

INFORMS 2017

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Fat-tails in hospital costs: Evidence and implications for tariff-based compensation systems

Joint work with:

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Inpatient prospective payment system



- IPPS: Patient visits classified into diagnosis-related groups (DRGs) and hospitals receive a fixed per-visit payment
- DRG payments are based on average cost per patient visit for the same DRG in the past
- Economic theory of yardstick competition (Shleifer 1985)
- **Basic assumption**: if hospitals don't change, then past system-average cost is a good predictor of future system-average costs

The basic assumption

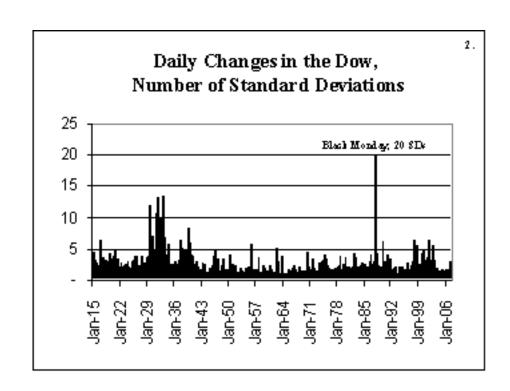


- **Central limit theorem**: for a large enough sample size *n*, the distribution of the sample mean will approach a normal distribution
 - Assuming sufficiently large *n*, then sample means will be clustered close to the population mean
 - If the underlying cost distribution for a DRG does not change much from one year to the next, then past sample mean is good approx. of future population mean
- Caveat: True for a sample of independent random variables from any population distribution, <u>as long as the population</u> <u>has a finite variance</u>

Black swans



- A black swan event is such an extreme outlier that is should not "normally" happen
- The normal distribution (and its relatives) have rapidly decaying (exponentially) tails → black swan events rare
- Fat-tailed distributions don't, and their tails typically decay according to a power law → extremes happen much more often than under "normal" conditions



What if some DRGs have fattailed cost distributions?



- Fat-tailed distribution: The chance of an extreme event is so large that it can completely derail the concept of "estimating an average" from a sample
 - Confidence intervals for sample averages are basically $[-\infty, +\infty]$
- System-level: Last year's average cost is a very poor estimate for next year's average cost
 - The most basic assumption for tariff-setting is undermined
- **Hospital-level:** If a hospital has a large proportion of patients in fattailed DRGs, then its financial performance last year is a very poor predictor for its performance next year

Study data

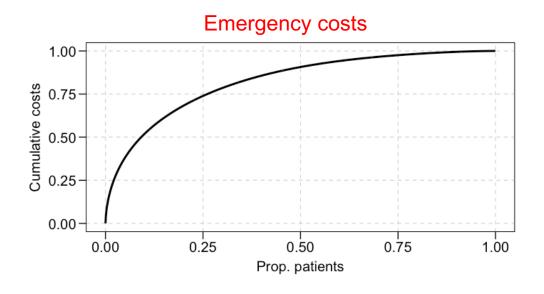


- Patient-visit-level costing data for FYs 2012/13 and 2013/14 for 61 (\sim 40% of all) hospital trusts in the UK
- Each patient visit assigned to a dominant HRG (the UK equivalent of the DRG)
- Focus on HRGs corresponding to major body systems (chapters A to Q)

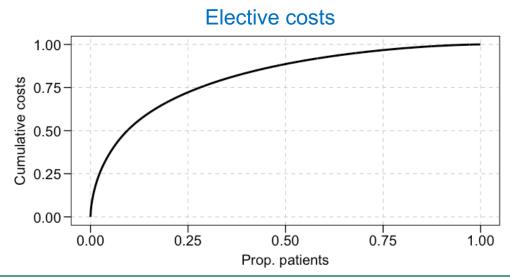
- Sample:
 - 4.4 million emergency visits in 1235 HRGs
 - 5.1 million elective visits in 1333 HRGs

Distribution of costs





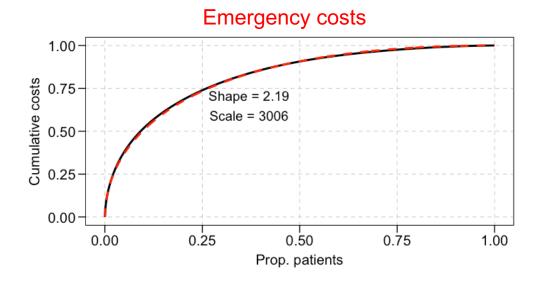
 High proportion of costs incurred by relatively small % of population

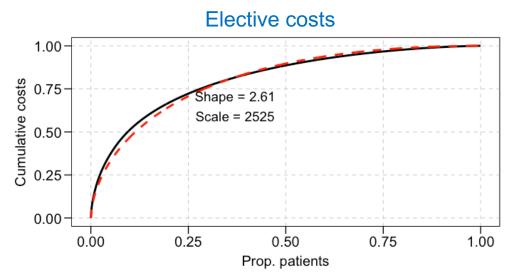


- Approx. 75-25 rule:
 - 75% of costs attributable to 25% of the population

Pareto distribution





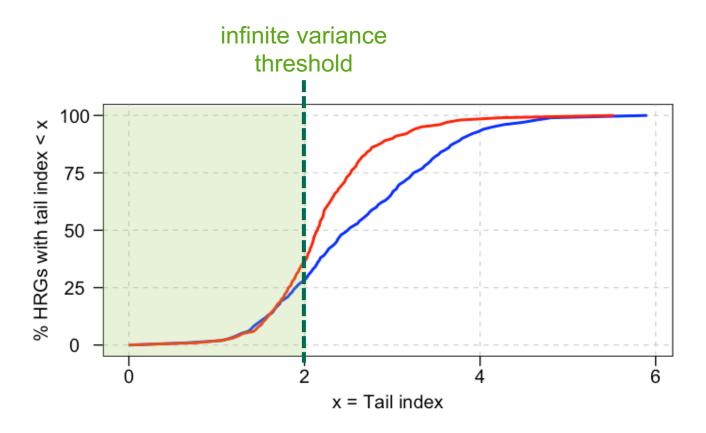


- Pareto distribution characterized by shape parameter, α , and scale parameter, β
 - α also known as the tail index
- α describes the "fatness" of the tail, smaller $\alpha \rightarrow$ fatter tail

 α < 1 \rightarrow infinite mean α < 2 \rightarrow infinite variance

Distribution of tail indices

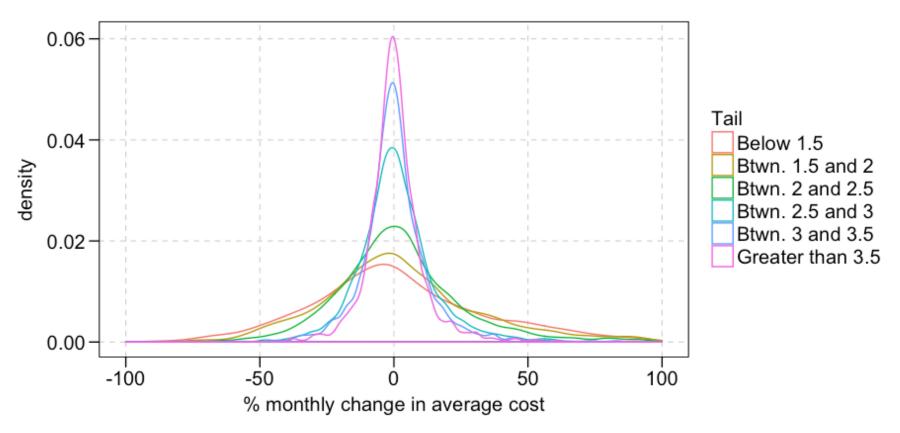




 Surprise: 30-40% of cost distributions for elective and emergency HRGs have "infinite variance"

Volatility of sample averages by tail index





• Insight: The lower the tail index, the poorer last month's sample average cost is as a predictor of next months average cost

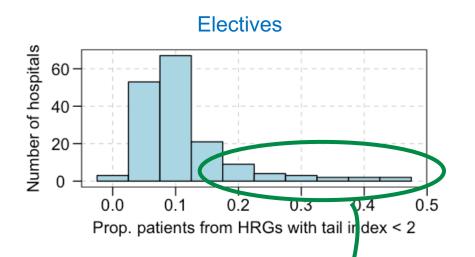
Interim summary

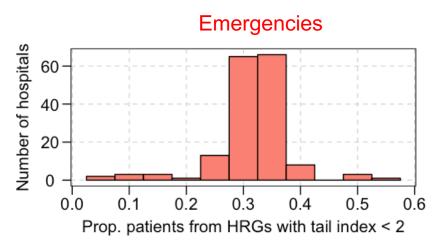


- PPS predicated on the assumption that past system average costs is a good predictor of future costs
- We have seen that for a large number of DRGs (30-40%), this assumption may be flawed
- As a consequence, future hospital income (= past cost) and future hospital cost may differ significantly
 - → Hospital financial position unstable from year-to-year
- Next: How are patients from fat-tailed DRGs distributed across hospitals, and what are the implications?

"Black swan" type patients not randomly distributed







- Some hospitals have a high proportion of elective patients from fat-tailed DRGs
 - → these hospitals also likely to have more "black swan" patients
- Hospitals have similar exposure to emergency black swans

Types of hospital more predisposed to black swans

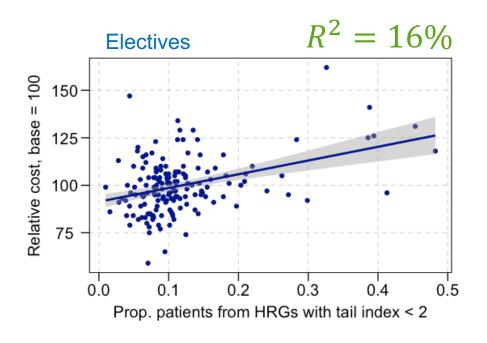


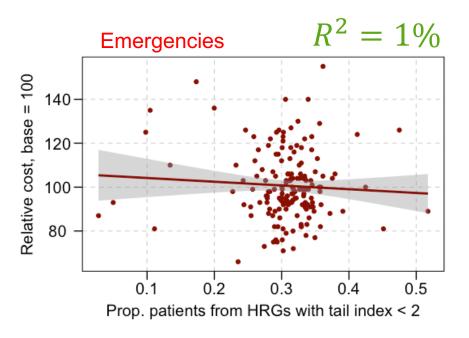
	% elective patients from fat-tailed HRGs	% emergency patients from fat-tailed HRGs
Small acute	7.9%	32.2%
Medium acute	8.0%	31.8%
Large acute	9.8%	32.9%
Teaching	15.9%	32.2%
Specialist	23.6%	31.9%

- Teaching and specialist hospitals more likely to treat patients from fat-tailed HRGs
 - This is stable: correlation between % of fat-tailed patients at a hospital in FY 2010/11 and 2011/12 = 0.93

Worse financial performance with more black swan HRGs







- % of patients from fat-tailed HRGs explains a significant proportion of deviation from expected cost
 - Not for emergencies, since black swans equally likely at any hospital

Conclusions



- PPS predicated on the assumption that past system average costs is a good predictor of future costs
- We have seen that for a large number of DRGs (30-40%), this assumption may be flawed
- As a consequence, future hospital income (= past cost) and future hospital cost may differ significantly
 - → Hospital financial position unstable from year-to-year
- Some (esp. teaching and specialist) hospitals treat disproportionately more patients from fat-tailed DRGs
 - These hospitals also have worse financial performance

