Square-law detector

$$I_1 = W(1 + m\cos(tx)), I_2 = W(1 + m\cos(tx + \frac{2\pi}{3})), I_2 = W(1 + m\cos(tx - \frac{2\pi}{3}))$$

$$I_r^2 = (I_1 - I_2)^2 + (I_1 - I_3)^2 + (I_2 - I_3)^2$$

$$= W^2 m^2 \left(\left(\cos(tx) - \cos(tx + \frac{2\pi}{3})\right)^2 + \left(\cos(tx) - \cos(tx - \frac{2\pi}{3})\right)^2 + \left(\cos(tx + \frac{2\pi}{3}) - \cos(tx - \frac{2\pi}{3})\right)^2 \right)$$

$$=W^2m^2\Big(2\cos^2(tx)+2\cos^2(tx+\frac{2\pi}{3})+2\cos^2(tx-\frac{2\pi}{3})\\-2\cos(tx)\cos(tx+\frac{2\pi}{3})-2\cos(tx)\cos(tx-\frac{2\pi}{3})-2\cos(tx+\frac{2\pi}{3})\cos(tx-\frac{2\pi}{3})\Big)$$

Using double angle formulae on \cos^2 and $\cos(A)\cos(B)$ terms:

$$=W^{2}m^{2}\left(3+\cos(2tx)+\cos(2tx+\frac{4\pi}{3})+\cos(2tx-\frac{4\pi}{3})-\cos(2tx+\frac{2\pi}{3})\right)$$
$$-\cos(-\frac{2\pi}{3})-\cos(2tx-\frac{2\pi}{3})-\cos(\frac{2\pi}{3})-\cos(2tx)-\cos(0)$$

Noting $cos(x + \phi) = cos(x + 2n\pi\phi), n \in \mathbb{Z}$:

$$= W^2 m^2 (3 + 0.5 + 0.5 - 1)$$
$$= 3W^2 m^2$$

or

$$I_r = \sqrt{3}Wm$$

Signal of out in-focus plane is directly proportional to modulation depth.

Homodyne detector

$$I_{1} = W(1 + m\cos(tx)), I_{2} = W(1 + m\cos(tx + \frac{2\pi}{3})), I_{2} = W(1 + m\cos(tx - \frac{2\pi}{3}))$$

$$I_{r} = \left|I_{1} + I_{2}\exp\left(\frac{2\pi j}{3}\right) + I_{3}\exp\left(-\frac{2\pi j}{3}\right)\right|$$

$$= W\left|(1 + \exp\left(\frac{2\pi j}{3}\right) + \exp\left(-\frac{2\pi j}{3}\right)\right|$$

$$+ Wm\left|\left(\cos(tx) + \cos(tx + \frac{2\pi}{3})(-0.5 + \frac{\sqrt{3}j}{2}) + \cos(tx - \frac{2\pi}{3})(-0.5 - \frac{\sqrt{3}j}{2})\right)\right|$$

$$Noting\left|(1 + \exp\left(\frac{2\pi j}{3}\right) + \exp\left(-\frac{2\pi j}{3}\right)\right| = 0:$$

$$= Wm\left|\left(\cos(tx) + \cos(tx + \frac{2\pi}{3})(-0.5 + \frac{\sqrt{3}j}{2}) + \cos(tx - \frac{2\pi}{3})(-0.5 - \frac{\sqrt{3}j}{2})\right)\right|$$

$$= Wm\left|\cos(tx) - 0.5\left(\cos(tx + \frac{2\pi}{3}) + (\cos(tx - \frac{2\pi}{3}))\right|$$

$$+ \frac{\sqrt{3}j}{2}\left(\cos(tx + \frac{2\pi}{3}) - (\cos(tx - \frac{2\pi}{3}))\right|$$

Using double angle formulae for $2\cos(A)\cos(B)$ and $2\sin(A)\sin(B)$:

$$= Wm \left| \cos(tx) - \left(\cos(tx) \cos(\frac{2\pi}{3}) \right) + \sqrt{3}j \left(\cos(tx) \cos(\frac{2\pi}{3}) \right) \right|$$

$$= Wm \left| \cos(tx) + 0.5 \cos(tx) - \frac{3j}{2} \sin(tx) \right|$$

$$= \frac{3}{2}Wm |\cos(tx) - j\sin(tx)|$$

$$I_r = \frac{3}{2}Wm$$

Which is the same result as for square law detection, albeit a different scaling factor

Example