

# MA8701 Advanced methods in statistical inference and learning

## L8: Lasso regression for the linear model

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# 1 Before we begin

## 1.1 Literature

- [ESL] The Elements of Statistical Learning: Data Mining, Inference, and Prediction, Second Edition (Springer Series in Statistics, 2009) by Trevor Hastie, Robert Tibshirani, and Jerome Friedman. [Ebook](#). Chapter 3.2.3, 3.4.2
- [HTW] Hastie, Tibshirani, Wainwrig: “Statistical Learning with Sparsity: The Lasso and Generalizations”. CRC press. [Ebook](#). Chapter 2.2-2.5, 3.7.

and for the interested student

- [WNvW] [Wessel N. van Wieringen: Lecture notes on ridge regression](#) Chapter 6.1-6.5, 6.7

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## 1.2 Linear regression set-up

$$\mathbf{Y} = \mathbf{X}\beta + \varepsilon$$

- where  $\mathbf{Y}$  is a  $N \times 1$  random column vector,
- $\mathbf{X}$  a  $N \times p$  design matrix with row for observations and columns for covariates, and
- $\varepsilon$  is a  $N \times 1$  random column vector.

As in L7, covariates are standardized and response is centered, but the design matrix need (in general) not have full rank (but for LS to exist we will often assume full rank - we often would like to compare to LS).

## 2 Lasso

Origin:

- the acronym is *Least Absolute Shrinkage and Selection Operator*, and that the
- lasso was invented by Robert Tibshirani and published in an article in [JRSSB](#) in 1996

HTW page 8: “the method lassos the coefficients for the model”

---

Now we will do what looks at first sight as a small change from the ridge - we will use

- a budget on the absolute value instead of squared value - moving from the  $L_2$  to the  $L_1$  norm.

But, this will have a large impact on the parameter estimates -

- both shrinking (to get a better MSE of our predictions) - and performing model selection (by shrinking all the way down to 0 - in a continuous way).

Again, we will not shrink the intercept  $\beta_0$ , because then this will depend on the origin of the response, and we will work with standardized covariates and centered response.

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### 2.1 Minimization problem

#### 2.1.1 Budget version

We want to constrain the size of the estimated regression parameters, so we give the sum of squared regression coefficients a budget  $t$ .

Minimize the squared error loss

$$\sum_{i=1}^N (y_i - \sum_{j=1}^p x_{ij} \beta_j)^2$$

subject to  $\sum_{j=1}^p |\beta_j| \leq t$ . The solution is called  $\hat{\beta}_{\text{lasso}}$ .

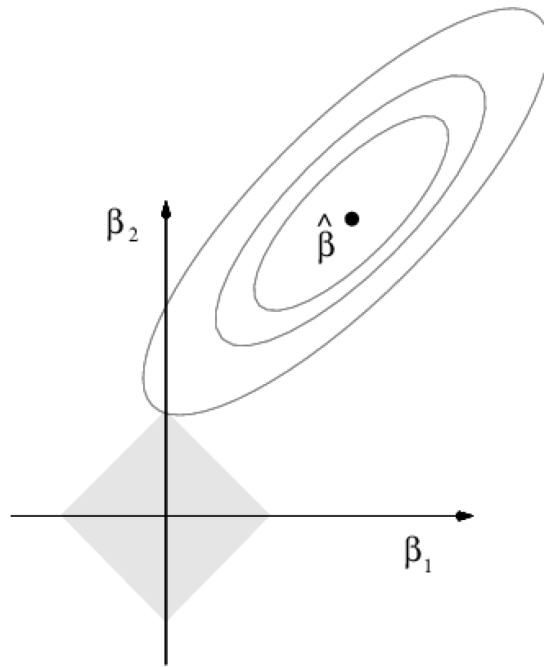


Figure 1: Figure from An Introduction to Statistical Learning, with applications in R (Springer, 2013) with permission from the authors: G. James, D. Witten, T. Hastie and R. Tibshirani.

### 2.1.2 Penalty version

$$\hat{\beta}_{\text{lasso}} = \operatorname{argmin}_{\beta} \left[ \sum_{i=1}^N (y_i - \sum_{j=1}^p x_{ij} \beta_j)^2 + \lambda \sum_{j=1}^p |\beta_j| \right]$$

again,  $\lambda \geq 0$  is a complexity (regularization, penalty) parameter controlling the amount of shrinkage.

- The larger  $\lambda$  the greater the amount of shrinkage
- The shrinkage is towards 0

This version of the problem is also called the Lagrangian form.

The budget and penalty minimization problems are equivalent ways to write the ridge regression and there is a one-to-one correspondence between the budget  $t$  and the penalty  $\lambda$ .

---

## 2.2 Small notational difference in the two textbooks

- In HTW an extra  $\frac{1}{2N}$  factor for the squared error for the ridge and the lasso,
- which is just for ease of interpretation of a future shrinkage parameter to be included
- (*to make that shrinkage parameter comparable across different sample sizes in the use of cross-validation*).
- We will also see this effect of a scaling by a factor for the squares error in the derivation of a lasso formula for the one covariate and ortogonal design matrix case (below).
- The factor does not influence the solution of the minimization of the squared-error loss we consider now (only the  $\lambda$ ).

---

## 2.3 Parameter estimation

- As explained, centred covariates and responses are used - and the intercept term is removed from the model. Then  $\mathbf{X}$  does not include a column with 1s and has dimension  $N \times p$ .
- The use of the absolute value in the penalty term makes the solution in general non-linear in  $y_i$ , and no closed form (analytic) solution is available.
- As for ridge, cross-validation is used (as kind of a standard) to choose an optimal  $\lambda$ .

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## 2.4 Observations

- If we make the budget  $t$  sufficiently small some of the coefficients will be exactly zero.
- If  $t$  is chosen larger than  $t_0 = \sum_{j=1}^p |\hat{\beta}_{LS,j}|$  the lasso estimates equal the LS estimates.
- The nature of the shrinkage is complex.
- Closed form (analytic) estimator of the lasso estimator is only available for one covariate, two covariates and for an orthonormal design matrix.

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## 2.5 Compare ridge and Lasso

These figures are taken from Hastie, Tibshirani, and Friedman (2009) and are based on the “prostate cancer example”. The response is the log of PSA (level of a prostate specific antigen),  $N = 97$  and there are  $p = 8$  covariates.

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## 3 Parameter estimation

The lasso regression estimator is not one, but a whole sequence of estimators for  $\beta$  - one for each choice of penalty parameter  $\lambda > 0$ .

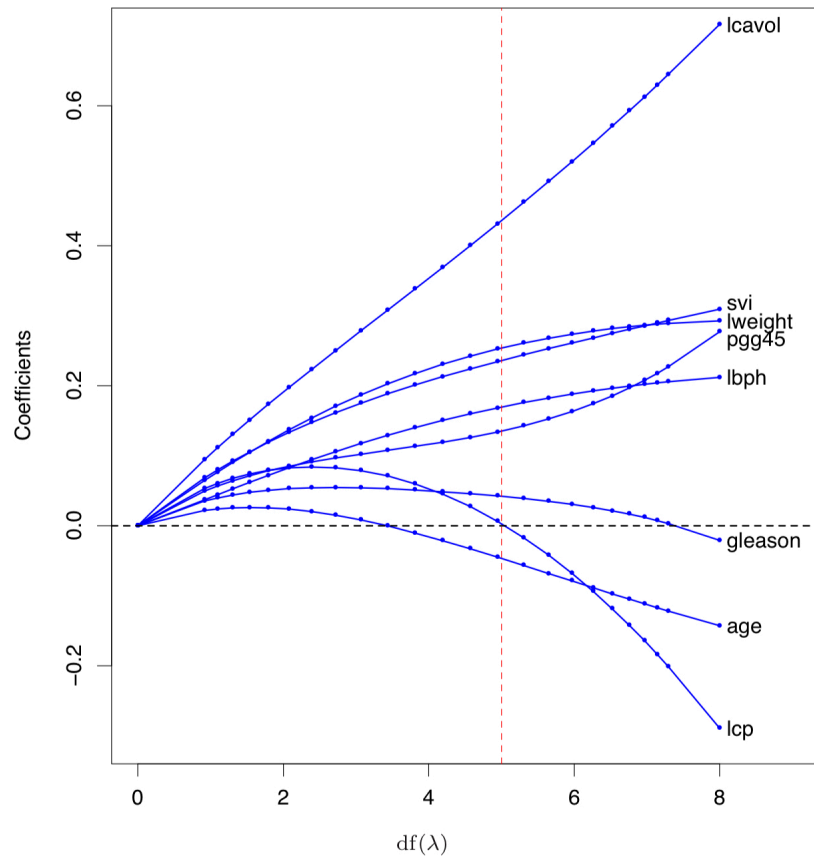
This sequence is called the *lasso regularization path*.

### 3.1 One covariate

This case - explicit solution! New word: soft thresholding” - (this is as opposed to hard thresholding as is used when a coefficient is set to 0=aka model subset selection)

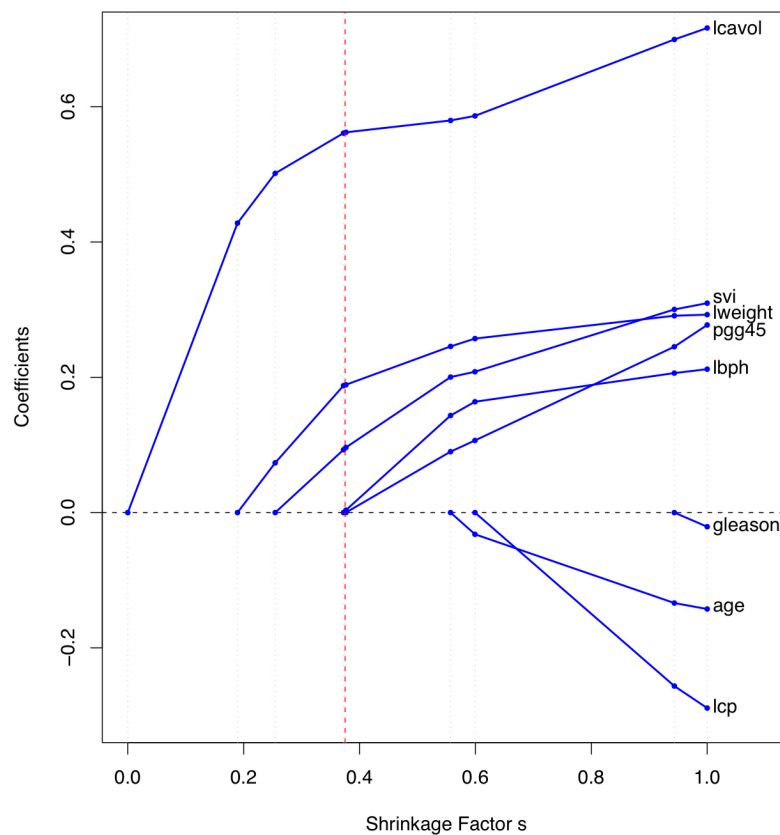
This can also be explained using the theory of subgradients.

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**FIGURE 3.8.** Profiles of ridge coefficients for the prostate cancer example, as the tuning parameter  $\lambda$  is varied. Coefficients are plotted versus  $df(\lambda)$ , the effective degrees of freedom. A vertical line is drawn at  $df = 5.0$ , the value chosen by cross-validation.

Figure 2: Figure 3.8 from Hastie, Tibshirani, and Friedman (2009)



**FIGURE 3.10.** Profiles of lasso coefficients, as the tuning parameter  $t$  is varied. Coefficients are plotted versus  $s = t / \sum_1^p |\hat{\beta}_j|$ . A vertical line is drawn at  $s = 0.36$ , the value chosen by cross-validation. Compare Figure 3.8 on page 65; the lasso profiles hit zero, while those for ridge do not. The profiles are piece-wise linear, and so are computed only at the points displayed; see Section 3.4.4 for details.

Figure 3: Figure 3.10 from Hastie, Tibshirani, and Friedman (2009).



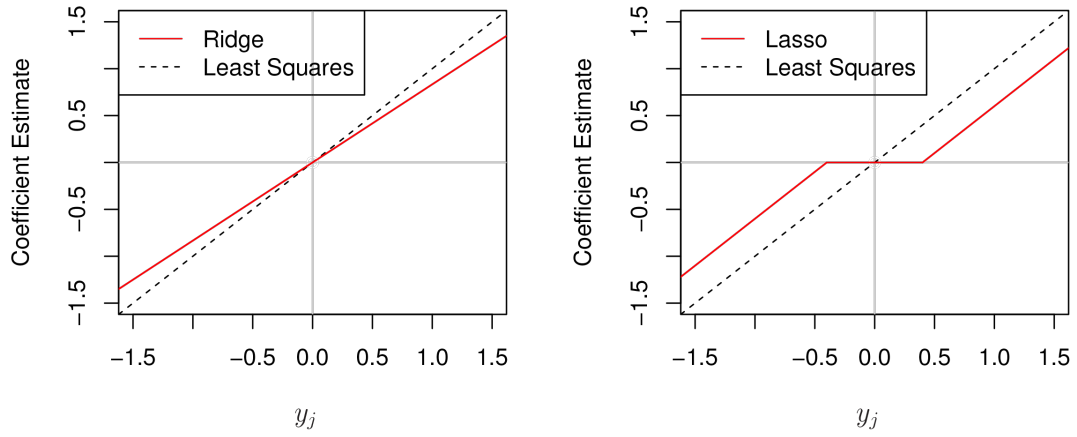
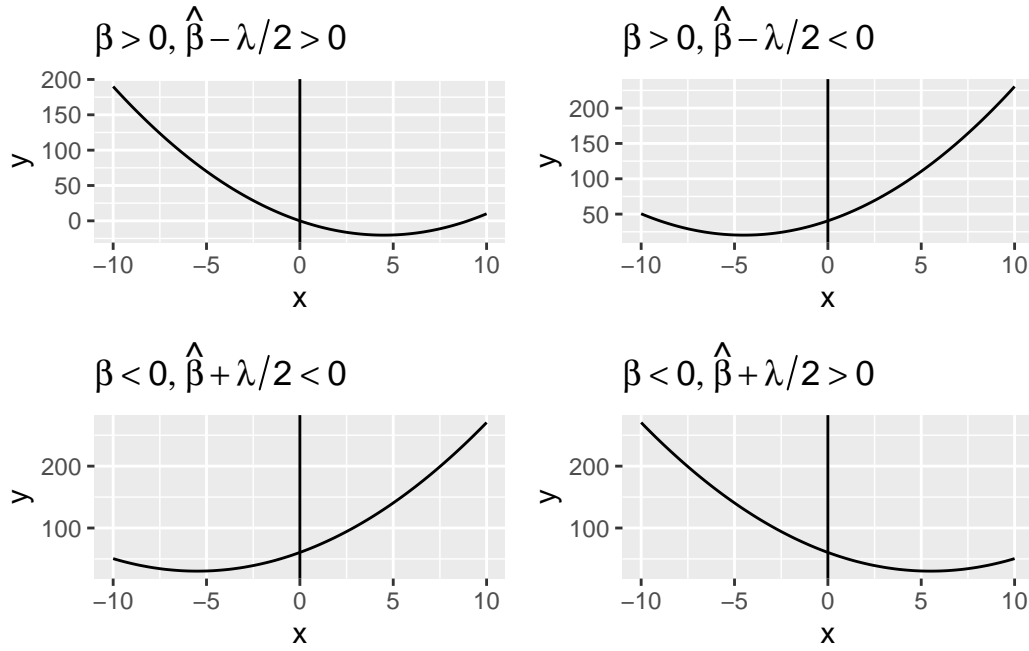


Figure 4: Figure from An Introduction to Statistical Learning, with applications in R (Springer, 2013) with permission from the authors: G. James, D. Witten, T. Hastie and R. Tibshirani.

### 3.2 Two covariates

Also explicit solution - in Tibshirani (1996), (without loss of generality) assume the LS estimators are both *positive*.  $t$  is from the budget version of the lasso

$$\hat{\beta}_1 = \left(\frac{t}{2} + \frac{\hat{\beta}_{LS,1} - \hat{\beta}_{LS,2}}{2}\right)_+$$

$$\hat{\beta}_2 = \left(\frac{t}{2} - \frac{\hat{\beta}_{LS,1} - \hat{\beta}_{LS,2}}{2}\right)_+$$

Observe, that the correlation of the covariates (i.e. as estimated proportional to the the  $X^T X$  matrix for centered covariates) is not directly part of the solution (but it is in the construction of the LS estimator).

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See Figure 4 from Tibshirani (1996) in class:  $N = 100$  data points from the model  $y = 6x_1 + 3x_2$  with no noise, but where  $x_1$  and  $x_2$  are drawn from  $N_2(\mathbf{0}, \text{diag}(\rho))$ .

---

### 3.3 Orthogonal covariates

$$\mathbf{Y} = \mathbf{X}\beta + \varepsilon$$

where  $\mathbf{Y}$  is a  $N \times 1$  random column vector,  $\mathbf{X}$  a  $N \times (p + 1)$  design matrix with row for observations and columns for covariates, and  $\varepsilon$   $N \times 1$  random column vector.

Futher,  $E(\varepsilon) = \mathbf{0}$  and  $\text{Cov}(\varepsilon) = E(\varepsilon\varepsilon^T) = \sigma^2\mathbf{I}$ .

NOW: Assume that the design matrix  $\mathbf{X}$  is ortogonal, that is,  $\mathbf{X}^T\mathbf{X} = \mathbf{I}_{pp} = (\mathbf{X}^T\mathbf{X})^{-1}$ .

Derive the lasso regression parameter (for a given  $\lambda$ ).

Just a few starting observations - and then we may use the soft-thresholding result for each covariate separately.

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### 3.4 Group discussion

Write down the optimization problem and see how far you get!

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### 3.5 Algorithmic solutions

Wieringen (2020) Section 6.4

In general there is no closed form solution to the lasso parameter estimation (except the special cases handled above).

- Tibshirani (1996): reformulated lasso optimization to a quadratic program, optimizing a quadratic form subject to linear constraints. For small  $p$  viable, but not for larger  $p$  due to the many linear constraints.
  - The loss function of the lasso can be optimized by iterative application of the (generalized) ridge regression using local a quadratic approximation of the absolute value function. Difficult if covariates superlinear.
  - Gradient ascent - but using a generalized derivative, Gteaux derivative. R penalized package by Goeman (2010).
  - LARS: see Section of Hastie, Tibshirani, and Friedman (2009) Section 3.4.4 and Hastie, Tibshirani, and Wainwright (2015) Section 5.6 (not on reading list, but interesting)
- 

### 3.6 Cyclic coordinate descent

Wieringen (2020) Section 6.4. Hastie, Tibshirani, and Wainwright (2015) Section 2.4.2 and 5.4

We have for one covariate (predictor) seen how the soft threshold is the solution to the lasso regression parameter estimation and for a orthonormal design matrix we have seen that we may perform the estimation separately for each covariate (for a given value of  $\lambda$ ).

Now the idea is to

- *repeatedly* cycle through the predictors in some fixed (but arbitrary) order.
- When we come to covariate  $j$  we update the lasso estimator for  $\lambda_j$  by holding the other coefficients fixed and minimizing the objective function for covariate  $j$  -
- but then the response is not  $y$  but the difference between  $y$  and the linear predictor of all the other covariates except  $j$ .

---

This is motivated by rewriting the optimization problem

$$\sum_{i=1}^N (y_i - \sum_{j=1}^p x_{ij} \beta_j)^2 + \lambda \sum_{j=1}^p |\beta_j|$$
$$\sum_{i=1}^N (y_i - \sum_{k \neq j} x_{ik} \beta_k - x_{ij} \beta_j)^2 + \lambda \sum_{k \neq j} |\beta_k| + \lambda |\beta_j|$$

---

If we want to minimize this for  $\beta_j$  then the sum of absolute values may be dropped from the expression we want work with, and we may define

$$\tilde{y}_i = y_i - \sum_{k \neq j} x_{ik} \beta_k$$

we may write the minimization problem for one  $\beta_j$  at a time

$$\sum_{i=1}^N (\tilde{y}_i - x_{ij} \beta_j)^2 + \lambda |\beta_j|$$

This problem we know the solution to, this we would for one covariate to be the soft-threshold function.

We will then need some initialization for the  $\beta$ s and then cycle through the one-parameter problems until convergence.

We may view this as a “coordinate-wise minimization scheme”

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### 3.7 Group discussion

Write down in pseudo code the steps of the cyclic coordinate descent algorithm.

---

Result HTW page 110: Additive function to minimize:

$$f(\beta) = g(\beta) + \sum_{j=1}^p h_j(\beta_j)$$

$g$  differentiable and convex,  $h$  univariate and convex. It is found that the (cyclic) coordinate descent algorithm is *guaranteed to converge* to the global minimizer.

---

### 3.8 Cyclic coordinate descent and $\lambda$

If  $\lambda = 0$  (and the design matrix has full rank) this will be a univariate regression of partial residuals onto each covariate, and then cycling through the covariates until convergence. This is not a very efficient method to find the least squares estimators.

We are interested in the full lasso path, not just the result for a given  $\lambda$ .

---

- 1) Start with a value of  $\lambda$  such that the optimal solution is equal to a vector of all zeros.

This will happen at  $\lambda_{max} = \max_j |\hat{\beta}_{LS,j}|$ .

- 2) Then we decrease  $\lambda$  by a small amount and run cyclic coordinate descent until convergence.
- 3) Then we decrease  $\lambda$  again, but this time we choose the result at the previous  $\lambda$  as a so-called “warm start”.

This method is referred to as *pathwise coordinate descent*.

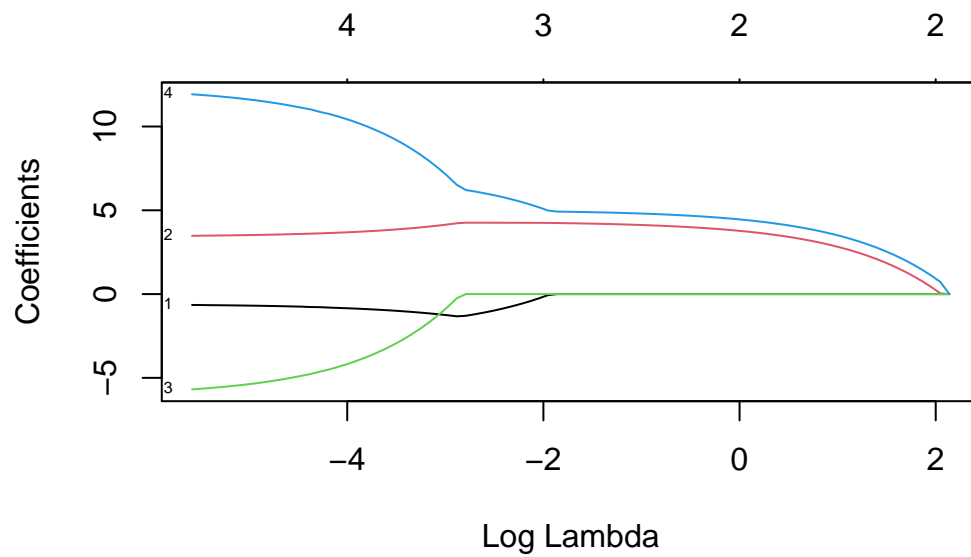
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### 3.9 Gasoline lasso

This is how lasso is fit using the glmnet R-package.

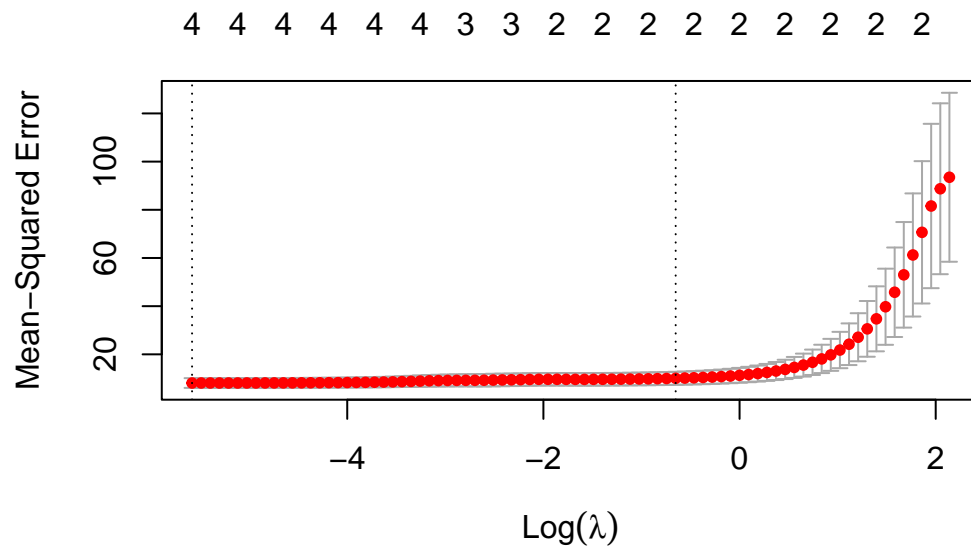
```
ds <- read.table("./sniffer.dat",header=TRUE)
x <- apply(ds[, -5], 2, scale)
y <- ds[, 5] - mean(ds[, 5])
```

```
# Now we fit a lasso model; for this we use the default `alpha=1`
fit.lasso=glmnet(x,y)#,lambda=newlambda)
plot(fit.lasso,xvar="lambda",label=TRUE)
```

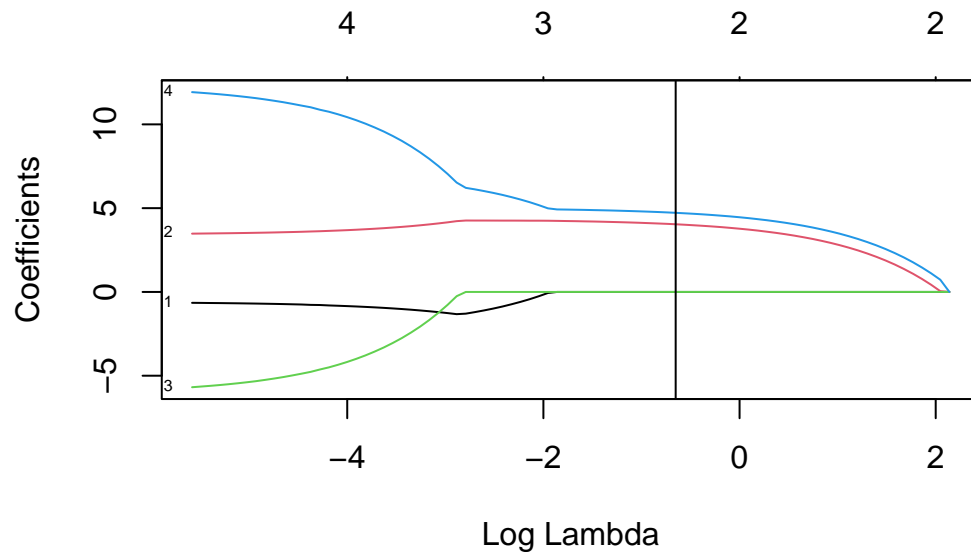


```
cv.lasso=cv.glmnet(x,y)
#which.min(cv.lasso$cvm)

plot(cv.lasso)
```



```
plot(fit.lasso,xvar="lambda",label=TRUE);
abline(v=log(cv.lasso$lambda.1se))
```



```
coef(cv.lasso)
```

```
5 x 1 sparse Matrix of class "dgCMatrix"
      s1
(Intercept) -1.618924e-15
TankTemp      .
GasTemp      4.038460e+00
TankPres      .
GasPres      4.720819e+00
```

### 3.10 Conditions for a solution to the penalty version

(HTW page 9)

The details are found in HTW Chapter 5 (not on our reading list), but the student familiar with convex analysis, dual problems and Karush-Kuhn-Tucker (KKT) conditions might find Chapter 5 of interest.

Convex analysis theory: necessary and sufficient conditions for a solution to the lasso penalty problem is

$$\frac{1}{N} \langle \mathbf{x}_j, \mathbf{y} - \mathbf{X}\beta \rangle + \lambda s_j = 0 \text{ for } j = 1, \dots, p$$

where  $\langle a, b \rangle = a^T b$  denotes the inner product. Each  $s_j$  is an unknown quantity, equal to

- $\text{sign}(\beta_j)$  if  $\beta_j \neq 0$
- some value in  $[-1, 1]$  otherwise (so-called *subgradient* of the absolute value function).

We may solve this problem in  $(\hat{\beta}, \hat{s})$ , instead of the penalty version.

## 4 Degrees of freedom

(HTW 2.5)

In ESL Ch 7.6 we defined the effective number of parameters (here now referred to as the *effective degrees of freedom*) for a linear smoother, and used that for the ridge regression. However, the lasso is not a linear smoother (it is nonlinear in the responses  $y_i$ ).

The lasso is an adaptive fitting procedure, and if our final model has  $k$  covariates that is different from zero, we would not think that the effective degrees of freedom for the lasso is then  $k$ . However, it turns out that it is correct to *count* the number of degrees of freedom by the number of nonzero coefficients.

---

In ESL Ch 7.6 we also defined the degrees of freedom using the covariance generalization:

$$\text{df}(\hat{\mathbf{y}}) = \frac{\sum_{i=1}^N \text{Cov}(\hat{y}_i, y_i)}{\sigma_\varepsilon^2}$$

where the covariance is taken for the response and predicted response, while the covariates are kept fixed (this formula was developed in connection to the in-sample prediction error).

---



It has been shown (HTW refer to this at “somewhat miraculously”) that with a fixed penalty parameter  $\lambda$  the number of non-zero coefficients  $k_\lambda$  is an *unbiased estimate* for the degrees of freedom.

This is explained by considering that the lasso does not only select predictors (selecting predictors will give an inflated degrees of freedom) - but also shrinks the coefficients relative to the LS estimates. These two forces kind of cancel out.

HTW (page 19): a general proof is difficult, but for an orthogonal design using the fact that the lasso estimates are soft-thresholded versions of the univariate regression coefficients for the orthogonal design.

## 5 Properties of the lasso estimator and solution

### 5.1 Uniqueness

(WNvW 6.1)

The lasso estimator is non-unique if  $p > N$  and if not full rank, else unique.

The prediction  $X\hat{\beta}_{lasso}$  is unique.

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### 5.2 Sparsity

“Geometric accident”

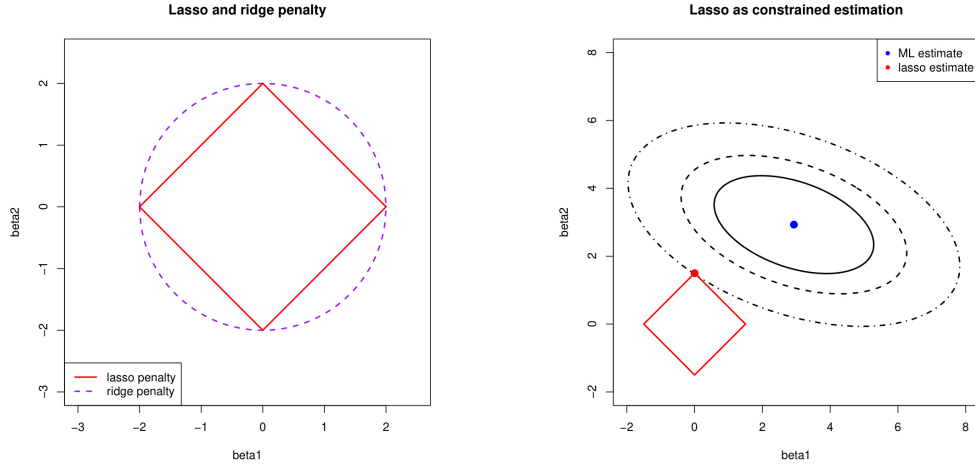
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This figure is for an orthogonal design matrix.

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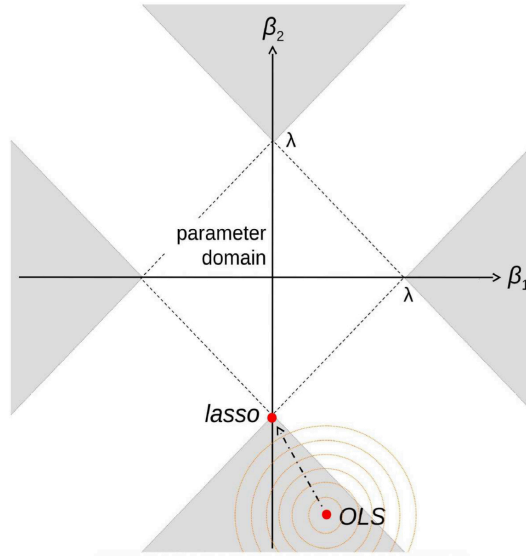
### 5.3 Shrinkage

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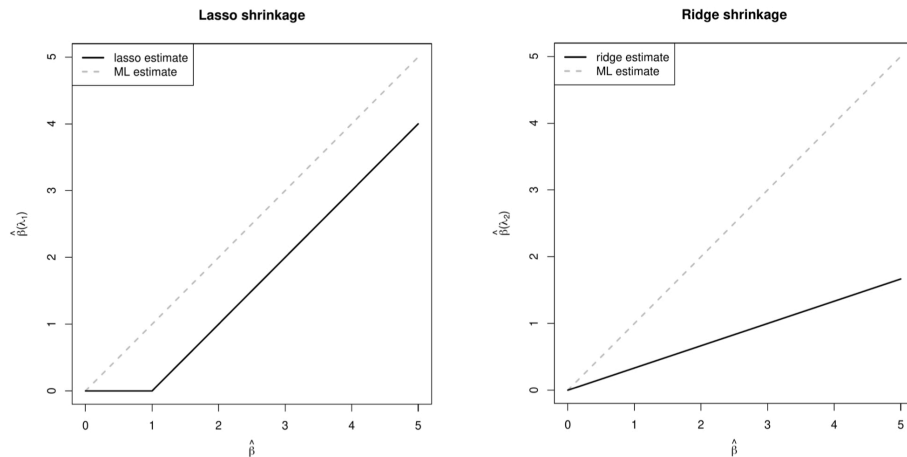
**Figure 6.3:** Left panel: The lasso parameter constraint ( $|\beta_1| + |\beta_2| \leq 2$ ) and its ridge counterpart ( $\beta_1^2 + \beta_2^2 \leq 2$ ). Solution path of the ridge estimator and its variance. Right panel: the lasso regression estimator as a constrained least squares estimator.

Figure 5: Figure 6.3 from Wieringen (2020)



**Figure 6.4:** Shrinkage with the lasso. The range of possible lasso estimates is demarcated by the diamond around the origin. The grey areas contain all points that are closest to one of the diamond's corners than to any other point inside the diamond. If the OLS estimate falls inside any of these grey areas, the lasso shrinks it to the closest diamond tip (which corresponds to a sparse solution). For example, let the red dot in the fourth quadrant be an OLS estimate. It is in a grey area. Hence, its lasso estimate is the red dot at the lowest tip of the diamond.

Figure 6: Figure 6.4 from Wieringen (2020)



**Figure 6.9:** Solution path of the lasso and ridge regression estimators, left and right panel, respectively, for data with an orthonormal design matrix.

Figure 7: Figure 6.9 from Wieringen (2020)

## 5.4 Moments

Not on closed form. Later in W6 look at using bootstrapping for statistical inference.

## 5.5 Oracle property

Zou (2006) results to be added.

## 5.6 Is really the MSE for lasso smaller than for LS?

WNvW and reference within - with figure - to be added

## 5.7 What needs to be improved?

To be added or just in L9 - when we look at friends of the lasso.

## 6 Summing up

- When is lasso preferred to LS. Only for (an unknown?) range of  $\lambda$ -values.
- Lasso vs ridge: Neither ridge or lasso dominates (in MSE) the other in all situations.

Take home message from Tibshirani (1996) Section 11:

- “Small number of large effects: subset selection is preferred, the lasso not quite as well and the ridge regression performs poorly”
- “Small to moderate number of moderate-sized effects - the lasso does best, follow by ridge regression and then subset selection”
- “large number of small effects - ridge regression does best by a good margin, followed by lasso and then subset selection”

## 7 Resources

- Videos in statistics learning with Rob Tibshirani and Daniela Witten, made for the Introduction to statistical learning Springer textbook.
  - [Lasso](#)
  - [Selecting tuning parameter](#)
- Video from webinar with Trevor Hastie on [glmnet from 2019](#)

## 8 References

- Efron, Bradley, and Trevor Hastie. 2016. *Computer Age Statistical Inference - Algorithms, Evidence, and Data Science*. Cambridge University Press. <https://hastie.su.domains/CASI/>.
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- Zou, Hui. 2006. “The Adaptive Lasso and Its Oracle Properties.” *Journal of the American Statistical Association* 101 (476): 1418–29. <https://doi.org/10.1198/016214506000000735>.