

9th lesson
Real-life situations

By this point, we are pretty much done with talking about body language tells and what could mean what. What comes now is much more complex and I to guide you a little through this area so you could properly do it on your own later.

We will discuss these areas: **dating and job interview**.

So let dive into the **dating** part without any hesitation. Dating is something that everybody is interested in, and the majority of people would like to have more information about how they are doing, what they should be doing, etc.

As I already mentioned in dating, there is a massive chance for you to misread the situation because of the emotional involvement when you like someone so alert all your powers when you are going to read body language in the situation with emotional involvement like this. My advice here is to write down the observing and read it in a different mood than you have written it in and then make an assumption. But enough of the small talk and let's dive in the **positive signs that are occurring in dating**.

#smile - This is a universal sign everything is alright, and the person feels nice around you, that the person wants to be around you and wants to make friends with you, on a subconscious level it sends a message you do not intend to attack the other person.

Naturally, when the person is genuinely smiling while being around you is a nice sign, the relationship is going the right direction.

#leaning towards you - Getting the closest possible is nicely expressed by this subconscious body language trait. When it is present, it means the person wants to be closer to you.

#touches - When the touches start to occur, it is an excellent sign of a growing relationship. The contacts are happening subtly in the beginning, like accidental hand touches, knee touches while sitting, soothing touches on shoulders, and when these subtle touches are reciprocated, the relationship is progressing. Later the touches are intended, the place of contact also determines the stage of the relationship, when you allow the person to touch your face or a belly, for example, it's getting to the quite advanced stage.

#distance - The distance as we have seen is also very important, and when the person is standing close to you, it is a powerful sign of affection but be careful at reading this because some people tend to stand way too close. Observe the clusters of behaviour to be sure about the real intention.

#body language of intention - When you speak to someone, and the person is paying you all the attention. It suggests the person feel interested in you and it is a good sign when you want to deepen a relationship.

#nodding - When the person is paying you attention, you also want to know if he listens to you or not. So if the person nods during the conversation, it means he is on the same wave, he wants you to continue talking and agrees with what you say. When the person nods most of the time during your conversation, it is a good sign.

And now is the time for **signs that should definitely miss the dating scene**.

#fake smile - Once you start observing a fake smile on the face of the partner, it's a red flag, and you have to find out what is going on. This fake smile can occur once or twice during a conversation as it serves as a pacifier sometimes. When you, for example, speaks about something you like but the other person doesn't, he will give you this smile to support your passion but to sign he is interested in it and it is your call now to notice it.

#negative facial expressions - Disgust, contempt are emotions that don't support healthy relationships. If it is present on the face of the person, you better be careful about what is going on with the person. It's maybe time to let the person go before it ruins your mood or even life. The relevance of it increases with the amount of these emotions expressed.

#stress signs - The healthy amount of stress is always there, but when it's too much, something unhealthy is going on there, and you have to do something about it because it won't work for a long time.

#no eye contact - Importance of eye contact is clear enough, and it means that the absence of it means lack of trust, lack of confidence, lack of respect. The person doesn't want to establish the relationship. You have to find out why by observing clusters and congruency.

#leaning away - The person doesn't want to be close to you, and when we are talking about dating situation, it is quite essential stuff unless it is a first 5 minutes of the date. The relationship is also dependent on time. It progresses with time.

#lack of touches - No touch, no relationship. Simple as that! Again we are talking about time dependency, so don't make rushed decisions based on 5 minutes of observing.

The dating is done, but it is not exhausted, I have left you a space to think about it and come up with your theories and observations. If you have some questions or anything to discuss, send a message, and we can talk about it. Now, it's time to look at the **job interview** and what to observe there.

#changes in behaviour - People doing the interviews are usually well trained to do so, and the experience is a powerful weapon for them, but there is a thing that plays for you. Your story and your resume are new for them, so all the reactions are still going to be there, so you have carefully pay attention to the changes of behaviour when you tell the exact piece of information.

#micro-expressions - One of the changes in the behaviour, that is very powerful and expressive. When you tell the information suitable and related to the position you are applying to, you will see the positive facial expression like happiness. On the other side, when the information you give will be contradicting to what they need, you will notice the negative response like disgust, fear, anger.

I have my personal experience with it when I have applied for a job at London's café, and I answered the way they didn't want me to answer, and fearful micro-expressions flashed over the face of the interviewing girl. She told me she would give me a callback, and what do you think? Did she call?

#shoulder position - During the interview, it will be evolving to some point, the interviewer will either like you or not, and you will see it by observing the shoulders of the person. When the personalist likes you, more confident (dominant) body language he will take and on the other side when the personalist won't like you the submissive stance will be taken.

By this point, I am done. It's your turn now. It might seem to be too soon for you to go out and observe with "full responsibility", but the best way to do it and to get better is to start doing it.

In the process of observing, you will find things that you don't understand, and you couldn't find them in the course either in the book. And you are more than welcome to send me a message, and we will discuss these things personally via the messages, or some consultation because I want you to feel comfortable in observing. And then there will be situations you amazingly read, and you will feel awesome about yourself because the hell, you've just read someone's mind!!! And I want to be part of both successes, the first one is a success in the form of a lesson and experience and the second form of success is a freaking mind reading. So if you feel like discussing the steps of your journey with me, the only thing you need to do is to approach me.