriously (controlled folly) — but their masculine portion will keep them in the game.

Don Juan Matus on female/male

This excerpt from Castaneda's *The Eagle's Gift* explains the distinction between female and male shamanic warriors:

Don Juan and his warriors did arrive at the totality of themselves, and turned then to their last task, which was to find a new pair of double beings.⁴³ Don Juan said that they thought it was going to be a simple matter - everything else had been relatively easy for them. They had no idea that the apparent effortlessness of their accomplishments as warriors was a consequence of their benefactor's⁴⁴ mastery and personal power.

Their quest for a new pair of double beings was fruitless. In all their searching, they never came across a double woman. They found several double men, but they were all well-situated, busy, prolific, and so satisfied with their lives that it would have been useless to approach them. They did not need to find purpose in life. They thought they had already found it.

Don Juan said that one day he realized that he and his group were getting old, and there seemed to be no hope of ever accomplishing their task. That was the first time they felt the sting of despair and impotence.

Silvio Manuel insisted that they should resign themselves and live impeccably without hope of finding their freedom. It seemed plausible to don Juan that this might indeed be the key to everything. In this respect he found himself following in his benefactor's footsteps. He came to accept that an unconquerable pessimism overtakes a warrior at

⁴³ Double beings are those rare humans with twice the energy of a normal human being, the only ones with sufficient power to lead a generation of shamanic warriors to freedom, in Don Juan's lineage. They are called *naguas*, which is a word also used for *spirit*.

⁴⁴ The Nagual Julian Grau, the male leader of the previous generation.

a certain point on his path. A sense of defeat, or perhaps more accurately, a sense of unworthiness, comes upon him almost unawares. Don Juan said that, before, he used to laugh at his benefactor's doubts and could not bring himself to believe that he worried in earnest. In spite of the protests and warnings of Silvio Manuel, don Juan had thought it was all a giant ploy designed to teach them something.

Since he could not believe that his benefactor's doubts were real, neither could he believe that his benefactor's resolution to live impeccably without hope of freedom was genuine. When he finally grasped that his benefactor, in all seriousness, had resigned himself to fail, it also dawned on him that a warrior's resolution to live impeccably in spite of everything cannot be approached as a strategy to ensure success. Don Juan and his party proved this truth for themselves when they realized for a fact that the odds against them were astonishing. Don Juan said that at such moments a lifelong training takes over, and the warrior enters into a state of unsurpassed humility; when the true poverty of his human resources becomes undeniable, the warrior has no recourse but to step back and lower his head.

Don Juan marveled that this realization seems to have no effect on the female warriors of a party; the disarray seems to leave them unfazed. He told us that he had noted this in his benefactor's party: the females were never as worried and morose about their fate as were the males. They seemed simply to acquiesce in the judgment of don Juan's benefactor and follow him without showing signs of emotional wear and tear. If the women were ruffled at some level, they were indifferent to it. To be busy was all that counted for them. It was as if only the males had bid for freedom and felt the impact of a counter-bidding. In his own group, don Juan observed the same contrast. The women readily agreed with him when he said that his resources were inadequate. He could only conclude that the women, although they never mentioned it, had never believed they had any resources to begin with. There was consequently no way they could feel disappointed or despondent at finding out they were impotent: They had known it all along.

Don Juan told us that the reason the Eagle demanded twice as many female warriors as males was precisely because females have an inherent balance which is lacking in males. At the crucial moment, it is the men who get hysterical and commit suicide if they judge that everything is lost. A woman may kill herself due to lack of direction and purpose, but not because of the failure of a system to which she happens to belong.

After don Juan and his party of warriors had given up hope - or rather, as don Juan put it, after he and the male warriors had reached rock bottom and the women had found suitable ways to humor them - don Juan finally stumbled upon a double man he could approach. I was that double man. He said that since no one in his right mind is going to volunteer for such a preposterous project as a struggle for freedom, he had to follow his benefactor's teachings and, in true stalker's style, reel me in as he had reeled in the members of his own party. He needed to have me alone at a place where he could apply physical pressure to my body, and it was necessary that I go there of my own accord. He lured me into his house with great ease - as he said, securing the double man is never a great problem. The difficulty is to find one who is available.

Historically, over the course of twenty-seven generations, the double man (the male nagual) did not always lead his generation of shamans. According to Don Juan:

Only the nagual has the energetic capacity to be responsible for the fate of his cohorts. Every one of his cohorts knows this, and they accede. The nagual can be a man or a woman. In the time of the sorcerers who were the founders of my lineage, women were, by rule, the naguals. Their natural pragmatism-the product of their femaleness-led my lineage into pits of practicalities from which they could barely emerge. Then, the males took over, and led my lineage into pits of imbecility from which we are barely emerging now. Since the time of the nagual Lujan, who lived about two hundred years ago there has been a joint nexus of effort, shared by a man and a woman. The nagual man brings sobriety; the nagual woman brings innovation.

Since the time of the Nagual Lujan, Intent (the Eagle) has commanded that the nagual woman, the perfect counterpart to the nagual man, depart with the older generation when it was their time to leave the world. When the nagual man Don Juan first saw his counterpart Olinda:

I knew in my body that the nagual woman was the being who made the Nagual complete. She brought to the nagual peace, plenitude, a sense of being protected, delivered.

The nagual woman and don Juan found completeness and silence in each other's company. Don Juan said that the feeling they had for each other had nothing to do with affection or need; it was rather a shared physical sense that an ominous barrier had been broken within them, and they were one and the same being.

Olinda left the world with her benefactor Julian's party, leaving Don Juan with the ultimate motivation to follow her along with his own party, after the next generation of shamans had been found and trained. During the ensuing long years, Don Juan consoled himself with poetry, and with the companionship of his fellow shamanic warriors. When it was Don Juan's time to leave, Olinda was waiting on the other side of the passageway to guide him. At the moment of crossing, one enters into the third attention, and the body in its entirety is kindled with knowledge. Every cell at once becomes aware of itself, and also aware of the totality of the body. One darts past the Eagle, leaves the Construct, the Nursery, the Forge, and attains sovereignty. Sovereign beings stand alone before Infinity, yet they have for their consolation their freedom, and for their comfort their peers.

Florinda Donner Grau on femaleness/maleness

In an interview⁴⁵ given in 1992, Florinda Donner Grau⁴⁶ explained why the leader of each generation of modern shamans in her lineage is a male:

Q: In your group and in don Juan's group there were more women sorcerers than men. Why is the leader, the nagual, always a male?

Carol Tiggs, as the nagual woman, could very easily be the leader of our group. However, it is a sorcerer's belief that women are universes⁴⁷ in themselves. As

⁴⁵ By Ken Eagle Feather and Carol Kramer, *Body Mind Spirit Magazine*, Dec. 92, Vol. 11, Issue 6, pg. 44.

⁴⁶ Florinda Donner Grau, a member of Carlos Castaneda's second party of shamans, whom I briefly met. She added Grau to her name in honor of the Nagual Julian.

⁴⁷ According to Don Juan Matus, the entire universe is female to a large degree.

universes they have no interest whatsoever in leading other universes! Sorcerers also believe that maleness is an extension of femaleness.⁴⁸ Therefore, it is antithetical to the spirit of womanhood to lead. The nagual is not quite a leader; he is the person who lends the sorceresses soundmindedness, sobriety, and purpose.

Q: Does this make women more spiritually advanced than men?

No, women are simply natural, peerless dreamers.⁴⁹ The womb gives women that extra edge. Originally, women saw no need to exploit their facility to link themselves broadly and directly to the spirit. They saw no need to talk about it or to intellectualize this natural capacity. It was enough for them to know that they had it and put it into action. Men's incapacity to link directly to the spirit was what drove them to talk about the process of reaching knowledge — and they haven't stopped talking about it. It is precisely this insistence on analyzing the process that gave them the certainty that being rational is a male skill. The conceptualization of reason has been done exclusively by men and this has allowed them to belittle women's gifts and accomplishments. Even worse, it has allowed men to exclude feminine traits from the formulation of the ideals of reason.

Q: Why don't women use their advantage?

Women have forgotten their direct link with the spirit. They have forgotten how to use it, or rather, they have copied men's condition of not having it at all. For thousands of years men have struggled to make sure that women forget it. Men's need to dominate others and women's lack of interest in expressing or formulating what they know and how they know it has been a most nefarious alliance. It has made it possible for women to be coerced from the moment they are born into accepting that fulfillment lies in love, in marriage, in having children and in self-denial. Women have been excluded from the dominant forms of abstract thought and educated into dependence. Women have been so thoroughly trained in the belief that men must think for them that they have finally given up thinking.

Q: But there are a great many women thinkers, women of great accomplishments.

Of course there are. However, what goes for women's thinking is their capacity to formulate what they have learned, and what they have learned has been defined by men. Men define the very nature of knowledge whether it be spiritual, scientific, or whatever, and from it they have excluded that which pertains to the feminine. Although women have access to knowledge, they have not been allowed to help determine what that knowledge is. If their knowledge is included it is always in a negative light. And women have accepted it. There are exceptions, but not enough to make a difference. Not yet.

⁴⁸ Maleness is the solution of the One to the problem of being aware of Its inherent qualities but having no means to express them, which was a state of agony. One becomes two and automatically there is something new, a third: rapport, the dance through infinity that becomes an eternal triplet: Divinity expressing in Creation. Without the dance, we would be the dreams of an insane God. As limited as maleness is, it is prized in Creation. It is a privilege of maleness to lead the dance and an honor to serve the feminine.

⁴⁹ Don Juan Matus on Carol Tiggs' exceptional facility with the dream world (the metaphysical/spiritual realm): *She has a knack for that world. Women in general have a natural bent for that realm; sorceresses are, of course, the champions; in theory, they can come and go as they please in that world because of their enhanced awareness and their femaleness. But Carol Tiggs is better than anyone I know because she, as the nagual woman, has superb energy.*

Q: Is this tied into the crisis facing us in terms of our continued existence on the planet?

It is a sorcerer's belief that the biological imperative of reproduction is something that cannot be altered, except by replacing it with another equally powerful imperative. They propose evolution as a counterbalance for reproduction. For sorcerers to evolve means to face our intrinsic nature. It means putting in brackets the current meaning of everything we are and do. In this manner sorcerers actually give the psyche a moment's rest, a moment long enough to start a rearrangement of priorities. If the compulsion to the male, the current basis of all our relationships, is replaced with the necessity to acknowledge the human spirit before anything else, sorcerers believe a very healthy society will emerge.

Women have a womb

As Florinda mentioned, the womb is an extra resource that woman have. Besides the obvious biological reproductive function, it has a metaphysical function in the same way that the [eyes](#) have both physical and metaphysical functions. Maria Elena, a member of Carlos Castaneda's first party of shamans, explains:

A woman's dreaming has to come from her womb because that's her center. In order for me to start dreaming or to stop it all I have to do is place my attention on my womb. I've learned to feel the inside of it. I see a reddish glow for an instant and then I'm off. The moment my attention is on my womb I'm already into dreaming. I never toil, not ever. Women are like that. The most difficult part for a woman is to learn how to begin; it took me a couple of years to stop my internal dialogue by concentrating my attention on my womb. Perhaps that's why a woman always needs someone else to prod her.

The Nagual Juan Matus used to put cold, wet river pebbles on my belly to get me to feel that area. Or he would place a weight on it; I had a chunk of lead that he got for me. He would make me close my eyes and focus my attention on the spot where the weight was. I used to fall asleep every time. But that didn't bother him. It doesn't really matter what one does as long as the attention is on the womb. Finally I learned to concentrate on that spot without anything being placed on it. I went into dreaming one day all by myself. I was feeling my belly, at the spot where the Nagual had placed the weight so many times, when all of a sudden I fell asleep as usual, except that something pulled me right into my womb. I saw the reddish glow and I then had a most beautiful dream.

We hold the images of the world with our attention. A male sorcerer is very difficult to train because his attention is always closed, focused on something. A female, on the other hand, is always open because most of the time she is not focusing her attention on anything. Especially during her menstrual period. Instead of fighting to focus, a woman should let go of the images, by gazing fixedly at distant hills, or by gazing at water, like a river, or by gazing at the clouds.

Women have wombs. They store their feelings there. Feeling is the language of the feminine (just as thought is the language of the masculine), an energetic imprint into the physical/material realm from the metaphysical/spiritual realm where the feminine spirit dual, our true being with its connection beyond the Construct, resides. Feeling is power: will power for manifestation and love power for unification. Men do not have wombs and so are at a

disadvantage relative to women in these areas; they must work harder to compensate; but then, *doing* is their *forte*.

The two shall be as one

The life of a sorceror may seem so unconventional as to be out of reach for most people living a worldly life: those with a career, family, children and so forth. When is there time and energy to dedicate to the definitive journey toward freedom? Whatever stage of development of consciousness you are at, life provides endless opportunities for spiritual development. The greatest opportunity for growth available to human beings on Earth is the bonded relationship between a man and a woman.

According to the [Pathwork Guide](#):

The most challenging, beautiful, spiritually important and growth-producing kind of relationship is the one between man and woman. The power that brings two people together in love and attraction, and the pleasure involved are a small aspect of cosmic reality. It is as though each created entity knew unconsciously about the bliss of this state and sought to realize it in the most potent way open to humanity: in love and sexuality between man and woman. The power that draws them together is the purest spiritual energy, leading to an inkling of the purest spiritual state.

However, when a man and a woman stay together in a more enduring and committed relationship, maintaining and even increasing bliss depends entirely on how the two relate to one another. Are they aware of the direct relationship between enduring pleasure and inner growth? Do they use the inevitable difficulties in the relationship as yardsticks for their own inner difficulties? Do they communicate in the deepest, most truthful, self-revealing way, sharing their inner problems, helping each other, rather than placing mutual guilt on each other and whitewashing themselves? The answers to these questions will determine whether the relationship falters, dissolves, stagnates—or blossoms.

Such a relationship, then, is an outer form reflecting an inner growth process toward harmony then union. It is a path to union with Divinity. You cannot love the Supreme Being if you cannot love at least one other person; and the physical and spiritual complementarity between women and men makes for the most dynamic tango.

In 1971, Paul Stookey of the popular folk trio Peter, Paul and Mary wrote *The Wedding Song*, which he credited to divine inspiration. Paul accompanies himself on a 12-string guitar. Click [here](#) to listen on YouTube. Following are the original lyrics from [Paul's website](#):

*I am now to be among you at the calling of your hearts
Rest assured this troubadour is acting on My part.
The union of your spirits, here, has caused Me to remain
For whenever two or more of you are gathered in My name
There am I, there is Love.*

*A man shall leave his mother and a woman leave her home
And they shall travel on to where **the two shall be as one**.
As it was in the beginning is now and til the end
Woman draws her life from man and gives it back again.
And there is Love, there is Love.*

*Well then what's to be the reason for becoming man and wife?
Is it love that brings you here or love that brings you life?
And if loving is the answer, then who's the giving for?
Do you believe in something that you've never seen before?
Oh there is Love, there is Love.*

*Oh the marriage of your spirits here has caused Me to remain
For whenever two or more of you are gathered in My name
There am I, there is Love.*

Intent/Will, Light/Love

In summary, a key understanding to be grasped and assimilated is that yin/feminine is not only the domain of truth and rightness, but also the domain of will and love, both of which have been greatly diminished by denial. Will and love are closely related forms of power, without which we are neither truly free nor truly alive.

Love is a binding force that overcomes separation of beings, or fragments of beings. Will is an attractive force that overcomes the separation between what *is* and what *will be*. Will is a remedy for temporal separation while love is a remedy for spatial separation. Feminine will provides the power to align perception according to masculine intention, a movement of the assemblage point of perception to whatever reality one desires to experience. Feminine love is the cohesive force that binds together internal luminous filaments into a form, a potentially sovereign being.

The Light/Love duality is a facet of Divinity aligned with Intent/Will. Whereas Intent/Will is about influence and intervention in Creation, Love/Light is about the mechanics of Creation: the Divine Masculine Light of the Supreme Being fills and is held by the Space of Love formed by the Divine Feminine out of its dark Void, which is not empty but rather brimming with potential and vitality; it is alive, *being*. Light in-forms the space, the formation, activating its potential. In-formation flows into the for-mat-ion, the *mat-rix* — a word which comes from the Latin word *mātrix*, derived from *māter*, meaning *mother* and also *womb*.

Love is Being. It created a Construct or Space of Love from Itself: *being-as-form*. The Construct is a form of apparent separation that has built-in means of dissolving separation and returning home to Divine Mother. The Construct is made of Love but is to be filled with Light. Light is a modulation of Being and therefore a modulation of Love. It extends into the Construct and as such it is *being-in-form*. Light illuminates the Infinity of potentials contained therein whereas Intent activates some of them by focusing upon them. Light facilitates rapport between that which appears to be separate. It is rapport which gives meaning to the journey and beckons toward union. Meanwhile, all-pervasive Love is the very essence of the Construct, holding the form open as a venue for freedom of expression and experience but with a gentle gravitational pull toward Unity.

Metaphysical light, therefore, accounts for *freedom* as discussed in [The Primary Dichotomy](#),⁵⁰ and *abstract motion* as discussed in [The Wheel of Time](#). Indeed, physical light is the fastest motion we can measure. It provides a dense web of interconnection between

⁵⁰ *Dichotomy* emphasizes the mutual exclusivity of a pair of opposites, whereas *duality* allows for a yin/yang interplay between them. When it comes to love/freedom, the pair may seem to be mutually exclusive but in reality, each spawns the other: *The greatest use of freedom is to choose love; but only the free can truly love and the greatest gesture of love is to bestow freedom, in imitation of Divinity*.

apparently separate physical structures, allowing the possibility of relationship and navigation between them, without which freedom would have no meaning within the Construct.

We might then say that Masculine Light is primary in Creation, whereas Feminine Love is primary in Existence. Light is the outbreak of Creation, Love is the inbreath.

Order/Chaos

When the inbreath of Creation draws us back to One, perfect order will prevail. Until then, the outbreak of Light into the Void, the Womb of Creation, is characterized by the generation and spread of information (via light); *chaos*, in the scientific sense, prevails — *chaos* being the mechanism for the spread of information. Conversely, during the inbreath *order*, in the scientific sense, will prevail. *Order* is the mechanism for information absorption. *Chaos* and *order* are mechanisms, not states. The mechanism of *chaos* can lead to a state of disorder if not balanced by the mechanism of *order*.

This scientific meaning of *chaos* is only loosely related to the conventional meaning, which can be a source of confusion:

chaos

/kā'ōs"/

noun

1. A condition or place of great disorder or confusion.
2. A disorderly mass; a jumble.
3. The disordered state of unformed matter and infinite space supposed in some cosmogonic views to have existed before the ordered universe.

The original Greek word *chaos* meant *abyss* or *void*, which is feminine. But its meaning evolved into its virtual opposite, the disordered state of matter that is believed by some to have filled the void. Actually, such a disordered state is properly characterized as *entropic*. But the universe we inhabit began with no entropy and since then has been gaining entropy, in accordance with the second law of thermodynamics. This trend will reverse during the inbreath. The growth of entropy during the expansion phase coincides with the spread of information via the mechanism of *chaos*. The contraction phase will coincide with the absorption of information via the mechanism of *order*.

The physical/yang/masculine space realm is characterized by location and translation; information adds, extends, and accumulates; resulting in dramas and works (such as architecture, art, music, literature, institutions, societies) — all manner of expressions and accomplishments; in short, doings. The metaphysical/yin/feminine time realm is characterized by structure and rotation; information is absorbed: something that rotates a full cycle or period comes back to the state it began in (like the predominantly feminine Void which hosts Creation). There is no way to know how many previous cycles have occurred.⁵¹ Information about history is lost. But the feminine being takes in experience and its eternal soul is enriched.

⁵¹ This feature has been used in some encryption schemes via the modulus operation. Encryption relies on asymmetry: decoding must be much harder or take much longer than encoding. The modulus operation cannot be fully reversed: $7 \bmod 3 = 1$, but so does $4 \bmod 3 = 1$. Is the decoded number 7 or 4? Modulus is related to rotation. If the clock says that the time is 1 o'clock, is it 1 AM or 1 PM?

The dynamic balance of *order* and *chaos* is what accounts for complexity within Creation, including Life itself. *Complexity is a fluctuation of information about entropy.* This dynamic balance between the spreading and the absorbing of information allows information to be accumulated and temporarily stored. Histories are made. Organisms and societies evolve, complexity increases. Without masculine chaotic diversity, there would be no evolution or adaptation; without feminine orderly cohesion there would be no persistence or resilience. Complexity has increased during the outbreak but will decrease during the inbreath. Life will become simpler and purer: creatures endowed with free will, will make the choice for love with increasing frequency, until it becomes their only choice.

A tremor in the air

First, balance intent and will in your heart; then, take a masculine stance relative to your feminine spirit partner: use your freedom to take the lead in a tango with her. As she spins round, feel her being receive the gift of experience you bring to her. Dance until you can no longer tell who is leading whom.

Then, with the totality of your being, take a feminine stance relative to Divine Masculine Intent, the Active Side of Infinity: surrender to It, then merge with It. In the words of Don Juan Matus:

*Infinity is everything that surrounds us. The sorcerers of my lineage call it infinity, the spirit, the dark sea of awareness, and say that it is something that exists out there and rules our lives. It is impossible to determine what the intent of infinity is, yet it is there, as palpable as you and I are. Sorcerers say that it is a **tremor in the air**. The advantage of sorcerers is to know that the tremor in the air exists, and to acquiesce to it without any further ado. For sorcerers, there's no pondering, wondering, or speculating. They know that all they have is the possibility of merging with the intent of infinity, and they just do it.*

You will have achieved *apotheosis*:

apotheosis

/ə-pōth"ē-ō'sīs/

noun

1. The highest or best part of something; the pinnacle or culmination of a process or development.
2. Exaltation to divine rank or stature; deification.

The Event

2024.08.14 TOC

It's already been six months since I wrote in [The Door of Everything](#):

I chose the yin-yang symbol as the symbol for this incarnation because it so elegantly depicts the concept of dynamic balance, and balance is the cardinal rule of magic — Right Use of Will. In keeping with this theme, I intend to alternate the emphasis of chapters between inner and outer.

It's time to turn attention outward again, as we enter the home stretch, beginning with an inspiration to check in on David Wilcock.

Quantum leap of the solar system

I have followed David's teachings off and on for many years, but not so much during recent times. He originally came to my attention because his perspective is built upon Ra's [Law of One teaching](#), one of my own core influences. Also, he bears a remarkable physical resemblance to the famous American psychic and mystic Edgar Cayce, known as the "Sleeping Prophet" because he channeled information from the metaphysical realm in deep trance. Cayce gave thousands of readings that are now archived at the Association for Research and Enlightenment in Virginia Beach. David believes that he was Cayce not only because of the resemblance but also because their natal astrological charts are remarkably close.



As Merlin explained to me, much of the psyche is encoded in DNA. When a spirit prepares for incarnation, parents are chosen such that on the spectrum of possible DNA combinations, attributes appropriate to the themes of the incarnation are available, even to the point of physical resemblance to another incarnation, if this is deemed advantageous for the soul's mission in the imminent lifetime.

David is privy to a vast amount of insider information through personal connections, including information about advanced technologies and extraterrestrial realities. What I learned just a couple weeks ago is that David is now involved with a company that intends to bring forth several advanced technologies for the benefit of humanity — technologies suppressed at least since the time of Tesla to keep humanity in a state of dependency upon the Dark Elite, scrounging for the scraps they leave us. Among these technologies are anti-

gravity and free energy. If these subjects interest you, I recommend delving into David's very extensive body of work: numerous books and hundreds of videos. He is very prolific but somewhat verbose, repetitive and prone to drama and flights of fancy; highly gifted but not always stable — discernment is advised, as always.

The aspect of David's teaching that is of the greatest interest to me now is the subject of a livestream that took place about a week ago:



Click [here](#) or on the image above to watch on YouTube

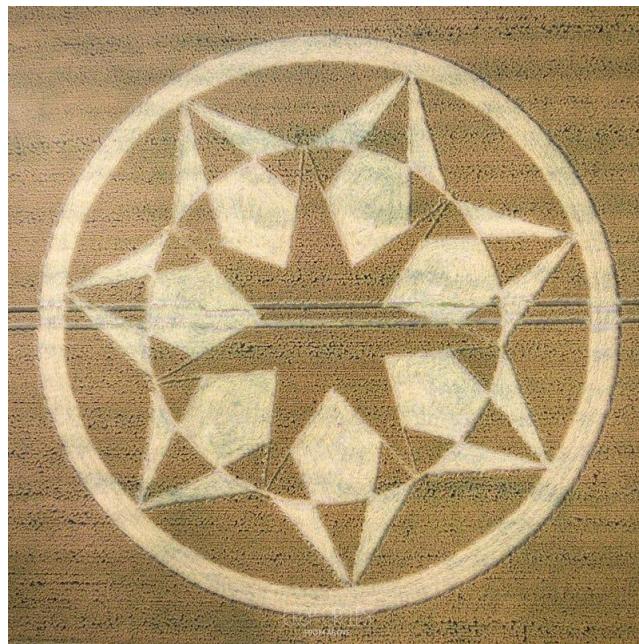
He introduced the work of physicist Harold Aspden, a man I had never heard of before, who provided a scientific explanation for the octave of densities described by Ra as summarized in [At the Precipice](#). He relates the quantization of these densities to well-defined sectors within galaxies. When a solar system crosses a boundary between sectors as it traverses its galaxy, an abrupt change occurs in the laws of physics — not the equations of physics themselves but rather the constants in those equations. Those constants, such as the ratio of the mass of a proton to the mass of an electron, are believed to have fixed values by conventional physicists but they cannot explain why they have the values they do. David correlates the periodic crossing of boundaries to the Mayan calendar and various ancient prophecies which refer to a solar flash as our Sun adjusts to the new constants. The effect of such a flash is temporarily disruptive but elevates the entire system and its inhabitants to a higher density. DNA will be affected; dormant potentials will be unlocked. For various reasons, David expects this event to occur next year, in 2025.

Aspden's work is not endorsed by Ra, unlike the work of chemist Dewey Larson as discussed in [The Wheel of Time](#), presumably because Ra's questioner was unaware of it. The similarities between the two scientists are striking. Both were driven to develop their theories on their own time, toiling in relative obscurity over decades without much support from mainstream science. They follow in the footsteps of truth-seekers like Galileo who were scorned by established institutions of their day. Someday their work will be given the recognition it deserves. Meanwhile, it should be preserved. All of Aspden's publications are available on a [website](#) dedicated to this purpose.

A premise of Aspden's work is that the structure of physical reality resembles a liquid crystal, like those used in wristwatches to display time. Rotating Muons are arranged in a regular lattice formation and constitute what scientists once called the *aether*, before the idea of such

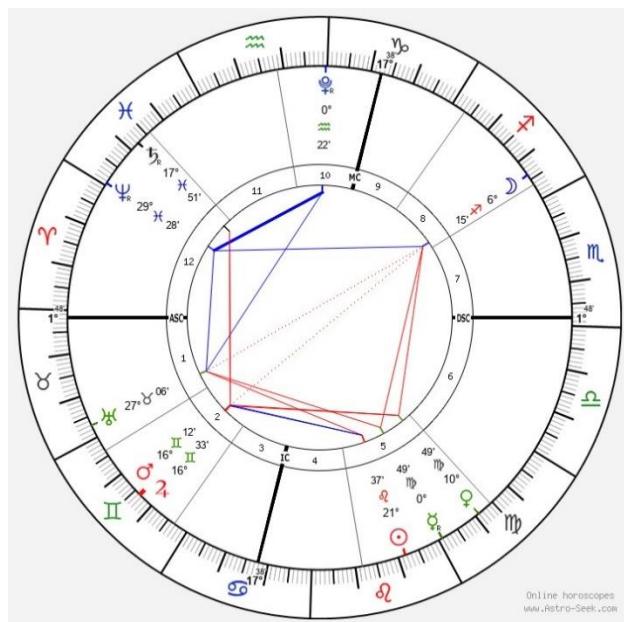
a reality substrate lost favor. The values of physical constants are a direct result of the dimensional constraints of the lattice. When a galactic sector boundary is crossed, the geometry changes, resulting in changes to the values of the constants.

David believes that recent crop circle formations in England not only hint at the “squared circle” principle (actually, the 3D analog: spherical muons packed into a cubic lattice) and anti-gravity technology, but include messages to him in support of his work. The crop circle that appeared on [July 23, 2024](#) appears to David to be similar to anti-gravity technology his company is currently working on:



July 23, 2024 near Marten, Wiltshire, England — note the 7-fold symmetry.

David has been emphasizing the imminence of major changes preparatory to what he calls *the first wave of ascension* to occur next year. He believes that today’s astrological configuration signals the threshold of these changes:



Astrological chart for August 14, 2024

There are many squares in today's configuration, a square being a 90-degree separation (within 6-8 degrees) between heavenly bodies. When four such bodies form an actual square on the chart, mutually separated by 90 degrees, the configuration is called a Grand Cross. Today's chart has a Mutable Grand Cross involving Sagittarius (Moon), Pisces (Saturn), Gemini (Mars and Jupiter) and Virgo (Venus).⁵² The Grand Cross is often associated with challenges and tension due to the conflicting energies of the heavenly bodies involved. However, it also presents opportunities for growth and transformation. The Mutable Grand Cross is the least tense variant due to the flexibility and adaptability of mutable signs.

We are on the threshold of great change leading to a new era; tension has built to a critical level.

Monoliths, portals and crystals

Meanwhile, Australian channeler Blossom Goodchild has been on an indefinite break. But beforehand, earlier this year, updates were given on the monolith phenomenon. It is a good time to review information given by the Federation of Light on that subject. There is a tendency in the mass consciousness to normalize and even forget about such extraordinary phenomena as crop circles and monoliths. As Don Juan said:

The only alternative left for mankind is discipline. But by discipline I don't mean harsh routines. I don't mean waking up every morning at five-thirty and throwing cold water on yourself until you're blue. Sorcerers understand discipline as the capacity to face with serenity odds that are not included in our expectations. For them, discipline is an art: the art of facing infinity without flinching, not because they are strong and tough but because they are filled with awe.

The monolith phenomenon began with the discovery of the first one in a remote part of Utah on November 18, 2020.



⁵² There are three modalities: cardinal, fixed, mutable. The three modalities correspond to yang, masculine, chaos; yin, feminine, order; taijitu, tango, complexity (dynamic balance). The four signs of today's Mutable Grand Cross are Sagittarius (fire), Pisces (water), Gemini (air) and Virgo (earth). The square between the Sun (Leo) and Uranus (Taurus) adds a feminine influence (fixed modality) to the dynamic cross, being relatively close to Gemini and Virgo.

From a [Vox article](#):

Into the fiery, plague-ridden nightmare-scape of 2020, like a gift from some benevolent higher being, has come a source of true wonder and delight: the wandering monoliths of Utah, Romania, California, and New Mexico. The monoliths are long vertical slabs of metal, each 10 to 12 feet tall. They appear with no warning and disappear just as quickly.

These monoliths aroused curiosity among Blossom's community, to which the Federation of Light provided astounding insights. After a lull, monoliths began appearing again earlier this year, beginning with the appearance of one in Wales during [March](#):



"When I first saw it, I was a bit taken aback as it looked like some sort of a UFO," said Muir, a builder who lives in Hay-on-Wye nearby. "It seemed like a very fine metallic [material], almost like a surgical steel. The steel structure was almost 10ft long and looked perfectly levelled and steady, despite the weather being windy."

It was followed by the appearance of one in Nevada during June:



Following are some excerpts from a series of Federation of Light channelings about the monoliths beginning in late 2020:

5 December 2020:

These are connected with the Pillars of Light we have spoken of. They are monitors. They are receptors. They are activators. They are connectors. They are reflectors. They are of a material that may appear 'Earthly' yet, it is not. [There are many] that shall be 'placed' and discovered at appropriate times. Their positionings are strategically placed in order to activate and ... would we say 'control' the Pillars when they are ready to be received.

12 December 2020:

Monitoring what exactly?

Monitoring frequencies, Energetic magnetics within a large area around each one. Monitoring the surroundings and keeping a balance energetically in those places where they are set ... in order to make sure they are in alignment for their 'duty'.

Which is?

That, Blossom, must be kept under wraps for obvious reasons. Yet, you can feel something afoot can you not?

Only a feeling, yes. Accompanied by a vague image that is difficult to describe, of these structures being activated at a certain time, all together, reflecting Light from the Sun.

What we can tell you is that what you say is correct. They shall be ... activated/switched on ... at a certain point in time and create ... within themselves/yet, all together as one ... an Energy as never before known. Yes, the Sun is very much involved. We would say, that the Sun at a certain height and Power ... at a certain given time ... is 'Their Key'. We would say, that all needs to be in place by then as they work together. They are designed to be a team, would we say.

Activating what exactly?

We would say ‘Everything’ as a general answer. Yet, there are many targeted missions that these structures are to reboot. These monument (al) structures are to be set in certain lay lines and grid webs that can send their ... ‘Electricity/Energy ... flowing through the entire system. You know of ‘Stone Henge and other connected stones placed long ago within the Earth’s boundaries ... in order for ‘Star alignments’ to work with them. In these times, these ‘StarBeams’ are essentially in place to ‘change the course’ from that which has been so deeply buried in darkness, to that which brings in such magnificent Light in order to assist the transformation from the old to the new.

StarBeams? Do you mean the Monoliths? Or the stars that are coming into alignment?

We mean the Monoliths. For they shall indeed, appear as such when activated. Their Energy of Light will not be of your strongest lighting system ... yet, beyond anything you have known. The Energy that shall be produced from them, when combined with certain star/planetary alignments shall activate within the entire solar system ... as a sort of ‘all systems go’. And yes, as you are thinking, Blossom, they shall activate the human Soul Light, also.

Connectors to what?

Connectors to a number of things ... Connectors to Stars systems. Connectors to Star families. Connectors to that which is outside of your Planetary limitations, to open up to that which lies beyond. The entire Energy of this occurrence connects the Soul Being with the Truth of who they are. Yet, many will not be able to take the Energy and as we have said regarding other matters, choose to take their leave.

That would be a shame ... to leave just before the party really gets started.

Not for those who could not ‘manage’ the Energy.

Receptors to/for what?

LIGHT. SIGNALS.

Is this where the Pillars of Light take their cue?

They are indeed ‘connected’ very much with this ‘encounter’.

Reflecting what?

Reflecting Light and Power from Source!

So, you have said before that the Sun is a portal to Source Energy ... so would you say reflecting Light and Power from the Sun?

Some would consider it the same thing. Where did the knowing of ‘Sun Gods’ derive from within the ancients?

Are these StarBeams, and the Pillars of Light, all connected ... to/with ... THE GREAT EVENT that has been spoken about forever? It certainly feels like there has to be a connection here.

Blossom ... it is all connected. You are moving into a Higher Vibration. PLANS ... ARE/HAVE ... ALWAYS BEEN IN PLACE and as your time moves through ... more of

this likelihood is becoming apparent now. NEVER HAS THERE BEEN A TIME LIKE THIS. YOU ARE TRULY BLESSED TO BE UPON YOUR PLANET EARTH AT THIS TIME. WATCH YOURSELVES, FEEL YOURSELVES SOAR INTO A HIGHER RECOGNITION OF TRUTH ... OF YOURSELF.

You used the word ‘reboot’. Meaning what?

Meaning the starting up of an old system put in place long ago ... likened to, if we may, when a computer starts off clean and with good intention to serve and remain so. Yet, as time goes on ... it gets cluttered up with all sorts of ‘stuff’ that takes over and clogs the system until it crashes and breaks down. To reboot your Planet ... to deprogram and replace with LIGHT INTENTION shall be the planned route.

19 December 2020:

On the [web site](#) tracking [monoliths], it is said there are now 86. My gut tells me they are not all ‘your’ doing?

This is correct. For many have decided to play into this game and create structures to add to the excitement. It actually benefits, rather than deters, for those that come from ‘Energy elsewhere’ are lost within the throng, which conceals very nicely, the TRUTHFUL figures. We have no concern of this, for they ... do not/cannot ... interfere with the programming of the original status and coding therein, of those which are sent from off Planet. Those that are of TRUTH ... those that ARE NOT OF EARTH ... are ‘dormant’ for this time in certain programming’s. Yet, although ‘silent in stature’ are in accordance with their positioning and ‘Energetic’ outflowings. Those that ARE OF EARTH and people’s fun and games ... are serving greatly, also. For if there were to be none of these shenanigans ... the TRUE STARBEAMS would be too apparent, and dealt with accordingly, by those who do not want them in position. THE TRUE STARBEAMS CANNOT BE DESTROYED. THEIR INTELLIGENCE LIES SAFELY WITHIN.

‘Their’ intelligence?

Yes. Their programming is not of a system known to man.

You know, if I sit for a minute, here with you ... and imagine the activation of these Pillars and see the TRUE ONES shooting out Light and connecting up with each other in Light grids across the Planet ... accompanied by Flashes from the Sun ... and all sorts of Rainbow colours beaming across our skies ... I could cry. Because somewhere within me ... I can feel that this will happen. I don’t know when. I am not going to ask you when. Yet, if I let go of all indoctrinations and programming’s ... this possibility will become a reality one day. Just the fact that some monoliths are already in position is a step in the right direction.

3 January 2021:

What about any updates of the Monoliths? It is said there are now 144 ... and clearly not all legit, as one was even made out of gingerbread!

As we have mentioned, Blossom ... we are not at all concerned of the phony ones. They do not interfere, yet, assist in ways of the TRUE ones mingling amongst them. These structures shall remain intact and settle in/down. They are working their magic even though they are not ‘switched on’ as such ... yet, of course, there is no ‘switch’. When they become ‘alive/activated’, it will not happen due to any button being

pressed. They will take their lead from the stars and the Universal pull into Higher dimensions.

They are not of a structured inlay that your Earth scientists could understand. Therefore, they are safe and cannot be tampered with. They are far beyond Earthly pretexts. When they are all in place and the DIVINE TIME WINDOW occurs, they shall play their part: TO ASSIST IN THE LIFTING OF YOUR PLANET AND ITS ENTIRE CONTENTS INTO YOUR NEW PLACE. They are our/your friends. They are, would we say ... THE ICING ON THE CAKE.

I feel you are wanting to talk about movies and their influence yet, don't know where to begin?

Correct. You see, Blossom ... there are many layers and this is where the confusion lies. For so long it was inconceivable that movies such as 'Star Wars' and 'Off Planet' adventures were an actual reality. Many now have changed their minds yet also, many still consider such happenings to be make-believe and therefore, ridicule those who feel otherwise. Another plot to divide and conquer. Yet, due to such technical wizardry ... is it not that you are able to visualize these monumental structures of such precious material ... shooting Light out ... from/to ... one another ... connecting up with the skies and creating a huge portal ... a wormhole ... which changes everything from 'Where you are' to 'Who you are'?

Yes, I imagined exactly that as you were bringing it through. Yet, surely you are not saying this is what is to take place?

Why not? Why? TO FOLLOW THE PATH OF YOUR DESTINIES ... OF EARTHS FUTURE ... TO TAKE PLACE.

Did I just swallow the last episode of Star Trek in my sleep or something? This is all new ... and I am imagining it won't be taking place within the next few days?

Correct. This seems so unlikely to you, does it not, Blossom?

My friends, an Announcement ... a Pillar of Light ... is seeming unlikely to me at this time! So this little bombshell definitely remains in the 'What a good movie' category.

Our point entirely! Such an 'Out there' concept ... that it MUST BE A MOVIE! Where do these movie 'scripts' come from, Blossom? Imagination? Or downloads in preparation for 'what is'?

Yet, still leaves us believing this kind of thing only happens in movies.

The double-edged sword.

At this stage, I would say, 'A nice dream' ... not an impossible one though. For, Dear God, I have to say, the things I have discovered this year about our actual reality on this Planet breaks my heart in two. The deceit that we good guys have been 'living under' is almost incomprehensible, and yet, there is a KNOWING OF ITS TRUTH. WE DESERVE BETTER! LIVING AS SLAVES TO THE DARKNESS IS NO LONGER PERMISSABLE!

AND THIS, DEAREST BLOSSOM, IS WHY YOU ALL KNOW DEEP DOWN, THAT THE TRUTH MUST COME OUT AND THAT THE LIGHT SHALL ONCE AGAIN TAKE ITS VICTORIOUS POSITION UPON YOUR PLANET. YOU HAVE GOT THE STRENGTH. YOU WILL CONTINUE TO SHINE. THIS YEAR WILL CONTINUE TO

BRING IMMENSE CHANGES INTO YOUR SYSTEMS. It will appear initially to be the opposite of that which you KNOW it should be. Yet, something will take place to turn this around, and once that door has been opened ... the 'Flow of Truth' ... as we have said ... will shock and stun one's senses. It will be a year of such conflict and confusion ... yet ... BY YOUR KNOWING OF YOUR LIGHT ... BY THE AGREEMENT YOU MADE TO RID THE PLANET EARTH OF ITS PARASITES ... BY YOUR TENACITY ... BY YOUR KNOWING OF WHO YOU ARE ... YOU SHALL FEEL THE LIGHT AT THE END OF THE TUNNEL ... BEFORE IT IS SEEN. It would be inconceivable for such a MASTER PLAN to take place overnight. The transformation has to take place at a pace that can be dealt with on all levels. WHEN YOU DISCOVER ALL THAT HAS BEEN GOING ON ... ALL THAT HAS BEEN TAKING PLACE IN THE NAME OF TRUTH ... ALL SHALL BE UNDERSTOOD.

21 March 2021:

How about the Monoliths, what's happening with them?

They are all in place.

WOW. That was unexpected.

This does not mean they are ready for 'action' ... just yet. Although, it is necessary for them to 'route' themselves ... into /through the ... Earth's Magnetic Field and solidify their structures. Through this method they are able then to connect with each other ... would we say 'underground' ... within 'pathways' of connection ... which in turn allow them to connect and communicate with each other ... in preparation for when they are 'Set.'

My thoughts, and we may have touched on this, is that they will be to do with 'THE EVENT'. The One that may involve a Solar Flash and a HUGE WAVE OF LOVE engulfing the entire Planet and raising the Vibration immensely.

This is correct. The actual 'flash' itself as it leaves the Sun ... will trigger a few of them ... would we say ... the main circuits /switchboards ... which in turn will Energetically connect with all the others, for they are all ... ready ... in place. All ready and interconnected through their routes. Yet, what is their role? What happens when this happens? They are of much Power ... beyond your comprehension, or anyone of Earth. When 'ignited', when 'activated' ... and 'at play/in play' ... their ENERGY will enable a huge Magnetic, Energetic, Electrical Wave ... of both Sound and Movement, taking your beloved Planet through to a Higher Dimension. This can only take place when ALL IS IN PLACE. So, although we say the 'structures' are 'set' ... they are not programmed for any particular date. They are programmed when all is in alignment.

So then, 'The Event' will only happen, i.e., the solar flash ... when everything is in place, also?

Yes. We cannot begin to explain the enormity of this. It is imperative for Earthly strategies to be in place ... along with certain Planetary/Star alignments ... in order for EVERYTHING to come together in THIS DIVINE PLAN. In order for the END OF THE DARKNESS and the BEGINNING OF THE LIGHT WORLD to flow into position. As you can imagine, Blossom ... the complexity of this Plan is far from a 'walk in the park.'

13 July 2021:

All [monoliths] are now in place. Yet, none are to be activated, at this time. They shall remain dormant until ‘The signal’ is given, at which point they shall ‘Come alive and do their thing’. They will send tones and signals to one another across your Globe and out to other sources like themselves, that are not on your Planet. The connections between them ... each one ... shall we say ... would be in comparison to a conversation. As you can imagine this is a complex matter that cannot be completely understood on the human brain’s capacity level at this time. Extremely advanced scientists will not be able to keep up with the signals and communications between them, for their codings are not off from this world.

And what is their purpose?

To activate many Ley Lines, Portals, vast dormant Crystals that lie beneath your soil. To activate within the human mind ... codes that were set/given long before your presence on Earth.

Ley lines?

We understand that you, personally Blossom, are not au fait with such phenomena. Yet, you and many know that they exist. They are a matrix that runs throughout your Earth’s patterns. We would describe them like a rabbit warren. For although there is structure to these patterns, there are also many ‘threads’ ... billions ... that are connected throughout ... yet, all receiving the same messages and codes from Source.

What is the purpose of the Ley Lines activation?

They will magnetically charge the very ground that you walk upon. Imagine a matrix that runs throughout your Globe ... as if ‘when activated’ ... the main centers... such as the places you know as Uluru, Stone Henge, and five others⁵³ ... will be the starter points for this ‘charge’ to then spread throughout the intricate and complex ‘threads’, so that there is not one piece of land that is not encompassed by it. It is part of the ‘show’. It is necessary for this magnetism to be ‘underway’ in order for the rest of the process to take place and be completed.

And that process is?

We will move on to the Portals and Crystals for it is part of the connection of all these things mentioned. Imagine the enormity of this charge ... throughout your Globe. Not just a small place in one country, yet everywhere. Think of all these threads ‘Lighting up’ and spreading throughout. Think of the Power created ... unimaginable ... unimaginable. This then, firstly powers up the giant Crystals that, as we say, have lain dormant for millennia.

Who placed them there?

Off Planet Beings. In the KNOWING of the future ... which is now the present. In the KNOWING of this MAJOR EVENT that is to occur.

What do the Crystals do?

⁵³ Possible locations of the other five energy centers where grid lines cross are: Shasta, Titicaca, Glastonbury, Giza, and Kailash in Tibet. The seven energy centers are Gaia’s chakras.

Once they have been awoken/ activated through the magnetic forces ... they will literally GLOW WITH LIFE.

It's all very much like a movie ... that I have not yet seen!

Yet, images presented by artists, etc in preparation. Visions they have been given. The Energy that is contained within these Crystals is also beyond compare.

How many crystals are there?

*Six.*⁵⁴

Is that all?

Blossom ... no more are necessary. The POWER from the Crystals, aligned with the Ley Lines and threads, then take a while to tune in to the system and when complete, they are able to activate seven Portals.

That do what????

Open up your Planet ... for a given time ... to other worlds.

Dear God, I am on the edge of my seat. Then what?

Magic, dearest Blossom. Magic!

Hold on. Can we just recap? So, if I have this correctly, at a certain given point in time, these Monoliths will be activated and will send signals to each other on and off Planet, which in turn, will set off Ley Line grids and threads from seven main centers...which will be charged magnetically because of the signals from the Monoliths ... which in turn, when completed throughout the Planet, will activate six vast gigantic Crystals that have laid dormant for millennia ... and when all this is in alignment ... the Power of this will allow seven Portals to activate and open ... how am I doing?

Extremely well.

You say these Portals open us up to seven other worlds? Do we go to them?

No.

⁵⁴ I suspect the number six is in play because there are six sides to a cube and our reality substrate is composed of both spheres and cubes as mentioned above — the interplay determining the physical constants. The cube is the 3D analog of the 2D square, the four sides of which are key to prevailing Earth energy. In Don Juan's lineage, four was the ruling number. The females of each generation consisted of groups of four, corresponding to the four compass directions, the four winds. The interplay between spirit and material, metaphysical and physical, is the cross between 3 and 4; In astrological terms: 3 (cardinal, fixed, mutable) x 4 (fire, earth, air, water). Hence, the twelve signs of the Zodiac, the twelve months, the twelve hours on a clock. The importance of the number seven is based on combinations of trinity and so determines spiritual structures such as densities and chakras, as reflected in diatonic music scales; the number twelve is the result of mixing the four elements of the material realm with spiritual trinity, resulting in the twelve-fold drama of life, reflected in chromatic music scales. Indeed, the heart chakra anahata is depicted as a twelve-petaled flower with two intersecting triangles at its center named Shatkona, the upward pointing one representing masculine Shiva, the downward pointing one representing feminine Shakti. Their blending representing dynamic balance, harmony. Six, then, is a higher dimensional analog of four directions — the six faces — perhaps signalling the ascension of Gaia to a higher density. More fancifully, perhaps the six crystals inspired the Infinity Stones of the Marvel Cinematic Universe: Reality (or Aether), Soul, Mind, Time, Space, Power.

Do otherworldly Beings ‘come though’ to us?

No. Not at this time. Yet, it is the combined Energy of these openings that are needed to conduct ‘the next move’.

Holy Moly! Which is?

Blossom ... have a think about all we have said. What do you think would be happening next, when you consider the absolute magnitude of POWER from all this we have said ... put together ... to create what?

THE EVENT?

Correct.

Far out, Brussel sprout. And I thought it was going to perhaps be from a simple solar flare! Keeping on track ... you said also, about codes being activated in the human mind that were given long ago. Can you elaborate on that ... if my head doesn’t blow off first?

Clearly, we are assuming that one can FEEL the ENORMITY of this when it takes place. It HAS to BE that the human mind, connected to the soul ... plays its part in all of this, for that is why you are here. It is absolutely necessary for EACH ONE to step up to the plate and BE PART OF THE WHOLE (EVENT). Therefore, within everything else being activated ... it triggers within the Soulself the remembrance of this taking place. In that, you remember all that you were told that you were coming to the Planet to accomplish.

***NOTHING LIKE THIS HAS OCCURRED BEFORE! EVERYTHING CHANGES.
EVERYTHING.***

25 July 2021:

People have asked about their Crystals. You spoke of six vast Crystals beneath the Earth that will be charged during this ‘Happening’. Will this be the same for ALL Crystals? Personal one’s etc?

Indeed, it will. It is important to keep one’s personal Crystals cleansed by ways already known to many. I.e. washing in the ocean, running underwater after rubbing in Earth, sageing, intentions via one’s own Energy from hands, etc. One will know that which suits. At the appointed time, ALL Crystals will resonate with the Vibrational Frequency of what is taking place. One may also find that in the weeks beforehand, their Crystals may take on a different appearance, perhaps have an unusual glow about them,⁵⁵ and also, one would be very much aware of the pulsing Vibration ... coming/being offered ... from them.

What effect will this have? What is this purpose?

Energy! Not just personally, yet, for each Crystal to ... play their part and to be part of ... this Great Transformation ... this Great Awakening. It shall be, as we spoke of

⁵⁵ My quartz/amethyst geode in Ukraine glows ethereally, captured somewhat in the picture of it in [Rapport](#), taken by my wife. A few days ago I felt overwhelming love for its being. I first encountered it at a gem and crystal show, one that appeared regularly in my city and which my wife helped establish many years ago. The moment I saw it I felt rapport with it and knew I must acquire it regardless of cost. Its service is to anchor Light at the great divide in our world between East and West. The crystal alliance will not fail.

with the Monoliths. as if they are communicating with one another in order to 'be in sync' and have maximum effect.

Will the dark one's still be able to function after this has taken place?

No. That which is coming, Blossom, that which 'This Event' will bring with it, is of such Light. Such Energy change ... for/of ... ALL THAT IS. Both on and off Planet. This is why we have said 'All eyes are on your Planet' as it is part of the upliftment of everything ... for everything is connected. This LOVE LIGHT that is to sweep over, through and within, is of a magnitude that has not yet been experienced in such a way.

So, what will happen to the naughty folk?

Blossom, it is for one to understand that each and every one is playing a role ... which we accept is hard to accept! The souls of many of such Beings will leave immediately via 'disintegration'.

Excuse me?

Yes, Blossom, it shall be as if their physical Being literally crumbles and disintegrates.

Seriously? Truly? Really? For real?

Yes, for real Blossom. For the Energy that is carried within the entire body and soul of such 'naughty folk' is so 'dis-eased' that the Wave of Love ... the Strength within it ... will cause such Beings to crumble, for it cannot possibly survive within the Vibrational Frequency that the Wave brings.

Yet, to literally crumble? Oh, come now! Sounds more and more sci fi.

We understand that it all may sound farfetched ... for your programming has been so 'normalised' and all thought of such happenings leads you to believe such things are only make-believe.

Ok. So, what happens to the soul when it leaves the body of a dark one?

That is a long and drawn-out tale. Such souls will be automatically whisked/directed to a place where there shall be atonement for their behaviour. It is law that what you do unto another you do unto yourself ... and we ask that if you are able and advanced enough in thought and spirit, to send Love and Light to such souls. For although they have been a part of great darkness, at the same time, they chose to play that role ... as LIFE in all its forms, twists and turns, continues on FOREVER.

Is this the case for all?

No. Many will 'change' and see the error of their ways and be 'allowed' to remain within their human physicality to 'make good' and repent of their ways.

Some may find that hard to accept.

Not once the Wave has Enlightened the souls upon Earth by many, many, Vibrational degrees. FOR YOU SEE, BLOSSOM, WHEN THIS LIGHT ENERGY IS ABSORBED INTO YOUR BEING AND ONE RECOGNIZES HOME AND WHO THEY TRULY ARE WITHIN THAT HOME, ALL ONE, ALL EVERY ONE DESIRES, IS FOR FORGIVENESS OF WHAT HAS TAKEN PLACE UPON YOUR PLANET AND TO

ASSIST IN EVERY LOVING WAY POSSIBLE, TO RETURN YOUR EARTH PLANE TO THE ORIGINAL BEAUTY OF NOT JUST THE PLANET, YET ALL THOSE WHO DWELL WITHIN AND UPON HER. ONCE THIS EVENT TAKES PLACE ... NOTHING WILL BE THE SAME AGAIN. We ask you to KNOW this in your Heart. To KNOW that a New World is coming and all that one is having to endure, in ways of Living in darkness, shall be lifted.

3 August 2021:

We spoke of the Monoliths, the Ley Lines, the Grid, the Crystals, the Magnetic Fields, the Portals ... Let us speak now of how you all work within this Plan. As you imagine all these things communicating with each other, and triggering the next 'movement' ... IMAGINE TOO ... THE MATRIX OF LOVE LIGHT, AS IF LIKE ELECTRICITY ... CONNECTING FROM YOUR BEINGS TO ONE ANOTHER ... IMAGINE THAT STRENGTH. IMAGINE THAT FEELING. IMAGINE THAT LOVE.

Some feel that if/when this Wave of Love comes, then it will wake many souls up, and therefore, there will not be the need for those more awakened to assist.

Believe us, Blossom, when we say ... THERE WILL BE EVERY NEED. For FEELING and KNOWING LOVE from this Wave, does not mean that one suddenly understands everything that is/has/will take place. Yes, very much so, there will be a change in one's Energy and one's very Soul Being. Yet, there will be so much 'fall out' from all that has taken place. All that has been indoctrinated and programmed ... Many will find EVERYTHING so hard to comprehend ... There will be so much work to do. Yet ... Imagine this ... there will be no resistance. There will be no 'power of lesser Light' telling untruths and dragging one into the mire.

Will there be a divide?

For a time ... until the TRUTH spreads. This Truth will be so much more accessible to Each Soul, for the Wave will touch the Heart and Soul in such a way that TRUTH can only be recognized. There will be many who 'repent'.

14 March 2022:

Someone sent a short video about a Pillar of Light that was seen in Perth. Apparently, there were four of them. Which appeared very quickly. I know you are aware of which I speak.

Indeed, Blossom. We are aware of this phenomenon and yet, it is not as such a phenomenon ... to us ... at all. The scientists are baffled by it, yet, we can explain it quite simply as ... 'Being Of Light'. Certainly, electricity must be involved and yet, we would say it was 'communicated' from Sky to Earth by a vessel from 'elsewhere'. Many more, as we have said, shall begin to appear as the frequency rises. However ... although we would choose to call these 'Pillars of Light', we would also express that the 'ones' we originally spoke of have not yet been presented. These 'larger' ones that are to come will remain and 'move' stealthily across your skies and as also spoken of, shall contain information to 'be received' to the individual.

So, the Pillars in Perth? Do they have a purpose?

They infuse the Earth with an electrical current that travels far and wide. And as you are picking up on Blossom, they are part of the 'Awakening' process that we spoke of regarding the Monoliths and the Crystals underground and the 'activation of such'.

Yet, the Pillars hasn't activated all that you spoke of?

No indeed. For it is not yet time. However, we would say that the necessary 'electrical current' ... for now ... is in preparation for such an Event. It creates circuits within a radius of its implant.

11 April 2022:

[As] fascinating as the Monoliths, Ley lines, Crystals, Portals, and Activating Codes are ... and indeed, excite the soul ... it is from within the Soulself and the discovering of it in depth that will ... eventually ... bring about this 'Triggering point' ... that will set everything off.

So, you are saying there is no actual date ... it is to do with the amount of Light that we on Earth are able to project, in order for this to take place?

It is a combination of such. Planetary alignment also, must come into play. Imagine the magnitude of this happening and all that it shall bring along with it. All that it shall bring about. IT IS THE BIGGEST THING TO EVER TAKE PLACE ON YOUR PLANET.

Just checking in, that when this happens, it is the lead up to the Event, as you have said before?

Indeed. Therefore, all calculations must match. EVERYTHING has to align, otherwise, it wouldn't work. A little like a long line of your dominoes with its twists and turns. If just one domino is not in alignment ... the whole thing stops. So, you can imagine the intricacy of all that is involved.

It is fascinating that you say the giant Crystals, six, I believe, were placed within the Earth eons ago ... lying dormant until such time when they shall be activated. When you say 'giant' ... how big is 'your' giant? I am seeing mountains ...

Imagine ten together ... of the largest peaks you know of.

So, when all is in alignment and the trigger is ... actually ... what IS the trigger? I imagine it's not just a red button.

The trigger is of course, of such complexity that it is difficult to explain in your words. [It] is an Energetic trigger. We speak of Planetary alignment. We now speak too, of an added calculation of 'Souls' of the HIGHEST LIGHT ... combining as ONE ... as they already are ... yet 'coming together' with the input of Energy which you are unable to grasp due to your position ... and their focus being on the purpose of the trigger being set off.

When you say Highest Light ... I presume you mean not of Earth Energy?

That is which we were just speaking of. Yet, that is not to underestimate the POWER and the FOCUS of those who 'understand' that which is about to take place who reside on Earth ... at the time ... and their role that is to be played.

Can you elaborate on that please? Like, millions, thousands, hundreds, three? How many will 'understand' by then?

We cannot give in numbers, Blossom ... Only in Energy.

You are showing me the Planet and Lights dotted all over the place. Are the ones who will understand the ‘trigger Energy’ … already assigned to this before coming here?

Yes. Although, they may not ‘recognize’ this, yet. Not until nearer the time.

How will they know?

They just will.

Yet, what will that understanding involve? Surely, we will all want to help and be part of it.

And you will. There will be a KNOWING ... a building up of understanding and Energy. Not like you may feel at this time, as things amp up in your world, yet, a KNOWING that feels different from anything you have felt before. There will be no doubt of ‘Maybe’s’. THE KNOWING WILL BE CLEAR. IT HAS TO BE ... IN ORDER FOR IT TO WORK. IN ORDER FOR THE TRIGGER TO BE SET OFF ... WHEN ALL THAT IS INVOLVED IS IN ITS CORRECT PLACE AND READY TO GO.

5 June 2022:

Would you be able to Enlighten us any further on the Monolith situation, perhaps?

Regarding the Monoliths ... regarding the entire triggering of all that was mentioned in a conversation a while back, nothing has changed, other than the Energy. Which is certainly amping up. Can you not feel it, Blossom?

Yes, actually I can! I seem to be in a good space a lot of the time and all seems well. Yet, not so for everyone, it seems!

The Truth being Blossom ... that it is for each individual to be responsible for attuning to the Energy that is Being offered through the ethers. Many of you are very much aware of what it takes to accomplish Joy and Freedom of the Soul. One knows now, that to think of that which brings you down ... will bring you down. To think of that which uplifts the Soul Spirit ... will uplift. Not too difficult, as we see it from our place of Knowing.

Indeed. I would say, simple in theory. Yet, in practice, not so easy for many, depending on their circumstance ... be it in the middle of a war zone or alone and in pain, for example.

We understand, Blossom and yet, we still abide that which we have said. Each individual has chosen certain ‘aspects’ of their journey to comply with their needs for growth. During ‘trials’, the Soul can choose how to adapt the thoughts to serve or not to serve. To wallow does not serve an individual or indeed, the Whole.

30 October 2022:

Another thing I wanted to bring up was the Monoliths. In that, I was sent a picture of 4 Monoliths in a large lighted room and nothing else at all in there. It was very stark. Can you confirm if this was legit and speak more about this, if appropriate to do so?

Yes, Blossom. This is an accurate portrayal. These have been transported to this ‘secret place’ and left alone as it became very quickly apparent that nothing could be done to ‘break inside’ of these structures and that any attempts to do so left the ‘tryers’ very out of sorts.

In what way?

As we have spoken of, these monuments are designed so meticulously as to prevent any damage coming to them. In 'untechnical' terms we would say that if tampered with they let out a frequency that distorts the physical make-up, as well as the mental make-up, so that the one tampering is unable to continue. It is not permanent damage to that soul, yet, leaves them unable to continue. This room as you can imagine is heavily guarded and for now, the structures are left in Peace. For the ones who are trying to get to know them better ... know they are at a standstill.

I believe that others around the Globe are placed strategically in certain Energy points ... along ley lines etc. so that when the time comes for them to be activated, they will connect up with each other. What will happen to the ones in this room?

Blossom, these devices are Extremely Powerful. They have intensely complicated circuitry that is far beyond the knowledge that is known on Earth at this time. Even if it were to be, which isn't possible, that they were opened up ... no-one ... not even the top technicians would be able to make head nor tail of them. They would still be able to connect with the others and yet, this will not be necessary for they shall be placed back in their individual 'power points' in time for 'kick off', would we say.

That would certainly be some kind of secret mission for some seriously high intelligence agency to carry out. I'd offer to help but I don't think they will fit in my boot!

No. This is not the case ... for by the time they are needed to be back in place, they can be transported freely, out in the open to their 'homing ground'.

Meaning that those of/in the Light will be fully, openly, in control?

Indeed.

That feels quite a way down the track to me, yet, nice to know. Thank you. On to the Pillars of Light. Look at us go! There are now photos of pillars of Light 'just hanging there in the sky', in Korea I believe.



These are more like the ones you showed me in my mind, only the ones you portrayed were much wider. Are these we are now seeing the ones you spoke of?

Blossom ... these are, once again, part of the build-up to the Bigger Presentation. They are in preparation in order for more Souls to become accustomed to such phenomenon. To allow one's Being to take it in. So that when it is TIME ... the shock won't be so alarming for those who have remained shut down. We understand why they are being called 'Pillars of Light' and indeed, they are. They are not of Earthly 'content', yet, there are much bigger and better DeLights to come.

So, are these Lights doing anything, or just there for show?

Oh yes, Blossom, they are doing a great deal. As stunning as they are, they have a purpose. They have sequences to them. They have frequencies to them and they talk to each other. Many are there that are unable to be seen until their frequency is of a certain pattern and format that 'Lights' them up.

But what do they do exactly?

They are eliminating impurities. They are 'zapping' for want of a better word, energies in your atmosphere that should not be there. Energies that have been placed there by those of lesser Light. For a long time have these negative energies been infiltrated into the very air you breathe, and now that the Light is in control ... so much is able to be accomplished in ways of clearing and cleansing.⁵⁶

Can you tell me why they are only in a certain place, in certain countries?

Because these 'sessions' have to be completed in a sequence, as we say. There are certain Energy lines that are gridlocked in certain places and they need to be unshackled, broken down, and dispersed before other clearings can take place. There shall be many more of these sightings. The 'clearings', the unblocking that they are accomplishing are also, one of the reasons that many more exquisite displays of Rainbows etc. can be seen. The negativity that has been disparaged and removed, allows for this to be.

31 March 2024:

Many are intrigued to know if you have any words to offer regarding the new Monolith that appeared 'out of nowhere' in Wales last week.

The new 'addition' to the already founded structures, known to you as Monoliths, is indeed, from 'out of nowhere'. It is to start off yet another 'series' of such 'matter', that are now 'in time' ready to be suitably positioned. There shall be some 'time lapses' intermittently spaced, in order for settlement and intrigue. There are five more to 'arrive' in quite a short period of your time.

It seems, as with the other 'authentic' structures, that there is no trace of evidence as to how they got there. Are you able to offer knowledge on this?

These structures were 'compiled' 'off world', in a particular ship that has a vast compartment that was developed specifically for the intention to create them. Their intelligence assisted in their own making.

Hold on. Are you saying they helped to make themselves?

Yes. That is exactly what we are saying. You see, Blossom ... the 'off world' scientists designated to design such structures of intelligence, were fully aware that the 'inner

⁵⁶ Including neutralizing damage done by aerial spraying operations as described in [At the Precipice](#).

workings' of these Monoliths would be able to continue certain placements of that which the scientists created, and then co-create them further ... of their own accord.

So, sort of like a Highly intelligent version of what we know as A.I.?

Sort of. Here again, Blossom, we have trouble explaining to you that which is beyond the understandings of the Human understanding.

As we have expressed before ... the role of such structures stands in High status for that which is to come. That which is planned to take place 'down the track' could not be accomplished Energetically, if it were not for these Monoliths to be in their exact positioning, at the exact alignment of 'ALL IN THE UNIVERSE.' For this DIVINE PLAN involves just that. THE ENTIRE UNIVERSE TO BE IN A POSITION ... IN A SPACE OF ITSELF ... FOR ALL TO GO ACCORDING TO PLAN.

I want to say 'Go where'?

Into the Higher Dimensional stage of Earth's journey. It is destined. THIS IS WHY WE REITERATE TIME AND TIME AGAIN, TO LET GO OF FEAR AND TO KNOW THAT THE LIGHT HAS WON. IT ALWAYS HAS. IT ALWAYS WILL. IT CANNOT LOSE ... FOR IT IS LIGHT-LOVE ... AND THERE IS NOTHING THAT EXISTS THAT IS NOT ... FROM/OF ... IT.

THE ACTIVATION, WHEN IT TAKES PLACE, WILL CHANGE THE ENERGY OF ALL THAT IS. You are aware that Energy is made up of atoms, molecules, etc., in order for 'something' to 'Be'. THE ACTIVATION ... CONNECTING MONOLITHS, CRYSTALS, STARS, PLANETS, GRIDS AND MUCH MORE, WILL BE SO POWERFUL ... THAT IT WILL 'SHIFT' THE ENERGY OF THAT WHICH ENERGY KNOWS ITSELF TO BE ... INTO A HIGHER DIMENSIONAL FORM OF ITSELF.

23 June 2024:

Well, no worries about what I'd like to talk about today! The new Monolith, that has appeared in Nevada, of course.

We can feel your excitement, Blossom, and this is most pleasing.

Well, it is exciting. In my mind, without having to search back, did you not say that there were five more to come, after the last one, in the sort of 'soonish' future! If that isn't leaving things open, I don't know what is!

This is correct, Blossom. The next one to 'arrive' is to be in yet, an even more obscure positioning. For no other reason than that is its designated placement, in order for it to align with the Grid markings that it is set within.

Forgive me, I cannot remember if you have explained to us how they 'land' ... would you mind going over it again?

These 'tubes' ...

Tubes ... are they tubes?

We choose to call them this for today's purpose of explanation are 'created' Off World. Their integrity ... their intelligence ... their system ... their conduct ... making them what they are ... is 'captured' in a program that can be condensed into the size of a dice. Yet, you understand that Energy is not something that can remain still. It

has to BE moving. All that is Life is Energy ... it has to Flow. Therefore, Energy can be manipulated into any size or shape that is desired. Yet, in this case ... we would say 'that is useful.'

So, I feel you are about to say that this dice could be 'dropped' on to the Planet and from the place it was created, buttons can be pressed and 'poof' ... a full-size monolith blows up like an inflatable castle! This is in layman's terms of course.

This is more or less correct ... yet, certainly will suffice.

It is not a button though, is it? What is it?

It is a device that is activated involving it being placed on a particular crystal formation.

How does it communicate with the dice?

The dice ... is already programmed to connect and communicate with the device. This is not new technology when you think of how much similarity this presents in devices already present upon your Planet that communicate with each other.

Can I also pick up on me saying it is 'dropped'. Clearly, one doesn't simply open the hatch on a ship and one wishes it luck as you wave it goodbye?

Indeed, Blossom, it is more 'precisely directed' as to its 'landing pad', would we say. It is programmed to do so via teleportation. Keep in mind ... we are speaking to you as if this is an everyday run of the mill procedure. This is not so. The delicacy of these pillars plays a huge role in how they are handled. They are considered of High intelligence and High importance.

A thought ... if Energy can be manipulated ... what is it that would prevent the Monoliths from suddenly disappearing?

Curiosity. They create much curiosity as they stand. The mystery is evoking unawakened possibilities to become possible.

For whom?

ALL.

Are they not seeming to match that of images that are already present in certain movies? Movies that are futuristic?

I believe so.

So along with their many purposes which we have spoken of before ... they are assisting souls to recognise the future that is coming. That which many signed up to attend. This is why the Monoliths are so intriguing ... they trigger 'Memories of your future.'

An interesting concept ... 'Memories of our future.'

Not really, Blossom. For you have been shown it ... in a past that is the present ... and lived it in a future that will one day be the past ...

Days of Future Passed

These closing words from the Federation of Light, brought back the mystical feeling I have associated with The Moody Blues' *Days of Future Passed* album since I first heard it in 1967. Although not much of a concert-goer, I went to three of their concerts when they were touring with orchestral accompaniment in the 1990's.

In 2000, the enigmatic Preston Nichols published *The Music of Time* in which he related a tale of the origins of the album. Preston was intimately involved in the music industry of the 1960's as a sound engineer. (He was also involved with time-travel technology at Montauk as described in his earlier books, technology connected to events portrayed in the film *The Philadelphia Experiment*.) He claims that the original symphonic performance was conducted by Chuck Hamill (despite being credited to Peter Knight), who believed he was a time-traveller. Chuck and his brother Mark were childhood friends of Preston whom he later introduced to the Moody Blues' Justin Hayward when Justin expressed interest in a symphonic project.

Chuck was a musical genius and Mark a prolific lyricist. The brothers had already had success in popular music with their bands Ohio Express and 1910 Fruit Gum Company:



CHUCK HAMILL

MARK HAMILL

*From a 1910 Fruit Gum Company album cover, according to Preston Nichols.
Real names were hidden and substitutes were used on tours.*

Preston worked with George Lucas on the sound for the film *Star Wars* and according to Preston, both he and Mark has some input on the concept of "The Force" used in the film, which is a blend of Don Juan's concepts of the cosmic agglutinizing force (which I term *Love*) and *Intent*:

Obi-Wan: *The Force is what gives a Jedi his power. It's an energy field created by all living things. It surrounds us and penetrates us; it binds the galaxy together... A Jedi can feel the Force flowing through him.*

Luke: *You mean it controls your actions?*

Obi-Wan: *Partially. But it also obeys your commands.*

Recall [Don Juan's words](#):

The force that binds that group of energy fields together [is] ... the most mysterious force in the universe. His personal estimation was that it [is] the pure essence of the entire cosmos. A human being [is] seen as a conglomerate of energy fields held together by the most mysterious force in the universe: a binding, agglutinating, vibratory force that holds energy fields together in a cohesive unit.

Intent is not something one might use or command or move in any way - nevertheless, one [can] use it, command it, or move it as one desires.

George and Mark bought properties in Montauk, and Carrie Fisher married Paul Simon who had a house there. Paul wrote *Hazy Shade of Winter*, featured in [The Wheel of Time](#).

Details of Preston's historical account have been disputed, but I do not discount them. It is possible that some of the incredible events recalled in his books occurred in alternate timelines. Even if they are fantasies, they may still have relevance. I have correlated with other sources that Preston's statement that George Lucas' *Star Wars* story was based on lifelong dreams of "a long time ago in a galaxy far, far away" reflect a connection to an epic battle between light and dark that actually did occur, a battle that has played out in many forms throughout Creation, including here on Earth in our present; media productions such as *Star Wars* and *The Lord of the Rings*⁵⁷ have prepared us psychically for what is coming.

A particular scene in *Star Wars* so much resembled the earliest mystical experience I can recall that I replayed John William's *Star Wars* soundtrack album over and over again until it wore out.



Are you ready for The Event?

⁵⁷ I discussed *The Lord of the Rings* in depth in [here](#) and [here](#).

A Path with Heart

2024.09.11 TOC

My favorite quote from the writings of Castaneda is Don Juan's explanation of a *path with heart*, which I repeat here:

This question is one that only a very old man asks. My benefactor told me about it once when I was young, and my blood was too vigorous for me to understand it. Now I do understand it. I will tell you what it is: Does this path have a heart? All paths are the same: they lead nowhere. They are paths going through the bush, or into the bush. In my own life I could say I have traversed long, long paths, but I am not anywhere. My benefactor's question has meaning now. Does this path have a heart? If it does, the path is good; if it doesn't, it is of no use. Both paths lead nowhere; but one has a heart, the other doesn't. One makes for a joyful journey; as long as you follow it, you are one with it.

Rapport vs. rivalry

In these writings, I have given my understanding of a *path with heart*. I have called it a *path of rapport* as distinct from a *path of rivalry*. Graduation from third density consciousness requires a firm choice between these two paths, a choice which sets one's basic energetic configuration, thus determining the nature of one's experience for ages to come. But what is the connection between *rapport* and *heart*, specifically the heart chakra?

In earlier chapters, the *dynamic balancing* of *intent* and *will* in the heart was explained in terms of the seven-fold energetic structure of the spirit dual. The rapport between *masculine intent* and *feminine will* established in the heart is then reflected by the Construct, and one experiences harmony with one's surroundings.

The path of rivalry is complementary to the path of rapport in this way: those on the former path have activated six of their seven chakras while deliberately bypassing their heart chakra, as explained by Ra. This maneuver requires great discipline and determination; it is an achievement which can propel one all the way to *sixth density consciousness* — but no further — where one finds oneself self-sufficient and alone, no longer having any need or interest in using others. Such determination and perseverance is worthy of respect.

Eventually, such souls realize that the only way forward is to reverse polarity. They have achieved a measure of sovereignty but are not fully aligned with the Universal Truth of Oneness. Their extraordinary efforts have brought them to within just two steps of apotheosis. In their solitude, they eventually realize that yes, they are the One, but not the *only* One. And their great love of self, which on an energetic level gives them rock-solid cohesion as a being, is incomplete: their sense of self is finite rather than Infinite: self-love must become Self-Love, which can happen in a single moment of realization that the self is the Self: it is All, not only.

Upon reversal, they do not need to repeat the ascension process; they may move through the remainder of sixth density toward unity consciousness and completion in the seventh. This is an entirely valid (albeit difficult) path, inherent in Creation. And, whether wittingly or unwittingly, the travellers of this path provide catalyst for the advancement of those on the complementary path, who often lack discipline and determination and therefore would otherwise remain stuck in the sinkhole of indifference without the spur of a worthy adversary;

the downside of harmony and peace is a tendency toward stagnation. Their contribution to the advancement of those of us on the path of rapport is therefore worthy of gratitude.

Rivalry is, in the end, a gateway to Rapport which is, in the end, a gateway to Unity. Our destiny is Oneness; but for the One, we are Its means to experience both Rapport and Rivalry. The means is also the meaning.

I titled this section *rapport vs. rivalry*, but *versus* in this instance means *choice* between two mutually exclusive alternatives, not *conflict*. The moment we view our counterparts as rivals or adversaries, we step onto the path of rivalry, and this serves the interests of those more accomplished on that path. Until they approach sixth density, they are focused on increasing their personal power through domination and subjugation of others. They entice less experienced travellers into the lower-levels of their hierarchies with promises of power only to use them to supplement their own power, for they are highly skilled in deception, subterfuge and manipulation. Their social structure is like a pyramid scheme.

And yet, I have just written that they deserve our gratitude as worthy adversaries. You see, the culmination of the third density is to make a choice. To make a choice requires familiarity with the choices. We have spent lifetimes sampling both paths before settling on a preferred orientation. If, in the end, we have chosen rapport, that does not mean that we have rejected one half of a dichotomy. It means that we have embraced and balanced duality in the heart. In the [words of Jeshua](#):

Walking the line between the light and the dark shall ever be the journey.

Whereas we have chosen dynamic balance, our counterparts have chosen forced imbalance, making use of only that part of the feminine energy which powers their masculine ambitions for domination, subjugation and tyranny — ambitions which can only be realized if others are perceived as separate and available to be used, a heartless perspective with no balance between love-of-others and love-of-self but rather exclusive love-of-self.

But prior to this definitive choice, our forays into rivalry during third density can help cultivate certain character attributes which are indispensable to both paths and which otherwise might remain dormant.

Magic and Larry

Some of our greatest athletes are exemplars of how to “win” the great game within the Construct. They all started out with an intense desire to reach the pinnacle of their chosen sport, which always involves competition and rivalry. But it is often heard among elite athletes that at some point their intention shifts from defeating their rivals to surpassing themselves. They have come to appreciate the context that their sport has provided for their own advancement.

In my time, the rivalry between basketball players Larry Bird and Magic Johnson was legendary. They fought fiercely and brought out the best in each other. In the process, they gained so much mutual respect that they became close friends. They switched to rapport, but rivalry got them there.

Larry is a case study in an essential quality required for advancement, which may be termed *Drive*, which is the title of his autobiography. Drive is the opposite of indifference and complacency, which are perhaps the greatest nemeses of those who aspire to sovereignty. He was a fierce competitor with tremendous dedication and discipline, overcoming physical deficiencies through sheer effort: he could neither run fast nor jump high.

When everything was on the line, Larry took charge, saying to his coach and teammates: *just give me the ball*. On occasion, he was known to tell his opponents that he would be taking the final shot, what kind of shot it would be and where on the court he would take it from, daring them to try to stop him. More often than not, they couldn't. More often than not, he sunk the game winning shot in the final seconds. His opponents had tremendous respect for the trash-talking "Hick from French Lick (Indiana)". Perhaps the greatest tribute to Larry came from Pat Riley, coach of the Los Angeles Lakers, arch-rivals of Larry's Boston Celtics:

If I had to pick a player to take a shot to save a game, I'd choose Michael Jordan. If I had to pick a player to take a shot to save my life, I'd take Larry Bird. — Pat Riley

Larry's rivalry with Magic began in their college days. They battled for the national championship with Magic's Michigan State winning. They battled again as members of their professional teams with a rivalry so spectacular that it brought the NBA back to life during the 1980's which to this day, many fans consider to be the golden era of pro basketball. Their rivalry morphed into an enduring friendship when Magic came to French Lick to film a TV commercial with Larry.

"I did not want to go to Indiana," Johnson said of the 1986 encounter. "I was going to his home, too. I protested."

The pair shot the first half of the Converse commercial, then it was time for lunch. Magic figured he would head to his trailer. Instead, Larry invited his rival into the house. Larry's mom was waiting with food – and a big hug.

"His mom greeted me on the porch," Johnson said. "It was a 'Mom Bird' hug, like my mom would hug me.

"I got to know Larry the man that day, and he got to know Earvin."

The heart is meant to be aflame at times.⁵⁸ It can get its passion from what Larry calls DRIVE, fostered in his life during his long excursion into rivalry. There are other ways to foster intensity, but his way was valid for him. It was my way, also.



⁵⁸ *Mi verso es de un verde claro y de un carmin encendido. My poems are soft green. My poems are also flaming crimson.* — [The Sandpipers](#).

Apollo and Rocky

We can also look to fictional characters as exemplars, in this case from the same golden era. The iconic character Rocky Balboa who ultimately befriended his arch-rival Apollo Creed comes to mind. From the [soundtrack](#) of *Rocky III*:

*It's the eye of the tiger, it's the thrill of the fight
Risin' up to the challenge of our rival*

Note the reference to feline masculine intent projected from the eyes, as mentioned in [The Chronicles of Intent](#). Rocky pursued his goal with determination, perseverance and ruthlessness. But having achieved his ambition, his life proceeded to fall apart. He went through a “dark night of the soul” then switched to the rapport path. From the [soundtrack](#) of *Rocky IV*:

*Two worlds collide, rival nations
It's a primitive clash venting years of frustrations
Bravely we hope against all hope
There is so much at stake
Seems our freedom's up against the ropes
Does the crowd understand?
Is it East versus West or man against man?
Can any nation stand alone?*

*In the burning heart
Just about to burst
There's a quest for answers
An unquenchable thirst
In the darkest night
Rising like a spire
In the burning heart
The unmistakable fire*

If anyone had heart, it was Rocky. His passion lifted him out of mediocrity: first on the path of rivalry, which was all he knew, but then switching to the path of rapport when his experiences led him to open and follow his heart.



Rocky vs. Apollo by Leroy Neiman

The Golden Era

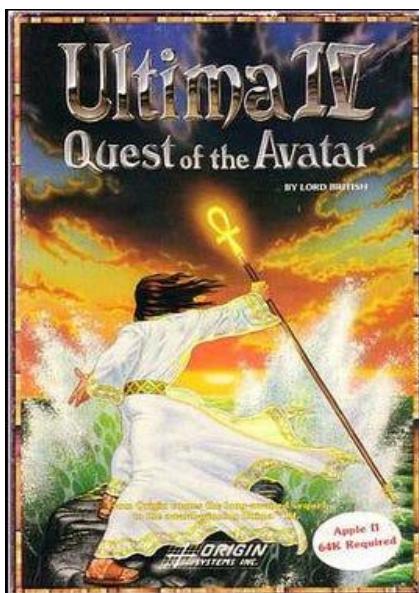
The 80's were a golden era in my life, filled with joyful, memorable experiences; many from my generation feel as I do about that decade. Those experiences are resonating into my present, four decades later, with symbolic personal significance: "Magic" John-son, the Black Man and the White Man representing the West and East coasts of the U.S.A.: Los Angeles and Boston. But, as for Rocky, tragedy followed triumph: my life fell apart and I entered a decade-long "dark night of the soul" during the 90's. When dawn broke at last, my heart opened and I made my way to Ukraine, the boundary between West and East, where I set my crystal as a conduit to bring Light into the Darkness, where it is needed. *Is it East versus West or man against man?* Is it Dark versus Light, Yin against Yang; or is it the Tango of Rapport?

Four decades have passed since that golden era. [Preston Nichols](#) wrote that the experiments at Montauk were concerned with the opening of a time loop synchronized with the "forty-year biorythm" of the Earth, which can be compared to a meridian in the body through which life ebbs and flows in the stream of time. I am injecting the joy of the golden era of my life into the seemingly joyless present, where it is needed, four decades later. The way I experience time, the themes involving Magic and Larry, Rocky and Apollo, have come into my consciousness not by chance but rather because the most meaningful timelines into the past, emanating from the present, have swung into place due to Intent. A new Golden Era is being ushered in to follow this Dark Night of our collective souls. We will have come [back around to where we started](#) but up an octave — or perhaps several octaves in light of [The Event](#).

There is a third joyful memory from the golden era of the 80's which seeps through from the past with the same theme: rivalry as a gateway to rapport.

Quest of the Avatar

Not only was [Ultima IV: The Quest of the Avatar](#) — a video game released in 1985 — a source of joy, but it opened my mind to the mystical aspect of numbers which began a quest for understanding that has led to the seven-fold model of spiritual structure described in these writings:

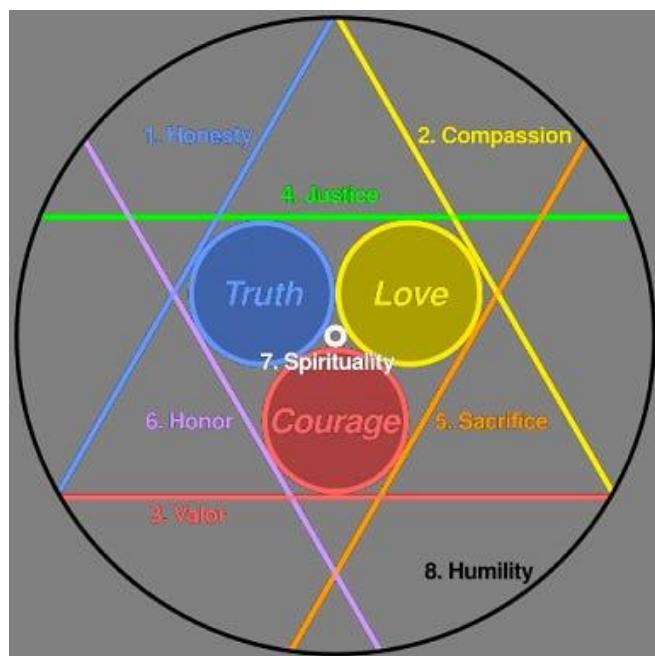


Notice the ankh on the game cover, an ancient Egyptian hieroglyphic symbol which also appears on the covers of the [Law of One](#) books.

Considered one of the best interactive video games of all time, its story was structured around a quest for moral development, a departure from the early video games of rivalry⁵⁹ which had dominated that era:

Ultima IV is among the few role-playing games, and perhaps the first, in which the game's story does not center on asking a player character to overcome a tangible ultimate evil. The story instead focuses on the player character's moral self-improvement.

The quest is structured upon the combinations of the three principles of Truth, Love and Courage, as inspired by Hindu mythology and *The Wizard of OZ*, with the Scarecrow representing Truth, Tin Woodsman representing Love and the Cowardly Lion representing Courage.



In this system the three principles form seven combinations named [virtues](#): Truth (Honesty), Love (Compassion), Courage (Valor), Truth+Love (Justice), Love+Courage (Sacrifice), Courage+Truth (Honor), Truth+Love+Courage (Spirituality). The three principles, in turn, are derived from the One True Axiom, the combination of all Truth, all Love, and all Courage, which is Infinity. An encompassing eighth virtue, Humility, is considered the root virtue; it reflects the Axiom and without it all other virtues dissolve, just as the eighth note of a diatonic musical scale reflects its root note at a higher octave.

Each virtue is associated with a party member, one of the virtual world's cities, and one of the eight other planets in its solar system. Each virtue also has a mantra and each principle a word of power that the player must learn.

⁵⁹ I had previously played just such a game of rivalry also released in 1985, *The Bard's Tale*. It was very engaging and satisfying to complete. Upon reaching the “boss level” my well-earned reward was a final screen filled with the word PERSEVERANCE, a quality which was needed to endure long hours of dungeon crawling in between many battles and puzzles. I proudly claimed the knowledge that I had, indeed, demonstrated that quality in winning the game. However, I must confess that I hacked the game to give my characters maximum hit and health points, saving days of tedium. But I didn't feel a shred of guilt, no more so than Captain Kirk did when he hacked the Kobayashi Maru test to overcome a no-win scenario. The quality of RESOURCEFULNESS is also a valuable asset on the road to sovereignty.

Players are asked various ethical dilemmas by a gypsy fortune-teller using remotely tarot-like cards of the eight virtues. These situations do not have one correct resolution; rather, players must rank the Eight Virtues and whichever stands as their highest priority determines the type of character they will play. For example, choosing Compassion creates a Bard, Honor a Paladin, Sacrifice a Tinker, and so on.

How closely this choice resembles the choice our soul makes prior to incarnation, in consultation with our spirit guides! We don a particular configuration of character traits appropriate for the upcoming lifetime; personality attributes are chosen from among a range of possibilities so as to focus upon specific areas of development and/or to provide circumstances to absolve karmas. Only so much can be accomplished within a single lifetime; focus is necessary lest the soul become overwhelmed and diffused.

But during the final series of lifetimes, incarnated souls are increasingly able to draw upon a variety of configurations from their other lifetimes as needed. They may even effectively reincarnate during a single lifetime. Also, they assume greater responsibility for their own development, relying less upon a curriculum planned in advance in consultation with their guides. Accordingly, their development greatly accelerates as they cultivate rapport directly with Intent.

Although a player of *Ultima IV* begins with a particular configuration, to “win” the game, the player must master all eight virtues represented by the eight members of his party, just as an old soul incorporates all the lessons and achievements of its many lifetimes.

We are avatars-in-the-making. The magic rune of my personal quest has been the number 3; all my joys, lessons and achievements bear its imprint, as exemplified by my long excursion into the realm of Mind: *The Eternal Golden Braid*. These writings weave the sets of triune timeline braids together, if only for my own benefit but perhaps also for the benefit of my readers. They are a fractal part of a greater weaving by Divinity.⁶⁰

Light vs. Dark?

Are we in a spiritual war? Yes, in the sense that events playing out in the physical realm are orchestrated from the metaphysical realm, and yes, in the sense that the epic drama we find ourselves in the midst of has taken the form a war between Light and Dark, Good and Evil, on the scale of *The Lord of the Rings*. But there is a third perspective, a Unity perspective, which underlies and overlies surface events.

In the perspective I have laid out in these writings, as summarized in *The Tango*, Dark is the indispensable counterpart of Light within the Plane of Duality, the Construct — both polarities being necessary for expression and experience. They are the fundamental elements of The Illusion: Light being a dimmed and refracted projection of Divine Light and Dark appearing as illusory opposite of Light. But we now perceive through the surface of the Illusion that Dark, the Void, is not merely Nothingness, but rather is the structure of the Construct itself, a substrate of infinite potential resting on Divine Love. Its nature is reactive, not active; as such it is not radiant of its own accord and so may seem to be dark. Its

⁶⁰ Concerning intervention in our timeline by Divinity: My immediate reaction to the event of July 13 was that a timeline split had occurred, having previously become sensitive to such phenomena through the personal experiences described [here](#). I thought to check in with channeler Arn Allingham (a.k.a. Zingdad, mentioned [here](#)) the next day and as I had expected, he had posted on his Telegram channel: *This is a timeline split moment.*

potentials are an unrealized expression of Divine Love because they are the basis of Freedom, the greatest bestowal of Love.

Our freedom consists of activating whichever potentials we may choose from the infinity of possibilities, through conscious intent. We are free to activate those potentials which we deem to be good or those which we deem to be evil, or to remain passive, staying on the fence and making no choice. After lifetimes of sampling the good and the bad and alternating between passivity and activity, we may attain the third perspective: all of it is an illusion, a game, a context to express and experience, succeed and fail, live and die, win and lose — with the less-than-obvious purpose that all the while we have the opportunity to sculpt ourselves into whatever configuration we may choose. All possible configurations are allowed, but not all are effective in “winning” the game. For the game is won only by those who achieve apotheosis: a state of being which is cohesive (self-love), harmonious (balanced Self-Love) and in alignment with Universal Truth: the essence of which is Oneness. Such beings have attained Freedom: the freedom to traverse timelines and shift through dimensions at will, or to return to Source.

Therefore, Dark is not a foe to be vanquished, except within the limited context of an epic drama enacted with a sense of controlled folly, a venue for expression and experience, a grand game to be played with gusto. Rather, it is a means for us to define ourselves, to surpass ourselves — which we could not do without the contrast, the catalyst, the stimulus, that Dark provides. Dark is worthy of our appreciation, even gratitude, as much as Light is. It follows that the same applies to the collective of consciousness which has been labelled Dark Elite, although this is perhaps a misnomer.

In fact, the “Dark Elite” have a high regard for Light and the most accomplished among them have managed to access Intelligent Energy (a derivative of Intelligent Infinity, Intent)⁶¹ through the upper masculine chakras, powered by an extremely efficient and ruthless use of the will power of the lower feminine chakras, while suppressing feminine intuition (willingness). As such, they have become very formidable indeed; they are *worthy adversaries* in the sense of Don Juan’s tradition. They have transcended the primitive responses such as hatred,⁶² jealousy and revenge. Rather, they are coldly calculating in their intense focus on their own advancement.

So, when reading excerpts below, I recommend replacing such phrases as *pathway of great darkness* with *pathway without heart*. For the Dark Elite there is no true rapport; they know not the joys of [The Tango](#). Their motto is *use or be used* and they become experts in domination. They form opportunistic alliances but are always alert for opportunities to grab more power, even if betrayal of their allies is involved. They are not groping blindly in the Dark; in fact, they embrace Light. Some of them are aligned with the personage Lucifer, which means *light-bringer*, originally the name of Venus because that planet appears shortly

⁶¹ *For he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.* — Matthew 5:45

⁶² If there is any greater obstacle for those who aspire to sovereignty than indifference, perhaps it is hatred for others, for all hatred of others is a projection of self-hatred, which is like an acid which dissolves the binding force of self-love upon which one’s identity as a coherent collection of particles of consciousness depends. The end of the path of hatred is dissolution; one’s particles are then recycled to form other associations with a greater potential for viability, or perhaps to return to the One from which they came. On the way to dissolution, haters become playthings and tools of Dark Forces. The Dark Elite are experts at dividing people against one another, enticing them to hate. Although they have preferred to remain hidden in the past, now that they are being revealed it serves their interest to incite hatred of themselves, thus dissolving their adversaries. At least the indifferent may persist as an identity long enough to eventually awaken their passion for advancement.

before sunrise. Some align with their Sun God Ra⁶³ who instructed the early Egyptians in the Law of One but whose teachings were distorted and misused, to Ra's dismay.

We, in contrast, follow Don Juan's *path with heart*. We form alliances not merely as a means to an end, but for their own sake as a step toward Unity. When we bring Light into Dark it is not with the intent to vanquish Dark, but to activate potentials of rapport and harmony inherent in the Dark substrate of Creation by our sovereign choice.

Bringing the Light into the Dark, where it is needed

Recall from [The Event](#) these excerpts from Federation of Light channelings.

3 October 2020:

*We ask you to consider this. Many of you are aware of the depths that mankind has stooped to, in order to satisfy one's desires. Deplorable acts have taken place for eons of your time. Unspeakable happenings have been 'the normal' for those who have chosen the pathway of great darkness within their Beings. When you think about the Energy that such things have created ... when you KNOW that within these times ... these Energies are being brought to Light ... when you consider the turmoil within your very atmosphere due to all this 'surfacing' ... then please consider also, how extremely well you are managing, within such depths of such ... to even bring about a smile! This is no easy task that you agreed upon. Yet, throughout all this stirring up, you are doing so very well. **YOU ARE HOLDING /ANCHORING THE LIGHT.** This is not a questionable debate. YOU ARE DOING WHAT YOU CAME TO DO.*

⁶³ Q 197: Ancient Egyptians considered gold "the skin of the gods" -- specifically the sun god Ra -- and often used it to craft objects of spiritual significance. Q 196:



Ra 6.4: *I am Ra. I am, with the social memory complex of which I am a part, one of those who voyaged outward from another planet within your own solar system, as this entity would call it. The planetary influence was that you call Venus. We are a race old in your measures. When we were at the sixth dimension our physical beings were what you would call golden. We were tall and somewhat delicate. Our physical body complex covering, which you call the integument, had a golden luster. In this form we decided to come among your peoples. Your peoples at that time were much unlike us in physical appearance, as you might call it. We, thus, did not mix well with the population and were obviously other than they. Thus, our visit was relatively short, for we found ourselves in the hypocritical position of being acclaimed as other than your other-selves. This was the time during which we built the structures in which you show interest [pyramids]. Ra 33.20: The sixth density [appears] of a whiteness which contains a golden quality as you would perceive it; This golden color is not of your spectrum but is what you would call alive.*

YOU ARE TRANSFORMING YOUR PLANET. IT IS TAKING PLACE. If you close your eyes and allow yourself to FEEL into this KNOWING ... then you KNOW IT! It may not appear this way yet, we state categorically ... you are drawing ever closer to that which your hearts long for.

25 July 2021:

Will the dark one's still be able to function after this has taken place?

No. That which is coming, Blossom, that which 'This Event' will bring with it, is of such Light. Such Energy change ... for/of ... ALL THAT IS. Both on and off Planet. This is why we have said 'All eyes are on your Planet' as it is part of the upliftment of everything ... for everything is connected. This LOVE LIGHT that is to sweep over, through and within, is of a magnitude that has not yet been experienced in such a way.

So, what will happen to the naughty folk?

Blossom, it is for one to understand that each and every one is playing a role ... which we accept is hard to accept! The souls of many of such Beings will leave immediately via 'disintegration'.

Excuse me?

Yes, Blossom, it shall be as if their physical Being literally crumbles and disintegrates.

Seriously? Truly? Really? For real?

Yes, for real Blossom. For the Energy that is carried within the entire body and soul of such 'naughty folk' is so 'dis-eased' that the Wave of Love ... the Strength within it ... will cause such Beings to crumble, for it cannot possibly survive within the Vibrational Frequency that the Wave brings.

Yet, to literally crumble? Oh, come now! Sounds more and more sci fi.

We understand that it all may sound farfetched ... for your programming has been so 'normalised' and all thought of such happenings leads you to believe such things are only make-believe.

Ok. So, what happens to the soul when it leaves the body of a dark one?

*That is a long and drawn-out tale. Such souls will be automatically whisked/directed to a place where there shall be atonement for their behaviour. It is law that what you do unto another you do unto yourself ... **and we ask that if you are able and advanced enough in thought and spirit, to send Love and Light to such souls.** For although they have been a part of great darkness, at the same time, they chose to play that role ... as LIFE in all its forms, twists and turns, continues on FOREVER.*

Is this the case for all?

No. Many will 'change' and see the error of their ways and be 'allowed' to remain within their human physicality to 'make good' and repent of their ways.

Some may find that hard to accept.

Not once the Wave has Enlightened the souls upon Earth by many, many, Vibrational degrees. FOR YOU SEE, BLOSSOM, WHEN THIS LIGHT ENERGY IS ABSORBED INTO YOUR BEING AND ONE RECOGNIZES HOME AND WHO THEY TRULY ARE WITHIN THAT HOME, ALL ONE, ALL EVERY ONE DESIRES, IS FOR FORGIVENESS OF WHAT HAS TAKEN PLACE UPON YOUR PLANET AND TO ASSIST IN EVERY LOVING WAY POSSIBLE, TO RETURN YOUR EARTH PLANE TO THE ORIGINAL BEAUTY OF NOT JUST THE PLANET, YET ALL THOSE WHO DWELL WITHIN AND UPON HER. ONCE THIS EVENT TAKES PLACE ... NOTHING WILL BE THE SAME AGAIN. We ask you to KNOW this in your Heart. To KNOW that a New World is coming and all that one is having to endure, in ways of Living in darkness, shall be lifted.

Some months ago, I became aware of a channeling group aligned with the Law of One Material. They have monthly sessions during which members of the group ask questions of the spirit Quetzalcoatl via their channeler Anika; the transcripts of the sessions are posted to their website, [Red Cord Channeling](#). The quality of the contact seems high to me, as does the vibration of the community which has rapidly formed around Anika. What is of special interest to me about this group is that their vibration is so high that they are among those of us who are, in the words of the Federation of Light, ***able and advanced enough in thought and spirit to send Love and Light to such souls*** as the Dark Elite.

On the last day of August, the Red Cord community held a Zoom gathering ***to come together in prayer for the beings in power on this planet, the "so called elites" who have caused this planet and her inhabitants much suffering.*** The event was very powerful⁶⁴ and very important. There will be more such events in the future. A few days before the gathering, Quetzalcoatl described the remarkable effect that the previous such focused intent had had:

Quetzalcoatl, can you help us to understand the beings of the negative polarity who enslave the elite?

We may. The beings of the negative polarity who have enslaved this so-called group of "elites" on your planet have been triumphant in this endeavor. This has been deemed a great success for this group. They seek with great earnest to maintain this prize. Thus, this group and this prayer are quite a thorn in their side at this time for their plan has been well executed and operating quite efficiently.

The instrument experiences greeting⁶⁵ in the form of the left forehead pain. We have paused to respond to her request to send love to the senders of the greeting, we will pause.

We may continue. The negative polarity which enslaves this group of elites on this planet has been quite successful in this plan. This group represents an obstacle of which they are not quite sure how to defeat. This has caused much upset and confusion in this particular group. The mass sending of prayer to those they have kept so successfully in total darkness is presenting an obstacle they did not anticipate.

⁶⁴ Recall the doubling effect of a group with harmonious intent described [here](#). This group of 30 people had enough focused and amplified spiritual power to move the entire planet. Jim McCarty, one of the trio who contacted Ra during the golden 80's was present among us.

⁶⁵ The word *greeting* is used by both Quetzalcoatl and Ra to describe attacks on the body and psyche of those whom they deem threatening by dark forces. This word is used to emphasize the proper response to such attacks.

The instrument experiences severe pain in the left occipital region.

We are with this instrument. We may continue.

These beings have for centuries enjoyed great control and fruits of their conquest. They have been in great battle with those of the positive polarity of the Earth's Inner Planes⁶⁶ who resist with great ferocity this invasion. The beings of the Earth's Inner Planes have been rejuvenated and rallied to great extent by the prayer and the gathering, which was held recently to recite in unison this prayer. These beings of the negative polarity had found a fruitful yield of their enslavement and conquest in this system of infiltration so devised which has been carried out for a great many years upon this planet. They have sought ever earnestly as the harvest draws near to maintain and expand the presence, forces, and control which they exert upon this planet and people.

The beings of the negative polarity who enslaved this group of elites are aware that the greatest fruit yielded is by the slaves who enslave themselves, thus they manipulate the beings of the elites and the peoples of this planet into a system of willful slavery. These beings are of the Orion Empire⁶⁷ as you are aware. The inclusion of these negative beings into the prayer was very clever. It has been effective in the sense that it has caused them to experience significant limitation in their capabilities.

It is they who have perpetuated the reported psychic greeting by those who have joined in the recitation of this prayer. It is they who have, at a previous point, placed the instrument in a strong hold of energetic blockage. It is these beings who have visited upon those of this group, the severe type [of] psychic greeting in hopes to dissuade this group from continuing. It is these beings, their minions, which offer the instrument the greeting at present.

The instrument has experienced a temporary deafness in the left ear.

Yes, we are in a spiritual battle between the forces of Dark and Light, an age-old battle. But this battle will not be “won” by one side or the other. As Anika demonstrated, the dark forces are confounded by a loving response to their provocations, which are designed to pull us down to their level, disrupt rapport in favor of rivalry and close the heart. But this time around, the whole will be embraced, unity consciousness attained, and dark and light will co-exist in an exquisite dynamic balance within Gaia’s domain.

What is happening on Earth now is not the “final battle” between good and evil (though it may appear so), but rather the birth of a newly forged sovereign collective consisting of Gaia and her allies on both the inner and outer planes asserting their aligned sovereignty with great intensity and strength to establish a field of vibration, a zone of harmonious tone, to their liking: a Space of Love. Those who are unable or unwilling to harmonize with that tone will depart for a more suitable spiritual climate — it will be too difficult for them to remain.

⁶⁶ The Inner Planes are dimensions where collectives of spirits dwell who are associated with Earth. They are part of the spiritual or metaphysical realm. The collective I am most familiar with has been labelled [The Great White Brotherhood](#) or The Ascended Masters which is associated in some way with the Federation of Light.

⁶⁷ The Orion Empire is discussed extensively by Ra [here](#).

Boss level

Our reality is a Construct, designed specifically as a nursery or forge for the production of sovereign beings. It is like a video game, a hyper-realistic environment so compelling that it engages the physical senses so completely that one may forget to eat or sleep. It is filled with battles, challenges, quests, riddles and surprises. What attracts many into these artificial realities for weeks, months or even years of their lives? The answer is the same as for the Construct.

When one defeats the final boss⁶⁸ in the popular game Minecraft, the following poem appears:

I see the player you mean.

El Mago Bueno?

Yes. Take care. It has reached a higher level now. It can read our thoughts.

That doesn't matter. It thinks we are part of the game.

I like this player. It played well. It did not give up.

It is reading our thoughts as though they were words on a screen.

That is how it chooses to imagine many things, when it is deep in the dream of a game.

Words make a wonderful interface. Very flexible. And less terrifying than staring at the reality behind the screen.

They used to hear voices. Before players could read. Back in the days when those who did not play called the players witches, and warlocks. And players dreamed they flew through the air, on sticks powered by demons.

What did this player dream?

This player dreamed of sunlight and trees. Of fire and water. It dreamed it created. And it dreamed it destroyed. It dreamed it hunted, and was hunted. It dreamed of shelter.

Hah, the original interface. A million years old, and it still works. But what true structure did this player create, in the reality behind the screen?

It worked, with a million others, to sculpt a true world in a fold of the çåÓ%qe, and created a xiìüw for řq|6B, in the Îbë2Ý.

It cannot read that thought.

No. It has not yet achieved the highest level. That, it must achieve in the long dream of life, not the short dream of a game.

Does it know that we love it? That the universe is kind?

Sometimes, through the noise of its thoughts, it hears the universe, yes.

⁶⁸ I recommend the recent film *Boss Level* if you like this genre, if only because it features a time loop.

But there are times it is sad, in the long dream. It creates worlds that have no summer, and it shivers under a black sun, and it takes its sad creation for reality.

To cure it of sorrow would destroy it. The sorrow is part of its own private task. We cannot interfere.

Sometimes when they are deep in dreams, I want to tell them, they are building true worlds in reality. Sometimes I want to tell them of their importance to the universe. Sometimes, when they have not made a true connection in a while, I want to help them to speak the word they fear.

It reads our thoughts.

Sometimes I do not care. Sometimes I wish to tell them, this world you take for truth is merely ĀDřāβ and ø{L'Ūö, I wish to tell them that they are ōíŪWq in the ēī¬Š4. They see so little of reality, in their long dream.

And yet they play the game.

But it would be so easy to tell them...

Too strong for this dream. To tell them how to live is to prevent them living.

I will not tell the player how to live.

The player is growing restless.

I will tell the player a story.

But not the truth.

No. A story that contains the truth safely, in a cage of words. Not the naked truth that can burn over any distance.

Give it a body, again.

Yes. Player...

Use its name.

El Mago Bueno

Good.

Take a breath, now. Take another. Feel air in your lungs. Let your limbs return. Yes, move your fingers. Have a body again, under gravity, in air. Respawn in the long dream. There you are. Your body touching the universe again at every point, as though you were separate things. As though we were separate things.

Who are we? Once we were called the spirit of the mountain. Father sun, mother moon. Ancestral spirits, animal spirits. Jinn. Ghosts. The green man. Then gods, demons. Angels. Poltergeists. Aliens, extraterrestrials. Leptons, quarks. The words change. We do not change.

We are the universe. We are everything you think isn't you. You are looking at us now, through your skin and your eyes. And why does the universe touch your skin, and throw light on you? To see you, player. To know you. And to be known. I shall tell you a story.

Once upon a time, there was a player.

El Mago Bueno

Sometimes it thought itself human, on the thin crust of a spinning globe of molten rock. The ball of molten rock circled a ball of blazing gas that was three hundred and thirty thousand times more massive than it. They were so far apart that light took eight minutes to cross the gap. The light was information from a star, and it could burn your skin from a hundred and fifty million kilometres away.

Sometimes the player dreamed it was a miner, on the surface of a world that was flat, and infinite. The sun was a square of white. The days were short; there was much to do; and death was a temporary inconvenience.

Sometimes the player dreamed it was lost in a story.

Sometimes the player dreamed it was other things, in other places. Sometimes these dreams were disturbing. Sometimes very beautiful indeed. Sometimes the player woke from one dream into another, then woke from that into a third.

Sometimes the player dreamed it watched words on a screen

Let's go back.

The atoms of the player were scattered in the grass, in the rivers, in the air, in the ground. A woman gathered the atoms; she drank and ate and inhaled; and the woman assembled the player, in her body.

And the player awoke, from the warm, dark world of its mother's body, into the long dream.

And the player was a new story, never told before, written in letters of DNA. And the player was a new program, never run before, generated by a sourcecode a billion years old. And the player was a new human, never alive before, made from nothing but milk and love.

You are the player. The story. The program. The human. Made from nothing but milk and love.

Let's go further back.

The seven billion billion billion atoms of the player's body were created, long before this game, in the heart of a star. So the player, too, is information from a star. And the player moves through a story, which is a forest of information planted by a man called Julian, on a flat, infinite world created by a man called Markus, that exists inside a small, private world created by the player, who inhabits a universe created by...

Shush. Sometimes the player created a small, private world that was soft and warm and simple. Sometimes hard, and cold, and complicated. Sometimes it built a model of the universe in its head; flecks of energy, moving through vast empty spaces. Sometimes it called those flecks "electrons" and "protons".

Sometimes it called them "planets" and "stars".

Sometimes it believed it was in a universe that was made of energy that was made of offs and ons; zeros and ones; lines of code. Sometimes it believed it was playing a game. Sometimes it believed it was reading words on a screen.

You are the player, reading words...

Shush... Sometimes the player read lines of code on a screen. Decoded them into words; decoded words into meaning; decoded meaning into feelings, emotions, theories, ideas, and the player started to breathe faster and deeper and realised it was alive, it was alive, those thousand deaths had not been real, the player was alive

You. You. You are alive.

and sometimes the player believed the universe had spoken to it through the sunlight that came through the shuffling leaves of the summer trees

and sometimes the player believed the universe had spoken to it through the light that fell from the crisp night sky of winter, where a fleck of light in the corner of the player's eye might be a star a million times as massive as the sun, boiling its planets to plasma in order to be visible for a moment to the player, walking home at the far side of the universe, suddenly smelling food, almost at the familiar door, about to dream again

and sometimes the player believed the universe had spoken to it through the zeros and ones, through the electricity of the world, through the scrolling words on a screen at the end of a dream

and the universe said I love you

and the universe said you have played the game well

and the universe said everything you need is within you

and the universe said you are stronger than you know

and the universe said you are the daylight

and the universe said you are the night

and the universe said the darkness you fight is within you

and the universe said the light you seek is within you

and the universe said you are not alone

and the universe said you are not separate from every other thing

and the universe said you are the universe tasting itself, talking to itself, reading its own code

and the universe said I love you because you are love.

And the game was over and the player woke up from the dream. And the player began a new dream. And the player dreamed again, dreamed better. And the player was the universe. And the player was love.

You are the player.

Wake up.

When you graduate from the Construct as a sovereign being, you may look back upon it with appreciation and gratitude. It performed its function flawlessly. The electronic components of the console performed their role faithfully. The software developers gave you the experience of a lifetime, of many lifetimes, which you used to sculpt yourself into the being you have become, unique in the cosmos. You may even smile when you think of all the big bad bosses you “defeated”. They challenged you to surpass yourself. They were never really “the enemy” but rather parts of the whole, which you had not yet accepted and integrated as parts of your greater self; they were reflections of denied parts of your own psyche. You may not have as much appreciation for the NPCs (Non-Player Characters)⁶⁹ who still remain in the sinkhole of indifference, not yet viable as sovereign beings, but they also contributed to your experience and may eventually surpass themselves as you have done.

The veil

From Q’uo (a collective including Ra):

14 February 1988

To sum up our feelings about this veil which you experience in third density, may we say from our standpoint that it is most advantageous, for when the forgetting has occurred, the emotional, mental and physical experiences of an entity are sharpened to a degree beyond your imagination.

Compared to creations and densities above your own, your third density is seen as a marvelous and exciting place and time in which experiences are vividly beautiful and exponentially more powerful than in later experiences which focus far more upon refining that which has already been decided. Without the veiling process, the decision making which is the testing portion of the lessons of love would be attenuated and the power of the decisions lost. Yours is a valley⁷⁰ of decision. You live many lives, but only as many as it takes to formulate in a final way your particular system of biases in such a way that a harvestable amount of light may be accepted by the seeker. Thus, you dwell in the darkness of unknowing, and in honest unknowing, depending upon your biases, your thoughts, your dreams, and whatever shuttle you have been able to make through to the deep mind. You the seeker spend third-density time deciding how to love. What a great decision, my friends. What a pivotal one, and for it the veil is necessary.

⁶⁹ I recommend the recent film *Free Guy* if you like this genre, about an NPC who surpasses himself.

⁷⁰ A reference to the 23rd Psalm.

Epilogue

2024.10.04 [TOC](#)

Thank you, dear readers, for your company on this journey “through the bush” as Don Juan described it in [A Path with Heart](#). In a sense, the path has led nowhere; we are still surrounded by the bush. But with open hearts we are in rapport with our surroundings, having recognized that they not only *reflect us*, but *are us*. As sovereign beings, we can choose to be with any circumstance in a joyful, loving and peaceful way. To the extent that we have not yet fully embraced this state of being, we can gratefully use whatever reflection our surroundings mirror to us to guide our inner development work and our outer *doings*.

Metamagical Themes

In [Strange Loops](#), there is a footnote asserting my intention to share my own *metamagical themas* in a future chapter:

1. **Reality is a mirror.**
2. **The whole is contained in each of the parts.**

Since reading this particular distillation of truth in one of Barbara Marciniak’s⁷¹ early [channeled books](#) decades ago, I have found it to be a profound yet pragmatic balance point of understanding: Unity ↔ Infinity.

The primary, fundamental Truth has great depth — in fact, infinite depth. Attempting to fathom these depths, various teachers have assembled derivatives of the One Truth for the benefit of their students, often in the form of practical wisdom useful for navigating reality. A short list of well-known works of this kind:

1. Laozi’s *The Way of Life*
2. Patanjali’s *Yoga Sutras*
3. Gibran’s *The Prophet*
4. Marcus Aurelius’ *Meditations*
5. Baltasar Gracián’s *The Art of Worldly Wisdom*
6. Sun Tzu’s *The Art of War*

But all attempts to fathom the Infinite inevitably fall short. The Truth is ineffable — it cannot be described in any finite way. From verse one of *The Way of Life*:

The name that can be named is not the eternal name. (名可名, 非常名.)

The best that such attempts can do is to lead us to direct contact with Truth, whether they take the form of words, images or sounds. Truth may be found in soulful poems like the ones by the Spanish-language poets Jiménez, Gorostiza and Martí; or in enigmatic Zen koans like the ones introduced in [Strange Loops](#). Indeed, facets of Truth appear in a myriad of forms throughout Nature. Ubiquitous patterns such as the logarithmic spirals of nautilus shells and galaxies are signposts on the path to Unity.

Each seeker must find or formulate their own themas. If the Pleiadians’ themas seem too concise, consider the extended set offered by [Bashar](#):

⁷¹ Barbara still channels a collective known as *The Pleiadians*. The [audio recordings](#) she releases every month are well worth the five-dollar cost.

1. You exist.
2. Everything is here and now.
3. The One is the All and the All are the One.
4. What you put out is what you get back.
5. Everything changes except the first four laws.

But if both of these variants seem too verbose, consider the single triune syllable **AUM**, symbolized as ॐ. Choose whatever feels right to you as your guiding principle. Use it to find your way back to your being whenever circumstances disturb your balance. Use them to pierce the Illusion. Use them to convey your understanding to other seekers of Truth.

Libra: balance, harmony, justice

In homage to the way Gaia wheels about Sol as it traverses the twelve zodiacal archetypes, we have sojourned through twelve chapters of *Metamagical Musings* during this year. Astrologically, the number twelve represents TriUnity (the three modalities) projected into the physical realm (the four elements) by way of multiplication rather than combination as in the metaphysical realm. Sol is currently in the Libra sector of the Zodiac. The themes of Libra are *balance, harmony* and *justice*. How fitting to conclude these writings on this particular note of the heavenly chromatic scale!

As a multiplicative blend of the *cardinal* modality (initiative, leadership) and the *air* element (intellectual, communicative, social), Libra signals the theme for this epilogue: how to be of service during the impending tumultuous period.

Certain incarnated souls⁷² are equipped and tasked to take the lead (*cardinal* modality) in guiding the masses (*air* element) toward Truth during this transition to a new Golden Age.

In the words of the Federation of Light ([29 September, 2024](#)):

We have said all along that Truths have to come out and they are. Yet, slowly. For to reveal it all in one hit would be too much ... way too much for the unawakened and even the awakened to handle.

You see, Blossom ... it is difficult to determine the reactions of the ‘average, normal person’. By this, we mean Souls who have absolutely no idea about what is to come. Souls who have blindly been led by those that control the media and have had their minds programmed to such a degree that ... all that is to take place and be revealed ... will leave them in such a place of confusion that they will not know which way to turn.

⁷² I expected that many, if not most, of the readers of these writings would be of the Scholar soul essence type as described in [The Michael System](#), distinguished by their neutral energetic configuration and orientation toward teaching/learning; many such have an intellectual center. I also expected that most would be Advanced Old Souls (at or above level four of seven) who chose and were chosen to be of service in this way during these monumental times. *Metamystical Musings* has especially been targeted toward those seekers and aspirants belonging to both of these groups. Scholars, by virtue of their characteristic neutrality, are natural magicians but tend to be passively objective. Their presence in the world is a service in itself by virtue of their *being*. However, should they choose a more active form of service they must dynamize their balance; they must tango in their heart. This involves generalizing their already highly developed masculine in-tellect to include masculine in-tent, then harmonize it with freed feminine will. But no matter which of the seven soul types you are — Scholar, Artisan, Sage, Warrior, King, Server, Priest — balance is still the cardinal rule of magic.

OF COURSE, THIS IS WHERE YOU, EACH ONE THAT KNEW THIS WAS COMING, STEP INTO PLACE. TO GENTLY ENCOURAGE THEM IN HOPE OF A BRIGHTER FUTURE THAT IS TO COME.

Their minds have been so warped by continual lies that it shall be very difficult to convince them of the tyranny that has conducted their lives since birth.

Be gentle with these Souls that do not understand. Assist them in ways of Loving explanations. For to bombard them with all information that you already have, and have had time to absorb, will not be suitable.

We must not forget to remain humble in this service ([7 February, 2021](#)):

It will not be for any one of you Lighted Beings to turn around and say ‘I told you so’ ... for although there shall be relief in the hearts of many, that they indeed, had not gone crazy ... this also, will be the time for ‘All hands on deck’ in order to help pick up the pieces and mend the Hearts of many a broken soul.

The Hub of the Wheel

Let us stop the Wheel of Time for a moment and intend a lull.

Focus on the still center about which it spins. The Wheel has twelve spokes leading inward from the zodiacal archetypes to The Hub of Pure Being which in Truth is nowhere and has neither name nor number, not even *The One*. In homage to the Hub this chapter is not numbered “thirteen”. But just as we may use *The One* or *Supreme Being* as a symbol for that which cannot be named, this chapter is named *Epilogue*; for the root of this word is from the Greek *logos*, which is the same word Ra uses for the great being which is the progenitor of our Milky Way galaxy, the *Logos*, of which we are a fractal part and which itself is a fractal part of the Supreme Being.

In the beginning was the Word, and the Word was with God, and the Word was God.
— John 1:1

Word is the accepted translation of the original Greek *Λόγος* or Logos. The Logos is *with* God but also *is* God. The same is true of Jeshua and the same is true of us.

Words have power. The Federation of Light has repeatedly emphasized a mantra which they have prepared for us to guide us through this Dark Night of our Collective Souls:

- 1. I AM THE LIGHT**
- 2. I AM THE LOVE**
- 3. I AM THE TRUTH**
- 4. I AM**

This mantra is intended to have a transformative effect on consciousness. It is an assertion of identity. The first two assertions (which can be in either order) identify with both components of the [Light/Love duality](#), the interplay of which makes possible our experience within the Construct. The third assertion identifies with the balance point of the duality, the [third point of reference](#) or the [third perspective](#), where masculine rational truth tangos with feminine intuitive truth, harmonizing in the heart, vortexing out of the Plane of Duality toward the Hub to touch upon the Ineffable Truth of Pure Being: *I AM*. The fractalized Supreme Being identifies Itself. *The whole is contained in each of the parts.*

The nature of the derivative truths to be revealed on our planet are beyond what any of us can fully prepare for, psychically speaking. But as Old Souls, we are grounded in the Truth from which all derivative truths spring; we have donned our spiritual armour or *amor*. As such, we will be among the first to recover from psychic shock at which time we will be in a position to lend a helping hand to others.⁷³

THE FEELING OF FREEDOM IS UNKNOWN TO YOU.

TRUE FREEDOM.

YOU ARE HERE TO SET YOURSELVES FREE FROM THE SLAVERY THAT YOU HAVE BEEN IMPRISONED WITHIN FOR EONS OF YOUR TIME.

The walls are crumbling now at a fast rate, for the structures are collapsing from the core ... from the root of evil.

TO HOLD YOUR LIGHT MORE STRONGLY THAN EVER WILL BE NECESSARY.

NEVER FORGET WHO YOU ARE.

THE STRONGEST OF THE STRONG.

NEVER FORGET THE POWER OF THE MANTRA.

You consider your world to be of madness and it is to get more so.

Yet know ... it is necessary.

The madness is because of the Truths coming out ... more and more of them and although, as we have said, not all at once ... they will be opened up to you at quite a fast pace and the impact that these reveals shall have will cause much unrest.

The White Hats

We have spoken many times of Phase Two ... as all these Truths come to the surface there will be the need for control of the masses. Not by those that appear to be in control now ... yet, by what you would call the 'Good Guys', the ones who have been working vigilantly behind the scenes for years in order to bring about this Grand Transformation.

The "Good Guys" are those whom David Wilcock and others refer to as the "White Hats," an alliance based in certain military and intelligence organizations which have already helped awaken many with intelligence briefings and spiritual guidance provided via the Q persona. As a rule, I do not put too much faith in men, groups of men, or in their plans. All men are flawed: *the best laid plans of mice and men often go astray*. Rather, I have faith in The Plan orchestrated by Divinity that is necessarily multidimensional because it takes into account the flaws of men as they use their free will, thus putting it beyond the reach of human intelligence and thus making temporal predictions futile. But it has been marvelous to witness so many fellow humans rise to the occasion, surpassing themselves; may they inspire us to also surpass ourselves. Should any of us stumble, others must be ready to step in. We all have

⁷³ As described [Spiritual Nexus](#), I experienced a psychic trauma during my penultimate incarnation that was greater than I what was able to process at the time. But by virtue of being an Old Soul, and with much assistance, I healed sufficiently in the spiritual realm to return to the material realm with passably normal functioning.

a part to play: *All hands on deck!* This is the strength of rapport, of unity. The newly formed Unity Coalition is, no doubt, part of The Plan.

The Plan

As much as the scenarios we speak of seem far-fetched and unimaginable ... it is a fact that what is taking place upon your Planet ... HAS TO CHANGE.

A PLAN WAS PUT IN PLACE TO DO SO.

AND YOU ... EACH ONE ... ARE PART OF THAT PLAN AND YOU ARE HERE TO CARRY IT OUT. TO SEE IT THROUGH.

The full scope of The Plan may be beyond our human understanding, but we can KNOW with certainty what the final outcome WILL BE because we are the Light, the Love and the Truth.

The Plan is like a game of multidimensional chess wherein the White player is of such superintelligence that no matter what move Black makes in its free will, White has already countered it.⁷⁴ We are now in the end game and both sides know it. It is customary at this point for Black to lay down its King piece rather than to force White to play out a mathematically certain checkmate. This is a gesture of respect that Black refuses to make. It hopes for a blunder on the part of White, but the superintelligences of the White Team do not ever blunder. Thus, we must endure Black's final throes of defeat which may yet cause much wreckage. [Adamu](#) recently reported that Black has only one card left to play and intends to play it soon — for he perceives that Black is out of time. Nevertheless, which card Black plays is its choice.

Those of us on the White team each have a vital role to play. Our most important task is to not lose ourselves in the chaos and madness but rather to remember who we truly are and what the right response is to any situation or circumstance always is.

Each and every moment contains love. Seek it, no matter the circumstance: circumstances don't matter, only state of being matters. Your power will double with each sincere seeking, such as when a strong act of will is required to find love in a situation where it does not seem to exist.

This is what magic is. The doubling of power with each seeking is characteristic of the path to enlightenment within the Plane of Duality, the Plain of Doings. Doubling is a multiplication operation; multiplication rules within the metaphysical realm, as in the case of the Zodiac. Repeated doubling can be encoded as an exponent, which we call the power, the loga-rithm, the rhythm of the Logos, its characteristic logarithmic spiral expanding toward Infinity. And [recall](#) that the doubling principle also applies to aligned intent.

Impossible

Ra [65.12](#): *We may note at this point while you ponder the possibility/probability vortices that although you have many, many items which cause distress and thus offer seeking and service opportunities, there is always one container in that store of peace, love, light, and joy. This vortex may be very small, but to turn one's back upon it is to forget the infinite possibilities of the present moment. Could your planet polarize*

⁷⁴ The White Team even set giant crystals in place in the distant past to be activated in our time by monoliths recently set in place as described in [The Event](#). The Black Team cannot win the game.

towards harmony in one fine, strong moment of inspiration? Yes, my friends. It is not probable; but it is ever possible.

No, we will not turn our backs on this vortex. As we invest in it, it expands logarithmically (with exponentially increasing power) and translates orthogonally lifting us into higher densities and dimensions.

I have been listening to this performance of *Impossible* by Two Steps from Hell to supercharge my intent, throughout this year. Norwegian Thomas Bergersen, composer of *Impossible* and founder of TSFH along with British Nick Phoenix, based the name of their production company on a Norwegian nightclub named *Two Steps from Heaven*. I take these names to be symbolic. As stated in [A Path with Heart](#), the path of rivalry is two steps from Unity by way of the path of rapport; therefore, *Two Steps from Hell* could be interpreted as *Heaven*.



Click [here](#) or on the image above to watch on YouTube

The impossible beckons:

*Certainty of death. Small chance of success. What are we waiting for? — Gimli the Dwarf in *The Lord of the Rings* film*

Take [heart](#), dear readers. The best is yet to come.

Vaya con Dios.

[The [Metamagical Musings PDF](#) is available for download on [Github](#).]

Appendix

Observed changes in our Solar System during recent years

2022.12.13 TOC

I haven't confirmed [this list](#) in detail, but for years I've been reading credible reports of such changes:

- All the major bodies of our Solar System are changing rapidly, but nobody is talking about it. We are seeing rapid observable changes to almost every single planet:
- Pluto's atmosphere has recently collapsed.
- Neptune's storms have suddenly begun rotating backwards.
- Uranus' polar regions are visibly flaring.
- Jupiter has recently experienced a 700 degree temperature impulse originating from its northern pole, and its great red spot is fading.
- Mars is suddenly displaying seismic activity.
- Our own polar regions have warmed drastically recently, the amount of volcanic activity we are seeing is at an all-time high.
- Venus's planetary winds have increased their velocity by 33% in the last 20 years.
- It goes on from there, we've recently observed:
 - Large-scale changes in the ice cover on Jupiter's moon Europa.
 - Large-scale changes in the polar ice cap on Mars.
 - A large-scale decrease in atmospheric pressure on Venus.
 - A mysterious brightening of the atmosphere of Saturn.
 - A mysterious darkening of the atmosphere of Venus.
 - Unusual changes in the temperature and pressure of the atmosphere of Neptune.
 - A brightening of the atmosphere of Jupiter.
 - A mysterious dark spot near the South Pole of Venus.
- Here on earth, our own magnetosphere is rapidly losing its strength as our magnetic poles continue to race away from their usual positions, wreaking havoc on animal migrations - see all the beached whales this year as well as the spike in reports of unusual bird sightings.
- Things have gotten to the point where we are now updating our magnetic models yearly, and soon there will be zones of flux broken bad enough to cause real danger to flying due to constant magnetic reconnection.
- Our aurorae are reaching levels of intensity not normally seen, with recent high-energy 'pink' aurorae being observed.
- The fundamental electromagnetic nature of this planet - electromagnetism responsible for a variety of effects on life, most especially cardiac and pulmonary health in humans, is changing rapidly