

# **ALLIANCE OF THE TWO HEARTS**

**Communion of Reparation**  
**All Night Vigil Prayer Guide**

*First Friday-First Saturday Devotion  
in Honor of the Sacred Heart of Jesus and  
the Immaculate Heart of Mary*

# **ALLIANCE OF THE TWO HEARTS**

**Communion of Reparation  
All Night Vigil Prayer Guide**



**Two Hearts Media Organization**

**Nihil Obstat**

*+Most Rev. Leo Drona, SDB, DD  
Bishop of San Jose, Nueva Ecija*

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*+His Eminence Ricardo J. Cardinal Vidal, DD  
Archbishop of Cebu  
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**Two Hearts Media Organization**  
**P.O. Box 1179, Hanceville, AL 35077 USA**  
**[thmobookstore@aol.com](mailto:thmobookstore@aol.com)**

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# Contents

Origin of the Nine Offices	1
Why We Need to Pray and Make Reparation?	4
What is Alliance of the Two Hearts?	7
The Daily and Monthly	
Communion of Reparation	9
Schedule of Reparation Vigil	13
<b>SACRAMENT OF RECONCILIATION</b>	<b>16</b>
Penitential Service	16
Guide of Examination of Conscience	20
How to Make a Sacramental Confession	23
<b>HOLY ROSARY</b>	<b>25</b>
Joyful Mysteries	26
Sorrowful Mysteries	35
Glorious Mysteries	43
Luminous Mysteries	51
<b>HOLY EUCHARIST</b>	<b>63</b>
<b>HOLY HOURS OF ADORATION</b>	<b>66</b>
Exposition of the Blessed Sacrament	66
Nine Offices of the Sacred Heart of Jesus	68
First Office: Worshipper	68
Second Office: Lover	73
Third Office: Victim	77
Fourth Office: Disciple	81
Fifth Office: Faithful Servant	84
Sixth Office: Suppliant	88
Seventh Office: Promoter	92

Eighth Office: Zealous Friend	95
Ninth Office: Reparator	99
Benediction of the Blessed Sacrament	104
Saturday Office of Readings	107
Appendix	
Act of Consecration and renewal of promises	114
Family Consecration to the Holy Family of Nazareth	114
Promise of Virginity	116
Pledge of Conjugal Chastity for Married Couples	118
Pledge to live the Communion of Reparation	120
What is Penance?	121
Twelve Promises of the Sacred Heart	124
Nine Thorns of the Sacred Heart	125
Chaplet of Divine Mercy	125
Prayer before a Crucifix	128
Seven Sunday Devotion to St. Joseph	129

## **Origin of the Nine Offices**

The word “office” or “officium” in Latin is a **pledge of prayer** which is promised to the Divinity or to the Blessed Virgin Mary in exchange for graces. Holy Mother Church continues this beautiful tradition as seen in many of its prayers and spiritual exercises, e.g. the Divine Office (Liturgy of the Hours), Office of the Blessed Virgin Mary, etc.

### **Where did the Nine Offices start? Why nine prayers?**

It all started from the request made by the Sacred Heart of Jesus Christ to St. Margaret Mary Alacoque when He appeared to her at the Visitation Convent at Paray le Monial in France from 1673-1675 for 9-first Friday devotion throughout the year. Censured by her superiors from doing so, it was her spiritual director (St. Claude de la Colombiere) who practically started the devotion.

St. Claude de la Colombiere (1641-1682) started to compose prayers out of the messages of the Sacred Heart of Jesus to St. Margaret Mary Alacoque. Since Jesus asked for 9-first Friday vigils of reparation from Margaret

Alacoque to obtain graces, to keep the people busy during the night, Fr. Colombiere introduced the meditation of the messages of the Sacred Heart of Jesus to St. Margaret. St. Margaret consented to this and found it very helpful. Although she herself could hardly do it because of her superiors' disapproval, her spiritual director who was a good professor and preacher, nonetheless, highly recommended it to all.

Fr. Joseph Gallifet, the assistant Superior General of the Jesuits who was responsible for spreading the Sacred Heart devotion also promoted it. Unfortunately, bishops and cardinals opposed this devotion to the Sacred Heart. It took almost 150 years before it was approved officially as a devotion in the Universal Church. After sometime it developed into the nine offices.

When St. John Bosco was asked by Pius IX in 1868 to build the Basilica of the Sacred Heart of Jesus in Rome, this great saint chose these Nine Offices to the Sacred Heart, composed by St. Colombiere, to be the prayer said every first Fridays at the said Basilica. He then had it incorporated into the Salesian

devotion until Vatican II when everything was considered a myth.

After 1994, when the chairmen of the *Alliance of the Holy Family International* (AHFI,) Ricardo Cardinal Vidal, Bishop Leo Drona and Bishop Jesus Varela with Archbishop Pedro Dean, Bishop Ramon Villena, and other bishops and priests of the movement presented the devotional materials used by the AHFI to promote the *Communion of Reparation Vigil* and the *House-to-House Evangelism*, to the Congregation for the Doctrine of Faith (CDF), the materials were blessed and received verbal approval from the prefect who was then Joseph Cardinal Ratzinger (now Pope Benedict XVI) and his Secretary, Archbishop Tarcisio Bertone, (now Cardinal Bertone and the Vatican's Secretary of State). Both these prelates urged the AHFI bishops to continue with the apostolate of promoting the Alliance of the Two Hearts both as devotion and as a way of life. This is the reason why we are praying the Nine Offices of the Sacred Heart of Jesus up to now in all our vigils throughout the world.

## **Why We Need to Pray and Make Reparation**

In 1675, Jesus asked St. Margaret Mary Alacoque to make “reparation” on nine First Fridays to His Most Sacred Heart which was outraged by so much sin. The Angel of Peace who appeared to the three children of Fatima in 1916 confirmed this when in the prayer he taught them by saying: “for the outrages, sacrileges, and indifference by which He is offended...” Then in 1917, Our Lady of Fatima asked that reparation to Her Immaculate Heart also be made for five consecutive First Saturdays because of the blasphemies against (1) her Immaculate Conception; (2) her virginity; (3) her divine motherhood, as well as her spiritual motherhood of men; (4) the sins of those who teach indifference and hatred against her in the hearts of children; and (5) the sacrileges of those who outrage her in her holy images.

On December 10, 1925, Our Lord told Sr. Lucia, the visionary of Fatima: “Have pity on the heart of your Most Holy Mother. It is covered with thorns with which ungrateful men

pierce at every moment, and there is no one to remove them with an act of reparation..." Our Lady then promised: "If my requests are heard, my Immaculate Heart will triumph...and an Era of Peace will be granted to mankind." Writing to Fr. Jose Bernardo Goncalves on May 18, 1936, Sr. Lucia also revealed Jesus' desire to have the devotion to the Immaculate Heart of His Mother be put alongside the devotion to His Most Sacred Heart.

Today as the "Culture of Death" becomes the lifestyle of many, Our Lord's request for **prayer** and **reparation** becomes more urgent than ever. The Adversary is out to destroy the *family* because it is the heart of the church and society. A holy family makes a holy church and creates a holy society. It is no wonder then that the fiercest spiritual battle is fought right inside the home. Parents against their children, children against their parents, spouses against each other. Unfortunately, many lose in spiritual warfare because they either do not know it exists or they just do not believe in it.

But what we are now seeing: delinquent youths, separated spouses, licentiousness, rebellion, are strong indications that spiritual warfare is indeed real. No human effort can ever win in spiritual warfare. Since the Enemy is spiritual, then the weapons to fight him with must also be spiritual. **Prayer** and **reparation** are the weapons which the Sacred Heart of Jesus and the Immaculate Heart of Mary give us today to win in this spiritual battle. Parents are being asked to pray and make reparation for their children who are into the "Culture of Death". Children are also being asked to pray and make reparation for holiness of life in their home. Everyone is being asked to pray and make sacrifices especially in these troubled times, to pay for the outrages and sacrileges committed against God and the Blessed Mother and for peace and unity in the family.

The urgent request to make "reparation" to the Hearts of Jesus and Mary NOW (said with tears and blood by Our Lady over the centuries and to countless holy men and women like St. Margaret Mary Alacoque, St.

John Eudes, St. Faustina Kowalska, St. Catherine Laboure, St. Peter Julian Eymard, St. Bernadette, etc.) is what TODAY the “Alliance of the Two Hearts Communion of Reparation” is all about.

## **What is the Alliance of the Two Hearts?**

The “Alliance of the Two Hearts” is a “covenant of love” between God and Mary. It is a “covenant of love” between God and man whom Mary represents. Mary’s perfect response to the Incarnation of the Second Person of the Trinity preempts what mankind’s response ought to be to God’s invitation of love—“fiat”. Her “fiat”, which began at the Annunciation, was lived through and completed on Calvary, in total union with Jesus’ suffering on the Cross. It is the ultimate manifestation and test of love.

This covenant of love becomes a continuous response when it becomes a way of life. The “Alliance of the Two Hearts” is therefore more than a devotion, it is a way of life. Through its Eucharistic-centered lifestyle, the Alliance of the Two Hearts is concretely lived in the

practice of the *Communion of Reparation* with its four basic elements: **Rosary**, **Reconciliation**, **Eucharist**, and **Holy Hours of Adoration**. It is a “communion” because people are brought together to pray and make reparation together as one family united in spirit and intention. It is “reparation” because this is what is needed to pay for mankind’s rejection of God’s invitation of love.

Through the Communion of Reparation, the Alliance of the Two Hearts is first introduced into the family by way of consecration to the Hearts of Jesus and Mary. Significantly, this family act of consecration means that from then on, Jesus and Mary will reign as King and Queen in their home. Acceptance of Their Hearts also means promising to live daily the elements of the Communion of Reparation: praying of the Rosary as a *family*, examination of conscience and regular Confession, reception of the Holy Eucharist in the Mass, and at least fifteen minutes to one hour Adoration of the Blessed Eucharist.

## The Daily and Monthly Communion of Reparation

This *daily family Communion of Reparation* culminates into the *First Friday-First Saturday Communion of Reparation* which is an all-night reparation vigil offered in atonement for the heinous sins of mankind grievously offending the Sacred Heart of Jesus and the Immaculate Heart of Mary. Attended by all the families who practice the *daily Communion of Reparation*, the *monthly* all-night Communion of Reparation vigil is held at the parish, under the supervision of the pastor and with all mandated religious organizations in support. It is an effective means of bringing back more families to the Church, the Sacraments, and to the parish-community. From the family to the parish, holiness of life then becomes an everyday experience.

The lifestyle of the Alliance of the Two Hearts through the Communion of Reparation provides the all important elements necessary

in restoring holiness and unity in the home, parish, diocese, and society.

St. Francis of Sales in his book "Introduction to the Devout Life" affirms that for a devotion to be true, it must flower into charity. Anyone who aspires for greater sanctity seeks the perfection of charity in its daily practice. The Alliance of the Two Hearts as a lifestyle facilitates the growth of charity both in the home and in the community through its devout practice of the monthly and daily Communion of Reparation.

Pope John Paul II, the foremost theologian of the Alliance of the Two Hearts urged the faithful in his message to the 1986 *Int'l. Theological and Pastoral Symposium on the Alliance of the Two Hearts* in Fatima: "It is my prayer that your initiative will make the Alliance of the Hearts of Jesus and Mary better understood and appreciated by the People of God and thus promote the devotion to the Hearts of the Son and His Mother in our own day." Furthermore, in 1995, after 20 years of much debate, the theological foundations of

the Alliance of the Two Hearts was finally defined. In the book, **Alliance of the Two Hearts: The Core of Our Faith**, the Alliance of the Two Hearts has been described by noted theologians as:

- ...“absolutely central in the Scriptures and well describes the mystery of the Christian faith.” (*Fr. Ignace de la Potterie, SJ*)
- ...“the cult of the Heart of Jesus and Mary is truly the core and basis of our faith and our whole life.” (*Canon Rene Laurentin*)
- ...“the Heart of Christ and the Heart of Mary are one...a liturgical celebration renders it actual.” (*Fr. Ignazio Calabuig*)
- ...“The Hearts of Jesus and Mary must be incarnated in a lifestyle that makes the action of every Christian and of the whole ecclesial community Marian.” (*Fr. Angelo Amato SDB*)
- ...“the Communion of Reparation is a most effective means of expressing our love for the Hearts of the Mother and the Son.” (*Fr. Frederick Jelly OP*)

For this reason the **Alliance of the Two Hearts: All Night Vigil Prayer Guide**, was put together to initiate the faithful into developing a deep Eucharistic-centered lifestyle by living the sacramental acts of reparation and sacrifice every First Friday-First Saturday in honor of the Sacred Heart of Jesus and the Immaculate Heart of Mary. It is everyone's concrete and serious response to Jesus and Mary's invitation of love to bring peace and holiness in the home, in the Church, and in the society.

## Schedule of Reparation Vigil

The following schedule can be modified by the pastor or the Communion of Reparation team depending on the situation in the parish and provided that the reparation vigil (1) lasts from the evening of First Friday to the morning of First Saturday in honor of the Sacred Heart of Jesus and the Immaculate Heart of Mary; (2) the four elements of the Communion of Reparation which is the Rosary, Eucharist (Holy Mass), Confession, and Holy Hours of Adoration of the Blessed Sacrament are present; (3) the format of the Holy Hours, specifically that of the Nine Offices, is not altered; and (4) the office of the Immaculate Heart on First Saturday is prayed.

For countries where the following schedule can be faithfully followed, it is best to retain the format since it bears the approval of the bishops from the six continents where all-night Communion of Reparation vigils are being practiced. Otherwise, minimal change can be adapted by the team, provided however that the essential elements mentioned above are not changed.

## First Friday

8:00 PM Registration/Praise and Worship

9:00 PM Welcome & Inspirational

Talk by Parish Priest/Pastor

10:00 PM Rosary/Confession (*Penitential Service can be conducted prior to Confession proper. It is important to remind every vigiler to go to Confession in order to fulfill the four requirements of the Communion of Reparation.*)

11:00 Mass (For First Friday)

-Family Consecration to the Holy Family

-Pledge of Virginity for Young People

-Pledge of Conjugal Chastity for Married Couples

## First Saturday

12:00 AM Coffee Break (Agape)

1:00 Praise and Worship/Rosary

1:30 Exposition of the Blessed Sacrament/  
Nine Offices of the Sacred Heart

(*For every office, there must be a:*

(1) Witness to lead the vigilers into reflection and adoration of the Blessed Sacrament;

(2) Prayer Leader, to facilitate the sequence of prayers and reflection;

(3) Song Leader, to provide the meditation songs or music during adoration.)

- (1st Office) Worshipper
  - (2nd Office) Lover
  - (3rd Office) Victim
  - (4th Office) Disciple
  - (5th Office) Faithful Servant
  - (6th Office) Suppliant
  - (7th Office) Promoter
  - (8th Office) Zealous Friend
  - (9th Office) Reparator
- 3:30 Benediction
- 3:45 Dawn Procession/Rosary/Singing of Marian Songs
- 4:30 Office of the Immaculate Heart of Mary
- 5:00 Mass for the Immaculate Heart of Mary
- 6:00 Announcements of House Enthrone-  
ments, Bible Study, or prayer group  
meetings

# SACRAMENT OF RECONCILIATION

## Penitential Service

Introductory Rite

    Song

    Greeting

    Opening Prayer

Liturgy of the Word

    First Reading

    Responsorial Psalm

    Gospel Reading

    Homily

Rite of Reconciliation

    Examination of Conscience

    (*see guide on page 20*)

**Deacon/Priest:** Let us pray. Heavenly Father, we are Your people redeemed by the precious blood of Your Son; as we come to celebrate the wonder of Your merciful forgiveness, help us to examine our conscience that we might acknowledge our sinfulness with humility and contrition. We ask this through Jesus Christ, our Lord.

**All:** Amen.

**Deacon/Priest:** As we listen to Jesus' words, let us ask His forgiveness for the times when

we have failed to live His word. "If you forgive the faults of others, your heavenly Father will forgive you yours. If you do not forgive others, neither will your Father forgive you." (Matthew 6:14-15)

**All:** Forgive us, Lord, for the times when we have failed to forgive our brothers and sisters; for the times when we have harbored grudges in our hearts; for the times when we have chosen to be petty and selfish.

**Deacon/Priest:** "No man can serve two masters. He will either hate one and love the other or be attentive to one and despise the other. You cannot give yourself to God and money." (Matthew 6:24)

**All:** Forgive us, Lord for being too attached to our possessions; for being too concerned about the things of this world; for being selfish with the gifts You have given us; for failing to respond to the needs of our poor brothers and sisters.

**Deacon/Priest:** "Treat others the way you would have them treat you; this sums up the law and the prophets." (Matthew 7:12)

**All:** Forgive us, Lord, for failing to treat one another with respect; for failing to see Your presence in those with whom we share our lives; for failing to acknowledge that we are all children of a common Father.

## GENERAL CONFESSON OF SINS

**Deacon/Priest:** My brothers and sisters, confess your sins and pray for each other, that you may be healed.

**All:** I confess to Almighty God, and to you my brothers and sisters, that I have sinned through my own faults, in my thoughts, and in my words, in what I have done and in what I have failed to do, and I ask the Blessed Mary ever Virgin, all the angels and saints, and you my brothers and sisters to pray for me to the Lord our God. Amen.

**Deacon/Priest:** The Lord is merciful. He makes us clean of heart and leads us out into His freedom when we acknowledge our guilt. Let us ask Him to forgive us and bind up the wounds inflicted by our sins.

**Deacon/Priest:** Let us now pray to God, our Father, in the words Christ gave us, and ask Him for His forgiveness and protection from evil.

**All:** Our Father . . .

**Priest:** Lord, draw near to Your servants who in the presence of your Church confess that they are sinners. Through the ministry of the Church free them from all sin so that renewed in spirit they give You thankful praise. We ask this through Christ our Lord.

**All:** Amen.

## Rite of Reconciliation

To make a good Confession, certain conditions must be fulfilled:

- (1) A thorough and honest examination of conscience must be made by the penitent;
- (2) All known mortal and preferably all venial sins must be confessed to a priest;
- (3) The penitent must feel true contrition for having offended God;
- (4) There must be a sincere desire to amend one's life patterned after the footsteps of Jesus Christ through the example of Mother Mary.

A *bad confession* has been made when the penitent deliberately and consciously hides at least one mortal sin from the priest or confessor. Immediately, the Confession is made invalid and the penitent commits the sin of sacrilege if he or she receives Holy Communion afterwards. It is necessary therefore that a thorough examination of conscience be made a few minutes before going to Confession. When confessing, it is better to begin from gravest sin to the least. This is an act of true humility and remorse for having offended God.

## Guide for Examination of Conscience

- Did I deny or doubt God's existence?
- Did I refuse to believe God's revelations?
- Did I believe in horoscopes, fortune tellers, dreams, good luck charms, or reincarnation?
- Did I ever deny that I was a Catholic?
- Did I entertain the idea of leaving my Catholic faith?
- Did I despair of or presume God's mercy?
- Did I neglect my prayers for a long time?
- Did I blaspheme God or take God's name in vain, curse, or break an oath or vow?
- Did I miss Mass on Sunday or a holy day of obligation through my own fault?
- Am I always reverent in the presence of the Most Blessed Sacrament?
- Was I inattentive during Mass? Did I come to Mass late? Did I leave Mass early?
- Did I keep the Lord's day holy?
- Did I disobey or show disrespect to my parents or legitimate superiors?
- Did I neglect my duties to my spouse, children or parents?
- Did I fail to actively take an interest in the religious education and formation of my children?
- Did I fail to educate myself on the true teachings of the Church?

- Did I give a fair wage to my employees?
- Did I cause scandal by what I said or did, especially to the young?
- Was I the cause of anyone leaving the faith?
- Was I impatient, angry, envious, unkind, proud, lazy, jealous, vengeful, hateful, and unforgiving toward others?
- Did I show bad examples, abuse drugs, drink alcohol to excess, fight or quarrel?
- Did I physically injure or kill anyone?
- Did I personally commit or advise anyone to have an abortion?
- Did I participate in or approve the practice of mercy killing?
- Did I attempt to commit suicide?
- Did I willfully entertain impure thoughts or desires? Did I dress immodestly?
- Did I use impure or suggestive words, tell impure stories, or listen to them?
- Did I deliberately look at or watch obscene shows on TV, plays, pictures, or movies? Or did I deliberately read pornographic materials?
- Did I perform impure acts by myself or with others? What acts?
- Did I marry or advise another to marry outside the Church?
- Did I abuse my marital rights? Have I been unfaithful to my marriage vows?

- Did I have an illicit liaison with someone else's spouse?
- Did I practice artificial birth control or had myself or my spouse sterilized?
- Did I steal, cheat, help, or encourage others to steal, or keep stolen goods? Did I make restitution for stolen goods?
- Did I fulfill my contracts; give or accept bribes; pay my bills, rashly gamble or speculate; and did I deprive my family of the necessities in life?
- Did I tell lies to deliberately deceive or injure others by my lies?
- Did I commit perjury? Did I gossip or reveal others' faults and sins?
- Did I fail to keep secrets told to me in confidence?
- Did I observe Church teachings on abstinence and fasting during Lent? Did I fulfill my Easter duties? Did I fail to confess at least once a year?
- Did I ever go to Holy Communion in the state of mortal sin? Did I fast for one hour from food and drink before partaking of the Holy Eucharist?
- Did I ever make a bad Confession?
- Did I voluntarily refuse to contribute to support the Church?

## How to Make a Sacramental Confession to a Priest

- (1) Make the (†) Sign of the Cross and say: "Bless me Father, for I have sinned. It has been (say the length of time) since my last Confession. I accuse myself of the following sins..."
- (2) Enumerate ALL mortal sins first, and the number of times they were committed. Second, enumerate all venial sins, and the number of times they were committed. Then renew your sorrow for all the sins you have committed in your past life, even those which you may have already confessed by saying: "And for these and all the sins of my past life, I am truly sorry to God."
- (3) Listen attentively to the priest's advice and accept the penance he will give.
- (4) Pray the Act of Contrition.

### Act of Contrition

*O my God, I am heartily sorry for having offended You, and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most*

*of all, because they offend You my God, who are all good and deserving of all my love. I firmly resolve, with the help of Your Grace, to confess my sins, to do penance and to amend my life. Amen.*

- (5) Wait for the priest's absolution and say "Thank you, Father" once it has been given. Leave the confessional and immediately perform the "penance" given by the priest. The Confession is rendered incomplete, if not, without full merit if the penance is not performed by the penitent.

## **INDIVIDUAL CONFESSION BEGINS**

## HOLY ROSARY

We all know the usual way of praying the Rosary. This beautiful practice must never be stopped. Pope Paul VI, however, suggests in his encyclical, *Marialis Cultus*, that all Marian practices be based on the Word of God to deepen the faithful's love for Holy Scriptures. Hence, the original Rosary practice initiated by St. Dominic, which uses mostly the Scriptures in meditating the life, death, and resurrection of Jesus Christ, can serve as an alternative. After all, this was the original practice of Catholics from 1200 AD until 1900 AD.

Following is a Scriptural Rosary format which can be used as an alternative to the usual praying of the Rosary. It is advisable to pray the four mysteries —Joyful, Luminous, Sorrowful, and Glorious, kneeling down so that there is penance offered. The important element of this method, however, is the meditative aspect of the Word of God.

**All:** † In the Name of the Father, the Son and of the Holy Spirit. Amen.

**All:** (Apostle's Creed) I believe in God...

**Leader:** Our Father...Hail Mary..., Holy Mary...  
(3x), Glory be...

## THE JOYFUL MYSTERIES

### (1) The Annunciation

*Our Father...*

**Leader:** The angel Gabriel was sent from God to a Virgin, and the name of the Virgin was Mary. (Lk 1:26-27) *Hail Mary... Holy Mary...*

**Leader:** Upon arriving, the angel said to Her: "Rejoice O highly favored daughter! The Lord is with you. Blessed are you among women." (Lk 1:28) *Hail Mary... Holy Mary...*

**Leader:** When she heard him, she was troubled at his word, and kept pondering what manner of greeting this might be. (Lk 1:29) *Hail Mary... Holy Mary...*

**Leader:** And the angel said to her: "Do not be afraid Mary, for you have found grace with God." (Lk 1:30) *Hail Mary... Holy Mary...*

**Leader:** "Behold you shall conceive in your womb, and shall bring forth a Son; and you shall call His name Jesus." (Lk 1:31) *Hail Mary... Holy Mary...*

**Leader:** "He shall be great, and shall be called the Son of the Most High; and His Kingdom shall have no end." (Lk 1:32-33) *Hail Mary... Holy Mary...*

**Leader:** But Mary said to the angel: "How can this be since I know no man?" (Lk 1:34) *Hail Mary... Holy Mary...*

**Leader:** "The Holy Spirit shall come upon you and the power of the Most High shall overshadow you." (Lk 1:35) *Hail Mary... Holy Mary...*

**Leader:** "And therefore, the Holy One to be born shall be called the Son of God." (Lk 1:38) *Hail Mary... Holy Mary...*

**Leader:** "Behold the handmaid of the Lord; be it done to me according to your word." (Lk 1:38) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

## (2) The Visitation of the Virgin Mary to Her Cousin Elizabeth

*Our Father...*

**Leader:** Now Mary went into the hill country.

And she entered the house of Zechariah and greeted Elizabeth. (Lk 1:39-40) *Hail Mary... Holy Mary...*

**Leader:** When Elizabeth heard the greeting of Mary, the baby in her womb leapt. And she was filled with the Holy Spirit. (Lk 1:41) *Hail Mary... Holy Mary...*

**Leader:** And she cried out: "Blessed are you among women and blessed is the Fruit of your womb." (Lk 1:42) *Hail Mary... Holy Mary...*

**Leader:** "And blessed is she who believed because the things promised her by the Lord shall be accomplished." (Lk 1:45) *Hail Mary... Holy Mary...*

**Leader:** And Mary said: "My soul proclaims the greatness of the Lord and my spirit rejoices in God my Savior; for He has regarded the lowliness of His handmaid." (Lk 1:46-48) *Hail Mary... Holy Mary...*

**Leader:** "For behold, henceforth, all generations shall call me blessed; for He who is mighty has done great things for me." (Lk 1:48-49) *Hail Mary... Holy Mary...*

**Leader:** "And holy is His Name; and His mercy is from generation to generation on those who fear Him." (Lk 1:49-50) *Hail Mary... Holy Mary...*

**Leader:** "He has shown the strength of His arm. He has scattered the proud in their conceit." (Lk 1:51) *Hail Mary... Holy Mary...*

**Leader:** "He has put down the mighty from their thrones and has exalted the lowly." (Lk 1:52) *Hail Mary... Holy Mary...*

**Leader:** "He has filled the hungry with good things, and the rich He has sent away empty." (Lk 1:53) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

### (3) The Birth of Our Lord, Jesus Christ

*Our Father...*

**Leader:** It came to pass while they were in Bethlehem, the time came for Mary to have her Child. (Lk 2:6) *Hail Mary... Holy Mary...*

**Leader:** And she brought forth her first born Son and wrapped Him in swaddling clothes. (Lk 2:7)

*Hail Mary... Holy Mary ...*

**Leader:** And she laid Him in a manger, because there was no room for them in the inn.(Lk 2:7)

*Hail Mary... Holy Mary...*

**Leader:** And there were shepherds in the same district. And behold the angel of the Lord stood by them. (Lk 2:8-9) *Hail Mary... Holy Mary...*

**Leader:** "Do not be afraid, for behold, I bring you good news of great joy which shall be to all the people." (Lk 2:10) *Hail Mary... Holy Mary...*

**Leader:** "For today in the town of David, a Savior has been born to you, who is Christ the Lord." (Lk 2:11) *Hail Mary... Holy Mary...*

**Leader:** "Glory to God in high Heavens, peace on earth to those on whom His favor rests." (Lk 2:14) *Hail Mary... Holy Mary...*

**Leader:** And behold, the Magi came from the East, and entering, they found the Child with Mary, His mother. (Mt 2:1-11) *Hail Mary... Holy Mary...*

**Leader:** And falling down, they worshipped Him. And they offered Him gifts of gold, frankincense and myrrh. (Mt 2:11) *Hail Mary... Holy Mary...*

**Leader:** Mary kept in mind all these things, pondering them in her heart. (Lk 2:10) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

#### (4) The Presentation of the Child Jesus in the Temple

*Our Father...*

**Leader:** According to the Law of Moses, they took Jesus up to Jerusalem to present Him to the Lord. (Lk 2:27) *Hail Mary... Holy Mary...*

**Leader:** Now there was in Jerusalem a man named Simeon and this man was just and devout, looking for the consolation of Israel. (Lk 2:25) *Hail Mary... Holy Mary...*

**Leader:** And it had been revealed to him that he should not see death before he had seen the Anointed of the Lord. (Lk 2:26) *Hail Mary... Holy Mary...*

**Leader:** And when they brought in the Child Jesus, he received Him into his arms and blessed

God. (Lk 2:27-28) *Hail Mary... Holy Mary...*

**Leader:** "Now You can dismiss Your servant, O Lord, according to Your word in peace." (Lk 2:29)  
*Hail Mary... Holy Mary...*

**Leader:** "Because my eyes have seen Your salvation, which You have prepared before the face of all people." (Lk 2:30-31) *Hail Mary... Holy Mary...*

**Leader:** "A light of revelation to the Gentiles and a glory for Your people Israel." (Lk 2:32) *Hail Mary... Holy Mary...*

**Leader:** And he said to Mary: "Behold, this Child is destined for the fall and for the rise of many in Israel, and for a sign that shall be contradicted. (Lk 2:34) *Hail Mary... Holy Mary...*

**Leader:** "And your own soul, a sword shall pierce, that the thoughts of many hearts may be revealed." (Lk 2:34) *Hail Mary... Holy Mary...*

**Leader:** And they returned to Nazareth. And the Child grew and became strong, and the grace of God was upon Him. (Lk 2:39-40) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the

fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

### (5) The Finding of the Child Jesus in the Temple

*Our Father...*

**Leader:** When Jesus was twelve years old, they went up to Jerusalem according to the custom of the feast. (Lk 2:42) *Hail Mary... Holy Mary...*

**Leader:** And when they were returning, the boy Jesus remained in Jerusalem, and His parents did not know it. (Lk 2:43) *Hail Mary... Holy Mary...*

**Leader:** They returned to Jerusalem in search of Him. And after three days, they found Him in the temple. (Lk 2:45) *Hail Mary... Holy Mary...*

**Leader:** He was sitting in the midst of the teachers, listening to them and asking them questions. (Lk 2:46) *Hail Mary... Holy Mary...*

**Leader:** And all who were listening to Him were amazed at His understanding and His answers. (Lk 2:47) *Hail Mary... Holy Mary...*

**Leader:** "Son, why have You done this to us?"

Behold, in sorrow Your father and I have been looking for You anxiously." (Lk 2:48) *Hail Mary... Holy Mary...*

**Leader:** "How is it that you sought Me? Did you not know that I must be about My Father's business?" (Lk 2:49) *Hail Mary... Holy Mary...*

**Leader:** And they did not understand the word that He spoke to them. (Lk 2:50) *Hail Mary... Holy Mary...*

**Leader:** And He went down with them and came to Nazareth, and was obedient to them. (Lk 2:52) *Hail Mary... Holy Mary...*

**Leader:** And Jesus advanced in wisdom and age and grace before God and men. (Lk 2:52) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

**THE SORROWFUL MYSTERIES****(1) The Agony in the Garden**

*Our Father...*

**Leader:** Then Jesus went with them to a place called Gethsemane and said: "Stay here while I go and pray." (Mt 26:36-37) *Hail Mary... Holy Mary...*

**Leader:** Then He said to them: "My soul is sad, even unto death. Wait here and watch with Me." (Mt 26:38) *Hail Mary... Holy Mary...*

**Leader:** And going forward a little, He fell on the ground and began to pray. (Mk 14:35) *Hail Mary... Holy Mary...*

**Leader:** "Father, if You are willing, remove this cup from Me: yet not My will but Yours be done." (Lk 22:42) *Hail Mary... Holy Mary...*

**Leader:** And there appeared to Him an angel from Heaven to strengthen Him. (Lk 22:43) *Hail Mary... Holy Mary...*

**Leader:** And falling into agony, He prayed the more earnestly. (Lk 22:44) *Hail Mary... Holy Mary...*

**Leader:** And His sweat became as drops of blood running down upon the ground. (Lk 22:44)  
*Hail Mary... Holy Mary...*

**Leader:** Then He came to the disciples and found them sleeping. And He said: "Could you not then

watch one hour with Me?" (Mt 26:40) *Hail Mary... Holy Mary...*

**Leader:** "Watch and pray that you may not enter into temptation." (Mt 26:41) *Hail Mary... Holy Mary...*

**Leader:** "The spirit is indeed willing but the flesh is weak." (Mt 26:41) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

## (2) The Scourging at the Pillar

*Our Father...*

**Leader:** They bound Jesus and delivered Him to Pilate. And Pilate asked Him: "Are You the King of the Jews?" (Mk 15:12) *Hail Mary... Holy Mary...*

**Leader:** Jesus answered: "My Kingdom is not of this world but you say I am a King." (Jn 18:36) *Hail Mary... Holy Mary...*

**Leader:** "This is why I was born and why I have come into the world, to bear witness to the truth." (Jn 18:37) *Hail Mary... Holy Mary...*

**Leader:** Then Pilate said: "I find no guilt in this man. I will therefore chastise Him and release Him." (Lk 23:14-15) *Hail Mary... Holy Mary...*

**Leader:** Pilate then took Jesus and had Him scourged. (Jn 19:1) *Hail Mary... Holy Mary...*

**Leader:** Oppressed and condemned He was taken away—a man of suffering. (Is 53:8) *Hail Mary... Holy Mary...*

**Leader:** Though He was harshly treated, He submitted like a lamb led to the slaughter. (Is 53:7) *Hail Mary... Holy Mary...*

**Leader:** He was pierced for our offenses; crushed for our sins. (Is 53:4) *Hail Mary... Holy Mary...*

**Leader:** It was our infirmities that He bore, our sufferings that He endured. (Is 53:4) *Hail Mary... Holy Mary...*

**Leader:** Upon Him was the chastisement that made us whole, by His stripes, we are healed. (Is 53:5) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

### (3) The Crowning of Thorns

*Our Father...*

**Leader:** Now the soldiers led Him away into the courtyard, and they stripped off His clothes and put on Him a purple cloak. (Mk 15:16) *Hail Mary... Holy Mary...*

**Leader:** And plaiting a crown of thorns, they put it upon His head and a reed in His right hand. (Mt 27:29) *Hail Mary... Holy Mary...*

**Leader:** And kneeling before Him, they mocked Him, saying: "Hail, King of the Jews!" (Mt 27:29) *Hail Mary... Holy Mary...*

**Leader:** And they spat on Him, took the reed, and kept striking Him on the head. (Mt 27:30) *Hail Mary... Holy Mary...*

**Leader:** Pilate again went outside and said: "I bring Him out to you, that you may know I find no guilt in Him." (Jn 19:4) *Hail Mary... Holy Mary...*

**Leader:** Jesus therefore came forth, wearing the crown of thorns and the purple cloak. (Jn 19:5)  
*Hail Mary... Holy Mary...*

**Leader:** And Pilate said to them: "Behold the man!" But they cried out: "Away with Him, crucify Him!" (Jn 19:15) *Hail Mary... Holy Mary...*

**Leader:** "Why, what evil has He done?" But they kept crying out the more: "Crucify Him!" (Mk 15:14) *Hail Mary... Holy Mary...*

**Leader:** "Shall I crucify your King?" And the chief priests answered: "We have no king but Ceasar." (Jn 19:15) *Hail Mary... Holy Mary...*

**Leader:** Then he handed Him over to be crucified. And so the soldiers took Jesus and led Him away. (Jn 19:16) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

#### (4) The Carrying of the Cross

*Our Father...*

**Leader:** "If anyone wishes to come after Me, let him deny himself." (Lk 9:29) *Hail Mary... Holy Mary...*

**Leader:** "And take up his cross daily and follow Me." (Lk 9:23) *Hail Mary... Holy Mary...*

**Leader:** And bearing the cross for Himself, He went forth to the place called the Skull. (Jn 19:17) *Hail Mary... Holy Mary...*

**Leader:** And they laid hold of a certain Simon of Cyrene and upon him, laid the cross to bear it after Jesus. (Lk 23:26) *Hail Mary... Holy Mary...*

**Leader:** "Take My yoke upon you and learn from Me." (Mt 11:20) *Hail Mary... Holy Mary...*

**Leader:** "For I am meek and humble of heart..." (Mt 11:29) *Hail Mary... Holy Mary...*

**Leader:** "And you will find rest for your souls; for My yoke is easy and My burden is light." (Mt 11:29) *Hail Mary... Holy Mary...*

**Leader:** Now a great crowd was following Him, and women who were bewailing and lamenting over Him. (Lk 23:27) *Hail Mary... Holy Mary...*

**Leader:** Jesus, turning to them said: "Do not weep for Me but weep for yourselves and for your

children." (Lk 23: 28) *Hail Mary... Holy Mary...*

**Leader:** "For if in the case of green wood, they do these things, what is to happen in the case of dry?" (Lk 23:31)*Hail Mary ... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

## (5) The Crucifixion and Death of Jesus Christ Our Father...

**Leader:** And when they came to the place called the Skull, they crucified Him. (Lk 23:24)*Hail Mary... Holy Mary...*

**Leader:** And Jesus said: "Father, forgive them for they do not know what they are doing." (Lk 23:34)*Hail Mary... Holy Mary...*

**Leader:** And one of the robbers crucified with Him said: "Lord remember me when You come into Your Kingdom." (Lk 23:42) *Hail Mary... Holy Mary...*

**Leader:** And Jesus said to him: "Amen, I say to you, this day you shall be with Me in Paradise" (Lk 23:43) *Hail Mary... Holy Mary...*

**Leader:** And Jesus saw His mother and the disciple He loves standing by. (Jn 19:26) *Hail Mary... Holy Mary...*

**Leader:** And He said to His Mother: "Woman, behold Your son." Then He said to His disciple: "Behold, your Mother." (Jn 19:26-27) *Hail Mary... Holy Mary...*

**Leader:** And from then on, the disciple took her into his home. (Jn 19:27) *Hail Mary... Holy Mary...*

**Leader:** And the sun was darkened, the earth quaked, and the curtain of the temple was torn into two. (Lk 23:45) *Hail Mary... Holy Mary...*

**Leader:** And Jesus cried out with a loud voice and said: "Father, into Your hands I commend My Spirit." (Lk 23:46) *Hail Mary... Holy Mary...*

**Leader:** Then He bowed His head and delivered over His Spirit. (Jn 19:30) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, espe-

cially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

## THE GLORIOUS MYSTERIES

### (1) The Resurrection of Our Lord

*Our Father...*

**Leader:** "Amen, amen I say to you, you shall be sorrowful, but your sorrow will be turned to joy."

(Jn 16:20) *Hail Mary... Holy Mary...*

**Leader:** "For I will see you again and your heart shall rejoice." (Jn 16:22) *Hail Mary... Holy Mary...*

**Leader:** At early dawn, they came to the tomb, taking the spices that they prepared. (Lk 24:1) *Hail Mary... Holy Mary...*

**Leader:** And behold an angel of the Lord came down from Heaven and drawing near, rolled back the stone. (Mt 28:2) *Hail Mary... Holy Mary...*

**Leader:** "Do not be afraid, for I know that you seek Jesus, who was crucified." (Mt 19:26) *Hail Mary... Holy Mary...*

**Leader:** "He is not here but has risen. Behold

the place where they laid Him." (Lk 24:6) *Hail Mary... Holy Mary...*

**Leader:** "And behold, He goes before you into Galilee, there you shall see Him." (Mt 28:7) *Hail Mary... Holy Mary...*

**Leader:** And they departed quickly from the tomb, in fear and in great joy. (Mt 28:8) *Hail Mary... Holy Mary...*

**Leader:** "I am the resurrection and the life; he who believes in Me even if he dies, shall live." (Jn 11:25) *Hail Mary... Holy Mary...*

**Leader:** "And whoever lives and believes in Me shall never die." (Jn 11:26) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

## (2) The Ascension of the Lord Jesus Christ into Heaven

*Our Father...*

**Leader:** Now He led them out toward Bethany, and He lifted up His hands and blessed them.  
(Lk 24:50) *Hail Mary... Holy Mary...*

**Leader:** Saying: "All powers of Heaven and earth has been given to Me." (Mt 28:18) *Hail Mary... Holy Mary...*

**Leader:** "Go, therefore, and make disciples of all nations." (Mt 28:19) *Hail Mary... Holy Mary...*

**Leader:** "Baptizing them in the name of the Father, Son and Holy Spirit." (Mt 28:19) *Hail Mary... Holy Mary...*

**Leader:** "Teaching them to observe all that I have commanded you." (Mt 28:20) *Hail Mary... Holy Mary...*

**Leader:** "He who believes and is baptized shall be saved." (Mk 16:16) *Hail Mary... Holy Mary...*

**Leader:** "But he who does not believe shall be condemned." (Mk 16:16) *Hail Mary... Holy Mary...*

**Leader:** "And behold I am with you all days, even unto the consummation of the world." (Mt 28:20)  
*Hail Mary... Holy Mary...*

**Leader:** And as it came to pass, He blessed them.  
(Lk 24:51) *Hail Mary... Holy Mary...*

**Leader:** And He was taken up to Heaven and was seated at the right hand of the Father. (Mk 16:19)  
*Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

### **(3) The Descent of the Holy Spirit Upon the Blessed Virgin Mary and the Apostles**

*Our Father...*

**Leader:** When the days of the Pentecost were drawing to a close, they were all together in one place. (Acts 2:1) *Hail Mary... Holy Mary...*

**Leader:** Suddenly from the sky came a noise like a strong driving wind heard throughout the house. (Acts 2:2) *Hail Mary... Holy Mary...*

**Leader:** And there appeared to them parted tongues as of fire, which settled upon each of them. (Acts 2:3) *Hail Mary... Holy Mary...*

**Leader:** And they were all filled with the Holy Spirit and begun to speak of the wonderful works of God. (Acts 2:4) *Hail Mary... Holy Mary...*

**Leader:** Now there were devout Jews staying at Jerusalem from every nation under Heaven. (Acts 2:5) *Hail Mary... Holy Mary...*

**Leader:** And Peter, standing up with the eleven, lifted up his voice and spoke out to them. (Acts 2:14) *Hail Mary... Holy Mary...*

**Leader:** "Repent and be baptized; and you will receive the gifts of the Holy Spirit." (Acts 2:38) *Hail Mary... Holy Mary...*

**Leader:** Now they who received his word were baptized and about three thousand souls were added that day. (Acts 2:41) *Hail Mary... Holy Mary...*

**Leader:** A reverent fear overtook them all, for many wonders and signs were performed by the apostles. (Acts 3:43) *Hail Mary... Holy Mary...*

**Leader:** "Come, O Holy Spirit, fill the hearts of Your faithful; and enkindle in them the fire of Your love." (Pentecost Alleluia) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

- Leader:** Jesus meek and humble of Heart,  
**All:** Make our hearts like unto Thine.  
**Leader:** Chaste heart of St. Joseph,  
**All:** Pray for us.

#### (4) The Assumption of the Blessed Virgin Mary into Heaven

*Our Father...*

**Leader:** "Blessed are you O daughter, by the Lord, the Most High God, above all the women upon the earth." (Jdt 13:23) *Hail Mary... Holy Mary...*

**Leader:** "For He has so magnified your name this day, that your praise shall not depart out of the mouth of men." (Jdt 13:25) *Hail Mary... Holy Mary...*

**Leader:** "You are the glory of Jerusalem, you are the joy of Israel, you are the honor of our people." (Jdt 15:9) *Hail Mary... Holy Mary...*

**Leader:** "May you be blessed by the Lord Almighty forever." (Jdt 15:10) *Hail Mary... Holy Mary...*

**Leader:** "Hear O daughter and see; turn your ear. For the king shall desire your beauty." (Ps 45:11-12) *Hail Mary... Holy Mary...*

**Leader:** And the temple of God in Heaven was opened, and there came flashes of lightning and peals of thunder. (Rev 11:19) *Hail Mary... Holy Mary...*

**Leader:** And a great sign appeared in Heaven: a woman clothed with the sun. (Rev 12:1) *Hail Mary... Holy Mary...*

**Leader:** And the moon was under her feet, and upon her head a crown of twelve stars. (Rev 12:1)  
*Hail Mary... Holy Mary...*

**Leader:** All glorious is the King's daughter as she enters; her raiment is threaded with spun gold. (Ps 45:14) *Hail Mary... Holy Mary...*

**Leader:** Sing to the Lord a new song, for He has done wondrous deeds. (Ps 98:1) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

## (5) The Coronation of the Blessed Virgin Mary as Queen of Heaven and Earth

*Our Father...*

**Leader:** Who is she that comes forth like the

dawn, as beautiful as the moon, as resplendent as the sun? (Sng 6:10) *Hail Mary... Holy Mary...*

**Leader:** Like the rainbow appearing in the cloudy sky; like the blossoms on the branches in spring-time. (Sir 50:7-8) *Hail Mary... Holy Mary...*

**Leader:** Wisdom sings her own praises, before her own people she proclaims her glory. (Sir 24:1) *Hail Mary... Holy Mary...*

**Leader:** Like a fair love tree in the field, like a plane tree growing beside the water. (Sir 24:14) *Hail Mary... Holy Mary...*

**Leader:** "Come to me, all you that yearn for me, and be filled with my fruits." (Sir 24:18) *Hail Mary... Holy Mary...*

**Leader:** "You will remember me as sweeter than honey, better to have than the honeycomb." (Sir 24:19) *Hail Mary... Holy Mary...*

**Leader:** "So now, O children, listen to me; instruction and wisdom do not reject!" (Prov 8:32-33) *Hail Mary... Holy Mary...*

**Leader:** "Happy are those who keep my ways, watching daily at my gates." (Prov 8:33-34) *Hail Mary... Holy Mary...*

**Leader:** "For he who finds me, finds life, and wins favor from the Lord." (Prov 8:33-34) *Hail Mary... Holy Mary...*

**Leader:** "Hail, O holy Queen of Mercy, protect us from the enemy." (Queenship of the BVM) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

## THE LUMINOUS MYSTERIES

### (1) The Baptism of Our Lord

*Our Father...*

**Leader:** Then Jesus appeared. He came from Galilee to the Jordan to be baptized by John. (Mt 3:13) *Hail Mary... Holy Mary...*

**Leader:** John tried to dissuade Him, with the words, 'It is I who need baptism from you, and yet you come to me!' (Mt 3:14) *Hail Mary... Holy Mary...*

**Leader:** But Jesus replied, 'Leave it like this for the time being,' (Mt 3:15) *Hail Mary... Holy Mary...*

**Leader:** 'It is fitting that we should, in this way, do all that uprightness demands.' (Mt 3:15) *Hail Mary... Holy Mary...*

**Leader:** Then John gave in to Him. (Mt 3:15) *Hail Mary... Holy Mary...*

**Leader:** And when Jesus had been baptized, He at once came up from the water... (Mt 3:16) *Hail Mary... Holy Mary...*

**Leader:** And suddenly the Heavens opened... (Mt 3:16) *Hail Mary... Holy Mary...*

**Leader:** and He saw the Spirit of God descending like a dove and coming down on Him. (Mt 3:16) *Hail Mary... Holy Mary...*

**Leader:** And suddenly there was a voice from Heaven. (Mt 3:17) *Hail Mary... Holy Mary...*

**Leader:** 'This is My Son the Beloved; My favor rests in Him.'" (Mt 3:17) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

## (2) The Wedding at Cana

*Our Father...*

**Leader:** On the third day there was a wedding at Cana in Galilee. The Mother of Jesus was there and Jesus and His disciples had also been invited. (Jn 2:1-2) *Hail Mary... Holy Mary...*

**Leader:** And they ran out of wine, since the wine provided for the feast had all been used... (Jn 2:3) *Hail Mary... Holy Mary...*

**Leader:** And the Mother of Jesus said to Him, 'They have no wine.' Jesus said, 'Woman, what do you want from Me? My hour has not come yet.' (Jn 2:4-5) *Hail Mary... Holy Mary...*

**Leader:** His Mother said to the servants, 'Do whatever He tells you.' (Jn 2:5-6) *Hail Mary... Holy Mary...*

**Leader:** There were six stone water jars standing there, meant for the ablutions that are customary among the Jews: each could hold twenty or thirty gallons. (Jn 2:6) *Hail Mary... Holy Mary...*

**Leader:** Jesus said to the servants, 'Fill the jars with water,' and they filled them to the brim. (Jn 2:7) *Hail Mary... Holy Mary...*

**Leader:** Then He said to them, 'Draw some out

now and take it to the steward of the feast.' (Jn 2:8) *Hail Mary... Holy Mary...*

**Leader:** They did this; the steward tasted the water, and it had turned it into wine. Having no idea where it came from, though the servants who had drawn the water knew, the steward of the feast called the bridegroom(Jn 2: 9) *Hail Mary... Holy Mary...*

**Leader:** and said, "People generally serve the best wine first, and keep the cheaper sort till the guests have had plenty to drink; but you have kept the best wine till now.' (Jn 2:10) *Hail Mary... Holy Mary...*

**Leader:** This was the first of Jesus' signs: it was at Cana in Galilee. He revealed His glory and His brothers and His disciples believed in Him. (Jn 2:11) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

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### (3) Proclamation of the Kingdom of God

*Our Father...*

**Leader:** Seeing the crowds, Jesus went up the hill. There He sat down and was joined by His disciples. Then He began to speak. (Mt 5:1-2)  
*Hail Mary... Holy Mary...*

**Leader:** 'How blessed are the poor in spirit: the Kingdom of Heaven is theirs'. (Mt 5:3) *Hail Mary... Holy Mary...*

**Leader:** 'Blessed are the gentle: they shall have the earth as inheritance.' (Mt 5:4) *Hail Mary... Holy Mary...*

**Leader:** 'Blessed are those who mourn: they shall be comforted.' (Mt 5:5) *Hail Mary... Holy Mary...*

**Leader:** 'Blessed are those who hunger and thirst for uprightness: they shall have their fill.' (Mt 5:6) *Hail Mary... Holy Mary...*

**Leader:** 'Blessed are the merciful: they shall have mercy shown them.' (Mt 5:7) *Hail Mary... Holy Mary...*

**Leader:** 'Blessed are the pure of heart: they shall see God.' (Mt 5:8) *Hail Mary... Holy Mary...*

**Leader:** 'Blessed are the peacemakers: they shall be recognized as children of God.' (Mt 5:9) *Hail Mary... Holy Mary...*

**Leader:** 'Blessed are those who are persecuted in the cause of uprightness: the Kingdom of Heaven is theirs.' (Mt 5:10) *Hail Mary... Holy Mary...*

**Leader:** 'Blessed are you when people abuse you and persecute you and speak all kinds of calumny against you falsely on My account.' (Mt 5:11) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

#### (4) The Transfiguration

*Our Father...*

**Leader:** Six days later, Jesus took with Him Peter and James and his brother John and led them up a high mountain. (Mt 17:1) *Hail Mary... Holy Mary...*

**Leader:** There in their presence, Jesus was transfigured. His face shone like the sun and His clothes became as dazzling as light. (Mt 17:2) *Hail Mary... Holy Mary...*

**Leader:** And suddenly Moses and Elijah appeared to them; they were talking with Him. (Mt. 17:3) *Hail Mary... Holy Mary...*

**Leader:** Then Peter spoke to Jesus. 'Lord,' he said, 'it is wonderful for us to be here.' (Mt 17:4) *Hail Mary... Holy Mary...*

**Leader:** 'If You want me to, I will make three shelters here, one for You, one for Moses and one for Elijah'. (Mt 17:4) *Hail Mary... Holy Mary...*

**Leader:** He was still speaking when suddenly a bright cloud covered them with a shadow, (Mt 17:5) *Hail Mary... Holy Mary...*

**Leader:** And suddenly from the cloud there came a voice which said, 'This is My Son, the Beloved; He enjoys My favor. Listen to Him.' (Mt 17:5) *Hail Mary... Holy Mary...*

**Leader:** When they heard this, the disciples fell on their faces, overcome with fear. (Mt 17:6) *Hail Mary... Holy Mary...*

**Leader:** But Jesus came up and touched them, saying: 'Stand up, do not be afraid.' (Mt 17:7) *Hail Mary... Holy Mary...*

**Leader:** And when they raised their eyes, they saw no one but Jesus. (Mt 17:8) *Hail Mary... Holy Mary...*

**Leader:** Glory be...

**All:** As it was in the beginning...

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Your mercy.

**Leader:** Jesus meek and humble of Heart,

**All:** Make our hearts like unto Thine.

**Leader:** Chaste heart of St. Joseph,

**All:** Pray for us.

## (5) Institution of the Holy Eucharist

*Our Father...*

**Leader:** When evening came, Jesus was at table with the twelve disciples. (Mt 26:20) *Hail Mary... Holy Mary...*

**Leader:** And while they were eating, He said, 'I tell you solemnly, one of you is about to betray Me.' (Mt 26:21) *Hail Mary... Holy Mary...*

**Leader:** They were greatly distressed and started asking Him in turn, 'Not I, Lord, surely?' (Mt 26:22) *Hail Mary... Holy Mary...*

**Leader:** Jesus answered, 'Someone who has dipped his hand into the dish with Me will betray Me.' (Mt 26:23) *Hail Mary... Holy Mary...*

**Leader:** Judas, who was to betray Him, asked in his turn, 'Not I, Rabbi, surely?' (Mt 26:25) *Hail Mary... Holy Mary...*

**Leader:** Now as they were eating, Jesus took bread and when He had said the blessing, He broke it and gave it to His disciples. (Mt 26:26)  
*Hail Mary... Holy Mary...*

**Leader:** 'Take it and eat,' Jesus said, 'this is My Body'. (Mt 26:26) *Hail Mary... Holy Mary...*

**Leader:** Then He took the cup, and when He had given thanks He handed it to them. (Mt 26:27) *Hail Mary... Holy Mary...*

**Leader:** saying, 'Drink from this, all of you for this is My Blood, the blood of the covenant, poured out for many for the forgiveness of sins. (Mt 26:28) *Hail Mary... Holy Mary...*

**Leader:** From now on, I tell you, I shall never again drink wine until the day I drink the new wine with you in the Kingdom of My Father.' (Mt 26:29) *Hail Mary... Holy Mary...*

**All:** Hail Holy Queen, Mother of Mercy, hail our life, our sweetness and our hope. To you do we cry poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, your eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary...

**Leader:** Pray for us O Holy Mary, Mother of God,  
**All:** That we may be made worthy of the promises of Christ.

**Leader:** Let us pray...

### LITANY OF THE BLESSED VIRGIN MARY

*(The recitation of the litany is optional. However, if time permits, the faithful is encouraged to recite the following praises.)*

Lord, have mercy on us.

– *Lord, have mercy on us.*

Christ, have mercy on us.

–*Christ, have mercy on us.*

Lord, have mercy on us.

– *Lord, have mercy on us.*

Christ, hear us.

–*Christ, graciously hear us.*

God, the Father in Heaven

– *have mercy on us.*

God, the Son, Redeemer of the world.

– *have mercy on us.*

God, the Holy Spirit.

– *have mercy on us.*

Holy Trinity, one God.

– *have mercy on us.*

Holy Mary,

**PRAY FOR US.**

Holy Mother of God,  
 Holy Virgin of virgins,  
 Mother of Christ,  
 Mother of the Church,  
 Mother of divine grace,  
 Mother most pure,  
 Mother most chaste,  
 Mother inviolate,  
 Mother undefiled,  
 Mother most amiable,  
 Mother most admirable,  
 Mother of Good Counsel,  
 Mother of our Creator,  
 Mother of our Savior,  
 Mother of Mercy,  
 Virgin most prudent,  
 Virgin most venerable,  
 Virgin most renowned,  
 Virgin most powerful,  
 Virgin most merciful,  
 Virgin most faithful,  
 Mirror of justice,  
 Seat of Wisdom,  
 Cause of our joy,  
 Spiritual Vessel,  
 Vessel of honor,  
 Singular vessel of

devotion,  
 Mystical Rose,  
 Tower of David,  
 Tower of Ivory,  
 House of Gold,  
 Ark of the covenant,  
 Gate of Heaven,  
 Morning Star,  
 Health of the sick,  
 Refuge of sinners,  
 Comforter of the  
 afflicted,  
 Help of Christians,  
 Queen of Angels,  
 Queen of patriarchs,  
 Queen of prophets,  
 Queen of Apostles,  
 Queen of martyrs,  
 Queen of confessors,  
 Queen of virgins,  
 Queen of all saints,  
 Queen conceived  
 without original sin,  
 Queen assumed into  
 Heaven,  
 Queen of the most Holy  
 Rosary,  
 Queen of peace.  
 Lamb of God who takes

away the sins of the world... – *spare us O Lord.*  
Lamb of God who takes away the sins of the  
world... – *graciously hear us O Lord.*

Lamb of God who takes away the sins of the  
world... – *have mercy on us.*

**Leader:** Pray for us, O Holy Mother of God,

**All:** That we may be made worthy of the  
promises of Christ.

**All:** O God, whose only begotten Son, by His  
life, death, and resurrection, has purchased for  
us the rewards of eternal life, grant we beseech  
You, that meditating upon these mysteries of  
the Most Holy Rosary of the Blessed Virgin  
Mary, we may imitate what they contain and  
obtain what they promise through the same  
Christ, Our Lord. Amen.

## HOLY EUCHARIST

### Celebration of the Eucharist

The highest form of worship is the Holy Mass. Great care, therefore, must be given to interior preparation before receiving Jesus in the Blessed Eucharist. Communicants should have observed the one-hour fast and should not be conscious of a grave sin. The Sacrament of Reconciliation must be sought, however, for those who are conscious of a grave or mortal sin.

Below are additional prayers which can be said before and after the Mass to gain indulgence.

### PRAYER BEFORE THE HOLY EUCHARIST

*Most Sacred Heart of Jesus, truly present in the Holy Eucharist, I consecrate my body and soul to be entirely one with Your Heart being sacrificed at every instant on all the altars of the world and giving praise to the Father, pleading for the coming of His Kingdom. Please receive this humble offering of myself. Use me as You will for the glory of the Father and for the salvation of souls. Most Holy*

*Mother of God, never let me be separated from Your Divine Son, please defend and protect me as Your special child.*  
Amen.

## SPIRITUAL COMMUNION

*(Everyone is also asked to make continual acts of Spiritual Communion to facilitate deeper devotion and love for Jesus, truly present in the Blessed Sacrament.)*

My Jesus, I believe that Thou art in the Blessed Sacrament. I love Thee above all things and I long for Thee in my soul. Since I cannot now receive Thee sacramentally, come at least spiritually into my heart. (Pause). I embrace Thee and unite myself entirely to Thee. Never permit me to be separated from Thee. Amen.

*(Consecration Prayers found on page 114 are said after the First Friday Holy Mass.)*

## Mass Intentions

(to be added to the Prayers of the Faithful so that everywhere in the world where the reparation vigil is being held, the same intentions are being offered)

- For the end of abortion, euthanasia, and artificial contraception throughout the world; We *pray to the Lord...*
- For the holiness of family life, that through the daily practice of the Communion of Reparation, broken relationships between spouses, and between parents and children will be completely healed; We *pray to the Lord...*
- For more families to be consecrated to the Hearts of Jesus and Mary and more churches to hold the reparation vigils; We *pray to the Lord...*
- For all the intentions of those who participate in the Communion of Reparation vigil throughout the world, particularly those who have requested special prayers on this night and those who are enrolled in the Spiritual Bouquet Program of the Alliance of the Two Hearts; We *pray to the Lord...*
- For all the bishops, priests, and lay supporters of the Alliance of the Two Hearts, that God may protect and bless them abundantly for their generous help in the apostolate; We *pray to the Lord...*

# ADORATION OF THE BLESSED SACRAMENT

## EXPOSITION

### -O SALUTARIS -

O Salutaris  
hostia  
Quae caeli pandis  
ostium  
Bella premunt  
hostilia;  
Da robur,  
fer auxilium.  
Uni trinoque  
Domino  
Sit sempiterna  
gloria;  
Qui vitam sine  
termino,  
Nobis donet  
in patria.  
Amen.

*O Saving Victim  
opening wide,  
The gate of heav'n  
to all below!  
Our foes press on  
from every side;  
Your aid supply,  
Your strength bestow.*

*To Your great Name  
be endless praise.  
Immortal Godhead,  
One in Three;  
O grant us endless  
length of days  
In our true native land  
to be. Amen.*

## SELF-OFFERING BEFORE THE BLESSED SACRAMENT (Please kneel)

**All:** "My God, Father, Son, and Holy Spirit, I offer You all my prayers, actions, and sufferings of this day, in union with the merits of

Jesus Christ, for Your greater glory and in fulfillment of Your most holy will. I offer them also in honor of Mother Mary most holy (*kiss your scapular*), in honor of St. Joseph, of my guardian angel, and all of my patron saints. I offer them for the remission and atonement of my sins; for the conversion of sinners and the dying; for the perseverance of the just, according to the intentions of the Sovereign Pontiff, and to gain indulgences to help the poor souls in Purgatory. I offer them for my own spiritual advantage and that of my brethren, and of all those for whom I am bound to pray; and finally, I offer them in thanksgiving for all the graces which I have received and shall yet receive through the merits of Jesus Christ, Your Son.

**Leader:** Immaculate Heart of Mary, powerful help of Christians,

**All:** Obtain for me a sincere devotion to the Heart of Jesus.

**Leader:** Most Precious Blood of Jesus,

**All:** Save us.

**Leader:** Most Sacred Heart of Jesus,

**All:** Have mercy on us.

**Leader:** Immaculate Heart of Mary,

**All:** Pray for us.

# **Nine Offices of the Sacred Heart of Jesus**

The practice of the Nine Offices is an alliance of angels and men with Jesus and Mary. In this form of worship, nine people or nine groups of devotees make an alliance with the nine choirs of angels, each of the persons or groups of persons taking upon themselves any of these particular offices.

## **FIRST OFFICE: WORSHIPPER**

**Leader:** God is spirit, and those who worship must worship in spirit and truth. (*John 4:24*)

**SONG** (*Please stand*)

## **SPIRITUAL DISPOSITION**

**Leader:** It is our care as **Worshippers** to unite our prayers with the prayers which the Sacred Heart of Jesus offers for us in the Blessed Sacrament. We join our tribute of praise to honor the Eternal Father. Let us all place ourselves in God's presence, striving to feel as a nobody before the Almighty. Let us also strive to acquire a profound feeling of lowness before the Divine Majesty of God. At this moment, let us unite our worship with that of the Most Pure Heart of Mary and the Choir of Dominations. (*Pause*)

**READING:** *John 6:26-27; 35-44; 47-51; 53-58; 60, 66-70*

**Reader:** A reading from the gospel according to St. John

Jesus answered: "In all truth I tell you, you are looking for Me not because you have seen signs but because you had all the bread you wanted to eat. Do not work for food that goes bad, but work for food that endures for eternal life, which the Son of man will give you, for on Him the Father, God Himself, has set his seal.

I am the bread of life. No one who comes to Me will ever hunger; no one who believes in Me will ever thirst. But, as I have told you, you can see Me and still you do not believe. Everyone whom the Father gives Me will come to Me; I will certainly not reject anyone who comes to Me, because I have come from Heaven, not to do My own will, but to do the will of Him who sent Me. Now the will of Him who sent Me is that I should lose nothing of all that He has given to Me, but that I should raise it up on the last day. It is my Father's will that whoever sees the Son and believes in Him should have eternal life, and that I should raise that person up on the last day.

Meanwhile the Jews were complaining to each other about Him, because He had said, 'I

am the bread that has come down from heaven.' They were saying, 'Surely this is Jesus son of Joseph, whose father and mother we know. How can He now say, "I have come down from heaven?"' Jesus said in reply to them, "Stop complaining to each other. No one can come to Me unless drawn by the Father who sent Me, and I will raise that person up on the last day. In all truth I tell you, everyone who believes has eternal life. I am the bread of life. Your fathers ate manna in the desert and they are dead; but this is the bread which comes down from heaven, so that a person may eat it and not die. I am the living bread which has come down from Heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is My flesh, for the life of the world.

In all truth I tell you, if you do not eat the flesh of the Son of man and drink His blood, you have no life in you. Anyone who does eat My flesh and drink My blood has eternal life, and I shall raise that person up on the last day. For My flesh is real food and My blood is real drink. Whoever eats My flesh and drinks My blood lives in Me and I live in that person. As the living Father sent Me and I draw life from the Father, so whoever eats Me will also draw life from Me. This is

the bread which has come down from heaven; it is not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

After hearing it, many of His followers said, 'This is intolerable language. How could anyone accept it?'...After this, many of His disciples went away and accompanied Him no more. Then Jesus said to the Twelve, 'What about you, do you want to go away too?' Simon Peter answered, 'Lord, to whom shall we go? You have the message of eternal life, and we believe; we have come to know that You are the Holy One of God.' Jesus replied to them, 'Did I not choose the Twelve of you? Yet one of you is a devil.'

**Reader:** The Word of the Lord.

**All:** Thanks be to God.

MOTIVATION (*Please sit*)

**Leader:** As **Worshippers**, let us consider the Divinity truly present in the most Sacred Heart. In the cross, we must see faith; in the wound, hope; in the flames, charity. We must be able to hear also the sweet complaint of Jesus Who laments that it is harder to endure the ingratitude of men than the sorrow of His Passion. We must feel the same sorrow of heart as felt by Our Lord Jesus

Who is bitterly grieved because the persons consecrated to His service are so cold to this devotion. "I long to be honored in the Most Holy Sacrament, but I find nobody to satisfy My most ardent desires."

## WITNESSING / REFLECTION

### ADORATION BEFORE THE BLESSED SACRAMENT (Please kneel)

**All:** O Jesus in the Blessed Sacrament, grant to me and to my fellow worshippers and children of Your Divine Heart, and to all priests, religious, and consecrated souls, the spirit of fervor and holy zeal, that we may fulfill the obligations of our state of life. Give also to all persons consecrated to Your service, the grace of ever increasing sanctity, that they may bring honor to our Mother, the Church and pay homage to God in spirit and in truth.

**Leader:** O Divine Heart.

**All:** Have pity on us.

O exalted Choir of Heavenly Dominations, I lift off together with me to the august Heart of Jesus all the good done in the Catholic world and consecrate it to His greater glory. My Jesus, I join my whole soul in the acts of adoration You offer Your Eternal Father. I love to offer You the loving

sentiments with which You have inspired Mary Most Holy and Your saints in order to adore and glorify You as You deserve throughout eternity.

**PRACTICE** (*Please sit*)

**Leader:** It is our care as **Worshippers** to exhibit profound reverence and recollection during Holy Mass. We should make the Eucharist continue to live in our hearts as we adore the Divine Father. As Worshippers, let us cultivate an awareness of the Presence of God which is the means of attaining a high degree of perfection.

**SECOND OFFICE: LOVER**

**Leader:** Let us love, then, because He first loved us. (*1 John 4:19*)

**SONG** (*Please stand*)

**SPIRITUAL DISPOSITION**

**Leader:** It is our task as **Lovers** to worship Christ in the Holy Eucharist. We must render ourselves worthy of the love of the Sacred Heart by preserving our innocence and purity. We must give ourselves fully to Jesus, if we wish Him to give Himself wholly to us.

To make our love more acceptable, we must unite ourselves to the most Pure Heart of Mary and

## the Choir of Seraphims. (Pause)

**READING:** 1 John 4:7-21

**Reader:** A reading from the first letter of St. John

My dear friends, let us love one another, since love is from God and everyone who loves is a child of God and knows God. Whoever fails to love does not know God, because God is love. This is the revelation of God's love for us, that God sent His only Son into the world that we might have life through Him. Love consists in this: it is not we who loved God, but God loved us and sent His Son to expiate our sins. My dear friends, if God loved us so much, we too should love one another. No one has ever seen God, but as long as we love one another, God remains in us and His love comes to its perfection in us. This is the proof that we remain in Him and He in us, that He has given us a share in His Spirit. We ourselves have seen and testify that the Father sent His Son as Savior of the world. Anyone who acknowledges that Jesus is the Son of God, God remains in Him and He in God. We have recognized for ourselves, and put our faith in, the love God has for us. God is love, and whoever remains in love remains in God and God in him. Love comes to its perfection in us when we can face the Day of Judgment fearlessly, because

even in this world we have become as He is. In love there is no room for fear, but perfect love drives out fear, because fear implies punishment and no one who is afraid has come to perfection in love.

Let us love then, because He first loved us. Anyone who says 'I love God' and hates his brother is a liar, since whoever does not love the brother whom he can see cannot love God whom he has not seen. Indeed this is the commandment we have received from Him, that whoever loves God, must also love his brother.

**Leader:** This is the Word of the Lord.

**All:** Thanks be to God.

#### MOTIVATION (*Please sit*)

**Leader:** As **Lovers** of the Sacred Heart, let us reflect on the flames with which the Sacred Heart of Jesus burns and how His Heart, radiant as the sun, is surrounded by the Choir of Seraphims who sings: "The love of the Sacred Heart triumphs, exalts and consoles." Let us ponder on the words of Jesus: "I have come to bring fire to the earth, and how I wish it were blazing already! (Lk 12:49)

The love which Our Lord Jesus Christ has for us is infinite and total. Love demands love but unconsciously, our love for Him is minimal.

## WITNESSING / REFLECTION

### ADORATION BEFORE THE BLESSED SACRAMENT (Please kneel)

**All:** O adorable Heart of Jesus, in the Blessed Sacrament, I consecrate to You every moment of my life. My heart, I leave behind with You in this Holy Tabernacle, so that with the Choir of Seraphims, I may love You now and forever.

I love You, O most amiable Heart of Jesus, but my love is so cold. May You make my heart and those of all creatures burn with the fire of Your love.

O Heart of Jesus, I implore You to grant me the grace to love You more and more. Mary, Mother of my Lord and my mother, too, make me love His Heart Divine.

O most Sacred Heart of Jesus, divine furnace of the fire of that love which You are so earnest to enkindle on earth, and which You wish should burn in all hearts. Grant that our hearts may be consumed in those holy flames.

O Seraphim of the heavenly court, I beseech and conjure you to tell the Author of my life of my ardent desire to burn and languish with love of Him.

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**PRACTICE** (*Please sit*)

**Leader:** Our homage as **Lovers** consists in the fervor of pure affection and in the exactness in love and not of fear. Let us pray especially that the souls of the just may advance in virtue.

**THIRD OFFICE: VICTIM**

**Leader:** It makes me happy to be suffering for you now, and in my own body to make up all the hardships that still have to be undergone by Christ for the sake of His body, the Church.  
(*Colossians 1:24*)

**SONG** (*Please stand*)**SPIRITUAL DISPOSITION**

**Leader:** Our Lord places before us His life of sacrifice in the Blessed Eucharist, wherein He Himself became a victim of propitiation for man's salvation. Thus, as **Victims**, let us offer ourselves to the Sacred Heart. Let us be willing to offer sacrifices in union with Our Lord. O how hard it is to live without the love of God! Can anyone love the crucified Lord, without loving the cross and without being ready to die for it? To make this sacrifice more pleasing to the Sacred Heart, let us unite ourselves to the Most Pure and Im-

maculate Heart of Mary and with the Choir of Virtues. (Pause)

**READING:** *Colossians 1:21-29*

**Leader:** A reading from the letter of St. Paul to the Colossians

You were once estranged and of hostile intent through your evil behavior; now He has reconciled you, by His death and in that mortal body, to bring you before Himself holy, faultless and irreproachable—as long as you persevere and stand firm on the solid base of the faith, never letting yourselves drift away from the hope promised by the Gospel, which you have heard, which has been preached to every creature under heaven, and of which I, Paul, have become the servant.

It makes me happy to be suffering for you now, and in my own body to make up all the hardships that still have to be undergone by Christ for the sake of His body, the Church, of which I was made a servant with the responsibility towards you that God gave to me, that of completing God's message, the message which was a mystery hidden for generations and centuries and has now been revealed to His holy people. It was God's purpose to reveal to them how rich is the glory of this mystery among the gentiles; it is

Christ among you, your hope of glory; this is the Christ we are proclaiming, admonishing, and instructing everyone in all wisdom, to make everyone perfect in Christ. And it is for this reason that I labor, striving with His energy which works in me mightily.

**Leader:** This is the Word of the Lord.

**All:** Thanks be to God.

### MOTIVATION (*Please sit*)

**Leader:** As **Victims**, let us reflect on the significance of the cross on which Jesus Christ was crucified. Let us ponder on what Christ seems to be saying: "I am looking for a victim soul who will console My wounded Heart." The very love itself of Jesus Christ is the greatest motivation for victimhood. The manifestation of the secrets of the Sacred Heart was the last effort of our Savior to invite us to respond to His great love.

### WITNESSING / REFLECTION

### ADORATION BEFORE THE BLESSED SACRAMENT (*Please kneel*)

**All:** My God, I ardently desire to sacrifice my whole being, in union with the Most Sacred Heart of Jesus, so as to appease Your just wrath against us, poor sinners. I adore You, O Most Holy Trinity, in union with the Holy Angelic Choir of Vir-

tues. O God of Justice, I unite myself to the Sacred Heart of Jesus Christ who died as a Victim of love for our salvation.

I offer You, Eternal Father, in union with the Divine Heart, my self, soul, body, actions, both of the present and of the future. Have pity on me and on all poor sinners. O Heart of Jesus, I implore the grace to love You more and more. Mary, Mother of my Lord and my own Mother too make me love His Heart Divine.

O Sacred Heart who continues to offer Yourself upon our altars as a Victim for our salvation, what more do You desire, what more do You demand, what do You ask to unite ourselves with You as co-victims of Your sacrifice?

I am ready O Lord, take possession of me, that I may be a victim, consecrated and consumed in the flames of Your love, for the greater glory of Your Eternal Father and the salvation of sinners. Eternal Father, Who has chosen me to this office, graciously accept me, Your humble servant, for the sake of Your only begotten Son, who died for love of me.

#### PRACTICE (*Please sit*)

**Leader:** Our duty as **Victims** consists in the control of the will, mortification of the heart, and

the discipline of the senses. Without the spirit of mortification, we can do little. Let us continuously check our emotional outbursts when hurt or offended and resolve to offer these hurts for the conversion of all sinners or for some particular people whom we constantly pray.

## FOURTH OFFICE: DISCIPLE

**Leader:** Shoulder My yoke and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. (Matthew 11:29)

SONG (*Please stand*)

## SPIRITUAL DISPOSITION

**Leader:** As **Disciples**, let us go to the Heart of Jesus Christ to learn the science of the saints. It is in this school that true love is taught. It is in this school that true wisdom, the mother of fair love, is imparted. It is the wisdom of Heaven that entirely surpasses all earthly wisdom. We must listen attentively to the voice of our Master, who said: "Learn from Me, for I am meek and humble of Heart." To obtain this wisdom, let us invoke the aid of the Most Pure Heart of Mary and the angelic choir of the Cherubims. (Pause)

READING: Luke:9:21-27

**Leader:** A reading from the gospel according to St. Luke

But He gave them strict orders and charged them not to say this to anyone. He said, 'The Son of man is destined to suffer grievously, to be rejected by the elders and chief priests and scribes and to be put to death, and to be raised up on the third day.'

Then, speaking to all, He said, 'If anyone wants to be a follower of Mine, let him renounce himself and take up his cross every day and follow Me. Anyone who wants to save his life will lose it; but anyone who loses his life for My sake, will save it. What benefit is it to anyone to win the whole world and forfeit or lose his very self? For if anyone is ashamed of Me and of My words, of him the Son of man will be ashamed when He comes in His own glory and in the glory of the Father and the holy angels. I tell you truly, there are some standing here who will not taste death before they see the kingdom of God.'

**Leader:** The Word of the Lord.

**All:** Thanks be to God.

MOTIVATION (*Please sit*)

**Leader:** As Disciples, let us reflect on the words

of Christ: "Learn from Me, for I am meek and humble of heart." From our hearts, let us call out to Jesus and say: "Speak Lord, for Your servant is listening. Teach me to do Your Will."

Jesus Christ came to earth to teach us abject humility and meekness. He is our model and master in humility and ardent charity.

## WITNESSING / REFLECTION

### ADORATION BEFORE THE BLESSED SACRAMENT (Please kneel)

**All:** Grant O Lord that everyone, especially priests and religious, the teacher of the faithful, may profit by the shining example of Your Divine Heart, and never wander away from the path that leads to Heaven.

O loving Jesus, the only school that offers a course in Holy Love, I wish to hide myself in You, that You may remove in me all the vain wisdom of the world, and inflame my heart with love for You.

O God, who enlightens every man who comes into this world; and who directs every will, diffuse over Your followers the ecclesiastical light of Your uncreated Wisdom and make them receive with docility the sublime truths of Your Gospel. O the number of lessons of perfection,

coming to us from Your Divine Heart! Grant that being well received and cherished by us, we may produce abundant fruits of Christian virtues. And you O Cherubim, take me into your company, that I may have some share, in the splendor which comes from the Sacred Heart of Jesus.

O how quick in learning is the disciple taught by You, O Lord Jesus. Instruct me O Lord to be Your disciple. Please open the door of my heart and make it docile to Your Divine Words. Please help us convert all who resist the truth. Amen.

**PRACTICE** (*Please sit*)

**Leader:** As **Disciples**, we must strive to be always recollected and silent, so that we can listen well to the voice and teachings of our Divine Master. Let us respond fully to the inspiration of grace coming from the Sacred Heart of Jesus.

**FIFTH OFFICE: FAITHFUL SERVANT**

**Leader:** He was humbler yet, even to accepting death, death on a cross. (*Philippians 2:8*)

**SONG** (*Please stand*)

**SPIRITUAL DISPOSITION**

**Leader:** According to St. Margaret Mary, our duty as **Faithful Servants** is to take to heart the

obedience which Jesus unceasingly shows to His priests. We must, like Our Lord, practice obedience in all things. We must learn to give up our self-will, our passions, and inclinations, even our likes and dislikes. To obtain this spirit of obedience, the **Faithful Servant** should invoke the aid of the Most Pure Heart of Mary and the Choir of Archangels. (Pause)

**READING:** *Philippians 2:1-13*

**Leader:** A reading from the letter of St. Paul to the Philippians

So if in Christ, there is anything that will move you, any incentive in love, any fellowship in the Spirit, any warmth or sympathy—I appeal to you, make my joy complete by being of a single mind, one in love, one in heart, and one in mind. Nothing is to be done out of jealousy or vanity; instead, out of humility of mind everyone should give preference to others, everyone pursuing not selfish interests but those of others. Make your own the mind of Christ Jesus: Who, being in the form of God, did not count equality with God something to be grasped. But He emptied himself, taking the form of a slave, becoming as human beings are; and being in every way like a human being, He was humbler yet, even to accepting death, death on a cross. And for this God raised

Him high, and gave Him the name which is above all other names; so that all beings in the heavens, on earth, and in the underworld, should bend the knee at the name of Jesus and that every tongue should acknowledge Jesus Christ as Lord, to the glory of God the Father.

So my dear friends, you have always been obedient; your obedience must not be limited to times when I am present. Now that I am absent it must be more in evidence, so work out your salvation in fear and trembling. It is God who, for His own generous purpose, gives you the intention and the powers to act.

**Leader:** The Word of the Lord.

**All:** Thanks be to God.

#### MOTIVATION (*Please sit*)

As **Faithful Servants**, let us reflect on how Jesus humbled Himself and became a servant, saying: "I came not to be ministered unto, but to minister. If I, then, the Lord and Master, have washed your feet, you must wash each other's feet. I have given you an example so that you may copy what I have done to you."

Our first and principal motive must be to render service to Our Lord Who has given us an ex-

ample of how to serve willingly, joyfully, and lovingly.

## WITNESSING / REFLECTION

### ADORATION BEFORE THE BLESSED SACRAMENT (Please kneel)

**All:** O Sacred Heart of Jesus in the Blessed Sacrament, what glory is mine in bearing the yoke of Your tender and generous love which keeps me bound voluntarily to You! May the most high, just and adorable Will of God be done, praised and exalted above all forever!

Accept, O Jesus Christ, the offering which I, Your most unworthy servant, offer You now. May You be visited more frequently and with greater reverence in this Adorable Sacrament. In return, may You bring forth in all hearts the fruits of grace and salvation, of which You are the inexhaustible Source.

O, Heart of Jesus, I implore You to grant me the grace to love You more and more. Mary, Mother of my Lord and my own Mother, too, make me love His Heart Divine.

O, Almighty Love of my God! You have broken the chains which held me fast captive and kept me far from You. Please help me to be able to draw more souls to You—all those who, like me,

have gone astray and make them taste at the foot of Your altar, the same delights of Your service which I now experience, a service which makes all its subjects happy. O mystery of the subjection of Jesus in the Sacrament of Your love, I give myself up to honor You, and to strive, or at least, desire to draw all hearts to You, O Jesus. Amen.

**PRACTICE** (*Please sit*)

**Leader:** It is our duty as **Faithful Servants** to obey promptly the divine aspirations. Let us imitate the obedience of the Sacred Heart, remembering that the most brilliant deeds done without obedience are not acceptable to God. Let us ever have the readiness and zeal to serve the Lord.

**SIXTH OFFICE: SUPPLIANT**

**Leader:** It follows, then, that His power to save those who come to God through Him is absolute, since He lives for ever to intercede for them. (*Hebrews 7:25*)

**SONG** (*Please stand*)

**SPIRITUAL DISPOSITION**

**Leader:** St. Margaret Mary would often say: "The adorable Sacrament is the throne of Grace and Mercy."

One of the aims why Christ remains present with us in this mystery, is to move sinners to come and implore His mercy. Acknowledging that we owe life to God's mercy, let us unite our petitions with that of the Sacred Heart, so that the many souls who might then be dead to God, may begin to live the life of grace once more. To make this supplication more efficacious, let us unite our prayers with that of the Most Pure Heart of Mary and the Choir of Angels. (*Pause*)

**READING:** *Hebrews 7:15-28*

**Leader:** A reading from the letter of St. Paul to the Hebrews

This becomes even more clearly evident if another priest, of the type of Melchizedek, arises who is a priest not in virtue of a law of physical descent, but in virtue of the power of an indestructible life. For he is attested by the prophecy: *You are a priest for ever of the order of Melchizedek.* The earlier commandment is thus abolished, because of its weakness and ineffectiveness since the Law could not make anything perfect; but now this commandment is replaced by something better—the hope that brings us close to God.

Now the former priests became priests without any oath being sworn, but this one with the

swearing of an oath by him who said to him, *The Lord has sworn an oath he will never retract: you are a priest for ever*; the very fact that it occurred with the swearing of an oath makes the covenant of which Jesus is the guarantee all the greater. Further, the former priests were many in number, because death put an end to each one of them; but this one, because He remains for ever, has a perpetual priesthood. It follows, then, that His power to save those who come to God through Him is absolute, since He lives for ever to intercede for them.

Such is the high priest that met our need, holy, innocent and uncontaminated, set apart from sinners, and raised up above the heavens; he has no need to offer sacrifices every day, as the high priests do, first for their own sins and only then for those of the people; this He did once and for all by offering Himself. The Law appoints high priests who are men subject to weakness; but the promise on oath, which came after the Law appointed the Son who is made perfect for ever.

**Leader:** The Word of the Lord.

**All:** Thanks be to God.

**MOTIVATION** (*Please sit*)

As **Suppliants**, let us reflect on the crown of thorns

with which the Heart of Jesus is crowned. Through this, we will come to know that it was caused by God's great love for man. We should be motivated by the promise of the Sacred Heart: "I promise to bestow abundant blessings on all the undertakings of those who honor My Heart."

### WITNESSING / REFLECTION

### ADORATION BEFORE THE BLESSED SACRAMENT (Please kneel)

**All:** O Eternal Father, animated by a lively faith and full of confidence in the merits of the most Sacred Heart of Jesus, Your Son, I offer them to You to obtain the fullness of Your grace both for myself and for those who are in danger, in either body or soul. Grant, O most merciful God, Your grace to all the poor agonizing sinners for the sake of the Sacred Heart of Jesus and deliver the souls in Purgatory from their pains.

O Eternal Father, for the sake of the Most Sacred Heart of Jesus, Your Son, the sole subject of Your complacency, grant me this particular grace.

O admirable Choir of Angels and you in particular, my dear Guardian Angel, accompany me on this visit to my Lord in the Eucharist and together with the Sacred Heart of Jesus, help me offer to the Eternal Father, all the actions and sufferings

of this day for His greater glory and for the release of the holy souls in Purgatory.

Hearken, O Divine Heart, to the voices of those who are in need, and be their comfort in tribulation; for it has always been Your delight, O Most Merciful Heart, to grant pardon and to do good to all. Amen.

**PRACTICE** (*Please sit*)

**Leader:** Our principal practice as **Suplicants** consists in performing acts of charity toward our neighbors. We must endeavor to imitate the spirit of prayer of the Sacred Heart, bearing in mind that without prayer, it is impossible to remain in the state of grace, let alone advance in virtue.

**SEVENTH OFFICE: PROMOTER**

**Leader:** "Go, therefore, make disciples of all nations; baptize them in the name of the Father and of the Son and of the Holy Spirit." (Matthew 28:19)

**SONG** (*Please Stand*)

**SPIRITUAL DISPOSITION**

**Leader:** Our duty as **Promoters** of the Sacred Heart is to make Him known to all mankind. We ask the Father and the Holy Spirit to move our

hearts to love the Divine Heart of Jesus. We ask the Blessed Virgin to use Her all-powerful intercession, that all who fly to it for aid, may find their consolation and strength therein. The fulfillment of this task often requires the aid of the most Pure Heart of Mary and the Choir of Thrones. (*Pause*)

**READING:** Matthew 28:16-20

**Leader:** A reading from the gospel according to St. Matthew

Meanwhile the eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw Him they fell down before Him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to Me. Go, therefore make disciples of all nations; baptize them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And look, I am with you always; yes, to the end of time.'

**Leader:** The Word of the Lord.

**All:** Thanks be to God.

**MOTIVATION** (*Please sit*)

**Leader:** As **Promoters**, we ought to be motivated by the thought that it is the most ardent desire of the Sacred Heart of Jesus that this devotion be spread as widely as possible.

## WITNESSING / REFLECTION

### ADORATION BEFORE THE BLESSED SACRAMENT (Please kneel)

**All:** Grant us, O Eternal Father, the necessary light, so that all of us may come to the knowledge of the Sacred Heart of Your Son, Jesus. O Holy Spirit, inflame our hearts with love of the Sacred Heart. And you also, O Most Holy Virgin, lend your most powerful intercession, so that all those who have recourse to the infinite mercy of your Heart may experience its power.

I adore You, O Jesus, in the Blessed Sacrament; I adore Your Heart inflamed with love for me. You are the sweet recess of my repose, the dear Object of my love. My Jesus, I desire that at this moment, You would come into my soul and consume it with Your love. To You I unite myself, O august Choir of Thrones, in honoring the Divine Heart of Jesus. Amen.

### PRACTICE · (Please sit)

**Leader:** As **Promoters**, we must have the zeal to spread the devotion to the Sacred Heart of Jesus

by our own example, molding our own hearts in imitation of the humble Heart of Jesus by the sweetness and gentleness of our manner. Giving an example is always so much more moving than preaching. May everything we do, think of, and say, even our silence, speak of our love for the Sacred Heart of our Lord!

## EIGHTH OFFICE: ZEALOUS FRIEND

**Leader:** I have come to bring fire to the earth, and how I wish it were blazing already! (*Luke 12:49*)

SONG (*Please stand*)

## SPIRITUAL DISPOSITION

**Leader:** As **Zealous Friends** of the Sacred Heart, let us consider ourselves charged with the furtherance of the interest of the Sacred Heart of Jesus among our fellowmen. We regret that we cannot make known to the whole world the rich treasures of grace stored up in His Heart; treasures which Our Lord is only too ready to pour out upon His faithful friends. Let us therefore make use of all the means at our command to instill this most sweet devotion into the minds of others, since it is a short way to perfection and a sure means of salvation. In fulfilling our duty,

we ought to act in union with and implore the aid of the Most Pure Heart of Mary and the Choir of Principalities. (Pause)

**READING:** *Romans 8:31-39*

**Leader:** A reading from the letter of St. Paul to the Romans

After saying this, what can we add? If God is for us, who can be against us? Since He did not spare His own Son, but gave Him up for the sake of all of us, then can we not expect that with Him He will freely give us all His gifts? Who can bring any accusation against those that God has chosen? *When God grants saving justice who can condemn?* Are we not sure that it is Christ Jesus, who died—yes and more, who was raised from the dead and is at God's right hand—and who is adding His plea for us? Can anything cut us off from the love of Christ—can hardships or distress, or persecution, or lack of food and clothing, or threats or violence; as scripture says: *For Your sake we are being massacred all day long, treated as sheep to be slaughtered?* No; we come through all these things triumphantly victorious, by the power of Him who loved us. For I am certain of this: neither death nor life, nor angels, nor principalities, nothing already in existence and nothing still to come, nor any power, nor

the heights nor the depths, nor any created thing whatever, will be able to come between us and the love of God, known to us in Christ Jesus our Lord.

**Leader:** The Word of the Lord.

**All:** Thanks be to God.

MOTIVATION (*Please sit*)

**Leader:** As **Zealous Friends** of the Sacred Heart, let us consider the sweet look Our Lord casts on the just saying: "Behold My Heart which has loved men so much and is so little loved in return by them," and resolve to use every means of making Him loved. Our motivating spirit must be the same zeal which consumed the Sacred Heart of Jesus, manifested through our deeds, our words, and our sentiments.

WITNESSING / REFLECTION

ADORATION BEFORE THE BLESSED SACRAMENT  
(*Please kneel*)

**All:** O Sacred Heart of Jesus, glorify Yourself through Your own power, making all, with Your aid, attain the perfection of Christian virtue. And you, O Principalities of the Heavenly Court, present yourselves with all the Heavenly Choirs before the Divine Majesty and

obtain by your intercession, that the Sacred Heart may be known in every part of the world and that He may draw to His love all the idolaters and infidels that know Him not and also those Christians who deny Him His rightful adoration.

O adorable Heart, how great is my desire to atone in a worthy manner, for the faults which may have been committed by such among my brethren, who have been negligent in fulfilling their duties.

I adore You, O Jesus in the Blessed Sacrament. I adore Your Heart inflamed with love for me. O Jesus, come at this moment into my heart and consume it with Your love. O Heart of Jesus who loves us so much, how lovable You are! When shall I see You loved by all? If only I could publish the wonders of Your love and make all hearts correspond faithfully with it! Amen.

PRACTICE    (*Please sit*)

**Leader:** As **Zealous Friends** of the Sacred Heart, let us strive with holy zeal and discretion to put a stop to every outrage against Our Lord for whom we must win love by word and example.

Let us encourage and exhort all those whom we can, particularly our friends and acquaintances,

to give some token of love to the Sacred Heart, above all, by frequent Confession, Holy Communion and Holy Hours of Adoration.

## NINTH OFFICE: REPARATOR

**Leader:** Insult has broken my heart past cure. I hoped for sympathy, but in vain, for consolers—not one to be found. (*Psalm 69:20*)

SONG (*Please stand*)

## SPIRITUAL DISPOSITION

**Leader:** Our chief duty as **Reparators**, according to St. Margaret Mary, consists in humbly craving for God's pardon for all the insults which the Sacred Heart of Jesus is continually being outraged in the Blessed Sacrament. Our faithful performance of this duty will ensure the well-grounded hope that pardon will be extended to our own sins. Let us bear in mind what Our Lord once said to His faithful servant: "Will no one take pity on My sorrow and come to aid Me, outraged, as I am now by sinners?"

For our acts of reparation to be acceptable to the Divine Heart, let us unite ourselves with the Most Pure Heart of Mary and the Choir of Powers.

(Pause)

**READING:** Matthew 23:33-39

**Leader:** A reading from the gospel according to St. Matthew

You serpents, brood of vipers, how can you escape being condemned to hell? This is why—look—I am sending you prophets and wise men and scribes; some you will slaughter and crucify, some you will scourge in your synagogues and hunt from town to town; and so you will draw down on yourselves the blood of every upright person that has been shed on earth, from the blood of Abel the holy to the blood of Zechariah son of Barachiah whom you murdered between the sanctuary and the altar. In truth I tell you, it will all recoil on this generation.

Jerusalem, Jerusalem, you that kill the prophets and stone those who are sent to you! How often have I longed to gather your children together, as a hen gathers her chicks under her wings, and you refused! Look! Your house will be deserted, for, I promise, you shall not see Me any more until you are saying: Blessed is he who is coming in the name of the Lord.

**Leaer:** The Word of the Lord.

**All:** Thanks be to God.

**MOTIVATION** (*Please sit*)

**Leader:** As **Reparators**, let us reflect on Jesus showing His Heart and giving us a look of affection. With His right hand, He points to His own Heart and with His left asks for ours, saying: "My child, entrust to Me your Heart."

Let us be motivated by the same object Our Lord had in instituting this dear devotion — to enkindle in all hearts greater love for God.

**WITNESSING / REFLECTION****ADORATION BEFORE THE BLESSED SACRAMENT**

(*Please kneel*)

**All:** I ask pardon, O my God, for the offenses You continually receive in the Most Blessed Eucharist. O august Choir of Heavenly Powers, come to my aid in atoning from the Sacred Heart of Jesus, all the Masses half-heartedly celebrated, Communions made in a state of tepidity especially by souls who are consecrated to You, and chiefly by myself and my fellow worshippers. Finally, help me to atone for all we may have done which are displeasing to You.

O most clement Heart of Jesus, Divine Propitiator, through Whom the Eternal Father has promised that He would hear our prayers,

saying to His beloved spouse Margaret Mary: 'Pray to Me through My Sacred Heart. Through this Heart, will I hearken to your prayers and you will obtain whatever your desire.' Together with You and in You, I offer to Your Eternal Father this poor heart of mine, contrite and sorrowful because of the sins I have committed, especially in the presence of the Blessed Sacrament, and moreso because of those which I myself have had the misfortune to commit. Would I were able, O Divine Redeemer, to blot out with my tears and wash away with my blood all the ingratitude shown by me in return for the excess of Your love!

To the weak sorrow I feel for my sins, I add the poignant grief You feel during the prayer and agony of sweat in the Garden of Gethsemane, at the sight of my sins and those of all men, and present them to Your Eternal Father together with Your own Sacred Heart. Supply and make up with Your love my ingratitude, indifference, and forgetfulness of such an incomparable benefit, and grant me henceforth reverence in Your presence, that thus I may repair the past, and by my example, draw many souls to Your love to which I devote and consecrate myself from this moment, choosing Your Most Sacred Heart as my lasting abode; for You are my King, my Spouse, my

Friend, my Guide, my Support, my Hope, my Joy in time and in eternity.

I shut myself up in Your wounds, O Sacred Heart of Jesus, never more to be separated from You. I offer, O my God, to Your Divine Majesty this most Sacred Heart in satisfaction for so many outrages which You continually receive from sinners.

O most loving Heart of Jesus, how many outrages do You receive in the adorable Eucharist! Here, You give us the most beautiful proof of Your love, but men show the excess of their ingratitude. If I could only blot out with my blood those many fearful iniquities! O my Jesus, I will make use of every means of making reparation for so many offenses. I will consecrate to You all the days of my life for love of Your most Sacred Heart and give You the last breath of my life. Amen!

**PRACTICE** (*Please sit*)

**Leader:** As **Reparators**, we must observe all the duties of our state of life, overcoming for this purpose every human obstacle. In sincere humility of spirit and in humble acknowledgment of our sins and with great confidence in the merits of Jesus Christ, we make this reparation to His Sacred Heart for all the injuries He receives.

**DAWN PROCESSION****BENEDICTION****-TANTUM ERGO-**

Tantum ergo Sacra-      *Down in adoration falling*  
mentum                        *This great Sacrament we*  
Veneremur cernui;          *hail;*  
Et antiquum                 *Over ancient forms of*  
documentum                 *worship*  
Novo cedat ritui;          *Newer rites of grace*  
Praestet fides               *prevail;*  
supplementum                *Faith for will tell us Christ*  
Sensuum defectui.          *is present,*  
Genitori, genitoque        *When our human senses*  
Laus et jubilatio           *fail.*  
Salus, honor, virtus        *To the everlasting Father,*  
quoque                        *And the Son*  
Sit et benedictio;           *Who who made us free,*  
Procedenti ab                *And the Spirit,*  
utroque                        *God proceeding*  
Compar sit laudatio.       *From Them each eternally,*  
Amen                         *Be salvation, honor,*  
                                  *blessing*  
                                  *Might and endless majesty.*  
                                  *Amen*

**Priest/Deacon:** Panem de caelo praestitisti eis,

**All:** Omnes delectamentum in se habentem.

**Priest/Deacon:** Oremus. Deus, qui nobis sub sacramento mirabili, passionis tuae memoria reliquisti: tribue, quaesumus, ita nos corporis et sanguinis tui sacra mysteria venerari, ut redemptionis tuae fructum in nobis iugiter sentiamus. Qui vivis et regnas in saecula saeculorum.

**All:** Amen.

**Priest/Deacon:** You have given them bread from heaven,

**All:** Containing all sweetness within it

**Priest/Deacon:** Let us pray. Lord Jesus Christ, You gave us the Eucharist as the memorial of Your suffering and death. May our worship of this sacrament of Your Body and Blood, help us experience the salvation You won for us and the peace of the kingdom, where You live with the Father and the Holy Spirit, one God, for ever and ever.

**All:** Amen.

## DIVINE PRAISES

Blessed be God.

Blessed be His Holy Name

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus,

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of  
the Altar

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary  
most holy.

Blessed be her holy and Immaculate Conception

Blessed be her glorious Assumption

Blessed be the name of Mary, Virgin and Mother

Blessed be St. Joseph, her most chaste Spouse.

Blessed be God in His angels and in His saints.

## O SACRAMENT MOST HOLY

O Sacrament Most Holy

O Sacrament Divine

All praise and all thanksgiving,

Be every moment Thine. (3X)

# SATURDAY OFFICE OF READINGS

**Memorial of the Blessed Virgin Mary  
(Adapted from the Office of Readings for the  
Feast of the Immaculate Heart of Mary)**

*Please stand and make the Sign of the Cross (†) as the priest prays:*

**Leader:** (†) O God, come to my assistance.

**All:** O Lord, make haste to help me.

**Leader:** : Glory to the Father and to the Son and to the Holy Spirit.

**All:** As it is in the beginning, is now and will be, for ever. Amen.

**HYMN**

**PSALMODY**

## PSALM 24 The Lord's Entry into His Temple

**Leader:** Mary received a blessing from the Lord and loving kindness from God her Savior.

**All:** Mary received a blessing from the Lord and loving kindness from God her Savior.

**Side 1:**

The Lord's is the earth and its fullness,  
the world and all its peoples.

It is He who set it on the seas,  
on the waters He made it firm.

**Side 2:**

Who can climb the Lord's mountain?  
Who shall stand in His holy place?  
The man with clean hands and pure heart,  
who desires not worthless things,  
who has not sworn so as to deceive his neighbor

**Side 1:**

He shall receive blessings from the Lord,  
and reward from the God who saves him.

Such are the men who seek Him,  
seek the face of the God of Jacob.

**Side 2:**

O gates, lift high your heads,  
grow higher, ancient doors.

Let him enter, the king of glory!

**Side 1:**

Who is the king of glory?  
The Lord, the mighty, the valiant,  
The Lord, the valiant in war.

**Side 2:**

O gates, lift high your heads,  
grow higher, ancient doors.  
Let Him enter, the king of glory!

**Side 1:**

Who is He, the king of glory?  
He, the Lord of armies,  
He is the king of glory.

**All:** Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

**All:** Mary received a blessing from the Lord and loving kindness from God her Savior.

**PSALM 46****God is on Our Side**

**Leader:** The Most High has made His dwelling place a holy temple.

**All:** The Most High has made His dwelling place a holy temple.

**Side 1:**

God is for us a refuge and strength,  
a helper close at hand, in time of distress:  
so we shall not fear though the earth should rock,  
though the mountains fall into the depths of the sea,  
even though its waters rage and foam,  
even though the mountains be shaken by its waves.

**Side 2:**

The Lord of hosts is with us:  
the God of Jacob is our stronghold.

**Side 1:**

The waters of a river give joy to God's city,  
the holy place where the Most High dwells

God is within, it cannot be shaken;  
God will help it at the dawning of the day,  
Nations are in tumult, kingdoms are shaken  
He lifts His voice, the earth shrinks away.

**Side 2:**

The Lord of hosts is with us the God of  
Jacob is our stronghold.

**Side 1:**

Come, consider the works of the Lord,  
the redoubtable deeds He has done on the earth.

He puts an end to wars over all the earth;  
the bow He breaks, the spear He snaps.

He burns the shields with fire.

"Be still and know that I am God,  
supreme among the nations,  
supreme on the earth!"

**Side 2:**

The Lord of hosts is with us  
the God of Jacob is our stronghold.

**All:** Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

**All:** The Most High has made His dwelling place a holy temple.

### PSALM 87

#### Jerusalem Is Mother of Us All

**Leader:** Glorious things are said of you, O Virgin Mary.

**All:** Glorious things are said of you, O Virgin Mary.

#### Side 1:

On the holy mountain is His city  
cherished by the Lord.

The Lord prefers the gates of Zion  
to all Jacob's dwellings.

Of you are told glorious things,  
O city of God!

#### Side 2:

Babylon and Egypt I will count  
among those who know me;

Philistia, Tyre, Ethiopia,  
these will be her children  
and Zion shall be called 'Mother'  
for all shall be her children.

**Side 1:**

It is He, the Lord Most high,  
who gives each His place.

In His register of peoples He writes:  
“These are her children,”  
and while they dance they will sing:  
“In you all find their home.”

**All:** Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

**All:** Glorious things are said of you, O Virgin Mary.

**READINGS**

*The First Reading and Responsory are taken from the Office of the Readings for the day.*

**The Second Reading:** From a sermon by St. Lawrence Justinian, Bishop  
*(Please pause for a brief silent reflection after the reading.)*

**Responsory**

**Lector:** O pure and holy Virgin, how can I find words to praise your beauty?

**All:** The highest heavens cannot contain God whom you carried in your womb.

**Lector:** Blessed are you among women, and blessed is the fruit of your womb.

**All:** The highest heavens cannot contain God whom you carried in your womb.

### **CONCLUDING PRAYER** *(Please stand)*

**Leader:** Father, You prepared the heart of the Virgin Mary a fitting home for Your Holy Spirit. By her prayers may we become a more worthy temple of His glory. Grant this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, one God, for ever and ever.

**All:** Amen.

**Leader:** Let us praise the Lord.

**All:** And give Him thanks.

## **APPENDIX**

### **Additional Prayers and Explanations**

#### **Act of Consecration and Renewal of Promises**

After the celebration of the Eucharist, just before the final prayer, the pastor or parish priest leads the faithful in the following prayers. First, the consecration of the entire family to the Hearts of Jesus and Mary; second, the promise of virginity for young people; and third, the pledge of conjugal chastity for married couples.

Families who have enthroned the Hearts of Jesus and Mary in their homes renew their family consecration every First Friday-First Saturday Communion of Reparation vigil, with the parents or couples making the pledge of conjugal chastity and their children the promise of virginity.

#### **FAMILY CONSECRATION to the Holy Family of Nazareth**

Hail, most loving Hearts of Jesus and Mary! We venerate You. We love and honor You. We give and consecrate ourselves to You forever. Receive us and possess us entirely. Purify, enlighten, and sanctify us so that we may love You Jesus,

with the heart of Mary, and love You Mary, with the Heart of Jesus.

O Heart of Jesus, living in Mary and by Mary!  
O Heart of Mary living in Jesus and for Jesus! O Heart of Jesus pierced for our sins and giving us Your Mother on Calvary! O Heart of Mary pierced by sorrow and sharing in the sufferings of Your Divine Son for our redemption! O sacred union of these Two Hearts!

Praised be God, the Father, the Son and the Holy Spirit. Praised be the Holy Spirit of God Who united these Two Hearts together! May He unite our hearts and every heart so that all hearts may live in unity, in imitation of that sacred unity which exists in these Two Hearts.

Triumph, O Sorrowful and Immaculate Heart of Mary! Reign, O Most Sacred Heart of Jesus! In our hearts, in our homes and families, in Your Church, in the lives of all the faithful and in the hearts of those who as yet know You not and in all the nations of the world. Establish in the hearts of all mankind the sovereign triumph and reign of Your Two Hearts so that the earth may resound from pole to pole with one cry: "Blessed forever be the Most Sacred Heart of Jesus and the Sorrowful and Immaculate Heart of Mary!"

O dearest St. Joseph, I entrust myself to your honor and give myself to you that you may always be my father, my protector and my guide in the way of salvation. Obtain for me a greater purity of heart and a fervent love of the interior life. After your example, may I do all my actions for the greater glory of the Triune God in union with the Heart of Jesus and the Immaculate Heart of Mary. O Blessed St. Joseph, pray for me that I may share in the peace and joy of your holy death. Amen.

### **PROMISE OF VIRGINITY for Young People**

My God, Father, Son, and Holy Spirit, I, \_\_\_\_\_, desire to imitate the lifestyle of the Blessed Virgin Mary. At the age of three, she made a Promise of Virginity to God the Father, in the Temple, so that she may grow in wisdom and love of the Lord. Recognizing fully my own weaknesses, and at the same time, relying on the power of the Holy Spirit, and the help of the Blessed Virgin Mary, I too, make the promise of virginity to God, to be a witness of the pure love of God for mankind and Mother Mary's pure love of God; to be a living sign against today's life of promiscuity which gravely offends the Lord.

When the whole world has become morally and spiritually perverse because of the exaltation of sex and the lustful way of life, I want to witness to the world my love for Jesus. To show that He alone is my real friend, who loves and understands me even when I fall short in loving and understanding Him; That He alone is my beloved because He loves me beyond death as no other human being can. In return, I promise to love Jesus by avoiding indecent conversations, watching immoral movies and TV shows, listening to worldly songs and avoiding everything that offends the temple of the Holy Spirit.

Furthermore, I promise to God to remain a virgin until I take the Sacrament of Matrimony; to try and live always in a state of grace, never letting the day pass without confessing a grave sin and most especially a mortal sin. In this way, I can help sanctify my family. But if God so desires that I become a religious, and embrace perpetually the evangelical counsels, I pray that I may have the courage to readily accept His Holy will.

With the help of Our Lord Jesus Christ, the intercession of the Virgin Mary, and with the protection of St. Michael, the archangel and my guardian angel, I make this promise before God the Almighty and His representatives here on

earth, in the person of the bishop and/or priests in this gathering. Amen.

## **PLEDGE OF CONJUGAL CHASTITY for Married Couples**

My God, Father, Son, and Holy Spirit, I,  
\_\_\_\_\_ do hereby renew my pledge of conjugal chastity to my valid and legitimate spouse,  
\_\_\_\_\_, to love her/him alone for the love of Christ so that we may witness the union of Christ's love for the Church.

I renew my fidelity to my beloved spouse \_\_\_\_\_, to accept her/him as a person, bathed by the blood of Christ, and made after the image of God; to give myself for her/his well-being without any reservation; to be faithful to my marital covenant which I have sealed in the Sacrament of Matrimony; to be always with her/him, for better or for worse, in health or in sickness, for richer or poorer; to the exclusion of every other physical love, so that I may be able to perform as best as I could the real end of marriage which is to be open to life or procreation and to give a sound Catholic education to our children; to live the essential properties of marriage which is unity and indissolubility and thereby excluding extramarital relationships, separation, and divorce.

May our love for our children reflect the love of the Holy Family of Nazareth, so that even when our children are many and resources are scarce, we may take recourse to Divine Providence, who allowed us to bear our children and therefore will help us to support them financially, morally, and spiritually.

We will welcome every opportunity, to express our love for one another in imitation of St. Joseph and the Blessed Virgin Mary who loved each other wholly and chastely, for the love of God.

Through the spirit of sacrifice and detachment from material things, human power, and money, may we help preserve the Gospel of Life and destroy our tendencies to promote the Culture of Death in our family.

May all our families become a sanctuary of life and love. With the help of Jesus, Mary, and St. Joseph, with the intercession of St. Michael the Archangel, and all the angels and saints, and with the Almighty God as my witness, I tell everyone present here now that I promise to love until death my beloved spouse, so that what God has joined together, let no man put asunder, through Jesus Christ our Lord. Amen.

## PLEDGE TO LIVE THE COMMUNION OF REPARATION

O Victorious Queen and Mother of the world, in imitation of your holy spouse, St. Joseph, I totally consecrate my heart to be one with yours, that it may be one with the Heart of Jesus. I pledge to live the Communion of Reparation everyday of my life, by meditating on the mysteries of the Rosary, by wearing the Brown Scapular as a sign of my union and consecration, by reconciling my heart through the daily examination of conscience, by frequently going to Confession, by receiving our Lord in the Eucharist in Holy Mass and by making Holy Hours in reparation for the outrages and blasphemies committed against your Immaculate Heart and the Sacred Heart of Your Son, Our Lord Jesus.

I solemnly promise to help organize this Communion of Reparation in my parish, in close coordination with my pastor and bishop, every First Friday and Saturday of each month. O dearest Mother, please send forth the graces of the flame of love to all mankind so that the era of peace which You so promised may come. Amen.

## WHAT IS PENANCE?

It is a supernatural virtue by which the Holy Spirit makes us realize the gravity of our sins to help us hate them, especially the mortal ones. By this virtue, it makes us do the necessary atonement for the sins we commit.

In the **Sacrament of Reconciliation**, God gives us the gift of penance which helps us realize the ugliness of sin and the beauty of virtue and of living in the state of grace. Together with this sensitivity, God grants us the gift of mending our relationships with Him and our neighbor which we have somehow destroyed. When we hear the priest say "for your penance recite three *Hail Mary's*", we should not see it as a burden but rather an honor to recite this angelic salutation. The priest suggests the recitation of such prayers so that we may invoke God's help through Mary's intercession and thus, receive the gift of penance from the Holy Spirit.

The universal Church recognizes the following five means of doing penance:

- (1) **Fasting.** The pain we would feel during fasting may be offered as a sacrifice, in reparation for the sins we have committed against God and neighbor. Monks and religious fast

in order to improve their prayer life. If fasting does not improve our prayer life, something might have gone wrong somewhere. Fasting should likewise not stop us from performing the duties attached to our state of life.

- (2) **Abstinence.** It is refraining from taking meat in our meals. For some, fasting might be too strenuous to health, in which case it is sufficient to refrain from taking meat especially on Wednesdays and Fridays.
- (3) **Almsgiving.** Almsgiving is not the sharing of what is in excess of our means. It is giving up what is part of us, even part of our budget. Human life is a shared responsibility. We ought to help and support one another especially those in need. The Church encourages us to give alms as a form of charity, for charity covers a multitude of sins.
- (4) **Perfection of duties attached to our state of life.** It is easy to get involved in many religious organizations or civic action programs. However, if we join these associations to the extent of abandoning our duties at home, in church, and at work, we are actually escaping from our responsibilities. It is important to first perform all the duties attached to our state of life before we set out to work for other

people. This is penance in itself for aside from our ordinary duties, we have to go an extra mile to minister to our needy brothers who might be thirsting for God's love.

(5) **Obedience to the Will of God.** One of the most difficult virtues to practice is obedience. This virtue requires the denial of our will in favor of God's. We offer no "if's" and "but's" in following God's desire. The pain we feel and which we offer in following God's will can repair for a multitude of sins, our own and others as well. Whatever God allows to happen to us is always for our own good. We may not understand His ways but God knows better. This is enough reason for us to trust and believe.

## Why Must We Examine Our Conscience?

Many of the sins we commit are mortal, they are so seriously selfish, so seriously uncharitable, that they cut us off from our communion with God and with our fellow members of the Church. That is why the Holy Eucharist may not be received until a good confession has been made to a priest. If in doubt whether a sin is mortal or venial, one has to consult a good catechist or priest loyal to the Holy Father's teachings. A

mortal sin is a serious violation of God's commandment. It demands sufficient reflection, for it is committed with full consent of the will.

## 12 PROMISES OF THE SACRED HEART OF JESUS

Our Lord gave twelve promises to those who shall have the devotion to the Sacred Heart of Jesus:

(1) I will give them all the graces necessary for their state of life.

- (2) I will give peace to their families.
- (3) I will console them in all their troubles.
- (4) I will be their refuge in life and especially in death.
- (5) I will abundantly bless their undertakings.
- (6) Sinners shall find in My Heart the source and infinite ocean of mercy.
- (7) Tepid souls shall become fervent.
- (8) Fervent souls shall rise speedily to great perfection.
- (9) I will bless those places where the image of My Sacred Heart shall be exposed and venerated.
- (10) I will give to priests the power to touch the most hardened hearts.
- (11) Persons who propagate this devotion shall have their names eternally written in My Heart.
- (12) In the excess of the mercy of My Heart, I promise My all-powerful love to all those who shall receive Communion on First Fridays, for

nine consecutive months the grace of final repentance. They will not die in My displeasure, nor without receiving the Sacraments; and My Heart will be their secure refuge in their last hours.

## NINE THORNS IN THE SACRED HEART

There are nine thorns in the Heart of Jesus which require reparation:

- (1) Souls in the state of mortal sin;
- (2) Tepid souls;
- (3) Consecrated souls living in sin;
- (4) Ungrateful souls;
- (5) Souls in purgatory;
- (6) Those who refuse to receive Communion;
- (7) Souls who do not visit the Eucharist in the tabernacle;
- (8) Souls who make bad Confessions;
- (9) Souls who receive Communion with mortal sins.

## CHAPLET OF DIVINE MERCY

This devotion was approved by the Holy See on April 15, 1978 through the efforts of then Cardinal Carol Wojtyla, who later that year became Pope John Paul II. It had its origin in a series of visions and locutions concerning God's mercy given to a simple Polish lay sister, Sister Faustina.

In 1935, Sister Faustina received a vision of an angel sent by God to punish the world. She began to pray for mercy, but her prayers were powerless. Then she saw the Holy Trinity, and filled with the power of Jesus' grace, found herself pleading with God for mercy with the words she heard interiorly:

*Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ in atonement for our sins and those of the whole world. For the sake of His sorrowful Passion, have mercy on us.*

In subsequent revelations, the Lord made it clear that the Chaplet was not just for her, but for the whole world, and He gave extraordinary promises for those who would recite it: "Encourage souls to say the Chaplet which I have given you. Whoever will recite it will receive great mercy at the hour of death...When they say this chaplet in the presence of the dying, I will stand between My Father and the dying person, not as the just Judge but as the Merciful Savior...Priests will recommend it to sinners as their last salvation. Even if there were a sinner most hardened, if he were to recite this chaplet only once, he would receive grace from My infinite mercy...I desire to grant unimaginable graces to those souls who trust in My mercy...Through the Chaplet

you will obtain everything, if what you ask for is compatible with My will." (687, 1541, 1731)

The Chaplet can be said anytime, but the Lord specifically asked that it be recited as a **novena**, especially on the nine days before the Feast of Mercy: "By this Novena," [of Chaplets] I will grant every possible grace to souls." (796). The custom has arisen of praying the chaplet at 3:00 pm, the "Hour of Mercy" and, when possible, at 3:00 am.

## How to Pray the Chaplet

The Chaplet is prayed using an ordinary Rosary. Begin by saying the "Our Father...", "Hail Mary...", "I believe..."

On the **large bead** of each decade pray:  
Eternal Father, I offer You the Body and Blood,  
Soul and Divinity of Your dearly beloved Son,  
Our Lord Jesus Christ, in atonement for our sins  
and those of the whole world."

On the **small beads** of each decade, pray:  
"For the sake of His sorrowful Passion, have mercy  
on us and on the whole world."

At the **conclusion**, say three times: "Holy  
God, Holy Mighty One, Holy Immortal One,  
have mercy on us and on the whole world."

**Let us pray:**

*Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.*

**PRAYER BEFORE THE CRUCIFIX**

*(If the following prayer is said before the Crucifix, a plenary indulgence can be gained provided that the usual requirements are fulfilled: Confession, Communion, and prayer for the intentions of the Pope.)*

Behold, my beloved and good Jesus, I cast myself upon my knees in Your sight and with the most fervent desire of my soul, I pray and beseech You to impress upon my heart, lively sentiments of faith, hope, and charity, with true repentance for my sins and a most firm desire of amendment; while with deep affection and grief of soul, I consider within myself and mentally contemplate Your five most precious wounds, having before my eyes that which David, the prophet, long ago spoke about You, my Jesus: "they have pierced my hands and my feet; they have counted all my bones." Amen.

# SEVEN SUNDAY DEVOTION TO ST. JOSEPH

## **FIRST SUNDAY**

### **First Sorrow : Doubt Over Mary's Pregnancy**

#### **Prayer:**

O glorious St. Joseph, pure spouse of most Holy Mary, as the trouble and anguish of your heart was great in the perplexity of abandoning your most chaste and stainless spouse, so too, unspeakable was your delight when the angel revealed to you the sovereign mystery of the Incarnation. Through this sorrow and this joy of yours, we pray to you, now and in our last agony, to comfort our souls with joys of a good life and a holy death, just like yours between Jesus and Mary.

*(Mention in silence the favor asked for)*

**Our Father... Hail Mary...Glory be...**

**Leader:** Pray for us St. Joseph,

**All:** That we may be made worthy of the promises of Christ.

#### **Litany to St. Joseph**

Lord, have mercy on us.

– *Lord, have mercy on us.*

Christ, have mercy on us.

– *Christ, have mercy on us.*

Christ, hear us.

– *Christ, graciously hear us.*

God, the Father of Heaven...

– *have mercy on us.*

God, the Son, Redeemer of the world...

– *have mercy on us.*

God, the Holy Spirit...

– *have mercy on us.*

Holy Trinity, one God...

– *have mercy on us.*

**Holy Mary, Pray for us.**

St. Joseph, Illustrious scion of David,

Splendor of patriarchs,

Spouse of the Mother of God,

Chaste guardian of the Virgin,

Foster father of the Son of God,

Watchful defender of Christ,

Head of the Holy Family,

St. Joseph, most just,

St. Joseph, most chaste,

St. Joseph, most prudent,

St. Joseph, most valiant,

St. Joseph, most obedient,

St. Joseph, most faithful,

Mirror of patience,

Lover of poverty,

Model of workmen,

Glory of domestic life,  
Guardian of virgins,  
Safeguard of families,  
Consolation of the afflicted,  
Hope of the sick,  
Patron of the dying,  
Terror of demons,  
Protector of the Holy Church,  
Lamb of God, Who takes away the sins of the world...— *spare us O Lord.*  
Lamb of God, Who takes away the sins of the world...— *graciously hear us, O Lord.*  
Lamb of God, Who takes away the sins of the world...— *have mercy on us.*

**Leader:** God has made him master of His house,

**All:** And ruler of all his possessions.

**Leader:** Let us pray,

**All:** O God, Who by Your ineffable providence chose blessed St. Joseph to be the spouse of Your most Holy Mother, grant, we beseech You that we may be worthy to have him for our intercessor in Heaven, whom on earth we venerate as our protector. Grant this through Christ our Lord.  
Amen.

## Unfailing Petition to St. Joseph

Holy St. Joseph, spouse of Mary, be mindful of us, pray for us, watch over us. Guardian of the paradise of the new Adam, provide for our spiritual and temporal wants. Faithful guardian of the most precious of all treasures, we beseech you to bring this matter to a happy end if it be for the glory of God and the good of our souls. Amen.

## SECOND SUNDAY

### Second Sorrow: Having No Room at the Inn

#### Prayer:

O glorious St. Joseph, most blessed patriarch, who was selected for the office of reputed father of the Word made Man, the grief which you felt at seeing the Child Jesus born in such great poverty was suddenly changed into heavenly exultation upon hearing the angelic harmony, and seeing the glorious sight of that resplendent night. Through this sorrow and this joy of yours, we beseech you to obtain for us, that after the journey of this life is over, we may pay hence to hear the angelic praises, and to enjoy the splendor of the glory of Heaven.

*(Mention in silence the favor asked for)*

**Our Father... Hail Mary... Glory be...**

**Leader:** Pray for us St. Joseph,

**All:** That we may be made worthy of the promises of Christ.

**Litany to St. Joseph** (page 129)

**Unfailing Petition to St. Joseph** (page 132)

### THIRD SUNDAY

#### Third Sorrow: Circumcision of Jesus

##### Prayer:

O glorious St. Joseph, most blessed patriarch, who fulfilled most obediently all God's commands: the Most Precious Blood which the Child Redeemer shed in the circumcision struck death into your heart, but the name of Jesus revived it, and filled it with joy. Through this sorrow and this joy of yours, obtain for us, that having been cleansed from all vices during life, we may expire in exultation with the Most Holy Name of Jesus in our hearts and upon our lips.

*(Mention in silence the favor asked for)*

**Our Father... Hail Mary... Glory be...**

**Leader:** Pray for us St. Joseph,

**All:** That we may be made worthy of the promises of Christ.

**Litany to St. Joseph** (page 129)

**Unfailing Petition to St. Joseph** (page 132)

**FOURTH SUNDAY****Fourth Sorrow: Prophecy of Aged Simeon****Prayer:**

O most glorious St. Joseph, most faithful saint, you who partook in the mysteries of our redemption: if Simeon's prophecy of what Jesus and Mary were to suffer caused you a mortal pang, you were filled with a blessed joy at the thought of the salvation and glorious resurrection of innumerable souls, which he at the same time foretold would then proceed. By this sorrow and this joy of yours, obtain for us to be of the number of those who, through the merits of Jesus and the intercession of His Virgin Mother, are to rise again in glory.

*(Mention in silence the favor asked for)*

**Our Father... Hail Mary... Glory be...**

**Leader:** Pray for us St. Joseph,

**All:** That we may be made worthy of the promises of Christ.

**Litany to St. Joseph** (page 129)

**Unfailing Petition to St. Joseph** (page 132)

**FIFTH SUNDAY****Fifth Sorrow: Hurried Flight to Egypt****Prayer:**

O glorious St. Joseph, most watchful guardian and faithful attendant of the Incarnate Son of God, how much did you suffer in supporting and in serving the Son of the Most High, particularly in your flight with Him to Egypt! But how much, again did you rejoice at having always with you that same God, seeing the idols of Egypt fall to the earth! By this sorrow and this joy of yours, obtain for us, that by keeping far from us hell's tyrant, especially by fleeing from dangerous occasions, every idol of earthly affection may fall from our heart and that, wholly occupied with the service of Jesus and Mary, we may live for them alone and die a happy death.

*(Mention in silence the favor asked for)*

**Our Father... Hail Mary... Glory be...**

**Leader:** Pray for us St. Joseph,

**All:** That we may be made worthy of the promises of Christ.

**Litany to St. Joseph (page 129)**

**Unfailing Petition to St. Joseph (page 132)**

## SIXTH SUNDAY

### Sixth Sorrow: Departure from Egypt

#### Prayer:

O glorious St. Joseph, angel of the earth, you did marvel at beholding the King of Heaven subject to your commands, if your consolation at bringing Him back from Egypt was disturbed by the fear of Archelaus, yet, when reassured by the angel, you dwelt in joy with Jesus and Mary at Nazareth. By this sorrow and this joy of yours, obtain for us that, undisturbed by hurtful fears, we may enjoy peace of conscience and securely live in union with Jesus and Mary, to Whom we commend our soul now and at the moment of our death.

*(Mention in silence the favor asked for)*

**Our Father... Hail Mary... Glory be...**

**Leader:** Pray for us St. Joseph,

**All:** That we may be made worthy of the promises of Christ.

**Litany to St. Joseph** (page 129)

**Unfailing Petition to St. Joseph** (page 132)

**SEVENTH SUNDAY****Seventh Sorrow: The Loss of Jesus in the Temple****Prayer:**

O glorious St. Joseph, model of all holiness, through no fault of yours, did you lose the Child Jesus, Who for three days you sought sorrowing until, with a most joyful heart you found Him. This joy of yours we fervently supplicate you to interpose in our behalf, that it may never befall us to lose Jesus by mortal sin; but, if unhappily we ever should lose Him, may we seek Him again with unwearied sorrow, until we find His favor once more, and so pass to the enjoyment of His presence in Heaven, there with you to sing His mercies for all eternity.

*(Mention in silence the favor asked for)*

**Our Father... Hail Mary... Glory be...**

**Leader:** Pray for us St. Joseph,

**All:** That we may be made worthy of the promises of Christ.

**Litany to St. Joseph** (page 129)

**Unfailing Petition to St. Joseph** (page 132)

## **Personal Notes:**

**The First Friday-Saturday  
COMMUNION OF REPARATION**  
**with its basic elements of Rosary, Eucharist,  
Confession and Holy Hours of Adoration is a simple  
yet powerful means of bringing back sanctity  
in the home, in the Church and in the society.**

**More than a devotion, IT IS A WAY OF LIFE  
that is truly Eucharist-centered and Marian  
in spirituality – two pillars of hope which we can  
anchor ourselves onto in this troubled times.**

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**As we see the rise of the “Culture of Death” in our society today, Christ’s request for reparation seem to be more urgent than NOW. The Enemy is out to destroy the basic structure of the Church and society—the family. This only proves why the fiercest spiritual battle is fought right inside the home. We see parents against their children, children against their parents, spouses against each other. Division is the Enemy’s diabolical mark. If he succeeds in dividing the family, it would be easier for him to divide the Church and society.**

**Prayer and Reparation are the powerful weapons by which the Sacred Heart of Jesus and the Immaculate Heart of Mary give us today to win in this spiritual battle. Parents are being asked to pray and make reparation for their children; children are also being asked to pray for and make reparation for their home. Everyone is being asked to pray and make sacrifices specially in these troubled times, for the outrages and sacrileges committed against God and the Blessed Mother and for families to remain united even in the face of severe trials.**

