

User Stories

- **As a** nutrition specialist, **I want the Diet Management Tool** to help me create personalized nutrition plans for my clients, **so that** my recognition and credibility are greatly enhanced.
- **As a** user with dietary restrictions, **I want the Diet Management Tool** to offer personalized meal recommendations that match my dietary requirements and preferences, **so that** I can maintain a healthy diet while adhering to my restrictions.
- **As a** fitness trainer, **I want the Diet Management Tool** to provide me with detailed nutritional information for each meal plan, **so that** I can better educate and guide my clients on their dietary choices to achieve their fitness goals and improve their overall health.

Epics

Personalized Nutrition Planning Epic:

As a nutrition specialist, I want the Diet Management Tool to provide a comprehensive system for creating personalized nutrition plans for my clients.

So that my recognition and credibility are greatly enhanced.

Personalized Meal Recommendations Epic:

As a user with dietary restrictions, I want the Diet Management Tool to offer personalized meal recommendations tailored to my dietary requirements and preferences.

So that I can maintain a healthy diet while adhering to my restrictions.

Detailed Nutritional Information Epic:

As a fitness trainer, I want the Diet Management Tool to provide detailed nutritional information for each meal plan.

So that I can better educate and guide my clients on their dietary choices to help them achieve their fitness goals and improve their overall health.