



Luka
Meza
Urotadze

Graphic Designer

mezacreates.art

Social Media Posts



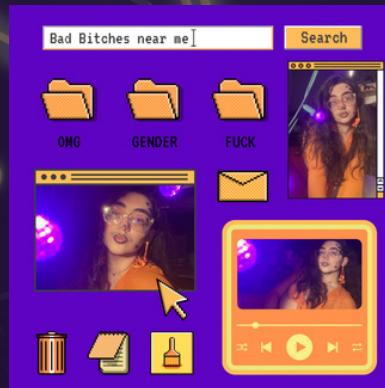
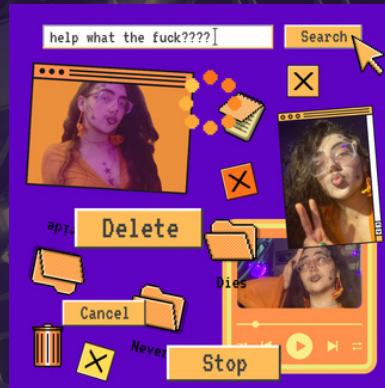
Skills Used: Canva, Photo Editing

Personal Logo Design



Skills Used: Canva, Advertising, Branding

Social Media Posts



Skills Used: Canva, Photo Editing

Social Media Posts



Skills Used: Canva, Photo Editing

Podcast Marketing



Skills Used: Canva, Advertising

Social Media Grid and Story Posts

The image displays a collection of social media content pieces for 'brand CURATORS'. It includes a grid of four cards and one story post, all sharing a consistent branding style with a light beige background and dark brown text.

- Card 1:** A full-body photograph of a woman in a pink blazer and purple pants. The 'brand CURATORS' logo is in the top left corner.
- Card 2:** A portrait of a woman in a pink fur-trimmed coat. The title 'Coverage Alert!' is at the top, followed by 'Company Name'. There are two placeholder text boxes labeled 'Lorem ipsum...' and 'brand CURATORS'. A 'Learn More' button is at the bottom.
- Card 3:** A portrait of a woman in a pink fur-trimmed coat. A placeholder text box labeled 'Lorem ipsum dolor sit amet' is overlaid on the image. Below it is a detailed paragraph of placeholder text.
- Card 4:** A portrait of a woman in a pink fur-trimmed coat. The title 'Add a heading' is at the top, followed by 'Add a subheading'. There is a large placeholder text area and a 'Learn More' button.
- Story Post:** A vertical post titled 'Intern Spotlight' featuring a photo of a woman named Luka Meza Urotadze (he/him). Below the photo are sections for 'Borough: Brooklyn', 'Specialty: Graphic Design', 'Favorite TV show: Our Flag Means Death', and 'Morning person or night owl: Night owl'. The 'brand CURATORS' logo is at the bottom right.
- Story Post:** A vertical post titled 'Meet Our Spring 2023 Interns' featuring the 'brand CURATORS' logo and text.

Skills Used: Canva, Templates, Branding

User Interface (UI), Game Design



Skills Used: Adobe InDesign, Game Creation

Electronic Press Kit (EPK)

1AND1 Presents: OFF THE CUFF with Danny LoPriore

A top mental health podcast nationwide with over 160,000+ total downloads.

ABOUT DANNY LOPRIORE

Danny LoPriore is a podcast host, comedian, and social media personality who first gained notoriety from his videos going viral on Vine in 2013 and has since become an internet sensation. Danny co-hosted the popular podcast "The Basement Yard" along with Joe Santagato as his music and social media career continued to skyrocket. In 2019, Danny was diagnosed with Bi-Polar 2 disorder, but kept it to himself until 2020 due to the stigma surrounding it. After getting the help he needed, Danny partnered up with mental health performance company 1AND1 to start Off The Cuff, all in the name of de-stigmatizing mental health and helping others.

REVIEWS

★★★★★
Relatable
Danny is so real, and it's nice to hear stigmas broken and mental health issues normalized.
jiteacher25

★★★★★
Helping me through a really tough time
Thank you for being so transparent. I myself have battled since being 12 years old with mental illness.
wait_is_that_my_mom

OFF THE CUFF

167,000+ Downloads
20,000+ Followers Across Platforms
Top 5% Mental Health Podcast

DANNY LOPRIORE

206K+ Followers
90.1K Followers
83K Followers

GUESTS

Ludacris, Former NFL Player Joe Barksdale, Survivor and mental health advocate Kevin Hines, Reality TV Star & Recovery Specialist Zac Clark, Therapist & TikTok Star Dr. Justin Puder, Survivor of Dirty John Terra Newell, Comedian and Reality TV Star Hannah Berner

1AND1
1AND1 is an inclusive mental health and wellness platform that helps people **Become 1% Better Each Day.**

1AND1 Presents: OFF THE CUFF with Danny LoPriore

A top 5% mental health podcast nationwide with over 160,000+ total downloads.

ABOUT DANNY LOPRIORE

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RECENT REVIEWS

★★★★★
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jiteacher25

★★★★★
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OFF THE CUFF

167,000+ Downloads
20,000+ Followers Across Platforms
Top 5% Mental Health Podcast

DANNY LOPRIORE

206K+ Followers
90.1K Followers
83K Followers

NOTABLE GUESTS

Ludacris, Former NFL Player Joe Barksdale, Love is Blind star Danielle Ruhl, The Bachelor's Clayton Echard, Comedian and Reality TV Star Hannah Berner, Survivor and mental health advocate Kevin Hines, Reality TV Star & Recovery Specialist Zac Clark, Therapist & TikTok Star Dr. Justin Puder.

1AND1
1AND1 is an inclusive mental health and wellness platform that helps people **Become 1% Better Each Day.**

Skills Used: Canva, Advertising, Branding

Branding and Electronic Press Kits (EPKs)

Become 1% Better, Together.

1AND1

1AND1 is an inclusive mental health and wellness platform helping you become 1% Better Each Day.

The 1AND1 APP is an AI-driven habit-forming tool that helps people achieve their goals through small incremental actions.

1AND1 provides free mental health resources, cutting edge technology, and expert-driven content rooted in the seven dimensions of wellness: emotional, spiritual, intellectual, social, financial, physical, and environmental health.

1AND1 More Life is a monthly event series designed to unite an inclusive fitness community through mindfulness and movement.

1AND1 Off The Cuff hosted by Danny LoPriore is an unapologetic, unrelenting mental health podcast dedicated to breaking the stigma.

Summer Club x MORE LIFE events:

- Saturday, June 24th
- Saturday, July 8th
- Saturday, July 22nd
- Saturday, Aug 12th
- Saturday, Aug 19th
- Saturday, Sept 2nd

Meet the Coaches

| | | | |
|-------------------------------|---------------------------|---------------------------|----------------------------|
| | | | |
| Coach Afya @afayathesavage | Coach Corey @bigc1and1 | Coach Soji @sojijames1 | Coach Erica @ericawelty |

Thomas Drew

Co-founder and President Thomas Drew aka TDrew is on a mission to break the stigma around mental health and bring more representation to the wellness space.
View my Quoted Profile

Corey Lewis

Co-founder Corey Lewis is a personal trainer and former professional football player dedicated to engaging people and pushing them to reach their full potential.
View my Quoted Profile

AS SEEN IN

Forbes

mindbody

SHAPE

NEW YORK

POPSUGAR

mindbodygreen

Forbes THE CULTURE

1AND1app 1AND1life.com Download the 1AND1 app in the App Store

Brand Partners

| | | |
|--------------|-------------|---------|
| Liquid Death | Craftsman | Academy |
| OWN | TONIC | |
| happy viking | etson | |
| stakt | Necessitate | curious |
| BEAST | RHONE | LMNT |
| THE CULTURE | 2020 METS | |

Weekly high intensity workouts

Our more life weekly workout are designed to build strength, improve fitness, and push you out of your comfort zone; having you leave class feeling empowered to take on your day.

Skills Used: Canva, Advertising, Branding

Event Posters For Special Live Show



Skills Used: Canva, Social Media, Flyers

Social Media Posts



Skills Used: Clip Studio Paint, Photo Editing

Business Card, Instagram Post

**YAMINAH
LEGOHN**

Art of Legohn

**CEO AND DIRECTOR OF
ART OF LEGOHN, LLC**

**Creative director,
Choreographer,
business consultant,
host, and
performing artist**

www.yaminahlegohn.com
www.artoflegohn.com
Email: info@artoflegohn.com
Phone: 805-415-6469
@yaminahlegohn @artoflegohn

I have the motto that says, 'Whatever you see in your closet that you like, pick it and wear it.' It's not just your closet, but just your life. Whatever catches your eye. Pick it.

WILLOW SMITH

Art of Legohn

Skills Used: Canva, Social Media, Advertising

Event Posters



Skills Used: Canva, Social Media, Photo Editing

User Interface (UI), Game Design, Coding



A dating sim/grammar tool to help people use new/unfamiliar pronoun sets in everyday language.



Skills Used: Vue, Adobe Creative Cloud

User Interface (UI), Game Design, Coding

WHAT PRONOUNS WILL YOU PRACTICE?

SUBJECT **ZE**

ZE/HIR/HIRS

OBJECT **HIR**

EY/EM/EIRS

POSSESSIVE
ADJECTIVE **HIR**

NE/NEM/NIRS

POSSESSIVE
PRONOUN **HIRS**

PER/PER/PERS

REFLEXIVE
PRONOUN **HIRSELF**

ZE/EIR/EIRS

VE/VER/VIS

XE/XEM/XYRS

THEY/THEM/THEIRS

THEM/THEM/THEIRS

SHE/HER/HERS

SHE/HER/HERS

HE/HIM/HIS

HE/HIM/HIS

ZE IS ZE ARE

START



CHANGE PRONOUNS



ZE LOVES POSSESSIVE PRONOUN **SKIRT.**

SKIP

SETTINGS

CHOOSE YOUR DATERMATE



ARCHIE, 19
MUSIC STUDENT
LIKES BRONINTON,
BICYCLING &
CANDLE MAKING



NARRATIVE

LORUM IPSUM DO-
LOR SIT AMET. CON-
SECTETUR ADIPISCINS
ELIT. SED DO EIUSMOD
TEMPOR INCIDUNT
UT LABORE ET DOLO-
RE MUSNA ALIQUOR. UT
ENIM DO MINIM VE-
NIM. QUIS NOSTRUD
EXERCITATION ULLA-
MCDO LABORIS NISI UT
ALIQUIP EX ER COMMO-
DO CONSEQUAT. DUIS

CHOOSE

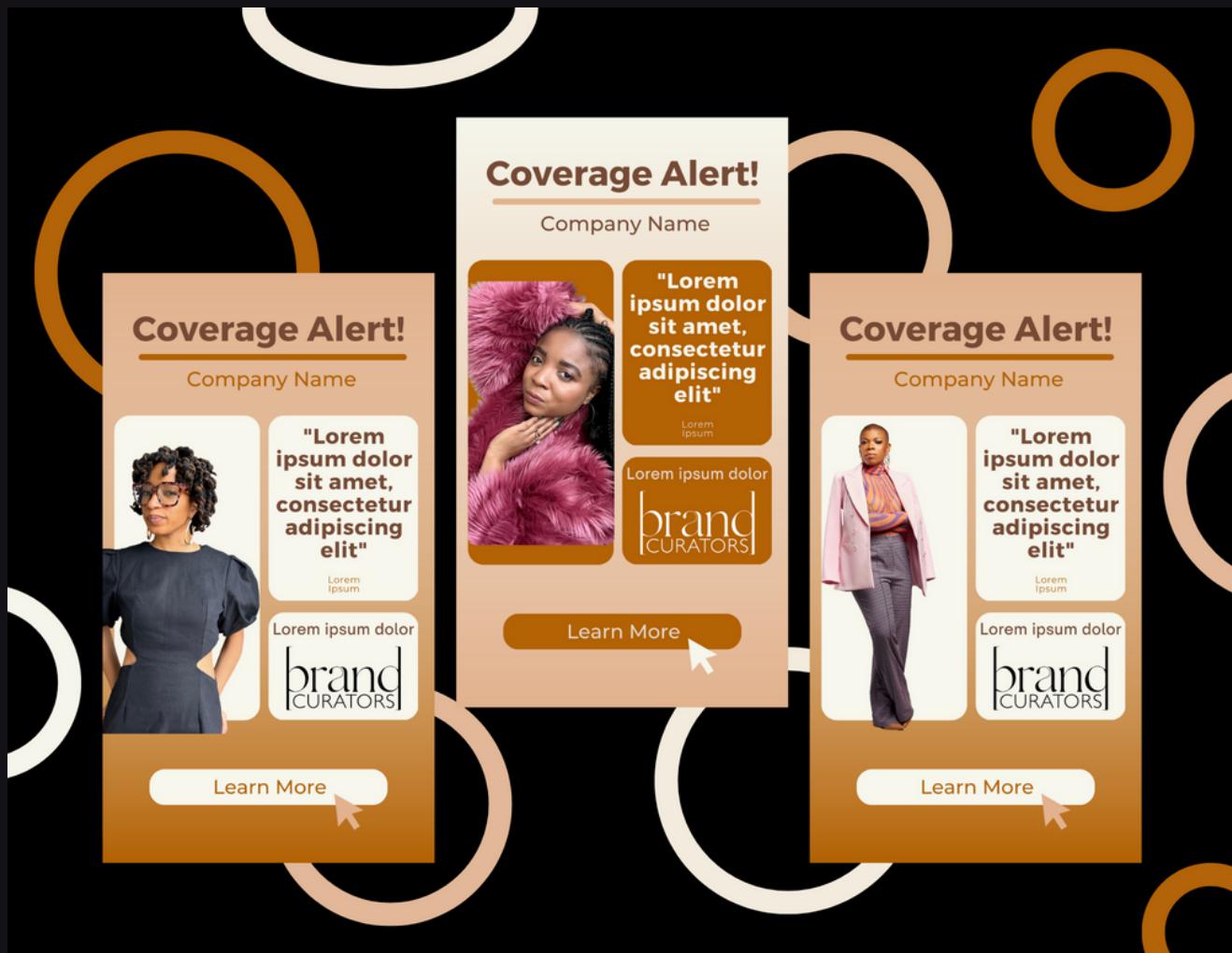


HARRPER

LORUM IPSUM DOLOR SIT AMET. CONSECTETUR
ADIPISCINS ELIT. SED DO EIUSMOD TEMPOR
INCIDUNT UT LABORE ET DOLORE MUSNA
ALIQUOR. UT ENIM DO MINIM VENIM. QUIS
NOSTRUD EXERCITATION ULLAMCDO LABORIS
NISI UT ALIQUIP EX ER COMMODO CONSEQUAT.
QUIS RUTE IURERE DOLOR IN REPREMENDERIT IN
VOLUNTATE VELIT ESSE CILLUM DOLOR EU
FUSIAT NULLA PARIATUR. EXCEPTEUR SINT
OCRECAT CUPIDITRAT NON PROIDENT. SUNT
IN CULPA QUI OFFICIR DESERUNT MOLLIT ANIM
ID EST LABORUM. LORUM IPSUM DOLOR SIT
AMET. CONSECTETUR ADIPISCINS ELIT. SED
DO EIUSMOD TEMPOR INCIDUNT UT LABORE
ET DOLORE MUSNA ALIQUOR. UT ENIM DO
MINIM VENIM. QUIS NOSTRUD EXERCITATION
ULLAMCDO LABORIS NISI UT ALIQUIP EX ER
COMMODO CONSEQUAT. QUIS RUTE IURERE

Skills Used: Vue, Adobe Creative Cloud

Social Media Story Posts



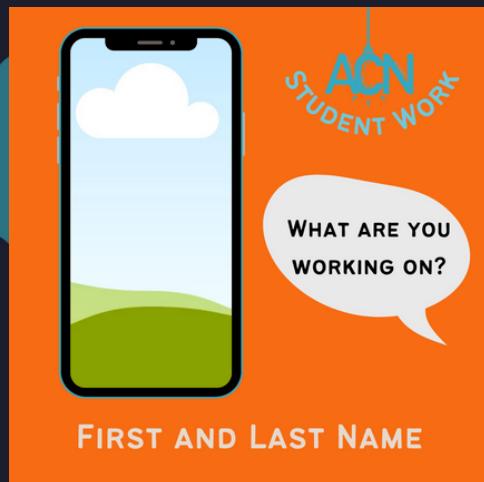
Skills Used: Canva, Social Media, Templates

Business Cards, Instagram Posts



Skills: Canva, Content Creation, Social Media

Advance Community Network (ACN)



Skills Used: Canva, Social Media, Branding

Course Advertising: Instagram Templates

The image displays six Instagram template designs arranged in a 2x3 grid. Each template features a woman in professional attire (blazers and skirts) and includes placeholder text and icons.

- Template 1:** Teal background. Text area contains placeholder text: "Morbi elementum odio, ac hendrerit enim faucibus sed. Etiam aliquam ligula eget turpis ornare, ac auctor massa accumsan. Nunc dictum eros lectus, sed gravida velit in. Lorem ipsum dolor sit amet, consectetur adipiscing elit, auctor massa accumsan." Below the text is a photo of a woman in a black blazer and jeans, with a large orange arrow pointing right below her. The title "Title Here" and course name "How to Hustle Smart®" are at the top.
- Template 2:** White background with red circular graphics. Text area contains placeholder text: "Morbi elementum odio, ac hendrerit enim faucibus sed. Etiam aliquam ligula eget turpis ornare, ac auctor massa accumsan. Nunc dictum eros lectus, sed gravida velit in. Lorem ipsum dolor sit amet, consectetur adipiscing elit, auctor massa accumsan." Below the text is a photo of a woman in a black blazer and jeans, with a large orange arrow pointing right below her. The title "Title Here" and course name "How to Hustle Smart®" are at the top.
- Template 3:** Teal background. Text area contains placeholder text: "Lorem ipsum dolor sit amet, consectetur adipiscing elit. Morbi elementum pharetra odio, ac hendrerit enim faucibus sed. Etiam aliquam ligula eget turpis ornare, ac auctor massa accumsan. Nunc dictum eros lectus, sed gravida velit in. Lorem ipsum dolor sit amet, consectetur adipiscing elit, auctor massa accumsan." Below the text is a photo of a woman in a white top and blue skirt, with a large orange arrow pointing right below her. The title "Title Here" and course name "How to Hustle Smart®" are at the top. A speech bubble on the right contains three links: "Link 1", "Link 2", and "Link 3".
- Template 4:** Orange background. Text area contains placeholder text: "Morbi elementum pharetra odio, ac hendrerit enim faucibus sed. Etiam aliquam ligula eget turpis ornare, ac auctor massa accumsan. Nunc dictum eros lectus, sed gravida velit in. Lorem ipsum dolor sit amet, consectetur adipiscing elit, auctor massa accumsan." Below the text is a photo of a woman in a white top and blue skirt, with a large orange arrow pointing right below her. The title "Title Here" and course name "How to Hustle Smart®" are at the top. A speech bubble on the right contains three links: "Link 1", "Link 2", and "Link 3".
- Template 5:** Teal background. Text area contains placeholder text: "Lorem ipsum dolor sit amet, consectetur adipiscing elit. Morbi elementum pharetra odio, ac hendrerit enim faucibus sed. Etiam aliquam ligula eget turpis ornare, ac auctor massa accumsan. Nunc dictum eros lectus, sed gravida velit in. Lorem ipsum dolor sit amet, consectetur adipiscing elit, auctor massa accumsan." Below the text is a photo of a woman in a white top and blue skirt, with a large orange arrow pointing right below her. The title "Title Here" and course name "How to Hustle Smart®" are at the top.
- Template 6:** Orange background. Text area contains placeholder text: "Lorem ipsum dolor sit amet, consectetur adipiscing elit. Morbi elementum pharetra odio, ac hendrerit enim faucibus sed. Etiam aliquam ligula eget turpis ornare, ac auctor massa accumsan. Nunc dictum eros lectus, sed gravida velit in. Lorem ipsum dolor sit amet, consectetur adipiscing elit, auctor massa accumsan." Below the text is a photo of a woman in a white top and blue skirt, with a large orange arrow pointing right below her. The title "Title Here" and course name "How to Hustle Smart®" are at the top. A speech bubble on the right contains three links: "Link 1", "Link 2", and "Link 3".

Skills Used: Canva, Social Media, Advertising

Business Card, Media Pass



Creative director, Choreographer, business consultant, host, and performing artist



SCAN ME

www.yaminahlegohn.com
www.artoflegohn.com

Email: info@artoflegohn.com
Phone: 805-415-6469
@yaminahlegohn @artoflegohn

Art of Legohn
MEDIA

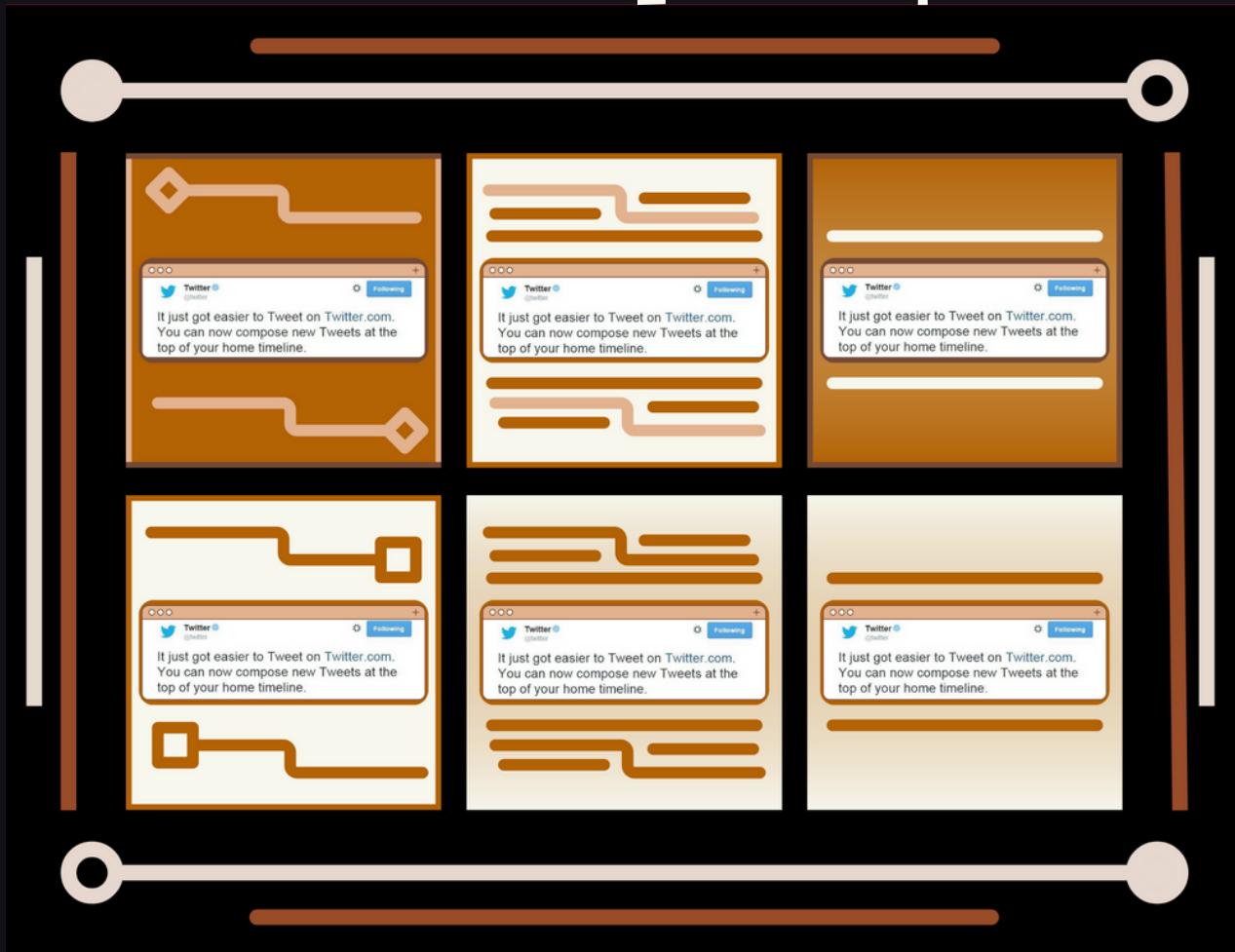


**Director/Host
YAMINAH LEGOHN**



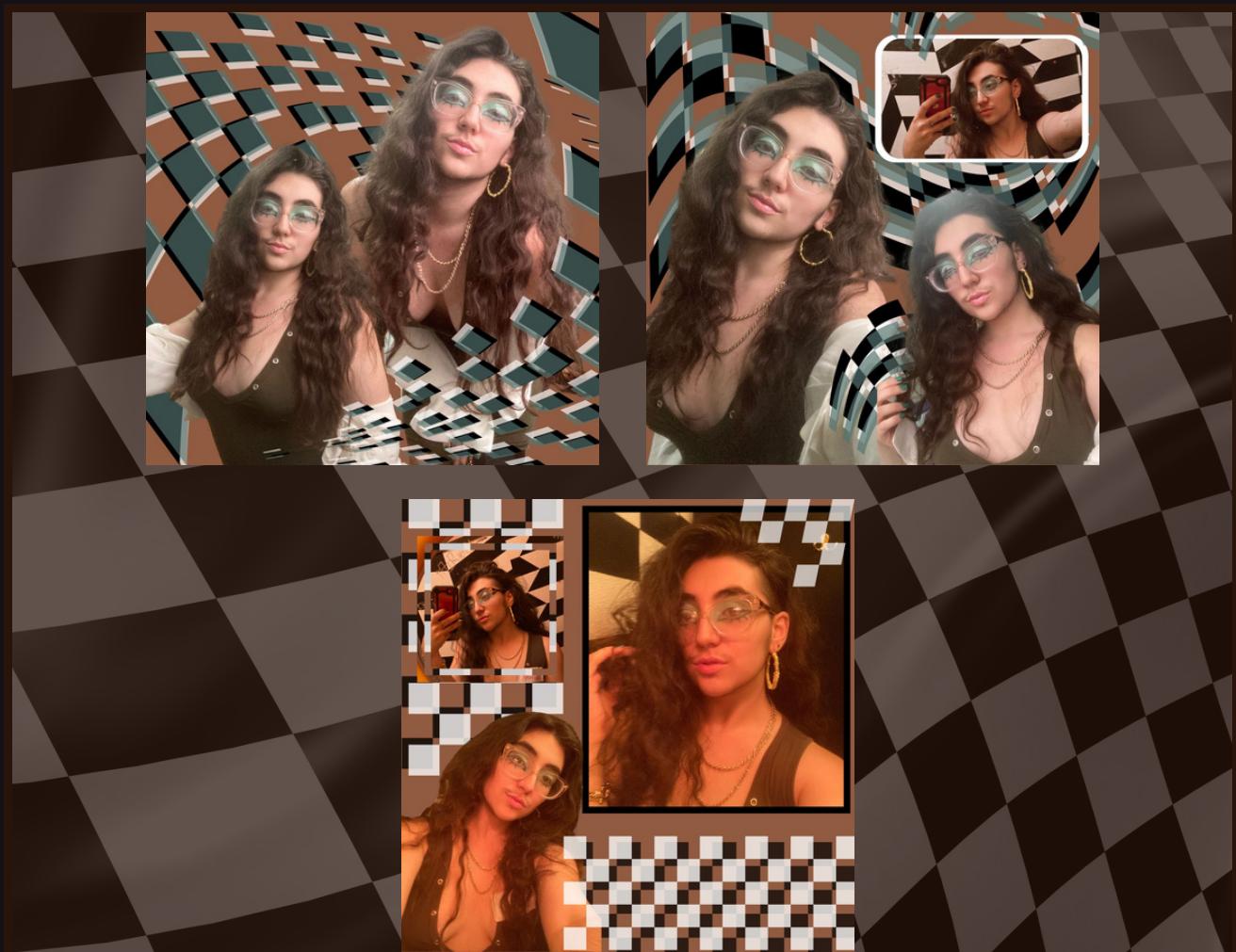
Skills Used: Canva, Advertising, Asset Creation

Tweet Showcase: Instagram Templates



Skills Used: Canva, Social Media

Social Media Posts



Skills Used: Canva, Photo Editing

Standards Manual

Standards Manual



Campaign
Design- Gender
Neutral
Restrooms for
Hunter College.

Logo



Logo



Skills Used: Adobe InDesign, Adobe Illustrator