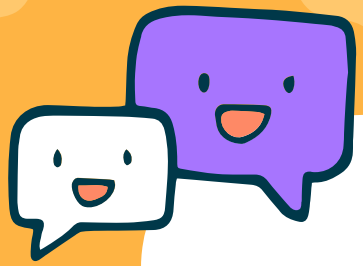
# LEARNING – HOW TO LEARN FAST

MeuMoc



"Discipline will drive you to a place where motivation cannot"

—VU CAT TUONG

# LEARNING – HOW TO LEARN FAST


I LEARN?

II WHY WE LEARN?

III HOW TO LEARN

IV TECHNOLOGY AND LEARNING

1

# LEARN?

# LET'S REVIEW SOME CONCEPTS

1.

WHAT IS "LEARN"

2.

LEARN OR STUDY

3

WHAT IS LEARN FAST?

# 1. WHAT IS LEARN?

"Gain knowledge or skill by studying, from experience, from being taught"

—oxford dictionary

# 2.LEARN OR STUDY

## LEARN

- GAIN KNOWLEDGE
- IN YOUR HEAD FOREVER

## STUDY

- GET INFORMATION
- REMEMBER INFORMATION

# 3. LEARN FAST
# = LEARN EFFECTIVELY

- How much knowledge do we retain
# how much information do we know

II.

# WHY WE LEARN

# WHY WE LEARN

- Intellectual and skill Development
- Increased Confidence
- Career Progression
- Adapting to Technological Challenges

# III.HOW TO LEARN

# HOW TO LEARN

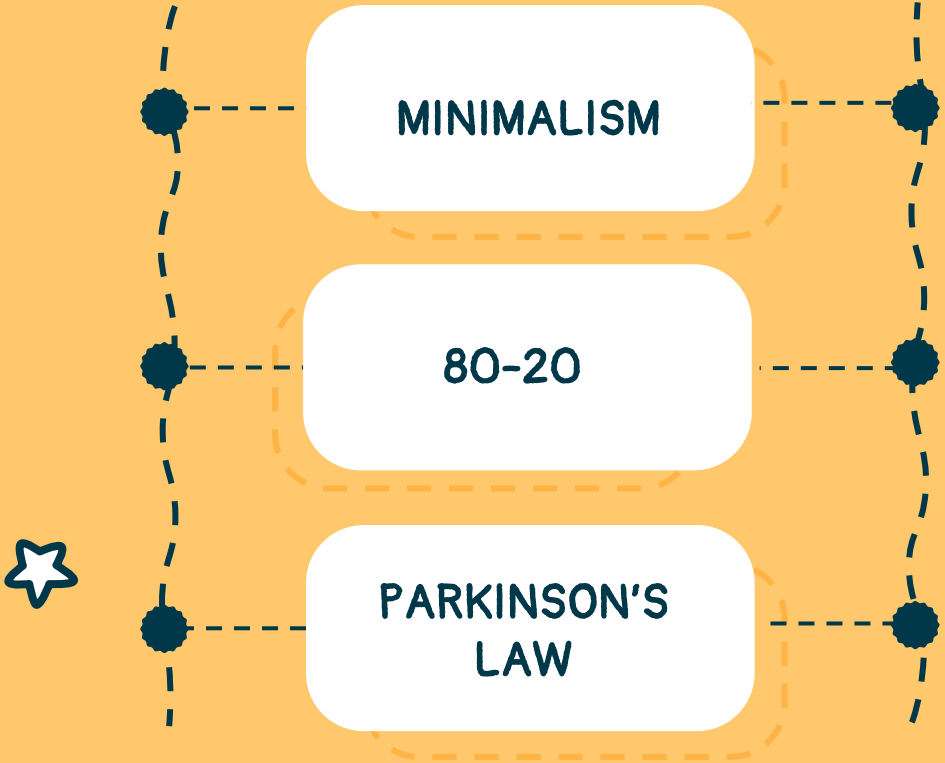
1.

THINKING

2.

METHOD

# 1. THINKING



# a. MINIMALISM

Prioritizing the Most Strategic Work First

# b. 80-20

- 80% OUTPUT FROM 20% INPUT
- FIND 20% WHAT,WHY,WHEN,WHERE,HOW
-SIMULATE THAT SITUATION

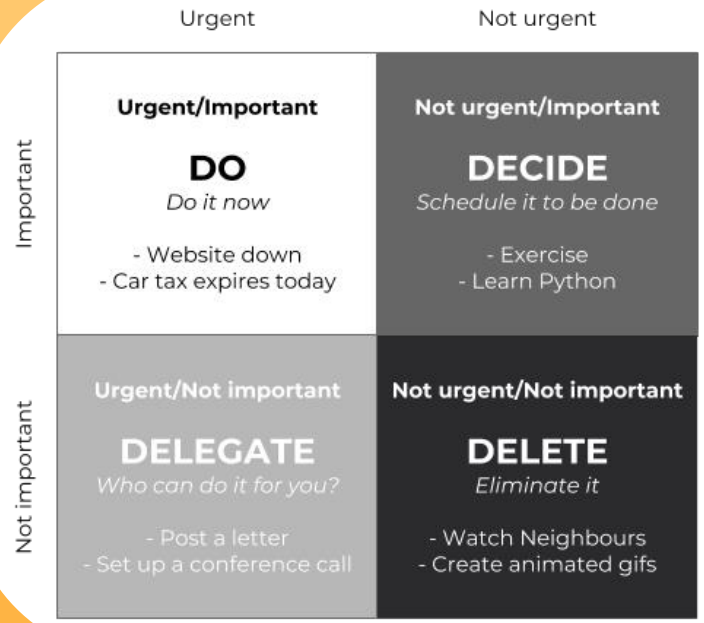
# c. PARKINSON

- WORK EXPANDS TO FILL THE TIME AVAILABLE FOR IT'S COMPLETION

# 2. METHOD

- EISENHOWER MATRIX + M.I.T
- RELEVANCE
- BATCHING
- ACTIVE RECALL + SPACED REPETITION
- TEACHING TO LEARN
- BE PRESENT

# a. EISENHOWER MATRIX + M.I.T



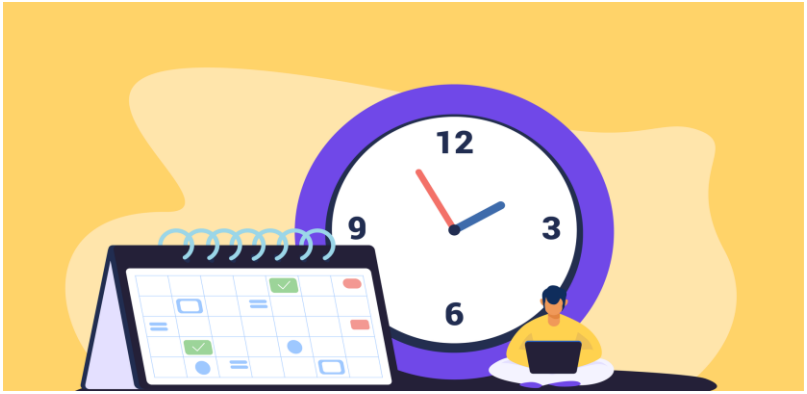

1-3 MOST IMPORTANT TASKS/DAY

# b. RELEVANCE

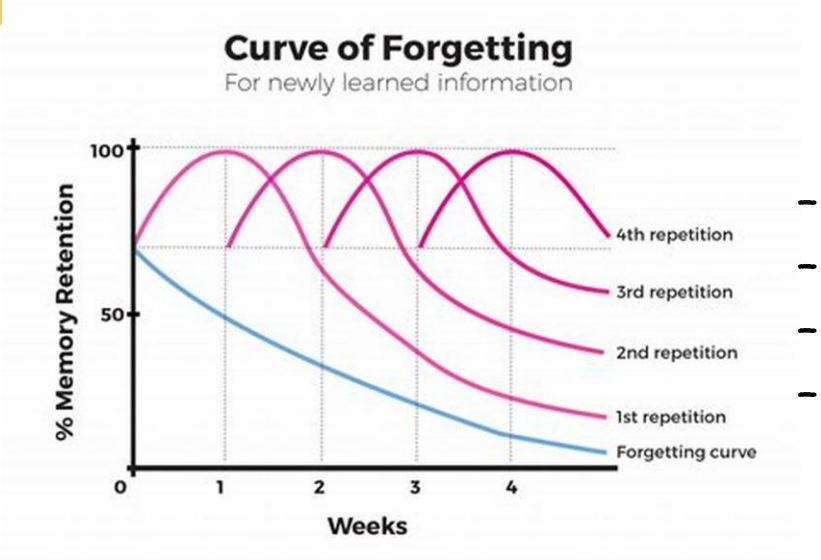
- RESEARCH
- SCAN KEYWORD
- PREDICTION DEFINITION
- LOOK UP CORRECT MEANING

# c. BATCHING

Grouping similar tasks completing in a single session



# d. ACTIVE RECALL + SPACED REPETITION




- Retrieve Information
- Self-Testing
- Frequent Practice
- Feedback

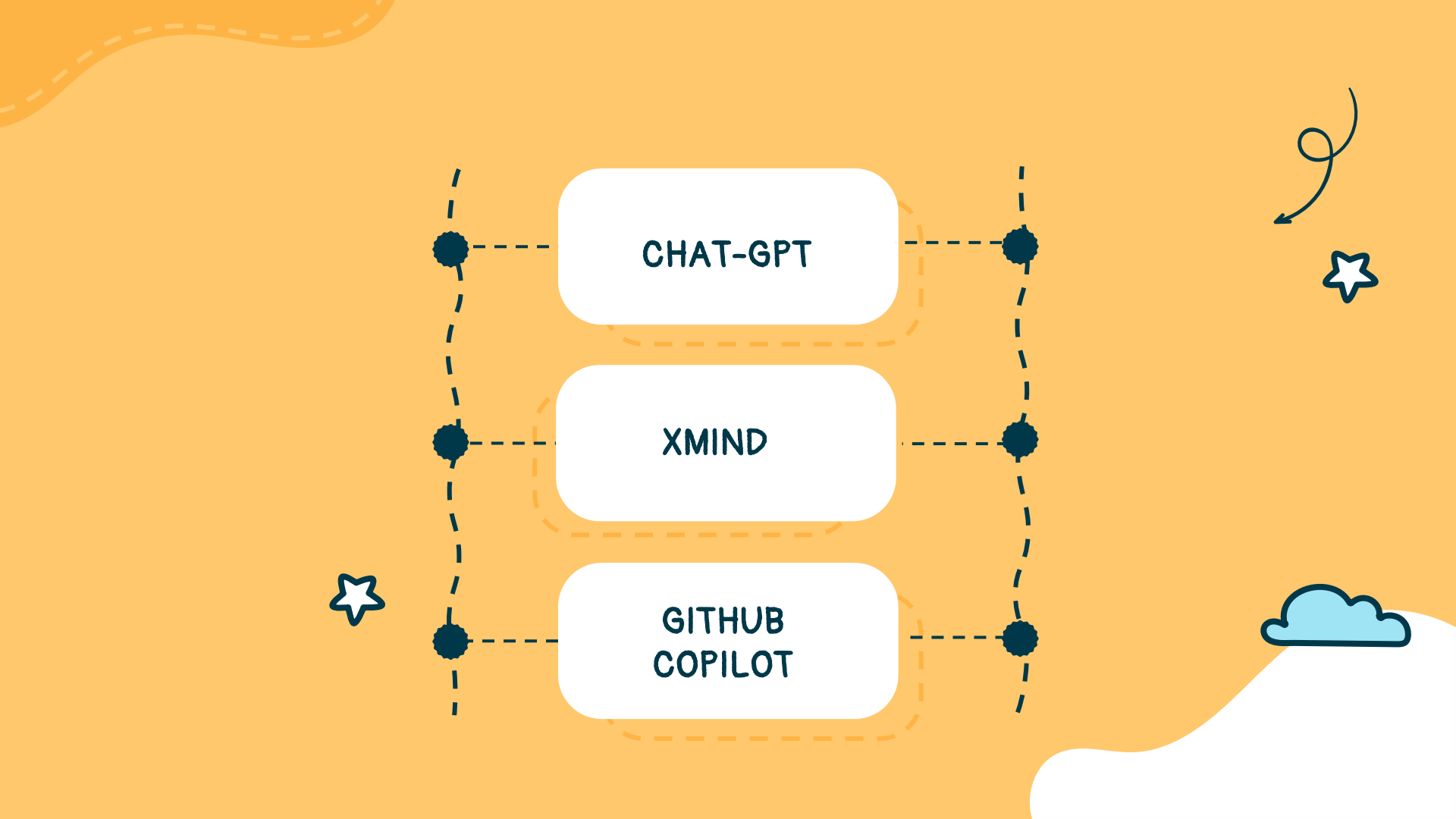
# e. TEACHING TO LEARN

- Deeper Understanding
- Clarification of Concept
- Identification of Knowledge Gaps
- Application of Knowledge

# f. BE PRESENT

100% WORK
100% LIFE

# IV.TECHNOLOGY AND LEARNING

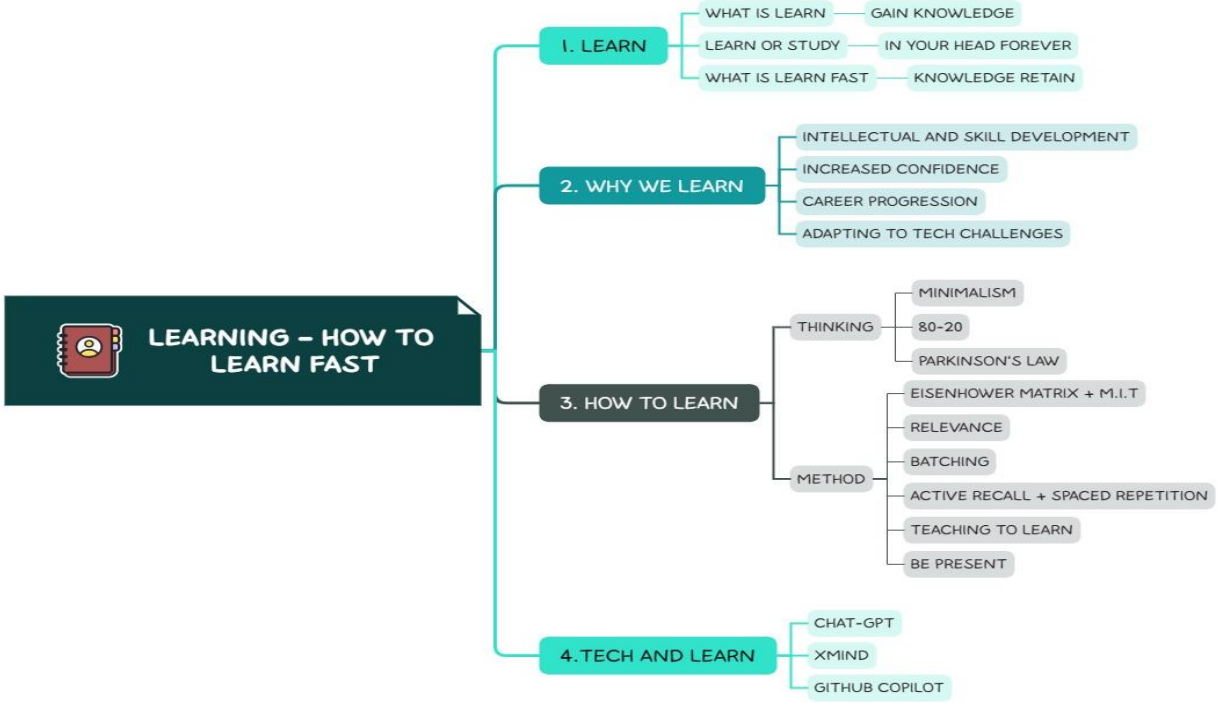

CHAT-GPT
XMIND
GITHUB
COPILOT

# CHAT-GPT

XMIND


CHAT-GPT

# CONCLUSION



# CREDIT

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# THANKS FOR READING

MEUMOC~~~~~~~