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Action Plan: Week

Dec 29 – Jan 04, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

December 29

Tuesday
December 30

Wednesday
December 31

Thursday
January 01

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January 02

Saturday

January 03

Sunday

January 04

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

January

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⚡ This page is your Timeline. Though it can be used as a traditional calendar by adding upcoming events, it's recommended to use the Timeline to log events after they've happened. This will provide a more accurate and useful record of your life.

Monthly Action Plan

January

⚡ The next page is your Monthly Action Plan. It's designed to help you organize and prioritize your monthly Tasks. It consists of new Tasks, Future Log items scheduled for this month, and any important unfinished Tasks from the previous month.

Action Plan: Week

Jan 05 – Jan 11, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
January 05

Tuesday

January 06

Wednesday

January 07

Thursday

January 08

Friday

January 09

Saturday
January 10

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January 11

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Jan 12 – Jan 18, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

January 12

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January 13

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January 14

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January 15

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January 16

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January 17

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January 18

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Jan 19 – Jan 25, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

January 19

Tuesday
January 20

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January 21

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January 22

Friday

January 23

Saturday
January 24

Sunday

January 25

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Jan 26 - Feb 01, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
January 26

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January 27

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January 28

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January 29

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January 30

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January 31

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February 01

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

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Monthly Action Plan
February

⚡ The next page is your Monthly Action Plan. It's designed to help you organize and prioritize your monthly Tasks. It consists of new Tasks, Future Log items scheduled for this month, and any important unfinished Tasks from the previous month.

Action Plan: Week

Feb 02 – Feb 08, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
February 02

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February 03

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February 04

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February 05

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February 08

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Feb 09 - Feb 15, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
February 09

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February 10

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February 11

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February 12

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February 14

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February 15

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Feb 16 – Feb 22, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
February 16

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February 17

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February 22

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Feb 23 - Mar 01, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
February 23

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February 24

Wednesday
February 25

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February 26

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February 27

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February 28

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March 01

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

March

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Monthly Action Plan

March

⚡ The next page is your Monthly Action Plan. It's designed to help you organize and prioritize your monthly Tasks. It consists of new Tasks, Future Log items scheduled for this month, and any important unfinished Tasks from the previous month.

Action Plan: Week

Mar 02 - Mar 08, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

March 02

Tuesday
March 03

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March 04

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March 05

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March 06

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March 07

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March 08

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Mar 09 - Mar 15, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
March 09

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March 10

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March 11

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March 12

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March 13

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March 14

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March 15

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Mar 16 – Mar 22, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
March 16

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March 21

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March 22

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Mar 23 - Mar 29, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
March 23

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March 27

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March 28

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March 29

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Mar 30 - Apr 05, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
March 30

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March 31

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April 01

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April 03

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April 04

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April 05

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

April

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Monthly Action Plan

April

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Action Plan: Week

Apr 06 - Apr 12, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

April 06

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April 07

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April 08

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April 09

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April 10

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April 11

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April 12

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Apr 13 – Apr 19, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
April 13

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April 14

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April 15

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April 19

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Apr 20 – Apr 26, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
April 20

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April 21

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April 22

Thursday
April 23

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April 24

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April 25

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April 26

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Apr 27 - May 03, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
April 27

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April 28

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April 29

Thursday
April 30

Friday

May 01

Saturday
May 02

Sunday

May 03

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

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Monthly Action Plan

May

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Action Plan: Week

May 04 – May 10, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
May 04

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May 05

Wednesday
May 06

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May 07

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May 08

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May 09

Sunday
May 10

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

May 11 – May 17, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

May 11

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May 16

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May 17

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

May 18 – May 24, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
May 18

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May 19

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May 20

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May 21

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May 22

Saturday

May 23

Sunday
May 24

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

May 25 – May 31, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
May 25

Tuesday
May 26

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May 27

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May 28

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May 29

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May 30

Sunday
May 31

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

June

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Monthly Action Plan

June

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Action Plan: Week

Jun 01 – Jun 07, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
June 01

Tuesday
June 02

Wednesday

June 03

Thursday
June 04

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June 05

Saturday

June 06

Sunday

June 07

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Jun 08 – Jun 14, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

June 08

Tuesday

June 09

Wednesday

June 10

Thursday
June 11

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June 12

Saturday
June 13

Sunday

June 14

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Jun 15 – Jun 21, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

June 15

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June 16

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June 20

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June 21

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Jun 22 - Jun 28, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
June 22

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June 23

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June 27

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June 28

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Jun 29 – Jul 05, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

June 29

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June 30

Wednesday
July 01

Thursday

July 02

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July 03

Saturday

July 04

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July 05

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

July

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Monthly Action Plan

July

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Action Plan: Week

Jul 06 – Jul 12, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

July 06

Tuesday

July 07

Wednesday

July 08

Thursday

July 09

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July 10

Saturday
July 11

Sunday
July 12

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Jul 13 – Jul 19, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
July 13

Tuesday
July 14

Wednesday
July 15

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July 16

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July 17

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July 18

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July 19

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Jul 20 – Jul 26, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
July 20

Tuesday
July 21

Wednesday
July 22

Thursday

July 23

Friday

July 24

Saturday
July 25

Sunday

July 26

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Jul 27 – Aug 02, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
July 27

Tuesday
July 28

Wednesday

July 29

Thursday

July 30

Friday
July 31

Saturday
August 01

Sunday
August 02

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

August

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Monthly Action Plan
August

⚡ The next page is your Monthly Action Plan. It's designed to help you organize and prioritize your monthly Tasks. It consists of new Tasks, Future Log items scheduled for this month, and any important unfinished Tasks from the previous month.

Action Plan: Week

Aug 03 - Aug 09, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

August 03

Tuesday
August 04

Wednesday

August 05

Thursday

August 06

Friday
August 07

Saturday
August 08

Sunday
August 09

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Aug 10 – Aug 16, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
August 10

Tuesday
August 11

Wednesday
August 12

Thursday

August 13

Friday
August 14

Saturday

August 15

Sunday
August 16

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Aug 17 – Aug 23, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
August 17

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August 18

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August 19

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August 20

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August 21

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August 22

Sunday

August 23

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Aug 24 - Aug 30, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

August 24

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August 25

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August 26

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August 27

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August 28

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August 29

Sunday
August 30

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Aug 31 – Sep 06, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

August 31

Tuesday
September 01

Wednesday
September 02

Thursday
September 03

Friday
September 04

Saturday
September 05

Sunday
September 06

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

September

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Monthly Action Plan
September

⚡ The next page is your Monthly Action Plan. It's designed to help you organize and prioritize your monthly Tasks. It consists of new Tasks, Future Log items scheduled for this month, and any important unfinished Tasks from the previous month.

Action Plan: Week

Sep 07 - Sep 13, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
September 07

Tuesday
September 08

Wednesday
September 09

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September 10

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September 11

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September 12

Sunday
September 13

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Sep 14 – Sep 20, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
September 14

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September 15

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September 16

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September 17

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September 18

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September 19

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September 20

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Sep 21 – Sep 27, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
September 21

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September 22

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September 23

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September 24

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September 25

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September 26

Sunday
September 27

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Sep 28 - Oct 04, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
September 28

Tuesday
September 29

Wednesday
September 30

Thursday

October 01

Friday
October 02

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October 03

Sunday
October 04

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

October

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Monthly Action Plan
October

⚡ The next page is your Monthly Action Plan. It's designed to help you organize and prioritize your monthly Tasks. It consists of new Tasks, Future Log items scheduled for this month, and any important unfinished Tasks from the previous month.

Action Plan: Week

Oct 05 – Oct 11, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
October 05

Tuesday

October 06

Wednesday

October 07

Thursday
October 08

Friday

October 09

Saturday

October 10

Sunday
October 11

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Oct 12 – Oct 18, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

October 12

Tuesday
October 13

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October 14

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October 15

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October 16

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October 17

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October 18

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Oct 19 – Oct 25, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
October 19

Tuesday
October 20

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October 21

Thursday
October 22

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October 23

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October 24

Sunday
October 25

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Oct 26 – Nov 01, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday

October 26

Tuesday
October 27

Wednesday

October 28

Thursday
October 29

Friday
October 30

Saturday
October 31

Sunday
November 01

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

November

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Monthly Action Plan

November

⚡ The next page is your Monthly Action Plan. It's designed to help you organize and prioritize your monthly Tasks. It consists of new Tasks, Future Log items scheduled for this month, and any important unfinished Tasks from the previous month.

Action Plan: Week

Nov 02 - Nov 08, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
November 02

Tuesday
November 03

Wednesday
November 04

Thursday
November 05

Friday
November 06

Saturday
November 07

Sunday
November 08

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Nov 09 – Nov 15, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
November 09

Tuesday
November 10

Wednesday
November 11

Thursday
November 12

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November 13

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November 14

Sunday

November 15

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Nov 16 – Nov 22, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
November 16

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November 18

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November 19

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November 20

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November 21

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November 22

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Nov 23 – Nov 29, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
November 23

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November 24

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November 25

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November 26

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November 27

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November 28

Sunday

November 29

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Nov 30 - Dec 06, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
November 30

Tuesday
December 01

Wednesday

December 02

Thursday
December 03

Friday

December 04

Saturday
December 05

Sunday

December 06

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Monthly Log

December

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Monthly Action Plan
December

⚡ The next page is your Monthly Action Plan. It's designed to help you organize and prioritize your monthly Tasks. It consists of new Tasks, Future Log items scheduled for this month, and any important unfinished Tasks from the previous month.

Action Plan: Week

Dec 07 - Dec 13, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
December 07

Tuesday
December 08

Wednesday
December 09

Thursday

December 10

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December 11

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December 12

Sunday
December 13

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Dec 14 – Dec 20, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
December 14

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December 15

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December 16

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December 17

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December 18

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December 19

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December 20

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Dec 21 – Dec 27, 2026

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
December 21

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December 22

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December 23

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December 25

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December 26

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December 27

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.

Action Plan: Week

Dec 28 - Jan 03, 2027

⚡ Write down only what you can get done this week. Think of this as your weekly commitments. If something is too big, break into smaller steps. When you're done, number the top three things that would make this week a success.

Monday
December 28

Tuesday
December 29

Wednesday
December 30

Thursday
December 31

Friday
January 01

Saturday

January 02

Sunday

January 03

Reflection: Week

⚡ Tidy your weekly entries. Update the monthly timeline and action plan. Acknowledge up to three things that moved you toward, and up to three things that moved you away, from the life you want/who you want to be, in a few sentences. Migrate only relevant Actions into the next week's Action Plan. Enact any insight from your reflection into the action plan.