



# PREDICTING ALZHEIMER'S DISEASE

*Project by*

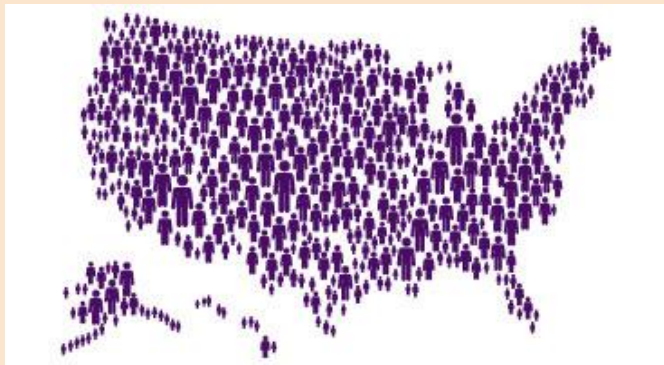
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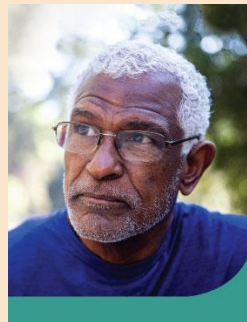


# Background



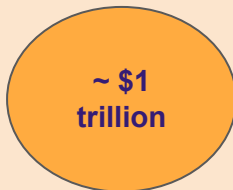
An estimated **6.9 million Americans** are living with Alzheimer's dementia.

*Prevalence (in 2024)*

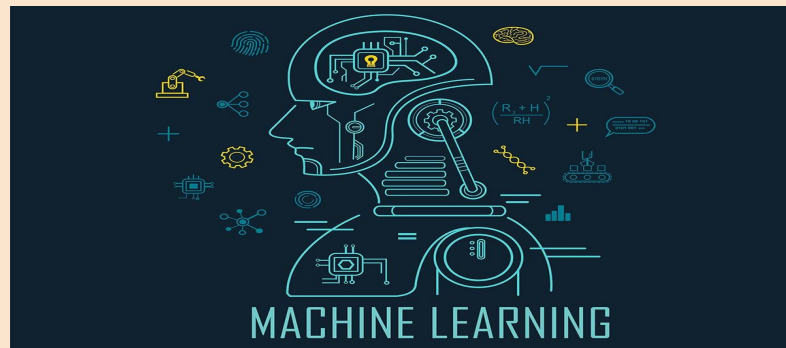


**1 in 3 older Americans** dies with Alzheimer's or another dementia.

*Not just memory loss, Alzheimer kills*



*Health and long-term care costs for people living with dementia was projected to reach \$360 billion in 2024 and nearly \$1 trillion in 2050.*



**GOAL: Predict A.D. using M.L. models**

# Dataset



PATIENT RECORDS

AGE RANGE 60-90

TARGET VARIABLE DIAGNOSIS

DATASET IS CLEAN



FEATURE SUB-CATEGORIES

Medical History

Lifestyle Factors

Clinical Measurements

Demographics

Cognitive Assessments

Symptoms



FEATURES

e.g. Family History of Alzheimer's, Diabetes

e.g. BMI, Smoking, Alcohol Consumption

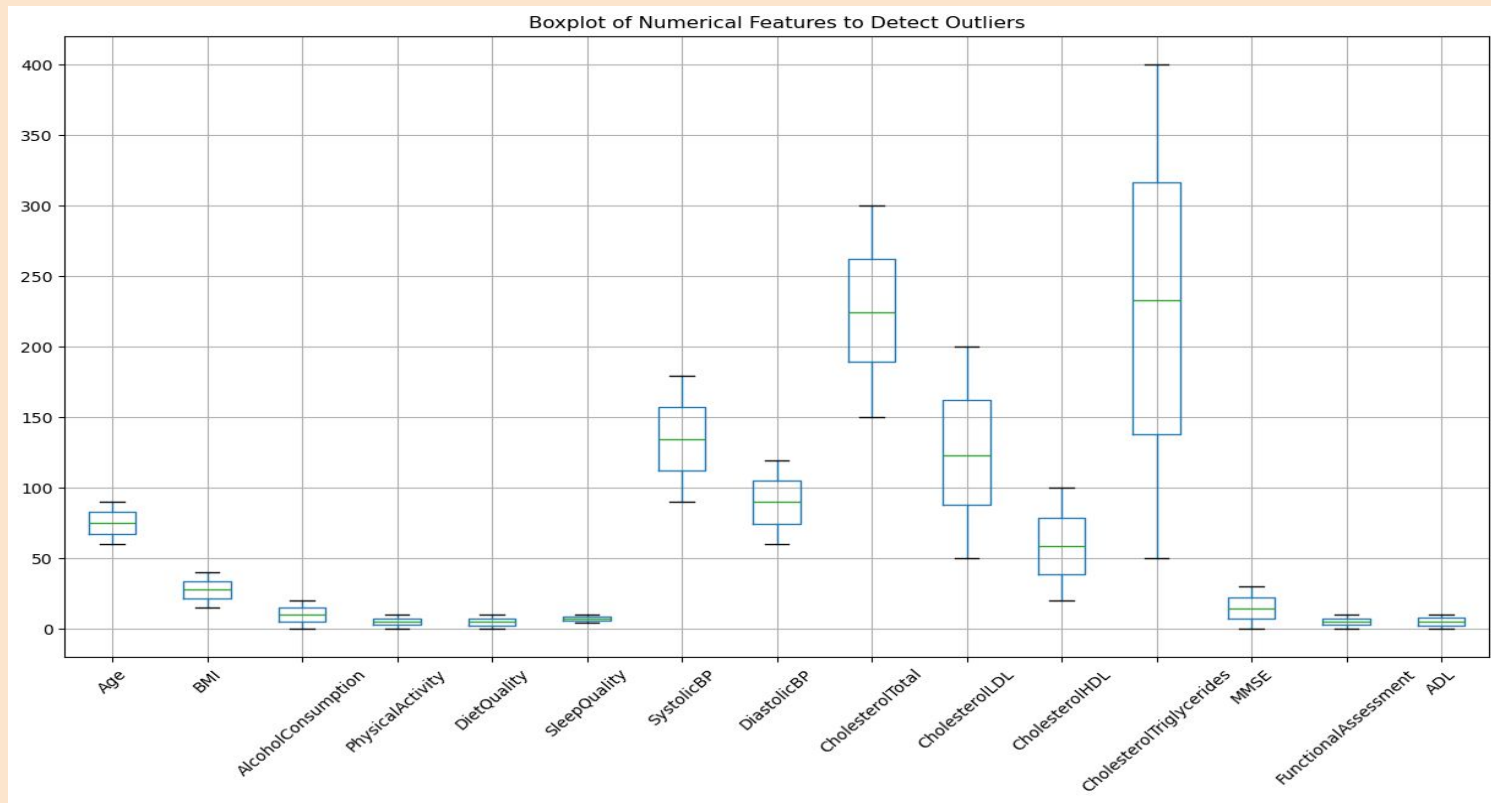
e.g. Systolic BP, Cholesterol Total

e.g. Age, gender, Ethnicity

e.g. Functional Assessment, Memory Complaints

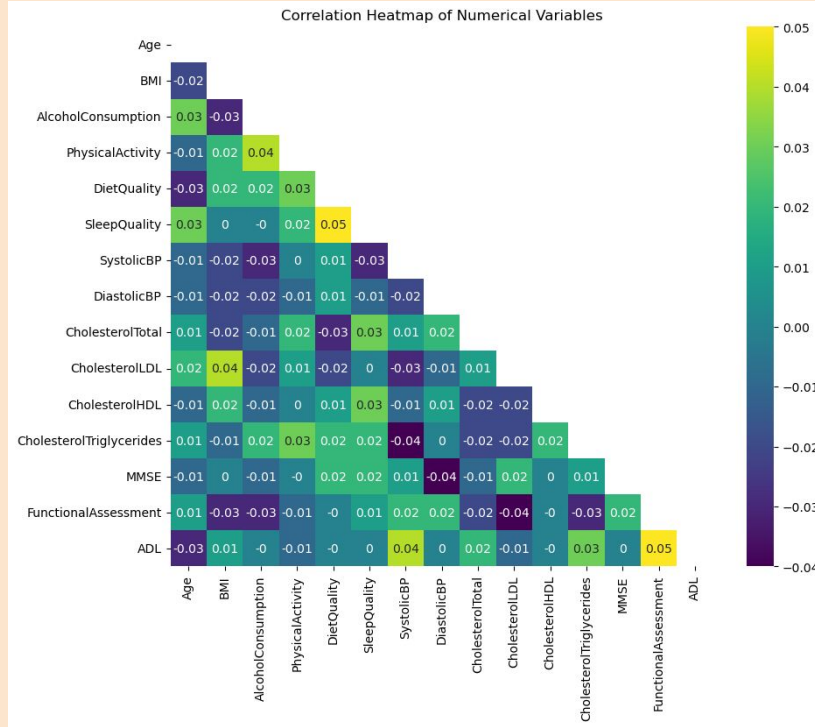
e.g. Confusion, Disorientation, Forgetfulness

# Exploratory Data Analysis (Outlier Detection)

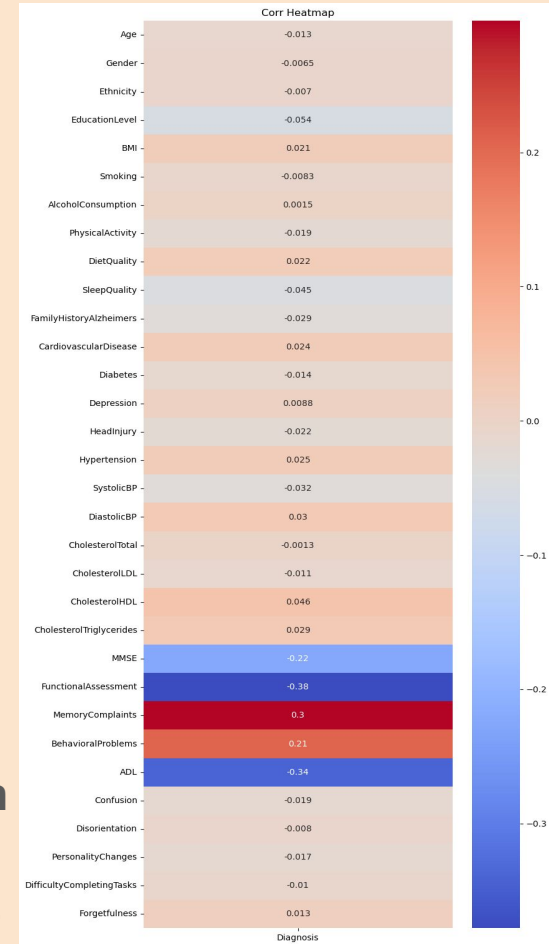


The dataset has no significant outliers.

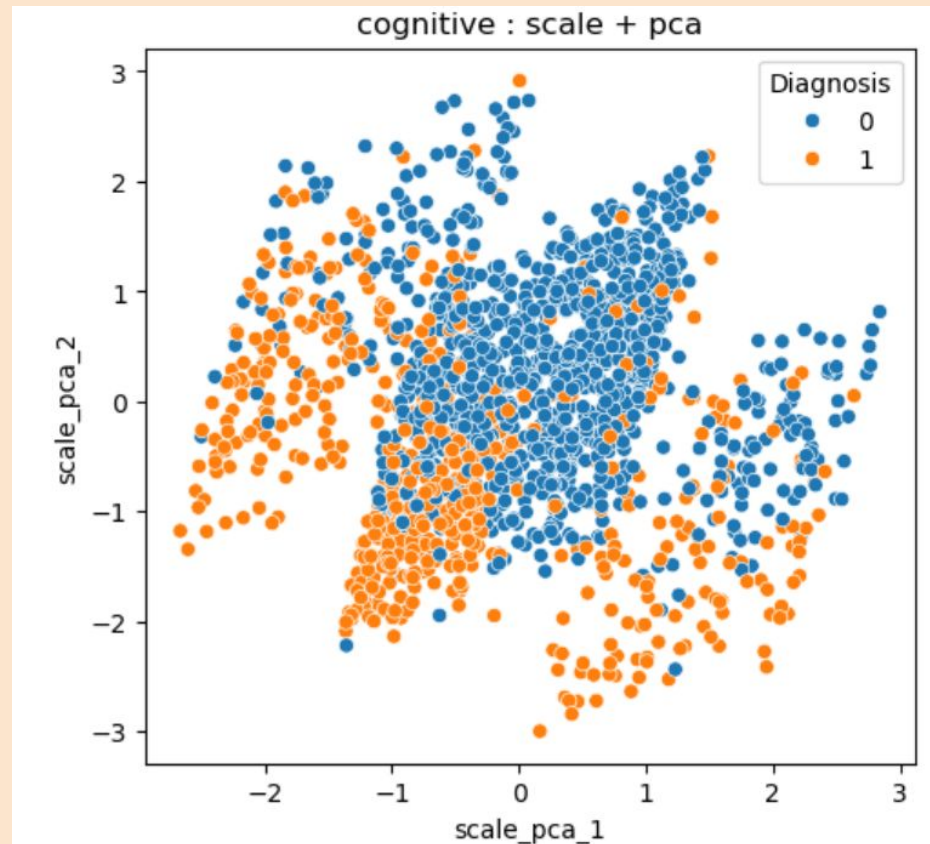
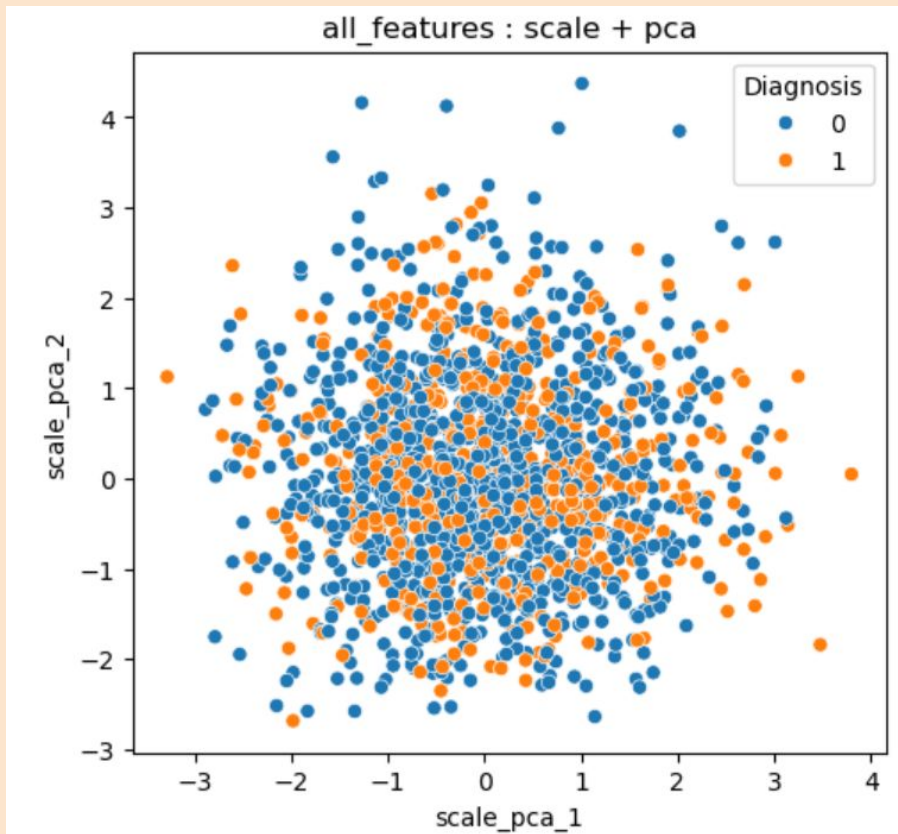
# Exploratory Data Analysis (Correlation Analysis)



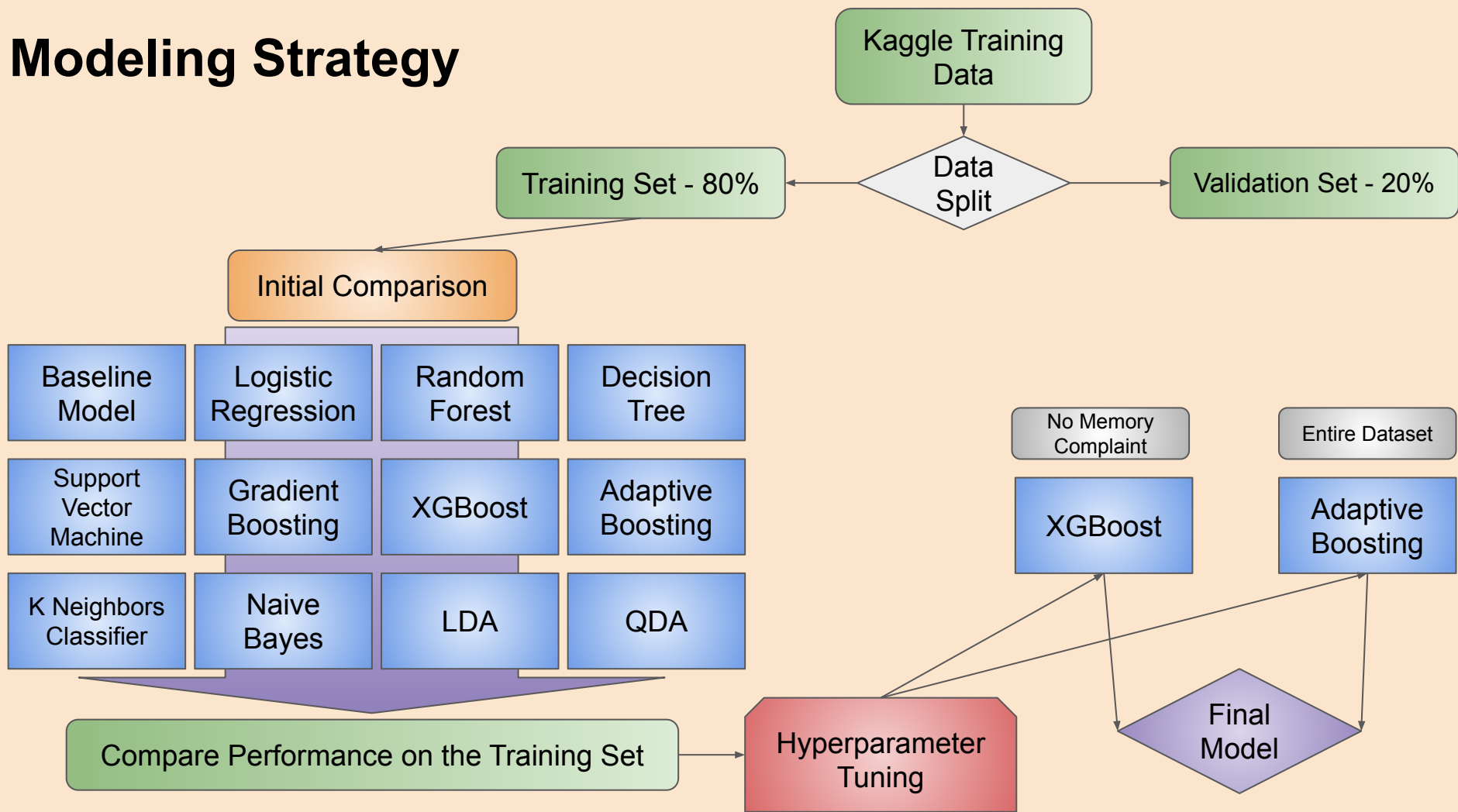
- The target variable has the **highest correlation with the cognitive features**.
- No significant correlation within numerical predictors.



# A Simple 2D PCA Model



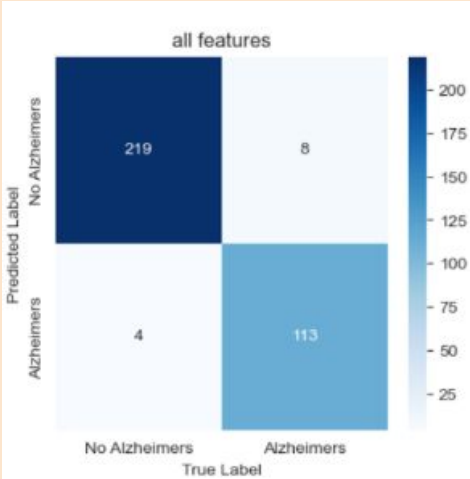
# Modeling Strategy



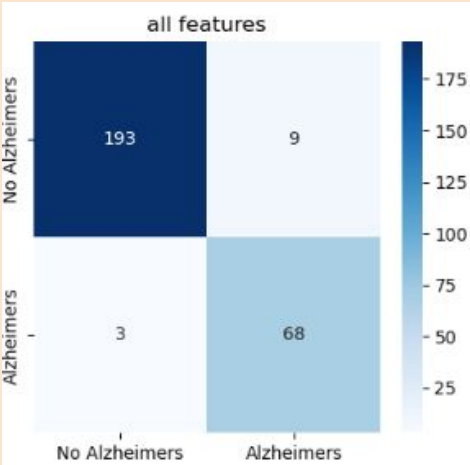


# Model Comparison

MODEL	Accuracy (Entire Dataset)	Accuracy (No Memory Complaints)
Logistic regression	0.8605	0.85348
Random Forest	0.936	0.90476
Gradient boosting	0.9506	0.94872
XGBoost	0.9506	0.95604
Adaboost	0.9651	0.94506
KNN	0.7297	0.76923
SVM (Poly Kernel)	0.7820	0.83883
Naïve Bayes	0.8314	0.85714
LDA	0.843	0.85348
QDA	0.8052	0.64103



Confusion Matrix for AdaBoost on Entire Dataset



Confusion Matrix for XGBoost on Restricted Data



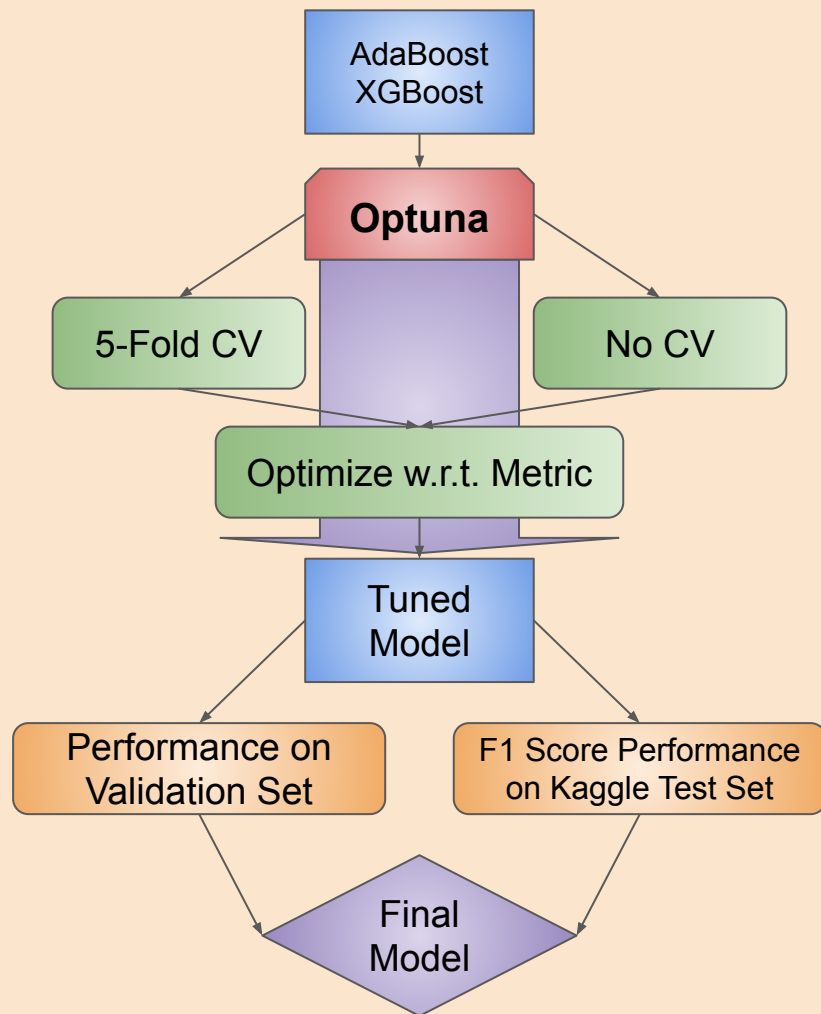
# Model Tuning

## Tuned Hyperparameters:

- AdaBoost:  
n\_estimators, learning\_rate, algorithm, criterion, max\_depth, min\_sample\_split
- XGBoost:  
n\_estimators, learning\_rate, max\_depth, min\_child\_weight, gamma, subsample, colsample\_bytree, eval\_metric, reg\_alpha, reg\_lambda, scale\_pos\_weight

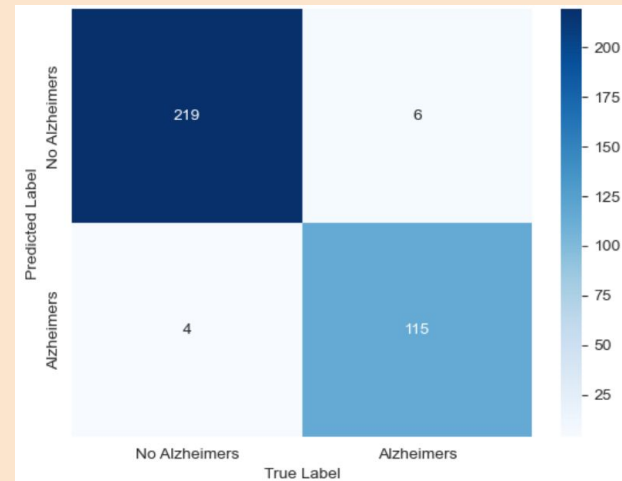
## Metrics Optimized:

Accuracy, Precision, Recall, F1

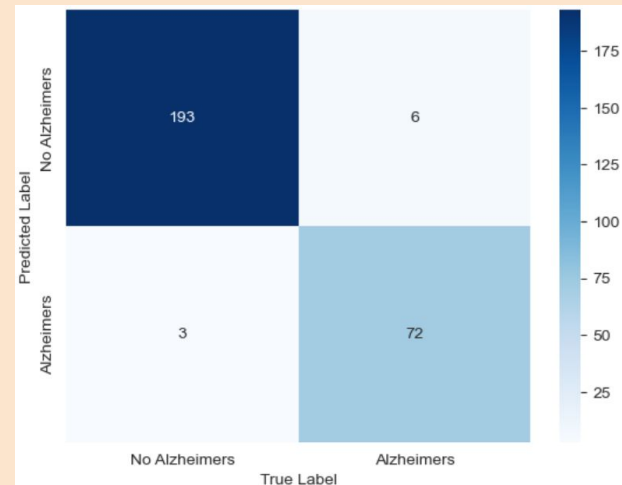


# Performance of the Tuned Models:

- The tuned models slightly out-performed the initial ones.
- The best F1 score from Kaggle competition was **0.93288**, for a tuned **AdaBoost** model **without CV**.
- For entire dataset, **AdaBoost** still outperformed XGBoost after tuning **without CV**.
- For dataset restricted to patients with no memory complaints, **XGBoost** outperformed AdaBoost after tuning over **5-fold CV**.

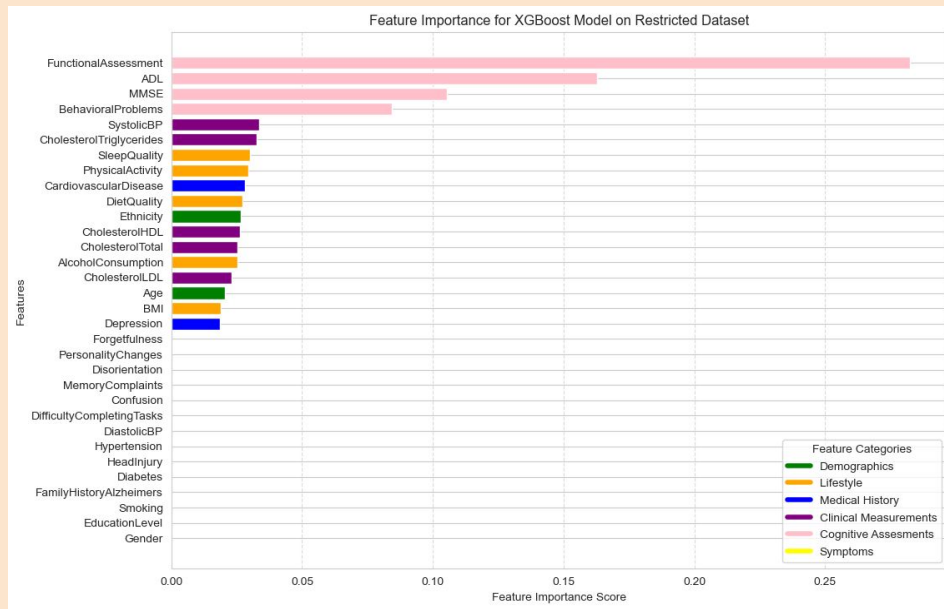
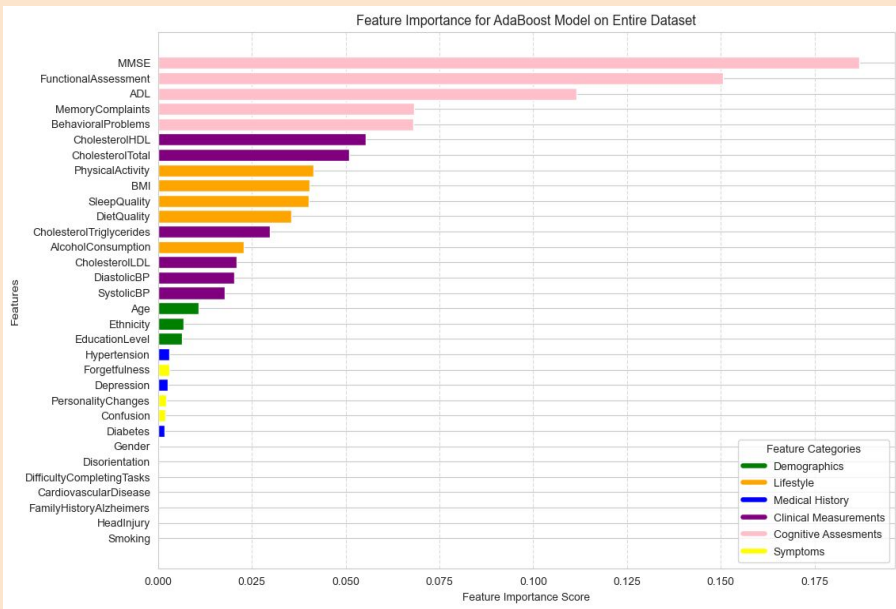


Confusion Matrix for AdaBoost on Entire Dataset



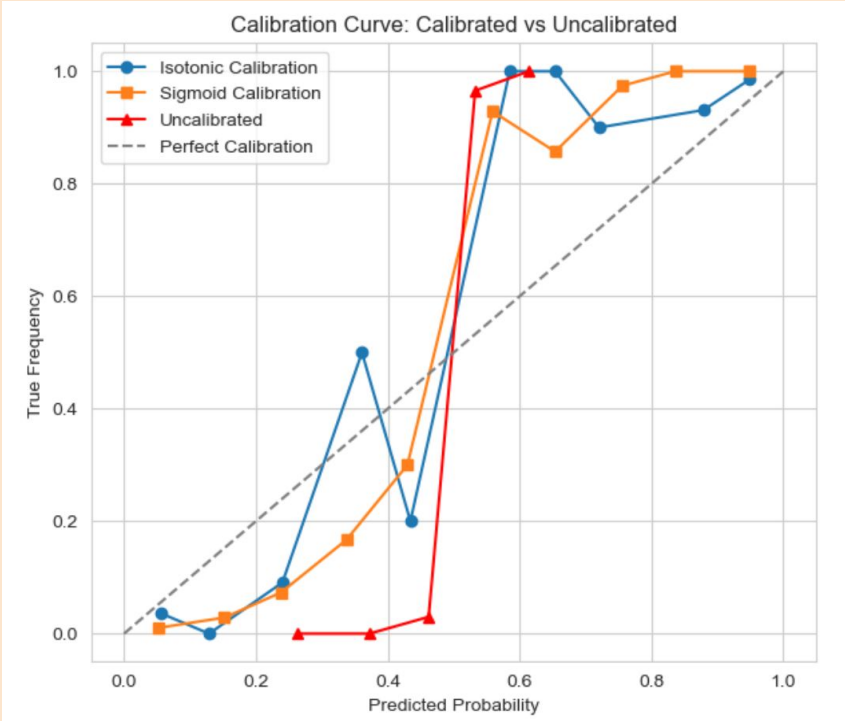
Confusion Matrix for XGBoost on Restricted Data

# Feature Importance

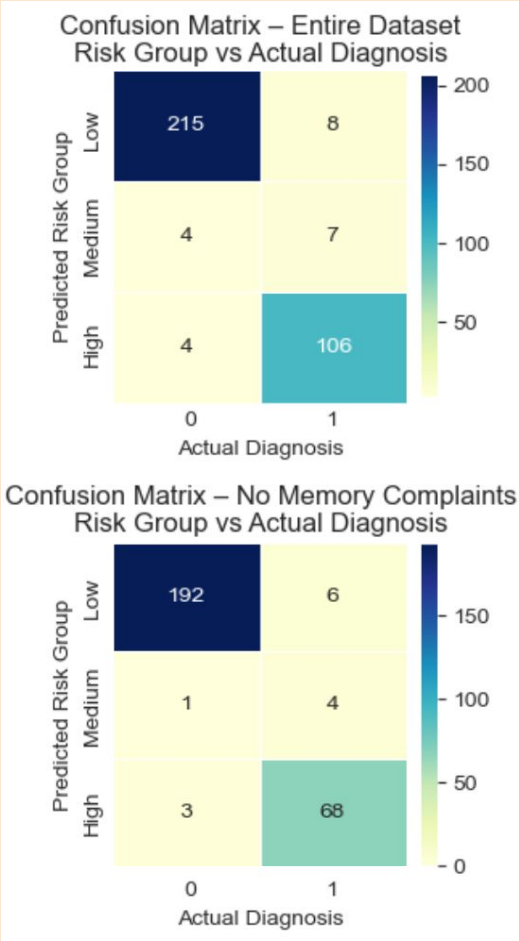


- Cognitive and assessment features like MMSE, Functional Assessment, ADL, Memory Complaints and Behavioral Problems rank highest in feature importance.
- Other clinical measurements like cholesterol and blood pressure also seem important.

# Probabilistic Model for Risk Prediction



- Isotonic performed better at improving the number of correct classifications of the uncalibrated model.



# Insights for important features

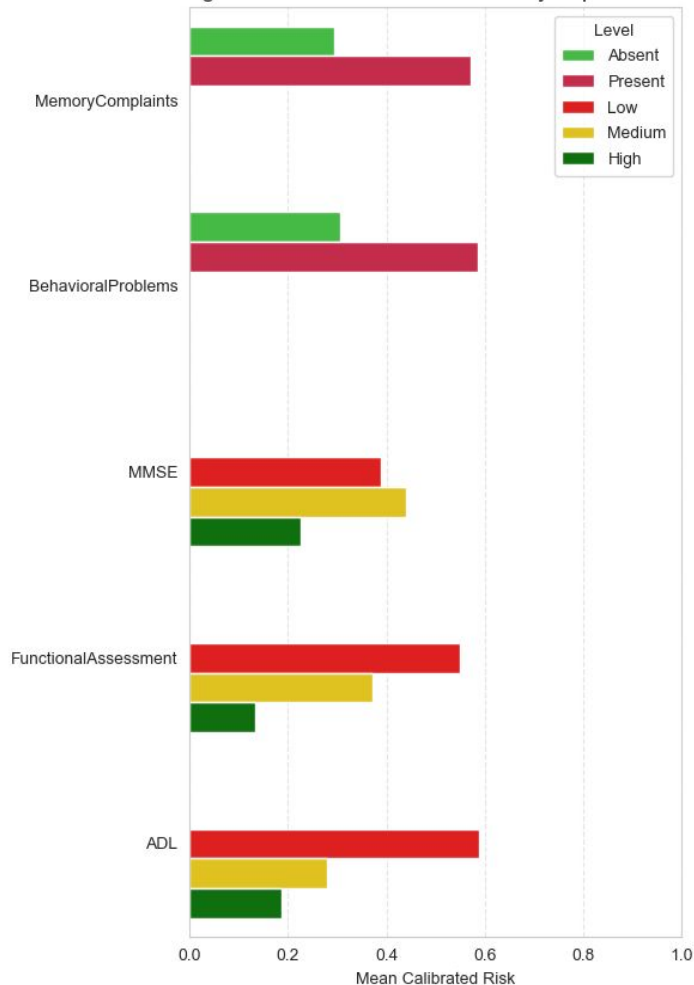


## Conditional Alzheimer's Risk Given:

Memory Complaints				Behavioral Problems			
Diagnosis		0	1	Diagnosis		0	1
MemoryComplaints				BehavioralProblems			
0		71.5%	28.5%	0		70.2%	29.8%
1		38.6%	61.4%	1		36.4%	63.6%

- Presence of memory complaint and behavioral problems is associated with higher risk of Alzheimer's
- Higher MMSE, Functional Assessment and ADL scores are associated with lower risk of Alzheimer's
- Lower scores indicate greater impairment.

Average Calibrated Alzheimer's Risk by Important Features



# Empirical vs Calibrated Risks

- We group the important assessment scores as Low, Medium, High values and compare the empirical risk with the calibrated Alzheimer's risk for our model.



## Empirical and Modeled Probabilities for Low, Medium and High scores

Mini-Mental State Exam			Functional Assessment			Activities of Daily Living		
Empirical		Model	Empirical		Model	Empirical		Model
MMSE			FA			ADL		
Low	41.7%	38.9%	Low	55.7%	56.5%	Low	59.1%	58.9%
Medium	44.7%	43.4%	Medium	36.8%	37.5%	Medium	28.9%	27.8%
High	19.1%	21.6%	High	13.0%	9.8%	High	17.4%	17.0%

- Patients with high MMSE scores are at lower risk.
- Alzheimer's risk is inversely related to functional assessment and ADL (activities of daily life).
- The risk probabilities from our model fairly aligns with the empirical ones.

# Conclusion

- ❖ Predicted Alzheimer diagnosis under 2 scenarios
- ❖ Adaboost performed best with accuracy of 97% and F1 score 96% (all patients)
- ❖ XGBoost performed best with accuracy of 96% and F1 score 94% (no memory complaints)
- ❖ Cognitive features were the most important features in prediction
- ❖ Patients who report memory complaints had more than double the Alzheimer's risk (61.4%) compared to those who don't (28.5%)
- ❖ Presence of behavioral problems also approximately doubled the probability of Alzheimer's diagnosis (63.6% vs 29.8%)

# Next Steps

- ❖ Analyzing and modeling risk predictions based on real-world databases
- ❖ Creating a user-friendly program for alzheimer's risk assessment



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# Thank you!

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All TA's

Entire Erdős Team

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